



COMUNICADO Nº 04-15

30/01/2015

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1. NATAÇÃO ADAPTADA

a) Recordes Nacionais

A FPN está neste momento a organizar e a estruturar a base de dados de Recordes Nacionais, nas diversas categorias de deficiência. Todavia, serão considerados os tempos e recordes realizados na esfera da Federação Portuguesa de Desporto para Pessoas com Deficiência (FPDD), desde que cumpram os critérios abaixo indicados.

De acordo com o estabelecido no Regulamento Geral da FPN considera-se recorde nacional o melhor tempo de sempre obtido por um nadador ou uma equipa de estafetas, numa qualquer prova de uma competição oficial, realizada com cronometragem electrónica ou cujo tempo seja obtido por 3 (três) cronometristas.

Considerando os recordes nacionais nas diversas categorias de deficiência somos a esclarecer que a FPN homologará recordes nacionais, de acordo com as especificidades de cada categoria de deficiência:

- 1) Na categoria auditiva, como não existe uma base de recordes nacionais organizada, irá ser iniciada uma de raiz.
- 2) Na categoria intelectual, serão válidos os tempos realizados em piscina de 25 metros e piscina de 50 metros. A FPN irá integrar na sua base de dados, os tempos considerados pela FPDD/ANDDI-Portugal.
- 3) Nas denominadas categorias IPC (categorias motora, paralisia cerebral, visual e intelectual) apenas são válidos tempos que cumpram os seguintes critérios:
 - a. O tempo tem que ser realizado em piscina de 50 metros.
 - b. A competição tem que ser homologada pela FPN e pelo IPC.
 - c. O praticante tem o seu estatuto de classificação internacional confirmado.

PATROCINADORES



PARCEIROS



cosmos

winway



DEPILCLUB

Fruit

CISION



em

Soténica

PARCEIRO INSTITUCIONAL





- d. Nas equipas de estafetas serão homologados recordes de acordo com o sistema de pontuação vigente.
- e. Serão homologados recordes nas distâncias constantes no Programa Paralímpico tendo em conta a classe desportiva associada a cada uma, em masculinos e femininos, respeitando a idade exigida na filiação.
- f. Serão homologadas recordes nas provas que não fazem parte do programa Paralímpico, desde que a classe desportiva associada à distância da prova seja reconhecida pelo IPC.

A constituição de uma base de recordes nacionais para as categorias IPC em piscina de 25 metros está a ser ponderada.

Homologação de Recordes

1. Os recordes nacionais batidos em Campeonatos Nacionais e ao serviço das Selecções Nacionais serão automaticamente homologados pela FPN, desde que cumpridos os requisitos designadamente em matéria de controlo anti-dopagem.
2. Para a homologação de recordes nacionais batidos em Competições organizadas pelas Associações e Clubes, deverá ser enviada à FPN, pela entidade organizadora, a respectiva acta de recorde (em anexo a este comunicado), no prazo máximo de 5 (cinco) dias após a realização da Competição em causa.
3. Para a homologação de recordes nacionais batidos em competições no estrangeiro, ao serviço das Associações ou Clubes, deverá ser enviado à FPN, pelo praticante ou pelo Clube, no prazo máximo de 5 (cinco) dias após a realização da competição em causa, um dos seguintes documentos:
 - a. A acta de recorde, que poderá constar de formulário emitido pelo País em questão, desde que esteja devidamente assinada e carimbada e ateste o tempo realizado, o tipo de cronometragem utilizado e as dimensões da piscina.
 - b. Na falta de uma acta de recorde, cópia da folha de resultados, devidamente assinada pelo Juiz Árbitro da Competição e cópia da ficha técnica da Competição, identificando o Juiz Árbitro e atestando o tipo de cronometragem utilizado e as dimensões da piscina.
 - c. O comprovativo da realização do teste de controlo anti-dopagem, nos termos exigidos por lei, se não tiver sido requerido pela FPN.





b) Provas Homologadas

Tendo em vista a obtenção de mínimos de participação para o Campeonato do Mundo IPC 2016, informamos que estão homologadas pelo IPC as seguintes competições:

- Campeonato Nacional de Inverno de Natação Adaptada – 22 de Fevereiro – Vila Franca de Xira
- Campeonato Regional de Aveiro, Coimbra e Leiria – 14 e 15 de Março – Coimbra
- Campeonato Nacional de Categorias e Absolutos – 1 a 4 de Abril – Coimbra
- Torneio da ANNP – 2 e 3 de Maio – Póvoa de Varzim
- Campeonato Nacional de Verão de Natação Adaptada – 10 de Maio - EULisboa

2. NOVA FILIAÇÃO

Foi aprovada em 30/01/2015, a filiação da **ANDDI - Portugal, Associação Nacional de Desporto para a Deficiência Intelectual**, através da ANNP

3. RECORDES HOMOLOGADOS

Masters

Em anexo, Recordes Homologados, obtidos nas seguintes competições:

- Torneio Sete Cidades, que decorreu em Rabo de Peixe, no dia 8 de Novembro 2014
- Prova de Preparação Masters – Trofeu PESCADA, que decorreu no Porto, no dia 8 de Novembro 2014
- IX Open Internacional de Inverno de Masters, que decorreu no Funchal, nos dias 16 e 17 de Janeiro 2015.

4. DIVERSOS

a) Bolsa de Candidaturas para Moçambique

Na sequência do protocolo estabelecido entre a FPN e a Federação Moçambicana de Natacao, abrimos uma bolsa de candidaturas para cinco (5) Técnicos Qualificados de Natação, com os seguintes requisitos:

1. Formação profissional em educação física e desporto
2. Qualificações e experiência comprovada de pelo menos 5 anos em treino de natação competição e para formação e capacitação de treinadores de Nível I, II e III, com certificação;
3. Qualificações e experiência comprovada de pelo menos 5 anos formador de árbitros de Natação





4. Qualificações e experiência comprovada de pelo menos 5 anos para Trabalhar com programas de Massificação
5. Experiência comprovada de pelo menos 5 anos em trabalho com área técnica de clube ou associação ou Federação
6. Experiência comprovada de pelo menos 5 anos em Clubes de Natação
7. Experiência comprovada de pelo menos 5 anos em organização de competições, Meet Manager, Team Manager e Regulamentação de Provas e Competições
8. Experiência em águas abertas
9. Experiência em planificação de época desportiva de natação e trabalhos com selecções

Os CV deverão ser enviados para secretaria@fpnatacao.pt até ao dia 16 Fevereiro 2015.

