

Prova 19 Masc., 800m Livres 17 anos e mais velhos
21-12-2013 Resultados

Recordes Nacionais 25m Absoluto	7:59.51	Paulo Fragueiro Franco	CDN	Leiria	06-12-2009
Recordes Nacionais 25m Jun 17	8:00.80	Gustavo Manuel Santa	CNLA	Leiria	06-12-2009
Recordes Nacionais 25m Jun 18	8:10.11	Rui Filipe Costa	VSC	Vila Mea	16-05-2009
Recordes Nacionais 25m Sen	7:59.51	Paulo Fragueiro Franco	CDN	Leiria	06-12-2009

TAC-JUN1M Jun 17 50m: 9:11.08 - 25m: 9:00.06 / TAC-JUN2M Jun 18: 8:52.27 / TAC-SENM Sen: 8:39.28

Pontos: FINA 2013

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	Pts
1.	Rafael Lourenco Gil <i>Recorde Nacional</i>	96	105234	Naval Amorense	8:00.39	+0,72	786		
	50m: 27.36 27.36			250m: 2:27.19 29.90	450m: 4:27.58 30.33	650m: 6:30.51 30.40			
	100m: 57.14 29.78			300m: 2:57.11 29.92	500m: 4:58.34 30.76	700m: 7:00.86 30.35			
	150m: 1:27.33 30.19			350m: 3:27.05 29.94	550m: 5:29.26 30.92	750m: 7:31.43 30.57			
	200m: 1:57.29 29.96			400m: 3:57.25 30.20	600m: 6:00.11 30.85	800m: 8:00.39 28.96			
2.	Joao Carlos Santos	96	104253	Naval Amorense	8:08.50	+0,70	747		
	50m: 28.58 28.58			250m: 2:31.17 30.81	450m: 4:35.16 30.97	650m: 6:38.60 30.24			
	100m: 58.66 30.08			300m: 3:02.02 30.85	500m: 5:06.21 31.05	700m: 7:09.34 30.74			
	150m: 1:29.59 30.93			350m: 3:33.21 31.19	550m: 5:37.53 31.32	750m: 7:39.84 30.50			
	200m: 2:00.36 30.77			400m: 4:04.19 30.98	600m: 6:08.36 30.83	800m: 8:08.50 28.66			
3.	Goncalo Cardoso Carmo	96	101124	Colegio Vasco da Gama	8:14.34	+0,49	721		
	50m: 27.41 27.41			250m: 2:30.32 31.59	450m: 4:37.18 31.05	650m: 6:42.38 31.33			
	100m: 57.21 29.80			300m: 3:01.98 31.66	500m: 5:08.16 30.98	700m: 7:13.38 31.00			
	150m: 1:27.83 30.62			350m: 3:34.11 32.13	550m: 5:39.50 31.34	750m: 7:44.92 31.54			
	200m: 1:58.73 30.90			400m: 4:06.13 32.02	600m: 6:11.05 31.55	800m: 8:14.34 29.42			
4.	Joao Pedro Gil	97	108343	Naval Amorense	8:14.96	+0,75	719		
	50m: 27.96 27.96			250m: 2:31.50 31.05	450m: 4:37.82 31.99	650m: 6:43.12 31.52			
	100m: 58.72 30.76			300m: 3:02.96 31.46	500m: 5:09.44 31.62	700m: 7:14.82 31.70			
	150m: 1:29.60 30.88			350m: 3:34.44 31.48	550m: 5:40.79 31.35	750m: 7:45.83 31.01			
