

Event 16 Women, 400m Medley Open
25-07-2014 - 9:50 Results Prelim

Rec Nac Open	4:46.85	Victoria Kaminskaya	PIMP	Coimbra	01-06-2014
Rec Nac Inf B	5:14.05	Filipa Vilas Ruivo	DNMG	S. João da Madeira	24-07-2009
Rec Nac Inf A	5:11.29	Diana Ramos Rocha	EDV	Faro	20-07-2007
Rec Nac Juv B	5:01.04	Susana Patricia Miguel	SFUAP	Lisboa	08-07-2004
Rec Nac Juv A	4:58.08	Diana Margarida Duraes	FOCA	Póvoa de Varzim	05-08-2011
Rec Nac Jun16	4:57.84	Victoria Kaminskaya	PIMP	Oeiras	19-02-2011
Rec Nac Jun17	4:52.12	Victoria Kaminskaya	PIMP	Oeiras	27-07-2012
Rec Nac Sen	4:46.85	Victoria Kaminskaya	PIMP	Coimbra	01-06-2014

TAC-JUN1F Jun16: 5:24.68 / TAC-JUN2F Jun17: 5:21.50 / TAC-JUVAF Juv A: 5:31.05 / TAC-JUVBF Juv B: 5:40.60 / TAC-SENF Sen: 5:18.32

Points: FINA 2014

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
1.	Stina Gardell	90	Sweden	4:54.61	+0,77	756	
	50m: 30.80 30.80	150m: 1:42.97 37.85	250m: 3:02.73 43.11	350m: 4:20.11 34.94			
	100m: 1:05.12 34.32	200m: 2:19.62 36.65	300m: 3:45.17 42.44	400m: 4:54.61 34.50			
2.	Victoria Kaminskaya	95	Pimpoes/Cimai	4:56.46	+0,71	742	
	50m: 31.57 31.57	150m: 1:45.73 39.47	250m: 3:04.94 41.49	350m: 4:21.88 35.59			
	100m: 1:06.26 34.69	200m: 2:23.45 37.72	300m: 3:46.29 41.35	400m: 4:56.46 34.58			
3.	Connie Dean	98	Great Britain	4:58.04	+0,78	730	
	50m: 30.27 30.27	150m: 1:44.44 38.68	250m: 3:04.74 42.65	350m: 4:23.77 34.93			
	100m: 1:05.76 35.49	200m: 2:22.09 37.65	300m: 3:48.84 44.10	400m: 4:58.04 34.27			
4.	Abigail Humphreys	98	Great Britain	4:59.50	+0,74	719	
	50m: 31.35 31.35	150m: 1:46.37 38.45	250m: 3:07.00 44.01	350m: 4:26.11 35.09			
	100m: 1:07.92 36.57	200m: 2:22.99 36.62	300m: 3:51.02 44.02	400m: 4:59.50 33.39			
5.	Nadia Morais Vieira	90	Gesloures	5:00.01	+0,70	716	
	50m: 31.19 31.19	150m: 1:47.47 40.01	250m: 3:09.26 42.76	350m: 4:26.66 34.62			
	100m: 1:07.46 36.27	200m: 2:26.50 39.03	300m: 3:52.04 42.78	400m: 5:00.01 33.35			
6.	Isobel Griffiths	99	Great Britain	5:02.04	+0,71	701	
	50m: 31.85 31.85	150m: 1:47.28 39.25	250m: 3:10.75 45.62	350m: 4:30.13 33.68			
	100m: 1:08.03 36.18	200m: 2:25.13 37.85	300m: 3:56.45 45.70	400m: 5:02.04 31.91			
7.	Filipa Vilas Ruivo	97	Nautico Marinha Grande	5:05.67	+0,82	677	
	50m: 32.14 32.14	150m: 1:49.51 40.18	250m: 3:12.73 42.93	350m: 4:31.75 34.61			
	100m: 1:09.33 37.19	200m: 2:29.80 40.29	300m: 3:57.14 44.41	400m: 5:05.67 33.92			
8.	Layla Black	00	Great Britain	5:06.19	+0,67	673	
	50m: 32.00 32.00	150m: 1:50.79 42.04	250m: 3:12.95 40.19	350m: 4:31.10 36.75			
	100m: 1:08.75 36.75	200m: 2:32.76 41.97	300m: 3:54.35 41.40	400m: 5:06.19 35.09			
9.	Ana Catarina Monteiro	93	Vilacondense	5:07.64	+0,78	664	
	50m: 31.34 31.34	150m: 1:48.62 41.51	250m: 3:12.83 44.61	350m: 4:33.21 35.70			
	100m: 1:07.11 35.77	200m: 2:28.22 39.60	300m: 3:57.51 44.68	400m: 5:07.64 34.43			
10.	Maria Teresa Amorim	97	Porto	5:09.60	+1,00	651	
	50m: 32.90 32.90	150m: 1:51.34 40.55	250m: 3:16.34 45.01	350m: 4:35.17 35.14			
	100m: 1:10.79 37.89	200m: 2:31.33 39.99	300m: 4:00.03 43.69	400m: 5:09.60 34.43			
11.	Carolina Mantua Guedes	98	Sporting	5:10.02	+0,77	649	
	50m: 31.33 31.33	150m: 1:49.04 41.61	250m: 3:15.58 44.70	350m: 4:35.87 34.68			
	100m: 1:07.43 36.10	200m: 2:30.88 41.84	300m: 4:01.19 45.61	400m: 5:10.02 34.15			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Event 16, Women, 400m Medley, Prelim, Open

