

OPEN de Inverno para Masters  
Mealhada, 30. - 31.1.2010

Prova 3 Femin., 200m Livres 25 - 89 anos  
30.1.10 Resultados

RN Esc A(25-29)	2:20.19	Ana Mafalda Oliveira	CNMAIA	Ponte de Sôr	27.5.06
RN Esc B(30-34)	2:06.50	Ana Paula Grilo	UDCA	Inatel	22.3.03
RN Esc C(35-39)	2:07.69	Ana Paula Grilo	UDCA	Freiburg (GER)	8.5.04
RN Esc D(40-44)	2:28.76	Helena Barros Carmo	CNCVG	Torres Novas	31.1.09
RN Esc E(45-49)	2:46.89	Eugenia Maria Cunha	AAC	Cantanhede	26.5.07
RN Esc F(50-54)	3:12.54	Maria Teresa Oliveira	AAC	Ponte da Barca	1.3.08
RN Esc G(55-59)	2:50.79	Ana Maria Ferreira	INDANL	Inatel	12.4.08
RN Esc H(60-64)	3:58.29	Celia Stichini Quartin	ANE	Inatel	5.2.06
RN Esc I(65-69)	5:11.29	Nair Gomes Sa	ANE	Inatel	5.2.06
RN Esc J(70-74)	5:48.44	Maria Augusta Azinheira	SFP	Lisboa	15.2.09
RN Esc K(75-79)	59:00.00				
RN Esc L(80-84)	59:00.00				

Lugar	Ano		Tp final	50m	100m	150m	200m
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Master Esc A

1.	Ana Mafalda Oliveira	81	Natação da Maia	<b>2:23.50</b>	33.25	36.10	37.11	37.04
2.	Diana Raquel Pacheco	84	Leixões	<b>2:36.70</b>	35.67	39.46	40.95	40.62
3.	Ana Filipa Moreto	84	Leixões	<b>2:39.51</b>	35.73	39.86	42.23	41.69
4.	A. Raposo	85	Galitos	<b>2:44.17</b>	36.50	41.01	43.34	43.32
5.	Monica Sofia Peixe	81	Belenenses	<b>2:55.92</b>	38.95	44.09	46.69	46.19
6.	Patricia Alexandra Silva	82	Naval Setubalense	<b>3:13.28</b>	37.39	47.30		
7.	Cornelia Schneider	81	Académica de Coimbra	<b>3:15.47</b>	43.83	48.85	52.42	50.37

Master Esc B

1.	Joana Isabel Cunha	80	Belenenses	<b>2:30.61</b>	34.83	37.41	39.38	38.99
2.	Joana Araujo Gameiro	78	Belenenses	<b>2:58.78</b>	40.51	45.11	47.81	45.35
3.	Ana Vieira Luz	78	Belenenses	<b>3:04.12</b>	43.34	47.04	48.04	45.70
4.	Ana Rita Fernandes	79	Académica de Coimbra	<b>3:12.62</b>	41.86	47.85	52.05	50.86
5.	Ana Carina Guerreiro	77	Belenenses	<b>3:14.63</b>	43.31	49.10	52.04	50.18
6.	Marta Isabel Duque	76	Naval Setubalense	<b>3:15.27</b>	44.12	48.00	51.58	51.57

Master Esc C

1.	Maria Joao Viegas	72	Académica de Coimbra	<b>2:50.79</b>	39.50	44.00	24.32	1:02.97
2.	Cristina Fernandes Silva	71	Académica de Coimbra	<b>3:17.32</b>	40.95	48.30	53.69	54.38
3.	Fernanda Maria Santinha	72	Masters de Almada	<b>3:17.34</b>	45.18	49.79	51.78	50.59
4.	Isabel Maria Marques	75	Académica de Coimbra	<b>3:45.56</b>	52.37	57.63	59.86	55.70
5.	Susana Paula Simoes	72	Leixões	<b>3:51.43</b>	52.87	58.04	1:00.95	59.57

Master Esc D

1.	Isabel Batista Ferreira	67	Belenenses	<b>2:37.04</b>	36.19	39.22	41.35	40.28
2.	Maria Teresa Brandao	69	Leixões	<b>2:39.24</b>	35.90	39.55	41.76	42.03
3.	Alexandra Maria Silva	67	Propaganda da Nataçao	<b>2:40.06</b>	35.19	38.72	42.31	43.84
4.	Elizabete Maria Rosa	69	Pimpões/Cimai	<b>2:54.03</b>	39.34	44.30	45.96	44.43
5.	Maria Fernanda Goncalves	66	Propaganda da Nataçao	<b>2:56.11</b>	36.97	42.24	47.31	49.59
6.	Ana Bernardo Barbara	70	Portinado	<b>3:56.70</b>	50.83	1:00.31	1:03.87	1:01.69

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Master Esc E

1. Elena Nikolaevna Kraeva	61	Belenenses	<b>2:38.50</b>	36.52	39.69	41.33	40.96
<i>Rec Nac Cat E</i>							
2. Maria Margarida Urbano	63	Académica de Coimbra	<b>3:01.81</b>	41.43	45.39	47.07	47.92
3. Maria Luisa Oliveira	61	Académica de Coimbra	<b>3:13.86</b>	44.26	49.19	50.39	50.02
4. Isabel Cristina Cansado	65	Litoral Alentejano	<b>4:01.00</b>	49.07	1:02.16	1:06.57	1:03.20

Master Esc F

1. Maria Teresa Oliveira	57	Académica de Coimbra	<b>3:06.97</b>	42.80	48.27	48.85	47.05
<i>Rec Nac Cat F</i>							
2. Helena Varela Lopes	56	Belenenses	<b>3:11.30</b>	43.08	48.83	49.99	49.40
3. M. Gomez Doval	56	C. Fluvial De Lugo	<b>3:37.54</b>	50.22	54.24	56.45	56.63
4. Leila Castro Esteves	60	Portinado	<b>4:03.46</b>	51.84	56.76	1:04.27	1:10.59

Master Esc H

1. Ana Maria Ferreira	50	Algés	<b>2:55.95</b>	40.54	44.74	45.85	44.82
<i>Rec Nac Cat H</i>							

Master Esc I

1. Celia Stichini Quartin	44	Pimpões/Cimai	<b>4:10.68</b>	52.37	1:02.07	1:07.31	1:08.93
<i>Rec Nac Cat I</i>							