

Prova 20
14-07-2013 - 10:20

Femin., 400m Livres

Infantis
Resultados

Rec Nac Absoluto	4:19.75	Ana Goncalves Neto	FPN	Luxembourg (LUX)	29-06-2013
Rec Nac Inf B	4:43.70	tempo limite			
Rec Nac Inf A	4:31.53	tempo limite			

TAC Fem Inf A Inf A: 5:09.00 / TAC Fem Inf B Inf B: 5:23.00

Pontos: FINA 2013

Lugar	Nome	Ano	Licença	Clube	TP final	TReac	Pts
Infantis B							
1.	Sara Sofia Alves	01	111234	Columbofila Cantanhedense	4:55.15	+0,96	531
	50m: 33.51 33.51			150m: 1:49.32 37.57	250m: 3:04.98 37.18	350m: 4:19.76 36.72	
	100m: 1:11.75 38.24			200m: 2:27.80 38.48	300m: 3:43.04 38.06	400m: 4:55.15 35.39	
2.	Lara Beatriz Matos	01	111049	Famalicao	5:00.68	+0,90	503
	50m: 33.97 33.97			150m: 1:50.21 38.77	250m: 3:07.30 38.45	350m: 4:23.83 38.06	
	100m: 1:11.44 37.47			200m: 2:28.85 38.64	300m: 3:45.77 38.47	400m: 5:00.68 36.85	
3.	Maria Carolina Costa	01	119080	Porto	5:01.31	+0,94	500
	50m: 33.95 33.95			150m: 1:49.88 38.20	250m: 3:06.64 38.32	350m: 4:23.63 37.89	
	100m: 1:11.68 37.73			200m: 2:28.32 38.44	300m: 3:45.74 39.10	400m: 5:01.31 37.68	
4.	Filipa Serrano Rodrigues	01	112310	Uniao Piedense	5:05.26	+0,95	480
	50m: 33.61 33.61			150m: 1:50.81 39.75	250m: 3:10.05 39.47	350m: 4:28.15 38.82	
	100m: 1:11.06 37.45			200m: 2:30.58 39.77	300m: 3:49.33 39.28	400m: 5:05.26 37.11	
	Joana Costa Amador	01	117714	Galitos	5:05.26		480
	50m: 34.02 34.02			150m: 1:50.18 38.91	250m: 3:08.88 39.92	350m: 4:27.86 39.23	
	100m: 1:11.27 37.25			200m: 2:28.96 38.78	300m: 3:48.63 39.75	400m: 5:05.26 37.40	
6.	Ines Alves Martins	01	112126	Fluvial Portuense	5:05.90	+0,77	477
	50m: 33.65 33.65			150m: 1:50.85 39.07	250m: 3:09.32 38.52	350m: 4:28.21 39.21	
	100m: 1:11.78 38.13			200m: 2:30.80 39.95	300m: 3:49.00 39.68	400m: 5:05.90 37.69	
7.	Raquel Antunes Tremoco	01	124023	Sporting	5:07.10		472
	50m: 34.99 34.99			150m: 1:51.26 39.41	250m: 3:10.84 39.50	350m: 4:29.91 38.98	
	100m: 1:11.85 38.47			200m: 2:31.34 40.08	300m: 3:50.93 40.09	400m: 5:07.10 37.19	
8.	Eva Fernandes Cardoso	01	123305	Beatriz Santos	5:07.76		469
	50m: 34.99 34.99			150m: 1:52.98 39.04	250m: 3:11.22 39.34	350m: 4:30.27 39.11	
	100m: 1:13.94 38.47			200m: 2:31.88 38.90	300m: 3:51.16 39.94	400m: 5:07.76 37.49	
9.	Mariana Oliveira Ribeiro	01	112134	Colegio SMLamas	5:09.70	+0,83	460
	50m: 34.99 34.99			150m: 1:52.62 39.28	250m: 3:13.83 39.93	350m: 4:34.39 40.09	
	100m: 1:13.34 38.47			200m: 2:33.90 41.28	300m: 3:54.30 40.47	400m: 5:09.70 35.31	
10.	Raquel Santos Sousa	01	118471	Sporting	5:11.00	+0,96	454
	50m: 34.39 34.39			150m: 1:52.41 39.55	250m: 3:12.63 40.06	350m: 4:32.73 40.07	
	100m: 1:12.86 38.47			200m: 2:32.57 40.16	300m: 3:52.66 40.03	400m: 5:11.00 38.27	
11.	Rita Sousa Oliveira	01	120774	Torres Novas	5:12.36		448
	50m: 34.99 34.99			150m: 1:56.07 40.73	250m: 3:16.98 39.59	350m: 4:35.70 38.95	
	100m: 1:15.34 40.35			200m: 2:37.39 41.32	300m: 3:56.75 39.77	400m: 5:12.36 36.66	
12.	Francisca Vieira Pais	01	117243	Galitos	5:12.47		448
	50m: 34.99 34.99			150m: 1:54.60 40.04	250m: 3:14.67 39.60	350m: 4:34.16 39.52	
	100m: 1:14.56 38.47			200m: 2:35.07 40.47	300m: 3:54.64 39.97	400m: 5:12.47 38.31	
13.	Beatriz Santos Silva	01	112078	Porto	5:13.18	+0,85	445
	50m: 35.74 35.74			150m: 1:54.97 39.70	250m: 3:15.76 40.47	350m: 4:34.95 38.90	
	100m: 1:15.27 39.53			200m: 2:35.29 40.32	300m: 3:56.05 40.29	400m: 5:13.18 38.23	
14.	Carolina Rosa Marcelino	01	120448	Alges	5:14.25	+0,76	440
	50m: 34.66 34.66			150m: 1:55.32 40.28	250m: 3:16.23 39.89	350m: 4:35.81 39.44	
	100m: 1:15.04 40.38			200m: 2:36.34 41.02	300m: 3:56.37 40.14	400m: 5:14.25 38.44	
15.	Luisa Maria Machado	01	121850	Uniao Piedense	5:15.76		434
	50m: 36.04 36.04			150m: 1:55.94 40.29	250m: 3:16.70 40.72	350m: 4:37.12 40.16	
	100m: 1:15.65 39.61			200m: 2:35.98 40.04	300m: 3:56.96 40.26	400m: 5:15.76 38.64	

