

Medalists by event, Men

All Events

1. 400m Freestyle Master Esc A

|    |                               |    |             |                |       |      |
|----|-------------------------------|----|-------------|----------------|-------|------|
| 1. | Hugo Alberto Ribeiro          | 88 | Gespacos    | <b>4:02.32</b> | +0,96 | 1026 |
|    | <i>Rec Nacional Escalão A</i> |    |             |                |       |      |
| 2. | Manuel Jose Encarnacao        | 86 | Porto       | <b>4:36.26</b> | +0,83 | 692  |
| 3. | Bruno Miguel Ruas             | 89 | O2-Portimao | <b>4:41.61</b> | +0,91 | 654  |

1. 400m Freestyle Master Esc B

|    |                         |    |                   |                |       |     |
|----|-------------------------|----|-------------------|----------------|-------|-----|
| 1. | Francisco Zamith Passos | 83 | Famalicao         | <b>4:26.05</b> | +0,82 | 736 |
| 2. | Ivan Mauricio Couras    | 81 | Fluvial Portuense | <b>4:35.18</b> | +0,86 | 665 |
| 3. | Ricardo Jorge Correia   | 80 | Armacenenses      | <b>4:36.96</b> | +0,93 | 652 |

1. 400m Freestyle Master Esc C

|    |                       |    |                     |                |       |     |
|----|-----------------------|----|---------------------|----------------|-------|-----|
| 1. | Antonio Joao Matos    | 75 | Alcobaca            | <b>4:49.22</b> | +0,92 | 588 |
| 2. | Rodrigo Marques Costa | 76 | Litoral Alentejano  | <b>4:50.03</b> | +0,90 | 583 |
| 3. | Nuno Alexandre Crespo | 75 | Colegio Monte Maior | <b>5:09.42</b> | +0,82 | 480 |

1. 400m Freestyle Master Esc D

|    |                            |    |                    |                |       |     |
|----|----------------------------|----|--------------------|----------------|-------|-----|
| 1. | Marco Vantaggiato          | 71 | Litoral Alentejano | <b>4:39.25</b> | +0,84 | 640 |
| 2. | Carlos Guimaraes Goncalves | 70 | Fluvial Portuense  | <b>4:46.83</b> | +0,99 | 590 |
| 3. | Eduard Miralpeix Pujol     | 74 | Cambrils C.N.      | <b>4:48.91</b> | +1,13 | 578 |

1. 400m Freestyle Master Esc E

|    |                                |    |                   |                |       |     |
|----|--------------------------------|----|-------------------|----------------|-------|-----|
| 1. | Antonio Perez-Portabella Lopez | 69 | Cambrils C.N.     | <b>4:46.57</b> | +1,30 | 631 |
| 2. | Jose Samuel Duarte             | 65 | Sporting          | <b>4:51.54</b> | +0,85 | 600 |
| 3. | Luis Paulo Piteira             | 68 | Naval Setubalense | <b>5:11.02</b> | +1,03 | 494 |

1. 400m Freestyle Master Esc F

|    |                      |    |                       |                |       |      |
|----|----------------------|----|-----------------------|----------------|-------|------|
| 1. | Jose Carlos Freitas  | 63 | Fluvial Portuense     | <b>4:25.77</b> | +0,82 | 1007 |
| 2. | Paulo Paula Carvalho | 61 | Uniao Piedense        | <b>4:48.24</b> | +0,93 | 789  |
| 3. | Ralf Pinto Soares    | 64 | Nadadores dos Estoris | <b>5:31.66</b> | +0,97 | 518  |

1. 400m Freestyle Master Esc G

|    |                       |    |                      |                |       |     |
|----|-----------------------|----|----------------------|----------------|-------|-----|
| 1. | Mario Jose Pinto      | 57 | Alges                | <b>5:42.58</b> | +1,01 | 600 |
| 2. | Alberto Vaz Correia   | 55 | Albicastrense        | <b>5:53.54</b> | +1,16 | 546 |
| 3. | Antonio Prestes Pires | 56 | Academica de Coimbra | <b>6:02.93</b> | +1,17 | 504 |

1. 400m Freestyle Master Esc H

|    |                       |    |                      |                |       |     |
|----|-----------------------|----|----------------------|----------------|-------|-----|
| 1. | Jose Luis Morgado     | 54 | Fluvial Portuense    | <b>6:31.06</b> | +1,19 | 455 |
| 2. | Jose Antonio Teixeira | 53 | Academica de Coimbra | <b>6:57.73</b> | +1,08 | 373 |
| 3. | Jose Henrique Madail  | 54 | Galitos              | <b>7:09.09</b> | +1,18 | 344 |

1. 400m Freestyle Master Esc I

|    |                          |    |       |                |       |     |
|----|--------------------------|----|-------|----------------|-------|-----|
| 1. | Luis Vidigal Salgueiro   | 45 | Alges | <b>6:51.40</b> | +1,13 | 416 |
| 2. | Alexandre Azevedo Gaspar | 45 | Alges | <b>7:30.41</b> | +1,17 | 317 |
| 3. | Jose Joaquim Marreiros   | 46 | Alges | <b>7:53.42</b> |       | 273 |

3. 50m Fly Master Esc A

|    |                       |    |                     |              |       |     |
|----|-----------------------|----|---------------------|--------------|-------|-----|
| 1. | Hugo Alexandre Amaral | 87 | Portinado           | <b>28.01</b> | +0,87 | 605 |
| 2. | Eduardo Valente Moco  | 86 | Viver Santarem      | <b>28.64</b> | +0,83 | 566 |
| 3. | Pedro Tiago Neves     | 88 | Ginasio Figueirense | <b>29.81</b> | +0,89 | 502 |

3. 50m Fly Master Esc B

|    |                         |    |                    |              |       |     |
|----|-------------------------|----|--------------------|--------------|-------|-----|
| 1. | David Oliveira Gorgulho | 82 | Litoral Alentejano | <b>28.24</b> | +0,85 | 531 |
| 2. | Sergio Aguado Andrez    | 82 | A.R. Los Alcores   | <b>28.38</b> | +0,88 | 523 |
| 3. | Francisco Zamith Passos | 83 | Famalicao          | <b>28.45</b> | +0,80 | 519 |

3. 50m Fly Master Esc C

|    |                         |    |                   |              |       |     |
|----|-------------------------|----|-------------------|--------------|-------|-----|
| 1. | Alexander Ramos Esteves | 77 | Ginasio Vila Real | <b>28.64</b> | +0,76 | 719 |
| 2. | Tiago Freitas Teles     | 75 | Alges             | <b>29.16</b> | +0,92 | 681 |
| 3. | Luis Daniel Pacheco     | 76 | Alcobaca          | <b>29.76</b> | +0,86 | 641 |

3. 50m Fly Master Esc D

|    |                        |    |                     |              |       |     |
|----|------------------------|----|---------------------|--------------|-------|-----|
| 1. | Vitor Fortes Cunha     | 71 | Colegio Monte Maior | <b>28.49</b> | +0,69 | 686 |
| 2. | Antonio Aderito Chaves | 70 | Porto               | <b>29.92</b> | +0,85 | 592 |
| 3. | Filipe Pinheiro Pires  | 73 | Fafe                | <b>30.09</b> | +0,87 | 582 |

3. 50m Fly Master Esc E

|    |                    |    |                   |              |       |     |
|----|--------------------|----|-------------------|--------------|-------|-----|
| 1. | Pavel Andel        | 69 | Neptun Masters    | <b>29.97</b> | +0,96 | 686 |
| 2. | Jose Pedro Viana   | 69 | Ginasio Vila Real | <b>30.88</b> | +0,91 | 627 |
| 3. | Jose Pedro Santana | 66 | Fluvial Portuense | <b>30.91</b> | +0,89 | 625 |

3. 50m Fly Master Esc F

|    |  |    |                    |              |       |      |
|----|--|----|--------------------|--------------|-------|------|
| 1. | Jorge Eduardo Faria<br><i>Rec Nacional Escalão F</i> | 64 | Alges              | <b>27.52</b> | +0,80 | 1003 |
| 2. | Paulo Paula Carvalho                                 | 61 | Uniao Piedense     | <b>29.95</b> | +0,91 | 778  |
| 3. | Jorge Vieira Ribeiro                                 | 64 | Sporting de Aveiro | <b>38.20</b> | +1,16 | 375  |

3. 50m Fly Master Esc G

|    |                        |    |                   |              |       |     |
|----|------------------------|----|-------------------|--------------|-------|-----|
| 1. | Vitor Manuel Mavioso   | 56 | Alges             | <b>35.29</b> | +0,81 | 527 |
| 2. | Antonio Gaspar Freitas | 56 | Leixoes           | <b>35.42</b> | +0,98 | 522 |
| 3. | Joao Pedro Botelho     | 57 | Fluvial Portuense | <b>35.80</b> | +0,85 | 505 |

3. 50m Fly Master Esc H

|                               |    |                  |              |       |     |
|-------------------------------|----|------------------|--------------|-------|-----|
| 1. Rui Manuel Palma           | 54 | Portugal Telecom | <b>33.46</b> | +0,81 | 716 |
| <i>Rec Nacional Escalão H</i> |    |                  |              |       |     |
| 2. Domingos Pinto Coelho      | 52 | Alges            | <b>51.94</b> | +1,22 | 191 |

3. 50m Fly Master Esc I

|                            |    |             |              |       |     |
|----------------------------|----|-------------|--------------|-------|-----|
| 1. Stephen Thomas Dyson    | 47 | Alges       | <b>36.51</b> | +1,16 | 586 |
| 2. Ignacio Vizcaino Cuinas | 48 | R.C.N. Vigo | <b>40.46</b> | +1,30 | 430 |
| 3. Antonio Manuel Ferreira | 48 | Alges       | <b>50.83</b> | +1,12 | 217 |

3. 50m Fly Master Esc K

|                                |    |                      |              |       |     |
|--------------------------------|----|----------------------|--------------|-------|-----|
| 1. Antonio Alexandre Rodrigues | 39 | Academica de Coimbra | <b>51.15</b> | +1,24 | 384 |
| <i>Rec Nacional Escalão K</i>  |    |                      |              |       |     |

5. 50m Backstroke Master Esc A

|                         |    |                           |              |       |     |
|-------------------------|----|---------------------------|--------------|-------|-----|
| 1. Ivo Andre Margarido  | 88 | Benfica                   | <b>28.26</b> | +0,69 | 696 |
| 2. Joao Pedro Marques   | 87 | Estrelas S. Joao de Brito | <b>29.70</b> | +0,61 | 600 |
| 3. Duarte Nuno Ferreira | 86 | Salesianos de Lisboa      | <b>30.98</b> | +0,67 | 528 |

5. 50m Backstroke Master Esc B

|                             |    |                    |              |       |     |
|-----------------------------|----|--------------------|--------------|-------|-----|
| 1. Bruno Emanuel Graca      | 82 | Porto              | <b>28.93</b> | +0,66 | 768 |
| 2. David Oliveira Gorgulho  | 82 | Litoral Alentejano | <b>29.41</b> | +0,70 | 731 |
| 3. Pedro Herculano Carvalho | 84 | Ginasio Vila Real  | <b>30.88</b> | +0,63 | 632 |

5. 50m Backstroke Master Esc C

|                            |    |                   |              |       |     |
|----------------------------|----|-------------------|--------------|-------|-----|
| 1. Luis Daniel Pacheco     | 76 | Alcobaca          | <b>31.70</b> | +0,65 | 627 |
| 2. Alexander Ramos Esteves | 77 | Ginasio Vila Real | <b>31.90</b> | +0,65 | 615 |
| 3. Joao Andre Oliveira     | 79 | Galitos           | <b>33.11</b> | +0,73 | 550 |

5. 50m Backstroke Master Esc D

|                               |    |                      |              |       |     |
|-------------------------------|----|----------------------|--------------|-------|-----|
| 1. Jean Alexandre Testagrossa | 71 | Salesianos de Lisboa | <b>33.33</b> | +0,71 | 540 |
| 2. Carlos Guimaraes Goncalves | 70 | Fluvial Portuense    | <b>33.43</b> | +0,79 | 535 |
| 3. Antonio Aderito Chaves     | 70 | Porto                | <b>34.07</b> | +0,82 | 506 |

5. 50m Backstroke Master Esc E

|                           |    |                           |              |       |     |
|---------------------------|----|---------------------------|--------------|-------|-----|
| 1. Jose Pedro Soares      | 67 | Porto                     | <b>31.87</b> | +0,63 | 727 |
| 2. Miguel Malta Madeira   | 68 | Estrelas S. Joao de Brito | <b>33.60</b> | +0,70 | 620 |
| 3. Jose Salvador Faustino | 68 | Portinado                 | <b>36.68</b> | +0,80 | 477 |

5. 50m Backstroke Master Esc F

|   |    |                    |              |       |      |
|---|----|--------------------|--------------|-------|------|
| 1. Jorge Eduardo Faria<br><i>Rec Nacional Escalão F</i> | 64 | Alges              | <b>29.37</b> | +0,77 | 1001 |
| 2. Rui Manuel Silva                                     | 64 | Alges              | <b>38.45</b> | +0,69 | 446  |
| 3. Jorge Vieira Ribeiro                                 | 64 | Sporting de Aveiro | <b>41.30</b> | +0,87 | 360  |

5. 50m Backstroke Master Esc G

|  |    |                        |              |       |     |
|--|----|------------------------|--------------|-------|-----|
| 1. Vitor Manuel Mavioso<br><i>Rec Nacional Escalão G</i> | 56 | Alges                  | <b>36.77</b> | +0,83 | 626 |
| 2. Antonio Gaspar Freitas                                | 56 | Leixoes                | <b>42.09</b> | +0,97 | 417 |
| 3. Ricardo Jorge Osorio                                  | 56 | Universitario do Porto | <b>47.14</b> | +0,70 | 297 |

5. 50m Backstroke Master Esc H

|                            |    |             |                |       |     |
|----------------------------|----|-------------|----------------|-------|-----|
| 1. Jose Alvaro Silva       | 54 | Porto       | <b>48.73</b>   | +0,81 | 314 |
| 2. Walter Emunds           | 52 | Portinado   | <b>54.79</b>   | +0,74 | 221 |
| 3. Manuel Monroy Fernandez | 50 | R.C.N. Vigo | <b>1:01.23</b> | +0,94 | 158 |

5. 50m Backstroke Master Esc I

|                            |    |                      |              |       |     |
|----------------------------|----|----------------------|--------------|-------|-----|
| 1. Joaquim Fidalgo Freitas | 47 | Academica de Coimbra | <b>48.20</b> | +0,79 | 330 |
|----------------------------|----|----------------------|--------------|-------|-----|

