

OPEN de Inverno para Masters
Ponte de Sor, 29- - 30-1-2011

Medalhados por Prova, Masc.

Todas as provas

400m Livres				Master Esc A				400m Livres				Master Esc B			
1.	David Oliveira Gorgulho	82	CNLA			4:15.56		1.	Rui Manuel Pinto	79	LSC			4:39.29	
2.	Andre Silva Bastos	83	CDF			4:40.43		2.	Ivan Mauricio Couras	81	LSC			4:48.80	
3.	Juan Carlos Briceno	82	AAC			5:08.31		3.	Diogo Pedroso Almeida	77	CIMM			4:57.90	
400m Livres				Master Esc C				400m Livres				Master Esc D			
1.	Pedro Miguel Silva	76	CFV			4:06.32		1.	Vitor Fortes Cunha	71	CIMM			5:04.24	
2.	Eduardo Dias Pratas	75	CNS			4:53.92		2.	Luis Paulo Piteira	68	CNS			5:04.41	
3.	Pedro Nuno Braga	74	CNMAIA			5:00.93		3.	Pedro Alexandre Fernando	67	AAC			5:09.88	
400m Livres				Master Esc E				400m Livres				Master Esc F			
1.	Jose Carlos Freitas	63	CFP			4:19.65		1.	Jaime Carlos Bento	61	SAD			4:54.34	
2.	Ralf Pinto Soares	64	ANE			5:29.68		2.	Mario Jose Pinto	57	INDANC			5:30.95	
3.	Armando Joao Costa	63	PIMP			5:39.66		3.	Antonio Costa Raposo	58	PORTIN			6:09.23	
400m Livres				Master Esc G				400m Livres				Master Esc H			
1.	Vitor Manuel Mavioso	56	SAD			5:18.04		1.	Antonio Manuel Tavares	51	SFP			7:20.62	
2.	Carlos Alberto Serra	55	CCLV			5:45.62									
3.	Antonio Prestes Pires	56	AAC			6:00.59									
400m Livres				Master Esc I											
1.	Luis Vidigal Salgueiro	45	SAD			6:38.71									
2.	Jose Joaquim Marreiros	46	SAD			7:25.27									
3.	Helder Manuel Moreira	44	CMBP			8:32.54									
100m Bruços				Master Esc A				100m Bruços				Master Esc B			
1.	Luis Paulo Gomes	82	CDN			1:12.51		1.	Nelson Palma Mestre	80	AAC			1:21.60	
2.	Joao Tiago Ferraz	84	CGA			1:18.82		2.	Joao Silva Bastos	81	CDF			1:23.35	
3.	Jose Miguel Figueiredo	84	SCA			1:19.24		3.	Carlos Sobral Silva	77	CNS			1:24.31	
100m Bruços				Master Esc C				100m Bruços				Master Esc D			
1.	Rodrigo Marques Costa	76	CNLA			1:08.54		1.	Luis Paulo Piteira	68	CNS			1:21.12	
2.	Miguel Varela Santos	74	CGA			1:24.16		2.	Joao Miguel Faria	71	LSC			1:21.29	
3.	Pedro Nuno Silva	73	AAC			1:24.82		3.	Rui Dinis Tejo	69	AMINAT			1:21.74	
100m Bruços				Master Esc E				100m Bruços				Master Esc F			
1.	Jose Samuel Duarte	65	SCP			1:14.36		1.	Jose Santos Silva	57	CNMAIA			1:20.57	
2.	Germano Oliveira Velha	62	SAD			1:17.14		2.	Luis Cavaleiro Madeira	57	CIMM			1:22.81	
3.	Ralf Pinto Soares	64	ANE			1:23.42		3.	Jose Guilherme Oliveira	60	CIMM			1:31.30	
100m Bruços				Master Esc G				100m Bruços				Master Esc H			
1.	Carlos Alberto Serra	55	CCLV			1:33.08		1.	Joaquim Fidalgo Freitas	47	AAC			1:30.24	
2.	Rui Manuel Palma	54	CPT			1:36.25		2.	Jaime Ramiro Carmo	50	LSC			1:52.54	
3.	Ricardo Jorge Osorio	56	GESP			1:38.36		3.	Antonio Manuel Tavares	51	SFP			2:06.00	

