

Prova 28 Femin., 800m Livres 16 anos e mais velhos  
22-12-2013 Resultados

Recordes Nacionais 25m Absoluto	8:41.65	Angelica Maria Andre	LSC	Porto	09-12-2012
Recordes Nacionais 25m Jun 16	8:52.24	Ana Feio Alegria	SCB	Algés	26-02-1993
Recordes Nacionais 25m Jun 17	8:45.91	Marta Andreia Ferreira	FPN	Riesa (GER)	12-12-2002
Recordes Nacionais 25m Sen	8:41.65	Angelica Maria Andre	LSC	Porto	09-12-2012

TAC-JUN1F Jun 16 50m: 9:46.49 - 25m: 9:34.76 / TAC-JUN2F Jun 17: 9:29.13 / TAC-SENF Sen: 9:23.49

Pontos: FINA 2013

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	Pts
<b>Juniores</b>									
1.	Filipa Vilas Ruivo	97	103568	Nautico Marinha Grande	<b>9:00.10</b>	+0,94	706		
	50m: 31.22 31.22			250m: 2:46.33 33.86	450m: 5:02.52 34.08		650m: 7:19.52 34.38		
	100m: 1:04.64 33.42			300m: 3:20.31 33.98	500m: 5:36.69 34.17		700m: 7:53.61 34.09		
	150m: 1:38.54 33.90			350m: 3:54.38 34.07	550m: 6:10.92 34.23		750m: 8:27.35 33.74		
	200m: 2:12.47 33.93			400m: 4:28.44 34.06	600m: 6:45.14 34.22		800m: 9:00.10 32.75		
2.	Mariana Cunha Guerra	98	102764	Columbofila Cantanhedense	<b>9:04.14</b>	+0,75	690		
	50m: 30.28 30.28			250m: 2:45.53 34.57	450m: 5:03.45 34.40		650m: 7:21.94 34.22		
	100m: 1:03.31 33.03			300m: 3:19.94 34.41	500m: 5:38.00 34.55		700m: 7:56.28 34.34		
	150m: 1:37.09 33.78			350m: 3:54.28 34.34	550m: 6:12.82 34.82		750m: 8:30.60 34.32		
	200m: 2:10.96 33.87			400m: 4:29.05 34.77	600m: 6:47.72 34.90		800m: 9:04.14 33.54		
3.	Maria Teresa Amorim	97	20104	Porto	<b>9:06.85</b>	+0,91	680		
	50m: 30.75 30.75			250m: 2:45.73 34.32	450m: 5:04.38 34.85		650m: 7:23.41 34.34		
	100m: 1:03.30 32.55			300m: 3:20.26 34.53	500m: 5:39.26 34.88		700m: 7:58.30 34.89		
	150m: 1:37.22 33.92			350m: 3:54.69 34.43	550m: 6:14.08 34.82		750m: 8:33.11 34.81		
	200m: 2:11.41 34.19			400m: 4:29.53 34.84	600m: 6:49.07 34.99		800m: 9:06.85 33.74		
4.	Carolina Mantua Guedes	98	110539	Sporting	<b>9:09.81</b>	+0,85	669		
	50m: 31.58 31.58			250m: 2:49.93 34.84	450m: 5:08.75 34.35		650m: 7:27.78 34.10		
	100m: 1:05.84 34.26			300m: 3:24.70 34.77	500m: 5:43.59 34.84		700m: 8:03.00 35.22		
	150m: 1:40.43 34.59			350m: 3:59.59 34.89	550m: 6:18.40 34.81		750m: 8:37.44 34.44		
	200m: 2:15.09 34.66			400m: 4:34.40 34.81	600m: 6:53.68 35.28		800m: 9:09.81 32.37		
5.	Barbara Marques Rodrigues	97	107039	Alges	<b>9:13.75</b>	+0,87	655		
	50m: 31.22 31.22			250m: 2:49.05 34.79	450m: 5:08.27 34.97		650m: 7:28.49 35.24		
	100m: 1:05.24 34.02			300m: 3:23.57 34.52	500m: 5:43.41 35.14		700m: 8:03.67 35.18		
	150m: 1:39.57 34.33			350m: 3:58.56 34.99	550m: 6:18.28 34.87		750m: 8:38.92 35.25		
	200m: 2:14.26 34.69			400m: 4:33.30 34.74	600m: 6:53.25 34.97		800m: 9:13.75 34.83		
6.	Maria Joao Fernandes	97	102092	Vilacondense	<b>9:20.16</b>	+0,77	633		
	50m: 31.97 31.97			250m: 2:52.90 35.31	450m: 5:15.07 35.52		650m: 7:36.27 35.34		
	100m: 1:06.64 34.67			300m: 3:28.39 35.49	500m: 5:50.37 35.30		700m: 8:11.60 35.33		
	150m: 1:42.05 35.41			350m: 4:03.97 35.58	550m: 6:25.50 35.13		750m: 8:46.59 34.99		
	200m: 2:17.59 35.54			400m: 4:39.55 35.58	600m: 7:00.93 35.43		800m: 9:20.16 33.57		
7.	Ana Silva Costa	98	104446	Famalicao	<b>9:30.55</b>	+0,80	599		
	50m: 31.87 31.87			250m: 2:53.55 35.81	450m: 5:17.50 36.00		650m: 7:42.22 36.19		
	100m: 1:06.38 34.51			300m: 3:29.40 35.85	500m: 5:53.75 36.25		700m: 8:18.80 36.58		
	150m: 1:41.94 35.56			350m: 4:05.52 36.12	550m: 6:29.86 36.11		750m: 8:54.85 36.05		
	200m: 2:17.74 35.80			400m: 4:41.50 35.98	600m: 7:06.03 36.17		800m: 9:30.55 35.70		
8.	Ana Raquel Ferreira	98	102755	Ginasio Figueirense	<b>9:32.22</b>	+0,84	594		
	50m: 31.69 31.69			250m: 2:52.58 35.54	450m: 5:15.82 35.89		650m: 7:42.81 36.96		
	100m: 1:06.44 34.75			300m: 3:28.27 35.69	500m: 5:52.30 36.48		700m: 8:19.75 36.94		
	150m: 1:41.67 35.23			350m: 4:03.81 35.54	550m: 6:28.99 36.69		750m: 8:56.64 36.89		
	200m: 2:17.04 35.37			400m: 4:39.93 36.12	600m: 7:05.85 36.86		800m: 9:32.22 35.58		
9.	Catarina Alexandra Jardim	98	104449	Famalicao	<b>9:52.01</b>	+0,76	536		
	<i>FTL</i>								
	50m: 32.53 32.53			250m: 2:57.67 37.03	450m: 5:27.39 37.77		650m: 7:59.62 38.30		
	100m: 1:07.96 35.43			300m: 3:35.09 37.42	500m: 6:04.88 37.49		700m: 8:37.58 37.96		
	150m: 1:44.13 36.17			350m: 4:12.01 36.92	550m: 6:43.22 38.34		750m: 9:15.34 37.76		
	200m: 2:20.64 36.51			400m: 4:49.62 37.61	600m: 7:21.32 38.10		800m: 9:52.01 36.67		
DNS	Marina Micaela Sequeira	98	112319	Uniao Piedense					

