

Prova 1	Femin., 400m Livres				Absoluto
18-04-2014 - 9:30	2ª Divisão				Resultados
Recordes Nacionais 50m Absoluto	4:19.75	Ana Goncalves Neto	FPN	Luxembourg (LUX)	29-06-2013
Recordes Nacionais 50m Inf B	4:43.70	Alexandra Maria Silva	FCP	Funchal	27-07-1979
Recordes Nacionais 50m Inf A	4:31.53	Alexandra Maria Silva	FPN	Skovde (SWE)	08-08-1980
Recordes Nacionais 50m Juv B	4:28.67	Alexandra Maria Silva	FPN	Guadalupe (FRA)	24-04-1981
Recordes Nacionais 50m Juv A	4:24.42	Tamila Hryhorivna Holub	SCB	Coimbra	05-04-2014
Recordes Nacionais 50m Jun16	4:20.37	Marta Andreia Ferreira	FPN	Berlim (GER)	04-08-2002
Recordes Nacionais 50m Jun17	4:19.98	Florabela Cavaco Machado	ASSSCC	Coimbra	26-05-2013
Recordes Nacionais 50m Sen	4:19.75	Ana Goncalves Neto	FPN	Luxembourg (LUX)	29-06-2013

Pontos: FINA 2014

Lugar	Nome	AnNFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Tamila Hryhorivna Holub	99116887	Braga	<b>4:25.92</b>		727	17
	50m: 31.05 31.05	150m: 1:37.30 33.29	250m: 2:44.40 33.73	350m: 3:52.49 34.11			
	100m: 1:04.01 32.96	200m: 2:10.67 33.37	300m: 3:18.38 33.98	400m: 4:25.92 33.43			
2.	Filipa Vilas Ruivo	97103568	Nautico Marinha Grande	<b>4:29.07</b>	+0,93	702	15
	50m: 31.29 31.29	150m: 1:38.44 33.94	250m: 2:47.01 34.46	350m: 3:55.76 34.37			
	100m: 1:04.50 33.21	200m: 2:12.55 34.11	300m: 3:21.39 34.38	400m: 4:29.07 33.31			
3.	Vania Soares Neves	9012380	Leixoes	<b>4:30.54</b>	+0,82	690	14
	50m: 30.92 30.92	150m: 1:38.11 33.94	250m: 2:46.31 34.25	350m: 3:55.81 34.97			
	100m: 1:04.17 33.25	200m: 2:12.06 33.95	300m: 3:20.84 34.53	400m: 4:30.54 34.73			
4.	Julia Matos Lopes	9412490	Nautico /Urgicentro-Sanfil	<b>4:35.12</b>	+0,79	656	13
	50m: 31.42 31.42	150m: 1:39.83 34.43	250m: 2:49.88 35.06	350m: 4:00.04 35.17			
	100m: 1:05.40 33.98	200m: 2:14.82 34.99	300m: 3:24.87 34.99	400m: 4:35.12 35.08			
5.	Maria Joao Fernandes	97102092	Vilacondense	<b>4:40.69</b>	+0,79	618	12
	50m: 31.33 31.33	150m: 1:40.84 35.21	250m: 2:52.59 35.60	350m: 4:05.54 36.78			
	100m: 1:05.63 34.30	200m: 2:16.99 36.15	300m: 3:28.76 36.17	400m: 4:40.69 35.15			
6.	Carolina Madeira Santos	96104254	Naval Amorense	<b>4:41.19</b>	+0,90	615	11
	50m: 31.57 31.57	150m: 1:41.95 35.46	250m: 2:53.97 36.05	350m: 4:06.17 36.13			
	100m: 1:06.49 34.92	200m: 2:17.92 35.97	300m: 3:30.04 36.07	400m: 4:41.19 35.02			
7.	Ana Sofia Nobrega	9024785	Ginasio Vila Real	<b>4:43.18</b>	+0,74	602	10
	50m: 30.75 30.75	150m: 1:42.12 36.48	250m: 2:55.43 36.32	350m: 4:08.96 36.01			
	100m: 1:05.64 34.89	200m: 2:19.11 36.99	300m: 3:32.95 37.52	400m: 4:43.18 34.22			
8.	Ines Jacinto Henriques	00120220	Pimpoes/Cimai	<b>4:43.19</b>	+0,80	602	9
	50m: 31.90 31.90	150m: 1:43.53 36.28	250m: 2:55.95 36.29	350m: 4:08.70 36.27			
	100m: 1:07.25 35.35	200m: 2:19.66 36.13	300m: 3:32.43 36.48	400m: 4:43.19 34.49			
9.	Ana Ribeiro Ferreira	9215634	Famalicao	<b>4:43.82</b>	+0,94	598	8
	50m: 31.58 31.58	150m: 1:40.36 35.06	250m: 2:54.03 37.52	350m: 4:09.12 37.06			
	100m: 1:05.30 33.72	200m: 2:16.51 36.15	300m: 3:32.06 38.03	400m: 4:43.82 34.70			
10.	Beatriz Barros Carmo	99107625	Colegio Vasco da Gama	<b>4:44.03</b>	+0,79	596	7
	50m: 31.80 31.80	150m: 1:42.89 36.30	250m: 2:56.16 36.03	350m: 4:09.40 36.16			
	100m: 1:06.59 34.79	200m: 2:20.13 37.24	300m: 3:33.24 37.08	400m: 4:44.03 34.63			
11.	Joana Filipa Capela	8912794	Benfica	<b>4:48.46</b>	+0,78	569	6
	50m: 32.97 32.97	150m: 1:44.67 36.13	250m: 2:57.97 36.83	350m: 4:12.46 37.28			
	100m: 1:08.54 35.57	200m: 2:21.14 36.47	300m: 3:35.18 37.21	400m: 4:48.46 36.00			
12.	Maria Beatriz Dias	99108045	Viver Santarem	<b>4:54.23</b>	+0,84	536	5
	50m: 33.98 33.98	150m: 1:47.78 37.02	250m: 3:02.79 37.38	350m: 4:17.62 37.18			
	100m: 1:10.76 36.78	200m: 2:25.41 37.63	300m: 3:40.44 37.65	400m: 4:54.23 36.61			
13.	Violante Pascoal Fontoura	97101153	Viana Natacao	<b>4:59.05</b>	+1,03	511	4
	50m: 33.28 33.28	150m: 1:49.23 38.46	250m: 3:06.02 38.36	350m: 4:22.63 38.17			
	100m: 1:10.77 37.49	200m: 2:27.66 38.43	300m: 3:44.46 38.44	400m: 4:59.05 36.42			
14.	Joana Costa Amador	01117714	Galitos	<b>4:59.45</b>	+1,08	509	3
	50m: 33.44 33.44	150m: 1:48.23 38.05	250m: 3:05.54 38.95	350m: 4:22.01 38.29			
	100m: 1:10.18 36.74	200m: 2:26.59 38.36	300m: 3:43.72 38.18	400m: 4:59.45 37.44			

Prova 1, Femin., 400m Livres, Absoluto

Lugar	Nome	AnNFed	Clube	Tempo Final	TReac	Pts FINA	Pts	
15.	Rita Guedes Moreira	00110881	Louletano / Loule Concelho	<b>5:07.07</b>	+0,85	472	2	
	50m: 32.86	32.86	150m: 1:47.39	38.05	250m: 3:07.13	39.84	350m: 4:28.18	40.14
	100m: 1:09.34	36.48	200m: 2:27.29	39.90	300m: 3:48.04	40.91	400m: 5:07.07	38.89
16.	Ana Ines Fernandes	00119258	Vitoria de Guimaraes/Olicargo	<b>5:13.44</b>	+0,98	444	1	
	50m: 33.26	33.26	150m: 1:50.92	39.88	250m: 3:12.44	41.09	350m: 4:34.05	40.24
	100m: 1:11.04	37.78	200m: 2:31.35	40.43	300m: 3:53.81	41.37	400m: 5:13.44	39.39

Prova 2	Femin., 400m Livres				Absoluto
18-04-2014 - 9:40	1ª Divisão				Resultados
Recordes Nacionais 50m Absoluto	4:19.75	Ana Goncalves Neto	FPN	Luxembourg (LUX)	29-06-2013
Recordes Nacionais 50m Inf B	4:43.70	Alexandra Maria Silva	FCP	Funchal	27-07-1979
Recordes Nacionais 50m Inf A	4:31.53	Alexandra Maria Silva	FPN	Skovde (SWE)	08-08-1980
Recordes Nacionais 50m Juv B	4:28.67	Alexandra Maria Silva	FPN	Guadalupe (FRA)	24-04-1981
Recordes Nacionais 50m Juv A	4:24.42	Tamila Hryhorivna Holub	SCB	Coimbra	05-04-2014
Recordes Nacionais 50m Jun16	4:20.37	Marta Andreia Ferreira	FPN	Berlim (GER)	04-08-2002
Recordes Nacionais 50m Jun17	4:19.98	Florbela Cavaco Machado	ASSSCC	Coimbra	26-05-2013
Recordes Nacionais 50m Sen	4:19.75	Ana Goncalves Neto	FPN	Luxembourg (LUX)	29-06-2013

Pontos: FINA 2014

Lugar	Nome	AnNFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Florbela Cavaco Machado	96103916	Columbofila Cantanhedense	<b>4:25.51</b>	+0,80	730	9
	50m: 31.36 31.36	150m: 1:38.43 33.49	250m: 2:46.11 33.63	350m: 3:53.67 33.28			
	100m: 1:04.94 33.58	200m: 2:12.48 34.05	300m: 3:20.39 34.28	400m: 4:25.51 31.84			
2.	Mafalda Gomes Beleza	9426890	Sporting	<b>4:27.20</b>	+0,85	716	7
	50m: 30.73 30.73	150m: 1:38.40 34.30	250m: 2:45.94 33.45	350m: 3:54.04 33.80			
	100m: 1:04.10 33.37	200m: 2:12.49 34.09	300m: 3:20.24 34.30	400m: 4:27.20 33.16			
3.	Joana Aguiar Rodrigues	9315401	Porto	<b>4:29.19</b>	+0,90	701	6
	50m: 30.74 30.74	150m: 1:38.35 34.21	250m: 2:46.32 33.67	350m: 3:54.92 34.17			
	100m: 1:04.14 33.40	200m: 2:12.65 34.30	300m: 3:20.75 34.43	400m: 4:29.19 34.27			
4.	Francisca Gomes Azevedo	97100356	Alges	<b>4:31.11</b>	+0,81	686	5
	50m: 30.99 30.99	150m: 1:39.98 34.68	250m: 2:49.49 35.02	350m: 3:58.18 34.47			
	100m: 1:05.30 34.31	200m: 2:14.47 34.49	300m: 3:23.71 34.22	400m: 4:31.11 32.93			
5.	Helena Paula Carvalho	95107307	Uniao Piedense	<b>4:34.60</b>	+0,81	660	4
	50m: 31.48 31.48	150m: 1:40.61 35.00	250m: 2:50.58 34.78	350m: 4:00.80 34.77			
	100m: 1:05.61 34.13	200m: 2:15.80 35.19	300m: 3:26.03 35.45	400m: 4:34.60 33.80			
6.	Soraia Vanessa Ribeiro	9215857	Gespacos	<b>4:40.38</b>	+0,97	620	3
	50m: 31.41 31.41	150m: 1:40.41 34.84	250m: 2:51.24 35.20	350m: 4:03.82 36.36			
	100m: 1:05.57 34.16	200m: 2:16.04 35.63	300m: 3:27.46 36.22	400m: 4:40.38 36.56			
7.	Margarida Sobral Pimenta	99118764	Amadora	<b>4:49.57</b>	+0,88	563	2
	50m: 32.11 32.11	150m: 1:44.41 36.27	250m: 2:58.08 37.03	350m: 4:13.28 37.34			
	100m: 1:08.14 36.03	200m: 2:21.05 36.64	300m: 3:35.94 37.86	400m: 4:49.57 36.29			
8.	Jessica Goncalves Sequeira	95108647	GesLoures	<b>4:56.20</b>	+0,84	526	1
	50m: 32.53 32.53	150m: 1:44.08 36.72	250m: 3:00.85 38.59	350m: 4:18.30 38.53			
	100m: 1:07.36 34.83	200m: 2:22.26 38.18	300m: 3:39.77 38.92	400m: 4:56.20 37.90			

Prova 3  
18-04-2014 - 9:50

Masc., 400m Livres  
2ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	3:52.29	Jorge Manuel Maia	FPN	Málaga (ESP)	05-04-2009
Recordes Nacionais 50m Inf B	4:28.42	Pedro Fontoura Oliveira	CFB	Restelo	26-07-2003
Recordes Nacionais 50m Inf A	4:15.99	Pedro Fontoura Oliveira	CFB	Badajoz (ESP)	11-07-2004
Recordes Nacionais 50m Juv B	4:06.22	Rui Filipe Costa	VSC	Coimbra	29-07-2006
Recordes Nacionais 50m Juv A	3:59.38	Gustavo Manuel Santa	FPN	Tampere (FIN)	21-07-2009
Recordes Nacionais 50m Jun17	3:57.15	Gustavo Manuel Santa	FPN	Helsinki (FIN)	14-07-2010
Recordes Nacionais 50m Jun18	3:58.26	Ivo Emanuel Carneiro	FPN	Linz (AUT)	12-07-2002
Recordes Nacionais 50m Sen	3:52.29	Jorge Manuel Maia	FPN	Málaga (ESP)	05-04-2009

Pontos: FINA 2014

Lugar	Nome	AnNFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Joao Carlos Santos	96104253	Naval Amorense	<b>4:03.35</b>	+0,70	739	17
	50m: 28.53 28.53	150m: 1:29.87 30.90	250m: 2:31.38 30.44	350m: 3:33.06 30.92			
	100m: 58.97 30.44	200m: 2:00.94 31.07	300m: 3:02.14 30.76	400m: 4:03.35 30.29			
2.	Hugo Alberto Ribeiro	8823114	Gespacos	<b>4:03.85</b>	+0,90	735	15
	50m: 28.25 28.25	150m: 1:29.35 30.94	250m: 2:31.25 30.97	350m: 3:33.14 31.01			
	100m: 58.41 30.16	200m: 2:00.28 30.93	300m: 3:02.13 30.88	400m: 4:03.85 30.71			
3.	Vasco Miguel Gaspar	9026500	Uniao Piedense	<b>4:05.84</b>	+0,74	717	14
	50m: 28.22 28.22	150m: 1:29.80 31.08	250m: 2:31.84 31.04	350m: 3:34.67 31.57			
	100m: 58.72 30.50	200m: 2:00.80 31.00	300m: 3:03.10 31.26	400m: 4:05.84 31.17			
4.	Tiago Silva Oliveira	9415465	Leixoes	<b>4:07.29</b>	+0,75	704	13
	50m: 28.34 28.34	150m: 1:30.53 31.32	250m: 2:33.08 31.31	350m: 3:36.30 31.65			
	100m: 59.21 30.87	200m: 2:01.77 31.24	300m: 3:04.65 31.57	400m: 4:07.29 30.99			
5.	Pedro Maria Bessa	9518656	Vilacondense	<b>4:08.15</b>	+0,81	697	12
	50m: 28.46 28.46	150m: 1:30.67 31.43	250m: 2:33.18 31.27	350m: 3:36.94 31.99			
	100m: 59.24 30.78	200m: 2:01.91 31.24	300m: 3:04.95 31.77	400m: 4:08.15 31.21			
6.	Andre Filipe Farinha	96105086	Benfica	<b>4:09.53</b>	+0,73	685	11
	50m: 28.61 28.61	150m: 1:31.04 31.57	250m: 2:33.96 30.96	350m: 3:37.17 31.73			
	100m: 59.47 30.86	200m: 2:03.00 31.96	300m: 3:05.44 31.48	400m: 4:09.53 32.36			
7.	Joao Duarte Santos	9526430	Estrelas S. Joao de Brito	<b>4:09.96</b>	+0,80	682	10
	50m: 28.29 28.29	150m: 1:31.77 31.93	250m: 2:35.68 31.72	350m: 3:39.32 31.54			
	100m: 59.84 31.55	200m: 2:03.96 32.19	300m: 3:07.78 32.10	400m: 4:09.96 30.64			
8.	Joao Alexandre Vital	98110165	Colegio Monte Maior	<b>4:11.31</b>	+0,77	671	9
	50m: 28.63 28.63	150m: 1:31.35 31.64	250m: 2:35.36 32.11	350m: 3:39.60 31.84			
	100m: 59.71 31.08	200m: 2:03.25 31.90	300m: 3:07.76 32.40	400m: 4:11.31 31.71			
9.	Rui Filipe Costa	9124004	Vitoria de Guimaraes/Olicargo	<b>4:12.68</b>	+0,77	660	8
	50m: 28.69 28.69	150m: 1:32.06 32.19	250m: 2:37.34 32.63	350m: 3:42.93 32.93			
	100m: 59.87 31.18	200m: 2:04.71 32.65	300m: 3:10.00 32.66	400m: 4:12.68 29.75			
10.	Joao Andre Neves	95101408	Academica de Coimbra	<b>4:12.85</b>	+0,86	659	7
	50m: 29.02 29.02	150m: 1:32.87 32.27	250m: 2:36.84 31.79	350m: 3:41.07 32.08			
	100m: 1:00.60 31.58	200m: 2:05.05 32.18	300m: 3:08.99 32.15	400m: 4:12.85 31.78			
11.	Miguel Angelo Passos	96105874	Desportiva de Viana	<b>4:16.03</b>	+0,94	635	6
	50m: 28.73 28.73	150m: 1:33.55 33.11	250m: 2:39.86 33.45	350m: 3:47.12 35.23			
	100m: 1:00.44 31.71	200m: 2:06.41 32.86	300m: 3:11.89 32.03	400m: 4:16.03 28.91			
12.	Miguel Angelo Silvestre	97103538	Alcobaca	<b>4:18.09</b>	+0,73	619	5
	50m: 28.68 28.68	150m: 1:33.68 32.84	250m: 2:40.56 33.35	350m: 3:46.85 33.22			
	100m: 1:00.84 32.16	200m: 2:07.21 33.53	300m: 3:13.63 33.07	400m: 4:18.09 31.24			
13.	Rui Miguel Lopes	94106253	Natacao de Olhao	<b>4:18.61</b>	+0,84	616	4
	50m: 29.84 29.84	150m: 1:35.98 33.75	250m: 2:45.26 34.90	350m: 3:56.87 36.02			
	100m: 1:02.23 32.39	200m: 2:10.36 34.38	300m: 3:20.85 35.59	400m: 4:18.61 21.74			
14.	Rafael Ladeiro Santos	98117122	GesLoures	<b>4:20.54</b>	+0,91	602	3
	50m: 29.16 29.16	150m: 1:34.79 33.47	250m: 2:41.94 33.74	350m: 3:48.34 33.20			
	100m: 1:01.32 32.16	200m: 2:08.20 33.41	300m: 3:15.14 33.20	400m: 4:20.54 32.20			

Prova 3, Masc., 400m Livres, Absoluto

Lugar	Nome	AnNFed	Clube	Tempo Final	TReac	Pts FINA	Pts
15.	Isidro Carrara Bittini	97127257	Alges	<b>4:22.26</b>	+0,79	590	2
	50m: 28.84 28.84	150m: 1:33.31 32.83	250m: 2:40.67 33.60	350m: 3:48.82 33.99			
	100m: 1:00.48 31.64	200m: 2:07.07 33.76	300m: 3:14.83 34.16	400m: 4:22.26 33.44			
16.	Eduardo Cardoso Lopes	99107596	Louletano / Loule Concelho	<b>4:28.86</b>	+0,86	548	1
	50m: 29.38 29.38	150m: 1:36.44 34.06	250m: 2:45.81 34.67	350m: 3:55.19 34.70			
	100m: 1:02.38 33.00	200m: 2:11.14 34.70	300m: 3:20.49 34.68	400m: 4:28.86 33.67			

Prova 4  
18-04-2014 - 10:00

Masc., 400m Livres  
1ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	3:52.29	Jorge Manuel Maia	FPN	Málaga (ESP)	05-04-2009
Recordes Nacionais 50m Inf B	4:28.42	Pedro Fontoura Oliveira	CFB	Restelo	26-07-2003
Recordes Nacionais 50m Inf A	4:15.99	Pedro Fontoura Oliveira	CFB	Badajoz (ESP)	11-07-2004
Recordes Nacionais 50m Juv B	4:06.22	Rui Filipe Costa	VSC	Coimbra	29-07-2006
Recordes Nacionais 50m Juv A	3:59.38	Gustavo Manuel Santa	FPN	Tampere (FIN)	21-07-2009
Recordes Nacionais 50m Jun17	3:57.15	Gustavo Manuel Santa	FPN	Helsinki (FIN)	14-07-2010
Recordes Nacionais 50m Jun18	3:58.26	Ivo Emanuel Carneiro	FPN	Linz (AUT)	12-07-2002
Recordes Nacionais 50m Sen	3:52.29	Jorge Manuel Maia	FPN	Málaga (ESP)	05-04-2009

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Luis Emanuel Vaz	91 15628	Famalicao	<b>4:01.15</b>	+0,80	760	9
	50m: 27.26 27.26	150m: 1:27.01 30.32	250m: 2:28.08 30.54	350m: 3:29.40 30.67			
	100m: 56.69 29.43	200m: 1:57.54 30.53	300m: 2:58.73 30.65	400m: 4:01.15 30.75			
2.	Mario Andre Bonanca	90 12773	Sporting	<b>4:03.03</b>	+0,94	742	7
	50m: 28.26 28.26	150m: 1:28.60 30.27	250m: 2:30.01 30.73	350m: 3:32.19 31.29			
	100m: 58.33 30.07	200m: 1:59.28 30.68	300m: 3:00.90 30.89	400m: 4:03.03 30.84			
3.	Ricardo Manuel Machado	93 13278	Braga	<b>4:05.23</b>	+0,82	722	6
	50m: 28.32 28.32	150m: 1:29.24 30.76	250m: 2:31.84 30.85	350m: 3:34.42 31.04			
	100m: 58.48 30.16	200m: 2:00.99 31.75	300m: 3:03.38 31.54	400m: 4:05.23 30.81			
4.	Joao Filipe Carvalho	87 23026	Porto	<b>4:07.11</b>	+0,80	706	5
	50m: 28.36 28.36	150m: 1:29.18 30.64	250m: 2:31.24 30.96	350m: 3:34.66 31.98			
	100m: 58.54 30.18	200m: 2:00.28 31.10	300m: 3:02.68 31.44	400m: 4:07.11 32.45			
5.	Goncalo Cardoso Carmo	96 101124	Colegio Vasco da Gama	<b>4:10.02</b>	+0,66	681	4
	50m: 27.76 27.76	150m: 1:28.92 30.87	250m: 2:32.64 31.98	350m: 3:38.24 32.90			
	100m: 58.05 30.29	200m: 2:00.66 31.74	300m: 3:05.34 32.70	400m: 4:10.02 31.78			
6.	Miguel Silva Oliveira	91 10822	Nautico /Urgicentro-Sanfil	<b>4:12.07</b>	+0,80	665	3
	50m: 28.32 28.32	150m: 1:29.77 31.18	250m: 2:32.81 31.59	350m: 3:39.03 33.46			
	100m: 58.59 30.27	200m: 2:01.22 31.45	300m: 3:05.57 32.76	400m: 4:12.07 33.04			
7.	Bruno Miguel Ramos	97 109110	Amadora	<b>4:17.45</b>	+0,74	624	2
	50m: 28.95 28.95	150m: 1:31.39 31.78	250m: 2:36.12 32.32	350m: 3:43.49 34.05			
	100m: 59.61 30.66	200m: 2:03.80 32.41	300m: 3:09.44 33.32	400m: 4:17.45 33.96			
8.	Rafael Rocha Ferreira	96 103871	Galitos	<b>4:22.74</b>	+0,83	587	1
	50m: 29.66 29.66	150m: 1:34.30 32.83	250m: 2:41.05 33.58	350m: 3:49.32 34.14			
	100m: 1:01.47 31.81	200m: 2:07.47 33.17	300m: 3:15.18 34.13	400m: 4:22.74 33.42			

Prova 5  
18-04-2014 - 10:05

Femin., 50m Mariposa  
2ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	27.27	Sara Freitas Oliveira	FPN	Eindhoven (NED)	07-04-2011
Recordes Nacionais 50m Jun16	28.00	Sara Francisco Cruz	ADBA	Faro	18-07-2009
Recordes Nacionais 50m Jun17	28.31	Sara Freitas Oliveira	FPN	Berlim (GER)	29-07-2002
Recordes Nacionais 50m Sen	27.27	Sara Freitas Oliveira	FPN	Eindhoven (NED)	07-04-2011

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Ppts
1.	Ana Margarida Guedes	01 109087	Ginasio Vila Real	<b>29.07</b>	+0,82	641	17
2.	Ana Margarida Rodrigues	96 103868	Galitos	<b>29.68</b>	+0,85	602	15
3.	Beatriz Neves Craveiro	97 106762	Nautico /Urgicentro-Sanfil	<b>30.10</b>	+0,79	577	14
4.	Marta Ferreira Rocha	99 110558	Leixoes	<b>30.41</b>	+0,72	560	13
5.	Carolina Sofia Lopes	96 100753	Louletano / Loule Concelho	<b>30.71</b>	+0,73	544	12
6.	Patricia Miguel Mendes	96 25590	Naval Amorense	<b>30.92</b>	+0,73	533	11
7.	Ana Filipa Carmo	93 15746	Colegio Vasco da Gama	<b>31.01</b>	+0,85	528	10
8.	Debora Guimaraes Oliveira	96 105629	Braga	<b>31.05</b>	+0,88	526	19
9.	Sofia Oliveira Pinto	94 12766	Benfica	<b>31.31</b>	+0,77	513	8
10.	Bruna Figueiro Coentrao	93 24315	Vilacondense	<b>31.38</b>	+0,86	509	7
11.	Carla Luisa Alves	98 117522	Famalicao	<b>31.59</b>	+0,80	499	6
12.	Giovanna Vaz Vargas	00 110957	Nautico Marinha Grande	<b>31.67</b>	+0,87	496	5
13.	Ana Isabel Neves	96 103550	Pimpoes/Cimai	<b>33.04</b>	+0,81	436	4
14.	Marta Novais Soares	87 12463	Viana Natacao	<b>33.58</b>	+0,83	416	3
15.	Patricia Palmeiro Baeta	00 112658	Viver Santarem	<b>33.74</b>	+0,69	410	2
16.	Ana Sofia Alves	95 25757	Vitoria de Guimaraes/Olicargo	<b>35.00</b>	+0,95	367	1

Prova 6  
18-04-2014 - 10:10

Femin., 50m Mariposa  
1ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	27.27	Sara Freitas Oliveira	FPN	Eindhoven (NED)	07-04-2011
Recordes Nacionais 50m Jun16	28.00	Sara Francisco Cruz	ADBA	Faro	18-07-2009
Recordes Nacionais 50m Jun17	28.31	Sara Freitas Oliveira	FPN	Berlim (GER)	29-07-2002
Recordes Nacionais 50m Sen	27.27	Sara Freitas Oliveira	FPN	Eindhoven (NED)	07-04-2011

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Sara Freitas Oliveira	85 23045	Porto	<b>28.16</b>	+0,68	705	9
2.	Mariana Cunha Guerra	98 102764	Columbofila Cantanhedense	<b>29.48</b>	+0,77	615	7
3.	Catarina Tiago Nunes	95 100949	Uniao Piedense	<b>29.50</b>	+0,81	613	6
4.	Filipa Ferreira Silva	85 12219	Amadora	<b>29.66</b>	+0,83	603	5
5.	Raquel Maurile Taveira	95 105392	Alges	<b>29.98</b>	+0,73	584	4
6.	Sofia Alexandra Branco	98 116596	Sporting	<b>30.01</b>	+0,82	582	3
7.	Claudia Cristina Leao	96 102069	Gespacos	<b>30.45</b>	+0,89	558	2
8.	Joana Carolina Oliveira	93 13131	GesLoures	<b>30.90</b>	+0,79	534	1



Prova 7  
18-04-2014 - 10:10

Masc., 50m Mariposa  
2ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	23.72	Simao Gomes Morgado	FPN	Málaga (ESP)	05-04-2009
Recordes Nacionais 50m Jun17	24.89	Tiago Andre Venancio	CNS	Oeiras	30-07-2004
Recordes Nacionais 50m Jun18	25.03	Miguel Duarte Nascimento	FPN	Poznan (POL)	10-07-2013
Recordes Nacionais 50m Sen	23.72	Simao Gomes Morgado	FPN	Málaga (ESP)	05-04-2009

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Pedro Andre Santos	94 15732	Alges	<b>25.54</b>	+0,78	677	17
2.	Artiom Viatcheslavovitch Poliakov	93 11114	Estrelas S. Joao de Brito	<b>25.60</b>	+0,67	672	15
3.	Fabio Manuel Pereira	86 23049	Vilacondense	<b>26.21</b>	+0,79	626	14
4.	Andre Antunes Carvalho	96 105239	Colegio Monte Maior	<b>26.45</b>	+0,81	609	13
5.	Miguel Monteiro Diogo	93 10164	Alcobaca	<b>26.68</b>	+0,70	594	12
6.	Joao Filipe Lucas	94 26879	Academica de Coimbra	<b>26.93</b>	+0,76	577	11
7.	Joao Pedro Neves	93 123836	Leixoes	<b>26.95</b>	+1,07	576	10
8.	Tiago Martins Boleta	98 107597	Louletano / Loule Concelho	<b>27.01</b>	+0,80	572	9
9.	Tiago Ferreira Azevedo	95 103574	Naval Amorense	<b>27.08</b>	+0,64	568	8
10.	Diamantino Gato Bras	92 25537	Uniao Piedense	<b>27.09</b>	+0,77	567	7
11.	Luis David Rodrigues	96 124021	Benfica	<b>27.17</b>	+0,70	562	6
12.	Nuno Miguel Graca	98 105631	Desportiva de Viana	<b>27.27</b>	+0,70	556	5
13.	Andre Coelho Oliveira	96 103443	Vitoria de Guimaraes/Olicargo	<b>27.97</b>	+0,85	515	4
14.	Vitor Samuel Rocha	96 107743	Gespacos	<b>28.09</b>	+0,75	509	3
15.	Bruno Manuel Viegas	91 26429	Natacao de Olhao	<b>28.97</b>	+0,91	464	2
16.	Andre Tavares Grenho	99 120605	GesLoures	<b>29.18</b>	+0,72	454	1

Prova 8 18-04-2014 - 10:10	Masc., 50m Mariposa 1ª Divisão				Absoluto Resultados
Recordes Nacionais 50m Absoluto	23.72	Simao Gomes Morgado	FPN	Málaga (ESP)	05-04-2009
Recordes Nacionais 50m Jun17	24.89	Tiago Andre Venancio	CNS	Oeiras	30-07-2004
Recordes Nacionais 50m Jun18	25.03	Miguel Duarte Nascimento	FPN	Poznan (POL)	10-07-2013
Recordes Nacionais 50m Sen	23.72	Simao Gomes Morgado	FPN	Málaga (ESP)	05-04-2009

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Carlos Filipe Santos	91 15694	Porto	<b>25.16</b>	+0,72	708	9
2.	Nuno Goncalo Quintanilha	87 12902	Colegio Vasco da Gama	<b>25.51</b>	+0,77	679	7
3.	Mario Alexandre Pereira	92 10767	Nautico /Urgicentro-Sanfil	<b>25.77</b>	+0,74	659	6
4.	Simao Pedro Alves	94 102500	Famalicao	<b>25.82</b>	+0,71	655	5
5.	Ricardo Pereira Lopes	90 14831	Amadora	<b>25.88</b>	+0,66	651	4
6.	Henrique Jose Marquez	95 13912	Galitos	<b>26.80</b>	+0,68	586	3
7.	Rodrigo Carlos Albuquerque	97 107565	Braga	<b>27.05</b>	+0,75	570	2
8.	Bernardo Leitao Graca	93 14838	Sporting	<b>27.67</b>	+0,81	532	1

Prova 9 18-04-2014 - 10:15	Femin., 100m Costas 2ª Divisão					Absoluto Resultados
Recordes Nacionais 50m Absoluto	1:03.45	Marta Vieira Marinho	FCP	Coimbra	10-04-2010	
Recordes Nacionais 50m Inf B	1:10.04	Keissy Joselin Sousa	FPN	Toulouse (FRA)	27-04-1997	
Recordes Nacionais 50m Inf A	1:06.78	Ines Camacho Fernandes	FPN	Catania (ITA)	20-06-2010	
Recordes Nacionais 50m Juv B	1:04.90	Joana Carina Silva	LSXXI	Oeiras	25-03-2011	
Recordes Nacionais 50m Juv A	1:03.92	Ines Camacho Fernandes	SCP	Coimbra	06-04-2012	
Recordes Nacionais 50m Juv A	1:03.92	Joana Carina Silva	LSXXI	Coimbra	06-04-2012	
Recordes Nacionais 50m Jun16	1:04.00	Ines Camacho Fernandes	SCP	Coimbra	30-03-2013	
Recordes Nacionais 50m Jun17	1:04.15	Maria Carlos Santos	FPN	Viena (AUT)	24-08-1995	
Recordes Nacionais 50m Sen	1:03.45	Marta Vieira Marinho	FCP	Coimbra	10-04-2010	

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ana Sofia Leite 50m: 31.73 31.73	93 24784	Ginasio Vila Real 100m: 1:06.30 34.57	<b>1:06.30</b>	+0,74	673	17
2.	Graca Maria Araujo 50m: 32.93 32.93	98 104456	Famalicao 100m: 1:06.84 33.91	<b>1:06.84</b>	+0,72	657	15
3.	Carolina Sofia Lopes 50m: 31.98 31.98	96 100753	Louletano / Loule Concelho 100m: 1:06.89 34.91	<b>1:06.89</b>	+0,67	655	14
4.	Alexandra Jesus Santos 50m: 33.69 33.69	00 117408	Leixoes 100m: 1:09.36 35.67	<b>1:09.36</b>	+0,66	588	13
5.	Andreia Silva Cruz 50m: 33.33 33.33	88 11126	Naval Amorense 100m: 1:09.64 36.31	<b>1:09.64</b>	+0,59	581	12
6.	Catarina Reis Silva 50m: 34.14 34.14	99 107568	Braga 100m: 1:10.43 36.29	<b>1:10.43</b>	+0,73	561	11
7.	Rita Fernandes Leitao 50m: 34.00 34.00	96 25571	Benfica 100m: 1:11.46 37.46	<b>1:11.46</b>	+0,68	538	10
8.	Maria Amelia Gaspar 50m: 34.62 34.62	96 26584	Nautico /Urgicentro-Sanfil 100m: 1:11.58 36.96	<b>1:11.58</b>	+0,84	535	9
9.	Ana Filipa Gomes 50m: 33.91 33.91	96 107376	Vilacondense 100m: 1:12.39 38.48	<b>1:12.39</b>	+1,00	517	8
10.	Rita Goncalves Marieiro 50m: 35.39 35.39	00 117710	Galitos 100m: 1:12.74 37.35	<b>1:12.74</b>	+0,74	510	7
11.	Monica Seara Domingues 50m: 35.20 35.20	00 110972	Nautico Marinha Grande 100m: 1:12.78 37.58	<b>1:12.78</b>	+1,14	509	6
12.	Mariana Nogueira Machado 50m: 35.43 35.43	98 107626	Colegio Vasco da Gama 100m: 1:13.48 38.05	<b>1:13.48</b>	+0,70	494	5
13.	Ana Sofia Ferreira 50m: 36.32 36.32	99 109040	Pimpoes/Cimai 100m: 1:15.13 38.81	<b>1:15.13</b>	+0,78	462	4
14.	Ana Rolo Dias 50m: 38.35 38.35	01 120370	Viana Natacao 100m: 1:17.22 38.87	<b>1:17.22</b>	+0,77	426	3
15.	Filipa Viamonte Fernandes 50m: 39.21 39.21	02 122198	Vitoria de Guimaraes/Olicargo 100m: 1:22.45 43.24	<b>1:22.45</b>	+0,81	350	2
16.	Marta Isabel Silva 50m: 41.54 41.54	00 121696	Viver Santarem 100m: 1:25.68 44.14	<b>1:25.68</b>	+0,78	312	1

Prova 10  
18-04-2014 - 10:20

Femin., 100m Costas  
1ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	1:03.45	Marta Vieira Marinho	FCP	Coimbra	10-04-2010
Recordes Nacionais 50m Inf B	1:10.04	Keissy Joselin Sousa	FPN	Toulouse (FRA)	27-04-1997
Recordes Nacionais 50m Inf A	1:06.78	Ines Camacho Fernandes	FPN	Catania (ITA)	20-06-2010
Recordes Nacionais 50m Juv B	1:04.90	Joana Carina Silva	LSXXI	Oeiras	25-03-2011
Recordes Nacionais 50m Juv A	1:03.92	Ines Camacho Fernandes	SCP	Coimbra	06-04-2012
Recordes Nacionais 50m Juv A	1:03.92	Joana Carina Silva	LSXXI	Coimbra	06-04-2012
Recordes Nacionais 50m Jun16	1:04.00	Ines Camacho Fernandes	SCP	Coimbra	30-03-2013
Recordes Nacionais 50m Jun17	1:04.15	Maria Carlos Santos	FPN	Viena (AUT)	24-08-1995
Recordes Nacionais 50m Sen	1:03.45	Marta Vieira Marinho	FCP	Coimbra	10-04-2010

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Marta Vieira Marinho 50m: 31.28 31.28	91 15707	Porto 100m: 1:05.55 34.27	<b>1:05.55</b>	+1,53	697	9
2.	Ines Camacho Fernandes 50m: 31.26 31.26	97 106821	Sporting 100m: 1:06.02 34.76	<b>1:06.02</b>	+0,65	682	7
3.	Rita Barros Frischknecht 50m: 31.98 31.98	98 106257	Alges 100m: 1:06.65 34.67	<b>1:06.65</b>	+0,67	663	6
4.	Daniela Teixeira Moreira 50m: 33.03 33.03	97 106460	Amadora 100m: 1:07.35 34.32	<b>1:07.35</b>	+0,65	642	5
5.	Filipa Carreira Alves 50m: 33.34 33.34	99 118479	Uniao Piedense 100m: 1:08.67 35.33	<b>1:08.67</b>	+0,76	606	4
6.	Paula Cristina Yang 50m: 33.14 33.14	95 100229	GesLoures 100m: 1:09.73 36.59	<b>1:09.73</b>	+0,78	579	3
7.	Beatriz Neto Costa 50m: 34.93 34.93	00 111310	Gespacos 100m: 1:11.92 36.99	<b>1:11.92</b>	+0,83	527	2
8.	Ana Miguel Reis 50m: 35.36 35.36	00 108089	Columbofila Cantanhedense 100m: 1:12.75 37.39	<b>1:12.75</b>	+0,83	509	1

Prova 11  
18-04-2014 - 10:20

Masc., 100m Costas  
2ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	55.80	Pedro Diogo Oliveira	FPN	Palma de Mallorca (ESP)	12-04-2014
Recordes Nacionais 50m Inf B	1:05.71	Alexandre Lages Ribas	EDV	Porto	23-07-2010
Recordes Nacionais 50m Inf A	1:01.39	Alexandre Lages Ribas	EDV	Lisboa	22-07-2011
Recordes Nacionais 50m Juv B	59.97	Diogo Gomes Sousa	CNCVG	Coimbra	31-07-2010
Recordes Nacionais 50m Juv A	58.61	Diogo Gomes Sousa	CNCVG	Coimbra	29-05-2011
Recordes Nacionais 50m Jun17	57.17	Alexis Manacas Santos	FPN	Praga (CZE)	12-07-2009
Recordes Nacionais 50m Jun18	56.45	Miguel Duarte Nascimento	FPN	Poznan (POL)	11-07-2013
Recordes Nacionais 50m Sen	55.80	Pedro Diogo Oliveira	FPN	Palma de Mallorca (ESP)	12-04-2014

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Pedro Diogo Oliveira 50m: 27.51 27.51	88 11531	Estrelas S. Joao de Brito 100m: 56.55 29.04	<b>56.55</b>	+0,71	774	17
2.	Nathan Keith Theodoris 50m: 28.08 28.08	95 26389	Louletano / Loule Concelho 100m: 57.04 28.96	<b>57.04</b>	+0,61	755	15
3.	Rodrigo Antonio Rosa 50m: 28.69 28.69	96 105214	Colegio Monte Maior 100m: 58.51 29.82	<b>58.51</b>	+0,64	699	14
4.	Alexandre Lages Ribas 50m: 29.35 29.35	97 24582	Desportiva de Viana 100m: 1:00.14 30.79	<b>1:00.14</b>	+0,70	644	13
5.	David Miguel Leiria 50m: 28.41 28.41	93 14530	Naval Amorense 100m: 1:00.24 31.83	<b>1:00.24</b>	+0,64	640	12
6.	Filipe Miguel Felix 50m: 29.42 29.42	96 118473	Alges 100m: 1:01.69 32.27	<b>1:01.69</b>	+0,73	596	11
7.	Diogo Carmo Ramos 50m: 29.51 29.51	93 15317	Vilacondense 100m: 1:01.96 32.45	<b>1:01.96</b>	+1,27	589	10
8.	Pedro Barros Mendes 50m: 30.28 30.28	94 11195	Academica de Coimbra 100m: 1:02.27 31.99	<b>1:02.27</b>	+0,66	580	9
9.	Joao Mota Correia 50m: 30.42 30.42	97 102308	Alcobaca 100m: 1:02.51 32.09	<b>1:02.51</b>	+0,76	573	8
10.	Ivo Andre Margarido 50m: 30.56 30.56	88 12552	Benfica 100m: 1:03.20 32.64	<b>1:03.20</b>	+0,71	555	7
11.	Diogo Halla 50m: 30.43 30.43	95 131148	Leixoes 100m: 1:03.49 33.06	<b>1:03.49</b>	+0,69	547	6
12.	Pedro Ferraz Silva 50m: 31.03 31.03	98 104441	Gespacos 100m: 1:03.76 32.73	<b>1:03.76</b>	+0,60	540	5
13.	Pedro Lobato Rijo 50m: 30.20 30.20	91 13025	GesLoures 100m: 1:03.80 33.60	<b>1:03.80</b>	+0,82	539	4
14.	Miguel Nunes Goncalves 50m: 30.47 30.47	97 100355	Uniao Piedense 100m: 1:04.18 33.71	<b>1:04.18</b>	+0,66	530	3
15.	Pedro Miguel Fernandes 50m: 31.88 31.88	99 110494	Vitoria de Guimaraes/Olicargo 100m: 1:06.92 35.04	<b>1:06.92</b>	+0,71	467	2
16.	Andre Sousa Goncalves 50m: 34.16 34.16	97 105368	Natacao de Olhao 100m: 1:10.82 36.66	<b>1:10.82</b>	+0,68	394	1

