

Prova 10
07-12-2013

Masc., 400m Livres

Absolutos
Resultados

Recorde Nacional (25m) Absoluto	3:45.58	Fabio Manuel Pereira	FPN	Istambul (TUR)	10-12-2009
Recorde Nacional (25m) Inf B-13	4:21.95	Pedro Fontoura Oliveira	CFB	Santarém	04-04-2003
Recorde Nacional (25m) Inf A-14	4:13.24	Pedro Fontoura Oliveira	CFB	Reboleira	05-06-2004
Recorde Nacional (25m) Juv B-15	4:03.22	Joao Pedro Gil	ANAM	Algés	08-07-2012
Recorde Nacional (25m) Juv A-16	3:59.31	Joao Carlos Santos	ANAM	Algés	08-07-2012
Recorde Nacional (25m) Jun-17	3:56.54	Rui Filipe Costa	VSC	Feigueiras	24-11-2007
Recorde Nacional (25m) Jun-18	3:50.52	Adriano Miguel Niz	CFV	Fafe	26-06-2004
Recorde Nacional (25m) Sen-19+	3:45.58	Fabio Manuel Pereira	FPN	Istambul (TUR)	10-12-2009

Pontos: FINA 2013

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Tiago Manuel Teixeira	96	102485	Fafe	4:05.70	+0,69	644	25
	50m: 26.67 26.67	150m: 1:26.22	30.05	250m: 2:29.23	31.59	350m: 3:33.71	32.04	
	100m: 56.17 29.50	200m: 1:57.64	31.42	300m: 3:01.67	32.44	400m: 4:05.70	31.99	
2.	Joao Pedro Braga	94	25892	Naval Ponta Delgada	4:07.11	+0,79	633	23
	50m: 27.30 27.30	150m: 1:29.72	31.63	250m: 2:33.21	31.82	350m: 3:37.04	31.74	
	100m: 58.09 30.79	200m: 2:01.39	31.67	300m: 3:05.30	32.09	400m: 4:07.11	30.07	
3.	Hugo Neves Neto	94	110453	Columbofila Cantanhedense	4:08.48	+0,84	623	22
	50m: 28.46 28.46	150m: 1:31.22	31.68	250m: 2:35.03	31.90	350m: 3:38.56	31.98	
	100m: 59.54 31.08	200m: 2:03.13	31.91	300m: 3:06.58	31.55	400m: 4:08.48	29.92	
4.	Guilherme Filipe Pina	98	107450	Benedita	4:08.54	+0,78	622	21
	50m: 27.54 27.54	150m: 1:29.23	31.36	250m: 2:32.68	31.78	350m: 3:37.31	32.38	
	100m: 57.87 30.33	200m: 2:00.90	31.67	300m: 3:04.93	32.25	400m: 4:08.54	31.23	
5.	Afonso Mateus Ribeiro	95	100430	Belenenses	4:10.55	+0,64	607	20
	50m: 28.46 28.46	150m: 1:30.30	31.27	250m: 2:33.40	31.73	350m: 3:38.61	32.52	
	100m: 59.03 30.57	200m: 2:01.67	31.37	300m: 3:06.09	32.69	400m: 4:10.55	31.94	
6.	Pedro Rafael Garcia	96	123689	Academico Viseu	4:11.55	+0,73	600	19
	50m: 27.82 27.82	150m: 1:30.26	31.70	250m: 2:35.36	32.78	350m: 3:40.55	32.50	
	100m: 58.56 30.74	200m: 2:02.58	32.32	300m: 3:08.05	32.69	400m: 4:11.55	31.00	
7.	Tomas Gomes Oliveira	99	112715	Nautico Marinha Grande	4:13.17	+0,83	589	18
	50m: 28.18 28.18	150m: 1:30.68	31.86	250m: 2:35.94	33.00	350m: 3:41.50	33.00	
	100m: 58.82 30.64	200m: 2:02.94	32.26	300m: 3:08.50	32.56	400m: 4:13.17	31.67	
8.	Miguel Galeao Lopes	96	105891	Portinado	4:15.83	+0,69	571	17
	50m: 27.64 27.64	150m: 1:31.20	32.12	250m: 2:37.99	33.73	350m: 3:44.75	33.08	
	100m: 59.08 31.44	200m: 2:04.26	33.06	300m: 3:11.67	33.68	400m: 4:15.83	31.08	
9.	Jose Carlos Teixeira	96	102982	Foca	4:16.84	+0,78	564	16
	50m: 28.09 28.09	150m: 1:31.53	32.39	250m: 2:37.67	32.66	350m: 3:44.42	33.38	
	100m: 59.14 31.05	200m: 2:05.01	33.48	300m: 3:11.04	33.37	400m: 4:16.84	32.42	
10.	Tiago Joao Meira	96	25816	Viana Natacao	4:17.11	+0,81	562	15
	50m: 27.14 27.14	150m: 1:29.98	32.01	250m: 2:36.33	33.53	350m: 3:44.17	34.12	
	100m: 57.97 30.83	200m: 2:02.80	32.82	300m: 3:10.05	33.72	400m: 4:17.11	32.94	
11.	Nuno Goncalo Santos	96	101865	Bairro dos Anjos/Bomcar	4:17.88	+0,83	557	14
	50m: 28.78 28.78	150m: 1:32.65	32.33	250m: 2:39.56	33.54	350m: 3:46.64	33.08	
	100m: 1:00.32 31.54	200m: 2:06.02	33.37	300m: 3:13.56	34.00	400m: 4:17.88	31.24	
	Humberto Fernandes Felgueira	98	105205	Natacao de Valongo	4:17.88	+0,90	557	14
	50m: 28.83 28.83	150m: 1:33.17	32.65	250m: 2:38.67	32.37	350m: 3:45.74	33.46	
	100m: 1:00.52 31.69	200m: 2:06.30	33.13	300m: 3:12.28	33.61	400m: 4:17.88	32.14	
13.	Miguel Filipe Pinto	96	105729	Ginasio Santo Tirso	4:18.38	+0,85	554	12
	50m: 27.73 27.73	150m: 1:30.93	32.00	250m: 2:36.03	33.12	350m: 3:44.77	34.74	
	100m: 58.93 31.20	200m: 2:02.91	31.98	300m: 3:10.03	34.00	400m: 4:18.38	33.61	
14.	Alexandre Magno Carvalho	98	108284	Fluvial Portuense	4:19.00	+0,75	550	11
	50m: 28.48 28.48	150m: 1:33.51	33.10	250m: 2:39.91	33.00	350m: 3:46.39	33.10	
	100m: 1:00.41 31.93	200m: 2:06.91	33.40	300m: 3:13.29	33.38	400m: 4:19.00	32.61	