Prova 20, Femin., 400m Livres, Infantis B

Lugar	Nome	Ano	Licença	Clube	Tp final	TReac	Pts
16.	Barbara Francisco Ferreira	01	125344	Gesloures	5:16.50	+0,79	431
	50m: 36.41 36.41	150m: 1:56.00	40.58	250m: 3:18.14	40.86	350m: 4:38.06	39.14
	100m: 1:15.42 39.01	200m: 2:37.28	41.28	300m: 3:58.92	40.78	400m: 5:16.50	38.44
17.	Ana Cruz Antunes	01	121501	Benfica	5:18.08		425
	50m: 35.01 35.01	150m: 1:55.39	40.73	250m: 3:17.49	41.30	350m: 4:39.31	40.39
	100m: 1:14.66 39.65	200m: 2:36.19	40.80	300m: 3:58.92	41.43	400m: 5:18.08	38.77
18.	Tatiana Raquel Pombo	01	121615	Nautica do Seixal	5:18.13	+1,06	424
	50m: 33.73 33.73	150m: 1:51.89	40.31	250m: 3:15.02	42.06	350m: 4:37.95	41.33
	100m: 1:11.58 37.85	200m: 2:32.96	41.07	300m: 3:56.62	41.60	400m: 5:18.13	40.18
19.	Catarina Miguel Silva	01	120341	Natacao de Faro	5:20.70	+0,92	414
	50m: 35.01 35.01	150m: 1:57.31	41.60	250m: 3:21.05	41.24	350m: 4:42.99	40.37
	100m: 1:15.71 39.70	200m: 2:39.81	42.50	300m: 4:02.62	41.57	400m: 5:20.70	37.71
20.	Mariana Matos Ribeiro	01	123170	Beatriz Santos	5:21.16	+1,03	412
	50m: 35.05 35.05	150m: 1:55.53	40.75	250m: 3:17.98	41.07	350m: 4:41.38	41.63
	100m: 1:14.78 39.73	200m: 2:36.91	41.38	300m: 3:59.75	41.77	400m: 5:21.16	39.78
21.	Isabel Ferreira Sousa	01	118896	Leixoes	5:21.89	+1,04	410
	50m: 35.94 35.94	150m: 1:57.84	41.39	250m: 3:20.41	40.87	350m: 4:42.08	40.31
	100m: 1:16.45 40.51	200m: 2:39.54	41.70	300m: 4:01.77	41.36	400m: 5:21.89	39.81
22.	Maria Esteves Martins	01	112378	Galitos	5:22.12	+0,82	409
	50m: 36.68 36.68	150m: 1:57.53	40.96	250m: 3:20.19	42.06	350m: 4:42.76	40.96
	100m: 1:16.57 39.89	200m: 2:38.13	40.60	300m: 4:01.80	41.61	400m: 5:22.12	39.36
23.	Rita Alexandra Vital	01	119608	Colegio Monte Maior	5:22.73		406
	50m: 36.00 36.00	150m: 1:57.58	41.03	250m: 3:20.89	41.40	350m: 4:43.23	41.05
	100m: 1:16.55 40.55	200m: 2:39.49	41.91	300m: 4:02.18	41.29	400m: 5:22.73	39.50
24.	Maria Ines Melo	01	121693	Braga	5:25.43		396
	<i>FTL</i>						
	50m: 35.91 35.91	150m: 1:57.58	41.32	250m: 3:21.41	41.84	350m: 4:45.10	41.61
	100m: 1:16.26 40.35	200m: 2:39.57	41.99	300m: 4:03.49	42.08	400m: 5:25.43	40.33
25.	Erika Almeida Marques	01	121691	Braga	5:25.56	+1,04	396
	<i>FTL</i>						
	50m: 35.91 35.91	150m: 1:57.19	41.43	250m: 3:21.04	42.12	350m: 4:44.89	42.06
	100m: 1:15.76 39.85	200m: 2:38.92	41.73	300m: 4:02.83	41.79	400m: 5:25.56	40.67
26.	Jessica Goncalves Vilaca	01	121309	Braga	5:26.35	+1,04	393
	<i>FTL</i>						
	50m: 36.44 36.44	150m: 1:58.86	41.63	250m: 3:22.65	42.01	350m: 4:46.40	41.48
	100m: 1:17.23 40.79	200m: 2:40.64	41.78	300m: 4:04.92	42.27	400m: 5:26.35	39.95