Prova 12  
18-04-2014 - 10:25

Masc., 100m Costas  
1ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	55.80	Pedro Diogo Oliveira	FPN	Palma de Mallorca (ESP)	12-04-2014
Recordes Nacionais 50m Inf B	1:05.71	Alexandre Lages Ribas	EDV	Porto	23-07-2010
Recordes Nacionais 50m Inf A	1:01.39	Alexandre Lages Ribas	EDV	Lisboa	22-07-2011
Recordes Nacionais 50m Juv B	59.97	Diogo Gomes Sousa	CNCVG	Coimbra	31-07-2010
Recordes Nacionais 50m Juv A	58.61	Diogo Gomes Sousa	CNCVG	Coimbra	29-05-2011
Recordes Nacionais 50m Jun17	57.17	Alexis Manacas Santos	FPN	Praga (CZE)	12-07-2009
Recordes Nacionais 50m Jun18	56.45	Miguel Duarte Nascimento	FPN	Poznan (POL)	11-07-2013
Recordes Nacionais 50m Sen	55.80	Pedro Diogo Oliveira	FPN	Palma de Mallorca (ESP)	12-04-2014

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Alexis Manacas Santos	92 13704	Sporting	<b>57.35</b>	+0,69	742	9
	50m: 27.61 27.61		100m: 57.35 29.74				
2.	Adriano Miguel Niz	86 23013	Famalicao	<b>58.43</b>	+0,71	702	7
	50m: 28.49 28.49		100m: 58.43 29.94				
3.	Diogo Gomes Sousa	95 25455	Colegio Vasco da Gama	<b>58.80</b>	+0,66	689	6
	50m: 28.68 28.68		100m: 58.80 30.12				
4.	Rodrigo Pereira Lopes	95 26077	Amadora	<b>59.00</b>	+0,65	682	5
	50m: 28.72 28.72		100m: 59.00 30.28				
5.	Andre Duarte Vaz	93 10768	Nautico /Urgicentro-Sanfil	<b>59.64</b>	+0,67	660	4
	50m: 29.03 29.03		100m: 59.64 30.61				
6.	Gil Goncalves Pinto	88 26051	Porto	<b>1:00.23</b>	+0,55	641	3
	50m: 29.35 29.35		100m: 1:00.23 30.88				
7.	Edgar Oliveira Ribeiro	93 13277	Braga	<b>1:01.22</b>	+0,66	610	2
	50m: 29.63 29.63		100m: 1:01.22 31.59				
8.	Joao Carlos Paula	94 13992	Galitos	<b>1:01.41</b>	+0,73	605	1
	50m: 29.74 29.74		100m: 1:01.41 31.67				

Prova 13  
18-04-2014 - 10:30

Femin., 200m Estilos  
2ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	2:15.47	Victoria Kaminskaya	PIMP	Coimbra	25-05-2013
Recordes Nacionais 50m Inf B	2:33.06	Ines Camacho Fernandes	SCP	S. João da Madeira	25-07-2009
Recordes Nacionais 50m Inf A	2:28.56	Susana Patricia Miguel	FPN	Paris (FRA)	29-07-2003
Recordes Nacionais 50m Juv B	2:23.60	Diana Margarida Duraes	FOCA	Coimbra	01-08-2010
Recordes Nacionais 50m Juv A	2:22.00	Diana Margarida Duraes	FOCA	Rio Maior	03-04-2011
Recordes Nacionais 50m Jun16	2:20.61	Diana Margarida Duraes	FOCA	Porto	03-06-2012
Recordes Nacionais 50m Jun17	2:17.47	Victoria Kaminskaya	PIMP	Oeiras	29-07-2012
Recordes Nacionais 50m Sen	2:15.47	Victoria Kaminskaya	PIMP	Coimbra	25-05-2013

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Victoria Kaminskaya 50m: 29.47 29.47	95 102313	Pimpoes/Cimai	<b>2:18.89</b> 100m: 1:04.94 35.47 150m: 1:44.91 39.97	+0,72	749	17
2.	Sofia Prates Silvestre 50m: 31.19 31.19	95 121320	Naval Amorense	<b>2:27.73</b> 100m: 1:10.25 39.06 150m: 1:53.40 43.15	+0,91	622	15
3.	Ana Monica Eloi 50m: 31.83 31.83	96 107038	Nautico Marinha Grande	<b>2:30.10</b> 100m: 1:10.51 38.68 150m: 1:54.64 44.13	+0,89	593	14
4.	Ana Beatriz Martins 50m: 31.72 31.72	99 108375	Famalicao	<b>2:30.28</b> 100m: 1:12.16 40.44 150m: 1:55.96 43.80	+0,92	591	13
5.	Rita Costa Amador 50m: 32.24 32.24	99 105665	Galitos	<b>2:30.74</b> 100m: 1:10.41 38.17 150m: 1:56.21 45.80	+0,75	586	12
6.	Rita Silva Fernandes 50m: 31.94 31.94	96 111206	Colegio Vasco da Gama	<b>2:30.78</b> 100m: 1:11.83 39.89 150m: 1:57.98 46.15	+0,86	585	11
7.	Teresa Miguel Veloso 50m: 32.50 32.50	00 103876	Nautico /Urgicentro-Sanfil	<b>2:32.23</b> 100m: 1:12.35 39.85 150m: 1:56.71 44.36	+0,79	569	10
8.	Joana Patricia Pinto 50m: 31.22 31.22	94 24790	Ginasio Vila Real	<b>2:32.78</b> 100m: 1:09.90 38.68 150m: 1:54.30 44.40	+0,82	562	9
9.	Marta Ferreira Rocha 50m: 31.34 31.34	99 110558	Leixoes	<b>2:33.87</b> 100m: 1:12.28 40.94 150m: 1:58.25 45.97	+0,80	551	8
10.	Diana Sofia Silva 50m: 33.36 33.36	97 104679	Braga	<b>2:35.89</b> 100m: 1:11.84 38.48 150m: 1:56.16 44.32	+0,84	529	7
11.	Beatriz Pereira Vasconcelos 50m: 33.76 33.76	98 107934	Vilacondense	<b>2:37.56</b> 100m: 1:14.70 40.94 150m: 2:00.14 45.44	+0,75	513	6
12.	Ana Miguel Pinto 50m: 32.90 32.90	99 107478	Viana Natacao	<b>2:42.04</b> 100m: 1:16.85 43.95 150m: 2:04.01 47.16	+0,94	471	5
13.	Claudia Ferreira Borges 50m: 33.85 33.85	99 116591	Benfica	<b>2:45.99</b> 100m: 1:16.67 42.82 150m: 2:04.07 47.40	+0,78	438	4
14.	Maria Carolina Rodrigues 50m: 38.50 38.50	01 121473	Vitoria de Guimaraes/Olicargo	<b>2:53.38</b> 100m: 1:23.17 44.67 150m: 2:13.74 50.57		385	3
15.	Carolina Felicidade Batista 50m: 38.53 38.53	99 118371	Viver Santarem	<b>2:53.45</b> 100m: 1:23.62 45.09 150m: 2:11.67 48.05	+1,06	384	2
16.	Telma Machado Silva 50m: 36.17 36.17	00 110882	Louletano / Loule Concelho	<b>2:54.55</b> 100m: 1:21.55 45.38 150m: 2:14.47 52.92	+0,98	377	1

Prova 14  
18-04-2014 - 10:35

Femin., 200m Estilos  
1ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	2:15.47	Victoria Kaminskaya	PIMP	Coimbra	25-05-2013
Recordes Nacionais 50m Inf B	2:33.06	Ines Camacho Fernandes	SCP	S. João da Madeira	25-07-2009
Recordes Nacionais 50m Inf A	2:28.56	Susana Patricia Miguel	FPN	Paris (FRA)	29-07-2003
Recordes Nacionais 50m Juv B	2:23.60	Diana Margarida Duraes	FOCA	Coimbra	01-08-2010
Recordes Nacionais 50m Juv A	2:22.00	Diana Margarida Duraes	FOCA	Rio Maior	03-04-2011
Recordes Nacionais 50m Jun16	2:20.61	Diana Margarida Duraes	FOCA	Porto	03-06-2012
Recordes Nacionais 50m Jun17	2:17.47	Victoria Kaminskaya	PIMP	Oeiras	29-07-2012
Recordes Nacionais 50m Sen	2:15.47	Victoria Kaminskaya	PIMP	Coimbra	25-05-2013

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Nadia Morais Vieira	90 13092	GesLoures	<b>2:22.63</b>	+0,76	691	9
	50m: 30.39 30.39	100m: 1:07.84 37.45	150m: 1:47.87 40.03	200m: 2:22.63 34.76			
2.	Marta Pereira Abreu	92 23091	Porto	<b>2:24.09</b>	+0,80	671	7
	50m: 31.07 31.07	100m: 1:06.82 35.75	150m: 1:49.13 42.31	200m: 2:24.09 34.96			
3.	Madalena Gomes Azevedo	99 110160	Alges	<b>2:26.78</b>	+0,89	634	6
	50m: 30.70 30.70	100m: 1:09.32 38.62	150m: 1:53.56 44.24	200m: 2:26.78 33.22			
4.	Ana Marta Miranda	96 100377	Uniao Piedense	<b>2:26.81</b>	+0,83	634	5
	50m: 31.09 31.09	100m: 1:07.77 36.68	150m: 1:51.75 43.98	200m: 2:26.81 35.06			
5.	Carolina Mantua Guedes	98 110539	Sporting	<b>2:27.46</b>	+0,77	626	4
	50m: 30.25 30.25	100m: 1:10.36 40.11	150m: 1:53.34 42.98	200m: 2:27.46 34.12			
6.	Diana Patricia Ferreira	94 23500	Gespacos	<b>2:28.20</b>	+0,90	616	3
	50m: 30.39 30.39	100m: 1:08.16 37.77	150m: 1:52.49 44.33	200m: 2:28.20 35.71			
7.	Lisa Marisa Soares	95 25381	Amadora	<b>2:31.57</b>	+0,85	576	2
	50m: 32.93 32.93	100m: 1:11.12 38.19	150m: 1:56.76 45.64	200m: 2:31.57 34.81			
8.	Sara Sofia Alves	01 111234	Columbofila Cantanhedense	<b>2:40.56</b>	+0,92	485	1
	50m: 33.31 33.31	100m: 1:15.74 42.43	150m: 2:03.94 48.20	200m: 2:40.56 36.62			



Prova 15 18-04-2014 - 10:40	Masc., 200m Estilos 2ª Divisão				Absoluto Resultados
Recordes Nacionais 50m Absoluto	1:59.39	Diogo Filipe Carvalho	FPN	Barcelona (ESP)	31-07-2013
Recordes Nacionais 50m Inf B	2:22.36	Andre Vilas Ruivo	DNMG	Coimbra	23-06-2013
Recordes Nacionais 50m Inf A	2:16.63	Alexandre Lages Ribas	EDV	Lisboa	24-07-2011
Recordes Nacionais 50m Juv B	2:11.18	Joao Alexandre Vital	FPN	Serravalle (SMR)	30-06-2013
Recordes Nacionais 50m Juv A	2:08.11	Carlos Esteves Almeida	CNA	Lisboa	31-07-2004
Recordes Nacionais 50m Jun17	2:04.32	Carlos Esteves Almeida	FPN	Budapeste (HUN)	17-07-2005
Recordes Nacionais 50m Jun18	2:04.06	Carlos Esteves Almeida	CNA	Lisboa	24-03-2006
Recordes Nacionais 50m Sen	1:59.39	Diogo Filipe Carvalho	FPN	Barcelona (ESP)	31-07-2013

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Pedro Andre Santos	94 15732	Alges	<b>2:07.71</b>	+0,79	711	17
	50m: 27.56 27.56	100m: 1:00.85 33.29	150m: 1:36.89 36.04	200m: 2:07.71 30.82			
2.	Duarte Rafael Mourao	84 13018	Estrelas S. Joao de Brito	<b>2:08.47</b>	+0,72	698	15
	50m: 26.51 26.51	100m: 59.36 32.85	150m: 1:37.39 38.03	200m: 2:08.47 31.08			
3.	Ruben Filipe Nunes	94 23302	Gespacos	<b>2:11.81</b>	+0,83	646	14
	50m: 27.49 27.49	100m: 1:01.87 34.38	150m: 1:40.16 38.29	200m: 2:11.81 31.65			
4.	Joao Alexandre Vital	98 110165	Colegio Monte Maior	<b>2:12.12</b>	+0,75	642	13
	50m: 28.71 28.71	100m: 1:01.14 32.43	150m: 1:40.98 39.84	200m: 2:12.12 31.14			
5.	Joao Pedro Gil	97 108343	Naval Amorense	<b>2:12.83</b>	+0,68	632	12
	50m: 28.68 28.68	100m: 1:02.79 34.11	150m: 1:42.98 40.19	200m: 2:12.83 29.85			
6.	Paulo Andre Silva	96 105198	Vilacondense	<b>2:13.50</b>	+0,68	622	11
	50m: 28.12 28.12	100m: 1:02.56 34.44	150m: 1:42.79 40.23	200m: 2:13.50 30.71			
7.	Guilherme Miguel Teixeira	97 105091	Benfica	<b>2:15.16</b>	+0,84	600	10
	50m: 27.61 27.61	100m: 1:04.47 36.86	150m: 1:43.39 38.92	200m: 2:15.16 31.77			
8.	Jose Paula Carvalho	98 111450	Uniao Piedense	<b>2:16.10</b>	+0,77	587	9
	50m: 28.89 28.89	100m: 1:04.04 35.15	150m: 1:43.78 39.74	200m: 2:16.10 32.32			
9.	Alexandre Lages Ribas	97 24582	Desportiva de Viana	<b>2:16.66</b>	+0,75	580	8
	50m: 28.59 28.59	100m: 1:03.29 34.70	150m: 1:44.90 41.61	200m: 2:16.66 31.76			
10.	Joao Andre Neves	95 101408	Academica de Coimbra	<b>2:16.73</b>	+0,82	579	7
	50m: 29.29 29.29	100m: 1:05.47 36.18	150m: 1:45.19 39.72	200m: 2:16.73 31.54			
11.	Manuel Matos Sequeira	87 10631	GesLoures	<b>2:17.43</b>	+0,73	570	6
	50m: 29.92 29.92	100m: 1:07.42 37.50	150m: 1:44.79 37.37	200m: 2:17.43 32.64			
12.	Vitor Joao Pereira	97 102545	Leixoes	<b>2:17.74</b>	+0,90	566	5
	50m: 29.04 29.04	100m: 1:03.99 34.95	150m: 1:45.28 41.29	200m: 2:17.74 32.46			
13.	Hugo Cascais Rodrigues	89 12640	Louletano / Loule Concelho	<b>2:18.93</b>	+0,66	552	4
	50m: 28.21 28.21	100m: 1:03.36 35.15	150m: 1:42.85 39.49	200m: 2:18.93 36.08			
14.	Christophe Pereira Fernandes	91 15955	Vitoria de Guimaraes/Olicargo	<b>2:22.38</b>	+0,75	513	3
	50m: 29.84 29.84	100m: 1:04.17 34.33	150m: 1:46.23 42.06	200m: 2:22.38 36.15			
15.	Tiago Miguel Pereira	00 123265	Natacao de Olhao	<b>2:35.98</b>	+0,82	390	2
	50m: 31.99 31.99	100m: 1:15.54 43.55	150m: 2:00.99 45.45	200m: 2:35.98 34.99			
DSQ	Afonso Lopes dos Santos	95 14773	Alcobaca				
	704 - Pernada de golfinho antes iniciar a braçada submarina após viragem aos 100 m - SW 7.1						

Prova 16  
18-04-2014 - 10:45

Masc., 200m Estilos  
1ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	1:59.39	Diogo Filipe Carvalho	FPN	Barcelona (ESP)	31-07-2013
Recordes Nacionais 50m Inf B	2:22.36	Andre Vilas Ruivo	DNMG	Coimbra	23-06-2013
Recordes Nacionais 50m Inf A	2:16.63	Alexandre Lages Ribas	EDV	Lisboa	24-07-2011
Recordes Nacionais 50m Juv B	2:11.18	Joao Alexandre Vital	FPN	Serravalle (SMR)	30-06-2013
Recordes Nacionais 50m Juv A	2:08.11	Carlos Esteves Almeida	CNA	Lisboa	31-07-2004
Recordes Nacionais 50m Jun17	2:04.32	Carlos Esteves Almeida	FPN	Budapeste (HUN)	17-07-2005
Recordes Nacionais 50m Jun18	2:04.06	Carlos Esteves Almeida	CNA	Lisboa	24-03-2006
Recordes Nacionais 50m Sen	1:59.39	Diogo Filipe Carvalho	FPN	Barcelona (ESP)	31-07-2013

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Carlos Esteves Almeida	88 11085	Porto	<b>2:04.47</b>	+0,87	768	9
	50m: 27.01 27.01	100m: 59.72 32.71	150m: 1:34.26 34.54	200m: 2:04.47 30.21			
2.	Nuno Goncalo Quintanilha	87 12902	Colegio Vasco da Gama	<b>2:05.73</b>	+0,81	745	7
	50m: 26.74 26.74	100m: 59.33 32.59	150m: 1:34.95 35.62	200m: 2:05.73 30.78			
3.	Tomas Miguel Veloso	96 10868	Nautico /Urgicentro-Sanfil	<b>2:05.99</b>	+0,86	740	6
	<i>Minimo CEJunioreos 2014</i>	100m: 1:01.46 33.37	150m: 1:36.60 35.14	200m: 2:05.99 29.39			
4.	Pedro Miguel Pinotes	89 26732	Sporting	<b>2:06.27</b>	+0,83	735	5
	50m: 28.07 28.07	100m: 1:00.39 32.32	150m: 1:37.39 37.00	200m: 2:06.27 28.88			
5.	Andre Bras Goncalves	88 14767	Amadora	<b>2:10.59</b>	+0,73	665	4
	50m: 27.64 27.64	100m: 1:01.08 33.44	150m: 1:39.17 38.09	200m: 2:10.59 31.42			
6.	Ricardo Amorim Rego	84 15954	Braga	<b>2:11.33</b>	+0,89	654	3
	50m: 27.92 27.92	100m: 1:01.80 33.88	150m: 1:39.16 37.36	200m: 2:11.33 32.17			
7.	Nuno Durao Pascoal	92 12560	Galitos	<b>2:14.65</b>	+0,80	606	2
	50m: 28.16 28.16	100m: 1:03.55 35.39	150m: 1:42.64 39.09	200m: 2:14.65 32.01			
8.	Rui Pedro Faria	94 15592	Famalicao	<b>2:18.67</b>	+0,94	555	1
	50m: 28.22 28.22	100m: 1:04.66 36.44	150m: 1:45.49 40.83	200m: 2:18.67 33.18			

Prova 17	Femin., 4 x 100m Livres				Absoluto
18-04-2014 - 11:00	2ª Divisão				Resultados
Recordes Nacionais 50m Absoluto	3:52.07	Futebol Clube do Porto/Dolce Vita	FCP	Coimbra	30-07-2010
Recordes Nacionais 50m Inf B	4:26.09	Grupo Desportivo Natacao V. N. Fai	GDNVNF	Porto	25-07-2010
Recordes Nacionais 50m Inf	4:17.13	tempo limite			
Recordes Nacionais 50m Inf A	4:17.13	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Lisboa	24-07-2011
Recordes Nacionais 50m Juv B	4:10.72	Clube Nautico Academico de Coim	CNAC	Póvoa de Varzim	05-08-2011
Recordes Nacionais 50m Juv	4:10.72	Clube Nautico Academico de Coim	CNAC	Póvoa de Varzim	05-08-2011
Recordes Nacionais 50m Juv A	4:10.72	tempo limite			
Recordes Nacionais 50m Jun	4:00.84	Sporting Clube de Portugal	SCP	Coimbra	30-07-2010
Recordes Nacionais 50m Sen	3:52.07	Futebol Clube do Porto/Dolce Vita	FCP	Coimbra	30-07-2010

Pontos: FINA 2014

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts			
1.		<b>Ginasio Vila Real</b>	<b>4:00.33</b>	<b>+0,85</b>	<b>683</b>	<b>17</b>			
		Ana Sofia Leite	+0,85	28.69	59.32	Ana Sofia Nobrega	+0,59	28.53	1:00.08
		Ana Margarida Guedes	+0,43	29.35	1:01.82	Joana Patricia Pinto	+0,66	28.25	59.11
2.		<b>Nautico /Urgicentro-Sanfil</b>	<b>4:05.65</b>	<b>+0,91</b>	<b>640</b>	<b>15</b>			
		Ana Luisa Carvalho	+0,91	29.51	1:02.28	Maria Amelia Gaspar	+0,34	30.21	1:02.25
		Beatriz Neves Craveiro	+0,36	29.07	1:01.10	Julia Matos Lopes	+0,27	29.00	1:00.02
3.		<b>Famalicao</b>	<b>4:07.34</b>	<b>+0,98</b>	<b>627</b>	<b>14</b>			
		Ana Ribeiro Ferreira	+0,98	29.55	1:00.53	Graca Maria Araujo	+0,59	30.25	1:01.98
		Ana Beatriz Martins	+0,54	29.94	1:01.87	Ana Silva Costa	+0,47	30.02	1:02.96
4.		<b>Colegio Vasco da Gama</b>	<b>4:10.31</b>	<b>+0,86</b>	<b>605</b>	<b>13</b>			
		Rita Silva Fernandes	+0,86	29.97	1:00.93	Beatriz Barros Carmo	+0,32	29.40	1:02.07
		Ana Beatriz Pereira	+0,13	29.18	1:01.50	Ana Filipa Carmo	+0,29	30.68	1:05.81
5.		<b>Braga</b>	<b>4:10.71</b>	<b>+0,87</b>	<b>602</b>	<b>12</b>			
		Tamila Hryhorivna Holub	+0,87	29.62	1:00.49	Ines Joao Costa	+0,56	30.19	1:04.27
		Sara Faria Costa	+0,29	29.63	1:02.97	Ana Sofia Fernandes	+0,21	30.34	1:02.98
6.		<b>Vilacondense</b>	<b>4:11.18</b>	<b>+0,71</b>	<b>598</b>	<b>11</b>			
		Ana Catarina Monteiro	+0,71	29.06	1:00.34	Cassandra Pedro Oliveira	+0,41	30.74	1:04.84
		Ana Filipa Gomes	+0,54	30.19	1:03.25	Maria Joao Fernandes	+0,38	29.31	1:02.75
7.		<b>Naval Amorense</b>	<b>4:12.18</b>	<b>+0,72</b>	<b>591</b>	<b>10</b>			
		Patricia Miguel Mendes	+0,72	30.49	1:03.59	Beatriz Santos Almeida	+0,47	30.27	1:03.54
		Sofia Alexandra Rolao	+0,73	30.58	1:04.50	Sofia Prates Silvestre	+0,41	28.98	1:00.55
8.		<b>Louletano / Loule Concelho</b>	<b>4:13.17</b>	<b>+0,82</b>	<b>584</b>	<b>9</b>			
		Catia Raquel Martinheira	+0,82	29.73	1:01.24	Isabel Maria Figueira	+0,53	30.63	1:04.03
		Carolina Sofia Lopes	+0,37	29.58	1:02.83	Rita Guedes Moreira	+0,55	31.02	1:05.07
9.		<b>Pimpoes/Cimai</b>	<b>4:14.31</b>	<b>+0,73</b>	<b>577</b>	<b>8</b>			
		Victoria Kaminskaya	+0,73	29.66	1:01.67	Ana Isabel Neves	+0,24	31.23	1:05.02
		Marta Marques Costa	+0,45	30.87	1:04.96	Ines Jacinto Henriques	+0,13	30.29	1:02.66
10.		<b>Galitos</b>	<b>4:15.26</b>	<b>+0,77</b>	<b>570</b>	<b>7</b>			
		Rita Costa Amador	+0,77	30.67	1:03.47	Rita Goncalves Marieiro	+0,54	31.33	1:05.13
		Ana Margarida Rodrigues	+0,43	29.58	1:01.43	Joana Costa Amador	+0,66	30.89	1:05.23
11.		<b>Nautico Marinha Grande</b>	<b>4:15.48</b>	<b>+0,85</b>	<b>569</b>	<b>6</b>			
		Filipa Vilas Ruiivo	+0,85	30.46	1:03.07	Ana Monica Eloi	+0,60	29.86	1:02.45
		Barbara Coimbra Teodosio	+0,68	31.40	1:04.53	Giovanna Vaz Vargas	+0,75	31.29	1:05.43
12.		<b>Benfica</b>	<b>4:15.72</b>	<b>+0,81</b>	<b>567</b>	<b>5</b>			
		Rita Fernandes Leitao	+0,81	29.98	1:02.99	Claudia Almeida Costa	+0,30	30.67	1:04.82
		Claudia Ferreira Borges	+0,55	31.86	1:06.57	Joana Filipa Capela	+0,31	29.17	1:01.34
13.		<b>Leixoes</b>	<b>4:16.54</b>	<b>+0,74</b>	<b>562</b>	<b>4</b>			
		Marta Ferreira Rocha	+0,74	30.22	1:03.29	Alexandra Jesus Santos	+0,62	31.35	1:06.15
		Ines Maria Pereira	+0,33	30.78	1:04.60	Vania Soares Neves	+0,35	29.91	1:02.50
14.		<b>Viana Natacao</b>	<b>4:26.80</b>	<b>+0,98</b>	<b>499</b>	<b>3</b>			
		Joana Barros Soares	+0,98	32.62	1:08.50	Carolina Cameira Sousa	+0,18	31.58	1:05.67
		Violante Pascoal Fontoura	+0,69	32.19	1:07.59	Ana Miguel Pinto	+0,46	31.20	1:05.04

Prova 17, Femin., 4 x 100m Livres, Absoluto

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	
15.		Vitoria de Guimaraes/Olicargo	<b>4:27.38</b>	<b>+0,93</b>	<b>496</b>	<b>2</b>	
	+0,93	31.63	1:07.46	Diana Filipa Portela	+0,34	32.33	1:07.98
	+0,34	31.62	1:07.65	Ana Sofia Alves	+0,34	29.83	1:04.29
16.		Viver Santarem	<b>4:43.47</b>	<b>+0,78</b>	<b>416</b>	<b>1</b>	
	+0,78	31.78	1:06.97	Maria Beatriz Dias	+0,54	31.25	1:05.94
	+0,80	36.27	1:15.05	Marta Isabel Silva	+0,68	36.67	1:15.51

Prova 18	Femin., 4 x 100m Livres				Absoluto
18-04-2014 - 11:10	1ª Divisão				Resultados
Recordes Nacionais 50m Absoluto	3:52.07	Futebol Clube do Porto/Dolce Vita	FCP	Coimbra	30-07-2010
Recordes Nacionais 50m Inf B	4:26.09	Grupo Desportivo Natacao V. N. Fai	GDNVNF	Porto	25-07-2010
Recordes Nacionais 50m Inf	4:17.13	tempo limite			
Recordes Nacionais 50m Inf A	4:17.13	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Lisboa	24-07-2011
Recordes Nacionais 50m Juv B	4:10.72	Clube Nautico Academico de Coim	CNAC	Povoa de Varzim	05-08-2011
Recordes Nacionais 50m Juv	4:10.72	Clube Nautico Academico de Coim	CNAC	Póvoa de Varzim	05-08-2011
Recordes Nacionais 50m Juv A	4:10.72	tempo limite			
Recordes Nacionais 50m Jun	4:00.84	Sporting Clube de Portugal	SCP	Coimbra	30-07-2010
Recordes Nacionais 50m Sen	3:52.07	Futebol Clube do Porto/Dolce Vita	FCP	Coimbra	30-07-2010

Pontos: FINA 2014

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	
1. Porto		Porto	<b>3:56.35</b>	+0,73	718	9	
	+0,73	28.45	59.11	Sara Freitas Oliveira	+0,24	27.93	59.16
	+0,47	27.02	59.13	Marta Vieira Marinho	+0,49	27.96	58.95
2. Sporting		Sporting	<b>3:58.70</b>	+0,75	697	7	
	+0,75	28.40	59.03	Carolina Mantua Guedes	+0,40	28.57	1:00.73
	+0,15	28.35	59.80	Ines Camacho Fernandes	+0,44	28.33	59.14
3. Alges		Alges	<b>4:00.89</b>	+0,89	678	6	
	+0,89	28.99	1:00.22	Francisca Gomes Azevedo	+0,26	28.36	59.54
	+0,46	28.39	1:00.05	Laura Sanchez Rodrigues	+0,36	28.73	1:01.08
4. Amadora		Amadora	<b>4:03.47</b>	+0,77	657	5	
	+0,77	29.30	1:01.36	Filipa Ferreira Silva	+0,22	29.23	1:01.54
	+0,36	28.36	59.69	Lisa Marisa Soares	+0,41	28.81	1:00.88
5. Uniao Piedense		Uniao Piedense	<b>4:05.95</b>	+0,89	637	4	
	+0,89	29.94	1:02.12	Marina Micaela Sequeira	+0,21	28.98	1:01.48
	+0,49	29.44	1:01.09	Catarina Tiago Nunes	+0,61	29.39	1:01.26
6. Columbofila Cantanhedense		Columbofila Cantanhedense	<b>4:07.37</b>	+0,78	626	3	
	+0,78	29.29	1:00.53	Sara Sofia Alves	+0,48	31.12	1:04.65
	+0,34	29.04	1:01.06	Florbela Cavaco Machado	+0,57	29.85	1:01.13
7. Gespacos		Gespacos	<b>4:07.74</b>	+0,90	624	2	
	+0,90	29.55	1:00.89	Ines Neto Rocha	+0,40	30.43	1:04.41
	+0,56	29.32	1:02.02	Diana Patricia Ferreira	+0,23	28.69	1:00.42
8. Gesloures		GesLoures	<b>4:16.64</b>	+0,91	561	1	
	+0,91	30.32	1:02.77	Barbara Francisco Ferreira	+0,69	30.11	1:02.66
	+0,62	31.60	1:05.28	Margarida Messias Ribeiro	+0,65	32.04	1:05.93

Prova 19	Masc., 4 x 100m Livres				Absoluto
18-04-2014 - 11:15	2ª Divisão				Resultados
Recordes Nacionais 50m Absoluto	3:24.33	Futebol Clube do Porto/Imperio Bonif	FCP	Faro	19-07-2009
Recordes Nacionais 50m Inf B	4:07.84	Associacao Naval Amorense	ANAM	Vila Franca de Xira	04-07-2009
Recordes Nacionais 50m Inf	3:55.51	tempo limite			
Recordes Nacionais 50m Inf A	3:55.31	Viana Natacao Clube	VNC	Porto	24-07-2010
Recordes Nacionais 50m Juv B	3:45.99	Futebol Clube do Porto	FCP	Jamor	27-07-2012
Recordes Nacionais 50m Juv	3:39.68	tempo limite			
Recordes Nacionais 50m Juv A	3:39.68	Futebol Clube do Porto	FCP	Famalição	19-07-2013
Recordes Nacionais 50m Jun	3:34.25	Futebol Clube do Porto/Imperio Bonif	FCP	Lisboa	27-03-2009
Recordes Nacionais 50m Sen	3:26.21	Futebol Clube do Porto	FCP	Jamor	27-07-2012

Pontos: FINA 2014

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts			
1.		<b>Estrelas S. Joao de Brito</b>	<b>3:32.16</b>	<b>+0,72</b>	<b>698</b>	<b>17</b>			
		Pedro Diogo Oliveira	+0,72	25.83	52.67	Duarte Rafael Mourao	+0,32	26.16	53.66
		Artiom Viatcheslavovitch Poliakov	+0,35	25.01	52.35	Joao Duarte Santos	+0,52	25.55	53.48
2.		<b>Naval Amorense</b>	<b>3:34.67</b>	<b>+0,69</b>	<b>674</b>	<b>15</b>			
		Joao Carlos Santos	+0,69	26.65	54.06	Fabio Alcantara Aires	+0,42	25.63	53.83
		Tiago Ferreira Azevedo	+0,38	25.13	53.44	Rafael Lourenco Gil	+0,43	25.63	53.34
3.		<b>Academica de Coimbra</b>	<b>3:36.81</b>	<b>+0,70</b>	<b>654</b>	<b>14</b>			
		Gustavo Almeida Madureira	+0,70	25.15	52.21	Joao Nuno Pires	+0,49	26.86	54.37
		Joao Filipe Lucas	+0,44	26.53	56.00	Pedro Barros Mendes	+0,34	26.17	54.23
4.		<b>Louletano / Loule Concelho</b>	<b>3:37.92</b>	<b>+0,80</b>	<b>644</b>	<b>13</b>			
		Melako Coker	+0,80	25.02	52.25	Luis Pedro Fernandes	+0,17	26.60	56.40
		Bruno Filipe Neves	+0,53	27.64	56.82	Nathan Keith Theodoris	+0,45	25.41	52.45
5.		<b>Benfica</b>	<b>3:38.66</b>	<b>+0,84</b>	<b>638</b>	<b>12</b>			
		Luis David Rodrigues	+0,84	26.48	55.36	Guilherme Miguel Teixeira	+0,42	26.58	55.10
		Ivo Andre Margarido	+0,14	26.10	54.31	Andre Filipe Farinha	+0,33	26.07	53.89
6.		<b>Leixoes</b>	<b>3:39.38</b>	<b>+0,72</b>	<b>631</b>	<b>11</b>			
		Diogo Halla	+0,72	26.35	54.66	Andre Goncalo Santos	+0,26	25.93	53.79
		Dario Almeida Santos	+0,35	26.17	56.49	Tiago Silva Oliveira	+0,47	26.28	54.44
7.		<b>Vilacondense</b>	<b>3:39.92</b>	<b>+0,69</b>	<b>627</b>	<b>10</b>			
		Paulo Andre Silva	+0,69	25.98	54.70	Joao Miguel Costa	+0,23	25.60	55.53
		Fabio Manuel Pereira	+0,37	26.33	54.63	Pedro Maria Bessa	+0,06	26.16	55.06
8.		<b>Uniao Piedense</b>	<b>3:40.05</b>	<b>+0,85</b>	<b>625</b>	<b>9</b>			
		Andre Rafael Marinho	+0,85	25.99	55.13	Diogo Miguel Silva	+0,19	26.63	55.75
		Diamantino Gato Bras	+0,39	26.19	54.86	Vasco Miguel Gaspar	+0,40	25.90	54.31
9.		<b>Gespacos</b>	<b>3:40.34</b>	<b>+0,82</b>	<b>623</b>	<b>8</b>			
		Joao Claudio Sousa	+0,82	26.72	54.83	Antonio Rafael Bessa	+0,37	26.76	55.94
		Ruben Filipe Nunes	+0,17	26.02	54.73	Hugo Alberto Ribeiro	+0,41	26.82	54.84
10.		<b>Desportiva de Viana</b>	<b>3:40.49</b>	<b>+0,67</b>	<b>622</b>	<b>7</b>			
		Rafael Lages Ribas	+0,67	26.01	55.19	Miguel Angelo Passos	+0,35	26.35	55.36
		Nuno Miguel Graca	+0,60	27.13	56.51	Alexandre Lages Ribas	+0,44	25.69	53.43
11.		<b>Alges</b>	<b>3:40.95</b>	<b>+0,69</b>	<b>618</b>	<b>6</b>			
		Francisco Carvalho Machado	+0,69	26.01	54.68	Filipe Miguel Felix	+0,34	26.81	56.41
		Hugo Pon	+0,47	26.77	56.03	Pedro Andre Santos	+0,57	25.74	53.83
12.		<b>Alcobaca</b>	<b>3:42.24</b>	<b>+0,66</b>	<b>607</b>	<b>5</b>			
		Miguel Angelo Silvestre	+0,66	27.27	57.23	Joao Mota Correia	+0,29	26.50	55.70
		Miguel Monteiro Diogo	+0,31	25.99	54.39	Afonso Lopes dos Santos	+0,51	26.20	54.92
13.		<b>Colegio Monte Maior</b>	<b>3:42.94</b>	<b>+0,76</b>	<b>601</b>	<b>4</b>			
		Pedro Miguel Silva	+0,76	26.22	54.53	Joao Alexandre Vital	+0,18	26.79	55.38
		Rodrigo Antonio Rosa	+0,34	26.98	55.89	Andre Antunes Carvalho	+0,42	27.45	57.14
14.		<b>Vitoria de Guimaraes/Olicargo</b>	<b>3:45.23</b>	<b>+0,77</b>	<b>583</b>	<b>3</b>			
		Rui Filipe Costa	+0,77	27.47	56.23	Andre Coelho Oliveira	+0,29	26.91	56.46
		Tiago Andre Oliveira	+0,25	26.38	56.11	Pedro Miguel Fernandes	+0,14	26.35	56.43

Prova 19, Masc., 4 x 100m Livres, Absoluto

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts			
15.		<b>GesLoures</b>	<b>3:46.16</b>	<b>+0,81</b>	<b>576</b>	<b>2</b>			
		Carlos Flores Clara	+0,81	26.30	54.79	Bruno Miguel Martins	+0,44	26.91	58.00
		Pedro Miguel Ribeiro	+0,19	26.95	57.05	Miguel Rocha Costa	+0,37	26.35	56.32
16.		<b>Natacao de Olhao</b>	<b>3:57.17</b>	<b>+0,70</b>	<b>499</b>	<b>1</b>			
		Mauro Filipe Viegas	+0,70	27.45	57.72	Andre Sousa Goncalves	+0,45	28.08	59.64
		Tiago Miguel Pereira	+0,71	29.27	1:00.92	Rui Miguel Lopes	+0,40	28.09	58.89

Prova 20	Masc., 4 x 100m Livres			Absoluto
18-04-2014 - 11:25	1ª Divisão			Resultados
Recordes Nacionais 50m Absoluto	3:24.33	Futebol Clube do Porto/Imperio Bonif	FCP1	Faro 19-07-2009
Recordes Nacionais 50m Inf B	4:07.84	Associacao Naval Amorense	ANAM	Vila Franca de Xira 04-07-2009
Recordes Nacionais 50m Inf	3:55.51	tempo limite		
Recordes Nacionais 50m Inf A	3:55.31	Viana Natacao Clube	VNC	Porto 24-07-2010
Recordes Nacionais 50m Juv B	3:45.99	Futebol Clube do Porto	FCP	Jamor 27-07-2012
Recordes Nacionais 50m Juv	3:39.68	tempo limite		
Recordes Nacionais 50m Juv A	3:39.68	Futebol Clube do Porto	FCP	Famalicao 19-07-2013
Recordes Nacionais 50m Jun	3:34.25	Futebol Clube do Porto/Imperio Bonif	FCP1	Lisboa 27-03-2009
Recordes Nacionais 50m Sen	3:26.21	Futebol Clube do Porto	FCP	Jamor 27-07-2012

Pontos: FINA 2014

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	
1. Sporting		Sporting	<b>3:29.28</b>	+0,68	727	9	
	+0,68	25.21	52.86	Pedro Miguel Pinotes	+0,26	25.09	52.54
	+0,17	25.00	53.23	Alexis Manacas Santos	+0,23	23.90	50.65
2. Porto		Porto	<b>3:29.72</b>	+0,74	723	7	
	+0,74	25.67	53.24	Carlos Filipe Santos	+0,45	24.68	52.85
	+0,28	24.02	51.87	Carlos Esteves Almeida	+0,43	25.41	51.76
3. Nautico /Urgicentro-Sanfil		Nautico /Urgicentro-Sanfil	<b>3:31.75</b>	+0,69	702	6	
	+0,69	24.72	51.21	Joao Barbosa Moreira	+0,43	25.84	54.46
	+0,27	25.87	53.53	Tomas Miguel Veloso	+0,46	25.60	52.55
4. Famalicao		Famalicao	<b>3:31.82</b>	+0,76	701	5	
	+0,76	24.87	51.62	Simao Pedro Alves	+0,55	26.22	53.99
	+0,39	26.16	53.66	Adriano Miguel Niz	+0,29	25.55	52.55
5. Amadora		Amadora	<b>3:33.90</b>	+0,69	681	4	
	+0,69	24.67	52.52	Rodrigo Pereira Lopes	+0,47	24.94	53.77
	+0,23	26.06	53.86	Pedro Fontoura Oliveira	+0,16	25.17	53.75
6. Colegio Vasco da Gama		Colegio Vasco da Gama	<b>3:34.44</b>	+0,68	676	3	
	+0,68	25.76	53.29	Jorge Miguel Carmo	+0,11	26.75	55.90
	+0,28	25.08	52.07	Goncalo Cardoso Carmo		25.29	53.18
7. Braga		Braga	<b>3:34.64</b>	+0,79	674	2	
	+0,79	25.78	52.82	Luis Miguel Silva	+0,32	26.20	54.74
	+0,20	25.56	53.75	Ricardo Amorim Rego	+0,23	25.96	53.33
8. Galitos		Galitos	<b>3:44.22</b>	+0,74	591	1	
	+0,74	26.55	54.98	Andre Martins Palhinha	+0,45	27.61	57.61
	+0,37	26.42	56.11	Joao Carlos Paula	+0,35	26.61	55.52