	200m: 2:00.45 30.85			400m: 4:05.83 31.39	600m: 6:11.60 30.81	800m: 8:14.96 29.13			
5.	Tomas Risso Fernandes	96	111208	Colegio Vasco da Gama	8:30.74	+0,79	654		
	50m: 28.77 28.77			250m: 2:36.01 32.28	450m: 4:44.92 32.04	650m: 6:54.86 32.41			
	100m: 59.82 31.05			300m: 3:08.48 32.47	500m: 5:17.63 32.71	700m: 7:27.10 32.24			
	150m: 1:31.82 32.00			350m: 3:40.49 32.01	550m: 5:49.71 32.08	750m: 7:59.39 32.29			
	200m: 2:03.73 31.91			400m: 4:12.88 32.39	600m: 6:22.45 32.74	800m: 8:30.74 31.35			
6.	Miguel Angelo Silvestre	97	103538	Alcobaca	8:32.59	+0,73	647		
	50m: 28.72 28.72			250m: 2:37.71 32.13	450m: 4:45.89 31.94	650m: 6:56.31 32.61			
	100m: 1:00.78 32.06			300m: 3:09.83 32.12	500m: 5:18.66 32.77	700m: 7:28.75 32.44			
	150m: 1:33.18 32.40			350m: 3:41.91 32.08	550m: 5:51.11 32.45	750m: 8:01.21 32.46			
	200m: 2:05.58 32.40			400m: 4:13.95 32.04	600m: 6:23.70 32.59	800m: 8:32.59 31.38			
7.	Joao Miguel Cardoso	97	109124	Geslours	8:35.07	+0,85	638		
	50m: 29.64 29.64			250m: 2:38.35 32.69	450m: 4:48.80 32.32	650m: 6:58.91 32.21			
	100m: 1:01.17 31.53			300m: 3:11.21 32.86	500m: 5:21.32 32.52	700m: 7:31.39 32.48			
	150m: 1:33.09 31.92			350m: 3:43.83 32.62	550m: 5:53.99 32.67	750m: 8:03.96 32.57			
	200m: 2:05.66 32.57			400m: 4:16.48 32.65	600m: 6:26.70 32.71	800m: 8:35.07 31.11			
8.	Vitor Joao Pereira	97	102545	Leixoes	8:35.23	+0,91	637		
	50m: 28.54 28.54			250m: 2:36.51 32.61	450m: 4:47.23 33.12	650m: 6:59.12 32.76			
	100m: 59.68 31.14			300m: 3:08.95 32.44	500m: 5:20.23 33.00	700m: 7:31.67 32.55			
	150m: 1:31.45 31.77			350m: 3:41.47 32.52	550m: 5:53.39 33.16	750m: 8:03.78 32.11			
	200m: 2:03.90 32.45			400m: 4:14.11 32.64	600m: 6:26.36 32.97	800m: 8:35.23 31.45			
9.	Ruben Jose Morim	97	107935	Vilacondense	8:37.23	+0,82	630		
	50m: 28.76 28.76			250m: 2:37.56 32.53	450m: 4:49.19 32.96	650m: 7:00.88 32.12			
	100m: 1:00.35 31.59			300m: 3:10.60 33.04	500m: 5:22.30 33.11	700m: 7:33.70 32.82			
	150m: 1:32.58 32.23			350m: 3:43.61 33.01	550m: 5:55.39 33.09	750m: 8:06.13 32.43			
	200m: 2:05.03 32.45			400m: 4:16.23 32.62	600m: 6:28.76 33.37	800m: 8:37.23 31.10			

