

Campeonato Nacional Clubes 3ª Divisão
 Cantanhede, 10- - 11-12-2011

Prova 26	Masc., 800m Livres					Absoluto
11-12-2011 - 18:15						Resultados
Rec. Nac. 25m Absoluto	7:59.51	Paulo Fragueiro FRANCO	CDN	Leiria	06-12-2009	
Rec. Nac. 25m Inf B	9:07.76	Pedro Fontoura OLIVEIRA	CFB	Santarem	06-04-2003	
Rec. Nac. 25m Inf A	8:42.19	Pedro Fontoura OLIVEIRA	CFB	Reboleira	27-06-2004	
Rec. Nac. 25m Juv B	8:27.18	Rui Filipe COSTA	VSC	Senhora da Hora	13-05-2006	
Rec. Nac. 25m Juv A	8:09.43	Rui Filipe COSTA	VSC	Senhora da Hora	13-05-2007	
Rec. Nac. 25m Jun	8:00.80	Gustavo Manuel SANTA	CNLA	Leiria	06-12-2009	
Rec. Nac. 25m Sen	7:59.51	Paulo Fragueiro FRANCO	CDN	Leiria	06-12-2009	

Pontos: FINA 2011

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts	Pts
Absoluto								
1.	Tiago Silva OLIVEIRA	94	Leixoes	8:29.50	+0,93	659		25
	50m: 29.32 29.32		250m: 2:35.71 32.35	450m: 4:45.02 32.48		650m: 6:54.59 32.64		
	100m: 59.67 30.35		300m: 3:08.01 32.30	500m: 5:17.51 32.49		700m: 7:27.40 32.81		
	150m: 1:31.25 31.58		350m: 3:40.30 32.29	550m: 5:49.13 31.62		750m: 7:59.82 32.42		
	200m: 2:03.36 32.11		400m: 4:12.54 32.24	600m: 6:21.95 32.82		800m: 8:29.50 29.68		
2.	Rui Miguel LOPES	94	Natacao de Olhao	8:29.96	+0,79	657		23
	50m: 28.65 28.65		250m: 2:34.99 32.22	450m: 4:44.50 32.38		650m: 6:54.36 32.64		
	100m: 59.27 30.62		300m: 3:07.22 32.23	500m: 5:17.30 32.80		700m: 7:27.15 32.79		
	150m: 1:30.67 31.40		350m: 3:39.74 32.52	550m: 5:49.45 32.15		750m: 7:59.57 32.42		
	200m: 2:02.77 32.10		400m: 4:12.12 32.38	600m: 6:21.72 32.27		800m: 8:29.96 30.39		
3.	Joao Carlos SANTOS	96	Naval Amorense	8:32.46	+0,70	647		22
	50m: 29.44 29.44		250m: 2:38.78 32.78	450m: 4:50.09 33.06		650m: 6:58.91 32.36		
	100m: 1:01.31 31.87		300m: 3:11.43 32.65	500m: 5:22.33 32.24		700m: 7:30.64 31.73		
	150m: 1:33.53 32.22		350m: 3:44.39 32.96	550m: 5:54.14 31.81		750m: 8:01.62 30.98		
	200m: 2:06.00 32.47		400m: 4:17.03 32.64	600m: 6:26.55 32.41		800m: 8:32.46 30.84		
4.	Miguel Prata SANTOS	96	Viana Natacao	8:38.48	+0,85	625		21
	50m: 28.50 28.50		250m: 2:36.94 32.23	450m: 4:48.80 31.95		650m: 7:01.50 32.60		
	100m: 1:00.07 31.57		300m: 3:09.98 33.04	500m: 5:21.38 32.58		700m: 7:34.07 32.57		
	150m: 1:32.18 32.11		350m: 3:43.44 33.46	550m: 5:54.65 33.27		750m: 8:06.70 32.63		
	200m: 2:04.71 32.53		400m: 4:16.85 33.41	600m: 6:28.90 34.25		800m: 8:38.48 31.78		
5.	Goncalo Cardoso CARMO	96	Colegio Vasco da Gama	8:42.83	+0,73	610		20
	50m: 28.46 28.46		250m: 2:35.88 32.31	450m: 4:48.08 33.20		650m: 7:02.34 33.56		
	100m: 59.50 31.04		300m: 3:08.72 32.84	500m: 5:21.37 33.29		700m: 7:36.26 33.92		
	150m: 1:31.43 31.93		350m: 3:41.89 33.17	550m: 5:54.77 33.40		750m: 8:09.94 33.68		
