

Campeonato Nacional de Juvenis, Juniores, Seniores e Absolutos PL
Coimbra, 01 - 04.4.2015

Prova 1	Masc., 1500m Livres				Absolutos
01-04-2015 - 17:10	SOMAGUE				Resultados
Rec Nac Absoluto	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007
Rec Nac Juv B	16:31.97	Pedro Fontoura Oliveira	CFB	Lisboa	28-05-2005
Rec Nac Juv A	15:45.55	Gustavo Manuel Santa	FPN	Tampere (FIN)	23-07-2009
Rec Nac Jun17	15:51.43	Gustavo Manuel Santa	FPN	Helsinquia (FIN)	10-07-2010
Rec Nac Jun18	15:34.51	Fernando Eurico Costa	FPN	Luxemburgo (LUX)	24-01-2003
Rec Nac Sen	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007

TAC JUN18 Masc Jun18: 17:06.34 / TAC JUN17 Masc Jun17: 17:21.21 / TAC JUV16 Masc Juv A: 17:50.96 /

TAC JUV15 Masc Juv B: 18:10.80

Pontos: FINA 2015

Lugar	Nome do nadador	Ano	Classes	Clube	T.R.	Tempo final	Pts	
1.	Alexandre Valdagua Coutinhc97			Columbofila Cantanhedense	+0,70	15:48.60	774	
	50m: 28.06	28.06	450m: 4:37.74	31.43	850m: 8:53.80	32.24	1250m: 13:10.06	31.65
	100m: 58.63	30.57	500m: 5:09.45	31.71	900m: 9:25.99	32.19	1300m: 13:41.73	31.67
	150m: 1:29.24	30.61	550m: 5:41.31	31.86	950m: 9:58.21	32.22	1350m: 14:13.59	31.86
	200m: 2:00.55	31.31	600m: 6:13.09	31.78	1000m: 10:30.30	32.09	1400m: 14:45.49	31.90
	250m: 2:31.88	31.33	650m: 6:44.98	31.89	1050m: 11:02.53	32.23	1450m: 15:17.60	32.11
	300m: 3:03.20	31.32	700m: 7:17.32	32.34	1100m: 11:34.76	32.23	1500m: 15:48.60	31.00
	350m: 3:34.70	31.50	750m: 7:49.42	32.10	1150m: 12:06.55	31.79		
	400m: 4:06.31	31.61	800m: 8:21.56	32.14	1200m: 12:38.41	31.86		
2.	Rafael Lourenco Gil	96		Naval Amorense	+0,82	15:58.52	750	
	50m: 27.86	27.86	450m: 4:37.32	31.63	850m: 8:53.93	32.36	1250m: 13:12.62	32.80
	100m: 58.06	30.20	500m: 5:08.80	31.48	900m: 9:25.85	31.92	1300m: 13:45.75	33.13
	150m: 1:29.01	30.95	550m: 5:40.89	32.09	950m: 9:58.09	32.24	1350m: 14:18.84	33.09
	200m: 2:00.07	31.06	600m: 6:12.84	31.95	1000m: 10:30.27	32.18	1400m: 14:51.90	33.06
	250m: 2:31.48	31.41	650m: 6:44.95	32.11	1050m: 11:02.62	32.35	1450m: 15:25.28	33.38
	300m: 3:02.81	31.33	700m: 7:17.07	32.12	1100m: 11:34.90	32.28	1500m: 15:58.52	33.24
	350m: 3:34.24	31.43	750m: 7:49.45	32.38	1150m: 12:07.28	32.38		
	400m: 4:05.69	31.45	800m: 8:21.57	32.12	1200m: 12:39.82	32.54		
3.	Guilherme Filipe Pina	98		Benedita	+0,62	16:00.16	746	
	50m: 29.35	29.35	450m: 4:43.84	32.05	850m: 9:01.56	32.28	1250m: 13:19.79	32.36
	100m: 1:00.58	31.23	500m: 5:16.13	32.29	900m: 9:33.78	32.22	1300m: 13:52.22	32.43
	150m: 1:32.25	31.67	550m: 5:48.54	32.41	950m: 10:05.88	32.10	1350m: 14:24.54	32.32
	200m: 2:03.81	31.56	600m: 6:20.75	32.21	1000m: 10:38.10	32.22	1400m: 14:56.88	32.34
	250m: 2:35.82	32.01	650m: 6:52.62	31.87	1050m: 11:10.33	32.23	1450m: 15:28.90	32.02
	300m: 3:07.75	31.93	700m: 7:24.85	32.23	1100m: 11:42.61	32.28	1500m: 16:00.16	31.26
	350m: 3:39.76	32.01	750m: 7:56.97	32.12	1150m: 12:15.00	32.39		
	400m: 4:11.79	32.03	800m: 8:29.28	32.31	1200m: 12:47.43	32.43		
4.	Mario Andre Bonanca	90		Sporting	+0,82	16:08.79	726	
	50m: 28.32	28.32	450m: 4:42.24	32.55	850m: 9:05.41	32.81	1250m: 13:29.51	32.85
	100m: 59.19	30.87	500m: 5:14.86	32.62	900m: 9:38.50	33.09	1300m: 14:02.06	32.55
	150m: 1:30.47	31.28	550m: 5:47.92	33.06	950m: 10:11.33	32.83	1350m: 14:34.83	32.77
	200m: 2:01.59	31.12	600m: 6:21.05	33.13	1000m: 10:44.59	33.26	1400m: 15:07.15	32.32
	250m: 2:33.47	31.88	650m: 6:54.12	33.07	1050m: 11:17.53	32.94	1450m: 15:39.13	31.98
	300m: 3:05.10	31.63	700m: 7:26.89	32.77	1100m: 11:50.58	33.05	1500m: 16:08.79	29.66
	350m: 3:37.28	32.18	750m: 7:59.54	32.65	1150m: 12:23.60	33.02		
	400m: 4:09.69	32.41	800m: 8:32.60	33.06	1200m: 12:56.66	33.06		
5.	Tiago Silva Oliveira	94		Leixoes	+0,70	16:09.10	726	
	50m: 28.29	28.29	450m: 4:43.58	32.36	850m: 9:03.78	32.67	1250m: 13:27.08	32.96
	100m: 59.24	30.95	500m: 5:16.07	32.49	900m: 9:36.46	32.68	1300m: 14:00.25	33.17
	150m: 1:30.75	31.51	550m: 5:48.60	32.53	950m: 10:09.54	33.08	1350m: 14:33.52	33.27
	200m: 2:02.53	31.78	600m: 6:21.00	32.40	1000m: 10:42.49	32.95	1400m: 15:06.76	33.24
	250m: 2:34.35	31.82	650m: 6:53.48	32.48	1050m: 11:15.39	32.90	1500m: 16:09.10	1:02.34
	300m: 3:06.44	32.09	700m: 7:26.07	32.59	1100m: 11:48.24	32.85		
	350m: 3:38.66	32.22	750m: 7:58.67	32.60	1150m: 12:21.30	33.06		
	400m: 4:11.22	32.56	800m: 8:31.11	32.44	1200m: 12:54.12	32.82		

Prova 1, Masc., 1500m Livres, Absolutos

Lugar	Nome do nadador	Ano	Classes	Clube	T.R.	Tempo final	Pts
6.	Vasco Miguel Gaspar	90		Uniao Piedense	+0,76	16:18.76	704
	50m: 28.80 28.80	450m: 4:46.55	32.25	850m: 9:08.15	32.93	1250m: 13:33.05	33.43
	100m: 1:00.68 31.88	500m: 5:19.11	32.56	900m: 9:41.53	33.38	1300m: 14:06.17	33.12
	150m: 1:32.58 31.90	550m: 5:51.53	32.42	950m: 10:14.33	32.80	1350m: 14:39.40	33.23
	200m: 2:05.19 32.61	600m: 6:24.16	32.63	1000m: 10:47.49	33.16	1400m: 15:12.90	33.50
	250m: 2:37.08 31.89	650m: 6:56.76	32.60	1050m: 11:20.10	32.61	1450m: 15:46.00	33.10
	300m: 3:09.27 32.19	700m: 7:29.66	32.90	1100m: 11:53.24	33.14	1500m: 16:18.76	32.76
	350m: 3:41.71 32.44	750m: 8:02.29	32.63	1150m: 12:26.51	33.27		
	400m: 4:14.30 32.59	800m: 8:35.22	32.93	1200m: 12:59.62	33.11		
7.	Pedro Maria Bessa	95		Vilacondense	+0,77	16:24.58	692
	50m: 29.59 29.59	450m: 4:52.32	33.30	850m: 9:19.29	32.92	1250m: 13:40.93	32.48
	100m: 1:01.17 31.58	500m: 5:25.83	33.51	900m: 9:52.46	33.17	1300m: 14:14.17	33.24
	150m: 1:33.80 32.63	550m: 5:59.44	33.61	950m: 10:25.35	32.89	1350m: 14:47.51	33.34
	200m: 2:06.20 32.40	600m: 6:32.69	33.25	1000m: 10:58.44	33.09	1400m: 15:20.80	33.29
	250m: 2:39.28 33.08	650m: 7:06.31	33.62	1050m: 11:30.49	32.05	1450m: 15:53.21	32.41
	300m: 3:12.59 33.31	700m: 7:40.01	33.70	1100m: 12:03.11	32.62	1500m: 16:24.58	31.37
	350m: 3:45.65 33.06	750m: 8:13.25	33.24	1150m: 12:35.69	32.58		
	400m: 4:19.02 33.37	800m: 8:46.37	33.12	1200m: 13:08.45	32.76		
8.	Diogo Manuel Marques	98		Columbofila Cantanhedense	+0,80	16:29.49	682
	50m: 30.11 30.11	450m: 4:53.30	33.89	850m: 9:18.48	33.21	1250m: 13:44.08	33.51
	100m: 1:01.47 31.36	500m: 5:25.95	32.65	900m: 9:51.50	33.02	1300m: 14:17.55	33.47
	150m: 1:33.92 32.45	550m: 5:59.35	33.40	950m: 10:25.09	33.59	1350m: 14:51.76	34.21
	200m: 2:06.47 32.55	600m: 6:32.20	32.85	1000m: 10:57.60	32.51	1400m: 15:25.50	33.74
	250m: 2:39.78 33.31	650m: 7:05.52	33.32	1050m: 11:30.75	33.15	1450m: 15:57.83	32.33
	300m: 3:13.13 33.35	700m: 7:38.49	32.97	1100m: 12:04.07	33.32	1500m: 16:29.49	31.66
	350m: 3:46.54 33.41	750m: 8:12.38	33.89	1150m: 12:37.60	33.53		
	400m: 4:19.41 32.87	800m: 8:45.27	32.89	1200m: 13:10.57	32.97		
9.	Joao Andre Neves	95		Academica de Coimbra	+0,77	16:35.92	668
	50m: 29.84 29.84	450m: 4:52.87	32.95	850m: 9:20.50	33.09	1250m: 13:49.60	33.29
	100m: 1:02.67 32.83	500m: 5:26.68	33.81	900m: 9:54.81	34.31	1300m: 14:23.93	34.33
	150m: 1:34.79 32.12	550m: 5:59.71	33.03	950m: 10:27.93	33.12	1350m: 14:56.94	33.01
	200m: 2:07.91 33.12	600m: 6:33.85	34.14	1000m: 11:02.01	34.08	1400m: 15:31.11	34.17
	250m: 2:40.37 32.46	650m: 7:06.86	33.01	1050m: 11:35.05	33.04	1450m: 16:03.46	32.35
	300m: 3:13.44 33.07	700m: 7:40.64	33.78	1100m: 12:09.04	33.99	1500m: 16:35.92	32.46
	350m: 3:46.02 32.58	750m: 8:13.46	32.82	1150m: 12:42.12	33.08		
	400m: 4:19.92 33.90	800m: 8:47.41	33.95	1200m: 13:16.31	34.19		
10.	Narciso Daniel Correia	97		Braga	+0,73	16:40.77	659
	50m: 29.22 29.22	450m: 4:52.69	33.78	850m: 9:22.68	33.34	1250m: 13:54.87	33.99
	100m: 1:00.77 31.55	500m: 5:26.39	33.70	900m: 9:56.91	34.23	1300m: 14:29.08	34.21
	150m: 1:33.20 32.43	550m: 6:00.06	33.67	950m: 10:30.66	33.75	1350m: 15:03.30	34.22
	200m: 2:05.70 32.50	600m: 6:33.62	33.56	1000m: 11:04.74	34.08	1400m: 15:37.79	34.49
	250m: 2:38.43 32.73	650m: 7:07.92	34.30	1050m: 11:38.32	33.58	1450m: 16:08.96	31.17
	300m: 3:11.63 33.20	700m: 7:41.92	34.00	1100m: 12:12.60	34.28	1500m: 16:40.77	31.81
	350m: 3:45.38 33.75	750m: 8:15.42	33.50	1150m: 12:46.61	34.01		
	400m: 4:18.91 33.53	800m: 8:49.34	33.92	1200m: 13:20.88	34.27		
11.	Joao Nuno Pires	94		Academica de Coimbra	+0,68	16:41.70	657
	50m: 29.60 29.60	450m: 4:53.21	33.25	850m: 9:20.92	33.11	1250m: 13:51.75	33.94
	100m: 1:01.97 32.37	500m: 5:26.72	33.51	900m: 9:54.75	33.83	1300m: 14:25.59	33.84
	150m: 1:34.42 32.45	550m: 5:59.95	33.23	950m: 10:28.27	33.52	1350m: 14:59.43	33.84
	200m: 2:07.29 32.87	600m: 6:33.86	33.91	1000m: 11:02.51	34.24	1400m: 15:33.96	34.53
	250m: 2:39.62 32.33	650m: 7:07.10	33.24	1050m: 11:35.93	33.42	1450m: 16:07.71	33.75
	300m: 3:13.22 33.60	700m: 7:40.96	33.86	1100m: 12:09.86	33.93	1500m: 16:41.70	33.99
	350m: 3:46.34 33.12	750m: 8:13.95	32.99	1150m: 12:43.52	33.66		
	400m: 4:19.96 33.62	800m: 8:47.81	33.86	1200m: 13:17.81	34.29		