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100m Bruços				Master Esc I		100m Bruços				Master Esc J	
1.	Antonio Bessone Basto	45	SAD		1:31.07	1.	Joao Rodrigues Teixeira	37	AAC		2:02.28
2.	Helder Manuel Moreira	44	CMBCP		1:41.99	2.	Manuel Monteiro Tenreiro	40	AAC		2:17.91
3.	Alexandre Azevedo Gaspar	45	SAD		1:51.97						
100m Bruços				Master Esc L							
1.	Leonel Sousa Gomes	30	AAC		1:59.67						
50m Mariposa				Master Esc A		50m Mariposa				Master Esc B	
1.	Luis Paulo Gomes	82	CDN		28.89	1.	Carlos Granadeiro Dias	81	PORTIN		30.46
2.	Miguel Santos Coelho	82	CFV		29.52	2.	Henrique Manuel Graca	79	ESJB		31.61
3.	Emanuel David Oliveira	85	CNMAIA		30.05	3.	Nuno Miguel Guerra	77	LSC		31.90
50m Mariposa				Master Esc C		50m Mariposa				Master Esc D	
1.	Osvaldo Roseira Mateus	76	CDN		28.01	1.	Emilio Nuno Frischknecht	71	SAD		28.80
2.	Joaquim Paixao Barroso	76	KCNTA		28.04	2.	Vitor Fortes Cunha	71	CIMM		28.86
3.	Rodolfo Pereira Nunes	73	GESP		28.24	3.	Americo Pedro Goncalves	71	CGA		31.08
50m Mariposa				Master Esc E		50m Mariposa				Master Esc F	
1.	Jorge Eduardo Faria	64	SAD		28.10	1.	Paulo Paula Carvalho	61	SFUAP		29.53
2.	Joao Manuel Silva	63	CMBCP		33.68	2.	Jose Santos Silva	57	CNMAIA		34.51
3.	Carlos Jorge Oliveira	64	CPT		33.86	3.	Mario Jose Pinto	57	INDANC		37.11
50m Mariposa				Master Esc G							
1.	Rui Manuel Palma	54	CPT		34.39						
2.	Antonio Gaspar Freitas	56	LSC		34.80						
3.	Antonio Prestes Pires	56	AAC		36.41						
50m Mariposa				Master Esc I		50m Mariposa				Master Esc J	
1.	Orlando Gomes Bairrada	45	ANE		37.70	1.	A. Rodrigues	39	AAC		46.39
2.	Luis Vaz Jorge	43	AAC		39.22						
100m Estilos				Master Esc A		100m Estilos				Master Esc B	
1.	Miguel Santos Coelho	82	CFV		1:07.31	1.	Rui Manuel Pinto	79	LSC		1:06.36
2.	Emanuel David Oliveira	85	CNMAIA		1:09.12	2.	Carlos Granadeiro Dias	81	PORTIN		1:10.34
3.	Joao Tiago Ferraz	84	CGA		1:09.81	3.	Ivan Mauricio Couras	81	LSC		1:10.91
100m Estilos				Master Esc C		100m Estilos				Master Esc D	
1.	Pedro Miguel Silva	76	CFV		1:00.75	1.	Miguel Malta Madeira	68	ESJB		1:08.06
2.	Rodrigo Marques Costa	76	CNLA		1:02.79	2.	Emilio Nuno Frischknecht	71	SAD		1:08.10
3.	Joaquim Paixao Barroso	76	KCNTA		1:04.47	3.	Paulo Guilherme Martins	68	GCF		1:16.60
100m Estilos				Master Esc E		100m Estilos				Master Esc F	
1.	Jorge Eduardo Faria	64	SAD		1:07.25	1.	Paulo Paula Carvalho	61	SFUAP		1:10.83
2.	Jose Samuel Duarte	65	SCP		1:11.93	2.	Jaime Carlos Bento	61	SAD		1:14.52
3.	Germano Oliveira Velha	62	SAD		1:14.93	3.	Luis Cavaleiro Madeira	57	CIMM		1:19.23

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100m Estilos				Master Esc G				100m Estilos				Master Esc H			
1.	Vitor Manuel Mavioso	56	SAD				1:18.05	1.	Jose Sarsfield Cabral	49	AAC				1:23.05
2.	Ricardo Jorge Osorio	56	GESP				1:38.84	2.	Antonio Cruz Meyrelles	47	SFP				1:33.41
3.	Mario Gomes Bairrada	52	ANE				1:40.70								
100m Estilos				Master Esc I				100m Estilos				Master Esc J			
1.	Antonio Bessone Basto	45	SAD				1:21.85	1.	A. Rodrigues	39	AAC				1:46.78
								2.	Joao Rodrigues Teixeira	37	AAC				2:02.88
100m Estilos				Master Esc L											
1.	Leonel Sousa Gomes	30	AAC				1:59.49								
200m Livres				Master Esc A				200m Livres				Master Esc B			
1.	David Oliveira Gorgulho	82	CNLA				1:58.21	1.	Rui Manuel Pinto	79	LSC				2:10.84
2.	Andre Silva Bastos	83	CDF				2:09.69	2.	Ivan Mauricio Couras	81	LSC				2:11.99
3.	Emanuel David Oliveira	85	CNMAIA				2:14.49	3.	Nelson Palma Mestre	80	AAC				2:23.49
200m Livres				Master Esc C				200m Livres				Master Esc D			
1.	Pedro Miguel Silva	76	CFV				1:54.01	1.	Americo Pedro Goncalves	71	CGA				2:22.76
2.	Miguel Mendonca Cabrita	74	SAD				2:03.02	2.	Pedro Alexandre Fernando	67	AAC				2:23.18
3.	Rodrigo Marques Costa	76	CNLA				2:08.63	3.	Luis Paulo Piteira	68	CNS				2:27.10
200m Livres				Master Esc E				200m Livres				Master Esc F			
1.	Jose Carlos Freitas	63	CFP				2:04.45	1.	Paulo Paula Carvalho	61	SFUAP				2:11.76
2.	Armando Joao Costa	63	PIMP				2:39.59	2.	Jaime Carlos Bento	61	SAD				2:18.10
3.	Rui Araujo Paulo	63	PORTIN				2:48.57	3.	Mario Jose Pinto	57	INDANC				2:37.45
200m Livres				Master Esc G											
1.	Vitor Manuel Mavioso	56	SAD				2:28.47								
2.	Carlos Alberto Serra	55	CCLV				2:40.04								
3.	Antonio Prestes Pires	56	AAC				2:45.03								
200m Livres				Master Esc I											
1.	Luis Vidigal Salgueiro	45	SAD				3:06.43								
2.	Jose Joaquim Marreiros	46	SAD				3:31.57								
3.	Helder Manuel Moreira	44	CMBCP				4:02.40								
200m Livres				Master Esc L											
1.	Leonel Sousa Gomes	30	AAC				3:55.06								
50m Bruços				Master Esc A				50m Bruços				Master Esc B			
1.	Luis Paulo Gomes	82	CDN				32.53	1.	Ricardo Manuel Clemente	79	CNLA				31.66
2.	Carlos Miguel Costa	86	GESP				34.29	2.	Ivan Mauricio Couras	81	LSC				36.49
3.	Joao Tiago Ferraz	84	CGA				34.70	3.	Carlos Sobral Silva	77	CNS				38.49