	200m: 2:03.57 32.14		400m: 4:14.88 32.99	600m: 6:28.78 34.01		800m: 8:42.83 32.89		
6.	Miguel Filipe PINTO	96	Ginasio de Santo Tirso	8:58.92	+0,96	557		19
	50m: 29.22 29.22		250m: 2:43.75 34.27	450m: 5:00.60 34.30		650m: 7:18.83 34.18		
	100m: 1:01.62 32.40		300m: 3:17.43 33.68	500m: 5:35.35 34.75		700m: 7:53.49 34.66		
	150m: 1:35.27 33.65		350m: 3:51.95 34.52	550m: 6:09.68 34.33		750m: 8:27.54 34.05		
	200m: 2:09.48 34.21		400m: 4:26.30 34.35	600m: 6:44.65 34.97		800m: 8:58.92 31.38		
7.	Tiago Manuel TEIXEIRA	96	Fafe	9:00.76	+0,74	551		18
	50m: 28.62 28.62		250m: 2:38.64 32.68	450m: 4:55.10 35.11		650m: 7:18.52 36.34		
	100m: 1:00.98 32.36		300m: 3:11.60 32.96	500m: 5:30.46 35.36		700m: 7:53.38 34.86		
	150m: 1:33.42 32.44		350m: 3:45.37 33.77	550m: 6:06.10 35.64		750m: 8:28.31 34.93		
	200m: 2:05.96 32.54		400m: 4:19.99 34.62	600m: 6:42.18 36.08		800m: 9:00.76 32.45		
8.	Miguel Duarte MOREIRA	96	Belenenses	9:02.60	+0,81	545		17
	50m: 27.69 27.69		250m: 2:42.11 34.03	450m: 4:59.76 34.70		650m: 7:19.81 35.26		
	100m: 1:00.31 32.62		300m: 3:16.29 34.18	500m: 5:34.69 34.93		700m: 7:54.51 34.70		
	150m: 1:34.34 34.03		350m: 3:50.49 34.20	550m: 6:09.66 34.97		750m: 8:28.88 34.37		
	200m: 2:08.08 33.74		400m: 4:25.06 34.57	600m: 6:44.55 34.89		800m: 9:02.60 33.72		

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Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts	Pts
9.	Leonardo Peralta REIS	96	Benedita	9:05.34	+0,95	537		16
	50m: 29.79 29.79	250m: 2:45.97 34.69	450m: 5:04.50 35.13	650m: 7:23.41 34.57				
	100m: 1:02.57 32.78	300m: 3:20.32 34.35	500m: 5:39.44 34.94	700m: 7:58.90 35.49				
	150m: 1:36.85 34.28	350m: 3:54.90 34.58	550m: 6:13.97 34.53	750m: 8:34.07 35.17				
	200m: 2:11.28 34.43	400m: 4:29.37 34.47	600m: 6:48.84 34.87	800m: 9:05.34 31.27				
10.	Tomas Antonio AZEVEDO	96	Kainagua	9:11.12	+0,82	520		15
	50m: 30.57 30.57	250m: 2:46.40 34.15	450m: 5:05.15 34.77	650m: 7:26.29 35.43				
	100m: 1:04.55 33.98	300m: 3:20.67 34.27	500m: 5:40.36 35.21	700m: 8:01.84 35.55				
	150m: 1:38.10 33.55	350m: 3:55.41 34.74	550m: 6:15.49 35.13	750m: 8:36.91 35.07				
	200m: 2:12.25 34.15	400m: 4:30.38 34.97	600m: 6:50.86 35.37	800m: 9:11.12 34.21				
11.	Joao Manuel BORGES	94	Ginasio Figueirense	9:12.75	+0,95	516		14
	50m: 29.96 29.96	250m: 2:47.04 35.01	450m: 5:07.63 35.26	650m: 7:28.70 35.24				
	100m: 1:03.33 33.37	300m: 3:22.03 34.99	500m: 5:43.07 35.44	700m: 8:04.22 35.52				
	150m: 1:37.70 34.37	350m: 3:57.26 35.23	550m: 6:18.27 35.20	750m: 8:39.06 34.84				
	200m: 2:12.03 34.33	400m: 4:32.37 35.11	600m: 6:53.46 35.19	800m: 9:12.75 33.69				
12.	Luis Carlos OLIVEIRA	97	Natacao da Maia	9:13.87	+0,82	513		13
