

VI OPEN Inverno de Masters
Tomar, 28- - 29-1-2012

Prova 1 25 - 89 anos
28-01-2012 - 10:00 Resultados

Esc	Tempo	Nome	Clube	Local	Data
RN Esc A(25-29)	4:15.56	David Oliveira Gorgulho	CNLA	Ponte de Sor	29-01-2011
RN Esc B(30-34)	4:07.24	Pedro Miguel Silva	CFV	Fafe	13-06-2009
RN Esc C(35-39)	4:06.32	Pedro Miguel Silva	CFV	Ponte de Sor	29-01-2011
RN Esc D(40-44)	4:30.98	Jorge Eduardo Faria	SAD	Inatel	01-03-2008
RN Esc E(45-49)	4:19.65	Jose Carlos Freitas	CFP	Ponte de Sor	29-01-2011
RN Esc F(50-54)	4:41.85	Paulo Paula Carvalho	SFUAP	Lisboa	20-05-2011
RN Esc G(55-59)	5:17.88	Vitor Manuel Mavioso	SAD	Sines	08-01-2011
RN Esc H(60-64)	5:33.41	Stephen Thomas Dyson	CFB	Torres Novas	31-01-2009
RN Esc I(65-69)	5:48.86	Antonio Bessone Basto	SAD	Lisboa	20-02-2010
RN Esc J(70-74)	7:26.73	Antonio Alexandre Rodrigues	AAC	Lisboa	20-02-2010
RN Esc K(75-79)	7:32.94	Leonel Sousa Gomes	SFP	Pedrolha	21-01-2005
RN Esc L(80-84)	59:00.00				

Pontos: DSV Masters 04

Lugar Nome Ano NFed Clube Tempo Final TReac Pts FINA Pts

Master Esc A

1.	Alexandre Miguel Mendes	86	25049	Estrelas S. Joao de Brito	4:21.00		791
	50m: 30.59 30.59	150m: 1:36.58 33.06	250m: 2:42.47 32.86	350m: 3:48.60 33.11	33.02	400m: 4:21.00 32.40	
	100m: 1:03.52 32.93	200m: 2:09.61 33.03	300m: 3:15.49				
2.	Carlos Fernandes Queiros	86	118205	Ginasio de Vila Real	4:21.57		786
	50m: 29.90 29.90	150m: 1:35.82 33.27	250m: 2:42.14 32.61	350m: 3:49.01 33.63	33.24	400m: 4:21.57 32.56	
	100m: 1:02.55 32.65	200m: 2:09.53 33.71	300m: 3:15.38				
3.	Mario Jorge Costa	84	20617	Vilacondense	4:45.30		606
	50m: 32.81 32.81	150m: 1:44.54 36.02	250m: 2:56.76 35.70	350m: 4:10.01 36.69	36.56	400m: 4:45.30 35.29	
	100m: 1:08.52 35.71	200m: 2:21.06 36.52	300m: 3:33.32				
4.	Luis Carlos Pinto	83	24787	Ginasio de Vila Real	5:15.72		447
	50m: 33.68 33.68	150m: 1:52.13 39.56	250m: 3:13.54 40.40	350m: 4:35.44 40.92	40.98	400m: 5:15.72 40.28	
	100m: 1:12.57 38.89	200m: 2:33.14 41.01	300m: 3:54.52				
5.	Renato Augusto Oliveira	85	124863	Vitoria de Guimaraes	6:01.13		298
	50m: 42.28 42.28	150m: 2:13.40 45.53	250m: 3:44.68 45.33	350m: 5:18.16 47.19	46.29	400m: 6:01.13 42.97	
	100m: 1:27.87 45.59	200m: 2:59.35 45.95	300m: 4:30.97				

Master Esc B

1.	Nuno Jose Vicente	78	13302	Torres Novas	4:23.18		764
	50m: 30.43 30.43	150m: 1:36.10 33.00	250m: 2:43.04 33.41	350m: 3:50.15 33.55	33.56	400m: 4:23.18 33.03	
	100m: 1:03.10 32.67	200m: 2:09.63 33.53	300m: 3:16.60				
2.	Ivan Mauricio Couras	81	10232	Fluvial Portuense	4:33.90		678
	50m: 31.62 31.62	150m: 1:41.02 35.01	250m: 2:50.58 34.46	350m: 4:00.29 34.70	35.01	400m: 4:33.90 33.61	
	100m: 1:06.01 34.39	200m: 2:16.12 35.10	300m: 3:25.59				
3.	Jorge Jesus Bandeira	82	118959	Ginasio Figueirense	4:57.05		531
	50m: 32.96 32.96	150m: 1:47.19 37.19	250m: 3:03.60 38.05	350m: 4:19.92 38.09	38.23	400m: 4:57.05 37.13	
	100m: 1:10.00 37.04	200m: 2:25.55 38.36	300m: 3:41.83				
4.	Paulo Adao Coelho	78	120507	Leixoes	4:59.81		517
	50m: 33.24 33.24	150m: 1:46.57 37.44	250m: 3:03.55 38.68	350m: 4:21.97 39.62	38.80	400m: 4:59.81 37.84	
	100m: 1:09.13 35.89	200m: 2:24.87 38.30	300m: 3:42.35				
5.	Joao Franca Alves	80	124848	Galitos	5:06.17		485
	50m: 35.07 35.07	150m: 1:52.71 38.89	250m: 3:11.15 39.05	350m: 4:29.80 39.78	38.87	400m: 5:06.17 36.37	
	100m: 1:13.82 38.75	200m: 2:32.10 39.39	300m: 3:50.02				
6.	Nelson Palma Mestre	80	111845	Academica de Coimbra	5:12.40		457
	50m: 33.71 33.71	150m: 1:49.45 38.52	250m: 3:10.10 40.99	350m: 4:32.50 41.70	40.70	400m: 5:12.40 39.90	
	100m: 1:10.93 37.22	200m: 2:29.11 39.66	300m: 3:50.80				

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Prova 1, Masc., 400m Livres, Master Esc B

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
7.	Tiago Goncalo Ribeiro	80	112623	Pimpoes/Cimai	5:13.63		451	
	50m: 35.41 35.41		150m: 1:52.22 38.68	250m: 3:12.60	40.45	350m: 4:34.25	40.76	
	100m: 1:13.54 38.13		200m: 2:32.15 39.93	300m: 3:53.49	40.89	400m: 5:13.63	39.38	
8.	Ivan Pinto Silva	79	124846	Feirense	5:14.87		446	
	50m: 35.00 35.00		150m: 1:53.10 39.46	250m: 3:14.13	40.68	350m: 4:36.07	40.90	
	100m: 1:13.64 38.64		200m: 2:33.45 40.35	300m: 3:55.17	41.04	400m: 5:14.87	38.80	
9.	Agostinho Alberto Rego	82	121476	Vitoria de Guimaraes	5:29.19		390	
	50m: 36.47 36.47		150m: 1:57.73 41.15	250m: 3:23.25	41.86	350m: 4:46.95	41.67	
	100m: 1:16.58 40.11		200m: 2:41.39 43.66	300m: 4:05.28	42.03	400m: 5:29.19	42.24	
10.	Tiago Messias Lobo	78	20652	Setubalense	5:43.48		343	
	50m: 38.74 38.74		150m: 2:07.05 44.41	250m: 3:34.87	44.04	350m: 5:01.51	43.15	
	100m: 1:22.64 43.90		200m: 2:50.83 43.78	300m: 4:18.36	43.49	400m: 5:43.48	41.97	
11.	Daniel Jorge Reis	81	122467	Natacao da Maia	6:01.71		294	
	50m: 39.41 39.41		150m: 2:08.85 45.38	250m: 3:42.13	46.72	350m: 5:16.80	47.24	
	100m: 1:23.47 44.06		200m: 2:55.41 46.56	300m: 4:29.56	47.43	400m: 6:01.71	44.91	
12.	Pedro Teixeira Pereira	80	105836	Natacao da Maia	6:15.45		263	
	50m: 41.35 41.35		150m: 2:14.29 47.90	250m: 3:51.21	48.78	350m: 5:28.70	48.47	
	100m: 1:26.39 45.04		200m: 3:02.43 48.14	300m: 4:40.23	49.02	400m: 6:15.45	46.75	
13.	Hugo Campos Gomes	79	122605	Feirense	7:14.66		169	
	50m: 48.53 48.53		150m: 2:34.84 53.79	250m: 4:26.20	56.51	350m: 6:20.50	57.35	
	100m: 1:41.05 52.52		200m: 3:29.69 54.85	300m: 5:23.15	56.95	400m: 7:14.66	54.16	

Master Esc C

1.	Diogo Pedroso Almeida	77	25632	Colegio Monte Maior	4:58.72		554	
	50m: 33.73 33.73		150m: 1:47.97 37.81	250m: 3:04.91	38.98	350m: 4:23.34	38.63	
	100m: 1:10.16 36.43		200m: 2:25.93 37.96	300m: 3:44.71	39.80	400m: 4:58.72	35.38	
2.	Antonio Joao Matos	75	125325	Alcobaca	4:58.92		553	
	50m: 34.01 34.01		150m: 1:48.15 37.36	250m: 3:04.48	38.24	350m: 4:21.82	38.92	
	100m: 1:10.79 36.78		200m: 2:26.24 38.09	300m: 3:42.90	38.42	400m: 4:58.92	37.10	
3.	Pedro Nuno Braga	74	105530	Natacao da Maia	5:02.29		535	
	50m: 32.58 32.58		150m: 1:46.53 37.53	250m: 3:03.82	39.03	350m: 4:23.81	40.61	
	100m: 1:09.00 36.42		200m: 2:24.79 38.26	300m: 3:43.20	39.38	400m: 5:02.29	38.48	
4.	Manuel Fialho Silva	77	107236	Colegio Monte Maior	5:04.58		523	
	50m: 33.65 33.65		150m: 1:48.78 38.17	250m: 3:07.15	39.65	350m: 4:27.12	39.82	
	100m: 1:10.61 36.96		200m: 2:27.50 38.72	300m: 3:47.30	40.15	400m: 5:04.58	37.46	
5.	Alexandre Marques Pereira	76	14651	Colegio Monte Maior	5:05.70		517	
	50m: 35.53 35.53		150m: 1:51.41 38.19	250m: 3:09.54	39.20	350m: 4:28.24	39.43	
	100m: 1:13.22 37.69		200m: 2:30.34 38.93	300m: 3:48.81	39.27	400m: 5:05.70	37.46	
6.	Nuno Alexandre Crespo	75	105396	Colegio Monte Maior	5:08.54		503	
	50m: 35.11 35.11		150m: 1:51.90 38.76	250m: 3:09.96	38.80	350m: 4:29.23	39.86	
	100m: 1:13.14 38.03		200m: 2:31.16 39.26	300m: 3:49.37	39.41	400m: 5:08.54	39.31	
7.	Rui Alexandre Santos	76	26110	Nadadores dos Estoris	5:19.95		451	
	50m: 35.91 35.91		150m: 1:53.85 40.13	250m: 3:15.32	40.95	350m: 4:38.10	41.74	
	100m: 1:13.72 37.81		200m: 2:34.37 40.52	300m: 3:56.36	41.04	400m: 5:19.95	41.85	
8.	Antonio Goarmon Costa	75	105543	Nacional de Natacao	5:46.25		356	
	50m: 38.27 38.27		150m: 2:02.10 42.22	250m: 3:31.48	45.15	350m: 5:02.21	45.24	
	100m: 1:19.88 41.61		200m: 2:46.33 44.23	300m: 4:16.97	45.49	400m: 5:46.25	44.04	
9.	Nuno Andre Ramalhao	73	106424	Gespacos	5:50.05		344	
	50m: 37.41 37.41		150m: 2:02.03 43.76	250m: 3:32.41	45.44	350m: 5:05.95	46.65	
	100m: 1:18.27 40.86		200m: 2:46.97 44.94	300m: 4:19.30	46.89	400m: 5:50.05	44.10	

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Prova 1, Masc., 400m Livres, Master Esc C

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	Nuno Cristiano Pereira	73	119664	Leixoes	6:05.96		301	
	50m: 40.89 40.89		150m: 2:13.74 47.75	250m: 3:48.80 47.45	350m: 5:21.73 45.61			
	100m: 1:25.99 45.10		200m: 3:01.35 47.61	300m: 4:36.12 47.32	400m: 6:05.96 44.23			

Master Esc D

1.	Americo Pedro Goncalves	71	121758	Galitos	5:06.73		549	
	50m: 34.00 34.00		150m: 1:49.38 38.46	250m: 3:08.27 39.55	350m: 4:28.02 40.30			
	100m: 1:10.92 36.92		200m: 2:28.72 39.34	300m: 3:47.72 39.45	400m: 5:06.73 38.71			
2.	Vitor Fortes Cunha	71	26123	Colegio Monte Maior	5:13.55		514	
	50m: 33.92 33.92		150m: 1:51.33 39.82	250m: 3:13.64 41.15	350m: 4:34.22 39.49			
	100m: 1:11.51 37.59		200m: 2:32.49 41.16	300m: 3:54.73 41.09	400m: 5:13.55 39.33			
3.	Carlos Guimaraes Goncalves	70	123664	Fluvial Portuense	5:14.12		511	
	50m: 35.02 35.02		150m: 1:50.25 37.93	250m: 3:09.28 39.45	350m: 4:31.62 41.70			
	100m: 1:12.32 37.30		200m: 2:29.83 39.58	300m: 3:49.92 40.64	400m: 5:14.12 42.50			
4.	Luis Paulo Piteira	68	100511	Setubalense	5:14.83		508	
	50m: 35.06 35.06		150m: 1:51.41 38.78	250m: 3:11.59 40.10	350m: 4:33.84 41.32			
	100m: 1:12.63 37.57		200m: 2:31.49 40.08	300m: 3:52.52 40.93	400m: 5:14.83 40.99			
5.	Francisco Santos Barros	72	108661	Colegio Monte Maior	5:41.59		397	
	50m: 35.50 35.50		150m: 1:58.23 43.16	250m: 3:29.06 45.35	350m: 5:00.47 46.06			
	100m: 1:15.07 39.57		200m: 2:43.71 45.48	300m: 4:14.41 45.35	400m: 5:41.59 41.12			
6.	Jose Salvador Faustino	68	119678	Portinado	5:43.45		391	
	50m: 35.13 35.13		150m: 2:00.27 43.80	250m: 3:31.39 45.85	350m: 5:03.75 46.08			
	100m: 1:16.47 41.34		200m: 2:45.54 45.27	300m: 4:17.67 46.28	400m: 5:43.45 39.70			
7.	Miguel Jose Ferreira	70	119657	Leixoes	5:47.66		377	
	50m: 37.48 37.48		150m: 2:02.23 43.73	250m: 3:32.39 45.02	350m: 5:05.00 46.62			
	100m: 1:18.50 41.02		200m: 2:47.37 45.14	300m: 4:18.38 45.99	400m: 5:47.66 42.66			
8.	Nuno Filipe Barros	71	105839	Natacao da Maia	6:01.74		334	
	50m: 39.00 39.00		150m: 2:08.42 46.00	250m: 3:42.73 47.28	350m: 5:17.85 47.28			
	100m: 1:22.42 43.42		200m: 2:55.45 47.03	300m: 4:30.57 47.84	400m: 6:01.74 43.89			
9.	Paulo Freitas Teles	71	122604	Alges	6:11.68		308	
	50m: 41.84 41.84		150m: 2:13.67 47.07	250m: 3:48.76 47.39	350m: 5:24.87 48.17			
	100m: 1:26.60 44.76		200m: 3:01.37 47.70	300m: 4:36.70 47.94	400m: 6:11.68 46.81			
10.	Fernando Manuel Santana	68	120532	Colegio Monte Maior	6:30.41		266	
	50m: 42.57 42.57		150m: 2:19.63 49.31	250m: 3:59.51 49.52	350m: 5:40.10 49.96			
	100m: 1:30.32 47.75		200m: 3:09.99 50.36	300m: 4:50.14 50.63	400m: 6:30.41 50.31			
11.	Jose Manuel Brandao	70	14395	Desportiva de Viana	6:30.51		266	
	50m: 40.20 40.20		150m: 2:14.06 48.51	250m: 3:56.21 51.77	350m: 5:41.46 52.34			
	100m: 1:25.55 45.35		200m: 3:04.44 50.38	300m: 4:49.12 52.91	400m: 6:30.51 49.05			
12.	Marco Santos Carrasco	68	119626	Portinado	7:01.55		211	
	50m: 42.70 42.70		150m: 2:26.51 53.41	250m: 4:18.26 55.45	350m: 6:09.79 55.23			
	100m: 1:33.10 50.40		200m: 3:22.81 56.30	300m: 5:14.56 56.30	400m: 7:01.55 51.76			
13.	Dionisio Miguel Silva	71	110458	Vitoria de Guimaraes	7:04.52		207	
	50m: 42.32 42.32		150m: 2:24.01 53.34	250m: 4:16.55 56.71	350m: 6:10.39 57.14			
	100m: 1:30.67 48.35		200m: 3:19.84 55.83	300m: 5:13.25 56.70	400m: 7:04.52 54.13			
14.	Antonio Humberto Goncalves	72	119499	Nacional da Madeira	7:08.54		201	
	50m: 44.29 44.29		150m: 2:30.02 54.48	250m: 4:22.82 55.91	350m: 6:15.26 55.77			
	100m: 1:35.54 51.25		200m: 3:26.91 56.89	300m: 5:19.49 56.67	400m: 7:08.54 53.28			

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Prova 1, Masc., 400m Livres

Master Esc E

1. Jose Carlos Freitas	63 111877	Fluvial Portuense	4:24.08	985
50m: 30.86 30.86	150m: 1:37.34 33.34	250m: 2:44.38 33.46	350m: 3:51.68 33.56	
100m: 1:04.00 33.14	200m: 2:10.92 33.58	300m: 3:18.12 33.74	400m: 4:24.08 32.40	
2. Pedro Alexandre Fernando	67 11177	Academica de Coimbra	5:06.46	630
50m: 34.67 34.67	150m: 1:53.05 39.49	250m: 3:11.65 39.17	350m: 4:31.01 39.59	
100m: 1:13.56 38.89	200m: 2:32.48 39.43	300m: 3:51.42 39.77	400m: 5:06.46 35.45	
3. Ralf Pinto Soares	64 26786	Nadadores dos Estoris	5:30.40	503
50m: 36.00 36.00	150m: 1:55.94 40.89	250m: 3:20.42 42.00	350m: 4:46.97 43.57	
100m: 1:15.05 39.05	200m: 2:38.42 42.48	300m: 4:03.40 42.98	400m: 5:30.40 43.43	
4. Armando Joao Costa	63 12262	Pimpoes/Cimai	5:33.81	487
50m: 35.56 35.56	150m: 1:57.97 42.36	250m: 3:24.40 43.71	350m: 4:52.19 43.59	
100m: 1:15.61 40.05	200m: 2:40.69 42.72	300m: 4:08.60 44.20	400m: 5:33.81 41.62	
5. Paulo Alexandre Neves	66 112616	Leixoes	6:09.83	358
50m: 40.49 40.49	150m: 2:14.66 48.42	250m: 3:50.72 48.50	350m: 5:26.01 47.45	
100m: 1:26.24 45.75	200m: 3:02.22 47.56	300m: 4:38.56 47.84	400m: 6:09.83 43.82	
6. Daniel Castro Trigo	65 120704	Sporting de Aveiro	6:21.09	327
50m: 41.43 41.43	150m: 2:14.39 47.74	250m: 3:52.04 48.90	350m: 5:31.94 50.57	
100m: 1:26.65 45.22	200m: 3:03.14 48.75	300m: 4:41.37 49.33	400m: 6:21.09 49.15	
7. Emanuel Araujo Marques	64 109267	Natacao da Maia	6:26.76	313
50m: 42.28 42.28	150m: 2:16.49 47.95	250m: 3:57.02 50.54	350m: 5:38.91 51.11	
100m: 1:28.54 46.26	200m: 3:06.48 49.99	300m: 4:47.80 50.78	400m: 6:26.76 47.85	
8. Rui Manuel Velez	64 122972	Luz e Vida	6:42.63	278
50m: 44.12 44.12	150m: 2:26.29 52.26	250m: 4:11.52 52.45	350m: 5:55.18 51.52	
100m: 1:34.03 49.91	200m: 3:19.07 52.78	300m: 5:03.66 52.14	400m: 6:42.63 47.45	

Master Esc F

1. Paulo Paula Carvalho	61 25645	Uniao Piedense	4:48.72	803
50m: 32.11 32.11	150m: 1:42.86 35.77	250m: 2:56.31 36.83	350m: 4:10.26 37.35	
100m: 1:07.09 34.98	200m: 2:19.48 36.62	300m: 3:32.91 36.60	400m: 4:48.72 38.46	
2. Jaime Carlos Bento	61 118614	Alges	4:56.84	739
50m: 33.07 33.07	150m: 1:45.68 36.68	250m: 3:01.69 38.57	350m: 4:19.32 38.60	
100m: 1:09.00 35.93	200m: 2:23.12 37.44	300m: 3:40.72 39.03	400m: 4:56.84 37.52	
3. Jose Manuel Vieira	58 109259	Nacional da Madeira	5:46.76	463
50m: 35.20 35.20	150m: 2:00.25 44.16	250m: 3:31.66 46.14	350m: 5:04.76 46.09	
100m: 1:16.09 40.89	200m: 2:45.52 45.27	300m: 4:18.67 47.01	400m: 5:46.76 42.00	
4. Antonio Costa Raposo	58 112606	Portinado	6:02.97	404
50m: 39.77 39.77	150m: 2:09.40 46.18	250m: 3:43.46 46.85	350m: 5:17.25 46.64	
100m: 1:23.22 43.45	200m: 2:56.61 47.21	300m: 4:30.61 47.15	400m: 6:02.97 45.72	
5. Antonio Coelho Moura	60 109037	Pimpoes/Cimai	6:23.47	342
50m: 42.07 42.07	150m: 2:14.98 47.69	250m: 3:52.97 49.18	350m: 5:34.09 50.53	
100m: 1:27.29 45.22	200m: 3:03.79 48.81	300m: 4:43.56 50.59	400m: 6:23.47 49.38	
6. Fernando Diogo Duarte	62 119707	Feirense	6:25.39	337
50m: 42.39 42.39	150m: 2:18.05 48.54	250m: 3:56.50 49.20	350m: 5:38.06 50.80	
100m: 1:29.51 47.12	200m: 3:07.30 49.25	300m: 4:47.26 50.76	400m: 6:25.39 47.33	
7. Teofilo Manuel Relvas	58 120556	Vilacondense	6:55.73	269
50m: 44.40 44.40	150m: 2:25.91 51.76	250m: 4:13.23 54.49	350m: 6:04.85 56.51	
100m: 1:34.15 49.75	200m: 3:18.74 52.83	300m: 5:08.34 55.11	400m: 6:55.73 50.88	

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Prova 1, Masc., 400m Livres

Master Esc G

1. Vitor Manuel Mavioso	56	100689	Alges	5:22.82	697
50m: 34.58 34.58	150m: 1:53.96 40.55	250m: 3:17.00 41.72	350m: 4:41.75 42.44		
100m: 1:13.41 38.83	200m: 2:35.28 41.32	300m: 3:59.31 42.31	400m: 5:22.82 41.07		
2. Mario Jose Pinto	57	12387	Individual Coimbra	5:26.28	675
50m: 36.28 36.28	150m: 1:57.04 41.77	250m: 3:21.71 42.59	350m: 4:46.19 42.11		
100m: 1:15.27 38.99	200m: 2:39.12 42.08	300m: 4:04.08 42.37	400m: 5:26.28 40.09		
3. Antonio Prestes Pires	56	120943	Academica de Coimbra	5:52.02	537
50m: 35.31 35.31	150m: 2:01.05 44.86	250m: 3:33.52 46.66	350m: 5:06.72 46.10		
100m: 1:16.19 40.88	200m: 2:46.86 45.81	300m: 4:20.62 47.10	400m: 5:52.02 45.30		
4. Fernando Manuel Damas	53	125441	Alges	7:05.87	303
50m: 48.56 48.56	150m: 2:36.11 54.36	250m: 4:26.23 55.66	350m: 6:15.44 54.50		
100m: 1:41.75 53.19	200m: 3:30.57 54.46	300m: 5:20.94 54.71	400m: 7:05.87 50.43		
5. Jose Henrique Madail	54	119658	Galitos	7:17.19	280
50m: 50.54 50.54	150m: 2:40.53 55.88	250m: 4:32.64 56.10	350m: 6:23.22 55.25		
100m: 1:44.65 54.11	200m: 3:36.54 56.01	300m: 5:27.97 55.33	400m: 7:17.19 53.97		
DNS Jose Carlos Neto	53	14471	Ginasio Figueirense		

Master Esc I

1. Luis Vidigal Salgueiro	45	119671	Alges	6:28.01	599
50m: 41.60 41.60	150m: 2:19.71 49.58	250m: 3:59.88 49.68	350m: 5:41.21 50.74		
100m: 1:30.13 48.53	200m: 3:10.20 50.49	300m: 4:50.47 50.59	400m: 6:28.01 46.80		
2. Jose Joaquim Marreiros	46	120970	Alges	8:17.39	284
50m: 52.67 52.67	150m: 2:55.73 1:04.00	250m: 5:07.16 1:06.63	350m: 7:16.77 1:05.10		
100m: 1:51.73 59.06	200m: 4:00.53 1:04.80	300m: 6:11.67 1:04.51	400m: 8:17.39 1:00.62		
3. Helder Manuel Moreira	44	25646	Galitos	9:24.93	194
50m: 58.82 58.82	150m: 3:18.03 1:11.58	250m: 5:44.92 1:13.26	350m: 8:13.27 1:14.08		
100m: 2:06.45 1:07.63	200m: 4:31.66 1:13.63	300m: 6:59.19 1:14.27	400m: 9:24.93 1:11.66		

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Prova 2	Femin., 200m Livres				25 - 89 anos
28-01-2012 - 11:00					Resultados
RN Esc A(25-29)	2:18.11	Carolina Santos Silva	CNMAIA	Ponte de Sor	29-01-2011
RN Esc B(30-34)	2:06.50	Ana Paula Grilo	UDCA	Inatel	22-03-2003
RN Esc C(35-39)	2:07.69	Ana Paula Grilo	UDCA	Freiburg (GER)	08-05-2004
RN Esc D(40-44)	2:20.45	Ana Paula Grilo	CNBE	Porto	01-12-2011
RN Esc E(45-49)	2:37.23	Elena Nikolaevna Kraeva	CIMM	Abobada	16-01-2011
RN Esc F(50-54)	2:35.60	Elena Nikolaevna Kraeva	CIMM	Ponte de Sor	29-01-2011
RN Esc G(55-59)	2:50.79	Ana Maria Ferreira	INDANL	Inatel	12-04-2008
RN Esc H(60-64)	2:54.01	Ana Maria Ferreira	SAD	Ponte de Sor	29-01-2011
RN Esc I(65-69)	4:10.68	Celia Stichini Quartin	PIMP	Mealhada	30-01-2010
RN Esc J(70-74)	5:48.44	Maria Augusta Azinheira	SFP	Lisboa	15-02-2009
RN Esc K(75-79)	59:00.00				
RN Esc L(80-84)	59:00.00				

Pontos: DSV Masters 04

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Master Esc A								
1.	Ana Filipa Leite	86	11944	Academica de Coimbra	2:19.57		683	
	50m: 31.89 31.89	100m: 1:07.01 35.12	150m: 1:43.35 36.34	200m: 2:19.57 36.22				
2.	Diana Raquel Pacheco	84	117321	Leixoes	2:37.98		471	
	50m: 34.34 34.34	100m: 1:12.91 38.57	150m: 1:54.59 41.68	200m: 2:37.98 43.39				
3.	Filipa Silveira Varela	87	125125	Nadadores dos Estoris	3:00.51		315	
	50m: 41.46 41.46	100m: 1:26.12 44.66	150m: 2:13.80 47.68	200m: 3:00.51 46.71				
DNS	Patricia Paiva Leite	83	124845	Feirense				
DNS	Alexandra Fagundo Raposo	85	119639	Galitos				

Master Esc B

1.	Ana Mafalda Oliveira	81	23193	Natacao da Maia	2:22.31		682	
	50m: 32.60 32.60	100m: 1:08.25 35.65	150m: 1:45.19 36.94	200m: 2:22.31 37.12				
2.	Elsa Maria Fumega	78	119665	Leixoes	2:45.90		430	
	50m: 39.25 39.25	100m: 1:21.52 42.27	150m: 2:04.35 42.83	200m: 2:45.90 41.55				
3.	Rita Almeida Crisostomo	80	122434	Academica de Coimbra	2:49.06		407	
	50m: 37.22 37.22	100m: 1:19.48 42.26	150m: 2:04.21 44.73	200m: 2:49.06 44.85				
4.	Ana Rita Fernandes	79	105109	Academica de Coimbra	3:14.41		267	
	50m: 42.70 42.70	100m: 1:30.24 47.54	150m: 2:22.64 52.40	200m: 3:14.41 51.77				
5.	Ana Vieira Luz	78	112632	Colegio Monte Maior	3:24.65		229	
	50m: 48.25 48.25	100m: 1:41.45 53.20	150m: 2:34.90 53.45	200m: 3:24.65 49.75				

Master Esc C

1.	Maria Luisa Costa	74	119218	Leixoes	2:24.62		658	
	50m: 33.79 33.79	100m: 1:10.55 36.76	150m: 1:47.55 37.00	200m: 2:24.62 37.07				
2.	Ines Maria Rothes	73	124731	Fluvial Portuense	2:27.91		615	
	50m: 35.45 35.45	100m: 1:11.67 36.22	150m: 1:49.84 38.17	200m: 2:27.91 38.07				
3.	Sara Mendonca Graca	77	121785	Colegio Monte Maior	2:46.83		429	
	50m: 37.65 37.65	100m: 1:20.29 42.64	150m: 2:04.17 43.88	200m: 2:46.83 42.66				

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Prova 2, Femin., 200m Livres

Master Esc D

1.	Maria Teresa Brandao	69	108037	Leixoes	2:32.45	619
	50m: 34.54 34.54	100m: 1:12.17 37.63	150m: 1:52.28 40.11	200m: 2:32.45 40.17		
2.	Sandra Lurdes Diogo	72	123612	Porto	2:41.66	519
	50m: 37.02 37.02	100m: 1:16.24 39.22	150m: 1:58.04 41.80	200m: 2:41.66 43.62		
3.	Elisabete Maria Rosa	69	106153	Pimpoes/Cimai	2:44.13	496
	50m: 38.55 38.55	100m: 1:20.11 41.56	150m: 2:02.95 42.84	200m: 2:44.13 41.18		
4.	Isabel Maria Magano	68	118887	Leixoes	2:44.60	491
	50m: 37.58 37.58	100m: 1:18.93 41.35	150m: 2:02.16 43.23	200m: 2:44.60 42.44		
5.	Carla Joana Macieirinha	71	120494	Ginasio de Vila Real	2:57.93	389
	50m: 39.14 39.14	100m: 1:25.41 46.27	150m: 2:13.79 48.38	200m: 2:57.93 44.14		
6.	Cristina Fernandes Silva	71	116958	Academica de Coimbra	3:15.41	294
	50m: 43.14 43.14	100m: 1:32.56 49.42	150m: 2:24.25 51.69	200m: 3:15.41 51.16		
7.	Fernanda Maria Santinha	72	100478	Masters de Almada	3:22.69	263
	50m: 45.60 45.60	100m: 1:37.00 51.40	150m: 2:30.30 53.30	200m: 3:22.69 52.39		
8.	Ana Bernardo Barbara	70	116656	Portinado	3:59.12	160
	50m: 48.62 48.62	100m: 1:44.89 56.27	150m: 2:51.84 1:06.95	200m: 3:59.12 1:07.28		
DNS	Ana Paula Grilo	69	13478	Beja		
DNS	Carla Pinto Mendes	71	112615	Natacao da Maia		

