

Campeonato Nacional Juvenis e Absolutos de Portugal-OPEN
Coimbra, 29.7. - 1.8.2010

Event 40 Men, 200m Fly Open
01-08-2010 - 9:15 Results Prelim

Rec Nac Open	1:56.17	Pedro Diogo Oliveira	FPN	Roma (ITA)	28-07-2009
Rec Nac Inf B	2:21.67	Fabio Parrilha da Silva	CNAL	S. João da Madeira	23-07-2000
Rec Nac Inf A	2:14.50	Fabio Parrilha da Silva	CNAL	Campanhã	29-07-2001
Rec Nac Juv B	2:09.61	Fabio Parrilha da Silva	CNAL	Lisboa	11-05-2002
Rec Nac Juv A	2:03.76	Pedro Diogo Oliveira	CNRM	Lisboa	31-07-2004
Rec Nac Jun	2:01.46	Pedro Diogo Oliveira	FPN	Palma Maiorca (ESP)	08-07-2006
Rec Nac Sen	1:56.17	Pedro Diogo Oliveira	FPN	Roma (ITA)	28-07-2009

TAC SEN/JUN2 Masc 18 +: 2:10.50 / TAC JUN1 Masc 17: 2:13.25 / TAC JUV A Masc Juv A: 2:20.00 / TAC JUV B Masc Juv B: 2:26.50

Rank	YB		Time		50m	100m	150m	200m
Open								
1.		Nuno Goncalo Quintanilha 87	Louletano/Loule Concelho	2:05.27 A	27.76	32.16	32.79	32.56
2.		Miguel Monteiro Diogo 93	Alcobaca	2:08.41 A	28.69	32.90	33.39	33.43
3.		Diogo Parrilha da Silva 93	Alcobaca	2:08.74 A	28.60	32.83	33.28	34.03
4.		Pedro Miguel Pinotes 89	Sporting	2:08.98 A	28.88	33.12	33.96	33.02
5.		Luis Pedro Estanislau 91	Louletano/Loule Concelho	2:09.39 A	28.46	32.53	33.83	34.57
6.		Jorge Miguel Carmo 90	Louletano/Loule Concelho	2:10.45 A	29.52	32.78	33.86	34.29
7.		Ruben Filipe Nunes 94	Gespacos	2:10.85 A	29.06	32.62	33.76	35.41
8.		Rafael Dias Martins 93	Porto/Dolce Vita	2:11.29 A	29.24	32.88	33.95	35.22
9.		Nuno Cruz Oliveira 90	Braga	2:11.41 B	29.07	32.73	34.65	34.96
		<i>FTL</i>						
10.		Antonio Rafael Bessa 94	Gespacos	2:12.70 B	29.97	33.71	34.35	34.67
		Joao Paulo Ribeiro 92	Bairro dos Anjos	2:12.70 B	29.15	34.10	34.51	34.94
		<i>FTL</i>						
12.		Joao Duarte Santos 95	Natacao de Olhao	2:13.46 B	29.75	34.25	34.74	34.72
13.		Miguel Silva Oliveira 91	Nautico/Matobra	2:14.08 B	28.28	33.07	35.80	36.93
		<i>FTL</i>						
14.		Renato Filipe Nascimento 94	Louletano/Loule Concelho	2:14.97 B	29.32	34.15	34.74	36.76
15.		Pedro Gomes Antunes 94	Braga	2:15.20 B	30.25	34.48	34.66	35.81
16.		Antonio Fraga Fragoso 95	Bombeiros Ponta Delgada	2:15.37 B	29.95	34.58	34.94	35.90
17.		Miguel Angelo Ferrara 94	Porto/Dolce Vita	2:16.19 R	29.33	35.12	35.47	36.27
18.		Miguel Duarte Nascimento 95	Portinado	2:16.92 R	30.21	34.53	35.42	36.76
19.		Miguel Bras Sergio 95	Bombeiros dos Estoris	2:17.39	29.49	34.10	36.02	37.78
20.		Joao Pedro Vieira 94	Naval do Funchal	2:17.64	30.41	34.29	36.30	36.64
21.		Diogo Antonio Lopes 95	Torres Novas	2:17.67	30.26	35.06	36.35	36.00
22.		Miguel Goncalves Ferreira 93	Nacional	2:18.77	30.18	34.64	36.52	37.43
		<i>FTL</i>						
23.		Antonio Jorge Rocha 94	Penafiel	2:19.32	30.70	35.38	35.85	37.39
24.		Mario Guterres Carvalho 95	Vilacondense	2:20.49	30.54	35.06	36.77	38.12
25.		Cesar Filipe Magalhaes 95	Foca	2:20.97	30.91	36.09	36.96	37.01
26.		Andre Augusto Santos 95	Belenenses	2:21.88	31.63	35.85	37.73	36.67
27.		Jose Manuel Dias 94	Uniao Piedense	2:22.08	30.05	35.63	37.01	39.39
		<i>FTL</i>						
28.		Rafael Filipe Torres 95	Sporting	2:22.63	30.36	35.93	37.39	38.95
29.		Cristovao Dinis Monteiro 95	Bombeiros V. Caldas Rainha	2:23.84	31.74	37.10	37.47	37.53
30.		Frederico Renato Sousa 95	Gespacos	2:23.98	31.58	36.29	37.37	38.74
31.		Luis Alberto Nogueira 95	Gespacos	2:24.33	31.47	36.36	37.50	39.00
32.		Joao Miguel Costa 95	Vilacondense	2:24.93	30.40	35.87	38.57	40.09
33.		Joao Carlos Paula 94	Galitos	2:25.12	32.27	36.44	37.64	38.77
		<i>FTL</i>						
34.		Andre Machado Vale 95	Viana Natacao	2:25.63	33.11	37.35	37.41	37.76
35.		Afonso Mateus Ribeiro 95	Belenenses	2:25.73	31.55	36.22	38.44	39.52