Prova 10, Masc., 400m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
15.	Bernardo Filipe Pereira	96	116967	Pimpoes/Cimai	4:21.52	+0,81	534	10
	50m: 28.39 28.39		150m: 1:32.51	32.61	250m: 2:40.22	34.19	350m: 3:48.54	34.15
	100m: 59.90 31.51		200m: 2:06.03	33.52	300m: 3:14.39	34.17	400m: 4:21.52	32.98
16.	Leonardo Rochinha Pedro	98	111381	Bombeiros dos Estoris	4:21.65	+0,73	533	9
	50m: 28.07 28.07		150m: 1:32.34	32.93	250m: 2:39.31	33.58	350m: 3:48.03	34.48
	100m: 59.41 31.34		200m: 2:05.73	33.39	300m: 3:13.55	34.24	400m: 4:21.65	33.62
17.	Alcides Costa Sousa	94	103744	Feirense	4:23.93	+0,78	520	8
	50m: 28.79 28.79		150m: 1:32.67	32.35	250m: 2:39.71	34.00	350m: 3:49.58	35.11
	100m: 1:00.32 31.53		200m: 2:05.71	33.04	300m: 3:14.47	34.76	400m: 4:23.93	34.35
18.	Joao Luis Baeta	94	12151	Viver Santarem	4:25.08	+0,76	513	7
	50m: 28.90 28.90		150m: 1:33.95	33.07	250m: 2:42.57	34.78	350m: 3:52.06	34.63
	100m: 1:00.88 31.98		200m: 2:07.79	33.84	300m: 3:17.43	34.86	400m: 4:25.08	33.02
19.	Dario Fausto Matias	98	106690	Torres Novas	4:25.92	+0,85	508	6
	50m: 29.28 29.28		150m: 1:36.06	34.04	250m: 2:45.55	34.51	350m: 3:54.45	33.98
	100m: 1:02.02 32.74		200m: 2:11.04	34.98	300m: 3:20.47	34.92	400m: 4:25.92	31.47
20.	Nelson Pereira Malheiros	99	112269	Litoral Alentejano	4:28.53	+0,81	493	5
	50m: 28.53 28.53		150m: 1:34.38	33.82	250m: 2:43.68	34.75	350m: 3:54.39	35.38
	100m: 1:00.56 32.03		200m: 2:08.93	34.55	300m: 3:19.01	35.33	400m: 4:28.53	34.14
21.	Nuno Tiago Lopes	98	110423	Ginasio de Vila Real	4:30.29	+0,78	484	4
	50m: 28.05 28.05		150m: 1:32.55	33.04	250m: 2:41.33	34.81	350m: 3:53.74	36.61
	100m: 59.51 31.46		200m: 2:06.52	33.97	300m: 3:17.13	35.80	400m: 4:30.29	36.55
22.	Rodrigo Manuel Monteiro	98	109389	Sporting Espinho	4:31.91	+0,92	475	3
	50m: 28.79 28.79		150m: 1:34.65	33.69	250m: 2:45.22	35.42	350m: 3:57.10	36.03
	100m: 1:00.96 32.17		200m: 2:09.80	35.15	300m: 3:21.07	35.85	400m: 4:31.91	34.81
23.	Joao Paulo Ferreira	98	128914	Naval Setubalense	4:38.43	+0,86	442	2
	50m: 29.01 29.01		150m: 1:37.38	35.19	250m: 2:49.82	36.52	350m: 4:03.04	36.60
	100m: 1:02.19 33.18		200m: 2:13.30	35.92	300m: 3:26.44	36.62	400m: 4:38.43	35.39
24.	Joao Pedro Teves	99	107150	Bombeiros Ponta Delgada	4:47.42	+0,71	402	1
	50m: 29.41 29.41		150m: 1:40.19	36.28	250m: 2:54.89	37.58	350m: 4:10.74	38.17
	100m: 1:03.91 34.50		200m: 2:17.31	37.12	300m: 3:32.57	37.68	400m: 4:47.42	36.68