5. 50m Backstroke Master Esc K

|                                |    |                      |                |       |     |
|--------------------------------|----|----------------------|----------------|-------|-----|
| 1. Antonio Alexandre Rodrigues | 39 | Academica de Coimbra | <b>51.46</b>   | +0,81 | 465 |
| 2. Fco.Javier Herrero Simon    | 35 | R.C.N. Vigo          | <b>1:09.38</b> | +0,75 | 190 |

5. 50m Backstroke Master Esc L

|                       |    |       |                |       |     |
|-----------------------|----|-------|----------------|-------|-----|
| 1. Leonel Sousa Gomes | 30 | Alges | <b>1:21.75</b> | +0,92 | 152 |
|-----------------------|----|-------|----------------|-------|-----|

9. 100m Medley Master Esc A

|  |    |                     |                |       |     |
|--|----|---------------------|----------------|-------|-----|
| 1. Adriano Miguel Niz<br><i>Rec Nacional Escalão A</i> | 86 | Famalicao           | <b>58.73</b>   | +0,74 | 830 |
| 2. Sergio Emanuel Costa                                | 85 | Fluvial Portuense   | <b>1:07.49</b> | +0,83 | 547 |
| 3. Pedro Tiago Neves                                   | 88 | Ginasio Figueirense | <b>1:08.31</b> | +0,87 | 527 |

9. 100m Medley Master Esc B

|                         |    |                     |                |       |     |
|-------------------------|----|---------------------|----------------|-------|-----|
| 1. Bruno Emanuel Graca  | 82 | Porto               | <b>1:04.14</b> | +0,76 | 630 |
| 2. Sergio Aguado Andrez | 82 | A.R. Los Alcores    | <b>1:05.70</b> | +0,84 | 586 |
| 3. Luis Filipe Rato     | 81 | Ginasio Santo Tirso | <b>1:08.95</b> | +0,85 | 507 |

9. 100m Medley Master Esc C

|                            |    |                    |                |       |     |
|----------------------------|----|--------------------|----------------|-------|-----|
| 1. Rodrigo Marques Costa   | 76 | Litoral Alentejano | <b>1:03.69</b> | +0,80 | 796 |
| 2. Luis Daniel Pacheco     | 76 | Alcobaca           | <b>1:07.19</b> | +0,80 | 678 |
| 3. Alexander Ramos Esteves | 77 | Ginasio Vila Real  | <b>1:07.36</b> | +0,75 | 673 |

9. 100m Medley Master Esc D

|                           |    |                    |                |       |     |
|---------------------------|----|--------------------|----------------|-------|-----|
| 1. Rodolfo Pereira Nunes  | 73 | Gespacos           | <b>1:03.41</b> | +0,84 | 839 |
| 2. Marco Vantaggiato      | 71 | Litoral Alentejano | <b>1:08.05</b> | +0,85 | 679 |
| 3. Antonio Aderito Chaves | 70 | Porto              | <b>1:10.46</b> | +0,83 | 611 |

9. 100m Medley Master Esc E

|                         |    |                           |                |       |     |
|-------------------------|----|---------------------------|----------------|-------|-----|
| 1. Pavel Andel          | 69 | Neptun Masters            | <b>1:10.26</b> | +0,99 | 638 |
| 2. Miguel Malta Madeira | 68 | Estrelas S. Joao de Brito | <b>1:10.47</b> | +1,02 | 632 |
| 3. Jose Pedro Santana   | 66 | Fluvial Portuense         | <b>1:11.54</b> | +0,86 | 604 |

9. 100m Medley Master Esc F

|   |    |                   |                |       |      |
|---|----|-------------------|----------------|-------|------|
| 1. Jorge Eduardo Faria<br><i>Rec Nacional Escalão F</i> | 64 | Alges             | <b>1:05.00</b> | +0,81 | 1022 |
| 2. Jose Carlos Freitas                                  | 63 | Fluvial Portuense | <b>1:10.37</b> | +0,79 | 806  |
| 3. Paulo Paula Carvalho                                 | 61 | Uniao Piedense    | <b>1:10.69</b> | +0,93 | 795  |

9. 100m Medley Master Esc G

|                           |    |                   |                |       |     |
|---------------------------|----|-------------------|----------------|-------|-----|
| 1. Antonio Gaspar Freitas | 56 | Leixoes           | <b>1:26.89</b> | +0,99 | 504 |
| 2. Joao Pedro Botelho     | 57 | Fluvial Portuense | <b>1:27.62</b> | +0,82 | 492 |
| 3. Mario Jose Pinto       | 57 | Alges             | <b>1:29.33</b> | +1,06 | 464 |

9. 100m Medley Master Esc H

|                          |    |       |                |       |     |
|--------------------------|----|-------|----------------|-------|-----|
| 1. Jose Alvaro Silva     | 54 | Porto | <b>1:45.56</b> | +1,03 | 323 |
| 2. Domingos Pinto Coelho | 52 | Alges | <b>1:53.52</b> | +1,08 | 259 |

9. 100m Medley Master Esc I

|                            |    |                      |                |       |     |
|----------------------------|----|----------------------|----------------|-------|-----|
| 1. Jose Sarsfield Cabral   | 49 | Academica de Coimbra | <b>1:25.31</b> | +0,96 | 650 |
| 2. Ignacio Vizcaino Cuinas | 48 | R.C.N. Vigo          | <b>1:39.88</b> | +1,25 | 405 |
| 3. Antonio Manuel Ferreira | 48 | Alges                | <b>2:27.38</b> | +1,13 | 126 |

9. 100m Medley Master Esc K

|                             |    |                      |                |       |     |
|-----------------------------|----|----------------------|----------------|-------|-----|
| 1. Joao Rodrigues Teixeira  | 37 | Academica de Coimbra | <b>2:21.35</b> | +1,22 | 206 |
| 2. Fco.Javier Herrero Simon | 35 | R.C.N. Vigo          | <b>2:34.16</b> | +1,23 | 159 |

11. 100m Breaststroke Master Esc A

|                           |    |                           |                |       |     |
|---------------------------|----|---------------------------|----------------|-------|-----|
| 1. Henrique Mira Godinho  | 88 | Estrelas S. Joao de Brito | <b>1:10.36</b> | +0,86 | 685 |
| 2. Sergio Emanuel Costa   | 85 | Fluvial Portuense         | <b>1:11.82</b> | +0,76 | 644 |
| 3. Manuel Jose Encarnacao | 86 | Porto                     | <b>1:14.24</b> | +0,81 | 583 |

11. 100m Breaststroke Master Esc B

|                                 |    |                    |                |       |     |
|---------------------------------|----|--------------------|----------------|-------|-----|
| 1. Pedro Alexandre Sousa        | 82 | Porto              | <b>1:14.19</b> | +0,86 | 565 |
| 2. Pedro Antonio Moreno Sanchez | 82 | A.R. Los Alcores   | <b>1:16.13</b> | +0,91 | 523 |
| 3. Jose Miguel Figueiredo       | 84 | Sporting de Aveiro | <b>1:19.09</b> | +0,83 | 466 |

11. 100m Breaststroke Master Esc C

|                          |    |                    |                |       |     |
|--------------------------|----|--------------------|----------------|-------|-----|
| 1. Rodrigo Marques Costa | 76 | Litoral Alentejano | <b>1:09.66</b> | +0,85 | 776 |
| 2. Luis Daniel Pacheco   | 76 | Alcobaca           | <b>1:15.24</b> | +0,82 | 616 |
| 3. Carlos Filipe Melo    | 75 | Galitos            | <b>1:18.89</b> | +0,80 | 534 |

11. 100m Breaststroke Master Esc D

|                               |    |                      |                |       |     |
|-------------------------------|----|----------------------|----------------|-------|-----|
| 1. Rodolfo Pereira Nunes      | 73 | Gespacos             | <b>1:08.85</b> | +0,81 | 865 |
| 2. Jean Alexandre Testagrossa | 71 | Salesianos de Lisboa | <b>1:16.56</b> | +0,76 | 629 |
| 3. Nuno Filipe Melo           | 70 | Galitos              | <b>1:26.15</b> | +0,90 | 441 |

11. 100m Breaststroke Master Esc E

|  |    |                           |                |       |     |
|--|----|---------------------------|----------------|-------|-----|
| 1. Jose Samuel Duarte<br><i>Rec Nacional Escalão E</i> | 65 | Sporting                  | <b>1:13.10</b> | +0,71 | 777 |
| 2. Pavel Andel   | 69 | Neptun Masters            | <b>1:16.03</b> | +0,93 | 691 |
| 3. Nuno Marcal Lopes                                   | 67 | Estrelas S. Joao de Brito | <b>1:21.38</b> | +1,00 | 563 |

11. 100m Breaststroke Master Esc F

|                      |    |                       |                |       |     |
|----------------------|----|-----------------------|----------------|-------|-----|
| 1. Ralf Pinto Soares | 64 | Nadadores dos Estoris | <b>1:22.35</b> | +0,95 | 602 |
| 2. Joao Manuel Silva | 63 | Millennium BCP        | <b>1:30.03</b> | +0,93 | 461 |
| 3. Joao Manuel Ruas  | 60 | O2-Portimao           | <b>1:44.48</b> | +1,09 | 294 |

11. 100m Breaststroke Master Esc G

|                        |    |                   |                |       |     |
|------------------------|----|-------------------|----------------|-------|-----|
| 1. Jose Santos Silva   | 57 | Natacao da Maia   | <b>1:25.34</b> | +0,90 | 508 |
| 2. Joao Pedro Botelho  | 57 | Fluvial Portuense | <b>1:31.00</b> | +0,81 | 419 |
| 3. Manuel Jose Romariz | 59 | Leixoes           | <b>1:31.42</b> | +1,18 | 413 |

11. 100m Breaststroke Master Esc H

|                          |    |                      |                |       |     |
|--------------------------|----|----------------------|----------------|-------|-----|
| 1. Antonio Alves Cecilio | 54 | Gespacos             | <b>1:34.78</b> | +1,07 | 560 |
| 2. Jose Alvaro Silva     | 54 | Porto                | <b>1:37.23</b> | +0,94 | 519 |
| 3. Jose Antonio Teixeira | 53 | Academica de Coimbra | <b>1:44.79</b> | +1,03 | 414 |

11. 100m Breaststroke Master Esc I

|                             |    |                      |                |       |     |
|-----------------------------|----|----------------------|----------------|-------|-----|
| 1. Joaquim Fidalgo Freitas  | 47 | Academica de Coimbra | <b>1:36.12</b> | +1,06 | 563 |
| 2. Alexandre Azevedo Gaspar | 45 | Alges                | <b>1:47.49</b> | +1,13 | 403 |
| 3. Luis Silveira Viegas     | 47 | Alges                | <b>1:50.07</b> | +1,25 | 375 |

11. 100m Breaststroke Master Esc J

|                             |    |                      |                |       |     |
|-----------------------------|----|----------------------|----------------|-------|-----|
| 1. Manuel Monteiro Tenreiro | 40 | Academica de Coimbra | <b>2:17.61</b> | +1,26 | 225 |
|-----------------------------|----|----------------------|----------------|-------|-----|

11. 100m Breaststroke Master Esc K

|                             |    |                      |                |       |     |
|-----------------------------|----|----------------------|----------------|-------|-----|
| 1. Joao Rodrigues Teixeira  | 37 | Academica de Coimbra | <b>2:16.15</b> | +1,22 | 258 |
| 2. Oscar Antonio Costa      | 39 | Galitos              | <b>2:20.27</b> | +1,13 | 236 |
| 3. Fco.Javier Herrero Simon | 35 | R.C.N. Vigo          | <b>2:26.89</b> | +1,24 | 206 |

11. 100m Breaststroke Master Esc L

|                       |    |       |                |  |     |
|-----------------------|----|-------|----------------|--|-----|
| 1. Leonel Sousa Gomes | 30 | Alges | <b>2:32.52</b> |  | 256 |
|-----------------------|----|-------|----------------|--|-----|

13. 100m Freestyle Master Esc A

|  |    |                |              |       |     |
|--|----|----------------|--------------|-------|-----|
| 1. Adriano Miguel Niz<br><i>Rec Nacional Escalão A</i> | 86 | Famalicao      | <b>51.68</b> | +0,74 | 830 |
| 2. Ivo Andre Margarido                                 | 88 | Benfica        | <b>54.41</b> | +0,70 | 711 |
| 3. Eduardo Valente Moco                                | 86 | Viver Santarem | <b>57.19</b> | +0,82 | 612 |

13. 100m Freestyle Master Esc B

|                            |    |                     |              |       |     |
|----------------------------|----|---------------------|--------------|-------|-----|
| 1. David Oliveira Gorgulho | 82 | Litoral Alentejano  | <b>55.15</b> | +0,87 | 703 |
| 2. Francisco Zamith Passos | 83 | Famalicao           | <b>56.03</b> | +0,76 | 670 |
| 3. Andre Oliveira Almeida  | 83 | Ginasio Santo Tirso | <b>59.31</b> | +0,99 | 565 |

13. 100m Freestyle Master Esc C

|                              |    |                           |                |       |     |
|------------------------------|----|---------------------------|----------------|-------|-----|
| 1. Ricardo Conceicao Pedroso | 77 | Estrelas S. Joao de Brito | <b>55.01</b>   | +0,75 | 817 |
| 2. Joao Andre Oliveira       | 79 | Galitos                   | <b>59.72</b>   | +0,81 | 638 |
| 3. Tiago Freitas Teles       | 75 | Alges                     | <b>1:00.36</b> | +0,87 | 618 |

13. 100m Freestyle Master Esc D

|                               |    |                     |                |       |     |
|-------------------------------|----|---------------------|----------------|-------|-----|
| 1. Vitor Fortes Cunha         | 71 | Colegio Monte Maior | <b>59.46</b>   | +0,72 | 671 |
| 2. Carlos Guimaraes Goncalves | 70 | Fluvial Portuense   | <b>1:00.15</b> | +0,85 | 648 |
| 3. Pedro Nuno Braga           | 74 | Natacao da Maia     | <b>1:00.28</b> | +0,89 | 644 |

13. 100m Freestyle Master Esc E

|                                   |    |                   |                |       |     |
|-----------------------------------|----|-------------------|----------------|-------|-----|
| 1. Jose Pedro Viana               | 69 | Ginasio Vila Real | <b>1:02.46</b> | +0,91 | 608 |
| 2. Antonio Perez-Portabella Lopez | 69 | Cambrils C.N.     | <b>1:04.65</b> | +1,22 | 548 |
| 3. Fernando Antonio Xavier        | 65 | Porto             | <b>1:06.52</b> | +0,87 | 503 |

