

Campeonato Nacional de Juvenis  
Campeonato Absolutos de Portugal-OPEN  
Oeiras, 24.7. - 27.7.2014

Event 45	Women, 800m Freestyle					Open Results
27-07-2014 - 17:00						
Rec Nac Open	8:49.86	Florbela Cavaco Machado	ASSSCC	Coimbra		25-05-2013
Rec Nac Inf B	9:30.42	Filipa Vilas Ruivo	DNMG	S. João da Madeira		25-07-2009
Rec Nac Inf A	9:14.85	Alexandra Maria Silva	FPN	Skovde (SWE)		10-08-1980
Rec Nac Juv B	9:07.70	Alexandra Maria Silva	FPN	Split (CRO)		10-09-1981
Rec Nac Juv A	8:51.26	Tamila Hryhorivna Holub	POR	Porto		08-06-2014
Rec Nac Jun16	8:57.14	Marta Andreia Ferreira	FPN	Berlim (GER)		31-07-2002
Rec Nac Jun17	8:49.86	Florbela Cavaco Machado	ASSSCC	Coimbra		25-05-2013
Rec Nac Sen	8:52.69	Ana Goncalves Neto	FCP	Famalicao		18-07-2013

Points: FINA 2014

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts	
1.	Chloe Finch	98	Great Britain	<b>8:47.61</b>	+0,72	820		
	50m: 30.52	30.52	250m: 2:42.77	33.16	450m: 4:56.82	33.18	650m: 7:10.26	33.29
	100m: 1:03.22	32.70	300m: 3:16.53	33.76	500m: 5:30.45	33.63	700m: 7:43.62	33.36
	150m: 1:36.15	32.93	350m: 3:49.97	33.44	550m: 6:03.69	33.24	750m: 8:16.09	32.47
	200m: 2:09.61	33.46	400m: 4:23.64	33.67	600m: 6:36.97	33.28	800m: 8:47.61	31.52
2.	Isobel Griffiths	99	Great Britain	<b>8:49.28</b>	+0,73	812		
	50m: 30.96	30.96	250m: 2:44.18	33.67	450m: 4:57.95	33.53	650m: 7:11.55	33.44
	100m: 1:03.87	32.91	300m: 3:17.45	33.27	500m: 5:31.31	33.36	700m: 7:44.65	33.10
	150m: 1:37.33	33.46	350m: 3:51.15	33.70	550m: 6:04.91	33.60	750m: 8:17.57	32.92
	200m: 2:10.51	33.18	400m: 4:24.42	33.27	600m: 6:38.11	33.20	800m: 8:49.28	31.71
3.	Tamila Hryhorivna Holub	99	Braga	<b>8:50.68</b>	+0,91	805		
	<i>Recorde Nacional, Juvenil A</i>							
	50m: 31.31	31.31	250m: 2:44.60	33.50	450m: 4:58.45	33.16	650m: 7:11.94	33.07
	100m: 1:04.61	33.30	300m: 3:18.23	33.63	500m: 5:31.97	33.52	700m: 7:45.43	33.49
	150m: 1:37.84	33.23	350m: 3:51.67	33.44	550m: 6:05.47	33.50	750m: 8:18.50	33.07
	200m: 2:11.10	33.26	400m: 4:25.29	33.62	600m: 6:38.87	33.40	800m: 8:50.68	32.18
4.	Georgia Darwent	98	Great Britain	<b>8:50.79</b>	+0,84	805		
	50m: 30.10	30.10	250m: 2:41.91	33.18	450m: 4:56.19	33.89	650m: 7:11.07	33.68
	100m: 1:02.51	32.41	300m: 3:15.20	33.29	500m: 5:30.04	33.85	700m: 7:44.82	33.75
	150m: 1:35.58	33.07	350m: 3:48.64	33.44	550m: 6:03.56	33.52	750m: 8:18.77	33.95
	200m: 2:08.73	33.15	400m: 4:22.30	33.66	600m: 6:37.39	33.83	800m: 8:50.79	32.02
5.	Abigail Humphreys	98	Great Britain	<b>8:57.80</b>	+0,74	774		
	50m: 31.27	31.27	250m: 2:45.52	33.99	450m: 5:01.93	34.06	650m: 7:17.71	33.88
	100m: 1:04.64	33.37	300m: 3:19.80	34.28	500m: 5:35.88	33.95	700m: 7:51.45	33.74
	150m: 1:38.09	33.45	350m: 3:53.68	33.88	550m: 6:10.05	34.17	750m: 8:24.95	33.50
	200m: 2:11.53	33.44	400m: 4:27.87	34.19	600m: 6:43.83	33.78	800m: 8:57.80	32.85
6.	Florbela Cavaco Machado	96	Columbofila Cantanhedense	<b>8:57.86</b>	+0,96	774		
	50m: 31.49	31.49	250m: 2:45.63	33.77	450m: 5:00.77	34.10	650m: 7:17.16	33.88
	100m: 1:04.48	32.99	300m: 3:19.23	33.60	500m: 5:34.94	34.17	700m: 7:51.13	33.97
	150m: 1:38.16	33.68	350m: 3:52.74	33.51	550m: 6:09.36	34.42	750m: 8:25.38	34.25
	200m: 2:11.86	33.70	400m: 4:26.67	33.93	600m: 6:43.28	33.92	800m: 8:57.86	32.48
7.	Filipa Vilas Ruivo	97	Nautico Marinha Grande	<b>8:59.93</b>	+0,86	765		
	50m: 31.30	31.30	250m: 2:45.95	34.15	450m: 5:02.05	34.29	650m: 7:19.16	34.27
	100m: 1:04.22	32.92	300m: 3:19.77	33.82	500m: 5:36.09	34.04	700m: 7:53.35	34.19
	150m: 1:38.07	33.85	350m: 3:53.95	34.18	550m: 6:10.46	34.37	750m: 8:27.20	33.85
	200m: 2:11.80	33.73	400m: 4:27.76	33.81	600m: 6:44.89	34.43	800m: 8:59.93	32.73

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

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Oeiras, 24.7. - 27.7.2014

Event 45, Women, 800m Freestyle, Open

Rank	Nome	YB	Clube	Tempo Final		RT	Pts FINA	Pts
8.	Madeleine Crompton	00	Great Britain	<b>9:07.80</b>		+0,88	732	
	50m: 31.21 31.21	250m: 2:47.04 34.27	450m: 5:05.43 34.21	650m: 7:24.05 34.07				
	100m: 1:04.69 33.48	300m: 3:21.85 34.81	500m: 5:40.30 34.87	700m: 7:59.30 35.25				
	150m: 1:38.73 34.04	350m: 3:55.98 34.13	550m: 6:14.49 34.19	750m: 8:33.82 34.52				
	200m: 2:12.77 34.04	400m: 4:31.22 35.24	600m: 6:49.98 35.49	800m: 9:07.80 33.98				
9.	Vania Soares Neves	90	Leixoes	<b>9:08.63</b>		+0,77	729	
	50m: 31.01 31.01	250m: 2:48.81 34.64	450m: 5:07.22 34.33	650m: 7:26.37 35.10				
	100m: 1:04.89 33.88	300m: 3:23.82 35.01	500m: 5:41.87 34.65	700m: 8:01.03 34.66				
	150m: 1:39.27 34.38	350m: 3:58.09 34.27	550m: 6:16.59 34.72	750m: 8:35.72 34.69				
	200m: 2:14.17 34.90	400m: 4:32.89 34.80	600m: 6:51.27 34.68	800m: 9:08.63 32.91				
10.	Maria Teresa Amorim	97	Porto	<b>9:11.90</b>		+0,85	716	
	50m: 30.97 30.97	250m: 2:46.83 34.80	450m: 5:07.19 35.26	650m: 7:28.57 35.41				
	100m: 1:03.92 32.95	300m: 3:21.64 34.81	500m: 5:42.46 35.27	700m: 8:03.83 35.26				
	150m: 1:37.86 33.94	350m: 3:56.73 35.09	550m: 6:17.83 35.37	750m: 8:38.68 34.85				
	200m: 2:12.03 34.17	400m: 4:31.93 35.20	600m: 6:53.16 35.33	800m: 9:11.90 33.22				
11.	Francisca Gomes Azevedo	97	Alges	<b>9:16.25</b>		+0,81	699	
	50m: 30.98 30.98	250m: 2:50.50 35.52	450m: 5:11.75 34.98	650m: 7:32.42 35.29				
	100m: 1:05.19 34.21	300m: 3:25.97 35.47	500m: 5:46.96 35.21	700m: 8:07.78 35.36				
	150m: 1:39.73 34.54	350m: 4:01.48 35.51	550m: 6:21.96 35.00	750m: 8:42.81 35.03				
	200m: 2:14.98 35.25	400m: 4:36.77 35.29	600m: 6:57.13 35.17	800m: 9:16.25 33.44				
12.	Carolina Mantua Guedes	98	Sporting	<b>9:19.53</b>		+0,76	687	
	50m: 30.80 30.80	250m: 2:49.05 35.02	450m: 5:09.52 35.09	650m: 7:32.22 34.79				
	100m: 1:04.89 34.09	300m: 3:24.07 35.02	500m: 5:45.82 36.30	700m: 8:08.85 36.63				
	150m: 1:39.09 34.20	350m: 3:59.07 35.00	550m: 6:20.69 34.87	750m: 8:44.41 35.56				
	200m: 2:14.03 34.94	400m: 4:34.43 35.36	600m: 6:57.43 36.74	800m: 9:19.53 35.12				
13.	Ana Rita Faria	00	Porto	<b>9:22.50</b>		+0,93	676	
	50m: 32.33 32.33	250m: 2:54.97 35.94	450m: 5:17.50 35.30	650m: 7:39.16 35.29				
	100m: 1:07.56 35.23	300m: 3:30.86 35.89	500m: 5:52.95 35.45	700m: 8:14.52 35.36				
	150m: 1:43.41 35.85	350m: 4:06.55 35.69	550m: 6:28.48 35.53	750m: 8:49.36 34.84				
	200m: 2:19.03 35.62	400m: 4:42.20 35.65	600m: 7:03.87 35.39	800m: 9:22.50 33.14				
14.	Lucia Quero Calzado	97	C.N. Moscardo	<b>9:23.52</b>		+0,73	673	
	50m: 31.74 31.74	250m: 2:52.99 35.66	450m: 5:15.72 35.26	650m: 7:38.40 35.74				
	100m: 1:06.42 34.68	300m: 3:28.88 35.89	500m: 5:51.45 35.73	700m: 8:14.56 36.16				
	150m: 1:41.73 35.31	350m: 4:04.60 35.72	550m: 6:26.64 35.19	750m: 8:49.92 35.36				
	200m: 2:17.33 35.60	400m: 4:40.46 35.86	600m: 7:02.66 36.02	800m: 9:23.52 33.60				
15.	Barbara Marques Rodrigues	97	Alges	<b>9:25.58</b>		+1,01	665	
	50m: 31.42 31.42	250m: 2:51.81 35.60	450m: 5:14.71 35.99	650m: 7:38.32 35.72				
	100m: 1:05.61 34.19	300m: 3:27.30 35.49	500m: 5:50.45 35.74	700m: 8:14.25 35.93				
	150m: 1:40.88 35.27	350m: 4:03.28 35.98	550m: 6:26.57 36.12	750m: 8:50.13 35.88				
	200m: 2:16.21 35.33	400m: 4:38.72 35.44	600m: 7:02.60 36.03	800m: 9:25.58 35.45				
16.	Maria Joao Fernandes	97	Vilacondense	<b>9:26.62</b>		+0,80	662	
	50m: 32.03 32.03	250m: 2:53.26 35.59	450m: 5:16.49 35.76	650m: 7:40.39 36.04				
	100m: 1:07.16 35.13	300m: 3:29.02 35.76	500m: 5:52.63 36.14	700m: 8:16.45 36.06				
	150m: 1:42.09 34.93	350m: 4:04.89 35.87	550m: 6:28.36 35.73	750m: 8:51.60 35.15				
	200m: 2:17.67 35.58	400m: 4:40.73 35.84	600m: 7:04.35 35.99	800m: 9:26.62 35.02				

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Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
17.	Helena Paula Carvalho	95	Uniao Piedense	<b>9:27.10</b>	+0,75	660	
	50m: 32.28 32.28	250m: 2:55.56 36.26	450m: 5:19.51 36.05	650m: 7:42.75 35.84			
	100m: 1:07.45 35.17	300m: 3:31.49 35.93	500m: 5:55.21 35.70	700m: 8:18.17 35.42			
	150m: 1:43.52 36.07	350m: 4:07.58 36.09	550m: 6:30.95 35.74	750m: 8:53.50 35.33			
	200m: 2:19.30 35.78	400m: 4:43.46 35.88	600m: 7:06.91 35.96	800m: 9:27.10 33.60			
18.	Ana Silva Costa	98	Famalicao	<b>9:29.68</b>	+0,80	651	
	50m: 32.26 32.26	250m: 2:53.94 35.72	450m: 5:17.38 35.72	650m: 7:42.05 35.96			
	100m: 1:07.38 35.12	300m: 3:29.88 35.94	500m: 5:53.48 36.10	700m: 8:18.69 36.64			
	150m: 1:42.86 35.48	350m: 4:05.84 35.96	550m: 6:29.58 36.10	750m: 8:54.36 35.67			
	200m: 2:18.22 35.36	400m: 4:41.66 35.82	600m: 7:06.09 36.51	800m: 9:29.68 35.32			
19.	Beatriz Paulo Ranito	99	Sporting	<b>9:31.88</b>	+0,78	644	
	50m: 32.85 32.85	250m: 2:57.94 36.19	450m: 5:22.54 35.92	650m: 7:44.99 35.55			
	100m: 1:08.70 35.85	300m: 3:34.10 36.16	500m: 5:58.47 35.93	700m: 8:20.85 35.86			
	150m: 1:45.53 36.83	350m: 4:10.54 36.44	550m: 6:34.06 35.59	750m: 8:56.61 35.76			
	200m: 2:21.75 36.22	400m: 4:46.62 36.08	600m: 7:09.44 35.38	800m: 9:31.88 35.27			
20.	Madalena Amaro Machado	98	Academico Viseu	<b>9:32.81</b>	+0,90	640	
	50m: 32.83 32.83	250m: 2:58.26 36.16	450m: 5:22.76 36.07	650m: 7:48.30 35.81			
	100m: 1:08.47 35.64	300m: 3:33.99 35.73	500m: 5:59.85 37.09	700m: 8:24.97 36.67			
	150m: 1:45.19 36.72	350m: 4:10.30 36.31	550m: 6:35.90 36.05	750m: 8:59.26 34.29			
	200m: 2:22.10 36.91	400m: 4:46.69 36.39	600m: 7:12.49 36.59	800m: 9:32.81 33.55			
21.	Barbara Coimbra Teodosio	99	Nautico Marinha Grande	<b>9:33.56</b>	+0,95	638	
	50m: 32.41 32.41	250m: 2:55.94 36.26	450m: 5:22.12 36.61	650m: 7:47.18 36.40			
	100m: 1:07.85 35.44	300m: 3:32.20 36.26	500m: 5:58.74 36.62	700m: 8:24.03 36.85			
	150m: 1:43.89 36.04	350m: 4:08.87 36.67	550m: 6:34.47 35.73	750m: 9:00.19 36.16			
	200m: 2:19.68 35.79	400m: 4:45.51 36.64	600m: 7:10.78 36.31	800m: 9:33.56 33.37			
22.	Ana Raquel Ferreira	98	Ginasio Figueirense	<b>9:33.78</b>	+1,08	637	
	50m: 32.81 32.81	250m: 2:58.66 36.75	450m: 5:23.74 36.21	650m: 7:47.91 36.19			
	100m: 1:08.91 36.10	300m: 3:34.93 36.27	500m: 5:59.69 35.95	700m: 8:23.94 36.03			
	150m: 1:45.79 36.88	350m: 4:11.48 36.55	550m: 6:35.66 35.97	750m: 8:59.59 35.65			
	200m: 2:21.91 36.12	400m: 4:47.53 36.05	600m: 7:11.72 36.06	800m: 9:33.78 34.19			
23.	Carolina Madeira Santos	96	Naval Amorense	<b>9:36.99</b>	+0,89	627	
	<i>FTL</i>						
	50m: 31.99 31.99	250m: 2:56.19 36.44	450m: 5:22.19 36.10	650m: 7:47.32 36.34			
	100m: 1:07.49 35.50	300m: 3:32.66 36.47	500m: 5:58.61 36.42	700m: 8:22.88 35.56			
	150m: 1:43.37 35.88	350m: 4:09.32 36.66	550m: 6:34.81 36.20	750m: 9:00.82 37.94			
	200m: 2:19.75 36.38	400m: 4:46.09 36.77	600m: 7:10.98 36.17	800m: 9:36.99 36.17			
24.	Sofia Isabel Gouveia	00	Uniao Piedense	<b>9:42.49</b>	+0,78	609	
	50m: 32.37 32.37	250m: 2:58.42 37.04	450m: 5:27.14 37.01	650m: 7:55.10 36.99			
	100m: 1:07.81 35.44	300m: 3:35.64 37.22	500m: 6:04.48 37.34	700m: 8:32.14 37.04			
	150m: 1:44.55 36.74	350m: 4:12.57 36.93	550m: 6:41.48 37.00	750m: 9:08.33 36.19			
	200m: 2:21.38 36.83	400m: 4:50.13 37.56	600m: 7:18.11 36.63	800m: 9:42.49 34.16			
25.	Joana Beatriz Bernardo	99	Fundacao Beatriz Santos	<b>9:42.69</b>	+0,94	608	
	50m: 32.50 32.50	250m: 2:57.96 36.75	450m: 5:25.14 37.01	650m: 7:53.56 36.89			
	100m: 1:08.27 35.77	300m: 3:34.37 36.41	500m: 6:02.31 37.17	700m: 8:30.35 36.79			
	150m: 1:44.63 36.36	350m: 4:11.28 36.91	550m: 6:39.46 37.15	750m: 9:06.92 36.57			
	200m: 2:21.21 36.58	400m: 4:48.13 36.85	600m: 7:16.67 37.21	800m: 9:42.69 35.77			