Prova 19, Masc., 800m Livres, Juniores

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	Pts
10.	Pedro Veiguiinha Martins	96	107233	Braga	8:39.90	+0,83	620		
	50m: 30.14 30.14			250m: 2:39.82 31.97	450m: 4:52.05 33.28	650m: 7:04.28 32.88			
	100m: 1:02.77 32.63			300m: 3:12.91 33.09	500m: 5:25.17 33.12	700m: 7:37.53 33.25			
	150m: 1:35.24 32.47			350m: 3:45.88 32.97	550m: 5:58.29 33.12	750m: 8:10.44 32.91			
	200m: 2:07.85 32.61			400m: 4:18.77 32.89	600m: 6:31.40 33.11	800m: 8:39.90 29.46			
11.	Rafael Rocha Ferreira	96	103871	Galitos	8:41.94	+0,90	613		
	50m: 29.86 29.86			250m: 2:40.17 32.59	450m: 4:52.00 32.93	650m: 7:04.24 32.94			
	100m: 1:01.93 32.07			300m: 3:12.76 32.59	500m: 5:25.06 33.06	700m: 7:37.30 33.06			
	150m: 1:34.59 32.66			350m: 3:45.94 33.18	550m: 5:58.20 33.14	750m: 8:10.21 32.91			
	200m: 2:07.58 32.99			400m: 4:19.07 33.13	600m: 6:31.30 33.10	800m: 8:41.94 31.73			
12.	Ricardo Eduardo Afonso	97	105414	Braga	8:50.35	+0,74	584		
	50m: 29.23 29.23			250m: 2:40.55 33.31	450m: 4:56.08 34.13	650m: 7:11.20 33.68			
	100m: 1:01.38 32.15			300m: 3:14.10 33.55	500m: 5:30.21 34.13	700m: 7:44.76 33.56			
	150m: 1:34.05 32.67			350m: 3:48.19 34.09	550m: 6:03.66 33.45	750m: 8:18.69 33.93			
	200m: 2:07.24 33.19			400m: 4:21.95 33.76	600m: 6:37.52 33.86	800m: 8:50.35 31.66			
13.	Joao Ricardo Silva	97	116947	Ginasio Figueirense	8:50.42	+0,76	584		
	50m: 29.56 29.56			250m: 2:41.36 33.30	450m: 4:55.65 33.54	650m: 7:11.31 33.94			
	100m: 1:01.73 32.17			300m: 3:14.85 33.49	500m: 5:29.62 33.97	700m: 7:45.19 33.88			
	150m: 1:34.49 32.76			350m: 3:48.58 33.73	550m: 6:03.56 33.94	750m: 8:19.09 33.90			
	200m: 2:08.06 33.57			400m: 4:22.11 33.53	600m: 6:37.37 33.81	800m: 8:50.42 31.33			
14.	Joao Miguel Lopes	96	103344	Electrico	8:50.50	+0,87	583		
	50m: 30.12 30.12			250m: 2:42.09 33.23	450m: 4:57.37 33.67	650m: 7:12.71 33.65			
	100m: 1:02.66 32.54			300m: 3:15.74 33.65	500m: 5:31.05 33.68	700m: 7:46.01 33.30			
	150m: 1:35.68 33.02			350m: 3:49.61 33.87	550m: 6:04.87 33.82	750m: 8:19.19 33.18			
	200m: 2:08.86 33.18			400m: 4:23.70 34.09	600m: 6:39.06 34.19	800m: 8:50.50 31.31			
15.	David Emanuel Martins	97	105429	Braga	8:50.59	+1,01	583		
	50m: 29.40 29.40			250m: 2:42.08 33.62	450m: 4:57.62 33.63	650m: 7:13.35 34.24			
	100m: 1:01.92 32.52			300m: 3:15.94 33.86	500m: 5:31.46 33.84	700m: 7:47.27 33.92			
	150m: 1:35.09 33.17			350m: 3:50.11 34.17	550m: 6:05.29 33.83	750m: 8:19.95 32.68			
	200m: 2:08.46 33.37			400m: 4:23.99 33.88	600m: 6:39.11 33.82	800m: 8:50.59 30.64			
16.	David Nunes Sousa	96	112204	Famalicao	8:51.56	+0,80	580		
	50m: 29.00 29.00			250m: 2:41.97 33.83	450m: 4:58.10 34.02	650m: 7:14.38 34.09			
	100m: 1:01.43 32.43			300m: 3:15.84 33.87	500m: 5:31.80 33.70	700m: 7:47.65 33.27			
	150m: 1:34.56 33.13			350m: 3:49.85 34.01	550m: 6:06.23 34.43	750m: 8:21.94 34.29			
	200m: 2:08.14 33.58			400m: 4:24.08 34.23	600m: 6:40.29 34.06	800m: 8:51.56 29.62			
17.	Bruno Miguel Rainho FTL	96	111214	Gesloures	8:52.50	+0,99	577		
	50m: 29.24 29.24			250m: 2:40.47 33.28	450m: 4:55.51 34.12	650m: 7:11.18 34.56			
	100m: 1:00.81 31.57			300m: 3:14.25 33.78	500m: 5:29.25 33.74	700m: 7:46.21 35.03			
	150m: 1:33.72 32.91			350m: 3:47.86 33.61	550m: 6:02.73 33.48	750m: 8:20.45 34.24			
	200m: 2:07.19 33.47			400m: 4:21.39 33.53	600m: 6:36.62 33.89	800m: 8:52.50 32.05			
18.	Jose Carlos Teixeira FTL	96	102982	Foca	8:55.12	+0,85	568		
	50m: 29.03 29.03			250m: 2:41.58 33.54	450m: 4:57.35 33.61	650m: 7:13.39 34.36			
	100m: 1:01.45 32.42			300m: 3:15.60 34.02	500m: 5:31.11 33.76	700m: 7:47.52 34.13			
	150m: 1:34.49 33.04			350m: 3:49.52 33.92	550m: 6:05.17 34.06	750m: 8:22.01 34.49			
	200m: 2:08.04 33.55			400m: 4:23.74 34.22	600m: 6:39.03 33.86	800m: 8:55.12 33.11			
19.	Narciso Daniel Correia FTL	97	111197	Braga	9:24.13	+0,85	485		
	50m: 29.92 29.92			250m: 2:46.04 35.20	450m: 5:08.87 36.57	650m: 7:34.27 36.55			
	100m: 1:02.68 32.76			300m: 3:21.52 35.48	500m: 5:44.92 36.05	700m: 8:11.17 36.90			
	150m: 1:36.28 33.60			350m: 3:56.66 35.14	550m: 6:21.15 36.23	750m: 8:47.70 36.53			
	200m: 2:10.84 34.56			400m: 4:32.30 35.64	600m: 6:57.72 36.57	800m: 9:24.13 36.43			

