

Prova 3  
18-04-2014 - 9:50

Masc., 400m Livres  
2ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	3:52.29	Jorge Manuel Maia	FPN	Málaga (ESP)	05-04-2009
Recordes Nacionais 50m Inf B	4:28.42	Pedro Fontoura Oliveira	CFB	Restelo	26-07-2003
Recordes Nacionais 50m Inf A	4:15.99	Pedro Fontoura Oliveira	CFB	Badajoz (ESP)	11-07-2004
Recordes Nacionais 50m Juv B	4:06.22	Rui Filipe Costa	VSC	Coimbra	29-07-2006
Recordes Nacionais 50m Juv A	3:59.38	Gustavo Manuel Santa	FPN	Tampere (FIN)	21-07-2009
Recordes Nacionais 50m Jun17	3:57.15	Gustavo Manuel Santa	FPN	Helsinki (FIN)	14-07-2010
Recordes Nacionais 50m Jun18	3:58.26	Ivo Emanuel Carneiro	FPN	Linz (AUT)	12-07-2002
Recordes Nacionais 50m Sen	3:52.29	Jorge Manuel Maia	FPN	Málaga (ESP)	05-04-2009

Pontos: FINA 2014

Lugar	Nome	AnNFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Joao Carlos Santos	96104253	Naval Amorense	<b>4:03.35</b>	+0,70	739	17
	50m: 28.53 28.53	150m: 1:29.87 30.90	250m: 2:31.38 30.44	350m: 3:33.06 30.92			
	100m: 58.97 30.44	200m: 2:00.94 31.07	300m: 3:02.14 30.76	400m: 4:03.35 30.29			
2.	Hugo Alberto Ribeiro	8823114	Gespacos	<b>4:03.85</b>	+0,90	735	15
	50m: 28.25 28.25	150m: 1:29.35 30.94	250m: 2:31.25 30.97	350m: 3:33.14 31.01			
	100m: 58.41 30.16	200m: 2:00.28 30.93	300m: 3:02.13 30.88	400m: 4:03.85 30.71			
3.	Vasco Miguel Gaspar	9026500	Uniao Piedense	<b>4:05.84</b>	+0,74	717	14
	50m: 28.22 28.22	150m: 1:29.80 31.08	250m: 2:31.84 31.04	350m: 3:34.67 31.57			
	100m: 58.72 30.50	200m: 2:00.80 31.00	300m: 3:03.10 31.26	400m: 4:05.84 31.17			
4.	Tiago Silva Oliveira	9415465	Leixoes	<b>4:07.29</b>	+0,75	704	13
	50m: 28.34 28.34	150m: 1:30.53 31.32	250m: 2:33.08 31.31	350m: 3:36.30 31.65			
	100m: 59.21 30.87	200m: 2:01.77 31.24	300m: 3:04.65 31.57	400m: 4:07.29 30.99			
5.	Pedro Maria Bessa	9518656	Vilacondense	<b>4:08.15</b>	+0,81	697	12
	50m: 28.46 28.46	150m: 1:30.67 31.43	250m: 2:33.18 31.27	350m: 3:36.94 31.99			
	100m: 59.24 30.78	200m: 2:01.91 31.24	300m: 3:04.95 31.77	400m: 4:08.15 31.21			
6.	Andre Filipe Farinha	96105086	Benfica	<b>4:09.53</b>	+0,73	685	11
	50m: 28.61 28.61	150m: 1:31.04 31.57	250m: 2:33.96 30.96	350m: 3:37.17 31.73			
	100m: 59.47 30.86	200m: 2:03.00 31.96	300m: 3:05.44 31.48	400m: 4:09.53 32.36			
7.	Joao Duarte Santos	9526430	Estrelas S. Joao de Brito	<b>4:09.96</b>	+0,80	682	10
	50m: 28.29 28.29	150m: 1:31.77 31.93	250m: 2:35.68 31.72	350m: 3:39.32 31.54			
