

50 Livres

1.	NASCIMENTO Miguel Duarte	95	SLB	22.16	50m	19-12-20	Oeiras	840
2.	SAHNOUNE Oussama	92	SLB	22.19	50m	24-08-19	CASA BLANCA (MAR)	836
3.	GUTIERREZ Juan Francisco Se94ra	LDC		22.85	50m	19-12-20	Oeiras	766
4.	SCHILLING Leonardo	93	FCP	22.93	50m	05-06-21	Porto	758
5.	MARQUES Miguel Henriques	00	SLB	22.94	50m	28-03-21	Coimbra	757
6.	MADUREIRA Gustavo Almeida	94	AAC	23.07	50m	03-08-19	Funchal	744
7.	SILVA Fernando Souza	86	SFUAP	23.24	50m	05-06-21	Porto	728
8.	SANTOS Alexis Manacas	92	POR	23.43	50m	05-06-21	BARCELONA (ESP)	710
9.	POLIAKOV Artiom Viatcheslavc93ch	COL		23.47	50m	30-05-21	Rio Maior	707
10.	DIAS Guilherme Pereira	97	SLB	23.55	50m	01-08-19	Funchal	699
10.	CARVALHO Diogo Filipe	88	CGA	23.55	50m	19-12-20	Oeiras	699
12.	PADRELA Joao Esteves	99	CFB	23.65	50m	30-05-21	Rio Maior	691
13.	FERNANDES Pedro Miguel	99	GDNFAMA	23.84	50m	01-02-20	Povoa de Varzim	674
14.	MACHADO Francisco Carvalho	98	SAD	23.91	50m	03-08-19	Funchal	668
14.	MACHADO Tiago Andrade	02	CGA	23.91	50m	09-02-20	Lisboa	668
16.	LOPES Tomas Teixeira	02	VSC	23.92	50m	25-04-21	Coimbra	668
17.	NUNES Porfirio Braga	00	FCP	23.94	50m	23-05-21	Gijón (ESP)	666
18.	RAMOS Bruno Miguel	97	CFB	23.98	50m	01-08-19	Funchal	663
19.	GOMES Filipe Miguel	97	ADBA	23.99	50m	03-08-19	Funchal	662
20.	GOMES Rodrigo Ribeiro	00	CAQC	24.00	50m	30-05-21	Coimbra	661
21.	PEDRO Daniel Rochinha	98	AHBE	24.01	50m	03-08-19	Funchal	660
22.	AMORIM Alexandre Ferreira	99	LSC	24.02	50m	24-04-21	Coimbra	659
23.	SANTOS Joao Duarte	95	CNOL	24.03	50m	09-02-20	Lisboa	658
24.	MOGNE Igor Araujo	96	SCP	24.09	50m	28-03-21	Coimbra	653
25.	COSTA Tiago Cunha	99	SCP	24.17	50m	01-08-19	Funchal	647
26.	PINHO Manuel Antonio	01	CDF	24.19	50m	03-08-19	Funchal	645
27.	LOURENCO Tiago Campos	02	CNV	24.22	50m	05-06-21	Porto	643
28.	AGOSTINHO Miguel Diogo	00	FBSC	24.32	50m	03-08-19	Funchal	635
29.	SOARES Tiago Silva	99	FCP	24.34	50m	03-08-19	Funchal	634
29.	AIRES Rafael Alcantara	01	SLB	24.34	50m	03-08-19	Funchal	634
31.	MACHADO Joao Daniel	99	SFUAP	24.35	50m	09-02-20	Lisboa	633
32.	SANTOS Pedro Andre	94	SAD	24.38	50m	05-06-21	Porto	630
33.	FRANCISCO Daniel Sebastiao	00	ANG	24.41	50m	24-08-19	CASA BLANCA (MAR)	628
34.	FERNANDES Eduardo Gomes	02	SCP	24.49	50m	24-04-21	Coimbra	622
35.	BATE Afonso Ribeiro	98	SAD	24.56	50m	03-08-19	Funchal	617
36.	COTOVIO Ricardo Ferreira	91	VKGS	24.58	50m	09-02-20	Lisboa	615
36.	SILVA Miguel Vicente	02	DNMG	24.58	50m	30-05-21	Rio Maior	615
38.	LEBRE Diogo Ramos	01	SLB	24.63	50m	03-08-19	Funchal	611
39.	MOURA Andre Magalhaes	98	AVFC	24.66	50m	24-04-21	Coimbra	609
40.	FERRAO Goncalo Carvalho	01	CDCP	24.68	50m	03-08-19	Funchal	608
41.	FAUSTINO Matheus Costa	98	SCB	24.69	50m	30-05-21	Coimbra	607
42.	SANTOS Nuno Goncalo	96	ADBA	24.74	50m	03-08-19	Funchal	603
43.	SANTOS Dario Almeida	93	LSC	24.84	50m	03-08-19	Funchal	596
43.	ROCHA Ricardo Filipe	02	CAP	24.84	50m	05-06-21	Porto	596
45.	GOMES Sebastiao Mendes	00	PIMP	24.86	50m	03-08-19	Funchal	595
46.	PEDROSA Carlos Lopes	94	CAFBDP	24.90	50m	09-02-20	Lisboa	592
47.	LOPES David Granja	90	AONDA	24.91	50m	03-08-19	Funchal	591
47.	DANTAS Diogo Leal	00	SCP	24.91	50m	03-08-19	Funchal	591

50 Livres (desde 49)

49.	RIACHOS Frederico Sucena	98	VSC	24.92	50m	24-04-21	Coimbra	590
49.	NUNES Guilherme Oliveira	98	LSC	24.92	50m	05-06-21	Porto	590
51.	MACHADO Bruno Rafael	01	CFP	24.98	50m	03-08-19	Funchal	586
52.	CAMOES Tiago Maria	01	SFUAP	25.04	50m	01-08-19	Funchal	582
52.	PEREIRA Mario Alexandre	92	CNAC	25.04	50m	11-01-20	Coimbra	582
54.	BRITO Bernardo Geadá	02	SFUAP	25.09	50m	03-08-19	Funchal	578
55.	SILVA Glauber	86	FOCA	25.10	50m	28-03-21	Coimbra	578
56.	PINOTES Pedro Miguel	89	ANG	25.13	50m	24-04-21	Coimbra	576
57.	CHACON MATEOS FRANCISCO	99	JaviLDC	25.19	50m	09-02-20	Lisboa	571
58.	PIRES Ricardo Saraiva	98	CIRL	25.20	50m	01-03-20	Vila Franca de Xira	571
59.	UMSARI Daniel Balaguer	94	LDC	25.27	50m	03-08-19	Funchal	566
59.	MASCARENHAS Henrique Silva	01	ANG	25.27	50m	25-04-21	Coimbra	566
61.	CARVALHO Ruben Paiva	94	SANC	25.35	50m	09-02-20	Lisboa	561
62.	MACHADO Ricardo Marques	02	AVFC	25.39	50m	09-02-20	Lisboa	558
62.	AUGUSTO Bernardo Antunes	00	AONDA	25.39	50m	01-03-20	Vila Franca de Xira	558
64.	LOPES Rodrigo Pereira	95	VKGS	25.43	50m	13-06-21	Badajoz (ESP)	555
65.	ALFAMA Martim Primavera	02	GESL	25.44	50m	09-02-20	Lisboa	555
66.	SIMOES Bernardo Jorge	02	CNTN	25.45	50m	03-08-19	Funchal	554
66.	MACHADO Joao Gabriel	02	SCP	25.45	50m	01-03-20	Vila Franca de Xira	554
68.	QUINTAL Nuno Alexandre	99	CDN	25.46	50m	29-02-20	Funchal	553
69.	LOPES Joao Francisco	98	SCB	25.48	50m	01-02-20	Povoa de Varzim	552
70.	LADEIRA Rodrigo Santos	97	FBSC	25.49	50m	09-02-20	Lisboa	552
71.	CLEMENTE Bernardo Santos	98	AAC	25.51	50m	24-04-21	Coimbra	550
72.	SANTOS Joao Carlos	96	SFUAP	25.53	50m	25-04-21	Coimbra	549
73.	CAROLA Hugo Filipe	01	CGA	25.60	50m	09-02-20	Lisboa	544
74.	MAIA Jorge Manuel	89	GDNFAMA	25.61	50m	03-08-19	Funchal	544
74.	MACHADO Ricardo Manuel	93	SCB	25.61	50m	01-02-20	Povoa de Varzim	544
76.	PEREIRA Joao Neto	02	FBSC	25.63	50m	09-02-20	Lisboa	543
76.	CORTINES Juan Salvador Duran	96	LDC	25.63	50m	30-05-21	Rio Maior	543
78.	NEVES Tiago Correia	97	CFB	25.67	50m	30-05-21	Rio Maior	540
79.	ESTEVEZ Pedro Ferraz	99	CNLX	25.68	50m	09-02-20	Lisboa	539
80.	PATRICIO Rodrigo Alexandre	98	AAC	25.70	50m	24-04-21	Coimbra	538
81.	VIEIRA Pedro Perez	02	SAD	25.74	50m	01-03-20	Vila Franca de Xira	536
81.	DOMINGUES Ricardo Jorge	02	FBSC	25.74	50m	09-05-21	Coimbra	536
83.	MIRKA Artem Vos	00	CGA	25.76	50m	01-02-20	Povoa de Varzim	534
84.	NOVA Tiago Vila	00	PORTIN	25.80	50m	09-02-20	Lisboa	532
85.	VIEGAS Hugo Miguel	02	CNOL	25.95	50m	12-06-21	Loulé	523
86.	OLIVEIRA Manuel Filipe	02	CCLAMAS	25.97	50m	01-02-20	Povoa de Varzim	521
87.	SOUSA Joao Ribeiro	01	FCP	25.99	50m	01-02-20	Povoa de Varzim	520
88.	SARAMAGO Artur Rafael	97	BUZIOS	26.01	50m	09-02-20	Lisboa	519
88.	GAMBOA Filipe Viveiros	02	CAFBDP	26.01	50m	09-02-20	Lisboa	519
90.	SILVA Rodrigo Reis	98	CCLAMAS	26.02	50m	02-02-20	Povoa de Varzim	518
90.	MERUJE Joaquim Agra	01	CUC	26.02	50m	08-05-21	Coimbra	518
92.	MORIM Pedro Soares	02	CNPO	26.05	50m	01-02-20	Povoa de Varzim	517
93.	VIEIRA Pedro Machado	02	SAD	26.06	50m	09-02-20	Lisboa	516
93.	FERNANDES Joao Diogo	98	CFB	26.06	50m	01-03-20	Vila Franca de Xira	516
95.	GONCALVES Joao Pedro	01	ANG	26.09	50m	24-04-21	Coimbra	514
96.	VENTOSO Vicente Morgado	00	EULX	26.11	50m	09-02-20	Lisboa	513
96.	ZINCA Andrei Iulian	00	CAPGE	26.11	50m	09-02-20	Lisboa	513
98.	MENDES Joao Nogueira	02	CIRL	26.12	50m	01-03-20	Vila Franca de Xira	513

50 Livres (desde 99)

98.	BONANCA Diogo Osorio	01	GCNF	26.12	50m	12-06-21	Loulé	513
100.	PAIS Joao Ventura	02	FBSC	26.14	50m	11-01-20	Coimbra	511

100 Livres

1.	SAHNOUNE Oussama	92	SLB	48.97	50m	21-08-19	CASA BLANCA (MAR)	879
2.	NASCIMENTO Miguel Duarte	95	SLB	49.04	50m	20-12-20	Oeiras	875
3.	SANTOS Alexis Manacas	92	SCP	50.22	50m	04-08-19	Funchal	815
4.	GUTIERREZ Juan Francisco Se94ra	LDC	LDC	50.79	50m	20-12-20	Oeiras	787
5.	SILVA Fernando Souza	86	SFUAP	51.15	50m	06-06-21	Porto	771
6.	MOGNE Igor Araujo	96	SCP	51.42	50m	02-08-19	Funchal	759
7.	MADUREIRA Gustavo Almeida	94	AAC	51.56	50m	04-08-19	Funchal	753
8.	PEREIRA Luiz Pedro	91	CRF/RJ	51.62	50m	20-03-21	Rio Janeiro (BRA)	750
9.	LOPES Tomas Teixeira	02	VSC	51.64	50m	29-05-21	Coimbra	749
10.	SILVA Glauber	86	FOCA	51.74	50m	04-08-19	Funchal	745
11.	CARVALHO Diogo Filipe	88	CGA	51.79	50m	20-12-20	Oeiras	743
12.	AIRES Rafael Alcantara	01	SLB	51.80	50m	04-08-19	Funchal	742
13.	DIAS Guilherme Pereira	97	SLB	51.94	50m	04-08-19	Funchal	736
14.	COSTA Tiago Cunha	99	SCP	51.96	50m	27-03-21	Coimbra	735
15.	POLIAKOV Artiom Viatcheslavc93ch	COL	COL	52.05	50m	29-05-21	Rio Maior	732
16.	RAMOS Bruno Miguel	97	CFB	52.12	50m	29-05-21	Rio Maior	729
17.	NUNES Porfirio Braga	00	FCP	52.13	50m	29-05-21	Coimbra	728
18.	RIBAS Alexandre Lages	97	EDV	52.21	50m	02-02-20	Povoa de Varzim	725
19.	LEBRE Diogo Ramos	01	SLB	52.31	50m	02-08-19	Funchal	721
19.	SCHILLING Leonardo	93	FCP	52.31	50m	29-05-21	Coimbra	721
21.	COSTA Diogo Santos	02	ADRCIMM	52.35	50m	27-03-21	Coimbra	719
22.	LOPES Gabriel Jose	97	ALN	52.36	50m	27-03-21	Coimbra	719
23.	SANTOS Joao Duarte	95	CNOL	52.38	50m	04-08-19	Funchal	718
24.	PINHO Manuel Antonio	01	CDF	52.39	50m	04-08-19	Funchal	717
25.	VELOSO Tomas Miguel	96	SANC	52.40	50m	08-02-20	Lisboa	717
26.	SANTOS Pedro Andre	94	SAD	52.47	50m	25-04-21	Coimbra	714
27.	SANTOS Francisco Rogerio	98	SCP	52.54	50m	09-02-20	Lisboa	711
28.	PADRELA Joao Esteves	99	CFB	52.56	50m	20-12-20	Oeiras	710
29.	PEDRO Daniel Rochinha	98	AHBE	52.83	50m	08-02-20	Lisboa	700
30.	MARQUES Miguel Henriques	00	SLB	52.93	50m	29-05-21	Rio Maior	696
31.	COSTA Joao Nogueira	01	VSC	53.09	50m	27-03-21	Coimbra	689
32.	AGOSTINHO Miguel Diogo	00	FBSC	53.11	50m	02-08-19	Funchal	689
33.	BATE Afonso Ribeiro	98	SAD	53.12	50m	04-08-19	Funchal	688
33.	SOARES Tiago Silva	99	FCP	53.12	50m	04-08-19	Funchal	688
35.	CORTINES Juan Salvador Durar96	LDC	LDC	53.42	50m	29-05-21	Rio Maior	677
36.	TINOCO Joao Pereira	00	GDNFAMA	53.47	50m	04-08-19	Funchal	675
37.	FERRAO Goncalo Carvalho	01	CDCP	53.52	50m	04-08-19	Funchal	673
38.	GOMES Rodrigo Ribeiro	00	CAQC	53.58	50m	29-05-21	Coimbra	671
39.	KOT Viktor	98	DNMG	53.62	50m	04-08-19	Funchal	669
40.	FRANCISCO Daniel Sebastiao	00	FCP	53.69	50m	06-06-21	Porto	666
41.	SANTOS Dario Almeida	93	LSC	53.71	50m	04-08-19	Funchal	666
42.	ROCHA Ricardo Filipe	02	CAP	53.77	50m	04-08-19	Funchal	664
43.	MACHADO Francisco Carvalho	98	SAD	53.87	50m	20-12-20	Oeiras	660
44.	AMORIM Alexandre Ferreira	99	LSC	53.89	50m	27-03-21	Coimbra	659
45.	GOMES Filipe Miguel	97	ADBA	54.09	50m	04-08-19	Funchal	652

100 Livres (desde 46)

45.	COTOVIO Ricardo Ferreira	91	VKGS	54.09	50m	01-03-20	Vila Franca de Xira	652
47.	LOURENCO Tiago Campos	02	CNV	54.12	50m	29-05-21	Coimbra	651
48.	FERNANDES Pedro Miguel	99	GDNFAMA	54.19	50m	04-08-19	Funchal	648
48.	NUNES Diogo Barbosa	00	FCP	54.19	50m	02-02-20	Povoa de Varzim	648
50.	SANTOS Pedro Miguel	01	FCP	54.22	50m	02-08-19	Funchal	647
51.	PEDROSA Carlos Lopes	94	CAFBDP	54.32	50m	08-02-20	Lisboa	644
52.	SIMOES Bernardo Jorge	02	CNTN	54.53	50m	04-08-19	Funchal	636
53.	DEUS Andre Portugal	02	CNF	54.55	50m	04-08-19	Funchal	635
54.	CAMOES Tiago Maria	01	SFUAP	54.64	50m	02-08-19	Funchal	632
55.	JACINTO Rafael Rodrigues	02	CFB	54.65	50m	02-08-19	Funchal	632
56.	MACHADO Tiago Andrade	02	CGA	54.70	50m	02-02-20	Povoa de Varzim	630
57.	FAUSTINO Matheus Costa	98	SCB	54.79	50m	29-05-21	Coimbra	627
58.	ALFAMA Martim Primavera	02	GESL	54.87	50m	08-02-20	Lisboa	624
59.	GOMES Sebastiao Mendes	00	PIMP	54.96	50m	04-08-19	Funchal	621
60.	AMARAL Francisco Rodriguez	02	CDCA	55.12	50m	08-02-20	Lisboa	616
61.	PINOTES Pedro Miguel	89	ANG	55.13	50m	25-04-21	Coimbra	616
62.	PIRES Ricardo Saraiva	98	CIRL	55.15	50m	01-03-20	Vila Franca de Xira	615
63.	PEREIRA Joao Neto	02	FBSC	55.48	50m	08-02-20	Lisboa	604
64.	LOPES David Granja	90	AONDA	55.51	50m	08-02-20	Lisboa	603
65.	MACHADO Joao Daniel	99	SFUAP	55.57	50m	01-03-20	Vila Franca de Xira	601
66.	FARIA Rui Pedro	94	GDNFAMA	55.61	50m	02-02-20	Povoa de Varzim	600
67.	VIEGAS Hugo Miguel	02	CNOL	55.62	50m	08-02-20	Lisboa	599
68.	LADEIRA Rodrigo Santos	97	FBSC	55.65	50m	22-02-20	Coimbra	598
69.	BRITO Bernardo Geada	02	SFUAP	55.66	50m	04-08-19	Funchal	598
70.	DOMINGUES Ricardo Jorge	02	FBSC	55.75	50m	08-05-21	Coimbra	595
71.	JOAQUIM Andre Serro	00	00603	55.76	50m	26-02-21	CADIZ (ESP)	595
72.	CORREIA Joao Mota	97	SLB	55.77	50m	08-02-20	Lisboa	595
73.	SILVA Paulo Filipe	98	CNMAIA	55.85	50m	02-02-20	Povoa de Varzim	592
74.	MACHADO Ricardo Manuel	93	SCB	55.94	50m	02-02-20	Povoa de Varzim	589
75.	CARREIRO Pedro Dordio	97	GESL	55.96	50m	29-02-20	Vila Franca de Xira	589
76.	PEREIRA Joao Peixoto	01	SCB	55.98	50m	02-02-20	Povoa de Varzim	588
77.	MENDES Joao Nogueira	02	CIRL	56.00	50m	01-03-20	Vila Franca de Xira	587
78.	AUGUSTO Bernardo Antunes	00	AONDA	56.14	50m	08-02-20	Lisboa	583
79.	ESTEVEES Pedro Ferraz	99	CNLX	56.25	50m	08-02-20	Lisboa	580
80.	NEVES Pedro Barata	00	CIRL	56.30	50m	29-02-20	Vila Franca de Xira	578
81.	BARROS Bruno Rey	01	SCP	56.44	50m	08-02-20	Lisboa	574
82.	CAROLA Hugo Filipe	01	CGA	56.49	50m	09-02-20	Lisboa	572
83.	FERNANDES Joao Vitor	00	CEOL	56.53	50m	22-02-20	Funchal	571
84.	MATEUS Diogo Garcez	02	AONDA	56.64	50m	01-03-20	Vila Franca de Xira	568
85.	MARCOS Alexandre Teixeira	00	LDC	56.67	50m	08-02-20	Lisboa	567
86.	RODRIGUES Pedro Reis	02	CDSR	56.72	50m	28-02-20	Funchal	565
87.	VIEIRA Pedro Perez	02	SAD	56.87	50m	01-03-20	Vila Franca de Xira	561
88.	VIEIRA Pedro Machado	02	SAD	56.88	50m	08-02-20	Lisboa	560
89.	CATALAO Daniel Nogueira	00	SLB	56.89	50m	29-02-20	Vila Franca de Xira	560
90.	PIRES Joao Nuno	94	CNG	56.90	50m	08-02-20	Lisboa	560
91.	NEVES Tiago Correia	97	CFB	56.91	50m	20-12-20	Oeiras	560
92.	MESTRE Afonso Godinho	95	CNLX	56.92	50m	01-03-20	Vila Franca de Xira	559
93.	RIBEIRO Luis Manuel	02	FCP	57.00	50m	06-06-21	Porto	557
94.	FERNANDES Joao Diogo	98	CFB	57.14	50m	01-03-20	Vila Franca de Xira	553
95.	GONCALVES Joao Pedro	01	ANG	57.21	50m	25-04-21	Coimbra	551

100 Livres (desde 96)

96.	PAIS Joao Ventura	02	FBSC	57.23	50m	09-02-20	Lisboa	550
97.	SILVA Rodrigo Reis	98	CCLAMAS	57.35	50m	02-02-20	Povoa de Varzim	547
98.	VENTOSO Vicente Morgado	00	EULX	57.37	50m	08-02-20	Lisboa	546
99.	CAETANO Gino Santos	94	POR	57.41	50m	09-09-19	LONDON (GBR)	545
100.	NUNES Guilherme Oliveira	98	LSC	57.46	50m	02-02-20	Povoa de Varzim	544

200 Livres

1.	NASCIMENTO Miguel Duarte	95	SLB	1:49.30	50m	09-02-20	Lisboa	812
2.	VELOSO Tomas Miguel	96	CNAC	1:50.61	50m	02-08-19	Funchal	784
3.	LOPES Tomas Teixeira	02	VSC	1:50.89	50m	24-04-21	Coimbra	778
4.	COSTA Tiago Cunha	99	SCP	1:51.07	50m	24-04-21	Coimbra	774
5.	SANTOS Alexis Manacas	92	POR	1:51.46	50m	05-06-21	BARCELONA (ESP)	766
6.	MOGNE Igor Araujo	96	SCP	1:52.48	50m	27-03-21	Coimbra	745
7.	AIRES Rafael Alcantara	01	SLB	1:52.66	50m	02-08-19	Funchal	742
8.	CARVALHO Diogo Filipe	88	CGA	1:52.87	50m	19-12-20	Oeiras	738
9.	RAMOS Bruno Miguel	97	CFB	1:52.93	50m	19-12-20	Oeiras	736
10.	LOPES Jose Paulo	00	SCB	1:53.24	50m	13-02-21	Oeiras	730
11.	SANTOS Joao Duarte	95	CNOL	1:54.48	50m	02-08-19	Funchal	707
12.	SANTOS Pedro Miguel	01	FCP	1:54.92	50m	02-08-19	Funchal	699
13.	NUNES Diogo Barbosa	00	FCP	1:54.94	50m	01-08-19	Funchal	698
14.	BATE Afonso Ribeiro	98	SAD	1:54.97	50m	02-08-19	Funchal	698
15.	CAMPOS Tiago Filipe	99	CNRM	1:55.14	50m	19-12-20	Oeiras	695
16.	COSTA Diogo Santos	02	ADRCIMM	1:55.32	50m	29-05-21	Rio Maior	691
17.	CHACON MATEOS FRANCISCO	99	JaviLDC	1:55.33	50m	09-02-20	Lisboa	691
18.	BASTOS Lucas Pereira	00	CNAC	1:55.67	50m	27-03-21	Coimbra	685
19.	VITAL Joao Alexandre	98	SCP	1:55.87	50m	09-02-20	Lisboa	682
20.	PINHO Manuel Antonio	01	CDF	1:56.12	50m	02-08-19	Funchal	677
20.	LOPES Gabriel Jose	97	ALN	1:56.12	50m	22-02-20	Coimbra	677
22.	LEBRE Diogo Ramos	01	SLB	1:56.40	50m	02-08-19	Funchal	672
23.	PADRELA Joao Esteves	99	CFB	1:56.71	50m	29-05-21	Rio Maior	667
24.	JORGE Duarte Miguel	01	CGA	1:56.85	50m	02-08-19	Funchal	665
25.	DANTAS Diogo Leal	00	SCP	1:56.95	50m	02-08-19	Funchal	663
26.	GOMES Sebastiao Mendes	00	PIMP	1:56.98	50m	02-08-19	Funchal	662
27.	CORTINES Juan Salvador Duran	96	LDC	1:57.12	50m	29-05-21	Rio Maior	660
28.	SANTOS Francisco Rogerio	98	SCP	1:57.16	50m	09-02-20	Lisboa	659
29.	DEUS Andre Portugal	02	CNF	1:57.30	50m	02-08-19	Funchal	657
30.	CORDEIRO Tiago Roberto	00	SLB	1:57.36	50m	01-08-19	Funchal	656
31.	FERRAO Goncalo Carvalho	01	CDCP	1:57.38	50m	02-08-19	Funchal	656
32.	TRAVANCA Sergio Filipe	00	LSC	1:57.49	50m	02-08-19	Funchal	654
33.	NUNES Francisco Costa	02	CCDSM	1:57.88	50m	02-08-19	Funchal	647
34.	AMARAL Francisco Rodriguez	02	FCP	1:57.97	50m	29-05-21	Coimbra	646
35.	MASCARENHAS Henrique Silva	01	CFP	1:58.02	50m	05-06-21	Porto	645
36.	PEDRO Daniel Rochinha	98	AHBE	1:58.08	50m	02-08-19	Funchal	644
37.	AGOSTINHO Miguel Diogo	00	FBSC	1:58.38	50m	01-08-19	Funchal	639
38.	SOARES Tiago Silva	99	FCP	1:58.64	50m	02-08-19	Funchal	635
39.	FARIA Rui Pedro	94	GDNFAMA	1:58.68	50m	01-02-20	Povoa de Varzim	634
40.	SIMOES Bernardo Jorge	02	CNTN	1:59.16	50m	02-08-19	Funchal	627
40.	JACINTO Rafael Rodrigues	02	CFB	1:59.16	50m	19-12-20	Oeiras	627
42.	GOMES Filipe Miguel	97	MAW	1:59.19	50m	27-03-21	Coimbra	626

200 Livres (desde 43)

43.	MACHADO Tiago Andrade	02	CGA	1:59.30	50m	01-02-20	Povoa de Varzim	624
44.	RODRIGUES Pedro Reis	02	CDSR	1:59.61	50m	29-02-20	Funchal	620
45.	CARDOSO Diogo Santos	01	ADRCIMM	2:00.17	50m	13-02-21	Oeiras	611
46.	BARROS Bruno Rey	01	SCP	2:00.23	50m	09-02-20	Lisboa	610
47.	PEREIRA Joao Neto	02	FBSC	2:00.45	50m	02-08-19	Funchal	607
48.	NEVES Pedro Barata	00	CIRL	2:00.65	50m	09-02-20	Lisboa	604
49.	GOMES Rodrigo Ribeiro	00	FBSC	2:01.17	50m	02-08-19	Funchal	596
50.	COTOVIO Ricardo Ferreira	91	VKGS	2:01.18	50m	28-02-20	Vila Franca de Xira	596
51.	CRISTINO David Matias	01	SFUAP	2:01.28	50m	09-02-20	Lisboa	594
52.	CAMOES Tiago Maria	01	SFUAP	2:01.47	50m	01-08-19	Funchal	592
53.	ALFAMA Martim Primavera	02	GESL	2:01.89	50m	29-02-20	Vila Franca de Xira	585
54.	CARREIRO Pedro Dordio	97	GESL	2:02.11	50m	29-02-20	Vila Franca de Xira	582
55.	VIEGAS Hugo Miguel	02	CNOL	2:02.29	50m	05-06-21	Porto	580
56.	MENDES Joao Nogueira	02	CIRL	2:02.48	50m	29-02-20	Vila Franca de Xira	577
57.	SILVA Pedro Miguel	94	ADRCIMM	2:02.54	50m	13-02-21	Oeiras	576
58.	FAUSTINO Matheus Costa	98	SCB	2:02.75	50m	18-01-20	Povoa de Varzim	573
59.	SANTO Filipe Miguel	00	SLB	2:03.09	50m	29-02-20	Vila Franca de Xira	569
60.	SOUZA Francisco Alves	02	GESL	2:03.27	50m	01-08-19	Funchal	566
61.	MALFEITO Martim Rebelo	02	CNLX	2:03.52	50m	24-04-21	Coimbra	563
62.	PIRES Ricardo Saraiva	98	CIRL	2:03.81	50m	29-02-20	Vila Franca de Xira	559
63.	CORREIA Joao Mota	97	SLB	2:03.86	50m	09-02-20	Lisboa	558
64.	ARZILEIRO Bernardo Vinagre	01	CUC	2:03.87	50m	22-02-20	Coimbra	558
65.	MATEUS Diogo Garcez	02	AONDA	2:04.04	50m	29-02-20	Vila Franca de Xira	556
66.	LUZ Filipe Ferreira	98	GESL	2:04.12	50m	09-02-20	Lisboa	554
67.	CARVALHO Daniel Luis	02	SCB	2:04.26	50m	01-02-20	Povoa de Varzim	553
68.	SILVA Paulo Filipe	98	CNMAIA	2:04.29	50m	01-02-20	Povoa de Varzim	552
69.	MADUREIRA Gustavo Almeida	94	SANC	2:04.33	50m	09-02-20	Lisboa	552
70.	SANTOS Joao Carlos	96	SFUAP	2:04.51	50m	05-06-21	Porto	549
71.	CATALAO Daniel Nogueira	00	SLB	2:04.67	50m	29-02-20	Vila Franca de Xira	547
72.	DOMINGUES Ricardo Jorge	02	FBSC	2:04.77	50m	22-02-20	Coimbra	546
73.	MARREIROS Ricardo Basilio	97	CDCP	2:04.83	50m	09-02-20	Lisboa	545
74.	VARGAS Joao Manuel	00	SLB	2:04.90	50m	29-02-20	Vila Franca de Xira	544
75.	ROCHA Ricardo Filipe	02	CAP	2:05.22	50m	18-01-20	Povoa de Varzim	540
76.	OLIVEIRA Luis Carlos	97	CNMAIA	2:05.33	50m	01-02-20	Povoa de Varzim	539
77.	MAGALHAES Hugo Nunes	02	SAD	2:05.49	50m	29-02-20	Vila Franca de Xira	536
78.	FERNANDES Joao Vitor	00	CEOL	2:05.58	50m	22-02-20	Funchal	535
79.	VIEIRA Pedro Perez	02	SAD	2:05.75	50m	29-02-20	Vila Franca de Xira	533
80.	MARUJO Ricardo Silva	00	GESL	2:05.82	50m	29-02-20	Vila Franca de Xira	532
81.	RIBEIRO Afonso Mateus	95	CFB	2:05.94	50m	29-02-20	Vila Franca de Xira	531
82.	CARVALHO Jose Paula	98	SAD	2:06.14	50m	09-02-20	Lisboa	528
83.	SALGADO Goncalo Sampaio	02	GDNFAMA	2:06.37	50m	01-02-20	Povoa de Varzim	525
84.	SANTOS Goncalo Duarte	00	VKGS	2:06.68	50m	29-02-20	Vila Franca de Xira	522
85.	NEVES Tiago Correia	97	CFB	2:07.24	50m	25-01-20	Rio Maior	515
86.	MESTRE Afonso Godinho	95	CNLX	2:07.51	50m	28-02-20	Vila Franca de Xira	511
87.	DINIS Miguel Monteiro	01	SAD	2:07.64	50m	29-02-20	Vila Franca de Xira	510
88.	OVIEDO Miguel Freitas	02	AAC	2:07.72	50m	22-02-20	Coimbra	509
89.	PAIS Joao Ventura	02	FBSC	2:08.00	50m	22-02-20	Coimbra	506
90.	MORIM Francisco Emanuel	02	CFV	2:08.01	50m	18-01-20	Povoa de Varzim	505
91.	GONCALVES Joao Pedro	01	ANG	2:08.02	50m	27-03-21	Coimbra	505
92.	CRUZ Miguel Duarte	99	CFB	2:08.30	50m	02-08-19	Funchal	502

200 Livres (desde 93)

93.	SANTOS Dario Almeida	93	LSC	2:08.38	50m	05-06-21	Porto	501
94.	CASTRO Martim Pereira	02	CEOL	2:08.47	50m	29-02-20	Funchal	500
95.	ESTEVES Pedro Ferraz	99	CNLX	2:09.04	50m	29-02-20	Vila Franca de Xira	493
96.	DUARTE Joao Nunes	01	ANG	2:09.15	50m	24-04-21	Coimbra	492
97.	OLIVEIRA Pedro Freitas	02	CNF	2:09.33	50m	29-02-20	Funchal	490
98.	MOREIRA Ricardo Jorge	01	CNV	2:09.55	50m	01-02-20	Povoa de Varzim	488
99.	LADEIRA Rodrigo Santos	97	FBSC	2:09.56	50m	22-02-20	Coimbra	487
100.	SILVA Joao Jesus	02	JACL	2:09.85	50m	25-01-20	Funchal	484

400 Livres

1.	LOPES Jose Paulo	00	POR	3:50.56	50m	06-06-21	BARCELONA (ESP)	869
2.	VELOSO Tomas Miguel	96	CNAC	3:54.96	50m	03-08-19	Funchal	821
3.	MOGNE Igor Araujo	96	SCP	3:58.01	50m	20-12-20	Oeiras	790
4.	GIL Rafael Lourenco	96	SCP	3:58.02	50m	03-08-19	Funchal	790
4.	COSTA Tiago Cunha	99	SCP	3:58.02	50m	25-04-21	Coimbra	790
6.	LOPES Tomas Teixeira	02	POR	3:58.99	50m	15-08-20	Loule	780
7.	SANTOS Pedro Miguel	01	FCP	4:01.73	50m	03-08-19	Funchal	754
8.	BASTOS Lucas Pereira	00	CNAC	4:03.91	50m	03-08-19	Funchal	734
9.	NUNES Diogo Barbosa	00	FCP	4:04.11	50m	03-08-19	Funchal	732
10.	PINA Guilherme Filipe	98	SCP	4:04.26	50m	03-08-19	Funchal	731
11.	CARDOSO Diogo Santos	01	ADRCIMM	4:05.07	50m	20-12-20	Oeiras	724
12.	VITAL Joao Alexandre	98	SCP	4:05.20	50m	03-08-19	Funchal	722
13.	CAMPOS Tiago Filipe	99	CNRM	4:06.05	50m	20-12-20	Oeiras	715
14.	BATE Afonso Ribeiro	98	SAD	4:07.70	50m	03-08-19	Funchal	701
15.	BATE Miguel Ribeiro	99	SAD	4:08.23	50m	08-02-20	Lisboa	696
16.	CRISTINO David Matias	01	SFUAP	4:08.64	50m	03-08-19	Funchal	693
17.	DEUS Andre Portugal	02	CNF	4:08.88	50m	03-08-19	Funchal	691
18.	JORGE Duarte Miguel	01	CGA	4:09.41	50m	03-08-19	Funchal	686
19.	TRAVANCA Sergio Filipe	00	LSC	4:10.04	50m	03-08-19	Funchal	681
20.	AMARAL Francisco Rodriguez	02	CDCA	4:11.61	50m	08-02-20	Lisboa	669
21.	LOPES Gabriel Jose	97	ALN	4:11.70	50m	11-01-20	Coimbra	668
22.	BARROS Bruno Rey	01	SCP	4:11.96	50m	08-02-20	Lisboa	666
23.	MASCARENHAS Henrique Silva	01	CFP	4:12.94	50m	06-06-21	Porto	658
24.	RODRIGUES Pedro Reis	02	SANMAD	4:13.57	50m	08-02-20	Lisboa	653
25.	CARVALHO Daniel Luis	02	SCB	4:13.63	50m	03-08-19	Funchal	653
26.	NUNES Francisco Costa	02	SCP	4:14.37	50m	08-02-20	Lisboa	647
27.	SILVA Pedro Miguel	94	ADRCIMM	4:14.63	50m	01-03-20	Vila Franca de Xira	645
28.	JACINTO Rafael Rodrigues	02	CFB	4:15.23	50m	03-08-19	Funchal	641
29.	FARIA Rui Pedro	94	GDNFAMA	4:15.57	50m	02-02-20	Povoa de Varzim	638
30.	NEVES Pedro Barata	00	CIRL	4:15.91	50m	01-03-20	Vila Franca de Xira	635
31.	PEDRO Daniel Rochinha	98	AHBE	4:16.08	50m	01-03-20	Vila Franca de Xira	634
32.	MONTEIRO Tomas Penha	02	SAD	4:16.59	50m	03-08-19	Funchal	630
33.	GOMES Sebastiao Mendes	00	PIMP	4:16.89	50m	03-08-19	Funchal	628
34.	FERNANDES Eduardo Gomes	02	SCP	4:17.22	50m	03-08-19	Funchal	626
35.	DINIS Tiago Moises	98	CNAC	4:18.83	50m	08-02-20	Lisboa	614
36.	RIBEIRO Luis Manuel	02	FCP	4:20.25	50m	06-06-21	Porto	604
37.	VIEGAS Hugo Miguel	02	CNOL	4:20.57	50m	06-06-21	Porto	602
38.	FROTA Paulo Andre	02	CAQC	4:21.37	50m	03-08-19	Funchal	596
39.	CARREIRO Pedro Dordio	97	GESL	4:21.67	50m	01-03-20	Vila Franca de Xira	594

400 Livres (desde 40)

40.	LUZ Filipe Ferreira	98	GESL	4:22.07	50m	01-03-20	Vila Franca de Xira	592
41.	GOMES Rodrigo Ribeiro	00	SANC	4:23.19	50m	08-02-20	Lisboa	584
42.	GRACHAT David Realista	87	POR	4:24.07	50m	13-09-19	LONDON (GBR)	578
43.	SALGADO Goncalo Sampaio	02	GDNFAMA	4:24.57	50m	02-02-20	Povoa de Varzim	575
44.	RIBEIRO Afonso Mateus	95	CFB	4:25.05	50m	01-03-20	Vila Franca de Xira	572
45.	AMORIM Ivan Emanuel	02	CNCE	4:25.61	50m	25-04-21	Coimbra	568
46.	PADRELA Joao Esteves	99	CFB	4:26.29	50m	01-03-20	Vila Franca de Xira	564
47.	SANTOS Joao Carlos	96	SFUAP	4:27.15	50m	06-06-21	Porto	559
48.	SANTOS Afonso Amaro	02	GESL	4:27.65	50m	08-02-20	Lisboa	555
49.	CRUZ Miguel Duarte	99	CFB	4:28.84	50m	20-12-20	Oeiras	548
50.	DUARTE Joao Nunes	01	CNCE	4:30.25	50m	28-03-21	Coimbra	539
51.	NEVES Tiago Correia	97	CFB	4:30.75	50m	03-08-19	Funchal	537
52.	MESTRE Afonso Godinho	95	CNLX	4:31.64	50m	01-03-20	Vila Franca de Xira	531
53.	CAETANO Gino Santos	94	CGA	4:31.94	50m	03-08-19	Funchal	529
54.	OVIEDO Miguel Freitas	02	AAC	4:32.96	50m	11-01-20	Coimbra	524
55.	PAIS Joao Ventura	02	FBSC	4:33.01	50m	11-01-20	Coimbra	523
56.	DIAS Simao Pedro	02	CNG	4:33.35	50m	08-02-20	Lisboa	521
57.	PIEIDADE Sebastiao Limbert	00	SAD	4:33.39	50m	01-03-20	Vila Franca de Xira	521
58.	SILVA Afonso Varelas	01	DNMG	4:34.55	50m	02-02-20	Povoa de Varzim	515
59.	OLIVEIRA Pedro Freitas	02	CNF	4:36.39	50m	01-03-20	Funchal	504
60.	BELEZAS Ricardo Andrade	91	SCP	4:37.10	50m	03-08-19	Funchal	500
61.	MARQUES Rui Joao	02	CNAC	4:37.52	50m	11-01-20	Coimbra	498
62.	ESTEVES Pedro Ferraz	99	CNLX	4:39.18	50m	01-03-20	Vila Franca de Xira	489
63.	GONCALVES Francisco Xavier	97	CNAC	4:39.37	50m	11-01-20	Coimbra	488
64.	KULIK Maxim	99	AAC	4:45.78	50m	11-01-20	Coimbra	456
65.	VIEIRA Duarte Nuno	95	JACL	4:46.46	50m	01-03-20	Funchal	453
66.	CASTRO Martim Pereira	02	CEOL	4:46.71	50m	22-02-20	Funchal	452
67.	LOBO Pedro Cerqueira	01	FS	4:47.30	50m	01-03-20	Vila Franca de Xira	449
68.	JULIO Gabriel Jose	01	AAC	4:49.10	50m	11-01-20	Coimbra	441
69.	BASTOS Vasco Pereira	02	CNAC	4:50.00	50m	11-01-20	Coimbra	437
70.	MENESES Marco Ribeiro	01	POR	4:56.01	50m	22-05-21	Funchal	410
71.	MARIANO Samuel Andre	02	CNLA	4:57.78	50m	02-02-20	Povoa de Varzim	403
72.	CHAVEIRO Francisco Martins	02	PORTIN	5:02.92	50m	13-06-21	Loulé	383
73.	LINHARES Ruben Daniel	97	CNRM	5:04.20	50m	25-01-20	Rio Maior	378
74.	SOARES Ricardo Aderneira	99	GESL	5:10.47	50m	25-01-20	Rio Maior	356
75.	VIDEIRA Daniel Carlos	92	POR	5:15.72	50m	19-05-21	Funchal	338
76.	JORGE Andre Camara	90	CEOL	5:18.51	50m	25-01-20	Rio Maior	329
77.	CASTANHEIRA Rodolfo Francisco	01	GESL	5:26.85	50m	18-01-20	Coimbra	305
78.	SILVA Renato Filipe	98	FCP	5:27.98	50m	03-11-19	Porto	302
79.	REIS Bruno Ferreira	00	FCP	5:34.01	50m	25-01-20	Rio Maior	286
80.	RIBEIRO Pedro Miguel	91	ADDEG	5:36.12	50m	03-11-19	Porto	280
81.	ASSUNCAO Luis Miguel	01	FCP	5:36.21	50m	25-01-20	Rio Maior	280
82.	FREITAS Eduardo Luis	99	ADM	5:51.84	50m	19-06-21	Funchal	244
83.	BRITO Rui Xavier	99	SCA	5:59.15	50m	08-12-19	Povoa de Varzim	230
84.	NASCIMENTO Levi Daniel	99	O2ADCP	6:05.91	50m	08-12-19	Povoa de Varzim	217
85.	ALMEIDA Andre Reis	00	POR	6:10.97	50m	20-09-19	OLBIA (ITA)	208
86.	BRANCO Miguel Paiva	97	APPDAC	6:24.76	50m	25-01-20	Rio Maior	187
87.	SILVA Andre Guimaraes	96	FCP	6:24.93	50m	03-11-19	Porto	186
88.	RIBEIRO Jose Augusto	92	POR	6:25.32	50m	20-09-19	OLBIA (ITA)	186
89.	MONTES Francisco Pessanha	02	POR	6:28.77	50m	20-09-19	OLBIA (ITA)	181

400 Livres (desde 90)

90.	DUARTE Orlando Constancio	89	SCA	6:28.88	50m	08-12-19	Povoa de Varzim	181
91.	GOUVEIA Francisco Mario	75	FVCD	6:41.84	50m	03-11-19	Porto	164
92.	SANTOS Filipe Bjorcke	88	O2ADCP	7:00.15	50m	08-12-19	Povoa de Varzim	143
93.	VICENTE Francisco Jose	99	SCP	7:12.74	50m	25-01-20	Rio Maior	131
94.	SANTOS Diogo Filipe	91	FVCD	7:30.31	50m	08-12-19	Povoa de Varzim	116
95.	PEREIRA Joel Alexandre	92	APCC	7:50.91	50m	18-01-20	Coimbra	102
96.	SILVA Bruno Miguel	93	FCP	7:52.85	50m	25-01-20	Rio Maior	100
97.	ALVES Nuno Diogo	88	ADDEG	7:53.90	50m	18-01-20	Coimbra	100
98.	GONCALVES Hugo Bernardo	96	FCP	8:05.78	50m	08-12-19	Povoa de Varzim	92
99.	PINTO Jose Manuel	00	ADADA	8:06.90	50m	08-12-19	Povoa de Varzim	92
100.	VALENTE Jose Pedro	98	FVCD	8:37.40	50m	08-12-19	Povoa de Varzim	76

800 Livres

1.	LOPES Jose Paulo	00	POR	7:52.68	50m	22-05-21	Budapest (HUN)	875
2.	GIL Rafael Lourenco	96	SCP	8:13.20	50m	04-08-19	Funchal	770
3.	VELOSO Tomas Miguel	96	CNAC	8:21.58	50m	30-05-21	Coimbra	732
4.	CAMPOS Tiago Filipe	99	CNRM	8:24.46	50m	20-12-20	Oeiras	719
5.	CARDOSO Diogo Santos	01	ADRCIMM	8:25.30	50m	20-12-20	Oeiras	716
6.	SANTOS Pedro Miguel	01	FCP	8:28.61	50m	22-05-21	Gijón (ESP)	702
7.	COSTA Tiago Cunha	99	SCP	8:33.06	50m	14-02-21	Oeiras	684
8.	DEUS Andre Portugal	02	CNF	8:34.11	50m	04-08-19	Funchal	680
9.	AMARAL Francisco Rodriguez	02	FCP	8:36.67	50m	30-05-21	Coimbra	670
10.	CARVALHO Daniel Luis	02	SCB	8:40.14	50m	30-05-21	Coimbra	656
11.	LOPES Tomas Teixeira	02	VSC	8:45.03	50m	28-03-21	Coimbra	638
12.	JORGE Duarte Miguel	01	CGA	8:46.33	50m	04-08-19	Funchal	633
13.	NEVES Pedro Barata	00	CIRL	8:50.42	50m	08-02-20	Lisboa	619
14.	MASCARENHAS Henrique Silva	01	ANG	8:53.69	50m	28-03-21	Coimbra	607
15.	JACINTO Rafael Rodrigues	02	CFB	8:57.29	50m	01-03-20	Vila Franca de Xira	595
16.	RIBEIRO Luis Manuel	02	FCP	8:57.80	50m	05-06-21	Porto	594
17.	PINOTES Pedro Miguel	89	SCP	9:14.78	50m	19-06-21	Loulé	541
18.	CRUZ Miguel Duarte	99	CFB	9:17.95	50m	28-03-21	Coimbra	532
19.	DUARTE Joao Nunes	01	ANG	9:21.48	50m	25-04-21	Coimbra	522
20.	GRACHAT David Realista	87	GESL	9:25.68	50m	07-12-19	Povoa de Varzim	510
21.	BELEZAS Ricardo Andrade	91	POR	9:33.38	50m	27-08-19	SÃO PAULO (BRA)	490
22.	VIEIRA Duarte Nuno	95	JACL	10:03.90	50m	29-02-20	Funchal	419
23.	BELO Francisco Miguel	02	CDN	10:18.27	50m	29-02-20	Funchal	391
24.	MENESES Marco Ribeiro	01	CRASTO	10:43.40	50m	07-12-19	Povoa de Varzim	346
25.	CHAVEIRO Francisco Martins	02	PORTIN	10:44.63	50m	19-06-21	Loulé	345
26.	RIBEIRO Pedro Miguel	91	ADDEG	11:45.58	50m	07-12-19	Povoa de Varzim	263
27.	ALMEIDA Andre Reis	00	POR	12:43.57	50m	18-09-19	OLBIA (ITA)	207
28.	RIBEIRO Jose Augusto	92	POR	13:13.56	50m	18-09-19	OLBIA (ITA)	184
29.	MONTES Francisco Pessanha	02	POR	13:47.64	50m	18-09-19	OLBIA (ITA)	163
30.	MONTEIRO Luis Miguel	96	ADADA	14:42.96	50m	02-11-19	Porto	134

1500 Livres

1.	LOPES Jose Paulo	00	POR	15:19.76	50m	14-08-20	Loule	849
2.	PINA Guilherme Filipe	98	SCP	15:46.96	50m	01-08-19	Funchal	778
3.	GIL Rafael Lourenco	96	SCP	15:54.10	50m	01-08-19	Funchal	760
4.	CARDOSO Diogo Santos	01	ADRCIMM	15:57.84	50m	19-12-20	Oeiras	751
5.	SANTOS Pedro Miguel	01	FCP	16:12.01	50m	01-08-19	Funchal	719
6.	VELOSO Tomas Miguel	96	CNAC	16:12.58	50m	22-02-20	Coimbra	718
7.	NUNES Diogo Barbosa	00	FCP	16:15.57	50m	01-08-19	Funchal	711
8.	CAMPOS Tiago Filipe	99	CNRM	16:18.04	50m	19-12-20	Oeiras	706
9.	BATE Miguel Ribeiro	99	SAD	16:21.34	50m	09-02-20	Lisboa	699
10.	DEUS Andre Portugal	02	CNF	16:21.76	50m	01-08-19	Funchal	698
11.	CARVALHO Daniel Luis	02	SCB	16:22.41	50m	01-08-19	Funchal	696
12.	BARROS Bruno Rey	01	SCP	16:32.15	50m	29-05-21	Rio Maior	676
13.	JORGE Duarte Miguel	01	CGA	16:41.36	50m	01-08-19	Funchal	658
14.	AMARAL Francisco Rodriguez	02	FCP	16:44.25	50m	29-05-21	Coimbra	652
15.	RODRIGUES Pedro Reis	02	SANMAD	16:45.34	50m	09-02-20	Lisboa	650
16.	FROTA Paulo Andre	02	CAQC	16:49.07	50m	01-08-19	Funchal	643
17.	COSTA Joao Nogueira	01	VSC	16:49.92	50m	01-08-19	Funchal	641
18.	CARVALHO Jose Paula	98	SAD	16:52.62	50m	28-02-20	Vila Franca de Xira	636
19.	TRAVANCA Sergio Filipe	00	INDANP	16:55.93	50m	29-05-21	Coimbra	630
20.	RIBEIRO Luis Manuel	02	FCP	16:56.03	50m	29-05-21	Coimbra	630
21.	JACINTO Rafael Rodrigues	02	CFB	17:00.31	50m	01-08-19	Funchal	622
22.	MONTEIRO Tomas Penha	02	SAD	17:00.79	50m	01-08-19	Funchal	621
23.	SALGADO Goncalo Sampaio	02	GDNFAMA	17:12.79	50m	01-02-20	Povoa de Varzim	599
24.	MARQUES Rui Joao	02	CNAC	17:15.25	50m	01-08-19	Funchal	595
25.	DINIS Tiago Moises	98	CNAC	17:24.53	50m	22-02-20	Coimbra	579
26.	LUZ Filipe Ferreira	98	GESL	17:25.35	50m	28-02-20	Vila Franca de Xira	578
27.	ARZILEIRO Bernardo Vinagre	01	CUC	17:33.38	50m	22-02-20	Coimbra	565
28.	ROCHA Ricardo Filipe	02	CAP	17:34.69	50m	01-02-20	Povoa de Varzim	563
29.	SANTOS Afonso Amaro	02	GESL	17:39.93	50m	28-02-20	Vila Franca de Xira	554
30.	VIEGAS Hugo Miguel	02	CNOL	17:46.65	50m	12-06-21	Loulé	544
31.	ACIOLI Victor Hugo	02	CDF	17:47.17	50m	01-08-19	Funchal	543
32.	DUARTE Joao Nunes	01	ANG	17:50.14	50m	24-08-19	CASA BLANCA (MAR)	539
33.	LOPES Miguel Sanches	01	AVFC	17:53.44	50m	01-08-19	Funchal	534
34.	VENTURA Jose Miguel	97	FBSC	18:11.70	50m	22-02-20	Coimbra	507
35.	PAIS Joao Ventura	02	FBSC	18:11.85	50m	22-02-20	Coimbra	507
36.	GRACHAT David Realista	87	GESL	18:12.44	50m	08-12-19	Povoa de Varzim	506
37.	CRUZ Miguel Duarte	99	CFB	18:15.76	50m	28-02-20	Vila Franca de Xira	502
38.	RIBEIRO Jose Carlos	01	VSC	18:45.87	50m	24-04-21	Coimbra	463
39.	BELEZAS Ricardo Andrade	91	POR	18:55.55	50m	31-08-19	SÃO PAULO (BRA)	451
40.	SOARES Ricardo Aderneira	99	GESL	20:47.59	50m	08-12-19	Povoa de Varzim	340
41.	VIDEIRA Daniel Carlos	92	GESL	22:43.43	50m	08-12-19	Povoa de Varzim	260
42.	RIBEIRO Pedro Miguel	91	ADDEG	22:57.12	50m	03-11-19	Porto	253
43.	ALMEIDA Andre Reis	00	SCP	24:59.39	50m	18-01-20	Coimbra	196
44.	RIBEIRO Jose Augusto	92	POR	25:34.22	50m	21-09-19	OLBIA (ITA)	182
45.	VAZ Joao Francisco	92	SCP	26:14.47	50m	18-01-20	Coimbra	169
46.	MONTEES Francisco Pessanha	02	POR	26:38.79	50m	21-09-19	OLBIA (ITA)	161
47.	VICENTE Francisco Jose	99	SCP	29:13.49	50m	18-01-20	Coimbra	122

50 Costas

1.	SANTOS Alexis Manacas	92	POR	25.28	50m	17-05-21	Budapest (HUN)	855
2.	SANTOS Francisco Rogerio	98	SCP	25.68	50m	01-08-19	Funchal	816
3.	COSTA Joao Nogueira	01	VSC	25.74	50m	05-06-21	Porto	810
4.	NASCIMENTO Miguel Duarte	95	SLB	26.05	50m	01-08-19	Funchal	782
5.	LOPES Gabriel Jose	97	POR	26.09	50m	14-08-20	Loule	778
6.	SILVA Glauber	86	FOCA	26.40	50m	01-08-19	Funchal	751
7.	KOT Viktor	98	DNMG	26.69	50m	01-08-19	Funchal	727
8.	NUNES Porfirio Braga	00	FCP	26.78	50m	29-05-21	Coimbra	719
9.	COSTA Diogo Santos	02	ADRCIMM	26.95	50m	27-03-21	Coimbra	706
10.	ALFAMA Martim Primavera	02	GESL	27.13	50m	01-08-19	Funchal	692
11.	PINHO Manuel Antonio	01	CDF	27.25	50m	01-08-19	Funchal	683
12.	ROSA Rodrigo Antonio	96	SLB	27.34	50m	01-08-19	Funchal	676
13.	BATE Miguel Ribeiro	99	SAD	27.35	50m	01-08-19	Funchal	675
14.	ROCHA Ricardo Filipe	02	CAP	27.45	50m	03-08-19	Funchal	668
15.	FIDALGO Mateus Valente	01	CDE	27.63	50m	02-02-20	Povoa de Varzim	655
16.	FERNANDES Joao Diogo	98	CFB	27.68	50m	01-08-19	Funchal	651
17.	MACHADO Bruno Rafael	01	FCP	27.92	50m	02-02-20	Povoa de Varzim	635
18.	LARANJEIRA Joao Jose	98	CGA	27.96	50m	29-05-21	Coimbra	632
19.	ALMEIDA Carlos Afonso	98	SAD	28.00	50m	01-08-19	Funchal	629
20.	TINOCO Joao Pereira	00	GDNFAMA	28.01	50m	01-08-19	Funchal	629
21.	CORREIA Joao Mota	97	SLB	28.25	50m	01-08-19	Funchal	613
22.	ARZILEIRO Bernardo Vinagre	01	CUC	28.29	50m	01-08-19	Funchal	610
23.	ZENZA Francisco Manuel	01	CNMAIA	28.34	50m	06-06-21	Porto	607
24.	CORREIA Diogo Carrasco	95	CFB	28.39	50m	01-08-19	Funchal	604
25.	MACHADO Tiago Andrade	02	SCA	28.47	50m	01-08-19	Funchal	599
26.	LOPES Joao Francisco	98	SCB	28.53	50m	02-02-20	Povoa de Varzim	595
27.	CRISTINO David Matias	01	SFUAP	28.54	50m	01-08-19	Funchal	594
28.	SANTOS Dario Almeida	93	LSC	28.55	50m	01-08-19	Funchal	594
29.	SILVA Job Santos	96	CDF	28.58	50m	03-08-19	Funchal	592
30.	SOUSA Nuno Alexandre	02	AVFC	28.64	50m	29-05-21	Coimbra	588
31.	DOMINGOS Ruy Manuel	02	SCP	28.66	50m	08-02-20	Lisboa	587
32.	PEDRO Daniel Rochinha	98	AHBE	28.68	50m	01-08-19	Funchal	585
33.	PIRES Ricardo Saraiva	98	CIRL	28.73	50m	08-02-20	Lisboa	582
34.	PEREIRA Mario Alexandre	92	CNAC	28.83	50m	11-01-20	Coimbra	576
35.	DIAS Joao Pedro	02	FBSC	28.85	50m	03-08-19	Funchal	575
36.	PINTO Rodrigo Melo	01	CNCVG	28.91	50m	01-08-19	Funchal	572
37.	LOURENCO Tiago Campos	02	CNV	28.97	50m	01-08-19	Funchal	568
38.	MESTRE Afonso Godinho	95	CNLX	29.02	50m	08-02-20	Lisboa	565
39.	FERRAO Goncalo Carvalho	01	CDCP	29.04	50m	01-08-19	Funchal	564
40.	HADZHILAR Soner Tunay	93	CNOL	29.05	50m	08-02-20	Lisboa	563
41.	FREIRE Carlos Marques	01	CFB	29.14	50m	01-08-19	Funchal	558
42.	FONSECA Luis Filipe	97	CFE	29.20	50m	08-02-20	Lisboa	555
43.	FAUSTINO Matheus Costa	98	SCB	29.21	50m	01-02-20	Povoa de Varzim	554
44.	MAGALHAES Hugo Nunes	02	SAD	29.28	50m	08-02-20	Lisboa	550
45.	MASCARENHAS Henrique Silva	01	ANG	29.36	50m	24-04-21	Coimbra	546
46.	SILVA Joao Jesus	02	JACL	29.46	50m	28-02-20	Funchal	540
47.	GOMES Diogo Sousa	02	PORTIN	29.51	50m	08-02-20	Lisboa	537
48.	PEIXOTO Joao Freitas	01	ADF	29.58	50m	02-02-20	Povoa de Varzim	534
49.	SOUSA Joao Ribeiro	01	FCP	29.62	50m	01-08-19	Funchal	531

50 Costas (desde 50)

50.	JAENES Daniel Sanchez	97	LDC	29.69	50m	08-02-20	Lisboa	528
51.	ZINCA Andrei Iulian	00	CAPGE	29.70	50m	08-02-20	Lisboa	527
52.	OLIVEIRA Rui Goncalves	93	CNMAIA	29.81	50m	06-06-21	Porto	521
53.	LOPES Jose Paulo	00	SCB	29.83	50m	14-02-21	Oeiras	520
54.	KOBAYASHI Bruno Shinji	02	CFV	29.86	50m	02-02-20	Povoa de Varzim	519
55.	VIEGAS Hugo Miguel	02	CNOL	29.97	50m	20-06-21	Loulé	513
56.	MELO Filipe Ferrao	01	CNS	30.00	50m	28-02-20	Vila Franca de Xira	512
57.	SANTOS Alberto Antonio	01	CPSPA	30.01	50m	11-01-20	Coimbra	511
58.	PADRELA Joao Esteves	99	CFB	30.03	50m	28-02-20	Vila Franca de Xira	510
59.	MARTINS Samuel Dias	02	CCLAMAS	30.05	50m	02-02-20	Povoa de Varzim	509
60.	RIBEIRO Luis Manuel	02	FCP	30.06	50m	05-06-21	Porto	508
61.	SILVA Miguel Vicente	02	DNMG	30.07	50m	02-02-20	Povoa de Varzim	508
62.	BASTOS Lucas Pereira	00	CNAC	30.08	50m	11-01-20	Coimbra	507
62.	MORIM Francisco Emanuel	02	CFV	30.08	50m	02-02-20	Povoa de Varzim	507
64.	SANTOS Edgar Filipe	01	SFUAP	30.10	50m	28-02-20	Vila Franca de Xira	506
65.	COSTA Andre Gouveia	01	SANC	30.14	50m	08-02-20	Lisboa	504
66.	PEREIRA Joao Neto	02	FBSC	30.19	50m	08-02-20	Lisboa	502
67.	RODRIGUES Miguel Carvalho	02	CGA	30.21	50m	08-02-20	Lisboa	501
67.	DOMINGUES Ricardo Jorge	02	FBSC	30.21	50m	08-05-21	Coimbra	501
69.	PIMENTEL Alfredo Eugenio	00	CNLA	30.33	50m	02-02-20	Povoa de Varzim	495
70.	SILVA Joao Carlos	98	GDNFAMA	30.39	50m	01-02-20	Povoa de Varzim	492
71.	COELHO Rodrigo Manuel	01	CDF	30.53	50m	02-02-20	Povoa de Varzim	485
72.	SILVA Henrique Gomes	02	AEJ	30.67	50m	14-02-21	Oeiras	479
73.	GONCALVES Jose Joao	01	SCB	30.73	50m	02-02-20	Povoa de Varzim	476
74.	AMORIM Ivan Emanuel	02	CNCE	30.75	50m	27-03-21	Coimbra	475
75.	SILVA Rodrigo Reis	98	CCLAMAS	30.95	50m	01-02-20	Povoa de Varzim	466
76.	MARTINHO Pedro Alves	02	AHBE	31.03	50m	28-02-20	Vila Franca de Xira	462
77.	ALVES Joao David	02	ADPB	31.07	50m	02-02-20	Povoa de Varzim	460
78.	CENTEIO Fabio Mondego	94	AAC	31.13	50m	24-04-21	Coimbra	458
79.	MATOS Diogo Ribas	02	CAQC	31.15	50m	25-04-21	Coimbra	457
80.	GAMBOA Filipe Viveiros	02	CAFBDP	31.27	50m	08-02-20	Lisboa	452
81.	BARREIROS Tiago Leite	02	SAD	31.43	50m	28-02-20	Vila Franca de Xira	445
82.	CHAVEIRO Francisco Martins	02	PORTIN	31.54	50m	20-06-21	Loulé	440
83.	VENTURA Jose Miguel	97	FBSC	31.68	50m	11-01-20	Coimbra	434
84.	PAIS Joao Ventura	02	FBSC	31.91	50m	08-05-21	Coimbra	425
85.	FROIS Andre Filipe	02	CFE	31.95	50m	08-02-20	Lisboa	423
86.	ANTUNES Jose Pedro	00	AAC	32.70	50m	11-01-20	Coimbra	395
87.	CAETANO Gino Santos	94	CGA	32.73	50m	01-08-19	Funchal	394
88.	ANTUNES Andre Marques	99	FBSC	33.11	50m	11-01-20	Coimbra	380
89.	VIEIRA Nuno Henrique	01	CNAC	33.17	50m	11-01-20	Coimbra	378
90.	CARVALHO Francisco Miguel	00	AAC	33.22	50m	08-05-21	Coimbra	377
91.	NASCIMENTO Diogo Andre	02	CNF	33.46	50m	28-02-20	Funchal	369
92.	LUCAS Francisco Alberto	00	AAC	33.62	50m	11-01-20	Coimbra	363
93.	OVIEDO Miguel Freitas	02	AAC	33.85	50m	11-01-20	Coimbra	356
94.	JORGE Andre Camara	90	CEOL	34.97	50m	26-01-20	Rio Maior	323
95.	VIEIRA Duarte Nuno	95	JACL	35.48	50m	23-02-20	Funchal	309
96.	RAMOS Goncalo Soares	02	GCF	37.10	50m	11-01-20	Coimbra	270
97.	SILVA Nuno Alexandre	92	SCP	39.41	50m	26-01-20	Rio Maior	225
98.	PONTE Andre Carreiro	92	CNPDL	40.73	50m	26-01-20	Rio Maior	204
99.	SANTOS Filipe Bjorcke	88	POR	41.18	50m	17-09-19	OLBIA (ITA)	197

50 Costas (desde 100)

100.	ALMEIDA Andre Reis	00	POR	41.55	50m	17-09-19	OLBIA (ITA)	192
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100 Costas

1.	COSTA Joao Nogueira	01	POR	54.70	50m	19-05-21	Budapest (HUN)	851
2.	SANTOS Francisco Rogerio	98	POR	54.72	50m	19-05-21	Budapest (HUN)	850
3.	LOPES Gabriel Jose	97	ALN	55.10	50m	03-08-19	Funchal	833
4.	KOT Viktor	98	DNMG	56.78	50m	03-08-19	Funchal	761
5.	COSTA Diogo Santos	02	ADRCIMM	57.59	50m	19-12-20	Oeiras	729
6.	ROSA Rodrigo Antonio	96	SLB	58.42	50m	03-08-19	Funchal	699
7.	ROCHA Ricardo Filipe	02	CAP	58.73	50m	03-08-19	Funchal	688
8.	ALFAMA Martim Primavera	02	GESL	59.08	50m	03-08-19	Funchal	675
9.	FERNANDES Joao Diogo	98	CFB	59.11	50m	04-08-19	Funchal	674
10.	TINOCO Joao Pereira	00	GDNFAMA	59.31	50m	03-08-19	Funchal	668
11.	LARANJEIRA Joao Jose	98	CGA	59.33	50m	30-05-21	Coimbra	667
12.	PINHO Manuel Antonio	01	CDF	59.43	50m	03-08-19	Funchal	664
13.	NUNES Porfirio Braga	00	FCP	59.45	50m	28-03-21	Coimbra	663
14.	RAMOS Bruno Miguel	97	CFB	59.54	50m	30-05-21	Rio Maior	660
15.	VITAL Joao Alexandre	98	POR	59.61	50m	16-08-20	Loule	658
16.	CORREIA Joao Mota	97	SLB	59.84	50m	03-08-19	Funchal	650
17.	ARZILEIRO Bernardo Vinagre	01	CUC	59.85	50m	03-08-19	Funchal	650
18.	PIRES Ricardo Saraiva	98	CIRL	59.87	50m	19-12-20	Oeiras	649
19.	CONDE Alvaro Lopez	92	LDC	59.95	50m	08-02-20	Lisboa	646
20.	ALMEIDA Carlos Afonso	98	SAD	1:00.21	50m	03-08-19	Funchal	638
21.	CRISTINO David Matias	01	SFUAP	1:00.28	50m	04-08-19	Funchal	636
22.	BATE Miguel Ribeiro	99	SAD	1:00.29	50m	03-08-19	Funchal	636
23.	CARVALHO Diogo Filipe	88	CGA	1:00.55	50m	01-02-20	Povoa de Varzim	627
24.	SILVA Tomas Antonio	01	CNF	1:00.79	50m	04-08-19	Funchal	620
25.	DOMINGOS Ruy Manuel	02	SCP	1:01.19	50m	19-12-20	Oeiras	608
26.	FIDALGO Mateus Valente	01	CDE	1:01.23	50m	04-08-19	Funchal	607
27.	SILVA Job Santos	96	UDO	1:01.42	50m	01-02-20	Povoa de Varzim	601
28.	SOUSA Nuno Alexandre	02	AVFC	1:01.49	50m	05-06-21	Porto	599
29.	ZENZA Francisco Manuel	01	CNMAIA	1:01.56	50m	03-08-19	Funchal	597
30.	MACHADO Bruno Rafael	01	CFP	1:01.70	50m	03-08-19	Funchal	593
31.	DIAS Joao Pedro	02	FBSC	1:01.91	50m	03-08-19	Funchal	587
32.	PINTO Rodrigo Melo	01	CNCVG	1:02.03	50m	03-08-19	Funchal	584
33.	JOAQUIM Andre Serro	00	00603	1:02.13	50m	27-02-21	CADIZ (ESP)	581
34.	MAGALHAES Hugo Nunes	02	SAD	1:02.37	50m	01-03-20	Vila Franca de Xira	574
35.	MACHADO Tiago Andrade	02	CGA	1:02.47	50m	01-02-20	Povoa de Varzim	571
36.	KOBAYASHI Bruno Shinji	02	CFV	1:02.95	50m	04-08-19	Funchal	558
37.	SANTOS Edgar Filipe	01	SFUAP	1:03.07	50m	01-03-20	Vila Franca de Xira	555
38.	MARTINS Samuel Dias	02	CCLAMAS	1:03.08	50m	03-08-19	Funchal	555
39.	ZINCA Andrei Iulian	00	CAPGE	1:03.13	50m	09-02-20	Lisboa	554
40.	VIEGAS Hugo Miguel	02	CNOL	1:03.36	50m	09-02-20	Lisboa	548
41.	LUZ Filipe Ferreira	98	GESL	1:03.53	50m	01-03-20	Vila Franca de Xira	543
42.	SILVA Joao Jesus	02	JACL	1:03.67	50m	29-02-20	Funchal	540
43.	PEIXOTO Joao Freitas	01	ADF	1:03.71	50m	01-02-20	Povoa de Varzim	539
44.	MORIM Francisco Emanuel	02	CFV	1:03.85	50m	03-08-19	Funchal	535
45.	GONCALVES Rodrigo Oliveira	02	FCP	1:03.87	50m	03-08-19	Funchal	535
46.	SANTOS Alberto Antonio	01	CPSPA	1:03.91	50m	22-02-20	Coimbra	533

100 Costas (desde 47)

47.	JAENES Daniel Sanchez	97	LDC	1:03.98	50m	09-02-20	Lisboa	532
48.	SILVA Miguel Vicente	02	DNMG	1:03.99	50m	01-02-20	Povoa de Varzim	531
49.	PEREIRA Joao Neto	02	FBSC	1:04.10	50m	04-08-19	Funchal	529
50.	HADZHILAR Soner Tunay	93	CNOL	1:04.12	50m	08-02-20	Lisboa	528
51.	FONSECA Luis Filipe	97	CFE	1:04.15	50m	09-02-20	Lisboa	528
52.	COELHO Rodrigo Manuel	01	CDF	1:04.17	50m	04-08-19	Funchal	527
53.	RODRIGUES Pedro Reis	02	CDSR	1:04.28	50m	25-01-20	Funchal	524
54.	CORREIA Diogo Carrasco	95	CFB	1:04.47	50m	01-03-20	Vila Franca de Xira	520
55.	GOMES Diogo Sousa	02	PORTIN	1:04.67	50m	09-02-20	Lisboa	515
56.	BASTOS Lucas Pereira	00	CNAC	1:04.91	50m	09-05-21	Coimbra	509
57.	DINIS Tiago Moises	98	CNAC	1:04.96	50m	22-02-20	Coimbra	508
58.	FAUSTINO Matheus Costa	98	SCB	1:04.99	50m	01-02-20	Povoa de Varzim	507
59.	NEVES Tiago Correia	97	POR	1:05.22	50m	28-08-19	SÃO PAULO (BRA)	502
60.	COSTA Andre Gouveia	01	CAQC	1:05.37	50m	22-02-20	Coimbra	499
61.	DOMINGUES Ricardo Jorge	02	FBSC	1:05.43	50m	22-02-20	Coimbra	497
62.	MARREIROS Ricardo Basilio	97	CDCP	1:05.72	50m	01-03-20	Vila Franca de Xira	491
63.	MERUJE Joaquim Agra	01	CUC	1:06.47	50m	22-02-20	Coimbra	474
64.	MESTRE Afonso Godinho	95	CNLX	1:06.49	50m	01-03-20	Vila Franca de Xira	474
65.	MIGUEL Tomas Pedrosa	02	CAQC	1:06.57	50m	04-08-19	Funchal	472
66.	BARREIROS Tiago Leite	02	SAD	1:06.86	50m	01-03-20	Vila Franca de Xira	466
67.	SILVA Afonso Varelas	01	DNMG	1:07.56	50m	01-02-20	Povoa de Varzim	452
68.	GONCALVES Jose Joao	01	SCB	1:07.62	50m	01-02-20	Povoa de Varzim	450
69.	SANTOS Afonso Amaro	02	GESL	1:07.83	50m	01-03-20	Vila Franca de Xira	446
70.	LUCAS Joao Filipe	94	AAC	1:08.05	50m	22-02-20	Coimbra	442
71.	FARIA Pedro Miguel	02	VSC	1:08.06	50m	01-02-20	Povoa de Varzim	442
72.	MACHADO Joao Gabriel	02	SCP	1:08.57	50m	01-03-20	Vila Franca de Xira	432
73.	GASPAR Miguel Caridade	99	AAC	1:09.72	50m	22-02-20	Coimbra	411
74.	OVIEDO Miguel Freitas	02	AAC	1:10.03	50m	22-02-20	Coimbra	405
75.	CRUZ Miguel Duarte	99	CFB	1:10.83	50m	26-01-20	Rio Maior	392
76.	NASCIMENTO Diogo Andre	02	CNF	1:10.88	50m	25-01-20	Funchal	391
77.	MENESES Marco Ribeiro	01	POR	1:11.14	50m	21-05-21	Funchal	387
78.	ANTUNES Andre Marques	99	FBSC	1:11.41	50m	22-02-20	Coimbra	382
79.	CARVALHO Francisco Miguel	00	AAC	1:12.75	50m	09-05-21	Coimbra	362
80.	MOCO Pedro Ribeiro	02	CNVA	1:13.46	50m	22-02-20	Coimbra	351
81.	FAIA Ricardo Alexandre	00	VKGS	1:13.87	50m	13-06-21	Badajoz (ESP)	345
82.	CANCELA Diogo Luis	02	POR	1:14.81	50m	17-05-21	Funchal	332
83.	PAULOS Francisco Silva	02	CNF	1:16.09	50m	25-01-20	Funchal	316
84.	SILVA Renato Filipe	98	FCP	1:16.14	50m	07-12-19	Povoa de Varzim	315
85.	AGOSTINHO Ricardo Luis	96	FBSC	1:16.28	50m	22-02-20	Coimbra	314
86.	NUNES Goncalo Almada	01	JACL	1:17.65	50m	25-01-20	Funchal	297
87.	PONTE Andre Carreiro	92	CNPDL	1:20.69	50m	26-01-20	Rio Maior	265
88.	RAMOS Goncalo Soares	02	GCF	1:20.87	50m	22-02-20	Coimbra	263
89.	VIDEIRA Daniel Carlos	92	POR	1:21.90	50m	16-05-21	Funchal	253
90.	ASSUNCAO Luis Miguel	01	FCP	1:26.33	50m	07-12-19	Povoa de Varzim	216
91.	ALMEIDA Andre Reis	00	SCP	1:28.29	50m	26-01-20	Rio Maior	202
92.	CASTANHEIRA Rodolfo Francisco	01	GESL	1:28.48	50m	26-01-20	Rio Maior	201
93.	SOARES Ricardo Aderneira	99	GESL	1:28.94	50m	07-12-19	Povoa de Varzim	198
94.	SOUSA Micael Silva	00	SCA	1:29.96	50m	18-01-20	Coimbra	191
95.	REIS Bruno Ferreira	00	FCP	1:30.34	50m	26-01-20	Rio Maior	189
96.	LINHARES Ruben Daniel	97	CNRM	1:32.32	50m	07-12-19	Povoa de Varzim	177

100 Costas (desde 97)

97.	SANTOS Filipe Bjorcke	88	O2ADCP	1:37.31	50m	07-12-19	Povoa de Varzim	151
98.	SILVA Jose Miguel	95	FCP	1:38.26	50m	02-11-19	Porto	146
99.	PINTO Jose Manuel	00	ADADA	1:39.74	50m	07-12-19	Povoa de Varzim	140
100.	RIBEIRO Jose Augusto	92	ADDEG	1:41.81	50m	02-11-19	Porto	132

200 Costas

1.	SANTOS Francisco Rogerio	98	SCP	1:57.06	50m	06-06-21	Porto	873
2.	COSTA Joao Nogueira	01	POR	1:58.58	50m	21-05-21	Budapest (HUN)	840
3.	VITAL Joao Alexandre	98	SCP	2:03.61	50m	02-08-19	Funchal	742
4.	ROSA Rodrigo Antonio	96	SLB	2:07.09	50m	02-08-19	Funchal	682
5.	LOPES Jose Paulo	00	SCB	2:07.25	50m	14-02-21	Oeiras	680
6.	KOT Viktor	98	DNMG	2:07.60	50m	02-08-19	Funchal	674
7.	CORREIA Joao Mota	97	SLB	2:08.91	50m	02-08-19	Funchal	654
8.	COSTA Diogo Santos	02	ADRCIMM	2:09.02	50m	02-08-19	Funchal	652
9.	TINOCO Joao Pereira	00	GDNFAMA	2:09.24	50m	02-08-19	Funchal	649
10.	FERNANDES Joao Diogo	98	CFB	2:10.37	50m	02-08-19	Funchal	632
11.	ROCHA Ricardo Filipe	02	CAP	2:10.61	50m	02-08-19	Funchal	629
12.	BATE Miguel Ribeiro	99	SAD	2:10.80	50m	02-08-19	Funchal	626
13.	RAMOS Bruno Miguel	97	CFB	2:10.90	50m	08-02-20	Lisboa	625
14.	ALFAMA Martim Primavera	02	GESL	2:11.23	50m	02-08-19	Funchal	620
15.	CONDE Alvaro Lopez	92	LDC	2:11.33	50m	08-02-20	Lisboa	618
16.	NUNES Porfirio Braga	00	FCP	2:11.46	50m	02-08-19	Funchal	617
17.	SILVA Job Santos	96	UDO	2:11.51	50m	02-02-20	Povoa de Varzim	616
18.	PIRES Ricardo Saraiva	98	CIRL	2:12.12	50m	20-12-20	Oeiras	607
19.	ARZILEIRO Bernardo Vinagre	01	CUC	2:12.25	50m	02-08-19	Funchal	606
20.	ALMEIDA Carlos Afonso	98	SAD	2:12.48	50m	02-08-19	Funchal	602
21.	SILVA Henrique Gomes	02	AEJ	2:12.60	50m	14-02-21	Oeiras	601
22.	SOUSA Nuno Alexandre	02	AVFC	2:12.71	50m	06-06-21	Porto	599
23.	DIAS Joao Pedro	02	FBSC	2:13.17	50m	02-08-19	Funchal	593
24.	DOMINGOS Ruy Manuel	02	SCP	2:13.51	50m	08-02-20	Lisboa	589
25.	MACHADO Bruno Rafael	01	CFP	2:13.64	50m	02-08-19	Funchal	587
26.	ZINCA Andrei Iulian	00	CAPGE	2:13.81	50m	02-08-19	Funchal	585
27.	CRISTINO David Matias	01	SFUAP	2:13.96	50m	25-04-21	Coimbra	583
28.	JAENES Daniel Sanchez	97	LDC	2:14.20	50m	08-02-20	Lisboa	580
29.	FERREIRA Tiago Barros	94	SAD	2:14.57	50m	02-08-19	Funchal	575
30.	SILVA Tomas Antonio	01	CNF	2:15.37	50m	22-02-20	Funchal	565
31.	VIEGAS Hugo Miguel	02	CNOL	2:15.63	50m	02-08-19	Funchal	561
32.	PEIXOTO Joao Freitas	01	ADF	2:15.77	50m	02-08-19	Funchal	560
33.	LUZ Filipe Ferreira	98	GESL	2:16.23	50m	29-02-20	Vila Franca de Xira	554
34.	JOAQUIM Andre Serro	00	CNOL	2:16.57	50m	06-06-21	Porto	550
35.	SAMPAIO Jose Pedro	98	FCP	2:16.66	50m	20-12-20	Oeiras	549
36.	RIBEIRO Luis Manuel	02	FCP	2:16.84	50m	30-05-21	Coimbra	547
37.	KOBAYASHI Bruno Shinji	02	CFV	2:17.45	50m	02-08-19	Funchal	539
38.	BRAS Ricardo Martins	01	CFB	2:17.66	50m	02-08-19	Funchal	537
39.	PINTO Rodrigo Melo	01	CNCVG	2:17.87	50m	02-08-19	Funchal	534
40.	MAGALHAES Hugo Nunes	02	SAD	2:17.89	50m	08-02-20	Lisboa	534
41.	MORIM Francisco Emanuel	02	CFV	2:18.12	50m	02-02-20	Povoa de Varzim	532
42.	GONCALVES Rodrigo Oliveira	02	FCP	2:18.31	50m	02-08-19	Funchal	529
43.	SILVA Joao Jesus	02	JACL	2:18.96	50m	25-01-20	Funchal	522

200 Costas (desde 44)

44.	SOUZA Francisco Alves	02	GESL	2:19.10	50m	02-08-19	Funchal	520
45.	RODRIGUES Pedro Reis	02	CDSR	2:19.41	50m	01-03-20	Funchal	517
46.	GOMES Diogo Sousa	02	PORTIN	2:19.76	50m	08-02-20	Lisboa	513
47.	SILVA Miguel Vicente	02	DNMG	2:20.73	50m	30-05-21	Rio Maior	502
48.	CARVALHO Guilherme Ventura	01	GESL	2:21.18	50m	02-08-19	Funchal	498
49.	PEREIRA Joao Neto	02	FBSC	2:21.29	50m	02-08-19	Funchal	497
49.	BASTOS Lucas Pereira	00	SANC	2:21.29	50m	08-02-20	Lisboa	497
51.	DINIS Tiago Moises	98	CNAC	2:21.39	50m	22-02-20	Coimbra	495
52.	MARREIROS Ricardo Basilio	97	CDCP	2:21.83	50m	29-02-20	Vila Franca de Xira	491
53.	BARREIROS Tiago Leite	02	SAD	2:22.48	50m	29-02-20	Vila Franca de Xira	484
54.	DOMINGUES Ricardo Jorge	02	FBSC	2:22.67	50m	22-02-20	Coimbra	482
55.	NEVES Tiago Correia	97	CFB	2:26.78	50m	29-02-20	Vila Franca de Xira	443
56.	SANTOS Alberto Antonio	01	CPSPA	2:26.87	50m	22-02-20	Coimbra	442
57.	SILVA Afonso Varelas	01	DNMG	2:27.10	50m	02-02-20	Povoa de Varzim	440
58.	GASPAR Miguel Caridade	99	AAC	2:29.25	50m	22-02-20	Coimbra	421
59.	VENTURA Jose Miguel	97	FBSC	2:30.95	50m	22-02-20	Coimbra	407
60.	CRUZ Miguel Duarte	99	CFB	2:31.55	50m	25-01-20	Rio Maior	402
61.	MARCOS Joao Freitas	01	CEOL	2:34.22	50m	22-02-20	Funchal	382
62.	SANTOS Goncalo Moreira	01	AAC	2:36.85	50m	22-02-20	Coimbra	363
63.	CHAVEIRO Francisco Martins	02	PORTIN	2:37.34	50m	12-06-21	Loulé	359
64.	PONTE Andre Carreiro	92	CNPDL	3:00.03	50m	25-01-20	Rio Maior	240
65.	ALMEIDA Andre Reis	00	POR	3:09.88	50m	20-09-19	OLBIA (ITA)	204
66.	NASCIMENTO Levi Daniel	99	O2ADCP	3:26.95	50m	08-12-19	Povoa de Varzim	158
67.	MONTES Francisco Pessanha	02	POR	3:34.24	50m	20-09-19	OLBIA (ITA)	142
68.	RIBEIRO Jose Augusto	92	POR	3:36.14	50m	20-09-19	OLBIA (ITA)	138
69.	SILVA Jose Miguel	95	FCP	3:39.72	50m	08-12-19	Povoa de Varzim	132
70.	SILVA Bruno Miguel	93	FCP	3:46.84	50m	25-01-20	Rio Maior	120
71.	SANTOS Diogo Filipe	91	FVCD	3:58.00	50m	25-01-20	Rio Maior	103
72.	GOMES Diogo Lopes	96	FVCD	4:06.28	50m	25-01-20	Rio Maior	93
73.	PEREIRA Joel Alexandre	92	APCC	4:07.50	50m	25-01-20	Rio Maior	92
74.	GUIMARAES Bruno Ricardo	94	ADADA	4:18.86	50m	03-11-19	Porto	80
75.	PINTO Joao Oscar	94	ASC	5:55.45	50m	18-01-20	Coimbra	31
76.	MENDES Carlos Barbosa	62	ASC	6:45.80	50m	18-01-20	Coimbra	20

50 Bruços

1.	AMORIM Alexandre Ferreira	99	LSC	28.41	50m	27-03-21	Coimbra	762
2.	SANTOS Alexis Manacas	92	POR	28.43	50m	21-05-21	Budapest (HUN)	760
3.	QUINTAS Francisco Robalo	95	POR	28.45	50m	16-08-20	Loule	758
4.	PLAZA Jaime Morote	97	LDC	28.84	50m	09-02-20	Lisboa	728
5.	CARVALHO Ruben Paiva	94	SANC	29.20	50m	09-02-20	Lisboa	701
6.	CARVALHO Diogo Filipe	88	CGA	29.30	50m	09-02-20	Lisboa	694
7.	SIMOES Rafael Gomes	00	SCB	29.43	50m	29-05-21	Coimbra	685
8.	FRISCHKNECHT Renato Barros	01	INDANL	29.51	50m	05-06-21	BARCELONA (ESP)	679
9.	MENDES Antonio Manuel	99	SCP	29.54	50m	02-08-19	Funchal	677
9.	DA SILVA Florian	01	FCP	29.54	50m	02-08-19	Funchal	677
11.	UMSARI Victor Balaguer	90	LDC	29.70	50m	09-02-20	Lisboa	667
12.	MOURA Andre Magalhaes	98	AVFC	29.73	50m	29-05-21	Coimbra	665
13.	TEODORO Diogo Filipe	99	CNV	29.92	50m	02-08-19	Funchal	652
14.	PON Hugo	98	SAD	30.18	50m	02-08-19	Funchal	635

50 Bruços (desde 15)

15.	MATEUS Diogo Garcez	02	AONDA	30.20	50m	29-05-21	Rio Maior	634
16.	GRENHO Andre Tavares	99	GESL	30.28	50m	29-05-21	Rio Maior	629
17.	CRUCHINHO Miguel Monteiro	97	SCP	30.31	50m	02-08-19	Funchal	627
17.	GOMEZ MARCOS Jesus Gome	99	LDC	30.31	50m	29-05-21	Rio Maior	627
19.	GOMES Filipe Miguel	97	MAW	30.34	50m	24-04-21	Coimbra	625
20.	SANTOS Pedro Andre	94	SAD	30.37	50m	02-08-19	Funchal	623
21.	NUNES Francisco Costa	02	CCDSM	30.40	50m	02-08-19	Funchal	622
22.	SOARES Miguel Carlos	92	CNPO	30.51	50m	02-08-19	Funchal	615
23.	RAMOS Filipe Carmo	97	CFV	30.70	50m	02-08-19	Funchal	603
24.	LOPES Gabriel Jose	97	ALN	30.71	50m	11-01-20	Coimbra	603
25.	SILVA Pedro Miguel	94	ADRCIMM	30.88	50m	02-08-19	Funchal	593
26.	FONSECA Joao Costa	00	CNLX	30.92	50m	29-02-20	Vila Franca de Xira	591
27.	MARQUES Miguel Henriques	00	SLB	30.95	50m	02-08-19	Funchal	589
28.	MACHADO Joao Daniel	99	SFUAP	31.02	50m	09-02-20	Lisboa	585
29.	PAIS Joao Ventura	02	FBSC	31.18	50m	08-05-21	Coimbra	576
30.	CALDEIRA Goncalo Silveirinha	01	SCP	31.27	50m	02-08-19	Funchal	571
31.	MARTINS Bruno Miguel	93	GESL	31.31	50m	29-02-20	Vila Franca de Xira	569
32.	SILVA Luis Pedro	98	CDN	31.38	50m	02-08-19	Funchal	565
33.	ARAUJO Sergio Daniel	02	CNPO	31.42	50m	02-08-19	Funchal	563
34.	BRITO Bernardo Geada	02	SFUAP	31.43	50m	02-08-19	Funchal	562
35.	CABRITO Rodrigo Almeida	01	CFB	31.46	50m	02-08-19	Funchal	561
36.	SOUSA Joao Claudio	93	CAP	31.47	50m	02-02-20	Povoa de Varzim	560
37.	FERNANDES Pedro Miguel	99	GDNFAMA	31.51	50m	02-02-20	Povoa de Varzim	558
38.	SANTOS Afonso Amaro	02	GESL	31.53	50m	02-08-19	Funchal	557
38.	MARQUES Tiago Andre	93	SCE	31.53	50m	02-02-20	Povoa de Varzim	557
40.	ZENZA Francisco Manuel	01	CNMAIA	31.60	50m	06-06-21	Porto	553
41.	RIBEIRO Afonso Mateus	95	CFB	31.62	50m	29-05-21	Rio Maior	552
42.	MARQUES Goncalo Silva	01	CAQC	31.73	50m	02-08-19	Funchal	547
43.	DANTAS Diogo Leal	00	SCP	31.75	50m	09-02-20	Lisboa	545
44.	MIRKA Artem Vos	00	CGA	31.84	50m	02-02-20	Povoa de Varzim	541
45.	CATALAO Daniel Nogueira	00	SLB	31.85	50m	09-02-20	Lisboa	540
46.	RODRIGUES Miguel Carvalho	02	CGA	31.99	50m	09-02-20	Lisboa	533
47.	MERUJE Joaquim Agra	01	CEN	32.03	50m	02-08-19	Funchal	531
47.	VENTOSO Vicente Morgado	00	EULX	32.03	50m	29-02-20	Vila Franca de Xira	531
49.	JESUS Afonso Guilherme	00	VKGS	32.10	50m	09-02-20	Lisboa	528
50.	CHACON MATEOS FRANCISC	99	JaviLDC	32.13	50m	09-02-20	Lisboa	526
51.	CUNHA Joao Simons	02	CFP	32.15	50m	24-04-21	Coimbra	525
52.	CORREIA Rui Miguel	96	CNMJ	32.19	50m	09-02-20	Lisboa	523
53.	VARGAS Joao Manuel	00	SLB	32.26	50m	24-04-21	Coimbra	520
54.	MARREIROS Ricardo Basilio	97	CDCP	32.37	50m	09-02-20	Lisboa	515
55.	MALFEITO Martim Rebelo	02	SCP	32.46	50m	09-02-20	Lisboa	510
56.	MELO Jose Pedro	99	SCB	32.50	50m	02-02-20	Povoa de Varzim	509
57.	COSTA Diogo Santos	02	ADRCIMM	32.61	50m	14-02-21	Oeiras	503
58.	MAIA Bruno Miguel	01	GCST	32.67	50m	06-06-21	Porto	501
59.	PAULOS Francisco Silva	02	CNF	32.69	50m	23-02-20	Funchal	500
60.	NOVA Tiago Vila	00	PORTIN	32.80	50m	09-02-20	Lisboa	495
61.	FANGUEIRO Diogo Morgado	02	CFV	32.83	50m	02-02-20	Povoa de Varzim	493
62.	GASPAR Miguel Caridade	99	AAC	32.92	50m	08-05-21	Coimbra	489
63.	FERREIRA Joao Renato	01	CDE	33.11	50m	02-02-20	Povoa de Varzim	481
64.	LEBRE Diogo Ramos	01	SLB	33.16	50m	09-02-20	Lisboa	479

50 Bruços (desde 65)

65.	MACHADO Joao Gabriel	02	SCP	33.17	50m	29-02-20	Vila Franca de Xira	478
66.	SOARES Luis Filipe	98	CCLAMAS	33.18	50m	02-02-20	Povoa de Varzim	478
67.	CORREIA Andre Filipe	97	CDF	33.28	50m	02-02-20	Povoa de Varzim	474
68.	PEIXOTO Joao Freitas	01	ADF	33.31	50m	02-02-20	Povoa de Varzim	472
68.	NEVES Tiago Correia	97	CFB	33.31	50m	29-05-21	Rio Maior	472
70.	PEREIRA Luis Goncalves	02	CCLAMAS	33.32	50m	02-02-20	Povoa de Varzim	472
71.	JORGE Andre Camara	90	CEOL	33.39	50m	23-02-20	Funchal	469
72.	MACHADO Henrique Chan	02	SAD	33.40	50m	29-02-20	Vila Franca de Xira	468
73.	TAVARES Pedro Oliveira	01	CNG	33.41	50m	09-02-20	Lisboa	468
74.	BASTOS Vasco Pereira	02	CNAC	33.67	50m	08-05-21	Coimbra	457
75.	MARCOS Joao Freitas	01	CEOL	33.69	50m	23-02-20	Funchal	456
76.	VAZ Pedro Silva	98	AHBE	33.81	50m	29-02-20	Vila Franca de Xira	452
77.	FARINHA Joao Fernandes	02	LAGAC	33.88	50m	09-02-20	Lisboa	449
78.	CAMARA Joao Vieira	97	CEOL	34.11	50m	29-02-20	Funchal	440
79.	FERNANDES Joao Vitor	00	CEOL	34.44	50m	23-02-20	Funchal	427
80.	QUINTAL Nuno Alexandre	99	CDN	34.48	50m	29-02-20	Funchal	426
81.	MELO Filipe Ferrao	01	CNS	34.56	50m	29-02-20	Vila Franca de Xira	423
82.	MOURA Diogo Goncalves	02	ADF	34.59	50m	02-02-20	Povoa de Varzim	422
83.	DOMINGUES Ricardo Jorge	02	FBSC	34.74	50m	11-01-20	Coimbra	416
84.	SILVA Pedro Ferraz	98	FOCA	34.75	50m	02-02-20	Povoa de Varzim	416
85.	CASTRO Martim Pereira	02	CEOL	34.87	50m	23-02-20	Funchal	412
86.	SANTOS Goncalo Moreira	01	AAC	34.98	50m	24-04-21	Coimbra	408
87.	GOMES Rodrigo Ribeiro	00	CAQC	35.24	50m	08-05-21	Coimbra	399
88.	CARDOSO Diogo Santos	01	ADRCIMM	35.42	50m	14-02-21	Oeiras	393
89.	MARQUES Pedro Almeida	02	CNS	35.75	50m	29-02-20	Vila Franca de Xira	382
90.	CHAVEIRO Francisco Martins	02	PORTIN	35.81	50m	13-06-21	Loulé	380
91.	FIGUEIREDO Gustavo Pinto	02	CRASTO	35.94	50m	11-01-20	Coimbra	376
92.	FERREIRA Luis Duarte	89	CEOL	36.43	50m	29-02-20	Funchal	361
93.	PETREA Maxim	01	SFUAP	37.75	50m	29-02-20	Vila Franca de Xira	324
94.	JORGE Rodrigo Ponte	01	SFUAP	37.87	50m	29-02-20	Vila Franca de Xira	321
95.	VIEIRA Nuno Henrique	01	CNAC	38.07	50m	11-01-20	Coimbra	316
96.	CANCELA Diogo Luis	02	CNMC	38.36	50m	02-08-19	Funchal	309
97.	CALDEIRA Rodolfo Morais	02	JACL	39.57	50m	29-02-20	Funchal	282
98.	CAMPOS Joao Miguel	79	ADADA	39.97	50m	24-04-21	Porto	273
99.	VIEIRA Jose Gabriel	83	POR	42.95	50m	20-09-19	OLBIA (ITA)	220
100.	VAZ Joao Francisco	92	POR	43.37	50m	20-09-19	OLBIA (ITA)	214

100 Bruços

1.	QUINTAS Francisco Robalo	95	SCP	1:01.16	50m	19-12-20	Oeiras	804
2.	LOPES Gabriel Jose	97	ALN	1:02.58	50m	01-08-19	Funchal	750
3.	PLAZA Jaime Morote	97	LDC	1:02.97	50m	08-02-20	Lisboa	737
4.	CARVALHO Diogo Filipe	88	CGA	1:03.16	50m	08-02-20	Lisboa	730
5.	SIMOES Rafael Gomes	00	SCB	1:03.45	50m	15-08-20	Loule	720
6.	SANTOS Alexis Manacas	92	SCP	1:03.49	50m	08-02-20	Lisboa	719
7.	AMORIM Alexandre Ferreira	99	LSC	1:03.62	50m	28-03-21	Coimbra	714
8.	DA SILVA Florian	01	FCP	1:04.22	50m	01-08-19	Funchal	694
9.	MENDES Antonio Manuel	99	SCP	1:04.27	50m	28-03-21	Coimbra	693
10.	PON Hugo	98	SAD	1:04.69	50m	08-02-20	Lisboa	679
11.	FRISCHKNECHT Renato Barros	01	SAD	1:04.90	50m	19-12-20	Oeiras	673

100 Bruços (desde 12)

12.	MOURA Andre Magalhaes	98	AVFC	1:05.03	50m	30-05-21	Coimbra	669
13.	TEODORO Diogo Filipe	99	CNV	1:05.63	50m	01-08-19	Funchal	650
14.	SILVA Tomas Antonio	01	CNF	1:05.65	50m	01-08-19	Funchal	650
15.	CARVALHO Ruben Paiva	94	SANC	1:05.66	50m	08-02-20	Lisboa	650
16.	CRUCHINHO Miguel Monteiro	97	SCP	1:05.90	50m	01-08-19	Funchal	643
17.	UMSARI Victor Balaguer	90	LDC	1:06.14	50m	08-02-20	Lisboa	636
18.	GRENHO Andre Tavares	99	GESL	1:06.30	50m	30-05-21	Rio Maior	631
19.	VELOSO Tomas Miguel	96	CNAC	1:06.32	50m	11-01-20	Coimbra	630
20.	CABRITO Rodrigo Almeida	01	CFB	1:06.47	50m	30-05-21	Rio Maior	626
21.	SILVA Pedro Miguel	94	ADRCIMM	1:06.62	50m	01-08-19	Funchal	622
22.	ALVES Nuno Rafael	90	CAP	1:06.65	50m	01-08-19	Funchal	621
23.	GOMEZ MARCOS Jesus Gome	99	LDC	1:06.73	50m	30-05-21	Rio Maior	619
24.	SANTOS Pedro Andre	94	SAD	1:06.78	50m	30-05-21	Rio Maior	617
25.	NUNES Francisco Costa	02	SCP	1:07.05	50m	08-02-20	Lisboa	610
26.	MATEUS Diogo Garcez	02	AONDA	1:07.20	50m	30-05-21	Rio Maior	606
27.	DANTAS Diogo Leal	00	SCP	1:07.28	50m	01-08-19	Funchal	604
28.	RAMOS Filipe Carmo	97	CFV	1:07.33	50m	01-08-19	Funchal	602
29.	ARAUJO Sergio Daniel	02	CNPO	1:07.37	50m	01-08-19	Funchal	601
30.	GOMES Filipe Miguel	97	ADBA	1:07.41	50m	13-06-21	Badajoz (ESP)	600
31.	FONSECA Joao Costa	00	CNLX	1:07.61	50m	30-05-21	Rio Maior	595
32.	GASPAR Miguel Caridade	99	AAC	1:07.70	50m	01-08-19	Funchal	593
33.	MARTINS Bruno Miguel	93	GESL	1:08.24	50m	08-02-20	Lisboa	579
34.	CALDEIRA Goncalo Silveirinha	01	SCP	1:08.26	50m	01-08-19	Funchal	578
35.	RIBEIRO Afonso Mateus	95	CFB	1:08.32	50m	30-05-21	Rio Maior	577
36.	VIANA Luis Filipe	89	CLAC	1:08.50	50m	01-08-19	Funchal	572
37.	AGOSTINHO Miguel Diogo	00	FBSC	1:08.61	50m	01-08-19	Funchal	569
38.	MERUJE Joaquim Agra	01	CEN	1:08.96	50m	01-08-19	Funchal	561
39.	RAMOS Bruno Miguel	97	CFB	1:09.53	50m	28-02-20	Vila Franca de Xira	547
40.	ZENZA Francisco Manuel	01	CNMAIA	1:09.62	50m	01-08-19	Funchal	545
41.	RODRIGUES Miguel Carvalho	02	CGA	1:09.63	50m	08-02-20	Lisboa	545
42.	SANTOS Afonso Amaro	02	GESL	1:09.66	50m	01-08-19	Funchal	544
43.	MARQUES Goncalo Silva	01	CAQC	1:09.69	50m	01-08-19	Funchal	543
44.	SOARES Miguel Carlos	92	CNPO	1:09.88	50m	01-08-19	Funchal	539
45.	PAIS Joao Ventura	02	FBSC	1:09.94	50m	30-05-21	Coimbra	537
46.	MALFEITO Martim Rebelo	02	CNLX	1:10.09	50m	30-05-21	Rio Maior	534
47.	LEBRE Diogo Ramos	01	SLB	1:10.13	50m	01-08-19	Funchal	533
48.	VARGAS Joao Manuel	00	SLB	1:10.16	50m	25-04-21	Coimbra	532
49.	BRITO Bernardo Gead	02	SFUAP	1:10.17	50m	01-08-19	Funchal	532
50.	JESUS Afonso Guilherme	00	VKGS	1:10.20	50m	08-02-20	Lisboa	531
51.	FERNANDES Pedro Pestana	01	CNF	1:10.39	50m	01-08-19	Funchal	527
52.	CATALAO Daniel Nogueira	00	SLB	1:10.71	50m	25-04-21	Coimbra	520
53.	MIRKA Artem Vos	00	CGA	1:10.80	50m	01-02-20	Povoa de Varzim	518
54.	RODRIGUES Pedro Simoes	01	CUC	1:10.97	50m	01-08-19	Funchal	514
55.	MARREIROS Ricardo Basilio	97	CDCP	1:11.25	50m	08-02-20	Lisboa	508
56.	JOAQUIM Andre Serro	00	00603	1:11.50	50m	28-02-21	CADIZ (ESP)	503
57.	PEREIRA Bernardo Sousa	01	PIMP	1:11.63	50m	08-02-20	Lisboa	500
58.	DIAS Goncalo Catarino	00	VKGS	1:11.64	50m	08-02-20	Lisboa	500
59.	BASTOS Lucas Pereira	00	SANC	1:11.92	50m	08-02-20	Lisboa	494
60.	CORREIA Rui Miguel	96	CNMJ	1:11.93	50m	08-02-20	Lisboa	494
61.	SILVA Luis Pedro	98	CDN	1:12.08	50m	25-01-20	Funchal	491

100 Bruços (desde 62)

62.	CUNHA Joao Simons	02	CFP	1:12.12	50m	05-06-21	Porto	490
63.	FANGUEIRO Diogo Morgado	02	CFV	1:12.14	50m	05-06-21	Porto	490
64.	DINIS Tiago Moises	98	CNAC	1:12.29	50m	08-02-20	Lisboa	487
65.	MELO Jose Pedro	99	SCB	1:12.61	50m	01-02-20	Povoa de Varzim	480
66.	PIEIDADE Sebastiao Limbert	00	SAD	1:12.70	50m	28-02-20	Vila Franca de Xira	478
67.	PAULOS Francisco Silva	02	CNF	1:13.30	50m	29-02-20	Funchal	467
68.	COSTA Andre Gouveia	01	SANC	1:13.34	50m	08-02-20	Lisboa	466
69.	VENTOSO Vicente Morgado	00	EULX	1:13.35	50m	28-02-20	Vila Franca de Xira	466
70.	SOARES Luis Filipe	98	CCLAMAS	1:13.39	50m	01-02-20	Povoa de Varzim	465
71.	MAIA Bruno Miguel	01	GCST	1:13.56	50m	05-06-21	Porto	462
72.	TAVARES Pedro Oliveira	01	CNG	1:13.61	50m	08-02-20	Lisboa	461
73.	NEVES Tiago Correia	97	CFB	1:13.97	50m	25-04-21	Coimbra	454
74.	CRISTINO David Matias	01	SFUAP	1:14.33	50m	28-03-21	Coimbra	448
75.	SANTOS Diego Felipe	87	CDN	1:14.39	50m	25-01-20	Funchal	447
76.	MACHADO Henrique Chan	02	SAD	1:14.62	50m	28-02-20	Vila Franca de Xira	442
77.	CASTRO Martim Pereira	02	CEOL	1:15.32	50m	29-02-20	Funchal	430
78.	DIAS Simao Pedro	02	CNG	1:15.85	50m	08-02-20	Lisboa	421
79.	VIEIRA Hugo Azurara	01	CNPO	1:16.07	50m	19-12-20	Povoa do Varzim	418
80.	MOURA Diogo Goncalves	02	ADF	1:16.25	50m	01-02-20	Povoa de Varzim	415
81.	MACHADO Joao Gabriel	02	SCP	1:16.28	50m	28-02-20	Vila Franca de Xira	414
82.	COSTA Marco Antonio	02	CNG	1:16.31	50m	08-02-20	Lisboa	414
83.	NUNES Rafael Filipe	96	VKGS	1:16.43	50m	12-06-21	Badajoz (ESP)	412
84.	RODRIGUES Pedro Reis	02	CDSR	1:16.75	50m	25-01-20	Funchal	407
85.	BASTOS Vasco Pereira	02	CNAC	1:16.83	50m	09-05-21	Coimbra	405
86.	DIAS Joao Pedro	02	FBSC	1:17.08	50m	11-01-20	Coimbra	401
87.	LEIRIA David Miguel	93	VKGS	1:18.18	50m	28-02-20	Vila Franca de Xira	385
88.	JORGE Andre Camara	90	CEOL	1:18.68	50m	22-02-20	Funchal	377
89.	MARQUES Pedro Almeida	02	CNS	1:18.70	50m	28-02-20	Vila Franca de Xira	377
90.	MATOS Diogo Ribas	02	CAQC	1:18.71	50m	09-05-21	Coimbra	377
91.	FERREIRA Luis Duarte	89	CEOL	1:19.43	50m	29-02-20	Funchal	367
92.	SANTOS Goncalo Moreira	01	AAC	1:19.57	50m	25-04-21	Coimbra	365
93.	MENESES Marco Ribeiro	01	POR	1:22.35	50m	17-05-21	Funchal	329
94.	CANCELA Diogo Luis	02	POR	1:22.79	50m	22-05-21	Funchal	324
95.	VIEIRA Duarte Nuno	95	JACL	1:27.61	50m	22-02-20	Funchal	273
96.	CAMPOS Joao Miguel	79	POR	1:29.86	50m	11-09-19	LONDON (GBR)	253
97.	VAZ Joao Francisco	92	SCP	1:31.35	50m	25-01-20	Rio Maior	241
98.	FERREIRA Josemar Joel	95	SCP	1:33.08	50m	07-12-19	Povoa de Varzim	228
99.	VIEIRA Jose Gabriel	83	POR	1:33.44	50m	17-09-19	OLBIA (ITA)	225
100.	ASSUNCAO Luis Miguel	01	FCP	1:35.78	50m	07-12-19	Povoa de Varzim	209

200 Bruços

1.	LOPES Gabriel Jose	97	ALN	2:14.25	50m	03-08-19	Funchal	829
2.	QUINTAS Francisco Robalo	95	POR	2:14.26	50m	19-05-21	Budapest (HUN)	828
3.	SIMOES Rafael Gomes	00	SCB	2:16.32	50m	14-08-20	Loule	791
4.	PLAZA Jaime Morote	97	LDC	2:17.07	50m	09-02-20	Lisboa	778
5.	DA SILVA Florian	01	FCP	2:17.92	50m	20-12-20	Oeiras	764
6.	MENDES Antonio Manuel	99	SCP	2:18.04	50m	28-03-21	Coimbra	762
7.	PON Hugo	98	SAD	2:20.59	50m	03-08-19	Funchal	721
8.	SILVA Tomas Antonio	01	CNF	2:21.89	50m	03-08-19	Funchal	702
9.	CRUCHINHO Miguel Monteiro	97	SCP	2:23.10	50m	03-08-19	Funchal	684
10.	VITAL Joao Alexandre	98	POR	2:23.92	50m	14-08-20	Loule	672
11.	SANTOS Alexis Manacas	92	SCP	2:24.36	50m	03-08-19	Funchal	666
12.	FRISCHKNECHT Renato Barros	01	SAD	2:24.60	50m	20-12-20	Oeiras	663
12.	CABRITO Rodrigo Almeida	01	CFB	2:24.60	50m	20-12-20	Oeiras	663
14.	ALVES Nuno Rafael	90	CAP	2:25.01	50m	02-02-20	Povoa de Varzim	657
15.	CONDE Alvaro Lopez	92	LDC	2:25.07	50m	30-05-21	Rio Maior	657
16.	GASPAR Miguel Caridade	99	AAC	2:25.86	50m	03-08-19	Funchal	646
17.	PINOTES Pedro Miguel	89	ANG	2:26.04	50m	28-03-21	Coimbra	644
18.	CALDEIRA Goncalo Silveirinha	01	SCP	2:26.17	50m	03-08-19	Funchal	642
19.	SILVA Pedro Miguel	94	ADRCIMM	2:26.33	50m	03-08-19	Funchal	640
20.	CATALAO Daniel Nogueira	00	SLB	2:26.49	50m	03-08-19	Funchal	638
21.	RAMOS Bruno Miguel	97	CFB	2:27.21	50m	09-02-20	Lisboa	628
22.	RAMOS Filipe Carmo	97	CFV	2:27.64	50m	03-08-19	Funchal	623
23.	GOMES Filipe Miguel	97	MAW	2:28.00	50m	28-03-21	Coimbra	618
24.	NUNES Francisco Costa	02	CCDSM	2:28.21	50m	03-08-19	Funchal	616
25.	AMORIM Alexandre Ferreira	99	FCP	2:28.24	50m	02-02-20	Povoa de Varzim	615
26.	FONSECA Joao Costa	00	CNLX	2:28.36	50m	30-05-21	Rio Maior	614
27.	ARAUJO Sergio Daniel	02	CNPO	2:28.54	50m	03-08-19	Funchal	612
28.	RIBEIRO Afonso Mateus	95	CFB	2:28.92	50m	30-05-21	Rio Maior	607
29.	SILVA Henrique Gomes	02	AEJ	2:29.03	50m	30-05-21	Coimbra	606
30.	RODRIGUES Pedro Simoes	01	CUC	2:29.29	50m	03-08-19	Funchal	602
31.	DINIS Tiago Moises	98	CNAC	2:29.63	50m	03-08-19	Funchal	598
32.	MARTINS Bruno Miguel	93	GESL	2:29.75	50m	22-02-20	Osnabrück (GER)	597
33.	RODRIGUES Miguel Carvalho	02	CGA	2:30.06	50m	09-02-20	Lisboa	593
34.	VARGAS Joao Manuel	00	SLB	2:30.66	50m	30-05-21	Rio Maior	586
35.	MALFEITO Martim Rebelo	02	CNLX	2:32.17	50m	30-05-21	Rio Maior	569
36.	CARDOSO Diogo Santos	01	ADRCIMM	2:32.36	50m	14-02-21	Oeiras	567
37.	GRENHO Andre Tavares	99	GESL	2:32.57	50m	24-04-21	Coimbra	564
38.	PINTO Antonio Fernando	99	FOCA	2:32.58	50m	02-02-20	Povoa de Varzim	564
39.	PINTO Pedro Miguel	02	SCP	2:33.10	50m	03-08-19	Funchal	559
39.	MATEUS Diogo Garcez	02	AONDA	2:33.10	50m	30-05-21	Rio Maior	559
41.	SANTOS Afonso Amaro	02	GESL	2:33.98	50m	25-01-20	Rio Maior	549
42.	MERUJE Joaquim Agra	01	CUC	2:34.30	50m	30-05-21	Coimbra	546
43.	PAIS Joao Ventura	02	FBSC	2:34.62	50m	03-08-19	Funchal	542
44.	FERNANDES Pedro Pestana	01	CNF	2:34.64	50m	03-08-19	Funchal	542
45.	BRAS Ricardo Martins	01	CFB	2:34.80	50m	30-05-21	Rio Maior	540
46.	BASTOS Lucas Pereira	00	CNAC	2:35.18	50m	09-05-21	Coimbra	536
47.	SOUSA Duarte Anastacio	02	CUC	2:35.30	50m	03-08-19	Funchal	535
48.	FANGUEIRO Diogo Morgado	02	CFV	2:35.61	50m	03-08-19	Funchal	532
49.	RODRIGUES Pedro Reis	02	CDSR	2:37.43	50m	25-01-20	Funchal	514

200 Bruços (desde 50)

50.	PAULOS Francisco Silva	02	CNF	2:39.06	50m	01-03-20	Funchal	498
51.	DIAS Goncalo Catarino	00	VKGS	2:39.43	50m	09-02-20	Lisboa	495
52.	MARREIROS Ricardo Basilio	97	CDCP	2:39.98	50m	01-03-20	Vila Franca de Xira	489
53.	MIRKA Artem Vos	00	CGA	2:40.56	50m	02-02-20	Povoa de Varzim	484
54.	MACHADO Henrique Chan	02	SAD	2:41.13	50m	01-03-20	Vila Franca de Xira	479
55.	NEVES Tiago Correia	97	CFB	2:41.74	50m	24-04-21	Coimbra	474
56.	COSTA Andre Gouveia	01	CAQC	2:44.06	50m	22-02-20	Coimbra	454
57.	CASTRO Martim Pereira	02	CEOL	2:45.29	50m	01-03-20	Funchal	444
58.	BASTOS Vasco Pereira	02	CNAC	2:49.17	50m	09-05-21	Coimbra	414
59.	SANTOS Goncalo Moreira	01	AAC	2:50.69	50m	22-02-20	Coimbra	403
60.	MARQUES Pedro Almeida	02	CNS	2:51.18	50m	01-03-20	Vila Franca de Xira	399
61.	NUNES Rafael Filipe	96	VKGS	2:52.48	50m	13-06-21	Badajoz (ESP)	390
62.	FERREIRA Luis Duarte	89	CEOL	2:57.49	50m	01-03-20	Funchal	358
63.	SILVA Jose Miguel	02	CNAC	3:02.75	50m	22-02-20	Coimbra	328
64.	CORDEIRO Claudio Rafael	02	CAQC	3:02.98	50m	22-02-20	Coimbra	327
65.	VAZ Joao Francisco	92	POR	3:14.60	50m	21-09-19	OLBIA (ITA)	272
66.	VIEIRA Jose Gabriel	83	POR	3:26.99	50m	21-09-19	OLBIA (ITA)	226
67.	BRITO Rui Xavier	99	SCA	3:38.83	50m	25-01-20	Rio Maior	191
68.	RIBEIRO Pedro Miguel	91	ADDEG	3:38.99	50m	07-12-19	Povoa de Varzim	191
69.	NASCIMENTO Levi Daniel	99	O2ADCP	3:39.97	50m	25-01-20	Rio Maior	188
70.	SILVA Andre Guimaraes	96	FCP	3:43.59	50m	07-12-19	Povoa de Varzim	179
71.	VALADARES David Joao	00	ASC	4:10.05	50m	25-01-20	Rio Maior	128
72.	PESTANA Rui Miguel	00	FCP	4:25.12	50m	07-12-19	Povoa de Varzim	107

50 Mariposa

1.	SCHILLING Leonardo	93	FCP	23.97	50m	05-06-21	Porto	801
2.	NASCIMENTO Miguel Duarte	95	SLB	24.36	50m	28-03-21	Coimbra	764
3.	SILVA Glauber	86	FOCA	24.54	50m	01-08-19	Funchal	747
4.	MARQUES Miguel Henriques	00	SLB	24.76	50m	28-03-21	Coimbra	727
5.	LOPES Gabriel Jose	97	POR	24.88	50m	15-08-20	Loule	717
6.	SANTOS Pedro Andre	94	SAD	24.90	50m	13-02-21	Oeiras	715
7.	FERNANDES Pedro Miguel	99	GDNFAMA	24.93	50m	01-08-19	Funchal	712
8.	CARVALHO Diogo Filipe	88	POR	25.03	50m	15-08-20	Loule	704
9.	SANTOS Alexis Manacas	92	SCP	25.12	50m	08-02-20	Lisboa	696
10.	MADUREIRA Gustavo Almeida	94	AAC	25.23	50m	01-08-19	Funchal	687
11.	PINHO Manuel Antonio	01	CDF	25.25	50m	01-08-19	Funchal	686
12.	MOGNE Igor Araujo	96	SCP	25.31	50m	01-08-19	Funchal	681
13.	SILVA Fernando Souza	86	SFUAP	25.33	50m	01-08-19	Funchal	679
14.	FERNANDES Joao Vitor	00	CEOL	25.36	50m	01-08-19	Funchal	677
14.	NUNES Porfirio Braga	00	FCP	25.36	50m	05-06-21	Porto	677
16.	FRANCISCO Daniel Sebastiao	00	ANG	25.44	50m	28-03-21	Coimbra	670
17.	POLIAKOV Artiom Viatcheslavc93ch	COL		25.48	50m	30-05-21	Rio Maior	667
18.	RAMOS Bruno Miguel	97	CFB	25.59	50m	01-08-19	Funchal	659
19.	CHACON MATEOS FRANCISC99JaviLDC			25.61	50m	08-02-20	Lisboa	657
20.	PEDROSA Carlos Lopes	94	CAFBDP	25.71	50m	08-02-20	Lisboa	649
21.	FIDALGO Mateus Valente	01	CDE	25.74	50m	01-08-19	Funchal	647
22.	PEDRO Daniel Rochinha	98	AHBE	25.77	50m	01-08-19	Funchal	645
23.	UMSARI Daniel Balaguer	94	LDC	25.85	50m	01-08-19	Funchal	639
24.	COSTA Joao Nogueira	01	POR	25.86	50m	23-08-19	BUDAPEST (HUN)	638

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25.	COSTA Diogo Santos	02	ADRCIMM	25.92	50m	28-03-21	Coimbra	634
26.	FERREIRA Miguel Goncalves	93	CDN	25.95	50m	01-08-19	Funchal	632
27.	LOURENCO Tiago Campos	02	CNV	25.96	50m	05-06-21	Porto	631
28.	DOMINGUES Ricardo Jorge	02	FBSC	26.04	50m	28-03-21	Coimbra	625
28.	FERNANDES Eduardo Gomes	02	SCP	26.04	50m	25-04-21	Coimbra	625
30.	DIAS Guilherme Pereira	97	SLB	26.07	50m	01-08-19	Funchal	623
31.	GOMES Vicente Oliveira	02	SCP	26.11	50m	01-08-19	Funchal	620
32.	PEREIRA Mario Alexandre	92	CNAC	26.12	50m	11-01-20	Coimbra	619
33.	SILVA Joao Carlos	98	GDNFAMA	26.14	50m	30-05-21	Coimbra	618
33.	ROCHA Ricardo Filipe	02	CAP	26.14	50m	30-05-21	Coimbra	618
35.	COSTA Andre Gouveia	01	FBSC	26.15	50m	01-08-19	Funchal	617
36.	SOUSA Joao Ribeiro	01	FCP	26.16	50m	01-08-19	Funchal	616
37.	PELAIO Jose Pedro	01	CGA	26.22	50m	01-08-19	Funchal	612
38.	SILVA Pedro Ferraz	98	FOCA	26.25	50m	25-04-21	Coimbra	610
39.	LOPES Tomas Teixeira	02	FOCA	26.30	50m	01-08-19	Funchal	607
40.	DANTAS Diogo Leal	00	SCP	26.33	50m	08-02-20	Lisboa	605
41.	PATRICIO Rodrigo Alexandre	98	AAC	26.36	50m	25-04-21	Coimbra	603
42.	NUNES Guilherme Oliveira	98	LSC	26.38	50m	05-06-21	Porto	601
43.	LOPES David Granja	90	AONDA	26.39	50m	01-08-19	Funchal	600
43.	SAMPAIO Jose Pedro	98	FCP	26.39	50m	01-02-20	Povoa de Varzim	600
45.	SILVA Henrique Gomes	02	AEJ	26.41	50m	13-02-21	Oeiras	599
46.	SILVA Miguel Vicente	02	DNMG	26.43	50m	30-05-21	Rio Maior	598
46.	SANTOS Joao Duarte	95	CNOL	26.43	50m	13-06-21	Loulé	598
48.	VIEGAS Hugo Miguel	02	CNOL	26.45	50m	05-06-21	Porto	596
49.	CARVALHO Andre Antunes	96	SCP	26.50	50m	01-08-19	Funchal	593
50.	MACHADO Bruno Rafael	01	CFP	26.53	50m	01-08-19	Funchal	591
50.	GOMES Filipe Miguel	97	MAW	26.53	50m	22-08-19	CASA BLANCA (MAR)	591
52.	ALFAMA Martim Primavera	02	GESL	26.55	50m	08-02-20	Lisboa	590
53.	COTOVIO Ricardo Ferreira	91	VKGS	26.60	50m	28-02-20	Vila Franca de Xira	586
54.	AGUIAR Gabriel Silva	01	FCP	26.61	50m	01-08-19	Funchal	586
55.	CLEMENTE Bernardo Santos	98	AAC	26.63	50m	25-04-21	Coimbra	584
55.	PINOTES Pedro Miguel	89	ANG	26.63	50m	25-04-21	Coimbra	584
57.	NEVES Tiago Correia	97	POR	26.68	50m	29-08-19	SÃO PAULO (BRA)	581
58.	CAROLA Hugo Filipe	01	CGA	26.70	50m	01-08-19	Funchal	580
59.	DOMINGOS Ruy Manuel	02	SCP	26.72	50m	01-08-19	Funchal	578
60.	MESTRE Afonso Godinho	95	CNLX	26.77	50m	08-02-20	Lisboa	575
61.	LOPES Carlos Filipe	01	SFUAP	26.78	50m	01-08-19	Funchal	575
62.	LOPES Joao Francisco	98	SCB	26.79	50m	01-02-20	Povoa de Varzim	574
62.	LOPES Jose Paulo	00	SCB	26.79	50m	14-02-21	Oeiras	574
64.	CRISTINO David Matias	01	SFUAP	26.81	50m	28-03-21	Coimbra	573
65.	SIMOES Bernardo Jorge	02	CNTN	26.84	50m	01-08-19	Funchal	571
66.	FERNANDES Joao Diogo	98	CFB	26.90	50m	28-02-20	Vila Franca de Xira	567
67.	VELOSO Tomas Miguel	96	CNAC	26.93	50m	11-01-20	Coimbra	565
68.	AGUIAR Joao Menezes	97	CNF	26.95	50m	08-02-20	Lisboa	564
69.	FREIRE Carlos Marques	01	CFB	27.07	50m	01-08-19	Funchal	556
70.	MAGALHAES Eduardo Miguel	02	VSC	27.09	50m	05-06-21	Porto	555
71.	FONSECA Luis Filipe	97	CFE	27.12	50m	08-02-20	Lisboa	553
71.	MENDES Joao Nogueira	02	CIRL	27.12	50m	28-02-20	Vila Franca de Xira	553
73.	RIACHOS Frederico Sucena	98	VSC	27.15	50m	25-04-21	Coimbra	551
74.	NOVA Tiago Vila	00	PORTIN	27.19	50m	08-02-20	Lisboa	549

50 Mariposa (desde 75)

74.	GOUVEIA Pedro Galvao	99	CDN	27.19	50m	23-02-20	Funchal	549
76.	SANTOS Nuno Goncalo	96	ADBA	27.24	50m	01-02-20	Povoa de Varzim	546
77.	AMARAL Francisco Rodriguez	02	CDCA	27.28	50m	01-08-19	Funchal	544
78.	GOMEZ MARCOS Jesus Gome	99	LDC	27.32	50m	13-06-21	Loulé	541
79.	LOPES Rodrigo Pereira	95	VKGS	27.33	50m	13-06-21	Badajoz (ESP)	541
80.	MELO Filipe Ferrao	01	CNS	27.40	50m	08-02-20	Lisboa	536
80.	SANTOS Edgar Filipe	01	SFUAP	27.40	50m	28-02-20	Vila Franca de Xira	536
82.	ZINCA Andrei Iulian	00	CAPGE	27.42	50m	08-02-20	Lisboa	535
83.	BRANCO Alexandre Miguel	01	SAD	27.44	50m	08-02-20	Lisboa	534
84.	PAIS Joao Ventura	02	FBSC	27.46	50m	09-05-21	Coimbra	533
85.	PIRES Joao Nuno	94	CNG	27.47	50m	08-02-20	Lisboa	532
86.	SILVA Paulo Filipe	98	CNMAIA	27.48	50m	01-02-20	Povoa de Varzim	532
87.	MORIM Pedro Soares	02	CNPO	27.51	50m	01-02-20	Povoa de Varzim	530
88.	ALVES Afonso Pinto	02	CNF	27.53	50m	01-03-20	Funchal	529
89.	CORTINES Juan Salvador Durar	96	LDC	27.56	50m	13-06-21	Loulé	527
90.	MACHADO Tiago Andrade	02	CGA	27.57	50m	08-02-20	Lisboa	527
91.	CASTELEIRO Diogo Alexandre	01	SCP	27.62	50m	28-02-20	Vila Franca de Xira	524
92.	CARDOSO Diogo Santos	01	ADRCIMM	27.65	50m	13-02-21	Oeiras	522
93.	MATEUS Joao Garcez	02	AONDA	27.66	50m	08-02-20	Lisboa	521
94.	GOMES Rodrigo Ribeiro	00	CAQC	27.67	50m	09-05-21	Coimbra	521
95.	GRENHO Andre Tavares	99	GESL	27.69	50m	28-02-20	Vila Franca de Xira	520
96.	CRUZ Henrique Rodrigues	02	ADRCIMM	27.72	50m	08-02-20	Lisboa	518
97.	MARREIROS Ricardo Basilio	97	CDCP	27.73	50m	28-02-20	Vila Franca de Xira	517
98.	AMORIM Ivan Emanuel	02	CNCE	27.77	50m	28-03-21	Coimbra	515
99.	JESUS Afonso Guilherme	00	VKGS	27.78	50m	08-02-20	Lisboa	515
99.	FERREIRA Pedro Mendes	01	CFB	27.78	50m	28-02-20	Vila Franca de Xira	515

100 Mariposa

1.	NASCIMENTO Miguel Duarte	95	SLB	53.43	50m	24-04-21	Coimbra	795
2.	SANTOS Pedro Andre	94	SAD	54.57	50m	27-03-21	Coimbra	746
3.	PEREIRA Luiz Pedro	91	CRF/RJ	54.62	50m	20-03-21	Rio Janeiro (BRA)	744
4.	CARVALHO Diogo Filipe	88	CGA	54.81	50m	20-12-20	Oeiras	736
5.	LOPES Gabriel Jose	97	ALN	54.99	50m	20-12-20	Oeiras	729
6.	SILVA Glauber	86	FOCA	55.20	50m	03-08-19	Funchal	721
7.	MOGNE Igor Araujo	96	SCP	55.27	50m	03-08-19	Funchal	718
8.	RAMOS Bruno Miguel	97	POR	55.53	50m	16-08-20	Loule	708
9.	NUNES Porfirio Braga	00	FCP	55.55	50m	27-03-21	Coimbra	707
10.	SCHILLING Leonardo	93	FCP	55.56	50m	29-05-21	Coimbra	707
11.	CHACON MATEOS FRANCISCO	99	JaviLDC	55.59	50m	09-02-20	Lisboa	706
12.	CORDEIRO Tiago Roberto	00	SLB	56.00	50m	20-12-20	Oeiras	690
13.	SAHNOUNE Oussama	92	SLB	56.25	50m	13-02-21	BARCELONA (ESP)	681
14.	SILVA Fernando Souza	86	SFUAP	56.28	50m	03-08-19	Funchal	680
15.	SEQUEIRA Afonso Meneses	99	CNF	56.41	50m	03-08-19	Funchal	675
16.	SILVA Henrique Gomes	02	AEJ	56.50	50m	27-03-21	Coimbra	672
17.	SILVA Joao Carlos	98	GDNFAMA	56.54	50m	29-05-21	Coimbra	671
18.	COSTA Joao Nogueira	01	VSC	56.68	50m	20-12-20	Oeiras	666
19.	DOMINGOS Ruy Manuel	02	SCP	56.98	50m	20-12-20	Oeiras	655
20.	COSTA Diogo Santos	02	ADRCIMM	56.99	50m	27-03-21	Coimbra	655
21.	UMSARI Daniel Balaguer	94	LDC	57.25	50m	03-08-19	Funchal	646

