

XII Campeonato Nacional Masters de Verão - OPEN
Reguengos de Monsaraz, 3. - 4.7.2010

Prova 38
4.7.10 - 17:15

Masc., 200m Bruços

25 - 89 anos
Resultados

Pontos: DSV Masters 04

Lugar	Ano		Tempo final	Pts	100m	200m	
Master Esc A							
1.	Daniel Filipe Fernandes	85	Campinho	2:57.19	514	1:24.53	1:32.66
2.	Luis Miguel Martinho	84	Nautica do Seixal/Emisa	3:03.78	460	1:27.78	1:36.00
3.	Joao Tiago Ferraz	84	Galitos	3:07.88	431	1:29.13	1:38.75
4.	Rogério Filipe Vieira	84	Galitos	3:14.95	386	1:33.17	1:41.78
5.	Jose Manuel Antunes	82	Galitos	3:18.22	367	1:34.97	1:43.25
6.	Pedro Guedes Silva	82	Belenenses	3:39.46	270	1:49.24	1:50.22
Master Esc B							
1.	Patrick Santos	79	Nageurs De Paris	2:44.58	622	1:19.05	1:25.53
2.	Rodrigo Marques Costa	76	Litoral Alentejano	2:44.70	621	1:18.06	1:26.64
3.	Nuno Ricardo Antunes	78	Academico de Leiria	3:01.72	462	1:27.39	1:34.33
4.	Carlos Sobral Silva	77	Setubalense	3:15.74	370	1:37.32	1:38.42
5.	Alexandre Marques Pereira	76	Belenenses	3:27.59	310	1:42.97	1:44.62
6.	Jose Orlando Novais	78	Vitoria de Guimaraes	3:28.22	307	1:39.72	1:48.50
7.	Ricardo Jose Quiterio	77	Salvaterra Magos	4:08.01	181	1:57.20	2:10.81
Master Esc C							
1.	Rui Nuno Pereira	74	Galitos	2:59.32	494	1:26.35	1:32.97
2.	Joao Miguel Faria	71	Leixoes	3:16.38	376	1:34.97	1:41.41
3.	Miguel Varela Santos	74	Galitos	3:22.65	342	1:34.75	1:47.90
4.	Nuno Alexandre Crespo	75	Belenenses	3:25.71	327	1:38.68	1:47.03
5.	Jose Miguel Gomes	72	Belenenses	3:32.12	298	1:44.05	1:48.07
6.	Abilio Manuel Antonio	72	Pimpoes/Cimai	3:39.26	270	1:43.44	1:55.82
7.	Jose Antonio Vilao	72	Salvaterra Magos	3:58.71	209	1:55.02	2:03.69
8.	Helder Manuel Galvao	74	Salvaterra Magos	4:28.05	148	2:02.32	2:25.73
Master Esc D							
1.	Joao Pedro Ventura	69	Masters de Almada	3:20.24	423	1:37.73	1:42.51
2.	Manuel Vasques Quintino	68	Portugal Telecom	3:33.88	347	1:46.13	1:47.75
3.	Carlos Manuel Anjos	66	Galitos	3:36.69	333	1:44.07	1:52.62
4.	Antonio Manuel Santinha	69	Masters de Almada	3:54.03	265	1:55.96	1:58.07
Master Esc E							
1.	Germano Oliveira Velha	62	Alges	3:06.58	562	1:28.76	1:37.82
2.	Ralf Pinto Soares	64	Nadadores dos Estoris	3:11.37	521	1:32.08	1:39.29
3.	Joao Manuel Silva	63	Millennium BCP	3:14.64	495	1:32.00	1:42.64
4.	Martin Bernhard	65	Academico de Leiria	3:27.44	409	1:40.28	1:47.16
5.	Joao Paulo Campos	65	Leixoes	3:29.99	394	1:39.52	1:50.47
6.	Joao Paulo Coroado	63	Academica de Coimbra	3:36.12	361	1:43.83	1:52.29
7.	Fernando Manuel Serra	64	Millennium BCP	3:52.64	290	1:49.78	2:02.86
8.	Adriano Manuel Barradas	65	Millennium BCP	4:11.56	229	2:03.57	2:07.99
DSQ	Joao Paulo Almeida	64	Ginasio Figueirense	3:41.82		1:48.52	1:53.30
<i>Falsa partida-SW 4.4</i>							

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Master Esc F

1.	Jose Santos Silva	57	Natacao da Maia	3:13.16	581	1:35.66	1:37.50
2.	Luis Cavaleiro Madeira	57	Belenenses	3:27.07	471	1:38.58	1:48.49
3.	Jose Guilherme Oliveira	60	Belenenses	3:27.57	468	1:41.03	1:46.54
4.	Hermano Botelho Almeida	56	Portugal Telecom	4:22.70	231	2:07.41	2:15.29

Master Esc G

1.	Carlos Alberto Serra	55	Luz e Vida	3:20.49	554	1:38.66	1:41.83
2.	Mario Jorge Melo	51	Belenenses	3:59.72	324	1:56.99	2:02.73
3.	Antonio Alves Cecilio	54	Gespacos	4:02.79	312	1:55.34	2:07.45
4.	Walter Emunds	52	Portinado	4:13.50	274	2:03.52	2:09.98
5.	Jose Henrique Madail	54	Galitos	4:24.96	240	2:07.33	2:17.63

Master Esc H

1.	Joaquim Fidalgo Freitas	47	Academica de Coimbra	3:39.98	516	1:45.72	1:54.26
2.	Jose Jesus Lourenco	47	Portugal Telecom	4:39.49	252	2:13.01	2:26.48

Master Esc I

1.	Antonio Bessone Basto	45	Alges	3:27.08	707	1:41.77	1:45.31
2.	Helder Manuel Moreira	44	Galitos	4:02.50	440	1:56.21	2:06.29
DNF	Alexandre Azevedo Gaspar	45	Alges				
	SW 10.1						

Master Esc J

1.	Joao Rodrigues Teixeira	37	Academica de Coimbra	4:33.92	360	2:16.37	2:17.55
2.	Manuel Monteiro Tenreiro	40	Academica de Coimbra	5:08.37	252	2:33.26	2:35.11

Master Esc L

1.	Leonel Sousa Gomes	30	Academica de Coimbra	4:25.28	774	2:08.06	2:17.22
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