Prova 28, Femin., 800m Livres

Seniores

1. Angelica Maria Andre	94	15497	Fluvial Portuense	<b>8:45.02</b>	+0,78	769	
50m: 30.48 30.48	250m: 2:42.69 33.56	450m: 4:55.40 32.77	650m: 7:07.83 33.40	100m: 1:02.75 32.27	300m: 3:16.34 33.65	500m: 5:28.40 33.00	700m: 7:41.02 33.19
150m: 1:35.81 33.06	350m: 3:49.71 33.37	550m: 6:01.58 33.18	750m: 8:14.33 33.31	200m: 2:09.13 33.32	400m: 4:22.63 32.92	600m: 6:34.43 32.85	800m: 8:45.02 30.69
2. Florbela Cavaco Machado	96	103916	Columbofila Cantanhedense	<b>8:51.95</b>	+0,82	739	
50m: 31.51 31.51	250m: 2:43.71 33.51	450m: 4:57.93 33.48	650m: 7:13.03 33.76	100m: 1:04.10 32.59	300m: 3:17.24 33.53	500m: 5:31.43 33.50	700m: 7:47.01 33.98
150m: 1:37.22 33.12	350m: 3:50.76 33.52	550m: 6:05.23 33.80	750m: 8:20.45 33.44	200m: 2:10.20 32.98	400m: 4:24.45 33.69	600m: 6:39.27 34.04	800m: 8:51.95 31.50
3. Vania Soares Neves	90	12380	Leixoes	<b>8:56.89</b>	+0,79	719	
50m: 31.33 31.33	250m: 2:46.20 33.92	450m: 5:01.91 33.71	650m: 7:16.65 33.48	100m: 1:04.74 33.41	300m: 3:20.01 33.81	500m: 5:35.89 33.98	700m: 7:50.44 33.79
150m: 1:38.49 33.75	350m: 3:54.14 34.13	550m: 6:09.52 33.63	750m: 8:23.99 33.55	200m: 2:12.28 33.79	400m: 4:28.20 34.06	600m: 6:43.17 33.65	800m: 8:56.89 32.90
4. Ines Alexandra Paiva	96	100378	Alges	<b>9:04.47</b>	+0,79	689	
50m: 31.35 31.35	250m: 2:46.30 33.94	450m: 5:02.74 34.31	650m: 7:20.00 34.50	100m: 1:04.63 33.28	300m: 3:20.31 34.01	500m: 5:36.92 34.18	700m: 7:54.67 34.67
150m: 1:38.39 33.76	350m: 3:54.40 34.09	550m: 6:11.12 34.20	750m: 8:30.08 35.41	200m: 2:12.36 33.97	400m: 4:28.43 34.03	600m: 6:45.50 34.38	800m: 9:04.47 34.39
5. Ana Goncalves Neto	95	101958	Porto	<b>9:06.49</b>	+1,06	682	
50m: 31.68 31.68	250m: 2:49.95 34.71	450m: 5:08.22 33.68	650m: 7:23.56 34.15	100m: 1:05.70 34.02	300m: 3:24.72 34.77	500m: 5:41.57 33.35	700m: 7:58.04 34.48
150m: 1:40.30 34.60	350m: 3:59.70 34.98	550m: 6:15.39 33.82	750m: 8:33.00 34.96	200m: 2:15.24 34.94	400m: 4:34.54 34.84	600m: 6:49.41 34.02	800m: 9:06.49 33.49
6. Julia Matos Lopes	94	12490	Nautico de Coimbra	<b>9:09.10</b>	+0,79	672	
50m: 31.95 31.95	250m: 2:50.15 34.64	450m: 5:09.32 34.78	650m: 7:27.38 34.26	100m: 1:06.14 34.19	300m: 3:24.91 34.76	500m: 5:43.83 34.51	700m: 8:02.02 34.64