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50m Bruços				Master Esc C				50m Bruços				Master Esc D			
1.	Rodolfo Pereira Nunes	73	GESP				31.82	1.	Rui Dinis Tejo	69	AMINAT				35.48
1.	Rodrigo Marques Costa	76	CNLA				31.82	2.	Joao Miguel Faria	71	LSC				36.25
3.	Osvaldo Roseira Mateus	76	CDN				33.77	3.	Nuno Filipe Melo	70	CGA				39.49
50m Bruços				Master Esc E				50m Bruços				Master Esc F			
1.	Germano Oliveira Velha	62	SAD				34.24	1.	Jose Santos Silva	57	CNMAIA				36.62
2.	Jose Samuel Duarte	65	SCP				34.43	2.	Manuel Jose Romariz	59	LSC				37.33
3.	Fernando Silva Ribeiro	66	AAC				37.12	3.	Jose Guilherme Oliveira	60	CIMM				42.79
50m Bruços				Master Esc G				50m Bruços				Master Esc H			
1.	Rui Manuel Palma	54	CPT				40.40	1.	Joaquim Fidalgo Freitas	47	AAC				39.53
2.	Carlos Alberto Serra	55	CCLV				43.26	2.	Jose Sarsfield Cabral	49	AAC				39.94
3.	Ricardo Jorge Osorio	56	GESP				45.21	3.	Jaime Ramiro Carmo	50	LSC				51.55
50m Bruços				Master Esc I				50m Bruços				Master Esc J			
1.	Antonio Bessone Basto	45	SAD				42.07	1.	Joao Rodrigues Teixeira	37	AAC				52.14
2.	Helder Manuel Moreira	44	CMBCP				44.79	2.	Manuel Monteiro Tenreiro	40	AAC				1:00.78
3.	Luis Vaz Jorge	43	AAC				45.14								
50m Bruços				Master Esc M				100m Mariposa				Master Esc A			
1.	Ilidio Pintadinho Santos	25	PORTIN				2:32.90	1.	Luis Paulo Gomes	82	CDN				1:04.45
								2.	R. Fernandes	83	CDN				1:07.37
								3.	Bruno Andre Miranda	82	SAD				1:09.72
100m Mariposa				Master Esc B				100m Mariposa				Master Esc C			
1.	Rui Manuel Pinto	79	LSC				1:04.13	1.	Pedro Miguel Silva	76	CFV				59.12
2.	Luis Vieira Santos	80	PORTIN				1:37.73	2.	Miguel Mendonca Cabrita	74	SAD				59.47
								3.	Tiago Freitas Teles	75	SAD				1:04.71
100m Mariposa				Master Esc D				100m Mariposa				Master Esc E			
1.	Vitor Fortes Cunha	71	CIMM				1:04.61	1.	Jorge Eduardo Faria	64	SAD				1:02.35
2.	Paulo Guilherme Martins	68	GCF				1:14.80	2.	Antonio Jorge Martinho	65	AAC				1:28.44
3.	Joao Carlos Pereira	69	CNMAL				1:18.41								
100m Mariposa				Master Esc G											
1.	Domingos Pinto Coelho	52	SAD				1:57.68								
2.	Walter Emunds	52	PORTIN				2:04.89								
100m Costas				Master Esc A				100m Costas				Master Esc B			
1.	David Oliveira Gorgulho	82	CNLA				1:01.21	1.	Carlos Granadeiro Dias	81	PORTIN				1:12.76
2.	Guilherme Luis Goncalves	83	ANSE				1:09.18	2.	Nuno Miguel Guerra	77	LSC				1:16.34
3.	Emanuel David Oliveira	85	CNMAIA				1:10.72	3.	Joao Silva Bastos	81	CDF				1:16.96

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100m Costas				Master Esc C				100m Costas				Master Esc D			
1.	Pedro Jorge Lemos	76	ESJB		1:25.09			1.	Miguel Malta Madeira	68	ESJB		1:07.57		
2.	Paulo Viana Santos	75	PORTIN		2:02.23			2.	Paulo Guilherme Martins	68	GCF		1:17.80		
								3.	Miguel Jose Ferreira	70	LSC		1:23.32		
100m Costas				Master Esc E				100m Costas				Master Esc F			
1.	Jose Samuel Duarte	65	SCP		1:18.52			1.	Paulo Paula Carvalho	61	SFUAP		1:10.26		
2.	Americo Paulo Sousa	66	LSC		1:25.58			2.	Pedro Militao Fernandes	61	AAC		1:32.47		
3.	Daniel Castro Trigo	65	SCA		1:48.04			3.	Antonio Costa Raposo	58	PORTIN		1:37.09		
100m Costas				Master Esc G											
1.	Vitor Manuel Mavioso	56	SAD		1:20.06										
2.	Ricardo Jorge Osorio	56	GESP		1:42.82										
3.	Walter Emunds	52	PORTIN		2:05.82										
100m Costas				Master Esc I											
1.	Antonio Bessone Basto	45	SAD		1:24.06										
100m Costas				Master Esc M				50m Livres				Master Esc A			
1.	Ilidio Pintadinho Santos	25	PORTIN		5:19.79			1.	Vitor Hugo Mano	85	CDE		25.60		
								2.	Andre Silva Bastos	83	CDF		25.82		
								3.	Miguel Santos Coelho	82	CFV		26.66		
50m Livres				Master Esc B				50m Livres				Master Esc C			
1.	Nuno Miguel Guerra	77	LSC		27.37			1.	Oswaldo Roseira Mateus	76	CDN		25.78		
2.	Nelson Palma Mestre	80	AAC		27.66			2.	Rodolfo Pereira Nunes	73	GESP		26.29		
3.	Carlos Granadeiro Dias	81	PORTIN		28.17			3.	Bruno Lagorsse Pontes	75	CFV		28.23		
50m Livres				Master Esc D				50m Livres				Master Esc E			
1.	Americo Pedro Goncalves	71	CGA		27.57			1.	Jorge Eduardo Faria	64	SAD		26.60		
2.	Pedro Alexandre Fernando	67	AAC		27.59			2.	Jose Carlos Freitas	63	CFP		27.07		
3.	Vitor Fortes Cunha	71	CIMM		27.85			3.	Germano Oliveira Velha	62	SAD		29.90		
50m Livres				Master Esc F				50m Livres				Master Esc G			
1.	Jaime Carlos Bento	61	SAD		28.32			1.	Antonio Gaspar Freitas	56	LSC		30.84		
2.	Mario Jose Pinto	57	INDANC		32.57			2.	Rui Manuel Palma	54	CPT		33.29		
3.	Manuel Jose Romariz	59	LSC		34.02			3.	Antonio Prestes Pires	56	AAC		33.50		
50m Livres				Master Esc H				50m Livres				Master Esc I			
1.	Jose Sarsfield Cabral	49	AAC		32.29			1.	Luis Vidigal Salgueiro	45	SAD		34.37		
2.	Antonio Cruz Meyrelles	47	SFP		34.57			2.	Luis Vaz Jorge	43	AAC		35.45		
3.	Joaquim Fidalgo Freitas	47	AAC		36.94			3.	Jose Joaquim Marreiros	46	SAD		45.72		
50m Livres				Master Esc J											
1.	A. Rodrigues	39	AAC		36.64										