Prova 1, Masc., 1500m Livres, Absolutos

Lugar	Nome do nadador	Ano	Classes	Clube	T.R.	Tempo final	Pts
12.	Pedro Veiguinha Martins	96		Braga	+0,79	16:43.07	654
	50m: 30.31 30.31	450m: 4:58.23	33.51	850m: 9:25.73	34.30	1250m: 13:58.44	35.06
	100m: 1:02.58 32.27	500m: 5:31.24	33.01	900m: 9:59.29	33.56	1300m: 14:31.68	33.24
	150m: 1:36.52 33.94	550m: 6:04.92	33.68	950m: 10:33.70	34.41	1350m: 15:06.05	34.37
	200m: 2:10.13 33.61	600m: 6:37.18	32.26	1000m: 11:07.41	33.71	1400m: 15:39.91	33.86
	250m: 2:43.85 33.72	650m: 7:10.63	33.45	1050m: 11:41.75	34.34	1450m: 16:13.17	33.26
	300m: 3:17.29 33.44	700m: 7:43.91	33.28	1100m: 12:15.38	33.63	1500m: 16:43.07	29.90
	350m: 3:51.16 33.87	750m: 8:17.88	33.97	1150m: 12:49.51	34.13		
	400m: 4:24.72 33.56	800m: 8:51.43	33.55	1200m: 13:23.38	33.87		
13.	Diogo Barbosa Nunes	00		Fluvial Portuense	+0,81	16:45.15	650
	50m: 29.78 29.78	450m: 4:55.01	33.61	850m: 9:25.70	34.89	1250m: 13:58.07	34.32
	100m: 1:02.10 32.32	500m: 5:28.37	33.36	900m: 9:59.61	33.91	1300m: 14:31.85	33.78
	150m: 1:34.60 32.50	550m: 6:02.17	33.80	950m: 10:33.74	34.13	1350m: 15:05.66	33.81
	200m: 2:07.98 33.38	600m: 6:35.66	33.49	1000m: 11:07.45	33.71	1400m: 15:39.57	33.91
	250m: 2:41.42 33.44	650m: 7:08.94	33.28	1050m: 11:41.80	34.35	1450m: 16:12.84	33.27
	300m: 3:14.76 33.34	700m: 7:43.06	34.12	1100m: 12:15.54	33.74	1500m: 16:45.15	32.31
	350m: 3:48.19 33.43	750m: 8:17.07	34.01	1150m: 12:49.79	34.25		
	400m: 4:21.40 33.21	800m: 8:50.81	33.74	1200m: 13:23.75	33.96		
14.	Bruno Jose Silva	98		Braga	+0,91	16:51.43	638
	50m: 30.26 30.26	450m: 4:57.55	33.79	850m: 9:28.58	33.73	1250m: 14:02.30	34.68
	100m: 1:02.95 32.69	500m: 5:31.25	33.70	900m: 10:02.69	34.11	1300m: 14:36.69	34.39
	150m: 1:35.72 32.77	550m: 6:05.23	33.98	950m: 10:36.62	33.93	1350m: 15:10.82	34.13
	200m: 2:09.16 33.44	600m: 6:39.27	34.04	1000m: 11:10.82	34.20	1400m: 15:45.43	34.61
	250m: 2:42.43 33.27	650m: 7:12.91	33.64	1050m: 11:44.86	34.04	1450m: 16:18.81	33.38
	300m: 3:16.19 33.76	700m: 7:46.69	33.78	1100m: 12:19.08	34.22	1500m: 16:51.43	32.62
	350m: 3:49.89 33.70	750m: 8:20.92	34.23	1150m: 12:53.12	34.04		
	400m: 4:23.76 33.87	800m: 8:54.85	33.93	1200m: 13:27.62	34.50		
15.	Joao Luis Travanca	97		Fluvial Portuense	+0,82	16:53.43	634
	50m: 29.28 29.28	450m: 4:55.95	34.09	850m: 9:28.54	34.23	1250m: 14:02.68	34.77
	100m: 1:00.57 31.29	500m: 5:29.71	33.76	900m: 10:02.13	33.59	1300m: 14:37.51	34.83
	150m: 1:33.56 32.99	550m: 6:03.83	34.12	950m: 10:35.93	33.80	1350m: 15:12.50	34.99
	200m: 2:06.81 33.25	600m: 6:37.41	33.58	1000m: 11:09.38	33.45	1400m: 15:46.95	34.45
	250m: 2:40.71 33.90	650m: 7:11.79	34.38	1050m: 11:44.02	34.64	1450m: 16:21.09	34.14
	300m: 3:14.44 33.73	700m: 7:45.58	33.79	1100m: 12:18.41	34.39	1500m: 16:53.43	32.34
	350m: 3:48.15 33.71	750m: 8:20.26	34.68	1150m: 12:53.06	34.65		
	400m: 4:21.86 33.71	800m: 8:54.31	34.05	1200m: 13:27.91	34.85		
16.	Rafael Ladeiro Santos	98		Geslours	+0,68	16:56.35	629
	50m: 30.27 30.27	450m: 5:03.79	34.87	850m: 9:37.60	34.24	1250m: 14:09.75	33.93
	100m: 1:03.20 32.93	500m: 5:37.99	34.20	900m: 10:11.64	34.04	1300m: 14:43.78	34.03
	150m: 1:36.85 33.65	550m: 6:12.28	34.29	950m: 10:46.16	34.52	1350m: 15:17.30	33.52
	200m: 2:10.67 33.82	600m: 6:46.54	34.26	1000m: 11:20.44	34.28	1400m: 15:50.95	33.65
	250m: 2:45.34 34.67	650m: 7:20.99	34.45	1050m: 11:54.49	34.05	1450m: 16:24.19	33.24
	300m: 3:19.74 34.40	700m: 7:55.16	34.17	1100m: 12:28.52	34.03	1500m: 16:56.35	32.16
	350m: 3:54.36 34.62	750m: 8:29.09	33.93	1150m: 13:02.15	33.63		
	400m: 4:28.92 34.56	800m: 9:03.36	34.27	1200m: 13:35.82	33.67		
17.	Jose Paulo Lopes	00		Braga	+0,71	16:57.15	627
	50m: 29.72 29.72	450m: 4:58.37	34.25	850m: 9:31.41	34.37	1250m: 14:08.36	34.60
	100m: 1:02.12 32.40	500m: 5:32.25	33.88	900m: 10:06.05	34.64	1300m: 14:42.87	34.51
	150m: 1:35.34 33.22	550m: 6:06.51	34.26	950m: 10:40.71	34.66	1350m: 15:17.14	34.27
	200m: 2:08.79 33.45	600m: 6:40.74	34.23	1000m: 11:15.18	34.47	1400m: 15:51.26	34.12
	250m: 2:42.69 33.90	650m: 7:14.89	34.15	1050m: 11:50.02	34.84	1450m: 16:24.86	33.60
	300m: 3:16.29 33.60	700m: 7:49.02	34.13	1100m: 12:24.40	34.38	1500m: 16:57.15	32.29
	350m: 3:50.38 34.09	750m: 8:23.10	34.08	1150m: 12:59.16	34.76		
	400m: 4:24.12 33.74	800m: 8:57.04	33.94	1200m: 13:33.76	34.60		

Prova 1, Masc., 1500m Livres, Absolutos

Lugar	Nome do nadador	Ano	Classes	Clube	T.R.	Tempo final	Pts
18.	Pedro Rafael Garcia	96		Academico Viseu	+0,74	16:57.76	626
	<i>FTL</i>						
	50m: 29.40 29.40	450m: 4:55.94	34.01	850m: 9:29.61	34.55	1250m: 14:05.21	34.70
	100m: 1:00.71 31.31	500m: 5:30.02	34.08	900m: 10:03.88	34.27	1300m: 14:40.17	34.96
	150m: 1:33.57 32.86	550m: 6:04.19	34.17	950m: 10:38.52	34.64	1350m: 15:14.95	34.78
	200m: 2:06.76 33.19	600m: 6:37.87	33.68	1000m: 11:12.74	34.22	1400m: 15:49.74	34.79
	250m: 2:40.36 33.60	650m: 7:12.14	34.27	1050m: 11:47.39	34.65	1450m: 16:24.23	34.49
	300m: 3:14.09 33.73	700m: 7:46.39	34.25	1100m: 12:21.60	34.21	1500m: 16:57.76	33.53
	350m: 3:47.89 33.80	750m: 8:20.82	34.43	1150m: 12:55.98	34.38		
	400m: 4:21.93 34.04	800m: 8:55.06	34.24	1200m: 13:30.51	34.53		
19.	Diogo Leal Dantas	00		Sporting	+0,67	16:57.86	626
	50m: 29.45 29.45	450m: 4:57.14	33.83	850m: 9:32.56	34.53	1250m: 14:09.94	34.41
	100m: 1:01.92 32.47	500m: 5:31.17	34.03	900m: 10:07.63	35.07	1300m: 14:44.43	34.49
	150m: 1:35.20 33.28	550m: 6:05.37	34.20	950m: 10:42.28	34.65	1350m: 15:18.83	34.40
	200m: 2:08.83 33.63	600m: 6:39.59	34.22	1000m: 11:17.25	34.97	1400m: 15:53.19	34.36
	250m: 2:42.18 33.35	650m: 7:13.91	34.32	1050m: 11:51.69	34.44	1450m: 16:26.54	33.35
	300m: 3:15.99 33.81	700m: 7:48.66	34.75	1100m: 12:26.37	34.68	1500m: 16:57.86	31.32
	350m: 3:49.62 33.63	750m: 8:22.87	34.21	1150m: 13:00.92	34.55		
	400m: 4:23.31 33.69	800m: 8:58.03	35.16	1200m: 13:35.53	34.61		
20.	Miguel Ribeiro Bate	99		Alges	+0,82	16:58.54	625
	50m: 30.72 30.72	450m: 5:05.38	33.95	850m: 9:37.66	34.17	1250m: 14:09.36	34.18
	100m: 1:04.34 33.62	500m: 5:39.38	34.00	900m: 10:11.59	33.93	1300m: 14:43.35	33.99
	150m: 1:38.51 34.17	550m: 6:13.31	33.93	950m: 10:45.35	33.76	1350m: 15:17.37	34.02
	200m: 2:13.02 34.51	600m: 6:47.44	34.13	1000m: 11:19.11	33.76	1400m: 15:51.72	34.35
	250m: 2:47.70 34.68	650m: 7:21.67	34.23	1050m: 11:52.92	33.81	1450m: 16:25.67	33.95
	300m: 3:22.08 34.38	700m: 7:55.44	33.77	1100m: 12:26.73	33.81	1500m: 16:58.54	32.87
	350m: 3:57.43 35.35	750m: 8:29.52	34.08	1150m: 13:01.27	34.54		
	400m: 4:31.43 34.00	800m: 9:03.49	33.97	1200m: 13:35.18	33.91		
21.	Goncalo Miguel Nogueira	98		Porto	+0,65	17:05.68	612
	50m: 29.42 29.42	450m: 4:55.36	33.84	850m: 9:29.21	34.64	1250m: 14:10.74	35.46
	100m: 1:01.50 32.08	500m: 5:29.48	34.12	900m: 10:04.28	35.07	1300m: 14:46.64	35.90
	150m: 1:34.40 32.90	550m: 6:03.06	33.58	950m: 10:39.06	34.78	1350m: 15:21.36	34.72
	200m: 2:07.54 33.14	600m: 6:37.13	34.07	1000m: 11:14.36	35.30	1400m: 15:56.85	35.49
	250m: 2:40.83 33.29	650m: 7:11.14	34.01	1050m: 11:48.88	34.52	1450m: 16:31.44	34.59
	300m: 3:14.15 33.32	700m: 7:45.42	34.28	1100m: 12:24.64	35.76	1500m: 17:05.68	34.24
	350m: 3:47.85 33.70	750m: 8:19.71	34.29	1150m: 12:59.90	35.26		
	400m: 4:21.52 33.67	800m: 8:54.57	34.86	1200m: 13:35.28	35.38		
22.	Alexandre Magno Carvalho	98		Fluvial Portuense	+0,61	17:06.21	611
	50m: 29.94 29.94	450m: 5:01.07	34.13	850m: 9:36.70	34.52	1250m: 14:16.17	34.77
	100m: 1:02.63 32.69	500m: 5:35.42	34.35	900m: 10:11.30	34.60	1300m: 14:50.76	34.59
	150m: 1:36.31 33.68	550m: 6:09.52	34.10	950m: 10:46.14	34.84	1350m: 15:25.31	34.55
	200m: 2:10.11 33.80	600m: 6:43.94	34.42	1000m: 11:21.11	34.97	1400m: 15:59.42	34.11
	250m: 2:44.13 34.02	650m: 7:18.28	34.34	1050m: 11:56.23	35.12	1450m: 16:33.42	34.00
	300m: 3:18.25 34.12	700m: 7:52.96	34.68	1100m: 12:31.18	34.95	1500m: 17:06.21	32.79
	350m: 3:52.46 34.21	750m: 8:27.66	34.70	1150m: 13:06.37	35.19		
	400m: 4:26.94 34.48	800m: 9:02.18	34.52	1200m: 13:41.40	35.03		
23.	Luis Carlos Almeida	98		Aquatico Pacense	+0,95	17:07.17	609
	50m: 30.28 30.28	450m: 5:03.60	34.28	850m: 9:41.24	34.29	1250m: 14:17.81	34.48
	100m: 1:03.21 32.93	500m: 5:38.23	34.63	900m: 10:15.65	34.41	1300m: 14:52.64	34.83
	150m: 1:36.92 33.71	550m: 6:12.72	34.49	950m: 10:50.36	34.71	1350m: 15:26.99	34.35
	200m: 2:11.35 34.43	600m: 6:47.87	35.15	1000m: 11:25.08	34.72	1400m: 16:01.30	34.31
	250m: 2:45.54 34.19	650m: 7:22.56	34.69	1050m: 11:59.73	34.65	1450m: 16:34.75	33.45
	300m: 3:19.96 34.42	700m: 7:57.57	35.01	1100m: 12:34.79	35.06	1500m: 17:07.17	32.42
	350m: 3:54.50 34.54	750m: 8:32.52	34.95	1150m: 13:08.69	33.90		
	400m: 4:29.32 34.82	800m: 9:06.95	34.43	1200m: 13:43.33	34.64		

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Prova 1, Masc., 1500m Livres, Absolutos

Lugar	Nome do nadador	Ano	Classes	Clube	T.R.	Tempo final	Pts
24.	Rui Jorge Matias	99		Vilacondense	+0,85	17:08.28	607
	50m: 30.36 30.36	450m: 5:05.15	34.43	850m: 9:42.78	34.84	1250m: 14:18.98	33.97
	100m: 1:03.68 33.32	500m: 5:40.15	35.00	900m: 10:17.52	34.74	1300m: 14:53.95	34.97
	150m: 1:37.46 33.78	550m: 6:14.47	34.32	950m: 10:52.21	34.69	1350m: 15:28.17	34.22
	200m: 2:12.06 34.60	600m: 6:48.71	34.24	1000m: 11:27.23	35.02	1400m: 16:02.85	34.68
	250m: 2:46.55 34.49	650m: 7:23.44	34.73	1050m: 12:01.80	34.57	1450m: 16:36.13	33.28
	300m: 3:21.43 34.88	700m: 7:58.49	35.05	1100m: 12:35.93	34.13	1500m: 17:08.28	32.15
	350m: 3:55.73 34.30	750m: 8:32.98	34.49	1150m: 13:10.55	34.62		
	400m: 4:30.72 34.99	800m: 9:07.94	34.96	1200m: 13:45.01	34.46		
25.	Ruben Jose Morim	97		Vilacondense	+0,78	17:09.41	605
	<i>FTL</i>						
	50m: 29.51 29.51	450m: 4:57.92	34.20	850m: 9:34.68	34.53	1250m: 14:15.07	34.93
	100m: 1:01.96 32.45	500m: 5:32.04	34.12	900m: 10:09.59	34.91	1300m: 14:49.72	34.65
	150m: 1:35.20 33.24	550m: 6:06.69	34.65	950m: 10:45.14	35.55	1350m: 15:24.93	35.21
	200m: 2:08.46 33.26	600m: 6:41.13	34.44	1000m: 11:19.50	34.36	1400m: 15:59.99	35.06
	250m: 2:42.07 33.61	650m: 7:15.95	34.82	1050m: 11:55.09	35.59	1450m: 16:35.08	35.09
	300m: 3:15.68 33.61	700m: 7:50.67	34.72	1100m: 12:29.74	34.65	1500m: 17:09.41	34.33
	350m: 3:49.82 34.14	750m: 8:25.35	34.68	1150m: 13:04.94	35.20		
	400m: 4:23.72 33.90	800m: 9:00.15	34.80	1200m: 13:40.14	35.20		
26.	Tomas Gomes Oliveira	99		Nautico da Marinha Grande	+0,81	17:09.47	605
	50m: 29.75 29.75	450m: 5:02.06	34.74	850m: 9:39.59	34.67	1250m: 14:17.54	34.84
	100m: 1:02.22 32.47	500m: 5:37.03	34.97	900m: 10:14.02	34.43	1300m: 14:52.21	34.67
	150m: 1:36.00 33.78	550m: 6:11.90	34.87	950m: 10:48.76	34.74	1350m: 15:27.10	34.89
	200m: 2:09.69 33.69	600m: 6:46.74	34.84	1000m: 11:23.53	34.77	1400m: 16:02.06	34.96
	250m: 2:44.17 34.48	650m: 7:21.42	34.68	1050m: 11:58.20	34.67	1450m: 16:36.61	34.55
	300m: 3:18.58 34.41	700m: 7:55.74	34.32	1100m: 12:32.72	34.52	1500m: 17:09.47	32.86
	350m: 3:52.68 34.10	750m: 8:30.73	34.99	1150m: 13:07.82	35.10		
	400m: 4:27.32 34.64	800m: 9:04.92	34.19	1200m: 13:42.70	34.88		
27.	Afonso Calais Queiroga	98		Uniao Piedense		17:11.83	601
	50m: 30.34 30.34	450m: 5:04.61	34.67	850m: 9:41.43	34.50	1250m: 14:19.75	35.75
	100m: 1:03.79 33.45	500m: 5:39.15	34.54	900m: 10:15.76	34.33	1300m: 14:54.55	34.80
	150m: 1:38.16 34.37	550m: 6:13.85	34.70	950m: 10:49.93	34.17	1350m: 15:29.46	34.91
	200m: 2:12.24 34.08	600m: 6:48.56	34.71	1000m: 11:24.17	34.24	1400m: 16:03.40	33.94
	250m: 2:46.71 34.47	650m: 7:23.44	34.88	1050m: 11:58.66	34.49	1450m: 16:37.64	34.24
	300m: 3:20.84 34.13	700m: 7:58.22	34.78	1100m: 12:33.38	34.72	1500m: 17:11.83	34.19
	350m: 3:55.63 34.79	750m: 8:32.41	34.19	1150m: 13:08.51	35.13		
	400m: 4:29.94 34.31	800m: 9:06.93	34.52	1200m: 13:44.00	35.49		
28.	Duarte Nuno Vieira	95		Desportivo Nacional	+0,72	17:13.66	598
	<i>FTL</i>						
	50m: 29.70 29.70	450m: 5:04.17	34.52	850m: 9:42.13	35.23	1250m: 14:23.85	35.42
	100m: 1:02.93 33.23	500m: 5:38.87	34.70	900m: 10:17.13	35.00	1300m: 14:59.26	35.41
	150m: 1:37.19 34.26	550m: 6:13.67	34.80	950m: 10:52.15	35.02	1350m: 15:34.48	35.22
	200m: 2:11.41 34.22	600m: 6:48.27	34.60	1000m: 11:27.05	34.90	1400m: 16:09.34	34.86
	250m: 2:46.11 34.70	650m: 7:22.77	34.50	1050m: 12:02.33	35.28	1450m: 16:41.87	32.53
	300m: 3:20.31 34.20	700m: 7:57.15	34.38	1100m: 12:37.64	35.31	1500m: 17:13.66	31.79
	350m: 3:54.94 34.63	750m: 8:31.88	34.73	1150m: 13:12.70	35.06		
	400m: 4:29.65 34.71	800m: 9:06.90	35.02	1200m: 13:48.43	35.73		