Prova 21  
18-04-2014 - 16:30

Femin., 200m Mariposa  
2ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	2:10.14	Sara Freitas Oliveira	FPN	Beijing (CHN)	12-08-2008
Recordes Nacionais 50m Inf B	2:30.76	Susana Patricia Miguel	SFUAP	Restelo	20-07-2002
Recordes Nacionais 50m Inf A	2:25.32	Susana Patricia Miguel	SFUAP	Restelo	05-07-2003
Recordes Nacionais 50m Juv B	2:20.75	Susana Patricia Miguel	FPN	Génova (ITA)	04-07-2004
Recordes Nacionais 50m Juv A	2:15.56	Ana Rita Francisco	FPN	Genebra (SUI)	20-07-1995
Recordes Nacionais 50m Jun16	2:17.11	Ana Rita Francisco	SFUAP	Porto	29-06-1996
Recordes Nacionais 50m Jun17	2:12.56	Sara Freitas Oliveira	FPN	Berlim (GER)	04-08-2002
Recordes Nacionais 50m Sen	2:10.14	Sara Freitas Oliveira	FPN	Beijing (CHN)	12-08-2008

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ana Catarina Monteiro	93 24320	Vilacondense	<b>2:13.84</b>	+0,84	753	17
	50m: 30.04 30.04	100m: 1:04.05 34.01	150m: 1:38.74 34.69	200m: 2:13.84 35.10			
2.	Ana Beatriz Pereira	91 20591	Colegio Vasco da Gama	<b>2:21.01</b>	+0,71	644	15
	50m: 31.81 31.81	100m: 1:07.40 35.59	150m: 1:44.20 36.80	200m: 2:21.01 36.81			
3.	Catia Raquel Martinheira	95 25940	Louletano / Loule Concelho	<b>2:22.49</b>	+0,77	624	14
	50m: 31.11 31.11	100m: 1:06.82 35.71	150m: 1:44.12 37.30	200m: 2:22.49 38.37			
4.	Debora Guimaraes Oliveira	96 105629	Braga	<b>2:23.89</b>	+0,87	606	13
	50m: 32.01 32.01	100m: 1:08.00 35.99	150m: 1:45.19 37.19	200m: 2:23.89 38.70			
5.	Giovanna Vaz Vargas	00 110957	Nautico Marinha Grande	<b>2:25.44</b>	+0,92	587	12
	50m: 33.11 33.11	100m: 1:09.74 36.63	150m: 1:47.09 37.35	200m: 2:25.44 38.35			
6.	Ana Margarida Rodrigues	96 103868	Galitos	<b>2:27.20</b>	+0,84	566	11
	50m: 32.13 32.13	100m: 1:09.31 37.18	150m: 1:47.73 38.42	200m: 2:27.20 39.47			
7.	Maria Amelia Gaspar	96 26584	Nautico /Urgicentro-Sanfil	<b>2:32.51</b>	+0,86	509	10
	50m: 33.51 33.51	100m: 1:11.79 38.28	150m: 1:52.51 40.72	200m: 2:32.51 40.00			
8.	Cristiana Sofia Ribeiro	00 125475	Famalicao	<b>2:33.74</b>	+0,83	497	9
	50m: 33.52 33.52	100m: 1:11.91 38.39	150m: 1:53.38 41.47	200m: 2:33.74 40.36			
9.	Ines Maria Pereira	99 105607	Leixoes	<b>2:39.44</b>	+0,90	445	8
	50m: 34.10 34.10	100m: 1:13.26 39.16	150m: 1:56.82 43.56	200m: 2:39.44 42.62			
10.	Ana Isabel Neves	96 103550	Pimpoes/Cimai	<b>2:42.95</b>	+0,85	417	7
	50m: 35.44 35.44	100m: 1:16.67 41.23	150m: 1:59.40 42.73	200m: 2:42.95 43.55			
11.	Sofia Alexandra Rolao	98 108413	Naval Amorense	<b>2:44.37</b>	+0,99	406	6
	50m: 33.83 33.83	100m: 1:14.55 40.72	150m: 1:57.43 42.88	200m: 2:44.37 46.94			
12.	Claudia Almeida Costa	95 14919	Benfica	<b>2:44.92</b>	+0,82	402	5
	50m: 34.39 34.39	100m: 1:15.62 41.23	150m: 2:00.22 44.60	200m: 2:44.92 44.70			
13.	Joana Barros Soares	00 120201	Viana Natacao	<b>2:50.82</b>	+1,04	362	4
	50m: 35.59 35.59	100m: 1:18.80 43.21	150m: 2:05.44 46.64	200m: 2:50.82 45.38			
14.	Maria Margarida Fernandes	99 110203	Ginasio Vila Real	<b>2:51.24</b>	+0,78	359	3
	50m: 34.44 34.44	100m: 1:17.00 42.56	150m: 2:02.98 45.98	200m: 2:51.24 48.26			
15.	Patricia Palmeiro Baeta	00 112658	Viver Santarem	<b>2:58.37</b>	+0,77	318	2
	50m: 35.26 35.26	100m: 1:20.49 45.23	150m: 2:08.81 48.32	200m: 2:58.37 49.56			
16.	Beatriz Daniela Macedo	02 124313	Vitoria de Guimaraes/Olicargo	<b>3:04.67</b>	+1,23	286	1
	50m: 38.59 38.59	100m: 1:26.34 47.75	150m: 2:16.15 49.81	200m: 3:04.67 48.52			

Prova 22  
18-04-2014 - 16:35

Femin., 200m Mariposa  
1ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	2:10.14	Sara Freitas Oliveira	FPN	Beijing (CHN)	12-08-2008
Recordes Nacionais 50m Inf B	2:30.76	Susana Patricia Miguel	SFUAP	Restelo	20-07-2002
Recordes Nacionais 50m Inf A	2:25.32	Susana Patricia Miguel	SFUAP	Restelo	05-07-2003
Recordes Nacionais 50m Juv B	2:20.75	Susana Patricia Miguel	FPN	Génova (ITA)	04-07-2004
Recordes Nacionais 50m Juv A	2:15.56	Ana Rita Francisco	FPN	Genebra (SUI)	20-07-1995
Recordes Nacionais 50m Jun16	2:17.11	Ana Rita Francisco	SFUAP	Porto	29-06-1996
Recordes Nacionais 50m Jun17	2:12.56	Sara Freitas Oliveira	FPN	Berlim (GER)	04-08-2002
Recordes Nacionais 50m Sen	2:10.14	Sara Freitas Oliveira	FPN	Beijing (CHN)	12-08-2008

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Sara Freitas Oliveira	85 23045	Porto	<b>2:16.66</b>	+0,87	708	9
	50m: 30.80 30.80	100m: 1:05.15 34.35	150m: 1:40.81 35.66	200m: 2:16.66 35.85			
2.	Bruna Leal Dantas	96 100371	Sporting	<b>2:21.00</b>	+0,79	644	7
	50m: 31.72 31.72	100m: 1:07.25 35.53	150m: 1:43.81 36.56	200m: 2:21.00 37.19			
3.	Mariana Cunha Guerra	98 102764	Columbofila Cantanhedense	<b>2:22.22</b>	+0,79	628	6
	50m: 31.64 31.64	100m: 1:06.99 35.35	150m: 1:44.20 37.21	200m: 2:22.22 38.02			
4.	Daniela Teixeira Moreira	97 106460	Amadora	<b>2:26.57</b>	+0,83	574	5
	50m: 32.56 32.56	100m: 1:09.71 37.15	150m: 1:47.71 38.00	200m: 2:26.57 38.86			
5.	Ana Marta Miranda	96 100377	Uniao Piedense	<b>2:26.82</b>	+0,85	571	4
	50m: 32.15 32.15	100m: 1:09.56 37.41	150m: 1:47.95 38.39	200m: 2:26.82 38.87			
6.	Claudia Cristina Leao	96 102069	Gespacos	<b>2:29.02</b>	+0,90	546	3
	50m: 32.31 32.31	100m: 1:09.14 36.83	150m: 1:47.97 38.83	200m: 2:29.02 41.05			
7.	Barbara Sofia Barata	97 105454	Alges	<b>2:30.12</b>	+0,82	534	2
	50m: 32.29 32.29	100m: 1:09.51 37.22	150m: 1:49.24 39.73	200m: 2:30.12 40.88			
8.	Soraia Filipa Sousa	97 117301	GesLoures	<b>2:36.49</b>	+0,76	471	1
	50m: 34.06 34.06	100m: 1:12.40 38.34	150m: 1:54.02 41.62	200m: 2:36.49 42.47			

Prova 23  
18-04-2014 - 16:40

Masc., 200m Mariposa  
2ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	1:56.17	Pedro Diogo Oliveira	FPN	Roma (ITA)	28-07-2009
Recordes Nacionais 50m Inf B	2:21.67	Fabio Parrilha da Silva	CNAL	S. João da Madeira	23-07-2000
Recordes Nacionais 50m Inf A	2:14.50	Fabio Parrilha da Silva	CNAL	Campanhã	29-07-2001
Recordes Nacionais 50m Juv B	2:09.61	Fabio Parrilha da Silva	CNAL	Lisboa	11-05-2002
Recordes Nacionais 50m Juv A	2:03.76	Pedro Diogo Oliveira	CNRM	Lisboa	31-07-2004
Recordes Nacionais 50m Jun17	2:02.12	Pedro Diogo Oliveira	FPN	Belgrado (HUN)	16-07-2005
Recordes Nacionais 50m Jun18	2:01.46	Pedro Diogo Oliveira	FPN	Palma Maiorca (ESP)	08-07-2006
Recordes Nacionais 50m Sen	1:56.17	Pedro Diogo Oliveira	FPN	Roma (ITA)	28-07-2009

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Andre Antunes Carvalho	96 105239	Colegio Monte Maior	<b>2:08.55</b>	+0,75	652	17
	50m: 28.35 28.35	100m: 1:01.59 33.24	150m: 1:35.37 33.78	200m: 2:08.55 33.18			
2.	Joao Duarte Santos	95 26430	Estrelas S. Joao de Brito	<b>2:09.31</b>	+0,76	641	15
	50m: 28.37 28.37	100m: 1:01.40 33.03	150m: 1:35.11 33.71	200m: 2:09.31 34.20			
3.	Antonio Rafael Bessa	94 102089	Gespacos	<b>2:09.95</b>	+0,82	631	14
	50m: 29.42 29.42	100m: 1:01.95 32.53	150m: 1:35.20 33.25	200m: 2:09.95 34.75			
4.	Joao Nuno Pires	94 10866	Academica de Coimbra	<b>2:10.07</b>	+0,76	630	13
	50m: 28.57 28.57	100m: 1:00.87 32.30	150m: 1:34.57 33.70	200m: 2:10.07 35.50			
5.	Tiago Martins Boleta	98 107597	Louletano / Loule Concelho	<b>2:11.11</b>	+0,75	615	12
	50m: 28.82 28.82	100m: 1:01.90 33.08	150m: 1:35.80 33.90	200m: 2:11.11 35.31			
6.	Hugo Pon	98 110164	Alges	<b>2:11.40</b>	+0,82	611	11
	50m: 29.70 29.70	100m: 1:03.22 33.52	150m: 1:37.77 34.55	200m: 2:11.40 33.63			
7.	Jose Paula Carvalho	98 111450	Uniao Piedense	<b>2:11.60</b>	+0,83	608	10
	50m: 29.92 29.92	100m: 1:03.48 33.56	150m: 1:37.42 33.94	200m: 2:11.60 34.18			
8.	Joao Miguel Costa	95 15088	Vilacondense	<b>2:12.82</b>	+0,78	591	9
	50m: 28.92 28.92	100m: 1:02.39 33.47	150m: 1:36.68 34.29	200m: 2:12.82 36.14			
9.	Jose Pedro Bugalho	96 109161	Alcobaca	<b>2:12.99</b>	+0,68	589	8
	50m: 28.94 28.94	100m: 1:02.29 33.35	150m: 1:37.38 35.09	200m: 2:12.99 35.61			
10.	Rafael Filipe Nunes	96 108344	Naval Amorense	<b>2:13.88</b>	+0,68	577	7
	50m: 29.43 29.43	100m: 1:03.02 33.59	150m: 1:37.77 34.75	200m: 2:13.88 36.11			
11.	Andre Coelho Oliveira	96 103443	Vitoria de Guimaraes/Olicargo	<b>2:16.76</b>	+0,88	542	6
	50m: 29.08 29.08	100m: 1:03.37 34.29	150m: 1:39.19 35.82	200m: 2:16.76 37.57			
12.	Joao Pedro Neves	93 123836	Leixoes	<b>2:18.08</b>	+0,97	526	5
	50m: 30.46 30.46	100m: 1:05.30 34.84	150m: 1:41.87 36.57	200m: 2:18.08 36.21			
13.	Andre Sousa Goncalves	97 105368	Natacao de Olhao	<b>2:18.16</b>	+0,89	525	4
	50m: 30.50 30.50	100m: 1:05.12 34.62	150m: 1:41.37 36.25	200m: 2:18.16 36.79			
14.	Guilherme Miguel Teixeira	97 105091	Benfica	<b>2:19.72</b>	+0,87	508	3
	50m: 30.40 30.40	100m: 1:05.74 35.34	150m: 1:42.04 36.30	200m: 2:19.72 37.68			
15.	Nuno Miguel Graca	98 105631	Desportiva de Viana	<b>2:22.57</b>	+0,78	478	2
	50m: 30.23 30.23	100m: 1:05.17 34.94	150m: 1:43.44 38.27	200m: 2:22.57 39.13			
16.	Andre Tavares Grenho	99 120605	GesLoures	<b>2:30.37</b>	+0,82	407	1
	50m: 34.03 34.03	100m: 1:12.54 38.51	150m: 1:51.91 39.37	200m: 2:30.37 38.46			

Prova 24  
18-04-2014 - 16:45

Masc., 200m Mariposa  
1ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	1:56.17	Pedro Diogo Oliveira	FPN	Roma (ITA)	28-07-2009
Recordes Nacionais 50m Inf B	2:21.67	Fabio Parrilha da Silva	CNAL	S. João da Madeira	23-07-2000
Recordes Nacionais 50m Inf A	2:14.50	Fabio Parrilha da Silva	CNAL	Campanhã	29-07-2001
Recordes Nacionais 50m Juv B	2:09.61	Fabio Parrilha da Silva	CNAL	Lisboa	11-05-2002
Recordes Nacionais 50m Juv A	2:03.76	Pedro Diogo Oliveira	CNRM	Lisboa	31-07-2004
Recordes Nacionais 50m Jun17	2:02.12	Pedro Diogo Oliveira	FPN	Belgrado (HUN)	16-07-2005
Recordes Nacionais 50m Jun18	2:01.46	Pedro Diogo Oliveira	FPN	Palma Maiorca (ESP)	08-07-2006
Recordes Nacionais 50m Sen	1:56.17	Pedro Diogo Oliveira	FPN	Roma (ITA)	28-07-2009

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Pedro Miguel Pinotes	89 26732	Sporting	<b>2:04.30</b>	+0,78	721	9
	50m: 27.97 27.97	100m: 59.84 31.87	150m: 1:31.93 32.09	200m: 2:04.30 32.37			
2.	Ricardo Verissimo Sousa	93 25548	Colegio Vasco da Gama	<b>2:07.47</b>	+0,72	669	7
	50m: 28.84 28.84	100m: 1:00.69 31.85	150m: 1:33.64 32.95	200m: 2:07.47 33.83			
3.	Rui Filipe Vilar	91 24159	Porto	<b>2:09.66</b>	+0,78	636	6
	50m: 28.88 28.88	100m: 1:01.78 32.90	150m: 1:35.06 33.28	200m: 2:09.66 34.60			
4.	Joao Carlos Silva	98 108379	Famalicao	<b>2:11.04</b>	+0,71	616	5
	50m: 28.13 28.13	100m: 1:00.75 32.62	150m: 1:35.23 34.48	200m: 2:11.04 35.81			
5.	Nuno Miguel Rola	83 11949	Amadora	<b>2:12.87</b>	+0,77	591	4
	50m: 29.25 29.25	100m: 1:02.39 33.14	150m: 1:37.77 35.38	200m: 2:12.87 35.10			
6.	Francisco Xavier Goncalves	97 26878	Nautico /Urgicentro-Sanfil	<b>2:13.17</b>	+0,72	587	3
	50m: 28.88 28.88	100m: 1:02.60 33.72	150m: 1:37.45 34.85	200m: 2:13.17 35.72			
7.	Henrique Jose Marquez	95 13912	Galitos	<b>2:15.74</b>	+0,71	554	2
	50m: 29.45 29.45	100m: 1:03.03 33.58	150m: 1:38.63 35.60	200m: 2:15.74 37.11			
8.	Joao Francisco Lopes	98 107561	Braga	<b>2:16.90</b>	+0,72	540	1
	50m: 29.19 29.19	100m: 1:03.37 34.18	150m: 1:39.85 36.48	200m: 2:16.90 37.05			

Prova 25  
18-04-2014 - 16:50

Femin., 100m Bruços  
2ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	1:09.47	Diana Duarte Gomes	CNA	Loulé	06-06-2009
Recordes Nacionais 50m Inf B	1:19.92	Raquel Gomes Pereira	SAD	Rio Maior	22-07-2012
Recordes Nacionais 50m Inf A	1:15.49	Ana Pinho Rodrigues	AEJ	Coimbra	08-07-2007
Recordes Nacionais 50m Juv B	1:12.89	Paula Alexandra Oliveira	FCP	Coimbra	29-07-2010
Recordes Nacionais 50m Juv A	1:10.73	Ana Pinho Rodrigues	AEJ	Coimbra	31-05-2009
Recordes Nacionais 50m Jun16	1:10.09	Diana Duarte Gomes	FPN	Budapeste (HUN)	17-07-2005
Recordes Nacionais 50m Jun17	1:10.43	Diana Duarte Gomes	FPN	Rio Janeiro (BRA)	26-08-2006
Recordes Nacionais 50m Sen	1:09.47	Diana Duarte Gomes	CNA	Loulé	06-06-2009

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Joana Patricia Pinto 50m: 35.12 35.12	94 24790	Ginasio Vila Real 100m: 1:15.64 40.52	<b>1:15.64</b>	+0,89	615	17
2.	Ana Beatriz Pereira 50m: 35.78 35.78	91 20591	Colegio Vasco da Gama 100m: 1:16.07 40.29	<b>1:16.07</b>	+0,66	605	15
3.	Rita Catarina Miranda 50m: 35.82 35.82	97 107566	Braga 100m: 1:17.27 41.45	<b>1:17.27</b>	+0,89	577	14
4.	Isabel Maria Figueira 50m: 36.27 36.27	79 11424	Louletano / Loule Concelho 100m: 1:17.39 41.12	<b>1:17.39</b>	+0,92	574	13
5.	Rita Maria Cardoso 50m: 36.91 36.91	98 105877	Leixoes 100m: 1:18.33 41.42	<b>1:18.33</b>	+0,89	554	12
6.	Mariana Dias Almeida 50m: 36.57 36.57	93 22405	Famalicao 100m: 1:18.66 42.09	<b>1:18.66</b>	+0,79	547	11
7.	Rita Fernandes Leitao 50m: 36.48 36.48	96 25571	Benfica 100m: 1:18.97 42.49	<b>1:18.97</b>	+0,83	541	10
8.	Ana Rita Graca 50m: 36.86 36.86	98 111321	Vilacondense 100m: 1:19.07 42.21	<b>1:19.07</b>	+0,90	539	9
9.	Carlota Santos Silva 50m: 37.46 37.46	00 117491	Nautico /Urgicentro-Sanfil 100m: 1:19.60 42.14	<b>1:19.60</b>	+0,89	528	8
10.	Carolina Cameira Sousa 50m: 39.26 39.26	99 107550	Viana Natacao 100m: 1:23.63 44.37	<b>1:23.63</b>	+0,91	455	7
11.	Ana Ferreira Costa 50m: 40.26 40.26	02 123876	Nautico Marinha Grande 100m: 1:23.99 43.73	<b>1:23.99</b>	+0,92	449	6
12.	Carolina Felicidade Batista 50m: 39.40 39.40	99 118371	Viver Santarem 100m: 1:24.00 44.60	<b>1:24.00</b>	+1,04	449	5
13.	Ana Sofia Ferreira 50m: 41.18 41.18	99 109040	Pimpoes/Cimai 100m: 1:27.83 46.65	<b>1:27.83</b>	+0,97	393	4
14.	Teresa Isabel Granjeia 50m: 41.20 41.20	01 112368	Galitos 100m: 1:28.02 46.82	<b>1:28.02</b>	+0,90	390	3
15.	Soraia Guerra Rolim 50m: 39.20 39.20	95 121321	Naval Amorense 100m: 1:28.51 49.31	<b>1:28.51</b>	+0,86	384	2
16.	Valeria Goncalves Vieira 50m: 44.19 44.19	02 124314	Vitoria de Guimaraes/Olicargo 100m: 1:32.31 48.12	<b>1:32.31</b>	+1,12	338	1

Prova 26  
18-04-2014 - 16:55

Femin., 100m Bruços  
1ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	1:09.47	Diana Duarte Gomes	CNA	Loulé	06-06-2009
Recordes Nacionais 50m Inf B	1:19.92	Raquel Gomes Pereira	SAD	Rio Maior	22-07-2012
Recordes Nacionais 50m Inf A	1:15.49	Ana Pinho Rodrigues	AEJ	Coimbra	08-07-2007
Recordes Nacionais 50m Juv B	1:12.89	Paula Alexandra Oliveira	FCP	Coimbra	29-07-2010
Recordes Nacionais 50m Juv A	1:10.73	Ana Pinho Rodrigues	AEJ	Coimbra	31-05-2009
Recordes Nacionais 50m Jun16	1:10.09	Diana Duarte Gomes	FPN	Budapeste (HUN)	17-07-2005
Recordes Nacionais 50m Jun17	1:10.43	Diana Duarte Gomes	FPN	Rio Janeiro (BRA)	26-08-2006
Recordes Nacionais 50m Sen	1:09.47	Diana Duarte Gomes	CNA	Loulé	06-06-2009

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ana Pinho Rodrigues 50m: 33.21 33.21	94 13372	Porto 100m: 1:12.60 39.39	<b>1:12.60</b>	+0,72	696	9
2.	Ana Teresa Franco 50m: 35.46 35.46	91 11349	Sporting 100m: 1:14.69 39.23	<b>1:14.69</b>	+0,77	639	7
3.	Raquel Gomes Pereira 50m: 36.07 36.07	00 118469	Alges 100m: 1:14.95 38.88	<b>1:14.95</b>	+0,85	632	6
4.	Diana Patricia Ferreira 50m: 35.66 35.66	94 23500	Gespacos 100m: 1:16.05 40.39	<b>1:16.05</b>	+0,91	605	5
5.	Joana Dias Santos 50m: 36.42 36.42	96 100397	Uniao Piedense 100m: 1:19.08 42.66	<b>1:19.08</b>	+0,76	538	4
6.	Ines Raquel Estevao 50m: 37.51 37.51	95 100230	GesLoures 100m: 1:19.49 41.98	<b>1:19.49</b>	+0,81	530	3
7.	Rita Goncalves Passinhas 50m: 38.53 38.53	99 111431	Amadora 100m: 1:24.27 45.74	<b>1:24.27</b>	+0,80	445	2
8.	Sara Sofia Alves 50m: 40.51 40.51	01 111234	Columbofila Cantanhedense 100m: 1:27.36 46.85	<b>1:27.36</b>	+0,81	399	1

Prova 27  
18-04-2014 - 17:00

Masc., 100m Bruços  
2ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	1:01.01	Carlos Esteves Almeida	FPN	Barcelona (ESP)	28-07-2013
Recordes Nacionais 50m Inf B	1:11.95	Andre Goncalo Santos	LSC	Porto	24-07-2010
Recordes Nacionais 50m Inf A	1:09.91	Andre Goncalo Santos	LSC	Lisboa	23-07-2011
Recordes Nacionais 50m Juv B	1:06.44	Andre Goncalo Santos	FPN	Corfu (GRE)	31-03-2012
Recordes Nacionais 50m Juv A	1:05.43	Andre Goncalo Santos	FPN	Utrecht (NED)	16-07-2013
Recordes Nacionais 50m Jun17	1:04.54	Andre Miguel Silva	FPN	Belgrado (SRB)	02-08-2008
Recordes Nacionais 50m Jun18	1:02.87	Andre Miguel Silva	PDEM	Faro	18-07-2009
Recordes Nacionais 50m Sen	1:01.01	Carlos Esteves Almeida	FPN	Barcelona (ESP)	28-07-2013

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Andre Goncalo Santos 50m: 30.52 30.52	97	104706 Leixoes 100m: 1:05.64 35.12	<b>1:05.64</b>	+0,77	706	17
2.	Pedro Miguel Silva 50m: 31.27 31.27	94	100227 Colegio Monte Maior 100m: 1:06.90 35.63	<b>1:06.90</b>	+0,73	667	15
3.	Henrique Pereira Neiva 50m: 31.73 31.73	84	23019 Vilacondense 100m: 1:06.91 35.18	<b>1:06.91</b>	+0,81	666	14
4.	Joao Claudio Sousa 50m: 31.95 31.95	93	23458 Gespacos 100m: 1:07.08 35.13	<b>1:07.08</b>	+0,78	661	13
5.	Diogo Miguel Silva 50m: 31.61 31.61	95	104780 Uniao Piedense 100m: 1:07.28 35.67	<b>1:07.28</b>	+0,76	656	12
6.	Rafael Lourenco Gil 50m: 31.72 31.72	96	105234 Naval Amorense 100m: 1:07.99 36.27	<b>1:07.99</b>	+0,76	635	11
7.	Hugo Miguel Nunes 50m: 32.63 32.63	90	11211 Academica de Coimbra 100m: 1:09.03 36.40	<b>1:09.03</b>	+0,78	607	10
8.	Manuel Matos Sequeira 50m: 32.49 32.49	87	10631 GesLoures 100m: 1:09.27 36.78	<b>1:09.27</b>	+0,68	601	9
9.	Joao Filipe Costa 50m: 32.22 32.22	96	25569 Alges 100m: 1:09.39 37.17	<b>1:09.39</b>	+0,63	597	8
10.	Luis Pedro Fernandes 50m: 32.91 32.91	96	25320 Louletano / Loule Concelho 100m: 1:09.56 36.65	<b>1:09.56</b>	+0,75	593	7
11.	Diogo Manuel Rodrigues 50m: 31.68 31.68	94	15338 Vitoria de Guimaraes/Olicargo 100m: 1:10.03 38.35	<b>1:10.03</b>	+0,83	581	6
12.	Rui Miguel Coelho 50m: 32.68 32.68	96	111850 Benfica 100m: 1:10.16 37.48	<b>1:10.16</b>	+0,71	578	5
13.	Tiago Martim Alves 50m: 32.66 32.66	97	100789 Desportiva de Viana 100m: 1:10.31 37.65	<b>1:10.31</b>	+0,85	574	4
14.	Mauro Filipe Viegas 50m: 32.70 32.70	95	26428 Natacao de Olhao 100m: 1:10.50 37.80	<b>1:10.50</b>	+0,66	570	3
15.	Thiago Duarte Goncalves 50m: 32.15 32.15	89	12543 Estrelas S. Joao de Brito 100m: 1:11.54 39.39	<b>1:11.54</b>	+0,80	545	2
16.	Nuno Miguel Feliciano 50m: 33.55 33.55	95	24775 Alcobaca 100m: 1:13.47 39.92	<b>1:13.47</b>	+0,67	503	1

Prova 28  
18-04-2014 - 17:05

Masc., 100m Bruços  
1ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	1:01.01	Carlos Esteves Almeida	FPN	Barcelona (ESP)	28-07-2013
Recordes Nacionais 50m Inf B	1:11.95	Andre Goncalo Santos	LSC	Porto	24-07-2010
Recordes Nacionais 50m Inf A	1:09.91	Andre Goncalo Santos	LSC	Lisboa	23-07-2011
Recordes Nacionais 50m Juv B	1:06.44	Andre Goncalo Santos	FPN	Corfu (GRE)	31-03-2012
Recordes Nacionais 50m Juv A	1:05.43	Andre Goncalo Santos	FPN	Utrecht (NED)	16-07-2013
Recordes Nacionais 50m Jun17	1:04.54	Andre Miguel Silva	FPN	Belgrado (SRB)	02-08-2008
Recordes Nacionais 50m Jun18	1:02.87	Andre Miguel Silva	PDEM	Faro	18-07-2009
Recordes Nacionais 50m Sen	1:01.01	Carlos Esteves Almeida	FPN	Barcelona (ESP)	28-07-2013

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Carlos Esteves Almeida 50m: 29.47 29.47	88 11085	Porto 100m: 1:02.92 33.45	<b>1:02.92</b>	+0,82	802	9
2.	Tomas Miguel Veloso 50m: 30.64 30.64	96 10868	Nautico /Urgicentro-Sanfil 100m: 1:05.49 34.85	<b>1:05.49</b>	+0,69	711	7
3.	Miguel Monteiro Cruchinho 50m: 31.19 31.19	97 110442	Sporting 100m: 1:05.86 34.67	<b>1:05.86</b>	+0,74	699	6
4.	Joao Silva Gigante 50m: 30.57 30.57	88 14783	Amadora 100m: 1:06.28 35.71	<b>1:06.28</b>	+0,69	686	5
5.	Rodrigo Silverio Carmo 50m: 31.58 31.58	96 100588	Colegio Vasco da Gama 100m: 1:07.52 35.94	<b>1:07.52</b>	+0,67	649	4
6.	Nuno Durao Pascoal 50m: 31.87 31.87	92 12560	Galitos 100m: 1:07.70 35.83	<b>1:07.70</b>	+0,72	643	3
7.	Mario Jorge Veloso 50m: 32.27 32.27	98 112051	Braga 100m: 1:08.03 35.76	<b>1:08.03</b>	+0,85	634	2
8.	Luis Manuel Fernandes 50m: 31.79 31.79	95 15589	Famalicao 100m: 1:08.76 36.97	<b>1:08.76</b>	+0,69	614	1



Prova 29 18-04-2014 - 17:05	Femin., 200m Livres 2ª Divisão				Absoluto Resultados
Recordes Nacionais 50m Absoluto	2:03.42	Sara Beatriz Loureiro	FCP	Coimbra	30-05-2009
Recordes Nacionais 50m Inf B	2:12.20	Filipa Vilas Ruivo	DNMG	S. João da Madeira	24-07-2009
Recordes Nacionais 50m Inf A	2:11.43	Alexandra Maria Silva	FPN	Madrid (ESP)	18-04-1980
Recordes Nacionais 50m Juv B	2:08.85	Maria Francisca Cabral	FCP	Coimbra	06-04-2014
Recordes Nacionais 50m Juv A	2:06.82	Tamila Hryhorivna Holub	SCB	Coimbra	06-04-2014
Recordes Nacionais 50m Jun16	2:05.38	Ana Feio Alegria	FPN	Florença (ITA)	03-04-1993
Recordes Nacionais 50m Jun17	2:03.70	Diana Margarida Duraes	FCP	Coimbra	25-05-2013
Recordes Nacionais 50m Sen	2:03.42	Sara Beatriz Loureiro	FCP	Coimbra	30-05-2009

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Tamila Hryhorivna Holub 50m: 30.75 30.75	99 116887	Braga 100m: 1:03.15 32.40	<b>2:08.76</b> 150m: 1:36.39 33.24	+0,94 200m: 2:08.76	675 32.37	17
2.	Ana Sofia Nobrega 50m: 30.09 30.09	90 24785	Ginasio Vila Real 100m: 1:03.25 33.16	<b>2:09.96</b> 150m: 1:36.82 33.57	+0,78 200m: 2:09.96	657 33.14	15
3.	Vania Soares Neves 50m: 31.02 31.02	90 12380	Leixoes 100m: 1:04.04 33.02	<b>2:10.67</b> 150m: 1:37.55 33.51	+0,82 200m: 2:10.67	646 33.12	14
4.	Sofia Prates Silvestre 50m: 29.84 29.84	95 121320	Naval Amorense 100m: 1:02.79 32.95	<b>2:10.88</b> 150m: 1:36.82 34.03	+0,79 200m: 2:10.88	643 34.06	13
5.	Ana Ribeiro Ferreira 50m: 31.11 31.11	92 15634	Famalicao 100m: 1:04.10 32.99	<b>2:12.98</b> 150m: 1:38.93 34.83	+0,98 200m: 2:12.98	613 34.05	12
6.	Ana Monica Eloi 50m: 31.14 31.14	96 107038	Nautico Marinha Grande 100m: 1:04.19 33.05	<b>2:13.51</b> 150m: 1:38.72 34.53	+0,93 200m: 2:13.51	605 34.79	11
7.	Joana Filipa Capela 50m: 31.79 31.79	89 12794	Benfica 100m: 1:05.41 33.62	<b>2:14.11</b> 150m: 1:39.95 34.54	+0,85 200m: 2:14.11	597 34.16	10
8.	Ines Jacinto Henriques 50m: 31.42 31.42	00 120220	Pimpoes/Cimai 100m: 1:05.18 33.76	<b>2:14.55</b> 150m: 1:40.28 35.10	+0,78 200m: 2:14.55	592 34.27	9
9.	Maria Joao Fernandes 50m: 31.32 31.32	97 102092	Vilacondense 100m: 1:05.73 34.41	<b>2:14.59</b> 150m: 1:40.02 34.29	+0,82 200m: 2:14.59	591 34.57	8
10.	Beatriz Barros Carmo 50m: 31.68 31.68	99 107625	Colegio Vasco da Gama 100m: 1:05.91 34.23	<b>2:15.34</b> 150m: 1:40.56 34.65	+0,81 200m: 2:15.34	581 34.78	7
11.	Teresa Miguel Veloso 50m: 31.27 31.27	00 103876	Nautico /Urgicentro-Sanfil 100m: 1:05.18 33.91	<b>2:15.57</b> 150m: 1:40.34 35.16	+0,87 200m: 2:15.57	578 35.23	6
12.	Rita Guedes Moreira 50m: 32.32 32.32	00 110881	Louletano / Loule Concelho 100m: 1:08.10 35.78	<b>2:20.93</b> 150m: 1:44.78 36.68	+0,83 200m: 2:20.93	515 36.15	5
13.	Ana Miguel Pinto 50m: 32.34 32.34	99 107478	Viana Natacao 100m: 1:07.51 35.17	<b>2:21.99</b> 150m: 1:45.02 37.51	+0,90 200m: 2:21.99	503 36.97	4
14.	Joana Costa Amador 50m: 32.33 32.33	01 117714	Galitos 100m: 1:08.72 36.39	<b>2:22.43</b> 150m: 1:45.28 36.56	+0,92 200m: 2:22.43	499 37.15	3
15.	Ana Ines Fernandes 50m: 32.47 32.47	00 119258	Vitoria de Guimaraes/Olicargo 100m: 1:10.45 37.98	<b>2:31.07</b> 150m: 1:50.43 39.98	+1,04 200m: 2:31.07	418 40.64	2
DSQ	Marta Isabel Silva 403 - Falsa partida - SW 4.4	00 121696	Viver Santarem				

Prova 30  
18-04-2014 - 17:10

Femin., 200m Livres  
1ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	2:03.42	Sara Beatriz Loureiro	FCP	Coimbra	30-05-2009
Recordes Nacionais 50m Inf B	2:12.20	Filipa Vilas Ruivo	DNMG	S. João da Madeira	24-07-2009
Recordes Nacionais 50m Inf A	2:11.43	Alexandra Maria Silva	FPN	Madrid (ESP)	18-04-1980
Recordes Nacionais 50m Juv B	2:08.85	Maria Francisca Cabral	FCP	Coimbra	06-04-2014
Recordes Nacionais 50m Juv A	2:06.82	Tamila Hryhorivna Holub	SCB	Coimbra	06-04-2014
Recordes Nacionais 50m Jun16	2:05.38	Ana Feio Alegria	FPN	Florença (ITA)	03-04-1993
Recordes Nacionais 50m Jun17	2:03.70	Diana Margarida Duraes	FCP	Coimbra	25-05-2013
Recordes Nacionais 50m Sen	2:03.42	Sara Beatriz Loureiro	FCP	Coimbra	30-05-2009

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Diana Margarida Duraes	96	102992 Porto	<b>2:06.18</b>	+0,73	717	9
	50m: 29.66 29.66		100m: 1:01.93 32.27	150m: 1:34.69 32.76	200m: 2:06.18 31.49		
2.	Mafalda Gomes Beleza	94	26890 Sporting	<b>2:06.65</b>	+0,83	709	7
	50m: 29.91 29.91		100m: 1:02.40 32.49	150m: 1:35.31 32.91	200m: 2:06.65 31.34		
3.	Rita Barros Frischknecht	98	106257 Alges	<b>2:09.15</b>	+0,83	669	6
	50m: 29.82 29.82		100m: 1:02.58 32.76	150m: 1:36.26 33.68	200m: 2:09.15 32.89		
4.	Florbela Cavaco Machado	96	103916 Columbofila Cantanhedense	<b>2:09.17</b>	+0,77	669	5
	50m: 31.08 31.08		100m: 1:03.49 32.41	150m: 1:36.83 33.34	200m: 2:09.17 32.34		
5.	Soraia Vanessa Ribeiro	92	15857 Gespacos	<b>2:10.82</b>	+0,91	644	4
	50m: 30.24 30.24		100m: 1:03.22 32.98	150m: 1:36.91 33.69	200m: 2:10.82 33.91		
6.	Jessica Teixeira Vieira	91	104235 Amadora	<b>2:11.10</b>	+0,77	640	3
	50m: 30.03 30.03		100m: 1:02.89 32.86	150m: 1:36.32 33.43	200m: 2:11.10 34.78		
7.	Catarina Tiago Nunes	95	100949 Uniao Piedense	<b>2:14.24</b>	+0,86	596	2
	50m: 30.22 30.22		100m: 1:03.97 33.75	150m: 1:38.68 34.71	200m: 2:14.24 35.56		
8.	Ana Catarina Oliveira	99	112314 GesLoures	<b>2:18.87</b>	+0,80	538	1
	50m: 32.13 32.13		100m: 1:06.80 34.67	150m: 1:43.07 36.27	200m: 2:18.87 35.80		

Prova 31 Masc., 200m Livres Absoluto  
18-04-2014 - 17:15 2ª Divisão Resultados

Recordes Nacionais 50m Absoluto	1:49.02	Tiago Andre Venancio	FPN	Melbourne (AUS)	30-03-2007
Recordes Nacionais 50m Inf B	2:06.18	Joao Magalhaes Nunes	CNA	Rio Maior	21-07-2012
Recordes Nacionais 50m Inf A	2:01.65	Joao Duarte Santos	CNOL	S. João da Madeira	25-07-2009
Recordes Nacionais 50m Juv B	1:57.67	Diogo Gomes Sousa	CNCVG	Coimbra	29-07-2010
Recordes Nacionais 50m Juv A	1:54.18	Gustavo Manuel Santa	FPN	Tampere (FIN)	24-07-2009
Recordes Nacionais 50m Jun17	1:53.32	Gustavo Manuel Santa	CNLA	Coimbra	30-07-2010
Recordes Nacionais 50m Jun18	1:49.98	Tiago Andre Venancio	FPN	Budapeste (HUN)	14-07-2005
Recordes Nacionais 50m Sen	1:49.02	Tiago Andre Venancio	FPN	Melbourne (AUS)	30-03-2007

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Artiom Viatcheslavovitch Poliakov	93 11114	Estrelas S. Joao de Brito	<b>1:53.90</b>	+0,64	718	17
	50m: 26.26 26.26	100m: 55.08 28.82	150m: 1:24.55 29.47	200m: 1:53.90 29.35			
2.	Nathan Keith Theodoris	95 26389	Louletano / Loule Concelho	<b>1:55.36</b>	+0,77	691	15
	50m: 27.12 27.12	100m: 56.54 29.42	150m: 1:26.44 29.90	200m: 1:55.36 28.92			
3.	Joao Carlos Santos	96 104253	Naval Amorense	<b>1:55.50</b>	+0,67	688	14
	50m: 27.63 27.63	100m: 56.84 29.21	150m: 1:26.31 29.47	200m: 1:55.50 29.19			
4.	Gustavo Almeida Madureira	94 10857	Academica de Coimbra	<b>1:55.52</b>	+0,71	688	13
	50m: 26.76 26.76	100m: 56.16 29.40	150m: 1:26.19 30.03	200m: 1:55.52 29.33			
5.	Andre Filipe Farinha	96 105086	Benfica	<b>1:57.51</b>	+0,74	653	12
	50m: 28.33 28.33	100m: 58.38 30.05	150m: 1:28.46 30.08	200m: 1:57.51 29.05			
6.	Vasco Miguel Gaspar	90 26500	Uniao Piedense	<b>1:57.76</b>	+0,78	649	11
	50m: 27.94 27.94	100m: 57.94 30.00	150m: 1:28.54 30.60	200m: 1:57.76 29.22			
7.	Tiago Silva Oliveira	94 15465	Leixoes	<b>1:57.78</b>	+0,79	649	10
	50m: 28.32 28.32	100m: 58.46 30.14	150m: 1:28.56 30.10	200m: 1:57.78 29.22			
8.	Hugo Alberto Ribeiro	88 23114	Gespacos	<b>1:57.93</b>	+0,91	647	9
	50m: 28.22 28.22	100m: 58.18 29.96	150m: 1:28.50 30.32	200m: 1:57.93 29.43			
9.	Rui Filipe Costa	91 24004	Vitoria de Guimaraes/Olicargo	<b>1:58.80</b>	+0,75	632	8
	50m: 28.53 28.53	100m: 58.78 30.25	150m: 1:29.04 30.26	200m: 1:58.80 29.76			
10.	Carlos Flores Clara	97 117120	GesLoures	<b>1:59.16</b>	+0,81	627	7
	50m: 28.12 28.12	100m: 58.07 29.95	150m: 1:28.88 30.81	200m: 1:59.16 30.28			
11.	Miguel Angelo Passos	96 105874	Desportiva de Viana	<b>1:59.95</b>	+0,84	614	6
	50m: 27.86 27.86	100m: 58.30 30.44	150m: 1:29.84 31.54	200m: 1:59.95 30.11			
12.	Ruben Jose Morim	97 107935	Vilacondense	<b>2:00.12</b>	+0,76	612	5
	50m: 28.00 28.00	100m: 58.45 30.45	150m: 1:30.02 31.57	200m: 2:00.12 30.10			
13.	Francisco Carvalho Machado	98 111855	Alges	<b>2:02.91</b>	+0,67	571	4
	50m: 28.21 28.21	100m: 59.59 31.38	150m: 1:31.68 32.09	200m: 2:02.91 31.23			
14.	Miguel Angelo Silvestre	97 103538	Alcobaca	<b>2:02.93</b>	+0,64	571	3
	50m: 28.07 28.07	100m: 59.48 31.41	150m: 1:31.54 32.06	200m: 2:02.93 31.39			
15.	Rui Miguel Lopes	94 106253	Natacao de Olhao	<b>2:06.21</b>	+0,91	527	2
	50m: 29.00 29.00	100m: 1:00.68 31.68	150m: 1:33.49 32.81	200m: 2:06.21 32.72			
16.	Rui Miguel Cachopo	99 122064	Colegio Monte Maior	<b>2:10.64</b>	+0,85	475	1
	50m: 29.19 29.19	100m: 1:01.85 32.66	150m: 1:36.19 34.34	200m: 2:10.64 34.45			