Prova 19, Masc., 800m Livres

Seniores

1. Pedro Miguel Pinotes	89	26732	Sporting	7:56.89	+0,70	803					
<i>Recorde Nacional</i>											
50m:	27.31	27.31	250m:	2:26.89	29.88	450m:	4:27.38	30.54	650m:	6:29.57	29.48
100m:	56.98	29.67	300m:	2:56.63	29.74	500m:	4:58.21	30.83	700m:	6:59.14	29.57
150m:	1:27.10	30.12	350m:	3:26.54	29.91	550m:	5:29.28	31.07	750m:	7:28.60	29.46
200m:	1:57.01	29.91	400m:	3:56.84	30.30	600m:	6:00.09	30.81	800m:	7:56.89	28.29
2. Mario Andre Bonanca	90	12773	Sporting	8:09.19	+0,79	744					
50m:	27.58	27.58	250m:	2:28.03	30.17	450m:	4:33.13	31.06	650m:	6:38.50	31.42
100m:	57.46	29.88	300m:	2:58.82	30.79	500m:	5:04.54	31.41	700m:	7:09.81	31.31
150m:	1:27.57	30.11	350m:	3:30.46	31.64	550m:	5:35.82	31.28	750m:	7:40.79	30.98
200m:	1:57.86	30.29	400m:	4:02.07	31.61	600m:	6:07.08	31.26	800m:	8:09.19	28.40
3. Ricardo Ferreira Cotovio	91	10921	Sporting	8:09.22	+0,75	744					
50m:	27.59	27.59	250m:	2:29.36	30.51	450m:	4:32.63	30.98	650m:	6:38.35	31.66
100m:	57.89	30.30	300m:	2:59.92	30.56	500m:	5:03.74	31.11	700m:	7:09.59	31.24
150m:	1:28.27	30.38	350m:	3:30.78	30.86	550m:	5:35.10	31.36	750m:	7:40.63	31.04
200m:	1:58.85	30.58	400m:	4:01.65	30.87	600m:	6:06.69	31.59	800m:	8:09.22	28.59
4. Ricardo Manuel Machado	93	13278	Braga	8:14.34	+0,80	721					
50m:	27.84	27.84	250m:	2:30.58	31.48	450m:	4:36.01	30.85	650m:	6:42.56	32.39
100m:	57.76	29.92	300m:	3:02.00	31.42	500m:	5:07.19	31.18	700m:	7:13.96	31.40
150m:	1:28.34	30.58	350m:	3:33.98	31.98	550m:	5:38.16	30.97	750m:	7:44.94	30.98
200m:	1:59.10	30.76	400m:	4:05.16	31.18	600m:	6:10.17	32.01	800m:	8:14.34	29.40
5. Bernardo Leitao Graca	93	14838	Sporting	8:16.58	+0,73	711					
50m:	27.36	27.36	250m:	2:31.14	31.50	450m:	4:37.28	30.53	650m:	6:42.84	31.76
100m:	57.57	30.21	300m:	3:02.69	31.55	500m:	5:08.09	30.81	700m:	7:14.87	32.03
150m:	1:28.49	30.92	350m:	3:34.78	32.09	550m:	5:39.43	31.34	750m:	7:46.17	31.30
200m:	1:59.64	31.15	400m:	4:06.75	31.97	600m:	6:11.08	31.65	800m:	8:16.58	30.41
6. Tiago Silva Oliveira	94	15465	Leixoes	8:19.56	+0,74	699					
50m:	28.09	28.09	250m:	2:30.20	30.87	450m:	4:35.93	31.62	650m:	6:44.19	31.94