Prova 1, Masc., 1500m Livres, Absolutos

Lugar	Nome do nadador	Ano	Classes	Clube	T.R.	Tempo final	Pts
29.	Dany Pedro Caille	00		Braga	+0,75	17:14.34	597
	50m: 29.89 29.89	450m: 5:04.90	34.99	850m: 9:43.48	34.71	1250m: 14:22.38	35.11
	100m: 1:03.41 33.52	500m: 5:39.77	34.87	900m: 10:18.13	34.65	1300m: 14:57.24	34.86
	150m: 1:37.55 34.14	550m: 6:14.63	34.86	950m: 10:52.90	34.77	1350m: 15:32.31	35.07
	200m: 2:11.93 34.38	600m: 6:49.31	34.68	1000m: 11:27.60	34.70	1400m: 16:07.19	34.88
	250m: 2:46.29 34.36	650m: 7:24.20	34.89	1050m: 12:02.45	34.85	1450m: 16:41.61	34.42
	300m: 3:20.66 34.37	700m: 7:58.76	34.56	1100m: 12:37.19	34.74	1500m: 17:14.34	32.73
	350m: 3:55.17 34.51	750m: 8:33.72	34.96	1150m: 13:12.58	35.39		
	400m: 4:29.91 34.74	800m: 9:08.77	35.05	1200m: 13:47.27	34.69		
30.	Sergio Filipe Travanca	00		Fluvial Portuense	+0,71	17:21.19	585
	50m: 30.73 30.73	450m: 5:07.58	34.87	850m: 9:46.69	34.90	1250m: 14:27.75	35.34
	100m: 1:04.33 33.60	500m: 5:42.46	34.88	900m: 10:21.84	35.15	1300m: 15:03.20	35.45
	150m: 1:38.43 34.10	550m: 6:16.88	34.42	950m: 10:56.71	34.87	1350m: 15:38.30	35.10
	200m: 2:13.18 34.75	600m: 6:51.89	35.01	1000m: 11:31.80	35.09	1400m: 16:13.29	34.99
	250m: 2:47.94 34.76	650m: 7:26.76	34.87	1050m: 12:06.75	34.95	1450m: 16:47.90	34.61
	300m: 3:22.90 34.96	700m: 8:01.72	34.96	1100m: 12:41.79	35.04	1500m: 17:21.19	33.29
	350m: 3:57.71 34.81	750m: 8:36.55	34.83	1150m: 13:16.91	35.12		
	400m: 4:32.71 35.00	800m: 9:11.79	35.24	1200m: 13:52.41	35.50		
31.	Dario Fausto Matias	98		Torres Novas	+0,89	17:23.27	581
	<i>FTL</i>						
	50m: 31.30 31.30	450m: 5:12.80	35.07	850m: 9:52.82	34.62	1250m: 14:32.95	35.71
	100m: 1:05.80 34.50	500m: 5:47.56	34.76	900m: 10:27.34	34.52	1300m: 15:07.34	34.39
	150m: 1:41.45 35.65	550m: 6:22.80	35.24	950m: 11:02.46	35.12	1350m: 15:41.97	34.63
	200m: 2:16.62 35.17	600m: 6:57.44	34.64	1000m: 11:37.13	34.67	1400m: 16:16.33	34.36
	250m: 2:51.92 35.30	650m: 7:32.90	35.46	1050m: 12:12.34	35.21	1450m: 16:50.37	34.04
	300m: 3:26.99 35.07	700m: 8:07.73	34.83	1100m: 12:47.22	34.88	1500m: 17:23.27	32.90
	350m: 4:02.34 35.35	750m: 8:43.38	35.65	1150m: 13:22.49	35.27		
	400m: 4:37.73 35.39	800m: 9:18.20	34.82	1200m: 13:57.24	34.75		
32.	Eduardo Cardoso Lopes	99		Louletano/Loule Concelho	+0,86	17:23.40	581
	50m: 30.10 30.10	450m: 5:04.03	35.38	850m: 9:46.17	34.81	1250m: 14:28.26	35.58
	100m: 1:02.78 32.68	500m: 5:39.19	35.16	900m: 10:21.58	35.41	1300m: 15:04.15	35.89
	150m: 1:36.41 33.63	550m: 6:14.52	35.33	950m: 10:56.45	34.87	1350m: 15:38.94	34.79
	200m: 2:10.26 33.85	600m: 6:50.16	35.64	1000m: 11:31.40	34.95	1400m: 16:15.00	36.06
	250m: 2:44.72 34.46	650m: 7:25.54	35.38	1050m: 12:06.46	35.06	1450m: 16:49.71	34.71
	300m: 3:18.95 34.23	700m: 8:01.16	35.62	1100m: 12:41.61	35.15	1500m: 17:23.40	33.69
	350m: 3:54.23 35.28	750m: 8:35.77	34.61	1150m: 13:16.66	35.05		
	400m: 4:28.65 34.42	800m: 9:11.36	35.59	1200m: 13:52.68	36.02		
33.	Jose Diogo Fonseca	98		Nautico da Marinha Grande	+0,78	17:24.53	579
	<i>FTL</i>						
	50m: 31.15 31.15	450m: 5:10.27	34.87	850m: 9:51.43	34.94	1250m: 14:31.94	35.19
	100m: 1:05.19 34.04	500m: 5:45.59	35.32	900m: 10:26.49	35.06	1300m: 15:06.81	34.87
	150m: 1:39.58 34.39	550m: 6:20.61	35.02	950m: 11:01.32	34.83	1350m: 15:41.71	34.90
	200m: 2:14.59 35.01	600m: 6:55.91	35.30	1000m: 11:36.36	35.04	1400m: 16:15.73	34.02
	250m: 2:49.82 35.23	650m: 7:30.92	35.01	1050m: 12:11.47	35.11	1450m: 16:51.31	35.58
	300m: 3:24.83 35.01	700m: 8:06.24	35.32	1100m: 12:46.31	34.84	1500m: 17:24.53	33.22
	350m: 4:00.02 35.19	750m: 8:41.31	35.07	1150m: 13:21.74	35.43		
	400m: 4:35.40 35.38	800m: 9:16.49	35.18	1200m: 13:56.75	35.01		

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Prova 1, Masc., 1500m Livres, Absolutos

Lugar	Nome do nadador	Ano	Classes	Clube	T.R.	Tempo final	Pts
34.	Duarte Filipe Rodrigues	99		Alges	+0,81	17:24.64	579
	50m: 30.55 30.55	450m: 5:07.18	35.42	850m: 9:47.51	35.50	1250m: 14:27.77	35.78
	100m: 1:03.70 33.15	500m: 5:41.88	34.70	900m: 10:21.98	34.47	1300m: 15:03.14	35.37
	150m: 1:38.57 34.87	550m: 6:17.16	35.28	950m: 10:57.22	35.24	1350m: 15:39.03	35.89
	200m: 2:12.45 33.88	600m: 6:52.12	34.96	1000m: 11:31.74	34.52	1400m: 16:14.73	35.70
	250m: 2:47.55 35.10	650m: 7:27.34	35.22	1050m: 12:07.22	35.48	1450m: 16:50.14	35.41
	300m: 3:21.86 34.31	700m: 8:01.87	34.53	1100m: 12:41.98	34.76	1500m: 17:24.64	34.50
	350m: 3:57.15 35.29	750m: 8:37.53	35.66	1150m: 13:17.25	35.27		
	400m: 4:31.76 34.61	800m: 9:12.01	34.48	1200m: 13:51.99	34.74		
35.	Tiago Carlos Santos	98		Naval Amorense	+0,72	17:24.66	579
	<i>FTL</i>						
	50m: 30.85 30.85	450m: 4:59.20	34.56	850m: 9:42.55	36.46	1250m: 14:30.92	35.81
	100m: 1:02.16 31.31	500m: 5:34.32	35.12	900m: 10:19.14	36.59	1300m: 15:07.33	36.41
	150m: 1:34.12 31.96	550m: 6:09.59	35.27	950m: 10:55.60	36.46	1350m: 15:42.97	35.64
	200m: 2:07.18 33.06	600m: 6:44.74	35.15	1000m: 11:31.77	36.17	1400m: 16:17.56	34.59
	250m: 2:40.67 33.49	650m: 7:20.77	36.03	1050m: 12:07.32	35.55	1450m: 16:51.71	34.15
	300m: 3:15.65 34.98	700m: 7:56.31	35.54	1100m: 12:43.20	35.88	1500m: 17:24.66	32.95
	350m: 3:50.13 34.48	750m: 8:31.10	34.79	1150m: 13:19.68	36.48		
	400m: 4:24.64 34.51	800m: 9:06.09	34.99	1200m: 13:55.11	35.43		
36.	Andre Vilas Ruivo	00		Ba/Bomcar	+0,74	17:25.95	577
	50m: 29.63 29.63	450m: 5:01.70	34.94	850m: 9:44.77	36.17	1250m: 14:31.77	35.87
	100m: 1:02.35 32.72	500m: 5:36.16	34.46	900m: 10:20.82	36.05	1300m: 15:07.36	35.59
	150m: 1:35.60 33.25	550m: 6:11.63	35.47	950m: 10:57.03	36.21	1350m: 15:42.66	35.30
	200m: 2:09.23 33.63	600m: 6:46.95	35.32	1000m: 11:32.34	35.31	1400m: 16:17.72	35.06
	250m: 2:43.10 33.87	650m: 7:22.48	35.53	1050m: 12:08.13	35.79	1450m: 16:51.98	34.26
	300m: 3:17.55 34.45	700m: 7:57.39	34.91	1100m: 12:43.95	35.82	1500m: 17:25.95	33.97
	350m: 3:52.12 34.57	750m: 8:32.92	35.53	1150m: 13:20.00	36.05		
	400m: 4:26.76 34.64	800m: 9:08.60	35.68	1200m: 13:55.90	35.90		
37.	Joao Vitor Fernandes	00		Sao Roque	+0,78	17:26.14	577
	50m: 30.68 30.68	450m: 5:09.24	34.79	850m: 9:49.57	35.20	1250m: 14:34.16	35.46
	100m: 1:04.71 34.03	500m: 5:44.09	34.85	900m: 10:24.98	35.41	1300m: 15:09.60	35.44
	150m: 1:39.84 35.13	550m: 6:19.05	34.96	950m: 11:00.59	35.61	1350m: 15:45.41	35.81
	200m: 2:14.42 34.58	600m: 6:54.19	35.14	1000m: 11:36.17	35.58	1400m: 16:21.30	35.89
	250m: 2:49.36 34.94	650m: 7:29.45	35.26	1050m: 12:11.55	35.38	1450m: 16:55.08	33.78
	300m: 3:24.36 35.00	700m: 8:04.36	34.91	1100m: 12:47.13	35.58	1500m: 17:26.14	31.06
	350m: 3:59.40 35.04	750m: 8:39.45	35.09	1150m: 13:23.14	36.01		
	400m: 4:34.45 35.05	800m: 9:14.37	34.92	1200m: 13:58.70	35.56		
38.	Rodrigo Martins Gomes	98		FC Ferreiras	+0,84	17:26.69	576
	<i>FTL</i>						
	50m: 30.17 30.17	450m: 5:05.50	34.50	850m: 9:44.86	35.18	1250m: 14:30.49	36.15
	100m: 1:03.46 33.29	500m: 5:40.65	35.15	900m: 10:20.24	35.38	1300m: 15:06.14	35.65
	150m: 1:37.18 33.72	550m: 6:15.30	34.65	950m: 10:55.93	35.69	1350m: 15:41.57	35.43
	200m: 2:11.87 34.69	600m: 6:49.94	34.64	1000m: 11:31.05	35.12	1400m: 16:16.69	35.12
	250m: 2:46.48 34.61	650m: 7:24.42	34.48	1050m: 12:06.86	35.81	1450m: 16:52.12	35.43
	300m: 3:21.38 34.90	700m: 7:59.71	35.29	1100m: 12:42.56	35.70	1500m: 17:26.69	34.57
	350m: 3:55.92 34.54	750m: 8:34.66	34.95	1150m: 13:18.26	35.70		
	400m: 4:31.00 35.08	800m: 9:09.68	35.02	1200m: 13:54.34	36.08		

