Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Oeiras, 24.7. - 27.7.2014

Prova 1 | Masc., 1500m Livres | Open
24-07-2014 - 17:15 | Resultados

Pontos: FINA 2014

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Domenico Acerenza	95	CN Lucano Savigi - PZ	**15:35.96**	+0,75	805	

50m:	28.45	28.45	450m:	4:37.90	30.94	850m:	8:49.84	31.80	1250m:	13:02.40	31.65
100m:	59.00	30.55	500m:	5:08.75	30.85	900m:	9:21.54	31.70	1300m:	13:34.13	31.73
150m:	1:29.80	30.80	550m:	5:39.86	31.11	950m:	9:53.42	31.88	1350m:	14:04.74	30.61
200m:	2:01.21	31.41	600m:	6:11.28	31.42	1000m:	10:25.02	31.60	1400m:	14:35.87	31.13
250m:	2:32.56	31.35	650m:	6:42.89	31.61	1050m:	10:56.54	31.52	1450m:	15:06.06	30.19
300m:	3:04.01	31.45	700m:	7:14.64	31.75	1100m:	11:27.76	31.22	1500m:	15:35.96	29.90
350m:	3:35.31	31.30	750m:	7:46.32	31.68	1150m:	11:59.09	31.33			
400m:	4:06.96	31.65	800m:	8:18.04	31.72	1200m:	12:30.75	31.66			

2.	Thomas Howley	96	Great Britain	**15:39.23**	+0,87	797	

50m:	28.23	28.23	450m:	4:37.51	31.47	850m:	8:49.58	31.78	1250m:	13:03.15	31.69
100m:	58.82	30.59	500m:	5:08.85	31.34	900m:	9:21.51	31.93	1300m:	13:35.07	31.92
150m:	1:29.85	31.03	550m:	5:39.93	31.08	950m:	9:53.33	31.82	1350m:	14:06.54	31.47
200m:	2:00.86	31.01	600m:	6:11.36	31.43	1000m:	10:25.18	31.85	1400m:	14:38.71	32.17
250m:	2:32.15	31.29	650m:	6:42.82	31.46	1050m:	10:56.80	31.62	1450m:	15:09.85	31.14
300m:	3:03.36	31.21	700m:	7:14.45	31.63	1100m:	11:28.22	31.42	1500m:	15:39.23	29.38
350m:	3:34.70	31.34	750m:	7:46.17	31.72	1150m:	11:59.69	31.47			
400m:	4:06.04	31.34	800m:	8:17.80	31.63	1200m:	12:31.46	31.77			

3.	Brendan Gibbons	95	Castlebar	**15:47.86**	+0,79	775	

50m:	28.51	28.51	450m:	4:38.26	31.47	850m:	8:53.43	31.88	1250m:	13:09.66	32.23
100m:	59.38	30.87	500m:	5:09.47	31.21	900m:	9:25.74	32.31	1300m:	13:41.67	32.01
150m:	1:30.89	31.51	550m:	5:40.98	31.51	950m:	9:57.58	31.84	1350m:	14:13.30	31.63
200m:	2:01.87	30.98	600m:	6:12.74	31.76	1000m:	10:29.91	32.33	1400m:	14:45.31	32.01
250m:	2:33.11	31.24	650m:	6:44.80	32.06	1050m:	11:01.57	31.66	1450m:	15:16.89	31.58
300m:	3:04.07	30.96	700m:	7:17.19	32.39	1100m:	11:33.56	31.99	1500m:	15:47.86	30.97
350m:	3:35.45	31.38	750m:	7:49.32	32.13	1150m:	12:05.44	31.88			
400m:	4:06.79	31.34	800m:	8:21.55	32.23	1200m:	12:37.43	31.99			

4.	Mario Andre Bonanca	90	Sporting	**15:58.36**	+0,81	750	

50m:	29.06	29.06	450m:	4:43.11	31.84	850m:	8:58.05	32.08	1250m:	13:17.83	32.51
100m:	1:00.63	31.57	500m:	5:14.99	31.88	900m:	9:30.26	32.21	1300m:	13:50.17	32.34
150m:	1:32.60	31.97	550m:	5:46.49	31.50	950m:	10:02.71	32.45	1350m:	14:22.62	32.45
200m:	2:03.74	31.14	600m:	6:18.31	31.82	1000m:	10:35.31	32.60	1400m:	14:55.11	32.49
250m:	2:35.72	31.98	650m:	6:50.17	31.86	1050m:	11:07.87	32.56	1450m:	15:27.00	31.89
300m:	3:07.65	31.93	700m:	7:22.09	31.92	1100m:	11:40.31	32.44	1500m:	15:58.36	31.36
350m:	3:39.60	31.95	750m:	7:54.03	31.94	1150m:	12:12.86	32.55			
400m:	4:11.27	31.67	800m:	8:25.97	31.94	1200m:	12:45.32	32.46			

5.	Rafael Lourenco Gil	96	Naval Amorense	**16:06.01**	+0,72	733	

50m:	29.00	29.00	450m:	4:43.55	31.78	850m:	9:01.72	32.46	1250m:	13:22.75	32.62
100m:	1:00.31	31.31	500m:	5:15.54	31.99	900m:	9:34.44	32.72	1300m:	13:55.91	33.16
150m:	1:31.80	31.49	550m:	5:47.54	32.00	950m:	10:06.97	32.53	1350m:	14:28.77	32.86
200m:	2:03.49	31.69	600m:	6:19.69	32.15	1000m:	10:39.55	32.58	1400m:	15:01.51	32.74
250m:	2:35.50	32.01	650m:	6:51.82	32.13	1050m:	11:12.29	32.74	1450m:	15:33.99	32.48
300m:	3:07.73	32.23	700m:	7:24.38	32.56	1100m:	11:44.78	32.49	1500m:	16:06.01	32.02
350m:	3:39.82	32.09	750m:	7:56.83	32.45	1150m:	12:17.28	32.50			
400m:	4:11.77	31.95	800m:	8:29.26	32.43	1200m:	12:50.13	32.85			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

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Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
6.	Alexandre Valdagua Coutinh	c97	Columbofila Cantanhedense	**16:10.24**	+0,71	723	

50m:	30.12	30.12	450m:	4:49.95	32.58	850m:	9:08.74	32.21	1250m:	13:28.47	32.68
100m:	1:02.93	32.81	500m:	5:22.30	32.35	900m:	9:40.84	32.10	1300m:	14:00.98	32.51
150m:	1:34.65	31.72	550m:	5:54.62	32.32	950m:	10:13.14	32.30	1350m:	14:33.80	32.82
200m:	2:06.91	32.26	600m:	6:27.18	32.56	1000m:	10:45.62	32.48	1400m:	15:06.99	33.19
250m:	2:39.61	32.70	650m:	6:59.42	32.24	1050m:	11:18.16	32.54	1450m:	15:39.11	32.12
300m:	3:12.14	32.53	700m:	7:31.82	32.40	1100m:	11:50.67	32.51	1500m:	16:10.24	31.13
350m:	3:44.80	32.66	750m:	8:04.50	32.68	1150m:	12:23.51	32.84			
400m:	4:17.37	32.57	800m:	8:36.53	32.03	1200m:	12:55.79	32.28			

7.	Kyle Chisholm	97	Great Britain	**16:12.67**	+0,68	718	

50m:	29.58	29.58	450m:	4:49.54	32.75	850m:	9:10.97	32.73	1250m:	13:31.81	32.75
100m:	1:01.57	31.99	500m:	5:22.22	32.68	900m:	9:43.44	32.47	1300m:	14:04.55	32.74
150m:	1:33.77	32.20	550m:	5:54.41	32.19	950m:	10:16.17	32.73	1350m:	14:37.22	32.67
200m:	2:06.12	32.35	600m:	6:27.04	32.63	1000m:	10:48.81	32.64	1400m:	15:09.68	32.46
250m:	2:38.96	32.84	650m:	6:59.93	32.89	1050m:	11:21.56	32.75	1450m:	15:41.29	31.61
300m:	3:11.69	32.73	700m:	7:32.61	32.68	1100m:	11:54.34	32.78	1500m:	16:12.67	31.38
350m:	3:44.74	33.05	750m:	8:05.34	32.73	1150m:	12:26.76	32.42			
400m:	4:16.79	32.05	800m:	8:38.24	32.90	1200m:	12:59.06	32.30			

8.	Joao Pedro Gil	97	Naval Amorense	**16:12.98**	+0,63	717	

50m:	29.71	29.71	450m:	4:47.60	32.40	850m:	9:08.91	32.51	1250m:	13:29.90	32.54
100m:	1:01.44	31.73	500m:	5:20.05	32.45	900m:	9:41.41	32.50	1300m:	14:03.08	33.18
150m:	1:34.05	32.61	550m:	5:52.51	32.46	950m:	10:13.80	32.39	1350m:	14:35.54	32.46
200m:	2:06.32	32.27	600m:	6:25.13	32.62	1000m:	10:46.97	33.17	1400m:	15:08.60	33.06
250m:	2:38.29	31.97	650m:	6:57.71	32.58	1050m:	11:19.73	32.76	1450m:	15:41.39	32.79
300m:	3:10.61	32.32	700m:	7:30.75	33.04	1100m:	11:52.35	32.62	1500m:	16:12.98	31.59
350m:	3:42.93	32.32	750m:	8:03.68	32.93	1150m:	12:24.62	32.27			
400m:	4:15.20	32.27	800m:	8:36.40	32.72	1200m:	12:57.36	32.74			

9.	Guilherme Filipe Pina	98	Benedita	**16:18.46**	+0,78	705	

50m:	29.56	29.56	450m:	4:49.49	32.98	850m:	9:12.69	33.16	1250m:	13:36.18	32.83
100m:	1:01.30	31.74	500m:	5:22.10	32.61	900m:	9:45.46	32.77	1300m:	14:08.85	32.67
150m:	1:33.41	32.11	550m:	5:54.69	32.59	950m:	10:18.62	33.16	1350m:	14:41.70	32.85
200m:	2:05.83	32.42	600m:	6:27.29	32.60	1000m:	10:51.50	32.88	1400m:	15:14.50	32.80
250m:	2:38.38	32.55	650m:	7:00.41	33.12	1050m:	11:24.71	33.21	1450m:	15:47.15	32.65
300m:	3:11.19	32.81	700m:	7:33.33	32.92	1100m:	11:57.44	32.73	1500m:	16:18.46	31.31
350m:	3:43.88	32.69	750m:	8:06.57	33.24	1150m:	12:30.47	33.03			
400m:	4:16.51	32.63	800m:	8:39.53	32.96	1200m:	13:03.35	32.88			

10.	Pedro Miguel Pinotes	89	Sporting	**16:21.56**	+0,72	698	

50m:	28.01	28.01	450m:	4:42.38	32.26	850m:	9:05.93	33.48	1250m:	13:35.05	33.68
100m:	59.66	31.65	500m:	5:14.73	32.35	900m:	9:39.46	33.53	1300m:	14:08.62	33.57
150m:	1:31.72	32.06	550m:	5:47.55	32.82	950m:	10:13.11	33.65	1350m:	14:42.26	33.64
200m:	2:03.13	31.41	600m:	6:19.97	32.42	1000m:	10:46.55	33.44	1400m:	15:15.65	33.39
250m:	2:34.69	31.56	650m:	6:52.86	32.89	1050m:	11:20.48	33.93	1450m:	15:49.15	33.50
300m:	3:06.22	31.53	700m:	7:25.57	32.71	1100m:	11:53.86	33.38	1500m:	16:21.56	32.41
350m:	3:38.05	31.83	750m:	7:59.23	33.66	1150m:	12:27.62	33.76			
400m:	4:10.12	32.07	800m:	8:32.45	33.22	1200m:	13:01.37	33.75			

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Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
11.	Vasco Miguel Gaspar	90	Uniao Piedense	**16:23.10**	+0,72	695	

50m:	28.81	28.81	450m:	4:45.20	32.37	850m:	9:09.17	33.14	1250m:	13:36.15	33.41
100m:	1:00.99	32.18	500m:	5:17.79	32.59	900m:	9:42.71	33.54	1300m:	14:09.93	33.78
150m:	1:32.83	31.84	550m:	5:50.42	32.63	950m:	10:16.09	33.38	1350m:	14:43.21	33.28
200m:	2:04.57	31.74	600m:	6:23.72	33.30	1000m:	10:49.48	33.39	1400m:	15:16.74	33.53
250m:	2:36.30	31.73	650m:	6:56.52	32.80	1050m:	11:22.72	33.24	1450m:	15:49.89	33.15
300m:	3:08.48	32.18	700m:	7:29.71	33.19	1100m:	11:55.99	33.27	1500m:	16:23.10	33.21
350m:	3:40.46	31.98	750m:	8:02.82	33.11	1150m:	12:29.35	33.36			
400m:	4:12.83	32.37	800m:	8:36.03	33.21	1200m:	13:02.74	33.39			

12.	Joao Nuno Pires	94	Academica de Coimbra	**16:24.43**	+0,70	692					
50m:	30.89	30.89	450m:	4:50.80	32.38	850m:	9:12.01	32.63	1250m:	13:37.79	33.48
100m:	1:03.54	32.65	500m:	5:23.32	32.52	900m:	9:44.79	32.78	1300m:	14:11.32	33.53
150m:	1:36.42	32.88	550m:	5:55.89	32.57	950m:	10:17.71	32.92	1350m:	14:44.67	33.35
200m:	2:08.88	32.46	600m:	6:28.64	32.75	1000m:	10:50.66	32.95	1400m:	15:18.18	33.51
250m:	2:41.51	32.63	650m:	7:01.13	32.49	1050m:	11:23.86	33.20	1450m:	15:51.35	33.17
300m:	3:13.67	32.16	700m:	7:34.03	32.90	1100m:	11:57.18	33.32	1500m:	16:24.43	33.08
350m:	3:46.22	32.55	750m:	8:06.62	32.59	1150m:	12:30.48	33.30			
400m:	4:18.42	32.20	800m:	8:39.38	32.76	1200m:	13:04.31	33.83			

13.	Tiago Silva Oliveira	94	Leixoes	**16:26.75**	+0,72	687					
50m:	29.06	29.06	450m:	4:47.15	32.55	850m:	9:09.97	33.29	1250m:	13:37.43	33.88
100m:	1:00.52	31.46	500m:	5:19.60	32.45	900m:	9:42.92	32.95	1300m:	14:11.33	33.90
150m:	1:32.59	32.07	550m:	5:52.75	33.15	950m:	10:16.06	33.14	1350m:	14:45.39	34.06
200m:	2:04.94	32.35	600m:	6:25.41	32.66	1000m:	10:49.23	33.17	1400m:	15:19.63	34.24
250m:	2:37.31	32.37	650m:	6:58.08	32.67	1050m:	11:22.56	33.33	1450m:	15:53.55	33.92
300m:	3:09.62	32.31	700m:	7:30.72	32.64	1100m:	11:56.06	33.50	1500m:	16:26.75	33.20
350m:	3:42.16	32.54	750m:	8:03.90	33.18	1150m:	12:29.85	33.79			
400m:	4:14.60	32.44	800m:	8:36.68	32.78	1200m:	13:03.55	33.70			

14.	Bernardo Leitao Graca	93	Sporting	**16:28.42**	+0,84	684					
50m:	30.00	30.00	450m:	4:52.23	32.51	850m:	9:14.84	32.23	1250m:	13:42.19	33.88
100m:	1:03.30	33.30	500m:	5:24.95	32.72	900m:	9:48.02	33.18	1300m:	14:15.79	33.60
150m:	1:36.50	33.20	550m:	5:57.54	32.59	950m:	10:21.38	33.36	1350m:	14:49.55	33.76
200m:	2:09.41	32.91	600m:	6:30.39	32.85	1000m:	10:54.82	33.44	1400m:	15:23.12	33.57
250m:	2:42.14	32.73	650m:	7:03.32	32.93	1050m:	11:27.80	32.98	1450m:	15:55.92	32.80
300m:	3:14.85	32.71	700m:	7:36.49	33.17	1100m:	12:01.07	33.27	1500m:	16:28.42	32.50
350m:	3:47.03	32.18	750m:	8:09.02	32.53	1150m:	12:34.78	33.71			
400m:	4:19.72	32.69	800m:	8:42.61	33.59	1200m:	13:08.31	33.53			

15.	Guilherme Pereira Dias	97	Sporting	**16:30.93**	+0,72	679					
50m:	30.38	30.38	450m:	4:53.69	32.93	850m:	9:19.42	33.42	1250m:	13:45.58	33.21
100m:	1:03.03	32.65	500m:	5:26.65	32.96	900m:	9:52.67	33.25	1300m:	14:18.73	33.15
150m:	1:35.93	32.90	550m:	5:59.77	33.12	950m:	10:26.01	33.34	1350m:	14:51.64	32.91
200m:	2:08.60	32.67	600m:	6:33.01	33.24	1000m:	10:59.26	33.25	1400m:	15:24.90	33.26
250m:	2:41.59	32.99	650m:	7:06.20	33.19	1050m:	11:32.60	33.34	1450m:	15:58.15	33.25
300m:	3:14.74	33.15	700m:	7:39.59	33.39	1100m:	12:05.72	33.12	1500m:	16:30.93	32.78
350m:	3:47.74	33.00	750m:	8:12.74	33.15	1150m:	12:39.19	33.47			
400m:	4:20.76	33.02	800m:	8:46.00	33.26	1200m:	13:12.37	33.18			

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Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
16.	Eoghan Grady	96	Castlebar	**16:33.61**	+0,75	673	

50m:	29.67	29.67	450m:	4:54.00	33.49	850m:	9:18.12	32.73	1250m:	13:48.23	34.55
100m:	1:02.77	33.10	500m:	5:27.48	33.48	900m:	9:51.16	33.04	1300m:	14:22.33	34.10
150m:	1:35.53	32.76	550m:	6:00.22	32.74	950m:	10:24.77	33.61	1350m:	14:55.40	33.07
200m:	2:08.26	32.73	600m:	6:32.81	32.59	1000m:	10:58.48	33.71	1400m:	15:29.14	33.74
250m:	2:41.72	33.46	650m:	7:05.98	33.17	1050m:	11:32.05	33.57	1450m:	16:03.03	33.89
300m:	3:14.53	32.81	700m:	7:39.17	33.19	1100m:	12:06.20	34.15	1500m:	16:33.61	30.58
350m:	3:47.45	32.92	750m:	8:12.33	33.16	1150m:	12:39.78	33.58			
400m:	4:20.51	33.06	800m:	8:45.39	33.06	1200m:	13:13.68	33.90			

17.	Ricardo Manuel Machado	93	Braga	**16:34.50**	+0,78	671	

50m:	29.93	29.93	450m:	4:53.55	33.58	850m:	9:20.84	32.96	1250m:	13:49.51	33.36
100m:	1:01.91	31.98	500m:	5:27.17	33.62	900m:	9:54.54	33.70	1300m:	14:22.94	33.43
150m:	1:34.42	32.51	550m:	6:00.55	33.38	950m:	10:28.12	33.58	1350m:	14:56.48	33.54
200m:	2:07.12	32.70	600m:	6:33.96	33.41	1000m:	11:01.33	33.21	1400m:	15:29.74	33.26
250m:	2:40.32	33.20	650m:	7:07.63	33.67	1050m:	11:34.88	33.55	1450m:	16:03.00	33.26
300m:	3:13.21	32.89	700m:	7:41.29	33.66	1100m:	12:08.95	34.07	1500m:	16:34.50	31.50
350m:	3:46.83	33.62	750m:	8:14.22	32.93	1150m:	12:42.67	33.72			
400m:	4:19.97	33.14	800m:	8:47.88	33.66	1200m:	13:16.15	33.48			

18.	Archie Mitchell	96	Great Britain	**16:34.74**	671	

50m:	28.86	28.86	450m:	4:51.37	33.16	850m:	9:16.46	33.30	1250m:	13:47.13	33.72
100m:	1:00.55	31.69	500m:	5:24.82	33.45	900m:	9:50.30	33.84	1300m:	14:21.42	34.29
150m:	1:33.05	32.50	550m:	5:57.35	32.53	950m:	10:24.35	34.05	1350m:	14:55.03	33.61
200m:	2:06.16	33.11	600m:	6:30.19	32.84	1000m:	10:58.10	33.75	1400m:	15:29.28	34.25
250m:	2:39.17	33.01	650m:	7:02.89	32.70	1050m:	11:31.62	33.52	1450m:	16:02.06	32.78
300m:	3:12.05	32.88	700m:	7:36.25	33.36	1100m:	12:05.78	34.16	1500m:	16:34.74	32.68
350m:	3:44.90	32.85	750m:	8:09.48	33.23	1150m:	12:39.38	33.60			
400m:	4:18.21	33.31	800m:	8:43.16	33.68	1200m:	13:13.41	34.03			

19.	Joao Andre Neves	95	Academica de Coimbra	**16:35.81**	+0,78	669	

50m:	29.88	29.88	450m:	4:53.16	33.27	850m:	9:20.15	33.12	1250m:	13:49.19	33.79
100m:	1:01.78	31.90	500m:	5:26.54	33.38	900m:	9:53.93	33.78	1300m:	14:22.79	33.60
150m:	1:34.17	32.39	550m:	5:59.86	33.32	950m:	10:27.47	33.54	1350m:	14:56.36	33.57
200m:	2:07.07	32.90	600m:	6:33.01	33.15	1000m:	11:00.77	33.30	1400m:	15:30.19	33.83
250m:	2:40.32	33.25	650m:	7:06.55	33.54	1050m:	11:34.52	33.75	1450m:	16:03.58	33.39
300m:	3:13.57	33.25	700m:	7:40.20	33.65	1100m:	12:08.10	33.58	1500m:	16:35.81	32.23
350m:	3:46.74	33.17	750m:	8:13.73	33.53	1150m:	12:41.78	33.68			
400m:	4:19.89	33.15	800m:	8:47.03	33.30	1200m:	13:15.40	33.62			

20.	Tomas Gomes Oliveira	99	Nautico Marinha Grande	**16:39.85**	+0,84	661	

50m:	29.95	29.95	450m:	4:54.30	33.59	850m:	9:21.32	33.48	1250m:	13:51.88	33.32
100m:	1:01.93	31.98	500m:	5:27.96	33.66	900m:	9:55.14	33.82	1300m:	14:26.29	34.41
150m:	1:35.10	33.17	550m:	6:00.86	32.90	950m:	10:28.42	33.28	1350m:	15:00.14	33.85
200m:	2:08.29	33.19	600m:	6:34.64	33.78	1000m:	11:02.45	34.03	1400m:	15:34.21	34.07
250m:	2:41.20	32.91	650m:	7:07.73	33.09	1050m:	11:36.54	34.09	1450m:	16:07.57	33.36
300m:	3:14.05	32.85	700m:	7:40.93	33.20	1100m:	12:10.39	33.85	1500m:	16:39.85	32.28
350m:	3:47.38	33.33	750m:	8:13.97	33.04	1150m:	12:44.26	33.87			
400m:	4:20.71	33.33	800m:	8:47.84	33.87	1200m:	13:18.56	34.30			

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Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
21.	Joao Luis Travanca	97	Fluvial Portuense	**16:39.92**	+0,85	660	

50m:	30.34	30.34	450m:	4:54.60	32.99	850m:	9:21.65	33.50	1250m:	13:51.25	33.94
100m:	1:02.52	32.18	500m:	5:27.93	33.33	900m:	9:55.21	33.56	1300m:	14:25.03	33.78
150m:	1:35.42	32.90	550m:	6:01.23	33.30	950m:	10:28.71	33.50	1350m:	14:58.88	33.85
200m:	2:08.63	33.21	600m:	6:34.53	33.30	1000m:	11:02.34	33.63	1400m:	15:33.04	34.16
250m:	2:42.00	33.37	650m:	7:07.74	33.21	1050m:	11:36.24	33.90	1450m:	16:06.91	33.87
300m:	3:15.08	33.08	700m:	7:41.26	33.52	1100m:	12:09.87	33.63	1500m:	16:39.92	33.01
350m:	3:48.49	33.41	750m:	8:14.63	33.37	1150m:	12:43.56	33.69			
400m:	4:21.61	33.12	800m:	8:48.15	33.52	1200m:	13:17.31	33.75			

22.	Rafael Ladeiro Santos	98	Gesloures	**16:44.63**	+0,83	651					
50m:	29.32	29.32	450m:	4:56.73	33.90	850m:	9:27.23	33.95	1250m:	13:58.06	33.90
100m:	1:01.64	32.32	500m:	5:30.52	33.79	900m:	10:00.95	33.72	1300m:	14:31.86	33.80
150m:	1:34.68	33.04	550m:	6:04.21	33.69	950m:	10:34.85	33.90	1350m:	15:05.70	33.84
200m:	2:08.05	33.37	600m:	6:37.99	33.78	1000m:	11:08.73	33.88	1400m:	15:39.36	33.66
250m:	2:41.88	33.83	650m:	7:11.98	33.99	1050m:	11:42.78	34.05	1450m:	16:12.34	32.98
300m:	3:15.66	33.78	700m:	7:45.85	33.87	1100m:	12:16.75	33.97	1500m:	16:44.63	32.29
350m:	3:49.25	33.59	750m:	8:19.66	33.81	1150m:	12:50.68	33.93			
400m:	4:22.83	33.58	800m:	8:53.28	33.62	1200m:	13:24.16	33.48			

23.	Bruno Jose Silva	98	Braga	**16:44.96**	+0,95	651					
50m:	30.16	30.16	450m:	4:54.97	33.54	850m:	9:26.74	34.15	1250m:	13:58.41	33.90
100m:	1:02.57	32.41	500m:	5:28.68	33.71	900m:	10:01.03	34.29	1300m:	14:32.41	34.00
150m:	1:35.36	32.79	550m:	6:02.49	33.81	950m:	10:35.02	33.99	1350m:	15:06.35	33.94
200m:	2:08.63	33.27	600m:	6:36.40	33.91	1000m:	11:09.18	34.16	1400m:	15:39.91	33.56
250m:	2:41.51	32.88	650m:	7:10.38	33.98	1050m:	11:42.68	33.50	1450m:	16:12.90	32.99
300m:	3:14.81	33.30	700m:	7:44.18	33.80	1100m:	12:17.10	34.42	1500m:	16:44.96	32.06
350m:	3:48.12	33.31	750m:	8:18.27	34.09	1150m:	12:50.99	33.89			
400m:	4:21.43	33.31	800m:	8:52.59	34.32	1200m:	13:24.51	33.52			

24.	Narciso Daniel Correia	97	Braga	**16:46.75**	+0,81	647					
50m:	29.23	29.23	450m:	4:52.88	33.49	850m:	9:21.97	32.98	1250m:	13:57.85	35.03
100m:	1:00.96	31.73	500m:	5:26.48	33.60	900m:	9:56.22	34.25	1300m:	14:32.61	34.76
150m:	1:33.31	32.35	550m:	5:59.74	33.26	950m:	10:30.54	34.32	1350m:	15:07.05	34.44
200m:	2:06.32	33.01	600m:	6:34.06	34.32	1000m:	11:04.97	34.43	1400m:	15:41.92	34.87
250m:	2:39.65	33.33	650m:	7:08.01	33.95	1050m:	11:38.83	33.86	1450m:	16:14.97	33.05
300m:	3:12.92	33.27	700m:	7:42.34	34.33	1100m:	12:13.33	34.50	1500m:	16:46.75	31.78
350m:	3:45.98	33.06	750m:	8:16.37	34.03	1150m:	12:47.90	34.57			
400m:	4:19.39	33.41	800m:	8:48.99	32.62	1200m:	13:22.82	34.92			

25.	Joao Costa Ferreira	98	Famalicao	**16:51.90**	+0,87	637					
50m:	30.04	30.04	450m:	4:58.11	33.75	850m:	9:28.43	33.83	1250m:	14:03.62	34.36
100m:	1:02.75	32.71	500m:	5:31.83	33.72	900m:	10:02.72	34.29	1300m:	14:38.08	34.46
150m:	1:36.47	33.72	550m:	6:05.67	33.84	950m:	10:37.01	34.29	1350m:	15:12.32	34.24
200m:	2:09.90	33.43	600m:	6:39.24	33.57	1000m:	11:11.74	34.73	1400m:	15:46.43	34.11
250m:	2:43.53	33.63	650m:	7:13.13	33.89	1050m:	11:46.01	34.27	1450m:	16:19.92	33.49
300m:	3:17.07	33.54	700m:	7:47.10	33.97	1100m:	12:20.35	34.34	1500m:	16:51.90	31.98
350m:	3:50.65	33.58	750m:	8:20.85	33.75	1150m:	12:54.76	34.41			
400m:	4:24.36	33.71	800m:	8:54.60	33.75	1200m:	13:29.26	34.50			

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Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
26.	Ruben Jose Morim	97	Vilacondense	**16:53.40**	+0,79	634	

50m:	29.10	29.10	450m:	4:55.75	33.63	850m:	9:28.47	34.41	1250m:	14:03.18	34.35
100m:	1:01.57	32.47	500m:	5:29.86	34.11	900m:	10:02.57	34.10	1300m:	14:37.45	34.27
150m:	1:34.54	32.97	550m:	6:03.61	33.75	950m:	10:36.99	34.42	1350m:	15:11.63	34.18
200m:	2:08.21	33.67	600m:	6:37.78	34.17	1000m:	11:11.30	34.31	1400m:	15:46.39	34.76
250m:	2:41.62	33.41	650m:	7:12.09	34.31	1050m:	11:45.68	34.38	1450m:	16:20.62	34.23
300m:	3:15.30	33.68	700m:	7:46.12	34.03	1100m:	12:20.29	34.61	1500m:	16:53.40	32.78
350m:	3:48.62	33.32	750m:	8:20.38	34.26	1150m:	12:54.25	33.96			
400m:	4:22.12	33.50	800m:	8:54.06	33.68	1200m:	13:28.83	34.58			

27.	Ricardo Eduardo Afonso	97	Braga	**16:53.56**	+0,72	634					
50m:	29.22	29.22	450m:	4:57.14	33.46	850m:	9:29.97	34.17	1250m:	14:04.44	34.14
100m:	1:02.40	33.18	500m:	5:31.25	34.11	900m:	10:04.29	34.32	1300m:	14:38.92	34.48
150m:	1:35.22	32.82	550m:	6:05.36	34.11	950m:	10:38.46	34.17	1350m:	15:13.41	34.49
200m:	2:09.18	33.96	600m:	6:39.43	34.07	1000m:	11:12.81	34.35	1400m:	15:47.90	34.49
250m:	2:42.51	33.33	650m:	7:13.45	34.02	1050m:	11:47.16	34.35	1450m:	16:21.18	33.28
300m:	3:16.33	33.82	700m:	7:47.50	34.05	1100m:	12:21.49	34.33	1500m:	16:53.56	32.38
350m:	3:49.83	33.50	750m:	8:21.65	34.15	1150m:	12:55.85	34.36			
400m:	4:23.68	33.85	800m:	8:55.80	34.15	1200m:	13:30.30	34.45			

28.	Rui Pedro Faria	94	Famalicao	**16:53.72**	+0,88	634					
	FTL										
50m:	29.65	29.65	450m:	4:54.11	33.45	850m:	9:24.21	34.05	1250m:	14:01.28	34.72
100m:	1:01.19	31.54	500m:	5:27.55	33.44	900m:	9:58.85	34.64	1300m:	14:36.14	34.86
150m:	1:33.85	32.66	550m:	6:00.88	33.33	950m:	10:33.43	34.58	1350m:	15:10.70	34.56
200m:	2:06.85	33.00	600m:	6:34.42	33.54	1000m:	11:08.10	34.67	1400m:	15:45.49	34.79
250m:	2:40.02	33.17	650m:	7:08.07	33.65	1050m:	11:42.38	34.28	1450m:	16:20.07	34.58
300m:	3:13.53	33.51	700m:	7:42.19	34.12	1100m:	12:17.06	34.68	1500m:	16:53.72	33.65
350m:	3:46.93	33.40	750m:	8:16.00	33.81	1150m:	12:52.05	34.99			
400m:	4:20.66	33.73	800m:	8:50.16	34.16	1200m:	13:26.56	34.51			

29.	Miguel Angelo Silvestre	97	Alcobaca	**16:53.77**	+0,64	634					
50m:	29.56	29.56	450m:	4:56.86	33.98	850m:	9:29.28	33.82	1250m:	14:04.28	34.66
100m:	1:02.20	32.64	500m:	5:31.01	34.15	900m:	10:03.51	34.23	1300m:	14:38.70	34.42
150m:	1:35.17	32.97	550m:	6:05.16	34.15	950m:	10:37.72	34.21	1350m:	15:12.83	34.13
200m:	2:08.14	32.97	600m:	6:39.34	34.18	1000m:	11:12.13	34.41	1400m:	15:47.21	34.38
250m:	2:41.47	33.33	650m:	7:13.46	34.12	1050m:	11:46.63	34.50	1450m:	16:21.24	34.03
300m:	3:14.80	33.33	700m:	7:47.28	33.82	1100m:	12:21.22	34.59	1500m:	16:53.77	32.53
350m:	3:48.93	34.13	750m:	8:21.34	34.06	1150m:	12:55.13	33.91			
400m:	4:22.88	33.95	800m:	8:55.46	34.12	1200m:	13:29.62	34.49			

30.	David Emanuel Martins	97	Braga	**16:54.06**	+0,95	633					
50m:	30.01	30.01	450m:	5:00.04	34.39	850m:	9:34.23	34.34	1250m:	14:06.99	34.16
100m:	1:03.04	33.03	500m:	5:34.26	34.22	900m:	10:08.49	34.26	1300m:	14:41.02	34.03
150m:	1:36.71	33.67	550m:	6:08.51	34.25	950m:	10:43.06	34.57	1350m:	15:15.19	34.17
200m:	2:10.65	33.94	600m:	6:42.82	34.31	1000m:	11:17.11	34.05	1400m:	15:49.11	33.92
250m:	2:44.42	33.77	650m:	7:17.19	34.37	1050m:	11:51.03	33.92	1450m:	16:22.57	33.46
300m:	3:18.28	33.86	700m:	7:51.27	34.08	1100m:	12:24.94	33.91	1500m:	16:54.06	31.49
350m:	3:51.99	33.71	750m:	8:25.79	34.52	1150m:	12:58.75	33.81			
400m:	4:25.65	33.66	800m:	8:59.89	34.10	1200m:	13:32.83	34.08			

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Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
31.	Duarte Nuno Vieira	95	Desportivo Nacional	**16:55.78**	+0,70	630	
	FTL						

