

Event 36 Men, 400m Freestyle Open
26-07-2014 - 12:30 Results Prelim

Rec Nac Open	3:52.29	Jorge Manuel Maia	FPN	Málaga (ESP)	05-04-2009
Rec Nac Inf B	4:28.42	Pedro Fontoura Oliveira	CFB	Restelo	26-07-2003
Rec Nac Inf A	4:15.99	Pedro Fontoura Oliveira	CFB	Badajoz (ESP)	11-07-2004
Rec Nac Juv B	4:06.22	Rui Filipe Costa	VSC	Coimbra	29-07-2006
Rec Nac Juv A	3:59.38	Gustavo Manuel Santa	FPN	Tampere (FIN)	21-07-2009
Rec Nac Jun17	3:57.15	Gustavo Manuel Santa	FPN	Helsinki (FIN)	14-07-2010
Rec Nac Jun18	3:58.26	Ivo Emanuel Carneiro	FPN	Linz (AUT)	12-07-2002
Rec Nac Sen	3:52.29	Jorge Manuel Maia	FPN	Málaga (ESP)	05-04-2009

TAC-JUVAM Juv A: 4:28.29 / TAC-JUVBM Juv B: 4:33.31 / TAC-SENM Sen: 4:10.74

Points: FINA 2014

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
1.	Pedro Miguel Pinotes	89	Sporting	3:59.10	+0,71	779	
	50m: 27.25 27.25	150m: 1:28.59 30.74	250m: 2:29.43 30.63	350m: 3:29.92 30.08			
	100m: 57.85 30.60	200m: 1:58.80 30.21	300m: 2:59.84 30.41	400m: 3:59.10 29.18			
2.	Thomas Howley	96	Great Britain	4:00.41	+0,84	767	
	50m: 28.33 28.33	150m: 1:29.37 30.68	250m: 2:30.16 30.14	350m: 3:31.07 29.99			
	100m: 58.69 30.36	200m: 2:00.02 30.65	300m: 3:01.08 30.92	400m: 4:00.41 29.34			
3.	Domenico Acerenza	95	CN Lucano Savigi - PZ	4:00.64	+0,71	764	
	50m: 27.85 27.85	150m: 1:27.10 29.88	250m: 2:28.20 30.59	350m: 3:30.73 30.88			
	100m: 57.22 29.37	200m: 1:57.61 30.51	300m: 2:59.85 31.65	400m: 4:00.64 29.91			
4.	Adam Paulsson	95	Sweden	4:01.30	+0,74	758	
	50m: 27.79 27.79	150m: 1:28.89 30.79	250m: 2:30.60 30.78	350m: 3:31.95 30.49			
	100m: 58.10 30.31	200m: 1:59.82 30.93	300m: 3:01.46 30.86	400m: 4:01.30 29.35			
5.	Brendan Gibbons	95	Castlebar	4:01.62	+0,78	755	
	50m: 27.99 27.99	150m: 1:29.66 30.91	250m: 2:30.66 30.31	350m: 3:31.97 30.71			
	100m: 58.75 30.76	200m: 2:00.35 30.69	300m: 3:01.26 30.60	400m: 4:01.62 29.65			
6.	Kyle Chisholm	97	Great Britain	4:02.91	+0,73	743	
	50m: 28.14 28.14	150m: 1:30.31 31.22	250m: 2:32.11 30.31	350m: 3:33.36 30.58			
	100m: 59.09 30.95	200m: 2:01.80 31.49	300m: 3:02.78 30.67	400m: 4:02.91 29.55			
7.	Mario Andre Bonanca	90	Sporting	4:03.18	+0,76	741	
	50m: 27.83 27.83	150m: 1:28.32 30.29	250m: 2:29.69 30.73	350m: 3:32.10 31.34			
	100m: 58.03 30.20	200m: 1:58.96 30.64	300m: 3:00.76 31.07	400m: 4:03.18 31.08			
8.	Rafael Lourenco Gil	96	Naval Amorense	4:04.36	+0,74	730	
	50m: 28.89 28.89	150m: 1:31.14 31.12	250m: 2:33.17 30.85	350m: 3:35.03 30.82			
	100m: 1:00.02 31.13	200m: 2:02.32 31.18	300m: 3:04.21 31.04	400m: 4:04.36 29.33			
9.	Benjamin Kerry	96	Great Britain	4:05.32	+0,70	721	
	50m: 28.52 28.52	150m: 1:30.87 30.95	250m: 2:30.69 29.48	350m: 3:33.38 31.57			
	100m: 59.92 31.40	200m: 2:01.21 30.34	300m: 3:01.81 31.12	400m: 4:05.32 31.94			
10.	Ricardo Ferreira Cotovio	91	Sporting	4:05.36	+0,72	721	
	50m: 27.81 27.81	150m: 1:29.24 30.86	250m: 2:32.05 31.31	350m: 3:35.35 31.48			
	100m: 58.38 30.57	200m: 2:00.74 31.50	300m: 3:03.87 31.82	400m: 4:05.36 30.01			
11.	Guilherme Pereira Dias	97	Sporting	4:06.65	+0,72	710	
	50m: 28.55 28.55	150m: 1:31.83 31.91	250m: 2:35.16 31.40	350m: 3:36.80 30.52			
	100m: 59.92 31.37	200m: 2:03.76 31.93	300m: 3:06.28 31.12	400m: 4:06.65 29.85			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Event 36, Men, 400m Freestyle, Prelim, Open

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts	
12.	Bradley Lynch	96	Great Britain	4:07.10	+0,72	706		
	50m: 28.94	28.94	150m: 1:32.11	31.93	250m: 2:35.53	31.51	350m: 3:37.32	30.21
	100m: 1:00.18	31.24	200m: 2:04.02	31.91	300m: 3:07.11	31.58	400m: 4:07.10	29.78
	Luis Emanuel Vaz	91	Famalicao	4:07.10	+0,80	706		
	50m: 27.92	27.92	150m: 1:29.23	31.05	250m: 2:31.27	31.01	350m: 3:35.11	32.01
	100m: 58.18	30.26	200m: 2:00.26	31.03	300m: 3:03.10	31.83	400m: 4:07.10	31.99
14.	Archie Mitchell	96	Great Britain	4:07.47	+0,62	703		
	50m: 27.98	27.98	150m: 1:30.93	31.49	250m: 2:34.27	31.53	350m: 3:36.87	31.02
	100m: 59.44	31.46	200m: 2:02.74	31.81	300m: 3:05.85	31.58	400m: 4:07.47	30.60
15.	Joao Pedro Gil	97	Naval Amorense	4:07.95	+0,67	699		
	50m: 28.85	28.85	150m: 1:31.43	31.62	250m: 2:34.18	31.40	350m: 3:37.44	31.30
	100m: 59.81	30.96	200m: 2:02.78	31.35	300m: 3:06.14	31.96	400m: 4:07.95	30.51
16.	Goncalo Cardoso Carmo	96	Colegio Vasco da Gama	4:08.40	+0,61	695		
	50m: 28.63	28.63	150m: 1:30.83	31.41	250m: 2:33.42	31.15	350m: 3:37.23	32.35
	100m: 59.42	30.79	200m: 2:02.27	31.44	300m: 3:04.88	31.46	400m: 4:08.40	31.17
17.	Eoghan Grady	96	Castlebar	4:08.52	+0,68	694		
	50m: 28.65	28.65	150m: 1:32.40	31.84	250m: 2:35.52	30.48	350m: 3:38.22	31.14
	100m: 1:00.56	31.91	200m: 2:05.04	32.64	300m: 3:07.08	31.56	400m: 4:08.52	30.30
18.	Joao Pedro Belo	97	Sporting	4:08.99	+0,76	690		
	50m: 28.16	28.16	150m: 1:31.18	32.06	250m: 2:35.12	32.08	350m: 3:37.93	31.22
	100m: 59.12	30.96	200m: 2:03.04	31.86	300m: 3:06.71	31.59	400m: 4:08.99	31.06
19.	Bernardo Leitao Graca	93	Sporting	4:09.02	+0,74	690		
	50m: 29.22	29.22	150m: 1:33.65	32.44	250m: 2:36.58	30.70	350m: 3:38.50	31.01
	100m: 1:01.21	31.99	200m: 2:05.88	32.23	300m: 3:07.49	30.91	400m: 4:09.02	30.52
20.	Isak Eliasson	96	Sweden	4:09.35	+0,79	687		
	50m: 27.83	27.83	150m: 1:30.76	31.45	250m: 2:34.19	31.48	350m: 3:38.18	31.50
	100m: 59.31	31.48	200m: 2:02.71	31.95	300m: 3:06.68	32.49	400m: 4:09.35	31.17
21.	Tiago Silva Oliveira	94	Leixoes	4:09.44	+0,73	686		
	50m: 28.44	28.44	150m: 1:30.97	31.90	250m: 2:35.13	32.16	350m: 3:38.31	31.32
	100m: 59.07	30.63	200m: 2:02.97	32.00	300m: 3:06.99	31.86	400m: 4:09.44	31.13
22.	Eduardo Salgado Ramos	97	Porto	4:12.00	+0,78	666		
	50m: 27.83	27.83	150m: 1:30.65	31.61	250m: 2:35.05	32.10	350m: 3:41.11	33.34
	100m: 59.04	31.21	200m: 2:02.95	32.30	300m: 3:07.77	32.72	400m: 4:12.00	30.89
23.	Leonardo Peralta Reis	96	Benedita	4:12.01	+0,73	665		
	50m: 28.90	28.90	150m: 1:31.98	31.51	250m: 2:35.73	31.86	350m: 3:40.23	32.15
	100m: 1:00.47	31.57	200m: 2:03.87	31.89	300m: 3:08.08	32.35	400m: 4:12.01	31.78
24.	Joao Alexandre Vital	98	Colegio Monte Maior	4:12.15	+0,66	664		
	50m: 27.67	27.67	150m: 1:30.12	31.71	250m: 2:34.39	32.40	350m: 3:39.58	33.00
	100m: 58.41	30.74	200m: 2:01.99	31.87	300m: 3:06.58	32.19	400m: 4:12.15	32.57
25.	Alexandre Valdagua Coutinhc97	97	Columbofila Cantanhedense	4:12.35	+0,72	663		
	50m: 28.77	28.77	150m: 1:32.78	31.88	250m: 2:37.40	31.98	350m: 3:41.44	31.55
	100m: 1:00.90	32.13	200m: 2:05.42	32.64	300m: 3:09.89	32.49	400m: 4:12.35	30.91
26.	Guilherme Filipe Pina	98	Benedita	4:12.82	+0,70	659		
	50m: 28.62	28.62	150m: 1:31.88	32.15	250m: 2:36.47	32.34	350m: 3:41.54	32.46
	100m: 59.73	31.11	200m: 2:04.13	32.25	300m: 3:09.08	32.61	400m: 4:12.82	31.28