Prova 32  
18-04-2014 - 17:20

Masc., 200m Livres  
1ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	1:49.02	Tiago Andre Venancio	FPN	Melbourne (AUS)	30-03-2007
Recordes Nacionais 50m Inf B	2:06.18	Joao Magalhaes Nunes	CNA	Rio Maior	21-07-2012
Recordes Nacionais 50m Inf A	2:01.65	Joao Duarte Santos	CNOL	S. João da Madeira	25-07-2009
Recordes Nacionais 50m Juv B	1:57.67	Diogo Gomes Sousa	CNCVG	Coimbra	29-07-2010
Recordes Nacionais 50m Juv A	1:54.18	Gustavo Manuel Santa	FPN	Tampere (FIN)	24-07-2009
Recordes Nacionais 50m Jun17	1:53.32	Gustavo Manuel Santa	CNLA	Coimbra	30-07-2010
Recordes Nacionais 50m Jun18	1:49.98	Tiago Andre Venancio	FPN	Budapeste (HUN)	14-07-2005
Recordes Nacionais 50m Sen	1:49.02	Tiago Andre Venancio	FPN	Melbourne (AUS)	30-03-2007

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Mario Alexandre Pereira	92 10767	Nautico /Urgicentro-Sanfil	<b>1:50.45</b>	+0,74	787	9
	50m: 25.15 25.15	100m: 52.61 27.46	150m: 1:20.73 28.12	200m: 1:50.45 29.72			
2.	Luis Emanuel Vaz	91 15628	Famalicao	<b>1:51.79</b>	+0,76	759	7
	50m: 26.01 26.01	100m: 54.12 28.11	150m: 1:22.86 28.74	200m: 1:51.79 28.93			
3.	Ricardo Ferreira Cotovio	91 10921	Sporting	<b>1:53.33</b>	+0,78	729	6
	50m: 27.03 27.03	100m: 55.86 28.83	150m: 1:25.03 29.17	200m: 1:53.33 28.30			
4.	Joao Filipe Carvalho	87 23026	Porto	<b>1:55.84</b>	+0,77	682	5
	50m: 26.36 26.36	100m: 55.35 28.99	150m: 1:25.50 30.15	200m: 1:55.84 30.34			
5.	Edgar Oliveira Ribeiro	93 13277	Braga	<b>1:56.53</b>	+0,89	670	4
	50m: 27.16 27.16	100m: 57.21 30.05	150m: 1:27.54 30.33	200m: 1:56.53 28.99			
6.	Goncalo Cardoso Carmo	96 101124	Colegio Vasco da Gama	<b>1:57.06</b>	+0,64	661	3
	50m: 27.22 27.22	100m: 56.95 29.73	150m: 1:27.32 30.37	200m: 1:57.06 29.74			
7.	Bruno Miguel Ramos	97 109110	Amadora	<b>2:00.36</b>	+0,75	608	2
	50m: 27.81 27.81	100m: 58.17 30.36	150m: 1:29.53 31.36	200m: 2:00.36 30.83			
8.	Rafael Rocha Ferreira	96 103871	Galitos	<b>2:04.37</b>	+0,78	551	1
	50m: 28.88 28.88	100m: 1:00.27 31.39	150m: 1:32.50 32.23	200m: 2:04.37 31.87			

Prova 33	Femin., 4 x 100m Estilos				Absoluto
18-04-2014 - 17:35	2ª Divisão				Resultados
Recordes Nacionais 50m Absoluto	4:16.23	Clube Natacao da Amadora	CNA	Faro	21-07-2009
Recordes Nacionais 50m Inf B	4:56.36	Grupo Desp. Natacao V. N. FamalicGDNVNF		Porto	24-07-2010
Recordes Nacionais 50m Inf	4:45.41	tempo limite			
Recordes Nacionais 50m Inf A	4:45.41	Sport Lisboa e Benfica	SLB	Lisboa	30-06-2007
Recordes Nacionais 50m Juv B	4:35.70	Sport Lisboa e Benfica	SLB	Lisboa	27-07-2008
Recordes Nacionais 50m Juv	4:35.70	tempo limite			
Recordes Nacionais 50m Juv A	4:35.70	tempo limite			
Recordes Nacionais 50m Jun	4:26.70	Futebol Clube do Porto/Dolce Vita	FCP	Povoa de Varzim	07-08-2011
Recordes Nacionais 50m Sen	4:16.23	Clube Natacao da Amadora	CNA	Faro	21-07-2009

Pontos: FINA 2014

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	
1.		<b>Ginasio Vila Real</b>	<b>4:30.93</b>	<b>+0,71</b>	<b>628</b>	<b>17</b>	
	+0,71	30.92	1:06.12	Ana Margarida Guedes	+0,43	30.99	1:08.04
	+0,60	34.47	1:15.39	Ana Sofia Nobrega	+0,68	29.15	1:01.38
2.		<b>Louletano / Loule Concelho</b>	<b>4:34.13</b>	<b>+0,91</b>	<b>606</b>	<b>15</b>	
	+0,91	31.96	1:07.46	Catia Raquel Martinheira	+0,65	30.14	1:05.00
	+0,66	36.32	1:18.08	Rita Guedes Moreira	+0,61	30.46	1:03.59
3.		<b>Leixoes</b>	<b>4:34.26</b>	<b>+0,76</b>	<b>605</b>	<b>14</b>	
	+0,76	33.35	1:07.94	Alexandra Jesus Santos	+0,55	30.98	1:06.57
	+0,65	36.56	1:17.97	Marta Ferreira Rocha	+0,45	29.71	1:01.78
4.		<b>Famalicao</b>	<b>4:34.34</b>	<b>+0,74</b>	<b>605</b>	<b>13</b>	
	+0,74	32.58	1:07.01	Ana Beatriz Martins	+0,43	31.21	1:08.77
	+0,40	36.47	1:18.44	Ana Ribeiro Ferreira	+0,56	29.69	1:00.12
5.		<b>Vilacondense</b>	<b>4:35.85</b>	<b>+0,58</b>	<b>595</b>	<b>12</b>	
	+0,58	34.15	1:11.47	Ana Catarina Monteiro	+0,55	29.09	1:02.13
	+0,56	37.02	1:18.92	Maria Joao Fernandes	+0,45	30.19	1:03.33
6.		<b>Braga</b>	<b>4:37.13</b>	<b>+0,74</b>	<b>587</b>	<b>11</b>	
	+0,74	34.67	1:11.34	Debora Guimaraes Oliveira	+0,50	31.32	1:07.05
	+0,16	36.02	1:17.98	Tamila Hryhorivna Holub	+0,61	29.45	1:00.76
7.		<b>Nautico /Urgicentro-Sanfil</b>	<b>4:39.48</b>	<b>+0,84</b>	<b>572</b>	<b>10</b>	
	+0,84	34.93	1:12.48	Beatriz Neves Craveiro	+0,56	30.73	1:06.78
	+0,37	37.46	1:20.25	Julia Matos Lopes		28.94	59.97
8.		<b>Naval Amorense</b>	<b>4:41.63</b>	<b>+0,62</b>	<b>559</b>	<b>9</b>	
	+0,62	33.73	1:09.05	Patricia Miguel Mendes	+0,42	31.30	1:10.27
	+0,53	37.06	1:18.99	Beatriz Santos Almeida	+0,41	29.82	1:03.32
9.		<b>Benfica</b>	<b>4:41.95</b>	<b>+0,66</b>	<b>557</b>	<b>8</b>	
	+0,66	34.85	1:12.88	Claudia Almeida Costa	+0,26	31.98	1:10.03
	+0,32	36.34	1:18.05	Joana Filipa Capela	+0,24	29.52	1:00.99
10.		<b>Nautico Marinha Grande</b>	<b>4:42.23</b>	<b>+0,77</b>	<b>555</b>	<b>7</b>	
	+0,77	35.91	1:12.34	Giovanna Vaz Vargas	+0,72	32.07	1:07.95
	+0,53	37.97	1:19.77	Ana Monica Eloi	+0,68	30.18	1:02.17
11.		<b>Pimpoes/Cimai</b>	<b>4:44.88</b>	<b>+0,75</b>	<b>540</b>	<b>6</b>	
	+0,75	37.24	1:15.74	Ana Isabel Neves	+0,41	33.84	1:13.23
	+0,41	34.17	1:12.89	Ines Jacinto Henriques	+0,12	30.13	1:03.02
12.		<b>Galitos</b>	<b>4:46.17</b>	<b>+0,75</b>	<b>533</b>	<b>5</b>	
	+0,75	36.00	1:13.47	Ana Margarida Rodrigues	+0,34	29.96	1:05.65
	+0,67	37.36	1:20.87	Joana Costa Amador	+0,66	31.91	1:06.18
13.		<b>Viana Natacao</b>	<b>5:05.65</b>	<b>+0,70</b>	<b>437</b>	<b>4</b>	
	+0,70	37.89	1:18.00	Joana Barros Soares		33.27	55.88
	+0,55	39.54	1:24.51	Ana Miguel Pinto		51.16	1:27.26
14.		<b>Vitoria de Guimaraes/Olicargo</b>	<b>5:18.14</b>	<b>+0,75</b>	<b>388</b>	<b>3</b>	
	+0,75	37.04	1:16.85	Ana Ines Fernandes	+0,49	35.23	1:20.82
	+0,50	44.23	1:35.51	Ana Sofia Alves	+0,41	30.41	1:04.96

Prova 33, Femin., 4 x 100m Estilos, Absoluto

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts			
15.		Viver Santarem	<b>5:19.62</b>	<b>+0,79</b>	<b>382</b>	<b>2</b>			
		Marta Isabel Silva	+0,79	42.81	1:28.91	Patricia Palmeiro Baeta	+0,42	34.71	1:19.63
		Carolina Felicidade Batista	+0,72	39.58	1:25.83	Maria Beatriz Dias	+0,67	30.85	1:05.25
DSQ		Colegio Vasco da Gama							
		<i>111 - Rendição antecipada do(a) 2 nadador(a) - SW 10.11</i>							
		Mariana Nogueira Machado	+0,71	35.07	1:13.34	Rita Silva Fernandes	+0,32		
		Ana Beatriz Pereira	-0,05			Beatriz Barros Carmo	+0,51		

Prova 34	Femin., 4 x 100m Estilos				Absoluto
18-04-2014 - 17:45	1ª Divisão				Resultados
Recordes Nacionais 50m Absoluto	4:16.23	Clube Natacao da Amadora	CNA	Faro	21-07-2009
Recordes Nacionais 50m Inf B	4:56.36	Grupo Desp. Natacao V. N. FamalicGDNVNF		Porto	24-07-2010
Recordes Nacionais 50m Inf	4:45.41	tempo limite			
Recordes Nacionais 50m Inf A	4:45.41	Sport Lisboa e Benfica	SLB	Lisboa	30-06-2007
Recordes Nacionais 50m Juv B	4:35.70	Sport Lisboa e Benfica	SLB	Lisboa	27-07-2008
Recordes Nacionais 50m Juv	4:35.70	tempo limite			
Recordes Nacionais 50m Juv A	4:35.70	tempo limite			
Recordes Nacionais 50m Jun	4:26.70	Futebol Clube do Porto/Dolce Vita	FCP	Povoa de Varzim	07-08-2011
Recordes Nacionais 50m Sen	4:16.23	Clube Natacao da Amadora	CNA	Faro	21-07-2009

Pontos: FINA 2014

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1. Porto		Porto	<b>4:21.65</b>		697	9
		Marta Vieira Marinho	31.83	+0,52	28.61	1:01.46
	+0,54	Ana Pinho Rodrigues	34.53	+0,35	28.64	59.05
2. Sporting		Sporting	<b>4:25.10</b>	+0,65	670	7
	+0,65	Ines Camacho Fernandes	31.81	+0,54	30.30	1:05.73
	+0,33	Ana Teresa Franco	35.74	+0,49	28.31	58.61
3. Alges		Alges	<b>4:28.01</b>	+0,93	649	6
	+0,93	Francisca Gomes Azevedo	32.61	+0,30	30.15	1:06.08
	+0,30	Ana Beatriz Marques	35.68	+0,52	28.34	59.65
4. Gespacos		Gespacos	<b>4:33.55</b>	+0,77	610	5
	+0,77	Ines Neto Rocha	33.83	+0,49	30.35	1:06.23
	+0,18	Diana Patricia Ferreira	34.78	+0,59	28.96	1:00.72
5. Uniao Piedense		Uniao Piedense	<b>4:35.40</b>	+0,61	598	4
	+0,61	Ana Marta Miranda	32.67	+0,61	30.30	1:06.85
		Joana Dias Santos	36.48	+0,20	29.00	1:01.81
6. Amadora		Amadora	<b>4:37.29</b>	+0,71	586	3
	+0,71	Lisa Marisa Soares	32.57	+0,57	30.54	1:06.23
	+0,14	Rita Goncalves Passinhas	39.16	+0,28	28.09	58.45
7. Gesloures		GesLoures	<b>4:38.92</b>	+0,72	575	2
	+0,72	Paula Cristina Yang	33.52	+0,42	31.74	1:11.49
	+0,30	Nadia Morais Vieira	35.16	+0,79	30.75	1:03.49
8. Columbofila Cantanhedense		Columbofila Cantanhedense	<b>4:46.28</b>	+0,63	532	1
	+0,63	Maria Malaguerra Costa	34.16	+0,16	29.73	1:05.63
	+0,25	Ana Miguel Reis	39.84	+0,48	30.54	1:02.51

Prova 35	Masc., 4 x 100m Estilos				Absoluto
18-04-2014 - 17:50	2ª Divisão				Resultados
Recordes Nacionais 50m Absoluto	3:46.65	Clube Natacao da Amadora	CNA	Povoa de Varzim	07-08-2011
Recordes Nacionais 50m Inf B	4:41.06	Grupo Desp. Natacao V. N. Famalic	GDNVNF	S. João da Madeira	14-07-2013
Recordes Nacionais 50m Inf	4:21.67	tempo limite			
Recordes Nacionais 50m Inf A	4:21.67	Grupo Desp. Natacao V. N. Famalic	GDNVNF	S. João da Madeira	26-07-2009
Recordes Nacionais 50m Juv B	4:11.24	Sporting Clube de Portugal	SCP	Jamor	29-07-2012
Recordes Nacionais 50m Juv	4:07.60	tempo limite			
Recordes Nacionais 50m Juv A	4:07.60	Futebol Clube do Porto	FCP	Famalição	21-07-2013
Recordes Nacionais 50m Jun	3:55.96	Futebol Clube do Porto/Imperio Bonifacio	FCP	Faro	21-07-2009
Recordes Nacionais 50m Sen	3:46.65	Clube Natacao da Amadora	CNA	Povoa de Varzim	07-08-2011

Pontos: FINA 2014

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.		Estrelas S. Joao de Brito	<b>3:55.26</b>	+0,66	683	17
	+0,66	Pedro Diogo Oliveira	26.96	+0,43	25.85	55.41
	+0,29	Thiago Duarte Goncalves	32.22	+0,54	25.45	53.13
		Duarte Rafael Mourao	55.93			
		Joao Duarte Santos	1:10.79			
2.		Louletano / Loule Concelho	<b>3:57.60</b>	+0,61	663	15
	+0,61	Nathan Keith Theodoris	28.68		27.02	59.64
	+0,16	Hugo Cascais Rodrigues	30.86	+0,37	24.69	51.77
		Tiago Martins Boleta	57.18			
		Melako Coker	1:09.01			
3.		Colegio Monte Maior	<b>3:58.24</b>	+0,64	658	14
	+0,64	Rodrigo Antonio Rosa	28.94	+0,47	26.82	57.84
	+0,44	Pedro Miguel Silva	30.81	+0,31	25.99	54.94
		Andre Antunes Carvalho	58.72			
		Joao Alexandre Vital	1:06.74			
4.		Vilacondense	<b>3:59.57</b>	+0,69	647	13
	+0,69	Diogo Carmo Ramos	30.24	+0,31	26.44	57.33
	+0,25	Henrique Pereira Neiva	31.35	+0,25	25.31	54.07
		Fabio Manuel Pereira	1:01.83			
		Paulo Andre Silva	1:06.34			
5.		Naval Amorense	<b>4:00.46</b>	+0,59	640	12
	+0,59	David Miguel Leiria	28.93	+0,29	27.11	58.90
	+0,54	Rafael Lourenco Gil	31.62	+0,33	25.64	53.39
		Tiago Ferreira Azevedo	1:00.23			
		Fabio Alcantara Aires	1:07.94			
6.		Gespacos	<b>4:03.02</b>	+0,65	620	11
	+0,65	Pedro Ferraz Silva	31.56	+0,31	26.45	55.96
	+0,37	Joao Claudio Sousa	31.91	+0,46	27.24	55.68
		Ruben Filipe Nunes	1:03.97			
		Hugo Alberto Ribeiro	1:07.41			
7.		Alges	<b>4:03.28</b>	+0,70	618	10
	+0,70	Filipe Miguel Felix	29.63	+0,52	25.55	55.83
	+0,51	Afonso Ribeiro Bate	32.22	+0,32	25.94	54.99
		Pedro Andre Santos	1:02.26			
		Francisco Carvalho Machado	1:10.20			
8.		Academica de Coimbra	<b>4:04.23</b>	+0,68	611	9
	+0,68	Pedro Barros Mendes	30.40	+0,28	27.35	59.93
	+0,38	Hugo Miguel Nunes	31.98	+0,43	25.20	52.31
		Joao Filipe Lucas	1:02.89			
		Gustavo Almeida Madureira	1:09.10			
9.		Leixoes	<b>4:05.25</b>	+0,66	603	8
	+0,66	Andre Goncalo Santos	30.96	+0,06	26.69	59.28
	+0,24	Bruno Daniel Monteiro	29.87	+0,28	26.29	55.33
		Joao Pedro Neves	1:04.21			
		Vitor Joao Pereira	1:06.43			
10.		Desportiva de Viana	<b>4:06.08</b>	+0,73	597	7
	+0,73	Miguel Angelo Passos	30.80	+0,42	26.99	57.74
	+0,22	Tiago Martim Alves	32.90	+0,50	25.59	55.16
		Alexandre Lages Ribas	1:02.45			
		Rafael Lages Ribas	1:10.73			
11.		Uniao Piedense	<b>4:06.70</b>	+0,61	593	6
	+0,61	Miguel Nunes Goncalves	30.97	+0,41	28.81	1:00.98
		Diogo Miguel Silva	31.63	+0,36	25.88	54.66
		Jose Paula Carvalho	1:03.96			
		Vasco Miguel Gaspar	1:07.10			
12.		Vitoria de Guimaraes/Olicargo	<b>4:09.21</b>	+0,68	575	5
	+0,68	Christophe Pereira Fernandes	31.42	+0,18	28.18	1:00.53
	+0,20	Diogo Manuel Rodrigues	31.77	+0,17	26.89	54.75
		Andre Coelho Oliveira	1:05.16			
		Rui Filipe Costa	1:08.77			
13.		Alcobaca	<b>4:10.26</b>	+0,71	568	4
	+0,71	Afonso Lopes dos Santos	30.01	+0,38	26.82	58.48
	+0,36	Nuno Miguel Feliciano	33.32	+0,44	26.76	55.93
		Miguel Monteiro Diogo	1:02.71			
		Joao Mota Correia	1:13.14			
14.		Benfica	<b>4:10.36</b>	+0,66	567	3
	+0,66	Ivo Andre Margarido	30.69	+0,48	27.50	1:00.83
	+0,35	Rui Miguel Coelho	33.05	+0,33	27.13	55.85
		Guilherme Miguel Teixeira	1:03.66			
		Andre Filipe Farinha	1:10.02			



Prova 35, Masc., 4 x 100m Estilos, Absoluto

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts			
15.		<b>GesLoures</b>	<b>4:11.21</b>	<b>+0,64</b>	<b>561</b>	<b>2</b>			
		Pedro Lobato Rijo	+0,64	31.43	1:03.94	Andre Tavares Grenho	+0,50	30.53	1:05.04
		Manuel Matos Sequeira	+0,44	31.73	1:07.83	Carlos Flores Clara	+0,57	26.35	54.40
16.		<b>Natacao de Olhao</b>	<b>4:32.24</b>	<b>+0,70</b>	<b>441</b>	<b>1</b>			
		Andre Sousa Goncalves	+0,70	35.08	1:12.29	Mauro Filipe Viegas		28.03	1:01.07
		Miguel Duarte Pereira	+0,48	36.53	1:19.20	Rui Miguel Lopes	+0,31	28.65	59.68

Campeonato Nacional Clubes 1ª e 2ª Divisões  
Póvoa de Varzim, 18- - 19-4-2014

Prova 36 18-04-2014 - 18:05	Masc., 4 x 100m Estilos 1ª Divisão				Absoluto Resultados
Recordes Nacionais 50m Absoluto	3:46.65	Clube Natacao da Amadora	CNA	Povoa de Varzim	07-08-2011
Recordes Nacionais 50m Inf B	4:41.06	Grupo Desp. Natacao V. N. Famalic	GDNVNF	S. João da Madeira	14-07-2013
Recordes Nacionais 50m Inf	4:21.67	tempo limite			
Recordes Nacionais 50m Inf A	4:21.67	Grupo Desp. Natacao V. N. Famalic	GDNVNF	S. João da Madeira	26-07-2009
Recordes Nacionais 50m Juv B	4:11.24	Sporting Clube de Portugal	SCP	Jamor	29-07-2012
Recordes Nacionais 50m Juv	4:07.60	tempo limite			
Recordes Nacionais 50m Juv A	4:07.60	Futebol Clube do Porto	FCP	Famalicão	21-07-2013
Recordes Nacionais 50m Jun	3:55.96	Futebol Clube do Porto/Imperio Bonifacio	FCP	Faro	21-07-2009
Recordes Nacionais 50m Sen	3:46.65	Clube Natacao da Amadora	CNA	Povoa de Varzim	07-08-2011

Pontos: FINA 2014

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	
1. Porto		Porto	<b>3:49.28</b>	+0,59	738	9	
	+0,59	29.23	1:00.42	Carlos Filipe Santos	+0,44	25.63	55.74
	+0,32	29.25	1:02.13	Paulo Jorge Santos	+0,12	23.90	50.99
2. Sporting		Sporting	<b>3:49.40</b>	+0,61	737	7	
	+0,61	27.44	56.28	Pedro Miguel Pinotes	+0,22	26.40	56.33
	+0,24	30.76	1:04.87	Ricardo Ferreira Cotovio	+0,27	25.49	51.92
3. Colegio Vasco da Gama		Colegio Vasco da Gama	<b>3:54.74</b>	+0,69	688	6	
	+0,69	28.30	59.08	Nuno Goncalo Quintanilha	+0,21	24.84	54.70
	+0,06	31.26	1:07.14	Goncalo Cardoso Carmo	+0,12	25.28	53.82
4. Famalicao		Famalicao	<b>3:56.14</b>	+1,12	676	5	
	+1,12	29.09	58.71	Simao Pedro Alves	+0,53	26.38	57.92
	+0,42	32.00	1:08.92	Luis Emanuel Vaz	+0,36	24.40	50.59
5. Nautico /Urgicentro-Sanfil		Nautico /Urgicentro-Sanfil	<b>3:56.17</b>	+0,74	676	4	
	+0,74	29.11	1:00.17	Mario Alexandre Pereira	+0,18	25.93	56.49
	+0,27	30.64	1:06.55	Miguel Silva Oliveira	+0,21	25.25	52.96
6. Amadora		Amadora	<b>3:56.94</b>	+0,62	669	3	
	+0,62	29.17	59.56	Ricardo Pereira Lopes	+0,09	26.03	57.46
	+0,56	31.05	1:05.64	Pedro Fontoura Oliveira	+0,43	26.41	54.28
7. Braga		Braga	<b>4:02.52</b>	+0,68	624	2	
	+0,68	29.50	1:01.53	Rodrigo Carlos Albuquerque	+0,25	26.96	59.42
	+0,04	31.42	1:08.15	Ricardo Manuel Machado	+0,26	25.19	53.42
8. Galitos		Galitos	<b>4:07.50</b>	+0,71	587	1	
	+0,71	29.60	1:01.24	Henrique Jose Marquez	+0,26	26.86	59.57
	+0,31	31.33	1:09.22	Andre Martins Palhinha	+0,38	27.42	57.47

Prova 37  
19-04-2014 - 9:00

Femin., 800m Livres  
2ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	8:49.86	Florbela Cavaco Machado	ASSSCC	Coimbra	25-05-2013
Recordes Nacionais 50m Inf B	9:30.42	Filipa Vilas Ruivo	DNMG	S. João da Madeira	25-07-2009
Recordes Nacionais 50m Inf A	9:14.85	Alexandra Maria Silva	FPN	Skovde (SWE)	10-08-1980
Recordes Nacionais 50m Juv B	9:07.70	Alexandra Maria Silva	FPN	Split (CRO)	10-09-1981
Recordes Nacionais 50m Juv A	9:01.61	Tamila Hryhorivna Holub	FPN	Alexandroupoli (GRE)	13-04-2014
Recordes Nacionais 50m Jun16	8:57.14	Marta Andreia Ferreira	FPN	Berlim (GER)	31-07-2002
Recordes Nacionais 50m Jun17	8:49.86	Florbela Cavaco Machado	ASSSCC	Coimbra	25-05-2013
Recordes Nacionais 50m Sen	8:52.69	Ana Goncalves Neto	FCP	Famalicao	18-07-2013

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Tamila Hryhorivna Holub <i>Minimo CEJuniorees 2014</i>	99	116887 Braga	<b>9:05.46</b>	+1,01	742	17
	50m: 31.53 31.53	250m: 2:47.86 34.32	450m: 5:06.03 34.84	650m: 7:23.65 34.56			
	100m: 1:05.42 33.89	300m: 3:22.43 34.57	500m: 5:40.08 34.05	700m: 7:58.28 34.63			
	150m: 1:39.55 34.13	350m: 3:56.92 34.49	550m: 6:14.84 34.76	750m: 8:32.27 33.99			
	200m: 2:13.54 33.99	400m: 4:31.19 34.27	600m: 6:49.09 34.25	800m: 9:05.46 33.19			
2.	Vania Soares Neves	90	12380 Leixoes	<b>9:08.08</b>	+0,81	731	15
	50m: 32.00 32.00	250m: 2:49.44 34.38	450m: 5:07.93 34.10	650m: 7:25.87 34.27			
	100m: 1:06.10 34.10	300m: 3:24.31 34.87	500m: 5:42.43 34.50	700m: 8:00.70 34.83			
	150m: 1:40.35 34.25	350m: 3:58.88 34.57	550m: 6:16.83 34.40	750m: 8:34.78 34.08			
	200m: 2:15.06 34.71	400m: 4:33.83 34.95	600m: 6:51.60 34.77	800m: 9:08.08 33.30			
3.	Filipa Vilas Ruivo	97	103568 Nautico Marinha Grande	<b>9:12.99</b>	+0,87	712	14
	50m: 31.90 31.90	250m: 2:49.62 34.90	450m: 5:09.21 35.17	650m: 7:29.28 35.22			
	100m: 1:05.58 33.68	300m: 3:24.18 34.56	500m: 5:44.02 34.81	700m: 8:04.10 34.82			
	150m: 1:40.14 34.56	350m: 3:59.28 35.10	550m: 6:19.26 35.24	750m: 8:39.09 34.99			
	200m: 2:14.72 34.58	400m: 4:34.04 34.76	600m: 6:54.06 34.80	800m: 9:12.99 33.90			
4.	Julia Matos Lopes	94	12490 Nautico /Urgicentro-Sanfil	<b>9:27.77</b>	+0,78	658	13
	50m: 33.25 33.25	250m: 2:55.11 35.75	450m: 5:18.59 36.11	650m: 7:42.01 35.68			
	100m: 1:08.29 35.04	300m: 3:30.67 35.56	500m: 5:54.52 35.93	700m: 8:17.69 35.68			
	150m: 1:43.90 35.61	350m: 4:06.53 35.86	550m: 6:30.42 35.90	750m: 8:53.22 35.53			
	200m: 2:19.36 35.46	400m: 4:42.48 35.95	600m: 7:06.33 35.91	800m: 9:27.77 34.55			
5.	Carolina Madeira Santos	96	104254 Naval Amorense	<b>9:31.85</b>	+0,90	644	12
	50m: 32.34 32.34	250m: 2:55.05 36.09	450m: 5:19.83 36.08	650m: 7:44.93 36.48			
	100m: 1:07.24 34.90	300m: 3:31.08 36.03	500m: 5:55.87 36.04	700m: 8:20.85 35.92			
	150m: 1:42.77 35.53	350m: 4:07.41 36.33	550m: 6:32.33 36.46	750m: 8:56.84 35.99			
	200m: 2:18.96 36.19	400m: 4:43.75 36.34	600m: 7:08.45 36.12	800m: 9:31.85 35.01			
6.	Ana Silva Costa	98	104446 Famalicao	<b>9:32.57</b>	+0,79	641	11
	50m: 32.63 32.63	250m: 2:55.33 36.02	450m: 5:19.95 35.97	650m: 7:45.38 36.40			
	100m: 1:07.36 34.73	300m: 3:31.55 36.22	500m: 5:56.08 36.13	700m: 8:21.95 36.57			
	150m: 1:42.90 35.54	350m: 4:07.42 35.87	550m: 6:32.38 36.30	750m: 8:57.68 35.73			
	200m: 2:19.31 36.41	400m: 4:43.98 36.56	600m: 7:08.98 36.60	800m: 9:32.57 34.89			
7.	Rita Silva Fernandes	96	111206 Colegio Vasco da Gama	<b>9:47.28</b>	+0,86	594	10
	50m: 33.56 33.56	250m: 2:58.38 36.55	450m: 5:26.99 37.20	650m: 7:57.14 37.28			
	100m: 1:08.71 35.15	300m: 3:35.50 37.12	500m: 6:04.53 37.54	700m: 8:34.94 37.80			
	150m: 1:44.85 36.14	350m: 4:12.32 36.82	550m: 6:42.32 37.79	750m: 9:11.94 37.00			
	200m: 2:21.83 36.98	400m: 4:49.79 37.47	600m: 7:19.86 37.54	800m: 9:47.28 35.34			
8.	Ana Rita Graca	98	111321 Vilacondense	<b>9:52.94</b>	+0,94	577	9
	50m: 33.40 33.40	250m: 3:00.18 37.31	450m: 5:30.40 37.70	650m: 8:01.77 37.99			
	100m: 1:09.34 35.94	300m: 3:37.59 37.41	500m: 6:08.01 37.61	700m: 8:39.46 37.69			
	150m: 1:45.75 36.41	350m: 4:15.31 37.72	550m: 6:46.05 38.04	750m: 9:16.67 37.21			
	200m: 2:22.87 37.12	400m: 4:52.70 37.39	600m: 7:23.78 37.73	800m: 9:52.94 36.27			
9.	Claudia Almeida Costa	95	14919 Benfica	<b>10:13.94</b>	+0,82	520	8
	50m: 33.22 33.22	250m: 3:05.22 38.98	450m: 5:41.38 39.33	650m: 8:18.71 39.49			
	100m: 1:09.68 36.46	300m: 3:44.03 38.81	500m: 6:20.43 39.05	700m: 8:57.78 39.07			
	150m: 1:47.58 37.90	350m: 4:23.05 39.02	550m: 6:59.98 39.55	750m: 9:36.37 38.59			
	200m: 2:26.24 38.66	400m: 5:02.05 39.00	600m: 7:39.22 39.24	800m: 10:13.94 37.57			

Prova 37, Femin., 800m Livres, Absoluto

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	Patricia Palmeiro Baeta	00	112658 Viver Santarem	<b>10:22.17</b>	+0,85	500	7
	50m: 34.77 34.77		250m: 3:09.65 38.94	450m: 5:47.86 39.73	650m: 8:28.35 39.64		
	100m: 1:12.71 37.94		300m: 3:48.92 39.27	500m: 6:27.95 40.09	700m: 9:07.99 39.64		
	150m: 1:51.39 38.68		350m: 4:28.22 39.30	550m: 7:07.96 40.01	750m: 9:46.80 38.81		
	200m: 2:30.71 39.32		400m: 5:08.13 39.91	600m: 7:48.71 40.75	800m: 10:22.17 35.37		
11.	Violante Pascoal Fontoura	97	101153 Viana Natacao	<b>10:23.15</b>	+1,00	497	6
	50m: 33.44 33.44		250m: 3:08.42 39.23	450m: 5:46.14 39.33	650m: 8:25.67 40.57		
	100m: 1:11.01 37.57		300m: 3:47.96 39.54	500m: 6:25.88 39.74	700m: 9:05.41 39.74		
	150m: 1:49.77 38.76		350m: 4:27.61 39.65	550m: 7:05.24 39.36	750m: 9:45.31 39.90		
	200m: 2:29.19 39.42		400m: 5:06.81 39.20	600m: 7:45.10 39.86	800m: 10:23.15 37.84		
12.	Eliana Dirce Lourenco	00	109369 Galitos	<b>10:32.29</b>	+0,83	476	5
	50m: 34.29 34.29		250m: 3:12.56 40.68	450m: 5:55.25 40.30	650m: 8:36.07 40.08		
	100m: 1:12.23 37.94		300m: 3:53.13 40.57	500m: 6:35.51 40.26	700m: 9:15.99 39.92		
	150m: 1:51.81 39.58		350m: 4:34.32 41.19	550m: 7:15.34 39.83	750m: 9:54.68 38.69		
	200m: 2:31.88 40.07		400m: 5:14.95 40.63	600m: 7:55.99 40.65	800m: 10:32.29 37.61		
13.	Rita Guedes Moreira	00	110881 Louletano / Loule Concelho	<b>10:36.93</b>	+0,83	466	4
	50m: 34.44 34.44		250m: 3:13.09 40.68	450m: 5:56.60 40.73	650m: 8:38.93 39.93		
	100m: 1:12.49 38.05		300m: 3:53.53 40.44	500m: 6:37.61 41.01	700m: 9:18.48 39.55		
	150m: 1:52.42 39.93		350m: 4:34.69 41.16	550m: 7:18.25 40.64	750m: 9:58.14 39.66		
	200m: 2:32.41 39.99		400m: 5:15.87 41.18	600m: 7:59.00 40.75	800m: 10:36.93 38.79		
14.	Leonor Castanheira Pedras	99	117229 Pimpoes/Cimai	<b>10:44.75</b>	+0,97	449	3
	50m: 34.04 34.04		250m: 3:13.15 39.69	450m: 5:57.16 40.44	650m: 8:42.71 40.68		
	100m: 1:12.30 38.26		300m: 3:54.45 41.30	500m: 6:38.67 41.51	700m: 9:24.66 41.95		
	150m: 1:51.88 39.58		350m: 4:35.34 40.89	550m: 7:19.60 40.93	750m: 10:05.58 40.92		
	200m: 2:33.46 41.58		400m: 5:16.72 41.38	600m: 8:02.03 42.43	800m: 10:44.75 39.17		
15.	Catarina Azevedo Nobrega	99	109833 Ginasio Vila Real	<b>10:45.63</b>	+0,90	447	2
	50m: 33.46 33.46		250m: 3:13.36 41.03	450m: 5:57.80 40.85	650m: 8:43.95 41.80		
	100m: 1:11.85 38.39		300m: 3:54.28 40.92	500m: 6:39.23 41.43	700m: 9:25.00 41.05		
	150m: 1:51.92 40.07		350m: 4:35.10 40.82	550m: 7:20.48 41.25	750m: 10:06.07 41.07		
	200m: 2:32.33 40.41		400m: 5:16.95 41.85	600m: 8:02.15 41.67	800m: 10:45.63 39.56		
16.	Maria Carolina Rodrigues	01	121473 Vitoria de Guimaraes/Olicargc	<b>11:06.18</b>	+1,08	407	1
	50m: 36.99 36.99		250m: 3:25.53 43.97	450m: 6:14.77 42.22	650m: 9:02.13 41.84		
	100m: 1:17.01 40.02		300m: 4:07.00 41.47	500m: 6:55.55 40.78	700m: 9:43.59 41.46		
	150m: 1:59.50 42.49		350m: 4:50.34 43.34	550m: 7:38.51 42.96	750m: 10:25.56 41.97		
	200m: 2:41.56 42.06		400m: 5:32.55 42.21	600m: 8:20.29 41.78	800m: 11:06.18 40.62		

Prova 38  
19-04-2014 - 9:20

Femin., 800m Livres  
1ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	8:49.86	Florbela Cavaco Machado	ASSSCC	Coimbra	25-05-2013
Recordes Nacionais 50m Inf B	9:30.42	Filipa Vilas Ruivo	DNMG	S. João da Madeira	25-07-2009
Recordes Nacionais 50m Inf A	9:14.85	Alexandra Maria Silva	FPN	Skovde (SWE)	10-08-1980
Recordes Nacionais 50m Juv B	9:07.70	Alexandra Maria Silva	FPN	Split (CRO)	10-09-1981
Recordes Nacionais 50m Juv A	9:01.61	Tamila Hryhorivna Holub	FPN	Alexandroupoli (GRE)	13-04-2014
Recordes Nacionais 50m Jun16	8:57.14	Marta Andreia Ferreira	FPN	Berlim (GER)	31-07-2002
Recordes Nacionais 50m Jun17	8:49.86	Florbela Cavaco Machado	ASSSCC	Coimbra	25-05-2013
Recordes Nacionais 50m Sen	8:52.69	Ana Goncalves Neto	FCP	Famalicao	18-07-2013

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	<b>Florbela Cavaco Machado</b>	96	103916 Columbofila Cantanhedense	<b>9:08.71</b>	<b>+0,88</b>	<b>729</b>	<b>9</b>
	50m: 32.16 32.16		250m: 2:49.32 34.61	450m: 5:08.24 34.54	650m: 7:26.53 34.80		
	100m: 1:05.96 33.80		300m: 3:24.04 34.72	500m: 5:42.81 34.57	700m: 8:01.80 35.27		
	150m: 1:40.21 34.25		350m: 3:58.66 34.62	550m: 6:16.93 34.12	750m: 8:36.12 34.32		
	200m: 2:14.71 34.50		400m: 4:33.70 35.04	600m: 6:51.73 34.80	800m: 9:08.71 32.59		
2.	<b>Carolina Mantua Guedes</b>	98	110539 Sporting	<b>9:15.43</b>	<b>+0,79</b>	<b>702</b>	<b>7</b>
	50m: 31.75 31.75		250m: 2:51.16 35.10	450m: 5:11.66 34.89	650m: 7:32.80 35.20		
	100m: 1:06.55 34.80		300m: 3:26.40 35.24	500m: 5:46.91 35.25	700m: 8:07.01 34.21		
	150m: 1:41.11 34.56		350m: 4:01.72 35.32	550m: 6:22.54 35.63	750m: 8:41.27 34.26		
	200m: 2:16.06 34.95		400m: 4:36.77 35.05	600m: 6:57.60 35.06	800m: 9:15.43 34.16		
3.	<b>Joana Aguiar Rodrigues</b>	93	15401 Porto	<b>9:17.52</b>	<b>+0,89</b>	<b>695</b>	<b>6</b>
	50m: 31.85 31.85		250m: 2:51.20 34.90	450m: 5:11.20 34.09	650m: 7:30.79 35.40		
	100m: 1:06.33 34.48		300m: 3:26.82 35.62	500m: 5:45.33 34.13	700m: 8:06.36 35.57		
	150m: 1:41.16 34.83		350m: 4:01.94 35.12	550m: 6:20.07 34.74	750m: 8:41.96 35.60		
	200m: 2:16.30 35.14		400m: 4:37.11 35.17	600m: 6:55.39 35.32	800m: 9:17.52 35.56		
4.	<b>Barbara Marques Rodrigues</b>	97	107039 Alges	<b>9:21.26</b>	<b>+0,98</b>	<b>681</b>	<b>5</b>
	50m: 32.07 32.07		250m: 2:51.47 35.10	450m: 5:11.92 35.14	650m: 7:33.87 35.77		
	100m: 1:06.52 34.45		300m: 3:26.56 35.09	500m: 5:47.12 35.20	700m: 8:09.67 35.80		
	150m: 1:41.51 34.99		350m: 4:01.75 35.19	550m: 6:22.71 35.59	750m: 8:45.81 36.14		
	200m: 2:16.37 34.86		400m: 4:36.78 35.03	600m: 6:58.10 35.39	800m: 9:21.26 35.45		
5.	<b>Helena Paula Carvalho</b>	95	107307 Uniao Piedense	<b>9:25.93</b>	<b>+0,83</b>	<b>664</b>	<b>4</b>
	50m: 32.30 32.30		250m: 2:54.64 35.71	450m: 5:18.02 35.56	650m: 7:41.07 35.83		
	100m: 1:07.40 35.10		300m: 3:30.70 36.06	500m: 5:53.52 35.50	700m: 8:16.94 35.87		
	150m: 1:43.08 35.68		350m: 4:06.58 35.88	550m: 6:29.26 35.74	750m: 8:51.97 35.03		
	200m: 2:18.93 35.85		400m: 4:42.46 35.88	600m: 7:05.24 35.98	800m: 9:25.93 33.96		
6.	<b>Margarida Sobral Pimenta</b>	99	118764 Amadora	<b>10:01.19</b>	<b>+0,89</b>	<b>554</b>	<b>3</b>
	50m: 32.94 32.94		250m: 3:04.77 38.28	450m: 5:36.80 38.16	650m: 8:09.68 38.17		
	100m: 1:09.91 36.97		300m: 3:42.25 37.48	500m: 6:15.01 38.21	700m: 8:47.58 37.90		
	150m: 1:48.64 38.73		350m: 4:20.46 38.21	550m: 6:53.29 38.28	750m: 9:24.64 37.06		
	200m: 2:26.49 37.85		400m: 4:58.64 38.18	600m: 7:31.51 38.22	800m: 10:01.19 36.55		
7.	<b>Jessica Goncalves Sequeira</b>	95	108647 GesLoures	<b>10:07.95</b>	<b>+0,82</b>	<b>536</b>	<b>2</b>
	50m: 34.57 34.57		250m: 3:05.96 38.29	450m: 5:39.85 38.22	650m: 8:14.01 38.61		
	100m: 1:11.74 37.17		300m: 3:44.43 38.47	500m: 6:18.53 38.68	700m: 8:52.66 38.65		
	150m: 1:49.40 37.66		350m: 4:22.82 38.39	550m: 6:56.69 38.16	750m: 9:30.63 37.97		
	200m: 2:27.67 38.27		400m: 5:01.63 38.81	600m: 7:35.40 38.71	800m: 10:07.95 37.32		
8.	<b>Maria Leonor Martins</b>	99	107962 Gespacos	<b>10:28.47</b>	<b>+0,79</b>	<b>485</b>	<b>1</b>
	50m: 33.32 33.32		250m: 3:06.34 38.88	450m: 5:43.81 39.69	650m: 8:26.94 41.40		
	100m: 1:10.56 37.24		300m: 3:44.81 38.47	500m: 6:24.12 40.31	700m: 9:07.77 40.83		
	150m: 1:49.08 38.52		350m: 4:24.29 39.48	550m: 7:05.18 41.06	750m: 9:48.43 40.66		
	200m: 2:27.46 38.38		400m: 5:04.12 39.83	600m: 7:45.54 40.36	800m: 10:28.47 40.04		