50m:	29.46	29.46	450m:	4:58.67	33.91	850m:	9:33.17	34.30	1250m:	14:08.95	34.56
100m:	1:02.70	33.24	500m:	5:32.51	33.84	900m:	10:07.44	34.27	1300m:	14:43.24	34.29
150m:	1:36.53	33.83	550m:	6:06.85	34.34	950m:	10:41.90	34.46	1350m:	15:17.88	34.64
200m:	2:10.30	33.77	600m:	6:41.02	34.17	1000m:	11:16.36	34.46	1400m:	15:51.45	33.57
250m:	2:43.57	33.27	650m:	7:15.55	34.53	1050m:	11:50.75	34.39	1450m:	16:24.20	32.75
300m:	3:16.65	33.08	700m:	7:49.81	34.26	1100m:	12:25.40	34.65	1500m:	16:55.78	31.58
350m:	3:50.72	34.07	750m:	8:24.52	34.71	1150m:	12:59.80	34.40			
400m:	4:24.76	34.04	800m:	8:58.87	34.35	1200m:	13:34.39	34.59			

32.	Sergio Gomes Abreu	96	Naval do Funchal	**16:57.21**	+0,73	627					
50m:	28.83	28.83	450m:	4:58.34	33.68	850m:	9:31.51	34.16	1250m:	14:08.03	34.53
100m:	1:01.45	32.62	500m:	5:32.67	34.33	900m:	10:06.21	34.70	1300m:	14:43.16	35.13
150m:	1:34.72	33.27	550m:	6:06.53	33.86	950m:	10:40.54	34.33	1350m:	15:17.86	34.70
200m:	2:08.71	33.99	600m:	6:40.69	34.16	1000m:	11:14.94	34.40	1400m:	15:52.65	34.79
250m:	2:42.57	33.86	650m:	7:14.59	33.90	1050m:	11:49.43	34.49	1450m:	16:26.54	33.89
300m:	3:16.91	34.34	700m:	7:48.77	34.18	1100m:	12:24.08	34.65	1500m:	16:57.21	30.67
350m:	3:50.68	33.77	750m:	8:22.89	34.12	1150m:	12:58.52	34.44			
400m:	4:24.66	33.98	800m:	8:57.35	34.46	1200m:	13:33.50	34.98			

33.	Viktor Kot	98	Nautico Marinha Grande	**16:59.95**	+0,71	622					
50m:	29.62	29.62	450m:	4:59.67	33.96	850m:	9:34.65	34.39	1250m:	14:10.02	34.63
100m:	1:02.15	32.53	500m:	5:33.46	33.79	900m:	10:09.32	34.67	1300m:	14:44.17	34.15
150m:	1:35.32	33.17	550m:	6:07.78	34.32	950m:	10:44.10	34.78	1350m:	15:18.96	34.79
200m:	2:09.12	33.80	600m:	6:41.99	34.21	1000m:	11:18.66	34.56	1400m:	15:53.16	34.20
250m:	2:43.21	34.09	650m:	7:16.58	34.59	1050m:	11:53.03	34.37	1450m:	16:27.21	34.05
300m:	3:17.13	33.92	700m:	7:50.75	34.17	1100m:	12:27.28	34.25	1500m:	16:59.95	32.74
350m:	3:51.37	34.24	750m:	8:25.56	34.81	1150m:	13:01.49	34.21			
400m:	4:25.71	34.34	800m:	9:00.26	34.70	1200m:	13:35.39	33.90			

34.	Andre Pereira Coelho	98	Alcobaca	**17:03.13**	+0,89	617					
50m:	30.85	30.85	450m:	5:04.01	34.55	850m:	9:38.66	33.98	1250m:	14:14.03	34.55
100m:	1:04.31	33.46	500m:	5:38.51	34.50	900m:	10:12.78	34.12	1300m:	14:48.46	34.43
150m:	1:38.53	34.22	550m:	6:12.79	34.28	950m:	10:47.23	34.45	1350m:	15:22.59	34.13
200m:	2:12.60	34.07	600m:	6:47.34	34.55	1000m:	11:21.56	34.33	1400m:	15:57.04	34.45
250m:	2:46.71	34.11	650m:	7:21.69	34.35	1050m:	11:56.46	34.90	1450m:	16:31.42	34.38
300m:	3:20.87	34.16	700m:	7:56.13	34.44	1100m:	12:31.02	34.56	1500m:	17:03.13	31.71
350m:	3:55.15	34.28	750m:	8:30.02	33.89	1150m:	13:05.08	34.06			
400m:	4:29.46	34.31	800m:	9:04.68	34.66	1200m:	13:39.48	34.40			

35.	Dario Fausto Matias	98	Torres Novas	**17:03.92**	+0,76	615					
50m:	29.82	29.82	450m:	5:02.23	34.28	850m:	9:37.97	34.55	1250m:	14:14.79	34.67
100m:	1:03.14	33.32	500m:	5:36.74	34.51	900m:	10:12.42	34.45	1300m:	14:49.83	35.04
150m:	1:37.31	34.17	550m:	6:11.18	34.44	950m:	10:46.74	34.32	1350m:	15:24.97	35.14
200m:	2:11.08	33.77	600m:	6:45.43	34.25	1000m:	11:21.37	34.63	1400m:	15:59.95	34.98
250m:	2:45.50	34.42	650m:	7:19.87	34.44	1050m:	11:55.96	34.59	1450m:	16:32.08	32.13
300m:	3:19.60	34.10	700m:	7:54.47	34.60	1100m:	12:30.52	34.56	1500m:	17:03.92	31.84
350m:	3:53.73	34.13	750m:	8:28.86	34.39	1150m:	13:05.47	34.95			
400m:	4:27.95	34.22	800m:	9:03.42	34.56	1200m:	13:40.12	34.65			

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Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
36.	Tiago Carlos Santos	98	Naval Amorense	**17:05.62**	+0,75	612	

50m:	29.33	29.33	450m:	4:55.06	34.10	850m:	9:30.62	34.95	1250m:	14:12.66	35.93
100m:	1:00.96	31.63	500m:	5:29.04	33.98	900m:	10:05.15	34.53	1300m:	14:48.24	35.58
150m:	1:33.41	32.45	550m:	6:03.23	34.19	950m:	10:40.08	34.93	1350m:	15:23.12	34.88
200m:	2:06.78	33.37	600m:	6:37.33	34.10	1000m:	11:15.49	35.41	1400m:	15:58.33	35.21
250m:	2:40.62	33.84	650m:	7:12.01	34.68	1050m:	11:50.57	35.08	1450m:	16:32.41	34.08
300m:	3:13.80	33.18	700m:	7:45.99	33.98	1100m:	12:26.03	35.46	1500m:	17:05.62	33.21
350m:	3:47.29	33.49	750m:	8:20.63	34.64	1150m:	13:01.58	35.55			
400m:	4:20.96	33.67	800m:	8:55.67	35.04	1200m:	13:36.73	35.15			

37.	Pedro Maria Bessa	95	Vilacondense	**17:08.07**	+0,75	608	
	FTL						

50m:	28.77	28.77	450m:	4:50.37	33.56	850m:	9:22.56	34.59	1250m:	14:06.20	36.31
100m:	1:00.66	31.89	500m:	5:24.08	33.71	900m:	9:57.24	34.68	1300m:	14:42.80	36.60
150m:	1:33.09	32.43	550m:	5:57.90	33.82	950m:	10:32.31	35.07	1350m:	15:19.16	36.36
200m:	2:05.64	32.55	600m:	6:31.47	33.57	1000m:	11:07.43	35.12	1400m:	15:55.59	36.43
250m:	2:38.07	32.43	650m:	7:04.42	32.95	1050m:	11:42.58	35.15	1450m:	16:32.24	36.65
300m:	3:10.93	32.86	700m:	7:38.64	34.22	1100m:	12:18.06	35.48	1500m:	17:08.07	35.83
350m:	3:43.88	32.95	750m:	8:13.49	34.85	1150m:	12:53.96	35.90			
400m:	4:16.81	32.93	800m:	8:47.97	34.48	1200m:	13:29.89	35.93			

38.	Pedro Rafael Garcia	96	Academico Viseu	**17:08.68**	+0,74	607	

50m:	30.33	30.33	450m:	4:59.85	34.41	850m:	9:36.42	35.02	1250m:	14:16.19	35.42
100m:	1:02.80	32.47	500m:	5:33.86	34.01	900m:	10:11.08	34.66	1300m:	14:51.10	34.91
150m:	1:36.23	33.43	550m:	6:08.16	34.30	950m:	10:46.21	35.13	1350m:	15:26.49	35.39
200m:	2:09.57	33.34	600m:	6:42.43	34.27	1000m:	11:20.99	34.78	1400m:	16:00.77	34.28
250m:	2:43.47	33.90	650m:	7:17.28	34.85	1050m:	11:56.09	35.10	1450m:	16:35.62	34.85
300m:	3:17.36	33.89	700m:	7:51.86	34.58	1100m:	12:30.76	34.67	1500m:	17:08.68	33.06
350m:	3:51.38	34.02	750m:	8:26.80	34.94	1150m:	13:05.98	35.22			
400m:	4:25.44	34.06	800m:	9:01.40	34.60	1200m:	13:40.77	34.79			

39.	Andre Rafael Marinho	93	Uniao Piedense	**17:08.89**	+0,89	606	
	FTL						

50m:	29.85	29.85	450m:	5:01.18	34.57	850m:	9:37.52	34.87	1250m:	14:15.88	35.41
100m:	1:03.36	33.51	500m:	5:35.43	34.25	900m:	10:12.04	34.52	1300m:	14:50.76	34.88
150m:	1:37.04	33.68	550m:	6:10.15	34.72	950m:	10:46.89	34.85	1350m:	15:25.79	35.03
200m:	2:10.50	33.46	600m:	6:44.30	34.15	1000m:	11:21.42	34.53	1400m:	16:00.61	34.82
250m:	2:44.53	34.03	650m:	7:19.26	34.96	1050m:	11:56.31	34.89	1450m:	16:35.35	34.74
300m:	3:18.34	33.81	700m:	7:53.66	34.40	1100m:	12:30.72	34.41	1500m:	17:08.89	33.54
350m:	3:52.62	34.28	750m:	8:28.36	34.70	1150m:	13:05.73	35.01			
400m:	4:26.61	33.99	800m:	9:02.65	34.29	1200m:	13:40.47	34.74			

40.	Vitor Joao Pereira	97	Leixoes	**17:09.12**	+0,94	606	

50m:	30.09	30.09	450m:	4:58.85	33.99	850m:	9:35.02	34.67	1250m:	14:15.67	35.19
100m:	1:02.20	32.11	500m:	5:33.27	34.42	900m:	10:09.85	34.83	1300m:	14:50.84	35.17
150m:	1:35.44	33.24	550m:	6:07.80	34.53	950m:	10:44.62	34.77	1350m:	15:25.49	34.65
200m:	2:09.03	33.59	600m:	6:42.03	34.23	1000m:	11:19.66	35.04	1400m:	16:00.57	35.08
250m:	2:42.94	33.91	650m:	7:16.64	34.61	1050m:	11:54.78	35.12	1450m:	16:35.14	34.57
300m:	3:16.72	33.78	700m:	7:51.29	34.65	1100m:	12:30.18	35.40	1500m:	17:09.12	33.98
350m:	3:50.65	33.93	750m:	8:25.64	34.35	1150m:	13:05.26	35.08			
400m:	4:24.86	34.21	800m:	9:00.35	34.71	1200m:	13:40.48	35.22			

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Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
41.	Rodrigo Martins Gomes	98	FC Ferreiras	**17:10.27**	+0,83	604	

50m:	29.68	29.68	450m:	5:03.54	34.68	850m:	9:42.63	34.96	1250m:	14:21.34	34.71
100m:	1:02.63	32.95	500m:	5:38.05	34.51	900m:	10:17.93	35.30	1300m:	14:55.58	34.24
150m:	1:36.56	33.93	550m:	6:12.90	34.85	950m:	10:52.92	34.99	1350m:	15:29.84	34.26
200m:	2:10.68	34.12	600m:	6:47.54	34.64	1000m:	11:27.64	34.72	1400m:	16:03.99	34.15
250m:	2:44.94	34.26	650m:	7:22.34	34.80	1050m:	12:02.44	34.80	1450m:	16:37.90	33.91
300m:	3:19.44	34.50	700m:	7:57.38	35.04	1100m:	12:37.15	34.71	1500m:	17:10.27	32.37
350m:	3:54.21	34.77	750m:	8:32.48	35.10	1150m:	13:11.81	34.66			
400m:	4:28.86	34.65	800m:	9:07.67	35.19	1200m:	13:46.63	34.82			

42.	Pedro Veiguinha Martins	96	Braga	**17:12.94**	+0,91	599					
50m:	30.26	30.26	450m:	4:56.62	33.85	850m:	9:37.26	35.52	1250m:	14:22.91	35.59
100m:	1:03.16	32.90	500m:	5:30.35	33.73	900m:	10:12.79	35.53	1300m:	14:57.97	35.06
150m:	1:36.65	33.49	550m:	6:04.90	34.55	950m:	10:48.38	35.59	1350m:	15:32.59	34.62
200m:	2:10.03	33.38	600m:	6:40.03	35.13	1000m:	11:24.46	36.08	1400m:	16:06.52	33.93
250m:	2:42.89	32.86	650m:	7:15.62	35.59	1050m:	12:00.32	35.86	1450m:	16:39.69	33.17
300m:	3:16.22	33.33	700m:	7:50.81	35.19	1100m:	12:36.08	35.76	1500m:	17:12.94	33.25
350m:	3:49.40	33.18	750m:	8:26.34	35.53	1150m:	13:11.59	35.51			
400m:	4:22.77	33.37	800m:	9:01.74	35.40	1200m:	13:47.32	35.73			

43.	Andre Sousa Goncalves	97	Natacao de Olhao	**17:13.79**	+0,82	598					
50m:	30.44	30.44	450m:	5:04.12	34.10	850m:	9:41.70	35.07	1250m:	14:21.16	35.03
100m:	1:04.24	33.80	500m:	5:38.77	34.65	900m:	10:16.60	34.90	1300m:	14:55.98	34.82
150m:	1:38.52	34.28	550m:	6:13.09	34.32	950m:	10:51.42	34.82	1350m:	15:30.79	34.81
200m:	2:12.98	34.46	600m:	6:48.09	35.00	1000m:	11:26.43	35.01	1400m:	16:05.73	34.94
250m:	2:46.97	33.99	650m:	7:22.64	34.55	1050m:	12:01.34	34.91	1450m:	16:40.23	34.50
300m:	3:21.24	34.27	700m:	7:57.28	34.64	1100m:	12:36.15	34.81	1500m:	17:13.79	33.56
350m:	3:55.68	34.44	750m:	8:31.92	34.64	1150m:	13:11.31	35.16			
400m:	4:30.02	34.34	800m:	9:06.63	34.71	1200m:	13:46.13	34.82			

44.	Rui Jorge Matias	99	Vilacondense	**17:14.42**	+0,88	597					
50m:	29.57	29.57	450m:	5:02.31	34.85	850m:	9:42.31	35.05	1250m:	14:23.94	34.88
100m:	1:02.36	32.79	500m:	5:37.12	34.81	900m:	10:17.44	35.13	1300m:	14:59.69	35.75
150m:	1:35.88	33.52	550m:	6:11.62	34.50	950m:	10:52.47	35.03	1350m:	15:34.08	34.39
200m:	2:09.50	33.62	600m:	6:46.82	35.20	1000m:	11:27.93	35.46	1400m:	16:08.99	34.91
250m:	2:43.46	33.96	650m:	7:21.84	35.02	1050m:	12:02.63	34.70	1450m:	16:42.19	33.20
300m:	3:18.19	34.73	700m:	7:57.40	35.56	1100m:	12:38.04	35.41	1500m:	17:14.42	32.23
350m:	3:52.66	34.47	750m:	8:32.62	35.22	1150m:	13:13.05	35.01			
400m:	4:27.46	34.80	800m:	9:07.26	34.64	1200m:	13:49.06	36.01			

45.	Carlos Daniel Ramos	96	Estarreja	**17:14.94**	+0,80	596					
50m:	31.26	31.26	450m:	5:06.54	34.83	850m:	9:44.14	34.98	1250m:	14:22.59	34.87
100m:	1:04.94	33.68	500m:	5:41.27	34.73	900m:	10:18.59	34.45	1300m:	14:57.74	35.15
150m:	1:38.93	33.99	550m:	6:16.12	34.85	950m:	10:53.54	34.95	1350m:	15:32.91	35.17
200m:	2:13.09	34.16	600m:	6:50.75	34.63	1000m:	11:28.09	34.55	1400m:	16:07.74	34.83
250m:	2:47.74	34.65	650m:	7:25.37	34.62	1050m:	12:02.85	34.76	1450m:	16:41.70	33.96
300m:	3:22.25	34.51	700m:	7:59.81	34.44	1100m:	12:37.48	34.63	1500m:	17:14.94	33.24
350m:	3:57.01	34.76	750m:	8:34.55	34.74	1150m:	13:12.50	35.02			
400m:	4:31.71	34.70	800m:	9:09.16	34.61	1200m:	13:47.72	35.22			

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Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
46.	Jose Pedro Fernandes	99	Braga	**17:15.65**	+0,80	594	

50m:	30.64	30.64	450m:	5:06.88	34.85	850m:	9:46.57	34.96	1250m:	14:25.35	34.74
100m:	1:04.44	33.80	500m:	5:41.74	34.86	900m:	10:21.50	34.93	1300m:	14:59.83	34.48
150m:	1:38.56	34.12	550m:	6:16.59	34.85	950m:	10:56.45	34.95	1350m:	15:34.58	34.75
200m:	2:13.24	34.68	600m:	6:51.81	35.22	1000m:	11:31.17	34.72	1400m:	16:09.36	34.78
250m:	2:47.64	34.40	650m:	7:26.76	34.95	1050m:	12:06.19	35.02	1450m:	16:43.69	34.33
300m:	3:22.33	34.69	700m:	8:01.78	35.02	1100m:	12:41.17	34.98	1500m:	17:15.65	31.96
350m:	3:57.32	34.99	750m:	8:36.59	34.81	1150m:	13:15.75	34.58			
400m:	4:32.03	34.71	800m:	9:11.61	35.02	1200m:	13:50.61	34.86			

47.	Jose Pedro Sampaio	98	Foca	**17:16.18**	+0,82	593	

50m:	30.30	30.30	450m:	5:05.59	34.51	850m:	9:44.62	34.75	1250m:	14:26.11	35.23
100m:	1:03.58	33.28	500m:	5:40.47	34.88	900m:	10:20.09	35.47	1300m:	15:01.61	35.50
150m:	1:37.71	34.13	550m:	6:15.27	34.80	950m:	10:55.38	35.29	1350m:	15:35.66	34.05
200m:	2:12.14	34.43	600m:	6:50.24	34.97	1000m:	11:30.66	35.28	1400m:	16:10.45	34.79
250m:	2:46.88	34.74	650m:	7:24.93	34.69	1050m:	12:05.66	35.00	1450m:	16:44.54	34.09
300m:	3:21.80	34.92	700m:	8:00.06	35.13	1100m:	12:40.63	34.97	1500m:	17:16.18	31.64
350m:	3:56.42	34.62	750m:	8:35.04	34.98	1150m:	13:15.17	34.54			
400m:	4:31.08	34.66	800m:	9:09.87	34.83	1200m:	13:50.88	35.71			

48.	Jose Diogo Fonseca	98	Nautico Marinha Grande	**17:16.33**	+0,76	593	

50m:	30.25	30.25	450m:	5:07.36	35.03	850m:	9:44.38	34.63	1250m:	14:23.12	34.90
100m:	1:03.85	33.60	500m:	5:42.06	34.70	900m:	10:19.20	34.82	1300m:	14:58.26	35.14
150m:	1:38.44	34.59	550m:	6:16.83	34.77	950m:	10:54.04	34.84	1350m:	15:33.22	34.96
200m:	2:13.26	34.82	600m:	6:51.61	34.78	1000m:	11:28.83	34.79	1400m:	16:08.59	35.37
250m:	2:48.06	34.80	650m:	7:26.20	34.59	1050m:	12:03.18	34.35	1450m:	16:43.10	34.51
300m:	3:22.76	34.70	700m:	8:00.99	34.79	1100m:	12:38.07	34.89	1500m:	17:16.33	33.23
350m:	3:57.64	34.88	750m:	8:35.10	34.11	1150m:	13:13.15	35.08			
400m:	4:32.33	34.69	800m:	9:09.75	34.65	1200m:	13:48.22	35.07			

49.	Afonso Calais Queiroga	98	Uniao Piedense	**17:18.26**	+0,69	590	

50m:	29.56	29.56	450m:	5:01.73	34.41	850m:	9:40.86	35.13	1250m:	14:24.41	35.89
100m:	1:02.78	33.22	500m:	5:35.68	33.95	900m:	10:16.35	35.49	1300m:	15:00.25	35.84
150m:	1:37.06	34.28	550m:	6:10.59	34.91	950m:	10:52.05	35.70	1350m:	15:34.95	34.70
200m:	2:10.64	33.58	600m:	6:44.84	34.25	1000m:	11:27.37	35.32	1400m:	16:08.80	33.85
250m:	2:44.96	34.32	650m:	7:19.95	35.11	1050m:	12:03.33	35.96	1450m:	16:44.74	35.94
300m:	3:18.81	33.85	700m:	7:55.01	35.06	1100m:	12:38.11	34.78	1500m:	17:18.26	33.52
350m:	3:53.29	34.48	750m:	8:30.52	35.51	1150m:	13:13.50	35.39			
400m:	4:27.32	34.03	800m:	9:05.73	35.21	1200m:	13:48.52	35.02			

50.	Joao Magalhaes Nunes	99	Amadora	**17:20.20**	+0,80	587	

50m:	30.86	30.86	450m:	5:05.81	34.83	850m:	9:44.89	34.66	1250m:	14:26.11	35.53
100m:	1:04.44	33.58	500m:	5:40.71	34.90	900m:	10:20.30	35.41	1300m:	15:01.54	35.43
150m:	1:39.11	34.67	550m:	6:14.95	34.24	950m:	10:54.56	34.26	1350m:	15:36.30	34.76
200m:	2:13.19	34.08	600m:	6:49.37	34.42	1000m:	11:30.19	35.63	1400m:	16:11.99	35.69
250m:	2:47.86	34.67	650m:	7:25.14	35.77	1050m:	12:04.54	34.35	1450m:	16:46.44	34.45
300m:	3:22.49	34.63	700m:	8:00.49	35.35	1100m:	12:39.91	35.37	1500m:	17:20.20	33.76
350m:	3:56.90	34.41	750m:	8:35.26	34.77	1150m:	13:14.92	35.01			
400m:	4:30.98	34.08	800m:	9:10.23	34.97	1200m:	13:50.58	35.66			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
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Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
51.	Henrique Mourinho Neves	97	Alges	**17:20.28**	+0,73	586	

50m:	29.64	29.64	450m:	5:00.63	34.86	850m:	9:42.09	35.71	1250m:	14:26.03	36.09
100m:	1:02.26	32.62	500m:	5:35.20	34.57	900m:	10:17.04	34.95	1300m:	15:01.19	35.16
150m:	1:35.45	33.19	550m:	6:10.05	34.85	950m:	10:52.60	35.56	1350m:	15:36.52	35.33
200m:	2:08.98	33.53	600m:	6:44.76	34.71	1000m:	11:27.84	35.24	1400m:	16:11.70	35.18
250m:	2:42.72	33.74	650m:	7:20.13	35.37	1050m:	12:03.69	35.85	1450m:	16:47.05	35.35
300m:	3:16.95	34.23	700m:	7:55.52	35.39	1100m:	12:39.35	35.66	1500m:	17:20.28	33.23
350m:	3:51.22	34.27	750m:	8:30.99	35.47	1150m:	13:14.57	35.22			
400m:	4:25.77	34.55	800m:	9:06.38	35.39	1200m:	13:49.94	35.37			

52.	Francisco Xavier Goncalves	97	Nautico /Urgicentro-Sanfil	**17:23.42**	+0,69	581					
50m:	30.08	30.08	450m:	5:04.60	34.82	850m:	9:44.02	34.87	1250m:	14:26.22	35.49
100m:	1:03.54	33.46	500m:	5:39.32	34.72	900m:	10:19.51	35.49	1300m:	15:01.78	35.56
150m:	1:37.31	33.77	550m:	6:13.90	34.58	950m:	10:54.47	34.96	1350m:	15:37.38	35.60
200m:	2:11.47	34.16	600m:	6:48.76	34.86	1000m:	11:29.67	35.20	1400m:	16:13.29	35.91
250m:	2:45.52	34.05	650m:	7:23.61	34.85	1050m:	12:04.54	34.87	1450m:	16:49.11	35.82
300m:	3:20.25	34.73	700m:	7:58.81	35.20	1100m:	12:39.74	35.20	1500m:	17:23.42	34.31
350m:	3:54.92	34.67	750m:	8:33.97	35.16	1150m:	13:15.15	35.41			
400m:	4:29.78	34.86	800m:	9:09.15	35.18	1200m:	13:50.73	35.58			

53.	Eduardo Manuel Goncalves	98	Nucleo Sportinguista Terceira	**17:24.10**	+0,76	580					
50m:	31.70	31.70	450m:	5:06.51	34.68	850m:	9:46.69	34.59	1250m:	14:29.56	35.15
100m:	1:05.29	33.59	500m:	5:42.00	35.49	900m:	10:21.86	35.17	1300m:	15:05.08	35.52
150m:	1:39.57	34.28	550m:	6:16.80	34.80	950m:	10:56.90	35.04	1350m:	15:40.09	35.01
200m:	2:13.82	34.25	600m:	6:52.10	35.30	1000m:	11:32.48	35.58	1400m:	16:15.92	35.83
250m:	2:47.95	34.13	650m:	7:26.97	34.87	1050m:	12:07.79	35.31	1450m:	16:50.83	34.91
300m:	3:22.53	34.58	700m:	8:02.35	35.38	1100m:	12:43.35	35.56	1500m:	17:24.10	33.27
350m:	3:57.15	34.62	750m:	8:36.80	34.45	1150m:	13:18.45	35.10			
400m:	4:31.83	34.68	800m:	9:12.10	35.30	1200m:	13:54.41	35.96			

54.	Diogo Rosado Leca	98	Colegio Monte Maior	**17:24.41**	+0,95	580					
50m:	31.51	31.51	450m:	5:09.17	35.20	850m:	9:50.68	34.87	1250m:	14:32.85	34.67
100m:	1:05.51	34.00	500m:	5:44.05	34.88	900m:	10:26.14	35.46	1300m:	15:08.41	35.56
150m:	1:40.38	34.87	550m:	6:19.06	35.01	950m:	11:01.28	35.14	1350m:	15:42.74	34.33
200m:	2:14.80	34.42	600m:	6:54.46	35.40	1000m:	11:36.60	35.32	1400m:	16:17.63	34.89
250m:	2:49.41	34.61	650m:	7:29.59	35.13	1050m:	12:11.78	35.18	1450m:	16:51.50	33.87
300m:	3:24.00	34.59	700m:	8:05.26	35.67	1100m:	12:47.44	35.66	1500m:	17:24.41	32.91
350m:	3:58.91	34.91	750m:	8:40.30	35.04	1150m:	13:22.66	35.22			
400m:	4:33.97	35.06	800m:	9:15.81	35.51	1200m:	13:58.18	35.52			

55.	Diogo Nogueira Rebelo	98	Colegio Monte Maior	**17:24.61**	+0,81	579					
50m:	30.92	30.92	450m:	5:07.77	35.58	850m:	9:48.87	35.56	1250m:	14:31.81	35.40
100m:	1:04.42	33.50	500m:	5:42.64	34.87	900m:	10:23.88	35.01	1300m:	15:07.28	35.47
150m:	1:38.96	34.54	550m:	6:17.64	35.00	950m:	10:59.21	35.33	1350m:	15:42.76	35.48
200m:	2:13.60	34.64	600m:	6:52.86	35.22	1000m:	11:34.64	35.43	1400m:	16:18.00	35.24
250m:	2:48.08	34.48	650m:	7:27.96	35.10	1050m:	12:10.13	35.49	1450m:	16:52.64	34.64
300m:	3:22.38	34.30	700m:	8:03.24	35.28	1100m:	12:45.45	35.32	1500m:	17:24.61	31.97
350m:	3:56.93	34.55	750m:	8:38.32	35.08	1150m:	13:20.97	35.52			
400m:	4:32.19	35.26	800m:	9:13.31	34.99	1200m:	13:56.41	35.44			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Campeonato Nacional de Juvenis
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Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
56.	Isidro Carrara Bittini	97	Alges	**17:24.77**	+0,68	579	

50m:	29.96	29.96	450m:	5:00.94	34.45	850m:	9:41.71	35.74	1250m:	14:27.90	36.21
100m:	1:02.74	32.78	500m:	5:35.60	34.66	900m:	10:16.95	35.24	1300m:	15:03.82	35.92
150m:	1:36.33	33.59	550m:	6:10.32	34.72	950m:	10:53.09	36.14	1350m:	15:40.07	36.25
200m:	2:10.17	33.84	600m:	6:45.18	34.86	1000m:	11:28.65	35.56	1400m:	16:15.49	35.42
250m:	2:44.33	34.16	650m:	7:20.35	35.17	1050m:	12:04.64	35.99	1450m:	16:50.62	35.13
300m:	3:18.09	33.76	700m:	7:55.29	34.94	1100m:	12:39.98	35.34	1500m:	17:24.77	34.15
350m:	3:52.57	34.48	750m:	8:30.76	35.47	1150m:	13:16.06	36.08			
400m:	4:26.49	33.92	800m:	9:05.97	35.21	1200m:	13:51.69	35.63			

57.	Nelson Pereira Malheiros	99	Litoral Alentejano	**17:24.85**		579					
50m:	30.70	30.70	450m:	5:05.91	34.43	850m:	9:45.30	35.23	1250m:	14:30.64	36.12
100m:	1:04.49	33.79	500m:	5:40.53	34.62	900m:	10:20.26	34.96	1300m:	15:06.35	35.71
150m:	1:39.49	35.00	550m:	6:15.18	34.65	950m:	10:55.60	35.34	1350m:	15:41.80	35.45
200m:	2:13.55	34.06	600m:	6:49.66	34.48	1000m:	11:31.23	35.63	1400m:	16:17.21	35.41
250m:	2:48.39	34.84	650m:	7:24.95	35.29	1050m:	12:06.83	35.60	1450m:	16:51.47	34.26
300m:	3:22.76	34.37	700m:	8:00.18	35.23	1100m:	12:42.49	35.66	1500m:	17:24.85	33.38
350m:	3:57.40	34.64	750m:	8:35.18	35.00	1150m:	13:18.51	36.02			
400m:	4:31.48	34.08	800m:	9:10.07	34.89	1200m:	13:54.52	36.01			

58.	Luis Filipe Ribeiro	98	Braga	**17:25.07**	+0,80	578					
50m:	30.53	30.53	450m:	5:07.20	35.52	850m:	9:49.09	34.88	1250m:	14:30.52	35.01
100m:	1:04.32	33.79	500m:	5:42.32	35.12	900m:	10:24.57	35.48	1300m:	15:05.34	34.82
150m:	1:38.46	34.14	550m:	6:17.38	35.06	950m:	10:59.60	35.03	1350m:	15:40.76	35.42
200m:	2:12.71	34.25	600m:	6:52.81	35.43	1000m:	11:34.75	35.15	1400m:	16:15.81	35.05
250m:	2:47.11	34.40	650m:	7:28.28	35.47	1050m:	12:09.40	34.65	1450m:	16:51.03	35.22
300m:	3:21.73	34.62	700m:	8:03.80	35.52	1100m:	12:44.23	34.83	1500m:	17:25.07	34.04
350m:	3:56.55	34.82	750m:	8:38.68	34.88	1150m:	13:19.56	35.33			
400m:	4:31.68	35.13	800m:	9:14.21	35.53	1200m:	13:55.51	35.95			

59.	Miguel Martins Baltazar	98	Aminata	**17:27.03**	+0,73	575					
50m:	29.79	29.79	450m:	5:05.71	35.08	850m:	9:46.40	35.31	1250m:	14:30.05	35.74
100m:	1:02.79	33.00	500m:	5:40.79	35.08	900m:	10:21.41	35.01	1300m:	15:05.70	35.65
150m:	1:37.14	34.35	550m:	6:15.91	35.12	950m:	10:56.87	35.46	1350m:	15:41.37	35.67
200m:	2:11.49	34.35	600m:	6:51.01	35.10	1000m:	11:32.17	35.30	1400m:	16:17.11	35.74
250m:	2:46.11	34.62	650m:	7:26.30	35.29	1050m:	12:07.63	35.46	1450m:	16:52.42	35.31
300m:	3:20.69	34.58	700m:	8:01.12	34.82	1100m:	12:43.10	35.47	1500m:	17:27.03	34.61
350m:	3:55.65	34.96	750m:	8:35.98	34.86	1150m:	13:18.79	35.69			
400m:	4:30.63	34.98	800m:	9:11.09	35.11	1200m:	13:54.31	35.52			

60.	Filipe Ferreira Luz	98	Gesloures	**17:30.31**	+0,87	570					
50m:	31.19	31.19	450m:	5:05.21	34.79	850m:	9:48.18	35.37	1250m:	14:33.03	35.56
100m:	1:04.83	33.64	500m:	5:40.24	35.03	900m:	10:23.93	35.75	1300m:	15:08.85	35.82
150m:	1:39.03	34.20	550m:	6:15.35	35.11	950m:	10:59.23	35.30	1350m:	15:44.43	35.58
200m:	2:13.14	34.11	600m:	6:50.70	35.35	1000m:	11:35.05	35.82	1400m:	16:20.17	35.74
250m:	2:47.14	34.00	650m:	7:26.27	35.57	1050m:	12:10.43	35.38	1450m:	16:55.84	35.67
300m:	3:21.47	34.33	700m:	8:02.10	35.83	1100m:	12:46.17	35.74	1500m:	17:30.31	34.47
350m:	3:55.74	34.27	750m:	8:37.50	35.40	1150m:	13:21.60	35.43			
400m:	4:30.42	34.68	800m:	9:12.81	35.31	1200m:	13:57.47	35.87			

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Campeonato Nacional de Juvenis
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Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
61.	Leandro Fernandes Mota	98	Columbofila Cantanhedense	**17:31.45**	+0,71	568	

50m:	30.40	30.40	450m:	5:06.70	35.45	850m:	9:50.59	35.56	1250m:	14:35.47	36.05
100m:	1:03.77	33.37	500m:	5:42.03	35.33	900m:	10:26.24	35.65	1300m:	15:11.10	35.63
150m:	1:38.43	34.66	550m:	6:17.64	35.61	950m:	11:01.92	35.68	1350m:	15:46.45	35.35
200m:	2:12.90	34.47	600m:	6:52.96	35.32	1000m:	11:37.29	35.37	1400m:	16:22.40	35.95
250m:	2:47.41	34.51	650m:	7:28.12	35.16	1050m:	12:13.01	35.72	1450m:	16:57.49	35.09
300m:	3:21.82	34.41	700m:	8:04.08	35.96	1100m:	12:48.22	35.21	1500m:	17:31.45	33.96
350m:	3:56.70	34.88	750m:	8:39.73	35.65	1150m:	13:23.58	35.36			
400m:	4:31.25	34.55	800m:	9:15.03	35.30	1200m:	13:59.42	35.84			