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Event 36, Men, 400m Freestyle, Prelim, Open

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
27.	Jose Paula Carvalho	98	Uniao Piedense	4:13.46	+0,77	654	
	50m: 29.06 29.06	150m: 1:32.89 32.43	250m: 2:36.86 31.21	350m: 3:41.94 32.81			
	100m: 1:00.46 31.40	200m: 2:05.65 32.76	300m: 3:09.13 32.27	400m: 4:13.46 31.52			
28.	Ricardo Eduardo Afonso	97	Braga	4:13.50	+0,68	654	
	50m: 28.46 28.46	150m: 1:31.76 31.90	250m: 2:36.36 32.43	350m: 3:42.07 33.11			
	100m: 59.86 31.40	200m: 2:03.93 32.17	300m: 3:08.96 32.60	400m: 4:13.50 31.43			
29.	Tomas Gomes Oliveira	99	Nautico Marinha Grande	4:13.59	+0,82	653	
	50m: 28.62 28.62	150m: 1:31.91 31.94	250m: 2:36.33 32.23	350m: 3:41.59 32.61			
	100m: 59.97 31.35	200m: 2:04.10 32.19	300m: 3:08.98 32.65	400m: 4:13.59 32.00			
30.	Joao Andre Neves FTL	95	Academica de Coimbra	4:13.76	+0,68	652	
	50m: 28.84 28.84	150m: 1:32.64 32.23	250m: 2:37.46 32.18	350m: 3:42.09 32.21			
	100m: 1:00.41 31.57	200m: 2:05.28 32.64	300m: 3:09.88 32.42	400m: 4:13.76 31.67			
31.	Joao Carlos Santos	96	Naval Amorense	4:14.30	+0,68	648	
	50m: 28.83 28.83	150m: 1:31.73 31.84	250m: 2:36.64 32.58	350m: 3:42.00 32.83			
	100m: 59.89 31.06	200m: 2:04.06 32.33	300m: 3:09.17 32.53	400m: 4:14.30 32.30			
32.	Goncalo Miguel Nogueira	98	Porto	4:14.39	+0,77	647	
	50m: 28.95 28.95	150m: 1:32.63 32.06	250m: 2:37.73 31.95	350m: 3:42.99 32.10			
	100m: 1:00.57 31.62	200m: 2:05.78 33.15	300m: 3:10.89 33.16	400m: 4:14.39 31.40			
33.	Ruben Jose Morim	97	Vilacondense	4:14.96	+0,73	643	
	50m: 28.41 28.41	150m: 1:31.59 32.22	250m: 2:37.72 33.31	350m: 3:43.61 33.11			
	100m: 59.37 30.96	200m: 2:04.41 32.82	300m: 3:10.50 32.78	400m: 4:14.96 31.35			
34.	Jose Henriques Luz	99	Nucleo Sportinguista Golega	4:15.90	+0,73	636	
	50m: 29.13 29.13	150m: 1:33.36 32.25	250m: 2:38.86 32.78	350m: 3:44.76 32.89			
	100m: 1:01.11 31.98	200m: 2:06.08 32.72	300m: 3:11.87 33.01	400m: 4:15.90 31.14			
35.	Francisco Xavier Goncalves	97	Nautico /Urgicentro-Sanfil	4:16.06	+0,67	634	
	50m: 29.44 29.44	150m: 1:34.45 32.74	250m: 2:40.20 32.64	350m: 3:45.37 32.37			
	100m: 1:01.71 32.27	200m: 2:07.56 33.11	300m: 3:13.00 32.80	400m: 4:16.06 30.69			
36.	Rafael Ladeiro Santos	98	Gesloures	4:16.55	+0,89	631	
	50m: 29.39 29.39	150m: 1:34.81 33.11	250m: 2:40.34 32.73	350m: 3:45.71 32.67			
	100m: 1:01.70 32.31	200m: 2:07.61 32.80	300m: 3:13.04 32.70	400m: 4:16.55 30.84			
37.	Alexandre Magno Carvalho	98	Fluvial Portuense	4:16.90	+0,75	628	
	50m: 29.18 29.18	150m: 1:34.56 32.97	250m: 2:40.23 32.56	350m: 3:45.48 32.37			
	100m: 1:01.59 32.41	200m: 2:07.67 33.11	300m: 3:13.11 32.88	400m: 4:16.90 31.42			
38.	Joao Costa Ferreira	98	Famalicao	4:16.95	+0,81	628	
	50m: 29.40 29.40	150m: 1:34.40 32.83	250m: 2:39.98 32.85	350m: 3:45.56 32.55			
	100m: 1:01.57 32.17	200m: 2:07.13 32.73	300m: 3:13.01 33.03	400m: 4:16.95 31.39			
39.	Joao Magalhaes Nunes	99	Amadora	4:17.39	+0,77	625	
	50m: 29.61 29.61	150m: 1:35.85 33.36	250m: 2:40.80 32.41	350m: 3:46.68 33.24			
	100m: 1:02.49 32.88	200m: 2:08.39 32.54	300m: 3:13.44 32.64	400m: 4:17.39 30.71			
40.	Andre Resende Pinheiro	97	Porto	4:17.41	+0,78	624	
	50m: 29.48 29.48	150m: 1:33.94 33.18	250m: 2:39.48 32.55	350m: 3:46.26 33.22			
	100m: 1:00.76 31.28	200m: 2:06.93 32.99	300m: 3:13.04 33.56	400m: 4:17.41 31.15			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Event 36, Men, 400m Freestyle, Prelim, Open