13. 100m Freestyle Master Esc F

|   |    |                   |                |       |     |
|---|----|-------------------|----------------|-------|-----|
| 1. Jose Carlos Freitas<br><i>Rec Nacional Escalão F</i> | 63 | Fluvial Portuense | <b>58.01</b>   | +0,81 | 921 |
| 2. Paulo Francisco Torres                               | 62 | Fluvial Portuense | <b>1:06.05</b> | +0,90 | 623 |
| 3. Joao Manuel Silva                                    | 63 | Millennium BCP    | <b>1:09.34</b> | +0,97 | 539 |

13. 100m Freestyle Master Esc G

|    |                        |    |                      |                |       |     |
|----|------------------------|----|----------------------|----------------|-------|-----|
| 1. | Antonio Gaspar Freitas | 56 | Leixoes              | <b>1:11.63</b> | +0,95 | 531 |
| 2. | Alberto Vaz Correia    | 55 | Albicastrense        | <b>1:11.86</b> | +1,13 | 526 |
| 3. | Antonio Prestes Pires  | 56 | Academica de Coimbra | <b>1:12.76</b> | +1,09 | 507 |

13. 100m Freestyle Master Esc H

|    |                         |    |             |                |       |     |
|----|-------------------------|----|-------------|----------------|-------|-----|
| 1. | Antonio Alves Cecilio   | 54 | Gespacos    | <b>1:28.65</b> | +1,00 | 308 |
| 2. | Manuel Monroy Fernandez | 50 | R.C.N. Vigo | <b>1:30.35</b> | +1,14 | 290 |
| 3. | Jose Henrique Madail    | 54 | Galitos     | <b>1:30.65</b> | +1,15 | 288 |

13. 100m Freestyle Master Esc I

|    |                        |    |                      |                |       |     |
|----|------------------------|----|----------------------|----------------|-------|-----|
| 1. | Jose Sarsfield Cabral  | 49 | Academica de Coimbra | <b>1:13.68</b> | +1,07 | 637 |
| 2. | Stephen Thomas Dyson   | 47 | Alges                | <b>1:15.18</b> | +1,04 | 600 |
| 3. | Luis Vidigal Salgueiro | 45 | Alges                | <b>1:20.91</b> | +1,07 | 481 |

13. 100m Freestyle Master Esc K

|    |  |    |                      |                |       |     |
|----|--|----|----------------------|----------------|-------|-----|
| 1. | Antonio Alexandre Rodrigues<br><i>Rec Nacional Escalão K</i> | 39 | Academica de Coimbra | <b>1:31.42</b> | +1,08 | 490 |
|----|--|----|----------------------|----------------|-------|-----|

15. 4 x 50m Freestyle Master Masc Estaf Cat 1

|    |                                   |                           |                |       |
|----|-----------------------------------|---------------------------|----------------|-------|
| 1. | Famalicao-Categ 1                 | Famalicao                 | <b>1:46.36</b> | +0,75 |
| 2. | Estrelas S. Joao de Brito-Categ 1 | Estrelas S. Joao de Brito | <b>1:54.91</b> | +0,91 |
| 3. | Ginasio Santo Tirso-Categ 1       | Ginasio Santo Tirso       | <b>1:55.38</b> | +0,95 |

15. 4 x 50m Freestyle Master Masc Estaf Cat 2

|    |                           |                   |                |       |
|----|---------------------------|-------------------|----------------|-------|
| 1. | Porto-Categ 2             | Porto             | <b>1:43.92</b> | +0,75 |
| 2. | Gespacos-Categ 2          | Gespacos          | <b>1:45.34</b> | +0,75 |
| 3. | Ginasio Vila Real-Categ 2 | Ginasio Vila Real | <b>1:46.79</b> | +0,95 |

15. 4 x 50m Freestyle Master Masc Estaf Cat 3

|    |                                   |                           |                |       |
|----|-----------------------------------|---------------------------|----------------|-------|
| 1. | Estrelas S. Joao de Brito-Categ 3 | Estrelas S. Joao de Brito | <b>1:54.39</b> | +0,72 |
| 2. | Porto-Categ 3                     | Porto                     | <b>2:01.32</b> | +0,86 |
| 3. | Galitos-Categ 3                   | Galitos                   | <b>2:02.77</b> | +0,93 |

15. 4 x 50m Freestyle Master Masc Estaf Cat 4

|    |  |                      |                |       |
|----|--|----------------------|----------------|-------|
| 1. | Alges-Categ 4<br><i>Rec Nacional Categ 4</i> | Alges                | <b>1:56.57</b> | +0,79 |
| 2. | Fluvial Portuense-Categ 4                    | Fluvial Portuense    | <b>1:59.81</b> | +1,08 |
| 3. | Academica de Coimbra-Categ 4                 | Academica de Coimbra | <b>2:18.09</b> | +1,02 |

15. 4 x 50m Freestyle Master Masc Estaf Cat 5

|    |               |       |                |       |
|----|---------------|-------|----------------|-------|
| 1. | Alges-Categ 5 | Alges | <b>2:47.95</b> | +1,12 |
|----|---------------|-------|----------------|-------|



15. 4 x 50m Freestyle Master Masc Estaf Cat 6

|                                 |  |                      |                |       |  |
|---------------------------------|--|----------------------|----------------|-------|--|
| 1. Alges-Categ 6                |  | Alges                | <b>2:53.40</b> |       |  |
| 2. Academica de Coimbra-Categ 6 |  | Academica de Coimbra | <b>3:21.23</b> | +1,19 |  |

17. 200m Freestyle Master Esc A

|                               |    |           |                |       |     |
|-------------------------------|----|-----------|----------------|-------|-----|
| 1. Adriano Miguel Niz         | 86 | Famalicao | <b>1:54.99</b> | +0,86 | 937 |
| <i>Rec Nacional Escalão A</i> |    |           |                |       |     |
| 2. Hugo Alberto Ribeiro       | 88 | Gespacos  | <b>1:57.18</b> | +0,92 | 886 |
| 3. Ivo Andre Margarido        | 88 | Benfica   | <b>1:57.67</b> | +0,72 | 875 |

17. 200m Freestyle Master Esc B

|                          |    |                     |                |       |     |
|--------------------------|----|---------------------|----------------|-------|-----|
| 1. Ivan Mauricio Couras  | 81 | Fluvial Portuense   | <b>2:09.04</b> | +0,86 | 562 |
| 2. Ricardo Jorge Correia | 80 | Armacenenses        | <b>2:09.15</b> | +0,88 | 561 |
| 3. Luis Filipe Rato      | 81 | Ginasio Santo Tirso | <b>2:18.50</b> | +0,90 | 454 |

17. 200m Freestyle Master Esc C

|                             |    |                     |                |       |     |
|-----------------------------|----|---------------------|----------------|-------|-----|
| 1. Fernando Vaquero Vazquez | 78 | Cambrils C.N.       | <b>2:21.36</b> | +0,96 | 490 |
| 2. Bruno Calado Camara      | 77 | Atletico            | <b>2:23.48</b> | +0,75 | 468 |
| 3. Nuno Alexandre Crespo    | 75 | Colegio Monte Maior | <b>2:24.58</b> | +0,82 | 458 |

17. 200m Freestyle Master Esc D

|                               |    |                    |                |       |     |
|-------------------------------|----|--------------------|----------------|-------|-----|
| 1. Marco Vantaggiato          | 71 | Litoral Alentejano | <b>2:10.49</b> | +0,85 | 649 |
| 2. Carlos Guimaraes Goncalves | 70 | Fluvial Portuense  | <b>2:14.92</b> | +0,96 | 587 |
| 3. Pedro Nuno Braga           | 74 | Natacao da Maia    | <b>2:18.41</b> | +0,95 | 544 |

17. 200m Freestyle Master Esc E

|                                   |    |                   |                |       |     |
|-----------------------------------|----|-------------------|----------------|-------|-----|
| 1. Antonio Perez-Portabella Lopez | 69 | Cambrils C.N.     | <b>2:18.84</b> | +1,14 | 564 |
| 2. Jose Pedro Viana               | 69 | Ginasio Vila Real | <b>2:19.48</b> | +0,82 | 556 |
| 3. Luis Paulo Piteira             | 68 | Naval Setubalense | <b>2:28.11</b> | +1,02 | 464 |

17. 200m Freestyle Master Esc F

|                        |    |                       |                |       |     |
|------------------------|----|-----------------------|----------------|-------|-----|
| 1. Jose Carlos Freitas | 63 | Fluvial Portuense     | <b>2:06.33</b> | +0,81 | 986 |
| 2. Ralf Pinto Soares   | 64 | Nadadores dos Estoris | <b>2:37.14</b> | +0,93 | 512 |
| 3. Armando Joao Costa  | 63 | Colegio SMLamas       | <b>2:39.29</b> | +0,86 | 492 |

17. 200m Freestyle Master Esc G

|                        |    |                 |                |       |     |
|------------------------|----|-----------------|----------------|-------|-----|
| 1. Alberto Vaz Correia | 55 | Albicastrense   | <b>2:42.85</b> | +1,13 | 549 |
| 2. Mario Jose Pinto    | 57 | Alges           | <b>2:44.22</b> | +1,01 | 535 |
| 3. Jose Santos Silva   | 57 | Natacao da Maia | <b>2:47.34</b> | +0,89 | 506 |

17. 200m Freestyle Master Esc H

|    |                       |    |                      |                |       |     |
|----|-----------------------|----|----------------------|----------------|-------|-----|
| 1. | Jose Antonio Teixeira | 53 | Academica de Coimbra | <b>3:14.43</b> | +1,12 | 356 |
| 2. | Jose Henrique Madail  | 54 | Galitos              | <b>3:17.77</b> | +1,08 | 338 |
| 3. | Jose Carlos Neto      | 53 | Ginasio Figueirense  | <b>3:39.41</b> | +1,04 | 248 |

17. 200m Freestyle Master Esc I

|    |                          |    |       |                |       |     |
|----|--------------------------|----|-------|----------------|-------|-----|
| 1. | Luis Vidigal Salgueiro   | 45 | Alges | <b>3:09.99</b> | +1,19 | 453 |
| 2. | Alexandre Azevedo Gaspar | 45 | Alges | <b>3:36.41</b> | +1,16 | 306 |
| 3. | Luis Silveira Viegas     | 47 | Alges | <b>3:39.35</b> | +1,39 | 294 |

17. 200m Freestyle Master Esc K

|    |                     |    |         |                |       |     |
|----|---------------------|----|---------|----------------|-------|-----|
| 1. | Oscar Antonio Costa | 39 | Galitos | <b>5:04.55</b> | +1,18 | 142 |
|----|---------------------|----|---------|----------------|-------|-----|

19. 100m Fly Master Esc A

|    |                           |    |                           |                |       |     |
|----|---------------------------|----|---------------------------|----------------|-------|-----|
| 1. | Jonatas da Fonseca Gaspar | 88 | Nautico Marinha Grande    | <b>59.98</b>   | +0,92 | 726 |
| 2. | Henrique Mira Godinho     | 88 | Estrelas S. Joao de Brito | <b>1:04.33</b> | +0,84 | 589 |
| 3. | Luis Miguel Neves         | 85 | Vilacondense              | <b>1:05.30</b> | +0,95 | 563 |

19. 100m Fly Master Esc B

|    |                       |    |                  |                |       |     |
|----|-----------------------|----|------------------|----------------|-------|-----|
| 1. | Rui Miguel Santos     | 83 | Galitos          | <b>1:03.87</b> | +0,76 | 559 |
| 2. | Sergio Aguado Andrez  | 82 | A.R. Los Alcores | <b>1:05.91</b> | +0,81 | 509 |
| 3. | Pedro Alexandre Sousa | 82 | Porto            | <b>1:07.60</b> | +0,90 | 471 |

19. 100m Fly Master Esc C

|    |                         |    |                     |                |       |     |
|----|-------------------------|----|---------------------|----------------|-------|-----|
| 1. | Alexander Ramos Esteves | 77 | Ginasio Vila Real   | <b>1:04.72</b> | +0,76 | 678 |
| 2. | Tiago Graca Costa       | 76 | Leixoes             | <b>1:12.74</b> | +0,90 | 477 |
| 3. | Nuno Alexandre Crespo   | 75 | Colegio Monte Maior | <b>1:13.17</b> | +0,78 | 469 |

19. 100m Fly Master Esc D

|    |                         |    |                     |                |       |     |
|----|-------------------------|----|---------------------|----------------|-------|-----|
| 1. | Vitor Fortes Cunha      | 71 | Colegio Monte Maior | <b>1:03.83</b> | +0,85 | 697 |
| 2. | Eduard Miralpeix Pujol  | 74 | Cambrils C.N.       | <b>1:12.83</b> | +0,90 | 469 |
| 3. | Fernando Antonio Rothes | 70 | Fluvial Portuense   | <b>1:13.80</b> | +0,87 | 451 |

19. 100m Fly Master Esc E

|    |                         |    |                |                |       |     |
|----|-------------------------|----|----------------|----------------|-------|-----|
| 1. | Jose Samuel Duarte      | 65 | Sporting       | <b>1:11.72</b> | +0,89 | 551 |
| 2. | Pavel Andel             | 69 | Neptun Masters | <b>1:14.73</b> | +1,02 | 487 |
| 3. | Fernando Antonio Xavier | 65 | Porto          | <b>1:15.91</b> | +0,87 | 464 |

19. 100m Fly Master Esc F

|    |  |    |                     |                |       |      |
|----|--|----|---------------------|----------------|-------|------|
| 1. | Jorge Eduardo Faria<br><i>Rec Nacional Escalão F</i> | 64 | Alges               | <b>1:00.86</b> | +0,87 | 1081 |
| 2. | Paulo Paula Carvalho                                 | 61 | Uniao Piedense      | <b>1:05.77</b> | +0,91 | 856  |
| 3. | Paulo Fernando Rodrigues                             | 63 | Colegio Monte Maior | <b>1:54.26</b> | +0,89 | 163  |

19. 100m Fly Master Esc G

|                          |    |                      |                |       |     |
|--------------------------|----|----------------------|----------------|-------|-----|
| 1. Vitor Manuel Mavioso  | 56 | Alges                | <b>1:17.75</b> | +0,85 | 578 |
| 2. Antonio Prestes Pires | 56 | Academica de Coimbra | <b>1:24.43</b> | +1,04 | 451 |

19. 100m Fly Master Esc H

|                          |    |       |                |       |     |
|--------------------------|----|-------|----------------|-------|-----|
| 1. Domingos Pinto Coelho | 52 | Alges | <b>2:03.76</b> | +1,29 | 168 |
|--------------------------|----|-------|----------------|-------|-----|