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26.	Carolina Silva Moreira	99	Natacao da Maia	<b>9:42.71</b>	+0,78	608	
	50m: 33.21 33.21	250m: 2:59.51 36.91	450m: 5:27.42 36.89	650m: 7:55.58 36.71			
	100m: 1:09.16 35.95	300m: 3:36.70 37.19	500m: 6:04.76 37.34	700m: 8:32.60 37.02			
	150m: 1:45.90 36.74	350m: 4:13.45 36.75	550m: 6:42.00 37.24	750m: 9:08.74 36.14			
	200m: 2:22.60 36.70	400m: 4:50.53 37.08	600m: 7:18.87 36.87	800m: 9:42.71 33.97			
27.	Federica Vaccaro FTL	97	Pol Lib Invicta - Potenza	<b>9:42.73</b>	+0,77	608	
	50m: 31.41 31.41	250m: 2:55.85 36.69	450m: 5:23.40 37.05	650m: 7:51.47 37.20			
	100m: 1:06.41 35.00	300m: 3:32.35 36.50	500m: 6:00.20 36.80	700m: 8:28.72 37.25			
	150m: 1:42.47 36.06	350m: 4:09.14 36.79	550m: 6:37.57 37.37	750m: 9:06.11 37.39			
	200m: 2:19.16 36.69	400m: 4:46.35 37.21	600m: 7:14.27 36.70	800m: 9:42.73 36.62			
28.	Ines Jacinto Henriques	00	Pimpoes/Cimai	<b>9:42.97</b>	+0,75	607	
	50m: 32.73 32.73	250m: 2:59.12 36.78	450m: 5:27.40 37.29	650m: 7:54.88 36.94			
	100m: 1:09.12 36.39	300m: 3:35.98 36.86	500m: 6:04.12 36.72	700m: 8:31.63 36.75			
	150m: 1:45.56 36.44	350m: 4:12.97 36.99	550m: 6:41.28 37.16	750m: 9:08.24 36.61			
	200m: 2:22.34 36.78	400m: 4:50.11 37.14	600m: 7:17.94 36.66	800m: 9:42.97 34.73			
29.	Catarina Alexandra Jardim	98	Famalicao	<b>9:43.92</b>	+0,79	604	
	50m: 33.17 33.17	250m: 2:58.75 36.80	450m: 5:24.73 36.39	650m: 7:53.19 36.77			
	100m: 1:08.90 35.73	300m: 3:35.36 36.61	500m: 6:01.80 37.07	700m: 8:30.68 37.49			
	150m: 1:45.39 36.49	350m: 4:11.71 36.35	550m: 6:38.68 36.88	750m: 9:07.52 36.84			
	200m: 2:21.95 36.56	400m: 4:48.34 36.63	600m: 7:16.42 37.74	800m: 9:43.92 36.40			
30.	Eva Guerreiro Carvalho	99	Uniao Piedense	<b>9:44.67</b>	+0,90	602	
	50m: 33.64 33.64	250m: 3:00.51 37.15	450m: 5:28.46 37.19	650m: 7:56.17 37.14			
	100m: 1:09.48 35.84	300m: 3:37.23 36.72	500m: 6:05.22 36.76	700m: 8:33.05 36.88			
	150m: 1:46.81 37.33	350m: 4:14.58 37.35	550m: 6:42.11 36.89	750m: 9:09.41 36.36			
	200m: 2:23.36 36.55	400m: 4:51.27 36.69	600m: 7:19.03 36.92	800m: 9:44.67 35.26			
31.	Mariana Pinto Angelo	99	Academica de Coimbra	<b>9:45.56</b>	+0,84	599	
	50m: 33.44 33.44	250m: 2:59.63 36.83	450m: 5:27.99 36.92	650m: 7:56.71 36.94			
	100m: 1:09.47 36.03	300m: 3:36.83 37.20	500m: 6:05.59 37.60	700m: 8:33.79 37.08			
	150m: 1:45.89 36.42	350m: 4:13.70 36.87	550m: 6:42.63 37.04	750m: 9:10.30 36.51			
	200m: 2:22.80 36.91	400m: 4:51.07 37.37	600m: 7:19.77 37.14	800m: 9:45.56 35.26			
32.	Maria Santos Silva	99	Nautico Marinha Grande	<b>9:45.73</b>	+0,80	599	
	50m: 33.67 33.67	250m: 3:00.47 36.67	450m: 5:27.64 36.27	650m: 7:56.41 37.12			
	100m: 1:09.70 36.03	300m: 3:37.37 36.90	500m: 6:04.63 36.99	700m: 8:33.87 37.46			
	150m: 1:46.81 37.11	350m: 4:14.20 36.83	550m: 6:41.95 37.32	750m: 9:10.69 36.82			
	200m: 2:23.80 36.99	400m: 4:51.37 37.17	600m: 7:19.29 37.34	800m: 9:45.73 35.04			
33.	Joana Miguel Alexandre	99	Amadora	<b>9:46.12</b>	+0,80	598	
	50m: 33.19 33.19	250m: 3:00.47 37.04	450m: 5:28.84 36.79	650m: 7:56.92 36.87			
	100m: 1:09.58 36.39	300m: 3:37.52 37.05	500m: 6:05.83 36.99	700m: 8:33.94 37.02			
	150m: 1:46.26 36.68	350m: 4:14.78 37.26	550m: 6:43.12 37.29	750m: 9:10.80 36.86			
	200m: 2:23.43 37.17	400m: 4:52.05 37.27	600m: 7:20.05 36.93	800m: 9:46.12 35.32			
34.	Maria Beatriz Dias	99	Viver Santarem	<b>9:48.18</b>	+0,76	591	
	50m: 33.62 33.62	250m: 2:59.59 36.93	450m: 5:28.05 37.57	650m: 7:57.61 37.50			
	100m: 1:09.53 35.91	300m: 3:36.49 36.90	500m: 6:05.29 37.24	700m: 8:34.94 37.33			
	150m: 1:46.06 36.53	350m: 4:13.48 36.99	550m: 6:42.60 37.31	750m: 9:12.27 37.33			
	200m: 2:22.66 36.60	400m: 4:50.48 37.00	600m: 7:20.11 37.51	800m: 9:48.18 35.91			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Campeonato Nacional de Juvenis  
Campeonato Absolutos de Portugal-OPEN  
Oeiras, 24.7. - 27.7.2014

Event 45, Women, 800m Freestyle, Open

Rank	Nome	YB	Clube	Tempo Final				RT	Pts FINA	Pts
35.	Ana Beatriz La Feria	99	Porto	<b>9:48.72</b>				+0,91	590	
	50m: 33.66	33.66	250m: 2:59.12	36.87	450m: 5:27.65	37.31	650m: 7:57.30	37.34		
	100m: 1:09.35	35.69	300m: 3:36.01	36.89	500m: 6:05.20	37.55	700m: 8:35.25	37.95		
	150m: 1:45.51	36.16	350m: 4:13.13	37.12	550m: 6:42.51	37.31	750m: 9:12.42	37.17		
	200m: 2:22.25	36.74	400m: 4:50.34	37.21	600m: 7:19.96	37.45	800m: 9:48.72	36.30		
36.	Filipa Sousa Pinheiro	99	Sporting	<b>9:52.27</b>				+1,00	579	
	50m: 32.51	32.51	250m: 2:59.59	36.57	450m: 5:28.72	36.83	650m: 7:58.52	37.23		
	100m: 1:09.16	36.65	300m: 3:37.28	37.69	500m: 6:06.22	37.50	700m: 8:36.80	38.28		
	150m: 1:45.59	36.43	350m: 4:14.24	36.96	550m: 6:43.27	37.05	750m: 9:14.41	37.61		
	200m: 2:23.02	37.43	400m: 4:51.89	37.65	600m: 7:21.29	38.02	800m: 9:52.27	37.86		
37.	Ana Rita Graca	98	Vilacondense	<b>9:53.08</b>				+1,03	577	
	<i>FTL</i>									
	50m: 32.83	32.83	250m: 3:00.47	37.34	450m: 5:30.45	37.64	650m: 8:01.33	37.77		
	100m: 1:08.81	35.98	300m: 3:38.07	37.60	500m: 6:07.99	37.54	700m: 8:39.33	38.00		
	150m: 1:46.01	37.20	350m: 4:15.34	37.27	550m: 6:45.76	37.77	750m: 9:16.73	37.40		
	200m: 2:23.13	37.12	400m: 4:52.81	37.47	600m: 7:23.56	37.80	800m: 9:53.08	36.35		
38.	Ana Miguel Reis	00	Columbofila Cantanhedense	<b>9:53.35</b>				+0,84	576	
	50m: 33.69	33.69	250m: 3:02.84	37.67	450m: 5:33.99	37.35	650m: 8:03.63	37.21		
	100m: 1:10.07	36.38	300m: 3:40.81	37.97	500m: 6:11.52	37.53	700m: 8:40.89	37.26		
	150m: 1:47.51	37.44	350m: 4:18.69	37.88	550m: 6:48.88	37.36	750m: 9:17.75	36.86		
	200m: 2:25.17	37.66	400m: 4:56.64	37.95	600m: 7:26.42	37.54	800m: 9:53.35	35.60		
39.	Rita Verissimo Damasceno	98	Nautico /Urgicentro-Sanfil	<b>9:53.60</b>				+0,84	575	
	<i>FTL</i>									
	50m: 33.93	33.93	250m: 3:01.00	37.05	450m: 5:30.71	37.36	650m: 8:01.22	37.04		
	100m: 1:10.37	36.44	300m: 3:38.51	37.51	500m: 6:08.73	38.02	700m: 8:39.50	38.28		
	150m: 1:46.92	36.55	350m: 4:15.63	37.12	550m: 6:46.09	37.36	750m: 9:16.64	37.14		
	200m: 2:23.95	37.03	400m: 4:53.35	37.72	600m: 7:24.18	38.09	800m: 9:53.60	36.96		
40.	Margarida Valente Orrico	00	Uniao Piedense	<b>9:55.40</b>				+0,90	570	
	50m: 32.71	32.71	250m: 2:59.92	37.64	450m: 5:31.22	37.86	650m: 8:04.15	38.66		
	100m: 1:08.36	35.65	300m: 3:37.58	37.66	500m: 6:09.03	37.81	700m: 8:42.17	38.02		
	150m: 1:45.23	36.87	350m: 4:15.48	37.90	550m: 6:47.23	38.20	750m: 9:20.15	37.98		
	200m: 2:22.28	37.05	400m: 4:53.36	37.88	600m: 7:25.49	38.26	800m: 9:55.40	35.25		
41.	Ana Pires Brito	99	Colegio Monte Maior	<b>9:56.92</b>				+0,85	566	
	50m: 32.78	32.78	250m: 3:00.64	37.74	450m: 5:32.02	37.78	650m: 8:03.65	37.88		
	100m: 1:08.71	35.93	300m: 3:38.32	37.68	500m: 6:09.87	37.85	700m: 8:41.97	38.32		
	150m: 1:45.87	37.16	350m: 4:16.37	38.05	550m: 6:47.48	37.61	750m: 9:20.26	38.29		
	200m: 2:22.90	37.03	400m: 4:54.24	37.87	600m: 7:25.77	38.29	800m: 9:56.92	36.66		
42.	Catarina Martins Mestre	00	Sporting	<b>9:58.46</b>				+0,78	561	
	50m: 33.35	33.35	250m: 3:02.82	38.02	450m: 5:34.69	38.80	650m: 8:07.85	38.34		
	100m: 1:09.86	36.51	300m: 3:40.09	37.27	500m: 6:12.84	38.15	700m: 8:45.67	37.82		
	150m: 1:47.80	37.94	350m: 4:18.44	38.35	550m: 6:51.59	38.75	750m: 9:22.56	36.89		
	200m: 2:24.80	37.00	400m: 4:55.89	37.45	600m: 7:29.51	37.92	800m: 9:58.46	35.90		
43.	Patricia Palmeiro Baeta	00	Viver Santarem	<b>9:58.51</b>				+0,77	561	
	50m: 34.14	34.14	250m: 3:02.52	37.59	450m: 5:34.94	38.62	650m: 8:08.45	38.54		
	100m: 1:10.91	36.77	300m: 3:40.65	38.13	500m: 6:13.35	38.41	700m: 8:46.11	37.66		
	150m: 1:47.90	36.99	350m: 4:18.51	37.86	550m: 6:52.00	38.65	750m: 9:21.39	35.28		
	200m: 2:24.93	37.03	400m: 4:56.32	37.81	600m: 7:29.91	37.91	800m: 9:58.51	37.12		

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Event 45, Women, 800m Freestyle, Open