Rank	Nome	YB	Clube	Tempo Final				RT	Pts FINA	Pts
41.	David Emanuel Martins	97	Braga	4:17.61				+0,94	623	
	50m: 29.25 29.25	150m: 1:33.27 32.48	250m: 2:38.70 33.05	350m: 3:45.61 33.36	400m: 4:17.61 32.00					
	100m: 1:00.79 31.54	200m: 2:05.65 32.38	300m: 3:12.25 33.55							
42.	Rui Jorge Matias	99	Vilacondense	4:18.32				+0,82	618	
	50m: 29.55 29.55	150m: 1:35.92 33.53	250m: 2:41.64 32.75	350m: 3:46.97 32.58	400m: 4:18.32 31.35					
	100m: 1:02.39 32.84	200m: 2:08.89 32.97	300m: 3:14.39 32.75							
43.	Luis Carlos Oliveira	97	Porto	4:18.41				+0,75	617	
	50m: 29.56 29.56	150m: 1:34.74 32.82	250m: 2:40.30 32.65	350m: 3:46.23 33.21	400m: 4:18.41 32.18					
	100m: 1:01.92 32.36	200m: 2:07.65 32.91	300m: 3:13.02 32.72							
44.	Fabio Alcantara Aires	97	Naval Amorense	4:18.42				+0,84	617	
	50m: 28.16 28.16	150m: 1:30.57 31.69	250m: 2:36.04 33.16	350m: 3:45.04 34.62	400m: 4:18.42 33.38					
	100m: 58.88 30.72	200m: 2:02.88 32.31	300m: 3:10.42 34.38							
45.	Joao Luis Travanca	97	Fluvial Portuense	4:18.47				+0,81	617	
	50m: 29.53 29.53	150m: 1:33.81 32.42	250m: 2:39.70 32.83	350m: 3:46.40 32.87	400m: 4:18.47 32.07					
	100m: 1:01.39 31.86	200m: 2:06.87 33.06	300m: 3:13.53 33.83							
46.	Tiago Carlos Santos	98	Naval Amorense	4:18.63				+0,75	616	
	50m: 29.42 29.42	150m: 1:32.31 32.01	250m: 2:38.39 33.43	350m: 3:45.80 33.55	400m: 4:18.63 32.83					
	100m: 1:00.30 30.88	200m: 2:04.96 32.65	300m: 3:12.25 33.86							
47.	Carlos Flores Clara	97	Gesloures	4:19.28				+0,81	611	
	50m: 28.99 28.99	150m: 1:33.17 32.71	250m: 2:38.82 32.70	350m: 3:46.06 33.79	400m: 4:19.28 33.22					
	100m: 1:00.46 31.47	200m: 2:06.12 32.95	300m: 3:12.27 33.45							
48.	Vitor Joao Pereira	97	Leixoes	4:19.78				+0,88	607	
	50m: 29.52 29.52	150m: 1:34.11 32.75	250m: 2:40.25 33.13	350m: 3:47.03 33.15	400m: 4:19.78 32.75					
	100m: 1:01.36 31.84	200m: 2:07.12 33.01	300m: 3:13.88 33.63							
49.	Leonardo Rochinha Pedro	98	Estoris	4:19.93				+0,79	606	
	50m: 29.69 29.69	150m: 1:34.89 33.09	250m: 2:40.30 32.29	350m: 3:47.11 33.66	400m: 4:19.93 32.82					
	100m: 1:01.80 32.11	200m: 2:08.01 33.12	300m: 3:13.45 33.15							
50.	Jose Ricardo Sousa	97	Lousada SXXI	4:20.59				+0,79	602	
	50m: 29.62 29.62	150m: 1:35.35 33.17	250m: 2:42.90 33.96	350m: 3:48.99 33.03	400m: 4:20.59 31.60					
	100m: 1:02.18 32.56	200m: 2:08.94 33.59	300m: 3:15.96 33.06							
51.	Bruno Jose Silva	98	Braga	4:20.71				+0,92	601	
	50m: 29.41 29.41	150m: 1:34.57 32.90	250m: 2:41.15 33.20	350m: 3:48.34 33.36	400m: 4:20.71 32.37					
	100m: 1:01.67 32.26	200m: 2:07.95 33.38	300m: 3:14.98 33.83							
52.	Dario Fausto Matias	98	Torres Novas	4:20.97				+0,74	599	
	50m: 29.59 29.59	150m: 1:36.05 33.59	250m: 2:42.97 33.42	350m: 3:49.59 33.05	400m: 4:20.97 31.38					
	100m: 1:02.46 32.87	200m: 2:09.55 33.50	300m: 3:16.54 33.57							
53.	Rodrigo Martins Gomes	98	FC Ferreiras	4:21.49				+0,80	596	
	50m: 29.27 29.27	150m: 1:34.60 33.02	250m: 2:41.04 33.30	350m: 3:49.08 34.13	400m: 4:21.49 32.41					
	100m: 1:01.58 32.31	200m: 2:07.74 33.14	300m: 3:14.95 33.91							
54.	Jose Pedro Fernandes	99	Braga	4:22.10				+0,84	591	
	50m: 30.27 30.27	150m: 1:37.00 33.25	250m: 2:43.25 32.75	350m: 3:49.92 33.24	400m: 4:22.10 32.18					
	100m: 1:03.75 33.48	200m: 2:10.50 33.50	300m: 3:16.68 33.43							
55.	Pedro Goncalves Neto	98	Porto	4:22.66				+0,88	588	
	50m: 28.79 28.79	150m: 1:33.69 32.99	250m: 2:41.44 33.56	350m: 3:49.93 34.21	400m: 4:22.66 32.73					
	100m: 1:00.70 31.91	200m: 2:07.88 34.19	300m: 3:15.72 34.28							

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Event 36, Men, 400m Freestyle, Prelim, Open

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
56.	Pedro Vicente Calonio	98	Leixoes	4:23.26	+0,75	584	
	50m: 29.98 29.98	150m: 1:36.45 33.74	250m: 2:42.72 32.53	350m: 3:49.99 33.76	400m: 4:23.26 33.27		
	100m: 1:02.71 32.73	200m: 2:10.19 33.74	300m: 3:16.23 33.51				
57.	Joao Alberto Gondar	98	Vilacondense	4:23.73	+0,74	581	
	50m: 29.48 29.48	150m: 1:35.82 33.30	250m: 2:42.95 33.16	350m: 3:50.72 33.86	400m: 4:23.73 33.01		
	100m: 1:02.52 33.04	200m: 2:09.79 33.97	300m: 3:16.86 33.91				
58.	Daniel Filipe Cazeiro	97	Individual ANL	4:23.96	+0,81	579	
	<i>FTL</i>						
	50m: 29.77 29.77	150m: 1:35.56 33.41	250m: 2:42.23 33.32	350m: 3:50.50 34.62	400m: 4:23.96 33.46		
	100m: 1:02.15 32.38	200m: 2:08.91 33.35	300m: 3:15.88 33.65				
59.	Diogo Nogueira Rebelo	98	Colegio Monte Maior	4:24.27	+0,77	577	
	50m: 30.18 30.18	150m: 1:36.94 33.79	250m: 2:44.07 33.32	350m: 3:51.49 33.65	400m: 4:24.27 32.78		
	100m: 1:03.15 32.97	200m: 2:10.75 33.81	300m: 3:17.84 33.77				
60.	Jose Diogo Fonseca	98	Nautico Marinha Grande	4:24.46	+0,75	576	
	50m: 30.21 30.21	150m: 1:36.51 33.48	250m: 2:44.11 33.66	350m: 3:51.84 33.63	400m: 4:24.46 32.62		
	100m: 1:03.03 32.82	200m: 2:10.45 33.94	300m: 3:18.21 34.10				
61.	Eduardo Cardoso Lopes	99	Louletano/Loule Concelho	4:24.49	+0,80	576	
	50m: 29.46 29.46	150m: 1:34.71 32.99	250m: 2:42.22 33.65	350m: 3:50.81 34.14	400m: 4:24.49 33.68		
	100m: 1:01.72 32.26	200m: 2:08.57 33.86	300m: 3:16.67 34.45				
62.	Leandro Fernandes Mota	98	Columbofila Cantanhedense	4:24.59	+0,67	575	
	50m: 29.88 29.88	150m: 1:35.85 33.33	250m: 2:43.32 33.94	350m: 3:51.82 34.02	400m: 4:24.59 32.77		
	100m: 1:02.52 32.64	200m: 2:09.38 33.53	300m: 3:17.80 34.48				
	Diogo Rodrigues Freitas	98	Uniao Piedense	4:24.59	+0,76	575	
	50m: 30.00 30.00	150m: 1:36.81 33.38	250m: 2:44.53 33.86	350m: 3:52.18 33.63	400m: 4:24.59 32.41		
	100m: 1:03.43 33.43	200m: 2:10.67 33.86	300m: 3:18.55 34.02				
64.	Nelson Pereira Malheiros	99	Litoral Alentejano	4:26.56	+0,67	562	
	50m: 30.00 30.00	150m: 1:35.89 33.48	250m: 2:43.63 34.40	350m: 3:52.88 34.83	400m: 4:26.56 33.68		
	100m: 1:02.41 32.41	200m: 2:09.23 33.34	300m: 3:18.05 34.42				
65.	Miguel Angelo Silvestre	97	Alcobaca	4:27.27	+0,66	558	
	<i>FTL</i>						
	50m: 29.13 29.13	150m: 1:34.08 33.08	250m: 2:42.69 34.56	350m: 3:52.96 35.19	400m: 4:27.27 34.31		
	100m: 1:01.00 31.87	200m: 2:08.13 34.05	300m: 3:17.77 35.08				
66.	Pedro Galvao Gouveia	99	Desportivo Nacional	4:27.39	+0,68	557	
	50m: 30.28 30.28	150m: 1:37.45 33.98	250m: 2:46.38 34.63	350m: 3:55.04 34.38	400m: 4:27.39 32.35		
	100m: 1:03.47 33.19	200m: 2:11.75 34.30	300m: 3:20.66 34.28				
67.	Paulo Filipe Silva	98	Natacao da Maia	4:27.95	+0,64	554	
	50m: 30.64 30.64	150m: 1:38.87 34.85	250m: 2:46.73 33.31	350m: 3:56.37 34.72	400m: 4:27.95 31.58		
	100m: 1:04.02 33.38	200m: 2:13.42 34.55	300m: 3:21.65 34.92				
68.	Luis Filipe Ribeiro	98	Braga	4:28.70	+0,73	549	
	<i>FTL</i>						
	50m: 29.60 29.60	150m: 1:37.35 34.50	250m: 2:46.75 34.82	350m: 3:56.23 34.55	400m: 4:28.70 32.47		
	100m: 1:02.85 33.25	200m: 2:11.93 34.58	300m: 3:21.68 34.93				
69.	Albino David Almeida	99	O Crasto	4:28.81	+0,85	548	
	50m: 30.28 30.28	150m: 1:38.35 34.51	250m: 2:47.05 34.49	350m: 3:56.37 34.21	400m: 4:28.81 32.44		
	100m: 1:03.84 33.56	200m: 2:12.56 34.21	300m: 3:22.16 35.11				

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Event 36, Men, 400m Freestyle, Prelim, Open