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Rank	YB		Time	50m	100m	150m	200m	
36.	Filipe Maria Ferreira	95	Louletano/Loule Concelho	2:28.65	30.93	36.90	39.24	41.58
	<i>FTL</i>							

Juvenis B

1.	Joao Duarte Santos	95	Natacao de Olhao	2:13.46	B	29.75	34.25	34.74	34.72
2.	Antonio Fraga Fragoso	95	Bombeiros Ponta Delgada	2:15.37	B	29.95	34.58	34.94	35.90
3.	Miguel Duarte Nascimento	95	Portinado	2:16.92	R	30.21	34.53	35.42	36.76
4.	Miguel Bras Sergio	95	Bombeiros dos Estoris	2:17.39		29.49	34.10	36.02	37.78
5.	Diogo Antonio Lopes	95	Torres Novas	2:17.67		30.26	35.06	36.35	36.00
6.	Mario Guterres Carvalho	95	Vilacondense	2:20.49		30.54	35.06	36.77	38.12
7.	Cesar Filipe Magalhaes	95	Foca	2:20.97		30.91	36.09	36.96	37.01
8.	Andre Augusto Santos	95	Belenenses	2:21.88		31.63	35.85	37.73	36.67
9.	Rafael Filipe Torres	95	Sporting	2:22.63		30.36	35.93	37.39	38.95
10.	Cristovao Dinis Monteiro	95	Bombeiros V. Caldas Rainha	2:23.84		31.74	37.10	37.47	37.53
11.	Frederico Renato Sousa	95	Gespacos	2:23.98		31.58	36.29	37.37	38.74
12.	Luis Alberto Nogueira	95	Gespacos	2:24.33		31.47	36.36	37.50	39.00
13.	Joao Miguel Costa	95	Vilacondense	2:24.93		30.40	35.87	38.57	40.09
14.	Andre Machado Vale	95	Viana Natacao	2:25.63		33.11	37.35	37.41	37.76
15.	Afonso Mateus Ribeiro	95	Belenenses	2:25.73		31.55	36.22	38.44	39.52
16.	Filipe Maria Ferreira	95	Louletano/Loule Concelho	2:28.65		30.93	36.90	39.24	41.58
	<i>FTL</i>								

