

Prova 1
07-12-2013

Femin., 800m Livres

Absolutos
Resultados

Recorde Nacional (25m) Absoluto	8:41.65	Angelica Maria Andre	LSC	Porto	09-12-2012
Recorde Nacional (25m) Inf B	9:33.95	Filipa Vilas Ruivo	DNMG	Nazaré	16-05-2009
Recorde Nacional (25m) Inf A	9:03.90	Alexandra Maria Silva	FCP	Porto	13-07-1980
Recorde Nacional (25m) Juv B	9:00.27	Alexandra Maria Silva	FCP		01-01-1981
Recorde Nacional (25m) Juv A	8:46.74	Ana Claudia Santos	SFUAP	Cantanhede	19-12-2004
Recorde Nacional (25m) Jun 16	8:52.24	Ana Feio Alegria	SCB		01-01-1993
Recorde Nacional (25m) Jun 17	8:45.91	Marta Andreia Ferreira	FPN	Riesa (GER)	12-12-2002
Recorde Nacional (25m) Sen	8:41.65	Angelica Maria Andre	LSC	Porto	09-12-2012

Pontos: FINA 2013

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Angelica Maria Andre	94	15497	Fluvial Portuense	8:51.09	+0,73	743	25
	50m: 30.45 30.45			250m: 2:43.18 33.31 450m: 4:57.15 33.57			650m: 7:12.10 33.75	
	100m: 1:03.27 32.82			300m: 3:16.77 33.59 500m: 5:31.07 33.92			700m: 7:45.77 33.67	
	150m: 1:36.37 33.10			350m: 3:50.21 33.44 550m: 6:04.79 33.72			750m: 8:19.14 33.37	
	200m: 2:09.87 33.50			400m: 4:23.58 33.37 600m: 6:38.35 33.56			800m: 8:51.09 31.95	
2.	Joana Beatriz Bernardo	99	112387	Fundacao Beatriz Santos	9:33.43	+0,98	590	23
	50m: 32.48 32.48			250m: 2:55.17 35.85 450m: 5:21.45 36.94			650m: 7:47.42 36.05	
	100m: 1:07.98 35.50			300m: 3:31.45 36.28 500m: 5:57.67 36.22			700m: 8:23.32 35.90	
	150m: 1:43.48 35.50			350m: 4:08.11 36.66 550m: 6:34.31 36.64			750m: 8:58.88 35.56	
	200m: 2:19.32 35.84			400m: 4:44.51 36.40 600m: 7:11.37 37.06			800m: 9:33.43 34.55	
3.	Maria Dias Neves	99	108078	Miranda do Corvo	9:41.59	+0,93	565	22
	50m: 32.32 32.32			250m: 2:57.54 36.75 450m: 5:24.79 36.94			650m: 7:52.33 36.62	
	100m: 1:07.69 35.37			300m: 3:34.05 36.51 500m: 6:01.76 36.97			700m: 8:29.51 37.18	
	150m: 1:44.08 36.39			350m: 4:10.93 36.88 550m: 6:38.94 37.18			750m: 9:05.85 36.34	
	200m: 2:20.79 36.71			400m: 4:47.85 36.92 600m: 7:15.71 36.77			800m: 9:41.59 35.74	
4.	Beatriz Sousa Grou	96	15031	Tavira Natacao	9:44.27	+0,76	558	21
	50m: 31.15 31.15			250m: 2:55.67 36.33 450m: 5:24.47 37.54			650m: 7:54.68 37.81	
	100m: 1:06.83 35.68			300m: 3:32.53 36.86 500m: 6:02.13 37.66			700m: 8:31.97 37.29	
	150m: 1:43.16 36.33			350m: 4:09.59 37.06 550m: 6:39.56 37.43			750m: 9:08.97 37.00	
	200m: 2:19.34 36.18			400m: 4:46.93 37.34 600m: 7:16.87 37.31			800m: 9:44.27 35.30	
5.	Catarina Costa Fernandes	99	117253	Colegio Bernardette Romeira	9:46.02	+0,90	553	20
	50m: 33.14 33.14			250m: 2:59.84 37.29 450m: 5:28.66 37.37			650m: 7:57.75 37.29	
	100m: 1:08.99 35.85			300m: 3:37.00 37.16 500m: 6:05.84 37.18			700m: 8:34.98 37.23	
	150m: 1:45.76 36.77			350m: 4:14.26 37.26 550m: 6:43.07 37.23			750m: 9:11.52 36.54	
	200m: 2:22.55 36.79			400m: 4:51.29 37.03 600m: 7:20.46 37.39			800m: 9:46.02 34.50	
6.	Carla Laranjeira Marques	00	109363	Sporting de Aveiro	9:51.21	+0,93	538	19
	50m: 32.70 32.70			250m: 3:00.44 37.22 450m: 5:30.84 37.23			650m: 8:01.15 36.94	
	100m: 1:08.70 36.00			300m: 3:38.56 38.12 500m: 6:08.64 37.80			700m: 8:38.70 37.55	
	150m: 1:45.61 36.91			350m: 4:16.44 37.88 550m: 6:46.41 37.77			750m: 9:15.57 36.87	
	200m: 2:23.22 37.61			400m: 4:53.61 37.17 600m: 7:24.21 37.80			800m: 9:51.21 35.64	
7.	Maria Ornelas Armas	98	106961	Terceira Auto Clube	10:01.71	+1,08	511	18
	50m: 32.79 32.79			250m: 3:00.67 37.69 450m: 5:33.27 38.59			650m: 8:06.60 38.33	
	100m: 1:08.68 35.89			300m: 3:38.63 37.96 500m: 6:11.46 38.19			700m: 8:45.44 38.84	
	150m: 1:45.56 36.88			350m: 4:16.61 37.98 550m: 6:50.28 38.82			750m: 9:23.90 38.46	
	200m: 2:22.98 37.42			400m: 4:54.68 38.07 600m: 7:28.27 37.99			800m: 10:01.71 37.81	
8.	Joana Margarida Sousa	97	104510	Natacao de Valongo	10:04.62	+0,89	503	17
	50m: 34.17 34.17			250m: 3:04.92 37.88 450m: 5:36.12 37.37			650m: 8:08.27 37.83	
	100m: 1:11.33 37.16			300m: 3:42.95 38.03 500m: 6:13.47 37.35			700m: 8:47.80 39.53	
	150m: 1:49.18 37.85			350m: 4:20.68 37.73 550m: 6:51.29 37.82			750m: 9:26.33 38.53	
	200m: 2:27.04 37.86			400m: 4:58.75 38.07 600m: 7:30.44 39.15			800m: 10:04.62 38.29	
9.	Ana Sofia Ramos	97	102593	Fafe	10:07.74	+0,89	495	16
	50m: 33.69 33.69			250m: 3:02.18 37.65 450m: 5:35.59 38.47			650m: 8:11.83 39.61	
	100m: 1:09.93 36.24			300m: 3:40.06 37.88 500m: 6:14.27 38.68			700m: 8:51.02 39.19	
	150m: 1:47.08 37.15			350m: 4:18.70 38.64 550m: 6:53.22 38.95			750m: 9:30.00 38.98	
	200m: 2:24.53 37.45			400m: 4:57.12 38.42 600m: 7:32.22 39.00			800m: 10:07.74 37.74	