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
70.	Pedro Miguel Vieira	98	Galitos	4:28.89	+0,86	548	
	<i>FTL</i>						
	50m: 30.50 30.50	150m: 1:37.60 34.16	250m: 2:46.37 34.24	350m: 3:55.65 34.64			
	100m: 1:03.44 32.94	200m: 2:12.13 34.53	300m: 3:21.01 34.64	400m: 4:28.89 33.24			
71.	Francisco Aguiar Morganho	98	Naval do Funchal	4:28.90	+0,66	548	
	<i>FTL</i>						
	50m: 29.83 29.83	150m: 1:38.12 34.58	250m: 2:47.53 34.58	350m: 3:56.44 34.68			
	100m: 1:03.54 33.71	200m: 2:12.95 34.83	300m: 3:21.76 34.23	400m: 4:28.90 32.46			
72.	Andre Lopes Silva	99	Industrial Vieirense	4:29.08	+0,70	547	
	50m: 29.49 29.49	150m: 1:36.82 34.05	250m: 2:46.44 34.87	350m: 3:56.23 34.47			
	100m: 1:02.77 33.28	200m: 2:11.57 34.75	300m: 3:21.76 35.32	400m: 4:29.08 32.85			
73.	Jose Pedro Sampaio	98	Foca	4:29.17	+0,83	546	
	<i>FTL</i>						
	50m: 30.01 30.01	150m: 1:35.85 33.20	250m: 2:43.94 34.22	350m: 3:55.23 35.45			
	100m: 1:02.65 32.64	200m: 2:09.72 33.87	300m: 3:19.78 35.84	400m: 4:29.17 33.94			
	Francisco Rodrigues Antas	98	Desportiva de Viana	4:29.17	+0,90	546	
	<i>FTL</i>						
	50m: 30.02 30.02	150m: 1:37.54 33.96	250m: 2:45.79 34.20	350m: 3:55.03 34.51			
	100m: 1:03.58 33.56	200m: 2:11.59 34.05	300m: 3:20.52 34.73	400m: 4:29.17 34.14			
75.	Duarte Filipe Rodrigues	99	Alges	4:29.42	+0,74	544	
	50m: 30.10 30.10	150m: 1:38.18 34.60	250m: 2:47.68 34.72	350m: 3:56.31 33.98			
	100m: 1:03.58 33.48	200m: 2:12.96 34.78	300m: 3:22.33 34.65	400m: 4:29.42 33.11			
76.	David Miguel Neves	98	Benfica	4:29.91	+0,87	542	
	<i>FTL</i>						
	50m: 29.41 29.41	150m: 1:36.50 34.30	250m: 2:45.92 34.90	350m: 3:55.97 34.80			
	100m: 1:02.20 32.79	200m: 2:11.02 34.52	300m: 3:21.17 35.25	400m: 4:29.91 33.94			
77.	Joao Luis Maximo	98	O Crasto	4:30.81	+0,73	536	
	<i>FTL</i>						
	50m: 30.34 30.34	150m: 1:38.12 34.32	250m: 2:47.35 34.51	350m: 3:57.07 34.69			
	100m: 1:03.80 33.46	200m: 2:12.84 34.72	300m: 3:22.38 35.03	400m: 4:30.81 33.74			
78.	Bernardo Graca Rodrigues	99	Alges	4:31.24	+0,70	534	
	50m: 29.58 29.58	150m: 1:38.71 35.07	250m: 2:48.44 34.77	350m: 3:57.47 34.66			
	100m: 1:03.64 34.06	200m: 2:13.67 34.96	300m: 3:22.81 34.37	400m: 4:31.24 33.77			
79.	Bernardo Jose Dionisio	99	Gualdim Pais	4:31.97	+0,76	529	
	50m: 30.02 30.02	150m: 1:38.39 34.73	250m: 2:48.15 34.97	350m: 3:58.32 35.18			
	100m: 1:03.66 33.64	200m: 2:13.18 34.79	300m: 3:23.14 34.99	400m: 4:31.97 33.65			
80.	Francisco Ribeiro Constantin	99	Naval da Nazare	4:35.86	+0,72	507	
	<i>FTL</i>						
	50m: 31.03 31.03	150m: 1:40.54 34.93	250m: 2:50.30 34.28	350m: 4:00.66 35.57			
	100m: 1:05.61 34.58	200m: 2:16.02 35.48	300m: 3:25.09 34.79	400m: 4:35.86 35.20			
81.	Antonio Fernando Pinto	99	Lousada SXXI	4:37.28	+0,73	499	
	<i>FTL</i>						
	50m: 31.30 31.30	150m: 1:41.68 35.57	250m: 2:51.71 35.27	350m: 4:03.02 36.07			
	100m: 1:06.11 34.81	200m: 2:16.44 34.76	300m: 3:26.95 35.24	400m: 4:37.28 34.26			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Event 36, Men, 400m Freestyle, Prelim, Open

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
DSQ	Vasco Gradim Amorim	98	Porto				
	<i>FTL, 403 - Falsa partida - SW 4.4</i>						
DNS	Andre Filipe Farinha	96	Benfica				
DNS	Pedro Maria Bessa	95	Vilacondense				
DNS	Vasco Miguel Gaspar	90	Uniao Piedense				
DNS	Jesper Bjoerk	93	Sweden				

Event 36 Men, 400m Freestyle Absolutos
26-07-2014 - 12:30 Results Prelim

Rec Nac Open	3:52.29	Jorge Manuel Maia	FPN	Málaga (ESP)	05-04-2009
Rec Nac Jun17	3:57.15	Gustavo Manuel Santa	FPN	Helsinki (FIN)	14-07-2010
Rec Nac Jun18	3:58.26	Ivo Emanuel Carneiro	FPN	Linz (AUT)	12-07-2002
Rec Nac Sen	3:52.29	Jorge Manuel Maia	FPN	Málaga (ESP)	05-04-2009

TAC-SENM Sen: 4:10.74

Points: FINA 2014

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
1.	Pedro Miguel Pinotes	89	Sporting	3:59.10	+0,71	779	
	50m: 27.25 27.25	150m: 1:28.59 30.74	250m: 2:29.43 30.63	350m: 3:29.92 30.08	400m: 3:59.10 29.18		
	100m: 57.85 30.60	200m: 1:58.80 30.21	300m: 2:59.84 30.41				
2.	Mario Andre Bonanca	90	Sporting	4:03.18	+0,76	741	
	50m: 27.83 27.83	150m: 1:28.32 30.29	250m: 2:29.69 30.73	350m: 3:32.10 31.34	400m: 4:03.18 31.08		
	100m: 58.03 30.20	200m: 1:58.96 30.64	300m: 3:00.76 31.07				
3.	Rafael Lourenco Gil	96	Naval Amorense	4:04.36	+0,74	730	
	50m: 28.89 28.89	150m: 1:31.14 31.12	250m: 2:33.17 30.85	350m: 3:35.03 30.82	400m: 4:04.36 29.33		
	100m: 1:00.02 31.13	200m: 2:02.32 31.18	300m: 3:04.21 31.04				
4.	Ricardo Ferreira Cotovio	91	Sporting	4:05.36	+0,72	721	
	50m: 27.81 27.81	150m: 1:29.24 30.86	250m: 2:32.05 31.31	350m: 3:35.35 31.48	400m: 4:05.36 30.01		
	100m: 58.38 30.57	200m: 2:00.74 31.50	300m: 3:03.87 31.82				
5.	Guilherme Pereira Dias	97	Sporting	4:06.65	+0,72	710	
	50m: 28.55 28.55	150m: 1:31.83 31.91	250m: 2:35.16 31.40	350m: 3:36.80 30.52	400m: 4:06.65 29.85		
	100m: 59.92 31.37	200m: 2:03.76 31.93	300m: 3:06.28 31.12				
6.	Luis Emanuel Vaz	91	Famalicao	4:07.10	+0,80	706	
	50m: 27.92 27.92	150m: 1:29.23 31.05	250m: 2:31.27 31.01	350m: 3:35.11 32.01	400m: 4:07.10 31.99		
	100m: 58.18 30.26	200m: 2:00.26 31.03	300m: 3:03.10 31.83				
7.	Joao Pedro Gil	97	Naval Amorense	4:07.95	+0,67	699	
	50m: 28.85 28.85	150m: 1:31.43 31.62	250m: 2:34.18 31.40	350m: 3:37.44 31.30	400m: 4:07.95 30.51		
	100m: 59.81 30.96	200m: 2:02.78 31.35	300m: 3:06.14 31.96				
8.	Goncalo Cardoso Carmo	96	Colegio Vasco da Gama	4:08.40	+0,61	695	
	50m: 28.63 28.63	150m: 1:30.83 31.41	250m: 2:33.42 31.15	350m: 3:37.23 32.35	400m: 4:08.40 31.17		
	100m: 59.42 30.79	200m: 2:02.27 31.44	300m: 3:04.88 31.46				
9.	Joao Pedro Belo	97	Sporting	4:08.99	+0,76	690	
	50m: 28.16 28.16	150m: 1:31.18 32.06	250m: 2:35.12 32.08	350m: 3:37.93 31.22	400m: 4:08.99 31.06		
	100m: 59.12 30.96	200m: 2:03.04 31.86	300m: 3:06.71 31.59				

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Event 36, Men, 400m Freestyle, Prelim, Absolutos