Master Esc E

1.	Alexandra Maria Silva	67	117413	Porto	2:41.61	622
	50m: 35.80 35.80	100m: 1:15.46 39.66	150m: 1:58.10 42.64	200m: 2:41.61 43.51		
2.	Maria Margarida Urbano	63	11355	Academica de Coimbra	2:57.05	473
	50m: 40.94 40.94	100m: 1:25.43 44.49	150m: 2:11.28 45.85	200m: 2:57.05 45.77		

Master Esc F

1.	Elena Nikolaevna Kraeva	61	14173	Colegio Monte Maior	2:33.74	809
	<i>Rec Nac Cat F</i>					
	50m: 35.16 35.16	100m: 1:13.64 38.48	150m: 1:53.38 39.74	200m: 2:33.74 40.36		
2.	Maria Manuela Neto	62	102090	Natacao da Maia	3:30.84	313
	50m: 47.03 47.03	100m: 1:39.61 52.58	150m: 2:35.66 56.05	200m: 3:30.84 55.18		
3.	Anette Kind	61	120501	Leixoes	3:49.66	242
	50m: 50.07 50.07	100m: 1:48.80 58.73	150m: 2:50.84 1:02.04	200m: 3:49.66 58.82		

Master Esc G

1.	Luisa Maria Pintao	54	26112	Nadadores dos Estoris	3:14.98	459
	50m: 44.70 44.70	100m: 1:33.81 49.11	150m: 2:25.20 51.39	200m: 3:14.98 49.78		

Master Esc H

1.	Ana Maria Ferreira	50	100434	Alges	2:54.04	806
	50m: 40.02 40.02	100m: 1:24.33 44.31	150m: 2:09.87 45.54	200m: 2:54.04 44.17		

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Prova 2, Femin., 200m Livres

Master Esc I

1. Celia Stichini Quartin	44	12522	Pimpoes/Cimai	4:15.28	293
50m: 55.80 55.80	100m: 2:00.89	1:05.09	150m: 3:07.54	1:06.65	200m: 4:15.28 1:07.74
2. Maria Van der Eecken	45	122496	Portinado	7:34.11	52
50m: 1:48.46 1:48.46	100m: 3:49.11	2:00.65	150m: 5:40.82	1:51.71	200m: 7:34.11 1:53.29

Prova 3

Masc., 100m Bruços

25 - 89 anos

28-01-2012 - 11:20

Resultados

RN Esc A(25-29)	1:05.80	Francisco Freire Frederico	CFB	Torres Novas	01-02-2009
RN Esc B(30-34)	1:06.64	Edison Fortunato Junior	CNFA	Torres Novas	01-02-2009
RN Esc C(35-39)	1:08.54	Rodrigo Marques Costa	CNLA	Ponte de Sor	29-01-2011
RN Esc D(40-44)	1:12.98	Germano Oliveira Velha	ANE	Inatel	18-01-2003
RN Esc E(45-49)	1:14.36	Jose Samuel Duarte	SCP	Ponte de Sor	29-01-2011
RN Esc F(50-54)	1:17.70	Germano Oliveira Velha	CNLA	Sines	07-01-2012
RN Esc G(55-59)	1:25.97	Jose Sarsfield Cabral	AAC	Penacova	13-03-2004
RN Esc H(60-64)	1:26.61	Jose Sarsfield Cabral	AAC	Fafe	19-06-2010
RN Esc I(65-69)	1:29.34	Antonio Bessone Basto	SAD	Ponte da Barca	16-05-2010
RN Esc J(70-74)	1:37.71	Leonel Sousa Gomes	SAD	Guarda	17-06-2000
RN Esc K(75-79)	1:40.76	Leonel Sousa Gomes	INATEL	Inatel	18-06-2005
RN Esc L(80-84)	1:55.42	Leonel Sousa Gomes	AAC	Mealhada	30-01-2010
RN Esc M(85-89)	59:00.00				

Pontos: DSV Masters 04

Lugar Nome Ano NFed Clube Tempo Final TReac Pts FINA Pts

Master Esc A

1. Pedro Alexandre Pacheco	87	125447	Estrelas S. Joao de Brito	1:10.17	730
50m: 32.69 32.69	100m: 1:10.17	37.48			
2. Hugo Alexandre Amaral	87	12641	Portinado	1:10.48	720
50m: 32.07 32.07	100m: 1:10.48	38.41			
3. Jose Paulo Santos	84	118905	Vitoria de Guimaraes	1:22.15	455
50m: 38.03 38.03	100m: 1:22.15	44.12			
4. Andre Manuel Carvalho	84	124717	Vilacondense	1:28.96	358
50m: 41.07 41.07	100m: 1:28.96	47.89			

Master Esc B

1. Carlos Alberto Cardoso	80	103242	Vilacondense	1:10.54	778
50m: 33.68 33.68	100m: 1:10.54	36.86			
2. Pedro Alexandre Sousa	82	123374	Porto	1:15.47	635
50m: 34.96 34.96	100m: 1:15.47	40.51			
3. Eugenio Vicente Martinez	81	123680	Nacional de Natacao	1:17.92	577
50m: 36.69 36.69	100m: 1:17.92	41.23			
4. Andre Filipe Fialho	82	10059	Pimpoes/Cimai	1:18.05	574
50m: 36.07 36.07	100m: 1:18.05	41.98			
5. Luis Paulo Gomes	82	10575	Nacional da Madeira	1:19.56	542
50m: 37.07 37.07	100m: 1:19.56	42.49			
6. Celso Filipe Assuncao	78	125458	Galitos	1:21.12	511
50m: 37.48 37.48	100m: 1:21.12	43.64			
7. Ricardo Manuel Lobo	80	118904	Vitoria de Guimaraes	1:23.36	471
50m: 37.62 37.62	100m: 1:23.36	45.74			

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Prova 3, Masc., 100m Bruços, Master Esc B

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
8.	Eduardo Jose Amaral 50m: 38.72 38.72	78	12261	Pimpoes/Cimai 100m: 1:24.13 45.41	1:24.13		458	
9.	Mario Rui Rodrigues 50m: 40.66 40.66	78	124704	Leixoes 100m: 1:26.37 45.71	1:26.37		423	
10.	Jose Orlando Novais 50m: 41.99 41.99	78	110370	Vitoria de Guimaraes 100m: 1:28.51 46.52	1:28.51		393	
11.	Hugo Campos Gomes 50m: 50.30 50.30	79	122605	Feirense 100m: 1:44.97 54.67	1:44.97		236	
12.	Rui Santos Cacoete 50m: 51.34 51.34	82	120584	Ginasio Figueirense 100m: 1:51.35 1:00.01	1:51.35		197	
DNS	Pedro Guedes Silva	82	117591	Colegio Monte Maior				

Master Esc C

1.	Rodrigo Marques Costa <i>Rec Nac Cat C</i>	76	11306	Litoral Alentejano	1:08.31		795	
2.	Ricardo Zamith Passos 50m: 31.78 31.78	75	103229	Naval Povoense 100m: 1:09.37 37.59	1:09.37		759	
3.	Rodolfo Pereira Nunes 50m: 32.55 32.55	73	25137	Gespacos 100m: 1:09.78 37.23	1:09.78		746	
4.	Rui Gabriel Custodio 50m: 37.69 37.69	75	26125	Naval da Nazare 100m: 1:18.91 41.22	1:18.91		515	
5.	Jose Bessa Oliveira 50m: 38.93 38.93	75	125188	Ginasio de Vila Real 100m: 1:24.77 45.84	1:24.77		416	
6.	Paulo Meira Santos 50m: 42.81 42.81	74	17501	Nacional de Natacao 100m: 1:29.20 46.39	1:29.20		357	
7.	Alexandre Marques Pereira 50m: 42.58 42.58	76	14651	Colegio Monte Maior 100m: 1:29.25 46.67	1:29.25		356	
8.	Antonio Goarmon Costa 50m: 42.69 42.69	75	105543	Nacional de Natacao 100m: 1:31.23 48.54	1:31.23		333	
9.	Miguel Pedro Figueiredo 50m: 43.46 43.46	74	122204	Sporting de Aveiro 100m: 1:34.52 51.06	1:34.52		300	
10.	Paulo Viana Santos 50m: 44.23 44.23	75	122497	Portinado 100m: 1:35.72 51.49	1:35.72		289	
11.	Jose Carlos Salgado 50m: 46.10 46.10	74	110371	Vitoria de Guimaraes 100m: 1:39.57 53.47	1:39.57		256	
12.	Joao Antonio Gomes 50m: 46.57 46.57	75	121592	Leixoes 100m: 1:40.75 54.18	1:40.75		247	
13.	Norberto Matos Pereira 50m: 48.35 48.35	75	111733	Vitoria de Guimaraes 100m: 1:45.16 56.81	1:45.16		218	
DNS	Camilo Moreira Goncalves	74	106812	Colegio SMLamas				

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Prova 3, Masc., 100m Bruços

Master Esc D

1.	Joao Miguel Faria	71	118892	Leixoes	1:20.15	588
	50m: 37.19 37.19		100m: 1:20.15 42.96			
2.	Luis Paulo Piteira	68	100511	Setubalense	1:21.62	557
	50m: 39.39 39.39		100m: 1:21.62 42.23			
3.	Fernando Jose Carvalho	69	124700	Gespacos	1:28.10	443
	50m: 40.27 40.27		100m: 1:28.10 47.83			
4.	Marco Paulo Silva	70	118005	Vilacondense	1:30.21	413
	50m: 41.86 41.86		100m: 1:30.21 48.35			
5.	Vitor Santos Teixeira	71	122544	Galitos	1:32.95	377
	50m: 44.33 44.33		100m: 1:32.95 48.62			
6.	Luis Miguel Xavier	72	125446	Estrelas S. Joao de Brito	1:35.80	344
	50m: 45.15 45.15		100m: 1:35.80 50.65			
7.	Abilio Manuel Antonio	72	12531	Pimpoes/Cimai	1:36.11	341
	50m: 44.25 44.25		100m: 1:36.11 51.86			
8.	Francisco Antonio Ferraz	70	123940	Pimpoes/Cimai	1:36.25	340
	50m: 44.83 44.83		100m: 1:36.25 51.42			
9.	Carlos Manuel Dias	69	119240	CCD Lagos/Multi	1:43.89	270
	50m: 47.51 47.51		100m: 1:43.89 56.38			
10.	Afonso Jorge Pereira	69	124696	Natacao da Maia	2:14.25	125
	50m: 58.66 58.66		100m: 2:14.25 1:15.59			
DSQ	Jose Carlos Lima	72	26113	Desportiva de Viana		
	<i>704 - Pernada de golfinho antes iniciar a braçada submarina após viragem aos 50 m - SW 7.1</i>					
DSQ	Nuno Filipe Melo	70	121581	Galitos		
	<i>403 - Falsa partida - SW 4.4</i>					

Master Esc E

1.	Jose Samuel Duarte	65	120465	Sporting	1:16.13	736
	50m: 35.34 35.34		100m: 1:16.13 40.79			
2.	Ralf Pinto Soares	64	26786	Nadadores dos Estoris	1:23.56	556
	50m: 38.95 38.95		100m: 1:23.56 44.61			
3.	Martin Bernhard	65	109794	BA/Mr.Pizza	1:29.76	449
	50m: 40.87 40.87		100m: 1:29.76 48.89			
4.	Joao Manuel Silva	63	13256	Millennium BCP	1:31.32	426
	50m: 41.34 41.34		100m: 1:31.32 49.98			
5.	Joao Paulo Almeida	64	10797	Ginasio Figueirense	1:35.61	371
	50m: 42.89 42.89		100m: 1:35.61 52.72			
6.	Fernando Manuel Serra	64	100451	Millennium BCP	1:42.15	304
	50m: 47.55 47.55		100m: 1:42.15 54.60			
7.	Adriano Manuel Barradas	65	119366	Millennium BCP	1:45.30	278
	50m: 49.72 49.72		100m: 1:45.30 55.58			

Master Esc F

1.	Germano Oliveira Velha	62	13392	Litoral Alentejano	1:15.77	885
	<i>Rec Nac Cat F</i>					
	50m: 35.66 35.66		100m: 1:15.77 40.11			
2.	Jose Luis Correia	59	14648	Nadadores dos Estoris	1:43.51	347
	50m: 48.33 48.33		100m: 1:43.51 55.18			

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Prova 3, Masc., 100m Bruços, Master Esc F

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
DNS	Alberto Nuno Espinheiro	62	106811	Colegio SMLamas				

Master Esc G

1.	Jose Santos Silva <i>Rec Nac Cat G</i>	57	14638	Natacao da Maia	1:23.59		701	
	50m: 38.95 38.95			100m: 1:23.59 44.64				
2.	Carlos Alberto Serra	55	116884	Luz e Vida	1:30.65		550	
	50m: 43.62 43.62			100m: 1:30.65 47.03				
3.	Jose Antonio Teixeira	53	100126	Academica de Coimbra	1:41.06		397	
	50m: 46.80 46.80			100m: 1:41.06 54.26				
4.	Ricardo Jorge Osorio	56	102095	Gespacos	1:42.28		383	
	50m: 49.59 49.59			100m: 1:42.28 52.69				
5.	Joaquim Jesus Silva	53	122603	Alges	1:43.11		374	
	50m: 48.77 48.77			100m: 1:43.11 54.34				
6.	Antonio Alves Cecilio	54	100919	Gespacos	1:43.29		372	
	50m: 50.31 50.31			100m: 1:43.29 52.98				
7.	Jose Henrique Madail	54	119658	Galitos	1:44.89		355	
	50m: 50.70 50.70			100m: 1:44.89 54.19				
8.	Jose Carlos Neto	53	14471	Ginasio Figueirense	1:46.28		341	
	50m: 50.14 50.14			100m: 1:46.28 56.14				
9.	Jose Roberto Silva	55	119637	Feirense	2:01.74		227	
	50m: 56.70 56.70			100m: 2:01.74 1:05.04				

Master Esc H

1.	Mario Gomes Bairrada	52	100885	Nadadores dos Estoris	1:44.88		427	
	50m: 48.91 48.91			100m: 1:44.88 55.97				
2.	Walter Emunds	52	119622	Portinado	1:53.02		341	
	50m: 51.31 51.31			100m: 1:53.02 1:01.71				
3.	Daniel Sobral Rabiais	50	13766	Pimpoes/Cimai	2:07.56		237	
	50m: 1:00.27 1:00.27			100m: 2:07.56 1:07.29				

Master Esc I

1.	Joaquim Fidalgo Freitas	47	11231	Academica de Coimbra	1:33.57		659	
	50m: 43.93 43.93			100m: 1:33.57 49.64				
2.	Alexandre Azevedo Gaspar	45	119670	Alges	1:46.19		451	
	50m: 50.68 50.68			100m: 1:46.19 55.51				
3.	Helder Manuel Moreira	44	25646	Galitos	1:47.22		438	
	50m: 49.66 49.66			100m: 1:47.22 57.56				
4.	Luis Silveira Viegas	47	104917	Nadadores dos Estoris	1:53.39		370	
	50m: 53.14 53.14			100m: 1:53.39 1:00.25				
5.	Jose Joaquim Marreiros	46	120970	Alges	2:46.40		117	
	50m: 1:21.32 1:21.32			100m: 2:46.40 1:25.08				

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Prova 3, Masc., 100m Bruços

Master Esc J

1. Manuel Monteiro Tenreiro	40	11175	Academica de Coimbra	2:21.32	237
50m: 1:08.90 1:08.90	100m: 2:21.32 1:12.42				
DNS Oscar Antonio Costa	39	117010	Galitos		

Master Esc L

1. Leonel Sousa Gomes	30	25633	Alges	2:28.66	372
50m: 1:11.46 1:11.46	100m: 2:28.66 1:17.20				

Prova 4

Femin., 50m Bruços

25 - 89 anos

28-01-2012 - 11:40

Resultados

RN Esc A(25-29)	35.02	Isabel Maria Figueira	CNFA	Pontevedra (ESP)	26-01-2008
RN Esc B(30-34)	33.70	Isabel Maria Figueira	LDC	Sines	08-01-2011
RN Esc C(35-39)	39.18	Ana Paula Grilo	UDCA	Wurselen (GER)	02-05-2004
RN Esc D(40-44)	39.39	Maria Helena Carmo	CNCVG	Mealhada	31-01-2010
RN Esc E(45-49)	40.95	Amelia Ponte Galhardo	CCDCML	Torres Novas	01-02-2009
RN Esc F(50-54)	40.90	Elena Alarcon Gamonal	CNFA	PALMA MALLORCA (ESP)	01-05-2011
RN Esc G(55-59)	43.57	Ana Moura Relvas	AAC	Ponte de Sor	29-01-2011
RN Esc H(60-64)	50.50	Ana Maria Ferreira	SAD	Ponte da Barca	16-05-2010
RN Esc I(65-69)	55.92	Nair Gomes Sa	ANE	Ponte da Barca	12-06-2005
RN Esc J(70-74)	57.69	Isabel Maria Raimundo	SAD	Lisboa	22-05-2011
RN Esc K(75-79)	1:33.33	Maria Augusta Neves	LSC	Caldas da Rainha	11-06-2011
RN Esc L(80-84)	3:06.68	Marilia Xavier Morais	AAC	Mealhada	31-01-2010
RN Esc M(85-89)	59:00.00				

Pontos: DSV Masters 04

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Master Esc A								
1.	Catia Santos Ramalho	86	23275	Natacao da Maia	37.59		745	
2.	Alexandra Fagundo Raposo	85	119639	Galitos	43.16		492	
3.	Catarina Vidreiro Fernandes	83	124847	Galitos	43.17		492	
4.	Ana Catarina Milhazes	85	119706	Vitoria de Guimaraes	51.21		295	
DNS	Fabianne Araujo Ribeiro	85	124849	Galitos				

Master Esc B

1. Rita Rebelo Silva	79	125430	Academica de Coimbra	38.24	659
2. Paula Cristina Martins	81	16968	Vilacondense	43.73	440
3. Joana Merca Saraiva	80	125343	Luz e Vida	46.34	370
4. Sofia Marques Pereira	78	124935	Colegio Monte Maior	48.06	332
5. Ana Maria Martins	79	123246	Sporting de Aveiro	55.65	213
6. Rosa Costa Gomes	79	118191	Vilacondense	1:03.70	142

Master Esc C

1. Patricia Vanessa Rossetto	77	112631	Portinado	47.64	346
2. Carla Alexandra Ferreira	76	111575	Pimpoes/Cimai	48.66	325

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Prova 4, Femin., 50m Bruços

Master Esc D

1.	Maria Manuela Sequeira	68	109962	Academica de Coimbra	43.59	475
2.	Isabel Maria Magano	68	118887	Leixoes	43.92	464
3.	Elisabete Maria Rosa	69	106153	Pimpoes/Cimai	44.25	454
4.	Isabel Maria Lima	69	125468	Fluvial Portuense	55.65	228
5.	Vera Lucia Oliveira	71	119636	Galitos	56.66	216
6.	Catarina Araujo Blanco	71	124701	Leixoes	57.17	210
7.	Ana Bernardo Barbara	70	116656	Portinado	58.91	192
DNS	Margarida Alexandra Costa	70	125454	Porto		

Master Esc E

1.	Ana Cristina Lobo	66	103983	Natacao da Maia	42.65	605
2.	Maribel Santos Fernandes	65	26829	Leixoes	43.58	567
3.	Maria Adriana Viseu	66	26830	Leixoes	44.05	549
4.	Carla Vale Lenzi	67	25647	Nadadores dos Estoris	44.66	527
5.	Maria Joao Taborda	67	123373	Porto	44.82	521
6.	Isabel Aguiar Leite	63	102668	Fluvial Portuense	55.44	275
7.	Paula Margarida Almeida	63	103979	Ginasio Figueirense	58.66	232
8.	Elisa Loureiro Garcia	67	14467	Ginasio Figueirense	58.75	231

Master Esc F

1.	Maria Santos Fernandes	62	105263	Leixoes	47.41	511
2.	Maria Fatima Coelho	60	109032	Academica de Coimbra	47.42	510
3.	Wanda Maria Gao	62	110847	CCD Lagos/Multi	50.13	432
4.	Anette Kind	61	120501	Leixoes	52.51	376
5.	Maria Teresa Pinto	61	120500	Leixoes	55.28	322
6.	Maria Paula Cunha	59	121597	Leixoes	56.10	308
7.	Maria Gabriela Cardanho	62	100129	Ginasio Figueirense	59.82	254
8.	Arminda Alves Ferreira	60	112034	Ginasio Figueirense	1:23.65	93

Master Esc G

1.	Ana Moura Relvas <i>Rec Nac Cat G</i>	56	12124	Academica de Coimbra	42.30	752
2.	Maria Teresa Oliveira	57	10538	Academica de Coimbra	45.55	602
3.	Luisa Maria Pintao	54	26112	Nadadores dos Estoris	49.70	463
4.	Maria Felix Ferreira	54	112081	Alges	54.87	344
5.	Eduarda Manuel Correia	54	117438	Vitoria de Guimaraes	55.87	326
DNS	Maria Carmo Rocha	54	118886	Leixoes		

Master Esc I

1.	Maria Van der Eecken	45	122496	Portinado	1:35.26	97
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Master Esc J

1.	Isabel Maria Raimundo <i>Rec Nac Cat J</i>	40	120852	Alges	56.78	482
2.	Nair Gomes Sa	39	13404	Nadadores dos Estoris	1:03.94	338

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Prova 5	Masc., 50m Mariposa				25 - 89 anos
28-01-2012 - 11:50					Resultados
RN Esc A(25-29)	25.37	Fabio Manuel Pereira	CFV	Fafe	18-06-2011
RN Esc B(30-34)	26.44	Pedro Miguel Silva	CFV	Fafe	14-06-2008
RN Esc C(35-39)	27.31	Rodolfo Pereira Nunes	GESP	Ponta da barca	01-03-2008
RN Esc D(40-44)	27.51	Jorge Eduardo Faria	ANE	Inatel	14-04-2007
RN Esc E(45-49)	27.31	Jorge Eduardo Faria	ANE	Inatel	30-05-2009
RN Esc F(50-54)	29.09	Paulo Paula Carvalho	SFUAP	Lisboa	16-04-2011
RN Esc G(55-59)	33.49	Rui Manuel Palma	CPT	Lisboa	21-11-2009
RN Esc H(60-64)	35.19	Orlando Gomes Bairrada	ANE	Inatel	18-11-2006
RN Esc I(65-69)	36.47	Orlando Gomes Bairrada	ANE	Lisboa	22-05-2010
RN Esc J(70-74)	44.51	Antonio Alexandre Rodrigues	AAC	Mealhada	30-01-2010
RN Esc K(75-79)	59:00.00				
RN Esc L(80-84)	59:00.00				
RN Esc M(85-89)	59:00.00				

Pontos: DSV Masters 04

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Master Esc A								
1.	Carlos Fernandes Queiros	86	118205	Ginasio de Vila Real	26.89		838	
2.	Pedro Alexandre Pacheco	87	125447	Estrelas S. Joao de Brito	27.77		761	
3.	Vasco Miguel Fortunato	87	11329	Gualdim Pais	28.36		715	
4.	Joao Pedro Marques	87	11098	Estrelas S. Joao de Brito	28.56		700	
5.	Andre Silva Bastos	83	24009	Feirense	29.71		621	
6.	Filipe Castro Alpuim	85	124733	Fluval Portuense	30.49		575	
7.	Alvaro Miguel Cardoso	84	124917	Nadadores dos Estoris	31.41		526	
8.	Tiago Miguel Lima	83	110309	Luz e Vida	32.23		487	
9.	Armindo Manuel Lobo	84	118906	Vitoria de Guimaraes	32.51		474	

Master Esc B								
1.	David Oliveira Gorgulho	82	11302	Litoral Alentejano	28.42		702	
2.	Miguel Costa Carvalho	82	124854	Academica de Coimbra	29.29		641	
3.	Luis Paulo Gomes	82	10575	Nacional da Madeira	30.43		572	
4.	Jorge Jesus Bandeira	82	118959	Ginasio Figueirense	30.50		568	
5.	Pedro Alexandre Sousa	82	123374	Porto	30.72		555	
6.	Silverio Pedro Sousa	80	125433	Leixoes	31.35		523	
7.	Joao Carlos Malta	82	120612	Natacao da Maia	32.68		461	
8.	Antonio Augusto Vilela	80	123588	Millennium BCP	33.56		426	
9.	Eduardo Jose Amaral	78	12261	Pimpoes/Cimai	34.35		397	
10.	Joao Franca Alves	80	124848	Galitos	35.16		370	
11.	Juan Carlos Briceno	82	118958	Academica de Coimbra	35.30		366	
12.	Tiago Messias Lobo	78	20652	Setubalense	35.76		352	
13.	Antonio Manuel Ligeiro	79	119181	Galitos	37.28		311	
14.	Eduardo Ferreira Marques	79	119623	Portinado	39.29		265	

Master Esc C								
1.	Osvaldo Roseira Mateus	76	24888	Nacional da Madeira	27.59		756	
2.	Andre Marques Dias	77	125432	Leixoes	27.96		726	
3.	Alexander Ramos Esteves	77	14673	Ginasio de Vila Real	28.26		704	
4.	Manuel Tiago Neves	76	100970	Alges	28.63		677	
5.	Luis Daniel Pacheco	76	14613	Alcobaca	29.47		620	
6.	Jose Miguel Miranda	73	124735	Fluval Portuense	29.96		590	
7.	Antonio Joao Matos	75	125325	Alcobaca	30.09		583	

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Prova 5, Masc., 50m Mariposa, Master Esc C

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
8.	Nuno Pedro Ferraz	77	105148	Fluvial Portuense	30.34		568	
9.	Jose Sizenando Cunha	74	26841	Fluvial Portuense	31.34		516	
10.	Nuno Miguel Guerra	77	111799	Fluvial Portuense	31.37		514	
11.	Paulo Meira Santos	74	17501	Nacional de Natacao	33.65		417	
12.	Rui Alexandre Santos	76	26110	Nadadores dos Estoris	38.41		280	
13.	Joao Antonio Gomes	75	121592	Leixoes	41.31		225	
14.	Norberto Matos Pereira	75	111733	Vitoria de Guimaraes	48.67		137	
DNS	Alex Tona	73	110456	Colegio SMLamas				

Master Esc D

1.	Vitor Fortes Cunha	71	26123	Colegio Monte Maior	29.69		724	
2.	Jose Pedro Viana	69	117496	Ginasio de Vila Real	30.82		647	
3.	Paulo Guilherme Martins	68	10798	Ginasio Figueirense	30.83		646	
4.	Luis Alexandre Salgueiro	69	119960	Alges	32.29		562	
5.	Fernando Antonio Rothes	70	25182	Fluvial Portuense	32.36		559	
6.	Nuno Alexandre Serra	72	102442	Porto	32.99		527	
7.	Ricardo Jorge Fernandes	72	14684	Porto	33.14		520	
8.	Luis Miguel Xavier	72	125446	Estrelas S. Joao de Brito	35.39		427	
9.	Miguel Ferreira Santos	72	123613	Porto	36.80		380	
10.	Marco Santos Carrasco	68	119626	Portinado	40.31		289	
11.	Fernando Jose Carvalho	69	124700	Gespacos	40.56		283	
12.	Abilio Manuel Antonio	72	12531	Pimpoes/Cimai	42.97		238	
13.	Francisco Antonio Ferraz	70	123940	Pimpoes/Cimai	47.59		175	
DSQ	Rui Pedro Carvalho	68	123832	Individual Norte de Portugal				

722 - Tocou com uma mão na parede na viragem aos 25 m - SW 7.6

Master Esc E

1.	Jorge Eduardo Faria	64	26605	Alges	27.92		944	
2.	Jose Pedro Santana	66	124877	Fluvial Portuense	31.46		659	
3.	Filipe Jose Horta	64	119365	Millennium BCP	32.76		584	
4.	Gustavo Ferreira Basto	67	103219	Galitos	33.51		546	
5.	Antonio Jorge Martinho	65	11176	Academica de Coimbra	34.15		515	
6.	Jose Pedro Dias	63	120850	Nacional de Natacao	34.68		492	
7.	Americo Paulo Sousa	66	118916	Leixoes	34.80		487	
8.	Joaquim Jorge Ramalhao	65	106557	Gespacos	35.29		467	
9.	Ricardo Manuel Fernandes	63	125466	Pimpoes/Cimai	37.07		403	
DSQ	Paulo Fernando Rodrigues	63	109173	Colegio Monte Maior				

809 - Movimento alternado de pernas durante o percurso - SW 8.3

DNS Joao Paulo Almeida 64 10797 Ginasio Figueirense

Master Esc F

1.	Paulo Paula Carvalho	61	25645	Uniao Piedense	29.67		816	
2.	Jaime Carlos Bento	61	118614	Alges	32.00		650	
3.	Jose Luis Correia	59	14648	Nadadores dos Estoris	41.15		306	
DSQ	Antonio Costa Raposo	58	112606	Portinado				

722 - Tocou com uma mão na parede na viragem aos 25 m - SW 7.6

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Prova 5, Masc., 50m Mariposa

Master Esc G

1. Antonio Gaspar Freitas 56 26836 Leixoes **35.05** 514

Master Esc H

1. Domingos Pinto Coelho 52 100453 Alges **49.60** 229
2. Antonio Manuel Ferreira 48 123326 Alges **59.60** 132
DNS Mario Gomes Bairrada 52 100885 Nadadores dos Estoris

Master Esc I

1. Luis Vaz Jorge 43 26820 Academica de Coimbra **39.72** 515

Master Esc J

1. Antonio Alexandre Rodrigues 39 13257 Academica de Coimbra **45.51** 421

Master Esc K

1. Joao Rodrigues Teixeira 37 100127 Academica de Coimbra **1:03.56** 181
Rec Nac Cat K

Prova 6

Femin., 100m Mariposa

25 - 89 anos

28-01-2012 - 12:00

Resultados

RN Esc A(25-29)	1:08.93	Joana Isabel Arantes	GCDB	Inatel	08-04-2000
RN Esc B(30-34)	1:08.54	Ana Paula Grilo	UDCA	Inatel	23-03-2003
RN Esc C(35-39)	1:07.46	Ana Paula Grilo	UDCA	Inatel	09-04-2006
RN Esc D(40-44)	1:12.03	Ana Paula Grilo	INDALEN	Fafe	18-06-2011
RN Esc E(45-49)	1:15.70	Elena Alarcon Gamonal	CNFA	Coimbra	13-12-2009
RN Esc F(50-54)	1:37.09	Elena Nikolaevna Kraeva	CIMM	Lisboa	20-05-2011
RN Esc G(55-59)	1:37.15	Ana Maria Ferreira	SFP	Inatel	09-04-2006
RN Esc H(60-64)	1:38.17	Ana Maria Ferreira	SAD	Lisboa	27-02-2011
RN Esc I(65-69)	59:00.00				
RN Esc J(70-74)	59:00.00				
RN Esc K(75-79)	59:00.00				
RN Esc L(80-84)	59:00.00				
RN Esc M(85-89)	59:00.00				

Pontos: DSV Masters 04

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
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Master Esc A

1. Carolina Santos Silva 86 23208 Natacao da Maia **1:08.52** 782

Rec Nac Cat A

50m: 31.79 31.79 100m: 1:08.52 36.73

Master Esc B

1. Diana Margarida Jacinto 81 100905 Academica de Coimbra **1:45.11** 225

50m: 49.85 49.85 100m: 1:45.11 55.26

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Prova 6, Femin., 100m Mariposa