	100m: 59.84 31.55	200m: 2:03.96 32.19	300m: 3:07.78 32.10	400m: 4:09.96 30.64			
8.	Joao Alexandre Vital	98110165	Colegio Monte Maior	<b>4:11.31</b>	+0,77	671	9
	50m: 28.63 28.63	150m: 1:31.35 31.64	250m: 2:35.36 32.11	350m: 3:39.60 31.84			
	100m: 59.71 31.08	200m: 2:03.25 31.90	300m: 3:07.76 32.40	400m: 4:11.31 31.71			
9.	Rui Filipe Costa	9124004	Vitoria de Guimaraes/Olicargo	<b>4:12.68</b>	+0,77	660	8
	50m: 28.69 28.69	150m: 1:32.06 32.19	250m: 2:37.34 32.63	350m: 3:42.93 32.93			
	100m: 59.87 31.18	200m: 2:04.71 32.65	300m: 3:10.00 32.66	400m: 4:12.68 29.75			
10.	Joao Andre Neves	95101408	Academica de Coimbra	<b>4:12.85</b>	+0,86	659	7
	50m: 29.02 29.02	150m: 1:32.87 32.27	250m: 2:36.84 31.79	350m: 3:41.07 32.08			
	100m: 1:00.60 31.58	200m: 2:05.05 32.18	300m: 3:08.99 32.15	400m: 4:12.85 31.78			
11.	Miguel Angelo Passos	96105874	Desportiva de Viana	<b>4:16.03</b>	+0,94	635	6
	50m: 28.73 28.73	150m: 1:33.55 33.11	250m: 2:39.86 33.45	350m: 3:47.12 35.23			
	100m: 1:00.44 31.71	200m: 2:06.41 32.86	300m: 3:11.89 32.03	400m: 4:16.03 28.91			
12.	Miguel Angelo Silvestre	97103538	Alcobaca	<b>4:18.09</b>	+0,73	619	5
	50m: 28.68 28.68	150m: 1:33.68 32.84	250m: 2:40.56 33.35	350m: 3:46.85 33.22			
	100m: 1:00.84 32.16	200m: 2:07.21 33.53	300m: 3:13.63 33.07	400m: 4:18.09 31.24			
13.	Rui Miguel Lopes	94106253	Natacao de Olhao	<b>4:18.61</b>	+0,84	616	4
	50m: 29.84 29.84	150m: 1:35.98 33.75	250m: 2:45.26 34.90	350m: 3:56.87 36.02			
	100m: 1:02.23 32.39	200m: 2:10.36 34.38	300m: 3:20.85 35.59	400m: 4:18.61 21.74			
14.	Rafael Ladeiro Santos	98117122	GesLoures	<b>4:20.54</b>	+0,91	602	3
	50m: 29.16 29.16	150m: 1:34.79 33.47	250m: 2:41.94 33.74	350m: 3:48.34 33.20			
	100m: 1:01.32 32.16	200m: 2:08.20 33.41	300m: 3:15.14 33.20	400m: 4:20.54 32.20			

Prova 3, Masc., 400m Livres, Absoluto

Lugar	Nome	AnNFed	Clube	Tempo Final	TReac	Pts FINA	Pts
15.	Isidro Carrara Bittini	97127257	Alges	<b>4:22.26</b>	+0,79	590	2
	50m: 28.84 28.84	150m: 1:33.31 32.83	250m: 2:40.67 33.60	350m: 3:48.82 33.99			
	100m: 1:00.48 31.64	200m: 2:07.07 33.76	300m: 3:14.83 34.16	400m: 4:22.26 33.44			
16.	Eduardo Cardoso Lopes	99107596	Louletano / Loule Concelho	<b>4:28.86</b>	+0,86	548	1
	50m: 29.38 29.38	150m: 1:36.44 34.06	250m: 2:45.81 34.67	350m: 3:55.19 34.70			
	100m: 1:02.38 33.00	200m: 2:11.14 34.70	300m: 3:20.49 34.68	400m: 4:28.86 33.67			