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
12.	Ana Monica Eloi	96	Nautico Marinha Grande	5:10.21	+0,87	647	
	50m: 32.35 32.35	150m: 1:49.90 40.54	250m: 3:13.28 43.49	350m: 4:34.59 36.45			
	100m: 1:09.36 37.01	200m: 2:29.79 39.89	300m: 3:58.14 44.86	400m: 5:10.21 35.62			
13.	Ana Teresa Franco	91	Sporting	5:12.33	+0,83	634	
	50m: 33.33 33.33	150m: 1:53.68 41.75	250m: 3:16.16 42.23	350m: 4:36.17 36.96			
	100m: 1:11.93 38.60	200m: 2:33.93 40.25	300m: 3:59.21 43.05	400m: 5:12.33 36.16			
14.	Rita Costa Amador	99	Galitos	5:13.04	+0,73	630	
	50m: 32.79 32.79	150m: 1:52.36 40.65	250m: 3:17.51 44.63	350m: 4:38.78 35.22			
	100m: 1:11.71 38.92	200m: 2:32.88 40.52	300m: 4:03.56 46.05	400m: 5:13.04 34.26			
15.	Ana Beatriz Martins	99	Famalicao	5:13.07	+0,79	630	
	50m: 32.69 32.69	150m: 1:53.64 42.58	250m: 3:18.55 43.99	350m: 4:38.89 36.39			
	100m: 1:11.06 38.37	200m: 2:34.56 40.92	300m: 4:02.50 43.95	400m: 5:13.07 34.18			
16.	Aoife Shorten	98	Connacht Swimming	5:13.41	+0,74	628	
	50m: 31.58 31.58	150m: 1:50.73 42.13	250m: 3:15.87 43.76	350m: 4:37.43 36.55			
	100m: 1:08.60 37.02	200m: 2:32.11 41.38	300m: 4:00.88 45.01	400m: 5:13.41 35.98			
17.	Madalena Gomes Azevedo	99	Alges	5:13.44	+0,90	628	
	50m: 32.80 32.80	150m: 1:52.92 40.99	250m: 3:16.95 44.17	350m: 4:38.05 36.47			
	100m: 1:11.93 39.13	200m: 2:32.78 39.86	300m: 4:01.58 44.63	400m: 5:13.44 35.39			
18.	Ana Beatriz Pereira	91	Colegio Vasco da Gama	5:14.59	+0,68	621	
	50m: 31.89 31.89	150m: 1:52.48 43.79	250m: 3:18.51 42.83	350m: 4:38.61 36.42			
	100m: 1:08.69 36.80	200m: 2:35.68 43.20	300m: 4:02.19 43.68	400m: 5:14.59 35.98			
19.	Sofia Prates Silvestre	95	Naval Amorense	5:16.48	+0,72	610	
	50m: 32.06 32.06	150m: 1:50.78 41.31	250m: 3:18.52 46.91	350m: 4:41.20 35.58			
	100m: 1:09.47 37.41	200m: 2:31.61 40.83	300m: 4:05.62 47.10	400m: 5:16.48 35.28			
20.	Teresa Miguel Veloso	00	Nautico /Urgicentro-Sanfil	5:16.63	+0,76	609	
	50m: 32.92 32.92	150m: 1:53.42 41.43	250m: 3:18.98 45.07	350m: 4:40.97 35.90			
	100m: 1:11.99 39.07	200m: 2:33.91 40.49	300m: 4:05.07 46.09	400m: 5:16.63 35.66			
21.	Demi Ferreira Lopes	98	Portinado	5:17.19	+0,67	606	
	50m: 32.28 32.28	150m: 1:51.47 41.27	250m: 3:18.97 46.99	350m: 4:42.34 35.39			
	100m: 1:10.20 37.92	200m: 2:31.98 40.51	300m: 4:06.95 47.98	400m: 5:17.19 34.85			
22.	Helena Paula Carvalho	95	Uniao Piedense	5:17.25	+0,70	605	
	50m: 33.50 33.50	150m: 1:51.83 40.39	250m: 3:19.29 47.50	350m: 4:42.75 35.90			
	100m: 1:11.44 37.94	200m: 2:31.79 39.96	300m: 4:06.85 47.56	400m: 5:17.25 34.50			
23.	Giovanna Vaz Vargas	00	Nautico Marinha Grande	5:17.88	+0,87	602	
	50m: 33.31 33.31	150m: 1:50.96 41.06	250m: 3:17.43 45.22	350m: 4:41.72 37.51			
	100m: 1:09.90 36.59	200m: 2:32.21 41.25	300m: 4:04.21 46.78	400m: 5:17.88 36.16			
24.	Joana Dias Santos	96	Uniao Piedense	5:20.40	+0,73	588	
	<i>FTL</i>						
	50m: 33.78 33.78	150m: 1:57.21 43.45	250m: 3:20.52 41.27	350m: 4:43.08 38.85			
	100m: 1:13.76 39.98	200m: 2:39.25 42.04	300m: 4:04.23 43.71	400m: 5:20.40 37.32			
25.	Barbara Marques Rodrigues	97	Alges	5:21.70	+0,96	580	
	<i>FTL</i>						
	50m: 33.31 33.31	150m: 1:55.11 42.40	250m: 3:23.50 47.11	350m: 4:46.71 36.44			
	100m: 1:12.71 39.40	200m: 2:36.39 41.28	300m: 4:10.27 46.77	400m: 5:21.70 34.99			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Event 16, Women, 400m Medley, Prelim, Open