Master Esc C

1. Sara Mendonca Graca 77 121785 Colegio Monte Maior 1:22.92 472
50m: 39.02 39.02 100m: 1:22.92 43.90

Master Esc D

1. Fernanda Maria Santinha 72 100478 Masters de Almada 1:59.23 167
50m: 56.84 56.84 100m: 1:59.23 1:02.39

Master Esc F

1. Eugenia Maria Cunha 62 26546 Academica de Coimbra 1:26.57 612
Rec Nac Cat F
50m: 40.31 40.31 100m: 1:26.57 46.26

Master Esc G

1. Maria Margarida Torres 55 119225 Academica de Coimbra 2:16.77 179
50m: 1:05.28 1:05.28 100m: 2:16.77 1:11.49

Prova 7
28-01-2012 - 12:05

Masc., 100m Estilos

25 - 89 anos
Resultados

RN Esc A(25-29)	59.93	Francisco Freire Frederico	CFB	Torres Novas	31-01-2009
RN Esc B(30-34)	1:00.05	Pedro Miguel Silva	CFV	Cantanhede	27-05-2007
RN Esc C(35-39)	1:00.75	Pedro Miguel Silva	CFV	Ponte de Sor	29-01-2011
RN Esc D(40-44)	1:07.27	Vitor Mota Gameiro	CNAC	Cantanhede	27-05-2007
RN Esc E(45-49)	1:04.51	Jorge Eduardo Faria	ANE	Lisboa	22-05-2010
RN Esc F(50-54)	1:10.83	Paulo Paula Carvalho	SFUAP	Ponte de Sor	29-01-2011
RN Esc G(55-59)	1:18.05	Vitor Manuel Mavioso	SAD	Ponte de Sor	29-01-2011
RN Esc H(60-64)	1:21.20	Jose Sarsfield Cabral	AAC	Mealhada	30-01-2010
RN Esc I(65-69)	1:20.96	Antonio Bessone Basto	SAD	Lisboa	20-06-2010
RN Esc J(70-74)	1:36.73	Leonel Sousa Gomes	SAD	Inatel	08-04-2000
RN Esc K(75-79)	1:42.17	Leonel Sousa Gomes	SFP	Inatel	09-04-2006
RN Esc L(80-84)	1:49.71	Leonel Sousa Gomes	AAC	Caldas da Rainha	25-04-2010

Pontos: DSV Masters 04

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
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Master Esc A

1. Hugo Alexandre Amaral	87	12641	Portinado	1:04.71		716
50m: 30.32 30.32			100m: 1:04.71 34.39			
2. Joao Dias Cardoso	87	11187	Estrelas S. Joao de Brito	1:08.45		605
50m: 32.40 32.40			100m: 1:08.45 36.05			
3. Joao Tiago Ferraz	84	120876	Galitos	1:09.35		582
50m: 31.91 31.91			100m: 1:09.35 37.44			
4. Emanuel David Oliveira	85	20169	Natacao da Maia	1:09.65		574
50m: 31.90 31.90			100m: 1:09.65 37.75			
5. Filipe Castro Alpuim	85	124733	Fluvial Portuense	1:09.96		567
50m: 32.14 32.14			100m: 1:09.96 37.82			
6. Vasco Miguel Fortunato	87	11329	Gualdim Pais	1:09.97		566
50m: 32.80 32.80			100m: 1:09.97 37.17			

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Prova 7, Masc., 100m Estilos, Master Esc A

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
7.	Carlos Miguel Costa 50m: 33.36 33.36	86	102464	Gespacos 100m: 1:10.61 37.25	1:10.61		551	
8.	Alexandre Evangelista Souza 50m: 32.21 32.21	84	125338	Litoral Alentejano 100m: 1:10.74 38.53	1:10.74		548	
9.	Alvaro Miguel Cardoso 50m: 32.19 32.19	84	124917	Nadadores dos Estoris 100m: 1:12.37 40.18	1:12.37		512	
10.	Jose Paulo Santos 50m: 34.36 34.36	84	118905	Vitoria de Guimaraes 100m: 1:14.09 39.73	1:14.09		477	
DNS	Guilherme Luis Goncalves	83	117426	Nautica do Seixal				

Master Esc B

1.	Carlos Alberto Cardoso 50m: 30.36 30.36	80	103242	Vilacondense 100m: 1:03.29 32.93	1:03.29		780	
2.	David Oliveira Gorgulho 50m: 29.74 29.74	82	11302	Litoral Alentejano 100m: 1:05.26 35.52	1:05.26		711	
3.	Rui Manuel Pinto 50m: 31.60 31.60	79	106876	Leixoes 100m: 1:07.69 36.09	1:07.69		637	
4.	Andre Filipe Fialho 50m: 32.71 32.71	82	10059	Pimpoes/Cimai 100m: 1:08.47 35.76	1:08.47		616	
5.	Carlos Granadeiro Dias 50m: 32.03 32.03	81	117398	Portinado 100m: 1:08.56 36.53	1:08.56		613	
6.	Ivan Mauricio Couras 50m: 32.71 32.71	81	10232	Fluvial Portuense 100m: 1:08.89 36.18	1:08.89		605	
7.	Rodolfo Varela Pinto 50m: 31.94 31.94	78	100697	Alges 100m: 1:09.41 37.47	1:09.41		591	
8.	Joao Carlos Malta 50m: 37.51 37.51	82	120612	Natacao da Maia 100m: 1:21.67 44.16	1:21.67		363	
9.	Antonio Manuel Ligeiro 50m: 39.88 39.88	79	119181	Galitos 100m: 1:25.73 45.85	1:25.73		314	
10.	Edgar Manuel Guimaraes 50m: 41.24 41.24	80	110317	Vitoria de Guimaraes 100m: 1:26.00 44.76	1:26.00		311	
11.	Eduardo Ferreira Marques 50m: 43.80 43.80	79	119623	Portinado 100m: 1:30.08 46.28	1:30.08		270	
DSQ	Antonio Rogerio Teixeira <i>722 - Tocou com uma mão na parede na viragem aos 75 m - SW 7.6</i>	82	124191	Gespacos				
DSQ	Andre Doria Tavares <i>501 - Não tocou na parede na viragem aos ... metros - SW 5.2</i>	79	124734	Fluvial Portuense				
DNS	Pedro Guedes Silva	82	117591	Colegio Monte Maior				

Master Esc C

1.	Rodrigo Marques Costa 50m: 30.55 30.55	76	11306	Litoral Alentejano 100m: 1:02.73 32.18	1:02.73		806	
2.	Rodolfo Pereira Nunes 50m: 29.89 29.89	73	25137	Gespacos 100m: 1:03.42 33.53	1:03.42		780	
3.	Nuno Filipe Laurentino 50m: 28.41 28.41	75	14741	Alges 100m: 1:03.98 35.57	1:03.98		760	

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Prova 7, Masc., 100m Estilos, Master Esc C

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
4.	Ricardo Zamith Passos 50m: 32.23 32.23	75	103229	Naval Povoense 100m: 1:06.35 34.12	1:06.35		681	
5.	Alexander Ramos Esteves 50m: 32.42 32.42	77	14673	Ginasio de Vila Real 100m: 1:07.14 34.72	1:07.14		658	
6.	Luis Daniel Pacheco 50m: 32.46 32.46	76	14613	Alcobaca 100m: 1:08.31 35.85	1:08.31		624	
7.	Sergio David Silva 50m: 33.82 33.82	73	101281	Natacao da Maia 100m: 1:12.72 38.90	1:12.72		517	
8.	Nuno Miguel Guerra 50m: 34.21 34.21	77	111799	Fluvial Portuense 100m: 1:13.10 38.89	1:13.10		509	
9.	Rui Gabriel Custodio 50m: 34.73 34.73	75	26125	Naval da Nazare 100m: 1:13.56 38.83	1:13.56		500	
10.	Diogo Pedroso Almeida 50m: 34.21 34.21	77	25632	Colegio Monte Maior 100m: 1:14.37 40.16	1:14.37		484	
11.	Nuno Cristiano Pereira 50m: 44.51 44.51	73	119664	Leixoes 100m: 1:30.70 46.19	1:30.70		266	
12.	Miguel Pedro Figueiredo 50m: 47.96 47.96	74	122204	Sporting de Aveiro 100m: 1:38.29 50.33	1:38.29		209	
DNS	Tiago Freitas Teles	75	120841	Alges				

Master Esc D

1.	Emilio Nuno Frischknecht <i>Rec Nac Cat D</i> 50m: 31.46 31.46	71	110395	Alges 100m: 1:06.34 34.88	1:06.34		805	
2.	Miguel Malta Madeira 50m: 31.91 31.91	68	11100	Estrelas S. Joao de Brito 100m: 1:09.91 38.00	1:09.91		688	
3.	Jose Pedro Viana 50m: 35.25 35.25	69	117496	Ginasio de Vila Real 100m: 1:13.62 38.37	1:13.62		589	
4.	Joao Miguel Faria 50m: 36.55 36.55	71	118892	Leixoes 100m: 1:14.60 38.05	1:14.60		566	
5.	Paulo Guilherme Martins 50m: 34.30 34.30	68	10798	Ginasio Figueirense 100m: 1:15.05 40.75	1:15.05		556	
6.	Rafael Luis Sagueiro 50m: 34.42 34.42	72	119962	Alges 100m: 1:16.34 41.92	1:16.34		528	
7.	Joao Nuno Barreto 50m: 37.86 37.86	71	116960	Academica de Coimbra 100m: 1:18.42 40.56	1:18.42		487	
8.	Rui Pedro Carvalho 50m: 37.15 37.15	68	123832	Individual Norte de Portugal 100m: 1:22.11 44.96	1:22.11		424	
9.	Nuno Filipe Melo 50m: 40.25 40.25	70	121581	Galitos 100m: 1:22.18 41.93	1:22.18		423	
10.	Jose Salvador Faustino 50m: 38.23 38.23	68	119678	Portinado 100m: 1:22.25 44.02	1:22.25		422	
11.	Nuno Alexandre Serra 50m: 40.60 40.60	72	102442	Porto 100m: 1:23.37 42.77	1:23.37		405	
12.	Jose Manuel Brandao 50m: 43.03 43.03	70	14395	Desportiva de Viana 100m: 1:32.96 49.93	1:32.96		292	
13.	Francisco Santos Barros 50m: 47.01 47.01	72	108661	Colegio Monte Maior 100m: 1:34.37 47.36	1:34.37		279	

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Prova 7, Masc., 100m Estilos, Master Esc D

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
14.	Carlos Manuel Dias 50m: 48.88 48.88	69	119240	CCD Lagos/Multi 100m: 1:42.24 53.36	1:42.24		220	
DSQ	Fernando Manuel Santana <i>603 - Após viragem saiu em posição ventral aos 50 m - SW 6.2</i>	68	120532	Colegio Monte Maior				
DSQ	Paulo Freitas Teles <i>818 - Perdeu posição dorsal antes da viragem aos 50 metros</i>	71	122604	Alges				
DSQ	Vitor Santos Teixeira <i>810 - Movimento alternado de pernas após viragem aos 50 m - SW 8.3</i>	71	122544	Galitos				

Master Esc E

1.	Jorge Eduardo Faria 50m: 30.12 30.12	64	26605	Alges 100m: 1:06.18 36.06	1:06.18		887	
2.	Jose Samuel Duarte 50m: 35.27 35.27	65	120465	Sporting 100m: 1:12.72 37.45	1:12.72		669	
3.	Fernando Antonio Xavier 50m: 36.13 36.13	65	102469	Porto 100m: 1:17.18 41.05	1:17.18		559	
4.	Renato Jose Pauleta 50m: 36.19 36.19	66	122692	Estrelas S. Joao de Brito 100m: 1:17.68 41.49	1:17.68		549	
5.	Filipe Jose Horta 50m: 36.36 36.36	64	119365	Millennium BCP 100m: 1:19.59 43.23	1:19.59		510	
6.	Armando Joao Costa 50m: 41.54 41.54	63	12262	Pimpoes/Cimai 100m: 1:27.33 45.79	1:27.33		386	
7.	Paulo Jorge Ferreira 50m: 41.59 41.59	67	111577	Pimpoes/Cimai 100m: 1:32.51 50.92	1:32.51		325	
8.	Carlos Manuel Anjos 50m: 46.33 46.33	66	119256	Galitos 100m: 1:37.59 51.26	1:37.59		276	
9.	Daniel Castro Trigo 50m: 47.96 47.96	65	120704	Sporting de Aveiro 100m: 1:38.48 50.52	1:38.48		269	
DSQ	Paulo Alexandre Neves <i>725 - Movimento alternado pernas percurso subaquático após viragens - SW 7.4</i>	66	112616	Leixoes				
DSQ	Paulo Fernando Rodrigues <i>810 - Movimento alternado de pernas após viragem aos 50 m - SW 8.3</i>	63	109173	Colegio Monte Maior				
DNF	Jose Pedro Dias	63	120850	Nacional de Natacao				

Master Esc F

1.	Germano Oliveira Velha 50m: 35.31 35.31	62	13392	Litoral Alentejano 100m: 1:12.54 37.23	1:12.54		737	
2.	Luis Lopes Santos 50m: 35.46 35.46	59	124875	Fluvial Portuense 100m: 1:17.00 41.54	1:17.00		616	
3.	Manuel Alberto Pinho 50m: 40.63 40.63	61	26833	Natacao da Maia 100m: 1:23.47 42.84	1:23.47		483	
4.	Francisco Jorge Ferreira 50m: 40.12 40.12	62	100124	Academica de Coimbra 100m: 1:27.77 47.65	1:27.77		416	
5.	Pedro Militao Fernandes 50m: 42.56 42.56	61	105403	Academica de Coimbra 100m: 1:30.97 48.41	1:30.97		373	

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Prova 7, Masc., 100m Estilos

Master Esc G

1. Vitor Manuel Mavioso	56	100689	Alges	1:18.73	644
50m: 36.92 36.92	100m: 1:18.73	41.81			
2. Joao Casaleiro Costa	55	124959	Academica de Coimbra	1:36.28	352
50m: 43.77 43.77	100m: 1:36.28	52.51			
3. Ricardo Jorge Osorio	56	102095	Gespacos	1:40.91	306
50m: 52.01 52.01	100m: 1:40.91	48.90			
4. Antonio Alves Cecilio	54	100919	Gespacos	1:52.72	219
50m: 58.56 58.56	100m: 1:52.72	54.16			

Master Esc H

1. Jose Sarsfield Cabral	49	12228	Academica de Coimbra	1:21.47	687
50m: 38.74 38.74	100m: 1:21.47	42.73			
2. Domingos Pinto Coelho	52	100453	Alges	1:49.80	280
50m: 53.68 53.68	100m: 1:49.80	56.12			
3. Walter Emunds	52	119622	Portinado	1:56.49	235
50m: 55.72 55.72	100m: 1:56.49	1:00.77			
4. Antonio Manuel Ferreira	48	123326	Alges	2:08.94	173
50m: 1:04.81 1:04.81	100m: 2:08.94	1:04.13			

Master Esc I

1. Antonio Bessone Basto	45	119672	Alges	1:21.19	806
50m: 38.09 38.09	100m: 1:21.19	43.10			
2. Antonio Cruz Meyrelles	47	25631	Funcao Publica	1:31.83	557
50m: 40.10 40.10	100m: 1:31.83	51.73			

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Prova 8	Femin., 100m Costas				25 - 89 anos
28-01-2012 - 12:25					Resultados
RN Esc A(25-29)	1:11.01	Catia Marisa Valente	CCLV	Lisboa	30-05-2009
RN Esc B(30-34)	1:09.23	Ana Paula Grilo	UDCA	Funchal	05-04-2003
RN Esc C(35-39)	1:09.91	Ana Paula Grilo	UDCA	Caldas da Rainha	19-02-2005
RN Esc D(40-44)	1:11.91	Ana Paula Grilo	INDALEN	Lisboa	20-03-2010
RN Esc E(45-49)	1:16.68	Maria Helena Carmo	CNCVG	Ponte de Sor	29-01-2011
RN Esc F(50-54)	1:18.81	Elena Nikolaevna Kraeva	CIMM	Ponte de Sor	29-01-2011
RN Esc G(55-59)	1:37.02	Ana Maria Ferreira	SAD	Caldas da Rainha	21-03-2009
RN Esc H(60-64)	1:38.58	Ana Maria Ferreira	ANE	Lisboa	20-02-2010
RN Esc I(65-69)	2:02.82	Nair Gomes Sa	ANE	Inatel	21-10-2006
RN Esc J(70-74)	2:07.18	Isabel Maria Raimundo	SAD	Lisboa	26-02-2011
RN Esc K(75-79)	59:00.00				
RN Esc L(80-84)	59:00.00				
RN Esc M(85-89)	59:00.00				

Pontos: DSV Masters 04

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Master Esc A								
1.	Catia Marisa Valente	84	112512	Luz e Vida	1:11.89		688	
	50m: 34.54 34.54			100m: 1:11.89 37.35				
2.	Joana Margarida Gaspar	83	109118	Nadadores dos Estoris	1:18.48		528	
	50m: 38.15 38.15			100m: 1:18.48 40.33				
3.	Filipa Silveira Varela	87	125125	Nadadores dos Estoris	1:36.27		286	
	50m: 46.98 46.98			100m: 1:36.27 49.29				
DNS	Ana Sofia Dias	86	123667	Portinado				
Master Esc B								
1.	Elsa Maria Fumega	78	119665	Leixoes	1:23.34		486	
	50m: 40.72 40.72			100m: 1:23.34 42.62				
2.	Ana Vieira Luz	78	112632	Colegio Monte Maior	1:45.79		237	
	50m: 54.62 54.62			100m: 1:45.79 51.17				
3.	Susana Jesus Cacao	81	119226	Ginasio Figueirense	1:47.77		224	
	50m: 53.82 53.82			100m: 1:47.77 53.95				
Master Esc C								
1.	Graca Maria Almeida	73	124702	Leixoes	1:31.47		354	
	50m: 44.41 44.41			100m: 1:31.47 47.06				
2.	Marta Isabel Duque	76	116604	Setubalense	1:40.52		267	
	50m: 48.25 48.25			100m: 1:40.52 52.27				
Master Esc D								
1.	Susana Estela Pereira	69	125459	Galitos	1:20.44		569	
	50m: 37.84 37.84			100m: 1:20.44 42.60				
2.	Sandra Lurdes Diogo	72	123612	Porto	1:28.51		427	
	50m: 43.05 43.05			100m: 1:28.51 45.46				
3.	Claudia Pereira Reis	68	117023	Ginasio Figueirense	1:41.23		285	
	50m: 48.89 48.89			100m: 1:41.23 52.34				
DNS	Ana Paula Grilo	69	13478	Beja				

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Prova 8, Femin., 100m Costas

Master Esc E

1. Maria Fernanda Goncalves	66	117412	Porto	1:27.76	578
50m: 43.13 43.13	100m: 1:27.76	44.63			
2. Maria Regina Mendes	65	26842	Fluvial Portuense	1:37.42	423
50m: 47.27 47.27	100m: 1:37.42	50.15			
DNS Rosalina Bessa Babo	67	108036	Porto		

Master Esc F

1. Elena Nikolaevna Kraeva	61	14173	Colegio Monte Maior	1:18.49	952
<i>Rec Nac Cat F</i>					
50m: 38.69 38.69	100m: 1:18.49	39.80			
2. Maria Almeida Cunha	60	123663	Leixoes	1:39.66	465
50m: 48.94 48.94	100m: 1:39.66	50.72			

Master Esc H

1. Ana Maria Ferreira	50	100434	Alges	1:37.00	661
<i>Rec Nac Cat H</i>					
50m: 48.28 48.28	100m: 1:37.00	48.72			

Master Esc I

1. Celia Stichini Quartin	44	12522	Pimpoes/Cimai	2:21.71	277
50m: 1:08.15 1:08.15	100m: 2:21.71	1:13.56			

Master Esc J

1. Nair Gomes Sa	39	13404	Nadadores dos Estoris	2:24.84	341
50m: 1:09.16 1:09.16	100m: 2:24.84	1:15.68			

Prova 9

Misto, 4 x 50m Livres

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Resultados

RN Cat 1(100-119)	1:50.19	SFP	SFP	INATEL	09-03-2002
RN Cat 2(120-159)	1:49.61	CFV	CFV	Ponde Sor	29-01-2011
RN Cat 3(160-199)	2:00.08	CIMM	CIMM	Ponte Sor	29-01-2011
RN Cat 4(200-239)	2:13.70	CFB	CFB	Mealhada	30-01-2010
RN Cat 5(240-279)	2:36.72	SAD	SAD	Caldas da Rainha	24-04-2010
RN Cat 6(280-319)	59:00.00				

Pontos: DSV Masters 04

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Master Misto Estaf Cat 1						
1. Natacao da Maia-Cat 1		Natacao da Maia	1:53.86			
Pedro Nuno Braga	74	27.30	Catia Santos Ramalho	86	30.58	
Carolina Santos Silva	86	29.43	Emanuel David Oliveira	85	26.55	
2. Academica de Coimbra-Cat 1		Academica de Coimbra	1:59.32			
Ana Filipa Leite	86	30.98	Miguel Costa Carvalho	82	26.59	
Juan Carlos Briceno	82	30.84	Rita Rebelo Silva	79	30.91	

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Prova 9, Misto, 4 x 50m Livres

Master Misto Estaf Cat 2

1. Leixoes-Cat 2		Leixoes		1:56.29		
Andre Marques Dias	77	25.87	Diana Raquel Pacheco	84	31.04	
Liliana Elisabete Baptista	78	32.20	Rui Manuel Pinto	79	27.18	
2. Galitos-Cat 2		Galitos		2:01.53		
Joao Tiago Ferraz	84	27.12	Alexandra Fagundo Raposo	85	33.96	
Catarina Vidreiro Fernandes	83	33.44	Americo Pedro Goncalves	71	27.01	
3. Luz e Vida-Cat 2		Luz e Vida		2:09.97		
Joana Merca Saraiva	80	37.57	Catia Marisa Valente	84	30.12	
Rui Manuel Velez	64	33.10	Tiago Miguel Lima	83	29.18	
4. Academica de Coimbra-Cat 2		Academica de Coimbra		2:12.29		
Nelson Palma Mestre	80	30.47	Cristina Fernandes Silva	71	38.52	
Rita Almeida Crisostomo	80	33.92	Joao Nuno Barreto	71	29.38	

DSQ Vilacondense-Cat 2 Vilacondense
infringiu ponto 4 do 4º parágrafo do Regulamento da Competição
Carlos Alberto Cardoso, Paula Cristina Martins, Mario Jorge Costa, Rosa Costa Gomes

DNS Ginasio Figueirense-Cat 2
DNS Nadadores dos Estoris-Cat 2

Ginasio Figueirense
Nadadores dos Estoris

Master Misto Estaf Cat 3

1. Fluvial Portuense-Cat 3		Fluvial Portuense		1:59.76		
<i>Rec Nac Cat 3</i>						
Jose Carlos Freitas	63	26.89	Mariana Basto Teixeira	81	33.26	
Jose Pedro Santana	66	27.90	Ines Maria Rothes	73	31.71	
2. Leixoes-Cat 3		Leixoes		2:04.25		
Maria Teresa Brandao	69	32.27	Maria Luisa Costa	74	30.21	
Miguel Jose Ferreira	70	29.23	Americo Paulo Sousa	66	32.54	
3. Natacao da Maia-Cat 3		Natacao da Maia		2:04.93		
Sergio David Silva	73	27.88	Ana Cristina Lobo	66	35.42	
Ana Mafalda Oliveira	81	30.89	Jose Santos Silva	57	30.74	
4. Porto-Cat 3		Porto		2:07.04		
Ricardo Jorge Fernandes	72	30.62	Fernando Antonio Xavier	65	28.89	
Alexandra Maria Silva	67	33.57	Maria Fernanda Goncalves	66	33.96	
5. Academica de Coimbra-Cat 3		Academica de Coimbra		2:14.13		
Ana Rita Fernandes	79	37.95	Pedro Alexandre Fernando	67	27.76	
Maria Manuela Sequeira	68	38.16	Antonio Jorge Martinho	65	30.26	
6. Galitos-Cat 3		Galitos		2:22.66		
Gustavo Ferreira Basto	67	29.70	Vera Lucia Oliveira	71	42.02	
Susana Estela Pereira	69	35.42	Carlos Manuel Anjos	66	35.52	

Master Misto Estaf Cat 4

1. Academica de Coimbra-Cat 4		Academica de Coimbra		2:19.61		
Francisco Jorge Ferreira	62	34.08	Eugenia Maria Cunha	62	34.45	
Maria Margarida Urbano	63	37.03	Pedro Militao Fernandes	61	34.05	
2. Leixoes-Cat 4		Leixoes		2:21.27		
Maria Santos Fernandes	62	40.04	Maribel Santos Fernandes	65	35.96	
Manuel Jose Romariz	59	34.45	Antonio Gaspar Freitas	56	30.82	
3. Fluvial Portuense-Cat 4		Fluvial Portuense		2:36.32		
Maria Regina Mendes	65	35.77	Jose Luis Morgado	54	40.10	
Henrique Luis Seabra	61	34.43	Isabel Aguiar Leite	63	46.02	

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Prova 9, Misto, 4 x 50m Livres, Master Misto Estaf Cat 4

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
4. Ginasio Figueirense-Cat 4		Ginasio Figueirense	3:00.75			
Jose Carlos Neto	53	44.35	Paula Margarida Almeida	63		50.56
Elisa Loureiro Garcia	67	51.99	Joao Paulo Almeida	64		33.85

Master Misto Estaf Cat 5

1. Alges-Cat 5		Alges	2:42.48			
Isabel Maria Raimundo	40	51.31	Maria Felix Ferreira	54		50.44
Luis Alexandre Salgueiro	69	28.72	Antonio Bessone Basto	45		32.01
2. Academica de Coimbra-Cat 5		Academica de Coimbra	2:44.41			
Luis Vaz Jorge	43	36.97	Isabel Costa Monteiro	53		41.26
Maria Margarida Torres	55	47.37	Antonio Alexandre Rodrigues	39		38.81

Prova 10

Misto, 4 x 50m Estilos

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Resultados

RN Cat 1(100-119)	2:10.72	CFV	CFV	Mealhada	31-01-2010
RN Cat 2(120-159)	2:06.59	CFBE	CFBE	Cantanhede	25-05-2007
RN Cat 3(160-199)	2:15.60	CFB	CFB	Mealhada	31-01-2010
RN Cat 4(200-239)	2:35.90	AAC	AAC	Cantanhede	25-05-2007
RN Cat 5(240-279)	3:04.03	AAC	AAC	Madrid (ESP)	28-01-2007
RN Cat 6(280-319)	59:00.00				

Pontos: DSV Masters 04

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1. Natacao da Maia-Cat 1		Natacao da Maia	2:08.53			
<i>Rec Nac Cat 1</i>						
Carolina Santos Silva	86	33.88	Emanuel David Oliveira	85		30.10
Catia Santos Ramalho	86	37.10	Pedro Nuno Braga	74		27.45

Master Misto Estaf Cat 2

1. Leixoes-Cat 2		Leixoes	2:20.31			
Elsa Maria Fumega	78	40.53	Diana Raquel Pacheco	84		33.05
Mario Rui Rodrigues	78	41.17	Andre Marques Dias	77		25.56
2. Ginasio Santo Tirso-Cat 2		Ginasio Santo Tirso	2:28.96			
Carla Santa Barbara	75	39.65	Sandra Santa Barbara	75		35.50
Francisco Jose Figueiredo	68	38.02	Jose Manuel Goncalves	73		35.79
3. Funcao Publica-Cat 2		Funcao Publica	2:30.00			
Irina Maria Reves	81	47.80	Sergio Miguel Manso	84		30.13
Hugo Miguel Estevens	78	36.23	Marta Martins Ferreira	79		35.84
4. Pimpoes/Cimai-Cat 2		Pimpoes/Cimai	2:37.13			
Ricardo Manuel Fernandes	63	42.97	Andre Filipe Fialho	82		30.78
Carla Alexandra Ferreira	76	48.86	Elisabete Maria Rosa	69		34.52
5. Galitos-Cat 2		Galitos	2:41.75			
Susana Estela Pereira	69	36.78	Antonio Manuel Ligeiro	79		37.17
Vera Lucia Oliveira	71	54.50	Vitor Santos Teixeira	71		33.30

DNS Ginasio Figueirense-Cat 2 Ginasio Figueirense

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Prova 10, Misto, 4 x 50m Estilos

Master Misto Estaf Cat 3

1. Natacao da Maia-Cat 3			Natacao da Maia	2:18.38		
Ana Cristina Lobo	66	41.68	Ana Mafalda Oliveira	81	33.63	
Jose Santos Silva	57	36.32	Sergio David Silva	73	26.75	
2. Leixoes-Cat 3			Leixoes	2:27.96		
Graca Maria Almeida	73	42.40	Americo Paulo Sousa	66	34.28	
Joao Miguel Faria	71	35.35	Maribel Santos Fernandes	65	35.93	
DSQ Fluvial Portuense-Cat 3			Fluvial Portuense			
<i>812 - Não tocou com as mãos na parede simultaneamente na viragem aos 100 m - SW 8.4</i>						
Maria Regina Mendes	65	45.33	Andre Doria Tavares	79		
Isabel Maria Lima	69		Jose Luis Morgado	54		
DNS Portinado-Cat 3			Portinado			
DNS Nadadores dos Estoris-Cat 3			Nadadores dos Estoris			

Master Misto Estaf Cat 4

1. Leixoes-Cat 4			Leixoes	2:37.56		
Maria Almeida Cunha	60	45.17	Antonio Gaspar Freitas	56	34.78	
Manuel Jose Romariz	59	36.96	Maria Santos Fernandes	62	40.65	
2. Ginasio Figueirense-Cat 4			Ginasio Figueirense	3:20.54		
Paula Margarida Almeida	63	1:03.03	Joao Paulo Almeida	64	39.63	
Jose Carlos Neto	53	46.69	Elisa Loureiro Garcia	67	51.19	

Master Misto Estaf Cat 5

1. Funcao Publica-Cat 5			Funcao Publica	3:27.83		
Maria Augusta Azinheira	38	1:12.63	Antonio Cruz Meyrelles	47	42.10	
Antonio Manuel Tavares	51	54.76	Ana Paula Ferreira	56	38.34	

Prova 11 Femin., 200m Estilos 25 - 89 anos
28-01-2012 - 16:40 Resultados

RN Esc A(25-29)	2:37.10	Andreia Silva Silva	CNMAL	Inatel	16-02-2008
RN Esc B(30-34)	2:30.47	Ana Paula Grilo	UDCA	Coimbra	12-07-2003
RN Esc C(35-39)	2:27.95	Ana Paula Grilo	UDCA	Inatel	04-02-2006
RN Esc D(40-44)	2:36.50	Ana Paula Grilo	INDALEN	Sines	08-01-2011
RN Esc E(45-49)	2:44.20	Maria Helena Carmo	CNCVG	Ponte de Sor	29-01-2011
RN Esc F(50-54)	3:29.49	Maria Teresa Oliveira	AAC	Cantanhede	26-05-2007
RN Esc G(55-59)	3:27.45	Ana Maria Ferreira	INATEL	Blumenau (BRA)	28-02-2007
RN Esc H(60-64)	3:23.52	Ana Maria Ferreira	SAD	Lisboa	26-02-2011
RN Esc I(65-69)	59:00.00				
RN Esc J(70-74)	59:00.00				
RN Esc K(75-79)	59:00.00				
RN Esc L(80-84)	59:00.00				

Pontos: DSV Masters 04

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Carolina Santos Silva	86	23208	Natacao da Maia	2:33.61		789	
	<i>Rec Nac Cat A</i>							
	50m: 32.12 32.12	100m: 1:13.36	41.24	150m: 1:58.31	44.95	200m: 2:33.61	35.30	
2.	Joana Margarida Gaspar	83	109118	Nadadores dos Estoris	2:57.72		509	
	50m: 35.25 35.25	100m: 1:18.89	43.64	150m: 2:12.65	53.76	200m: 2:57.72	45.07	

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Prova 11, Femin., 200m Estilos, Master Esc A

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
3.	Catarina Vidreiro Fernandes	83	124847	Galitos	3:04.67		454	
	50m: 40.83 40.83		100m: 1:30.23 49.40	150m: 2:23.77	53.54	200m: 3:04.67	40.90	

Master Esc B

1.	Joana Merca Saraiva	80	125343	Luz e Vida	3:19.47		367	
	50m: 45.76 45.76		100m: 1:35.65 49.89	150m: 2:31.00	55.35	200m: 3:19.47	48.47	
2.	Diana Margarida Jacinto	81	100905	Academica de Coimbra	3:25.15		338	
	50m: 47.68 47.68		100m: 1:44.02 56.34	150m: 2:38.35	54.33	200m: 3:25.15	46.80	