150m: 1:40.74 34.60	350m: 3:59.66 34.75	550m: 6:18.74 34.91	750m: 8:36.14 34.12	200m: 2:15.51 34.77	400m: 4:34.54 34.88	600m: 6:53.12 34.38	800m: 9:09.10 32.96
7. Helena Paula Carvalho	95	107307	Uniao Piedense	<b>9:10.99</b>	+0,78	665	
50m: 31.10 31.10	250m: 2:50.22 35.37	450m: 5:09.58 34.49	650m: 7:28.09 34.57	100m: 1:05.16 34.06	300m: 3:25.29 35.07	500m: 5:43.95 34.37	700m: 8:02.79 34.70
150m: 1:39.82 34.66	350m: 4:00.39 35.10	550m: 6:18.71 34.76	750m: 8:37.89 35.10	200m: 2:14.85 35.03	400m: 4:35.09 34.70	600m: 6:53.52 34.81	800m: 9:10.99 33.10
8. Ana Monica Eloi	96	107038	Nautico Marinha Grande	<b>9:12.27</b>	+0,87	660	
50m: 31.42 31.42	250m: 2:47.41 34.08	450m: 5:06.19 35.15	650m: 7:27.15 35.65	100m: 1:04.98 33.56	300m: 3:21.90 34.49	500m: 5:41.19 35.00	700m: 8:02.58 35.43
150m: 1:39.07 34.09	350m: 3:56.29 34.39	550m: 6:16.46 35.27	750m: 8:37.59 35.01	200m: 2:13.33 34.26	400m: 4:31.04 34.75	600m: 6:51.50 35.04	800m: 9:12.27 34.68
9. Maria Luis Amorim	95	102029	Porto	<b>9:20.28</b>	+0,97	632	
50m: 30.48 30.48	250m: 2:48.19 35.13	450m: 5:09.21 34.97	650m: 7:33.03 36.45	100m: 1:03.79 33.31	300m: 3:23.53 35.34	500m: 5:44.60 35.39	700m: 8:09.16 36.13
150m: 1:38.04 34.25	350m: 3:58.48 34.95	550m: 6:20.54 35.94	750m: 8:45.14 35.98	200m: 2:13.06 35.02	400m: 4:34.24 35.76	600m: 6:56.58 36.04	800m: 9:20.28 35.14
10. Carolina Madeira Santos	96	104254	Naval Amorense	<b>9:21.15</b>	+0,93	630	
50m: 31.85 31.85	250m: 2:52.57 35.43	450m: 5:15.13 35.96	650m: 7:36.85 35.19	100m: 1:06.63 34.78	300m: 3:27.89 35.32	500m: 5:50.66 35.53	700m: 8:12.11 35.26
150m: 1:41.73 35.10	350m: 4:03.13 35.24	550m: 6:26.11 35.45	750m: 8:47.23 35.12	200m: 2:17.14 35.41	400m: 4:39.17 36.04	600m: 7:01.66 35.55	800m: 9:21.15 33.92
11. Marta Alexandra Saraiva	93	14641	Uniao Piedense	<b>9:38.38</b>	+0,83	575	
FTL							
50m: 32.14 32.14	250m: 2:55.29 36.10	450m: 5:20.75 36.45	650m: 7:48.37 36.95	100m: 1:06.80 34.66	300m: 3:31.43 36.14	500m: 5:57.56 36.81	700m: 8:25.58 37.21
150m: 1:42.84 36.04	350m: 4:07.81 36.38	550m: 6:34.33 36.77	750m: 9:02.39 36.81	200m: 2:19.19 36.35	400m: 4:44.30 36.49	600m: 7:11.42 37.09	800m: 9:38.38 35.99