



**Graduate in Sports Degree CAFE – INEFC – UB (*Universitat de Barcelona*)**

**Graduate as a Physical Education teacher UAB (*Universitat Autònoma de Barcelona*)**

**Masters high performance in a sports team. Mastercede. FCB (*Futbol club Barcelona*)**



**Masters in physical activity & sports. INEFC – UB (*Universitat de Barcelona*)**

**Waterpolo Head coach title ENE – RFEN (*Real Federació Española de Natación*)**

**Waterpolo teacher in ENE – RFEN (*Real Federació Española de Natación*)**



**Waterpolo Technical director in CN Mataró (2007-2021)**

**Head coach men's team in CN Mataró (2010-2021)**

**Waterpolo Technical director in FCN (*Federació catalana de Natació*) (2005-2007)**

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## WATERPOLO COACH

- 2020-2021 CN Mataró Waterpolo Technical Director. Head coach men's team. 7<sup>th</sup> position in the First Division Spanish league. 5<sup>th</sup> position in the Catalonia cup.
- 2019-2020 CN Mataró Waterpolo Technical Director. Head coach men's team. 5<sup>th</sup> position in the First Division Spanish league. Quarter finals in LEN Trophy, loosing against Digi Oradea (Rumania)
- 2018-2019 CN Mataró Waterpolo Technical Director. Head coach men's team. 4<sup>th</sup> position in the First Division Spanish league.

- 2017-2018 CN Mataró Waterpolo Technical Director. Head coach men's team. 5<sup>th</sup> position in the First Division Spanish league.. II Round LEN Eurocup Men's team. 3rd LEN Trophy F4 Women's team.
- 2016- 2017 CN Mataró Waterpolo Technical Director. Head coach men's team. 4th in the First Division Spanish league. F4 women's Euroleague.
- 2015-2016 CN Mataró Waterpolo Technical Director. Head coach men's team. 5th in the First Division Spanish league. Champion of the Spanish Queen's cup RFEN with the women's team. Champion of the F4 Len Trophy with the women's team.
- 2014-2015 CN Mataró Waterpolo Technical Director. Head coach men's team. Final Spanish Cup against CN ATL. BARCELONETA
- 2013-2014 CN Mataró Waterpolo Technical Director. Head coach men's team. 3rd in the First Division Spanish league.
- 2012-2013 CN Mataró Waterpolo Technical Director. Head coach men's team. 8th in the First Division Spanish league. Quarter finals in LEN Trophy, loosing against Radnicki Kragujevac.
- 2011-2012 CN Mataró Waterpolo Technical Director. Head coach men's team. 5th in the First Division Spanish league.
- 2010-2011 CN Mataró Waterpolo Technical Director. Head coach men's team. 4th in the First Division Spanish league.
- 2009-2010 CN Mataró Waterpolo Technical Director. Assistant coach men's team. 4th in the First Division Spanish league. Eight finals in LEN Trophy, loosing against Brescia.
- 2008-2009 CN Mataró Waterpolo Technical Director. Assistant coach men's team. 5th in the First Division Spanish league.
- 2007-2008 CN Mataró Waterpolo Technical Director. Assistant coach men's team. 7th in the First Division Spanish league.
- 2005-2007 Catalonia Swimming Federation WP Technical Director.
- 2006 - Catalonia Team Head coach in a Catalonia 8 Vs Montenegro 11.
- 2006 - Catalonia Team Head coach in a Catalonia 15 Vs Poland 2.

- 2005 – Assistant coach with the Spanish youth team in the European Youth Championships in Sofia. 4th position.
- 2004 - Assistant coach with the Spanish junior team in the European Junior Championships in Malta. 7th position.
- 2003 - Assistant coach with the Spanish youth team in the European Youth Championships in Istanbul. 4th position.
- 2002- 2003 - Catalonia Swimming Federation WP Coach.
- 1998-2002 - CN Mataró Waterpolo coach, with youths teams.
- 1999-2001 – Women’s team head coach in CN Mataró.

#### WATERPOLO CLINICS.

- 2021 Waterpolo FINA Clinic On-line in Curaçao (Netherlands Antilles).
- 2017 Waterpolo FINA clinic in Caracas (Venezuela)
- 2011 Clinic for waterpolo coaches in Caracas (Venezuela) FEVEDA.
- 2007 Waterpolo FINA clinic in San José (Costa Rica).
- 2006 Waterpolo FINA clinic in Curaçao (Netherlands Antilles).
- 2005 Waterpolo FINA Clinic in Maldonado (Uruguay).

#### WATERPOLO ARTICLES.

- The book “MTA I: Waterpolo”
- “WP: The goalie”
- “Waterpolo sports programming for the beginners”.
- “Waterpolo beginners coach profile”.
- “Waterpolo physical training”.

#### WATERPOLO TEACHER

- Waterpolo teacher in the Catalonia Swimming Federation for coaches. FCN
- Waterpolo teacher in the Royal Spanish Swimming Federation for coaches. RFEN
- Waterpolo clinics for FINA.