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
10.	Bernardo Leitao Graca	93	Sporting	4:09.02	+0,74	690	
	50m: 29.22 29.22	150m: 1:33.65 32.44	250m: 2:36.58 30.70	350m: 3:38.50 31.01			
	100m: 1:01.21 31.99	200m: 2:05.88 32.23	300m: 3:07.49 30.91	400m: 4:09.02 30.52			
11.	Tiago Silva Oliveira	94	Leixoes	4:09.44	+0,73	686	
	50m: 28.44 28.44	150m: 1:30.97 31.90	250m: 2:35.13 32.16	350m: 3:38.31 31.32			
	100m: 59.07 30.63	200m: 2:02.97 32.00	300m: 3:06.99 31.86	400m: 4:09.44 31.13			
12.	Eduardo Salgado Ramos	97	Porto	4:12.00	+0,78	666	
	50m: 27.83 27.83	150m: 1:30.65 31.61	250m: 2:35.05 32.10	350m: 3:41.11 33.34			
	100m: 59.04 31.21	200m: 2:02.95 32.30	300m: 3:07.77 32.72	400m: 4:12.00 30.89			
13.	Leonardo Peralta Reis	96	Benedita	4:12.01	+0,73	665	
	50m: 28.90 28.90	150m: 1:31.98 31.51	250m: 2:35.73 31.86	350m: 3:40.23 32.15			
	100m: 1:00.47 31.57	200m: 2:03.87 31.89	300m: 3:08.08 32.35	400m: 4:12.01 31.78			
14.	Alexandre Valdagua Coutinhc97	97	Columbofila Cantanhedense	4:12.35	+0,72	663	
	50m: 28.77 28.77	150m: 1:32.78 31.88	250m: 2:37.40 31.98	350m: 3:41.44 31.55			
	100m: 1:00.90 32.13	200m: 2:05.42 32.64	300m: 3:09.89 32.49	400m: 4:12.35 30.91			
15.	Ricardo Eduardo Afonso	97	Braga	4:13.50	+0,68	654	
	50m: 28.46 28.46	150m: 1:31.76 31.90	250m: 2:36.36 32.43	350m: 3:42.07 33.11			
	100m: 59.86 31.40	200m: 2:03.93 32.17	300m: 3:08.96 32.60	400m: 4:13.50 31.43			
16.	Joao Andre Neves	95	Academica de Coimbra	4:13.76	+0,68	652	
	<i>FTL</i>						
	50m: 28.84 28.84	150m: 1:32.64 32.23	250m: 2:37.46 32.18	350m: 3:42.09 32.21			
	100m: 1:00.41 31.57	200m: 2:05.28 32.64	300m: 3:09.88 32.42	400m: 4:13.76 31.67			
17.	Joao Carlos Santos	96	Naval Amorense	4:14.30	+0,68	648	
	50m: 28.83 28.83	150m: 1:31.73 31.84	250m: 2:36.64 32.58	350m: 3:42.00 32.83			
	100m: 59.89 31.06	200m: 2:04.06 32.33	300m: 3:09.17 32.53	400m: 4:14.30 32.30			
18.	Ruben Jose Morim	97	Vilacondense	4:14.96	+0,73	643	
	50m: 28.41 28.41	150m: 1:31.59 32.22	250m: 2:37.72 33.31	350m: 3:43.61 33.11			
	100m: 59.37 30.96	200m: 2:04.41 32.82	300m: 3:10.50 32.78	400m: 4:14.96 31.35			
19.	Francisco Xavier Goncalves	97	Nautico /Urgicentro-Sanfil	4:16.06	+0,67	634	
	50m: 29.44 29.44	150m: 1:34.45 32.74	250m: 2:40.20 32.64	350m: 3:45.37 32.37			
	100m: 1:01.71 32.27	200m: 2:07.56 33.11	300m: 3:13.00 32.80	400m: 4:16.06 30.69			
20.	Andre Resende Pinheiro	97	Porto	4:17.41	+0,78	624	
	50m: 29.48 29.48	150m: 1:33.94 33.18	250m: 2:39.48 32.55	350m: 3:46.26 33.22			
	100m: 1:00.76 31.28	200m: 2:06.93 32.99	300m: 3:13.04 33.56	400m: 4:17.41 31.15			
21.	David Emanuel Martins	97	Braga	4:17.61	+0,94	623	
	50m: 29.25 29.25	150m: 1:33.27 32.48	250m: 2:38.70 33.05	350m: 3:45.61 33.36			
	100m: 1:00.79 31.54	200m: 2:05.65 32.38	300m: 3:12.25 33.55	400m: 4:17.61 32.00			
22.	Luis Carlos Oliveira	97	Porto	4:18.41	+0,75	617	
	50m: 29.56 29.56	150m: 1:34.74 32.82	250m: 2:40.30 32.65	350m: 3:46.23 33.21			
	100m: 1:01.92 32.36	200m: 2:07.65 32.91	300m: 3:13.02 32.72	400m: 4:18.41 32.18			
23.	Fabio Alcantara Aires	97	Naval Amorense	4:18.42	+0,84	617	
	50m: 28.16 28.16	150m: 1:30.57 31.69	250m: 2:36.04 33.16	350m: 3:45.04 34.62			
	100m: 58.88 30.72	200m: 2:02.88 32.31	300m: 3:10.42 34.38	400m: 4:18.42 33.38			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Event 36, Men, 400m Freestyle, Prelim, Absolutos

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
24.	Joao Luis Travanca	97	Fluvial Portuense	4:18.47	+0,81	617	
	50m: 29.53 29.53	150m: 1:33.81 32.42	250m: 2:39.70 32.83	350m: 3:46.40 32.87	400m: 4:18.47 32.07		
	100m: 1:01.39 31.86	200m: 2:06.87 33.06	300m: 3:13.53 33.83				
25.	Carlos Flores Clara	97	Gesloures	4:19.28	+0,81	611	
	50m: 28.99 28.99	150m: 1:33.17 32.71	250m: 2:38.82 32.70	350m: 3:46.06 33.79	400m: 4:19.28 33.22		
	100m: 1:00.46 31.47	200m: 2:06.12 32.95	300m: 3:12.27 33.45				
26.	Vitor Joao Pereira	97	Leixoes	4:19.78	+0,88	607	
	50m: 29.52 29.52	150m: 1:34.11 32.75	250m: 2:40.25 33.13	350m: 3:47.03 33.15	400m: 4:19.78 32.75		
	100m: 1:01.36 31.84	200m: 2:07.12 33.01	300m: 3:13.88 33.63				
27.	Jose Ricardo Sousa	97	Lousada SXXI	4:20.59	+0,79	602	
	50m: 29.62 29.62	150m: 1:35.35 33.17	250m: 2:42.90 33.96	350m: 3:48.99 33.03	400m: 4:20.59 31.60		
	100m: 1:02.18 32.56	200m: 2:08.94 33.59	300m: 3:15.96 33.06				
28.	Daniel Filipe Cazeiro	97	Individual ANL	4:23.96	+0,81	579	
	<i>FTL</i>						
	50m: 29.77 29.77	150m: 1:35.56 33.41	250m: 2:42.23 33.32	350m: 3:50.50 34.62	400m: 4:23.96 33.46		
	100m: 1:02.15 32.38	200m: 2:08.91 33.35	300m: 3:15.88 33.65				
29.	Miguel Angelo Silvestre	97	Alcobaca	4:27.27	+0,66	558	
	<i>FTL</i>						
	50m: 29.13 29.13	150m: 1:34.08 33.08	250m: 2:42.69 34.56	350m: 3:52.96 35.19	400m: 4:27.27 34.31		
	100m: 1:01.00 31.87	200m: 2:08.13 34.05	300m: 3:17.77 35.08				
DNS	Andre Filipe Farinha	96	Benfica				
DNS	Pedro Maria Bessa	95	Vilacondense				
DNS	Vasco Miguel Gaspar	90	Uniao Piedense				

Event 36

Men, 400m Freestyle

Seniores
Results Prelim

26-07-2014 - 12:30

Rec Nac Open	3:52.29	Jorge Manuel Maia	FPN	Málaga (ESP)	05-04-2009
Rec Nac Sen	3:52.29	Jorge Manuel Maia	FPN	Málaga (ESP)	05-04-2009

TAC-SENM : 4:10.74

Points: FINA 2014

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
1.	Pedro Miguel Pinotes	89	Sporting	3:59.10	+0,71	779	
	50m: 27.25 27.25	150m: 1:28.59 30.74	250m: 2:29.43 30.63	350m: 3:29.92 30.08	400m: 3:59.10 29.18		
	100m: 57.85 30.60	200m: 1:58.80 30.21	300m: 2:59.84 30.41				
2.	Mario Andre Bonanca	90	Sporting	4:03.18	+0,76	741	
	50m: 27.83 27.83	150m: 1:28.32 30.29	250m: 2:29.69 30.73	350m: 3:32.10 31.34	400m: 4:03.18 31.08		
	100m: 58.03 30.20	200m: 1:58.96 30.64	300m: 3:00.76 31.07				
3.	Ricardo Ferreira Cotovio	91	Sporting	4:05.36	+0,72	721	
	50m: 27.81 27.81	150m: 1:29.24 30.86	250m: 2:32.05 31.31	350m: 3:35.35 31.48	400m: 4:05.36 30.01		
	100m: 58.38 30.57	200m: 2:00.74 31.50	300m: 3:03.87 31.82				
4.	Luis Emanuel Vaz	91	Famalicao	4:07.10	+0,80	706	
	50m: 27.92 27.92	150m: 1:29.23 31.05	250m: 2:31.27 31.01	350m: 3:35.11 32.01	400m: 4:07.10 31.99		
	100m: 58.18 30.26	200m: 2:00.26 31.03	300m: 3:03.10 31.83				