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Lugar	Nome do nadador	Ano	Classes	Clube	T.R.	Tempo final	Pts
39.	Joao Magalhaes Nunes	99		Belenenses	+0,90	17:26.81	576
	50m: 32.52 32.52	450m: 5:13.19	34.85	850m: 9:51.29	34.21	1250m: 14:30.46	35.59
	100m: 1:07.61 35.09	500m: 5:48.15	34.96	900m: 10:25.30	34.01	1300m: 15:06.19	35.73
	150m: 1:42.56 34.95	550m: 6:22.77	34.62	950m: 10:59.71	34.41	1350m: 15:41.54	35.35
	200m: 2:18.03 35.47	600m: 6:57.54	34.77	1000m: 11:34.24	34.53	1400m: 16:16.76	35.22
	250m: 2:52.66 34.63	650m: 7:32.51	34.97	1050m: 12:08.93	34.69	1450m: 16:52.65	35.89
	300m: 3:27.93 35.27	700m: 8:07.00	34.49	1100m: 12:44.37	35.44	1500m: 17:26.81	34.16
	350m: 4:03.25 35.32	750m: 8:42.13	35.13	1150m: 13:19.35	34.98		
	400m: 4:38.34 35.09	800m: 9:17.08	34.95	1200m: 13:54.87	35.52		
40.	Rui Jorge Lopes	00		CLAC-Entroncamento	+0,91	17:26.89	575
	50m: 31.22 31.22	450m: 5:10.88	34.97	850m: 9:53.45	35.14	1250m: 14:34.80	35.02
	100m: 1:05.13 33.91	500m: 5:46.51	35.63	900m: 10:28.94	35.49	1300m: 15:10.36	35.56
	150m: 1:39.56 34.43	550m: 6:21.47	34.96	950m: 11:03.63	34.69	1350m: 15:44.98	34.62
	200m: 2:14.82 35.26	600m: 6:57.01	35.54	1000m: 11:39.19	35.56	1400m: 16:20.25	35.27
	250m: 2:49.59 34.77	650m: 7:32.21	35.20	1050m: 12:14.10	34.91	1450m: 16:54.15	33.90
	300m: 3:25.22 35.63	700m: 8:07.73	35.52	1100m: 12:49.41	35.31	1500m: 17:26.89	32.74
	350m: 4:00.32 35.10	750m: 8:42.76	35.03	1150m: 13:24.45	35.04		
	400m: 4:35.91 35.59	800m: 9:18.31	35.55	1200m: 13:59.78	35.33		
41.	Tiago Cunha Costa	99		Sporting	+0,94	17:27.13	575
	50m: 30.17 30.17	450m: 5:04.78	34.73	850m: 9:46.34	35.64	1250m: 14:31.14	35.70
	100m: 1:03.65 33.48	500m: 5:39.90	35.12	900m: 10:21.35	35.01	1300m: 15:07.05	35.91
	150m: 1:37.75 34.10	550m: 6:14.79	34.89	950m: 10:57.06	35.71	1350m: 15:42.57	35.52
	200m: 2:11.93 34.18	600m: 6:49.87	35.08	1000m: 11:32.89	35.83	1400m: 16:18.21	35.64
	250m: 2:46.00 34.07	650m: 7:24.82	34.95	1050m: 12:08.71	35.82	1450m: 16:53.31	35.10
	300m: 3:20.51 34.51	700m: 8:00.14	35.32	1100m: 12:43.90	35.19	1500m: 17:27.13	33.82
	350m: 3:55.30 34.79	750m: 8:35.58	35.44	1150m: 13:19.79	35.89		
	400m: 4:30.05 34.75	800m: 9:10.70	35.12	1200m: 13:55.44	35.65		
42.	Henrique Mourinho Neves	97		Alges	+0,66	17:31.97	567
	<i>FTL</i>						
	50m: 29.47 29.47	450m: 5:06.48	35.17	850m: 9:52.32	35.56	1250m: 14:36.88	34.91
	100m: 1:02.33 32.86	500m: 5:42.34	35.86	900m: 10:28.35	36.03	1300m: 15:12.47	35.59
	150m: 1:36.24 33.91	550m: 6:18.02	35.68	950m: 11:04.16	35.81	1350m: 15:48.38	35.91
	200m: 2:10.97 34.73	600m: 6:53.78	35.76	1000m: 11:40.12	35.96	1400m: 16:24.50	36.12
	250m: 2:45.50 34.53	650m: 7:29.35	35.57	1050m: 12:14.84	34.72	1450m: 16:57.60	33.10
	300m: 3:20.60 35.10	700m: 8:05.37	36.02	1100m: 12:50.54	35.70	1500m: 17:31.97	34.37
	350m: 3:55.55 34.95	750m: 8:40.91	35.54	1150m: 13:26.13	35.59		
	400m: 4:31.31 35.76	800m: 9:16.76	35.85	1200m: 14:01.97	35.84		
43.	Francisco Xavier Tomas	00		Alcobaca	+0,49	17:33.20	565
	50m: 30.86 30.86	450m: 5:12.81	35.87	850m: 9:55.10	35.06	1250m: 14:38.47	35.70
	100m: 1:05.01 34.15	500m: 5:48.11	35.30	900m: 10:30.24	35.14	1300m: 15:14.12	35.65
	150m: 1:40.65 35.64	550m: 6:23.84	35.73	950m: 11:05.77	35.53	1350m: 15:49.98	35.86
	200m: 2:15.47 34.82	600m: 6:59.27	35.43	1000m: 11:40.89	35.12	1400m: 16:25.41	35.43
	250m: 2:50.80 35.33	650m: 7:34.75	35.48	1050m: 12:16.35	35.46	1450m: 17:00.62	35.21
	300m: 3:25.78 34.98	700m: 8:10.25	35.50	1100m: 12:51.68	35.33	1500m: 17:33.20	32.58
	350m: 4:01.46 35.68	750m: 8:45.12	34.87	1150m: 13:27.37	35.69		
	400m: 4:36.94 35.48	800m: 9:20.04	34.92	1200m: 14:02.77	35.40		

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Lugar	Nome do nadador	Ano	Classes	Clube	T.R.	Tempo final	Pts
44.	Miguel Angelo Silvestre	97		Alcobaca	+0,67	17:33.56	565
	<i>FTL</i>						
	50m: 29.71 29.71	450m: 5:03.97	35.07	850m: 9:48.40	35.83	1250m: 14:35.99	35.75
	100m: 1:02.83 33.12	500m: 5:39.15	35.18	900m: 10:24.16	35.76	1300m: 15:11.72	35.73
	150m: 1:35.80 32.97	550m: 6:14.35	35.20	950m: 10:59.46	35.30	1350m: 15:47.72	36.00
	200m: 2:09.70 33.90	600m: 6:49.82	35.47	1000m: 11:35.97	36.51	1400m: 16:23.88	36.16
	250m: 2:44.06 34.36	650m: 7:25.61	35.79	1050m: 12:11.82	35.85	1450m: 16:59.16	35.28
	300m: 3:18.97 34.91	700m: 8:01.20	35.59	1100m: 12:48.01	36.19	1500m: 17:33.56	34.40
	350m: 3:53.75 34.78	750m: 8:36.97	35.77	1150m: 13:23.88	35.87		
	400m: 4:28.90 35.15	800m: 9:12.57	35.60	1200m: 14:00.24	36.36		
45.	Tiago Douwens Paula	99		Sporting	+0,79	17:35.67	561
	50m: 30.64 30.64	450m: 5:10.75	35.20	850m: 9:53.98	35.43	1250m: 14:38.01	35.48
	100m: 1:04.22 33.58	500m: 5:46.15	35.40	900m: 10:29.71	35.73	1300m: 15:13.61	35.60
	150m: 1:38.63 34.41	550m: 6:21.64	35.49	950m: 11:05.12	35.41	1350m: 15:49.50	35.89
	200m: 2:14.26 35.63	600m: 6:57.32	35.68	1000m: 11:40.59	35.47	1400m: 16:25.56	36.06
	250m: 2:49.46 35.20	650m: 7:32.34	35.02	1050m: 12:16.24	35.65	1450m: 17:01.08	35.52
	300m: 3:24.79 35.33	700m: 8:07.59	35.25	1100m: 12:51.81	35.57	1500m: 17:35.67	34.59
	350m: 4:00.09 35.30	750m: 8:43.09	35.50	1150m: 13:27.14	35.33		
	400m: 4:35.55 35.46	800m: 9:18.55	35.46	1200m: 14:02.53	35.39		
46.	Diogo Rosado Leca	98		Colegio Monte Maior	+1,10	17:39.39	555
	<i>FTL</i>						
	50m: 31.33 31.33	450m: 5:09.00	35.11	850m: 9:53.83	35.98	1250m: 14:42.21	36.02
	100m: 1:04.55 33.22	500m: 5:44.14	35.14	900m: 10:29.51	35.68	1300m: 15:18.19	35.98
	150m: 1:38.91 34.36	550m: 6:19.58	35.44	950m: 11:05.44	35.93	1350m: 15:54.25	36.06
	200m: 2:13.66 34.75	600m: 6:55.67	36.09	1000m: 11:41.32	35.88	1400m: 16:30.15	35.90
	250m: 2:48.90 35.24	650m: 7:31.44	35.77	1050m: 12:17.53	36.21	1450m: 17:05.79	35.64
	300m: 3:24.26 35.36	700m: 8:06.92	35.48	1100m: 12:53.70	36.17	1500m: 17:39.39	33.60
	350m: 3:59.04 34.78	750m: 8:42.01	35.09	1150m: 13:29.86	36.16		
	400m: 4:33.89 34.85	800m: 9:17.85	35.84	1200m: 14:06.19	36.33		
47.	Nelson Pereira Malheiros	99		Litoral Alentejano	+0,72	17:39.72	555
	50m: 30.99 30.99	450m: 5:11.14	35.56	850m: 9:58.93	36.04	1250m: 14:43.53	34.71
	100m: 1:03.92 32.93	500m: 5:46.94	35.80	900m: 10:35.15	36.22	1300m: 15:18.59	35.06
	150m: 1:38.61 34.69	550m: 6:22.07	35.13	950m: 11:11.27	36.12	1350m: 15:53.89	35.30
	200m: 2:13.45 34.84	600m: 6:58.73	36.66	1000m: 11:47.49	36.22	1400m: 16:29.82	35.93
	250m: 2:48.62 35.17	650m: 7:34.66	35.93	1050m: 12:23.35	35.86	1450m: 17:05.50	35.68
	300m: 3:24.35 35.73	700m: 8:10.79	36.13	1100m: 12:58.97	35.62	1500m: 17:39.72	34.22
	350m: 3:59.82 35.47	750m: 8:46.94	36.15	1150m: 13:33.98	35.01		
	400m: 4:35.58 35.76	800m: 9:22.89	35.95	1200m: 14:08.82	34.84		
48.	Diogo Moreno Bastos	00		Fluvial Portuense	+0,86	17:43.73	549
	50m: 31.10 31.10	450m: 5:13.00	35.75	850m: 9:58.65	35.30	1250m: 14:45.27	35.77
	100m: 1:05.03 33.93	500m: 5:48.83	35.83	900m: 10:34.54	35.89	1300m: 15:21.64	36.37
	150m: 1:40.06 35.03	550m: 6:24.89	36.06	950m: 11:10.14	35.60	1350m: 15:58.73	37.09
	200m: 2:15.27 35.21	600m: 7:00.44	35.55	1000m: 11:46.09	35.95	1400m: 16:35.20	36.47
	250m: 2:50.63 35.36	650m: 7:36.02	35.58	1050m: 12:22.56	36.47	1450m: 17:10.53	35.33
	300m: 3:26.13 35.50	700m: 8:12.03	36.01	1100m: 12:58.06	35.50	1500m: 17:43.73	33.20
	350m: 4:01.89 35.76	750m: 8:47.74	35.71	1150m: 13:34.04	35.98		
	400m: 4:37.25 35.36	800m: 9:23.35	35.61	1200m: 14:09.50	35.46		

Prova 1, Masc., 1500m Livres, Absolutos

Lugar	Nome do nadador	Ano	Classes	Clube	T.R.	Tempo final	Pts
49.	Nuno Rafael Silva	99		Colegio Monte Maior	+0,84	17:43.84	548
	50m: 32.05 32.05	450m: 5:16.46	35.33	850m: 10:01.57	35.72	1250m: 14:48.77	36.02
	100m: 1:07.50 35.45	500m: 5:51.97	35.51	900m: 10:37.19	35.62	1300m: 15:25.44	36.67
	150m: 1:43.34 35.84	550m: 6:27.39	35.42	950m: 11:12.69	35.50	1350m: 16:00.85	35.41
	200m: 2:19.47 36.13	600m: 7:03.20	35.81	1000m: 11:48.23	35.54	1400m: 16:37.64	36.79
	250m: 2:54.94 35.47	650m: 7:38.53	35.33	1050m: 12:23.89	35.66	1450m: 17:11.38	33.74
	300m: 3:30.56 35.62	700m: 8:14.49	35.96	1100m: 13:00.26	36.37	1500m: 17:43.84	32.46
	350m: 4:05.40 34.84	750m: 8:50.15	35.66	1150m: 13:36.37	36.11		
	400m: 4:41.13 35.73	800m: 9:25.85	35.70	1200m: 14:12.75	36.38		
50.	Andre Alexandre Santos	99		Sporting	+0,92	17:44.55	547
	50m: 31.05 31.05	450m: 5:11.33	35.26	850m: 9:57.65	35.51	1250m: 14:45.19	36.15
	100m: 1:05.13 34.08	500m: 5:46.96	35.63	900m: 10:34.18	36.53	1300m: 15:21.41	36.22
	150m: 1:39.24 34.11	550m: 6:22.44	35.48	950m: 11:09.81	35.63	1350m: 15:58.00	36.59
	200m: 2:14.72 35.48	600m: 6:58.61	36.17	1000m: 11:45.49	35.68	1400m: 16:34.22	36.22
	250m: 2:49.44 34.72	650m: 7:34.33	35.72	1050m: 12:20.50	35.01	1450m: 17:10.12	35.90
	300m: 3:25.23 35.79	700m: 8:09.81	35.48	1100m: 12:56.17	35.67	1500m: 17:44.55	34.43
	350m: 4:00.56 35.33	750m: 8:45.62	35.81	1150m: 13:32.05	35.88		
	400m: 4:36.07 35.51	800m: 9:22.14	36.52	1200m: 14:09.04	36.99		
51.	Rafael Gomes Simoes	00		Desportos Barcelos	+0,86	17:45.09	546
	50m: 29.59 29.59	450m: 5:12.37	36.13	850m: 9:59.22	36.28	1250m: 14:47.10	36.31
	100m: 1:03.39 33.80	500m: 5:48.48	36.11	900m: 10:35.51	36.29	1300m: 15:23.36	36.26
	150m: 1:38.50 35.11	550m: 6:24.31	35.83	950m: 11:11.33	35.82	1350m: 15:59.60	36.24
	200m: 2:13.47 34.97	600m: 6:59.94	35.63	1000m: 11:47.24	35.91	1400m: 16:35.45	35.85
	250m: 2:48.81 35.34	650m: 7:35.95	36.01	1050m: 12:23.38	36.14	1450m: 17:11.59	36.14
	300m: 3:24.35 35.54	700m: 8:11.55	35.60	1100m: 12:59.44	36.06	1500m: 17:45.09	33.50
	350m: 4:00.22 35.87	750m: 8:47.09	35.54	1150m: 13:35.01	35.57		
	400m: 4:36.24 36.02	800m: 9:22.94	35.85	1200m: 14:10.79	35.78		
52.	Sebastiao Mendes Gomes	00		Pimpoes/Cimai	+0,82	17:51.15	537
	50m: 31.05 31.05	450m: 5:14.99	34.99	850m: 10:01.00	35.19	1250m: 14:52.35	36.83
	100m: 1:06.29 35.24	500m: 5:51.34	36.35	900m: 10:37.87	36.87	1300m: 15:28.99	36.64
	150m: 1:41.87 35.58	550m: 6:26.37	35.03	950m: 11:14.17	36.30	1350m: 16:04.55	35.56
	200m: 2:17.45 35.58	600m: 7:01.96	35.59	1000m: 11:49.78	35.61	1400m: 16:41.13	36.58
	250m: 2:52.94 35.49	650m: 7:37.85	35.89	1050m: 12:26.11	36.33	1450m: 17:16.22	35.09
	300m: 3:28.82 35.88	700m: 8:14.05	36.20	1100m: 13:02.29	36.18	1500m: 17:51.15	34.93
	350m: 4:04.62 35.80	750m: 8:48.77	34.72	1150m: 13:37.99	35.70		
	400m: 4:40.00 35.38	800m: 9:25.81	37.04	1200m: 14:15.52	37.53		
53.	David Dias Lima	00		Vilacondense	+0,71	17:51.78	536
	50m: 30.72 30.72	450m: 5:13.76	35.94	850m: 10:01.74	35.36	1250m: 14:52.82	36.92
	100m: 1:04.90 34.18	500m: 5:49.57	35.81	900m: 10:37.43	35.69	1300m: 15:29.61	36.79
	150m: 1:40.42 35.52	550m: 6:25.82	36.25	950m: 11:13.98	36.55	1350m: 16:06.18	36.57
	200m: 2:15.37 34.95	600m: 7:02.29	36.47	1000m: 11:50.05	36.07	1400m: 16:42.57	36.39
	250m: 2:50.67 35.30	650m: 7:38.92	36.63	1050m: 12:25.76	35.71	1450m: 17:17.42	34.85
	300m: 3:26.10 35.43	700m: 8:14.88	35.96	1100m: 13:02.15	36.39	1500m: 17:51.78	34.36
	350m: 4:01.89 35.79	750m: 8:51.27	36.39	1150m: 13:39.36	37.21		
	400m: 4:37.82 35.93	800m: 9:26.38	35.11	1200m: 14:15.90	36.54		
54.	Nuno Correia Sousa	00		Fluvial Portuense	+0,80	17:53.40	534
	50m: 30.70 30.70	450m: 5:14.64	36.29	850m: 10:03.72	36.49	1250m: 14:54.80	36.99
	100m: 1:04.82 34.12	500m: 5:50.34	35.70	900m: 10:39.26	35.54	1300m: 15:30.85	36.05
	150m: 1:40.33 35.51	550m: 6:26.58	36.24	950m: 11:16.03	36.77	1350m: 16:07.65	36.80
	200m: 2:15.52 35.19	600m: 7:02.38	35.80	1000m: 11:51.91	35.88	1400m: 16:43.26	35.61
	250m: 2:51.29 35.77	650m: 7:38.92	36.54	1050m: 12:28.94	37.03	1450m: 17:19.62	36.36
	300m: 3:26.77 35.48	700m: 8:15.05	36.13	1100m: 13:04.69	35.75	1500m: 17:53.40	33.78
	350m: 4:03.18 36.41	750m: 8:51.76	36.71	1150m: 13:41.68	36.99		
	400m: 4:38.35 35.17	800m: 9:27.23	35.47	1200m: 14:17.81	36.13		

Campeonato Nacional de Juvenis, Juniores, Seniores e Absolutos PL
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Prova 1, Masc., 1500m Livres, Absolutos