100 Mariposa (desde 22)

22.	PINHO Manuel Antonio	01	CDF	57.26	50m	03-08-19	Funchal	646
23.	PEDROSA Carlos Lopes	94	CAFBDP	57.31	50m	29-05-21	Rio Maior	644
24.	SAMPAIO Jose Pedro	98	CFP	57.34	50m	03-08-19	Funchal	643
25.	GOMES Vicente Oliveira	02	SCP	57.35	50m	29-05-21	Rio Maior	643
26.	GOUVEIA Pedro Galvao	99	CDN	57.45	50m	03-08-19	Funchal	639
27.	AGUIAR Gabriel Silva	01	FCP	57.57	50m	03-08-19	Funchal	635
28.	SANTOS Joao Duarte	95	CNOL	57.66	50m	03-08-19	Funchal	632
29.	FRANCISCO Daniel Sebastiao	00	SLB	57.84	50m	09-02-20	Lisboa	626
30.	CARVALHO Andre Antunes	96	SCP	57.87	50m	03-08-19	Funchal	625
31.	ROCHA Ricardo Filipe	02	CAP	57.97	50m	29-05-21	Coimbra	622
32.	SOUSA Joao Ribeiro	01	FCP	58.00	50m	03-08-19	Funchal	621
33.	COSTA Andre Gouveia	01	FBSC	58.02	50m	03-08-19	Funchal	620
34.	VIEGAS Hugo Miguel	02	CNOL	58.27	50m	06-06-21	Porto	613
35.	DOMINGUES Ricardo Jorge	02	FBSC	58.47	50m	09-02-20	Lisboa	606
35.	PEDRO Daniel Rochinha	98	AHBE	58.47	50m	01-03-20	Vila Franca de Xira	606
37.	LOURENCO Tiago Campos	02	CNV	58.62	50m	03-08-19	Funchal	602
38.	SILVA Tomas Antonio	01	CNF	58.68	50m	29-02-20	Funchal	600
39.	TRAVANCA Sergio Filipe	00	INDANP	58.73	50m	06-06-21	Porto	598
40.	MACHADO Joao Daniel	99	SFUAP	58.78	50m	01-03-20	Vila Franca de Xira	597
41.	AMARAL Francisco Rodriguez	02	FCP	58.94	50m	06-06-21	Porto	592
42.	LOPES Carlos Filipe	01	SFUAP	59.00	50m	03-08-19	Funchal	590
43.	CRISTINO David Matias	01	00088	59.06	50m	07-03-20	San Fernando (ESP)	588
44.	PELAIO Jose Pedro	01	CGA	59.09	50m	03-08-19	Funchal	587
45.	CAMOES Tiago Maria	01	SFUAP	59.30	50m	03-08-19	Funchal	581
46.	MENDES Antonio Manuel	99	SCP	59.33	50m	24-04-21	Coimbra	580
47.	PINOTES Pedro Miguel	89	SCP	59.42	50m	19-06-21	Loulé	578
48.	NEVES Tiago Correia	97	POR	59.56	50m	27-08-19	SÃO PAULO (BRA)	574
49.	BRANCO Alexandre Miguel	01	SAD	59.57	50m	09-02-20	Lisboa	573
50.	MAGALHAES Eduardo Miguel	02	VSC	59.61	50m	03-08-19	Funchal	572
51.	SANTOS Nuno Goncalo	96	ADBA	59.64	50m	22-02-20	Coimbra	571
52.	LOPES Tomas Teixeira	02	FOCA	59.67	50m	02-02-20	Povoa de Varzim	570
53.	ALVES Nuno Rafael	90	CAP	59.91	50m	22-02-20	Coimbra	564
54.	SANTOS Edgar Filipe	01	SFUAP	59.92	50m	01-03-20	Vila Franca de Xira	563
55.	AGUIAR Joao Menezes	97	CNF	59.93	50m	09-02-20	Lisboa	563
56.	CAROLA Hugo Filipe	01	CGA	59.98	50m	09-02-20	Lisboa	562
57.	PEREIRA Joao Peixoto	01	SCB	1:00.04	50m	02-02-20	Povoa de Varzim	560
58.	BESSA Antonio Rafael	94	CAP	1:00.11	50m	02-02-20	Povoa de Varzim	558
59.	MACHADO Tiago Andrade	02	CGA	1:00.14	50m	02-02-20	Povoa de Varzim	557
60.	PIRES Ricardo Saraiva	98	CIRL	1:00.47	50m	01-03-20	Vila Franca de Xira	548
61.	GORDO Goncalo Morais	02	ADRCIMM	1:00.48	50m	03-08-19	Funchal	548
62.	LOPES David Granja	90	AONDA	1:00.51	50m	09-02-20	Lisboa	547
63.	MESTRE Afonso Godinho	95	CNLX	1:00.52	50m	09-02-20	Lisboa	547
64.	CARDOSO Diogo Santos	01	ADRCIMM	1:00.56	50m	14-02-21	Oeiras	546
65.	FERREIRA Pedro Mendes	01	CFB	1:00.66	50m	01-03-20	Vila Franca de Xira	543
66.	SILVA Paulo Filipe	98	CNMAIA	1:00.70	50m	02-02-20	Povoa de Varzim	542
67.	CASTELEIRO Diogo Alexandre	01	SCP	1:00.72	50m	01-03-20	Vila Franca de Xira	541
68.	NEVES Pedro Barata	00	CIRL	1:00.85	50m	01-03-20	Vila Franca de Xira	538
69.	MELO Filipe Ferrao	01	CNS	1:00.86	50m	09-02-20	Lisboa	538
70.	PINTO Pedro Miguel	02	SCP	1:01.17	50m	24-04-21	Coimbra	529
71.	FERNANDES Joao Vitor	00	CEOL	1:01.21	50m	29-05-21	Rio Maior	528

100 Mariposa (desde 72)

72.	AMORIM Ivan Emanuel	02	CNCE	1:01.22	50m	27-03-21	Coimbra	528
73.	MATEUS Diogo Garcez	02	AONDA	1:01.26	50m	01-03-20	Vila Franca de Xira	527
74.	MENDES Joao Nogueira	02	CIRL	1:01.42	50m	01-03-20	Vila Franca de Xira	523
75.	NOVA Tiago Vila	00	PORTIN	1:01.53	50m	09-02-20	Lisboa	520
76.	ALFAMA Martim Primavera	02	GESL	1:01.55	50m	09-02-20	Lisboa	520
77.	ALVES Afonso Pinto	02	CNF	1:01.62	50m	29-02-20	Funchal	518
78.	PIRES Joao Nuno	94	CNG	1:01.65	50m	09-02-20	Lisboa	517
79.	SILVA Miguel Vicente	02	DNMG	1:01.66	50m	02-02-20	Povoa de Varzim	517
80.	BASTOS Lucas Pereira	00	CNAC	1:01.67	50m	22-02-20	Coimbra	517
81.	SILVA Rodrigo Reis	98	CCLAMAS	1:01.69	50m	02-02-20	Povoa de Varzim	516
82.	SOARES Luis Filipe	98	CCLAMAS	1:01.84	50m	02-02-20	Povoa de Varzim	512
83.	MALFEITO Martim Rebelo	02	CNLX	1:01.86	50m	24-04-21	Coimbra	512
84.	GRACA Fernando Guerreiro	02	CNF	1:01.87	50m	29-02-20	Funchal	512
85.	SIMOES Bernardo Jorge	02	CNTN	1:01.97	50m	03-08-19	Funchal	509
86.	OVIDEO Miguel Freitas	02	AAC	1:01.98	50m	08-05-21	Coimbra	509
87.	MARTINS Joao Miguel	02	CFB	1:02.05	50m	01-03-20	Vila Franca de Xira	507
88.	MORIM Pedro Soares	02	CNPO	1:02.08	50m	02-02-20	Povoa de Varzim	506
88.	SILVA Joao Jesus	02	JACL	1:02.08	50m	29-02-20	Funchal	506
90.	GONCALVES Francisco Xavier	97	CNAC	1:02.13	50m	11-01-20	Coimbra	505
91.	VELOSO Tomas Miguel	96	CNAC	1:02.18	50m	22-02-20	Coimbra	504
92.	FIDALGO Mateus Valente	01	CDE	1:02.35	50m	02-02-20	Povoa de Varzim	500
92.	MATEUS Joao Garcez	02	AONDA	1:02.35	50m	09-02-20	Lisboa	500
94.	MATOS Diogo Ribas	02	CAQC	1:02.37	50m	24-04-21	Coimbra	499
95.	NUNES Rafael Filipe	96	SLB	1:02.42	50m	09-02-20	Lisboa	498
96.	RIBEIRO Afonso Mateus	95	CFB	1:02.57	50m	01-03-20	Vila Franca de Xira	495
97.	JACINTO Rafael Rodrigues	02	CFB	1:02.66	50m	01-03-20	Vila Franca de Xira	492
98.	SANTOS Goncalo Duarte	00	VKGS	1:02.69	50m	09-02-20	Lisboa	492
99.	LUCAS Joao Filipe	94	AAC	1:02.72	50m	22-02-20	Coimbra	491
100.	FERRO Henrique Martins	01	CNF	1:02.83	50m	29-02-20	Funchal	489

200 Mariposa

1.	CORDEIRO Tiago Roberto	00	SLB	2:00.40	50m	19-12-20	Oeiras	777
2.	CARVALHO Diogo Filipe	88	CGA	2:01.28	50m	08-02-20	Lisboa	761
3.	SILVA Henrique Gomes	02	AEJ	2:01.76	50m	27-03-21	Coimbra	752
4.	CHACON MATEOS FRANCISCO	99	JaviLDC	2:01.97	50m	08-02-20	Lisboa	748
5.	LOPES Gabriel Jose	97	ALN	2:02.82	50m	04-08-19	Funchal	732
6.	PEREIRA Luiz Pedro	91	CRF/RJ	2:02.83	50m	20-02-21	Rio Janeiro (BRA)	732
7.	LOPES Jose Paulo	00	SCB	2:03.36	50m	13-02-21	Oeiras	723
8.	SILVA Tomas Antonio	01	FCP	2:04.14	50m	29-05-21	Coimbra	709
9.	SANTOS Pedro Andre	94	SAD	2:04.34	50m	19-12-20	Oeiras	706
10.	COSTA Tiago Cunha	99	SCP	2:05.12	50m	29-05-21	Rio Maior	693
11.	NUNES Porfirio Braga	00	FCP	2:05.21	50m	05-06-21	Porto	691
12.	RAMOS Bruno Miguel	97	CFB	2:05.27	50m	19-12-20	Oeiras	690
13.	VITAL Joao Alexandre	98	SCP	2:06.28	50m	19-12-20	Oeiras	674
14.	SILVA Joao Carlos	98	GDNFAMA	2:07.44	50m	29-05-21	Coimbra	655
15.	CARDOSO Diogo Santos	01	ADRCIMM	2:07.63	50m	19-12-20	Oeiras	653
16.	COSTA Andre Gouveia	01	SANC	2:07.67	50m	08-02-20	Lisboa	652
17.	MENDES Antonio Manuel	99	SCP	2:07.75	50m	04-08-19	Funchal	651
18.	BESSA Antonio Rafael	94	CAP	2:07.80	50m	04-08-19	Funchal	650

200 Mariposa (desde 19)

19.	CRISTINO David Matias	01	SFUAP	2:07.87	50m	04-08-19	Funchal	649
20.	CARVALHO Andre Antunes	96	SCP	2:08.00	50m	19-12-20	Oeiras	647
21.	COSTA Joao Nogueira	01	VSC	2:08.31	50m	04-08-19	Funchal	642
22.	TRAVANCA Sergio Filipe	00	LSC	2:09.25	50m	04-08-19	Funchal	628
23.	GOUVEIA Pedro Galvao	99	CDN	2:09.29	50m	04-08-19	Funchal	628
24.	SEQUEIRA Afonso Meneses	99	CNF	2:09.62	50m	04-08-19	Funchal	623
25.	SILVA Martim Moniz	99	CNF	2:09.76	50m	04-08-19	Funchal	621
26.	SANTOS Joao Duarte	95	CNOL	2:09.85	50m	08-02-20	Lisboa	620
27.	SAMPAIO Jose Pedro	98	CFP	2:09.91	50m	04-08-19	Funchal	619
28.	BATE Miguel Ribeiro	99	SAD	2:10.01	50m	04-08-19	Funchal	617
29.	COSTA Diogo Santos	02	ADRCIMM	2:10.33	50m	04-08-19	Funchal	613
30.	CARVALHO Jose Paula	98	SAD	2:10.90	50m	08-02-20	Lisboa	605
31.	CAMPOS Tiago Filipe	99	CNRM	2:11.25	50m	19-12-20	Oeiras	600
32.	ALVES Nuno Rafael	90	CAP	2:11.31	50m	22-02-20	Coimbra	599
33.	BRANCO Alexandre Miguel	01	SAD	2:11.32	50m	08-02-20	Lisboa	599
34.	AGUIAR Gabriel Silva	01	FCP	2:11.37	50m	04-08-19	Funchal	598
35.	GOMES Vicente Oliveira	02	SCP	2:12.24	50m	04-08-19	Funchal	587
36.	BASTOS Lucas Pereira	00	CNAC	2:12.32	50m	08-05-21	Coimbra	586
37.	FERNANDES Eduardo Gomes	02	SCP	2:12.39	50m	29-05-21	Rio Maior	585
38.	REBELO Diogo Nogueira	98	ADRCIMM	2:12.47	50m	08-02-20	Lisboa	584
39.	PINTO Pedro Miguel	02	SCP	2:13.56	50m	25-04-21	Coimbra	569
40.	MARTINS Joao Miguel	02	CFB	2:14.30	50m	01-03-20	Vila Franca de Xira	560
41.	NEVES Pedro Barata	00	CIRL	2:14.36	50m	08-02-20	Lisboa	559
42.	PINOTES Pedro Miguel	89	SCP	2:14.64	50m	13-06-21	Badajoz (ESP)	556
43.	GORDO Goncalo Morais	02	ADRCIMM	2:15.04	50m	04-08-19	Funchal	551
44.	LUZ Filipe Ferreira	98	GESL	2:15.10	50m	01-03-20	Vila Franca de Xira	550
45.	AMARAL Francisco Rodriguez	02	CDCA	2:15.17	50m	04-08-19	Funchal	549
46.	FERREIRA Pedro Mendes	01	CFB	2:15.50	50m	01-03-20	Vila Franca de Xira	545
47.	NUNES Rafael Filipe	96	SLB	2:15.78	50m	08-02-20	Lisboa	542
48.	MAGALHAES Eduardo Miguel	02	VSC	2:16.54	50m	01-02-20	Povoa de Varzim	533
49.	MARREIROS Ricardo Basilio	97	CDCP	2:17.06	50m	08-02-20	Lisboa	527
50.	SANTOS Nuno Goncalo	96	ADBA	2:17.86	50m	22-02-20	Coimbra	518
51.	ROCHA Ricardo Filipe	02	CAP	2:18.76	50m	22-02-20	Coimbra	508
52.	CASTELEIRO Diogo Alexandre	01	SCP	2:18.80	50m	01-03-20	Vila Franca de Xira	507
53.	LOPES Miguel Sanches	01	AVFC	2:18.87	50m	08-02-20	Lisboa	506
54.	SANTOS Edgar Filipe	01	SFUAP	2:18.92	50m	08-02-20	Lisboa	506
55.	SANTOS Goncalo Duarte	00	VKGS	2:19.15	50m	08-02-20	Lisboa	503
56.	NEVES Tiago Correia	97	POR	2:19.59	50m	31-08-19	SÃO PAULO (BRA)	499
57.	CRUZ Miguel Duarte	99	CFB	2:19.80	50m	27-03-21	Coimbra	496
58.	PINTO Antonio Fernando	99	FOCA	2:20.26	50m	01-02-20	Povoa de Varzim	492
59.	ROCHA Joao Pedro	02	VNC	2:20.39	50m	01-02-20	Povoa de Varzim	490
60.	PEREIRA Joao Peixoto	01	SCB	2:20.46	50m	01-02-20	Povoa de Varzim	489
61.	GRACA Fernando Guerreiro	02	CNF	2:20.48	50m	28-02-20	Funchal	489
62.	CAMOES Tiago Maria	01	SFUAP	2:20.59	50m	08-02-20	Lisboa	488
63.	DOMINGUES Ricardo Jorge	02	FBSC	2:21.16	50m	08-02-20	Lisboa	482
64.	FERRO Henrique Martins	01	CNF	2:22.61	50m	28-02-20	Funchal	468
65.	ARZILEIRO Bernardo Vinagre	01	CUC	2:24.48	50m	22-02-20	Coimbra	450
66.	VIEGAS Hugo Miguel	02	CNOL	2:26.05	50m	13-06-21	Loulé	435
67.	SILVA Luis Afonso	02	CDE	2:30.40	50m	01-02-20	Povoa de Varzim	399
68.	FIGUEIRA Gabriel Jose	01	AAC	2:34.72	50m	08-05-21	Coimbra	366

200 Mariposa (desde 69)

69.	MARQUES Rui Joao	02	CNAC	2:36.28	50m	22-02-20	Coimbra	355
70.	FIGUEIREDO Filipe Fonseca	98	FS	2:44.43	50m	01-03-20	Vila Franca de Xira	305
71.	SILVA Jose Miguel	02	CNAC	2:54.79	50m	22-02-20	Coimbra	254
72.	VAZ Joao Francisco	92	POR	3:16.41	50m	21-09-19	OLBIA (ITA)	179
73.	SANTOS Filipe Bjorcke	88	POR	3:21.97	50m	21-09-19	OLBIA (ITA)	164
74.	NASCIMENTO Levi Daniel	99	O2ADCP	3:45.32	50m	07-12-19	Povoa de Varzim	118
75.	SILVA Jose Miguel	95	FCP	4:41.80	50m	07-12-19	Povoa de Varzim	60

200 Estilos

1.	SANTOS Alexis Manacas	92	POR	1:59.13	50m	19-05-21	Budapest (HUN)	876
2.	LOPES Gabriel Jose	97	ALN	2:00.02	50m	20-12-20	Oeiras	856
3.	CARVALHO Diogo Filipe	88	POR	2:01.80	50m	19-05-21	Budapest (HUN)	819
4.	LOPES Jose Paulo	00	POR	2:02.67	50m	02-06-21	CANET-EN-ROUSSILLON (F802	
5.	VELOSO Tomas Miguel	96	CNAC	2:04.17	50m	04-08-19	Funchal	773
6.	RAMOS Bruno Miguel	97	CFB	2:04.45	50m	28-03-21	Coimbra	768
7.	VITAL Joao Alexandre	98	SCP	2:05.11	50m	04-08-19	Funchal	756
8.	SIMOES Rafael Gomes	00	SCB	2:05.77	50m	04-08-19	Funchal	744
9.	SILVA Henrique Gomes	02	AEJ	2:06.13	50m	20-12-20	Oeiras	738
10.	SILVA Tomas Antonio	01	FCP	2:07.27	50m	29-05-21	Coimbra	718
11.	CONDE Alvaro Lopez	92	LDC	2:07.68	50m	09-02-20	Lisboa	711
12.	BASTOS Lucas Pereira	00	CNAC	2:08.06	50m	04-08-19	Funchal	705
13.	NUNES Porfirio Braga	00	FCP	2:08.09	50m	06-06-21	Porto	704
14.	DANTAS Diogo Leal	00	SCP	2:08.10	50m	20-12-20	Oeiras	704
15.	COSTA Tiago Cunha	99	SCP	2:08.56	50m	28-03-21	Coimbra	697
16.	PINOTES Pedro Miguel	89	ANG	2:10.25	50m	28-03-21	Coimbra	670
17.	SAMPAIO Jose Pedro	98	FCP	2:10.36	50m	20-12-20	Oeiras	668
18.	FERNANDES Eduardo Gomes	02	SCP	2:10.58	50m	04-08-19	Funchal	665
19.	CATALAO Daniel Nogueira	00	SLB	2:11.34	50m	04-08-19	Funchal	653
20.	COSTA Diogo Santos	02	ADRCIMM	2:11.35	50m	14-02-21	Oeiras	653
21.	CORREIA Joao Mota	97	SLB	2:11.65	50m	04-08-19	Funchal	649
22.	QUINTAS Francisco Robalo	95	SCP	2:12.17	50m	24-04-21	Coimbra	641
23.	DINIS Tiago Moises	98	CNAC	2:12.75	50m	04-08-19	Funchal	633
24.	CORDEIRO Tiago Roberto	00	SLB	2:12.79	50m	04-08-19	Funchal	632
25.	CARDOSO Diogo Santos	01	ADRCIMM	2:12.91	50m	28-03-21	Coimbra	631
26.	CRISTINO David Matias	01	SFUAP	2:13.21	50m	29-05-21	Rio Maior	626
27.	JOAQUIM Andre Serro	00	PORTIN	2:14.01	50m	04-08-19	Funchal	615
27.	SILVA Pedro Miguel	94	ADRCIMM	2:14.01	50m	04-08-19	Funchal	615
29.	GOMES Vicente Oliveira	02	SCP	2:15.08	50m	29-05-21	Rio Maior	601
30.	ALFAMA Martim Primavera	02	GESL	2:15.15	50m	04-08-19	Funchal	600
31.	LOPES Tomas Teixeira	02	FOCA	2:15.21	50m	02-02-20	Povoa de Varzim	599
32.	BESSA Antonio Rafael	94	CAP	2:15.37	50m	02-02-20	Povoa de Varzim	597
33.	MARTINS Bruno Miguel	93	GESL	2:16.03	50m	23-02-20	Osnabrück (GER)	588
34.	SILVA Paulo Filipe	98	CNMAIA	2:16.28	50m	04-08-19	Funchal	585
35.	MARREIROS Ricardo Basilio	97	CDCP	2:16.44	50m	09-02-20	Lisboa	583
36.	ALVES Nuno Rafael	90	CAP	2:16.58	50m	18-01-20	Povoa de Varzim	581
37.	COSTA Andre Gouveia	01	SANC	2:16.67	50m	09-02-20	Lisboa	580
38.	PINTO Pedro Miguel	02	SCP	2:16.96	50m	04-08-19	Funchal	576
39.	ZENZA Francisco Manuel	01	CNMAIA	2:17.14	50m	18-01-20	Povoa de Varzim	574
40.	DOMINGOS Ruy Manuel	02	SCP	2:17.23	50m	04-08-19	Funchal	573

200 Estilos (desde 41)

41.	AMORIM Ivan Emanuel	02	CNCE	2:17.82	50m	28-03-21	Coimbra	565
42.	ESTEVES Pedro Ferraz	99	CNLX	2:17.87	50m	24-04-21	Coimbra	565
43.	JESUS Afonso Guilherme	00	VKGS	2:17.91	50m	01-03-20	Vila Franca de Xira	564
44.	CABRITO Rodrigo Almeida	01	CFB	2:18.22	50m	04-08-19	Funchal	561
45.	GORDO Goncalo Morais	02	ADRCIMM	2:18.30	50m	04-08-19	Funchal	560
46.	PIEIDADE Sebastiao Limbert	00	SAD	2:18.34	50m	01-03-20	Vila Franca de Xira	559
47.	MATEUS Diogo Garcez	02	AONDA	2:19.00	50m	01-03-20	Vila Franca de Xira	551
48.	RIBEIRO Diogo Filipe	02	LSC	2:19.13	50m	02-02-20	Povoa de Varzim	550
49.	NUNES Rafael Filipe	96	SLB	2:19.21	50m	09-02-20	Lisboa	549
50.	NEVES Tiago Correia	97	POR	2:19.36	50m	30-08-19	SÃO PAULO (BRA)	547
51.	GRENHO Andre Tavares	99	GESL	2:19.68	50m	01-03-20	Vila Franca de Xira	543
52.	GASPAR Miguel Caridade	99	SANC	2:19.98	50m	09-02-20	Lisboa	540
53.	RIBEIRO Afonso Mateus	95	CFB	2:20.01	50m	01-03-20	Vila Franca de Xira	539
54.	MASCARENHAS Henrique Silva	01	ANG	2:20.08	50m	28-03-21	Coimbra	538
55.	GONCALVES Francisco Xavier	97	CNAC	2:20.23	50m	11-01-20	Coimbra	537
56.	SANTOS Afonso Amaro	02	GESL	2:20.39	50m	01-03-20	Vila Franca de Xira	535
57.	RODRIGUES Pedro Reis	02	SANMAD	2:20.80	50m	09-02-20	Lisboa	530
58.	ZINCA Andrei Iulian	00	CAPGE	2:21.16	50m	09-02-20	Lisboa	526
59.	CARREIRO Pedro Dordio	97	GESL	2:21.42	50m	01-03-20	Vila Franca de Xira	523
60.	VIEGAS Hugo Miguel	02	CNOL	2:21.69	50m	13-06-21	Loulé	520
61.	CRUZ Miguel Duarte	99	CFB	2:22.73	50m	29-05-21	Rio Maior	509
62.	LOURENCO Tiago Campos	02	CNV	2:22.93	50m	18-01-20	Povoa de Varzim	507
62.	MELO Filipe Ferrao	01	CNS	2:22.93	50m	01-03-20	Vila Franca de Xira	507
64.	FAIA Ricardo Alexandre	00	VKGS	2:23.01	50m	13-06-21	Badajoz (ESP)	506
65.	KOBAYASHI Bruno Shinji	02	CFV	2:23.41	50m	18-01-20	Povoa de Varzim	502
66.	BRAS Ricardo Martins	01	CFB	2:23.58	50m	01-03-20	Vila Franca de Xira	500
67.	OLIVEIRA Luis Carlos	97	CNMAIA	2:23.59	50m	02-02-20	Povoa de Varzim	500
68.	AUGUSTO Bernardo Antunes	00	AONDA	2:24.99	50m	01-03-20	Vila Franca de Xira	486
69.	SILVA Joao Jesus	02	JACL	2:25.32	50m	22-02-20	Funchal	482
70.	GRACHAT David Realista	87	POR	2:25.80	50m	14-09-19	LONDON (GBR)	478
71.	CUNHA Joao Simons	02	CFP	2:26.02	50m	18-01-20	Povoa de Varzim	475
72.	ARAUJO Sergio Daniel	02	CNPO	2:26.64	50m	19-12-20	Povoa do Varzim	469
73.	GONCALVES Jose Joao	01	SCB	2:27.32	50m	18-01-20	Povoa de Varzim	463
74.	COSTA Marco Antonio	02	CNG	2:29.32	50m	09-02-20	Lisboa	445
75.	DIAS Goncalo Catarino	00	VKGS	2:30.46	50m	01-03-20	Vila Franca de Xira	434
76.	OVIDEIO Miguel Freitas	02	AAC	2:30.78	50m	11-01-20	Coimbra	432
77.	BASTOS Vasco Pereira	02	CNAC	2:31.95	50m	08-05-21	Coimbra	422
78.	CANCELA Diogo Luis	02	POR	2:32.26	50m	21-05-21	Funchal	419
79.	MARQUES Rui Joao	02	CNAC	2:33.13	50m	11-01-20	Coimbra	412
80.	CASTRO Martim Pereira	02	CEOL	2:33.72	50m	25-01-20	Funchal	407
81.	FERNANDES Joao Vitor	00	CEOL	2:36.40	50m	22-02-20	Funchal	387
82.	FERREIRA Goncalo Fernando	94	ADP	2:39.99	50m	18-01-20	Povoa de Varzim	361
83.	JORGE Andre Camara	90	CEOL	2:41.05	50m	22-02-20	Funchal	354
84.	VIEIRA Duarte Nuno	95	JACL	2:42.81	50m	22-02-20	Funchal	343
85.	MENESES Marco Ribeiro	01	CRASTO	2:45.10	50m	18-01-20	Coimbra	329
86.	FERREIRA Luis Duarte	89	CEOL	2:50.00	50m	22-02-20	Funchal	301
87.	VAZ Joao Francisco	92	POR	3:02.61	50m	18-09-19	OLBIA (ITA)	243
88.	SOARES Ricardo Aderneira	99	GESL	3:06.47	50m	26-01-20	Rio Maior	228
89.	RIBEIRO Pedro Miguel	91	ADDEG	3:07.95	50m	08-12-19	Povoa de Varzim	223
90.	VIDEIRA Daniel Carlos	92	GESL	3:09.79	50m	26-01-20	Rio Maior	216

200 Estilos (desde 91)

91.	SOUSA Micael Silva	00	SCA	3:12.93	50m	26-01-20	Rio Maior	206
92.	BRITO Rui Xavier	99	SCA	3:15.33	50m	08-12-19	Povoa de Varzim	198
93.	ALMEIDA Andre Reis	00	SCP	3:16.64	50m	14-02-21	Oeiras	194
94.	CAMPOS Joao Miguel	79	ADADA	3:18.41	50m	26-01-20	Rio Maior	189
95.	SILVA Andre Guimaraes	96	FCP	3:21.42	50m	08-12-19	Povoa de Varzim	181
96.	ROCHA Ivo Filipe	90	FVCD	3:27.49	50m	28-03-21	Coimbra	165
97.	REIS Bruno Ferreira	00	FCP	3:29.80	50m	08-12-19	Povoa de Varzim	160
98.	ALVES Antonio Joaquin	97	FVCD	3:32.63	50m	18-01-20	Coimbra	154
99.	VIEIRA Jose Gabriel	83	POR	3:44.79	50m	18-09-19	OLBIA (ITA)	130
100.	MONTEIRO Luis Miguel	96	ADADA	3:45.05	50m	08-12-19	Povoa de Varzim	129

400 Estilos

1.	LOPES Jose Paulo	00	POR	4:17.22	50m	23-05-21	Budapest (HUN)	851
2.	VITAL Joao Alexandre	98	SCP	4:18.98	50m	02-08-19	Funchal	834
3.	LOPES Gabriel Jose	97	ALN	4:22.52	50m	02-08-19	Funchal	801
4.	RAMOS Bruno Miguel	97	CFB	4:28.54	50m	25-04-21	Coimbra	748
5.	SIMOES Rafael Gomes	00	SCB	4:29.45	50m	02-08-19	Funchal	741
6.	BASTOS Lucas Pereira	00	CNAC	4:30.84	50m	02-08-19	Funchal	729
7.	SILVA Tomas Antonio	01	FCP	4:32.09	50m	19-12-20	Oeiras	719
8.	CORDEIRO Tiago Roberto	00	SLB	4:34.11	50m	02-08-19	Funchal	703
9.	CONDE Alvaro Lopez	92	LDC	4:34.95	50m	08-02-20	Lisboa	697
10.	COSTA Tiago Cunha	99	SCP	4:35.64	50m	30-05-21	Rio Maior	692
11.	CRISTINO David Matias	01	SFUAP	4:36.81	50m	02-08-19	Funchal	683
12.	PINOTES Pedro Miguel	89	ANG	4:36.95	50m	27-03-21	Coimbra	682
13.	SAMPAIO Jose Pedro	98	CFP	4:37.13	50m	02-08-19	Funchal	681
14.	CARDOSO Diogo Santos	01	ADRCIMM	4:38.65	50m	27-03-21	Coimbra	670
15.	FERNANDES Eduardo Gomes	02	SCP	4:39.76	50m	02-08-19	Funchal	662
16.	CATALAO Daniel Nogueira	00	SLB	4:40.21	50m	08-02-20	Lisboa	658
17.	CARVALHO Jose Paula	98	SAD	4:41.55	50m	29-02-20	Vila Franca de Xira	649
18.	SILVA Henrique Gomes	02	AEJ	4:41.79	50m	02-08-19	Funchal	647
19.	ALVES Nuno Rafael	90	CAP	4:43.16	50m	01-02-20	Povoa de Varzim	638
20.	CORREIA Joao Mota	97	SLB	4:43.76	50m	29-02-20	Vila Franca de Xira	634
21.	SILVA Pedro Miguel	94	ADRCIMM	4:43.98	50m	29-02-20	Vila Franca de Xira	633
22.	BESSA Antonio Rafael	94	CAP	4:44.46	50m	01-02-20	Povoa de Varzim	629
23.	DINIS Tiago Moises	98	CNAC	4:45.17	50m	02-08-19	Funchal	625
24.	GASPAR Miguel Caridade	99	AAC	4:45.40	50m	02-08-19	Funchal	623
25.	GORDO Goncalo Morais	02	ADRCIMM	4:46.02	50m	02-08-19	Funchal	619
26.	BARROS Bruno Rey	01	SCP	4:48.23	50m	29-02-20	Vila Franca de Xira	605
27.	LUZ Filipe Ferreira	98	GESL	4:48.48	50m	02-08-19	Funchal	603
28.	SANTO Filipe Miguel	00	SLB	4:48.64	50m	29-02-20	Vila Franca de Xira	602
29.	PINTO Pedro Miguel	02	SCP	4:49.99	50m	08-02-20	Lisboa	594
30.	SILVA Paulo Filipe	98	CNMAIA	4:50.66	50m	02-08-19	Funchal	590
31.	MALFEITO Martim Rebelo	02	SCP	4:52.35	50m	02-08-19	Funchal	580
32.	MONTEIRO Tomas Penha	02	SAD	4:53.06	50m	02-08-19	Funchal	576
33.	JOAQUIM Andre Serro	00	PORTIN	4:53.37	50m	02-08-19	Funchal	574
34.	BRAS Ricardo Martins	01	CFB	4:53.66	50m	02-08-19	Funchal	572
35.	AGUIAR Gabriel Silva	01	FCP	4:54.28	50m	02-08-19	Funchal	568
36.	MARREIROS Ricardo Basilio	97	CDCP	4:55.08	50m	29-02-20	Vila Franca de Xira	564
37.	VARGAS Joao Manuel	00	SLB	4:55.63	50m	08-02-20	Lisboa	561

400 Estilos (desde 38)

38.	NUNES Francisco Costa	02	SCP	4:55.84	50m	29-02-20	Vila Franca de Xira	559
39.	RODRIGUES Pedro Simoes	01	CUC	4:56.03	50m	02-08-19	Funchal	558
40.	RODRIGUES Pedro Reis	02	CDSR	4:57.28	50m	29-02-20	Funchal	551
41.	PIEIDADE Sebastiao Limbert	00	SAD	4:57.46	50m	02-08-19	Funchal	550
42.	SANTOS Afonso Amaro	02	GESL	4:58.64	50m	29-02-20	Vila Franca de Xira	544
43.	RIBEIRO Diogo Filipe	02	LSC	4:58.71	50m	01-02-20	Povoa de Varzim	543
44.	CRUZ Miguel Duarte	99	CFB	4:58.86	50m	27-03-21	Coimbra	543
45.	GRENHO Andre Tavares	99	GESL	4:59.96	50m	29-02-20	Vila Franca de Xira	537
46.	CABRITO Rodrigo Almeida	01	CFB	5:00.36	50m	29-02-20	Vila Franca de Xira	535
47.	NEVES Tiago Correia	97	POR	5:00.70	50m	26-08-19	SÃO PAULO (BRA)	533
48.	FANGUEIRO Diogo Morgado	02	CFV	5:02.89	50m	01-02-20	Povoa de Varzim	521
49.	RIBEIRO Luis Manuel	02	FCP	5:06.58	50m	01-02-20	Povoa de Varzim	503
50.	NUNES Rafael Filipe	96	SLB	5:08.87	50m	29-02-20	Vila Franca de Xira	492
51.	MELO Filipe Ferrao	01	CNS	5:09.81	50m	02-08-19	Funchal	487
52.	ESTEVES Pedro Ferraz	99	CNLX	5:11.64	50m	29-02-20	Vila Franca de Xira	479
53.	PEREIRA Joao Neto	02	FBSC	5:13.59	50m	22-02-20	Coimbra	470
54.	GRACHAT David Realista	87	GESL	5:18.46	50m	07-12-19	Povoa de Varzim	448
55.	SANTOS Goncalo Moreira	01	AAC	5:36.21	50m	22-02-20	Coimbra	381
56.	RIBEIRO Pedro Miguel	91	ADDEG	6:38.07	50m	02-11-19	Porto	229
57.	VAZ Joao Francisco	92	SCP	6:51.02	50m	15-12-19	Vila Franca de Xira	208
58.	BRITO Rui Xavier	99	SCA	7:03.31	50m	02-11-19	Porto	191
59.	RIBEIRO David Saraiva	96	SCA	9:13.16	50m	02-11-19	Porto	85

50 Livres

1.	VAKULYUK Paulo	03	CNTN	23.80	50m	28-03-21	Coimbra	678
2.	SILVA Ricardo Lopes	03	DNMG	24.21	50m	28-03-21	Coimbra	644
3.	RODRIGUES Tiago Moura	03	CLIPTEAM	24.25	50m	19-12-20	Oeiras	641
4.	GOMES Tomas Nogueira	03	SFUAP	24.39	50m	05-06-21	Porto	630
5.	FERREIRA Bernardo Felgueiras	03	CNCE	24.55	50m	28-03-21	Coimbra	617
6.	DIAS Rodrigo Reis	03	CFB	24.99	50m	28-03-21	Coimbra	585
7.	CARVALHO Fernando Costa	03	FOCA	25.10	50m	24-04-21	Coimbra	578
8.	COELHO Alex Baptista	03	CLIPTEAM	25.36	50m	05-06-21	Porto	560
9.	GOMES Goncalo Andre	03	FBSC	25.43	50m	13-02-21	Oeiras	555
10.	PEREIRA Henrique Saraiva	03	PORTIN	25.83	50m	12-06-21	Loulé	530
11.	ROCHA Bernardo Sousa	03	CFP	25.85	50m	02-02-20	Povoa de Varzim	529
12.	SILVA Jason Coutinho	03	GDNFAMA	25.88	50m	05-06-21	Porto	527
13.	AFONSO Francisco Lopes	03	GCVR	25.90	50m	05-06-21	Porto	526
14.	CASCALHEIRA Joao Miguel	03	CNS	25.96	50m	01-03-20	Vila Franca de Xira	522
15.	MACHADO Martim Miranda	03	CUC	26.23	50m	24-04-21	Coimbra	506
16.	FARDILHA Manuel Cruz	03	CGA	26.41	50m	09-02-20	Lisboa	496
17.	MENDES Ricardo Ferreira	03	CCLAMAS	26.45	50m	01-02-20	Povoa de Varzim	494
18.	ZAYIKA Daniel Shumeika	03	SLB	26.56	50m	01-03-20	Vila Franca de Xira	487
19.	GONCALVES Jorge Miguel	03	CGA	26.60	50m	01-02-20	Povoa de Varzim	485
20.	NETO Rodrigo Jorge	03	CAP	26.62	50m	01-02-20	Povoa de Varzim	484
21.	RODRIGUES Renato Correia	03	JACL	26.82	50m	29-02-20	Funchal	473
22.	LOPES Rodrigo Beja	03	AONDA	26.83	50m	01-03-20	Vila Franca de Xira	473
23.	BRAS Alexandre Miguel	03	CPSPA	26.84	50m	11-01-20	Coimbra	472
24.	CAMACHO Joao Simao	03	CDN	26.90	50m	20-06-21	Funchal	469
25.	TEIXEIRA Joao Octavio	03	CGA	27.08	50m	01-02-20	Povoa de Varzim	460
26.	DIAS Tiago Miguel	03	CNLX	27.11	50m	01-03-20	Vila Franca de Xira	458
27.	MATIAS Rafael Candeias	03	CNLGOS	27.12	50m	12-06-21	Loulé	458
28.	SIMOES Manuel Baptista	03	CUC	27.15	50m	09-05-21	Coimbra	456
29.	CARDOSO Guilherme Dias	03	FCF	27.48	50m	19-06-21	Loulé	440
30.	NUNES Hugo Fernandes	03	CNG	27.55	50m	09-02-20	Lisboa	437
31.	VALENTE Henrique Pinheiro	03	CNCVG	27.84	50m	01-03-20	Vila Franca de Xira	423
32.	BOAVIDA Pedro Miguel	03	CNOL	27.89	50m	12-06-21	Loulé	421
33.	LOPES Luis Afonso	03	VS	28.12	50m	13-02-21	Oeiras	411
34.	ASCENSO Daniel Alexandre	03	GESL	28.24	50m	25-01-20	Rio Maior	405
35.	MELIM Bruno Pontes	03	JACL	28.32	50m	29-02-20	Funchal	402
36.	FARIA Joao Pedro	03	CNF	28.36	50m	23-02-20	Funchal	400
37.	VENTURA Bernardo Jorge	03	AAC	28.62	50m	09-05-21	Coimbra	389
38.	FIRME Tomas Graca	03	EULX	28.70	50m	01-03-20	Vila Franca de Xira	386
39.	LOPES Pedro Henrique	03	CDSR	28.78	50m	23-02-20	Funchal	383
40.	ABREU Nuno Afonso	03	CNF	28.85	50m	29-02-20	Funchal	380
41.	LOURENCO Goncalo Pires	03	FBSC	28.99	50m	11-01-20	Coimbra	375
42.	LUIS Francisco Sousa	03	CDN	29.03	50m	29-02-20	Funchal	373
43.	GASPAR Filipe Apostolo	03	JFP	29.04	50m	11-01-20	Coimbra	373
44.	VIEIRA Emanuel Eloi	03	CDSR	29.07	50m	23-02-20	Funchal	372
45.	CONCEICAO Hugo Pacheco	03	LAGAC	29.42	50m	12-06-21	Loulé	359
46.	CARVALHO Ricardo Martins	03	FBSC	30.25	50m	09-05-21	Coimbra	330
47.	ORMONDE Tomas Andrade	03	CNPV	30.28	50m	01-02-20	Povoa de Varzim	329
48.	KOVAL Igor	03	CDN	30.31	50m	29-02-20	Funchal	328
49.	LARANJEIRA Tomas Alexandre	03	CPSPA	30.76	50m	11-01-20	Coimbra	314
50.	CARVALHO Nuno Alexandre	03	ACS	31.65	50m	12-06-21	Loulé	288
51.	OLIVEIRA Antonio Pedro	03	FCP	34.04	50m	25-01-20	Rio Maior	231
52.	CRUZ Diogo Rafael	03	SCE	43.43	50m	18-01-20	Coimbra	111

100 Livres

1.	RIBEIRO Gustavo Carvalhais	03	POR	52.90	50m	13-06-21	Loulé	697
2.	GOMES Tomas Nogueira	03	SFUAP	53.07	50m	25-04-21	Coimbra	690
3.	VAKULYUK Paulo	03	POR	53.24	50m	13-06-21	Loulé	684
4.	RODRIGUES Tiago Moura	03	CLIP	53.67	50m	04-08-19	Funchal	667
5.	FERREIRA Bernardo Felgueiras	03	CNCE	53.69	50m	29-05-21	Coimbra	666
6.	SILVA Ricardo Lopes	03	DNMG	53.71	50m	27-03-21	Coimbra	666
7.	LOPES Luis Afonso	03	VS	53.85	50m	27-03-21	Coimbra	661
8.	COSTA Afonso Filipe	03	CNNZ	54.57	50m	04-08-19	Funchal	635
9.	GOMES Goncalo Andre	03	FBSC	54.78	50m	27-03-21	Coimbra	627
10.	GOMES Goncalo Camara	03	CNF	55.19	50m	29-05-21	Rio Maior	614
11.	WANZELLER Goncalo Henrique	03	CFB	55.29	50m	02-08-19	Funchal	610
12.	CARVALHO Fernando Costa	03	FOCA	55.40	50m	27-03-21	Coimbra	607
13.	PEREIRA Antonio Sousa	03	AHBE	55.46	50m	04-08-19	Funchal	605
14.	MACHADO Martim Miranda	03	POR	55.48	50m	17-04-21	KIEV (UKR)	604
15.	NETO Rodrigo Jorge	03	CAP	55.92	50m	06-06-21	Porto	590
16.	CASCALHEIRA Joao Miguel	03	CNS	55.99	50m	01-03-20	Vila Franca de Xira	588
17.	ROCHA Bernardo Sousa	03	CFP	56.37	50m	06-06-21	Porto	576
18.	CRISTOVAO Goncalo Magalhães	03	VS	56.57	50m	04-08-19	Funchal	570
19.	FARDILHA Manuel Cruz	03	CGA	56.62	50m	08-02-20	Lisboa	568
20.	SIMOES Manuel Baptista	03	CUC	57.19	50m	04-08-19	Funchal	551
21.	CARVALHO Tiago Fonseca	03	CNPO	57.24	50m	06-06-21	Porto	550
22.	ZAYIKA Daniel Shumeika	03	SLB	57.32	50m	01-03-20	Vila Franca de Xira	548
23.	SILVA Joao Jose	03	ADBA	57.36	50m	04-08-19	Funchal	546
24.	ALVES Rui Chagas	03	VS	57.44	50m	02-08-19	Funchal	544
24.	SILVA Jason Coutinho	03	GDNFAMA	57.44	50m	06-06-21	Porto	544
26.	PEREIRA Ricardo Samuel	03	SLB	57.67	50m	02-08-19	Funchal	538
27.	GONCALVES Jorge Miguel	03	CGA	57.84	50m	02-02-20	Povoa de Varzim	533
28.	GOMES Nuno Antonio	03	CAFBDP	58.15	50m	02-08-19	Funchal	524
29.	COELHO Alex Baptista	03	CLIP	58.27	50m	02-02-20	Povoa de Varzim	521
30.	FERREIRA Ricardo Martins	03	AONDA	58.29	50m	01-03-20	Vila Franca de Xira	521
31.	FERNANDES Joao Bernardo	03	CNPO	58.46	50m	06-06-21	Porto	516
32.	LEAL Dinis Barros	03	CAP	58.54	50m	02-08-19	Funchal	514
33.	MARQUES Andre Costa	03	GDNFAMA	58.70	50m	02-02-20	Povoa de Varzim	510
34.	TEIXEIRA Joao Octavio	03	CGA	58.72	50m	02-02-20	Povoa de Varzim	509
34.	NUNES Hugo Fernandes	03	CNG	58.72	50m	08-02-20	Lisboa	509
36.	CARDOSO Guilherme Dias	03	FCF	58.95	50m	19-06-21	Loulé	503
37.	GOMES Pedro Pires	03	CFB	58.99	50m	01-03-20	Vila Franca de Xira	502
38.	MENDES Ricardo Ferreira	03	CCLAMAS	59.00	50m	02-02-20	Povoa de Varzim	502
38.	DURAES Diogo Miguel	03	CNMJ	59.00	50m	29-02-20	Vila Franca de Xira	502
40.	CORREIA Luis Carlos	03	SFUAP	59.06	50m	06-06-21	Porto	501
41.	RODRIGUES Renato Correia	03	JACL	59.37	50m	28-02-20	Funchal	493
42.	IACHIMOVSKI Nicolae	03	CFB	59.52	50m	01-03-20	Vila Franca de Xira	489
43.	PEREIRA Henrique Saraiva	03	PORTIN	59.75	50m	13-06-21	Loulé	483
44.	MATIAS Rafael Candeias	03	CNLGOS	1:00.09	50m	19-06-21	Loulé	475
45.	YURCHUK Artur	03	NBM	1:00.21	50m	22-02-20	Coimbra	472
46.	DUARTE Pedro Esteves	03	CDCP	1:00.22	50m	01-03-20	Vila Franca de Xira	472
47.	SANTOS Miguel Alexandre	03	CNOL	1:00.30	50m	13-06-21	Loulé	470
48.	OLIVEIRA Jose Miguel	03	CNS	1:00.39	50m	01-03-20	Vila Franca de Xira	468
49.	BAPTISTA Tiago Ornelas	03	CNF	1:00.48	50m	22-02-20	Funchal	466
50.	ARAUJO Pedro Rodrigues	03	ADPB	1:00.86	50m	02-02-20	Povoa de Varzim	457
51.	LOPES Pedro Henrique	03	CDSR	1:01.06	50m	28-02-20	Funchal	453
52.	AGUIAR Pedro Ferreira	03	CNF	1:01.69	50m	22-02-20	Funchal	439
53.	FARIA Joao Pedro	03	CNF	1:02.07	50m	28-02-20	Funchal	431

100 Livres (desde 54)

54.	CAMACHO Joao Simao	03	CDN	1:02.32	50m	19-06-21	Funchal	426
55.	MELIM Bruno Pontes	03	JACL	1:02.41	50m	22-02-20	Funchal	424
56.	BOAVIDA Pedro Miguel	03	CNOL	1:02.83	50m	13-06-21	Loulé	416
57.	VENTURA Bernardo Jorge	03	AAC	1:02.88	50m	08-05-21	Coimbra	415
58.	FIRME Tomas Graca	03	EULX	1:03.08	50m	01-03-20	Vila Franca de Xira	411
59.	LOPES Rodrigo Beja	03	AONDA	1:03.45	50m	01-03-20	Vila Franca de Xira	404
60.	VALENTE Henrique Pinheiro	03	CNCVG	1:03.64	50m	01-03-20	Vila Franca de Xira	400
61.	CARVALHO Ricardo Martins	03	FBSC	1:04.17	50m	08-05-21	Coimbra	390
62.	VIEIRA Emanuel Eloi	03	CDSR	1:04.53	50m	28-02-20	Funchal	384
63.	ABREU Nuno Afonso	03	CNF	1:04.79	50m	28-02-20	Funchal	379
64.	CONCEICAO Hugo Pacheco	03	LAGAC	1:05.66	50m	19-06-21	Loulé	364
65.	LUIS Francisco Sousa	03	CDN	1:07.64	50m	28-02-20	Funchal	333
66.	RAPOSO Luis Pedro	03	CNBE	1:12.03	50m	13-06-21	Loulé	276
67.	CARVALHO Nuno Alexandre	03	ACS	1:13.09	50m	19-06-21	Loulé	264
68.	KOVAL Igor	03	CDN	1:13.20	50m	22-02-20	Funchal	263
69.	OLIVEIRA Antonio Pedro	03	FCP	1:19.25	50m	26-01-20	Rio Maior	207
70.	CRUZ Diogo Rafael	03	SCE	1:41.29	50m	18-01-20	Coimbra	99

200 Livres

1.	RIBEIRO Gustavo Carvalhais	03	POR	1:51.59	50m	18-04-21	KIEV (UKR)	763
2.	VAKULYUK Paulo	03	CNTN	1:55.71	50m	02-08-19	Funchal	684
3.	SILVA Ricardo Lopes	03	DNMG	1:56.70	50m	02-08-19	Funchal	667
4.	GOMES Goncalo Andre	03	FBSC	1:57.71	50m	08-05-21	Coimbra	650
5.	LOPES Luis Afonso	03	SANDS	1:58.08	50m	05-06-21	Porto	644
6.	GOMES Tomas Nogueira	03	SFUAP	1:58.10	50m	29-05-21	Rio Maior	644
7.	MACHADO Martim Miranda	03	POR	1:58.59	50m	05-06-21	Porto	636
8.	PEREIRA Antonio Sousa	03	AHBE	2:00.46	50m	02-08-19	Funchal	607
9.	FARDILHA Manuel Cruz	03	CGA	2:01.19	50m	29-05-21	Coimbra	596
10.	GOMES Goncalo Camara	03	CNF	2:01.73	50m	29-05-21	Rio Maior	588
11.	CARVALHO Fernando Costa	03	FOCA	2:02.03	50m	02-08-19	Funchal	583
12.	COSTA Afonso Filipe	03	CNNZ	2:02.56	50m	02-08-19	Funchal	576
13.	CARNEIRO Joao Soares	03	SLB	2:02.83	50m	01-08-19	Funchal	572
14.	WANZELLER Goncalo Henrique	03	CFB	2:03.02	50m	01-08-19	Funchal	569
15.	CRISTOVAO Goncalo Magalhães	03	VS	2:03.56	50m	02-08-19	Funchal	562
16.	COSTA Hugo Alexandre	03	CNV	2:04.15	50m	05-06-21	Porto	554
17.	NETO Rodrigo Jorge	03	CAP	2:04.35	50m	02-08-19	Funchal	551
18.	DIAS Ruben Fonseca	03	CNV	2:04.43	50m	01-02-20	Povoa de Varzim	550
19.	FERREIRA Bernardo Felgueiras	03	CLIP	2:04.75	50m	02-08-19	Funchal	546
20.	ROCHA Bernardo Sousa	03	CFP	2:04.86	50m	05-06-21	Porto	545
21.	SILVA Joao Jose	03	ADBA	2:06.06	50m	02-08-19	Funchal	529
22.	DIAS Rodrigo Reis	03	CFB	2:06.63	50m	29-02-20	Vila Franca de Xira	522
23.	ALVES Rui Chagas	03	VS	2:06.80	50m	02-08-19	Funchal	520
24.	CORREIA Luis Carlos	03	SFUAP	2:07.29	50m	05-06-21	Porto	514
25.	DURAES Diogo Miguel	03	CNMJ	2:07.63	50m	29-02-20	Vila Franca de Xira	510
26.	ZAYIKA Daniel Shumeika	03	SLB	2:07.64	50m	09-02-20	Lisboa	510
27.	CASCALHEIRA Joao Miguel	03	CNS	2:07.69	50m	28-02-20	Vila Franca de Xira	509
28.	GONCALVES Jorge Miguel	03	CGA	2:07.96	50m	01-02-20	Povoa de Varzim	506
29.	BORGES Rafael Braga	03	CAFBDP	2:07.99	50m	01-08-19	Funchal	506
30.	DUARTE Pedro Esteves	03	CDCP	2:08.08	50m	29-02-20	Vila Franca de Xira	505
31.	LEAL Dinis Barros	03	CAP	2:08.44	50m	01-08-19	Funchal	500
32.	PEREIRA Diogo Pontes	03	ADF	2:08.51	50m	01-02-20	Povoa de Varzim	500
33.	JUNIOR Luis Cabral	03	CFB	2:08.61	50m	29-02-20	Vila Franca de Xira	498

200 Livres (desde 34)

34.	LOPES Rodrigo Beja	03	AONDA	2:08.74	50m	29-02-20	Vila Franca de Xira	497
35.	BRAS Alexandre Miguel	03	CPSPA	2:08.85	50m	22-02-20	Coimbra	496
36.	CARVALHO Tiago Fonseca	03	CNPO	2:08.90	50m	01-02-20	Povoa de Varzim	495
37.	FERREIRA Ricardo Martins	03	AONDA	2:09.30	50m	29-02-20	Vila Franca de Xira	490
38.	TEIXEIRA Joao Octavio	03	CGA	2:09.50	50m	01-02-20	Povoa de Varzim	488
39.	SILVA Jason Coutinho	03	GDNFAMA	2:09.52	50m	01-02-20	Povoa de Varzim	488
40.	AFONSO Francisco Lopes	03	GCVR	2:09.55	50m	22-02-20	Coimbra	488
41.	LOPES Pedro Henrique	03	CDSR	2:11.57	50m	25-01-20	Funchal	465
42.	COELHO Alex Baptista	03	CLIP	2:12.65	50m	01-02-20	Povoa de Varzim	454
43.	DIAS Tiago Miguel	03	CNLX	2:12.97	50m	29-02-20	Vila Franca de Xira	451
44.	CARVALHO Renato Miguel	03	CGA	2:13.15	50m	01-02-20	Povoa de Varzim	449
45.	FERNANDES Joao Bernardo	03	CNPO	2:14.04	50m	18-01-20	Povoa de Varzim	440
46.	YURCHUK Artur	03	NBM	2:14.50	50m	22-02-20	Coimbra	436
47.	SOLODYUK Micael Kovalchuk	03	CNVA	2:14.60	50m	22-02-20	Coimbra	435
48.	MELIM Bruno Pontes	03	JACL	2:15.19	50m	25-01-20	Funchal	429
49.	CARNEIRO Andre Martins	03	CAP	2:15.96	50m	22-02-20	Coimbra	422
50.	VIEIRA Emanuel Eloi	03	CDSR	2:17.24	50m	25-01-20	Funchal	410
51.	RODRIGUES Renato Correia	03	JACL	2:17.46	50m	29-02-20	Funchal	408
52.	VENTURA Bernardo Jorge	03	AAC	2:18.07	50m	22-02-20	Coimbra	403
53.	COUTINHO David Valdagua	03	CUC	2:19.62	50m	22-02-20	Coimbra	389
54.	ARAUJO Jose Miguel	03	VSC	2:19.91	50m	18-01-20	Povoa de Varzim	387
55.	FARIA Joao Pedro	03	CNF	2:23.47	50m	29-02-20	Funchal	359
56.	CAMACHO Joao Simao	03	CDN	2:29.39	50m	22-02-20	Funchal	318
57.	LARANJEIRA Tomas Alexandre	03	CPSPA	2:41.45	50m	22-02-20	Coimbra	252
58.	REIS Tiago Neto	03	CSAAXXI	2:41.58	50m	22-02-20	Coimbra	251
59.	LUIS Francisco Sousa	03	CDN	2:44.32	50m	29-02-20	Funchal	239
60.	FREIRE Gabriel Coelho	03	ADM	2:47.80	50m	25-01-20	Funchal	224

400 Livres

1.	RIBEIRO Gustavo Carvalhais	03	POR	3:57.53	50m	18-04-21	KIEV (UKR)	795
2.	MACHADO Martim Miranda	03	INDANC	4:06.48	50m	30-05-21	Coimbra	711
3.	LOPES Luis Afonso	03	VS	4:08.04	50m	28-03-21	Coimbra	698
4.	GOMES Goncalo Andre	03	FBSC	4:08.79	50m	25-04-21	Coimbra	692
5.	CARVALHO Fernando Costa	03	FOCA	4:20.79	50m	03-08-19	Funchal	600
6.	COSTA Hugo Alexandre	03	CNV	4:22.25	50m	03-08-19	Funchal	590
7.	DUARTE Pedro Esteves	03	CDCP	4:23.19	50m	03-08-19	Funchal	584
8.	SILVA Ricardo Lopes	03	DNMG	4:23.37	50m	08-02-20	Lisboa	583
9.	GOMES Tomas Nogueira	03	SFUAP	4:23.87	50m	03-08-19	Funchal	580
10.	CANADAS Joao Vasco	03	CNRM	4:24.14	50m	03-08-19	Funchal	578
11.	FARDILHA Manuel Cruz	03	CGA	4:24.21	50m	03-08-19	Funchal	577
12.	PEREIRA Alexandre Alves	03	SCB	4:24.49	50m	03-08-19	Funchal	576
13.	DIAS Ruben Fonseca	03	CNV	4:24.69	50m	03-08-19	Funchal	574
14.	FERREIRA Joao Carlos	03	FCP	4:26.00	50m	02-02-20	Povoa de Varzim	566
15.	GOMES Goncalo Camara	03	CNF	4:26.68	50m	03-08-19	Funchal	561
16.	BORGES Rafael Braga	03	CAFBDP	4:28.20	50m	03-08-19	Funchal	552
17.	PEREIRA Antonio Sousa	03	AHBE	4:28.62	50m	01-03-20	Vila Franca de Xira	549
18.	FERREIRA Ricardo Martins	03	AONDA	4:28.73	50m	03-08-19	Funchal	549
19.	COUTINHO Guilherme Pereira	03	VS	4:28.96	50m	03-08-19	Funchal	547
20.	RELVAS David Ferreira	03	DNMG	4:29.03	50m	03-08-19	Funchal	547
21.	COSTA Afonso Filipe	03	CNNZ	4:29.10	50m	03-08-19	Funchal	546
22.	DIAS Rodrigo Reis	03	CFB	4:30.29	50m	03-08-19	Funchal	539
23.	VIEIRA Alexandre Coelho	03	SCP	4:30.78	50m	01-03-20	Vila Franca de Xira	536

400 Livres (desde 24)

24.	DURAES Diogo Miguel	03	CNMJ	4:30.94	50m	01-03-20	Vila Franca de Xira	535
25.	CORREIA Luis Carlos	03	SFUAP	4:33.58	50m	01-03-20	Vila Franca de Xira	520
26.	ENGELEN Dario	03	LDC	4:34.82	50m	13-06-21	Loulé	513
27.	PEREIRA Diogo Pontes	03	ADF	4:37.23	50m	02-02-20	Povoa de Varzim	500
28.	TEIXEIRA Joao Octavio	03	CGA	4:37.63	50m	02-02-20	Povoa de Varzim	498
29.	CARVALHO Tiago Fonseca	03	CNPO	4:44.64	50m	19-12-20	Povoa do Varzim	462
30.	BOAVIDA Pedro Miguel	03	CNOL	4:48.48	50m	13-06-21	Loulé	443
31.	VIEIRA Emanuel Eloi	03	CDSR	4:51.60	50m	22-02-20	Funchal	429
32.	VENTURA Bernardo Jorge	03	AAC	4:56.63	50m	11-01-20	Coimbra	408
33.	CAMACHO Joao Simao	03	CDN	5:12.07	50m	19-06-21	Funchal	350
34.	MELIM Bruno Pontes	03	JACL	5:14.06	50m	22-02-20	Funchal	344
35.	CONCEICAO Hugo Pacheco	03	LAGAC	5:26.70	50m	13-06-21	Loulé	305
36.	KOVAL Igor	03	CDN	6:22.38	50m	22-02-20	Funchal	190
37.	OLIVEIRA Antonio Pedro	03	FCP	6:34.41	50m	25-01-20	Rio Maior	173

800 Livres

1.	RIBEIRO Gustavo Carvalhais	03	CGA	8:18.99	50m	28-03-21	Coimbra	743
2.	MACHADO Martim Miranda	03	CUC	8:30.79	50m	28-03-21	Coimbra	693
3.	GOMES Goncalo Andre	03	FBSC	8:44.58	50m	08-02-20	Lisboa	640
4.	LOPES Luis Afonso	03	VS	8:45.74	50m	28-03-21	Coimbra	635
5.	VIEIRA Alexandre Coelho	03	SCP	9:13.96	50m	01-03-20	Vila Franca de Xira	543
6.	DUARTE Pedro Esteves	03	CDCP	9:20.81	50m	01-03-20	Vila Franca de Xira	523
7.	DURAES Diogo Miguel	03	CNMJ	9:23.86	50m	08-02-20	Lisboa	515
8.	MATIAS Rafael Candeias	03	CNLGOS	11:21.86	50m	19-06-21	Loulé	291

1500 Livres

1.	RIBEIRO Gustavo Carvalhais	03	CGA	15:56.33	50m	27-03-21	Coimbra	755
2.	MACHADO Martim Miranda	03	CUC	16:06.70	50m	27-03-21	Coimbra	731
3.	LOPES Luis Afonso	03	VS	16:28.61	50m	27-03-21	Coimbra	683
4.	GOMES Goncalo Andre	03	FBSC	16:47.83	50m	09-02-20	Lisboa	645
5.	DUARTE Pedro Esteves	03	CDCP	17:08.19	50m	01-08-19	Funchal	607
6.	SANTOS Andre Cardoso	03	AVFC	17:08.27	50m	01-08-19	Funchal	607
7.	PEREIRA Alexandre Alves	03	SCB	17:08.39	50m	01-08-19	Funchal	607
8.	DIAS Ruben Fonseca	03	CNV	17:24.12	50m	01-08-19	Funchal	580
9.	CANADAS Joao Vasco	03	CNRM	17:24.78	50m	01-08-19	Funchal	579
10.	SOUSA Diogo Nunes	03	VSC	17:38.35	50m	01-08-19	Funchal	557
11.	COSTA Hugo Alexandre	03	CNV	17:44.06	50m	01-08-19	Funchal	548
12.	CARVALHO Tiago Fonseca	03	CNPO	17:45.35	50m	01-08-19	Funchal	546
13.	ARAUJO Joao Guilherme	03	CNMAIA	17:46.75	50m	01-08-19	Funchal	544
14.	COUTINHO David Valdagua	03	SCC	17:47.31	50m	01-08-19	Funchal	543
15.	BORGES Rafael Braga	03	CAFBDP	17:48.54	50m	01-08-19	Funchal	541
16.	FERREIRA Joao Carlos	03	FCP	17:52.06	50m	01-08-19	Funchal	536
17.	CRISTINO Guilherme Matias	03	SFUAP	17:56.19	50m	01-08-19	Funchal	530
18.	DURAES Diogo Miguel	03	CNMJ	17:58.18	50m	28-02-20	Vila Franca de Xira	527
19.	VIEIRA Alexandre Coelho	03	SCP	17:58.79	50m	28-02-20	Vila Franca de Xira	526
20.	LOURENCO Goncalo Pires	03	FBSC	17:59.16	50m	01-08-19	Funchal	525
21.	SILVA Ruben Filipe	03	FOCA	18:02.10	50m	01-08-19	Funchal	521
22.	TOME Diogo Bernardo	03	CCDSM	18:41.59	50m	01-08-19	Funchal	468
23.	VIEIRA Emanuel Eloi	03	CDSR	19:35.99	50m	28-02-20	Funchal	406

50 Costas

1.	CASTRO Duarte Monteiro	03	FCP	27.24	50m	27-03-21	Coimbra	683
2.	GOMES Tomas Nogueira	03	SFUAP	27.68	50m	27-03-21	Coimbra	651
3.	VAKULYUK Paulo	03	CNTN	27.91	50m	27-03-21	Coimbra	635
4.	SANTOS Miguel Alexandre	03	CNOL	28.28	50m	06-06-21	Porto	611
5.	FERNANDES Rui Afonso	03	CDN	28.32	50m	03-08-19	Funchal	608
6.	FERREIRA Bernardo Felgueiras	03	CNCE	28.49	50m	25-04-21	Coimbra	597
7.	GOMES Goncalo Camara	03	CNF	28.50	50m	29-05-21	Rio Maior	597
8.	WANZELLER Goncalo Henrique	03	CFB	28.51	50m	01-08-19	Funchal	596
9.	SILVA Ricardo Lopes	03	DNMG	28.56	50m	27-03-21	Coimbra	593
10.	RODRIGUES Tiago Moura	03	CLIP	28.81	50m	02-02-20	Povoa de Varzim	578
11.	PEREIRA Antonio Sousa	03	AHBE	28.97	50m	08-02-20	Lisboa	568
12.	FREIRE Bernardo Araujo	03	SAD	29.06	50m	28-02-20	Vila Franca de Xira	563
13.	DIAS Tiago Miguel	03	CNLX	29.41	50m	25-04-21	Coimbra	543
14.	IACHIMOVSKI Nicolae	03	CFB	29.84	50m	08-02-20	Lisboa	520
15.	CARVALHO Tiago Fonseca	03	CNPO	29.91	50m	06-06-21	Porto	516
16.	FERREIRA Tomas Soares	03	CDE	30.36	50m	02-02-20	Povoa de Varzim	494
17.	LEAL Dinis Barros	03	CAP	30.39	50m	02-02-20	Povoa de Varzim	492
18.	MARQUES Andre Costa	03	GDNFAMA	30.40	50m	01-02-20	Povoa de Varzim	492
19.	PEREIRA Lucas Medeiros	03	SCB	30.42	50m	02-02-20	Povoa de Varzim	491
19.	COUTINHO David Valdagua	03	CUC	30.42	50m	08-05-21	Coimbra	491
21.	SIMOES Manuel Baptista	03	CUC	30.64	50m	08-05-21	Coimbra	480
22.	SANTOS Joao Pedro	03	CAFBDP	30.72	50m	08-02-20	Lisboa	476
23.	OLIVEIRA Jose Miguel	03	CNS	30.75	50m	28-02-20	Vila Franca de Xira	475
24.	GOMES Pedro Pires	03	CFB	30.95	50m	28-02-20	Vila Franca de Xira	466
25.	ARAUJO Pedro Rodrigues	03	ADPB	31.14	50m	02-02-20	Povoa de Varzim	457
26.	DIAS Rodrigo Reis	03	CFB	31.18	50m	28-02-20	Vila Franca de Xira	456
26.	CAROCO Dinis Viola	03	SCP	31.18	50m	28-02-20	Vila Franca de Xira	456
28.	SANTANA Pedro Maria	03	SANDS	31.20	50m	05-06-21	Porto	455
29.	BULHOSA Silvio Miguel	03	AEJ	31.92	50m	06-06-21	Porto	425
30.	CORREIA Pedro Henriques	03	EULX	32.00	50m	28-02-20	Vila Franca de Xira	421
31.	RODRIGUES Goncalo Miguel	03	AHBE	32.17	50m	28-02-20	Vila Franca de Xira	415
32.	CARRASCO Joao Pedro	03	PORTIN	32.26	50m	08-02-20	Lisboa	411
33.	COELHO Alex Baptista	03	CLIP	32.54	50m	02-02-20	Povoa de Varzim	401
34.	CAMACHO Joao Simao	03	CDN	35.25	50m	28-02-20	Funchal	315
35.	LARANJEIRA Tomas Alexandre	03	CPSPA	36.69	50m	11-01-20	Coimbra	279
36.	LOURENCO Goncalo Pires	03	FBSC	37.52	50m	11-01-20	Coimbra	261
37.	KOVAL Igor	03	CDN	39.83	50m	28-02-20	Funchal	218
38.	LUIS Francisco Sousa	03	CDN	39.93	50m	28-02-20	Funchal	217
39.	CRUZ Diogo Rafael	03	SCE	48.40	50m	18-01-20	Coimbra	121

100 Costas

1.	CASTRO Duarte Monteiro	03	FCP	58.06	50m	28-03-21	Coimbra	712
2.	GOMES Tomas Nogueira	03	SFUAP	59.16	50m	05-06-21	Porto	673
3.	VAKULYUK Paulo	03	CNTN	59.39	50m	03-08-19	Funchal	665
4.	FERNANDES Rui Afonso	03	CDN	1:00.67	50m	30-05-21	Rio Maior	624
5.	SANTOS Miguel Alexandre	03	CNOL	1:01.07	50m	05-06-21	Porto	612
6.	WANZELLER Goncalo Henrique	03	CFB	1:01.50	50m	03-08-19	Funchal	599
6.	SILVA Ricardo Lopes	03	DNMG	1:01.50	50m	03-08-19	Funchal	599
8.	FERREIRA Bernardo Felgueiras	03	CNCE	1:01.69	50m	24-04-21	Coimbra	593
9.	PEREIRA Antonio Sousa	03	AHBE	1:02.37	50m	03-08-19	Funchal	574
10.	DIAS Tiago Miguel	03	CNLX	1:02.48	50m	01-03-20	Vila Franca de Xira	571
11.	GOMES Goncalo Camara	03	CNF	1:03.31	50m	30-05-21	Rio Maior	549

100 Costas (desde 12)

12.	LEAL Dinis Barros	03	CAP	1:03.51	50m	04-08-19	Funchal	544
13.	COUTINHO Guilherme Pereira	03	VS	1:03.67	50m	04-08-19	Funchal	540
14.	RODRIGUES Tiago Moura	03	CLIP	1:03.81	50m	03-08-19	Funchal	536
15.	MARQUES Andre Costa	03	GDNFAMA	1:03.94	50m	03-08-19	Funchal	533
16.	IACHIMOVSKI Nicolae	03	CFB	1:04.00	50m	03-08-19	Funchal	531
17.	RELVAS David Ferreira	03	DNMG	1:04.40	50m	01-02-20	Povoa de Varzim	521
18.	CASCALHEIRA Joao Miguel	03	CNS	1:04.41	50m	01-03-20	Vila Franca de Xira	521
19.	GOMES Pedro Pires	03	CFB	1:04.92	50m	03-08-19	Funchal	509
19.	FREIRE Bernardo Araujo	03	SAD	1:04.92	50m	01-03-20	Vila Franca de Xira	509
21.	CARVALHO Tiago Fonseca	03	CNPO	1:05.47	50m	03-08-19	Funchal	496
22.	FERREIRA Ricardo Martins	03	AONDA	1:05.81	50m	01-03-20	Vila Franca de Xira	489
22.	COUTINHO David Valdagua	03	CUC	1:05.81	50m	09-05-21	Coimbra	489
24.	MATRENO Diogo Miguel	03	CNTN	1:05.92	50m	04-08-19	Funchal	486
25.	VALENTE Goncalo Filipe	03	GESL	1:05.99	50m	01-03-20	Vila Franca de Xira	485
26.	CRISTOVAO Goncalo Magalhaes	03	VS	1:06.10	50m	03-08-19	Funchal	482
27.	CARDOSO Joao Francisco	03	INDCNP	1:06.34	50m	03-08-19	Funchal	477
28.	GOMES Joao Campelo	03	GDNFAMA	1:06.35	50m	01-02-20	Povoa de Varzim	477
29.	RAPOSO Goncalo Nuno	03	AONDA	1:06.43	50m	04-08-19	Funchal	475
30.	DIAS Rodrigo Reis	03	CFB	1:06.53	50m	01-03-20	Vila Franca de Xira	473
31.	CAROCO Dinis Viola	03	SCP	1:06.71	50m	01-03-20	Vila Franca de Xira	469
32.	OLIVEIRA Jose Miguel	03	CNS	1:06.93	50m	01-03-20	Vila Franca de Xira	464
33.	MACHADO Martim Miranda	03	CUC	1:07.09	50m	09-05-21	Coimbra	461
34.	SANTOS Joao Pedro	03	CAFBDP	1:07.21	50m	09-02-20	Lisboa	459
35.	CORREIA Pedro Henriques	03	SLB	1:07.33	50m	04-08-19	Funchal	456
36.	SILVA Guilherme Tomas	03	CDCA	1:08.63	50m	01-02-20	Povoa de Varzim	431
37.	BULHOSA Silvio Miguel	03	AEJ	1:09.03	50m	05-06-21	Porto	423
38.	ARAUJO Jose Miguel	03	VSC	1:09.67	50m	01-02-20	Povoa de Varzim	412
39.	MATOS Pedro Miguel	03	CNCVG	1:10.53	50m	04-08-19	Funchal	397
40.	SOLODYUK Micael Kovalchuk	03	CNVA	1:11.51	50m	22-02-20	Coimbra	381
41.	YURCHUK Artur	03	NBM	1:14.13	50m	22-02-20	Coimbra	342
42.	MELIM Bruno Pontes	03	JACL	1:14.49	50m	22-02-20	Funchal	337
43.	MATOS Rodrigo Vieira	03	CNF	1:14.57	50m	25-01-20	Funchal	336
44.	ENGELEN Dario	03	LDC	1:15.06	50m	19-06-21	Loulé	329
45.	ORMONDE Tomas Andrade	03	CNPV	1:15.89	50m	01-02-20	Povoa de Varzim	318
46.	VIEIRA Emanuel Eloi	03	CDSR	1:16.84	50m	29-02-20	Funchal	307
47.	CAMACHO Joao Simao	03	CDN	1:18.52	50m	25-01-20	Funchal	287
48.	RODRIGUES Renato Correia	03	JACL	1:19.12	50m	25-01-20	Funchal	281
49.	LARANJEIRA Tomas Alexandre	03	CPSPA	1:20.95	50m	22-02-20	Coimbra	262
50.	CONCEICAO Hugo Pacheco	03	LAGAC	1:27.74	50m	19-06-21	Loulé	206
51.	OLIVEIRA Antonio Pedro	03	FCP	1:29.27	50m	02-11-19	Porto	195
52.	CRUZ Diogo Rafael	03	SCE	1:49.12	50m	18-01-20	Coimbra	107
53.	ALVES Marco Daniel	03	LCM	1:52.22	50m	25-01-20	Funchal	98

200 Costas

1.	CASTRO Duarte Monteiro	03	FCP	2:03.60	50m	28-03-21	Coimbra	742
2.	GOMES Tomas Nogueira	03	SFUAP	2:10.06	50m	30-05-21	Rio Maior	637
3.	FERNANDES Rui Afonso	03	CDN	2:12.15	50m	02-08-19	Funchal	607
4.	SOUSA Diogo Nunes	03	VSC	2:14.49	50m	30-05-21	Coimbra	576
5.	DIAS Tiago Miguel	03	CNLX	2:14.87	50m	02-08-19	Funchal	571
6.	RIBEIRO Gustavo Carvalhais	03	POR	2:15.21	50m	12-06-21	Loulé	567
7.	COUTINHO Guilherme Pereira	03	VS	2:17.32	50m	02-08-19	Funchal	541
8.	COUTINHO David Valdagua	03	CUC	2:17.48	50m	30-05-21	Coimbra	539
9.	SANTOS Miguel Alexandre	03	CNOL	2:17.68	50m	06-06-21	Porto	537
10.	PEREIRA Antonio Sousa	03	AHBE	2:18.30	50m	02-08-19	Funchal	529
11.	SANTOS Andre Cardoso	03	AVFC	2:18.69	50m	08-02-20	Lisboa	525
12.	MARQUES Andre Costa	03	GDNFAMA	2:19.14	50m	02-08-19	Funchal	520
13.	FERREIRA Bernardo Felgueiras	03	CLIP	2:19.18	50m	02-08-19	Funchal	519
14.	RODRIGUES Tiago Moura	03	CLIP	2:19.48	50m	02-08-19	Funchal	516
15.	MATRENO Diogo Miguel	03	CNTN	2:20.98	50m	02-08-19	Funchal	500
16.	LEAL Dinis Barros	03	CAP	2:21.18	50m	02-08-19	Funchal	498
17.	SILVA Ricardo Lopes	03	DNMG	2:21.36	50m	02-08-19	Funchal	496
18.	GOMES Pedro Pires	03	CFB	2:21.55	50m	29-02-20	Vila Franca de Xira	494
19.	IACHIMOVSKI Nicolae	03	CFB	2:21.86	50m	02-08-19	Funchal	491
20.	GOMES Goncalo Camara	03	CNF	2:21.96	50m	02-08-19	Funchal	490
21.	CASCALHEIRA Joao Miguel	03	CNS	2:22.44	50m	02-08-19	Funchal	485
22.	RELVAS David Ferreira	03	DNMG	2:22.45	50m	02-02-20	Povoa de Varzim	484
23.	CARDOSO Joao Francisco	03	INDCNP	2:22.67	50m	02-08-19	Funchal	482
24.	OLIVEIRA Daniel Valente	03	SCA	2:23.00	50m	02-08-19	Funchal	479
25.	FERREIRA Ricardo Martins	03	AONDA	2:23.03	50m	02-08-19	Funchal	479
26.	CAROCO Dinis Viola	03	SCP	2:23.38	50m	29-02-20	Vila Franca de Xira	475
27.	VALENTE Goncalo Filipe	03	GESL	2:24.06	50m	29-02-20	Vila Franca de Xira	468
28.	DIAS Rodrigo Reis	03	CFB	2:24.68	50m	29-02-20	Vila Franca de Xira	462
29.	FREIRE Bernardo Araujo	03	SAD	2:24.82	50m	29-02-20	Vila Franca de Xira	461
30.	GOMES Joao Campelo	03	GDNFAMA	2:25.39	50m	02-08-19	Funchal	456
31.	OLIVEIRA Jose Miguel	03	CNS	2:26.54	50m	29-02-20	Vila Franca de Xira	445
32.	ARAUJO Jose Miguel	03	VSC	2:27.23	50m	02-08-19	Funchal	439
33.	CORREIA Pedro Henriques	03	SLB	2:29.55	50m	02-08-19	Funchal	419
34.	DUARTE Pedro Esteves	03	CDCP	2:32.25	50m	29-02-20	Vila Franca de Xira	397
35.	LOPES Pedro Henrique	03	CDSR	2:34.23	50m	25-01-20	Funchal	382
36.	CRISTINO Guilherme Matias	03	SFUAP	2:35.85	50m	29-02-20	Vila Franca de Xira	370
37.	MATOS Rodrigo Vieira	03	CNF	2:39.97	50m	25-01-20	Funchal	342
38.	ORMONDE Tomas Andrade	03	CNPV	2:46.54	50m	02-02-20	Povoa de Varzim	303
39.	CARVALHO Ricardo Martins	03	FBSC	2:46.61	50m	22-02-20	Coimbra	303
40.	VIEIRA Emanuel Eloi	03	CDSR	2:47.02	50m	01-03-20	Funchal	300

50 Bruços

1.	PEREIRA Ricardo Samuel	03	SLB	29.75	50m	02-08-19	Funchal	663
2.	JUNIOR Luis Cabral	03	CFB	30.92	50m	09-02-20	Lisboa	591
3.	LOPES Luis Afonso	03	SANDS	31.15	50m	06-06-21	Porto	578
4.	AFONSO Francisco Lopes	03	GCVR	31.37	50m	24-04-21	Coimbra	566
5.	NETO Rodrigo Jorge	03	CAP	31.51	50m	29-05-21	Coimbra	558
6.	CARVALHO Renato Miguel	03	CGA	31.56	50m	29-05-21	Coimbra	555
7.	PEREIRA Diogo Guimaraes	03	VSC	31.77	50m	06-06-21	Porto	544
8.	MATOS Joao Luis	03	CNCVG	32.02	50m	09-02-20	Lisboa	532
9.	BRAS Alexandre Miguel	03	CPSPA	32.23	50m	11-01-20	Coimbra	521
9.	FAIA Mateus Costa	03	GDNFAMA	32.23	50m	29-05-21	Coimbra	521

50 Bruços (desde 11)

11.	SILVA Rui Pedro	03	CFP	32.26	50m	06-06-21	Porto	520
12.	LEITAO Tomas Almeida	03	SAD	32.31	50m	29-02-20	Vila Franca de Xira	518
13.	OSSENBRUGGEN David Van	03	SFUAP	32.67	50m	24-04-21	Coimbra	501
14.	ENGELEN Dario	03	LDC	32.78	50m	24-04-21	Coimbra	496
15.	CASCALHEIRA Joao Miguel	03	CNS	32.84	50m	29-02-20	Vila Franca de Xira	493
16.	PINHO Gabriel Alexandre	03	CDF	32.92	50m	06-06-21	Porto	489
17.	MATIAS Rafael Candeias	03	CNLGOS	33.00	50m	13-06-21	Loulé	486
18.	MENDES Ricardo Ferreira	03	CCLAMAS	33.33	50m	02-02-20	Povoa de Varzim	471
19.	CARRASCO Joao Pedro	03	PORTIN	33.61	50m	09-02-20	Lisboa	460
20.	MATOS Rodrigo Vieira	03	CNF	33.73	50m	23-02-20	Funchal	455
21.	SANTANA Pedro Maria	03	SANDS	33.74	50m	06-06-21	Porto	454
22.	SANTOS Roberto Pinho	03	AEJ	33.89	50m	06-06-21	Porto	448
23.	CRISTINO Guilherme Matias	03	00088	34.63	50m	07-03-20	San Fernando (ESP)	420
24.	SIMOES Manuel Baptista	03	CUC	35.12	50m	08-05-21	Coimbra	403
25.	SANTOS Miguel Alexandre	03	CNOL	35.34	50m	13-06-21	Loulé	395
26.	LOPES Pedro Henrique	03	CDSR	35.53	50m	29-02-20	Funchal	389
27.	VIEIRA Emanuel Eloi	03	CDSR	36.45	50m	23-02-20	Funchal	360
28.	AGUIAR Pedro Ferreira	03	CNF	36.47	50m	29-02-20	Funchal	360
29.	LOUREIRO Tiago Repesas	03	CNLX	36.57	50m	09-02-20	Lisboa	357
30.	PEREIRA Igor Branco	03	CRASTO	36.95	50m	11-01-20	Coimbra	346
31.	LUIS Francisco Sousa	03	CDN	37.89	50m	29-02-20	Funchal	321
32.	CONCEICAO Hugo Pacheco	03	LAGAC	38.41	50m	13-06-21	Loulé	308
33.	CARVALHO Nuno Alexandre	03	ACS	39.41	50m	13-06-21	Loulé	285
34.	FARIA Joao Pedro	03	CNF	39.59	50m	29-02-20	Funchal	281
35.	LARANJEIRA Tomas Alexandre	03	CPSPA	41.20	50m	11-01-20	Coimbra	249
36.	RAPOSO Luis Pedro	03	CNBE	43.09	50m	13-06-21	Loulé	218

100 Bruços

1.	PEREIRA Ricardo Samuel	03	SLB	1:05.01	50m	28-03-21	Coimbra	669
2.	CARNEIRO Joao Soares	03	SLB	1:06.98	50m	01-08-19	Funchal	612
3.	LOPES Luis Afonso	03	VS	1:07.55	50m	30-05-21	Rio Maior	597
4.	JUNIOR Luis Cabral	03	CFB	1:07.72	50m	01-08-19	Funchal	592
5.	CARVALHO Renato Miguel	03	CGA	1:09.57	50m	30-05-21	Coimbra	546
6.	AFONSO Francisco Lopes	03	GCVR	1:09.60	50m	05-06-21	Porto	545
7.	NETO Rodrigo Jorge	03	CAP	1:09.64	50m	30-05-21	Coimbra	544
8.	PEREIRA Diogo Guimaraes	03	VSC	1:09.67	50m	30-05-21	Coimbra	544
9.	CRISTINO Guilherme Matias	03	SFUAP	1:10.45	50m	25-04-21	Coimbra	526
10.	OSSENBRUGGEN David Van	03	SFUAP	1:10.59	50m	01-08-19	Funchal	523
11.	ENGELEN Dario	03	LDC	1:10.73	50m	25-04-21	Coimbra	520
12.	MATOS Joao Luis	03	CNCVG	1:11.16	50m	01-08-19	Funchal	510
12.	FAIA Mateus Costa	03	GDNFAMA	1:11.16	50m	01-08-19	Funchal	510
14.	LEITAO Tomas Almeida	03	SAD	1:11.54	50m	28-02-20	Vila Franca de Xira	502
15.	RODRIGUES Tiago Moura	03	CLIP	1:11.67	50m	01-02-20	Povoa de Varzim	499
16.	SILVA Rui Pedro	03	CFP	1:11.80	50m	05-06-21	Porto	497
17.	MENDES Ricardo Ferreira	03	CCLAMAS	1:11.96	50m	01-08-19	Funchal	493
18.	CASTRO Helder Ribeiro	03	VSC	1:12.26	50m	01-08-19	Funchal	487
19.	MATIAS Rafael Candeias	03	CNLGOS	1:12.36	50m	01-08-19	Funchal	485
20.	MATOS Rodrigo Vieira	03	INDMAD	1:12.39	50m	01-08-19	Funchal	485
21.	SANTANA Pedro Maria	03	CNTN	1:12.77	50m	01-02-20	Povoa de Varzim	477
22.	CARRASCO Joao Pedro	03	PORTIN	1:13.22	50m	01-08-19	Funchal	468
23.	BRAS Alexandre Miguel	03	CPSPA	1:14.46	50m	11-01-20	Coimbra	445
24.	CASCALHEIRA Joao Miguel	03	CNS	1:14.54	50m	01-08-19	Funchal	444

100 Bruços (desde 25)

25.	FREIRE Rui Miguel	03	NFDCA	1:14.57	50m	01-08-19	Funchal	443
26.	SILVA Francisco Pinto	03	CNPV	1:14.87	50m	01-08-19	Funchal	438
27.	PARENTE Salvador Ataíde	03	GESL	1:15.06	50m	01-08-19	Funchal	435
28.	SANTOS Roberto Pinho	03	AEJ	1:15.98	50m	05-06-21	Porto	419
29.	LOPES Pedro Henrique	03	CDSR	1:17.16	50m	22-02-20	Funchal	400
30.	LOUREIRO Tiago Represas	03	CNLX	1:18.08	50m	28-02-20	Vila Franca de Xira	386
31.	AGUIAR Pedro Ferreira	03	CNF	1:19.66	50m	29-02-20	Funchal	364
32.	VIEIRA Emanuel Eloi	03	CDSR	1:19.81	50m	22-02-20	Funchal	361
33.	ARAUJO Jose Miguel	03	VSC	1:25.34	50m	18-01-20	Povoa de Varzim	296
34.	CONCEICAO Hugo Pacheco	03	LAGAC	1:25.41	50m	12-06-21	Loulé	295
35.	CARVALHO Nuno Alexandre	03	ACS	1:25.74	50m	12-06-21	Loulé	291
36.	GASPAR Filipe Apostolo	03	JFP	1:28.87	50m	11-01-20	Coimbra	262
37.	LUIS Francisco Sousa	03	CDN	1:31.99	50m	25-01-20	Funchal	236
38.	CAMACHO Joao Simao	03	CDN	1:34.98	50m	29-02-20	Funchal	214
39.	OLIVEIRA Antonio Pedro	03	FCP	1:55.79	50m	07-12-19	Povoa de Varzim	118

200 Bruços

1.	PEREIRA Ricardo Samuel	03	SLB	2:24.93	50m	03-08-19	Funchal	658
2.	CARNEIRO Joao Soares	03	SLB	2:24.95	50m	28-03-21	Coimbra	658
3.	CRISTINO Guilherme Matias	03	SFUAP	2:32.17	50m	24-04-21	Coimbra	569
4.	JUNIOR Luis Cabral	03	CFB	2:32.39	50m	03-08-19	Funchal	566
5.	AFONSO Francisco Lopes	03	GCVR	2:32.41	50m	03-08-19	Funchal	566
6.	ENGELEN Dario	03	LDC	2:33.95	50m	24-04-21	Coimbra	549
7.	OSSENBRUGGEN David Van	03	SFUAP	2:34.47	50m	03-08-19	Funchal	544
8.	LOPES Luis Afonso	03	VS	2:34.74	50m	03-08-19	Funchal	541
9.	SANTANA Pedro Maria	03	SANDS	2:35.15	50m	06-06-21	Porto	537
10.	MATOS Rodrigo Vieira	03	CNF	2:36.10	50m	22-02-20	Funchal	527
11.	FAIA Mateus Costa	03	GDNFAMA	2:36.66	50m	30-05-21	Coimbra	521
12.	CARVALHO Renato Miguel	03	CGA	2:36.76	50m	30-05-21	Coimbra	520
13.	MENDES Ricardo Ferreira	03	CCLAMAS	2:37.43	50m	03-08-19	Funchal	514
14.	CRISTINA Joao Martins	03	LDC	2:38.31	50m	03-08-19	Funchal	505
15.	CARRASCO Joao Pedro	03	PORTIN	2:39.70	50m	03-08-19	Funchal	492
16.	LEITAO Tomas Almeida	03	SAD	2:40.01	50m	03-08-19	Funchal	489
17.	FERREIRA Joao Carlos	03	FCP	2:40.47	50m	03-08-19	Funchal	485
18.	CASTRO Helder Ribeiro	03	VSC	2:40.71	50m	03-08-19	Funchal	483
19.	MATOS Joao Luis	03	CNCVG	2:41.55	50m	09-02-20	Lisboa	475
20.	PARENTE Salvador Ataíde	03	GESL	2:41.82	50m	03-08-19	Funchal	473
21.	PEREIRA Diogo Guimaraes	03	VSC	2:42.42	50m	02-02-20	Povoa de Varzim	468
22.	BRAS Alexandre Miguel	03	CPSPA	2:42.45	50m	03-08-19	Funchal	467
23.	FELICIO Tomas Miguel	03	CNRM	2:42.62	50m	03-08-19	Funchal	466
24.	MATIAS Rafael Candeias	03	CNLGOS	2:42.82	50m	03-08-19	Funchal	464
25.	LOPES Pedro Henrique	03	CDSR	2:43.12	50m	03-08-19	Funchal	462
26.	NETO Rodrigo Jorge	03	CAP	2:43.62	50m	03-08-19	Funchal	457
27.	SILVA Francisco Pinto	03	CNPV	2:45.31	50m	03-08-19	Funchal	444
28.	SANTOS Andre Cardoso	03	AVFC	2:45.71	50m	03-08-19	Funchal	440
29.	CARNEIRO Joao Torres	03	GDNFAMA	2:47.92	50m	03-08-19	Funchal	423
30.	SILVA Rui Pedro	03	CFP	2:47.99	50m	03-08-19	Funchal	423
31.	SANTOS Roberto Pinho	03	AEJ	2:48.27	50m	03-08-19	Funchal	421
32.	VIEIRA Emanuel Eloi	03	CDSR	2:51.53	50m	01-03-20	Funchal	397
33.	CARNEIRO Andre Martins	03	CAP	2:56.16	50m	22-02-20	Coimbra	366
34.	CARVALHO Ricardo Martins	03	FBSC	3:14.73	50m	22-02-20	Coimbra	271

50 Mariposa

1.	VAKULYUK Paulo	03	POR	25.03	50m	17-04-21	KIEV (UKR)	704
2.	FERREIRA Bernardo Felgueiras	03	CNCE	25.93	50m	30-05-21	Coimbra	633
3.	DIAS Rodrigo Reis	03	CFB	26.29	50m	28-03-21	Coimbra	607
4.	SIMOES Manuel Baptista	03	CUC	26.37	50m	01-08-19	Funchal	602
5.	CARVALHO Fernando Costa	03	FOCA	26.40	50m	05-06-21	Porto	600
6.	FERNANDES Rui Afonso	03	CDN	26.60	50m	20-06-21	Funchal	586
7.	ARAUJO Joao Guilherme	03	CNMAIA	26.67	50m	05-06-21	Porto	582
8.	SILVA Ricardo Lopes	03	DNMG	26.72	50m	28-03-21	Coimbra	578
9.	LEAL Dinis Barros	03	CAP	27.20	50m	30-05-21	Coimbra	548
10.	PEREIRA Lucas Medeiros	03	SCB	27.36	50m	01-02-20	Povoa de Varzim	539
11.	JUNIOR Luis Cabral	03	CFB	27.40	50m	28-02-20	Vila Franca de Xira	536
11.	PEREIRA Henrique Saraiva	03	PORTIN	27.40	50m	13-06-21	Loulé	536
13.	COSTA Afonso Filipe	03	CNNZ	27.43	50m	08-02-20	Lisboa	535
14.	CARVALHO Tiago Fonseca	03	CNPO	27.47	50m	05-06-21	Porto	532
15.	MARTYN David	03	BSCN	27.57	50m	08-02-20	Lisboa	527
15.	NETO Rodrigo Jorge	03	CAP	27.57	50m	05-06-21	Porto	527
17.	VALENTE Henrique Pinheiro	03	CNCVG	27.93	50m	08-02-20	Lisboa	506
18.	SILVA Joao Jose	03	ADBA	27.95	50m	01-02-20	Povoa de Varzim	505
19.	CASCALHEIRA Joao Miguel	03	CNS	28.00	50m	28-02-20	Vila Franca de Xira	503
20.	COELHO Alex Baptista	03	CLIPTEAM	28.29	50m	05-06-21	Porto	487
21.	CORREIA Luis Carlos	03	SFUAP	28.53	50m	28-02-20	Vila Franca de Xira	475
22.	FERREIRA Tomas Soares	03	CDE	28.63	50m	01-02-20	Povoa de Varzim	470
23.	SANTOS Joao Pedro	03	CAFBDP	28.66	50m	08-02-20	Lisboa	469
24.	RODRIGUES Renato Correia	03	JACL	28.76	50m	01-03-20	Funchal	464
25.	SANTOS Miguel Alexandre	03	CNOL	28.80	50m	13-06-21	Loulé	462
26.	SANTOS Rafael Pinto	03	CDF	29.04	50m	05-06-21	Porto	450
27.	VALE David Manuel	03	GESL	29.06	50m	28-02-20	Vila Franca de Xira	450
28.	FARIA Joao Pedro	03	CNF	29.23	50m	01-03-20	Funchal	442
29.	CARDOSO Guilherme Dias	03	FCF	29.32	50m	19-06-21	Loulé	438
30.	BAPTISTA Tiago Ornelas	03	CNF	29.45	50m	01-03-20	Funchal	432
31.	ASCENSO Daniel Alexandre	03	GESL	29.61	50m	28-02-20	Vila Franca de Xira	425
32.	CAMACHO Joao Simao	03	CDN	29.69	50m	20-06-21	Funchal	422
33.	BOAVIDA Pedro Miguel	03	CNOL	29.93	50m	13-06-21	Loulé	411
34.	MELIM Bruno Pontes	03	JACL	30.23	50m	01-03-20	Funchal	399
35.	VENTURA Bernardo Jorge	03	AAC	30.68	50m	25-04-21	Coimbra	382
36.	LOURENCO Goncalo Pires	03	FBSC	31.26	50m	11-01-20	Coimbra	361
37.	CARVALHO Ricardo Martins	03	FBSC	31.76	50m	09-05-21	Coimbra	344
38.	KOVAL Igor	03	CDN	32.20	50m	01-03-20	Funchal	330
39.	GASPAR Filipe Apostolo	03	JFP	32.28	50m	11-01-20	Coimbra	328
40.	ABREU Nuno Afonso	03	CNF	32.29	50m	01-03-20	Funchal	328
41.	LUIS Francisco Sousa	03	CDN	32.86	50m	01-03-20	Funchal	311
42.	CONCEICAO Hugo Pacheco	03	LAGAC	35.95	50m	19-06-21	Loulé	237

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1.	VAKULYUK Paulo	03	POR	55.21	50m	06-06-21	Porto	720
2.	GORDO Salvador Vieira	03	SCP	57.11	50m	20-12-20	Oeiras	651
3.	DIAS Rodrigo Reis	03	CFB	57.41	50m	29-05-21	Rio Maior	640
4.	ARAUJO Joao Guilherme	03	CNMAIA	58.49	50m	29-05-21	Coimbra	606
5.	FERNANDES Rui Afonso	03	CDN	58.95	50m	29-05-21	Rio Maior	592
6.	LEAL Dinis Barros	03	CAP	59.23	50m	29-05-21	Coimbra	583
7.	SILVA Joao Jose	03	ADBA	59.29	50m	03-08-19	Funchal	581
8.	LOPES Rodrigo Beja	03	AONDA	59.96	50m	01-03-20	Vila Franca de Xira	562
9.	MARTYN David	03	BSCN	1:00.10	50m	29-05-21	Rio Maior	558
10.	CARVALHO Fernando Costa	03	FOCA	1:00.38	50m	06-06-21	Porto	550
11.	RODRIGUES Tiago Moura	03	CLIP	1:00.69	50m	02-02-20	Povoa de Varzim	542
12.	PEREIRA Lucas Medeiros	03	SCB	1:01.34	50m	02-02-20	Povoa de Varzim	525
13.	VALENTE Henrique Pinheiro	03	CNCVG	1:01.49	50m	09-02-20	Lisboa	521
14.	PINHEIRO Henrique Valente	03	CNCVG	1:01.59	50m	03-08-19	Funchal	519
15.	DIAS Ruben Fonseca	03	CNV	1:01.77	50m	03-08-19	Funchal	514
15.	RELVAS David Ferreira	03	DNMG	1:01.77	50m	03-08-19	Funchal	514
17.	FERREIRA Tomas Soares	03	CDE	1:02.68	50m	03-08-19	Funchal	492
18.	WANZELLER Goncalo Henrique	03	CFB	1:02.94	50m	03-08-19	Funchal	486
19.	SANTOS Joao Pedro	03	CAFBDP	1:03.18	50m	09-02-20	Lisboa	480
20.	BOAVIDA Pedro Miguel	03	CNOL	1:03.37	50m	12-06-21	Loulé	476
21.	AFONSO Francisco Lopes	03	GCVR	1:03.60	50m	22-02-20	Coimbra	471
22.	CORREIA Luis Carlos	03	SFUAP	1:04.11	50m	01-03-20	Vila Franca de Xira	460
23.	SANTOS Miguel Alexandre	03	CNOL	1:04.43	50m	12-06-21	Loulé	453
24.	BAPTISTA Tiago Ornelas	03	CNF	1:04.54	50m	22-02-20	Funchal	451
24.	PEREIRA Henrique Saraiva	03	PORTIN	1:04.54	50m	12-06-21	Loulé	451
26.	GOMES Goncalo Andre	03	FBSC	1:04.93	50m	11-01-20	Coimbra	443
27.	VALE David Manuel	03	GESL	1:04.94	50m	01-03-20	Vila Franca de Xira	442
28.	BRAS Alexandre Miguel	03	CPSPA	1:05.04	50m	22-02-20	Coimbra	440
29.	ASCENSO Daniel Alexandre	03	GESL	1:05.09	50m	01-03-20	Vila Franca de Xira	439
30.	CARDOSO Guilherme Dias	03	FCF	1:05.39	50m	19-06-21	Loulé	433
31.	CARVALHO Tiago Fonseca	03	CNPO	1:05.90	50m	18-01-20	Povoa de Varzim	423
32.	CORREIA Pedro Henriques	03	EULX	1:05.99	50m	01-03-20	Vila Franca de Xira	422
33.	RODRIGUES Renato Correia	03	JACL	1:06.98	50m	29-02-20	Funchal	403
34.	LOURENCO Goncalo Pires	03	FBSC	1:07.08	50m	22-02-20	Coimbra	401
35.	MELIM Bruno Pontes	03	JACL	1:07.16	50m	29-02-20	Funchal	400
36.	ENGELEN Dario	03	LDC	1:08.91	50m	19-06-21	Loulé	370
37.	CARVALHO Ricardo Martins	03	FBSC	1:09.69	50m	08-05-21	Coimbra	358
38.	VENTURA Bernardo Jorge	03	AAC	1:09.78	50m	08-05-21	Coimbra	356
39.	PEREIRA Igor Branco	03	CRASTO	1:10.19	50m	11-01-20	Coimbra	350
40.	CAMACHO Joao Simao	03	CDN	1:10.30	50m	19-06-21	Funchal	349
41.	FERNANDES Joao Bernardo	03	CNPO	1:11.45	50m	18-01-20	Povoa de Varzim	332
42.	LOPES Pedro Henrique	03	CDSR	1:11.64	50m	25-01-20	Funchal	329
43.	ABREU Nuno Afonso	03	CNF	1:12.83	50m	29-02-20	Funchal	313
44.	KOVAL Igor	03	CDN	1:14.84	50m	29-02-20	Funchal	289
45.	REIS Tiago Neto	03	CSAAXXI	1:29.13	50m	22-02-20	Coimbra	171

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1.	CARNEIRO Joao Soares	03	SLB	2:02.95	50m	25-04-21	Coimbra	730
2.	DIAS Rodrigo Reis	03	CFB	2:09.62	50m	29-05-21	Rio Maior	623
3.	VAKULYUK Paulo	03	POR	2:10.32	50m	05-06-21	Porto	613
4.	LEAL Dinis Barros	03	CAP	2:12.40	50m	04-08-19	Funchal	584
5.	ARAUJO Joao Guilherme	03	CNMAIA	2:12.56	50m	29-05-21	Coimbra	582
6.	DIAS Ruben Fonseca	03	CNV	2:12.95	50m	04-08-19	Funchal	577
7.	PEREIRA Lucas Medeiros	03	SCB	2:13.69	50m	04-08-19	Funchal	568
8.	SILVA Joao Jose	03	ADBA	2:13.90	50m	04-08-19	Funchal	565
9.	MARTYN David	03	BSCN	2:14.90	50m	08-02-20	Lisboa	553
10.	FERNANDES Rui Afonso	03	CDN	2:15.83	50m	04-08-19	Funchal	541
11.	VALENTE Henrique Pinheiro	03	CNCVG	2:17.23	50m	08-02-20	Lisboa	525
12.	MACHADO Martim Miranda	03	CUC	2:18.12	50m	08-05-21	Coimbra	515
13.	FIDALGO Joao Matos	03	SLB	2:18.34	50m	04-08-19	Funchal	512
14.	PINHEIRO Henrique Valente	03	CNCVG	2:18.67	50m	04-08-19	Funchal	509
15.	BOAVIDA Pedro Miguel	03	CNOL	2:19.22	50m	04-08-19	Funchal	503
16.	SOUSA Diogo Nunes	03	VSC	2:19.43	50m	04-08-19	Funchal	500
17.	MATOS Rodrigo Vieira	03	INDMAD	2:20.18	50m	04-08-19	Funchal	492
18.	COSTA Hugo Alexandre	03	CNV	2:20.38	50m	04-08-19	Funchal	490
19.	BORGES Rafael Braga	03	CAFBDP	2:20.64	50m	04-08-19	Funchal	488
20.	GOMES Nuno Antonio	03	CAFBDP	2:21.92	50m	04-08-19	Funchal	474
21.	ASCENSO Daniel Alexandre	03	GESL	2:22.00	50m	01-03-20	Vila Franca de Xira	474
22.	CASCALHEIRA Joao Miguel	03	CNS	2:22.04	50m	04-08-19	Funchal	473
23.	VALE David Manuel	03	GESL	2:24.30	50m	04-08-19	Funchal	451
24.	SANTOS Joao Pedro	03	CAFBDP	2:25.29	50m	04-08-19	Funchal	442
25.	LOPES Rodrigo Beja	03	AONDA	2:25.97	50m	04-08-19	Funchal	436
26.	PARENTE Salvador Ataide	03	GESL	2:26.46	50m	04-08-19	Funchal	432
27.	SANTOS Roberto Pinho	03	AEJ	2:27.10	50m	04-08-19	Funchal	426
28.	ALMEIDA Goncalo Vieira	03	SFUAP	2:27.52	50m	04-08-19	Funchal	422
29.	LOURENCO Goncalo Pires	03	FBSC	2:28.77	50m	22-02-20	Coimbra	412
30.	CARVALHO Ricardo Martins	03	FBSC	2:28.90	50m	08-05-21	Coimbra	411

200 Estilos

1.	CARNEIRO Joao Soares	03	SLB	2:06.42	50m	24-04-21	Coimbra	733
2.	RIBEIRO Gustavo Carvalhais	03	CGA	2:08.74	50m	28-03-21	Coimbra	694
3.	LOPES Luis Afonso	03	VS	2:10.82	50m	29-05-21	Rio Maior	661
4.	ARAUJO Joao Guilherme	03	CNMAIA	2:17.53	50m	29-05-21	Coimbra	569
5.	GOMES Tomas Nogueira	03	SFUAP	2:18.17	50m	28-03-21	Coimbra	561
6.	RELVAS David Ferreira	03	DNMG	2:18.52	50m	02-02-20	Povoa de Varzim	557
7.	CARVALHO Fernando Costa	03	FOCA	2:18.64	50m	02-02-20	Povoa de Varzim	555
8.	WANZELLER Goncalo Henrique	03	CFB	2:18.71	50m	04-08-19	Funchal	555
9.	JUNIOR Luis Cabral	03	CFB	2:21.08	50m	04-08-19	Funchal	527
10.	DIAS Rodrigo Reis	03	CFB	2:21.43	50m	01-03-20	Vila Franca de Xira	523
11.	RODRIGUES Tiago Moura	03	CLIP	2:21.63	50m	04-08-19	Funchal	521
12.	FERREIRA Ricardo Martins	03	AONDA	2:22.09	50m	09-02-20	Lisboa	516
13.	MENDES Ricardo Ferreira	03	CCLAMAS	2:22.39	50m	04-08-19	Funchal	513
14.	FARDILHA Manuel Cruz	03	CGA	2:22.70	50m	04-08-19	Funchal	509
15.	MATOS Joao Luis	03	CNCVG	2:23.45	50m	04-08-19	Funchal	501
16.	CARRASCO Joao Pedro	03	PORTIN	2:23.53	50m	04-08-19	Funchal	501
17.	CASCALHEIRA Joao Miguel	03	CNS	2:24.00	50m	04-08-19	Funchal	496
18.	FAIA Mateus Costa	03	GDNFAMA	2:24.40	50m	04-08-19	Funchal	492
19.	MARQUES Andre Costa	03	GDNFAMA	2:24.65	50m	18-01-20	Povoa de Varzim	489
20.	FERNANDES Rui Afonso	03	CDN	2:25.21	50m	29-02-20	Funchal	483

200 Estilos (desde 21)

21.	SANTOS Miguel Alexandre	03	CNOL	2:25.80	50m	13-06-21	Loulé	478
22.	COUTINHO David Valdagua	03	CUC	2:26.05	50m	08-05-21	Coimbra	475
23.	MATOS Rodrigo Vieira	03	CNF	2:26.06	50m	25-01-20	Funchal	475
24.	CRISTINO Guilherme Matias	03	00088	2:26.52	50m	08-03-20	San Fernando (ESP)	471
25.	PEREIRA Diogo Guimaraes	03	VSC	2:26.99	50m	18-01-20	Povoa de Varzim	466
26.	CARVALHO Tiago Fonseca	03	CNPO	2:27.82	50m	18-01-20	Povoa de Varzim	458
27.	ENGELEN Dario	03	LDC	2:27.86	50m	13-06-21	Loulé	458
28.	NUNES Hugo Fernandes	03	CNG	2:30.48	50m	09-02-20	Lisboa	434
29.	LOPES Pedro Henrique	03	CDSR	2:33.69	50m	22-02-20	Funchal	408
30.	VIEIRA Emanuel Eloi	03	CDSR	2:38.11	50m	29-02-20	Funchal	374
31.	FERNANDES Joao Bernardo	03	CNPO	2:39.81	50m	19-12-20	Povoa do Varzim	362
32.	CAMACHO Joao Simao	03	CDN	2:48.01	50m	29-02-20	Funchal	312
33.	CONCEICAO Hugo Pacheco	03	LAGAC	3:00.45	50m	13-06-21	Loulé	252
34.	OLIVEIRA Antonio Pedro	03	FCP	3:47.49	50m	08-12-19	Povoa de Varzim	125

400 Estilos

1.	RIBEIRO Gustavo Carvalhais	03	CGA	4:29.38	50m	27-03-21	Coimbra	741
2.	CARNEIRO Joao Soares	03	SLB	4:37.93	50m	02-08-19	Funchal	675
3.	DIAS Rodrigo Reis	03	CFB	4:49.37	50m	02-08-19	Funchal	598
4.	ARAUJO Joao Guilherme	03	CNMAIA	4:49.73	50m	02-08-19	Funchal	596
5.	FERREIRA Joao Carlos	03	FCP	4:57.35	50m	01-02-20	Povoa de Varzim	551
6.	FARDILHA Manuel Cruz	03	CGA	4:58.22	50m	30-05-21	Coimbra	546
7.	FELICIO Tomas Miguel	03	CNRM	4:58.38	50m	02-08-19	Funchal	545
8.	CARVALHO Fernando Costa	03	FOCA	4:58.97	50m	01-02-20	Povoa de Varzim	542
9.	RELVAS David Ferreira	03	DNMG	4:59.77	50m	02-08-19	Funchal	538
10.	SOUZA Diogo Nunes	03	VSC	5:01.42	50m	02-08-19	Funchal	529
11.	WANZELLER Goncalo Henrique	03	CFB	5:04.28	50m	02-08-19	Funchal	514
12.	CRISTINO Guilherme Matias	03	SFUAP	5:04.34	50m	25-04-21	Coimbra	514
13.	COSTA Hugo Alexandre	03	CNV	5:04.54	50m	02-08-19	Funchal	513
14.	MENDES Ricardo Ferreira	03	CCLAMAS	5:05.02	50m	02-08-19	Funchal	510
15.	SANTOS Roberto Pinho	03	AEJ	5:07.88	50m	02-08-19	Funchal	496
16.	PEREIRA Diogo Guimaraes	03	VSC	5:08.39	50m	02-08-19	Funchal	494
17.	CORREIA Pedro Henriques	03	SLB	5:09.78	50m	02-08-19	Funchal	487
18.	MATOS Rodrigo Vieira	03	INDMAD	5:12.54	50m	02-08-19	Funchal	474
19.	PARENTE Salvador Ataide	03	GESL	5:12.81	50m	02-08-19	Funchal	473
20.	AFONSO Francisco Lopes	03	GCVR	5:14.65	50m	02-08-19	Funchal	465

50 Livres

1.	RIBEIRO Diogo Matos	04	CUC	23.44	50m	28-03-21	Coimbra	709
2.	REIS Rodrigo Miguel	04	CUC	24.83	50m	28-03-21	Coimbra	597
3.	ALMEIDA Bernardo Victorino	04	SCP	24.93	50m	28-03-21	Coimbra	590
4.	FERNANDES Diogo Henrique	04	CNF	25.25	50m	30-05-21	Rio Maior	567
5.	SANTOS Rui Mamede	04	CUC	25.36	50m	30-05-21	Coimbra	560
6.	MARQUES Gustavo Pires	04	CUC	25.40	50m	24-04-21	Coimbra	557
7.	PAZ Antonio Manuel	04	CAFBDP	25.57	50m	28-03-21	Coimbra	546
8.	OLIVEIRA Pedro Nuno	04	SANDS	25.70	50m	05-06-21	Porto	538
9.	COSTA Afonso Vilhena	04	CFV	25.85	50m	02-02-20	Povoa de Varzim	529
10.	SOUSA Tomas Castro	04	VSC	26.10	50m	06-06-21	Porto	514
11.	CASTANHEIRA Guilherme Silva	04	ADBA	26.14	50m	01-02-20	Povoa de Varzim	511
12.	ANTUNES David Alexandre	04	LSC	26.31	50m	01-02-20	Povoa de Varzim	501
13.	SILVA Gustavo Carvalho	04	POR	26.34	50m	01-02-20	Povoa de Varzim	500
14.	POIARES Tiago Andre	04	FBSC	26.41	50m	28-03-21	Coimbra	496
15.	DIOGO Dinis Miranda	04	FBSC	26.45	50m	08-05-21	Coimbra	494
16.	RODEIA Jose Miguel	04	LDC	26.51	50m	09-02-20	Lisboa	490
17.	ANTUNES Joao Afonso	04	CGA	26.68	50m	01-02-20	Povoa de Varzim	481
18.	FERNANDES Rodrigo Cardoso	04	CNCA	26.69	50m	09-02-20	Lisboa	480
19.	CLARA Vitor Belo	04	ADBA	26.70	50m	02-02-20	Povoa de Varzim	480
20.	PENELAS Joao Pedro	04	GESL	26.84	50m	09-02-20	Lisboa	472
21.	JESUS Pedro Duarte	04	CGA	26.86	50m	01-02-20	Povoa de Varzim	471
22.	BORISOV Iuri Lucas	04	GCNF	27.00	50m	12-06-21	Loulé	464
23.	MORAIS Alexandre Duarte	04	PDEM	27.01	50m	09-02-20	Lisboa	463
24.	CORREIA Francisco Alves	04	CNLA	27.25	50m	02-02-20	Povoa de Varzim	451
25.	GROSHEV Vladislav	04	FCF	27.28	50m	12-06-21	Loulé	450
26.	DIAS Jose Diogo	04	FBSC	27.62	50m	11-01-20	Coimbra	433
27.	SILVA Guilherme Antonio	04	ACS	27.75	50m	12-06-21	Loulé	427
28.	CAMPOS Rafael Alves	04	CPSPA	27.85	50m	11-01-20	Coimbra	423
29.	FERREIRA Leonardo Filipe	04	CNF	27.90	50m	23-02-20	Funchal	420
30.	GOMES Alexandre Monteiro	04	JACL	27.97	50m	29-02-20	Funchal	417
31.	OLIVEIRA Goncalo Daniel	04	FBSC	27.99	50m	11-01-20	Coimbra	416
32.	NASCIMENTO Angelo Miranda	04	GCNF	28.15	50m	12-06-21	Loulé	409
33.	TRISTAO Miguel Salomao	04	PORTIN	28.18	50m	12-06-21	Loulé	408
34.	MACHADO Tiago Magalhaes	04	CDN	28.39	50m	23-02-20	Funchal	399
35.	FERNANDES Eduardo Figueira	04	CNBE	28.57	50m	12-06-21	Loulé	392
36.	BARRY Rafael Francisco	04	CNF	28.64	50m	29-02-20	Funchal	389
37.	GUERREIRO Pedro Henrique	04	CNBE	29.05	50m	12-06-21	Loulé	372
38.	FLORIDO Pedro Miguel	04	FBSC	29.19	50m	11-01-20	Coimbra	367
39.	KLEIMONOV Oleksandr	04	PORTIN	29.32	50m	19-06-21	Loulé	362
40.	GLORIA Afonso Marreiros	04	LAGAC	29.34	50m	19-06-21	Loulé	361
41.	BARROSAO Vasco Andre	04	PORTIN	29.42	50m	19-06-21	Loulé	359
42.	JESUS Bruno Daniel	04	CNOL	29.86	50m	12-06-21	Loulé	343
43.	SILVA Nuno Marques	04	ADBA	29.91	50m	14-02-21	Oeiras	341
44.	TELES Artur Corte	04	JACL	30.07	50m	23-02-20	Funchal	336
45.	URDANETA Lisandro Alberto	04	CDN	30.43	50m	29-02-20	Funchal	324
46.	FERNANDEZ Joao Guilherme	04	JACL	31.16	50m	29-02-20	Funchal	302
47.	SILVA Eduardo Rodrigues	04	JACL	31.83	50m	23-02-20	Funchal	283
48.	DUARTE Samuel Lima	04	FVCD	33.80	50m	25-01-20	Rio Maior	236
49.	FERNANDES Tiago Miguel	04	SCA	34.48	50m	18-01-20	Coimbra	223
50.	GANANCA Tiago Rodrigues	04	CNF	35.00	50m	29-02-20	Funchal	213
51.	FREIRE Hugo Filipe	04	SCA	37.26	50m	08-12-19	Povoa de Varzim	176
52.	MONTEIRO Joao Pedro	04	FCP	1:31.40	50m	08-12-19	Povoa de Varzim	11

100 Livres

1.	RIBEIRO Diogo Matos	04	POR	50.31	50m	06-06-21	Porto	810
2.	REIS Rodrigo Miguel	04	INDANC	53.63	50m	29-05-21	Coimbra	669
3.	SILVA Gustavo Carvalho	04	CNPV	53.82	50m	29-05-21	Rio Maior	662
4.	COSTA Joao Peres	04	CNPV	53.97	50m	29-05-21	Rio Maior	656
5.	SIMOES Bernardo Jorge	04	CNCVG	54.07	50m	08-02-20	Lisboa	653
6.	MARQUES Gustavo Pires	04	CUC	54.19	50m	08-05-21	Coimbra	648
7.	ALMEIDA Bernardo Victorino	04	SCP	54.29	50m	27-03-21	Coimbra	645
8.	PAZ Antonio Manuel	04	CAFBDP	54.93	50m	29-05-21	Rio Maior	622
9.	NUNES Diogo Severino	04	CNV	55.04	50m	06-06-21	Porto	619
10.	FERNANDES Diogo Henrique	04	CNF	55.22	50m	29-05-21	Rio Maior	613
11.	REBELO Joao Lourenco	04	SAD	55.38	50m	29-05-21	Rio Maior	607
12.	SANTOS Gabriel Moreira	04	POR	55.48	50m	02-02-20	Povoa de Varzim	604
13.	SANTOS Rui Mamede	04	CUC	55.56	50m	09-05-21	Coimbra	601
14.	MOITA Goncalo Brites	04	CUC	55.74	50m	04-08-19	Funchal	596
14.	GOMES Guilherme Sousa	04	ACS	55.74	50m	19-06-21	Loulé	596
16.	MENA Jorge Perez	04	LDC	55.95	50m	13-06-21	Loulé	589
17.	BORGES David Costa	04	CFP	55.97	50m	29-05-21	Coimbra	588
18.	ANTUNES Joao Afonso	04	CGA	56.04	50m	29-05-21	Coimbra	586
19.	MOREIRA Joao Pedro	04	CNCE	56.20	50m	29-05-21	Coimbra	581
20.	CLARA Vitor Belo	04	ADBA	56.25	50m	29-05-21	Rio Maior	580
21.	JESUS Pedro Duarte	04	CGA	56.34	50m	29-05-21	Coimbra	577
22.	OLIVEIRA Pedro Nuno	04	CNTN	56.61	50m	29-05-21	Rio Maior	569
23.	ANTUNES David Alexandre	04	LSC	56.68	50m	29-05-21	Coimbra	566
24.	COSTA Afonso Vilhena	04	CFV	56.69	50m	02-02-20	Povoa de Varzim	566
25.	MADUREIRA Rui Pedro	04	VSC	56.72	50m	02-02-20	Povoa de Varzim	565
26.	ALVES Paulo Rodrigues	04	CDN	56.85	50m	19-06-21	Funchal	561
27.	FARIA Ricardo Morais	04	ADBA	56.89	50m	22-02-20	Coimbra	560
28.	PENELAS Joao Pedro	04	GESL	56.93	50m	01-03-20	Vila Franca de Xira	559
29.	DIOGO Dinis Miranda	04	FBSC	57.27	50m	09-05-21	Coimbra	549
30.	AGUIAR Vasco Ormonde	04	ADA	57.30	50m	04-08-19	Funchal	548
31.	VIEIRA Tomas Sa	04	SAD	57.41	50m	08-02-20	Lisboa	545
32.	CASTANHEIRA Guilherme Silveira	04	ADBA	57.45	50m	02-02-20	Povoa de Varzim	544
32.	POIARES Tiago Andre	04	FBSC	57.45	50m	08-05-21	Coimbra	544
34.	SIMOES Miguel Costa	04	CDCP	57.47	50m	29-02-20	Vila Franca de Xira	543
35.	SANTOS Joao Afonso	04	SCP	57.59	50m	08-02-20	Lisboa	540
36.	GUIMARAES Hugo Goncalves	04	EDV	57.71	50m	04-08-19	Funchal	537
37.	FRASQUILHO Afonso Figueiredo	04	SCP	57.74	50m	01-03-20	Vila Franca de Xira	536
38.	SOUSA Tomas Castro	04	VSC	57.79	50m	04-08-19	Funchal	534
39.	RODEIA Jose Miguel	04	LDC	57.81	50m	08-02-20	Lisboa	534
40.	VIEIRA Francisco Ribeiro	04	AEFDTV	57.99	50m	08-02-20	Lisboa	529
41.	ALMEIDA Francisco Ferreira	04	SCE	58.07	50m	02-02-20	Povoa de Varzim	527
42.	SANTOS Vasco Malia	04	CNLGOS	58.18	50m	13-06-21	Loulé	524
43.	HASSENTEUFEL Marco Antonio	04	CNPO	58.20	50m	19-12-20	Povoa do Varzim	523
44.	DIAS Jose Diogo	04	FBSC	58.22	50m	04-08-19	Funchal	523
45.	GROSHEV Vladislav	04	FCF	58.32	50m	19-06-21	Loulé	520
46.	MORAIS Alexandre Duarte	04	PDEM	58.42	50m	01-03-20	Vila Franca de Xira	517
47.	PALMA Francisco Caetano	04	ACRZA	58.52	50m	08-02-20	Lisboa	515
48.	BARRY Rafael Francisco	04	CNF	58.65	50m	04-08-19	Funchal	511
49.	SILVA Miguel Madeira	04	AONDA	58.78	50m	08-02-20	Lisboa	508
50.	LOPES Rafael Caceres	04	SFUAP	58.80	50m	08-02-20	Lisboa	507
51.	GUERREIRO Joao Negreiros	04	CIRL	58.96	50m	01-03-20	Vila Franca de Xira	503
51.	VICENTE Tiago Miguel	04	ACS	58.96	50m	19-06-21	Loulé	503
53.	SALGUEIRO Ruben Jose	04	SCP	59.30	50m	01-03-20	Vila Franca de Xira	495

100 Livres (desde 54)

54.	FAUSTINO Joao Pedro	04	CDCP	59.33	50m	08-02-20	Lisboa	494
55.	FERNANDES Rodrigo Cardoso	04	CNCA	59.49	50m	08-02-20	Lisboa	490
56.	MIRA Tomas Martins	04	CNS	59.62	50m	01-03-20	Vila Franca de Xira	487
57.	SILVA Frederico Ferreira	04	GDNFAMA	59.68	50m	18-01-20	Povoa de Varzim	485
57.	TATO Vitor Pedro	04	LSC	59.68	50m	02-02-20	Povoa de Varzim	485
59.	TRISTAO Miguel Salomao	04	PORTIN	59.82	50m	19-06-21	Loulé	482
60.	SANTOS Guilherme Machado	04	SFUAP	59.88	50m	02-08-19	Funchal	480
61.	FRANCISCO Afonso Romao	04	CDCP	1:00.03	50m	08-02-20	Lisboa	477
62.	RODRIGUES Rodrigo Reis	04	CDSR	1:00.09	50m	28-02-20	Funchal	475
63.	AGUILAR Luis Santos	04	CDN	1:00.14	50m	19-06-21	Funchal	474
64.	NUNES Miguel Filipe	04	CNCA	1:00.15	50m	08-02-20	Lisboa	474
65.	ALVES Goncalo Moreira	04	CCLAMAS	1:00.17	50m	02-02-20	Povoa de Varzim	473
66.	ANICETO Joao Gabriel	04	ADBA	1:00.18	50m	02-02-20	Povoa de Varzim	473
67.	MATOS Gil Amaral	04	ADA	1:00.22	50m	02-08-19	Funchal	472
68.	GONCALVES Duarte Cadima	04	CNMJ	1:00.36	50m	04-08-19	Funchal	469
69.	FERNANDES Martim Pestana	04	CNF	1:00.44	50m	28-02-20	Funchal	467
70.	AFONSO Martim Rodrigues	04	ACS	1:00.50	50m	13-06-21	Loulé	466
71.	GASPAR Andre Jesus	04	SFGP	1:00.77	50m	02-02-20	Povoa de Varzim	459
72.	SILVA Francisco Oliveira	04	FOCA	1:00.78	50m	18-01-20	Povoa de Varzim	459
73.	NASCIMENTO Angelo Miranda	04	GCNF	1:01.01	50m	19-06-21	Loulé	454
74.	SILVA Guilherme Antonio	04	ACS	1:01.24	50m	19-06-21	Loulé	449
75.	CARDOSO Lucas Pipiraite	04	CNNZ	1:01.28	50m	08-02-20	Lisboa	448
76.	OLIVEIRA Gustavo Reis	04	CCLAMAS	1:01.46	50m	02-02-20	Povoa de Varzim	444
77.	CORDEIRO Rui Filipe	04	GDNFAMA	1:01.56	50m	02-02-20	Povoa de Varzim	442
78.	BARRETO Afonso Leonel	04	CPCD	1:01.58	50m	08-02-20	Lisboa	442
78.	UVA Francisco Sousa	04	SAD	1:01.58	50m	01-03-20	Vila Franca de Xira	442
80.	AUGUSTO Goncalo Gomes	04	AONDA	1:01.59	50m	01-03-20	Vila Franca de Xira	441
81.	FERREIRA Leonardo Filipe	04	CNF	1:01.65	50m	22-02-20	Funchal	440
82.	GAMA Pedro Manuel	04	CCLAMAS	1:01.80	50m	02-02-20	Povoa de Varzim	437
83.	MONTEIRO Diogo Miguel	04	DRCN	1:02.12	50m	01-03-20	Vila Franca de Xira	430
84.	FERREIRA Jose Teixeira	04	EULX	1:02.57	50m	01-03-20	Vila Franca de Xira	421
85.	RIBEIRO Afonso Miguel	04	PDEM	1:02.77	50m	01-03-20	Vila Franca de Xira	417
86.	GLORIA Afonso Marreiros	04	LAGAC	1:02.79	50m	19-06-21	Loulé	416
87.	FERNANDES Lucas Andre	04	VSC	1:02.88	50m	02-02-20	Povoa de Varzim	415
88.	FREITAS Roberto Rodrigues	04	CCLAMAS	1:03.09	50m	02-02-20	Povoa de Varzim	411
88.	TELES Artur Corte	04	JACL	1:03.09	50m	22-02-20	Funchal	411
90.	MACHADO Tiago Magalhaes	04	CDN	1:03.52	50m	28-02-20	Funchal	402
91.	NUNES Afonso Miguel	04	JACL	1:03.72	50m	28-02-20	Funchal	398
92.	GOMES Alexandre Monteiro	04	JACL	1:04.03	50m	28-02-20	Funchal	393
93.	FERNANDES Eduardo Figueira	04	CNBE	1:04.23	50m	13-06-21	Loulé	389
94.	PEREIRA Rodrigo Rebelo	04	CIRL	1:04.30	50m	01-03-20	Vila Franca de Xira	388
95.	JESUS Bruno Daniel	04	CNOL	1:04.69	50m	19-06-21	Loulé	381
96.	KLEIMONOV Oleksandr	04	PORTIN	1:05.01	50m	19-06-21	Loulé	375
97.	MATOS Andre Fragoso	04	EULX	1:06.08	50m	01-03-20	Vila Franca de Xira	357
98.	PEREIRA Jordao Abreu	04	JACL	1:06.31	50m	22-02-20	Funchal	354
99.	FERREIRA Renato Maria	04	CUC	1:06.57	50m	08-05-21	Coimbra	349
100.	SOARES Daniel Pacheco	04	CNPDL	1:06.79	50m	02-02-20	Povoa de Varzim	346

