

XII Campeonato Nacional Masters de Verão - OPEN
Reguengos de Monsaraz, 3. - 4.7.2010

Prova 29 Masc., 200m Livres 25 - 89 anos
4.7.10 - 11:30 Resultados

Pontos: DSV Masters 04

Lugar	Ano		Tempo final	Pts	100m	200m	
Master Esc A							
1.	David Oliveira Gorgulho	82	Litoral Alentejano	2:08.32	641	1:02.75	1:05.57
2.	Ivan Mauricio Couras	81	Leixoes	2:17.44	522	1:06.98	1:10.46
3.	Mario Jorge Costa	84	Vilacondense	2:18.18	513	1:06.72	1:11.46
4.	Juan Carlos Briceno	82	Academica de Coimbra	2:27.25	424	1:09.60	1:17.65
5.	Armindo Manuel Lobo	84	Vitoria de Guimaraes	2:30.85	394	1:11.09	1:19.76
6.	Joao Tiago Ferraz	84	Galitos	2:32.53	382	1:10.43	1:22.10
7.	Pablo Manuel Tavares	84	Masters de Almada	2:36.64	352	1:11.85	1:24.79
8.	Rogério Filipe Vieira	84	Galitos	2:46.98	291	1:16.98	1:30.00

Master Esc B

1.	Pedro Miguel Silva	76	Vilacondense	2:03.56	738	59.62	1:03.94
2.	Rodrigo Marques Costa	76	Litoral Alentejano	2:17.25	538	1:05.57	1:11.68
3.	Carlos Chan Cordeiro	77	Portinado	2:22.03	485	1:06.57	1:15.46
4.	Diogo Pedroso Almeida	77	Belenenses	2:26.36	444	1:12.61	1:13.75
5.	Ricardo Manuel Silvestre	79	Litoral Alentejano	2:26.38	443	1:09.67	1:16.71
6.	Rui Manuel Pinto	79	Leixoes	2:27.32	435	1:07.80	1:19.52
7.	Tiago Goncalo Ribeiro	80	Pimpoes/Cimai	2:29.48	416	1:11.36	1:18.12
8.	Alexandre Marques Pereira	76	Belenenses	2:35.67	369	1:13.89	1:21.78
9.	Nelson Palma Mestre	80	Academica de Coimbra	2:35.79	368	1:15.45	1:20.34
10.	Rui Alexandre Santos	76	Nadadores dos Estoris	2:39.37	343	1:13.54	1:25.83
11.	Eduardo Jose Amaral	78	Pimpoes/Cimai	2:51.25	277	1:19.41	1:31.84
12.	Jose Orlando Novais	78	Vitoria de Guimaraes	3:03.14	226	1:25.52	1:37.62
13.	Ricardo Jose Quiterio	77	Salvaterra Magos	3:28.36	153	1:37.20	1:51.16

Master Esc C

1.	Rui Fonseca Vaz	71	Colegio Vasco da Gama	2:14.95	638	1:06.01	1:08.94
2.	Pedro Nuno Braga	74	Natacao da Maia	2:20.84	561	1:06.67	1:14.17
3.	Sergio David Silva	73	Natacao da Maia	2:27.34	490	1:09.61	1:17.73
4.	Nuno Alexandre Crespo	75	Belenenses	2:36.48	409	1:14.17	1:22.31
5.	Miguel Varela Santos	74	Galitos	2:38.46	394	1:15.06	1:23.40
6.	Urbino Jesus Santos	75	Natacao da Maia	2:43.78	356	1:17.73	1:26.05
7.	Nuno Andre Ramalhao	73	Gespacos	2:47.96	330	1:19.41	1:28.55
8.	Nuno Cristiano Pereira	73	Leixoes	2:54.39	295	1:22.83	1:31.56
9.	Jose Miguel Gomes	72	Belenenses	2:56.33	286	1:23.40	1:32.93
10.	Mario Antonio Caeiro	71	Masters de Almada	3:08.22	235	1:33.40	1:34.82
11.	Telmo Miguel Veloso	75	Leixoes	3:17.98	202	1:35.42	1:42.56
12.	Helder Manuel Galvao	74	Salvaterra Magos	4:06.58	104	1:44.03	2:22.55

Master Esc D

1.	Christophe Coutanceau	67	Nageurs De Paris	2:21.59	584	1:10.13	1:11.46
2.	Eurico Manuel Santos	70	Belenenses	2:27.43	517	1:11.49	1:15.94
3.	Rui Jorge Ferreira	68	Galitos	2:29.16	499	1:11.77	1:17.39
4.	Pedro Alexandre Fernando	67	Academica de Coimbra	2:33.47	458	1:15.31	1:18.16
5.	Carlos Alberto Alves	67	Leixoes	2:33.70	456	1:13.59	1:20.11
6.	Luis Paulo Piteira	68	Setubalense	2:35.60	440	1:14.40	1:21.20
7.	Jorg Lohken	68	Individual Lisboa	2:36.10	436	1:14.51	1:21.59