Prova 1, Femin., 800m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	Ana Sofia Filipe	95	26887	Nacional de Natacao	10:08.53	+0,87	494	15
	50m: 34.04 34.04		250m: 3:05.13 37.94	450m: 5:36.43 38.05	650m: 8:10.65 39.19			
	100m: 1:11.24 37.20		300m: 3:42.86 37.73	500m: 6:14.52 38.09	700m: 8:49.88 39.23			
	150m: 1:49.29 38.05		350m: 4:20.77 37.91	550m: 6:52.87 38.35	750m: 9:29.21 39.33			
	200m: 2:27.19 37.90		400m: 4:58.38 37.61	600m: 7:31.46 38.59	800m: 10:08.53 39.32			
11.	Helena Manuel Jose	90	15205	Ginasio Santo Tirso	10:13.41	+1,04	482	14
	50m: 34.40 34.40		250m: 3:05.25 38.06	450m: 5:39.71 38.31	650m: 8:16.61 39.17			
	100m: 1:11.66 37.26		300m: 3:43.75 38.50	500m: 6:18.40 38.69	700m: 8:56.52 39.91			
	150m: 1:49.40 37.74		350m: 4:22.34 38.59	550m: 6:57.60 39.20	750m: 9:35.64 39.12			
	200m: 2:27.19 37.79		400m: 5:01.40 39.06	600m: 7:37.44 39.84	800m: 10:13.41 37.77			
12.	Marta Sousa Oliveira	01	120775	Torres Novas	10:17.14	+0,94	473	13
	50m: 35.13 35.13		250m: 3:11.80 39.34	450m: 5:49.13 39.00	650m: 8:24.10 38.66			
	100m: 1:13.95 38.82		300m: 3:51.09 39.29	500m: 6:27.83 38.70	700m: 9:02.60 38.50			
	150m: 1:53.11 39.16		350m: 4:30.47 39.38	550m: 7:06.71 38.88	750m: 9:40.82 38.22			
	200m: 2:32.46 39.35		400m: 5:10.13 39.66	600m: 7:45.44 38.73	800m: 10:17.14 36.32			
13.	Joana Silva Ulpiano	00	119425	Laranjeiro	10:17.69	+0,87	472	12
	50m: 35.13 35.13		250m: 3:12.20 39.50	450m: 5:49.64 39.14	650m: 8:24.58 38.78			
	100m: 1:14.27 39.14		300m: 3:52.02 39.82	500m: 6:27.98 38.34	700m: 9:03.01 38.43			
	150m: 1:53.49 39.22		350m: 4:31.23 39.21	550m: 7:06.88 38.90	750m: 9:40.62 37.61			
	200m: 2:32.70 39.21		400m: 5:10.50 39.27	600m: 7:45.80 38.92	800m: 10:17.69 37.07			
14.	Rita Filipa Paulino	00	118462	Naval Setubalense	10:21.98	+0,81	462	11
	50m: 34.84 34.84		250m: 3:12.52 39.89	450m: 5:50.39 39.00	650m: 8:27.22 39.37			
	100m: 1:13.39 38.55		300m: 3:52.49 39.97	500m: 6:29.38 38.99	700m: 9:06.28 39.06			
	150m: 1:52.69 39.30		350m: 4:32.45 39.96	550m: 7:08.87 39.49	750m: 9:45.07 38.79			
	200m: 2:32.63 39.94		400m: 5:11.39 38.94	600m: 7:47.85 38.98	800m: 10:21.98 36.91			
15.	Laura Afonso Dias	98	107608	Natacao de Faro	10:23.65	+0,92	458	10
	50m: 34.43 34.43		250m: 3:09.61 39.05	450m: 5:46.66 39.24	650m: 8:25.97 39.97			
