

Prova 2 18-04-2014 - 9:40	Femin., 400m Livres 1ª Divisão				Absoluto Resultados
Recordes Nacionais 50m Absoluto	4:19.75	Ana Goncalves Neto	FPN	Luxembourg (LUX)	29-06-2013
Recordes Nacionais 50m Inf B	4:43.70	Alexandra Maria Silva	FCP	Funchal	27-07-1979
Recordes Nacionais 50m Inf A	4:31.53	Alexandra Maria Silva	FPN	Skovde (SWE)	08-08-1980
Recordes Nacionais 50m Juv B	4:28.67	Alexandra Maria Silva	FPN	Guadalupe (FRA)	24-04-1981
Recordes Nacionais 50m Juv A	4:24.42	Tamila Hryhorivna Holub	SCB	Coimbra	05-04-2014
Recordes Nacionais 50m Jun16	4:20.37	Marta Andreia Ferreira	FPN	Berlim (GER)	04-08-2002
Recordes Nacionais 50m Jun17	4:19.98	Florbela Cavaco Machado	ASSSCC	Coimbra	26-05-2013
Recordes Nacionais 50m Sen	4:19.75	Ana Goncalves Neto	FPN	Luxembourg (LUX)	29-06-2013

Pontos: FINA 2014

Lugar	Nome	AnNFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Florbela Cavaco Machado	96103916	Columbofila Cantanhedense	4:25.51	+0,80	730	9
	50m: 31.36 31.36	150m: 1:38.43 33.49	250m: 2:46.11 33.63	350m: 3:53.67 33.28			
	100m: 1:04.94 33.58	200m: 2:12.48 34.05	300m: 3:20.39 34.28	400m: 4:25.51 31.84			
2.	Mafalda Gomes Beleza	9426890	Sporting	4:27.20	+0,85	716	7
	50m: 30.73 30.73	150m: 1:38.40 34.30	250m: 2:45.94 33.45	350m: 3:54.04 33.80			
	100m: 1:04.10 33.37	200m: 2:12.49 34.09	300m: 3:20.24 34.30	400m: 4:27.20 33.16			
3.	Joana Aguiar Rodrigues	9315401	Porto	4:29.19	+0,90	701	6
	50m: 30.74 30.74	150m: 1:38.35 34.21	250m: 2:46.32 33.67	350m: 3:54.92 34.17			
	100m: 1:04.14 33.40	200m: 2:12.65 34.30	300m: 3:20.75 34.43	400m: 4:29.19 34.27			
4.	Francisca Gomes Azevedo	97100356	Alges	4:31.11	+0,81	686	5
	50m: 30.99 30.99	150m: 1:39.98 34.68	250m: 2:49.49 35.02	350m: 3:58.18 34.47			
	100m: 1:05.30 34.31	200m: 2:14.47 34.49	300m: 3:23.71 34.22	400m: 4:31.11 32.93			
5.	Helena Paula Carvalho	95107307	Uniao Piedense	4:34.60	+0,81	660	4
	50m: 31.48 31.48	150m: 1:40.61 35.00	250m: 2:50.58 34.78	350m: 4:00.80 34.77			
	100m: 1:05.61 34.13	200m: 2:15.80 35.19	300m: 3:26.03 35.45	400m: 4:34.60 33.80			
6.	Soraia Vanessa Ribeiro	9215857	Gespacos	4:40.38	+0,97	620	3
	50m: 31.41 31.41	150m: 1:40.41 34.84	250m: 2:51.24 35.20	350m: 4:03.82 36.36			
	100m: 1:05.57 34.16	200m: 2:16.04 35.63	300m: 3:27.46 36.22	400m: 4:40.38 36.56			
7.	Margarida Sobral Pimenta	99118764	Amadora	4:49.57	+0,88	563	2
	50m: 32.11 32.11	150m: 1:44.41 36.27	250m: 2:58.08 37.03	350m: 4:13.28 37.34			
	100m: 1:08.14 36.03	200m: 2:21.05 36.64	300m: 3:35.94 37.86	400m: 4:49.57 36.29			
8.	Jessica Goncalves Sequeira	95108647	GesLoures	4:56.20	+0,84	526	1
	50m: 32.53 32.53	150m: 1:44.08 36.72	250m: 3:00.85 38.59	350m: 4:18.30 38.53			
	100m: 1:07.36 34.83	200m: 2:22.26 38.18	300m: 3:39.77 38.92	400m: 4:56.20 37.90			