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Event 36, Men, 400m Freestyle, Prelim, Seniores

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
5.	Bernardo Leitao Graca	93	Sporting	4:09.02	+0,74	690	
	50m: 29.22 29.22	150m: 1:33.65 32.44	250m: 2:36.58 30.70	350m: 3:38.50 31.01			
	100m: 1:01.21 31.99	200m: 2:05.88 32.23	300m: 3:07.49 30.91	400m: 4:09.02 30.52			
6.	Tiago Silva Oliveira	94	Leixoes	4:09.44	+0,73	686	
	50m: 28.44 28.44	150m: 1:30.97 31.90	250m: 2:35.13 32.16	350m: 3:38.31 31.32			
	100m: 59.07 30.63	200m: 2:02.97 32.00	300m: 3:06.99 31.86	400m: 4:09.44 31.13			
7.	Joao Andre Neves	95	Academica de Coimbra	4:13.76	+0,68	652	
	<i>FTL</i>						
	50m: 28.84 28.84	150m: 1:32.64 32.23	250m: 2:37.46 32.18	350m: 3:42.09 32.21			
	100m: 1:00.41 31.57	200m: 2:05.28 32.64	300m: 3:09.88 32.42	400m: 4:13.76 31.67			
DNS	Pedro Maria Bessa	95	Vilacondense				
DNS	Vasco Miguel Gaspar	90	Uniao Piedense				

Event 36
26-07-2014 - 12:30

Boys, 400m Freestyle

Junior 18
Results Prelim

Rec Nac Open	3:52.29	Jorge Manuel Maia	FPN	Málaga (ESP)	05-04-2009
Rec Nac Jun18	3:58.26	Ivo Emanuel Carneiro	FPN	Linz (AUT)	12-07-2002

Points: FINA 2014

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
1.	Rafael Lourenco Gil	96	Naval Amorense	4:04.36	+0,74	730	
	50m: 28.89 28.89	150m: 1:31.14 31.12	250m: 2:33.17 30.85	350m: 3:35.03 30.82			
	100m: 1:00.02 31.13	200m: 2:02.32 31.18	300m: 3:04.21 31.04	400m: 4:04.36 29.33			
2.	Goncalo Cardoso Carmo	96	Colegio Vasco da Gama	4:08.40	+0,61	695	
	50m: 28.63 28.63	150m: 1:30.83 31.41	250m: 2:33.42 31.15	350m: 3:37.23 32.35			
	100m: 59.42 30.79	200m: 2:02.27 31.44	300m: 3:04.88 31.46	400m: 4:08.40 31.17			
3.	Leonardo Peralta Reis	96	Benedita	4:12.01	+0,73	665	
	50m: 28.90 28.90	150m: 1:31.98 31.51	250m: 2:35.73 31.86	350m: 3:40.23 32.15			
	100m: 1:00.47 31.57	200m: 2:03.87 31.89	300m: 3:08.08 32.35	400m: 4:12.01 31.78			
4.	Joao Carlos Santos	96	Naval Amorense	4:14.30	+0,68	648	
	50m: 28.83 28.83	150m: 1:31.73 31.84	250m: 2:36.64 32.58	350m: 3:42.00 32.83			
	100m: 59.89 31.06	200m: 2:04.06 32.33	300m: 3:09.17 32.53	400m: 4:14.30 32.30			
DNS	Andre Filipe Farinha	96	Benfica				

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Event 36, Men, 400m Freestyle, Prelim

Event 36 Boys, 400m Freestyle Junior 17
26-07-2014 - 12:30 Results Prelim

Rec Nac Open 3:52.29 Jorge Manuel Maia FPN Málaga (ESP) 05-04-2009
Rec Nac Jun17 3:57.15 Gustavo Manuel Santa FPN Helsinquia (FIN) 14-07-2010

Points: FINA 2014

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
1.	Guilherme Pereira Dias	97	Sporting	4:06.65	+0,72	710	
	50m: 28.55 28.55	150m: 1:31.83 31.91	250m: 2:35.16 31.40	350m: 3:36.80 30.52	400m: 4:06.65 29.85		
	100m: 59.92 31.37	200m: 2:03.76 31.93	300m: 3:06.28 31.12				
2.	Joao Pedro Gil	97	Naval Amorense	4:07.95	+0,67	699	
	50m: 28.85 28.85	150m: 1:31.43 31.62	250m: 2:34.18 31.40	350m: 3:37.44 31.30	400m: 4:07.95 30.51		
	100m: 59.81 30.96	200m: 2:02.78 31.35	300m: 3:06.14 31.96				
3.	Joao Pedro Belo	97	Sporting	4:08.99	+0,76	690	
	50m: 28.16 28.16	150m: 1:31.18 32.06	250m: 2:35.12 32.08	350m: 3:37.93 31.22	400m: 4:08.99 31.06		
	100m: 59.12 30.96	200m: 2:03.04 31.86	300m: 3:06.71 31.59				
4.	Eduardo Salgado Ramos	97	Porto	4:12.00	+0,78	666	
	50m: 27.83 27.83	150m: 1:30.65 31.61	250m: 2:35.05 32.10	350m: 3:41.11 33.34	400m: 4:12.00 30.89		
	100m: 59.04 31.21	200m: 2:02.95 32.30	300m: 3:07.77 32.72				
5.	Alexandre Valdagua Coutinhc97	97	Columbofila Cantanhedense	4:12.35	+0,72	663	
	50m: 28.77 28.77	150m: 1:32.78 31.88	250m: 2:37.40 31.98	350m: 3:41.44 31.55	400m: 4:12.35 30.91		
	100m: 1:00.90 32.13	200m: 2:05.42 32.64	300m: 3:09.89 32.49				
6.	Ricardo Eduardo Afonso	97	Braga	4:13.50	+0,68	654	
	50m: 28.46 28.46	150m: 1:31.76 31.90	250m: 2:36.36 32.43	350m: 3:42.07 33.11	400m: 4:13.50 31.43		
	100m: 59.86 31.40	200m: 2:03.93 32.17	300m: 3:08.96 32.60				
7.	Ruben Jose Morim	97	Vilacondense	4:14.96	+0,73	643	
	50m: 28.41 28.41	150m: 1:31.59 32.22	250m: 2:37.72 33.31	350m: 3:43.61 33.11	400m: 4:14.96 31.35		
	100m: 59.37 30.96	200m: 2:04.41 32.82	300m: 3:10.50 32.78				
8.	Francisco Xavier Goncalves	97	Nautico /Urgicentro-Sanfil	4:16.06	+0,67	634	
	50m: 29.44 29.44	150m: 1:34.45 32.74	250m: 2:40.20 32.64	350m: 3:45.37 32.37	400m: 4:16.06 30.69		
	100m: 1:01.71 32.27	200m: 2:07.56 33.11	300m: 3:13.00 32.80				
9.	Andre Resende Pinheiro	97	Porto	4:17.41	+0,78	624	
	50m: 29.48 29.48	150m: 1:33.94 33.18	250m: 2:39.48 32.55	350m: 3:46.26 33.22	400m: 4:17.41 31.15		
	100m: 1:00.76 31.28	200m: 2:06.93 32.99	300m: 3:13.04 33.56				
10.	David Emanuel Martins	97	Braga	4:17.61	+0,94	623	
	50m: 29.25 29.25	150m: 1:33.27 32.48	250m: 2:38.70 33.05	350m: 3:45.61 33.36	400m: 4:17.61 32.00		
	100m: 1:00.79 31.54	200m: 2:05.65 32.38	300m: 3:12.25 33.55				
11.	Luis Carlos Oliveira	97	Porto	4:18.41	+0,75	617	
	50m: 29.56 29.56	150m: 1:34.74 32.82	250m: 2:40.30 32.65	350m: 3:46.23 33.21	400m: 4:18.41 32.18		
	100m: 1:01.92 32.36	200m: 2:07.65 32.91	300m: 3:13.02 32.72				
12.	Fabio Alcantara Aires	97	Naval Amorense	4:18.42	+0,84	617	
	50m: 28.16 28.16	150m: 1:30.57 31.69	250m: 2:36.04 33.16	350m: 3:45.04 34.62	400m: 4:18.42 33.38		
	100m: 58.88 30.72	200m: 2:02.88 32.31	300m: 3:10.42 34.38				
13.	Joao Luis Travanca	97	Fluvial Portuense	4:18.47	+0,81	617	
	50m: 29.53 29.53	150m: 1:33.81 32.42	250m: 2:39.70 32.83	350m: 3:46.40 32.87	400m: 4:18.47 32.07		
	100m: 1:01.39 31.86	200m: 2:06.87 33.06	300m: 3:13.53 33.83				

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Event 36, Boys, 400m Freestyle, Prelim, Junior 17