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
44.	Catarina Costa Fernandes	99	Colegio Bernardette Romeira	<b>9:59.54</b>	+0,82	558	
	<i>FTL</i>						
	50m: 32.90 32.90	250m: 3:03.68 38.26	450m: 5:36.52 38.08	650m: 8:08.91 38.19			
	100m: 1:09.86 36.96	300m: 3:41.41 37.73	500m: 6:14.25 37.73	700m: 8:47.00 38.09			
	150m: 1:47.93 38.07	350m: 4:20.08 38.67	550m: 6:52.48 38.23	750m: 9:23.84 36.84			
	200m: 2:25.42 37.49	400m: 4:58.44 38.36	600m: 7:30.72 38.24	800m: 9:59.54 35.70			
45.	Rafaela Araujo Silva	00	Famalicao	<b>10:00.16</b>	+1,01	557	
	50m: 33.98 33.98	250m: 3:04.97 37.95	450m: 5:36.89 38.04	650m: 8:09.07 38.18			
	100m: 1:11.13 37.15	300m: 3:43.00 38.03	500m: 6:15.09 38.20	700m: 8:47.50 38.43			
	150m: 1:48.74 37.61	350m: 4:20.85 37.85	550m: 6:52.78 37.69	750m: 9:24.55 37.05			
	200m: 2:27.02 38.28	400m: 4:58.85 38.00	600m: 7:30.89 38.11	800m: 10:00.16 35.61			
46.	Mariana Soares Martinho	99	20Km de Almeirim	<b>10:01.37</b>	+0,76	553	
	<i>FTL</i>						
	50m: 33.48 33.48	250m: 3:04.01 37.97	450m: 5:36.58 38.14	650m: 8:09.42 38.06			
	100m: 1:10.29 36.81	300m: 3:41.95 37.94	500m: 6:15.02 38.44	700m: 8:47.46 38.04			
	150m: 1:48.26 37.97	350m: 4:20.28 38.33	550m: 6:53.32 38.30	750m: 9:24.77 37.31			
	200m: 2:26.04 37.78	400m: 4:58.44 38.16	600m: 7:31.36 38.04	800m: 10:01.37 36.60			
47.	Sara Filipa Santos	00	Porto	<b>10:04.27</b>	+0,89	545	
	50m: 34.84 34.84	250m: 3:06.46 37.94	450m: 5:39.40 38.13	650m: 8:11.66 37.91			
	100m: 1:12.48 37.64	300m: 3:44.72 38.26	500m: 6:17.71 38.31	700m: 8:49.63 37.97			
	150m: 1:50.50 38.02	350m: 4:22.95 38.23	550m: 6:55.79 38.08	750m: 9:27.54 37.91			
	200m: 2:28.52 38.02	400m: 5:01.27 38.32	600m: 7:33.75 37.96	800m: 10:04.27 36.73			
48.	Iris Cunha Santos	00	Porto	<b>10:05.47</b>	+1,04	542	
	50m: 34.91 34.91	250m: 3:06.30 37.86	450m: 5:39.36 37.97	650m: 8:13.13 38.01			
	100m: 1:12.52 37.61	300m: 3:44.40 38.10	500m: 6:17.77 38.41	700m: 8:51.70 38.57			
	150m: 1:50.66 38.14	350m: 4:23.03 38.63	550m: 6:56.27 38.50	750m: 9:29.58 37.88			
	200m: 2:28.44 37.78	400m: 5:01.39 38.36	600m: 7:35.12 38.85	800m: 10:05.47 35.89			
49.	Mariana Silva Navalho	00	Uniao Piedense	<b>10:07.01</b>	+0,84	538	
	50m: 34.86 34.86	250m: 3:08.55 38.71	450m: 5:41.85 38.39	650m: 8:15.00 37.90			
	100m: 1:13.03 38.17	300m: 3:46.75 38.20	500m: 6:20.35 38.50	700m: 8:53.07 38.07			
	150m: 1:51.55 38.52	350m: 4:25.16 38.41	550m: 6:59.02 38.67	750m: 9:30.92 37.85			
	200m: 2:29.84 38.29	400m: 5:03.46 38.30	600m: 7:37.10 38.08	800m: 10:07.01 36.09			
50.	Maria Leonor Valente	00	Fluvial Portuense	<b>10:09.49</b>	+0,77	532	
	50m: 34.72 34.72	250m: 3:08.31 38.44	450m: 5:41.60 37.79	650m: 8:17.03 38.74			
	100m: 1:13.11 38.39	300m: 3:46.80 38.49	500m: 6:20.33 38.73	700m: 8:55.83 38.80			
	150m: 1:51.11 38.00	350m: 4:25.36 38.56	550m: 6:58.99 38.66	750m: 9:33.08 37.25			
	200m: 2:29.87 38.76	400m: 5:03.81 38.45	600m: 7:38.29 39.30	800m: 10:09.49 36.41			
51.	Mariana Silva Ramos	00	Sporting	<b>10:09.66</b>	+0,77	531	
	50m: 34.17 34.17	250m: 3:06.12 38.28	450m: 5:39.29 38.15	650m: 8:14.31 38.69			
	100m: 1:11.51 37.34	300m: 3:44.28 38.16	500m: 6:18.11 38.82	700m: 8:53.17 38.86			
	150m: 1:49.37 37.86	350m: 4:22.64 38.36	550m: 6:56.81 38.70	750m: 9:31.84 38.67			
	200m: 2:27.84 38.47	400m: 5:01.14 38.50	600m: 7:35.62 38.81	800m: 10:09.66 37.82			
52.	Sara Lopes Barbosa	00	Gespacos	<b>10:11.20</b>	+0,92	527	
	50m: 35.06 35.06	250m: 3:08.95 38.97	450m: 5:44.92 39.01	650m: 8:19.09 38.87			
	100m: 1:13.18 38.12	300m: 3:47.84 38.89	500m: 6:23.61 38.69	700m: 8:56.93 37.84			
	150m: 1:51.72 38.54	350m: 4:26.74 38.90	550m: 7:01.90 38.29	750m: 9:34.75 37.82			
	200m: 2:29.98 38.26	400m: 5:05.91 39.17	600m: 7:40.22 38.32	800m: 10:11.20 36.45			

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Rank	Nome	YB	Clube	Tempo Final				RT	Pts FINA	Pts
53.	Eliana Dirce Lourenco	00	Galitos	<b>10:12.79</b>					<b>523</b>	
	50m: 34.67 34.67	250m: 3:10.67	38.49	450m: 5:46.09	37.71	650m: 8:19.99	38.86			
	100m: 1:13.82 39.15	300m: 3:49.57	38.90	500m: 6:24.34	38.25	700m: 8:58.34	38.35			
	150m: 1:52.95 39.13	350m: 4:28.74	39.17	550m: 7:02.70	38.36	750m: 9:35.92	37.58			
	200m: 2:32.18 39.23	400m: 5:08.38	39.64	600m: 7:41.13	38.43	800m: 10:12.79	36.87			
54.	Ana Sofia Ramos	00	Porto	<b>10:13.44</b>				<b>+0,90</b>	<b>521</b>	
	50m: 33.73 33.73	250m: 3:03.15	37.64	450m: 5:36.36	38.61	650m: 8:15.17	39.60			
	100m: 1:10.14 36.41	300m: 3:41.30	38.15	500m: 6:15.82	39.46	700m: 8:55.35	40.18			
	150m: 1:47.52 37.38	350m: 4:18.98	37.68	550m: 6:54.95	39.13	750m: 9:34.39	39.04			
	200m: 2:25.51 37.99	400m: 4:57.75	38.77	600m: 7:35.57	40.62	800m: 10:13.44	39.05			
55.	Joana Mota Correia	00	Alcobaca	<b>10:16.05</b>				<b>+0,86</b>	<b>515</b>	
	<i>FTL</i>									
	50m: 33.91 33.91	250m: 3:05.93	38.40	450m: 5:41.25	38.94	650m: 8:18.48	39.64			
	100m: 1:11.29 37.38	300m: 3:44.60	38.67	500m: 6:20.06	38.81	700m: 8:57.47	38.99			
	150m: 1:49.19 37.90	350m: 4:23.34	38.74	550m: 6:59.34	39.28	750m: 9:37.28	39.81			
	200m: 2:27.53 38.34	400m: 5:02.31	38.97	600m: 7:38.84	39.50	800m: 10:16.05	38.77			
56.	Andreia Brito Pereira	00	Vigor da Mocidade	<b>10:16.45</b>				<b>+0,96</b>	<b>514</b>	
	<i>FTL</i>									
	50m: 33.86 33.86	250m: 3:08.58	38.84	450m: 5:46.00	39.23	650m: 8:23.34	39.43			
	100m: 1:11.43 37.57	300m: 3:47.63	39.05	500m: 6:25.54	39.54	700m: 9:02.57	39.23			
	150m: 1:50.51 39.08	350m: 4:27.13	39.50	550m: 7:04.85	39.31	750m: 9:41.07	38.50			
	200m: 2:29.74 39.23	400m: 5:06.77	39.64	600m: 7:43.91	39.06	800m: 10:16.45	35.38			
57.	Leonor Costa Tejo	00	Academica de Coimbra	<b>10:16.78</b>				<b>+1,10</b>	<b>513</b>	
	<i>FTL</i>									
	50m: 34.44 34.44	250m: 3:09.72	38.91	450m: 5:47.23	39.53	650m: 8:23.91	39.26			
	100m: 1:12.97 38.53	300m: 3:49.03	39.31	500m: 6:26.02	38.79	700m: 9:03.12	39.21			
	150m: 1:52.37 39.40	350m: 4:28.50	39.47	550m: 7:05.06	39.04	750m: 9:41.41	38.29			
	200m: 2:30.81 38.44	400m: 5:07.70	39.20	600m: 7:44.65	39.59	800m: 10:16.78	35.37			
58.	Ines Silva Oliveira	00	Leixoes	<b>10:21.24</b>				<b>+0,85</b>	<b>502</b>	
	<i>FTL</i>									
	50m: 33.37 33.37	250m: 3:05.46	39.81	450m: 5:43.84	39.86	650m: 8:22.92	39.53			
	100m: 1:09.91 36.54	300m: 3:44.84	39.38	500m: 6:23.61	39.77	700m: 9:02.18	39.26			
	150m: 1:48.44 38.53	350m: 4:24.71	39.87	550m: 7:03.41	39.80	750m: 9:42.14	39.96			
	200m: 2:25.65 37.21	400m: 5:03.98	39.27	600m: 7:43.39	39.98	800m: 10:21.24	39.10			
59.	Beatriz Pereira Gomes	00	Amadora	<b>10:21.71</b>				<b>+0,95</b>	<b>501</b>	
	<i>FTL</i>									
	50m: 35.03 35.03	250m: 3:11.58	39.39	450m: 5:47.14	38.62	650m: 8:24.84	39.82			
	100m: 1:13.53 38.50	300m: 3:50.44	38.86	500m: 6:26.13	38.99	700m: 9:04.04	39.20			
	150m: 1:53.22 39.69	350m: 4:29.70	39.26	550m: 7:05.95	39.82	750m: 9:42.62	38.58			
	200m: 2:32.19 38.97	400m: 5:08.52	38.82	600m: 7:45.02	39.07	800m: 10:21.71	39.09			
60.	Carla Laranjeira Marques	00	Sporting de Aveiro	<b>10:25.13</b>				<b>+0,74</b>	<b>493</b>	
	<i>FTL</i>									
	50m: 33.99 33.99	250m: 3:08.83	39.16	450m: 5:48.29	39.30	650m: 8:26.74	40.05			
	100m: 1:11.47 37.48	300m: 3:49.00	40.17	500m: 6:27.53	39.24	700m: 9:06.85	40.11			
	150m: 1:49.98 38.51	350m: 4:28.57	39.57	550m: 7:07.00	39.47	750m: 9:46.73	39.88			
	200m: 2:29.67 39.69	400m: 5:08.99	40.42	600m: 7:46.69	39.69	800m: 10:25.13	38.40			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Campeonato Nacional de Juvenis  
Campeonato Absolutos de Portugal-OPEN  
Oeiras, 24.7. - 27.7.2014

Event 45, Women, 800m Freestyle, Open

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
61.	Carolina Pastor Escada <i>FTL</i>	00	Aminata	<b>10:40.13</b>	+0,88	459	
	50m: 35.41 35.41	250m: 3:14.71 40.35	450m: 5:58.51 40.38	650m: 8:40.07 40.47			
	100m: 1:14.76 39.35	300m: 3:55.53 40.82	500m: 6:38.60 40.09	700m: 9:20.36 40.29			
	150m: 1:54.26 39.50	350m: 4:36.88 41.35	550m: 7:19.11 40.51	750m: 10:00.68 40.32			
	200m: 2:34.36 40.10	400m: 5:18.13 41.25	600m: 7:59.60 40.49	800m: 10:40.13 39.45			
DNS	Irene Andrea Lope	96	C.N. Moscardo				
DNS	Ariana Santos Lopes	00	Estarreja				
DNS	Angelica Maria Andre	94	Fluvial Portuense				
DNS	Maria Luis Amorim	95	Porto				

Event 45 Women, 800m Freestyle Absolutos  
27-07-2014 - 17:00 Results

Rec Nac Open	8:49.86	Florbela Cavaco Machado	ASSSCC	Coimbra	25-05-2013
Rec Nac Jun16	8:57.14	Marta Andreia Ferreira	FPN	Berlim (GER)	31-07-2002
Rec Nac Jun17	8:49.86	Florbela Cavaco Machado	ASSSCC	Coimbra	25-05-2013
Rec Nac Sen	8:52.69	Ana Goncalves Neto	FCP	Famalicao	18-07-2013

Points: FINA 2014

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
1.	Florbela Cavaco Machado	96	Columbofila Cantanhedense	<b>8:57.86</b>	+0,96	774	
	50m: 31.49 31.49	250m: 2:45.63 33.77	450m: 5:00.77 34.10	650m: 7:17.16 33.88			
	100m: 1:04.48 32.99	300m: 3:19.23 33.60	500m: 5:34.94 34.17	700m: 7:51.13 33.97			
	150m: 1:38.16 33.68	350m: 3:52.74 33.51	550m: 6:09.36 34.42	750m: 8:25.38 34.25			
	200m: 2:11.86 33.70	400m: 4:26.67 33.93	600m: 6:43.28 33.92	800m: 8:57.86 32.48			
2.	Filipa Vilas Ruivo	97	Nautico Marinha Grande	<b>8:59.93</b>	+0,86	765	
	50m: 31.30 31.30	250m: 2:45.95 34.15	450m: 5:02.05 34.29	650m: 7:19.16 34.27			
	100m: 1:04.22 32.92	300m: 3:19.77 33.82	500m: 5:36.09 34.04	700m: 7:53.35 34.19			
	150m: 1:38.07 33.85	350m: 3:53.95 34.18	550m: 6:10.46 34.37	750m: 8:27.20 33.85			
	200m: 2:11.80 33.73	400m: 4:27.76 33.81	600m: 6:44.89 34.43	800m: 8:59.93 32.73			
3.	Vania Soares Neves	90	Leixoes	<b>9:08.63</b>	+0,77	729	
	50m: 31.01 31.01	250m: 2:48.81 34.64	450m: 5:07.22 34.33	650m: 7:26.37 35.10			
	100m: 1:04.89 33.88	300m: 3:23.82 35.01	500m: 5:41.87 34.65	700m: 8:01.03 34.66			
	150m: 1:39.27 34.38	350m: 3:58.09 34.27	550m: 6:16.59 34.72	750m: 8:35.72 34.69			
	200m: 2:14.17 34.90	400m: 4:32.89 34.80	600m: 6:51.27 34.68	800m: 9:08.63 32.91			
4.	Maria Teresa Amorim	97	Porto	<b>9:11.90</b>	+0,85	716	
	50m: 30.97 30.97	250m: 2:46.83 34.80	450m: 5:07.19 35.26	650m: 7:28.57 35.41			
	100m: 1:03.92 32.95	300m: 3:21.64 34.81	500m: 5:42.46 35.27	700m: 8:03.83 35.26			
	150m: 1:37.86 33.94	350m: 3:56.73 35.09	550m: 6:17.83 35.37	750m: 8:38.68 34.85			
	200m: 2:12.03 34.17	400m: 4:31.93 35.20	600m: 6:53.16 35.33	800m: 9:11.90 33.22			
5.	Francisca Gomes Azevedo	97	Alges	<b>9:16.25</b>	+0,81	699	
	50m: 30.98 30.98	250m: 2:50.50 35.52	450m: 5:11.75 34.98	650m: 7:32.42 35.29			
	100m: 1:05.19 34.21	300m: 3:25.97 35.47	500m: 5:46.96 35.21	700m: 8:07.78 35.36			
	150m: 1:39.73 34.54	350m: 4:01.48 35.51	550m: 6:21.96 35.00	750m: 8:42.81 35.03			
	200m: 2:14.98 35.25	400m: 4:36.77 35.29	600m: 6:57.13 35.17	800m: 9:16.25 33.44			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição



Campeonato Nacional de Juvenis  
Campeonato Absolutos de Portugal-OPEN  
Oeiras, 24.7. - 27.7.2014

Event 45, Women, 800m Freestyle, Absolutos

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
6.	Carolina Mantua Guedes	98	Sporting	<b>9:19.53</b>	+0,76	687	
	50m: 30.80 30.80	250m: 2:49.05 35.02	450m: 5:09.52 35.09	650m: 7:32.22 34.79			
	100m: 1:04.89 34.09	300m: 3:24.07 35.02	500m: 5:45.82 36.30	700m: 8:08.85 36.63			
	150m: 1:39.09 34.20	350m: 3:59.07 35.00	550m: 6:20.69 34.87	750m: 8:44.41 35.56			
	200m: 2:14.03 34.94	400m: 4:34.43 35.36	600m: 6:57.43 36.74	800m: 9:19.53 35.12			
7.	Barbara Marques Rodrigues	97	Alges	<b>9:25.58</b>	+1,01	665	
	50m: 31.42 31.42	250m: 2:51.81 35.60	450m: 5:14.71 35.99	650m: 7:38.32 35.72			
	100m: 1:05.61 34.19	300m: 3:27.30 35.49	500m: 5:50.45 35.74	700m: 8:14.25 35.93			
	150m: 1:40.88 35.27	350m: 4:03.28 35.98	550m: 6:26.57 36.12	750m: 8:50.13 35.88			
	200m: 2:16.21 35.33	400m: 4:38.72 35.44	600m: 7:02.60 36.03	800m: 9:25.58 35.45			
8.	Maria Joao Fernandes	97	Vilacondense	<b>9:26.62</b>	+0,80	662	
	50m: 32.03 32.03	250m: 2:53.26 35.59	450m: 5:16.49 35.76	650m: 7:40.39 36.04			
	100m: 1:07.16 35.13	300m: 3:29.02 35.76	500m: 5:52.63 36.14	700m: 8:16.45 36.06			
	150m: 1:42.09 34.93	350m: 4:04.89 35.87	550m: 6:28.36 35.73	750m: 8:51.60 35.15			
	200m: 2:17.67 35.58	400m: 4:40.73 35.84	600m: 7:04.35 35.99	800m: 9:26.62 35.02			
9.	Helena Paula Carvalho	95	Uniao Piedense	<b>9:27.10</b>	+0,75	660	
	50m: 32.28 32.28	250m: 2:55.56 36.26	450m: 5:19.51 36.05	650m: 7:42.75 35.84			
	100m: 1:07.45 35.17	300m: 3:31.49 35.93	500m: 5:55.21 35.70	700m: 8:18.17 35.42			
	150m: 1:43.52 36.07	350m: 4:07.58 36.09	550m: 6:30.95 35.74	750m: 8:53.50 35.33			
	200m: 2:19.30 35.78	400m: 4:43.46 35.88	600m: 7:06.91 35.96	800m: 9:27.10 33.60			
10.	Ana Silva Costa	98	Famalicao	<b>9:29.68</b>	+0,80	651	
	50m: 32.26 32.26	250m: 2:53.94 35.72	450m: 5:17.38 35.72	650m: 7:42.05 35.96			
	100m: 1:07.38 35.12	300m: 3:29.88 35.94	500m: 5:53.48 36.10	700m: 8:18.69 36.64			
	150m: 1:42.86 35.48	350m: 4:05.84 35.96	550m: 6:29.58 36.10	750m: 8:54.36 35.67			
	200m: 2:18.22 35.36	400m: 4:41.66 35.82	600m: 7:06.09 36.51	800m: 9:29.68 35.32			
11.	Madalena Amaro Machado	98	Academico Viseu	<b>9:32.81</b>	+0,90	640	
	50m: 32.83 32.83	250m: 2:58.26 36.16	450m: 5:22.76 36.07	650m: 7:48.30 35.81			
	100m: 1:08.47 35.64	300m: 3:33.99 35.73	500m: 5:59.85 37.09	700m: 8:24.97 36.67			
	150m: 1:45.19 36.72	350m: 4:10.30 36.31	550m: 6:35.90 36.05	750m: 8:59.26 34.29			
	200m: 2:22.10 36.91	400m: 4:46.69 36.39	600m: 7:12.49 36.59	800m: 9:32.81 33.55			
12.	Ana Raquel Ferreira	98	Ginasio Figueirense	<b>9:33.78</b>	+1,08	637	
	50m: 32.81 32.81	250m: 2:58.66 36.75	450m: 5:23.74 36.21	650m: 7:47.91 36.19			
	100m: 1:08.91 36.10	300m: 3:34.93 36.27	500m: 5:59.69 35.95	700m: 8:23.94 36.03			
	150m: 1:45.79 36.88	350m: 4:11.48 36.55	550m: 6:35.66 35.97	750m: 8:59.59 35.65			
	200m: 2:21.91 36.12	400m: 4:47.53 36.05	600m: 7:11.72 36.06	800m: 9:33.78 34.19			
13.	Carolina Madeira Santos FTL	96	Naval Amorense	<b>9:36.99</b>	+0,89	627	
	50m: 31.99 31.99	250m: 2:56.19 36.44	450m: 5:22.19 36.10	650m: 7:47.32 36.34			
	100m: 1:07.49 35.50	300m: 3:32.66 36.47	500m: 5:58.61 36.42	700m: 8:22.88 35.56			
	150m: 1:43.37 35.88	350m: 4:09.32 36.66	550m: 6:34.81 36.20	750m: 9:00.82 37.94			
	200m: 2:19.75 36.38	400m: 4:46.09 36.77	600m: 7:10.98 36.17	800m: 9:36.99 36.17			
14.	Catarina Alexandra Jardim	98	Famalicao	<b>9:43.92</b>	+0,79	604	
	50m: 33.17 33.17	250m: 2:58.75 36.80	450m: 5:24.73 36.39	650m: 7:53.19 36.77			
	100m: 1:08.90 35.73	300m: 3:35.36 36.61	500m: 6:01.80 37.07	700m: 8:30.68 37.49			
	150m: 1:45.39 36.49	350m: 4:11.71 36.35	550m: 6:38.68 36.88	750m: 9:07.52 36.84			
	200m: 2:21.95 36.56	400m: 4:48.34 36.63	600m: 7:16.42 37.74	800m: 9:43.92 36.40			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Campeonato Nacional de Juvenis  
Campeonato Absolutos de Portugal-OPEN  
Oeiras, 24.7. - 27.7.2014

Event 45, Women, 800m Freestyle, Absolutos

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
15.	Ana Rita Graca <i>FTL</i>	98	Vilacondense	<b>9:53.08</b>	+1,03	577	
	50m: 32.83 32.83	250m: 3:00.47 37.34	450m: 5:30.45 37.64	650m: 8:01.33 37.77			
	100m: 1:08.81 35.98	300m: 3:38.07 37.60	500m: 6:07.99 37.54	700m: 8:39.33 38.00			
	150m: 1:46.01 37.20	350m: 4:15.34 37.27	550m: 6:45.76 37.77	750m: 9:16.73 37.40			
	200m: 2:23.13 37.12	400m: 4:52.81 37.47	600m: 7:23.56 37.80	800m: 9:53.08 36.35			
16.	Rita Verissimo Damasceno <i>FTL</i>	98	Nautico /Urgicentro-Sanfil	<b>9:53.60</b>	+0,84	575	
	50m: 33.93 33.93	250m: 3:01.00 37.05	450m: 5:30.71 37.36	650m: 8:01.22 37.04			
	100m: 1:10.37 36.44	300m: 3:38.51 37.51	500m: 6:08.73 38.02	700m: 8:39.50 38.28			
	150m: 1:46.92 36.55	350m: 4:15.63 37.12	550m: 6:46.09 37.36	750m: 9:16.64 37.14			
	200m: 2:23.95 37.03	400m: 4:53.35 37.72	600m: 7:24.18 38.09	800m: 9:53.60 36.96			
DNS	Angelica Maria Andre	94	Fluvial Portuense				
DNS	Maria Luis Amorim	95	Porto				

Event 45 Girls, 800m Freestyle Juvenis Results  
27-07-2014 - 17:00

Rec Nac Open	8:49.86	Florbela Cavaco Machado	ASSSCC Coimbra	25-05-2013
Rec Nac Juv B	9:07.70	Alexandra Maria Silva	FPN Split (CRO)	10-09-1981
Rec Nac Juv A	8:51.26	Tamila Hryhorivna Holub	POR Porto	08-06-2014

Points: FINA 2014

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
1.	Tamila Hryhorivna Holub <i>Recorde Nacional, Juvenil A</i>	99	Braga	<b>8:50.68</b>	+0,91	805	
	50m: 31.31 31.31	250m: 2:44.60 33.50	450m: 4:58.45 33.16	650m: 7:11.94 33.07			
	100m: 1:04.61 33.30	300m: 3:18.23 33.63	500m: 5:31.97 33.52	700m: 7:45.43 33.49			
	150m: 1:37.84 33.23	350m: 3:51.67 33.44	550m: 6:05.47 33.50	750m: 8:18.50 33.07			
	200m: 2:11.10 33.26	400m: 4:25.29 33.62	600m: 6:38.87 33.40	800m: 8:50.68 32.18			
2.	Ana Rita Faria	00	Porto	<b>9:22.50</b>	+0,93	676	
	50m: 32.33 32.33	250m: 2:54.97 35.94	450m: 5:17.50 35.30	650m: 7:39.16 35.29			
	100m: 1:07.56 35.23	300m: 3:30.86 35.89	500m: 5:52.95 35.45	700m: 8:14.52 35.36			
	150m: 1:43.41 35.85	350m: 4:06.55 35.69	550m: 6:28.48 35.53	750m: 8:49.36 34.84			
	200m: 2:19.03 35.62	400m: 4:42.20 35.65	600m: 7:03.87 35.39	800m: 9:22.50 33.14			
3.	Beatriz Paulo Ranito	99	Sporting	<b>9:31.88</b>	+0,78	644	
	50m: 32.85 32.85	250m: 2:57.94 36.19	450m: 5:22.54 35.92	650m: 7:44.99 35.55			
	100m: 1:08.70 35.85	300m: 3:34.10 36.16	500m: 5:58.47 35.93	700m: 8:20.85 35.86			
	150m: 1:45.53 36.83	350m: 4:10.54 36.44	550m: 6:34.06 35.59	750m: 8:56.61 35.76			
	200m: 2:21.75 36.22	400m: 4:46.62 36.08	600m: 7:09.44 35.38	800m: 9:31.88 35.27			
4.	Barbara Coimbra Teodosio	99	Nautico Marinha Grande	<b>9:33.56</b>	+0,95	638	
	50m: 32.41 32.41	250m: 2:55.94 36.26	450m: 5:22.12 36.61	650m: 7:47.18 36.40			
	100m: 1:07.85 35.44	300m: 3:32.20 36.26	500m: 5:58.74 36.62	700m: 8:24.03 36.85			
	150m: 1:43.89 36.04	350m: 4:08.87 36.67	550m: 6:34.47 35.73	750m: 9:00.19 36.16			
	200m: 2:19.68 35.79	400m: 4:45.51 36.64	600m: 7:10.78 36.31	800m: 9:33.56 33.37			
5.	Sofia Isabel Gouveia	00	Uniao Piedense	<b>9:42.49</b>	+0,78	609	
	50m: 32.37 32.37	250m: 2:58.42 37.04	450m: 5:27.14 37.01	650m: 7:55.10 36.99			
	100m: 1:07.81 35.44	300m: 3:35.64 37.22	500m: 6:04.48 37.34	700m: 8:32.14 37.04			
	150m: 1:44.55 36.74	350m: 4:12.57 36.93	550m: 6:41.48 37.00	750m: 9:08.33 36.19			
	200m: 2:21.38 36.83	400m: 4:50.13 37.56	600m: 7:18.11 36.63	800m: 9:42.49 34.16			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Campeonato Nacional de Juvenis  
Campeonato Absolutos de Portugal-OPEN  
Oeiras, 24.7. - 27.7.2014

Event 45, Girls, 800m Freestyle, Juvenis

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
6.	Joana Beatriz Bernardo	99	Fundacao Beatriz Santos	<b>9:42.69</b>	+0,94	608	
	50m: 32.50 32.50	250m: 2:57.96 36.75	450m: 5:25.14 37.01	650m: 7:53.56 36.89			
	100m: 1:08.27 35.77	300m: 3:34.37 36.41	500m: 6:02.31 37.17	700m: 8:30.35 36.79			
	150m: 1:44.63 36.36	350m: 4:11.28 36.91	550m: 6:39.46 37.15	750m: 9:06.92 36.57			
	200m: 2:21.21 36.58	400m: 4:48.13 36.85	600m: 7:16.67 37.21	800m: 9:42.69 35.77			
7.	Carolina Silva Moreira	99	Natacao da Maia	<b>9:42.71</b>	+0,78	608	
	50m: 33.21 33.21	250m: 2:59.12 36.91	450m: 5:27.42 36.89	650m: 7:55.58 36.71			
	100m: 1:09.16 35.95	300m: 3:36.70 37.19	500m: 6:04.76 37.34	700m: 8:32.60 37.02			
	150m: 1:45.90 36.74	350m: 4:13.45 36.75	550m: 6:42.00 37.24	750m: 9:08.74 36.14			
	200m: 2:22.60 36.70	400m: 4:50.53 37.08	600m: 7:18.87 36.87	800m: 9:42.71 33.97			
8.	Ines Jacinto Henriques	00	Pimpoes/Cimai	<b>9:42.97</b>	+0,75	607	
	50m: 32.73 32.73	250m: 2:59.12 36.78	450m: 5:27.40 37.29	650m: 7:54.88 36.94			
	100m: 1:09.12 36.39	300m: 3:35.98 36.86	500m: 6:04.12 36.72	700m: 8:31.63 36.75			
	150m: 1:45.56 36.44	350m: 4:12.97 36.99	550m: 6:41.28 37.16	750m: 9:08.24 36.61			
	200m: 2:22.34 36.78	400m: 4:50.11 37.14	600m: 7:17.94 36.66	800m: 9:42.97 34.73			
9.	Eva Guerreiro Carvalho	99	Uniao Piedense	<b>9:44.67</b>	+0,90	602	
	50m: 33.64 33.64	250m: 3:00.51 37.15	450m: 5:28.46 37.19	650m: 7:56.17 37.14			
	100m: 1:09.48 35.84	300m: 3:37.23 36.72	500m: 6:05.22 36.76	700m: 8:33.05 36.88			
	150m: 1:46.81 37.33	350m: 4:14.58 37.35	550m: 6:42.11 36.89	750m: 9:09.41 36.36			
	200m: 2:23.36 36.55	400m: 4:51.27 36.69	600m: 7:19.03 36.92	800m: 9:44.67 35.26			
10.	Mariana Pinto Angelo	99	Academica de Coimbra	<b>9:45.56</b>	+0,84	599	
	50m: 33.44 33.44	250m: 2:59.63 36.83	450m: 5:27.99 36.92	650m: 7:56.71 36.94			
	100m: 1:09.47 36.03	300m: 3:36.83 37.20	500m: 6:05.59 37.60	700m: 8:33.79 37.08			
	150m: 1:45.89 36.42	350m: 4:13.70 36.87	550m: 6:42.63 37.04	750m: 9:10.30 36.51			
	200m: 2:22.80 36.91	400m: 4:51.07 37.37	600m: 7:19.77 37.14	800m: 9:45.56 35.26			
11.	Maria Santos Silva	99	Nautico Marinha Grande	<b>9:45.73</b>	+0,80	599	
	50m: 33.67 33.67	250m: 3:00.47 36.67	450m: 5:27.64 36.27	650m: 7:56.41 37.12			
	100m: 1:09.70 36.03	300m: 3:37.37 36.90	500m: 6:04.63 36.99	700m: 8:33.87 37.46			
	150m: 1:46.81 37.11	350m: 4:14.20 36.83	550m: 6:41.95 37.32	750m: 9:10.69 36.82			
	200m: 2:23.80 36.99	400m: 4:51.37 37.17	600m: 7:19.29 37.34	800m: 9:45.73 35.04			
12.	Joana Miguel Alexandre	99	Amadora	<b>9:46.12</b>	+0,80	598	
	50m: 33.19 33.19	250m: 3:00.47 37.04	450m: 5:28.84 36.79	650m: 7:56.92 36.87			
	100m: 1:09.58 36.39	300m: 3:37.52 37.05	500m: 6:05.83 36.99	700m: 8:33.94 37.02			
	150m: 1:46.26 36.68	350m: 4:14.78 37.26	550m: 6:43.12 37.29	750m: 9:10.80 36.86			
	200m: 2:23.43 37.17	400m: 4:52.05 37.27	600m: 7:20.05 36.93	800m: 9:46.12 35.32			
13.	Maria Beatriz Dias	99	Viver Santarem	<b>9:48.18</b>	+0,76	591	
	50m: 33.62 33.62	250m: 2:59.59 36.93	450m: 5:28.05 37.57	650m: 7:57.61 37.50			
	100m: 1:09.53 35.91	300m: 3:36.49 36.90	500m: 6:05.29 37.24	700m: 8:34.94 37.33			
	150m: 1:46.06 36.53	350m: 4:13.48 36.99	550m: 6:42.60 37.31	750m: 9:12.27 37.33			
	200m: 2:22.66 36.60	400m: 4:50.48 37.00	600m: 7:20.11 37.51	800m: 9:48.18 35.91			
14.	Ana Beatriz La Feria	99	Porto	<b>9:48.72</b>	+0,91	590	
	50m: 33.66 33.66	250m: 2:59.12 36.87	450m: 5:27.65 37.31	650m: 7:57.30 37.34			
	100m: 1:09.35 35.69	300m: 3:36.01 36.89	500m: 6:05.20 37.55	700m: 8:35.25 37.95			
	150m: 1:45.51 36.16	350m: 4:13.13 37.12	550m: 6:42.51 37.31	750m: 9:12.42 37.17			
	200m: 2:22.25 36.74	400m: 4:50.34 37.21	600m: 7:19.96 37.45	800m: 9:48.72 36.30			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Campeonato Nacional de Juvenis  
Campeonato Absolutos de Portugal-OPEN  
Oeiras, 24.7. - 27.7.2014

Event 45, Girls, 800m Freestyle, Juvenis

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
15.	Filipa Sousa Pinheiro	99	Sporting	<b>9:52.27</b>	+1,00	579	
	50m: 32.51 32.51	250m: 2:59.59 36.57	450m: 5:28.72 36.83	650m: 7:58.52 37.23			
	100m: 1:09.16 36.65	300m: 3:37.28 37.69	500m: 6:06.22 37.50	700m: 8:36.80 38.28			
	150m: 1:45.59 36.43	350m: 4:14.24 36.96	550m: 6:43.27 37.05	750m: 9:14.41 37.61			
	200m: 2:23.02 37.43	400m: 4:51.89 37.65	600m: 7:21.29 38.02	800m: 9:52.27 37.86			
16.	Ana Miguel Reis	00	Columbofila Cantanhedense	<b>9:53.35</b>	+0,84	576	
	50m: 33.69 33.69	250m: 3:02.84 37.67	450m: 5:33.99 37.35	650m: 8:03.63 37.21			
	100m: 1:10.07 36.38	300m: 3:40.81 37.97	500m: 6:11.52 37.53	700m: 8:40.89 37.26			
	150m: 1:47.51 37.44	350m: 4:18.69 37.88	550m: 6:48.88 37.36	750m: 9:17.75 36.86			
	200m: 2:25.17 37.66	400m: 4:56.64 37.95	600m: 7:26.42 37.54	800m: 9:53.35 35.60			
17.	Margarida Valente Orrico	00	Uniao Piedense	<b>9:55.40</b>	+0,90	570	
	50m: 32.71 32.71	250m: 2:59.92 37.64	450m: 5:31.22 37.86	650m: 8:04.15 38.66			
	100m: 1:08.36 35.65	300m: 3:37.58 37.66	500m: 6:09.03 37.81	700m: 8:42.17 38.02			
	150m: 1:45.23 36.87	350m: 4:15.48 37.90	550m: 6:47.23 38.20	750m: 9:20.15 37.98			
	200m: 2:22.28 37.05	400m: 4:53.36 37.88	600m: 7:25.49 38.26	800m: 9:55.40 35.25			
18.	Ana Pires Brito	99	Colegio Monte Maior	<b>9:56.92</b>	+0,85	566	
	50m: 32.78 32.78	250m: 3:00.64 37.74	450m: 5:32.02 37.78	650m: 8:03.65 37.88			
	100m: 1:08.71 35.93	300m: 3:38.32 37.68	500m: 6:09.87 37.85	700m: 8:41.97 38.32			
	150m: 1:45.87 37.16	350m: 4:16.37 38.05	550m: 6:47.48 37.61	750m: 9:20.26 38.29			
	200m: 2:22.90 37.03	400m: 4:54.24 37.87	600m: 7:25.77 38.29	800m: 9:56.92 36.66			
19.	Catarina Martins Mestre	00	Sporting	<b>9:58.46</b>	+0,78	561	
	50m: 33.35 33.35	250m: 3:02.82 38.02	450m: 5:34.69 38.80	650m: 8:07.85 38.34			
	100m: 1:09.86 36.51	300m: 3:40.09 37.27	500m: 6:12.84 38.15	700m: 8:45.67 37.82			
	150m: 1:47.80 37.94	350m: 4:18.44 38.35	550m: 6:51.59 38.75	750m: 9:22.56 36.89			
	200m: 2:24.80 37.00	400m: 4:55.89 37.45	600m: 7:29.51 37.92	800m: 9:58.46 35.90			
20.	Patricia Palmeiro Baeta	00	Viver Santarem	<b>9:58.51</b>	+0,77	561	
	50m: 34.14 34.14	250m: 3:02.52 37.59	450m: 5:34.94 38.62	650m: 8:08.45 38.54			
	100m: 1:10.91 36.77	300m: 3:40.65 38.13	500m: 6:13.35 38.41	700m: 8:46.11 37.66			
	150m: 1:47.90 36.99	350m: 4:18.51 37.86	550m: 6:52.00 38.65	750m: 9:21.39 35.28			
	200m: 2:24.93 37.03	400m: 4:56.32 37.81	600m: 7:29.91 37.91	800m: 9:58.51 37.12			
21.	Catarina Costa Fernandes	99	Colegio Bernardette Romeira	<b>9:59.54</b>	+0,82	558	
	<i>FTL</i>						
	50m: 32.90 32.90	250m: 3:03.68 38.26	450m: 5:36.52 38.08	650m: 8:08.91 38.19			
	100m: 1:09.86 36.96	300m: 3:41.41 37.73	500m: 6:14.25 37.73	700m: 8:47.00 38.09			
	150m: 1:47.93 38.07	350m: 4:20.08 38.67	550m: 6:52.48 38.23	750m: 9:23.84 36.84			
	200m: 2:25.42 37.49	400m: 4:58.44 38.36	600m: 7:30.72 38.24	800m: 9:59.54 35.70			
22.	Rafaela Araujo Silva	00	Famalicao	<b>10:00.16</b>	+1,01	557	
	50m: 33.98 33.98	250m: 3:04.97 37.95	450m: 5:36.89 38.04	650m: 8:09.07 38.18			
	100m: 1:11.13 37.15	300m: 3:43.00 38.03	500m: 6:15.09 38.20	700m: 8:47.50 38.43			
	150m: 1:48.74 37.61	350m: 4:20.85 37.85	550m: 6:52.78 37.69	750m: 9:24.55 37.05			
	200m: 2:27.02 38.28	400m: 4:58.85 38.00	600m: 7:30.89 38.11	800m: 10:00.16 35.61			
23.	Mariana Soares Martinho	99	20Km de Almeirim	<b>10:01.37</b>	+0,76	553	
	<i>FTL</i>						
	50m: 33.48 33.48	250m: 3:04.01 37.97	450m: 5:36.58 38.14	650m: 8:09.42 38.06			
	100m: 1:10.29 36.81	300m: 3:41.95 37.94	500m: 6:15.02 38.44	700m: 8:47.46 38.04			
	150m: 1:48.26 37.97	350m: 4:20.28 38.33	550m: 6:53.32 38.30	750m: 9:24.77 37.31			
	200m: 2:26.04 37.78	400m: 4:58.44 38.16	600m: 7:31.36 38.04	800m: 10:01.37 36.60			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Campeonato Nacional de Juvenis  
Campeonato Absolutos de Portugal-OPEN  
Oeiras, 24.7. - 27.7.2014

Event 45, Girls, 800m Freestyle, Juvenis

Rank	Nome	YB	Clube	Tempo Final				RT	Pts FINA	Pts
24.	Sara Filipa Santos	00	Porto	<b>10:04.27</b>				+0,89	545	
	50m: 34.84 34.84	250m: 3:06.46	37.94	450m: 5:39.40	38.13	650m: 8:11.66	37.91			
	100m: 1:12.48 37.64	300m: 3:44.72	38.26	500m: 6:17.71	38.31	700m: 8:49.63	37.97			
	150m: 1:50.50 38.02	350m: 4:22.95	38.23	550m: 6:55.79	38.08	750m: 9:27.54	37.91			
	200m: 2:28.52 38.02	400m: 5:01.27	38.32	600m: 7:33.75	37.96	800m: 10:04.27	36.73			
25.	Iris Cunha Santos	00	Porto	<b>10:05.47</b>				+1,04	542	
	50m: 34.91 34.91	250m: 3:06.30	37.86	450m: 5:39.36	37.97	650m: 8:13.13	38.01			
	100m: 1:12.52 37.61	300m: 3:44.40	38.10	500m: 6:17.77	38.41	700m: 8:51.70	38.57			
	150m: 1:50.66 38.14	350m: 4:23.03	38.63	550m: 6:56.27	38.50	750m: 9:29.58	37.88			
	200m: 2:28.44 37.78	400m: 5:01.39	38.36	600m: 7:35.12	38.85	800m: 10:05.47	35.89			
26.	Mariana Silva Navalho	00	Uniao Piedense	<b>10:07.01</b>				+0,84	538	
	50m: 34.86 34.86	250m: 3:08.55	38.71	450m: 5:41.85	38.39	650m: 8:15.00	37.90			
	100m: 1:13.03 38.17	300m: 3:46.75	38.20	500m: 6:20.35	38.50	700m: 8:53.07	38.07			
	150m: 1:51.55 38.52	350m: 4:25.16	38.41	550m: 6:59.02	38.67	750m: 9:30.92	37.85			
	200m: 2:29.84 38.29	400m: 5:03.46	38.30	600m: 7:37.10	38.08	800m: 10:07.01	36.09			
27.	Maria Leonor Valente	00	Fluval Portuense	<b>10:09.49</b>				+0,77	532	
	50m: 34.72 34.72	250m: 3:08.31	38.44	450m: 5:41.60	37.79	650m: 8:17.03	38.74			
	100m: 1:13.11 38.39	300m: 3:46.80	38.49	500m: 6:20.33	38.73	700m: 8:55.83	38.80			
	150m: 1:51.11 38.00	350m: 4:25.36	38.56	550m: 6:58.99	38.66	750m: 9:33.08	37.25			
	200m: 2:29.87 38.76	400m: 5:03.81	38.45	600m: 7:38.29	39.30	800m: 10:09.49	36.41			
28.	Mariana Silva Ramos	00	Sporting	<b>10:09.66</b>				+0,77	531	
	50m: 34.17 34.17	250m: 3:06.12	38.28	450m: 5:39.29	38.15	650m: 8:14.31	38.69			
	100m: 1:11.51 37.34	300m: 3:44.28	38.16	500m: 6:18.11	38.82	700m: 8:53.17	38.86			
	150m: 1:49.37 37.86	350m: 4:22.64	38.36	550m: 6:56.81	38.70	750m: 9:31.84	38.67			
	200m: 2:27.84 38.47	400m: 5:01.14	38.50	600m: 7:35.62	38.81	800m: 10:09.66	37.82			
29.	Sara Lopes Barbosa	00	Gespacos	<b>10:11.20</b>				+0,92	527	
	50m: 35.06 35.06	250m: 3:08.95	38.97	450m: 5:44.92	39.01	650m: 8:19.09	38.87			
	100m: 1:13.18 38.12	300m: 3:47.84	38.89	500m: 6:23.61	38.69	700m: 8:56.93	37.84			
	150m: 1:51.72 38.54	350m: 4:26.74	38.90	550m: 7:01.90	38.29	750m: 9:34.75	37.82			
	200m: 2:29.98 38.26	400m: 5:05.91	39.17	600m: 7:40.22	38.32	800m: 10:11.20	36.45			
30.	Eliana Dirce Lourenco	00	Galitos	<b>10:12.79</b>					523	
	50m: 34.67 34.67	250m: 3:10.67	38.49	450m: 5:46.09	37.71	650m: 8:19.99	38.86			
	100m: 1:13.82 39.15	300m: 3:49.57	38.90	500m: 6:24.34	38.25	700m: 8:58.34	38.35			
	150m: 1:52.95 39.13	350m: 4:28.74	39.17	550m: 7:02.70	38.36	750m: 9:35.92	37.58			
	200m: 2:32.18 39.23	400m: 5:08.38	39.64	600m: 7:41.13	38.43	800m: 10:12.79	36.87			
31.	Ana Sofia Ramos	00	Porto	<b>10:13.44</b>				+0,90	521	
	50m: 33.73 33.73	250m: 3:03.15	37.64	450m: 5:36.36	38.61	650m: 8:15.17	39.60			
	100m: 1:10.14 36.41	300m: 3:41.30	38.15	500m: 6:15.82	39.46	700m: 8:55.35	40.18			
	150m: 1:47.52 37.38	350m: 4:18.98	37.68	550m: 6:54.95	39.13	750m: 9:34.39	39.04			
	200m: 2:25.51 37.99	400m: 4:57.75	38.77	600m: 7:35.57	40.62	800m: 10:13.44	39.05			
32.	Joana Mota Correia	00	Alcobaca	<b>10:16.05</b>				+0,86	515	
	<i>FTL</i>									
	50m: 33.91 33.91	250m: 3:05.93	38.40	450m: 5:41.25	38.94	650m: 8:18.48	39.64			
	100m: 1:11.29 37.38	300m: 3:44.60	38.67	500m: 6:20.06	38.81	700m: 8:57.47	38.99			
	150m: 1:49.19 37.90	350m: 4:23.34	38.74	550m: 6:59.34	39.28	750m: 9:37.28	39.81			
	200m: 2:27.53 38.34	400m: 5:02.31	38.97	600m: 7:38.84	39.50	800m: 10:16.05	38.77			