Prova 39 Masc., 1500m Livres Absoluto  
19-04-2014 - 9:35 2ª Divisão Resultados

Recordes Nacionais 50m Absoluto	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007
Recordes Nacionais 50m Inf B	17:21.58	Pedro Fontoura Oliveira	CFB	Restelo	27-07-2003
Recordes Nacionais 50m Inf A	16:43.48	Pedro Fontoura Oliveira	CFB	Rio Maior	19-06-2004
Recordes Nacionais 50m Juv B	16:31.97	Pedro Fontoura Oliveira	CFB	Lisboa	28-05-2005
Recordes Nacionais 50m Juv A	15:45.55	Gustavo Manuel Santa	FPN	Tampere (FIN)	23-07-2009
Recordes Nacionais 50m Jun17	15:51.43	Gustavo Manuel Santa	FPN	Helsinkia (FIN)	10-07-2010
Recordes Nacionais 50m Jun18	15:34.51	Fernando Eurico Costa	FPN	Luxemburgo (LUX)	24-01-2003
Recordes Nacionais 50m Sen	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	
1.	<b>Pedro Maria Bessa</b>	95	18656 Vilacondense	<b>16:09.66</b>	<b>+0,79</b>	<b>724</b>	<b>17</b>	
	50m: 30.32	30.32	450m: 4:50.34	32.82	850m: 9:12.49	31.98	1250m: 13:30.55	32.53
	100m: 1:02.18	31.86	500m: 5:23.22	32.88	900m: 9:44.89	32.40	1300m: 14:03.08	32.53
	150m: 1:34.18	32.00	550m: 5:56.12	32.90	950m: 10:17.05	32.16	1350m: 14:35.92	32.84
	200m: 2:06.53	32.35	600m: 6:28.99	32.87	1000m: 10:49.31	32.26	1400m: 15:08.63	32.71
	250m: 2:39.50	32.97	650m: 7:01.77	32.78	1050m: 11:21.48	32.17	1450m: 15:40.15	31.52
	300m: 3:12.08	32.58	700m: 7:34.81	33.04	1100m: 11:53.66	32.18	1500m: 16:09.66	29.51
	350m: 3:44.91	32.83	750m: 8:07.51	32.70	1150m: 12:25.92	32.26		
	400m: 4:17.52	32.61	800m: 8:40.51	33.00	1200m: 12:58.02	32.10		
2.	<b>Vasco Miguel Gaspar</b>	90	26500 Uniao Piedense	<b>16:11.64</b>	<b>+0,77</b>	<b>720</b>	<b>15</b>	
	50m: 29.16	29.16	450m: 4:46.46	32.54	850m: 9:08.71	33.03	1250m: 13:31.01	32.77
	100m: 1:00.85	31.69	500m: 5:19.13	32.67	900m: 9:41.42	32.71	1300m: 14:03.48	32.47
	150m: 1:32.71	31.86	550m: 5:51.75	32.62	950m: 10:14.20	32.78	1350m: 14:35.89	32.41
	200m: 2:04.68	31.97	600m: 6:24.40	32.65	1000m: 10:46.96	32.76	1400m: 15:08.66	32.77
	250m: 2:36.89	32.21	650m: 6:57.09	32.69	1050m: 11:19.93	32.97	1450m: 15:40.42	31.76
	300m: 3:09.22	32.33	700m: 7:29.88	32.79	1100m: 11:52.71	32.78	1500m: 16:11.64	31.22
	350m: 3:41.59	32.37	750m: 8:02.86	32.98	1150m: 12:25.37	32.66		
	400m: 4:13.92	32.33	800m: 8:35.68	32.82	1200m: 12:58.24	32.87		
3.	<b>Tiago Silva Oliveira</b>	94	15465 Leixoes	<b>16:15.23</b>	<b>+0,81</b>	<b>712</b>	<b>14</b>	
	50m: 28.56	28.56	450m: 4:46.55	32.38	850m: 9:09.39	32.82	1250m: 13:33.27	32.60
	100m: 1:00.10	31.54	500m: 5:19.28	32.73	900m: 9:42.59	33.20	1300m: 14:06.34	33.07
	150m: 1:31.94	31.84	550m: 5:51.72	32.44	950m: 10:15.34	32.75	1350m: 14:39.29	32.95
	200m: 2:04.29	32.35	600m: 6:24.98	33.26	1000m: 10:48.65	33.31	1400m: 15:12.32	33.03
	250m: 2:36.70	32.41	650m: 6:57.60	32.62	1050m: 11:21.37	32.72	1450m: 15:44.24	31.92
	300m: 3:09.21	32.51	700m: 7:30.81	33.21	1100m: 11:54.56	33.19	1500m: 16:15.23	30.99
	350m: 3:41.42	32.21	750m: 8:03.45	32.64	1150m: 12:27.37	32.81		
	400m: 4:14.17	32.75	800m: 8:36.57	33.12	1200m: 13:00.67	33.30		
4.	<b>Hugo Alberto Ribeiro</b>	88	23114 Gespacos	<b>16:22.82</b>	<b>+0,92</b>	<b>696</b>	<b>13</b>	
	50m: 28.77	28.77	450m: 4:46.21	32.77	850m: 9:08.57	32.71	1250m: 13:34.17	33.57
	100m: 59.85	31.08	500m: 5:19.11	32.90	900m: 9:41.25	32.68	1300m: 14:07.81	33.64
	150m: 1:31.52	31.67	550m: 5:51.97	32.86	950m: 10:13.86	32.61	1350m: 14:41.62	33.81
	200m: 2:03.48	31.96	600m: 6:24.67	32.70	1000m: 10:46.88	33.02	1400m: 15:15.61	33.99
	250m: 2:35.83	32.35	650m: 6:57.49	32.82	1050m: 11:20.26	33.38	1450m: 15:49.58	33.97
	300m: 3:08.14	32.31	700m: 7:30.24	32.75	1100m: 11:53.68	33.42	1500m: 16:22.82	33.24
	350m: 3:40.79	32.65	750m: 8:02.98	32.74	1150m: 12:27.35	33.67		
	400m: 4:13.44	32.65	800m: 8:35.86	32.88	1200m: 13:00.60	33.25		
5.	<b>Joao Pedro Gil</b>	97	108343 Naval Amorense	<b>16:25.07</b>	<b>+0,76</b>	<b>691</b>	<b>12</b>	
	50m: 29.82	29.82	450m: 4:50.32	33.31	850m: 9:13.26	32.61	1250m: 13:38.87	33.37
	100m: 1:01.47	31.65	500m: 5:23.45	33.13	900m: 9:45.58	32.32	1300m: 14:12.81	33.94
	150m: 1:33.52	32.05	550m: 5:56.47	33.02	950m: 10:18.53	32.95	1350m: 14:46.67	33.86
	200m: 2:05.88	32.36	600m: 6:29.30	32.83	1000m: 10:51.38	32.85	1400m: 15:18.96	32.29
	250m: 2:38.63	32.75	650m: 7:02.26	32.96	1050m: 11:24.46	33.08	1450m: 15:52.24	33.28
	300m: 3:11.55	32.92	700m: 7:34.86	32.60	1100m: 11:58.11	33.65	1500m: 16:25.07	32.83
	350m: 3:43.94	32.39	750m: 8:07.95	33.09	1150m: 12:31.45	33.34		
	400m: 4:17.01	33.07	800m: 8:40.65	32.70	1200m: 13:05.50	34.05		

Prova 39, Masc., 1500m Livres, Absoluto

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	
6.	Artiom Viatcheslavovitch Poliakov	93 11114	Estrelas S. Joao de Brito	<b>16:35.14</b>	+0,65	670	11	
	50m: 28.53	28.53	450m: 4:48.52	33.13	850m: 9:16.49	33.74	1250m: 13:47.10	33.86
	100m: 59.78	31.25	500m: 5:21.60	33.08	900m: 9:50.16	33.67	1300m: 14:21.27	34.17
	150m: 1:32.21	32.43	550m: 5:54.96	33.36	950m: 10:24.15	33.99	1350m: 14:55.33	34.06
	200m: 2:04.40	32.19	600m: 6:28.31	33.35	1000m: 10:57.95	33.80	1400m: 15:29.05	33.72
	250m: 2:37.15	32.75	650m: 7:02.02	33.71	1050m: 11:31.86	33.91	1450m: 16:03.06	34.01
	300m: 3:09.78	32.63	700m: 7:35.41	33.39	1100m: 12:05.39	33.53	1500m: 16:35.14	32.08
	350m: 3:42.52	32.74	750m: 8:08.88	33.47	1150m: 12:39.25	33.86		
	400m: 4:15.39	32.87	800m: 8:42.75	33.87	1200m: 13:13.24	33.99		
7.	Joao Nuno Pires	94 10866	Academica de Coimbra	<b>16:44.32</b>	+0,72	652	10	
	50m: 30.40	30.40	450m: 4:58.26	33.56	850m: 9:27.51	33.61	1250m: 13:57.54	34.00
	100m: 1:03.36	32.96	500m: 5:32.01	33.75	900m: 10:01.15	33.64	1300m: 14:30.88	33.34
	150m: 1:36.95	33.59	550m: 6:05.56	33.55	950m: 10:34.93	33.78	1350m: 15:04.78	33.90
	200m: 2:10.56	33.61	600m: 6:39.49	33.93	1000m: 11:08.61	33.68	1400m: 15:38.17	33.39
	250m: 2:44.27	33.71	650m: 7:13.27	33.78	1050m: 11:42.34	33.73	1450m: 16:11.74	33.57
	300m: 3:17.76	33.49	700m: 7:46.88	33.61	1100m: 12:15.97	33.63	1500m: 16:44.32	32.58
	350m: 3:51.17	33.41	750m: 8:20.26	33.38	1150m: 12:49.90	33.93		
	400m: 4:24.70	33.53	800m: 8:53.90	33.64	1200m: 13:23.54	33.64		
8.	Andre Filipe Farinha	96 105086	Benfica	<b>16:50.32</b>	+0,78	640	9	
	50m: 29.93	29.93	450m: 5:00.83	34.32	850m: 9:35.28	33.94	1250m: 14:03.03	33.35
	100m: 1:02.53	32.60	500m: 5:35.75	34.92	900m: 10:09.45	34.17	1300m: 14:36.75	33.72
	150m: 1:35.79	33.26	550m: 6:09.91	34.16	950m: 10:42.53	33.08	1350m: 15:10.69	33.94
	200m: 2:09.87	34.08	600m: 6:44.10	34.19	1000m: 11:15.74	33.21	1400m: 15:44.06	33.37
	250m: 2:43.88	34.01	650m: 7:18.54	34.44	1050m: 11:49.04	33.30	1450m: 16:17.71	33.65
	300m: 3:18.21	34.33	700m: 7:52.79	34.25	1100m: 12:22.72	33.68	1500m: 16:50.32	32.61
	350m: 3:52.41	34.20	750m: 8:27.10	34.31	1150m: 12:56.13	33.41		
	400m: 4:26.51	34.10	800m: 9:01.34	34.24	1200m: 13:29.68	33.55		
9.	Rui Filipe Costa	91 24004	Vitoria de Guimaraes/Olicargc	<b>16:53.81</b>	+0,79	634	8	
	50m: 29.61	29.61	450m: 4:57.79	33.89	850m: 9:29.06	33.68	1250m: 14:02.75	34.56
	100m: 1:01.91	32.30	500m: 5:31.47	33.68	900m: 10:02.76	33.70	1300m: 14:37.17	34.42
	150m: 1:35.29	33.38	550m: 6:05.56	34.09	950m: 10:36.80	34.04	1350m: 15:11.79	34.62
	200m: 2:08.90	33.61	600m: 6:39.43	33.87	1000m: 11:11.05	34.25	1400m: 15:46.40	34.61
	250m: 2:42.75	33.85	650m: 7:13.41	33.98	1050m: 11:45.19	34.14	1450m: 16:20.69	34.29
	300m: 3:16.54	33.79	700m: 7:47.25	33.84	1100m: 12:19.62	34.43	1500m: 16:53.81	33.12
	350m: 3:50.38	33.84	750m: 8:21.32	34.07	1150m: 12:53.94	34.32		
	400m: 4:23.90	33.52	800m: 8:55.38	34.06	1200m: 13:28.19	34.25		
10.	Isidro Carrara Bittini	97 127257	Alges	<b>16:57.70</b>	+0,79	626	7	
	50m: 30.90	30.90	450m: 4:58.54	33.76	850m: 9:31.70	34.59	1250m: 14:07.36	34.42
	100m: 1:04.20	33.30	500m: 5:32.25	33.71	900m: 10:06.42	34.72	1300m: 14:41.98	34.62
	150m: 1:37.49	33.29	550m: 6:06.07	33.82	950m: 10:41.08	34.66	1350m: 15:16.04	34.06
	200m: 2:10.64	33.15	600m: 6:39.99	33.92	1000m: 11:15.17	34.09	1400m: 15:50.45	34.41
	250m: 2:44.48	33.84	650m: 7:14.11	34.12	1050m: 11:49.56	34.39	1450m: 16:25.53	35.08
	300m: 3:17.63	33.15	700m: 7:48.33	34.22	1100m: 12:23.71	34.15	1500m: 16:57.70	32.17
	350m: 3:51.35	33.72	750m: 8:22.85	34.52	1150m: 12:58.47	34.76		
	400m: 4:24.78	33.43	800m: 8:57.11	34.26	1200m: 13:32.94	34.47		
11.	Eduardo Cardoso Lopes	99 107596	Louletano / Loule Concelho	<b>17:00.64</b>	+0,89	621	6	
	50m: 30.91	30.91	450m: 5:02.69	34.56	850m: 9:36.69	34.20	1250m: 14:10.64	34.78
	100m: 1:03.83	32.92	500m: 5:37.18	34.49	900m: 10:10.60	33.91	1300m: 14:44.33	33.69
	150m: 1:37.48	33.65	550m: 6:11.80	34.62	950m: 10:44.94	34.34	1350m: 15:19.45	35.12
	200m: 2:11.31	33.83	600m: 6:45.84	34.04	1000m: 11:18.83	33.89	1400m: 15:53.62	34.17
	250m: 2:45.38	34.07	650m: 7:20.11	34.27	1050m: 11:53.45	34.62	1450m: 16:28.22	34.60
	300m: 3:19.52	34.14	700m: 7:54.16	34.05	1100m: 12:27.20	33.75	1500m: 17:00.64	32.42
	350m: 3:53.94	34.42	750m: 8:28.94	34.78	1150m: 13:01.63	34.43		
	400m: 4:28.13	34.19	800m: 9:02.49	33.55	1200m: 13:35.86	34.23		
12.	Joao Miguel Cardoso	97 109124	GesLoures	<b>17:01.88</b>	+0,89	619	5	
	50m: 30.82	30.82	450m: 5:00.62	33.92	850m: 9:32.99	34.10	1250m: 14:08.93	35.14
	100m: 1:03.92	33.10	500m: 5:34.38	33.76	900m: 10:07.07	34.08	1300m: 14:43.72	34.79
	150m: 1:37.66	33.74	550m: 6:08.29	33.91	950m: 10:41.19	34.12	1350m: 15:18.77	35.05
	200m: 2:11.36	33.70	600m: 6:42.31	34.02	1000m: 11:15.53	34.34	1400m: 15:53.68	34.91
	250m: 2:45.23	33.87	650m: 7:16.37	34.06	1050m: 11:49.92	34.39	1450m: 16:28.41	34.73
	300m: 3:18.97	33.74	700m: 7:50.34	33.97	1100m: 12:24.35	34.43	1500m: 17:01.88	33.47
	350m: 3:52.83	33.86	750m: 8:24.43	34.09	1150m: 12:59.20	34.85		
	400m: 4:26.70	33.87	800m: 8:58.89	34.46	1200m: 13:33.79	34.59		

Prova 39, Masc., 1500m Livres, Absoluto

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
13.	Miguel Angelo Silvestre	97	103538 Alcobaca	<b>17:21.54</b>	+0,69	584	4
	50m: 29.70 29.70		450m: 5:02.76 34.56	850m: 9:42.52 35.34	1250m: 14:24.76 34.80		
	100m: 1:02.48 32.78		500m: 5:37.57 34.81	900m: 10:17.54 35.02	1300m: 15:00.18 35.42		
	150m: 1:36.49 34.01		550m: 6:12.38 34.81	950m: 10:52.82 35.28	1350m: 15:36.03 35.85		
	200m: 2:10.77 34.28		600m: 6:47.44 35.06	1000m: 11:28.12 35.30	1400m: 16:11.48 35.45		
	250m: 2:45.11 34.34		650m: 7:22.65 35.21	1050m: 12:03.90 35.78	1450m: 16:47.02 35.54		
	300m: 3:19.08 33.97		700m: 7:57.52 34.87	1100m: 12:39.36 35.46	1500m: 17:21.54 34.52		
	350m: 3:53.41 34.33		750m: 8:32.28 34.76	1150m: 13:15.09 35.73			
	400m: 4:28.20 34.79		800m: 9:07.18 34.90	1200m: 13:49.96 34.87			
14.	Miguel Angelo Passos	96	105874 Desportiva de Viana	<b>17:34.44</b>	+0,81	563	3
	50m: 30.55 30.55		450m: 5:09.30 35.35	850m: 9:53.26 35.26	1250m: 14:39.55 36.02		
	100m: 1:04.53 33.98		500m: 5:44.65 35.35	900m: 10:28.90 35.64	1300m: 15:15.67 36.12		
	150m: 1:38.86 34.33		550m: 6:20.19 35.54	950m: 11:04.52 35.62	1350m: 15:51.53 35.86		
	200m: 2:13.56 34.70		600m: 6:55.73 35.54	1000m: 11:40.34 35.82	1400m: 16:26.92 35.39		
	250m: 2:48.28 34.72		650m: 7:31.31 35.58	1050m: 12:16.09 35.75	1450m: 17:01.49 34.57		
	300m: 3:23.50 35.22		700m: 8:06.64 35.33	1100m: 12:51.79 35.70	1500m: 17:34.44 32.95		
	350m: 3:58.56 35.06		750m: 8:42.08 35.44	1150m: 13:27.70 35.91			
	400m: 4:33.95 35.39		800m: 9:18.00 35.92	1200m: 14:03.53 35.83			
15.	Diogo Nogueira Rebelo	98	117035 Colegio Monte Maior	<b>17:44.27</b>	+0,86	548	2
	50m: 31.07 31.07		450m: 5:08.16 35.39	850m: 9:54.76 36.01	1250m: 14:44.66 36.17		
	100m: 1:04.84 33.77		500m: 5:43.86 35.70	900m: 10:31.07 36.31	1300m: 15:20.72 36.06		
	150m: 1:39.05 34.21		550m: 6:19.33 35.47	950m: 11:07.17 36.10	1350m: 15:56.75 36.03		
	200m: 2:13.29 34.24		600m: 6:55.16 35.83	1000m: 11:43.30 36.13	1400m: 16:33.26 36.51		
	250m: 2:47.90 34.61		650m: 7:30.73 35.57	1050m: 12:19.48 36.18	1450m: 17:09.61 36.35		
	300m: 3:22.59 34.69		700m: 8:06.99 36.26	1100m: 12:55.83 36.35	1500m: 17:44.27 34.66		
	350m: 3:57.56 34.97		750m: 8:42.82 35.83	1150m: 13:31.78 35.95			
	400m: 4:32.77 35.21		800m: 9:18.75 35.93	1200m: 14:08.49 36.71			
16.	Joao Eduardo Ilha	98	109749 Natacao de Olhao	<b>18:48.31</b>	+0,88	460	1
	50m: 32.82 32.82		450m: 5:34.25 38.27	850m: 10:40.40 38.25	1250m: 15:45.52 37.90		
	100m: 1:09.69 36.87		500m: 6:12.39 38.14	900m: 11:18.23 37.83	1300m: 16:23.36 37.84		
	150m: 1:47.84 38.15		550m: 6:51.10 38.71	950m: 11:56.30 38.07	1350m: 17:01.31 37.95		
	200m: 2:25.05 37.21		600m: 7:29.01 37.91	1000m: 12:34.28 37.98	1400m: 17:38.17 36.86		
	250m: 3:02.85 37.80		650m: 8:07.25 38.24	1050m: 13:13.44 39.16	1450m: 18:13.86 35.69		
	300m: 3:40.60 37.75		700m: 8:45.02 37.77	1100m: 13:51.59 38.15	1500m: 18:48.31 34.45		
	350m: 4:18.30 37.70		750m: 9:23.86 38.84	1150m: 14:29.50 37.91			
	400m: 4:55.98 37.68		800m: 10:02.15 38.29	1200m: 15:07.62 38.12			



Prova 40 Masc., 1500m Livres Absoluto  
19-04-2014 - 10:10 1ª Divisão Resultados

Recordes Nacionais 50m Absoluto	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007
Recordes Nacionais 50m Inf B	17:21.58	Pedro Fontoura Oliveira	CFB	Restelo	27-07-2003
Recordes Nacionais 50m Inf A	16:43.48	Pedro Fontoura Oliveira	CFB	Rio Maior	19-06-2004
Recordes Nacionais 50m Juv B	16:31.97	Pedro Fontoura Oliveira	CFB	Lisboa	28-05-2005
Recordes Nacionais 50m Juv A	15:45.55	Gustavo Manuel Santa	FPN	Tampere (FIN)	23-07-2009
Recordes Nacionais 50m Jun17	15:51.43	Gustavo Manuel Santa	FPN	Helsinkia (FIN)	10-07-2010
Recordes Nacionais 50m Jun18	15:34.51	Fernando Eurico Costa	FPN	Luxemburgo (LUX)	24-01-2003
Recordes Nacionais 50m Sen	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	
1.	Mario Andre Bonanca	90	12773 Sporting	<b>16:08.75</b>	<b>+0,81</b>	<b>726</b>	<b>9</b>	
	50m: 28.99	28.99	450m: 4:48.47	32.10	850m: 9:06.73	32.54	1250m: 13:27.11	32.86
	100m: 1:00.95	31.96	500m: 5:20.40	31.93	900m: 9:38.97	32.24	1300m: 13:59.44	32.33
	150m: 1:33.28	32.33	550m: 5:52.40	32.00	950m: 10:11.68	32.71	1350m: 14:32.10	32.66
	200m: 2:05.82	32.54	600m: 6:24.55	32.15	1000m: 10:44.41	32.73	1400m: 15:04.54	32.44
	250m: 2:38.32	32.50	650m: 6:56.93	32.38	1050m: 11:16.89	32.48	1450m: 15:36.96	32.42
	300m: 3:11.22	32.90	700m: 7:29.09	32.16	1100m: 11:49.18	32.29	1500m: 16:08.75	31.79
	350m: 3:43.65	32.43	750m: 8:01.72	32.63	1150m: 12:21.93	32.75		
	400m: 4:16.37	32.72	800m: 8:34.19	32.47	1200m: 12:54.25	32.32		
2.	Ricardo Manuel Machado	93	13278 Braga	<b>16:33.47</b>	<b>+0,83</b>	<b>673</b>	<b>7</b>	
	50m: 29.87	29.87	450m: 4:50.57	32.96	850m: 9:18.45	33.61	1250m: 13:46.48	33.54
	100m: 1:01.34	31.47	500m: 5:23.80	33.23	900m: 9:52.06	33.61	1300m: 14:20.09	33.61
	150m: 1:33.53	32.19	550m: 5:56.78	32.98	950m: 10:25.43	33.37	1350m: 14:53.65	33.56
	200m: 2:06.39	32.86	600m: 6:30.40	33.62	1000m: 10:58.82	33.39	1400m: 15:27.05	33.40
	250m: 2:38.95	32.56	650m: 7:03.81	33.41	1050m: 11:32.13	33.31	1450m: 16:00.74	33.69
	300m: 3:11.91	32.96	700m: 7:37.41	33.60	1100m: 12:05.68	33.55	1500m: 16:33.47	32.73
	350m: 3:44.53	32.62	750m: 8:11.23	33.82	1150m: 12:39.23	33.55		
	400m: 4:17.61	33.08	800m: 8:44.84	33.61	1200m: 13:12.94	33.71		
3.	Tomas Risso Fernandes	96	111208 Colegio Vasco da Gama	<b>16:51.51</b>	<b>+0,80</b>	<b>638</b>	<b>6</b>	
	50m: 30.52	30.52	450m: 4:57.81	33.73	850m: 9:28.19	34.13	1250m: 14:01.11	34.00
	100m: 1:02.93	32.41	500m: 5:31.49	33.68	900m: 10:02.30	34.11	1300m: 14:35.66	34.55
	150m: 1:36.17	33.24	550m: 6:05.14	33.65	950m: 10:36.18	33.88	1350m: 15:10.07	34.41
	200m: 2:09.64	33.47	600m: 6:38.83	33.69	1000m: 11:10.20	34.02	1400m: 15:44.76	34.69
	250m: 2:43.12	33.48	650m: 7:12.46	33.63	1050m: 11:44.26	34.06	1450m: 16:18.52	33.76
	300m: 3:16.63	33.51	700m: 7:46.38	33.92	1100m: 12:18.16	33.90	1500m: 16:51.51	32.99
	350m: 3:50.09	33.46	750m: 8:20.00	33.62	1150m: 12:52.44	34.28		
	400m: 4:24.08	33.99	800m: 8:54.06	34.06	1200m: 13:27.11	34.67		
4.	Artur Manuel Ferreira	95	101981 Porto	<b>17:03.33</b>	<b>+0,86</b>	<b>616</b>	<b>5</b>	
	50m: 29.36	29.36	450m: 4:56.03	34.19	850m: 9:33.21	35.04	1250m: 14:10.82	34.47
	100m: 1:01.62	32.26	500m: 5:30.21	34.18	900m: 10:08.12	34.91	1300m: 14:45.51	34.69
	150m: 1:33.95	32.33	550m: 6:04.61	34.40	950m: 10:42.75	34.63	1350m: 15:20.19	34.68
	200m: 2:07.15	33.20	600m: 6:39.09	34.48	1000m: 11:17.86	35.11	1400m: 15:54.75	34.56
	250m: 2:40.29	33.14	650m: 7:13.72	34.63	1050m: 11:52.25	34.39	1450m: 16:29.21	34.46
	300m: 3:13.98	33.69	700m: 7:48.55	34.83	1100m: 12:26.82	34.57	1500m: 17:03.33	34.12
	350m: 3:47.91	33.93	750m: 8:23.06	34.51	1150m: 13:01.39	34.57		
	400m: 4:21.84	33.93	800m: 8:58.17	35.11	1200m: 13:36.35	34.96		
5.	Joao Costa Ferreira	98	119632 Famalicao	<b>17:03.96</b>	<b>+0,85</b>	<b>615</b>	<b>4</b>	
	50m: 29.95	29.95	450m: 5:03.72	34.67	850m: 9:38.11	34.02	1250m: 14:14.37	34.83
	100m: 1:02.74	32.79	500m: 5:37.96	34.24	900m: 10:12.28	34.17	1300m: 14:49.47	35.10
	150m: 1:36.99	34.25	550m: 6:12.31	34.35	950m: 10:46.72	34.44	1350m: 15:24.29	34.82
	200m: 2:11.16	34.17	600m: 6:46.21	33.90	1000m: 11:21.13	34.41	1400m: 15:58.93	34.64
	250m: 2:45.32	34.16	650m: 7:20.41	34.20	1050m: 11:55.59	34.46	1450m: 16:33.00	34.07
	300m: 3:19.80	34.48	700m: 7:54.99	34.58	1100m: 12:29.92	34.33	1500m: 17:03.96	30.96
	350m: 3:54.40	34.60	750m: 8:29.58	34.59	1150m: 13:04.54	34.62		
	400m: 4:29.05	34.65	800m: 9:04.09	34.51	1200m: 13:39.54	35.00		

Prova 40, Masc., 1500m Livres, Absoluto

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	
6.	Rafael Rocha Ferreira	96	103871 Galitos	<b>17:09.80</b>	<b>+0,89</b>	<b>605</b>	<b>3</b>	
	50m: 30.90	30.90	450m: 5:04.52	33.92	850m: 9:41.63	34.64	1250m: 14:19.16	34.55
	100m: 1:04.42	33.52	500m: 5:39.02	34.50	900m: 10:16.63	35.00	1300m: 14:53.96	34.80
	150m: 1:38.02	33.60	550m: 6:13.40	34.38	950m: 10:51.31	34.68	1350m: 15:28.16	34.20
	200m: 2:12.56	34.54	600m: 6:48.11	34.71	1000m: 11:26.25	34.94	1400m: 16:02.97	34.81
	250m: 2:46.88	34.32	650m: 7:22.40	34.29	1050m: 12:00.68	34.43	1450m: 16:36.94	33.97
	300m: 3:21.41	34.53	700m: 7:57.26	34.86	1100m: 12:35.42	34.74	1500m: 17:09.80	32.86
	350m: 3:55.76	34.35	750m: 8:32.24	34.98	1150m: 13:09.83	34.41		
	400m: 4:30.60	34.84	800m: 9:06.99	34.75	1200m: 13:44.61	34.78		
7.	Bruno Miguel Ramos	97	109110 Amadora	<b>17:10.00</b>	<b>+0,71</b>	<b>604</b>	<b>2</b>	
	50m: 30.08	30.08	450m: 5:03.53	34.75	850m: 9:38.66	34.37	1250m: 14:19.16	35.29
	100m: 1:02.81	32.73	500m: 5:37.92	34.39	900m: 10:13.22	34.56	1300m: 14:54.04	34.88
	150m: 1:36.86	34.05	550m: 6:12.34	34.42	950m: 10:48.09	34.87	1350m: 15:28.85	34.81
	200m: 2:11.14	34.28	600m: 6:46.24	33.90	1000m: 11:23.08	34.99	1400m: 16:03.74	34.89
	250m: 2:45.50	34.36	650m: 7:20.53	34.29	1050m: 11:58.30	35.22	1450m: 16:37.88	34.14
	300m: 3:19.71	34.21	700m: 7:55.02	34.49	1100m: 12:33.35	35.05	1500m: 17:10.00	32.12
	350m: 3:54.22	34.51	750m: 8:29.73	34.71	1150m: 13:08.70	35.35		
	400m: 4:28.78	34.56	800m: 9:04.29	34.56	1200m: 13:43.87	35.17		
8.	Joao Barbosa Moreira	94	11196 Nautico /Urgicentro-Sanfil	<b>17:53.88</b>	<b>+0,81</b>	<b>533</b>	<b>1</b>	
	50m: 30.12	30.12	450m: 5:05.68	35.73	850m: 9:55.58	36.81	1250m: 14:50.00	36.72
	100m: 1:02.69	32.57	500m: 5:41.18	35.50	900m: 10:32.25	36.67	1300m: 15:26.79	36.79
	150m: 1:36.54	33.85	550m: 6:17.44	36.26	950m: 11:09.33	37.08	1350m: 16:04.05	37.26
	200m: 2:10.86	34.32	600m: 6:53.65	36.21	1000m: 11:46.58	37.25	1400m: 16:41.55	37.50
	250m: 2:45.53	34.67	650m: 7:29.77	36.12	1050m: 12:23.25	36.67	1450m: 17:18.13	36.58
	300m: 3:19.90	34.37	700m: 8:05.94	36.17	1100m: 12:59.87	36.62	1500m: 17:53.88	35.75
	350m: 3:54.96	35.06	750m: 8:42.47	36.53	1150m: 13:36.07	36.20		
	400m: 4:29.95	34.99	800m: 9:18.77	36.30	1200m: 14:13.28	37.21		

Prova 41 19-04-2014 - 10:30	Femin., 50m Livres 2ª Divisão					Absoluto Resultados
Recordes Nacionais 50m Absoluto	25.73	Patricia Vilas Conceicao	CNA	Oeiras	28-07-2012	
Recordes Nacionais 50m Inf B	29.30	Isabel Pinto Abreu	CFB	Restelo	31-05-2008	
Recordes Nacionais 50m Inf A	28.26	Isabel Pinto Abreu	CFB	Lisboa	23-05-2009	
Recordes Nacionais 50m Juv B	27.41	Harriet Larcher Smith	FPN	Paris (FRA)	31-07-2003	
Recordes Nacionais 50m Juv A	26.98	Ana Pinho Rodrigues	AEJ	Campanha	21-06-2009	
Recordes Nacionais 50m Jun16	26.21	Ana Pinho Rodrigues	AEJ	Coimbra	10-04-2010	
Recordes Nacionais 50m Jun17	26.53	Ana Pinho Rodrigues	AEJ	Rio Maior	02-04-2011	
Recordes Nacionais 50m Sen	25.73	Patricia Vilas Conceicao	CNA	Oeiras	28-07-2012	

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ana Margarida Guedes <i>Recorde Nacional, Inf A</i>	01	109087 Ginasio Vila Real	<b>27.99</b>	+0,75	609	17
2.	Ana Luisa Carvalho	96	24493 Nautico /Urgicentro-Sanfil	<b>28.52</b>	+0,87	576	15
3.	Bruna Figueiro Coentrao	93	24315 Vilacondense	<b>28.66</b>	+0,76	567	14
4.	Patricia Isabel Oliveira	94	15970 Leixoes	<b>28.87</b>	+0,81	555	13
5.	Sara Faria Costa	97	107451 Braga	<b>28.90</b>	+0,91	553	12
6.	Ana Marisa Brito	90	12800 Benfica	<b>28.92</b>	+0,79	552	11
7.	Mariana Dias Almeida	93	22405 Famalicao	<b>29.03</b>	+0,75	546	10
8.	Soraia Guerra Rolim	95	121321 Naval Amorense	<b>29.29</b>	+0,83	531	9
9.	Rita Goncalves Marieiro	00	117710 Galitos	<b>29.40</b>	+0,95	525	8
10.	Isis Sousa Severino	02	123970 Louletano / Loule Concelho	<b>29.43</b>	+0,83	524	7
11.	Ana Sofia Alves	95	25757 Vitoria de Guimaraes/Olicargo	<b>29.71</b>	+1,00	509	6
12.	Marta Novais Soares	87	12463 Viana Natacao	<b>29.87</b>	+0,84	501	5
13.	Marta Marques Costa	98	107322 Pimpoes/Cimai	<b>29.92</b>	+0,84	498	4
14.	Barbara Coimbra Teodosio	99	112716 Nautico Marinha Grande	<b>30.22</b>	+0,91	484	3
15.	Ana Filipa Carmo	93	15746 Colegio Vasco da Gama	<b>30.35</b>	+0,82	477	2
16.	Ana Rita Carvalho	01	122146 Viver Santarem	<b>33.82</b>	+0,91	345	1

Prova 42 19-04-2014 - 10:30	Femin., 50m Livres 1ª Divisão				Absoluto Resultados
Recordes Nacionais 50m Absoluto	25.73	Patricia Vilas Conceicao	CNA	Oeiras	28-07-2012
Recordes Nacionais 50m Inf B	29.30	Isabel Pinto Abreu	CFB	Restelo	31-05-2008
Recordes Nacionais 50m Inf A	27.99	Ana Margarida Guedes	GCVR	Póvoa de Varzim	19-04-2014
Recordes Nacionais 50m Juv B	27.41	Harriet Larcher Smith	FPN	Paris (FRA)	31-07-2003
Recordes Nacionais 50m Juv A	26.98	Ana Pinho Rodrigues	AEJ	Campanha	21-06-2009
Recordes Nacionais 50m Jun16	26.21	Ana Pinho Rodrigues	AEJ	Coimbra	10-04-2010
Recordes Nacionais 50m Jun17	26.53	Ana Pinho Rodrigues	AEJ	Rio Maior	02-04-2011
Recordes Nacionais 50m Sen	25.73	Patricia Vilas Conceicao	CNA	Oeiras	28-07-2012

Pontos: FINA 2014

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ana Pinho Rodrigues	94	13372	Porto	<b>26.02</b>	+0,69	758	9
2.	Jessica Teixeira Vieira	91	104235	Amadora	<b>27.63</b>	+0,69	633	7
3.	Raquel Maurile Taveira	95	105392	Alges	<b>27.69</b>	+0,76	629	6
4.	Maria Carolina Rosa	94	14248	Sporting	<b>27.83</b>	+0,80	619	5
5.	Maria Malaguerra Costa	98	106765	Columbofila Cantanhedense	<b>28.58</b>	+0,78	572	4
6.	Raquel Teixeira Pena	98	106326	Uniao Piedense	<b>28.74</b>	+0,86	562	3
7.	Barbara Francisco Ferreira	01	125344	GesLoures	<b>29.35</b>	+0,89	528	2
8.	Claudia Susana Teixeira	96	102040	Gespacos	<b>30.42</b>	+0,94	474	1

Prova 43 19-04-2014 - 10:35	Masc., 50m Livres 2ª Divisão				Absoluto Resultados
Recordes Nacionais 50m Absoluto	22.36	Alexandre Escudier Agostinho	PORTIN	Coimbra	30-05-2009
Recordes Nacionais 50m Inf B	27.00	Jose Miguel Miranda	CFP	Coimbra	11-08-1986
Recordes Nacionais 50m Inf A	26.04	Miguel Azevedo Portela	FCP	Porto	16-07-1992
Recordes Nacionais 50m Juv B	24.68	Tiago Andre Venancio	CNS	Lisboa	18-05-2002
Recordes Nacionais 50m Juv A	23.78	Tiago Andre Venancio	FPN	Paris (FRA)	31-07-2003
Recordes Nacionais 50m Jun17	22.95	Tiago Andre Venancio	FPN	Oeiras	16-07-2004
Recordes Nacionais 50m Jun18	22.98	Paulo Jorge Santos		Antuérpia (BEL)	22-07-2007
Recordes Nacionais 50m Sen	22.36	Alexandre Escudier Agostinho	PORTIN	Coimbra	30-05-2009

Pontos: FINA 2014

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Gustavo Almeida Madureira	94	10857	Academica de Coimbra	<b>23.66</b>	+0,69	690	17
2.	Melako Coker	93	131438	Louletano / Loule Concelho	<b>24.27</b>	+0,70	639	15
3.	David Miguel Leiria	93	14530	Naval Amorense	<b>24.51</b>	+0,76	620	14
4.	Rafael Lages Ribas	93	12688	Desportiva de Viana	<b>24.68</b>	+0,71	608	13
5.	Francisco Carvalho Machado	98	111855	Alges	<b>24.89</b>	+0,70	592	12
6.	Diamantino Gato Bras	92	25537	Uniao Piedense	<b>25.22</b>	+0,78	569	11
7.	Luis David Rodrigues	96	124021	Benfica	<b>25.45</b>	+0,76	554	10
8.	Diogo Halla	95	131148	Leixoes	<b>25.47</b>	+0,69	553	9
9.	Fabio Manuel Pereira	86	23049	Vilacondense	<b>25.48</b>	+0,75	552	8
10.	Carlos Flores Clara	97	117120	GesLoures	<b>25.60</b>	+0,81	544	7
11.	Joao Mota Correia	97	102308	Alcobaca	<b>25.87</b>	+0,82	528	6
12.	Luis Manuel Gomes	88	16043	Vitoria de Guimaraes/Olicargo	<b>26.02</b>	+0,83	518	5
13.	Antonio Rafael Bessa	94	102089	Gespacos	<b>26.19</b>	+0,77	508	4
14.	Ricardo Conceicao Pedroso	77	25942	Estrelas S. Joao de Brito	<b>26.23</b>	+0,79	506	3
15.	Nuno Rafael Silva	99	117594	Colegio Monte Maior	<b>27.35</b>	+0,78	446	2
16.	Tiago Miguel Pereira	00	123265	Natacao de Olhao	<b>28.48</b>	+0,86	395	1