Infantis A

1.	Teresa Miguel Veloso	00	103876	Nautico de Coimbra	4:44.01	+0,80	597
	50m: 32.31 32.31	150m: 1:44.05	36.07	250m: 2:56.67	35.81	350m: 4:08.81	35.62
	100m: 1:07.98 35.67	200m: 2:20.86	36.81	300m: 3:33.19	36.52	400m: 4:44.01	35.20
2.	Giovanna Vaz Vargas	00	110957	Nautico da Marinha Grande	4:47.27	+0,93	576
	50m: 32.49 32.49	150m: 1:44.66	36.49	250m: 2:58.08	36.49	350m: 4:11.37	36.27
	100m: 1:08.17 35.68	200m: 2:21.59	36.93	300m: 3:35.10	37.02	400m: 4:47.27	35.90
3.	Ana Rita Faria	00	117417	Porto	4:49.14	+1,03	565
	50m: 32.85 32.85	150m: 1:45.99	37.01	250m: 3:00.30	37.04	350m: 4:13.71	36.70
	100m: 1:08.98 36.13	200m: 2:23.26	37.27	300m: 3:37.01	36.71	400m: 4:49.14	35.43
4.	Vera Ines Aguilar	00	112452	Desportivo Nacional	4:55.13	+0,82	532
	50m: 31.43 31.43	150m: 1:46.57	39.15	250m: 3:04.04	38.40	350m: 4:19.98	37.62
	100m: 1:07.42 35.99	200m: 2:25.64	39.07	300m: 3:42.36	38.32	400m: 4:55.13	35.15
5.	Ines Silva Bernardo	00	122689	Colegio Monte Maior	4:56.79	+0,77	523
	50m: 34.30 34.30	150m: 1:48.84	37.61	250m: 3:04.58	38.47	350m: 4:20.03	37.65
	100m: 1:11.23 36.93	200m: 2:26.11	37.27	300m: 3:42.38	37.80	400m: 4:56.79	36.76