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50m Livres			Master Esc L
1. Leonel Sousa Gomes	30	AAC	43.80

4 x 50m Estilos			Master Masc Estaf Cat 2
1. Litoral Alentejano-Cat 2	CNLA	1:57.83	
2. Vilacondense-Cat 2	CFV	2:00.31	
3. Nacional-Cat 2	CDN	2:01.66	

4 x 50m Estilos			Master Masc Estaf Cat 3
1. Gespacos-Cat 3	GESP	2:15.74	
2. Setubalense-Cat 3	CNS	2:20.42	
3. Galitos-Cat 3	CGA	2:21.05	

4 x 50m Estilos			Master Masc Estaf Cat 4
1. Leixoes-Cat 4	LSC	2:44.32	

4 x 50m Estilos			Master Masc Estaf Cat 5
1. Alges-Cat 5	SAD	2:37.62	
2. Academica de Coimbra-Cat 5	AAC	2:40.85	

200m Estilos			Master Esc A
1. Miguel Santos Coelho	82	CFV	2:29.91
2. Luis Paulo Gomes	82	CDN	2:32.42
3. Emanuel David Oliveira	85	CNMAIA	2:33.35

200m Estilos			Master Esc B
1. Rui Manuel Pinto	79	LSC	2:27.09
2. Ivan Mauricio Couras	81	LSC	2:33.95
3. Nelson Palma Mestre	80	AAC	2:44.39

200m Estilos			Master Esc C
1. Pedro Miguel Silva	76	CFV	2:10.31
2. Miguel Mendonca Cabrita	74	SAD	2:16.46
3. Rodrigo Marques Costa	76	CNLA	2:19.86

200m Estilos			Master Esc D
1. Miguel Malta Madeira	68	ESJB	2:28.96
2. Vitor Fortes Cunha	71	CIMM	2:44.21
3. Rui Dinis Tejo	69	AMINAT	2:50.67

200m Estilos			Master Esc E
1. Jose Carlos Freitas	63	CFP	2:27.99
2. Jose Samuel Duarte	65	SCP	2:37.46
3. Carlos Jorge Oliveira	64	CPT	2:51.13

200m Estilos			Master Esc F
1. Paulo Paula Carvalho	61	SFUAP	2:36.56
2. Jaime Carlos Bento	61	SAD	2:45.91
3. Manuel Alberto Pinho	61	CNMAIA	3:07.45

200m Estilos			Master Esc G
1. Vitor Manuel Mavioso	56	SAD	2:52.67
2. Ricardo Jorge Osorio	56	GESP	3:48.25
3. Domingos Pinto Coelho	52	SAD	4:06.57

200m Estilos			Master Esc H
1. Jose Sarsfield Cabral	49	AAC	3:08.08

200m Estilos			Master Esc I
1. Antonio Bessone Basto	45	SAD	3:01.58

200m Estilos			Master Esc J
1. Joao Rodrigues Teixeira	37	AAC	4:27.66

50m Costas			Master Esc A
1. Guilherme Luis Goncalves	83	ANSE	31.20
2. Emanuel David Oliveira	85	CNMAIA	32.78
3. Fabio Freitas Pereira	83	CDN	34.11

50m Costas			Master Esc B
1. Rui Manuel Pinto	79	LSC	32.90
2. Carlos Granadeiro Dias	81	PORTIN	33.21
3. Nuno Miguel Guerra	77	LSC	33.98

50m Costas			Master Esc C
1. Joaquim Paixao Barroso	76	KCNTA	28.78
2. Rodolfo Pereira Nunes	73	GESP	31.43
3. Ricardo Antonio Lanca	75	CNN	35.45

50m Costas			Master Esc D
1. Miguel Malta Madeira	68	ESJB	32.32
2. Paulo Guilherme Martins	68	GCF	34.95
3. Joao Miguel Faria	71	LSC	36.21