	100m: 1:12.57 38.14		300m: 3:48.97 39.36	500m: 6:26.13 39.47	700m: 9:05.91 39.94			
	150m: 1:51.34 38.77		350m: 4:28.26 39.29	550m: 7:05.98 39.85	750m: 9:45.76 39.85			
	200m: 2:30.56 39.22		400m: 5:07.42 39.16	600m: 7:46.00 40.02	800m: 10:23.65 37.89			
16.	Maria Migueis Teixeira	99	107574	Interior Norte	10:26.35	+0,89	453	9
	50m: 34.01 34.01		250m: 3:11.37 39.40	450m: 5:48.41 39.25	650m: 8:29.36 39.33			
	100m: 1:12.75 38.74		300m: 3:50.08 38.71	500m: 6:29.24 40.83	700m: 9:10.00 40.64			
	150m: 1:52.03 39.28		350m: 4:29.72 39.64	550m: 7:09.88 40.64	750m: 9:49.70 39.70			
	200m: 2:31.97 39.94		400m: 5:09.16 39.44	600m: 7:50.03 40.15	800m: 10:26.35 36.65			
17.	Raquel Sofia Jorge	98	108751	Salvaterra de Magos	10:28.29	+0,80	448	8
	50m: 34.50 34.50		250m: 3:09.88 39.44	450m: 5:49.40 40.09	650m: 8:30.15 40.11			
	100m: 1:12.43 37.93		300m: 3:49.51 39.63	500m: 6:29.55 40.15	700m: 9:10.19 40.04			
	150m: 1:51.33 38.90		350m: 4:29.35 39.84	550m: 7:09.88 40.33	750m: 9:50.09 39.90			
	200m: 2:30.44 39.11		400m: 5:09.31 39.96	600m: 7:50.04 40.16	800m: 10:28.29 38.20			
18.	Mafalda Cristina Pita	97	106066	Electrico Clube	10:38.50	+0,91	427	7
	50m: 34.44 34.44		250m: 3:12.51 39.98	450m: 5:53.56 39.68	650m: 8:37.91 41.41			
	100m: 1:13.05 38.61		300m: 3:52.90 40.39	500m: 6:34.15 40.59	700m: 9:18.09 40.18			
	150m: 1:52.75 39.70		350m: 4:33.30 40.40	550m: 7:15.22 41.07	750m: 9:58.95 40.86			
	200m: 2:32.53 39.78		400m: 5:13.88 40.58	600m: 7:56.50 41.28	800m: 10:38.50 39.55			
19.	Ana Rita Agostinho	99	117311	Natacao do Montijo	10:42.45	+0,99	419	6
	50m: 34.91 34.91		250m: 3:15.16 40.47	450m: 5:57.68 40.49	650m: 8:41.68 41.33			
	100m: 1:13.83 38.92		300m: 3:55.56 40.40	500m: 6:38.17 40.49	700m: 9:22.24 40.56			
	150m: 1:54.39 40.56		350m: 4:36.38 40.82	550m: 7:19.51 41.34	750m: 10:03.38 41.14			
	200m: 2:34.69 40.30		400m: 5:17.19 40.81	600m: 8:00.35 40.84	800m: 10:42.45 39.07			
20.	Ines Isabel Graca	00	121283	Gualdim Pais	10:43.46	+0,85	417	5
	50m: 35.11 35.11		250m: 3:17.45 41.53	450m: 6:00.35 40.72	650m: 8:44.76 40.89			
	100m: 1:14.46 39.35		300m: 3:58.48 41.03	500m: 6:41.75 41.40	700m: 9:26.01 41.25			
	150m: 1:54.62 40.16		350m: 4:39.67 41.19	550m: 7:22.74 40.99	750m: 10:06.52 40.51			
	200m: 2:35.92 41.30		400m: 5:19.63 39.96	600m: 8:03.87 41.13	800m: 10:43.46 36.94			

Prova 1, Femin., 800m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
21.	Mariana Jorge Duarte	97	110919	Nucleo de Pombal	10:44.30		416	4
	50m: 35.14 35.14		250m: 3:16.87	41.10	450m: 6:01.67	41.20	650m: 8:47.68	41.31
	100m: 1:14.41 39.27		300m: 3:58.06	41.19	500m: 6:42.74	41.07	700m: 9:27.62	39.94
	150m: 1:54.92 40.51		350m: 4:39.30	41.24	550m: 7:24.25	41.51	750m: 10:07.40	39.78
	200m: 2:35.77 40.85		400m: 5:20.47	41.17	600m: 8:06.37	42.12	800m: 10:44.30	36.90
22.	Mara Borba Gravato	99	112767	Natacao de Vagos	10:44.74	+0,91	415	3
	50m: 36.18 36.18		250m: 3:19.34	41.01	450m: 6:04.60	40.96	650m: 8:46.13	40.42
	100m: 1:16.09 39.91		300m: 4:00.80	41.46	500m: 6:45.86	41.26	700m: 9:26.76	40.63
	150m: 1:57.13 41.04		350m: 4:42.11	41.31	550m: 7:26.06	40.20	750m: 10:06.67	39.91
	200m: 2:38.33 41.20		400m: 5:23.64	41.53	600m: 8:05.71	39.65	800m: 10:44.74	38.07
23.	Carolina Marques Mendes	97	106519	Nucleo Sportinguista Terceira	10:48.77	+0,88	407	2
	50m: 35.23 35.23		250m: 3:14.97	40.91	450m: 6:00.79	41.26	650m: 8:46.61	41.37
	100m: 1:13.68 38.45		300m: 3:56.80	41.83	500m: 6:41.81	41.02	700m: 9:28.21	41.60
	150m: 1:53.53 39.85		350m: 4:38.15	41.35	550m: 7:23.62	41.81	750m: 10:09.89	41.68
	200m: 2:34.06 40.53		400m: 5:19.53	41.38	600m: 8:05.24	41.62	800m: 10:48.77	38.88
24.	Soraia Margarida Carvalho	00	124112	Albicastrense	11:27.02	+0,95	343	1
	50m: 36.11 36.11		250m: 3:26.86	43.76	450m: 6:23.61	44.15	650m: 9:18.63	43.30
	100m: 1:17.27 41.16		300m: 4:11.27	44.41	500m: 7:07.52	43.91	700m: 10:01.94	43.31
	150m: 2:00.38 43.11		350m: 4:55.34	44.07	550m: 7:51.33	43.81	750m: 10:45.05	43.11
	200m: 2:43.10 42.72		400m: 5:39.46	44.12	600m: 8:35.33	44.00	800m: 11:27.02	41.97