Master Esc C

1.	Maria Luisa Costa	74	119218	Leixoes	2:43.79		653	
	50m: 33.75 33.75		100m: 1:16.09 42.34	150m: 2:04.74	48.65	200m: 2:43.79	39.05	
2.	Sara Mendonca Graca	77	121785	Colegio Monte Maior	3:07.99		432	
	50m: 36.99 36.99		100m: 1:26.73 49.74	150m: 2:23.91	57.18	200m: 3:07.99	44.08	
3.	Patricia Vanessa Rossetto	77	112631	Portinado	3:30.38		308	
	50m: 46.82 46.82		100m: 1:46.68 59.86	150m: 2:43.80	57.12	200m: 3:30.38	46.58	

Master Esc D

1.	Sandra Lurdes Diogo	72	123612	Porto	3:05.63		504	
	50m: 37.41 37.41		100m: 1:26.66 49.25	150m: 2:22.31	55.65	200m: 3:05.63	43.32	
2.	Maria Manuela Sequeira	68	109962	Academica de Coimbra	3:20.61		399	
	50m: 44.64 44.64		100m: 1:37.96 53.32	150m: 2:32.51	54.55	200m: 3:20.61	48.10	
3.	Cristina Fernandes Silva	71	116958	Academica de Coimbra	3:51.13		261	
	50m: 52.90 52.90		100m: 1:54.40 1:01.50	150m: 2:57.96	1:03.56	200m: 3:51.13	53.17	
4.	Fernanda Maria Santinha	72	100478	Masters de Almada	3:51.89		258	
	50m: 57.84 57.84		100m: 2:00.79 1:02.95	150m: 3:00.20	59.41	200m: 3:51.89	51.69	
DNS	Ana Paula Grilo	69	13478	Beja				

Master Esc F

1.	Elena Nikolaevna Kraeva <i>Rec Nac Cat F</i>	61	14173	Colegio Monte Maior	2:59.74		747	
	50m: 41.04 41.04		100m: 1:23.95 42.91	150m: 2:16.99	53.04	200m: 2:59.74	42.75	
2.	Wanda Maria Gao	62	110847	CCD Lagos/Multi	3:57.76		323	
	50m: 53.16 53.16		100m: 1:56.22 1:03.06	150m: 3:01.58	1:05.36	200m: 3:57.76	56.18	

Master Esc G

1.	Luisa Maria Pintao	54	26112	Nadadores dos Estoris	3:42.91		463	
	50m: 54.31 54.31		100m: 1:54.73 1:00.42	150m: 2:55.10	1:00.37	200m: 3:42.91	47.81	
2.	Maria Margarida Torres	55	119225	Academica de Coimbra	4:09.93		328	
	50m: 59.78 59.78		100m: 2:08.62 1:08.84	150m: 3:11.13	1:02.51	200m: 4:09.93	58.80	

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Prova 12	Masc., 200m Estilos				25 - 89 anos
28-01-2012 - 16:50					Resultados
RN Esc A(25-29)	2:11.56	Francisco Freire Frederico	CFB	Torres Novas	01-02-2009
RN Esc B(30-34)	2:10.08	Pedro Miguel Silva	CFV	Torres Novas	01-02-2009
RN Esc C(35-39)	2:10.31	Pedro Miguel Silva	CFV	Ponte de Sor	29-01-2011
RN Esc D(40-44)	2:28.96	Miguel Malta Madeira	ESJB	Ponte de Sor	29-01-2011
RN Esc E(45-49)	2:23.03	Jorge Eduardo Faria	ANE	Lisboa	21-02-2010
RN Esc F(50-54)	2:30.95	Paulo Paula Carvalho	SFUAP	Lisboa	26-02-2011
RN Esc G(55-59)	2:51.69	Vitor Manuel Mavioso	SAD	Lisboa	26-02-2011
RN Esc H(60-64)	3:08.08	Jose Sarsfield Cabral	AAC	Ponte de Sor	29-01-2011
RN Esc I(65-69)	2:59.32	Antonio Bessone Basto	SAD	Sines	07-01-2012
RN Esc J(70-74)	3:58.70	Joao Rodrigues Teixeira	AAC	Mealhada	31-01-2010
RN Esc K(75-79)	59:00.00				
RN Esc L(80-84)	59:00.00				

Pontos: DSV Masters 04

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
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Master Esc A

1.	Pedro Alexandre Pacheco	87	125447	Estrelas S. Joao de Brito	2:24.01		720	
	50m: 32.00 32.00			100m: 1:10.45 38.45	150m: 1:50.14	39.69	200m: 2:24.01	33.87
2.	Mario Jorge Costa	84	20617	Vilacondense	2:27.76		667	
	50m: 31.80 31.80			100m: 1:10.73 38.93	150m: 1:54.00	43.27	200m: 2:27.76	33.76
3.	Carlos Miguel Costa	86	102464	Gespacos	2:38.51		540	
	50m: 34.25 34.25			100m: 1:15.27 41.02	150m: 2:00.79	45.52	200m: 2:38.51	37.72
4.	Alvaro Miguel Cardoso	84	124917	Nadadores dos Estoris	2:43.95		488	
	50m: 31.32 31.32			100m: 1:12.43 41.11	150m: 2:03.32	50.89	200m: 2:43.95	40.63

Master Esc B

1.	Carlos Alberto Cardoso	80	103242	Vilacondense	2:20.84		762	
	50m: 29.87 29.87			100m: 1:08.50 38.63	150m: 1:48.71	40.21	200m: 2:20.84	32.13
2.	Nuno Jose Vicente	78	13302	Torres Novas	2:21.53		751	
	50m: 29.79 29.79			100m: 1:07.60 37.81	150m: 1:48.74	41.14	200m: 2:21.53	32.79
3.	Andre Filipe Fialho	82	10059	Pimpoes/Cimai	2:28.26		653	
	50m: 31.61 31.61			100m: 1:10.78 39.17	150m: 1:53.08	42.30	200m: 2:28.26	35.18
4.	Rui Manuel Pinto	79	106876	Leixoes	2:33.97		583	
	50m: 31.92 31.92			100m: 1:12.15 40.23	150m: 1:56.79	44.64	200m: 2:33.97	37.18
5.	Tiago Messias Lobo	78	20652	Setubalense	2:59.20		370	
	50m: 37.41 37.41			100m: 1:25.60 48.19	150m: 2:16.79	51.19	200m: 2:59.20	42.41
6.	Eduardo Jose Amaral	78	12261	Pimpoes/Cimai	3:01.40		357	
	50m: 39.35 39.35			100m: 1:31.47 52.12	150m: 2:21.00	49.53	200m: 3:01.40	40.40
7.	Antonio Manuel Ligeiro	79	119181	Galitos	3:04.14		341	
	50m: 38.73 38.73			100m: 1:27.37 48.64	150m: 2:21.13	53.76	200m: 3:04.14	43.01
DSQ	Henrique Manuel Graca	79	100911	Estrelas S. Joao de Brito				
	<i>727 - Perdeu a posição ventral na viragem aos 125 metros - SW 7.2</i>							
DNS	Hugo Miguel Estevens	78	117166	Funcao Publica				

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Prova 12, Masc., 200m Estilos

Master Esc C

1.	Rodrigo Marques Costa	76	11306	Litoral Alentejano	2:19.90	720
	50m: 30.83 30.83	100m: 1:07.08 36.25	150m: 1:47.05 39.97	200m: 2:19.90 32.85		
2.	Ricardo Zamith Passos	75	103229	Naval Povoense	2:24.96	647
	50m: 31.76 31.76	100m: 1:10.52 38.76	150m: 1:50.90 40.38	200m: 2:24.96 34.06		
3.	Tiago Freitas Teles	75	120841	Alges	2:31.79	564
	50m: 32.04 32.04	100m: 1:11.55 39.51	150m: 1:55.45 43.90	200m: 2:31.79 36.34		
4.	Luis Daniel Pacheco	76	14613	Alcobaca	2:32.68	554
	50m: 33.14 33.14	100m: 1:12.94 39.80	150m: 1:56.90 43.96	200m: 2:32.68 35.78		
5.	Sergio David Silva	73	101281	Natacao da Maia	2:38.50	495
	50m: 33.85 33.85	100m: 1:14.63 40.78	150m: 2:01.19 46.56	200m: 2:38.50 37.31		
6.	Nuno Alexandre Crespo	75	105396	Colegio Monte Maior	2:49.56	404
	50m: 33.44 33.44	100m: 1:23.40 49.96	150m: 2:12.09 48.69	200m: 2:49.56 37.47		
7.	Antonio Joao Matos	75	125325	Alcobaca	2:56.83	356
	50m: 33.36 33.36	100m: 1:24.80 51.44	150m: 2:18.29 53.49	200m: 2:56.83 38.54		
8.	Rui Alexandre Santos	76	26110	Nadadores dos Estoris	2:57.08	355
	50m: 37.59 37.59	100m: 1:25.14 47.55	150m: 2:18.65 53.51	200m: 2:57.08 38.43		
9.	Alexandre Marques Pereira	76	14651	Colegio Monte Maior	3:04.08	316
	50m: 41.67 41.67	100m: 1:33.59 51.92	150m: 2:24.50 50.91	200m: 3:04.08 39.58		
10.	Paulo Meira Santos	74	17501	Nacional de Natacao	3:04.21	315
	50m: 37.40 37.40	100m: 1:27.52 50.12	150m: 2:20.35 52.83	200m: 3:04.21 43.86		
DNS	Alexander Ramos Esteves	77	14673	Ginasio de Vila Real		

Master Esc D

1.	Jose Pedro Viana	69	117496	Ginasio de Vila Real	2:49.60	519
	50m: 34.26 34.26	100m: 1:20.94 46.68	150m: 2:12.65 51.71	200m: 2:49.60 36.95		
2.	Nuno Filipe Melo	70	121581	Galitos	3:05.13	399
	50m: 40.64 40.64	100m: 1:30.59 49.95	150m: 2:20.07 49.48	200m: 3:05.13 45.06		
3.	Fernando Jose Carvalho	69	124700	Gespacos	3:17.26	330
	50m: 44.58 44.58	100m: 1:40.27 55.69	150m: 2:32.99 52.72	200m: 3:17.26 44.27		
4.	Fernando Manuel Santana	68	120532	Colegio Monte Maior	3:51.31	204
	50m: 54.24 54.24	100m: 2:05.92 1:11.68	150m: 3:04.23 58.31	200m: 3:51.31 47.08		
DSQ	Francisco Jose Figueiredo	68	102554	Ginasio Santo Tirso		
	<i>603 - Após viragem saiu em posição ventral aos 50 m - SW 6.2</i>					
DSQ	Francisco Santos Barros	72	108661	Colegio Monte Maior		
	<i>728 - Movimento alternado de braços após viragem aos 125 metros - SW 7.2</i>					

Master Esc E

1.	Jose Samuel Duarte	65	120465	Sporting	2:36.54	712
	50m: 33.41 33.41	100m: 1:15.76 42.35	150m: 1:58.82 43.06	200m: 2:36.54 37.72		
2.	Renato Jose Pauleta	66	122692	Estrelas S. Joao de Brito	2:52.57	532
	50m: 34.45 34.45	100m: 1:19.63 45.18	150m: 2:11.57 51.94	200m: 2:52.57 41.00		
3.	Jose Pedro Dias	63	120850	Nacional de Natacao	3:11.69	388
	50m: 38.43 38.43	100m: 1:29.65 51.22	150m: 2:27.97 58.32	200m: 3:11.69 43.72		

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Prova 12, Masc., 200m Estilos

Master Esc F

1. Jaime Carlos Bento	61	118614	Alges	2:46.53	710
50m: 33.85 33.85	100m: 1:19.42 45.57	150m: 2:09.58 50.16	200m: 2:46.53 36.95		
2. Manuel Alberto Pinho	61	26833	Natacao da Maia	3:10.24	476
50m: 41.10 41.10	100m: 1:30.69 49.59	150m: 2:23.19 52.50	200m: 3:10.24 47.05		
3. Francisco Jorge Ferreira	62	100124	Academica de Coimbra	3:22.61	394
50m: 39.89 39.89	100m: 1:30.96 51.07	150m: 2:35.31 1:04.35	200m: 3:22.61 47.30		
4. Jose Luis Correia	59	14648	Nadadores dos Estoris	3:47.95	276
50m: 46.34 46.34	100m: 1:56.37 1:10.03	150m: 2:58.79 1:02.42	200m: 3:47.95 49.16		

Master Esc G

1. Vitor Manuel Mavioso	56	100689	Alges	2:52.62	720
50m: 34.96 34.96	100m: 1:20.90 45.94	150m: 2:14.18 53.28	200m: 2:52.62 38.44		

Master Esc H

1. Domingos Pinto Coelho	52	100453	Alges	4:14.50	253
50m: 52.57 52.57	100m: 2:03.04 1:10.47	150m: 3:16.30 1:13.26	200m: 4:14.50 58.20		
2. Walter Emunds	52	119622	Portinado	4:32.36	207
50m: 59.80 59.80	100m: 2:12.82 1:13.02	150m: 3:27.19 1:14.37	200m: 4:32.36 1:05.17		

DNS Mario Gomes Bairrada 52 100885 Nadadores dos Estoris

Master Esc I

1. Antonio Bessone Basto	45	119672	Alges	2:59.80	889
50m: 40.23 40.23	100m: 1:24.96 44.73	150m: 2:16.81 51.85	200m: 2:59.80 42.99		

Master Esc K

1. Joao Rodrigues Teixeira	37	100127	Academica de Coimbra	4:54.27	269
Rec Nac Cat K					
50m: 1:03.44 1:03.44	100m: 2:39.80 1:36.36	150m: 3:56.08 1:16.28	200m: 4:54.27 58.19		

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Prova 13	Femin., 50m Costas				25 - 89 anos
28-01-2012 - 17:15					Resultados
RN Esc A(25-29)	32.39	Catia Marisa Valente	CCLV	Lisboa	22-05-2010
RN Esc B(30-34)	31.50	Ana Paula Grilo	UDCA	Palma de Maiorca (ESP)	27-04-2003
RN Esc C(35-39)	32.59	Ana Paula Grilo	UDCA	Palma de Maiorca (ESP)	03-04-2006
RN Esc D(40-44)	33.09	Ana Paula Grilo	INDALEN	Ponte da Barca	16-05-2010
RN Esc E(45-49)	36.13	Elena Alarcon Gamonal	CNFA	Praga (CZE)	18-04-2009
RN Esc F(50-54)	36.41	Elena Nikolaevna Kraeva	CIMM	Ponte de Sor	30-01-2011
RN Esc G(55-59)	44.22	Ana Maria Ferreira	ANE	Lisboa	19-04-2009
RN Esc H(60-64)	44.25	Ana Maria Ferreira	SAD	Ponte de Sor	29-01-2011
RN Esc I(65-69)	55.41	Nair Gomes Sa	ANE	Vila Franca de Xira	17-03-2007
RN Esc J(70-74)	56.22	Isabel Reis Raimundo	INDANL	Lisboa	20-06-2010
RN Esc K(75-79)	1:23.50	Maria Augusta Neves	LSC	Ponte de Sor	30-01-2011
RN Esc L(80-84)	2:10.09	Marilia Xavier Morais	AAC	Mealhada	30-01-2010
RN Esc M(85-89)	59:00.00				

Pontos: DSV Masters 04

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Master Esc A								
1.	Catia Marisa Valente	84	112512	Luz e Vida	33.36		760	
2.	Joana Margarida Gaspar	83	109118	Nadadores dos Estoris	37.85		520	
3.	Ana Catarina Milhazes	85	119706	Vitoria de Guimaraes	50.34		221	
DNS	Ana Sofia Dias	86	123667	Portinado				

Master Esc B								
1.	Ana Mafalda Oliveira	81	23193	Natacao da Maia	35.89		613	
2.	Liliana Elisabete Baptista	78	120495	Leixoes	36.78		569	
3.	Ana Vieira Luz	78	112632	Colegio Monte Maior	46.55		281	
4.	Susana Jesus Cacao	81	119226	Ginasio Figueirense	50.47		220	
5.	Irina Maria Reves	81	119379	Funcao Publica	50.74		216	
6.	Rosa Costa Gomes	79	118191	Vilacondense	55.24		168	
DSQ	Ana Maria Martins	79	123246	Sporting de Aveiro				
<i>608 - Não chegou na posição dorsal - SW 6.5</i>								

Master Esc C								
1.	Marta Isabel Duque	76	116604	Setubalense	47.47		286	

Master Esc D								
1.	Claudia Pereira Reis	68	117023	Ginasio Figueirense	47.85		283	
2.	Ana Bernardo Barbara	70	116656	Portinado	54.75		189	
DNS	Carla Joana Macieirinha	71	120494	Ginasio de Vila Real				
DNS	Ana Paula Grilo	69	13478	Beja				

Master Esc E								
1.	Maria Fernanda Goncalves	66	117412	Porto	40.22		571	
2.	Ana Cristina Lobo	66	103983	Natacao da Maia	41.48		520	
3.	Paula Margarida Almeida	63	103979	Ginasio Figueirense	1:00.83		165	
4.	Elisa Loureiro Garcia	67	14467	Ginasio Figueirense	1:04.28		139	
5.	Fatima Sousa Silva	67	110411	Natacao da Maia	1:10.34		106	
DNS	Rosalina Bessa Babo	67	108036	Porto				

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Prova 13, Femin., 50m Costas

Master Esc F

1.	Elena Nikolaevna Kraeva	61	14173	Colegio Monte Maior	36.99	818
2.	Maria Luisa Oliveira	61	11731	Academica de Coimbra	44.46	471
3.	Maria Teresa Pinto	61	120500	Leixoes	57.64	216
4.	Arminda Alves Ferreira	60	112034	Ginasio Figueirense	1:37.21	45

Master Esc G

1.	Ana Paula Ferreira	56	13641	Funcao Publica	47.88	463
2.	Maria Teresa Oliveira	57	10538	Academica de Coimbra	48.88	435
3.	Eduarda Manuel Correia	54	117438	Vitoria de Guimaraes	54.55	313

Master Esc H

1.	Ana Maria Ferreira <i>Rec Nac Cat H</i>	50	100434	Alges	44.23	655
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Master Esc I

1.	Celia Stichini Quartin	44	12522	Pimpoes/Cimai	1:03.65	270
2.	Maria Van der Eecken	45	122496	Portinado	1:32.38	88

Master Esc J

1.	Isabel Maria Raimundo	40	120852	Alges	56.68	452
2.	Nair Gomes Sa	39	13404	Nadadores dos Estoris	1:04.14	312
3.	Maria Augusta Azinheira	38	100514	Funcao Publica	1:12.95	212

Prova 14

Masc., 50m Costas

25 - 89 anos

28-01-2012 - 17:20

Resultados

RN Esc A(25-29)	27.33	Fabio Manuel Pereira	CFV	Fafe	18-06-2011
RN Esc B(30-34)	27.37	Edison Fortunato Junior	CNFA	Torres Novas	01-02-2009
RN Esc C(35-39)	28.78	Joaquim Paixao Barroso	KCNTA	Ponte de Sor	29-01-2011
RN Esc D(40-44)	28.98	Jorge Eduardo Faria	ANE	Vila Franca de Xira	17-03-2007
RN Esc E(45-49)	29.37	Jorge Eduardo Faria	ANE	Lisboa	22-05-2010
RN Esc F(50-54)	32.61	Paulo Paula Carvalho	SFUAP	Lisboa	22-05-2011
RN Esc G(55-59)	36.89	Vitor Manuel Mavioso	SAD	Sines	08-01-2011
RN Esc H(60-64)	38.28	Antonio Cruz Meyrelles	SFP	Vila Franca de Xira	17-03-2007
RN Esc I(65-69)	38.38	Antonio Bessone Basto	SAD	Sines	07-01-2012
RN Esc J(70-74)	46.55	Antonio Alexandre Rodrigues	AAC	Lisboa	16-05-2009
RN Esc K(75-79)	50.51	Leonel Sousa Gomes	SFP	Inatel	06-05-2006
RN Esc L(80-84)	55.98	Leonel Sousa Gomes	AAC	Mealhada	31-01-2010
RN Esc M(85-89)	2:30.56	Ilidio Pintadinho Santos	PORTIN	Ponte de Sor	30-01-2011

Pontos: DSV Masters 04

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
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Master Esc A

1.	Joao Pedro Marques	87	11098	Estrelas S. Joao de Brito	29.33	708
2.	Andre Silva Bastos	83	24009	Feirense	30.82	610
3.	Pedro Herculano Carvalho	84	110355	Ginasio de Vila Real	31.18	589
4.	Alvaro Miguel Cardoso	84	124917	Nadadores dos Estoris	32.55	518
5.	Jose Paulo Santos	84	118905	Vitoria de Guimaraes	36.26	375
6.	Tiago Miguel Lima	83	110309	Luz e Vida	36.31	373

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Prova 14, Masc., 50m Costas, Master Esc A

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
7.	Renato Augusto Oliveira	85	124863	Vitoria de Guimaraes	48.08		160	
DNS	Guilherme Luis Goncalves	83	117426	Nautica do Seixal				

Master Esc B

1.	David Oliveira Gorgulho	82	11302	Litoral Alentejano	29.56		689	
2.	Rodolfo Varela Pinto	78	100697	Alges	31.93		546	
3.	Jorge Jesus Bandeira	82	118959	Ginasio Figueirense	33.63		468	
4.	Hugo Miguel Estevens	78	117166	Funcao Publica	35.17		409	
5.	Joao Carlos Malta	82	120612	Natacao da Maia	37.47		338	
6.	Tiago Goncalo Ribeiro	80	112623	Pimpoes/Cimai	38.15		320	
7.	Eugenio Vicente Martinez	81	123680	Nacional de Natacao	38.36		315	
8.	Diogo Antonio Rodrigues	82	109177	Estrelas S. Joao de Brito	41.63		246	
9.	Antonio Rogerio Teixeira	82	124191	Gespacos	54.52		109	
DNS	Pedro Guedes Silva	82	117591	Colegio Monte Maior				

Master Esc C

1.	Nuno Filipe Laurentino <i>Rec Nac Cat C</i>	75	14741	Alges	27.99		946	
2.	Rodolfo Pereira Nunes	73	25137	Gespacos	31.32		675	
3.	Luis Daniel Pacheco	76	14613	Alcobaca	31.62		656	
4.	Alexander Ramos Esteves	77	14673	Ginasio de Vila Real	31.85		642	
5.	Ricardo Alberto Osorio	74	124686	Universitario do Porto	32.00		633	
6.	Rui Gabriel Custodio	75	26125	Naval da Nazare	35.29		472	
7.	Paulo Viana Santos	75	122497	Portinado	52.59		142	
DNS	Antonio Goarmon Costa	75	105543	Nacional de Natacao				

Master Esc D

1.	Miguel Malta Madeira	68	11100	Estrelas S. Joao de Brito	33.44		588	
2.	Paulo Guilherme Martins	68	10798	Ginasio Figueirense	34.34		543	
3.	Rafael Luis Salgueiro	72	119962	Alges	35.24		502	
4.	Jose Manuel Brandao	70	14395	Desportiva de Viana	40.84		322	
5.	Marco Santos Carrasco	68	119626	Portinado	48.93		187	
6.	Dionisio Miguel Silva	71	110458	Vitoria de Guimaraes	54.54		135	

Master Esc E

1.	Jorge Eduardo Faria	64	26605	Alges	30.02		888	
2.	Joaquim Jorge Ramalhao	65	106557	Gespacos	35.20		551	
3.	Paulo Jorge Ferreira	67	111577	Pimpoes/Cimai	41.57		334	
4.	Armando Joao Costa	63	12262	Pimpoes/Cimai	43.10		300	
5.	Adriano Manuel Barradas	65	119366	Millennium BCP	49.08		203	
6.	Carlos Manuel Anjos	66	119256	Galitos	49.35		200	
7.	Paulo Fernando Rodrigues	63	109173	Colegio Monte Maior	50.63		185	
DSQ	Daniel Castro Trigo	65	120704	Sporting de Aveiro				

607 - Mais de uma braçada, na posição ventral, antes da viragem aos 25 m - SW 6.4

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Prova 14, Masc., 50m Costas

Master Esc F

1. Paulo Paula Carvalho	61	25645	Uniao Piedense	32.58	830
<i>Rec Nac Cat F</i>					
2. Antonio Graca Barbosa	62	125452	Leixoes	37.81	531
3. Pedro Militao Fernandes	61	105403	Academica de Coimbra	42.41	376
4. Antonio Costa Raposo	58	112606	Portinado	45.16	311

Master Esc G

1. Ricardo Jorge Osorio	56	102095	Gespacos	47.36	305
2. Joao Casaleiro Costa	55	124959	Academica de Coimbra	48.62	282

Master Esc H

1. Domingos Pinto Coelho	52	100453	Alges	55.76	215
2. Walter Emunds	52	119622	Portinado	55.78	215

Master Esc I

1. Antonio Cruz Meyrelles	47	25631	Funcao Publica	40.76	648
2. Joaquim Fidalgo Freitas	47	11231	Academica de Coimbra	47.28	415

Master Esc J

1. Antonio Alexandre Rodrigues	39	13257	Academica de Coimbra	52.03	396
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Prova 15

Femin., 100m Livres

25 - 89 anos

28-01-2012 - 17:30

Resultados

RN Esc A(25-29)	1:03.62	Alexandra Filipa Martins	AAC	Cantanhede	27-05-2007
RN Esc B(30-34)	58.49	Ana Paula Grilo	UDCA	Funchal	05-04-2003
RN Esc C(35-39)	59.37	Ana Paula Grilo	UDCA	Desenzano (ITA)	25-01-2004
RN Esc D(40-44)	1:02.46	Ana Paula Grilo	INDALEN	Lisboa	20-03-2010
RN Esc E(45-49)	1:07.46	Elena Alarcon Gamonal	CNFA	Praga (CZE)	18-04-2009
RN Esc F(50-54)	1:11.86	Elena Nikolaevna Kraeva	CIMM	Ponte de Sor	29-01-2011
RN Esc G(55-59)	1:19.77	Ana Maria Ferreira	SAD	Torres Novas	01-02-2009
RN Esc H(60-64)	1:18.66	Ana Maria Ferreira	SAD	Lisboa	19-03-2011
RN Esc I(65-69)	1:52.23	Celia Stichini Quartin	PIMP	Caldas da Rainha	24-04-2010
RN Esc J(70-74)	2:01.34	Isabel Maria Raimundo	SAD	Lisboa	19-03-2011
RN Esc K(75-79)	59:00.00				
RN Esc L(80-84)	59:00.00				
RN Esc M(85-89)	59:00.00				

Pontos: DSV Masters 04

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
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Master Esc A

1. Catia Santos Ramalho	86	23275	Natacao da Maia	1:06.52	644
50m: 32.29 32.29	100m: 1:06.52 34.23				
2. Ana Filipa Leite	86	11944	Academica de Coimbra	1:07.09	628
50m: 32.11 32.11	100m: 1:07.09 34.98				
3. Alexandra Fagundo Raposo	85	119639	Galitos	1:14.72	454
50m: 35.09 35.09	100m: 1:14.72 39.63				
4. Filipa Silveira Varela	87	125125	Nadadores dos Estoris	1:18.90	386
50m: 37.75 37.75	100m: 1:18.90 41.15				

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Prova 15, Femin., 100m Livres, Master Esc A

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
5.	Ana Catarina Milhazes 50m: 42.24 42.24	85	119706	Vitoria de Guimaraes 100m: 1:31.41 49.17	1:31.41		248	
DNS	Patricia Paiva Leite	83	124845	Feirense				
DNS	Fabianne Araujo Ribeiro	85	124849	Galitos				

Master Esc B

1.	Mariana Basto Teixeira 50m: 34.23 34.23	81	124732	Fluvial Portuense 100m: 1:12.48 38.25	1:12.48		514	
2.	Rita Almeida Crisostomo 50m: 35.48 35.48	80	122434	Academica de Coimbra 100m: 1:14.46 38.98	1:14.46		474	
3.	Marta Martins Ferreira 50m: 39.13 39.13	79	100683	Funcao Publica 100m: 1:22.99 43.86	1:22.99		342	
4.	Ana Rita Fernandes 50m: 40.41 40.41	79	105109	Academica de Coimbra 100m: 1:23.36 42.95	1:23.36		337	
5.	Sofia Marques Pereira 50m: 43.68 43.68	78	124935	Colegio Monte Maior 100m: 1:30.76 47.08	1:30.76		261	
6.	Ana Vieira Luz 50m: 45.24 45.24	78	112632	Colegio Monte Maior 100m: 1:34.48 49.24	1:34.48		232	
7.	Susana Jesus Cacao 50m: 47.86 47.86	81	119226	Ginasio Figueirense 100m: 1:36.54 48.68	1:36.54		217	
8.	Ana Maria Martins 50m: 46.04 46.04	79	123246	Sporting de Aveiro 100m: 1:39.09 53.05	1:39.09		201	
DNS	Irina Maria Reves	81	119379	Funcao Publica				

Master Esc C

1.	Carla Santa Barbara 50m: 32.05 32.05	75	118948	Ginasio Santo Tirso 100m: 1:06.50 34.45	1:06.50		653	
2.	Ines Maria Rothes 50m: 33.58 33.58	73	124731	Fluvial Portuense 100m: 1:07.68 34.10	1:07.68		620	
3.	Sandra Santa Barbara 50m: 34.06 34.06	75	104504	Ginasio Santo Tirso 100m: 1:12.05 37.99	1:12.05		514	
4.	Sara Mendonca Graca 50m: 35.45 35.45	77	121785	Colegio Monte Maior 100m: 1:14.78 39.33	1:14.78		459	
5.	Carla Alexandra Ferreira 50m: 44.92 44.92	76	111575	Pimpoes/Cimai 100m: 1:33.13 48.21	1:33.13		238	

Master Esc D

1.	Maria Teresa Brandao 50m: 33.92 33.92	69	108037	Leixoes 100m: 1:10.21 36.29	1:10.21		592	
2.	Elisabete Maria Rosa 50m: 36.18 36.18	69	106153	Pimpoes/Cimai 100m: 1:15.03 38.85	1:15.03		485	
3.	Isabel Maria Magano 50m: 35.97 35.97	68	118887	Leixoes 100m: 1:15.94 39.97	1:15.94		468	
4.	Claudia Pereira Reis 50m: 41.04 41.04	68	117023	Ginasio Figueirense 100m: 1:27.38 46.34	1:27.38		307	
5.	Fernanda Maria Santinha 50m: 42.80 42.80	72	100478	Masters de Almada 100m: 1:31.41 48.61	1:31.41		268	

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Prova 15, Femin., 100m Livres, Master Esc D

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
6.	Catarina Araujo Blanco 50m: 45.63 45.63	71	124701	Leixoes 100m: 1:39.65 54.02	1:39.65		207	
7.	Ana Bernardo Barbara 50m: 46.51 46.51	70	116656	Portinado 100m: 1:40.42 53.91	1:40.42		202	
DNS	Vera Lucia Oliveira	71	119636	Galitos				
DNS	Carla Joana Macieirinha	71	120494	Ginasio de Vila Real				
DNS	Carla Pinto Mendes	71	112615	Natacao da Maia				

Master Esc E

1.	Alexandra Maria Silva 50m: 33.86 33.86	67	117413	Porto 100m: 1:12.47 38.61	1:12.47		673	
2.	Maria Margarida Urbano 50m: 38.28 38.28	63	11355	Academica de Coimbra 100m: 1:20.51 42.23	1:20.51		491	
3.	Maria Regina Mendes 50m: 38.41 38.41	65	26842	Fluvial Portuense 100m: 1:20.73 42.32	1:20.73		487	
4.	Maria Adriana Viseu 50m: 37.93 37.93	66	26830	Leixoes 100m: 1:20.90 42.97	1:20.90		484	
5.	Carla Vale Lenzi 50m: 37.76 37.76	67	25647	Nadadores dos Estoris 100m: 1:21.90 44.14	1:21.90		466	
6.	Cristina Isabel Machado 50m: 40.94 40.94	67	108513	Academico Viseu 100m: 1:28.12 47.18	1:28.12		374	
7.	Isabel Aguiar Leite 50m: 46.47 46.47	63	102668	Fluvial Portuense 100m: 1:41.72 55.25	1:41.72		243	
8.	Delfina Maria Martins 50m: 1:05.64 1:05.64	66	117387	Ginasio Santo Tirso 100m: 2:14.91 1:09.27	2:14.91		104	
DNS	Paula Margarida Almeida	63	103979	Ginasio Figueirense				
DNS	Elisa Loureiro Garcia	67	14467	Ginasio Figueirense				