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50m Costas				Master Esc E				50m Costas				Master Esc F			
1.	Jorge Eduardo Faria	64	SAD			30.14		1.	Paulo Paula Carvalho	61	SFUAP			32.91	
2.	Carlos Jorge Oliveira	64	CPT			34.44		2.	Pedro Militao Fernandes	61	AAC			42.52	
3.	Joaquim Jorge Ramalhao	65	GESP			36.15		3.	Antonio Costa Raposo	58	PORTIN			44.81	
50m Costas				Master Esc G				50m Costas				Master Esc H			
1.	Ricardo Jorge Osorio	56	GESP			49.83		1.	Antonio Cruz Meyrelles	47	SFP			40.77	
2.	Walter Emunds	52	PORTIN			55.23		2.	Joaquim Fidalgo Freitas	47	AAC			47.85	
3.	Domingos Pinto Coelho	52	SAD			55.25		3.	Jaime Ramiro Carmo	50	LSC			1:06.71	
50m Costas				Master Esc I				50m Costas				Master Esc J			
1.	Antonio Bessone Basto	45	SAD			38.83		1.	A. Rodrigues	39	AAC			52.83	
2.	Jose Ferreira Barros	43	EDV			1:00.00									
50m Costas				Master Esc L											
1.	Leonel Sousa Gomes	30	AAC			59.19									
100m Livres				Master Esc A				100m Livres				Master Esc B			
1.	David Oliveira Gorgulho	82	CNLA			54.49		1.	Ivan Mauricio Couras	81	LSC			1:01.06	
2.	Andre Silva Bastos	83	CDF			57.27		2.	Carlos Granadeiro Dias	81	PORTIN			1:01.25	
3.	Miguel Santos Coelho	82	CFV			59.26		3.	Diogo Pedroso Almeida	77	CIMM			1:02.33	
100m Livres				Master Esc C				100m Livres				Master Esc D			
1.	Pedro Miguel Silva	76	CFV			53.08		1.	Emilio Nuno Frischknecht	71	SAD			59.15	
2.	Miguel Mendonca Cabrita	74	SAD			55.26		2.	Vitor Fortes Cunha	71	CIMM			1:01.35	
3.	Rodrigo Marques Costa	76	CNLA			56.30		3.	Americo Pedro Goncalves	71	CGA			1:01.86	
100m Livres				Master Esc E				100m Livres				Master Esc F			
1.	Jose Carlos Freitas	63	CFP			57.88		1.	Jaime Carlos Bento	61	SAD			1:02.73	
2.	Joao Manuel Silva	63	CMBCP			1:06.94		2.	Mario Jose Pinto	57	INDANC			1:10.91	
3.	Germano Oliveira Velha	62	SAD			1:07.36		3.	Jose Santos Silva	57	CNMAIA			1:11.21	
100m Livres				Master Esc G				100m Livres				Master Esc H			
1.	Vitor Manuel Mavioso	56	SAD			1:06.45		1.	Jose Sarsfield Cabral	49	AAC			1:12.34	
2.	Antonio Gaspar Freitas	56	LSC			1:10.68		2.	Antonio Manuel Tavares	51	SFP			1:35.64	
3.	Carlos Alberto Serra	55	CCLV			1:12.71		3.	Jaime Ramiro Carmo	50	LSC			1:43.61	
100m Livres				Master Esc I				100m Livres				Master Esc J			
1.	Luis Vidigal Salgueiro	45	SAD			1:19.89		1.	A. Rodrigues	39	AAC			1:25.83	
2.	Luis Vaz Jorge	43	AAC			1:24.84		2.	Joao Rodrigues Teixeira	37	AAC			1:50.68	
3.	Jose Joaquim Marreiros	46	SAD			1:40.82									
100m Livres				Master Esc L				100m Livres				Master Esc M			
1.	Leonel Sousa Gomes	30	AAC			1:43.12		1.	Ilidio Pintadinho Santos	25	PORTIN			5:52.70	

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4 x 50m Livres			Master Masc Estaf Cat 2			4 x 50m Livres			Master Masc Estaf Cat 3		
1.	Galitos-Categ 2		CGA	1:51.00		1.	Gespacos-Cat 3		GESP	2:03.58	
2.	Nacional-Cat 2		CDN	1:52.81		2.	Setubalense-Cat 3		CNS	2:07.04	
3.	Colegio Monte Maior-Cat 2		CIMM	1:56.79		3.	Ginasio Figueirense-Cat 3		GCF	2:15.25	

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Medalhados por Prova, Femin.

Todas as provas

200m Livres				Master Esc A				200m Livres				Master Esc B			
1.	Carolina Santos Silva	86	CNMAIA			2:18.11		1.	Isabel Maria Figueira	79	LDC			2:15.10	
2.	Ana Filipa Leite	86	AAC			2:19.31		2.	Ana Mafalda Oliveira	81	CNMAIA			2:18.81	
3.	Catia Santos Ramalho	86	CNMAIA			2:25.26		3.	Joana Isabel Cunha	80	CIMM			2:20.39	
200m Livres				Master Esc C				200m Livres				Master Esc D			
1.	Maria Luisa Costa	74	LSC			2:28.30		1.	Maria Teresa Brandao	69	LSC			2:33.21	
2.	Maria Joao Viegas	72	AAC			2:47.10		2.	Elisabete Maria Rosa	69	PIMP			2:50.99	
3.	Helena Isabel Ribeiro	74	PORTIN			3:18.08		3.	Cristina Fernandes Silva	71	AAC			3:09.46	
200m Livres				Master Esc E				200m Livres				Master Esc F			
1.	Maria Helena Carmo	66	CNCVG			2:32.39		1.	Elena Nikolaevna Kraeva	61	CIMM			2:35.60	
2.	Maria Margarida Urbano	63	AAC			3:01.45		2.	Maria Luisa Oliveira	61	AAC			3:20.76	
3.	Maria Joao Ribeiro	65	ANE			3:04.45									
200m Livres				Master Esc H				200m Livres				Master Esc I			
1.	Ana Maria Ferreira	50	SAD			2:54.01		1.	Maria Van der Eecken	45	PORTIN			7:04.77	
50m Bruços				Master Esc A				50m Bruços				Master Esc B			
1.	Catia Santos Ramalho	86	CNMAIA			37.02		1.	Isabel Maria Figueira	79	LDC			34.22	
2.	A. Raposo	85	CGA			43.53		2.	Rubina Capitaio Vieira	80	CDN			36.62	
3.	Natacha Lopes Cabral	86	CFV			43.69		3.	Ana Carina Lopes	80	LSC			38.06	
50m Bruços				Master Esc C				50m Bruços				Master Esc D			
1.	Raquel Joana Rodrigues	75	GESP			47.62		1.	Carla Vale Lenzi	67	ANE			45.29	
2.	Helena Isabel Ribeiro	74	PORTIN			50.68		2.	Elisabete Maria Rosa	69	PIMP			45.62	
3.	Marcia Silva Nunes	75	PORTIN			53.87		3.	Candida Maria Rodrigues	69	CCDSM			46.28	
50m Bruços				Master Esc E				50m Bruços				Master Esc F			
1.	Ana Cristina Lobo	66	CNMAIA			42.97		1.	Maria Teresa Oliveira	57	AAC			45.51	
2.	Maribel Santos Fernandes	65	LSC			43.15		2.	Leila Castro Esteves	60	PORTIN			49.91	
3.	Maria Adriana Viseu	66	LSC			45.01		3.	Anette Kind	61	LSC			54.46	
50m Bruços				Master Esc G				50m Bruços				Master Esc H			
1.	Ana Moura Relvas	56	AAC			43.57		1.	Ana Maria Ferreira	50	SAD			51.84	
2.	Maria Felix Ferreira	54	SAD			54.18									
3.	Maria Carmo Rocha	54	LSC			1:00.71									
50m Bruços				Master Esc I				50m Bruços				Master Esc J			
1.	Maria Van der Eecken	45	PORTIN			1:27.33		1.	Maria Augusta Azinheira	38	SFP			1:24.98	
50m Bruços				Master Esc K											
1.	Maria Augusta Neves	34	LSC			1:34.61									