Lugar	Nome do nadador	Ano	Classes	Clube	T.R.	Tempo final	Pts
55.	Filipe Miguel Santo	00		Sporting	+0,92	17:54.42	532
	50m: 31.42 31.42	450m: 5:12.51	36.12	850m: 10:01.74	36.28	1250m: 14:52.74	36.64
	100m: 1:05.00 33.58	500m: 5:48.79	36.28	900m: 10:38.11	36.37	1300m: 15:29.33	36.59
	150m: 1:40.08 35.08	550m: 6:24.85	36.06	950m: 11:14.60	36.49	1350m: 16:05.92	36.59
	200m: 2:14.83 34.75	600m: 7:00.77	35.92	1000m: 11:51.22	36.62	1400m: 16:42.50	36.58
	250m: 2:50.16 35.33	650m: 7:37.00	36.23	1050m: 12:27.27	36.05	1450m: 17:18.73	36.23
	300m: 3:24.98 34.82	700m: 8:12.91	35.91	1100m: 13:03.41	36.14	1500m: 17:54.42	35.69
	350m: 4:00.72 35.74	750m: 8:49.35	36.44	1150m: 13:39.59	36.18		
	400m: 4:36.39 35.67	800m: 9:25.46	36.11	1200m: 14:16.10	36.51		
56.	Albino David Almeida	99		O Crasto	+0,64	18:02.57	520
	<i>FTL</i>						
	50m: 29.96 29.96	450m: 5:15.64	36.28	850m: 10:07.05	36.63	1250m: 15:00.41	36.79
	100m: 1:03.90 33.94	500m: 5:51.81	36.17	900m: 10:43.75	36.70	1300m: 15:37.12	36.71
	150m: 1:39.52 35.62	550m: 6:28.39	36.58	950m: 11:20.13	36.38	1350m: 16:14.16	37.04
	200m: 2:15.06 35.54	600m: 7:04.34	35.95	1000m: 11:56.95	36.82	1400m: 16:51.14	36.98
	250m: 2:50.91 35.85	650m: 7:40.83	36.49	1050m: 12:33.61	36.66	1450m: 17:27.81	36.67
	300m: 3:27.11 36.20	700m: 8:17.10	36.27	1100m: 13:09.90	36.29	1500m: 18:02.57	34.76
	350m: 4:03.39 36.28	750m: 8:54.11	37.01	1150m: 13:47.27	37.37		
	400m: 4:39.36 35.97	800m: 9:30.42	36.31	1200m: 14:23.62	36.35		
57.	Pedro Ferraz Esteves	99		Belenenses	+0,73	18:32.09	480
	<i>FTL</i>						
	50m: 32.09 32.09	450m: 5:30.18	37.78	850m: 10:26.66	35.15	1250m: 15:25.68	37.60
	100m: 1:07.64 35.55	500m: 6:08.21	38.03	900m: 11:02.55	35.89	1300m: 16:03.79	38.11
	150m: 1:44.30 36.66	550m: 6:45.98	37.77	950m: 11:38.78	36.23	1350m: 16:41.79	38.00
	200m: 2:21.65 37.35	600m: 7:23.40	37.42	1000m: 12:16.40	37.62	1400m: 17:19.72	37.93
	250m: 2:59.26 37.61	650m: 7:59.95	36.55	1050m: 12:53.39	36.99	1450m: 17:56.55	36.83
	300m: 3:36.80 37.54	700m: 8:36.89	36.94	1100m: 13:32.27	38.88	1500m: 18:32.09	35.54
	350m: 4:14.74 37.94	750m: 9:14.44	37.55	1150m: 14:10.33	38.06		
	400m: 4:52.40 37.66	800m: 9:51.51	37.07	1200m: 14:48.08	37.75		
58.	Filipe Asseiceira Ramos	00		Torres Novas	+1,09	18:34.75	477
	<i>FTL</i>						
	50m: 31.71 31.71	450m: 5:23.91	37.05	850m: 10:23.03	37.05	1250m: 15:27.05	38.38
	100m: 1:07.66 35.95	500m: 6:00.87	36.96	900m: 11:00.99	37.96	1300m: 16:05.07	38.02
	150m: 1:43.58 35.92	550m: 6:37.85	36.98	950m: 11:38.96	37.97	1350m: 16:43.20	38.13
	200m: 2:20.42 36.84	600m: 7:14.95	37.10	1000m: 12:16.97	38.01	1400m: 17:20.84	37.64
	250m: 2:56.48 36.06	650m: 7:52.49	37.54	1050m: 12:54.86	37.89	1450m: 17:58.34	37.50
	300m: 3:33.28 36.80	700m: 8:30.00	37.51	1100m: 13:33.11	38.25	1500m: 18:34.75	36.41
	350m: 4:09.62 36.34	750m: 9:07.79	37.79	1150m: 14:11.22	38.11		
	400m: 4:46.86 37.24	800m: 9:45.98	38.19	1200m: 14:48.67	37.45		
DSQ	Jose Pedro Fernandes	99		Braga			
	<i>403 - Falsa partida - SW 4.4</i>						
DNS	Andre Pereira Coelho	98		Alcobaca			

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Prova 1, Masc., 1500m Livres

Prova 1
01-04-2015 - 17:10

Masc., 1500m Livres
SOMAGUE

Seniores
Resultados

Rec Nac Absoluto	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007
Rec Nac Sen	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007

Pontos: FINA 2015

Lugar	Nome do nadador	Ano	Classes	Clube	T.R.	Tempo final	Pts
1.	Rafael Lourenco Gil	96		Naval Amorense	+0,82	15:58.52	750
	50m: 27.86 27.86	450m: 4:37.32	31.63	850m: 8:53.93	32.36	1250m: 13:12.62	32.80
	100m: 58.06 30.20	500m: 5:08.80	31.48	900m: 9:25.85	31.92	1300m: 13:45.75	33.13
	150m: 1:29.01 30.95	550m: 5:40.89	32.09	950m: 9:58.09	32.24	1350m: 14:18.84	33.09
	200m: 2:00.07 31.06	600m: 6:12.84	31.95	1000m: 10:30.27	32.18	1400m: 14:51.90	33.06
	250m: 2:31.48 31.41	650m: 6:44.95	32.11	1050m: 11:02.62	32.35	1450m: 15:25.28	33.38
	300m: 3:02.81 31.33	700m: 7:17.07	32.12	1100m: 11:34.90	32.28	1500m: 15:58.52	33.24
	350m: 3:34.24 31.43	750m: 7:49.45	32.38	1150m: 12:07.28	32.38		
	400m: 4:05.69 31.45	800m: 8:21.57	32.12	1200m: 12:39.82	32.54		
2.	Mario Andre Bonanca	90		Sporting	+0,82	16:08.79	726
	50m: 28.32 28.32	450m: 4:42.24	32.55	850m: 9:05.41	32.81	1250m: 13:29.51	32.85
	100m: 59.19 30.87	500m: 5:14.86	32.62	900m: 9:38.50	33.09	1300m: 14:02.06	32.55
	150m: 1:30.47 31.28	550m: 5:47.92	33.06	950m: 10:11.33	32.83	1350m: 14:34.83	32.77
	200m: 2:01.59 31.12	600m: 6:21.05	33.13	1000m: 10:44.59	33.26	1400m: 15:07.15	32.32
	250m: 2:33.47 31.88	650m: 6:54.12	33.07	1050m: 11:17.53	32.94	1450m: 15:39.13	31.98
	300m: 3:05.10 31.63	700m: 7:26.89	32.77	1100m: 11:50.58	33.05	1500m: 16:08.79	29.66
	350m: 3:37.28 32.18	750m: 7:59.54	32.65	1150m: 12:23.60	33.02		
	400m: 4:09.69 32.41	800m: 8:32.60	33.06	1200m: 12:56.66	33.06		
3.	Tiago Silva Oliveira	94		Leixoes	+0,70	16:09.10	726
	50m: 28.29 28.29	450m: 4:43.58	32.36	850m: 9:03.78	32.67	1250m: 13:27.08	32.96
	100m: 59.24 30.95	500m: 5:16.07	32.49	900m: 9:36.46	32.68	1300m: 14:00.25	33.17
	150m: 1:30.75 31.51	550m: 5:48.60	32.53	950m: 10:09.54	33.08	1350m: 14:33.52	33.27
	200m: 2:02.53 31.78	600m: 6:21.00	32.40	1000m: 10:42.49	32.95	1400m: 15:06.76	33.24
	250m: 2:34.35 31.82	650m: 6:53.48	32.48	1050m: 11:15.39	32.90	1500m: 16:09.10	1:02.34
	300m: 3:06.44 32.09	700m: 7:26.07	32.59	1100m: 11:48.24	32.85		
	350m: 3:38.66 32.22	750m: 7:58.67	32.60	1150m: 12:21.30	33.06		
	400m: 4:11.22 32.56	800m: 8:31.11	32.44	1200m: 12:54.12	32.82		
4.	Vasco Miguel Gaspar	90		Uniao Piedense	+0,76	16:18.76	704
	50m: 28.80 28.80	450m: 4:46.55	32.25	850m: 9:08.15	32.93	1250m: 13:33.05	33.43
	100m: 1:00.68 31.88	500m: 5:19.11	32.56	900m: 9:41.53	33.38	1300m: 14:06.17	33.12
	150m: 1:32.58 31.90	550m: 5:51.53	32.42	950m: 10:14.33	32.80	1350m: 14:39.40	33.23
	200m: 2:05.19 32.61	600m: 6:24.16	32.63	1000m: 10:47.49	33.16	1400m: 15:12.90	33.50
	250m: 2:37.08 31.89	650m: 6:56.76	32.60	1050m: 11:20.10	32.61	1450m: 15:46.00	33.10
	300m: 3:09.27 32.19	700m: 7:29.66	32.90	1100m: 11:53.24	33.14	1500m: 16:18.76	32.76
	350m: 3:41.71 32.44	750m: 8:02.29	32.63	1150m: 12:26.51	33.27		
	400m: 4:14.30 32.59	800m: 8:35.22	32.93	1200m: 12:59.62	33.11		
5.	Pedro Maria Bessa	95		Vilacondense	+0,77	16:24.58	692
	50m: 29.59 29.59	450m: 4:52.32	33.30	850m: 9:19.29	32.92	1250m: 13:40.93	32.48
	100m: 1:01.17 31.58	500m: 5:25.83	33.51	900m: 9:52.46	33.17	1300m: 14:14.17	33.24
	150m: 1:33.80 32.63	550m: 5:59.44	33.61	950m: 10:25.35	32.89	1350m: 14:47.51	33.34
	200m: 2:06.20 32.40	600m: 6:32.69	33.25	1000m: 10:58.44	33.09	1400m: 15:20.80	33.29
	250m: 2:39.28 33.08	650m: 7:06.31	33.62	1050m: 11:30.49	32.05	1450m: 15:53.21	32.41
	300m: 3:12.59 33.31	700m: 7:40.01	33.70	1100m: 12:03.11	32.62	1500m: 16:24.58	31.37
	350m: 3:45.65 33.06	750m: 8:13.25	33.24	1150m: 12:35.69	32.58		
	400m: 4:19.02 33.37	800m: 8:46.37	33.12	1200m: 13:08.45	32.76		

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Prova 1, Masc., 1500m Livres, Seniores

Lugar	Nome do nadador	Ano	Classes	Clube	T.R.	Tempo final	Pts	
6.	Joao Andre Neves	95		Academica de Coimbra	+0,77	16:35.92	668	
	50m: 29.84	29.84	450m: 4:52.87	32.95	850m: 9:20.50	33.09	1250m: 13:49.60	33.29
	100m: 1:02.67	32.83	500m: 5:26.68	33.81	900m: 9:54.81	34.31	1300m: 14:23.93	34.33
	150m: 1:34.79	32.12	550m: 5:59.71	33.03	950m: 10:27.93	33.12	1350m: 14:56.94	33.01
	200m: 2:07.91	33.12	600m: 6:33.85	34.14	1000m: 11:02.01	34.08	1400m: 15:31.11	34.17
	250m: 2:40.37	32.46	650m: 7:06.86	33.01	1050m: 11:35.05	33.04	1450m: 16:03.46	32.35
	300m: 3:13.44	33.07	700m: 7:40.64	33.78	1100m: 12:09.04	33.99	1500m: 16:35.92	32.46
	350m: 3:46.02	32.58	750m: 8:13.46	32.82	1150m: 12:42.12	33.08		
	400m: 4:19.92	33.90	800m: 8:47.41	33.95	1200m: 13:16.31	34.19		
7.	Joao Nuno Pires	94		Academica de Coimbra	+0,68	16:41.70	657	
	50m: 29.60	29.60	450m: 4:53.21	33.25	850m: 9:20.92	33.11	1250m: 13:51.75	33.94
	100m: 1:01.97	32.37	500m: 5:26.72	33.51	900m: 9:54.75	33.83	1300m: 14:25.59	33.84
	150m: 1:34.42	32.45	550m: 5:59.95	33.23	950m: 10:28.27	33.52	1350m: 14:59.43	33.84
	200m: 2:07.29	32.87	600m: 6:33.86	33.91	1000m: 11:02.51	34.24	1400m: 15:33.96	34.53
	250m: 2:39.62	32.33	650m: 7:07.10	33.24	1050m: 11:35.93	33.42	1450m: 16:07.71	33.75
	300m: 3:13.22	33.60	700m: 7:40.96	33.86	1100m: 12:09.86	33.93	1500m: 16:41.70	33.99
	350m: 3:46.34	33.12	750m: 8:13.95	32.99	1150m: 12:43.52	33.66		
	400m: 4:19.96	33.62	800m: 8:47.81	33.86	1200m: 13:17.81	34.29		
8.	Pedro Veiguinha Martins	96		Braga	+0,79	16:43.07	654	
	50m: 30.31	30.31	450m: 4:58.23	33.51	850m: 9:25.73	34.30	1250m: 13:58.44	35.06
	100m: 1:02.58	32.27	500m: 5:31.24	33.01	900m: 9:59.29	33.56	1300m: 14:31.68	33.24
	150m: 1:36.52	33.94	550m: 6:04.92	33.68	950m: 10:33.70	34.41	1350m: 15:06.05	34.37
	200m: 2:10.13	33.61	600m: 6:37.18	32.26	1000m: 11:07.41	33.71	1400m: 15:39.91	33.86
	250m: 2:43.85	33.72	650m: 7:10.63	33.45	1050m: 11:41.75	34.34	1450m: 16:13.17	33.26
	300m: 3:17.29	33.44	700m: 7:43.91	33.28	1100m: 12:15.38	33.63	1500m: 16:43.07	29.90
	350m: 3:51.16	33.87	750m: 8:17.88	33.97	1150m: 12:49.51	34.13		
	400m: 4:24.72	33.56	800m: 8:51.43	33.55	1200m: 13:23.38	33.87		
9.	Pedro Rafael Garcia	96		Academico Viseu	+0,74	16:57.76	626	
	<i>FTL</i>							
	50m: 29.40	29.40	450m: 4:55.94	34.01	850m: 9:29.61	34.55	1250m: 14:05.21	34.70
	100m: 1:00.71	31.31	500m: 5:30.02	34.08	900m: 10:03.88	34.27	1300m: 14:40.17	34.96
	150m: 1:33.57	32.86	550m: 6:04.19	34.17	950m: 10:38.52	34.64	1350m: 15:14.95	34.78
	200m: 2:06.76	33.19	600m: 6:37.87	33.68	1000m: 11:12.74	34.22	1400m: 15:49.74	34.79
	250m: 2:40.36	33.60	650m: 7:12.14	34.27	1050m: 11:47.39	34.65	1450m: 16:24.23	34.49
	300m: 3:14.09	33.73	700m: 7:46.39	34.25	1100m: 12:21.60	34.21	1500m: 16:57.76	33.53
	350m: 3:47.89	33.80	750m: 8:20.82	34.43	1150m: 12:55.98	34.38		
	400m: 4:21.93	34.04	800m: 8:55.06	34.24	1200m: 13:30.51	34.53		
10.	Duarte Nuno Vieira	95		Desportivo Nacional	+0,72	17:13.66	598	
	<i>FTL</i>							
	50m: 29.70	29.70	450m: 5:04.17	34.52	850m: 9:42.13	35.23	1250m: 14:23.85	35.42
	100m: 1:02.93	33.23	500m: 5:38.87	34.70	900m: 10:17.13	35.00	1300m: 14:59.26	35.41
	150m: 1:37.19	34.26	550m: 6:13.67	34.80	950m: 10:52.15	35.02	1350m: 15:34.48	35.22
	200m: 2:11.41	34.22	600m: 6:48.27	34.60	1000m: 11:27.05	34.90	1400m: 16:09.34	34.86
	250m: 2:46.11	34.70	650m: 7:22.77	34.50	1050m: 12:02.33	35.28	1450m: 16:41.87	32.53
	300m: 3:20.31	34.20	700m: 7:57.15	34.38	1100m: 12:37.64	35.31	1500m: 17:13.66	31.79
	350m: 3:54.94	34.63	750m: 8:31.88	34.73	1150m: 13:12.70	35.06		
	400m: 4:29.65	34.71	800m: 9:06.90	35.02	1200m: 13:48.43	35.73		