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
26.	Barbara Coimbra Teodosio	99	Nautico Marinha Grande	5:22.96	+1,09	574	
	50m: 33.48 33.48	150m: 1:54.95 42.93	250m: 3:24.36 46.92	350m: 4:48.63 36.84	400m: 5:22.96 34.33		
	100m: 1:12.02 38.54	200m: 2:37.44 42.49	300m: 4:11.79 47.43				
27.	Ana Miguel Reis	00	Columbofila Cantanhedense	5:25.06	+0,84	563	
	50m: 34.40 34.40	150m: 1:55.36 41.21	250m: 3:23.69 48.13	350m: 4:48.89 37.11	400m: 5:25.06 36.17		
	100m: 1:14.15 39.75	200m: 2:35.56 40.20	300m: 4:11.78 48.09				
28.	Monica Seara Domingues	00	Nautico Marinha Grande	5:26.01	+0,83	558	
	50m: 34.34 34.34	150m: 1:56.14 42.53	250m: 3:24.34 47.62	350m: 4:49.74 37.89	400m: 5:26.01 36.27		
	100m: 1:13.61 39.27	200m: 2:36.72 40.58	300m: 4:11.85 47.51				
29.	Beatriz Lopes Pinto	99	Academica de Coimbra	5:27.05	+0,82	552	
	50m: 34.73 34.73	150m: 1:56.11 42.03	250m: 3:24.28 47.18	350m: 4:50.68 37.23	400m: 5:27.05 36.37		
	100m: 1:14.08 39.35	200m: 2:37.10 40.99	300m: 4:13.45 49.17				
30.	Ana Margarida Salgueiro	99	Nautico Abrantes	5:29.40	+1,00	541	
	50m: 36.36 36.36	150m: 1:59.40 41.56	250m: 3:27.45 45.92	350m: 4:52.21 38.34	400m: 5:29.40 37.19		
	100m: 1:17.84 41.48	200m: 2:41.53 42.13	300m: 4:13.87 46.42				
31.	Margarida Domingues Duarte	97	Nautico Marinha Grande	5:31.52	+0,88	530	
	<i>FTL</i>						
	50m: 34.23 34.23	150m: 1:59.82 44.30	250m: 3:29.61 47.45	350m: 4:54.69 37.64	400m: 5:31.52 36.83		
	100m: 1:15.52 41.29	200m: 2:42.16 42.34	300m: 4:17.05 47.44				
32.	Sara Costa Guerra	99	Sporting	5:31.86	+0,75	529	
	<i>FTL</i>						
	50m: 33.87 33.87	150m: 1:56.58 43.51	250m: 3:28.73 49.39	350m: 4:56.16 38.18	400m: 5:31.86 35.70		
	100m: 1:13.07 39.20	200m: 2:39.34 42.76	300m: 4:17.98 49.25				
33.	Sara Kalinovicova Guerreiro	00	FC Ferreiras	5:32.52	+0,87	526	
	50m: 34.91 34.91	150m: 2:04.35 46.87	250m: 3:32.17 44.33	350m: 4:56.73 39.20	400m: 5:32.52 35.79		
	100m: 1:17.48 42.57	200m: 2:47.84 43.49	300m: 4:17.53 45.36				
34.	Margarida Reconha Marques	00	Nautico Marinha Grande	5:32.97	+0,92	523	
	50m: 34.88 34.88	150m: 1:59.29 43.78	250m: 3:28.90 47.51	350m: 4:55.79 38.00	400m: 5:32.97 37.18		
	100m: 1:15.51 40.63	200m: 2:41.39 42.10	300m: 4:17.79 48.89				
35.	Raquel Leao Monteiro	00	Gespacos	5:35.59	+1,15	511	
	50m: 36.02 36.02	150m: 2:00.14 43.31	250m: 3:31.32 48.95	350m: 4:58.28 37.83	400m: 5:35.59 37.31		
	100m: 1:16.83 40.81	200m: 2:42.37 42.23	300m: 4:20.45 49.13				
36.	Helena Neto Costa	00	Gespacos	5:37.60	+0,85	502	
	50m: 34.37 34.37	150m: 1:58.54 44.22	250m: 3:29.73 48.24	350m: 4:58.69 39.26	400m: 5:37.60 38.91		
	100m: 1:14.32 39.95	200m: 2:41.49 42.95	300m: 4:19.43 49.70				
37.	Eliana Dirce Lourenco	00	Galitos	5:39.09	+0,76	496	
	50m: 34.48 34.48	150m: 1:58.07 42.96	250m: 3:31.73 50.94	350m: 5:00.78 37.34	400m: 5:39.09 38.31		
	100m: 1:15.11 40.63	200m: 2:40.79 42.72	300m: 4:23.44 51.71				
38.	Carla Laranjeira Marques	00	Sporting de Aveiro	5:42.16	+0,75	482	
	<i>FTL</i>						
	50m: 34.39 34.39	150m: 2:01.46 44.44	250m: 3:33.52 49.24	350m: 5:04.45 40.59	400m: 5:42.16 37.71		
	100m: 1:17.02 42.63	200m: 2:44.28 42.82	300m: 4:23.86 50.34				

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Event 16, Women, 400m Medley, Prelim, Open

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts	
39.	Ana Rita Cruz	00	Gespacos	5:45.17	+0,89	470		
	<i>FTL</i>							
	50m: 36.09	36.09	150m: 2:05.83	46.64	250m: 3:36.75	47.11	350m: 5:05.57	40.09
	100m: 1:19.19	43.10	200m: 2:49.64	43.81	300m: 4:25.48	48.73	400m: 5:45.17	39.60
DSQ	Molly Dinneen	98	Connacht Swimming	<i>609 - Não terminou percurso de costas na posição dorsal - SW 6.5</i>				
DSQ	Keena Walsh	96	Galway	<i>403 - Falsa partida - SW 4.4</i>				
DSQ	Mariana Silva Ramos	00	Sporting	<i>FTL, 724 - Não tocou com as mãos na parede separadas ou simultaneamente na viragem aos 250 m - SW 7.6</i>				
DNS	Ines Rocha Silva	00	Alcobaca					

Event 16 Girls, 400m Medley Juvenis
25-07-2014 - 9:50 Results Prelim

Rec Nac Open	4:46.85	Victoria Kaminskaya	PIMP	Coimbra	01-06-2014
Rec Nac Juv B	5:01.04	Susana Patricia Miguel	SFUAP	Lisboa	08-07-2004
Rec Nac Juv A	4:58.08	Diana Margarida Duraes	FOCA	Póvoa de Varzim	05-08-2011