Master Esc F

1.	Maria Paula Cunha 50m: 43.94 43.94	59	121597	Leixoes 100m: 1:33.89 49.95	1:33.89		332	
2.	Maria Manuela Neto 50m: 44.71 44.71	62	102090	Natacao da Maia 100m: 1:34.11 49.40	1:34.11		330	
3.	Wanda Maria Gíao 50m: 46.54 46.54	62	110847	CCD Lagos/Multi 100m: 1:35.18 48.64	1:35.18		319	
4.	Maria Teresa Pinto 50m: 48.19 48.19	61	120500	Leixoes 100m: 1:41.20 53.01	1:41.20		265	
5.	Anette Kind 50m: 48.47 48.47	61	120501	Leixoes 100m: 1:45.90 57.43	1:45.90		231	
6.	Maria Gabriela Cardanho 50m: 56.39 56.39	62	100129	Ginasio Figueirense 100m: 2:01.36 1:04.97	2:01.36		153	
7.	Arminda Alves Ferreira 50m: 58.55 58.55	60	112034	Ginasio Figueirense 100m: 2:10.12 1:11.57	2:10.12		124	
8.	Gracinda Maria Machado 50m: 1:02.37 1:02.37	61	117386	Ginasio Santo Tirso 100m: 2:11.50 1:09.13	2:11.50		120	

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Prova 15, Femin., 100m Livres

Master Esc G

1.	Luisa Maria Pintao	54	26112	Nadadores dos Estoris	1:31.67	417
	50m: 43.59 43.59		100m: 1:31.67 48.08			
2.	Maria Felix Ferreira	54	112081	Alges	1:55.52	208
	50m: 53.15 53.15		100m: 1:55.52 1:02.37			
DNS	Maria Carmo Rocha	54	118886	Leixoes		

Master Esc H

1.	Ana Maria Ferreira	50	100434	Alges	1:18.54	751
	<i>Rec Nac Cat H</i>					
	50m: 38.37 38.37		100m: 1:18.54 40.17			

Master Esc I

1.	Celia Stichini Quartin	44	12522	Pimpoes/Cimai	1:58.49	274
	50m: 55.30 55.30		100m: 1:58.49 1:03.19			
2.	Maria Van der Eecken	45	122496	Portinado	3:41.13	42
	50m: 1:43.26 1:43.26		100m: 3:41.13 1:57.87			

Master Esc J

DNS	Maria Augusta Azinheira	38	100514	Funcao Publica		
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Prova 16 Masc., 100m Livres 25 - 89 anos
28-01-2012 - 17:45 Resultados

RN Esc A(25-29)	53.43	Ivo Emanuel Carneiro	CNVR	Torres Novas	31-01-2009
RN Esc B(30-34)	51.48	Pedro Miguel Silva	CFV	Torres Novas	31-01-2009
RN Esc C(35-39)	53.08	Pedro Miguel Silva	CFV	Ponte de Sor	29-01-2011
RN Esc D(40-44)	56.05	Jorge Eduardo Faria	SAD	Inatel	13-04-2008
RN Esc E(45-49)	55.99	Jorge Eduardo Faria	SAD	Torres Novas	31-01-2009
RN Esc F(50-54)	1:00.09	Paulo Paula Carvalho	SFUAP	Lisboa	22-05-2011
RN Esc G(55-59)	1:06.45	Vitor Manuel Mavioso	SAD	Ponte de Sor	29-01-2011
RN Esc H(60-64)	1:09.37	Jose Sarsfield Cabral	AAC	Coimbra	13-12-2009
RN Esc I(65-69)	1:09.18	Antonio Bessone Basto	SAD	Lisboa	19-03-2011
RN Esc J(70-74)	1:24.56	Antonio Alexandre Rodrigues	AAC	Lisboa	20-03-2010
RN Esc K(75-79)	1:33.27	Leonel Sousa Gomes	SFP	Inatel	05-02-2006
RN Esc L(80-84)	1:38.75	Leonel Sousa Gomes	AAC	Mealhada	30-01-2010
RN Esc M(85-89)	5:52.70	Ilidio Pintadinho Santos	PORTIN	Ponte de Sor	29-01-2011

Pontos: DSV Masters 04

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Carlos Fernandes Queiros	86	118205	Ginasio de Vila Real	53.92		825	
	50m: 25.93 25.93		100m: 53.92 27.99					
2.	Alexandre Miguel Mendes	86	25049	Estrelas S. Joao de Brito	56.32		724	
	50m: 27.09 27.09		100m: 56.32 29.23					
3.	Vasco Miguel Fortunato	87	11329	Gualdim Pais	59.64		610	
	50m: 28.28 28.28		100m: 59.64 31.36					
4.	Joao Tiago Ferraz	84	120876	Galitos	59.95		600	
	50m: 28.48 28.48		100m: 59.95 31.47					

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Prova 16, Masc., 100m Livres, Master Esc A

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
5.	Joao Dias Cardoso 50m: 28.57 28.57	87	11187	Estrelas S. Joao de Brito 100m: 1:00.08 31.51	1:00.08		596	
6.	Filipe Castro Alpuim 50m: 28.33 28.33	85	124733	Fluvial Portuense 100m: 1:01.17 32.84	1:01.17		565	
7.	Armindo Manuel Lobo 50m: 29.78 29.78	84	118906	Vitoria de Guimaraes 100m: 1:03.28 33.50	1:03.28		510	
8.	Sergio Miguel Manso 50m: 30.30 30.30	84	103981	Funcao Publica 100m: 1:03.55 33.25	1:03.55		504	
9.	Luis Carlos Pinto 50m: 31.06 31.06	83	24787	Ginasio de Vila Real 100m: 1:03.95 32.89	1:03.95		494	
10.	Paulo Jorge Marques 50m: 30.47 30.47	86	11495	Gualdim Pais 100m: 1:04.01 33.54	1:04.01		493	
11.	Tiago Miguel Lima 50m: 31.62 31.62	83	110309	Luz e Vida 100m: 1:05.38 33.76	1:05.38		463	
12.	Andre Manuel Carvalho 50m: 31.76 31.76	84	124717	Vilacondense 100m: 1:07.61 35.85	1:07.61		418	
DNS	Guilherme Luis Goncalves	83	117426	Nautica do Seixal				

Master Esc B

1.	Carlos Alberto Cardoso 50m: 27.88 27.88	80	103242	Vilacondense 100m: 56.38 28.50	56.38		725	
2.	Carlos Granadeiro Dias 50m: 28.21 28.21	81	117398	Portinado 100m: 58.82 30.61	58.82		638	
3.	Ivan Mauricio Couras 50m: 28.58 28.58	81	10232	Fluvial Portuense 100m: 58.89 30.31	58.89		636	
4.	Miguel Costa Carvalho 50m: 29.82 29.82	82	124854	Academica de Coimbra 100m: 1:01.61 31.79	1:01.61		555	
5.	Nelson Palma Mestre 50m: 29.01 29.01	80	111845	Academica de Coimbra 100m: 1:02.60 33.59	1:02.60		529	
6.	Joao Franca Alves 50m: 31.22 31.22	80	124848	Galitos 100m: 1:04.06 32.84	1:04.06		494	
7.	Tiago Goncalo Ribeiro 50m: 30.96 30.96	80	112623	Pimpoes/Cimai 100m: 1:04.18 33.22	1:04.18		491	
8.	Ivan Pinto Silva 50m: 30.90 30.90	79	124846	Feirense 100m: 1:05.43 34.53	1:05.43		463	
9.	Ricardo Manuel Lobo 50m: 30.43 30.43	80	118904	Vitoria de Guimaraes 100m: 1:05.91 35.48	1:05.91		453	
10.	Silverio Pedro Sousa 50m: 32.27 32.27	80	125433	Leixoes 100m: 1:05.96 33.69	1:05.96		452	
11.	Paulo Adao Coelho 50m: 32.33 32.33	78	120507	Leixoes 100m: 1:07.09 34.76	1:07.09		430	
12.	Juan Carlos Briceno 50m: 31.79 31.79	82	118958	Academica de Coimbra 100m: 1:08.30 36.51	1:08.30		407	
13.	Antonio Augusto Vilela 50m: 32.87 32.87	80	123588	Millennium BCP 100m: 1:08.32 35.45	1:08.32		407	
14.	Celso Filipe Assuncao 50m: 33.52 33.52	78	125458	Galitos 100m: 1:08.55 35.03	1:08.55		403	

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Prova 16, Masc., 100m Livres, Master Esc B

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
15.	Eduardo Jose Amaral 50m: 33.87 33.87	78	12261	Pimpoes/Cimai 100m: 1:10.32 36.45	1:10.32		373	
16.	Edgar Manuel Guimaraes 50m: 34.52 34.52	80	110317	Vitoria de Guimaraes 100m: 1:11.21 36.69	1:11.21		359	
17.	Andre Doria Tavares 50m: 33.65 33.65	79	124734	Fluvial Portuense 100m: 1:11.97 38.32	1:11.97		348	
18.	Pedro Teixeira Pereira 50m: 33.59 33.59	80	105836	Natacao da Maia 100m: 1:12.05 38.46	1:12.05		347	
19.	Eduardo Ferreira Marques 50m: 34.02 34.02	79	119623	Portinado 100m: 1:12.33 38.31	1:12.33		343	
20.	Agostinho Alberto Rego 50m: 35.31 35.31	82	121476	Vitoria de Guimaraes 100m: 1:13.36 38.05	1:13.36		329	
21.	Daniel Jorge Reis 50m: 34.75 34.75	81	122467	Natacao da Maia 100m: 1:14.36 39.61	1:14.36		316	
22.	Diogo Antonio Rodrigues 50m: 36.96 36.96	82	109177	Estrelas S. Joao de Brito 100m: 1:15.84 38.88	1:15.84		297	
23.	Tiago Messias Lobo 50m: 35.92 35.92	78	20652	Setubalense 100m: 1:15.89 39.97	1:15.89		297	
24.	Mario Rui Rodrigues 50m: 37.13 37.13	78	124704	Leixoes 100m: 1:18.24 41.11	1:18.24		271	
25.	Jose Orlando Novais 50m: 37.73 37.73	78	110370	Vitoria de Guimaraes 100m: 1:19.05 41.32	1:19.05		263	
26.	Hugo Campos Gomes 50m: 43.54 43.54	79	122605	Feirense 100m: 1:30.39 46.85	1:30.39		175	
27.	Rui Santos Cacoete 50m: 50.28 50.28	82	120584	Ginasio Figueirense 100m: 1:45.71 55.43	1:45.71		110	
DNS	Pedro Guedes Silva	82	117591	Colegio Monte Maior				

Master Esc C

1.	Ricardo Conceicao Pedroso 50m: 25.11 25.11	77	25942	Alges 100m: 53.21 28.10	53.21		902	
2.	Ricardo Zamith Passos 50m: 27.26 27.26	75	103229	Naval Povoense 100m: 56.47 29.21	56.47		755	
3.	Osvaldo Roseira Mateus 50m: 27.59 27.59	76	24888	Nacional da Madeira 100m: 57.89 30.30	57.89		701	
4.	Tiago Freitas Teles 50m: 28.48 28.48	75	120841	Alges 100m: 59.21 30.73	59.21		655	
5.	Pedro Nuno Braga 50m: 29.11 29.11	74	105530	Natacao da Maia 100m: 1:00.23 31.12	1:00.23		622	
6.	Rui Miguel Martins 50m: 29.69 29.69	75	124688	Universitario do Porto 100m: 1:01.88 32.19	1:01.88		574	
7.	Nuno Miguel Guerra 50m: 29.73 29.73	77	111799	Fluvial Portuense 100m: 1:02.26 32.53	1:02.26		563	
8.	Paulo Ernesto Osorio 50m: 28.73 28.73	76	102919	Universitario do Porto 100m: 1:02.64 33.91	1:02.64		553	
9.	Nuno Pedro Ferraz 50m: 28.95 28.95	77	105148	Fluvial Portuense 100m: 1:02.69 33.74	1:02.69		552	

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Prova 16, Masc., 100m Livres, Master Esc C

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	Jose Sizenando Cunha 50m: 30.29 30.29	74	26841	Fluvial Portuense 100m: 1:02.70 32.41	1:02.70		551	
11.	Bruno Azevedo Igreja 50m: 29.10 29.10	76	123496	Vilacondense 100m: 1:02.95 33.85	1:02.95		545	
12.	Diogo Pedroso Almeida 50m: 30.02 30.02	77	25632	Colegio Monte Maior 100m: 1:03.34 33.32	1:03.34		535	
13.	Antonio Joao Matos 50m: 31.19 31.19	75	125325	Alcobaca 100m: 1:03.97 32.78	1:03.97		519	
14.	Manuel Fialho Silva 50m: 31.88 31.88	77	107236	Colegio Monte Maior 100m: 1:06.24 34.36	1:06.24		468	
	Joao Pedro Matias 50m: 31.49 31.49	74	117330	Academica de Coimbra 100m: 1:06.24 34.75	1:06.24		468	
16.	Rui Alexandre Santos 50m: 31.68 31.68	76	26110	Nadadores dos Estoris 100m: 1:06.72 35.04	1:06.72		458	
17.	Jose Bessa Oliveira 50m: 32.06 32.06	75	125188	Ginasio de Vila Real 100m: 1:08.58 36.52	1:08.58		421	
18.	Tiago Nunes Marques 50m: 32.03 32.03	77	100688	Funcao Publica 100m: 1:09.50 37.47	1:09.50		405	
19.	Alexandre Marques Pereira 50m: 33.78 33.78	76	14651	Colegio Monte Maior 100m: 1:09.68 35.90	1:09.68		402	
20.	Antonio Goarmon Costa 50m: 34.29 34.29	75	105543	Nacional de Natacao 100m: 1:11.28 36.99	1:11.28		375	
21.	Nuno Andre Ramalhao 50m: 35.09 35.09	73	106424	Gespacos 100m: 1:12.54 37.45	1:12.54		356	
22.	Nuno Cristiano Pereira 50m: 36.79 36.79	73	119664	Leixoes 100m: 1:14.07 37.28	1:14.07		334	
23.	Camilo Moreira Goncalves 50m: 35.27 35.27	74	106812	Colegio SMLamas 100m: 1:15.01 39.74	1:15.01		322	
24.	Paulo Viana Santos 50m: 38.87 38.87	75	122497	Portinado 100m: 1:20.87 42.00	1:20.87		257	
25.	Jose Manuel Goncalves 50m: 39.14 39.14	73	120782	Ginasio Santo Tirso 100m: 1:22.57 43.43	1:22.57		241	
26.	Miguel Pedro Figueiredo 50m: 38.78 38.78	74	122204	Sporting de Aveiro 100m: 1:23.30 44.52	1:23.30		235	
27.	Norberto Matos Pereira 50m: 39.42 39.42	75	111733	Vitoria de Guimaraes 100m: 1:26.56 47.14	1:26.56		209	
28.	Joao Antonio Gomes 50m: 38.65 38.65	75	121592	Leixoes 100m: 1:27.09 48.44	1:27.09		205	
29.	Jose Carlos Salgado 50m: 42.52 42.52	74	110371	Vitoria de Guimaraes 100m: 1:38.47 55.95	1:38.47		142	
DNS	Alvaro Jose Pinheiro	75	124687	Universitario do Porto				
DNS	Paulo Meira Santos	74	17501	Nacional de Natacao				
DNS	Alex Tona	73	110456	Colegio SMLamas				

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Prova 16, Masc., 100m Livres

Master Esc D

1.	Emilio Nuno Frischknecht	71	110395	Alges	58.84	748
	50m: 28.34 28.34	100m: 58.84 30.50				
2.	Americo Pedro Goncalves	71	121758	Galitos	1:01.33	660
	50m: 29.30 29.30	100m: 1:01.33 32.03				
3.	Carlos Guimaraes Goncalves	70	123664	Fluvial Portuense	1:01.98	640
	50m: 30.04 30.04	100m: 1:01.98 31.94				
4.	Vitor Fortes Cunha	71	26123	Colegio Monte Maior	1:02.11	636
	50m: 29.29 29.29	100m: 1:02.11 32.82				
5.	Joao Nuno Barreto	71	116960	Academica de Coimbra	1:03.71	589
	50m: 30.45 30.45	100m: 1:03.71 33.26				
6.	Fernando Antonio Rothes	70	25182	Fluvial Portuense	1:04.82	559
	50m: 31.28 31.28	100m: 1:04.82 33.54				
7.	Luis Paulo Piteira	68	100511	Setubalense	1:07.25	501
	50m: 31.87 31.87	100m: 1:07.25 35.38				
8.	Miguel Jose Ferreira	70	119657	Leixoes	1:07.39	498
	50m: 32.39 32.39	100m: 1:07.39 35.00				
9.	Jose Salvador Faustino	68	119678	Portinado	1:08.49	474
	50m: 33.07 33.07	100m: 1:08.49 35.42				
10.	Luis Miguel Xavier	72	125446	Estrelas S. Joao de Brito	1:08.73	469
	50m: 34.05 34.05	100m: 1:08.73 34.68				
11.	Rui Pedro Carvalho	68	123832	Individual Norte de Portugal	1:08.92	465
	50m: 32.27 32.27	100m: 1:08.92 36.65				
12.	Ricardo Jorge Fernandes	72	14684	Porto	1:09.62	451
	50m: 33.89 33.89	100m: 1:09.62 35.73				
13.	Francisco Santos Barros	72	108661	Colegio Monte Maior	1:10.57	433
	50m: 33.13 33.13	100m: 1:10.57 37.44				
14.	Nuno Alexandre Serra	72	102442	Porto	1:11.43	418
	50m: 34.19 34.19	100m: 1:11.43 37.24				
15.	Vitor Santos Teixeira	71	122544	Galitos	1:12.05	407
	50m: 34.24 34.24	100m: 1:12.05 37.81				
16.	Marco Paulo Silva	70	118005	Vilacondense	1:13.06	390
	50m: 34.48 34.48	100m: 1:13.06 38.58				
17.	Miguel Ferreira Santos	72	123613	Porto	1:13.24	388
	50m: 34.58 34.58	100m: 1:13.24 38.66				
18.	Paulo Jorge Reis	70	117165	Funcao Publica	1:13.72	380
	50m: 35.22 35.22	100m: 1:13.72 38.50				
19.	Nuno Filipe Barros	71	105839	Natacao da Maia	1:14.27	372
	50m: 35.24 35.24	100m: 1:14.27 39.03				
20.	Francisco Goncalves Malheiro	69	110272	Desportiva de Viana	1:22.23	274
	50m: 38.53 38.53	100m: 1:22.23 43.70				
21.	Marco Santos Carrasco	68	119626	Portinado	1:22.50	271
	50m: 40.03 40.03	100m: 1:22.50 42.47				
22.	Antonio Humberto Goncalves	72	119499	Nacional da Madeira	1:28.03	223
	50m: 39.91 39.91	100m: 1:28.03 48.12				
23.	Fernando Manuel Santana	68	120532	Colegio Monte Maior	1:28.52	219
	50m: 41.36 41.36	100m: 1:28.52 47.16				
24.	Francisco Antonio Ferraz	70	123940	Pimpoes/Cimai	1:31.39	199
	50m: 41.50 41.50	100m: 1:31.39 49.89				

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Prova 16, Masc., 100m Livres, Master Esc D

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
25.	Augusto Mariano Soares 50m: 45.54 45.54	72	117424	Ginasio Santo Tirso 100m: 1:37.24 51.70	1:37.24		165	
26.	Abilio Manuel Antonio 50m: 44.55 44.55	72	12531	Pimpoes/Cimai 100m: 1:37.75 53.20	1:37.75		163	
27.	Jose Carlos Lima 50m: 53.49 53.49	72	26113	Desportiva de Viana 100m: 1:54.70 1:01.21	1:54.70		101	
DNS	Paulo Freitas Teles	71	122604	Alges				
DNS	Jose Pedro Viana	69	117496	Ginasio de Vila Real				

Master Esc E

1.	Jorge Eduardo Faria 50m: 27.57 27.57	64	26605	Alges 100m: 57.28 29.71	57.28		874	
2.	Jose Carlos Freitas 50m: 28.24 28.24	63	111877	Fluvial Portuense 100m: 57.87 29.63	57.87		847	
3.	Pedro Alexandre Fernando 50m: 30.70 30.70	67	11177	Academica de Coimbra 100m: 1:03.12 32.42	1:03.12		653	
4.	Gustavo Ferreira Basto 50m: 30.33 30.33	67	103219	Galitos 100m: 1:04.89 34.56	1:04.89		601	
5.	Fernando Antonio Xavier 50m: 31.14 31.14	65	102469	Porto 100m: 1:05.13 33.99	1:05.13		594	
6.	Jose Samuel Duarte 50m: 32.35 32.35	65	120465	Sporting 100m: 1:07.73 35.38	1:07.73		528	
7.	Filipe Jose Horta 50m: 32.13 32.13	64	119365	Millennium BCP 100m: 1:07.79 35.66	1:07.79		527	
8.	Antonio Jorge Martinho 50m: 33.60 33.60	65	11176	Academica de Coimbra 100m: 1:10.43 36.83	1:10.43		470	
9.	Joao Manuel Silva 50m: 33.25 33.25	63	13256	Millennium BCP 100m: 1:10.58 37.33	1:10.58		467	
10.	Armando Joao Costa 50m: 34.05 34.05	63	12262	Pimpoes/Cimai 100m: 1:11.31 37.26	1:11.31		453	
11.	Ricardo Manuel Fernandes 50m: 33.10 33.10	63	125466	Pimpoes/Cimai 100m: 1:11.59 38.49	1:11.59		447	
12.	Paulo Alexandre Neves 50m: 36.37 36.37	66	112616	Leixoes 100m: 1:14.75 38.38	1:14.75		393	
13.	Martin Bernhard 50m: 35.48 35.48	65	109794	BA/Mr.Pizza 100m: 1:16.02 40.54	1:16.02		373	
14.	Paulo Jorge Ferreira 50m: 37.21 37.21	67	111577	Pimpoes/Cimai 100m: 1:18.01 40.80	1:18.01		346	
15.	Paulo Fernando Rodrigues 50m: 37.57 37.57	63	109173	Colegio Monte Maior 100m: 1:18.10 40.53	1:18.10		344	
16.	Emanuel Araujo Marques 50m: 38.17 38.17	64	109267	Natacao da Maia 100m: 1:18.16 39.99	1:18.16		344	
17.	Rui Manuel Velez 50m: 38.22 38.22	64	122972	Luz e Vida 100m: 1:19.30 41.08	1:19.30		329	
18.	Carlos Manuel Anjos 50m: 39.75 39.75	66	119256	Galitos 100m: 1:22.02 42.27	1:22.02		297	
19.	Fernando Manuel Serra 50m: 39.50 39.50	64	100451	Millennium BCP 100m: 1:22.20 42.70	1:22.20		295	

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Prova 16, Masc., 100m Livres, Master Esc E

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
DNS	Jose Pedro Dias	63	120850	Nacional de Natacao				

Master Esc F

1.	Paulo Paula Carvalho <i>Rec Nac Cat F</i>	61	25645	Uniao Piedense	1:00.09		848	
	50m: 29.67 29.67		100m: 1:00.09	30.42				
2.	Jaime Carlos Bento	61	118614	Alges	1:01.91		775	
	50m: 29.88 29.88		100m: 1:01.91	32.03				
3.	Germano Oliveira Velha	62	13392	Litoral Alentejano	1:04.43		688	
	50m: 31.91 31.91		100m: 1:04.43	32.52				
4.	Luis Lopes Santos	59	124875	Fluvial Portuense	1:08.20		580	
	50m: 32.07 32.07		100m: 1:08.20	36.13				
5.	Jose Manuel Vieira	58	109259	Nacional da Madeira	1:11.06		513	
	50m: 33.32 33.32		100m: 1:11.06	37.74				
6.	Jose Luis Correia	59	14648	Nadadores dos Estoris	1:18.23		384	
	50m: 36.89 36.89		100m: 1:18.23	41.34				
7.	Fernando Diogo Duarte	62	119707	Feirense	1:19.59		365	
	50m: 38.39 38.39		100m: 1:19.59	41.20				
8.	Antonio Coelho Moura	60	109037	Pimpoes/Cimai	1:21.55		339	
	50m: 38.87 38.87		100m: 1:21.55	42.68				
9.	Teofilo Manuel Relvas	58	120556	Vilacondense	1:22.95		322	
	50m: 38.67 38.67		100m: 1:22.95	44.28				
10.	Antonio Costa Raposo	58	112606	Portinado	1:23.08		321	
	50m: 40.00 40.00		100m: 1:23.08	43.08				
11.	Alberto Nuno Espinheiro	62	106811	Colegio SMLamas	1:25.34		296	
	50m: 38.99 38.99		100m: 1:25.34	46.35				
12.	Manuel da Cruz Lima	59	14389	Desportiva de Viana	1:48.35		144	
	50m: 47.48 47.48		100m: 1:48.35	1:00.87				

Master Esc G

1.	Vitor Manuel Mavioso <i>Rec Nac Cat G</i>	56	100689	Alges	1:06.32		693	
	50m: 32.13 32.13		100m: 1:06.32	34.19				
2.	Antonio Prestes Pires	56	120943	Academica de Coimbra	1:11.24		559	
	50m: 33.63 33.63		100m: 1:11.24	37.61				
3.	Mario Jose Pinto	57	12387	Individual Coimbra	1:11.36		556	
	50m: 34.68 34.68		100m: 1:11.36	36.68				
4.	Carlos Alberto Serra	55	116884	Luz e Vida	1:12.91		521	
	50m: 34.91 34.91		100m: 1:12.91	38.00				
5.	Jose Antonio Teixeira	53	100126	Academica de Coimbra	1:22.60		358	
	50m: 39.22 39.22		100m: 1:22.60	43.38				
6.	Jose Henrique Madail	54	119658	Galitos	1:29.76		279	
	50m: 44.55 44.55		100m: 1:29.76	45.21				
7.	Antonio Alves Cecilio	54	100919	Gespacos	1:38.24		213	
	50m: 47.46 47.46		100m: 1:38.24	50.78				
8.	Domingos Silva Lages	55	14381	Desportiva de Viana	1:39.21		207	
	50m: 44.40 44.40		100m: 1:39.21	54.81				

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Prova 16, Masc., 100m Livres, Master Esc G

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
9.	Goncalo Manuel Torgal 50m: 45.81 45.81	57	118891	Leixoes 100m: 1:44.38 58.57	1:44.38		177	
10.	Jose Roberto Silva 50m: 50.48 50.48	55	119637	Feirense 100m: 1:44.84 54.36	1:44.84		175	
DNS	Jose Carlos Neto	53	14471	Ginasio Figueirense				

Master Esc H

1.	Jose Sarsfield Cabral 50m: 34.28 34.28	49	12228	Academica de Coimbra 100m: 1:11.68 37.40	1:11.68		658	
2.	Antonio Manuel Tavares 50m: 43.60 43.60	51	100700	Funcao Publica 100m: 1:31.76 48.16	1:31.76		314	
3.	Daniel Sobral Rabiais 50m: 44.93 44.93	50	13766	Pimpoes/Cimai 100m: 1:34.40 49.47	1:34.40		288	
4.	Antonio Manuel Ferreira 50m: 53.51 53.51	48	123326	Alges 100m: 1:53.74 1:00.23	1:53.74		164	

Master Esc I

1.	Luis Vidigal Salgueiro 50m: 37.04 37.04	45	119671	Alges 100m: 1:19.52 42.48	1:19.52		572	
2.	Luis Silveira Viegas 50m: 43.30 43.30	47	104917	Nadadores dos Estoris 100m: 1:35.17 51.87	1:35.17		334	
3.	Jose Joaquim Marreiros 50m: 51.50 51.50	46	120970	Alges 100m: 1:44.52 53.02	1:44.52		252	
4.	Helder Manuel Moreira 50m: 51.68 51.68	44	25646	Galitos 100m: 1:49.47 57.79	1:49.47		219	
DNS	Antonio Bessone Basto	45	119672	Alges				

Master Esc J

DNS	Oscar Antonio Costa	39	117010	Galitos				
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Master Esc L

1.	Leonel Sousa Gomes 50m: 57.76 57.76	30	25633	Alges 100m: 2:06.68 1:08.92	2:06.68		227	
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Prova 17
28-01-2012 - 18:30

Femin., 4 x 50m Livres

AG 100 - 359
Resultados

RN Cat 1(100-119)	2:01.01	Clube Fluvial Vilacondense	CFV	Mealhada	31-01-2010
RN Cat 2(120-159)	2:05.64	Associacao Academica de CoimbraAAC		Cantanhede	26-05-2007
RN Cat 3(160-199)	2:13.46	Leixoes Sport Clube	LSC	Torres Novas	31-01-2010
RN Cat 4(200-239)	2:28.80	Associacao Academica de CoimbraAAC		Madrid (ESP)	26-01-2007
RN Cat 5(240-279)	4:20.35	Associacao Academica de CoimbraAAC		Mealhada	31-01-2010
RN Cat 6(280-319)	59:00.00				

Pontos: DSV Masters 04

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Master Fem Estaf Cat 2						
1.		Academica de Coimbra-Cat 2	2:12.51			
	86	Ana Filipa Leite	31.51	80		33.06
	79	Rita Rebelo Silva	30.98	81		36.96
2.		Leixoes-Cat 2	2:15.14			
	84	Diana Raquel Pacheco	31.25	78		34.31
	73	Graca Maria Almeida	37.04	78		32.54
3.		Galitos-Cat 2	2:22.99			
	85	Alexandra Fagundo Raposo	33.72	69		33.92
	71	Vera Lucia Oliveira	43.03	83		32.32

DNS Nadadores dos Estoris-Cat 2 Nadadores dos Estoris

Master Fem Estaf Cat 3

1.		Leixoes-Cat 3	2:12.18			
		<i>Rec Nac Cat 3</i>				
	74	Maria Luisa Costa	30.34	68		34.63
	65	Maribel Santos Fernandes	34.96	69		32.25
2.		Porto-Cat 3	2:15.30			
	66	Maria Fernanda Goncalves	33.51	72		32.82
	67	Maria Joao Taborda	35.84	67		33.13
3.		Academica de Coimbra-Cat 3	2:32.14			
	63	Maria Margarida Urbano	37.23	71		39.24
	79	Ana Rita Fernandes	37.95	68		37.72
4.		Fluvial Portuense-Cat 3	2:42.69			
	73	Ines Maria Rothes	31.84	69		55.03
	63	Isabel Aguiar Leite	45.13	81		30.69

DNS Ginasio Figueirense-Cat 3 Ginasio Figueirense

Master Fem Estaf Cat 4

1.		Academica de Coimbra-Cat 4	2:32.74			
	62	Eugenia Maria Cunha	33.60	61		40.11
	60	Maria Fatima Coelho	41.50	57		37.53
2.		Leixoes-Cat 4	2:34.36			
	66	Maria Adriana Viseu	35.42	59		41.00
	62	Maria Santos Fernandes	39.73	60		38.21

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Prova 18 Masc., 4 x 50m Livres AG 100 - 359
28-01-2012 - 18:40 Resultados

RN Cat 1(100-119)	1:37.86	Clube Fluvial Vilacondense	CFV	Torres Novas	31-01-2009
RN Cat 2(120-159)	1:43.71	Clube Nautico Academico de Coimbra	GNAC	Caldas da Raínda	15-05-2004
RN Cat 3(160-199)	1:46.45	Sport Alges e Dafundo	SAD	Mealhada	30-01-2010
RN Cat 4(200-239)	1:59.07	Clube Futebol Os Belenenses	CFB	Torres Novas	31-01-2009
RN Cat 5(240-279)	2:24.41	Sindicato Trab. Funcao Pub. Sul e Alentejo	STF	Inatel	08-04-2006
RN Cat 6(280-319)	2:45.85	Associacao Academica de Coimbra	AAC	Mealhada	30-01-2010