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Campeonato Nacional de Juvenis  
Campeonato Absolutos de Portugal-OPEN  
Oeiras, 24.7. - 27.7.2014

Event 45, Girls, 800m Freestyle, Juvenis

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
33.	Andreia Brito Pereira	00	Vigor da Mocidade	<b>10:16.45</b>	+0,96	514	
	<i>FTL</i>						
	50m: 33.86 33.86	250m: 3:08.58 38.84	450m: 5:46.00 39.23	650m: 8:23.34 39.43			
	100m: 1:11.43 37.57	300m: 3:47.63 39.05	500m: 6:25.54 39.54	700m: 9:02.57 39.23			
	150m: 1:50.51 39.08	350m: 4:27.13 39.50	550m: 7:04.85 39.31	750m: 9:41.07 38.50			
	200m: 2:29.74 39.23	400m: 5:06.77 39.64	600m: 7:43.91 39.06	800m: 10:16.45 35.38			
34.	Leonor Costa Tejo	00	Academica de Coimbra	<b>10:16.78</b>	+1,10	513	
	<i>FTL</i>						
	50m: 34.44 34.44	250m: 3:09.72 38.91	450m: 5:47.23 39.53	650m: 8:23.91 39.26			
	100m: 1:12.97 38.53	300m: 3:49.03 39.31	500m: 6:26.02 38.79	700m: 9:03.12 39.21			
	150m: 1:52.37 39.40	350m: 4:28.50 39.47	550m: 7:05.06 39.04	750m: 9:41.41 38.29			
	200m: 2:30.81 38.44	400m: 5:07.70 39.20	600m: 7:44.65 39.59	800m: 10:16.78 35.37			
35.	Ines Silva Oliveira	00	Leixoes	<b>10:21.24</b>	+0,85	502	
	<i>FTL</i>						
	50m: 33.37 33.37	250m: 3:05.46 39.81	450m: 5:43.84 39.86	650m: 8:22.92 39.53			
	100m: 1:09.91 36.54	300m: 3:44.84 39.38	500m: 6:23.61 39.77	700m: 9:02.18 39.26			
	150m: 1:48.44 38.53	350m: 4:24.71 39.87	550m: 7:03.41 39.80	750m: 9:42.14 39.96			
	200m: 2:25.65 37.21	400m: 5:03.98 39.27	600m: 7:43.39 39.98	800m: 10:21.24 39.10			
36.	Beatriz Pereira Gomes	00	Amadora	<b>10:21.71</b>	+0,95	501	
	<i>FTL</i>						
	50m: 35.03 35.03	250m: 3:11.58 39.39	450m: 5:47.14 38.62	650m: 8:24.84 39.82			
	100m: 1:13.53 38.50	300m: 3:50.44 38.86	500m: 6:26.13 38.99	700m: 9:04.04 39.20			
	150m: 1:53.22 39.69	350m: 4:29.70 39.26	550m: 7:05.95 39.82	750m: 9:42.62 38.58			
	200m: 2:32.19 38.97	400m: 5:08.52 38.82	600m: 7:45.02 39.07	800m: 10:21.71 39.09			
37.	Carla Laranjeira Marques	00	Sporting de Aveiro	<b>10:25.13</b>	+0,74	493	
	<i>FTL</i>						
	50m: 33.99 33.99	250m: 3:08.83 39.16	450m: 5:48.29 39.30	650m: 8:26.74 40.05			
	100m: 1:11.47 37.48	300m: 3:49.00 40.17	500m: 6:27.53 39.24	700m: 9:06.85 40.11			
	150m: 1:49.98 38.51	350m: 4:28.57 39.57	550m: 7:07.00 39.47	750m: 9:46.73 39.88			
	200m: 2:29.67 39.69	400m: 5:08.99 40.42	600m: 7:46.69 39.69	800m: 10:25.13 38.40			
38.	Carolina Pastor Escada	00	Aminata	<b>10:40.13</b>	+0,88	459	
	<i>FTL</i>						
	50m: 35.41 35.41	250m: 3:14.71 40.35	450m: 5:58.51 40.38	650m: 8:40.07 40.47			
	100m: 1:14.76 39.35	300m: 3:55.53 40.82	500m: 6:38.60 40.09	700m: 9:20.36 40.29			
	150m: 1:54.26 39.50	350m: 4:36.88 41.35	550m: 7:19.11 40.51	750m: 10:00.68 40.32			
	200m: 2:34.36 40.10	400m: 5:18.13 41.25	600m: 7:59.60 40.49	800m: 10:40.13 39.45			
DNS	Ariana Santos Lopes	00	Estarreja				

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Campeonato Nacional de Juvenis  
Campeonato Absolutos de Portugal-OPEN  
Oeiras, 24.7. - 27.7.2014

Event 45, Women, 800m Freestyle

Event 45 Girls, 800m Freestyle Juvenis A Results  
27-07-2014 - 17:00

Rec Nac Open	8:49.86	Florbela Cavaco Machado	ASSSCC	Coimbra	25-05-2013
Rec Nac Juv A	8:51.26	Tamila Hryhorivna Holub	POR	Porto	08-06-2014

Points: FINA 2014

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
1.	Tamila Hryhorivna Holub	99	Braga	<b>8:50.68</b>	+0,91	805	
	<i>Recorde Nacional, Juvenil A</i>						
	50m: 31.31 31.31	250m: 2:44.60	33.50	450m: 4:58.45	33.16	650m: 7:11.94	33.07
	100m: 1:04.61 33.30	300m: 3:18.23	33.63	500m: 5:31.97	33.52	700m: 7:45.43	33.49
	150m: 1:37.84 33.23	350m: 3:51.67	33.44	550m: 6:05.47	33.50	750m: 8:18.50	33.07
	200m: 2:11.10 33.26	400m: 4:25.29	33.62	600m: 6:38.87	33.40	800m: 8:50.68	32.18
2.	Beatriz Paulo Ranito	99	Sporting	<b>9:31.88</b>	+0,78	644	
	50m: 32.85 32.85	250m: 2:57.94	36.19	450m: 5:22.54	35.92	650m: 7:44.99	35.55
	100m: 1:08.70 35.85	300m: 3:34.10	36.16	500m: 5:58.47	35.93	700m: 8:20.85	35.86
	150m: 1:45.53 36.83	350m: 4:10.54	36.44	550m: 6:34.06	35.59	750m: 8:56.61	35.76
	200m: 2:21.75 36.22	400m: 4:46.62	36.08	600m: 7:09.44	35.38	800m: 9:31.88	35.27
3.	Barbara Coimbra Teodosio	99	Nautico Marinha Grande	<b>9:33.56</b>	+0,95	638	
	50m: 32.41 32.41	250m: 2:55.94	36.26	450m: 5:22.12	36.61	650m: 7:47.18	36.40
	100m: 1:07.85 35.44	300m: 3:32.20	36.26	500m: 5:58.74	36.62	700m: 8:24.03	36.85
	150m: 1:43.89 36.04	350m: 4:08.87	36.67	550m: 6:34.47	35.73	750m: 9:00.19	36.16
	200m: 2:19.68 35.79	400m: 4:45.51	36.64	600m: 7:10.78	36.31	800m: 9:33.56	33.37
4.	Joana Beatriz Bernardo	99	Fundacao Beatriz Santos	<b>9:42.69</b>	+0,94	608	
	50m: 32.50 32.50	250m: 2:57.96	36.75	450m: 5:25.14	37.01	650m: 7:53.56	36.89
	100m: 1:08.27 35.77	300m: 3:34.37	36.41	500m: 6:02.31	37.17	700m: 8:30.35	36.79
	150m: 1:44.63 36.36	350m: 4:11.28	36.91	550m: 6:39.46	37.15	750m: 9:06.92	36.57
	200m: 2:21.21 36.58	400m: 4:48.13	36.85	600m: 7:16.67	37.21	800m: 9:42.69	35.77
5.	Carolina Silva Moreira	99	Natacao da Maia	<b>9:42.71</b>	+0,78	608	
	50m: 33.21 33.21	250m: 2:59.51	36.91	450m: 5:27.42	36.89	650m: 7:55.58	36.71
	100m: 1:09.16 35.95	300m: 3:36.70	37.19	500m: 6:04.76	37.34	700m: 8:32.60	37.02
	150m: 1:45.90 36.74	350m: 4:13.45	36.75	550m: 6:42.00	37.24	750m: 9:08.74	36.14
	200m: 2:22.60 36.70	400m: 4:50.53	37.08	600m: 7:18.87	36.87	800m: 9:42.71	33.97
6.	Eva Guerreiro Carvalho	99	Uniao Piedense	<b>9:44.67</b>	+0,90	602	
	50m: 33.64 33.64	250m: 3:00.51	37.15	450m: 5:28.46	37.19	650m: 7:56.17	37.14
	100m: 1:09.48 35.84	300m: 3:37.23	36.72	500m: 6:05.22	36.76	700m: 8:33.05	36.88
	150m: 1:46.81 37.33	350m: 4:14.58	37.35	550m: 6:42.11	36.89	750m: 9:09.41	36.36
	200m: 2:23.36 36.55	400m: 4:51.27	36.69	600m: 7:19.03	36.92	800m: 9:44.67	35.26
7.	Mariana Pinto Angelo	99	Academica de Coimbra	<b>9:45.56</b>	+0,84	599	
	50m: 33.44 33.44	250m: 2:59.63	36.83	450m: 5:27.99	36.92	650m: 7:56.71	36.94
	100m: 1:09.47 36.03	300m: 3:36.83	37.20	500m: 6:05.59	37.60	700m: 8:33.79	37.08
	150m: 1:45.89 36.42	350m: 4:13.70	36.87	550m: 6:42.63	37.04	750m: 9:10.30	36.51
	200m: 2:22.80 36.91	400m: 4:51.07	37.37	600m: 7:19.77	37.14	800m: 9:45.56	35.26
8.	Maria Santos Silva	99	Nautico Marinha Grande	<b>9:45.73</b>	+0,80	599	
	50m: 33.67 33.67	250m: 3:00.47	36.67	450m: 5:27.64	36.27	650m: 7:56.41	37.12
	100m: 1:09.70 36.03	300m: 3:37.37	36.90	500m: 6:04.63	36.99	700m: 8:33.87	37.46
	150m: 1:46.81 37.11	350m: 4:14.20	36.83	550m: 6:41.95	37.32	750m: 9:10.69	36.82
	200m: 2:23.80 36.99	400m: 4:51.37	37.17	600m: 7:19.29	37.34	800m: 9:45.73	35.04

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Campeonato Nacional de Juvenis  
Campeonato Absolutos de Portugal-OPEN  
Oeiras, 24.7. - 27.7.2014

Event 45, Girls, 800m Freestyle, Juvenis A

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
9.	Joana Miguel Alexandre	99	Amadora	<b>9:46.12</b>	+0,80	598	
	50m: 33.19 33.19	250m: 3:00.47 37.04	450m: 5:28.84 36.79	650m: 7:56.92 36.87			
	100m: 1:09.58 36.39	300m: 3:37.52 37.05	500m: 6:05.83 36.99	700m: 8:33.94 37.02			
	150m: 1:46.26 36.68	350m: 4:14.78 37.26	550m: 6:43.12 37.29	750m: 9:10.80 36.86			
	200m: 2:23.43 37.17	400m: 4:52.05 37.27	600m: 7:20.05 36.93	800m: 9:46.12 35.32			
10.	Maria Beatriz Dias	99	Viver Santarem	<b>9:48.18</b>	+0,76	591	
	50m: 33.62 33.62	250m: 2:59.59 36.93	450m: 5:28.05 37.57	650m: 7:57.61 37.50			
	100m: 1:09.53 35.91	300m: 3:36.49 36.90	500m: 6:05.29 37.24	700m: 8:34.94 37.33			
	150m: 1:46.06 36.53	350m: 4:13.48 36.99	550m: 6:42.60 37.31	750m: 9:12.27 37.33			
	200m: 2:22.66 36.60	400m: 4:50.48 37.00	600m: 7:20.11 37.51	800m: 9:48.18 35.91			
11.	Ana Beatriz La Feria	99	Porto	<b>9:48.72</b>	+0,91	590	
	50m: 33.66 33.66	250m: 2:59.12 36.87	450m: 5:27.65 37.31	650m: 7:57.30 37.34			
	100m: 1:09.35 35.69	300m: 3:36.01 36.89	500m: 6:05.20 37.55	700m: 8:35.25 37.95			
	150m: 1:45.51 36.16	350m: 4:13.13 37.12	550m: 6:42.51 37.31	750m: 9:12.42 37.17			
	200m: 2:22.25 36.74	400m: 4:50.34 37.21	600m: 7:19.96 37.45	800m: 9:48.72 36.30			
12.	Filipa Sousa Pinheiro	99	Sporting	<b>9:52.27</b>	+1,00	579	
	50m: 32.51 32.51	250m: 2:59.59 36.57	450m: 5:28.72 36.83	650m: 7:58.52 37.23			
	100m: 1:09.16 36.65	300m: 3:37.28 37.69	500m: 6:06.22 37.50	700m: 8:36.80 38.28			
	150m: 1:45.59 36.43	350m: 4:14.24 36.96	550m: 6:43.27 37.05	750m: 9:14.41 37.61			
	200m: 2:23.02 37.43	400m: 4:51.89 37.65	600m: 7:21.29 38.02	800m: 9:52.27 37.86			
13.	Ana Pires Brito	99	Colegio Monte Maior	<b>9:56.92</b>	+0,85	566	
	50m: 32.78 32.78	250m: 3:00.64 37.74	450m: 5:32.02 37.78	650m: 8:03.65 37.88			
	100m: 1:08.71 35.93	300m: 3:38.32 37.68	500m: 6:09.87 37.85	700m: 8:41.97 38.32			
	150m: 1:45.87 37.16	350m: 4:16.37 38.05	550m: 6:47.48 37.61	750m: 9:20.26 38.29			
	200m: 2:22.90 37.03	400m: 4:54.24 37.87	600m: 7:25.77 38.29	800m: 9:56.92 36.66			
14.	Catarina Costa Fernandes FTL	99	Colegio Bernardette Romeira	<b>9:59.54</b>	+0,82	558	
	50m: 32.90 32.90	250m: 3:03.68 38.26	450m: 5:36.52 38.08	650m: 8:08.91 38.19			
	100m: 1:09.86 36.96	300m: 3:41.41 37.73	500m: 6:14.25 37.73	700m: 8:47.00 38.09			
	150m: 1:47.93 38.07	350m: 4:20.08 38.67	550m: 6:52.48 38.23	750m: 9:23.84 36.84			
	200m: 2:25.42 37.49	400m: 4:58.44 38.36	600m: 7:30.72 38.24	800m: 9:59.54 35.70			
15.	Mariana Soares Martinho FTL	99	20Km de Almeirim	<b>10:01.37</b>	+0,76	553	
	50m: 33.48 33.48	250m: 3:04.01 37.97	450m: 5:36.58 38.14	650m: 8:09.42 38.06			
	100m: 1:10.29 36.81	300m: 3:41.95 37.94	500m: 6:15.02 38.44	700m: 8:47.46 38.04			
	150m: 1:48.26 37.97	350m: 4:20.28 38.33	550m: 6:53.32 38.30	750m: 9:24.77 37.31			
	200m: 2:26.04 37.78	400m: 4:58.44 38.16	600m: 7:31.36 38.04	800m: 10:01.37 36.60			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição



Campeonato Nacional de Juvenis  
Campeonato Absolutos de Portugal-OPEN  
Oeiras, 24.7. - 27.7.2014

Event 45, Women, 800m Freestyle

Event 45 Girls, 800m Freestyle Juvenis B Results  
27-07-2014 - 17:00

Rec Nac Open	8:49.86	Florbela Cavaco Machado	ASSSCC	Coimbra	25-05-2013
Rec Nac Juv B	9:07.70	Alexandra Maria Silva	FPN	Split (CRO)	10-09-1981

Points: FINA 2014

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts	
1.	Ana Rita Faria	00	Porto	<b>9:22.50</b>	+0,93	676		
	50m: 32.33	32.33	250m: 2:54.97	35.94	450m: 5:17.50	35.30	650m: 7:39.16	35.29
	100m: 1:07.56	35.23	300m: 3:30.86	35.89	500m: 5:52.95	35.45	700m: 8:14.52	35.36
	150m: 1:43.41	35.85	350m: 4:06.55	35.69	550m: 6:28.48	35.53	750m: 8:49.36	34.84
	200m: 2:19.03	35.62	400m: 4:42.20	35.65	600m: 7:03.87	35.39	800m: 9:22.50	33.14
2.	Sofia Isabel Gouveia	00	Uniao Piedense	<b>9:42.49</b>	+0,78	609		
	50m: 32.37	32.37	250m: 2:58.42	37.04	450m: 5:27.14	37.01	650m: 7:55.10	36.99
	100m: 1:07.81	35.44	300m: 3:35.64	37.22	500m: 6:04.48	37.34	700m: 8:32.14	37.04
	150m: 1:44.55	36.74	350m: 4:12.57	36.93	550m: 6:41.48	37.00	750m: 9:08.33	36.19
	200m: 2:21.38	36.83	400m: 4:50.13	37.56	600m: 7:18.11	36.63	800m: 9:42.49	34.16
3.	Ines Jacinto Henriques	00	Pimpoes/Cimai	<b>9:42.97</b>	+0,75	607		
	50m: 32.73	32.73	250m: 2:59.12	36.78	450m: 5:27.40	37.29	650m: 7:54.88	36.94
	100m: 1:09.12	36.39	300m: 3:35.98	36.86	500m: 6:04.12	36.72	700m: 8:31.63	36.75
	150m: 1:45.56	36.44	350m: 4:12.97	36.99	550m: 6:41.28	37.16	750m: 9:08.24	36.61
	200m: 2:22.34	36.78	400m: 4:50.11	37.14	600m: 7:17.94	36.66	800m: 9:42.97	34.73
4.	Ana Miguel Reis	00	Columbofila Cantanhedense	<b>9:53.35</b>	+0,84	576		
	50m: 33.69	33.69	250m: 3:02.84	37.67	450m: 5:33.99	37.35	650m: 8:03.63	37.21
	100m: 1:10.07	36.38	300m: 3:40.81	37.97	500m: 6:11.52	37.53	700m: 8:40.89	37.26
	150m: 1:47.51	37.44	350m: 4:18.69	37.88	550m: 6:48.88	37.36	750m: 9:17.75	36.86
	200m: 2:25.17	37.66	400m: 4:56.64	37.95	600m: 7:26.42	37.54	800m: 9:53.35	35.60
5.	Margarida Valente Orrico	00	Uniao Piedense	<b>9:55.40</b>	+0,90	570		
	50m: 32.71	32.71	250m: 2:59.92	37.64	450m: 5:31.22	37.86	650m: 8:04.15	38.66
	100m: 1:08.36	35.65	300m: 3:37.58	37.66	500m: 6:09.03	37.81	700m: 8:42.17	38.02
	150m: 1:45.23	36.87	350m: 4:15.48	37.90	550m: 6:47.23	38.20	750m: 9:20.15	37.98
	200m: 2:22.28	37.05	400m: 4:53.36	37.88	600m: 7:25.49	38.26	800m: 9:55.40	35.25
6.	Catarina Martins Mestre	00	Sporting	<b>9:58.46</b>	+0,78	561		
	50m: 33.35	33.35	250m: 3:02.82	38.02	450m: 5:34.69	38.80	650m: 8:07.85	38.34
	100m: 1:09.86	36.51	300m: 3:40.09	37.27	500m: 6:12.84	38.15	700m: 8:45.67	37.82
	150m: 1:47.80	37.94	350m: 4:18.44	38.35	550m: 6:51.59	38.75	750m: 9:22.56	36.89
	200m: 2:24.80	37.00	400m: 4:55.89	37.45	600m: 7:29.51	37.92	800m: 9:58.46	35.90
7.	Patricia Palmeiro Baeta	00	Viver Santarem	<b>9:58.51</b>	+0,77	561		
	50m: 34.14	34.14	250m: 3:02.52	37.59	450m: 5:34.94	38.62	650m: 8:08.45	38.54
	100m: 1:10.91	36.77	300m: 3:40.65	38.13	500m: 6:13.35	38.41	700m: 8:46.11	37.66
	150m: 1:47.90	36.99	350m: 4:18.51	37.86	550m: 6:52.00	38.65	750m: 9:21.39	35.28
	200m: 2:24.93	37.03	400m: 4:56.32	37.81	600m: 7:29.91	37.91	800m: 9:58.51	37.12
8.	Rafaela Araujo Silva	00	Famalicao	<b>10:00.16</b>	+1,01	557		
	50m: 33.98	33.98	250m: 3:04.97	37.95	450m: 5:36.89	38.04	650m: 8:09.07	38.18
	100m: 1:11.13	37.15	300m: 3:43.00	38.03	500m: 6:15.09	38.20	700m: 8:47.50	38.43
	150m: 1:48.74	37.61	350m: 4:20.85	37.85	550m: 6:52.78	37.69	750m: 9:24.55	37.05
	200m: 2:27.02	38.28	400m: 4:58.85	38.00	600m: 7:30.89	38.11	800m: 10:00.16	35.61

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Campeonato Nacional de Juvenis  
Campeonato Absolutos de Portugal-OPEN  
Oeiras, 24.7. - 27.7.2014

Event 45, Girls, 800m Freestyle, Juvenis B

Rank	Nome	YB	Clube	Tempo Final		RT	Pts FINA	Pts
9.	Sara Filipa Santos	00	Porto	<b>10:04.27</b>		+0,89	545	
	50m: 34.84 34.84	250m: 3:06.46	37.94	450m: 5:39.40	38.13	650m: 8:11.66	37.91	
	100m: 1:12.48 37.64	300m: 3:44.72	38.26	500m: 6:17.71	38.31	700m: 8:49.63	37.97	
	150m: 1:50.50 38.02	350m: 4:22.95	38.23	550m: 6:55.79	38.08	750m: 9:27.54	37.91	
	200m: 2:28.52 38.02	400m: 5:01.27	38.32	600m: 7:33.75	37.96	800m: 10:04.27	36.73	
10.	Iris Cunha Santos	00	Porto	<b>10:05.47</b>		+1,04	542	
	50m: 34.91 34.91	250m: 3:06.30	37.86	450m: 5:39.36	37.97	650m: 8:13.13	38.01	
	100m: 1:12.52 37.61	300m: 3:44.40	38.10	500m: 6:17.77	38.41	700m: 8:51.70	38.57	
	150m: 1:50.66 38.14	350m: 4:23.03	38.63	550m: 6:56.27	38.50	750m: 9:29.58	37.88	
	200m: 2:28.44 37.78	400m: 5:01.39	38.36	600m: 7:35.12	38.85	800m: 10:05.47	35.89	
11.	Mariana Silva Navalho	00	Uniao Piedense	<b>10:07.01</b>		+0,84	538	
	50m: 34.86 34.86	250m: 3:08.55	38.71	450m: 5:41.85	38.39	650m: 8:15.00	37.90	
	100m: 1:13.03 38.17	300m: 3:46.75	38.20	500m: 6:20.35	38.50	700m: 8:53.07	38.07	
	150m: 1:51.55 38.52	350m: 4:25.16	38.41	550m: 6:59.02	38.67	750m: 9:30.92	37.85	
	200m: 2:29.84 38.29	400m: 5:03.46	38.30	600m: 7:37.10	38.08	800m: 10:07.01	36.09	
12.	Maria Leonor Valente	00	Fluval Portuense	<b>10:09.49</b>		+0,77	532	
	50m: 34.72 34.72	250m: 3:08.31	38.44	450m: 5:41.60	37.79	650m: 8:17.03	38.74	
	100m: 1:13.11 38.39	300m: 3:46.80	38.49	500m: 6:20.33	38.73	700m: 8:55.83	38.80	
	150m: 1:51.11 38.00	350m: 4:25.36	38.56	550m: 6:58.99	38.66	750m: 9:33.08	37.25	
	200m: 2:29.87 38.76	400m: 5:03.81	38.45	600m: 7:38.29	39.30	800m: 10:09.49	36.41	
13.	Mariana Silva Ramos	00	Sporting	<b>10:09.66</b>		+0,77	531	
	50m: 34.17 34.17	250m: 3:06.12	38.28	450m: 5:39.29	38.15	650m: 8:14.31	38.69	
	100m: 1:11.51 37.34	300m: 3:44.28	38.16	500m: 6:18.11	38.82	700m: 8:53.17	38.86	
	150m: 1:49.37 37.86	350m: 4:22.64	38.36	550m: 6:56.81	38.70	750m: 9:31.84	38.67	
	200m: 2:27.84 38.47	400m: 5:01.14	38.50	600m: 7:35.62	38.81	800m: 10:09.66	37.82	
14.	Sara Lopes Barbosa	00	Gespacos	<b>10:11.20</b>		+0,92	527	
	50m: 35.06 35.06	250m: 3:08.95	38.97	450m: 5:44.92	39.01	650m: 8:19.09	38.87	
	100m: 1:13.18 38.12	300m: 3:47.84	38.89	500m: 6:23.61	38.69	700m: 8:56.93	37.84	
	150m: 1:51.72 38.54	350m: 4:26.74	38.90	550m: 7:01.90	38.29	750m: 9:34.75	37.82	
	200m: 2:29.98 38.26	400m: 5:05.91	39.17	600m: 7:40.22	38.32	800m: 10:11.20	36.45	
15.	Eliana Dirce Lourenco	00	Galitos	<b>10:12.79</b>			523	
	50m: 34.67 34.67	250m: 3:10.67	38.49	450m: 5:46.09	37.71	650m: 8:19.99	38.86	
	100m: 1:13.82 39.15	300m: 3:49.57	38.90	500m: 6:24.34	38.25	700m: 8:58.34	38.35	
	150m: 1:52.95 39.13	350m: 4:28.74	39.17	550m: 7:02.70	38.36	750m: 9:35.92	37.58	
	200m: 2:32.18 39.23	400m: 5:08.38	39.64	600m: 7:41.13	38.43	800m: 10:12.79	36.87	
16.	Ana Sofia Ramos	00	Porto	<b>10:13.44</b>		+0,90	521	
	50m: 33.73 33.73	250m: 3:03.15	37.64	450m: 5:36.36	38.61	650m: 8:15.17	39.60	
	100m: 1:10.14 36.41	300m: 3:41.30	38.15	500m: 6:15.82	39.46	700m: 8:55.35	40.18	
	150m: 1:47.52 37.38	350m: 4:18.98	37.68	550m: 6:54.95	39.13	750m: 9:34.39	39.04	
	200m: 2:25.51 37.99	400m: 4:57.75	38.77	600m: 7:35.57	40.62	800m: 10:13.44	39.05	
17.	Joana Mota Correia	00	Alcobaca	<b>10:16.05</b>		+0,86	515	
	<i>FTL</i>							
	50m: 33.91 33.91	250m: 3:05.93	38.40	450m: 5:41.25	38.94	650m: 8:18.48	39.64	
	100m: 1:11.29 37.38	300m: 3:44.60	38.67	500m: 6:20.06	38.81	700m: 8:57.47	38.99	
	150m: 1:49.19 37.90	350m: 4:23.34	38.74	550m: 6:59.34	39.28	750m: 9:37.28	39.81	
	200m: 2:27.53 38.34	400m: 5:02.31	38.97	600m: 7:38.84	39.50	800m: 10:16.05	38.77	

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Campeonato Nacional de Juvenis  
Campeonato Absolutos de Portugal-OPEN  
Oeiras, 24.7. - 27.7.2014