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100m Mariposa				Master Esc A				100m Mariposa				Master Esc B			
1.	Carolina Santos Silva	86	CNMAIA	1:09.15				1.	Ana Carina Lopes	80	LSC	1:17.05			
2.	Diana Raquel Pacheco	84	LSC	1:15.13				2.	Joana Isabel Cunha	80	CIMM	1:18.32			
3.	Marta Daniela Fernandes	86	CNMAIA	1:32.14				3.	Sara Mendonca Graca	77	CIMM	1:28.54			
100m Mariposa				Master Esc C				100m Mariposa				Master Esc D			
1.	Fernanda Maria Santinha	72	CNMAL	2:00.17				1.	Cristina Fernandes Silva	71	AAC	1:51.99			
100m Mariposa				Master Esc E											
1.	Eugenia Maria Cunha	62	AAC	1:26.46											
2.	Maria Joao Ribeiro	65	ANE	1:57.28											
100m Mariposa				Master Esc G											
1.	Maria Margarida Torres	55	AAC	2:16.56											
100m Costas				Master Esc A				100m Costas				Master Esc B			
1.	Catia Marisa Valente	84	CCLV	1:12.24				1.	Ana Mafalda Oliveira	81	CNMAIA	1:15.33			
2.	Joana Margarida Gaspar	83	ANE	1:18.26				2.	Liliana Elisabete Baptista	78	LSC	1:17.63			
3.	Raquel Sousa Gomes	85	CNMAIA	1:18.78				3.	Elsa Maria Fumega	78	LSC	1:24.74			
100m Costas				Master Esc C				100m Costas				Master Esc D			
1.	Maria Luisa Costa	74	LSC	1:19.65				1.	Rosalina Bessa Babo	67	FCP	1:36.67			
2.	Ana Maria Santos	72	CGA	1:38.33				2.	Candida Maria Rodrigues	69	CCDSM	1:36.84			
3.	Raquel Joana Rodrigues	75	GESP	1:38.66				3.	Carla Vale Lenzi	67	ANE	1:41.88			
100m Costas				Master Esc E				100m Costas				Master Esc F			
1.	Maria Helena Carmo	66	CNCVG	1:16.68				1.	Elena Nikolaevna Kraeva	61	CIMM	1:18.81			
2.	Maria Fernanda Goncalves	66	FCP	1:29.69				2.	Maria Luisa Oliveira	61	AAC	1:34.64			
3.	Ana Cristina Lobo	66	CNMAIA	1:30.24				3.	Leila Castro Esteves	60	PORTIN	2:03.04			
100m Costas				Master Esc G											
1.	Maria Margarida Torres	55	AAC	2:08.15											
100m Costas				Master Esc J											
1.	Maria Augusta Azinheira	38	SFP	2:47.18											
400m Livres				Master Esc A				400m Livres				Master Esc B			
1.	Ana Filipa Leite	86	AAC	4:48.58				1.	Ana Mafalda Oliveira	81	CNMAIA	4:50.70			
2.	Carolina Santos Silva	86	CNMAIA	4:49.97				2.	Joana Isabel Cunha	80	CIMM	4:57.08			
								3.	Monica Sofia Peixe	81	CIMM	6:08.41			
400m Livres				Master Esc C				400m Livres				Master Esc D			
1.	Maria Joao Viegas	72	AAC	6:03.79				1.	Maria Teresa Brandao	69	LSC	5:32.06			
2.	Rita Pereira Sousa	73	CIMM	6:29.43				2.	Elisabete Maria Rosa	69	PIMP	6:05.35			
3.	Fernanda Maria Santinha	72	CNMAL	7:03.42				3.	Carla Pinto Mendes	71	CNMAIA	7:33.04			