Juvenis A

1.	Ruben Filipe Nunes	94	Gespacos	2:10.85	A	29.06	32.62	33.76	35.41
2.	Antonio Rafael Bessa	94	Gespacos	2:12.70	B	29.97	33.71	34.35	34.67
3.	Renato Filipe Nascimento	94	Louletano/Loule Concelho	2:14.97	B	29.32	34.15	34.74	36.76
4.	Pedro Gomes Antunes	94	Braga	2:15.20	B	30.25	34.48	34.66	35.81
5.	Miguel Angelo Ferraria	94	Porto/Dolce Vita	2:16.19	R	29.33	35.12	35.47	36.27
6.	Joao Pedro Vieira	94	Naval do Funchal	2:17.64		30.41	34.29	36.30	36.64
7.	Antonio Jorge Rocha	94	Penafiel	2:19.32		30.70	35.38	35.85	37.39
8.	Jose Manuel Dias	94	Uniao Piedense	2:22.08		30.05	35.63	37.01	39.39
	<i>FTL</i>								
9.	Joao Carlos Paula	94	Galitos	2:25.12		32.27	36.44	37.64	38.77
	<i>FTL</i>								

Absolutos

1.	Nuno Goncalo Quintanilha	87	Louletano/Loule Concelho	2:05.27	A	27.76	32.16	32.79	32.56
2.	Miguel Monteiro Diogo	93	Alcobaca	2:08.41	A	28.69	32.90	33.39	33.43
3.	Diogo Parrilha da Silva	93	Alcobaca	2:08.74	A	28.60	32.83	33.28	34.03
4.	Pedro Miguel Pinotes	89	Sporting	2:08.98	A	28.88	33.12	33.96	33.02
5.	Luis Pedro Estanislau	91	Louletano/Loule Concelho	2:09.39	A	28.46	32.53	33.83	34.57
6.	Jorge Miguel Carmo	90	Louletano/Loule Concelho	2:10.45	A	29.52	32.78	33.86	34.29
7.	Ruben Filipe Nunes	94	Gespacos	2:10.85	A	29.06	32.62	33.76	35.41
8.	Rafael Dias Martins	93	Porto/Dolce Vita	2:11.29	A	29.24	32.88	33.95	35.22
9.	Nuno Cruz Oliveira	90	Braga	2:11.41	B	29.07	32.73	34.65	34.96
	<i>FTL</i>								
10.	Antonio Rafael Bessa	94	Gespacos	2:12.70	B	29.97	33.71	34.35	34.67
	Joao Paulo Ribeiro	92	Bairro dos Anjos	2:12.70	B	29.15	34.10	34.51	34.94
	<i>FTL</i>								
12.	Joao Duarte Santos	95	Natacao de Olhao	2:13.46	B	29.75	34.25	34.74	34.72