62.	Eduardo Cardoso Lopes	99	Louletano/Loule Concelho	**17:31.76**	+0,85	567					
50m:	30.32	30.32	450m:	5:00.56	34.55	850m:	9:47.88	36.51	1250m:	14:37.30	36.39
100m:	1:02.83	32.51	500m:	5:35.46	34.90	900m:	10:24.22	36.34	1300m:	15:12.54	35.24
150m:	1:36.38	33.55	550m:	6:11.53	36.07	950m:	11:00.57	36.35	1350m:	15:47.88	35.34
200m:	2:09.56	33.18	600m:	6:46.25	34.72	1000m:	11:35.85	35.28	1400m:	16:20.81	32.93
250m:	2:43.48	33.92	650m:	7:22.67	36.42	1050m:	12:12.61	36.76	1450m:	16:56.95	36.14
300m:	3:17.37	33.89	700m:	7:58.83	36.16	1100m:	12:48.78	36.17	1500m:	17:31.76	34.81
350m:	3:51.90	34.53	750m:	8:35.02	36.19	1150m:	13:25.10	36.32			
400m:	4:26.01	34.11	800m:	9:11.37	36.35	1200m:	14:00.91	35.81			

63.	Alexandre Magno Carvalho	98	Fluvial Portuense	**17:32.49**	566						
50m:	30.43	30.43	450m:	5:10.68	35.35	850m:	9:55.54	35.75	1250m:	14:38.71	35.12
100m:	1:04.26	33.83	500m:	5:46.29	35.61	900m:	10:31.08	35.54	1300m:	15:14.13	35.42
150m:	1:39.27	35.01	550m:	6:21.49	35.20	950m:	11:06.14	35.06	1350m:	15:49.09	34.96
200m:	2:14.60	35.33	600m:	6:57.23	35.74	1000m:	11:41.87	35.73	1400m:	16:24.48	35.39
250m:	2:49.85	35.25	650m:	7:32.67	35.44	1050m:	12:17.08	35.21	1450m:	16:58.98	34.50
300m:	3:25.07	35.22	700m:	8:08.30	35.63	1100m:	12:52.62	35.54	1500m:	17:32.49	33.51
350m:	3:59.92	34.85	750m:	8:43.90	35.60	1150m:	13:27.83	35.21			
400m:	4:35.33	35.41	800m:	9:19.79	35.89	1200m:	14:03.59	35.76			

64.	Joao Sismeiro Pereira	98	Amadora	**17:33.29**	+0,75	565					
50m:	31.25	31.25	450m:	5:11.13	35.09	850m:	9:52.56	35.14	1250m:	14:37.05	35.49
100m:	1:05.57	34.32	500m:	5:46.26	35.13	900m:	10:28.09	35.53	1300m:	15:13.08	36.03
150m:	1:39.93	34.36	550m:	6:21.69	35.43	950m:	11:03.28	35.19	1350m:	15:48.64	35.56
200m:	2:14.77	34.84	600m:	6:56.98	35.29	1000m:	11:38.90	35.62	1400m:	16:24.41	35.77
250m:	2:49.92	35.15	650m:	7:31.94	34.96	1050m:	12:14.36	35.46	1450m:	16:59.65	35.24
300m:	3:25.27	35.35	700m:	8:07.13	35.19	1100m:	12:50.21	35.85	1500m:	17:33.29	33.64
350m:	4:00.68	35.41	750m:	8:42.21	35.08	1150m:	13:25.90	35.69			
400m:	4:36.04	35.36	800m:	9:17.42	35.21	1200m:	14:01.56	35.66			

65.	Filipe Fonte Cunha	98	Academico Viseu	**17:33.69**	+0,91	564					
50m:	30.07	30.07	450m:	5:06.94	34.92	850m:	9:49.79	35.59	1250m:	14:37.25	35.99
100m:	1:03.11	33.04	500m:	5:42.34	35.40	900m:	10:25.79	36.00	1300m:	15:13.60	36.35
150m:	1:37.41	34.30	550m:	6:17.49	35.15	950m:	11:01.61	35.82	1350m:	15:49.61	36.01
200m:	2:12.25	34.84	600m:	6:52.75	35.26	1000m:	11:37.63	36.02	1400m:	16:24.93	35.32
250m:	2:46.95	34.70	650m:	7:27.29	34.54	1050m:	12:13.17	35.54	1450m:	16:59.60	34.67
300m:	3:21.76	34.81	700m:	8:03.01	35.72	1100m:	12:49.07	35.90	1500m:	17:33.69	34.09
350m:	3:56.57	34.81	750m:	8:38.20	35.19	1150m:	13:24.94	35.87			
400m:	4:32.02	35.45	800m:	9:14.20	36.00	1200m:	14:01.26	36.32			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
66.	Eurico Pereira Sousa	98	Academica de Coimbra	**17:35.21**	+0,78	562	

50m:	29.83	29.83	450m:	5:11.95	35.60	850m:	9:55.96	35.13	1250m:	14:39.45	35.34
100m:	1:03.38	33.55	500m:	5:47.68	35.73	900m:	10:31.40	35.44	1300m:	15:15.01	35.56
150m:	1:38.42	35.04	550m:	6:23.02	35.34	950m:	11:06.53	35.13	1350m:	15:50.55	35.54
200m:	2:14.13	35.71	600m:	6:58.48	35.46	1000m:	11:41.90	35.37	1400m:	16:26.29	35.74
250m:	2:49.44	35.31	650m:	7:33.92	35.44	1050m:	12:17.09	35.19	1450m:	17:00.74	34.45
300m:	3:25.03	35.59	700m:	8:10.28	36.36	1100m:	12:52.90	35.81	1500m:	17:35.21	34.47
350m:	4:00.43	35.40	750m:	8:45.12	34.84	1150m:	13:28.32	35.42			
400m:	4:36.35	35.92	800m:	9:20.83	35.71	1200m:	14:04.11	35.79			

67.	David Nunes Sousa	96	Famalicao	**17:36.55**	+0,80	560	
	FTL						

50m:	30.56	30.56	450m:	5:06.63	34.97	850m:	9:50.76	35.49	1250m:	14:37.21	36.04
100m:	1:03.97	33.41	500m:	5:42.21	35.58	900m:	10:26.46	35.70	1300m:	15:14.07	36.86
150m:	1:38.19	34.22	550m:	6:17.55	35.34	950m:	11:01.94	35.48	1350m:	15:50.13	36.06
200m:	2:12.86	34.67	600m:	6:53.58	36.03	1000m:	11:37.68	35.74	1400m:	16:26.48	36.35
250m:	2:47.43	34.57	650m:	7:28.64	35.06	1050m:	12:13.37	35.69	1450m:	17:01.91	35.43
300m:	3:22.04	34.61	700m:	8:04.36	35.72	1100m:	12:49.23	35.86	1500m:	17:36.55	34.64
350m:	3:56.67	34.63	750m:	8:39.66	35.30	1150m:	13:25.18	35.95			
400m:	4:31.66	34.99	800m:	9:15.27	35.61	1200m:	14:01.17	35.99			

68.	Nuno Rafael Silva	99	Colegio Monte Maior	**17:39.79**	+0,91	555	

50m:	32.06	32.06	450m:	5:11.48	35.46	850m:	9:55.64	35.78	1250m:	14:41.26	35.79
100m:	1:06.69	34.63	500m:	5:46.95	35.47	900m:	10:31.79	36.15	1300m:	15:17.29	36.03
150m:	1:42.01	35.32	550m:	6:22.42	35.47	950m:	11:07.26	35.47	1350m:	15:52.85	35.56
200m:	2:16.47	34.46	600m:	6:57.66	35.24	1000m:	11:42.84	35.58	1400m:	16:28.86	36.01
250m:	2:52.20	35.73	650m:	7:33.29	35.63	1050m:	12:18.38	35.54	1450m:	17:04.81	35.95
300m:	3:27.83	35.63	700m:	8:08.55	35.26	1100m:	12:53.88	35.50	1500m:	17:39.79	34.98
350m:	4:01.54	33.71	750m:	8:44.32	35.77	1150m:	13:29.63	35.75			
400m:	4:36.02	34.48	800m:	9:19.86	35.54	1200m:	14:05.47	35.84			

69.	Pedro Ferraz Esteves	99	Amadora	**17:39.94**	+0,66	554	

50m:	30.43	30.43	450m:	5:14.34	35.84	850m:	9:59.01	35.12	1250m:	14:43.26	35.86
100m:	1:04.80	34.37	500m:	5:50.47	36.13	900m:	10:34.32	35.31	1300m:	15:19.34	36.08
150m:	1:40.50	35.70	550m:	6:26.46	35.99	950m:	11:09.75	35.43	1350m:	15:55.03	35.69
200m:	2:16.16	35.66	600m:	7:02.11	35.65	1000m:	11:44.92	35.17	1400m:	16:30.95	35.92
250m:	2:51.83	35.67	650m:	7:38.14	36.03	1050m:	12:20.34	35.42	1450m:	17:05.85	34.90
300m:	3:27.39	35.56	700m:	8:13.65	35.51	1100m:	12:56.02	35.68	1500m:	17:39.94	34.09
350m:	4:02.61	35.22	750m:	8:49.03	35.38	1150m:	13:31.92	35.90			
400m:	4:38.50	35.89	800m:	9:23.89	34.86	1200m:	14:07.40	35.48			

70.	Pedro Trindade Silva	98	Amadora	**17:41.62**	+0,72	552	

50m:	30.74	30.74	450m:	5:07.00	34.72	850m:	9:49.88	35.88	1250m:	14:39.96	36.19
100m:	1:05.06	34.32	500m:	5:41.98	34.98	900m:	10:25.91	36.03	1300m:	15:16.50	36.54
150m:	1:39.21	34.15	550m:	6:16.98	35.00	950m:	11:01.86	35.95	1350m:	15:52.91	36.41
200m:	2:14.03	34.82	600m:	6:52.11	35.13	1000m:	11:38.36	36.50	1400m:	16:29.17	36.26
250m:	2:48.66	34.63	650m:	7:27.31	35.20	1050m:	12:14.50	36.14	1450m:	17:05.82	36.65
300m:	3:23.40	34.74	700m:	8:02.89	35.58	1100m:	12:51.12	36.62	1500m:	17:41.62	35.80
350m:	3:57.54	34.14	750m:	8:38.15	35.26	1150m:	13:27.21	36.09			
400m:	4:32.28	34.74	800m:	9:14.00	35.85	1200m:	14:03.77	36.56			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
71.	Joao Miguel Cardoso *FTL*	97	Gesloures	**17:42.61**	+0,80	550	

50m:	30.04	30.04	450m:	5:06.75	35.44	850m:	9:51.90	35.92	1250m:	14:42.55	36.05
100m:	1:03.03	32.99	500m:	5:42.42	35.67	900m:	10:28.51	36.61	1300m:	15:19.12	36.57
150m:	1:36.94	33.91	550m:	6:17.47	35.05	950m:	11:04.86	36.35	1350m:	15:55.48	36.36
200m:	2:11.19	34.25	600m:	6:53.25	35.78	1000m:	11:41.30	36.44	1400m:	16:32.06	36.58
250m:	2:45.81	34.62	650m:	7:28.46	35.21	1050m:	12:17.38	36.08	1450m:	17:07.79	35.73
300m:	3:20.63	34.82	700m:	8:04.47	36.01	1100m:	12:53.79	36.41	1500m:	17:42.61	34.82
350m:	3:55.81	35.18	750m:	8:40.16	35.69	1150m:	13:30.23	36.44			
400m:	4:31.31	35.50	800m:	9:15.98	35.82	1200m:	14:06.50	36.27			

72.	Albino David Almeida	99	O Crasto	**17:44.88**		547					
50m:	29.74	29.74	450m:	5:12.50	36.09	850m:	10:00.73	35.95	1250m:	14:48.21	36.01
100m:	1:03.00	33.26	500m:	5:48.11	35.61	900m:	10:36.95	36.22	1300m:	15:24.51	36.30
150m:	1:38.05	35.05	550m:	6:24.37	36.26	950m:	11:12.90	35.95	1350m:	16:00.48	35.97
200m:	2:13.58	35.53	600m:	7:00.82	36.45	1000m:	11:48.75	35.85	1400m:	16:35.78	35.30
250m:	2:49.45	35.87	650m:	7:36.67	35.85	1050m:	12:24.70	35.95	1450m:	17:11.04	35.26
300m:	3:24.90	35.45	700m:	8:12.87	36.20	1100m:	13:00.49	35.79	1500m:	17:44.88	33.84
350m:	4:00.93	36.03	750m:	8:48.74	35.87	1150m:	13:36.43	35.94			
400m:	4:36.41	35.48	800m:	9:24.78	36.04	1200m:	14:12.20	35.77			

73.	Tiago Cunha Costa	99	Sporting	**17:46.62**	+0,79	544					
50m:	29.51	29.51	450m:	5:08.87	35.60	850m:	9:58.75	36.32	1250m:	14:48.98	36.54
100m:	1:02.38	32.87	500m:	5:45.00	36.13	900m:	10:35.28	36.53	1300m:	15:25.36	36.38
150m:	1:37.02	34.64	550m:	6:21.23	36.23	950m:	11:11.62	36.34	1350m:	16:00.92	35.56
200m:	2:11.86	34.84	600m:	6:57.18	35.95	1000m:	11:47.49	35.87	1400m:	16:36.56	35.64
250m:	2:47.31	35.45	650m:	7:33.23	36.05	1050m:	12:23.74	36.25	1450m:	17:11.97	35.41
300m:	3:22.35	35.04	700m:	8:09.68	36.45	1100m:	12:59.75	36.01	1500m:	17:46.62	34.65
350m:	3:58.03	35.68	750m:	8:46.05	36.37	1150m:	13:36.24	36.49			
400m:	4:33.27	35.24	800m:	9:22.43	36.38	1200m:	14:12.44	36.20			

74.	Joao Alberto Gondar	98	Vilacondense	**17:50.69**	+0,75	538					
50m:	29.29	29.29	450m:	5:09.93	36.02	850m:	9:58.75	36.70	1250m:	14:50.77	36.33
100m:	1:02.50	33.21	500m:	5:45.67	35.74	900m:	10:35.92	37.17	1300m:	15:27.67	36.90
150m:	1:37.26	34.76	550m:	6:21.55	35.88	950m:	11:12.23	36.31	1350m:	16:04.34	36.67
200m:	2:12.40	35.14	600m:	6:57.68	36.13	1000m:	11:49.06	36.83	1400m:	16:40.72	36.38
250m:	2:47.52	35.12	650m:	7:33.26	35.58	1050m:	12:24.91	35.85	1450m:	17:16.30	35.58
300m:	3:23.34	35.82	700m:	8:09.52	36.26	1100m:	13:01.67	36.76	1500m:	17:50.69	34.39
350m:	3:58.29	34.95	750m:	8:45.65	36.13	1150m:	13:37.90	36.23			
400m:	4:33.91	35.62	800m:	9:22.05	36.40	1200m:	14:14.44	36.54			

75.	Duarte Filipe Rodrigues	99	Alges	**17:51.39**	+0,82	537					
50m:	31.35	31.35	450m:	5:09.07	34.72	850m:	9:50.53	35.46	1250m:	14:45.65	37.39
100m:	1:05.38	34.03	500m:	5:44.29	35.22	900m:	10:26.16	35.63	1300m:	15:24.52	38.87
150m:	1:40.00	34.62	550m:	6:19.13	34.84	950m:	11:02.25	36.09	1350m:	16:01.81	37.29
200m:	2:15.07	35.07	600m:	6:54.20	35.07	1000m:	11:38.32	36.07	1400m:	16:38.82	37.01
250m:	2:49.80	34.73	650m:	7:28.99	34.79	1050m:	12:14.80	36.48	1450m:	17:15.11	36.29
300m:	3:24.83	35.03	700m:	8:04.37	35.38	1100m:	12:52.34	37.54	1500m:	17:51.39	36.28
350m:	3:59.78	34.95	750m:	8:39.62	35.25	1150m:	13:30.00	37.66			
400m:	4:34.35	34.57	800m:	9:15.07	35.45	1200m:	14:08.26	38.26			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Oeiras, 24.7. - 27.7.2014

Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
76.	Pedro Miguel Vieira	98	Galitos	**17:54.43**	+0,85	532	

50m:	31.00	31.00	450m:	5:13.63	36.08	850m:	10:02.52	36.20	1250m:	14:53.23	36.41
100m:	1:05.06	34.06	500m:	5:49.16	35.53	900m:	10:38.17	35.65	1300m:	15:29.48	36.25
150m:	1:40.02	34.96	550m:	6:25.54	36.38	950m:	11:14.69	36.52	1350m:	16:06.27	36.79
200m:	2:15.25	35.23	600m:	7:01.47	35.93	1000m:	11:51.10	36.41	1400m:	16:43.28	37.01
250m:	2:50.68	35.43	650m:	7:37.82	36.35	1050m:	12:27.69	36.59	1450m:	17:19.48	36.20
300m:	3:26.27	35.59	700m:	8:13.88	36.06	1100m:	13:04.16	36.47	1500m:	17:54.43	34.95
350m:	4:02.01	35.74	750m:	8:50.18	36.30	1150m:	13:40.50	36.34			
400m:	4:37.55	35.54	800m:	9:26.32	36.14	1200m:	14:16.82	36.32			

77.	Joao Francisco Machado	99	Academica de Coimbra	**18:02.52**	+0,76	520					
50m:	31.39	31.39	450m:	5:16.59	35.84	850m:	10:06.36	36.50	1250m:	15:00.02	37.57
100m:	1:06.33	34.94	500m:	5:52.88	36.29	900m:	10:42.84	36.48	1300m:	15:36.90	36.88
150m:	1:41.53	35.20	550m:	6:29.19	36.31	950m:	11:19.51	36.67	1350m:	16:14.07	37.17
200m:	2:17.07	35.54	600m:	7:05.68	36.49	1000m:	11:55.61	36.10	1400m:	16:50.52	36.45
250m:	2:52.52	35.45	650m:	7:41.61	35.93	1050m:	12:32.52	36.91	1450m:	17:27.28	36.76
300m:	3:28.78	36.26	700m:	8:17.25	35.64	1100m:	13:09.16	36.64	1500m:	18:02.52	35.24
350m:	4:04.68	35.90	750m:	8:53.58	36.33	1150m:	13:46.08	36.92			
400m:	4:40.75	36.07	800m:	9:29.86	36.28	1200m:	14:22.45	36.37			

78.	Joao Silva Costa	99	Natacao da Maia	**18:06.65**	515						
50m:	31.07	31.07	450m:	5:18.64	36.65	850m:	10:11.67	36.81	1250m:	15:05.69	36.83
100m:	1:05.46	34.39	500m:	5:55.28	36.64	900m:	10:48.26	36.59	1300m:	15:42.43	36.74
150m:	1:41.48	36.02	550m:	6:32.11	36.83	950m:	11:25.14	36.88	1350m:	16:19.46	37.03
200m:	2:17.27	35.79	600m:	7:08.49	36.38	1000m:	12:01.65	36.51	1400m:	16:55.79	36.33
250m:	2:53.29	36.02	650m:	7:45.27	36.78	1050m:	12:38.61	36.96	1450m:	17:32.32	36.53
300m:	3:29.22	35.93	700m:	8:21.67	36.40	1100m:	13:15.15	36.54	1500m:	18:06.65	34.33
350m:	4:05.68	36.46	750m:	8:58.49	36.82	1150m:	13:52.12	36.97			
400m:	4:41.99	36.31	800m:	9:34.86	36.37	1200m:	14:28.86	36.74			

79.	Francisco Oliveira Ferreira	99	Famalicao	**18:09.13**	+0,73	511					
50m:	30.45	30.45	450m:	5:16.11	36.25	850m:	10:10.30	36.48	1250m:	15:07.59	37.38
100m:	1:05.16	34.71	500m:	5:52.72	36.61	900m:	10:47.84	37.54	1300m:	15:44.58	36.99
150m:	1:40.30	35.14	550m:	6:29.10	36.38	950m:	11:24.50	36.66	1350m:	16:21.69	37.11
200m:	2:16.19	35.89	600m:	7:06.01	36.91	1000m:	12:01.85	37.35	1400m:	16:58.80	37.11
250m:	2:51.90	35.71	650m:	7:42.80	36.79	1050m:	12:38.53	36.68	1450m:	17:34.04	35.24
300m:	3:27.79	35.89	700m:	8:20.07	37.27	1100m:	13:15.78	37.25	1500m:	18:09.13	35.09
350m:	4:03.72	35.93	750m:	8:56.60	36.53	1150m:	13:52.77	36.99			
400m:	4:39.86	36.14	800m:	9:33.82	37.22	1200m:	14:30.21	37.44			

80.	Andre Alexandre Santos	99	Sporting	**18:15.40**	+0,92	502					
50m:	31.22	31.22	450m:	5:17.13	36.58	850m:	10:10.21	36.55	1250m:	15:09.86	37.94
100m:	1:05.48	34.26	500m:	5:53.38	36.25	900m:	10:47.78	37.57	1300m:	15:46.16	36.30
150m:	1:40.75	35.27	550m:	6:30.00	36.62	950m:	11:24.95	37.17	1350m:	16:23.83	37.67
200m:	2:16.47	35.72	600m:	7:06.08	36.08	1000m:	12:02.64	37.69	1400m:	17:01.91	38.08
250m:	2:52.32	35.85	650m:	7:42.66	36.58	1050m:	12:39.98	37.34	1450m:	17:38.94	37.03
300m:	3:28.31	35.99	700m:	8:19.59	36.93	1100m:	13:16.49	36.51	1500m:	18:15.40	36.46
350m:	4:04.00	35.69	750m:	8:56.59	37.00	1150m:	13:54.23	37.74			
400m:	4:40.55	36.55	800m:	9:33.66	37.07	1200m:	14:31.92	37.69			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
81.	Goncalo Faria Saldida	99	Gualdim Pais	**18:16.98**	+0,77	500	

50m:	30.55	30.55	450m:	5:19.54	37.07	850m:	10:20.07	38.62	1250m:	15:15.06	37.55
100m:	1:04.38	33.83	500m:	5:56.21	36.67	900m:	10:57.83	37.76	1300m:	15:51.89	36.83
150m:	1:40.56	36.18	550m:	6:33.35	37.14	950m:	11:35.70	37.87	1350m:	16:29.19	37.30
200m:	2:16.50	35.94	600m:	7:10.84	37.49	1000m:	12:11.46	35.76	1400m:	17:06.21	37.02
250m:	2:53.19	36.69	650m:	7:48.55	37.71	1050m:	12:47.74	36.28	1450m:	17:41.38	35.17
300m:	3:29.95	36.76	700m:	8:26.35	37.80	1100m:	13:23.94	36.20	1500m:	18:16.98	35.60
350m:	4:06.07	36.12	750m:	9:04.50	38.15	1150m:	14:00.81	36.87			
400m:	4:42.47	36.40	800m:	9:41.45	36.95	1200m:	14:37.51	36.70			

82.	Bernardo Graca Rodrigues	99	Alges	**18:21.58**	+0,74	494					
50m:	30.82	30.82	450m:	5:14.53	35.88	850m:	10:19.73	46.78	1250m:	15:18.72	37.05
100m:	1:05.80	34.98	500m:	5:50.63	36.10	900m:	11:03.35	43.62	1300m:	15:55.55	36.83
150m:	1:40.82	35.02	550m:	6:26.69	36.06	950m:	11:40.06	36.71	1350m:	16:33.24	37.69
200m:	2:16.07	35.25	600m:	7:02.70	36.01	1000m:	12:14.61	34.55	1400m:	17:09.90	36.66
250m:	2:51.38	35.31	650m:	7:38.85	36.15	1050m:	12:51.05	36.44	1450m:	17:46.02	36.12
300m:	3:27.07	35.69	700m:	8:15.62	36.77	1100m:	13:28.01	36.96	1500m:	18:21.58	35.56
350m:	4:02.73	35.66	750m:	8:52.98	37.36	1150m:	14:04.75	36.74			
400m:	4:38.65	35.92	800m:	9:32.95	39.97	1200m:	14:41.67	36.92			

83.	Tiago Andre Carvalho	99	Academica de Coimbra	**18:31.26**	+0,73	481					
	FTL										
50m:	31.53	31.53	450m:	5:21.94	37.45	850m:	10:22.42	37.97	1250m:	15:25.62	37.83
100m:	1:05.99	34.46	500m:	5:58.80	36.86	900m:	11:00.20	37.78	1300m:	16:02.94	37.32
150m:	1:41.78	35.79	550m:	6:36.33	37.53	950m:	11:38.23	38.03	1350m:	16:40.21	37.27
200m:	2:17.77	35.99	600m:	7:14.01	37.68	1000m:	12:15.96	37.73	1400m:	17:17.32	37.11
250m:	2:54.09	36.32	650m:	7:51.65	37.64	1050m:	12:54.24	38.28	1450m:	17:54.48	37.16
300m:	3:30.74	36.65	700m:	8:28.86	37.21	1100m:	13:32.07	37.83	1500m:	18:31.26	36.78
350m:	4:07.73	36.99	750m:	9:06.75	37.89	1150m:	14:10.09	38.02			
400m:	4:44.49	36.76	800m:	9:44.45	37.70	1200m:	14:47.79	37.70			

84.	Ricardo Andre Pinto	99	Gespacos	**18:44.29**	+0,98	464					
	FTL										
50m:	30.44	30.44	450m:	5:25.44	37.80	850m:	10:29.37	37.82	1250m:	15:35.98	37.48
100m:	1:05.10	34.66	500m:	6:03.21	37.77	900m:	11:07.48	38.11	1300m:	16:14.79	38.81
150m:	1:41.58	36.48	550m:	6:41.19	37.98	950m:	11:45.80	38.32	1350m:	16:52.91	38.12
200m:	2:17.63	36.05	600m:	7:19.17	37.98	1000m:	12:24.40	38.60	1400m:	17:31.13	38.22
250m:	2:54.77	37.14	650m:	7:56.81	37.64	1050m:	13:03.00	38.60	1450m:	18:09.17	38.04
300m:	3:32.02	37.25	700m:	8:35.17	38.36	1100m:	13:41.77	38.77	1500m:	18:44.29	35.12
350m:	4:09.74	37.72	750m:	9:13.14	37.97	1150m:	14:19.71	37.94			
400m:	4:47.64	37.90	800m:	9:51.55	38.41	1200m:	14:58.50	38.79			

85.	Guilherme Borlido Farias	98	Natacao de Faro	**19:18.80**	+0,68	424					
	FTL										
50m:	30.86	30.86	450m:	5:32.49	39.13	850m:	10:47.13	38.98	1250m:	16:05.69	39.29
100m:	1:05.85	34.99	500m:	6:11.75	39.26	900m:	11:27.45	40.32	1300m:	16:45.08	39.39
150m:	1:42.15	36.30	550m:	6:50.04	38.29	950m:	12:07.79	40.34	1350m:	17:24.37	39.29
200m:	2:19.93	37.78	600m:	7:28.95	38.91	1000m:	12:48.30	40.51	1400m:	18:03.44	39.07
250m:	2:57.54	37.61	650m:	8:07.53	38.58	1050m:	13:27.37	39.07	1450m:	18:40.71	37.27
300m:	3:35.88	38.34	700m:	8:48.26	40.73	1100m:	14:07.62	40.25	1500m:	19:18.80	38.09
350m:	4:14.12	38.24	750m:	9:28.95	40.69	1150m:	14:46.91	39.29			
400m:	4:53.36	39.24	800m:	10:08.15	39.20	1200m:	15:26.40	39.49			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Oeiras, 24.7. - 27.7.2014

Prova 1, Masc., 1500m Livres

Prova 1 — Masc., 1500m Livres — Absolutos
24-07-2014 - 17:15 — Resultados

Pontos: FINA 2014

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Mario Andre Bonanca	90	Sporting	**15:58.36**	+0,81	750	

50m:	29.06	29.06	450m:	4:43.11	31.84	850m:	8:58.05	32.08	1250m:	13:17.83	32.51
100m:	1:00.63	31.57	500m:	5:14.99	31.88	900m:	9:30.26	32.21	1300m:	13:50.17	32.34
150m:	1:32.60	31.97	550m:	5:46.49	31.50	950m:	10:02.71	32.45	1350m:	14:22.62	32.45
200m:	2:03.74	31.14	600m:	6:18.31	31.82	1000m:	10:35.31	32.60	1400m:	14:55.11	32.49
250m:	2:35.72	31.98	650m:	6:50.17	31.86	1050m:	11:07.87	32.56	1450m:	15:27.00	31.89
300m:	3:07.65	31.93	700m:	7:22.09	31.92	1100m:	11:40.31	32.44	1500m:	15:58.36	31.36
350m:	3:39.60	31.95	750m:	7:54.03	31.94	1150m:	12:12.86	32.55			
400m:	4:11.27	31.67	800m:	8:25.97	31.94	1200m:	12:45.32	32.46			

2.	Rafael Lourenco Gil	96	Naval Amorense	**16:06.01**	+0,72	733

50m:	29.00	29.00	450m:	4:43.55	31.78	850m:	9:01.72	32.46	1250m:	13:22.75	32.62
100m:	1:00.31	31.31	500m:	5:15.54	31.99	900m:	9:34.44	32.72	1300m:	13:55.91	33.16
150m:	1:31.80	31.49	550m:	5:47.54	32.00	950m:	10:06.97	32.53	1350m:	14:28.77	32.86
200m:	2:03.49	31.69	600m:	6:19.69	32.15	1000m:	10:39.55	32.58	1400m:	15:01.51	32.74
250m:	2:35.50	32.01	650m:	6:51.82	32.13	1050m:	11:12.29	32.74	1450m:	15:33.99	32.48
300m:	3:07.73	32.23	700m:	7:24.38	32.56	1100m:	11:44.78	32.49	1500m:	16:06.01	32.02
350m:	3:39.82	32.09	750m:	7:56.83	32.45	1150m:	12:17.28	32.50			
400m:	4:11.77	31.95	800m:	8:29.26	32.43	1200m:	12:50.13	32.85			

3.	Alexandre Valdagua Coutinhc	97	Columbofila Cantanhedense	**16:10.24**	+0,71	723

50m:	30.12	30.12	450m:	4:49.95	32.58	850m:	9:08.74	32.21	1250m:	13:28.47	32.68
100m:	1:02.93	32.81	500m:	5:22.30	32.35	900m:	9:40.84	32.10	1300m:	14:00.98	32.51
150m:	1:34.65	31.72	550m:	5:54.62	32.32	950m:	10:13.14	32.30	1350m:	14:33.80	32.82
200m:	2:06.91	32.26	600m:	6:27.18	32.56	1000m:	10:45.62	32.48	1400m:	15:06.99	33.19
250m:	2:39.61	32.70	650m:	6:59.42	32.24	1050m:	11:18.16	32.54	1450m:	15:39.11	32.12
300m:	3:12.14	32.53	700m:	7:31.82	32.40	1100m:	11:50.67	32.51	1500m:	16:10.24	31.13
350m:	3:44.80	32.66	750m:	8:04.50	32.68	1150m:	12:23.51	32.84			
400m:	4:17.37	32.57	800m:	8:36.53	32.03	1200m:	12:55.79	32.28			

4.	Joao Pedro Gil	97	Naval Amorense	**16:12.98**	+0,63	717

50m:	29.71	29.71	450m:	4:47.60	32.40	850m:	9:08.91	32.51	1250m:	13:29.90	32.54
100m:	1:01.44	31.73	500m:	5:20.05	32.45	900m:	9:41.41	32.50	1300m:	14:03.08	33.18
150m:	1:34.05	32.61	550m:	5:52.51	32.46	950m:	10:13.80	32.39	1350m:	14:35.54	32.46
200m:	2:06.32	32.27	600m:	6:25.13	32.62	1000m:	10:46.97	33.17	1400m:	15:08.60	33.06
250m:	2:38.29	31.97	650m:	6:57.71	32.58	1050m:	11:19.73	32.76	1450m:	15:41.39	32.79
300m:	3:10.61	32.32	700m:	7:30.75	33.04	1100m:	11:52.35	32.62	1500m:	16:12.98	31.59
350m:	3:42.93	32.32	750m:	8:03.68	32.93	1150m:	12:24.62	32.27			
400m:	4:15.20	32.27	800m:	8:36.40	32.72	1200m:	12:57.36	32.74			

5.	Pedro Miguel Pinotes	89	Sporting	**16:21.56**	+0,72	698

50m:	28.01	28.01	450m:	4:42.38	32.26	850m:	9:05.93	33.48	1250m:	13:35.05	33.68
100m:	59.66	31.65	500m:	5:14.73	32.35	900m:	9:39.46	33.53	1300m:	14:08.62	33.57
150m:	1:31.72	32.06	550m:	5:47.55	32.82	950m:	10:13.11	33.65	1350m:	14:42.26	33.64
200m:	2:03.13	31.41	600m:	6:19.97	32.42	1000m:	10:46.55	33.44	1400m:	15:15.65	33.39
250m:	2:34.69	31.56	650m:	6:52.86	32.89	1050m:	11:20.48	33.93	1450m:	15:49.15	33.50
300m:	3:06.22	31.53	700m:	7:25.57	32.71	1100m:	11:53.86	33.38	1500m:	16:21.56	32.41
350m:	3:38.05	31.83	750m:	7:59.23	33.66	1150m:	12:27.62	33.76			
400m:	4:10.12	32.07	800m:	8:32.45	33.22	1200m:	13:01.37	33.75			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Oeiras, 24.7. - 27.7.2014

Prova 1, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
6.	Vasco Miguel Gaspar	90	Uniao Piedense	**16:23.10**	+0,72	695	

50m:	28.81	28.81	450m:	4:45.20	32.37	850m:	9:09.17	33.14	1250m:	13:36.15	33.41
100m:	1:00.99	32.18	500m:	5:17.79	32.59	900m:	9:42.71	33.54	1300m:	14:09.93	33.78
150m:	1:32.83	31.84	550m:	5:50.42	32.63	950m:	10:16.09	33.38	1350m:	14:43.21	33.28
200m:	2:04.57	31.74	600m:	6:23.72	33.30	1000m:	10:49.48	33.39	1400m:	15:16.74	33.53
250m:	2:36.30	31.73	650m:	6:56.52	32.80	1050m:	11:22.72	33.24	1450m:	15:49.89	33.15
300m:	3:08.48	32.18	700m:	7:29.71	33.19	1100m:	11:55.99	33.27	1500m:	16:23.10	33.21
350m:	3:40.46	31.98	750m:	8:02.82	33.11	1150m:	12:29.35	33.36			
400m:	4:12.83	32.37	800m:	8:36.03	33.21	1200m:	13:02.74	33.39			