19. 100m Fly Master Esc I

|                            |    |             |                |       |     |
|----------------------------|----|-------------|----------------|-------|-----|
| 1. Stephen Thomas Dyson    | 47 | Alges       | <b>1:32.32</b> | +1,04 | 466 |
| 2. Ignacio Vizcaino Cuinas | 48 | R.C.N. Vigo | <b>1:40.42</b> | +1,19 | 362 |
| 3. Antonio Manuel Ferreira | 48 | Alges       | <b>2:32.93</b> | +1,27 | 102 |

19. 100m Fly Master Esc K

|   |    |                      |                |       |     |
|---|----|----------------------|----------------|-------|-----|
| 1. Antonio Alexandre Rodrigues<br><i>Rec Nacional Escalão K</i> | 39 | Academica de Coimbra | <b>2:03.93</b> | +1,15 | 410 |
|---|----|----------------------|----------------|-------|-----|

21. 100m Backstroke Master Esc A

|  |    |                        |                |       |     |
|--|----|------------------------|----------------|-------|-----|
| 1. Adriano Miguel Niz<br><i>Rec Nacional Escalão A</i> | 86 | Famalicao              | <b>57.79</b>   | +0,65 | 863 |
| 2. Ivo Andre Margarido                                 | 88 | Benfica                | <b>1:00.32</b> | +0,77 | 759 |
| 3. Jonatas da Fonseca Gaspar                           | 88 | Nautico Marinha Grande | <b>1:05.00</b> | +0,77 | 607 |

21. 100m Backstroke Master Esc B

|                             |    |                    |                |       |     |
|-----------------------------|----|--------------------|----------------|-------|-----|
| 1. Bruno Emanuel Graca      | 82 | Porto              | <b>1:02.29</b> | +0,67 | 789 |
| 2. David Oliveira Gorgulho  | 82 | Litoral Alentejano | <b>1:02.66</b> | +0,74 | 775 |
| 3. Pedro Herculano Carvalho | 84 | Ginasio Vila Real  | <b>1:09.35</b> | +0,75 | 572 |

21. 100m Backstroke Master Esc C

|                              |    |                           |                |       |     |
|------------------------------|----|---------------------------|----------------|-------|-----|
| 1. Ricardo Conceicao Pedroso | 77 | Estrelas S. Joao de Brito | <b>1:03.54</b> | +0,70 | 805 |
| 2. Joao Andre Oliveira       | 79 | Galitos                   | <b>1:11.77</b> | +0,69 | 558 |
| 3. Nuno Rogerio Santos       | 76 | Desportivo Nacional       | <b>1:12.72</b> | +0,73 | 537 |

21. 100m Backstroke Master Esc D

|                               |    |                   |                |       |     |
|-------------------------------|----|-------------------|----------------|-------|-----|
| 1. Rodolfo Pereira Nunes      | 73 | Gespacos          | <b>1:06.02</b> | +0,81 | 715 |
| 2. Antonio Aderito Chaves     | 70 | Porto             | <b>1:10.10</b> | +0,81 | 598 |
| 3. Carlos Guimaraes Goncalves | 70 | Fluvial Portuense | <b>1:11.47</b> | +0,74 | 564 |

21. 100m Backstroke Master Esc E

|                           |    |                           |                |       |     |
|---------------------------|----|---------------------------|----------------|-------|-----|
| 1. Miguel Malta Madeira   | 68 | Estrelas S. Joao de Brito | <b>1:10.59</b> | +0,65 | 682 |
| 2. Joaquim Jorge Ramalhao | 65 | Universitario do Porto    | <b>1:23.36</b> | +0,74 | 414 |
| 3. Paulo Jorge Ferreira   | 67 | Pimpoes/Cimai             | <b>1:28.20</b> | +0,85 | 350 |

21. 100m Backstroke Master Esc F

|                         |    |                   |                |       |     |
|-------------------------|----|-------------------|----------------|-------|-----|
| 1. Paulo Paula Carvalho | 61 | Uniao Piedense    | <b>1:09.74</b> | +0,73 | 804 |
| 2. Rui Manuel Silva     | 64 | Alges             | <b>1:28.36</b> | +0,71 | 395 |
| 3. Juan Luis Silva      | 63 | Masters de Almada | <b>1:31.30</b> | +0,78 | 358 |

21. 100m Backstroke Master Esc G

|                          |    |                        |                |       |     |
|--------------------------|----|------------------------|----------------|-------|-----|
| 1. Vitor Manuel Mavioso  | 56 | Alges                  | <b>1:19.89</b> | +0,74 | 634 |
| 2. Ricardo Jorge Osorio  | 56 | Universitario do Porto | <b>1:38.99</b> | +0,85 | 333 |
| 3. Jose Manuel Goncalves | 56 | Masters de Almada      | <b>1:43.36</b> | +1,14 | 293 |

21. 100m Backstroke Master Esc H

|                          |    |                   |                |       |     |
|--------------------------|----|-------------------|----------------|-------|-----|
| 1. Domingos Pinto Coelho | 52 | Alges             | <b>2:02.69</b> | +0,71 | 208 |
| 2. Manuel Jose Esteves   | 50 | Masters de Almada | <b>2:11.71</b> | +0,91 | 168 |
| 3. Walter Emunds         | 52 | Portinado         | <b>2:12.39</b> | +0,68 | 165 |

21. 100m Backstroke Master Esc I

|                            |    |                      |                |       |     |
|----------------------------|----|----------------------|----------------|-------|-----|
| 1. Ignacio Vizcaino Cuinas | 48 | R.C.N. Vigo          | <b>1:36.60</b> | +0,87 | 420 |
| 2. Joaquim Fidalgo Freitas | 47 | Academica de Coimbra | <b>1:48.89</b> | +0,73 | 293 |
| 3. Jose Joaquim Marreiros  | 46 | Alges                | <b>2:13.49</b> | +1,08 | 159 |

21. 100m Backstroke Master Esc K

|                             |    |             |                |       |     |
|-----------------------------|----|-------------|----------------|-------|-----|
| 1. Fco.Javier Herrero Simon | 35 | R.C.N. Vigo | <b>2:36.91</b> | +0,83 | 197 |
|-----------------------------|----|-------------|----------------|-------|-----|

23. 200m Medley Master Esc A

|  |    |                        |                |       |     |
|--|----|------------------------|----------------|-------|-----|
| 1. Adriano Miguel Niz<br><i>Rec Nacional Escalão A</i> | 86 | Famalicao              | <b>2:09.90</b> | +0,82 | 799 |
| 2. Ivo Andre Margarido                                 | 88 | Benfica                | <b>2:11.91</b> | +0,70 | 763 |
| 3. Jonatas da Fonseca Gaspar                           | 88 | Nautico Marinha Grande | <b>2:21.39</b> | +0,92 | 619 |

23. 200m Medley Master Esc B

|                         |    |                     |                |       |     |
|-------------------------|----|---------------------|----------------|-------|-----|
| 1. Sergio Aguado Andrez | 82 | A.R. Los Alcores    | <b>2:25.19</b> | +0,84 | 538 |
| 2. Ivan Mauricio Couras | 81 | Fluvial Portuense   | <b>2:29.87</b> | +0,85 | 489 |
| 3. Luis Filipe Rato     | 81 | Ginasio Santo Tirso | <b>2:35.15</b> | +0,90 | 441 |

23. 200m Medley Master Esc C

|                          |    |                     |                |       |     |
|--------------------------|----|---------------------|----------------|-------|-----|
| 1. Rodrigo Marques Costa | 76 | Litoral Alentejano  | <b>2:23.04</b> | +0,86 | 705 |
| 2. Nuno Rogerio Santos   | 76 | Desportivo Nacional | <b>2:40.55</b> | +0,76 | 498 |
| 3. Artur Jorge Rosa      | 76 | Natacao da Maia     | <b>2:40.74</b> | +0,87 | 496 |

23. 200m Medley Master Esc D

|                               |    |                      |                |       |     |
|-------------------------------|----|----------------------|----------------|-------|-----|
| 1. Rodolfo Pereira Nunes      | 73 | Gespacos             | <b>2:24.63</b> | +0,85 | 691 |
| 2. Marco Vantaggiato          | 71 | Litoral Alentejano   | <b>2:29.97</b> | +0,87 | 620 |
| 3. Jean Alexandre Testagrossa | 71 | Salesianos de Lisboa | <b>2:41.31</b> | +0,75 | 498 |

23. 200m Medley Master Esc E

|                            |    |                        |                |       |     |
|----------------------------|----|------------------------|----------------|-------|-----|
| 1. Gustavo Ferreira Basto  | 67 | Galitos                | <b>2:52.68</b> | +0,98 | 495 |
| 2. Joaquim Jorge Ramalhao  | 65 | Universitario do Porto | <b>2:52.94</b> | +0,95 | 493 |
| 3. Manuel Vasques Quintino | 68 | Naval Setubalense      | <b>3:14.62</b> | +1,10 | 346 |

23. 200m Medley Master Esc F

|   |    |                   |                |       |      |
|---|----|-------------------|----------------|-------|------|
| 1. Jorge Eduardo Faria<br><i>Rec Nacional Escalão F</i> | 64 | Alges             | <b>2:22.63</b> | +0,84 | 1006 |
| 2. Jose Carlos Freitas                                  | 63 | Fluvial Portuense | <b>2:33.48</b> | +0,79 | 807  |
| 3. Manuel Alberto Pinho                                 | 61 | Natacao da Maia   | <b>3:11.04</b> | +0,95 | 418  |

23. 200m Medley Master Esc G

|                         |    |                        |                |       |     |
|-------------------------|----|------------------------|----------------|-------|-----|
| 1. Vitor Manuel Mavioso | 56 | Alges                  | <b>2:49.54</b> | +0,79 | 668 |
| 2. Mario Jorge Barros   | 56 | Porto                  | <b>3:41.07</b> | +1,06 | 301 |
| 3. Ricardo Jorge Osorio | 56 | Universitario do Porto | <b>3:42.51</b> |       | 295 |

23. 200m Medley Master Esc H

|                          |    |       |                |       |     |
|--------------------------|----|-------|----------------|-------|-----|
| 1. Domingos Pinto Coelho | 52 | Alges | <b>4:09.63</b> | +1,29 | 284 |
|--------------------------|----|-------|----------------|-------|-----|

23. 200m Medley Master Esc I

|                             |    |             |                |       |     |
|-----------------------------|----|-------------|----------------|-------|-----|
| 1. Ignacio Vizcaino Cuinas  | 48 | R.C.N. Vigo | <b>3:40.29</b> | +1,20 | 395 |
| 2. Alexandre Azevedo Gaspar | 45 | Alges       | <b>3:59.28</b> | +1,20 | 308 |
| 3. Antonio Manuel Ferreira  | 48 | Alges       | <b>5:40.79</b> | +1,18 | 106 |

25. 50m Breaststroke Master Esc A

|                          |    |                           |              |       |     |
|--------------------------|----|---------------------------|--------------|-------|-----|
| 1. Hugo Alexandre Amaral | 87 | Portinado                 | <b>31.13</b> | +0,88 | 748 |
| 2. Luis Manuel Gomes     | 88 | Vitoria de Guimaraes      | <b>31.62</b> | +0,80 | 713 |
| 3. Henrique Mira Godinho | 88 | Estrelas S. Joao de Brito | <b>32.51</b> | +0,82 | 656 |

25. 50m Breaststroke Master Esc B

|                                 |    |                  |              |       |     |
|---------------------------------|----|------------------|--------------|-------|-----|
| 1. Pedro Alexandre Sousa        | 82 | Porto            | <b>33.12</b> | +0,82 | 592 |
| 2. Pedro Filipe Pedroso         | 81 | Alges            | <b>33.58</b> | +0,85 | 568 |
| 3. Pedro Antonio Moreno Sanchez | 82 | A.R. Los Alcores | <b>34.05</b> | +0,93 | 544 |

25. 50m Breaststroke Master Esc C

|                            |    |                    |              |       |     |
|----------------------------|----|--------------------|--------------|-------|-----|
| 1. Rodrigo Marques Costa   | 76 | Litoral Alentejano | <b>31.98</b> | +0,93 | 735 |
| 2. Alexander Ramos Esteves | 77 | Ginasio Vila Real  | <b>32.66</b> | +0,85 | 690 |
| 3. Carlos Filipe Melo      | 75 | Galitos            | <b>33.17</b> | +0,75 | 659 |

25. 50m Breaststroke Master Esc D

|                           |    |                        |              |       |     |
|---------------------------|----|------------------------|--------------|-------|-----|
| 1. Rodolfo Pereira Nunes  | 73 | Gespacos               | <b>31.12</b> | +0,75 | 850 |
| 2. Joao Miguel Campos     | 73 | Colegio Monte Maior    | <b>35.89</b> | +0,77 | 554 |
| 3. Ricardo Alberto Osorio | 74 | Universitario do Porto | <b>37.51</b> | +0,88 | 485 |

25. 50m Breaststroke Master Esc E

|                       |    |                           |              |       |     |
|-----------------------|----|---------------------------|--------------|-------|-----|
| 1. Pavel Andel        | 69 | Neptun Masters            | <b>33.45</b> | +0,93 | 771 |
| 2. Jose Samuel Duarte | 65 | Sporting                  | <b>33.77</b> | +0,74 | 749 |
| 3. Nuno Marcal Lopes  | 67 | Estrelas S. Joao de Brito | <b>36.10</b> | +0,92 | 613 |

25. 50m Breaststroke Master Esc F

|                            |    |                       |              |       |     |
|----------------------------|----|-----------------------|--------------|-------|-----|
| 1. Ralf Pinto Soares       | 64 | Nadadores dos Estoris | <b>37.43</b> | +0,86 | 589 |
| 2. Joao Manuel Silva       | 63 | Millennium BCP        | <b>39.76</b> | +0,87 | 491 |
| 3. Mario Afonso Perestrelo | 63 | Portalegre            | <b>39.98</b> | +0,93 | 483 |

25. 50m Breaststroke Master Esc G

|                        |    |                   |              |       |     |
|------------------------|----|-------------------|--------------|-------|-----|
| 1. Jose Santos Silva   | 57 | Natacao da Maia   | <b>37.04</b> | +0,86 | 558 |
| 2. Joao Pedro Botelho  | 57 | Fluvial Portuense | <b>39.07</b> | +0,74 | 475 |
| 3. Manuel Jose Romariz | 59 | Leixoes           | <b>39.69</b> | +1,14 | 453 |

25. 50m Breaststroke Master Esc H

|                          |    |                  |              |       |     |
|--------------------------|----|------------------|--------------|-------|-----|
| 1. Rui Manuel Palma      | 54 | Portugal Telecom | <b>40.32</b> | +0,99 | 589 |
| 2. Jose Alvaro Silva     | 54 | Porto            | <b>40.97</b> | +0,95 | 562 |
| 3. Antonio Alves Cecilio | 54 | Gespacos         | <b>42.00</b> | +0,96 | 521 |