200 Livres

1.	RIBEIRO Diogo Matos	04	CUC	1:50.82	50m	27-03-21	Coimbra	779
2.	MARQUES Gustavo Pires	04	INDANC	1:55.77	50m	29-05-21	Coimbra	683
3.	ALMEIDA Bernardo Victorino	04	SCP	1:56.36	50m	27-03-21	Coimbra	673
4.	SIMOES Bernardo Jorge	04	CNCVG	1:57.03	50m	19-12-20	Oeiras	662
5.	REIS Rodrigo Miguel	04	INDANC	1:58.07	50m	05-06-21	Porto	644
6.	SILVA Gustavo Carvalho	04	CNPV	1:58.39	50m	29-05-21	Rio Maior	639
7.	COSTA Joao Peres	04	CNPV	1:58.92	50m	27-03-21	Coimbra	631
8.	PAZ Antonio Manuel	04	CAFBDP	1:59.43	50m	13-02-21	Oeiras	622
9.	SANTOS Gabriel Moreira	04	POR	1:59.80	50m	01-02-20	Povoa de Varzim	617
10.	NUNES Diogo Severino	04	CNV	2:00.21	50m	05-06-21	Porto	610
11.	CARVALHO Martim Henriques	04	CNRM	2:00.90	50m	27-03-21	Coimbra	600
12.	CLARA Vitor Belo	04	ADBA	2:00.98	50m	13-02-21	Oeiras	599
13.	CARDOSO Filipe Santos	04	CAPGE	2:01.46	50m	29-05-21	Coimbra	592
14.	SILVA Nuno Marques	04	ADBA	2:01.71	50m	13-06-21	Badajoz (ESP)	588
15.	MOITA Goncalo Brites	04	CUC	2:01.90	50m	02-08-19	Funchal	585
16.	SIMOES Miguel Costa	04	CDCP	2:03.06	50m	29-02-20	Vila Franca de Xira	569
17.	REBELO Joao Lourenco	04	SAD	2:03.34	50m	29-02-20	Vila Franca de Xira	565
17.	ANTUNES Joao Afonso	04	CGA	2:03.34	50m	29-05-21	Coimbra	565
19.	MOREIRA Joao Pedro	04	CNCE	2:03.63	50m	27-03-21	Coimbra	561
20.	FERNANDES Diogo Henrique	04	CNF	2:03.92	50m	29-05-21	Rio Maior	557
21.	PENELAS Joao Pedro	04	GESL	2:04.56	50m	02-08-19	Funchal	549
22.	DIOGO Dinis Miranda	04	FBSC	2:04.98	50m	08-05-21	Coimbra	543
23.	JESUS Pedro Duarte	04	CGA	2:05.31	50m	29-05-21	Coimbra	539
24.	GUIMARAES Hugo Goncalves	04	EDV	2:05.34	50m	02-08-19	Funchal	538
25.	CARVALHO Goncalo Renato	04	FCP	2:05.52	50m	05-06-21	Porto	536
26.	COSTA Afonso Vilhena	04	CFV	2:05.73	50m	02-08-19	Funchal	533
27.	MADUREIRA Rui Pedro	04	VSC	2:05.87	50m	01-02-20	Povoa de Varzim	532
28.	RODEIA Jose Miguel	04	CNFA	2:05.89	50m	02-08-19	Funchal	531
29.	SANTOS Rui Mamede	04	CUC	2:05.92	50m	09-02-20	Lisboa	531
30.	GOMES Guilherme Sousa	04	ACS	2:05.94	50m	09-02-20	Lisboa	531
31.	FARIA Ricardo Morais	04	ADBA	2:06.74	50m	01-02-20	Povoa de Varzim	521
31.	SANTOS Joao Afonso	04	SCP	2:06.74	50m	09-02-20	Lisboa	521
33.	POIARES Tiago Andre	04	FBSC	2:06.86	50m	09-02-20	Lisboa	519
34.	OLIVEIRA Pedro Nuno	04	CNTN	2:07.41	50m	02-08-19	Funchal	513
35.	CARVALHO Antonio Lombardi	04	SCP	2:07.47	50m	29-02-20	Vila Franca de Xira	512
36.	RODRIGUES Rodrigo Reis	04	CDSR	2:07.60	50m	09-02-20	Lisboa	510
37.	VIEIRA Tomas Sa	04	SAD	2:08.00	50m	09-02-20	Lisboa	506
38.	VIEIRA Francisco Ribeiro	04	AEFDTV	2:08.50	50m	29-02-20	Vila Franca de Xira	500
39.	CHOCAS Afonso Alves	04	EFC	2:08.60	50m	02-08-19	Funchal	498
40.	BARBOSA Pedro Xavier	04	EDV	2:08.67	50m	02-08-19	Funchal	498
41.	ANICETO Joao Gabriel	04	ADBA	2:09.08	50m	22-02-20	Coimbra	493
42.	OLIVEIRA Goncalo Daniel	04	FBSC	2:09.18	50m	09-02-20	Lisboa	492
43.	NASCIMENTO Angelo Miranda	04	CNOL	2:09.24	50m	02-08-19	Funchal	491
44.	CASTANHEIRA Guilherme Silva	04	ADBA	2:09.54	50m	01-02-20	Povoa de Varzim	488
45.	SOUSA Tomas Castro	04	VSC	2:09.90	50m	01-02-20	Povoa de Varzim	484
46.	SILVA Miguel Madeira	04	AONDA	2:09.92	50m	02-08-19	Funchal	483
47.	LOPES Rafael Caceres	04	SFUAP	2:10.05	50m	29-02-20	Vila Franca de Xira	482
48.	SOUSA Fabio Joao	04	GCVR	2:10.25	50m	22-02-20	Coimbra	480
49.	FAUSTINO Joao Pedro	04	CDCP	2:10.39	50m	29-02-20	Vila Franca de Xira	478
50.	DIAS Jose Diogo	04	FBSC	2:11.05	50m	09-02-20	Lisboa	471
51.	SALGUEIRO Ruben Jose	04	SCP	2:11.20	50m	29-02-20	Vila Franca de Xira	469
52.	GONCALVES Duarte Cadima	04	CNMJ	2:11.33	50m	02-08-19	Funchal	468
53.	BARAONA Andre Azevedo	04	CNMJ	2:11.43	50m	28-02-20	Vila Franca de Xira	467

200 Livres (desde 54)

54.	MIRA Tomas Martins	04	CNS	2:11.53	50m	29-02-20	Vila Franca de Xira	466
55.	QUEIROS Luis Pedro	04	VNC	2:11.54	50m	01-02-20	Povoa de Varzim	466
56.	FRANCISCO Afonso Romao	04	CDCP	2:11.67	50m	29-02-20	Vila Franca de Xira	464
57.	GUERREIRO Joao Negreiros	04	CIRL	2:12.25	50m	29-02-20	Vila Franca de Xira	458
58.	ALVES Goncalo Moreira	04	CCLAMAS	2:12.51	50m	01-02-20	Povoa de Varzim	456
59.	SANTOS Francisco Amaro	04	GESL	2:13.19	50m	29-02-20	Vila Franca de Xira	449
60.	PROENCA Tiago Barroso	04	EULX	2:13.26	50m	29-02-20	Vila Franca de Xira	448
61.	CAMPOS Rafael Alves	04	CPSPA	2:14.00	50m	22-02-20	Coimbra	441
62.	TATO Vitor Pedro	04	LSC	2:14.80	50m	01-02-20	Povoa de Varzim	433
63.	VICENTE Tiago Miguel	04	ACS	2:15.15	50m	09-02-20	Lisboa	429
64.	TELES Artur Corte	04	JACL	2:15.18	50m	22-02-20	Funchal	429
65.	MORAIS Alexandre Duarte	04	PDEM	2:15.29	50m	29-02-20	Vila Franca de Xira	428
66.	MONTEIRO Diogo Miguel	04	DRCN	2:15.77	50m	29-02-20	Vila Franca de Xira	424
67.	BRAZ Romao Noronha	04	CNPDL	2:16.27	50m	01-02-20	Povoa de Varzim	419
68.	BARRETO Afonso Leonel	04	CPCD	2:16.76	50m	09-02-20	Lisboa	414
69.	AUGUSTO Goncalo Gomes	04	AONDA	2:16.79	50m	29-02-20	Vila Franca de Xira	414
70.	FREITAS Roberto Rodrigues	04	CCLAMAS	2:18.56	50m	01-02-20	Povoa de Varzim	398
71.	PINTO Joao Pedro	04	ADA	2:18.99	50m	01-08-19	Funchal	395
72.	DUARTE Daniel Elias	04	CIRL	2:19.41	50m	29-02-20	Vila Franca de Xira	391
73.	ANDRADE Cesar Rodrigues	04	NBM	2:22.09	50m	22-02-20	Coimbra	369
74.	PEREIRA Rodrigo Rebelo	04	CIRL	2:22.49	50m	29-02-20	Vila Franca de Xira	366
75.	GLORIA Afonso Marreiros	04	LAGAC	2:23.38	50m	09-02-20	Lisboa	360
76.	PEREIRA Jordao Abreu	04	JACL	2:24.46	50m	22-02-20	Funchal	352
77.	FERREIRA Renato Maria	04	CUC	2:25.65	50m	08-05-21	Coimbra	343
78.	SILVA Eduardo Rodrigues	04	JACL	2:25.90	50m	29-02-20	Funchal	341
79.	ARAUJO Miguel Alexandre	04	SFUAP	2:27.94	50m	29-02-20	Vila Franca de Xira	327
80.	SOARES Daniel Pacheco	04	CNPDL	2:34.04	50m	01-02-20	Povoa de Varzim	290
81.	MACHADO Tiago Magalhaes	04	CDN	2:35.28	50m	25-01-20	Funchal	283
82.	DUARTE Samuel Lima	04	FVCD	2:38.59	50m	18-01-20	Coimbra	266
83.	FERNANDEZ Joao Guilherme	04	JACL	2:42.93	50m	25-01-20	Funchal	245
84.	URDANETA Lisandro Alberto	04	CDN	2:56.61	50m	29-02-20	Funchal	192
85.	GANANCA Tiago Rodrigues	04	CNF	2:59.90	50m	22-02-20	Funchal	182
86.	FREIRE Hugo Filipe	04	SCA	3:00.59	50m	18-01-20	Coimbra	180
87.	FERNANDES Tiago Miguel	04	SCA	3:01.86	50m	25-01-20	Rio Maior	176
88.	TEIXEIRA Rodrigo Ribeiro	04	ADM	3:25.47	50m	25-01-20	Funchal	122

400 Livres

1.	MARQUES Gustavo Pires	04	POR	4:03.59	50m	06-06-21	Porto	737
2.	ALMEIDA Bernardo Victorino	04	SCP	4:07.75	50m	30-05-21	Rio Maior	700
3.	SIMOES Bernardo Jorge	04	CNCVG	4:08.94	50m	03-08-19	Funchal	690
4.	RIBEIRO Diogo Matos	04	CUC	4:10.32	50m	28-03-21	Coimbra	679
5.	CLARA Vitor Belo	04	ADBA	4:10.56	50m	03-08-19	Funchal	677
6.	CARVALHO Martim Henriques	04	CNRM	4:14.82	50m	30-05-21	Rio Maior	644
7.	APSENIECE Kevins Alexandre	04	FCP	4:15.38	50m	30-05-21	Coimbra	639
8.	PAZ Antonio Manuel	04	CAFBDP	4:16.93	50m	14-02-21	Oeiras	628
9.	MENA Jorge Perez	04	LDC	4:17.75	50m	30-05-21	Rio Maior	622
10.	CARDOSO Filipe Santos	04	CAPGE	4:18.14	50m	30-05-21	Coimbra	619
11.	NUNES Diogo Severino	04	CNV	4:19.45	50m	02-02-20	Povoa de Varzim	610
12.	CARVALHO Goncalo Renato	04	FCP	4:20.15	50m	30-05-21	Coimbra	605
13.	REBELO Joao Lourenco	04	SAD	4:21.95	50m	01-03-20	Vila Franca de Xira	592
14.	SIMOES Miguel Costa	04	CDCP	4:22.31	50m	30-05-21	Rio Maior	590
15.	GUIMARAES Hugo Goncalves	04	EDV	4:22.32	50m	30-05-21	Coimbra	590

400 Livres (desde 16)

16.	SILVA Nuno Marques	04	POR	4:22.70	50m	02-02-20	Povoa de Varzim	587
17.	SANTOS Gabriel Moreira	04	POR	4:23.78	50m	02-02-20	Povoa de Varzim	580
18.	PEREIRA Tiago Maia	04	CGA	4:23.87	50m	02-02-20	Povoa de Varzim	580
19.	SANTOS Rui Mamede	04	CUC	4:24.95	50m	08-02-20	Lisboa	573
20.	ALVES Paulo Rodrigues	04	CDN	4:25.22	50m	22-02-20	Funchal	571
21.	BORGES David Costa	04	CFP	4:25.85	50m	03-08-19	Funchal	567
22.	OLIVEIRA Goncalo Daniel	04	FBSC	4:26.21	50m	08-02-20	Lisboa	564
23.	PINTO Guilherme Lobo	04	FOCA	4:26.48	50m	30-05-21	Coimbra	563
24.	CARVALHO Antonio Lombardi	04	SCP	4:26.57	50m	30-05-21	Rio Maior	562
25.	DIOGO Dinis Miranda	04	FBSC	4:26.71	50m	03-08-19	Funchal	561
26.	BARBOSA Pedro Xavier	04	EDV	4:27.18	50m	02-02-20	Povoa de Varzim	558
27.	RODRIGUES Rodrigo Reis	04	CDSR	4:27.22	50m	30-05-21	Rio Maior	558
28.	FRASQUILHO Afonso Figueiredo	04	SCP	4:27.50	50m	01-03-20	Vila Franca de Xira	556
29.	ANTUNES Joao Afonso	04	CGA	4:27.84	50m	03-08-19	Funchal	554
30.	DIAS Jose Diogo	04	FBSC	4:28.03	50m	03-08-19	Funchal	553
31.	MADUREIRA Rui Pedro	04	VSC	4:29.62	50m	03-08-19	Funchal	543
32.	POIARES Tiago Andre	04	FBSC	4:30.25	50m	08-02-20	Lisboa	539
33.	NASCIMENTO Angelo Miranda	04	CNOL	4:30.40	50m	03-08-19	Funchal	539
34.	FOCK Yann Chetelat	04	EULX	4:31.55	50m	03-08-19	Funchal	532
35.	GOMES Guilherme Sousa	04	ACS	4:31.87	50m	13-06-21	Loulé	530
36.	TROMBINHAS Tiago Miguel	04	ADRCIMM	4:32.13	50m	03-08-19	Funchal	528
37.	SANTOS Joao Afonso	04	SCP	4:32.76	50m	01-03-20	Vila Franca de Xira	525
38.	AFONSO Martim Rodrigues	04	ACS	4:33.62	50m	13-06-21	Loulé	520
39.	JESUS Pedro Duarte	04	CGA	4:33.88	50m	02-02-20	Povoa de Varzim	518
40.	RODEIA Jose Miguel	04	GCNF	4:34.67	50m	30-05-21	Rio Maior	514
41.	ANJO Miguel Filipe	04	CDCP	4:35.45	50m	08-02-20	Lisboa	509
42.	LOPES Francisco Oliveira	04	CAFBDP	4:35.72	50m	03-08-19	Funchal	508
43.	MATOS Gil Amaral	04	ADA	4:35.94	50m	03-08-19	Funchal	507
44.	SANTOS Francisco Amaro	04	GESL	4:35.96	50m	01-03-20	Vila Franca de Xira	507
45.	QUEIROS Luis Pedro	04	VNC	4:35.97	50m	02-02-20	Povoa de Varzim	507
46.	FERNANDES Diogo Henrique	04	CNF	4:36.07	50m	01-03-20	Funchal	506
47.	SANTOS Vasco Malia	04	CNLGOS	4:37.35	50m	13-06-21	Loulé	499
48.	CASTANHEIRA Guilherme Silva	04	ADBA	4:37.75	50m	03-08-19	Funchal	497
49.	UVA Francisco Sousa	04	SAD	4:39.05	50m	08-02-20	Lisboa	490
50.	PROENCA Tiago Barroso	04	EULX	4:39.58	50m	01-03-20	Vila Franca de Xira	487
51.	PEREIRA Diogo Magalhaes	04	FCP	4:39.65	50m	02-02-20	Povoa de Varzim	487
52.	MONTEIRO Jose Miguel	04	SFGP	4:43.24	50m	02-02-20	Povoa de Varzim	469
53.	PACHECO Francisco Silva	04	NSIT	4:44.06	50m	03-08-19	Funchal	464
54.	CIRURGIAO Pedro Forjaz	04	SAD	4:45.23	50m	01-03-20	Vila Franca de Xira	459
55.	RIBEIRO Nuno Miguel	04	EDV	4:45.52	50m	03-08-19	Funchal	457
56.	MIRA Tomas Martins	04	CNS	4:45.65	50m	01-03-20	Vila Franca de Xira	457
57.	VALE Henrique Santa	04	GCST	4:45.78	50m	02-02-20	Povoa de Varzim	456
58.	BRAZ Romao Noronha	04	CNPDL	4:47.25	50m	02-02-20	Povoa de Varzim	449
59.	LOPES Rafael Caceres	04	SFUAP	4:48.68	50m	01-03-20	Vila Franca de Xira	443
60.	CORDEIRO Tomas Coelho	04	CFP	4:49.44	50m	25-01-20	Rio Maior	439
61.	GOMES Marcio Fernandes	04	SCB	4:49.45	50m	02-02-20	Povoa de Varzim	439
62.	GRILO Afonso Corte-Real	04	FBSC	4:50.77	50m	11-01-20	Coimbra	433
63.	TELES Artur Corte	04	JACL	4:52.42	50m	01-03-20	Funchal	426
64.	FRANCISCO Afonso Romao	04	CDCP	4:52.72	50m	01-03-20	Vila Franca de Xira	424
65.	GLORIA Afonso Marreiros	04	LAGAC	4:58.11	50m	13-06-21	Loulé	402
66.	FERREIRA Renato Maria	04	GRVM	4:58.82	50m	11-01-20	Coimbra	399
67.	AGUILAR Luis Santos	04	CDN	4:59.56	50m	22-02-20	Funchal	396
68.	ARAUJO Miguel Alexandre	04	SFUAP	5:19.43	50m	01-03-20	Vila Franca de Xira	327

400 Livres (desde 69)

69.	LOPES Leandro Miguel	04	ACS	5:24.81	50m	13-06-21	Loulé	311
70.	GOMES Alexandre Monteiro	04	JACL	5:25.16	50m	01-03-20	Funchal	310
71.	DUARTE Samuel Lima	04	FVCD	5:40.79	50m	18-01-20	Coimbra	269
72.	URDANETA Lisandro Alberto	04	CDN	6:47.83	50m	22-02-20	Funchal	157
73.	FERNANDES Tiago Miguel	04	SCA	6:51.68	50m	18-01-20	Coimbra	152
74.	FREIRE Hugo Filipe	04	SCA	6:53.68	50m	08-12-19	Povoa de Varzim	150

800 Livres

1.	MARQUES Gustavo Pires	04	CUC	8:30.00	50m	28-03-21	Coimbra	696
2.	ALMEIDA Bernardo Victorino	04	SCP	8:32.69	50m	30-05-21	Rio Maior	685
3.	CLARA Vitor Belo	04	ADBA	8:47.26	50m	04-08-19	Funchal	630
4.	CARDOSO Filipe Santos	04	CAPGE	8:52.04	50m	05-06-21	Porto	613
5.	SILVA Nuno Marques	04	ADBA	8:59.94	50m	20-12-20	Oeiras	587
6.	CARVALHO Goncalo Renato	04	FCP	9:00.14	50m	30-05-21	Coimbra	586
7.	POIARES Tiago Andre	04	FBSC	9:02.00	50m	30-05-21	Coimbra	580
8.	REIS Rodrigo Miguel	04	CUC	9:05.40	50m	09-05-21	Coimbra	569
9.	GOMES Marcio Fernandes	04	SCB	9:12.12	50m	30-05-21	Coimbra	549
10.	PINTO Guilherme Lobo	04	FOCA	9:17.44	50m	25-04-21	Coimbra	533
11.	SANTOS Vasco Malia	04	CNLGOS	9:28.44	50m	19-06-21	Loulé	503
12.	GOMES Guilherme Sousa	04	ACS	9:29.49	50m	19-06-21	Loulé	500
13.	VICENTE Tiago Miguel	04	ACS	9:32.73	50m	19-06-21	Loulé	491
14.	AFONSO Martim Rodrigues	04	ACS	9:35.48	50m	19-06-21	Loulé	484
15.	FERNANDES Diogo Henrique	04	CNF	9:45.71	50m	29-02-20	Funchal	459
16.	SILVA Eduardo Rodrigues	04	JACL	10:09.83	50m	29-02-20	Funchal	407
17.	RODEIA Jose Miguel	04	GCNF	10:11.34	50m	19-06-21	Loulé	404
18.	GROSHEV Vladislav	04	FCF	10:30.98	50m	19-06-21	Loulé	367
19.	LOPES Leandro Miguel	04	ACS	11:25.21	50m	19-06-21	Loulé	287

1500 Livres

1.	MARQUES Gustavo Pires	04	INDANC	16:22.07	50m	29-05-21	Coimbra	697
2.	CLARA Vitor Belo	04	ADBA	16:34.77	50m	01-08-19	Funchal	671
3.	SIMOES Bernardo Jorge	04	CNCVG	16:42.58	50m	01-08-19	Funchal	655
4.	ALMEIDA Bernardo Victorino	04	SCP	16:46.01	50m	01-08-19	Funchal	649
5.	SILVA Nuno Marques	04	ADBA	16:55.44	50m	01-08-19	Funchal	631
6.	RIBEIRO Diogo Matos	04	CUC	16:59.19	50m	22-02-20	Coimbra	624
7.	CARVALHO Martim Henriques	04	CNRM	16:59.46	50m	27-03-21	Coimbra	623
8.	PEREIRA Tiago Maia	04	CGA	17:03.40	50m	29-05-21	Coimbra	616
9.	CARVALHO Goncalo Renato	04	FCP	17:13.00	50m	06-06-21	Porto	599
10.	FRASQUILHO Afonso Figueiredo	04	SCP	17:17.55	50m	29-05-21	Rio Maior	591
11.	CARVALHO Antonio Lombardi	04	SCP	17:23.71	50m	24-04-21	Coimbra	581
12.	NUNES Diogo Severino	04	CNV	17:26.30	50m	01-08-19	Funchal	576
13.	GUIMARAES Hugo Goncalves	04	EDV	17:27.24	50m	01-08-19	Funchal	575
14.	BORGES David Costa	04	CFP	17:28.32	50m	24-04-21	Coimbra	573
15.	GOMES Marcio Fernandes	04	SCB	17:28.52	50m	06-06-21	Porto	573
16.	PINTO Guilherme Lobo	04	FOCA	17:29.27	50m	29-05-21	Coimbra	572
17.	SANTOS Rui Mamede	04	CUC	17:32.09	50m	01-08-19	Funchal	567
18.	CARDOSO Filipe Santos	04	CAPGE	17:37.02	50m	01-08-19	Funchal	559
19.	POIARES Tiago Andre	04	FBSC	17:39.91	50m	22-02-20	Coimbra	554
20.	TSYKAL Daniel	04	CNAL	17:40.44	50m	29-05-21	Rio Maior	554
21.	TROMBINHAS Tiago Miguel	04	ADRCIMM	17:43.26	50m	29-05-21	Rio Maior	549
22.	LOPES Francisco Oliveira	04	CAFBDP	17:46.84	50m	29-05-21	Rio Maior	544

1500 Livres (desde 23)

23.	ANJO Miguel Filipe	04	CDCP	17:49.07	50m	28-02-20	Vila Franca de Xira	540
24.	SANTOS Francisco Amaro	04	GESL	17:50.52	50m	01-08-19	Funchal	538
25.	SANTOS Gabriel Moreira	04	GDNFAMA	17:52.94	50m	01-08-19	Funchal	535
26.	NOGUEIRA Tiago Morgado	04	ADRCIMM	17:58.36	50m	28-02-20	Vila Franca de Xira	526
27.	OLIVEIRA Goncalo Daniel	04	FBSC	17:59.91	50m	01-08-19	Funchal	524
28.	BARAONA Andre Azevedo	04	CNMJ	18:01.40	50m	01-08-19	Funchal	522
29.	UVA Francisco Sousa	04	SAD	18:05.37	50m	01-08-19	Funchal	516
30.	SANTOS Joao Afonso	04	SCP	18:06.52	50m	28-02-20	Vila Franca de Xira	515
31.	RODRIGUES Rodrigo Reis	04	CDSR	18:13.54	50m	01-08-19	Funchal	505
32.	VIEIRA Francisco Ribeiro	04	AEFDTV	18:18.46	50m	28-02-20	Vila Franca de Xira	498
33.	AFONSO Martim Rodrigues	04	ACS	18:19.44	50m	12-06-21	Loulé	497
34.	MATOS Gil Amaral	04	ADA	18:26.84	50m	01-08-19	Funchal	487
35.	PROENCA Tiago Barroso	04	EULX	18:29.62	50m	28-02-20	Vila Franca de Xira	483
36.	FOCK Yann Chetelat	04	EULX	18:33.15	50m	28-02-20	Vila Franca de Xira	479
37.	GRILO Afonso Corte-Real	04	FBSC	18:33.28	50m	22-02-20	Coimbra	478
38.	SANTOS Vasco Malia	04	CNLGOS	18:57.86	50m	12-06-21	Loulé	448
39.	TELES Artur Corte	04	JACL	19:25.74	50m	28-02-20	Funchal	417
40.	MIRA Tomas Martins	04	CNS	19:26.18	50m	28-02-20	Vila Franca de Xira	416
41.	AGUILAR Luis Santos	04	CDN	19:26.93	50m	28-02-20	Funchal	415
42.	GLORIA Afonso Marreiros	04	LAGAC	20:50.44	50m	12-06-21	Loulé	337
43.	LOPES Leandro Miguel	04	ACS	21:40.16	50m	12-06-21	Loulé	300

50 Costas

1.	RIBEIRO Diogo Matos	04	CUC	27.00	50m	27-03-21	Coimbra	702
2.	SILVA Gustavo Carvalho	04	CNPV	27.38	50m	25-04-21	Coimbra	673
3.	GOMES Guilherme Sousa	04	ACS	28.34	50m	29-05-21	Rio Maior	607
4.	BARAONA Andre Azevedo	04	CNMJ	28.70	50m	25-04-21	Coimbra	584
5.	CUNHA Rodrigo Manuel	04	VSC	28.74	50m	06-06-21	Porto	582
6.	REIS Rodrigo Miguel	04	CUC	28.97	50m	27-03-21	Coimbra	568
7.	LIMA Gaspar Pinheiro	04	LSC	29.15	50m	24-04-21	Coimbra	558
8.	DIAS Jose Diogo	04	FBSC	29.48	50m	29-05-21	Coimbra	539
9.	MARQUES Gustavo Pires	04	CUC	29.66	50m	24-04-21	Coimbra	529
10.	PEREIRA Paulo Bernardo	04	ADP	29.68	50m	25-04-21	Coimbra	528
11.	FARIA Ricardo Morais	04	ADBA	29.70	50m	03-08-19	Funchal	527
12.	SIMOES Miguel Costa	04	CDCP	29.83	50m	29-05-21	Rio Maior	520
13.	ANTUNES Joao Afonso	04	CGA	29.96	50m	29-05-21	Coimbra	514
14.	MAIA Felipe Menegassi	04	SAD	29.98	50m	29-05-21	Rio Maior	513
15.	SOUSA Tomas Castro	04	VSC	30.20	50m	25-04-21	Coimbra	501
16.	SANTOS Rui Mamede	04	CUC	30.53	50m	08-05-21	Coimbra	485
17.	DIOGO Dinis Miranda	04	FBSC	30.71	50m	11-01-20	Coimbra	477
18.	COSTA Joao Peres	04	CNPV	31.01	50m	13-02-21	Oeiras	463
19.	TELES Artur Corte	04	JACL	31.55	50m	23-02-20	Funchal	440
20.	CORREIA Francisco Alves	04	CNLA	32.17	50m	01-02-20	Povoa de Varzim	415
21.	PEREIRA Jordao Abreu	04	JACL	32.93	50m	28-02-20	Funchal	387
22.	RODEIA Jose Miguel	04	GCMF	33.57	50m	20-06-21	Loulé	365
23.	GROSHEV Vladislav	04	FCF	33.97	50m	12-06-21	Loulé	352
24.	FERREIRA Renato Maria	04	GRVM	34.34	50m	11-01-20	Coimbra	341
25.	JESUS Bruno Daniel	04	CNOL	35.64	50m	12-06-21	Loulé	305
26.	MACHADO Tiago Magalhaes	04	CDN	35.91	50m	28-02-20	Funchal	298
27.	GLORIA Afonso Marreiros	04	LAGAC	35.97	50m	20-06-21	Loulé	297
28.	KLEIMONOV Oleksandr	04	PORTIN	36.17	50m	12-06-21	Loulé	292
29.	FERNANDEZ Joao Guilherme	04	JACL	37.42	50m	28-02-20	Funchal	263

50 Costas (desde 30)

30.	BARROSAO Vasco Andre	04	PORTIN	38.09	50m	20-06-21	Loulé	250
31.	FREIRE Hugo Filipe	04	SCA	43.57	50m	18-01-20	Coimbra	167
32.	GANANCA Tiago Rodrigues	04	CNF	44.67	50m	28-02-20	Funchal	155
33.	DUARTE Samuel Lima	04	FVCD	46.36	50m	08-12-19	Povoa de Varzim	138
34.	FERNANDES Tiago Miguel	04	SCA	47.17	50m	26-01-20	Rio Maior	131

100 Costas

1.	RIBEIRO Diogo Matos	04	CUC	59.54	50m	24-04-21	Coimbra	660
2.	SILVA Gustavo Carvalho	04	CNPV	59.58	50m	28-03-21	Coimbra	659
3.	BARAONA Andre Azevedo	04	CNMJ	1:01.17	50m	24-04-21	Coimbra	609
4.	CUNHA Rodrigo Manuel	04	VSC	1:01.66	50m	30-05-21	Coimbra	594
5.	FRASQUILHO Afonso Figueiredo	04	SCP	1:01.86	50m	30-05-21	Rio Maior	588
6.	GOMES Guilherme Sousa	04	ACS	1:02.13	50m	19-06-21	Loulé	581
7.	COSTA Joao Peres	04	CNPV	1:02.22	50m	13-02-21	Oeiras	578
8.	MARQUES Gustavo Pires	04	CUC	1:02.41	50m	09-05-21	Coimbra	573
9.	DIAS Jose Diogo	04	FBSC	1:03.07	50m	30-05-21	Coimbra	555
10.	LIMA Gaspar Pinheiro	04	LSC	1:03.44	50m	30-05-21	Coimbra	545
11.	PEREIRA Tiago Maia	04	CGA	1:03.61	50m	30-05-21	Coimbra	541
12.	FARIA Ricardo Morais	04	ADBA	1:03.85	50m	04-08-19	Funchal	535
13.	SIMOES Miguel Costa	04	CDCP	1:04.20	50m	30-05-21	Rio Maior	526
14.	MADUREIRA Rui Pedro	04	GDNFAMA	1:04.27	50m	30-05-21	Coimbra	525
15.	VIEIRA Francisco Ribeiro	04	AEFDTV	1:04.51	50m	03-08-19	Funchal	519
16.	ANTUNES Joao Afonso	04	CGA	1:04.61	50m	30-05-21	Coimbra	516
17.	DIOGO Dinis Miranda	04	FBSC	1:04.69	50m	30-05-21	Coimbra	514
17.	RIBEIRO Nuno Miguel	04	EDV	1:04.69	50m	30-05-21	Coimbra	514
19.	MAIA Felipe Menegassi	04	SAD	1:04.84	50m	30-05-21	Rio Maior	511
20.	CLARA Vitor Belo	04	ADBA	1:05.31	50m	01-02-20	Povoa de Varzim	500
21.	SANTOS Guilherme Machado	04	SFUAP	1:05.49	50m	03-08-19	Funchal	496
22.	JESUS Pedro Duarte	04	CGA	1:05.79	50m	30-05-21	Coimbra	489
23.	TRISTAO Miguel Salomao	04	PORTIN	1:05.91	50m	24-04-21	Coimbra	486
24.	PENELAS Joao Pedro	04	GESL	1:05.94	50m	01-03-20	Vila Franca de Xira	486
25.	SOUSA Tomas Castro	04	VSC	1:05.95	50m	24-04-21	Coimbra	485
26.	PALMA Francisco Caetano	04	ACRZA	1:06.01	50m	09-02-20	Lisboa	484
27.	SILVA Frederico Ferreira	04	GDNFAMA	1:06.02	50m	03-08-19	Funchal	484
27.	SANTOS Vasco Malia	04	CNLGOS	1:06.02	50m	19-06-21	Loulé	484
29.	NOGUEIRA Tiago Morgado	04	ADRCIMM	1:06.03	50m	03-08-19	Funchal	484
30.	FRANCISCO Ruben Filipe	04	PORTIN	1:06.07	50m	09-02-20	Lisboa	483
31.	PINTO Afonso Cipriano	04	SCP	1:06.10	50m	09-02-20	Lisboa	482
32.	CARVALHO Antonio Lombardi	04	SCP	1:06.14	50m	01-03-20	Vila Franca de Xira	481
33.	TAVARES Bernardo Rodrigues	04	CGA	1:06.81	50m	09-02-20	Lisboa	467
34.	COSTA Goncalo Filipe	04	CAPGE	1:07.41	50m	05-06-21	Porto	455
35.	TEIXEIRA Cesar Rego	04	GDNFAMA	1:07.46	50m	03-08-19	Funchal	454
36.	CARDOSO Lucas Pipiraite	04	CNNZ	1:07.47	50m	09-02-20	Lisboa	453
36.	SANTOS Rui Mamede	04	CUC	1:07.47	50m	22-02-20	Coimbra	453
38.	LOPES Tiago Fanha	04	CNMJ	1:07.86	50m	04-08-19	Funchal	446
39.	AUGUSTO Goncalo Gomes	04	AONDA	1:08.22	50m	09-02-20	Lisboa	439
40.	CORDEIRO Tomas Coelho	04	CFP	1:08.50	50m	01-02-20	Povoa de Varzim	433
41.	SOUSA Fabio Joao	04	GCVR	1:08.57	50m	22-02-20	Coimbra	432
42.	TELES Artur Corte	04	JACL	1:09.07	50m	29-02-20	Funchal	423
43.	BELTRAO Marcos Goncalves	04	CNMAIA	1:09.29	50m	01-02-20	Povoa de Varzim	419
44.	SILVA Hugo Tomas	04	AONDA	1:09.56	50m	01-03-20	Vila Franca de Xira	414
45.	LEAL Diogo Silva	04	JACL	1:09.65	50m	29-02-20	Funchal	412

100 Costas (desde 46)

46.	SALGUEIRO Ruben Jose	04	SCP	1:09.94	50m	01-03-20	Vila Franca de Xira	407
47.	PEREIRA Jordao Abreu	04	JACL	1:10.08	50m	29-02-20	Funchal	405
48.	SILVA Daniel Alexandre	04	CNOL	1:10.16	50m	03-08-19	Funchal	403
49.	MOITA Goncalo Brites	04	CUC	1:10.29	50m	22-02-20	Coimbra	401
50.	NETO Afonso Pereira	04	VSC	1:10.77	50m	01-02-20	Povoa de Varzim	393
51.	FERREIRA Renato Maria	04	CUC	1:10.80	50m	09-05-21	Coimbra	392
52.	JUSTINO Duarte Brito	04	ADRCIMM	1:10.88	50m	01-03-20	Vila Franca de Xira	391
53.	MIRA Tomas Martins	04	CNS	1:11.51	50m	09-02-20	Lisboa	381
54.	FRANCISCO Afonso Romao	04	CDCP	1:12.07	50m	01-03-20	Vila Franca de Xira	372
55.	GRILO Afonso Corte-Real	04	FBSC	1:12.08	50m	09-05-21	Coimbra	372
56.	DUARTE Daniel Elias	04	CIRL	1:12.22	50m	01-03-20	Vila Franca de Xira	370
57.	NUNES Afonso Miguel	04	JACL	1:12.67	50m	25-01-20	Funchal	363
58.	GUERREIRO Pedro Henrique	04	CNBE	1:13.30	50m	19-06-21	Loulé	353
59.	GROSHEV Vladislav	04	FCF	1:13.36	50m	19-06-21	Loulé	353
60.	FERREIRA Jose Teixeira	04	EULX	1:13.61	50m	01-03-20	Vila Franca de Xira	349
61.	RODRIGUES Rodrigo Reis	04	CDSR	1:13.74	50m	25-01-20	Funchal	347
62.	ANDRADE Cesar Rodrigues	04	NBM	1:14.36	50m	22-02-20	Coimbra	339
63.	RIBEIRO Afonso Miguel	04	PDEM	1:14.90	50m	01-03-20	Vila Franca de Xira	331
64.	FERNANDES Eduardo Figueira	04	CNBE	1:15.25	50m	19-06-21	Loulé	327
65.	GLORIA Afonso Marreiros	04	LAGAC	1:15.89	50m	19-06-21	Loulé	318
66.	MATOS Andre Fragoso	04	EULX	1:15.92	50m	01-03-20	Vila Franca de Xira	318
67.	AGUILAR Luis Santos	04	CDN	1:16.20	50m	29-02-20	Funchal	315
68.	AFONSO Martim Rodrigues	04	ACS	1:17.21	50m	19-06-21	Loulé	302
69.	MACHADO Tiago Magalhaes	04	CDN	1:21.47	50m	22-02-20	Funchal	257
70.	FERNANDEZ Joao Guilherme	04	JACL	1:22.17	50m	22-02-20	Funchal	251
71.	GOMES Alexandre Monteiro	04	JACL	1:23.64	50m	22-02-20	Funchal	238
72.	FREIRE Hugo Filipe	04	SCA	1:31.75	50m	26-01-20	Rio Maior	180
73.	DUARTE Samuel Lima	04	FVCD	1:41.68	50m	07-12-19	Povoa de Varzim	132
74.	FERNANDES Tiago Miguel	04	SCA	1:43.53	50m	02-11-19	Porto	125

200 Costas

1.	SILVA Gustavo Carvalho	04	CNPV	2:08.72	50m	30-05-21	Rio Maior	657
2.	COSTA Joao Peres	04	CNPV	2:10.97	50m	30-05-21	Rio Maior	624
3.	RIBEIRO Diogo Matos	04	CUC	2:12.11	50m	09-05-21	Coimbra	608
4.	CUNHA Rodrigo Manuel	04	VSC	2:15.08	50m	20-12-20	Oeiras	568
5.	BARAONA Andre Azevedo	04	CNMJ	2:15.14	50m	25-04-21	Coimbra	568
6.	CARDOSO Filipe Santos	04	CAPGE	2:15.29	50m	06-06-21	Porto	566
7.	FRASQUILHO Afonso Figueiredo	04	SCP	2:15.68	50m	30-05-21	Rio Maior	561
8.	DIAS Jose Diogo	04	FBSC	2:16.30	50m	30-05-21	Coimbra	553
9.	CARVALHO Martim Henriques	04	CNRM	2:18.04	50m	02-08-19	Funchal	532
10.	DIOGO Dinis Miranda	04	FBSC	2:18.51	50m	30-05-21	Coimbra	527
11.	FARIA Ricardo Morais	04	ADBA	2:18.94	50m	30-05-21	Rio Maior	522
12.	MAIA Felipe Menegassi	04	SAD	2:19.52	50m	02-08-19	Funchal	516
13.	LIMA Gaspar Pinheiro	04	LSC	2:19.57	50m	30-05-21	Coimbra	515
14.	GOMES Guilherme Sousa	04	ACS	2:19.97	50m	12-06-21	Loulé	511
15.	VIEIRA Francisco Ribeiro	04	AEFDTV	2:20.14	50m	02-08-19	Funchal	509
16.	SIMOES Miguel Costa	04	CDCP	2:20.51	50m	29-02-20	Vila Franca de Xira	505
17.	SANTOS Guilherme Machado	04	SFUAP	2:21.56	50m	02-08-19	Funchal	494
18.	RIBEIRO Nuno Miguel	04	EDV	2:22.33	50m	30-05-21	Coimbra	486
19.	NOGUEIRA Tiago Morgado	04	ADRCIMM	2:22.41	50m	02-08-19	Funchal	485
19.	TRISTAO Miguel Salomao	04	PORTIN	2:22.41	50m	25-04-21	Coimbra	485
21.	MARQUES Gustavo Pires	04	POR	2:22.46	50m	02-02-20	Povoa de Varzim	484

200 Costas (desde 22)

22.	PALMA Francisco Caetano	04	ACRZA	2:22.76	50m	08-02-20	Lisboa	481
23.	SANTOS Rui Mamede	04	CUC	2:25.19	50m	22-02-20	Coimbra	458
24.	TEIXEIRA Cesar Rego	04	GDNFAMA	2:25.26	50m	02-08-19	Funchal	457
25.	PEREIRA Paulo Bernardo	04	ADP	2:25.47	50m	18-01-20	Povoa de Varzim	455
26.	PINTO Afonso Cipriano	04	SCP	2:25.88	50m	02-08-19	Funchal	451
27.	SILVA Frederico Ferreira	04	GDNFAMA	2:26.34	50m	02-08-19	Funchal	447
28.	FRANCISCO Ruben Filipe	04	PORTIN	2:26.69	50m	08-02-20	Lisboa	444
29.	BELTRAO Marcos Goncalves	04	CNMAIA	2:27.27	50m	02-02-20	Povoa de Varzim	438
30.	UVA Francisco Sousa	04	SAD	2:27.28	50m	29-02-20	Vila Franca de Xira	438
31.	CHOCAS Afonso Alves	04	EFC	2:27.30	50m	02-08-19	Funchal	438
32.	LOPES Tiago Fanha	04	CNMJ	2:27.69	50m	02-08-19	Funchal	435
33.	SANTOS Vasco Malia	04	CNLGOS	2:27.76	50m	12-06-21	Loulé	434
34.	ANTUNES Joao Afonso	04	CGA	2:28.21	50m	02-02-20	Povoa de Varzim	430
35.	PEREIRA Jordao Abreu	04	JACL	2:29.06	50m	22-02-20	Funchal	423
36.	SOUSA Tomas Castro	04	VSC	2:29.92	50m	18-01-20	Povoa de Varzim	416
37.	AGUIAR Vasco Ormonde	04	ADA	2:30.01	50m	02-08-19	Funchal	415
38.	CARDOSO Lucas Pipiraite	04	CNZ	2:30.72	50m	08-02-20	Lisboa	409
39.	TELES Artur Corte	04	JACL	2:30.87	50m	25-01-20	Funchal	408
40.	NUNES Afonso Miguel	04	JACL	2:31.60	50m	01-03-20	Funchal	402
41.	AUGUSTO Goncalo Gomes	04	AONDA	2:31.89	50m	29-02-20	Vila Franca de Xira	400
42.	COSTA Afonso Vilhena	04	CFV	2:32.73	50m	18-01-20	Povoa de Varzim	393
43.	LOPES Rafael Caceres	04	SFUAP	2:32.78	50m	29-02-20	Vila Franca de Xira	393
44.	FERREIRA Renato Maria	04	CUC	2:32.85	50m	09-05-21	Coimbra	392
45.	FRANCISCO Afonso Romao	04	CDCP	2:33.11	50m	29-02-20	Vila Franca de Xira	390
46.	GRILO Afonso Corte-Real	04	FBSC	2:33.28	50m	09-05-21	Coimbra	389
47.	COSTA Goncalo Filipe	04	CAPGE	2:33.59	50m	02-02-20	Povoa de Varzim	386
48.	SILVA Goncalo Oliveira	04	FOCA	2:40.13	50m	18-01-20	Povoa de Varzim	341
49.	PIMENTA Bernardo Oliveira	04	CNV	2:43.01	50m	18-01-20	Povoa de Varzim	323
50.	NETO Rodrigo Manuel	04	CAP	2:46.39	50m	18-01-20	Povoa de Varzim	304
51.	FERNANDEZ Joao Guilherme	04	JACL	2:56.65	50m	22-02-20	Funchal	254
52.	FERNANDES Tiago Miguel	04	SCA	3:45.72	50m	18-01-20	Coimbra	121

50 Bruços

1.	FERNANDES Martim Pestana	04	CNF	31.18	50m	29-05-21	Rio Maior	576
2.	OLIVEIRA Joao Campelo	04	GDNFAMA	31.35	50m	29-05-21	Coimbra	567
3.	MOREIRA Joao Pedro	04	CNCE	31.56	50m	24-04-21	Coimbra	555
4.	RIBEIRO Diogo Matos	04	CUC	31.73	50m	24-04-21	Coimbra	547
5.	ALVES Paulo Rodrigues	04	CDN	31.84	50m	20-06-21	Funchal	541
6.	REBELO Joao Lourenco	04	SAD	32.10	50m	13-02-21	Oeiras	528
7.	CARVALHO Antonio Lombardi	04	SCP	32.12	50m	24-04-21	Coimbra	527
8.	CHOCAS Afonso Alves	04	EFC	32.41	50m	29-05-21	Rio Maior	513
9.	CAMPOS Rafael Alves	04	CPSPA	32.60	50m	11-01-20	Coimbra	504
10.	LOPES Francisco Oliveira	04	CAFBDP	32.90	50m	29-05-21	Rio Maior	490
11.	ANJO Miguel Filipe	04	CDCP	33.34	50m	29-05-21	Rio Maior	471
12.	DIOGO Dinis Miranda	04	FBSC	33.75	50m	27-03-21	Coimbra	454
13.	HASSENTEUFEL Marco Antonio	04	CNPO	33.99	50m	29-05-21	Coimbra	444
14.	POIARES Tiago Andre	04	FBSC	34.04	50m	24-04-21	Coimbra	443
14.	SANTOS Vasco Malia	04	CNLGOS	34.04	50m	13-06-21	Loulé	443
16.	SANTOS Rui Mamede	04	CUC	34.27	50m	08-05-21	Coimbra	434
17.	BRAZ Romao Noronha	04	CNPDL	34.59	50m	06-06-21	Porto	422
18.	BORISOV Iuri Lucas	04	GCNF	35.36	50m	13-06-21	Loulé	395
18.	AGUILAR Luis Santos	04	CDN	35.36	50m	20-06-21	Funchal	395

50 Bruços (desde 20)

20.	NUNES Afonso Miguel	04	JACL	35.56	50m	23-02-20	Funchal	388
21.	GLORIA Afonso Marreiros	04	LAGAC	36.78	50m	13-06-21	Loulé	351
22.	JESUS Bruno Daniel	04	CNOL	37.88	50m	13-06-21	Loulé	321
23.	FLORIDO Pedro Miguel	04	FBSC	39.10	50m	11-01-20	Coimbra	292
24.	MACHADO Tiago Magalhaes	04	CDN	39.24	50m	29-02-20	Funchal	289
25.	GROSHEV Vladislav	04	FCF	39.75	50m	13-06-21	Loulé	278
26.	PEREIRA Jordao Abreu	04	JACL	40.01	50m	23-02-20	Funchal	272
27.	URDANETA Lisandro Alberto	04	CDN	40.88	50m	29-02-20	Funchal	255
28.	BARROSAO Vasco Andre	04	PORTIN	42.00	50m	13-06-21	Loulé	235
29.	FERNANDEZ Joao Guilherme	04	JACL	45.94	50m	23-02-20	Funchal	180
30.	GANANCA Tiago Rodrigues	04	CNF	46.21	50m	29-02-20	Funchal	177
31.	FERNANDES Tiago Miguel	04	SCA	51.53	50m	26-01-20	Rio Maior	127
32.	DUARTE Samuel Lima	04	FVCD	1:10.59	50m	02-11-19	Porto	49

100 Bruços

1.	OLIVEIRA Joao Campelo	04	GDNFAMA	1:07.17	50m	30-05-21	Coimbra	607
2.	REBELO Joao Lourenco	04	SAD	1:07.44	50m	05-06-21	Porto	599
3.	ALVES Paulo Rodrigues	04	CDN	1:08.07	50m	01-08-19	Funchal	583
4.	FERNANDES Martim Pestana	04	CNF	1:08.37	50m	30-05-21	Rio Maior	575
5.	MOREIRA Joao Pedro	04	CNCE	1:09.21	50m	28-03-21	Coimbra	555
6.	TSYKAL Daniel	04	CNAL	1:11.33	50m	08-02-20	Lisboa	507
7.	ANICETO Joao Gabriel	04	ADBA	1:11.38	50m	30-05-21	Rio Maior	505
7.	SILVA Nuno Marques	04	ADBA	1:11.38	50m	12-06-21	Badajoz (ESP)	505
9.	ALMEIDA Francisco Ferreira	04	SCE	1:11.46	50m	01-02-20	Povoa de Varzim	504
10.	CAMPOS Rafael Alves	04	CPSPA	1:12.05	50m	01-08-19	Funchal	492
11.	CHOCAS Afonso Alves	04	EFC	1:12.12	50m	30-05-21	Rio Maior	490
12.	FARIAS Alexandre Moreira	04	LDC	1:12.19	50m	08-02-20	Lisboa	489
13.	MOITA Goncalo Brites	04	CUC	1:12.20	50m	01-08-19	Funchal	488
14.	BARRY Rafael Francisco	04	CNF	1:12.26	50m	01-08-19	Funchal	487
15.	JORGE Afonso Goncalves	04	GESL	1:12.47	50m	01-08-19	Funchal	483
16.	VIEIRA Tomas Sa	04	SAD	1:12.75	50m	01-08-19	Funchal	477
17.	CRUZ David Miguel	04	SCB	1:12.94	50m	01-08-19	Funchal	474
18.	PEREIRA Tiago Maia	04	CGA	1:13.07	50m	01-02-20	Povoa de Varzim	471
19.	MATIAS Francisco Miguel	04	CCDSERTA	1:13.39	50m	30-05-21	Rio Maior	465
20.	MARQUES Gustavo Pires	04	CUC	1:13.79	50m	09-05-21	Coimbra	458
21.	ANJO Miguel Filipe	04	CDCP	1:14.30	50m	30-05-21	Rio Maior	448
22.	SILVA Goncalo Oliveira	04	FOCA	1:14.32	50m	01-08-19	Funchal	448
23.	NUNES Jaeden Michael	04	CFB	1:14.33	50m	01-08-19	Funchal	448
24.	PEREIRA Jose Goncalo	04	ADF	1:14.34	50m	01-08-19	Funchal	447
25.	COSTA Joao Peres	04	CNPV	1:14.38	50m	01-08-19	Funchal	447
26.	TRISTAO Miguel Salomao	04	PORTIN	1:14.61	50m	30-05-21	Rio Maior	443
27.	CARVALHO Antonio Lombardi	04	SCP	1:14.78	50m	28-02-20	Vila Franca de Xira	440
28.	LOPES Tiago Fanha	04	CNMJ	1:15.07	50m	01-08-19	Funchal	434
29.	SANTOS Vasco Malia	04	CNLGOS	1:15.09	50m	01-08-19	Funchal	434
30.	LOPES Francisco Oliveira	04	CAFBDP	1:15.22	50m	08-02-20	Lisboa	432
31.	RODRIGUES Rodrigo Reis	04	CDSR	1:15.40	50m	22-02-20	Funchal	429
32.	GONCALVES Duarte Cadima	04	CNMJ	1:15.43	50m	01-08-19	Funchal	428
33.	POIARES Tiago Andre	04	FBSC	1:15.71	50m	25-04-21	Coimbra	424
34.	BORGES David Costa	04	CFP	1:15.88	50m	01-08-19	Funchal	421
35.	OLIVEIRA Vasco Peixoto	04	CNAL	1:16.14	50m	01-08-19	Funchal	416
36.	COSTA Afonso Vilhena	04	CFV	1:16.34	50m	01-08-19	Funchal	413
37.	SILVA Francisco Oliveira	04	FOCA	1:16.52	50m	01-08-19	Funchal	410

100 Bruços (desde 38)

37.	CAPATINA Cristian	04	CEN	1:16.52	50m	01-08-19	Funchal	410
39.	AGUILAR Luis Santos	04	CDN	1:17.06	50m	19-06-21	Funchal	402
40.	SANTOS Joao Afonso	04	SCP	1:17.47	50m	01-08-19	Funchal	395
41.	FAUSTINO Joao Pedro	04	CDCP	1:17.82	50m	28-02-20	Vila Franca de Xira	390
42.	PINTO Joao Pedro	04	ADA	1:17.83	50m	01-08-19	Funchal	390
43.	TROMBINHAS Tiago Miguel	04	ADRCIMM	1:17.92	50m	08-02-20	Lisboa	388
44.	FERNANDES Rodrigo Neves	04	GESL	1:18.07	50m	28-02-20	Vila Franca de Xira	386
45.	MONTEIRO Diogo Miguel	04	DRCN	1:18.22	50m	08-02-20	Lisboa	384
46.	FERREIRA Tiago Felix	04	VSC	1:18.36	50m	01-02-20	Povoa de Varzim	382
47.	CANCELA Rodrigo Gil	04	SCB	1:18.62	50m	01-08-19	Funchal	378
48.	GASPAR Andre Jesus	04	SFGP	1:18.73	50m	01-02-20	Povoa de Varzim	377
49.	CORDEIRO Tomas Coelho	04	CFP	1:18.88	50m	24-04-21	Porto	374
50.	NUNES Afonso Miguel	04	JACL	1:18.96	50m	22-02-20	Funchal	373
51.	DIAS Jose Diogo	04	FBSC	1:19.32	50m	11-01-20	Coimbra	368
52.	SANTOS Guilherme Machado	04	SFUAP	1:19.67	50m	28-02-20	Vila Franca de Xira	363
53.	LOPES Renato Teixeira	04	CNMAIA	1:20.93	50m	01-02-20	Povoa de Varzim	347
54.	OLIVEIRA Goncalo Daniel	04	FBSC	1:23.19	50m	11-01-20	Coimbra	319
55.	MORAIS Alexandre Duarte	04	PDEM	1:23.81	50m	28-02-20	Vila Franca de Xira	312
56.	ARAUJO Miguel Alexandre	04	SFUAP	1:24.74	50m	28-02-20	Vila Franca de Xira	302
57.	JESUS Bruno Daniel	04	CNOL	1:26.13	50m	12-06-21	Loulé	288
58.	SILVA Guilherme Antonio	04	ACS	1:27.41	50m	12-06-21	Loulé	275
59.	BARROSAO Vasco Andre	04	PORTIN	1:30.20	50m	12-06-21	Loulé	250
60.	MACHADO Tiago Magalhaes	04	CDN	1:30.56	50m	22-02-20	Funchal	247
61.	URDANETA Lisandro Alberto	04	CDN	1:38.09	50m	29-02-20	Funchal	194
62.	FERNANDEZ Joao Guilherme	04	JACL	1:38.77	50m	29-02-20	Funchal	190
63.	GANANCA Tiago Rodrigues	04	CNF	1:39.18	50m	22-02-20	Funchal	188
64.	FREIRE Hugo Filipe	04	SCA	1:48.29	50m	25-01-20	Rio Maior	144
65.	MONTEIRO Joao Pedro	04	FCP	3:20.11	50m	07-12-19	Povoa de Varzim	22

200 Bruços

1.	REBELO Joao Lourenco	04	SAD	2:25.45	50m	06-06-21	Porto	651
2.	OLIVEIRA Joao Campelo	04	GDNFAMA	2:27.24	50m	30-05-21	Coimbra	628
3.	ALVES Paulo Rodrigues	04	CDN	2:27.37	50m	03-08-19	Funchal	626
4.	SILVA Nuno Marques	04	ADBA	2:30.97	50m	30-05-21	Rio Maior	583
5.	FERNANDES Martim Pestana	04	SANMAD	2:32.06	50m	09-02-20	Lisboa	570
6.	PEREIRA Tiago Maia	04	CGA	2:32.66	50m	30-05-21	Coimbra	563
7.	TSYKAL Daniel	04	CNAL	2:32.70	50m	09-02-20	Lisboa	563
8.	MOREIRA Joao Pedro	04	CNCE	2:32.73	50m	28-03-21	Coimbra	563
9.	LOPES Francisco Oliveira	04	CAFBDP	2:35.63	50m	24-04-21	Coimbra	532
10.	CRUZ David Miguel	04	SCB	2:36.40	50m	30-05-21	Coimbra	524
11.	ANICETO Joao Gabriel	04	ADBA	2:36.46	50m	30-05-21	Rio Maior	523
12.	PEREIRA Jose Goncalo	04	ADF	2:36.57	50m	03-08-19	Funchal	522
13.	JORGE Afonso Goncalves	04	GESL	2:37.01	50m	03-08-19	Funchal	518
14.	SIMOES Bernardo Jorge	04	CNCVG	2:37.02	50m	01-03-20	Vila Franca de Xira	518
15.	MARQUES Gustavo Pires	04	CUC	2:37.92	50m	09-05-21	Coimbra	509
16.	FARIAS Alexandre Moreira	04	LDC	2:38.51	50m	09-02-20	Lisboa	503
17.	CHOCAS Afonso Alves	04	EFC	2:38.85	50m	30-05-21	Rio Maior	500
18.	NEAGU Tiberius Sebastian	04	AVFC	2:39.02	50m	30-05-21	Coimbra	498
19.	SANTOS Vasco Malia	04	CNLGOS	2:39.60	50m	03-08-19	Funchal	493
20.	COSTA Joao Peres	04	POR	2:40.54	50m	02-02-20	Povoa de Varzim	484
21.	SILVA Goncalo Oliveira	04	FOCA	2:41.73	50m	03-08-19	Funchal	474
22.	CAMPOS Rafael Alves	04	CPSPA	2:42.28	50m	03-08-19	Funchal	469

200 Bruços (desde 23)

23.	ALMEIDA Francisco Ferreira	04	SCE	2:42.40	50m	03-08-19	Funchal	468
24.	MATIAS Francisco Miguel	04	CCDSERTA	2:43.61	50m	30-05-21	Rio Maior	458
25.	POIARES Tiago Andre	04	FBSC	2:43.99	50m	09-05-21	Coimbra	454
26.	CARVALHO Antonio Lombardi	04	SCP	2:44.22	50m	09-02-20	Lisboa	452
27.	RODRIGUES Rodrigo Reis	04	CDSR	2:44.36	50m	30-05-21	Rio Maior	451
28.	TROMBINHAS Tiago Miguel	04	ADRCIMM	2:44.37	50m	03-08-19	Funchal	451
29.	OLIVEIRA Vasco Peixoto	04	CNAL	2:45.13	50m	03-08-19	Funchal	445
30.	CAPATINA Cristian	04	CEN	2:45.14	50m	03-08-19	Funchal	445
31.	NUNES Jaeden Michael	04	CFB	2:45.25	50m	03-08-19	Funchal	444
31.	GONCALVES Duarte Cadima	04	CNMJ	2:45.25	50m	03-08-19	Funchal	444
33.	MATOS Gil Amaral	04	TAC	2:46.17	50m	30-05-21	Rio Maior	437
34.	ANJO Miguel Filipe	04	CDCP	2:46.35	50m	30-05-21	Rio Maior	435
35.	SILVA Francisco Oliveira	04	FOCA	2:46.54	50m	02-02-20	Povoa de Varzim	434
36.	DIOGO Dinis Miranda	04	FBSC	2:47.46	50m	22-02-20	Coimbra	427
37.	RIBEIRO Diogo Matos	04	CUC	2:47.94	50m	22-02-20	Coimbra	423
38.	CANCELA Rodrigo Gil	04	SCB	2:48.15	50m	03-08-19	Funchal	421
39.	DIAS Jose Diogo	04	FBSC	2:48.26	50m	22-02-20	Coimbra	421
40.	LOPES Tiago Fanha	04	CNMJ	2:48.30	50m	01-03-20	Vila Franca de Xira	420
41.	TRISTAO Miguel Salomao	04	PORTIN	2:48.95	50m	09-02-20	Lisboa	415
42.	FAUSTINO Joao Pedro	04	CDCP	2:49.28	50m	01-03-20	Vila Franca de Xira	413
43.	PINTO Joao Pedro	04	ADA	2:50.31	50m	03-08-19	Funchal	406
44.	AGUIAR Vasco Ormonde	04	ADA	2:52.23	50m	03-08-19	Funchal	392
45.	FERNANDES Rodrigo Neves	04	GESL	2:52.85	50m	01-03-20	Vila Franca de Xira	388
46.	AGUILAR Luis Santos	04	CDN	2:54.89	50m	25-01-20	Funchal	375
47.	OLIVEIRA Goncalo Daniel	04	FBSC	2:55.93	50m	22-02-20	Coimbra	368
48.	FLORIDO Pedro Miguel	04	FBSC	2:59.34	50m	22-02-20	Coimbra	347
49.	BRAZ Romao Noronha	04	CNPDL	3:00.94	50m	02-02-20	Povoa de Varzim	338
50.	NUNES Afonso Miguel	04	JACL	3:03.21	50m	01-03-20	Funchal	326
51.	FERREIRA Renato Maria	04	GRVM	3:04.59	50m	22-02-20	Coimbra	318
52.	ARAUJO Miguel Alexandre	04	SFUAP	3:05.54	50m	01-03-20	Vila Franca de Xira	314
53.	GRILO Afonso Corte-Real	04	FBSC	3:07.90	50m	22-02-20	Coimbra	302
54.	URDANETA Lisandro Alberto	04	CDN	3:42.28	50m	22-02-20	Funchal	182
55.	FREIRE Hugo Filipe	04	SCA	3:51.64	50m	25-01-20	Rio Maior	161

50 Mariposa

1.	RIBEIRO Diogo Matos	04	POR	24.40	50m	05-06-21	Porto	760
2.	SIMOES Bernardo Jorge	04	CNCVG	25.77	50m	13-02-21	Oeiras	645
3.	REIS Rodrigo Miguel	04	INDANC	26.13	50m	30-05-21	Coimbra	619
4.	MADUREIRA Rui Pedro	04	GDNFAMA	26.51	50m	05-06-21	Porto	592
5.	APSENIECE Kevins Alexandre	04	FCP	26.58	50m	05-06-21	Porto	588
6.	DIOGO Dinis Miranda	04	FBSC	26.63	50m	30-05-21	Coimbra	584
7.	ANTUNES David Alexandre	04	LSC	26.68	50m	30-05-21	Coimbra	581
8.	BORGES David Costa	04	CFP	26.80	50m	30-05-21	Coimbra	573
9.	VIEIRA Tomas Sa	04	SAD	26.91	50m	30-05-21	Rio Maior	566
9.	JESUS Pedro Duarte	04	CGA	26.91	50m	30-05-21	Coimbra	566
11.	TAVARES Bernardo Rodrigues	04	CGA	27.03	50m	30-05-21	Coimbra	559
12.	MENA Jorge Perez	04	LDC	27.17	50m	13-06-21	Loulé	550
12.	ALVES Paulo Rodrigues	04	CDN	27.17	50m	20-06-21	Funchal	550
14.	SILVA Gustavo Carvalho	04	CNPV	27.20	50m	13-02-21	Oeiras	548
15.	BARAONA Andre Azevedo	04	CNMJ	27.21	50m	30-05-21	Rio Maior	548
16.	OLIVEIRA Pedro Nuno	04	CNTN	27.31	50m	30-05-21	Rio Maior	542
17.	SANTOS Rui Mamede	04	CUC	27.34	50m	30-05-21	Coimbra	540

50 Mariposa (desde 18)

18.	SOUSA Tomas Castro	04	VSC	27.64	50m	30-05-21	Coimbra	523
19.	BARRY Rafael Francisco	04	CNF	27.68	50m	30-05-21	Rio Maior	520
19.	BARBOSA Pedro Xavier	04	EDV	27.68	50m	30-05-21	Coimbra	520
19.	HASSENTEUFEL Marco Antoni	04	CNPO	27.68	50m	05-06-21	Porto	520
22.	COSTA Joao Peres	04	CNPV	27.85	50m	14-02-21	Oeiras	511
23.	VIEIRA Francisco Ribeiro	04	AEFDTV	28.00	50m	30-05-21	Rio Maior	503
24.	PAZ Antonio Manuel	04	CAFBDP	28.12	50m	08-02-20	Lisboa	496
25.	FRANCISCO Ruben Filipe	04	PORTIN	28.68	50m	08-02-20	Lisboa	468
26.	MARQUES Gustavo Pires	04	FBSC	28.71	50m	11-01-20	Coimbra	466
27.	CORREIA Francisco Alves	04	CNLA	28.75	50m	01-02-20	Povoa de Varzim	464
28.	BORISOV Iuri Lucas	04	GCNF	28.89	50m	13-06-21	Loulé	458
29.	OLIVEIRA Ricardo Gabriel	04	CDE	29.07	50m	05-06-21	Porto	449
30.	JESUS Bruno Daniel	04	CNOL	29.19	50m	13-06-21	Loulé	444
31.	NASCIMENTO Angelo Miranda	04	GCNF	29.26	50m	13-06-21	Loulé	440
32.	AGUILAR Luis Santos	04	CDN	29.61	50m	20-06-21	Funchal	425
33.	DIAS Jose Diogo	04	FBSC	29.84	50m	11-01-20	Coimbra	415
34.	FERREIRA Leonardo Filipe	04	CNF	29.91	50m	23-02-20	Funchal	412
35.	NUNES Afonso Miguel	04	JACL	30.26	50m	23-02-20	Funchal	398
36.	MACHADO Tiago Magalhaes	04	CDN	30.41	50m	23-02-20	Funchal	392
37.	GOMES Alexandre Monteiro	04	JACL	30.44	50m	01-03-20	Funchal	391
38.	GLORIA Afonso Marreiros	04	LAGAC	31.01	50m	19-06-21	Loulé	370
39.	PEREIRA Jordao Abreu	04	JACL	31.63	50m	01-03-20	Funchal	349
40.	GRILO Afonso Corte-Real	04	FBSC	32.52	50m	11-01-20	Coimbra	321
41.	SILVA Eduardo Rodrigues	04	JACL	32.91	50m	01-03-20	Funchal	309
42.	FERNANDES Eduardo Figueira	04	CNBE	33.25	50m	13-06-21	Loulé	300
43.	FERNANDEZ Joao Guilherme	04	JACL	34.77	50m	01-03-20	Funchal	262
44.	DUARTE Samuel Lima	04	FVCD	45.49	50m	07-12-19	Povoa de Varzim	117

100 Mariposa

1.	RIBEIRO Diogo Matos	04	CUC	54.04	50m	27-03-21	Coimbra	768
2.	APSENIECE Kevins Alexandre	04	FCP	57.47	50m	29-05-21	Coimbra	638
3.	SIMOES Bernardo Jorge	04	CNCVG	57.53	50m	29-05-21	Rio Maior	636
4.	COSTA Joao Peres	04	CNPV	57.73	50m	29-05-21	Rio Maior	630
5.	REIS Rodrigo Miguel	04	CUC	57.86	50m	27-03-21	Coimbra	626
6.	MADUREIRA Rui Pedro	04	GDNFAMA	58.52	50m	29-05-21	Coimbra	605
7.	ANTUNES David Alexandre	04	LSC	58.91	50m	24-04-21	Coimbra	593
8.	MENA Jorge Perez	04	LDC	59.12	50m	29-05-21	Rio Maior	586
9.	DIOGO Dinis Miranda	04	FBSC	59.13	50m	29-05-21	Coimbra	586
10.	BORGES David Costa	04	CFP	59.34	50m	29-05-21	Coimbra	580
11.	TAVARES Bernardo Rodrigues	04	CGA	59.37	50m	29-05-21	Coimbra	579
12.	BARAONA Andre Azevedo	04	CNMJ	59.38	50m	29-05-21	Rio Maior	579
13.	VIEIRA Tomas Sa	04	SAD	1:00.08	50m	29-05-21	Rio Maior	559
14.	BARBOSA Pedro Xavier	04	EDV	1:00.31	50m	29-05-21	Coimbra	552
15.	BARRY Rafael Francisco	04	CNF	1:00.39	50m	03-08-19	Funchal	550
16.	JESUS Pedro Duarte	04	CGA	1:00.41	50m	29-05-21	Coimbra	550
17.	CARVALHO Martim Henriques	04	CNRM	1:00.43	50m	29-05-21	Rio Maior	549
18.	MOITA Goncalo Brites	04	CUC	1:00.55	50m	03-08-19	Funchal	546
19.	VIEIRA Francisco Ribeiro	04	AEFDTV	1:00.77	50m	29-05-21	Rio Maior	540
20.	NUNES Diogo Severino	04	CNV	1:01.00	50m	29-05-21	Coimbra	534
21.	CARVALHO Antonio Lombardi	04	SCP	1:01.06	50m	29-05-21	Rio Maior	532
22.	ALMEIDA Bernardo Victorino	04	SCP	1:01.28	50m	01-03-20	Vila Franca de Xira	527
23.	COSTA Afonso Vilhena	04	CFV	1:01.59	50m	02-02-20	Povoa de Varzim	519

100 Mariposa (desde 24)

24.	PAZ Antonio Manuel	04	CAFBDP	1:02.03	50m	27-03-21	Coimbra	508
25.	ALVES Paulo Rodrigues	04	CDN	1:02.09	50m	19-06-21	Funchal	506
26.	OLIVEIRA Pedro Nuno	04	CNTN	1:02.29	50m	29-05-21	Rio Maior	501
27.	NASCIMENTO Angelo Miranda	04	GCNF	1:02.32	50m	19-06-21	Loulé	501
28.	FARIA Ricardo Morais	04	ADBA	1:02.36	50m	29-05-21	Rio Maior	500
29.	ALMEIDA Francisco Ferreira	04	SCE	1:02.40	50m	02-02-20	Povoa de Varzim	499
30.	OLIVEIRA Joao Campelo	04	GDNFAMA	1:02.46	50m	02-02-20	Povoa de Varzim	497
31.	VICENTE Tiago Miguel	04	ACS	1:02.78	50m	19-06-21	Loulé	490
32.	SANTOS Rui Mamede	04	CUC	1:02.97	50m	22-02-20	Coimbra	485
33.	AGUIAR Vasco Ormonde	04	ADA	1:02.99	50m	03-08-19	Funchal	485
34.	MARTINS Alexandre Viegas	04	CUC	1:03.07	50m	03-08-19	Funchal	483
35.	RODEIA Jose Miguel	04	CNFA	1:03.79	50m	03-08-19	Funchal	467
36.	MAIA Felipe Menegassi	04	SAD	1:03.86	50m	01-03-20	Vila Franca de Xira	465
37.	PINTO Afonso Cipriano	04	SCP	1:03.90	50m	01-03-20	Vila Franca de Xira	464
38.	SILVA Nuno Marques	04	ADBA	1:04.05	50m	27-03-21	Coimbra	461
39.	FRANCISCO Ruben Filipe	04	PORTIN	1:04.20	50m	09-02-20	Lisboa	458
40.	CORREIA Francisco Alves	04	CNLA	1:04.25	50m	03-08-19	Funchal	457
41.	SOUSA Fabio Joao	04	GCVR	1:04.29	50m	22-02-20	Coimbra	456
42.	GOMES Guilherme Sousa	04	ACS	1:04.38	50m	12-06-21	Loulé	454
43.	CARDOSO Filipe Santos	04	CAPGE	1:04.44	50m	03-08-19	Funchal	453
44.	FERNANDES Rodrigo Cardoso	04	CNCA	1:05.13	50m	09-02-20	Lisboa	439
45.	PROENCA Tiago Barroso	04	EULX	1:05.27	50m	01-03-20	Vila Franca de Xira	436
46.	SOUSA Vasco Silva	04	ADBA	1:05.30	50m	22-02-20	Coimbra	435
47.	CAMPOS Rafael Alves	04	CPSPA	1:05.41	50m	22-02-20	Coimbra	433
48.	FLORIDO Pedro Miguel	04	FBSC	1:05.66	50m	22-02-20	Coimbra	428
49.	MONTEIRO Diogo Miguel	04	DRCN	1:06.11	50m	09-02-20	Lisboa	419
50.	RODRIGUES Rodrigo Reis	04	CDSR	1:06.16	50m	25-01-20	Funchal	418
51.	SILVA Miguel Madeira	04	AONDA	1:06.46	50m	09-02-20	Lisboa	413
52.	SILVA Guilherme Antonio	04	ACS	1:06.63	50m	09-02-20	Lisboa	410
53.	TRISTAO Miguel Salomao	04	PORTIN	1:06.69	50m	19-06-21	Loulé	408
54.	MIRA Tomas Martins	04	CNS	1:06.72	50m	01-03-20	Vila Franca de Xira	408
55.	GROSHEV Vladislav	04	FCF	1:06.76	50m	19-06-21	Loulé	407
56.	ALVES Goncalo Moreira	04	CCLAMAS	1:07.11	50m	02-02-20	Povoa de Varzim	401
57.	NUNES Miguel Filipe	04	CNCA	1:07.39	50m	09-02-20	Lisboa	396
58.	NUNES Afonso Miguel	04	JACL	1:07.79	50m	29-02-20	Funchal	389
59.	SANTOS Vasco Malia	04	CNLGOS	1:07.96	50m	12-06-21	Loulé	386
60.	NOGUEIRA Tiago Morgado	04	ADRCIMM	1:08.15	50m	01-03-20	Vila Franca de Xira	383
61.	FERREIRA Leonardo Filipe	04	CNF	1:08.18	50m	22-02-20	Funchal	382
62.	SILVA Hugo Tomas	04	AONDA	1:08.24	50m	01-03-20	Vila Franca de Xira	381
63.	SANTOS Guilherme Machado	04	SFUAP	1:08.26	50m	01-03-20	Vila Franca de Xira	381
64.	AGUILAR Luis Santos	04	CDN	1:08.47	50m	19-06-21	Funchal	377
65.	LOPES Rafael Caceres	04	SFUAP	1:08.84	50m	01-03-20	Vila Franca de Xira	371
66.	AFONSO Martim Rodrigues	04	ACS	1:09.21	50m	12-06-21	Loulé	365
67.	CORDEIRO Tomas Coelho	04	CFP	1:09.68	50m	03-11-19	Porto	358
68.	PEREIRA Jordao Abreu	04	JACL	1:09.78	50m	29-02-20	Funchal	356
69.	JESUS Bruno Daniel	04	CNOL	1:10.13	50m	12-06-21	Loulé	351
70.	GOMES Alexandre Monteiro	04	JACL	1:10.71	50m	29-02-20	Funchal	343
71.	SILVA Eduardo Rodrigues	04	JACL	1:10.72	50m	29-02-20	Funchal	342
72.	GLORIA Afonso Marreiros	04	LAGAC	1:11.50	50m	12-06-21	Loulé	331
73.	MORAIS Alexandre Duarte	04	PDEM	1:11.66	50m	01-03-20	Vila Franca de Xira	329
74.	KLEIMONOV Oleksandr	04	PORTIN	1:12.81	50m	19-06-21	Loulé	314
75.	TELES Artur Corte	04	JACL	1:16.03	50m	29-02-20	Funchal	275
76.	MACHADO Tiago Magalhaes	04	CDN	1:19.28	50m	22-02-20	Funchal	243

100 Mariposa (desde 77)

77.	FERNANDEZ Joao Guilherme	04	JACL	1:22.10	50m	22-02-20	Funchal	219
78.	LOPES Leandro Miguel	04	ACS	1:23.62	50m	12-06-21	Loulé	207

200 Mariposa

1.	RIBEIRO Diogo Matos	04	CUC	2:04.09	50m	08-05-21	Coimbra	710
2.	APSENIECE Kevins Alexandre	04	FCP	2:05.15	50m	29-05-21	Coimbra	692
3.	SIMOES Bernardo Jorge	04	CNCVG	2:07.47	50m	27-03-21	Coimbra	655
4.	ALMEIDA Bernardo Victorino	04	SCP	2:12.14	50m	29-05-21	Rio Maior	588
5.	TAVARES Bernardo Rodrigues	04	CGA	2:13.24	50m	29-05-21	Coimbra	573
6.	RODRIGUES Rodrigo Reis	04	CDSR	2:14.38	50m	29-05-21	Rio Maior	559
7.	MARQUES Gustavo Pires	04	CUC	2:16.16	50m	13-02-21	Oeiras	537
8.	CARVALHO Martim Henriques	04	CNRM	2:16.24	50m	04-08-19	Funchal	536
9.	BARAONA Andre Azevedo	04	CNMJ	2:16.78	50m	29-05-21	Rio Maior	530
10.	NEAGU Tiberius Sebastian	04	AVFC	2:17.04	50m	29-05-21	Coimbra	527
11.	MENA Jorge Perez	04	LDC	2:17.32	50m	29-05-21	Rio Maior	524
12.	CRUZ David Miguel	04	SCB	2:17.78	50m	29-05-21	Coimbra	519
13.	NUNES Diogo Severino	04	CNV	2:18.49	50m	04-08-19	Funchal	511
14.	BARBOSA Pedro Xavier	04	EDV	2:18.89	50m	29-05-21	Coimbra	506
15.	CARDOSO Filipe Santos	04	CAPGE	2:19.15	50m	29-05-21	Coimbra	503
16.	BORGES David Costa	04	CFP	2:19.55	50m	04-08-19	Funchal	499
17.	VIEIRA Francisco Ribeiro	04	AEFDTV	2:20.91	50m	01-03-20	Vila Franca de Xira	485
18.	NASCIMENTO Angelo Miranda	04	GCNF	2:21.09	50m	29-05-21	Rio Maior	483
19.	PAZ Antonio Manuel	04	CAFBDP	2:21.84	50m	04-08-19	Funchal	475
20.	VICENTE Tiago Miguel	04	ACS	2:22.19	50m	29-05-21	Rio Maior	472
21.	DIOGO Dinis Miranda	04	FBSC	2:22.70	50m	08-05-21	Coimbra	467
22.	SILVA Nuno Marques	04	ADBA	2:23.51	50m	13-06-21	Badajoz (ESP)	459
23.	PACHECO Francisco Silva	04	NSIT	2:23.60	50m	04-08-19	Funchal	458
24.	MATOS Gil Amaral	04	ADA	2:23.91	50m	04-08-19	Funchal	455
25.	MARTINS Alexandre Viegas	04	CUC	2:24.11	50m	04-08-19	Funchal	453
26.	VALE Henrique Santa	04	GCST	2:24.37	50m	29-05-21	Coimbra	451
27.	SANTOS Rui Mamede	04	CUC	2:25.11	50m	22-02-20	Coimbra	444
28.	RODEIA Jose Miguel	04	CNFA	2:25.14	50m	04-08-19	Funchal	444
29.	PROENCA Tiago Barroso	04	EULX	2:25.59	50m	01-03-20	Vila Franca de Xira	439
30.	NOGUEIRA Tiago Morgado	04	ADRCIMM	2:26.71	50m	04-08-19	Funchal	429
31.	CORREIA Francisco Alves	04	CNLA	2:29.03	50m	04-08-19	Funchal	410
32.	BARRY Rafael Francisco	04	CNF	2:29.16	50m	28-02-20	Funchal	409
33.	TELES Antonio Carlos	04	FOCA	2:29.81	50m	01-02-20	Povoa de Varzim	403
34.	FLORIDO Pedro Miguel	04	FBSC	2:32.30	50m	22-02-20	Coimbra	384
35.	TRISTAO Miguel Salomao	04	PORTIN	2:33.96	50m	13-06-21	Loulé	372
36.	SILVA Eduardo Rodrigues	04	JACL	2:34.26	50m	28-02-20	Funchal	369
37.	SOUSA Vasco Silva	04	ADBA	2:35.80	50m	22-02-20	Coimbra	358
38.	GRILO Afonso Corte-Real	04	FBSC	2:36.77	50m	08-05-21	Coimbra	352
39.	SILVA Guilherme Antonio	04	ACS	2:38.67	50m	08-02-20	Lisboa	339
40.	SILVA Hugo Tomas	04	AONDA	2:42.49	50m	01-03-20	Vila Franca de Xira	316

200 Estilos

1.	COSTA Joao Peres	04	CNPV	2:09.44	50m	29-05-21	Rio Maior	683
2.	SIMOES Bernardo Jorge	04	CNCVG	2:10.98	50m	28-03-21	Coimbra	659
3.	RIBEIRO Diogo Matos	04	CUC	2:11.46	50m	28-03-21	Coimbra	652
4.	CLARA Vitor Belo	04	ADBA	2:12.61	50m	29-05-21	Rio Maior	635
5.	MARQUES Gustavo Pires	04	CUC	2:12.80	50m	28-03-21	Coimbra	632
6.	ALVES Paulo Rodrigues	04	CDN	2:13.25	50m	04-08-19	Funchal	626
7.	SILVA Nuno Marques	04	ADBA	2:14.03	50m	29-05-21	Rio Maior	615
8.	APSENECE Kevins Alexandre	04	FCP	2:14.33	50m	06-06-21	Porto	611
9.	OLIVEIRA Joao Campelo	04	GDNFAMA	2:14.87	50m	29-05-21	Coimbra	603
10.	PEREIRA Tiago Maia	04	CGA	2:15.44	50m	29-05-21	Coimbra	596
11.	REBELO Joao Lourenco	04	SAD	2:15.78	50m	04-08-19	Funchal	591
12.	DIOGO Dinis Miranda	04	FBSC	2:16.04	50m	24-04-21	Coimbra	588
13.	REIS Rodrigo Miguel	04	CUC	2:16.46	50m	28-03-21	Coimbra	583
14.	RODRIGUES Rodrigo Reis	04	CDSR	2:17.02	50m	29-05-21	Rio Maior	575
15.	FRASQUILHO Afonso Figueiredo	04	SCP	2:17.09	50m	29-05-21	Rio Maior	575
16.	CRUZ David Miguel	04	SCB	2:18.10	50m	29-05-21	Coimbra	562
17.	GUIMARAES Hugo Goncalves	04	EDV	2:18.35	50m	29-05-21	Coimbra	559
18.	MOREIRA Joao Pedro	04	CNCE	2:19.19	50m	06-06-21	Porto	549
19.	NEAGU Tiberius Sebastian	04	AVFC	2:19.24	50m	29-05-21	Coimbra	548
20.	SIMOES Miguel Costa	04	CDCP	2:19.40	50m	01-03-20	Vila Franca de Xira	546
21.	TAVARES Bernardo Rodrigues	04	CGA	2:19.71	50m	29-05-21	Coimbra	543
22.	BARAONA Andre Azevedo	04	CNMJ	2:20.02	50m	24-04-21	Coimbra	539
23.	SILVA Gustavo Carvalho	04	ADA	2:20.35	50m	04-08-19	Funchal	535
24.	CARVALHO Antonio Lombardi	04	SCP	2:20.72	50m	01-03-20	Vila Franca de Xira	531
25.	TSYKAL Daniel	04	CNAL	2:20.74	50m	29-05-21	Rio Maior	531
26.	CARVALHO Martim Henriques	04	POR	2:21.95	50m	02-02-20	Povoa de Varzim	517
27.	TRISTAO Miguel Salomao	04	PORTIN	2:22.04	50m	13-06-21	Loulé	516
28.	BARBOSA Pedro Xavier	04	EDV	2:23.02	50m	04-08-19	Funchal	506
29.	MAIA Felipe Menegassi	04	SAD	2:23.09	50m	04-08-19	Funchal	505
30.	FARIA Ricardo Morais	04	ADBA	2:23.47	50m	02-02-20	Povoa de Varzim	501
31.	PINTO Afonso Cipriano	04	SCP	2:23.60	50m	01-03-20	Vila Franca de Xira	500
32.	VIEIRA Tomas Sa	04	SAD	2:24.56	50m	04-08-19	Funchal	490
33.	SANTOS Vasco Malia	04	CNLGOS	2:25.08	50m	13-06-21	Loulé	485
34.	CHOCAS Afonso Alves	04	EFC	2:25.52	50m	04-08-19	Funchal	480
35.	MOITA Goncalo Brites	04	CUC	2:25.86	50m	04-08-19	Funchal	477
36.	TROMBINHAS Tiago Miguel	04	ADRCIMM	2:25.98	50m	04-08-19	Funchal	476
37.	LOPES Tiago Fanha	04	CNMJ	2:26.31	50m	04-08-19	Funchal	473
38.	BELTRAO Marcos Goncalves	04	CNMAIA	2:26.68	50m	02-02-20	Povoa de Varzim	469
39.	ANJO Miguel Filipe	04	CDCP	2:26.88	50m	01-03-20	Vila Franca de Xira	467
40.	FARIAS Alexandre Moreira	04	LDC	2:26.99	50m	09-02-20	Lisboa	466
41.	CORDEIRO Tomas Coelho	04	CFP	2:27.08	50m	26-01-20	Rio Maior	465
42.	PALMA Francisco Caetano	04	ACRZA	2:27.17	50m	09-02-20	Lisboa	464
43.	TEIXEIRA Cesar Rego	04	GDNFAMA	2:27.40	50m	04-08-19	Funchal	462
44.	COSTA Afonso Vilhena	04	CFV	2:27.80	50m	04-08-19	Funchal	458
45.	HASSENTEUFEL Marco Antonio	04	CNPO	2:28.20	50m	19-12-20	Povoa do Varzim	455
46.	DIAS Jose Diogo	04	FBSC	2:28.40	50m	08-05-21	Coimbra	453
47.	RODEIA Jose Miguel	04	GCNF	2:28.44	50m	13-06-21	Loulé	452
48.	OLIVEIRA Goncalo Daniel	04	FBSC	2:28.71	50m	11-01-20	Coimbra	450
49.	PENELAS Joao Pedro	04	GESL	2:28.80	50m	09-02-20	Lisboa	449
50.	OLIVEIRA Pedro Nuno	04	CNTN	2:28.87	50m	04-08-19	Funchal	449
51.	FERNANDES Martim Pestana	04	CNF	2:28.90	50m	29-02-20	Funchal	448
52.	JORGE Afonso Goncalves	04	GESL	2:29.02	50m	01-03-20	Vila Franca de Xira	447
53.	SANTOS Guilherme Machado	04	SFUAP	2:29.37	50m	09-02-20	Lisboa	444

200 Estilos (desde 54)

54.	CORREIA Francisco Alves	04	CNLA	2:29.39	50m	02-02-20	Povoa de Varzim	444
55.	NOGUEIRA Tiago Morgado	04	ADRCIMM	2:29.40	50m	09-02-20	Lisboa	444
56.	SALGUEIRO Ruben Jose	04	SCP	2:29.46	50m	01-03-20	Vila Franca de Xira	443
57.	FOCK Yann Chetelat	04	EULX	2:29.98	50m	01-03-20	Vila Franca de Xira	439
58.	AUGUSTO Goncalo Gomes	04	AONDA	2:30.08	50m	01-03-20	Vila Franca de Xira	438
59.	LOPES Francisco Oliveira	04	CAFBDP	2:30.21	50m	09-02-20	Lisboa	437
60.	SANTOS Francisco Amaro	04	GESL	2:30.68	50m	01-03-20	Vila Franca de Xira	433
61.	AFONSO Martim Rodrigues	04	ACS	2:30.89	50m	09-02-20	Lisboa	431
62.	FAUSTINO Joao Pedro	04	CDCP	2:31.43	50m	01-03-20	Vila Franca de Xira	426
63.	GRILO Afonso Corte-Real	04	FBSC	2:32.01	50m	08-05-21	Coimbra	421
64.	COSTA Goncalo Filipe	04	CAPGE	2:32.68	50m	09-02-20	Lisboa	416
65.	NUNES Jaeden Michael	04	CFB	2:33.03	50m	01-03-20	Vila Franca de Xira	413
66.	SILVA Hugo Tomas	04	AONDA	2:33.20	50m	09-02-20	Lisboa	412
67.	AGUILAR Luis Santos	04	CDN	2:33.68	50m	19-06-21	Funchal	408
68.	NASCIMENTO Angelo Miranda	04	GCNF	2:34.07	50m	13-06-21	Loulé	405
69.	FERNANDES Rodrigo Neves	04	GESL	2:34.64	50m	01-03-20	Vila Franca de Xira	400
70.	SILVA Miguel Madeira	04	AONDA	2:34.95	50m	09-02-20	Lisboa	398
71.	GLORIA Afonso Marreiros	04	LAGAC	2:35.56	50m	13-06-21	Loulé	393
72.	PEREIRA Jordao Abreu	04	JACL	2:38.17	50m	25-01-20	Funchal	374
73.	SILVA Eduardo Rodrigues	04	JACL	2:40.48	50m	22-02-20	Funchal	358
74.	FERREIRA Renato Maria	04	GRVM	2:40.62	50m	11-01-20	Coimbra	357
75.	JESUS Bruno Daniel	04	CNOL	2:44.37	50m	13-06-21	Loulé	333
76.	SILVA Guilherme Antonio	04	ACS	2:47.07	50m	13-06-21	Loulé	317
77.	KLEIMONOV Oleksandr	04	PORTIN	2:47.47	50m	13-06-21	Loulé	315
78.	FERNANDEZ Joao Guilherme	04	JACL	2:55.88	50m	29-02-20	Funchal	272

400 Estilos

1.	MARQUES Gustavo Pires	04	POR	4:35.97	50m	05-06-21	Porto	689
2.	COSTA Joao Peres	04	CNPV	4:39.97	50m	30-05-21	Rio Maior	660
3.	SIMOES Bernardo Jorge	04	CNCVG	4:41.30	50m	19-12-20	Oeiras	651
4.	APSENIECE Kevins Alexandre	04	FCP	4:45.51	50m	27-03-21	Coimbra	622
5.	CARVALHO Martim Henriques	04	CNRM	4:48.96	50m	27-03-21	Coimbra	600
6.	ALVES Paulo Rodrigues	04	SANMAD	4:49.52	50m	08-02-20	Lisboa	597
7.	PEREIRA Tiago Maia	04	CGA	4:49.58	50m	30-05-21	Coimbra	597
8.	SILVA Nuno Marques	04	ADBA	4:50.00	50m	19-12-20	Oeiras	594
9.	REBELO Joao Lourenco	04	POR	4:50.79	50m	01-02-20	Povoa de Varzim	589
10.	TSYKAL Daniel	04	CNAL	4:51.55	50m	19-12-20	Oeiras	585
11.	BORGES David Costa	04	CFP	4:53.20	50m	30-05-21	Coimbra	575
12.	RODRIGUES Rodrigo Reis	04	CDSR	4:54.06	50m	30-05-21	Rio Maior	570
13.	CRUZ David Miguel	04	SCB	4:55.29	50m	02-08-19	Funchal	563
14.	PINTO Guilherme Lobo	04	FOCA	4:55.66	50m	05-06-21	Porto	560
15.	MOREIRA Joao Pedro	04	CNCE	4:55.67	50m	27-03-21	Coimbra	560
16.	DIOGO Dinis Miranda	04	FBSC	4:55.74	50m	02-08-19	Funchal	560
17.	OLIVEIRA Joao Campelo	04	GDNFAMA	4:58.01	50m	02-08-19	Funchal	547
18.	TAVARES Bernardo Rodrigues	04	CGA	4:58.13	50m	30-05-21	Coimbra	547
19.	LOPES Francisco Oliveira	04	CAFBDP	4:59.02	50m	30-05-21	Rio Maior	542
20.	CARVALHO Antonio Lombardi	04	SCP	4:59.05	50m	25-04-21	Coimbra	542
21.	NEAGU Tiberius Sebastian	04	AVFC	4:59.11	50m	30-05-21	Coimbra	541
22.	GUIMARAES Hugo Goncalves	04	EDV	5:00.06	50m	30-05-21	Coimbra	536
23.	POIARES Tiago Andre	04	FBSC	5:01.58	50m	30-05-21	Coimbra	528
24.	NOGUEIRA Tiago Morgado	04	ADRCIMM	5:04.96	50m	29-02-20	Vila Franca de Xira	511
25.	PINTO Afonso Cipriano	04	SCP	5:05.29	50m	29-02-20	Vila Franca de Xira	509

400 Estilos (desde 26)

26.	DIAS Jose Diogo	04	FBSC	5:05.57	50m	22-02-20	Coimbra	508
27.	SANTOS Joao Afonso	04	SCP	5:05.93	50m	29-02-20	Vila Franca de Xira	506
28.	TEIXEIRA Cesar Rego	04	GDNFAMA	5:08.78	50m	02-08-19	Funchal	492
29.	TROMBINHAS Tiago Miguel	04	ADRCIMM	5:09.05	50m	02-08-19	Funchal	491
30.	TRISTAO Miguel Salomao	04	PORTIN	5:10.39	50m	25-04-21	Coimbra	484
31.	VALE Henrique Santa	04	GCST	5:11.33	50m	05-06-21	Porto	480
32.	CARVALHO Goncalo Renato	04	FCP	5:12.41	50m	02-08-19	Funchal	475
33.	PEREIRA Jose Goncalo	04	ADF	5:12.96	50m	02-08-19	Funchal	472
34.	ANJO Miguel Filipe	04	CDCP	5:13.04	50m	29-02-20	Vila Franca de Xira	472
35.	CORREIA Francisco Alves	04	CNLA	5:13.39	50m	02-08-19	Funchal	471
36.	BELTRAO Marcos Goncalves	04	CNMAIA	5:13.84	50m	01-02-20	Povoa de Varzim	469
37.	PEREIRA Diogo Magalhaes	04	FCP	5:14.33	50m	01-02-20	Povoa de Varzim	466
38.	LOPES Tiago Fanha	04	CNMJ	5:14.94	50m	02-08-19	Funchal	464
39.	NASCIMENTO Angelo Miranda	04	CNOL	5:15.13	50m	02-08-19	Funchal	463
40.	SILVA Frederico Ferreira	04	GDNFAMA	5:16.10	50m	02-08-19	Funchal	459
41.	FOCK Yann Chetelat	04	EULX	5:17.28	50m	29-02-20	Vila Franca de Xira	453
42.	GRILO Afonso Corte-Real	04	FBSC	5:24.00	50m	09-05-21	Coimbra	426
43.	FERNANDES Rodrigo Neves	04	GESL	5:34.49	50m	29-02-20	Vila Franca de Xira	387
44.	NUNES Jaeden Michael	04	CFB	5:35.15	50m	29-02-20	Vila Franca de Xira	385

50 Livres

1.	PEREIRA Tomas Coelho	05	ADP	24.85	50m	05-06-21	Porto	595
2.	HEINIO-WIDELL Nick	05	SAD	25.05	50m	28-03-21	Coimbra	581
3.	SARREIRA Tomas Amor	05	POR	25.60	50m	25-04-21	Coimbra	544
4.	SILVA Diogo Miguel	05	CGA	25.98	50m	05-06-21	Porto	521
5.	ANTUNES Pedro Engracia	05	CLIPTEAM	26.49	50m	05-06-21	Porto	491
6.	GOUVEIA Luis Galvao	05	CDN	26.63	50m	20-06-21	Funchal	484
7.	GOUVEIA Afonso Martim	05	FCF	26.81	50m	12-06-21	Loulé	474
8.	MOUTELA Dinis Amorim	05	CDE	27.00	50m	06-06-21	Porto	464
9.	SILVA Guilherme Gomes	05	AEJ	27.26	50m	05-06-21	Porto	451
10.	AMADO Afonso Miguel	05	CNMC	27.32	50m	24-04-21	Coimbra	448
11.	CARVALHO Diogo Rodrigues	05	GRVM	27.37	50m	09-05-21	Coimbra	445
11.	SANTOS Goncalo Carvalho	05	ALN	27.37	50m	09-05-21	Coimbra	445
13.	SANTOS Tomas Carvalho	05	ALN	27.96	50m	11-01-20	Coimbra	418
14.	RODRIGUES Miguel Goncalves	05	GCNF	28.11	50m	12-06-21	Loulé	411
15.	ROSARIO Alexandre Rocha	05	LDC	28.17	50m	19-06-21	Loulé	408
16.	GERALDO Tomas Cardoso	05	CAQC	28.18	50m	24-04-21	Coimbra	408
17.	RODRIGUES Pedro Afonso	05	FCF	28.25	50m	12-06-21	Loulé	405
18.	VOLOZHENIN Alexandre	05	CNF	28.31	50m	23-02-20	Funchal	402
19.	CASQUINHA Pedro Dinis	05	FS	28.33	50m	09-02-20	Lisboa	402
20.	CARDOSO Guilherme Maia	05	SCC	28.37	50m	11-01-20	Coimbra	400
21.	LEITAO Andre Freitas	05	CNF	28.40	50m	29-02-20	Funchal	399
22.	SILVA Tony Stefano	05	CNF	28.62	50m	23-02-20	Funchal	389
23.	ROCHA Jose Miguel	05	SCC	28.80	50m	11-01-20	Coimbra	382
24.	KUNYK Vitor	05	LAGAC	28.94	50m	12-06-21	Loulé	377
25.	PINTO Filipe Carmo	05	FCF	29.09	50m	12-06-21	Loulé	371
26.	SOUSA Lourenco Quintas	05	CNF	29.11	50m	23-02-20	Funchal	370
27.	GONCALVES Ruben Miguel	05	LDC	29.14	50m	19-06-21	Loulé	369
28.	ALVES Afonso Pires	05	JACL	29.43	50m	23-02-20	Funchal	358
29.	GONCALVES Andre Marques	05	CNBE	29.70	50m	12-06-21	Loulé	348
30.	DIAS Diogo Simoes	05	ALN	29.84	50m	09-05-21	Coimbra	344
31.	OLIVEIRA Leonardo Manuel	05	ACS	29.85	50m	12-06-21	Loulé	343
32.	CAIXINHA Miguel Vaz	05	CNBE	30.16	50m	12-06-21	Loulé	333
33.	MESSENCE Enzo Dylan	05	FCF	30.30	50m	12-06-21	Loulé	328
34.	LIBERAL Afonso Bicas	05	CSAAXXI	30.87	50m	11-01-20	Coimbra	310
35.	ALVES Luis Fernandez	05	CDN	30.92	50m	29-02-20	Funchal	309
36.	ALMEIDA Dinis Santos	05	FS	31.05	50m	09-02-20	Lisboa	305
37.	GOMES Jorge Miguel	05	GCF	31.46	50m	11-01-20	Coimbra	293
38.	GONCALVES Pedro Marques	05	CNBE	31.47	50m	12-06-21	Loulé	293
39.	MENDES Tome Santiago	05	GRVM	32.06	50m	11-01-20	Coimbra	277
40.	MENDES Juan Diego	05	CDN	32.18	50m	20-06-21	Funchal	274
41.	SOUSA Luis Miguel	05	CSM	32.45	50m	29-02-20	Funchal	267
42.	PEREIRA Vicente Barros	05	SCP	33.74	50m	13-02-21	Oeiras	238
43.	TAVARES Francisco Pereira	05	LAGAC	33.94	50m	19-06-21	Loulé	233
44.	CORREIA Rodrigo Ramos	05	CDN	34.61	50m	29-02-20	Funchal	220
45.	CUNHA Tiago Santos	05	CAQC	35.74	50m	11-01-20	Coimbra	200
46.	NUNES Andre Maltez	05	CDN	35.92	50m	29-02-20	Funchal	197
47.	RASCAO Martim Costeira	05	JFP	37.41	50m	11-01-20	Coimbra	174
48.	OLIVEIRA Daniel Mendo	05	APPDAC	38.43	50m	25-01-20	Rio Maior	161
49.	VALE Fernando Daniel	05	ASC	1:02.88	50m	03-11-19	Porto	36
50.	SILVA Welisson Goncalo	05	ASC	1:07.95	50m	03-11-19	Porto	29

100 Livres

1.	PEREIRA Tomas Coelho	05	ADP	53.50	50m	29-05-21	Coimbra	674
2.	HEINIO-WIDELL Nick	05	SAD	54.30	50m	29-05-21	Rio Maior	644
3.	OLIVEIRA Diogo Alexandre	05	CNF	55.41	50m	29-05-21	Rio Maior	606
4.	ANSELMO Raul Sousa	05	CAFBDP	55.53	50m	29-05-21	Rio Maior	602
5.	MARQUES Andre Henriques	05	SLB	55.68	50m	29-05-21	Rio Maior	597
6.	OLIVEIRA Miguel Fernandes	05	DNMG	55.82	50m	29-05-21	Rio Maior	593
7.	RIBEIRO Vasco Almeida	05	CCLAMAS	55.95	50m	29-05-21	Coimbra	589
8.	SILVA Afonso Carvalho	05	GDNFAMA	56.15	50m	29-05-21	Coimbra	583
9.	SILVA Diogo Miguel	05	CGA	56.68	50m	27-03-21	Coimbra	566
10.	FERNANDES Miguel Alves	05	VNC	56.81	50m	29-05-21	Coimbra	563
11.	PINHEIRO Joao Seixedo	05	CNLX	57.11	50m	27-03-21	Coimbra	554
12.	CORTES Martim Silva	05	AONDA	57.47	50m	29-05-21	Rio Maior	543
13.	CARVALHO Goncalo Duarte	05	SLB	57.56	50m	29-05-21	Rio Maior	541
13.	CEPELEAGA Marin	05	PORTIN	57.56	50m	19-06-21	Loulé	541
15.	SOUSA Afonso Coelho	05	NSIT	57.57	50m	08-02-20	Lisboa	541
16.	AMADO Afonso Miguel	05	CNMC	57.78	50m	08-05-21	Coimbra	535
17.	ROSA Simao Dinis	05	CNTN	57.79	50m	02-02-20	Povoa de Varzim	534
18.	LOPES Andre Prates	05	EFC	57.83	50m	29-05-21	Rio Maior	533
19.	RODRIGUES Joao Luis	05	CNF	57.88	50m	29-05-21	Rio Maior	532
20.	CUNHA Vasco Goncalves	05	CFP	57.90	50m	02-02-20	Povoa de Varzim	531
21.	VASCONCELOS Francisco Lourenco	05	GESL	58.09	50m	29-05-21	Rio Maior	526
22.	ALEKSYEYEV Artur Paulo	05	VS	58.10	50m	29-05-21	Rio Maior	526
23.	NUNES Carlos Daniel	05	CNSM	58.12	50m	29-05-21	Rio Maior	525
24.	CARDOSO Guilherme Maia	05	SCC	58.19	50m	29-05-21	Coimbra	523
25.	GOUVEIA Afonso Martim	05	FCF	58.33	50m	13-06-21	Loulé	520
26.	AMARAL Francisco Xavier	05	NBM	58.38	50m	08-02-20	Lisboa	518
27.	ALVAREZ Pedro Mahua	05	SCP	58.41	50m	01-03-20	Vila Franca de Xira	518
28.	CARVALHO Joao Carlos	05	SCB	58.47	50m	18-01-20	Povoa de Varzim	516
29.	MOUTELA Dinis Amorim	05	CDE	58.49	50m	29-05-21	Coimbra	515
30.	DIAS Diogo Rafael	05	DRCN	58.51	50m	01-03-20	Vila Franca de Xira	515
31.	SILVA Vasco Antela	05	SCP	58.57	50m	29-05-21	Rio Maior	513
32.	SANTOS Goncalo Carvalho	05	ALN	58.66	50m	29-05-21	Coimbra	511
33.	SILVA Goncalo Manuel	05	FCP	58.71	50m	29-05-21	Coimbra	510
34.	SILVA Guilherme Gomes	05	AEJ	58.74	50m	29-05-21	Coimbra	509
35.	LEAL Antonio Marinho	05	CNH	58.80	50m	29-05-21	Rio Maior	507
36.	DIAS Andre Vicente	05	CDN	58.87	50m	19-06-21	Funchal	505
37.	BONANCA Artur Osorio	05	GCNF	59.02	50m	19-06-21	Loulé	502
38.	SILVA Tomas Caineta	05	CDE	59.03	50m	29-05-21	Coimbra	501
39.	VIEIRA Eduardo Gabriel	05	NBM	59.20	50m	08-02-20	Lisboa	497
40.	SA Jose Manuel	05	SCP	59.24	50m	29-05-21	Rio Maior	496
41.	ANACLETO Miguel Correia	05	SCP	59.28	50m	01-03-20	Vila Franca de Xira	495
42.	DURO Tomas Ferreira	05	ADRCIMM	59.30	50m	01-03-20	Vila Franca de Xira	495
43.	LEITE Afonso Martim	05	FOCA	59.37	50m	29-05-21	Coimbra	493
44.	SANTOS Tomas Carvalho	05	ALN	59.44	50m	29-05-21	Coimbra	491
45.	GONCALVES Jose Luis	05	ADF	59.45	50m	02-02-20	Povoa de Varzim	491
46.	FIGUEIRA Samuel Baptista	05	AAC	59.51	50m	29-05-21	Coimbra	489
47.	TORRES Joao Pedro	05	FCP	59.53	50m	29-05-21	Coimbra	489
48.	ROCHA Jose Miguel	05	SCC	59.63	50m	08-05-21	Coimbra	486
49.	FRIBERGH Joel Michael	05	AHBE	59.86	50m	08-02-20	Lisboa	481
50.	CARVALHO Guilherme Jesus	05	FOCA	1:00.07	50m	29-05-21	Coimbra	476
51.	RODRIGUES Miguel Goncalves	05	GCNF	1:00.26	50m	19-06-21	Loulé	471
52.	RICARDO Joao Daniel	05	CNBE	1:00.41	50m	13-06-21	Loulé	468
53.	VOLOZHENIN Alexandre	05	CNF	1:00.67	50m	29-05-21	Rio Maior	462

100 Livres (desde 54)

54.	RIBEIRO Filipe Silva	05	LSC	1:00.73	50m	02-02-20	Povoa de Varzim	460
55.	GLAVATSKYY Antonio	05	AAC	1:00.75	50m	08-05-21	Coimbra	460
56.	BRAS Rodrigo Martins	05	CFB	1:00.77	50m	01-03-20	Vila Franca de Xira	459
57.	GRACIOSO Goncalo Pereira	05	AONDA	1:00.79	50m	01-03-20	Vila Franca de Xira	459
58.	PINHO Celso Rodrigues	05	SCE	1:00.92	50m	02-02-20	Povoa de Varzim	456
59.	FRANCISCO Tomas Jose	05	CNMC	1:01.13	50m	08-05-21	Coimbra	451
60.	BARTOLO Tiago Silva	05	SAD	1:01.42	50m	08-02-20	Lisboa	445
61.	MIMOSO Rodrigo Ferreira	05	SLB	1:01.57	50m	01-03-20	Vila Franca de Xira	442
62.	FERRAO Gabriel Carvalho	05	CDCP	1:01.65	50m	08-02-20	Lisboa	440
63.	GERALDO Tomas Cardoso	05	CAQC	1:01.66	50m	08-05-21	Coimbra	440
64.	TEIXEIRA Tomas Borges	05	NSIT	1:01.91	50m	08-02-20	Lisboa	435
65.	INACIO Hugo Miguel	05	CNBE	1:01.93	50m	13-06-21	Loulé	434
66.	MACHADO Diogo Pimentel	05	CAFBDP	1:02.00	50m	08-02-20	Lisboa	433
67.	ALVES Vasco Soares	05	CFP	1:02.10	50m	02-02-20	Povoa de Varzim	431
68.	RODRIGUES Pedro Afonso	05	FCF	1:02.18	50m	13-06-21	Loulé	429
69.	CARNEIRO Henrique Rocha	05	CAP	1:02.39	50m	18-01-20	Povoa de Varzim	425
70.	PIRES Joao Antonio	05	CNTN	1:02.44	50m	02-02-20	Povoa de Varzim	424
71.	CASQUINHA Pedro Dinis	05	FS	1:02.46	50m	01-03-20	Vila Franca de Xira	423
72.	OLIVEIRA Manuel Pires	05	PDEM	1:02.47	50m	01-03-20	Vila Franca de Xira	423
73.	LEITAO Andre Freitas	05	CNF	1:02.63	50m	28-02-20	Funchal	420
74.	ANDRADE Guilherme Nunes	05	CNPO	1:02.75	50m	18-01-20	Povoa de Varzim	417
75.	ROSARIO Alexandre Rocha	05	LDC	1:02.93	50m	19-06-21	Loulé	414
76.	SILVA Tony Stefano	05	CDN	1:03.00	50m	19-06-21	Funchal	412
77.	RODRIGUES Rodrigo Fernandes	05	VSC	1:03.32	50m	18-01-20	Povoa de Varzim	406
78.	OLIVEIRA Simao Lopes	05	CNS	1:03.61	50m	29-02-20	Vila Franca de Xira	401
79.	SOUZO Alfredo Cabrita	05	CFB	1:03.65	50m	01-03-20	Vila Franca de Xira	400
80.	ANTUNES Pedro Engracia	05	CLIP	1:03.66	50m	02-02-20	Povoa de Varzim	400
81.	SOUSA Lourenco Quintas	05	CNF	1:03.70	50m	28-02-20	Funchal	399
82.	PAULO Martim Oliveira	05	GDSE	1:03.71	50m	01-03-20	Vila Franca de Xira	399
83.	CARVALHO Diogo Rodrigues	05	GRVM	1:03.75	50m	08-05-21	Coimbra	398
84.	ALVES Tiago Pires	05	JACL	1:03.78	50m	28-02-20	Funchal	397
85.	BAIOA Joao Pedro	05	CNBE	1:03.82	50m	13-06-21	Loulé	397
86.	DIAS Diogo Simoes	05	ALN	1:03.87	50m	08-05-21	Coimbra	396
87.	GARCIA Goncalo Raposo	05	CAFBDP	1:04.16	50m	08-02-20	Lisboa	390
88.	RODRIGUES Joao Ferreira	05	GESL	1:04.17	50m	08-02-20	Lisboa	390
89.	RIBEIRO Tomas Carvalhinho	05	CNMAIA	1:04.22	50m	18-01-20	Povoa de Varzim	389
90.	GONCALVES Ruben Miguel	05	LDC	1:04.30	50m	13-06-21	Loulé	388
91.	SILVA Vasco Santos	05	SLB	1:04.63	50m	01-03-20	Vila Franca de Xira	382
92.	ALVES Afonso Pires	05	JACL	1:04.68	50m	28-02-20	Funchal	381
93.	LOPES Daniel Munoz	05	GESL	1:04.96	50m	01-03-20	Vila Franca de Xira	376
94.	PANKIVSKIY Daniel	05	CPCD	1:05.36	50m	01-03-20	Vila Franca de Xira	369
95.	ALVES Andre Camara	05	CDN	1:05.37	50m	19-06-21	Funchal	369
96.	OLIVEIRA Leonardo Manuel	05	ACS	1:05.64	50m	13-06-21	Loulé	364
97.	GONCALVES Andre Marques	05	CNBE	1:06.10	50m	13-06-21	Loulé	357
98.	PINTO Filipe Carmo	05	FCF	1:06.47	50m	19-06-21	Loulé	351
99.	CAEIRO Miguel Cano	05	CNBE	1:06.75	50m	13-06-21	Loulé	347
100.	VAZ Vicente Henriques	05	CNOL	1:06.82	50m	19-06-21	Loulé	346

200 Livres

1.	ANSELMO Raul Sousa	05	CAFBDP	1:58.84	50m	29-05-21	Rio Maior	632
2.	SARREIRA Tomas Amor	05	DNMG	2:00.31	50m	29-05-21	Rio Maior	609
3.	FERRAO Gabriel Carvalho	05	CDCP	2:01.33	50m	29-05-21	Rio Maior	594
4.	OLIVEIRA Diogo Alexandre	05	CNF	2:01.43	50m	29-05-21	Rio Maior	592
5.	HEINIO-WIDELL Nick	05	SAD	2:02.27	50m	27-03-21	Coimbra	580
6.	OLIVEIRA Miguel Fernandes	05	DNMG	2:02.94	50m	27-03-21	Coimbra	571
7.	SILVA Diogo Miguel	05	POR	2:03.44	50m	24-04-21	Coimbra	564
8.	CARDOSO Guilherme Maia	05	SCC	2:03.53	50m	29-05-21	Coimbra	562
9.	MARQUES Andre Henriques	05	SLB	2:03.54	50m	29-05-21	Rio Maior	562
10.	RIBEIRO Vasco Almeida	05	CCLAMAS	2:03.77	50m	29-05-21	Coimbra	559
11.	SILVA Afonso Carvalho	05	GDNFAMA	2:04.44	50m	05-06-21	Porto	550
12.	PINHEIRO Joao Seixedo	05	CNLX	2:04.69	50m	27-03-21	Coimbra	547
13.	GONCALVES Alexandre Ramo	05	CCLAMAS	2:05.33	50m	29-05-21	Coimbra	539
14.	NETO Vasco Goncalves	05	FCP	2:05.39	50m	29-05-21	Coimbra	538
15.	LEITE Afonso Martim	05	FOCA	2:05.98	50m	29-05-21	Coimbra	530
16.	SOUSA Afonso Coelho	05	NSIT	2:05.99	50m	09-02-20	Lisboa	530
17.	TORRES Joao Pedro	05	FCP	2:06.15	50m	29-05-21	Coimbra	528
18.	RIBEIRO Filipe Silva	05	LSC	2:06.32	50m	24-04-21	Coimbra	526
19.	AMADO Afonso Miguel	05	CNMC	2:07.04	50m	29-05-21	Coimbra	517
20.	DIAS Andre Vicente	05	CDN	2:07.41	50m	29-05-21	Rio Maior	513
21.	CORTES Martim Silva	05	AONDA	2:07.50	50m	09-02-20	Lisboa	512
22.	GOUVEIA Afonso Martim	05	FCF	2:07.52	50m	29-05-21	Rio Maior	511
23.	MOREIRA Lucas Filipe	05	ADBA	2:08.03	50m	22-02-20	Coimbra	505
24.	PINTO Tiago Rodrigues	05	SCP	2:08.10	50m	29-02-20	Vila Franca de Xira	504
25.	ALVAREZ Pedro Mahua	05	SCP	2:08.21	50m	29-02-20	Vila Franca de Xira	503
26.	BARBOSA Diogo Sousa	05	SLB	2:08.48	50m	29-05-21	Rio Maior	500
27.	ROSA Simao Dinis	05	CNTN	2:08.51	50m	01-02-20	Povoa de Varzim	500
28.	VIEIRA Eduardo Gabriel	05	NBM	2:08.66	50m	22-02-20	Coimbra	498
29.	OLIVEIRA Jose Francisco	05	ADBA	2:08.67	50m	13-06-21	Badajoz (ESP)	498
30.	RODRIGUES Miguel Goncalves	05	GCNF	2:09.02	50m	29-05-21	Rio Maior	494
31.	LOPES Afonso Teixeira	05	FOCA	2:09.89	50m	29-05-21	Coimbra	484
32.	SILVA Tomas Caineta	05	CDE	2:10.05	50m	29-05-21	Coimbra	482
33.	SA Jose Manuel	05	SCP	2:10.07	50m	29-05-21	Rio Maior	482
34.	CUNHA Vasco Goncalves	05	CFP	2:10.26	50m	01-02-20	Povoa de Varzim	480
35.	ANACLETO Miguel Correia	05	SCP	2:10.34	50m	29-02-20	Vila Franca de Xira	479
36.	DIAS Pedro Anselmo	05	AVFC	2:10.42	50m	29-05-21	Coimbra	478
37.	AMADO Pedro Maria	05	SAD	2:10.63	50m	29-02-20	Vila Franca de Xira	476
38.	VENTURA Diogo Miguel	05	FOCA	2:11.13	50m	29-05-21	Coimbra	470
39.	FERREIRA Alexandre Sousa	05	GDNFAMA	2:11.22	50m	01-02-20	Povoa de Varzim	469
40.	SILVA Vasco Antela	05	SCP	2:11.33	50m	29-05-21	Rio Maior	468
41.	ROCHA Jose Miguel	05	SCC	2:11.47	50m	09-02-20	Lisboa	467
42.	SANTOS Tomas Carvalho	05	ALN	2:11.59	50m	22-02-20	Coimbra	465
43.	LEAL Antonio Marinho	05	CNH	2:11.73	50m	29-05-21	Rio Maior	464
44.	GONCALVES Dinis Queiroz	05	SCB	2:11.85	50m	01-02-20	Povoa de Varzim	462
45.	GONCALVES Jose Luis	05	ADF	2:12.12	50m	29-05-21	Coimbra	460
46.	FIGUEIRA Samuel Baptista	05	AAC	2:12.22	50m	29-05-21	Coimbra	459
47.	FERREIRA Abel Renato	05	CSAAXXI	2:12.60	50m	29-05-21	Coimbra	455
48.	CARVALHO Goncalo Duarte	05	SLB	2:12.71	50m	29-02-20	Vila Franca de Xira	454
49.	LOPES Andre Prates	05	EFC	2:12.80	50m	29-05-21	Rio Maior	453
50.	CARVALHO Guilherme Jesus	05	FOCA	2:13.02	50m	29-05-21	Coimbra	450
51.	ALEKSYEYEV Artur Paulo	05	VS	2:13.08	50m	29-05-21	Rio Maior	450
52.	TEIXEIRA Tomas Borges	05	NSIT	2:13.26	50m	09-02-20	Lisboa	448
53.	AMARAL Francisco Xavier	05	NBM	2:13.50	50m	22-02-20	Coimbra	446

200 Livres (desde 54)

54.	BARTOLO Tiago Silva	05	SAD	2:13.66	50m	29-02-20	Vila Franca de Xira	444
55.	VASCONCELOS Francisco Lourenco	05	GESL	2:14.06	50m	28-02-20	Vila Franca de Xira	440
56.	GLAVATSKYY Antonio	05	AAC	2:14.33	50m	08-05-21	Coimbra	437
57.	MACHADO Diogo Pimentel	05	CAFBDP	2:14.46	50m	09-02-20	Lisboa	436
58.	SANTOS Goncalo Carvalho	05	ALN	2:14.69	50m	08-05-21	Coimbra	434
59.	GERALDO Tomas Cardoso	05	CAQC	2:15.10	50m	08-05-21	Coimbra	430
60.	SANTOS Nuno Goncalo	05	CDSR	2:16.92	50m	29-02-20	Funchal	413
61.	DIAS Diogo Rafael	05	DRCN	2:17.07	50m	29-02-20	Vila Franca de Xira	412
62.	OLIVEIRA Manuel Pires	05	PDEM	2:17.72	50m	29-02-20	Vila Franca de Xira	406
63.	BRAS Rodrigo Martins	05	CFB	2:18.14	50m	29-02-20	Vila Franca de Xira	402
64.	MENDES Diogo Alexandre	05	CNVA	2:18.96	50m	22-02-20	Coimbra	395
65.	VOLOZHENIN Alexandre	05	CNF	2:19.41	50m	29-02-20	Funchal	391
66.	NUNES Jose Pedro	05	GCVR	2:19.50	50m	22-02-20	Coimbra	390
67.	GARCIA Goncalo Raposo	05	CAFBDP	2:19.69	50m	09-02-20	Lisboa	389
68.	GRACIOSO Goncalo Pereira	05	AONDA	2:19.76	50m	29-02-20	Vila Franca de Xira	388
69.	WALKER Mateus Correa	05	AHBE	2:19.79	50m	29-02-20	Vila Franca de Xira	388
70.	PESSOA Rafael Pereira	05	NBM	2:20.33	50m	22-02-20	Coimbra	384
71.	CASQUINHA Pedro Dinis	05	FS	2:20.90	50m	29-02-20	Vila Franca de Xira	379
72.	BENTO Carlos Eduardo	05	CNMC	2:21.01	50m	22-02-20	Coimbra	378
73.	SOUSA Lourenco Quintas	05	CNF	2:21.29	50m	29-02-20	Funchal	376
74.	ALVES Tiago Pires	05	JACL	2:21.60	50m	29-02-20	Funchal	373
75.	SILVA Tony Stefano	05	CNF	2:24.24	50m	29-02-20	Funchal	353
76.	SOUZO Alfredo Cabrita	05	CFB	2:24.90	50m	29-02-20	Vila Franca de Xira	348
77.	CARVALHO Diogo Rodrigues	05	GRVM	2:25.76	50m	08-05-21	Coimbra	342
78.	TEIXEIRA Antonio Migueis	05	GCVR	2:26.07	50m	22-02-20	Coimbra	340
79.	ALMEIDA Dinis Santos	05	FS	2:27.67	50m	29-02-20	Vila Franca de Xira	329
80.	ALBUQUERQUE Afonso Costa	05	CFB	2:29.19	50m	28-02-20	Vila Franca de Xira	319
81.	MOTTA Francisco Fino	05	PDEM	2:29.56	50m	29-02-20	Vila Franca de Xira	317
82.	PEREIRA Paulo Tomas	05	NBM	2:30.96	50m	22-02-20	Coimbra	308
83.	ALVES Afonso Pires	05	JACL	2:31.48	50m	25-01-20	Funchal	305
84.	LIBERAL Afonso Bicas	05	CSAAXXI	2:34.87	50m	22-02-20	Coimbra	285
85.	MIRA Simao Matos	05	FS	2:36.08	50m	29-02-20	Vila Franca de Xira	279
86.	DUARTE Pedro Ferreira	05	NBM	2:36.24	50m	22-02-20	Coimbra	278
87.	ALVES Luis Fernandez	05	CDN	2:36.27	50m	29-02-20	Funchal	278
88.	PATRICIO Rodrigo Oliveira	05	FVCD	2:49.27	50m	03-11-19	Porto	218
89.	NUNES Andre Maltez	05	CDN	2:50.95	50m	22-02-20	Funchal	212
90.	MENDES Juan Diego	05	CDN	2:51.93	50m	29-02-20	Funchal	208
91.	SOUSA Luis Miguel	05	CSM	2:52.21	50m	22-02-20	Funchal	207
92.	PEREIRA Vicente Barros	05	SCP	2:59.01	50m	25-01-20	Rio Maior	184
93.	AMARO Luis Agnelo	05	CSAAXXI	2:59.32	50m	22-02-20	Coimbra	184
94.	CORREIA Rodrigo Ramos	05	CDN	3:00.01	50m	22-02-20	Funchal	181
95.	OLIVEIRA Daniel Mendo	05	APPDAC	3:03.44	50m	25-01-20	Rio Maior	171
96.	CUNHA Tiago Santos	05	CAQC	3:16.09	50m	22-02-20	Coimbra	140
97.	RIBEIRO Joao Pedro	05	ADM	3:17.77	50m	22-02-20	Funchal	137

400 Livres

1.	SARREIRA Tomas Amor	05	DNMG	4:14.02	50m	30-05-21	Rio Maior	650
2.	NETO Vasco Goncalves	05	FCP	4:18.75	50m	30-05-21	Coimbra	615
3.	SILVA Afonso Carvalho	05	GDNFAMA	4:19.35	50m	30-05-21	Coimbra	610
4.	CARDOSO Guilherme Maia	05	SCC	4:20.88	50m	30-05-21	Coimbra	600
5.	ANSELMO Raul Sousa	05	CAFBDP	4:21.01	50m	28-03-21	Coimbra	599
6.	SOUSA Joao Maria	05	SCB	4:22.17	50m	30-05-21	Coimbra	591
7.	OLIVEIRA Diogo Alexandre	05	CNF	4:23.40	50m	30-05-21	Rio Maior	583
8.	PEREIRA Manuel Angelo	05	SCP	4:25.95	50m	30-05-21	Rio Maior	566
9.	PINTO Tiago Rodrigues	05	SCP	4:26.23	50m	30-05-21	Rio Maior	564
10.	SILVA Diogo Miguel	05	CGA	4:26.60	50m	30-05-21	Coimbra	562
11.	GONCALVES Alexandre Ramo	05	CCLAMAS	4:26.64	50m	30-05-21	Coimbra	562
12.	AMADO Pedro Maria	05	SAD	4:26.87	50m	30-05-21	Rio Maior	560
13.	FERRAO Gabriel Carvalho	05	CDCP	4:28.37	50m	01-03-20	Vila Franca de Xira	551
13.	LEITE Afonso Martim	05	FOCA	4:28.37	50m	06-06-21	Porto	551
15.	RIBEIRO Filipe Silva	05	LSC	4:28.40	50m	06-06-21	Porto	551
16.	CARVALHO Joao Carlos	05	SCB	4:29.20	50m	02-02-20	Povoa de Varzim	546
17.	SOUSA Afonso Coelho	05	NSIT	4:33.19	50m	30-05-21	Rio Maior	522
18.	NUNES Carlos Daniel	05	CNSM	4:33.55	50m	30-05-21	Rio Maior	520
19.	TORRES Joao Pedro	05	FCP	4:33.74	50m	30-05-21	Coimbra	519
20.	OLIVEIRA Jose Francisco	05	ADBA	4:33.84	50m	30-05-21	Rio Maior	519
21.	MARQUES Andre Henriques	05	SLB	4:33.92	50m	01-03-20	Vila Franca de Xira	518
22.	REMELHE Joao Anibal	05	SCB	4:34.06	50m	30-05-21	Coimbra	517
23.	SANTOS Goncalo Carvalho	05	ALN	4:35.36	50m	30-05-21	Coimbra	510
24.	AMADO Afonso Miguel	05	CNMC	4:36.70	50m	09-05-21	Coimbra	503
25.	FERREIRA Alexandre Sousa	05	GDNFAMA	4:37.23	50m	02-02-20	Povoa de Varzim	500
26.	BARBOSA Diogo Sousa	05	SLB	4:37.27	50m	01-03-20	Vila Franca de Xira	500
27.	RIBEIRO Vasco Almeida	05	CCLAMAS	4:37.60	50m	30-05-21	Coimbra	498
28.	ROCHA Jose Miguel	05	SCC	4:38.43	50m	09-05-21	Coimbra	493
29.	ASCENSO Afonso Manuel	05	DNMG	4:38.65	50m	30-05-21	Rio Maior	492
30.	MORGADO Vasco Alves	05	SAD	4:39.10	50m	30-05-21	Rio Maior	490
31.	SA Jose Manuel	05	SCP	4:39.74	50m	01-03-20	Vila Franca de Xira	486
32.	DIAS Andre Vicente	05	CDN	4:40.18	50m	22-02-20	Funchal	484
33.	MAGALHAES Andre Lima	05	FCP	4:40.72	50m	30-05-21	Coimbra	481
34.	GONCALVES Dinis Queiroz	05	SCB	4:41.39	50m	02-02-20	Povoa de Varzim	478
35.	MACHADO Diogo Pimentel	05	CAFBDP	4:41.82	50m	08-02-20	Lisboa	476
36.	ALMEIDA Joao Neves	05	FBSC	4:41.85	50m	09-05-21	Coimbra	476
37.	FRANCISCO Tomas Jose	05	CNMC	4:42.42	50m	09-05-21	Coimbra	473
38.	GOUVEIA Luis Galvao	05	CDN	4:42.64	50m	22-02-20	Funchal	472
39.	RODRIGUES Miguel Goncalves	05	GCNF	4:43.02	50m	13-06-21	Loulé	470
40.	VIEIRA Eduardo Gabriel	05	NBM	4:43.67	50m	08-02-20	Lisboa	466
41.	VENTURA Diogo Miguel	05	FOCA	4:44.15	50m	30-05-21	Coimbra	464
42.	SILVA Tomas Caineta	05	CDE	4:44.44	50m	30-05-21	Coimbra	463
43.	SILVA Goncalo Manuel	05	FCP	4:46.97	50m	02-02-20	Povoa de Varzim	450
44.	SILVA Eduardo Costa	05	FCP	4:47.20	50m	02-02-20	Povoa de Varzim	449
45.	GERALDO Tomas Cardoso	05	CAQC	4:48.89	50m	09-05-21	Coimbra	442
46.	RODRIGUES Joao Ferreira	05	GESL	4:51.85	50m	01-03-20	Vila Franca de Xira	428
47.	GARCIA Goncalo Raposo	05	CAFBDP	4:52.42	50m	08-02-20	Lisboa	426
48.	SANTOS Tomas Carvalho	05	ALN	4:52.56	50m	11-01-20	Coimbra	425
49.	OLIVEIRA Simao Lopes	05	CNS	4:52.87	50m	01-03-20	Vila Franca de Xira	424
50.	WALKER Mateus Correa	05	AHBE	4:53.80	50m	01-03-20	Vila Franca de Xira	420
51.	OLIVEIRA Manuel Pires	05	PDEM	4:54.39	50m	01-03-20	Vila Franca de Xira	417
52.	CAPRICHIO Diogo Botelho	05	SCP	4:55.93	50m	01-03-20	Vila Franca de Xira	411
53.	INACIO Hugo Miguel	05	CNBE	4:56.92	50m	13-06-21	Loulé	407