7.	Joao Nuno Pires	94	Academica de Coimbra	**16:24.43**	+0,70	692					
50m:	30.89	30.89	450m:	4:50.80	32.38	850m:	9:12.01	32.63	1250m:	13:37.79	33.48
100m:	1:03.54	32.65	500m:	5:23.32	32.52	900m:	9:44.79	32.78	1300m:	14:11.32	33.53
150m:	1:36.42	32.88	550m:	5:55.89	32.57	950m:	10:17.71	32.92	1350m:	14:44.67	33.35
200m:	2:08.88	32.46	600m:	6:28.64	32.75	1000m:	10:50.66	32.95	1400m:	15:18.18	33.51
250m:	2:41.51	32.63	650m:	7:01.13	32.49	1050m:	11:23.86	33.20	1450m:	15:51.35	33.17
300m:	3:13.67	32.16	700m:	7:34.03	32.90	1100m:	11:57.18	33.32	1500m:	16:24.43	33.08
350m:	3:46.22	32.55	750m:	8:06.62	32.59	1150m:	12:30.48	33.30			
400m:	4:18.42	32.20	800m:	8:39.38	32.76	1200m:	13:04.31	33.83			

8.	Tiago Silva Oliveira	94	Leixoes	**16:26.75**	+0,72	687					
50m:	29.06	29.06	450m:	4:47.15	32.55	850m:	9:09.97	33.29	1250m:	13:37.43	33.88
100m:	1:00.52	31.46	500m:	5:19.60	32.45	900m:	9:42.92	32.95	1300m:	14:11.33	33.90
150m:	1:32.59	32.07	550m:	5:52.75	33.15	950m:	10:16.06	33.14	1350m:	14:45.39	34.06
200m:	2:04.94	32.35	600m:	6:25.41	32.66	1000m:	10:49.23	33.17	1400m:	15:19.63	34.24
250m:	2:37.31	32.37	650m:	6:58.08	32.67	1050m:	11:22.56	33.33	1450m:	15:53.55	33.92
300m:	3:09.62	32.31	700m:	7:30.72	32.64	1100m:	11:56.06	33.50	1500m:	16:26.75	33.20
350m:	3:42.16	32.54	750m:	8:03.90	33.18	1150m:	12:29.85	33.79			
400m:	4:14.60	32.44	800m:	8:36.68	32.78	1200m:	13:03.55	33.70			

9.	Bernardo Leitao Graca	93	Sporting	**16:28.42**	+0,84	684					
50m:	30.00	30.00	450m:	4:52.23	32.51	850m:	9:14.84	32.23	1250m:	13:42.19	33.88
100m:	1:03.30	33.30	500m:	5:24.95	32.72	900m:	9:48.02	33.18	1300m:	14:15.79	33.60
150m:	1:36.50	33.20	550m:	5:57.54	32.59	950m:	10:21.38	33.36	1350m:	14:49.55	33.76
200m:	2:09.41	32.91	600m:	6:30.39	32.85	1000m:	10:54.82	33.44	1400m:	15:23.12	33.57
250m:	2:42.14	32.73	650m:	7:03.32	32.93	1050m:	11:27.80	32.98	1450m:	15:55.92	32.80
300m:	3:14.85	32.71	700m:	7:36.49	33.17	1100m:	12:01.07	33.27	1500m:	16:28.42	32.50
350m:	3:47.03	32.18	750m:	8:09.02	32.53	1150m:	12:34.78	33.71			
400m:	4:19.72	32.69	800m:	8:42.61	33.59	1200m:	13:08.31	33.53			

10.	Guilherme Pereira Dias	97	Sporting	**16:30.93**	+0,72	679					
50m:	30.38	30.38	450m:	4:53.69	32.93	850m:	9:19.42	33.42	1250m:	13:45.58	33.21
100m:	1:03.03	32.65	500m:	5:26.65	32.96	900m:	9:52.67	33.25	1300m:	14:18.73	33.15
150m:	1:35.93	32.90	550m:	5:59.77	33.12	950m:	10:26.01	33.34	1350m:	14:51.64	32.91
200m:	2:08.60	32.67	600m:	6:33.01	33.24	1000m:	10:59.26	33.25	1400m:	15:24.90	33.26
250m:	2:41.59	32.99	650m:	7:06.20	33.19	1050m:	11:32.60	33.34	1450m:	15:58.15	33.25
300m:	3:14.74	33.15	700m:	7:39.59	33.39	1100m:	12:05.72	33.12	1500m:	16:30.93	32.78
350m:	3:47.74	33.00	750m:	8:12.74	33.15	1150m:	12:39.19	33.47			
400m:	4:20.76	33.02	800m:	8:46.00	33.26	1200m:	13:12.37	33.18			

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Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Oeiras, 24.7. - 27.7.2014

Prova 1, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
11.	Ricardo Manuel Machado	93	Braga	**16:34.50**	+0,78	671	

50m:	29.93	29.93	450m:	4:53.55	33.58	850m:	9:20.84	32.96	1250m:	13:49.51	33.36
100m:	1:01.91	31.98	500m:	5:27.17	33.62	900m:	9:54.54	33.70	1300m:	14:22.94	33.43
150m:	1:34.42	32.51	550m:	6:00.55	33.38	950m:	10:28.12	33.58	1350m:	14:56.48	33.54
200m:	2:07.12	32.70	600m:	6:33.96	33.41	1000m:	11:01.33	33.21	1400m:	15:29.74	33.26
250m:	2:40.32	33.20	650m:	7:07.63	33.67	1050m:	11:34.88	33.55	1450m:	16:03.00	33.26
300m:	3:13.21	32.89	700m:	7:41.29	33.66	1100m:	12:08.95	34.07	1500m:	16:34.50	31.50
350m:	3:46.83	33.62	750m:	8:14.22	32.93	1150m:	12:42.67	33.72			
400m:	4:19.97	33.14	800m:	8:47.88	33.66	1200m:	13:16.15	33.48			

12.	Joao Andre Neves	95	Academica de Coimbra	**16:35.81**	+0,78	669					
50m:	29.88	29.88	450m:	4:53.16	33.27	850m:	9:20.15	33.12	1250m:	13:49.19	33.79
100m:	1:01.78	31.90	500m:	5:26.54	33.38	900m:	9:53.93	33.78	1300m:	14:22.79	33.60
150m:	1:34.17	32.39	550m:	5:59.86	33.32	950m:	10:27.47	33.54	1350m:	14:56.36	33.57
200m:	2:07.07	32.90	600m:	6:33.01	33.15	1000m:	11:00.77	33.30	1400m:	15:30.19	33.83
250m:	2:40.32	33.25	650m:	7:06.55	33.54	1050m:	11:34.52	33.75	1450m:	16:03.58	33.39
300m:	3:13.57	33.25	700m:	7:40.20	33.65	1100m:	12:08.10	33.58	1500m:	16:35.81	32.23
350m:	3:46.74	33.17	750m:	8:13.73	33.53	1150m:	12:41.78	33.68			
400m:	4:19.89	33.15	800m:	8:47.03	33.30	1200m:	13:15.40	33.62			

13.	Joao Luis Travanca	97	Fluvial Portuense	**16:39.92**	+0,85	660					
50m:	30.34	30.34	450m:	4:54.60	32.99	850m:	9:21.65	33.50	1250m:	13:51.25	33.94
100m:	1:02.52	32.18	500m:	5:27.93	33.33	900m:	9:55.21	33.56	1300m:	14:25.03	33.78
150m:	1:35.42	32.90	550m:	6:01.23	33.30	950m:	10:28.71	33.50	1350m:	14:58.88	33.85
200m:	2:08.63	33.21	600m:	6:34.53	33.30	1000m:	11:02.34	33.63	1400m:	15:33.04	34.16
250m:	2:42.00	33.37	650m:	7:07.74	33.21	1050m:	11:36.24	33.90	1450m:	16:06.91	33.87
300m:	3:15.08	33.08	700m:	7:41.26	33.52	1100m:	12:09.87	33.63	1500m:	16:39.92	33.01
350m:	3:48.49	33.41	750m:	8:14.63	33.37	1150m:	12:43.56	33.69			
400m:	4:21.61	33.12	800m:	8:48.15	33.52	1200m:	13:17.31	33.75			

14.	Narciso Daniel Correia	97	Braga	**16:46.75**	+0,81	647					
50m:	29.23	29.23	450m:	4:52.88	33.49	850m:	9:21.97	32.98	1250m:	13:57.85	35.03
100m:	1:00.96	31.73	500m:	5:26.48	33.60	900m:	9:56.22	34.25	1300m:	14:32.61	34.76
150m:	1:33.31	32.35	550m:	5:59.74	33.26	950m:	10:30.54	34.32	1350m:	15:07.05	34.44
200m:	2:06.32	33.01	600m:	6:34.06	34.32	1000m:	11:04.97	34.43	1400m:	15:41.92	34.87
250m:	2:39.65	33.33	650m:	7:08.01	33.95	1050m:	11:38.83	33.86	1450m:	16:14.97	33.05
300m:	3:12.92	33.27	700m:	7:42.34	34.33	1100m:	12:13.33	34.50	1500m:	16:46.75	31.78
350m:	3:45.98	33.06	750m:	8:16.37	34.03	1150m:	12:47.90	34.57			
400m:	4:19.39	33.41	800m:	8:48.99	32.62	1200m:	13:22.82	34.92			

15.	Ruben Jose Morim	97	Vilacondense	**16:53.40**	+0,79	634					
50m:	29.10	29.10	450m:	4:55.75	33.63	850m:	9:28.47	34.41	1250m:	14:03.18	34.35
100m:	1:01.57	32.47	500m:	5:29.86	34.11	900m:	10:02.57	34.10	1300m:	14:37.45	34.27
150m:	1:34.54	32.97	550m:	6:03.61	33.75	950m:	10:36.99	34.42	1350m:	15:11.63	34.18
200m:	2:08.21	33.67	600m:	6:37.78	34.17	1000m:	11:11.30	34.31	1400m:	15:46.39	34.76
250m:	2:41.62	33.41	650m:	7:12.09	34.31	1050m:	11:45.68	34.38	1450m:	16:20.62	34.23
300m:	3:15.30	33.68	700m:	7:46.12	34.03	1100m:	12:20.29	34.61	1500m:	16:53.40	32.78
350m:	3:48.62	33.32	750m:	8:20.38	34.26	1150m:	12:54.25	33.96			
400m:	4:22.12	33.50	800m:	8:54.06	33.68	1200m:	13:28.83	34.58			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Oeiras, 24.7. - 27.7.2014

Prova 1, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
16.	Ricardo Eduardo Afonso	97	Braga	**16:53.56**	+0,72	634	

50m:	29.22	29.22	450m:	4:57.14	33.46	850m:	9:29.97	34.17	1250m:	14:04.44	34.14
100m:	1:02.40	33.18	500m:	5:31.25	34.11	900m:	10:04.29	34.32	1300m:	14:38.92	34.48
150m:	1:35.22	32.82	550m:	6:05.36	34.11	950m:	10:38.46	34.17	1350m:	15:13.41	34.49
200m:	2:09.18	33.96	600m:	6:39.43	34.07	1000m:	11:12.81	34.35	1400m:	15:47.90	34.49
250m:	2:42.51	33.33	650m:	7:13.45	34.02	1050m:	11:47.16	34.35	1450m:	16:21.18	33.28
300m:	3:16.33	33.82	700m:	7:47.50	34.05	1100m:	12:21.49	34.33	1500m:	16:53.56	32.38
350m:	3:49.83	33.50	750m:	8:21.65	34.15	1150m:	12:55.85	34.36			
400m:	4:23.68	33.85	800m:	8:55.80	34.15	1200m:	13:30.30	34.45			

17.	Rui Pedro Faria	94	Famalicao	**16:53.72**	+0,88	634	
	FTL						

50m:	29.65	29.65	450m:	4:54.11	33.45	850m:	9:24.21	34.05	1250m:	14:01.28	34.72
100m:	1:01.19	31.54	500m:	5:27.55	33.44	900m:	9:58.85	34.64	1300m:	14:36.14	34.86
150m:	1:33.85	32.66	550m:	6:00.88	33.33	950m:	10:33.43	34.58	1350m:	15:10.70	34.56
200m:	2:06.85	33.00	600m:	6:34.42	33.54	1000m:	11:08.10	34.67	1400m:	15:45.49	34.79
250m:	2:40.02	33.17	650m:	7:08.07	33.65	1050m:	11:42.38	34.28	1450m:	16:20.07	34.58
300m:	3:13.53	33.51	700m:	7:42.19	34.12	1100m:	12:17.06	34.68	1500m:	16:53.72	33.65
350m:	3:46.93	33.40	750m:	8:16.00	33.81	1150m:	12:52.05	34.99			
400m:	4:20.66	33.73	800m:	8:50.16	34.16	1200m:	13:26.56	34.51			

18.	Miguel Angelo Silvestre	97	Alcobaca	**16:53.77**	+0,64	634	

50m:	29.56	29.56	450m:	4:56.86	33.98	850m:	9:29.28	33.82	1250m:	14:04.28	34.66
100m:	1:02.20	32.64	500m:	5:31.01	34.15	900m:	10:03.51	34.23	1300m:	14:38.70	34.42
150m:	1:35.17	32.97	550m:	6:05.16	34.15	950m:	10:37.72	34.21	1350m:	15:12.83	34.13
200m:	2:08.14	32.97	600m:	6:39.34	34.18	1000m:	11:12.13	34.41	1400m:	15:47.21	34.38
250m:	2:41.47	33.33	650m:	7:13.46	34.12	1050m:	11:46.63	34.50	1450m:	16:21.24	34.03
300m:	3:14.80	33.33	700m:	7:47.28	33.82	1100m:	12:21.22	34.59	1500m:	16:53.77	32.53
350m:	3:48.93	34.13	750m:	8:21.34	34.06	1150m:	12:55.13	33.91			
400m:	4:22.88	33.95	800m:	8:55.46	34.12	1200m:	13:29.62	34.49			

19.	David Emanuel Martins	97	Braga	**16:54.06**	+0,95	633	

50m:	30.01	30.01	450m:	5:00.04	34.39	850m:	9:34.23	34.34	1250m:	14:06.99	34.16
100m:	1:03.04	33.03	500m:	5:34.26	34.22	900m:	10:08.49	34.26	1300m:	14:41.02	34.03
150m:	1:36.71	33.67	550m:	6:08.51	34.25	950m:	10:43.06	34.57	1350m:	15:15.19	34.17
200m:	2:10.65	33.94	600m:	6:42.82	34.31	1000m:	11:17.11	34.05	1400m:	15:49.11	33.92
250m:	2:44.42	33.77	650m:	7:17.19	34.37	1050m:	11:51.03	33.92	1450m:	16:22.57	33.46
300m:	3:18.28	33.86	700m:	7:51.27	34.08	1100m:	12:24.94	33.91	1500m:	16:54.06	31.49
350m:	3:51.99	33.71	750m:	8:25.79	34.52	1150m:	12:58.75	33.81			
400m:	4:25.65	33.66	800m:	8:59.89	34.10	1200m:	13:32.83	34.08			

20.	Duarte Nuno Vieira	95	Desportivo Nacional	**16:55.78**	+0,70	630	
	FTL						

50m:	29.46	29.46	450m:	4:58.67	33.91	850m:	9:33.17	34.30	1250m:	14:08.95	34.56
100m:	1:02.70	33.24	500m:	5:32.51	33.84	900m:	10:07.44	34.27	1300m:	14:43.24	34.29
150m:	1:36.53	33.83	550m:	6:06.85	34.34	950m:	10:41.90	34.46	1350m:	15:17.88	34.64
200m:	2:10.30	33.77	600m:	6:41.02	34.17	1000m:	11:16.36	34.46	1400m:	15:51.45	33.57
250m:	2:43.57	33.27	650m:	7:15.55	34.53	1050m:	11:50.75	34.39	1450m:	16:24.20	32.75
300m:	3:16.65	33.08	700m:	7:49.81	34.26	1100m:	12:25.40	34.65	1500m:	16:55.78	31.58
350m:	3:50.72	34.07	750m:	8:24.52	34.71	1150m:	12:59.80	34.40			
400m:	4:24.76	34.04	800m:	8:58.87	34.35	1200m:	13:34.39	34.59			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Prova 1, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
21.	Sergio Gomes Abreu	96	Naval do Funchal	**16:57.21**	+0,73	627	

50m:	28.83	28.83	450m:	4:58.34	33.68	850m:	9:31.51	34.16	1250m:	14:08.03	34.53
100m:	1:01.45	32.62	500m:	5:32.67	34.33	900m:	10:06.21	34.70	1300m:	14:43.16	35.13
150m:	1:34.72	33.27	550m:	6:06.53	33.86	950m:	10:40.54	34.33	1350m:	15:17.86	34.70
200m:	2:08.71	33.99	600m:	6:40.69	34.16	1000m:	11:14.94	34.40	1400m:	15:52.65	34.79
250m:	2:42.57	33.86	650m:	7:14.59	33.90	1050m:	11:49.43	34.49	1450m:	16:26.54	33.89
300m:	3:16.91	34.34	700m:	7:48.77	34.18	1100m:	12:24.08	34.65	1500m:	16:57.21	30.67
350m:	3:50.68	33.77	750m:	8:22.89	34.12	1150m:	12:58.52	34.44			
400m:	4:24.66	33.98	800m:	8:57.35	34.46	1200m:	13:33.50	34.98			

22.	Pedro Maria Bessa *FTL*	95	Vilacondense	**17:08.07**	+0,75	608	

50m:	28.77	28.77	450m:	4:50.37	33.56	850m:	9:22.56	34.59	1250m:	14:06.20	36.31
100m:	1:00.66	31.89	500m:	5:24.08	33.71	900m:	9:57.24	34.68	1300m:	14:42.80	36.60
150m:	1:33.09	32.43	550m:	5:57.90	33.82	950m:	10:32.31	35.07	1350m:	15:19.16	36.36
200m:	2:05.64	32.55	600m:	6:31.47	33.57	1000m:	11:07.43	35.12	1400m:	15:55.59	36.43
250m:	2:38.07	32.43	650m:	7:04.42	32.95	1050m:	11:42.58	35.15	1450m:	16:32.24	36.65
300m:	3:10.93	32.86	700m:	7:38.64	34.22	1100m:	12:18.06	35.48	1500m:	17:08.07	35.83
350m:	3:43.88	32.95	750m:	8:13.49	34.85	1150m:	12:53.96	35.90			
400m:	4:16.81	32.93	800m:	8:47.97	34.48	1200m:	13:29.89	35.93			

23.	Pedro Rafael Garcia	96	Academico Viseu	**17:08.68**	+0,74	607	

50m:	30.33	30.33	450m:	4:59.85	34.41	850m:	9:36.42	35.02	1250m:	14:16.19	35.42
100m:	1:02.80	32.47	500m:	5:33.86	34.01	900m:	10:11.08	34.66	1300m:	14:51.10	34.91
150m:	1:36.23	33.43	550m:	6:08.16	34.30	950m:	10:46.21	35.13	1350m:	15:26.49	35.39
200m:	2:09.57	33.34	600m:	6:42.43	34.27	1000m:	11:20.99	34.78	1400m:	16:00.77	34.28
250m:	2:43.47	33.90	650m:	7:17.28	34.85	1050m:	11:56.09	35.10	1450m:	16:35.62	34.85
300m:	3:17.36	33.89	700m:	7:51.86	34.58	1100m:	12:30.76	34.67	1500m:	17:08.68	33.06
350m:	3:51.38	34.02	750m:	8:26.80	34.94	1150m:	13:05.98	35.22			
400m:	4:25.44	34.06	800m:	9:01.40	34.60	1200m:	13:40.77	34.79			

24.	Andre Rafael Marinho *FTL*	93	Uniao Piedense	**17:08.89**	+0,89	606	

50m:	29.85	29.85	450m:	5:01.18	34.57	850m:	9:37.52	34.87	1250m:	14:15.88	35.41
100m:	1:03.36	33.51	500m:	5:35.43	34.25	900m:	10:12.04	34.52	1300m:	14:50.76	34.88
150m:	1:37.04	33.68	550m:	6:10.15	34.72	950m:	10:46.89	34.85	1350m:	15:25.79	35.03
200m:	2:10.50	33.46	600m:	6:44.30	34.15	1000m:	11:21.42	34.53	1400m:	16:00.61	34.82
250m:	2:44.53	34.03	650m:	7:19.26	34.96	1050m:	11:56.31	34.89	1450m:	16:35.35	34.74
300m:	3:18.34	33.81	700m:	7:53.66	34.40	1100m:	12:30.72	34.41	1500m:	17:08.89	33.54
350m:	3:52.62	34.28	750m:	8:28.36	34.70	1150m:	13:05.73	35.01			
400m:	4:26.61	33.99	800m:	9:02.65	34.29	1200m:	13:40.47	34.74			

25.	Vitor Joao Pereira	97	Leixoes	**17:09.12**	+0,94	606	

50m:	30.09	30.09	450m:	4:58.85	33.99	850m:	9:35.02	34.67	1250m:	14:15.67	35.19
100m:	1:02.20	32.11	500m:	5:33.27	34.42	900m:	10:09.85	34.83	1300m:	14:50.84	35.17
150m:	1:35.44	33.24	550m:	6:07.80	34.53	950m:	10:44.62	34.77	1350m:	15:25.49	34.65
200m:	2:09.03	33.59	600m:	6:42.03	34.23	1000m:	11:19.66	35.04	1400m:	16:00.57	35.08
250m:	2:42.94	33.91	650m:	7:16.64	34.61	1050m:	11:54.78	35.12	1450m:	16:35.14	34.57
300m:	3:16.72	33.78	700m:	7:51.29	34.65	1100m:	12:30.18	35.40	1500m:	17:09.12	33.98
350m:	3:50.65	33.93	750m:	8:25.64	34.35	1150m:	13:05.26	35.08			
400m:	4:24.86	34.21	800m:	9:00.35	34.71	1200m:	13:40.48	35.22			

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Campeonato Nacional de Juvenis
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Oeiras, 24.7. - 27.7.2014

Prova 1, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
26.	Pedro Veiguinha Martins	96	Braga	**17:12.94**	+0,91	599	

50m:	30.26	30.26	450m:	4:56.62	33.85	850m:	9:37.26	35.52	1250m:	14:22.91	35.59
100m:	1:03.16	32.90	500m:	5:30.35	33.73	900m:	10:12.79	35.53	1300m:	14:57.97	35.06
150m:	1:36.65	33.49	550m:	6:04.90	34.55	950m:	10:48.38	35.59	1350m:	15:32.59	34.62
200m:	2:10.03	33.38	600m:	6:40.03	35.13	1000m:	11:24.46	36.08	1400m:	16:06.52	33.93
250m:	2:42.89	32.86	650m:	7:15.62	35.59	1050m:	12:00.32	35.86	1450m:	16:39.69	33.17
300m:	3:16.22	33.33	700m:	7:50.81	35.19	1100m:	12:36.08	35.76	1500m:	17:12.94	33.25
350m:	3:49.40	33.18	750m:	8:26.34	35.53	1150m:	13:11.59	35.51			
400m:	4:22.77	33.37	800m:	9:01.74	35.40	1200m:	13:47.32	35.73			

27.	Andre Sousa Goncalves	97	Natacao de Olhao	**17:13.79**	+0,82	598					
50m:	30.44	30.44	450m:	5:04.12	34.10	850m:	9:41.70	35.07	1250m:	14:21.16	35.03
100m:	1:04.24	33.80	500m:	5:38.77	34.65	900m:	10:16.60	34.90	1300m:	14:55.98	34.82
150m:	1:38.52	34.28	550m:	6:13.09	34.32	950m:	10:51.42	34.82	1350m:	15:30.79	34.81
200m:	2:12.98	34.46	600m:	6:48.09	35.00	1000m:	11:26.43	35.01	1400m:	16:05.73	34.94
250m:	2:46.97	33.99	650m:	7:22.64	34.55	1050m:	12:01.34	34.91	1450m:	16:40.23	34.50
300m:	3:21.24	34.27	700m:	7:57.28	34.64	1100m:	12:36.15	34.81	1500m:	17:13.79	33.56
350m:	3:55.68	34.44	750m:	8:31.92	34.64	1150m:	13:11.31	35.16			
400m:	4:30.02	34.34	800m:	9:06.63	34.71	1200m:	13:46.13	34.82			

28.	Carlos Daniel Ramos	96	Estarreja	**17:14.94**	+0,80	596					
50m:	31.26	31.26	450m:	5:06.54	34.83	850m:	9:44.14	34.98	1250m:	14:22.59	34.87
100m:	1:04.94	33.68	500m:	5:41.27	34.73	900m:	10:18.59	34.45	1300m:	14:57.74	35.15
150m:	1:38.93	33.99	550m:	6:16.12	34.85	950m:	10:53.54	34.95	1350m:	15:32.91	35.17
200m:	2:13.09	34.16	600m:	6:50.75	34.63	1000m:	11:28.09	34.55	1400m:	16:07.74	34.83
250m:	2:47.74	34.65	650m:	7:25.37	34.62	1050m:	12:02.85	34.76	1450m:	16:41.70	33.96
300m:	3:22.25	34.51	700m:	7:59.81	34.44	1100m:	12:37.48	34.63	1500m:	17:14.94	33.24
350m:	3:57.01	34.76	750m:	8:34.55	34.74	1150m:	13:12.50	35.02			
400m:	4:31.71	34.70	800m:	9:09.16	34.61	1200m:	13:47.72	35.22			

29.	Henrique Mourinho Neves	97	Alges	**17:20.28**	+0,73	586					
50m:	29.64	29.64	450m:	5:00.63	34.86	850m:	9:42.09	35.71	1250m:	14:26.03	36.09
100m:	1:02.26	32.62	500m:	5:35.20	34.57	900m:	10:17.04	34.95	1300m:	15:01.19	35.16
150m:	1:35.45	33.19	550m:	6:10.05	34.85	950m:	10:52.60	35.56	1350m:	15:36.52	35.33
200m:	2:08.98	33.53	600m:	6:44.76	34.71	1000m:	11:27.84	35.24	1400m:	16:11.70	35.18
250m:	2:42.72	33.74	650m:	7:20.13	35.37	1050m:	12:03.69	35.85	1450m:	16:47.05	35.35
300m:	3:16.95	34.23	700m:	7:55.52	35.39	1100m:	12:39.35	35.66	1500m:	17:20.28	33.23
350m:	3:51.22	34.27	750m:	8:30.99	35.47	1150m:	13:14.57	35.22			
400m:	4:25.77	34.55	800m:	9:06.38	35.39	1200m:	13:49.94	35.37			

30.	Francisco Xavier Goncalves	97	Nautico /Urgicentro-Sanfil	**17:23.42**	+0,69	581					
50m:	30.08	30.08	450m:	5:04.60	34.82	850m:	9:44.02	34.87	1250m:	14:26.22	35.49
100m:	1:03.54	33.46	500m:	5:39.32	34.72	900m:	10:19.51	35.49	1300m:	15:01.78	35.56
150m:	1:37.31	33.77	550m:	6:13.90	34.58	950m:	10:54.47	34.96	1350m:	15:37.38	35.60
200m:	2:11.47	34.16	600m:	6:48.76	34.86	1000m:	11:29.67	35.20	1400m:	16:13.29	35.91
250m:	2:45.52	34.05	650m:	7:23.61	34.85	1050m:	12:04.54	34.87	1450m:	16:49.11	35.82
300m:	3:20.25	34.73	700m:	7:58.81	35.20	1100m:	12:39.74	35.20	1500m:	17:23.42	34.31
350m:	3:54.92	34.67	750m:	8:33.97	35.16	1150m:	13:15.15	35.41			
400m:	4:29.78	34.86	800m:	9:09.15	35.18	1200m:	13:50.73	35.58			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Oeiras, 24.7. - 27.7.2014

Prova 1, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
31.	David Nunes Sousa *FTL*	96	Famalicao	**17:36.55**	+0,80	560	

50m:	30.56	30.56	450m:	5:06.63	34.97	850m:	9:50.76	35.49	1250m:	14:37.21	36.04
100m:	1:03.97	33.41	500m:	5:42.21	35.58	900m:	10:26.46	35.70	1300m:	15:14.07	36.86
150m:	1:38.19	34.22	550m:	6:17.55	35.34	950m:	11:01.94	35.48	1350m:	15:50.13	36.06
200m:	2:12.86	34.67	600m:	6:53.58	36.03	1000m:	11:37.68	35.74	1400m:	16:26.48	36.35
250m:	2:47.43	34.57	650m:	7:28.64	35.06	1050m:	12:13.37	35.69	1450m:	17:01.91	35.43
300m:	3:22.04	34.61	700m:	8:04.36	35.72	1100m:	12:49.23	35.86	1500m:	17:36.55	34.64
350m:	3:56.67	34.63	750m:	8:39.66	35.30	1150m:	13:25.18	35.95			
400m:	4:31.66	34.99	800m:	9:15.27	35.61	1200m:	14:01.17	35.99			

32.	Joao Miguel Cardoso *FTL*	97	Gesloures	**17:42.61**	+0,80	550

50m:	30.04	30.04	450m:	5:06.75	35.44	850m:	9:51.90	35.92	1250m:	14:42.55	36.05
100m:	1:03.03	32.99	500m:	5:42.42	35.67	900m:	10:28.51	36.61	1300m:	15:19.12	36.57
150m:	1:36.94	33.91	550m:	6:17.47	35.05	950m:	11:04.86	36.35	1350m:	15:55.48	36.36
200m:	2:11.19	34.25	600m:	6:53.25	35.78	1000m:	11:41.30	36.44	1400m:	16:32.06	36.58
250m:	2:45.81	34.62	650m:	7:28.46	35.21	1050m:	12:17.38	36.08	1450m:	17:07.79	35.73
300m:	3:20.63	34.82	700m:	8:04.47	36.01	1100m:	12:53.79	36.41	1500m:	17:42.61	34.82
350m:	3:55.81	35.18	750m:	8:40.16	35.69	1150m:	13:30.23	36.44			
400m:	4:31.31	35.50	800m:	9:15.98	35.82	1200m:	14:06.50	36.27			

Prova 1 — Masc., 1500m Livres — Juvenis
24-07-2014 - 17:15 — Resultados

Pontos: FINA 2014

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Guilherme Filipe Pina	98	Benedita	**16:18.46**	+0,78	705	

50m:	29.56	29.56	450m:	4:49.49	32.98	850m:	9:12.69	33.16	1250m:	13:36.18	32.83
100m:	1:01.30	31.74	500m:	5:22.10	32.61	900m:	9:45.46	32.77	1300m:	14:08.85	32.67
150m:	1:33.41	32.11	550m:	5:54.69	32.59	950m:	10:18.62	33.16	1350m:	14:41.70	32.85
200m:	2:05.83	32.42	600m:	6:27.29	32.60	1000m:	10:51.50	32.88	1400m:	15:14.50	32.80
250m:	2:38.38	32.55	650m:	7:00.41	33.12	1050m:	11:24.71	33.21	1450m:	15:47.15	32.65
300m:	3:11.19	32.81	700m:	7:33.33	32.92	1100m:	11:57.44	32.73	1500m:	16:18.46	31.31
350m:	3:43.88	32.69	750m:	8:06.57	33.24	1150m:	12:30.47	33.03			
400m:	4:16.51	32.63	800m:	8:39.53	32.96	1200m:	13:03.35	32.88			

2.	Tomas Gomes Oliveira	99	Nautico Marinha Grande	**16:39.85**	+0,84	661

50m:	29.95	29.95	450m:	4:54.30	33.59	850m:	9:21.32	33.48	1250m:	13:51.88	33.32
100m:	1:01.93	31.98	500m:	5:27.96	33.66	900m:	9:55.14	33.82	1300m:	14:26.29	34.41
150m:	1:35.10	33.17	550m:	6:00.86	32.90	950m:	10:28.42	33.28	1350m:	15:00.14	33.85
200m:	2:08.29	33.19	600m:	6:34.64	33.78	1000m:	11:02.45	34.03	1400m:	15:34.21	34.07
250m:	2:41.20	32.91	650m:	7:07.73	33.09	1050m:	11:36.54	34.09	1450m:	16:07.57	33.36
300m:	3:14.05	32.85	700m:	7:40.93	33.20	1100m:	12:10.39	33.85	1500m:	16:39.85	32.28
350m:	3:47.38	33.33	750m:	8:13.97	33.04	1150m:	12:44.26	33.87			
400m:	4:20.71	33.33	800m:	8:47.84	33.87	1200m:	13:18.56	34.30			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Oeiras, 24.7. - 27.7.2014

Prova 1, Masc., 1500m Livres, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
3.	Rafael Ladeiro Santos	98	Gesloures	**16:44.63**	+0,83	651	

50m:	29.32	29.32	450m:	4:56.73	33.90	850m:	9:27.23	33.95	1250m:	13:58.06	33.90
100m:	1:01.64	32.32	500m:	5:30.52	33.79	900m:	10:00.95	33.72	1300m:	14:31.86	33.80
150m:	1:34.68	33.04	550m:	6:04.21	33.69	950m:	10:34.85	33.90	1350m:	15:05.70	33.84
200m:	2:08.05	33.37	600m:	6:37.99	33.78	1000m:	11:08.73	33.88	1400m:	15:39.36	33.66
250m:	2:41.88	33.83	650m:	7:11.98	33.99	1050m:	11:42.78	34.05	1450m:	16:12.34	32.98
300m:	3:15.66	33.78	700m:	7:45.85	33.87	1100m:	12:16.75	33.97	1500m:	16:44.63	32.29
350m:	3:49.25	33.59	750m:	8:19.66	33.81	1150m:	12:50.68	33.93			
400m:	4:22.83	33.58	800m:	8:53.28	33.62	1200m:	13:24.16	33.48			

4.	Bruno Jose Silva	98	Braga	**16:44.96**	+0,95	651					
50m:	30.16	30.16	450m:	4:54.97	33.54	850m:	9:26.74	34.15	1250m:	13:58.41	33.90
100m:	1:02.57	32.41	500m:	5:28.68	33.71	900m:	10:01.03	34.29	1300m:	14:32.41	34.00
150m:	1:35.36	32.79	550m:	6:02.49	33.81	950m:	10:35.02	33.99	1350m:	15:06.35	33.94
200m:	2:08.63	33.27	600m:	6:36.40	33.91	1000m:	11:09.18	34.16	1400m:	15:39.91	33.56
250m:	2:41.51	32.88	650m:	7:10.38	33.98	1050m:	11:42.68	33.50	1450m:	16:12.90	32.99
300m:	3:14.81	33.30	700m:	7:44.18	33.80	1100m:	12:17.10	34.42	1500m:	16:44.96	32.06
350m:	3:48.12	33.31	750m:	8:18.27	34.09	1150m:	12:50.99	33.89			
400m:	4:21.43	33.31	800m:	8:52.59	34.32	1200m:	13:24.51	33.52			