25. 50m Breaststroke Master Esc I

|                            |    |                      |              |       |     |
|----------------------------|----|----------------------|--------------|-------|-----|
| 1. Joaquim Fidalgo Freitas | 47 | Academica de Coimbra | <b>39.98</b> | +1,08 | 690 |
| 2. Jose Sarsfield Cabral   | 49 | Academica de Coimbra | <b>40.86</b> | +0,99 | 647 |
| 3. Luis Silveira Viegas    | 47 | Alges                | <b>48.46</b> | +1,35 | 387 |

25. 50m Breaststroke Master Esc J

|                             |    |                      |                |       |     |
|-----------------------------|----|----------------------|----------------|-------|-----|
| 1. Manuel Monteiro Tenreiro | 40 | Academica de Coimbra | <b>1:02.01</b> | +1,29 | 220 |
|-----------------------------|----|----------------------|----------------|-------|-----|

25. 50m Breaststroke Master Esc K

|    |                          |    |                      |                |       |     |
|----|--------------------------|----|----------------------|----------------|-------|-----|
| 1. | Joao Rodrigues Teixeira  | 37 | Academica de Coimbra | <b>58.01</b>   | +1,09 | 308 |
| 2. | Fco.Javier Herrero Simon | 35 | R.C.N. Vigo          | <b>1:04.12</b> | +1,12 | 228 |
| 3. | Oscar Antonio Costa      | 39 | Galitos              | <b>1:04.34</b> | +1,11 | 226 |

25. 50m Breaststroke Master Esc L

|    |                    |    |       |                |  |     |
|----|--------------------|----|-------|----------------|--|-----|
| 1. | Leonel Sousa Gomes | 30 | Alges | <b>1:09.26</b> |  | 273 |
|----|--------------------|----|-------|----------------|--|-----|

25. 50m Breaststroke Master Esc M

|    |   |    |                      |                |  |     |
|----|---|----|----------------------|----------------|--|-----|
| 1. | Antonio Poiares Baptista<br><i>Rec Nacional Escalão M</i> | 27 | Academica de Coimbra | <b>1:05.05</b> |  | 390 |
|----|---|----|----------------------|----------------|--|-----|

27. 50m Freestyle Master Esc A

|    |                           |    |                        |              |       |     |
|----|---------------------------|----|------------------------|--------------|-------|-----|
| 1. | Jonatas da Fonseca Gaspar | 88 | Nautico Marinha Grande | <b>25.01</b> | +0,82 | 761 |
| 2. | Luis Manuel Gomes         | 88 | Vitoria de Guimaraes   | <b>25.24</b> | +0,80 | 741 |
| 3. | Eduardo Valente Moco      | 86 | Viver Santarem         | <b>25.46</b> | +0,78 | 722 |

27. 50m Freestyle Master Esc B

|    |                         |    |                    |              |       |     |
|----|-------------------------|----|--------------------|--------------|-------|-----|
| 1. | David Oliveira Gorgulho | 82 | Litoral Alentejano | <b>25.56</b> | +0,86 | 649 |
| 2. | Bruno Emanuel Graca     | 82 | Porto              | <b>25.61</b> | +0,81 | 645 |
| 3. | Vasco Vieira Lopes      | 84 | Leixoes            | <b>25.64</b> | +0,72 | 643 |

27. 50m Freestyle Master Esc C

|    |                           |    |                           |              |       |     |
|----|---------------------------|----|---------------------------|--------------|-------|-----|
| 1. | Ricardo Conceicao Pedroso | 77 | Estrelas S. Joao de Brito | <b>25.68</b> | +0,72 | 788 |
| 2. | Joao Andre Oliveira       | 79 | Galitos                   | <b>26.27</b> | +0,79 | 736 |
| 3. | Bruno Calado Camara       | 77 | Atletico                  | <b>26.76</b> | +0,76 | 696 |

27. 50m Freestyle Master Esc D

|    |                    |    |                        |              |       |     |
|----|--------------------|----|------------------------|--------------|-------|-----|
| 1. | Vitor Fortes Cunha | 71 | Colegio Monte Maior    | <b>26.20</b> | +0,75 | 745 |
| 2. | Orlando Jose Abreu | 71 | Nautico Marinha Grande | <b>27.26</b> | +0,91 | 662 |
| 3. | Pedro Nuno Braga   | 74 | Natacao da Maia        | <b>27.39</b> | +0,89 | 652 |

27. 50m Freestyle Master Esc E

|    |                    |    |                   |              |       |     |
|----|--------------------|----|-------------------|--------------|-------|-----|
| 1. | Jose Pedro Santana | 66 | Fluvial Portuense | <b>27.84</b> | +0,80 | 655 |
| 2. | Jose Pedro Viana   | 69 | Ginasio Vila Real | <b>28.02</b> | +0,81 | 642 |
| 3. | Jose Pedro Soares  | 67 | Porto             | <b>28.18</b> | +0,97 | 631 |

27. 50m Freestyle Master Esc F

|    |                        |    |                      |              |       |     |
|----|------------------------|----|----------------------|--------------|-------|-----|
| 1. | Paulo Francisco Torres | 62 | Fluvial Portuense    | <b>29.13</b> | +0,90 | 663 |
| 2. | Joao Manuel Silva      | 63 | Millennium BCP       | <b>30.69</b> | +0,91 | 567 |
| 3. | Jose Pedro Dias        | 63 | Salesianos de Lisboa | <b>30.77</b> | +0,76 | 563 |

27. 50m Freestyle Master Esc G

|    |                        |    |                   |              |       |     |
|----|------------------------|----|-------------------|--------------|-------|-----|
| 1. | Antonio Gaspar Freitas | 56 | Leixoes           | <b>31.64</b> | +0,93 | 560 |
| 2. | Joao Pedro Botelho     | 57 | Fluvial Portuense | <b>31.93</b> | +0,71 | 544 |
| 2. | Alberto Vaz Correia    | 55 | Albicastrense     | <b>31.93</b> | +1,15 | 544 |

27. 50m Freestyle Master Esc H

|    |                       |    |                      |              |       |     |
|----|-----------------------|----|----------------------|--------------|-------|-----|
| 1. | Rui Manuel Palma      | 54 | Portugal Telecom     | <b>32.92</b> | +1,10 | 551 |
| 2. | Jose Luis Morgado     | 54 | Fluvial Portuense    | <b>36.70</b> | +1,14 | 398 |
| 3. | Jose Antonio Teixeira | 53 | Academica de Coimbra | <b>37.03</b> | +1,07 | 387 |

27. 50m Freestyle Master Esc I

|    |                         |    |                      |              |       |     |
|----|-------------------------|----|----------------------|--------------|-------|-----|
| 1. | Jose Sarsfield Cabral   | 49 | Academica de Coimbra | <b>32.96</b> | +1,00 | 624 |
| 2. | Stephen Thomas Dyson    | 47 | Alges                | <b>33.17</b> | +1,06 | 612 |
| 3. | Joaquim Fidalgo Freitas | 47 | Academica de Coimbra | <b>36.95</b> | +0,99 | 443 |

27. 50m Freestyle Master Esc K

|    |                             |    |                      |              |       |     |
|----|-----------------------------|----|----------------------|--------------|-------|-----|
| 1. | Antonio Alexandre Rodrigues | 39 | Academica de Coimbra | <b>39.23</b> | +1,18 | 542 |
| 2. | Joao Rodrigues Teixeira     | 37 | Academica de Coimbra | <b>55.03</b> | +1,22 | 196 |

27. 50m Freestyle Master Esc L

|    |                    |    |       |              |  |     |
|----|--------------------|----|-------|--------------|--|-----|
| 1. | Leonel Sousa Gomes | 30 | Alges | <b>56.55</b> |  | 202 |
|----|--------------------|----|-------|--------------|--|-----|

27. 50m Freestyle Master Esc M

|    |                          |    |                      |                |  |     |
|----|--------------------------|----|----------------------|----------------|--|-----|
| 1. | Antonio Poiares Baptista | 27 | Academica de Coimbra | <b>1:03.50</b> |  | 228 |
|----|--------------------------|----|----------------------|----------------|--|-----|

29. 4 x 50m Medley Master Masc Estaf Cat 1

|    |                                   |                           |                |       |
|----|-----------------------------------|---------------------------|----------------|-------|
| 1. | Estrelas S. Joao de Brito-Categ 1 | Estrelas S. Joao de Brito | <b>2:05.84</b> | +0,70 |
| 2. | Ginasio Santo Tirso-Categ 1       | Ginasio Santo Tirso       | <b>2:15.40</b> | +0,86 |
| 3. | Natacao da Maia-Categ 1           | Natacao da Maia           | <b>2:22.49</b> | +0,77 |

29. 4 x 50m Medley Master Masc Estaf Cat 2

|    |                            |                    |                |       |
|----|----------------------------|--------------------|----------------|-------|
| 1. | Porto-Categ 2              | Porto              | <b>1:55.96</b> | +1,04 |
| 2. | Litoral Alentejano-Categ 2 | Litoral Alentejano | <b>1:56.42</b> | +0,75 |
| 3. | Ginasio Vila Real-Categ 2  | Ginasio Vila Real  | <b>1:58.59</b> | +0,70 |

29. 4 x 50m Medley Master Masc Estaf Cat 3

|    |                                   |                           |                |       |
|----|-----------------------------------|---------------------------|----------------|-------|
| 1. | Estrelas S. Joao de Brito-Categ 3 | Estrelas S. Joao de Brito | <b>2:05.92</b> | +0,67 |
| 2. | Ginasio Vila Real-Categ 3         | Ginasio Vila Real         | <b>2:08.80</b> | +0,65 |
| 3. | Porto-Categ 3                     | Porto                     | <b>2:16.39</b> | +0,60 |



|  |                      |                         |       |
|--|----------------------|-------------------------|-------|
| 29. 4 x 50m Medley                                     |                      | Master Masc Estaf Cat 4 |       |
| 1. Alges-Categ 4                                       | Alges                | <b>2:14.45</b>          | +0,70 |
| <i>Rec Nac escalão G primeiro percurso (50 costas)</i> |                      |                         |       |
| 2. Natacao da Maia-Categ 4                             | Natacao da Maia      | <b>2:42.46</b>          | +0,78 |
| 3. Fluvial Portuense-Categ 4                           | Fluvial Portuense    | <b>2:43.21</b>          | +0,77 |
| 29. 4 x 50m Medley                                     |                      | Master Masc Estaf Cat 5 |       |
| 1. Academica de Coimbra-Categ 5                        | Academica de Coimbra | <b>2:33.70</b>          | +0,84 |
| <i>Rec Nacional Categ 5</i>                            |                      |                         |       |
| 2. Alges-Categ 5                                       | Alges                | <b>2:42.55</b>          | +0,70 |
| 29. 4 x 50m Medley                                     |                      | Master Masc Estaf Cat 6 |       |
| 1. Alges-Categ 6                                       | Alges                | <b>3:51.78</b>          |       |
| 2. Academica de Coimbra-Categ 6                        | Academica de Coimbra | <b>4:00.84</b>          | +1,19 |

Medalists by event, Women

All Events

2. 200m Freestyle Master Esc A

|    |  |    |                 |                |       |     |
|----|--|----|-----------------|----------------|-------|-----|
| 1. | Carolina Santos Silva<br><i>Rec Nacional Escalão A</i> | 86 | Natacao da Maia | <b>2:15.24</b> | +0,71 | 810 |
| 2. | Catia Santos Ramalho                                   | 86 | Natacao da Maia | <b>2:35.15</b> | +0,89 | 536 |
| 3. | Ana Rita Pereira                                       | 85 | Natacao da Maia | <b>2:43.64</b> | +1,10 | 457 |

2. 200m Freestyle Master Esc B

|    |                        |    |                      |                |       |     |
|----|------------------------|----|----------------------|----------------|-------|-----|
| 1. | Joana Isabel Cunha     | 80 | Academica de Coimbra | <b>2:19.44</b> | +0,75 | 736 |
| 2. | Ana Mafalda Oliveira   | 81 | Natacao da Maia      | <b>2:26.71</b> | +0,91 | 632 |
| 3. | Marta Daniela Oliveira | 80 | Galitos              | <b>2:33.91</b> | +0,78 | 547 |

2. 200m Freestyle Master Esc C

|    |                           |    |                     |                |       |     |
|----|---------------------------|----|---------------------|----------------|-------|-----|
| 1. | Carla Santa Barbara       | 75 | Porto               | <b>2:25.04</b> | +0,82 | 689 |
| 2. | Sandra Santa Barbara      | 75 | Ginasio Santo Tirso | <b>2:40.59</b> | +0,86 | 507 |
| 3. | Cristina Ferreira Valente | 75 | Galitos             | <b>3:13.74</b> | +1,12 | 289 |

2. 200m Freestyle Master Esc D

|    |                         |    |                     |                |       |     |
|----|-------------------------|----|---------------------|----------------|-------|-----|
| 1. | Ines Maria Rothes       | 73 | Fluvial Portuense   | <b>2:27.80</b> |       | 683 |
| 2. | Rita Miguel Reina       | 72 | Colegio Monte Maior | <b>2:36.20</b> | +0,89 | 579 |
| 3. | Carla Joana Macieirinha | 71 | Ginasio Vila Real   | <b>2:48.01</b> | +0,92 | 465 |

2. 200m Freestyle Master Esc E

|    |  |    |                       |                |       |     |
|----|--|----|-----------------------|----------------|-------|-----|
| 1. | Ana Paula Grilo<br><i>Rec Nacional Escalão E</i> | 69 | Desportivo de Odemira | <b>2:23.60</b> | +1,31 | 807 |
| 2. | Maria Teresa Brandao                             | 69 | Fluvial Portuense     | <b>2:34.22</b> | +0,93 | 651 |
| 3. | Ana Paula Sequeira                               | 68 | Sporting de Aveiro    | <b>2:50.87</b> | +0,91 | 479 |

2. 200m Freestyle Master Esc F

|    |                        |    |                      |                |       |     |
|----|------------------------|----|----------------------|----------------|-------|-----|
| 1. | Kathrin Weiss          | 64 | SC Chemnitz von 1892 | <b>2:43.03</b> | +0,96 | 566 |
| 2. | Maria Margarida Urbano | 63 | Academica de Coimbra | <b>3:07.77</b> | +0,92 | 370 |
| 3. | Maria Luisa Oliveira   | 61 | Academica de Coimbra | <b>3:17.90</b> |       | 316 |