Prova 20, Femin., 400m Livres, Infantis A

Lugar	Nome	Ano	Licença	Clube	Tp final	TReac	Pts
6.	Rafaela Araujo Silva	00	119630	Famalicao	4:58.27	+0,85	515
	50m: 34.35 34.35	150m: 1:49.36	37.96	250m: 3:06.14	38.28	350m: 4:22.59	37.69
	100m: 1:11.40 37.05	200m: 2:27.86	38.50	300m: 3:44.90	38.76	400m: 4:58.27	35.68
7.	Margarida Valente Orrico	00	118395	Uniao Piedense	4:58.87	+0,94	512
	50m: 33.78 33.78	150m: 1:50.22	38.92	250m: 3:06.72	37.78	350m: 4:22.81	38.08
	100m: 1:11.30 37.52	200m: 2:28.94	38.72	300m: 3:44.73	38.01	400m: 4:58.87	36.06
8.	Raquel Gomes Pereira	00	118469	Alges	4:59.64	+0,79	508
	50m: 32.46 32.46	150m: 1:47.25	37.59	250m: 3:04.67	38.83	350m: 4:22.88	39.05
	100m: 1:09.66 37.20	200m: 2:25.84	38.59	300m: 3:43.83	39.16	400m: 4:59.64	36.76
9.	Ana Miguel Reis	00	108089	Columbofila Cantanhedense	4:59.77	+0,83	507
	50m: 33.33 33.33	150m: 1:48.33	38.19	250m: 3:05.19	38.33	350m: 4:21.91	38.22
	100m: 1:10.14 36.81	200m: 2:26.86	38.53	300m: 3:43.69	38.50	400m: 4:59.77	37.86
10.	Ines Jacinto Henriques	00	120220	Pimpoes/Cimai	5:00.46	+0,93	504
	50m: 32.75 32.75	150m: 1:47.72	38.57	250m: 3:05.39	38.80	350m: 4:23.02	38.45
	100m: 1:09.15 36.40	200m: 2:26.59	38.87	300m: 3:44.57	39.18	400m: 5:00.46	37.44
11.	Patricia Branco Panta	00	120469	Nacional de Natacao	5:03.01	+0,97	491
	50m: 33.32 33.32	150m: 1:50.76	39.05	250m: 3:08.98	39.31	350m: 4:26.58	38.67
	100m: 1:11.71 38.39	200m: 2:29.67	38.91	300m: 3:47.91	38.93	400m: 5:03.01	36.43
12.	Lara Ferreira Martins	00	117834	Nautico da Marinha Grande	5:03.12	+0,87	491
	50m: 33.52 33.52	150m: 1:50.32	38.99	250m: 3:07.71	38.50	350m: 4:25.53	38.96
	100m: 1:11.33 37.81	200m: 2:29.21	38.89	300m: 3:46.57	38.86	400m: 5:03.12	37.59
13.	Sara Kalinicova Guerreiro	00	120967	FC Ferreiras	5:03.88	+0,91	487
	50m: 33.04 33.04	150m: 1:48.40	38.87	250m: 3:07.02	39.32	350m: 4:26.32	38.98
	100m: 1:09.53 36.49	200m: 2:27.70	39.30	300m: 3:47.34	40.32	400m: 5:03.88	37.56
14.	Ana Sofia Ramos	00	108171	Porto	5:05.18	+0,96	481