TAC-JUVAF Juv A: 5:31.05 / TAC-JUVBF Juv B: 5:40.60

Points: FINA 2014

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts	
1.	Rita Costa Amador	99	Galitos	5:13.04	+0,73	630		
	50m: 32.79	32.79	150m: 1:52.36	40.65	250m: 3:17.51	44.63	350m: 4:38.78	35.22
	100m: 1:11.71	38.92	200m: 2:32.88	40.52	300m: 4:03.56	46.05	400m: 5:13.04	34.26
2.	Ana Beatriz Martins	99	Famalicao	5:13.07	+0,79	630		
	50m: 32.69	32.69	150m: 1:53.64	42.58	250m: 3:18.55	43.99	350m: 4:38.89	36.39
	100m: 1:11.06	38.37	200m: 2:34.56	40.92	300m: 4:02.50	43.95	400m: 5:13.07	34.18
3.	Madalena Gomes Azevedo	99	Alges	5:13.44	+0,90	628		
	50m: 32.80	32.80	150m: 1:52.92	40.99	250m: 3:16.95	44.17	350m: 4:38.05	36.47
	100m: 1:11.93	39.13	200m: 2:32.78	39.86	300m: 4:01.58	44.63	400m: 5:13.44	35.39
4.	Teresa Miguel Veloso	00	Nautico /Urgicentro-Sanfil	5:16.63	+0,76	609		
	50m: 32.92	32.92	150m: 1:53.42	41.43	250m: 3:18.98	45.07	350m: 4:40.97	35.90
	100m: 1:11.99	39.07	200m: 2:33.91	40.49	300m: 4:05.07	46.09	400m: 5:16.63	35.66
5.	Giovanna Vaz Vargas	00	Nautico Marinha Grande	5:17.88	+0,87	602		
	50m: 33.31	33.31	150m: 1:50.96	41.06	250m: 3:17.43	45.22	350m: 4:41.72	37.51
	100m: 1:09.90	36.59	200m: 2:32.21	41.25	300m: 4:04.21	46.78	400m: 5:17.88	36.16
6.	Barbara Coimbra Teodosio	99	Nautico Marinha Grande	5:22.96	+1,09	574		
	50m: 33.48	33.48	150m: 1:54.95	42.93	250m: 3:24.36	46.92	350m: 4:48.63	36.84
	100m: 1:12.02	38.54	200m: 2:37.44	42.49	300m: 4:11.79	47.43	400m: 5:22.96	34.33
7.	Ana Miguel Reis	00	Columbofila Cantanhedense	5:25.06	+0,84	563		
	50m: 34.40	34.40	150m: 1:55.36	41.21	250m: 3:23.69	48.13	350m: 4:48.89	37.11
	100m: 1:14.15	39.75	200m: 2:35.56	40.20	300m: 4:11.78	48.09	400m: 5:25.06	36.17
8.	Monica Seara Domingues	00	Nautico Marinha Grande	5:26.01	+0,83	558		
	50m: 34.34	34.34	150m: 1:56.14	42.53	250m: 3:24.34	47.62	350m: 4:49.74	37.89
	100m: 1:13.61	39.27	200m: 2:36.72	40.58	300m: 4:11.85	47.51	400m: 5:26.01	36.27

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Event 16, Girls, 400m Medley, Prelim, Juvenis

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
9.	Beatriz Lopes Pinto	99	Academica de Coimbra	5:27.05	+0,82	552	
	50m: 34.73 34.73	150m: 1:56.11 42.03	250m: 3:24.28 47.18	350m: 4:50.68 37.23	400m: 5:27.05 36.37		
	100m: 1:14.08 39.35	200m: 2:37.10 40.99	300m: 4:13.45 49.17				
10.	Ana Margarida Salgueiro	99	Nautico Abrantes	5:29.40	+1,00	541	
	50m: 36.36 36.36	150m: 1:59.40 41.56	250m: 3:27.45 45.92	350m: 4:52.21 38.34	400m: 5:29.40 37.19		
	100m: 1:17.84 41.48	200m: 2:41.53 42.13	300m: 4:13.87 46.42				
11.	Sara Costa Guerra	99	Sporting	5:31.86	+0,75	529	
	<i>FTL</i>						
	50m: 33.87 33.87	150m: 1:56.58 43.51	250m: 3:28.73 49.39	350m: 4:56.16 38.18	400m: 5:31.86 35.70		
	100m: 1:13.07 39.20	200m: 2:39.34 42.76	300m: 4:17.98 49.25				
12.	Sara Kalinovicova Guerreiro	00	FC Ferreiras	5:32.52	+0,87	526	
	50m: 34.91 34.91	150m: 2:04.35 46.87	250m: 3:32.17 44.33	350m: 4:56.73 39.20	400m: 5:32.52 35.79		
	100m: 1:17.48 42.57	200m: 2:47.84 43.49	300m: 4:17.53 45.36				
13.	Margarida Reconha Marques	00	Nautico Marinha Grande	5:32.97	+0,92	523	
	50m: 34.88 34.88	150m: 1:59.29 43.78	250m: 3:28.90 47.51	350m: 4:55.79 38.00	400m: 5:32.97 37.18		
	100m: 1:15.51 40.63	200m: 2:41.39 42.10	300m: 4:17.79 48.89				
14.	Raquel Leao Monteiro	00	Gespacos	5:35.59	+1,15	511	
	50m: 36.02 36.02	150m: 2:00.14 43.31	250m: 3:31.32 48.95	350m: 4:58.28 37.83	400m: 5:35.59 37.31		
	100m: 1:16.83 40.81	200m: 2:42.37 42.23	300m: 4:20.45 49.13				
15.	Helena Neto Costa	00	Gespacos	5:37.60	+0,85	502	
	50m: 34.37 34.37	150m: 1:58.54 44.22	250m: 3:29.73 48.24	350m: 4:58.69 39.26	400m: 5:37.60 38.91		
	100m: 1:14.32 39.95	200m: 2:41.49 42.95	300m: 4:19.43 49.70				
16.	Eliana Dirce Lourenco	00	Galitos	5:39.09	+0,76	496	
	50m: 34.48 34.48	150m: 1:58.07 42.96	250m: 3:31.73 50.94	350m: 5:00.78 37.34	400m: 5:39.09 38.31		
	100m: 1:15.11 40.63	200m: 2:40.79 42.72	300m: 4:23.44 51.71				
17.	Carla Laranjeira Marques	00	Sporting de Aveiro	5:42.16	+0,75	482	
	<i>FTL</i>						
	50m: 34.39 34.39	150m: 2:01.46 44.44	250m: 3:33.52 49.24	350m: 5:04.45 40.59	400m: 5:42.16 37.71		
	100m: 1:17.02 42.63	200m: 2:44.28 42.82	300m: 4:23.86 50.34				
18.	Ana Rita Cruz	00	Gespacos	5:45.17	+0,89	470	
	<i>FTL</i>						
	50m: 36.09 36.09	150m: 2:05.83 46.64	250m: 3:36.75 47.11	350m: 5:05.57 40.09	400m: 5:45.17 39.60		
	100m: 1:19.19 43.10	200m: 2:49.64 43.81	300m: 4:25.48 48.73				
DSQ	Mariana Silva Ramos	00	Sporting				
	<i>FTL, 724 - Não tocou com as mãos na parede separadas ou simultaneamente na viragem aos 250 m - SW 7.6</i>						
DNS	Ines Rocha Silva	00	Alcobaca				