2. 200m Freestyle Master Esc H

|    |                      |    |       |                |       |     |
|----|----------------------|----|-------|----------------|-------|-----|
| 1. | Maria Felix Ferreira | 54 | Alges | <b>4:07.26</b> | +1,03 | 265 |
|----|----------------------|----|-------|----------------|-------|-----|

4. 100m Fly Master Esc A

|    |                      |    |                           |                |       |     |
|----|----------------------|----|---------------------------|----------------|-------|-----|
| 1. | Joana Isabel Bagagem | 89 | Estrelas S. Joao de Brito | <b>1:17.38</b> | +0,95 | 565 |
| 2. | Ana Vitoria Alves    | 88 | Gespacos                  | <b>1:18.85</b> | +0,94 | 534 |
| 3. | Rita Claudia Fougo   | 88 | Natacao da Maia           | <b>1:21.46</b> | +0,96 | 484 |

|                    |                               |    |                        |                |       |              |
|--------------------|-------------------------------|----|------------------------|----------------|-------|--------------|
| 4. 100m Fly        |                               |    |                        |                |       | Master Esc B |
| 1.                 | Ana Marta Resendes            | 80 | Naval de Ponta Delgada | <b>1:09.79</b> | +0,86 | 763          |
| 4. 100m Fly        |                               |    |                        |                |       | Master Esc C |
| 1.                 | Ana Filipa Cordeiro           | 79 | Alges                  | <b>1:28.46</b> | +0,89 | 403          |
| 4. 100m Fly        |                               |    |                        |                |       | Master Esc D |
| 1.                 | Maria Luisa Costa             | 74 | Fluvial Portuense      | <b>1:14.66</b> | +0,88 | 693          |
| 4. 100m Fly        |                               |    |                        |                |       | Master Esc E |
| 1.                 | Ana Paula Grilo               | 69 | Desportivo de Odemira  | <b>1:16.94</b> | +1,22 | 691          |
| 4. 100m Fly        |                               |    |                        |                |       | Master Esc F |
| 1.                 | Eugenia Maria Cunha           | 62 | Academica de Coimbra   | <b>1:26.81</b> | +0,92 | 541          |
| 6. 100m Backstroke |                               |    |                        |                |       | Master Esc A |
| 1.                 | Carolina Santos Silva         | 86 | Natacao da Maia        | <b>1:10.40</b> | +0,61 | 743          |
|                    | <i>Rec Nacional Escalão A</i> |    |                        |                |       |              |
| 2.                 | Joana Rita Gouveia            | 87 | Nucleo de Pombal       | <b>1:19.42</b> | +0,79 | 517          |
| 3.                 | Joana Isabel Alves            | 88 | Porto                  | <b>1:23.30</b> | +0,88 | 448          |
| 6. 100m Backstroke |                               |    |                        |                |       | Master Esc B |
| 1.                 | Ana Mafalda Oliveira          | 81 | Natacao da Maia        | <b>1:17.82</b> | +0,74 | 625          |
| 2.                 | Diana Raquel Pacheco          | 84 | Leixoes                | <b>1:26.62</b> | +0,80 | 453          |
| 3.                 | Monica Sofia Peixe            | 81 | Colegio Monte Maior    | <b>1:40.24</b> | +0,85 | 292          |
| 6. 100m Backstroke |                               |    |                        |                |       | Master Esc C |
| 1.                 | Ana Maria Martins             | 79 | Sporting de Aveiro     | <b>1:49.16</b> | +0,84 | 220          |
| 6. 100m Backstroke |                               |    |                        |                |       | Master Esc D |
| 1.                 | Joana Maria Faria             | 74 | Leixoes                | <b>1:28.68</b> | +1,04 | 450          |
| 6. 100m Backstroke |                               |    |                        |                |       | Master Esc E |
| 1.                 | Maria Fernanda Goncalves      | 66 | Porto                  | <b>1:30.16</b> | +0,93 | 487          |
| 2.                 | Claudia Pereira Reis          | 68 | Ginasio Figueirense    | <b>1:43.75</b> | +1,02 | 319          |
| 6. 100m Backstroke |                               |    |                        |                |       | Master Esc F |
| 1.                 | Elena Nikolaevna Kraeva       | 61 | Colegio Monte Maior    | <b>1:19.73</b> | +0,77 | 743          |
| 2.                 | Maria Luisa Oliveira          | 61 | Academica de Coimbra   | <b>1:37.24</b> | +0,74 | 409          |
| 3.                 | Paula Margarida Almeida       | 63 | Ginasio Figueirense    | <b>2:17.55</b> | +0,76 | 144          |

|                      |  |    |                        |                |       |              |
|----------------------|--|----|------------------------|----------------|-------|--------------|
| 6. 100m Backstroke   |  |    |                        |                |       | Master Esc H |
| 1.                   | Eduarda Manuel Caldas                                  | 54 | Vitoria de Guimaraes   | <b>2:00.08</b> | +0,82 | 340          |
| 6. 100m Backstroke   |  |    |                        |                |       | Master Esc J |
| 1.                   | Isabel Maria Raimundo                                  | 40 | Alges                  | <b>2:07.91</b> | +0,73 | 338          |
| 8. 200m Medley       |  |    |                        |                |       | Master Esc A |
| 1.                   | Carolina Santos Silva<br><i>Rec Nacional Escalão A</i> | 86 | Natacao da Maia        | <b>2:32.20</b> | +0,74 | 832          |
| 2.                   | Joana Isabel Alves                                     | 88 | Porto                  | <b>2:58.67</b> | +1,00 | 514          |
| 3.                   | Sara Ferreira Meneses                                  | 88 | Famalicao              | <b>3:07.37</b> | +0,99 | 446          |
| 8. 200m Medley       |  |    |                        |                |       | Master Esc B |
| 1.                   | Ana Marta Resendes                                     | 80 | Naval de Ponta Delgada | <b>2:41.37</b> | +0,87 | 696          |
| 2.                   | Joana Isabel Cunha                                     | 80 | Academica de Coimbra   | <b>2:41.81</b> | +0,76 | 690          |
| 3.                   | Ana Mafalda Oliveira                                   | 81 | Natacao da Maia        | <b>2:46.32</b> | +0,94 | 636          |
| 8. 200m Medley       |  |    |                        |                |       | Master Esc C |
| 1.                   | Ana Filipa Cordeiro                                    | 79 | Alges                  | <b>3:08.91</b> | +0,90 | 454          |
| 8. 200m Medley       |  |    |                        |                |       | Master Esc D |
| 1.                   | Maria Luisa Costa                                      | 74 | Fluvial Portuense      | <b>2:45.76</b> | +0,89 | 694          |
| 2.                   | Fernanda Maria Santinha                                | 72 | Masters de Almada      | <b>3:48.14</b> | +1,21 | 266          |
| 8. 200m Medley       |  |    |                        |                |       | Master Esc F |
| 1.                   | Elena Nikolaevna Kraeva                                | 61 | Colegio Monte Maior    | <b>3:05.25</b> | +0,94 | 589          |
| 2.                   | Maria Margarida Urbano                                 | 63 | Academica de Coimbra   | <b>3:31.52</b> | +0,98 | 396          |
| 10. 50m Breaststroke |  |    |                        |                |       | Master Esc A |
| 1.                   | Catia Santos Ramalho                                   | 86 | Natacao da Maia        | <b>37.98</b>   | +0,87 | 575          |
| 2.                   | Patricia Alexandra Marques                             | 87 | Natacao da Maia        | <b>40.84</b>   | +0,86 | 462          |
| 3.                   | Joana Araujo Festa                                     | 89 | Ginasio Santo Tirso    | <b>41.18</b>   | +0,95 | 451          |
| 10. 50m Breaststroke |  |    |                        |                |       | Master Esc B |
| 1.                   | Maria Ana Fonseca                                      | 82 | Fluvial Portuense      | <b>42.72</b>   | +0,93 | 410          |
| 2.                   | Sofia Isabel Pereira                                   | 81 | Porto                  | <b>43.73</b>   | +0,92 | 382          |
| 3.                   | Diana Raquel Pacheco                                   | 84 | Leixoes                | <b>45.16</b>   | +0,89 | 347          |

10. 50m Breaststroke Master Esc C

|   |    |                            |              |       |     |
|---|----|----------------------------|--------------|-------|-----|
| 1. Isabel Maria Figueira<br><i>Rec Nacional Escalão C</i> | 79 | Louletano / Loule Concelho | <b>34.81</b> | +0,92 | 922 |
| 2. Rita Rebelo Silva                                      | 79 | Academica de Coimbra       | <b>38.88</b> | +0,78 | 662 |
| 3. Elsa Maria Fumega                                      | 78 | Leixoes                    | <b>42.36</b> | +0,93 | 512 |

10. 50m Breaststroke Master Esc D

|                        |    |                   |              |       |     |
|------------------------|----|-------------------|--------------|-------|-----|
| 1. Maria Ines Cunha    | 72 | Galitos           | <b>42.60</b> | +0,90 | 523 |
| 2. Sandra Lurdes Diogo | 72 | Porto             | <b>45.23</b> | +1,05 | 437 |
| 3. Elena Surra         | 74 | Naval Setubalense | <b>53.86</b> | +1,12 | 259 |

10. 50m Breaststroke Master Esc E

|                             |    |         |              |       |     |
|-----------------------------|----|---------|--------------|-------|-----|
| 1. Ana Cristina Lobo        | 66 | Porto   | <b>42.30</b> | +0,89 | 587 |
| 2. Maria Adriana Viseu      | 66 | Leixoes | <b>44.14</b> | +0,89 | 517 |
| 3. Maribel Santos Fernandes | 65 | Leixoes | <b>44.29</b> | +0,86 | 511 |

10. 50m Breaststroke Master Esc F

|                             |    |                      |              |       |     |
|-----------------------------|----|----------------------|--------------|-------|-----|
| 1. Kathrin Weiss            | 64 | SC Chemnitz von 1892 | <b>41.63</b> | +0,97 | 682 |
| 2. Maria Jose Torres Pelayo | 64 | A.R. Los Alcores     | <b>42.66</b> | +1,24 | 634 |
| 3. Maria Santos Fernandes   | 62 | Leixoes              | <b>48.69</b> | +0,92 | 426 |

10. 50m Breaststroke Master Esc G

|                          |    |                      |                |       |     |
|--------------------------|----|----------------------|----------------|-------|-----|
| 1. Ana Moura Relvas      | 56 | Academica de Coimbra | <b>44.51</b>   | +0,95 | 600 |
| 2. Maria Teresa Oliveira | 57 | Academica de Coimbra | <b>47.68</b>   | +0,99 | 488 |
| 3. Maria Josefina Cruz   | 55 | Ginasio Clube        | <b>1:18.34</b> | +1,75 | 110 |

10. 50m Breaststroke Master Esc H

|                          |    |                      |              |       |     |
|--------------------------|----|----------------------|--------------|-------|-----|
| 1. Maria Felix Ferreira  | 54 | Alges                | <b>56.11</b> | +0,98 | 325 |
| 2. Eduarda Manuel Caldas | 54 | Vitoria de Guimaraes | <b>56.25</b> | +1,20 | 323 |
| 3. Isabel Costa Monteiro | 53 | Academica de Coimbra | <b>56.26</b> | +1,12 | 322 |

10. 50m Breaststroke Master Esc I

|                         |    |           |                |       |    |
|-------------------------|----|-----------|----------------|-------|----|
| 1. Maria Van der Eecken | 45 | Portinado | <b>1:42.43</b> | +1,56 | 65 |
|-------------------------|----|-----------|----------------|-------|----|

10. 50m Breaststroke Master Esc J

|                          |    |       |              |       |     |
|--------------------------|----|-------|--------------|-------|-----|
| 1. Isabel Maria Raimundo | 40 | Alges | <b>58.18</b> | +0,86 | 408 |
|--------------------------|----|-------|--------------|-------|-----|

12. 50m Freestyle Master Esc A

|                           |    |                           |              |       |     |
|---------------------------|----|---------------------------|--------------|-------|-----|
| 1. Joana Rita Gouveia     | 87 | Nucleo de Pombal          | <b>29.53</b> | +1,01 | 724 |
| 2. Joana Rebelo Viana     | 88 | Estrelas S. Joao de Brito | <b>31.47</b> | +0,74 | 598 |
| 3. Julia Margarida Cabete | 86 | Academica de Coimbra      | <b>31.67</b> | +0,84 | 587 |

12. 50m Freestyle Master Esc B

|                           |    |                   |              |       |     |
|---------------------------|----|-------------------|--------------|-------|-----|
| 1. Marta Sofia Oliveira   | 83 | Fluvial Portuense | <b>30.52</b> | +0,88 | 628 |
| 2. Marta Daniela Oliveira | 80 | Galitos           | <b>31.79</b> | +0,78 | 555 |
| 3. Sofia Isabel Pereira   | 81 | Porto             | <b>33.79</b> | +0,90 | 462 |

12. 50m Freestyle Master Esc C

|                          |    |                            |              |       |     |
|--------------------------|----|----------------------------|--------------|-------|-----|
| 1. Isabel Maria Figueira | 79 | Louletano / Loule Concelho | <b>29.01</b> | +0,90 | 820 |
| 2. Carla Santa Barbara   | 75 | Porto                      | <b>30.43</b> | +0,82 | 711 |
| 3. Rita Rebelo Silva     | 79 | Academica de Coimbra       | <b>31.74</b> | +0,86 | 626 |

12. 50m Freestyle Master Esc D

|                            |    |                     |              |       |     |
|----------------------------|----|---------------------|--------------|-------|-----|
| 1. Rita Miguel Reina       | 72 | Colegio Monte Maior | <b>31.13</b> | +0,91 | 665 |
| 2. Maria Ines Cunha        | 72 | Galitos             | <b>33.87</b> | +0,92 | 516 |
| 3. Carla Joana Macieirinha | 71 | Ginasio Vila Real   | <b>34.12</b> | +0,97 | 505 |

12. 50m Freestyle Master Esc E

|                              |    |                   |              |       |     |
|------------------------------|----|-------------------|--------------|-------|-----|
| 1. Filipa Margarida Ferreira | 69 | Fluvial Portuense | <b>31.10</b> | +0,91 | 711 |
| 2. Maria Teresa Brandao      | 69 | Fluvial Portuense | <b>32.89</b> | +0,83 | 601 |
| 3. Maria Fernanda Goncalves  | 66 | Porto             | <b>33.38</b> | +0,97 | 575 |