	50m: 34.84 34.84	150m:		250m: 3:11.04	39.50	350m: 4:28.24	37.58
	100m: 1:13.32 38.48	200m: 2:31.54		300m: 3:50.66	39.62	400m: 5:05.18	36.94
15.	Maria Leonor Valente	00	108288	Fluvial Portuense	5:05.38	+0,92	480
	50m: 34.56 34.56	150m: 1:52.18	39.22	250m: 3:10.35	38.74	350m: 4:28.31	38.20
	100m: 1:12.96 38.40	200m: 2:31.61	39.43	300m: 3:50.11	39.76	400m: 5:05.38	37.07
16.	Maria Leonor Gomes	00	108201	Desportivo Nacional	5:06.30	+0,77	475
	50m: 33.51 33.51	150m: 1:50.15	38.76	250m: 3:08.73	39.26	350m: 4:27.61	38.76
	100m: 1:11.39 37.88	200m: 2:29.47	39.32	300m: 3:48.85	40.12	400m: 5:06.30	38.69
17.	Joana Francisca Costa	00	118312	Foca	5:07.01	+0,90	472
	50m: 34.27 34.27	150m: 1:50.97	38.50	250m: 3:09.88	39.40	350m: 4:28.18	38.59
	100m: 1:12.47 38.20	200m: 2:30.48	39.51	300m: 3:49.59	39.71	400m: 5:07.01	38.83
18.	Daniela Filipa Sampaio	00	118245	Alhandra	5:07.75	+0,82	469
	50m: 33.92 33.92	150m: 1:51.71	38.77	250m: 3:12.07	40.19	350m: 4:30.70	38.54
	100m: 1:12.94 39.02	200m: 2:31.88	40.17	300m: 3:52.16	40.09	400m: 5:07.75	37.05
19.	Mariana Figueiras Matos	00	120721	Sporting	5:07.80	+1,04	469
	50m: 35.17 35.17	150m: 1:52.14	39.03	250m: 3:10.46	39.44	350m: 4:29.50	39.58
	100m: 1:13.11 37.94	200m: 2:31.02	38.88	300m: 3:49.92	39.46	400m: 5:07.80	38.30
20.	Ines Silva Oliveira	00	116890	Leixoes	5:08.05	+0,96	467
	50m: 34.33 34.33	150m: 1:53.90	39.63	250m: 3:14.23	39.73	350m: 4:32.32	38.57
	100m: 1:14.27 39.94	200m: 2:34.50	40.60	300m: 3:53.75	39.52	400m: 5:08.05	35.73
21.	Mariana Silva Navalho	00	120577	Uniao Piedense	5:08.56		465
	50m: 35.40 35.40	150m: 1:54.08	39.71	250m: 3:13.23	39.14	350m: 4:31.11	38.73
	100m: 1:14.37 38.97	200m: 2:34.09	40.01	300m: 3:52.38	39.15	400m: 5:08.56	37.45
22.	Sofia Campos Costa	00	119234	Vigor da Mocidade	5:08.98	+0,92	463
	50m: 33.95 33.95	150m: 1:51.54	39.22	250m: 3:10.62	39.44	350m: 4:30.54	39.57
	100m: 1:12.32 38.37	200m: 2:31.18	39.64	300m: 3:50.97	40.35	400m: 5:08.98	38.44