5.	Joao Costa Ferreira	98	Famalicao	**16:51.90**	+0,87	637					
50m:	30.04	30.04	450m:	4:58.11	33.75	850m:	9:28.43	33.83	1250m:	14:03.62	34.36
100m:	1:02.75	32.71	500m:	5:31.83	33.72	900m:	10:02.72	34.29	1300m:	14:38.08	34.46
150m:	1:36.47	33.72	550m:	6:05.67	33.84	950m:	10:37.01	34.29	1350m:	15:12.32	34.24
200m:	2:09.90	33.43	600m:	6:39.24	33.57	1000m:	11:11.74	34.73	1400m:	15:46.43	34.11
250m:	2:43.53	33.63	650m:	7:13.13	33.89	1050m:	11:46.01	34.27	1450m:	16:19.92	33.49
300m:	3:17.07	33.54	700m:	7:47.10	33.97	1100m:	12:20.35	34.34	1500m:	16:51.90	31.98
350m:	3:50.65	33.58	750m:	8:20.85	33.75	1150m:	12:54.76	34.41			
400m:	4:24.36	33.71	800m:	8:54.60	33.75	1200m:	13:29.26	34.50			

6.	Viktor Kot	98	Nautico Marinha Grande	**16:59.95**	+0,71	622					
50m:	29.62	29.62	450m:	4:59.67	33.96	850m:	9:34.65	34.39	1250m:	14:10.02	34.63
100m:	1:02.15	32.53	500m:	5:33.46	33.79	900m:	10:09.32	34.67	1300m:	14:44.17	34.15
150m:	1:35.32	33.17	550m:	6:07.78	34.32	950m:	10:44.10	34.78	1350m:	15:18.96	34.79
200m:	2:09.12	33.80	600m:	6:41.99	34.21	1000m:	11:18.66	34.56	1400m:	15:53.16	34.20
250m:	2:43.21	34.09	650m:	7:16.58	34.59	1050m:	11:53.03	34.37	1450m:	16:27.21	34.05
300m:	3:17.13	33.92	700m:	7:50.75	34.17	1100m:	12:27.28	34.25	1500m:	16:59.95	32.74
350m:	3:51.37	34.24	750m:	8:25.56	34.81	1150m:	13:01.49	34.21			
400m:	4:25.71	34.34	800m:	9:00.26	34.70	1200m:	13:35.39	33.90			

7.	Andre Pereira Coelho	98	Alcobaca	**17:03.13**	+0,89	617					
50m:	30.85	30.85	450m:	5:04.01	34.55	850m:	9:38.66	33.98	1250m:	14:14.03	34.55
100m:	1:04.31	33.46	500m:	5:38.51	34.50	900m:	10:12.78	34.12	1300m:	14:48.46	34.43
150m:	1:38.53	34.22	550m:	6:12.79	34.28	950m:	10:47.23	34.45	1350m:	15:22.59	34.13
200m:	2:12.60	34.07	600m:	6:47.34	34.55	1000m:	11:21.56	34.33	1400m:	15:57.04	34.45
250m:	2:46.71	34.11	650m:	7:21.69	34.35	1050m:	11:56.46	34.90	1450m:	16:31.42	34.38
300m:	3:20.87	34.16	700m:	7:56.13	34.44	1100m:	12:31.02	34.56	1500m:	17:03.13	31.71
350m:	3:55.15	34.28	750m:	8:30.02	33.89	1150m:	13:05.08	34.06			
400m:	4:29.46	34.31	800m:	9:04.68	34.66	1200m:	13:39.48	34.40			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Oeiras, 24.7. - 27.7.2014

Prova 1, Masc., 1500m Livres, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
8.	Dario Fausto Matias	98	Torres Novas	**17:03.92**	+0,76	615	

50m:	29.82	29.82	450m:	5:02.23	34.28	850m:	9:37.97	34.55	1250m:	14:14.79	34.67
100m:	1:03.14	33.32	500m:	5:36.74	34.51	900m:	10:12.42	34.45	1300m:	14:49.83	35.04
150m:	1:37.31	34.17	550m:	6:11.18	34.44	950m:	10:46.74	34.32	1350m:	15:24.97	35.14
200m:	2:11.08	33.77	600m:	6:45.43	34.25	1000m:	11:21.37	34.63	1400m:	15:59.95	34.98
250m:	2:45.50	34.42	650m:	7:19.87	34.44	1050m:	11:55.96	34.59	1450m:	16:32.08	32.13
300m:	3:19.60	34.10	700m:	7:54.47	34.60	1100m:	12:30.52	34.56	1500m:	17:03.92	31.84
350m:	3:53.73	34.13	750m:	8:28.86	34.39	1150m:	13:05.47	34.95			
400m:	4:27.95	34.22	800m:	9:03.42	34.56	1200m:	13:40.12	34.65			

9.	Tiago Carlos Santos	98	Naval Amorense	**17:05.62**	+0,75	612					
50m:	29.33	29.33	450m:	4:55.06	34.10	850m:	9:30.62	34.95	1250m:	14:12.66	35.93
100m:	1:00.96	31.63	500m:	5:29.04	33.98	900m:	10:05.15	34.53	1300m:	14:48.24	35.58
150m:	1:33.41	32.45	550m:	6:03.23	34.19	950m:	10:40.08	34.93	1350m:	15:23.12	34.88
200m:	2:06.78	33.37	600m:	6:37.33	34.10	1000m:	11:15.49	35.41	1400m:	15:58.33	35.21
250m:	2:40.62	33.84	650m:	7:12.01	34.68	1050m:	11:50.57	35.08	1450m:	16:32.41	34.08
300m:	3:13.80	33.18	700m:	7:45.99	33.98	1100m:	12:26.03	35.46	1500m:	17:05.62	33.21
350m:	3:47.29	33.49	750m:	8:20.63	34.64	1150m:	13:01.58	35.55			
400m:	4:20.96	33.67	800m:	8:55.67	35.04	1200m:	13:36.73	35.15			

10.	Rodrigo Martins Gomes	98	FC Ferreiras	**17:10.27**	+0,83	604					
50m:	29.68	29.68	450m:	5:03.54	34.68	850m:	9:42.63	34.96	1250m:	14:21.34	34.71
100m:	1:02.63	32.95	500m:	5:38.05	34.51	900m:	10:17.93	35.30	1300m:	14:55.58	34.24
150m:	1:36.56	33.93	550m:	6:12.90	34.85	950m:	10:52.92	34.99	1350m:	15:29.84	34.26
200m:	2:10.68	34.12	600m:	6:47.54	34.64	1000m:	11:27.64	34.72	1400m:	16:03.99	34.15
250m:	2:44.94	34.26	650m:	7:22.34	34.80	1050m:	12:02.44	34.80	1450m:	16:37.90	33.91
300m:	3:19.44	34.50	700m:	7:57.38	35.04	1100m:	12:37.15	34.71	1500m:	17:10.27	32.37
350m:	3:54.21	34.77	750m:	8:32.48	35.10	1150m:	13:11.81	34.66			
400m:	4:28.86	34.65	800m:	9:07.67	35.19	1200m:	13:46.63	34.82			

11.	Rui Jorge Matias	99	Vilacondense	**17:14.42**	+0,88	597					
50m:	29.57	29.57	450m:	5:02.31	34.85	850m:	9:42.31	35.05	1250m:	14:23.94	34.88
100m:	1:02.36	32.79	500m:	5:37.12	34.81	900m:	10:17.44	35.13	1300m:	14:59.69	35.75
150m:	1:35.88	33.52	550m:	6:11.62	34.50	950m:	10:52.47	35.03	1350m:	15:34.08	34.39
200m:	2:09.50	33.62	600m:	6:46.82	35.20	1000m:	11:27.93	35.46	1400m:	16:08.99	34.91
250m:	2:43.46	33.96	650m:	7:21.84	35.02	1050m:	12:02.63	34.70	1450m:	16:42.19	33.20
300m:	3:18.19	34.73	700m:	7:57.40	35.56	1100m:	12:38.04	35.41	1500m:	17:14.42	32.23
350m:	3:52.66	34.47	750m:	8:32.62	35.22	1150m:	13:13.05	35.01			
400m:	4:27.46	34.80	800m:	9:07.26	34.64	1200m:	13:49.06	36.01			

12.	Jose Pedro Fernandes	99	Braga	**17:15.65**	+0,80	594					
50m:	30.64	30.64	450m:	5:06.88	34.85	850m:	9:46.57	34.96	1250m:	14:25.35	34.74
100m:	1:04.44	33.80	500m:	5:41.74	34.86	900m:	10:21.50	34.93	1300m:	14:59.83	34.48
150m:	1:38.56	34.12	550m:	6:16.59	34.85	950m:	10:56.45	34.95	1350m:	15:34.58	34.75
200m:	2:13.24	34.68	600m:	6:51.81	35.22	1000m:	11:31.17	34.72	1400m:	16:09.36	34.78
250m:	2:47.64	34.40	650m:	7:26.76	34.95	1050m:	12:06.19	35.02	1450m:	16:43.69	34.33
300m:	3:22.33	34.69	700m:	8:01.78	35.02	1100m:	12:41.17	34.98	1500m:	17:15.65	31.96
350m:	3:57.32	34.99	750m:	8:36.59	34.81	1150m:	13:15.75	34.58			
400m:	4:32.03	34.71	800m:	9:11.61	35.02	1200m:	13:50.61	34.86			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Oeiras, 24.7. - 27.7.2014

Prova 1, Masc., 1500m Livres, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
13.	Jose Pedro Sampaio	98	Foca	**17:16.18**	+0,82	593	

50m:	30.30	30.30	450m:	5:05.59	34.51	850m:	9:44.62	34.75	1250m:	14:26.11	35.23
100m:	1:03.58	33.28	500m:	5:40.47	34.88	900m:	10:20.09	35.47	1300m:	15:01.61	35.50
150m:	1:37.71	34.13	550m:	6:15.27	34.80	950m:	10:55.38	35.29	1350m:	15:35.66	34.05
200m:	2:12.14	34.43	600m:	6:50.24	34.97	1000m:	11:30.66	35.28	1400m:	16:10.45	34.79
250m:	2:46.88	34.74	650m:	7:24.93	34.69	1050m:	12:05.66	35.00	1450m:	16:44.54	34.09
300m:	3:21.80	34.92	700m:	8:00.06	35.13	1100m:	12:40.63	34.97	1500m:	17:16.18	31.64
350m:	3:56.42	34.62	750m:	8:35.04	34.98	1150m:	13:15.17	34.54			
400m:	4:31.08	34.66	800m:	9:09.87	34.83	1200m:	13:50.88	35.71			

14.	Jose Diogo Fonseca	98	Nautico Marinha Grande	**17:16.33**	+0,76	593	

50m:	30.25	30.25	450m:	5:07.36	35.03	850m:	9:44.38	34.63	1250m:	14:23.12	34.90
100m:	1:03.85	33.60	500m:	5:42.06	34.70	900m:	10:19.20	34.82	1300m:	14:58.26	35.14
150m:	1:38.44	34.59	550m:	6:16.83	34.77	950m:	10:54.04	34.84	1350m:	15:33.22	34.96
200m:	2:13.26	34.82	600m:	6:51.61	34.78	1000m:	11:28.83	34.79	1400m:	16:08.59	35.37
250m:	2:48.06	34.80	650m:	7:26.20	34.59	1050m:	12:03.18	34.35	1450m:	16:43.10	34.51
300m:	3:22.76	34.70	700m:	8:00.99	34.79	1100m:	12:38.07	34.89	1500m:	17:16.33	33.23
350m:	3:57.64	34.88	750m:	8:35.10	34.11	1150m:	13:13.15	35.08			
400m:	4:32.33	34.69	800m:	9:09.75	34.65	1200m:	13:48.22	35.07			

15.	Afonso Calais Queiroga	98	Uniao Piedense	**17:18.26**	+0,69	590	

50m:	29.56	29.56	450m:	5:01.73	34.41	850m:	9:40.86	35.13	1250m:	14:24.41	35.89
100m:	1:02.78	33.22	500m:	5:35.68	33.95	900m:	10:16.35	35.49	1300m:	15:00.25	35.84
150m:	1:37.06	34.28	550m:	6:10.59	34.91	950m:	10:52.05	35.70	1350m:	15:34.95	34.70
200m:	2:10.64	33.58	600m:	6:44.84	34.25	1000m:	11:27.37	35.32	1400m:	16:08.80	33.85
250m:	2:44.96	34.32	650m:	7:19.95	35.11	1050m:	12:03.33	35.96	1450m:	16:44.74	35.94
300m:	3:18.81	33.85	700m:	7:55.01	35.06	1100m:	12:38.11	34.78	1500m:	17:18.26	33.52
350m:	3:53.29	34.48	750m:	8:30.52	35.51	1150m:	13:13.50	35.39			
400m:	4:27.32	34.03	800m:	9:05.73	35.21	1200m:	13:48.52	35.02			

16.	Joao Magalhaes Nunes	99	Amadora	**17:20.20**	+0,80	587	

50m:	30.86	30.86	450m:	5:05.81	34.83	850m:	9:44.89	34.66	1250m:	14:26.11	35.53
100m:	1:04.44	33.58	500m:	5:40.71	34.90	900m:	10:20.30	35.41	1300m:	15:01.54	35.43
150m:	1:39.11	34.67	550m:	6:14.95	34.24	950m:	10:54.56	34.26	1350m:	15:36.30	34.76
200m:	2:13.19	34.08	600m:	6:49.37	34.42	1000m:	11:30.19	35.63	1400m:	16:11.99	35.69
250m:	2:47.86	34.67	650m:	7:25.14	35.77	1050m:	12:04.54	34.35	1450m:	16:46.44	34.45
300m:	3:22.49	34.63	700m:	8:00.49	35.35	1100m:	12:39.91	35.37	1500m:	17:20.20	33.76
350m:	3:56.90	34.41	750m:	8:35.26	34.77	1150m:	13:14.92	35.01			
400m:	4:30.98	34.08	800m:	9:10.23	34.97	1200m:	13:50.58	35.66			

17.	Eduardo Manuel Goncalves	98	Nucleo Sportinguista Terceira	**17:24.10**	+0,76	580	

50m:	31.70	31.70	450m:	5:06.51	34.68	850m:	9:46.69	34.59	1250m:	14:29.56	35.15
100m:	1:05.29	33.59	500m:	5:42.00	35.49	900m:	10:21.86	35.17	1300m:	15:05.08	35.52
150m:	1:39.57	34.28	550m:	6:16.80	34.80	950m:	10:56.90	35.04	1350m:	15:40.09	35.01
200m:	2:13.82	34.25	600m:	6:52.10	35.30	1000m:	11:32.48	35.58	1400m:	16:15.92	35.83
250m:	2:47.95	34.13	650m:	7:26.97	34.87	1050m:	12:07.79	35.31	1450m:	16:50.83	34.91
300m:	3:22.53	34.58	700m:	8:02.35	35.38	1100m:	12:43.35	35.56	1500m:	17:24.10	33.27
350m:	3:57.15	34.62	750m:	8:36.80	34.45	1150m:	13:18.45	35.10			
400m:	4:31.83	34.68	800m:	9:12.10	35.30	1200m:	13:54.41	35.96			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Oeiras, 24.7. - 27.7.2014

Prova 1, Masc., 1500m Livres, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
18.	Diogo Rosado Leca	98	Colegio Monte Maior	**17:24.41**	+0,95	580	

50m:	31.51	31.51	450m:	5:09.17	35.20	850m:	9:50.68	34.87	1250m:	14:32.85	34.67
100m:	1:05.51	34.00	500m:	5:44.05	34.88	900m:	10:26.14	35.46	1300m:	15:08.41	35.56
150m:	1:40.38	34.87	550m:	6:19.06	35.01	950m:	11:01.28	35.14	1350m:	15:42.74	34.33
200m:	2:14.80	34.42	600m:	6:54.46	35.40	1000m:	11:36.60	35.32	1400m:	16:17.63	34.89
250m:	2:49.41	34.61	650m:	7:29.59	35.13	1050m:	12:11.78	35.18	1450m:	16:51.50	33.87
300m:	3:24.00	34.59	700m:	8:05.26	35.67	1100m:	12:47.44	35.66	1500m:	17:24.41	32.91
350m:	3:58.91	34.91	750m:	8:40.30	35.04	1150m:	13:22.66	35.22			
400m:	4:33.97	35.06	800m:	9:15.81	35.51	1200m:	13:58.18	35.52			

19.	Diogo Nogueira Rebelo	98	Colegio Monte Maior	**17:24.61**	+0,81	579	

50m:	30.92	30.92	450m:	5:07.77	35.58	850m:	9:48.87	35.56	1250m:	14:31.81	35.40
100m:	1:04.42	33.50	500m:	5:42.64	34.87	900m:	10:23.88	35.01	1300m:	15:07.28	35.47
150m:	1:38.96	34.54	550m:	6:17.64	35.00	950m:	10:59.21	35.33	1350m:	15:42.76	35.48
200m:	2:13.60	34.64	600m:	6:52.86	35.22	1000m:	11:34.64	35.43	1400m:	16:18.00	35.24
250m:	2:48.08	34.48	650m:	7:27.96	35.10	1050m:	12:10.13	35.49	1450m:	16:52.64	34.64
300m:	3:22.38	34.30	700m:	8:03.24	35.28	1100m:	12:45.45	35.32	1500m:	17:24.61	31.97
350m:	3:56.93	34.55	750m:	8:38.32	35.08	1150m:	13:20.97	35.52			
400m:	4:32.19	35.26	800m:	9:13.31	34.99	1200m:	13:56.41	35.44			

20.	Nelson Pereira Malheiros	99	Litoral Alentejano	**17:24.85**	579	

50m:	30.70	30.70	450m:	5:05.91	34.43	850m:	9:45.30	35.23	1250m:	14:30.64	36.12
100m:	1:04.49	33.79	500m:	5:40.53	34.62	900m:	10:20.26	34.96	1300m:	15:06.35	35.71
150m:	1:39.49	35.00	550m:	6:15.18	34.65	950m:	10:55.60	35.34	1350m:	15:41.80	35.45
200m:	2:13.55	34.06	600m:	6:49.66	34.48	1000m:	11:31.23	35.63	1400m:	16:17.21	35.41
250m:	2:48.39	34.84	650m:	7:24.95	35.29	1050m:	12:06.83	35.60	1450m:	16:51.47	34.26
300m:	3:22.76	34.37	700m:	8:00.18	35.23	1100m:	12:42.49	35.66	1500m:	17:24.85	33.38
350m:	3:57.40	34.64	750m:	8:35.18	35.00	1150m:	13:18.51	36.02			
400m:	4:31.48	34.08	800m:	9:10.07	34.89	1200m:	13:54.52	36.01			

21.	Luis Filipe Ribeiro	98	Braga	**17:25.07**	+0,80	578	

50m:	30.53	30.53	450m:	5:07.20	35.52	850m:	9:49.09	34.88	1250m:	14:30.52	35.01
100m:	1:04.32	33.79	500m:	5:42.32	35.12	900m:	10:24.57	35.48	1300m:	15:05.34	34.82
150m:	1:38.46	34.14	550m:	6:17.38	35.06	950m:	10:59.60	35.03	1350m:	15:40.76	35.42
200m:	2:12.71	34.25	600m:	6:52.81	35.43	1000m:	11:34.75	35.15	1400m:	16:15.81	35.05
250m:	2:47.11	34.40	650m:	7:28.28	35.47	1050m:	12:09.40	34.65	1450m:	16:51.03	35.22
300m:	3:21.73	34.62	700m:	8:03.80	35.52	1100m:	12:44.23	34.83	1500m:	17:25.07	34.04
350m:	3:56.55	34.82	750m:	8:38.68	34.88	1150m:	13:19.56	35.33			
400m:	4:31.68	35.13	800m:	9:14.21	35.53	1200m:	13:55.51	35.95			

22.	Miguel Martins Baltazar	98	Aminata	**17:27.03**	+0,73	575	

50m:	29.79	29.79	450m:	5:05.71	35.08	850m:	9:46.40	35.31	1250m:	14:30.05	35.74
100m:	1:02.79	33.00	500m:	5:40.79	35.08	900m:	10:21.41	35.01	1300m:	15:05.70	35.65
150m:	1:37.14	34.35	550m:	6:15.91	35.12	950m:	10:56.87	35.46	1350m:	15:41.37	35.67
200m:	2:11.49	34.35	600m:	6:51.01	35.10	1000m:	11:32.17	35.30	1400m:	16:17.11	35.74
250m:	2:46.11	34.62	650m:	7:26.30	35.29	1050m:	12:07.63	35.46	1450m:	16:52.42	35.31
300m:	3:20.69	34.58	700m:	8:01.12	34.82	1100m:	12:43.10	35.47	1500m:	17:27.03	34.61
350m:	3:55.65	34.96	750m:	8:35.98	34.86	1150m:	13:18.79	35.69			
400m:	4:30.63	34.98	800m:	9:11.09	35.11	1200m:	13:54.31	35.52			

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Campeonato Nacional de Juvenis
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Oeiras, 24.7. - 27.7.2014

Prova 1, Masc., 1500m Livres, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
23.	Filipe Ferreira Luz	98	Gesloures	**17:30.31**	+0,87	570	
24.	Leandro Fernandes Mota	98	Columbofila Cantanhedense	**17:31.45**	+0,71	568	
25.	Eduardo Cardoso Lopes	99	Louletano/Loule Concelho	**17:31.76**	+0,85	567	
26.	Alexandre Magno Carvalho	98	Fluvial Portuense	**17:32.49**		566	
27.	Joao Sismeiro Pereira	98	Amadora	**17:33.29**	+0,75	565	

50m:	31.19	31.19	450m:	5:05.21	34.79	850m:	9:48.18	35.37	1250m:	14:33.03	35.56
100m:	1:04.83	33.64	500m:	5:40.24	35.03	900m:	10:23.93	35.75	1300m:	15:08.85	35.82
150m:	1:39.03	34.20	550m:	6:15.35	35.11	950m:	10:59.23	35.30	1350m:	15:44.43	35.58
200m:	2:13.14	34.11	600m:	6:50.70	35.35	1000m:	11:35.05	35.82	1400m:	16:20.17	35.74
250m:	2:47.14	34.00	650m:	7:26.27	35.57	1050m:	12:10.43	35.38	1450m:	16:55.84	35.67
300m:	3:21.47	34.33	700m:	8:02.10	35.83	1100m:	12:46.17	35.74	1500m:	17:30.31	34.47
350m:	3:55.74	34.27	750m:	8:37.50	35.40	1150m:	13:21.60	35.43			
400m:	4:30.42	34.68	800m:	9:12.81	35.31	1200m:	13:57.47	35.87			
50m:	30.40	30.40	450m:	5:06.70	35.45	850m:	9:50.59	35.56	1250m:	14:35.47	36.05
100m:	1:03.77	33.37	500m:	5:42.03	35.33	900m:	10:26.24	35.65	1300m:	15:11.10	35.63
150m:	1:38.43	34.66	550m:	6:17.64	35.61	950m:	11:01.92	35.68	1350m:	15:46.45	35.35
200m:	2:12.90	34.47	600m:	6:52.96	35.32	1000m:	11:37.29	35.37	1400m:	16:22.40	35.95
250m:	2:47.41	34.51	650m:	7:28.12	35.16	1050m:	12:13.01	35.72	1450m:	16:57.49	35.09
300m:	3:21.82	34.41	700m:	8:04.08	35.96	1100m:	12:48.22	35.21	1500m:	17:31.45	33.96
350m:	3:56.70	34.88	750m:	8:39.73	35.65	1150m:	13:23.58	35.36			
400m:	4:31.25	34.55	800m:	9:15.03	35.30	1200m:	13:59.42	35.84			
50m:	30.32	30.32	450m:	5:00.56	34.55	850m:	9:47.88	36.51	1250m:	14:37.30	36.39
100m:	1:02.83	32.51	500m:	5:35.46	34.90	900m:	10:24.22	36.34	1300m:	15:12.54	35.24
150m:	1:36.38	33.55	550m:	6:11.53	36.07	950m:	11:00.57	36.35	1350m:	15:47.88	35.34
200m:	2:09.56	33.18	600m:	6:46.25	34.72	1000m:	11:35.85	35.28	1400m:	16:20.81	32.93
250m:	2:43.48	33.92	650m:	7:22.67	36.42	1050m:	12:12.61	36.76	1450m:	16:56.95	36.14
300m:	3:17.37	33.89	700m:	7:58.83	36.16	1100m:	12:48.78	36.17	1500m:	17:31.76	34.81
350m:	3:51.90	34.53	750m:	8:35.02	36.19	1150m:	13:25.10	36.32			
400m:	4:26.01	34.11	800m:	9:11.37	36.35	1200m:	14:00.91	35.81			
50m:	30.43	30.43	450m:	5:10.68	35.35	850m:	9:55.54	35.75	1250m:	14:38.71	35.12
100m:	1:04.26	33.83	500m:	5:46.29	35.61	900m:	10:31.08	35.54	1300m:	15:14.13	35.42
150m:	1:39.27	35.01	550m:	6:21.49	35.20	950m:	11:06.14	35.06	1350m:	15:49.09	34.96
200m:	2:14.60	35.33	600m:	6:57.23	35.74	1000m:	11:41.87	35.73	1400m:	16:24.48	35.39
250m:	2:49.85	35.25	650m:	7:32.67	35.44	1050m:	12:17.08	35.21	1450m:	16:58.98	34.50
300m:	3:25.07	35.22	700m:	8:08.30	35.63	1100m:	12:52.62	35.54	1500m:	17:32.49	33.51
350m:	3:59.92	34.85	750m:	8:43.90	35.60	1150m:	13:27.83	35.21			
400m:	4:35.33	35.41	800m:	9:19.79	35.89	1200m:	14:03.59	35.76			
50m:	31.25	31.25	450m:	5:11.13	35.09	850m:	9:52.56	35.14	1250m:	14:37.05	35.49
100m:	1:05.57	34.32	500m:	5:46.26	35.13	900m:	10:28.09	35.53	1300m:	15:13.08	36.03
150m:	1:39.93	34.36	550m:	6:21.69	35.43	950m:	11:03.28	35.19	1350m:	15:48.64	35.56
200m:	2:14.77	34.84	600m:	6:56.98	35.29	1000m:	11:38.90	35.62	1400m:	16:24.41	35.77
250m:	2:49.92	35.15	650m:	7:31.94	34.96	1050m:	12:14.36	35.46	1450m:	16:59.65	35.24
300m:	3:25.27	35.35	700m:	8:07.13	35.19	1100m:	12:50.21	35.85	1500m:	17:33.29	33.64
350m:	4:00.68	35.41	750m:	8:42.21	35.08	1150m:	13:25.90	35.69			
400m:	4:36.04	35.36	800m:	9:17.42	35.21	1200m:	14:01.56	35.66			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Prova 1, Masc., 1500m Livres, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
28.	Filipe Fonte Cunha	98	Academico Viseu	**17:33.69**	+0,91	564	

50m:	30.07	30.07	450m:	5:06.94	34.92	850m:	9:49.79	35.59	1250m:	14:37.25	35.99
100m:	1:03.11	33.04	500m:	5:42.34	35.40	900m:	10:25.79	36.00	1300m:	15:13.60	36.35
150m:	1:37.41	34.30	550m:	6:17.49	35.15	950m:	11:01.61	35.82	1350m:	15:49.61	36.01
200m:	2:12.25	34.84	600m:	6:52.75	35.26	1000m:	11:37.63	36.02	1400m:	16:24.93	35.32
250m:	2:46.95	34.70	650m:	7:27.29	34.54	1050m:	12:13.17	35.54	1450m:	16:59.60	34.67
300m:	3:21.76	34.81	700m:	8:03.01	35.72	1100m:	12:49.07	35.90	1500m:	17:33.69	34.09
350m:	3:56.57	34.81	750m:	8:38.20	35.19	1150m:	13:24.94	35.87			
400m:	4:32.02	35.45	800m:	9:14.20	36.00	1200m:	14:01.26	36.32			

29.	Eurico Pereira Sousa	98	Academica de Coimbra	**17:35.21**	+0,78	562					
50m:	29.83	29.83	450m:	5:11.95	35.60	850m:	9:55.96	35.13	1250m:	14:39.45	35.34
100m:	1:03.38	33.55	500m:	5:47.68	35.73	900m:	10:31.40	35.44	1300m:	15:15.01	35.56
150m:	1:38.42	35.04	550m:	6:23.02	35.34	950m:	11:06.53	35.13	1350m:	15:50.55	35.54
200m:	2:14.13	35.71	600m:	6:58.48	35.46	1000m:	11:41.90	35.37	1400m:	16:26.29	35.74
250m:	2:49.44	35.31	650m:	7:33.92	35.44	1050m:	12:17.09	35.19	1450m:	17:00.74	34.45
300m:	3:25.03	35.59	700m:	8:10.28	36.36	1100m:	12:52.90	35.81	1500m:	17:35.21	34.47
350m:	4:00.43	35.40	750m:	8:45.12	34.84	1150m:	13:28.32	35.42			
400m:	4:36.35	35.92	800m:	9:20.83	35.71	1200m:	14:04.11	35.79			

30.	Nuno Rafael Silva	99	Colegio Monte Maior	**17:39.79**	+0,91	555					
50m:	32.06	32.06	450m:	5:11.48	35.46	850m:	9:55.64	35.78	1250m:	14:41.26	35.79
100m:	1:06.69	34.63	500m:	5:46.95	35.47	900m:	10:31.79	36.15	1300m:	15:17.29	36.03
150m:	1:42.01	35.32	550m:	6:22.42	35.47	950m:	11:07.26	35.47	1350m:	15:52.85	35.56
200m:	2:16.47	34.46	600m:	6:57.66	35.24	1000m:	11:42.84	35.58	1400m:	16:28.86	36.01
250m:	2:52.20	35.73	650m:	7:33.29	35.63	1050m:	12:18.38	35.54	1450m:	17:04.81	35.95
300m:	3:27.83	35.63	700m:	8:08.55	35.26	1100m:	12:53.88	35.50	1500m:	17:39.79	34.98
350m:	4:01.54	33.71	750m:	8:44.32	35.77	1150m:	13:29.63	35.75			
400m:	4:36.02	34.48	800m:	9:19.86	35.54	1200m:	14:05.47	35.84			

31.	Pedro Ferraz Esteves	99	Amadora	**17:39.94**	+0,66	554					
50m:	30.43	30.43	450m:	5:14.34	35.84	850m:	9:59.01	35.12	1250m:	14:43.26	35.86
100m:	1:04.80	34.37	500m:	5:50.47	36.13	900m:	10:34.32	35.31	1300m:	15:19.34	36.08
150m:	1:40.50	35.70	550m:	6:26.46	35.99	950m:	11:09.75	35.43	1350m:	15:55.03	35.69
200m:	2:16.16	35.66	600m:	7:02.11	35.65	1000m:	11:44.92	35.17	1400m:	16:30.95	35.92
250m:	2:51.83	35.67	650m:	7:38.14	36.03	1050m:	12:20.34	35.42	1450m:	17:05.85	34.90
300m:	3:27.39	35.56	700m:	8:13.65	35.51	1100m:	12:56.02	35.68	1500m:	17:39.94	34.09
350m:	4:02.61	35.22	750m:	8:49.03	35.38	1150m:	13:31.92	35.90			
400m:	4:38.50	35.89	800m:	9:23.89	34.86	1200m:	14:07.40	35.48			

32.	Pedro Trindade Silva	98	Amadora	**17:41.62**	+0,72	552					
50m:	30.74	30.74	450m:	5:07.00	34.72	850m:	9:49.88	35.88	1250m:	14:39.96	36.19
100m:	1:05.06	34.32	500m:	5:41.98	34.98	900m:	10:25.91	36.03	1300m:	15:16.50	36.54
150m:	1:39.21	34.15	550m:	6:16.98	35.00	950m:	11:01.86	35.95	1350m:	15:52.91	36.41
200m:	2:14.03	34.82	600m:	6:52.11	35.13	1000m:	11:38.36	36.50	1400m:	16:29.17	36.26
250m:	2:48.66	34.63	650m:	7:27.31	35.20	1050m:	12:14.50	36.14	1450m:	17:05.82	36.65
300m:	3:23.40	34.74	700m:	8:02.89	35.58	1100m:	12:51.12	36.62	1500m:	17:41.62	35.80
350m:	3:57.54	34.14	750m:	8:38.15	35.26	1150m:	13:27.21	36.09			
400m:	4:32.28	34.74	800m:	9:14.00	35.85	1200m:	14:03.77	36.56			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Campeonato Nacional de Juvenis
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Oeiras, 24.7. - 27.7.2014

Prova 1, Masc., 1500m Livres, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
33.	Albino David Almeida	99	O Crasto	**17:44.88**		547	

50m:	29.74	29.74	450m:	5:12.50	36.09	850m:	10:00.73	35.95	1250m:	14:48.21	36.01
100m:	1:03.00	33.26	500m:	5:48.11	35.61	900m:	10:36.95	36.22	1300m:	15:24.51	36.30
150m:	1:38.05	35.05	550m:	6:24.37	36.26	950m:	11:12.90	35.95	1350m:	16:00.48	35.97
200m:	2:13.58	35.53	600m:	7:00.82	36.45	1000m:	11:48.75	35.85	1400m:	16:35.78	35.30
250m:	2:49.45	35.87	650m:	7:36.67	35.85	1050m:	12:24.70	35.95	1450m:	17:11.04	35.26
300m:	3:24.90	35.45	700m:	8:12.87	36.20	1100m:	13:00.49	35.79	1500m:	17:44.88	33.84
350m:	4:00.93	36.03	750m:	8:48.74	35.87	1150m:	13:36.43	35.94			
400m:	4:36.41	35.48	800m:	9:24.78	36.04	1200m:	14:12.20	35.77			

34.	Tiago Cunha Costa	99	Sporting	**17:46.62**	+0,79	544	

50m:	29.51	29.51	450m:	5:08.87	35.60	850m:	9:58.75	36.32	1250m:	14:48.98	36.54
100m:	1:02.38	32.87	500m:	5:45.00	36.13	900m:	10:35.28	36.53	1300m:	15:25.36	36.38
150m:	1:37.02	34.64	550m:	6:21.23	36.23	950m:	11:11.62	36.34	1350m:	16:00.92	35.56
200m:	2:11.86	34.84	600m:	6:57.18	35.95	1000m:	11:47.49	35.87	1400m:	16:36.56	35.64
250m:	2:47.31	35.45	650m:	7:33.23	36.05	1050m:	12:23.74	36.25	1450m:	17:11.97	35.41
300m:	3:22.35	35.04	700m:	8:09.68	36.45	1100m:	12:59.75	36.01	1500m:	17:46.62	34.65
350m:	3:58.03	35.68	750m:	8:46.05	36.37	1150m:	13:36.24	36.49			
400m:	4:33.27	35.24	800m:	9:22.43	36.38	1200m:	14:12.44	36.20			

