

| Prova 73 19-04-2014 - 17:30 | Femin., 4 x 200m Livres 2ª Divisão | | | | Absoluto Resultados |
|---------------------------------|---------------------------------------|-----------------------------------|--------|-----------|------------------------|
| Recordes Nacionais 50m Absoluto | 8:27.04 | Futebol Clube do Porto/Dolce Vita | FCP | Rio Maior | 01-04-2011 |
| Recordes Nacionais 50m Inf B | 9:28.03 | Grupo Desp. Natacao V. N. Famalic | GDNVNF | Porto | 23-07-2010 |
| Recordes Nacionais 50m Inf | 9:07.81 | tempo limite | | Lisboa | 22-07-2011 |
| Recordes Nacionais 50m Inf A | 9:07.81 | Grupo Desp. Natacao V. N. Famalic | GDNVNF | Lisboa | 22-07-2011 |
| Recordes Nacionais 50m Juv B | 9:01.51 | Sporting Clube de Portugal | SCP | Oeiras | 26-07-2012 |
| Recordes Nacionais 50m Juv | 9:01.51 | tempo limite | | | |
| Recordes Nacionais 50m Juv A | 9:01.51 | tempo limite | | | |
| Recordes Nacionais 50m Jun | 8:39.85 | Sporting Clube de Portugal | SCP | Coimbra | 09-04-2010 |
| Recordes Nacionais 50m Sen | 8:27.04 | Futebol Clube do Porto/Dolce Vita | FCP | Rio Maior | 01-04-2011 |

Pontos: FINA 2014

| Lugar | NFed | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|------|-----------------------------------|----------------|--------------|------------|-----------|
| 1. | | Nautico /Urgicentro-Sanfil | 8:54.28 | +0,80 | 646 | 17 |
| | 00 | +0,80 31.36 | 1:05.99 | 1:41.02 | 2:15.92 | |
| | 96 | +0,33 30.22 | 1:03.79 | 1:38.95 | 2:14.27 | |
| | 97 | +0,36 30.52 | 1:04.35 | 1:39.17 | 2:13.71 | |
| | 94 | +0,29 30.29 | 1:03.52 | 1:37.24 | 2:10.38 | |
| 2. | | Nautico Marinha Grande | 8:55.74 | +0,80 | 641 | 15 |
| | 96 | +0,80 30.77 | 1:04.12 | 1:38.79 | 2:13.77 | |
| | 97 | +0,45 29.68 | 1:02.27 | 1:35.54 | 2:08.40 | |
| | 00 | +0,71 31.44 | 1:06.41 | 1:42.32 | 2:17.80 | |
| | 99 | +0,55 31.28 | 1:06.42 | 1:42.26 | 2:15.77 | |
| 3. | | Famalicao | 8:56.55 | +0,90 | 638 | 14 |
| | 92 | +0,90 30.73 | 1:03.95 | 1:37.68 | 2:12.13 | |
| | 99 | +0,61 30.72 | 1:05.04 | 1:40.18 | 2:14.10 | |
| | 98 | +0,57 30.65 | 1:04.54 | 1:39.53 | 2:14.15 | |
| | 98 | +0,67 31.18 | 1:05.59 | 1:40.71 | 2:16.17 | |
| 4. | | Ginasio Vila Real | 8:59.16 | +0,84 | 629 | 13 |
| | 90 | +0,84 30.36 | 1:03.38 | 1:37.47 | 2:10.87 | |
| | 94 | +0,68 29.36 | 1:02.55 | 1:37.63 | 2:13.44 | |
| | 01 | +0,67 31.00 | 1:07.71 | 1:46.30 | 2:22.31 | |
| | 93 | +0,47 29.97 | 1:03.65 | 1:38.61 | 2:12.54 | |
| 5. | | Vilacondense | 9:02.18 | +0,78 | 619 | 12 |
| | 97 | +0,78 31.40 | 1:06.11 | 1:40.82 | 2:15.70 | |
| | 93 | +0,32 30.14 | 1:02.54 | 1:36.23 | 2:08.55 | |
| | 96 | +0,62 31.49 | 1:07.21 | 1:42.69 | 2:17.71 | |
| | 95 | +0,53 31.55 | 1:05.88 | 1:42.83 | 2:20.22 | |
| 6. | | Braga | 9:02.87 | +0,85 | 616 | 11 |
| | 99 | +0,85 30.07 | 1:02.40 | 1:35.92 | 2:08.74 | |
| | 97 | +0,32 29.75 | 1:04.38 | 1:41.08 | 2:18.55 | |
| | 93 | +0,28 31.12 | 1:06.41 | 1:43.43 | 2:19.59 | |
| | 96 | +0,15 29.92 | 1:04.44 | 1:40.65 | 2:15.99 | |
| 7. | | Colegio Vasco da Gama | 9:05.17 | +0,85 | 608 | 10 |
| | 96 | +0,85 31.91 | 1:05.04 | 1:39.11 | 2:12.24 | |
| | 91 | +0,39 31.00 | 1:05.27 | 1:39.94 | 2:13.74 | |
| | 99 | +0,36 30.74 | 1:05.97 | 1:41.54 | 2:16.36 | |
| | 93 | +0,25 32.22 | 1:08.39 | 1:45.76 | 2:22.83 | |
| 8. | | Naval Amorense | 9:06.33 | +0,91 | 605 | 9 |
| | 98 | +0,91 30.67 | 1:04.73 | 1:41.65 | 2:18.64 | |
| | 96 | +0,51 31.09 | 1:06.27 | 1:43.47 | 2:20.93 | |
| | 95 | +0,25 29.22 | 1:02.03 | 1:36.38 | 2:10.85 | |
| | 96 | +0,41 30.58 | 1:05.19 | 1:41.04 | 2:15.91 | |
| 9. | | Galitos | 9:11.57 | +0,77 | 587 | 8 |
| | 99 | +0,77 30.97 | 1:05.31 | 1:41.20 | 2:17.46 | |
| | 01 | +0,64 31.46 | 1:05.97 | 1:42.17 | 2:17.11 | |
| | 00 | +0,86 32.17 | 1:07.91 | 1:46.34 | 2:24.85 | |
| | 96 | +0,43 30.60 | 1:03.85 | 1:38.44 | 2:12.15 | |