Pontos: DSV Masters 04

Lugar NFed Clube Tempo Final TReac Pts FINA Pts

Master Masc Estaf Cat 1

1. Estrelas S. Joao de Brito-Cat 1		Estrelas S. Joao de Brito	1:44.44		
Joao Pedro Marques	87	26.48 Joao Dias Cardoso		87	27.04
Pedro Alexandre Pacheco	87	25.32 Alexandre Miguel Mendes		86	25.60
2. Vitoria de Guimaraes-Cat 1		Vitoria de Guimaraes	1:59.96		
Armando Manuel Lobo	84	29.02 Renato Augusto Oliveira		85	33.38
Jose Paulo Santos	84	28.85 Ricardo Manuel Lobo		80	28.71

Master Masc Estaf Cat 2

1. Alges-Cat 2		Alges	1:44.18		
Ricardo Conceicao Pedroso	77	24.86 Manuel Tiago Neves		76	27.04
Nuno Filipe Laurentino	75	25.27 Rodolfo Varela Pinto		78	27.01
2. Litoral Alentejano-Cat 2		Litoral Alentejano	1:44.90		
David Oliveira Gorgulho	82	25.75 Germano Oliveira Velha		62	28.86
Rodrigo Marques Costa	76	25.04 Alexandre Evangelista Souza		84	25.25
3. Ginasio de Vila Real-Cat 2		Ginasio de Vila Real	1:45.56		
Alexander Ramos Esteves	77	27.01 Carlos Fernandes Queiros		86	24.00
Pedro Herculano Carvalho	84	26.93 Jose Pedro Viana		69	27.62
4. Universitario do Porto-Cat 2		Universitario do Porto	1:49.10		
Ricardo Alberto Osorio	74	26.66 Alvaro Jose Pinheiro		75	28.60
Paulo Ernesto Osorio	76	26.55 Rui Miguel Martins		75	27.29
5. Fluvial Portuense-Cat 2		Fluvial Portuense	1:49.90		
Nuno Pedro Ferraz	77	27.56 Filipe Castro Alpuim		85	27.85
Nuno Miguel Guerra	77	27.53 Ivan Mauricio Couras		81	26.96
6. Galitos-Cat 2		Galitos	1:51.62		
Americo Pedro Goncalves	71	27.69 Joao Franca Alves		80	28.89
Gustavo Ferreira Basto	67	28.57 Joao Tiago Ferraz		84	26.47
7. Leixoes-Cat 2		Leixoes	1:53.95		
Andre Marques Dias	77	25.86 Paulo Adao Coelho		78	31.46
Silverio Pedro Sousa	80	28.62 Rui Manuel Pinto		79	28.01
8. Academica de Coimbra-Cat 2		Academica de Coimbra	1:54.29		
Nelson Palma Mestre	80	27.88 Joao Nuno Barreto		71	28.40
Juan Carlos Briceno	82	31.40 Miguel Costa Carvalho		82	26.61
9. Portinado-Cat 2		Portinado	1:56.37		
Carlos Granadeiro Dias	81	27.32 Eduardo Ferreira Marques		79	33.02
Hugo Alexandre Amaral	87	26.49 Jose Salvador Faustino		68	29.54
10. Porto-Cat 2		Porto	1:56.42		
Pedro Alexandre Sousa	82	27.24 Nuno Alexandre Serra		72	31.42
Miguel Ferreira Santos	72	32.83 Bruno Emanuel Graca		82	24.93
11. Colegio Monte Maior-Cat 2		Colegio Monte Maior	1:57.41		
Vitor Fortes Cunha	71	27.90 Manuel Fialho Silva		77	30.22
Nuno Alexandre Crespo	75	30.60 Diogo Pedroso Almeida		77	28.69

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Prova 18, Masc., 4 x 50m Livres, Master Masc Estaf Cat 2

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
12. Nacional de Natacao-Cat 2		Nacional de Natacao	2:02.05			
Antonio Goarmon Costa	75	32.24 Jose Pedro Dias		63		31.34
Eugenio Vicente Martinez	81	27.58 Paulo Meira Santos		74		30.89
13. Feirense-Cat 2		Feirense	2:10.01			
Andre Silva Bastos	83	25.66 Hugo Campos Gomes		79		40.48
Fernando Diogo Duarte	62	34.78 Ivan Pinto Silva		79		29.09
14. Natacao da Maia-Cat 2		Natacao da Maia	2:13.05			
Pedro Teixeira Pereira	80	31.48 Emanuel Araujo Marques		64		35.37
Daniel Jorge Reis	81	33.56 Nuno Filipe Barros		71		32.64
15. Gespacos-Cat 2		Gespacos	2:15.41			
Carlos Miguel Costa	86	26.79 Fernando Jose Carvalho		69		31.23
Nuno Andre Ramalhao	73	32.73 Antonio Rogerio Teixeira		82		44.66
16. Vitoria de Guimaraes-Cat 2		Vitoria de Guimaraes	2:27.12			
Edgar Manuel Guimaraes	80	32.75 Norberto Matos Pereira		75		37.19
Jose Carlos Salgado	74	40.98 Dionisio Miguel Silva		71		36.20

Master Masc Estaf Cat 3

1. Fluvial Portuense-Cat 3		Fluvial Portuense	1:50.86			
Jose Miguel Miranda	73	27.49 Jose Sizenando Cunha		74		27.62
Carlos Guimaraes Goncalves	70	27.82 Jose Pedro Santana		66		27.93
2. Estrelas S. Joao de Brito-Cat 3		Estrelas S. Joao de Brito	1:58.17			
Renato Jose Pauleta	66	29.82 Henrique Manuel Graca		79		29.94
Luis Miguel Xavier	72	30.17 Miguel Malta Madeira		68		28.24
3. Natacao da Maia-Cat 3		Natacao da Maia	2:00.46			
Emanuel David Oliveira	85	27.39 Manuel Alberto Pinho		61		33.07
Joao Carlos Malta	82	29.58 Jose Santos Silva		57		30.42
4. Desportivo Nacional-Cat 3		Nacional da Madeira	2:02.53			
Luis Paulo Gomes	82	27.66 Antonio Humberto Goncalves		72		38.13
Osvaldo Roseira Mateus	76	25.96 Jose Manuel Vieira		58		30.78
5. Leixoes-Cat 3		Leixoes	2:06.37			
Miguel Jose Ferreira	70	29.83 Nuno Cristiano Pereira		73		34.58
Joao Miguel Faria	71	29.85 Americo Paulo Sousa		66		32.11
6. Vilacondense-Cat 3		Vilacondense	2:07.64			
Andre Manuel Carvalho	84	30.30 Marco Paulo Silva		70		33.16
Bruno Azevedo Igreja	76	27.91 Teofilo Manuel Relvas		58		36.27
7. Academica de Coimbra-Cat 3		Academica de Coimbra	2:08.62			
Pedro Alexandre Fernando	67	28.56 Francisco Jorge Ferreira		62		34.83
Antonio Jorge Martinho	65	30.19 Pedro Militao Fernandes		61		35.04
8. Ginasio Figueirense-Cat 3		Ginasio Figueirense	2:15.67			
Paulo Guilherme Martins	68	30.02 Joao Paulo Almeida		64		33.60
Jose Carlos Neto	53	43.54 Jorge Jesus Bandeira		82		28.51
9. Pimpoes/Cimai-Cat 3		Pimpoes/Cimai	2:34.93			
Abilio Manuel Antonio	72	40.18 Francisco Antonio Ferraz		70		36.79
Antonio Coelho Moura	60	36.68 Daniel Sobral Rabiais		50		41.28

DSQ Portinado-Cat 3 Portinado
infringiu ponto 4 do 4º parágrafo do Regulamento da Competição
Paulo Viana Santos, Walter Emunds, Antonio Costa Raposo, Marco Santos Carrasco

DNS Nadadores dos Estoris-Cat 3 Nadadores dos Estoris

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Master Masc Estaf Cat 4

1. Fluvial Portuense-Cat 4		Fluvial Portuense	2:03.86		
Jose Carlos Freitas	63	26.97	Fernando Antonio Rothes	70	28.45
Luis Lopes Santos	59	29.70	Jose Luis Morgado	54	38.74
2. Leixoes-Cat 4		Leixoes	2:11.05		
Antonio Gaspar Freitas	56	31.33	Antonio Graca Barbosa	62	32.18
Manuel Jose Romariz	59	34.50	Paulo Alexandre Neves	66	33.04
3. Gespacos-Cat 4		Gespacos	2:16.32		
Joaquim Jorge Ramalhao	65	30.69	Antonio Alves Cecilio	54	39.40
Ricardo Jorge Osorio	56	40.22	Rodolfo Pereira Nunes	73	26.01
4. Academica de Coimbra-Cat 4		Academica de Coimbra	2:18.06		
Jose Sarsfield Cabral	49	33.00	Joao Casaleiro Costa	55	35.76
Jose Antonio Teixeira	53	37.05	Antonio Prestes Pires	56	32.25
5. Alges-Cat 4		Alges	2:26.60		
Jose Joaquim Marreiros	46	47.63	Rafael Luis Salgueiro	72	29.85
Luis Alexandre Salgueiro	69	29.34	Joaquim Jesus Silva	53	39.78

DNS Funcao Publica-Cat 4

Funcao Publica

Master Masc Estaf Cat 5

1. Alges-Cat 5		Alges	2:15.15		
<i>Rec Nac Cat 5</i>					
Emilio Nuno Frischknecht	71	26.90	Alexandre Azevedo Gaspar	45	42.07
Antonio Bessone Basto	45	31.83	Luis Vidigal Salgueiro	45	34.35

DNS Galitos-Cat 5

Galitos

Master Masc Estaf Cat 6

1. Academica de Coimbra-Cat 6		Academica de Coimbra	2:43.94		
<i>Rec Nac Cat 6</i>					
Joao Rodrigues Teixeira	37	51.05	Luis Vaz Jorge	43	37.42
Antonio Alexandre Rodrigues	39	37.81	Joaquim Fidalgo Freitas	47	37.66

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Prova 19	Femin., 400m Livres				25 - 89 anos
29-01-2012 - 9:30					Resultados
RN Esc A(25-29)	4:48.58	Ana Filipa Leite	AAC	Ponte de Sor	30-01-2011
RN Esc B(30-34)	4:27.23	Ana Paula Grilo	UDCA	Inatel	25-05-2002
RN Esc C(35-39)	4:30.30	Ana Paula Grilo	UDCA	Palma Maiorca (ESP)	18-04-2004
RN Esc D(40-44)	4:53.84	Ana Paula Grilo	INDALEN	Fafe	18-06-2011
RN Esc E(45-49)	5:40.16	Elena Nikolaevna Kraeva	CFB	Lisboa	31-01-2010
RN Esc F(50-54)	5:31.40	Elena Nikolaevna Kraeva	CIMM	Lisboa	26-02-2011
RN Esc G(55-59)	6:01.93	Ana Maria Ferreira	ANE	Inatel	14-02-2009
RN Esc H(60-64)	6:04.47	Ana Maria Ferreira	SAD	Ponte de Sor	30-01-2011
RN Esc I(65-69)	59:00.00				
RN Esc J(70-74)	59:00.00				
RN Esc K(75-79)	59:00.00				
RN Esc L(80-84)	59:00.00				

Pontos: DSV Masters 04

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
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Master Esc A

1.	Ana Filipa Leite	86	11944	Academica de Coimbra	4:50.82		765	
	50m: 32.95	32.95	150m: 1:45.86	36.45	250m: 3:00.21	37.22	350m: 4:14.68	37.49
	100m: 1:09.41	36.46	200m: 2:22.99	37.13	300m: 3:37.19	36.98	400m: 4:50.82	36.14

Master Esc B

1.	Ana Mafalda Oliveira	81	23193	Natacao da Maia	4:57.77		729	
	50m: 34.13	34.13	150m: 1:48.30	37.42	250m: 3:03.28	37.04	350m: 4:19.83	38.52
	100m: 1:10.88	36.75	200m: 2:26.24	37.94	300m: 3:41.31	38.03	400m: 4:57.77	37.94
2.	Diana Margarida Jacinto	81	100905	Academica de Coimbra	6:25.73		335	
	50m: 42.53	42.53	150m: 2:18.54	48.68	250m: 3:57.78	49.81	350m: 5:37.80	49.69
	100m: 1:29.86	47.33	200m: 3:07.97	49.43	300m: 4:48.11	50.33	400m: 6:25.73	47.93
3.	Ana Vieira Luz	78	112632	Colegio Monte Maior	7:09.70		242	
	50m: 50.68	50.68	150m: 2:36.86	53.10	250m: 4:25.22	55.28	350m: 6:18.26	56.01
	100m: 1:43.76	53.08	200m: 3:29.94	53.08	300m: 5:22.25	57.03	400m: 7:09.70	51.44

Master Esc C

1.	Ines Maria Rothes	73	124731	Fluvial Portuense	5:07.52		660	
	50m: 35.52	35.52	150m: 1:49.78	37.67	250m: 3:07.24	38.94	350m: 4:27.86	41.11
	100m: 1:12.11	36.59	200m: 2:28.30	38.52	300m: 3:46.75	39.51	400m: 5:07.52	39.66

Master Esc D

1.	Maria Teresa Brandao	69	108037	Leixoes	5:28.58		567	
	50m: 36.90	36.90	150m: 1:58.20	41.28	250m: 3:22.68	42.31	350m: 4:47.70	42.69
	100m: 1:16.92	40.02	200m: 2:40.37	42.17	300m: 4:05.01	42.33	400m: 5:28.58	40.88
2.	Fernanda Maria Santinha	72	100478	Masters de Almada	7:10.72		251	
	50m: 47.03	47.03	150m: 2:34.25	54.09	250m: 4:24.70	55.19	350m: 6:16.47	56.19
	100m: 1:40.16	53.13	200m: 3:29.51	55.26	300m: 5:20.28	55.58	400m: 7:10.72	54.25

DNS Carla Pinto Mendes 71 112615 Natacao da Maia

Master Esc E

1.	Cristina Isabel Machado	67	108513	Academico Viseu	7:09.23		317	
	50m: 42.39	42.39	150m: 2:29.64	55.04	250m: 4:23.92	57.16	350m: 6:17.52	56.66
	100m: 1:34.60	52.21	200m: 3:26.76	57.12	300m: 5:20.86	56.94	400m: 7:09.23	51.71

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Prova 19, Femin., 400m Livres

Master Esc F

1. Elena Nikolaevna Kraeva	61	14173	Colegio Monte Maior	5:26.05	852
<i>Rec Nac Cat F</i>					
50m:	37.29	37.29	150m:	1:58.97	41.53
100m:	1:17.44	40.15	200m:	2:40.68	41.71
			250m:	3:22.75	42.07
			300m:	4:03.91	41.16
			350m:	4:46.02	42.11
			400m:	5:26.05	40.03
2. Maria Manuela Neto	62	102090	Natacao da Maia	7:26.17	332
50m:	48.69	48.69	150m:	2:38.60	55.65
100m:	1:42.95	54.26	200m:	3:35.56	56.96
			250m:	4:33.42	57.86
			300m:	5:32.43	59.01
			350m:	6:30.80	58.37
			400m:	7:26.17	55.37
3. Anette Kind	61	120501	Leixoes	8:08.87	252
50m:	51.95	51.95	150m:	2:54.43	1:03.41
100m:	1:51.02	59.07	200m:	3:58.13	1:03.70
			250m:	5:01.50	1:03.37
			300m:	6:04.92	1:03.42
			350m:	7:07.32	1:02.40
			400m:	8:08.87	1:01.55

Master Esc H

1. Ana Maria Ferreira	50	100434	Alges	6:01.46	863
<i>Rec Nac Cat H</i>					
50m:	40.31	40.31	150m:	2:12.52	46.99
100m:	1:25.53	45.22	200m:	2:59.29	46.77
			250m:	3:45.34	46.05
			300m:	4:31.92	46.58
			350m:	5:18.08	46.16
			400m:	6:01.46	43.38

Master Esc I

1. Celia Stichini Quartin	44	12522	Pimpoes/Cimai	9:03.61	278
<i>Rec Nac Cat I</i>					
50m:	57.88	57.88	150m:	3:10.05	1:07.49
100m:	2:02.56	1:04.68	200m:	4:18.95	1:08.90
			250m:	5:29.43	1:10.48
			300m:	6:40.64	1:11.21
			350m:	7:52.38	1:11.74
			400m:	9:03.61	1:11.23
2. Maria Van der Eecken	45	122496	Portinado	16:03.57	49
50m:	1:44.37	1:44.37	150m:	5:55.13	2:06.29
100m:	3:48.84	2:04.47	200m:	8:05.47	2:10.34
			250m:	10:12.11	2:06.64
			300m:	12:14.98	2:02.87
			350m:	14:15.65	2:00.67
			400m:	16:03.57	1:47.92

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Prova 20	Masc., 200m Livres				25 - 89 anos
29-01-2012 - 9:55					Resultados
RN Esc A(25-29)	1:57.11	David Oliveira Gorgulho	CNLA	Torres Novas	01-02-2009
RN Esc B(30-34)	1:54.54	Pedro Miguel Silva	CFV	Cantanhede	26-05-2007
RN Esc C(35-39)	1:54.01	Pedro Miguel Silva	CFV	Ponte de Sor	30-01-2011
RN Esc D(40-44)	2:04.25	Jorge Eduardo Faria	ANE	Inatel	14-04-2007
RN Esc E(45-49)	2:03.77	Jorge Eduardo Faria	ANE	Lisboa	17-04-2010
RN Esc F(50-54)	2:11.76	Paulo Paula Carvalho	SFUAP	Ponte de Sor	30-01-2011
RN Esc G(55-59)	2:28.47	Vitor Manuel Mavioso	SAD	Ponte de Sor	30-01-2011
RN Esc H(60-64)	2:38.58	Stephen Thomas Dyson	CFB	Torres Novas	01-02-2009
RN Esc I(65-69)	2:36.83	Antonio Bessone Basto	SAD	Lisboa	27-02-2011
RN Esc J(70-74)	3:17.51	Leonel Sousa Gomes	SAD	Inatel	08-04-2000
RN Esc K(75-79)	3:34.50	Leonel Sousa Gomes	SFP	Pedrolha	23-01-2005
RN Esc L(80-84)	3:55.06	Leonel Sousa Gomes	AAC	Ponte de Sor	30-01-2011
RN Esc M(85-89)	59:00.00				

Pontos: DSV Masters 04

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Master Esc A								
1.	Alexandre Miguel Mendes	86	25049	Estrelas S. Joao de Brito	2:03.53		719	
	50m: 29.00 29.00			100m: 1:00.15 31.15	31.72	200m: 2:03.53	31.66	
2.	Sergio Miguel Manso	84	103981	Funcao Publica	2:22.12		472	
	50m: 33.56 33.56			100m: 1:10.76 37.20	36.33	200m: 2:22.12	35.03	
3.	Luis Carlos Pinto	83	24787	Ginasio de Vila Real	2:24.03		453	
	50m: 33.38 33.38			100m: 1:10.07 36.69	36.70	200m: 2:24.03	37.26	
4.	Paulo Jorge Marques	86	11495	Gualdim Pais	2:27.23		424	
	50m: 33.86 33.86			100m: 1:11.49 37.63	38.76	200m: 2:27.23	36.98	
5.	Renato Augusto Oliveira	85	124863	Vitoria de Guimaraes	2:48.10		285	
	50m: 38.12 38.12			100m: 1:20.13 42.01	43.88	200m: 2:48.10	44.09	
6.	Francisco Miguel Gaspar	83	125516	Gualdim Pais	3:00.32		231	
	50m: 34.42 34.42			100m: 1:15.16 40.74	52.95	200m: 3:00.32	52.21	

Master Esc B

1.	Nuno Jose Vicente	78	13302	Torres Novas	2:02.66		754	
	50m: 28.79 28.79			100m: 59.99 31.20	31.56	200m: 2:02.66	31.11	
2.	Ivan Mauricio Couras	81	10232	Fluvial Portuense	2:08.22		660	
	50m: 29.61 29.61			100m: 1:02.06 32.45	32.76	200m: 2:08.22	33.40	
3.	Miguel Costa Carvalho	82	124854	Academica de Coimbra	2:20.58		501	
	50m: 33.56 33.56			100m: 1:09.63 36.07	35.85	200m: 2:20.58	35.10	
4.	Tiago Goncalo Ribeiro	80	112623	Pimpoes/Cimai	2:21.50		491	
	50m: 32.49 32.49			100m: 1:08.01 35.52	36.76	200m: 2:21.50	36.73	
5.	Joao Franca Alves	80	124848	Galitos	2:22.27		483	
	50m: 32.75 32.75			100m: 1:09.80 37.05	38.09	200m: 2:22.27	34.38	
6.	Nelson Palma Mestre	80	111845	Academica de Coimbra	2:23.17		474	
	50m: 32.49 32.49			100m: 1:08.55 36.06	37.83	200m: 2:23.17	36.79	
7.	Paulo Adao Coelho	78	120507	Leixoes	2:25.12		455	
	50m: 33.30 33.30			100m: 1:09.63 36.33	37.84	200m: 2:25.12	37.65	
8.	Agostinho Alberto Rego	82	121476	Vitoria de Guimaraes	2:37.34		357	
	50m: 36.74 36.74			100m: 1:16.77 40.03	40.91	200m: 2:37.34	39.66	
9.	Daniel Jorge Reis	81	122467	Natacao da Maia	2:46.23		303	
	50m: 36.22 36.22			100m: 1:17.19 40.97	43.74	200m: 2:46.23	45.30	

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Prova 20, Masc., 200m Livres, Master Esc B

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	Pedro Teixeira Pereira	80	105836	Natacao da Maia	2:49.26		287	
	50m: 34.51 34.51		100m: 1:15.56 41.05	150m: 2:02.66	47.10	200m: 2:49.26	46.60	
DNS	Diogo Antonio Rodrigues	82	109177	Estrelas S. Joao de Brito				

Master Esc C

1.	Sergio David Silva	73	101281	Natacao da Maia	2:18.96		584	
	50m: 31.06 31.06		100m: 1:05.23 34.17	150m: 1:42.18	36.95	200m: 2:18.96	36.78	
2.	Alexandre Marques Pereira	76	14651	Colegio Monte Maior	2:27.97		484	
	50m: 34.82 34.82		100m: 1:11.73 36.91	150m: 1:49.67	37.94	200m: 2:27.97	38.30	
3.	Antonio Goarmon Costa	75	105543	Nacional de Natacao	2:41.11		374	
	50m: 35.97 35.97		100m: 1:15.80 39.83	150m: 1:58.14	42.34	200m: 2:41.11	42.97	
4.	Nuno Andre Ramalhao	73	106424	Gespacos	2:43.14		361	
	50m: 36.67 36.67		100m: 1:17.26 40.59	150m: 2:01.38	44.12	200m: 2:43.14	41.76	
5.	Nuno Cristiano Pereira	73	119664	Leixoes	2:45.81		344	
	50m: 36.90 36.90		100m: 1:17.19 40.29	150m: 2:00.48	43.29	200m: 2:45.81	45.33	
6.	Joao Antonio Gomes	75	121592	Leixoes	3:06.42		242	
	50m: 40.57 40.57		100m: 1:26.81 46.24	150m: 2:16.82	50.01	200m: 3:06.42	49.60	

Master Esc D

1.	Americo Pedro Goncalves	71	121758	Galitos	2:17.83		633	
	50m: 31.04 31.04		100m: 1:05.70 34.66	150m: 1:41.45	35.75	200m: 2:17.83	36.38	
2.	Carlos Guimaraes Goncalves	70	123664	Fluvial Portuense	2:22.32		575	
	50m: 32.32 32.32		100m: 1:07.56 35.24	150m: 1:44.21	36.65	200m: 2:22.32	38.11	
3.	Joao Nuno Barreto	71	116960	Academica de Coimbra	2:23.65		559	
	50m: 33.66 33.66		100m: 1:11.13 37.47	150m: 1:47.88	36.75	200m: 2:23.65	35.77	
4.	Francisco Santos Barros	72	108661	Colegio Monte Maior	2:36.73		430	
	50m: 34.98 34.98		100m: 1:13.54 38.56	150m: 1:55.13	41.59	200m: 2:36.73	41.60	
5.	Vitor Santos Teixeira	71	122544	Galitos	2:43.74		377	
	50m: 36.68 36.68		100m: 1:16.54 39.86	150m: 2:00.75	44.21	200m: 2:43.74	42.99	
6.	Nuno Filipe Barros	71	105839	Natacao da Maia	2:51.35		329	
	50m: 36.83 36.83		100m: 1:19.28 42.45	150m: 2:05.41	46.13	200m: 2:51.35	45.94	
7.	Jose Manuel Brandao	70	14395	Desportiva de Viana	2:56.46		301	
	50m: 40.03 40.03		100m: 1:23.53 43.50	150m: 2:10.19	46.66	200m: 2:56.46	46.27	
8.	Paulo Jorge Reis	70	117165	Funcao Publica	2:57.25		297	
	50m: 39.29 39.29		100m: 1:23.51 44.22	150m: 2:10.65	47.14	200m: 2:57.25	46.60	
9.	Antonio Manuel Santinha	69	100477	Masters de Almada	2:59.79		285	
	50m: 40.41 40.41		100m: 1:26.38 45.97	150m: 2:13.94	47.56	200m: 2:59.79	45.85	
10.	Francisco Goncalves Malheiro	69	110272	Desportiva de Viana	3:11.76		235	
	50m: 40.63 40.63		100m: 1:28.60 47.97	150m: 2:19.73	51.13	200m: 3:11.76	52.03	
11.	Antonio Humberto Goncalves	72	119499	Nacional da Madeira	3:23.08		198	
	50m: 42.01 42.01		100m: 1:32.51 50.50	150m: 2:28.89	56.38	200m: 3:23.08	54.19	
12.	Augusto Mariano Soares	72	117424	Ginasio Santo Tirso	3:55.25		127	
	50m: 49.81 49.81		100m: 1:50.17 1:00.36	150m: 2:54.66	1:04.49	200m: 3:55.25	1:00.59	
DNS	Jose Pedro Viana	69	117496	Ginasio de Vila Real				

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Prova 20, Masc., 200m Livres

Master Esc E

1.	Pedro Alexandre Fernando	67	11177	Academica de Coimbra	2:21.79	645
	50m: 33.49 33.49	100m: 1:09.91 36.42	150m: 1:46.32 36.41	200m: 2:21.79 35.47		
2.	Jose Samuel Duarte	65	120465	Sporting	2:25.70	595
	50m: 34.37 34.37	100m: 1:11.33 36.96	150m: 1:48.31 36.98	200m: 2:25.70 37.39		
3.	Fernando Antonio Xavier	65	102469	Porto	2:29.45	551
	50m: 31.72 31.72	100m: 1:09.25 37.53	150m: 1:49.08 39.83	200m: 2:29.45 40.37		
4.	Ralf Pinto Soares	64	26786	Nadadores dos Estoris	2:35.86	486
	50m: 36.32 36.32	100m: 1:15.73 39.41	150m: 1:55.55 39.82	200m: 2:35.86 40.31		
5.	Armando Joao Costa	63	12262	Pimpoes/Cimai	2:38.05	466
	50m: 35.84 35.84	100m: 1:17.30 41.46	150m: 1:58.72 41.42	200m: 2:38.05 39.33		
6.	Paulo Alexandre Neves	66	112616	Leixoes	2:45.44	406
	50m: 38.98 38.98	100m: 1:20.31 41.33	150m: 2:03.88 43.57	200m: 2:45.44 41.56		
7.	Emanuel Araujo Marques	64	109267	Natacao da Maia	3:05.82	286
	50m: 40.79 40.79	100m: 1:26.56 45.77	150m: 2:15.85 49.29	200m: 3:05.82 49.97		
8.	Rui Manuel Velez	64	122972	Luz e Vida	3:09.46	270
	50m: 40.80 40.80	100m: 1:26.78 45.98	150m: 2:17.27 50.49	200m: 3:09.46 52.19		
9.	Fernando Manuel Serra	64	100451	Millennium BCP	3:12.97	256
	50m: 42.61 42.61	100m: 1:30.80 48.19	150m: 2:21.83 51.03	200m: 3:12.97 51.14		
DNS	Jose Pedro Dias	63	120850	Nacional de Natacao		
DNS	Jose Carlos Freitas	63	111877	Fluvial Portuense		

Master Esc F

1.	Paulo Paula Carvalho	61	25645	Uniao Piedense	2:14.85	783
	50m: 31.94 31.94	100m: 1:06.53 34.59	150m: 1:40.79 34.26	200m: 2:14.85 34.06		
2.	Jaime Carlos Bento	61	118614	Alges	2:18.62	721
	50m: 31.53 31.53	100m: 1:06.29 34.76	150m: 1:42.46 36.17	200m: 2:18.62 36.16		
3.	Jose Manuel Vieira	58	109259	Nacional da Madeira	2:40.43	465
	50m: 36.28 36.28	100m: 1:16.72 40.44	150m: 1:59.44 42.72	200m: 2:40.43 40.99		
4.	Antonio Costa Raposo	58	112606	Portinado	2:57.04	346
	50m: 40.13 40.13	100m: 1:24.48 44.35	150m: 2:11.17 46.69	200m: 2:57.04 45.87		
5.	Antonio Coelho Moura	60	109037	Pimpoes/Cimai	2:58.81	336
	50m: 40.81 40.81	100m: 1:24.73 43.92	150m: 2:11.80 47.07	200m: 2:58.81 47.01		
6.	Teofilo Manuel Relvas	58	120556	Vilacondense	3:05.81	299
	50m: 40.19 40.19	100m: 1:27.04 46.85	150m: 2:17.48 50.44	200m: 3:05.81 48.33		

Master Esc G

1.	Vitor Manuel Mavioso <i>Rec Nac Cat G</i>	56	100689	Alges	2:28.10	704
	50m: 32.88 32.88	100m: 1:09.28 36.40	150m: 1:48.29 39.01	200m: 2:28.10 39.81		
2.	Mario Jose Pinto	57	12387	Individual Coimbra	2:35.60	607
	50m: 35.77 35.77	100m: 1:14.60 38.83	150m: 1:56.18 41.58	200m: 2:35.60 39.42		
3.	Carlos Alberto Serra	55	116884	Luz e Vida	2:40.46	554
	50m: 36.86 36.86	100m: 1:17.30 40.44	150m: 1:58.73 41.43	200m: 2:40.46 41.73		
4.	Fernando Manuel Damas	53	125441	Alges	3:18.91	290
	50m: 45.78 45.78	100m: 1:35.75 49.97	150m: 2:27.95 52.20	200m: 3:18.91 50.96		
5.	Jose Carlos Neto	53	14471	Ginasio Figueirense	3:42.85	206
	50m: 48.41 48.41	100m: 1:43.31 54.90	150m: 2:43.72 1:00.41	200m: 3:42.85 59.13		

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Prova 20, Masc., 200m Livres

Master Esc H

1. Antonio Manuel Tavares	51	100700	Funcao Publica	3:20.16	351
50m: 46.21 46.21	100m: 1:36.92	50.71	150m: 2:29.17	52.25	200m: 3:20.16 50.99
2. Daniel Sobral Rabiais	50	13766	Pimpoes/Cimai	3:53.53	221
50m: 47.38 47.38	100m: 1:44.55	57.17	150m: 2:48.59	1:04.04	200m: 3:53.53 1:04.94

Master Esc I

1. Luis Vidigal Salgueiro	45	119671	Alges	3:02.29	542
50m: 39.72 39.72	100m: 1:24.88	45.16	150m: 2:12.78	47.90	200m: 3:02.29 49.51
2. Jose Joaquim Marreiros	46	120970	Alges	3:50.61	267
50m: 52.04 52.04	100m: 1:53.18	1:01.14	150m: 2:54.02	1:00.84	200m: 3:50.61 56.59