35.	Joao Alberto Gondar	98	Vilacondense	**17:50.69**	+0,75	538	

50m:	29.29	29.29	450m:	5:09.93	36.02	850m:	9:58.75	36.70	1250m:	14:50.77	36.33
100m:	1:02.50	33.21	500m:	5:45.67	35.74	900m:	10:35.92	37.17	1300m:	15:27.67	36.90
150m:	1:37.26	34.76	550m:	6:21.55	35.88	950m:	11:12.23	36.31	1350m:	16:04.34	36.67
200m:	2:12.40	35.14	600m:	6:57.68	36.13	1000m:	11:49.06	36.83	1400m:	16:40.72	36.38
250m:	2:47.52	35.12	650m:	7:33.26	35.58	1050m:	12:24.91	35.85	1450m:	17:16.30	35.58
300m:	3:23.34	35.82	700m:	8:09.52	36.26	1100m:	13:01.67	36.76	1500m:	17:50.69	34.39
350m:	3:58.29	34.95	750m:	8:45.65	36.13	1150m:	13:37.90	36.23			
400m:	4:33.91	35.62	800m:	9:22.05	36.40	1200m:	14:14.44	36.54			

36.	Duarte Filipe Rodrigues	99	Alges	**17:51.39**	+0,82	537	

50m:	31.35	31.35	450m:	5:09.07	34.72	850m:	9:50.53	35.46	1250m:	14:45.65	37.39
100m:	1:05.38	34.03	500m:	5:44.29	35.22	900m:	10:26.16	35.63	1300m:	15:24.52	38.87
150m:	1:40.00	34.62	550m:	6:19.13	34.84	950m:	11:02.25	36.09	1350m:	16:01.81	37.29
200m:	2:15.07	35.07	600m:	6:54.20	35.07	1000m:	11:38.32	36.07	1400m:	16:38.82	37.01
250m:	2:49.80	34.73	650m:	7:28.99	34.79	1050m:	12:14.80	36.48	1450m:	17:15.11	36.29
300m:	3:24.83	35.03	700m:	8:04.37	35.38	1100m:	12:52.34	37.54	1500m:	17:51.39	36.28
350m:	3:59.78	34.95	750m:	8:39.62	35.25	1150m:	13:30.00	37.66			
400m:	4:34.35	34.57	800m:	9:15.07	35.45	1200m:	14:08.26	38.26			

37.	Pedro Miguel Vieira	98	Galitos	**17:54.43**	+0,85	532	

50m:	31.00	31.00	450m:	5:13.63	36.08	850m:	10:02.52	36.20	1250m:	14:53.23	36.41
100m:	1:05.06	34.06	500m:	5:49.16	35.53	900m:	10:38.17	35.65	1300m:	15:29.48	36.25
150m:	1:40.02	34.96	550m:	6:25.54	36.38	950m:	11:14.69	36.52	1350m:	16:06.27	36.79
200m:	2:15.25	35.23	600m:	7:01.47	35.93	1000m:	11:51.10	36.41	1400m:	16:43.28	37.01
250m:	2:50.68	35.43	650m:	7:37.82	36.35	1050m:	12:27.69	36.59	1450m:	17:19.48	36.20
300m:	3:26.27	35.59	700m:	8:13.88	36.06	1100m:	13:04.16	36.47	1500m:	17:54.43	34.95
350m:	4:02.01	35.74	750m:	8:50.18	36.30	1150m:	13:40.50	36.34			
400m:	4:37.55	35.54	800m:	9:26.32	36.14	1200m:	14:16.82	36.32			

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Prova 1, Masc., 1500m Livres, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
38.	Joao Francisco Machado	99	Academica de Coimbra	**18:02.52**	+0,76	520	

50m:	31.39	31.39	450m:	5:16.59	35.84	850m:	10:06.36	36.50	1250m:	15:00.02	37.57
100m:	1:06.33	34.94	500m:	5:52.88	36.29	900m:	10:42.84	36.48	1300m:	15:36.90	36.88
150m:	1:41.53	35.20	550m:	6:29.19	36.31	950m:	11:19.51	36.67	1350m:	16:14.07	37.17
200m:	2:17.07	35.54	600m:	7:05.68	36.49	1000m:	11:55.61	36.10	1400m:	16:50.52	36.45
250m:	2:52.52	35.45	650m:	7:41.61	35.93	1050m:	12:32.52	36.91	1450m:	17:27.28	36.76
300m:	3:28.78	36.26	700m:	8:17.25	35.64	1100m:	13:09.16	36.64	1500m:	18:02.52	35.24
350m:	4:04.68	35.90	750m:	8:53.58	36.33	1150m:	13:46.08	36.92			
400m:	4:40.75	36.07	800m:	9:29.86	36.28	1200m:	14:22.45	36.37			

39.	Joao Silva Costa	99	Natacao da Maia	**18:06.65**		515					
50m:	31.07	31.07	450m:	5:18.64	36.65	850m:	10:11.67	36.81	1250m:	15:05.69	36.83
100m:	1:05.46	34.39	500m:	5:55.28	36.64	900m:	10:48.26	36.59	1300m:	15:42.43	36.74
150m:	1:41.48	36.02	550m:	6:32.11	36.83	950m:	11:25.14	36.88	1350m:	16:19.46	37.03
200m:	2:17.27	35.79	600m:	7:08.49	36.38	1000m:	12:01.65	36.51	1400m:	16:55.79	36.33
250m:	2:53.29	36.02	650m:	7:45.27	36.78	1050m:	12:38.61	36.96	1450m:	17:32.32	36.53
300m:	3:29.22	35.93	700m:	8:21.67	36.40	1100m:	13:15.15	36.54	1500m:	18:06.65	34.33
350m:	4:05.68	36.46	750m:	8:58.49	36.82	1150m:	13:52.12	36.97			
400m:	4:41.99	36.31	800m:	9:34.86	36.37	1200m:	14:28.86	36.74			

40.	Francisco Oliveira Ferreira	99	Famalicao	**18:09.13**	+0,73	511					
50m:	30.45	30.45	450m:	5:16.11	36.25	850m:	10:10.30	36.48	1250m:	15:07.59	37.38
100m:	1:05.16	34.71	500m:	5:52.72	36.61	900m:	10:47.84	37.54	1300m:	15:44.58	36.99
150m:	1:40.30	35.14	550m:	6:29.10	36.38	950m:	11:24.50	36.66	1350m:	16:21.69	37.11
200m:	2:16.19	35.89	600m:	7:06.01	36.91	1000m:	12:01.85	37.35	1400m:	16:58.80	37.11
250m:	2:51.90	35.71	650m:	7:42.80	36.79	1050m:	12:38.53	36.68	1450m:	17:34.04	35.24
300m:	3:27.79	35.89	700m:	8:20.07	37.27	1100m:	13:15.78	37.25	1500m:	18:09.13	35.09
350m:	4:03.72	35.93	750m:	8:56.60	36.53	1150m:	13:52.77	36.99			
400m:	4:39.86	36.14	800m:	9:33.82	37.22	1200m:	14:30.21	37.44			

41.	Andre Alexandre Santos	99	Sporting	**18:15.40**	+0,92	502					
50m:	31.22	31.22	450m:	5:17.13	36.58	850m:	10:10.21	36.55	1250m:	15:09.86	37.94
100m:	1:05.48	34.26	500m:	5:53.38	36.25	900m:	10:47.78	37.57	1300m:	15:46.16	36.30
150m:	1:40.75	35.27	550m:	6:30.00	36.62	950m:	11:24.95	37.17	1350m:	16:23.83	37.67
200m:	2:16.47	35.72	600m:	7:06.08	36.08	1000m:	12:02.64	37.69	1400m:	17:01.91	38.08
250m:	2:52.32	35.85	650m:	7:42.66	36.58	1050m:	12:39.98	37.34	1450m:	17:38.94	37.03
300m:	3:28.31	35.99	700m:	8:19.59	36.93	1100m:	13:16.49	36.51	1500m:	18:15.40	36.46
350m:	4:04.00	35.69	750m:	8:56.59	37.00	1150m:	13:54.23	37.74			
400m:	4:40.55	36.55	800m:	9:33.66	37.07	1200m:	14:31.92	37.69			

42.	Goncalo Faria Saldida	99	Gualdim Pais	**18:16.98**	+0,77	500					
50m:	30.55	30.55	450m:	5:19.54	37.07	850m:	10:20.07	38.62	1250m:	15:15.06	37.55
100m:	1:04.38	33.83	500m:	5:56.21	36.67	900m:	10:57.83	37.76	1300m:	15:51.89	36.83
150m:	1:40.56	36.18	550m:	6:33.35	37.14	950m:	11:35.70	37.87	1350m:	16:29.19	37.30
200m:	2:16.50	35.94	600m:	7:10.84	37.49	1000m:	12:11.46	35.76	1400m:	17:06.21	37.02
250m:	2:53.19	36.69	650m:	7:48.55	37.71	1050m:	12:47.74	36.28	1450m:	17:41.38	35.17
300m:	3:29.95	36.76	700m:	8:26.35	37.80	1100m:	13:23.94	36.20	1500m:	18:16.98	35.60
350m:	4:06.07	36.12	750m:	9:04.50	38.15	1150m:	14:00.81	36.87			
400m:	4:42.47	36.40	800m:	9:41.45	36.95	1200m:	14:37.51	36.70			

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Prova 1, Masc., 1500m Livres, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
43.	Bernardo Graca Rodrigues	99	Alges	**18:21.58**	+0,74	494	

50m:	30.82	30.82	450m:	5:14.53	35.88	850m:	10:19.73	46.78	1250m:	15:18.72	37.05
100m:	1:05.80	34.98	500m:	5:50.63	36.10	900m:	11:03.35	43.62	1300m:	15:55.55	36.83
150m:	1:40.82	35.02	550m:	6:26.69	36.06	950m:	11:40.06	36.71	1350m:	16:33.24	37.69
200m:	2:16.07	35.25	600m:	7:02.70	36.01	1000m:	12:14.61	34.55	1400m:	17:09.90	36.66
250m:	2:51.38	35.31	650m:	7:38.85	36.15	1050m:	12:51.05	36.44	1450m:	17:46.02	36.12
300m:	3:27.07	35.69	700m:	8:15.62	36.77	1100m:	13:28.01	36.96	1500m:	18:21.58	35.56
350m:	4:02.73	35.66	750m:	8:52.98	37.36	1150m:	14:04.75	36.74			
400m:	4:38.65	35.92	800m:	9:32.95	39.97	1200m:	14:41.67	36.92			

44.	Tiago Andre Carvalho *FTL*	99	Academica de Coimbra	**18:31.26**	+0,73	481

50m:	31.53	31.53	450m:	5:21.94	37.45	850m:	10:22.42	37.97	1250m:	15:25.62	37.83
100m:	1:05.99	34.46	500m:	5:58.80	36.86	900m:	11:00.20	37.78	1300m:	16:02.94	37.32
150m:	1:41.78	35.79	550m:	6:36.33	37.53	950m:	11:38.23	38.03	1350m:	16:40.21	37.27
200m:	2:17.77	35.99	600m:	7:14.01	37.68	1000m:	12:15.96	37.73	1400m:	17:17.32	37.11
250m:	2:54.09	36.32	650m:	7:51.65	37.64	1050m:	12:54.24	38.28	1450m:	17:54.48	37.16
300m:	3:30.74	36.65	700m:	8:28.86	37.21	1100m:	13:32.07	37.83	1500m:	18:31.26	36.78
350m:	4:07.73	36.99	750m:	9:06.75	37.89	1150m:	14:10.09	38.02			
400m:	4:44.49	36.76	800m:	9:44.45	37.70	1200m:	14:47.79	37.70			

45.	Ricardo Andre Pinto *FTL*	99	Gespacos	**18:44.29**	+0,98	464

50m:	30.44	30.44	450m:	5:25.44	37.80	850m:	10:29.37	37.82	1250m:	15:35.98	37.48
100m:	1:05.10	34.66	500m:	6:03.21	37.77	900m:	11:07.48	38.11	1300m:	16:14.79	38.81
150m:	1:41.58	36.48	550m:	6:41.19	37.98	950m:	11:45.80	38.32	1350m:	16:52.91	38.12
200m:	2:17.63	36.05	600m:	7:19.17	37.98	1000m:	12:24.40	38.60	1400m:	17:31.13	38.22
250m:	2:54.77	37.14	650m:	7:56.81	37.64	1050m:	13:03.00	38.60	1450m:	18:09.17	38.04
300m:	3:32.02	37.25	700m:	8:35.17	38.36	1100m:	13:41.77	38.77	1500m:	18:44.29	35.12
350m:	4:09.74	37.72	750m:	9:13.14	37.97	1150m:	14:19.71	37.94			
400m:	4:47.64	37.90	800m:	9:51.55	38.41	1200m:	14:58.50	38.79			

46.	Guilherme Borlido Farias *FTL*	98	Natacao de Faro	**19:18.80**	+0,68	424

50m:	30.86	30.86	450m:	5:32.49	39.13	850m:	10:47.13	38.98	1250m:	16:05.69	39.29
100m:	1:05.85	34.99	500m:	6:11.75	39.26	900m:	11:27.45	40.32	1300m:	16:45.08	39.39
150m:	1:42.15	36.30	550m:	6:50.04	38.29	950m:	12:07.79	40.34	1350m:	17:24.37	39.29
200m:	2:19.93	37.78	600m:	7:28.95	38.91	1000m:	12:48.30	40.51	1400m:	18:03.44	39.07
250m:	2:57.54	37.61	650m:	8:07.53	38.58	1050m:	13:27.37	39.07	1450m:	18:40.71	37.27
300m:	3:35.88	38.34	700m:	8:48.26	40.73	1100m:	14:07.62	40.25	1500m:	19:18.80	38.09
350m:	4:14.12	38.24	750m:	9:28.95	40.69	1150m:	14:46.91	39.29			
400m:	4:53.36	39.24	800m:	10:08.15	39.20	1200m:	15:26.40	39.49			

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Oeiras, 24.7. - 27.7.2014

Prova 1, Masc., 1500m Livres

Prova 1 — Masc., 1500m Livres — Juvenis A
24-07-2014 - 17:15 — Resultados

Pontos: FINA 2014

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Guilherme Filipe Pina	98	Benedita	**16:18.46**	+0,78	705	

50m:	29.56	29.56	450m:	4:49.49	32.98	850m:	9:12.69	33.16	1250m:	13:36.18	32.83
100m:	1:01.30	31.74	500m:	5:22.10	32.61	900m:	9:45.46	32.77	1300m:	14:08.85	32.67
150m:	1:33.41	32.11	550m:	5:54.69	32.59	950m:	10:18.62	33.16	1350m:	14:41.70	32.85
200m:	2:05.83	32.42	600m:	6:27.29	32.60	1000m:	10:51.50	32.88	1400m:	15:14.50	32.80
250m:	2:38.38	32.55	650m:	7:00.41	33.12	1050m:	11:24.71	33.21	1450m:	15:47.15	32.65
300m:	3:11.19	32.81	700m:	7:33.33	32.92	1100m:	11:57.44	32.73	1500m:	16:18.46	31.31
350m:	3:43.88	32.69	750m:	8:06.57	33.24	1150m:	12:30.47	33.03			
400m:	4:16.51	32.63	800m:	8:39.53	32.96	1200m:	13:03.35	32.88			

2.	Rafael Ladeiro Santos	98	Gesloures	**16:44.63**	+0,83	651					
50m:	29.32	29.32	450m:	4:56.73	33.90	850m:	9:27.23	33.95	1250m:	13:58.06	33.90
100m:	1:01.64	32.32	500m:	5:30.52	33.79	900m:	10:00.95	33.72	1300m:	14:31.86	33.80
150m:	1:34.68	33.04	550m:	6:04.21	33.69	950m:	10:34.85	33.90	1350m:	15:05.70	33.84
200m:	2:08.05	33.37	600m:	6:37.99	33.78	1000m:	11:08.73	33.88	1400m:	15:39.36	33.66
250m:	2:41.88	33.83	650m:	7:11.98	33.99	1050m:	11:42.78	34.05	1450m:	16:12.34	32.98
300m:	3:15.66	33.78	700m:	7:45.85	33.87	1100m:	12:16.75	33.97	1500m:	16:44.63	32.29
350m:	3:49.25	33.59	750m:	8:19.66	33.81	1150m:	12:50.68	33.93			
400m:	4:22.83	33.58	800m:	8:53.28	33.62	1200m:	13:24.16	33.48			

3.	Bruno Jose Silva	98	Braga	**16:44.96**	+0,95	651					
50m:	30.16	30.16	450m:	4:54.97	33.54	850m:	9:26.74	34.15	1250m:	13:58.41	33.90
100m:	1:02.57	32.41	500m:	5:28.68	33.71	900m:	10:01.03	34.29	1300m:	14:32.41	34.00
150m:	1:35.36	32.79	550m:	6:02.49	33.81	950m:	10:35.02	33.99	1350m:	15:06.35	33.94
200m:	2:08.63	33.27	600m:	6:36.40	33.91	1000m:	11:09.18	34.16	1400m:	15:39.91	33.56
250m:	2:41.51	32.88	650m:	7:10.38	33.98	1050m:	11:42.68	33.50	1450m:	16:12.90	32.99
300m:	3:14.81	33.30	700m:	7:44.18	33.80	1100m:	12:17.10	34.42	1500m:	16:44.96	32.06
350m:	3:48.12	33.31	750m:	8:18.27	34.09	1150m:	12:50.99	33.89			
400m:	4:21.43	33.31	800m:	8:52.59	34.32	1200m:	13:24.51	33.52			

4.	Joao Costa Ferreira	98	Famalicao	**16:51.90**	+0,87	637					
50m:	30.04	30.04	450m:	4:58.11	33.75	850m:	9:28.43	33.83	1250m:	14:03.62	34.36
100m:	1:02.75	32.71	500m:	5:31.83	33.72	900m:	10:02.72	34.29	1300m:	14:38.08	34.46
150m:	1:36.47	33.72	550m:	6:05.67	33.84	950m:	10:37.01	34.29	1350m:	15:12.32	34.24
200m:	2:09.90	33.43	600m:	6:39.24	33.57	1000m:	11:11.74	34.73	1400m:	15:46.43	34.11
250m:	2:43.53	33.63	650m:	7:13.13	33.89	1050m:	11:46.01	34.27	1450m:	16:19.92	33.49
300m:	3:17.07	33.54	700m:	7:47.10	33.97	1100m:	12:20.35	34.34	1500m:	16:51.90	31.98
350m:	3:50.65	33.58	750m:	8:20.85	33.75	1150m:	12:54.76	34.41			
400m:	4:24.36	33.71	800m:	8:54.60	33.75	1200m:	13:29.26	34.50			

5.	Viktor Kot	98	Nautico Marinha Grande	**16:59.95**	+0,71	622					
50m:	29.62	29.62	450m:	4:59.67	33.96	850m:	9:34.65	34.39	1250m:	14:10.02	34.63
100m:	1:02.15	32.53	500m:	5:33.46	33.79	900m:	10:09.32	34.67	1300m:	14:44.17	34.15
150m:	1:35.32	33.17	550m:	6:07.78	34.32	950m:	10:44.10	34.78	1350m:	15:18.96	34.79
200m:	2:09.12	33.80	600m:	6:41.99	34.21	1000m:	11:18.66	34.56	1400m:	15:53.16	34.20
250m:	2:43.21	34.09	650m:	7:16.58	34.59	1050m:	11:53.03	34.37	1450m:	16:27.21	34.05
300m:	3:17.13	33.92	700m:	7:50.75	34.17	1100m:	12:27.28	34.25	1500m:	16:59.95	32.74
350m:	3:51.37	34.24	750m:	8:25.56	34.81	1150m:	13:01.49	34.21			
400m:	4:25.71	34.34	800m:	9:00.26	34.70	1200m:	13:35.39	33.90			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Oeiras, 24.7. - 27.7.2014

Prova 1, Masc., 1500m Livres, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
6.	Andre Pereira Coelho	98	Alcobaca	**17:03.13**	+0,89	617	

50m:	30.85	30.85	450m:	5:04.01	34.55	850m:	9:38.66	33.98	1250m:	14:14.03	34.55
100m:	1:04.31	33.46	500m:	5:38.51	34.50	900m:	10:12.78	34.12	1300m:	14:48.46	34.43
150m:	1:38.53	34.22	550m:	6:12.79	34.28	950m:	10:47.23	34.45	1350m:	15:22.59	34.13
200m:	2:12.60	34.07	600m:	6:47.34	34.55	1000m:	11:21.56	34.33	1400m:	15:57.04	34.45
250m:	2:46.71	34.11	650m:	7:21.69	34.35	1050m:	11:56.46	34.90	1450m:	16:31.42	34.38
300m:	3:20.87	34.16	700m:	7:56.13	34.44	1100m:	12:31.02	34.56	1500m:	17:03.13	31.71
350m:	3:55.15	34.28	750m:	8:30.02	33.89	1150m:	13:05.08	34.06			
400m:	4:29.46	34.31	800m:	9:04.68	34.66	1200m:	13:39.48	34.40			

7.	Dario Fausto Matias	98	Torres Novas	**17:03.92**	+0,76	615					
50m:	29.82	29.82	450m:	5:02.23	34.28	850m:	9:37.97	34.55	1250m:	14:14.79	34.67
100m:	1:03.14	33.32	500m:	5:36.74	34.51	900m:	10:12.42	34.45	1300m:	14:49.83	35.04
150m:	1:37.31	34.17	550m:	6:11.18	34.44	950m:	10:46.74	34.32	1350m:	15:24.97	35.14
200m:	2:11.08	33.77	600m:	6:45.43	34.25	1000m:	11:21.37	34.63	1400m:	15:59.95	34.98
250m:	2:45.50	34.42	650m:	7:19.87	34.44	1050m:	11:55.96	34.59	1450m:	16:32.08	32.13
300m:	3:19.60	34.10	700m:	7:54.47	34.60	1100m:	12:30.52	34.56	1500m:	17:03.92	31.84
350m:	3:53.73	34.13	750m:	8:28.86	34.39	1150m:	13:05.47	34.95			
400m:	4:27.95	34.22	800m:	9:03.42	34.56	1200m:	13:40.12	34.65			

8.	Tiago Carlos Santos	98	Naval Amorense	**17:05.62**	+0,75	612					
50m:	29.33	29.33	450m:	4:55.06	34.10	850m:	9:30.62	34.95	1250m:	14:12.66	35.93
100m:	1:00.96	31.63	500m:	5:29.04	33.98	900m:	10:05.15	34.53	1300m:	14:48.24	35.58
150m:	1:33.41	32.45	550m:	6:03.23	34.19	950m:	10:40.08	34.93	1350m:	15:23.12	34.88
200m:	2:06.78	33.37	600m:	6:37.33	34.10	1000m:	11:15.49	35.41	1400m:	15:58.33	35.21
250m:	2:40.62	33.84	650m:	7:12.01	34.68	1050m:	11:50.57	35.08	1450m:	16:32.41	34.08
300m:	3:13.80	33.18	700m:	7:45.99	33.98	1100m:	12:26.03	35.46	1500m:	17:05.62	33.21
350m:	3:47.29	33.49	750m:	8:20.63	34.64	1150m:	13:01.58	35.55			
400m:	4:20.96	33.67	800m:	8:55.67	35.04	1200m:	13:36.73	35.15			

9.	Rodrigo Martins Gomes	98	FC Ferreiras	**17:10.27**	+0,83	604					
50m:	29.68	29.68	450m:	5:03.54	34.68	850m:	9:42.63	34.96	1250m:	14:21.34	34.71
100m:	1:02.63	32.95	500m:	5:38.05	34.51	900m:	10:17.93	35.30	1300m:	14:55.58	34.24
150m:	1:36.56	33.93	550m:	6:12.90	34.85	950m:	10:52.92	34.99	1350m:	15:29.84	34.26
200m:	2:10.68	34.12	600m:	6:47.54	34.64	1000m:	11:27.64	34.72	1400m:	16:03.99	34.15
250m:	2:44.94	34.26	650m:	7:22.34	34.80	1050m:	12:02.44	34.80	1450m:	16:37.90	33.91
300m:	3:19.44	34.50	700m:	7:57.38	35.04	1100m:	12:37.15	34.71	1500m:	17:10.27	32.37
350m:	3:54.21	34.77	750m:	8:32.48	35.10	1150m:	13:11.81	34.66			
400m:	4:28.86	34.65	800m:	9:07.67	35.19	1200m:	13:46.63	34.82			

10.	Jose Pedro Sampaio	98	Foca	**17:16.18**	+0,82	593					
50m:	30.30	30.30	450m:	5:05.59	34.51	850m:	9:44.62	34.75	1250m:	14:26.11	35.23
100m:	1:03.58	33.28	500m:	5:40.47	34.88	900m:	10:20.09	35.47	1300m:	15:01.61	35.50
150m:	1:37.71	34.13	550m:	6:15.27	34.80	950m:	10:55.38	35.29	1350m:	15:35.66	34.05
200m:	2:12.14	34.43	600m:	6:50.24	34.97	1000m:	11:30.66	35.28	1400m:	16:10.45	34.79
250m:	2:46.88	34.74	650m:	7:24.93	34.69	1050m:	12:05.66	35.00	1450m:	16:44.54	34.09
300m:	3:21.80	34.92	700m:	8:00.06	35.13	1100m:	12:40.63	34.97	1500m:	17:16.18	31.64
350m:	3:56.42	34.62	750m:	8:35.04	34.98	1150m:	13:15.17	34.54			
400m:	4:31.08	34.66	800m:	9:09.87	34.83	1200m:	13:50.88	35.71			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Oeiras, 24.7. - 27.7.2014

Prova 1, Masc., 1500m Livres, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
11.	Jose Diogo Fonseca	98	Nautico Marinha Grande	**17:16.33**	+0,76	593	

50m:	30.25	30.25	450m:	5:07.36	35.03	850m:	9:44.38	34.63	1250m:	14:23.12	34.90
100m:	1:03.85	33.60	500m:	5:42.06	34.70	900m:	10:19.20	34.82	1300m:	14:58.26	35.14
150m:	1:38.44	34.59	550m:	6:16.83	34.77	950m:	10:54.04	34.84	1350m:	15:33.22	34.96
200m:	2:13.26	34.82	600m:	6:51.61	34.78	1000m:	11:28.83	34.79	1400m:	16:08.59	35.37
250m:	2:48.06	34.80	650m:	7:26.20	34.59	1050m:	12:03.18	34.35	1450m:	16:43.10	34.51
300m:	3:22.76	34.70	700m:	8:00.99	34.79	1100m:	12:38.07	34.89	1500m:	17:16.33	33.23
350m:	3:57.64	34.88	750m:	8:35.10	34.11	1150m:	13:13.15	35.08			
400m:	4:32.33	34.69	800m:	9:09.75	34.65	1200m:	13:48.22	35.07			

12.	Afonso Calais Queiroga	98	Uniao Piedense	**17:18.26**	+0,69	590					
50m:	29.56	29.56	450m:	5:01.73	34.41	850m:	9:40.86	35.13	1250m:	14:24.41	35.89
100m:	1:02.78	33.22	500m:	5:35.68	33.95	900m:	10:16.35	35.49	1300m:	15:00.25	35.84
150m:	1:37.06	34.28	550m:	6:10.59	34.91	950m:	10:52.05	35.70	1350m:	15:34.95	34.70
200m:	2:10.64	33.58	600m:	6:44.84	34.25	1000m:	11:27.37	35.32	1400m:	16:08.80	33.85
250m:	2:44.96	34.32	650m:	7:19.95	35.11	1050m:	12:03.33	35.96	1450m:	16:44.74	35.94
300m:	3:18.81	33.85	700m:	7:55.01	35.06	1100m:	12:38.11	34.78	1500m:	17:18.26	33.52
350m:	3:53.29	34.48	750m:	8:30.52	35.51	1150m:	13:13.50	35.39			
400m:	4:27.32	34.03	800m:	9:05.73	35.21	1200m:	13:48.52	35.02			

13.	Eduardo Manuel Goncalves	98	Nucleo Sportinguista Terceira	**17:24.10**	+0,76	580					
50m:	31.70	31.70	450m:	5:06.51	34.68	850m:	9:46.69	34.59	1250m:	14:29.56	35.15
100m:	1:05.29	33.59	500m:	5:42.00	35.49	900m:	10:21.86	35.17	1300m:	15:05.08	35.52
150m:	1:39.57	34.28	550m:	6:16.80	34.80	950m:	10:56.90	35.04	1350m:	15:40.09	35.01
200m:	2:13.82	34.25	600m:	6:52.10	35.30	1000m:	11:32.48	35.58	1400m:	16:15.92	35.83
250m:	2:47.95	34.13	650m:	7:26.97	34.87	1050m:	12:07.79	35.31	1450m:	16:50.83	34.91
300m:	3:22.53	34.58	700m:	8:02.35	35.38	1100m:	12:43.35	35.56	1500m:	17:24.10	33.27
350m:	3:57.15	34.62	750m:	8:36.80	34.45	1150m:	13:18.45	35.10			
400m:	4:31.83	34.68	800m:	9:12.10	35.30	1200m:	13:54.41	35.96			

14.	Diogo Rosado Leca	98	Colegio Monte Maior	**17:24.41**	+0,95	580					
50m:	31.51	31.51	450m:	5:09.17	35.20	850m:	9:50.68	34.87	1250m:	14:32.85	34.67
100m:	1:05.51	34.00	500m:	5:44.05	34.88	900m:	10:26.14	35.46	1300m:	15:08.41	35.56
150m:	1:40.38	34.87	550m:	6:19.06	35.01	950m:	11:01.28	35.14	1350m:	15:42.74	34.33
200m:	2:14.80	34.42	600m:	6:54.46	35.40	1000m:	11:36.60	35.32	1400m:	16:17.63	34.89
250m:	2:49.41	34.61	650m:	7:29.59	35.13	1050m:	12:11.78	35.18	1450m:	16:51.50	33.87
300m:	3:24.00	34.59	700m:	8:05.26	35.67	1100m:	12:47.44	35.66	1500m:	17:24.41	32.91
350m:	3:58.91	34.91	750m:	8:40.30	35.04	1150m:	13:22.66	35.22			
400m:	4:33.97	35.06	800m:	9:15.81	35.51	1200m:	13:58.18	35.52			

15.	Diogo Nogueira Rebelo	98	Colegio Monte Maior	**17:24.61**	+0,81	579					
50m:	30.92	30.92	450m:	5:07.77	35.58	850m:	9:48.87	35.56	1250m:	14:31.81	35.40
100m:	1:04.42	33.50	500m:	5:42.64	34.87	900m:	10:23.88	35.01	1300m:	15:07.28	35.47
150m:	1:38.96	34.54	550m:	6:17.64	35.00	950m:	10:59.21	35.33	1350m:	15:42.76	35.48
200m:	2:13.60	34.64	600m:	6:52.86	35.22	1000m:	11:34.64	35.43	1400m:	16:18.00	35.24
250m:	2:48.08	34.48	650m:	7:27.96	35.10	1050m:	12:10.13	35.49	1450m:	16:52.64	34.64
300m:	3:22.38	34.30	700m:	8:03.24	35.28	1100m:	12:45.45	35.32	1500m:	17:24.61	31.97
350m:	3:56.93	34.55	750m:	8:38.32	35.08	1150m:	13:20.97	35.52			
400m:	4:32.19	35.26	800m:	9:13.31	34.99	1200m:	13:56.41	35.44			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Oeiras, 24.7. - 27.7.2014

Prova 1, Masc., 1500m Livres, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
16.	Luis Filipe Ribeiro	98	Braga	**17:25.07**	+0,80	578	

50m:	30.53	30.53	450m:	5:07.20	35.52	850m:	9:49.09	34.88	1250m:	14:30.52	35.01
100m:	1:04.32	33.79	500m:	5:42.32	35.12	900m:	10:24.57	35.48	1300m:	15:05.34	34.82
150m:	1:38.46	34.14	550m:	6:17.38	35.06	950m:	10:59.60	35.03	1350m:	15:40.76	35.42
200m:	2:12.71	34.25	600m:	6:52.81	35.43	1000m:	11:34.75	35.15	1400m:	16:15.81	35.05
250m:	2:47.11	34.40	650m:	7:28.28	35.47	1050m:	12:09.40	34.65	1450m:	16:51.03	35.22
300m:	3:21.73	34.62	700m:	8:03.80	35.52	1100m:	12:44.23	34.83	1500m:	17:25.07	34.04
350m:	3:56.55	34.82	750m:	8:38.68	34.88	1150m:	13:19.56	35.33			
400m:	4:31.68	35.13	800m:	9:14.21	35.53	1200m:	13:55.51	35.95			

17.	Miguel Martins Baltazar	98	Aminata	**17:27.03**	+0,73	575					
50m:	29.79	29.79	450m:	5:05.71	35.08	850m:	9:46.40	35.31	1250m:	14:30.05	35.74
100m:	1:02.79	33.00	500m:	5:40.79	35.08	900m:	10:21.41	35.01	1300m:	15:05.70	35.65
150m:	1:37.14	34.35	550m:	6:15.91	35.12	950m:	10:56.87	35.46	1350m:	15:41.37	35.67
200m:	2:11.49	34.35	600m:	6:51.01	35.10	1000m:	11:32.17	35.30	1400m:	16:17.11	35.74
250m:	2:46.11	34.62	650m:	7:26.30	35.29	1050m:	12:07.63	35.46	1450m:	16:52.42	35.31
300m:	3:20.69	34.58	700m:	8:01.12	34.82	1100m:	12:43.10	35.47	1500m:	17:27.03	34.61
350m:	3:55.65	34.96	750m:	8:35.98	34.86	1150m:	13:18.79	35.69			
400m:	4:30.63	34.98	800m:	9:11.09	35.11	1200m:	13:54.31	35.52			

18.	Filipe Ferreira Luz	98	Gesloures	**17:30.31**	+0,87	570					
50m:	31.19	31.19	450m:	5:05.21	34.79	850m:	9:48.18	35.37	1250m:	14:33.03	35.56
100m:	1:04.83	33.64	500m:	5:40.24	35.03	900m:	10:23.93	35.75	1300m:	15:08.85	35.82
150m:	1:39.03	34.20	550m:	6:15.35	35.11	950m:	10:59.23	35.30	1350m:	15:44.43	35.58
200m:	2:13.14	34.11	600m:	6:50.70	35.35	1000m:	11:35.05	35.82	1400m:	16:20.17	35.74
250m:	2:47.14	34.00	650m:	7:26.27	35.57	1050m:	12:10.43	35.38	1450m:	16:55.84	35.67
300m:	3:21.47	34.33	700m:	8:02.10	35.83	1100m:	12:46.17	35.74	1500m:	17:30.31	34.47
350m:	3:55.74	34.27	750m:	8:37.50	35.40	1150m:	13:21.60	35.43			
400m:	4:30.42	34.68	800m:	9:12.81	35.31	1200m:	13:57.47	35.87			