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Prova 1, Masc., 1500m Livres

Prova 1 Masc., 1500m Livres
01-04-2015 - 17:10 SOMAGUE Juniiores
Resultados

Rec Nac Absoluto	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007
Rec Nac Jun17	15:51.43	Gustavo Manuel Santa	FPN	Helsinki (FIN)	10-07-2010
Rec Nac Jun18	15:34.51	Fernando Eurico Costa	FPN	Luxemburgo (LUX)	24-01-2003

TAC JUN18 Masc Jun18: 17:06.34 / TAC JUN17 Masc Jun17: 17:21.21

Pontos: FINA 2015

Lugar	Nome do nadador	Ano	Classes	Clube	T.R.	Tempo final	Pts
1.	Alexandre Valdagua Coutinhc97			Columbofila Cantanhedense	+0,70	15:48.60	774
	50m: 28.06 28.06	450m: 4:37.74	31.43	850m: 8:53.80	32.24	1250m: 13:10.06	31.65
	100m: 58.63 30.57	500m: 5:09.45	31.71	900m: 9:25.99	32.19	1300m: 13:41.73	31.67
	150m: 1:29.24 30.61	550m: 5:41.31	31.86	950m: 9:58.21	32.22	1350m: 14:13.59	31.86
	200m: 2:00.55 31.31	600m: 6:13.09	31.78	1000m: 10:30.30	32.09	1400m: 14:45.49	31.90
	250m: 2:31.88 31.33	650m: 6:44.98	31.89	1050m: 11:02.53	32.23	1450m: 15:17.60	32.11
	300m: 3:03.20 31.32	700m: 7:17.32	32.34	1100m: 11:34.76	32.23	1500m: 15:48.60	31.00
	350m: 3:34.70 31.50	750m: 7:49.42	32.10	1150m: 12:06.55	31.79		
	400m: 4:06.31 31.61	800m: 8:21.56	32.14	1200m: 12:38.41	31.86		
2.	Guilherme Filipe Pina	98		Benedita	+0,62	16:00.16	746
	50m: 29.35 29.35	450m: 4:43.84	32.05	850m: 9:01.56	32.28	1250m: 13:19.79	32.36
	100m: 1:00.58 31.23	500m: 5:16.13	32.29	900m: 9:33.78	32.22	1300m: 13:52.22	32.43
	150m: 1:32.25 31.67	550m: 5:48.54	32.41	950m: 10:05.88	32.10	1350m: 14:24.54	32.32
	200m: 2:03.81 31.56	600m: 6:20.75	32.21	1000m: 10:38.10	32.22	1400m: 14:56.88	32.34
	250m: 2:35.82 32.01	650m: 6:52.62	31.87	1050m: 11:10.33	32.23	1450m: 15:28.90	32.02
	300m: 3:07.75 31.93	700m: 7:24.85	32.23	1100m: 11:42.61	32.28	1500m: 16:00.16	31.26
	350m: 3:39.76 32.01	750m: 7:56.97	32.12	1150m: 12:15.00	32.39		
	400m: 4:11.79 32.03	800m: 8:29.28	32.31	1200m: 12:47.43	32.43		
3.	Diogo Manuel Marques	98		Columbofila Cantanhedense	+0,80	16:29.49	682
	50m: 30.11 30.11	450m: 4:53.30	33.89	850m: 9:18.48	33.21	1250m: 13:44.08	33.51
	100m: 1:01.47 31.36	500m: 5:25.95	32.65	900m: 9:51.50	33.02	1300m: 14:17.55	33.47
	150m: 1:33.92 32.45	550m: 5:59.35	33.40	950m: 10:25.09	33.59	1350m: 14:51.76	34.21
	200m: 2:06.47 32.55	600m: 6:32.20	32.85	1000m: 10:57.60	32.51	1400m: 15:25.50	33.74
	250m: 2:39.78 33.31	650m: 7:05.52	33.32	1050m: 11:30.75	33.15	1450m: 15:57.83	32.33
	300m: 3:13.13 33.35	700m: 7:38.49	32.97	1100m: 12:04.07	33.32	1500m: 16:29.49	31.66
	350m: 3:46.54 33.41	750m: 8:12.38	33.89	1150m: 12:37.60	33.53		
	400m: 4:19.41 32.87	800m: 8:45.27	32.89	1200m: 13:10.57	32.97		
4.	Narciso Daniel Correia	97		Braga	+0,73	16:40.77	659
	50m: 29.22 29.22	450m: 4:52.69	33.78	850m: 9:22.68	33.34	1250m: 13:54.87	33.99
	100m: 1:00.77 31.55	500m: 5:26.39	33.70	900m: 9:56.91	34.23	1300m: 14:29.08	34.21
	150m: 1:33.20 32.43	550m: 6:00.06	33.67	950m: 10:30.66	33.75	1350m: 15:03.30	34.22
	200m: 2:05.70 32.50	600m: 6:33.62	33.56	1000m: 11:04.74	34.08	1400m: 15:37.79	34.49
	250m: 2:38.43 32.73	650m: 7:07.92	34.30	1050m: 11:38.32	33.58	1450m: 16:08.96	31.17
	300m: 3:11.63 33.20	700m: 7:41.92	34.00	1100m: 12:12.60	34.28	1500m: 16:40.77	31.81
	350m: 3:45.38 33.75	750m: 8:15.42	33.50	1150m: 12:46.61	34.01		
	400m: 4:18.91 33.53	800m: 8:49.34	33.92	1200m: 13:20.88	34.27		
5.	Bruno Jose Silva	98		Braga	+0,91	16:51.43	638
	50m: 30.26 30.26	450m: 4:57.55	33.79	850m: 9:28.58	33.73	1250m: 14:02.30	34.68
	100m: 1:02.95 32.69	500m: 5:31.25	33.70	900m: 10:02.69	34.11	1300m: 14:36.69	34.39
	150m: 1:35.72 32.77	550m: 6:05.23	33.98	950m: 10:36.62	33.93	1350m: 15:10.82	34.13
	200m: 2:09.16 33.44	600m: 6:39.27	34.04	1000m: 11:10.82	34.20	1400m: 15:45.43	34.61
	250m: 2:42.43 33.27	650m: 7:12.91	33.64	1050m: 11:44.86	34.04	1450m: 16:18.81	33.38
	300m: 3:16.19 33.76	700m: 7:46.69	33.78	1100m: 12:19.08	34.22	1500m: 16:51.43	32.62
	350m: 3:49.89 33.70	750m: 8:20.92	34.23	1150m: 12:53.12	34.04		
	400m: 4:23.76 33.87	800m: 8:54.85	33.93	1200m: 13:27.62	34.50		

Campeonato Nacional de Juvenis, Juniores, Seniores e Absolutos PL
Coimbra, 01 - 04.4.2015

Prova 1, Masc., 1500m Livres, Juniores

Lugar	Nome do nadador	Ano	Classes	Clube	T.R.	Tempo final	Pts
6.	Joao Luis Travanca	97		Fluvial Portuense	+0,82	16:53.43	634
	50m: 29.28 29.28	450m: 4:55.95	34.09	850m: 9:28.54	34.23	1250m: 14:02.68	34.77
	100m: 1:00.57 31.29	500m: 5:29.71	33.76	900m: 10:02.13	33.59	1300m: 14:37.51	34.83
	150m: 1:33.56 32.99	550m: 6:03.83	34.12	950m: 10:35.93	33.80	1350m: 15:12.50	34.99
	200m: 2:06.81 33.25	600m: 6:37.41	33.58	1000m: 11:09.38	33.45	1400m: 15:46.95	34.45
	250m: 2:40.71 33.90	650m: 7:11.79	34.38	1050m: 11:44.02	34.64	1450m: 16:21.09	34.14
	300m: 3:14.44 33.73	700m: 7:45.58	33.79	1100m: 12:18.41	34.39	1500m: 16:53.43	32.34
	350m: 3:48.15 33.71	750m: 8:20.26	34.68	1150m: 12:53.06	34.65		
	400m: 4:21.86 33.71	800m: 8:54.31	34.05	1200m: 13:27.91	34.85		
7.	Rafael Ladeiro Santos	98		Geslours	+0,68	16:56.35	629
	50m: 30.27 30.27	450m: 5:03.79	34.87	850m: 9:37.60	34.24	1250m: 14:09.75	33.93
	100m: 1:03.20 32.93	500m: 5:37.99	34.20	900m: 10:11.64	34.04	1300m: 14:43.78	34.03
	150m: 1:36.85 33.65	550m: 6:12.28	34.29	950m: 10:46.16	34.52	1350m: 15:17.30	33.52
	200m: 2:10.67 33.82	600m: 6:46.54	34.26	1000m: 11:20.44	34.28	1400m: 15:50.95	33.65
	250m: 2:45.34 34.67	650m: 7:20.99	34.45	1050m: 11:54.49	34.05	1450m: 16:24.19	33.24
	300m: 3:19.74 34.40	700m: 7:55.16	34.17	1100m: 12:28.52	34.03	1500m: 16:56.35	32.16
	350m: 3:54.36 34.62	750m: 8:29.09	33.93	1150m: 13:02.15	33.63		
	400m: 4:28.92 34.56	800m: 9:03.36	34.27	1200m: 13:35.82	33.67		
8.	Goncalo Miguel Nogueira	98		Porto	+0,65	17:05.68	612
	50m: 29.42 29.42	450m: 4:55.36	33.84	850m: 9:29.21	34.64	1250m: 14:10.74	35.46
	100m: 1:01.50 32.08	500m: 5:29.48	34.12	900m: 10:04.28	35.07	1300m: 14:46.64	35.90
	150m: 1:34.40 32.90	550m: 6:03.06	33.58	950m: 10:39.06	34.78	1350m: 15:21.36	34.72
	200m: 2:07.54 33.14	600m: 6:37.13	34.07	1000m: 11:14.36	35.30	1400m: 15:56.85	35.49
	250m: 2:40.83 33.29	650m: 7:11.14	34.01	1050m: 11:48.88	34.52	1450m: 16:31.44	34.59
	300m: 3:14.15 33.32	700m: 7:45.42	34.28	1100m: 12:24.64	35.76	1500m: 17:05.68	34.24
	350m: 3:47.85 33.70	750m: 8:19.71	34.29	1150m: 12:59.90	35.26		
	400m: 4:21.52 33.67	800m: 8:54.57	34.86	1200m: 13:35.28	35.38		
9.	Alexandre Magno Carvalho	98		Fluvial Portuense	+0,61	17:06.21	611
	50m: 29.94 29.94	450m: 5:01.07	34.13	850m: 9:36.70	34.52	1250m: 14:16.17	34.77
	100m: 1:02.63 32.69	500m: 5:35.42	34.35	900m: 10:11.30	34.60	1300m: 14:50.76	34.59
	150m: 1:36.31 33.68	550m: 6:09.52	34.10	950m: 10:46.14	34.84	1350m: 15:25.31	34.55
	200m: 2:10.11 33.80	600m: 6:43.94	34.42	1000m: 11:21.11	34.97	1400m: 15:59.42	34.11
	250m: 2:44.13 34.02	650m: 7:18.28	34.34	1050m: 11:56.23	35.12	1450m: 16:33.42	34.00
	300m: 3:18.25 34.12	700m: 7:52.96	34.68	1100m: 12:31.18	34.95	1500m: 17:06.21	32.79
	350m: 3:52.46 34.21	750m: 8:27.66	34.70	1150m: 13:06.37	35.19		
	400m: 4:26.94 34.48	800m: 9:02.18	34.52	1200m: 13:41.40	35.03		
10.	Luis Carlos Almeida	98		Aquatico Pacense	+0,95	17:07.17	609
	50m: 30.28 30.28	450m: 5:03.60	34.28	850m: 9:41.24	34.29	1250m: 14:17.81	34.48
	100m: 1:03.21 32.93	500m: 5:38.23	34.63	900m: 10:15.65	34.41	1300m: 14:52.64	34.83
	150m: 1:36.92 33.71	550m: 6:12.72	34.49	950m: 10:50.36	34.71	1350m: 15:26.99	34.35
	200m: 2:11.35 34.43	600m: 6:47.87	35.15	1000m: 11:25.08	34.72	1400m: 16:01.30	34.31
	250m: 2:45.54 34.19	650m: 7:22.56	34.69	1050m: 11:59.73	34.65	1450m: 16:34.75	33.45
	300m: 3:19.96 34.42	700m: 7:57.57	35.01	1100m: 12:34.79	35.06	1500m: 17:07.17	32.42
	350m: 3:54.50 34.54	750m: 8:32.52	34.95	1150m: 13:08.69	33.90		
	400m: 4:29.32 34.82	800m: 9:06.95	34.43	1200m: 13:43.33	34.64		
11.	Ruben Jose Morim	97		Vilacondense	+0,78	17:09.41	605
	<i>FTL</i>						
	50m: 29.51 29.51	450m: 4:57.92	34.20	850m: 9:34.68	34.53	1250m: 14:15.07	34.93
	100m: 1:01.96 32.45	500m: 5:32.04	34.12	900m: 10:09.59	34.91	1300m: 14:49.72	34.65
	150m: 1:35.20 33.24	550m: 6:06.69	34.65	950m: 10:45.14	35.55	1350m: 15:24.93	35.21
	200m: 2:08.46 33.26	600m: 6:41.13	34.44	1000m: 11:19.50	34.36	1400m: 15:59.99	35.06
	250m: 2:42.07 33.61	650m: 7:15.95	34.82	1050m: 11:55.09	35.59	1450m: 16:35.08	35.09
	300m: 3:15.68 33.61	700m: 7:50.67	34.72	1100m: 12:29.74	34.65	1500m: 17:09.41	34.33
	350m: 3:49.82 34.14	750m: 8:25.35	34.68	1150m: 13:04.94	35.20		
	400m: 4:23.72 33.90	800m: 9:00.15	34.80	1200m: 13:40.14	35.20		