Os treinadores candidatos, deverão estar preparados para trabalhar em Maputo, Beira, Nampula, Tete, Chimoio, Mocuba-Zambezia, e/ou Pemba.

b) ISR Academy for retiring athletes

Recebemos da FINA a brochura em anexo, relativa a um programa de formação e preparação para atletas em pós carreira, lançado pela *International Sports Relations Foundation*.

c) Temperatura da água em piscinas

Divulga-se em anexo cartaz recebido da ARSLVT, relativo à temperatura da água em piscinas.

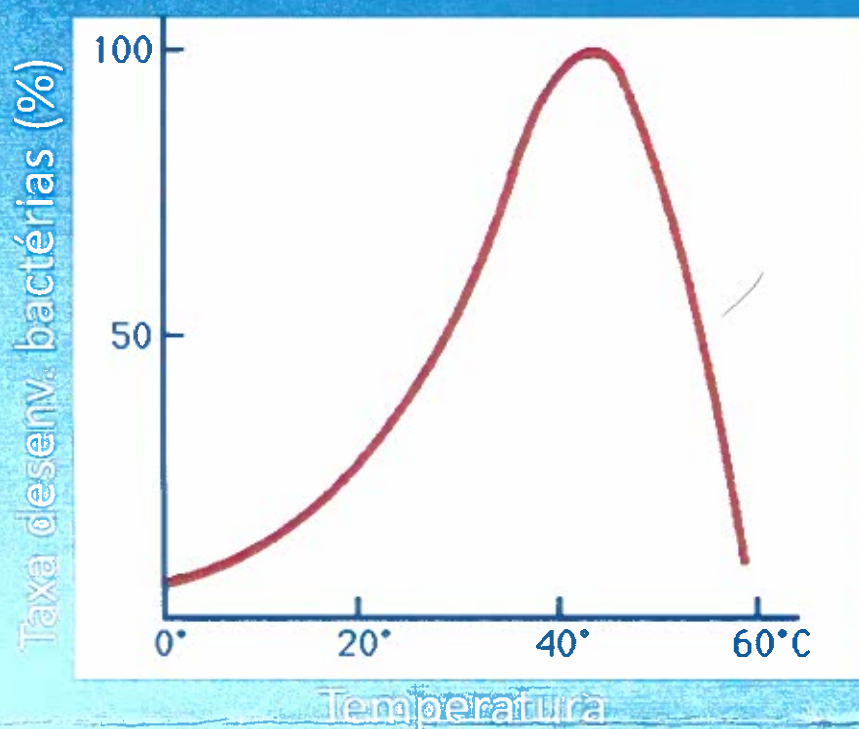
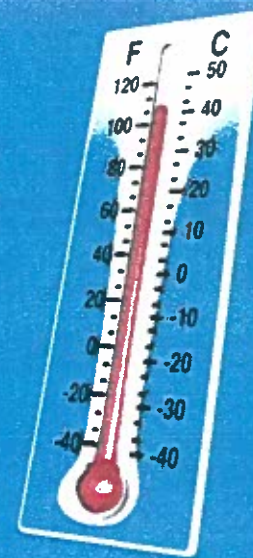
Pela FPN

António José Silva
Presidente



Temperatura da água

Temperaturas elevadas da água favorecem o desenvolvimento de microrganismos, aumentando o risco de transmissão de doenças.



Valores elevados de temperatura favorecem a produção de compostos indesejáveis na água (por reação dos desinfetantes com os contaminantes orgânicos), os quais são transportados para o ar, tornando-o mais agressivo, podendo afetar a saúde dos banhistas e dos trabalhadores.

A Administração Regional de Saúde de Lisboa e Vale do Tejo, I.P., recomenda as seguintes temperaturas máximas:

- Tanques desportivos: 28°C
- Chapinheiros: 30°C
- Hidroterapias: 36°C
- Jacúzis: 40°C



Competição _____

Identificação da Piscina

Nome		25m		50m	
Local					

Data ____/____/____ (dd_mm_aa)

Hora ____h____

Nadador/a(s) (por ordem de nado)	Nrs. Licença

Clube	
Associação	

Assinale em conformidade: √

Distância	
50	
100	
150	
200	
400	
4x50	
4x100	

Técnica	
Livres	
Bruços	
Costas	
Mariposa	
Estilos	

Estafetas	
Seleccção	
Clube	

Categoria Deficiência	Classes Desportiva
Auditiva	S1
Intelectual	S2
Síndrome Down	S3
Motora/P. Cerebral	S4
Visual	S5
	S6
	S7
	S8
	S9
	S10
	S11
	S12
	S13
	S14
	S21
	S15

Tempo realizado:

Electrónico	Manual (3 cronómetros)

Recorde anterior	Recorde estabelecido

O Juiz Árbitro

Nome

Assinatura

____/____/____
Data

Homologado pela FPN em ____/____/____

Assinatura e Carimbo

Os Recordes Nacionais serão homologados, de acordo com o estipulado no Regulamento Geral da FPN.

2015 iSR Education Program for Retiring Athletes
Incheon, Korea



INTERNATIONAL
SPORTS RELATIONS
FOUNDATION
iSR ACADEMY

In cooperation with ANOC, SAMSUNG



International Sports Relations Foundation (iSR)

The iSR Foundation is a non-profit organization based in Seoul that seeks to advance academic research, policy analysis, and professional development of sports relations in Korea and abroad. We are helmed by leading policymakers, scholars, and practitioners dedicated to promoting sports relations domestically and internationally.