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
14.	Carlos Flores Clara	97	Geslours	4:19.28	+0,81	611	
	50m: 28.99 28.99	150m: 1:33.17 32.71	250m: 2:38.82 32.70	350m: 3:46.06 33.79	400m: 4:19.28 33.22		
	100m: 1:00.46 31.47	200m: 2:06.12 32.95	300m: 3:12.27 33.45				
15.	Vitor Joao Pereira	97	Leixoes	4:19.78	+0,88	607	
	50m: 29.52 29.52	150m: 1:34.11 32.75	250m: 2:40.25 33.13	350m: 3:47.03 33.15	400m: 4:19.78 32.75		
	100m: 1:01.36 31.84	200m: 2:07.12 33.01	300m: 3:13.88 33.63				
16.	Jose Ricardo Sousa	97	Lousada SXXI	4:20.59	+0,79	602	
	50m: 29.62 29.62	150m: 1:35.35 33.17	250m: 2:42.90 33.96	350m: 3:48.99 33.03	400m: 4:20.59 31.60		
	100m: 1:02.18 32.56	200m: 2:08.94 33.59	300m: 3:15.96 33.06				
17.	Daniel Filipe Cazeiro FTL	97	Individual ANL	4:23.96	+0,81	579	
	50m: 29.77 29.77	150m: 1:35.56 33.41	250m: 2:42.23 33.32	350m: 3:50.50 34.62	400m: 4:23.96 33.46		
	100m: 1:02.15 32.38	200m: 2:08.91 33.35	300m: 3:15.88 33.65				
18.	Miguel Angelo Silvestre FTL	97	Alcobaca	4:27.27	+0,66	558	
	50m: 29.13 29.13	150m: 1:34.08 33.08	250m: 2:42.69 34.56	350m: 3:52.96 35.19	400m: 4:27.27 34.31		
	100m: 1:01.00 31.87	200m: 2:08.13 34.05	300m: 3:17.77 35.08				

Event 36
26-07-2014 - 12:30

Boys, 400m Freestyle

Juvenis A
Results Prelim

Rec Nac Open	3:52.29	Jorge Manuel Maia	FPN	Málaga (ESP)	05-04-2009
Rec Nac Juv A	3:59.38	Gustavo Manuel Santa	FPN	Tampere (FIN)	21-07-2009

TAC-JUVAM : 4:28.29

Points: FINA 2014

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
1.	Joao Alexandre Vital	98	Colegio Monte Maior	4:12.15	+0,66	664	
	50m: 27.67 27.67	150m: 1:30.12 31.71	250m: 2:34.39 32.40	350m: 3:39.58 33.00	400m: 4:12.15 32.57		
	100m: 58.41 30.74	200m: 2:01.99 31.87	300m: 3:06.58 32.19				
2.	Guilherme Filipe Pina	98	Benedita	4:12.82	+0,70	659	
	50m: 28.62 28.62	150m: 1:31.88 32.15	250m: 2:36.47 32.34	350m: 3:41.54 32.46	400m: 4:12.82 31.28		
	100m: 59.73 31.11	200m: 2:04.13 32.25	300m: 3:09.08 32.61				
3.	Jose Paula Carvalho	98	Uniao Piedense	4:13.46	+0,77	654	
	50m: 29.06 29.06	150m: 1:32.89 32.43	250m: 2:36.86 31.21	350m: 3:41.94 32.81	400m: 4:13.46 31.52		
	100m: 1:00.46 31.40	200m: 2:05.65 32.76	300m: 3:09.13 32.27				
4.	Goncalo Miguel Nogueira	98	Porto	4:14.39	+0,77	647	
	50m: 28.95 28.95	150m: 1:32.63 32.06	250m: 2:37.73 31.95	350m: 3:42.99 32.10	400m: 4:14.39 31.40		
	100m: 1:00.57 31.62	200m: 2:05.78 33.15	300m: 3:10.89 33.16				
5.	Rafael Ladeiro Santos	98	Geslours	4:16.55	+0,89	631	
	50m: 29.39 29.39	150m: 1:34.81 33.11	250m: 2:40.34 32.73	350m: 3:45.71 32.67	400m: 4:16.55 30.84		
	100m: 1:01.70 32.31	200m: 2:07.61 32.80	300m: 3:13.04 32.70				
6.	Alexandre Magno Carvalho	98	Fluvial Portuense	4:16.90	+0,75	628	
	50m: 29.18 29.18	150m: 1:34.56 32.97	250m: 2:40.23 32.56	350m: 3:45.48 32.37	400m: 4:16.90 31.42		
	100m: 1:01.59 32.41	200m: 2:07.67 33.11	300m: 3:13.11 32.88				

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Event 36, Boys, 400m Freestyle, Prelim, Juvenis A

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
7.	Joao Costa Ferreira	98	Famalicao	4:16.95	+0,81	628	
	50m: 29.40 29.40	150m: 1:34.40 32.83	250m: 2:39.98 32.85	350m: 3:45.56 32.55			
	100m: 1:01.57 32.17	200m: 2:07.13 32.73	300m: 3:13.01 33.03	400m: 4:16.95 31.39			
8.	Tiago Carlos Santos	98	Naval Amorense	4:18.63	+0,75	616	
	50m: 29.42 29.42	150m: 1:32.31 32.01	250m: 2:38.39 33.43	350m: 3:45.80 33.55			
	100m: 1:00.30 30.88	200m: 2:04.96 32.65	300m: 3:12.25 33.86	400m: 4:18.63 32.83			
9.	Leonardo Rochinha Pedro	98	Estoris	4:19.93	+0,79	606	
	50m: 29.69 29.69	150m: 1:34.89 33.09	250m: 2:40.30 32.29	350m: 3:47.11 33.66			
	100m: 1:01.80 32.11	200m: 2:08.01 33.12	300m: 3:13.45 33.15	400m: 4:19.93 32.82			
10.	Bruno Jose Silva	98	Braga	4:20.71	+0,92	601	
	50m: 29.41 29.41	150m: 1:34.57 32.90	250m: 2:41.15 33.20	350m: 3:48.34 33.36			
	100m: 1:01.67 32.26	200m: 2:07.95 33.38	300m: 3:14.98 33.83	400m: 4:20.71 32.37			
11.	Dario Fausto Matias	98	Torres Novas	4:20.97	+0,74	599	
	50m: 29.59 29.59	150m: 1:36.05 33.59	250m: 2:42.97 33.42	350m: 3:49.59 33.05			
	100m: 1:02.46 32.87	200m: 2:09.55 33.50	300m: 3:16.54 33.57	400m: 4:20.97 31.38			
12.	Rodrigo Martins Gomes	98	FC Ferreiras	4:21.49	+0,80	596	
	50m: 29.27 29.27	150m: 1:34.60 33.02	250m: 2:41.04 33.30	350m: 3:49.08 34.13			
	100m: 1:01.58 32.31	200m: 2:07.74 33.14	300m: 3:14.95 33.91	400m: 4:21.49 32.41			
13.	Pedro Goncalves Neto	98	Porto	4:22.66	+0,88	588	
	50m: 28.79 28.79	150m: 1:33.69 32.99	250m: 2:41.44 33.56	350m: 3:49.93 34.21			
	100m: 1:00.70 31.91	200m: 2:07.88 34.19	300m: 3:15.72 34.28	400m: 4:22.66 32.73			
14.	Joao Alberto Gondar	98	Vilacondense	4:23.73	+0,74	581	
	50m: 29.48 29.48	150m: 1:35.82 33.30	250m: 2:42.95 33.16	350m: 3:50.72 33.86			
	100m: 1:02.52 33.04	200m: 2:09.79 33.97	300m: 3:16.86 33.91	400m: 4:23.73 33.01			
15.	Diogo Nogueira Rebelo	98	Colegio Monte Maior	4:24.27	+0,77	577	
	50m: 30.18 30.18	150m: 1:36.94 33.79	250m: 2:44.07 33.32	350m: 3:51.49 33.65			
	100m: 1:03.15 32.97	200m: 2:10.75 33.81	300m: 3:17.84 33.77	400m: 4:24.27 32.78			
16.	Jose Diogo Fonseca	98	Nautico Marinha Grande	4:24.46	+0,75	576	
	50m: 30.21 30.21	150m: 1:36.51 33.48	250m: 2:44.11 33.66	350m: 3:51.84 33.63			
	100m: 1:03.03 32.82	200m: 2:10.45 33.94	300m: 3:18.21 34.10	400m: 4:24.46 32.62			
17.	Leandro Fernandes Mota	98	Columbofila Cantanhedense	4:24.59	+0,67	575	
	50m: 29.88 29.88	150m: 1:35.85 33.33	250m: 2:43.32 33.94	350m: 3:51.82 34.02			
	100m: 1:02.52 32.64	200m: 2:09.38 33.53	300m: 3:17.80 34.48	400m: 4:24.59 32.77			
	Diogo Rodrigues Freitas	98	Uniao Piedense	4:24.59	+0,76	575	
	50m: 30.00 30.00	150m: 1:36.81 33.38	250m: 2:44.53 33.86	350m: 3:52.18 33.63			
	100m: 1:03.43 33.43	200m: 2:10.67 33.86	300m: 3:18.55 34.02	400m: 4:24.59 32.41			
19.	Paulo Filipe Silva	98	Natacao da Maia	4:27.95	+0,64	554	
	50m: 30.64 30.64	150m: 1:38.87 34.85	250m: 2:46.73 33.31	350m: 3:56.37 34.72			
	100m: 1:04.02 33.38	200m: 2:13.42 34.55	300m: 3:21.65 34.92	400m: 4:27.95 31.58			
20.	Luis Filipe Ribeiro	98	Braga	4:28.70	+0,73	549	
	<i>FTL</i>						
	50m: 29.60 29.60	150m: 1:37.35 34.50	250m: 2:46.75 34.82	350m: 3:56.23 34.55			
	100m: 1:02.85 33.25	200m: 2:11.93 34.58	300m: 3:21.68 34.93	400m: 4:28.70 32.47			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Event 36, Boys, 400m Freestyle, Prelim, Juvenis A