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Event 16, Women, 400m Medley, Prelim

Event 16 Women, 400m Medley Absolutos
25-07-2014 - 9:50 Results Prelim

Rec Nac Open	4:46.85	Victoria Kaminskaya	PIMP	Coimbra	01-06-2014
Rec Nac Jun16	4:57.84	Victoria Kaminskaya	PIMP	Oeiras	19-02-2011
Rec Nac Jun17	4:52.12	Victoria Kaminskaya	PIMP	Oeiras	27-07-2012
Rec Nac Sen	4:46.85	Victoria Kaminskaya	PIMP	Coimbra	01-06-2014

TAC-JUN1F Jun16: 5:24.68 / TAC-JUN2F Jun17: 5:21.50 / TAC-SENF Sen: 5:18.32

Points: FINA 2014

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
1.	Victoria Kaminskaya	95	Pimpoes/Cimai	4:56.46	+0,71	742	
	50m: 31.57 31.57	150m: 1:45.73 39.47	250m: 3:04.94 41.49	350m: 4:21.88 35.59			
	100m: 1:06.26 34.69	200m: 2:23.45 37.72	300m: 3:46.29 41.35	400m: 4:56.46 34.58			
2.	Nadia Morais Vieira	90	Gesloures	5:00.01	+0,70	716	
	50m: 31.19 31.19	150m: 1:47.47 40.01	250m: 3:09.26 42.76	350m: 4:26.66 34.62			
	100m: 1:07.46 36.27	200m: 2:26.50 39.03	300m: 3:52.04 42.78	400m: 5:00.01 33.35			
3.	Filipa Vilas Ruivo	97	Nautico Marinha Grande	5:05.67	+0,82	677	
	50m: 32.14 32.14	150m: 1:49.51 40.18	250m: 3:12.73 42.93	350m: 4:31.75 34.61			
	100m: 1:09.33 37.19	200m: 2:29.80 40.29	300m: 3:57.14 44.41	400m: 5:05.67 33.92			
4.	Ana Catarina Monteiro	93	Vilacondense	5:07.64	+0,78	664	
	50m: 31.34 31.34	150m: 1:48.62 41.51	250m: 3:12.83 44.61	350m: 4:33.21 35.70			
	100m: 1:07.11 35.77	200m: 2:28.22 39.60	300m: 3:57.51 44.68	400m: 5:07.64 34.43			
5.	Maria Teresa Amorim	97	Porto	5:09.60	+1,00	651	
	50m: 32.90 32.90	150m: 1:51.34 40.55	250m: 3:16.34 45.01	350m: 4:35.17 35.14			
	100m: 1:10.79 37.89	200m: 2:31.33 39.99	300m: 4:00.03 43.69	400m: 5:09.60 34.43			
6.	Carolina Mantua Guedes	98	Sporting	5:10.02	+0,77	649	
	50m: 31.33 31.33	150m: 1:49.04 41.61	250m: 3:15.58 44.70	350m: 4:35.87 34.68			
	100m: 1:07.43 36.10	200m: 2:30.88 41.84	300m: 4:01.19 45.61	400m: 5:10.02 34.15			
7.	Ana Monica Eloí	96	Nautico Marinha Grande	5:10.21	+0,87	647	
	50m: 32.35 32.35	150m: 1:49.90 40.54	250m: 3:13.28 43.49	350m: 4:34.59 36.45			
	100m: 1:09.36 37.01	200m: 2:29.79 39.89	300m: 3:58.14 44.86	400m: 5:10.21 35.62			
8.	Ana Teresa Franco	91	Sporting	5:12.33	+0,83	634	
	50m: 33.33 33.33	150m: 1:53.68 41.75	250m: 3:16.16 42.23	350m: 4:36.17 36.96			
	100m: 1:11.93 38.60	200m: 2:33.93 40.25	300m: 3:59.21 43.05	400m: 5:12.33 36.16			
9.	Ana Beatriz Pereira	91	Colegio Vasco da Gama	5:14.59	+0,68	621	
	50m: 31.89 31.89	150m: 1:52.48 43.79	250m: 3:18.51 42.83	350m: 4:38.61 36.42			
	100m: 1:08.69 36.80	200m: 2:35.68 43.20	300m: 4:02.19 43.68	400m: 5:14.59 35.98			
10.	Sofia Prates Silvestre	95	Naval Amorense	5:16.48	+0,72	610	
	50m: 32.06 32.06	150m: 1:50.78 41.31	250m: 3:18.52 46.91	350m: 4:41.20 35.58			
	100m: 1:09.47 37.41	200m: 2:31.61 40.83	300m: 4:05.62 47.10	400m: 5:16.48 35.28			
11.	Demi Ferreira Lopes	98	Portinado	5:17.19	+0,67	606	
	50m: 32.28 32.28	150m: 1:51.47 41.27	250m: 3:18.97 46.99	350m: 4:42.34 35.39			
	100m: 1:10.20 37.92	200m: 2:31.98 40.51	300m: 4:06.95 47.98	400m: 5:17.19 34.85			
12.	Helena Paula Carvalho	95	Uniao Piedense	5:17.25	+0,70	605	
	50m: 33.50 33.50	150m: 1:51.83 40.39	250m: 3:19.29 47.50	350m: 4:42.75 35.90			
	100m: 1:11.44 37.94	200m: 2:31.79 39.96	300m: 4:06.85 47.56	400m: 5:17.25 34.50			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Event 16, Women, 400m Medley, Prelim, Absolutos