The iSR Foundation's main objective is to assist national governmental bodies and sports organizations at all levels in their policy development and execution of promoting the Olympic Movement. The iSR is also dedicated to preparing and training individuals to become active agents on the international sports stage.

Overall, the iSR aim to be a renowned center for education, research, and action for advancing international sports relations. The iSR Institute advances study and teaching in international sports relations while the iSR Foundation focuses on building network, exchanging information, and professionally training individuals and organizations to play an active role in the field of international sports.

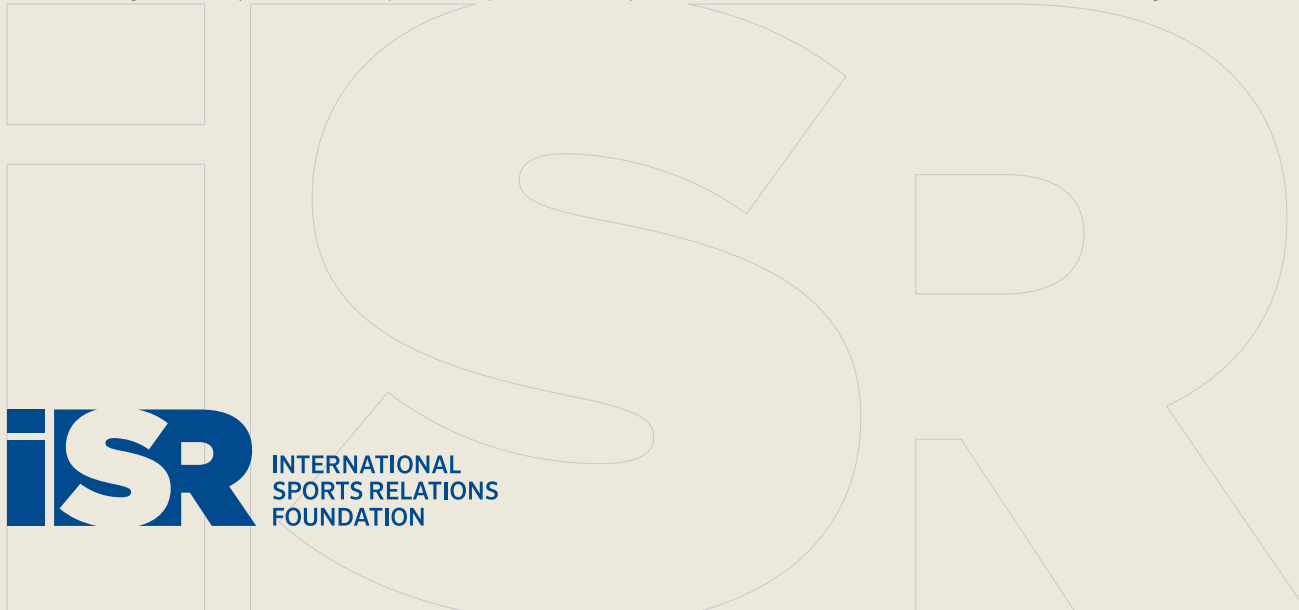
Chonbuk National University

Chonbuk National University is a national research university founded in 1947, located in Jeonju, South Korea. As the flagship national university for the Jeollabuk-do province, Chonbuk National University has been ranked 501-550th in the world by QS Top Universities Ranking in 2010. Chonbuk National University has grown to 15 colleges, seven graduate schools, and three professional graduate schools.

Chonbuk National University's Jeonju campus provides approximately 30,000 students and 2,000 faculty and staff members with educational, research and support facilities. Chonbuk National University maintains cooperative programs with international educational institutions, and more than 500 international students are enrolled in its degree programs, in addition to around 100 international researchers.

Songdo, Incheon, Republic of Korea

Songdo is an international business district located west of Seoul. It was designed to combine a convenient environment for business with comfortable living conditions for residents. For instance, 40% of the city is dedicated for green space which includes many parks offering a green oasis to residents, workers and visitors. Incheon Global Campus (IGC) is a global hub of universities and research institutions located in Songdo. IGC have set its sights on hosting ten of the world's leading universities and research institutions. IGC's universities will provide dynamic programs students need to become future leaders in the global arena. Importantly, IGC proactively fosters an energetic atmosphere of industry-university-research cooperation and East-West intellectual and cultural exchange.



Vision

Leading educational program that helps career transition for top athletes

Mission

Nurturing the future sports leaders, sports journalists and sports administrators



Admission Eligibility

- Olympic Medalists (Summer and Winter Olympic Games)
- Olympians
- Asian Games Medalists (Summer and Winter Asian Games)
- All African Games Medalists
- World Championship Medalists
- Those recommended by National Olympic Committees or sport governing bodies

Applicable to all :

- Bachelor's degree or higher (in any field)
- Sufficient command of both spoken and written English to take classes conducted entirely in English
- Potential and passion for sport to work in any sport-related field

Program Benefits

- Network building
- Lectures in English
- Special Lecture Series
- Excellent Lecturers
- Working experience in International Sports Events
- Full-Scholarship
- Internship opportunities at IOC, OCA, NOC and Multinational Corporations

Curriculum

[PREPARATORY SEMESTER]

HOURS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
09:30 ~ 12:30	Intensive English Course				
12:30 ~ 14:00	Lunch				
14:00 ~ 17:00	Integrated Course for Office Basics *				

* Integrated Course for Office Basics: Computer(MS Office: Excel, Word, PowerPoint, etc.), Web Search, Writing & Presentation Skills

[1ST SEMESTER] FOUNDATION COURSE

HOURS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 ~ 10:30	English	English	English	English	English
11:00 ~ 12:00	Presentation Team Project	Presentation Team Project	Presentation Team Project	Presentation Team Project	Presentation Team Project
12:00 ~ 13:00	Lunch				
13:00 ~ 16:00	Module 1 *	Module 2 *	Module 3 *	Module 4 *	Module 5 *
16:00 ~	Special Lecture Series / Sports Etiquette / Special Activities				