100m:	58.16	30.07	300m:	3:01.85	31.65	500m:	5:07.85	31.92	700m:	7:15.98	31.79
150m:	1:28.79	30.63	350m:	3:33.29	31.44	550m:	5:40.11	32.26	750m:	7:48.16	32.18
200m:	1:59.33	30.54	400m:	4:04.31	31.02	600m:	6:12.25	32.14	800m:	8:19.56	31.40
7. Artiom Viatcheslavovitch Poliakov	93	11114	Estrelas S. Joao de Brito	8:20.22	+0,62	696					
50m:	27.18	27.18	250m:	2:28.52	30.84	450m:	4:34.88	32.04	650m:	6:44.26	32.34
100m:	56.80	29.62	300m:	2:59.54	31.02	500m:	5:06.78	31.90	700m:	7:16.73	32.47
150m:	1:27.09	30.29	350m:	3:31.31	31.77	550m:	5:39.27	32.49	750m:	7:49.12	32.39
200m:	1:57.68	30.59	400m:	4:02.84	31.53	600m:	6:11.92	32.65	800m:	8:20.22	31.10
8. Rui Filipe Costa	91	24004	Vitoria de Guimaraes	8:20.53	+0,75	695					
50m:	28.88	28.88	250m:	2:33.57	31.67	450m:	4:41.22	31.86	650m:	6:49.38	31.54
100m:	59.45	30.57	300m:	3:05.47	31.90	500m:	5:13.49	32.27	700m:	7:21.04	31.66
150m:	1:30.49	31.04	350m:	3:37.37	31.90	550m:	5:45.76	32.27	750m:	7:52.15	31.11
200m:	2:01.90	31.41	400m:	4:09.36	31.99	600m:	6:17.84	32.08	800m:	8:20.53	28.38
9. Hugo Alberto Ribeiro	88	23114	Gespacos	8:21.82	+1,00	689					
50m:	28.40	28.40	250m:	2:31.92	31.06	450m:	4:37.37	31.59	650m:	6:45.64	32.23
100m:	58.94	30.54	300m:	3:03.19	31.27	500m:	5:09.24	31.87	700m:	7:18.66	33.02
150m:	1:29.80	30.86	350m:	3:34.32	31.13	550m:	5:41.18	31.94	750m:	7:51.20	32.54
200m:	2:00.86	31.06	400m:	4:05.78	31.46	600m:	6:13.41	32.23	800m:	8:21.82	30.62
10. Hugo Neves Neto	94	110453	Columbofila Cantanhedense	8:24.34	+0,88	679					
50m:	28.46	28.46	250m:	2:33.75	31.25	450m:	4:40.86	32.04	650m:	6:48.38	31.97
100m:	59.57	31.11	300m:	3:05.57	31.82	500m:	5:12.63	31.77	700m:	7:20.49	32.11
150m:	1:30.85	31.28	350m:	3:36.98	31.41	550m:	5:44.57	31.94	750m:	7:52.63	32.14
200m:	2:02.50	31.65	400m:	4:08.82	31.84	600m:	6:16.41	31.84	800m:	8:24.34	31.71
11. Artur Manuel Ferreira	95	101981	Porto	8:25.36	+0,86	675					
50m:	28.20	28.20	250m:	2:32.97	31.51	450m:	4:40.85	31.85	650m:	6:49.35	32.26
100m:	58.90	30.70	300m:	3:04.74	31.77	500m:	5:12.80	31.95	700m:	7:21.54	32.19
150m:	1:30.03	31.13	350m:	3:36.79	32.05	550m:	5:44.85	32.05	750m:	7:53.62	32.08
200m:	2:01.46	31.43	400m:	4:09.00	32.21	600m:	6:17.09	32.24	800m:	8:25.36	31.74