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
13.	Joana Dias Santos	96	Uniao Piedense	5:20.40	+0,73	588	
	<i>FTL</i>						
	50m: 33.78 33.78	150m: 1:57.21 43.45	250m: 3:20.52 41.27	350m: 4:43.08 38.85			
	100m: 1:13.76 39.98	200m: 2:39.25 42.04	300m: 4:04.23 43.71	400m: 5:20.40 37.32			
14.	Barbara Marques Rodrigues	97	Alges	5:21.70	+0,96	580	
	<i>FTL</i>						
	50m: 33.31 33.31	150m: 1:55.11 42.40	250m: 3:23.50 47.11	350m: 4:46.71 36.44			
	100m: 1:12.71 39.40	200m: 2:36.39 41.28	300m: 4:10.27 46.77	400m: 5:21.70 34.99			
15.	Margarida Domingues Duarte	97	Nautico Marinha Grande	5:31.52	+0,88	530	
	<i>FTL</i>						
	50m: 34.23 34.23	150m: 1:59.82 44.30	250m: 3:29.61 47.45	350m: 4:54.69 37.64			
	100m: 1:15.52 41.29	200m: 2:42.16 42.34	300m: 4:17.05 47.44	400m: 5:31.52 36.83			

Event 16
25-07-2014 - 9:50

Women, 400m Medley

Seniores
Results Prelim

Rec Nac Open	4:46.85	Victoria Kaminskaya	PIMP	Coimbra	01-06-2014
Rec Nac Sen	4:46.85	Victoria Kaminskaya	PIMP	Coimbra	01-06-2014

TAC-SENF : 5:18.32

Points: FINA 2014

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
1.	Victoria Kaminskaya	95	Pimpoes/Cimai	4:56.46	+0,71	742	
	50m: 31.57 31.57	150m: 1:45.73 39.47	250m: 3:04.94 41.49	350m: 4:21.88 35.59			
	100m: 1:06.26 34.69	200m: 2:23.45 37.72	300m: 3:46.29 41.35	400m: 4:56.46 34.58			
2.	Nadia Morais Vieira	90	Gesloures	5:00.01	+0,70	716	
	50m: 31.19 31.19	150m: 1:47.47 40.01	250m: 3:09.26 42.76	350m: 4:26.66 34.62			
	100m: 1:07.46 36.27	200m: 2:26.50 39.03	300m: 3:52.04 42.78	400m: 5:00.01 33.35			
3.	Ana Catarina Monteiro	93	Vilacondense	5:07.64	+0,78	664	
	50m: 31.34 31.34	150m: 1:48.62 41.51	250m: 3:12.83 44.61	350m: 4:33.21 35.70			
	100m: 1:07.11 35.77	200m: 2:28.22 39.60	300m: 3:57.51 44.68	400m: 5:07.64 34.43			
4.	Ana Monica Eloi	96	Nautico Marinha Grande	5:10.21	+0,87	647	
	50m: 32.35 32.35	150m: 1:49.90 40.54	250m: 3:13.28 43.49	350m: 4:34.59 36.45			
	100m: 1:09.36 37.01	200m: 2:29.79 39.89	300m: 3:58.14 44.86	400m: 5:10.21 35.62			
5.	Ana Teresa Franco	91	Sporting	5:12.33	+0,83	634	
	50m: 33.33 33.33	150m: 1:53.68 41.75	250m: 3:16.16 42.23	350m: 4:36.17 36.96			
	100m: 1:11.93 38.60	200m: 2:33.93 40.25	300m: 3:59.21 43.05	400m: 5:12.33 36.16			
6.	Ana Beatriz Pereira	91	Colegio Vasco da Gama	5:14.59	+0,68	621	
	50m: 31.89 31.89	150m: 1:52.48 43.79	250m: 3:18.51 42.83	350m: 4:38.61 36.42			
	100m: 1:08.69 36.80	200m: 2:35.68 43.20	300m: 4:02.19 43.68	400m: 5:14.59 35.98			
7.	Sofia Prates Silvestre	95	Naval Amorense	5:16.48	+0,72	610	
	50m: 32.06 32.06	150m: 1:50.78 41.31	250m: 3:18.52 46.91	350m: 4:41.20 35.58			
	100m: 1:09.47 37.41	200m: 2:31.61 40.83	300m: 4:05.62 47.10	400m: 5:16.48 35.28			
8.	Helena Paula Carvalho	95	Uniao Piedense	5:17.25	+0,70	605	
	50m: 33.50 33.50	150m: 1:51.83 40.39	250m: 3:19.29 47.50	350m: 4:42.75 35.90			
	100m: 1:11.44 37.94	200m: 2:31.79 39.96	300m: 4:06.85 47.56	400m: 5:17.25 34.50			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Event 16, Women, 400m Medley, Prelim, Seniores