Prova 73, Femin., 4 x 200m Livres, Absoluto

| Lugar | NFed | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|------|--------------------------------------|-----------------|--------------|------------|----------|
| 10. | | Pimpoes/Cimai | 9:13.47 | +0,75 | 581 | 7 |
| | 95 | +0,75 30.24 | 1:03.31 | 1:36.35 | 2:09.03 | 2:09.03 |
| | 99 | +0,52 33.05 | 1:10.29 | 1:48.68 | 2:26.97 | 2:26.97 |
| | 96 | +0,41 32.71 | 1:09.68 | 1:46.88 | 2:24.00 | 2:24.00 |
| | 00 | +0,39 30.50 | 1:04.53 | 1:39.35 | 2:13.47 | 2:13.47 |
| 11. | | Leixoes | 9:14.90 | +0,78 | 577 | 6 |
| | 90 | +0,78 30.02 | 1:03.15 | 1:37.23 | 2:11.54 | 2:11.54 |
| | 00 | +0,78 32.15 | 1:08.33 | 1:45.73 | 2:21.15 | 2:21.15 |
| | 99 | +0,52 31.69 | 1:07.35 | 1:44.69 | 2:22.03 | 2:22.03 |
| | 99 | +0,40 30.59 | 1:05.73 | 1:43.69 | 2:20.18 | 2:20.18 |
| 12. | | Louletano / Loule Concelho | 9:20.65 | +0,76 | 559 | 5 |
| | 95 | +0,76 30.44 | 1:03.75 | 1:37.94 | 2:11.40 | 2:11.40 |
| | 79 | +0,63 33.43 | 1:09.45 | 1:46.86 | 2:21.92 | 2:21.92 |
| | 96 | +0,42 30.74 | 1:06.48 | 1:45.30 | 2:25.68 | 2:25.68 |
| | 00 | +0,76 32.50 | 1:08.15 | 1:45.55 | 2:21.65 | 2:21.65 |
| 13. | | Benfica | 9:24.58 | +0,79 | 548 | 4 |
| | 95 | +0,79 32.13 | 1:08.30 | 1:46.54 | 2:24.48 | 2:24.48 |
| | 94 | +0,37 31.48 | 1:07.70 | 1:46.13 | 2:24.34 | 2:24.34 |
| | 96 | +0,41 30.76 | 1:06.79 | 1:44.08 | 2:20.17 | 2:20.17 |
| | 89 | +0,38 30.21 | 1:03.93 | 1:39.53 | 2:15.59 | 2:15.59 |
| 14. | | Viana Natacao | 9:44.14 | +0,90 | 494 | 3 |
| | 99 | +0,90 32.21 | 1:07.72 | 1:44.96 | 2:21.39 | 2:21.39 |
| | 97 | +0,75 32.84 | 1:10.44 | 1:48.22 | 2:25.21 | 2:25.21 |
| | 00 | +0,93 35.25 | 1:14.83 | 1:54.95 | 2:33.47 | 2:33.47 |
| | 99 | +0,63 32.80 | 1:09.31 | 1:47.26 | 2:24.07 | 2:24.07 |
| 15. | | Viver Santarem | 10:02.78 | +0,85 | 450 | 2 |
| | 99 | +0,85 32.97 | 1:08.42 | 1:45.74 | 2:22.47 | 2:22.47 |
| | 99 | +0,56 35.28 | 1:14.54 | 1:55.60 | 2:36.28 | 2:36.28 |
| | 00 | +0,45 32.51 | 1:09.16 | 1:47.18 | 2:25.18 | 2:25.18 |
| | 00 | +0,74 35.80 | 1:15.77 | 1:57.48 | 2:38.85 | 2:38.85 |
| 16. | | Vitoria de Guimaraes/Olicargo | 10:05.16 | +0,97 | 445 | 1 |
| | 98 | +0,97 33.56 | 1:11.12 | 1:50.57 | 2:30.46 | 2:30.46 |
| | 02 | +0,49 35.36 | 1:17.74 | 1:59.67 | 2:39.89 | 2:39.89 |
| | 95 | +0,50 31.22 | 1:07.29 | 1:45.01 | 2:24.84 | 2:24.84 |
| | 00 | +0,31 32.19 | 1:10.00 | 1:50.70 | 2:29.97 | 2:29.97 |