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400m Livres				Master Esc E				400m Livres				Master Esc F			
1.	Maria Manuela Neto	62	CNMAIA				7:36.07	1.	Elena Nikolaevna Kraeva	61	CIMM				5:36.80
2.	Isabel Cristina Cansado	65	CNLA				8:15.44								
400m Livres				Master Esc H											
1.	Ana Maria Ferreira	50	SAD				6:04.47								
100m Bruços				Master Esc A				100m Bruços				Master Esc B			
1.	A. Raposo	85	CGA				1:36.10	1.	Isabel Maria Figueira	79	LDC				1:13.89
2.	Natacha Lopes Cabral	86	CFV				1:36.63	2.	Rubina Capitaio Vieira	80	CDN				1:18.14
3.	Misael Carapinha Letras	84	CNMAL				1:56.52	3.	Ana Carina Lopes	80	LSC				1:23.00
100m Bruços				Master Esc C				100m Bruços				Master Esc D			
1.	Helena Isabel Ribeiro	74	PORTIN				1:52.30	1.	Carla Vale Lenzi	67	ANE				1:40.76
2.	Marcia Silva Nunes	75	PORTIN				2:11.03	2.	Candida Maria Rodrigues	69	CCDSM				1:41.91
3.	Ana Furtado Santos	75	PORTIN				2:18.38	3.	Vera Lucia Oliveira	71	CGA				2:04.38
100m Bruços				Master Esc E				100m Bruços				Master Esc F			
1.	Maria Adriana Viseu	66	LSC				1:40.51	1.	Leila Castro Esteves	60	PORTIN				1:54.09
2.	Maria Margarida Urbano	63	AAC				1:43.12	2.	Anette Kind	61	LSC				1:58.02
3.	Helena Paula Carvalho	64	CPT				1:46.46	3.	Maria Paula Cunha	59	LSC				2:06.28
100m Bruços				Master Esc G											
1.	Ana Moura Relvas	56	AAC				1:39.21								
2.	Maria Margarida Torres	55	AAC				1:57.67								
3.	Maria Felix Ferreira	54	SAD				1:58.84								
100m Bruços				Master Esc I											
1.	Maria Van der Eecken	45	PORTIN				3:26.81								
50m Mariposa				Master Esc A				50m Mariposa				Master Esc B			
1.	Diana Raquel Pacheco	84	LSC				32.76	1.	Ana Mafalda Oliveira	81	CNMAIA				33.75
2.	Marta Almeida Marinho	83	CFV				33.06	2.	Elsa Maria Fumega	78	LSC				36.04
3.	Marta Daniela Fernandes	86	CNMAIA				37.22	3.	Sara Mendonca Graca	77	CIMM				36.66
50m Mariposa				Master Esc C				50m Mariposa				Master Esc D			
1.	Raquel Joana Rodrigues	75	GESP				42.97	1.	Ana Bernardo Barbara	70	PORTIN				56.69
2.	Isabel Maria Marques	75	INDANC				57.18								
50m Mariposa				Master Esc E				50m Mariposa				Master Esc F			
1.	Eugenia Maria Cunha	62	AAC				37.26	1.	Maria Teresa Oliveira	57	AAC				43.15
2.	Maribel Santos Fernandes	65	LSC				37.58	2.	Leila Castro Esteves	60	PORTIN				49.36
3.	Maria Santos Fernandes	62	LSC				44.32								

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100m Estilos				Master Esc A				100m Estilos				Master Esc B			
1.	Carolina Santos Silva	86	CNMAIA			1:13.00		1.	Isabel Maria Figueira	79	LDC			1:11.73	
2.	Catia Marisa Valente	84	CCLV			1:14.36		2.	Sonia Oliveira Vilar	79	CFV			1:15.07	
3.	Andreia Isabel Margarido	84	SFP			1:29.62		3.	Liliana Elisabete Baptista	78	LSC			1:19.19	
100m Estilos				Master Esc C				100m Estilos				Master Esc D			
1.	Maria Luisa Costa	74	LSC			1:15.86		1.	Cristina Fernandes Silva	71	AAC			1:41.32	
2.	Raquel Joana Rodrigues	75	GESP			1:37.21		2.	Claudia Pereira Reis	68	GCF			1:44.82	
3.	Marta Isabel Duque	76	CNS			1:41.17									
100m Estilos				Master Esc E				100m Estilos				Master Esc F			
1.	Maribel Santos Fernandes	65	LSC			1:23.30		1.	Elena Nikolaevna Kraeva	61	CIMM			1:22.18	
2.	Ana Cristina Lobo	66	CNMAIA			1:25.89									
3.	Maria Margarida Urbano	63	AAC			1:31.80									
100m Estilos				Master Esc G				100m Estilos				Master Esc H			
1.	Maria Margarida Torres	55	AAC			1:57.31		1.	Ana Maria Ferreira	50	SAD			1:35.15	
2.	Maria Felix Ferreira	54	SAD			2:07.33									
50m Livres				Master Esc A				50m Livres				Master Esc B			
1.	Raquel Sousa Gomes	85	CNMAIA			29.22		1.	Rubina Capitaio Vieira	80	CDN			28.80	
2.	Marta Almeida Marinho	83	CFV			30.18		2.	Sonia Oliveira Vilar	79	CFV			29.85	
3.	Ana Filipa Leite	86	AAC			30.37		3.	Ana Carina Lopes	80	LSC			30.09	
50m Livres				Master Esc C				50m Livres				Master Esc D			
1.	Maria Luisa Costa	74	LSC			30.83		1.	Maria Teresa Brandao	69	LSC			32.82	
2.	Carla Santa Barbara	75	GCST			31.81		2.	Carla Vale Lenzi	67	ANE			35.65	
3.	Maria Joao Viegas	72	AAC			34.86		3.	Candida Maria Rodrigues	69	CCDSM			36.24	
50m Livres				Master Esc E				50m Livres				Master Esc F			
1.	Maria Adriana Viseu	66	LSC			35.62		1.	Maria Teresa Oliveira	57	AAC			36.83	
2.	Maria Madalena Caninas	63	CNMAL			38.08		2.	Maria Paula Cunha	59	LSC			41.54	
3.	Maria Santos Fernandes	62	LSC			40.62		3.	Maria Teresa Pinto	61	LSC			46.48	
50m Livres				Master Esc G				50m Livres				Master Esc H			
1.	Ana Moura Relvas	56	AAC			38.04		1.	Maria Amelia Sousa	50	EDV			1:03.01	
2.	Maria Carmo Rocha	54	LSC			1:14.00									
50m Livres				Master Esc I											
1.	Maria Van der Ecken	45	PORTIN			1:25.23									
50m Livres				Master Esc K											
1.	Maria Augusta Neves	34	LSC			1:18.19									