Prova 1, Masc., 1500m Livres, Juniores

Lugar	Nome do nadador	Ano	Classes	Clube	T.R.	Tempo final	Pts
12.	Afonso Calais Queiroga	98		Uniao Piedense		17:11.83	601
	50m: 30.34 30.34	450m: 5:04.61	34.67	850m: 9:41.43	34.50	1250m: 14:19.75	35.75
	100m: 1:03.79 33.45	500m: 5:39.15	34.54	900m: 10:15.76	34.33	1300m: 14:54.55	34.80
	150m: 1:38.16 34.37	550m: 6:13.85	34.70	950m: 10:49.93	34.17	1350m: 15:29.46	34.91
	200m: 2:12.24 34.08	600m: 6:48.56	34.71	1000m: 11:24.17	34.24	1400m: 16:03.40	33.94
	250m: 2:46.71 34.47	650m: 7:23.44	34.88	1050m: 11:58.66	34.49	1450m: 16:37.64	34.24
	300m: 3:20.84 34.13	700m: 7:58.22	34.78	1100m: 12:33.38	34.72	1500m: 17:11.83	34.19
	350m: 3:55.63 34.79	750m: 8:32.41	34.19	1150m: 13:08.51	35.13		
	400m: 4:29.94 34.31	800m: 9:06.93	34.52	1200m: 13:44.00	35.49		
13.	Dario Fausto Matias	98		Torres Novas	+0,89	17:23.27	581
	<i>FTL</i>						
	50m: 31.30 31.30	450m: 5:12.80	35.07	850m: 9:52.82	34.62	1250m: 14:32.95	35.71
	100m: 1:05.80 34.50	500m: 5:47.56	34.76	900m: 10:27.34	34.52	1300m: 15:07.34	34.39
	150m: 1:41.45 35.65	550m: 6:22.80	35.24	950m: 11:02.46	35.12	1350m: 15:41.97	34.63
	200m: 2:16.62 35.17	600m: 6:57.44	34.64	1000m: 11:37.13	34.67	1400m: 16:16.33	34.36
	250m: 2:51.92 35.30	650m: 7:32.90	35.46	1050m: 12:12.34	35.21	1450m: 16:50.37	34.04
	300m: 3:26.99 35.07	700m: 8:07.73	34.83	1100m: 12:47.22	34.88	1500m: 17:23.27	32.90
	350m: 4:02.34 35.35	750m: 8:43.38	35.65	1150m: 13:22.49	35.27		
	400m: 4:37.73 35.39	800m: 9:18.20	34.82	1200m: 13:57.24	34.75		
14.	Jose Diogo Fonseca	98		Nautico da Marinha Grande	+0,78	17:24.53	579
	<i>FTL</i>						
	50m: 31.15 31.15	450m: 5:10.27	34.87	850m: 9:51.43	34.94	1250m: 14:31.94	35.19
	100m: 1:05.19 34.04	500m: 5:45.59	35.32	900m: 10:26.49	35.06	1300m: 15:06.81	34.87
	150m: 1:39.58 34.39	550m: 6:20.61	35.02	950m: 11:01.32	34.83	1350m: 15:41.71	34.90
	200m: 2:14.59 35.01	600m: 6:55.91	35.30	1000m: 11:36.36	35.04	1400m: 16:15.73	34.02
	250m: 2:49.82 35.23	650m: 7:30.92	35.01	1050m: 12:11.47	35.11	1450m: 16:51.31	35.58
	300m: 3:24.83 35.01	700m: 8:06.24	35.32	1100m: 12:46.31	34.84	1500m: 17:24.53	33.22
	350m: 4:00.02 35.19	750m: 8:41.31	35.07	1150m: 13:21.74	35.43		
	400m: 4:35.40 35.38	800m: 9:16.49	35.18	1200m: 13:56.75	35.01		
15.	Tiago Carlos Santos	98		Naval Amorense	+0,72	17:24.66	579
	<i>FTL</i>						
	50m: 30.85 30.85	450m: 4:59.20	34.56	850m: 9:42.55	36.46	1250m: 14:30.92	35.81
	100m: 1:02.16 31.31	500m: 5:34.32	35.12	900m: 10:19.14	36.59	1300m: 15:07.33	36.41
	150m: 1:34.12 31.96	550m: 6:09.59	35.27	950m: 10:55.60	36.46	1350m: 15:42.97	35.64
	200m: 2:07.18 33.06	600m: 6:44.74	35.15	1000m: 11:31.77	36.17	1400m: 16:17.56	34.59
	250m: 2:40.67 33.49	650m: 7:20.77	36.03	1050m: 12:07.32	35.55	1450m: 16:51.71	34.15
	300m: 3:15.65 34.98	700m: 7:56.31	35.54	1100m: 12:43.20	35.88	1500m: 17:24.66	32.95
	350m: 3:50.13 34.48	750m: 8:31.10	34.79	1150m: 13:19.68	36.48		
	400m: 4:24.64 34.51	800m: 9:06.09	34.99	1200m: 13:55.11	35.43		
16.	Rodrigo Martins Gomes	98		FC Ferreiras	+0,84	17:26.69	576
	<i>FTL</i>						
	50m: 30.17 30.17	450m: 5:05.50	34.50	850m: 9:44.86	35.18	1250m: 14:30.49	36.15
	100m: 1:03.46 33.29	500m: 5:40.65	35.15	900m: 10:20.24	35.38	1300m: 15:06.14	35.65
	150m: 1:37.18 33.72	550m: 6:15.30	34.65	950m: 10:55.93	35.69	1350m: 15:41.57	35.43
	200m: 2:11.87 34.69	600m: 6:49.94	34.64	1000m: 11:31.05	35.12	1400m: 16:16.69	35.12
	250m: 2:46.48 34.61	650m: 7:24.42	34.48	1050m: 12:06.86	35.81	1450m: 16:52.12	35.43
	300m: 3:21.38 34.90	700m: 7:59.71	35.29	1100m: 12:42.56	35.70	1500m: 17:26.69	34.57
	350m: 3:55.92 34.54	750m: 8:34.66	34.95	1150m: 13:18.26	35.70		
	400m: 4:31.00 35.08	800m: 9:09.68	35.02	1200m: 13:54.34	36.08		

Campeonato Nacional de Juvenis, Juniores, Seniores e Absolutos PL
Coimbra, 01 - 04.4.2015

Prova 1, Masc., 1500m Livres, Juniores

Lugar	Nome do nadador	Ano	Classes	Clube	T.R.	Tempo final	Pts
17.	Henrique Mourinho Neves	97		Alges	+0,66	17:31.97	567
	<i>FTL</i>						
	50m: 29.47 29.47	450m: 5:06.48	35.17	850m: 9:52.32	35.56	1250m: 14:36.88	34.91
	100m: 1:02.33 32.86	500m: 5:42.34	35.86	900m: 10:28.35	36.03	1300m: 15:12.47	35.59
	150m: 1:36.24 33.91	550m: 6:18.02	35.68	950m: 11:04.16	35.81	1350m: 15:48.38	35.91
	200m: 2:10.97 34.73	600m: 6:53.78	35.76	1000m: 11:40.12	35.96	1400m: 16:24.50	36.12
	250m: 2:45.50 34.53	650m: 7:29.35	35.57	1050m: 12:14.84	34.72	1450m: 16:57.60	33.10
	300m: 3:20.60 35.10	700m: 8:05.37	36.02	1100m: 12:50.54	35.70	1500m: 17:31.97	34.37
	350m: 3:55.55 34.95	750m: 8:40.91	35.54	1150m: 13:26.13	35.59		
	400m: 4:31.31 35.76	800m: 9:16.76	35.85	1200m: 14:01.97	35.84		
18.	Miguel Angelo Silvestre	97		Alcobaca	+0,67	17:33.56	565
	<i>FTL</i>						
	50m: 29.71 29.71	450m: 5:03.97	35.07	850m: 9:48.40	35.83	1250m: 14:35.99	35.75
	100m: 1:02.83 33.12	500m: 5:39.15	35.18	900m: 10:24.16	35.76	1300m: 15:11.72	35.73
	150m: 1:35.80 32.97	550m: 6:14.35	35.20	950m: 10:59.46	35.30	1350m: 15:47.72	36.00
	200m: 2:09.70 33.90	600m: 6:49.82	35.47	1000m: 11:35.97	36.51	1400m: 16:23.88	36.16
	250m: 2:44.06 34.36	650m: 7:25.61	35.79	1050m: 12:11.82	35.85	1450m: 16:59.16	35.28
	300m: 3:18.97 34.91	700m: 8:01.20	35.59	1100m: 12:48.01	36.19	1500m: 17:33.56	34.40
	350m: 3:53.75 34.78	750m: 8:36.97	35.77	1150m: 13:23.88	35.87		
	400m: 4:28.90 35.15	800m: 9:12.57	35.60	1200m: 14:00.24	36.36		
19.	Diogo Rosado Leca	98		Colegio Monte Maior	+1,10	17:39.39	555
	<i>FTL</i>						
	50m: 31.33 31.33	450m: 5:09.00	35.11	850m: 9:53.83	35.98	1250m: 14:42.21	36.02
	100m: 1:04.55 33.22	500m: 5:44.14	35.14	900m: 10:29.51	35.68	1300m: 15:18.19	35.98
	150m: 1:38.91 34.36	550m: 6:19.58	35.44	950m: 11:05.44	35.93	1350m: 15:54.25	36.06
	200m: 2:13.66 34.75	600m: 6:55.67	36.09	1000m: 11:41.32	35.88	1400m: 16:30.15	35.90
	250m: 2:48.90 35.24	650m: 7:31.44	35.77	1050m: 12:17.53	36.21	1450m: 17:05.79	35.64
	300m: 3:24.26 35.36	700m: 8:06.92	35.48	1100m: 12:53.70	36.17	1500m: 17:39.39	33.60
	350m: 3:59.04 34.78	750m: 8:42.01	35.09	1150m: 13:29.86	36.16		
	400m: 4:33.89 34.85	800m: 9:17.85	35.84	1200m: 14:06.19	36.33		
DNS	Andre Pereira Coelho	98		Alcobaca			

Prova 1	Masc., 1500m Livres	Juvenis A
01-04-2015 - 17:10	SOMAGUE	Resultados
Rec Nac Absoluto	15:16.22 Fernando Eurico Costa	FPN Bangkok (THA) 14-08-2007
Rec Nac Juv A	15:45.55 Gustavo Manuel Santa	FPN Tampere (FIN) 23-07-2009
TAC JUV16 Masc : 17:50.96		

Pontos: FINA 2015

Lugar	Nome do nadador	Ano	Classes	Clube	T.R.	Tempo final	Pts
1.	Miguel Ribeiro Bate	99		Alges	+0,82	16:58.54	625
	50m: 30.72 30.72	450m: 5:05.38	33.95	850m: 9:37.66	34.17	1250m: 14:09.36	34.18
	100m: 1:04.34 33.62	500m: 5:39.38	34.00	900m: 10:11.59	33.93	1300m: 14:43.35	33.99
	150m: 1:38.51 34.17	550m: 6:13.31	33.93	950m: 10:45.35	33.76	1350m: 15:17.37	34.02
	200m: 2:13.02 34.51	600m: 6:47.44	34.13	1000m: 11:19.11	33.76	1400m: 15:51.72	34.35
	250m: 2:47.70 34.68	650m: 7:21.67	34.23	1050m: 11:52.92	33.81	1450m: 16:25.67	33.95
	300m: 3:22.08 34.38	700m: 7:55.44	33.77	1100m: 12:26.73	33.81	1500m: 16:58.54	32.87
	350m: 3:57.43 35.35	750m: 8:29.52	34.08	1150m: 13:01.27	34.54		
	400m: 4:31.43 34.00	800m: 9:03.49	33.97	1200m: 13:35.18	33.91		

Campeonato Nacional de Juvenis, Juniores, Seniores e Absolutos PL
Coimbra, 01 - 04.4.2015

Prova 1, Masc., 1500m Livres, Juvenis A

Lugar	Nome do nadador	Ano	Classes	Clube	T.R.	Tempo final	Pts
2.	Rui Jorge Matias	99		Vilacondense	+0,85	17:08.28	607
	50m: 30.36 30.36	450m: 5:05.15	34.43	850m: 9:42.78	34.84	1250m: 14:18.98	33.97
	100m: 1:03.68 33.32	500m: 5:40.15	35.00	900m: 10:17.52	34.74	1300m: 14:53.95	34.97
	150m: 1:37.46 33.78	550m: 6:14.47	34.32	950m: 10:52.21	34.69	1350m: 15:28.17	34.22
	200m: 2:12.06 34.60	600m: 6:48.71	34.24	1000m: 11:27.23	35.02	1400m: 16:02.85	34.68
	250m: 2:46.55 34.49	650m: 7:23.44	34.73	1050m: 12:01.80	34.57	1450m: 16:36.13	33.28
	300m: 3:21.43 34.88	700m: 7:58.49	35.05	1100m: 12:35.93	34.13	1500m: 17:08.28	32.15
	350m: 3:55.73 34.30	750m: 8:32.98	34.49	1150m: 13:10.55	34.62		
	400m: 4:30.72 34.99	800m: 9:07.94	34.96	1200m: 13:45.01	34.46		
3.	Tomas Gomes Oliveira	99		Nautico da Marinha Grande	+0,81	17:09.47	605
	50m: 29.75 29.75	450m: 5:02.06	34.74	850m: 9:39.59	34.67	1250m: 14:17.54	34.84
	100m: 1:02.22 32.47	500m: 5:37.03	34.97	900m: 10:14.02	34.43	1300m: 14:52.21	34.67
	150m: 1:36.00 33.78	550m: 6:11.90	34.87	950m: 10:48.76	34.74	1350m: 15:27.10	34.89
	200m: 2:09.69 33.69	600m: 6:46.74	34.84	1000m: 11:23.53	34.77	1400m: 16:02.06	34.96
	250m: 2:44.17 34.48	650m: 7:21.42	34.68	1050m: 11:58.20	34.67	1450m: 16:36.61	34.55
	300m: 3:18.58 34.41	700m: 7:55.74	34.32	1100m: 12:32.72	34.52	1500m: 17:09.47	32.86
	350m: 3:52.68 34.10	750m: 8:30.73	34.99	1150m: 13:07.82	35.10		
	400m: 4:27.32 34.64	800m: 9:04.92	34.19	1200m: 13:42.70	34.88		
4.	Eduardo Cardoso Lopes	99		Louletano/Loule Concelho	+0,86	17:23.40	581
	50m: 30.10 30.10	450m: 5:04.03	35.38	850m: 9:46.17	34.81	1250m: 14:28.26	35.58
	100m: 1:02.78 32.68	500m: 5:39.19	35.16	900m: 10:21.58	35.41	1300m: 15:04.15	35.89
	150m: 1:36.41 33.63	550m: 6:14.52	35.33	950m: 10:56.45	34.87	1350m: 15:38.94	34.79
	200m: 2:10.26 33.85	600m: 6:50.16	35.64	1000m: 11:31.40	34.95	1400m: 16:15.00	36.06
	250m: 2:44.72 34.46	650m: 7:25.54	35.38	1050m: 12:06.46	35.06	1450m: 16:49.71	34.71
	300m: 3:18.95 34.23	700m: 8:01.16	35.62	1100m: 12:41.61	35.15	1500m: 17:23.40	33.69
	350m: 3:54.23 35.28	750m: 8:35.77	34.61	1150m: 13:16.66	35.05		
	400m: 4:28.65 34.42	800m: 9:11.36	35.59	1200m: 13:52.68	36.02		
5.	Duarte Filipe Rodrigues	99		Alges	+0,81	17:24.64	579
	50m: 30.55 30.55	450m: 5:07.18	35.42	850m: 9:47.51	35.50	1250m: 14:27.77	35.78
	100m: 1:03.70 33.15	500m: 5:41.88	34.70	900m: 10:21.98	34.47	1300m: 15:03.14	35.37
	150m: 1:38.57 34.87	550m: 6:17.16	35.28	950m: 10:57.22	35.24	1350m: 15:39.03	35.89
	200m: 2:12.45 33.88	600m: 6:52.12	34.96	1000m: 11:31.74	34.52	1400m: 16:14.73	35.70
	250m: 2:47.55 35.10	650m: 7:27.34	35.22	1050m: 12:07.22	35.48	1450m: 16:50.14	35.41
	300m: 3:21.86 34.31	700m: 8:01.87	34.53	1100m: 12:41.98	34.76	1500m: 17:24.64	34.50
	350m: 3:57.15 35.29	750m: 8:37.53	35.66	1150m: 13:17.25	35.27		
	400m: 4:31.76 34.61	800m: 9:12.01	34.48	1200m: 13:51.99	34.74		
6.	Joao Magalhaes Nunes	99		Belenenses	+0,90	17:26.81	576
	50m: 32.52 32.52	450m: 5:13.19	34.85	850m: 9:51.29	34.21	1250m: 14:30.46	35.59
	100m: 1:07.61 35.09	500m: 5:48.15	34.96	900m: 10:25.30	34.01	1300m: 15:06.19	35.73
	150m: 1:42.56 34.95	550m: 6:22.77	34.62	950m: 10:59.71	34.41	1350m: 15:41.54	35.35
	200m: 2:18.03 35.47	600m: 6:57.54	34.77	1000m: 11:34.24	34.53	1400m: 16:16.76	35.22
	250m: 2:52.66 34.63	650m: 7:32.51	34.97	1050m: 12:08.93	34.69	1450m: 16:52.65	35.89
	300m: 3:27.93 35.27	700m: 8:07.00	34.49	1100m: 12:44.37	35.44	1500m: 17:26.81	34.16
	350m: 4:03.25 35.32	750m: 8:42.13	35.13	1150m: 13:19.35	34.98		
	400m: 4:38.34 35.09	800m: 9:17.08	34.95	1200m: 13:54.87	35.52		
7.	Tiago Cunha Costa	99		Sporting	+0,94	17:27.13	575
	50m: 30.17 30.17	450m: 5:04.78	34.73	850m: 9:46.34	35.64	1250m: 14:31.14	35.70
	100m: 1:03.65 33.48	500m: 5:39.90	35.12	900m: 10:21.35	35.01	1300m: 15:07.05	35.91
	150m: 1:37.75 34.10	550m: 6:14.79	34.89	950m: 10:57.06	35.71	1350m: 15:42.57	35.52
	200m: 2:11.93 34.18	600m: 6:49.87	35.08	1000m: 11:32.89	35.83	1400m: 16:18.21	35.64
	250m: 2:46.00 34.07	650m: 7:24.82	34.95	1050m: 12:08.71	35.82	1450m: 16:53.31	35.10
	300m: 3:20.51 34.51	700m: 8:00.14	35.32	1100m: 12:43.90	35.19	1500m: 17:27.13	33.82
	350m: 3:55.30 34.79	750m: 8:35.58	35.44	1150m: 13:19.79	35.89		
	400m: 4:30.05 34.75	800m: 9:10.70	35.12	1200m: 13:55.44	35.65		