	50m: 30.16 30.16	250m: 2:46.92 34.91	450m: 5:07.59 35.41	650m: 7:28.54 35.46				
	100m: 1:03.53 33.37	300m: 3:21.79 34.87	500m: 5:42.77 35.18	700m: 8:04.03 35.49				
	150m: 1:37.42 33.89	350m: 3:57.14 35.35	550m: 6:17.42 34.65	750m: 8:39.38 35.35				
	200m: 2:12.01 34.59	400m: 4:32.18 35.04	600m: 6:53.08 35.66	800m: 9:13.87 34.49				
13.	Filipe Ricardo AZEVEDO	93	Aminata	9:14.94	+0,79	510		12
	50m: 28.89 28.89	250m: 2:44.93 34.44	450m: 5:05.35 35.33	650m: 7:28.69 36.13				
	100m: 1:01.90 33.01	300m: 3:19.66 34.73	500m: 5:40.94 35.59	700m: 8:04.31 35.62				
	150m: 1:35.94 34.04	350m: 3:54.97 35.31	550m: 6:16.60 35.66	750m: 8:40.17 35.86				
	200m: 2:10.49 34.55	400m: 4:30.02 35.05	600m: 6:52.56 35.96	800m: 9:14.94 34.77				
14.	Daniel Filipe LOPES	96	Natacao de Vila Real	9:22.04	+0,66	491		11
	50m: 29.64 29.64	250m: 2:47.59 35.19	450m: 5:09.44 35.35	650m: 7:34.85 36.61				
	100m: 1:02.68 33.04	300m: 3:22.58 34.99	500m: 5:45.42 35.98	700m: 8:11.22 36.37				
	150m: 1:37.17 34.49	350m: 3:58.17 35.59	550m: 6:21.43 36.01	750m: 8:47.52 36.30				
	200m: 2:12.40 35.23	400m: 4:34.09 35.92	600m: 6:58.24 36.81	800m: 9:22.04 34.52				
15.	Jorge Miguel TELO	95	Litoral Alentejano	9:23.34	+0,74	487		10
	50m: 31.32 31.32	250m: 2:51.21 35.49	450m: 5:13.32 35.38	650m: 7:36.76 36.13				
	100m: 1:05.54 34.22	300m: 3:27.16 35.95	500m: 5:48.34 35.02	700m: 8:13.33 36.57				
	150m: 1:40.39 34.85	350m: 4:02.27 35.11	550m: 6:24.51 36.17	750m: 8:49.50 36.17				
	200m: 2:15.72 35.33	400m: 4:37.94 35.67	600m: 7:00.63 36.12	800m: 9:23.34 33.84				
16.	Joao Luis BAETA	94	Scalabisport	9:24.53	+0,73	484		9
	50m: 30.54 30.54	250m: 2:48.04 34.91	450m: 5:10.64 36.31	650m: 7:37.12 37.20				
	100m: 1:03.94 33.40	300m: 3:23.26 35.22	500m: 5:46.94 36.30	700m: 8:13.23 36.11				
	150m: 1:38.45 34.51	350m: 3:58.45 35.19	550m: 6:23.56 36.62	750m: 8:49.61 36.38				
	200m: 2:13.13 34.68	400m: 4:34.33 35.88	600m: 6:59.92 36.36	800m: 9:24.53 34.92				
17.	Joao Miguel MANSOS	94	Lisnave	9:31.22	+0,80	467		8
	50m: 31.20 31.20	250m: 2:52.79 35.61	450m: 5:17.09 36.04	650m: 7:43.53 36.59				
	100m: 1:05.68 34.48	300m: 3:28.96 36.17	500m: 5:53.64 36.55	700m: 8:20.03 36.50				
	150m: 1:41.30 35.62	350m: 4:04.95 35.99	550m: 6:30.23 36.59	750m: 8:56.16 36.13				
	200m: 2:17.18 35.88	400m: 4:41.05 36.10	600m: 7:06.94 36.71	800m: 9:31.22 35.06				
18.	Alexandre Miguel MENDES	86	Estrelas S. Joao de Brito	9:36.87	+0,94	454		7
	50m: 31.52 31.52	250m: 2:54.31 36.77	450m: 5:20.04 36.03	650m: 7:47.24 36.65				
	100m: 1:05.56 34.04	300m: 3:31.31 37.00	500m: 5:56.63 36.59	700m: 8:24.26 37.02				
	150m: 1:41.11 35.55	350m: 4:07.82 36.51	550m: 6:33.60 36.97	750m: 9:01.03 36.77				