400 Livres (desde 54)

54.	GLAVATSKYY Antonio	05	AAC	4:57.60	50m	11-01-20	Coimbra	404
55.	PIRES Joao Antonio	05	CNTN	5:01.89	50m	02-02-20	Povoa de Varzim	387
56.	ALVES Tiago Pires	05	JACL	5:09.52	50m	01-03-20	Funchal	359
57.	CARVALHO Diogo Rodrigues	05	GRVM	5:11.55	50m	11-01-20	Coimbra	352
58.	ALVES Afonso Pires	05	JACL	5:21.12	50m	22-02-20	Funchal	321
59.	NUNES Andre Maltez	05	CDN	5:52.89	50m	22-02-20	Funchal	242
60.	PATRICIO Rodrigo Oliveira	05	FVCD	5:58.07	50m	25-01-20	Rio Maior	232
61.	MENDES Juan Diego	05	CDN	6:07.09	50m	01-03-20	Funchal	215

800 Livres

1.	NETO Vasco Goncalves	05	FCP	8:54.51	50m	30-05-21	Coimbra	605
2.	ANSELMO Raul Sousa	05	CAFBDP	8:57.39	50m	28-03-21	Coimbra	595
3.	CARDOSO Guilherme Maia	05	SCC	8:58.49	50m	30-05-21	Coimbra	591
4.	SOUSA Joao Maria	05	SCB	9:03.60	50m	30-05-21	Coimbra	575
5.	GONCALVES Alexandre Ramo	05	CCLAMAS	9:03.98	50m	30-05-21	Coimbra	574
6.	CARVALHO Joao Carlos	05	SCB	9:04.11	50m	05-06-21	Porto	573
7.	TORRES Joao Pedro	05	FCP	9:12.64	50m	30-05-21	Coimbra	547
8.	OLIVEIRA Jose Francisco	05	ADBA	9:14.76	50m	30-05-21	Rio Maior	541
9.	SILVA Eduardo Costa	05	FCP	9:16.34	50m	30-05-21	Coimbra	536
10.	LEITE Afonso Martim	05	FOCA	9:17.99	50m	25-04-21	Coimbra	531
11.	FRANCISCO Tiago Serradas	05	DNMG	9:27.48	50m	30-05-21	Rio Maior	505
12.	MAGALHAES Andre Lima	05	FCP	9:29.19	50m	30-05-21	Coimbra	501
13.	VENTURA Diogo Miguel	05	FOCA	9:37.36	50m	30-05-21	Coimbra	480
14.	SANTOS Ricardo Matias	05	CPFZ	9:38.38	50m	30-05-21	Rio Maior	477
15.	ALMEIDA Joao Neves	05	FBSC	9:41.60	50m	09-05-21	Coimbra	469
16.	COSTA Rui Anjos	05	FCP	9:43.46	50m	30-05-21	Coimbra	465
17.	BONANCA Artur Osorio	05	GCNF	9:57.32	50m	30-05-21	Rio Maior	433
18.	SANTOS Nuno Goncalo	05	CDSR	10:00.80	50m	29-02-20	Funchal	426
19.	ALEKSYEYEV Artur Paulo	05	VS	10:22.87	50m	30-05-21	Rio Maior	382
20.	OLIVEIRA Leonardo Manuel	05	ACS	11:31.12	50m	19-06-21	Loulé	279

1500 Livres

1.	ANSELMO Raul Sousa	05	CAFBDP	17:00.13	50m	29-05-21	Rio Maior	622
2.	SARREIRA Tomas Amor	05	DNMG	17:01.27	50m	29-05-21	Rio Maior	620
3.	SOUSA Joao Maria	05	SCB	17:11.68	50m	29-05-21	Coimbra	601
4.	CARDOSO Guilherme Maia	05	SCC	17:14.25	50m	29-05-21	Coimbra	597
5.	CARVALHO Joao Carlos	05	SCB	17:16.28	50m	27-03-21	Coimbra	593
6.	NETO Vasco Goncalves	05	FCP	17:16.65	50m	29-05-21	Coimbra	593
7.	AMADO Pedro Maria	05	SAD	17:35.69	50m	29-05-21	Rio Maior	561
8.	OLIVEIRA Jose Francisco	05	ADBA	17:39.49	50m	29-05-21	Rio Maior	555
9.	REMELE Joao Anibal	05	SCB	17:44.96	50m	29-05-21	Coimbra	547
10.	OLIVEIRA Diogo Alexandre	05	CNF	17:52.13	50m	28-02-20	Funchal	536
11.	GONCALVES Alexandre Ramo	05	CCLAMAS	17:57.48	50m	29-05-21	Coimbra	528
12.	ALMEIDA Joao Neves	05	FBSC	18:00.83	50m	29-05-21	Coimbra	523
13.	TORRES Joao Pedro	05	FCP	18:06.23	50m	29-05-21	Coimbra	515
14.	LAFUENTE Miguel Teixeira	05	FCP	18:08.72	50m	29-05-21	Coimbra	512
15.	ASCENSO Afonso Manuel	05	DNMG	18:09.78	50m	29-05-21	Rio Maior	510
16.	LEITE Afonso Martim	05	FOCA	18:14.75	50m	29-05-21	Coimbra	503
17.	BARBOSA Diogo Sousa	05	SLB	18:15.25	50m	28-02-20	Vila Franca de Xira	502
18.	PAIVA Ruben Ferreira	05	ADS	18:17.01	50m	29-05-21	Coimbra	500
19.	COSTA Rui Anjos	05	FCP	18:21.28	50m	29-05-21	Coimbra	494

1500 Livres (desde 20)

20.	MARQUES Andre Henriques	05	SLB	18:26.60	50m	28-02-20	Vila Franca de Xira	487
21.	RIBEIRO Filipe Silva	05	LSC	18:26.63	50m	29-05-21	Coimbra	487
22.	SILVA Eduardo Costa	05	FCP	18:30.14	50m	29-05-21	Coimbra	483
23.	VENTURA Diogo Miguel	05	FOCA	18:31.30	50m	29-05-21	Coimbra	481
24.	MACHADO Diogo Pimentel	05	CAFBDP	18:35.28	50m	29-05-21	Rio Maior	476
25.	SA Jose Manuel	05	SCP	18:35.82	50m	28-02-20	Vila Franca de Xira	475
26.	SANTOS Ricardo Matias	05	CPFZ	18:43.53	50m	29-05-21	Rio Maior	465
27.	MORGADO Vasco Alves	05	SAD	19:06.46	50m	28-02-20	Vila Franca de Xira	438
28.	SILVA Tomas Caineta	05	CDE	19:10.70	50m	29-05-21	Coimbra	433
29.	FREITAS Filipe Simoes	05	SCP	19:19.29	50m	28-02-20	Vila Franca de Xira	424
30.	GLAVATSKYY Antonio	05	AAC	19:26.61	50m	22-02-20	Coimbra	416
31.	CAPRICHIO Diogo Botelho	05	SCP	19:34.24	50m	28-02-20	Vila Franca de Xira	408
32.	RODRIGUES Joao Ferreira	05	GESL	19:34.74	50m	28-02-20	Vila Franca de Xira	407
33.	KUNYK Vitor	05	LAGAC	21:07.06	50m	12-06-21	Loulé	324
34.	CHAVECA Guilherme Salvador	05	PORTIN	22:04.00	50m	12-06-21	Loulé	284

50 Costas

1.	PEREIRA Tomas Coelho	05	ADP	27.91	50m	06-06-21	Porto	635
2.	SILVA Diogo Miguel	05	CGA	28.63	50m	06-06-21	Porto	589
3.	MARQUES Andre Henriques	05	SLB	28.91	50m	29-05-21	Rio Maior	572
4.	RIBEIRO Filipe Silva	05	LSC	29.63	50m	29-05-21	Coimbra	531
5.	CEPELEAGA Marin	05	PORTIN	30.11	50m	12-06-21	Loulé	506
6.	OLIVEIRA Miguel Fernandes	05	DNMG	30.30	50m	27-03-21	Coimbra	496
7.	SANTOS Tomas Carvalho	05	ALN	30.69	50m	08-05-21	Coimbra	478
8.	OLIVEIRA Diogo Alexandre	05	CNF	30.74	50m	23-02-20	Funchal	475
9.	DIAS Andre Vicente	05	CDN	31.15	50m	23-02-20	Funchal	457
10.	BONANCA Artur Osorio	05	GCNF	31.38	50m	20-06-21	Loulé	447
11.	LEITAO Andre Freitas	05	CNF	31.68	50m	28-02-20	Funchal	434
12.	ALVES Vasco Soares	05	CFP	31.95	50m	01-02-20	Povoa de Varzim	423
13.	RODRIGUES Pedro Afonso	05	FCF	32.34	50m	12-06-21	Loulé	408
14.	FIGUEIRA Samuel Baptista	05	AAC	32.87	50m	08-05-21	Coimbra	389
15.	SANTOS Goncalo Carvalho	05	ALN	33.49	50m	08-05-21	Coimbra	368
16.	PINTO Filipe Carmo	05	FCF	33.73	50m	20-06-21	Loulé	360
17.	GERALDO Tomas Cardoso	05	CAQC	33.83	50m	25-04-21	Coimbra	357
18.	DIAS Diogo Simoes	05	ALN	34.57	50m	08-05-21	Coimbra	334
19.	RODRIGUES Miguel Goncalves	05	GCNF	35.19	50m	20-06-21	Loulé	317
20.	GONCALVES Ruben Miguel	05	LDC	35.55	50m	20-06-21	Loulé	307
21.	ALMEIDA Dinis Santos	05	FS	37.09	50m	08-02-20	Lisboa	270
22.	VAZ Vicente Henriques	05	CNOL	37.22	50m	12-06-21	Loulé	268
23.	GOMES Jorge Miguel	05	GCF	37.92	50m	11-01-20	Coimbra	253
24.	CHAVECA Guilherme Salvador	05	PORTIN	37.93	50m	20-06-21	Loulé	253
25.	PATRICIO Rodrigo Oliveira	05	FVCD	39.47	50m	26-01-20	Rio Maior	224
26.	MENDES Juan Diego	05	CDN	42.20	50m	23-02-20	Funchal	183
27.	OLIVEIRA Daniel Mendo	05	APPDAC	44.47	50m	26-01-20	Rio Maior	157
28.	PEREIRA Vicente Barros	05	SCP	47.71	50m	14-02-21	Oeiras	127
29.	TAVARES Francisco Pereira	05	LAGAC	47.88	50m	20-06-21	Loulé	125
30.	CUNHA Tiago Santos	05	CAQC	48.95	50m	11-01-20	Coimbra	117
31.	VALE Fernando Daniel	05	ASC	1:04.13	50m	03-11-19	Porto	52
32.	SILVA Welisson Goncalo	05	ASC	1:08.14	50m	15-12-19	Vila Franca de Xira	43

100 Costas

1.	PEREIRA Tomas Coelho	05	ADP	1:00.66	50m	24-04-21	Coimbra	624
2.	SILVA Diogo Miguel	05	CGA	1:01.39	50m	30-05-21	Coimbra	602
3.	MARQUES Andre Henriques	05	SLB	1:02.43	50m	30-05-21	Rio Maior	572
4.	SA Jose Manuel	05	SCP	1:02.81	50m	30-05-21	Rio Maior	562
5.	CARVALHO Joao Carlos	05	SCB	1:02.84	50m	24-04-21	Coimbra	561
6.	ALMEIDA Miguel Cordeiro	05	SAD	1:03.07	50m	30-05-21	Rio Maior	555
7.	FERRAO Gabriel Carvalho	05	CDCP	1:03.24	50m	30-05-21	Rio Maior	551
8.	CEPELEAGA Marin	05	PORTIN	1:03.37	50m	19-06-21	Loulé	547
9.	PINHEIRO Joao Seixedo	05	CNLX	1:03.39	50m	30-05-21	Rio Maior	547
10.	OLIVEIRA Miguel Fernandes	05	DNMG	1:03.47	50m	28-03-21	Coimbra	545
11.	CORDEIRO Tomas Almeida	05	SAD	1:03.67	50m	30-05-21	Rio Maior	540
12.	FERNANDES Miguel Alves	05	VNC	1:04.24	50m	30-05-21	Coimbra	525
13.	SANTOS Ricardo Matias	05	CPFZ	1:04.58	50m	30-05-21	Rio Maior	517
14.	REMELHE Joao Anibal	05	SCB	1:04.60	50m	05-06-21	Porto	517
15.	DIAS Andre Vicente	05	CDN	1:04.66	50m	30-05-21	Rio Maior	515
16.	RODRIGUES Joao Luis	05	CNF	1:04.76	50m	30-05-21	Rio Maior	513
17.	VASCONCELOS Francisco Lourenco	05	GESL	1:04.83	50m	24-04-21	Coimbra	511
18.	BONANCA Artur Osorio	05	GCNF	1:05.21	50m	13-06-21	Loulé	502
19.	RIBEIRO Filipe Silva	05	LSC	1:05.29	50m	30-05-21	Coimbra	500
20.	ALVAREZ Pedro Mahua	05	SCP	1:06.08	50m	01-03-20	Vila Franca de Xira	483
21.	OLIVEIRA Diogo Alexandre	05	CNF	1:06.13	50m	09-02-20	Lisboa	482
22.	PINTO Rodrigo Barroso	05	FCP	1:06.17	50m	01-02-20	Povoa de Varzim	481
23.	SANTOS Tomas Carvalho	05	ALN	1:06.60	50m	09-05-21	Coimbra	471
24.	HEINIO-WIDELL Nick	05	SAD	1:06.69	50m	30-05-21	Rio Maior	469
25.	BARBOSA Diogo Sousa	05	SLB	1:06.92	50m	30-05-21	Rio Maior	465
26.	CABRAL Jose Pinto	05	VS	1:07.50	50m	30-05-21	Rio Maior	453
27.	DIAS Pedro Anselmo	05	AVFC	1:08.07	50m	30-05-21	Coimbra	441
28.	CASTRO Guilherme Coutinho	05	GDNFAMA	1:08.16	50m	01-02-20	Povoa de Varzim	440
29.	SOUSA Afonso Coelho	05	NSIT	1:08.66	50m	30-05-21	Rio Maior	430
30.	RICARDO Joao Daniel	05	CNBE	1:08.81	50m	19-06-21	Loulé	427
31.	BAIOA Joao Pedro	05	CNBE	1:08.88	50m	19-06-21	Loulé	426
32.	FIGUEIRA Samuel Baptista	05	AAC	1:09.05	50m	30-05-21	Coimbra	423
33.	FONSECA Goncalo Monteiro	05	CMNPR	1:09.84	50m	30-05-21	Coimbra	409
34.	SILVA Eduardo Costa	05	FCP	1:10.41	50m	30-05-21	Coimbra	399
35.	FRANCISCO Tiago Serradas	05	DNMG	1:10.47	50m	30-05-21	Rio Maior	398
36.	GABOLEIRO Guilherme Filipe	05	CNRM	1:10.51	50m	30-05-21	Rio Maior	397
37.	MIMOSO Rodrigo Ferreira	05	SLB	1:10.58	50m	01-03-20	Vila Franca de Xira	396
38.	CARVALHO Goncalo Duarte	05	SLB	1:10.62	50m	01-03-20	Vila Franca de Xira	395
39.	LEITAO Andre Freitas	05	CNF	1:10.81	50m	29-02-20	Funchal	392
40.	PINTO Tiago Rodrigues	05	SCP	1:10.99	50m	01-03-20	Vila Franca de Xira	389
41.	BUNKOVSKIS Rihards	05	CDEAP	1:11.02	50m	30-05-21	Rio Maior	389
42.	RODRIGUES Pedro Afonso	05	FCF	1:11.05	50m	19-06-21	Loulé	388
43.	COSTA Rui Anjos	05	FCP	1:11.07	50m	30-05-21	Coimbra	388
44.	DIAS Diogo Rafael	05	DRCN	1:11.28	50m	01-03-20	Vila Franca de Xira	384
45.	RIBEIRO Tomas Carvalhinho	05	CNMAIA	1:11.41	50m	01-02-20	Povoa de Varzim	382
46.	VIEIRA Diogo Ferreira	05	CDF	1:12.21	50m	30-05-21	Coimbra	370
47.	GERALDO Tomas Cardoso	05	CAQC	1:12.47	50m	09-05-21	Coimbra	366
48.	MILANOV Eduard Daniel	05	CNS	1:12.55	50m	01-03-20	Vila Franca de Xira	365
49.	CAEIRO Miguel Cano	05	CNBE	1:12.62	50m	19-06-21	Loulé	363
50.	ROSARIO Alexandre Rocha	05	LDC	1:12.63	50m	13-06-21	Loulé	363
51.	AMARAL Francisco Xavier	05	NBM	1:12.79	50m	22-02-20	Coimbra	361
52.	AMADO Afonso Miguel	05	CNMC	1:13.75	50m	09-05-21	Coimbra	347
53.	BRAS Rodrigo Martins	05	CFB	1:14.63	50m	01-03-20	Vila Franca de Xira	335

100 Costas (desde 54)

54.	MONTEIRO Jose Alves	05	INDANL	1:14.66	50m	01-03-20	Vila Franca de Xira	334
55.	PANKIVSKIY Daniel	05	CPCD	1:15.11	50m	01-03-20	Vila Franca de Xira	328
56.	SANTOS Goncalo Carvalho	05	ALN	1:15.14	50m	22-02-20	Coimbra	328
57.	DIAS Diogo Simoes	05	ALN	1:15.49	50m	09-05-21	Coimbra	324
58.	ALMEIDA Dinis Santos	05	FS	1:20.28	50m	01-03-20	Vila Franca de Xira	269
59.	MIRA Simao Matos	05	FS	1:20.32	50m	01-03-20	Vila Franca de Xira	269
60.	PINTO Filipe Carmo	05	FCF	1:20.76	50m	19-06-21	Loulé	264
61.	HLIBA Vyacheslav	05	GESL	1:21.28	50m	01-03-20	Vila Franca de Xira	259
62.	CHAVECA Guilherme Salvador	05	PORTIN	1:23.95	50m	19-06-21	Loulé	235
63.	GOMES Jorge Miguel	05	GCF	1:24.16	50m	22-02-20	Coimbra	233
64.	BOULHOSA Rodrigo Abreu	05	CNF	1:24.80	50m	25-01-20	Funchal	228
65.	PATRICIO Rodrigo Oliveira	05	FVCD	1:26.65	50m	26-01-20	Rio Maior	214
66.	FREITAS Bernardo Vasconcelo	05	LCM	1:31.96	50m	25-01-20	Funchal	179
67.	MENDES Juan Diego	05	CDN	1:35.36	50m	22-02-20	Funchal	160
68.	CORREIA Rodrigo Ramos	05	CDN	1:37.96	50m	25-01-20	Funchal	148
69.	NUNES Andre Maltez	05	CDN	1:48.51	50m	22-02-20	Funchal	109
70.	VALE Fernando Daniel	05	ASC	2:21.64	50m	18-01-20	Coimbra	49
71.	SILVA Welisson Goncalo	05	ASC	2:31.83	50m	18-01-20	Coimbra	39

200 Costas

1.	OLIVEIRA Miguel Fernandes	05	DNMG	2:12.39	50m	30-05-21	Rio Maior	604
2.	SILVA Diogo Miguel	05	CGA	2:12.89	50m	06-06-21	Porto	597
3.	MARQUES Andre Henriques	05	SLB	2:14.68	50m	30-05-21	Rio Maior	573
4.	CARVALHO Joao Carlos	05	SCB	2:15.46	50m	06-06-21	Porto	564
5.	SA Jose Manuel	05	SCP	2:15.63	50m	30-05-21	Rio Maior	561
6.	SANTOS Ricardo Matias	05	CPFZ	2:15.97	50m	30-05-21	Rio Maior	557
7.	CORDEIRO Tomas Almeida	05	SAD	2:16.22	50m	30-05-21	Rio Maior	554
8.	ALMEIDA Miguel Cordeiro	05	SAD	2:16.73	50m	30-05-21	Rio Maior	548
9.	PINHEIRO Joao Seixedo	05	CNLX	2:17.90	50m	30-05-21	Rio Maior	534
10.	PEREIRA Tomas Coelho	05	ADP	2:17.92	50m	30-05-21	Coimbra	534
11.	FERNANDES Miguel Alves	05	VNC	2:18.54	50m	30-05-21	Coimbra	527
12.	CEPELEAGA Marin	05	PORTIN	2:19.87	50m	30-05-21	Rio Maior	512
13.	DIAS Andre Vicente	05	CDN	2:20.71	50m	30-05-21	Rio Maior	503
14.	PINTO Rodrigo Barroso	05	FCP	2:21.29	50m	02-02-20	Povoa de Varzim	497
15.	FERRAO Gabriel Carvalho	05	CDCP	2:21.43	50m	30-05-21	Rio Maior	495
16.	BARBOSA Diogo Sousa	05	SLB	2:22.26	50m	29-02-20	Vila Franca de Xira	486
17.	BONANCA Artur Osorio	05	GCNF	2:23.43	50m	12-06-21	Loulé	475
18.	PEREIRA Manuel Angelo	05	SCP	2:24.39	50m	30-05-21	Rio Maior	465
19.	SANTOS Tomas Carvalho	05	ALN	2:24.59	50m	30-05-21	Coimbra	463
20.	DIAS Pedro Anselmo	05	AVFC	2:25.05	50m	30-05-21	Coimbra	459
21.	VASCONCELOS Francisco Lourenco	05	GESL	2:25.56	50m	29-02-20	Vila Franca de Xira	454
22.	SILVA Eduardo Costa	05	FCP	2:25.60	50m	30-05-21	Coimbra	454
23.	CASTRO Guilherme Coutinho	05	GDNFAMA	2:25.81	50m	18-01-20	Povoa de Varzim	452
24.	GOUVEIA Luis Galvao	05	CDN	2:26.02	50m	01-03-20	Funchal	450
25.	OLIVEIRA Diogo Alexandre	05	CNF	2:26.17	50m	08-02-20	Lisboa	448
26.	CABRAL Jose Pinto	05	VS	2:30.30	50m	30-05-21	Rio Maior	412
27.	ANSELMO Raul Sousa	05	CAFBDP	2:31.73	50m	08-02-20	Lisboa	401
28.	FIGUEIRA Samuel Baptista	05	AAC	2:32.13	50m	30-05-21	Coimbra	398
29.	COSTA Rui Anjos	05	FCP	2:32.29	50m	30-05-21	Coimbra	396
30.	ANDRADE Guilherme Nunes	05	CNPO	2:32.51	50m	18-01-20	Povoa de Varzim	395
31.	ALVES Vasco Soares	05	CFP	2:32.56	50m	18-01-20	Povoa de Varzim	394
32.	CORTES Martim Silva	05	AONDA	2:32.91	50m	29-02-20	Vila Franca de Xira	392

200 Costas (desde 33)

33.	RODRIGUES Joao Luis	05	CNF	2:33.24	50m	01-03-20	Funchal	389
34.	LEAL Antonio Marinho	05	CNH	2:33.92	50m	30-05-21	Rio Maior	384
35.	PAIVA Ruben Ferreira	05	ADS	2:35.08	50m	22-02-20	Coimbra	375
36.	BAIOA Joao Pedro	05	CNBE	2:35.50	50m	12-06-21	Loulé	372
37.	MILANOV Eduard Daniel	05	CNS	2:35.69	50m	29-02-20	Vila Franca de Xira	371
38.	BUNKOVSKIS Rihards	05	CDEAP	2:38.02	50m	30-05-21	Rio Maior	355
39.	OLIVEIRA Manuel Pires	05	PDEM	2:39.05	50m	29-02-20	Vila Franca de Xira	348
40.	MONTEIRO Jose Alves	05	INDANL	2:39.82	50m	29-02-20	Vila Franca de Xira	343
41.	SANTOS Goncalo Carvalho	05	ALN	2:40.70	50m	22-02-20	Coimbra	337
42.	PANKIVSKIY Daniel	05	CPCD	2:41.81	50m	29-02-20	Vila Franca de Xira	330
43.	DIAS Diogo Simoes	05	ALN	2:42.20	50m	09-05-21	Coimbra	328
44.	BENTO Carlos Eduardo	05	CNMC	2:43.22	50m	22-02-20	Coimbra	322
45.	AMADO Afonso Miguel	05	CNMC	2:45.80	50m	22-02-20	Coimbra	307
46.	ALVES Afonso Pires	05	JACL	2:48.96	50m	25-01-20	Funchal	290
47.	ALMEIDA Dinis Santos	05	FS	2:50.56	50m	29-02-20	Vila Franca de Xira	282
48.	ALVES Tiago Pires	05	JACL	2:56.98	50m	25-01-20	Funchal	252
49.	MENDES Tome Santiago	05	GRVM	2:57.22	50m	22-02-20	Coimbra	251
50.	PATRICIO Rodrigo Oliveira	05	FVCD	3:03.24	50m	08-12-19	Povoa de Varzim	227
51.	AMARO Luis Agnelo	05	CSAAXXI	3:10.29	50m	22-02-20	Coimbra	203
52.	VALE Fernando Daniel	05	ASC	5:22.58	50m	18-01-20	Coimbra	41
53.	SILVA Welisson Goncalo	05	ASC	5:45.76	50m	18-01-20	Coimbra	33

50 Bruços

1.	NUNES Carlos Daniel	05	SANDS	31.72	50m	06-06-21	Porto	547
2.	SILVA Goncalo Manuel	05	FCP	32.06	50m	29-05-21	Coimbra	530
3.	SILVA Tony Stefano	05	CDN	32.91	50m	29-05-21	Rio Maior	490
4.	ROCHA Rodrigo Manuel	05	SCE	32.95	50m	29-05-21	Coimbra	488
5.	BARRETO Guilherme Pedro	05	EDL	32.96	50m	29-05-21	Coimbra	488
6.	ALVES Andre Camara	05	CDN	35.10	50m	20-06-21	Funchal	404
7.	GOUBEIA Luis Galvao	05	CDN	35.27	50m	23-02-20	Funchal	398
8.	RODRIGUES Miguel Goncalves	05	GCNF	35.72	50m	13-06-21	Loulé	383
9.	ALVES Afonso Pires	05	JACL	35.83	50m	23-02-20	Funchal	379
10.	VAZ Vicente Henriques	05	CNOL	35.94	50m	13-06-21	Loulé	376
11.	DIAS Andre Vicente	05	CDN	36.07	50m	20-06-21	Funchal	372
12.	FRANCISCO Tomas Jose	05	CNMC	36.35	50m	24-04-21	Coimbra	363
13.	SOUSA Lourenco Quintas	05	CNF	37.09	50m	23-02-20	Funchal	342
14.	INACIO Hugo Miguel	05	CNBE	37.75	50m	13-06-21	Loulé	324
15.	GONCALVES Andre Marques	05	CNBE	38.20	50m	13-06-21	Loulé	313
16.	ALVES Tiago Pires	05	JACL	38.29	50m	23-02-20	Funchal	311
17.	VOLOZHENIN Alexandre	05	CNF	38.36	50m	23-02-20	Funchal	309
18.	CAIXINHA Miguel Vaz	05	CNBE	38.63	50m	13-06-21	Loulé	303
19.	CASQUINHA Pedro Dinis	05	FS	38.77	50m	09-02-20	Lisboa	299
20.	CORREIA Rodrigo Ramos	05	CDN	41.17	50m	23-02-20	Funchal	250
21.	CAEIRO Miguel Cano	05	CNBE	41.19	50m	13-06-21	Loulé	250
22.	GONCALVES Pedro Marques	05	CNBE	41.85	50m	13-06-21	Loulé	238
23.	LIBERAL Afonso Bicas	05	CSAAXXI	42.74	50m	11-01-20	Coimbra	223
24.	SOUSA Luis Miguel	05	CSM	43.73	50m	23-02-20	Funchal	208
25.	MENDES Tome Santiago	05	GRVM	44.01	50m	11-01-20	Coimbra	205
26.	TAVARES Francisco Pereira	05	LAGAC	45.37	50m	13-06-21	Loulé	187
27.	NUNES Andre Maltez	05	CDN	49.21	50m	23-02-20	Funchal	146
28.	OLIVEIRA Daniel Mendo	05	APPDAC	49.77	50m	18-01-20	Coimbra	141
29.	PEREIRA Vicente Barros	05	SCP	57.62	50m	15-12-19	Vila Franca de Xira	91

50 Bruços (desde 30)

30.	PATRICIO Rodrigo Oliveira	05	FVCD	58.39	50m	07-12-19	Povoa de Varzim	87
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100 Bruços

1.	NUNES Carlos Daniel	05	CNSM	1:10.24	50m	30-05-21	Rio Maior	531
2.	SILVA Goncalo Manuel	05	FCP	1:10.34	50m	30-05-21	Coimbra	528
3.	BARRETO Guilherme Pedro	05	EDL	1:11.21	50m	25-04-21	Coimbra	509
4.	LAFUENTE Miguel Teixeira	05	FCP	1:11.31	50m	30-05-21	Coimbra	507
5.	OLIVEIRA Simao Lopes	05	CNS	1:11.81	50m	28-02-20	Vila Franca de Xira	496
6.	PIRES Andre Branco	05	AVFC	1:12.20	50m	30-05-21	Coimbra	488
7.	ROCHA Rodrigo Manuel	05	SCE	1:12.58	50m	30-05-21	Coimbra	481
8.	CARVALHO Goncalo Duarte	05	SLB	1:13.40	50m	08-02-20	Lisboa	465
9.	SILVA Tony Stefano	05	CDN	1:13.43	50m	30-05-21	Rio Maior	464
10.	ROCHA Goncalo Queiroga	05	SCB	1:13.52	50m	30-05-21	Coimbra	463
11.	MIMOSO Rodrigo Ferreira	05	SLB	1:13.61	50m	08-02-20	Lisboa	461
12.	CARVALHO Guilherme Jesus	05	FOCA	1:13.84	50m	30-05-21	Coimbra	457
13.	MOREIRA Lucas Filipe	05	ADBA	1:13.98	50m	01-02-20	Povoa de Varzim	454
14.	GOUVEIA Luis Galvao	05	CDN	1:14.05	50m	19-06-21	Funchal	453
15.	LOPES Andre Prates	05	EFC	1:14.33	50m	30-05-21	Rio Maior	448
16.	MONTEIRO Jose Alves	05	CFB	1:14.53	50m	30-05-21	Rio Maior	444
17.	ASCENSO Afonso Manuel	05	DNMG	1:14.57	50m	30-05-21	Rio Maior	443
18.	COSTA Goncalo Ramos	05	GESL	1:14.63	50m	08-02-20	Lisboa	442
19.	ROSARIO Alexandre Rocha	05	LDC	1:14.96	50m	30-05-21	Rio Maior	436
20.	CEPELEAGA Marin	05	PORTIN	1:15.54	50m	08-02-20	Lisboa	426
21.	CAPRICHIO Diogo Botelho	05	SCP	1:15.63	50m	30-05-21	Rio Maior	425
22.	VASCONCELOS Francisco Lourenco	05	GESL	1:15.68	50m	30-05-21	Rio Maior	424
23.	PIRES Joao Antonio	05	CNTN	1:15.88	50m	30-05-21	Rio Maior	421
24.	FONSECA Afonso Valente	05	CFP	1:16.20	50m	30-05-21	Coimbra	415
25.	GOUVEIA Afonso Martim	05	FCF	1:16.77	50m	12-06-21	Loulé	406
26.	AMADO Afonso Miguel	05	CNMC	1:16.78	50m	30-05-21	Coimbra	406
27.	RODRIGUES Miguel Goncalves	05	GCNF	1:16.83	50m	30-05-21	Rio Maior	405
28.	RIBEIRO Vasco Almeida	05	CCLAMAS	1:16.86	50m	30-05-21	Coimbra	405
29.	AMADO Pedro Maria	05	SAD	1:16.92	50m	28-02-20	Vila Franca de Xira	404
30.	RODRIGUES Rodrigo Fernandes	05	VSC	1:18.19	50m	01-02-20	Povoa de Varzim	384
31.	DURO Tomas Ferreira	05	ADRCIMM	1:18.32	50m	28-02-20	Vila Franca de Xira	383
32.	ALVES Afonso Pires	05	JACL	1:18.69	50m	29-02-20	Funchal	377
33.	FRANCISCO Tomas Jose	05	CNMC	1:18.85	50m	09-05-21	Coimbra	375
34.	ALVES Andre Camara	05	CDN	1:18.91	50m	19-06-21	Funchal	374
35.	BATISTA Henrique Maria	05	SAD	1:19.62	50m	30-05-21	Rio Maior	364
36.	GUTUTUI Francisc	05	SAD	1:20.14	50m	28-02-20	Vila Franca de Xira	357
37.	ALVES Tiago Pires	05	JACL	1:20.68	50m	29-02-20	Funchal	350
38.	VAZ Vicente Henriques	05	CNOL	1:21.84	50m	12-06-21	Loulé	335
39.	SOUSA Lourenco Quintas	05	CNF	1:22.83	50m	29-02-20	Funchal	323
40.	DIAS Diogo Rafael	05	DRCN	1:23.91	50m	28-02-20	Vila Franca de Xira	311
41.	KUNYK Vitor	05	LAGAC	1:23.94	50m	12-06-21	Loulé	311
42.	LOPES Daniel Munoz	05	GESL	1:24.24	50m	28-02-20	Vila Franca de Xira	307
43.	ALBUQUERQUE Afonso Costa	05	CFB	1:24.88	50m	28-02-20	Vila Franca de Xira	300
44.	VOLOZHENIN Alexandre	05	CNF	1:25.92	50m	29-02-20	Funchal	290
45.	PINTO Filipe Carmo	05	FCF	1:25.93	50m	12-06-21	Loulé	290
46.	MONTEIRO Pedro Miguel	05	GESL	1:27.23	50m	28-02-20	Vila Franca de Xira	277
47.	OLIVEIRA Leonardo Manuel	05	ACS	1:30.29	50m	12-06-21	Loulé	250
48.	CORREIA Rodrigo Ramos	05	CDN	1:32.31	50m	22-02-20	Funchal	233
49.	MONTEIRO Pedro Trindade	05	GDSE	1:34.04	50m	28-02-20	Vila Franca de Xira	221

100 Bruços (desde 50)

50.	MENDES Tome Santiago	05	GRVM	1:35.29	50m	11-01-20	Coimbra	212
51.	SOUSA Luis Miguel	05	CSM	1:38.94	50m	22-02-20	Funchal	190
52.	OLIVEIRA Daniel Mendo	05	APPDAC	1:50.84	50m	18-01-20	Coimbra	135
53.	MESSENCE Enzo Dylan	05	FCF	1:54.76	50m	12-06-21	Loulé	121

200 Bruços

1.	BARRETO Guilherme Pedro	05	EDL	2:30.99	50m	24-04-21	Coimbra	582
2.	LAFUENTE Miguel Teixeira	05	FCP	2:34.74	50m	30-05-21	Coimbra	541
3.	SILVA Goncalo Manuel	05	FCP	2:35.22	50m	30-05-21	Coimbra	536
4.	OLIVEIRA Simao Lopes	05	CNS	2:35.42	50m	01-03-20	Vila Franca de Xira	534
5.	GOUVEIA Luis Galvao	05	CDN	2:35.43	50m	30-05-21	Rio Maior	534
6.	NUNES Carlos Daniel	05	CNSM	2:37.26	50m	30-05-21	Rio Maior	515
7.	PIRES Andre Branco	05	AVFC	2:38.71	50m	30-05-21	Coimbra	501
8.	MIMOSO Rodrigo Ferreira	05	SAD	2:39.77	50m	30-05-21	Rio Maior	491
9.	CARVALHO Goncalo Duarte	05	SLB	2:40.36	50m	30-05-21	Rio Maior	486
10.	ROCHA Goncalo Queiroga	05	SCB	2:40.39	50m	06-06-21	Porto	486
11.	ROCHA Rodrigo Manuel	05	SCE	2:41.04	50m	02-02-20	Povoa de Varzim	480
12.	MONTEIRO Jose Alves	05	CFB	2:42.77	50m	30-05-21	Rio Maior	465
13.	COSTA Goncalo Ramos	05	GESL	2:42.84	50m	09-02-20	Lisboa	464
14.	FRANCISCO Tomas Jose	05	CNMC	2:43.14	50m	24-04-21	Coimbra	462
15.	MOREIRA Lucas Filipe	05	ADBA	2:43.22	50m	02-02-20	Povoa de Varzim	461
15.	CARVALHO Guilherme Jesus	05	FOCA	2:43.22	50m	24-04-21	Coimbra	461
17.	FREITAS Filipe Simoes	05	SCP	2:43.57	50m	09-02-20	Lisboa	458
18.	CAPRICHIO Diogo Botelho	05	SCP	2:45.18	50m	30-05-21	Rio Maior	445
19.	ROSARIO Alexandre Rocha	05	LDC	2:46.18	50m	30-05-21	Rio Maior	437
20.	SILVA Tony Stefano	05	CDN	2:47.95	50m	30-05-21	Rio Maior	423
21.	ASCENSO Afonso Manuel	05	DNMG	2:48.11	50m	30-05-21	Rio Maior	422
22.	LOPES Andre Prates	05	EFC	2:48.20	50m	30-05-21	Rio Maior	421
23.	ALVES Andre Camara	05	CDN	2:51.52	50m	19-06-21	Funchal	397
24.	CEPELEAGA Marin	05	PORTIN	2:52.82	50m	09-02-20	Lisboa	388
25.	VENTURA Diogo Miguel	05	FOCA	2:54.04	50m	30-05-21	Coimbra	380
26.	SILVA Dinis Raimundo	05	AAC	2:55.50	50m	22-02-20	Coimbra	371
27.	SOUSA Lourenco Quintas	05	CNF	2:56.02	50m	01-03-20	Funchal	367
28.	GUTUTUI Francisc	05	SAD	2:57.38	50m	01-03-20	Vila Franca de Xira	359
29.	ALVES Afonso Pires	05	JACL	2:58.11	50m	01-03-20	Funchal	355
29.	ALBUQUERQUE Afonso Costa	05	CFB	2:58.11	50m	01-03-20	Vila Franca de Xira	355
31.	AMADO Afonso Miguel	05	CNMC	2:58.79	50m	09-05-21	Coimbra	351
32.	ALVES Tiago Pires	05	JACL	3:05.57	50m	01-03-20	Funchal	313
33.	GERALDO Tomas Cardoso	05	CAQC	3:08.56	50m	22-02-20	Coimbra	299
34.	MIRA Simao Matos	05	FS	3:09.28	50m	01-03-20	Vila Franca de Xira	295
35.	FERREIRA Abel Renato	05	CSAAXXI	3:09.41	50m	22-02-20	Coimbra	295
36.	VOLOZHENIN Alexandre	05	CNF	3:14.18	50m	01-03-20	Funchal	273
37.	CASQUINHA Pedro Dinis	05	FS	3:15.13	50m	01-03-20	Vila Franca de Xira	270
38.	DUARTE Pedro Ferreira	05	NBM	3:20.80	50m	22-02-20	Coimbra	247
39.	CORREIA Rodrigo Ramos	05	CDN	3:23.97	50m	22-02-20	Funchal	236
40.	MENDES Tome Santiago	05	GRVM	3:24.81	50m	22-02-20	Coimbra	233
41.	AMARO Luis Agnelo	05	CSAAXXI	3:25.39	50m	22-02-20	Coimbra	231
42.	SOUSA Luis Miguel	05	CSM	3:49.64	50m	25-01-20	Funchal	165
43.	NUNES Andre Maltez	05	CDN	4:04.02	50m	25-01-20	Funchal	138

50 Mariposa

1.	HEINIO-WIDELL Nick	05	SAD	26.68	50m	28-03-21	Coimbra	581
2.	ROSA Simao Dinis	05	CNTN	27.14	50m	01-02-20	Povoa de Varzim	552
3.	DIAS Andre Vicente	05	CDN	27.65	50m	20-06-21	Funchal	522
4.	ANTUNES Pedro Engracia	05	CLIPTEAM	27.80	50m	05-06-21	Porto	514
5.	OLIVEIRA Miguel Fernandes	05	DNMG	28.15	50m	28-03-21	Coimbra	495
5.	GOUVEIA Luis Galvao	05	CDN	28.15	50m	20-06-21	Funchal	495
7.	RODRIGUES Joao Luis	05	CNF	28.85	50m	23-02-20	Funchal	459
8.	BONANCA Artur Osorio	05	GCNF	29.89	50m	13-06-21	Loulé	413
9.	RODRIGUES Miguel Goncalves	05	GCNF	30.16	50m	19-06-21	Loulé	402
10.	ALVES Andre Camara	05	CDN	30.30	50m	20-06-21	Funchal	397
11.	FIGUEIRA Samuel Baptista	05	AAC	30.55	50m	25-04-21	Coimbra	387
12.	ROCHA Jose Miguel	05	SCC	30.71	50m	11-01-20	Coimbra	381
13.	SANTOS Tomas Carvalho	05	ALN	30.90	50m	11-01-20	Coimbra	374
14.	SANTOS Goncalo Carvalho	05	ALN	31.31	50m	11-01-20	Coimbra	359
15.	GONCALVES Ruben Miguel	05	LDC	31.59	50m	19-06-21	Loulé	350
16.	CARVALHO Diogo Rodrigues	05	GRVM	32.28	50m	09-05-21	Coimbra	328
17.	CARDOSO Guilherme Maia	05	SCC	32.31	50m	11-01-20	Coimbra	327
18.	GONCALVES Andre Marques	05	CNBE	32.50	50m	13-06-21	Loulé	321
19.	ALVES Tiago Pires	05	JACL	33.07	50m	23-02-20	Funchal	305
20.	CAIXINHA Miguel Vaz	05	CNBE	33.22	50m	13-06-21	Loulé	301
21.	FERREIRA Abel Renato	05	CSAAXXI	33.48	50m	11-01-20	Coimbra	294
22.	CHAVECA Guilherme Salvador	05	PORTIN	34.41	50m	13-06-21	Loulé	271
23.	GONCALVES Pedro Marques	05	CNBE	34.78	50m	13-06-21	Loulé	262
24.	TAVARES Francisco Pereira	05	LAGAC	35.19	50m	19-06-21	Loulé	253
25.	DIAS Diogo Simoes	05	ALN	35.48	50m	11-01-20	Coimbra	247
26.	MENDES Juan Diego	05	CDN	36.43	50m	20-06-21	Funchal	228
27.	ALVES Luis Fernandez	05	CDN	36.96	50m	01-03-20	Funchal	218
28.	PEREIRA Vicente Barros	05	SCP	37.46	50m	13-02-21	Oeiras	210
29.	PATRICIO Rodrigo Oliveira	05	FVCD	40.42	50m	18-01-20	Coimbra	167

100 Mariposa

1.	GOUVEIA Luis Galvao	05	CDN	58.85	50m	29-05-21	Rio Maior	595
2.	DIAS Andre Vicente	05	CDN	59.36	50m	29-05-21	Rio Maior	579
3.	FERRAO Gabriel Carvalho	05	CDCP	59.42	50m	29-05-21	Rio Maior	578
4.	PINTO Tiago Rodrigues	05	SCP	59.97	50m	29-05-21	Rio Maior	562
5.	PEREIRA Tomas Coelho	05	ADP	1:00.12	50m	29-05-21	Coimbra	558
6.	OLIVEIRA Diogo Alexandre	05	CNF	1:00.38	50m	29-05-21	Rio Maior	550
7.	PEREIRA Manuel Angelo	05	SCP	1:01.33	50m	29-05-21	Rio Maior	525
8.	VASCONCELOS Francisco Lourenco	05	GESL	1:01.67	50m	29-05-21	Rio Maior	517
9.	BARTOLO Tiago Silva	05	SAD	1:01.70	50m	29-05-21	Rio Maior	516
10.	ROSA Simao Dinis	05	CNTN	1:01.99	50m	02-02-20	Povoa de Varzim	509
11.	RODRIGUES Joao Luis	05	CNF	1:02.13	50m	29-05-21	Rio Maior	505
12.	CABRAL Jose Pinto	05	VS	1:02.14	50m	29-05-21	Rio Maior	505
13.	GONCALVES Jose Luis	05	ADF	1:02.72	50m	29-05-21	Coimbra	491
14.	AMADO Afonso Miguel	05	CNMC	1:02.83	50m	29-05-21	Coimbra	489
15.	CEPELEAGA Marin	05	PORTIN	1:02.97	50m	19-06-21	Loulé	485
16.	ROCHA Jose Miguel	05	SCC	1:03.29	50m	29-05-21	Coimbra	478
17.	LOPES Afonso Teixeira	05	FOCA	1:03.34	50m	29-05-21	Coimbra	477
18.	DURO Tomas Ferreira	05	ADRCIMM	1:04.34	50m	01-03-20	Vila Franca de Xira	455
19.	GUTUTUI Francisc	05	SAD	1:04.53	50m	29-05-21	Rio Maior	451
20.	GABOLEIRO Guilherme Filipe	05	CNRM	1:04.66	50m	29-05-21	Rio Maior	448
21.	MOUTELA Dinis Amorim	05	CDE	1:04.76	50m	29-05-21	Coimbra	446

100 Mariposa (desde 22)

22.	GOUVEIA Afonso Martim	05	FCF	1:04.78	50m	19-06-21	Loulé	446
23.	CARVALHO Goncalo Duarte	05	SLB	1:04.86	50m	01-03-20	Vila Franca de Xira	444
24.	MENDES Diogo Alexandre	05	CNVA	1:05.01	50m	29-05-21	Coimbra	441
25.	PESSOA Rafael Pereira	05	NBM	1:05.18	50m	29-05-21	Coimbra	437
26.	PINHO Celso Rodrigues	05	SCE	1:05.24	50m	29-05-21	Coimbra	436
27.	SILVA Guilherme Gomes	05	AEJ	1:05.48	50m	06-06-21	Porto	432
28.	ALVES Vasco Soares	05	CFP	1:05.76	50m	02-02-20	Povoa de Varzim	426
29.	SOUSA Afonso Coelho	05	NSIT	1:05.79	50m	09-02-20	Lisboa	425
30.	GRACIOSO Goncalo Pereira	05	AONDA	1:05.82	50m	09-02-20	Lisboa	425
31.	SANTOS Tomas Carvalho	05	ALN	1:06.08	50m	22-02-20	Coimbra	420
32.	VIEIRA Eduardo Gabriel	05	NBM	1:06.51	50m	22-02-20	Coimbra	412
33.	NUNES Jose Pedro	05	GCVR	1:06.91	50m	22-02-20	Coimbra	404
34.	FRANCISCO Tomas Jose	05	CNMC	1:06.93	50m	08-05-21	Coimbra	404
35.	MONTEIRO Jose Alves	05	CFB	1:06.97	50m	29-05-21	Rio Maior	403
36.	SANTOS Goncalo Carvalho	05	ALN	1:07.65	50m	08-05-21	Coimbra	391
37.	CORTES Martim Silva	05	AONDA	1:07.72	50m	01-03-20	Vila Franca de Xira	390
38.	BONANCA Artur Osorio	05	GCNF	1:07.78	50m	12-06-21	Loulé	389
39.	RIBEIRO Tomas Carvalhinho	05	CNMAIA	1:08.62	50m	02-02-20	Povoa de Varzim	375
40.	OLIVEIRA Manuel Pires	05	PDEM	1:08.86	50m	01-03-20	Vila Franca de Xira	371
41.	CARDOSO Guilherme Maia	05	SCC	1:08.98	50m	08-05-21	Coimbra	369
42.	ALMEIDA Joao Neves	05	FBSC	1:09.11	50m	08-05-21	Coimbra	367
43.	LEITAO Andre Freitas	05	CNF	1:09.54	50m	29-02-20	Funchal	360
43.	RODRIGUES Miguel Goncalves	05	GCNF	1:09.54	50m	12-06-21	Loulé	360
45.	FIGUEIRA Samuel Baptista	05	AAC	1:09.68	50m	08-05-21	Coimbra	358
46.	INACIO Hugo Miguel	05	CNBE	1:09.81	50m	12-06-21	Loulé	356
47.	SILVA Vasco Antela	05	SCP	1:10.14	50m	01-03-20	Vila Franca de Xira	351
48.	OLIVEIRA Jose Francisco	05	ADBA	1:10.21	50m	22-02-20	Coimbra	350
49.	ALVES Andre Camara	05	CDN	1:10.23	50m	19-06-21	Funchal	350
50.	ALBUQUERQUE Afonso Costa	05	CFB	1:10.25	50m	01-03-20	Vila Franca de Xira	349
51.	RICARDO Joao Daniel	05	CNBE	1:10.54	50m	12-06-21	Loulé	345
52.	SILVA Tony Stefano	05	CDN	1:11.37	50m	19-06-21	Funchal	333
53.	TEIXEIRA Antonio Migueis	05	GCVR	1:11.58	50m	22-02-20	Coimbra	330
54.	SILVA Vasco Santos	05	SLB	1:11.62	50m	01-03-20	Vila Franca de Xira	330
55.	DIAS Diogo Simoes	05	ALN	1:12.01	50m	08-05-21	Coimbra	324
56.	PEREIRA Paulo Tomas	05	NBM	1:13.29	50m	22-02-20	Coimbra	308
57.	FERREIRA Abel Renato	05	CSAAXXI	1:13.36	50m	22-02-20	Coimbra	307
58.	GONCALVES Ruben Miguel	05	LDC	1:13.82	50m	19-06-21	Loulé	301
59.	ALVES Afonso Pires	05	JACL	1:14.01	50m	29-02-20	Funchal	299
60.	ANDRADE Guilherme Nunes	05	CNPO	1:14.80	50m	18-01-20	Povoa de Varzim	289
61.	GONCALVES Andre Marques	05	CNBE	1:16.46	50m	19-06-21	Loulé	271
62.	SILVA Dinis Raimundo	05	AAC	1:17.01	50m	22-02-20	Coimbra	265
63.	KUNYK Vitor	05	LAGAC	1:19.47	50m	12-06-21	Loulé	241
64.	CHAVECA Guilherme Salvador	05	PORTIN	1:21.97	50m	12-06-21	Loulé	220
65.	ALVES Luis Fernandez	05	CDN	1:23.21	50m	29-02-20	Funchal	210
66.	CAIXINHA Miguel Vaz	05	CNBE	1:23.53	50m	19-06-21	Loulé	208
67.	VAZ Vicente Henriques	05	CNOL	1:25.37	50m	19-06-21	Loulé	194
68.	GONCALVES Pedro Marques	05	CNBE	1:27.07	50m	19-06-21	Loulé	183

200 Mariposa

1.	GOUVEIA Luis Galvao	05	CDN	2:09.66	50m	29-05-21	Rio Maior	622
2.	SARREIRA Tomas Amor	05	POR	2:14.22	50m	25-04-21	Coimbra	561
3.	FERRAO Gabriel Carvalho	05	CDCP	2:16.68	50m	29-05-21	Rio Maior	531
4.	PEREIRA Manuel Angelo	05	SCP	2:18.35	50m	29-05-21	Rio Maior	512
5.	PINTO Tiago Rodrigues	05	SCP	2:18.61	50m	29-05-21	Rio Maior	509
6.	DIAS Andre Vicente	05	CDN	2:18.88	50m	29-05-21	Rio Maior	506
7.	ALMEIDA Miguel Cordeiro	05	SAD	2:19.63	50m	29-05-21	Rio Maior	498
8.	BARTOLO Tiago Silva	05	SAD	2:20.82	50m	29-05-21	Rio Maior	486
9.	LOPES Afonso Teixeira	05	FOCA	2:21.06	50m	29-05-21	Coimbra	483
10.	CARNEIRO Henrique Rocha	05	CAP	2:21.61	50m	29-05-21	Coimbra	478
11.	CABRAL Jose Pinto	05	VS	2:21.62	50m	29-05-21	Rio Maior	477
12.	MORGADO Vasco Alves	05	SAD	2:21.98	50m	29-05-21	Rio Maior	474
13.	MAGALHAES Andre Lima	05	FCP	2:22.09	50m	29-05-21	Coimbra	473
14.	GONCALVES Jose Luis	05	ADF	2:22.64	50m	01-02-20	Povoa de Varzim	467
15.	GUTUTUI Francisc	05	SAD	2:23.45	50m	29-05-21	Rio Maior	459
16.	PINHO Celso Rodrigues	05	SCE	2:23.99	50m	29-05-21	Coimbra	454
17.	ROCHA Jose Miguel	05	SCC	2:26.58	50m	08-02-20	Lisboa	431
18.	OLIVEIRA Jose Francisco	05	ADBA	2:26.81	50m	29-05-21	Rio Maior	429
19.	RODRIGUES Joao Luis	05	CNF	2:27.12	50m	22-02-20	Funchal	426
20.	OLIVEIRA Simao Lopes	05	CNS	2:27.70	50m	08-02-20	Lisboa	421
21.	TEIXEIRA Tomas Borges	05	NSIT	2:31.88	50m	08-02-20	Lisboa	387
22.	ALMEIDA Joao Neves	05	FBSC	2:32.77	50m	22-02-20	Coimbra	380
23.	AMADO Afonso Miguel	05	CNMC	2:34.02	50m	22-02-20	Coimbra	371
24.	RIBEIRO Tomas Carvalhinho	05	CNMAIA	2:35.98	50m	01-02-20	Povoa de Varzim	357
25.	CEPELEAGA Marin	05	PORTIN	2:38.60	50m	13-06-21	Loulé	340
26.	BENTO Carlos Eduardo	05	CNMC	2:40.50	50m	22-02-20	Coimbra	328
27.	FERREIRA Abel Renato	05	CSAAXXI	2:47.98	50m	22-02-20	Coimbra	286

200 Estilos

1.	SILVA Afonso Carvalho	05	GDNFAMA	2:15.29	50m	29-05-21	Coimbra	598
2.	OLIVEIRA Miguel Fernandes	05	DNMG	2:15.49	50m	29-05-21	Rio Maior	595
3.	GOUVEIA Luis Galvao	05	CDN	2:16.51	50m	29-05-21	Rio Maior	582
4.	ALMEIDA Miguel Cordeiro	05	SAD	2:17.16	50m	29-05-21	Rio Maior	574
5.	SOUSA Joao Maria	05	SCB	2:19.19	50m	29-05-21	Coimbra	549
6.	SARREIRA Tomas Amor	05	DNMG	2:19.50	50m	28-03-21	Coimbra	545
7.	REMELEHE Joao Anibal	05	SCB	2:19.62	50m	29-05-21	Coimbra	544
8.	CORDEIRO Tomas Almeida	05	SAD	2:20.92	50m	29-05-21	Rio Maior	529
9.	CARVALHO Goncalo Duarte	05	SLB	2:21.68	50m	29-05-21	Rio Maior	520
10.	FERNANDES Miguel Alves	05	VNC	2:21.92	50m	29-05-21	Coimbra	518
11.	NUNES Carlos Daniel	05	CNSM	2:22.27	50m	29-05-21	Rio Maior	514
12.	LAFUENTE Miguel Teixeira	05	FCP	2:22.29	50m	29-05-21	Coimbra	514
13.	OLIVEIRA Diogo Alexandre	05	CNF	2:22.41	50m	09-02-20	Lisboa	512
14.	ROCHA Goncalo Queiroga	05	SCB	2:22.50	50m	29-05-21	Coimbra	512
15.	MORGADO Vasco Alves	05	SAD	2:23.01	50m	29-05-21	Rio Maior	506
16.	CEPELEAGA Marin	05	PORTIN	2:23.28	50m	29-05-21	Rio Maior	503
17.	GONCALVES Jose Luis	05	ADF	2:24.07	50m	02-02-20	Povoa de Varzim	495
18.	PINHO Celso Rodrigues	05	SCE	2:24.10	50m	29-05-21	Coimbra	495
19.	ALVAREZ Pedro Mahua	05	SCP	2:24.35	50m	01-03-20	Vila Franca de Xira	492
20.	PINTO Tiago Rodrigues	05	SCP	2:24.46	50m	01-03-20	Vila Franca de Xira	491
21.	MARQUES Andre Henriques	05	SLB	2:25.04	50m	09-02-20	Lisboa	485
22.	OLIVEIRA Simao Lopes	05	CNS	2:25.14	50m	29-05-21	Rio Maior	484
23.	ANACLETO Miguel Correia	05	SCP	2:25.20	50m	09-02-20	Lisboa	483

200 Estilos (desde 24)

24.	AMADO Pedro Maria	05	SAD	2:25.64	50m	01-03-20	Vila Franca de Xira	479
25.	CORTES Martim Silva	05	AONDA	2:25.65	50m	09-02-20	Lisboa	479
26.	RODRIGUES Joao Luis	05	CNF	2:25.83	50m	29-05-21	Rio Maior	477
27.	MAGALHAES Andre Lima	05	FCP	2:25.87	50m	29-05-21	Coimbra	477
28.	GOUVEIA Afonso Martim	05	FCF	2:26.08	50m	13-06-21	Loulé	475
29.	MONTEIRO Jose Alves	05	CFB	2:26.10	50m	29-05-21	Rio Maior	475
30.	PAIVA Ruben Ferreira	05	ADS	2:26.41	50m	29-05-21	Coimbra	472
31.	SANTOS Tomas Carvalho	05	ALN	2:26.63	50m	29-05-21	Coimbra	469
32.	SILVA Guilherme Gomes	05	AEJ	2:26.79	50m	29-05-21	Coimbra	468
33.	MIMOSO Rodrigo Ferreira	05	SAD	2:27.10	50m	29-05-21	Rio Maior	465
34.	RODRIGUES Miguel Goncalves	05	GCNF	2:27.11	50m	29-05-21	Rio Maior	465
35.	COSTA Afonso Lucio	05	SCP	2:27.35	50m	29-05-21	Rio Maior	463
36.	CAPRICHIO Diogo Botelho	05	SCP	2:27.49	50m	29-05-21	Rio Maior	461
37.	MACHADO Diogo Pimentel	05	CAFBDP	2:27.51	50m	29-05-21	Rio Maior	461
38.	PEREIRA Manuel Angelo	05	SCP	2:27.87	50m	01-03-20	Vila Franca de Xira	458
38.	ROSARIO Alexandre Rocha	05	LDC	2:27.87	50m	29-05-21	Rio Maior	458
40.	BONANCA Artur Osorio	05	GCNF	2:28.00	50m	29-05-21	Rio Maior	457
41.	VASCONCELOS Francisco Lourenco	05	GESL	2:28.06	50m	01-03-20	Vila Franca de Xira	456
41.	PIRES Andre Branco	05	AVFC	2:28.06	50m	29-05-21	Coimbra	456
43.	FERRAO Gabriel Carvalho	05	CDCP	2:28.16	50m	01-03-20	Vila Franca de Xira	455
44.	FRANCISCO Tiago Serradas	05	DNMG	2:28.19	50m	29-05-21	Rio Maior	455
45.	CARNEIRO Henrique Rocha	05	CAP	2:28.32	50m	29-05-21	Coimbra	454
46.	FREITAS Filipe Simoes	05	SCP	2:28.46	50m	09-02-20	Lisboa	452
47.	PIRES Joao Antonio	05	CNTN	2:28.63	50m	29-05-21	Rio Maior	451
48.	DIAS Andre Vicente	05	CDN	2:28.86	50m	22-02-20	Funchal	449
49.	FERREIRA Abel Renato	05	CSAAXXI	2:29.12	50m	29-05-21	Coimbra	446
50.	DURO Tomas Ferreira	05	ADRCIMM	2:29.14	50m	01-03-20	Vila Franca de Xira	446
51.	RABECA Ivan Manuel	05	EDV	2:29.23	50m	29-05-21	Coimbra	445
52.	PINHEIRO Joao Seixedo	05	CNS	2:29.37	50m	09-02-20	Lisboa	444
53.	ANSELMO Raul Sousa	05	CAFBDP	2:29.38	50m	09-02-20	Lisboa	444
54.	SANTOS Goncalo Carvalho	05	ALN	2:29.42	50m	29-05-21	Coimbra	444
55.	FARDILHA Joao Cruz	05	CGA	2:29.55	50m	29-05-21	Coimbra	442
56.	FRANCISCO Tomas Jose	05	CNMC	2:29.61	50m	08-05-21	Coimbra	442
56.	MOUTELA Dinis Amorim	05	CDE	2:29.61	50m	29-05-21	Coimbra	442
58.	DIAS Pedro Anselmo	05	AVFC	2:30.04	50m	29-05-21	Coimbra	438
59.	SA Jose Manuel	05	SCP	2:31.26	50m	01-03-20	Vila Franca de Xira	428
60.	SILVA Tomas Caineta	05	CDE	2:31.97	50m	02-02-20	Povoa de Varzim	422
61.	ALMEIDA Joao Neves	05	FBSC	2:33.39	50m	11-01-20	Coimbra	410
62.	SILVA Vasco Antela	05	SCP	2:33.70	50m	01-03-20	Vila Franca de Xira	408
63.	GABOLEIRO Guilherme Filipe	05	CNRM	2:33.98	50m	29-05-21	Rio Maior	405
64.	RIBEIRO Tomas Carvalhinho	05	CNMAIA	2:34.77	50m	02-02-20	Povoa de Varzim	399
65.	RICARDO Joao Daniel	05	CNBE	2:35.72	50m	13-06-21	Loulé	392
66.	ALBUQUERQUE Afonso Costa	05	CFB	2:37.44	50m	01-03-20	Vila Franca de Xira	379
67.	GRACIOSO Goncalo Pereira	05	AONDA	2:37.65	50m	01-03-20	Vila Franca de Xira	378
68.	MILANOV Eduard Daniel	05	CNS	2:37.79	50m	01-03-20	Vila Franca de Xira	377
69.	GLAVATSKYY Antonio	05	AAC	2:39.03	50m	11-01-20	Coimbra	368
70.	ALVES Afonso Pires	05	JACL	2:40.07	50m	29-02-20	Funchal	361
71.	COSTA Goncalo Ramos	05	GESL	2:40.42	50m	01-03-20	Vila Franca de Xira	358
72.	CASQUINHA Pedro Dinis	05	FS	2:50.41	50m	01-03-20	Vila Franca de Xira	299
73.	ALVES Tiago Pires	05	JACL	2:50.53	50m	25-01-20	Funchal	298
74.	OLIVEIRA Leonardo Manuel	05	ACS	2:52.23	50m	13-06-21	Loulé	289
75.	ALMEIDA Dinis Santos	05	FS	2:52.42	50m	01-03-20	Vila Franca de Xira	289
76.	CARVALHO Diogo Rodrigues	05	GRVM	2:53.92	50m	08-05-21	Coimbra	281

200 Estilos (desde 77)

77.	ALVES Luis Fernandez	05	CDN	3:05.53	50m	25-01-20	Funchal	231
78.	MESSENCE Enzo Dylan	05	FCF	3:21.02	50m	13-06-21	Loulé	182
79.	PATRICIO Rodrigo Oliveira	05	FVCD	3:24.32	50m	03-11-19	Porto	173

400 Estilos

1.	SILVA Afonso Carvalho	05	GDNFAMA	4:45.47	50m	30-05-21	Coimbra	623
2.	SARREIRA Tomas Amor	05	DNMG	4:49.15	50m	30-05-21	Rio Maior	599
3.	GOUVEIA Luis Galvao	05	CDN	4:51.88	50m	30-05-21	Rio Maior	583
4.	SOUSA Joao Maria	05	SCB	4:53.31	50m	27-03-21	Coimbra	574
5.	ANSELMO Raul Sousa	05	CAFBDP	4:54.58	50m	27-03-21	Coimbra	567
6.	OLIVEIRA Miguel Fernandes	05	DNMG	4:56.35	50m	27-03-21	Coimbra	557
7.	PINTO Tiago Rodrigues	05	SCP	4:58.82	50m	30-05-21	Rio Maior	543
8.	OLIVEIRA Diogo Alexandre	05	CNF	5:01.16	50m	30-05-21	Rio Maior	530
9.	PEREIRA Manuel Angelo	05	SCP	5:01.35	50m	30-05-21	Rio Maior	529
10.	AMADO Pedro Maria	05	SAD	5:03.01	50m	30-05-21	Rio Maior	521
11.	REMELHE Joao Anibal	05	SCB	5:03.69	50m	30-05-21	Coimbra	517
12.	MORGADO Vasco Alves	05	SAD	5:05.83	50m	30-05-21	Rio Maior	506
13.	GUTUTUI Francisc	05	SAD	5:09.93	50m	30-05-21	Rio Maior	486
14.	PINTO Rodrigo Barroso	05	FCP	5:09.94	50m	01-02-20	Povoa de Varzim	486
15.	OLIVEIRA Simao Lopes	05	CNS	5:11.44	50m	29-02-20	Vila Franca de Xira	479
16.	FRANCISCO Tomas Jose	05	CNMC	5:13.02	50m	30-05-21	Coimbra	472
17.	MONTEIRO Jose Alves	05	CFB	5:13.46	50m	30-05-21	Rio Maior	470
18.	SA Jose Manuel	05	SCP	5:13.54	50m	29-02-20	Vila Franca de Xira	470
19.	PAIVA Ruben Ferreira	05	ADS	5:13.55	50m	30-05-21	Coimbra	470
20.	ROCHA Goncalo Queiroga	05	SCB	5:13.63	50m	01-02-20	Povoa de Varzim	469
21.	SANTOS Tomas Carvalho	05	ALN	5:13.65	50m	30-05-21	Coimbra	469
22.	NETO Vasco Goncalves	05	FCP	5:14.83	50m	30-05-21	Coimbra	464
23.	DIAS Pedro Anselmo	05	AVFC	5:15.61	50m	30-05-21	Coimbra	461
24.	ALMEIDA Joao Neves	05	FBSC	5:18.81	50m	30-05-21	Coimbra	447
25.	SANTOS Goncalo Carvalho	05	ALN	5:19.07	50m	30-05-21	Coimbra	446
26.	SILVA Vasco Antela	05	SCP	5:19.70	50m	29-02-20	Vila Franca de Xira	443
27.	FERNANDES Miguel Alves	05	VNC	5:20.28	50m	01-02-20	Povoa de Varzim	441
28.	ROCHA Jose Miguel	05	SCC	5:21.02	50m	30-05-21	Coimbra	438
29.	MOUTELA Dinis Amorim	05	CDE	5:21.56	50m	30-05-21	Coimbra	436
30.	CAPRICO Diogo Botelho	05	SCP	5:23.66	50m	29-02-20	Vila Franca de Xira	427
31.	MIMOSO Rodrigo Ferreira	05	SLB	5:24.32	50m	29-02-20	Vila Franca de Xira	425
32.	SILVA Tomas Caineta	05	CDE	5:25.61	50m	01-02-20	Povoa de Varzim	419
33.	MACHADO Diogo Pimentel	05	CAFBDP	5:25.68	50m	30-05-21	Rio Maior	419
34.	CARDOSO Guilherme Maia	05	SCC	5:25.80	50m	22-02-20	Coimbra	419
35.	COSTA Afonso Lucio	05	SCP	5:27.72	50m	30-05-21	Rio Maior	411
36.	GLAVATSKYY Antonio	05	AAC	5:32.59	50m	22-02-20	Coimbra	394
37.	FIGUEIRA Samuel Baptista	05	CNMC	5:35.53	50m	22-02-20	Coimbra	383

50 Livres

1.	DENISOV Micael Dmitrievich	06	ADBA	25.33	50m	24-04-21	Coimbra	562
2.	PEREIRA Rodrigo Ferreira	06	GDNFAMA	25.85	50m	05-06-21	Porto	529
3.	PEREIRA Guilherme Marques	06	CAQC	27.69	50m	08-05-21	Coimbra	430
4.	SOARES Joao Pedro	06	GCNF	28.37	50m	19-06-21	Loulé	400
5.	PINTO Mark Ronald	06	GCNF	28.54	50m	12-06-21	Loulé	393
6.	OLIVEIRA Carlos Miguel	06	FBSC	28.57	50m	09-05-21	Coimbra	392
7.	MARQUES Jose Miguel	06	CAQC	28.70	50m	24-04-21	Coimbra	386
8.	GONCALVES Martim Luis	06	CDN	28.75	50m	20-06-21	Funchal	384
9.	MENDES Edgar Tavares	06	AAC	28.81	50m	24-04-21	Coimbra	382
10.	SILVA Joao Luis	06	CEOL	28.82	50m	23-02-20	Funchal	381
11.	CRUZ Rodrigo Costa	06	AAC	28.90	50m	24-04-21	Coimbra	378
12.	PAULOS Joao Afonso	06	CNF	28.92	50m	23-02-20	Funchal	377
13.	OLIVEIRA Tomas Varanda	06	SCC	29.20	50m	11-01-20	Coimbra	367
14.	GABRIELE Luca Graca	06	PORTIN	29.51	50m	12-06-21	Loulé	355
15.	MENDONCA Joao Maria	06	GCNF	29.65	50m	19-06-21	Loulé	350
16.	GARANITO Simao Silva	06	CNF	29.72	50m	23-02-20	Funchal	348
17.	FISTICANU Nicolae	06	GCNF	29.82	50m	19-06-21	Loulé	344
18.	ABREU Joao Francisco	06	CNF	30.31	50m	23-02-20	Funchal	328
19.	ALVES Pedro Miguel	06	CDN	30.33	50m	20-06-21	Funchal	327
20.	FERRAZ Luis Afonso	06	CNF	30.42	50m	23-02-20	Funchal	324
21.	SILVA Afonso Mar	06	CNF	30.58	50m	23-02-20	Funchal	319
22.	PIRES Alexandre Santos	06	CNOL	30.78	50m	12-06-21	Loulé	313
23.	MARQUES Joao Ferreira	06	AAC	30.88	50m	11-01-20	Coimbra	310
24.	GASPAR Goncalo Apostolo	06	JFP	31.23	50m	11-01-20	Coimbra	300
25.	TEIXEIRA Gabriel Cunha	06	CSAAXXI	31.24	50m	11-01-20	Coimbra	299
26.	GUERREIRO Diogo Alexandre	06	LDC	31.28	50m	12-06-21	Loulé	298
27.	TRINDADE Vasco Cabrita	06	ACS	31.64	50m	12-06-21	Loulé	288
28.	SOARES Pedro Silva	06	PORTIN	31.97	50m	12-06-21	Loulé	279
29.	MACHADO Joao Afonso	06	GRVM	32.15	50m	11-01-20	Coimbra	275
30.	CAIRES Joao Gomes	06	CNF	32.55	50m	23-02-20	Funchal	265
31.	FERNANDES Henrique Figueira	06	CNBE	33.81	50m	19-06-21	Loulé	236
32.	CASTRO Mateus Pereira	06	CEOL	34.05	50m	23-02-20	Funchal	231
33.	NACHYCHKO Maximo	06	CNF	34.12	50m	23-02-20	Funchal	230
34.	CORREIA Miguel Alberto	06	ACS	34.13	50m	12-06-21	Loulé	229
35.	MOREIRA Ricardo Lopes	06	PORTIN	34.42	50m	12-06-21	Loulé	224
36.	TEMES Joao Caires	06	JACL	34.83	50m	23-02-20	Funchal	216
37.	NEVES Diogo Fonseca	06	CSAAXXI	36.42	50m	11-01-20	Coimbra	189
38.	STEFLEA Andre Sergio	06	CDSR	36.51	50m	23-02-20	Funchal	187
39.	CARREIRA Ernani Afonso	06	CDN	37.62	50m	23-02-20	Funchal	171
40.	FERNANDES Afonso Freitas	06	JACL	40.19	50m	23-02-20	Funchal	140
41.	RODRIGUES Francisco Simoes	06	FBSC	40.80	50m	25-04-21	Porto	134
42.	NASCIMENTO Luis Carlos	06	FCP	1:48.99	50m	08-12-19	Povoa de Varzim	7

100 Livres

1.	VIEIRA Antonio Coelho	06	SCP	56.26	50m	29-05-21	Rio Maior	579
2.	RODRIGUES Rodrigo Vieira	06	SCE	56.41	50m	06-06-21	Porto	575
2.	DENISOV Micael Dmitrievich	06	ADBA	56.41	50m	12-06-21	Badajoz (ESP)	575
4.	JAEN Adrian Martinez	06	LDC	56.97	50m	13-06-21	Loulé	558
5.	BONNIZ Pedro Goncalves	06	GESL	57.34	50m	29-05-21	Rio Maior	547
6.	BAPTISTA Guilherme Fernandes	06	SLB	57.53	50m	29-05-21	Rio Maior	542
7.	TAVARES Daniel Batista	06	NBM	57.60	50m	29-05-21	Coimbra	540
8.	LEMOS Gil Santos	06	PIMP	57.70	50m	29-05-21	Rio Maior	537
9.	ROQUE Tomas Nunes	06	SLB	57.81	50m	29-05-21	Rio Maior	534
10.	JANUARIO Tomas Maia	06	GESL	57.86	50m	29-05-21	Rio Maior	532
11.	LOUREIRO Bruno Silva	06	FCP	58.06	50m	29-05-21	Coimbra	527
11.	FOMIN Yury	06	LDC	58.06	50m	13-06-21	Loulé	527
13.	SILVA Francisco Araujo	06	GDNFAMA	58.17	50m	29-05-21	Coimbra	524
14.	MARTINS Henrique Ferreira	06	CSAXXI	58.36	50m	29-05-21	Coimbra	519
15.	FERNANDES Duarte Jose	06	CUC	58.73	50m	29-05-21	Coimbra	509
16.	JIMENEZ Nicolas Manzano	06	LDC	58.97	50m	29-05-21	Rio Maior	503
17.	FERRAZ Luis Afonso	06	CNF	59.72	50m	29-05-21	Rio Maior	484
18.	SILVA Pedro Marques	06	ADBA	59.74	50m	29-05-21	Rio Maior	484
19.	RODRIGUES Joao Carvalho	06	CGA	1:00.06	50m	29-05-21	Coimbra	476
20.	ROCHA Miguel Azevedo	06	ADP	1:00.08	50m	29-05-21	Coimbra	475
21.	FARIA Eduardo Nuno	06	SCB	1:00.09	50m	29-05-21	Coimbra	475
22.	FERREIRA Joao Rafael	06	FBSC	1:00.28	50m	29-05-21	Coimbra	471
22.	SANTOS Tomas Nolan	06	FBSC	1:00.28	50m	29-05-21	Coimbra	471
24.	PINTO Romulo Neves	06	CCLAMAS	1:00.30	50m	29-05-21	Coimbra	470
25.	LOURENCO Francisco Campos	06	CNV	1:00.54	50m	29-05-21	Coimbra	465
26.	DURAKOV Erhan Asanov	06	GCNF	1:00.88	50m	19-06-21	Loulé	457
27.	FRAZAO Francisco Couto	06	CUC	1:00.91	50m	29-05-21	Coimbra	456
28.	TOMAS Afonso Vidal	06	ALN	1:01.48	50m	08-05-21	Coimbra	444
29.	SIMOES Filipe Cruz	06	CNMC	1:01.70	50m	08-05-21	Coimbra	439
30.	GONCALVES Pedro Sousa	06	CNOL	1:01.85	50m	19-06-21	Loulé	436
31.	GONCALVES Martim Luis	06	CDN	1:02.30	50m	19-06-21	Funchal	426
32.	JIMENEZ Alvaro Hurtado	06	LDC	1:02.34	50m	13-06-21	Loulé	426
32.	FALEIRO Iago Valentim	06	ACS	1:02.34	50m	19-06-21	Loulé	426
34.	OLIVEIRA Tomas Varanda	06	SCC	1:02.44	50m	08-05-21	Coimbra	424
35.	DIAS Diogo Guerreiro	06	ACS	1:02.63	50m	19-06-21	Loulé	420
36.	CRUZ Rodrigo Costa	06	AAC	1:02.83	50m	08-05-21	Coimbra	416
37.	PEREIRA Guilherme Marques	06	CAQC	1:03.49	50m	29-05-21	Coimbra	403
38.	NEVES Diogo Cura	06	CAQC	1:03.51	50m	08-05-21	Coimbra	402
39.	PONTE Miguel Andre	06	GCNF	1:03.52	50m	19-06-21	Loulé	402
40.	PAULOS Joao Afonso	06	CNF	1:03.74	50m	28-02-20	Funchal	398
41.	CONCEICAO Rodrigo Santos	06	CNPO	1:03.85	50m	19-12-20	Povoa do Varzim	396
42.	PINTO Mark Ronald	06	GCNF	1:04.53	50m	13-06-21	Loulé	384
43.	MENDES Edgar Tavares	06	AAC	1:04.55	50m	08-05-21	Coimbra	383
44.	SETIM Joao Oliveira	06	CNF	1:04.74	50m	28-02-20	Funchal	380
45.	PITA Pedro Miguel	06	CNF	1:04.92	50m	28-02-20	Funchal	377
46.	SILVA Joao Luis	06	CEOL	1:04.99	50m	25-01-20	Funchal	376
47.	GARANITO Simao Silva	06	CNF	1:05.10	50m	28-02-20	Funchal	374
48.	GABRIELE Luca Graca	06	PORTIN	1:05.25	50m	19-06-21	Loulé	371
49.	OLIVEIRA Carlos Miguel	06	FBSC	1:05.30	50m	09-05-21	Coimbra	370
50.	LUIS Alexandre Miguel	06	ABR	1:05.49	50m	19-06-21	Loulé	367
51.	CARVALHO Pedro Fernandes	06	CNMC	1:05.86	50m	08-05-21	Coimbra	361
52.	ABREU Joao Francisco	06	CNF	1:06.35	50m	28-02-20	Funchal	353
53.	FISTICANU Nicolae	06	GCNF	1:06.36	50m	13-06-21	Loulé	353

100 Livres (desde 54)

54.	TEIXEIRA Gabriel Cunha	06	CSAAXXI	1:06.42	50m	22-02-20	Coimbra	352
55.	MACHADO Bernardo Magalhaes	06	CDN	1:06.88	50m	22-02-20	Funchal	345
56.	GASPAR Miguel Cunha	06	SCC	1:06.93	50m	08-05-21	Coimbra	344
57.	TRISTAO Pedro Macara	06	PORTIN	1:06.96	50m	13-06-21	Loulé	343
58.	MENDONCA Joao Maria	06	GCNF	1:07.16	50m	19-06-21	Loulé	340
59.	PINHEIRO Miguel Joao	06	AAC	1:07.69	50m	08-05-21	Coimbra	332
60.	ALVES Pedro Miguel	06	CDN	1:08.05	50m	19-06-21	Funchal	327
61.	SILVA Afonso Mar	06	CNF	1:08.40	50m	28-02-20	Funchal	322
62.	MELO Lourenco Filipe	06	CNPDL	1:08.54	50m	02-02-20	Povoa de Varzim	320
63.	GUERREIRO Diogo Alexandre	06	LDC	1:08.84	50m	13-06-21	Loulé	316
64.	PIRES Alexandre Santos	06	CNOL	1:09.11	50m	13-06-21	Loulé	312
65.	MELENTI Nuno Miguel	06	LDC	1:10.69	50m	13-06-21	Loulé	292
66.	PAZ Simao Domingues	06	CNMC	1:11.08	50m	08-05-21	Coimbra	287
67.	CAIRES Joao Gomes	06	CNF	1:11.15	50m	28-02-20	Funchal	286
68.	DUARTE Rodrigo Neves	06	ALN	1:11.38	50m	08-05-21	Coimbra	283
69.	FRANCISCO Afonso Jose	06	CNMC	1:11.92	50m	08-05-21	Coimbra	277
70.	LIMA Antonio Novak	06	ABR	1:12.71	50m	19-06-21	Loulé	268
71.	TRINDADE Vasco Cabrita	06	ACS	1:12.75	50m	13-06-21	Loulé	268
72.	CATARINO Simao Pimenta	06	FBSC	1:13.06	50m	08-05-21	Coimbra	264
73.	SOARES Pedro Silva	06	PORTIN	1:13.47	50m	19-06-21	Loulé	260
74.	TEMES Joao Caires	06	JACL	1:13.87	50m	28-02-20	Funchal	256
75.	CORREIA Miguel Alberto	06	ACS	1:13.96	50m	19-06-21	Loulé	255
76.	CASTRO Mateus Pereira	06	CEOL	1:16.03	50m	28-02-20	Funchal	234
77.	NACHYCHKO Maximo	06	CNF	1:16.26	50m	28-02-20	Funchal	232
78.	OLIVEIRA Bernardo Antonio	06	CNF	1:19.19	50m	22-02-20	Funchal	207
79.	VIEIRA Tiago Pestana	06	CNF	1:19.88	50m	28-02-20	Funchal	202
80.	STEFLEA Andre Sergio	06	CDSR	1:20.17	50m	28-02-20	Funchal	200
81.	CARREIRA Ernani Afonso	06	CDN	1:22.82	50m	28-02-20	Funchal	181
82.	ROCHA Simao Pedro	06	CAP	1:24.56	50m	07-12-19	Povoa de Varzim	170
83.	FERNANDES Afonso Freitas	06	JACL	1:33.27	50m	22-02-20	Funchal	127
84.	CRO Nuno Afonso	06	CDSR	1:46.19	50m	25-01-20	Funchal	86
85.	NASCIMENTO Luis Carlos	06	FCP	3:47.59	50m	07-12-19	Povoa de Varzim	8

200 Livres

1.	ELACHARAFI Ilias Elfallaki	06	LDC	2:00.61	50m	29-05-21	Rio Maior	604
2.	DENISOV Micael Dmitrievich	06	ADBA	2:04.51	50m	27-03-21	Coimbra	549
3.	BINYAS Eduardo	06	CNRM	2:05.08	50m	29-05-21	Rio Maior	542
4.	JIMENEZ Nicolas Manzano	06	LDC	2:05.64	50m	29-05-21	Rio Maior	535
5.	VIEIRA Antonio Coelho	06	SCP	2:05.91	50m	29-05-21	Rio Maior	531
6.	BAPTISTA Guilherme Fernando	06	SLB	2:06.20	50m	29-05-21	Rio Maior	527
7.	TAVARES Daniel Batista	06	NBM	2:06.24	50m	29-05-21	Coimbra	527
8.	JANUARIO Tomas Maia	06	GESL	2:07.04	50m	29-05-21	Rio Maior	517
9.	SILVA Francisco Araujo	06	GDNFAMA	2:07.65	50m	29-05-21	Coimbra	510
10.	SANTOS Rui Miguel	06	GDNFAMA	2:07.83	50m	29-05-21	Coimbra	508
11.	LOUREIRO Bruno Silva	06	FCP	2:07.87	50m	29-05-21	Coimbra	507
12.	RODRIGUES Rodrigo Vieira	06	SCE	2:07.91	50m	29-05-21	Coimbra	507
13.	LEMONS Gil Santos	06	PIMP	2:07.94	50m	29-05-21	Rio Maior	506
14.	FRAZAO Francisco Couto	06	CUC	2:08.00	50m	29-05-21	Coimbra	506
15.	FARIA Eduardo Nuno	06	SCB	2:08.46	50m	05-06-21	Porto	500
16.	FAFTINE Kaio Araujo	06	CNM	2:08.55	50m	14-04-21	Maputo (MOZ)	499
17.	JEVIC Milan Santos	06	SCB	2:08.89	50m	05-06-21	Porto	495
18.	FERRAZ Luis Afonso	06	CNF	2:09.14	50m	29-05-21	Rio Maior	492

200 Livres (desde 19)

19.	TIGRE Pedro Bethlem	06	SCP	2:09.18	50m	29-05-21	Rio Maior	492
20.	MARTINS Henrique Ferreira	06	CSAAXXI	2:10.62	50m	29-05-21	Coimbra	476
21.	GOMES Rafael Rodrigues	06	CNTEJO	2:10.79	50m	29-05-21	Rio Maior	474
22.	FERREIRA Joao Rafael	06	FBSC	2:11.04	50m	29-05-21	Coimbra	471
23.	SILVA Francisco Barbosa	06	CFV	2:11.08	50m	29-05-21	Coimbra	471
24.	PISSARRA Rodrigo Figueiredo	06	GESL	2:11.65	50m	29-05-21	Rio Maior	465
25.	CORREIA Tiago Almeida	06	CNMJ	2:12.38	50m	29-05-21	Rio Maior	457
26.	LUCAS Joao Neves	06	SCC	2:13.71	50m	29-05-21	Coimbra	443
27.	BONNIZ Pedro Goncalves	06	GESL	2:15.40	50m	29-05-21	Rio Maior	427
28.	PINTO Mark Ronald	06	GCNF	2:16.11	50m	29-05-21	Rio Maior	420
29.	FERNANDES Duarte Jose	06	CUC	2:17.21	50m	22-02-20	Coimbra	410
30.	OLIVEIRA Tomas Varanda	06	SCC	2:18.53	50m	22-02-20	Coimbra	399
31.	PAULOS Joao Afonso	06	CNF	2:19.80	50m	29-02-20	Funchal	388
32.	SANTOS Tomas Nolan	06	FBSC	2:20.47	50m	08-05-21	Coimbra	382
33.	PEREIRA Tomas Veiga	06	FBSC	2:20.91	50m	08-05-21	Coimbra	379
34.	GASPAR Miguel Cunha	06	SCC	2:20.96	50m	08-05-21	Coimbra	378
35.	MENDES Edgar Tavares	06	AAC	2:22.00	50m	08-05-21	Coimbra	370
36.	PITA Pedro Miguel	06	CNF	2:23.11	50m	29-02-20	Funchal	362
37.	SETIM Joao Oliveira	06	CNF	2:23.61	50m	29-02-20	Funchal	358
38.	OLIVEIRA Carlos Miguel	06	FBSC	2:24.37	50m	08-05-21	Coimbra	352
39.	GARANITO Simao Silva	06	CNF	2:24.44	50m	29-02-20	Funchal	352
40.	PIRES Gustavo Teixeira	06	SCC	2:25.40	50m	08-05-21	Coimbra	345
41.	ARAUJO Miguel Bernardo	06	CAQC	2:26.96	50m	22-02-20	Coimbra	334
42.	TOMAS Afonso Vidal	06	ALN	2:29.27	50m	22-02-20	Coimbra	319
43.	RODRIGUES Bruno Costa	06	SCC	2:29.48	50m	22-02-20	Coimbra	317
44.	ALVES Pedro Miguel	06	CDN	2:30.22	50m	19-06-21	Funchal	313
45.	CARVALHO Francisco Cruz	06	CPSPA	2:30.30	50m	22-02-20	Coimbra	312
46.	ABREU Joao Francisco	06	CNF	2:31.41	50m	22-02-20	Funchal	305
47.	MELO Lourenco Filipe	06	CNPDL	2:31.86	50m	01-02-20	Povoa de Varzim	303
48.	SILVA Joao Luis	06	CEOL	2:32.33	50m	29-02-20	Funchal	300
49.	GASPAR Goncalo Apostolo	06	JFP	2:33.04	50m	22-02-20	Coimbra	296
50.	DUARTE Rodrigo Neves	06	ALN	2:33.09	50m	08-05-21	Coimbra	295
51.	SILVA Afonso Mar	06	CNF	2:37.67	50m	29-02-20	Funchal	270
52.	DIAS Henrique Tavares	06	CNAC	2:39.71	50m	22-02-20	Coimbra	260
53.	GONCALVES Martim Luis	06	CDN	2:41.02	50m	25-01-20	Funchal	254
54.	CARVALHO Pedro Fernandes	06	CNMC	2:43.51	50m	22-02-20	Coimbra	242
55.	CATARINO Simao Pimenta	06	FBSC	2:45.34	50m	08-05-21	Coimbra	234
56.	CAIRES Joao Gomes	06	CNF	2:46.31	50m	29-02-20	Funchal	230
57.	TEMES Joao Caires	06	JACL	2:47.55	50m	29-02-20	Funchal	225
58.	MACHADO Joao Afonso	06	GRVM	2:49.12	50m	22-02-20	Coimbra	219
59.	NACHYCHKO Maximo	06	CNF	2:51.21	50m	29-02-20	Funchal	211
60.	CASTRO Mateus Pereira	06	CEOL	2:51.42	50m	29-02-20	Funchal	210
61.	PAZ Simao Domingues	06	CNMC	2:52.44	50m	22-02-20	Coimbra	206
62.	STEFLEA Andre Sergio	06	CDSR	2:54.17	50m	29-02-20	Funchal	200
63.	VIEIRA Rodrigo Leal	06	ADM	2:55.99	50m	22-02-20	Funchal	194
64.	CARREIRA Ermani Afonso	06	CDN	3:03.34	50m	29-02-20	Funchal	172
65.	VIVEIROS Pedro Perestrelo	06	ADM	3:07.87	50m	22-02-20	Funchal	160
66.	FERNANDES Afonso Freitas	06	JACL	3:32.23	50m	22-02-20	Funchal	111

400 Livres

1.	ELACHARAFI Ilias Elfallaki	06	LDC	4:24.00	50m	30-05-21	Rio Maior	579
2.	SANTOS Rui Miguel	06	GDNFAMA	4:27.96	50m	30-05-21	Coimbra	553
3.	FOMIN Yury	06	LDC	4:30.03	50m	13-06-21	Loulé	541
4.	LOUREIRO Bruno Silva	06	FCP	4:30.54	50m	30-05-21	Coimbra	538
5.	BINYAS Eduardo	06	CNRM	4:30.83	50m	30-05-21	Rio Maior	536
6.	BAPTISTA Guilherme Fernandes	06	SLB	4:30.95	50m	30-05-21	Rio Maior	535
7.	TIGRE Pedro Bethlem	06	SCP	4:32.22	50m	30-05-21	Rio Maior	528
8.	FRAZAO Francisco Couto	06	CUC	4:34.61	50m	30-05-21	Coimbra	514
9.	FAFTINE Kaio Araujo	06	CNM	4:34.75	50m	14-04-21	Maputo (MOZ)	513
10.	TAVARES Daniel Batista	06	NBM	4:34.81	50m	30-05-21	Coimbra	513
11.	ALVES Andre Correia	06	SFUAP	4:35.00	50m	30-05-21	Rio Maior	512
12.	CORREIA Tiago Almeida	06	CNMJ	4:36.15	50m	30-05-21	Rio Maior	506
13.	FERRAZ Luis Afonso	06	CNF	4:37.32	50m	30-05-21	Rio Maior	499
14.	SIMOES Manuel Costa	06	CDCP	4:37.52	50m	30-05-21	Rio Maior	498
15.	MARQUES Jose Miguel	06	CAQC	4:37.53	50m	09-05-21	Coimbra	498
16.	DURAO Miguel Costa	06	SCB	4:37.67	50m	30-05-21	Coimbra	497
17.	MAGALHAES Goncalo Sa	06	LSC	4:38.00	50m	30-05-21	Coimbra	496
18.	RAMOS Gustavo Gomes	06	FCP	4:38.65	50m	30-05-21	Coimbra	492
19.	ROQUE Tomas Nunes	06	SLB	4:40.35	50m	30-05-21	Rio Maior	483
20.	FIGUEIREDO Joao Pinto	06	CRASTO	4:41.93	50m	30-05-21	Coimbra	475
21.	GONCALVES Martim Luis	06	CDN	4:42.19	50m	30-05-21	Rio Maior	474
22.	PISSARRA Rodrigo Figueiredo	06	GESL	4:44.01	50m	30-05-21	Rio Maior	465
23.	SIMOES Filipe Cruz	06	CNMC	4:45.12	50m	09-05-21	Coimbra	459
24.	FERREIRA Joao Rafael	06	FBSC	4:46.54	50m	09-05-21	Coimbra	453
25.	MARTINS Henrique Ferreira	06	CSAAXXI	4:46.99	50m	30-05-21	Coimbra	450
26.	FIGUEIRA Diogo Morgado	06	CPCD	4:47.37	50m	30-05-21	Rio Maior	449
27.	LUCAS Joao Neves	06	SCC	4:47.59	50m	09-05-21	Coimbra	448
28.	GONCALVES Pedro Sousa	06	CNOL	4:50.41	50m	13-06-21	Loulé	435
29.	PINTO Mark Ronald	06	GCNF	4:51.34	50m	13-06-21	Loulé	431
30.	PEREIRA Tomas Veiga	06	FBSC	4:52.32	50m	09-05-21	Coimbra	426
31.	TOMAS Afonso Vidal	06	ALN	4:53.81	50m	09-05-21	Coimbra	420
32.	GASPAR Miguel Cunha	06	SCC	4:55.64	50m	09-05-21	Coimbra	412
33.	SANTOS Tomas Nolan	06	FBSC	4:58.65	50m	09-05-21	Coimbra	400
34.	PEREIRA Guilherme Marques	06	CAQC	4:59.68	50m	11-01-20	Coimbra	396
35.	PITA Pedro Miguel	06	CNF	5:02.32	50m	01-03-20	Funchal	385
36.	GARANITO Simao Silva	06	CNF	5:03.16	50m	01-03-20	Funchal	382
37.	DURAKOV Erhan Asanov	06	GCNF	5:04.86	50m	13-06-21	Loulé	376
38.	ABREU Joao Francisco	06	CNF	5:09.00	50m	01-03-20	Funchal	361
39.	ARAUJO Miguel Bernardo	06	CAQC	5:09.54	50m	11-01-20	Coimbra	359
40.	CONCEICAO Rodrigo Santos	06	CNPO	5:10.72	50m	19-12-20	Povoa do Varzim	355
41.	TEIXEIRA Gabriel Cunha	06	CSAAXXI	5:11.92	50m	11-01-20	Coimbra	351
42.	FALEIRO Iago Valentim	06	ACS	5:12.28	50m	13-06-21	Loulé	349
43.	MACHADO Bernardo Magalhaes	06	CDN	5:20.29	50m	22-02-20	Funchal	324
44.	ALVES Pedro Miguel	06	CDN	5:22.97	50m	22-02-20	Funchal	316
45.	NEVES Diogo Cura	06	CAQC	5:23.50	50m	11-01-20	Coimbra	314
46.	DIAS Henrique Tavares	06	CNAC	5:23.75	50m	11-01-20	Coimbra	314
47.	PINHEIRO Miguel Joao	06	AAC	5:25.97	50m	11-01-20	Coimbra	307
48.	MENDES Edgar Tavares	06	AAC	5:28.66	50m	11-01-20	Coimbra	300
49.	OLIVEIRA Carlos Miguel	06	FBSC	5:30.93	50m	11-01-20	Coimbra	294
50.	MARQUES Joao Ferreira	06	AAC	5:32.11	50m	11-01-20	Coimbra	290
51.	CORREIA Miguel Alberto	06	ACS	5:43.18	50m	13-06-21	Loulé	263
52.	STEFLEA Andre Sergio	06	CDSR	6:10.47	50m	22-02-20	Funchal	209
53.	CATARINO Simao Pimenta	06	FBSC	6:22.11	50m	11-01-20	Coimbra	191

400 Livres (desde 54)

54.	CARREIRA Ernani Afonso	06	CDN	6:23.05	50m	22-02-20	Funchal	189
55.	ROCHA Simao Pedro	06	CAP	6:27.60	50m	08-12-19	Povoa de Varzim	183

800 Livres

1.	ELACHARAFI Ilias Elfallaki	06	LDC	8:54.21	50m	30-05-21	Rio Maior	606
2.	LOUREIRO Bruno Silva	06	FCP	9:08.35	50m	30-05-21	Coimbra	560
3.	SANTOS Rui Miguel	06	GDNFAMA	9:09.17	50m	30-05-21	Coimbra	558
4.	FOMIN Yury	06	LDC	9:21.18	50m	19-06-21	Loulé	522
5.	DURAO Miguel Costa	06	SCB	9:28.55	50m	30-05-21	Coimbra	502
6.	ALVES Andre Correia	06	SFUAP	9:28.74	50m	30-05-21	Rio Maior	502
7.	FERNANDES Duarte Jose	06	CUC	9:29.37	50m	09-05-21	Coimbra	500
8.	FAFTINE Kaio Araujo	06	CNM	9:29.72	50m	14-04-21	Maputo (MOZ)	499
9.	MARQUES Jose Miguel	06	CAQC	9:31.41	50m	09-05-21	Coimbra	495
10.	SIMOES Manuel Costa	06	CDCP	9:32.39	50m	30-05-21	Rio Maior	492
11.	TAVARES Daniel Batista	06	NBM	9:39.83	50m	30-05-21	Coimbra	474
12.	RAMOS Gustavo Gomes	06	FCP	9:41.49	50m	30-05-21	Coimbra	470
13.	PEREIRA Tomas Veiga	06	FBSC	9:49.98	50m	30-05-21	Coimbra	450
14.	LUCAS Joao Neves	06	SCC	9:53.97	50m	30-05-21	Coimbra	441
15.	CALHANDRO Guilherme Oliveir	06	CNMAIA	10:22.63	50m	30-05-21	Coimbra	382
16.	DIAS Diogo Guerreiro	06	ACS	11:09.68	50m	19-06-21	Loulé	307
17.	FALEIRO Iago Valentim	06	ACS	11:14.69	50m	19-06-21	Loulé	300
18.	PIRES Alexandre Santos	06	CNOL	11:30.43	50m	19-06-21	Loulé	280
19.	CORREIA Miguel Alberto	06	ACS	12:11.19	50m	19-06-21	Loulé	236

1500 Livres

1.	ELACHARAFI Ilias Elfallaki	06	LDC	17:00.81	50m	29-05-21	Rio Maior	621
2.	FARIA Eduardo Nuno	06	SCB	17:31.14	50m	29-05-21	Coimbra	568
3.	JEVIC Milan Santos	06	SCB	17:35.20	50m	29-05-21	Coimbra	562
4.	TIGRE Pedro Bethlem	06	SCP	17:36.05	50m	29-05-21	Rio Maior	561
5.	SANTOS Rui Miguel	06	GDNFAMA	17:36.39	50m	29-05-21	Coimbra	560
6.	BINYAS Eduardo	06	CNRM	17:50.08	50m	29-05-21	Rio Maior	539
7.	FOMIN Yury	06	LDC	17:50.50	50m	12-06-21	Loulé	538
8.	LOUREIRO Bruno Silva	06	FCP	17:52.77	50m	29-05-21	Coimbra	535
9.	DURAO Miguel Costa	06	SCB	18:06.08	50m	29-05-21	Coimbra	515
10.	CASTRO Vasco Monteiro	06	FCP	18:08.44	50m	29-05-21	Coimbra	512
11.	ALVES Andre Correia	06	SFUAP	18:19.43	50m	29-05-21	Rio Maior	497
12.	FAFTINE Kaio Araujo	06	CNM	18:23.22	50m	14-04-21	Maputo (MOZ)	492
13.	MESQUITA Rodrigo Andrade	06	SCP	18:25.91	50m	29-05-21	Rio Maior	488
14.	PIRES Gustavo Teixeira	06	SCC	18:28.98	50m	29-05-21	Coimbra	484
15.	MARQUES Jose Miguel	06	CAQC	18:37.36	50m	08-05-21	Coimbra	473
16.	FIGUEIREDO Joao Pinto	06	CRASTO	18:40.12	50m	29-05-21	Coimbra	470
17.	PEREIRA Tomas Veiga	06	FBSC	18:42.10	50m	29-05-21	Coimbra	467
18.	LUCAS Joao Neves	06	SCC	19:06.15	50m	29-05-21	Coimbra	438
19.	FERREIRA Joao Rafael	06	FBSC	19:12.93	50m	08-05-21	Coimbra	431
20.	GASPAR Miguel Cunha	06	SCC	19:16.30	50m	08-05-21	Coimbra	427
21.	PANASYUK Nil	06	SCB	19:23.08	50m	29-05-21	Coimbra	420
22.	GONCALVES Pedro Sousa	06	CNOL	19:24.34	50m	12-06-21	Loulé	418
23.	RODRIGUES Francisco Manuel	06	CNH	19:25.19	50m	29-05-21	Rio Maior	417
24.	CALHANDRO Guilherme Oliveir	06	CNMAIA	19:43.07	50m	29-05-21	Coimbra	399
25.	MACHADO Bernardo Magalhae	06	CDN	19:58.57	50m	28-02-20	Funchal	383
26.	PEREIRA Guilherme Marques	06	CAQC	20:11.52	50m	22-02-20	Coimbra	371

1500 Livres (desde 27)

27.	GONCALVES Martim Luis	06	CDN	20:16.47	50m	28-02-20	Funchal	367
28.	DIAS Henrique Tavares	06	CNAC	22:03.23	50m	22-02-20	Coimbra	285

50 Costas

1.	ROCHA Miguel Azevedo	06	ADP	29.32	50m	06-06-21	Porto	548
2.	FOMIN Yury	06	LDC	29.78	50m	25-04-21	Coimbra	523
3.	OLIVEIRA Tomas Ferreira	06	CNMAIA	30.58	50m	06-06-21	Porto	483
4.	MELO Lourenco Filipe	06	CNPDL	31.66	50m	06-06-21	Porto	435
5.	PEREIRA Guilherme Marques	06	CAQC	31.93	50m	25-04-21	Coimbra	424
6.	DURAKOV Erhan Asanov	06	GCNF	33.15	50m	20-06-21	Loulé	379
7.	CRUZ Rodrigo Costa	06	AAC	33.35	50m	08-05-21	Coimbra	372
8.	LUIS Alexandre Miguel	06	ABR	33.60	50m	20-06-21	Loulé	364
9.	NEVES Diogo Cura	06	CAQC	33.76	50m	25-04-21	Coimbra	359
10.	ALVES Pedro Miguel	06	CDN	34.01	50m	20-06-21	Funchal	351
11.	MACHADO Bernardo Magalhaes	06	CDN	34.44	50m	23-02-20	Funchal	338
12.	PONTE Miguel Andre	06	GCNF	34.45	50m	20-06-21	Loulé	338
13.	TRISTAO Pedro Macara	06	PORTIN	35.17	50m	12-06-21	Loulé	317
14.	GONCALVES Pedro Sousa	06	CNOL	35.29	50m	20-06-21	Loulé	314
15.	CARVALHO Pedro Fernandes	06	CNMC	35.31	50m	08-05-21	Coimbra	314
16.	PINHEIRO Miguel Joao	06	AAC	35.71	50m	08-05-21	Coimbra	303
17.	SANTOS Tomas Nolan	06	FBSC	35.72	50m	11-01-20	Coimbra	303
18.	PIRES Alexandre Santos	06	CNOL	36.58	50m	12-06-21	Loulé	282
19.	DUARTE Rodrigo Neves	06	ALN	37.62	50m	08-05-21	Coimbra	259
20.	MENDONCA Joao Maria	06	GCNF	38.15	50m	20-06-21	Loulé	248
21.	GARANITO Simao Silva	06	CNF	38.19	50m	23-02-20	Funchal	248
22.	LIMA Antonio Novak	06	ABR	40.01	50m	20-06-21	Loulé	215
23.	MELENTI Nuno Miguel	06	LDC	43.24	50m	20-06-21	Loulé	170
24.	NEVES Diogo Fonseca	06	CSAAXXI	43.47	50m	11-01-20	Coimbra	168
25.	ROCHA Simao Pedro	06	CAP	45.66	50m	25-04-21	Porto	145
26.	MOREIRA Ricardo Lopes	06	PORTIN	46.23	50m	12-06-21	Loulé	139
27.	RODRIGUES Francisco Simoes	06	FBSC	46.46	50m	25-04-21	Porto	137
28.	NASCIMENTO Luis Carlos	06	FCP	1:21.58	50m	08-12-19	Povoa de Varzim	25

100 Costas

1.	RODRIGUES Rodrigo Vieira	06	SCE	1:02.72	50m	30-05-21	Coimbra	564
2.	JIMENEZ Nicolas Manzano	06	LDC	1:02.98	50m	30-05-21	Rio Maior	558
3.	SILVA Francisco Araujo	06	GDNFAMA	1:03.15	50m	05-06-21	Porto	553
4.	VIEIRA Antonio Coelho	06	SCP	1:03.16	50m	30-05-21	Rio Maior	553
5.	JANUARIO Tomas Maia	06	GESL	1:03.33	50m	30-05-21	Rio Maior	548
6.	PITA Pedro Miguel	06	CNF	1:03.40	50m	30-05-21	Rio Maior	546
7.	DENISOV Micael Dmitrievich	06	ADBA	1:04.50	50m	30-05-21	Rio Maior	519
8.	FOMIN Yury	06	LDC	1:04.65	50m	24-04-21	Coimbra	515
9.	HERRERO Miguel Mera	06	SCP	1:04.98	50m	30-05-21	Rio Maior	508
10.	ROCHA Miguel Azevedo	06	ADP	1:05.09	50m	05-06-21	Porto	505
11.	OLIVEIRA Tomas Ferreira	06	CNMAIA	1:06.17	50m	30-05-21	Coimbra	481
12.	SILVA Pedro Marques	06	ADBA	1:06.49	50m	13-06-21	Badajoz (ESP)	474
13.	CASTRO Vasco Monteiro	06	FCP	1:06.59	50m	30-05-21	Coimbra	472
14.	ANTUNES Martim Barata	06	SLB	1:07.46	50m	30-05-21	Rio Maior	454
15.	DURAO Miguel Costa	06	SCB	1:07.93	50m	30-05-21	Coimbra	444
16.	JESUS Luis Duarte	06	CGA	1:08.19	50m	30-05-21	Coimbra	439
17.	LEMOS Gil Santos	06	PIMP	1:08.30	50m	30-05-21	Rio Maior	437

100 Costas (desde 18)

18.	SILVA Francisco Barbosa	06	CFV	1:08.32	50m	30-05-21	Coimbra	437
19.	PEREIRA Guilherme Marques	06	CAQC	1:08.41	50m	30-05-21	Coimbra	435
20.	ALVES Andre Correia	06	SFUAP	1:08.52	50m	30-05-21	Rio Maior	433
21.	TOMAS Afonso Vidal	06	ALN	1:08.95	50m	30-05-21	Coimbra	425
22.	PINTO Romulo Neves	06	CCLAMAS	1:09.10	50m	30-05-21	Coimbra	422
23.	CARVALHO Artur Guterres	06	CFV	1:09.20	50m	30-05-21	Coimbra	420
24.	MENDONCA Luiz Henrique	06	GESL	1:09.30	50m	30-05-21	Rio Maior	418
25.	ALMEIDA Afonso Miguel	06	CGA	1:09.70	50m	30-05-21	Coimbra	411
26.	SILVA Joao Luis	06	CEOL	1:09.83	50m	30-05-21	Rio Maior	409
27.	CONCEICAO Rodrigo Santos	06	CNPO	1:09.86	50m	19-12-20	Povoa do Varzim	408
27.	OLIVEIRA Tomas Varanda	06	SCC	1:09.86	50m	09-05-21	Coimbra	408
29.	FRAZAO Francisco Couto	06	CUC	1:10.05	50m	09-05-21	Coimbra	405
30.	SIMOES Filipe Cruz	06	CNMC	1:10.77	50m	09-05-21	Coimbra	393
31.	LUIS Alexandre Miguel	06	ABR	1:11.88	50m	19-06-21	Loulé	375
32.	ALVES Pedro Miguel	06	CDN	1:12.33	50m	19-06-21	Funchal	368
33.	DURAKOV Erhan Asanov	06	GCNF	1:12.35	50m	19-06-21	Loulé	368
34.	PONTE Miguel Andre	06	GCNF	1:13.18	50m	19-06-21	Loulé	355
35.	FERREIRA Joao Rafael	06	FBSC	1:13.27	50m	09-05-21	Coimbra	354
36.	GASPAR Miguel Cunha	06	SCC	1:14.76	50m	09-05-21	Coimbra	333
37.	CARVALHO Pedro Fernandes	06	CNMC	1:14.83	50m	09-05-21	Coimbra	332
38.	GONCALVES Martim Luis	06	CDN	1:15.33	50m	29-02-20	Funchal	326
39.	ABREU Joao Francisco	06	CNF	1:16.15	50m	29-02-20	Funchal	315
40.	MACHADO Bernardo Magalhaes	06	CDN	1:16.82	50m	29-02-20	Funchal	307
41.	MELO Lourenco Filipe	06	CNPDL	1:17.18	50m	01-02-20	Povoa de Varzim	303
42.	TRISTAO Pedro Macara	06	PORTIN	1:17.36	50m	13-06-21	Loulé	301
43.	GASPAR Goncalo Apostolo	06	JFP	1:17.51	50m	22-02-20	Coimbra	299
44.	FERRAZ Luis Afonso	06	CNF	1:19.02	50m	29-02-20	Funchal	282
45.	SANTOS Tomas Nolan	06	FBSC	1:20.53	50m	22-02-20	Coimbra	266
46.	CARVALHO Francisco Cruz	06	CPSPA	1:20.90	50m	22-02-20	Coimbra	263
47.	TEIXEIRA Gabriel Cunha	06	CSAAXXI	1:21.61	50m	22-02-20	Coimbra	256
48.	OLIVEIRA Carlos Miguel	06	FBSC	1:21.62	50m	22-02-20	Coimbra	256
48.	CAIRES Joao Gomes	06	CNF	1:21.62	50m	29-02-20	Funchal	256
50.	FRANCISCO Afonso Jose	06	CNMC	1:22.10	50m	09-05-21	Coimbra	251
51.	PAZ Simao Domingues	06	CNMC	1:22.63	50m	09-05-21	Coimbra	247
52.	FLORES Andre Alves	06	CNPO	1:22.88	50m	19-12-20	Povoa do Varzim	244
53.	GARANITO Simao Silva	06	CNF	1:23.01	50m	29-02-20	Funchal	243
54.	RODRIGUES Bruno Costa	06	SCC	1:23.31	50m	22-02-20	Coimbra	241
55.	TEMES Joao Caires	06	JACL	1:25.83	50m	29-02-20	Funchal	220
56.	PIRES Alexandre Santos	06	CNOL	1:26.14	50m	19-06-21	Loulé	218
57.	TRINDADE Vasco Cabrita	06	ACS	1:26.32	50m	13-06-21	Loulé	216
58.	DIAS Henrique Tavares	06	CNAC	1:26.50	50m	22-02-20	Coimbra	215
59.	CATARINO Simao Pimenta	06	FBSC	1:26.97	50m	09-05-21	Coimbra	211
60.	NACHYCHKO Maximo	06	CNF	1:27.41	50m	22-02-20	Funchal	208
61.	DUARTE Rodrigo Neves	06	ALN	1:27.86	50m	22-02-20	Coimbra	205
61.	STEFLEA Andre Sergio	06	CDSR	1:27.86	50m	29-02-20	Funchal	205
63.	VIEIRA Tiago Pestana	06	CNF	1:29.34	50m	29-02-20	Funchal	195
64.	FERNANDES Henrique Figueira	06	CNBE	1:32.91	50m	19-06-21	Loulé	173
65.	MELENTI Nuno Miguel	06	LDC	1:33.16	50m	19-06-21	Loulé	172
66.	CARREIRA Ernani Afonso	06	CDN	1:34.28	50m	29-02-20	Funchal	166
67.	ROCHA Simao Pedro	06	CAP	1:39.22	50m	24-04-21	Porto	142
68.	OLIVEIRA Bernardo Antonio	06	CNF	1:40.86	50m	22-02-20	Funchal	135
69.	BARRETO Andre Silva	06	LCM	1:45.05	50m	25-01-20	Funchal	120
70.	NASCIMENTO Luis Carlos	06	FCP	2:52.38	50m	07-12-19	Povoa de Varzim	27

200 Costas

1.	JIMENEZ Nicolas Manzano	06	LDC	2:15.55	50m	30-05-21	Rio Maior	562
2.	SILVA Francisco Araujo	06	GDNFAMA	2:17.25	50m	06-06-21	Porto	542
3.	VIEIRA Antonio Coelho	06	SCP	2:19.33	50m	30-05-21	Rio Maior	518
4.	JANUARIO Tomas Maia	06	GESL	2:20.05	50m	30-05-21	Rio Maior	510
5.	FAFTINE Kaio Araujo	06	SCP	2:20.30	50m	30-05-21	Rio Maior	507
6.	FOMIN Yury	06	LDC	2:20.48	50m	30-05-21	Rio Maior	505
7.	RODRIGUES Rodrigo Vieira	06	SCE	2:20.64	50m	30-05-21	Coimbra	503
8.	HERRERO Miguel Mera	06	SCP	2:22.63	50m	30-05-21	Rio Maior	483
9.	PITA Pedro Miguel	06	CNF	2:22.68	50m	30-05-21	Rio Maior	482
10.	CASTRO Vasco Monteiro	06	FCP	2:23.73	50m	30-05-21	Coimbra	472
11.	OLIVEIRA Tomas Ferreira	06	CNMAIA	2:24.34	50m	30-05-21	Coimbra	466
12.	ALVES Andre Correia	06	SFUAP	2:25.33	50m	30-05-21	Rio Maior	456
13.	ZHUKOV Mark	06	SCB	2:25.69	50m	30-05-21	Coimbra	453
14.	ROCHA Miguel Azevedo	06	ADP	2:27.12	50m	30-05-21	Coimbra	440
15.	LEMONS Gil Santos	06	PIMP	2:27.25	50m	30-05-21	Rio Maior	439
16.	ANTUNES Martim Barata	06	SLB	2:27.36	50m	30-05-21	Rio Maior	438
17.	SILVA Francisco Barbosa	06	CFV	2:27.47	50m	30-05-21	Coimbra	437
18.	SIMOES Filipe Cruz	06	CNMC	2:27.66	50m	30-05-21	Coimbra	435
19.	DURAO Miguel Costa	06	SCB	2:28.50	50m	30-05-21	Coimbra	428
20.	GONCALVES Martim Luis	06	CDN	2:28.51	50m	19-06-21	Funchal	428
21.	PEREIRA Guilherme Marques	06	CAQC	2:29.16	50m	30-05-21	Coimbra	422
22.	FRAZAO Francisco Couto	06	CUC	2:30.14	50m	30-05-21	Coimbra	414
23.	TOSTE Martim Candido	06	CNPV	2:30.46	50m	30-05-21	Rio Maior	411
24.	SILVA Pedro Marques	06	ADBA	2:30.94	50m	30-05-21	Rio Maior	407
25.	RODRIGUES Joao Carvalho	06	CGA	2:32.05	50m	30-05-21	Coimbra	398
26.	JESUS Luis Duarte	06	CGA	2:32.30	50m	30-05-21	Coimbra	396
27.	TOMAS Afonso Vidal	06	ALN	2:32.45	50m	30-05-21	Coimbra	395
28.	MENDONCA Luiz Henrique	06	GESL	2:33.95	50m	30-05-21	Rio Maior	384
29.	PINTO Romulo Neves	06	CCLAMAS	2:34.66	50m	30-05-21	Coimbra	378
30.	OLIVEIRA Tomas Varanda	06	SCC	2:35.63	50m	22-02-20	Coimbra	371
31.	FERREIRA Joao Rafael	06	FBSC	2:36.64	50m	09-05-21	Coimbra	364
32.	MACHADO Bernardo Magalhaes	06	CDN	2:37.84	50m	01-03-20	Funchal	356
33.	DURAKOV Erhan Asanov	06	GCNF	2:38.41	50m	12-06-21	Loulé	352
34.	ALVES Pedro Miguel	06	CDN	2:42.00	50m	19-06-21	Funchal	329
35.	GONCALVES Pedro Sousa	06	CNOL	2:42.21	50m	12-06-21	Loulé	328
36.	CONCEICAO Rodrigo Santos	06	CNPO	2:42.73	50m	18-01-20	Povoa de Varzim	325
37.	MELO Lourenco Filipe	06	CNPDL	2:44.13	50m	02-02-20	Povoa de Varzim	317
38.	CARVALHO Pedro Fernandes	06	CNMC	2:44.42	50m	22-02-20	Coimbra	315
39.	GASPAR Goncalo Apostolo	06	JFP	2:45.83	50m	22-02-20	Coimbra	307
40.	GASPAR Miguel Cunha	06	SCC	2:52.28	50m	22-02-20	Coimbra	274
41.	RODRIGUES Bruno Costa	06	SCC	2:53.71	50m	22-02-20	Coimbra	267
42.	PAZ Simao Domingues	06	CNMC	2:55.27	50m	09-05-21	Coimbra	260
43.	PIRES Gustavo Teixeira	06	SCC	2:55.60	50m	22-02-20	Coimbra	258
44.	LUCAS Joao Neves	06	SCC	3:00.11	50m	22-02-20	Coimbra	239
45.	DUARTE Rodrigo Neves	06	ALN	3:00.36	50m	22-02-20	Coimbra	238
46.	CATARINO Simao Pimenta	06	FBSC	3:01.63	50m	09-05-21	Coimbra	233
47.	DIAS Henrique Tavares	06	CNAC	3:05.09	50m	22-02-20	Coimbra	221
48.	STEFLEA Andre Sergio	06	CDSR	3:08.45	50m	01-03-20	Funchal	209
49.	ROCHA Simao Pedro	06	CAP	3:34.63	50m	25-01-20	Rio Maior	141

50 Bruços

1.	COSTA Tomas Mendes	06	GDNFAMA	32.33	50m	06-06-21	Porto	517
2.	FERNANDES Leonardo Freitas	06	GDNFAMA	33.07	50m	29-05-21	Coimbra	483
3.	OLIVEIRA Tomas Varanda	06	SCC	33.60	50m	24-04-21	Coimbra	460
4.	NEVES Diogo Cura	06	CAQC	36.33	50m	24-04-21	Coimbra	364
5.	GONCALVES Pedro Sousa	06	CNOL	37.46	50m	13-06-21	Loulé	332
6.	CRUZ Rodrigo Costa	06	AAC	37.61	50m	08-05-21	Coimbra	328
7.	PAULOS Joao Afonso	06	CNF	37.82	50m	23-02-20	Funchal	323
8.	FISTICANU Nicolae	06	GCNF	38.51	50m	13-06-21	Loulé	305
9.	MACHADO Bernardo Magalhaes	06	CDN	38.78	50m	23-02-20	Funchal	299
10.	DURAKOV Erhan Asanov	06	GCNF	39.19	50m	13-06-21	Loulé	290
11.	SOARES Pedro Silva	06	PORTIN	39.33	50m	13-06-21	Loulé	287
12.	ALVES Pedro Miguel	06	CDN	40.97	50m	23-02-20	Funchal	254
13.	NACHYCHKO Maximo	06	CNF	42.45	50m	23-02-20	Funchal	228
14.	DUARTE Rodrigo Neves	06	ALN	42.96	50m	08-05-21	Coimbra	220
15.	PIRES Alexandre Santos	06	CNOL	44.08	50m	13-06-21	Loulé	204
16.	CARREIRA Ernani Afonso	06	CDN	48.12	50m	23-02-20	Funchal	156
17.	FERNANDES Afonso Freitas	06	JACL	51.17	50m	23-02-20	Funchal	130
18.	RODRIGUES Francisco Simoes	06	FBSC	53.90	50m	24-04-21	Porto	111
19.	OLIVEIRA Bernardo Antonio	06	CNF	56.83	50m	23-02-20	Funchal	95

100 Bruços

1.	RODRIGUES Joao Carvalho	06	CGA	1:09.61	50m	05-06-21	Porto	545
2.	COSTA Tomas Mendes	06	GDNFAMA	1:10.88	50m	05-06-21	Porto	516
3.	FERNANDES Duarte Jose	06	CUC	1:11.20	50m	30-05-21	Coimbra	509
4.	BONNIZ Pedro Goncalves	06	GESL	1:11.45	50m	30-05-21	Rio Maior	504
5.	OLIVEIRA Tomas Varanda	06	SCC	1:11.88	50m	30-05-21	Coimbra	495
6.	FERNANDES Leonardo Freitas	06	GDNFAMA	1:12.45	50m	30-05-21	Coimbra	483
7.	MORAIS David Miguel	06	SLB	1:12.88	50m	30-05-21	Rio Maior	475
8.	JEVIC Milan Santos	06	SCB	1:14.01	50m	30-05-21	Coimbra	453
9.	JIMENEZ Alvaro Hurtado	06	LDC	1:14.16	50m	30-05-21	Rio Maior	451
10.	PAULOS Joao Afonso	06	CNF	1:14.74	50m	30-05-21	Rio Maior	440
10.	FONSECA Jose Diogo	06	SCP	1:14.74	50m	30-05-21	Rio Maior	440
12.	SILVA Pedro Marques	06	ADBA	1:14.97	50m	13-06-21	Badajoz (ESP)	436
13.	PINTO Mark Ronald	06	GCNF	1:15.97	50m	30-05-21	Rio Maior	419
14.	ROQUE Tomas Nunes	06	SLB	1:17.03	50m	30-05-21	Rio Maior	402
15.	TAVARES Daniel Batista	06	NBM	1:17.45	50m	30-05-21	Coimbra	396
16.	SETIM Joao Oliveira	06	CNF	1:17.98	50m	30-05-21	Rio Maior	388
17.	NEVES Diogo Cura	06	CAQC	1:20.35	50m	09-05-21	Coimbra	354
18.	SANTOS Rui Miguel	06	FCP	1:21.48	50m	18-01-20	Povoa de Varzim	340
18.	DIAS Diogo Guerreiro	06	ACS	1:21.48	50m	12-06-21	Loulé	340
20.	MENDONCA Luiz Henrique	06	GESL	1:22.24	50m	19-10-19	Sao Jose dos Campos/SP (B330)	
21.	FALEIRO Iago Valentim	06	ACS	1:22.73	50m	12-06-21	Loulé	325
22.	SANTOS Tomas Nolan	06	FBSC	1:22.85	50m	09-05-21	Coimbra	323
23.	ROCHA Miguel Azevedo	06	ADP	1:23.76	50m	30-05-21	Coimbra	313
24.	FISTICANU Nicolae	06	GCNF	1:23.81	50m	12-06-21	Loulé	312
25.	GONCALVES Pedro Sousa	06	CNOL	1:24.27	50m	12-06-21	Loulé	307
26.	SOARES Pedro Silva	06	PORTIN	1:24.36	50m	12-06-21	Loulé	306
27.	LOURENCO Francisco Campos	06	CNV	1:25.46	50m	18-01-20	Povoa de Varzim	294
28.	IGREJA Pedro Roque	06	CFV	1:25.81	50m	18-01-20	Povoa de Varzim	291
29.	CARVALHO Francisco Cruz	06	CPSPA	1:26.12	50m	11-01-20	Coimbra	288
30.	CALHANDRO Guilherme Oliveir	06	CNMAIA	1:26.78	50m	18-01-20	Povoa de Varzim	281
31.	PIRES Gustavo Teixeira	06	SCC	1:26.85	50m	09-05-21	Coimbra	280

100 Bruços (desde 32)

32.	ALVES Pedro Miguel	06	CDN	1:27.68	50m	22-02-20	Funchal	273
33.	MARTINS Henrique Ferreira	06	CSAAXXI	1:28.92	50m	11-01-20	Coimbra	261
34.	SILVA Afonso Mar	06	CNF	1:29.08	50m	22-02-20	Funchal	260
35.	CARVALHO Pedro Fernandes	06	CNMC	1:30.40	50m	09-05-21	Coimbra	249
36.	GUERREIRO Diogo Alexandre	06	LDC	1:30.49	50m	12-06-21	Loulé	248
37.	FLORES Andre Alves	06	CNPO	1:31.24	50m	18-01-20	Povoa de Varzim	242
38.	FRANCISCO Afonso Jose	06	CNMC	1:34.50	50m	09-05-21	Coimbra	218
39.	CASTRO Mateus Pereira	06	CEOL	1:34.93	50m	29-02-20	Funchal	215
40.	NACHYCHKO Maximo	06	CNF	1:35.28	50m	29-02-20	Funchal	212
41.	CAIRES Joao Gomes	06	CNF	1:36.70	50m	22-02-20	Funchal	203
42.	RODRIGUES Bruno Costa	06	SCC	1:37.21	50m	11-01-20	Coimbra	200
43.	PIRES Alexandre Santos	06	CNOL	1:37.39	50m	12-06-21	Loulé	199
44.	GONCALVES Martim Luis	06	CDN	1:39.31	50m	25-01-20	Funchal	187
45.	MENESES Martim Ribeiro	06	CRASTO	1:39.67	50m	11-01-20	Coimbra	185
46.	TEMES Joao Caires	06	JACL	1:39.99	50m	22-02-20	Funchal	184
47.	CATARINO Simao Pimenta	06	FBSC	1:41.39	50m	09-05-21	Coimbra	176
47.	MELENTI Nuno Miguel	06	LDC	1:41.39	50m	12-06-21	Loulé	176
49.	MOREIRA Ricardo Lopes	06	PORTIN	1:45.25	50m	12-06-21	Loulé	157
50.	CARREIRA Ernani Afonso	06	CDN	1:47.43	50m	22-02-20	Funchal	148
51.	FERNANDES Afonso Freitas	06	JACL	1:48.35	50m	22-02-20	Funchal	144
52.	STEFLEA Andre Sergio	06	CDSR	1:49.36	50m	22-02-20	Funchal	140
53.	RODRIGUES Francisco Simoes	06	FBSC	2:05.08	50m	24-04-21	Porto	94

200 Bruços

1.	JAEN Adrian Martinez	06	LDC	2:36.26	50m	30-05-21	Rio Maior	525
2.	FERNANDES Duarte Jose	06	CUC	2:36.54	50m	30-05-21	Coimbra	522
3.	RODRIGUES Joao Carvalho	06	CGA	2:36.57	50m	30-05-21	Coimbra	522
4.	BONNIZ Pedro Goncalves	06	GESL	2:37.01	50m	30-05-21	Rio Maior	518
5.	OLIVEIRA Tomas Varanda	06	SCC	2:37.21	50m	30-05-21	Coimbra	516
6.	JIMENEZ Alvaro Hurtado	06	LDC	2:39.50	50m	30-05-21	Rio Maior	494
7.	ZHUKOV Mark	06	SCB	2:39.57	50m	30-05-21	Coimbra	493
8.	COSTA Tomas Mendes	06	GDNFAMA	2:39.63	50m	30-05-21	Coimbra	493
9.	MORAIS David Miguel	06	SLB	2:40.25	50m	30-05-21	Rio Maior	487
10.	JEVIC Milan Santos	06	SCB	2:42.53	50m	30-05-21	Coimbra	467
11.	FERNANDES Leonardo Freitas	06	GDNFAMA	2:43.62	50m	30-05-21	Coimbra	457
12.	FONSECA Jose Diogo	06	SCP	2:44.77	50m	30-05-21	Rio Maior	448
13.	PAULOS Joao Afonso	06	CNF	2:48.40	50m	30-05-21	Rio Maior	420
14.	MENDONCA Luiz Henrique	06	GESL	2:52.11	50m	19-10-19	Sao Jose dos Campos/SP (B393)	
15.	NEVES Diogo Cura	06	CAQC	2:52.51	50m	28-03-21	Coimbra	390
16.	TAVARES Daniel Batista	06	NBM	2:58.02	50m	22-02-20	Coimbra	355
17.	SANTOS Tomas Nolan	06	FBSC	3:01.60	50m	09-05-21	Coimbra	334
18.	PIRES Gustavo Teixeira	06	SCC	3:04.00	50m	09-05-21	Coimbra	322
19.	MARTINS Henrique Ferreira	06	CSAAXXI	3:08.13	50m	22-02-20	Coimbra	301
20.	MACHADO Bernardo Magalhaes	06	CDN	3:09.06	50m	22-02-20	Funchal	296
21.	SETIM Joao Oliveira	06	CNF	3:09.65	50m	01-03-20	Funchal	294
22.	CARVALHO Pedro Fernandes	06	CNMC	3:15.17	50m	09-05-21	Coimbra	269
23.	TEIXEIRA Gabriel Cunha	06	CSAAXXI	3:15.23	50m	22-02-20	Coimbra	269
24.	SILVA Afonso Mar	06	CNF	3:17.14	50m	01-03-20	Funchal	261
25.	TOMAS Afonso Vidal	06	ALN	3:24.30	50m	22-02-20	Coimbra	235
26.	FERREIRA Joao Rafael	06	FBSC	3:24.37	50m	22-02-20	Coimbra	235
27.	GASPAR Miguel Cunha	06	SCC	3:24.56	50m	22-02-20	Coimbra	234
28.	CASTRO Mateus Pereira	06	CEOL	3:24.59	50m	01-03-20	Funchal	234