Prova 44  
19-04-2014 - 10:35

Masc., 50m Livres  
1ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	22.36	Alexandre Escudier Agostinho	PORTIN	Coimbra	30-05-2009
Recordes Nacionais 50m Inf B	27.00	Jose Miguel Miranda	CFP	Coimbra	11-08-1986
Recordes Nacionais 50m Inf A	26.04	Miguel Azevedo Portela	FCP	Porto	16-07-1992
Recordes Nacionais 50m Juv B	24.68	Tiago Andre Venancio	CNS	Lisboa	18-05-2002
Recordes Nacionais 50m Juv A	23.78	Tiago Andre Venancio	FPN	Paris (FRA)	31-07-2003
Recordes Nacionais 50m Jun17	22.95	Tiago Andre Venancio	FPN	Oeiras	16-07-2004
Recordes Nacionais 50m Jun18	22.98	Paulo Jorge Santos		Antuérpia (BEL)	22-07-2007
Recordes Nacionais 50m Sen	22.36	Alexandre Escudier Agostinho	PORTIN	Coimbra	30-05-2009

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Paulo Jorge Santos	89 25982	Porto	<b>23.48</b>	+0,70	706	9
2.	Rodrigo Pereira Lopes	95 26077	Amadora	<b>24.04</b>	+0,67	658	7
3.	Simao Pedro Alves	94 102500	Famalicao	<b>24.38</b>	+0,68	630	6
4.	Bernardo Leitao Graca	93 14838	Sporting	<b>24.64</b>	+0,70	611	5
5.	Filipe Vieira Malheiro	90 13117	Braga	<b>24.83</b>	+0,75	597	4
6.	Francisco Xavier Goncalves	97 26878	Nautico /Urgicentro-Sanfil	<b>24.89</b>	+0,71	592	3
7.	Jorge Miguel Carmo	90 13004	Colegio Vasco da Gama	<b>25.65</b>	+0,69	541	2
8.	Andre Martins Palhinha	99 119387	Galitos	<b>26.94</b>	+0,75	467	1

Prova 45  
19-04-2014 - 10:40

Femin., 200m Bruços  
2ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	2:29.51	Diana Duarte Gomes	FPN	Budapeste (HUN)	15-07-2005
Recordes Nacionais 50m Inf B	2:50.63	Raquel Gomes Pereira	SAD	Rio Maior	21-07-2012
Recordes Nacionais 50m Inf A	2:43.76	Ana Pinho Rodrigues	AEJ	Coimbra	07-07-2007
Recordes Nacionais 50m Juv B	2:36.99	Diana Duarte Gomes	FPN	Paris (FRA)	28-07-2003
Recordes Nacionais 50m Juv A	2:31.32	Diana Duarte Gomes	FPN	Mulhouse (FRA)	27-06-2004
Recordes Nacionais 50m Jun16	2:29.51	Diana Duarte Gomes	FPN	Budapeste (HUN)	15-07-2005
Recordes Nacionais 50m Jun17	2:30.92	Victoria Kaminskaya	PIMP	Oeiras	28-07-2012
Recordes Nacionais 50m Sen	2:29.76	Diana Duarte Gomes	CNA	Loulé	10-06-2007

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Victoria Kaminskaya 50m: 34.72 34.72	95 102313	Pimpoes/Cimai	<b>2:35.16</b> 100m: 1:13.33 38.61 150m: 1:53.51 40.18	+0,71	720	41.65
2.	Ana Beatriz Pereira 50m: 37.07 37.07	91 20591	Colegio Vasco da Gama	<b>2:44.24</b> 100m: 1:18.60 41.53 150m: 2:01.03 42.43	+0,67	607	43.21
3.	Rita Catarina Miranda 50m: 36.62 36.62	97 107566	Braga	<b>2:45.57</b> 100m: 1:18.09 41.47 150m: 2:01.20 43.11	+0,93	593	44.37
4.	Ana Beatriz Martins 50m: 38.06 38.06	99 108375	Famalicao	<b>2:48.71</b> 100m: 1:21.65 43.59 150m: 2:05.05 43.40	+0,88	560	43.66
5.	Ana Monica Eloi 50m: 38.33 38.33	96 107038	Nautico Marinha Grande	<b>2:49.07</b> 100m: 1:20.94 42.61 150m: 2:04.69 43.75	+0,82	557	44.38
6.	Rita Costa Amador 50m: 39.59 39.59	99 105665	Galitos	<b>2:51.33</b> 100m: 1:24.01 44.42 150m: 2:07.64 43.63	+0,75	535	43.69
7.	Isabel Maria Figueira 50m: 38.98 38.98	79 11424	Louletano / Loule Concelho	<b>2:52.93</b> 100m: 1:23.53 44.55 150m: 2:08.49 44.96	+0,91	520	44.44
8.	Claudia Ferreira Borges 50m: 38.38 38.38	99 116591	Benfica	<b>2:53.67</b> 100m: 1:22.04 43.66 150m: 2:09.06 47.02	+0,75	513	44.61
9.	Carlota Santos Silva 50m: 38.39 38.39	00 117491	Nautico /Urgicentro-Sanfil	<b>2:53.96</b> 100m: 1:22.42 44.03 150m: 2:07.95 45.53	+0,86	511	46.01
10.	Rita Maria Cardoso 50m: 38.52 38.52	98 105877	Leixoes	<b>2:53.98</b> 100m: 1:22.56 44.04 150m: 2:08.61 46.05	+0,83	511	45.37
11.	Ana Carolina Guedes 50m: 38.03 38.03	93 104190	Ginasio Vila Real	<b>2:55.57</b> 100m: 1:22.63 44.60 150m: 2:09.80 47.17	+0,83	497	45.77
12.	Beatriz Pereira Vasconcelos 50m: 40.20 40.20	98 107934	Vilacondense	<b>2:57.17</b> 100m: 1:25.08 44.88 150m: 2:11.34 46.26	+0,72	484	45.83
13.	Carolina Cameira Sousa 50m: 40.34 40.34	99 107550	Viana Natacao	<b>3:00.20</b> 100m: 1:26.20 45.86 150m: 2:14.09 47.89	+0,94	460	46.11
14.	Carolina Madeira Santos 50m: 41.75 41.75	96 104254	Naval Amorense	<b>3:01.05</b> 100m: 1:28.84 47.09 150m: 2:15.52 46.68	+0,89	453	45.53
15.	Carolina Felicidade Batista 50m: 40.38 40.38	99 118371	Viver Santarem	<b>3:03.79</b> 100m: 1:27.12 46.74 150m: 2:15.37 48.25	+1,01	433	48.42
16.	Valeria Goncalves Vieira 50m: 44.48 44.48	02 124314	Vitoria de Guimaraes/Olicargo	<b>3:15.05</b> 100m: 1:34.84 50.36 150m: 2:26.08 51.24		362	48.97

Prova 46  
19-04-2014 - 10:45

Femin., 200m Bruços  
1ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	2:29.51	Diana Duarte Gomes	FPN	Budapeste (HUN)	15-07-2005
Recordes Nacionais 50m Inf B	2:50.63	Raquel Gomes Pereira	SAD	Rio Maior	21-07-2012
Recordes Nacionais 50m Inf A	2:43.76	Ana Pinho Rodrigues	AEJ	Coimbra	07-07-2007
Recordes Nacionais 50m Juv B	2:36.99	Diana Duarte Gomes	FPN	Paris (FRA)	28-07-2003
Recordes Nacionais 50m Juv A	2:31.32	Diana Duarte Gomes	FPN	Mulhouse (FRA)	27-06-2004
Recordes Nacionais 50m Jun16	2:29.51	Diana Duarte Gomes	FPN	Budapeste (HUN)	15-07-2005
Recordes Nacionais 50m Jun17	2:30.92	Victoria Kaminskaya	PIMP	Oeiras	28-07-2012
Recordes Nacionais 50m Sen	2:29.76	Diana Duarte Gomes	CNA	Loulé	10-06-2007

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Paula Alexandra Oliveira	96 102084	Porto	<b>2:37.44</b>	+0,73	689	9
	50m: 36.28 36.28	100m: 1:16.59 40.31	150m: 1:57.21 40.62	200m: 2:37.44 40.23			
2.	Ana Teresa Franco	91 11349	Sporting	<b>2:39.01</b>	+0,81	669	7
	50m: 36.78 36.78	100m: 1:16.92 40.14	150m: 1:57.21 40.29	200m: 2:39.01 41.80			
3.	Nadia Morais Vieira	90 13092	GesLoures	<b>2:39.36</b>	+0,76	665	6
	50m: 36.55 36.55	100m: 1:17.43 40.88	150m: 1:58.10 40.67	200m: 2:39.36 41.26			
4.	Raquel Gomes Pereira	00 118469	Alges	<b>2:44.04</b>	+0,83	609	5
	50m: 37.56 37.56	100m: 1:19.50 41.94	150m: 2:02.27 42.77	200m: 2:44.04 41.77			
5.	Joana Dias Santos	96 100397	Uniao Piedense	<b>2:48.50</b>	+0,80	562	4
	50m: 37.44 37.44	100m: 1:19.92 42.48	150m: 2:03.82 43.90	200m: 2:48.50 44.68			
6.	Ines Neto Rocha	01 111313	Gespacos	<b>2:50.37</b>	+0,89	544	3
	50m: 37.25 37.25	100m: 1:20.38 43.13	150m: 2:05.10 44.72	200m: 2:50.37 45.27			
7.	Rita Goncalves Passinhas	99 111431	Amadora	<b>3:01.11</b>	+0,75	453	2
	50m: 40.05 40.05	100m: 1:25.36 45.31	150m: 2:12.49 47.13	200m: 3:01.11 48.62			
8.	Sara Sofia Alves	01 111234	Columbofila Cantanhedense	<b>3:10.17</b>	+0,92	391	1
	50m: 41.95 41.95	100m: 1:31.61 49.66	150m: 2:21.39 49.78	200m: 3:10.17 48.78			



Prova 47  
19-04-2014 - 10:50

Masc., 200m Bruços  
2ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	2:13.21	Carlos Esteves Almeida	FPN	Barcelona (ESP)	01-08-2013
Recordes Nacionais 50m Inf B	2:39.45	Miguel Angelo Santos	GDNVNF	S. João da Madeira	14-07-2013
Recordes Nacionais 50m Inf A	2:32.84	Gustavo Andre Reis	SCP	Olivais	10-08-1991
Recordes Nacionais 50m Juv B	2:24.15	Andre Miguel Silva	PDEM	Loulé	10-06-2006
Recordes Nacionais 50m Juv A	2:23.94	Andre Miguel Silva	PDEM	Coimbra	25-03-2007
Recordes Nacionais 50m Jun17	2:19.82	Pedro Miguel Agostinho	SLB	Coimbra	30-05-2009
Recordes Nacionais 50m Jun18	2:15.99	Andre Miguel Silva	PDEM	Faro	20-07-2009
Recordes Nacionais 50m Sen	2:13.21	Carlos Esteves Almeida	FPN	Barcelona (ESP)	01-08-2013

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Hugo Pon	98 110164	Alges	<b>2:26.02</b>	+0,80	658	17
	50m: 33.56 33.56	100m: 1:10.37 36.81	150m: 1:47.98 37.61	200m: 2:26.02 38.04			
	Pedro Miguel Silva	94 100227	Colegio Monte Maior	<b>2:26.02</b>	+0,73	658	17
	50m: 32.22 32.22	100m: 1:08.82 36.60	150m: 1:46.61 37.79	200m: 2:26.02 39.41			
3.	Andre Goncalo Santos	97 104706	Leixoes	<b>2:26.97</b>	+0,87	645	14
	50m: 32.27 32.27	100m: 1:09.66 37.39	150m: 1:48.62 38.96	200m: 2:26.97 38.35			
4.	Manuel Matos Sequeira	87 10631	GesLoures	<b>2:28.63</b>	+0,71	624	13
	50m: 33.16 33.16	100m: 1:10.69 37.53	150m: 1:49.29 38.60	200m: 2:28.63 39.34			
5.	Filipe Carmo Ramos	97 105197	Vilacondense	<b>2:28.78</b>	+0,83	622	12
	50m: 34.31 34.31	100m: 1:12.67 38.36	150m: 1:50.06 37.39	200m: 2:28.78 38.72			
	Joao Claudio Sousa	93 23458	Gespacos	<b>2:28.78</b>	+0,77	622	12
	50m: 33.01 33.01	100m: 1:10.66 37.65	150m: 1:49.71 39.05	200m: 2:28.78 39.07			
7.	Luis Pedro Fernandes	96 25320	Louletano / Loule Concelho	<b>2:29.26</b>	+0,72	616	10
	50m: 33.93 33.93	100m: 1:12.27 38.34	150m: 1:51.16 38.89	200m: 2:29.26 38.10			
8.	Tiago Martim Alves	97 100789	Desportiva de Viana	<b>2:30.68</b>	+0,87	598	9
	50m: 34.60 34.60	100m: 1:13.21 38.61	150m: 1:51.05 37.84	200m: 2:30.68 39.63			
9.	Joao Andre Neves	95 101408	Academica de Coimbra	<b>2:30.78</b>	+0,77	597	8
	50m: 33.90 33.90	100m: 1:11.59 37.69	150m: 1:50.43 38.84	200m: 2:30.78 40.35			
10.	Rui Miguel Coelho	96 111850	Benfica	<b>2:31.11</b>	+0,69	593	7
	50m: 34.19 34.19	100m: 1:12.18 37.99	150m: 1:51.23 39.05	200m: 2:31.11 39.88			
11.	Mauro Filipe Viegas	95 26428	Natacao de Olhao	<b>2:32.28</b>	+0,68	580	6
	50m: 33.28 33.28	100m: 1:11.57 38.29	150m: 1:51.17 39.60	200m: 2:32.28 41.11			
12.	Rafael Lourenco Gil	96 105234	Naval Amorense	<b>2:32.42</b>	+0,73	578	5
	50m: 34.24 34.24	100m: 1:12.87 38.63	150m: 1:52.59 39.72	200m: 2:32.42 39.83			
13.	Afonso Lopes dos Santos	95 14773	Alcobaca	<b>2:33.54</b>	+0,75	566	4
	50m: 34.42 34.42	100m: 1:14.01 39.59	150m: 1:53.37 39.36	200m: 2:33.54 40.17			
14.	Diogo Manuel Rodrigues	94 15338	Vitoria de Guimaraes/Olicargo	<b>2:34.78</b>	+0,82	552	3
	50m: 33.57 33.57	100m: 1:12.56 38.99	150m: 1:53.71 41.15	200m: 2:34.78 41.07			
15.	Joao Carlos Pereira	94 100068	Estrelas S. Joao de Brito	<b>2:38.29</b>	+0,92	516	2
	50m: 35.18 35.18	100m: 1:15.95 40.77	150m: 1:57.44 41.49	200m: 2:38.29 40.85			
DSQ	Diogo Miguel Silva	95 104780	Uniao Piedense				
	718 - Movimento vertical de pernas durante o percurso - SW 7.5						

Campeonato Nacional Clubes 1ª e 2ª Divisões  
Póvoa de Varzim, 18- - 19-4-2014

Prova 48  
19-04-2014 - 10:55

Masc., 200m Bruços  
1ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	2:13.21	Carlos Esteves Almeida	FPN	Barcelona (ESP)	01-08-2013
Recordes Nacionais 50m Inf B	2:39.45	Miguel Angelo Santos	GDNVNF	S. João da Madeira	14-07-2013
Recordes Nacionais 50m Inf A	2:32.84	Gustavo Andre Reis	SCP	Olivais	10-08-1991
Recordes Nacionais 50m Juv B	2:24.15	Andre Miguel Silva	PDEM	Loulé	10-06-2006
Recordes Nacionais 50m Juv A	2:23.94	Andre Miguel Silva	PDEM	Coimbra	25-03-2007
Recordes Nacionais 50m Jun17	2:19.82	Pedro Miguel Agostinho	SLB	Coimbra	30-05-2009
Recordes Nacionais 50m Jun18	2:15.99	Andre Miguel Silva	PDEM	Faro	20-07-2009
Recordes Nacionais 50m Sen	2:13.21	Carlos Esteves Almeida	FPN	Barcelona (ESP)	01-08-2013

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Miguel Monteiro Cruchinho	97 110442	Sporting	<b>2:21.74</b>	+0,69	719	9
	50m: 32.37 32.37	100m: 1:09.06 36.69	150m: 1:45.40 36.34	200m: 2:21.74 36.34			
2.	Sergio Baptista Silva	91 15703	Porto	<b>2:22.34</b>	+0,72	710	7
	50m: 32.48 32.48	100m: 1:08.99 36.51	150m: 1:45.64 36.65	200m: 2:22.34 36.70			
3.	Rodrigo Silverio Carmo	96 100588	Colegio Vasco da Gama	<b>2:25.02</b>	+0,71	671	6
	50m: 32.61 32.61	100m: 1:09.70 37.09	150m: 1:47.18 37.48	200m: 2:25.02 37.84			
4.	Miguel Silva Oliveira	91 10822	Nautico /Urgicentro-Sanfil	<b>2:26.12</b>	+0,77	656	5
	50m: 33.05 33.05	100m: 1:09.91 36.86	150m: 1:47.38 37.47	200m: 2:26.12 38.74			
5.	Andre Bras Goncalves	88 14767	Amadora	<b>2:27.50</b>	+0,71	638	4
	50m: 32.97 32.97	100m: 1:10.06 37.09	150m: 1:48.23 38.17	200m: 2:27.50 39.27			
6.	Mario Jorge Veloso	98 112051	Braga	<b>2:28.07</b>	+0,88	631	3
	50m: 33.66 33.66	100m: 1:11.04 37.38	150m: 1:48.77 37.73	200m: 2:28.07 39.30			
7.	Luis Manuel Fernandes	95 15589	Famalicao	<b>2:33.69</b>	+0,67	564	2
	50m: 33.54 33.54	100m: 1:12.16 38.62	150m: 1:51.96 39.80	200m: 2:33.69 41.73			
8.	Pedro Miguel Vieira	98 109367	Galitos	<b>2:47.76</b>	+0,94	433	1
	50m: 36.09 36.09	100m: 1:18.77 42.68	150m: 2:03.29 44.52	200m: 2:47.76 44.47			

Prova 49  
19-04-2014 - 11:00

Femin., 50m Costas  
2ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	29.40	Marta Vieira Marinho	FCP	Coimbra	10-04-2010
Recordes Nacionais 50m Jun16	29.80	Ines Camacho Fernandes	SCP	Coimbra	30-03-2013
Recordes Nacionais 50m Jun17	30.18	Catia Raquel Martinheira	LDC	Cádiz (ESP)	02-03-2012
Recordes Nacionais 50m Sen	29.40	Marta Vieira Marinho	FCP	Coimbra	10-04-2010

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ana Sofia Leite	93 24784	Ginasio Vila Real	<b>30.13</b>	+0,66	724	17
2.	Graca Maria Araujo	98 104456	Famalicao	<b>31.18</b>	+0,69	653	15
3.	Andreia Silva Cruz	88 11126	Naval Amorense	<b>32.71</b>	+0,55	566	14
4.	Patricia Isabel Oliveira	94 15970	Leixoes	<b>32.75</b>	+0,74	564	13
5.	Bruna Fangueiro Coentrao	93 24315	Vilacondense	<b>32.77</b>	+0,66	563	12
6.	Adriana Correia Lopes	95 24491	Nautico /Urgicentro-Sanfil	<b>32.92</b>	+0,63	555	11
7.	Catarina Reis Silva	99 107568	Braga	<b>33.07</b>	+0,69	547	10
8.	Mariana Nogueira Machado	98 107626	Colegio Vasco da Gama	<b>33.54</b>	+0,66	525	9
9.	Sofia Oliveira Pinto	94 12766	Benfica	<b>34.00</b>	+0,63	504	8
10.	Sofia Oliveira Andre	01 121038	Nautico Marinha Grande	<b>34.30</b>	+0,70	491	7
11.	Patricia Cabral Monteiro	99 117473	Galitos	<b>34.88</b>	+0,72	466	6
12.	Isis Sousa Severino	02 123970	Louletano / Loule Concelho	<b>35.12</b>	+0,68	457	5
13.	Ana Rolo Dias	01 120370	Viana Natacao	<b>35.68</b>	+0,72	436	4
14.	Diana Filipa Portela	98 105488	Vitoria de Guimaraes/Olicargo	<b>36.12</b>	+0,83	420	3
15.	Marta Marques Costa	98 107322	Pimpoes/Cimai	<b>38.63</b>	+0,87	343	2
16.	Mariana Tome Fidalgo	01 124493	Viver Santarem	<b>41.77</b>	+0,75	271	1

Prova 50  
19-04-2014 - 11:05

Femin., 50m Costas  
1ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	29.40	Marta Vieira Marinho	FCP	Coimbra	10-04-2010
Recordes Nacionais 50m Jun16	29.80	Ines Camacho Fernandes	SCP	Coimbra	30-03-2013
Recordes Nacionais 50m Jun17	30.18	Catia Raquel Martinheira	LDC	Cádiz (ESP)	02-03-2012
Recordes Nacionais 50m Sen	29.40	Marta Vieira Marinho	FCP	Coimbra	10-04-2010

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Marta Vieira Marinho	91	15707 Porto	<b>30.92</b>	+0,63	670	9
2.	Ines Camacho Fernandes	97	106821 Sporting	<b>31.01</b>	+0,65	664	7
3.	Francisca Gomes Azevedo	97	100356 Alges	<b>31.27</b>	+0,68	648	6
4.	Filipa Carreira Alves	99	118479 Uniao Piedense	<b>31.62</b>	+0,74	626	5
5.	Lisa Marisa Soares	95	25381 Amadora	<b>31.74</b>	+0,65	619	4
6.	Paula Cristina Yang	95	100229 GesLoures	<b>32.42</b>	+0,67	581	3
7.	Maria Malaguerra Costa	98	106765 Columbofila Cantanhedense	<b>33.28</b>	+0,56	537	2
8.	Beatriz Neto Costa	00	111310 Gespacos	<b>33.41</b>	+0,78	531	1

Prova 51 19-04-2014 - 11:05	Masc., 50m Costas 2ª Divisão				Absoluto Resultados
Recordes Nacionais 50m Absoluto	25.78	Alexis Manacas Santos	FPN	Barcelona (ESP)	03-08-2013
Recordes Nacionais 50m Jun17	26.91	Alexis Manacas Santos	FPN	Praga (CZE)	11-07-2009
Recordes Nacionais 50m Jun18	26.58	Alexis Manacas Santos	SCP	Coimbra	10-04-2010
Recordes Nacionais 50m Sen	25.78	Alexis Manacas Santos	FPN	Barcelona (ESP)	03-08-2013

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Melako Coker	93 131438	Louletano / Loule Concelho	<b>27.14</b>	+0,62	694	17
2.	Duarte Rafael Mourao	84 13018	Estrelas S. Joao de Brito	<b>27.86</b>	+0,74	642	15
3.	David Miguel Leiria	93 14530	Naval Amorense	<b>27.89</b>	+0,69	640	14
4.	Rodrigo Antonio Rosa	96 105214	Colegio Monte Maior	<b>27.93</b>	+0,62	637	13
5.	Renato Mendes Pinheiro	94 16071	Desportiva de Viana	<b>28.79</b>	+0,59	582	12
6.	Diogo Miguel Paulino	90 10549	Alcobaca	<b>28.86</b>	+0,56	577	11
7.	Filipe Miguel Felix	96 118473	Alges	<b>29.10</b>	+0,66	563	10
8.	Pedro Lobato Rijo	91 13025	GesLoures	<b>29.36</b>	+0,66	548	9
9.	Diogo Carmo Ramos	93 15317	Vilacondense	<b>29.46</b>	+0,68	543	8
10.	Nuno Andre Fernandes	89 16073	Benfica	<b>29.63</b>	+0,64	534	7
11.	Jose Alberto Martins	94 23096	Vitoria de Guimaraes/Olicargo	<b>29.84</b>	+0,61	522	6
12.	Joao Filipe Lucas	94 26879	Academica de Coimbra	<b>29.88</b>	+0,72	520	5
13.	Vitor Samuel Rocha	96 107743	Gespacos	<b>30.00</b>	+0,59	514	4
14.	Miguel Nunes Goncalves	97 100355	Uniao Piedense	<b>30.20</b>	+1,15	504	3
15.	Dario Almeida Santos	93 22520	Leixoes	<b>30.33</b>	+0,65	497	2
16.	Joao Eduardo Ilha	98 109749	Natacao de Olhao	<b>35.67</b>	+0,70	306	1

Prova 52  
19-04-2014 - 11:10

Masc., 50m Costas  
1ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	25.78	Alexis Manacas Santos	FPN	Barcelona (ESP)	03-08-2013
Recordes Nacionais 50m Jun17	26.91	Alexis Manacas Santos	FPN	Praga (CZE)	11-07-2009
Recordes Nacionais 50m Jun18	26.58	Alexis Manacas Santos	SCP	Coimbra	10-04-2010
Recordes Nacionais 50m Sen	25.78	Alexis Manacas Santos	FPN	Barcelona (ESP)	03-08-2013

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Alexis Manacas Santos	92 13704	Sporting	<b>26.62</b>	+0,62	736	9
2.	Gil Goncalves Pinto	88 26051	Porto	<b>27.43</b>	+0,57	673	7
3.	Adriano Miguel Niz	86 23013	Famalicao	<b>27.45</b>	+0,69	671	6
	Diogo Gomes Sousa	95 25455	Colegio Vasco da Gama	<b>27.45</b>	+0,65	671	6
5.	Andre Duarte Vaz	93 10768	Nautico /Urgicentro-Sanfil	<b>28.07</b>	+0,71	628	4
6.	Daniel Aparicio Pereira	83 24394	Braga	<b>28.42</b>	+0,68	605	3
7.	Pedro Fontoura Oliveira	90 14688	Amadora	<b>28.54</b>	+0,73	597	2
8.	Joao Carlos Paula	94 13992	Galitos	<b>28.96</b>	+0,75	572	1



Campeonato Nacional Clubes 1ª e 2ª Divisões  
Póvoa de Varzim, 18- - 19-4-2014

Prova 53  
19-04-2014 - 11:10

Femin., 100m Mariposa  
2ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	58.76	Sara Freitas Oliveira	FPN	Budapeste (HUN)	12-08-2010
Recordes Nacionais 50m Inf B	1:08.02	Ines Camacho Fernandes	SCP	S. João da Madeira	26-07-2009
Recordes Nacionais 50m Inf A	1:05.13	Ines Camacho Fernandes	FPN	Catania (ITA)	19-06-2010
Recordes Nacionais 50m Juv B	1:03.88	Ines Camacho Fernandes	FPN	Trabzon (TUR)	25-07-2011
Recordes Nacionais 50m Juv A	1:03.14	Ana Rita Francisco	SFUAP	Coimbra	05-08-1995
Recordes Nacionais 50m Jun16	1:01.48	Sara Francisco Cruz	ADBA	Faro	20-07-2009
Recordes Nacionais 50m Jun17	1:00.95	Sara Freitas Oliveira	FPN	Berlim (GER)	01-08-2002
Recordes Nacionais 50m Sen	58.76	Sara Freitas Oliveira	FPN	Budapeste (HUN)	12-08-2010

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ana Catarina Monteiro 50m: 29.62 29.62	93 24320	Vilacondense 100m: 1:03.08 33.46	<b>1:03.08</b>	+0,74	698	17
2.	Catia Raquel Martinheira 50m: 30.07 30.07	95 25940	Louletano / Loule Concelho 100m: 1:05.36 35.29	<b>1:05.36</b>	+0,76	628	15
3.	Ana Margarida Rodrigues 50m: 30.32 30.32	96 103868	Galitos 100m: 1:05.53 35.21	<b>1:05.53</b>	+0,78	623	14
4.	Ana Sofia Nobrega 50m: 30.49 30.49	90 24785	Ginasio Vila Real 100m: 1:06.55 36.06	<b>1:06.55</b>	+0,74	595	13
5.	Graca Maria Araujo 50m: 31.57 31.57	98 104456	Famalicao 100m: 1:06.80 35.23	<b>1:06.80</b>	+0,91	588	12
6.	Alexandra Jesus Santos 50m: 31.52 31.52	00 117408	Leixoes 100m: 1:07.29 35.77	<b>1:07.29</b>	+0,95	575	11
7.	Debora Guimaraes Oliveira 50m: 31.71 31.71	96 105629	Braga 100m: 1:07.84 36.13	<b>1:07.84</b>	+0,89	561	10
8.	Beatriz Neves Craveiro 50m: 31.18 31.18	97 106762	Nautico /Urgicentro-Sanfil 100m: 1:08.08 36.90	<b>1:08.08</b>	+0,81	555	9
9.	Giovanna Vaz Vargas 50m: 32.06 32.06	00 110957	Nautico Marinha Grande 100m: 1:08.26 36.20	<b>1:08.26</b>	+0,90	551	8
10.	Claudia Almeida Costa 50m: 32.35 32.35	95 14919	Benfica 100m: 1:10.29 37.94	<b>1:10.29</b>	+0,77	505	7
11.	Ana Filipa Carmo 50m: 33.02 33.02	93 15746	Colegio Vasco da Gama 100m: 1:11.11 38.09	<b>1:11.11</b>	+0,85	487	6
12.	Patricia Miguel Mendes 50m: 32.97 32.97	96 25590	Naval Amorense 100m: 1:11.20 38.23	<b>1:11.20</b>	+0,72	486	5
13.	Ana Isabel Neves 50m: 34.27 34.27	96 103550	Pimpoes/Cimai 100m: 1:13.41 39.14	<b>1:13.41</b>	+0,80	443	4
14.	Joana Barros Soares 50m: 34.15 34.15	00 120201	Viana Natacao 100m: 1:15.75 41.60	<b>1:15.75</b>	+0,93	403	3
15.	Maria Beatriz Dias 50m: 36.63 36.63	99 108045	Viver Santarem 100m: 1:18.77 42.14	<b>1:18.77</b>	+0,78	358	2
16.	Beatriz Daniela Macedo 50m: 37.76 37.76	02 124313	Vitoria de Guimaraes/Olicargo 100m: 1:22.21 44.45	<b>1:22.21</b>	+1,17	315	1

Prova 54  
19-04-2014 - 11:15

Femin., 100m Mariposa  
1ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	58.76	Sara Freitas Oliveira	FPN	Budapeste (HUN)	12-08-2010
Recordes Nacionais 50m Inf B	1:08.02	Ines Camacho Fernandes	SCP	S. João da Madeira	26-07-2009
Recordes Nacionais 50m Inf A	1:05.13	Ines Camacho Fernandes	FPN	Catania (ITA)	19-06-2010
Recordes Nacionais 50m Juv B	1:03.88	Ines Camacho Fernandes	FPN	Trabzon (TUR)	25-07-2011
Recordes Nacionais 50m Juv A	1:03.14	Ana Rita Francisco	SFUAP	Coimbra	05-08-1995
Recordes Nacionais 50m Jun16	1:01.48	Sara Francisco Cruz	ADBA	Faro	20-07-2009
Recordes Nacionais 50m Jun17	1:00.95	Sara Freitas Oliveira	FPN	Berlim (GER)	01-08-2002
Recordes Nacionais 50m Sen	58.76	Sara Freitas Oliveira	FPN	Budapeste (HUN)	12-08-2010

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Sara Freitas Oliveira 50m: 28.74 28.74	85 23045	Porto 100m: 1:01.59 32.85	<b>1:01.59</b>	+0,70	750	9
2.	Mariana Cunha Guerra 50m: 30.18 30.18	98 102764	Columbofila Cantanhedense 100m: 1:05.16 34.98	<b>1:05.16</b>	+0,76	634	7
3.	Sofia Alexandra Branco 50m: 30.65 30.65	98 116596	Sporting 100m: 1:05.39 34.74	<b>1:05.39</b>	+0,83	627	6
4.	Madalena Gomes Azevedo 50m: 30.03 30.03	99 110160	Alges 100m: 1:06.14 36.11	<b>1:06.14</b>	+0,81	606	5
5.	Daniela Teixeira Moreira 50m: 30.78 30.78	97 106460	Amadora 100m: 1:07.09 36.31	<b>1:07.09</b>	+0,74	580	4
6.	Claudia Cristina Leao 50m: 30.90 30.90	96 102069	Gespacos 100m: 1:07.53 36.63	<b>1:07.53</b>	+0,87	569	3
7.	Catarina Tiago Nunes 50m: 30.46 30.46	95 100949	Uniao Piedense 100m: 1:07.57 37.11	<b>1:07.57</b>	+0,81	568	2
8.	Soraia Filipa Sousa 50m: 32.94 32.94	97 117301	GesLoures 100m: 1:11.22 38.28	<b>1:11.22</b>	+0,78	485	1



Prova 55  
19-04-2014 - 11:20

Masc., 100m Mariposa  
2ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	52.42	Diogo Filipe Carvalho	CGA	Lisboa	29-03-2009
Recordes Nacionais 50m Inf B	1:03.64	Fabio Parrilha da Silva	CNAL	S. João da Madeira	22-07-2000
Recordes Nacionais 50m Inf A	1:00.27	Fabio Parrilha da Silva	CNAL	Campanhã	28-07-2001
Recordes Nacionais 50m Juv B	57.58	David Miguel Ferro	SFUAP	Lisboa	31-07-1999
Recordes Nacionais 50m Juv A	56.11	Pedro Diogo Oliveira	CNRM	Lisboa	29-07-2004
Recordes Nacionais 50m Jun17	54.77	Tiago Andre Venancio	CNS	Oeiras	29-07-2004
Recordes Nacionais 50m Jun18	54.66	Diogo Filipe Carvalho	CGA	Lisboa	25-03-2006
Recordes Nacionais 50m Sen	52.42	Diogo Filipe Carvalho	CGA	Lisboa	29-03-2009

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Duarte Rafael Mourao 50m: 26.30 26.30	84 13018	Estrelas S. Joao de Brito 100m: 55.70 29.40	<b>55.70</b>	+0,73	715	17
2.	Pedro Andre Santos 50m: 25.97 25.97	94 15732	Alges 100m: 55.71 29.74	<b>55.71</b>	+0,71	715	15
3.	Ruben Filipe Nunes 50m: 27.30 27.30	94 23302	Gespacos 100m: 56.88 29.58	<b>56.88</b>	+0,85	671	14
4.	Andre Antunes Carvalho 50m: 27.10 27.10	96 105239	Colegio Monte Maior 100m: 57.49 30.39	<b>57.49</b>	+0,80	650	13
5.	Fabio Manuel Pereira 50m: 27.29 27.29	86 23049	Vilacondense 100m: 58.33 31.04	<b>58.33</b>	+0,81	623	12
6.	Miguel Monteiro Diogo 50m: 27.44 27.44	93 10164	Alcobaca 100m: 59.10 31.66	<b>59.10</b>	+0,72	599	11
7.	Tiago Ferreira Azevedo 50m: 27.76 27.76	95 103574	Naval Amorense 100m: 59.72 31.96	<b>59.72</b>	+0,66	580	10
8.	Joao Nuno Pires 50m: 27.99 27.99	94 10866	Academica de Coimbra 100m: 59.80 31.81	<b>59.80</b>	+0,75	578	9
9.	Joao Pedro Neves 50m: 28.86 28.86	93 123836	Leixoes 100m: 1:00.11 31.25	<b>1:00.11</b>	+0,95	569	8
10.	Mauro Filipe Viegas 50m: 28.25 28.25	95 26428	Natacao de Olhao 100m: 1:00.37 32.12	<b>1:00.37</b>	+0,70	562	7
11.	Tiago Martins Boleta 50m: 27.66 27.66	98 107597	Louletano / Loule Concelho 100m: 1:00.63 32.97	<b>1:00.63</b>	+0,77	554	6
12.	Ivo Andre Margarido 50m: 28.02 28.02	88 12552	Benfica 100m: 1:01.06 33.04	<b>1:01.06</b>	+0,74	543	5
13.	Nuno Miguel Graca 50m: 28.66 28.66	98 105631	Desportiva de Viana 100m: 1:01.32 32.66	<b>1:01.32</b>	+0,83	536	4
14.	Andre Coelho Oliveira 50m: 28.72 28.72	96 103443	Vitoria de Guimaraes/Olicargo 100m: 1:01.68 32.96	<b>1:01.68</b>	+0,79	526	3
15.	Diogo Rodrigues Freitas 50m: 28.93 28.93	98 107680	Uniao Piedense 100m: 1:01.95 33.02	<b>1:01.95</b>	+0,82	520	2
16.	Andre Tavares Grenho 50m: 30.63 30.63	99 120605	GesLoures 100m: 1:05.36 34.73	<b>1:05.36</b>	+0,77	442	1

Prova 56  
19-04-2014 - 11:20

Masc., 100m Mariposa  
1ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	52.42	Diogo Filipe Carvalho	CGA	Lisboa	29-03-2009
Recordes Nacionais 50m Inf B	1:03.64	Fabio Parrilha da Silva	CNAL	S. João da Madeira	22-07-2000
Recordes Nacionais 50m Inf A	1:00.27	Fabio Parrilha da Silva	CNAL	Campanhã	28-07-2001
Recordes Nacionais 50m Juv B	57.58	David Miguel Ferro	SFUAP	Lisboa	31-07-1999
Recordes Nacionais 50m Juv A	56.11	Pedro Diogo Oliveira	CNRM	Lisboa	29-07-2004
Recordes Nacionais 50m Jun17	54.77	Tiago Andre Venancio	CNS	Oeiras	29-07-2004
Recordes Nacionais 50m Jun18	54.66	Diogo Filipe Carvalho	CGA	Lisboa	25-03-2006
Recordes Nacionais 50m Sen	52.42	Diogo Filipe Carvalho	CGA	Lisboa	29-03-2009

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Carlos Filipe Santos 50m: 25.64 25.64	91 15694	Porto 100m: 56.81 31.17	<b>56.81</b>	+0,69	674	9
2.	Ricardo Ferreira Cotovio 50m: 26.49 26.49	91 10921	Sporting 100m: 57.78 31.29	<b>57.78</b>	+0,71	641	7
3.	Ricardo Pereira Lopes 50m: 26.33 26.33	90 14831	Amadora 100m: 57.82 31.49	<b>57.82</b>	+0,63	639	6
4.	Ricardo Verissimo Sousa 50m: 27.72 27.72	93 25548	Colegio Vasco da Gama 100m: 58.59 30.87	<b>58.59</b>	+0,70	614	5
5.	Joao Carlos Silva 50m: 27.43 27.43	98 108379	Famalicao 100m: 59.18 31.75	<b>59.18</b>	+0,71	596	4
6.	Francisco Xavier Goncalves 50m: 28.01 28.01	97 26878	Nautico /Urgicentro-Sanfil 100m: 59.96 31.95	<b>59.96</b>	+0,68	573	3
7.	Henrique Jose Marquez 50m: 28.20 28.20	95 13912	Galitos 100m: 1:00.00 31.80	<b>1:00.00</b>	+0,72	572	2
8.	Rodrigo Carlos Albuquerque 50m: 27.55 27.55	97 107565	Braga 100m: 1:00.19 32.64	<b>1:00.19</b>	+0,77	567	1

Prova 57 19-04-2014 - 16:00	Femin., 400m Estilos 2ª Divisão				Absoluto Resultados
Recordes Nacionais 50m Absoluto	4:49.44	Victoria Kaminskaya	FPN	Palma de Mallorca (ESP)	11-04-2014
Recordes Nacionais 50m Inf B	5:14.05	Filipa Vilas Ruivo	DNMG	S. João da Madeira	24-07-2009
Recordes Nacionais 50m Inf A	5:11.29	Diana Ramos Rocha	EDV	Faro	20-07-2007
Recordes Nacionais 50m Juv B	5:01.04	Susana Patricia Miguel	SFUAP	Lisboa	08-07-2004
Recordes Nacionais 50m Juv A	4:58.08	Diana Margarida Duraes	FOCA	Póvoa de Varzim	05-08-2011
Recordes Nacionais 50m Jun16	4:57.84	Victoria Kaminskaya	PIMP	Oeiras	19-02-2011
Recordes Nacionais 50m Jun17	4:52.12	Victoria Kaminskaya	PIMP	Oeiras	27-07-2012
Recordes Nacionais 50m Sen	4:49.44	Victoria Kaminskaya	FPN	Palma de Mallorca (ESP)	11-04-2014