Prova 21

Femin., 100m Bruços

25 - 89 anos

29-01-2012 - 10:20

Resultados

RN Esc A(25-29)	1:17.11	Isabel Maria Figueira	CNFA	Caldas da Rainha	05-04-2008
RN Esc B(30-34)	1:13.31	Isabel Maria Figueira	CNFA	Mealhada	30-01-2010
RN Esc C(35-39)	1:24.56	Ana Paula Grilo	UDCA	Palma Maiorca (ESP)	23-04-2006
RN Esc D(40-44)	1:25.59	Maria Helena Carmo	CNCVG	Mealhada	30-01-2010
RN Esc E(45-49)	1:27.32	Amelia Ponte Galhardo	CCDCML	Torres Novas	31-01-2009
RN Esc F(50-54)	1:35.41	Elena Nikolaevna Kraeva	CIMM	Lisboa	27-02-2011
RN Esc G(55-59)	1:39.21	Ana Moura Relvas	AAC	Ponte de Sor	30-01-2011
RN Esc H(60-64)	1:49.37	Ana Maria Ferreira	ANE	Lisboa	21-02-2010
RN Esc I(65-69)	2:08.34	Nair Gomes Sa	ANE	Caldas da Rainha	19-02-2005
RN Esc J(70-74)	2:16.24	Isabel Maria Raimundo	SAD	Lisboa	27-02-2011
RN Esc K(75-79)	3:19.53	Maria Augusta Neves	LSC	Caldas da Rainha	11-06-2011
RN Esc L(80-84)	59:00.00				
RN Esc M(85-89)	59:00.00				

Pontos: DSV Masters 04

Lugar Nome Ano NFed Clube Tempo Final TReac Pts FINA Pts

Master Esc A

1. Catia Santos Ramalho	86	23275	Natacao da Maia	1:23.01	618
50m: 38.62 38.62	100m: 1:23.01	44.39			
2. Catia Marisa Valente	84	112512	Luz e Vida	1:24.39	588
50m: 39.85 39.85	100m: 1:24.39	44.54			
3. Catarina Vidreiro Fernandes	83	124847	Galitos	1:34.23	422
50m: 45.14 45.14	100m: 1:34.23	49.09			
4. Ana Catarina Milhazes	85	119706	Vitoria de Guimaraes	1:50.13	264
50m: 52.26 52.26	100m: 1:50.13	57.87			

Master Esc B

1. Ana Rita Fernandes	79	105109	Academica de Coimbra	1:39.92	364
50m: 45.82 45.82	100m: 1:39.92	54.10			
2. Joana Merca Saraiva	80	125343	Luz e Vida	1:41.01	353
50m: 47.88 47.88	100m: 1:41.01	53.13			
3. Sofia Marques Pereira	78	124935	Colegio Monte Maior	1:49.27	278
50m: 51.76 51.76	100m: 1:49.27	57.51			

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Prova 21, Femin., 100m Bruços

Master Esc C

1. Patricia Vanessa Rossetto	77	112631	Portinado	1:44.81	354
50m: 48.69 48.69	100m: 1:44.81	56.12			
2. Carla Alexandra Ferreira	76	111575	Pimpoes/Cimai	1:47.87	325
50m: 50.02 50.02	100m: 1:47.87	57.85			

Master Esc D

1. Isabel Maria Magano	68	118887	Leixoes	1:35.73	483
50m: 44.26 44.26	100m: 1:35.73	51.47			
2. Elisabete Maria Rosa	69	106153	Pimpoes/Cimai	1:37.77	453
50m: 45.59 45.59	100m: 1:37.77	52.18			
3. Isabel Maria Lima	69	125468	Fluvial Portuense	2:02.39	231
50m: 56.12 56.12	100m: 2:02.39	1:06.27			
4. Vera Lucia Oliveira	71	119636	Galitos	2:06.26	210
50m: 56.66 56.66	100m: 2:06.26	1:09.60			
5. Ana Bernardo Barbara	70	116656	Portinado	2:14.53	174
50m: 1:00.69 1:00.69	100m: 2:14.53	1:13.84			

Master Esc E

1. Maria Regina Mendes	65	26842	Fluvial Portuense	1:38.82	516
50m: 45.61 45.61	100m: 1:38.82	53.21			
2. Maria Joao Taborda	67	123373	Porto	1:39.15	511
50m: 45.57 45.57	100m: 1:39.15	53.58			
3. Isabel Aguiar Leite	63	102668	Fluvial Portuense	1:57.47	307
50m: 54.70 54.70	100m: 1:57.47	1:02.77			
4. Paula Margarida Almeida	63	103979	Ginasio Figueirense	2:09.64	228
50m: 1:01.95 1:01.95	100m: 2:09.64	1:07.69			

Master Esc F

1. Elena Nikolaevna Kraeva	61	14173	Colegio Monte Maior	1:34.52	685
<i>Rec Nac Cat F</i>					
50m: 45.12 45.12	100m: 1:34.52	49.40			
2. Maria Fatima Coelho	60	109032	Academica de Coimbra	1:49.23	444
50m: 50.10 50.10	100m: 1:49.23	59.13			
3. Wanda Maria Gao	62	110847	CCD Lagos/Multi	1:51.31	420
50m: 52.49 52.49	100m: 1:51.31	58.82			
4. Anette Kind	61	120501	Leixoes	1:52.20	410
50m: 53.54 53.54	100m: 1:52.20	58.66			
5. Maria Luisa Oliveira	61	11731	Academica de Coimbra	2:00.24	333
50m: 55.70 55.70	100m: 2:00.24	1:04.54			
6. Maria Teresa Pinto	61	120500	Leixoes	2:00.52	330
50m: 57.25 57.25	100m: 2:00.52	1:03.27			
7. Maria Gabriela Cardanho	62	100129	Ginasio Figueirense	2:17.39	223
50m: 1:04.51 1:04.51	100m: 2:17.39	1:12.88			

DSQ Gracinda Maria Machado 61 117386 Ginasio Santo Tirso
723 - Na chegada tocou com uma mão - SW 7.6

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Prova 21, Femin., 100m Bruços

Master Esc G

1.	Ana Moura Relvas <i>Rec Nac Cat G</i>	56	12124	Academica de Coimbra	1:37.40	720
	50m: 45.92 45.92			100m: 1:37.40 51.48		
2.	Maria Felix Ferreira	54	112081	Alges	1:58.19	403
	50m: 57.78 57.78			100m: 1:58.19 1:00.41		
3.	Eduarda Manuel Correia	54	117438	Vitoria de Guimaraes	2:00.13	383
	50m: 58.13 58.13			100m: 2:00.13 1:02.00		
4.	Maria Margarida Torres	55	119225	Academica de Coimbra	2:00.60	379
	50m: 57.31 57.31			100m: 2:00.60 1:03.29		
DNS	Maria Carmo Rocha	54	118886	Leixoes		

Master Esc I

1.	Maria Van der Eecken	45	122496	Portinado	3:33.60	94
	50m: 1:44.03 1:44.03			100m: 3:33.60 1:49.57		

Master Esc J

1.	Isabel Maria Raimundo <i>Rec Nac Cat J</i>	40	120852	Alges	2:11.96	431
	50m: 1:00.71 1:00.71			100m: 2:11.96 1:11.25		

DNS Nair Gomes Sa 39 13404 Nadadores dos Estoris

Prova 22

Masc., 50m Bruços

25 - 89 anos

29-01-2012 - 10:35

Resultados

RN Esc A(25-29)	30.60	Daniel Ribeiro Mendes	SFUAP	Ponte de Sôr	28-05-2006
RN Esc B(30-34)	30.73	Goncalo Filipe Pereira	CGA	Torres Novas	31-01-2009
RN Esc C(35-39)	31.01	Rodolfo Pereira Nunes	GESP	Ponte da Barca	01-03-2008
RN Esc D(40-44)	32.65	Germano Oliveira Velha	ANE	Águas Santas	01-06-2005
RN Esc E(45-49)	33.98	Germano Oliveira Velha	ANE	Ponte de Sôr	24-02-2007
RN Esc F(50-54)	34.45	Germano Oliveira Velha	CNLA	Sines	07-01-2012
RN Esc G(55-59)	38.54	Jose Sarsfield Cabral	AAC	Caldas da Rainha	16-05-2004
RN Esc H(60-64)	38.86	Joaquim Fidalgo Freitas	AAC	Madrid (ESP)	27-01-2007
RN Esc I(65-69)	40.50	Antonio Bessone Basto	SAD	Ponte da Barca	16-05-2010
RN Esc J(70-74)	43.07	Leonel Sousa Gomes	SAD	Guarda	18-06-2000
RN Esc K(75-79)	44.47	Leonel Sousa Gomes	SFP	Ponte da Barca	12-06-2005
RN Esc L(80-84)	51.47	Leonel Sousa Gomes	AAC	Mealhada	30-01-2010
RN Esc M(85-89)	2:32.90	Ilidio Pintadinho Santos	PORTIN	Ponte de Sor	30-01-2011

Pontos: DSV Masters 04

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
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Master Esc A

1.	Hugo Alexandre Amaral	87	12641	Portinado	31.23	743
2.	Pedro Alexandre Pacheco	87	125447	Estrelas S. Joao de Brito	32.20	678
3.	Joao Pedro Marques	87	11098	Estrelas S. Joao de Brito	33.32	612
4.	Carlos Miguel Costa	86	102464	Gespacos	33.50	602
5.	Joaquim Marcelino Conde	86	120979	Luz e Vida	34.58	547
6.	Tiago Miguel Lima	83	110309	Luz e Vida	39.77	359

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Prova 22, Masc., 50m Bruços

Master Esc B

1.	Luis Paulo Gomes	82	10575	Nacional da Madeira	34.16	641
2.	Pedro Alexandre Sousa	82	123374	Porto	34.17	640
3.	Andre Filipe Fialho	82	10059	Pimpoes/Cimai	35.21	585
4.	Celso Filipe Assuncao	78	125458	Galitos	35.28	582
5.	Antonio Augusto Vilela	80	123588	Millennium BCP	36.44	528
6.	Eduardo Jose Amaral	78	12261	Pimpoes/Cimai	37.14	499
7.	Ricardo Manuel Lobo	80	118904	Vitoria de Guimaraes	37.36	490
8.	Henrique Manuel Graca	79	100911	Estrelas S. Joao de Brito	39.43	417
9.	Andre Doria Tavares	79	124734	Fluvial Portuense	40.09	396
10.	Jose Orlando Novais	78	110370	Vitoria de Guimaraes	40.59	382
11.	Edgar Manuel Guimaraes	80	110317	Vitoria de Guimaraes	41.20	365
12.	Mario Rui Rodrigues	78	124704	Leixoes	41.69	352
13.	Joao Carlos Malta	82	120612	Natacao da Maia	42.65	329
14.	Rui Santos Cacoete	82	120584	Ginasio Figueirense	49.20	214
DSQ	Eduardo Ferreira Marques	79	119623	Portinado		
<i>729 - Movimento alternado pernas após a partida - SW 7.4</i>						
DNS	David Oliveira Gorgulho	82	11302	Litoral Alentejano		

Master Esc C

1.	Rodolfo Pereira Nunes	73	25137	Gespacos	31.46	768
2.	Ricardo Zamith Passos	75	103229	Naval Povoense	31.95	733
3.	Osvaldo Roseira Mateus	76	24888	Nacional da Madeira	33.57	632
4.	Bruno Azevedo Igreja	76	123496	Vilacondense	34.38	588
5.	Rui Gabriel Custodio	75	26125	Naval da Nazare	36.20	504
6.	Jose Bessa Oliveira	75	125188	Ginasio de Vila Real	38.05	434
7.	Alvaro Jose Pinheiro	75	124687	Universitario do Porto	39.48	388
8.	Antonio Goarmon Costa	75	105543	Nacional de Natacao	40.43	361
9.	Paulo Viana Santos	75	122497	Portinado	41.77	328
10.	Camilo Moreira Goncalves	74	106812	Colegio SMLamas	42.76	305
11.	Jose Carlos Salgado	74	110371	Vitoria de Guimaraes	43.37	293
DNS	Alexander Ramos Esteves	77	14673	Ginasio de Vila Real		
DNF	Rodrigo Marques Costa	76	11306	Litoral Alentejano		

Master Esc D

1.	Joao Miguel Faria	71	118892	Leixoes	36.33	535
2.	Nuno Filipe Melo	70	121581	Galitos	38.55	448
3.	Luis Miguel Xavier	72	125446	Estrelas S. Joao de Brito	42.31	338
4.	Antonio Manuel Santinha	69	100477	Masters de Almada	43.49	312
	Carlos Manuel Dias	69	119240	CCD Lagos/Multi	43.49	312
6.	Abilio Manuel Antonio	72	12531	Pimpoes/Cimai	43.82	305
7.	Francisco Antonio Ferraz	70	123940	Pimpoes/Cimai	44.41	293
8.	Fernando Manuel Santana	68	120532	Colegio Monte Maior	45.06	280
9.	Dionisio Miguel Silva	71	110458	Vitoria de Guimaraes	47.73	236
10.	Jose Carlos Lima	72	26113	Desportiva de Viana	55.18	152
11.	Afonso Jorge Pereira	69	124696	Natacao da Maia	58.63	127

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Prova 22, Masc., 50m Bruços

Master Esc E

1.	Jose Samuel Duarte	65	120465	Sporting	34.06	733
2.	Ralf Pinto Soares	64	26786	Nadadores dos Estoris	37.57	546
3.	Gustavo Ferreira Basto	67	103219	Galitos	38.42	511
4.	Martin Bernhard	65	109794	BA/Mr.Pizza	39.20	481
5.	Joao Manuel Silva	63	13256	Millennium BCP	40.30	442
6.	Joao Paulo Almeida	64	10797	Ginasio Figueirense	42.64	373
7.	Adriano Manuel Barradas	65	119366	Millennium BCP	45.87	300
8.	Fernando Manuel Serra	64	100451	Millennium BCP	46.83	282

Master Esc F

1.	Germano Oliveira Velha	62	13392	Litoral Alentejano	34.65	802
2.	Alberto Nuno Espinheiro	62	106811	Colegio SMLamas	41.82	456
3.	Manuel da Cruz Lima	59	14389	Desportiva de Viana	49.81	270
DSQ	Jose Carlos Rosa	60	125289	Litoral Alentejano		
	<i>729 - Movimento alternado pernas após a partida - SW 7.4</i>					
DSQ	Manuel Jose Romariz	59	26843	Leixoes		
	<i>722 - Tocou com uma mão na parede na viragem aos 25 m - SW 7.6</i>					

Master Esc G

1.	Jose Santos Silva	57	14638	Natacao da Maia	36.06	781
	<i>Rec Nac Cat G</i>					
2.	Antonio Alves Cecilio	54	100919	Gespacos	42.74	469
3.	Joao Casaleiro Costa	55	124959	Academica de Coimbra	44.94	403
4.	Joaquim Jesus Silva	53	122603	Alges	45.17	397
5.	Jose Henrique Madail	54	119658	Galitos	45.72	383
6.	Ricardo Jorge Osorio	56	102095	Gespacos	46.00	376
7.	Jose Carlos Neto	53	14471	Ginasio Figueirense	47.13	349
8.	Domingos Silva Lages	55	14381	Desportiva de Viana	50.11	291
9.	Jose Luis Morgado	54	124934	Fluvial Portuense	50.28	288

Master Esc H

1.	Jose Sarsfield Cabral	49	12228	Academica de Coimbra	40.11	623
2.	Mario Gomes Bairrada	52	100885	Nadadores dos Estoris	47.63	372
3.	Walter Emunds	52	119622	Portinado	48.81	345
4.	Antonio Manuel Ferreira	48	123326	Alges	52.79	273

Master Esc I

1.	Joaquim Fidalgo Freitas	47	11231	Academica de Coimbra	40.92	691
2.	Luis Silveira Viegas	47	104917	Nadadores dos Estoris	47.33	447
3.	Alexandre Azevedo Gaspar	45	119670	Alges	47.39	445

Master Esc J

1.	Manuel Monteiro Tenreiro	40	11175	Academica de Coimbra	1:04.29	210
DNS	Oscar Antonio Costa	39	117010	Galitos		

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Prova 22, Masc., 50m Bruços

Master Esc K

1. Joao Rodrigues Teixeira 37 100127 Academica de Coimbra **56.22** 362

Master Esc L

1. Leonel Sousa Gomes 30 25633 Alges **1:14.19** 223

Prova 23

Femin., 50m Mariposa

25 - 89 anos

29-01-2012 - 10:50

Resultados

RN Esc A(25-29)	31.26	Alexandra Filipa Martins	AAC	Cantanhede	26-05-2007
RN Esc B(30-34)	30.67	Ana Paula Grilo	UDCA	Palma de Maiorca (ESP)	27-04-2003
RN Esc C(35-39)	31.11	Ana Paula Grilo	UDCA	Inatel	08-04-2006
RN Esc D(40-44)	33.69	Ana Paula Grilo	INDALEN	Sines	08-01-2011
RN Esc E(45-49)	33.60	Elena Alarcon Gamonal	CNFA	Cantanhede	26-05-2007
RN Esc F(50-54)	33.21	Elena Alarcon Gamonal	CNFA	PALMA MALLORCA (ESP)	30-04-2011
RN Esc G(55-59)	39.82	Ana Maria Ferreira	INDANL	Inatel	10-05-2008
RN Esc H(60-64)	41.05	Ana Maria Ferreira	SAD	Mealhada	31-01-2010
RN Esc I(65-69)	1:07.84	Nair Gomes Sa	ANE	Anadia	03-07-2005
RN Esc J(70-74)	59:00.00				
RN Esc K(75-79)	59:00.00				
RN Esc L(80-84)	59:00.00				
RN Esc M(85-89)	59:00.00				

Pontos: DSV Masters 04

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
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Master Esc A

1. Diana Raquel Pacheco 84 117321 Leixoes **33.13** 681

Master Esc B

1. Mariana Basto Teixeira 81 124732 Fluvial Portuense **35.40** 540
2. Elsa Maria Fumega 78 119665 Leixoes **37.26** 463

Master Esc C

1. Sara Mendonca Graca 77 121785 Colegio Monte Maior **35.20** 573
2. Sandra Santa Barbara 75 104504 Ginasio Santo Tirso **36.06** 533

Master Esc D

1. Carla Joana Macieirinha 71 120494 Ginasio de Vila Real **39.29** 430
2. Claudia Pereira Reis 68 117023 Ginasio Figueirense **48.19** 233
3. Cristina Fernandes Silva 71 116958 Academica de Coimbra **51.30** 193

Master Esc E

1. Maria Adriana Viseu 66 26830 Leixoes **40.14** 438
DNS Rosalina Bessa Babo 67 108036 Porto

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Prova 23, Femin., 50m Mariposa

Master Esc F

1. Eugenia Maria Cunha	62	26546	Academica de Coimbra	36.77	721
2. Maria Santos Fernandes	62	105263	Leixoes	43.57	433

Master Esc G

1. Ana Paula Ferreira	56	13641	Funcao Publica	44.17	438
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Master Esc H

1. Ana Maria Ferreira Rec Nac Cat H	50	100434	Alges	40.19	754
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Prova 24

Masc., 100m Mariposa

25 - 89 anos

29-01-2012 - 10:50

Resultados

RN Esc A(25-29)	57.10	Fabio Manuel Pereira	CFV	Fafe	18-06-2011
RN Esc B(30-34)	58.42	Pedro Miguel Silva	CFV	Cantanhede	26-05-2007
RN Esc C(35-39)	59.12	Pedro Miguel Silva	CFV	Ponte de Sor	30-01-2011
RN Esc D(40-44)	1:00.74	Jorge Eduardo Faria	ANE	Cantanhede	26-05-2007
RN Esc E(45-49)	1:00.13	Jorge Eduardo Faria	ANE	Lisboa	31-05-2009
RN Esc F(50-54)	1:04.30	Paulo Paula Carvalho	SFUAP	Lisboa	27-02-2011
RN Esc G(55-59)	1:18.11	Vitor Manuel Mavioso	SAD	Sines	08-01-2011
RN Esc H(60-64)	1:20.21	Orlando Gomes Bairrada	ANE	Caldas da Rainha	05-04-2008
RN Esc I(65-69)	1:20.21	Orlando Gomes Bairrada	ANE	Caldas da Rainha	05-04-2008
RN Esc J(70-74)	1:55.21	Antonio Alexandre Rodrigues	INDANL	Lisboa	19-03-2011
RN Esc K(75-79)	59:00.00				
RN Esc L(80-84)	59:00.00				

Pontos: DSV Masters 04

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
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Master Esc A

1. Carlos Fernandes Queiros	86	118205	Ginasio de Vila Real	59.33	820
50m: 27.58 27.58	100m: 59.33 31.75				
2. Sergio Miguel Manso	84	103981	Funcao Publica	1:09.90	501
50m: 32.54 32.54	100m: 1:09.90 37.36				
DNS Joao Dias Cardoso	87	11187	Estrelas S. Joao de Brito		
DNS Pedro Alexandre Pacheco	87	125447	Estrelas S. Joao de Brito		

Master Esc B

1. Rui Manuel Pinto	79	106876	Leixoes	1:08.56	536
50m: 30.39 30.39	100m: 1:08.56 38.17				
2. Jorge Jesus Bandeira	82	118959	Ginasio Figueirense	1:09.04	525
50m: 32.04 32.04	100m: 1:09.04 37.00				
3. Juan Carlos Briceno	82	118958	Academica de Coimbra	1:20.20	335
50m: 35.55 35.55	100m: 1:20.20 44.65				
4. Eduardo Jose Amaral	78	12261	Pimpoes/Cimai	1:23.51	297
50m: 38.53 38.53	100m: 1:23.51 44.98				
5. Antonio Manuel Ligeiro	79	119181	Galitos	1:26.63	266
50m: 37.50 37.50	100m: 1:26.63 49.13				
6. Antonio Rogerio Teixeira	82	124191	Gespacos	2:13.03	73
50m: 54.43 54.43	100m: 2:13.03 1:18.60				

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Prova 24, Masc., 100m Mariposa

Master Esc C

1. Alexander Ramos Esteves	77	14673	Ginasio de Vila Real	1:03.75	717
50m: 29.37 29.37	100m: 1:03.75 34.38				
2. Pedro Nuno Braga	74	105530	Natacao da Maia	1:09.23	560
50m: 32.02 32.02	100m: 1:09.23 37.21				
3. Tiago Graca Costa	76	102569	Leixoes	1:11.29	513
50m: 33.25 33.25	100m: 1:11.29 38.04				
DNS Alex Tona	73	110456	Colegio SMLamas		
DNS Tiago Freitas Teles	75	120841	Alges		

Master Esc D

1. Paulo Guilherme Martins	68	10798	Ginasio Figueirense	1:13.03	518
50m: 33.99 33.99	100m: 1:13.03 39.04				
2. Fernando Antonio Rothes	70	25182	Fluvial Portuense	1:17.88	427
50m: 33.46 33.46	100m: 1:17.88 44.42				
3. Ricardo Jorge Fernandes	72	14684	Porto	1:21.52	372
50m: 39.51 39.51	100m: 1:21.52 42.01				
4. Jose Salvador Faustino	68	119678	Portinado	1:24.17	338
50m: 35.94 35.94	100m: 1:24.17 48.23				
5. Miguel Ferreira Santos	72	123613	Porto	1:32.63	254
50m: 38.57 38.57	100m: 1:32.63 54.06				
6. Francisco Jose Figueiredo	68	102554	Ginasio Santo Tirso	1:38.54	211
50m: 42.88 42.88	100m: 1:38.54 55.66				
7. Abilio Manuel Antonio	72	12531	Pimpoes/Cimai	1:41.57	192
50m: 44.50 44.50	100m: 1:41.57 57.07				
DNF Rui Pedro Carvalho	68	123832	Individual Norte de Portugal		

Master Esc E

1. Jorge Eduardo Faria	64	26605	Alges	1:01.96	970
50m: 29.16 29.16	100m: 1:01.96 32.80				

Master Esc F

1. Paulo Paula Carvalho	61	25645	Uniao Piedense	1:06.08	873
50m: 31.60 31.60	100m: 1:06.08 34.48				

Master Esc G

1. Vitor Manuel Mavioso	56	100689	Alges	1:17.59	571
<i>Rec Nac Cat G</i>					
50m: 36.15 36.15	100m: 1:17.59 41.44				
2. Antonio Prestes Pires	56	120943	Academica de Coimbra	1:26.87	406
50m: 41.15 41.15	100m: 1:26.87 45.72				

Master Esc H

1. Domingos Pinto Coelho	52	100453	Alges	2:06.04	171
50m: 57.58 57.58	100m: 2:06.04 1:08.46				
DNS Mario Gomes Bairrada	52	100885	Nadadores dos Estoris		

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Prova 24, Masc., 100m Mariposa

Master Esc I

1. Orlando Gomes Bairrada	45	13466	Nadadores dos Estoris	1:31.01	584
50m: 40.80 40.80	100m: 1:31.01	50.21			

Prova 25

Femin., 100m Estilos

25 - 89 anos

29-01-2012 - 11:10

Resultados

RN Esc A(25-29)	1:12.39	Andreia Silva Martins	CNMAL	Inatel	13-04-2008
RN Esc B(30-34)	1:09.32	Ana Paula Grilo	UDCA	Palma de Maiorca (ESP)	27-04-2003
RN Esc C(35-39)	1:10.07	Ana Paula Grilo	UDCA	Inatel	09-04-2006
RN Esc D(40-44)	1:12.26	Ana Paula Grilo	INDALEN	Ponte da Barca	16-05-2010
RN Esc E(45-49)	1:15.33	Elena Alarcon Gamonal	CNFA	Caldas da Rainha	05-04-2008
RN Esc F(50-54)	1:17.33	Elena Alarcon Gamonal	CNFA	PALMA MALLORCA (ESP)	01-05-2011
RN Esc G(55-59)	1:30.71	Ana Maria Ferreira	INDANL	Inatel	10-05-2008
RN Esc H(60-64)	1:33.90	Ana Maria Ferreira	ANE	Lisboa	22-05-2010
RN Esc I(65-69)	2:14.67	Celia Stichini Quartin	PIMP	Caldas da Rainha	25-04-2010
RN Esc J(70-74)	2:09.73	Isabel Maria Raimundo	SAD	Lisboa	16-04-2011
RN Esc K(75-79)	59:00.00				
RN Esc L(80-84)	59:00.00				

Pontos: DSV Masters 04

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
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Master Esc A

1. Carolina Santos Silva	86	23208	Natacao da Maia	1:12.51		740
50m: 33.54 33.54	100m: 1:12.51	38.97				
2. Catia Marisa Valente	84	112512	Luz e Vida	1:15.02		668
50m: 34.25 34.25	100m: 1:15.02	40.77				
3. Catarina Vidreiro Fernandes	83	124847	Galitos	1:23.57		483
50m: 39.17 39.17	100m: 1:23.57	44.40				

DNS Ana Sofia Dias 86 123667 Portinado

Master Esc B

1. Joana Merca Saraiva	80	125343	Luz e Vida	1:31.25		361
50m: 43.14 43.14	100m: 1:31.25	48.11				
2. Marta Martins Ferreira	79	100683	Funcao Publica	1:31.87		354
50m: 42.27 42.27	100m: 1:31.87	49.60				

Master Esc C

1. Maria Luisa Costa	74	119218	Leixoes	1:14.96		736
50m: 34.37 34.37	100m: 1:14.96	40.59				
2. Patricia Vanessa Rossetto	77	112631	Portinado	1:34.82		363
50m: 45.82 45.82	100m: 1:34.82	49.00				
3. Carla Alexandra Ferreira	76	111575	Pimpoes/Cimai	1:53.69		211
50m: 56.64 56.64	100m: 1:53.69	57.05				

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Prova 25, Femin., 100m Estilos

Master Esc D

1.	Maria Manuela Sequeira	68	109962	Academica de Coimbra	1:30.40	432
	50m: 43.67 43.67		100m: 1:30.40 46.73			
2.	Elisabete Maria Rosa	69	106153	Pimpoes/Cimai	1:35.39	368
	50m: 47.79 47.79		100m: 1:35.39 47.60			
3.	Fernanda Maria Santinha	72	100478	Masters de Almada	1:47.31	258
	50m: 52.13 52.13		100m: 1:47.31 55.18			
4.	Vera Lucia Oliveira	71	119636	Galitos	1:57.64	196
	50m: 1:00.57 1:00.57		100m: 1:57.64 57.07			
5.	Ana Bernardo Barbara	70	116656	Portinado	2:01.56	178
	50m: 56.25 56.25		100m: 2:01.56 1:05.31			

Master Esc E

1.	Maribel Santos Fernandes	65	26829	Leixoes	1:23.29	638
	50m: 38.69 38.69		100m: 1:23.29 44.60			
2.	Alexandra Maria Silva	67	117413	Porto	1:26.35	573
	50m: 41.31 41.31		100m: 1:26.35 45.04			
3.	Ana Cristina Lobo	66	103983	Natacao da Maia	1:27.03	559
	50m: 40.90 40.90		100m: 1:27.03 46.13			
4.	Maria Margarida Urbano	63	11355	Academica de Coimbra	1:29.15	520
	50m: 41.29 41.29		100m: 1:29.15 47.86			
5.	Maria Fernanda Goncalves	66	117412	Porto	1:29.86	508
	50m: 40.83 40.83		100m: 1:29.86 49.03			
6.	Cristina Isabel Machado	67	108513	Academico Viseu	1:45.65	312
	50m: 53.27 53.27		100m: 1:45.65 52.38			
DSQ	Carla Vale Lenzi	67	25647	Nadadores dos Estoris		
	<i>610 - Efetuou viragem aos 50 metros na posição ventral</i>					

Master Esc G

1.	Isabel Costa Monteiro	53	11174	Academica de Coimbra	1:49.19	357
	50m: 53.76 53.76		100m: 1:49.19 55.43			

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Prova 26 Masc., 100m Costas 25 - 89 anos
29-01-2012 - 11:15 Resultados

RN Esc A(25-29)	1:00.87	David Oliveira Gorgulho	CNLA	Caldas da Rainha	05-04-2008
RN Esc B(30-34)	59.83	Edison Fortunato Junior	CNFA	Torres Novas	31-01-2009
RN Esc C(35-39)	1:05.25	Paulo Manuel Trindade	SFP	Anadia	31-05-2003
RN Esc D(40-44)	1:02.59	Jorge Eduardo Faria	ANE	Cantanhede	26-05-2007
RN Esc E(45-49)	1:02.52	Jorge Eduardo Faria	ANE	Lisboa	30-05-2009
RN Esc F(50-54)	1:10.26	Paulo Paula Carvalho	SFUAP	Ponte de Sor	30-01-2011
RN Esc G(55-59)	1:19.07	Vitor Manuel Mavioso	SAD	Lisboa	26-02-2011
RN Esc H(60-64)	1:27.05	Antonio Cruz Meyrelles	SFP	Inatel	14-02-2009
RN Esc I(65-69)	1:21.35	Antonio Bessone Basto	SAD	Lisboa	21-04-2011
RN Esc I(65-69)	1:21.35	Antonio Bessone Basto	CCDS	Lisboa	21-05-2011
RN Esc J(70-74)	1:54.77	Antonio Alexandre Rodrigues	AAC	Lisboa	19-12-2009
RN Esc K(75-79)	1:59.33	Leonel Sousa Gomes	SFP	Inatel	08-04-2006
RN Esc L(80-84)	2:06.59	Leonel Sousa Gomes	AAC	Mealhada	30-01-2010
RN Esc M(85-89)	5:19.79	Ilidio Pintadinho Santos	PORTIN	Ponte de Sor	30-01-2011

Pontos: DSV Masters 04

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
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Master Esc A

1.	Emanuel David Oliveira	85	20169	Natacao da Maia	1:11.48		486	
	50m: 33.64 33.64			100m: 1:11.48 37.84				
2.	Renato Augusto Oliveira	85	124863	Vitoria de Guimaraes	1:46.38		147	
	50m: 49.50 49.50			100m: 1:46.38 56.88				
DNS	Guilherme Luis Goncalves	83	117426	Nautica do Seixal				