200 Bruços (desde 29)

29.	DUARTE Rodrigo Neves	06	ALN	3:25.10	50m	22-02-20	Coimbra	232
30.	LUCAS Joao Neves	06	SCC	3:25.19	50m	22-02-20	Coimbra	232
31.	NACHYCHKO Maximo	06	CNF	3:35.20	50m	01-03-20	Funchal	201
32.	CARREIRA Ernani Afonso	06	CDN	3:48.06	50m	01-03-20	Funchal	169
33.	FERNANDES Afonso Freitas	06	JACL	3:49.32	50m	22-02-20	Funchal	166

50 Mariposa

1.	PEREIRA Rodrigo Ferreira	06	GDNFAMA	26.96	50m	30-05-21	Coimbra	563
2.	DENISOV Micael Dmitrievich	06	ADBA	27.64	50m	28-03-21	Coimbra	523
3.	GONCALVES Martim Luis	06	CDN	28.61	50m	20-06-21	Funchal	471
4.	CONCEICAO Rodrigo Santos	06	CNPO	28.73	50m	05-06-21	Porto	465
5.	LOPES Marco Oliveira	06	ADP	29.01	50m	05-06-21	Porto	452
6.	MARQUES Jose Miguel	06	CAQC	29.54	50m	25-04-21	Coimbra	428
7.	OLIVEIRA Tomas Varanda	06	SCC	29.63	50m	11-01-20	Coimbra	424
8.	JACINTO Gabriel Zimas	06	ADBA	29.87	50m	13-06-21	Badajoz (ESP)	414
9.	FISTICANU Nicolae	06	GCNF	30.57	50m	19-06-21	Loulé	386
10.	SOARES Joao Pedro	06	GCNF	30.59	50m	19-06-21	Loulé	385
11.	OLIVEIRA Carlos Miguel	06	FBSC	30.90	50m	09-05-21	Coimbra	374
12.	TRISTAO Pedro Macara	06	PORTIN	31.43	50m	13-06-21	Loulé	355
13.	CALDEIRINHA Joao Canhoto	06	CEN	31.47	50m	12-06-21	Badajoz (ESP)	354
14.	GABRIELE Luca Graca	06	PORTIN	31.77	50m	13-06-21	Loulé	344
15.	SILVA Afonso Mar	06	CNF	32.10	50m	23-02-20	Funchal	333
16.	TOMAS Afonso Vidal	06	ALN	32.60	50m	11-01-20	Coimbra	318
17.	FERRAZ Luis Afonso	06	CNF	33.25	50m	23-02-20	Funchal	300
18.	MENDONCA Joao Maria	06	GCNF	33.33	50m	13-06-21	Loulé	298
19.	MELENTI Nuno Miguel	06	LDC	33.35	50m	13-06-21	Loulé	297
20.	PAZ Simao Domingues	06	CNMC	33.48	50m	09-05-21	Coimbra	294
21.	ABREU Joao Francisco	06	CNF	33.51	50m	23-02-20	Funchal	293
22.	DIAS Diogo Guerreiro	06	ACS	33.98	50m	13-06-21	Loulé	281
23.	MENDES Edgar Tavares	06	AAC	34.12	50m	11-01-20	Coimbra	278
24.	CRUZ Rodrigo Costa	06	AAC	34.15	50m	11-01-20	Coimbra	277
25.	RODRIGUES Gustavo Silva	06	ALN	34.50	50m	11-01-20	Coimbra	268
26.	CAIRES Joao Gomes	06	CNF	34.51	50m	23-02-20	Funchal	268
27.	FRANCISCO Afonso Jose	06	CNMC	35.52	50m	09-05-21	Coimbra	246
28.	LIMA Antonio Novak	06	ABR	35.77	50m	13-06-21	Loulé	241
29.	PINHEIRO Miguel Joao	06	AAC	36.15	50m	11-01-20	Coimbra	233
30.	MACHADO Joao Afonso	06	GRVM	36.60	50m	11-01-20	Coimbra	225
31.	STEFLEA Andre Sergio	06	CDSR	38.66	50m	23-02-20	Funchal	191
32.	PIRES Alexandre Santos	06	CNOL	38.79	50m	13-06-21	Loulé	189
33.	TEMES Joao Caires	06	JACL	38.96	50m	23-02-20	Funchal	186
34.	OLIVEIRA Bernardo Antonio	06	CNF	40.56	50m	23-02-20	Funchal	165

100 Mariposa

1.	JAEN Adrian Martinez	06	LDC	59.72	50m	29-05-21	Rio Maior	569
2.	PEREIRA Rodrigo Ferreira	06	GDNFAMA	1:00.49	50m	06-06-21	Porto	547
3.	RODRIGUES Rodrigo Vieira	06	SCE	1:00.90	50m	06-06-21	Porto	536
4.	DENISOV Micael Dmitrievich	06	ADBA	1:01.23	50m	29-05-21	Rio Maior	528
5.	HERRERO Miguel Mera	06	SCP	1:01.34	50m	29-05-21	Rio Maior	525
6.	MORAIS David Miguel	06	SLB	1:01.41	50m	29-05-21	Rio Maior	523
7.	BINYAS Eduardo	06	CNRM	1:01.62	50m	29-05-21	Rio Maior	518
8.	ROQUE Tomas Nunes	06	SLB	1:02.68	50m	29-05-21	Rio Maior	492
9.	PITA Pedro Miguel	06	CNF	1:02.82	50m	29-05-21	Rio Maior	489
10.	GONCALVES Martim Luis	06	CDN	1:03.21	50m	29-05-21	Rio Maior	480
11.	MARQUES Jose Miguel	06	CAQC	1:03.60	50m	29-05-21	Coimbra	471
12.	FOMIN Yury	06	LDC	1:03.82	50m	12-06-21	Loulé	466
13.	CONCEICAO Rodrigo Santos	06	CNPO	1:03.88	50m	29-05-21	Coimbra	465
14.	TOMAS Afonso Vidal	06	ALN	1:04.02	50m	29-05-21	Coimbra	462
15.	LOURENCO Francisco Campos	06	CNV	1:04.30	50m	29-05-21	Coimbra	456
16.	OLIVEIRA Tomas Varanda	06	SCC	1:04.78	50m	29-05-21	Coimbra	446
17.	PINTO Mark Ronald	06	GCNF	1:04.92	50m	29-05-21	Rio Maior	443
18.	RAMOS Gustavo Gomes	06	FCP	1:04.96	50m	29-05-21	Coimbra	442
19.	SIMOES Manuel Costa	06	CDCP	1:06.00	50m	29-05-21	Rio Maior	421
20.	FIGUEIRA Diogo Morgado	06	CPCD	1:06.15	50m	29-05-21	Rio Maior	419
20.	CORREIA Tiago Almeida	06	CNMJ	1:06.15	50m	29-05-21	Rio Maior	419
22.	SANTOS Tomas Nolan	06	FBSC	1:06.19	50m	29-05-21	Coimbra	418
23.	RIBEIRO Francisco Martins	06	CCDSERTA	1:06.21	50m	29-05-21	Rio Maior	417
24.	LOPES Marco Oliveira	06	ADP	1:06.64	50m	29-05-21	Coimbra	409
25.	MAGALHAES Goncalo Sa	06	LSC	1:06.73	50m	29-05-21	Coimbra	408
26.	SILVA Joao Luis	06	CEOL	1:06.90	50m	29-05-21	Rio Maior	405
27.	ROCHA Miguel Azevedo	06	ADP	1:07.14	50m	29-05-21	Coimbra	400
28.	JACINTO Gabriel Zimas	06	ADBA	1:07.26	50m	29-05-21	Rio Maior	398
29.	RIBEIRO Andre Cunha	06	SAD	1:07.47	50m	29-05-21	Rio Maior	394
30.	LUCAS Joao Neves	06	SCC	1:08.72	50m	08-05-21	Coimbra	373
31.	SIMOES Filipe Cruz	06	CNMC	1:09.04	50m	08-05-21	Coimbra	368
32.	DURAKOV Erhan Asanov	06	GCNF	1:09.77	50m	19-06-21	Loulé	357
33.	MACHADO Bernardo Magalhaes	06	CDN	1:09.86	50m	29-02-20	Funchal	355
34.	FALEIRO Iago Valentim	06	ACS	1:09.92	50m	12-06-21	Loulé	354
35.	FISTICANU Nicolae	06	GCNF	1:10.02	50m	12-06-21	Loulé	353
36.	GONCALVES Pedro Sousa	06	CNOL	1:10.67	50m	12-06-21	Loulé	343
37.	PONTE Miguel Andre	06	GCNF	1:10.98	50m	12-06-21	Loulé	339
38.	PEREIRA Tomas Veiga	06	FBSC	1:12.29	50m	08-05-21	Coimbra	321
39.	JEVIC Milan Santos	06	SCB	1:12.70	50m	18-01-20	Povoa de Varzim	315
40.	PEREIRA Guilherme Marques	06	CAQC	1:13.54	50m	08-05-21	Coimbra	304
41.	ABREU Joao Francisco	06	CNF	1:14.12	50m	29-02-20	Funchal	297
42.	GABRIELE Luca Graca	06	PORTIN	1:14.46	50m	19-06-21	Loulé	293
43.	TRISTAO Pedro Macara	06	PORTIN	1:14.59	50m	19-06-21	Loulé	292
44.	FERRAZ Luis Afonso	06	CNF	1:14.78	50m	29-02-20	Funchal	290
45.	NEVES Diogo Cura	06	CAQC	1:14.95	50m	11-01-20	Coimbra	288
46.	OLIVEIRA Carlos Miguel	06	FBSC	1:14.98	50m	08-05-21	Coimbra	287
47.	FERNANDES Duarte Jose	06	CUC	1:15.23	50m	22-02-20	Coimbra	284
48.	MARTINS Henrique Ferreira	06	CSAAXXI	1:15.31	50m	22-02-20	Coimbra	283
49.	FIGUEIREDO Joao Pinto	06	CRASTO	1:15.94	50m	11-01-20	Coimbra	276
50.	OLIVEIRA Tomas Ferreira	06	CNMAIA	1:17.01	50m	18-01-20	Povoa de Varzim	265
51.	ARAUJO Miguel Bernardo	06	CAQC	1:17.27	50m	22-02-20	Coimbra	262
52.	PAZ Simao Domingues	06	CNMC	1:17.79	50m	08-05-21	Coimbra	257
53.	RODRIGUES Bruno Costa	06	SCC	1:17.89	50m	22-02-20	Coimbra	256

100 Mariposa (desde 54)

54.	SILVA Afonso Mar	06	CNF	1:18.14	50m	29-02-20	Funchal	254
55.	TEIXEIRA Gabriel Cunha	06	CSAAXXI	1:18.35	50m	22-02-20	Coimbra	252
56.	RODRIGUES Gustavo Silva	06	ALN	1:18.57	50m	11-01-20	Coimbra	250
57.	PIRES Gustavo Teixeira	06	SCC	1:18.88	50m	22-02-20	Coimbra	247
58.	MELENTI Nuno Miguel	06	LDC	1:19.28	50m	12-06-21	Loulé	243
59.	FRANCISCO Afonso Jose	06	CNMC	1:20.27	50m	08-05-21	Coimbra	234
60.	SAMPAIO Francisco Manuel	06	FOCA	1:22.33	50m	18-01-20	Povoa de Varzim	217
61.	PACHECO Afonso Azevedo	06	CFV	1:22.66	50m	18-01-20	Povoa de Varzim	214
62.	CAIRES Joao Gomes	06	CNF	1:24.17	50m	22-02-20	Funchal	203
63.	CARNEIRO Jose Pedro	06	CNV	1:26.57	50m	18-01-20	Povoa de Varzim	186
64.	GASPAR Goncalo Apostolo	06	JFP	1:28.00	50m	11-01-20	Coimbra	177
65.	STEFLEA Andre Sergio	06	CDSR	1:28.05	50m	29-02-20	Funchal	177
66.	PIRES Alexandre Santos	06	CNOL	1:29.70	50m	12-06-21	Loulé	168
67.	TEMES Joao Caires	06	JACL	1:30.06	50m	29-02-20	Funchal	166
68.	ALVES Pedro Miguel	06	CDN	1:31.98	50m	25-01-20	Funchal	155
69.	FLORES Andre Alves	06	CNPO	1:32.08	50m	18-01-20	Povoa de Varzim	155
70.	MACHADO Joao Afonso	06	GRVM	1:32.68	50m	22-02-20	Coimbra	152
71.	CATARINO Simao Pimenta	06	FBSC	1:34.49	50m	08-05-21	Coimbra	143
72.	LIMA Antonio Novak	06	ABR	1:36.64	50m	19-06-21	Loulé	134

200 Mariposa

1.	JAEN Adrian Martinez	06	LDC	2:15.74	50m	29-05-21	Rio Maior	542
2.	MORAIS David Miguel	06	SLB	2:17.28	50m	29-05-21	Rio Maior	524
3.	PEREIRA Rodrigo Ferreira	06	GDNFAMA	2:18.32	50m	29-05-21	Coimbra	513
4.	HERRERO Miguel Mera	06	SCP	2:20.86	50m	29-05-21	Rio Maior	485
5.	FAFTINE Kaio Araujo	06	SCP	2:21.55	50m	29-05-21	Rio Maior	478
6.	GONCALVES Martim Luis	06	CDN	2:21.79	50m	29-05-21	Rio Maior	476
7.	MARQUES Jose Miguel	06	CAQC	2:23.89	50m	29-05-21	Coimbra	455
8.	CORREIA Tiago Almeida	06	CNMJ	2:25.60	50m	29-05-21	Rio Maior	439
9.	RAMOS Gustavo Gomes	06	FCP	2:26.68	50m	29-05-21	Coimbra	430
10.	TOMAS Afonso Vidal	06	ALN	2:27.42	50m	29-05-21	Coimbra	423
11.	MAGALHAES Goncalo Sa	06	LSC	2:29.02	50m	29-05-21	Coimbra	410
12.	JACINTO Gabriel Zimas	06	ADBA	2:29.16	50m	29-05-21	Rio Maior	409
13.	MAIO Rodrigo Piteira	06	CFB	2:29.83	50m	29-05-21	Rio Maior	403
14.	SIMOES Manuel Costa	06	CDCP	2:29.99	50m	29-05-21	Rio Maior	402
15.	TOSTE Martim Candido	06	CNPV	2:31.53	50m	29-05-21	Rio Maior	390
16.	OLIVEIRA Tomas Varanda	06	SCC	2:32.95	50m	29-05-21	Coimbra	379
17.	PINTO Mark Ronald	06	GCNF	2:36.38	50m	13-06-21	Loulé	355
18.	CALDEIRINHA Joao Canhoto	06	CEN	2:37.44	50m	12-06-21	Badajoz (ESP)	347
19.	PEREIRA Tomas Veiga	06	FBSC	2:44.30	50m	08-05-21	Coimbra	306
20.	LUCAS Joao Neves	06	SCC	2:45.19	50m	08-05-21	Coimbra	301
21.	NEVES Diogo Cura	06	CAQC	2:52.10	50m	22-02-20	Coimbra	266
22.	ABREU Joao Francisco	06	CNF	2:53.68	50m	22-02-20	Funchal	259
23.	TEIXEIRA Gabriel Cunha	06	CSAAXXI	2:54.69	50m	22-02-20	Coimbra	254
24.	MARTINS Henrique Ferreira	06	CSAAXXI	2:55.57	50m	22-02-20	Coimbra	250

200 Estilos

1.	JAEN Adrian Martinez	06	LDC	2:15.63	50m	13-06-21	Loulé	593
2.	ZHUKOV Mark	06	SCB	2:18.63	50m	06-06-21	Porto	556
3.	FERNANDES Duarte Jose	06	CUC	2:20.73	50m	29-05-21	Coimbra	531
4.	JEVIC Milan Santos	06	SCB	2:20.92	50m	29-05-21	Coimbra	529
5.	FAFTINE Kaio Araujo	06	SCP	2:21.44	50m	29-05-21	Rio Maior	523
6.	FOMIN Yury	06	LDC	2:22.53	50m	24-04-21	Coimbra	511
7.	JANUARIO Tomas Maia	06	GESL	2:23.22	50m	29-05-21	Rio Maior	504
8.	RODRIGUES Joao Carvalho	06	CGA	2:24.08	50m	29-05-21	Coimbra	495
9.	CASTRO Vasco Monteiro	06	FCP	2:24.46	50m	29-05-21	Coimbra	491
10.	BONNIZ Pedro Goncalves	06	GESL	2:25.05	50m	29-05-21	Rio Maior	485
11.	SILVA Pedro Marques	06	ADBA	2:25.60	50m	29-05-21	Rio Maior	479
12.	JIMENEZ Alvaro Hurtado	06	LDC	2:25.83	50m	29-05-21	Rio Maior	477
13.	OLIVEIRA Tomas Varanda	06	SCC	2:27.13	50m	29-05-21	Coimbra	465
14.	FARIA Eduardo Nuno	06	SCB	2:27.34	50m	29-05-21	Coimbra	463
15.	TOSTE Martim Candido	06	CNPV	2:27.35	50m	29-05-21	Rio Maior	463
16.	MARTINS Henrique Ferreira	06	CSAAXXI	2:27.81	50m	29-05-21	Coimbra	458
17.	PINTO Mark Ronald	06	GCNF	2:28.10	50m	13-06-21	Loulé	456
18.	ROQUE Tomas Nunes	06	SLB	2:28.91	50m	29-05-21	Rio Maior	448
19.	GONCALVES Martim Luis	06	CDN	2:29.01	50m	19-06-21	Funchal	447
20.	SIMOES Filipe Cruz	06	CNMC	2:29.28	50m	29-05-21	Coimbra	445
21.	OLIVEIRA Tomas Ferreira	06	CNMAIA	2:29.53	50m	29-05-21	Coimbra	443
22.	LOURENCO Francisco Campos	06	CNV	2:29.57	50m	29-05-21	Coimbra	442
23.	PAULOS Joao Afonso	06	CNF	2:30.22	50m	29-05-21	Rio Maior	437
24.	ANTUNES Martim Barata	06	SLB	2:30.35	50m	29-05-21	Rio Maior	435
25.	PEREIRA Pedro Santos	06	LSC	2:31.05	50m	29-05-21	Coimbra	429
26.	FIGUEIRA Diogo Morgado	06	CPCD	2:31.28	50m	29-05-21	Rio Maior	427
27.	ALMEIDA Afonso Miguel	06	CGA	2:31.62	50m	29-05-21	Coimbra	425
28.	NEVES Diogo Cura	06	CAQC	2:32.64	50m	29-05-21	Coimbra	416
29.	SIMOES Manuel Costa	06	CDCP	2:33.53	50m	29-05-21	Rio Maior	409
30.	GAVEA Guilherme Santos	06	SLB	2:34.12	50m	29-05-21	Rio Maior	404
31.	TOMAS Afonso Vidal	06	ALN	2:34.77	50m	08-05-21	Coimbra	399
32.	MACHADO Bernardo Magalhaes	06	CDN	2:35.44	50m	22-02-20	Funchal	394
33.	SANTOS Tomas Nolan	06	FBSC	2:36.15	50m	08-05-21	Coimbra	389
34.	FISTICANU Nicolae	06	GCNF	2:38.04	50m	13-06-21	Loulé	375
35.	DURAKOV Erhan Asanov	06	GCNF	2:38.74	50m	13-06-21	Loulé	370
36.	GONCALVES Pedro Sousa	06	CNOL	2:39.55	50m	13-06-21	Loulé	364
37.	ABREU Joao Francisco	06	CNF	2:40.38	50m	22-02-20	Funchal	359
38.	PIRES Gustavo Teixeira	06	SCC	2:40.60	50m	08-05-21	Coimbra	357
39.	FALEIRO Iago Valentim	06	ACS	2:40.72	50m	13-06-21	Loulé	356
40.	CONCEICAO Rodrigo Santos	06	CNPO	2:43.45	50m	18-01-20	Povoa de Varzim	339
41.	FERREIRA Joao Rafael	06	FBSC	2:43.92	50m	11-01-20	Coimbra	336
42.	DIAS Diogo Guerreiro	06	ACS	2:44.95	50m	13-06-21	Loulé	330
43.	FERRAZ Luis Afonso	06	CNF	2:45.70	50m	22-02-20	Funchal	325
44.	ARAUJO Miguel Bernardo	06	CAQC	2:47.51	50m	11-01-20	Coimbra	315
45.	CARVALHO Francisco Cruz	06	CPSPA	2:47.52	50m	11-01-20	Coimbra	315
46.	PEREIRA Tomas Veiga	06	FBSC	2:49.60	50m	11-01-20	Coimbra	303
47.	CARVALHO Pedro Fernandes	06	CNMC	2:49.90	50m	08-05-21	Coimbra	302
48.	GUERREIRO Diogo Alexandre	06	LDC	2:50.23	50m	13-06-21	Loulé	300
49.	ALVES Pedro Miguel	06	CDN	2:50.32	50m	22-02-20	Funchal	299
50.	GASPAR Miguel Cunha	06	SCC	2:52.35	50m	11-01-20	Coimbra	289
51.	PAZ Simao Domingues	06	CNMC	2:52.91	50m	08-05-21	Coimbra	286
52.	RODRIGUES Bruno Costa	06	SCC	2:53.76	50m	11-01-20	Coimbra	282
53.	PINHEIRO Miguel Joao	06	AAC	2:58.73	50m	08-05-21	Coimbra	259

200 Estilos (desde 54)

54.	MENESES Martim Ribeiro	06	CRASTO	2:59.22	50m	11-01-20	Coimbra	257
55.	FLORES Andre Alves	06	CNPO	3:06.70	50m	19-12-20	Povoa do Varzim	227
56.	MELENTI Nuno Miguel	06	LDC	3:06.71	50m	13-06-21	Loulé	227
57.	DIAS Henrique Tavares	06	CNAC	3:07.68	50m	11-01-20	Coimbra	224
58.	CARREIRA Ernani Afonso	06	CDN	3:28.11	50m	22-02-20	Funchal	164
59.	CATARINO Simao Pimenta	06	FBSC	3:39.26	50m	11-01-20	Coimbra	140
60.	ROCHA Simao Pedro	06	CAP	3:44.59	50m	26-01-20	Rio Maior	130

400 Estilos

1.	JAEN Adrian Martinez	06	LDC	4:46.00	50m	30-05-21	Rio Maior	619
2.	ZHUKOV Mark	06	SCB	4:55.98	50m	30-05-21	Coimbra	559
3.	FOMIN Yury	06	LDC	4:58.13	50m	30-05-21	Rio Maior	547
4.	FAFTINE Kaio Araujo	06	SCP	5:02.54	50m	30-05-21	Rio Maior	523
5.	JEVIC Milan Santos	06	SCB	5:03.53	50m	30-05-21	Coimbra	518
6.	SANTOS Rui Miguel	06	GDNFAMA	5:03.81	50m	05-06-21	Porto	517
7.	BAPTISTA Guilherme Fernandes	06	SLB	5:05.81	50m	30-05-21	Rio Maior	506
8.	BINYAS Eduardo	06	CNRM	5:06.08	50m	30-05-21	Rio Maior	505
9.	FERNANDES Duarte Jose	06	CUC	5:06.12	50m	30-05-21	Coimbra	505
10.	CORREIA Tiago Almeida	06	CNMJ	5:11.68	50m	30-05-21	Rio Maior	478
11.	TOSTE Martim Candido	06	CNPV	5:12.84	50m	30-05-21	Rio Maior	473
12.	SILVA Pedro Marques	06	ADBA	5:14.26	50m	30-05-21	Rio Maior	467
13.	RAMOS Gustavo Gomes	06	FCP	5:14.92	50m	30-05-21	Coimbra	464
14.	SIMOES Filipe Cruz	06	CNMC	5:18.28	50m	30-05-21	Coimbra	449
15.	FIGUEIRA Diogo Morgado	06	CPCD	5:20.25	50m	30-05-21	Rio Maior	441
16.	PIRES Gustavo Teixeira	06	SCC	5:21.43	50m	30-05-21	Coimbra	436
17.	JIMENEZ Alvaro Hurtado	06	LDC	5:21.58	50m	30-05-21	Rio Maior	435
18.	PEREIRA Pedro Santos	06	LSC	5:24.47	50m	30-05-21	Coimbra	424
19.	CASTRO Augusto Bernardo	06	CAFBDP	5:24.51	50m	30-05-21	Rio Maior	424
20.	CAMPOS Ricardo Lima	06	ADS	5:25.77	50m	30-05-21	Coimbra	419
21.	TOMAS Afonso Vidal	06	ALN	5:25.81	50m	30-05-21	Coimbra	419
22.	MAIO Rodrigo Piteira	06	CFB	5:28.36	50m	30-05-21	Rio Maior	409
23.	SANTOS Tomas Nolan	06	FBSC	5:33.34	50m	09-05-21	Coimbra	391
24.	GASPAR Miguel Cunha	06	SCC	5:37.29	50m	09-05-21	Coimbra	377
25.	PAULOS Joao Afonso	06	CNF	5:37.96	50m	29-02-20	Funchal	375
26.	LUCAS Joao Neves	06	SCC	5:40.14	50m	09-05-21	Coimbra	368
27.	GONCALVES Martim Luis	06	CDN	5:40.16	50m	29-02-20	Funchal	368
28.	MACHADO Bernardo Magalhaes	06	CDN	5:41.81	50m	29-02-20	Funchal	363
29.	ALVES Pedro Miguel	06	CDN	6:12.49	50m	29-02-20	Funchal	280

50 Livres

1.	RODRIGUES Ana Pinho	94	ADS	25.56	50m	03-08-19	Funchal	794
2.	VIEGAS Beatriz Mendes	00	SCP	26.22	50m	08-02-20	Lisboa	735
3.	GIGLIOTTI Giuliana	92	GCNF	26.31	50m	30-05-21	Rio Maior	728
4.	GUEDES Ana Margarida	01	GCVR	26.44	50m	30-05-21	Coimbra	717
5.	ANDRE Leticia Maia	02	SLB	26.68	50m	20-12-20	Oeiras	698
6.	SOARES Catarina Silva	03	FCP	26.77	50m	01-08-19	Funchal	691
7.	SOUSA Ana Reis	02	POR	26.80	50m	24-08-19	BUDAPEST (HUN)	688
8.	PEGO Isabel Porfirio	01	CFP	26.83	50m	30-05-21	Coimbra	686
9.	CASTRO Adriana Daniela	97	LSC	26.95	50m	03-08-19	Funchal	677
10.	MARTINS Francisca Soares	03	POR	27.00	50m	08-02-20	Lisboa	673
11.	OLIVEIRA Rosa Maria	96	FCP	27.01	50m	02-02-20	Povoa de Varzim	673
12.	PEREIRA Raquel Gomes	00	SLB	27.09	50m	24-04-21	Coimbra	667
13.	FERREIRA Catarina Maria	98	FCP	27.18	50m	02-02-20	Povoa de Varzim	660
14.	CONCEICAO Ema Jeronimo	03	AEFDTV	27.25	50m	03-08-19	Funchal	655
14.	FRISCHKNECHT Rita Barros	98	INDANL	27.25	50m	01-06-21	CANET-EN-ROUSSILLON (F)	655
16.	FARIA Ana Rita	00	FCP	27.28	50m	03-08-19	Funchal	653
17.	PINTO Mafalda Marques	02	SCP	27.43	50m	20-12-20	Oeiras	642
18.	REBELO Camila Rodrigues	03	POR	27.44	50m	08-02-20	Lisboa	641
19.	LASZLOVA Silvia	93	LDC	27.53	50m	08-02-20	Lisboa	635
20.	MACHADO Luisa Maria	01	SFUAP	27.55	50m	24-04-21	Coimbra	634
21.	MOREIRA Matilde Freitas	01	AAC	27.58	50m	03-08-19	Funchal	632
22.	SOUSA Catarina Welvitchia	00	ANG	27.68	50m	24-08-19	CASA BLANCA (MAR)	625
23.	FOMINA Anna	02	LDC	27.84	50m	30-05-21	Rio Maior	614
24.	BELEZA Mafalda Gomes	94	SCP	27.90	50m	03-08-19	Funchal	610
25.	NEVES Carolina Marques	01	CNTN	27.97	50m	03-08-19	Funchal	606
26.	NUNES Sofia Alexandra	00	CIRL	28.01	50m	20-12-20	Oeiras	603
27.	RODRIGUES Ana Margarida	96	CGA	28.09	50m	03-08-19	Funchal	598
28.	CASAL Beatriz Goncalves	03	CNTN	28.11	50m	03-08-19	Funchal	597
29.	TEJO Beatriz Costa	02	AAC	28.16	50m	01-08-19	Funchal	593
30.	JESUS Maria Crista	03	LDC	28.19	50m	03-08-19	Funchal	591
31.	ROSA Maria Carolina	94	SCP	28.22	50m	03-08-19	Funchal	590
32.	NEVES Leonor Maria	03	GESL	28.28	50m	08-02-20	Lisboa	586
33.	CARPINTEIRO Carolina Silverio	02	SANDS	28.33	50m	06-06-21	Porto	583
33.	SOARES Ana Beatriz	03	CDF	28.33	50m	06-06-21	Porto	583
35.	JUNQUEIRA Sofia Ribeiro	02	ADBA	28.35	50m	01-08-19	Funchal	582
36.	SOARES Ines Apolinario	03	PIMP	28.40	50m	08-02-20	Lisboa	578
37.	MESTRE Catarina Martins	00	CNLX	28.41	50m	14-02-21	Oeiras	578
38.	SILVA Leonor Santos	03	FCP	28.45	50m	06-06-21	Porto	575
39.	REBELO Beatriz Vaz	03	GESL	28.52	50m	03-08-19	Funchal	571
40.	AMADOR Joana Costa	01	CGA	28.53	50m	03-08-19	Funchal	571
40.	AGUILAR Vera Ines	00	CDN	28.53	50m	23-02-20	Funchal	571
40.	ANDRE Angelica Maria	94	CFP	28.53	50m	24-04-21	Coimbra	571
43.	MATIAS Marta Filipa	03	CCDSERTA	28.58	50m	30-05-21	Rio Maior	568
44.	COSTA Mafalda Magalhaes	03	SFGP	28.60	50m	03-08-19	Funchal	566
44.	MARTINS Ana Filipa	97	FOCA	28.60	50m	02-02-20	Povoa de Varzim	566
46.	FERNANDES Ana Ines	00	VSC	28.61	50m	01-02-20	Povoa de Varzim	566
47.	ROLAO Sofia Alexandra	98	SLB	28.62	50m	03-08-19	Funchal	565
48.	LEITE Ana Sofia	93	GCVR	28.63	50m	06-06-21	Porto	565
49.	FREITAS Maria Joao	97	ANG	28.67	50m	28-03-21	Coimbra	562
50.	PINHEIRO Ines Mariana	03	AAC	28.68	50m	03-08-19	Funchal	562
51.	FERREIRA Leonie Cunha	00	CNPO	28.71	50m	03-08-19	Funchal	560
52.	MACHADO Joana Sofia	02	CNV	28.72	50m	03-08-19	Funchal	559

50 Livres (desde 53)

53.	NEVES Ana Carolina	00	SANC	28.81	50m	08-02-20	Lisboa	554
53.	MARQUES Mariana Nunes	03	CDE	28.81	50m	06-06-21	Porto	554
55.	VEIGA Susana Pereira	00	POR	28.85	50m	22-05-21	Funchal	552
55.	BORGES Claudia Ferreira	99	SCP	28.85	50m	12-06-21	Loulé	552
57.	SANTOS Ana Pedro	02	CGA	28.87	50m	03-08-19	Funchal	551
58.	GOMES Susana Clara	77	CNF	28.90	50m	29-02-20	Funchal	549
58.	PIMENTA Margarida Sobral	99	CFB	28.90	50m	01-03-20	Vila Franca de Xira	549
60.	RODRIGUES Helena Nunes	03	CSAAXXI	28.96	50m	03-08-19	Funchal	546
61.	SOARES Ana Margarida	03	CNS	28.98	50m	08-02-20	Lisboa	544
62.	SANTOS Matilde Guimaraes	02	LSC	29.08	50m	02-02-20	Povoa de Varzim	539
62.	FONSECA Laura Luz	03	CAFBDP	29.08	50m	08-02-20	Lisboa	539
62.	POMBO Tatiana Raquel	01	CDCP	29.08	50m	01-03-20	Vila Franca de Xira	539
65.	ALVES Ana Sofia	95	VSC	29.17	50m	24-04-21	Coimbra	534
65.	TEIXEIRA Ines Oliveira	02	CAQC	29.17	50m	24-04-21	Coimbra	534
67.	MATOS Carolina Lourenco	98	CDCP	29.21	50m	08-02-20	Lisboa	532
68.	FERNANDES Filipa Viamonte	02	VSC	29.22	50m	02-02-20	Povoa de Varzim	531
69.	LEITAO Rita Fernandes	96	CNLX	29.25	50m	08-02-20	Lisboa	529
69.	JACINTO Ines Filipa	03	ADBA	29.25	50m	13-06-21	Badajoz (ESP)	529
71.	QUEIROZ Ana Rita	02	CAQC	29.31	50m	24-04-21	Coimbra	526
72.	MARQUES Marta Viola	03	CNCVG	29.32	50m	08-02-20	Lisboa	526
73.	MACHADO Carolina Alexandra	03	CNBE	29.35	50m	03-08-19	Funchal	524
74.	FERREIRA Leonor Marques	03	CDCA	29.36	50m	06-06-21	Porto	523
75.	SILVA Camila Alexandra	03	SCC	29.41	50m	24-04-21	Coimbra	521
76.	AMANTES Beatriz Quintao	03	SFUAP	29.42	50m	08-02-20	Lisboa	520
76.	CRUZ Sara Moura	03	SAD	29.42	50m	01-03-20	Vila Franca de Xira	520
78.	PIRES Carolina Saraiva	96	CIRL	29.45	50m	08-02-20	Lisboa	519
79.	RAMOS Ines Asseiceira	03	CNTN	29.47	50m	02-02-20	Povoa de Varzim	518
80.	BOULHOSA Carolina Abreu	01	CNF	29.48	50m	23-02-20	Funchal	517
81.	FERREIRA Beatriz Pedro	03	CPCD	29.51	50m	01-03-20	Vila Franca de Xira	516
82.	GAMEIRO Matilde Domingues	97	CNAC	29.55	50m	08-02-20	Lisboa	513
83.	CRAVEIRO Beatriz Neves	97	SANC	29.59	50m	08-02-20	Lisboa	511
84.	PEIXEIRA Filipa Ramos	03	SCP	29.60	50m	01-03-20	Vila Franca de Xira	511
85.	LASCU Nicoleta	02	CNLA	29.63	50m	02-02-20	Povoa de Varzim	509
86.	LOPES Sara Santos	03	ADBA	29.64	50m	02-02-20	Povoa de Varzim	509
86.	MERCEDES Mariana Marques	03	VKGS	29.64	50m	13-06-21	Badajoz (ESP)	509
88.	ROSA Beatriz Jong	00	CDN	29.66	50m	23-02-20	Funchal	508
89.	ESTEVEZ Maria Mousinho	02	CIRL	29.68	50m	01-03-20	Vila Franca de Xira	507
89.	BELCHIOR Catarina Rodrigues	01	AONDA	29.68	50m	01-03-20	Vila Franca de Xira	507
91.	DIAS Mafalda Sofia	01	PDEM	29.76	50m	01-03-20	Vila Franca de Xira	503
92.	MACEDO Beatriz Daniela	02	VSC	29.79	50m	02-02-20	Povoa de Varzim	501
93.	LEONARDO Rute Isabel	98	CNAB	29.82	50m	08-02-20	Lisboa	500
94.	BAPTISTA Constanca Dias	01	CFB	29.83	50m	01-03-20	Vila Franca de Xira	499
95.	HENRIQUES Maria Vitoria	03	ADF	29.97	50m	02-02-20	Povoa de Varzim	492
96.	PINHEIRO Ana Carmo	02	GCST	30.05	50m	02-02-20	Povoa de Varzim	488
96.	MARTINS Claudia Beatriz	03	GESL	30.05	50m	01-03-20	Vila Franca de Xira	488
98.	TAVARES Ana Burguete	00	FS	30.10	50m	08-02-20	Lisboa	486
99.	SANTOS Mariana Jacinto	03	JFP	30.11	50m	11-01-20	Coimbra	485
100.	MARTINS Anita Neto	03	ACS	30.13	50m	08-02-20	Lisboa	484

100 Livres

1.	RODRIGUES Ana Pinho	94	ADS	56.46	50m	04-08-19	Funchal	768
2.	MARTINS Francisca Soares	03	POR	57.03	50m	14-08-20	Loule	745
3.	ANDRE Leticia Maia	02	SLB	57.19	50m	19-12-20	Oeiras	739
4.	FRISCHKNECHT Rita Barros	98	SAD	57.35	50m	27-03-21	Coimbra	733
5.	SOUSA Ana Reis	02	POR	57.52	50m	21-08-19	BUDAPEST (HUN)	726
6.	PEREIRA Raquel Gomes	00	SLB	57.71	50m	27-03-21	Coimbra	719
7.	AZEVEDO Rafaela Gomes	02	SAD	58.42	50m	19-12-20	Oeiras	693
8.	CONCEICAO Ema Jeronimo	03	AEFDTV	58.43	50m	19-12-20	Oeiras	693
9.	FERREIRA Catarina Maria	98	FCP	58.63	50m	02-08-19	Funchal	686
10.	REBELO Camila Rodrigues	03	POR	58.66	50m	14-08-20	Loule	685
11.	VIEGAS Beatriz Mendes	00	SCP	58.79	50m	19-12-20	Oeiras	680
12.	GIGLIOTTI Giuliana	92	GCNF	59.01	50m	29-05-21	Rio Maior	672
13.	PINTO Mafalda Marques	02	SCP	59.04	50m	19-12-20	Oeiras	671
14.	FARIA Ana Rita	00	FCP	59.08	50m	04-08-19	Funchal	670
15.	FOMINA Anna	02	LDC	59.31	50m	25-04-21	Coimbra	662
16.	SOUSA Catarina Welvitchia	00	ANG	59.44	50m	21-08-19	CASA BLANCA (MAR)	658
17.	PEGO Isabel Porfirio	01	CFP	59.49	50m	04-08-19	Funchal	656
18.	OLIVEIRA Rosa Maria	96	FCP	59.61	50m	04-08-19	Funchal	652
19.	RODRIGUES Ana Margarida	96	CGA	59.90	50m	04-08-19	Funchal	643
20.	MACHADO Luisa Maria	01	SFUAP	1:00.02	50m	04-08-19	Funchal	639
21.	CASTRO Adriana Daniela	97	LSC	1:00.07	50m	19-12-20	Oeiras	637
22.	SOARES Catarina Silva	03	FCP	1:00.10	50m	04-08-19	Funchal	636
23.	FERNANDES Ines Camacho	97	SCP	1:00.24	50m	08-02-20	Lisboa	632
24.	MONTEIRO Ana Catarina	93	CFV	1:00.26	50m	27-03-21	Coimbra	631
25.	CABRAL Maria Francisca	00	FCP	1:00.32	50m	04-08-19	Funchal	629
26.	MOREIRA Matilde Freitas	01	AAC	1:00.50	50m	04-08-19	Funchal	624
27.	AMADOR Joana Costa	01	CGA	1:00.55	50m	08-02-20	Lisboa	622
28.	NEVES Carolina Marques	01	CNTN	1:00.58	50m	04-08-19	Funchal	621
29.	RAMOS Ana Rita	02	FCP	1:00.75	50m	27-03-21	Coimbra	616
30.	MESTRE Catarina Martins	00	CNLX	1:00.84	50m	13-02-21	Oeiras	613
31.	ROLAO Sofia Alexandra	98	SLB	1:00.97	50m	04-08-19	Funchal	610
32.	ANDRE Angelica Maria	94	CFP	1:01.14	50m	25-04-21	Coimbra	604
33.	HENRIQUES Ines Jacinto	00	00563	1:01.18	50m	07-03-20	San Fernando (ESP)	603
34.	RODRIGUES Helena Nunes	03	CSAAXXI	1:01.39	50m	04-08-19	Funchal	597
35.	FRAZAO Alexandra Couto	02	CAQC	1:01.53	50m	04-08-19	Funchal	593
36.	LASZLOVA Silvia	93	LDC	1:01.79	50m	09-02-20	Lisboa	586
37.	MENDES Mariana Amaral	02	ADRCIMM	1:01.84	50m	13-02-21	Oeiras	584
38.	NUNES Sofia Alexandra	00	CIRL	1:01.88	50m	09-02-20	Lisboa	583
39.	SANTOS Ana Pedro	02	CGA	1:02.03	50m	09-02-20	Lisboa	579
40.	SOARES Carolina Silva	03	CNV	1:02.04	50m	01-02-20	Povoa de Varzim	579
41.	TEJO Beatriz Costa	02	AAC	1:02.08	50m	08-05-21	Coimbra	577
42.	REBELO Maria Carlota	03	ALN	1:02.12	50m	08-05-21	Coimbra	576
43.	REBELO Beatriz Vaz	03	GESL	1:02.18	50m	04-08-19	Funchal	575
44.	NEVES Leonor Maria	03	GESL	1:02.33	50m	01-03-20	Vila Franca de Xira	570
45.	MACHADO Joana Sofia	02	CNV	1:02.35	50m	04-08-19	Funchal	570
46.	FREITAS Maria Joao	97	ANG	1:02.39	50m	27-03-21	Coimbra	569
47.	FERNANDES Ana Ines	00	VSC	1:02.42	50m	01-02-20	Povoa de Varzim	568
48.	PEIXEIRA Filipa Ramos	03	SCP	1:02.48	50m	04-08-19	Funchal	566
49.	SILVA Camila Alexandra	03	SANC	1:02.51	50m	09-02-20	Lisboa	566
50.	MATOS Carolina Lourenco	98	CDCP	1:02.60	50m	09-02-20	Lisboa	563
51.	SILVA Leonor Santos	03	FCP	1:02.64	50m	05-06-21	Porto	562
52.	JESUS Maria Crista	03	LDC	1:02.69	50m	04-08-19	Funchal	561
53.	AGUILAR Vera Ines	00	CDN	1:02.71	50m	28-02-20	Funchal	560

100 Livres (desde 54)

54.	RAMOS Ines Asseiceira	03	CNTN	1:02.82	50m	04-08-19	Funchal	557
54.	PINHEIRO Ines Mariana	03	SANC	1:02.82	50m	09-02-20	Lisboa	557
56.	CASAL Beatriz Goncalves	03	CNTN	1:02.86	50m	02-08-19	Funchal	556
57.	VARGAS Giovanna Vaz	00	DNMG	1:02.87	50m	01-02-20	Povoa de Varzim	556
58.	POMBO Tatiana Raquel	01	CDCP	1:02.93	50m	01-03-20	Vila Franca de Xira	554
59.	RIBEIRO Margarida Messias	98	GESL	1:02.97	50m	29-02-20	Vila Franca de Xira	553
60.	MARQUES Mariana Nunes	03	CDE	1:03.08	50m	01-02-20	Povoa de Varzim	550
61.	GRAVETO Ana Raquel	02	SLB	1:03.13	50m	09-02-20	Lisboa	549
62.	RODRIGUES Luana Correia	01	CFB	1:03.29	50m	01-03-20	Vila Franca de Xira	545
63.	FONSECA Laura Luz	03	CAFBDP	1:03.34	50m	08-02-20	Lisboa	544
63.	SOARES Ana Margarida	03	CNS	1:03.34	50m	09-02-20	Lisboa	544
65.	JACINTO Ines Filipa	03	ADBA	1:03.35	50m	13-06-21	Badajoz (ESP)	543
66.	BAPTISTA Constanca Dias	01	CFB	1:03.37	50m	01-03-20	Vila Franca de Xira	543
67.	GOMES Susana Clara	77	CNF	1:03.38	50m	28-02-20	Funchal	543
68.	CARPINTEIRO Carolina Silverio	02	CNTEJO	1:03.39	50m	09-02-20	Lisboa	542
69.	DIAS Ana Leonor	02	CNLX	1:03.57	50m	09-02-20	Lisboa	538
70.	GAMEIRO Matilde Domingues	97	CNAC	1:03.58	50m	09-02-20	Lisboa	537
71.	MERCEDES Mariana Marques	03	VKGS	1:03.63	50m	13-06-21	Badajoz (ESP)	536
72.	NEVES Ana Carolina	00	SANC	1:03.70	50m	09-02-20	Lisboa	534
72.	PIRES Carolina Saraiva	96	CIRL	1:03.70	50m	09-02-20	Lisboa	534
74.	FERREIRA Ana Raquel	98	CNLX	1:03.72	50m	29-02-20	Vila Franca de Xira	534
75.	RODRIGUES Filipa Serrano	01	SLB	1:03.78	50m	09-02-20	Lisboa	532
76.	MARTINS Claudia Beatriz	03	GESL	1:03.85	50m	09-02-20	Lisboa	531
77.	FERREIRA Leonie Cunha	00	CNPO	1:03.86	50m	01-02-20	Povoa de Varzim	530
77.	ROSA Mafalda Sofia	03	CNRM	1:03.86	50m	27-03-21	Coimbra	530
79.	MARQUES Marta Viola	03	CNCVG	1:03.99	50m	09-02-20	Lisboa	527
80.	VEIGA Ana Filipa	01	CAPGE	1:04.09	50m	14-08-20	Loule	525
81.	VEIGA Susana Pereira	00	POR	1:04.33	50m	19-05-21	Funchal	519
82.	BOULHOSA Carolina Abreu	01	CNF	1:04.40	50m	22-02-20	Funchal	517
83.	SANTOS Matilde Guimaraes	02	LSC	1:04.50	50m	01-02-20	Povoa de Varzim	515
84.	SOARES Ana Beatriz	03	CDF	1:04.87	50m	05-06-21	Porto	506
85.	MACEDO Beatriz Daniela	02	VSC	1:04.95	50m	01-02-20	Povoa de Varzim	504
85.	TEIXEIRA Ines Oliveira	02	CAQC	1:04.95	50m	09-05-21	Coimbra	504
87.	BELCHIOR Catarina Rodrigues	01	AONDA	1:05.09	50m	01-03-20	Vila Franca de Xira	501
88.	OLIVEIRA Francisca Razina	03	SFUAP	1:05.14	50m	05-06-21	Porto	500
89.	DIAS Mafalda Sofia	01	PDEM	1:05.20	50m	01-03-20	Vila Franca de Xira	498
90.	LOPES Sara Santos	03	ADBA	1:05.25	50m	22-02-20	Coimbra	497
91.	HENRIQUES Maria Vitoria	03	ADF	1:05.30	50m	01-02-20	Povoa de Varzim	496
92.	LEONARDO Rute Isabel	98	CNAB	1:05.42	50m	09-02-20	Lisboa	493
93.	SILVA Sofia Oliveira	99	CNS	1:05.45	50m	01-03-20	Vila Franca de Xira	493
94.	SILVA Eduarda Reis	03	GDNFAMA	1:05.55	50m	01-02-20	Povoa de Varzim	490
95.	PINHEIRO Ana Carmo	02	GCST	1:05.59	50m	01-02-20	Povoa de Varzim	490
95.	VARANDAS Joana Filipa	02	CIRL	1:05.59	50m	09-02-20	Lisboa	490
95.	RODRIGUES Barbara Sofrino	01	CFB	1:05.59	50m	01-03-20	Vila Franca de Xira	490
98.	SILVA Margarida Mota	03	PDEM	1:05.62	50m	01-03-20	Vila Franca de Xira	489
99.	PEREIRA Beatriz Elisabete	97	CDCP	1:05.70	50m	01-03-20	Vila Franca de Xira	487
100.	ROLIM Soraia Guerra	95	CIRL	1:06.15	50m	01-03-20	Vila Franca de Xira	477

200 Livres

1.	FRISCHKNECHT Rita Barros	98	SAD	2:02.97	50m	20-12-20	Oeiras	775
2.	MARTINS Francisca Soares	03	POR	2:03.11	50m	16-08-20	Loule	772
3.	HOLUB Tamila Hryhorivna	99	SCB	2:03.53	50m	02-08-19	Funchal	765
4.	PEREIRA Raquel Gomes	00	SLB	2:03.68	50m	24-04-21	Coimbra	762
5.	ANDRE Leticia Maia	02	SLB	2:04.33	50m	01-08-19	Funchal	750
6.	SOUSA Ana Reis	02	POR	2:04.39	50m	25-08-19	BUDAPEST (HUN)	749
7.	DURAES Diana Margarida	96	SLB	2:04.40	50m	02-08-19	Funchal	749
8.	CONCEICAO Ema Jeronimo	03	AEFDTV	2:04.93	50m	14-02-21	Oeiras	739
9.	RAMOS Ana Rita	02	FCP	2:05.20	50m	01-08-19	Funchal	734
10.	REBELO Camila Rodrigues	03	ALN	2:05.85	50m	02-08-19	Funchal	723
11.	FARIA Ana Rita	00	FCP	2:07.20	50m	02-08-19	Funchal	700
12.	HENRIQUES Ines Jacinto	00	SCP	2:07.22	50m	29-02-20	Vila Franca de Xira	700
13.	PEGO Isabel Porfirio	01	CFP	2:07.97	50m	01-08-19	Funchal	688
14.	CARDEAL Joana Nunes	02	AVFC	2:08.15	50m	30-05-21	Coimbra	685
15.	BARBOSA Mariana Fernandes	02	FCP	2:08.35	50m	02-08-19	Funchal	682
16.	PINTO Mafalda Marques	02	SCP	2:08.43	50m	28-03-21	Coimbra	680
17.	BELEZA Mafalda Gomes	94	SCP	2:08.78	50m	02-08-19	Funchal	675
17.	FOMINA Anna	02	LDC	2:08.78	50m	30-05-21	Rio Maior	675
19.	AMADOR Joana Costa	01	CGA	2:08.94	50m	02-08-19	Funchal	672
20.	FRAZAO Alexandra Couto	02	CAQC	2:08.99	50m	02-08-19	Funchal	671
21.	MONTEIRO Ana Catarina	93	POR	2:09.23	50m	21-03-21	MARSEILLE (FRA)	668
22.	SOUSA Catarina Welvitchia	00	ANG	2:09.55	50m	22-08-19	CASA BLANCA (MAR)	663
23.	RODRIGUES Helena Nunes	03	CSAAXXI	2:09.69	50m	02-08-19	Funchal	661
24.	ROSA Mafalda Sofia	03	CNRM	2:10.08	50m	20-12-20	Oeiras	655
25.	SOARES Catarina Silva	03	FCP	2:10.72	50m	02-08-19	Funchal	645
26.	SOARES Carolina Silva	03	CNV	2:11.15	50m	02-02-20	Povoa de Varzim	639
27.	VELOSO Teresa Miguel	00	SCP	2:11.23	50m	08-02-20	Lisboa	638
28.	MESTRE Catarina Martins	00	CNLX	2:11.45	50m	08-02-20	Lisboa	634
29.	ALVES Sara Sofia	01	SCC	2:11.71	50m	02-08-19	Funchal	631
30.	MENDES Mariana Amaral	02	ADRCIMM	2:11.77	50m	14-02-21	Oeiras	630
31.	PIMENTA Margarida Sobral	99	CFB	2:12.17	50m	29-02-20	Vila Franca de Xira	624
32.	MESQUITA Francisca Salvador	02	ADRCIMM	2:12.59	50m	28-03-21	Coimbra	618
33.	SILVA Camila Alexandra	03	SCC	2:12.68	50m	02-08-19	Funchal	617
34.	RODRIGUES Filipa Serrano	01	SLB	2:12.74	50m	08-02-20	Lisboa	616
35.	ROLAO Sofia Alexandra	98	SLB	2:12.87	50m	02-08-19	Funchal	614
36.	MARTINS Ana Beatriz	99	GDNFAMA	2:13.25	50m	02-08-19	Funchal	609
37.	QUEIROZ Ana Rita	02	SANC	2:14.08	50m	08-02-20	Lisboa	598
37.	SANTOS Ana Pedro	02	CGA	2:14.08	50m	08-02-20	Lisboa	598
39.	VARGAS Giovanna Vaz	00	DNMG	2:14.41	50m	02-02-20	Povoa de Varzim	593
40.	PINHEIRO Ines Mariana	03	SANC	2:14.47	50m	08-02-20	Lisboa	593
41.	DIAS Ana Leonor	02	CNOL	2:14.72	50m	02-08-19	Funchal	589
41.	PINA Ana Sofia	02	CRASTO	2:14.72	50m	02-08-19	Funchal	589
43.	CRUZ Sara Moura	03	SAD	2:14.91	50m	29-02-20	Vila Franca de Xira	587
44.	MONTEIRO Margarida Cabral	02	CGA	2:14.93	50m	08-02-20	Lisboa	587
45.	GRAVETO Ana Raquel	02	SLB	2:15.00	50m	29-02-20	Vila Franca de Xira	586
46.	CASTRO Adriana Daniela	97	LSC	2:15.48	50m	02-02-20	Povoa de Varzim	579
47.	TEJO Beatriz Costa	02	AAC	2:15.63	50m	01-08-19	Funchal	578
48.	JACINTO Ines Filipa	03	ADBA	2:15.91	50m	02-02-20	Povoa de Varzim	574
49.	MARQUES Mariana Nunes	03	CDE	2:16.15	50m	02-02-20	Povoa de Varzim	571
50.	RODRIGUES Ana Margarida	96	CGA	2:16.26	50m	02-08-19	Funchal	570
51.	VEIGA Ana Filipa	01	CAPGE	2:16.69	50m	02-02-20	Povoa de Varzim	564
52.	AGUILAR Vera Ines	00	CDN	2:16.83	50m	01-03-20	Funchal	562
53.	RODRIGUES Luana Correia	01	CFB	2:16.94	50m	29-02-20	Vila Franca de Xira	561

200 Livres (desde 54)

54.	REBELO Maria Carlota	03	ALN	2:17.34	50m	09-05-21	Coimbra	556
55.	FERREIRA Leonie Cunha	00	CNPO	2:17.35	50m	02-02-20	Povoa de Varzim	556
56.	MARTINS Claudia Beatriz	03	GESL	2:17.52	50m	29-02-20	Vila Franca de Xira	554
57.	NEVES Leonor Maria	03	GESL	2:17.68	50m	28-02-20	Vila Franca de Xira	552
58.	MERCEDES Mariana Marques	03	VKGS	2:18.06	50m	13-06-21	Badajoz (ESP)	548
59.	VARANDAS Joana Filipa	02	CIRL	2:18.18	50m	08-02-20	Lisboa	546
60.	FERNANDES Ana Ines	00	VSC	2:18.30	50m	24-04-21	Coimbra	545
61.	RANITO Beatriz Paulo	99	GESL	2:18.80	50m	08-02-20	Lisboa	539
62.	POMBO Tatiana Raquel	01	CDCP	2:20.67	50m	29-02-20	Vila Franca de Xira	518
63.	PELAIO Maria Joao	03	GCF	2:20.93	50m	22-02-20	Coimbra	515
64.	NEVES Ana Carolina	00	AAC	2:21.14	50m	22-02-20	Coimbra	512
64.	FREITAS Maria Joao	97	ANG	2:21.14	50m	24-04-21	Coimbra	512
66.	OLIVEIRA Francisca Razina	03	SFUAP	2:21.29	50m	06-06-21	Porto	511
67.	FERREIRA Catarina Trigo	02	CNLX	2:21.30	50m	29-02-20	Vila Franca de Xira	511
68.	SANTOS Ines Figueira	00	SFUAP	2:21.57	50m	29-02-20	Vila Franca de Xira	508
69.	GUEDES Ana Margarida	01	GCVR	2:21.70	50m	22-02-20	Coimbra	506
70.	MOREIRA Matilde Freitas	01	AAC	2:21.91	50m	22-02-20	Coimbra	504
71.	ESTRADA Patricia Fuentes	99	LDC	2:22.06	50m	08-02-20	Lisboa	503
72.	MARQUES Marta Viola	03	CNCVG	2:22.87	50m	29-02-20	Vila Franca de Xira	494
73.	RODRIGUES Barbara Sofrino	01	CFB	2:24.11	50m	29-02-20	Vila Franca de Xira	481
74.	SILVA Sofia Oliveira	99	CNS	2:24.17	50m	29-02-20	Vila Franca de Xira	481
75.	FRANCIS Rebeca Correia	03	LAGAC	2:26.79	50m	19-06-21	Loulé	455
76.	SANTOS Mariana Jacinto	03	JFP	2:26.98	50m	22-02-20	Coimbra	454
77.	MELO Barbara Azambujo	02	AAC	2:27.28	50m	22-02-20	Coimbra	451
78.	MARQUES Beatriz Carvalho	02	AAC	2:27.31	50m	22-02-20	Coimbra	451
79.	ROCHA Daniela Filipa	02	CAP	2:28.09	50m	18-01-20	Povoa de Varzim	444
80.	ALMEIDA Ana Margarida	03	FOCA	2:28.48	50m	18-01-20	Povoa de Varzim	440
81.	SEONG Patricia Abreu	03	FCF	2:28.61	50m	19-06-21	Loulé	439
82.	LUIS Jessica Santos	00	CDSR	2:29.06	50m	01-03-20	Funchal	435
83.	JESUS Filipa Mafalda	03	CDSR	2:30.60	50m	01-03-20	Funchal	422
84.	MACHADO Carolina Alexandra	03	CNBE	2:31.04	50m	19-06-21	Loulé	418
85.	LECA Natasha Maria	03	CDN	2:31.37	50m	19-06-21	Funchal	415
86.	TAVARES Ana Burguete	00	FS	2:32.31	50m	29-02-20	Vila Franca de Xira	408
87.	ALMEIDA Catarina Isabel	02	VSC	2:33.24	50m	18-01-20	Povoa de Varzim	400
88.	NOGUEIRA Rita Santos	03	CUC	2:34.98	50m	22-02-20	Coimbra	387
89.	CUNHA Joana Isabel	80	ACS	2:35.54	50m	19-06-21	Loulé	383
90.	OLIVEIRA Maria Miguel	97	CNMAIA	2:35.94	50m	18-01-20	Povoa de Varzim	380
91.	SILVA Carolina Sofia	02	ACS	2:36.27	50m	19-06-21	Loulé	377
92.	SANTOS Margarida Rodrigues	03	CSAAXXI	2:40.35	50m	22-02-20	Coimbra	349
93.	MENDES Mariana Sebastiao	01	CNLGOS	2:40.63	50m	19-06-21	Loulé	347
94.	FONTES Susana Julia	03	CSAAXXI	2:43.22	50m	22-02-20	Coimbra	331
95.	HERNANDEZ Marcelis Nativid	99	CSM	2:43.32	50m	22-02-20	Funchal	331
96.	REBELO Filipa Margarida	03	CEOL	2:45.99	50m	01-03-20	Funchal	315
97.	URBANO Sara Cruz	03	NBM	2:48.20	50m	22-02-20	Coimbra	303
98.	PEREIRA Luisa Tovela	03	CDN	2:54.05	50m	01-03-20	Funchal	273
99.	CRO Isabel Matilde	00	CEOL	3:04.97	50m	01-03-20	Funchal	227
100.	MARQUES Carolina Chuva	03	JFP	3:05.10	50m	22-02-20	Coimbra	227

400 Livres

1.	DURAES Diana Margarida	96	SLB	4:11.67	50m	09-02-20	Lisboa	829
2.	HOLUB Tamila Hryhorivna	99	POR	4:11.87	50m	05-06-21	BARCELONA (ESP)	827
3.	CONCEICAO Ema Jeronimo	03	AEFDTV	4:19.73	50m	27-03-21	Coimbra	754
4.	MARTINS Francisca Soares	03	FOCA	4:20.10	50m	27-03-21	Coimbra	751
5.	MONTEIRO Ana Catarina	93	CFV	4:23.37	50m	29-05-21	Coimbra	723
6.	ANDRE Leticia Maia	02	SLB	4:23.97	50m	29-05-21	Rio Maior	718
7.	SOUSA Ana Reis	02	SAD	4:24.03	50m	09-02-20	Lisboa	718
8.	CARDEAL Joana Nunes	02	AVFC	4:25.27	50m	05-06-21	Porto	708
9.	HENRIQUES Ines Jacinto	00	SCP	4:25.29	50m	19-12-20	Oeiras	708
10.	RAMOS Ana Rita	02	FCP	4:25.96	50m	22-05-21	Gijón (ESP)	702
11.	ROSA Mafalda Sofia	03	CNRM	4:27.69	50m	19-12-20	Oeiras	689
12.	QUEIROZ Ana Rita	02	CAQC	4:30.21	50m	03-08-19	Funchal	670
13.	FRAZAO Alexandra Couto	02	SCP	4:30.46	50m	09-02-20	Lisboa	668
14.	ALVES Sara Sofia	01	SCC	4:30.73	50m	03-08-19	Funchal	666
15.	MENDES Mariana Amaral	02	ADRCIMM	4:31.05	50m	13-02-21	Oeiras	663
16.	FARIA Ana Rita	00	FCP	4:31.19	50m	03-08-19	Funchal	662
17.	AMADOR Joana Costa	01	CGA	4:32.06	50m	03-08-19	Funchal	656
18.	VELOSO Teresa Miguel	00	SCP	4:33.31	50m	03-08-19	Funchal	647
19.	CHEROUATI Souad Nefissa	89	SLB	4:33.71	50m	15-08-20	Loule	644
20.	AMORIM Maria Leonor	03	FCP	4:34.20	50m	01-02-20	Povoa de Varzim	641
21.	PINA Ana Sofia	02	CRASTO	4:34.42	50m	03-08-19	Funchal	639
22.	MARTINS Joana Ribeiro	03	SCP	4:35.35	50m	01-03-20	Vila Franca de Xira	633
23.	REBELO Camila Rodrigues	03	ALN	4:35.46	50m	08-05-21	Coimbra	632
24.	RODRIGUES Helena Nunes	03	CSAAXXI	4:35.87	50m	03-08-19	Funchal	629
25.	PEGO Isabel Porfirio	01	CFP	4:36.50	50m	01-02-20	Povoa de Varzim	625
26.	SOARES Carolina Silva	03	CNV	4:36.76	50m	01-02-20	Povoa de Varzim	623
27.	PIMENTA Margarida Sobral	99	CFB	4:38.01	50m	09-02-20	Lisboa	615
28.	SILVA Camila Alexandra	03	SANC	4:38.61	50m	09-02-20	Lisboa	611
29.	RODRIGUES Filipa Serrano	01	SLB	4:39.52	50m	09-02-20	Lisboa	605
30.	VARGAS Giovanna Vaz	00	DNMG	4:39.61	50m	01-02-20	Povoa de Varzim	604
31.	PINHEIRO Ines Mariana	03	SANC	4:39.94	50m	09-02-20	Lisboa	602
32.	FOMINA Anna	02	LDC	4:40.08	50m	13-06-21	Loulé	601
33.	SILVA Natacha Sofia	02	SLB	4:40.86	50m	09-02-20	Lisboa	596
34.	ROLAO Sofia Alexandra	98	SLB	4:41.61	50m	03-08-19	Funchal	592
35.	REBELO Maria Carlota	03	ALN	4:42.19	50m	08-05-21	Coimbra	588
36.	MESTRE Catarina Martins	00	CNLX	4:44.70	50m	01-03-20	Vila Franca de Xira	572
37.	RIBEIRO Margarida Messias	98	GESL	4:45.75	50m	25-01-20	Rio Maior	566
38.	VEIGA Ana Filipa	01	CAPGE	4:46.37	50m	01-02-20	Povoa de Varzim	562
39.	VARANDAS Joana Filipa	02	CIRL	4:47.67	50m	01-03-20	Vila Franca de Xira	555
40.	DIAS Ana Leonor	02	CNOL	4:47.94	50m	03-08-19	Funchal	553
41.	RANITO Beatriz Paulo	99	GESL	4:48.17	50m	01-03-20	Vila Franca de Xira	552
42.	TEJO Beatriz Costa	02	AAC	4:50.57	50m	11-01-20	Coimbra	538
43.	SOUSA Ines Matos	03	CUC	4:50.96	50m	03-08-19	Funchal	536
44.	TOMAS Beatriz Monteiro	03	FBSC	4:51.73	50m	11-01-20	Coimbra	532
45.	ARMAS Maria Ornelas	98	EULX	4:52.72	50m	01-03-20	Vila Franca de Xira	527
46.	FONSECA Laura Luz	03	CAFBDP	4:53.82	50m	09-02-20	Lisboa	521
47.	MONTEIRO Margarida Cabral	02	CGA	4:54.20	50m	03-08-19	Funchal	519
48.	MATOS Ana Rita	02	CFB	4:56.62	50m	01-03-20	Vila Franca de Xira	506
49.	AMANTES Beatriz Quintao	03	SFUAP	4:56.83	50m	01-03-20	Vila Franca de Xira	505
50.	MOREIRA Matilde Freitas	01	AAC	4:57.24	50m	11-01-20	Coimbra	503
51.	FERREIRA Catarina Trigo	02	CNLX	5:00.28	50m	01-03-20	Vila Franca de Xira	488
52.	BORGES Claudia Ferreira	99	SCP	5:00.49	50m	13-06-21	Loulé	487
53.	VEIGA Susana Pereira	00	CNCVG	5:02.09	50m	25-04-21	Coimbra	479

400 Livres (desde 54)

54.	GOMES Susana Clara	77	CNF	5:03.20	50m	22-02-20	Funchal	474
55.	FERREIRA Ana Raquel	98	CNLX	5:03.83	50m	01-03-20	Vila Franca de Xira	471
56.	NEVES Sara Dias	03	CNMC	5:04.11	50m	08-05-21	Coimbra	470
57.	SILVA Sofia Oliveira	99	CNS	5:04.38	50m	01-03-20	Vila Franca de Xira	468
58.	PACHECO Maria Manuel	03	CAFBDP	5:05.06	50m	09-02-20	Lisboa	465
59.	FRANCIS Rebeca Correia	03	LAGAC	5:05.78	50m	13-06-21	Loulé	462
60.	MERCEDES Mariana Marques	03	CDOM	5:06.29	50m	01-03-20	Vila Franca de Xira	460
61.	LUIS Jessica Santos	00	CDSR	5:07.68	50m	29-02-20	Funchal	453
62.	RODRIGUES Barbara Sofrino	01	CFB	5:07.70	50m	01-03-20	Vila Franca de Xira	453
63.	JESUS Filipa Mafalda	03	CDSR	5:17.09	50m	29-02-20	Funchal	414
64.	OLIVEIRA Francisca Razina	03	SFUAP	5:17.10	50m	01-03-20	Vila Franca de Xira	414
65.	LECA Natasha Maria	03	CDN	5:20.50	50m	19-06-21	Funchal	401
66.	MARQUES Beatriz Carvalho	02	AAC	5:26.14	50m	11-01-20	Coimbra	381
67.	CASTRO Ana Filipa	97	FVCD	5:48.86	50m	27-03-21	Coimbra	311
68.	VICTOR Joana Isabel	91	JACL	5:49.46	50m	22-02-20	Funchal	309
69.	PEREIRA Luisa Tovela	03	CDN	5:54.86	50m	29-02-20	Funchal	295
70.	ALVES Tania Raquel	02	CDSR	6:00.79	50m	22-02-20	Funchal	281
71.	TELO Carla Patricia	71	CNF	6:02.56	50m	22-02-20	Funchal	277
72.	SOUSA Joana Camacho	01	CDSR	6:06.31	50m	22-02-20	Funchal	268
73.	MENDES Mariana Sebastiao	01	CNLGOS	6:07.80	50m	13-06-21	Loulé	265
74.	PINTO Renata Vaz	99	ADADA	6:15.76	50m	03-11-19	Porto	249
75.	CRO Isabel Matilde	00	CEOL	6:29.23	50m	22-02-20	Funchal	224
76.	SIMOES Diana Vieira	98	SCA	6:45.44	50m	25-01-20	Rio Maior	198
77.	NEVES Camila Anjos	01	ASC	6:49.12	50m	03-11-19	Porto	193
78.	SOARES Maria Mafalda	02	ADADA	7:22.57	50m	25-01-20	Rio Maior	152
79.	GOUVEIA Susana Raquel	89	ADADA	7:32.02	50m	08-12-19	Povoa de Varzim	143
80.	REIS Filipa Sa	00	POR	7:37.73	50m	21-09-19	OLBIA (ITA)	137
81.	TORRES Diana Ines	99	POR	7:55.15	50m	21-09-19	OLBIA (ITA)	123
82.	OLIVEIRA Sonia Cristina	98	CFV	8:07.76	50m	25-01-20	Rio Maior	113
83.	REIS Adriana Godinho	95	FVCD	8:24.32	50m	18-01-20	Coimbra	103
84.	TAVARES Ana Filipa	93	ASC	8:33.83	50m	03-11-19	Porto	97
85.	CASTRO Ana Alexandra	92	FCP	8:44.21	50m	08-12-19	Povoa de Varzim	91
86.	GOMES Barbara Ines	91	APCC	8:54.82	50m	25-01-20	Rio Maior	86
87.	DUARTE Sara Isabel	91	ADADA	9:17.95	50m	03-11-19	Porto	76
88.	MOREIRA Carina Barbosa	81	ADDEG	9:58.55	50m	08-12-19	Povoa de Varzim	61
89.	BARBOSA Ana Sofia	88	FCP	11:55.23	50m	03-11-19	Porto	36

800 Livres

1.	HOLUB Tamila Hryhorivna	99	POR	8:32.30	50m	01-06-21	CANET-EN-ROUSSILLON (F847)	
2.	DURAES Diana Margarida	96	SLB	8:33.82	50m	08-02-20	Lisboa	839
3.	CONCEICAO Ema Jeronimo	03	AEFDTV	8:54.30	50m	14-02-21	Oeiras	746
4.	ANDRE Angelica Maria	94	CFP	9:01.53	50m	04-08-19	Funchal	717
5.	CARDEAL Joana Nunes	02	AVFC	9:04.67	50m	30-05-21	Coimbra	705
6.	RAMOS Ana Rita	02	FCP	9:04.98	50m	04-08-19	Funchal	703
7.	QUEIROZ Ana Rita	02	INDANC	9:05.13	50m	30-05-21	Coimbra	703
8.	MARTINS Francisca Soares	03	FOCA	9:06.46	50m	30-05-21	Coimbra	698
9.	HENRIQUES Ines Jacinto	00	SCP	9:07.01	50m	08-02-20	Lisboa	696
10.	ROSA Mafalda Sofia	03	CNRM	9:07.18	50m	20-12-20	Oeiras	695
11.	ANDRE Leticia Maia	02	SLB	9:15.24	50m	30-05-21	Rio Maior	665
12.	CHEROUATI Souad Nefissa	89	SLB	9:15.78	50m	08-02-20	Lisboa	663
13.	MENDES Mariana Amaral	02	ADRCIMM	9:16.13	50m	08-02-20	Lisboa	662
14.	AMORIM Maria Leonor	03	FCP	9:18.35	50m	04-08-19	Funchal	654

800 Livres (desde 15)

15.	FRAZAO Alexandra Couto	02	00563	9:19.22	50m	06-03-20	San Fernando (ESP)	651
16.	MESQUITA Francisca Salvador	02	ADRCIMM	9:19.71	50m	28-02-20	Vila Franca de Xira	649
17.	ALVES Sara Sofia	01	SCC	9:21.43	50m	04-08-19	Funchal	643
18.	REBELO Camila Rodrigues	03	ALN	9:28.01	50m	09-05-21	Coimbra	621
19.	MESTRE Catarina Martins	00	CNLX	9:28.58	50m	28-02-20	Vila Franca de Xira	619
20.	MARTINS Joana Ribeiro	03	SCP	9:35.72	50m	28-02-20	Vila Franca de Xira	597
21.	PINHEIRO Ines Mariana	03	AAC	9:38.00	50m	04-08-19	Funchal	590
22.	SILVA Camila Alexandra	03	SCC	9:38.37	50m	22-02-20	Coimbra	588
23.	VELOSO Teresa Miguel	00	SCP	9:39.36	50m	04-08-19	Funchal	585
24.	CRUZ Sara Moura	03	SAD	9:40.35	50m	28-02-20	Vila Franca de Xira	582
25.	FOMINA Anna	02	LDC	9:41.83	50m	08-02-20	Lisboa	578
26.	REBELO Maria Carlota	03	ALN	9:42.22	50m	09-05-21	Coimbra	577
27.	RODRIGUES Helena Nunes	03	CSAAXXI	9:43.03	50m	04-08-19	Funchal	574
28.	RANITO Beatriz Paulo	99	GESL	9:44.26	50m	28-02-20	Vila Franca de Xira	571
29.	TEJO Beatriz Costa	02	AAC	9:45.59	50m	22-02-20	Coimbra	567
30.	FONSECA Laura Luz	03	CAFBDP	9:53.96	50m	04-08-19	Funchal	543
31.	SOUSA Ines Matos	03	CUC	9:56.64	50m	04-08-19	Funchal	536
32.	ARMAS Maria Ornelas	98	EULX	9:59.76	50m	28-02-20	Vila Franca de Xira	528
33.	TOMAS Beatriz Monteiro	03	FBSC	10:00.76	50m	22-02-20	Coimbra	525
34.	FERREIRA Catarina Trigo	02	CNLX	10:02.50	50m	04-08-19	Funchal	520
35.	AMANTES Beatriz Quintao	03	SFUAP	10:02.82	50m	04-08-19	Funchal	520
36.	MATOS Ana Rita	02	CFB	10:03.26	50m	28-02-20	Vila Franca de Xira	518
37.	CARVALHO Beatriz Moreira	03	VKGS	10:23.77	50m	28-02-20	Vila Franca de Xira	469
38.	SILVA Sofia Oliveira	99	CNS	10:25.52	50m	28-02-20	Vila Franca de Xira	465
39.	LUIS Jessica Santos	00	CDSR	10:36.49	50m	29-02-20	Funchal	441
40.	MERCEDES Mariana Marques	03	CDOM	10:37.52	50m	28-02-20	Vila Franca de Xira	439
41.	RIBEIRO Maria Ines	03	CFB	10:57.12	50m	28-02-20	Vila Franca de Xira	401
42.	JESUS Filipa Mafalda	03	CDSR	11:00.76	50m	29-02-20	Funchal	394
43.	LECA Natasha Maria	03	CDN	11:47.76	50m	29-02-20	Funchal	321
44.	CUNHA Joana Isabel	80	ACS	11:55.70	50m	20-06-21	Loulé	310
45.	PEREIRA Luisa Tovela	03	CDN	12:10.71	50m	29-02-20	Funchal	292
46.	SOARES Maria Mafalda	02	ADADA	15:37.13	50m	02-11-19	Porto	138
47.	BARBARA Ana Bernardo	70	LAGAC	15:57.00	50m	20-06-21	Loulé	129
48.	SILVA Marina Monica	67	LAGAC	18:12.21	50m	20-06-21	Loulé	87

1500 Livres

1.	DURAES Diana Margarida	96	SLB	16:15.12	50m	09-02-20	Lisboa	841
2.	HOLUB Tamila Hryhorivna	99	POR	16:15.50	50m	20-05-21	Budapest (HUN)	840
3.	CONCEICAO Ema Jeronimo	03	AEFDTV	17:14.28	50m	29-05-21	Rio Maior	704
4.	ROSA Mafalda Sofia	03	CNRM	17:15.23	50m	27-03-21	Coimbra	702
5.	ANDRE Angelica Maria	94	CFP	17:15.42	50m	19-12-20	Oeiras	702
6.	QUEIROZ Ana Rita	02	CAQC	17:27.89	50m	01-08-19	Funchal	677
7.	RAMOS Ana Rita	02	FCP	17:28.25	50m	01-08-19	Funchal	677
8.	MENDES Mariana Amaral	02	ADRCIMM	17:29.89	50m	27-03-21	Coimbra	673
9.	CHEROUATI Souad Nefissa	89	SLB	17:34.30	50m	13-12-19	Amsterdam (NED)	665
10.	HENRIQUES Ines Jacinto	00	SCP	17:37.43	50m	13-02-21	Oeiras	659
11.	MONTEIRO Ana Catarina	93	CFV	17:47.30	50m	09-02-20	Lisboa	641
12.	AMORIM Maria Leonor	03	FCP	17:47.66	50m	01-08-19	Funchal	640
13.	FRAZAO Alexandra Couto	02	SCP	17:51.15	50m	09-02-20	Lisboa	634
14.	REBELO Camila Rodrigues	03	ALN	18:13.06	50m	08-05-21	Coimbra	597
15.	VARANDAS Joana Filipa	02	CIRL	18:29.65	50m	09-02-20	Lisboa	570
16.	RIBEIRO Margarida Messias	98	GESL	18:33.86	50m	01-03-20	Vila Franca de Xira	564

1500 Livres (desde 17)

17.	PINHEIRO Ines Mariana	03	AAC	18:35.24	50m	29-05-21	Coimbra	562
18.	RANITO Beatriz Paulo	99	GESL	18:47.34	50m	01-03-20	Vila Franca de Xira	544
19.	FOMINA Anna	02	LDC	18:47.79	50m	12-06-21	Loulé	543
20.	ARMAS Maria Ornelas	98	EULX	19:08.92	50m	01-03-20	Vila Franca de Xira	514
21.	CARVALHO Beatriz Moreira	03	VKGS	20:04.54	50m	01-03-20	Vila Franca de Xira	446
22.	MERCEDES Mariana Marques	03	CDOM	20:22.16	50m	01-03-20	Vila Franca de Xira	427
23.	FRANCIS Rebeca Correia	03	LAGAC	20:36.68	50m	12-06-21	Loulé	412
24.	JESUS Filipa Mafalda	03	CDSR	20:41.48	50m	28-02-20	Funchal	407
25.	TELO Carla Patricia	71	CNF	22:42.50	50m	28-02-20	Funchal	308
26.	PEREIRA Luisa Tovela	03	CDN	22:56.23	50m	28-02-20	Funchal	299

50 Costas

1.	AZEVEDO Rafaela Gomes	02	SAD	28.43	50m	09-02-20	Lisboa	854
2.	REBELO Camila Rodrigues	03	POR	29.45	50m	14-08-20	Loule	768
3.	MESTRE Catarina Martins	00	CNLX	29.98	50m	01-08-19	Funchal	728
4.	FRISCHKNECHT Rita Barros	98	INDANL	30.02	50m	05-06-21	BARCELONA (ESP)	725
5.	FERNANDES Ines Camacho	97	SCP	30.29	50m	01-08-19	Funchal	706
6.	GUEDES Ana Margarida	01	GCVR	30.34	50m	29-05-21	Coimbra	703
7.	FERREIRA Catarina Maria	98	FCP	30.62	50m	02-02-20	Povoa de Varzim	684
8.	CABRAL Maria Francisca	00	FCP	30.91	50m	01-08-19	Funchal	665
9.	PEIXEIRA Filipa Ramos	03	SCP	30.96	50m	01-08-19	Funchal	661
10.	FREIXO Juliana Lima	97	SCB	30.99	50m	01-08-19	Funchal	659
11.	CONCEICAO Ema Jeronimo	03	AEFDTV	31.28	50m	01-08-19	Funchal	641
12.	RODRIGUES Helena Nunes	03	CSAAXXI	31.49	50m	01-08-19	Funchal	628
13.	CARDEAL Joana Nunes	02	AVFC	31.55	50m	01-08-19	Funchal	625
14.	ROLAO Sofia Alexandra	98	SLB	31.59	50m	01-08-19	Funchal	622
15.	SOUSA Catarina Welvitchia	00	ANG	31.60	50m	23-08-19	CASA BLANCA (MAR)	622
16.	LEITE Ana Sofia	93	GCVR	31.66	50m	29-05-21	Coimbra	618
17.	NEVES Ana Carolina	00	AAC	31.75	50m	01-08-19	Funchal	613
18.	MARQUES Mariana Nunes	03	CDE	31.90	50m	29-05-21	Coimbra	604
19.	FERREIRA Leonor Marques	03	CDCA	31.92	50m	09-02-20	Lisboa	603
20.	CRUZ Sara Moura	03	SAD	31.99	50m	01-08-19	Funchal	599
21.	CATARINO Laura Andre	03	CCDSERTA	32.02	50m	01-08-19	Funchal	598
22.	SOARES Ana Beatriz	03	CDF	32.05	50m	29-05-21	Coimbra	596
23.	RAMOS Ines Asseiceira	03	CNTN	32.06	50m	03-08-19	Funchal	595
24.	SOARES Ines Apolinario	03	PIMP	32.25	50m	09-02-20	Lisboa	585
25.	DIAS Mafalda Sofia	01	PDEM	32.28	50m	28-02-20	Vila Franca de Xira	583
26.	MELO Barbara Azambujo	02	AAC	32.32	50m	01-08-19	Funchal	581
26.	MENDES Lea Alexandra	03	SFGP	32.32	50m	01-08-19	Funchal	581
28.	PEGO Isabel Porfirio	01	CFP	32.36	50m	05-06-21	Porto	579
29.	LASCU Nicoleta	02	CNLA	32.41	50m	01-08-19	Funchal	576
30.	FERNANDES Filipa Viamonte	02	VSC	32.43	50m	29-05-21	Coimbra	575
31.	NUNES Sofia Alexandra	00	CIRL	32.46	50m	09-02-20	Lisboa	574
32.	MACHADO Luisa Maria	01	SFUAP	32.50	50m	24-04-21	Coimbra	572
33.	COSTA Ana Filipa	98	CNBE	32.52	50m	01-08-19	Funchal	571
34.	ESTEVEZ Maria Mousinho	02	CIRL	32.53	50m	09-02-20	Lisboa	570
35.	FERREIRA Ana Raquel	98	CNLX	32.54	50m	01-08-19	Funchal	569
36.	MONTEIRO Margarida Cabral	02	CGA	32.65	50m	01-08-19	Funchal	564
37.	MARTINS Matilde Pereira	99	CNSBA	32.70	50m	01-08-19	Funchal	561
38.	SEVERINO Isis Sousa	02	LDC	32.71	50m	09-02-20	Lisboa	561
39.	JUNQUEIRA Sofia Ribeiro	02	ADBA	32.82	50m	03-08-19	Funchal	555
40.	TEIXEIRA Ines Oliveira	02	CAQC	32.87	50m	25-04-21	Coimbra	553

50 Costas (desde 41)

41.	ALMEIDA Catarina Isabel	02	VSC	32.91	50m	06-06-21	Porto	550
42.	JESUS Maria Crista	03	LDC	32.92	50m	09-02-20	Lisboa	550
43.	AGUILAR Vera Ines	00	CDN	33.04	50m	28-02-20	Funchal	544
44.	MACHADO Carolina Alexandra	03	CNBE	33.14	50m	01-08-19	Funchal	539
44.	SANTOS Ana Pedro	02	CGA	33.14	50m	09-02-20	Lisboa	539
46.	BOULHOSA Carolina Abreu	01	CNF	33.22	50m	28-02-20	Funchal	535
47.	SILVA Catarina Reis	99	SCB	33.38	50m	01-02-20	Povoa de Varzim	528
48.	HENRIQUES Ines Jacinto	00	SCP	33.55	50m	13-02-21	Oeiras	520
49.	CRAVEIRO Beatriz Neves	97	SANC	33.68	50m	09-02-20	Lisboa	514
50.	BERNARDO Joana Beatriz	99	FBSC	33.70	50m	03-08-19	Funchal	513
51.	FONSECA Laura Luz	03	CAFBDP	33.79	50m	09-02-20	Lisboa	509
52.	NEVES Leonor Maria	03	GESL	33.83	50m	09-02-20	Lisboa	507
53.	FOMINA Anna	02	LDC	33.87	50m	19-06-21	Loulé	505
54.	SOARES Ana Margarida	03	CNS	34.01	50m	09-02-20	Lisboa	499
55.	ARMAS Maria Ornelas	98	VKGS	34.11	50m	13-06-21	Badajoz (ESP)	494
56.	CUNHA Mafalda Pacheco	02	CNCE	34.13	50m	01-02-20	Povoa de Varzim	493
57.	BAPTISTA Constanca Dias	01	CFB	34.19	50m	28-02-20	Vila Franca de Xira	491
58.	JARDIM Catarina Alexandra	98	GDNFAMA	34.32	50m	01-02-20	Povoa de Varzim	485
59.	SANTOS Mariana Jacinto	03	JFP	34.33	50m	11-01-20	Coimbra	485
60.	ALVES Andreia Wongsangnoi	03	ADRCIMM	34.45	50m	09-02-20	Lisboa	480
61.	LOPES Sara Santos	03	ADBA	34.46	50m	13-06-21	Badajoz (ESP)	479
62.	RIBEIRO Maria Ines	03	CFB	34.84	50m	28-02-20	Vila Franca de Xira	464
63.	SANTOS Madalena Almeida	03	CFP	35.00	50m	02-02-20	Povoa de Varzim	458
64.	ROLIM Soraia Guerra	95	CIRL	35.06	50m	28-02-20	Vila Franca de Xira	455
65.	CARPINTEIRO Carolina Silverio	02	CNTEJO	35.20	50m	01-02-20	Povoa de Varzim	450
66.	NEVES Sara Dias	03	CNMC	35.25	50m	08-05-21	Coimbra	448
67.	SANTOS Ines Figueira	00	SFUAP	35.30	50m	09-02-20	Lisboa	446
68.	SILVA Ines Pereira	02	FBSC	35.31	50m	11-01-20	Coimbra	446
69.	VEIGA Ana Filipa	01	CAPGE	35.38	50m	01-02-20	Povoa de Varzim	443
70.	SOARES Ana Margarida	01	CDE	35.94	50m	01-02-20	Povoa de Varzim	423
71.	OLIVEIRA Francisca Razina	03	SFUAP	35.96	50m	28-02-20	Vila Franca de Xira	422
72.	COSTA Ana Fernandes	00	CNMJ	36.00	50m	28-02-20	Vila Franca de Xira	420
73.	SILVA Mariana Antunes	02	AEFDTV	36.01	50m	28-02-20	Vila Franca de Xira	420
74.	PELAIO Maria Joao	03	GCF	36.16	50m	11-01-20	Coimbra	415
75.	CAXARIA Marta Sousa	03	CNMJ	36.22	50m	28-02-20	Vila Franca de Xira	413
76.	LUIS Jessica Santos	00	CDSR	36.28	50m	28-02-20	Funchal	411
77.	FRANCIS Rebeca Correia	03	LAGAC	36.57	50m	19-06-21	Loulé	401
78.	MARTINS Beatriz Silva	02	PORTIN	37.00	50m	12-06-21	Loulé	387
79.	BORGES Claudia Ferreira	99	SCP	37.06	50m	12-06-21	Loulé	385
80.	LECA Natasha Maria	03	CDN	38.26	50m	20-06-21	Funchal	350
81.	RODRIGUES Ana Luisa	03	ALN	38.34	50m	11-01-20	Coimbra	348
82.	BETENCOURT Ana Margarida	03	CNF	38.99	50m	23-02-20	Funchal	331
83.	JESUS Filipa Mafalda	03	CDSR	40.48	50m	23-02-20	Funchal	296
84.	ALMEIDA Eunice Evora	94	CDAP	40.80	50m	15-12-19	Vila Franca de Xira	289
85.	PEREIRA Luisa Tovela	03	CDN	42.32	50m	23-02-20	Funchal	259
86.	FERNANDES Francisca Oliveir	02	CEOL	43.22	50m	23-02-20	Funchal	243
87.	CARDOSO Vera Lucia	00	SCE	45.38	50m	26-01-20	Rio Maior	210
88.	TRINDADE Susana Matias	74	LAGAC	45.54	50m	19-06-21	Loulé	207
89.	SOARES Maria Mafalda	02	ADADA	50.49	50m	26-01-20	Rio Maior	152
90.	TORRES Diana Ines	99	POR	52.58	50m	18-09-19	OLBIA (ITA)	135
91.	CARVALHO Ana Filipa	88	SCP	53.76	50m	26-01-20	Rio Maior	126
92.	DUARTE Marta Santos	02	MODV	54.03	50m	15-12-19	Vila Franca de Xira	124
93.	REIS Filipa Sa	00	SCA	55.19	50m	26-01-20	Rio Maior	116

50 Costas (desde 94)

94.	MONTEIRO Raquel Rocilio	98	FVCD	57.27	50m	26-01-20	Rio Maior	104
95.	PINHO Joana Filipa	02	SCA	1:03.53	50m	18-01-20	Coimbra	76
96.	DUARTE Sara Isabel	91	ADADA	1:06.44	50m	26-01-20	Rio Maior	66
97.	PEREIRA Alice Sofia	01	ASC	1:07.41	50m	03-11-19	Porto	64
98.	SOUSA Patricia Alexandra	01	ASC	1:10.11	50m	08-12-19	Povoa de Varzim	56
99.	TINO Paula Maria	70	FVCD	1:11.21	50m	08-12-19	Povoa de Varzim	54
100.	COSTA Noemi Pereira	93	ADDEG	1:12.95	50m	25-04-21	Porto	50

100 Costas

1.	AZEVEDO Rafaela Gomes	02	SAD	1:01.17	50m	20-12-20	Oeiras	833
2.	REBELO Camila Rodrigues	03	ALN	1:02.76	50m	20-12-20	Oeiras	771
3.	MESTRE Catarina Martins	00	CNLX	1:04.14	50m	14-02-21	Oeiras	723
4.	FRISCHKNECHT Rita Barros	98	SAD	1:04.25	50m	03-08-19	Funchal	719
5.	GUEDES Ana Margarida	01	GCVR	1:04.90	50m	24-04-21	Coimbra	697
6.	CABRAL Maria Francisca	00	FCP	1:05.84	50m	03-08-19	Funchal	668
7.	FREIXO Juliana Lima	97	SCB	1:06.60	50m	03-08-19	Funchal	645
8.	CARDEAL Joana Nunes	02	AVFC	1:07.31	50m	08-02-20	Lisboa	625
9.	RAMOS Ana Rita	02	FCP	1:07.58	50m	02-02-20	Povoa de Varzim	618
10.	PEIXEIRA Filipa Ramos	03	SCP	1:07.59	50m	04-08-19	Funchal	617
11.	FERREIRA Catarina Maria	98	FCP	1:07.69	50m	03-08-19	Funchal	615
12.	FERNANDES Ines Camacho	97	SCP	1:07.84	50m	08-02-20	Lisboa	611
13.	SOUSA Catarina Welvitchia	00	ANG	1:08.02	50m	24-08-19	CASA BLANCA (MAR)	606
14.	SANTOS Tatiana Filipa	95	AAC	1:08.05	50m	04-08-19	Funchal	605
15.	MARQUES Mariana Nunes	03	CDE	1:08.19	50m	06-06-21	Porto	601
16.	CRAVEIRO Beatriz Neves	97	AAC	1:08.23	50m	03-08-19	Funchal	600
17.	LASCU Nicoleta	02	CNLA	1:08.34	50m	03-08-19	Funchal	597
18.	CRUZ Sara Moura	03	SAD	1:08.36	50m	03-08-19	Funchal	597
19.	MONTEIRO Ana Catarina	93	CFV	1:08.58	50m	08-02-20	Lisboa	591
20.	MARTINS Francisca Soares	03	FOCA	1:08.75	50m	02-02-20	Povoa de Varzim	587
21.	FERREIRA Ana Raquel	98	CNLX	1:08.78	50m	04-08-19	Funchal	586
22.	RAMOS Ines Asseiceira	03	CNTN	1:08.89	50m	03-08-19	Funchal	583
23.	NEVES Ana Carolina	00	AAC	1:08.96	50m	03-08-19	Funchal	581
24.	NUNES Sofia Alexandra	00	CIRL	1:09.13	50m	20-12-20	Oeiras	577
25.	RODRIGUES Luana Correia	01	CFB	1:09.28	50m	08-02-20	Lisboa	573
26.	COSTA Ana Filipa	98	CNBE	1:09.53	50m	03-08-19	Funchal	567
27.	BERNARDO Joana Beatriz	99	FBSC	1:09.83	50m	04-08-19	Funchal	560
28.	ROLAO Sofia Alexandra	98	SLB	1:09.93	50m	04-08-19	Funchal	557
29.	CATARINO Laura Andre	03	CCDSERTA	1:09.97	50m	03-08-19	Funchal	556
30.	MARTINS Maria Esteves	01	CGA	1:10.02	50m	03-08-19	Funchal	555
31.	MELO Barbara Azambujo	02	AAC	1:10.03	50m	03-08-19	Funchal	555
31.	DURAES Diana Margarida	96	SLB	1:10.03	50m	24-04-21	Coimbra	555
33.	SEVERINO Isis Sousa	02	LDC	1:10.55	50m	03-08-19	Funchal	543
34.	MARTINS Matilde Pereira	99	CNSBA	1:10.79	50m	08-02-20	Lisboa	537
35.	SANTOS Ana Pedro	02	CGA	1:10.95	50m	08-02-20	Lisboa	534
36.	MONTEIRO Margarida Cabral	02	CGA	1:11.18	50m	08-02-20	Lisboa	529
37.	MENDES Lea Alexandra	03	SFGP	1:11.21	50m	03-08-19	Funchal	528
38.	MARTINS Joana Ribeiro	03	SCP	1:11.25	50m	08-02-20	Lisboa	527
39.	REBELO Maria Carlota	03	SANC	1:11.39	50m	08-02-20	Lisboa	524
40.	SOARES Ana Beatriz	03	CDF	1:11.54	50m	03-08-19	Funchal	521
41.	ALMEIDA Catarina Isabel	02	VSC	1:11.66	50m	04-08-19	Funchal	518
42.	FERREIRA Leonor Marques	03	CDCA	1:11.85	50m	08-02-20	Lisboa	514
42.	PIMENTA Margarida Sobral	99	CFB	1:11.85	50m	01-03-20	Vila Franca de Xira	514

100 Costas (desde 44)

44.	TEIXEIRA Ines Oliveira	02	CAQC	1:11.95	50m	09-05-21	Coimbra	512
45.	DOMINGUES Monica Seara	00	SCB	1:12.31	50m	02-02-20	Povoa de Varzim	504
46.	ALVES Andreia Wongsangnoi	03	ADRCIMM	1:12.41	50m	20-12-20	Oeiras	502
47.	RODRIGUES Helena Nunes	03	CSAAXXI	1:12.42	50m	30-05-21	Coimbra	502
48.	ARMAS Maria Ornelas	98	VKGS	1:12.55	50m	12-06-21	Badajoz (ESP)	499
49.	SILVA Catarina Reis	99	SCB	1:12.89	50m	02-02-20	Povoa de Varzim	492
50.	BOULHOSA Carolina Abreu	01	CNF	1:13.12	50m	29-02-20	Funchal	488
51.	SOARES Ana Margarida	03	CNS	1:13.13	50m	08-02-20	Lisboa	487
52.	ESTEVES Maria Mousinho	02	CIRL	1:13.14	50m	08-02-20	Lisboa	487
53.	SANTOS Mariana Jacinto	03	JFP	1:13.43	50m	22-02-20	Coimbra	481
54.	TOMAS Beatriz Monteiro	03	FBSC	1:13.74	50m	22-02-20	Coimbra	475
55.	FONSECA Laura Luz	03	CAFBDP	1:13.76	50m	08-02-20	Lisboa	475
56.	AGUILAR Vera Ines	00	CDN	1:13.89	50m	22-02-20	Funchal	472
57.	PIRES Carolina Saraiva	96	CIRL	1:13.98	50m	01-03-20	Vila Franca de Xira	471
58.	RIBEIRO Maria Ines	03	CFB	1:14.44	50m	01-03-20	Vila Franca de Xira	462
59.	LOPES Sara Santos	03	ADBA	1:14.64	50m	13-06-21	Badajoz (ESP)	458
60.	NEVES Sara Dias	03	CNMC	1:15.01	50m	09-05-21	Coimbra	452
61.	PINHEIRO Ines Mariana	03	AAC	1:15.08	50m	09-05-21	Coimbra	450
62.	VARANDAS Joana Filipa	02	CIRL	1:15.79	50m	01-03-20	Vila Franca de Xira	438
63.	SANTOS Ines Figueira	00	SFUAP	1:16.29	50m	01-03-20	Vila Franca de Xira	429
64.	VEIGA Ana Filipa	01	CAPGE	1:16.34	50m	02-02-20	Povoa de Varzim	428
65.	LUIS Jessica Santos	00	CDSR	1:18.72	50m	22-02-20	Funchal	391
66.	FRANCIS Rebeca Correia	03	LAGAC	1:18.77	50m	13-06-21	Loulé	390
67.	FONTES Susana Julia	03	CSAAXXI	1:19.64	50m	22-02-20	Coimbra	377
68.	TAVARES Ana Burguete	00	FS	1:19.67	50m	01-03-20	Vila Franca de Xira	377
69.	MARTINS Beatriz Silva	02	PORTIN	1:21.08	50m	13-06-21	Loulé	357
70.	SANTOS Margarida Rodrigues	03	CSAAXXI	1:22.91	50m	22-02-20	Coimbra	334
71.	LECA Natasha Maria	03	CDN	1:23.22	50m	19-06-21	Funchal	331
72.	PINTO Renata Vaz	99	POR	1:23.28	50m	21-05-21	Funchal	330
73.	URBANO Sara Cruz	03	NBM	1:25.70	50m	22-02-20	Coimbra	303
74.	FREITAS Viviana Maria	03	ADM	1:27.00	50m	22-02-20	Funchal	289
75.	REBELO Filipa Margarida	03	CEOL	1:29.18	50m	25-01-20	Funchal	269
76.	PEREIRA Luisa Tovela	03	CDN	1:31.17	50m	22-02-20	Funchal	251
77.	GOUVEIA Mariana Alves	03	LCM	1:34.28	50m	25-01-20	Funchal	227
78.	CRO Isabel Matilde	00	CEOL	1:36.31	50m	25-01-20	Funchal	213
79.	CASTRO Ana Filipa	97	FVCD	1:37.11	50m	02-11-19	Porto	208
80.	CARDOSO Vera Lucia	00	SCE	1:43.46	50m	18-01-20	Coimbra	172
81.	TORRES Diana Ines	99	FCP	1:48.59	50m	18-01-20	Coimbra	149
82.	SOARES Maria Mafalda	02	ADADA	1:50.94	50m	02-11-19	Porto	139
83.	VASCO Maria Sio	00	NDCO	1:55.13	50m	26-01-20	Rio Maior	125
84.	CARVALHO Ana Filipa	88	SCP	1:55.79	50m	15-12-19	Vila Franca de Xira	122
85.	SIMOES Diana Vieira	98	SCA	1:57.89	50m	26-01-20	Rio Maior	116
86.	MONTEIRO Raquel Rocilio	98	FVCD	1:58.64	50m	26-01-20	Rio Maior	114
87.	CASTRO Ana Alexandra	92	FCP	2:01.35	50m	26-01-20	Rio Maior	106
88.	REIS Filipa Sa	00	SCA	2:01.56	50m	07-12-19	Povoa de Varzim	106
89.	DUARTE Marta Santos	02	MODV	2:03.91	50m	26-01-20	Rio Maior	100
90.	OLIVEIRA Sonia Cristina	98	CFV	2:08.35	50m	26-01-20	Rio Maior	90
91.	GOMES Sandra Marlene	96	ADADA	2:15.73	50m	02-11-19	Porto	76
92.	DUARTE Sara Isabel	91	ADADA	2:20.66	50m	02-11-19	Porto	68
93.	PALMA Ana Filipa	94	GCNF	2:20.67	50m	13-06-21	Loulé	68
94.	TAVARES Ana Filipa	93	ASC	2:24.63	50m	18-01-20	Coimbra	63
95.	TINO Paula Maria	70	FVCD	2:26.50	50m	07-12-19	Povoa de Varzim	60
96.	FERREIRA Francisca Araujo	96	ADADA	2:31.50	50m	07-12-19	Povoa de Varzim	54

100 Costas (desde 97)

97.	FERREIRA Jessica Mendes	88	SCE	2:32.90	50m	18-01-20	Coimbra	53
98.	SANTOS Rita Manuela	96	ADADA	2:36.81	50m	07-12-19	Povoa de Varzim	49
99.	COSTA Noemi Pereira	93	ADDEG	2:38.41	50m	02-11-19	Porto	47
100.	RAMALHO Joana Aguiar	87	GCNF	2:42.41	50m	13-06-21	Loulé	44

200 Costas

1.	FRISCHKNECHT Rita Barros	98	SAD	2:15.02	50m	09-02-20	Lisboa	762
2.	REBELO Camila Rodrigues	03	ALN	2:17.75	50m	19-12-20	Oeiras	718
3.	MESTRE Catarina Martins	00	CNLX	2:19.81	50m	30-05-21	Rio Maior	686
4.	CABRAL Maria Francisca	00	FCP	2:21.25	50m	02-08-19	Funchal	665
5.	RAMOS Ana Rita	02	FCP	2:22.25	50m	02-08-19	Funchal	652
6.	CARDEAL Joana Nunes	02	AVFC	2:23.32	50m	30-05-21	Coimbra	637
7.	HENRIQUES Ines Jacinto	00	SCP	2:24.40	50m	29-02-20	Vila Franca de Xira	623
8.	PEIXEIRA Filipa Ramos	03	SCP	2:24.47	50m	02-08-19	Funchal	622
9.	GUEDES Ana Margarida	01	GCVR	2:24.77	50m	25-04-21	Coimbra	618
10.	BERNARDO Joana Beatriz	99	FBSC	2:25.94	50m	02-08-19	Funchal	603
11.	FREIXO Juliana Lima	97	SCB	2:26.00	50m	02-08-19	Funchal	603
12.	SANTOS Tatiana Filipa	95	AAC	2:26.31	50m	02-08-19	Funchal	599
13.	CRUZ Sara Moura	03	SAD	2:26.63	50m	02-08-19	Funchal	595
14.	RODRIGUES Luana Correia	01	CFB	2:28.10	50m	02-08-19	Funchal	577
15.	MARTINS Maria Esteves	01	CGA	2:28.84	50m	02-08-19	Funchal	569
16.	MARQUES Mariana Nunes	03	CDE	2:28.88	50m	30-05-21	Coimbra	568
17.	FERREIRA Ana Raquel	98	CNLX	2:29.42	50m	02-08-19	Funchal	562
18.	RAMOS Ines Asseiceira	03	CNTN	2:29.75	50m	02-08-19	Funchal	558
19.	SOARES Ines Apolinario	03	PIMP	2:30.76	50m	09-02-20	Lisboa	547
20.	MACHADO Luisa Maria	01	SFUAP	2:30.84	50m	29-02-20	Vila Franca de Xira	546
21.	LASCU Nicoleta	02	CNLA	2:30.87	50m	02-08-19	Funchal	546
22.	CATARINO Laura Andre	03	CCDSERTA	2:31.82	50m	02-08-19	Funchal	536
23.	MESQUITA Francisca Salvador	02	ADRCIMM	2:31.83	50m	29-02-20	Vila Franca de Xira	536
24.	ARMAS Maria Ornelas	98	VKGS	2:32.01	50m	30-05-21	Rio Maior	534
25.	REBELO Maria Carlota	03	ALN	2:32.08	50m	09-05-21	Coimbra	533
26.	ALMEIDA Catarina Isabel	02	VSC	2:32.15	50m	01-02-20	Povoa de Varzim	532
27.	LIMA Lia Ana	01	SAD	2:32.43	50m	09-02-20	Lisboa	529
28.	RODRIGUES Filipa Serrano	01	SLB	2:33.71	50m	29-02-20	Vila Franca de Xira	516
29.	MOREIRA Matilde Freitas	01	AAC	2:33.94	50m	02-08-19	Funchal	514
30.	SOARES Ana Margarida	03	CNS	2:33.97	50m	02-08-19	Funchal	514
31.	DOMINGUES Monica Seara	00	SCB	2:34.40	50m	01-02-20	Povoa de Varzim	509
32.	BARBOSA Adriana Freixo	03	VNC	2:34.56	50m	02-08-19	Funchal	508
33.	NUNES Sofia Alexandra	00	CIRL	2:35.54	50m	19-12-20	Oeiras	498
34.	MARTINS Joana Ribeiro	03	SCP	2:35.56	50m	09-02-20	Lisboa	498
35.	SANTOS Madalena Almeida	03	CFP	2:35.63	50m	01-02-20	Povoa de Varzim	497
36.	RODRIGUES Ana Luisa	03	ALN	2:35.73	50m	22-02-20	Coimbra	496
37.	ALVES Andreia Wongsangnoi	03	ADRCIMM	2:35.81	50m	02-08-19	Funchal	496
38.	FERREIRA Leonor Marques	03	CDCA	2:35.84	50m	09-02-20	Lisboa	495
39.	NEVES Sara Dias	03	CNMC	2:36.44	50m	09-05-21	Coimbra	490
40.	TOMAS Beatriz Monteiro	03	FBSC	2:36.95	50m	22-02-20	Coimbra	485
41.	SANTOS Ana Pedro	02	CGA	2:37.02	50m	09-02-20	Lisboa	484
42.	VEIGA Ana Filipa	01	CAPGE	2:38.07	50m	01-02-20	Povoa de Varzim	475
43.	ROLAO Sofia Alexandra	98	SLB	2:38.47	50m	29-02-20	Vila Franca de Xira	471
44.	MARTINS Matilde Pereira	99	CNSBA	2:38.60	50m	09-02-20	Lisboa	470
45.	RIBEIRO Maria Ines	03	CFB	2:38.76	50m	29-02-20	Vila Franca de Xira	469
46.	RODRIGUEZ Andrea Sanchez	99	LDC	2:41.73	50m	09-02-20	Lisboa	443

200 Costas (desde 47)

47.	FRANCIS Rebeca Correia	03	LAGAC	2:42.03	50m	09-02-20	Lisboa	441
48.	SANTOS Mariana Jacinto	03	JFP	2:42.09	50m	22-02-20	Coimbra	440
49.	GAMEIRO Matilde Domingues	97	CNAC	2:42.90	50m	22-02-20	Coimbra	434
50.	GRAVETO Ana Raquel	02	SLB	2:43.32	50m	29-02-20	Vila Franca de Xira	430
51.	SANTOS Ines Figueira	00	SFUAP	2:45.10	50m	29-02-20	Vila Franca de Xira	417
52.	SILVA Natacha Sofia	02	SLB	2:46.83	50m	29-02-20	Vila Franca de Xira	404
53.	LOPES Sara Santos	03	ADBA	2:46.92	50m	22-02-20	Coimbra	403
54.	MAGALHAES Ines Filipa	02	CAP	2:58.45	50m	22-02-20	Coimbra	330
55.	SEONG Patricia Abreu	03	FCF	3:04.56	50m	12-06-21	Loulé	298
56.	PEREIRA Luisa Tovela	03	CDN	3:07.40	50m	25-01-20	Funchal	285
57.	MENDES Mariana Sebastiao	01	CNLGOS	3:07.64	50m	12-06-21	Loulé	284
58.	TORRES Diana Ines	99	FCP	3:45.29	50m	25-01-20	Rio Maior	164
59.	CARDOSO Vera Lucia	00	SCE	3:45.81	50m	18-01-20	Coimbra	163
60.	MONTEIRO Raquel Rocilio	98	FVCD	4:05.21	50m	18-01-20	Coimbra	127
61.	CASTRO Ana Alexandra	92	FCP	4:09.34	50m	25-01-20	Rio Maior	121
62.	PALMA Ana Filipa	94	GCNF	5:13.51	50m	12-06-21	Loulé	60
63.	COSTA Noemi Pereira	93	ADDEG	5:21.11	50m	25-01-20	Rio Maior	56
64.	MACHADO Ana Catarina	94	ADADA	5:34.27	50m	25-01-20	Rio Maior	50
65.	RAMALHO Joana Aguiar	87	GCNF	5:44.13	50m	12-06-21	Loulé	46
66.	SOUSA Patricia Alexandra	01	ASC	5:45.19	50m	18-01-20	Coimbra	45

50 Bruços

1.	RODRIGUES Ana Pinho	94	EDV	31.49	50m	28-03-21	Coimbra	813
2.	PEREIRA Raquel Gomes	00	SAD	32.89	50m	02-08-19	Funchal	714
3.	KAMINSKAYA Victoria	95	POR	33.05	50m	13-02-21	BARCELONA (ESP)	703
4.	FIGUEIRA Isabel Maria	79	CNFA	33.13	50m	02-08-19	Funchal	698
5.	BORGES Claudia Ferreira	99	SCP	33.51	50m	05-06-21	Porto	675
6.	OLIVEIRA Rosa Maria	96	FCP	33.78	50m	02-08-19	Funchal	659
7.	CERDEIRA Madalena Reis	03	SCP	34.05	50m	29-05-21	Rio Maior	643
8.	SILVA Beatriz Santos	01	FCP	34.06	50m	02-08-19	Funchal	643
9.	ROSA Maria Carolina	94	SCP	34.34	50m	02-08-19	Funchal	627
10.	BARATA Barbara Sofia	97	SAD	34.43	50m	02-08-19	Funchal	622
11.	TEIXEIRA Ines Oliveira	02	CDE	34.49	50m	01-02-20	Povoa de Varzim	619
12.	FIAL Sofia Nunes	03	AEJ	34.50	50m	29-05-21	Coimbra	618
13.	CASTRO Maria Freitas	03	VSC	34.52	50m	29-05-21	Coimbra	617
14.	PEREIRA Clara Gomes	02	SAD	34.65	50m	02-08-19	Funchal	610
15.	LEONARDO Rute Isabel	98	CNAB	34.83	50m	02-08-19	Funchal	601
16.	VEIGA Ana Filipa	01	CAPGE	35.04	50m	28-03-21	Coimbra	590
17.	RODRIGUES Luana Correia	01	CFB	35.05	50m	02-08-19	Funchal	590
17.	ANDRE Angelica Maria	94	CFP	35.05	50m	24-04-21	Coimbra	590
19.	ALVES Andreia Wongsangnoi	03	ADRCIMM	35.18	50m	29-05-21	Rio Maior	583
20.	VARGAS Giovanna Vaz	00	DNMG	35.27	50m	02-08-19	Funchal	579
21.	REBELO Maria Carlota	03	ALN	35.41	50m	24-04-21	Coimbra	572
22.	MACHADO Luisa Maria	01	SFUAP	35.53	50m	24-04-21	Coimbra	566
23.	GONCALVES Sofia Filipa	01	LSC	35.54	50m	02-08-19	Funchal	566
24.	CARPINTEIRO Carolina Silverio	02	CNTEJO	35.56	50m	08-02-20	Lisboa	565
25.	DOMINGUES Luana Pinto	03	ADBA	35.84	50m	02-08-19	Funchal	551
26.	TOMAS Beatriz Monteiro	03	FBSC	35.97	50m	02-08-19	Funchal	546
27.	MATOS Carolina Lourenco	98	CDCP	35.98	50m	08-02-20	Lisboa	545
28.	MAIA Joana Marques	91	SCB	36.07	50m	05-06-21	Porto	541
29.	FERNANDES Ana Catarina	03	CNF	36.10	50m	02-08-19	Funchal	540
30.	LEITAO Rita Fernandes	96	CNLX	36.19	50m	29-05-21	Rio Maior	536

50 Bruços (desde 31)

31.	FREITAS Maria Joao	97	ANG	36.35	50m	24-04-21	Coimbra	529
31.	FOMINA Anna	02	LDC	36.35	50m	19-06-21	Loulé	529
33.	DOMINGUES Matilde Mota	03	CNCE	36.41	50m	29-05-21	Coimbra	526
34.	CARVALHO Beatriz Antunes	99	SCP	36.46	50m	29-02-20	Vila Franca de Xira	524
35.	SILVA Maria Madalena	98	SCB	36.47	50m	01-02-20	Povoa de Varzim	523
36.	SANTOS Catarina Vitorino	02	LDC	36.56	50m	02-08-19	Funchal	520
37.	CARVALHO Bruna Cruz	03	CPSPA	36.61	50m	11-01-20	Coimbra	517
38.	VASCONCELOS Mariana Graciosa	99	AHBE	36.65	50m	08-02-20	Lisboa	516
39.	VIEIRA Valeria Goncalves	02	VSC	36.68	50m	05-06-21	Porto	514
40.	RIBEIRO Margarida Messias	98	GESL	36.71	50m	29-02-20	Vila Franca de Xira	513
41.	MACHADO Joana Sofia	02	CNV	36.82	50m	02-08-19	Funchal	509
42.	DIAS Ana Amarante	03	CNPDL	36.87	50m	01-02-20	Povoa de Varzim	507
43.	REBELO Beatriz Vaz	03	GESL	36.92	50m	02-08-19	Funchal	504
44.	DIAS Ana Leonor	02	CNOL	37.04	50m	02-08-19	Funchal	500
45.	OLIVEIRA Claudia Sofia	02	ADS	37.19	50m	02-08-19	Funchal	494
46.	VERA Lidia Garcia de	97	LDC	37.20	50m	08-02-20	Lisboa	493
47.	CASAL Beatriz Goncalves	03	CNTN	37.24	50m	29-05-21	Rio Maior	492
48.	REBELO Filipa Margarida	03	CEOL	37.47	50m	29-02-20	Funchal	483
49.	LEMOS Maria Ines	02	SCMI	37.51	50m	02-08-19	Funchal	481
50.	HENRIQUES Mafalda Alexandrina	98	CFB	37.65	50m	29-02-20	Vila Franca de Xira	476
51.	HENRIQUES Daniela Mascarenhas	03	GESL	37.93	50m	08-02-20	Lisboa	465
52.	MESQUITA Francisca Salvador	02	ADRCIMM	37.97	50m	13-02-21	Oeiras	464
53.	MENDES Mariana Amaral	02	ADRCIMM	38.00	50m	14-02-21	Oeiras	463
54.	SILVA Natacha Sofia	02	SLB	38.01	50m	29-05-21	Rio Maior	462
55.	NEVES Leonor Maria	03	GESL	38.12	50m	29-02-20	Vila Franca de Xira	458
56.	NEVES Ana Carolina	00	AAC	38.39	50m	11-01-20	Coimbra	449
57.	ULPIANO Cristiana Silva	95	CIRL	38.53	50m	29-02-20	Vila Franca de Xira	444
58.	TAVARES Ana Burguete	00	FS	39.25	50m	29-02-20	Vila Franca de Xira	420
59.	JACINTO Ines Filipa	03	ADBA	39.81	50m	12-06-21	Badajoz (ESP)	402
60.	ROLIM Soraia Guerra	95	CIRL	39.93	50m	29-02-20	Vila Franca de Xira	399
61.	PINTO Renata Vaz	99	ADADA	40.52	50m	24-04-21	Porto	381
62.	AGUILAR Vera Ines	00	CDN	40.87	50m	29-02-20	Funchal	372
63.	BOULHOSA Carolina Abreu	01	CNF	42.43	50m	29-02-20	Funchal	332
64.	SILVA Carolina Sofia	02	ACS	42.49	50m	19-06-21	Loulé	331
65.	FRANCIS Rebeca Correia	03	LAGAC	43.71	50m	19-06-21	Loulé	304
66.	OLIVEIRA Beatriz Camacho	03	CNF	44.42	50m	29-02-20	Funchal	289
67.	MELO Barbara Azambujo	02	AAC	45.18	50m	11-01-20	Coimbra	275
68.	NOBREGA Valeria Cardoso	02	CDN	51.27	50m	29-02-20	Funchal	188
69.	PELAIO Beatriz Malaquias	99	APPDAC	54.25	50m	26-01-20	Rio Maior	159
70.	SILVA Marina Monica	67	LAGAC	59.11	50m	19-06-21	Loulé	123
71.	CARDOSO Vera Lucia	00	SCE	59.60	50m	26-01-20	Rio Maior	120
72.	REIS Filipa Sa	00	SCA	1:02.43	50m	26-01-20	Rio Maior	104
73.	LOURENCO Carolina Caetano	94	APCC	1:05.45	50m	18-01-20	Coimbra	90
74.	PINHO Joana Filipa	02	SCA	1:05.60	50m	18-01-20	Coimbra	90
75.	GOMES Barbara Ines	91	APCC	1:07.63	50m	11-01-20	Coimbra	82
76.	GOMES Sandra Marlene	96	ADADA	1:15.99	50m	24-04-21	Porto	57
77.	MACHADO Ana Catarina	94	ADADA	1:20.64	50m	26-01-20	Rio Maior	48
78.	SILVA Carla Filipa	97	LSXXI	1:22.16	50m	02-11-19	Porto	45
79.	CARDOSO Maria Fatima	88	ADDEG	1:23.65	50m	18-01-20	Coimbra	43
80.	PEREIRA Alice Sofia	01	ASC	1:26.99	50m	02-11-19	Porto	38
81.	MONTEIRO Ana Marta	89	APPDAC	1:29.98	50m	18-01-20	Coimbra	34
82.	SOUSA Patricia Alexandra	01	ASC	1:36.16	50m	15-12-19	Vila Franca de Xira	28
83.	FERREIRA Paula Tino	70	FVCD	1:36.95	50m	18-01-20	Coimbra	27

100 Bruços

1.	PEREIRA Raquel Gomes	00	SLB	1:09.87	50m	28-03-21	Coimbra	773
2.	KAMINSKAYA Victoria	95	SLB	1:09.95	50m	20-12-20	Oeiras	770
3.	RODRIGUES Ana Pinho	94	ADS	1:10.21	50m	01-08-19	Funchal	762
4.	CERDEIRA Madalena Reis	03	SCP	1:12.18	50m	30-05-21	Rio Maior	701
5.	BORGES Claudia Ferreira	99	SCP	1:12.89	50m	06-06-21	Porto	681
6.	SOUSA Ana Reis	02	SAD	1:13.08	50m	01-08-19	Funchal	675
7.	FIGUEIRA Isabel Maria	79	CNFA	1:13.28	50m	01-08-19	Funchal	670
8.	PEREIRA Clara Gomes	02	SAD	1:14.19	50m	20-12-20	Oeiras	645
9.	CASTRO Maria Freitas	03	VSC	1:14.22	50m	30-05-21	Coimbra	645
10.	MACHADO Luisa Maria	01	SFUAP	1:14.73	50m	01-08-19	Funchal	631
11.	ANDRE Angelica Maria	94	CFP	1:14.82	50m	25-04-21	Coimbra	629
12.	FIAL Sofia Nunes	03	AEJ	1:14.89	50m	30-05-21	Coimbra	627
13.	REBELO Maria Carlota	03	ALN	1:15.37	50m	20-12-20	Oeiras	616
14.	VEIGA Ana Filipa	01	CAPGE	1:15.42	50m	09-02-20	Lisboa	614
15.	OLIVEIRA Rosa Maria	96	FCP	1:15.47	50m	01-08-19	Funchal	613
16.	SILVA Natacha Sofia	02	SLB	1:16.02	50m	01-08-19	Funchal	600
17.	GONCALVES Sofia Filipa	01	LSC	1:16.22	50m	01-08-19	Funchal	595
18.	LEONARDO Rute Isabel	98	CNAB	1:16.30	50m	01-08-19	Funchal	593
19.	RODRIGUES Luana Correia	01	CFB	1:16.34	50m	01-08-19	Funchal	592
20.	SILVA Beatriz Santos	01	FCP	1:16.47	50m	01-08-19	Funchal	589
21.	CARPINTEIRO Carolina Silverio	02	CNTEJO	1:16.71	50m	09-02-20	Lisboa	584
22.	MAIA Joana Marques	91	SCB	1:17.24	50m	06-06-21	Porto	572
23.	TEIXEIRA Ines Oliveira	02	CAQC	1:17.25	50m	28-03-21	Coimbra	572
24.	DOMINGUES Luana Pinto	03	ADBA	1:17.48	50m	01-08-19	Funchal	567
25.	TOMAS Beatriz Monteiro	03	SANC	1:17.79	50m	09-02-20	Lisboa	560
26.	ROSA Maria Carolina	94	SCP	1:18.16	50m	01-08-19	Funchal	552
27.	MIRANDA Rita Catarina	97	SCB	1:18.34	50m	02-02-20	Povoa de Varzim	548
28.	MENDES Mariana Amaral	02	ADRCIMM	1:18.52	50m	14-02-21	Oeiras	544
29.	RIBEIRO Margarida Messias	98	GESL	1:18.66	50m	01-08-19	Funchal	541
30.	OLIVEIRA Mafalda Joana	02	CAP	1:18.71	50m	01-08-19	Funchal	540
31.	DOMINGUES Matilde Mota	03	CCLAMAS	1:19.09	50m	02-02-20	Povoa de Varzim	533
32.	BERNARDO Ines Silva	00	SLB	1:19.28	50m	01-08-19	Funchal	529
33.	LEITAO Rita Fernandes	96	CNLX	1:19.47	50m	30-05-21	Rio Maior	525
34.	ALVES Andreia Wongsangnoi	03	ADRCIMM	1:19.74	50m	30-05-21	Rio Maior	520
35.	FERNANDES Ana Catarina	03	CNF	1:20.00	50m	01-08-19	Funchal	515
36.	MONTEIRO Margarida Cabral	02	CGA	1:20.47	50m	09-02-20	Lisboa	506
37.	HENRIQUES Daniela Mascarenhas	03	GESL	1:21.21	50m	01-08-19	Funchal	492
38.	DIAS Ana Amarante	03	CNPDL	1:21.40	50m	01-08-19	Funchal	489
39.	VIEIRA Valeria Goncalves	02	VSC	1:21.48	50m	01-08-19	Funchal	487
40.	SANTOS Catarina Vitorino	02	LDC	1:21.52	50m	01-08-19	Funchal	486
41.	MATOS Carolina Lourenco	98	CDCP	1:21.62	50m	09-02-20	Lisboa	485
42.	CARVALHO Beatriz Antunes	99	SCP	1:21.76	50m	09-02-20	Lisboa	482
43.	CASAL Beatriz Goncalves	03	CNTN	1:21.81	50m	30-05-21	Rio Maior	481
44.	AMORIM Maria Leonor	03	FCP	1:21.89	50m	02-02-20	Povoa de Varzim	480
45.	CARVALHO Bruna Cruz	03	CPSPA	1:21.91	50m	01-08-19	Funchal	479
46.	VARGAS Giovanna Vaz	00	DNMG	1:22.37	50m	28-03-21	Coimbra	471
47.	SOUSA Ana Pereira	03	GCF	1:22.40	50m	11-01-20	Coimbra	471
48.	OLIVEIRA Claudia Sofia	02	ADS	1:22.63	50m	01-08-19	Funchal	467
49.	ULPIANO Cristiana Silva	95	CIRL	1:24.27	50m	28-02-20	Vila Franca de Xira	440
50.	VERA Lidia Garcia de	97	LDC	1:24.44	50m	09-02-20	Lisboa	438
51.	HENRIQUES Mafalda Alexandr	98	CFB	1:24.75	50m	28-02-20	Vila Franca de Xira	433
52.	PINTO Renata Vaz	99	POR	1:25.02	50m	16-05-21	Funchal	429
53.	SILVA Margarida Mota	03	PDEM	1:25.88	50m	28-02-20	Vila Franca de Xira	416

100 Braços (desde 54)

54.	VARANDAS Joana Filipa	02	CIRL	1:26.17	50m	28-02-20	Vila Franca de Xira	412
55.	REBELO Filipa Margarida	03	CEOL	1:28.84	50m	22-02-20	Funchal	376
56.	SEONG Patricia Abreu	03	FCF	1:29.44	50m	12-06-21	Loulé	368
57.	OLIVEIRA Beatriz Camacho	03	CNF	1:37.63	50m	29-02-20	Funchal	283
58.	TELO Carla Patricia	71	CNF	1:39.18	50m	22-02-20	Funchal	270
59.	CORREIA Ana Beatriz	98	CNFA	1:41.21	50m	25-01-20	Rio Maior	254
60.	HERNANDEZ Marcelis Nativid	99	CSM	1:42.65	50m	25-01-20	Funchal	243
61.	NOBREGA Valeria Cardoso	02	CDN	1:54.77	50m	25-01-20	Funchal	174
62.	PELAIO Beatriz Malaquias	99	APPDAC	1:54.98	50m	25-01-20	Rio Maior	173
63.	NEVES Camila Anjos	01	ASC	2:05.11	50m	02-11-19	Porto	134
64.	REIS Filipa Sa	00	SCA	2:09.39	50m	25-01-20	Rio Maior	121
65.	CARDOSO Vera Lucia	00	SCE	2:12.73	50m	18-01-20	Coimbra	112
66.	VASCO Maria Sio	00	NDCO	2:14.27	50m	25-01-20	Rio Maior	108
67.	LOURENCO Carolina Caetano	94	APCC	2:17.40	50m	25-01-20	Rio Maior	101
68.	GOMES Barbara Ines	91	APCC	2:18.96	50m	09-05-21	Coimbra	98
69.	FRAGOSO Simone Silva	80	PDEM	2:22.34	50m	15-12-19	Vila Franca de Xira	91
70.	DUARTE Sara Isabel	91	ADADA	2:35.02	50m	25-01-20	Rio Maior	70
71.	PINHO Joana Filipa	02	SCA	2:40.64	50m	02-11-19	Porto	63
72.	SILVA Carla Filipa	97	LSXXI	2:52.57	50m	07-12-19	Povoa de Varzim	51
73.	SANTOS Rita Manuela	96	ADADA	3:08.72	50m	25-01-20	Rio Maior	39
74.	OLIVEIRA Sonia Cristina	98	CFV	3:10.58	50m	07-12-19	Povoa de Varzim	38
75.	BARBOSA Teresa Raquel	90	FCP	3:48.08	50m	07-12-19	Povoa de Varzim	22

200 Braços

1.	KAMINSKAYA Victoria	95	POR	2:25.90	50m	20-05-21	Budapest (HUN)	866
2.	PEREIRA Raquel Gomes	00	POR	2:26.62	50m	20-05-21	Budapest (HUN)	854
3.	CERDEIRA Madalena Reis	03	SCP	2:35.01	50m	30-05-21	Rio Maior	722
4.	MACHADO Luisa Maria	01	SFUAP	2:37.37	50m	03-08-19	Funchal	690
5.	CASTRO Maria Freitas	03	VSC	2:37.43	50m	05-06-21	Porto	689
6.	PEREIRA Clara Gomes	02	SAD	2:37.79	50m	19-12-20	Oeiras	685
7.	VEIGA Ana Filipa	01	CAPGE	2:37.95	50m	01-02-20	Povoa de Varzim	683
8.	REBELO Maria Carlota	03	ALN	2:38.77	50m	24-04-21	Coimbra	672
9.	BORGES Claudia Ferreira	99	SLB	2:39.24	50m	03-08-19	Funchal	666
10.	MONTEIRO Ana Catarina	93	CFV	2:40.98	50m	08-02-20	Lisboa	645
11.	RODRIGUES Ana Pinho	94	EDV	2:41.36	50m	30-05-21	Coimbra	640
12.	ANDRE Angelica Maria	94	CFP	2:42.37	50m	03-08-19	Funchal	628
13.	SILVA Natacha Sofia	02	SLB	2:42.50	50m	03-08-19	Funchal	627
14.	TOMAS Beatriz Monteiro	03	SANC	2:43.09	50m	08-02-20	Lisboa	620
15.	MESQUITA Francisca Salvador	02	ADRCIMM	2:43.95	50m	13-02-21	Oeiras	610
16.	GONCALVES Sofia Filipa	01	LSC	2:44.39	50m	03-08-19	Funchal	605
16.	FIAL Sofia Nunes	03	AEJ	2:44.39	50m	05-06-21	Porto	605
18.	MAIA Joana Marques	91	GCST	2:44.88	50m	03-08-19	Funchal	600
19.	LEONARDO Rute Isabel	98	CNAB	2:46.41	50m	03-08-19	Funchal	584
20.	SOUSA Ana Reis	02	SAD	2:46.55	50m	03-08-19	Funchal	582
21.	RODRIGUES Luana Correia	01	CFB	2:47.34	50m	01-03-20	Vila Franca de Xira	574
22.	OLIVEIRA Mafalda Joana	02	CAP	2:48.08	50m	03-08-19	Funchal	566
23.	TEIXEIRA Ines Oliveira	02	CAQC	2:49.10	50m	27-03-21	Coimbra	556
24.	MONTEIRO Margarida Cabral	02	CGA	2:50.96	50m	03-08-19	Funchal	538
25.	DOMINGUES Luana Pinto	03	ADBA	2:51.85	50m	03-08-19	Funchal	530
26.	CARPINTEIRO Carolina Silverio	02	CNTEJO	2:52.31	50m	03-08-19	Funchal	526
27.	SANTOS Catarina Vitorino	02	LDC	2:52.49	50m	03-08-19	Funchal	524
28.	LEITAO Rita Fernandes	96	CNLX	2:52.80	50m	30-05-21	Rio Maior	521