Prova 20, Femin., 400m Livres, Infantis A

Lugar	Nome	Ano	Licença	Clube	Tp final	TReac	Pts
23.	Beatriz Mendes Viegas	00	110689	Tavira Natacao	5:09.08	+0,77	463
	<i>FTL</i>						
	50m: 33.54 33.54	150m: 1:49.99 38.72	250m: 3:09.52 40.23	350m: 4:31.66 40.72			
	100m: 1:11.27 37.73	200m: 2:29.29 39.30	300m: 3:50.94 41.42	400m: 5:09.08 37.42			
24.	Carla Laranjeira Marques	00	109363	Galitos	5:09.22	+0,83	462
	<i>FTL</i>						
	50m: 33.74 33.74	150m: 1:51.42 39.56	250m: 3:12.55 40.86	350m: 4:31.66 38.55			
	100m: 1:11.86 38.12	200m: 2:31.69 40.27	300m: 3:53.11 40.56	400m: 5:09.22 37.56			
25.	Mariana Silva Ramos	00	120720	Sporting	5:09.23	+0,93	462
	<i>FTL</i>						
	50m: 34.17 34.17	150m: 1:51.78 39.22	250m: 3:11.15 39.56	350m: 4:30.44 39.38			
	100m: 1:12.56 38.39	200m: 2:31.59 39.81	300m: 3:51.06 39.91	400m: 5:09.23 38.79			
26.	Sofia Isabel Gouveia	00	121324	Uniao Piedense	5:09.27	+0,93	462
	<i>FTL</i>						
	50m: 33.26 33.26	150m: 1:51.67 39.97	250m: 3:11.50 39.39	350m: 4:31.08 39.48			
	100m: 1:11.70 38.44	200m: 2:32.11 40.44	300m: 3:51.60 40.10	400m: 5:09.27 38.19			
27.	Alice Maria Lopes	00	119476	Uniao Piedense	5:11.62	+0,92	451
	<i>FTL</i>						
	50m: 35.17 35.17	150m: 1:54.62 39.81	250m: 3:13.67 39.47	350m: 4:33.22 39.66			
	100m: 1:14.81 39.64	200m: 2:34.20 39.58	300m: 3:53.56 39.89	400m: 5:11.62 38.40			
28.	Carolina Pastor Escada	00	120238	Aminata	5:13.10	+0,99	445
	<i>FTL</i>						
	50m: 35.24 35.24	150m: 1:53.70 39.57	250m: 3:13.29 39.86	350m: 4:33.87 40.04			
	100m: 1:14.13 38.89	200m: 2:33.43 39.73	300m: 3:53.83 40.54	400m: 5:13.10 39.23			
29.	Ema Filipa Rosario	00	120561	Natacao do Montijo	5:13.31	+0,94	444
	<i>FTL</i>						
	50m: 34.36 34.36	150m: 1:53.89 40.38	250m: 3:14.19 40.50	350m: 4:35.22 41.14			
	100m: 1:13.51 39.15	200m: 2:33.69 39.80	300m: 3:54.08 39.89	400m: 5:13.31 38.09			
30.	Rita Filipa Paulino	00	118462	Naval Setubalense	5:14.45		439
	<i>FTL</i>						
	50m: 34.77 34.77	150m: 1:53.35 39.46	250m: 3:14.26 40.57	350m: 4:35.36 40.65			
	100m: 1:13.89 39.12	200m: 2:33.69 40.34	300m: 3:54.71 40.45	400m: 5:14.45 39.09			
31.	Sara Filipa Santos	00	110475	Porto	5:16.47		431
	<i>FTL</i>						
	50m: 34.72 34.72	150m: 1:53.49 39.74	250m: 3:14.16 40.10	350m: 4:36.41 41.27			
	100m: 1:13.75 39.03	200m: 2:34.06 40.57	300m: 3:55.14 40.98	400m: 5:16.47 40.06			
DNS	Carolina Maeiro Augusto	00	109750	Natacao de Olhao			