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Victoria Kaminskaya 50m: 30.63 30.63 100m: 1:05.72 35.09	95	102313 Pimpoes/Cimai	<b>4:52.56</b> 150m: 1:43.95 38.23 250m: 3:02.78 41.63 200m: 2:21.15 37.20 300m: 3:44.82 42.04	+0,72	772	34.56 33.18
2.	Ana Catarina Monteiro 50m: 31.10 31.10 100m: 1:05.80 34.70	93	24320 Vilacondense	<b>5:02.99</b> 150m: 1:47.20 41.40 250m: 3:10.84 44.57 200m: 2:26.27 39.07 300m: 3:55.11 44.27	+0,87	695	4:19.38 34.56 4:30.14 35.03 5:02.99 32.85
3.	Filipa Vilas Ruivo 50m: 32.72 32.72 100m: 1:10.27 37.55	97	103568 Nautico Marinha Grande	<b>5:08.69</b> 150m: 1:50.89 40.62 250m: 3:14.55 44.00 200m: 2:30.55 39.66 300m: 3:59.22 44.67	+0,89	657	4:34.52 35.30 5:08.69 34.17
4.	Rita Costa Amador 50m: 32.89 32.89 100m: 1:11.66 38.77	99	105665 Galitos	<b>5:11.98</b> 150m: 1:52.36 40.70 250m: 3:17.03 44.62 200m: 2:32.41 40.05 300m: 4:02.82 45.79	+0,80	636	4:38.16 35.34 5:11.98 33.82
5.	Ana Beatriz Martins 50m: 33.29 33.29 100m: 1:11.47 38.18	99	108375 Famalicao	<b>5:12.92</b> 150m: 1:54.16 42.69 250m: 3:19.67 44.42 200m: 2:35.25 41.09 300m: 4:04.21 44.54	+0,95	631	4:40.10 35.89 5:12.92 32.82
6.	Rita Silva Fernandes 50m: 32.90 32.90 100m: 1:10.29 37.39	96	111206 Colegio Vasco da Gama	<b>5:16.74</b> 150m: 1:53.55 43.26 250m: 3:22.01 46.66 200m: 2:35.35 41.80 300m: 4:08.92 46.91	+0,87	608	4:43.74 34.82 5:16.74 33.00
7.	Julia Matos Lopes 50m: 34.27 34.27 100m: 1:12.04 37.77	94	12490 Nautico /Urgicentro-Sanfil	<b>5:18.43</b> 150m: 1:54.59 42.55 250m: 3:23.64 47.65 200m: 2:35.99 41.40 300m: 4:10.33 46.69	+0,83	599	4:45.20 34.87 5:18.43 33.23
8.	Sofia Prates Silvestre 50m: 31.92 31.92 100m: 1:11.04 39.12	95	121320 Naval Amorense	<b>5:19.08</b> 150m: 1:52.03 40.99 250m: 3:19.87 47.05 200m: 2:32.82 40.79 300m: 4:07.35 47.48	+0,79	595	4:43.42 36.07 5:19.08 35.66
9.	Diana Sofia Silva 50m: 33.83 33.83 100m: 1:13.20 39.37	97	104679 Braga	<b>5:31.24</b> 150m: 1:55.41 42.21 250m: 3:24.24 46.03 200m: 2:38.21 42.80 300m: 4:12.53 48.29	+0,91	532	4:51.61 39.08 5:31.24 39.63
10.	Ines Maria Pereira 50m: 33.97 33.97 100m: 1:12.35 38.38	99	105607 Leixoes	<b>5:32.84</b> 150m: 1:56.94 44.59 250m: 3:27.38 48.21 200m: 2:39.17 42.23 300m: 4:16.26 48.88	+0,92	524	4:54.81 38.55 5:32.84 38.03
11.	Claudia Ferreira Borges 50m: 34.47 34.47 100m: 1:17.11 42.64	99	116591 Benfica	<b>5:34.11</b> 150m: 2:02.43 45.32 250m: 3:31.28 45.34 200m: 2:45.94 43.51 300m: 4:17.17 45.89	+0,77	518	4:56.30 39.13 5:34.11 37.81
12.	Maria Beatriz Dias 50m: 37.49 37.49 100m: 1:20.74 43.25	99	108045 Viver Santarem	<b>5:37.11</b> 150m: 2:04.17 43.43 250m: 3:34.84 48.73 200m: 2:46.11 41.94 300m: 4:23.91 49.07	+0,96	504	5:01.39 37.48 5:37.11 35.72
13.	Ana Margarida Guedes 50m: 31.87 31.87 100m: 1:10.03 38.16	01	109087 Ginasio Vila Real	<b>5:39.62</b> 150m: 1:55.97 45.94 250m: 3:30.09 48.89 200m: 2:41.20 45.23 300m: 4:20.98 50.89	+0,93	493	5:01.50 40.52 5:39.62 38.12
14.	Joana Barros Soares 50m: 35.75 35.75 100m: 1:19.81 44.06	00	120201 Viana Natacao	<b>5:48.46</b> 150m: 2:05.79 45.98 250m: 3:39.31 49.80 200m: 2:49.51 43.72 300m: 4:29.05 49.74	+0,91	457	5:09.68 40.63 5:48.46 38.78

Prova 57, Femin., 400m Estilos, Absoluto

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
15.	Telma Machado Silva	00 110882	Louletano / Loule Concelho	<b>6:04.58</b>	+0,79	399	2
	50m: 36.83 36.83	150m: 2:07.52	46.69	250m: 3:46.80	53.15	350m: 5:22.53	41.13
	100m: 1:20.83 44.00	200m: 2:53.65	46.13	300m: 4:41.40	54.60	400m: 6:04.58	42.05
16.	Maria Carolina Rodrigues	01 121473	Vitoria de Guimaraes/Olicargo	<b>6:05.20</b>	+0,99	397	1
	50m: 37.89 37.89	150m: 2:11.79	47.77	250m: 3:50.42	50.59	350m: 5:25.11	42.21
	100m: 1:24.02 46.13	200m: 2:59.83	48.04	300m: 4:42.90	52.48	400m: 6:05.20	40.09

Prova 58 19-04-2014 - 16:15	Femin., 400m Estilos 1ª Divisão				Absoluto Resultados
Recordes Nacionais 50m Absoluto	4:49.44	Victoria Kaminskaya	FPN	Palma de Mallorca (ESP)	11-04-2014
Recordes Nacionais 50m Inf B	5:14.05	Filipa Vilas Ruivo	DNMG	S. João da Madeira	24-07-2009
Recordes Nacionais 50m Inf A	5:11.29	Diana Ramos Rocha	EDV	Faro	20-07-2007
Recordes Nacionais 50m Juv B	5:01.04	Susana Patricia Miguel	SFUAP	Lisboa	08-07-2004
Recordes Nacionais 50m Juv A	4:58.08	Diana Margarida Duraes	FOCA	Póvoa de Varzim	05-08-2011
Recordes Nacionais 50m Jun16	4:57.84	Victoria Kaminskaya	PIMP	Oeiras	19-02-2011
Recordes Nacionais 50m Jun17	4:52.12	Victoria Kaminskaya	PIMP	Oeiras	27-07-2012
Recordes Nacionais 50m Sen	4:49.44	Victoria Kaminskaya	FPN	Palma de Mallorca (ESP)	11-04-2014

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Diana Margarida Duraes	96	102992 Porto	<b>4:58.26</b>	+0,74	728	17
	50m: 30.73 30.73		150m: 1:45.84 38.85	250m: 3:06.73 42.93		350m: 4:24.63 34.66	
	100m: 1:06.99 36.26		200m: 2:23.80 37.96	300m: 3:49.97 43.24		400m: 4:58.26 33.63	
2.	Nadia Morais Vieira	90	13092 GesLoures	<b>5:03.38</b>	+0,70	692	15
	50m: 31.86 31.86		150m: 1:49.17 40.46	250m: 3:10.52 41.95		350m: 4:28.49 35.69	
	100m: 1:08.71 36.85		200m: 2:28.57 39.40	300m: 3:52.80 42.28		400m: 5:03.38 34.89	
3.	Madalena Gomes Azevedo	99	110160 Alges	<b>5:11.52</b>	+0,87	639	14
	50m: 32.62 32.62		150m: 1:53.13 40.91	250m: 3:17.06 44.66		350m: 4:37.01 34.85	
	100m: 1:12.22 39.60		200m: 2:32.40 39.27	300m: 4:02.16 45.10		400m: 5:11.52 34.51	
4.	Helena Paula Carvalho	95	107307 Uniao Piedense	<b>5:13.51</b>	+0,78	627	13
	50m: 32.61 32.61		150m: 1:51.52 41.08	250m: 3:17.84 45.53		350m: 4:40.28 35.22	
	100m: 1:10.44 37.83		200m: 2:32.31 40.79	300m: 4:05.06 47.22		400m: 5:13.51 33.23	
5.	Carolina Mantua Guedes	98	110539 Sporting	<b>5:15.73</b>	+0,78	614	12
	50m: 31.55 31.55		150m: 1:51.04 41.78	250m: 3:18.85 45.19		350m: 4:40.41 35.27	
	100m: 1:09.26 37.71		200m: 2:33.66 42.62	300m: 4:05.14 46.29		400m: 5:15.73 35.32	
6.	Ines Neto Rocha	01	111313 Gespacos	<b>5:22.08</b>	+0,86	578	11
	50m: 33.22 33.22		150m: 1:53.95 41.81	250m: 3:20.28 46.24		350m: 4:44.13 38.01	
	100m: 1:12.14 38.92		200m: 2:34.04 40.09	300m: 4:06.12 45.84		400m: 5:22.08 37.95	
7.	Lisa Marisa Soares	95	25381 Amadora	<b>5:26.44</b>	+0,81	556	10
	50m: 34.07 34.07		150m: 1:56.67 41.39	250m: 3:25.64 48.12		350m: 4:50.80 37.23	
	100m: 1:15.28 41.21		200m: 2:37.52 40.85	300m: 4:13.57 47.93		400m: 5:26.44 35.64	
8.	Ana Miguel Reis	00	108089 Columbofila Cantanhedense	<b>5:31.41</b>	+0,85	531	9
	50m: 35.09 35.09		150m: 1:58.60 42.43	250m: 3:28.15 48.42		350m: 4:54.74 37.98	
	100m: 1:16.17 41.08		200m: 2:39.73 41.13	300m: 4:16.76 48.61		400m: 5:31.41 36.67	

Prova 59 Masc., 400m Estilos Absoluto  
19-04-2014 - 16:20 2ª Divisão Resultados

Recordes Nacionais 50m Absoluto	4:16.30	Alexis Manacas Santos	FPN	Barcelona (ESP)	04-09-2013
Recordes Nacionais 50m Inf B	4:54.87	Andre Vilas Ruivo	DNMG	S. João da Madeira	12-07-2013
Recordes Nacionais 50m Inf A	4:46.20	Tomas Miguel Freitas	CDN	Póvoa Varzim	23-07-2004
Recordes Nacionais 50m Juv B	4:37.06	Joao Alexandre Vital	FPN	Utrecht (NED)	16-07-2013
Recordes Nacionais 50m Juv A	4:33.24	Diogo Filipe Carvalho	CGA	Lisboa	29-07-2004
Recordes Nacionais 50m Jun17	4:30.51	Carlos Esteves Almeida	CNA	Oeiras	18-03-2005
Recordes Nacionais 50m Jun18	4:26.40	Alexis Manacas Santos	SCP	Coimbra	30-07-2010
Recordes Nacionais 50m Sen	4:16.30	Alexis Manacas Santos	FPN	Barcelona (ESP)	04-08-2013

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Joao Alexandre Vital	98	110165 Colegio Monte Maior	<b>4:37.62</b>	+0,73	677	
	50m: 28.66 28.66	150m: 1:36.09 34.47	250m: 2:50.63 40.31	350m: 4:05.23 32.98			
	100m: 1:01.62 32.96	200m: 2:10.32 34.23	300m: 3:32.25 41.62	400m: 4:37.62 32.98			
2.	Paulo Andre Silva	96	105198 Vilacondense	<b>4:40.09</b>	+0,73	659	
	50m: 29.00 29.00	150m: 1:39.56 36.91	250m: 2:56.80 40.63	350m: 4:09.09 31.60			
	100m: 1:02.65 33.65	200m: 2:16.17 36.61	300m: 3:37.49 40.69	400m: 4:40.09 31.00			
3.	Joao Pedro Gil	97	108343 Naval Amorense	<b>4:40.46</b>	+0,75	657	
	50m: 29.79 29.79	150m: 1:41.93 37.43	250m: 2:59.06 40.17	350m: 4:11.11 30.51			
	100m: 1:04.50 34.71	200m: 2:18.89 36.96	300m: 3:40.60 41.54	400m: 4:40.46 29.35			
4.	Pedro Barros Mendes	94	11195 Academica de Coimbra	<b>4:40.87</b>	+0,78	654	
	50m: 29.70 29.70	150m: 1:38.11 35.50	250m: 2:53.23 40.58	350m: 4:08.44 33.57			
	100m: 1:02.61 32.91	200m: 2:12.65 34.54	300m: 3:34.87 41.64	400m: 4:40.87 32.43			
5.	Ruben Filipe Nunes	94	23302 Gespacos	<b>4:41.86</b>	+0,86	647	
	50m: 29.02 29.02	150m: 1:39.14 37.22	250m: 2:55.45 40.27	350m: 4:09.23 32.89			
	100m: 1:01.92 32.90	200m: 2:15.18 36.04	300m: 3:36.34 40.89	400m: 4:41.86 32.63			
6.	Hugo Pon	98	110164 Alges	<b>4:43.27</b>	+0,78	637	
	50m: 29.88 29.88	150m: 1:43.05 38.35	250m: 2:59.10 38.31	350m: 4:11.57 32.91			
	100m: 1:04.70 34.82	200m: 2:20.79 37.74	300m: 3:38.66 39.56	400m: 4:43.27 31.70			
7.	Afonso Lopes dos Santos	95	14773 Alcobaca	<b>4:47.01</b>	+0,75	613	
	50m: 29.17 29.17	150m: 1:41.41 38.10	250m: 2:59.65 40.83	350m: 4:13.78 33.14			
	100m: 1:03.31 34.14	200m: 2:18.82 37.41	300m: 3:40.64 40.99	400m: 4:47.01 33.23			
8.	Jose Paula Carvalho	98	111450 Uniao Piedense	<b>4:48.46</b>	+0,81	604	
	50m: 29.49 29.49	150m: 1:40.73 37.91	250m: 2:58.71 41.19	350m: 4:15.64 34.01			
	100m: 1:02.82 33.33	200m: 2:17.52 36.79	300m: 3:41.63 42.92	400m: 4:48.46 32.82			
9.	Guilherme Miguel Teixeira	97	105091 Benfica	<b>4:50.97</b>	+0,76	588	
	50m: 29.35 29.35	150m: 1:43.03 38.69	250m: 3:02.27 41.31	350m: 4:18.73 34.48			
	100m: 1:04.34 34.99	200m: 2:20.96 37.93	300m: 3:44.25 41.98	400m: 4:50.97 32.24			
10.	Tiago Martim Alves	97	100789 Desportiva de Viana	<b>4:56.86</b>	+0,89	554	
	50m: 30.59 30.59	150m: 1:45.76 40.03	250m: 3:06.74 41.89	350m: 4:23.47 35.67			
	100m: 1:05.73 35.14	200m: 2:24.85 39.09	300m: 3:47.80 41.06	400m: 4:56.86 33.39			
11.	Vitor Joao Pereira	97	102545 Leixoes	<b>4:57.39</b>	+0,82	551	
	50m: 30.75 30.75	150m: 1:45.29 38.65	250m: 3:06.72 44.20	350m: 4:24.85 33.68			
	100m: 1:06.64 35.89	200m: 2:22.52 37.23	300m: 3:51.17 44.45	400m: 4:57.39 32.54			
12.	Bruno Miguel Martins	93	26891 GesLoures	<b>4:59.87</b>	+0,83	537	
	50m: 30.94 30.94	150m: 1:45.23 38.04	250m: 3:04.33 40.54	350m: 4:23.62 36.13			
	100m: 1:07.19 36.25	200m: 2:23.79 38.56	300m: 3:47.49 43.16	400m: 4:59.87 36.25			
13.	Christophe Pereira Fernandes	91	15955 Vitoria de Guimaraes/Olicargo	<b>5:06.03</b>	+0,80	505	
	50m: 30.97 30.97	150m: 1:46.65 39.17	250m: 3:09.75 44.02	350m: 4:30.92 35.57			
	100m: 1:07.48 36.51	200m: 2:25.73 39.08	300m: 3:55.35 45.60	400m: 5:06.03 35.11			
14.	Andre Sousa Goncalves	97	105368 Natacao de Olhao	<b>5:06.66</b>	+0,89	502	
	50m: 31.46 31.46	150m: 1:47.91 40.10	250m: 3:12.74 45.91	350m: 4:33.29 33.96			
	100m: 1:07.81 36.35	200m: 2:26.83 38.92	300m: 3:59.33 46.59	400m: 5:06.66 33.37			

Prova 59, Masc., 400m Estilos, Absoluto

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
15.	Eduardo Cardoso Lopes	99 107596	Louletano / Loule Concelho	<b>5:08.64</b>	+0,82	493	
	50m: 32.75 32.75	150m: 1:49.93 38.68	250m: 3:13.71 45.91	45.91	350m: 4:34.86 34.99		
	100m: 1:11.25 38.50	200m: 2:27.80 37.87	300m: 3:59.87 46.16	46.16	400m: 5:08.64 33.78		
DSQ	Pedro Diogo Oliveira	88 11531	Estrelas S. Joao de Brito				
	<i>718 - Movimento vertical de pernas durante o percurso - SW 7.5</i>						

Prova 60	Masc., 400m Estilos				Absoluto
19-04-2014 - 16:30	1ª Divisão				Resultados
Recordes Nacionais 50m Absoluto	4:16.30	Alexis Manacas Santos	FPN	Barcelona (ESP)	04-09-2013
Recordes Nacionais 50m Inf B	4:54.87	Andre Vilas Ruivo	DNMG	S. João da Madeira	12-07-2013
Recordes Nacionais 50m Inf A	4:46.20	Tomas Miguel Freitas	CDN	Póvoa Varzim	23-07-2004
Recordes Nacionais 50m Juv B	4:37.06	Joao Alexandre Vital	FPN	Utrecht (NED)	16-07-2013
Recordes Nacionais 50m Juv A	4:33.24	Diogo Filipe Carvalho	CGA	Lisboa	29-07-2004
Recordes Nacionais 50m Jun17	4:30.51	Carlos Esteves Almeida	CNA	Oeiras	18-03-2005
Recordes Nacionais 50m Jun18	4:26.40	Alexis Manacas Santos	SCP	Coimbra	30-07-2010
Recordes Nacionais 50m Sen	4:16.30	Alexis Manacas Santos	FPN	Barcelona (ESP)	04-08-2013

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Pedro Miguel Pinotes	89 26732	Sporting	<b>4:24.53</b>	<b>+0,76</b>	<b>783</b>	
	50m: 28.42 28.42	150m: 1:34.79 33.83	250m: 2:46.23 37.26	350m: 3:54.73 31.10			
	100m: 1:00.96 32.54	200m: 2:08.97 34.18	300m: 3:23.63 37.40	400m: 4:24.53 29.80			
2.	Carlos Esteves Almeida	88 11085	Porto	<b>4:30.01</b>	<b>+0,80</b>	<b>736</b>	
	50m: 28.32 28.32	150m: 1:37.36 36.04	250m: 2:49.55 36.68	350m: 3:58.48 31.97			
	100m: 1:01.32 33.00	200m: 2:12.87 35.51	300m: 3:26.51 36.96	400m: 4:30.01 31.53			
3.	Tomas Miguel Veloso	96 10868	Nautico /Urgicentro-Sanfil	<b>4:35.12</b>	<b>+0,71</b>	<b>696</b>	
	50m: 28.91 28.91	150m: 1:38.85 36.53	250m: 2:51.60 36.87	350m: 4:03.09 33.10			
	100m: 1:02.32 33.41	200m: 2:14.73 35.88	300m: 3:29.99 38.39	400m: 4:35.12 32.03			
4.	Andre Bras Goncalves	88 14767	Amadora	<b>4:39.07</b>	<b>+0,76</b>	<b>667</b>	
	50m: 28.61 28.61	150m: 1:38.92 37.13	250m: 2:55.26 39.88	350m: 4:07.38 32.43			
	100m: 1:01.79 33.18	200m: 2:15.38 36.46	300m: 3:34.95 39.69	400m: 4:39.07 31.69			
5.	Rodrigo Silverio Carmo	96 100588	Colegio Vasco da Gama	<b>4:41.11</b>	<b>+0,66</b>	<b>652</b>	
	50m: 29.74 29.74	150m: 1:41.53 37.41	250m: 2:57.13 38.92	350m: 4:09.54 33.04			
	100m: 1:04.12 34.38	200m: 2:18.21 36.68	300m: 3:36.50 39.37	400m: 4:41.11 31.57			
6.	Ricardo Amorim Rego	84 15954	Braga	<b>4:44.60</b>	<b>+0,81</b>	<b>628</b>	
	50m: 29.21 29.21	150m: 1:40.96 37.75	250m: 2:57.07 38.66	350m: 4:10.60 33.96			
	100m: 1:03.21 34.00	200m: 2:18.41 37.45	300m: 3:36.64 39.57	400m: 4:44.60 34.00			
7.	Rui Pedro Faria	94 15592	Famalicao	<b>4:50.13</b>	<b>+0,92</b>	<b>593</b>	
	50m: 28.45 28.45	150m: 1:41.61 40.31	250m: 3:00.03 40.44	350m: 4:17.07 34.39			
	100m: 1:01.30 32.85	200m: 2:19.59 37.98	300m: 3:42.68 42.65	400m: 4:50.13 33.06			
8.	Pedro Miguel Vieira	98 109367	Galitos	<b>5:18.49</b>	<b>+0,92</b>	<b>448</b>	
	50m: 32.76 32.76	150m: 1:57.41 43.53	250m: 3:21.72 43.86	350m: 4:43.60 37.22			
	100m: 1:13.88 41.12	200m: 2:37.86 40.45	300m: 4:06.38 44.66	400m: 5:18.49 34.89			



Campeonato Nacional Clubes 1ª e 2ª Divisões  
Póvoa de Varzim, 18- - 19-4-2014

Prova 61 19-04-2014 - 16:35	Femin., 100m Livres 2ª Divisão				Absoluto Resultados
Recordes Nacionais 50m Absoluto	56.80	Sara Alexandra Madeira	CNCVG	Barcelona (ESP)	11-06-2008
Recordes Nacionais 50m Inf B	1:02.16	Ines Camacho Fernandes	SCP	S. João da Madeira	25-07-2009
Recordes Nacionais 50m Inf A	59.73	Ines Camacho Fernandes	FPN	Catania (ITA)	20-06-2010
Recordes Nacionais 50m Juv B	59.78	Ines Camacho Fernandes	FPN	Limassol (CYP)	16-04-2011
Recordes Nacionais 50m Juv A	57.75	Maria Carolina Rosa	FPN	Prague (CZE)	08-07-2009
Recordes Nacionais 50m Jun16	58.40	Ana Pinho Rodrigues	AEJ	Coimbra	09-04-2010
Recordes Nacionais 50m Jun17	57.72	Diana Margarida Duraes	FCP	Coimbra	26-05-2013
Recordes Nacionais 50m Sen	56.80	Sara Alexandra Madeira	CNCVG	Barcelona (ESP)	11-06-2008

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Joana Patricia Pinto 50m: 28.09 28.09	94 24790	Ginasio Vila Real 100m: 58.24 30.15	<b>58.24</b>	+0,88	714	17
2.	Ana Ribeiro Ferreira 50m: 29.43 29.43	92 15634	Famalicao 100m: 1:00.40 30.97	<b>1:00.40</b>	+0,89	640	15
3.	Beatriz Barros Carmo 50m: 29.27 29.27	99 107625	Colegio Vasco da Gama 100m: 1:01.60 32.33	<b>1:01.60</b>	+0,72	603	14
4.	Joana Filipa Capela 50m: 29.83 29.83	89 12794	Benfica 100m: 1:01.75 31.92	<b>1:01.75</b>	+0,70	599	13
5.	Carolina Sofia Lopes 50m: 29.23 29.23	96 100753	Louletano / Loule Concelho 100m: 1:02.00 32.77	<b>1:02.00</b>	+0,74	592	12
6.	Ines Jacinto Henriques 50m: 30.25 30.25	00 120220	Pimpoes/Cimai 100m: 1:02.06 31.81	<b>1:02.06</b>	+0,72	590	11
7.	Ana Filipa Gomes 50m: 29.97 29.97	96 107376	Vilacondense 100m: 1:02.20 32.23	<b>1:02.20</b>	+0,83	586	10
8.	Ana Luisa Carvalho 50m: 30.18 30.18	96 24493	Nautico /Urgicentro-Sanfil 100m: 1:02.41 32.23	<b>1:02.41</b>	+0,89	580	9
9.	Marta Ferreira Rocha 50m: 29.98 29.98	99 110558	Leixoes 100m: 1:02.57 32.59	<b>1:02.57</b>	+0,70	576	8
10.	Sara Faria Costa 50m: 29.92 29.92	97 107451	Braga 100m: 1:02.75 32.83	<b>1:02.75</b>	+0,89	571	7
11.	Joana Costa Amador 50m: 30.78 30.78	01 117714	Galitos 100m: 1:03.11 32.33	<b>1:03.11</b>	+0,98	561	6
12.	Barbara Coimbra Teodosio 50m: 30.94 30.94	99 112716	Nautico Marinha Grande 100m: 1:03.16 32.22	<b>1:03.16</b>	+0,91	560	5
13.	Patricia Miguel Mendes 50m: 30.35 30.35	96 25590	Naval Amorense 100m: 1:03.35 33.00	<b>1:03.35</b>	+0,70	555	4
14.	Ana Miguel Pinto 50m: 31.09 31.09	99 107478	Viana Natacao 100m: 1:04.37 33.28	<b>1:04.37</b>	+0,88	529	3
15.	Ana Sofia Alves 50m: 30.57 30.57	95 25757	Vitoria de Guimaraes/Olicargo 100m: 1:05.51 34.94	<b>1:05.51</b>	+1,02	502	2
16.	Mariana Tome Fidalgo 50m: 34.58 34.58	01 124493	Viver Santarem 100m: 1:12.07 37.49	<b>1:12.07</b>	+1,04	377	1

Prova 62  
19-04-2014 - 16:40

Femin., 100m Livres  
1ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	56.80	Sara Alexandra Madeira	CNCVG	Barcelona (ESP)	11-06-2008
Recordes Nacionais 50m Inf B	1:02.16	Ines Camacho Fernandes	SCP	S. João da Madeira	25-07-2009
Recordes Nacionais 50m Inf A	59.73	Ines Camacho Fernandes	FPN	Catania (ITA)	20-06-2010
Recordes Nacionais 50m Juv B	59.78	Ines Camacho Fernandes	FPN	Limassol (CYP)	16-04-2011
Recordes Nacionais 50m Juv A	57.75	Maria Carolina Rosa	FPN	Prague (CZE)	08-07-2009
Recordes Nacionais 50m Jun16	58.40	Ana Pinho Rodrigues	AEJ	Coimbra	09-04-2010
Recordes Nacionais 50m Jun17	57.72	Diana Margarida Duraes	FCP	Coimbra	26-05-2013
Recordes Nacionais 50m Sen	56.80	Sara Alexandra Madeira	CNCVG	Barcelona (ESP)	11-06-2008

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Marta Vieira Marinho 50m: 27.75 27.75	91 15707	Porto 100m: 58.53 30.78	<b>58.53</b>	+0,77	704	17
2.	Ines Camacho Fernandes 50m: 28.44 28.44	97 106821	Sporting 100m: 59.08 30.64	<b>59.08</b>	+0,76	684	15
3.	Raquel Maurile Taveira 50m: 28.52 28.52	95 105392	Alges 100m: 59.63 31.11	<b>59.63</b>	+0,71	665	14
4.	Jessica Teixeira Vieira 50m: 28.63 28.63	91 104235	Amadora 100m: 59.99 31.36	<b>59.99</b>	+0,68	653	13
5.	Soraia Vanessa Ribeiro 50m: 28.88 28.88	92 15857	Gespacos 100m: 1:00.75 31.87	<b>1:00.75</b>	+0,87	629	12
6.	Filipa Carreira Alves 50m: 29.43 29.43	99 118479	Uniao Piedense 100m: 1:01.30 31.87	<b>1:01.30</b>	+0,88	612	11
7.	Maria Malaguerra Costa 50m: 29.65 29.65	98 106765	Columbofila Cantanhedense 100m: 1:01.80 32.15	<b>1:01.80</b>	+0,73	598	10
8.	Barbara Francisco Ferreira 50m: 30.42 30.42	01 125344	GesLoures 100m: 1:03.40 32.98	<b>1:03.40</b>	+0,85	553	9

Prova 63 19-04-2014 - 16:45	Masc., 100m Livres 2ª Divisão				Absoluto Resultados
Recordes Nacionais 50m Absoluto	49.50	Alexandre Escudier Agostinho	FPN	Roma (ITA)	29-07-2009
Recordes Nacionais 50m Inf B	58.47	Joao Magalhaes Nunes	CNA	Rio Maior	22-07-2012
Recordes Nacionais 50m Inf A	55.53	David Miguel Ferro	SFUAP	Campanhã	26-07-1998
Recordes Nacionais 50m Juv B	53.51	Tiago Andre Venancio	CNS	Lisboa	19-05-2002
Recordes Nacionais 50m Juv A	52.10	Tiago Andre Venancio	FPN	Paris (FRA)	28-07-2003
Recordes Nacionais 50m Jun17	49.59	Tiago Andre Venancio	FPN	Oeiras	15-07-2004
Recordes Nacionais 50m Jun18	50.24	Tiago Andre Venancio	CNS	Oeiras	19-03-2005
Recordes Nacionais 50m Sen	49.50	Alexandre Escudier Agostinho	FPN	Roma (ITA)	29-07-2009

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Melako Coker 50m: 25.14 25.14	93 131438	Louletano / Loule Concelho 100m: 52.03 26.89	<b>52.03</b>	+0,71	732	
2.	Gustavo Almeida Madureira 50m: 25.23 25.23	94 10857	Academica de Coimbra 100m: 52.13 26.90	<b>52.13</b>	+0,67	728	
3.	Joao Carlos Santos 50m: 26.87 26.87	96 104253	Naval Amorense 100m: 53.81 26.94	<b>53.81</b>	+0,66	662	
4.	Joao Duarte Santos 50m: 26.24 26.24	95 26430	Estrelas S. Joao de Brito 100m: 53.96 27.72	<b>53.96</b>	+0,76	657	
5.	Andre Goncalo Santos 50m: 26.41 26.41	97 104706	Leixoes 100m: 54.46 28.05	<b>54.46</b>	+0,78	639	
6.	Rafael Lages Ribas 50m: 25.70 25.70	93 12688	Desportiva de Viana 100m: 54.61 28.91	<b>54.61</b>	+0,73	633	
7.	Carlos Flores Clara 50m: 26.70 26.70	97 117120	GesLoures 100m: 54.75 28.05	<b>54.75</b>	+0,86	628	
8.	Andre Rafael Marinho 50m: 26.35 26.35	93 10643	Uniao Piedense 100m: 55.09 28.74	<b>55.09</b>	+0,88	617	
9.	Miguel Monteiro Diogo 50m: 26.42 26.42	93 10164	Alcobaca 100m: 55.28 28.86	<b>55.28</b>	+0,68	611	
10.	Luis David Rodrigues 50m: 26.45 26.45	96 124021	Benfica 100m: 55.43 28.98	<b>55.43</b>	+0,70	606	
11.	Francisco Carvalho Machado 50m: 26.35 26.35	98 111855	Alges 100m: 55.45 29.10	<b>55.45</b>	+0,68	605	
12.	Diogo Carmo Ramos 50m: 26.87 26.87	93 15317	Vilacondense 100m: 56.70 29.83	<b>56.70</b>	+0,73	566	
13.	Antonio Rafael Bessa 50m: 26.95 26.95	94 102089	Gespacos 100m: 56.82 29.87	<b>56.82</b>	+0,79	562	
14.	Tiago Andre Oliveira 50m: 26.96 26.96	99 116986	Vitoria de Guimaraes/Olicargo 100m: 56.86 29.90	<b>56.86</b>	+0,79	561	
15.	Rui Miguel Lopes 50m: 27.87 27.87	94 106253	Natacao de Olhao 100m: 57.57 29.70	<b>57.57</b>	+0,84	541	
DSQ	Nuno Rafael Silva 403 - Falsa partida - SW 4.4	99 117594	Colegio Monte Maior				

Prova 64 19-04-2014 - 16:50	Masc., 100m Livres 1ª Divisão				Absoluto Resultados
Recordes Nacionais 50m Absoluto	49.50	Alexandre Escudier Agostinho	FPN	Roma (ITA)	29-07-2009
Recordes Nacionais 50m Inf B	58.47	Joao Magalhaes Nunes	CNA	Rio Maior	22-07-2012
Recordes Nacionais 50m Inf A	55.53	David Miguel Ferro	SFUAP	Campanhã	26-07-1998
Recordes Nacionais 50m Juv B	53.51	Tiago Andre Venancio	CNS	Lisboa	19-05-2002
Recordes Nacionais 50m Juv A	52.10	Tiago Andre Venancio	FPN	Paris (FRA)	28-07-2003
Recordes Nacionais 50m Jun17	49.59	Tiago Andre Venancio	FPN	Oeiras	15-07-2004
Recordes Nacionais 50m Jun18	50.24	Tiago Andre Venancio	CNS	Oeiras	19-03-2005
Recordes Nacionais 50m Sen	49.50	Alexandre Escudier Agostinho	FPN	Roma (ITA)	29-07-2009

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Luis Emanuel Vaz 50m: 24.85 24.85	91 15628	Famalicao 100m: 51.13 26.28	<b>51.13</b>	+0,77	772	
2.	Mario Alexandre Pereira 50m: 24.58 24.58	92 10767	Nautico /Urgicentro-Sanfil 100m: 51.40 26.82	<b>51.40</b>	+0,69	760	
3.	Paulo Jorge Santos 50m: 24.24 24.24	89 25982	Porto 100m: 52.14 27.90	<b>52.14</b>	+0,67	728	
4.	Ricardo Ferreira Cotovio 50m: 25.33 25.33	91 10921	Sporting 100m: 52.30 26.97	<b>52.30</b>	+0,71	721	
5.	Joao Silva Gigante 50m: 24.75 24.75	88 14783	Amadora 100m: 52.64 27.89	<b>52.64</b>	+0,67	707	
6.	Ricardo Manuel Machado 50m: 25.76 25.76	93 13278	Braga 100m: 53.52 27.76	<b>53.52</b>	+0,77	673	
7.	Goncalo Cardoso Carmo 50m: 25.82 25.82	96 101124	Colegio Vasco da Gama 100m: 54.33 28.51	<b>54.33</b>	+0,65	643	
8.	Andre Martins Palhinha 50m: 28.22 28.22	99 119387	Galitos 100m: 58.76 30.54	<b>58.76</b>	+0,73	508	

Prova 65	Femin., 200m Costas					Absoluto
19-04-2014 - 16:50	2ª Divisão					Resultados
Recordes Nacionais 50m Absoluto	2:15.82	Catia Raquel Martinheira	LDC	Oeiras	09-02-2014	
Recordes Nacionais 50m Inf B	2:33.03	Keissy Joselin Sousa	FCP	Famalicão	27-07-1997	
Recordes Nacionais 50m Inf A	2:24.42	Catia Raquel Martinheira	LDC	Madrid (ESP)	04-07-2008	
Recordes Nacionais 50m Juv B	2:22.61	Joana Carina Silva	LSXXI	Povoa de Varzim	06-02-2011	
Recordes Nacionais 50m Juv A	2:17.38	Joana Carina Silva	LSXXI	Coimbra	05-04-2012	
Recordes Nacionais 50m Jun16	2:17.98	Catia Raquel Martinheira	FPN	Lima (PER)	18-08-2011	
Recordes Nacionais 50m Jun17	2:16.63	Catia Raquel Martinheira	FPN	Cádiz (ESP)	03-03-2012	
Recordes Nacionais 50m Sen	2:15.82	Catia Raquel Martinheira	LDC	Oeiras	09-02-2014	

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Catia Raquel Martinheira 50m: 32.96 32.96	95 25940	Louletano / Loule Concelho	<b>2:20.74</b> 100m: 1:09.22 36.26 150m: 1:45.21 35.99	+0,64	684	17
2.	Ana Sofia Leite 50m: 32.99 32.99	93 24784	Ginasio Vila Real	<b>2:26.38</b> 100m: 1:10.25 37.26 150m: 1:48.27 38.02	+0,71	608	15
3.	Beatriz Neves Craveiro 50m: 34.82 34.82	97 106762	Nautico /Urgicentro-Sanfil	<b>2:27.80</b> 100m: 1:11.94 37.12 150m: 1:49.95 38.01	+0,64	591	14
4.	Andreia Silva Cruz 50m: 34.98 34.98	88 11126	Naval Amorense	<b>2:29.06</b> 100m: 1:11.53 36.55 150m: 1:50.20 38.67	+0,54	576	13
5.	Alexandra Jesus Santos 50m: 34.71 34.71	00 117408	Leixoes	<b>2:30.12</b> 100m: 1:13.07 38.36 150m: 1:52.77 39.70	+0,65	564	12
6.	Monica Seara Domingues 50m: 36.41 36.41	00 110972	Nautico Marinha Grande	<b>2:31.17</b> 100m: 1:14.97 38.56 150m: 1:53.41 38.44	+0,69	552	11
7.	Catarina Alexandra Jardim 50m: 34.46 34.46	98 104449	Famalicao	<b>2:32.04</b> 100m: 1:12.52 38.06 150m: 1:52.38 39.86	+0,64	543	10
8.	Catarina Reis Silva 50m: 36.03 36.03	99 107568	Braga	<b>2:33.89</b> 100m: 1:15.40 39.37 150m: 1:55.04 39.64	+0,69	523	9
9.	Maria Joao Fernandes 50m: 35.63 35.63	97 102092	Vilacondense	<b>2:34.17</b> 100m: 1:14.92 39.29 150m: 1:55.27 40.35	+0,72	521	8
10.	Rita Fernandes Leitao 50m: 35.70 35.70	96 25571	Benfica	<b>2:36.14</b> 100m: 1:14.36 38.66 150m: 1:55.14 40.78	+0,68	501	7
11.	Teresa Isabel Granjeia 50m: 36.34 36.34	01 112368	Galitos	<b>2:37.18</b> 100m: 1:15.43 39.09 150m: 1:56.04 40.61	+0,73	491	6
12.	Carolina Cameira Sousa 50m: 37.59 37.59	99 107550	Viana Natacao	<b>2:41.27</b> 100m: 1:18.29 40.70 150m: 2:00.26 41.97	+0,65	455	5
13.	Mariana Nogueira Machado 50m: 37.34 37.34	98 107626	Colegio Vasco da Gama	<b>2:43.57</b> 100m: 1:20.35 43.01 150m: 2:02.70 42.35	+0,63	436	4
14.	Leonor Castanheira Pedras 50m: 38.23 38.23	99 117229	Pimpoes/Cimai	<b>2:44.01</b> 100m: 1:19.34 41.11 150m: 2:01.89 42.55	+0,72	432	3
15.	Carolina Isabel Machado 50m: 39.25 39.25	00 111445	Vitoria de Guimaraes/Olicargo	<b>2:50.24</b> 100m: 1:22.21 42.96 150m: 2:07.05 44.84	+0,81	386	2
16.	Marta Isabel Silva 50m: 42.32 42.32	00 121696	Viver Santarem	<b>3:03.08</b> 100m: 1:29.00 46.68 150m: 2:16.53 47.53	+0,75	311	1

Prova 66 19-04-2014 - 16:55	Femin., 200m Costas 1ª Divisão					Absoluto Resultados
Recordes Nacionais 50m Absoluto	2:15.82	Catia Raquel Martinheira	LDC	Oeiras		09-02-2014
Recordes Nacionais 50m Inf B	2:33.03	Keissy Joselin Sousa	FCP	Famalicão		27-07-1997
Recordes Nacionais 50m Inf A	2:24.42	Catia Raquel Martinheira	LDC	Madrid (ESP)		04-07-2008
Recordes Nacionais 50m Juv B	2:22.61	Joana Carina Silva	LSXXI	Povoa de Varzim		06-02-2011
Recordes Nacionais 50m Juv A	2:17.38	Joana Carina Silva	LSXXI	Coimbra		05-04-2012
Recordes Nacionais 50m Jun16	2:17.98	Catia Raquel Martinheira	FPN	Lima (PER)		18-08-2011
Recordes Nacionais 50m Jun17	2:16.63	Catia Raquel Martinheira	FPN	Cádiz (ESP)		03-03-2012
Recordes Nacionais 50m Sen	2:15.82	Catia Raquel Martinheira	LDC	Oeiras		09-02-2014

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Francisca Gomes Azevedo	97 100356	Alges	<b>2:20.30</b>	+0,88	691	17
	50m: 32.60 32.60	100m: 1:07.53 34.93	150m: 1:43.77 36.24	200m: 2:20.30 36.53			
2.	Marta Pereira Abreu	92 23091	Porto	<b>2:23.52</b>	+0,78	645	15
	50m: 33.46 33.46	100m: 1:08.65 35.19	150m: 1:46.13 37.48	200m: 2:23.52 37.39			
3.	Mafalda Gomes Beleza	94 26890	Sporting	<b>2:24.96</b>	+0,73	626	14
	50m: 33.44 33.44	100m: 1:09.73 36.29	150m: 1:47.81 38.08	200m: 2:24.96 37.15			
4.	Ana Marta Miranda	96 100377	Uniao Piedense	<b>2:25.06</b>	+0,60	625	13
	50m: 33.15 33.15	100m: 1:09.43 36.28	150m: 1:47.34 37.91	200m: 2:25.06 37.72			
5.	Ana Rita Martins	96 106475	Amadora	<b>2:28.46</b>	+0,74	583	12
	50m: 33.86 33.86	100m: 1:10.69 36.83	150m: 1:49.71 39.02	200m: 2:28.46 38.75			
6.	Paula Cristina Yang	95 100229	GesLoures	<b>2:30.38</b>	+0,67	561	11
	50m: 34.35 34.35	100m: 1:12.15 37.80	150m: 1:50.69 38.54	200m: 2:30.38 39.69			
7.	Ines Neto Rocha	01 111313	Gespacos	<b>2:33.44</b>	+0,75	528	10
	50m: 35.37 35.37	100m: 1:14.60 39.23	150m: 1:54.23 39.63	200m: 2:33.44 39.21			
8.	Ana Miguel Reis	00 108089	Columbofila Cantanhedense	<b>2:36.71</b>	+0,77	496	9
	50m: 36.14 36.14	100m: 1:15.87 39.73	150m: 1:56.30 40.43	200m: 2:36.71 40.41			