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Rank	YB		Time	50m	100m	150m	200m	
13.	Miguel Silva Oliveira	91	Nautico/Matobra	2:14.08 B	28.28	33.07	35.80	36.93
	<i>FTL</i>							
14.	Renato Filipe Nascimento	94	Louletano/Loule Concelho	2:14.97 B	29.32	34.15	34.74	36.76
15.	Pedro Gomes Antunes	94	Braga	2:15.20 B	30.25	34.48	34.66	35.81
16.	Antonio Fraga Fragoso	95	Bombeiros Ponta Delgada	2:15.37 B	29.95	34.58	34.94	35.90
17.	Miguel Angelo Ferraria	94	Porto/Dolce Vita	2:16.19 R	29.33	35.12	35.47	36.27
18.	Miguel Duarte Nascimento	95	Portinado	2:16.92 R	30.21	34.53	35.42	36.76
19.	Miguel Bras Sergio	95	Bombeiros dos Estoris	2:17.39	29.49	34.10	36.02	37.78
20.	Joao Pedro Vieira	94	Naval do Funchal	2:17.64	30.41	34.29	36.30	36.64
21.	Diogo Antonio Lopes	95	Torres Novas	2:17.67	30.26	35.06	36.35	36.00
22.	Miguel Goncalves Ferreira	93	Nacional	2:18.77	30.18	34.64	36.52	37.43
	<i>FTL</i>							
23.	Antonio Jorge Rocha	94	Penafiel	2:19.32	30.70	35.38	35.85	37.39
24.	Mario Guterres Carvalho	95	Vilacondense	2:20.49	30.54	35.06	36.77	38.12
25.	Cesar Filipe Magalhaes	95	Foca	2:20.97	30.91	36.09	36.96	37.01
26.	Andre Augusto Santos	95	Belenenses	2:21.88	31.63	35.85	37.73	36.67
27.	Jose Manuel Dias	94	Uniao Piedense	2:22.08	30.05	35.63	37.01	39.39
	<i>FTL</i>							
28.	Rafael Filipe Torres	95	Sporting	2:22.63	30.36	35.93	37.39	38.95
29.	Cristovao Dinis Monteiro	95	Bombeiros V. Caldas Rainha	2:23.84	31.74	37.10	37.47	37.53
30.	Frederico Renato Sousa	95	Gespacos	2:23.98	31.58	36.29	37.37	38.74
31.	Luis Alberto Nogueira	95	Gespacos	2:24.33	31.47	36.36	37.50	39.00
32.	Joao Miguel Costa	95	Vilacondense	2:24.93	30.40	35.87	38.57	40.09
33.	Joao Carlos Paula	94	Galitos	2:25.12	32.27	36.44	37.64	38.77
	<i>FTL</i>							
34.	Andre Machado Vale	95	Viana Natacao	2:25.63	33.11	37.35	37.41	37.76
35.	Afonso Mateus Ribeiro	95	Belenenses	2:25.73	31.55	36.22	38.44	39.52
36.	Filipe Maria Ferreira	95	Louletano/Loule Concelho	2:28.65	30.93	36.90	39.24	41.58
	<i>FTL</i>							

Seniores

1.	Nuno Goncalo Quintanilha	87	Louletano/Loule Concelho	2:05.27 A	27.76	32.16	32.79	32.56
2.	Pedro Miguel Pinotes	89	Sporting	2:08.98 A	28.88	33.12	33.96	33.02
3.	Luis Pedro Estanislau	91	Louletano/Loule Concelho	2:09.39 A	28.46	32.53	33.83	34.57
4.	Jorge Miguel Carmo	90	Louletano/Loule Concelho	2:10.45 A	29.52	32.78	33.86	34.29
5.	Nuno Cruz Oliveira	90	Braga	2:11.41 B	29.07	32.73	34.65	34.96
	<i>FTL</i>							
6.	Miguel Silva Oliveira	91	Nautico/Matobra	2:14.08 B	28.28	33.07	35.80	36.93
	<i>FTL</i>							

Juniores2

1.	Joao Paulo Ribeiro	92	Bairro dos Anjos	2:12.70 B	29.15	34.10	34.51	34.94
	<i>FTL</i>							

Juniores1

1.	Miguel Monteiro Diogo	93	Alcobaca	2:08.41 A	28.69	32.90	33.39	33.43
2.	Diogo Parrilha da Silva	93	Alcobaca	2:08.74 A	28.60	32.83	33.28	34.03
3.	Rafael Dias Martins	93	Porto/Dolce Vita	2:11.29 A	29.24	32.88	33.95	35.22
4.	Miguel Goncalves Ferreira	93	Nacional	2:18.77	30.18	34.64	36.52	37.43
	<i>FTL</i>							