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4 x 50m Estilos				Master Fem Estaf Cat 1				4 x 50m Estilos				Master Fem Estaf Cat 2			
1.	Natacao da Maia-Cat 1			CNMAIA		2:12.92		1.	Leixoes-Cat 2			LSC		2:22.25	
2.	Vilacondense-Cat 1			CFV		2:26.85		2.	Colegio Monte Maior-Cat 2			CIMM		2:32.37	
								3.	Academica de Coimbra-Cat 2			AAC		2:43.51	
4 x 50m Estilos				Master Fem Estaf Cat 3				4 x 50m Estilos				Master Fem Estaf Cat 4			
1.	Leixoes-Cat 3			LSC		2:31.50		1.	Academica de Coimbra-Cat 4			AAC		3:13.46	
2.	Academica de Coimbra-Cat 3			AAC		2:45.28		2.	Leixoes-Cat 4			LSC		3:20.55	
3.	Portinado-Cat 3			PORTIN		3:53.50		3.	Leixoes-Cat 4			LSC		4:10.35	
200m Estilos				Master Esc A				200m Estilos				Master Esc B			
1.	Carolina Santos Silva	86		CNMAIA		2:37.14		1.	Rubina Capitao Vieira	80		CDN		2:34.92	
2.	Catia Santos Ramalho	86		CNMAIA		2:43.07		2.	Ana Mafalda Oliveira	81		CNMAIA		2:38.97	
3.	Catia Marisa Valente	84		CCLV		2:46.63		3.	Ana Carina Lopes	80		LSC		2:43.24	
200m Estilos				Master Esc C				200m Estilos				Master Esc D			
1.	Fernanda Maria Santinha	72		CNMAL		3:57.55		1.	Carla Vale Lenzi	67		ANE		3:28.86	
2.	Isabel Maria Marques	75		INDANC		4:40.70		2.	Cristina Fernandes Silva	71		AAC		3:46.23	
200m Estilos				Master Esc E				200m Estilos				Master Esc F			
1.	Maria Helena Carmo	66		CNCVG		2:44.20		1.	Leila Castro Esteves	60		PORTIN		3:56.76	
2.	Maria Madalena Caninas	63		CNMAL		4:17.30									
200m Estilos				Master Esc G											
1.	Maria Margarida Torres	55		AAC		4:11.47									
50m Costas				Master Esc A				50m Costas				Master Esc B			
1.	Catia Marisa Valente	84		CCLV		33.34		1.	Ana Mafalda Oliveira	81		CNMAIA		35.60	
2.	Carolina Santos Silva	86		CNMAIA		34.84		2.	Liliana Elisabete Baptista	78		LSC		37.43	
3.	Joana Margarida Gaspar	83		ANE		36.69		3.	Elsa Maria Fumega	78		LSC		39.66	
50m Costas				Master Esc C				50m Costas				Master Esc D			
1.	Maria Luisa Costa	74		LSC		36.29		1.	Rosalina Bessa Babo	67		FCP		42.30	
2.	Raquel Joana Rodrigues	75		GESP		42.64		2.	Candida Maria Rodrigues	69		CCDSM		42.72	
3.	Ana Maria Santos	72		CGA		43.39		3.	Claudia Pereira Reis	68		GCF		48.14	
50m Costas				Master Esc E				50m Costas				Master Esc F			
1.	Maria Fernanda Goncalves	66		FCP		39.82		1.	Elena Nikolaevna Kraeva	61		CIMM		36.78	
2.	Maribel Santos Fernandes	65		LSC		40.94		2.	Maria Luisa Oliveira	61		AAC		42.76	
3.	Ana Cristina Lobo	66		CNMAIA		41.29		3.	Maria Paula Cunha	59		LSC		50.91	
50m Costas				Master Esc H											
1.	Ana Maria Ferreira	50		SAD		44.25									
2.	Maria Amelia Sousa	50		EDV		1:14.21									

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50m Costas				Master Esc J				50m Costas				Master Esc K			
1.	Maria Augusta Azinheira	38	SFP			1:11.97		1.	Maria Augusta Neves	34	LSC			1:30.35	
100m Livres				Master Esc A				100m Livres				Master Esc B			
1.	Raquel Sousa Gomes	85	CNMAIA			1:05.97		1.	Isabel Maria Figueira	79	LDC			1:01.74	
2.	Ana Filipa Leite	86	AAC			1:06.35		2.	Sonia Oliveira Vilar	79	CFV			1:05.35	
3.	Marta Almeida Marinho	83	CFV			1:07.83		3.	Joana Isabel Cunha	80	CIMM			1:05.58	
100m Livres				Master Esc C				100m Livres				Master Esc D			
1.	Maria Luisa Costa	74	LSC			1:07.38		1.	Maria Teresa Brandao	69	LSC			1:11.64	
2.	Carla Santa Barbara	75	GCST			1:13.18		2.	Alexandra Maria Silva	67	FCP			1:11.99	
3.	Maria Joao Viegas	72	AAC			1:15.73		3.	Elisabete Maria Rosa	69	PIMP			1:18.17	
100m Livres				Master Esc E				100m Livres				Master Esc F			
1.	Maria Helena Carmo	66	CNCVG			1:08.59		1.	Elena Nikolaevna Kraeva	61	CIMM			1:11.86	
2.	Maribel Santos Fernandes	65	LSC			1:19.39		2.	Maria Teresa Oliveira	57	AAC			1:22.31	
3.	Maria Margarida Urbano	63	AAC			1:20.65		3.	Maria Paula Cunha	59	LSC			1:38.53	
100m Livres				Master Esc G				100m Livres				Master Esc H			
1.	Maria Felix Ferreira	54	SAD			1:55.88		1.	Ana Maria Ferreira	50	SAD			1:18.84	
2.	Maria Carmo Rocha	54	LSC			2:16.91		2.	Maria Amelia Sousa	50	EDV			2:13.79	
100m Livres				Master Esc I				100m Livres				Master Esc J			
1.	Maria Van der Eecken	45	PORTIN			3:33.78		1.	Maria Augusta Azinheira	38	SFP			2:40.62	
4 x 50m Livres				Master Fem Estaf Cat 2				4 x 50m Livres				Master Fem Estaf Cat 3			
1.	Colegio Monte Maior-Cat 2		CIMM			2:22.11		1.	Portinado-Cat 3		PORTIN			2:57.86	
2.	Galitos-Categ 2		CGA			2:27.07		2.	Ginasio Figueirense-Cat 3		GCF			3:13.40	
3.	Portinado-Cat 2		PORTIN			2:27.20									