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
9.	Joana Dias Santos	96	Uniao Piedense	5:20.40	+0,73	588	
	<i>FTL</i>						
	50m: 33.78 33.78	150m: 1:57.21 43.45	250m: 3:20.52 41.27	350m: 4:43.08 38.85			
	100m: 1:13.76 39.98	200m: 2:39.25 42.04	300m: 4:04.23 43.71	400m: 5:20.40 37.32			

Event 16 Women, 400m Medley Junior 17
25-07-2014 - 9:50 Results Prelim

Rec Nac Open	4:46.85	Victoria Kaminskaya	PIMP	Coimbra	01-06-2014
Rec Nac Jun17	4:52.12	Victoria Kaminskaya	PIMP	Oeiras	27-07-2012

TAC-JUN2F : 5:21.50

Points: FINA 2014

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
1.	Filipa Vilas Ruivo	97	Nautico Marinha Grande	5:05.67	+0,82	677	
	50m: 32.14 32.14	150m: 1:49.51 40.18	250m: 3:12.73 42.93	350m: 4:31.75 34.61			
	100m: 1:09.33 37.19	200m: 2:29.80 40.29	300m: 3:57.14 44.41	400m: 5:05.67 33.92			
2.	Maria Teresa Amorim	97	Porto	5:09.60	+1,00	651	
	50m: 32.90 32.90	150m: 1:51.34 40.55	250m: 3:16.34 45.01	350m: 4:35.17 35.14			
	100m: 1:10.79 37.89	200m: 2:31.33 39.99	300m: 4:00.03 43.69	400m: 5:09.60 34.43			
3.	Barbara Marques Rodrigues	97	Alges	5:21.70	+0,96	580	
	<i>FTL</i>						
	50m: 33.31 33.31	150m: 1:55.11 42.40	250m: 3:23.50 47.11	350m: 4:46.71 36.44			
	100m: 1:12.71 39.40	200m: 2:36.39 41.28	300m: 4:10.27 46.77	400m: 5:21.70 34.99			
4.	Margarida Domingues Duarte	97	Nautico Marinha Grande	5:31.52	+0,88	530	
	<i>FTL</i>						
	50m: 34.23 34.23	150m: 1:59.82 44.30	250m: 3:29.61 47.45	350m: 4:54.69 37.64			
	100m: 1:15.52 41.29	200m: 2:42.16 42.34	300m: 4:17.05 47.44	400m: 5:31.52 36.83			

Event 16 Girls, 400m Medley Junior 16
25-07-2014 - 9:50 Results Prelim

Rec Nac Open	4:46.85	Victoria Kaminskaya	PIMP	Coimbra	01-06-2014
Rec Nac Jun16	4:57.84	Victoria Kaminskaya	PIMP	Oeiras	19-02-2011

TAC-JUN1F : 5:24.68

Points: FINA 2014

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
1.	Carolina Mantua Guedes	98	Sporting	5:10.02	+0,77	649	
	50m: 31.33 31.33	150m: 1:49.04 41.61	250m: 3:15.58 44.70	350m: 4:35.87 34.68			
	100m: 1:07.43 36.10	200m: 2:30.88 41.84	300m: 4:01.19 45.61	400m: 5:10.02 34.15			
2.	Demi Ferreira Lopes	98	Portinado	5:17.19	+0,67	606	
	50m: 32.28 32.28	150m: 1:51.47 41.27	250m: 3:18.97 46.99	350m: 4:42.34 35.39			
	100m: 1:10.20 37.92	200m: 2:31.98 40.51	300m: 4:06.95 47.98	400m: 5:17.19 34.85			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Event 16, Women, 400m Medley, Prelim

Event 16 Girls, 400m Medley Juvenis A
25-07-2014 - 9:50 Results Prelim

Rec Nac Open	4:46.85	Victoria Kaminskaya	PIMP	Coimbra	01-06-2014
Rec Nac Juv A	4:58.08	Diana Margarida Duraes	FOCA	Póvoa de Varzim	05-08-2011

TAC-JUVAF : 5:31.05

Points: FINA 2014

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
1.	Rita Costa Amador	99	Galitos	5:13.04	+0,73	630	
	50m: 32.79 32.79	150m: 1:52.36 40.65	250m: 3:17.51 44.63	350m: 4:38.78 35.22	400m: 5:13.04 34.26		
	100m: 1:11.71 38.92	200m: 2:32.88 40.52	300m: 4:03.56 46.05				
2.	Ana Beatriz Martins	99	Famalicao	5:13.07	+0,79	630	
	50m: 32.69 32.69	150m: 1:53.64 42.58	250m: 3:18.55 43.99	350m: 4:38.89 36.39	400m: 5:13.07 34.18		
	100m: 1:11.06 38.37	200m: 2:34.56 40.92	300m: 4:02.50 43.95				
3.	Madalena Gomes Azevedo	99	Alges	5:13.44	+0,90	628	
	50m: 32.80 32.80	150m: 1:52.92 40.99	250m: 3:16.95 44.17	350m: 4:38.05 36.47	400m: 5:13.44 35.39		
	100m: 1:11.93 39.13	200m: 2:32.78 39.86	300m: 4:01.58 44.63				
4.	Barbara Coimbra Teodosio	99	Nautico Marinha Grande	5:22.96	+1,09	574	
	50m: 33.48 33.48	150m: 1:54.95 42.93	250m: 3:24.36 46.92	350m: 4:48.63 36.84	400m: 5:22.96 34.33		
	100m: 1:12.02 38.54	200m: 2:37.44 42.49	300m: 4:11.79 47.43				
5.	Beatriz Lopes Pinto	99	Academica de Coimbra	5:27.05	+0,82	552	
	50m: 34.73 34.73	150m: 1:56.11 42.03	250m: 3:24.28 47.18	350m: 4:50.68 37.23	400m: 5:27.05 36.37		
	100m: 1:14.08 39.35	200m: 2:37.10 40.99	300m: 4:13.45 49.17				
6.	Ana Margarida Salgueiro	99	Nautico Abrantes	5:29.40	+1,00	541	
	50m: 36.36 36.36	150m: 1:59.40 41.56	250m: 3:27.45 45.92	350m: 4:52.21 38.34	400m: 5:29.40 37.19		
	100m: 1:17.84 41.48	200m: 2:41.53 42.13	300m: 4:13.87 46.42				
7.	Sara Costa Guerra	99	Sporting	5:31.86	+0,75	529	
	<i>FTL</i>						
	50m: 33.87 33.87	150m: 1:56.58 43.51	250m: 3:28.73 49.39	350m: 4:56.16 38.18	400m: 5:31.86 35.70		
	100m: 1:13.07 39.20	200m: 2:39.34 42.76	300m: 4:17.98 49.25				