	200m: 2:17.54 36.43	400m: 4:44.01 36.19	600m: 7:10.59 36.99	800m: 9:36.87 35.84				

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Prova 26, Masc., 800m Livres, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts	Pts
19.	Tiago Ramos GOMES	94	Bombeiros Ponta Delgada	9:39.23	+0,75	448		6
	50m: 31.08 31.08	250m: 2:53.97 36.24	450m: 5:20.32 36.38	650m: 7:48.70 37.29				
	100m: 1:05.58 34.50	300m: 3:30.57 36.60	500m: 5:56.89 36.57	700m: 8:26.43 37.73				
	150m: 1:41.49 35.91	350m: 4:07.16 36.59	550m: 6:33.97 37.08	750m: 9:03.58 37.15				
	200m: 2:17.73 36.24	400m: 4:43.94 36.78	600m: 7:11.41 37.44	800m: 9:39.23 35.65				
20.	Pedro Miguel REIS	96	Sporting de Espinho	9:45.40	+0,85	434		5
	50m: 30.55 30.55	250m: 2:56.26 37.12	450m: 5:25.92 37.10	650m: 7:55.09 37.46				
	100m: 1:05.64 35.09	300m: 3:33.64 37.38	500m: 6:03.55 37.63	700m: 8:32.51 37.42				
	150m: 1:42.12 36.48	350m: 4:10.82 37.18	550m: 6:40.83 37.28	750m: 9:09.34 36.83				
	200m: 2:19.14 37.02	400m: 4:48.82 38.00	600m: 7:17.63 36.80	800m: 9:45.40 36.06				
21.	Mario Pinto AMORIM	94	BUZIOS-Coruche	9:47.48	+1,10	429		4
	50m: 32.69 32.69	250m: 3:01.49 38.22	450m: 5:30.50 37.40	650m: 8:01.10 37.68				
	100m: 1:08.30 35.61	300m: 3:39.12 37.63	500m: 6:08.65 38.15	700m: 8:37.93 36.83				
	150m: 1:45.38 37.08	350m: 4:16.01 36.89	550m: 6:46.15 37.50	750m: 9:14.53 36.60				
	200m: 2:23.27 37.89	400m: 4:53.10 37.09	600m: 7:23.42 37.27	800m: 9:47.48 32.95				
22.	Vasco Andre PESSOA	89	Nautica do Seixal	9:47.84	+1,02	429		3
	50m: 31.26 31.26	250m: 2:53.51 36.29	450m: 5:23.15 37.76	650m: 7:56.33 38.17				
	100m: 1:05.43 34.17	300m: 3:30.90 37.39	500m: 6:01.27 38.12	700m: 8:33.63 37.30				
	150m: 1:40.74 35.31	350m: 4:08.32 37.42	550m: 6:40.21 38.94	750m: 9:11.29 37.66				
	200m: 2:17.22 36.48	400m: 4:45.39 37.07	600m: 7:18.16 37.95	800m: 9:47.84 36.55				
23.	Diogo de SOUSA	95	Ginasio de Vila Real	10:02.65	+0,87	398		2
	50m: 30.90 30.90	250m: 2:55.69 37.72	450m: 5:28.90 38.61	650m: 8:05.70 39.07				
	100m: 1:05.34 34.44	300m: 3:33.98 38.29	500m: 6:08.03 39.13	700m: 8:45.29 39.59				
	150m: 1:41.04 35.70	350m: 4:12.09 38.11	550m: 6:47.59 39.56	750m: 9:24.93 39.64				
	200m: 2:17.97 36.93	400m: 4:50.29 38.20	600m: 7:26.63 39.04	800m: 10:02.65 37.72				
24.	Filipe Jose BAPTISTA	94	Feirense	10:05.04	+0,79	393		1
	50m: 31.84 31.84	250m: 3:00.24 38.07	450m: 5:33.92 38.80	650m: 8:09.77 39.26				
	100m: 1:07.50 35.66	300m: 3:38.36 38.12	500m: 6:12.68 38.76	700m: 8:48.61 38.84				
	150m: 1:44.61 37.11	350m: 4:16.49 38.13	550m: 6:51.51 38.83	750m: 9:27.80 39.19				
	200m: 2:22.17 37.56	400m: 4:55.12 38.63	600m: 7:30.51 39.00	800m: 10:05.04 37.24				