Master Esc B

1.	Bruno Emanuel Graca	82	23071	Porto	1:01.75		772	
	50m: 29.45 29.45			100m: 1:01.75 32.30				
2.	Carlos Granadeiro Dias	81	117398	Portinado	1:10.52		518	
	50m: 33.89 33.89			100m: 1:10.52 36.63				
3.	Jorge Jesus Bandeira	82	118959	Ginasio Figueirense	1:11.81		491	
	50m: 34.84 34.84			100m: 1:11.81 36.97				
4.	Vasco Manuel Ferreira	78	123391	Gualdim Pais	1:18.67		373	
	50m: 38.28 38.28			100m: 1:18.67 40.39				
DNS	Rodolfo Varela Pinto	78	100697	Alges				

Master Esc C

1.	Ricardo Conceicao Pedroso	77	25942	Alges	1:00.57		915	
	Rec Nac Cat C							
	50m: 29.38 29.38			100m: 1:00.57 31.19				
2.	Ricardo Alberto Osorio	74	124686	Universitario do Porto	1:09.10		616	
	50m: 32.41 32.41			100m: 1:09.10 36.69				
3.	Rui Gabriel Custodio	75	26125	Naval da Nazare	1:15.89		465	
	50m: 36.72 36.72			100m: 1:15.89 39.17				
4.	Paulo Viana Santos	75	122497	Portinado	1:57.24		126	
	50m: 56.11 56.11			100m: 1:57.24 1:01.13				

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Prova 26, Masc., 100m Costas

Master Esc D

1. Miguel Malta Madeira	68	11100	Estrelas S. Joao de Brito	1:10.81	630
50m: 34.30 34.30	100m: 1:10.81	36.51			
2. Paulo Guilherme Martins	68	10798	Ginasio Figueirense	1:19.75	441
50m: 39.71 39.71	100m: 1:19.75	40.04			
3. Miguel Jose Ferreira	70	119657	Leixoes	1:22.03	405
50m: 39.86 39.86	100m: 1:22.03	42.17			

Master Esc E

1. Jorge Eduardo Faria	64	26605	Alges	1:03.92	1054
50m: 31.35 31.35	100m: 1:03.92	32.57			
2. Joaquim Jorge Ramalhao	65	106557	Gespacos	1:22.12	497
50m: 39.24 39.24	100m: 1:22.12	42.88			
3. Paulo Jorge Ferreira	67	111577	Pimpoes/Cimai	1:31.55	359
50m: 44.28 44.28	100m: 1:31.55	47.27			
4. Adriano Manuel Barradas	65	119366	Millennium BCP	1:53.12	190
50m: 56.89 56.89	100m: 1:53.12	56.23			

Master Esc F

1. Manuel Alberto Pinho	61	26833	Natacao da Maia	1:28.57	436
50m: 43.28 43.28	100m: 1:28.57	45.29			
2. Francisco Jorge Ferreira	62	100124	Academica de Coimbra	1:33.53	370
50m: 45.57 45.57	100m: 1:33.53	47.96			
3. Pedro Militao Fernandes	61	105403	Academica de Coimbra	1:34.26	362
50m: 47.05 47.05	100m: 1:34.26	47.21			
4. Antonio Costa Raposo	58	112606	Portinado	1:37.35	328
50m: 48.12 48.12	100m: 1:37.35	49.23			

Master Esc H

1. Domingos Pinto Coelho	52	100453	Alges	2:05.86	199
50m: 1:02.77 1:02.77	100m: 2:05.86	1:03.09			
2. Walter Emunds	52	119622	Portinado	2:18.03	151
50m: 1:04.49 1:04.49	100m: 2:18.03	1:13.54			

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Prova 27	Femin., 50m Livres				25 - 89 anos
29-01-2012 - 11:25					Resultados
RN Esc A(25-29)	28.85	Carla Alexandra Seoane	CPT	Inatel	24-03-2001
RN Esc B(30-34)	27.70	Ana Paula Grilo	UDCA	Funchal	05-04-2003
RN Esc C(35-39)	27.63	Ana Paula Grilo	UDCA	Hürth (GER)	20-03-2004
RN Esc D(40-44)	29.05	Ana Paula Grilo	INDALEN	Ponte da Barca	16-05-2010
RN Esc E(45-49)	29.71	Elena Alarcon Gamonal	CNFA	Caldas da Rainha	05-04-2008
RN Esc F(50-54)	30.55	Elena Alarcon Gamonal	CNFA	PALMA MALLORCA (ESP)	30-04-2011
RN Esc G(55-59)	35.09	Ana Maria Ferreira	INDANL	Inatel	12-04-2008
RN Esc H(60-64)	35.84	Ana Maria Ferreira	SAD	Lisboa	16-04-2011
RN Esc I(65-69)	49.26	Celia Stichini Quartin	PIMP	Mealhada	30-01-2010
RN Esc J(70-74)	50.87	Isabel Maria Raimundo	SAD	Sines	07-01-2012
RN Esc K(75-79)	1:12.48	Maria Augusta Neves	LSC	Caldas da Rainha	11-06-2011
RN Esc L(80-84)	2:08.19	Marilia Xavier Morais	AAC	Mealhada	31-01-2010
RN Esc M(85-89)	59:00.00				

Pontos: DSV Masters 04

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Master Esc B								
1.	Rita Rebelo Silva	79	125430	Academica de Coimbra	31.15		621	
2.	Liliana Elisabete Baptista	78	120495	Leixoes	32.62		541	
3.	Rita Almeida Crisostomo	80	122434	Academica de Coimbra	32.65		539	
4.	Sofia Marques Pereira	78	124935	Colegio Monte Maior	40.60		280	
5.	Irina Maria Reves	81	119379	Funcao Publica	40.76		277	
6.	Ana Vieira Luz	78	112632	Colegio Monte Maior	41.40		264	
7.	Susana Jesus Cacao	81	119226	Ginasio Figueirense	42.55		243	

Master Esc C								
1.	Carla Santa Barbara	75	118948	Ginasio Santo Tirso	30.44		682	
2.	Sara Mendonca Graca	77	121785	Colegio Monte Maior	33.14		528	
3.	Graca Maria Almeida	73	124702	Leixoes	36.62		391	

Master Esc D								
1.	Sandra Lurdes Diogo	72	123612	Porto	33.08		555	
2.	Carla Joana Macieirinha	71	120494	Ginasio de Vila Real	34.04		510	
3.	Claudia Pereira Reis	68	117023	Ginasio Figueirense	37.50		381	
4.	Margarida Alexandra Costa	70	125454	Porto	41.38		284	
5.	Catarina Araujo Blanco	71	124701	Leixoes	42.46		262	
DNS	Carla Pinto Mendes	71	112615	Natacao da Maia				

Master Esc E								
1.	Carla Vale Lenzi	67	25647	Nadadores dos Estoris	36.07		475	
2.	Paula Margarida Almeida	63	103979	Ginasio Figueirense	49.99		178	
3.	Elisa Loureiro Garcia	67	14467	Ginasio Figueirense	51.46		163	
4.	Delfina Maria Martins	66	117387	Ginasio Santo Tirso	56.79		121	
5.	Fatima Sousa Silva	67	110411	Natacao da Maia	1:01.00		98	

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Prova 27, Femin., 50m Livres

Master Esc F

1.	Maria Almeida Cunha	60	123663	Leixoes	39.29	407
2.	Maria Manuela Neto	62	102090	Natacao da Maia	40.19	381
3.	Maria Paula Cunha	59	121597	Leixoes	40.67	367
4.	Wanda Maria Giao	62	110847	CCD Lagos/Multi	41.86	337
5.	Maria Teresa Pinto	61	120500	Leixoes	45.00	271
6.	Maria Gabriela Cardanho	62	100129	Ginasio Figueirense	55.11	147
7.	Arminda Alves Ferreira	60	112034	Ginasio Figueirense	56.46	137

Master Esc G

1.	Maria Teresa Oliveira	57	10538	Academica de Coimbra	37.17	581
2.	Eduarda Manuel Correia	54	117438	Vitoria de Guimaraes	49.29	249
3.	Maria Felix Ferreira	54	112081	Alges	50.41	233
DNS	Ana Paula Ferreira	56	13641	Funcao Publica		
DNS	Maria Carmo Rocha	54	118886	Leixoes		

Master Esc I

1.	Celia Stichini Quartin	44	12522	Pimpoes/Cimai	53.35	277
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Master Esc J

1.	Isabel Maria Raimundo	40	120852	Alges	52.41	371
2.	Maria Augusta Azinheira	38	100514	Funcao Publica	1:08.57	165

Prova 28
29-01-2012 - 11:30

Masc., 50m Livres

25 - 89 anos
Resultados

RN Esc A(25-29)	23.60	Vasco Vieira Lopes	CFV	Torres Novas	31-12-2009
RN Esc B(30-34)	24.08	Pedro Miguel Silva	CFV	Cantanhede	26-05-2007
RN Esc C(35-39)	24.40	Paulo Manuel Trindade	SFP	Inatel	20-04-2002
RN Esc D(40-44)	25.30	Paulo Manuel Trindade	SFP	Cantanhede	26-05-2007
RN Esc E(45-49)	25.65	Jorge Eduardo Faria	SAD	Mealhada	31-01-2010
RN Esc F(50-54)	27.00	Paulo Paula Carvalho	SFUAP	Lisboa	21-05-2011
RN Esc G(55-59)	30.28	Vitor Manuel Mavioso	SAD	Sines	08-01-2011
RN Esc H(60-64)	31.61	Jose Sarsfield Cabral	AAC	Caldas da Rainha	21-03-2009
RN Esc I(65-69)	31.79	Antonio Bessone Basto	SAD	Sines	07-01-2012
RN Esc J(70-74)	36.63	Antonio Alexandre Rodrigues	AAC	Caldas da Rainha	25-04-2010
RN Esc K(75-79)	38.22	Leonel Sousa Gomes	INATEL	Inatel	18-06-2005
RN Esc L(80-84)	42.02	Leonel Sousa Gomes	AAC	Mealhada	31-01-2010
RN Esc M(85-89)	2:37.77	Ilidio Pintadinho Santos	PORTIN	Mealhada	31-01-2010

Pontos: DSV Masters 04

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
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Master Esc A

1.	Alexandre Evangelista Souza	84	125338	Litoral Alentejano	25.63		698
2.	Vasco Miguel Fortunato	87	11329	Gualdim Pais	25.85		680
3.	Hugo Alexandre Amaral	87	12641	Portinado	26.44		636
4.	Joao Tiago Ferraz	84	120876	Galitos	26.65		621
5.	Joao Dias Cardoso	87	11187	Estrelas S. Joao de Brito	26.71		617
6.	Joaquim Marcelino Conde	86	120979	Luz e Vida	27.12		589
7.	Pedro Herculano Carvalho	84	110355	Ginasio de Vila Real	27.24		581

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Prova 28, Masc., 50m Livres, Master Esc A

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
8.	Filipe Castro Alpuim	85	124733	Fluvial Portuense	27.64		556	
9.	Paulo Jorge Marques	86	11495	Gualdim Pais	28.02		534	
10.	Armindo Manuel Lobo	84	118906	Vitoria de Guimaraes	28.55		505	
11.	Jose Paulo Santos	84	118905	Vitoria de Guimaraes	28.61		502	
12.	Luis Carlos Pinto	83	24787	Ginasio de Vila Real	28.72		496	
13.	Tiago Miguel Lima	83	110309	Luz e Vida	29.88		440	
14.	Francisco Miguel Gaspar	83	125516	Gualdim Pais	32.81		332	
DNS	Guilherme Luis Goncalves	83	117426	Nautica do Seixal				
DNS	Carlos Fernandes Queiros	86	118205	Ginasio de Vila Real				

Master Esc B

1.	Andre Filipe Fialho	82	10059	Pimpoes/Cimai	27.48		591	
2.	Hugo Miguel Estevens	78	117166	Funcao Publica	27.79		572	
3.	Antonio Augusto Vilela	80	123588	Millennium BCP	28.58		525	
4.	Silverio Pedro Sousa	80	125433	Leixoes	29.10		498	
5.	Celso Filipe Assuncao	78	125458	Galitos	29.15		495	
6.	Tiago Goncalo Ribeiro	80	112623	Pimpoes/Cimai	29.67		470	
7.	Joao Carlos Malta	82	120612	Natacao da Maia	29.95		457	
8.	Vasco Manuel Ferreira	78	123391	Gualdim Pais	31.48		393	
9.	Pedro Teixeira Pereira	80	105836	Natacao da Maia	31.53		391	
10.	Paulo Adao Coelho	78	120507	Leixoes	31.57		390	
11.	Diogo Antonio Rodrigues	82	109177	Estrelas S. Joao de Brito	32.47		358	
12.	Eduardo Ferreira Marques	79	119623	Portinado	32.59		354	
13.	Edgar Manuel Guimaraes	80	110317	Vitoria de Guimaraes	32.75		349	
14.	Daniel Jorge Reis	81	122467	Natacao da Maia	33.45		328	
15.	Rui Santos Cacoete	82	120584	Ginasio Figueirense	45.73		128	
DNS	Henrique Manuel Graca	79	100911	Estrelas S. Joao de Brito				
DNS	Agostinho Alberto Rego	82	121476	Vitoria de Guimaraes				

Master Esc C

1.	Osvaldo Roseira Mateus	76	24888	Nacional da Madeira	25.33		763	
2.	Ricardo Zamith Passos	75	103229	Naval Povoense	25.56		743	
3.	Andre Marques Dias	77	125432	Leixoes	25.67		733	
4.	Paulo Ernesto Osorio	76	102919	Universitario do Porto	26.73		649	
5.	Rui Miguel Martins	75	124688	Universitario do Porto	27.10		623	
6.	Nuno Miguel Guerra	77	111799	Fluvial Portuense	27.22		615	
7.	Nuno Pedro Ferraz	77	105148	Fluvial Portuense	27.58		591	
8.	Jose Miguel Miranda	73	124735	Fluvial Portuense	27.59		590	
9.	Jose Sizenando Cunha	74	26841	Fluvial Portuense	27.63		588	
10.	Bruno Azevedo Igreja	76	123496	Vilacondense	28.21		552	
11.	Jose Bessa Oliveira	75	125188	Ginasio de Vila Real	29.51		482	
12.	Joao Pedro Matias	74	117330	Academica de Coimbra	29.57		479	
13.	Tiago Nunes Marques	77	100688	Funcao Publica	30.20		450	
14.	Alexandre Marques Pereira	76	14651	Colegio Monte Maior	31.77		386	
15.	Camilo Moreira Goncalves	74	106812	Colegio SMLamas	33.62		326	
16.	Jose Manuel Goncalves	73	120782	Ginasio Santo Tirso	35.85		269	
17.	Joao Antonio Gomes	75	121592	Leixoes	36.34		258	
18.	Norberto Matos Pereira	75	111733	Vitoria de Guimaraes	37.52		234	
DSQ	Nuno Cristiano Pereira	73	119664	Leixoes				
	<i>403 - Falsa partida - SW 4.4</i>							
DNS	Alex Tona	73	110456	Colegio SMLamas				

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Prova 28, Masc., 50m Livres, Master Esc C

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
DNS	Tiago Freitas Teles	75	120841	Alges				

Master Esc D

1.	Jose Pedro Viana	69	117496	Ginasio de Vila Real	28.22		648	
2.	Rui Pedro Carvalho	68	123832	Individual Norte de Portugal	29.02		595	
3.	Luis Alexandre Salgueiro	69	119960	Alges	29.15		587	
4.	Rafael Luis Salgueiro	72	119962	Alges	29.90		544	
5.	Nuno Alexandre Serra	72	102442	Porto	29.98		540	
6.	Jose Salvador Faustino	68	119678	Portinado	30.59		508	
7.	Ricardo Jorge Fernandes	72	14684	Porto	30.62		507	
8.	Fernando Jose Carvalho	69	124700	Gespacos	31.10		484	
9.	Francisco Santos Barros	72	108661	Colegio Monte Maior	31.82		452	
10.	Paulo Jorge Reis	70	117165	Funcao Publica	32.53		423	
11.	Miguel Ferreira Santos	72	123613	Porto	32.84		411	
12.	Vitor Santos Teixeira	71	122544	Galitos	32.97		406	
13.	Nuno Filipe Barros	71	105839	Natacao da Maia	33.10		401	
14.	Marco Santos Carrasco	68	119626	Portinado	34.07		368	
15.	Jose Manuel Brandao	70	14395	Desportiva de Viana	35.15		335	
16.	Francisco Goncalves Malheiro	69	110272	Desportiva de Viana	36.34		303	
17.	Francisco Antonio Ferraz	70	123940	Pimpoes/Cimai	37.36		279	
18.	Carlos Manuel Dias	69	119240	CCD Lagos/Multi	37.37		279	
19.	Antonio Humberto Goncalves	72	119499	Nacional da Madeira	37.92		267	
20.	Fernando Manuel Santana	68	120532	Colegio Monte Maior	38.01		265	
21.	Jose Carlos Lima	72	26113	Desportiva de Viana	47.61		134	
DNS	Luis Miguel Xavier	72	125446	Estrelas S. Joao de Brito				

Master Esc E

1.	Jose Pedro Santana	66	124877	Fluvial Portuense	28.19		658	
2.	Filipe Jose Horta	64	119365	Millennium BCP	29.64		566	
3.	Renato Jose Pauleta	66	122692	Estrelas S. Joao de Brito	29.66		565	
4.	Joao Manuel Silva	63	13256	Millennium BCP	31.37		478	
5.	Armando Joao Costa	63	12262	Pimpoes/Cimai	31.82		458	
6.	Americo Paulo Sousa	66	118916	Leixoes	32.60		426	
7.	Rui Manuel Velez	64	122972	Luz e Vida	33.07		408	
8.	Paulo Jorge Ferreira	67	111577	Pimpoes/Cimai	33.78		382	
9.	Martin Bernhard	65	109794	BA/Mr.Pizza	34.33		364	
10.	Carlos Manuel Anjos	66	119256	Galitos	35.18		339	
11.	Emanuel Araujo Marques	64	109267	Natacao da Maia	35.44		331	
DNS	Jose Pedro Dias	63	120850	Nacional de Natacao				
DNS	Ricardo Manuel Fernandes	63	125466	Pimpoes/Cimai				

Master Esc F

1.	Jaime Carlos Bento	61	118614	Alges	28.16		731	
2.	Luis Lopes Santos	59	124875	Fluvial Portuense	29.92		609	
3.	Jose Manuel Vieira	58	109259	Nacional da Madeira	31.98		499	
4.	Antonio Graca Barbosa	62	125452	Leixoes	32.61		470	
5.	Teofilo Manuel Relvas	58	120556	Vilacondense	35.99		350	
6.	Henrique Luis Seabra	61	125467	Fluvial Portuense	36.32		340	
7.	Antonio Coelho Moura	60	109037	Pimpoes/Cimai	37.20		317	
8.	Alberto Nuno Espinheiro	62	106811	Colegio SMLamas	37.39		312	

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Prova 28, Masc., 50m Livres, Master Esc F

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
9.	Jose Carlos Rosa	60	125289	Litoral Alentejano	49.37		135	

Master Esc G

1.	Antonio Gaspar Freitas	56	26836	Leixoes	31.20		586	
2.	Mario Jose Pinto	57	12387	Individual Coimbra	33.18		487	
3.	Jose Antonio Teixeira	53	100126	Academica de Coimbra	36.61		362	
4.	Goncalo Manuel Torgal	57	118891	Leixoes	41.30		252	
5.	Domingos Silva Lages	55	14381	Desportiva de Viana	42.84		226	

Master Esc H

1.	Antonio Manuel Tavares	51	100700	Funcao Publica	39.68		325	
2.	Daniel Sobral Rabiais	50	13766	Pimpoes/Cimai	40.29		310	
3.	Antonio Manuel Ferreira	48	123326	Alges	41.60		282	

Master Esc I

1.	Antonio Cruz Meyrelles	47	25631	Funcao Publica	34.71		540	
2.	Luis Vidigal Salgueiro	45	119671	Alges	35.29		514	
3.	Luis Vaz Jorge	43	26820	Academica de Coimbra	35.85		490	
4.	Luis Silveira Viegas	47	104917	Nadadores dos Estoris	41.49		316	
5.	Alexandre Azevedo Gaspar	45	119670	Alges	42.71		290	
6.	Helder Manuel Moreira	44	25646	Galitos	47.08		216	
7.	Jose Joaquim Marreiros	46	120970	Alges	47.84		206	

Master Esc J

1.	Antonio Alexandre Rodrigues	39	13257	Academica de Coimbra	36.67		555	
DNS	Oscar Antonio Costa	39	117010	Galitos				

Master Esc L

1.	Leonel Sousa Gomes	30	25633	Alges	58.98		177	
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Prova 29
29-01-2012 - 12:00

Femin., 4 x 50m Estilos

AG 100 - 359
Resultados

RN Cat 1(100-119)	2:12.92	Clube de Natacao da Maia	CNMAIA	Ponte de Sor	30-01-2011
RN Cat 2(120-159)	2:22.13	Uniao Desp Columb Adoslouquense	UDCA	Inatel	06-05-2003
RN Cat 3(160-199)	2:28.81	Leixoes Sport Clube	LSC	Mealhada	30-01-2010
RN Cat 4(200-239)	2:40.64	Associacao Academica de Coimbra	AAC	Torres Novas	31-01-2009
RN Cat 5(240-279)	59:00.00				
RN Cat 6(280-319)	59:00.00				

Pontos: DSV Masters 04

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
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Master Fem Estaf Cat 2

1. Natacao da Maia-Cat 2		Natacao da Maia	2:20.48			
<i>Rec Nac Cat 2</i>						
Ana Cristina Lobo	66	41.30	Carolina Santos Silva	86		31.44
Catia Santos Ramalho	86	37.41	Ana Mafalda Oliveira	81		30.33
2. Leixoes-Cat 2		Leixoes	2:28.84			
Liliana Elisabete Baptista	78	37.59	Diana Raquel Pacheco	84		32.91
Elsa Maria Fumega	78	41.86	Graca Maria Almeida	73		36.48
3. Academica de Coimbra-Cat 2		Academica de Coimbra	2:31.12			
Rita Almeida Crisostomo	80	41.02	Ana Filipa Leite	86		36.05
Rita Rebelo Silva	79	37.75	Diana Margarida Jacinto	81		36.30

DNS Porto-Cat 2 Porto

Master Fem Estaf Cat 3

1. Leixoes-Cat 3		Leixoes	2:29.26			
Maria Luisa Costa	74	36.42	Maribel Santos Fernandes	65		37.29
Isabel Maria Magano	68	43.36	Maria Teresa Brandao	69		32.19
2. Fluvial Portuense-Cat 3		Fluvial Portuense	2:46.39			
Ines Maria Rothes	73	40.82	Mariana Basto Teixeira	81		35.30
Isabel Aguiar Leite	63	54.16	Maria Regina Mendes	65		36.11
3. Academica de Coimbra-Cat 3		Academica de Coimbra	2:54.81			
Cristina Fernandes Silva	71	49.95	Maria Manuela Sequeira	68		43.93
Ana Rita Fernandes	79	43.89	Maria Margarida Urbano	63		37.04
4. Ginasio Figueirense-Cat 3		Ginasio Figueirense	3:26.95			
Susana Jesus Cacao	81	50.61	Claudia Pereira Reis	68		48.86
Paula Margarida Almeida	63	58.39	Elisa Loureiro Garcia	67		49.09
5. Funcao Publica-Cat 3		Funcao Publica	3:36.04			
Maria Augusta Azinheira	38	1:12.06	Marta Martins Ferreira	79		44.22
Irina Maria Reves	81	1:01.16	Ana Paula Ferreira	56		38.60

Master Fem Estaf Cat 4

1. Academica de Coimbra-Cat 4		Academica de Coimbra	2:40.98			
Maria Luisa Oliveira	61	43.60	Eugenia Maria Cunha	62		37.34
Ana Moura Relvas	56	41.72	Maria Teresa Oliveira	57		38.32
2. Leixoes-Cat 4		Leixoes	2:53.07			
Maria Almeida Cunha	60	45.13	Maria Santos Fernandes	62		44.11
Maria Adriana Viseu	66	42.97	Maria Paula Cunha	59		40.86

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Prova 30
29-01-2012 - 12:10

Masc., 4 x 50m Estilos

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Resultados

RN Cat 1(100-119)	1:51.36	Clube Fluvial Vilacondense	CFV	Torres Novas	01-02-2009
RN Cat 2(120-159)	1:53.33	Clube Nautico Academico de Coimbra	GNAC	Cantanhede	26-05-2007
RN Cat 3(160-199)	2:03.18	Uniao Desp Columb Adoslouquense	UDCA	Inatel	09-04-2006
RN Cat 4(200-239)	2:13.60	Clube Futebol Os Belenenses	CFB	Torres Novas	01-02-2009
RN Cat 5(240-279)	2:37.62	Sport Alges e Dafundo	SAD	Ponte de Sor	30-01-2011
RN Cat 6(280-319)	3:17.19	Sport Alges e Dafundo	SAD	Sines	07-01-2012

Pontos: DSV Masters 04

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	
Master Masc Estaf Cat 1							
1.		Estrelas S. Joao de Brito-Cat 1	1:55.34				
		Joao Pedro Marques	87	29.60	Joao Dias Cardoso	87	29.28
		Pedro Alexandre Pacheco	87	30.97	Alexandre Miguel Mendes	86	25.49
2.		Gualdim Pais-Cat 1	2:15.45				
		Vasco Manuel Ferreira	78	36.57	Vasco Miguel Fortunato	87	28.58
		Paulo Jorge Marques	86	37.95	Francisco Miguel Gaspar	83	32.35
3.		Vitoria de Guimaraes-Cat 1	2:21.11				
		Armindo Manuel Lobo	84	36.87	Ricardo Manuel Lobo	80	34.05
		Jose Paulo Santos	84	36.44	Agostinho Alberto Rego	82	33.75

Master Masc Estaf Cat 2

1.		Ginasio de Vila Real-Cat 2	1:56.31				
		Pedro Herculano Carvalho	84	30.70	Carlos Fernandes Queiros	86	26.15
		Alexander Ramos Esteves	77	31.79	Jose Pedro Viana	69	27.67
2.		Litoral Alentejano-Cat 2	2:00.41				
		David Oliveira Gorgulho	82	32.46	Rodrigo Marques Costa	76	28.75
		Germano Oliveira Velha	62	34.20	Alexandre Evangelista Souza	84	25.00
3.		Porto-Cat 2	2:03.59				
		Bruno Emanuel Graca	82	28.36	Nuno Alexandre Serra	72	33.49
		Pedro Alexandre Sousa	82	32.98	Fernando Antonio Xavier	65	28.76
4.		Natacao da Maia-Cat 2	2:05.85				
		Emanuel David Oliveira	85	32.29	Pedro Nuno Braga	74	30.17
		Jose Santos Silva	57	36.45	Sergio David Silva	73	26.94
5.		Universitario do Porto-Cat 2	2:06.53				
		Ricardo Alberto Osorio	74	31.33	Rui Miguel Martins	75	30.10
		Alvaro Jose Pinheiro	75	39.03	Paulo Ernesto Osorio	76	26.07
6.		Fluvial Portuense-Cat 2	2:07.52				
		Nuno Miguel Guerra	77	34.35	Filipe Castro Alpuim	85	29.86
		Ivan Mauricio Couras	81	36.01	Nuno Pedro Ferraz	77	27.30
7.		Leixoes-Cat 2	2:09.36				
		Rui Manuel Pinto	79	33.44	Silverio Pedro Sousa	80	30.95
		Mario Rui Rodrigues	78	39.83	Andre Marques Dias	77	25.14
8.		Academica de Coimbra-Cat 2	2:14.98				
		Francisco Jorge Ferreira	62	41.42	Miguel Costa Carvalho	82	28.75
		Nelson Palma Mestre	80	35.07	Juan Carlos Briceno	82	29.74
9.		Galitos-Cat 2	2:23.62				
		Nuno Filipe Melo	70	41.92	Antonio Manuel Ligeiro	79	38.56
		Joao Tiago Ferraz	84	33.73	Joao Franca Alves	80	29.41
10.		Gespacos-Cat 2	2:39.86				
		Nuno Andre Ramalhao	73	41.98	Fernando Jose Carvalho	69	40.04
		Carlos Miguel Costa	86	32.72	Antonio Rogerio Teixeira	82	45.12

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Prova 30, Masc., 4 x 50m Estilos, Master Masc Estaf Cat 2

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
11. Vitoria de Guimaraes-Cat 2		Vitoria de Guimaraes	2:59.58			
Jose Orlando Novais	78	48.80 Norberto Matos Pereira		75		51.57
Jose Carlos Salgado	74	43.24 Dionisio Miguel Silva		71		35.97
DNS Funcao Publica-Cat 2		Funcao Publica				
DNS Portinado-Cat 2		Portinado				

Master Masc Estaf Cat 3

1. Leixoes-Cat 3		Leixoes	2:14.70			
Americo Paulo Sousa	66	38.61 Tiago Graca Costa		76		31.88
Joao Miguel Faria	71	35.36 Miguel Jose Ferreira		70		28.85
2. Estrelas S. Joao de Brito-Cat 3		Estrelas S. Joao de Brito	2:15.07			
Miguel Malta Madeira	68	33.73 Henrique Manuel Graca		79		31.62
Luis Miguel Xavier	72	40.36 Renato Jose Pauleta		66		29.36
3. Academica de Coimbra-Cat 3		Academica de Coimbra	2:27.95			
Pedro Militao Fernandes	61	43.49 Joao Nuno Barreto		71		31.59
Joao Casaleiro Costa	55	44.95 Pedro Alexandre Fernando		67		27.92
4. Galitos-Cat 3		Galitos	2:34.59			
Carlos Manuel Anjos	66	47.85 Gustavo Ferreira Basto		67		34.01
Jose Henrique Madail	54	46.10 Americo Pedro Goncalves		71		26.63
DSQ Fluvial Portuense-Cat 3		Fluvial Portuense				
<i>812 - Não tocou com as mãos na parede simultaneamente na viragem aos ... m - SW 8.4</i>						
Carlos Guimaraes Goncalves, Andre Doria Tavares, Fernando Antonio Rothes, Jose Pedro Santana						
DNS Desportivo Nacional-Cat 3		Nacional da Madeira				
DNS Portinado-Cat 3		Portinado				
DNS Ginasio Figueirense-Cat 3		Ginasio Figueirense				

Master Masc Estaf Cat 4

1. Leixoes-Cat 4		Leixoes	2:24.37			
Antonio Graca Barbosa	62	39.07 Antonio Gaspar Freitas		56		35.31
Manuel Jose Romariz	59	37.15 Paulo Alexandre Neves		66		32.84
2. Gespacos-Cat 4		Gespacos	2:26.28			
Joaquim Jorge Ramalhao	65	36.09 Rodolfo Pereira Nunes		73		27.59
Antonio Alves Cecilio	54	43.28 Ricardo Jorge Osorio		56		39.32
3. Fluvial Portuense-Cat 4		Fluvial Portuense	2:34.45			
Luis Lopes Santos	59	37.68 Jose Sizenando Cunha		74		32.18
Jose Luis Morgado	54	49.72 Henrique Luis Seabra		61		34.87
DSQ Alges-Cat 4		Alges				
<i>725 - Movimento alternado pernas percurso subaquático após viragens - SW 7.4</i>						
Rafael Luis Salgueiro, Joaquim Jesus Silva, Luis Alexandre Salgueiro, Antonio Bessone Basto						

Master Masc Estaf Cat 5

1. Academica de Coimbra-Cat 5		Academica de Coimbra	2:46.78			
Jose Antonio Teixeira	53	56.42 Antonio Prestes Pires		56		36.73
Joaquim Fidalgo Freitas	47	41.07 Jose Sarsfield Cabral		49		32.56

VI OPEN Inverno de Masters
Tomar, 28- - 29-1-2012

Prova 30, Masc., 4 x 50m Estilos

Master Masc Estaf Cat 6

DSQ Academica de Coimbra-Cat 6

Academica de Coimbra

Interrompeu a braçada durante o percurso no estilo mariposa

Antonio Alexandre Rodrigues, Manuel Monteiro Tenreiro, Luis Vaz Jorge, Joao Rodrigues Teixeira