Prova 67  
19-04-2014 - 17:00

Masc., 200m Costas  
2ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	1:58.83	Pedro Diogo Oliveira	FPN	Londres (GBR)	01-08-2012
Recordes Nacionais 50m Inf B	2:20.07	Andre Vilas Ruivo	DNMG	S. João da Madeira	13-07-2013
Recordes Nacionais 50m Inf A	2:14.56	Alexandre Lages Ribas	EDV	Lisboa	23-07-2011
Recordes Nacionais 50m Juv B	2:06.44	Joao Alexandre Vital	FPN	Utrecht (NED)	17-07-2013
Recordes Nacionais 50m Juv A	2:06.92	Pedro Diogo Oliveira	CNRM	Lisboa	30-07-2004
Recordes Nacionais 50m Jun17	2:03.06	Pedro Diogo Oliveira	FPN	Budapeste (HUN)	15-07-2005
Recordes Nacionais 50m Jun18	2:02.21	Pedro Diogo Oliveira	CNRM	Coimbra	28-07-2006
Recordes Nacionais 50m Sen	1:59.72	Pedro Diogo Oliveira	FPN	Debrecen (HUN)	25-05-2012

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Nathan Keith Theodoris 50m: 29.67 29.67	95 26389	Louletano / Loule Concelho	<b>2:03.72</b> 31.80	+0,59	740	30.79
2.	Pedro Diogo Oliveira 50m: 29.20 29.20	88 11531	Estrelas S. Joao de Brito	<b>2:07.80</b> 33.24	+0,73	671	32.54
3.	Rodrigo Antonio Rosa 50m: 30.22 30.22	96 105214	Colegio Monte Maior	<b>2:09.05</b> 33.04	+0,66	652	32.73
4.	Tiago Ferreira Azevedo 50m: 31.08 31.08	95 103574	Naval Amorense	<b>2:10.53</b> 32.95	+0,73	630	32.81
5.	Alexandre Lages Ribas 50m: 30.40 30.40	97 24582	Desportiva de Viana	<b>2:12.00</b> 34.35	+0,75	609	34.04
6.	Pedro Barros Mendes 50m: 31.49 31.49	94 11195	Academica de Coimbra	<b>2:14.05</b> 34.62	+0,70	581	33.89
7.	Tiago Barros Ferreira 50m: 31.63 31.63	94 16003	Alges	<b>2:14.15</b> 33.80	+0,77	580	34.12
8.	Joao Mota Correia 50m: 30.90 30.90	97 102308	Alcobaca	<b>2:15.41</b> 35.00	+0,79	564	34.97
9.	Miguel Nunes Goncalves 50m: 31.90 31.90	97 100355	Uniao Piedense	<b>2:16.47</b> 35.33	+0,67	551	34.75
10.	Pedro Ferraz Silva 50m: 32.96 32.96	98 104441	Gespacos	<b>2:19.28</b> 35.84	+0,64	518	35.38
11.	Pedro Lobato Rijo 50m: 33.30 33.30	91 13025	GesLoures	<b>2:21.25</b> 36.82	+0,72	497	34.91
12.	Pedro Luis Antunes 50m: 33.03 33.03	96 106050	Benfica	<b>2:21.61</b> 37.61	+0,77	493	35.04
13.	Igor Guterres Carvalho 50m: 31.92 31.92	88 23057	Vilacondense	<b>2:22.83</b> 36.45	+0,78	481	38.99
14.	Diogo Halla 50m: 31.73 31.73	95 131148	Leixoes	<b>2:23.12</b> 37.47	+0,59	478	38.43
15.	Pedro Miguel Fernandes 50m: 33.06 33.06	99 110494	Vitoria de Guimaraes/Olicargo	<b>2:26.45</b> 38.05	+0,70	446	38.05
16.	Joao Eduardo Ilha 50m: 37.03 37.03	98 109749	Natacao de Olhao	<b>2:39.66</b> 42.48	+0,71	344	38.53

Prova 68 Masc., 200m Costas Absoluto  
19-04-2014 - 17:10 1ª Divisão Resultados

Recordes Nacionais 50m Absoluto	1:58.83	Pedro Diogo Oliveira	FPN	Londres (GBR)	01-08-2012
Recordes Nacionais 50m Inf B	2:20.07	Andre Vilas Ruivo	DNMG	S. João da Madeira	13-07-2013
Recordes Nacionais 50m Inf A	2:14.56	Alexandre Lages Ribas	EDV	Lisboa	23-07-2011
Recordes Nacionais 50m Juv B	2:06.44	Joao Alexandre Vital	FPN	Utrecht (NED)	17-07-2013
Recordes Nacionais 50m Juv A	2:06.92	Pedro Diogo Oliveira	CNRM	Lisboa	30-07-2004
Recordes Nacionais 50m Jun17	2:03.06	Pedro Diogo Oliveira	FPN	Budapeste (HUN)	15-07-2005
Recordes Nacionais 50m Jun18	2:02.21	Pedro Diogo Oliveira	CNRM	Coimbra	28-07-2006
Recordes Nacionais 50m Sen	1:59.72	Pedro Diogo Oliveira	FPN	Debrecen (HUN)	25-05-2012

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Alexis Manacas Santos	92 13704	Sporting	<b>2:05.98</b>	+0,61	701	
	50m: 29.27 29.27	100m: 1:01.63 32.36	150m: 1:34.88 33.25	200m: 2:05.98 31.10			
2.	Diogo Gomes Sousa	95 25455	Colegio Vasco da Gama	<b>2:07.08</b>	+0,68	683	
	50m: 29.93 29.93	100m: 1:02.94 33.01	150m: 1:35.28 32.34	200m: 2:07.08 31.80			
3.	Adriano Miguel Niz	86 23013	Famalicao	<b>2:07.29</b>	+1,29	679	
	50m: 30.51 30.51	100m: 1:03.11 32.60	150m: 1:35.85 32.74	200m: 2:07.29 31.44			
4.	Andre Duarte Vaz	93 10768	Nautico /Urgicentro-Sanfil	<b>2:07.98</b>	+0,71	668	
	50m: 30.25 30.25	100m: 1:03.15 32.90	150m: 1:35.81 32.66	200m: 2:07.98 32.17			
5.	Edgar Oliveira Ribeiro	93 13277	Braga	<b>2:12.22</b>	+0,70	606	
	50m: 30.39 30.39	100m: 1:04.49 34.10	150m: 1:38.64 34.15	200m: 2:12.22 33.58			
6.	Rodrigo Pereira Lopes	95 26077	Amadora	<b>2:14.38</b>	+0,66	577	
	50m: 30.33 30.33	100m: 1:03.10 32.77	150m: 1:37.62 34.52	200m: 2:14.38 36.76			
7.	Leonardo Cardoso Figueiredo	96 105612	Porto	<b>2:14.88</b>	+0,54	571	
	50m: 31.20 31.20	100m: 1:05.58 34.38	150m: 1:41.25 35.67	200m: 2:14.88 33.63			
8.	Joao Carlos Paula	94 13992	Galitos	<b>2:16.67</b>	+0,74	549	
	50m: 30.76 30.76	100m: 1:04.61 33.85	150m: 1:39.87 35.26	200m: 2:16.67 36.80			



Prova 69  
19-04-2014 - 17:10

Femin., 50m Bruços  
2ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	31.60	Joana Catarina Carvalho	FCP	Coimbra	30-05-2009
Recordes Nacionais 50m Jun16	31.92	Ana Pinho Rodrigues	FPN	Gorzow Wlwp (POL)	28-03-2010
Recordes Nacionais 50m Jun17	31.60	Joana Catarina Carvalho	FCP	Coimbra	30-05-2009
Recordes Nacionais 50m Sen	31.88	Ana Marisa Brito	SLB	Coimbra	30-05-2009

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ana Marisa Brito	90 12800	Benfica	<b>34.73</b>	+0,74	611	17
2.	Isabel Maria Figueira	79 11424	Louletano / Loule Concelho	<b>35.00</b>	+0,91	597	15
3.	Ana Carolina Guedes	93 104190	Ginasio Vila Real	<b>35.35</b>	+0,77	579	14
4.	Rita Maria Cardoso	98 105877	Leixoes	<b>35.71</b>	+0,83	562	13
5.	Rita Catarina Miranda	97 107566	Braga	<b>35.90</b>	+0,88	553	12
6.	Ana Filipa Gomes	96 107376	Vilacondense	<b>36.12</b>	+0,79	543	11
7.	Mariana Dias Almeida	93 22405	Famalicao	<b>36.23</b>	+0,72	538	10
8.	Carlota Santos Silva	00 117491	Nautico /Urgicentro-Sanfil	<b>37.22</b>	+0,83	496	9
9.	Ana Ferreira Costa	02 123876	Nautico Marinha Grande	<b>38.48</b>	+0,68	449	8
10.	Rita Galvao Pereira	99 121922	Vitoria de Guimaraes/Olicargo	<b>38.96</b>	+0,85	433	7
11.	Soraia Guerra Rolim	95 121321	Naval Amorense	<b>38.97</b>	+0,86	432	6
12.	Ana Sofia Ferreira	99 109040	Pimpoes/Cimai	<b>39.59</b>	+0,91	412	5
13.	Marta Novais Soares	87 12463	Viana Natacao	<b>40.62</b>	+0,88	382	4
14.	Patricia Cabral Monteiro	99 117473	Galitos	<b>41.38</b>	+0,88	361	3
15.	Ana Rita Carvalho	01 122146	Viver Santarem	<b>42.75</b>	+0,93	327	2
16.	Ines Risso Fernandes	00 121940	Colegio Vasco da Gama	<b>43.44</b>	+0,90	312	1

Prova 70  
19-04-2014 - 17:15

Femin., 50m Bruços  
1ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	31.60	Joana Catarina Carvalho	FCP	Coimbra	30-05-2009
Recordes Nacionais 50m Jun16	31.92	Ana Pinho Rodrigues	FPN	Gorzow Wlwp (POL)	28-03-2010
Recordes Nacionais 50m Jun17	31.60	Joana Catarina Carvalho	FCP	Coimbra	30-05-2009
Recordes Nacionais 50m Sen	31.88	Ana Marisa Brito	SLB	Coimbra	30-05-2009

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ana Pinho Rodrigues	94 13372	Porto	<b>32.58</b>	+0,71	740	17
2.	Diana Patricia Ferreira	94 23500	Gespacos	<b>34.54</b>	+0,89	621	15
3.	Ana Teresa Franco	91 11349	Sporting	<b>34.85</b>	+0,77	605	14
4.	Ana Beatriz Marques	98 110159	Alges	<b>34.92</b>	+0,79	601	13
5.	Joana Dias Santos	96 100397	Uniao Piedense	<b>36.45</b>	+0,86	529	12
6.	Ines Raquel Estevao	95 100230	GesLoures	<b>36.52</b>	+0,75	526	11
7.	Rita Goncalves Passinhas	99 111431	Amadora	<b>37.46</b>	+0,74	487	10
8.	Tatiana Sofia Ferreira	01 124204	Columbofila Cantanhedense	<b>41.49</b>	+0,85	358	9

Prova 71  
19-04-2014 - 17:15

Masc., 50m Bruços  
2ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	28.16	Carlos Esteves Almeida	FPN	Barcelona (ESP)	30-07-2013
Recordes Nacionais 50m Jun17	29.10	Pedro Miguel Agostinho	FPN	Praga (CZE)	10-07-2009
Recordes Nacionais 50m Jun18	29.07	Bruno Miguel Ramos	FPN	Linz (AUT)	13-07-2002
Recordes Nacionais 50m Sen	28.16	Carlos Esteves Almeida	FPN	Barcelona (ESP)	30-07-2013

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Bruno Daniel Monteiro	88 26069	Leixoes	<b>30.27</b>	+0,77	683	
2.	Henrique Pereira Neiva	84 23019	Vilacondense	<b>30.64</b>	+0,77	659	
3.	Nuno Andre Fernandes	89 16073	Benfica	<b>30.67</b>	+0,80	657	
4.	Pedro Miguel Silva	94 100227	Colegio Monte Maior	<b>30.84</b>	+0,73	646	
5.	Joao Claudio Sousa	93 23458	Gespacos	<b>31.01</b>	+0,79	636	
6.	Joao Filipe Costa	96 25569	Alges	<b>31.23</b>	+0,68	622	
7.	Hugo Cascais Rodrigues	89 12640	Louletano / Loule Concelho	<b>31.47</b>		608	
	Diogo Miguel Silva	95 104780	Uniao Piedense	<b>31.47</b>	+0,73	608	
9.	Diogo Manuel Rodrigues	94 15338	Vitoria de Guimaraes/Olicargo	<b>31.65</b>	+0,79	598	
10.	Pedro Miguel Ribeiro	95 24665	GesLoures	<b>31.68</b>	+0,74	596	
11.	Renato Mendes Pinheiro	94 16071	Desportiva de Viana	<b>31.74</b>	+0,74	593	
12.	Rafael Lourenco Gil	96 105234	Naval Amorense	<b>31.91</b>	+0,75	583	
13.	Thiago Duarte Goncalves	89 12543	Estrelas S. Joao de Brito	<b>32.01</b>	+0,81	578	
14.	Joao Filipe Lucas	94 26879	Academica de Coimbra	<b>32.21</b>	+0,76	567	
15.	Bruno Manuel Viegas	91 26429	Natacao de Olhao	<b>32.66</b>	+0,77	544	
16.	Nuno Miguel Feliciano	95 24775	Alcobaca	<b>33.28</b>	+0,64	514	

Prova 72  
19-04-2014 - 17:20

Masc., 50m Bruços  
1ª Divisão

Absoluto  
Resultados

Recordes Nacionais 50m Absoluto	28.16	Carlos Esteves Almeida	FPN	Barcelona (ESP)	30-07-2013
Recordes Nacionais 50m Jun17	29.10	Pedro Miguel Agostinho	FPN	Praga (CZE)	10-07-2009
Recordes Nacionais 50m Jun18	29.07	Bruno Miguel Ramos	FPN	Linz (AUT)	13-07-2002
Recordes Nacionais 50m Sen	28.16	Carlos Esteves Almeida	FPN	Barcelona (ESP)	30-07-2013

Pontos: FINA 2014

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Nuno Goncalo Quintanilha	87 12902	Colegio Vasco da Gama	<b>29.58</b>	+0,69	732	
2.	Gil Goncalves Pinto	88 26051	Porto	<b>29.73</b>	+0,65	721	
3.	Joao Silva Gigante	88 14783	Amadora	<b>30.31</b>	+0,63	681	
4.	Miguel Monteiro Cruchinho	97 110442	Sporting	<b>30.50</b>	+0,67	668	
5.	Nuno Duraõ Pascoal	92 12560	Galitos	<b>30.68</b>	+0,70	656	
6.	Miguel Silva Oliveira	91 10822	Nautico /Urgicentro-Sanfil	<b>30.95</b>		639	
7.	Luis Manuel Fernandes	95 15589	Famalicao	<b>30.97</b>	+0,63	638	
8.	Mario Jorge Veloso	98 112051	Braga	<b>32.04</b>	+0,83	576	

Prova 73 19-04-2014 - 17:30	Femin., 4 x 200m Livres 2ª Divisão				Absoluto Resultados
Recordes Nacionais 50m Absoluto	8:27.04	Futebol Clube do Porto/Dolce Vita	FCP	Rio Maior	01-04-2011
Recordes Nacionais 50m Inf B	9:28.03	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Porto	23-07-2010
Recordes Nacionais 50m Inf	9:07.81	tempo limite		Lisboa	22-07-2011
Recordes Nacionais 50m Inf A	9:07.81	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Lisboa	22-07-2011
Recordes Nacionais 50m Juv B	9:01.51	Sporting Clube de Portugal	SCP	Oeiras	26-07-2012
Recordes Nacionais 50m Juv	9:01.51	tempo limite			
Recordes Nacionais 50m Juv A	9:01.51	tempo limite			
Recordes Nacionais 50m Jun	8:39.85	Sporting Clube de Portugal	SCP	Coimbra	09-04-2010
Recordes Nacionais 50m Sen	8:27.04	Futebol Clube do Porto/Dolce Vita	FCP	Rio Maior	01-04-2011

Pontos: FINA 2014

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.		<b>Nautico /Urgicentro-Sanfil</b>	<b>8:54.28</b>	<b>+0,80</b>	<b>646</b>	<b>17</b>
	00	+0,80 31.36 1:05.99	1:41.02	2:15.92	2:15.92	
	96	+0,33 30.22 1:03.79	1:38.95	2:14.27	2:14.27	
	97	+0,36 30.52 1:04.35	1:39.17	2:13.71	2:13.71	
	94	+0,29 30.29 1:03.52	1:37.24	2:10.38	2:10.38	
2.		<b>Nautico Marinha Grande</b>	<b>8:55.74</b>	<b>+0,80</b>	<b>641</b>	<b>15</b>
	96	+0,80 30.77 1:04.12	1:38.79	2:13.77	2:13.77	
	97	+0,45 29.68 1:02.27	1:35.54	2:08.40	2:08.40	
	00	+0,71 31.44 1:06.41	1:42.32	2:17.80	2:17.80	
	99	+0,55 31.28 1:06.42	1:42.26	2:15.77	2:15.77	
3.		<b>Famalicao</b>	<b>8:56.55</b>	<b>+0,90</b>	<b>638</b>	<b>14</b>
	92	+0,90 30.73 1:03.95	1:37.68	2:12.13	2:12.13	
	99	+0,61 30.72 1:05.04	1:40.18	2:14.10	2:14.10	
	98	+0,57 30.65 1:04.54	1:39.53	2:14.15	2:14.15	
	98	+0,67 31.18 1:05.59	1:40.71	2:16.17	2:16.17	
4.		<b>Ginasio Vila Real</b>	<b>8:59.16</b>	<b>+0,84</b>	<b>629</b>	<b>13</b>
	90	+0,84 30.36 1:03.38	1:37.47	2:10.87	2:10.87	
	94	+0,68 29.36 1:02.55	1:37.63	2:13.44	2:13.44	
	01	+0,67 31.00 1:07.71	1:46.30	2:22.31	2:22.31	
	93	+0,47 29.97 1:03.65	1:38.61	2:12.54	2:12.54	
5.		<b>Vilacondense</b>	<b>9:02.18</b>	<b>+0,78</b>	<b>619</b>	<b>12</b>
	97	+0,78 31.40 1:06.11	1:40.82	2:15.70	2:15.70	
	93	+0,32 30.14 1:02.54	1:36.23	2:08.55	2:08.55	
	96	+0,62 31.49 1:07.21	1:42.69	2:17.71	2:17.71	
	95	+0,53 31.55 1:05.88	1:42.83	2:20.22	2:20.22	
6.		<b>Braga</b>	<b>9:02.87</b>	<b>+0,85</b>	<b>616</b>	<b>11</b>
	99	+0,85 30.07 1:02.40	1:35.92	2:08.74	2:08.74	
	97	+0,32 29.75 1:04.38	1:41.08	2:18.55	2:18.55	
	93	+0,28 31.12 1:06.41	1:43.43	2:19.59	2:19.59	
	96	+0,15 29.92 1:04.44	1:40.65	2:15.99	2:15.99	
7.		<b>Colegio Vasco da Gama</b>	<b>9:05.17</b>	<b>+0,85</b>	<b>608</b>	<b>10</b>
	96	+0,85 31.91 1:05.04	1:39.11	2:12.24	2:12.24	
	91	+0,39 31.00 1:05.27	1:39.94	2:13.74	2:13.74	
	99	+0,36 30.74 1:05.97	1:41.54	2:16.36	2:16.36	
	93	+0,25 32.22 1:08.39	1:45.76	2:22.83	2:22.83	
8.		<b>Naval Amorense</b>	<b>9:06.33</b>	<b>+0,91</b>	<b>605</b>	<b>9</b>
	98	+0,91 30.67 1:04.73	1:41.65	2:18.64	2:18.64	
	96	+0,51 31.09 1:06.27	1:43.47	2:20.93	2:20.93	
	95	+0,25 29.22 1:02.03	1:36.38	2:10.85	2:10.85	
	96	+0,41 30.58 1:05.19	1:41.04	2:15.91	2:15.91	
9.		<b>Galitos</b>	<b>9:11.57</b>	<b>+0,77</b>	<b>587</b>	<b>8</b>
	99	+0,77 30.97 1:05.31	1:41.20	2:17.46	2:17.46	
	01	+0,64 31.46 1:05.97	1:42.17	2:17.11	2:17.11	
	00	+0,86 32.17 1:07.91	1:46.34	2:24.85	2:24.85	
	96	+0,43 30.60 1:03.85	1:38.44	2:12.15	2:12.15	

Prova 73, Femin., 4 x 200m Livres, Absoluto

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
10.		<b>Pimpoes/Cimai</b>	<b>9:13.47</b>	<b>+0,75</b>	<b>581</b>	<b>7</b>
	95	+0,75 30.24	1:03.31	1:36.35	2:09.03	2:09.03
	99	+0,52 33.05	1:10.29	1:48.68	2:26.97	2:26.97
	96	+0,41 32.71	1:09.68	1:46.88	2:24.00	2:24.00
	00	+0,39 30.50	1:04.53	1:39.35	2:13.47	2:13.47
11.		<b>Leixoes</b>	<b>9:14.90</b>	<b>+0,78</b>	<b>577</b>	<b>6</b>
	90	+0,78 30.02	1:03.15	1:37.23	2:11.54	2:11.54
	00	+0,78 32.15	1:08.33	1:45.73	2:21.15	2:21.15
	99	+0,52 31.69	1:07.35	1:44.69	2:22.03	2:22.03
	99	+0,40 30.59	1:05.73	1:43.69	2:20.18	2:20.18
12.		<b>Louletano / Loule Concelho</b>	<b>9:20.65</b>	<b>+0,76</b>	<b>559</b>	<b>5</b>
	95	+0,76 30.44	1:03.75	1:37.94	2:11.40	2:11.40
	79	+0,63 33.43	1:09.45	1:46.86	2:21.92	2:21.92
	96	+0,42 30.74	1:06.48	1:45.30	2:25.68	2:25.68
	00	+0,76 32.50	1:08.15	1:45.55	2:21.65	2:21.65
13.		<b>Benfica</b>	<b>9:24.58</b>	<b>+0,79</b>	<b>548</b>	<b>4</b>
	95	+0,79 32.13	1:08.30	1:46.54	2:24.48	2:24.48
	94	+0,37 31.48	1:07.70	1:46.13	2:24.34	2:24.34
	96	+0,41 30.76	1:06.79	1:44.08	2:20.17	2:20.17
	89	+0,38 30.21	1:03.93	1:39.53	2:15.59	2:15.59
14.		<b>Viana Natacao</b>	<b>9:44.14</b>	<b>+0,90</b>	<b>494</b>	<b>3</b>
	99	+0,90 32.21	1:07.72	1:44.96	2:21.39	2:21.39
	97	+0,75 32.84	1:10.44	1:48.22	2:25.21	2:25.21
	00	+0,93 35.25	1:14.83	1:54.95	2:33.47	2:33.47
	99	+0,63 32.80	1:09.31	1:47.26	2:24.07	2:24.07
15.		<b>Viver Santarem</b>	<b>10:02.78</b>	<b>+0,85</b>	<b>450</b>	<b>2</b>
	99	+0,85 32.97	1:08.42	1:45.74	2:22.47	2:22.47
	99	+0,56 35.28	1:14.54	1:55.60	2:36.28	2:36.28
	00	+0,45 32.51	1:09.16	1:47.18	2:25.18	2:25.18
	00	+0,74 35.80	1:15.77	1:57.48	2:38.85	2:38.85
16.		<b>Vitoria de Guimaraes/Olicargo</b>	<b>10:05.16</b>	<b>+0,97</b>	<b>445</b>	<b>1</b>
	98	+0,97 33.56	1:11.12	1:50.57	2:30.46	2:30.46
	02	+0,49 35.36	1:17.74	1:59.67	2:39.89	2:39.89
	95	+0,50 31.22	1:07.29	1:45.01	2:24.84	2:24.84
	00	+0,31 32.19	1:10.00	1:50.70	2:29.97	2:29.97

Prova 74	Femin., 4 x 200m Livres				Absoluto
19-04-2014 - 17:40	1ª Divisão				Resultados
Recordes Nacionais 50m Absoluto	8:27.04	Futebol Clube do Porto/Dolce Vita	FCP	Rio Maior	01-04-2011
Recordes Nacionais 50m Inf B	9:28.03	Grupo Desp. Natacao V. N. FamalicGDNVNF		Porto	23-07-2010
Recordes Nacionais 50m Inf	9:07.81	tempo limite		Lisboa	22-07-2011
Recordes Nacionais 50m Inf A	9:07.81	Grupo Desp. Natacao V. N. FamalicGDNVNF		Lisboa	22-07-2011
Recordes Nacionais 50m Juv B	9:01.51	Sporting Clube de Portugal	SCP	Oeiras	26-07-2012
Recordes Nacionais 50m Juv	9:01.51	tempo limite			
Recordes Nacionais 50m Juv A	9:01.51	tempo limite			
Recordes Nacionais 50m Jun	8:39.85	Sporting Clube de Portugal	SCP	Coimbra	09-04-2010
Recordes Nacionais 50m Sen	8:27.04	Futebol Clube do Porto/Dolce Vita	FCP	Rio Maior	01-04-2011

Pontos: FINA 2014

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1. Porto		Porto	<b>8:38.54</b>	<b>+0,80</b>	<b>707</b>	<b>17</b>
	00	+0,80 30.74	1:04.08	1:37.52	2:10.73	
	95	+0,47 29.67	1:01.90	1:35.20	2:08.45	
	97	+0,48 29.11	1:01.88	1:36.27	2:10.78	
	93	+0,37 28.77	1:00.72	1:34.58	2:08.58	
2. Sporting		Sporting	<b>8:43.52</b>	<b>+0,77</b>	<b>687</b>	<b>15</b>
	97	+0,77 30.12	1:02.82	1:35.66	2:07.78	
	94	+0,36 31.34	1:04.72	1:38.47	2:12.45	
	98	+0,46 29.32	1:03.22	1:38.39	2:13.09	
	94	+0,95 29.52	1:02.03	1:36.29	2:10.20	
3. Alges		Alges	<b>8:44.55</b>	<b>+0,82</b>	<b>683</b>	<b>14</b>
	98	+0,82 29.70	1:02.74	1:36.06	2:09.52	
	97	+0,36 30.00	1:03.21	1:37.21	2:11.81	
	97	+0,28 30.28	1:04.23	1:38.69	2:12.74	
	97	+0,30 29.09	1:02.75	1:37.49	2:10.48	
4. Uniao Piedense		Uniao Piedense	<b>8:51.73</b>	<b>+0,80</b>	<b>656</b>	<b>13</b>
	95	+0,80 30.85	1:04.93	1:40.13	2:14.03	
	95	+0,68 30.38	1:03.45	1:38.29	2:13.67	
	98	+0,22 29.53	1:02.77	1:37.88	2:12.31	
	96	+0,64 29.94	1:03.08	1:37.47	2:11.72	
5. Columbofila Cantanhedense		Columbofila Cantanhedense	<b>8:54.33</b>	<b>+0,77</b>	<b>646</b>	<b>12</b>
	96	+0,77 30.72	1:03.77	1:37.70	2:10.37	
	98	+0,49 30.25	1:03.62	1:39.45	2:15.60	
	01	+0,48 31.36	1:06.59	1:42.73	2:18.30	
	98	+0,45 29.04	1:01.75	1:35.84	2:10.06	
6. Amadora		Amadora	<b>8:57.48</b>	<b>+0,72</b>	<b>635</b>	<b>11</b>
	91	+0,72 30.72	1:04.29	1:38.69	2:13.05	
	95	+0,65 30.32	1:03.70	1:38.39	2:13.89	
	99	+0,39 30.95	1:05.50	1:40.41	2:13.84	
	97	+0,52 30.12	1:03.85	1:40.11	2:16.70	
7. Gespacos		Gespacos	<b>9:08.22</b>	<b>+0,99</b>	<b>598</b>	<b>10</b>
	92	+0,99 30.49	1:03.49	1:36.88	2:10.89	
	96	+0,51 30.38	1:04.85	1:41.23	2:17.37	
	01	+0,70 32.88	1:09.70	1:46.79	2:24.09	
	94	+0,34 30.05	1:03.70	1:39.59	2:15.87	
8. Gesloures		GesLoures	<b>9:12.07</b>	<b>+0,87</b>	<b>586</b>	<b>9</b>
	99	+0,87 32.23	1:07.79	1:44.18	2:20.05	
	90	+0,60 30.30	1:04.71	1:39.79	2:14.75	
	95	+0,45 30.79	1:05.62	1:40.45	2:16.30	
	01	+0,67 31.61	1:07.69	1:44.60	2:20.97	

Prova 75	Masc., 4 x 200m Livres				Absoluto
19-04-2014 - 17:50	2ª Divisão				Resultados
Recordes Nacionais 50m Absoluto	7:33.17	Sporting Clube de Portugal	SCP	Coimbra	06-04-2012
Recordes Nacionais 50m Inf B	8:58.82	Associacao Naval Amorense	ANAM	Vila Franca de Xira	03-07-2009
Recordes Nacionais 50m Inf	8:35.01	tempo limite			
Recordes Nacionais 50m Inf A	8:35.01	Associacao Naval Amorense	ANAM	Porto	23-07-2010
Recordes Nacionais 50m Juv B	8:15.48	Viana Natacao Clube	VNC	Povoa de Varzim	04-08-2011
Recordes Nacionais 50m Juv	7:58.57	tempo limite			
Recordes Nacionais 50m Juv A	7:58.57	Associacao Naval Amorense	ANAM	Jamor	26-07-2012
Recordes Nacionais 50m Jun	7:44.42	Associacao Naval Amorense	ANAM	Coimbra	05-04-2014
Recordes Nacionais 50m Sen	7:33.17	Sporting Clube de Portugal	SCP	Coimbra	06-04-2012

Pontos: FINA 2014

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.		<b>Estrelas S. Joao de Brito</b>	<b>7:43.49</b>	<b>+0,76</b>	<b>736</b>	<b>17</b>
	88	+0,76 26.88 55.79	1:24.66	1:53.49	1:53.49	
	93	+0,38 26.34 54.94	1:24.86	1:53.99	1:53.99	
	95	+0,66 27.33 57.22	1:27.87	1:58.14	1:58.14	
	84	+0,48 27.51 57.66	1:28.27	1:57.87	1:57.87	
2.		<b>Naval Amorense</b>	<b>7:48.38</b>	<b>+0,76</b>	<b>713</b>	<b>15</b>
	97	+0,76 27.13 57.46	1:28.76	1:59.84	1:59.84	
	96	+0,41 26.56 55.45	1:25.02	1:54.84	1:54.84	
	97	+0,31 26.98 56.43	1:26.49	1:56.37	1:56.37	
	96	+0,55 27.65 57.23	1:27.38	1:57.33	1:57.33	
3.		<b>Academica de Coimbra</b>	<b>7:55.72</b>	<b>+0,79</b>	<b>681</b>	<b>14</b>
	95	+0,79 27.71 58.24	1:29.43	2:00.70	2:00.70	
	94	+0,39 27.74 58.39	1:28.97	1:59.34	1:59.34	
	94	+0,25 26.84 57.52	1:28.24	1:58.56	1:58.56	
	94	+0,46 26.21 56.01	1:26.45	1:57.12	1:57.12	
4.		<b>Vilacondense</b>	<b>7:57.79</b>	<b>+0,77</b>	<b>672</b>	<b>13</b>
	95	+0,77 28.12 58.62	1:29.05	1:58.68	1:58.68	
	95	+0,44 27.33 57.89	1:29.35	2:00.71	2:00.71	
	97	+0,39 27.55 58.42	1:29.78	1:59.98	1:59.98	
	96	+0,49 27.36 58.03	1:28.28	1:58.42	1:58.42	
5.		<b>Gespacos</b>	<b>8:00.40</b>	<b>+0,79</b>	<b>661</b>	<b>12</b>
	93	+0,79 28.08 58.86	1:29.36	2:00.70	2:00.70	
	94	+0,24 27.47 58.06	1:28.26	1:58.55	1:58.55	
	94	+0,42 28.12 1:00.08	1:30.97	2:02.33	2:02.33	
	88	+0,45 27.18 56.87	1:26.99	1:58.82	1:58.82	
6.		<b>Louletano / Loule Concelho</b>	<b>8:02.59</b>	<b>+0,72</b>	<b>652</b>	<b>11</b>
	93	+0,72 26.81 55.96	1:26.59	1:56.57	1:56.57	
	97	+0,63 28.60 59.34	1:32.00	2:04.32	2:04.32	
	96	+0,20 27.53 59.27	1:32.60	2:06.14	2:06.14	
	95	+0,42 27.04 56.31	1:26.31	1:55.56	1:55.56	
7.		<b>Colegio Monte Maior</b>	<b>8:05.21</b>	<b>+0,75</b>	<b>641</b>	<b>10</b>
	98	+0,75 27.89 58.05	1:28.65	1:59.06	1:59.06	
	96	+0,31 27.63 58.88	1:31.45	2:04.50	2:04.50	
	94	+0,28 26.05 55.60	1:26.85	1:58.57	1:58.57	
	96	+0,27 28.17 59.40	1:31.37	2:03.08	2:03.08	
8.		<b>Uniao Piedense</b>	<b>8:06.34</b>	<b>+0,72</b>	<b>637</b>	<b>9</b>
	90	+0,72 27.68 58.01	1:28.87	1:59.49	1:59.49	
	98	+0,46 28.43 1:00.08	1:31.20	2:00.98	2:00.98	
	95	+0,32 27.48 58.69	1:31.13	2:04.90	2:04.90	
	93	+0,55 27.05 57.10	1:28.66	2:00.97	2:00.97	
9.		<b>Benfica</b>	<b>8:10.41</b>	<b>+0,72</b>	<b>621</b>	<b>8</b>
	88	+0,72 28.10 59.07	1:30.55	2:02.75	2:02.75	
	97	+0,49 27.69 59.99	1:33.52	2:05.86	2:05.86	
	96	+0,15 26.62 58.68	1:32.37	2:05.08	2:05.08	
	96	+0,41 27.17 57.18	1:26.99	1:56.72	1:56.72	



Prova 75, Masc., 4 x 200m Livres, Absoluto

Lugar	NFed	Clube			Tempo Final	TReac	Pts FINA	Pts
10.		Alges			<b>8:13.30</b>	<b>+0,78</b>	<b>610</b>	<b>7</b>
	94	+0,78	27.85	58.71	1:30.14	2:01.05	2:01.05	
	98	+0,33	27.25	58.38	1:31.04	2:02.32	2:02.32	
	98	+0,47	27.16	59.02	1:33.02	2:06.09	2:06.09	
	98	+0,43	27.26	58.53	1:31.61	2:03.84	2:03.84	
11.		Leixoes			<b>8:13.35</b>	<b>+0,79</b>	<b>610</b>	<b>6</b>
	94	+0,79	27.90	58.19	1:29.28	2:00.00	2:00.00	
	97	+0,46	27.94	59.24	1:32.36	2:06.01	2:06.01	
	95	+0,28	26.49	56.91	1:29.44	2:03.15	2:03.15	
	97	+0,41	28.95	1:00.77	1:33.68	2:04.19	2:04.19	
12.		Alcobaca			<b>8:13.62</b>	<b>+0,73</b>	<b>609</b>	<b>5</b>
	95	+0,73	28.24	59.66	1:32.76	2:04.70	2:04.70	
	97	+0,52	28.28	59.85	1:31.83	2:03.66	2:03.66	
	97	+0,41	27.29	58.91	1:31.64	2:04.21	2:04.21	
	93	+0,42	27.59	57.99	1:29.84	2:01.05	2:01.05	
13.		Desportiva de Viana			<b>8:14.07</b>	<b>+0,83</b>	<b>607</b>	<b>4</b>
	96	+0,83	27.89	58.50	1:29.81	2:01.01	2:01.01	
	97	+0,53	27.22	57.94	1:29.94	2:01.64	2:01.64	
	97	0,00	27.84	58.97	1:30.98	2:03.73	2:03.73	
	98	+0,36	27.81	59.93	1:34.47	2:07.69	2:07.69	
14.		GesLoures			<b>8:19.24</b>	<b>+0,84</b>	<b>589</b>	<b>3</b>
	97	+0,84	28.18	58.92	1:30.35	2:00.74	2:00.74	
	98	+0,53	28.74	1:00.84	1:33.69	2:06.27	2:06.27	
	97	+0,65	29.20	1:00.72	1:33.14	2:06.26	2:06.26	
	91	+0,23	28.49	1:00.09	1:32.56	2:05.97	2:05.97	
15.		Natacao de Olhao			<b>8:38.10</b>	<b>+0,71</b>	<b>527</b>	<b>2</b>
	95	+0,71	28.74	1:00.13	1:32.72	2:05.69	2:05.69	
	94	+0,31	28.87	1:01.19	1:34.82	2:08.61	2:08.61	
	97	+0,22	29.62	1:02.47	1:36.57	2:10.03	2:10.03	
	00	+0,23	29.14	1:02.19	1:37.77	2:13.77	2:13.77	
DSQ		Vitoria de Guimaraes/Olicargo						
		<i>403 - Falsa partida - SW 4.4</i>						
		Andre Coelho Oliveira, Tiago Andre Oliveira, Pedro Miguel Fernandes, Rui Filipe Costa						

Prova 76	Masc., 4 x 200m Livres				Absoluto
19-04-2014 - 18:10	1ª Divisão				Resultados
Recordes Nacionais 50m Absoluto	7:33.17	Sporting Clube de Portugal	SCP	Coimbra	06-04-2012
Recordes Nacionais 50m Inf B	8:58.82	Associacao Naval Amorense	ANAM	Vila Franca de Xira	03-07-2009
Recordes Nacionais 50m Inf	8:35.01	tempo limite			
Recordes Nacionais 50m Inf A	8:35.01	Associacao Naval Amorense	ANAM	Porto	23-07-2010
Recordes Nacionais 50m Juv B	8:15.48	Viana Natacao Clube	VNC	Povoa de Varzim	04-08-2011
Recordes Nacionais 50m Juv	7:58.57	tempo limite			
Recordes Nacionais 50m Juv A	7:58.57	Associacao Naval Amorense	ANAM	Jamor	26-07-2012
Recordes Nacionais 50m Jun	7:44.42	Associacao Naval Amorense	ANAM	Coimbra	05-04-2014
Recordes Nacionais 50m Sen	7:33.17	Sporting Clube de Portugal	SCP	Coimbra	06-04-2012

Pontos: FINA 2014

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1. Sporting		<b>Sporting</b>	<b>7:36.92</b>	<b>+0,88</b>	<b>768</b>	<b>9</b>
	90	+0,88 26.81	55.55	1:24.98	1:54.22	
	89	+0,49 26.66	56.04	1:26.07	1:54.93	
	91	+0,48 25.96	55.34	1:25.58	1:55.95	
	92	+0,58 25.92	54.24	1:23.48	1:51.82	
2. Nautico /Urgicentro-Sanfil		<b>Nautico /Urgicentro-Sanfil</b>	<b>7:40.85</b>	<b>+0,69</b>	<b>749</b>	<b>7</b>
	92	+0,69 25.90	54.04	1:22.69	1:50.77	
	96	+0,47 26.91	56.10	1:25.89	1:55.64	
	97	+0,43 26.36	56.23	1:27.30	1:58.83	
	91	+0,39 26.37	55.05	1:25.18	1:55.61	
3. Porto		<b>Porto</b>	<b>7:47.11</b>	<b>+0,72</b>	<b>719</b>	<b>6</b>
	97	+0,72 27.11	56.92	1:27.50	1:58.85	
	87	+0,09 25.86	55.75	1:26.29	1:56.01	
	88	+0,33 27.26	57.02	1:27.90	1:57.64	
	88	+0,19 25.91	54.87	1:24.56	1:54.61	
4. Famalicao		<b>Famalicao</b>	<b>7:52.67</b>	<b>+0,77</b>	<b>694</b>	<b>5</b>
	91	+0,77 25.91	54.25	1:22.77	1:52.36	
	89	+0,45 27.24	57.29	1:28.46	2:00.70	
	94	+0,33 26.57	56.76	1:28.66	2:01.07	
	86	+0,21 26.71	56.65	1:27.25	1:58.54	
5. Braga		<b>Braga</b>	<b>7:53.99</b>	<b>+0,78</b>	<b>688</b>	<b>4</b>
	93	+0,78 27.34	56.84	1:27.33	1:58.16	
	84	+0,14 26.19	56.20	1:27.95	2:00.06	
	89	+0,42 27.78	58.42	1:29.00	1:59.82	
	93	+0,11 26.13	56.20	1:26.29	1:55.95	
6. Colegio Vasco da Gama		<b>Colegio Vasco da Gama</b>	<b>7:54.70</b>	<b>+0,75</b>	<b>685</b>	<b>3</b>
	95	+0,75 27.43	57.66	1:27.37	1:56.43	
	87	+0,33 25.80	54.94	1:26.02	1:57.88	
	96	+0,49 28.61	59.79	1:31.65	2:01.76	
	96	+0,58 27.03	57.20	1:28.61	1:58.63	
7. Amadora		<b>Amadora</b>	<b>8:06.67</b>	<b>+0,68</b>	<b>636</b>	<b>2</b>
	88	+0,68 27.01	57.16	1:28.98	2:02.03	
	90	+0,32 27.54	59.42	1:33.00	2:05.91	
	88	+0,42 26.67	56.61	1:27.62	1:59.02	
	97	+0,26 26.73	57.14	1:28.33	1:59.71	
8. Galitos		<b>Galitos</b>	<b>8:31.85</b>	<b>+0,78</b>	<b>546</b>	<b>1</b>
	99	+0,78 28.60	1:01.12	1:34.70	2:08.82	
	96	+0,38 28.80	1:00.72	1:33.23	2:05.74	
	94	+0,31 29.87	1:02.57	1:35.91	2:09.55	
	95	+0,44 28.87	1:01.14	1:34.74	2:07.74	