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
21.	Pedro Miguel Vieira <i>FTL</i>	98	Galitos	4:28.89	+0,86	548	
	50m: 30.50 30.50	150m: 1:37.60 34.16	250m: 2:46.37 34.24	350m: 3:55.65 34.64			
	100m: 1:03.44 32.94	200m: 2:12.13 34.53	300m: 3:21.01 34.64	400m: 4:28.89 33.24			
22.	Francisco Aguiar Morganho <i>FTL</i>	98	Naval do Funchal	4:28.90	+0,66	548	
	50m: 29.83 29.83	150m: 1:38.12 34.58	250m: 2:47.53 34.58	350m: 3:56.44 34.68			
	100m: 1:03.54 33.71	200m: 2:12.95 34.83	300m: 3:21.76 34.23	400m: 4:28.90 32.46			
23.	Jose Pedro Sampaio <i>FTL</i>	98	Foca	4:29.17	+0,83	546	
	50m: 30.01 30.01	150m: 1:35.85 33.20	250m: 2:43.94 34.22	350m: 3:55.23 35.45			
	100m: 1:02.65 32.64	200m: 2:09.72 33.87	300m: 3:19.78 35.84	400m: 4:29.17 33.94			
	Francisco Rodrigues Antas <i>FTL</i>	98	Desportiva de Viana	4:29.17	+0,90	546	
	50m: 30.02 30.02	150m: 1:37.54 33.96	250m: 2:45.79 34.20	350m: 3:55.03 34.51			
	100m: 1:03.58 33.56	200m: 2:11.59 34.05	300m: 3:20.52 34.73	400m: 4:29.17 34.14			
25.	David Miguel Neves <i>FTL</i>	98	Benfica	4:29.91	+0,87	542	
	50m: 29.41 29.41	150m: 1:36.50 34.30	250m: 2:45.92 34.90	350m: 3:55.97 34.80			
	100m: 1:02.20 32.79	200m: 2:11.02 34.52	300m: 3:21.17 35.25	400m: 4:29.91 33.94			
26.	Joao Luis Maximo <i>FTL</i>	98	O Crasto	4:30.81	+0,73	536	
	50m: 30.34 30.34	150m: 1:38.12 34.32	250m: 2:47.35 34.51	350m: 3:57.07 34.69			
	100m: 1:03.80 33.46	200m: 2:12.84 34.72	300m: 3:22.38 35.03	400m: 4:30.81 33.74			
DSQ	Vasco Gradim Amorim <i>FTL, 403 - Falsa partida - SW 4.4</i>	98	Porto				

Event 36
26-07-2014 - 12:30

Boys, 400m Freestyle

Juvenis B
Results Prelim

Rec Nac Open	3:52.29	Jorge Manuel Maia	FPN	Málaga (ESP)	05-04-2009
Rec Nac Juv B	4:06.22	Rui Filipe Costa	VSC	Coimbra	29-07-2006

TAC-JUVBM : 4:33.31

Points: FINA 2014

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
1.	Tomas Gomes Oliveira	99	Nautico Marinha Grande	4:13.59	+0,82	653	
	50m: 28.62 28.62	150m: 1:31.91 31.94	250m: 2:36.33 32.23	350m: 3:41.59 32.61			
	100m: 59.97 31.35	200m: 2:04.10 32.19	300m: 3:08.98 32.65	400m: 4:13.59 32.00			
2.	Jose Henriques Luz	99	Nucleo Sportinguista Golega	4:15.90	+0,73	636	
	50m: 29.13 29.13	150m: 1:33.36 32.25	250m: 2:38.86 32.78	350m: 3:44.76 32.89			
	100m: 1:01.11 31.98	200m: 2:06.08 32.72	300m: 3:11.87 33.01	400m: 4:15.90 31.14			
3.	Joao Magalhaes Nunes	99	Amadora	4:17.39	+0,77	625	
	50m: 29.61 29.61	150m: 1:35.85 33.36	250m: 2:40.80 32.41	350m: 3:46.68 33.24			
	100m: 1:02.49 32.88	200m: 2:08.39 32.54	300m: 3:13.44 32.64	400m: 4:17.39 30.71			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Event 36, Boys, 400m Freestyle, Prelim, Juvenis B

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
4.	Rui Jorge Matias	99	Vilacondense	4:18.32	+0,82	618	
	50m: 29.55 29.55	150m: 1:35.92 33.53	250m: 2:41.64 32.75	350m: 3:46.97 32.58			
	100m: 1:02.39 32.84	200m: 2:08.89 32.97	300m: 3:14.39 32.75	400m: 4:18.32 31.35			
5.	Jose Pedro Fernandes	99	Braga	4:22.10	+0,84	591	
	50m: 30.27 30.27	150m: 1:37.00 33.25	250m: 2:43.25 32.75	350m: 3:49.92 33.24			
	100m: 1:03.75 33.48	200m: 2:10.50 33.50	300m: 3:16.68 33.43	400m: 4:22.10 32.18			
6.	Eduardo Cardoso Lopes	99	Louletano/Loule Concelho	4:24.49	+0,80	576	
	50m: 29.46 29.46	150m: 1:34.71 32.99	250m: 2:42.22 33.65	350m: 3:50.81 34.14			
	100m: 1:01.72 32.26	200m: 2:08.57 33.86	300m: 3:16.67 34.45	400m: 4:24.49 33.68			
7.	Nelson Pereira Malheiros	99	Litoral Alentejano	4:26.56	+0,67	562	
	50m: 30.00 30.00	150m: 1:35.89 33.48	250m: 2:43.63 34.40	350m: 3:52.88 34.83			
	100m: 1:02.41 32.41	200m: 2:09.23 33.34	300m: 3:18.05 34.42	400m: 4:26.56 33.68			
8.	Pedro Galvao Gouveia	99	Desportivo Nacional	4:27.39	+0,68	557	
	50m: 30.28 30.28	150m: 1:37.45 33.98	250m: 2:46.38 34.63	350m: 3:55.04 34.38			
	100m: 1:03.47 33.19	200m: 2:11.75 34.30	300m: 3:20.66 34.28	400m: 4:27.39 32.35			
9.	Albino David Almeida	99	O Crasto	4:28.81	+0,85	548	
	50m: 30.28 30.28	150m: 1:38.35 34.51	250m: 2:47.05 34.49	350m: 3:56.37 34.21			
	100m: 1:03.84 33.56	200m: 2:12.56 34.21	300m: 3:22.16 35.11	400m: 4:28.81 32.44			
10.	Andre Lopes Silva	99	Industrial Viegrense	4:29.08	+0,70	547	
	50m: 29.49 29.49	150m: 1:36.82 34.05	250m: 2:46.44 34.87	350m: 3:56.23 34.47			
	100m: 1:02.77 33.28	200m: 2:11.57 34.75	300m: 3:21.76 35.32	400m: 4:29.08 32.85			
11.	Duarte Filipe Rodrigues	99	Alges	4:29.42	+0,74	544	
	50m: 30.10 30.10	150m: 1:38.18 34.60	250m: 2:47.68 34.72	350m: 3:56.31 33.98			
	100m: 1:03.58 33.48	200m: 2:12.96 34.78	300m: 3:22.33 34.65	400m: 4:29.42 33.11			
12.	Bernardo Graca Rodrigues	99	Alges	4:31.24	+0,70	534	
	50m: 29.58 29.58	150m: 1:38.71 35.07	250m: 2:48.44 34.77	350m: 3:57.47 34.66			
	100m: 1:03.64 34.06	200m: 2:13.67 34.96	300m: 3:22.81 34.37	400m: 4:31.24 33.77			
13.	Bernardo Jose Dionisio	99	Gualdim Pais	4:31.97	+0,76	529	
	50m: 30.02 30.02	150m: 1:38.39 34.73	250m: 2:48.15 34.97	350m: 3:58.32 35.18			
	100m: 1:03.66 33.64	200m: 2:13.18 34.79	300m: 3:23.14 34.99	400m: 4:31.97 33.65			
14.	Francisco Ribeiro Constantin	99	Naval da Nazare	4:35.86	+0,72	507	
	<i>FTL</i>						
	50m: 31.03 31.03	150m: 1:40.54 34.93	250m: 2:50.30 34.28	350m: 4:00.66 35.57			
	100m: 1:05.61 34.58	200m: 2:16.02 35.48	300m: 3:25.09 34.79	400m: 4:35.86 35.20			
15.	Antonio Fernando Pinto	99	Lousada SXXI	4:37.28	+0,73	499	
	<i>FTL</i>						
	50m: 31.30 31.30	150m: 1:41.68 35.57	250m: 2:51.71 35.27	350m: 4:03.02 36.07			
	100m: 1:06.11 34.81	200m: 2:16.44 34.76	300m: 3:26.95 35.24	400m: 4:37.28 34.26			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição