

Prova 1
25-01-2014 - 9:30

Masc., 400m Livres

Master Esc A
Resultados

RN A(25-29) 4:03.28 Hugo Alberto Ribeiro GESP Porto 04-05-2013

Pontos: DSV Masters 13

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Taça Master
1.	Hugo Alberto Ribeiro <i>Rec Nacional Escalão A</i>	88	Gespacos	4:02.32	+0,96	1026	30
	50m: 27.61 27.61	150m: 1:27.66	30.28	250m: 2:28.91	30.35	350m: 3:31.30	31.11
	100m: 57.38 29.77	200m: 1:58.56	30.90	300m: 3:00.19	31.28	400m: 4:02.32	31.02
2.	Manuel Jose Encarnacao	86	Porto	4:36.26	+0,83	692	26
	50m: 29.90 29.90	150m: 1:37.90	34.66	250m: 2:48.59	35.81	350m: 4:01.41	35.90
	100m: 1:03.24 33.34	200m: 2:12.78	34.88	300m: 3:25.51	36.92	400m: 4:36.26	34.85
3.	Bruno Miguel Ruas	89	O2-Portimao	4:41.61	+0,91	654	22
	50m: 31.98 31.98	150m: 1:44.08	36.26	250m: 2:56.26	35.94	350m: 4:07.86	35.22
	100m: 1:07.82 35.84	200m: 2:20.32	36.24	300m: 3:32.64	36.38	400m: 4:41.61	33.75
4.	Joao Carlos Bastos	86	Viver Santarem	4:47.47	+0,96	615	20
	50m: 32.92 32.92	150m: 1:43.60	35.89	250m: 2:57.02	37.20	350m: 4:12.24	37.76
	100m: 1:07.71 34.79	200m: 2:19.82	36.22	300m: 3:34.48	37.46	400m: 4:47.47	35.23
5.	Jaime Fernando Costa	86	Litoral Alentejano	4:49.92	+0,76	599	19
	50m: 32.21 32.21	150m: 1:44.86	36.35	250m: 2:58.64	37.10	350m: 4:13.25	37.47
	100m: 1:08.51 36.30	200m: 2:21.54	36.68	300m: 3:35.78	37.14	400m: 4:49.92	36.67
6.	Rui Pedro Ramalho	89	Ginasio Clube	5:36.95	+0,74	381	18
	50m: 34.21 34.21	150m: 1:55.15	41.70	250m: 3:23.78	44.86	350m: 4:54.97	45.16
	100m: 1:13.45 39.24	200m: 2:38.92	43.77	300m: 4:09.81	46.03	400m: 5:36.95	41.98

Prova 1
25-01-2014 - 9:30

Masc., 400m Livres

Master Esc B
Resultados

RN B(30-34) 4:07.24 Pedro Miguel Silva CFV Fafe 13-06-2009

Pontos: DSV Masters 13

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Taça Master
1.	Francisco Zamith Passos	83	Famalicao	4:26.05	+0,82	736	30
	50m: 28.69 28.69	150m: 1:35.05	33.91	250m: 2:44.01	34.24	350m: 3:53.09	34.43
	100m: 1:01.14 32.45	200m: 2:09.77	34.72	300m: 3:18.66	34.65	400m: 4:26.05	32.96
2.	Ivan Mauricio Couras	81	Fluvial Portuense	4:35.18	+0,86	665	26
	50m: 31.43 31.43	150m: 1:40.50	34.93	250m: 2:50.59	34.92	350m: 4:00.99	34.91
	100m: 1:05.57 34.14	200m: 2:15.67	35.17	300m: 3:26.08	35.49	400m: 4:35.18	34.19
3.	Ricardo Jorge Correia	80	Armacenenses	4:36.96	+0,93	652	22
	50m: 30.39 30.39	150m: 1:38.21	34.83	250m: 2:49.23	35.44	350m: 4:01.43	36.01
	100m: 1:03.38 32.99	200m: 2:13.79	35.58	300m: 3:25.42	36.19	400m: 4:36.96	35.53
4.	Joao Franca Alves	80	Galitos	4:59.68	+0,91	515	20
	50m: 34.09 34.09	150m: 1:49.93	38.09	250m: 3:06.55	38.43	350m: 4:24.81	38.83
	100m: 1:11.84 37.75	200m: 2:28.12	38.19	300m: 3:45.98	39.43	400m: 4:59.68	34.87
5.	Alvaro Miguel Cardoso	84	Nadadores dos Estoris	5:01.26	+0,88	507	19
	50m: 33.66 33.66	150m: 1:48.34	37.83	250m: 3:05.43	38.52	350m: 4:23.10	38.72
	100m: 1:10.51 36.85	200m: 2:26.91	38.57	300m: 3:44.38	38.95	400m: 5:01.26	38.16
6.	Igor Lopes Guerreiro	84	Armacenenses	5:12.93	+0,83	452	18
	50m: 32.89 32.89	150m: 1:49.95	39.37	250m: 3:10.50	40.52	350m: 4:32.79	40.98
	100m: 1:10.58 37.69	200m: 2:29.98	40.03	300m: 3:51.81	41.31	400m: 5:12.93	40.14

VIII OPEN Inverno de Masters
Mealhada, 25- - 26-1-2014

Prova 1, Masc., 400m Livres, Master Esc B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Taça Master
7.	Joao Carlos Malta	82	Natacao da Maia	5:13.60	+0,95	449	17
	50m: 34.65 34.65	150m: 1:51.33	38.67	250m: 3:11.19	40.37	350m: 4:33.34	41.65
	100m: 1:12.66 38.01	200m: 2:30.82	39.49	300m: 3:51.69	40.50	400m: 5:13.60	40.26
8.	Goncalo Miguel Costa	82	Ginasio Clube	5:33.75	+0,84	373	16
	50m: 32.15 32.15	150m: 1:50.95	41.90	250m: 3:21.44	45.74	350m: 4:52.28	44.68
	100m: 1:09.05 36.90	200m: 2:35.70	44.75	300m: 4:07.60	46.16	400m: 5:33.75	41.47
9.	Agostinho Alberto Rego	82	Vitoria de Guimaraes	5:35.06	+0,96	368	14
	50m: 38.01 38.01	150m: 2:01.40	41.87	250m: 3:25.40	42.35	350m: 4:52.76	44.10
	100m: 1:19.53 41.52	200m: 2:43.05	41.65	300m: 4:08.66	43.26	400m: 5:35.06	42.30
10.	Nuno Andre Campos	81	Galitos	5:40.86	+0,82	350	12
	50m: 38.24 38.24	150m: 2:04.90	43.92	250m: 3:34.22	45.05	350m: 5:02.47	43.95
	100m: 1:20.98 42.74	200m: 2:49.17	44.27	300m: 4:18.52	44.30	400m: 5:40.86	38.39
11.	Bruno Cruz Maia	82	Ginasio Clube	5:43.51	+1,18	342	11
	50m: 36.80 36.80	150m: 2:02.74	45.06	250m: 3:32.41	45.14	350m: 5:00.65	43.60
	100m: 1:17.68 40.88	200m: 2:47.27	44.53	300m: 4:17.05	44.64	400m: 5:43.51	42.86
12.	Antonio Torres Del Cerro	80	Salesianos de Lisboa	5:47.96	+1,07	329	10
	50m: 39.15 39.15	150m: 2:03.27	42.81	250m: 3:31.22	44.40	350m: 5:02.96	46.54
	100m: 1:20.46 41.31	200m: 2:46.82	43.55	300m: 4:16.42	45.20	400m: 5:47.96	45.00
13.	Jorge Miguel Oliveira	80	Individual Norte de Portugal	5:53.36	+0,88	314	9
	50m: 39.09 39.09	150m: 2:05.27	44.11	250m: 3:36.54	46.00	350m: 5:08.06	45.98
	100m: 1:21.16 42.07	200m: 2:50.54	45.27	300m: 4:22.08	45.54	400m: 5:53.36	45.30
14.	Jose Miguel Matos	84	Gespacos	6:51.49	+1,53	199	8
	50m: 47.86 47.86	150m: 2:31.00	52.23	250m: 4:16.52	53.20	350m: 6:01.60	52.53
	100m: 1:38.77 50.91	200m: 3:23.32	52.32	300m: 5:09.07	52.55	400m: 6:51.49	49.89
DNF	Joao Gustavo Marquet	82	Salesianos de Lisboa				

Prova 1 Masc., 400m Livres Master Esc C Resultados

RN C(35-39)	4:06.32	Pedro Miguel Silva	CFV	Ponte de Sor	29-01-2011
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Pontos: DSV Masters 13

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Taça Master
1.	Antonio Joao Matos	75	Alcobaca	4:49.22	+0,92	588	30
	50m: 33.24 33.24	150m: 1:45.72	36.65	250m: 3:00.42	37.15	350m: 4:14.20	36.87
	100m: 1:09.07 35.83	200m: 2:23.27	37.55	300m: 3:37.33	36.91	400m: 4:49.22	35.02
2.	Rodrigo Marques Costa	76	Litoral Alentejano	4:50.03	+0,90	583	26
	50m: 32.56 32.56	150m: 1:43.22	35.67	250m: 2:56.58	36.99	350m: 4:12.54	37.78
	100m: 1:07.55 34.99	200m: 2:19.59	36.37	300m: 3:34.76	38.18	400m: 4:50.03	37.49
3.	Nuno Alexandre Crespo	75	Colegio Monte Maior	5:09.42	+0,82	480	22
	50m: 36.33 36.33	150m: 1:53.59	39.06	250m: 3:12.83	39.71	350m: 4:31.77	39.40
	100m: 1:14.53 38.20	200m: 2:33.12	39.53	300m: 3:52.37	39.54	400m: 5:09.42	37.65
4.	Alexandre Marques Pereira	76	Colegio Monte Maior	5:26.13	+1,11	410	20
	50m: 37.79 37.79	150m: 1:58.28	40.67	250m: 3:22.35	42.41	350m: 4:46.02	41.68
	100m: 1:17.61 39.82	200m: 2:39.94	41.66	300m: 4:04.34	41.99	400m: 5:26.13	40.11
5.	Bruno Calado Camara	77	A Atletico	5:36.88	+0,80	372	19
	50m: 35.46 35.46	150m: 1:59.58	43.47	250m: 3:27.17	44.35	350m: 4:55.23	44.32
	100m: 1:16.11 40.65	200m: 2:42.82	43.24	300m: 4:10.91	43.74	400m: 5:36.88	41.65

VIII OPEN Inverno de Masters
Mealhada, 25 - 26-1-2014

Prova 1, Masc., 400m Livres, Master Esc C

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Taça Master
6.	Andre Tavares Doria	79	Fluvial Portuense	5:51.35	+1,10	328	18
	50m: 36.46 36.46	150m: 2:00.26 42.01	250m: 3:30.98 46.09	350m: 5:05.56 47.98			
	100m: 1:18.25 41.79	200m: 2:44.89 44.63	300m: 4:17.58 46.60	400m: 5:51.35 45.79			
7.	Rui Manuel Pinto	79	Leixoes	5:56.66		313	17
	50m: 37.12 37.12	150m: 2:01.84 43.63	250m: 3:33.24 46.18	350m: 5:09.67 48.34			
	100m: 1:18.21 41.09	200m: 2:47.06 45.22	300m: 4:21.33 48.09	400m: 5:56.66 46.99			
8.	Antonio Filipe Sousa	76	Naval Setubalense	6:47.95	+1,21	209	16
	50m: 41.08 41.08	150m: 2:22.57 52.92	250m: 4:09.99 53.71	350m: 5:56.86 53.88			
	100m: 1:29.65 48.57	200m: 3:16.28 53.71	300m: 5:02.98 52.99	400m: 6:47.95 51.09			
DSQ	Fernando Vaquero Vazquez 403 - Falsa partida - SW 4.4	78	Cambrils C.N.				

Prova 1 Masc., 400m Livres Master Esc D
25-01-2014 - 9:30 Resultados

RN D(40-44)	4:30.98	Jorge Eduardo Faria	SAD	Inatel	01-03-2008
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Pontos: DSV Masters 13

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Taça Master
1.	Marco Vantaggiato	71	Litoral Alentejano	4:39.25	+0,84	640	30
	50m: 31.51 31.51	150m: 1:40.08 35.11	250m: 2:51.51 35.86	350m: 4:03.79 36.42			
	100m: 1:04.97 33.46	200m: 2:15.65 35.57	300m: 3:27.37 35.86	400m: 4:39.25 35.46			
2.	Carlos Guimaraes Goncalves	70	Fluvial Portuense	4:46.83	+0,99	590	26
	50m: 33.27 33.27	150m: 1:44.62 35.91	250m: 2:57.54 36.70	350m: 4:11.96 37.38			
	100m: 1:08.71 35.44	200m: 2:20.84 36.22	300m: 3:34.58 37.04	400m: 4:46.83 34.87			
3.	Eduard Miralpeix Pujol	74	Cambrils C.N.	4:48.91	+1,13	578	
	50m: 34.10 34.10	150m: 1:46.48 36.59	250m: 2:59.92 36.72	350m: 4:13.83 36.74			
	100m: 1:09.89 35.79	200m: 2:23.20 36.72	300m: 3:37.09 37.17	400m: 4:48.91 35.08			
4.	Sergio David Silva	73	Natacao da Maia	5:09.26	+0,89	471	20
	50m: 34.49 34.49	150m: 1:49.97 38.09	250m: 3:08.88 40.05	350m: 4:29.64 40.36			
	100m: 1:11.88 37.39	200m: 2:28.83 38.86	300m: 3:49.28 40.40	400m: 5:09.26 39.62			
5.	Nuno Andre Ramalhao	73	Leixoes	5:38.50	+1,01	359	19
	50m: 37.84 37.84	150m: 2:02.70 43.30	250m: 3:31.06 44.42	350m: 4:57.94 43.04			
	100m: 1:19.40 41.56	200m: 2:46.64 43.94	300m: 4:14.90 43.84	400m: 5:38.50 40.56			
6.	Frederico Gomes Carvalho	74	Naval Setubalense	5:40.10	+0,88	354	18
	50m: 36.65 36.65	150m: 2:02.22 43.91	250m: 3:31.68 45.07	350m: 5:00.11 43.86			
	100m: 1:18.31 41.66	200m: 2:46.61 44.39	300m: 4:16.25 44.57	400m: 5:40.10 39.99			
7.	Bruno Miguel Fonseca	73	Salesianos de Lisboa	5:41.30	+0,97	350	17
	50m: 34.65 34.65	150m: 1:58.40 43.64	250m: 3:29.33 45.76	350m: 4:59.16 45.05			
	100m: 1:14.76 40.11	200m: 2:43.57 45.17	300m: 4:14.11 44.78	400m: 5:41.30 42.14			
8.	Joao Miguel Macedo	74	Leixoes	5:41.99	+0,89	348	16
	50m: 36.67 36.67	150m: 2:01.62 43.71	250m: 3:30.32 44.60	350m: 5:00.13 44.97			
	100m: 1:17.91 41.24	200m: 2:45.72 44.10	300m: 4:15.16 44.84	400m: 5:41.99 41.86			
9.	Francisco Santos Barros	72	Colegio Monte Maior	5:43.56	+1,41	343	14
	50m: 36.89 36.89	150m: 2:01.99 43.98	250m: 3:32.19 45.20	350m: 5:02.57 44.87			
	100m: 1:18.01 41.12	200m: 2:46.99 45.00	300m: 4:17.70 45.51	400m: 5:43.56 40.99			
10.	Nuno Filipe Barros	71	Natacao da Maia	5:45.41	+0,88	338	12
	50m: 36.45 36.45	150m: 2:01.75 43.97	250m: 3:32.07 45.32	350m: 5:03.73 45.90			
	100m: 1:17.78 41.33	200m: 2:46.75 45.00	300m: 4:17.83 45.76	400m: 5:45.41 41.68			

VIII OPEN Inverno de Masters
Mealhada, 25- - 26-1-2014

Prova 1, Masc., 400m Livres, Master Esc D

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Taça Master
11.	Miguel Jose Ferreira	70	Leixoes	5:57.87	+0,82	304	11
	50m: 36.99 36.99	150m: 2:02.89	44.06	250m: 3:35.27	46.45	350m: 5:06.15	44.37
	100m: 1:18.83 41.84	200m: 2:48.82	45.93	300m: 4:21.78	46.51	400m: 5:57.87	51.72
12.	Eduardo Alexandre Junior	70	Ginasio Santo Tirso	6:24.66	+1,15	244	10
	50m: 41.48 41.48	150m: 2:13.33	46.81	250m: 3:53.01	50.96	350m: 5:35.67	51.27
	100m: 1:26.52 45.04	200m: 3:02.05	48.72	300m: 4:44.40	51.39	400m: 6:24.66	48.99
13.	Nuno Filipe Ferreira	70	Alges	7:43.42	+1,16	140	9
	50m: 47.69 47.69	150m: 2:37.48	56.50	250m: 4:36.80	1:01.58	350m: 6:40.64	1:01.61
	100m: 1:40.98 53.29	200m: 3:35.22	57.74	300m: 5:39.03	1:02.23	400m: 7:43.42	1:02.78

Prova 1 Masc., 400m Livres Master Esc E Resultados

RN E(45-49)	4:19.65	Jose Carlos Freitas	CFP	Ponte de Sor	29-01-2011
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Pontos: DSV Masters 13

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Taça Master
1.	Antonio Perez-Portabella Lopez	69	Cambrils C.N.	4:46.57	+1,30	631	
	50m: 33.37 33.37	150m: 1:42.71	35.18	250m: 2:55.23	36.56	350m: 4:09.48	36.99
	100m: 1:07.53 34.16	200m: 2:18.67	35.96	300m: 3:32.49	37.26	400m: 4:46.57	37.09
2.	Jose Samuel Duarte	65	Sporting	4:51.54	+0,85	600	26
	50m: 34.51 34.51	150m: 1:48.25	37.19	250m: 3:01.30	36.61	350m: 4:15.67	37.34
	100m: 1:11.06 36.55	200m: 2:24.69	36.44	300m: 3:38.33	37.03	400m: 4:51.54	35.87
3.	Luis Paulo Piteira	68	Naval Setubalense	5:11.02	+1,03	494	22
	50m: 36.26 36.26	150m: 1:54.39	39.22	250m: 3:13.25	39.44	350m: 4:32.60	39.69
	100m: 1:15.17 38.91	200m: 2:33.81	39.42	300m: 3:52.91	39.66	400m: 5:11.02	38.42
4.	Paulo Alexandre Neves	66	Leixoes	5:58.58	+0,93	322	20
	50m: 40.01 40.01	150m: 2:09.62	45.80	250m: 3:42.55	46.77	350m: 5:16.46	46.86
	100m: 1:23.82 43.81	200m: 2:55.78	46.16	300m: 4:29.60	47.05	400m: 5:58.58	42.12
5.	Horacio Barros Oliveira	68	Galitos	8:02.23		132	19
	50m: 48.86 48.86	150m: 2:51.53	1:03.94	250m: 4:58.02	1:03.38	350m: 7:02.07	1:02.05
	100m: 1:47.59 58.73	200m: 3:54.64	1:03.11	300m: 6:00.02	1:02.00	400m: 8:02.23	1:00.16

Prova 1 Masc., 400m Livres Master Esc F Resultados

RN F(50-54)	4:22.11	Jose Carlos Freitas	CFP	Felgueiras	26-01-2013
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Pontos: DSV Masters 13

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Taça Master
1.	Jose Carlos Freitas	63	Fluvial Portuense	4:25.77	+0,82	1007	30
	50m: 30.70 30.70	150m: 1:37.01	33.20	250m: 2:44.80	33.99	350m: 3:53.06	34.17
	100m: 1:03.81 33.11	200m: 2:10.81	33.80	300m: 3:18.89	34.09	400m: 4:25.77	32.71
2.	Paulo Paula Carvalho	61	Uniao Piedense	4:48.24	+0,93	789	26
	50m: 34.46 34.46	150m: 1:46.59	35.66	250m: 2:58.53	36.36	350m: 4:12.44	37.11
	100m: 1:10.93 36.47	200m: 2:22.17	35.58	300m: 3:35.33	36.80	400m: 4:48.24	35.80
3.	Ralf Pinto Soares	64	Nadadores dos Estoris	5:31.66	+0,97	518	22
	50m: 24.80 24.80	150m: 1:57.12	41.62	250m: 3:22.88	42.97	350m: 4:50.06	43.50
	100m: 1:15.50 50.70	200m: 2:39.91	42.79	300m: 4:06.56	43.68	400m: 5:31.66	41.60

VIII OPEN Inverno de Masters
Mealhada, 25- - 26-1-2014

Prova 1, Masc., 400m Livres, Master Esc F

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Taça Master
4.	Armando Joao Costa	63	Colegio SMLamas	5:39.87	+0,93	481	20
	50m: 36.98 36.98	150m: 2:04.76	44.73	250m: 3:33.30	44.23	350m: 4:59.91	42.76
	100m: 1:20.03 43.05	200m: 2:49.07	44.31	300m: 4:17.15	43.85	400m: 5:39.87	39.96
5.	Manuel Alberto Pinho	61	Natacao da Maia	6:13.30	+1,09	363	19
	50m: 39.72 39.72	150m: 2:10.01	45.96	250m: 3:46.45	48.63	350m: 5:24.75	49.94
	100m: 1:24.05 44.33	200m: 2:57.82	47.81	300m: 4:34.81	48.36	400m: 6:13.30	48.55
6.	Juan Luis Silva	63	Masters de Almada	6:14.56	+1,22	359	18
	50m: 40.15 40.15	150m: 2:09.96	45.40	250m: 3:46.36	48.91	350m: 5:26.35	49.92
	100m: 1:24.56 44.41	200m: 2:57.45	47.49	300m: 4:36.43	50.07	400m: 6:14.56	48.21
7.	Joao Manuel Ruas	60	O2-Portimao	6:16.12	+1,18	355	17
	50m: 41.83 41.83	150m: 2:15.98	47.79	250m: 3:52.41	47.82	350m: 5:29.07	47.92
	100m: 1:28.19 46.36	200m: 3:04.59	48.61	300m: 4:41.15	48.74	400m: 6:16.12	47.05
8.	Emanuel Araujo Marques	64	Natacao da Maia	6:33.80	+1,45	309	16
	50m: 45.02 45.02	150m: 2:21.46	48.80	250m: 4:01.48	50.53	350m: 5:43.57	51.22
	100m: 1:32.66 47.64	200m: 3:10.95	49.49	300m: 4:52.35	50.87	400m: 6:33.80	50.23

Prova 1
25-01-2014 - 9:30
Masc., 400m Livres
Master Esc G
Resultados

RN G(55-59) 5:14.72 Vitor Manuel Mavioso SAD Felgueiras 26-01-2013

Pontos: DSV Masters 13

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Taça Master
1.	Mario Jose Pinto	57	Alges	5:42.58	+1,01	600	30
	50m: 37.50 37.50	150m: 2:02.66	43.16	250m: 3:31.56	44.93	350m: 5:00.33	44.88
	100m: 1:19.50 42.00	200m: 2:46.63	43.97	300m: 4:15.45	43.89	400m: 5:42.58	42.25
2.	Alberto Vaz Correia	55	Albicastrense	5:53.54	+1,16	546	26
	50m: 38.04 38.04	150m: 2:04.60	44.25	250m: 3:36.40	46.27	350m: 5:08.97	46.25
	100m: 1:20.35 42.31	200m: 2:50.13	45.53	300m: 4:22.72	46.32	400m: 5:53.54	44.57
3.	Antonio Prestes Pires	56	Academica de Coimbra	6:02.93	+1,17	504	22
	50m: 38.41 38.41	150m: 2:06.54	46.36	250m: 3:42.71	48.30	350m: 5:18.19	48.32
	100m: 1:20.18 41.77	200m: 2:54.41	47.87	300m: 4:29.87	47.16	400m: 6:02.93	44.74
DSQ	Teofilo Manuel Relvas	58	Porto				
	<i>403 - Falsa partida - SW 4.4</i>						

Prova 1
25-01-2014 - 9:30
Masc., 400m Livres
Master Esc H
Resultados

RN H(60-64) 5:33.41 Stephen Thomas Dyson CFB Torres Novas 31-01-2009

Pontos: DSV Masters 13

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Taça Master
1.	Jose Luis Morgado	54	Fluvial Portuense	6:31.06	+1,19	455	30
	50m: 46.23 46.23	150m: 2:27.00	50.61	250m: 4:08.92	50.65	350m: 5:48.40	48.82
	100m: 1:36.39 50.16	200m: 3:18.27	51.27	300m: 4:59.58	50.66	400m: 6:31.06	42.66
2.	Jose Antonio Teixeira	53	Academica de Coimbra	6:57.73	+1,08	373	26
	50m: 44.83 44.83	150m: 2:26.87	51.81	250m: 4:14.95	54.23	350m: 6:04.81	55.15
	100m: 1:35.06 50.23	200m: 3:20.72	53.85	300m: 5:09.66	54.71	400m: 6:57.73	52.92

VIII OPEN Inverno de Masters
Mealhada, 25- - 26-1-2014

Prova 1, Masc., 400m Livres, Master Esc H

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Taça Master
3.	Jose Henrique Madail	54	Galitos	7:09.09	+1,18	344	22
	50m: 48.89 48.89	150m: 2:36.91 54.64	250m: 4:27.45 55.17	350m: 6:18.57 55.61			
	100m: 1:42.27 53.38	200m: 3:32.28 55.37	300m: 5:22.96 55.51	400m: 7:09.09 50.52			
4.	Antonio Alves Cecilio	54	Gespacos	7:39.38	+1,14	280	20
	50m: 51.08 51.08	150m: 2:50.84 1:00.76	250m: 4:52.73 1:01.05	350m: 6:49.82 58.76			
	100m: 1:50.08 59.00	200m: 3:51.68 1:00.84	300m: 5:51.06 58.33	400m: 7:39.38 49.56			
5.	Jose Carlos Neto	53	Ginasio Figueirense	8:14.16	+1,12	225	19
	50m: 47.85 47.85	150m: 2:44.32 1:01.07	250m: 4:54.85 1:06.88	350m: 7:08.77 1:07.30			
	100m: 1:43.25 55.40	200m: 3:47.97 1:03.65	300m: 6:01.47 1:06.62	400m: 8:14.16 1:05.39			

Prova 1
25-01-2014 - 9:30

Masc., 400m Livres

Master Esc I
Resultados

RN I(65-69)	5:48.86	Antonio Bessone Basto	SAD	Lisboa	20-02-2010
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Pontos: DSV Masters 13

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Taça Master
1.	Luis Vidigal Salgueiro	45	Alges	6:51.40	+1,13	416	30
	50m: 44.08 44.08	150m: 2:27.40 52.66	250m: 4:13.45 52.60	350m: 6:00.75 53.64			
	100m: 1:34.74 50.66	200m: 3:20.85 53.45	300m: 5:07.11 53.66	400m: 6:51.40 50.65			
2.	Alexandre Azevedo Gaspar	45	Alges	7:30.41	+1,17	317	26
	50m: 50.35 50.35	150m: 2:45.38 58.13	250m: 4:42.92 58.54	350m: 6:37.81 56.93			
	100m: 1:47.25 56.90	200m: 3:44.38 59.00	300m: 5:40.88 57.96	400m: 7:30.41 52.60			
3.	Jose Joaquim Marreiros	46	Alges	7:53.42		273	22
	50m: 52.78 52.78	150m: 2:52.57 1:00.33	250m: 4:53.08 1:00.63	350m: 6:53.21 1:01.66			
	100m: 1:52.24 59.46	200m: 3:52.45 59.88	300m: 5:51.55 58.47	400m: 7:53.42 1:00.21			
4.	Luis Silveira Viegas	47	Alges	8:04.17	+1,36	255	20
	50m: 49.22 49.22	150m: 2:46.61 1:00.89	250m: 4:51.03 1:03.07	350m: 7:01.79 1:05.77			
	100m: 1:45.72 56.50	200m: 3:47.96 1:01.35	300m: 5:56.02 1:04.99	400m: 8:04.17 1:02.38			