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Lugar	Ano		Tempo final	Pts	100m	200m	
8.	Francisco Jose Dias	69	Portinado	2:53.30	318	1:20.13	1:33.17
9.	Jose Salvador Faustino	68	Portinado	2:58.03	294	1:23.72	1:34.31
10.	Jose Manuel Brandao	70	Desportiva de Viana	2:59.95	284	1:26.78	1:33.17
11.	Carlos Manuel Anjos	66	Galitos	3:00.24	283	1:25.06	1:35.18
12.	Antonio Manuel Santinha	69	Masters de Almada	3:05.55	259	1:30.45	1:35.10
13.	Paulo Alexandre Neves	66	Leixoes	3:15.72	221	1:33.63	1:42.09
14.	Francisco Goncalves Malheiro	69	Desportiva de Viana	3:27.43	185	1:34.60	1:52.83

Master Esc E

1.	Jose Carlos Freitas	63	Fluivial Portuense	2:07.54	887	1:02.93	1:04.61
2.	Jaime Carlos Bento	61	Alges	2:23.37	624	1:07.73	1:15.64
3.	Joao Manuel Silva	63	Millennium BCP	2:36.80	477	1:16.17	1:20.63
4.	Germano Oliveira Velha	62	Alges	2:38.10	465	1:14.92	1:23.18
5.	Armando Joao Costa	63	Pimpoes/Cimai	2:41.86	434	1:19.10	1:22.76
6.	Ralf Pinto Soares	64	Nadadores dos Estoris	2:42.02	432	1:17.38	1:24.64
7.	Antonio Jorge Martinho	65	Academica de Coimbra	2:54.64	345	1:22.18	1:32.46
8.	Francisco Jorge Ferreira	62	Academica de Coimbra	2:57.00	332	1:26.40	1:30.60
9.	Fernando Manuel Serra	64	Millennium BCP	3:09.46	270	1:31.73	1:37.73
10.	Paulo Fernando Rodrigues	63	Belenenses	3:10.73	265	1:30.19	1:40.54
11.	Joao Paulo Coroado	63	Academica de Coimbra	3:11.21	263	1:30.65	1:40.56
12.	Fernando Diogo Duarte	62	Individual Aveiro	3:12.85	256	1:29.77	1:43.08

Master Esc F

1.	Vitor Manuel Mavioso	56	Alges	2:38.62	481	1:17.01	1:21.61
2.	Jose Santos Silva	57	Natacao da Maia	2:48.98	398	1:24.92	1:24.06
3.	Antonio Costa Raposo	58	Portinado	2:52.32	375	1:21.82	1:30.50
4.	Antonio Coelho Moura	60	Pimpoes/Cimai	3:04.25	307	1:27.09	1:37.16
5.	Luis Carlos Felix	60	CCD Lagos/Multi	3:08.18	288	1:30.38	1:37.80
6.	Jose Luis Correia	59	Nadadores dos Estoris	3:11.02	275	1:30.75	1:40.27
7.	Hermano Botelho Almeida	56	Portugal Telecom	3:27.83	213	1:36.14	1:51.69

Master Esc G

1.	Carlos Alberto Serra	55	Luz e Vida	2:43.64	522	1:19.45	1:24.19
2.	Hugo Francisco Figueiredo	53	Academica de Coimbra	3:21.10	281	1:38.12	1:42.98
3.	Domingos Pinto Coelho	52	Individual Lisboa	3:28.73	251	1:40.54	1:48.19
4.	Mario Jorge Melo	51	Belenenses	3:29.93	247	1:39.95	1:49.98
5.	Jose Carlos Neto	53	Ginasio Figueirense	3:43.98	203	1:44.12	1:59.86

Master Esc H

1.	Jose Sarsfield Cabral	49	Academica de Coimbra	2:50.02	572	1:20.70	1:29.32
2.	Stephen Thomas Dyson	47	Belenenses	2:50.82	564	1:20.91	1:29.91
3.	Daniel Sobral Rabiais	50	Pimpoes/Cimai	3:57.11	211	1:49.01	2:08.10
4.	Jose Jesus Lourenco	47	Portugal Telecom	4:38.20	130	2:10.05	2:28.15

Master Esc I

1.	Orlando Gomes Bairrada	45	Nadadores dos Estoris	2:58.35	579	1:23.48	1:34.87
2.	Luis Vidigal Salgueiro	45	Alges	3:20.54	407	1:37.28	1:43.26
3.	Helder Manuel Moreira	44	Galitos	4:06.34	219	1:58.23	2:08.11

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Master Esc J

1.	Joao Rodrigues Teixeira	37	Academica de Coimbra	4:20.20	210	2:13.24	2:06.96
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