12. 50m Freestyle Master Esc F

|                             |    |                      |              |       |     |
|-----------------------------|----|----------------------|--------------|-------|-----|
| 1. Kathrin Weiss            | 64 | SC Chemnitz von 1892 | <b>33.05</b> | +0,99 | 641 |
| 2. Eugenia Maria Cunha      | 62 | Academica de Coimbra | <b>34.11</b> | +0,85 | 583 |
| 3. Maria Jose Torres Pelayo | 64 | A.R. Los Alcores     | <b>34.87</b> | +0,94 | 546 |

12. 50m Freestyle Master Esc G

|                          |    |                      |              |       |     |
|--------------------------|----|----------------------|--------------|-------|-----|
| 1. Maria Teresa Oliveira | 57 | Academica de Coimbra | <b>38.76</b> | +1,04 | 475 |
| 2. Ana Moura Relvas      | 56 | Academica de Coimbra | <b>40.41</b> | +0,99 | 419 |
| 3. Maria Josefina Cruz   | 55 | Ginasio Clube        | <b>51.92</b> | +1,42 | 197 |

12. 50m Freestyle Master Esc H

|                          |    |                      |              |       |     |
|--------------------------|----|----------------------|--------------|-------|-----|
| 1. Isabel Costa Monteiro | 53 | Academica de Coimbra | <b>43.94</b> | +1,16 | 391 |
| 2. Eduarda Manuel Caldas | 54 | Vitoria de Guimaraes | <b>47.31</b> | +1,15 | 313 |
| 3. Maria Felix Ferreira  | 54 | Alges                | <b>48.59</b> | +0,91 | 289 |

12. 50m Freestyle Master Esc I

|                         |    |           |                |       |    |
|-------------------------|----|-----------|----------------|-------|----|
| 1. Maria Van der Eecken | 45 | Portinado | <b>1:41.94</b> | +1,53 | 31 |
|-------------------------|----|-----------|----------------|-------|----|

12. 50m Freestyle Master Esc J

|                          |    |       |              |       |     |
|--------------------------|----|-------|--------------|-------|-----|
| 1. Isabel Maria Raimundo | 40 | Alges | <b>53.60</b> | +0,82 | 240 |
|--------------------------|----|-------|--------------|-------|-----|

|                       |  |                           |                |       |     |
|-----------------------|--|---------------------------|----------------|-------|-----|
| 14. 4 x 50m Freestyle |  | Master Fem Estaf Cat 1    |                |       |     |
| 1.                    | Natacao da Maia-Categ 1                                | Natacao da Maia           | <b>2:03.86</b> | +0,66 |     |
| 2.                    | Academica de Coimbra-Categ 1                           | Academica de Coimbra      | <b>2:11.94</b> | +0,96 |     |
| 3.                    | Estrelas S. Joao de Brito-Categ 1                      | Estrelas S. Joao de Brito | <b>2:11.96</b> | +0,99 |     |
| 14. 4 x 50m Freestyle |  | Master Fem Estaf Cat 2    |                |       |     |
| 1.                    | Porto-Categ 2  | Porto                     | <b>2:09.45</b> | +0,87 |     |
| 2.                    | Leixoes-Categ 2  | Leixoes                   | <b>2:20.28</b> | +0,87 |     |
| 3.                    | Natacao da Maia-Categ 2                                | Natacao da Maia           | <b>2:35.36</b> |       |     |
| 14. 4 x 50m Freestyle |  | Master Fem Estaf Cat 3    |                |       |     |
| 1.                    | Academica de Coimbra-Categ 3                           | Academica de Coimbra      | <b>2:12.06</b> | +0,99 |     |
| 2.                    | Colegio Monte Maior-Categ 3                            | Colegio Monte Maior       | <b>2:18.72</b> | +0,79 |     |
| 3.                    | Ginasio Clube-Categ 3                                  | Ginasio Clube             | <b>2:50.52</b> | +0,94 |     |
| 14. 4 x 50m Freestyle |  | Master Fem Estaf Cat 4    |                |       |     |
| 1.                    | Leixoes-Categ 4  | Leixoes                   | <b>2:32.74</b> | +0,97 |     |
| 2.                    | Academica de Coimbra-Categ 4                           | Academica de Coimbra      | <b>2:45.13</b> | +1,05 |     |
| 3.                    | Alges-Categ 4  | Alges                     | <b>2:58.55</b> | +1,05 |     |
| 16. 400m Freestyle    |  | Master Esc A              |                |       |     |
| 1.                    | Carolina Santos Silva<br><i>Rec Nacional Escalão A</i> | 86 Natacao da Maia        | <b>4:46.97</b> | +0,65 | 813 |
| 2.                    | Joana Isabel Alves                                     | 88 Porto                  | <b>5:33.45</b> | +0,97 | 518 |
| 3.                    | Julia Margarida Cabete                                 | 86 Academica de Coimbra   | <b>5:39.20</b> | +0,90 | 492 |
| 16. 400m Freestyle    |  | Master Esc B              |                |       |     |
| 1.                    | Joana Isabel Cunha                                     | 80 Academica de Coimbra   | <b>4:58.80</b> | +0,81 | 766 |
| 2.                    | Ana Mafalda Oliveira                                   | 81 Natacao da Maia        | <b>5:03.94</b> | +0,95 | 728 |
| 3.                    | Ana Marta Resendes                                     | 80 Naval de Ponta Delgada | <b>5:06.40</b> | +0,90 | 711 |
| 16. 400m Freestyle    |  | Master Esc C              |                |       |     |
| 1.                    | Carla Santa Barbara                                    | 75 Porto                  | <b>5:05.57</b> | +0,92 | 713 |
| 2.                    | Sofia Marques Pereira                                  | 78 Colegio Monte Maior    | <b>6:45.85</b> | +1,00 | 304 |
| 3.                    | Ana Maria Martins                                      | 79 Sporting de Aveiro     | <b>7:00.76</b> | +1,17 | 273 |
| 16. 400m Freestyle    |  | Master Esc D              |                |       |     |
| 1.                    | Ines Maria Rothes                                      | 73 Fluvial Portuense      | <b>5:08.06</b> |       | 726 |
| 2.                    | Rita Miguel Reina                                      | 72 Colegio Monte Maior    | <b>5:38.59</b> | +0,96 | 547 |
| 3.                    | Carla Joana Macieirinha                                | 71 Ginasio Vila Real      | <b>5:59.52</b> | +0,93 | 457 |

|                    |  |    |                           |                |       |              |
|--------------------|--|----|---------------------------|----------------|-------|--------------|
| 16. 400m Freestyle |  |    |                           |                |       | Master Esc E |
| 1.                 | Ana Paula Grilo<br><i>Rec Nacional Escalão E</i>   | 69 | Desportivo de Odemira     | <b>5:03.00</b> | +1,19 | 822          |
| 2.                 | Maria Teresa Brandao                               | 69 | Fluvial Portuense         | <b>5:34.82</b> | +0,91 | 609          |
| 3.                 | Ana Paula Sequeira                                 | 68 | Sporting de Aveiro        | <b>6:14.70</b> | +0,84 | 434          |
| 16. 400m Freestyle |  |    |                           |                |       | Master Esc F |
| 1.                 | Elena Nikolaevna Kraeva                            | 61 | Colegio Monte Maior       | <b>5:40.58</b> | +0,84 | 594          |
| 2.                 | Helena Paula Carvalho                              | 64 | Uniao Piedense            | <b>7:02.84</b> | +1,03 | 310          |
| 3.                 | Maria Luisa Oliveira                               | 61 | Academica de Coimbra      | <b>7:05.32</b> |       | 305          |
| 18. 50m Fly        |  |    |                           |                |       | Master Esc A |
| 1.                 | Joana Rebelo Viana                                 | 88 | Estrelas S. Joao de Brito | <b>33.59</b>   | +0,71 | 648          |
| 2.                 | Rita Claudia Fougo                                 | 88 | Natacao da Maia           | <b>34.04</b>   | +0,87 | 622          |
| 3.                 | Joana Isabel Bagagem                               | 89 | Estrelas S. Joao de Brito | <b>34.31</b>   | +0,88 | 608          |
| 18. 50m Fly        |  |    |                           |                |       | Master Esc B |
| 1.                 | Joana Isabel Cunha                                 | 80 | Academica de Coimbra      | <b>33.54</b>   | +0,69 | 650          |
| 2.                 | Marta Sofia Oliveira                               | 83 | Fluvial Portuense         | <b>33.87</b>   | +0,79 | 631          |
| 3.                 | Diana Raquel Pacheco                               | 84 | Leixoes                   | <b>36.31</b>   | +0,86 | 512          |
| 18. 50m Fly        |  |    |                           |                |       | Master Esc C |
| 1.                 | Carla Santa Barbara                                | 75 | Porto                     | <b>34.55</b>   | +0,86 | 623          |
| 2.                 | Elsa Maria Fumega                                  | 78 | Leixoes                   | <b>36.01</b>   | +0,95 | 550          |
| 3.                 | Sandra Santa Barbara                               | 75 | Ginasio Santo Tirso       | <b>36.82</b>   | +0,92 | 515          |
| 18. 50m Fly        |  |    |                           |                |       | Master Esc D |
| 1.                 | Maria Luisa Costa<br><i>Rec Nacional Escalão D</i> | 74 | Fluvial Portuense         | <b>32.75</b>   | +0,86 | 758          |
| 2.                 | Carla Joana Macieirinha                            | 71 | Ginasio Vila Real         | <b>37.75</b>   | +0,89 | 495          |
| 18. 50m Fly        |  |    |                           |                |       | Master Esc E |
| 1.                 | Filipa Margarida Ferreira                          | 69 | Fluvial Portuense         | <b>35.57</b>   | +0,85 | 601          |
| 2.                 | Maribel Santos Fernandes                           | 65 | Leixoes                   | <b>38.35</b>   | +0,86 | 479          |
| 3.                 | Maria Adriana Viseu                                | 66 | Leixoes                   | <b>40.47</b>   | +0,94 | 408          |
| 18. 50m Fly        |  |    |                           |                |       | Master Esc F |
| 1.                 | Eugenia Maria Cunha                                | 62 | Academica de Coimbra      | <b>37.15</b>   | +0,89 | 589          |
| 2.                 | Maria Santos Fernandes                             | 62 | Leixoes                   | <b>46.19</b>   | +1,01 | 306          |
| 3.                 | Maria do Rosario Vasconcelos                       | 64 | Masters de Almada         | <b>51.61</b>   | +1,12 | 219          |



18. 50m Fly Master Esc G

|                          |    |                      |              |       |     |
|--------------------------|----|----------------------|--------------|-------|-----|
| 1. Maria Teresa Oliveira | 57 | Academica de Coimbra | <b>47.59</b> | +1,00 | 369 |
|--------------------------|----|----------------------|--------------|-------|-----|

18. 50m Fly Master Esc H

|                          |    |                      |              |       |     |
|--------------------------|----|----------------------|--------------|-------|-----|
| 1. Isabel Costa Monteiro | 53 | Academica de Coimbra | <b>54.12</b> | +1,11 | 294 |
| 2. Maria Felix Ferreira  | 54 | Alges                | <b>57.86</b> | +1,03 | 240 |

20. 50m Backstroke Master Esc A

|                       |    |                           |              |       |     |
|-----------------------|----|---------------------------|--------------|-------|-----|
| 1. Joana Rita Gouveia | 87 | Nucleo de Pombal          | <b>35.81</b> | +0,73 | 640 |
| 2. Sara Las Cunha     | 88 | Estrelas S. Joao de Brito | <b>37.35</b> | +0,74 | 564 |
| 3. Joana Isabel Alves | 88 | Porto                     | <b>39.40</b> | +0,82 | 480 |

20. 50m Backstroke Master Esc B

|                         |    |                 |              |       |     |
|-------------------------|----|-----------------|--------------|-------|-----|
| 1. Ana Mafalda Oliveira | 81 | Natacao da Maia | <b>36.39</b> | +0,74 | 580 |
|-------------------------|----|-----------------|--------------|-------|-----|

20. 50m Backstroke Master Esc C

|                               |    |                      |              |       |     |
|-------------------------------|----|----------------------|--------------|-------|-----|
| 1. Rita Rebelo Silva          | 79 | Academica de Coimbra | <b>36.70</b> | +0,75 | 656 |
| 2. Liliana Elisabete Baptista | 78 | Leixoes              | <b>37.90</b> | +0,80 | 595 |
| 3. Ana Sofia Moutela          | 77 | Galitos              | <b>39.08</b> | +0,77 | 543 |

20. 50m Backstroke Master Esc D

|                               |    |                 |                |       |     |
|-------------------------------|----|-----------------|----------------|-------|-----|
| 1. Maria Sofia Ribeiro        | 71 | Ginasio Clube   | <b>1:04.03</b> | +1,22 | 120 |
| 2. Alexandra Cristina Cardoso | 71 | Natacao da Maia | <b>1:14.90</b> | +0,76 | 75  |

20. 50m Backstroke Master Esc E

|                              |    |                   |              |       |     |
|------------------------------|----|-------------------|--------------|-------|-----|
| 1. Maria Fernanda Goncalves  | 66 | Porto             | <b>38.92</b> | +0,85 | 587 |
| 2. Filipa Margarida Ferreira | 69 | Fluvial Portuense | <b>39.78</b> | +0,82 | 549 |
| 3. Ana Cristina Lobo         | 66 | Porto             | <b>41.81</b> | +0,69 | 473 |

20. 50m Backstroke Master Esc F

|                            |    |                      |              |       |     |
|----------------------------|----|----------------------|--------------|-------|-----|
| 1. Elena Nikolaevna Kraeva | 61 | Colegio Monte Maior  | <b>37.37</b> | +0,83 | 701 |
| 2. Kathrin Weiss           | 64 | SC Chemnitz von 1892 | <b>40.62</b> | +0,78 | 546 |
| 3. Maria Luisa Oliveira    | 61 | Academica de Coimbra | <b>43.59</b> | +0,96 | 442 |

20. 50m Backstroke Master Esc G

|                        |    |               |                |       |     |
|------------------------|----|---------------|----------------|-------|-----|
| 1. Maria Josefina Cruz | 55 | Ginasio Clube | <b>1:09.27</b> | +0,93 | 144 |
|------------------------|----|---------------|----------------|-------|-----|

20. 50m Backstroke Master Esc H

|                          |    |                      |              |       |     |
|--------------------------|----|----------------------|--------------|-------|-----|
| 1. Eduarda Manuel Caldas | 54 | Vitoria de Guimaraes | <b>54.14</b> | +0,93 | 394 |
|--------------------------|----|----------------------|--------------|-------|-----|

20. 50m Backstroke Master Esc I

|                         |    |           |                |       |    |
|-------------------------|----|-----------|----------------|-------|----|
| 1. Maria Van der Eecken | 45 | Portinado | <b>1:35.41</b> | +1,21 | 73 |
|-------------------------|----|-----------|----------------|-------|----|