Event 45, Girls, 800m Freestyle, Juvenis B

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
18.	Andreia Brito Pereira	00	Vigor da Mocidade	<b>10:16.45</b>	+0,96	514	
	<i>FTL</i>						
	50m: 33.86 33.86	250m: 3:08.58 38.84	450m: 5:46.00 39.23	650m: 8:23.34 39.43			
	100m: 1:11.43 37.57	300m: 3:47.63 39.05	500m: 6:25.54 39.54	700m: 9:02.57 39.23			
	150m: 1:50.51 39.08	350m: 4:27.13 39.50	550m: 7:04.85 39.31	750m: 9:41.07 38.50			
	200m: 2:29.74 39.23	400m: 5:06.77 39.64	600m: 7:43.91 39.06	800m: 10:16.45 35.38			
19.	Leonor Costa Tejo	00	Academica de Coimbra	<b>10:16.78</b>	+1,10	513	
	<i>FTL</i>						
	50m: 34.44 34.44	250m: 3:09.72 38.91	450m: 5:47.23 39.53	650m: 8:23.91 39.26			
	100m: 1:12.97 38.53	300m: 3:49.03 39.31	500m: 6:26.02 38.79	700m: 9:03.12 39.21			
	150m: 1:52.37 39.40	350m: 4:28.50 39.47	550m: 7:05.06 39.04	750m: 9:41.41 38.29			
	200m: 2:30.81 38.44	400m: 5:07.70 39.20	600m: 7:44.65 39.59	800m: 10:16.78 35.37			
20.	Ines Silva Oliveira	00	Leixoes	<b>10:21.24</b>	+0,85	502	
	<i>FTL</i>						
	50m: 33.37 33.37	250m: 3:05.46 39.81	450m: 5:43.84 39.86	650m: 8:22.92 39.53			
	100m: 1:09.91 36.54	300m: 3:44.84 39.38	500m: 6:23.61 39.77	700m: 9:02.18 39.26			
	150m: 1:48.44 38.53	350m: 4:24.71 39.87	550m: 7:03.41 39.80	750m: 9:42.14 39.96			
	200m: 2:25.65 37.21	400m: 5:03.98 39.27	600m: 7:43.39 39.98	800m: 10:21.24 39.10			
21.	Beatriz Pereira Gomes	00	Amadora	<b>10:21.71</b>	+0,95	501	
	<i>FTL</i>						
	50m: 35.03 35.03	250m: 3:11.58 39.39	450m: 5:47.14 38.62	650m: 8:24.84 39.82			
	100m: 1:13.53 38.50	300m: 3:50.44 38.86	500m: 6:26.13 38.99	700m: 9:04.04 39.20			
	150m: 1:53.22 39.69	350m: 4:29.70 39.26	550m: 7:05.95 39.82	750m: 9:42.62 38.58			
	200m: 2:32.19 38.97	400m: 5:08.52 38.82	600m: 7:45.02 39.07	800m: 10:21.71 39.09			
22.	Carla Laranjeira Marques	00	Sporting de Aveiro	<b>10:25.13</b>	+0,74	493	
	<i>FTL</i>						
	50m: 33.99 33.99	250m: 3:08.83 39.16	450m: 5:48.29 39.30	650m: 8:26.74 40.05			
	100m: 1:11.47 37.48	300m: 3:49.00 40.17	500m: 6:27.53 39.24	700m: 9:06.85 40.11			
	150m: 1:49.98 38.51	350m: 4:28.57 39.57	550m: 7:07.00 39.47	750m: 9:46.73 39.88			
	200m: 2:29.67 39.69	400m: 5:08.99 40.42	600m: 7:46.69 39.69	800m: 10:25.13 38.40			
23.	Carolina Pastor Escada	00	Aminata	<b>10:40.13</b>	+0,88	459	
	<i>FTL</i>						
	50m: 35.41 35.41	250m: 3:14.71 40.35	450m: 5:58.51 40.38	650m: 8:40.07 40.47			
	100m: 1:14.76 39.35	300m: 3:55.53 40.82	500m: 6:38.60 40.09	700m: 9:20.36 40.29			
	150m: 1:54.26 39.50	350m: 4:36.88 41.35	550m: 7:19.11 40.51	750m: 10:00.68 40.32			
	200m: 2:34.36 40.10	400m: 5:18.13 41.25	600m: 7:59.60 40.49	800m: 10:40.13 39.45			
DNS	Ariana Santos Lopes	00	Estarreja				

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Campeonato Nacional de Juvenis  
Campeonato Absolutos de Portugal-OPEN  
Oeiras, 24.7. - 27.7.2014

Event 45, Women, 800m Freestyle

Event 45 Girls, 800m Freestyle Junior 16  
27-07-2014 - 17:00 Results

Rec Nac Open	8:49.86	Florbela Cavaco Machado	ASSSCC	Coimbra	25-05-2013
Rec Nac Jun16	8:57.14	Marta Andreia Ferreira	FPN	Berlim (GER)	31-07-2002

Points: FINA 2014

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
1.	Carolina Mantua Guedes	98	Sporting	<b>9:19.53</b>	+0,76	687	
	50m: 30.80 30.80	250m: 2:49.05 35.02	450m: 5:09.52 35.09	650m: 7:32.22 34.79			
	100m: 1:04.89 34.09	300m: 3:24.07 35.02	500m: 5:45.82 36.30	700m: 8:08.85 36.63			
	150m: 1:39.09 34.20	350m: 3:59.07 35.00	550m: 6:20.69 34.87	750m: 8:44.41 35.56			
	200m: 2:14.03 34.94	400m: 4:34.43 35.36	600m: 6:57.43 36.74	800m: 9:19.53 35.12			
2.	Ana Silva Costa	98	Famalicao	<b>9:29.68</b>	+0,80	651	
	50m: 32.26 32.26	250m: 2:53.94 35.72	450m: 5:17.38 35.72	650m: 7:42.05 35.96			
	100m: 1:07.38 35.12	300m: 3:29.88 35.94	500m: 5:53.48 36.10	700m: 8:18.69 36.64			
	150m: 1:42.86 35.48	350m: 4:05.84 35.96	550m: 6:29.58 36.10	750m: 8:54.36 35.67			
	200m: 2:18.22 35.36	400m: 4:41.66 35.82	600m: 7:06.09 36.51	800m: 9:29.68 35.32			
3.	Madalena Amaro Machado	98	Academico Viseu	<b>9:32.81</b>	+0,90	640	
	50m: 32.83 32.83	250m: 2:58.26 36.16	450m: 5:22.76 36.07	650m: 7:48.30 35.81			
	100m: 1:08.47 35.64	300m: 3:33.99 35.73	500m: 5:59.85 37.09	700m: 8:24.97 36.67			
	150m: 1:45.19 36.72	350m: 4:10.30 36.31	550m: 6:35.90 36.05	750m: 8:59.26 34.29			
	200m: 2:22.10 36.91	400m: 4:46.69 36.39	600m: 7:12.49 36.59	800m: 9:32.81 33.55			
4.	Ana Raquel Ferreira	98	Ginasio Figueirense	<b>9:33.78</b>	+1,08	637	
	50m: 32.81 32.81	250m: 2:58.66 36.75	450m: 5:23.74 36.21	650m: 7:47.91 36.19			
	100m: 1:08.91 36.10	300m: 3:34.93 36.27	500m: 5:59.69 35.95	700m: 8:23.94 36.03			
	150m: 1:45.79 36.88	350m: 4:11.48 36.55	550m: 6:35.66 35.97	750m: 8:59.59 35.65			
	200m: 2:21.91 36.12	400m: 4:47.53 36.05	600m: 7:11.72 36.06	800m: 9:33.78 34.19			
5.	Catarina Alexandra Jardim	98	Famalicao	<b>9:43.92</b>	+0,79	604	
	50m: 33.17 33.17	250m: 2:58.75 36.80	450m: 5:24.73 36.39	650m: 7:53.19 36.77			
	100m: 1:08.90 35.73	300m: 3:35.36 36.61	500m: 6:01.80 37.07	700m: 8:30.68 37.49			
	150m: 1:45.39 36.49	350m: 4:11.71 36.35	550m: 6:38.68 36.88	750m: 9:07.52 36.84			
	200m: 2:21.95 36.56	400m: 4:48.34 36.63	600m: 7:16.42 37.74	800m: 9:43.92 36.40			
6.	Ana Rita Graca	98	Vilacondense	<b>9:53.08</b>	+1,03	577	
	<i>FTL</i>						
	50m: 32.83 32.83	250m: 3:00.47 37.34	450m: 5:30.45 37.64	650m: 8:01.33 37.77			
	100m: 1:08.81 35.98	300m: 3:38.07 37.60	500m: 6:07.99 37.54	700m: 8:39.33 38.00			
	150m: 1:46.01 37.20	350m: 4:15.34 37.27	550m: 6:45.76 37.77	750m: 9:16.73 37.40			
	200m: 2:23.13 37.12	400m: 4:52.81 37.47	600m: 7:23.56 37.80	800m: 9:53.08 36.35			
7.	Rita Verissimo Damasceno	98	Nautico /Urgicentro-Sanfil	<b>9:53.60</b>	+0,84	575	
	<i>FTL</i>						
	50m: 33.93 33.93	250m: 3:01.00 37.05	450m: 5:30.71 37.36	650m: 8:01.22 37.04			
	100m: 1:10.37 36.44	300m: 3:38.51 37.51	500m: 6:08.73 38.02	700m: 8:39.50 38.28			
	150m: 1:46.92 36.55	350m: 4:15.63 37.12	550m: 6:46.09 37.36	750m: 9:16.64 37.14			
	200m: 2:23.95 37.03	400m: 4:53.35 37.72	600m: 7:24.18 38.09	800m: 9:53.60 36.96			

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Campeonato Nacional de Juvenis  
Campeonato Absolutos de Portugal-OPEN  
Oeiras, 24.7. - 27.7.2014

Event 45, Women, 800m Freestyle

Event 45 Women, 800m Freestyle Junior 17 Results  
27-07-2014 - 17:00

Rec Nac Open	8:49.86	Florbela Cavaco Machado	ASSSCC	Coimbra	25-05-2013
Rec Nac Jun17	8:49.86	Florbela Cavaco Machado	ASSSC	Coimbra	25-05-2013

Points: FINA 2014

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
1.	Filipa Vilas Ruivo	97	Nautico Marinha Grande	<b>8:59.93</b>	+0,86	765	
	50m: 31.30 31.30		250m: 2:45.95 34.15	450m: 5:02.05 34.29	650m: 7:19.16 34.27		
	100m: 1:04.22 32.92		300m: 3:19.77 33.82	500m: 5:36.09 34.04	700m: 7:53.35 34.19		
	150m: 1:38.07 33.85		350m: 3:53.95 34.18	550m: 6:10.46 34.37	750m: 8:27.20 33.85		
	200m: 2:11.80 33.73		400m: 4:27.76 33.81	600m: 6:44.89 34.43	800m: 8:59.93 32.73		
2.	Maria Teresa Amorim	97	Porto	<b>9:11.90</b>	+0,85	716	
	50m: 30.97 30.97		250m: 2:46.83 34.80	450m: 5:07.19 35.26	650m: 7:28.57 35.41		
	100m: 1:03.92 32.95		300m: 3:21.64 34.81	500m: 5:42.46 35.27	700m: 8:03.83 35.26		
	150m: 1:37.86 33.94		350m: 3:56.73 35.09	550m: 6:17.83 35.37	750m: 8:38.68 34.85		
	200m: 2:12.03 34.17		400m: 4:31.93 35.20	600m: 6:53.16 35.33	800m: 9:11.90 33.22		
3.	Francisca Gomes Azevedo	97	Alges	<b>9:16.25</b>	+0,81	699	
	50m: 30.98 30.98		250m: 2:50.50 35.52	450m: 5:11.75 34.98	650m: 7:32.42 35.29		
	100m: 1:05.19 34.21		300m: 3:25.97 35.47	500m: 5:46.96 35.21	700m: 8:07.78 35.36		
	150m: 1:39.73 34.54		350m: 4:01.48 35.51	550m: 6:21.96 35.00	750m: 8:42.81 35.03		
	200m: 2:14.98 35.25		400m: 4:36.77 35.29	600m: 6:57.13 35.17	800m: 9:16.25 33.44		
4.	Barbara Marques Rodrigues	97	Alges	<b>9:25.58</b>	+1,01	665	
	50m: 31.42 31.42		250m: 2:51.81 35.60	450m: 5:14.71 35.99	650m: 7:38.32 35.72		
	100m: 1:05.61 34.19		300m: 3:27.30 35.49	500m: 5:50.45 35.74	700m: 8:14.25 35.93		
	150m: 1:40.88 35.27		350m: 4:03.28 35.98	550m: 6:26.57 36.12	750m: 8:50.13 35.88		
	200m: 2:16.21 35.33		400m: 4:38.72 35.44	600m: 7:02.60 36.03	800m: 9:25.58 35.45		
5.	Maria Joao Fernandes	97	Vilacondense	<b>9:26.62</b>	+0,80	662	
	50m: 32.03 32.03		250m: 2:53.26 35.59	450m: 5:16.49 35.76	650m: 7:40.39 36.04		
	100m: 1:07.16 35.13		300m: 3:29.02 35.76	500m: 5:52.63 36.14	700m: 8:16.45 36.06		
	150m: 1:42.09 34.93		350m: 4:04.89 35.87	550m: 6:28.36 35.73	750m: 8:51.60 35.15		
	200m: 2:17.67 35.58		400m: 4:40.73 35.84	600m: 7:04.35 35.99	800m: 9:26.62 35.02		

Event 45 Women, 800m Freestyle Seniores Results  
27-07-2014 - 17:00

Rec Nac Open	8:49.86	Florbela Cavaco Machado	ASSSCC	Coimbra	25-05-2013
Rec Nac Sen	8:52.69	Ana Goncalves Neto	FCP	Famalicao	18-07-2013

Points: FINA 2014

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
1.	Florbela Cavaco Machado	96	Columbofila Cantanhedense	<b>8:57.86</b>	+0,96	774	
	50m: 31.49 31.49		250m: 2:45.63 33.77	450m: 5:00.77 34.10	650m: 7:17.16 33.88		
	100m: 1:04.48 32.99		300m: 3:19.23 33.60	500m: 5:34.94 34.17	700m: 7:51.13 33.97		
	150m: 1:38.16 33.68		350m: 3:52.74 33.51	550m: 6:09.36 34.42	750m: 8:25.38 34.25		
	200m: 2:11.86 33.70		400m: 4:26.67 33.93	600m: 6:43.28 33.92	800m: 8:57.86 32.48		
2.	Vania Soares Neves	90	Leixoes	<b>9:08.63</b>	+0,77	729	
	50m: 31.01 31.01		250m: 2:48.81 34.64	450m: 5:07.22 34.33	650m: 7:26.37 35.10		
	100m: 1:04.89 33.88		300m: 3:23.82 35.01	500m: 5:41.87 34.65	700m: 8:01.03 34.66		
	150m: 1:39.27 34.38		350m: 3:58.09 34.27	550m: 6:16.59 34.72	750m: 8:35.72 34.69		
	200m: 2:14.17 34.90		400m: 4:32.89 34.80	600m: 6:51.27 34.68	800m: 9:08.63 32.91		

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição

Campeonato Nacional de Juvenis  
Campeonato Absolutos de Portugal-OPEN  
Oeiras, 24.7. - 27.7.2014

Event 45, Women, 800m Freestyle, Seniores

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
3.	Helena Paula Carvalho	95	Uniao Piedense	<b>9:27.10</b>	+0,75	660	
	50m: 32.28 32.28	250m: 2:55.56 36.26	450m: 5:19.51 36.05	650m: 7:42.75 35.84			
	100m: 1:07.45 35.17	300m: 3:31.49 35.93	500m: 5:55.21 35.70	700m: 8:18.17 35.42			
	150m: 1:43.52 36.07	350m: 4:07.58 36.09	550m: 6:30.95 35.74	750m: 8:53.50 35.33			
	200m: 2:19.30 35.78	400m: 4:43.46 35.88	600m: 7:06.91 35.96	800m: 9:27.10 33.60			
4.	Carolina Madeira Santos	96	Naval Amorense	<b>9:36.99</b>	+0,89	627	
	<i>FTL</i>						
	50m: 31.99 31.99	250m: 2:56.19 36.44	450m: 5:22.19 36.10	650m: 7:47.32 36.34			
	100m: 1:07.49 35.50	300m: 3:32.66 36.47	500m: 5:58.61 36.42	700m: 8:22.88 35.56			
	150m: 1:43.37 35.88	350m: 4:09.32 36.66	550m: 6:34.81 36.20	750m: 9:00.82 37.94			
	200m: 2:19.75 36.38	400m: 4:46.09 36.77	600m: 7:10.98 36.17	800m: 9:36.99 36.17			
DNS	Angelica Maria Andre	94	Fluvial Portuense				
DNS	Maria Luis Amorim	95	Porto				

WDR - Retirado, DSQ - Desqualificado, DNF - Não terminou a prova, DNS - Faltou, EXH - extra-competição