* Module 1: Understanding International Sports -1-1) Olympic Studies 1-2) Introduction to International Sports Organization

* Module 2: Understanding Sports Management -2-1) Introduction to Sports Management 2-2) Introduction to Sports Marketing

* Module 3: International Sports Relations-Sports Diplomacy and IR

* Module 4: Sports Law and Culture - 4-1) Sports Law and Ethics 4-2) Sports Sociology

* Module 5: Sports Physiology

[2ND SEMESTER] INTENSIVE COURSE

HOURS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30 ~ 9:30	English	English	English	English	English
10:00 ~ 12:00	Lecture				
12:00 ~ 14:00	Lunch				
14:00 ~ 16:00	Lecture	Team Project	Lecture	Team Project	Lecture
16:30 ~ 18:00	Special Lecture Series (TBC)				

* List of lectures

1. The Olympic Vision and the Role of International Sports
2. International Sports Organizations and Administration
3. Mega Sports Event Hosting Strategy and its Organization
4. Responsible Sports Management
5. Sports Marketing and PR
6. Sports Industry
7. Sports Governance and Policy

8. Gender and Sports
9. Sports and Social Media
10. Communication: Speech and Writing
11. Sports Journalism: Reporting and Editing
12. Sports Medicine and Doping
13. Athletes Career Program (ACP)
14. IOC recommended Programs / Team Project Supervision

[FIELD TRIP]

<p>Overnight Field Trip</p>	<ul style="list-style-type: none"> - Korean Cultural Program - Taekwondo Culture Exchange Program (Career Program) - Visit to Gwangju Universiade - Visit to the 6th CISM Military World Games - 2018 PyeongChang Winter Olympic Games Organization Experience - Sports Venue Field Trip
<p>One Day Field Trip</p>	<ul style="list-style-type: none"> - Watch Games (Professional Baseball, Soccer, Basketball) - 88' Seoul Olympic Venues Tour - Visit to KOICA (Korea International Cooperation Agency) - Attend other Sports Events

[INTERNSHIP]

<p>Internship</p>	<p>This program allows students to apply all the theories and practices throughout the semesters in the field</p>
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Financial Aid

This Program offers full scholarships to students. The scholarship covers:

- Tuition Fee
- Living expenses
- Round-trip flight ticket
- Field trips
- Insurance



As mentioned by H.H Sheikh Ahmad Al-Fahad Al-Sabah in his keynote speech at the 2014 iSR Forum on "Olympic Movement in Asia", the iSR Foundation will work hard to be supportive of the retiring athletes and to move forward the Olympic Movement in Asia

Faculty

The faculty is comprised of IOC members, sports administrators, academics, and other specialists in the varying fields of international sports. (Listed in alphabetical order)

Adam Pengilly has been on the British Olympic team on three occasions: firstly as a Bobsleigh coach and then twice as a Skeleton athlete. He was the silver medalist at the 2009 World Championships and retired from competition in 2012. Adam was elected by the Vancouver Olympians onto the International Olympic Committee's Athletes' Commission and subsequently became an IOC Member, in February 2010, where he also sits on Coordination Commissions for Pyeongchang 2018 and Lillehammer 2016 Youth Olympic Games. He was a London 2012 board member until its dissolution and currently serves on the Foundation Board of WADA and the board of the British Olympic Association. In 2014 he was elected as a Vice President in the International Bobsleigh and Skeleton Federation with a development and international relations portfolio. Adam holds a BSc in Sport and Exercise Sciences (University of Birmingham, 2000) and an MBA (Newcastle University, 2013) with specialization in Corporate Governance in international sport. He is also on the Management Group of the Talented Athlete Scholarship Scheme, which facilitates partnerships between National Sports Federations and Universities in order to offer elite athletes Dual Career opportunities (combining sport and education).

Angela Ruggiero is a four-time Olympic medalist, Ms. Angela Ruggiero was an ice hockey defenseman with Team USA. She competed for the fourth time at the 2010 Winter Olympic Games in Vancouver, where she won the silver medal. In 2010, Angela was elected to a highly regarded position as a member of the International Olympic Committee's Athletes' Commission. In addition to her four Olympic medals, Ms. Ruggiero is a three-time world champion and a leader of the U.S. Women's Hockey National Team. She currently holds the record as All-Time Leader in Games Played for Team USA. Angela is one of the most prominent womens ice hockey players in the world. She was also later appointed to the IOC Evaluation Commission to evaluate potential host cities for the 2018 Olympic Games. In addition, Ms. Ruggiero serves as a Board Member on the United States Olympic Committee.

Barry John Maister is on the IOC Coordination Commission for the 2018 PyeongChang Olympic Winter Games. He is also a member of the IOC Entourage Commission. His other current commitments include his role as the Vice President of the Oceania Olympic Committee, his duties on the Executive Board of the Association of World National Olympic Committees (ANOC), his work as the International Advisor of the New Zealand Olympic Committee (NZOC), and his duties as an International Sports Ambassador for New Zealand with Sport NZ. Amongst his previous positions, he was the Secretary General for the New Zealand Olympic Committee between 2001-2011. He also served as the Rector to St. Andrews College from 1994-2001. He was the Principle of Riccarton High School from 1987-1994. He was the Deputy Principal and Teacher at Christchurch Boys High (1972-1987). To name a few of his outstanding sporting achievements, he was a member of the New Zealand Hockey Team from 1966-1980, participating in 85 tests. He participated in three Olympic Games (1968, 1972, 1976) and won an Olympic gold medal in 1976. His sporting achievements are honoured in the New Zealand Sports Hall of Fame. Mr. Maister holds a BSc with honours and a Diploma in Teaching with Distinction. His other educational achievements include a Fulbright scholarship to the USA in 1989 and a visiting teaching fellowship at Lincoln University (1982). He was also a member of the President Canterbury Science teachers association, a text book writer and a National Examination Moderator. Mr. Maister's varied experience also includes his roles as a Life Education Founding Trustee, the Former Director of the Outward Bound Trust, a University sport NZ(USNZ) transition Board Member and the Director for Destination Marlborough (regional Tourism Board).

Daesung Moon is the Gold Medalist of the Athens Olympic Games of 2004. He is also the Gold Medalists of the Asian Games of 2002 and the World Champion of Taekwondo in the 1999 games. After his famous kicks made headlines, he was elected a member of the International Olympic Committee (IOC) in 2008. Since then, he not only serves as a member of the IOC Athletes Commission but also as a member of the IOC Sport-for-All Commission. Before becoming elected as a member of the National Assembly of the Republic of Korea in 2012, he was also a professor of Sports Science at Dong-A University in South Korea. Alongside his role of an Assembly member, he serves as a council member for both the Korean Olympic Committee and the World Taekwondo Federation (WTF), as an Executive Board member of the PyeongChang Organizing Committee of the 2018 Olympic and Paralympic Winter Games (POCOG), and as an advisor to the 2014 Incheon Asian Games Organizing Committee. Mr. Moon is the Founder and President of the iSR Foundation. Also he was recently appointed as a member of the OCA Coordination Commission for the 8th Asia Winter Games to be held in Sapporo, Japan in 2017, as well as for the 18th Asian Games to be held in Jakarta, Indonesia in 2018.

Daniel Trenton is the silver medalist of the Sydney Olympic Games of 2000. He is a vice chairman of education and development of World Taekwondo Federation and Trenton now contributes to the Global sport of Taekwondo as Director of Sports for Sports Taekwondo Australia and is Director of Be Taekwondo, a martial arts and fitness centre located in Brunswick East. After winning the silver medal, he tried starting a legal career with tertiary studies at Monash University. He is registered as an Australian Legal Practitioner, acting as a commercial lawyer at JK Legal Barristers and Solicitors and has advised some of Australia's leading sports people via his role as Strategic Management counsel.

JoonSeok Hong is a Board Member of the iSR Foundation. Dr. Hong is a former Korea Junior Fellow in Korean Studies at the Walter H. Shorenstein Asia-Pacific Research Center, Stanford University, since 2013. He has also received a post doctoral fellowship with the Center of International Security and Cooperation (CISAC) at Stanford University from 2013- 2014. Dr. Hong specializes in international relations, comparative politics, and public law. He received his Ph.D (2012) and MA (2008) in Political Science from the University of California, at Berkley and an LL.M. (2013) from the University of California, Berkeley School of Law. He holds a J.D. (2012) from the University of California, in Hastings, an M.A. (2007) in East Asian Studies from Stanford University, an M.I.A. (2005) in International Security Policy from the School of International and Public Affairs (SIPA) at Columbia University as well as a B.A. (2000) in Political Science and History from Yale University

Jun Heon Kim is a professor and director of Office of PR and International Affairs in Youngin University. He is a secretary general of the Asian Taekwondo Union and International Referee Instructor in Taekwondo Poomsae of the World Taekwondo Federation Poomsae Committee Member. Professor Kim holds a B.A in Physical Education & Tae Kwon Do from Youngin University and a M.A in Sport Administration and Management from University of Minnesota his thesis title is An Investigation of Perceptions Between Professors and Athletic Directors on the Importance of Select Organizational Factors. He holds a Ph.D in Sport Management and emphasis in Sports Marketing from University of Minnesota. His dissertation title is An investigation of Promotional Events and Other Factors that Affect the Attendance on Sporting Events.

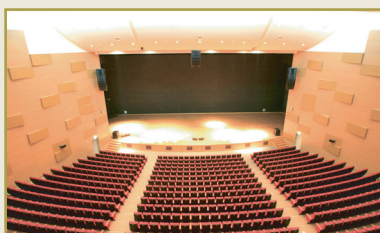
Sang-Hoon Suh has been a professor at Yonsei University since 2005. He is also a Board Member of the iSR Foundation since its inception in 2013. In addition to his current commitments, he is also serving as a member of the Advisory Committee for the PyeongChang Organizing Committee for the 2018 Olympic and Paralympic Winter Games. He has represented Korea in the national delegations to the Plenary Session of the Sport for Development and Peace International Working Group (SDP IWG) hosted by the United Nations Office on Sport for Development and Peace (UNOSDP) in 2012, as well as the UNESCO Intergovernmental Committee for Physical Education and Sport (CIGEPS) in 2011. Professor Suh served as the President of the Korea Institute of Sport Science from 2010-2012. He served as the Director for the Yonsei University Institute of Sports from 2007 to 2009. Professor Suh received his Ph.D. and M.A. at the University of California, Berkeley. He holds an M.Ed. and B.A. from Seoul National University.

Soyoung Kwon is a lecturing professor at the Faculty of International Studies at Chonbuk National University of Korea. Dr. Kwon is also a Board Member of the iSR Foundation and Executive Director of the iSR Institute. Dr. Kwon, who holds a B.A. in Political Science and Diplomacy from Ewha Women's University and a M.Phil and Ph.D. in Political Science from the University of Cambridge in the United Kingdom. As a fellow at the East Asia Institute of the University of Cambridge Dr. Kwon taught and conducted her research there. She participated in a postdoctoral fellowship titled Shorestein fellow while attending the Asia-Pacific Research Center at Stanford University. Formerly she worked as an advisor on the EU-Korea relations at the European Parliament in Brussels, then as a special advisor to the president of the World Taekwondo Federation (WTF) for International Affairs. As of 2007, she have become involved in various sport-related activities, including sports administration and bidding activities and engaged in collaborative projects in the field of international sports and sports diplomacy.

Facilities



Lecture Room



Auditorium



Central Library



Dormitory



Swimming Pool



Cafeteria

※ For further information please visit the website : http://www.sguf.org/sgu/new_eng/campus/facilit.htm

Application for Admission

- Application Form
- Statement of Purpose and Study Plan
- Two Recommendation letters from your professors and/or employers
- Agreement for Verification of Academic Record
- Official Undergraduate Studies Transcript (in English)
- Notarized Certificate of a Bachelor's Degree/Undergraduate Graduation Certificate (in English)
- A copy of the applicant's passport (or other official document indicating your nationality)
- Curriculum Vitae
- Certificate of Employment (if applicable)
- Recognized English Proficiency Test (TOEFL, IELTS, TOEIC) or any other supporting document which demonstrates appropriate English language proficiency (i.e. English teacher's letter or Institution Attended Certification)

To apply for a D-2 student visa, the following documents are needed:

- Completed visa application form (available at www.hikorea.go.kr)
- Valid passport
- Certificate of Admission, in the form of an acceptance letter from your university on the Incheon Global Campus
- Bank statement (or scholarship certificate)
- Two passport-size photographs (3.5cm X 4.5cm)
- Visa processing fee (single entry: 30 USD, multiple entry: 50 USD)

Calendar

Application Period	March 1 ~ 15, 2015
Admission Result	April 1, 2015
Preparatory Semester	June, 2015~ August, 2015 (3 months)
1st Semester	September, 2015 ~ December, 2015 (4 months)
2nd Semester	January, 2016 ~ April, 2016 (4 months)
Completion of the Course	May, 2016
Internship	May, 2016 ~

* This schedule is subject to change

Application information and forms can be found at : www.i-sr.org

Contact Information

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 Suite 1508, 43 Yeouiseo-ro, Yeongdeungpo-gu, Seoul, Republic of Korea 150-746
 Tel. +82 2 786 7609 Fax. +82 2 786 7610
www.i-sr.org

Recordes Batidos por Prova

Todas as provas

Masc., 1500m Livres

2. Série 1	Correia, Alberto Vaz	55	SAD	23:00.13	RN G(55-59)	Esc G
2. Série 2	Goncalves, Carlos Guimaraes	70	CFP	19:31.07	RN D(40-44)	Esc D

Masc., 200m Costas

4. Série 3	Niz, Adriano Miguel	86	GDNVNF	2:07.24	RN A(25-29)	Esc A
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Masc., 200m Bruços

14. Série 4	Nunes, Rodolfo Pereira	73	CAP	2:38.14	RN D(40-44)	Esc D
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Masc., 200m Mariposa

6. Série 1	Passos, Francisco Zamith	83	GDNVNF	2:21.19	RN B(30-34)	Esc B
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Masc., 400m Estilos

10. Série 1	Niz, Adriano Miguel	86	GDNVNF	4:33.01	RN A(25-29)	Esc A
10. Série 1	Nunes, Rodolfo Pereira	73	CAP	5:17.33	RN D(40-44)	Esc D

Masc., 4 x 100m Livres

16. Série 1	Sport Alges e Dafundo		SAD	5:18.13	RN 5(240-279)	Cat 5
CORREIA, Alberto Vaz, GASPAR, Alexandre Azevedo, BASTO, Antonio Bessone, MAVIOSO, Vitor Manuel						
16. Série 2	Clube Fluvial Portuense		CFP	4:09.68	RN 3(160-199)	Cat 3
GONCALVES, Carlos Guimaraes, GONCALVES, Americo Pedro, MARQUES, Pedro Jorge, GUERRA, Nuno Miguel						
16. Série 2	Clube Fluvial Portuense		CFP	4:41.54	RN 4(200-239)	Cat 4
SANTANA, Jose Pedro, TORRES, Paulo Francisco, SANTOS, Luis Lopes, BOTELHO, Joao Pedro						

Masc., 4 x 100m Estilos

8. Série 1	Sport Alges e Dafundo		SAD	7:07.33	RN 5(240-279)	Cat 5
BASTO, Antonio Bessone, GASPAR, Alexandre Azevedo, FERREIRA, Antonio Manuel, CORREIA, Alberto Vaz						
8. Série 2	Clube Fluvial Portuense		CFP	5:20.57	RN 4(200-239)	Cat 4
SANTOS, Luis Lopes, BOTELHO, Joao Pedro, SANTANA, Jose Pedro, TORRES, Paulo Francisco						

Femin., 1500m Livres

1. Série 1	Silva, Carolina Santos	86	CNMAIA	19:00.78	RN A(25-29)	Esc A
1. Série 2	Oliveira, Ana Mafalda	81	CNMAIA	19:51.05	RN B(30-34)	Esc B
1. Série 2	Ferreira, Ana Maria	50	SAD	24:36.53	RN H(60-64)	Esc H

Femin., 200m Bruços

13. Série 2	Sequeira, Maria Manuela	68	SCA	3:28.00	RN E(45-49)	Esc E
13. Série 3	Martins, Maria Sofia	84	CFP	2:51.39	RN B(30-34)	Esc B

Femin., 4 x 100m Livres

15. Série 1	Clube Fluvial Portuense		CFP	4:34.00	RN 2(120-159)	Cat 2
ROTHES, Ines Maria, COSTA, Maria Luisa, MARTINS, Maria Sofia, SOUSA, Natacha Alexandra						
15. Série 1	Sport Alges e Dafundo		SAD	6:04.83	RN 4(200-239)	Cat 4
MIRANDA, Laura Manuela, FERREIRA, Maria Felix, FERREIRA, Ana Maria, PEREIRA, Patricia Diogenes						

Femin., 4 x 100m Estilos

7. Série 1	Clube de Natacao da Maia		CNMAIA	5:03.80	RN 1(100-119)	Cat 1
SILVA, Carolina Santos, RAMALHO, Catia Santos, FOUGO, Rita Claudia, OLIVEIRA, Ana Mafalda						
7. Série 1	Clube Fluvial Portuense		CFP	4:57.73	RN 2(120-159)	Cat 2
SOUSA, Natacha Alexandra, MARTINS, Maria Sofia, COSTA, Maria Luisa, ROTHES, Ines Maria						
7. Série 1	Clube Fluvial Portuense		CFP	5:53.32	RN 3(160-199)	Cat 3
MENDES, Maria Regina, FONSECA, Maria Ana, BRANDAO, Maria Teresa, FERREIRA, Filipa Margarida						

O Secretário do Juri

O Juiz Árbitro

Splash Meet Manager 11, 11.33920

Registered to Federacao Portuguesa De Natacao

17-11-2014 16:01 - Página 1





Torneio Sete Cidades
Rabo de Peixe, 8-11-2014

Recordes Batidos por Prova

Todas as provas

Femin., 1500m Livres

47. Série 1 Resendes Ana Marta 80 CNPDL 19:29.48 RN B(30-34) 30 - 34

Femin., 100m Mariposa

26. Série 3 Resendes Ana Marta 80 CNPDL 1:08.24 RN B(30-34) 30 - 34



MASTERS

IX OPEN Internacional de Inverno de Masters
Funchal, 16- - 17-1-2015

Recordes Batidos por Prova

Todas as provas

Masc., 50m Livres

10.	Série 3	Leonel Sousa Gomes	30	SAD	55.37	RN M(85-89)	Esc M
10.	Série 7	Luis Vidigal Salgueiro	45	SAD	35.20	RN J(70-74)	Esc J
10.	Série 13	Alberto Vaz Correia	55	SAD	31.30	RN H(60-64)	Esc H
21.	Série 4	Antonio Bessone Basto	45	SAD	32.66	RN J(70-74)	Esc J
30.	Série 3	Alberto Vaz Correia	55	SAD	31.24	RN H(60-64)	Esc H
30.	Série 5	Luis Marques Pinto	87	CNF	23.25	RN A(25-29)	Esc A

Masc., 100m Livres

2.	Série 6	Antonio Bessone Basto	45	SAD	1:20.38	RN J(70-74)	Esc J
28.	Série 12	Alberto Vaz Correia	55	SAD	1:08.53	RN H(60-64)	Esc H
28.	Série 17	Luis Marques Pinto	87	CNF	51.57	RN A(25-29)	Esc A

Masc., 200m Livres

2.	Série 6	Antonio Bessone Basto	45	SAD	2:49.97	RN J(70-74)	Esc J
2.	Série 7	Alberto Vaz Correia	55	SAD	2:34.83	RN H(60-64)	Esc H
2.	Série 8	Vitor Manuel Mavioso	56	SAD	2:23.61	RN G(55-59)	Esc G
2.	Série 10	Adriano Miguel Niz	86	GDNVNF	1:51.71	RN A(25-29)	Esc A

Masc., 400m Livres

13.	Série 3	Luis Vidigal Salgueiro	45	SAD	7:00.93	RN J(70-74)	Esc J
13.	Série 7	Vitor Manuel Mavioso	56	SAD	5:14.49	RN G(55-59)	Esc G
13.	Série 8	Adriano Miguel Niz	86	GDNVNF	4:00.23	RN A(25-29)	Esc A

Masc., 50m Costas

8.	Série 4	Antonio Bessone Basto	45	SAD	43.32	RN J(70-74)	Esc J
8.	Série 6	Adriano Miguel Niz	86	GDNVNF	26.78	RN A(25-29)	Esc A
12.	Série 2	Antonio Bessone Basto	45	SAD	41.27	RN J(70-74)	Esc J
26.	Série 2	Leonel Sousa Gomes	30	SAD	1:18.92	RN M(85-89)	Esc M
26.	Série 5	Antonio Bessone Basto	45	SAD	40.25	RN J(70-74)	Esc J

Masc., 100m Costas

8.	Série 4	Antonio Bessone Basto	45	SAD	1:28.80	RN J(70-74)	Esc J
8.	Série 6	Adriano Miguel Niz	86	GDNVNF	56.98	RN A(25-29)	Esc A

Masc., 50m Bruços

4.	Série 12	Jose Samuel Duarte	65	SCP	34.02	RN F(50-54)	Esc F
4.	Série 13	Diego Felipe Santos	87	CDN	30.37	RN A(25-29)	Esc A

Masc., 100m Bruços

15.	Série 10	Jose Samuel Duarte	65	SCP	1:13.82	RN F(50-54)	Esc F
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Masc., 100m Mariposa

6.	Série 4	Orlando Gomes Bairrada	45	SAD	1:44.71	RN J(70-74)	Esc J
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Masc., 100m Estilos

19.	Série 7	Antonio Bessone Basto	45	SAD	1:24.41	RN J(70-74)	Esc J
19.	Série 13	Adriano Miguel Niz	86	GDNVNF	58.52	RN A(25-29)	Esc A
19.	Série 13	Ricardo Amorim Rego	84	GDNVNF	58.27	RN B(30-34)	Esc B

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Masc., 200m Estilos

24.	Série 2	Alexandre Azevedo Gaspar	45	SAD	3:53.82	RN J(70-74)	Esc J
24.	Série 3	Antonio Bessone Basto	45	SAD	3:10.25	RN J(70-74)	Esc J
24.	Série 6	Adriano Miguel Niz	86	GDNVNF	2:08.29	RN A(25-29)	Esc A
24.	Série 6	Ricardo Amorim Rego	84	GDNVNF	2:08.35	RN B(30-34)	Esc B

Masc., 4 x 50m Livres

30.	Série 2	Sport Alges e Dafundo		SAD	2:34.82	RN 6(280-319)	Cat 6
Orlando Gomes Bairrada, Alexandre Azevedo Gaspar, Luis Vidigal Salgueiro, Antonio Bessone Basto							
30.	Série 4	Clube Fluvial Portuense		CFP	1:50.87	RN 4(200-239)	Cat 4
Jose Pedro Santana, Jose Augusto Vaz, Paulo Francisco Torres, Jose Carlos Freitas							

Masc., 4 x 50m Estilos

12.	Série 2	Clube Fluvial Portuense		CFP	2:11.55	RN 4(200-239)	Cat 4
Jose Pedro Santana, Jose Augusto Vaz, Jose Carlos Freitas, Paulo Francisco Torres							
12.	Série 2	Sport Alges e Dafundo		SAD	2:52.21	RN 6(280-319)	Cat 6
Antonio Bessone Basto, Alexandre Azevedo Gaspar, Orlando Gomes Bairrada, Luis Vidigal Salgueiro							
12.	Série 5	Clube Desportivo Nacional		CDN	1:57.85	RN 3(160-199)	Cat 3
Diego Felipe Santos, Osvaldo Roseira Mateus, Duarte Nuno Camacho, Luis Edmiro Silva							

Femin., 50m Livres

1.	Série 3	Ana Maria Ferreira	50	SAD	45.06	RN I(65-69)	Esc I
29.	Série 3	Isabel Maria Raimundo	40	SAD	52.49	RN K(75-79)	Esc K

Femin., 100m Livres

1.	Série 3	Ana Maria Ferreira	50	SAD	1:34.89	RN I(65-69)	Esc I
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Femin., 200m Livres

1.	Série 3	Ana Maria Ferreira	50	SAD	3:17.16	RN I(65-69)	Esc I
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Femin., 400m Livres

1.	Série 3	Ana Maria Ferreira	50	SAD	6:40.12	RN I(65-69)	Esc I
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Femin., 50m Costas

11.	Série 3	Carolina Santos Silva	86	CNMAIA	32.27	RN A(25-29)	Esc A
20.	Série 2	Isabel Maria Raimundo	40	SAD	1:01.61	RN K(75-79)	Esc K
25.	Série 3	Isabel Maria Raimundo	40	SAD	57.98	RN K(75-79)	Esc K

Femin., 100m Costas

20.	Série 2	Isabel Maria Raimundo	40	SAD	2:10.50	RN K(75-79)	Esc K
20.	Série 3	Ana Maria Ferreira	50	SAD	1:54.06	RN I(65-69)	Esc I

Femin., 50m Bruços

3.	Série 3	Isabel Maria Raimundo	40	SAD	1:00.68	RN K(75-79)	Esc K
16.	Série 3	Isabel Maria Raimundo	40	SAD	57.88	RN K(75-79)	Esc K

Femin., 100m Bruços

3.	Série 3	Ana Maria Ferreira	50	SAD	2:05.30	RN I(65-69)	Esc I
3.	Série 3	Isabel Maria Raimundo	40	SAD	2:10.29	RN K(75-79)	Esc K

Femin., 50m Mariposa

5.	Série 4	Susana Clara Gomes	77	CNF	29.54	RN C(35-39)	Esc C
5.	Série 4	Maria Luisa Costa	74	CFP	32.74	RN D(40-44)	Esc D
18.	Série 2	Ana Maria Ferreira	50	SAD	53.48	RN I(65-69)	Esc I

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Femin., 100m Mariposa

18.	Série 2	Ana Maria Ferreira	50	SAD	1:54.22	RN I(65-69)	Esc I
18.	Série 3	Carolina Santos Silva	86	CNMAIA	1:07.10	RN A(25-29)	Esc A
18.	Série 3	Susana Clara Gomes	77	CNF	1:06.87	RN C(35-39)	Esc C

Femin., 100m Estilos

7.	Série 3	Isabel Maria Raimundo	40	SAD	2:12.95	RN K(75-79)	Esc K
7.	Série 7	Carolina Santos Silva	86	CNMAIA	1:09.64	RN A(25-29)	Esc A
7.	Série 7	Fabiana Maria Quintal	84	CDN	1:08.92	RN B(30-34)	Esc B
7.	Série 7	Susana Clara Gomes	77	CNF	1:09.68	RN C(35-39)	Esc C

Femin., 200m Estilos

23.	Série 2	Ana Maria Ferreira	50	SAD	3:43.69	RN I(65-69)	Esc I
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Femin., 4 x 50m Livres

29.	Série 3	Clube Fluvial Portuense	CFP	2:00.93	RN 2(120-159)	Cat 2
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Marta Sofia Oliveira, Maria Luisa Costa, Maria Sofia Martins, Ines Maria Rothes

Femin., 4 x 50m Estilos

11.	Série 3	Clube Desportivo Nacional	CDN	2:12.02	RN 2(120-159)	Cat 2
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Fabiana Maria Quintal, Natalie Nobrega Santos, Debora Marisa Pereira, Filipa Jardim Freitas

Misto, 4 x 50m Livres

21.	Série 2	Clube Fluvial Portuense	CFP	2:07.93	RN 4(200-239)	Cat 4
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Filipa Margarida Ferreira, Maria Teresa Brandao, Henrique Luis Seabra, Joao Pedro Botelho

21.	Série 4	Clube Fluvial Portuense	CFP	1:56.63	RN 3(160-199)	Cat 3
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Maria Sofia Martins, Ines Maria Rothes, Jose Carlos Freitas, Jose Pedro Santana

21.	Série 4	Sport Alges e Dafundo	SAD	2:16.07	RN 5(240-279)	Cat 5
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Patricia Diogenes Pereira, Vitor Manuel Mavioso, Ana Maria Ferreira, Luis Vidigal Salgueiro

21.	Série 5	Clube Desportivo Nacional	CDN	1:47.35	RN 1(100-119)	Cat 1
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Diego Felipe Santos, Fabiana Maria Quintal, Vitor Hugo Pereira, Natalie Nobrega Santos

21.	Série 5	Clube Naval do Funchal	CNF	1:48.90	RN 2(120-159)	Cat 2
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Luis Marques Pinto, Frederico Figueira Silva, Carla Patricia Telo, Susana Clara Gomes

Misto, 4 x 50m Estilos

22.	Série 3	Sport Alges e Dafundo	SAD	2:38.87	RN 5(240-279)	Cat 5
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Patricia Diogenes Pereira, Alexandre Azevedo Gaspar, Vitor Manuel Mavioso, Ana Maria Ferreira

22.	Série 4	Clube Desportivo Nacional	CDN	2:07.46	RN 3(160-199)	Cat 3
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Filipa Jardim Freitas, Fabiana Maria Quintal, Duarte Nuno Camacho, Luis Edmiro Silva

22.	Série 5	Clube Desportivo Nacional	CDN	2:01.44	RN 1(100-119)	Cat 1
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Diego Felipe Santos, Natalie Nobrega Santos, Debora Marisa Pereira, Vitor Hugo Pereira

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