19.	Leandro Fernandes Mota	98	Columbofila Cantanhedense	**17:31.45**	+0,71	568					
50m:	30.40	30.40	450m:	5:06.70	35.45	850m:	9:50.59	35.56	1250m:	14:35.47	36.05
100m:	1:03.77	33.37	500m:	5:42.03	35.33	900m:	10:26.24	35.65	1300m:	15:11.10	35.63
150m:	1:38.43	34.66	550m:	6:17.64	35.61	950m:	11:01.92	35.68	1350m:	15:46.45	35.35
200m:	2:12.90	34.47	600m:	6:52.96	35.32	1000m:	11:37.29	35.37	1400m:	16:22.40	35.95
250m:	2:47.41	34.51	650m:	7:28.12	35.16	1050m:	12:13.01	35.72	1450m:	16:57.49	35.09
300m:	3:21.82	34.41	700m:	8:04.08	35.96	1100m:	12:48.22	35.21	1500m:	17:31.45	33.96
350m:	3:56.70	34.88	750m:	8:39.73	35.65	1150m:	13:23.58	35.36			
400m:	4:31.25	34.55	800m:	9:15.03	35.30	1200m:	13:59.42	35.84			

20.	Alexandre Magno Carvalho	98	Fluvial Portuense	**17:32.49**	566						
50m:	30.43	30.43	450m:	5:10.68	35.35	850m:	9:55.54	35.75	1250m:	14:38.71	35.12
100m:	1:04.26	33.83	500m:	5:46.29	35.61	900m:	10:31.08	35.54	1300m:	15:14.13	35.42
150m:	1:39.27	35.01	550m:	6:21.49	35.20	950m:	11:06.14	35.06	1350m:	15:49.09	34.96
200m:	2:14.60	35.33	600m:	6:57.23	35.74	1000m:	11:41.87	35.73	1400m:	16:24.48	35.39
250m:	2:49.85	35.25	650m:	7:32.67	35.44	1050m:	12:17.08	35.21	1450m:	16:58.98	34.50
300m:	3:25.07	35.22	700m:	8:08.30	35.63	1100m:	12:52.62	35.54	1500m:	17:32.49	33.51
350m:	3:59.92	34.85	750m:	8:43.90	35.60	1150m:	13:27.83	35.21			
400m:	4:35.33	35.41	800m:	9:19.79	35.89	1200m:	14:03.59	35.76			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Oeiras, 24.7. - 27.7.2014

Prova 1, Masc., 1500m Livres, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
21.	Joao Sismeiro Pereira	98	Amadora	**17:33.29**	+0,75	565	

50m:	31.25	31.25	450m:	5:11.13	35.09	850m:	9:52.56	35.14	1250m:	14:37.05	35.49
100m:	1:05.57	34.32	500m:	5:46.26	35.13	900m:	10:28.09	35.53	1300m:	15:13.08	36.03
150m:	1:39.93	34.36	550m:	6:21.69	35.43	950m:	11:03.28	35.19	1350m:	15:48.64	35.56
200m:	2:14.77	34.84	600m:	6:56.98	35.29	1000m:	11:38.90	35.62	1400m:	16:24.41	35.77
250m:	2:49.92	35.15	650m:	7:31.94	34.96	1050m:	12:14.36	35.46	1450m:	16:59.65	35.24
300m:	3:25.27	35.35	700m:	8:07.13	35.19	1100m:	12:50.21	35.85	1500m:	17:33.29	33.64
350m:	4:00.68	35.41	750m:	8:42.21	35.08	1150m:	13:25.90	35.69			
400m:	4:36.04	35.36	800m:	9:17.42	35.21	1200m:	14:01.56	35.66			

22.	Filipe Fonte Cunha	98	Academico Viseu	**17:33.69**	+0,91	564					
50m:	30.07	30.07	450m:	5:06.94	34.92	850m:	9:49.79	35.59	1250m:	14:37.25	35.99
100m:	1:03.11	33.04	500m:	5:42.34	35.40	900m:	10:25.79	36.00	1300m:	15:13.60	36.35
150m:	1:37.41	34.30	550m:	6:17.49	35.15	950m:	11:01.61	35.82	1350m:	15:49.61	36.01
200m:	2:12.25	34.84	600m:	6:52.75	35.26	1000m:	11:37.63	36.02	1400m:	16:24.93	35.32
250m:	2:46.95	34.70	650m:	7:27.29	34.54	1050m:	12:13.17	35.54	1450m:	16:59.60	34.67
300m:	3:21.76	34.81	700m:	8:03.01	35.72	1100m:	12:49.07	35.90	1500m:	17:33.69	34.09
350m:	3:56.57	34.81	750m:	8:38.20	35.19	1150m:	13:24.94	35.87			
400m:	4:32.02	35.45	800m:	9:14.20	36.00	1200m:	14:01.26	36.32			

23.	Eurico Pereira Sousa	98	Academica de Coimbra	**17:35.21**	+0,78	562					
50m:	29.83	29.83	450m:	5:11.95	35.60	850m:	9:55.96	35.13	1250m:	14:39.45	35.34
100m:	1:03.38	33.55	500m:	5:47.68	35.73	900m:	10:31.40	35.44	1300m:	15:15.01	35.56
150m:	1:38.42	35.04	550m:	6:23.02	35.34	950m:	11:06.53	35.13	1350m:	15:50.55	35.54
200m:	2:14.13	35.71	600m:	6:58.48	35.46	1000m:	11:41.90	35.37	1400m:	16:26.29	35.74
250m:	2:49.44	35.31	650m:	7:33.92	35.44	1050m:	12:17.09	35.19	1450m:	17:00.74	34.45
300m:	3:25.03	35.59	700m:	8:10.28	36.36	1100m:	12:52.90	35.81	1500m:	17:35.21	34.47
350m:	4:00.43	35.40	750m:	8:45.12	34.84	1150m:	13:28.32	35.42			
400m:	4:36.35	35.92	800m:	9:20.83	35.71	1200m:	14:04.11	35.79			

24.	Pedro Trindade Silva	98	Amadora	**17:41.62**	+0,72	552					
50m:	30.74	30.74	450m:	5:07.00	34.72	850m:	9:49.88	35.88	1250m:	14:39.96	36.19
100m:	1:05.06	34.32	500m:	5:41.98	34.98	900m:	10:25.91	36.03	1300m:	15:16.50	36.54
150m:	1:39.21	34.15	550m:	6:16.98	35.00	950m:	11:01.86	35.95	1350m:	15:52.91	36.41
200m:	2:14.03	34.82	600m:	6:52.11	35.13	1000m:	11:38.36	36.50	1400m:	16:29.17	36.26
250m:	2:48.66	34.63	650m:	7:27.31	35.20	1050m:	12:14.50	36.14	1450m:	17:05.82	36.65
300m:	3:23.40	34.74	700m:	8:02.89	35.58	1100m:	12:51.12	36.62	1500m:	17:41.62	35.80
350m:	3:57.54	34.14	750m:	8:38.15	35.26	1150m:	13:27.21	36.09			
400m:	4:32.28	34.74	800m:	9:14.00	35.85	1200m:	14:03.77	36.56			

25.	Joao Alberto Gondar	98	Vilacondense	**17:50.69**	+0,75	538					
50m:	29.29	29.29	450m:	5:09.93	36.02	850m:	9:58.75	36.70	1250m:	14:50.77	36.33
100m:	1:02.50	33.21	500m:	5:45.67	35.74	900m:	10:35.92	37.17	1300m:	15:27.67	36.90
150m:	1:37.26	34.76	550m:	6:21.55	35.88	950m:	11:12.23	36.31	1350m:	16:04.34	36.67
200m:	2:12.40	35.14	600m:	6:57.68	36.13	1000m:	11:49.06	36.83	1400m:	16:40.72	36.38
250m:	2:47.52	35.12	650m:	7:33.26	35.58	1050m:	12:24.91	35.85	1450m:	17:16.30	35.58
300m:	3:23.34	35.82	700m:	8:09.52	36.26	1100m:	13:01.67	36.76	1500m:	17:50.69	34.39
350m:	3:58.29	34.95	750m:	8:45.65	36.13	1150m:	13:37.90	36.23			
400m:	4:33.91	35.62	800m:	9:22.05	36.40	1200m:	14:14.44	36.54			

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Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Oeiras, 24.7. - 27.7.2014

Prova 1, Masc., 1500m Livres, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
26.	Pedro Miguel Vieira	98	Galitos	**17:54.43**	+0,85	532	

50m:	31.00	31.00	450m:	5:13.63	36.08	850m:	10:02.52	36.20	1250m:	14:53.23	36.41
100m:	1:05.06	34.06	500m:	5:49.16	35.53	900m:	10:38.17	35.65	1300m:	15:29.48	36.25
150m:	1:40.02	34.96	550m:	6:25.54	36.38	950m:	11:14.69	36.52	1350m:	16:06.27	36.79
200m:	2:15.25	35.23	600m:	7:01.47	35.93	1000m:	11:51.10	36.41	1400m:	16:43.28	37.01
250m:	2:50.68	35.43	650m:	7:37.82	36.35	1050m:	12:27.69	36.59	1450m:	17:19.48	36.20
300m:	3:26.27	35.59	700m:	8:13.88	36.06	1100m:	13:04.16	36.47	1500m:	17:54.43	34.95
350m:	4:02.01	35.74	750m:	8:50.18	36.30	1150m:	13:40.50	36.34			
400m:	4:37.55	35.54	800m:	9:26.32	36.14	1200m:	14:16.82	36.32			

27.	Guilherme Borlido Farias *FTL*	98	Natacao de Faro	**19:18.80**	+0,68	424

50m:	30.86	30.86	450m:	5:32.49	39.13	850m:	10:47.13	38.98	1250m:	16:05.69	39.29
100m:	1:05.85	34.99	500m:	6:11.75	39.26	900m:	11:27.45	40.32	1300m:	16:45.08	39.39
150m:	1:42.15	36.30	550m:	6:50.04	38.29	950m:	12:07.79	40.34	1350m:	17:24.37	39.29
200m:	2:19.93	37.78	600m:	7:28.95	38.91	1000m:	12:48.30	40.51	1400m:	18:03.44	39.07
250m:	2:57.54	37.61	650m:	8:07.53	38.58	1050m:	13:27.37	39.07	1450m:	18:40.71	37.27
300m:	3:35.88	38.34	700m:	8:48.26	40.73	1100m:	14:07.62	40.25	1500m:	19:18.80	38.09
350m:	4:14.12	38.24	750m:	9:28.95	40.69	1150m:	14:46.91	39.29			
400m:	4:53.36	39.24	800m:	10:08.15	39.20	1200m:	15:26.40	39.49			

Prova 1 — Masc., 1500m Livres — Juvenis B
24-07-2014 - 17:15 — Resultados

Pontos: FINA 2014

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Tomas Gomes Oliveira	99	Nautico Marinha Grande	**16:39.85**	+0,84	661	

50m:	29.95	29.95	450m:	4:54.30	33.59	850m:	9:21.32	33.48	1250m:	13:51.88	33.32
100m:	1:01.93	31.98	500m:	5:27.96	33.66	900m:	9:55.14	33.82	1300m:	14:26.29	34.41
150m:	1:35.10	33.17	550m:	6:00.86	32.90	950m:	10:28.42	33.28	1350m:	15:00.14	33.85
200m:	2:08.29	33.19	600m:	6:34.64	33.78	1000m:	11:02.45	34.03	1400m:	15:34.21	34.07
250m:	2:41.20	32.91	650m:	7:07.73	33.09	1050m:	11:36.54	34.09	1450m:	16:07.57	33.36
300m:	3:14.05	32.85	700m:	7:40.93	33.20	1100m:	12:10.39	33.85	1500m:	16:39.85	32.28
350m:	3:47.38	33.33	750m:	8:13.97	33.04	1150m:	12:44.26	33.87			
400m:	4:20.71	33.33	800m:	8:47.84	33.87	1200m:	13:18.56	34.30			

2.	Rui Jorge Matias	99	Vilacondense	**17:14.42**	+0,88	597

50m:	29.57	29.57	450m:	5:02.31	34.85	850m:	9:42.31	35.05	1250m:	14:23.94	34.88
100m:	1:02.36	32.79	500m:	5:37.12	34.81	900m:	10:17.44	35.13	1300m:	14:59.69	35.75
150m:	1:35.88	33.52	550m:	6:11.62	34.50	950m:	10:52.47	35.03	1350m:	15:34.08	34.39
200m:	2:09.50	33.62	600m:	6:46.82	35.20	1000m:	11:27.93	35.46	1400m:	16:08.99	34.91
250m:	2:43.46	33.96	650m:	7:21.84	35.02	1050m:	12:02.63	34.70	1450m:	16:42.19	33.20
300m:	3:18.19	34.73	700m:	7:57.40	35.56	1100m:	12:38.04	35.41	1500m:	17:14.42	32.23
350m:	3:52.66	34.47	750m:	8:32.62	35.22	1150m:	13:13.05	35.01			
400m:	4:27.46	34.80	800m:	9:07.26	34.64	1200m:	13:49.06	36.01			

3.	Jose Pedro Fernandes	99	Braga	**17:15.65**	+0,80	594

50m:	30.64	30.64	450m:	5:06.88	34.85	850m:	9:46.57	34.96	1250m:	14:25.35	34.74
100m:	1:04.44	33.80	500m:	5:41.74	34.86	900m:	10:21.50	34.93	1300m:	14:59.83	34.48
150m:	1:38.56	34.12	550m:	6:16.59	34.85	950m:	10:56.45	34.95	1350m:	15:34.58	34.75
200m:	2:13.24	34.68	600m:	6:51.81	35.22	1000m:	11:31.17	34.72	1400m:	16:09.36	34.78
250m:	2:47.64	34.40	650m:	7:26.76	34.95	1050m:	12:06.19	35.02	1450m:	16:43.69	34.33
300m:	3:22.33	34.69	700m:	8:01.78	35.02	1100m:	12:41.17	34.98	1500m:	17:15.65	31.96
350m:	3:57.32	34.99	750m:	8:36.59	34.81	1150m:	13:15.75	34.58			
400m:	4:32.03	34.71	800m:	9:11.61	35.02	1200m:	13:50.61	34.86			

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Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Oeiras, 24.7. - 27.7.2014

Prova 1, Masc., 1500m Livres, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
4.	Joao Magalhaes Nunes	99	Amadora	**17:20.20**	+0,80	587	

50m:	30.86	30.86	450m:	5:05.81	34.83	850m:	9:44.89	34.66	1250m:	14:26.11	35.53
100m:	1:04.44	33.58	500m:	5:40.71	34.90	900m:	10:20.30	35.41	1300m:	15:01.54	35.43
150m:	1:39.11	34.67	550m:	6:14.95	34.24	950m:	10:54.56	34.26	1350m:	15:36.30	34.76
200m:	2:13.19	34.08	600m:	6:49.37	34.42	1000m:	11:30.19	35.63	1400m:	16:11.99	35.69
250m:	2:47.86	34.67	650m:	7:25.14	35.77	1050m:	12:04.54	34.35	1450m:	16:46.44	34.45
300m:	3:22.49	34.63	700m:	8:00.49	35.35	1100m:	12:39.91	35.37	1500m:	17:20.20	33.76
350m:	3:56.90	34.41	750m:	8:35.26	34.77	1150m:	13:14.92	35.01			
400m:	4:30.98	34.08	800m:	9:10.23	34.97	1200m:	13:50.58	35.66			

5.	Nelson Pereira Malheiros	99	Litoral Alentejano	**17:24.85**		579					
50m:	30.70	30.70	450m:	5:05.91	34.43	850m:	9:45.30	35.23	1250m:	14:30.64	36.12
100m:	1:04.49	33.79	500m:	5:40.53	34.62	900m:	10:20.26	34.96	1300m:	15:06.35	35.71
150m:	1:39.49	35.00	550m:	6:15.18	34.65	950m:	10:55.60	35.34	1350m:	15:41.80	35.45
200m:	2:13.55	34.06	600m:	6:49.66	34.48	1000m:	11:31.23	35.63	1400m:	16:17.21	35.41
250m:	2:48.39	34.84	650m:	7:24.95	35.29	1050m:	12:06.83	35.60	1450m:	16:51.47	34.26
300m:	3:22.76	34.37	700m:	8:00.18	35.23	1100m:	12:42.49	35.66	1500m:	17:24.85	33.38
350m:	3:57.40	34.64	750m:	8:35.18	35.00	1150m:	13:18.51	36.02			
400m:	4:31.48	34.08	800m:	9:10.07	34.89	1200m:	13:54.52	36.01			

6.	Eduardo Cardoso Lopes	99	Louletano/Loule Concelho	**17:31.76**	+0,85	567					
50m:	30.32	30.32	450m:	5:00.56	34.55	850m:	9:47.88	36.51	1250m:	14:37.30	36.39
100m:	1:02.83	32.51	500m:	5:35.46	34.90	900m:	10:24.22	36.34	1300m:	15:12.54	35.24
150m:	1:36.38	33.55	550m:	6:11.53	36.07	950m:	11:00.57	36.35	1350m:	15:47.88	35.34
200m:	2:09.56	33.18	600m:	6:46.25	34.72	1000m:	11:35.85	35.28	1400m:	16:20.81	32.93
250m:	2:43.48	33.92	650m:	7:22.67	36.42	1050m:	12:12.61	36.76	1450m:	16:56.95	36.14
300m:	3:17.37	33.89	700m:	7:58.83	36.16	1100m:	12:48.78	36.17	1500m:	17:31.76	34.81
350m:	3:51.90	34.53	750m:	8:35.02	36.19	1150m:	13:25.10	36.32			
400m:	4:26.01	34.11	800m:	9:11.37	36.35	1200m:	14:00.91	35.81			

7.	Nuno Rafael Silva	99	Colegio Monte Maior	**17:39.79**	+0,91	555					
50m:	32.06	32.06	450m:	5:11.48	35.46	850m:	9:55.64	35.78	1250m:	14:41.26	35.79
100m:	1:06.69	34.63	500m:	5:46.95	35.47	900m:	10:31.79	36.15	1300m:	15:17.29	36.03
150m:	1:42.01	35.32	550m:	6:22.42	35.47	950m:	11:07.26	35.47	1350m:	15:52.85	35.56
200m:	2:16.47	34.46	600m:	6:57.66	35.24	1000m:	11:42.84	35.58	1400m:	16:28.86	36.01
250m:	2:52.20	35.73	650m:	7:33.29	35.63	1050m:	12:18.38	35.54	1450m:	17:04.81	35.95
300m:	3:27.83	35.63	700m:	8:08.55	35.26	1100m:	12:53.88	35.50	1500m:	17:39.79	34.98
350m:	4:01.54	33.71	750m:	8:44.32	35.77	1150m:	13:29.63	35.75			
400m:	4:36.02	34.48	800m:	9:19.86	35.54	1200m:	14:05.47	35.84			

8.	Pedro Ferraz Esteves	99	Amadora	**17:39.94**	+0,66	554					
50m:	30.43	30.43	450m:	5:14.34	35.84	850m:	9:59.01	35.12	1250m:	14:43.26	35.86
100m:	1:04.80	34.37	500m:	5:50.47	36.13	900m:	10:34.32	35.31	1300m:	15:19.34	36.08
150m:	1:40.50	35.70	550m:	6:26.46	35.99	950m:	11:09.75	35.43	1350m:	15:55.03	35.69
200m:	2:16.16	35.66	600m:	7:02.11	35.65	1000m:	11:44.92	35.17	1400m:	16:30.95	35.92
250m:	2:51.83	35.67	650m:	7:38.14	36.03	1050m:	12:20.34	35.42	1450m:	17:05.85	34.90
300m:	3:27.39	35.56	700m:	8:13.65	35.51	1100m:	12:56.02	35.68	1500m:	17:39.94	34.09
350m:	4:02.61	35.22	750m:	8:49.03	35.38	1150m:	13:31.92	35.90			
400m:	4:38.50	35.89	800m:	9:23.89	34.86	1200m:	14:07.40	35.48			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Campeonato Nacional de Juvenis
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Prova 1, Masc., 1500m Livres, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
9.	Albino David Almeida	99	O Crasto	**17:44.88**		547	

50m:	29.74	29.74	450m:	5:12.50	36.09	850m:	10:00.73	35.95	1250m:	14:48.21	36.01
100m:	1:03.00	33.26	500m:	5:48.11	35.61	900m:	10:36.95	36.22	1300m:	15:24.51	36.30
150m:	1:38.05	35.05	550m:	6:24.37	36.26	950m:	11:12.90	35.95	1350m:	16:00.48	35.97
200m:	2:13.58	35.53	600m:	7:00.82	36.45	1000m:	11:48.75	35.85	1400m:	16:35.78	35.30
250m:	2:49.45	35.87	650m:	7:36.67	35.85	1050m:	12:24.70	35.95	1450m:	17:11.04	35.26
300m:	3:24.90	35.45	700m:	8:12.87	36.20	1100m:	13:00.49	35.79	1500m:	17:44.88	33.84
350m:	4:00.93	36.03	750m:	8:48.74	35.87	1150m:	13:36.43	35.94			
400m:	4:36.41	35.48	800m:	9:24.78	36.04	1200m:	14:12.20	35.77			

10.	Tiago Cunha Costa	99	Sporting	**17:46.62**	+0,79	544	

50m:	29.51	29.51	450m:	5:08.87	35.60	850m:	9:58.75	36.32	1250m:	14:48.98	36.54
100m:	1:02.38	32.87	500m:	5:45.00	36.13	900m:	10:35.28	36.53	1300m:	15:25.36	36.38
150m:	1:37.02	34.64	550m:	6:21.23	36.23	950m:	11:11.62	36.34	1350m:	16:00.92	35.56
200m:	2:11.86	34.84	600m:	6:57.18	35.95	1000m:	11:47.49	35.87	1400m:	16:36.56	35.64
250m:	2:47.31	35.45	650m:	7:33.23	36.05	1050m:	12:23.74	36.25	1450m:	17:11.97	35.41
300m:	3:22.35	35.04	700m:	8:09.68	36.45	1100m:	12:59.75	36.01	1500m:	17:46.62	34.65
350m:	3:58.03	35.68	750m:	8:46.05	36.37	1150m:	13:36.24	36.49			
400m:	4:33.27	35.24	800m:	9:22.43	36.38	1200m:	14:12.44	36.20			

11.	Duarte Filipe Rodrigues	99	Alges	**17:51.39**	+0,82	537	

50m:	31.35	31.35	450m:	5:09.07	34.72	850m:	9:50.53	35.46	1250m:	14:45.65	37.39
100m:	1:05.38	34.03	500m:	5:44.29	35.22	900m:	10:26.16	35.63	1300m:	15:24.52	38.87
150m:	1:40.00	34.62	550m:	6:19.13	34.84	950m:	11:02.25	36.09	1350m:	16:01.81	37.29
200m:	2:15.07	35.07	600m:	6:54.20	35.07	1000m:	11:38.32	36.07	1400m:	16:38.82	37.01
250m:	2:49.80	34.73	650m:	7:28.99	34.79	1050m:	12:14.80	36.48	1450m:	17:15.11	36.29
300m:	3:24.83	35.03	700m:	8:04.37	35.38	1100m:	12:52.34	37.54	1500m:	17:51.39	36.28
350m:	3:59.78	34.95	750m:	8:39.62	35.25	1150m:	13:30.00	37.66			
400m:	4:34.35	34.57	800m:	9:15.07	35.45	1200m:	14:08.26	38.26			

12.	Joao Francisco Machado	99	Academica de Coimbra	**18:02.52**	+0,76	520	

50m:	31.39	31.39	450m:	5:16.59	35.84	850m:	10:06.36	36.50	1250m:	15:00.02	37.57
100m:	1:06.33	34.94	500m:	5:52.88	36.29	900m:	10:42.84	36.48	1300m:	15:36.90	36.88
150m:	1:41.53	35.20	550m:	6:29.19	36.31	950m:	11:19.51	36.67	1350m:	16:14.07	37.17
200m:	2:17.07	35.54	600m:	7:05.68	36.49	1000m:	11:55.61	36.10	1400m:	16:50.52	36.45
250m:	2:52.52	35.45	650m:	7:41.61	35.93	1050m:	12:32.52	36.91	1450m:	17:27.28	36.76
300m:	3:28.78	36.26	700m:	8:17.25	35.64	1100m:	13:09.16	36.64	1500m:	18:02.52	35.24
350m:	4:04.68	35.90	750m:	8:53.58	36.33	1150m:	13:46.08	36.92			
400m:	4:40.75	36.07	800m:	9:29.86	36.28	1200m:	14:22.45	36.37			

13.	Joao Silva Costa	99	Natacao da Maia	**18:06.65**	515	

50m:	31.07	31.07	450m:	5:18.64	36.65	850m:	10:11.67	36.81	1250m:	15:05.69	36.83
100m:	1:05.46	34.39	500m:	5:55.28	36.64	900m:	10:48.26	36.59	1300m:	15:42.43	36.74
150m:	1:41.48	36.02	550m:	6:32.11	36.83	950m:	11:25.14	36.88	1350m:	16:19.46	37.03
200m:	2:17.27	35.79	600m:	7:08.49	36.38	1000m:	12:01.65	36.51	1400m:	16:55.79	36.33
250m:	2:53.29	36.02	650m:	7:45.27	36.78	1050m:	12:38.61	36.96	1450m:	17:32.32	36.53
300m:	3:29.22	35.93	700m:	8:21.67	36.40	1100m:	13:15.15	36.54	1500m:	18:06.65	34.33
350m:	4:05.68	36.46	750m:	8:58.49	36.82	1150m:	13:52.12	36.97			
400m:	4:41.99	36.31	800m:	9:34.86	36.37	1200m:	14:28.86	36.74			

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Campeonato Nacional de Juvenis
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Oeiras, 24.7. - 27.7.2014

Prova 1, Masc., 1500m Livres, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
14.	Francisco Oliveira Ferreira	99	Famalicao	**18:09.13**	+0,73	511	

50m:	30.45	30.45	450m:	5:16.11	36.25	850m:	10:10.30	36.48	1250m:	15:07.59	37.38
100m:	1:05.16	34.71	500m:	5:52.72	36.61	900m:	10:47.84	37.54	1300m:	15:44.58	36.99
150m:	1:40.30	35.14	550m:	6:29.10	36.38	950m:	11:24.50	36.66	1350m:	16:21.69	37.11
200m:	2:16.19	35.89	600m:	7:06.01	36.91	1000m:	12:01.85	37.35	1400m:	16:58.80	37.11
250m:	2:51.90	35.71	650m:	7:42.80	36.79	1050m:	12:38.53	36.68	1450m:	17:34.04	35.24
300m:	3:27.79	35.89	700m:	8:20.07	37.27	1100m:	13:15.78	37.25	1500m:	18:09.13	35.09
350m:	4:03.72	35.93	750m:	8:56.60	36.53	1150m:	13:52.77	36.99			
400m:	4:39.86	36.14	800m:	9:33.82	37.22	1200m:	14:30.21	37.44			

15.	Andre Alexandre Santos	99	Sporting	**18:15.40**	+0,92	502					
50m:	31.22	31.22	450m:	5:17.13	36.58	850m:	10:10.21	36.55	1250m:	15:09.86	37.94
100m:	1:05.48	34.26	500m:	5:53.38	36.25	900m:	10:47.78	37.57	1300m:	15:46.16	36.30
150m:	1:40.75	35.27	550m:	6:30.00	36.62	950m:	11:24.95	37.17	1350m:	16:23.83	37.67
200m:	2:16.47	35.72	600m:	7:06.08	36.08	1000m:	12:02.64	37.69	1400m:	17:01.91	38.08
250m:	2:52.32	35.85	650m:	7:42.66	36.58	1050m:	12:39.98	37.34	1450m:	17:38.94	37.03
300m:	3:28.31	35.99	700m:	8:19.59	36.93	1100m:	13:16.49	36.51	1500m:	18:15.40	36.46
350m:	4:04.00	35.69	750m:	8:56.59	37.00	1150m:	13:54.23	37.74			
400m:	4:40.55	36.55	800m:	9:33.66	37.07	1200m:	14:31.92	37.69			

16.	Goncalo Faria Saldida	99	Gualdim Pais	**18:16.98**	+0,77	500					
50m:	30.55	30.55	450m:	5:19.54	37.07	850m:	10:20.07	38.62	1250m:	15:15.06	37.55
100m:	1:04.38	33.83	500m:	5:56.21	36.67	900m:	10:57.83	37.76	1300m:	15:51.89	36.83
150m:	1:40.56	36.18	550m:	6:33.35	37.14	950m:	11:35.70	37.87	1350m:	16:29.19	37.30
200m:	2:16.50	35.94	600m:	7:10.84	37.49	1000m:	12:11.46	35.76	1400m:	17:06.21	37.02
250m:	2:53.19	36.69	650m:	7:48.55	37.71	1050m:	12:47.74	36.28	1450m:	17:41.38	35.17
300m:	3:29.95	36.76	700m:	8:26.35	37.80	1100m:	13:23.94	36.20	1500m:	18:16.98	35.60
350m:	4:06.07	36.12	750m:	9:04.50	38.15	1150m:	14:00.81	36.87			
400m:	4:42.47	36.40	800m:	9:41.45	36.95	1200m:	14:37.51	36.70			

17.	Bernardo Graca Rodrigues	99	Alges	**18:21.58**	+0,74	494					
50m:	30.82	30.82	450m:	5:14.53	35.88	850m:	10:19.73	46.78	1250m:	15:18.72	37.05
100m:	1:05.80	34.98	500m:	5:50.63	36.10	900m:	11:03.35	43.62	1300m:	15:55.55	36.83
150m:	1:40.82	35.02	550m:	6:26.69	36.06	950m:	11:40.06	36.71	1350m:	16:33.24	37.69
200m:	2:16.07	35.25	600m:	7:02.70	36.01	1000m:	12:14.61	34.55	1400m:	17:09.90	36.66
250m:	2:51.38	35.31	650m:	7:38.85	36.15	1050m:	12:51.05	36.44	1450m:	17:46.02	36.12
300m:	3:27.07	35.69	700m:	8:15.62	36.77	1100m:	13:28.01	36.96	1500m:	18:21.58	35.56
350m:	4:02.73	35.66	750m:	8:52.98	37.36	1150m:	14:04.75	36.74			
400m:	4:38.65	35.92	800m:	9:32.95	39.97	1200m:	14:41.67	36.92			

18.	Tiago Andre Carvalho	99	Academica de Coimbra	**18:31.26**	+0,73	481					
	FTL										
50m:	31.53	31.53	450m:	5:21.94	37.45	850m:	10:22.42	37.97	1250m:	15:25.62	37.83
100m:	1:05.99	34.46	500m:	5:58.80	36.86	900m:	11:00.20	37.78	1300m:	16:02.94	37.32
150m:	1:41.78	35.79	550m:	6:36.33	37.53	950m:	11:38.23	38.03	1350m:	16:40.21	37.27
200m:	2:17.77	35.99	600m:	7:14.01	37.68	1000m:	12:15.96	37.73	1400m:	17:17.32	37.11
250m:	2:54.09	36.32	650m:	7:51.65	37.64	1050m:	12:54.24	38.28	1450m:	17:54.48	37.16
300m:	3:30.74	36.65	700m:	8:28.86	37.21	1100m:	13:32.07	37.83	1500m:	18:31.26	36.78
350m:	4:07.73	36.99	750m:	9:06.75	37.89	1150m:	14:10.09	38.02			
400m:	4:44.49	36.76	800m:	9:44.45	37.70	1200m:	14:47.79	37.70			

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Oeiras, 24.7. - 27.7.2014

Prova 1, Masc., 1500m Livres, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
19.	Ricardo Andre Pinto	99	Gespacos	**18:44.29**	+0,98	464	
	FTL						

50m:	30.44	30.44	450m:	5:25.44	37.80	850m:	10:29.37	37.82	1250m:	15:35.98	37.48
100m:	1:05.10	34.66	500m:	6:03.21	37.77	900m:	11:07.48	38.11	1300m:	16:14.79	38.81
150m:	1:41.58	36.48	550m:	6:41.19	37.98	950m:	11:45.80	38.32	1350m:	16:52.91	38.12
200m:	2:17.63	36.05	600m:	7:19.17	37.98	1000m:	12:24.40	38.60	1400m:	17:31.13	38.22
250m:	2:54.77	37.14	650m:	7:56.81	37.64	1050m:	13:03.00	38.60	1450m:	18:09.17	38.04
300m:	3:32.02	37.25	700m:	8:35.17	38.36	1100m:	13:41.77	38.77	1500m:	18:44.29	35.12
350m:	4:09.74	37.72	750m:	9:13.14	37.97	1150m:	14:19.71	37.94			
400m:	4:47.64	37.90	800m:	9:51.55	38.41	1200m:	14:58.50	38.79			

Prova 1 — Masc., 1500m Livres — Seniores
24-07-2014 - 17:15 — Resultados

Pontos: FINA 2014

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Mario Andre Bonanca	90	Sporting	**15:58.36**	+0,81	750	
2.	Pedro Miguel Pinotes	89	Sporting	**16:21.56**	+0,72	698	
3.	Vasco Miguel Gaspar	90	Uniao Piedense	**16:23.10**	+0,72	695	
4.	Joao Nuno Pires	94	Academica de Coimbra	**16:24.43**	+0,70	692	

1. Mario Andre Bonanca

50m:	29.06	29.06	450m:	4:43.11	31.84	850m:	8:58.05	32.08	1250m:	13:17.83	32.51
100m:	1:00.63	31.57	500m:	5:14.99	31.88	900m:	9:30.26	32.21	1300m:	13:50.17	32.34
150m:	1:32.60	31.97	550m:	5:46.49	31.50	950m:	10:02.71	32.45	1350m:	14:22.62	32.45
200m:	2:03.74	31.14	600m:	6:18.31	31.82	1000m:	10:35.31	32.60	1400m:	14:55.11	32.49
250m:	2:35.72	31.98	650m:	6:50.17	31.86	1050m:	11:07.87	32.56	1450m:	15:27.00	31.89
300m:	3:07.65	31.93	700m:	7:22.09	31.92	1100m:	11:40.31	32.44	1500m:	15:58.36	31.36
350m:	3:39.60	31.95	750m:	7:54.03	31.94	1150m:	12:12.86	32.55			
400m:	4:11.27	31.67	800m:	8:25.97	31.94	1200m:	12:45.32	32.46			

2. Pedro Miguel Pinotes

50m:	28.01	28.01	450m:	4:42.38	32.26	850m:	9:05.93	33.48	1250m:	13:35.05	33.68
100m:	59.66	31.65	500m:	5:14.73	32.35	900m:	9:39.46	33.53	1300m:	14:08.62	33.57
150m:	1:31.72	32.06	550m:	5:47.55	32.82	950m:	10:13.11	33.65	1350m:	14:42.26	33.64
200m:	2:03.13	31.41	600m:	6:19.97	32.42	1000m:	10:46.55	33.44	1400m:	15:15.65	33.39
250m:	2:34.69	31.56	650m:	6:52.86	32.89	1050m:	11:20.48	33.93	1450m:	15:49.15	33.50
300m:	3:06.22	31.53	700m:	7:25.57	32.71	1100m:	11:53.86	33.38	1500m:	16:21.56	32.41
350m:	3:38.05	31.83	750m:	7:59.23	33.66	1150m:	12:27.62	33.76			
400m:	4:10.12	32.07	800m:	8:32.45	33.22	1200m:	13:01.37	33.75			

3. Vasco Miguel Gaspar

50m:	28.81	28.81	450m:	4:45.20	32.37	850m:	9:09.17	33.14	1250m:	13:36.15	33.41
100m:	1:00.99	32.18	500m:	5:17.79	32.59	900m:	9:42.71	33.54	1300m:	14:09.93	33.78
150m:	1:32.83	31.84	550m:	5:50.42	32.63	950m:	10:16.09	33.38	1350m:	14:43.21	33.28
200m:	2:04.57	31.74	600m:	6:23.72	33.30	1000m:	10:49.48	33.39	1400m:	15:16.74	33.53
250m:	2:36.30	31.73	650m:	6:56.52	32.80	1050m:	11:22.72	33.24	1450m:	15:49.89	33.15
300m:	3:08.48	32.18	700m:	7:29.71	33.19	1100m:	11:55.99	33.27	1500m:	16:23.10	33.21
350m:	3:40.46	31.98	750m:	8:02.82	33.11	1150m:	12:29.35	33.36			
400m:	4:12.83	32.37	800m:	8:36.03	33.21	1200m:	13:02.74	33.39			

4. Joao Nuno Pires

50m:	30.89	30.89	450m:	4:50.80	32.38	850m:	9:12.01	32.63	1250m:	13:37.79	33.48
100m:	1:03.54	32.65	500m:	5:23.32	32.52	900m:	9:44.79	32.78	1300m:	14:11.32	33.53
150m:	1:36.42	32.88	550m:	5:55.89	32.57	950m:	10:17.71	32.92	1350m:	14:44.67	33.35
200m:	2:08.88	32.46	600m:	6:28.64	32.75	1000m:	10:50.66	32.95	1400m:	15:18.18	33.51
250m:	2:41.51	32.63	650m:	7:01.13	32.49	1050m:	11:23.86	33.20	1450m:	15:51.35	33.17
300m:	3:13.67	32.16	700m:	7:34.03	32.90	1100m:	11:57.18	33.32	1500m:	16:24.43	33.08
350m:	3:46.22	32.55	750m:	8:06.62	32.59	1150m:	12:30.48	33.30			
400m:	4:18.42	32.20	800m:	8:39.38	32.76	1200m:	13:04.31	33.83			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Oeiras, 24.7. - 27.7.2014

Prova 1, Masc., 1500m Livres, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
5.	Tiago Silva Oliveira	94	Leixoes	**16:26.75**	+0,72	687	

50m:	29.06	29.06	450m:	4:47.15	32.55	850m:	9:09.97	33.29	1250m:	13:37.43	33.88
100m:	1:00.52	31.46	500m:	5:19.60	32.45	900m:	9:42.92	32.95	1300m:	14:11.33	33.90
150m:	1:32.59	32.07	550m:	5:52.75	33.15	950m:	10:16.06	33.14	1350m:	14:45.39	34.06
200m:	2:04.94	32.35	600m:	6:25.41	32.66	1000m:	10:49.23	33.17	1400m:	15:19.63	34.24
250m:	2:37.31	32.37	650m:	6:58.08	32.67	1050m:	11:22.56	33.33	1450m:	15:53.55	33.92
300m:	3:09.62	32.31	700m:	7:30.72	32.64	1100m:	11:56.06	33.50	1500m:	16:26.75	33.20
350m:	3:42.16	32.54	750m:	8:03.90	33.18	1150m:	12:29.85	33.79			
400m:	4:14.60	32.44	800m:	8:36.68	32.78	1200m:	13:03.55	33.70			

6.	Bernardo Leitao Graca	93	Sporting	**16:28.42**	+0,84	684	

50m:	30.00	30.00	450m:	4:52.23	32.51	850m:	9:14.84	32.23	1250m:	13:42.19	33.88
100m:	1:03.30	33.30	500m:	5:24.95	32.72	900m:	9:48.02	33.18	1300m:	14:15.79	33.60
150m:	1:36.50	33.20	550m:	5:57.54	32.59	950m:	10:21.38	33.36	1350m:	14:49.55	33.76
200m:	2:09.41	32.91	600m:	6:30.39	32.85	1000m:	10:54.82	33.44	1400m:	15:23.12	33.57
250m:	2:42.14	32.73	650m:	7:03.32	32.93	1050m:	11:27.80	32.98	1450m:	15:55.92	32.80
300m:	3:14.85	32.71	700m:	7:36.49	33.17	1100m:	12:01.07	33.27	1500m:	16:28.42	32.50
350m:	3:47.03	32.18	750m:	8:09.02	32.53	1150m:	12:34.78	33.71			
400m:	4:19.72	32.69	800m:	8:42.61	33.59	1200m:	13:08.31	33.53			

7.	Ricardo Manuel Machado	93	Braga	**16:34.50**	+0,78	671	

50m:	29.93	29.93	450m:	4:53.55	33.58	850m:	9:20.84	32.96	1250m:	13:49.51	33.36
100m:	1:01.91	31.98	500m:	5:27.17	33.62	900m:	9:54.54	33.70	1300m:	14:22.94	33.43
150m:	1:34.42	32.51	550m:	6:00.55	33.38	950m:	10:28.12	33.58	1350m:	14:56.48	33.54
200m:	2:07.12	32.70	600m:	6:33.96	33.41	1000m:	11:01.33	33.21	1400m:	15:29.74	33.26
250m:	2:40.32	33.20	650m:	7:07.63	33.67	1050m:	11:34.88	33.55	1450m:	16:03.00	33.26
300m:	3:13.21	32.89	700m:	7:41.29	33.66	1100m:	12:08.95	34.07	1500m:	16:34.50	31.50
350m:	3:46.83	33.62	750m:	8:14.22	32.93	1150m:	12:42.67	33.72			
400m:	4:19.97	33.14	800m:	8:47.88	33.66	1200m:	13:16.15	33.48			

8.	Joao Andre Neves	95	Academica de Coimbra	**16:35.81**	+0,78	669	

50m:	29.88	29.88	450m:	4:53.16	33.27	850m:	9:20.15	33.12	1250m:	13:49.19	33.79
100m:	1:01.78	31.90	500m:	5:26.54	33.38	900m:	9:53.93	33.78	1300m:	14:22.79	33.60
150m:	1:34.17	32.39	550m:	5:59.86	33.32	950m:	10:27.47	33.54	1350m:	14:56.36	33.57
200m:	2:07.07	32.90	600m:	6:33.01	33.15	1000m:	11:00.77	33.30	1400m:	15:30.19	33.83
250m:	2:40.32	33.25	650m:	7:06.55	33.54	1050m:	11:34.52	33.75	1450m:	16:03.58	33.39
300m:	3:13.57	33.25	700m:	7:40.20	33.65	1100m:	12:08.10	33.58	1500m:	16:35.81	32.23
350m:	3:46.74	33.17	750m:	8:13.73	33.53	1150m:	12:41.78	33.68			
400m:	4:19.89	33.15	800m:	8:47.03	33.30	1200m:	13:15.40	33.62			

9.	Rui Pedro Faria	94	Famalicao	**16:53.72**	+0,88	634	
	FTL						

50m:	29.65	29.65	450m:	4:54.11	33.45	850m:	9:24.21	34.05	1250m:	14:01.28	34.72
100m:	1:01.19	31.54	500m:	5:27.55	33.44	900m:	9:58.85	34.64	1300m:	14:36.14	34.86
150m:	1:33.85	32.66	550m:	6:00.88	33.33	950m:	10:33.43	34.58	1350m:	15:10.70	34.56
200m:	2:06.85	33.00	600m:	6:34.42	33.54	1000m:	11:08.10	34.67	1400m:	15:45.49	34.79
250m:	2:40.02	33.17	650m:	7:08.07	33.65	1050m:	11:42.38	34.28	1450m:	16:20.07	34.58
300m:	3:13.53	33.51	700m:	7:42.19	34.12	1100m:	12:17.06	34.68	1500m:	16:53.72	33.65
350m:	3:46.93	33.40	750m:	8:16.00	33.81	1150m:	12:52.05	34.99			
400m:	4:20.66	33.73	800m:	8:50.16	34.16	1200m:	13:26.56	34.51			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Prova 1, Masc., 1500m Livres, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	Duarte Nuno Vieira	95	Desportivo Nacional	**16:55.78**	+0,70	630	
	FTL						

50m:	29.46	29.46	450m:	4:58.67	33.91	850m:	9:33.17	34.30	1250m:	14:08.95	34.56
100m:	1:02.70	33.24	500m:	5:32.51	33.84	900m:	10:07.44	34.27	1300m:	14:43.24	34.29
150m:	1:36.53	33.83	550m:	6:06.85	34.34	950m:	10:41.90	34.46	1350m:	15:17.88	34.64
200m:	2:10.30	33.77	600m:	6:41.02	34.17	1000m:	11:16.36	34.46	1400m:	15:51.45	33.57
250m:	2:43.57	33.27	650m:	7:15.55	34.53	1050m:	11:50.75	34.39	1450m:	16:24.20	32.75
300m:	3:16.65	33.08	700m:	7:49.81	34.26	1100m:	12:25.40	34.65	1500m:	16:55.78	31.58
350m:	3:50.72	34.07	750m:	8:24.52	34.71	1150m:	12:59.80	34.40			
400m:	4:24.76	34.04	800m:	8:58.87	34.35	1200m:	13:34.39	34.59			

11.	Pedro Maria Bessa	95	Vilacondense	**17:08.07**	+0,75	608	
	FTL						

50m:	28.77	28.77	450m:	4:50.37	33.56	850m:	9:22.56	34.59	1250m:	14:06.20	36.31
100m:	1:00.66	31.89	500m:	5:24.08	33.71	900m:	9:57.24	34.68	1300m:	14:42.80	36.60
150m:	1:33.09	32.43	550m:	5:57.90	33.82	950m:	10:32.31	35.07	1350m:	15:19.16	36.36
200m:	2:05.64	32.55	600m:	6:31.47	33.57	1000m:	11:07.43	35.12	1400m:	15:55.59	36.43
250m:	2:38.07	32.43	650m:	7:04.42	32.95	1050m:	11:42.58	35.15	1450m:	16:32.24	36.65
300m:	3:10.93	32.86	700m:	7:38.64	34.22	1100m:	12:18.06	35.48	1500m:	17:08.07	35.83
350m:	3:43.88	32.95	750m:	8:13.49	34.85	1150m:	12:53.96	35.90			
400m:	4:16.81	32.93	800m:	8:47.97	34.48	1200m:	13:29.89	35.93			

12.	Andre Rafael Marinho	93	Uniao Piedense	**17:08.89**	+0,89	606	
	FTL						

50m:	29.85	29.85	450m:	5:01.18	34.57	850m:	9:37.52	34.87	1250m:	14:15.88	35.41
100m:	1:03.36	33.51	500m:	5:35.43	34.25	900m:	10:12.04	34.52	1300m:	14:50.76	34.88
150m:	1:37.04	33.68	550m:	6:10.15	34.72	950m:	10:46.89	34.85	1350m:	15:25.79	35.03
200m:	2:10.50	33.46	600m:	6:44.30	34.15	1000m:	11:21.42	34.53	1400m:	16:00.61	34.82
250m:	2:44.53	34.03	650m:	7:19.26	34.96	1050m:	11:56.31	34.89	1450m:	16:35.35	34.74
300m:	3:18.34	33.81	700m:	7:53.66	34.40	1100m:	12:30.72	34.41	1500m:	17:08.89	33.54
350m:	3:52.62	34.28	750m:	8:28.36	34.70	1150m:	13:05.73	35.01			
400m:	4:26.61	33.99	800m:	9:02.65	34.29	1200m:	13:40.47	34.74			

Prova 1 — Masc., 1500m Livres — Junior 18
24-07-2014 - 17:15 — Resultados

Pontos: FINA 2014

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Rafael Lourenco Gil	96	Naval Amorense	**16:06.01**	+0,72	733	

50m:	29.00	29.00	450m:	4:43.55	31.78	850m:	9:01.72	32.46	1250m:	13:22.75	32.62
100m:	1:00.31	31.31	500m:	5:15.54	31.99	900m:	9:34.44	32.72	1300m:	13:55.91	33.16
150m:	1:31.80	31.49	550m:	5:47.54	32.00	950m:	10:06.97	32.53	1350m:	14:28.77	32.86
200m:	2:03.49	31.69	600m:	6:19.69	32.15	1000m:	10:39.55	32.58	1400m:	15:01.51	32.74
250m:	2:35.50	32.01	650m:	6:51.82	32.13	1050m:	11:12.29	32.74	1450m:	15:33.99	32.48
300m:	3:07.73	32.23	700m:	7:24.38	32.56	1100m:	11:44.78	32.49	1500m:	16:06.01	32.02
350m:	3:39.82	32.09	750m:	7:56.83	32.45	1150m:	12:17.28	32.50			
400m:	4:11.77	31.95	800m:	8:29.26	32.43	1200m:	12:50.13	32.85			

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Oeiras, 24.7. - 27.7.2014

Prova 1, Masc., 1500m Livres, Junior 18

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
2.	Sergio Gomes Abreu	96	Naval do Funchal	**16:57.21**	+0,73	627	

50m:	28.83	28.83	450m:	4:58.34	33.68	850m:	9:31.51	34.16	1250m:	14:08.03	34.53
100m:	1:01.45	32.62	500m:	5:32.67	34.33	900m:	10:06.21	34.70	1300m:	14:43.16	35.13
150m:	1:34.72	33.27	550m:	6:06.53	33.86	950m:	10:40.54	34.33	1350m:	15:17.86	34.70
200m:	2:08.71	33.99	600m:	6:40.69	34.16	1000m:	11:14.94	34.40	1400m:	15:52.65	34.79
250m:	2:42.57	33.86	650m:	7:14.59	33.90	1050m:	11:49.43	34.49	1450m:	16:26.54	33.89
300m:	3:16.91	34.34	700m:	7:48.77	34.18	1100m:	12:24.08	34.65	1500m:	16:57.21	30.67
350m:	3:50.68	33.77	750m:	8:22.89	34.12	1150m:	12:58.52	34.44			
400m:	4:24.66	33.98	800m:	8:57.35	34.46	1200m:	13:33.50	34.98			

3.	Pedro Rafael Garcia	96	Academico Viseu	**17:08.68**	+0,74	607	

50m:	30.33	30.33	450m:	4:59.85	34.41	850m:	9:36.42	35.02	1250m:	14:16.19	35.42
100m:	1:02.80	32.47	500m:	5:33.86	34.01	900m:	10:11.08	34.66	1300m:	14:51.10	34.91
150m:	1:36.23	33.43	550m:	6:08.16	34.30	950m:	10:46.21	35.13	1350m:	15:26.49	35.39
200m:	2:09.57	33.34	600m:	6:42.43	34.27	1000m:	11:20.99	34.78	1400m:	16:00.77	34.28
250m:	2:43.47	33.90	650m:	7:17.28	34.85	1050m:	11:56.09	35.10	1450m:	16:35.62	34.85
300m:	3:17.36	33.89	700m:	7:51.86	34.58	1100m:	12:30.76	34.67	1500m:	17:08.68	33.06
350m:	3:51.38	34.02	750m:	8:26.80	34.94	1150m:	13:05.98	35.22			
400m:	4:25.44	34.06	800m:	9:01.40	34.60	1200m:	13:40.77	34.79			

4.	Pedro Veiguinha Martins	96	Braga	**17:12.94**	+0,91	599	

50m:	30.26	30.26	450m:	4:56.62	33.85	850m:	9:37.26	35.52	1250m:	14:22.91	35.59
100m:	1:03.16	32.90	500m:	5:30.35	33.73	900m:	10:12.79	35.53	1300m:	14:57.97	35.06
150m:	1:36.65	33.49	550m:	6:04.90	34.55	950m:	10:48.38	35.59	1350m:	15:32.59	34.62
200m:	2:10.03	33.38	600m:	6:40.03	35.13	1000m:	11:24.46	36.08	1400m:	16:06.52	33.93
250m:	2:42.89	32.86	650m:	7:15.62	35.59	1050m:	12:00.32	35.86	1450m:	16:39.69	33.17
300m:	3:16.22	33.33	700m:	7:50.81	35.19	1100m:	12:36.08	35.76	1500m:	17:12.94	33.25
350m:	3:49.40	33.18	750m:	8:26.34	35.53	1150m:	13:11.59	35.51			
400m:	4:22.77	33.37	800m:	9:01.74	35.40	1200m:	13:47.32	35.73			

5.	Carlos Daniel Ramos	96	Estarreja	**17:14.94**	+0,80	596	

50m:	31.26	31.26	450m:	5:06.54	34.83	850m:	9:44.14	34.98	1250m:	14:22.59	34.87
100m:	1:04.94	33.68	500m:	5:41.27	34.73	900m:	10:18.59	34.45	1300m:	14:57.74	35.15
150m:	1:38.93	33.99	550m:	6:16.12	34.85	950m:	10:53.54	34.95	1350m:	15:32.91	35.17
200m:	2:13.09	34.16	600m:	6:50.75	34.63	1000m:	11:28.09	34.55	1400m:	16:07.74	34.83
250m:	2:47.74	34.65	650m:	7:25.37	34.62	1050m:	12:02.85	34.76	1450m:	16:41.70	33.96
300m:	3:22.25	34.51	700m:	7:59.81	34.44	1100m:	12:37.48	34.63	1500m:	17:14.94	33.24
350m:	3:57.01	34.76	750m:	8:34.55	34.74	1150m:	13:12.50	35.02			
400m:	4:31.71	34.70	800m:	9:09.16	34.61	1200m:	13:47.72	35.22			

6.	David Nunes Sousa	96	Famalicao	**17:36.55**	+0,80	560	
	FTL						

50m:	30.56	30.56	450m:	5:06.63	34.97	850m:	9:50.76	35.49	1250m:	14:37.21	36.04
100m:	1:03.97	33.41	500m:	5:42.21	35.58	900m:	10:26.46	35.70	1300m:	15:14.07	36.86
150m:	1:38.19	34.22	550m:	6:17.55	35.34	950m:	11:01.94	35.48	1350m:	15:50.13	36.06
200m:	2:12.86	34.67	600m:	6:53.58	36.03	1000m:	11:37.68	35.74	1400m:	16:26.48	36.35
250m:	2:47.43	34.57	650m:	7:28.64	35.06	1050m:	12:13.37	35.69	1450m:	17:01.91	35.43
300m:	3:22.04	34.61	700m:	8:04.36	35.72	1100m:	12:49.23	35.86	1500m:	17:36.55	34.64
350m:	3:56.67	34.63	750m:	8:39.66	35.30	1150m:	13:25.18	35.95			
400m:	4:31.66	34.99	800m:	9:15.27	35.61	1200m:	14:01.17	35.99			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Oeiras, 24.7. - 27.7.2014

Prova 1, Masc., 1500m Livres

Prova 1 | Masc., 1500m Livres | Junior 17
24-07-2014 - 17:15 | Resultados

Pontos: FINA 2014

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Alexandre Valdagua Coutinh	c97	Columbofila Cantanhedense	**16:10.24**	+0,71	723	

50m:	30.12	30.12	450m:	4:49.95	32.58	850m:	9:08.74	32.21	1250m:	13:28.47	32.68
100m:	1:02.93	32.81	500m:	5:22.30	32.35	900m:	9:40.84	32.10	1300m:	14:00.98	32.51
150m:	1:34.65	31.72	550m:	5:54.62	32.32	950m:	10:13.14	32.30	1350m:	14:33.80	32.82
200m:	2:06.91	32.26	600m:	6:27.18	32.56	1000m:	10:45.62	32.48	1400m:	15:06.99	33.19
250m:	2:39.61	32.70	650m:	6:59.42	32.24	1050m:	11:18.16	32.54	1450m:	15:39.11	32.12
300m:	3:12.14	32.53	700m:	7:31.82	32.40	1100m:	11:50.67	32.51	1500m:	16:10.24	31.13
350m:	3:44.80	32.66	750m:	8:04.50	32.68	1150m:	12:23.51	32.84			
400m:	4:17.37	32.57	800m:	8:36.53	32.03	1200m:	12:55.79	32.28			

2.	Joao Pedro Gil	97	Naval Amorense	**16:12.98**	+0,63	717	

50m:	29.71	29.71	450m:	4:47.60	32.40	850m:	9:08.91	32.51	1250m:	13:29.90	32.54
100m:	1:01.44	31.73	500m:	5:20.05	32.45	900m:	9:41.41	32.50	1300m:	14:03.08	33.18
150m:	1:34.05	32.61	550m:	5:52.51	32.46	950m:	10:13.80	32.39	1350m:	14:35.54	32.46
200m:	2:06.32	32.27	600m:	6:25.13	32.62	1000m:	10:46.97	33.17	1400m:	15:08.60	33.06
250m:	2:38.29	31.97	650m:	6:57.71	32.58	1050m:	11:19.73	32.76	1450m:	15:41.39	32.79
300m:	3:10.61	32.32	700m:	7:30.75	33.04	1100m:	11:52.35	32.62	1500m:	16:12.98	31.59
350m:	3:42.93	32.32	750m:	8:03.68	32.93	1150m:	12:24.62	32.27			
400m:	4:15.20	32.27	800m:	8:36.40	32.72	1200m:	12:57.36	32.74			

3.	Guilherme Pereira Dias	97	Sporting	**16:30.93**	+0,72	679	

50m:	30.38	30.38	450m:	4:53.69	32.93	850m:	9:19.42	33.42	1250m:	13:45.58	33.21
100m:	1:03.03	32.65	500m:	5:26.65	32.96	900m:	9:52.67	33.25	1300m:	14:18.73	33.15
150m:	1:35.93	32.90	550m:	5:59.77	33.12	950m:	10:26.01	33.34	1350m:	14:51.64	32.91
200m:	2:08.60	32.67	600m:	6:33.01	33.24	1000m:	10:59.26	33.25	1400m:	15:24.90	33.26
250m:	2:41.59	32.99	650m:	7:06.20	33.19	1050m:	11:32.60	33.34	1450m:	15:58.15	33.25
300m:	3:14.74	33.15	700m:	7:39.59	33.39	1100m:	12:05.72	33.12	1500m:	16:30.93	32.78
350m:	3:47.74	33.00	750m:	8:12.74	33.15	1150m:	12:39.19	33.47			
400m:	4:20.76	33.02	800m:	8:46.00	33.26	1200m:	13:12.37	33.18			

4.	Joao Luis Travanca	97	Fluvial Portuense	**16:39.92**	+0,85	660	

50m:	30.34	30.34	450m:	4:54.60	32.99	850m:	9:21.65	33.50	1250m:	13:51.25	33.94
100m:	1:02.52	32.18	500m:	5:27.93	33.33	900m:	9:55.21	33.56	1300m:	14:25.03	33.78
150m:	1:35.42	32.90	550m:	6:01.23	33.30	950m:	10:28.71	33.50	1350m:	14:58.88	33.85
200m:	2:08.63	33.21	600m:	6:34.53	33.30	1000m:	11:02.34	33.63	1400m:	15:33.04	34.16
250m:	2:42.00	33.37	650m:	7:07.74	33.21	1050m:	11:36.24	33.90	1450m:	16:06.91	33.87
300m:	3:15.08	33.08	700m:	7:41.26	33.52	1100m:	12:09.87	33.63	1500m:	16:39.92	33.01
350m:	3:48.49	33.41	750m:	8:14.63	33.37	1150m:	12:43.56	33.69			
400m:	4:21.61	33.12	800m:	8:48.15	33.52	1200m:	13:17.31	33.75			

5.	Narciso Daniel Correia	97	Braga	**16:46.75**	+0,81	647	

50m:	29.23	29.23	450m:	4:52.88	33.49	850m:	9:21.97	32.98	1250m:	13:57.85	35.03
100m:	1:00.96	31.73	500m:	5:26.48	33.60	900m:	9:56.22	34.25	1300m:	14:32.61	34.76
150m:	1:33.31	32.35	550m:	5:59.74	33.26	950m:	10:30.54	34.32	1350m:	15:07.05	34.44
200m:	2:06.32	33.01	600m:	6:34.06	34.32	1000m:	11:04.97	34.43	1400m:	15:41.92	34.87
250m:	2:39.65	33.33	650m:	7:08.01	33.95	1050m:	11:38.83	33.86	1450m:	16:14.97	33.05
300m:	3:12.92	33.27	700m:	7:42.34	34.33	1100m:	12:13.33	34.50	1500m:	16:46.75	31.78
350m:	3:45.98	33.06	750m:	8:16.37	34.03	1150m:	12:47.90	34.57			
400m:	4:19.39	33.41	800m:	8:48.99	32.62	1200m:	13:22.82	34.92			

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Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Oeiras, 24.7. - 27.7.2014

Prova 1, Masc., 1500m Livres, Junior 17

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
6.	Ruben Jose Morim	97	Vilacondense	**16:53.40**	+0,79	634	

50m:	29.10	29.10	450m:	4:55.75	33.63	850m:	9:28.47	34.41	1250m:	14:03.18	34.35
100m:	1:01.57	32.47	500m:	5:29.86	34.11	900m:	10:02.57	34.10	1300m:	14:37.45	34.27
150m:	1:34.54	32.97	550m:	6:03.61	33.75	950m:	10:36.99	34.42	1350m:	15:11.63	34.18
200m:	2:08.21	33.67	600m:	6:37.78	34.17	1000m:	11:11.30	34.31	1400m:	15:46.39	34.76
250m:	2:41.62	33.41	650m:	7:12.09	34.31	1050m:	11:45.68	34.38	1450m:	16:20.62	34.23
300m:	3:15.30	33.68	700m:	7:46.12	34.03	1100m:	12:20.29	34.61	1500m:	16:53.40	32.78
350m:	3:48.62	33.32	750m:	8:20.38	34.26	1150m:	12:54.25	33.96			
400m:	4:22.12	33.50	800m:	8:54.06	33.68	1200m:	13:28.83	34.58			

7.	Ricardo Eduardo Afonso	97	Braga	**16:53.56**	+0,72	634					
50m:	29.22	29.22	450m:	4:57.14	33.46	850m:	9:29.97	34.17	1250m:	14:04.44	34.14
100m:	1:02.40	33.18	500m:	5:31.25	34.11	900m:	10:04.29	34.32	1300m:	14:38.92	34.48
150m:	1:35.22	32.82	550m:	6:05.36	34.11	950m:	10:38.46	34.17	1350m:	15:13.41	34.49
200m:	2:09.18	33.96	600m:	6:39.43	34.07	1000m:	11:12.81	34.35	1400m:	15:47.90	34.49
250m:	2:42.51	33.33	650m:	7:13.45	34.02	1050m:	11:47.16	34.35	1450m:	16:21.18	33.28
300m:	3:16.33	33.82	700m:	7:47.50	34.05	1100m:	12:21.49	34.33	1500m:	16:53.56	32.38
350m:	3:49.83	33.50	750m:	8:21.65	34.15	1150m:	12:55.85	34.36			
400m:	4:23.68	33.85	800m:	8:55.80	34.15	1200m:	13:30.30	34.45			

8.	Miguel Angelo Silvestre	97	Alcobaca	**16:53.77**	+0,64	634					
50m:	29.56	29.56	450m:	4:56.86	33.98	850m:	9:29.28	33.82	1250m:	14:04.28	34.66
100m:	1:02.20	32.64	500m:	5:31.01	34.15	900m:	10:03.51	34.23	1300m:	14:38.70	34.42
150m:	1:35.17	32.97	550m:	6:05.16	34.15	950m:	10:37.72	34.21	1350m:	15:12.83	34.13
200m:	2:08.14	32.97	600m:	6:39.34	34.18	1000m:	11:12.13	34.41	1400m:	15:47.21	34.38
250m:	2:41.47	33.33	650m:	7:13.46	34.12	1050m:	11:46.63	34.50	1450m:	16:21.24	34.03
300m:	3:14.80	33.33	700m:	7:47.28	33.82	1100m:	12:21.22	34.59	1500m:	16:53.77	32.53
350m:	3:48.93	34.13	750m:	8:21.34	34.06	1150m:	12:55.13	33.91			
400m:	4:22.88	33.95	800m:	8:55.46	34.12	1200m:	13:29.62	34.49			

9.	David Emanuel Martins	97	Braga	**16:54.06**	+0,95	633					
50m:	30.01	30.01	450m:	5:00.04	34.39	850m:	9:34.23	34.34	1250m:	14:06.99	34.16
100m:	1:03.04	33.03	500m:	5:34.26	34.22	900m:	10:08.49	34.26	1300m:	14:41.02	34.03
150m:	1:36.71	33.67	550m:	6:08.51	34.25	950m:	10:43.06	34.57	1350m:	15:15.19	34.17
200m:	2:10.65	33.94	600m:	6:42.82	34.31	1000m:	11:17.11	34.05	1400m:	15:49.11	33.92
250m:	2:44.42	33.77	650m:	7:17.19	34.37	1050m:	11:51.03	33.92	1450m:	16:22.57	33.46
300m:	3:18.28	33.86	700m:	7:51.27	34.08	1100m:	12:24.94	33.91	1500m:	16:54.06	31.49
350m:	3:51.99	33.71	750m:	8:25.79	34.52	1150m:	12:58.75	33.81			
400m:	4:25.65	33.66	800m:	8:59.89	34.10	1200m:	13:32.83	34.08			

10.	Vitor Joao Pereira	97	Leixoes	**17:09.12**	+0,94	606					
50m:	30.09	30.09	450m:	4:58.85	33.99	850m:	9:35.02	34.67	1250m:	14:15.67	35.19
100m:	1:02.20	32.11	500m:	5:33.27	34.42	900m:	10:09.85	34.83	1300m:	14:50.84	35.17
150m:	1:35.44	33.24	550m:	6:07.80	34.53	950m:	10:44.62	34.77	1350m:	15:25.49	34.65
200m:	2:09.03	33.59	600m:	6:42.03	34.23	1000m:	11:19.66	35.04	1400m:	16:00.57	35.08
250m:	2:42.94	33.91	650m:	7:16.64	34.61	1050m:	11:54.78	35.12	1450m:	16:35.14	34.57
300m:	3:16.72	33.78	700m:	7:51.29	34.65	1100m:	12:30.18	35.40	1500m:	17:09.12	33.98
350m:	3:50.65	33.93	750m:	8:25.64	34.35	1150m:	13:05.26	35.08			
400m:	4:24.86	34.21	800m:	9:00.35	34.71	1200m:	13:40.48	35.22			

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Oeiras, 24.7. - 27.7.2014

Prova 1, Masc., 1500m Livres, Junior 17

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
11.	Andre Sousa Goncalves	97	Natacao de Olhao	**17:13.79**	+0,82	598	

50m:	30.44	30.44	450m:	5:04.12	34.10	850m:	9:41.70	35.07	1250m:	14:21.16	35.03
100m:	1:04.24	33.80	500m:	5:38.77	34.65	900m:	10:16.60	34.90	1300m:	14:55.98	34.82
150m:	1:38.52	34.28	550m:	6:13.09	34.32	950m:	10:51.42	34.82	1350m:	15:30.79	34.81
200m:	2:12.98	34.46	600m:	6:48.09	35.00	1000m:	11:26.43	35.01	1400m:	16:05.73	34.94
250m:	2:46.97	33.99	650m:	7:22.64	34.55	1050m:	12:01.34	34.91	1450m:	16:40.23	34.50
300m:	3:21.24	34.27	700m:	7:57.28	34.64	1100m:	12:36.15	34.81	1500m:	17:13.79	33.56
350m:	3:55.68	34.44	750m:	8:31.92	34.64	1150m:	13:11.31	35.16			
400m:	4:30.02	34.34	800m:	9:06.63	34.71	1200m:	13:46.13	34.82			

12.	Henrique Mourinho Neves	97	Alges	**17:20.28**	+0,73	586

50m:	29.64	29.64	450m:	5:00.63	34.86	850m:	9:42.09	35.71	1250m:	14:26.03	36.09
100m:	1:02.26	32.62	500m:	5:35.20	34.57	900m:	10:17.04	34.95	1300m:	15:01.19	35.16
150m:	1:35.45	33.19	550m:	6:10.05	34.85	950m:	10:52.60	35.56	1350m:	15:36.52	35.33
200m:	2:08.98	33.53	600m:	6:44.76	34.71	1000m:	11:27.84	35.24	1400m:	16:11.70	35.18
250m:	2:42.72	33.74	650m:	7:20.13	35.37	1050m:	12:03.69	35.85	1450m:	16:47.05	35.35
300m:	3:16.95	34.23	700m:	7:55.52	35.39	1100m:	12:39.35	35.66	1500m:	17:20.28	33.23
350m:	3:51.22	34.27	750m:	8:30.99	35.47	1150m:	13:14.57	35.22			
400m:	4:25.77	34.55	800m:	9:06.38	35.39	1200m:	13:49.94	35.37			

13.	Francisco Xavier Goncalves	97	Nautico /Urgicentro-Sanfil	**17:23.42**	+0,69	581

50m:	30.08	30.08	450m:	5:04.60	34.82	850m:	9:44.02	34.87	1250m:	14:26.22	35.49
100m:	1:03.54	33.46	500m:	5:39.32	34.72	900m:	10:19.51	35.49	1300m:	15:01.78	35.56
150m:	1:37.31	33.77	550m:	6:13.90	34.58	950m:	10:54.47	34.96	1350m:	15:37.38	35.60
200m:	2:11.47	34.16	600m:	6:48.76	34.86	1000m:	11:29.67	35.20	1400m:	16:13.29	35.91
250m:	2:45.52	34.05	650m:	7:23.61	34.85	1050m:	12:04.54	34.87	1450m:	16:49.11	35.82
300m:	3:20.25	34.73	700m:	7:58.81	35.20	1100m:	12:39.74	35.20	1500m:	17:23.42	34.31
350m:	3:54.92	34.67	750m:	8:33.97	35.16	1150m:	13:15.15	35.41			
400m:	4:29.78	34.86	800m:	9:09.15	35.18	1200m:	13:50.73	35.58			

14.	Joao Miguel Cardoso	97	Gesloures	**17:42.61**	+0,80	550	
	FTL						

50m:	30.04	30.04	450m:	5:06.75	35.44	850m:	9:51.90	35.92	1250m:	14:42.55	36.05
100m:	1:03.03	32.99	500m:	5:42.42	35.67	900m:	10:28.51	36.61	1300m:	15:19.12	36.57
150m:	1:36.94	33.91	550m:	6:17.47	35.05	950m:	11:04.86	36.35	1350m:	15:55.48	36.36
200m:	2:11.19	34.25	600m:	6:53.25	35.78	1000m:	11:41.30	36.44	1400m:	16:32.06	36.58
250m:	2:45.81	34.62	650m:	7:28.46	35.21	1050m:	12:17.38	36.08	1450m:	17:07.79	35.73
300m:	3:20.63	34.82	700m:	8:04.47	36.01	1100m:	12:53.79	36.41	1500m:	17:42.61	34.82
350m:	3:55.81	35.18	750m:	8:40.16	35.69	1150m:	13:30.23	36.44			
400m:	4:31.31	35.50	800m:	9:15.98	35.82	1200m:	14:06.50	36.27			

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