20. 50m Backstroke Master Esc J

|                          |    |       |              |       |     |
|--------------------------|----|-------|--------------|-------|-----|
| 1. Isabel Maria Raimundo | 40 | Alges | <b>58.32</b> | +0,75 | 368 |
|--------------------------|----|-------|--------------|-------|-----|

24. 100m Medley Master Esc A

|                          |    |                           |                |       |     |
|--------------------------|----|---------------------------|----------------|-------|-----|
| 1. Carolina Santos Silva | 86 | Natacao da Maia           | <b>1:11.02</b> | +0,69 | 781 |
| 2. Joana Rebelo Viana    | 88 | Estrelas S. Joao de Brito | <b>1:19.69</b> | +0,74 | 553 |
| 3. Joana Rita Gouveia    | 87 | Nucleo de Pombal          | <b>1:20.65</b> | +0,96 | 533 |

24. 100m Medley Master Esc B

|                         |    |                      |                |       |     |
|-------------------------|----|----------------------|----------------|-------|-----|
| 1. Joana Isabel Cunha   | 80 | Academica de Coimbra | <b>1:16.52</b> | +0,77 | 615 |
| 2. Marta Sofia Oliveira | 83 | Fluvial Portuense    | <b>1:19.61</b> | +0,90 | 546 |
| 3. Diana Raquel Pacheco | 84 | Leixoes              | <b>1:26.87</b> | +0,87 | 420 |

24. 100m Medley Master Esc C

|                      |    |                      |                |       |     |
|----------------------|----|----------------------|----------------|-------|-----|
| 1. Rita Rebelo Silva | 79 | Academica de Coimbra | <b>1:21.14</b> | +0,81 | 586 |
| 2. Elsa Maria Fumega | 78 | Leixoes              | <b>1:24.17</b> | +0,95 | 524 |
| 3. Ana Sofia Moutela | 77 | Galitos              | <b>1:24.83</b> | +1,06 | 512 |

24. 100m Medley Master Esc D

|                            |    |                     |                |       |     |
|----------------------------|----|---------------------|----------------|-------|-----|
| 1. Maria Luisa Costa       | 74 | Fluvial Portuense   | <b>1:16.34</b> | +0,85 | 711 |
| 2. Rita Miguel Reina       | 72 | Colegio Monte Maior | <b>1:28.67</b> | +0,80 | 453 |
| 3. Carla Joana Macieirinha | 71 | Ginasio Vila Real   | <b>1:30.20</b> | +1,03 | 431 |

24. 100m Medley Master Esc E

|                              |    |                   |                |       |     |
|------------------------------|----|-------------------|----------------|-------|-----|
| 1. Filipa Margarida Ferreira | 69 | Fluvial Portuense | <b>1:22.72</b> | +0,84 | 620 |
| 2. Maribel Santos Fernandes  | 65 | Leixoes           | <b>1:26.15</b> | +0,80 | 549 |
| 3. Carla Vale Lenzi          | 67 | Alges             | <b>1:36.40</b> | +1,07 | 392 |

24. 100m Medley Master Esc F

|                             |    |                      |                |       |     |
|-----------------------------|----|----------------------|----------------|-------|-----|
| 1. Elena Nikolaevna Kraeva  | 61 | Colegio Monte Maior  | <b>1:25.43</b> | +0,88 | 614 |
| 2. Maria Jose Torres Pelayo | 64 | A.R. Los Alcores     | <b>1:27.98</b> | +1,04 | 562 |
| 3. Eugenia Maria Cunha      | 62 | Academica de Coimbra | <b>1:28.78</b> | +0,88 | 547 |

24. 100m Medley Master Esc G

|                          |    |                      |                |       |     |
|--------------------------|----|----------------------|----------------|-------|-----|
| 1. Maria Teresa Oliveira | 57 | Academica de Coimbra | <b>1:43.01</b> | +1,12 | 425 |
|--------------------------|----|----------------------|----------------|-------|-----|

24. 100m Medley Master Esc H

|                          |    |                      |                |       |     |
|--------------------------|----|----------------------|----------------|-------|-----|
| 1. Isabel Costa Monteiro | 53 | Academica de Coimbra | <b>1:56.15</b> | +1,04 | 315 |
|--------------------------|----|----------------------|----------------|-------|-----|

26. 100m Breaststroke Master Esc A

|    |                            |    |                 |                |       |     |
|----|----------------------------|----|-----------------|----------------|-------|-----|
| 1. | Catia Santos Ramalho       | 86 | Natacao da Maia | <b>1:25.36</b> | +0,84 | 566 |
| 2. | Ana Vitoria Alves          | 88 | Gespacos        | <b>1:28.77</b> | +1,00 | 504 |
| 3. | Patricia Alexandra Marques | 87 | Natacao da Maia | <b>1:30.52</b> | +0,90 | 475 |

26. 100m Breaststroke Master Esc B

|    |                         |    |               |                |       |     |
|----|-------------------------|----|---------------|----------------|-------|-----|
| 1. | Sofia Isabel Pereira    | 81 | Porto         | <b>1:36.16</b> | +0,85 | 431 |
| 2. | Susana Isabel Ramalho   | 84 | Ginasio Clube | <b>1:49.16</b> | +0,94 | 295 |
| 3. | Catarina Isabel Pereira | 83 | Vilacondense  | <b>1:49.24</b> | +1,13 | 294 |

26. 100m Breaststroke Master Esc C

|    |  |    |                            |                |       |     |
|----|--|----|----------------------------|----------------|-------|-----|
| 1. | Isabel Maria Figueira<br><i>Rec Nacional Escalão C</i> | 79 | Louletano / Loule Concelho | <b>1:15.91</b> |       | 920 |
| 2. | Sandra Santa Barbara                                   | 75 | Ginasio Santo Tirso        | <b>1:34.78</b> | +0,88 | 473 |
| 3. | Filipa Cristina Fernandes                              | 76 | Desportivo Nacional        | <b>1:36.91</b> |       | 442 |

26. 100m Breaststroke Master Esc D

|    |                        |    |                      |                |       |     |
|----|------------------------|----|----------------------|----------------|-------|-----|
| 1. | Sandra Lurdes Diogo    | 72 | Porto                | <b>1:38.02</b> | +1,04 | 460 |
| 2. | Maria Manuela Ferreira | 70 | Vitoria de Guimaraes | <b>2:20.29</b> | +1,20 | 157 |
| 3. | Maria Sofia Ribeiro    | 71 | Ginasio Clube        | <b>2:40.27</b> | +0,99 | 105 |

26. 100m Breaststroke Master Esc E

|    |                     |    |                   |                |       |     |
|----|---------------------|----|-------------------|----------------|-------|-----|
| 1. | Ana Cristina Lobo   | 66 | Porto             | <b>1:34.81</b> | +0,87 | 575 |
| 2. | Maria Adriana Viseu | 66 | Leixoes           | <b>1:38.52</b> | +0,92 | 513 |
| 3. | Maria Regina Mendes | 65 | Fluvial Portuense | <b>1:39.85</b> | +0,91 | 493 |

26. 100m Breaststroke Master Esc F

|    |                          |    |                      |                |       |     |
|----|--------------------------|----|----------------------|----------------|-------|-----|
| 1. | Kathrin Weiss            | 64 | SC Chemnitz von 1892 | <b>1:28.97</b> | +0,97 | 733 |
| 2. | Maria Jose Torres Pelayo | 64 | A.R. Los Alcores     | <b>1:32.77</b> |       | 646 |
| 3. | Maria Santos Fernandes   | 62 | Leixoes              | <b>1:43.84</b> | +0,86 | 461 |

26. 100m Breaststroke Master Esc G

|    |                     |    |                      |                |       |     |
|----|---------------------|----|----------------------|----------------|-------|-----|
| 1. | Ana Moura Relvas    | 56 | Academica de Coimbra | <b>1:39.35</b> | +0,93 | 597 |
| 2. | Maria Josefina Cruz | 55 | Ginasio Clube        | <b>2:50.67</b> | +1,05 | 117 |

26. 100m Breaststroke Master Esc H

|    |                       |    |                      |                |       |     |
|----|-----------------------|----|----------------------|----------------|-------|-----|
| 1. | Maria Felix Ferreira  | 54 | Alges                | <b>2:01.16</b> | +1,02 | 363 |
| 2. | Isabel Costa Monteiro | 53 | Academica de Coimbra | <b>2:04.97</b> | +1,07 | 330 |
| 3. | Eduarda Manuel Caldas | 54 | Vitoria de Guimaraes | <b>2:09.89</b> | +1,15 | 294 |

26. 100m Breaststroke Master Esc I

|    |                      |    |           |                |       |    |
|----|----------------------|----|-----------|----------------|-------|----|
| 1. | Maria Van der Eecken | 45 | Portinado | <b>3:58.74</b> | +1,29 | 55 |
|----|----------------------|----|-----------|----------------|-------|----|

26. 100m Breaststroke Master Esc J

|                          |    |       |                |       |     |
|--------------------------|----|-------|----------------|-------|-----|
| 1. Isabel Maria Raimundo | 40 | Alges | <b>2:12.69</b> | +0,96 | 391 |
|--------------------------|----|-------|----------------|-------|-----|

28. 100m Freestyle Master Esc A

|                           |    |                           |                |       |     |
|---------------------------|----|---------------------------|----------------|-------|-----|
| 1. Joana Rita Gouveia     | 87 | Nucleo de Pombal          | <b>1:07.19</b> | +0,96 | 656 |
| 2. Julia Margarida Cabete | 86 | Academica de Coimbra      | <b>1:09.58</b> | +0,85 | 590 |
| 3. Joana Isabel Bagagem   | 89 | Estrelas S. Joao de Brito | <b>1:11.38</b> | +0,88 | 547 |

28. 100m Freestyle Master Esc B

|                           |    |                   |                |       |     |
|---------------------------|----|-------------------|----------------|-------|-----|
| 1. Marta Sofia Oliveira   | 83 | Fluvial Portuense | <b>1:07.18</b> | +0,85 | 626 |
| 2. Marta Daniela Oliveira | 80 | Galitos           | <b>1:09.43</b> | +0,80 | 567 |
| 3. Maria Ana Fonseca      | 82 | Fluvial Portuense | <b>1:16.74</b> | +0,92 | 420 |

28. 100m Freestyle Master Esc C

|                              |    |                      |                |       |     |
|------------------------------|----|----------------------|----------------|-------|-----|
| 1. Carla Santa Barbara       | 75 | Porto                | <b>1:05.62</b> |       | 683 |
| 2. Sara Rocha Oliveira       | 75 | Salesianos de Lisboa | <b>1:24.90</b> | +0,89 | 315 |
| 3. Cristina Ferreira Valente | 75 | Galitos              | <b>1:26.91</b> | +1,09 | 294 |

28. 100m Freestyle Master Esc D

|                      |    |                     |                |       |     |
|----------------------|----|---------------------|----------------|-------|-----|
| 1. Ines Maria Rothes | 73 | Fluvial Portuense   | <b>1:07.05</b> |       | 696 |
| 2. Maria Luisa Costa | 74 | Fluvial Portuense   | <b>1:07.17</b> | +0,93 | 692 |
| 3. Rita Miguel Reina | 72 | Colegio Monte Maior | <b>1:08.77</b> | +0,75 | 645 |

28. 100m Freestyle Master Esc E

|                             |    |                    |                |       |     |
|-----------------------------|----|--------------------|----------------|-------|-----|
| 1. Maria Teresa Brandao     | 69 | Fluvial Portuense  | <b>1:12.05</b> | +0,81 | 589 |
| 2. Maria Fernanda Goncalves | 66 | Porto              | <b>1:13.64</b> | +0,96 | 552 |
| 3. Ana Paula Sequeira       | 68 | Sporting de Aveiro | <b>1:17.20</b> | +0,84 | 479 |

28. 100m Freestyle Master Esc F

|                           |    |                      |                |       |     |
|---------------------------|----|----------------------|----------------|-------|-----|
| 1. Maria Margarida Urbano | 63 | Academica de Coimbra | <b>1:22.52</b> | +0,96 | 423 |
| 2. Maria Manuela Neto     | 62 | Natacao da Maia      | <b>1:35.42</b> |       | 273 |
| 3. Paula Gomes Pereira    | 64 | Naval Setubalense    | <b>1:35.87</b> | +0,98 | 269 |

28. 100m Freestyle Master Esc G

|                        |    |               |                |       |     |
|------------------------|----|---------------|----------------|-------|-----|
| 1. Maria Josefina Cruz | 55 | Ginasio Clube | <b>2:08.32</b> | +1,43 | 152 |
|------------------------|----|---------------|----------------|-------|-----|

30. 4 x 50m Medley Master Fem Estaf Cat 1

|                                      |                           |                |       |
|--------------------------------------|---------------------------|----------------|-------|
| 1. Natacao da Maia-Categ 1           | Natacao da Maia           | <b>2:13.95</b> | +0,57 |
| 2. Estrelas S. Joao de Brito-Categ 1 | Estrelas S. Joao de Brito | <b>2:27.74</b> | +0,67 |
| 3. Academica de Coimbra-Categ 1      | Academica de Coimbra      | <b>2:28.73</b> | +0,75 |

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30. 4 x 50m Medley Master Fem Estaf Cat 2

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|                              |                   |                |       |
|------------------------------|-------------------|----------------|-------|
| 1. Fluvial Portuense-Categ 2 | Fluvial Portuense | <b>2:32.54</b> | +0,77 |
| 2. Leixoes-Categ 2           | Leixoes           | <b>2:38.85</b> | +0,80 |
| 3. Galitos-Categ 2           | Galitos           | <b>2:39.13</b> | +0,75 |

30. 4 x 50m Medley Master Fem Estaf Cat 3

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|   |                      |                |       |
|---|----------------------|----------------|-------|
| 1. Fluvial Portuense-Categ 3<br><i>Rec Nacional Categ 3</i> | Fluvial Portuense    | <b>2:22.16</b> | +0,79 |
| 2. Porto-Categ 3  | Porto                | <b>2:30.94</b> | +0,88 |
| 3. Academica de Coimbra-Categ 3                             | Academica de Coimbra | <b>2:31.77</b> | +0,88 |

30. 4 x 50m Medley Master Fem Estaf Cat 4

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|                                 |                      |                |       |
|---------------------------------|----------------------|----------------|-------|
| 1. Leixoes-Categ 4              | Leixoes              | <b>2:51.28</b> | +0,78 |
| 2. Academica de Coimbra-Categ 4 | Academica de Coimbra | <b>3:01.23</b> | +0,87 |
| 3. Alges-Categ 4                | Alges                | <b>3:14.18</b> | +0,76 |