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Event 16, Women, 400m Medley, Prelim

Event 16 Girls, 400m Medley Juvenis B
25-07-2014 - 9:50 Results Prelim

Rec Nac Open	4:46.85	Victoria Kaminskaya	PIMP	Coimbra	01-06-2014
Rec Nac Juv B	5:01.04	Susana Patricia Miguel	SFUAP	Lisboa	08-07-2004

TAC-JUVBF : 5:40.60

Points: FINA 2014

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
1.	Teresa Miguel Veloso	00	Nautico /Urgicentro-Sanfil	5:16.63	+0,76	609	
	50m: 32.92 32.92	150m: 1:53.42 41.43	250m: 3:18.98 45.07	350m: 4:40.97 35.90	400m: 5:16.63 35.66		
	100m: 1:11.99 39.07	200m: 2:33.91 40.49	300m: 4:05.07 46.09				
2.	Giovanna Vaz Vargas	00	Nautico Marinha Grande	5:17.88	+0,87	602	
	50m: 33.31 33.31	150m: 1:50.96 41.06	250m: 3:17.43 45.22	350m: 4:41.72 37.51	400m: 5:17.88 36.16		
	100m: 1:09.90 36.59	200m: 2:32.21 41.25	300m: 4:04.21 46.78				
3.	Ana Miguel Reis	00	Columbofila Cantanhedense	5:25.06	+0,84	563	
	50m: 34.40 34.40	150m: 1:55.36 41.21	250m: 3:23.69 48.13	350m: 4:48.89 37.11	400m: 5:25.06 36.17		
	100m: 1:14.15 39.75	200m: 2:35.56 40.20	300m: 4:11.78 48.09				
4.	Monica Seara Domingues	00	Nautico Marinha Grande	5:26.01	+0,83	558	
	50m: 34.34 34.34	150m: 1:56.14 42.53	250m: 3:24.34 47.62	350m: 4:49.74 37.89	400m: 5:26.01 36.27		
	100m: 1:13.61 39.27	200m: 2:36.72 40.58	300m: 4:11.85 47.51				
5.	Sara Kalinovicova Guerreiro	00	FC Ferreiras	5:32.52	+0,87	526	
	50m: 34.91 34.91	150m: 2:04.35 46.87	250m: 3:32.17 44.33	350m: 4:56.73 39.20	400m: 5:32.52 35.79		
	100m: 1:17.48 42.57	200m: 2:47.84 43.49	300m: 4:17.53 45.36				
6.	Margarida Reconha Marques	00	Nautico Marinha Grande	5:32.97	+0,92	523	
	50m: 34.88 34.88	150m: 1:59.29 43.78	250m: 3:28.90 47.51	350m: 4:55.79 38.00	400m: 5:32.97 37.18		
	100m: 1:15.51 40.63	200m: 2:41.39 42.10	300m: 4:17.79 48.89				
7.	Raquel Leao Monteiro	00	Gespacos	5:35.59	+1,15	511	
	50m: 36.02 36.02	150m: 2:00.14 43.31	250m: 3:31.32 48.95	350m: 4:58.28 37.83	400m: 5:35.59 37.31		
	100m: 1:16.83 40.81	200m: 2:42.37 42.23	300m: 4:20.45 49.13				
8.	Helena Neto Costa	00	Gespacos	5:37.60	+0,85	502	
	50m: 34.37 34.37	150m: 1:58.54 44.22	250m: 3:29.73 48.24	350m: 4:58.69 39.26	400m: 5:37.60 38.91		
	100m: 1:14.32 39.95	200m: 2:41.49 42.95	300m: 4:19.43 49.70				
9.	Eliana Dirce Lourenco	00	Galitos	5:39.09	+0,76	496	
	50m: 34.48 34.48	150m: 1:58.07 42.96	250m: 3:31.73 50.94	350m: 5:00.78 37.34	400m: 5:39.09 38.31		
	100m: 1:15.11 40.63	200m: 2:40.79 42.72	300m: 4:23.44 51.71				
10.	Carla Laranjeira Marques	00	Sporting de Aveiro	5:42.16	+0,75	482	
	<i>FTL</i>						
	50m: 34.39 34.39	150m: 2:01.46 44.44	250m: 3:33.52 49.24	350m: 5:04.45 40.59	400m: 5:42.16 37.71		
	100m: 1:17.02 42.63	200m: 2:44.28 42.82	300m: 4:23.86 50.34				
11.	Ana Rita Cruz	00	Gespacos	5:45.17	+0,89	470	
	<i>FTL</i>						
	50m: 36.09 36.09	150m: 2:05.83 46.64	250m: 3:36.75 47.11	350m: 5:05.57 40.09	400m: 5:45.17 39.60		
	100m: 1:19.19 43.10	200m: 2:49.64 43.81	300m: 4:25.48 48.73				

DSQ Mariana Silva Ramos 00 Sporting
FTL, 724 - Não tocou com as mãos na parede separadas ou simultaneamente na viragem aos 250 m - SW 7.6

DNS Ines Rocha Silva 00 Alcobaca

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição