

Campeonato Nacional Juvenis e Absolutos de Portugal-OPEN
Coimbra, 29.7. - 1.8.2010

Event 26 Women, 4 x 100m Freestyle Open Results
30-07-2010 - 18:35

Rec Nac Open	3:52.66	Futebol Clube do Porto/Dolce Vita	FCP	Coimbra	10-04-2010
Rec Nac Inf B	4:23.37	tempo limite			
Rec Nac Inf A	4:17.71	Clube Nautico Academico de Coimbra	GNAC	Porto	25-07-2010
Rec Nac Juv	4:12.11	Futebol Clube do Porto	FCP	Coimbra	22-07-2005
Rec Nac Jun	4:02.54	Sporting Clube de Portugal	SCP	Coimbra	10-04-2010
Rec Nac Sen	3:52.66	Futebol Clube do Porto/Dolce Vita	FCP	Coimbra	10-04-2010

TAC SENJUN2 Fem 16 +: 4:14.00 / TAC JUV Fem Juv: 4:35.00

Points: FINA 2010

Rank		Clube		Tempo Final	RT	Pts FINA	Pts	
1.	Porto/Dolce Vital-ABS-FEM	Porto/Dolce Vita		3:52.07	+0.71	759		
	<i>Rec Nacional</i>							
	Sara Freitas Oliveira	+0.71	27.42	57.03	Joana Aguiar Rodrigues	+0.48	28.55	59.73
	Alexandra Paiva Oliveira	+0.26	28.03	58.47	Marta Vieira Marinho	+0.33	27.19	56.84
2.	Sporting-ABS-FEM	Sporting		4:00.84	+0.80	679		
	<i>Rec Nacional</i>							
	Maria Carolina Rosa	+0.80	28.38	59.58	Raquel Paulo Ranito	+0.32	29.07	1:01.76
	Filipa Vilas Tiago	+0.26	28.02	1:00.16	Mafalda Gomes Beleza	+0.26	28.79	59.34
3.	Vilacondense-ABS-FEM	Vilacondense		4:00.89	+0.79	678		
	Diana Ramos Rocha	+0.79	28.91	59.37	Claudia Sofia Monteiro	+0.42	28.17	59.71
	Ana Catarina Monteiro	+0.17	29.39	1:01.08	Ana Filipa Gomes	+0.33	28.67	1:00.73
4.	Bairro dos Anjos-ABS-FEM	Bairro dos Anjos		4:02.14	+1.02	668		
	Mariana Mota Dias	+1.02	29.26	1:01.48	Adriana Filipa Lisboa	+0.44	29.01	1:00.87
	Andreia Filipa Anjos	+0.39	28.94	1:01.02	Sara Francisco Cruz	+0.46	28.46	58.77
5.	Vitoria de Guimaraes-ABS-FEM	Vitoria de Guimaraes		4:04.05	+0.83	652		
	Andreia Catarina Gomes	+0.83	29.12	59.80	Ana Catarina Sousa	+0.33	29.98	1:03.43
	Amelia Pereira Fernandes	+0.37	28.97	1:00.53	Joana Filipa Santos	+0.39	28.94	1:00.29
6.	Nautico/Matobra-ABS-FEM	Nautico/Matobra		4:04.69	+0.90	647		
	Gabriela Oliveira Andrade	+0.90	29.72	1:01.99	Carolina Cunha Martins	+0.49	29.36	1:01.09
	Maria Ines Ribeiro	+0.37	29.06	1:00.32	Adriana Correia Lopes	+0.43	29.27	1:01.29
7.	Amadora-ABS-FEM	Amadora		4:05.33	+0.78	642		
	Lisa Marisa Soares	+0.78	29.08	1:00.87	Marta Filipa Conceicao	+0.37	29.02	1:02.77
	Diana Duarte Gomes	+0.36	28.74	1:01.25	Filipa Ferreira Silva	+0.25	29.00	1:00.44
8.	Famalicao-ABS-FEM	Famalicao		4:08.27	+0.81	620		
	Ana Ribeiro Ferreira	+0.81	29.17	1:00.05	Filipa Maria Rompante	+0.62	31.69	1:05.10
	Mariana Dias Almeida	+0.50	29.80	1:01.33	Catarina Isabel Marques	+0.41	29.43	1:01.79
9.	Benfica-ABS-FEM	Benfica		4:09.23	+0.70	613		
	Sofia Oliveira Pinto	+0.70	30.47	1:03.94	Vera Patricia Pinto	+0.18	29.46	1:02.33
	Rita Fernandes Leitao	0.00	29.71	1:03.30	Joana Filipa Capela	+0.12	28.77	59.66
10.	Uniao Piedense-ABS-FEM	Uniao Piedense		4:09.70	+0.82	609		
	Ana Marta Miranda	+0.82	29.70	1:02.55	Catarina Tiago Nunes	+0.29	29.11	1:01.72
	Ana Raquel Miranda	+0.37	29.76	1:03.22	Marta Alexandra Saraiva	+0.12	29.77	1:02.21
11.	Ginasio de Vila Real-ABS-FEM	Ginasio de Vila Real		4:09.77	+0.88	609		
	Joana Patricia Pinto	+0.88	28.94	1:00.37	Ana Carolina Guedes	+0.27	30.95	1:06.05
	Ana Sofia Nobrega	+0.17	29.37	1:02.85	Ana Sofia Leite	+0.43	28.39	1:00.50
12.	Naval do Funchal-ABS-FEM	Naval do Funchal		4:10.43	+0.77	604		
	Luisa Costa Henriques	+0.77	30.45	1:02.07	Carlota Freitas Olim	+0.41	30.42	1:02.93
	Susana Clara Gomes	+0.40	28.79	1:01.33	Maria Joao Figueiredo	+0.61	30.90	1:04.10

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13.	Alges-ABS-FEM		Alges		4:11.82	+0.84	594	
	Raquel Maurile Taveira	+0.84	28.78	1:00.59	Beatriz Alexandra Sousa	+0.08	31.26	1:06.45
	Ines Alexandra Paiva	+0.38	29.44	1:02.15	Mafalda Jotta Garcia	+0.31	29.72	1:02.63
14.	Colegio Vasco da Gama-ABS-FEM		Colegio Vasco da Gama		4:16.13	+0.85	564	
	Ana Filipa Carmo	+0.85	30.71	1:04.35	Maria Ines Pereira	+0.29	30.28	1:04.62
	Joana Fonseca Seabra	+0.29	30.14	1:02.62	Rita Silva Fernandes	+0.35	31.13	1:04.54
15.	Gespacos-ABS-FEM		Gespacos		4:16.82	+0.78	560	
	Diana Patricia Ferreira	+0.78	28.75	59.87	Claudia Susana Teixeira	+0.31	31.69	1:06.89
	Patricia Cristina Fernandes	+0.28	31.75	1:07.03	Ana Rita Cunha	+0.29	30.59	1:03.03
16.	Gesloures-ABS-FEM		GesLoures		4:18.09	+0.85	552	
	Paula Cristina Yang	+0.85	30.53	1:03.29	Jessica Goncalves Sequeira	+0.54	31.48	1:06.74
	Catarina Brito Luz	+0.29	31.17	1:05.40	Tatiana Ladeiro Santos	+0.14	29.52	1:02.66