200 Bruços (desde 29)

29.	RIBEIRO Margarida Messias	98	GESL	2:53.91	50m	08-02-20	Lisboa	511
30.	DIAS Ana Amarante	03	CNPDL	2:54.63	50m	01-02-20	Povoa de Varzim	505
31.	CARDOSO Tatiana Alexandre	01	CNA	2:55.36	50m	01-03-20	Vila Franca de Xira	499
32.	BERNARDO Ines Silva	00	SLB	2:56.27	50m	03-08-19	Funchal	491
33.	FERNANDES Ana Catarina	03	CNF	2:56.75	50m	25-01-20	Funchal	487
34.	VIEIRA Valeria Goncalves	02	VSC	2:57.03	50m	03-08-19	Funchal	485
35.	AMORIM Maria Leonor	03	FCP	2:58.15	50m	01-02-20	Povoa de Varzim	476
36.	CARVALHO Beatriz Antunes	99	SCP	2:58.19	50m	08-02-20	Lisboa	475
37.	HENRIQUES Daniela Mascarenhas	03	GESL	2:58.40	50m	03-08-19	Funchal	474
38.	PINHEIRO Ines Mariana	03	AAC	3:02.57	50m	22-02-20	Coimbra	442
39.	HENRIQUES Mafalda Alexandr	98	CFB	3:03.98	50m	01-03-20	Vila Franca de Xira	432
40.	NEVES Sara Dias	03	CNMC	3:04.07	50m	22-02-20	Coimbra	431
41.	NEVES Ana Carolina	00	AAC	3:04.33	50m	22-02-20	Coimbra	429
42.	RODRIGUES Helena Nunes	03	CSAAXI	3:05.32	50m	22-02-20	Coimbra	422
43.	SEONG Patricia Abreu	03	FCF	3:09.46	50m	19-06-21	Loulé	395
44.	PULQUERIO Joana Isabel	03	SFUAP	3:10.35	50m	01-03-20	Vila Franca de Xira	390
45.	MOREIRA Matilde Freitas	01	AAC	3:11.32	50m	22-02-20	Coimbra	384
46.	PINTO Renata Vaz	99	ADADA	3:11.90	50m	24-04-21	Porto	380
47.	MARQUES Beatriz Carvalho	02	AAC	3:14.93	50m	22-02-20	Coimbra	363
48.	NOGUEIRA Rita Santos	03	CUC	3:18.81	50m	22-02-20	Coimbra	342
49.	MELO Barbara Azambujo	02	AAC	3:20.09	50m	22-02-20	Coimbra	336
50.	CUNHA Mariana Patricia	03	NBM	3:47.93	50m	22-02-20	Coimbra	227
51.	LOURENCO Carolina Caetano	94	APCC	4:44.96	50m	25-01-20	Rio Maior	116
52.	GOMES Barbara Ines	91	APCC	4:46.52	50m	09-05-21	Coimbra	114
53.	REIS Filipa Sa	00	POR	4:47.07	50m	20-09-19	OLBIA (ITA)	113
54.	SILVA Marina Monica	67	LAGAC	4:54.58	50m	19-06-21	Loulé	105
55.	PINHO Joana Filipa	02	SCA	5:11.42	50m	18-01-20	Coimbra	89

50 Mariposa

1.	GUEDES Ana Margarida	01	GCVR	26.58	50m	06-06-21	Porto	776
2.	RODRIGUES Ana Pinho	94	ADS	27.63	50m	01-08-19	Funchal	691
3.	MONTEIRO Ana Catarina	93	CFV	28.03	50m	01-08-19	Funchal	662
4.	SOARES Catarina Silva	03	FCP	28.08	50m	01-08-19	Funchal	658
5.	FERNANDES Ines Camacho	97	SCP	28.13	50m	01-08-19	Funchal	655
6.	VIEGAS Beatriz Mendes	00	SCP	28.31	50m	28-02-20	Vila Franca de Xira	642
7.	RODRIGUES Ana Margarida	96	CGA	28.53	50m	01-08-19	Funchal	627
7.	PEREIRA Raquel Gomes	00	SLB	28.53	50m	25-04-21	Coimbra	627
9.	ANDRE Leticia Maia	02	SLB	28.62	50m	28-03-21	Coimbra	621
10.	TEJO Beatriz Costa	02	AAC	28.76	50m	25-04-21	Coimbra	612
11.	MESQUITA Francisca Salvador	02	ADRCIMM	28.87	50m	01-08-19	Funchal	605
12.	CASTRO Adriana Daniela	97	LSC	28.92	50m	25-04-21	Coimbra	602
13.	LASZLOVA Silvia	93	LDC	28.93	50m	09-02-20	Lisboa	602
14.	KAMINSKAYA Victoria	95	SLB	28.96	50m	09-02-20	Lisboa	600
15.	LIMA Lia Ana	01	SCP	28.98	50m	01-08-19	Funchal	599
16.	GRAVETO Ana Raquel	02	SLB	29.18	50m	28-03-21	Coimbra	586
17.	SILVA Ines Pereira	02	FBSC	29.20	50m	01-08-19	Funchal	585
18.	PEGO Isabel Porfirio	01	CFP	29.24	50m	30-05-21	Coimbra	583
19.	ROLAO Sofia Alexandra	98	SLB	29.32	50m	01-08-19	Funchal	578
20.	SILVA Leonor Santos	03	FCP	29.34	50m	06-06-21	Porto	577
21.	CARPINTEIRO Carolina Silverio	02	SANDS	29.49	50m	06-06-21	Porto	568
22.	ROSA Beatriz Jong	00	CDN	29.61	50m	01-08-19	Funchal	561
22.	CRAVEIRO Beatriz Neves	97	AAC	29.61	50m	01-08-19	Funchal	561

50 Mariposa (desde 24)

24.	MACHADO Luisa Maria	01	SFUAP	29.65	50m	25-04-21	Coimbra	559
25.	SANTOS Beatriz Rocha	02	CDCA	29.70	50m	01-08-19	Funchal	556
26.	CARDEAL Joana Nunes	02	AVFC	29.85	50m	01-08-19	Funchal	548
27.	AMANTES Beatriz Quintao	03	SFUAP	29.89	50m	01-08-19	Funchal	546
27.	FERNANDES Filipa Viamonte	02	VSC	29.89	50m	25-04-21	Coimbra	546
29.	MARTINS Ana Beatriz	99	GDNFAMA	29.92	50m	01-08-19	Funchal	544
30.	REBELO Camila Rodrigues	03	ALN	29.98	50m	09-05-21	Coimbra	541
30.	SOARES Ana Beatriz	03	CDF	29.98	50m	06-06-21	Porto	541
32.	VARGAS Giovanna Vaz	00	DNMG	30.00	50m	01-08-19	Funchal	540
33.	LOPES Sara Santos	03	ADBA	30.05	50m	01-08-19	Funchal	537
34.	MACHADO Carolina Alexandra	03	CNBE	30.09	50m	09-02-20	Lisboa	535
35.	JUNQUEIRA Sofia Ribeiro	02	ADBA	30.12	50m	01-08-19	Funchal	533
35.	TOME Madalena Rodrigues	03	AHBE	30.12	50m	01-08-19	Funchal	533
35.	PINTO Sofia Gales	01	CCLAMAS	30.12	50m	01-08-19	Funchal	533
35.	RIBEIRO Margarida Messias	98	GESL	30.12	50m	28-02-20	Vila Franca de Xira	533
39.	BARBOSA Mariana Fernandes	02	FCP	30.19	50m	01-08-19	Funchal	529
40.	BARATA Barbara Sofia	97	SAD	30.23	50m	01-08-19	Funchal	527
41.	OLIVEIRA Mafalda Joana	02	CAP	30.25	50m	01-08-19	Funchal	526
42.	BELO Rita Afonso	02	BSCN	30.26	50m	01-08-19	Funchal	526
43.	GOMES Susana Clara	77	CNF	30.31	50m	01-08-19	Funchal	523
44.	RODRIGUES Helena Nunes	03	CSAAXXI	30.44	50m	01-08-19	Funchal	516
45.	REBELO Beatriz Vaz	03	GESL	30.53	50m	01-08-19	Funchal	512
45.	NUNES Sofia Alexandra	00	CIRL	30.53	50m	28-02-20	Vila Franca de Xira	512
47.	SILVA Maria Madalena	98	SCB	30.61	50m	02-02-20	Povoa de Varzim	508
48.	PINTO Mafalda Marques	02	SCP	30.77	50m	01-08-19	Funchal	500
49.	MONTEIRO Ines Rosado	00	CNVA	30.79	50m	09-02-20	Lisboa	499
50.	DOMINGUES Matilde Mota	03	CNCE	30.82	50m	30-05-21	Coimbra	498
51.	CORREIA Rute Ferreira	03	ACRTCMV	30.83	50m	01-08-19	Funchal	497
52.	SANTOS Mariana Jacinto	03	JFP	30.90	50m	11-01-20	Coimbra	494
53.	HENRIQUES Ines Jacinto	00	SCP	30.94	50m	14-02-21	Oeiras	492
54.	VEIGA Ana Filipa	01	CAPGE	30.95	50m	02-02-20	Povoa de Varzim	491
55.	TOMAS Beatriz Monteiro	03	SANC	31.02	50m	09-02-20	Lisboa	488
56.	QUEIROZ Ana Rita	02	CAQC	31.06	50m	25-04-21	Coimbra	486
57.	SOARES Ana Margarida	03	CNS	31.09	50m	28-02-20	Vila Franca de Xira	485
57.	ESTEVEZ Maria Mousinho	02	CIRL	31.09	50m	28-02-20	Vila Franca de Xira	485
59.	TEIXEIRA Ines Oliveira	02	CDE	31.18	50m	02-02-20	Povoa de Varzim	480
60.	AGUILAR Vera Ines	00	CDN	31.20	50m	01-03-20	Funchal	480
61.	REBELO Maria Carlota	03	ALN	31.21	50m	13-02-21	Oeiras	479
62.	PEIXEIRA Filipa Ramos	03	SCP	31.27	50m	09-02-20	Lisboa	476
63.	MATIAS Marta Filipa	03	CCDSERTA	31.29	50m	01-08-19	Funchal	475
64.	BOULHOSA Carolina Abreu	01	CNF	31.34	50m	09-02-20	Lisboa	473
65.	SOARES Carolina Silva	03	CNV	31.35	50m	30-05-21	Coimbra	473
66.	NEVES Sara Dias	03	CNMC	31.36	50m	09-05-21	Coimbra	472
67.	NEVES Leonor Maria	03	GESL	31.40	50m	28-02-20	Vila Franca de Xira	470
68.	BORGES Claudia Ferreira	99	SCP	31.43	50m	13-06-21	Loulé	469
69.	DIAS Mafalda Sofia	01	PDEM	31.49	50m	28-02-20	Vila Franca de Xira	466
70.	FERREIRA Beatriz Pedro	03	CPCD	31.59	50m	09-02-20	Lisboa	462
71.	HENRIQUES Daniela Mascarenhas	03	GESL	31.68	50m	09-02-20	Lisboa	458
72.	BAPTISTA Constanca Dias	01	CFB	31.70	50m	28-02-20	Vila Franca de Xira	457
73.	SEVERINO Isis Sousa	02	LDC	31.80	50m	09-02-20	Lisboa	453
74.	SILVA Camila Alexandra	03	SCC	31.81	50m	11-01-20	Coimbra	452
75.	MARTINS Claudia Beatriz	03	GESL	31.84	50m	28-02-20	Vila Franca de Xira	451
76.	DIAS Ana Amarante	03	CNPDL	32.07	50m	02-02-20	Povoa de Varzim	442

50 Mariposa (desde 77)

77.	MENDES Mariana Amaral	02	ADRCIMM	32.10	50m	13-02-21	Oeiras	440
78.	LEONARDO Rute Isabel	98	CNAB	32.11	50m	09-02-20	Lisboa	440
79.	DOMINGUES Luana Pinto	03	ADBA	32.35	50m	30-05-21	Rio Maior	430
80.	SILVA Sofia Oliveira	99	CNS	32.51	50m	28-02-20	Vila Franca de Xira	424
81.	TAVARES Ana Burguete	00	FS	32.68	50m	09-02-20	Lisboa	417
82.	CARVALHO Leonor Rodrigues	02	CAFBDP	32.86	50m	09-02-20	Lisboa	410
83.	CAXARIA Marta Sousa	03	CNMJ	32.90	50m	28-02-20	Vila Franca de Xira	409
84.	PULQUERIO Joana Isabel	03	SFUAP	32.93	50m	28-02-20	Vila Franca de Xira	408
85.	CARRAO Matilde Pereira	03	CIRL	32.96	50m	28-02-20	Vila Franca de Xira	407
86.	ALVES Carla Luisa	98	GDNFAMA	32.98	50m	02-02-20	Povoa de Varzim	406
87.	FERNANDES Ana Catarina	03	CNF	33.06	50m	01-03-20	Funchal	403
88.	MENDES Mariana Sebastiao	01	CNLGOS	33.45	50m	20-06-21	Loulé	389
89.	SEONG Patricia Abreu	03	FCF	33.90	50m	13-06-21	Loulé	374
90.	GAMEIRO Maria Miguel	03	CNAC	33.94	50m	11-01-20	Coimbra	372
91.	VEIGA Susana Pereira	00	CNCVG	34.38	50m	14-02-21	Oeiras	358
92.	LUIS Jessica Santos	00	CDSR	34.69	50m	01-03-20	Funchal	349
93.	VICTOR Joana Isabel	91	JACL	35.85	50m	23-02-20	Funchal	316
94.	RODRIGUES Ana Luisa	03	ALN	36.18	50m	11-01-20	Coimbra	307
95.	CRO Isabel Matilde	00	CEOL	36.32	50m	01-03-20	Funchal	304
96.	FRANCIS Rebeca Correia	03	LAGAC	36.34	50m	20-06-21	Loulé	303
97.	REBELO Filipa Margarida	03	CEOL	36.93	50m	01-03-20	Funchal	289
98.	MARQUES Beatriz Carvalho	02	AAC	37.62	50m	11-01-20	Coimbra	273
99.	JESUS Filipa Mafalda	03	CDSR	37.68	50m	01-03-20	Funchal	272
100.	MARQUES Carolina Chuva	03	JFP	39.64	50m	11-01-20	Coimbra	234

100 Mariposa

1.	MONTEIRO Ana Catarina	93	CFV	1:00.67	50m	03-08-19	Funchal	764
2.	GUEDES Ana Margarida	01	GCVR	1:00.73	50m	05-06-21	Porto	762
3.	KAMINSKAYA Victoria	95	SLB	1:02.15	50m	27-03-21	Coimbra	711
4.	LIMA Lia Ana	01	SAD	1:02.30	50m	08-02-20	Lisboa	706
5.	FERNANDES Ines Camacho	97	SCP	1:02.49	50m	03-08-19	Funchal	699
6.	RODRIGUES Ana Margarida	96	CGA	1:02.69	50m	03-08-19	Funchal	693
7.	PEREIRA Raquel Gomes	00	POR	1:02.91	50m	16-08-20	Loule	685
8.	MESQUITA Francisca Salvador	02	ADRCIMM	1:03.24	50m	03-08-19	Funchal	675
9.	HENRIQUES Ines Jacinto	00	SCP	1:03.28	50m	27-03-21	Coimbra	673
10.	GRAVETO Ana Raquel	02	SLB	1:03.65	50m	24-04-21	Coimbra	662
11.	TEJO Beatriz Costa	02	AAC	1:03.90	50m	29-05-21	Coimbra	654
12.	VARGAS Giovanna Vaz	00	DNMG	1:04.19	50m	03-08-19	Funchal	645
13.	ANDRE Leticia Maia	02	SLB	1:04.37	50m	03-08-19	Funchal	640
14.	CARDEAL Joana Nunes	02	AVFC	1:04.97	50m	24-04-21	Coimbra	622
15.	SILVA Ines Pereira	02	FBSC	1:05.23	50m	03-08-19	Funchal	615
16.	CARPINTEIRO Carolina Silverio	02	CNTEJO	1:05.29	50m	08-02-20	Lisboa	613
17.	BARATA Barbara Sofia	97	SAD	1:05.32	50m	03-08-19	Funchal	612
18.	BARBOSA Mariana Fernandes	02	FCP	1:05.49	50m	03-08-19	Funchal	607
19.	CRAVEIRO Beatriz Neves	97	AAC	1:05.51	50m	03-08-19	Funchal	607
20.	FERNANDES Filipa Viamonte	02	VSC	1:05.78	50m	19-12-20	Oeiras	599
21.	MARTINS Francisca Soares	03	FOCA	1:05.96	50m	01-02-20	Povoa de Varzim	595
22.	SILVA Leonor Santos	03	FCP	1:06.00	50m	05-06-21	Porto	593
23.	REBELO Camila Rodrigues	03	ALN	1:06.09	50m	08-05-21	Coimbra	591
24.	SANTOS Beatriz Rocha	02	CDCA	1:06.13	50m	03-08-19	Funchal	590
25.	BELO Rita Afonso	02	BSCN	1:06.27	50m	03-08-19	Funchal	586
26.	ROSA Beatriz Jong	00	CDN	1:06.63	50m	03-08-19	Funchal	577

100 Mariposa (desde 27)

27.	MACHADO Luisa Maria	01	SFUAP	1:06.69	50m	01-03-20	Vila Franca de Xira	575
28.	JUNQUEIRA Sofia Ribeiro	02	ADBA	1:07.24	50m	03-08-19	Funchal	561
29.	PINTO Sofia Gales	01	CCLAMAS	1:07.34	50m	03-08-19	Funchal	559
30.	PEREIRA Clara Gomes	02	SAD	1:07.36	50m	03-08-19	Funchal	558
31.	MARQUES Mariana Nunes	03	CDE	1:07.38	50m	05-06-21	Porto	558
32.	GOMES Susana Clara	77	CNF	1:07.68	50m	08-02-20	Lisboa	550
33.	DOMINGUES Luana Pinto	03	ADBA	1:07.69	50m	29-05-21	Rio Maior	550
34.	OLIVEIRA Mafalda Joana	02	CAP	1:07.83	50m	03-08-19	Funchal	547
35.	TOME Madalena Rodrigues	03	AHBE	1:07.88	50m	03-08-19	Funchal	545
36.	REBELO Maria Carlota	03	ALN	1:07.89	50m	08-05-21	Coimbra	545
37.	MARTINS Ana Beatriz	99	GDNFAMA	1:07.91	50m	03-08-19	Funchal	545
38.	FERREIRA Ana Claudia	90	CNAL	1:08.03	50m	08-02-20	Lisboa	542
39.	AMANTES Beatriz Quintao	03	SFUAP	1:08.08	50m	24-04-21	Coimbra	541
40.	SILVA Eduarda Reis	03	GDNFAMA	1:08.24	50m	03-08-19	Funchal	537
41.	MENDES Mariana Amaral	02	ADRCIMM	1:08.36	50m	08-02-20	Lisboa	534
42.	SIMOES Bruna Andreia	01	DNMG	1:08.48	50m	03-08-19	Funchal	531
43.	MATOS Ana Rita	02	CFB	1:08.49	50m	01-03-20	Vila Franca de Xira	531
44.	MARTINS Joana Ribeiro	03	SCP	1:08.67	50m	08-02-20	Lisboa	527
45.	CRUZ Sara Moura	03	SAD	1:08.91	50m	03-08-19	Funchal	521
46.	CORREIA Rute Ferreira	03	ACRTCVM	1:09.15	50m	03-08-19	Funchal	516
47.	BORGES Claudia Ferreira	99	SCP	1:09.22	50m	12-06-21	Loulé	514
48.	SOARES Catarina Silva	03	FCP	1:09.36	50m	01-02-20	Povoa de Varzim	511
49.	PEIXEIRA Filipa Ramos	03	SCP	1:09.45	50m	01-03-20	Vila Franca de Xira	509
50.	RODRIGUES Helena Nunes	03	CSAAXXI	1:09.52	50m	22-02-20	Coimbra	508
51.	LOPES Sara Santos	03	ADBA	1:09.59	50m	03-08-19	Funchal	506
52.	RIBEIRO Margarida Messias	98	GESL	1:09.98	50m	25-01-20	Rio Maior	498
53.	MACHADO Carolina Alexandra	03	CNBE	1:10.03	50m	03-08-19	Funchal	497
54.	VEIGA Ana Filipa	01	CAPGE	1:10.08	50m	03-08-19	Funchal	496
55.	RODRIGUES Daniela Oliveira	02	CNV	1:10.17	50m	01-02-20	Povoa de Varzim	494
56.	MONTEIRO Ines Rosado	00	CNVA	1:10.21	50m	22-02-20	Coimbra	493
57.	HENRIQUES Daniela Mascarenhas	03	GESL	1:10.30	50m	08-02-20	Lisboa	491
58.	PINHEIRO Ines Mariana	03	AAC	1:10.31	50m	11-01-20	Coimbra	491
59.	NEVES Sara Dias	03	CNMC	1:10.46	50m	08-05-21	Coimbra	488
60.	NUNES Sofia Alexandra	00	CIRL	1:10.53	50m	01-03-20	Vila Franca de Xira	486
61.	BOULHOSA Carolina Abreu	01	CNF	1:10.72	50m	29-02-20	Funchal	482
62.	DOMINGUES Matilde Mota	03	CCLAMAS	1:10.81	50m	01-02-20	Povoa de Varzim	480
63.	SILVA Catarina Reis	99	SCB	1:11.02	50m	01-02-20	Povoa de Varzim	476
64.	FOMINA Anna	02	LDC	1:11.16	50m	12-06-21	Loulé	473
65.	VERA Lidia Garcia de	97	LDC	1:11.23	50m	08-02-20	Lisboa	472
66.	SOARES Ana Margarida	03	CNS	1:11.35	50m	01-03-20	Vila Franca de Xira	470
67.	JACINTO Ines Filipa	03	ADBA	1:11.82	50m	22-02-20	Coimbra	460
68.	CAZEIRO Filipa Inacio	02	CIRL	1:12.45	50m	01-03-20	Vila Franca de Xira	449
69.	CARVALHO Maria Leitao	02	ADBA	1:12.67	50m	22-02-20	Coimbra	444
70.	DIAS Ana Leonor	02	CNLX	1:12.70	50m	01-03-20	Vila Franca de Xira	444
71.	GAMEIRO Matilde Domingues	97	CNAC	1:13.08	50m	22-02-20	Coimbra	437
72.	SILVA Sofia Oliveira	99	CNS	1:13.53	50m	01-03-20	Vila Franca de Xira	429
73.	TEIXEIRA Ines Oliveira	02	CDE	1:13.71	50m	01-02-20	Povoa de Varzim	426
74.	SANTOS Mariana Jacinto	03	JFP	1:14.05	50m	22-02-20	Coimbra	420
74.	BAPTISTA Constanca Dias	01	CFB	1:14.05	50m	01-03-20	Vila Franca de Xira	420
76.	PACHECO Maria Manuel	03	CAFBDP	1:14.06	50m	08-02-20	Lisboa	420
77.	RODRIGUES Ana Luisa	03	ALN	1:14.11	50m	22-02-20	Coimbra	419
78.	MAGALHAES Ines Filipa	02	CAP	1:14.32	50m	22-02-20	Coimbra	415
79.	PULQUERIO Joana Isabel	03	SFUAP	1:15.12	50m	01-03-20	Vila Franca de Xira	402

100 Mariposa (desde 80)

80.	TEJO Sara Sofia	03	CAQC	1:15.79	50m	22-02-20	Coimbra	392
81.	MOREIRA Matilde Freitas	01	AAC	1:16.62	50m	22-02-20	Coimbra	379
82.	MARQUES Marta Viola	03	CNCVG	1:17.08	50m	01-03-20	Vila Franca de Xira	372
83.	FONTES Susana Julia	03	CSAAXXI	1:17.81	50m	22-02-20	Coimbra	362
84.	SANTOS Margarida Rodrigues	03	CSAAXXI	1:20.22	50m	22-02-20	Coimbra	330
85.	VICTOR Joana Isabel	91	JACL	1:20.74	50m	25-01-20	Funchal	324
86.	CORREIA Ana Beatriz	98	CNFA	1:23.59	50m	25-01-20	Rio Maior	292
87.	HERNANDEZ Marcelis Nativid	99	CSM	1:31.34	50m	29-02-20	Funchal	224
88.	CRO Isabel Matilde	00	CEOL	1:31.40	50m	29-02-20	Funchal	223
89.	REBELO Filipa Margarida	03	CEOL	1:32.24	50m	25-01-20	Funchal	217
90.	CASTRO Ana Filipa	97	FVCD	1:36.01	50m	03-11-19	Porto	192
91.	MARQUES Carolina Chuva	03	JFP	1:36.28	50m	22-02-20	Coimbra	191
92.	FERNANDES Francisca Oliveir	02	CEOL	1:37.09	50m	25-01-20	Funchal	186
93.	TORRES Diana Ines	99	FCP	1:53.81	50m	08-12-19	Povoa de Varzim	115
94.	REIS Adriana Godinho	95	FVCD	2:05.25	50m	25-01-20	Rio Maior	86
95.	CASTRO Ana Alexandra	92	FCP	2:10.24	50m	03-11-19	Porto	77
96.	MOREIRA Carina Barbosa	81	ADDEG	2:19.59	50m	03-11-19	Porto	62
97.	GOUVEIA Susana Raquel	89	ADADA	2:24.33	50m	03-11-19	Porto	56

200 Mariposa

1.	MONTEIRO Ana Catarina	93	POR	2:09.92	50m	02-06-21	CANET-EN-ROUSSILLON (F824	
2.	HENRIQUES Ines Jacinto	00	SCP	2:13.44	50m	20-12-20	Oeiras	760
3.	VARGAS Giovanna Vaz	00	DNMG	2:15.82	50m	04-08-19	Funchal	721
4.	GRAVETO Ana Raquel	02	SLB	2:17.77	50m	27-03-21	Coimbra	691
5.	LIMA Lia Ana	01	SAD	2:19.59	50m	09-02-20	Lisboa	664
6.	MESQUITA Francisca Salvador	02	ADRCIMM	2:19.66	50m	04-08-19	Funchal	663
7.	BARBOSA Mariana Fernandes	02	FCP	2:20.54	50m	04-08-19	Funchal	651
8.	BARATA Barbara Sofia	97	SAD	2:21.05	50m	04-08-19	Funchal	644
9.	RODRIGUES Ana Margarida	96	CGA	2:21.74	50m	04-08-19	Funchal	634
10.	PEREIRA Clara Gomes	02	SAD	2:22.77	50m	04-08-19	Funchal	621
11.	MARTINS Joana Ribeiro	03	SCP	2:23.55	50m	09-02-20	Lisboa	610
12.	DOMINGUES Luana Pinto	03	ADBA	2:24.81	50m	04-08-19	Funchal	595
13.	TEJO Beatriz Costa	02	AAC	2:25.83	50m	29-05-21	Coimbra	582
14.	MENDES Mariana Amaral	02	ADRCIMM	2:25.90	50m	14-02-21	Oeiras	581
15.	ANDRE Leticia Maia	02	SLB	2:27.20	50m	04-08-19	Funchal	566
16.	REBELO Maria Carlota	03	ALN	2:27.41	50m	08-05-21	Coimbra	564
17.	MATOS Ana Rita	02	CFB	2:28.42	50m	20-12-20	Oeiras	552
18.	CARDEAL Joana Nunes	02	AVFC	2:28.45	50m	25-04-21	Coimbra	552
19.	MONTEIRO Ines Rosado	00	CNVA	2:29.53	50m	04-08-19	Funchal	540
20.	SILVA Eduarda Reis	03	GDNFAMA	2:29.97	50m	29-05-21	Coimbra	535
21.	BELO Rita Afonso	02	BSCN	2:29.98	50m	04-08-19	Funchal	535
22.	SILVA Ines Pereira	02	FBSC	2:30.51	50m	04-08-19	Funchal	530
23.	ROCHA Daniela Filipa	02	CAP	2:30.61	50m	04-08-19	Funchal	529
24.	FERNANDES Filipa Viamonte	02	VSC	2:31.09	50m	04-08-19	Funchal	524
25.	MACHADO Luisa Maria	01	SFUAP	2:31.14	50m	01-03-20	Vila Franca de Xira	523
26.	CORREIA Rute Ferreira	03	ACRTCMV	2:32.40	50m	04-08-19	Funchal	510
27.	JUNQUEIRA Sofia Ribeiro	02	ADBA	2:32.69	50m	04-08-19	Funchal	507
28.	ALVES Sara Sofia	01	SCC	2:33.69	50m	04-08-19	Funchal	497
29.	CARPINTEIRO Carolina Silverio	02	CNTEJO	2:33.70	50m	04-08-19	Funchal	497
30.	SILVA Natacha Sofia	02	SLB	2:33.74	50m	04-08-19	Funchal	497
31.	FERREIRA Julia Caldeira	03	CNF	2:33.87	50m	04-08-19	Funchal	496
32.	SIMOES Bruna Andreia	01	DNMG	2:33.99	50m	04-08-19	Funchal	494

200 Mariposa (desde 33)

33.	NEVES Sara Dias	03	CNMC	2:34.08	50m	04-08-19	Funchal	494
34.	FERREIRA Ana Claudia	90	CNAL	2:34.11	50m	09-02-20	Lisboa	493
35.	HENRIQUES Daniela Mascarenhas	03	GESL	2:34.45	50m	04-08-19	Funchal	490
36.	CARDOSO Tatiana Alexandre	01	CNA	2:34.61	50m	01-03-20	Vila Franca de Xira	489
37.	BERNARDO Ines Silva	00	SLB	2:34.97	50m	04-08-19	Funchal	485
38.	SOUSA Ines Matos	03	CUC	2:35.02	50m	04-08-19	Funchal	485
39.	BARROS Margarida Cunha	02	SFUAP	2:35.54	50m	04-08-19	Funchal	480
40.	SILVA Leonor Santos	03	FCP	2:36.13	50m	29-05-21	Coimbra	474
41.	MAGALHAES Ines Filipa	02	CAP	2:39.40	50m	04-08-19	Funchal	446
42.	CARVALHO Maria Leitao	02	ADBA	2:40.16	50m	22-02-20	Coimbra	439
43.	VEIGA Ana Filipa	01	CAPGE	2:41.02	50m	02-02-20	Povoa de Varzim	432
44.	RODRIGUES Constanca Filipa	02	PIMP	2:42.64	50m	09-02-20	Lisboa	420
45.	PULQUERIO Joana Isabel	03	SFUAP	2:43.55	50m	01-03-20	Vila Franca de Xira	413
46.	TOME Madalena Rodrigues	03	AHBE	2:44.73	50m	04-08-19	Funchal	404
47.	PACHECO Maria Manuel	03	CAFBDP	2:44.76	50m	09-02-20	Lisboa	404
48.	TEJO Sara Sofia	03	CAQC	2:56.60	50m	22-02-20	Coimbra	328
49.	TORRES Diana Ines	99	POR	3:55.17	50m	20-09-19	OLBIA (ITA)	138
50.	REIS Adriana Godinho	95	FVCD	4:27.60	50m	07-12-19	Povoa de Varzim	94
51.	CASTRO Ana Alexandra	92	FCP	4:37.10	50m	02-11-19	Porto	84

200 Estilos

1.	PEREIRA Raquel Gomes	00	SLB	2:15.32	50m	05-06-21	BARCELONA (ESP)	809
2.	KAMINSKAYA Victoria	95	POR	2:15.84	50m	15-12-19	Amsterdam (NED)	800
3.	MONTEIRO Ana Catarina	93	CFV	2:19.05	50m	08-02-20	Lisboa	746
4.	MACHADO Luisa Maria	01	SFUAP	2:19.67	50m	04-08-19	Funchal	736
5.	HENRIQUES Ines Jacinto	00	SCP	2:21.56	50m	19-12-20	Oeiras	707
6.	CABRAL Maria Francisca	00	FCP	2:21.97	50m	27-03-21	Coimbra	701
7.	CARDEAL Joana Nunes	02	AVFC	2:22.07	50m	29-05-21	Coimbra	699
8.	MARTINS Francisca Soares	03	FOCA	2:22.28	50m	29-05-21	Coimbra	696
9.	FERNANDES Ines Camacho	97	SCP	2:23.30	50m	04-08-19	Funchal	681
10.	DURAES Diana Margarida	96	POR	2:23.48	50m	16-08-20	Loule	679
11.	MESQUITA Francisca Salvador	02	ADRCIMM	2:24.09	50m	04-08-19	Funchal	670
12.	SOUSA Ana Reis	02	SAD	2:24.18	50m	04-08-19	Funchal	669
13.	REBELO Maria Carlota	03	ALN	2:24.26	50m	19-12-20	Oeiras	668
14.	MESTRE Catarina Martins	00	CNLX	2:25.49	50m	29-05-21	Rio Maior	651
15.	BELEZA Mafalda Gomes	94	SCP	2:25.61	50m	04-08-19	Funchal	649
16.	GUEDES Ana Margarida	01	GCVR	2:25.76	50m	24-04-21	Coimbra	647
17.	VEIGA Ana Filipa	01	CAPGE	2:26.21	50m	04-08-19	Funchal	641
18.	FARIA Ana Rita	00	FCP	2:26.22	50m	01-02-20	Povoa de Varzim	641
19.	PINA Ana Sofia	02	CRASTO	2:27.39	50m	04-08-19	Funchal	626
20.	MENDES Mariana Amaral	02	ADRCIMM	2:27.61	50m	13-02-21	Oeiras	623
21.	MONTEIRO Margarida Cabral	02	CGA	2:28.11	50m	04-08-19	Funchal	617
22.	VELOSO Teresa Miguel	00	SCP	2:28.43	50m	04-08-19	Funchal	613
23.	SILVA Beatriz Santos	01	FCP	2:28.72	50m	04-08-19	Funchal	609
24.	REBELO Camila Rodrigues	03	POR	2:28.75	50m	08-02-20	Lisboa	609
25.	CERDEIRA Madalena Reis	03	SCP	2:28.95	50m	08-02-20	Lisboa	607
26.	LIMA Lia Ana	01	SAD	2:29.36	50m	08-02-20	Lisboa	602
27.	GONCALVES Sofia Filipa	01	LSC	2:29.37	50m	04-08-19	Funchal	601
28.	CRUZ Sara Moura	03	SAD	2:29.70	50m	04-08-19	Funchal	597
29.	PIMENTA Margarida Sobral	99	CFB	2:29.80	50m	01-03-20	Vila Franca de Xira	596
30.	RIBEIRO Margarida Messias	98	GESL	2:29.84	50m	08-02-20	Lisboa	596
31.	VARGAS Giovanna Vaz	00	00563	2:29.87	50m	28-02-21	CADIZ (ESP)	595

200 Estilos (desde 32)

32.	CASTRO Maria Freitas	03	VSC	2:29.92	50m	19-12-20	Oeiras	595
33.	FIAL Sofia Nunes	03	AEJ	2:30.05	50m	29-05-21	Coimbra	593
34.	MARQUES Mariana Nunes	03	CDE	2:30.58	50m	29-05-21	Coimbra	587
35.	ANDRE Leticia Maia	02	SLB	2:30.89	50m	08-02-20	Lisboa	583
36.	RIESENBERGER Bruna Martin	97	CIRL	2:31.11	50m	19-12-20	Oeiras	581
37.	SILVA Maria Madalena	98	SCB	2:31.94	50m	01-02-20	Povoa de Varzim	571
38.	NEVES Sara Dias	03	CNMC	2:32.31	50m	04-08-19	Funchal	567
39.	CASAL Beatriz Goncalves	03	CNTN	2:32.44	50m	29-05-21	Rio Maior	566
40.	RODRIGUES Filipa Serrano	01	SLB	2:32.72	50m	08-02-20	Lisboa	563
41.	TEIXEIRA Ines Oliveira	02	CAQC	2:32.96	50m	08-05-21	Coimbra	560
42.	BARBOSA Mariana Fernandes	02	FCP	2:33.01	50m	01-02-20	Povoa de Varzim	560
43.	LASCU Nicoleta	02	CNLA	2:33.83	50m	04-08-19	Funchal	551
44.	OLIVEIRA Mafalda Joana	02	CAP	2:33.84	50m	04-08-19	Funchal	550
45.	FERREIRA Leonie Cunha	00	CNPO	2:34.71	50m	01-02-20	Povoa de Varzim	541
46.	HENRIQUES Daniela Mascarenhas	03	GESL	2:34.88	50m	01-03-20	Vila Franca de Xira	539
47.	PINHEIRO Ines Mariana	03	AAC	2:35.07	50m	11-01-20	Coimbra	537
48.	TOMAS Beatriz Monteiro	03	FBSC	2:35.38	50m	04-08-19	Funchal	534
49.	SILVA Natacha Sofia	02	SLB	2:35.46	50m	04-08-19	Funchal	533
50.	MACHADO Joana Sofia	02	CNV	2:36.08	50m	04-08-19	Funchal	527
51.	MATOS Ana Rita	02	CFB	2:36.39	50m	01-03-20	Vila Franca de Xira	524
52.	NUNES Sofia Alexandra	00	CIRL	2:36.85	50m	01-03-20	Vila Franca de Xira	519
53.	BORGES Claudia Ferreira	99	SCP	2:36.88	50m	13-06-21	Loulé	519
54.	DIAS Ana Leonor	02	CNOL	2:37.42	50m	04-08-19	Funchal	514
55.	RODRIGUEZ Andrea Sanchez	99	LDC	2:37.75	50m	08-02-20	Lisboa	511
56.	MACEDO Beatriz Daniela	02	VSC	2:37.82	50m	01-02-20	Povoa de Varzim	510
56.	RODRIGUES Helena Nunes	03	CSAAXXI	2:37.82	50m	05-06-21	Porto	510
58.	GOMES Susana Clara	77	CNF	2:38.92	50m	22-02-20	Funchal	499
59.	AGUILAR Vera Ines	00	CDN	2:39.33	50m	25-01-20	Funchal	495
60.	AMANTES Beatriz Quintao	03	SFUAP	2:39.93	50m	01-03-20	Vila Franca de Xira	490
61.	DIAS Ana Amarante	03	CNPDL	2:40.29	50m	01-02-20	Povoa de Varzim	487
62.	SOUSA Ana Pereira	03	GCF	2:40.53	50m	11-01-20	Coimbra	484
63.	ARMAS Maria Ornelas	98	VKGS	2:40.68	50m	12-06-21	Badajoz (ESP)	483
64.	VARANDAS Joana Filipa	02	CIRL	2:41.16	50m	01-03-20	Vila Franca de Xira	479
65.	SILVA Eduarda Reis	03	GDNFAMA	2:41.49	50m	18-01-20	Povoa de Varzim	476
66.	NEVES Leonor Maria	03	GESL	2:42.31	50m	04-08-19	Funchal	469
67.	SANTOS Ines Figueira	00	SFUAP	2:43.93	50m	01-03-20	Vila Franca de Xira	455
68.	APARICIO Carlota Sequeira	03	CFP	2:44.85	50m	18-01-20	Povoa de Varzim	447
69.	MAGALHAES Ines Filipa	02	CAP	2:47.68	50m	18-01-20	Povoa de Varzim	425
70.	SEONG Patricia Abreu	03	FCF	2:49.26	50m	13-06-21	Loulé	413
71.	VEIGA Susana Pereira	00	POR	2:51.48	50m	14-09-19	LONDON (GBR)	397
72.	MERCEDES Mariana Marques	03	CDOM	2:51.63	50m	01-03-20	Vila Franca de Xira	396
73.	RODRIGUES Ana Luisa	03	ALN	2:55.27	50m	11-01-20	Coimbra	372
74.	LUIS Jessica Santos	00	CDSR	2:56.95	50m	25-01-20	Funchal	362
75.	PINTO Renata Vaz	99	ADADA	2:59.21	50m	08-12-19	Povoa de Varzim	348
76.	OLIVEIRA Maria Miguel	97	CNMAIA	3:05.53	50m	18-01-20	Povoa de Varzim	314
77.	HERNANDEZ Marcelis Nativid	99	CSM	3:06.85	50m	22-02-20	Funchal	307
78.	CORREIA Ana Beatriz	98	CNFA	3:08.20	50m	26-01-20	Rio Maior	300
79.	ALMEIDA Eunice Evora	94	CDAP	3:18.71	50m	15-12-19	Vila Franca de Xira	255
80.	CASTRO Ana Filipa	97	FVCD	3:22.51	50m	18-01-20	Coimbra	241
81.	CRO Isabel Matilde	00	CEOL	3:25.16	50m	22-02-20	Funchal	232
82.	REIS Filipa Sa	00	POR	4:13.29	50m	17-09-19	OLBIA (ITA)	123
83.	VASCO Maria Sio	00	NDCO	4:28.00	50m	26-01-20	Rio Maior	104
84.	CASTRO Ana Alexandra	92	FCP	4:32.47	50m	26-01-20	Rio Maior	99

200 Estilos (desde 85)

85.	FRAGOSO Simone Silva	80	PDEM	4:38.98	50m	18-01-20	Coimbra	92
86.	REIS Adriana Godinho	95	FVCD	4:47.88	50m	03-11-19	Porto	84
87.	GOMES Barbara Ines	91	APCC	4:48.80	50m	26-01-20	Rio Maior	83
88.	OLIVEIRA Sonia Cristina	98	CFV	5:11.95	50m	08-12-19	Povoa de Varzim	66

400 Estilos

1.	KAMINSKAYA Victoria	95	POR	4:47.19	50m	14-12-19	Amsterdam (NED)	797
2.	PEREIRA Raquel Gomes	00	SLB	4:48.94	50m	25-04-21	Coimbra	783
3.	DURAES Diana Margarida	96	SLB	4:50.56	50m	09-02-20	Lisboa	770
4.	MONTEIRO Ana Catarina	93	POR	4:53.84	50m	06-02-21	NICE (FRA)	744
5.	ANDRE Angelica Maria	94	CFP	4:55.41	50m	20-12-20	Oeiras	733
6.	CABRAL Maria Francisca	00	FCP	4:56.70	50m	29-05-21	Coimbra	723
7.	REBELO Camila Rodrigues	03	ALN	4:59.23	50m	20-12-20	Oeiras	705
8.	MENDES Mariana Amaral	02	ADRCIMM	4:59.35	50m	27-03-21	Coimbra	704
9.	MESQUITA Francisca Salvador	02	ADRCIMM	5:00.59	50m	02-08-19	Funchal	695
10.	MACHADO Luisa Maria	01	SFUAP	5:00.60	50m	02-08-19	Funchal	695
11.	CARDEAL Joana Nunes	02	AVFC	5:01.03	50m	09-02-20	Lisboa	692
12.	REBELO Maria Carlota	03	ALN	5:01.17	50m	20-12-20	Oeiras	691
13.	HENRIQUES Ines Jacinto	00	SCP	5:01.57	50m	29-05-21	Rio Maior	689
14.	SOUSA Ana Reis	02	SAD	5:03.04	50m	02-08-19	Funchal	679
15.	MARTINS Francisca Soares	03	FOCA	5:06.09	50m	02-02-20	Povoa de Varzim	658
16.	VELOSO Teresa Miguel	00	SCP	5:07.52	50m	02-08-19	Funchal	649
17.	AMORIM Maria Leonor	03	FCP	5:09.63	50m	02-08-19	Funchal	636
18.	VEIGA Ana Filipa	01	CAPGE	5:10.47	50m	02-08-19	Funchal	631
19.	MONTEIRO Margarida Cabral	02	CGA	5:14.97	50m	02-08-19	Funchal	604
20.	SILVA Natacha Sofia	02	SLB	5:15.20	50m	02-08-19	Funchal	603
21.	RODRIGUES Filipa Serrano	01	SLB	5:15.49	50m	29-02-20	Vila Franca de Xira	601
22.	RODRIGUES Helena Nunes	03	CSAAXXI	5:17.44	50m	02-02-20	Povoa de Varzim	590
23.	RIBEIRO Margarida Messias	98	GESL	5:19.17	50m	02-08-19	Funchal	581
24.	DOMINGUES Luana Pinto	03	ADBA	5:20.60	50m	02-08-19	Funchal	573
25.	NEVES Sara Dias	03	CNMC	5:20.80	50m	02-08-19	Funchal	572
26.	FERNANDES Filipa Viamonte	02	VSC	5:20.84	50m	02-08-19	Funchal	572
27.	MATOS Ana Rita	02	CFB	5:23.92	50m	02-08-19	Funchal	556
28.	HENRIQUES Daniela Mascarenhas	03	GESL	5:24.21	50m	29-02-20	Vila Franca de Xira	554
29.	DOMINGUES Monica Seara	00	SCB	5:24.44	50m	02-02-20	Povoa de Varzim	553
30.	TEJO Beatriz Costa	02	AAC	5:24.59	50m	22-02-20	Coimbra	552
31.	MARQUES Mariana Nunes	03	CDE	5:27.91	50m	02-08-19	Funchal	535
32.	CARDOSO Tatiana Alexandre	01	CNA	5:29.55	50m	29-02-20	Vila Franca de Xira	528
33.	CASTRO Maria Freitas	03	ADF	5:29.86	50m	02-02-20	Povoa de Varzim	526
34.	SANTOS Madalena Almeida	03	CFP	5:29.96	50m	02-02-20	Povoa de Varzim	526
35.	RODRIGUES Ana Luisa	03	ALN	5:32.95	50m	22-02-20	Coimbra	512
36.	VARANDAS Joana Filipa	02	CIRL	5:36.23	50m	09-02-20	Lisboa	497
37.	SOUSA Ana Pereira	03	GCF	5:36.37	50m	22-02-20	Coimbra	496
38.	AMANTES Beatriz Quintao	03	SFUAP	5:41.36	50m	29-02-20	Vila Franca de Xira	475
39.	ALMEIDA Eunice Evora	94	CDAP	7:20.50	50m	15-12-19	Vila Franca de Xira	221
40.	TORRES Diana Ines	99	FCP	8:37.30	50m	07-12-19	Povoa de Varzim	136
41.	CASTRO Ana Alexandra	92	FCP	9:23.53	50m	07-12-19	Povoa de Varzim	105

50 Livres

1.	CUNHA Mariana Pacheco	04	CNCE	26.59	50m	30-05-21	Coimbra	705
2.	PEREIRA Maria Gomes	04	SAD	27.16	50m	08-02-20	Lisboa	661
3.	RODRIGUES Joana Francisca	04	CUC	27.58	50m	28-03-21	Coimbra	632
4.	VIANA Carolina Pereira	04	ACS	28.14	50m	30-05-21	Rio Maior	595
5.	JONES Angelina Bermejo	04	PORTIN	28.28	50m	30-05-21	Rio Maior	586
6.	OLIVEIRA Ana Rita	04	CNCE	28.40	50m	02-02-20	Povoa de Varzim	578
7.	CORREIA Matilde Ribeiro	04	UDO	28.53	50m	06-06-21	Porto	571
8.	DOMINGUES Anna Luiza	04	SCB	28.55	50m	02-02-20	Povoa de Varzim	569
9.	ALVES Carina Alexandra	04	LSC	28.71	50m	03-08-19	Funchal	560
10.	COSTA Joana Santos	04	CGA	29.06	50m	06-06-21	Porto	540
11.	CORREIA Beatriz Santos	04	AVFC	29.14	50m	06-06-21	Porto	535
12.	NARCISO Susana Chanoca	04	CDCP	29.18	50m	01-03-20	Vila Franca de Xira	533
12.	FREIXEIRO Beatriz Maria	04	CNRM	29.18	50m	24-04-21	Coimbra	533
12.	SANTOS Marta Cecilia	04	CDE	29.18	50m	05-06-21	Porto	533
15.	TROIA Barbara Daniela	04	CFV	29.35	50m	02-02-20	Povoa de Varzim	524
16.	MOITEIRO Bruna Silva	04	DNMG	29.42	50m	02-02-20	Povoa de Varzim	520
17.	AMADO Maria Lopes	04	DNMG	29.64	50m	02-02-20	Povoa de Varzim	509
18.	HORTA Diana Valadas	04	SFUAP	29.65	50m	01-03-20	Vila Franca de Xira	508
19.	LAMAS Maria Caetano	04	CNMC	29.69	50m	09-05-21	Coimbra	506
20.	MIRA Leonor Maria	04	BUZIOS	29.75	50m	08-02-20	Lisboa	503
21.	MONTEIRO Ana Carolina	04	SANC	29.83	50m	08-02-20	Lisboa	499
22.	SILVA Ana Filipa	04	AAC	29.90	50m	24-04-21	Coimbra	496
23.	LOPES Margarida Santos	04	CDE	29.92	50m	06-06-21	Porto	495
24.	BRANCOURT Yonina	04	GESL	30.02	50m	08-02-20	Lisboa	490
25.	BOROZAN Gabriela	04	LDC	30.05	50m	19-06-21	Loulé	488
26.	COELHO Barbara Castro	04	CCLAMAS	30.10	50m	02-02-20	Povoa de Varzim	486
27.	OLIVEIRA Sara Fernandes	04	JACL	30.13	50m	29-02-20	Funchal	484
28.	FIDALGO Maria Jardim	04	CNCVG	30.38	50m	01-03-20	Vila Franca de Xira	472
29.	MONTEIRO Ines Maria	04	CNPV	30.51	50m	02-02-20	Povoa de Varzim	466
30.	LIMA Eduarda Filipa	04	CFV	30.85	50m	02-02-20	Povoa de Varzim	451
31.	FRANCO Barbara Garrido	04	CEN	30.95	50m	13-06-21	Badajoz (ESP)	447
32.	SANTOS Mariana Coelho	04	LAGAC	30.96	50m	19-06-21	Loulé	446
33.	CARDEAL Beatriz Nunes	04	AVFC	31.01	50m	13-02-21	Oeiras	444
34.	DOMINGOS Marta Pereira	04	SFUAP	31.09	50m	01-03-20	Vila Franca de Xira	441
35.	GONCALVES Maria Margarida	04	CNF	31.38	50m	23-02-20	Funchal	429
36.	BRITES Natacha Caeiro	04	CFE	31.45	50m	08-02-20	Lisboa	426
37.	CAMACHO Laura Fernandes	04	CNF	31.47	50m	23-02-20	Funchal	425
38.	GAMEIRO Marta Domingues	04	CNAC	31.50	50m	11-01-20	Coimbra	424
39.	ANDRADE Margarida Fernandes	04	JACL	31.54	50m	23-02-20	Funchal	422
40.	GOUVEIA Susana Isabel	04	JACL	32.05	50m	23-02-20	Funchal	402
41.	RODRIGUES Maria Beatriz	04	CAQC	32.23	50m	11-01-20	Coimbra	396
42.	PAIVA Leonor Correia	04	ALN	32.26	50m	11-01-20	Coimbra	395
43.	AFONSO Beatriz Beja	04	AAC	32.32	50m	11-01-20	Coimbra	392
44.	CORREIA Raquel	04	DRCN	32.47	50m	01-03-20	Vila Franca de Xira	387
45.	GOMES Carolina Silva	04	ACS	32.49	50m	12-06-21	Loulé	386
46.	RAMOS Barbara Emerick	04	JACL	32.73	50m	23-02-20	Funchal	378
47.	MADEIRA Catarina Rufino	04	GCNF	32.80	50m	12-06-21	Loulé	375
48.	CUNHA Emily Monteiro	04	SFUAP	32.97	50m	01-03-20	Vila Franca de Xira	370
49.	COJOCARU Beatriz	04	PORTIN	33.17	50m	12-06-21	Loulé	363
50.	VIEIRA Filipa Victor	04	AAC	34.01	50m	11-01-20	Coimbra	337
51.	FARIA Sofia Morais	04	ADBA	34.07	50m	25-01-20	Rio Maior	335
52.	SOARES Ines Silva	04	CDN	34.76	50m	20-06-21	Funchal	315

50 Livres (desde 53)

53.	SILVA Maria Saraiva	04	CSAAXXI	35.38	50m	11-01-20	Coimbra	299
54.	ALVES Carolina Alexandra	04	CNF	35.41	50m	29-02-20	Funchal	298
55.	SILVA Filipa Pereira	04	CPSPA	39.40	50m	11-01-20	Coimbra	216
56.	BATISTA Rita Teixeira	04	CDN	41.38	50m	20-06-21	Funchal	187
57.	SOUSA Ines Henriques	04	CPSPA	41.62	50m	11-01-20	Coimbra	183
58.	BLANDY Mischa Blue	04	JACL	43.20	50m	29-02-20	Funchal	164
59.	REGO Joana Candeias	04	ADADA	46.73	50m	25-01-20	Rio Maior	129
60.	ALMEIDA Beatriz Moreira	04	ADADA	53.92	50m	08-12-19	Povoa de Varzim	84
61.	CASTRO Bruna Gomes	04	FVCD	1:12.53	50m	08-12-19	Povoa de Varzim	34
62.	GRACA Catarina Resende	04	FVCD	1:28.37	50m	18-01-20	Coimbra	19

100 Livres

1.	CUNHA Mariana Pacheco	04	POR	57.49	50m	05-06-21	Porto	727
2.	MOURA Maria Ferreira	04	SCP	59.83	50m	04-08-19	Funchal	645
3.	VIANA Carolina Pereira	04	ACS	1:00.16	50m	29-05-21	Rio Maior	635
4.	RODRIGUES Joana Francisca	04	INDANC	1:00.21	50m	29-05-21	Coimbra	633
5.	MARQUES Maria Vieira	04	CNVA	1:00.32	50m	09-02-20	Lisboa	629
6.	PEREIRA Maria Gomes	04	SAD	1:00.68	50m	09-02-20	Lisboa	618
7.	OLIVEIRA Ana Rita	04	CNPO	1:00.93	50m	04-08-19	Funchal	611
8.	PINHO Carolina Teixeira	04	FCP	1:00.99	50m	04-08-19	Funchal	609
9.	MOITEIRO Bruna Silva	04	DNMG	1:01.73	50m	04-08-19	Funchal	587
10.	SILVA Ana Filipa	04	AAC	1:02.17	50m	04-08-19	Funchal	575
11.	JONES Angelina Bermejo	04	PORTIN	1:02.76	50m	09-02-20	Lisboa	559
12.	DELFINO Mariana Morais	04	SCP	1:02.78	50m	04-08-19	Funchal	558
13.	AMADO Maria Lopes	04	DNMG	1:03.18	50m	27-03-21	Coimbra	548
14.	ALVES Carina Alexandra	04	LSC	1:03.25	50m	01-02-20	Povoa de Varzim	546
15.	SANTOS Leonor Esteves	04	EULX	1:03.35	50m	02-08-19	Funchal	543
16.	INACIO Marta Macedo	04	SCP	1:03.39	50m	02-08-19	Funchal	542
17.	ALVES Maria Francisca	04	ADBA	1:03.53	50m	02-08-19	Funchal	539
18.	DOMINGUES Anna Luiza	04	SCB	1:03.69	50m	01-02-20	Povoa de Varzim	535
19.	MONTEIRO Ana Carolina	04	CUC	1:03.82	50m	09-05-21	Coimbra	531
20.	FERREIRA Margarida Filipe	04	CDCP	1:04.00	50m	01-03-20	Vila Franca de Xira	527
21.	COSTA Joana Santos	04	CGA	1:04.02	50m	04-08-19	Funchal	526
21.	NARCISO Susana Chanoca	04	CDCP	1:04.02	50m	01-03-20	Vila Franca de Xira	526
23.	MONTEIRO Ines Maria	04	CNPV	1:04.10	50m	04-08-19	Funchal	524
24.	GASPAR Beatriz Ferreira	04	SANC	1:04.12	50m	09-02-20	Lisboa	524
25.	HORTA Diana Valadas	04	SFUAP	1:04.14	50m	01-03-20	Vila Franca de Xira	524
26.	TROIA Beatriz Rosa	04	CFV	1:04.20	50m	01-02-20	Povoa de Varzim	522
27.	LIGEIRO Daniela Silva	04	VNC	1:04.26	50m	01-02-20	Povoa de Varzim	521
27.	COELHO Barbara Castro	04	CCLAMAS	1:04.26	50m	01-02-20	Povoa de Varzim	521
29.	PEREIRA Anais Cloe	04	SCP	1:04.30	50m	04-08-19	Funchal	520
30.	VIANA Margarida Violante	04	ADBA	1:04.60	50m	01-02-20	Povoa de Varzim	512
31.	BRANCOURT Yonina	04	GESL	1:04.63	50m	04-08-19	Funchal	512
32.	FIDALGO Maria Jardim	04	CNCVG	1:04.64	50m	01-03-20	Vila Franca de Xira	511
33.	SIMOES Rita Mendes	04	ADBA	1:04.73	50m	01-02-20	Povoa de Varzim	509
34.	CORREIA Beatriz Santos	04	AVFC	1:04.93	50m	05-06-21	Porto	505
35.	PEDRO Daniela Alexandra	04	SCP	1:05.08	50m	04-08-19	Funchal	501
35.	DOMINGUEZ Marta Recio	04	LDC	1:05.08	50m	13-06-21	Loulé	501
37.	SOUSA Joana Francisca	04	CDSR	1:05.44	50m	28-02-20	Funchal	493
38.	BORCIC Aleksandra Bozanic	04	SAD	1:05.64	50m	04-08-19	Funchal	488
39.	PAIVA Leonor Correia	04	ALN	1:05.73	50m	09-05-21	Coimbra	486
40.	OLIVEIRA Sara Fernandes	04	JACL	1:05.84	50m	28-02-20	Funchal	484

100 Livres (desde 41)

41.	CORREIA Matilde Ribeiro	04	UDO	1:06.37	50m	05-06-21	Porto	472
42.	GALANTE Ines Carvalho	04	CFV	1:06.81	50m	01-02-20	Povoa de Varzim	463
43.	BOROZAN Gabriela	04	LDC	1:06.85	50m	13-06-21	Loulé	462
44.	SILVA Ines Martins	04	CFV	1:06.96	50m	01-02-20	Povoa de Varzim	460
44.	SANTOS Mariana Coelho	04	LAGAC	1:06.96	50m	13-06-21	Loulé	460
46.	FERREIRA Maria Leonor	04	CDN	1:07.45	50m	19-06-21	Funchal	450
47.	MELO Beatriz Costa	04	SAD	1:07.46	50m	01-03-20	Vila Franca de Xira	450
48.	CAMACHO Maria Martins	04	SFUAP	1:07.98	50m	01-03-20	Vila Franca de Xira	440
49.	GONCALVES Angela Emilia	04	CNPO	1:08.20	50m	19-12-20	Povoa do Varzim	435
50.	MARQUES Catarina Alexandra	04	CNCVG	1:08.53	50m	01-03-20	Vila Franca de Xira	429
51.	GONCALVES Maria Margarida	04	CNF	1:08.69	50m	25-01-20	Funchal	426
52.	LIMA Eduarda Filipa	04	CFV	1:08.71	50m	01-02-20	Povoa de Varzim	426
53.	MARGATO Laura Rodrigues	04	AAC	1:09.16	50m	08-05-21	Coimbra	417
54.	MARTINS Mariana Ponte	04	LDC	1:09.41	50m	13-06-21	Loulé	413
55.	GAMEIRO Marta Domingues	04	CNAC	1:09.48	50m	08-05-21	Coimbra	412
56.	ANDRADE Margarida Fernandes	04	JACL	1:09.51	50m	25-01-20	Funchal	411
57.	RAMOS Barbara Emerick	04	JACL	1:09.74	50m	22-02-20	Funchal	407
58.	MENDES Ana Sebastiao	04	CNLGOS	1:10.06	50m	13-06-21	Loulé	402
59.	CUNHA Emily Monteiro	04	SFUAP	1:10.98	50m	01-03-20	Vila Franca de Xira	386
60.	GOMES Carolina Silva	04	ACS	1:11.37	50m	13-06-21	Loulé	380
61.	CORREIA Raquel	04	DRCN	1:11.58	50m	09-02-20	Lisboa	377
62.	COJOCARU Beatriz	04	PORTIN	1:11.75	50m	13-06-21	Loulé	374
63.	GOUVEIA Susana Isabel	04	JACL	1:11.85	50m	22-02-20	Funchal	372
64.	MADEIRA Catarina Rufino	04	GCNF	1:12.89	50m	13-06-21	Loulé	357
65.	FARIA Sofia Morais	04	ADBA	1:13.26	50m	26-01-20	Rio Maior	351
66.	ALVES Carolina Alexandra	04	CNF	1:19.90	50m	28-02-20	Funchal	271
67.	BATISTA Rita Teixeira	04	CDN	1:31.64	50m	25-01-20	Funchal	179
68.	BLANDY Mischa Blue	04	JACL	1:38.19	50m	28-02-20	Funchal	146
69.	REGO Joana Candeias	04	ADADA	1:42.11	50m	26-01-20	Rio Maior	129
70.	ALMEIDA Beatriz Moreira	04	ADADA	1:58.72	50m	07-12-19	Povoa de Varzim	82
71.	CASTRO Bruna Gomes	04	FVCD	2:39.52	50m	07-12-19	Povoa de Varzim	34

200 Livres

1.	MOURA Maria Ferreira	04	SCP	2:06.08	50m	02-08-19	Funchal	719
2.	CUNHA Mariana Pacheco	04	POR	2:08.59	50m	18-04-21	KIEV (UKR)	678
3.	CARDEAL Beatriz Nunes	04	AVFC	2:10.16	50m	28-03-21	Coimbra	653
4.	RODRIGUES Joana Francisca	04	CUC	2:10.84	50m	28-03-21	Coimbra	643
5.	PINHO Carolina Teixeira	04	FCP	2:11.02	50m	02-08-19	Funchal	641
6.	PRETO Filipa Manso	04	FCP	2:11.18	50m	02-08-19	Funchal	638
7.	GASPAR Beatriz Ferreira	04	NBM	2:12.12	50m	02-08-19	Funchal	625
8.	VIANA Carolina Pereira	04	ACS	2:13.13	50m	19-06-21	Loulé	611
9.	MONTEIRO Ana Carolina	04	CUC	2:14.51	50m	02-08-19	Funchal	592
10.	AMADO Maria Lopes	04	DNMG	2:14.54	50m	02-02-20	Povoa de Varzim	592
11.	VIANA Margarida Violante	04	ADBA	2:15.32	50m	01-08-19	Funchal	581
12.	FIDALGO Maria Jardim	04	CNCVG	2:15.33	50m	28-03-21	Coimbra	581
13.	INACIO Marta Macedo	04	SCP	2:16.02	50m	01-08-19	Funchal	573
14.	MOITEIRO Bruna Silva	04	DNMG	2:16.23	50m	02-08-19	Funchal	570
15.	SILVA Ana Filipa	04	AAC	2:16.31	50m	02-08-19	Funchal	569
16.	FREIXIEIRO Beatriz Maria	04	CNRM	2:16.47	50m	24-04-21	Coimbra	567
17.	TROIA Beatriz Rosa	04	CFV	2:17.17	50m	02-08-19	Funchal	558
18.	MARQUES Maria Alexandra	04	ANAR	2:17.19	50m	02-08-19	Funchal	558
19.	PEREIRA Anais Cloe	04	SCP	2:18.10	50m	29-02-20	Vila Franca de Xira	547

200 Livres (desde 20)

20.	SIMOES Rita Mendes	04	ADBA	2:18.28	50m	02-08-19	Funchal	545
21.	ALVES Maria Francisca	04	ADBA	2:18.37	50m	22-02-20	Coimbra	544
22.	MONTEIRO Ines Maria	04	CNPV	2:18.41	50m	02-08-19	Funchal	543
23.	FERNANDES Maria Elias	04	EDV	2:18.60	50m	02-08-19	Funchal	541
24.	NARRA Vera Figueiredo	04	CNA	2:18.63	50m	02-08-19	Funchal	541
25.	ALMEIDA Catarina Nunes	04	CGA	2:19.15	50m	02-08-19	Funchal	535
26.	SILVA Ines Martins	04	CFV	2:19.18	50m	01-08-19	Funchal	534
27.	PIMENTEL Marta Lima	04	CFP	2:19.51	50m	02-08-19	Funchal	531
28.	MARTINS Ines Correia	04	FCP	2:19.53	50m	06-06-21	Porto	530
29.	GALANTE Ines Carvalho	04	CFV	2:20.14	50m	02-02-20	Povoa de Varzim	523
30.	BARAO Margarida Carvalho	04	CNCVG	2:20.43	50m	01-08-19	Funchal	520
31.	MENDES Ana Sebastiao	04	CNLGOS	2:20.56	50m	19-06-21	Loulé	519
32.	HORTA Diana Valadas	04	SFUAP	2:20.75	50m	29-02-20	Vila Franca de Xira	517
33.	MELO Beatriz Costa	04	SAD	2:20.76	50m	02-08-19	Funchal	517
34.	NARCISO Susana Chanoca	04	CDCP	2:21.00	50m	29-02-20	Vila Franca de Xira	514
35.	COELHO Barbara Castro	04	CCLAMAS	2:21.27	50m	02-02-20	Povoa de Varzim	511
36.	COSTA Joana Santos	04	CGA	2:21.52	50m	02-02-20	Povoa de Varzim	508
37.	MONTEIRO Barbara Oliveira	04	SCB	2:22.44	50m	02-02-20	Povoa de Varzim	499
38.	CAMACHO Maria Martins	04	SFUAP	2:22.63	50m	29-02-20	Vila Franca de Xira	497
39.	FERREIRA Maria Leonor	04	CDN	2:22.99	50m	22-02-20	Funchal	493
40.	COSTA Catarina Nunes	04	GESL	2:23.09	50m	25-01-20	Rio Maior	492
41.	CUNHA Leonor Correia	04	FBSC	2:23.65	50m	22-02-20	Coimbra	486
42.	DOMINGUES Anna Luiza	04	SCB	2:24.29	50m	18-01-20	Povoa de Varzim	480
43.	RIOS Maria Manuel	04	LSC	2:24.45	50m	18-01-20	Povoa de Varzim	478
44.	GAMEIRO Marta Domingues	04	CNAC	2:25.20	50m	22-02-20	Coimbra	471
45.	VIANA Jacinta Martins	04	CNVA	2:25.67	50m	22-02-20	Coimbra	466
46.	SOUSA Joana Francisca	04	CDSR	2:25.95	50m	25-01-20	Funchal	463
47.	SANTOS Mariana Coelho	04	LAGAC	2:26.24	50m	19-06-21	Loulé	461
48.	PEDRO Daniela Alexandra	04	SCP	2:26.38	50m	29-02-20	Vila Franca de Xira	459
49.	PASSOS Ada Lobo	04	GDNFAMA	2:27.14	50m	18-01-20	Povoa de Varzim	452
50.	RODRIGUES Maria Beatriz	04	CAQC	2:29.51	50m	22-02-20	Coimbra	431
51.	MARTINS Mariana Ponte	04	LDC	2:30.58	50m	19-06-21	Loulé	422
52.	ALVES Ines Sofia	04	PORTIN	2:30.94	50m	19-06-21	Loulé	419
53.	OLIVEIRA Sara Fernandes	04	JACL	2:31.25	50m	01-03-20	Funchal	416
54.	OLIVEIRA Diana Costa	04	CUC	2:31.47	50m	22-02-20	Coimbra	414
55.	GOMES Mariana Filipa	04	ADP	2:32.02	50m	18-01-20	Povoa de Varzim	410
56.	CASTANHEIRA Ana Sofia	04	CAQC	2:32.12	50m	22-02-20	Coimbra	409
57.	MARGATO Laura Rodrigues	04	AAC	2:32.49	50m	09-05-21	Coimbra	406
58.	FARIA Sofia Morais	04	ADBA	2:33.48	50m	22-02-20	Coimbra	398
58.	FRISCHKNECHT Carolina Anjo	04	CNS	2:33.48	50m	29-02-20	Vila Franca de Xira	398
60.	RODRIGUES Marta Silva	04	CNPO	2:36.56	50m	18-01-20	Povoa de Varzim	375
61.	GOUVEIA Susana Isabel	04	JACL	2:37.51	50m	01-03-20	Funchal	369
62.	AFONSO Beatriz Beja	04	AAC	2:37.61	50m	22-02-20	Coimbra	368
63.	COJOCARU Beatriz	04	PORTIN	2:37.72	50m	19-06-21	Loulé	367
64.	GOMES Carolina Silva	04	ACS	2:40.45	50m	19-06-21	Loulé	349
65.	ANDRADE Margarida Fernandes	04	JACL	2:43.59	50m	01-03-20	Funchal	329
66.	RODRIGUES Joana Beatriz	04	AAC	2:50.49	50m	22-02-20	Coimbra	291
67.	SILVA Maria Saraiva	04	CSAAXXI	2:52.97	50m	22-02-20	Coimbra	278
68.	ALVES Carolina Alexandra	04	CNF	3:01.94	50m	22-02-20	Funchal	239
69.	BLANDY Mischa Blue	04	JACL	3:41.12	50m	25-01-20	Funchal	133
70.	REGO Joana Candeias	04	ADADA	3:57.36	50m	25-01-20	Rio Maior	107
71.	ALMEIDA Beatriz Moreira	04	ADADA	4:24.22	50m	08-12-19	Povoa de Varzim	78

400 Livres

1.	CUNHA Mariana Pacheco	04	CNCE	4:28.12	50m	25-04-21	Coimbra	685
2.	MOURA Maria Ferreira	04	POR	4:29.59	50m	09-02-20	Lisboa	674
3.	SANTOS Leonor Esteves	04	EULX	4:31.77	50m	03-08-19	Funchal	658
4.	CARDEAL Beatriz Nunes	04	AVFC	4:34.23	50m	13-02-21	Oeiras	641
5.	RODRIGUES Joana Francisca	04	CUC	4:34.55	50m	27-03-21	Coimbra	638
6.	PINHO Carolina Teixeira	04	FCP	4:36.93	50m	03-08-19	Funchal	622
7.	AMADO Maria Lopes	04	DNMG	4:38.68	50m	29-05-21	Rio Maior	610
8.	GASPAR Beatriz Ferreira	04	NBM	4:38.80	50m	03-08-19	Funchal	610
9.	VIANA Carolina Pereira	04	ACS	4:40.56	50m	13-06-21	Loulé	598
10.	PRETO Filipa Manso	04	FCP	4:40.62	50m	03-08-19	Funchal	598
11.	MARTINS Ines Correia	04	FCP	4:42.30	50m	05-06-21	Porto	587
12.	MARQUES Maria Alexandra	04	ANAR	4:43.43	50m	03-08-19	Funchal	580
13.	VIANA Margarida Violante	04	ADBA	4:45.29	50m	03-08-19	Funchal	569
14.	PIMENTEL Marta Lima	04	CFP	4:45.34	50m	03-08-19	Funchal	569
15.	SILVA Ines Martins	04	CFV	4:47.12	50m	03-08-19	Funchal	558
16.	MOITEIRO Bruna Silva	04	DNMG	4:47.68	50m	03-08-19	Funchal	555
17.	MONTEIRO Ines Maria	04	CNPV	4:48.59	50m	03-08-19	Funchal	550
18.	TROIA Beatriz Rosa	04	CFV	4:48.76	50m	03-08-19	Funchal	549
19.	ALMEIDA Catarina Nunes	04	CGA	4:48.88	50m	03-08-19	Funchal	548
20.	GALANTE Ines Carvalho	04	CFV	4:48.98	50m	01-02-20	Povoa de Varzim	547
21.	FLORENCIO Matilde Alves	04	CAQC	4:51.59	50m	27-03-21	Coimbra	533
22.	INACIO Marta Macedo	04	SCP	4:51.68	50m	03-08-19	Funchal	532
23.	NARRA Vera Figueiredo	04	CNA	4:51.94	50m	03-08-19	Funchal	531
24.	HORTA Diana Valadas	04	SFUAP	4:51.98	50m	09-02-20	Lisboa	531
25.	LIGEIRO Daniela Silva	04	VNC	4:53.33	50m	03-08-19	Funchal	523
25.	CORREIA Beatriz Santos	04	AVFC	4:53.33	50m	09-02-20	Lisboa	523
27.	FERNANDES Maria Elias	04	EDV	4:54.05	50m	03-08-19	Funchal	520
28.	SOUSA Joana Francisca	04	CDSR	4:55.58	50m	22-02-20	Funchal	511
29.	MIRA Leonor Maria	04	BUZIOS	4:55.59	50m	09-02-20	Lisboa	511
30.	MONTEIRO Barbara Oliveira	04	SCB	4:57.10	50m	01-02-20	Povoa de Varzim	504
31.	PEDRO Daniela Alexandra	04	SCP	4:58.46	50m	01-03-20	Vila Franca de Xira	497
32.	LIMA Eduarda Filipa	04	CFV	4:58.89	50m	03-08-19	Funchal	495
33.	FERREIRA Margarida Filipe	04	CDCP	4:59.20	50m	01-03-20	Vila Franca de Xira	493
34.	CAMACHO Maria Martins	04	SFUAP	4:59.65	50m	09-02-20	Lisboa	491
35.	FERREIRA Maria Leonor	04	CDN	4:59.93	50m	22-02-20	Funchal	490
36.	ALVES Maria Francisca	04	ADBA	5:02.20	50m	03-08-19	Funchal	479
37.	SILVA Ana Filipa	04	AAC	5:03.80	50m	11-01-20	Coimbra	471
38.	MELO Beatriz Costa	04	SAD	5:05.46	50m	01-03-20	Vila Franca de Xira	463
39.	SANTOS Mariana Coelho	04	LAGAC	5:07.62	50m	13-06-21	Loulé	454
40.	SALGUEIRO Joana Lopes	04	ABR	5:07.74	50m	13-06-21	Loulé	453
41.	CAMACHO Laura Fernandes	04	CNF	5:07.79	50m	22-02-20	Funchal	453
42.	GAMEIRO Marta Domingues	04	CNAC	5:08.77	50m	11-01-20	Coimbra	449
43.	MARGATO Laura Rodrigues	04	AAC	5:14.79	50m	11-01-20	Coimbra	423
44.	RAMOS Barbara Emerick	04	JACL	5:16.06	50m	22-02-20	Funchal	418
45.	OLIVEIRA Sara Fernandes	04	JACL	5:17.37	50m	22-02-20	Funchal	413
46.	CASTANHEIRA Ana Sofia	04	CAQC	5:19.26	50m	08-05-21	Coimbra	406
47.	FRISCHKNECHT Carolina Anjo	04	CNS	5:21.54	50m	01-03-20	Vila Franca de Xira	397
48.	ALMEIDA Beatriz Moreira	04	ADADA	9:05.83	50m	25-01-20	Rio Maior	81

800 Livres

1.	SANTOS Leonor Esteves	04	EULX	9:20.21	50m	28-02-20	Vila Franca de Xira	648
2.	CARDEAL Beatriz Nunes	04	AVFC	9:21.66	50m	08-02-20	Lisboa	643
3.	PRETO Filipa Manso	04	FCP	9:28.51	50m	04-08-19	Funchal	620
4.	RODRIGUES Joana Francisca	04	INDANC	9:32.05	50m	30-05-21	Coimbra	608
5.	PIMENTEL Marta Lima	04	CFP	9:33.70	50m	04-08-19	Funchal	603
6.	GASPAR Beatriz Ferreira	04	NBM	9:35.48	50m	04-08-19	Funchal	597
7.	PINHO Carolina Teixeira	04	FCP	9:41.38	50m	04-08-19	Funchal	579
8.	VIANA Margarida Violante	04	ADBA	9:43.37	50m	04-08-19	Funchal	573
9.	LIGEIRO Daniela Silva	04	VNC	9:49.78	50m	30-05-21	Coimbra	555
10.	GALANTE Ines Carvalho	04	CFV	9:50.83	50m	04-08-19	Funchal	552
11.	MARTINS Ines Correia	04	FCP	9:53.28	50m	04-08-19	Funchal	545
12.	SILVA Ines Martins	04	CFV	9:56.43	50m	04-08-19	Funchal	537
13.	MONTEIRO Ines Maria	04	CNPV	9:57.09	50m	04-08-19	Funchal	535
14.	FERNANDES Maria Elias	04	EDV	9:57.18	50m	04-08-19	Funchal	534
15.	SILVA Ana Catarina	04	FBSC	9:57.46	50m	04-08-19	Funchal	534
16.	PEDRO Daniela Alexandra	04	SCP	9:57.56	50m	04-08-19	Funchal	533
17.	PEREIRA Anais Cloe	04	SCP	9:57.81	50m	04-08-19	Funchal	533
18.	JESUS Leonor Santos	04	CNOL	10:00.85	50m	04-08-19	Funchal	525
19.	MONTEIRO Barbara Oliveira	04	SCB	10:01.83	50m	04-08-19	Funchal	522
20.	VIANA Carolina Pereira	04	ACS	10:01.85	50m	20-06-21	Loulé	522
21.	SOUSA Joana Francisca	04	CDSR	10:02.73	50m	29-02-20	Funchal	520
22.	NARRA Vera Figueiredo	04	CNA	10:05.88	50m	04-08-19	Funchal	512
23.	FLORENCIO Matilde Alves	04	CAQC	10:06.82	50m	09-05-21	Coimbra	509
24.	SILVA Ana Filipa	04	AAC	10:07.31	50m	22-02-20	Coimbra	508
25.	MONTEIRO Ana Carolina	04	INDANC	10:07.62	50m	30-05-21	Coimbra	507
26.	TROIA Beatriz Rosa	04	CFV	10:08.46	50m	04-08-19	Funchal	505
27.	RIOS Maria Manuel	04	LSC	10:10.01	50m	04-08-19	Funchal	501
28.	HORTA Diana Valadas	04	SFUAP	10:12.43	50m	28-02-20	Vila Franca de Xira	496
29.	CAMACHO Maria Martins	04	SFUAP	10:12.78	50m	28-02-20	Vila Franca de Xira	495
30.	INACIO Marta Macedo	04	SCP	10:15.51	50m	04-08-19	Funchal	488
31.	CUNHA Leonor Correia	04	FBSC	10:17.79	50m	22-02-20	Coimbra	483
32.	LOPES Raquel Raposo	04	CDCP	10:17.94	50m	04-08-19	Funchal	482
33.	MOITEIRO Bruna Silva	04	DNMG	10:22.18	50m	04-08-19	Funchal	473
34.	SANTOS Mariana Coelho	04	LAGAC	10:36.08	50m	20-06-21	Loulé	442
35.	RODRIGUES Sofia Vilardell	04	GESL	10:41.15	50m	28-02-20	Vila Franca de Xira	432
36.	MARGATO Laura Rodrigues	04	AAC	10:41.97	50m	22-02-20	Coimbra	430
37.	CAMACHO Laura Fernandes	04	CNF	10:43.28	50m	29-02-20	Funchal	428
38.	SALGUEIRO Joana Lopes	04	ABR	10:49.86	50m	20-06-21	Loulé	415
39.	RAMOS Barbara Emerick	04	JACL	10:53.96	50m	29-02-20	Funchal	407
40.	CASTANHEIRA Ana Sofia	04	CAQC	10:58.43	50m	22-02-20	Coimbra	399
41.	FRISCHKNECHT Carolina Anjo	04	CNS	11:04.93	50m	28-02-20	Vila Franca de Xira	387
42.	MARTINS Mariana Ponte	04	LDC	11:10.85	50m	20-06-21	Loulé	377
43.	GOMES Carolina Silva	04	ACS	12:48.33	50m	20-06-21	Loulé	251
44.	REGO Joana Candeias	04	ADADA	18:36.08	50m	02-11-19	Porto	81

1500 Livres

1.	CARDEAL Beatriz Nunes	04	AVFC	17:41.50	50m	05-06-21	Porto	652
2.	SANTOS Leonor Esteves	04	EULX	17:55.98	50m	01-08-19	Funchal	626
3.	RODRIGUES Joana Francisca	04	CUC	18:27.91	50m	27-03-21	Coimbra	573
4.	PIMENTEL Marta Lima	04	CFP	18:33.85	50m	25-04-21	Coimbra	564
5.	SOUSA Joana Francisca	04	CDSR	19:01.67	50m	28-02-20	Funchal	524
6.	PEDRO Daniela Alexandra	04	SCP	19:35.23	50m	01-03-20	Vila Franca de Xira	480
7.	SANTOS Mariana Coelho	04	LAGAC	20:06.00	50m	12-06-21	Loulé	444
8.	RAMOS Barbara Emerick	04	JACL	20:25.77	50m	28-02-20	Funchal	423
9.	MENDES Ana Sebastiao	04	CNLGOS	22:15.59	50m	12-06-21	Loulé	327

50 Costas

1.	OLIVEIRA Ana Rita	04	POR	30.67	50m	18-04-21	KIEV (UKR)	680
2.	CUNHA Mariana Pacheco	04	CNCE	30.68	50m	13-02-21	Oeiras	680
3.	MARQUES Maria Vieira	04	CNVA	30.93	50m	01-08-19	Funchal	663
4.	PAIVA Leonor Correia	04	ALN	32.12	50m	29-05-21	Coimbra	592
5.	ROCHA Carolina Neves	04	CFP	32.21	50m	01-08-19	Funchal	587
6.	COSTA Joana Santos	04	CGA	32.25	50m	29-05-21	Coimbra	585
7.	RODRIGUES Sofia Vilardell	04	GESL	32.39	50m	09-02-20	Lisboa	577
8.	BRANCOURT Yonina	04	GESL	32.73	50m	01-08-19	Funchal	560
9.	FERREIRA Maria Leonor	04	CDN	32.95	50m	20-06-21	Funchal	548
10.	ALVES Ines Sofia	04	PORTIN	33.01	50m	09-02-20	Lisboa	545
11.	NARCISO Susana Chanoca	04	CPCD	33.17	50m	29-05-21	Rio Maior	538
12.	TROIA Barbara Daniela	04	CFV	33.27	50m	01-08-19	Funchal	533
13.	JONES Angelina Bermejo	04	PORTIN	33.33	50m	19-06-21	Loulé	530
14.	AMADO Maria Lopes	04	DNMG	33.38	50m	27-03-21	Coimbra	528
15.	VENTURA Sara Sofia	04	CEN	33.46	50m	13-06-21	Badajoz (ESP)	524
16.	MENDES Ana Sebastiao	04	CNLGOS	33.47	50m	19-06-21	Loulé	523
17.	RODRIGUES Joana Francisca	04	CUC	33.76	50m	13-02-21	Oeiras	510
18.	COSTA Carolina Fale	04	ADRCIMM	33.84	50m	29-05-21	Rio Maior	506
19.	GONCALVES Maria Margarida	04	CNF	34.13	50m	28-02-20	Funchal	493
20.	SALGUEIRO Joana Lopes	04	ABR	34.18	50m	19-06-21	Loulé	491
21.	SOUSA Joana Francisca	04	CDSR	34.49	50m	23-02-20	Funchal	478
22.	PIRES Matilde Silva	04	CFE	34.66	50m	09-02-20	Lisboa	471
23.	CUNHA Leonor Correia	04	FBSC	34.77	50m	09-02-20	Lisboa	467
24.	MARTINS Mariana Ponte	04	LDC	35.05	50m	19-06-21	Loulé	456
25.	INACIO Ana Sofia	04	VKGS	35.23	50m	13-06-21	Badajoz (ESP)	449
26.	SANTOS Mariana Coelho	04	LAGAC	36.11	50m	09-02-20	Lisboa	417
27.	MENDES Daniela Portela	04	FBSC	36.25	50m	08-05-21	Coimbra	412
28.	RIBEIRO Carolina Goncalves	04	CRASTO	36.53	50m	11-01-20	Coimbra	402
29.	ANDRADE Margarida Fernandez	04	JACL	37.91	50m	23-02-20	Funchal	360
30.	GOUVEIA Susana Isabel	04	JACL	37.96	50m	28-02-20	Funchal	359
31.	MARGATO Laura Rodrigues	04	AAC	38.05	50m	11-01-20	Coimbra	356
32.	GAMEIRO Marta Domingues	04	CNAC	38.21	50m	08-05-21	Coimbra	352
33.	BOROZAN Gabriela	04	LDC	38.28	50m	19-06-21	Loulé	350
34.	VIEIRA Filipa Victor	04	AAC	38.43	50m	11-01-20	Coimbra	346
35.	JESUS Mariana Caires	04	JACL	39.61	50m	28-02-20	Funchal	316
36.	RODRIGUES Maria Beatriz	04	CAQC	40.17	50m	11-01-20	Coimbra	302
37.	AFONSO Beatriz Beja	04	AAC	40.30	50m	11-01-20	Coimbra	300
38.	SOARES Ines Silva	04	CDN	42.49	50m	20-06-21	Funchal	256
39.	ALVES Carolina Alexandra	04	CNF	43.09	50m	28-02-20	Funchal	245
40.	SILVA Maria Saraiva	04	CSAAXI	45.18	50m	11-01-20	Coimbra	212
41.	BATISTA Rita Teixeira	04	CDN	47.05	50m	20-06-21	Funchal	188

50 Costas (desde 42)

42.	SOUSA Ines Henriques	04	CPSPA	48.93	50m	11-01-20	Coimbra	167
43.	SILVA Filipa Pereira	04	CPSPA	49.75	50m	11-01-20	Coimbra	159
44.	BLANDY Mischa Blue	04	JACL	51.05	50m	28-02-20	Funchal	147
45.	REGO Joana Candeias	04	ADADA	1:03.10	50m	08-12-19	Povoa de Varzim	78
46.	CASTRO Bruna Gomes	04	FVCD	1:09.68	50m	08-12-19	Povoa de Varzim	58
47.	GRACA Catarina Resende	04	FVCD	1:33.32	50m	18-01-20	Coimbra	24

100 Costas

1.	CUNHA Mariana Pacheco	04	CNCE	1:04.70	50m	24-04-21	Coimbra	704
2.	OLIVEIRA Ana Rita	04	CNCE	1:04.83	50m	29-05-21	Coimbra	700
3.	AMADO Maria Lopes	04	INDLE	1:06.60	50m	03-08-19	Funchal	645
4.	ROCHA Carolina Neves	04	CFP	1:08.57	50m	03-08-19	Funchal	591
5.	MARQUES Maria Vieira	04	CNVA	1:09.12	50m	03-08-19	Funchal	577
6.	PAIVA Leonor Correia	04	ALN	1:09.13	50m	09-05-21	Coimbra	577
7.	COSTA Joana Santos	04	CGA	1:09.24	50m	06-06-21	Porto	574
8.	FERREIRA Maria Leonor	04	CDN	1:10.27	50m	03-08-19	Funchal	549
9.	RODRIGUES Sofia Vilardeil	04	GESL	1:10.54	50m	04-08-19	Funchal	543
10.	TROIA Barbara Daniela	04	CFV	1:10.72	50m	04-08-19	Funchal	539
11.	ALVES Ines Sofia	04	PORTIN	1:10.87	50m	08-02-20	Lisboa	536
12.	DELFINO Mariana Morais	04	SCP	1:10.96	50m	03-08-19	Funchal	534
13.	NARCISO Susana Chanoca	04	CPCD	1:11.05	50m	30-05-21	Rio Maior	531
14.	COSTA Carolina Fale	04	ADRCIMM	1:11.16	50m	03-08-19	Funchal	529
15.	RODRIGUES Joana Francisca	04	CUC	1:11.19	50m	09-05-21	Coimbra	528
16.	CUNHA Leonor Correia	04	FBSC	1:11.54	50m	03-08-19	Funchal	521
17.	MENDES Ana Sebastiao	04	CNLGOS	1:11.97	50m	13-06-21	Loulé	511
18.	BRANCOURT Yonina	04	GESL	1:12.42	50m	03-08-19	Funchal	502
19.	PEREIRA Anais Cloe	04	SCP	1:12.61	50m	03-08-19	Funchal	498
20.	SOUSA Joana Francisca	04	CDSR	1:12.93	50m	03-08-19	Funchal	491
21.	INACIO Marta Macedo	04	SCP	1:13.15	50m	01-03-20	Vila Franca de Xira	487
22.	GONCALVES Maria Margarida	04	CNF	1:13.42	50m	03-08-19	Funchal	482
23.	COUTINHO Maria Martim	04	ADBA	1:13.67	50m	03-08-19	Funchal	477
24.	MARTINS Ines Correia	04	FCP	1:13.90	50m	30-05-21	Coimbra	472
25.	VENTURA Sara Sofia	04	CEN	1:13.98	50m	08-02-20	Lisboa	471
26.	RODRIGUES Lidiana Correia	04	CFB	1:14.53	50m	01-03-20	Vila Franca de Xira	460
27.	ALVES Carina Alexandra	04	LSC	1:15.15	50m	03-08-19	Funchal	449
28.	MONTEIRO Ana Carolina	04	CUC	1:15.60	50m	22-02-20	Coimbra	441
29.	SALGUEIRO Joana Lopes	04	ABR	1:15.74	50m	13-06-21	Loulé	439
30.	VIANA Margarida Violante	04	ADBA	1:16.23	50m	22-02-20	Coimbra	430
31.	CUNHA Margarida Passos	04	GDNFAMA	1:16.71	50m	03-08-19	Funchal	422
32.	HORTA Diana Valadas	04	SFUAP	1:17.12	50m	01-03-20	Vila Franca de Xira	415
33.	INACIO Ana Sofia	04	VKGS	1:17.33	50m	12-06-21	Badajoz (ESP)	412
34.	PIRES Matilde Silva	04	CFE	1:17.90	50m	08-02-20	Lisboa	403
35.	MENDES Daniela Portela	04	FBSC	1:18.93	50m	09-05-21	Coimbra	388
36.	MARGATO Laura Rodrigues	04	AAC	1:19.22	50m	24-04-21	Coimbra	383
37.	LAMAS Maria Caetano	04	CNMC	1:19.54	50m	22-02-20	Coimbra	379
38.	SANTOS Mariana Coelho	04	LAGAC	1:19.65	50m	13-06-21	Loulé	377
39.	OLIVEIRA Diana Costa	04	CUC	1:19.95	50m	22-02-20	Coimbra	373
40.	MARQUES Catarina Alexandra	04	CNCVG	1:21.66	50m	01-03-20	Vila Franca de Xira	350
41.	VIEIRA Filipa Victor	04	AAC	1:22.75	50m	22-02-20	Coimbra	336
42.	SILVA Ana Filipa	04	AAC	1:23.12	50m	22-02-20	Coimbra	332
43.	FARIA Sofia Morais	04	ADBA	1:23.17	50m	26-01-20	Rio Maior	331
44.	GOUVEIA Susana Isabel	04	JACL	1:24.38	50m	22-02-20	Funchal	317

100 Costas (desde 45)

45.	AFONSO Beatriz Beja	04	AAC	1:26.67	50m	22-02-20	Coimbra	293
46.	RODRIGUES Joana Beatriz	04	AAC	1:32.62	50m	22-02-20	Coimbra	240
47.	SILVA Maria Saraiva	04	CSAAXXI	1:33.31	50m	22-02-20	Coimbra	234
48.	REGO Joana Candeias	04	ADADA	2:19.37	50m	07-12-19	Povoa de Varzim	70
49.	ALMEIDA Beatriz Moreira	04	ADADA	2:23.84	50m	07-12-19	Povoa de Varzim	64
50.	CASTRO Bruna Gomes	04	FVCD	2:26.42	50m	02-11-19	Porto	60

200 Costas

1.	OLIVEIRA Ana Rita	04	POR	2:21.68	50m	17-04-21	KIEV (UKR)	659
2.	CUNHA Mariana Pacheco	04	CNCE	2:22.67	50m	28-03-21	Coimbra	646
3.	AMADO Maria Lopes	04	INDLE	2:23.61	50m	02-08-19	Funchal	633
4.	FERREIRA Maria Leonor	04	CDN	2:30.28	50m	02-08-19	Funchal	552
5.	PAIVA Leonor Correia	04	ALN	2:30.61	50m	30-05-21	Coimbra	549
6.	COSTA Carolina Fale	04	ADRCIMM	2:30.81	50m	19-12-20	Oeiras	547
7.	ALVES Ines Sofia	04	PORTIN	2:32.42	50m	02-08-19	Funchal	530
8.	COSTA Joana Santos	04	CGA	2:32.80	50m	02-08-19	Funchal	526
9.	RODRIGUES Joana Francisca	04	CUC	2:33.10	50m	19-12-20	Oeiras	522
10.	ROCHA Carolina Neves	04	CFP	2:33.37	50m	01-02-20	Povoa de Varzim	520
11.	MARTINS Ines Correia	04	FCP	2:34.08	50m	05-06-21	Porto	513
12.	CUNHA Leonor Correia	04	FBSC	2:34.83	50m	02-08-19	Funchal	505
13.	DELFINO Mariana Morais	04	SCP	2:34.98	50m	02-08-19	Funchal	504
14.	NARRA Vera Figueiredo	04	CNA	2:36.00	50m	02-08-19	Funchal	494
15.	NARCISO Susana Chanoca	04	CDCP	2:36.53	50m	29-02-20	Vila Franca de Xira	489
16.	RODRIGUES Lidiana Correia	04	CFB	2:36.69	50m	29-02-20	Vila Franca de Xira	487
17.	SOUSA Joana Francisca	04	CDSR	2:36.74	50m	02-08-19	Funchal	487
18.	PEREIRA Anais Cloe	04	SCP	2:36.75	50m	02-08-19	Funchal	487
19.	TROIA Barbara Daniela	04	CFV	2:36.97	50m	02-08-19	Funchal	485
20.	JONES Angelina Bermejo	04	PORTIN	2:37.11	50m	02-08-19	Funchal	483
21.	COUTINHO Maria Martim	04	ADBA	2:38.11	50m	02-08-19	Funchal	474
22.	JESUS Leonor Santos	04	CNOL	2:38.41	50m	02-08-19	Funchal	472
23.	VIANA Margarida Violante	04	ADBA	2:39.54	50m	02-08-19	Funchal	462
24.	RODRIGUES Sofia Vilardell	04	GESL	2:39.82	50m	02-08-19	Funchal	459
25.	GONCALVES Maria Margarida	04	CNF	2:39.90	50m	02-08-19	Funchal	459
26.	BRANCOURT Yonina	04	GESL	2:40.38	50m	02-08-19	Funchal	454
27.	MONTEIRO Ana Carolina	04	CUC	2:40.58	50m	22-02-20	Coimbra	453
28.	CORREIA Beatriz Santos	04	AVFC	2:41.16	50m	02-08-19	Funchal	448
28.	CAMACHO Laura Fernandes	04	CNF	2:41.16	50m	01-03-20	Funchal	448
30.	INACIO Marta Macedo	04	SCP	2:42.08	50m	29-02-20	Vila Franca de Xira	440
31.	MENDES Ana Sebastiao	04	CNLGOS	2:42.34	50m	12-06-21	Loulé	438
32.	GASPAR Beatriz Ferreira	04	CUC	2:42.35	50m	09-05-21	Coimbra	438
33.	MARQUES Maria Vieira	04	CNVA	2:43.93	50m	02-08-19	Funchal	426
34.	CAMACHO Maria Martins	04	SFUAP	2:44.27	50m	29-02-20	Vila Franca de Xira	423
35.	INACIO Ana Sofia	04	CFB	2:44.58	50m	29-02-20	Vila Franca de Xira	421
36.	HORTA Diana Valadas	04	SFUAP	2:44.91	50m	29-02-20	Vila Franca de Xira	418
37.	ALVES Maria Freire	04	AHBE	2:48.35	50m	29-02-20	Vila Franca de Xira	393
38.	CUNHA Margarida Passos	04	GDNFAMA	2:48.75	50m	02-08-19	Funchal	390
39.	VIEIRA Filipa Victor	04	AAC	2:52.97	50m	22-02-20	Coimbra	362
40.	MARGATO Laura Rodrigues	04	AAC	2:53.35	50m	09-05-21	Coimbra	360
41.	ABREU Daniela Filipa	04	INDCNP	3:05.64	50m	22-02-20	Coimbra	293
42.	ABREU Diana Sofia	04	INDCNP	3:06.63	50m	22-02-20	Coimbra	288
43.	BLANDY Mischa Blue	04	JACL	4:00.84	50m	25-01-20	Funchal	134
44.	REGO Joana Candeias	04	ADADA	5:13.12	50m	03-11-19	Porto	61

50 Bruços

1.	FERREIRA Margarida Filipe	04	CDCP	33.76	50m	02-08-19	Funchal	660
2.	RODRIGUES Lidiana Correia	04	CFB	34.19	50m	29-05-21	Rio Maior	635
3.	MORAIS Margarida Mateus	04	CNTN	34.31	50m	02-08-19	Funchal	629
4.	DOMINGUEZ Marta Recio	04	LDC	34.43	50m	29-05-21	Rio Maior	622
5.	CUNHA Mariana Pacheco	04	POR	35.67	50m	13-06-21	Loulé	559
6.	VIANA Carolina Pereira	04	ACS	35.86	50m	08-02-20	Lisboa	551
7.	PEREIRA Maria Gomes	04	SAD	36.03	50m	02-08-19	Funchal	543
8.	DOMINGOS Marta Pereira	04	SFUAP	36.07	50m	02-08-19	Funchal	541
9.	RODRIGUES Marta Silva	04	CNPO	36.25	50m	02-08-19	Funchal	533
10.	LOPES Margarida Santos	04	CDE	36.45	50m	05-06-21	Porto	524
11.	LAMAS Maria Caetano	04	CNMC	36.59	50m	24-04-21	Coimbra	518
12.	ALVES Maria Francisca	04	ADBA	36.74	50m	01-02-20	Povoa de Varzim	512
13.	RODRIGUES Sofia Vilardele	04	GESL	36.87	50m	29-02-20	Vila Franca de Xira	507
14.	PAIVA Leonor Correia	04	ALN	37.16	50m	08-05-21	Coimbra	495
15.	BORCIC Aleksandra Bozanic	04	SAD	37.23	50m	29-02-20	Vila Franca de Xira	492
16.	COSTA Catarina Nunes	04	GESL	37.61	50m	29-02-20	Vila Franca de Xira	477
17.	ALVES Carina Alexandra	04	LSC	37.93	50m	01-02-20	Povoa de Varzim	465
18.	FRANCO Barbara Garrido	04	CEN	38.25	50m	12-06-21	Badajoz (ESP)	454
19.	GERALDES Madalena Graca	04	SCP	38.46	50m	29-02-20	Vila Franca de Xira	446
20.	CUNHA Leonor Correia	04	FBSC	38.79	50m	11-01-20	Coimbra	435
21.	BOROZAN Gabriela	04	LDC	38.81	50m	08-02-20	Lisboa	434
22.	JONES Angelina Bermejo	04	PORTIN	39.13	50m	19-06-21	Loulé	424
23.	FERREIRA Maria Leonor	04	CDN	39.20	50m	23-02-20	Funchal	421
24.	RIBEIRO Carolina Goncalves	04	CRASTO	39.76	50m	11-01-20	Coimbra	404
25.	GONCALVES Maria Margarida	04	CNF	41.13	50m	29-02-20	Funchal	365
25.	SANTOS Mariana Coelho	04	LAGAC	41.13	50m	19-06-21	Loulé	365
27.	CASTANHEIRA Ana Sofia	04	CAQC	41.80	50m	24-04-21	Coimbra	347
28.	MARTINS Mariana Ponte	04	LDC	43.34	50m	19-06-21	Loulé	312
29.	CUNHA Emily Monteiro	04	SFUAP	43.45	50m	29-02-20	Vila Franca de Xira	309
30.	GOUVEIA Susana Isabel	04	JACL	43.97	50m	29-02-20	Funchal	298
31.	SALGUEIRO Joana Lopes	04	ABR	44.09	50m	19-06-21	Loulé	296
32.	AFONSO Beatriz Beja	04	AAC	44.74	50m	11-01-20	Coimbra	283
33.	COJOCARU Beatriz	04	PORTIN	46.52	50m	19-06-21	Loulé	252
34.	SILVA Filipa Pereira	04	CPSPA	47.01	50m	11-01-20	Coimbra	244
35.	ALVES Carolina Alexandra	04	CNF	48.30	50m	29-02-20	Funchal	225
36.	BLANDY Mischa Blue	04	JACL	52.91	50m	29-02-20	Funchal	171

100 Bruços

1.	RODRIGUES Lidiana Correia	04	CFB	1:13.34	50m	25-04-21	Coimbra	668
2.	FERREIRA Margarida Filipe	04	CDCP	1:13.54	50m	09-02-20	Lisboa	663
3.	DOMINGUEZ Marta Recio	04	LDC	1:14.56	50m	30-05-21	Rio Maior	636
4.	MORAIS Margarida Mateus	04	CNTN	1:15.92	50m	02-02-20	Povoa de Varzim	602
5.	CUNHA Mariana Pacheco	04	CNCE	1:16.19	50m	25-04-21	Coimbra	596
6.	SANTOS Leonor Esteves	04	EULX	1:17.46	50m	28-02-20	Vila Franca de Xira	567
7.	PEREIRA Maria Gomes	04	SAD	1:18.41	50m	01-08-19	Funchal	547
8.	DOMINGOS Marta Pereira	04	SFUAP	1:19.71	50m	01-08-19	Funchal	520
9.	LOPES Margarida Santos	04	CDE	1:20.17	50m	30-05-21	Coimbra	511
10.	RODRIGUES Marta Silva	04	CNPO	1:20.27	50m	01-08-19	Funchal	509
11.	LAMAS Maria Caetano	04	CNMC	1:20.51	50m	30-05-21	Coimbra	505
12.	PRETO Filipa Manso	04	FCP	1:20.55	50m	01-08-19	Funchal	504
13.	VIANA Carolina Pereira	04	ACS	1:20.66	50m	12-06-21	Loulé	502
14.	COSTA Catarina Nunes	04	GESL	1:20.87	50m	28-02-20	Vila Franca de Xira	498

100 Bruços (desde 15)

15.	FRANCO Barbara Garrido	04	CEN	1:20.96	50m	09-02-20	Lisboa	497
16.	BORCIC Aleksandra Bozanic	04	SAD	1:21.35	50m	28-02-20	Vila Franca de Xira	489
17.	FERREIRA Marta Oliveira	04	GCST	1:21.78	50m	02-02-20	Povoa de Varzim	482
18.	MONTEIRO Ana Carolina	04	CUC	1:22.21	50m	09-05-21	Coimbra	474
19.	SILVA Ines Louro	04	ANAR	1:22.30	50m	01-08-19	Funchal	473
20.	ALVES Maria Francisca	04	ADBA	1:22.38	50m	01-08-19	Funchal	471
21.	SILVA Ana Catarina	04	FBSC	1:22.76	50m	01-08-19	Funchal	465
22.	FERREIRA Maria Leonor	04	CDN	1:22.88	50m	01-08-19	Funchal	463
23.	MENDES Mariana Pereira	04	LDC	1:22.94	50m	01-08-19	Funchal	462
24.	HENRIQUES Carolina Porem	04	SCP	1:23.10	50m	01-08-19	Funchal	459
25.	RODRIGUES Sofia Vilardell	04	GESL	1:23.18	50m	28-02-20	Vila Franca de Xira	458
26.	PAIVA Leonor Correia	04	ALN	1:23.55	50m	09-05-21	Coimbra	452
27.	GERALDES Madalena Graca	04	SCP	1:23.79	50m	28-02-20	Vila Franca de Xira	448
28.	ALVES Carina Alexandra	04	LSC	1:24.22	50m	01-08-19	Funchal	441
29.	SILVA Alexandra Cordeiro	04	CNAL	1:24.69	50m	01-08-19	Funchal	434
30.	JONES Angelina Bermejo	04	PORTIN	1:25.33	50m	12-06-21	Loulé	424
31.	SOUSA Ana Correia	04	PIMP	1:25.52	50m	01-08-19	Funchal	421
32.	CUNHA Leonor Correia	04	FBSC	1:25.82	50m	01-08-19	Funchal	417
33.	BOROZAN Gabriela	04	LDC	1:26.17	50m	01-08-19	Funchal	412
34.	CASTANHEIRA Ana Sofia	04	CAQC	1:28.05	50m	09-05-21	Coimbra	386
35.	MARTINS Mariana Ponte	04	LDC	1:33.84	50m	12-06-21	Loulé	319
36.	GOUVEIA Susana Isabel	04	JACL	1:35.94	50m	29-02-20	Funchal	298
37.	COJOCARU Beatriz	04	PORTIN	1:38.03	50m	12-06-21	Loulé	279
38.	CUNHA Emily Monteiro	04	SFUAP	1:38.93	50m	28-02-20	Vila Franca de Xira	272
39.	ALVES Carolina Alexandra	04	CNF	1:43.42	50m	29-02-20	Funchal	238

200 Bruços

1.	RODRIGUES Lidiana Correia	04	CFB	2:37.86	50m	27-03-21	Coimbra	684
2.	FERREIRA Margarida Filipe	04	CDCP	2:41.81	50m	03-08-19	Funchal	635
3.	DOMINGUEZ Marta Recio	04	LDC	2:46.09	50m	30-05-21	Rio Maior	587
4.	MORAIS Margarida Mateus	04	CNTN	2:49.71	50m	03-08-19	Funchal	550
5.	FRANCO Barbara Garrido	04	CEN	2:50.26	50m	08-02-20	Lisboa	545
6.	LAMAS Maria Caetano	04	CNMC	2:52.62	50m	24-04-21	Coimbra	523
7.	MENDES Mariana Pereira	04	LDC	2:53.96	50m	03-08-19	Funchal	511
8.	DOMINGOS Marta Pereira	04	SFUAP	2:54.12	50m	30-05-21	Rio Maior	509
9.	RODRIGUES Marta Silva	04	CNPO	2:54.48	50m	03-08-19	Funchal	506
10.	SILVA Ana Catarina	04	FBSC	2:54.64	50m	03-08-19	Funchal	505
11.	BORCIC Aleksandra Bozanic	04	SAD	2:54.71	50m	03-08-19	Funchal	504
12.	COSTA Catarina Nunes	04	GESL	2:54.98	50m	24-04-21	Coimbra	502
13.	PRETO Filipa Manso	04	FCP	2:55.28	50m	03-08-19	Funchal	499
14.	RODRIGUES Sofia Vilardell	04	GESL	2:56.59	50m	01-03-20	Vila Franca de Xira	488
15.	FERREIRA Marta Oliveira	04	GCST	2:57.30	50m	01-02-20	Povoa de Varzim	483
16.	FERREIRA Maria Leonor	04	CDN	2:57.74	50m	01-03-20	Funchal	479
16.	VIANA Carolina Pereira	04	ACS	2:57.74	50m	19-06-21	Loulé	479
18.	MORGANHO Leonor Alves	04	SAD	2:58.02	50m	03-08-19	Funchal	477
19.	CRUZ Jessica Catarina	04	CAP	2:58.30	50m	03-08-19	Funchal	474
20.	MONTEIRO Ana Carolina	04	CUC	3:00.02	50m	22-02-20	Coimbra	461
21.	MORGADO Alice Jesus	04	GESL	3:00.62	50m	01-03-20	Vila Franca de Xira	456
22.	SILVA Alexandra Cordeiro	04	CNAL	3:00.84	50m	03-08-19	Funchal	455
23.	HENRIQUES Carolina Porem	04	SCP	3:00.87	50m	03-08-19	Funchal	454
24.	ALVES Maria Francisca	04	ADBA	3:00.99	50m	03-08-19	Funchal	454
25.	FLORENCIO Matilde Alves	04	CAQC	3:01.38	50m	09-05-21	Coimbra	451

200 Bruços (desde 26)

26.	SILVA Ines Louro	04	ANAR	3:01.97	50m	03-08-19	Funchal	446
27.	MARTINS Ines Correia	04	FCP	3:02.36	50m	03-08-19	Funchal	443
28.	GERALDES Madalena Graca	04	SCP	3:03.10	50m	01-03-20	Vila Franca de Xira	438
29.	SOUSA Ana Correia	04	PIMP	3:03.67	50m	03-08-19	Funchal	434
30.	LOPES Margarida Santos	04	CDE	3:04.68	50m	03-08-19	Funchal	427
31.	CASTANHEIRA Ana Sofia	04	CAQC	3:04.90	50m	09-05-21	Coimbra	425
32.	SILVA Margarida Borges	04	CAFBDP	3:06.40	50m	03-08-19	Funchal	415
33.	SANTOS Mariana Coelho	04	LAGAC	3:11.15	50m	19-06-21	Loulé	385
34.	GAMEIRO Marta Domingues	04	CNAC	3:14.00	50m	22-02-20	Coimbra	368
35.	RODRIGUES Maria Beatriz	04	CAQC	3:19.29	50m	22-02-20	Coimbra	340
36.	MARTINS Mariana Ponte	04	LDC	3:21.34	50m	19-06-21	Loulé	329
37.	MARGATO Laura Rodrigues	04	AAC	3:21.66	50m	22-02-20	Coimbra	328
38.	ABREU Daniela Filipa	04	INDCNP	3:23.19	50m	22-02-20	Coimbra	320
39.	ABREU Diana Sofia	04	INDCNP	3:25.07	50m	22-02-20	Coimbra	312
40.	GOUVEIA Susana Isabel	04	JACL	3:28.61	50m	25-01-20	Funchal	296

50 Mariposa

1.	CUNHA Mariana Pacheco	04	POR	27.25	50m	17-04-21	KIEV (UKR)	720
2.	MOURA Maria Ferreira	04	SCP	28.62	50m	01-08-19	Funchal	621
3.	PEREIRA Maria Gomes	04	SAD	29.50	50m	28-02-20	Vila Franca de Xira	567
4.	MARQUES Maria Vieira	04	CNVA	29.60	50m	30-05-21	Coimbra	562
5.	MENDES Ana Sebastiao	04	CNLGOS	29.87	50m	30-05-21	Rio Maior	547
6.	JONES Angelina Bermejo	04	PORTIN	30.02	50m	30-05-21	Rio Maior	538
7.	FIDALGO Maria Jardim	04	CNCVG	30.36	50m	30-05-21	Rio Maior	521
8.	MONTEIRO Ana Carolina	04	CUC	30.58	50m	01-08-19	Funchal	509
9.	SILVA Margarida Borges	04	CAFBDP	30.69	50m	01-08-19	Funchal	504
9.	RODRIGUES Joana Francisca	04	CUC	30.69	50m	28-03-21	Coimbra	504
11.	COSTA Joana Santos	04	CGA	30.89	50m	28-03-21	Coimbra	494
12.	ALVES Ines Sofia	04	PORTIN	30.92	50m	01-08-19	Funchal	493
12.	LIGEIRO Daniela Silva	04	VNC	30.92	50m	30-05-21	Coimbra	493
14.	MORGADO Alice Jesus	04	GESL	31.31	50m	28-02-20	Vila Franca de Xira	475
15.	MENDES Daniela Portela	04	FBSC	31.35	50m	11-01-20	Coimbra	473
16.	SOUSA Joana Francisca	04	CDSR	31.37	50m	23-02-20	Funchal	472
17.	COSTA Catarina Nunes	04	GESL	31.68	50m	28-02-20	Vila Franca de Xira	458
18.	PAIVA Leonor Correia	04	ALN	31.78	50m	09-05-21	Coimbra	454
19.	LAMAS Maria Caetano	04	CNMC	31.79	50m	09-05-21	Coimbra	453
20.	BRANCOURT Yonina	04	GESL	32.07	50m	09-02-20	Lisboa	442
21.	CARDEAL Beatriz Nunes	04	AVFC	32.09	50m	14-02-21	Oeiras	441
22.	OLIVEIRA Sara Fernandes	04	JACL	32.17	50m	23-02-20	Funchal	437
23.	FONSECA Ana Filipa	04	CFE	32.77	50m	09-02-20	Lisboa	414
24.	DOMINGUEZ Marta Recio	04	LDC	32.99	50m	13-06-21	Loulé	406
25.	INACIO Ana Sofia	04	CFB	33.12	50m	28-02-20	Vila Franca de Xira	401
26.	SILVA Ana Filipa	04	AAC	33.14	50m	11-01-20	Coimbra	400
27.	DOMINGOS Marta Pereira	04	SFUAP	33.21	50m	28-02-20	Vila Franca de Xira	398
28.	RAMOS Barbara Emerick	04	JACL	33.56	50m	23-02-20	Funchal	385
29.	CAMACHO Laura Fernandes	04	CNF	33.98	50m	23-02-20	Funchal	371
30.	GUTERRES Mariana Fragoso	04	SLB	34.20	50m	28-02-20	Vila Franca de Xira	364
31.	GAMEIRO Marta Domingues	04	CNAC	35.55	50m	11-01-20	Coimbra	324
32.	MADEIRA Catarina Rufino	04	GCMF	36.45	50m	13-06-21	Loulé	301
33.	COJOCARU Beatriz	04	PORTIN	36.83	50m	13-06-21	Loulé	291
34.	VIEIRA Filipa Victor	04	AAC	37.51	50m	11-01-20	Coimbra	276
35.	MARGATO Laura Rodrigues	04	AAC	38.83	50m	11-01-20	Coimbra	249

50 Mariposa (desde 36)

36.	SILVA Maria Saraiva	04	CSAAXXI	42.97	50m	11-01-20	Coimbra	183
37.	SOUSA Ines Henriques	04	CPSPA	46.09	50m	11-01-20	Coimbra	148
38.	BLANDY Mischa Blue	04	JACL	51.26	50m	01-03-20	Funchal	108

100 Mariposa

1.	CUNHA Mariana Pacheco	04	POR	1:00.11	50m	05-06-21	Porto	786
2.	MOURA Maria Ferreira	04	POR	1:03.10	50m	05-06-21	Porto	679
3.	FIDALGO Maria Jardim	04	CNCVG	1:04.70	50m	29-05-21	Rio Maior	630
4.	MARQUES Maria Alexandra	04	ANAR	1:05.34	50m	03-08-19	Funchal	612
5.	MONTEIRO Ana Carolina	04	CUC	1:05.41	50m	03-08-19	Funchal	610
6.	MENDES Ana Sebastiao	04	CNLGOS	1:05.89	50m	29-05-21	Rio Maior	596
7.	CARDEAL Beatriz Nunes	04	AVFC	1:06.28	50m	24-04-21	Coimbra	586
8.	PEREIRA Maria Gomes	04	SAD	1:07.05	50m	01-03-20	Vila Franca de Xira	566
9.	RODRIGUES Lidiana Correia	04	CFB	1:07.68	50m	01-03-20	Vila Franca de Xira	550
10.	RODRIGUES Joana Francisca	04	CUC	1:08.04	50m	08-05-21	Coimbra	542
11.	COSTA Joana Santos	04	CGA	1:08.32	50m	29-05-21	Coimbra	535
12.	ALVES Ines Sofia	04	PORTIN	1:08.50	50m	03-08-19	Funchal	531
13.	SILVA Margarida Borges	04	CAFBDP	1:08.78	50m	03-08-19	Funchal	524
13.	MORGADO Alice Jesus	04	SCP	1:08.78	50m	24-04-21	Coimbra	524
15.	COSTA Carolina Fale	04	ADRCIMM	1:08.86	50m	03-08-19	Funchal	523
16.	LAMAS Maria Caetano	04	CNMC	1:09.12	50m	08-05-21	Coimbra	517
17.	TROIA Beatriz Rosa	04	CFV	1:09.20	50m	03-08-19	Funchal	515
18.	LIGEIRO Daniela Silva	04	VNC	1:09.30	50m	03-08-19	Funchal	513
19.	MARQUES Maria Vieira	04	CNVA	1:09.33	50m	03-08-19	Funchal	512
20.	CRUZ Jessica Catarina	04	CAP	1:09.48	50m	03-08-19	Funchal	509
21.	COSTA Rita Salome	04	CAP	1:09.99	50m	03-08-19	Funchal	498
22.	JONES Angelina Bermejo	04	PORTIN	1:10.53	50m	08-02-20	Lisboa	486
23.	FERREIRA Margarida Filipe	04	CDCP	1:10.58	50m	01-03-20	Vila Franca de Xira	485
24.	NARRA Vera Figueiredo	04	CNA	1:10.87	50m	03-08-19	Funchal	479
25.	FLORENCIO Matilde Alves	04	CAQC	1:11.46	50m	08-05-21	Coimbra	467
26.	SOUSA Joana Francisca	04	CDSR	1:11.79	50m	22-02-20	Funchal	461
27.	MENDES Daniela Portela	04	FBSC	1:12.38	50m	08-02-20	Lisboa	450
28.	CAMACHO Laura Fernandes	04	CNF	1:12.84	50m	08-02-20	Lisboa	441
29.	COSTA Catarina Nunes	04	GESL	1:13.07	50m	25-01-20	Rio Maior	437
30.	FONSECA Ana Filipa	04	CFE	1:13.42	50m	08-02-20	Lisboa	431
31.	OLIVEIRA Sara Fernandes	04	JACL	1:14.26	50m	29-02-20	Funchal	417
32.	INACIO Ana Sofia	04	CFB	1:14.28	50m	01-03-20	Vila Franca de Xira	416
33.	RAMOS Barbara Emerick	04	JACL	1:14.48	50m	29-02-20	Funchal	413
34.	TROIA Barbara Daniela	04	CFV	1:14.55	50m	03-08-19	Funchal	412
35.	SIMOES Rita Mendes	04	ADBA	1:14.56	50m	22-02-20	Coimbra	411
36.	GUTERRES Mariana Fragoso	04	SLB	1:15.12	50m	08-02-20	Lisboa	402
37.	SILVA Ana Catarina	04	FBSC	1:15.42	50m	11-01-20	Coimbra	398
38.	RODRIGUES Marta Silva	04	CNPO	1:16.55	50m	18-01-20	Povoa de Varzim	380
39.	VIANA Jacinta Martins	04	CNVA	1:17.07	50m	22-02-20	Coimbra	373
40.	ABREU Daniela Filipa	04	INDCNP	1:17.19	50m	22-02-20	Coimbra	371
41.	FONSECA Catarina Rossas	04	CNLX	1:17.24	50m	01-03-20	Vila Franca de Xira	370
42.	SILVA Ana Filipa	04	AAC	1:19.45	50m	11-01-20	Coimbra	340
43.	PEREIRA Beatriz Sofia	04	NBM	1:19.58	50m	22-02-20	Coimbra	338
44.	SANTOS Sofia Isabel	04	CNPDL	1:20.29	50m	01-02-20	Povoa de Varzim	329
45.	FARIA Sofia Morais	04	ADBA	1:20.43	50m	25-01-20	Rio Maior	328
46.	VIEIRA Filipa Victor	04	AAC	1:25.70	50m	22-02-20	Coimbra	271
47.	RODRIGUES Joana Beatriz	04	AAC	1:26.09	50m	11-01-20	Coimbra	267

100 Mariposa (desde 48)

48.	GAMEIRO Marta Domingues	04	CNAC	1:26.17	50m	22-02-20	Coimbra	266
49.	CASTANHEIRA Ana Sofia	04	CAQC	1:27.16	50m	22-02-20	Coimbra	257
50.	SILVA Maria Saraiva	04	CSAXXI	1:34.55	50m	22-02-20	Coimbra	202
51.	ABREU Diana Sofia	04	INDCNP	1:37.38	50m	22-02-20	Coimbra	184
52.	BLANDY Mischa Blue	04	JACL	2:01.33	50m	25-01-20	Funchal	95

200 Mariposa

1.	CUNHA Mariana Pacheco	04	POR	2:15.31	50m	06-06-21	Porto	729
2.	MOURA Maria Ferreira	04	POR	2:17.51	50m	06-06-21	Porto	695
3.	MARQUES Maria Alexandra	04	ANAR	2:21.73	50m	04-08-19	Funchal	634
4.	MONTEIRO Ana Carolina	04	CUC	2:22.78	50m	04-08-19	Funchal	620
5.	FIDALGO Maria Jardim	04	CNCVG	2:24.13	50m	27-03-21	Coimbra	603
6.	CARDEAL Beatriz Nunes	04	AVFC	2:25.00	50m	25-04-21	Coimbra	592
7.	TROIA Beatriz Rosa	04	CFV	2:28.91	50m	04-08-19	Funchal	547
8.	LIGEIRO Daniela Silva	04	VNC	2:29.14	50m	29-05-21	Coimbra	544
9.	RODRIGUES Lidiana Correia	04	CFB	2:32.28	50m	01-03-20	Vila Franca de Xira	511
10.	MORGADO Alice Jesus	04	GESL	2:33.11	50m	04-08-19	Funchal	503
11.	CRUZ Jessica Catarina	04	CAP	2:33.64	50m	04-08-19	Funchal	498
12.	HENRIQUES Carolina Porem	04	SCP	2:34.36	50m	04-08-19	Funchal	491
13.	GASPAR Beatriz Ferreira	04	INDANC	2:35.75	50m	29-05-21	Coimbra	478
14.	MORGANHO Leonor Alves	04	SAD	2:36.13	50m	04-08-19	Funchal	474
15.	MENDES Ana Sebastiao	04	CNLGOS	2:36.72	50m	13-06-21	Loulé	469
16.	SILVA Margarida Borges	04	CAFBDP	2:36.86	50m	04-08-19	Funchal	468
17.	COSTA Carolina Fale	04	ADRCIMM	2:37.68	50m	04-08-19	Funchal	461
18.	SILVA Ana Catarina	04	FBSC	2:38.32	50m	22-02-20	Coimbra	455
19.	COSTA Rita Salome	04	CAP	2:39.94	50m	04-08-19	Funchal	441
20.	TAVARES Mariana Silva	04	CDE	2:40.05	50m	04-08-19	Funchal	440
21.	LIMA Eduarda Filipa	04	CFV	2:40.13	50m	04-08-19	Funchal	440
22.	GUTERRES Mariana Fragoso	04	SLB	2:41.49	50m	04-08-19	Funchal	429
23.	RODRIGUES Joana Francisca	04	CUC	2:41.66	50m	08-05-21	Coimbra	427
24.	PAIVA Leonor Correia	04	ALN	2:41.97	50m	08-05-21	Coimbra	425
25.	SOUSA Joana Francisca	04	CDSR	2:42.12	50m	22-02-20	Funchal	424
26.	SIMOES Rita Mendes	04	ADBA	2:43.08	50m	04-08-19	Funchal	416
27.	JONES Angelina Bermejo	04	PORTIN	2:43.49	50m	13-06-21	Loulé	413
28.	ALVES Ines Sofia	04	PORTIN	2:45.67	50m	04-08-19	Funchal	397
29.	INACIO Ana Sofia	04	CFB	2:47.49	50m	01-03-20	Vila Franca de Xira	384
30.	COSTA Catarina Nunes	04	GESL	2:50.33	50m	09-02-20	Lisboa	365
31.	CAMACHO Laura Fernandes	04	CNF	2:50.70	50m	28-02-20	Funchal	363
32.	MENDES Daniela Portela	04	FBSC	2:53.06	50m	22-02-20	Coimbra	348
33.	ABREU Daniela Filipa	04	INDCNP	2:54.14	50m	22-02-20	Coimbra	342
34.	ABREU Diana Sofia	04	INDCNP	3:21.34	50m	22-02-20	Coimbra	221

200 Estilos

1.	CUNHA Mariana Pacheco	04	CNCE	2:19.06	50m	24-04-21	Coimbra	746
2.	PEREIRA Maria Gomes	04	SAD	2:26.48	50m	04-08-19	Funchal	638
3.	RODRIGUES Lidiana Correia	04	CFB	2:28.08	50m	29-05-21	Rio Maior	617
4.	OLIVEIRA Ana Rita	04	CNCE	2:28.69	50m	27-03-21	Coimbra	610
5.	AMADO Maria Lopes	04	INDLE	2:29.70	50m	04-08-19	Funchal	597
6.	SANTOS Leonor Esteves	04	EULX	2:30.41	50m	08-02-20	Lisboa	589
7.	FERREIRA Margarida Filipe	04	SFUAP	2:32.21	50m	29-05-21	Rio Maior	568
8.	FERREIRA Marta Oliveira	04	GCST	2:35.39	50m	01-02-20	Povoa de Varzim	534
9.	MARQUES Maria Alexandra	04	AAC	2:36.23	50m	24-04-21	Coimbra	526
10.	MORGADO Alice Jesus	04	GESL	2:36.50	50m	01-03-20	Vila Franca de Xira	523
11.	RODRIGUES Sofia Vildardell	04	GESL	2:36.92	50m	01-03-20	Vila Franca de Xira	519
12.	COSTA Catarina Nunes	04	GESL	2:36.93	50m	01-03-20	Vila Franca de Xira	519
13.	FERREIRA Maria Leonor	04	CDN	2:36.96	50m	22-02-20	Funchal	518
14.	LAMAS Maria Caetano	04	CNMC	2:37.13	50m	08-05-21	Coimbra	517
15.	SILVA Ana Catarina	04	FBSC	2:37.34	50m	11-01-20	Coimbra	515
16.	INACIO Marta Macedo	04	SCP	2:37.36	50m	04-08-19	Funchal	514
17.	SOUSA Ana Correia	04	PIMP	2:37.76	50m	04-08-19	Funchal	510
18.	FLORENCIO Matilde Alves	04	CAQC	2:37.80	50m	27-03-21	Coimbra	510
19.	COSTA Carolina Fale	04	ADRCIMM	2:38.26	50m	04-08-19	Funchal	506
20.	VIANA Carolina Pereira	04	ACS	2:38.52	50m	13-06-21	Loulé	503
21.	SILVA Margarida Borges	04	CAFBDP	2:38.86	50m	04-08-19	Funchal	500
22.	ALVES Carina Alexandra	04	LSC	2:40.10	50m	18-01-20	Povoa de Varzim	488
23.	ALVES Maria Francisca	04	ADBA	2:40.17	50m	04-08-19	Funchal	488
24.	SOUSA Joana Francisca	04	CDSR	2:40.72	50m	25-01-20	Funchal	483
25.	ALVES Ines Sofia	04	PORTIN	2:40.75	50m	08-02-20	Lisboa	482
26.	GALANTE Ines Carvalho	04	CFV	2:40.83	50m	18-01-20	Povoa de Varzim	482
27.	MONTEIRO Ines Maria	04	CNPV	2:41.77	50m	01-02-20	Povoa de Varzim	473
28.	DELFINO Mariana Morais	04	SCP	2:43.69	50m	04-08-19	Funchal	457
29.	ALVES Maria Freire	04	AHBE	2:44.24	50m	01-03-20	Vila Franca de Xira	452
30.	GERALDES Madalena Graca	04	SCP	2:45.18	50m	01-03-20	Vila Franca de Xira	445
31.	OLIVEIRA Sara Fernandes	04	JACL	2:45.58	50m	22-02-20	Funchal	441
32.	DOMINGOS Marta Pereira	04	SFUAP	2:45.79	50m	01-03-20	Vila Franca de Xira	440
33.	MELO Vanda Eduarda	04	FOCA	2:47.39	50m	18-01-20	Povoa de Varzim	427
34.	RAMOS Barbara Emerick	04	JACL	2:49.42	50m	25-01-20	Funchal	412
35.	GONCALVES Angela Emilia	04	CNPO	2:52.23	50m	19-12-20	Povoa do Varzim	392
36.	GOMES Mariana Filipa	04	ADP	2:53.01	50m	18-01-20	Povoa de Varzim	387
37.	MARGATO Laura Rodrigues	04	AAC	2:54.11	50m	11-01-20	Coimbra	380
38.	DOMINGUES Anna Luiza	04	SCB	2:54.60	50m	18-01-20	Povoa de Varzim	376
39.	GOUVEIA Susana Isabel	04	JACL	3:07.31	50m	25-01-20	Funchal	305
40.	RODRIGUES Joana Beatriz	04	AAC	3:10.93	50m	11-01-20	Coimbra	288
41.	BLANDY Mischa Blue	04	JACL	4:10.17	50m	25-01-20	Funchal	128

400 Estilos

1.	SANTOS Leonor Esteves	04	EULX	5:06.03	50m	02-08-19	Funchal	659
2.	CARDEAL Beatriz Nunes	04	AVFC	5:09.10	50m	27-03-21	Coimbra	639
3.	CUNHA Mariana Pacheco	04	CNCE	5:10.44	50m	02-02-20	Povoa de Varzim	631
4.	PEREIRA Maria Gomes	04	SAD	5:12.26	50m	29-02-20	Vila Franca de Xira	620
5.	RODRIGUES Lidiana Correia	04	CFB	5:18.28	50m	29-02-20	Vila Franca de Xira	586
6.	PAIVA Leonor Correia	04	ALN	5:19.84	50m	29-05-21	Coimbra	577
7.	MORGADO Alice Jesus	04	SCP	5:20.18	50m	29-05-21	Rio Maior	575
8.	SILVA Ana Catarina	04	FBSC	5:27.77	50m	09-02-20	Lisboa	536
9.	FERREIRA Marta Oliveira	04	GCST	5:28.08	50m	02-08-19	Funchal	535
10.	COSTA Catarina Nunes	04	GESL	5:30.58	50m	29-05-21	Rio Maior	523
11.	FERREIRA Margarida Filipe	04	CDCP	5:30.67	50m	29-02-20	Vila Franca de Xira	522
12.	FERREIRA Maria Leonor	04	CDN	5:31.24	50m	09-02-20	Lisboa	519
13.	LAMAS Maria Caetano	04	CNMC	5:31.91	50m	02-08-19	Funchal	516
14.	FIDALGO Maria Jardim	04	CNCVG	5:31.98	50m	29-02-20	Vila Franca de Xira	516
15.	RIOS Maria Manuel	04	LSC	5:33.18	50m	02-08-19	Funchal	510
16.	INACIO Marta Macedo	04	SCP	5:33.95	50m	02-08-19	Funchal	507
17.	MORGANHO Leonor Alves	04	SAD	5:34.05	50m	02-08-19	Funchal	506
18.	CRUZ Jessica Catarina	04	CAP	5:34.28	50m	02-08-19	Funchal	505
19.	SOUSA Joana Francisca	04	CDSR	5:34.50	50m	02-08-19	Funchal	504
20.	MONTEIRO Barbara Oliveira	04	SCB	5:35.55	50m	02-08-19	Funchal	500
21.	HENRIQUES Carolina Porem	04	SCP	5:36.23	50m	02-08-19	Funchal	497
22.	TAVARES Mariana Silva	04	CDE	5:38.24	50m	02-08-19	Funchal	488
23.	PIMENTEL Marta Lima	04	CFP	5:38.44	50m	02-08-19	Funchal	487
24.	FRANCO Barbara Garrido	04	CEN	5:43.96	50m	02-08-19	Funchal	464
25.	LIMA Eduarda Filipa	04	CFV	5:47.58	50m	02-08-19	Funchal	450
26.	GAMEIRO Marta Domingues	04	CNAC	5:59.59	50m	22-02-20	Coimbra	406
27.	SILVA Alexandra Cordeiro	04	CNAL	6:00.02	50m	02-08-19	Funchal	404

50 Livres

1.	FERNANDES Carolina Miranda	05	CGA	26.83	50m	28-03-21	Coimbra	686
2.	LOURO Ariana Espirito	05	SFGP	27.55	50m	28-03-21	Coimbra	634
3.	MELO Sara Carreira	05	GESL	27.96	50m	20-12-20	Oeiras	606
4.	EIRA Maria Carolina	05	GCVR	28.04	50m	05-06-21	Porto	601
5.	NICOLAU Margarida Claudino	05	CNTN	28.30	50m	28-03-21	Coimbra	585
6.	PIRES Marta Joao	05	SAD	28.35	50m	24-04-21	Coimbra	582
7.	VASCONCELOS Lara Rodrigue	05	CGA	28.50	50m	06-06-21	Porto	572
8.	ROSA Mariana Carmo	05	ALN	28.56	50m	30-05-21	Coimbra	569
9.	NEVES Maria Manuel	05	SCB	28.75	50m	06-06-21	Porto	558
10.	ALMEIDA Maria Carolina	05	CGA	28.93	50m	14-02-21	Oeiras	547
11.	PEREIRA Carolina Rei	05	POR	29.30	50m	02-02-20	Povoa de Varzim	527
12.	LOPES Francisca Macedo	05	CFV	29.43	50m	06-06-21	Porto	520
13.	PEREIRA Isabel dos Santos	05	CNCE	29.53	50m	08-02-20	Lisboa	514
14.	QUINTA Luisa Coelho	05	LSC	29.55	50m	06-06-21	Porto	513
15.	CAPITAO Ana Rita	05	CFV	29.69	50m	06-06-21	Porto	506
16.	NUNES Rita Sofia	05	CNCE	29.99	50m	24-04-21	Coimbra	491
17.	NOVO Marta Luisa	05	VNC	30.01	50m	02-02-20	Povoa de Varzim	490
18.	ROCHA Ana Sofia	05	CCLAMAS	30.09	50m	02-02-20	Povoa de Varzim	486
19.	CONCEICAO Sara Nunes	05	SFUAP	30.20	50m	08-02-20	Lisboa	481
20.	NASCIMENTO Sofia Alexandre	05	CNF	30.39	50m	23-02-20	Funchal	472
21.	LOURENCO Beatriz Vale	05	PORTIN	30.90	50m	12-06-21	Loulé	449
22.	RODRIGUES Filipa Guerreiro	05	GCNF	30.96	50m	19-06-21	Loulé	446
23.	LOPES Daniela Magalhaes	05	GDNFAMA	31.00	50m	13-02-21	Oeiras	445
24.	COLACO Catarina Neves	05	GCNF	31.18	50m	12-06-21	Loulé	437
25.	ALVES Joana Silva	05	BSCN	31.45	50m	13-02-21	Oeiras	426
26.	DZYAKANAVA Kateryna	05	ALN	31.61	50m	09-05-21	Coimbra	419
27.	JARDIM Teresa Vieira	05	CNF	31.73	50m	23-02-20	Funchal	415
28.	PONCEANO Ines Encarnacao	05	PORTIN	31.99	50m	12-06-21	Loulé	405
29.	SILVA Leonor Neto	05	CNLGOS	32.50	50m	19-06-21	Loulé	386
30.	SILVA Camila Cavaleiro	05	SCC	32.52	50m	09-05-21	Coimbra	385
31.	DUARTE Beatriz Reis	05	ACS	33.14	50m	12-06-21	Loulé	364
32.	DINIS Helena Carolina	05	AAC	33.21	50m	09-05-21	Coimbra	362
33.	ABREU Maria Eduarda	05	CDN	33.46	50m	23-02-20	Funchal	354
34.	MARQUES Beatriz Pereira	05	SCC	33.93	50m	09-05-21	Coimbra	339
35.	GOMES Madalena Sousa	05	CNF	34.16	50m	23-02-20	Funchal	332
36.	SILVA Maria Fabiana	05	CDN	34.41	50m	29-02-20	Funchal	325
37.	MENDES Barbara Fernanda	05	CASPAAE	34.51	50m	09-05-21	Coimbra	322
38.	VAZ Beatriz Rodrigues	05	FCF	34.81	50m	19-06-21	Loulé	314
39.	LAGE Rita Alexandra	05	CNLGOS	34.89	50m	19-06-21	Loulé	312
40.	VIEIRA Rafaela Afonso	05	LDC	35.17	50m	12-06-21	Loulé	304
41.	NOBREGA Maria Trindade	05	CDN	35.22	50m	20-06-21	Funchal	303
42.	BARROS Ana Carolina	05	JACL	35.52	50m	23-02-20	Funchal	295
43.	ANDRADE Maria Beatriz	05	CDN	36.36	50m	29-02-20	Funchal	275
44.	CARDOSO Isabel Maria	05	CSM	37.03	50m	23-02-20	Funchal	261
45.	TEIXEIRA Daniela Nobrega	05	ADC	39.74	50m	23-02-20	Funchal	211
46.	FERNANDES Maria Madalena	05	JACL	40.74	50m	23-02-20	Funchal	196
47.	DINIS Maria Antonia	05	CDN	41.18	50m	29-02-20	Funchal	189
48.	TORRES Iara Pinto	05	FCP	49.72	50m	03-11-19	Porto	107
49.	MATOS Gabriela Chambel	05	ASC	1:12.42	50m	03-11-19	Porto	34

100 Livres

1.	FERNANDES Carolina Miranda	05	POR	57.95	50m	17-04-21	KIEV (UKR)	710
2.	PIRES Marta Joao	05	SAD	59.27	50m	25-04-21	Coimbra	664
3.	LOURO Ariana Espirito	05	SANDS	1:00.32	50m	05-06-21	Porto	629
4.	ROSA Mariana Carmo	05	ALN	1:00.76	50m	29-05-21	Coimbra	616
5.	VASCONCELOS Lara Rodrigue	05	CGA	1:00.83	50m	29-05-21	Coimbra	614
6.	PEREIRA Carolina Rei	05	CNVA	1:01.12	50m	29-05-21	Coimbra	605
7.	SIMOES Ana Beatriz	05	SCP	1:01.52	50m	09-02-20	Lisboa	593
8.	EIRA Maria Carolina	05	GCVR	1:01.65	50m	29-05-21	Coimbra	590
9.	MELO Sara Carreira	05	GESL	1:01.93	50m	19-12-20	Oeiras	582
10.	CANINHAS Maria Pinto	05	CNFU	1:02.10	50m	29-05-21	Rio Maior	577
11.	COSTA Mariana Martins	05	GDNFAMA	1:02.54	50m	04-08-19	Funchal	565
12.	GONCALVES Rita Abibe	05	GESL	1:02.74	50m	01-03-20	Vila Franca de Xira	559
13.	LOPES Francisca Macedo	05	CFV	1:02.75	50m	05-06-21	Porto	559
14.	NICOLAU Margarida Claudino	05	POR	1:02.84	50m	01-02-20	Povoa de Varzim	557
15.	ESTEVEENS Laura Fabiana	05	CNOL	1:02.96	50m	09-02-20	Lisboa	554
16.	FERREIRA Joana Rocha	05	SLB	1:03.47	50m	29-05-21	Rio Maior	540
17.	ANDRE Isadora Maia	05	SLB	1:03.58	50m	04-08-19	Funchal	537
18.	PEREIRA Isabel dos Santos	05	CNCE	1:03.61	50m	27-03-21	Coimbra	537
19.	GOMES Carolina Fonseca	05	SCP	1:03.67	50m	29-05-21	Rio Maior	535
20.	CARRAO Iris Pereira	05	CIRL	1:03.71	50m	08-02-20	Lisboa	534
20.	NUNES Rita Sofia	05	CNCE	1:03.71	50m	27-03-21	Coimbra	534
22.	QUINTA Luisa Coelho	05	LSC	1:03.94	50m	29-05-21	Coimbra	528
23.	ALMEIDA Maria Carolina	05	POR	1:04.08	50m	01-02-20	Povoa de Varzim	525
24.	SEBASTIAO Sofia Antunes	05	CNA	1:04.10	50m	04-08-19	Funchal	524
25.	VIEIRA Carmo Dias	05	EULX	1:04.23	50m	01-03-20	Vila Franca de Xira	521
26.	ALVES Joana Silva	05	POR	1:04.29	50m	01-02-20	Povoa de Varzim	520
27.	CARLOTA Catarina Isabel	05	BUZIOS	1:04.76	50m	02-08-19	Funchal	509
28.	SALGADO Soraia Maria	05	AEFDTV	1:05.01	50m	04-08-19	Funchal	503
29.	NASCIMENTO Sofia Alexandre	05	CNF	1:05.06	50m	04-08-19	Funchal	502
30.	CARVALHO Maria Silva	05	PIMP	1:05.28	50m	09-02-20	Lisboa	497
30.	TRIBUNA Francisca Otao	05	SLB	1:05.28	50m	01-03-20	Vila Franca de Xira	497
32.	NOVO Marta Luisa	05	VNC	1:05.35	50m	04-08-19	Funchal	495
33.	RICARDO Maria Correia	05	CNS	1:05.40	50m	29-02-20	Vila Franca de Xira	494
34.	CONCEICAO Sara Nunes	05	SFUAP	1:05.41	50m	01-03-20	Vila Franca de Xira	494
35.	TORGAL Madalena Sampaio	05	AHBE	1:05.50	50m	01-03-20	Vila Franca de Xira	492
36.	SILVA Ana Carolina	05	CNPV	1:05.56	50m	04-08-19	Funchal	490
37.	NOBRE Beatriz Gaspar	05	SFGP	1:05.81	50m	04-08-19	Funchal	485
38.	CAPITAO Ana Rita	05	CFV	1:05.82	50m	01-02-20	Povoa de Varzim	484
39.	NOGUEIRA Nara Soraia	05	CNV	1:05.84	50m	01-02-20	Povoa de Varzim	484
40.	ARAUJO Maria Clara	05	CNF	1:05.92	50m	28-02-20	Funchal	482
41.	ROCHA Ana Sofia	05	CCLAMAS	1:06.08	50m	01-02-20	Povoa de Varzim	479
42.	SEQUEIRA Leonor Ferreira	05	CGA	1:06.41	50m	01-02-20	Povoa de Varzim	472
43.	SILVA Mariana Azevedo	05	ADS	1:06.47	50m	01-02-20	Povoa de Varzim	470
44.	MARTINS Margarida Carvalho	05	GDNFAMA	1:06.91	50m	18-01-20	Povoa de Varzim	461
45.	RODRIGUES Bruna Ferreira	05	CCLAMAS	1:07.13	50m	01-02-20	Povoa de Varzim	457
46.	BERNAT Maria Del Rio	05	SAD	1:07.15	50m	01-03-20	Vila Franca de Xira	456
47.	FERRAZ Maria Antonia	05	AHBE	1:07.34	50m	01-03-20	Vila Franca de Xira	452
48.	LOPO Lara Moreira	05	EULX	1:07.37	50m	01-03-20	Vila Franca de Xira	452
49.	HUTYY Adriana Carolina	05	SCB	1:07.54	50m	01-02-20	Povoa de Varzim	448
50.	SILVA Carolina Alexandra	05	DRCN	1:07.90	50m	09-02-20	Lisboa	441
51.	COLACO Catarina Neves	05	GCNF	1:07.92	50m	13-06-21	Loulé	441
52.	NEVES Maria Manuel	05	SCB	1:08.05	50m	01-02-20	Povoa de Varzim	438
53.	SILVA Joana Ferreira	05	LSC	1:08.39	50m	01-02-20	Povoa de Varzim	432

100 Livres (desde 54)

54.	SILVA Nicole Pais	05	CCLAMAS	1:08.65	50m	01-02-20	Povoa de Varzim	427
55.	DZYAKANAVA Kateryna	05	ALN	1:08.73	50m	08-05-21	Coimbra	425
56.	JUNQUEIRA Joana Areal	05	GDNFAMA	1:09.27	50m	01-02-20	Povoa de Varzim	415
57.	CARVALHO Laura Torrao	05	CNAC	1:09.31	50m	08-05-21	Coimbra	415
58.	RODRIGUES Filipa Guerreiro	05	GCNF	1:09.49	50m	13-06-21	Loulé	412
59.	FONSECA Ines Carvalho	05	LAGAC	1:09.65	50m	09-02-20	Lisboa	409
60.	OLIVEIRA Vanessa Sofia	05	CAPGE	1:09.94	50m	01-02-20	Povoa de Varzim	404
61.	LOPES Joana Pena	05	CFV	1:10.02	50m	01-02-20	Povoa de Varzim	402
62.	PIRES Rita Lima	05	CNAC	1:10.07	50m	08-05-21	Coimbra	401
63.	BELO Bruna Raquel	05	CDN	1:10.37	50m	28-02-20	Funchal	396
64.	PIMENTEL Sara Calisto	05	CGA	1:10.45	50m	01-02-20	Povoa de Varzim	395
65.	SILVA Camila Cavaleiro	05	SCC	1:10.51	50m	08-05-21	Coimbra	394
66.	PAULINO Mariana Maiato	05	CNCVG	1:10.59	50m	01-03-20	Vila Franca de Xira	393
67.	JARDIM Teresa Vieira	05	CNF	1:10.64	50m	25-01-20	Funchal	392
68.	LOURENCO Beatriz Vale	05	PORTIN	1:10.77	50m	13-06-21	Loulé	390
69.	PONCEANO Ines Encarnacao	05	PORTIN	1:10.88	50m	13-06-21	Loulé	388
70.	ABREU Maria Eduarda	05	CDN	1:11.26	50m	28-02-20	Funchal	382
71.	SILVA Leonor Neto	05	CNLGOS	1:11.31	50m	13-06-21	Loulé	381
72.	MARQUES Beatriz Pereira	05	SCC	1:11.83	50m	08-05-21	Coimbra	373
73.	MARQUES Marta Hermenegildc	05	CNLA	1:11.97	50m	01-02-20	Povoa de Varzim	370
74.	GOMES Madalena Sousa	05	CNF	1:12.25	50m	28-02-20	Funchal	366
75.	INACIO Joana Matilde	05	DRCN	1:12.29	50m	09-02-20	Lisboa	366
76.	DUARTE Beatriz Reis	05	ACS	1:12.40	50m	13-06-21	Loulé	364
77.	DINIS Helena Carolina	05	AAC	1:15.96	50m	08-05-21	Coimbra	315
78.	PISSARRO Filipa Moniz	05	AAC	1:16.65	50m	22-02-20	Coimbra	307
79.	LAGE Rita Alexandra	05	CNLGOS	1:17.95	50m	13-06-21	Loulé	291
80.	SOUSA Carolina Benedita	05	ADP	1:18.45	50m	18-01-20	Povoa de Varzim	286
81.	CARDOSO Isabel Maria	05	CSM	1:19.55	50m	28-02-20	Funchal	274
82.	BARROS Ana Carolina	05	JACL	1:19.57	50m	22-02-20	Funchal	274
83.	SERRA Ines Azinheira	05	PDEM	1:21.29	50m	01-03-20	Vila Franca de Xira	257
84.	MENDES Barbara Fernanda	05	CASPAE	1:23.05	50m	08-05-21	Coimbra	241
85.	NOBREGA Maria Trindade	05	CDN	1:24.83	50m	28-02-20	Funchal	226
86.	VIEIRA Sara Patricia	05	CSM	1:26.75	50m	22-02-20	Funchal	211
87.	ANDRADE Maria Beatriz	05	CDN	1:27.87	50m	28-02-20	Funchal	203
88.	TEIXEIRA Daniela Nobrega	05	ADC	1:29.08	50m	25-01-20	Funchal	195
89.	FERNANDES Maria Madalena	05	JACL	1:30.33	50m	25-01-20	Funchal	187
90.	SOUSA Beatriz Maria	05	CDN	1:39.96	50m	25-01-20	Funchal	138
91.	TORRES Iara Pinto	05	FCP	2:01.26	50m	02-11-19	Porto	77
92.	MATOS Gabriela Chambel	05	ASC	2:33.95	50m	02-11-19	Porto	37

200 Livres

1.	PIRES Marta Joao	05	SAD	2:07.53	50m	28-03-21	Coimbra	695
2.	FERNANDES Carolina Miranda	05	CGA	2:07.64	50m	02-08-19	Funchal	693
3.	ROSA Mariana Carmo	05	ALN	2:08.93	50m	02-08-19	Funchal	672
4.	SIMOES Ana Beatriz	05	SCP	2:11.56	50m	08-02-20	Lisboa	633
5.	LOPES Daniela Magalhaes	05	GDNFAMA	2:11.97	50m	30-05-21	Coimbra	627
6.	ALVES Joana Silva	05	BSCN	2:12.21	50m	30-05-21	Rio Maior	624
7.	LOPES Francisca Macedo	05	CFV	2:13.17	50m	06-06-21	Porto	610
8.	PEREIRA Carolina Rei	05	CNVA	2:13.50	50m	30-05-21	Coimbra	606
9.	SEBASTIAO Sofia Antunes	05	CNA	2:13.81	50m	02-08-19	Funchal	601
10.	COSTA Mariana Martins	05	GDNFAMA	2:14.63	50m	02-08-19	Funchal	590
11.	NUNES Rita Sofia	05	CNCE	2:16.00	50m	30-05-21	Coimbra	573

200 Livres (desde 12)

12.	VASCONCELOS Lara Rodrigue	05	CGA	2:16.16	50m	30-05-21	Coimbra	571
13.	NEVES Natalia Passeira	05	CNV	2:16.46	50m	06-06-21	Porto	567
14.	ESTEVEENS Laura Fabiana	05	GCNF	2:16.67	50m	19-06-21	Loulé	564
15.	ANDRE Isadora Maia	05	SLB	2:17.43	50m	02-08-19	Funchal	555
16.	GOMES Carolina Fonseca	05	SCP	2:17.48	50m	30-05-21	Rio Maior	554
17.	NICOLAU Margarida Claudino	05	CNTN	2:17.49	50m	02-08-19	Funchal	554
18.	CARLOTA Catarina Isabel	05	BUZIOS	2:17.55	50m	02-08-19	Funchal	554
19.	ALMEIDA Maria Carolina	05	CGA	2:17.99	50m	06-06-21	Porto	548
20.	BENTO Maria Madalena	05	BUZIOS	2:18.03	50m	02-08-19	Funchal	548
21.	COSTA Mafalda Santos	05	00563	2:18.05	50m	27-02-21	CADIZ (ESP)	548
22.	EIRA Maria Carolina	05	GCVR	2:18.62	50m	22-02-20	Coimbra	541
23.	FERREIRA Joana Rocha	05	SLB	2:18.69	50m	29-02-20	Vila Franca de Xira	540
24.	LAGOA Carlota Macedo	05	ADBA	2:18.87	50m	02-08-19	Funchal	538
25.	VIEIRA Carmo Dias	05	EULX	2:18.90	50m	29-02-20	Vila Franca de Xira	538
26.	NOGUEIRA Nara Soraia	05	CNV	2:19.54	50m	02-08-19	Funchal	530
27.	TRIBUNA Francisca Otao	05	SLB	2:19.56	50m	02-08-19	Funchal	530
28.	CARRAO Iris Pereira	05	CIRL	2:19.77	50m	08-02-20	Lisboa	528
29.	HUTYY Adriana Carolina	05	SCB	2:19.79	50m	30-05-21	Coimbra	527
30.	NUNES Margarida Domingues	05	EULX	2:20.36	50m	01-08-19	Funchal	521
31.	GONCALVES Rita Abibe	05	GESL	2:20.68	50m	29-02-20	Vila Franca de Xira	517
32.	STELMASHCHUK Catarina Cru	05	CNVA	2:20.80	50m	22-02-20	Coimbra	516
33.	SANTOS Mariana Marques	05	GESL	2:20.93	50m	02-08-19	Funchal	515
34.	MELO Sara Carreira	05	GESL	2:21.17	50m	28-02-20	Vila Franca de Xira	512
35.	FERNANDES Maria Teresa	05	SAD	2:21.33	50m	02-08-19	Funchal	510
36.	MONTEIRO Simone Filipe	05	GESL	2:21.35	50m	29-02-20	Vila Franca de Xira	510
37.	NOBRE Marisa Isabel	05	SCC	2:21.61	50m	30-05-21	Coimbra	507
38.	NOBRE Beatriz Gaspar	05	SFGP	2:22.80	50m	02-08-19	Funchal	495
39.	GAMA Joana Fernandes	05	SCP	2:23.01	50m	29-02-20	Vila Franca de Xira	493
40.	OLIVEIRA Vanessa Sofia	05	CAPGE	2:23.55	50m	08-02-20	Lisboa	487
41.	SALGADO Soraia Maria	05	AEFDTV	2:24.20	50m	29-02-20	Vila Franca de Xira	480
42.	PIRES Laura Joao	05	CNFU	2:24.31	50m	02-08-19	Funchal	479
43.	SILVA Maria Ines	05	FCP	2:24.36	50m	02-02-20	Povoa de Varzim	479
44.	CONCEICAO Sara Nunes	05	SFUAP	2:25.39	50m	29-02-20	Vila Franca de Xira	469
45.	ROCHA Ana Sofia	05	CCLAMAS	2:25.40	50m	02-02-20	Povoa de Varzim	469
46.	ARAUJO Maria Clara	05	CNF	2:25.42	50m	08-02-20	Lisboa	468
47.	CAPITAO Ana Rita	05	CFV	2:25.78	50m	02-02-20	Povoa de Varzim	465
48.	BERNAT Maria Del Rio	05	SAD	2:25.79	50m	08-02-20	Lisboa	465
49.	LOPO Lara Moreira	05	EULX	2:26.57	50m	29-02-20	Vila Franca de Xira	458
50.	ENGELEN Zoe	05	LDC	2:26.75	50m	19-06-21	Loulé	456
51.	NASCIMENTO Sofia Alexandre	05	CNF	2:27.31	50m	22-02-20	Funchal	451
52.	SEQUEIRA Leonor Ferreira	05	CGA	2:27.92	50m	02-02-20	Povoa de Varzim	445
53.	SILVA Camila Cavaleiro	05	SCC	2:27.98	50m	22-02-20	Coimbra	445
54.	SILVA Ana Margarida	05	CNFU	2:28.25	50m	02-08-19	Funchal	442
55.	MARQUES Beatriz Pereira	05	SCC	2:28.57	50m	22-02-20	Coimbra	439
56.	RODRIGUES Filipa Guerreiro	05	GCNF	2:28.98	50m	19-06-21	Loulé	436
57.	TORGAL Madalena Sampaio	05	AHBE	2:29.67	50m	29-02-20	Vila Franca de Xira	430
58.	FERRAZ Maria Antonia	05	AHBE	2:30.04	50m	29-02-20	Vila Franca de Xira	426
59.	PAULINO Mariana Maiato	05	CNCVG	2:30.06	50m	29-02-20	Vila Franca de Xira	426
60.	PIMENTEL Sara Calisto	05	CGA	2:30.11	50m	02-02-20	Povoa de Varzim	426
61.	CAXARIA Maria Sousa	05	CNMJ	2:30.40	50m	29-02-20	Vila Franca de Xira	423
62.	SILVA Nicole Pais	05	CCLAMAS	2:30.48	50m	02-02-20	Povoa de Varzim	423
63.	DZYAKANAVA Kateryna	05	ALN	2:32.11	50m	22-02-20	Coimbra	409
64.	FERREIRA Mariana Reis	05	AONDA	2:32.47	50m	29-02-20	Vila Franca de Xira	406

200 Livres (desde 65)

65.	GAMA Beatriz Sa	05	CAQC	2:33.73	50m	22-02-20	Coimbra	396
66.	COLACO Catarina Neves	05	GCNF	2:34.21	50m	19-06-21	Loulé	393
67.	SILVA Leonor Neto	05	CNLGOS	2:36.81	50m	19-06-21	Loulé	374
68.	ABREU Maria Eduarda	05	CDN	2:37.60	50m	01-03-20	Funchal	368
69.	CARVALHO Laura Torrao	05	CNAC	2:38.02	50m	22-02-20	Coimbra	365
70.	MARQUES Marta Hermenegild	05	CNLA	2:38.57	50m	02-02-20	Povoa de Varzim	361
71.	SILVA Beatriz Barroso	05	SCP	2:38.85	50m	29-02-20	Vila Franca de Xira	359
72.	LOBO Maria Fernandes	05	CNAC	2:38.99	50m	22-02-20	Coimbra	358
73.	MACHADO Beatriz Alexandra	05	CNBE	2:40.82	50m	19-06-21	Loulé	346
74.	DUARTE Beatriz Reis	05	ACS	2:43.98	50m	19-06-21	Loulé	327
75.	DINIS Helena Carolina	05	AAC	2:45.00	50m	22-02-20	Coimbra	321
76.	BARROS Ana Carolina	05	JACL	2:51.11	50m	01-03-20	Funchal	287
77.	FERNANDES Carlota Condeco	05	FCF	2:54.37	50m	19-06-21	Loulé	272
78.	CARDOSO Isabel Maria	05	CSM	2:54.39	50m	22-02-20	Funchal	271
79.	LAGE Rita Alexandra	05	CNLGOS	2:54.53	50m	19-06-21	Loulé	271
80.	SILVA Maria Fabiana	05	CDN	2:56.22	50m	01-03-20	Funchal	263
81.	VAZ Beatriz Rodrigues	05	FCF	2:57.60	50m	19-06-21	Loulé	257
82.	VIEIRA Sara Patricia	05	CSM	3:05.55	50m	22-02-20	Funchal	225
83.	NOBREGA Maria Trindade	05	CDN	3:12.35	50m	01-03-20	Funchal	202
84.	MENDES Barbara Fernanda	05	CASPAAE	3:17.87	50m	22-02-20	Coimbra	186
85.	SOUSA Beatriz Maria	05	CDN	3:28.84	50m	25-01-20	Funchal	158
86.	ANDRADE Maria Beatriz	05	CDN	3:32.98	50m	22-02-20	Funchal	149

400 Livres

1.	PIRES Marta Joao	05	SAD	4:27.40	50m	13-02-21	Oeiras	691
2.	ROSA Mariana Carmo	05	ALN	4:30.77	50m	03-08-19	Funchal	665
3.	NOBRE Marisa Isabel	05	SCC	4:31.74	50m	03-08-19	Funchal	658
4.	LOPES Daniela Magalhaes	05	GDNFAMA	4:31.94	50m	03-08-19	Funchal	657
5.	ALVES Joana Silva	05	BSCN	4:35.47	50m	25-04-21	Coimbra	632
6.	LOPES Francisca Macedo	05	CFV	4:35.92	50m	29-05-21	Coimbra	629
7.	SEBASTIAO Sofia Antunes	05	CNA	4:39.35	50m	03-08-19	Funchal	606
8.	SIMOES Ana Beatriz	05	POR	4:40.24	50m	01-02-20	Povoa de Varzim	600
9.	CARLOTA Catarina Isabel	05	BUZIOS	4:45.08	50m	03-08-19	Funchal	570
10.	HUTYY Adriana Carolina	05	SCB	4:45.76	50m	29-05-21	Coimbra	566
11.	CANINHAS Maria Pinto	05	CNFU	4:46.08	50m	29-05-21	Rio Maior	564
12.	OLIVEIRA Vanessa Sofia	05	CAPGE	4:46.46	50m	29-05-21	Coimbra	562
13.	FERNANDES Maria Teresa	05	SAD	4:46.56	50m	29-05-21	Rio Maior	561
14.	NUNES Rita Sofia	05	CNCE	4:47.29	50m	29-05-21	Coimbra	557
15.	COSTA Mariana Martins	05	GDNFAMA	4:47.71	50m	03-08-19	Funchal	555
16.	CABRAL Ana Matos	05	CAQC	4:47.94	50m	03-08-19	Funchal	553
17.	RINO Maria Pedro	05	CNPV	4:48.37	50m	29-05-21	Rio Maior	551
18.	PEREIRA Carolina Rei	05	CNVA	4:49.87	50m	03-08-19	Funchal	542
19.	FERREIRA Joana Rocha	05	SLB	4:50.01	50m	09-02-20	Lisboa	542
20.	COSTA Mafalda Santos	05	00563	4:50.59	50m	28-02-21	CADIZ (ESP)	538
21.	ESTEVENS Laura Fabiana	05	GCNF	4:50.76	50m	13-06-21	Loulé	537
22.	VIEIRA Carmo Dias	05	EULX	4:50.99	50m	01-03-20	Vila Franca de Xira	536
23.	GOMES Carolina Fonseca	05	SCP	4:51.16	50m	29-05-21	Rio Maior	535
24.	NOGUEIRA Nara Soraia	05	CNV	4:51.66	50m	03-08-19	Funchal	532
25.	SANTOS Mariana Marques	05	GESL	4:51.71	50m	03-08-19	Funchal	532
26.	NICOLAU Margarida Claudino	05	CNTN	4:52.23	50m	03-08-19	Funchal	529
27.	NEVES Natalia Passeira	05	CNV	4:53.01	50m	03-08-19	Funchal	525
28.	REIS Juliana Branco	05	CNAL	4:54.24	50m	09-02-20	Lisboa	519

400 Livres (desde 29)

29.	PIRES Laura Joao	05	CNFU	4:55.81	50m	09-02-20	Lisboa	510
30.	CARRAO Iris Pereira	05	CIRL	4:56.93	50m	09-02-20	Lisboa	505
31.	ARAUJO Maria Clara	05	CNF	4:56.99	50m	03-08-19	Funchal	504
32.	LOISAS Beatriz Ferreira	05	SCC	4:59.17	50m	03-08-19	Funchal	493
33.	BERNAT Maria Del Rio	05	SAD	5:04.98	50m	01-03-20	Vila Franca de Xira	466
34.	FRANCA Nicole Patriarca	05	SCP	5:05.56	50m	01-03-20	Vila Franca de Xira	463
35.	MELO Sara Carreira	05	GESL	5:05.86	50m	01-03-20	Vila Franca de Xira	462
36.	SILVA Mariana Andreia	05	SCP	5:05.94	50m	01-03-20	Vila Franca de Xira	461
37.	CAPITAO Ana Rita	05	CFV	5:06.35	50m	01-02-20	Povoa de Varzim	459
38.	NASCIMENTO Sofia Alexandre	05	CNF	5:10.45	50m	29-02-20	Funchal	441
39.	BELO Bruna Raquel	05	CDN	5:15.37	50m	29-02-20	Funchal	421
40.	MONTEIRO Simone Filipe	05	GESL	5:16.11	50m	01-03-20	Vila Franca de Xira	418
41.	SILVEIRA Sofia Pereira	05	CAFBDP	5:16.45	50m	09-02-20	Lisboa	417
42.	MARQUES Beatriz Pereira	05	SCC	5:16.84	50m	08-05-21	Coimbra	415
43.	SILVA Camila Cavaleiro	05	SCC	5:18.41	50m	08-05-21	Coimbra	409
44.	RODRIGUES Filipa Guerreiro	05	GCNF	5:19.06	50m	13-06-21	Loulé	407
45.	CAXARIA Maria Sousa	05	CNMJ	5:27.26	50m	01-03-20	Vila Franca de Xira	377
46.	PASSOS Margarida Jesus	05	PORTIN	5:27.62	50m	13-06-21	Loulé	375
47.	ABREU Maria Eduarda	05	CDN	5:38.73	50m	29-02-20	Funchal	340
48.	CARVALHO Laura Torrao	05	CNAC	5:44.44	50m	11-01-20	Coimbra	323
49.	BARROS Ana Carolina	05	JACL	6:03.36	50m	29-02-20	Funchal	275
50.	TORRES Iara Pinto	05	FCP	9:55.01	50m	08-12-19	Povoa de Varzim	62

800 Livres

1.	PIRES Marta Joao	05	SAD	9:15.30	50m	28-03-21	Coimbra	665
2.	LOPES Daniela Magalhaes	05	GDNFAMA	9:16.49	50m	04-08-19	Funchal	661
3.	ALVES Joana Silva	05	BSCN	9:17.70	50m	24-04-21	Coimbra	656
4.	ROSA Mariana Carmo	05	ALN	9:22.49	50m	04-08-19	Funchal	640
5.	NOBRE Marisa Isabel	05	SCC	9:28.34	50m	04-08-19	Funchal	620
6.	LOPES Francisca Macedo	05	CFV	9:34.13	50m	30-05-21	Coimbra	602
7.	SIMOES Ana Beatriz	05	SCP	9:37.04	50m	28-02-20	Vila Franca de Xira	592
8.	SEBASTIAO Sofia Antunes	05	CNA	9:41.12	50m	04-08-19	Funchal	580
9.	HUTYY Adriana Carolina	05	SCB	9:41.83	50m	06-06-21	Porto	578
10.	NUNES Rita Sofia	05	CNCE	9:47.85	50m	30-05-21	Coimbra	560
11.	OLIVEIRA Vanessa Sofia	05	CAPGE	9:50.02	50m	30-05-21	Coimbra	554
12.	COSTA Mafalda Santos	05	ADRCIMM	9:50.70	50m	28-02-20	Vila Franca de Xira	552
13.	CARLOTA Catarina Isabel	05	BUZIOS	9:51.03	50m	04-08-19	Funchal	551
14.	FERREIRA Joana Rocha	05	SLB	9:53.48	50m	28-02-20	Vila Franca de Xira	545
15.	GOMES Carolina Fonseca	05	SCP	9:55.39	50m	30-05-21	Rio Maior	539
16.	NOGUEIRA Nara Soraia	05	CNV	9:55.58	50m	04-08-19	Funchal	539
17.	SANTOS Mariana Marques	05	GESL	9:56.95	50m	04-08-19	Funchal	535
18.	CABRAL Ana Matos	05	CAQC	9:58.47	50m	04-08-19	Funchal	531
19.	FERNANDES Maria Teresa	05	SAD	10:01.13	50m	30-05-21	Rio Maior	524
20.	PIMENTEL Sara Calisto	05	CGA	10:04.20	50m	30-05-21	Coimbra	516
21.	NEVES Natalia Passeira	05	CNV	10:07.63	50m	04-08-19	Funchal	507
22.	FERREIRA Joana Rosa	05	CNPE	10:08.37	50m	04-08-19	Funchal	506
23.	PIRES Laura Joao	05	CNFU	10:10.35	50m	04-08-19	Funchal	501
24.	ARAUJO Maria Clara	05	CNF	10:12.59	50m	04-08-19	Funchal	495
25.	NOBRE Beatriz Gaspar	05	SFGP	10:18.15	50m	04-08-19	Funchal	482
26.	RINO Maria Pedro	05	ADA	10:20.33	50m	04-08-19	Funchal	477
27.	LOISAS Beatriz Ferreira	05	SCC	10:22.33	50m	04-08-19	Funchal	472
28.	MARQUES Beatriz Pereira	05	SCC	10:23.88	50m	22-02-20	Coimbra	469

800 Livres (desde 29)

29.	BERNAT Maria Del Rio	05	SAD	10:24.42	50m	28-02-20	Vila Franca de Xira	467
30.	SILVA Mariana Andreia	05	SCP	10:28.53	50m	28-02-20	Vila Franca de Xira	458
31.	SILVA Maria Ines	05	FCP	10:31.50	50m	04-08-19	Funchal	452
32.	FRANCA Nicole Patriarca	05	SCP	10:32.57	50m	28-02-20	Vila Franca de Xira	450
33.	BELO Bruna Raquel	05	CDN	10:56.51	50m	29-02-20	Funchal	402
34.	SILVA Camila Cavaleiro	05	SCC	10:57.27	50m	22-02-20	Coimbra	401

1500 Livres

1.	ALVES Joana Silva	05	BSCN	18:06.73	50m	29-05-21	Rio Maior	607
2.	ROSA Mariana Carmo	05	ALN	18:08.22	50m	01-08-19	Funchal	605
3.	HUTYY Adriana Carolina	05	SCB	18:32.43	50m	05-06-21	Porto	566
4.	OLIVEIRA Vanessa Sofia	05	CAPGE	18:36.40	50m	29-05-21	Coimbra	560
5.	NUNES Rita Sofia	05	CNCE	19:03.94	50m	25-04-21	Coimbra	520
6.	COSTA Mafalda Santos	05	00563	19:13.21	50m	28-02-21	CADIZ (ESP)	508
7.	PASSOS Margarida Jesus	05	PORTIN	22:25.30	50m	12-06-21	Loulé	320

50 Costas

1.	FERNANDES Carolina Miranda	05	POR	30.24	50m	18-04-21	KIEV (UKR)	710
2.	EIRA Maria Carolina	05	GCVR	31.44	50m	29-05-21	Coimbra	631
3.	LAGOA Carlota Macedo	05	ADBA	32.13	50m	02-02-20	Povoa de Varzim	592
4.	SALGADO Soraia Maria	05	AEFDTV	32.28	50m	09-02-20	Lisboa	583
5.	SILVA Maria Ines	05	FCP	32.33	50m	29-05-21	Coimbra	581
6.	GONCALVES Rita Abibe	05	GESL	32.36	50m	29-05-21	Rio Maior	579
7.	PEREIRA Isabel dos Santos	05	CNCE	32.51	50m	29-05-21	Coimbra	571
8.	ESTEVEENS Laura Fabiana	05	GCNF	33.01	50m	19-06-21	Loulé	545
9.	DELGADO Soraia Alexandra	05	SCP	33.04	50m	27-03-21	Coimbra	544
10.	NEVES Maria Manuel	05	SCB	33.05	50m	05-06-21	Porto	544
11.	RODRIGUES Filipa Guerreiro	05	GCNF	33.15	50m	29-05-21	Rio Maior	539
12.	NOBRE Beatriz Gaspar	05	SFGP	33.23	50m	01-02-20	Povoa de Varzim	535
13.	REIS Erica Cristina	05	POR	33.27	50m	02-02-20	Povoa de Varzim	533
14.	MACHADO Beatriz Alexandra	05	CNBE	33.64	50m	29-05-21	Rio Maior	515
15.	GOMES Fabiana Cruz	05	LDC	34.19	50m	01-08-19	Funchal	491
16.	SIMOES Barbara Almeida	05	CUC	34.39	50m	08-05-21	Coimbra	482
17.	JARDIM Teresa Vieira	05	CNF	35.18	50m	09-02-20	Lisboa	451
18.	DZYAKANAVA Kateryna	05	ALN	35.63	50m	08-05-21	Coimbra	434
19.	SILVA Nicole Pais	05	CCLAMAS	35.73	50m	02-02-20	Povoa de Varzim	430
20.	ARAUJO Maria Clara	05	CNF	36.19	50m	23-02-20	Funchal	414
21.	PONCEANO Ines Encarnacao	05	PORTIN	36.35	50m	19-06-21	Loulé	408
22.	PIRES Rita Lima	05	CNAC	37.03	50m	08-05-21	Coimbra	386
23.	CARVALHO Laura Torrao	05	CNAC	39.07	50m	11-01-20	Coimbra	329
24.	ABREU Maria Eduarda	05	CDN	39.36	50m	23-02-20	Funchal	322
25.	DINIS Helena Carolina	05	AAC	40.13	50m	11-01-20	Coimbra	303
26.	NOBREGA Maria Trindade	05	CDN	43.25	50m	20-06-21	Funchal	242
27.	BARROS Ana Carolina	05	JACL	44.59	50m	23-02-20	Funchal	221
28.	ANDRADE Maria Beatriz	05	CDN	44.60	50m	28-02-20	Funchal	221
29.	CARDOSO Isabel Maria	05	CSM	45.39	50m	23-02-20	Funchal	210
30.	DINIS Maria Antonia	05	CDN	47.36	50m	28-02-20	Funchal	184
31.	VIEIRA Rafaela Afonso	05	LDC	47.39	50m	19-06-21	Loulé	184
32.	MATOS Gabriela Chambel	05	ASC	1:08.69	50m	08-12-19	Povoa de Varzim	60

100 Costas

1.	FERNANDES Carolina Miranda	05	POR	1:05.15	50m	17-04-21	KIEV (UKR)	689
2.	EIRA Maria Carolina	05	GCVR	1:06.91	50m	30-05-21	Coimbra	636
3.	LAGOA Carlota Macedo	05	ADBA	1:08.91	50m	30-05-21	Rio Maior	583
4.	GONCALVES Rita Abibe	05	GESL	1:09.28	50m	30-05-21	Rio Maior	573
5.	SALGADO Soraia Maria	05	AEFDTV	1:09.50	50m	08-02-20	Lisboa	568
6.	REIS Erica Cristina	05	SCP	1:09.51	50m	24-04-21	Coimbra	568
7.	PIRES Marta Joao	05	SAD	1:10.18	50m	01-03-20	Vila Franca de Xira	552
8.	PEREIRA Isabel dos Santos	05	CNCE	1:10.51	50m	30-05-21	Coimbra	544
9.	RODRIGUES Filipa Guerreiro	05	GCNF	1:11.73	50m	30-05-21	Rio Maior	516
10.	CANINHAS Maria Pinto	05	CNFU	1:11.98	50m	30-05-21	Rio Maior	511
10.	SILVA Maria Ines	05	FCP	1:11.98	50m	06-06-21	Porto	511
12.	SEBASTIAO Sofia Antunes	05	CNA	1:12.10	50m	01-03-20	Vila Franca de Xira	509
13.	GOMES Fabiana Cruz	05	LDC	1:12.30	50m	03-08-19	Funchal	504
14.	MACHADO Beatriz Alexandra	05	CNBE	1:12.34	50m	30-05-21	Rio Maior	504
15.	NEVES Maria Manuel	05	SCB	1:12.42	50m	30-05-21	Coimbra	502
16.	COSTA Mariana Martins	05	GDNFAMA	1:12.48	50m	03-08-19	Funchal	501
17.	NOBRE Beatriz Gaspar	05	SFGP	1:12.49	50m	03-08-19	Funchal	500
18.	ESTEVENS Laura Fabiana	05	CNOL	1:12.57	50m	03-08-19	Funchal	499
19.	VENTURA Barbara Cunha	05	SLB	1:13.32	50m	01-03-20	Vila Franca de Xira	484
20.	QUINTA Luisa Coelho	05	LSC	1:13.45	50m	30-05-21	Coimbra	481
21.	CARRAO Iris Pereira	05	CIRL	1:13.51	50m	08-02-20	Lisboa	480
22.	SIMOES Ana Beatriz	05	SCP	1:14.11	50m	30-05-21	Rio Maior	468
23.	BENTO Maria Madalena	05	BUZIOS	1:14.32	50m	30-05-21	Rio Maior	464
24.	COSTA Joana Ferreira	05	CDF	1:14.50	50m	03-08-19	Funchal	461
25.	SIMOES Barbara Almeida	05	CUC	1:14.62	50m	22-02-20	Coimbra	459
26.	COSTA Mafalda Santos	05	ADRCIMM	1:14.65	50m	08-02-20	Lisboa	458
27.	DIAS Iara Filipa	05	CNPE	1:14.75	50m	08-02-20	Lisboa	456
28.	VASCONCELOS Lara Rodrigue	05	CGA	1:14.79	50m	02-02-20	Povoa de Varzim	456
29.	MONTEIRO Simone Filipe	05	GESL	1:14.98	50m	08-02-20	Lisboa	452
30.	CAETANO Ines Martins	05	CCDSERTA	1:15.48	50m	03-08-19	Funchal	443
31.	ALMEIDA Maria Carolina	05	CGA	1:15.68	50m	08-02-20	Lisboa	440
32.	NEVES Natalia Passeira	05	CNV	1:15.79	50m	03-08-19	Funchal	438
33.	DZYAKANAVA Kateryna	05	ALN	1:15.81	50m	22-02-20	Coimbra	437
34.	GOMES Rita Ferreira	05	SAD	1:16.09	50m	01-03-20	Vila Franca de Xira	433
35.	MARTINS Rafaela Diogo	05	CNS	1:16.14	50m	08-02-20	Lisboa	432
36.	RICARDO Maria Correia	05	CNS	1:16.31	50m	08-02-20	Lisboa	429
37.	JARDIM Teresa Vieira	05	CNF	1:16.76	50m	25-01-20	Funchal	421
38.	LOPO Lara Moreira	05	EULX	1:17.16	50m	04-08-19	Funchal	415
39.	SEQUEIRA Leonor Ferreira	05	CGA	1:17.99	50m	02-02-20	Povoa de Varzim	402
40.	SILVA Mariana Azevedo	05	ADS	1:18.31	50m	22-02-20	Coimbra	397
41.	SILVA Nicole Pais	05	CCLAMAS	1:18.65	50m	02-02-20	Povoa de Varzim	392
42.	ROSA Mariana Carmo	05	ALN	1:18.66	50m	22-02-20	Coimbra	392
43.	CARVALHO Laura Torrao	05	CNAC	1:18.95	50m	09-05-21	Coimbra	387
44.	CONCEICAO Sara Nunes	05	SFUAP	1:19.07	50m	01-03-20	Vila Franca de Xira	385
45.	PONCEANO Ines Encarnacao	05	PORTIN	1:19.46	50m	13-06-21	Loulé	380
46.	PIRES Rita Lima	05	CNAC	1:19.77	50m	09-05-21	Coimbra	375
47.	SILVA Carolina Alexandra	05	DRCN	1:19.93	50m	01-03-20	Vila Franca de Xira	373
48.	GAMA Beatriz Sa	05	CAQC	1:20.38	50m	22-02-20	Coimbra	367
49.	PAULINO Mariana Maiato	05	CNCVG	1:20.73	50m	01-03-20	Vila Franca de Xira	362
50.	STELMASHCHUK Catarina Cru	05	CNVA	1:21.46	50m	22-02-20	Coimbra	352
51.	ALVES Maria Ines	05	AAC	1:23.35	50m	22-02-20	Coimbra	329
52.	DINIS Helena Carolina	05	AAC	1:24.69	50m	22-02-20	Coimbra	314
53.	ABREU Maria Eduarda	05	CDN	1:26.07	50m	29-02-20	Funchal	299

100 Costas (desde 54)

54.	PENA Alecssia Pedro	05	CNPO	1:28.16	50m	19-12-20	Povoa do Varzim	278
55.	PISSARRO Filipa Moniz	05	AAC	1:28.64	50m	22-02-20	Coimbra	273
56.	LOBO Maria Fernandes	05	CNAC	1:29.15	50m	22-02-20	Coimbra	269
57.	CARDOSO Isabel Maria	05	CSM	1:35.79	50m	29-02-20	Funchal	217
58.	BARROS Ana Carolina	05	JACL	1:36.24	50m	29-02-20	Funchal	214
59.	NOBREGA Maria Trindade	05	CDN	1:40.42	50m	22-02-20	Funchal	188
60.	TORRES Iara Pinto	05	FCP	2:11.60	50m	02-11-19	Porto	83
61.	MATOS Gabriela Chambel	05	ASC	2:32.45	50m	07-12-19	Povoa de Varzim	53

200 Costas

1.	EIRA Maria Carolina	05	GCVR	2:22.87	50m	05-06-21	Porto	643
2.	REIS Erica Cristina	05	SCP	2:24.73	50m	28-03-21	Coimbra	619
3.	LAGOA Carlota Macedo	05	ADBA	2:28.93	50m	02-08-19	Funchal	568
4.	PIRES Marta Joao	05	SAD	2:29.85	50m	25-04-21	Coimbra	557
5.	GONCALVES Rita Abibe	05	GESL	2:31.11	50m	30-05-21	Rio Maior	543
6.	SEBASTIAO Sofia Antunes	05	CNA	2:32.23	50m	29-02-20	Vila Franca de Xira	532
7.	CANINHAS Maria Pinto	05	CNFU	2:32.89	50m	30-05-21	Rio Maior	525
8.	PEREIRA Isabel dos Santos	05	CNCE	2:33.30	50m	09-02-20	Lisboa	520
9.	SALGADO Soraia Maria	05	AEFDTV	2:33.34	50m	30-05-21	Rio Maior	520
10.	VENTURA Barbara Cunha	05	SLB	2:33.53	50m	29-02-20	Vila Franca de Xira	518
11.	SILVA Maria Ines	05	FCP	2:34.69	50m	30-05-21	Coimbra	507
12.	NOBRE Marisa Isabel	05	SCC	2:34.89	50m	02-08-19	Funchal	505
13.	ESTEVEENS Laura Fabiana	05	GCNF	2:35.44	50m	12-06-21	Loulé	499
14.	ROSA Mariana Carmo	05	ALN	2:35.74	50m	09-05-21	Coimbra	496
15.	COSTA Mariana Martins	05	GDNFAMA	2:36.93	50m	18-01-20	Povoa de Varzim	485
16.	RODRIGUES Filipa Guerreiro	05	GCNF	2:37.07	50m	30-05-21	Rio Maior	484
17.	GOMES Fabiana Cruz	05	LDC	2:37.11	50m	02-08-19	Funchal	483
18.	GOMES Rita Ferreira	05	SAD	2:38.43	50m	29-02-20	Vila Franca de Xira	471
19.	COSTA Mafalda Santos	05	ADRCIMM	2:38.83	50m	29-02-20	Vila Franca de Xira	468
20.	MACHADO Beatriz Alexandra	05	CNBE	2:39.23	50m	30-05-21	Rio Maior	464
21.	LOPES Francisca Macedo	05	CFV	2:39.53	50m	18-01-20	Povoa de Varzim	462
22.	QUINTA Luisa Coelho	05	LSC	2:39.75	50m	02-08-19	Funchal	460
23.	VASCONCELOS Lara Rodrigue	05	CGA	2:39.88	50m	01-02-20	Povoa de Varzim	459
24.	MONTEIRO Simone Filipe	05	GESL	2:39.96	50m	09-02-20	Lisboa	458
25.	CARRAO Iris Pereira	05	CIRL	2:40.17	50m	29-02-20	Vila Franca de Xira	456
26.	NEVES Maria Manuel	05	SCB	2:40.59	50m	02-08-19	Funchal	453
27.	RICARDO Maria Correia	05	CNS	2:40.70	50m	29-02-20	Vila Franca de Xira	452
28.	NEVES Natalia Passeira	05	CNV	2:41.21	50m	30-05-21	Coimbra	447
29.	NOBRE Beatriz Gaspar	05	SFGP	2:42.22	50m	02-08-19	Funchal	439
30.	SILVA Mariana Azevedo	05	ADS	2:42.66	50m	01-02-20	Povoa de Varzim	436
31.	SIMOES Barbara Almeida	05	CUC	2:42.74	50m	22-02-20	Coimbra	435
32.	MARTINS Rafaela Diogo	05	CNS	2:44.51	50m	09-02-20	Lisboa	421
33.	NOVO Marta Luisa	05	VNC	2:45.38	50m	02-08-19	Funchal	414
34.	HUTYY Adriana Carolina	05	SCB	2:45.54	50m	18-01-20	Povoa de Varzim	413
35.	DZYAKANAVA Kateryna	05	ALN	2:46.39	50m	22-02-20	Coimbra	407
36.	SEQUEIRA Leonor Ferreira	05	CGA	2:46.42	50m	01-02-20	Povoa de Varzim	407
36.	JARDIM Teresa Vieira	05	CNF	2:46.42	50m	22-02-20	Funchal	407
38.	PIRES Rita Lima	05	CNAC	2:48.70	50m	09-05-21	Coimbra	390
39.	CONCEICAO Sara Nunes	05	SFUAP	2:49.21	50m	29-02-20	Vila Franca de Xira	387
40.	ARAUJO Maria Clara	05	CNF	2:50.53	50m	01-03-20	Funchal	378
41.	ALVES Maria Ines	05	AAC	2:51.58	50m	22-02-20	Coimbra	371
42.	CARVALHO Laura Torrao	05	CNAC	3:00.60	50m	09-05-21	Coimbra	318

200 Costas (desde 43)

43.	PISSARRO Filipa Moniz	05	AAC	3:01.89	50m	22-02-20	Coimbra	311
44.	LUIS Mariana Capelo	05	JACL	3:07.00	50m	25-01-20	Funchal	287
45.	ABREU Maria Eduarda	05	CDN	3:07.75	50m	01-03-20	Funchal	283
46.	CARDOSO Isabel Maria	05	CSM	3:22.86	50m	01-03-20	Funchal	224
47.	MATOS Gabriela Chambel	05	ASC	5:12.41	50m	18-01-20	Coimbra	61

50 Bruços

1.	PEREIRA Carolina Rei	05	CNVA	34.90	50m	29-05-21	Coimbra	597
2.	NUNES Margarida Domingues	05	SCP	35.04	50m	28-03-21	Coimbra	590
3.	ALMEIDA Ana Rita	05	CDCA	35.39	50m	29-05-21	Coimbra	573
4.	FERREIRA Joana Rosa	05	CNPE	36.10	50m	28-03-21	Coimbra	540
5.	REGO Ines Faria	05	GDNFAMA	36.30	50m	02-08-19	Funchal	531
6.	REIS Erica Cristina	05	SCP	36.53	50m	14-02-21	Oeiras	521
6.	RIBEIRO Maria Joao	05	CCLAMAS	36.53	50m	29-05-21	Coimbra	521
8.	ESTEVEENS Laura Fabiana	05	GCNF	36.86	50m	19-06-21	Loulé	507
9.	NEVES Maria Manuel	05	SCB	36.93	50m	29-05-21	Coimbra	504
10.	REIS Juliana Branco	05	CNAL	37.10	50m	29-05-21	Rio Maior	497
11.	SILVA Ana Carolina	05	CNPV	37.12	50m	02-08-19	Funchal	496
12.	ENGELLEN Zoe	05	LDC	37.17	50m	24-04-21	Coimbra	494
13.	DELGADO Soraia Alexandra	05	SCP	37.23	50m	28-03-21	Coimbra	492
14.	GOMES Carolina Fonseca	05	CDOM	37.64	50m	08-02-20	Lisboa	476
15.	REIS Beatriz Grave	05	CNRM	37.86	50m	29-05-21	Rio Maior	468
16.	NOBRE Marisa Isabel	05	SCC	38.22	50m	08-05-21	Coimbra	455
17.	LOURENCO Beatriz Vale	05	PORTIN	38.41	50m	19-06-21	Loulé	448
18.	CARVALHO Laura Torrao	05	CNAC	39.09	50m	08-05-21	Coimbra	425
19.	PIRES Rita Lima	05	CNAC	40.28	50m	08-05-21	Coimbra	388
20.	RODRIGUES Filipa Guerreiro	05	GCNF	40.73	50m	19-06-21	Loulé	376
21.	ARAUJO Maria Clara	05	CNF	40.74	50m	23-02-20	Funchal	375
22.	COLACO Catarina Neves	05	GCNF	41.38	50m	19-06-21	Loulé	358
23.	SILVA Leonor Neto	05	CNLGOS	41.63	50m	13-06-21	Loulé	352
24.	LAGE Rita Alexandra	05	CNLGOS	42.53	50m	13-06-21	Loulé	330
25.	LUIS Mariana Capelo	05	JACL	43.03	50m	29-02-20	Funchal	318
26.	FERNANDES Carlota Condeco	05	FCF	44.18	50m	19-06-21	Loulé	294
27.	MENDES Barbara Fernanda	05	CASPAAE	45.30	50m	08-05-21	Coimbra	273
28.	DUARTE Beatriz Reis	05	ACS	45.62	50m	19-06-21	Loulé	267
29.	GOMES Madalena Sousa	05	CNF	46.22	50m	29-02-20	Funchal	257
29.	SILVA Maria Fabiana	05	CDN	46.22	50m	29-02-20	Funchal	257
31.	VIEIRA Rafaela Afonso	05	LDC	47.15	50m	13-06-21	Loulé	242
32.	ANDRADE Maria Beatriz	05	CDN	49.89	50m	29-02-20	Funchal	204
33.	TEIXEIRA Daniela Nobrega	05	ADC	52.45	50m	23-02-20	Funchal	176

100 Bruços

1.	NUNES Margarida Domingues	05	EULX	1:14.33	50m	01-08-19	Funchal	642
2.	REIS Erica Cristina	05	SCP	1:16.51	50m	14-02-21	Oeiras	588
3.	DELGADO Soraia Alexandra	05	SCP	1:17.43	50m	01-08-19	Funchal	568
4.	REGO Ines Faria	05	GDNFAMA	1:17.98	50m	01-08-19	Funchal	556
5.	FERREIRA Joana Rosa	05	CNPE	1:18.13	50m	28-03-21	Coimbra	553
6.	ESTEVEENS Laura Fabiana	05	GCNF	1:18.89	50m	30-05-21	Rio Maior	537
7.	PEREIRA Carolina Rei	05	CNVA	1:18.99	50m	01-08-19	Funchal	535
8.	RIBEIRO Maria Joao	05	CCLAMAS	1:19.48	50m	30-05-21	Coimbra	525
9.	ALMEIDA Ana Rita	05	CDCA	1:19.67	50m	30-05-21	Coimbra	521
10.	REIS Juliana Branco	05	CNAL	1:20.65	50m	30-05-21	Rio Maior	502
11.	RICARDO Maria Correia	05	CNS	1:20.78	50m	28-02-20	Vila Franca de Xira	500
12.	VASCONCELOS Lara Rodrigue	05	CGA	1:21.02	50m	06-06-21	Porto	495
13.	GAMA Joana Fernandes	05	SCP	1:21.73	50m	01-08-19	Funchal	483
14.	LOPES Francisca Macedo	05	CFV	1:21.75	50m	01-08-19	Funchal	482
15.	REIS Beatriz Grave	05	CNRM	1:22.05	50m	01-08-19	Funchal	477
16.	SILVA Ana Carolina	05	CNPV	1:22.26	50m	01-08-19	Funchal	473
17.	ENGELEN Zoe	05	LDC	1:22.48	50m	25-04-21	Coimbra	470
18.	GOMES Fabiana Cruz	05	LDC	1:22.49	50m	01-08-19	Funchal	469
19.	PIRES Marta Joao	05	SAD	1:22.62	50m	28-02-20	Vila Franca de Xira	467
20.	PIRES Laura Joao	05	CNFU	1:22.77	50m	01-08-19	Funchal	465
20.	MELO Sara Carreira	05	GESL	1:22.77	50m	28-02-20	Vila Franca de Xira	465
22.	ALMEIDA Maria Carolina	05	CGA	1:23.10	50m	30-05-21	Coimbra	459
23.	GOMES Carolina Fonseca	05	CDOM	1:23.50	50m	28-02-20	Vila Franca de Xira	453
24.	VARGAS Maria Carolina	05	SLB	1:23.74	50m	28-02-20	Vila Franca de Xira	449
25.	NICOLAU Margarida Claudino	05	CNTN	1:23.83	50m	01-08-19	Funchal	447
26.	FERNANDES Maria Teresa	05	SAD	1:24.18	50m	28-02-20	Vila Franca de Xira	442
27.	LOURO Ariana Espirito	05	SFGP	1:24.80	50m	02-02-20	Povoa de Varzim	432
28.	NEVES Maria Manuel	05	SCB	1:25.32	50m	01-08-19	Funchal	424
29.	RODRIGUES Bruna Ferreira	05	CCLAMAS	1:25.34	50m	02-02-20	Povoa de Varzim	424
30.	ANDRE Isadora Maia	05	SLB	1:25.35	50m	01-08-19	Funchal	424
31.	NOBRE Marisa Isabel	05	SCC	1:26.18	50m	09-05-21	Coimbra	412
32.	MELO Beatriz Coelho	05	CDF	1:26.30	50m	01-08-19	Funchal	410
33.	SILVEIRA Sofia Pereira	05	CAFBDP	1:27.14	50m	09-02-20	Lisboa	398
34.	CARVALHO Laura Torrao	05	CNAC	1:27.20	50m	09-05-21	Coimbra	397
35.	ALVES Maria Ines	05	AAC	1:27.51	50m	01-08-19	Funchal	393
36.	PIRES Rita Lima	05	CNAC	1:28.39	50m	09-05-21	Coimbra	381
37.	SILVA Beatriz Barroso	05	SCP	1:29.18	50m	28-02-20	Vila Franca de Xira	371
38.	LOURENCO Beatriz Vale	05	PORTIN	1:29.63	50m	12-06-21	Loulé	366
39.	CAXARIA Maria Sousa	05	CNMJ	1:30.88	50m	28-02-20	Vila Franca de Xira	351
40.	SILVA Leonor Neto	05	CNLGOS	1:31.16	50m	12-06-21	Loulé	348
41.	SANTOS Maria Lucas	05	CAQC	1:31.60	50m	11-01-20	Coimbra	343
42.	PENA Alecssia Pedro	05	CNPO	1:33.41	50m	19-12-20	Povoa do Varzim	323
43.	LAGE Rita Alexandra	05	CNLGOS	1:34.83	50m	12-06-21	Loulé	309
44.	LUIS Mariana Capelo	05	JACL	1:37.26	50m	25-01-20	Funchal	286
45.	DUARTE Matilde Aleixo	05	CNS	1:38.12	50m	28-02-20	Vila Franca de Xira	279
46.	GOMES Madalena Sousa	05	CNF	1:38.20	50m	22-02-20	Funchal	278
47.	DUARTE Beatriz Reis	05	ACS	1:39.97	50m	12-06-21	Loulé	263
48.	SILVA Maria Fabiana	05	CDN	1:43.82	50m	29-02-20	Funchal	235
49.	VIEIRA Rafaela Afonso	05	LDC	1:48.47	50m	12-06-21	Loulé	206
50.	NOBREGA Maria Trindade	05	CDN	1:52.92	50m	22-02-20	Funchal	183
51.	ANDRADE Maria Beatriz	05	CDN	1:53.03	50m	25-01-20	Funchal	182
52.	BARROS Ana Carolina	05	JACL	1:54.38	50m	22-02-20	Funchal	176
53.	FERNANDES Maria Madalena	05	JACL	1:55.46	50m	22-02-20	Funchal	171

100 Bruços (desde 54)

54.	SOUSA Beatriz Maria	05	CDN	1:57.59	50m	25-01-20	Funchal	162
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200 Bruços

1.	NUNES Margarida Domingues	05	SCP	2:39.32	50m	27-03-21	Coimbra	665
2.	REIS Erica Cristina	05	SCP	2:43.90	50m	19-12-20	Oeiras	611
3.	ESTEVENS Laura Fabiana	05	GCNF	2:44.67	50m	19-06-21	Loulé	602
4.	FERREIRA Joana Rosa	05	CNPE	2:45.46	50m	27-03-21	Coimbra	594
5.	REGO Ines Faria	05	GDNFAMA	2:46.78	50m	03-08-19	Funchal	580
6.	REIS Juliana Branco	05	CNAL	2:52.40	50m	30-05-21	Rio Maior	525
7.	ROCHA Gabriela Santos	05	CNV	2:53.83	50m	01-02-20	Povoa de Varzim	512
8.	ALMEIDA Maria Carolina	05	CGA	2:55.76	50m	30-05-21	Coimbra	495
8.	ALMEIDA Ana Rita	05	CDCA	2:55.76	50m	30-05-21	Coimbra	495
10.	RIBEIRO Maria Joao	05	CCLAMAS	2:55.93	50m	30-05-21	Coimbra	494
11.	SILVA Ana Carolina	05	CNPV	2:56.04	50m	03-08-19	Funchal	493
12.	VARGAS Maria Carolina	05	SLB	2:56.88	50m	01-03-20	Vila Franca de Xira	486
13.	RODRIGUES Bruna Ferreira	05	CCLAMAS	2:57.43	50m	01-02-20	Povoa de Varzim	481
14.	PIRES Laura Joao	05	CNFU	2:57.76	50m	08-02-20	Lisboa	479
15.	GAMA Joana Fernandes	05	SCP	2:57.79	50m	03-08-19	Funchal	479
16.	RICARDO Maria Correia	05	CNS	2:58.67	50m	01-03-20	Vila Franca de Xira	471
17.	LOPES Francisca Macedo	05	CFV	2:58.82	50m	03-08-19	Funchal	470
18.	ENGELLEN Zoe	05	LDC	2:58.91	50m	08-02-20	Lisboa	470
19.	NEVES Maria Manuel	05	SCB	2:59.19	50m	03-08-19	Funchal	467
20.	FERNANDES Maria Teresa	05	SAD	2:59.49	50m	30-05-21	Rio Maior	465
21.	LOURO Ariana Espirito	05	SFGP	3:00.50	50m	03-08-19	Funchal	457
22.	VASCONCELOS Lara Rodrigue	05	CGA	3:01.15	50m	30-05-21	Coimbra	452
23.	SILVEIRA Sofia Pereira	05	CAFBDP	3:02.54	50m	08-02-20	Lisboa	442
24.	GOMES Carolina Fonseca	05	CDOM	3:03.37	50m	08-02-20	Lisboa	436
25.	DELGADO Soraia Alexandra	05	SCP	3:04.08	50m	30-05-21	Rio Maior	431
26.	NOBRE Marisa Isabel	05	SCC	3:05.36	50m	03-08-19	Funchal	422
27.	MARQUES Maria Ines	05	CNAL	3:05.97	50m	03-08-19	Funchal	418
28.	ALVES Maria Ines	05	AAC	3:06.40	50m	03-08-19	Funchal	415
29.	LOURENCO Beatriz Vale	05	PORTIN	3:07.53	50m	19-06-21	Loulé	408
30.	SILVA Beatriz Barroso	05	SCP	3:10.61	50m	01-03-20	Vila Franca de Xira	388
31.	CARVALHO Laura Torrao	05	CNAC	3:13.25	50m	09-05-21	Coimbra	373
32.	ARAUJO Maria Clara	05	CNF	3:13.28	50m	22-02-20	Funchal	372
33.	CAXARIA Maria Sousa	05	CNMJ	3:13.45	50m	01-03-20	Vila Franca de Xira	371
34.	LUIS Mariana Capelo	05	JACL	3:21.38	50m	25-01-20	Funchal	329
35.	PISSARRO Filipa Moniz	05	AAC	3:22.79	50m	22-02-20	Coimbra	322
36.	GOMES Madalena Sousa	05	CNF	3:28.92	50m	01-03-20	Funchal	295
37.	DUARTE Matilde Aleixo	05	CNS	3:31.42	50m	01-03-20	Vila Franca de Xira	284
38.	DUARTE Beatriz Reis	05	ACS	3:40.94	50m	19-06-21	Loulé	249
39.	ANDRADE Maria Beatriz	05	CDN	4:10.52	50m	22-02-20	Funchal	171
40.	MENDES Barbara Fernanda	05	CASPAAE	4:11.92	50m	22-02-20	Coimbra	168

50 Mariposa

1.	FERNANDES Carolina Miranda	05	CGA	28.05	50m	28-03-21	Coimbra	660
2.	LOURO Ariana Espirito	05	SFGP	28.64	50m	25-04-21	Coimbra	620
3.	ALMEIDA Maria Carolina	05	CGA	28.85	50m	06-06-21	Porto	607
4.	BENTO Maria Madalena	05	BUZIOS	29.82	50m	01-08-19	Funchal	549
5.	NICOLAU Margarida Claudino	05	CNTN	30.66	50m	28-03-21	Coimbra	505
6.	SILVA Joana Ferreira	05	LSC	30.78	50m	30-05-21	Coimbra	499
7.	LAGOA Carlota Macedo	05	ADBA	30.88	50m	12-06-21	Badajoz (ESP)	495
8.	NEVES Daniela Lourenco	05	CCDSERTA	31.14	50m	30-05-21	Rio Maior	482
9.	MACHADO Beatriz Alexandra	05	CNBE	31.63	50m	09-02-20	Lisboa	460
10.	SIMOES Barbara Almeida	05	CUC	31.86	50m	09-05-21	Coimbra	450
11.	LOPES Daniela Magalhaes	05	GDNFAMA	31.91	50m	13-02-21	Oeiras	448
12.	GOMES Carolina Fonseca	05	CDOM	32.33	50m	09-02-20	Lisboa	431
13.	NASCIMENTO Sofia Alexandre	05	CNF	33.64	50m	23-02-20	Funchal	383
14.	PONCEANO Ines Encarnacao	05	PORTIN	33.92	50m	20-06-21	Loulé	373
15.	ROSA Mariana Carmo	05	ALN	34.28	50m	11-01-20	Coimbra	361
16.	SILVA Camila Cavaleiro	05	SCC	34.69	50m	09-05-21	Coimbra	349
17.	LOURENCO Beatriz Vale	05	PORTIN	34.84	50m	13-06-21	Loulé	344
18.	ENGELEN Zoe	05	LDC	35.17	50m	20-06-21	Loulé	335
19.	COLACO Catarina Neves	05	GCNF	35.56	50m	13-06-21	Loulé	324
20.	MARQUES Beatriz Pereira	05	SCC	36.36	50m	11-01-20	Coimbra	303
21.	DINIS Helena Carolina	05	AAC	37.01	50m	09-05-21	Coimbra	287
22.	PIRES Rita Lima	05	CNAC	38.46	50m	11-01-20	Coimbra	256
23.	VIEIRA Rafaela Afonso	05	LDC	40.15	50m	13-06-21	Loulé	225
24.	BARROS Ana Carolina	05	JACL	44.40	50m	01-03-20	Funchal	166
25.	FERNANDES Maria Madalena	05	JACL	49.21	50m	23-02-20	Funchal	122

100 Mariposa

1.	FERNANDES Carolina Miranda	05	POR	1:02.47	50m	18-04-21	KIEV (UKR)	700
2.	LOURO Ariana Espirito	05	SFGP	1:03.55	50m	29-05-21	Rio Maior	665
3.	ALMEIDA Maria Carolina	05	CGA	1:03.91	50m	05-06-21	Porto	654
4.	BENTO Maria Madalena	05	BUZIOS	1:05.42	50m	03-08-19	Funchal	609
5.	SILVA Joana Ferreira	05	LSC	1:07.59	50m	29-05-21	Coimbra	553
6.	RINO Maria Pedro	05	CNPV	1:08.31	50m	29-05-21	Rio Maior	535
7.	ESTEVENS Laura Fabiana	05	GCNF	1:08.65	50m	12-06-21	Loulé	527
8.	DELGADO Soraia Alexandra	05	POR	1:08.85	50m	01-02-20	Povoa de Varzim	523
9.	SIMOES Ana Beatriz	05	SCP	1:09.00	50m	01-03-20	Vila Franca de Xira	519
10.	PIRES Marta Joao	05	SAD	1:09.13	50m	01-03-20	Vila Franca de Xira	516
11.	LAGOA Carlota Macedo	05	ADBA	1:09.76	50m	29-05-21	Rio Maior	503
12.	FERREIRA Joana Rocha	05	SLB	1:09.83	50m	03-08-19	Funchal	501
13.	ROSA Mariana Carmo	05	ALN	1:10.00	50m	08-05-21	Coimbra	497
14.	GOMES Carolina Fonseca	05	SCP	1:10.20	50m	29-05-21	Rio Maior	493
15.	ANDRE Isadora Maia	05	SLB	1:10.27	50m	03-08-19	Funchal	492
16.	VIEIRA Carmo Dias	05	EULX	1:11.00	50m	08-02-20	Lisboa	477
17.	GAMA Joana Fernandes	05	SCP	1:11.26	50m	01-03-20	Vila Franca de Xira	471
18.	FRANCA Nicole Patriarca	05	SCP	1:12.06	50m	08-02-20	Lisboa	456
19.	NOVO Marta Luisa	05	VNC	1:12.14	50m	29-05-21	Coimbra	454
20.	NEVES Daniela Lourenco	05	CCDSERTA	1:12.70	50m	03-08-19	Funchal	444
21.	TORGAL Madalena Sampaio	05	AHBE	1:12.75	50m	03-08-19	Funchal	443
22.	GONCALVES Rita Abibe	05	GESL	1:12.95	50m	01-03-20	Vila Franca de Xira	439
23.	MARTINS Rafaela Diogo	05	CNS	1:15.17	50m	01-03-20	Vila Franca de Xira	402
24.	SIMOES Barbara Almeida	05	CUC	1:15.36	50m	08-05-21	Coimbra	399
25.	CARRAO Iris Pereira	05	CIRL	1:15.56	50m	01-03-20	Vila Franca de Xira	395

100 Mariposa (desde 26)

26.	MACHADO Beatriz Alexandra	05	CNBE	1:15.89	50m	12-06-21	Loulé	390
27.	PIMENTEL Sara Calisto	05	CGA	1:16.29	50m	01-02-20	Povoa de Varzim	384
28.	FERREIRA Joana Rosa	05	CNPE	1:16.69	50m	08-02-20	Lisboa	378
29.	SANTOS Maria Lucas	05	CAQC	1:16.82	50m	22-02-20	Coimbra	376
30.	SILVA Beatriz Margarido	05	CNVA	1:16.88	50m	22-02-20	Coimbra	375
31.	MARQUES Beatriz Pereira	05	SCC	1:22.33	50m	11-01-20	Coimbra	306
32.	DZYAKANAVA Kateryna	05	ALN	1:24.87	50m	22-02-20	Coimbra	279
33.	PENA Alecssia Pedro	05	CNPO	1:42.30	50m	18-01-20	Povoa de Varzim	159
34.	FERNANDES Maria Madalena	05	JACL	1:55.01	50m	22-02-20	Funchal	112

200 Mariposa

1.	LOURO Ariana Espirito	05	SFGP	2:20.45	50m	29-05-21	Rio Maior	652
2.	ALMEIDA Maria Carolina	05	CGA	2:27.42	50m	27-03-21	Coimbra	564
3.	BENTO Maria Madalena	05	BUZIOS	2:28.11	50m	04-08-19	Funchal	556
4.	DELGADO Soraia Alexandra	05	SCP	2:28.42	50m	04-08-19	Funchal	552
5.	RINO Maria Pedro	05	CNPV	2:29.49	50m	29-05-21	Rio Maior	541
6.	SILVA Joana Ferreira	05	LSC	2:31.37	50m	29-05-21	Coimbra	521
7.	PIMENTEL Sara Calisto	05	CGA	2:33.67	50m	29-05-21	Coimbra	498
8.	CARLOTA Catarina Isabel	05	BUZIOS	2:34.44	50m	04-08-19	Funchal	490
9.	LOISAS Beatriz Ferreira	05	SCC	2:37.18	50m	04-08-19	Funchal	465
10.	GAMA Joana Fernandes	05	SCP	2:38.66	50m	04-08-19	Funchal	452
11.	VIEIRA Carmo Dias	05	EULX	2:39.09	50m	09-02-20	Lisboa	448
12.	CABRAL Ana Matos	05	CAQC	2:40.03	50m	04-08-19	Funchal	441
13.	NOVO Marta Luisa	05	VNC	2:40.12	50m	29-05-21	Coimbra	440
14.	CANINHAS Maria Pinto	05	CNFU	2:40.92	50m	04-08-19	Funchal	433
15.	ESTEVEENS Laura Fabiana	05	GCNF	2:42.62	50m	13-06-21	Loulé	420
16.	FRANCA Nicole Patriarca	05	SCP	2:43.98	50m	09-02-20	Lisboa	409
17.	GOMES Carolina Fonseca	05	CDOM	2:45.27	50m	04-08-19	Funchal	400
18.	SILVA Beatriz Margarido	05	CNVA	2:46.41	50m	22-02-20	Coimbra	392
19.	MOURA Luciana Rodrigues	05	AONDA	3:00.51	50m	04-08-19	Funchal	307

200 Estilos

1.	REIS Erica Cristina	05	SCP	2:26.65	50m	27-03-21	Coimbra	636
2.	PIRES Marta Joao	05	SAD	2:28.17	50m	24-04-21	Coimbra	616
3.	ESTEVEENS Laura Fabiana	05	GCNF	2:28.19	50m	29-05-21	Rio Maior	616
4.	LOPES Daniela Magalhaes	05	GDNFAMA	2:29.07	50m	29-05-21	Coimbra	605
5.	DELGADO Soraia Alexandra	05	POR	2:29.13	50m	01-02-20	Povoa de Varzim	604
6.	FERNANDES Carolina Miranda	05	POR	2:29.94	50m	13-06-21	Loulé	595
7.	NUNES Margarida Domingues	05	SCP	2:31.41	50m	29-05-21	Rio Maior	577
8.	ALMEIDA Maria Carolina	05	CGA	2:31.73	50m	05-06-21	Porto	574
9.	ROSA Mariana Carmo	05	ALN	2:32.51	50m	08-05-21	Coimbra	565
10.	FERREIRA Joana Rosa	05	CNPE	2:32.94	50m	29-05-21	Rio Maior	560
11.	PEREIRA Carolina Rei	05	CNVA	2:33.84	50m	04-08-19	Funchal	550
12.	NOBRE Marisa Isabel	05	SCC	2:34.87	50m	29-05-21	Coimbra	540
13.	FERREIRA Joana Rocha	05	SLB	2:35.27	50m	08-02-20	Lisboa	535
14.	LOURO Ariana Espirito	05	SFGP	2:37.43	50m	01-02-20	Povoa de Varzim	514
15.	CANINHAS Maria Pinto	05	CNFU	2:37.49	50m	08-02-20	Lisboa	513
16.	LOPES Francisca Macedo	05	CFV	2:37.79	50m	04-08-19	Funchal	510
17.	COSTA Mafalda Santos	05	ADRCIMM	2:38.72	50m	04-08-19	Funchal	501
18.	SALGADO Soraia Maria	05	AEFDTV	2:38.84	50m	04-08-19	Funchal	500
19.	RICARDO Maria Correia	05	CNS	2:39.13	50m	01-03-20	Vila Franca de Xira	497

200 Estilos (desde 20)

20.	COSTA Mariana Martins	05	GDNFAMA	2:39.64	50m	04-08-19	Funchal	493
21.	MELO Sara Carreira	05	GESL	2:39.65	50m	01-03-20	Vila Franca de Xira	492
21.	NEVES Natalia Passeira	05	CNV	2:39.65	50m	29-05-21	Coimbra	492
23.	GOMES Fabiana Cruz	05	LDC	2:40.85	50m	04-08-19	Funchal	482
24.	FERNANDES Maria Teresa	05	SAD	2:41.47	50m	01-03-20	Vila Franca de Xira	476
25.	VENTURA Barbara Cunha	05	SLB	2:42.43	50m	01-03-20	Vila Franca de Xira	468
26.	SILVA Ana Carolina	05	CNPV	2:43.40	50m	04-08-19	Funchal	459
27.	SILVA Mariana Andreia	05	SCP	2:43.76	50m	01-03-20	Vila Franca de Xira	456
28.	CARRAO Iris Pereira	05	CIRL	2:44.29	50m	01-03-20	Vila Franca de Xira	452
29.	RINO Maria Pedro	05	CNPV	2:46.09	50m	01-02-20	Povoa de Varzim	437
30.	VARGAS Maria Carolina	05	SLB	2:46.69	50m	01-03-20	Vila Franca de Xira	433
31.	BRAGA Ana Belo	05	AONDA	2:46.88	50m	01-03-20	Vila Franca de Xira	431
32.	GOMES Rita Ferreira	05	SAD	2:46.95	50m	01-03-20	Vila Franca de Xira	431
33.	MONTEIRO Simone Filipe	05	GESL	2:47.67	50m	01-03-20	Vila Franca de Xira	425
34.	SANTOS Maria Lucas	05	CAQC	2:49.78	50m	11-01-20	Coimbra	409
35.	SILVEIRA Sofia Pereira	05	CAFBDP	2:50.00	50m	08-02-20	Lisboa	408
36.	FRANCA Nicole Patriarca	05	SCP	2:50.91	50m	01-03-20	Vila Franca de Xira	401
37.	MARTINS Rafaela Diogo	05	CNS	2:51.08	50m	01-03-20	Vila Franca de Xira	400
38.	CAXARIA Maria Sousa	05	CNMJ	2:51.27	50m	01-03-20	Vila Franca de Xira	399
39.	MALHEIRO Maria Vieira	05	CDCA	2:54.99	50m	01-02-20	Povoa de Varzim	374
40.	ALVES Maria Ines	05	AAC	2:55.39	50m	11-01-20	Coimbra	371
41.	PASSOS Margarida Jesus	05	PORTIN	2:56.14	50m	13-06-21	Loulé	367
42.	PIRES Rita Lima	05	CNAC	2:57.05	50m	11-01-20	Coimbra	361
43.	SILVA Camila Cavaleiro	05	SCC	2:58.57	50m	08-05-21	Coimbra	352
44.	DZYAKANAVA Kateryna	05	ALN	3:00.22	50m	11-01-20	Coimbra	342
45.	CARVALHO Laura Torrao	05	CNAC	3:05.59	50m	11-01-20	Coimbra	313
46.	BARROS Ana Carolina	05	JACL	3:26.29	50m	25-01-20	Funchal	228
47.	FERNANDES Maria Madalena	05	JACL	3:46.48	50m	22-02-20	Funchal	172

400 Estilos

1.	LOPES Daniela Magalhaes	05	GDNFAMA	5:07.21	50m	02-08-19	Funchal	651
2.	DELGADO Soraia Alexandra	05	SCP	5:09.91	50m	02-08-19	Funchal	634
3.	PIRES Marta Joao	05	POR	5:13.55	50m	02-02-20	Povoa de Varzim	613
4.	REIS Erica Cristina	05	SCP	5:14.53	50m	29-05-21	Rio Maior	607
5.	ESTEVEENS Laura Fabiana	05	GCNF	5:18.60	50m	29-05-21	Rio Maior	584
6.	ROSA Mariana Carmo	05	ALN	5:19.08	50m	08-05-21	Coimbra	581
7.	NOBRE Marisa Isabel	05	SCC	5:20.90	50m	02-08-19	Funchal	571
8.	NUNES Margarida Domingues	05	SCP	5:21.33	50m	25-04-21	Coimbra	569
9.	FERREIRA Joana Rosa	05	CNPE	5:25.73	50m	25-04-21	Coimbra	546
10.	ALMEIDA Maria Carolina	05	CGA	5:29.35	50m	02-08-19	Funchal	528
11.	LOURO Ariana Espirito	05	SFGP	5:29.79	50m	02-08-19	Funchal	526
12.	LOPES Francisca Macedo	05	CFV	5:31.71	50m	20-12-20	Oeiras	517
13.	COSTA Mafalda Santos	05	ADRCIMM	5:32.58	50m	29-02-20	Vila Franca de Xira	513
14.	GAMA Joana Fernandes	05	SCP	5:34.08	50m	02-08-19	Funchal	506
15.	CANINHAS Maria Pinto	05	CNFU	5:35.06	50m	02-08-19	Funchal	502
16.	RINO Maria Pedro	05	ADA	5:36.06	50m	02-08-19	Funchal	497
17.	FERNANDES Maria Teresa	05	SAD	5:37.83	50m	29-02-20	Vila Franca de Xira	490
18.	VENTURA Barbara Cunha	05	SLB	5:38.27	50m	29-02-20	Vila Franca de Xira	488
19.	SILVA Mariana Azevedo	05	ADS	5:39.66	50m	02-02-20	Povoa de Varzim	482
20.	RIBEIRO Maria Joao	05	CCLAMAS	5:42.12	50m	02-02-20	Povoa de Varzim	471
21.	SILVA Joana Ferreira	05	LSC	5:42.71	50m	02-08-19	Funchal	469
22.	VARGAS Maria Carolina	05	SLB	5:44.75	50m	29-02-20	Vila Franca de Xira	461

400 Estilos (desde 23)

23.	SILVA Mariana Andreia	05	SCP	5:47.55	50m	29-02-20	Vila Franca de Xira	450
24.	MARQUES Maria Ines	05	CNAL	5:48.10	50m	02-08-19	Funchal	448
25.	PIMENTEL Sara Calisto	05	CGA	5:49.31	50m	02-08-19	Funchal	443
26.	MARTINS Margarida Carvalhal	05	GDNFAMA	5:49.73	50m	02-08-19	Funchal	441
27.	SANTOS Maria Lucas	05	CAQC	5:51.66	50m	22-02-20	Coimbra	434
28.	FRANCA Nicole Patriarca	05	SCP	5:57.37	50m	29-02-20	Vila Franca de Xira	414
29.	MARQUES Beatriz Pereira	05	SCC	5:58.62	50m	22-02-20	Coimbra	409
30.	SILVA Camila Cavaleiro	05	SCC	6:01.45	50m	22-02-20	Coimbra	400
31.	DZYAKANAVA Kateryna	05	ALN	6:18.78	50m	22-02-20	Coimbra	347

50 Livres

1.	BRITES Marta Lopes	06	CNPDL	28.10	50m	06-06-21	Porto	597
2.	GRILO Maria Vitoria	06	FBSC	28.71	50m	30-05-21	Coimbra	560
3.	COELHO Maria Leonor	06	SLB	29.09	50m	28-03-21	Coimbra	538
4.	FROIS Maria Francisca	06	ADBA	29.12	50m	24-04-21	Coimbra	537
5.	DIAS Madalena Graca	06	CNLX	29.27	50m	24-04-21	Coimbra	528
6.	COSTA Maria Jardim	06	CDN	29.66	50m	20-06-21	Funchal	508
7.	SOARES Miriam Mortagua	06	CGA	29.70	50m	06-06-21	Porto	506
8.	NOGUEIRA Ines Aires	06	CFP	29.78	50m	06-06-21	Porto	502
9.	COSTA Daniela Alexandra	06	LSC	29.80	50m	01-02-20	Povoa de Varzim	501
10.	OLIVEIRA Matilde Fonseca	06	CNMC	29.84	50m	24-04-21	Coimbra	499
11.	FERREIRA Maria Neto	06	FBSC	29.94	50m	11-01-20	Coimbra	494
12.	LOURA Raquel Maria	06	GCNF	30.56	50m	12-06-21	Loulé	464
13.	ALMEIDA Beatriz Matias	06	LAGAC	30.63	50m	12-06-21	Loulé	461
14.	CRAVEIRO Matilde Neves	06	AAC	30.76	50m	11-01-20	Coimbra	455
15.	TINOCO Diana Silva	06	SCC	30.88	50m	11-01-20	Coimbra	450
16.	MEDEIROS Madalena Barra	06	GRVM	30.90	50m	11-01-20	Coimbra	449
17.	CUNHA Ines Santos	06	CAPGE	31.12	50m	05-06-21	Porto	440
18.	LUIZ Maria Teresa	06	LAGAC	31.21	50m	19-06-21	Loulé	436
19.	DIAS Julia Alves	06	CDN	31.31	50m	20-06-21	Funchal	432
20.	DEUS Ines Portugal	06	CNF	31.43	50m	23-02-20	Funchal	427
21.	GUERREIRO Carolina Simoes	06	ABR	31.57	50m	19-06-21	Loulé	421
22.	FREITAS Margarida Ramos	06	CDN	31.79	50m	20-06-21	Funchal	412
23.	BOROZAN Cristina	06	LDC	31.93	50m	19-06-21	Loulé	407
24.	DIAS Ines Alves	06	FBSC	32.13	50m	11-01-20	Coimbra	399
25.	KOZIY Xenia Angelica	06	CAQC	32.16	50m	24-04-21	Coimbra	398
26.	CANADA Maria Elvira	06	CDN	32.74	50m	20-06-21	Funchal	377
27.	ABREU Ana Rodrigues	06	CNF	32.94	50m	23-02-20	Funchal	371
28.	FARIA Laura Pereira	06	JACL	33.01	50m	23-02-20	Funchal	368
29.	ROVERI Isabel Vasconcelos	06	CNF	33.32	50m	29-02-20	Funchal	358
30.	SEQUEIRA Beatriz Meneses	06	CNF	33.34	50m	23-02-20	Funchal	357
31.	FERRO Maria Leonor	06	CNF	33.41	50m	23-02-20	Funchal	355
32.	SANTOS Rita Mendes	06	GRVM	33.95	50m	09-05-21	Coimbra	338
33.	TEMBE Ines Afonso	06	CDN	33.97	50m	20-06-21	Funchal	338
34.	VARELA Joana Filipa	06	CNAC	33.98	50m	11-01-20	Coimbra	338
35.	GUEDES Catarina Beatriz	06	ACS	34.02	50m	12-06-21	Loulé	336
36.	BAPTISTA Constanca Ornelas	06	CNF	34.09	50m	23-02-20	Funchal	334
37.	SOUSA Ivana Valentina	06	CDN	34.59	50m	23-02-20	Funchal	320
38.	COELHO Nicole Nezhurko	06	ACS	35.17	50m	12-06-21	Loulé	304
39.	FRANCA Maria Carolina	06	ACS	35.72	50m	12-06-21	Loulé	290
39.	MATIAS Anna Margarita	06	ABR	35.72	50m	19-06-21	Loulé	290
41.	DIAS Magda Fernandes	06	CDSR	36.04	50m	29-02-20	Funchal	283
42.	ALVES Mariana Vaz	06	AAC	36.08	50m	11-01-20	Coimbra	282
43.	TEIXEIRA Cristina Martins	06	ADC	36.56	50m	23-02-20	Funchal	271
44.	SOUSA Maria Beatriz	06	CNF	36.68	50m	23-02-20	Funchal	268
45.	SANTOS Lara Sofia	06	GRVM	39.85	50m	09-05-21	Coimbra	209
46.	MIGUEL Rafaela Ferreira	06	CPSPA	42.00	50m	11-01-20	Coimbra	178
47.	MORAIS Maria Matilde	06	ADADA	47.58	50m	25-01-20	Rio Maior	123
48.	GASPAR Matilde Lucia	06	APCC	51.45	50m	09-05-21	Coimbra	97

100 Livres

1.	COELHO Maria Leonor	06	SLB	1:00.87	50m	29-05-21	Rio Maior	613
2.	BRITES Marta Lopes	06	CNPDL	1:01.22	50m	29-05-21	Rio Maior	602
3.	CARAPINHA Ariana Bento	06	POR	1:01.49	50m	25-04-21	Coimbra	594
4.	CATALAO Leonor Tavares	06	POR	1:01.53	50m	25-04-21	Coimbra	593
5.	SOARES Miriam Mortagua	06	CGA	1:02.25	50m	29-05-21	Coimbra	573
6.	GRILO Maria Vitoria	06	FBSC	1:02.45	50m	29-05-21	Coimbra	567
7.	COSTA Anita Gouveia	06	CAQC	1:02.89	50m	08-05-21	Coimbra	555
8.	TEIXEIRA Ines Correia	06	CNA	1:02.95	50m	29-05-21	Rio Maior	554
9.	DIAS Madalena Graca	06	CNLX	1:03.08	50m	29-05-21	Rio Maior	550
10.	AMORIM Ines Santos	06	EDV	1:03.12	50m	29-05-21	Coimbra	549
11.	BARBEITO Laura Espinola	06	NSIT	1:03.33	50m	29-05-21	Rio Maior	544
12.	MARTINS Ana Rita	06	FOCA	1:03.53	50m	27-03-21	Coimbra	539
13.	LOPES Matilde Nunes	06	SLB	1:03.65	50m	27-03-21	Coimbra	536
14.	BRIZIDA Filipa Roma	06	ADBA	1:03.84	50m	29-05-21	Rio Maior	531
15.	COSTA Maria Jardim	06	CDN	1:03.96	50m	22-02-20	Funchal	528
16.	NOGUEIRA Ines Aires	06	CFP	1:04.08	50m	29-05-21	Coimbra	525
17.	FLORINDO Helena Neto	06	EFC	1:04.18	50m	09-02-20	Lisboa	523
18.	FERNANDES Ines Goncalves	06	CNAB	1:04.33	50m	09-02-20	Lisboa	519
18.	SA Madalena Correa	06	GESL	1:04.33	50m	29-05-21	Rio Maior	519
20.	PARREIRA Carolina	06	SCP	1:04.38	50m	29-05-21	Rio Maior	518
20.	DINIS Filipa Paiva	06	ADBA	1:04.38	50m	13-06-21	Badajoz (ESP)	518
22.	OLIVEIRA Matilde Fonseca	06	CNMC	1:04.54	50m	08-05-21	Coimbra	514
23.	GOUVEIA Ana Luisa	06	LSC	1:04.55	50m	01-02-20	Povoa de Varzim	514
23.	ALVES Maria Madalena	06	ADBA	1:04.55	50m	29-05-21	Rio Maior	514
23.	MORAGAS Marta Infante	06	LDC	1:04.55	50m	13-06-21	Loulé	514
26.	FERREIRA Maria Neto	06	FBSC	1:04.60	50m	08-02-20	Lisboa	512
27.	SILVA Beatriz Machado	06	SCB	1:04.61	50m	29-05-21	Coimbra	512
28.	PINO Ines Mira	06	PIMP	1:04.69	50m	29-05-21	Rio Maior	510
29.	COSTA Daniela Alexandra	06	LSC	1:04.75	50m	01-02-20	Povoa de Varzim	509
29.	NEVES Diana Patricia	06	CNH	1:04.75	50m	01-02-20	Povoa de Varzim	509
31.	TINOCO Diana Silva	06	SCC	1:04.80	50m	08-05-21	Coimbra	508
32.	COSTA Maria Beatriz	06	SCP	1:04.84	50m	01-03-20	Vila Franca de Xira	507
33.	BARREIRA Andreia Monteiro	06	CMNPR	1:04.91	50m	29-05-21	Coimbra	505
34.	FROIS Maria Francisca	06	ADBA	1:05.26	50m	13-06-21	Badajoz (ESP)	497
35.	MONTEIRO Maria Pinto	06	SFUAP	1:05.48	50m	29-05-21	Rio Maior	492
36.	ALMEIDA Isabel Pires	06	NSIT	1:05.60	50m	29-05-21	Rio Maior	489
37.	SILVA Rita Borges	06	GESL	1:05.72	50m	29-05-21	Rio Maior	487
38.	DOMINGUES Vitoria Cruz	06	CNVA	1:05.77	50m	09-02-20	Lisboa	486
39.	SERRA Rita Joao	06	VKGS	1:05.80	50m	29-05-21	Rio Maior	485
40.	JESUS Mariana Teixeira	06	CDE	1:05.84	50m	01-02-20	Povoa de Varzim	484
41.	MARQUES Margarida Barbara	06	SAD	1:05.93	50m	29-05-21	Rio Maior	482
42.	GOMES Lia Beatriz	06	VSC	1:06.03	50m	01-02-20	Povoa de Varzim	480
43.	MENDES Ines Gomes	06	CAP	1:06.15	50m	18-01-20	Povoa de Varzim	477
44.	FERREIRA Ana Martim	06	LSC	1:06.69	50m	01-02-20	Povoa de Varzim	466
45.	PINTO Leonor Filipa	06	FCP	1:06.78	50m	18-01-20	Povoa de Varzim	464
46.	RIGOR Maria Miguel	06	VNC	1:06.83	50m	29-05-21	Coimbra	463
47.	LOURA Raquel Maria	06	GCMF	1:06.90	50m	13-06-21	Loulé	461
48.	BELO Catarina Cunha	06	FBSC	1:06.91	50m	09-02-20	Lisboa	461
49.	ROMAO Ana Teresa	06	LDC	1:07.11	50m	09-02-20	Lisboa	457
50.	CUNHA Sofia Simao	06	PIMP	1:07.15	50m	09-02-20	Lisboa	456
50.	ALMEIDA Beatriz Matias	06	LAGAC	1:07.15	50m	09-02-20	Lisboa	456
50.	ALMEIDA Maria Soares	06	SAD	1:07.15	50m	01-03-20	Vila Franca de Xira	456
53.	FERREIRA Matilde Batista	06	FBSC	1:07.17	50m	08-05-21	Coimbra	456

100 Livres (desde 54)

54.	PARRA Joana Santos	06	CNOL	1:07.24	50m	13-06-21	Loulé	454
55.	SIMOES Filipa Mendes	06	ADBA	1:07.51	50m	01-02-20	Povoa de Varzim	449
56.	JARDIM Lara Filipa	06	CNF	1:07.69	50m	22-02-20	Funchal	445
57.	TOME Rita Bernardo	06	CNSM	1:07.72	50m	29-05-21	Rio Maior	445
58.	CUNHA Ines Santos	06	CAPGE	1:08.12	50m	01-02-20	Povoa de Varzim	437
59.	FREITAS Margarida Ramos	06	CDN	1:08.23	50m	28-02-20	Funchal	435
60.	SILVA Francisca Gomes	06	SCE	1:08.34	50m	29-05-21	Coimbra	433
61.	MARTINS Ana Miguel	06	VNC	1:08.39	50m	01-02-20	Povoa de Varzim	432
62.	FREITAS Beatriz Rodrigues	06	CNF	1:08.41	50m	28-02-20	Funchal	431
62.	SANTOS Marta Silva	06	CNS	1:08.41	50m	01-03-20	Vila Franca de Xira	431
64.	MAGALHAES Luana Cardoso	06	AHBE	1:08.43	50m	01-03-20	Vila Franca de Xira	431
64.	COSTA Catarina Gomes	06	EULX	1:08.43	50m	01-03-20	Vila Franca de Xira	431
66.	GUERREIRO Carolina Simoes	06	ABR	1:08.46	50m	13-06-21	Loulé	430
67.	ESCOT DELGADO Irene	06	LDC	1:08.52	50m	13-06-21	Loulé	429
68.	CALDES Ana Sofia	06	CEN	1:08.60	50m	12-06-21	Badajoz (ESP)	428
69.	DIAS Julia Alves	06	CDN	1:08.73	50m	19-06-21	Funchal	425
70.	MENDES Erica Candeias	06	CNA	1:08.77	50m	01-03-20	Vila Franca de Xira	425
71.	OLIVEIRA Marina Alexandra	06	CNS	1:08.95	50m	09-02-20	Lisboa	421
72.	RIBAS Ema Monteiro	06	CFP	1:08.97	50m	18-01-20	Povoa de Varzim	421
73.	SILVA Maria Santos	06	CNPO	1:09.19	50m	18-01-20	Povoa de Varzim	417
73.	LUIZ Maria Teresa	06	LAGAC	1:09.19	50m	13-06-21	Loulé	417
75.	LOPES Rita Martins	06	AHBE	1:09.23	50m	01-03-20	Vila Franca de Xira	416
76.	DINIZ Carolina Costa	06	SCP	1:09.30	50m	01-03-20	Vila Franca de Xira	415
77.	BOROZAN Cristina	06	LDC	1:09.64	50m	13-06-21	Loulé	409
78.	GARCIA PEREZ Cristina	06	LDC	1:09.93	50m	13-06-21	Loulé	404
79.	VALENTE Maria Miguel	06	CDE	1:09.98	50m	18-01-20	Povoa de Varzim	403
80.	ALMEIDA Maria Susana	06	VSC	1:10.09	50m	18-01-20	Povoa de Varzim	401
81.	GAMA Beatriz Fernandes	06	SCP	1:10.24	50m	01-03-20	Vila Franca de Xira	398
82.	LOPES Mafalda Mourao	06	ADST	1:10.42	50m	01-03-20	Vila Franca de Xira	395
83.	HERMINIO Clara Sofia	06	CDCP	1:10.70	50m	01-03-20	Vila Franca de Xira	391
84.	FERRO Maria Leonor	06	CNF	1:10.73	50m	22-02-20	Funchal	390
85.	ABREU Ana Rodrigues	06	CNF	1:10.77	50m	28-02-20	Funchal	390
86.	KVAS Patricia Alexandra	06	CCLAMAS	1:10.97	50m	01-02-20	Povoa de Varzim	386
87.	FARIA Laura Pereira	06	JACL	1:11.07	50m	28-02-20	Funchal	385
88.	CALDAS Sara Lagorsse	06	FS	1:11.13	50m	01-03-20	Vila Franca de Xira	384
89.	CANADA Maria Elvira	06	CDN	1:11.21	50m	28-02-20	Funchal	382
90.	FERNANDES Mariana Fontes	06	CCLAMAS	1:11.39	50m	01-02-20	Povoa de Varzim	380
91.	CARVALHO Mariana Coelho	06	CNS	1:11.99	50m	01-03-20	Vila Franca de Xira	370
92.	ROVERI Isabel Vasconcelos	06	CNF	1:12.46	50m	28-02-20	Funchal	363
93.	IVENS Luciana Amorim	06	CNPDL	1:12.64	50m	01-02-20	Povoa de Varzim	360
94.	SILVA Silvana Suamade	06	CDSR	1:12.75	50m	25-01-20	Funchal	359
95.	BAPTISTA Constanca Ornelas	06	CNF	1:12.80	50m	28-02-20	Funchal	358
96.	CARICHAS Joana Medeiros	06	JACL	1:14.25	50m	25-01-20	Funchal	337
97.	COELHO Nicole Nezhurko	06	ACS	1:14.27	50m	13-06-21	Loulé	337
98.	DIAS Monica Fernandes	06	CDSR	1:14.77	50m	28-02-20	Funchal	330
99.	TEMBE Ines Afonso	06	CDN	1:14.85	50m	19-06-21	Funchal	329
100.	SANTOS Rita Mendes	06	GRVM	1:15.17	50m	08-05-21	Coimbra	325

200 Livres

1.	SOARES Miriam Mortagua	06	CGA	2:13.74	50m	06-06-21	Porto	602
2.	FARIA Leonor Verissimo	06	NDAP	2:14.09	50m	30-05-21	Rio Maior	598
3.	CATALAO Leonor Tavares	06	SCP	2:14.39	50m	30-05-21	Rio Maior	594
4.	COSTA Anita Gouveia	06	CAQC	2:14.46	50m	30-05-21	Coimbra	593
5.	COELHO Maria Leonor	06	SLB	2:14.68	50m	30-05-21	Rio Maior	590
6.	TEIXEIRA Ines Correia	06	CNA	2:14.74	50m	29-02-20	Vila Franca de Xira	589
7.	RAMOS Joana Barbas	06	CAPGE	2:15.73	50m	30-05-21	Coimbra	576
8.	PIRES Catarina Gaspar	06	FCP	2:15.75	50m	06-06-21	Porto	576
9.	AMORIM Ines Santos	06	EDV	2:16.80	50m	30-05-21	Coimbra	563
10.	ANTUNES Rebeca Leonor	06	CNCVG	2:17.78	50m	29-02-20	Vila Franca de Xira	551
11.	VALENTE Maria Esteves	06	SLB	2:17.79	50m	30-05-21	Rio Maior	551
12.	PINTO Leonor Filipa	06	FCP	2:17.94	50m	28-03-21	Coimbra	549
13.	GRILO Maria Vitoria	06	FBSC	2:18.17	50m	30-05-21	Coimbra	546
14.	ALVES Maria Madalena	06	ADBA	2:18.32	50m	02-02-20	Povoa de Varzim	544
15.	COSTA Maria Jardim	06	CDN	2:18.40	50m	30-05-21	Rio Maior	543
16.	FERREIRA Maria Neto	06	FBSC	2:18.96	50m	08-02-20	Lisboa	537
17.	GOMES Lia Beatriz	06	VSC	2:19.29	50m	02-02-20	Povoa de Varzim	533
18.	DIAS Madalena Graca	06	CNLX	2:19.30	50m	30-05-21	Rio Maior	533
19.	PEIXOTO Carolina Esteves	06	SCB	2:19.33	50m	06-06-21	Porto	533
20.	PARREIRA Carolina	06	SCP	2:19.45	50m	30-05-21	Rio Maior	531
21.	FROIS Maria Francisca	06	ADBA	2:19.73	50m	28-03-21	Coimbra	528
22.	FERREIRA Francisca Santos	06	SAD	2:19.88	50m	29-02-20	Vila Franca de Xira	526
23.	OLIVEIRA Matilde Fonseca	06	CNMC	2:20.24	50m	24-04-21	Coimbra	522
24.	NOGUEIRA Ines Aires	06	CFP	2:20.33	50m	06-06-21	Porto	521
25.	COSTA Maria Beatriz	06	SCP	2:20.44	50m	29-02-20	Vila Franca de Xira	520
26.	NIZA Beatriz Mocego	06	CNA	2:20.53	50m	29-02-20	Vila Franca de Xira	519
27.	MARTINS Ana Rita	06	FOCA	2:20.63	50m	24-04-21	Coimbra	518
28.	SILVA Beatriz Machado	06	SCB	2:20.91	50m	30-05-21	Coimbra	515
29.	FLORINDO Helena Neto	06	EFC	2:21.01	50m	08-02-20	Lisboa	514
30.	TINOCO Diana Silva	06	SCC	2:21.49	50m	30-05-21	Coimbra	509
31.	NEVES Gabriela Ferreira	06	FOCA	2:21.50	50m	30-05-21	Coimbra	509
32.	BRITES Marta Lopes	06	CNPDL	2:21.62	50m	02-02-20	Povoa de Varzim	507
33.	NEVES Diana Patricia	06	CNH	2:22.05	50m	30-05-21	Rio Maior	503
34.	MENDES Erica Candeias	06	CNA	2:22.41	50m	29-02-20	Vila Franca de Xira	499
35.	BRIZIDA Filipa Roma	06	ADBA	2:22.43	50m	22-02-20	Coimbra	499
36.	CUNHA Ines Santos	06	CAPGE	2:22.87	50m	08-02-20	Lisboa	494
37.	DEUS Ines Portugal	06	CNF	2:23.42	50m	22-02-20	Funchal	488
38.	PARRA Joana Santos	06	CNOL	2:23.44	50m	19-06-21	Loulé	488
39.	MONTEIRO Maria Pinto	06	SFUAP	2:23.60	50m	30-05-21	Rio Maior	487
40.	BELO Catarina Cunha	06	FBSC	2:24.15	50m	08-02-20	Lisboa	481
41.	DOMINGUES Vitoria Cruz	06	CNVA	2:24.36	50m	30-05-21	Coimbra	479
42.	NOVAIS Regina Correia	06	FOCA	2:24.56	50m	30-05-21	Coimbra	477
43.	BARBEITO Laura Espinola	06	NSIT	2:24.57	50m	30-05-21	Rio Maior	477
44.	FERREIRA Maria Joao	06	FOCA	2:24.58	50m	02-02-20	Povoa de Varzim	477
45.	GASPAR Beatriz Andre	06	FBSC	2:24.61	50m	08-05-21	Coimbra	476
46.	DOMINGOS Filipa Ferraz	06	SCP	2:25.22	50m	29-02-20	Vila Franca de Xira	470
47.	FERREIRA Ana Martim	06	LSC	2:25.76	50m	02-02-20	Povoa de Varzim	465
48.	FERNANDES Ines Goncalves	06	CNAB	2:25.86	50m	08-02-20	Lisboa	464
49.	FREITAS Margarida Ramos	06	CDN	2:26.17	50m	22-02-20	Funchal	461
50.	SIMOES Filipa Mendes	06	ADBA	2:26.39	50m	22-02-20	Coimbra	459
51.	MENDES Ines Gomes	06	CAP	2:26.58	50m	30-05-21	Coimbra	457
52.	ALMEIDA Isabel Pires	06	NSIT	2:27.27	50m	30-05-21	Rio Maior	451
53.	HERMINIO Clara Sofia	06	CDCP	2:27.44	50m	29-02-20	Vila Franca de Xira	449

200 Livres (desde 54)

54.	DINIZ Carolina Costa	06	SCP	2:27.91	50m	29-02-20	Vila Franca de Xira	445
55.	SANTOS Marta Silva	06	CNS	2:28.08	50m	29-02-20	Vila Franca de Xira	444
56.	SILVA Rita Borges	06	CNA	2:28.10	50m	29-02-20	Vila Franca de Xira	443
57.	COSTA Catarina Gomes	06	EULX	2:28.19	50m	29-02-20	Vila Franca de Xira	443
58.	LOURA Raquel Maria	06	GCNF	2:28.36	50m	19-06-21	Loulé	441
59.	SILVA Maria Seixeira	06	VNC	2:28.67	50m	02-02-20	Povoa de Varzim	438
60.	RIBAS Ema Monteiro	06	CFP	2:29.10	50m	02-02-20	Povoa de Varzim	435
61.	SILVA Maria Santos	06	CNPO	2:29.14	50m	02-02-20	Povoa de Varzim	434
62.	VARELA Joana Filipa	06	CNAC	2:29.33	50m	22-02-20	Coimbra	433
63.	ZACARIAS Mariana Ramos	06	CNS	2:29.79	50m	29-02-20	Vila Franca de Xira	429
64.	SILVA Silvana Suamade	06	CDSR	2:29.82	50m	25-01-20	Funchal	428
65.	DIAS Ines Alves	06	FBSC	2:29.83	50m	22-02-20	Coimbra	428
66.	DINIS Filipa Paiva	06	ADBA	2:30.05	50m	02-02-20	Povoa de Varzim	426
67.	MAGALHAES Luana Cardoso	06	AHBE	2:30.17	50m	29-02-20	Vila Franca de Xira	425
68.	DIAS Julia Alves	06	CDN	2:30.25	50m	01-03-20	Funchal	425
69.	CAMPOS Iris Castro	06	CNA	2:30.77	50m	29-02-20	Vila Franca de Xira	420
70.	MARTINS Ana Miguel	06	VNC	2:31.29	50m	02-02-20	Povoa de Varzim	416
71.	FREITAS Beatriz Rodrigues	06	CNF	2:32.06	50m	01-03-20	Funchal	410
72.	LOPES Rita Martins	06	AHBE	2:32.08	50m	29-02-20	Vila Franca de Xira	410
73.	PINHO Laura Silva	06	ADS	2:32.78	50m	22-02-20	Coimbra	404
74.	OLIVEIRA Marina Alexandra	06	CNS	2:32.79	50m	29-02-20	Vila Franca de Xira	404
75.	LOPES Mafalda Mourao	06	ADST	2:33.02	50m	29-02-20	Vila Franca de Xira	402
76.	LUIZ Maria Teresa	06	LAGAC	2:33.14	50m	19-06-21	Loulé	401
77.	SERRA Rita Joao	06	VKGS	2:34.13	50m	08-02-20	Lisboa	393
78.	FERRO Maria Leonor	06	CNF	2:34.50	50m	01-03-20	Funchal	391
79.	ABREU Ana Rodrigues	06	CNF	2:34.51	50m	22-02-20	Funchal	390
80.	CANADA Maria Elvira	06	CDN	2:34.59	50m	01-03-20	Funchal	390
81.	PEREIRA Joana Marques	06	JACL	2:37.65	50m	22-02-20	Funchal	368
82.	CALDAS Sara Lagorsse	06	FS	2:38.11	50m	29-02-20	Vila Franca de Xira	364
83.	REBELO Mariana Cunha	06	CNVA	2:39.12	50m	22-02-20	Coimbra	357
84.	BAPTISTA Constanca Ornelas	06	CNF	2:39.92	50m	01-03-20	Funchal	352
85.	COELHO Nicole Nezhurko	06	ACS	2:40.73	50m	19-06-21	Loulé	347
86.	DIAS Monica Fernandes	06	CDSR	2:40.85	50m	01-03-20	Funchal	346
87.	SOUSA Ivana Valentina	06	CDN	2:41.36	50m	01-03-20	Funchal	343
88.	ROVERI Isabel Vasconcelos	06	CNF	2:42.30	50m	01-03-20	Funchal	337
89.	CARICHAS Joana Medeiros	06	JACL	2:42.58	50m	22-02-20	Funchal	335
90.	IVENS Luciana Amorim	06	CNPDL	2:43.94	50m	02-02-20	Povoa de Varzim	327
91.	SOUSA Maria Beatriz	06	CNF	2:49.46	50m	22-02-20	Funchal	296
92.	TEMBE Ines Afonso	06	CDN	2:50.17	50m	01-03-20	Funchal	292
93.	MEDEIROS Madalena Barra	06	GRVM	2:50.44	50m	22-02-20	Coimbra	291
94.	ALVES Mariana Vaz	06	AAC	2:50.76	50m	22-02-20	Coimbra	289
95.	GUEDES Catarina Beatriz	06	ACS	2:51.85	50m	19-06-21	Loulé	284
96.	DIAS Magda Fernandes	06	CDSR	2:55.60	50m	01-03-20	Funchal	266
97.	SANTOS Rita Mendes	06	GRVM	2:58.33	50m	22-02-20	Coimbra	254
98.	FRANCA Maria Carolina	06	ACS	3:00.59	50m	19-06-21	Loulé	244
99.	GONCALVES Madalena Gamei	06	CSAAXXI	3:08.11	50m	22-02-20	Coimbra	216
100.	MIGUEL Rafaela Ferreira	06	CPSPA	3:17.10	50m	22-02-20	Coimbra	188

400 Livres

1.	FARIA Leonor Verissimo	06	NDAP	4:38.67	50m	29-05-21	Rio Maior	610
2.	COELHO Maria Leonor	06	SLB	4:40.20	50m	29-05-21	Rio Maior	600
3.	PIRES Catarina Gaspar	06	FCP	4:41.76	50m	29-05-21	Coimbra	591
4.	DINIS Filipa Paiva	06	ADBA	4:42.13	50m	29-05-21	Rio Maior	588
5.	RAMOS Joana Barbas	06	CAPGE	4:42.77	50m	29-05-21	Coimbra	584
6.	SOARES Miriam Mortagua	06	CGA	4:42.96	50m	29-05-21	Coimbra	583
7.	COSTA Anita Gouveia	06	CAQC	4:45.43	50m	25-04-21	Coimbra	568
8.	PEIXOTO Carolina Esteves	06	SCB	4:45.53	50m	29-05-21	Coimbra	567
9.	FERREIRA Maria Joao	06	FOCA	4:45.58	50m	27-03-21	Coimbra	567
10.	VALENTE Maria Esteves	06	SLB	4:46.19	50m	29-05-21	Rio Maior	564
11.	TEIXEIRA Ines Correia	06	CNA	4:46.88	50m	01-03-20	Vila Franca de Xira	559
12.	FROIS Maria Francisca	06	ADBA	4:46.98	50m	27-03-21	Coimbra	559
13.	LOPES Matilde Nunes	06	SLB	4:47.59	50m	01-03-20	Vila Franca de Xira	555
14.	FERREIRA Maria Neto	06	FBSC	4:47.72	50m	08-05-21	Coimbra	555
15.	AMORIM Ines Santos	06	EDV	4:49.75	50m	29-05-21	Coimbra	543
16.	PINTO Leonor Filipa	06	FCP	4:50.21	50m	05-06-21	Porto	540
17.	ANTUNES Rebeca Leonor	06	SAD	4:50.54	50m	29-05-21	Rio Maior	539
18.	COSTA Daniela Alexandra	06	LSC	4:51.64	50m	29-05-21	Coimbra	533
19.	COSTA Maria Jardim	06	CDN	4:52.16	50m	29-05-21	Rio Maior	530
20.	FLORINDO Helena Neto	06	EFC	4:52.47	50m	09-02-20	Lisboa	528
21.	PARREIRA Carolina	06	SCP	4:52.76	50m	29-05-21	Rio Maior	526
22.	NOGUEIRA Ines Aires	06	CFP	4:52.86	50m	29-05-21	Coimbra	526
23.	MADEIRA Margarida Correia	06	DNMG	4:53.62	50m	29-05-21	Rio Maior	522
24.	TINOCO Diana Silva	06	SCC	4:54.86	50m	29-05-21	Coimbra	515
25.	NIZA Beatriz Mocego	06	CNA	4:55.16	50m	09-02-20	Lisboa	514
26.	BRIZIDA Filipa Roma	06	ADBA	4:55.63	50m	01-02-20	Povoa de Varzim	511
27.	ALVES Maria Madalena	06	ADBA	4:55.67	50m	01-02-20	Povoa de Varzim	511
28.	DOMINGUES Vitoria Cruz	06	CNVA	4:56.08	50m	09-02-20	Lisboa	509
29.	FERREIRA Francisca Santos	06	SAD	4:56.10	50m	09-02-20	Lisboa	509
30.	OLIVEIRA Matilde Fonseca	06	CNMC	4:56.65	50m	29-05-21	Coimbra	506
31.	GOMES Lia Beatriz	06	VSC	4:57.19	50m	01-02-20	Povoa de Varzim	503
32.	CUNHA Ines Santos	06	CAPGE	4:57.50	50m	05-06-21	Porto	502
33.	MENDES Erica Candeias	06	GESL	4:58.01	50m	29-05-21	Rio Maior	499
34.	BERNARDINO Dalila Leal	06	NDAP	4:58.46	50m	29-05-21	Rio Maior	497
35.	BELO Catarina Cunha	06	FBSC	4:58.55	50m	09-02-20	Lisboa	496
36.	ROMAO Ana Teresa	06	LDC	4:58.73	50m	29-05-21	Rio Maior	495
37.	MARTINS Ana Rita	06	FOCA	4:59.14	50m	29-05-21	Coimbra	493
38.	SILVA Beatriz Machado	06	SCB	4:59.30	50m	29-05-21	Coimbra	493
39.	CATALAO Leonor Tavares	06	SCP	5:00.21	50m	01-03-20	Vila Franca de Xira	488
40.	PARRA Joana Santos	06	CNOL	5:01.53	50m	13-06-21	Loulé	482
41.	NEVES Diana Patricia	06	CNH	5:02.04	50m	29-05-21	Rio Maior	479
42.	TRINDADE Constanca Arinto	06	CNAL	5:02.13	50m	29-05-21	Rio Maior	479
43.	ESCOT DELGADO Irene	06	LDC	5:03.75	50m	13-06-21	Loulé	471
44.	FREITAS Margarida Ramos	06	CDN	5:03.89	50m	29-02-20	Funchal	471
45.	SILVA Silvana Suamade	06	CDSR	5:04.49	50m	22-02-20	Funchal	468
46.	MARQUES Margarida Barbara	06	SAD	5:04.52	50m	29-05-21	Rio Maior	468
47.	SERRA Rita Joao	06	VKGS	5:06.78	50m	29-05-21	Rio Maior	457
48.	GARCIA PEREZ Cristina	06	LDC	5:07.09	50m	13-06-21	Loulé	456
49.	SILVA Maria Santos	06	CNPO	5:08.03	50m	01-02-20	Povoa de Varzim	452
50.	VARELA Joana Filipa	06	FBSC	5:09.12	50m	08-05-21	Coimbra	447
51.	DIAS Madalena Graca	06	CNLX	5:09.57	50m	29-05-21	Rio Maior	445
52.	FERRO Maria Leonor	06	CNF	5:09.71	50m	29-05-21	Rio Maior	445
53.	GASPAR Beatriz Andre	06	CNAC	5:09.87	50m	11-01-20	Coimbra	444

400 Livres (desde 54)

53.	FREITAS Beatriz Rodrigues	06	CNF	5:09.87	50m	29-02-20	Funchal	444
55.	LOURA Raquel Maria	06	GCNF	5:10.25	50m	13-06-21	Loulé	442
56.	DEUS Ines Portugal	06	CNF	5:10.48	50m	29-02-20	Funchal	441
57.	SILVA Rita Borges	06	CNA	5:10.74	50m	01-03-20	Vila Franca de Xira	440
58.	CAMPOS Iris Castro	06	CNA	5:11.31	50m	01-03-20	Vila Franca de Xira	438
59.	GRILO Maria Vitoria	06	CNAC	5:11.47	50m	11-01-20	Coimbra	437
60.	DIAS Julia Alves	06	CDN	5:11.48	50m	22-02-20	Funchal	437
61.	HERMINIO Clara Sofia	06	CDCP	5:12.52	50m	01-03-20	Vila Franca de Xira	433
62.	SILVA Ines Gaspar	06	GESL	5:12.86	50m	09-02-20	Lisboa	431
63.	MAGALHAES Maria Joao	06	VSC	5:13.80	50m	01-02-20	Povoa de Varzim	427
64.	SANTOS Marta Silva	06	CNS	5:14.50	50m	01-03-20	Vila Franca de Xira	425
65.	DURO Leonor Santos	06	CNS	5:15.04	50m	01-03-20	Vila Franca de Xira	422
66.	SILVA Maria Seixeira	06	VNC	5:15.75	50m	29-05-21	Coimbra	419
67.	SILVA Mariana Fonseca	06	CAQC	5:16.45	50m	11-01-20	Coimbra	417
68.	ALMEIDA Beatriz Matias	06	LAGAC	5:17.23	50m	13-06-21	Loulé	414
69.	ZACARIAS Mariana Ramos	06	CNS	5:18.05	50m	01-03-20	Vila Franca de Xira	410
70.	JARDIM Lara Filipa	06	CNF	5:22.83	50m	29-02-20	Funchal	392
71.	GUERREIRO Carolina Simoes	06	ABR	5:23.31	50m	13-06-21	Loulé	391
72.	CANADA Maria Elvira	06	CDN	5:25.21	50m	22-02-20	Funchal	384
73.	MEDEIROS Madalena Barra	06	GRVM	5:26.97	50m	11-01-20	Coimbra	378
74.	ABREU Ana Rodrigues	06	CNF	5:27.39	50m	29-02-20	Funchal	376
75.	FARIA Laura Pereira	06	JACL	5:29.58	50m	29-02-20	Funchal	369
76.	CARICHAS Joana Medeiros	06	JACL	5:29.79	50m	29-02-20	Funchal	368
77.	PEREIRA Joana Marques	06	JACL	5:33.18	50m	29-02-20	Funchal	357
78.	BAPTISTA Constanca Ornelas	06	CNF	5:33.94	50m	22-02-20	Funchal	355
79.	LUIZ Maria Teresa	06	LAGAC	5:41.20	50m	13-06-21	Loulé	332
80.	DIAS Monica Fernandes	06	CDSR	5:41.55	50m	29-02-20	Funchal	331
81.	SOUSA Ivana Valentina	06	CDN	5:42.53	50m	22-02-20	Funchal	328
82.	TEMBE Ines Afonso	06	CDN	5:54.97	50m	22-02-20	Funchal	295
83.	ALVES Mariana Vaz	06	AAC	5:59.95	50m	11-01-20	Coimbra	283
84.	ROVERI Isabel Vasconcelos	06	CNF	6:01.15	50m	22-02-20	Funchal	280
85.	SANTOS Rita Mendes	06	GRVM	6:28.68	50m	11-01-20	Coimbra	225

800 Livres

1.	FARIA Leonor Verissimo	06	NDAP	9:28.08	50m	30-05-21	Rio Maior	621
2.	PEIXOTO Carolina Esteves	06	SCB	9:38.29	50m	30-05-21	Coimbra	589
3.	COSTA Anita Gouveia	06	CAQC	9:40.10	50m	24-04-21	Coimbra	583
4.	RAMOS Joana Barbas	06	CAPGE	9:41.10	50m	06-06-21	Porto	580
5.	CATALAO Leonor Tavares	06	SCP	9:42.33	50m	30-05-21	Rio Maior	576
6.	PIRES Catarina Gaspar	06	FCP	9:45.27	50m	30-05-21	Coimbra	568
7.	SOARES Miriam Mortagua	06	CGA	9:49.52	50m	30-05-21	Coimbra	556
8.	COELHO Maria Leonor	06	SLB	9:54.74	50m	30-05-21	Rio Maior	541
9.	VALENTE Maria Esteves	06	SLB	9:55.21	50m	30-05-21	Rio Maior	540
10.	PINTO Leonor Filipa	06	FCP	9:55.35	50m	30-05-21	Coimbra	539
11.	SILVA Ana Francisca	06	CNAL	9:57.29	50m	30-05-21	Rio Maior	534
12.	GASPAR Beatriz Andre	06	FBSC	9:58.09	50m	09-05-21	Coimbra	532
13.	FROIS Maria Francisca	06	ADBA	10:00.07	50m	28-03-21	Coimbra	527
14.	FERREIRA Maria Neto	06	FBSC	10:02.48	50m	09-05-21	Coimbra	520
15.	TEIXEIRA Ines Correia	06	CNA	10:02.86	50m	28-02-20	Vila Franca de Xira	520
16.	FERREIRA Maria Joao	06	FOCA	10:02.98	50m	24-04-21	Coimbra	519
17.	PARREIRA Carolina	06	SCP	10:05.46	50m	30-05-21	Rio Maior	513
18.	OLIVEIRA Matilde Fonseca	06	CNMC	10:11.35	50m	09-05-21	Coimbra	498

800 Livres (desde 19)

19.	NIZA Beatriz Mocego	06	CNA	10:11.50	50m	28-02-20	Vila Franca de Xira	498
20.	NEVES Gabriela Ferreira	06	FOCA	10:12.37	50m	30-05-21	Coimbra	496
21.	TINOCO Diana Silva	06	SCC	10:16.12	50m	09-05-21	Coimbra	487
22.	FLORINDO Helena Neto	06	EFC	10:17.91	50m	30-05-21	Rio Maior	482
23.	SILVA Silvana Suamade	06	CDSR	10:18.16	50m	29-02-20	Funchal	482
24.	SILVA Ines Gaspar	06	GESL	10:20.58	50m	28-02-20	Vila Franca de Xira	476
25.	MENDES Erica Candeias	06	CNA	10:20.74	50m	28-02-20	Vila Franca de Xira	476
26.	NOGUEIRA Ines Aires	06	CFP	10:21.44	50m	30-05-21	Coimbra	474
27.	NEVES Beatriz Silva	06	FBSC	10:21.82	50m	09-05-21	Coimbra	473
28.	DOMINGOS Filipa Ferraz	06	SCP	10:24.52	50m	28-02-20	Vila Franca de Xira	467
29.	PAIS Joana Ventura	06	FBSC	10:25.77	50m	22-02-20	Coimbra	464
30.	MARQUES Margarida Barbara	06	SAD	10:25.85	50m	28-02-20	Vila Franca de Xira	464
31.	PARRA Joana Santos	06	CNOL	10:30.64	50m	20-06-21	Loulé	454
32.	DOMINGUES Vitoria Cruz	06	CNVA	10:31.18	50m	30-05-21	Coimbra	453
33.	BELO Catarina Cunha	06	FBSC	10:31.29	50m	22-02-20	Coimbra	452
34.	FREITAS Margarida Ramos	06	CDN	10:36.03	50m	29-02-20	Funchal	442
35.	HERMINIO Clara Sofia	06	CDCP	10:38.50	50m	28-02-20	Vila Franca de Xira	437
36.	CAMPOS Iris Castro	06	CNA	10:39.85	50m	28-02-20	Vila Franca de Xira	434
37.	FREITAS Beatriz Rodrigues	06	CNF	10:42.02	50m	29-02-20	Funchal	430
38.	SILVA Rita Borges	06	CNA	10:51.81	50m	28-02-20	Vila Franca de Xira	411
39.	SILVA Mariana Fonseca	06	CAQC	10:53.38	50m	22-02-20	Coimbra	408
40.	VARELA Joana Filipa	06	CNAC	10:54.65	50m	22-02-20	Coimbra	406
41.	FERRO Maria Leonor	06	CNF	11:10.27	50m	29-02-20	Funchal	378
42.	DURO Leonor Santos	06	CNS	11:11.05	50m	28-02-20	Vila Franca de Xira	377
43.	COELHO Nicole Nezhurko	06	ACS	11:45.46	50m	20-06-21	Loulé	324

1500 Livres

1.	FARIA Leonor Verissimo	06	NDAP	18:07.75	50m	29-05-21	Rio Maior	605
2.	PEIXOTO Carolina Esteves	06	SCB	18:26.93	50m	29-05-21	Coimbra	575
3.	PIRES Catarina Gaspar	06	FCP	18:35.92	50m	29-05-21	Coimbra	561
4.	COSTA Anita Gouveia	06	CAQC	18:46.64	50m	29-05-21	Coimbra	545
5.	FERREIRA Maria Neto	06	FBSC	19:12.38	50m	09-02-20	Lisboa	509
6.	SILVA Silvana Suamade	06	CDSR	19:45.25	50m	28-02-20	Funchal	468
7.	PARRA Joana Santos	06	CNOL	20:01.05	50m	12-06-21	Loulé	450
8.	CARICHAS Joana Medeiros	06	JACL	21:42.02	50m	28-02-20	Funchal	353
9.	PEREIRA Joana Marques	06	JACL	21:46.65	50m	28-02-20	Funchal	349

50 Costas

1.	CARAPINHA Ariana Bento	06	DNMG	32.26	50m	27-03-21	Coimbra	584
2.	ROMAO Ana Teresa	06	LDC	32.43	50m	25-04-21	Coimbra	575
3.	CAMACHO Carolina Martins	06	SFUAP	32.76	50m	27-03-21	Coimbra	558
4.	COSTA Maria Jardim	06	CDN	32.94	50m	20-06-21	Funchal	549
5.	DINIS Filipa Paiva	06	ADBA	32.96	50m	29-05-21	Rio Maior	548
6.	COSTA Daniela Alexandra	06	LSC	33.32	50m	24-04-21	Coimbra	530
7.	BRITES Marta Lopes	06	CNPDL	33.33	50m	27-03-21	Coimbra	530
8.	FERREIRA Maria Neto	06	FBSC	34.23	50m	24-04-21	Coimbra	489
9.	DIAS Julia Alves	06	CDN	34.75	50m	20-06-21	Funchal	468
10.	FERREIRA Matilde Batista	06	FBSC	35.83	50m	08-05-21	Coimbra	426
11.	LUIZ Maria Teresa	06	LAGAC	35.85	50m	19-06-21	Loulé	426
12.	JARDIM Lara Filipa	06	CNF	35.92	50m	23-02-20	Funchal	423
13.	VARELA Joana Filipa	06	FBSC	36.31	50m	08-05-21	Coimbra	410

50 Costas (desde 14)

14.	ALMEIDA Beatriz Matias	06	LAGAC	36.45	50m	19-06-21	Loulé	405
15.	MEDEIROS Madalena Barra	06	GRVM	36.52	50m	11-01-20	Coimbra	403
16.	FREITAS Margarida Ramos	06	CDN	37.24	50m	20-06-21	Funchal	380
17.	LOURA Raquel Maria	06	GCNF	37.31	50m	19-06-21	Loulé	378
18.	KOZIY Xenia Angelica	06	CAQC	37.46	50m	25-04-21	Coimbra	373
19.	COELHO Nicole Nezhurko	06	ACS	37.74	50m	12-06-21	Loulé	365
20.	CANADA Maria Elvira	06	CDN	37.86	50m	23-02-20	Funchal	361
20.	PARRA Joana Santos	06	CNOL	37.86	50m	12-06-21	Loulé	361
22.	SEQUEIRA Beatriz Meneses	06	CNF	37.91	50m	28-02-20	Funchal	360
23.	BOROZAN Cristina	06	LDC	38.03	50m	19-06-21	Loulé	357
24.	NEVES Beatriz Silva	06	FBSC	38.14	50m	11-01-20	Coimbra	353
25.	GRILO Maria Vitoria	06	CNAC	38.90	50m	11-01-20	Coimbra	333
26.	SOUSA Maria Beatriz	06	CNF	39.66	50m	28-02-20	Funchal	314
27.	GASPAR Beatriz Andre	06	CNAC	40.10	50m	11-01-20	Coimbra	304
28.	ROVERI Isabel Vasconcelos	06	CNF	40.46	50m	28-02-20	Funchal	296
29.	DIAS Monica Fernandes	06	CDSR	40.68	50m	28-02-20	Funchal	291
30.	FRANCA Maria Carolina	06	ACS	40.80	50m	12-06-21	Loulé	289
31.	TEMBE Ines Afonso	06	CDN	42.01	50m	23-02-20	Funchal	264
32.	SANTOS Rita Mendes	06	GRVM	43.49	50m	08-05-21	Coimbra	238
33.	TEIXEIRA Cristina Martins	06	ADC	43.60	50m	23-02-20	Funchal	236
34.	DIAS Magda Fernandes	06	CDSR	44.93	50m	28-02-20	Funchal	216
35.	MIGUEL Rafaela Ferreira	06	CPSPA	49.50	50m	11-01-20	Coimbra	161

100 Costas

1.	CARAPINHA Ariana Bento	06	POR	1:08.03	50m	24-04-21	Coimbra	606
2.	FERREIRA Maria Joao	06	FOCA	1:09.57	50m	30-05-21	Coimbra	566
3.	CAMACHO Carolina Martins	06	SFUAP	1:09.65	50m	28-03-21	Coimbra	564
4.	DINIS Filipa Paiva	06	ADBA	1:10.98	50m	24-04-21	Coimbra	533
5.	ROMAO Ana Teresa	06	LDC	1:11.18	50m	30-05-21	Rio Maior	529
6.	MAGALHAES Luana Cardoso	06	SAD	1:11.40	50m	30-05-21	Rio Maior	524
7.	COSTA Daniela Alexandra	06	LSC	1:11.47	50m	06-06-21	Porto	522
8.	PINTO Leonor Filipa	06	FCP	1:11.93	50m	30-05-21	Coimbra	512
9.	GARCIA PEREZ Cristina	06	LDC	1:12.09	50m	30-05-21	Rio Maior	509
10.	COSTA Maria Jardim	06	CDN	1:12.10	50m	30-05-21	Rio Maior	509
11.	SILVA Ana Francisca	06	CNAL	1:12.74	50m	08-02-20	Lisboa	495
12.	CATALAO Leonor Tavares	06	SCP	1:12.87	50m	08-02-20	Lisboa	493
13.	DIAS Julia Alves	06	CDN	1:12.91	50m	30-05-21	Rio Maior	492
13.	NEVES Diana Patricia	06	CNH	1:12.91	50m	30-05-21	Rio Maior	492
15.	BARBEITO Laura Espinola	06	NSIT	1:13.09	50m	30-05-21	Rio Maior	488
16.	SOUTO Carolina Soares	06	FCP	1:13.20	50m	02-02-20	Povoa de Varzim	486
17.	SOARES Miriam Mortagua	06	CGA	1:14.09	50m	02-02-20	Povoa de Varzim	469
18.	BRITES Marta Lopes	06	CNPDL	1:14.23	50m	02-02-20	Povoa de Varzim	466
19.	JESUS Mariana Teixeira	06	CDE	1:14.25	50m	02-02-20	Povoa de Varzim	466
20.	SILVA Beatriz Machado	06	SCB	1:14.44	50m	30-05-21	Coimbra	462
21.	FERREIRA Maria Neto	06	FBSC	1:14.48	50m	22-02-20	Coimbra	461
22.	ALMEIDA Maria Soares	06	SAD	1:14.76	50m	01-03-20	Vila Franca de Xira	456
23.	RIGOR Maria Miguel	06	VNC	1:14.88	50m	30-05-21	Coimbra	454
24.	SIMOES Filipa Mendes	06	ADBA	1:15.08	50m	12-06-21	Badajoz (ESP)	450
25.	NETO Lara Gomes	06	CAP	1:15.25	50m	30-05-21	Coimbra	447
26.	PINTO Joana Filipa	06	CFP	1:15.53	50m	30-05-21	Coimbra	442
27.	COELHO Maria Leonor	06	SLB	1:15.60	50m	01-03-20	Vila Franca de Xira	441
28.	JARDIM Lara Filipa	06	CNF	1:15.68	50m	30-05-21	Rio Maior	440

100 Costas (desde 29)

29.	GAMA Beatriz Fernandes	06	SCP	1:15.83	50m	01-03-20	Vila Franca de Xira	437
30.	COSTA Maria Beatriz	06	SCP	1:16.07	50m	30-05-21	Rio Maior	433
31.	SILVA Ines Gaspar	06	GESL	1:16.35	50m	01-03-20	Vila Franca de Xira	428
32.	TINOCO Diana Silva	06	SCC	1:16.47	50m	22-02-20	Coimbra	426
33.	DUARTE Laura Leocadio	06	SFGP	1:16.48	50m	30-05-21	Rio Maior	426
34.	MARQUES Margarida Barbara	06	SAD	1:16.49	50m	30-05-21	Rio Maior	426
35.	MEDEIROS Madalena Barra	06	GRVM	1:16.56	50m	22-02-20	Coimbra	425
36.	VARELA Joana Filipa	06	FBSC	1:16.63	50m	09-05-21	Coimbra	424
37.	DIAS Salome Silva	06	CCDSERTA	1:16.82	50m	30-05-21	Rio Maior	420
38.	CARVALHO Mariana Coelho	06	CNS	1:16.87	50m	01-03-20	Vila Franca de Xira	420
39.	DEUS Ines Portugal	06	CNF	1:16.93	50m	29-02-20	Funchal	419
40.	ALVES Maria Madalena	06	ADBA	1:17.30	50m	22-02-20	Coimbra	413
41.	LOURA Raquel Maria	06	GCNF	1:17.46	50m	30-05-21	Rio Maior	410
42.	MARTINS Ana Miguel	06	VNC	1:17.57	50m	30-05-21	Coimbra	408
43.	COSTA Anita Gouveia	06	CAQC	1:17.66	50m	22-02-20	Coimbra	407
44.	SERRA Rita Joao	06	VKGS	1:17.72	50m	08-02-20	Lisboa	406
45.	CUNHA Ines Santos	06	CAPGE	1:17.77	50m	02-02-20	Povoa de Varzim	405
46.	FERREIRA Matilde Batista	06	FBSC	1:17.84	50m	22-02-20	Coimbra	404
47.	OLIVEIRA Matilde Fonseca	06	CNMC	1:17.95	50m	09-05-21	Coimbra	402
48.	TOME Rita Bernardo	06	CNSM	1:18.06	50m	30-05-21	Rio Maior	401
49.	CANADA Maria Elvira	06	CDN	1:18.31	50m	29-02-20	Funchal	397
49.	PARRA Joana Santos	06	CNOL	1:18.31	50m	13-06-21	Loulé	397
51.	PINHO Laura Silva	06	ADS	1:18.57	50m	22-02-20	Coimbra	393
52.	FREITAS Margarida Ramos	06	CDN	1:18.95	50m	19-06-21	Funchal	387
53.	SANTOS Marta Silva	06	CNS	1:19.00	50m	01-03-20	Vila Franca de Xira	386
54.	PEREIRA Sofia Medeiros	06	CNMJ	1:19.48	50m	01-03-20	Vila Franca de Xira	380
55.	MENDES Leonor Roque	06	ADRCIMM	1:19.76	50m	01-03-20	Vila Franca de Xira	376
56.	DINIZ Carolina Costa	06	SCP	1:19.77	50m	01-03-20	Vila Franca de Xira	375
57.	TYMOSH Carina	06	DRCN	1:20.18	50m	01-03-20	Vila Franca de Xira	370
58.	CARICHAS Joana Medeiros	06	JACL	1:20.29	50m	22-02-20	Funchal	368
59.	OLIVEIRA Marina Alexandra	06	CNS	1:20.46	50m	01-03-20	Vila Franca de Xira	366
60.	DIAS Madalena Graca	06	CNLX	1:21.75	50m	01-03-20	Vila Franca de Xira	349
61.	SILVA Maria Santos	06	CNPO	1:22.64	50m	19-12-20	Povoa do Varzim	338
62.	COELHO Nicole Nezhurko	06	ACS	1:22.92	50m	13-06-21	Loulé	334
63.	KURNOSA Eva	06	CPCD	1:23.05	50m	01-03-20	Vila Franca de Xira	333
64.	PEREIRA Joana Marques	06	JACL	1:23.58	50m	29-02-20	Funchal	326
65.	FARIA Laura Pereira	06	JACL	1:23.85	50m	22-02-20	Funchal	323
66.	CALDAS Sara Lagorsse	06	FS	1:23.88	50m	01-03-20	Vila Franca de Xira	323
67.	SOUSA Maria Beatriz	06	CNF	1:24.60	50m	29-02-20	Funchal	315
68.	SOUSA Ivana Valentina	06	CDN	1:24.87	50m	29-02-20	Funchal	312
69.	TEMBE Ines Afonso	06	CDN	1:26.91	50m	19-06-21	Funchal	290
70.	ROVERI Isabel Vasconcelos	06	CNF	1:27.66	50m	22-02-20	Funchal	283
71.	BAPTISTA Constanca Ornelas	06	CNF	1:29.40	50m	22-02-20	Funchal	267
72.	KOZIY Xenia Angelica	06	CAQC	1:30.63	50m	22-02-20	Coimbra	256
73.	FRANCA Maria Carolina	06	ACS	1:36.27	50m	13-06-21	Loulé	213
74.	SANTOS Rita Mendes	06	GRVM	1:39.35	50m	22-02-20	Coimbra	194
75.	MIGUEL Rafaela Ferreira	06	CPSPA	1:43.26	50m	22-02-20	Coimbra	173
76.	MARTINS Beatriz Melo	06	NBM	1:47.50	50m	22-02-20	Coimbra	153
77.	MORAIS Maria Matilde	06	ADADA	2:04.48	50m	26-01-20	Rio Maior	98

200 Costas

1.	CARAPINHA Ariana Bento	06	DNMG	2:26.71	50m	30-05-21	Rio Maior	594
2.	CAMACHO Carolina Martins	06	SFUAP	2:28.96	50m	28-03-21	Coimbra	567
3.	FERREIRA Maria Joao	06	FOCA	2:29.89	50m	30-05-21	Coimbra	557
4.	COSTA Daniela Alexandra	06	LSC	2:31.65	50m	30-05-21	Coimbra	538
5.	MAGALHAES Luana Cardoso	06	AHBE	2:32.78	50m	29-02-20	Vila Franca de Xira	526
6.	SILVA Ana Francisca	06	CNAL	2:32.89	50m	30-05-21	Rio Maior	525
7.	DINIS Filipa Paiva	06	ADBA	2:33.75	50m	28-03-21	Coimbra	516
8.	PINTO Leonor Filipa	06	FCP	2:33.81	50m	30-05-21	Coimbra	515
9.	COSTA Maria Jardim	06	CDN	2:33.97	50m	01-03-20	Funchal	514
10.	FARIA Leonor Verissimo	06	NDAP	2:34.75	50m	30-05-21	Rio Maior	506
11.	GARCIA PEREZ Cristina	06	LDC	2:35.34	50m	30-05-21	Rio Maior	500
12.	ROMAO Ana Teresa	06	LDC	2:36.98	50m	09-02-20	Lisboa	485
13.	RAMOS Joana Barbas	06	CAPGE	2:37.19	50m	30-05-21	Coimbra	483
14.	COELHO Maria Leonor	06	SLB	2:37.84	50m	29-02-20	Vila Franca de Xira	477
15.	PAIS Joana Ventura	06	FBSC	2:38.03	50m	09-02-20	Lisboa	475
16.	RIGOR Maria Miguel	06	VNC	2:38.97	50m	30-05-21	Coimbra	467
17.	SOARES Miriam Mortagua	06	CGA	2:39.00	50m	28-03-21	Coimbra	466
18.	SOUTO Carolina Soares	06	FCP	2:39.13	50m	01-02-20	Povoa de Varzim	465
19.	SILVA Ines Gaspar	06	GESL	2:39.30	50m	29-02-20	Vila Franca de Xira	464
20.	TINOCO Diana Silva	06	SCC	2:39.47	50m	22-02-20	Coimbra	462
21.	SILVA Beatriz Machado	06	SCB	2:39.61	50m	30-05-21	Coimbra	461
22.	PINTO Joana Filipa	06	CFP	2:39.69	50m	30-05-21	Coimbra	460
23.	SILVA Maria Seixeira	06	VNC	2:40.58	50m	01-02-20	Povoa de Varzim	453
24.	BRITES Marta Lopes	06	POR	2:40.63	50m	25-04-21	Coimbra	452
25.	DIAS Julia Alves	06	CDN	2:40.87	50m	30-05-21	Rio Maior	450
26.	ALMEIDA Maria Soares	06	SAD	2:41.04	50m	29-02-20	Vila Franca de Xira	449
27.	NETO Lara Gomes	06	CAP	2:41.31	50m	30-05-21	Coimbra	447
28.	DUARTE Laura Leocadio	06	SFGP	2:42.08	50m	30-05-21	Rio Maior	440
29.	COSTA Anita Gouveia	06	CAQC	2:42.26	50m	22-02-20	Coimbra	439
29.	MARQUES Margarida Barbara	06	SAD	2:42.26	50m	29-02-20	Vila Franca de Xira	439
31.	NEVES Diana Patricia	06	CNH	2:42.30	50m	01-02-20	Povoa de Varzim	438
32.	MARQUES Barbara Nunes	06	CDE	2:42.50	50m	30-05-21	Coimbra	437
33.	BELO Catarina Cunha	06	FBSC	2:42.66	50m	22-02-20	Coimbra	436
34.	FREITAS Margarida Ramos	06	CDN	2:43.79	50m	30-05-21	Rio Maior	427
35.	OLIVEIRA Matilde Fonseca	06	CNMC	2:43.85	50m	09-05-21	Coimbra	426
36.	CARVALHO Mariana Coelho	06	CNS	2:44.13	50m	29-02-20	Vila Franca de Xira	424
37.	FERREIRA Maria Neto	06	FBSC	2:44.22	50m	09-05-21	Coimbra	423
38.	VARELA Joana Filipa	06	FBSC	2:44.24	50m	09-05-21	Coimbra	423
39.	JARDIM Lara Filipa	06	CNF	2:44.37	50m	30-05-21	Rio Maior	422
40.	BROCHADO Mariana Goncalves	06	VNC	2:44.62	50m	30-05-21	Coimbra	420
41.	MARTINS Ana Miguel	06	VNC	2:45.04	50m	30-05-21	Coimbra	417
42.	FERREIRA Matilde Batista	06	FBSC	2:45.37	50m	22-02-20	Coimbra	414
43.	PARRA Joana Santos	06	CNOL	2:45.43	50m	12-06-21	Loulé	414
44.	CUNHA Ines Santos	06	CAPGE	2:46.16	50m	01-02-20	Povoa de Varzim	409
45.	MENDES Ines Gomes	06	CAP	2:46.63	50m	18-01-20	Povoa de Varzim	405
46.	ALVES Maria Madalena	06	ADBA	2:47.64	50m	22-02-20	Coimbra	398
47.	MENDES Erica Candeias	06	CNA	2:47.84	50m	29-02-20	Vila Franca de Xira	396
48.	PEREIRA Sofia Medeiros	06	CNMJ	2:48.09	50m	29-02-20	Vila Franca de Xira	395
49.	CANADA Maria Elvira	06	CDN	2:48.30	50m	01-03-20	Funchal	393
50.	FERREIRA Ana Martim	06	LSC	2:48.63	50m	18-01-20	Povoa de Varzim	391
51.	SANTOS Marta Silva	06	CNS	2:49.15	50m	29-02-20	Vila Franca de Xira	387
52.	LUIZ Maria Teresa	06	LAGAC	2:49.50	50m	12-06-21	Loulé	385
53.	SILVA Maria Santos	06	CNPO	2:50.75	50m	18-01-20	Povoa de Varzim	376

200 Costas (desde 54)

54.	CARICHAS Joana Medeiros	06	JACL	2:51.57	50m	22-02-20	Funchal	371
55.	SILVA Mariana Fonseca	06	CAQC	2:52.18	50m	22-02-20	Coimbra	367
56.	COELHO Nicole Nezhurko	06	ACS	2:54.22	50m	12-06-21	Loulé	354
57.	GASPAR Beatriz Andre	06	CNAC	2:54.27	50m	22-02-20	Coimbra	354
58.	PEREIRA Joana Marques	06	JACL	2:55.34	50m	01-03-20	Funchal	348
59.	SOUSA Maria Beatriz	06	CNF	2:56.82	50m	22-02-20	Funchal	339
60.	FARIA Laura Pereira	06	JACL	2:57.03	50m	01-03-20	Funchal	338
61.	SOUSA Ivana Valentina	06	CDN	2:57.49	50m	01-03-20	Funchal	335
62.	HERMINIO Clara Sofia	06	CDCP	2:58.96	50m	29-02-20	Vila Franca de Xira	327
63.	CHYZH Carina	06	VSC	2:59.42	50m	18-01-20	Povoa de Varzim	324
64.	TEMBE Ines Afonso	06	CDN	3:01.90	50m	19-06-21	Funchal	311
65.	CALDAS Sara Lagorsse	06	FS	3:05.39	50m	29-02-20	Vila Franca de Xira	294
66.	PINTO Carolina Soares	06	CNMAIA	3:14.32	50m	18-01-20	Povoa de Varzim	255
67.	MIGUEL Rafaela Ferreira	06	CPSPA	3:32.95	50m	22-02-20	Coimbra	194

50 Bruços

1.	ANTUNES Rebeca Leonor	06	SAD	35.89	50m	24-04-21	Coimbra	549
2.	JESUS Mariana Teixeira	06	CDE	36.31	50m	29-05-21	Coimbra	530
3.	BELO Catarina Machado	06	BSCN	36.39	50m	29-05-21	Rio Maior	527
4.	CARDOSO Eduarda Oliveira	06	AEJ	36.66	50m	05-06-21	Porto	515
5.	BRIZIDA Filipa Roma	06	ADBA	36.91	50m	29-05-21	Rio Maior	505
6.	BARREIRA Andreia Monteiro	06	CMNPR	36.94	50m	29-05-21	Coimbra	504
7.	MADEIRA Margarida Correia	06	DNMG	37.05	50m	29-05-21	Rio Maior	499
8.	LOPES Matilde Nunes	06	SLB	38.02	50m	28-03-21	Coimbra	462
9.	ALMEIDA Beatriz Matias	06	LAGAC	38.27	50m	13-06-21	Loulé	453
10.	SERRA Rita Joao	06	VKGS	38.45	50m	12-06-21	Badajoz (ESP)	447
11.	CALDES Ana Sofia	06	CEN	39.39	50m	13-06-21	Badajoz (ESP)	415
12.	DEUS Ines Portugal	06	CNF	40.35	50m	23-02-20	Funchal	386
13.	FERREIRA Matilde Batista	06	FBSC	40.78	50m	08-05-21	Coimbra	374
14.	LOURA Raquel Maria	06	GCNF	40.79	50m	13-06-21	Loulé	374
15.	GRILO Maria Vitoria	06	FBSC	41.01	50m	08-05-21	Coimbra	368
16.	PEREIRA Joana Marques	06	JACL	41.75	50m	23-02-20	Funchal	349
17.	SEQUEIRA Beatriz Meneses	06	CNF	42.07	50m	23-02-20	Funchal	341
18.	ABREU Ana Rodrigues	06	CNF	42.37	50m	23-02-20	Funchal	334
19.	GUERREIRO Carolina Simoes	06	ABR	42.49	50m	19-06-21	Loulé	331
20.	BOROZAN Cristina	06	LDC	43.18	50m	19-06-21	Loulé	315
21.	FREITAS Beatriz Rodrigues	06	CNF	43.64	50m	29-02-20	Funchal	305
22.	SILVA Silvana Suamade	06	CDSR	43.65	50m	23-02-20	Funchal	305
23.	GUEDES Catarina Beatriz	06	ACS	44.78	50m	19-06-21	Loulé	283
24.	CARICHAS Joana Medeiros	06	JACL	45.92	50m	23-02-20	Funchal	262
25.	ROVERI Isabel Vasconcelos	06	CNF	46.02	50m	29-02-20	Funchal	260
26.	VARELA Joana Filipa	06	CNAC	46.19	50m	11-01-20	Coimbra	257
27.	SOUSA Maria Beatriz	06	CNF	46.87	50m	29-02-20	Funchal	246
28.	GONCALVES Madalena Gameiro	06	CSAAXXI	47.36	50m	11-01-20	Coimbra	239
29.	MATIAS Anna Margarita	06	ABR	48.85	50m	19-06-21	Loulé	217
30.	MIGUEL Rafaela Ferreira	06	CPSPA	50.42	50m	11-01-20	Coimbra	198
31.	SANTOS Rita Mendes	06	GRVM	52.18	50m	11-01-20	Coimbra	178
32.	SANTOS Lara Sofia	06	GRVM	54.24	50m	11-01-20	Coimbra	159
33.	GASPAR Matilde Lucia	06	APCC	1:06.10	50m	07-12-19	Povoa de Varzim	87

100 Bruços

1.	ANTUNES Rebeca Leonor	06	SAD	1:17.53	50m	30-05-21	Rio Maior	565
2.	JESUS Mariana Teixeira	06	CDE	1:17.91	50m	30-05-21	Coimbra	557
3.	CARAPINHA Ariana Bento	06	DNMG	1:18.75	50m	30-05-21	Rio Maior	540
4.	SILVA Maria Seixeira	06	VNC	1:19.17	50m	30-05-21	Coimbra	531
5.	BELO Catarina Machado	06	BSCN	1:19.80	50m	30-05-21	Rio Maior	519
6.	BARREIRA Andreia Monteiro	06	CMNPR	1:19.99	50m	30-05-21	Coimbra	515
7.	MORAGAS Marta Infante	06	LDC	1:20.43	50m	30-05-21	Rio Maior	506
8.	BRIZIDA Filipa Roma	06	ADBA	1:20.99	50m	13-06-21	Badajoz (ESP)	496
9.	REBELO Mariana Cunha	06	CNVA	1:21.15	50m	30-05-21	Coimbra	493
10.	LOPES Matilde Nunes	06	SLB	1:21.43	50m	28-03-21	Coimbra	488
11.	FERREIRA Francisca Santos	06	SAD	1:21.47	50m	30-05-21	Rio Maior	487
12.	CARDOSO Eduarda Oliveira	06	AEJ	1:21.89	50m	30-05-21	Coimbra	480
13.	SA Madalena Correa	06	GESL	1:22.08	50m	30-05-21	Rio Maior	476
14.	MADEIRA Margarida Correia	06	DNMG	1:22.14	50m	30-05-21	Rio Maior	475
15.	DEUS Ines Portugal	06	CNF	1:23.19	50m	30-05-21	Rio Maior	458
16.	GASPAR Beatriz Andre	06	FBSC	1:23.80	50m	30-05-21	Coimbra	448
17.	ALMEIDA Maria Soares	06	SAD	1:23.82	50m	28-02-20	Vila Franca de Xira	447
18.	ALVES Maria Madalena	06	ADBA	1:24.39	50m	30-05-21	Rio Maior	438
19.	CALDES Ana Sofia	06	CEN	1:24.42	50m	09-02-20	Lisboa	438
19.	COSTA Francisca Vila	06	VNC	1:24.42	50m	30-05-21	Coimbra	438
21.	NETO Lara Gomes	06	CAP	1:25.17	50m	30-05-21	Coimbra	426
22.	SERRA Rita Joao	06	VKGS	1:25.24	50m	30-05-21	Rio Maior	425
23.	FERREIRA Matilde Batista	06	FBSC	1:25.36	50m	09-02-20	Lisboa	424
24.	CABRAL Nuria Costa	06	CDEAP	1:25.42	50m	30-05-21	Rio Maior	423
25.	ALMEIDA Beatriz Matias	06	LAGAC	1:25.66	50m	09-02-20	Lisboa	419
26.	GAMA Beatriz Fernandes	06	SCP	1:25.71	50m	30-05-21	Rio Maior	418
27.	FROIS Maria Francisca	06	ADBA	1:25.81	50m	30-05-21	Rio Maior	417
28.	COELHO Maria Leonor	06	SLB	1:25.87	50m	28-02-20	Vila Franca de Xira	416
29.	RAMOS Joana Barbas	06	CAPGE	1:25.88	50m	02-02-20	Povoa de Varzim	416
30.	COSTA Maria Beatriz	06	SCP	1:26.05	50m	28-02-20	Vila Franca de Xira	413
31.	PEREIRA Matilde Aparicio	06	CNA	1:26.09	50m	28-02-20	Vila Franca de Xira	413
32.	SEQUEIRA Beatriz Meneses	06	CNF	1:26.10	50m	30-05-21	Rio Maior	413
33.	CAMACHO Carolina Martins	06	SFUAP	1:26.41	50m	28-03-21	Coimbra	408
34.	DIAS Salome Silva	06	CCDSERTA	1:26.58	50m	30-05-21	Rio Maior	406
35.	CUNHA Margarida Pinto	06	ADS	1:27.03	50m	30-05-21	Coimbra	400
36.	CRAVEIRO Matilde Neves	06	AAC	1:27.04	50m	11-01-20	Coimbra	399
36.	ALVES Catarina Isabel	06	AMINATA	1:27.04	50m	30-05-21	Rio Maior	399
38.	COSTA Beatriz Portugal	06	SLB	1:27.08	50m	28-02-20	Vila Franca de Xira	399
39.	NOVAIS Regina Correia	06	FOCA	1:27.61	50m	30-05-21	Coimbra	392
40.	ESCOT DELGADO Irene	06	LDC	1:27.63	50m	30-05-21	Rio Maior	391
41.	ZACARIAS Mariana Ramos	06	CNS	1:27.81	50m	28-02-20	Vila Franca de Xira	389
42.	VALENTE Maria Esteves	06	SLB	1:27.90	50m	28-02-20	Vila Franca de Xira	388
43.	BOROZAN Cristina	06	LDC	1:29.65	50m	12-06-21	Loulé	366
44.	TINOCO Diana Silva	06	SCC	1:30.03	50m	11-01-20	Coimbra	361
45.	ABREU Ana Rodrigues	06	CNF	1:31.56	50m	22-02-20	Funchal	343
46.	CORREIA Carolina Filipa	06	GDSE	1:31.63	50m	28-02-20	Vila Franca de Xira	342
47.	TYMOSH Carina	06	DRCN	1:34.17	50m	28-02-20	Vila Franca de Xira	315
48.	VARELA Joana Filipa	06	FBSC	1:35.83	50m	09-05-21	Coimbra	299
49.	DIAS Ines Alves	06	FBSC	1:36.86	50m	11-01-20	Coimbra	290
50.	FARIA Laura Pereira	06	JACL	1:39.36	50m	22-02-20	Funchal	268
51.	GUEDES Catarina Beatriz	06	ACS	1:39.65	50m	12-06-21	Loulé	266
52.	SANTOS Lara Sofia	06	GRVM	1:58.52	50m	09-05-21	Coimbra	158
53.	GASPAR Matilde Lucia	06	APCC	2:11.98	50m	09-05-21	Coimbra	114

200 Bruços

1.	JESUS Mariana Teixeira	06	CDE	2:45.78	50m	24-04-21	Coimbra	590
2.	SILVA Maria Seixeira	06	VNC	2:49.02	50m	30-05-21	Coimbra	557
3.	MADEIRA Margarida Correia	06	DNMG	2:51.74	50m	30-05-21	Rio Maior	531
4.	ANTUNES Rebeca Leonor	06	SAD	2:52.61	50m	30-05-21	Rio Maior	523
5.	BARREIRA Andreia Monteiro	06	CMNPR	2:55.06	50m	30-05-21	Coimbra	501
6.	MORAGAS Marta Infante	06	LDC	2:55.10	50m	30-05-21	Rio Maior	501
7.	BRIZIDA Filipa Roma	06	ADBA	2:55.18	50m	13-06-21	Badajoz (ESP)	500
8.	GASPAR Beatriz Andre	06	FBSC	2:56.02	50m	24-04-21	Coimbra	493
9.	BELO Catarina Machado	06	BSCN	2:56.33	50m	30-05-21	Rio Maior	491
10.	SA Madalena Correa	06	GESL	2:56.44	50m	30-05-21	Rio Maior	490
11.	ALVES Maria Madalena	06	ADBA	2:56.64	50m	30-05-21	Rio Maior	488
12.	LOPES Matilde Nunes	06	SLB	2:56.68	50m	30-05-21	Rio Maior	488
13.	FERREIRA Francisca Santos	06	SAD	2:56.83	50m	30-05-21	Rio Maior	486
14.	REBELO Mariana Cunha	06	CNVA	2:57.23	50m	30-05-21	Coimbra	483
15.	SERRA Rita Joao	06	VKGS	2:57.29	50m	13-06-21	Badajoz (ESP)	483
16.	RAMOS Joana Barbas	06	CAPGE	2:59.33	50m	08-02-20	Lisboa	466
17.	DEUS Ines Portugal	06	CNF	3:00.08	50m	30-05-21	Rio Maior	460
18.	COSTA Francisca Vila	06	VNC	3:01.09	50m	30-05-21	Coimbra	453
19.	CARDOSO Eduarda Oliveira	06	AEJ	3:01.25	50m	30-05-21	Coimbra	452
20.	COSTA Beatriz Portugal	06	SLB	3:01.26	50m	01-03-20	Vila Franca de Xira	452
21.	FERREIRA Matilde Batista	06	FBSC	3:01.45	50m	08-02-20	Lisboa	450
22.	ALMEIDA Maria Soares	06	SAD	3:02.35	50m	08-02-20	Lisboa	443
23.	VALENTE Maria Esteves	06	SLB	3:02.66	50m	08-02-20	Lisboa	441
24.	GAMA Beatriz Fernandes	06	SCP	3:03.54	50m	30-05-21	Rio Maior	435
25.	CUNHA Margarida Pinto	06	ADS	3:05.05	50m	30-05-21	Coimbra	424
26.	CALDES Ana Sofia	06	CEN	3:05.41	50m	13-06-21	Badajoz (ESP)	422
27.	LOURENCO Marta Beatriz	06	AVFC	3:05.73	50m	30-05-21	Coimbra	420
28.	NETO Lara Gomes	06	CAP	3:05.86	50m	01-02-20	Povoa de Varzim	419
29.	ESCOT DELGADO Irene	06	LDC	3:06.10	50m	30-05-21	Rio Maior	417
30.	NEVES Beatriz Silva	06	FBSC	3:06.45	50m	09-05-21	Coimbra	415
31.	SEQUEIRA Beatriz Meneses	06	CNF	3:07.16	50m	30-05-21	Rio Maior	410
32.	DIAS Salome Silva	06	CCDSERTA	3:08.21	50m	30-05-21	Rio Maior	403
33.	DOMINGOS Filipa Ferraz	06	SCP	3:08.43	50m	01-03-20	Vila Franca de Xira	402
34.	PEREIRA Matilde Aparicio	06	CNA	3:09.63	50m	01-03-20	Vila Franca de Xira	394
35.	NOVAIS Regina Correia	06	FOCA	3:10.97	50m	01-02-20	Povoa de Varzim	386
36.	SILVA Silvana Suamade	06	CDSR	3:12.24	50m	01-03-20	Funchal	378
37.	ZACARIAS Mariana Ramos	06	CNS	3:13.20	50m	01-03-20	Vila Franca de Xira	373
38.	SILVA Ines Gaspar	06	GESL	3:13.69	50m	01-03-20	Vila Franca de Xira	370
39.	CORREIA Carolina Filipa	06	GDSE	3:16.27	50m	01-03-20	Vila Franca de Xira	356
40.	ABREU Ana Rodrigues	06	CNF	3:18.28	50m	01-03-20	Funchal	345
41.	OLIVEIRA Marina Alexandra	06	CNS	3:21.41	50m	01-03-20	Vila Franca de Xira	329
42.	OLIVEIRA Matilde Fonseca	06	CNMC	3:22.25	50m	22-02-20	Coimbra	325
43.	DIAS Ines Alves	06	FBSC	3:22.47	50m	22-02-20	Coimbra	324
44.	ALVES Mariana Vaz	06	AAC	3:25.63	50m	22-02-20	Coimbra	309
45.	GUEDES Catarina Beatriz	06	ACS	3:35.66	50m	19-06-21	Loulé	268
46.	GONCALVES Madalena Gamei	06	CSAAXXI	3:49.28	50m	22-02-20	Coimbra	223
47.	MIGUEL Rafaela Ferreira	06	CPSPA	3:57.64	50m	22-02-20	Coimbra	200
48.	SANTOS Lara Sofia	06	GRVM	4:13.38	50m	22-02-20	Coimbra	165
49.	GASPAR Matilde Lucia	06	APCC	4:35.12	50m	09-05-21	Coimbra	129

50 Mariposa

1.	FERREIRA Francisca Santos	06	SAD	29.66	50m	28-03-21	Coimbra	558
2.	CARAPINHA Ariana Bento	06	DNMG	30.28	50m	28-03-21	Coimbra	525
3.	COELHO Maria Leonor	06	SLB	30.83	50m	28-03-21	Coimbra	497
4.	TINOCO Diana Silva	06	SCC	31.55	50m	02-02-20	Povoa de Varzim	464
5.	MORAGAS Marta Infante	06	LDC	31.64	50m	13-06-21	Loulé	460
6.	PIRES Catarina Gaspar	06	FCP	31.71	50m	28-03-21	Coimbra	457
7.	SIMÕES Filipa Mendes	06	ADBA	31.79	50m	12-06-21	Badajoz (ESP)	453
8.	GRILO Maria Vitoria	06	FBSC	31.88	50m	09-05-21	Coimbra	450
9.	NEVES Beatriz Silva	06	FBSC	31.95	50m	28-03-21	Coimbra	447
10.	JARDIM Lara Filipa	06	CNF	32.52	50m	23-02-20	Funchal	423
11.	ALMEIDA Beatriz Matias	06	LAGAC	33.58	50m	13-06-21	Loulé	385
12.	BELO Catarina Cunha	06	FBSC	33.92	50m	11-01-20	Coimbra	373
13.	PAIS Joana Ventura	06	FBSC	34.56	50m	11-01-20	Coimbra	353
14.	GASPAR Beatriz Andre	06	CNAC	34.62	50m	11-01-20	Coimbra	351
15.	SILVA Silvana Suamade	06	CDSR	34.65	50m	23-02-20	Funchal	350
16.	BAPTISTA Constanca Ornelas	06	CNF	35.06	50m	23-02-20	Funchal	338
17.	TEMBE Ines Afonso	06	CDN	35.23	50m	20-06-21	Funchal	333
18.	FARIA Laura Pereira	06	JACL	35.41	50m	23-02-20	Funchal	328
19.	SOUSA Ivana Valentina	06	CDN	35.49	50m	23-02-20	Funchal	326
20.	FERRO Maria Leonor	06	CNF	36.46	50m	23-02-20	Funchal	300
21.	CARICHAS Joana Medeiros	06	JACL	36.76	50m	23-02-20	Funchal	293
22.	LUIZ Maria Teresa	06	LAGAC	37.24	50m	20-06-21	Loulé	282
23.	GUEDES Catarina Beatriz	06	ACS	40.28	50m	13-06-21	Loulé	223

100 Mariposa

1.	FERREIRA Francisca Santos	06	SAD	1:04.91	50m	29-05-21	Rio Maior	624
2.	CATALAO Leonor Tavares	06	SCP	1:05.28	50m	29-05-21	Rio Maior	613
3.	NEVES Gabriela Ferreira	06	FOCA	1:07.95	50m	24-04-21	Coimbra	544
4.	PIRES Catarina Gaspar	06	FCP	1:08.49	50m	29-05-21	Coimbra	531
5.	TINOCO Diana Silva	06	SCC	1:08.51	50m	01-02-20	Povoa de Varzim	531
6.	NEVES Beatriz Silva	06	FBSC	1:08.94	50m	29-05-21	Coimbra	521
7.	BROCHADO Mariana Goncalves	06	VNC	1:09.39	50m	29-05-21	Coimbra	511
8.	SILVA Ana Francisca	06	CNAL	1:09.74	50m	08-02-20	Lisboa	503
9.	BARBEITO Laura Espinola	06	NSIT	1:10.62	50m	29-05-21	Rio Maior	484
10.	SIMÕES Filipa Mendes	06	ADBA	1:10.70	50m	29-05-21	Rio Maior	483
11.	COELHO Maria Leonor	06	SLB	1:12.00	50m	01-03-20	Vila Franca de Xira	457
12.	BUCHA Marta Filipa	06	VS	1:12.03	50m	29-05-21	Rio Maior	456
12.	SA Madalena Correa	06	GESL	1:12.03	50m	29-05-21	Rio Maior	456
14.	NIZA Beatriz Mocego	06	CNA	1:12.19	50m	29-05-21	Rio Maior	453
15.	COSTA Anita Gouveia	06	CAQC	1:13.05	50m	08-05-21	Coimbra	438
16.	ALVES Catarina Isabel	06	AMINATA	1:14.35	50m	29-05-21	Rio Maior	415
17.	PARRA Joana Santos	06	CNOL	1:15.17	50m	12-06-21	Loulé	402
18.	ROMAO Mariana Santos	06	CFV	1:15.23	50m	01-02-20	Povoa de Varzim	401
19.	FERREIRA Matilde Batista	06	FBSC	1:15.36	50m	22-02-20	Coimbra	399
19.	COSTA Catarina Gomes	06	SCP	1:15.36	50m	29-05-21	Rio Maior	399
21.	JARDIM Lara Filipa	06	CNF	1:16.00	50m	29-05-21	Rio Maior	389
22.	GRILO Maria Vitoria	06	FBSC	1:16.07	50m	22-02-20	Coimbra	387
23.	VALENTE Maria Esteves	06	SLB	1:16.52	50m	01-03-20	Vila Franca de Xira	381
24.	GOUVEIA Ana Luisa	06	LSC	1:16.61	50m	01-02-20	Povoa de Varzim	379
25.	ALMEIDA Beatriz Matias	06	LAGAC	1:16.76	50m	12-06-21	Loulé	377
26.	ANTUNES Catarina Lima	06	SCP	1:17.36	50m	01-03-20	Vila Franca de Xira	368
27.	MENDES Leonor Roque	06	ADRCIMM	1:17.78	50m	01-03-20	Vila Franca de Xira	362

100 Mariposa (desde 28)

28.	CAMACHO Carolina Martins	06	SFUAP	1:17.79	50m	01-03-20	Vila Franca de Xira	362
29.	DIAS Julia Alves	06	CDN	1:17.99	50m	19-06-21	Funchal	359
30.	DURO Leonor Santos	06	CNS	1:18.69	50m	01-03-20	Vila Franca de Xira	350
31.	TEMBE Ines Afonso	06	CDN	1:18.85	50m	29-02-20	Funchal	348
32.	SILVA Silvana Suamade	06	CDSR	1:19.28	50m	25-01-20	Funchal	342
33.	FERRO Maria Leonor	06	CNF	1:19.36	50m	22-02-20	Funchal	341
34.	GASPAR Beatriz Andre	06	CNAC	1:19.92	50m	22-02-20	Coimbra	334
35.	SOUSA Ivana Valentina	06	CDN	1:20.19	50m	29-02-20	Funchal	331
36.	CANADA Maria Elvira	06	CDN	1:21.51	50m	29-02-20	Funchal	315
37.	BAPTISTA Constanca Ornelas	06	CNF	1:22.22	50m	29-02-20	Funchal	307
38.	OLIVEIRA Matilde Fonseca	06	CNMC	1:22.25	50m	22-02-20	Coimbra	306
39.	FARIA Laura Pereira	06	JACL	1:22.94	50m	29-02-20	Funchal	299
40.	SILVA Maria Santos	06	CNPO	1:24.79	50m	18-01-20	Povoa de Varzim	280
41.	PEREIRA Joana Marques	06	JACL	1:25.56	50m	29-02-20	Funchal	272
42.	IVENS Luciana Amorim	06	CNPDL	1:26.40	50m	01-02-20	Povoa de Varzim	264
43.	CARICHAS Joana Medeiros	06	JACL	1:28.88	50m	29-02-20	Funchal	243

200 Mariposa

1.	TINOCO Diana Silva	06	SCC	2:27.98	50m	09-02-20	Lisboa	557
2.	NEVES Gabriela Ferreira	06	FOCA	2:30.02	50m	25-04-21	Coimbra	535
3.	SILVA Ana Francisca	06	CNAL	2:30.11	50m	20-12-20	Oeiras	534
4.	NEVES Beatriz Silva	06	FBSC	2:35.38	50m	29-05-21	Coimbra	481
5.	FERREIRA Maria Neto	06	FBSC	2:36.88	50m	09-02-20	Lisboa	468
6.	TRINDADE Constanca Arinto	06	CNAL	2:40.77	50m	29-05-21	Rio Maior	434
7.	BUCHA Marta Filipa	06	VS	2:41.57	50m	29-05-21	Rio Maior	428
8.	BERNARDINO Dalila Leal	06	NDAP	2:42.62	50m	29-05-21	Rio Maior	420
9.	DINIS Filipa Paiva	06	ADBA	2:43.57	50m	22-02-20	Coimbra	412
10.	BROCHADO Mariana Goncalves	06	VNC	2:44.37	50m	29-05-21	Coimbra	406
11.	ROMAO Mariana Santos	06	CFV	2:44.93	50m	02-02-20	Povoa de Varzim	402
12.	NIZA Beatriz Mocego	06	CNA	2:45.01	50m	29-05-21	Rio Maior	402
13.	ANTUNES Catarina Lima	06	SCP	2:50.44	50m	01-03-20	Vila Franca de Xira	365
14.	DIAS Julia Alves	06	CDN	2:50.48	50m	22-02-20	Funchal	364
15.	DURO Leonor Santos	06	CNS	2:53.04	50m	01-03-20	Vila Franca de Xira	348
16.	SILVA Silvana Suamade	06	CDSR	2:55.32	50m	22-02-20	Funchal	335
17.	SOUSA Ivana Valentina	06	CDN	2:55.38	50m	28-02-20	Funchal	335
18.	CUNHA Margarida Pinto	06	ADS	2:59.29	50m	22-02-20	Coimbra	313
19.	JARDIM Lara Filipa	06	CNF	3:00.61	50m	28-02-20	Funchal	306
20.	TEMBE Ines Afonso	06	CDN	3:02.08	50m	28-02-20	Funchal	299
21.	CANADA Maria Elvira	06	CDN	3:05.20	50m	25-01-20	Funchal	284

200 Estilos

1.	CARAPINHA Ariana Bento	06	DNMG	2:27.04	50m	29-05-21	Rio Maior	631
2.	CATALAO Leonor Tavares	06	SCP	2:28.94	50m	29-05-21	Rio Maior	607
3.	PINTO Leonor Filipa	06	FCP	2:31.68	50m	29-05-21	Coimbra	574
4.	FERREIRA Francisca Santos	06	SAD	2:33.25	50m	29-05-21	Rio Maior	557
5.	ANTUNES Rebeca Leonor	06	SAD	2:33.40	50m	29-05-21	Rio Maior	555
6.	SOARES Miriam Mortagua	06	CGA	2:33.83	50m	29-05-21	Coimbra	551
7.	FERREIRA Maria Joao	06	FOCA	2:34.05	50m	29-05-21	Coimbra	548
8.	MORAGAS Marta Infante	06	LDC	2:34.25	50m	29-05-21	Rio Maior	546
9.	COSTA Maria Jardim	06	CDN	2:34.95	50m	22-02-20	Funchal	539
10.	CAMACHO Carolina Martins	06	SFUAP	2:35.09	50m	27-03-21	Coimbra	537

200 Estilos (desde 11)

11.	SA Madalena Correa	06	GESL	2:35.21	50m	29-05-21	Rio Maior	536
12.	FROIS Maria Francisca	06	ADBA	2:35.32	50m	29-05-21	Rio Maior	535
13.	JESUS Mariana Teixeira	06	CDE	2:35.44	50m	29-05-21	Coimbra	534
14.	COSTA Anita Gouveia	06	CAQC	2:35.55	50m	08-05-21	Coimbra	533
15.	VALENTE Maria Esteves	06	SLB	2:35.89	50m	29-05-21	Rio Maior	529
16.	SILVA Maria Seixeira	06	VNC	2:36.13	50m	29-05-21	Coimbra	527
17.	BARREIRA Andreia Monteiro	06	CMNPR	2:36.79	50m	29-05-21	Coimbra	520
18.	COELHO Maria Leonor	06	SLB	2:36.81	50m	08-02-20	Lisboa	520
19.	TINOCO Diana Silva	06	SCC	2:36.90	50m	29-05-21	Coimbra	519
20.	LOPES Matilde Nunes	06	SLB	2:36.99	50m	29-05-21	Rio Maior	518
21.	RAMOS Joana Barbas	06	CAPGE	2:37.05	50m	29-05-21	Coimbra	517
22.	GASPAR Beatriz Andre	06	FBSC	2:38.19	50m	29-05-21	Coimbra	506
23.	PAIS Joana Ventura	06	FBSC	2:38.78	50m	11-01-20	Coimbra	501
24.	FERREIRA Maria Neto	06	FBSC	2:38.93	50m	11-01-20	Coimbra	499
25.	BRITES Marta Lopes	06	POR	2:39.18	50m	24-04-21	Coimbra	497
26.	MADEIRA Margarida Correia	06	DNMG	2:40.14	50m	29-05-21	Rio Maior	488
27.	BELO Catarina Machado	06	BSCN	2:40.22	50m	29-05-21	Rio Maior	487
28.	SIMOES Filipa Mendes	06	ADBA	2:40.31	50m	29-05-21	Rio Maior	486
29.	NEVES Beatriz Silva	06	FBSC	2:40.35	50m	08-05-21	Coimbra	486
30.	OLIVEIRA Matilde Fonseca	06	CNMC	2:40.82	50m	08-05-21	Coimbra	482
31.	ESCOT DELGADO Irene	06	LDC	2:41.25	50m	29-05-21	Rio Maior	478
32.	GAMA Beatriz Fernandes	06	SCP	2:41.53	50m	29-05-21	Rio Maior	475
33.	DIAS Julia Alves	06	CDN	2:41.82	50m	29-05-21	Rio Maior	473
34.	MAGALHAES Luana Cardoso	06	SAD	2:41.92	50m	29-05-21	Rio Maior	472
35.	NETO Lara Gomes	06	CAP	2:42.20	50m	29-05-21	Coimbra	470
36.	NOVAIS Regina Correia	06	FOCA	2:42.44	50m	29-05-21	Coimbra	468
37.	CALDES Ana Sofia	06	CEN	2:42.45	50m	29-05-21	Rio Maior	467
38.	DEUS Ines Portugal	06	CNF	2:42.56	50m	28-02-20	Funchal	466
39.	TASHKULOVA Diana	06	CGA	2:43.62	50m	29-05-21	Coimbra	457
40.	MENDES Ines Gomes	06	CAP	2:44.12	50m	01-02-20	Povoa de Varzim	453
41.	DOMINGOS Filipa Ferraz	06	SCP	2:44.13	50m	01-03-20	Vila Franca de Xira	453
42.	COSTA Francisca Vila	06	VNC	2:44.41	50m	29-05-21	Coimbra	451
43.	BROCHADO Mariana Goncalves	06	VNC	2:44.45	50m	29-05-21	Coimbra	451
44.	BELO Catarina Cunha	06	FBSC	2:44.52	50m	11-01-20	Coimbra	450
45.	BARBEITO Laura Espinola	06	NSIT	2:44.60	50m	08-02-20	Lisboa	449
46.	NEVES Gabriela Ferreira	06	FOCA	2:44.72	50m	01-02-20	Povoa de Varzim	448
47.	SEQUEIRA Beatriz Meneses	06	CNF	2:44.80	50m	28-02-20	Funchal	448
48.	TEIXEIRA Ines Correia	06	CNA	2:45.07	50m	29-05-21	Rio Maior	446
49.	SILVA Silvana Suamade	06	CDSR	2:46.22	50m	22-02-20	Funchal	436
50.	FERREIRA Matilde Batista	06	FBSC	2:46.68	50m	11-01-20	Coimbra	433
51.	COSTA Beatriz Portugal	06	SLB	2:46.97	50m	01-03-20	Vila Franca de Xira	430
52.	RIGOR Maria Miguel	06	VNC	2:47.72	50m	29-05-21	Coimbra	425
53.	ZACARIAS Mariana Ramos	06	CNS	2:47.75	50m	01-03-20	Vila Franca de Xira	424
54.	SILVA Ines Gaspar	06	GESL	2:47.86	50m	01-03-20	Vila Franca de Xira	424
55.	PARRA Joana Santos	06	CNOL	2:49.26	50m	13-06-21	Loulé	413
56.	VARELA Joana Filipa	06	FBSC	2:49.27	50m	08-05-21	Coimbra	413
57.	MENDES Leonor Roque	06	ADRCIMM	2:51.02	50m	01-03-20	Vila Franca de Xira	401
58.	GRILO Maria Vitoria	06	CNAC	2:53.52	50m	11-01-20	Coimbra	383
59.	CARVALHO Mariana Coelho	06	CNS	2:54.66	50m	01-03-20	Vila Franca de Xira	376
60.	SILVA Maria Santos	06	CNPO	2:55.29	50m	19-12-20	Povoa do Varzim	372
61.	PEREIRA Joana Marques	06	JACL	2:55.84	50m	22-02-20	Funchal	368
62.	LOPES Mafalda Mourao	06	ADST	2:57.03	50m	01-03-20	Vila Franca de Xira	361
63.	DIAS Madalena Graca	06	CNLX	2:59.89	50m	01-03-20	Vila Franca de Xira	344

400 Estilos

1.	CARAPINHA Ariana Bento	06	DNMG	5:18.45	50m	27-03-21	Coimbra	585
2.	SILVA Ana Francisca	06	CNAL	5:21.01	50m	29-05-21	Rio Maior	571
3.	FROIS Maria Francisca	06	ADBA	5:21.12	50m	29-05-21	Rio Maior	570
4.	PINTO Leonor Filipa	06	FCP	5:22.85	50m	29-05-21	Coimbra	561
5.	COSTA Anita Gouveia	06	CAQC	5:25.31	50m	29-05-21	Coimbra	548
6.	TINOCO Diana Silva	06	SCC	5:28.56	50m	22-02-20	Coimbra	532
7.	MORAGAS Marta Infante	06	LDC	5:29.41	50m	29-05-21	Rio Maior	528
8.	CAMACHO Carolina Martins	06	SFUAP	5:29.50	50m	09-02-20	Lisboa	528
9.	NEVES Gabriela Ferreira	06	FOCA	5:30.65	50m	29-05-21	Coimbra	522
10.	GASPAR Beatriz Andre	06	FBSC	5:31.16	50m	29-05-21	Coimbra	520
11.	LOPES Matilde Nunes	06	SLB	5:32.44	50m	29-05-21	Rio Maior	514
12.	ALVES Maria Madalena	06	ADBA	5:33.00	50m	29-05-21	Rio Maior	511
13.	NEVES Beatriz Silva	06	FBSC	5:35.81	50m	29-05-21	Coimbra	499
14.	PAIS Joana Ventura	06	FBSC	5:36.10	50m	22-02-20	Coimbra	497
15.	CALDES Ana Sofia	06	CEN	5:37.10	50m	29-05-21	Rio Maior	493
16.	COELHO Maria Leonor	06	SLB	5:38.45	50m	20-12-20	Oeiras	487
17.	NOVAIS Regina Correia	06	FOCA	5:38.75	50m	25-04-21	Coimbra	486
18.	DIAS Julia Alves	06	CDN	5:40.14	50m	29-02-20	Funchal	480
19.	SA Madalena Correa	06	GESL	5:40.53	50m	29-02-20	Vila Franca de Xira	478
20.	MARQUES Barbara Nunes	06	CDE	5:41.26	50m	29-05-21	Coimbra	475
21.	TASHKULOVA Diana	06	CGA	5:41.27	50m	29-05-21	Coimbra	475
22.	ESCOT DELGADO Irene	06	LDC	5:41.90	50m	29-05-21	Rio Maior	472
23.	GAMA Beatriz Fernandes	06	SCP	5:43.88	50m	29-02-20	Vila Franca de Xira	464
24.	SILVA Ines Gaspar	06	GESL	5:45.65	50m	29-02-20	Vila Franca de Xira	457
25.	BROCHADO Mariana Goncalves	06	VNC	5:46.26	50m	29-05-21	Coimbra	455
26.	ALMEIDA Beatriz Matias	06	LAGAC	5:48.43	50m	19-06-21	Loulé	446
27.	COSTA Beatriz Portugal	06	SLB	5:51.09	50m	29-02-20	Vila Franca de Xira	436
28.	SEQUEIRA Beatriz Meneses	06	CNF	5:52.78	50m	29-02-20	Funchal	430
29.	MENDES Leonor Roque	06	ADRCIMM	5:53.32	50m	29-02-20	Vila Franca de Xira	428
30.	SILVA Silvana Suamade	06	CDSR	5:54.59	50m	29-02-20	Funchal	423
31.	DURO Leonor Santos	06	CNS	5:55.39	50m	29-02-20	Vila Franca de Xira	421
32.	VARELA Joana Filipa	06	CNAC	6:04.13	50m	22-02-20	Coimbra	391

50 Livres

1.	FRANCO Catarina Andrade	07	POR	27.92	50m	24-04-21	Coimbra	609
2.	MANO Leonor Mil	07	FBSC	28.64	50m	09-05-21	Coimbra	564
3.	GOMES Barbara Sofia	07	LSC	29.02	50m	24-04-21	Coimbra	542
4.	LOURO Beatriz Silva	07	LDC	29.51	50m	19-06-21	Loulé	516
5.	RODEIA Mariana Figueira	07	GCNF	29.87	50m	19-06-21	Loulé	497
6.	SILVA Carolina Martins	07	CDE	30.18	50m	06-06-21	Porto	482
7.	SILVA Nuria Resende	07	UDO	30.37	50m	06-06-21	Porto	473
8.	ANTONIO Rafaela Mariano	07	PORTIN	30.61	50m	19-06-21	Loulé	462
9.	REBELO Angela Rodrigues	07	ALN	30.73	50m	08-05-21	Coimbra	456
10.	DUARTE Cristiana Sofia	07	GRVM	31.43	50m	09-05-21	Coimbra	427
11.	GONCALVES Valentina Jose	07	CDN	31.65	50m	20-06-21	Funchal	418
12.	OLIVEIRA Raquel Grilo	07	LAGAC	32.00	50m	19-06-21	Loulé	404
13.	BILETSKA Carolina Diana	07	FCF	32.12	50m	12-06-21	Loulé	400
14.	CUSTODIO Daniela Ferreira	07	PORTIN	32.25	50m	12-06-21	Loulé	395
15.	CERQUEIRA Ana Margarida	07	LDC	32.83	50m	19-06-21	Loulé	374
16.	MOREIRA Laura Figueiredo	07	ACS	33.49	50m	12-06-21	Loulé	353
17.	VIEIRA Beatriz Carlos	07	GCNF	33.50	50m	19-06-21	Loulé	352
18.	PEREIRA Ariana Lara	07	GCNF	33.68	50m	12-06-21	Loulé	347
19.	LOBOVA Sofia	07	PORTIN	33.79	50m	19-06-21	Loulé	343
20.	FIGUEIRA Madalena Leonor	07	CNF	33.90	50m	23-02-20	Funchal	340
21.	WERUM Mia Alena	07	LAGAC	34.03	50m	12-06-21	Loulé	336
22.	RODRIGUES Mafalda Maria	07	ACS	34.32	50m	12-06-21	Loulé	328
23.	FREITAS Maria Raquel	07	CNF	35.51	50m	23-02-20	Funchal	296
24.	RASCAO Maria Costeira	07	JFP	36.72	50m	11-01-20	Coimbra	267
25.	LOUREIRO Barbara Ribeiro	07	PORTIN	36.99	50m	12-06-21	Loulé	262
26.	OLIVEIRA Joana Gomes	07	GCF	37.04	50m	11-01-20	Coimbra	260
27.	SANTOS Beatriz Isabel	07	CNOL	37.20	50m	12-06-21	Loulé	257
28.	RODRIGUES Luna Almeida	07	SCC	37.68	50m	11-01-20	Coimbra	247
29.	LIMA Rafaela Camara	07	CDN	38.19	50m	20-06-21	Funchal	238
30.	ARTIGAS Valeria Aguiar	07	CNF	41.08	50m	23-02-20	Funchal	191
31.	ALVES Beatriz Abreu	07	CNF	41.32	50m	23-02-20	Funchal	187
32.	RODRIGUES Ines Costa	07	CDN	44.06	50m	23-02-20	Funchal	155

100 Livres

1.	FRANCO Catarina Andrade	07	POR	59.90	50m	25-04-21	Coimbra	643
2.	MANO Leonor Mil	07	FBSC	1:00.92	50m	29-05-21	Coimbra	611
3.	VIEIRA Ana Beatriz	07	FOCA	1:01.87	50m	25-04-21	Coimbra	583
4.	MESQUITA Mafalda Martins	07	GDNFAMA	1:02.11	50m	29-05-21	Coimbra	577
5.	GOMES Barbara Sofia	07	LSC	1:02.20	50m	29-05-21	Coimbra	574
6.	ALMEIDA Bianca Filipa	07	CSAAXXI	1:02.76	50m	05-06-21	Porto	559
7.	LOURO Beatriz Silva	07	LDC	1:02.80	50m	29-05-21	Rio Maior	558
8.	RODRIGUES Leonor Carreiro	07	SLB	1:03.39	50m	29-05-21	Rio Maior	542
9.	RODEIA Mariana Figueira	07	GCNF	1:03.84	50m	29-05-21	Rio Maior	531
10.	SILVA Carolina Martins	07	CDE	1:04.98	50m	29-05-21	Coimbra	503
11.	ALMEIDA Vanessa Liliana	07	ADBA	1:05.69	50m	29-05-21	Rio Maior	487
12.	ANTONIO Rafaela Mariano	07	PORTIN	1:05.78	50m	13-06-21	Loulé	485
13.	ALVES Sara Sofia	07	CNS	1:05.98	50m	29-05-21	Rio Maior	481
14.	FERRARI Maria Carlotta	07	GESL	1:06.16	50m	29-05-21	Rio Maior	477
15.	MACEDO Laura Pinheiro	07	ANAR	1:06.33	50m	29-05-21	Rio Maior	473
16.	SIMOES Ana Madalena	07	GESL	1:06.44	50m	29-05-21	Rio Maior	471
17.	PEREIRA Beatriz Azevedo	07	CCLAMAS	1:06.57	50m	29-05-21	Coimbra	468

100 Livres (desde 18)

18.	MARQUES Gabriela Silva	07	SCB	1:06.96	50m	29-05-21	Coimbra	460
19.	SANTOS Leonor Costa	07	CGA	1:07.14	50m	29-05-21	Coimbra	456
20.	JORGE Luisa Ponte	07	SFUAP	1:07.17	50m	29-05-21	Rio Maior	456
21.	REBELO Mafalda Guimaraes	07	CFP	1:07.53	50m	29-05-21	Coimbra	448
22.	GONCALVES Valentina Jose	07	CDN	1:07.80	50m	29-05-21	Rio Maior	443
23.	NUNES Marta Filipa	07	CNCA	1:07.94	50m	29-05-21	Rio Maior	440
24.	TSHESNOVSKA Anastacia	07	SCP	1:08.11	50m	29-05-21	Rio Maior	437
25.	COELHO Lara Raquel	07	NSIT	1:08.37	50m	29-05-21	Rio Maior	432
26.	MIDOES Madalena Maria	07	AVQA	1:08.48	50m	29-05-21	Rio Maior	430
27.	CACHACO Beatriz Heitor	07	GESL	1:08.55	50m	29-05-21	Rio Maior	429
28.	RODRIGUES Maria Leonor	07	FS	1:08.57	50m	29-05-21	Rio Maior	428
29.	PINTO Mariana Alexandra	07	SCB	1:08.75	50m	29-05-21	Coimbra	425
30.	ALMEIDA Mariana Marques	07	AAC	1:09.55	50m	08-05-21	Coimbra	410
31.	FRAZAO Laura Calheiros	07	CNRM	1:09.67	50m	29-05-21	Rio Maior	408
32.	RODRIGUES Laura Sofia	07	JACL	1:10.80	50m	22-02-20	Funchal	389
33.	NETO Leonor Rodrigues	07	CNF	1:11.61	50m	22-02-20	Funchal	376
34.	BILETSKA Carolina Diana	07	FCF	1:11.77	50m	13-06-21	Loulé	374
35.	DUARTE Cristiana Sofia	07	GRVM	1:12.27	50m	08-05-21	Coimbra	366
36.	CUSTODIO Daniela Ferreira	07	PORTIN	1:13.16	50m	13-06-21	Loulé	353
37.	RODRIGUES Luna Almeida	07	SCC	1:13.55	50m	08-05-21	Coimbra	347
38.	OLIVEIRA Raquel Grilo	07	LAGAC	1:13.69	50m	13-06-21	Loulé	345
39.	DIOGO Ines Miranda	07	FBSC	1:14.65	50m	22-02-20	Coimbra	332
40.	JOMIR Patricia	07	ABR	1:14.74	50m	13-06-21	Loulé	331
41.	SILVA Matilde Vale	07	CNPO	1:14.80	50m	19-12-20	Povoa do Varzim	330
41.	WERUM Mia Alena	07	LAGAC	1:14.80	50m	13-06-21	Loulé	330
43.	RODRIGUES Filipa Silva	07	CNPO	1:14.85	50m	19-12-20	Povoa do Varzim	329
44.	SILVA Isis Filipa	07	ACS	1:14.89	50m	13-06-21	Loulé	329
45.	MATEUS Clarisse Vieira	07	CDN	1:14.93	50m	19-06-21	Funchal	328
46.	MATOS Beatriz Costa	07	FBSC	1:15.00	50m	08-05-21	Coimbra	327
47.	PIMENTA Francisca Soares	07	CNPO	1:16.32	50m	19-12-20	Povoa do Varzim	311
48.	FIGUEIRA Madalena Leonor	07	CNF	1:16.89	50m	22-02-20	Funchal	304
49.	PEREIRA Ariana Lara	07	GCMF	1:17.41	50m	13-06-21	Loulé	298
50.	MOREIRA Laura Figueiredo	07	ACS	1:17.46	50m	13-06-21	Loulé	297
51.	SANTOS Lara Carvalho	07	CNAC	1:18.29	50m	08-05-21	Coimbra	288
52.	RODRIGUES Mafalda Maria	07	ACS	1:18.77	50m	13-06-21	Loulé	282
53.	SANTOS Beatriz Isabel	07	CNOL	1:18.94	50m	13-06-21	Loulé	281
54.	LOUREIRO Barbara Ribeiro	07	PORTIN	1:19.37	50m	13-06-21	Loulé	276
55.	FREITAS Maria Raquel	07	CNF	1:19.86	50m	28-02-20	Funchal	271
56.	ANJO Leonor Ferreira	07	CNPO	1:20.45	50m	19-12-20	Povoa do Varzim	265
57.	TEMTEM Sara Maria	07	CDN	1:21.12	50m	22-02-20	Funchal	259
58.	ERRA Clara Patricia	07	JACL	1:26.34	50m	28-02-20	Funchal	214
59.	RONDON Maria Victoria	07	CSM	1:29.07	50m	22-02-20	Funchal	195
60.	RODRIGUES Ines Costa	07	CDN	1:33.91	50m	28-02-20	Funchal	166
61.	GOUVEIA Ines Mendes	07	JACL	1:34.44	50m	28-02-20	Funchal	164
62.	ALVES Beatriz Abreu	07	CNF	1:37.80	50m	22-02-20	Funchal	147
63.	FIGUEIRA Maria Joao	07	ADG	1:38.85	50m	25-01-20	Funchal	143
64.	ARTIGAS Valeria Aguiar	07	CNF	1:38.97	50m	22-02-20	Funchal	142
65.	RINCU Alexandra	07	CNF	1:47.27	50m	22-02-20	Funchal	112

200 Livres

1.	FRANCO Catarina Andrade	07	GESL	2:12.82	50m	30-05-21	Rio Maior	615
2.	VIEIRA Ana Beatriz	07	FOCA	2:15.56	50m	06-06-21	Porto	578
3.	MESQUITA Mafalda Martins	07	GDNFAMA	2:15.74	50m	30-05-21	Coimbra	576
4.	MANO Leonor Mil	07	FBSC	2:15.84	50m	30-05-21	Coimbra	575
5.	ALMEIDA Bianca Filipa	07	CSAAXXI	2:15.95	50m	06-06-21	Porto	573
6.	GOMES Barbara Sofia	07	LSC	2:16.49	50m	30-05-21	Coimbra	567
7.	ALMEIDA Maria Emilia	07	CGA	2:17.73	50m	28-03-21	Coimbra	551
8.	LOURO Beatriz Silva	07	LDC	2:18.93	50m	30-05-21	Rio Maior	537
9.	PARENTE Leonor Peso	07	PDEM	2:19.87	50m	30-05-21	Rio Maior	527
10.	RODRIGUES Leonor Carreiro	07	SLB	2:20.72	50m	30-05-21	Rio Maior	517
11.	AGUILAR Marta Andre	07	FBSC	2:21.34	50m	09-05-21	Coimbra	510
12.	RODEIA Mariana Figueira	07	GCNF	2:21.86	50m	30-05-21	Rio Maior	505
13.	SIMOES Dania Rodrigues	07	ALN	2:21.87	50m	08-05-21	Coimbra	505
14.	PIRES Teresa Joao	07	SAD	2:23.16	50m	30-05-21	Rio Maior	491
15.	CAMARA Ines Cruz	07	CDN	2:23.37	50m	30-05-21	Rio Maior	489
16.	CABRAL Carolina Vizinho	07	CNVA	2:23.97	50m	30-05-21	Coimbra	483
17.	PINA Laura Almeida	07	CRASTO	2:24.39	50m	30-05-21	Coimbra	479
18.	ALMEIDA Vanessa Liliana	07	ADBA	2:24.42	50m	30-05-21	Rio Maior	478
19.	MALFEITO Maria Francisca	07	CNLX	2:24.46	50m	30-05-21	Rio Maior	478
20.	SILVA Carolina Martins	07	CDE	2:25.15	50m	30-05-21	Coimbra	471
21.	GONCALVES Valentina Jose	07	CDN	2:25.36	50m	19-06-21	Funchal	469
22.	SIMOES Ana Madalena	07	GESL	2:26.23	50m	30-05-21	Rio Maior	461
23.	VIANA Matilde Violante	07	ADBA	2:27.16	50m	12-06-21	Badajoz (ESP)	452
24.	JORGE Luisa Ponte	07	SFUAP	2:27.21	50m	30-05-21	Rio Maior	452
25.	MARQUES Gabriela Silva	07	SCB	2:27.25	50m	30-05-21	Coimbra	451
26.	ALVES Sara Sofia	07	CNS	2:27.58	50m	30-05-21	Rio Maior	448
27.	SIMAO Laura Roque	07	DNMG	2:27.91	50m	30-05-21	Rio Maior	445
28.	SANTOS Leonor Costa	07	CGA	2:28.07	50m	30-05-21	Coimbra	444
29.	RODRIGUES Maria Leonor	07	FS	2:28.52	50m	30-05-21	Rio Maior	440
30.	GOMES Rita Cunha	07	VNC	2:28.90	50m	30-05-21	Coimbra	436
31.	SOUSA Maria Rita	07	EDV	2:29.44	50m	30-05-21	Coimbra	432
32.	MIDOES Madalena Maria	07	AVQA	2:29.57	50m	30-05-21	Rio Maior	430
33.	REBELO Angela Rodrigues	07	ALN	2:31.81	50m	22-02-20	Coimbra	412
34.	JOMIR Patricia	07	ABR	2:37.98	50m	19-06-21	Loulé	365
35.	RODRIGUES Luna Almeida	07	SCC	2:39.12	50m	09-05-21	Coimbra	357
36.	OLIVEIRA Raquel Grilo	07	LAGAC	2:39.52	50m	19-06-21	Loulé	355
37.	DIOGO Ines Miranda	07	FBSC	2:39.53	50m	22-02-20	Coimbra	355
38.	SILVA Isis Filipa	07	ACS	2:39.84	50m	19-06-21	Loulé	353
39.	SANTOS Lara Carvalho	07	CNAC	2:40.06	50m	22-02-20	Coimbra	351
40.	NETO Leonor Rodrigues	07	CNF	2:40.22	50m	01-03-20	Funchal	350
41.	BILETSKA Carolina Diana	07	FCF	2:40.35	50m	19-06-21	Loulé	349
42.	DRENTJE Julia Norte	07	LDC	2:41.54	50m	19-06-21	Loulé	342
43.	PEREIRA Ariana Lara	07	GCNF	2:41.98	50m	19-06-21	Loulé	339
44.	CERQUEIRA Ana Margarida	07	LDC	2:41.99	50m	19-06-21	Loulé	339
45.	WERUM Mia Alena	07	LAGAC	2:42.44	50m	19-06-21	Loulé	336
46.	MOREIRA Laura Figueiredo	07	ACS	2:43.16	50m	19-06-21	Loulé	332
47.	MATOS Beatriz Costa	07	FBSC	2:44.72	50m	09-05-21	Coimbra	322
48.	MATEUS Clarisse Vieira	07	CDN	2:44.76	50m	19-06-21	Funchal	322
49.	SILVA Eduarda Costa	07	ADBA	2:44.91	50m	12-06-21	Badajoz (ESP)	321
50.	SANTOS Beatriz Isabel	07	CNOL	2:45.03	50m	19-06-21	Loulé	320
51.	FERNANDES Maria Ines	07	FBSC	2:45.22	50m	22-02-20	Coimbra	319
52.	PIMENTA Francisca Soares	07	CNPO	2:48.64	50m	18-01-20	Povoa de Varzim	300
53.	LOUREIRO Barbara Ribeiro	07	PORTIN	2:49.17	50m	19-06-21	Loulé	297

200 Livres (desde 54)

54.	TEMTEM Sara Maria	07	CDN	2:49.87	50m	01-03-20	Funchal	294
55.	FIGUEIRA Madalena Leonor	07	CNF	2:50.02	50m	22-02-20	Funchal	293
56.	SILVA Matilde Vale	07	CNPO	2:50.73	50m	18-01-20	Povoa de Varzim	289
57.	COSTA Matilde Rodrigues	07	CPSPA	2:59.16	50m	22-02-20	Coimbra	250
58.	RODRIGUES Mafalda Maria	07	ACS	2:59.49	50m	19-06-21	Loulé	249
59.	OLIVEIRA Joana Gomes	07	GCF	2:59.97	50m	22-02-20	Coimbra	247
60.	FREITAS Maria Raquel	07	CNF	3:00.82	50m	22-02-20	Funchal	243
61.	MONTEIRO Ines Filipa	07	CSAAXXI	3:04.48	50m	22-02-20	Coimbra	229
62.	RODRIGUES Beatriz Mendes	07	CNF	3:05.20	50m	01-03-20	Funchal	227
63.	RODRIGUES Ines Costa	07	CDN	3:22.56	50m	01-03-20	Funchal	173
64.	ERRA Clara Patricia	07	JACL	3:22.61	50m	25-01-20	Funchal	173
65.	RONDON Maria Victoria	07	CSM	3:29.50	50m	25-01-20	Funchal	156

400 Livres

1.	AGUILAR Marta Andre	07	FBSC	4:43.70	50m	29-05-21	Coimbra	579
2.	ALMEIDA Bianca Filipa	07	CSAAXXI	4:44.80	50m	29-05-21	Coimbra	572
3.	ALMEIDA Maria Emilia	07	CGA	4:44.95	50m	29-05-21	Coimbra	571
4.	FRANCO Catarina Andrade	07	GESL	4:46.35	50m	29-05-21	Rio Maior	563
5.	VIEIRA Ana Beatriz	07	FOCA	4:47.59	50m	29-05-21	Coimbra	555
6.	MANO Leonor Mil	07	FBSC	4:48.93	50m	29-05-21	Coimbra	548
7.	GOMES Barbara Sofia	07	LSC	4:51.55	50m	29-05-21	Coimbra	533
8.	RODRIGUES Leonor Carreiro	07	SLB	4:55.59	50m	29-05-21	Rio Maior	511
9.	SIMOES Dania Rodrigues	07	ALN	4:59.35	50m	08-05-21	Coimbra	492
10.	VIANA Matilde Violante	07	ADBA	5:02.44	50m	29-05-21	Rio Maior	477
11.	CAMARA Ines Cruz	07	CDN	5:05.07	50m	29-05-21	Rio Maior	465
12.	SIMAO Laura Roque	07	DNMG	5:05.26	50m	29-05-21	Rio Maior	464
13.	PINA Laura Almeida	07	CRASTO	5:05.45	50m	11-01-20	Coimbra	463
14.	MACEDO Laura Pinheiro	07	ANAR	5:05.87	50m	29-05-21	Rio Maior	462
15.	ALVES Sara Sofia	07	CNS	5:06.77	50m	29-05-21	Rio Maior	457
16.	ALMEIDA Vanessa Liliana	07	ADBA	5:07.06	50m	29-05-21	Rio Maior	456
17.	GOMES Rita Cunha	07	VNC	5:09.48	50m	29-05-21	Coimbra	446
18.	MIDOES Madalena Maria	07	AVQA	5:09.52	50m	29-05-21	Rio Maior	445
19.	SANTOS Rita Machita	07	CNS	5:09.83	50m	29-05-21	Rio Maior	444
20.	RODEIA Mariana Figueira	07	GCNF	5:10.45	50m	13-06-21	Loulé	441
21.	SANTOS Leonor Costa	07	CGA	5:10.51	50m	29-05-21	Coimbra	441
22.	RODRIGUES Catarina Ferreira	07	GESL	5:11.59	50m	29-05-21	Rio Maior	437
23.	ESTEVES Maria Leonor	07	DNMG	5:16.00	50m	29-05-21	Rio Maior	418
24.	RODRIGUES Laura Sofia	07	JACL	5:17.79	50m	22-02-20	Funchal	411
25.	GONCALVES Valentina Jose	07	CDN	5:19.66	50m	29-05-21	Rio Maior	404
26.	GUERREIRO Leonor Faisca	07	LDC	5:23.60	50m	13-06-21	Loulé	390
27.	REBELO Angela Rodrigues	07	ALN	5:25.44	50m	11-01-20	Coimbra	383
28.	CERQUEIRA Ana Margarida	07	LDC	5:26.83	50m	13-06-21	Loulé	378
29.	RODRIGUES Luna Almeida	07	SCC	5:28.05	50m	08-05-21	Coimbra	374
30.	DIOGO Ines Miranda	07	FBSC	5:35.15	50m	11-01-20	Coimbra	351
31.	NETO Leonor Rodrigues	07	CNF	5:35.17	50m	22-02-20	Funchal	351
32.	CRUZ Joana Calado	07	FBSC	5:38.67	50m	11-01-20	Coimbra	340
33.	PEREIRA Ariana Lara	07	GCNF	5:41.37	50m	13-06-21	Loulé	332
34.	SANTOS Lara Carvalho	07	CNAC	5:41.75	50m	11-01-20	Coimbra	331
35.	FERNANDES Maria Ines	07	FBSC	5:42.24	50m	11-01-20	Coimbra	329
36.	MATEUS Clarisse Vieira	07	CDN	5:42.88	50m	22-02-20	Funchal	327
37.	SILVA Matilde Vale	07	CNPO	5:45.20	50m	19-12-20	Povoa do Varzim	321
38.	PIMENTA Francisca Soares	07	CNPO	5:45.73	50m	19-12-20	Povoa do Varzim	319

400 Livres (desde 39)

39.	SANTOS Beatriz Isabel	07	CNOL	5:48.04	50m	13-06-21	Loulé	313
40.	WERUM Mia Alena	07	LAGAC	5:49.67	50m	13-06-21	Loulé	309
41.	DUARTE Cristiana Sofia	07	GRVM	5:52.38	50m	11-01-20	Coimbra	302
42.	FIGUEIRA Madalena Leonor	07	CNF	5:58.76	50m	29-02-20	Funchal	286
43.	TEMTEM Sara Maria	07	CDN	6:01.97	50m	22-02-20	Funchal	278
44.	MATOS Beatriz Costa	07	FBSC	6:34.15	50m	11-01-20	Coimbra	215
45.	ERRA Clara Patricia	07	JACL	6:57.47	50m	22-02-20	Funchal	181
46.	RODRIGUES Ines Costa	07	CDN	7:08.87	50m	22-02-20	Funchal	167

800 Livres

1.	AGUILAR Marta Andre	07	FBSC	9:43.35	50m	30-05-21	Coimbra	573
2.	ALMEIDA Maria Emilia	07	CGA	9:49.94	50m	30-05-21	Coimbra	554
3.	ALMEIDA Bianca Filipa	07	CSAAXI	9:57.22	50m	30-05-21	Coimbra	534
4.	PINTO Margarida Vieira	07	SCB	10:06.82	50m	30-05-21	Coimbra	509
5.	LOURO Beatriz Silva	07	LDC	10:09.60	50m	20-06-21	Loulé	502
6.	VIEIRA Ana Beatriz	07	FOCA	10:10.40	50m	30-05-21	Coimbra	500
7.	VIANA Matilde Violante	07	ADBA	10:13.55	50m	30-05-21	Rio Maior	493
8.	MANO Leonor Mil	07	FBSC	10:21.34	50m	22-02-20	Coimbra	474
9.	SIMAO Laura Roque	07	DNMG	10:22.15	50m	30-05-21	Rio Maior	473
10.	MACEDO Laura Pinheiro	07	ANAR	10:33.18	50m	30-05-21	Rio Maior	448
11.	SANTOS Leonor Costa	07	CGA	10:33.87	50m	30-05-21	Coimbra	447
12.	SIMOES Dania Rodrigues	07	ALN	10:41.77	50m	22-02-20	Coimbra	431
13.	CABRAL Carolina Vizinho	07	CNVA	10:43.02	50m	30-05-21	Coimbra	428
14.	ALVES Sara Sofia	07	CNS	10:44.59	50m	30-05-21	Rio Maior	425
15.	GOMES Rita Cunha	07	VNC	10:47.66	50m	30-05-21	Coimbra	419
16.	CAMARA Ines Cruz	07	CDN	10:53.63	50m	29-02-20	Funchal	408
17.	RODRIGUES Laura Sofia	07	JACL	11:01.00	50m	29-02-20	Funchal	394
18.	OLIVEIRA Margarida Gomes	07	CRASTO	11:02.25	50m	30-05-21	Coimbra	392
19.	RODRIGUES Luna Almeida	07	SCC	11:18.97	50m	09-05-21	Coimbra	364
20.	CERQUEIRA Ana Margarida	07	LDC	11:27.25	50m	20-06-21	Loulé	351
21.	BILETSKA Carolina Diana	07	FCF	11:42.91	50m	20-06-21	Loulé	328
22.	MATEUS Clarisse Vieira	07	CDN	11:51.43	50m	29-02-20	Funchal	316
23.	MOREIRA Laura Figueiredo	07	ACS	11:53.21	50m	20-06-21	Loulé	314
24.	WERUM Mia Alena	07	LAGAC	11:56.23	50m	20-06-21	Loulé	310
25.	SILVA Isis Filipa	07	ACS	12:01.38	50m	20-06-21	Loulé	303
26.	GONCALVES Valentina Jose	07	CDN	12:07.17	50m	29-02-20	Funchal	296
27.	TEMTEM Sara Maria	07	CDN	12:23.80	50m	29-02-20	Funchal	276

1500 Livres

1.	AGUILAR Marta Andre	07	FBSC	18:39.11	50m	29-05-21	Coimbra	556
2.	SIMOES Dania Rodrigues	07	ALN	19:37.20	50m	08-05-21	Coimbra	478
3.	PINTO Margarida Vieira	07	SCB	19:37.56	50m	29-05-21	Coimbra	477

50 Costas

1.	MESQUITA Mafalda Martins	07	GDNFAMA	32.68	50m	29-05-21	Coimbra	562
2.	ANTONIO Rafaela Mariano	07	PORTIN	34.26	50m	19-06-21	Loulé	488
3.	SOARES Rita Marques	07	GDNFAMA	34.33	50m	05-06-21	Porto	485
4.	BILETSKA Carolina Diana	07	FCF	35.01	50m	19-06-21	Loulé	457
5.	RODEIA Mariana Figueira	07	GCNF	36.08	50m	19-06-21	Loulé	418
6.	CUSTODIO Daniela Ferreira	07	PORTIN	36.20	50m	19-06-21	Loulé	413
7.	NETO Leonor Rodrigues	07	CNF	36.31	50m	23-02-20	Funchal	410
8.	ALMEIDA Mariana Marques	07	AAC	37.22	50m	08-05-21	Coimbra	380
9.	DUARTE Cristiana Sofia	07	GRVM	38.25	50m	08-05-21	Coimbra	350
10.	GONCALVES Valentina Jose	07	CDN	38.71	50m	23-02-20	Funchal	338
10.	CERQUEIRA Ana Margarida	07	LDC	38.71	50m	12-06-21	Loulé	338
12.	LOUREIRO Barbara Ribeiro	07	PORTIN	39.01	50m	12-06-21	Loulé	330
13.	MOREIRA Laura Figueiredo	07	ACS	39.23	50m	19-06-21	Loulé	325
13.	WERUM Mia Alena	07	LAGAC	39.23	50m	19-06-21	Loulé	325
15.	ESCADA Cristiana Sofia	07	AAC	39.49	50m	11-01-20	Coimbra	318
16.	OLIVEIRA Raquel Grilo	07	LAGAC	40.89	50m	12-06-21	Loulé	287
17.	MATEUS Clarisse Vieira	07	CDN	41.14	50m	23-02-20	Funchal	282
18.	LOBOVA Sofia	07	PORTIN	42.72	50m	19-06-21	Loulé	251
19.	TEMTEM Sara Maria	07	CDN	43.24	50m	23-02-20	Funchal	242
20.	ERRA Clara Patricia	07	JACL	44.24	50m	23-02-20	Funchal	226
21.	SANTOS Beatriz Isabel	07	CNOL	45.79	50m	19-06-21	Loulé	204
22.	RODRIGUES Ines Costa	07	CDN	46.00	50m	23-02-20	Funchal	201
23.	MATOS Beatriz Costa	07	FBSC	48.47	50m	11-01-20	Coimbra	172
24.	ARTIGAS Valeria Aguiar	07	CNF	50.49	50m	23-02-20	Funchal	152
25.	ALVES Beatriz Abreu	07	CNF	51.86	50m	23-02-20	Funchal	140

100 Costas

1.	MESQUITA Mafalda Martins	07	GDNFAMA	1:08.63	50m	30-05-21	Coimbra	590
2.	FRANCO Catarina Andrade	07	GESL	1:12.76	50m	30-05-21	Rio Maior	495
3.	SIMOES Dania Rodrigues	07	ALN	1:12.85	50m	28-03-21	Coimbra	493
4.	PIRES Teresa Joao	07	SAD	1:13.07	50m	30-05-21	Rio Maior	489
5.	PARENTE Leonor Peso	07	PDEM	1:13.30	50m	30-05-21	Rio Maior	484
6.	SOARES Rita Marques	07	GDNFAMA	1:13.46	50m	30-05-21	Coimbra	481
7.	FERRARI Maria Carlotta	07	GESL	1:13.72	50m	24-04-21	Coimbra	476
8.	RODRIGUES Laura Sofia	07	JACL	1:14.13	50m	30-05-21	Rio Maior	468
9.	SILVA Nuria Soares	07	CCLAMAS	1:14.48	50m	30-05-21	Coimbra	461
10.	CONCEICAO Sara Oliveira	07	CDF	1:14.54	50m	30-05-21	Coimbra	460
11.	TSHESNOVSKA Anastacia	07	SCP	1:14.75	50m	30-05-21	Rio Maior	456
12.	ANTONIO Rafaela Mariano	07	PORTIN	1:15.38	50m	13-06-21	Loulé	445
13.	BILETSKA Carolina Diana	07	FCF	1:15.51	50m	13-06-21	Loulé	443
14.	PINTO Mariana Alexandra	07	SCB	1:15.59	50m	30-05-21	Coimbra	441
15.	NETO Leonor Rodrigues	07	CNF	1:15.72	50m	30-05-21	Rio Maior	439
16.	SOUSA Matilde Filipe	07	NSIT	1:15.77	50m	30-05-21	Rio Maior	438
17.	JORGE Luisa Ponte	07	SFUAP	1:15.92	50m	30-05-21	Rio Maior	436
18.	SILVA Carolina Martins	07	CDE	1:16.12	50m	30-05-21	Coimbra	432
19.	MONIZ Ana Rita	07	NSIT	1:16.23	50m	30-05-21	Rio Maior	430
20.	REBELO Angela Rodrigues	07	ALN	1:16.82	50m	09-05-21	Coimbra	420
21.	ALMEIDA Rita Sacadura	07	SAD	1:17.43	50m	30-05-21	Rio Maior	411
22.	RODRIGUES Maria Leonor	07	FS	1:17.52	50m	30-05-21	Rio Maior	409
23.	VIANA Matilde Violante	07	ADBA	1:17.74	50m	12-06-21	Badajoz (ESP)	406
24.	CUSTODIO Daniela Ferreira	07	PORTIN	1:18.62	50m	13-06-21	Loulé	392
25.	GONCALVES Valentina Jose	07	CDN	1:18.73	50m	19-06-21	Funchal	390

100 Costas (desde 26)

26.	TEIXEIRA Mafalda Gomes	07	FCP	1:18.76	50m	30-05-21	Coimbra	390
27.	RODEIA Mariana Figueira	07	GCNF	1:18.89	50m	30-05-21	Rio Maior	388
28.	GUERREIRO Leonor Faisca	07	LDC	1:19.25	50m	30-05-21	Rio Maior	383
29.	DIOGO Ines Miranda	07	FBSC	1:19.56	50m	09-05-21	Coimbra	378
30.	VICENCIO Sara Viana	07	SCP	1:20.33	50m	30-05-21	Rio Maior	368
31.	GARRIDO Daniela Cruz	07	AVFC	1:20.55	50m	30-05-21	Coimbra	365
32.	AGUILAR Marta Andre	07	FBSC	1:22.27	50m	22-02-20	Coimbra	342
33.	CABRAL Carolina Vizinho	07	CNVA	1:22.48	50m	22-02-20	Coimbra	340
34.	RODRIGUES Filipa Silva	07	CNPO	1:23.89	50m	19-12-20	Povoa do Varzim	323
35.	LOUREIRO Barbara Ribeiro	07	PORTIN	1:23.92	50m	13-06-21	Loulé	322
36.	MOREIRA Laura Figueiredo	07	ACS	1:24.41	50m	13-06-21	Loulé	317
37.	SILVA Matilde Vale	07	CNPO	1:24.64	50m	19-12-20	Povoa do Varzim	314
38.	DUARTE Cristiana Sofia	07	GRVM	1:24.74	50m	22-02-20	Coimbra	313
39.	SANTOS Lara Carvalho	07	CNAC	1:25.57	50m	22-02-20	Coimbra	304
40.	RODRIGUES Luna Almeida	07	SCC	1:25.99	50m	09-05-21	Coimbra	300
41.	FERNANDES Maria Ines	07	FBSC	1:28.20	50m	22-02-20	Coimbra	278
42.	OLIVEIRA Raquel Grilo	07	LAGAC	1:29.28	50m	13-06-21	Loulé	268
43.	SILVA Eduarda Costa	07	ADBA	1:30.44	50m	12-06-21	Badajoz (ESP)	257
44.	MATOS Beatriz Costa	07	FBSC	1:30.98	50m	09-05-21	Coimbra	253
45.	PEREIRA Ariana Lara	07	GCNF	1:31.13	50m	13-06-21	Loulé	252
46.	ANJO Leonor Ferreira	07	CNPO	1:33.36	50m	19-12-20	Povoa do Varzim	234
47.	ERRA Clara Patricia	07	JACL	1:34.04	50m	29-02-20	Funchal	229
48.	FIGUEIRA Madalena Leonor	07	CNF	1:34.05	50m	29-02-20	Funchal	229
49.	TEMTEM Sara Maria	07	CDN	1:34.27	50m	22-02-20	Funchal	227
50.	COSTA Matilde Rodrigues	07	CPSPA	1:35.66	50m	22-02-20	Coimbra	217
51.	RONDON Maria Victoria	07	CSM	1:39.63	50m	22-02-20	Funchal	192
52.	RODRIGUES Ines Costa	07	CDN	1:40.56	50m	29-02-20	Funchal	187
53.	SANTOS Beatriz Isabel	07	CNOL	1:41.49	50m	13-06-21	Loulé	182
54.	RINCU Alexandra	07	CNF	1:54.77	50m	22-02-20	Funchal	126
55.	ALVES Beatriz Abreu	07	CNF	1:55.08	50m	22-02-20	Funchal	125

200 Costas

1.	MESQUITA Mafalda Martins	07	GDNFAMA	2:31.67	50m	30-05-21	Coimbra	537
2.	ALMEIDA Maria Emilia	07	CGA	2:32.36	50m	30-05-21	Coimbra	530
3.	MAGALHAES Leticia Rodrigues	07	PDEM	2:36.49	50m	30-05-21	Rio Maior	489
4.	PARENTE Leonor Peso	07	PDEM	2:37.07	50m	30-05-21	Rio Maior	484
5.	SIMOES Dania Rodrigues	07	ALN	2:38.12	50m	30-05-21	Coimbra	474
6.	FERRARI Maria Carlotta	07	GESL	2:38.86	50m	30-05-21	Rio Maior	468
7.	SOARES Rita Marques	07	GDNFAMA	2:40.37	50m	30-05-21	Coimbra	455
8.	CONCEICAO Sara Oliveira	07	CDF	2:40.51	50m	30-05-21	Coimbra	453
9.	VIANA Matilde Violante	07	ADBA	2:40.90	50m	30-05-21	Rio Maior	450
10.	SOUSA Matilde Filipe	07	NSIT	2:41.03	50m	30-05-21	Rio Maior	449
11.	TSHESNOVSKA Anastacia	07	SCP	2:42.03	50m	30-05-21	Rio Maior	441
12.	FERNANDES Leonor Garcia	07	CRASTO	2:42.54	50m	30-05-21	Coimbra	437
13.	SANTOS Leonor Castanho	07	SCP	2:42.68	50m	30-05-21	Rio Maior	435
14.	REBELO Angela Rodrigues	07	ALN	2:43.00	50m	09-05-21	Coimbra	433
15.	ALVES Sara Sofia	07	CNS	2:43.96	50m	30-05-21	Rio Maior	425
16.	ALMEIDA Rita Sacadura	07	SAD	2:44.67	50m	30-05-21	Rio Maior	420
17.	AGUILAR Marta Andre	07	FBSC	2:44.74	50m	22-02-20	Coimbra	419
18.	MALFEITO Maria Francisca	07	CNLX	2:46.19	50m	30-05-21	Rio Maior	408
19.	RODRIGUES Maria Leonor	07	FS	2:46.61	50m	30-05-21	Rio Maior	405
20.	JORGE Luisa Ponte	07	SFUAP	2:46.70	50m	30-05-21	Rio Maior	405

200 Costas (desde 21)

21.	DIOGO Ines Miranda	07	FBSC	2:46.96	50m	09-05-21	Coimbra	403
22.	MATOS Maria Bandarra	07	SCP	2:47.71	50m	30-05-21	Rio Maior	397
23.	VICENCIO Sara Viana	07	SCP	2:48.56	50m	30-05-21	Rio Maior	391
24.	GUERREIRO Leonor Faisca	07	LDC	2:48.79	50m	30-05-21	Rio Maior	390
25.	NETO Leonor Rodrigues	07	CNF	2:49.67	50m	30-05-21	Rio Maior	384
26.	TEIXEIRA Mafalda Gomes	07	FCP	2:50.33	50m	30-05-21	Coimbra	379
27.	PINTO Mariana Alexandra	07	SCB	2:50.38	50m	30-05-21	Coimbra	379
28.	GONCALVES Valentina Jose	07	CDN	2:50.89	50m	19-06-21	Funchal	376
29.	BILETSKA Carolina Diana	07	FCF	2:51.05	50m	30-05-21	Rio Maior	375
30.	FERREIRA Beatriz Anjo	07	DNMG	2:51.48	50m	30-05-21	Rio Maior	372
31.	MANO Leonor Mil	07	FBSC	2:52.11	50m	22-02-20	Coimbra	368
32.	GARRIDO Daniela Cruz	07	AVFC	2:52.78	50m	30-05-21	Coimbra	363
33.	SANTOS Sara Margarida	07	CDE	2:52.96	50m	30-05-21	Coimbra	362
34.	DRENTJE Julia Norte	07	LDC	2:54.82	50m	12-06-21	Loulé	351
35.	CAMARA Ines Cruz	07	CDN	2:58.44	50m	01-03-20	Funchal	330
36.	RODRIGUES Nancy Almeida	07	CRASTO	2:58.94	50m	30-05-21	Coimbra	327
37.	WERUM Mia Alena	07	LAGAC	2:59.31	50m	12-06-21	Loulé	325
38.	RODRIGUES Luna Almeida	07	SCC	3:01.18	50m	09-05-21	Coimbra	315
39.	MATEUS Clarisse Vieira	07	CDN	3:01.77	50m	01-03-20	Funchal	312
40.	VEIGA Leonor Duarte	07	GRVM	3:02.62	50m	22-02-20	Coimbra	308
41.	LOUREIRO Barbara Ribeiro	07	PORTIN	3:06.47	50m	12-06-21	Loulé	289
42.	TEMTEM Sara Maria	07	CDN	3:09.77	50m	01-03-20	Funchal	274
43.	OLIVEIRA Raquel Grilo	07	LAGAC	3:12.14	50m	12-06-21	Loulé	264
44.	MATOS Beatriz Costa	07	FBSC	3:14.36	50m	09-05-21	Coimbra	255
45.	COSTA Matilde Rodrigues	07	CPSPA	3:21.90	50m	22-02-20	Coimbra	228
46.	SANTOS Beatriz Isabel	07	CNOL	3:29.40	50m	12-06-21	Loulé	204

50 Bruços

1.	LEAL Matilde Barros	07	CAP	36.38	50m	29-05-21	Coimbra	527
2.	ALMEIDA Vanessa Liliana	07	ADBA	36.85	50m	12-06-21	Badajoz (ESP)	507
3.	LOURO Beatriz Silva	07	LDC	37.83	50m	24-04-21	Coimbra	469
4.	GONCALVES Valentina Jose	07	CDN	37.88	50m	20-06-21	Funchal	467
5.	RODRIGUES Laura Sofia	07	JACL	38.53	50m	23-02-20	Funchal	444
6.	REBELO Angela Rodrigues	07	ALN	39.39	50m	11-01-20	Coimbra	415
7.	CAMARA Ines Cruz	07	CDN	39.82	50m	20-06-21	Funchal	402
8.	MATEUS Clarisse Vieira	07	CDN	40.18	50m	20-06-21	Funchal	391
9.	PINA Laura Almeida	07	CRASTO	40.48	50m	11-01-20	Coimbra	383
10.	RODEIA Mariana Figueira	07	GCMF	40.75	50m	19-06-21	Loulé	375
11.	FIGUEIRA Madalena Leonor	07	CNF	40.87	50m	23-02-20	Funchal	372
12.	SILVA Isis Filipa	07	ACS	42.26	50m	13-06-21	Loulé	336
13.	ALMEIDA Mariana Marques	07	AAC	42.64	50m	08-05-21	Coimbra	327
14.	ESCADA Cristiana Sofia	07	AAC	43.74	50m	11-01-20	Coimbra	303
15.	WERUM Mia Alena	07	LAGAC	43.79	50m	19-06-21	Loulé	302
16.	VIEIRA Beatriz Carlos	07	GCMF	44.27	50m	19-06-21	Loulé	292
17.	COELHO Fabiana Simoes	07	ADBA	44.33	50m	12-06-21	Badajoz (ESP)	291
18.	OLIVEIRA Raquel Grilo	07	LAGAC	44.36	50m	13-06-21	Loulé	291
19.	FREITAS Maria Raquel	07	CNF	45.28	50m	23-02-20	Funchal	273
20.	PEREIRA Ariana Lara	07	GCMF	45.38	50m	19-06-21	Loulé	271
21.	LOBOVA Sofia	07	PORTIN	46.32	50m	19-06-21	Loulé	255
22.	VEIGA Leonor Duarte	07	GRVM	46.41	50m	11-01-20	Coimbra	254
23.	SANTOS Beatriz Isabel	07	CNOL	47.26	50m	19-06-21	Loulé	240
24.	ERRA Clara Patricia	07	JACL	50.50	50m	23-02-20	Funchal	197

50 Bruços (desde 25)

25.	RINCU Alexandra	07	CNF	53.54	50m	23-02-20	Funchal	165
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100 Bruços

1.	LEAL Matilde Barros	07	CAP	1:18.75	50m	30-05-21	Coimbra	540
2.	BERGAMO Emma Aguiar	07	SAD	1:19.36	50m	30-05-21	Rio Maior	527
3.	ALMEIDA Vanessa Liliana	07	ADBA	1:20.12	50m	30-05-21	Rio Maior	512
4.	REBELO Angela Rodrigues	07	ALN	1:20.88	50m	30-05-21	Coimbra	498
5.	CARDOSO Mafalda Rodrigues	07	SCE	1:21.06	50m	30-05-21	Coimbra	495
6.	GOMES Barbara Sofia	07	LSC	1:21.13	50m	30-05-21	Coimbra	493
7.	LOURO Beatriz Silva	07	LDC	1:21.65	50m	30-05-21	Rio Maior	484
8.	SANTOS Rita Machita	07	CNS	1:21.83	50m	30-05-21	Rio Maior	481
9.	CUNHA Beatriz Teixeira	07	LSC	1:21.99	50m	30-05-21	Coimbra	478
10.	RODRIGUES Laura Sofia	07	JACL	1:22.22	50m	30-05-21	Rio Maior	474
11.	PEREIRA Beatriz Azevedo	07	CCLAMAS	1:22.76	50m	30-05-21	Coimbra	465
12.	GONCALVES Valentina Jose	07	CDN	1:22.93	50m	30-05-21	Rio Maior	462
13.	CAMARA Ines Cruz	07	CDN	1:23.21	50m	30-05-21	Rio Maior	457
14.	MAGALHAES Leticia Rodrigues	07	PDEM	1:23.22	50m	30-05-21	Rio Maior	457
15.	RODRIGUES Leonor Carreiro	07	SLB	1:23.78	50m	30-05-21	Rio Maior	448
16.	BERNAT Elena Del Rio	07	SAD	1:24.41	50m	30-05-21	Rio Maior	438
17.	FIGUEIRA Madalena Almeida	07	AVFC	1:24.53	50m	30-05-21	Coimbra	436
18.	SOUSA Ines Tonel	07	CNPV	1:24.67	50m	30-05-21	Rio Maior	434
19.	PINA Laura Almeida	07	CRASTO	1:25.08	50m	30-05-21	Coimbra	428
20.	PINTO Margarida Vieira	07	SCB	1:25.76	50m	30-05-21	Coimbra	418
21.	DURAO Alice Gomes	07	SLB	1:25.96	50m	30-05-21	Rio Maior	415
22.	TEIXEIRA Joana Navega	07	CFP	1:25.97	50m	30-05-21	Coimbra	415
23.	SIMOES Dania Rodrigues	07	ALN	1:26.62	50m	09-05-21	Coimbra	405
24.	NUNES Noa Pinho	07	SCA	1:27.88	50m	30-05-21	Coimbra	388
25.	TAVARES Rita Lopes	07	CDF	1:28.28	50m	30-05-21	Coimbra	383
26.	MATEUS Clarisse Vieira	07	CDN	1:28.39	50m	19-06-21	Funchal	381
27.	MARTINS Adriana	07	CAP	1:28.56	50m	18-01-20	Povoa de Varzim	379
28.	FERNANDES Maria Ines	07	FBSC	1:28.75	50m	09-05-21	Coimbra	377
29.	MESQUITA Mafalda Martins	07	GDNFAMA	1:28.89	50m	18-01-20	Povoa de Varzim	375
30.	CARRILHO Luana Alexandra	07	AVFC	1:29.11	50m	30-05-21	Coimbra	372
31.	SIMOES Ana Madalena	07	GESL	1:29.24	50m	30-05-21	Rio Maior	371
32.	SILVA Isis Filipa	07	ACS	1:30.64	50m	12-06-21	Loulé	354
33.	FIGUEIRA Madalena Leonor	07	CNF	1:31.42	50m	22-02-20	Funchal	345
34.	MOREIRA Maria Leonor	07	CFP	1:31.84	50m	18-01-20	Povoa de Varzim	340
35.	MARQUES Gabriela Silva	07	SCB	1:34.52	50m	18-01-20	Povoa de Varzim	312
36.	SIMAO Anita Soares	07	CDE	1:34.68	50m	18-01-20	Povoa de Varzim	310
37.	COELHO Fabiana Simoes	07	ADBA	1:36.03	50m	12-06-21	Badajoz (ESP)	297
38.	FERNANDES Leonor Garcia	07	CRASTO	1:36.32	50m	11-01-20	Coimbra	295
39.	WERUM Mia Alena	07	LAGAC	1:36.83	50m	12-06-21	Loulé	290
40.	GOMES Francisca Martins	07	FCP	1:36.98	50m	18-01-20	Povoa de Varzim	289
41.	OLIVEIRA Raquel Grilo	07	LAGAC	1:38.24	50m	12-06-21	Loulé	278
42.	LOBOVA Sofia	07	PORTIN	1:38.46	50m	12-06-21	Loulé	276
43.	PIMENTA Francisca Soares	07	CNPO	1:39.45	50m	19-12-20	Povoa do Varzim	268
44.	VEIGA Leonor Duarte	07	GRVM	1:39.60	50m	11-01-20	Coimbra	266
45.	FREITAS Maria Raquel	07	CNF	1:40.22	50m	29-02-20	Funchal	262
46.	SANTOS Beatriz Isabel	07	CNOL	1:40.60	50m	12-06-21	Loulé	259
47.	OLIVEIRA Iara Herdeiro	07	CFV	1:41.33	50m	18-01-20	Povoa de Varzim	253
48.	DUARTE Cristiana Sofia	07	GRVM	1:41.42	50m	09-05-21	Coimbra	252
49.	TELES Mariana Barroca	07	CNMAIA	1:42.44	50m	18-01-20	Povoa de Varzim	245

100 Bruços (desde 50)

50.	COSTA Matilde Rodrigues	07	CPSPA	1:43.31	50m	11-01-20	Coimbra	239
51.	SILVA Eva Oliveira	07	ADP	1:44.83	50m	18-01-20	Povoa de Varzim	228
52.	ANJO Leonor Ferreira	07	CNPO	1:47.01	50m	18-01-20	Povoa de Varzim	215
53.	ERRA Clara Patricia	07	JACL	1:48.78	50m	22-02-20	Funchal	204
54.	TEMTEM Sara Maria	07	CDN	1:50.51	50m	25-01-20	Funchal	195
55.	RODRIGUES Ines Costa	07	CDN	1:56.76	50m	29-02-20	Funchal	165
56.	MATOS Beatriz Costa	07	FBSC	1:58.19	50m	09-05-21	Coimbra	159

200 Bruços

1.	BERGAMO Emma Aguiar	07	SAD	2:50.82	50m	30-05-21	Rio Maior	540
2.	SANTOS Rita Machita	07	CNS	2:51.77	50m	30-05-21	Rio Maior	531
3.	LEAL Matilde Barros	07	CAP	2:52.36	50m	30-05-21	Coimbra	525
4.	ALMEIDA Vanessa Liliana	07	ADBA	2:53.44	50m	30-05-21	Rio Maior	515
5.	RODRIGUES Laura Sofia	07	JACL	2:53.92	50m	30-05-21	Rio Maior	511
6.	MAGALHAES Leticia Rodrigues	07	PDEM	2:55.46	50m	30-05-21	Rio Maior	498
7.	REBELO Angela Rodrigues	07	ALN	2:55.69	50m	30-05-21	Coimbra	496
8.	LOURO Beatriz Silva	07	LDC	2:55.96	50m	30-05-21	Rio Maior	494
9.	VIEIRA Ana Beatriz	07	FOCA	2:56.77	50m	30-05-21	Coimbra	487
10.	BERNAT Elena Del Rio	07	SAD	2:57.07	50m	30-05-21	Rio Maior	484
11.	CARDOSO Mafalda Rodrigues	07	SCE	2:57.21	50m	30-05-21	Coimbra	483
12.	SILVA Nuria Soares	07	CCLAMAS	3:00.16	50m	30-05-21	Coimbra	460
13.	PINTO Margarida Vieira	07	SCB	3:00.61	50m	30-05-21	Coimbra	456
14.	CAMARA Ines Cruz	07	CDN	3:00.73	50m	19-06-21	Funchal	456
15.	SIMOES Dania Rodrigues	07	ALN	3:02.73	50m	09-05-21	Coimbra	441
16.	DURAO Alice Gomes	07	SLB	3:03.54	50m	30-05-21	Rio Maior	435
17.	PINA Laura Almeida	07	CRASTO	3:03.76	50m	30-05-21	Coimbra	433
18.	FIGUEIRA Madalena Almeida	07	AVFC	3:04.18	50m	30-05-21	Coimbra	430
19.	RODRIGUES Leonor Carreiro	07	SLB	3:04.28	50m	30-05-21	Rio Maior	430
20.	TEIXEIRA Joana Navega	07	CFP	3:05.21	50m	30-05-21	Coimbra	423
21.	GONCALVES Valentina Jose	07	CDN	3:06.67	50m	22-02-20	Funchal	413
22.	FRISCHKNECHT Matilde Anjos	07	CNS	3:06.78	50m	30-05-21	Rio Maior	413
23.	SOUSA Ines Tonel	07	CNPV	3:07.50	50m	30-05-21	Rio Maior	408
24.	FERNANDES Maria Ines	07	FBSC	3:08.06	50m	30-05-21	Coimbra	404
25.	SIMOES Ana Madalena	07	GESL	3:10.62	50m	30-05-21	Rio Maior	388
26.	MANO Leonor Mil	07	FBSC	3:10.98	50m	22-02-20	Coimbra	386
27.	AGUILAR Marta Andre	07	FBSC	3:11.22	50m	22-02-20	Coimbra	385
28.	MATEUS Clarisse Vieira	07	CDN	3:11.64	50m	19-06-21	Funchal	382
29.	NUNES Noa Pinho	07	SCA	3:13.13	50m	30-05-21	Coimbra	373
30.	CARRILHO Luana Alexandra	07	AVFC	3:14.73	50m	30-05-21	Coimbra	364
31.	CERQUEIRA Ana Margarida	07	LDC	3:17.73	50m	19-06-21	Loulé	348
32.	SILVA Isis Filipa	07	ACS	3:19.47	50m	19-06-21	Loulé	339
33.	WERUM Mia Alena	07	LAGAC	3:27.37	50m	19-06-21	Loulé	301
34.	SANTOS Beatriz Isabel	07	CNOL	3:31.25	50m	19-06-21	Loulé	285
35.	OLIVEIRA Raquel Grilo	07	LAGAC	3:34.13	50m	19-06-21	Loulé	274
36.	VEIGA Leonor Duarte	07	GRVM	3:34.18	50m	22-02-20	Coimbra	273
37.	FREITAS Maria Raquel	07	CNF	3:34.79	50m	22-02-20	Funchal	271
38.	COSTA Matilde Rodrigues	07	CPSPA	3:41.00	50m	22-02-20	Coimbra	249
39.	ERRA Clara Patricia	07	JACL	3:41.66	50m	01-03-20	Funchal	247
40.	RODRIGUES Ines Costa	07	CDN	3:55.72	50m	25-01-20	Funchal	205

50 Mariposa

1.	MANO Leonor Mil	07	FBSC	30.36	50m	30-05-21	Coimbra	521
2.	FRANCO Catarina Andrade	07	POR	30.43	50m	25-04-21	Coimbra	517
3.	CAMARA Ines Cruz	07	CDN	32.17	50m	20-06-21	Funchal	437
4.	RODEIA Mariana Figueira	07	GCNF	32.63	50m	20-06-21	Loulé	419
5.	REBELO Angela Rodrigues	07	ALN	33.10	50m	09-05-21	Coimbra	402
6.	NETO Leonor Rodrigues	07	CNF	34.49	50m	23-02-20	Funchal	355
7.	LOBOVA Sofia	07	PORTIN	36.06	50m	13-06-21	Loulé	310
8.	RODRIGUES Laura Sofia	07	JACL	36.15	50m	23-02-20	Funchal	308
9.	ALMEIDA Bianca Filipa	07	CSAAXXI	36.26	50m	11-01-20	Coimbra	305
10.	OLIVEIRA Raquel Grilo	07	LAGAC	37.00	50m	13-06-21	Loulé	287
11.	JOMIR Patricia	07	ABR	37.97	50m	13-06-21	Loulé	266
12.	DRENTJE Julia Norte	07	LDC	38.00	50m	20-06-21	Loulé	265
13.	WERUM Mia Alena	07	LAGAC	39.27	50m	13-06-21	Loulé	240
14.	TEMTEM Sara Maria	07	CDN	40.92	50m	23-02-20	Funchal	212
15.	RASCAO Maria Costeira	07	JFP	41.54	50m	11-01-20	Coimbra	203
16.	RODRIGUES Luna Almeida	07	SCC	46.90	50m	11-01-20	Coimbra	141
17.	RINCU Alexandra	07	CNF	51.49	50m	23-02-20	Funchal	106

100 Mariposa

1.	ALMEIDA Maria Emilia	07	CGA	1:08.64	50m	29-05-21	Coimbra	528
2.	FRANCO Catarina Andrade	07	GESL	1:09.32	50m	29-05-21	Rio Maior	512
3.	MANO Leonor Mil	07	FBSC	1:09.49	50m	24-04-21	Coimbra	508
4.	SOUSA Maria Rita	07	EDV	1:09.78	50m	29-05-21	Coimbra	502
5.	MARQUES Gabriela Silva	07	SCB	1:10.16	50m	29-05-21	Coimbra	494
6.	CAMARA Ines Cruz	07	CDN	1:10.72	50m	29-05-21	Rio Maior	482
7.	MONIZ Ana Rita	07	NSIT	1:10.87	50m	29-05-21	Rio Maior	479
8.	REBELO Angela Rodrigues	07	ALN	1:11.21	50m	08-05-21	Coimbra	472
9.	SILVA Nuria Soares	07	CCLAMAS	1:11.77	50m	29-05-21	Coimbra	461
10.	RODEIA Mariana Figueira	07	GCNF	1:11.83	50m	29-05-21	Rio Maior	460
11.	MACEDO Laura Pinheiro	07	ANAR	1:12.19	50m	29-05-21	Rio Maior	453
12.	SIMOES Dania Rodrigues	07	ALN	1:12.59	50m	08-05-21	Coimbra	446
13.	FERRARI Maria Carlotta	07	GESL	1:13.14	50m	29-05-21	Rio Maior	436
14.	SILVA Carolina Martins	07	CDE	1:13.69	50m	29-05-21	Coimbra	426
15.	NETO Leonor Rodrigues	07	CNF	1:14.34	50m	29-05-21	Rio Maior	415
16.	LEAL Matilde Barros	07	CAP	1:19.64	50m	18-01-20	Povoa de Varzim	338
17.	AGUILAR Marta Andre	07	FBSC	1:19.74	50m	22-02-20	Coimbra	336
18.	SANTOS Lara Carvalho	07	CNAC	1:20.39	50m	22-02-20	Coimbra	328
19.	DRENTJE Julia Norte	07	LDC	1:21.71	50m	12-06-21	Loulé	313
20.	DIOGO Ines Miranda	07	FBSC	1:22.13	50m	08-05-21	Coimbra	308
21.	RODRIGUES Nancy Almeida	07	CRASTO	1:22.73	50m	11-01-20	Coimbra	301
22.	RODRIGUES Laura Sofia	07	JACL	1:23.13	50m	22-02-20	Funchal	297
23.	TEIXEIRA Mafalda Gomes	07	FCP	1:23.35	50m	18-01-20	Povoa de Varzim	294
24.	FERNANDES Maria Ines	07	FBSC	1:23.61	50m	08-05-21	Coimbra	292
25.	ESCADA Cristiana Sofia	07	AAC	1:24.08	50m	11-01-20	Coimbra	287
26.	REBELO Mafalda Guimaraes	07	CFP	1:24.65	50m	18-01-20	Povoa de Varzim	281
27.	CERQUEIRA Ana Margarida	07	LDC	1:25.08	50m	12-06-21	Loulé	277
28.	SILVA Matilde Vale	07	CNPO	1:25.42	50m	18-01-20	Povoa de Varzim	273
29.	LOBOVA Sofia	07	PORTIN	1:26.26	50m	12-06-21	Loulé	266
30.	SANTOS Sara Margarida	07	CDE	1:28.22	50m	18-01-20	Povoa de Varzim	248
31.	SILVA Ana Senhorinha	07	CNMAIA	1:30.11	50m	18-01-20	Povoa de Varzim	233
32.	MATEUS Clarisse Vieira	07	CDN	1:32.82	50m	22-02-20	Funchal	213
33.	SILVA Isis Filipa	07	ACS	1:32.92	50m	12-06-21	Loulé	212

100 Mariposa (desde 34)

34.	TEMTEM Sara Maria	07	CDN	1:38.56	50m	25-01-20	Funchal	178
35.	MATOS Beatriz Costa	07	FBSC	1:39.57	50m	08-05-21	Coimbra	172
36.	SILVA Gabriela Oliveira	07	ADP	1:43.81	50m	18-01-20	Povoa de Varzim	152
37.	ERRA Clara Patricia	07	JACL	1:54.41	50m	22-02-20	Funchal	114

200 Mariposa

1.	ALMEIDA Maria Emilia	07	CGA	2:29.45	50m	27-03-21	Coimbra	541
2.	CAMARA Ines Cruz	07	CDN	2:39.16	50m	29-05-21	Rio Maior	448
3.	MACEDO Laura Pinheiro	07	ANAR	2:39.63	50m	29-05-21	Rio Maior	444
4.	SOUSA Maria Rita	07	EDV	2:40.76	50m	29-05-21	Coimbra	435
5.	PIRES Teresa Joao	07	SAD	2:41.19	50m	29-05-21	Rio Maior	431
6.	REBELO Angela Rodrigues	07	ALN	2:41.99	50m	08-05-21	Coimbra	425
7.	MANO Leonor Mil	07	FBSC	2:43.50	50m	08-05-21	Coimbra	413
8.	FERREIRA Beatriz Anjo	07	DNMG	2:45.79	50m	29-05-21	Rio Maior	396
9.	FIGUEIRA Madalena Almeida	07	AVFC	2:46.59	50m	29-05-21	Coimbra	390
10.	MARQUES Gabriela Silva	07	SCB	2:47.18	50m	29-05-21	Coimbra	386
11.	RODRIGUES Catarina Ferreira	07	GESL	2:51.65	50m	29-05-21	Rio Maior	357
12.	SIMOES Dania Rodrigues	07	ALN	2:52.21	50m	22-02-20	Coimbra	353
13.	GOMES Rita Cunha	07	VNC	2:52.59	50m	29-05-21	Coimbra	351
14.	SANTOS Lara Carvalho	07	CNAC	2:54.22	50m	22-02-20	Coimbra	341
15.	CARVALHO Sofia Alexandra	07	CFP	2:59.97	50m	29-05-21	Coimbra	310
16.	FERNANDES Maria Ines	07	FBSC	3:01.23	50m	08-05-21	Coimbra	303
17.	DIOGO Ines Miranda	07	FBSC	3:06.98	50m	08-05-21	Coimbra	276

200 Estilos

1.	PARENTE Leonor Peso	07	PDEM	2:33.65	50m	29-05-21	Rio Maior	553
2.	ALMEIDA Maria Emilia	07	CGA	2:33.91	50m	05-06-21	Porto	550
3.	MAGALHAES Leticia Rodrigues	07	PDEM	2:35.64	50m	29-05-21	Rio Maior	532
4.	SIMOES Dania Rodrigues	07	ALN	2:36.20	50m	29-05-21	Coimbra	526
5.	SILVA Nuria Soares	07	CCLAMAS	2:38.30	50m	29-05-21	Coimbra	505
6.	FIGUEIRA Madalena Almeida	07	AVFC	2:38.55	50m	29-05-21	Coimbra	503
7.	REBELO Angela Rodrigues	07	ALN	2:38.82	50m	29-05-21	Coimbra	500
8.	BERGAMO Emma Aguiar	07	SAD	2:39.42	50m	29-05-21	Rio Maior	495
9.	LEAL Matilde Barros	07	CAP	2:39.67	50m	29-05-21	Coimbra	492
10.	RODRIGUES Laura Sofia	07	JACL	2:39.86	50m	29-05-21	Rio Maior	491
11.	PINA Laura Almeida	07	CRASTO	2:40.10	50m	29-05-21	Coimbra	488
12.	FERRARI Maria Carlotta	07	GESL	2:40.48	50m	29-05-21	Rio Maior	485
13.	BERNAT Elena Del Rio	07	SAD	2:40.96	50m	29-05-21	Rio Maior	481
14.	MALFEITO Maria Francisca	07	CNLX	2:41.09	50m	29-05-21	Rio Maior	479
15.	LOURO Beatriz Silva	07	LDC	2:41.55	50m	24-04-21	Coimbra	475
16.	SOUSA Matilde Filipe	07	NSIT	2:41.98	50m	29-05-21	Rio Maior	472
17.	ALMEIDA Vanessa Liliana	07	ADBA	2:43.66	50m	12-06-21	Badajoz (ESP)	457
18.	ALMEIDA Rita Sacadura	07	SAD	2:44.14	50m	29-05-21	Rio Maior	453
19.	AGUILAR Marta Andre	07	FBSC	2:44.77	50m	11-01-20	Coimbra	448
20.	CARVALHO Sofia Alexandra	07	CFP	2:45.21	50m	29-05-21	Coimbra	444
21.	MANO Leonor Mil	07	FBSC	2:46.82	50m	11-01-20	Coimbra	432
22.	SIMOES Ana Madalena	07	GESL	2:48.59	50m	29-05-21	Rio Maior	418
23.	GONCALVES Valentina Jose	07	CDN	2:50.51	50m	28-02-20	Funchal	404
24.	CAMARA Ines Cruz	07	CDN	2:50.84	50m	22-02-20	Funchal	402
25.	DIOGO Ines Miranda	07	FBSC	2:51.07	50m	08-05-21	Coimbra	400
26.	NETO Leonor Rodrigues	07	CNF	2:51.62	50m	28-02-20	Funchal	396

200 Estilos (desde 27)

27.	RODRIGUES Nancy Almeida	07	CRASTO	2:53.17	50m	11-01-20	Coimbra	386
28.	FERNANDES Maria Ines	07	FBSC	2:54.31	50m	08-05-21	Coimbra	378
29.	RODEIA Mariana Figueira	07	GCNF	2:55.60	50m	13-06-21	Loulé	370
30.	CRUZ Joana Calado	07	FBSC	2:56.49	50m	11-01-20	Coimbra	364
31.	FERNANDES Leonor Garcia	07	CRASTO	2:56.55	50m	11-01-20	Coimbra	364
32.	CERQUEIRA Ana Margarida	07	LDC	2:58.16	50m	13-06-21	Loulé	354
33.	SANTOS Lara Carvalho	07	CNAC	3:00.04	50m	11-01-20	Coimbra	343
34.	MATEUS Clarisse Vieira	07	CDN	3:03.29	50m	22-02-20	Funchal	325
35.	WERUM Mia Alena	07	LAGAC	3:05.02	50m	13-06-21	Loulé	316
36.	FIGUEIRA Madalena Leonor	07	CNF	3:06.79	50m	22-02-20	Funchal	307
37.	TEMTEM Sara Maria	07	CDN	3:17.26	50m	22-02-20	Funchal	261
38.	MATOS Beatriz Costa	07	FBSC	3:19.61	50m	08-05-21	Coimbra	252
39.	COSTA Matilde Rodrigues	07	CPSPA	3:23.97	50m	11-01-20	Coimbra	236
40.	ERRA Clara Patricia	07	JACL	3:33.44	50m	28-02-20	Funchal	206

400 Estilos

1.	ALMEIDA Maria Emilia	07	CGA	5:19.28	50m	06-06-21	Porto	580
2.	SIMOES Dania Rodrigues	07	ALN	5:25.97	50m	29-05-21	Coimbra	545
3.	MAGALHAES Leticia Rodrigues	07	PDEM	5:29.16	50m	29-05-21	Rio Maior	529
4.	PIRES Teresa Joao	07	SAD	5:30.10	50m	29-05-21	Rio Maior	525
5.	LOURO Beatriz Silva	07	LDC	5:31.75	50m	29-05-21	Rio Maior	517
6.	REBELO Angela Rodrigues	07	ALN	5:32.94	50m	29-05-21	Coimbra	512
7.	BERNAT Elena Del Rio	07	SAD	5:33.36	50m	29-05-21	Rio Maior	510
8.	PARENTE Leonor Peso	07	PDEM	5:34.01	50m	29-05-21	Rio Maior	507
9.	SOUSA Matilde Filipe	07	NSIT	5:34.12	50m	29-05-21	Rio Maior	506
10.	PINTO Margarida Vieira	07	SCB	5:35.08	50m	29-05-21	Coimbra	502
11.	FIGUEIRA Madalena Almeida	07	AVFC	5:35.48	50m	29-05-21	Coimbra	500
12.	MANO Leonor Mil	07	FBSC	5:44.36	50m	22-02-20	Coimbra	462
13.	FERREIRA Beatriz Anjo	07	DNMG	5:48.18	50m	29-05-21	Rio Maior	447
14.	RODRIGUES Catarina Ferreira	07	GESL	5:51.12	50m	29-05-21	Rio Maior	436
15.	RODRIGUES Laura Sofia	07	JACL	5:52.51	50m	29-02-20	Funchal	431
16.	CAMARA Ines Cruz	07	CDN	5:57.60	50m	29-02-20	Funchal	413
17.	DIOGO Ines Miranda	07	FBSC	6:03.56	50m	08-05-21	Coimbra	393
18.	FERNANDES Maria Ines	07	FBSC	6:06.03	50m	08-05-21	Coimbra	385
19.	GONCALVES Valentina Jose	07	CDN	6:07.04	50m	29-02-20	Funchal	382
20.	CERQUEIRA Ana Margarida	07	LDC	6:20.06	50m	19-06-21	Loulé	344
21.	DRENTJE Julia Norte	07	LDC	6:24.01	50m	19-06-21	Loulé	333
22.	TEMTEM Sara Maria	07	CDN	6:46.22	50m	29-02-20	Funchal	281