Prova 19, Masc., 800m Livres, Seniores

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	Pts
12.	Andre Rafael Marinho	93	10643	Uniao Piedense	8:35.52	+0,89	636		
	50m: 28.43 28.43			250m: 2:35.67 32.39	450m: 4:46.21 32.78	650m: 6:58.05 33.23			
	100m: 59.58 31.15			300m: 3:08.11 32.44	500m: 5:18.95 32.74	700m: 7:30.87 32.82			
	150m: 1:31.33 31.75			350m: 3:40.72 32.61	550m: 5:51.90 32.95	750m: 8:03.62 32.75			
	200m: 2:03.28 31.95			400m: 4:13.43 32.71	600m: 6:24.82 32.92	800m: 8:35.52 31.90			
13.	Pedro Maria Bessa	95	18656	Vilacondense	8:35.66	+0,75	635		
	50m: 28.26 28.26			250m: 2:35.77 31.94	450m: 4:46.31 32.34	650m: 6:57.03 33.44			
	100m: 59.33 31.07			300m: 3:08.23 32.46	500m: 5:18.55 32.24	700m: 7:30.76 33.73			
	150m: 1:31.24 31.91			350m: 3:40.94 32.71	550m: 5:51.62 33.07	750m: 8:04.07 33.31			
	200m: 2:03.83 32.59			400m: 4:13.97 33.03	600m: 6:23.59 31.97	800m: 8:35.66 31.59			
14.	Rui Pedro Faria	94	15592	Famalicao	8:40.04	+0,92	619		
	<i>FTL</i>								
	50m: 27.57 27.57			250m: 2:32.72 32.20	450m: 4:45.30 33.64	650m: 6:59.12 33.86			
	100m: 57.84 30.27			300m: 3:05.60 32.88	500m: 5:18.26 32.96	700m: 7:33.04 33.92			
	150m: 1:28.79 30.95			350m: 3:38.58 32.98	550m: 5:51.40 33.14	750m: 8:07.03 33.99			
	200m: 2:00.52 31.73			400m: 4:11.66 33.08	600m: 6:25.26 33.86	800m: 8:40.04 33.01			
15.	Duarte Nuno Vieira	95	104151	Desportivo Nacional	8:40.34	+0,69	618		
	<i>FTL</i>								
	50m: 28.37 28.37			250m: 2:38.55 32.63	450m: 4:50.54 33.47	650m: 7:02.72 33.34			
	100m: 1:00.14 31.77			300m: 3:11.24 32.69	500m: 5:23.35 32.81	700m: 7:35.91 33.19			
	150m: 1:33.07 32.93			350m: 3:44.25 33.01	550m: 5:56.26 32.91	750m: 8:08.24 32.33			
	200m: 2:05.92 32.85			400m: 4:17.07 32.82	600m: 6:29.38 33.12	800m: 8:40.34 32.10			
DNS	Vasco Miguel Gaspar	90	26500	Uniao Piedense					
DNF	Gustavo Manuel Santa	93	26492	Sporting					