Campeonato Nacional de Juvenis, Juniores, Seniores e Absolutos PL
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Prova 1, Masc., 1500m Livres, Juvenis A

Lugar	Nome do nadador	Ano	Classes	Clube	T.R.	Tempo final	Pts
8.	Tiago Douwens Paula	99		Sporting	+0,79	17:35.67	561
	50m: 30.64 30.64	450m: 5:10.75	35.20	850m: 9:53.98	35.43	1250m: 14:38.01	35.48
	100m: 1:04.22 33.58	500m: 5:46.15	35.40	900m: 10:29.71	35.73	1300m: 15:13.61	35.60
	150m: 1:38.63 34.41	550m: 6:21.64	35.49	950m: 11:05.12	35.41	1350m: 15:49.50	35.89
	200m: 2:14.26 35.63	600m: 6:57.32	35.68	1000m: 11:40.59	35.47	1400m: 16:25.56	36.06
	250m: 2:49.46 35.20	650m: 7:32.34	35.02	1050m: 12:16.24	35.65	1450m: 17:01.08	35.52
	300m: 3:24.79 35.33	700m: 8:07.59	35.25	1100m: 12:51.81	35.57	1500m: 17:35.67	34.59
	350m: 4:00.09 35.30	750m: 8:43.09	35.50	1150m: 13:27.14	35.33		
	400m: 4:35.55 35.46	800m: 9:18.55	35.46	1200m: 14:02.53	35.39		
9.	Nelson Pereira Malheiros	99		Litoral Alentejano	+0,72	17:39.72	555
	50m: 30.99 30.99	450m: 5:11.14	35.56	850m: 9:58.93	36.04	1250m: 14:43.53	34.71
	100m: 1:03.92 32.93	500m: 5:46.94	35.80	900m: 10:35.15	36.22	1300m: 15:18.59	35.06
	150m: 1:38.61 34.69	550m: 6:22.07	35.13	950m: 11:11.27	36.12	1350m: 15:53.89	35.30
	200m: 2:13.45 34.84	600m: 6:58.73	36.66	1000m: 11:47.49	36.22	1400m: 16:29.82	35.93
	250m: 2:48.62 35.17	650m: 7:34.66	35.93	1050m: 12:23.35	35.86	1450m: 17:05.50	35.68
	300m: 3:24.35 35.73	700m: 8:10.79	36.13	1100m: 12:58.97	35.62	1500m: 17:39.72	34.22
	350m: 3:59.82 35.47	750m: 8:46.94	36.15	1150m: 13:33.98	35.01		
	400m: 4:35.58 35.76	800m: 9:22.89	35.95	1200m: 14:08.82	34.84		
10.	Nuno Rafael Silva	99		Colegio Monte Maior	+0,84	17:43.84	548
	50m: 32.05 32.05	450m: 5:16.46	35.33	850m: 10:01.57	35.72	1250m: 14:48.77	36.02
	100m: 1:07.50 35.45	500m: 5:51.97	35.51	900m: 10:37.19	35.62	1300m: 15:25.44	36.67
	150m: 1:43.34 35.84	550m: 6:27.39	35.42	950m: 11:12.69	35.50	1350m: 16:00.85	35.41
	200m: 2:19.47 36.13	600m: 7:03.20	35.81	1000m: 11:48.23	35.54	1400m: 16:37.64	36.79
	250m: 2:54.94 35.47	650m: 7:38.53	35.33	1050m: 12:23.89	35.66	1450m: 17:11.38	33.74
	300m: 3:30.56 35.62	700m: 8:14.49	35.96	1100m: 13:00.26	36.37	1500m: 17:43.84	32.46
	350m: 4:05.40 34.84	750m: 8:50.15	35.66	1150m: 13:36.37	36.11		
	400m: 4:41.13 35.73	800m: 9:25.85	35.70	1200m: 14:12.75	36.38		
11.	Andre Alexandre Santos	99		Sporting	+0,92	17:44.55	547
	50m: 31.05 31.05	450m: 5:11.33	35.26	850m: 9:57.65	35.51	1250m: 14:45.19	36.15
	100m: 1:05.13 34.08	500m: 5:46.96	35.63	900m: 10:34.18	36.53	1300m: 15:21.41	36.22
	150m: 1:39.24 34.11	550m: 6:22.44	35.48	950m: 11:09.81	35.63	1350m: 15:58.00	36.59
	200m: 2:14.72 35.48	600m: 6:58.61	36.17	1000m: 11:45.49	35.68	1400m: 16:34.22	36.22
	250m: 2:49.44 34.72	650m: 7:34.33	35.72	1050m: 12:20.50	35.01	1450m: 17:10.12	35.90
	300m: 3:25.23 35.79	700m: 8:09.81	35.48	1100m: 12:56.17	35.67	1500m: 17:44.55	34.43
	350m: 4:00.56 35.33	750m: 8:45.62	35.81	1150m: 13:32.05	35.88		
	400m: 4:36.07 35.51	800m: 9:22.14	36.52	1200m: 14:09.04	36.99		
12.	Albino David Almeida	99		O Crasto	+0,64	18:02.57	520
	<i>FTL</i>						
	50m: 29.96 29.96	450m: 5:15.64	36.28	850m: 10:07.05	36.63	1250m: 15:00.41	36.79
	100m: 1:03.90 33.94	500m: 5:51.81	36.17	900m: 10:43.75	36.70	1300m: 15:37.12	36.71
	150m: 1:39.52 35.62	550m: 6:28.39	36.58	950m: 11:20.13	36.38	1350m: 16:14.16	37.04
	200m: 2:15.06 35.54	600m: 7:04.34	35.95	1000m: 11:56.95	36.82	1400m: 16:51.14	36.98
	250m: 2:50.91 35.85	650m: 7:40.83	36.49	1050m: 12:33.61	36.66	1450m: 17:27.81	36.67
	300m: 3:27.11 36.20	700m: 8:17.10	36.27	1100m: 13:09.90	36.29	1500m: 18:02.57	34.76
	350m: 4:03.39 36.28	750m: 8:54.11	37.01	1150m: 13:47.27	37.37		
	400m: 4:39.36 35.97	800m: 9:30.42	36.31	1200m: 14:23.62	36.35		

Campeonato Nacional de Juvenis, Juniores, Seniores e Absolutos PL
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Prova 1, Masc., 1500m Livres, Juvenis A

Lugar	Nome do nadador	Ano	Classes	Clube	T.R.	Tempo final	Pts					
13.	Pedro Ferraz Esteves	99		Belenenses	+0,73	18:32.09	480					
<i>FTL</i>												
	50m:	32.09	32.09	450m:	5:30.18	37.78	850m:	10:26.66	35.15	1250m:	15:25.68	37.60
	100m:	1:07.64	35.55	500m:	6:08.21	38.03	900m:	11:02.55	35.89	1300m:	16:03.79	38.11
	150m:	1:44.30	36.66	550m:	6:45.98	37.77	950m:	11:38.78	36.23	1350m:	16:41.79	38.00
	200m:	2:21.65	37.35	600m:	7:23.40	37.42	1000m:	12:16.40	37.62	1400m:	17:19.72	37.93
	250m:	2:59.26	37.61	650m:	7:59.95	36.55	1050m:	12:53.39	36.99	1450m:	17:56.55	36.83
	300m:	3:36.80	37.54	700m:	8:36.89	36.94	1100m:	13:32.27	38.88	1500m:	18:32.09	35.54
	350m:	4:14.74	37.94	750m:	9:14.44	37.55	1150m:	14:10.33	38.06			
	400m:	4:52.40	37.66	800m:	9:51.51	37.07	1200m:	14:48.08	37.75			

DSQ Jose Pedro Fernandes 99 Braga
403 - Falsa partida - SW 4.4

Prova 1 Masc., 1500m Livres Juvenis B
01-04-2015 - 17:10 SOMAGUE Resultados

Rec Nac Absoluto	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007
Rec Nac Juv B	16:31.97	Pedro Fontoura Oliveira	CFB	Lisboa	28-05-2005

TAC JUV15 Masc : 18:10.80

Pontos: FINA 2015

Lugar	Nome do nadador	Ano	Classes	Clube	T.R.	Tempo final	Pts					
1.	Diogo Barbosa Nunes	00		Fluvial Portuense	+0,81	16:45.15	650					
	50m:	29.78	29.78	450m:	4:55.01	33.61	850m:	9:25.70	34.89	1250m:	13:58.07	34.32
	100m:	1:02.10	32.32	500m:	5:28.37	33.36	900m:	9:59.61	33.91	1300m:	14:31.85	33.78
	150m:	1:34.60	32.50	550m:	6:02.17	33.80	950m:	10:33.74	34.13	1350m:	15:05.66	33.81
	200m:	2:07.98	33.38	600m:	6:35.66	33.49	1000m:	11:07.45	33.71	1400m:	15:39.57	33.91
	250m:	2:41.42	33.44	650m:	7:08.94	33.28	1050m:	11:41.80	34.35	1450m:	16:12.84	33.27
	300m:	3:14.76	33.34	700m:	7:43.06	34.12	1100m:	12:15.54	33.74	1500m:	16:45.15	32.31
	350m:	3:48.19	33.43	750m:	8:17.07	34.01	1150m:	12:49.79	34.25			
	400m:	4:21.40	33.21	800m:	8:50.81	33.74	1200m:	13:23.75	33.96			
2.	Jose Paulo Lopes	00		Braga	+0,71	16:57.15	627					
	50m:	29.72	29.72	450m:	4:58.37	34.25	850m:	9:31.41	34.37	1250m:	14:08.36	34.60
	100m:	1:02.12	32.40	500m:	5:32.25	33.88	900m:	10:06.05	34.64	1300m:	14:42.87	34.51
	150m:	1:35.34	33.22	550m:	6:06.51	34.26	950m:	10:40.71	34.66	1350m:	15:17.14	34.27
	200m:	2:08.79	33.45	600m:	6:40.74	34.23	1000m:	11:15.18	34.47	1400m:	15:51.26	34.12
	250m:	2:42.69	33.90	650m:	7:14.89	34.15	1050m:	11:50.02	34.84	1450m:	16:24.86	33.60
	300m:	3:16.29	33.60	700m:	7:49.02	34.13	1100m:	12:24.40	34.38	1500m:	16:57.15	32.29
	350m:	3:50.38	34.09	750m:	8:23.10	34.08	1150m:	12:59.16	34.76			
	400m:	4:24.12	33.74	800m:	8:57.04	33.94	1200m:	13:33.76	34.60			
3.	Diogo Leal Dantas	00		Sporting	+0,67	16:57.86	626					
	50m:	29.45	29.45	450m:	4:57.14	33.83	850m:	9:32.56	34.53	1250m:	14:09.94	34.41
	100m:	1:01.92	32.47	500m:	5:31.17	34.03	900m:	10:07.63	35.07	1300m:	14:44.43	34.49
	150m:	1:35.20	33.28	550m:	6:05.37	34.20	950m:	10:42.28	34.65	1350m:	15:18.83	34.40
	200m:	2:08.83	33.63	600m:	6:39.59	34.22	1000m:	11:17.25	34.97	1400m:	15:53.19	34.36
	250m:	2:42.18	33.35	650m:	7:13.91	34.32	1050m:	11:51.69	34.44	1450m:	16:26.54	33.35
	300m:	3:15.99	33.81	700m:	7:48.66	34.75	1100m:	12:26.37	34.68	1500m:	16:57.86	31.32
	350m:	3:49.62	33.63	750m:	8:22.87	34.21	1150m:	13:00.92	34.55			
	400m:	4:23.31	33.69	800m:	8:58.03	35.16	1200m:	13:35.53	34.61			

Prova 1, Masc., 1500m Livres, Juvenis B

Lugar	Nome do nadador	Ano	Classes	Clube	T.R.	Tempo final	Pts
4.	Dany Pedro Caille	00		Braga	+0,75	17:14.34	597
	50m: 29.89 29.89	450m: 5:04.90	34.99	850m: 9:43.48	34.71	1250m: 14:22.38	35.11
	100m: 1:03.41 33.52	500m: 5:39.77	34.87	900m: 10:18.13	34.65	1300m: 14:57.24	34.86
	150m: 1:37.55 34.14	550m: 6:14.63	34.86	950m: 10:52.90	34.77	1350m: 15:32.31	35.07
	200m: 2:11.93 34.38	600m: 6:49.31	34.68	1000m: 11:27.60	34.70	1400m: 16:07.19	34.88
	250m: 2:46.29 34.36	650m: 7:24.20	34.89	1050m: 12:02.45	34.85	1450m: 16:41.61	34.42
	300m: 3:20.66 34.37	700m: 7:58.76	34.56	1100m: 12:37.19	34.74	1500m: 17:14.34	32.73
	350m: 3:55.17 34.51	750m: 8:33.72	34.96	1150m: 13:12.58	35.39		
	400m: 4:29.91 34.74	800m: 9:08.77	35.05	1200m: 13:47.27	34.69		
5.	Sergio Filipe Travanca	00		Fluvial Portuense	+0,71	17:21.19	585
	50m: 30.73 30.73	450m: 5:07.58	34.87	850m: 9:46.69	34.90	1250m: 14:27.75	35.34
	100m: 1:04.33 33.60	500m: 5:42.46	34.88	900m: 10:21.84	35.15	1300m: 15:03.20	35.45
	150m: 1:38.43 34.10	550m: 6:16.88	34.42	950m: 10:56.71	34.87	1350m: 15:38.30	35.10
	200m: 2:13.18 34.75	600m: 6:51.89	35.01	1000m: 11:31.80	35.09	1400m: 16:13.29	34.99
	250m: 2:47.94 34.76	650m: 7:26.76	34.87	1050m: 12:06.75	34.95	1450m: 16:47.90	34.61
	300m: 3:22.90 34.96	700m: 8:01.72	34.96	1100m: 12:41.79	35.04	1500m: 17:21.19	33.29
	350m: 3:57.71 34.81	750m: 8:36.55	34.83	1150m: 13:16.91	35.12		
	400m: 4:32.71 35.00	800m: 9:11.79	35.24	1200m: 13:52.41	35.50		
6.	Andre Vilas Ruivo	00		Ba/Bomcar	+0,74	17:25.95	577
	50m: 29.63 29.63	450m: 5:01.70	34.94	850m: 9:44.77	36.17	1250m: 14:31.77	35.87
	100m: 1:02.35 32.72	500m: 5:36.16	34.46	900m: 10:20.82	36.05	1300m: 15:07.36	35.59
	150m: 1:35.60 33.25	550m: 6:11.63	35.47	950m: 10:57.03	36.21	1350m: 15:42.66	35.30
	200m: 2:09.23 33.63	600m: 6:46.95	35.32	1000m: 11:32.34	35.31	1400m: 16:17.72	35.06
	250m: 2:43.10 33.87	650m: 7:22.48	35.53	1050m: 12:08.13	35.79	1450m: 16:51.98	34.26
	300m: 3:17.55 34.45	700m: 7:57.39	34.91	1100m: 12:43.95	35.82	1500m: 17:25.95	33.97
	350m: 3:52.12 34.57	750m: 8:32.92	35.53	1150m: 13:20.00	36.05		
	400m: 4:26.76 34.64	800m: 9:08.60	35.68	1200m: 13:55.90	35.90		
7.	Joao Vitor Fernandes	00		Sao Roque	+0,78	17:26.14	577
	50m: 30.68 30.68	450m: 5:09.24	34.79	850m: 9:49.57	35.20	1250m: 14:34.16	35.46
	100m: 1:04.71 34.03	500m: 5:44.09	34.85	900m: 10:24.98	35.41	1300m: 15:09.60	35.44
	150m: 1:39.84 35.13	550m: 6:19.05	34.96	950m: 11:00.59	35.61	1350m: 15:45.41	35.81
	200m: 2:14.42 34.58	600m: 6:54.19	35.14	1000m: 11:36.17	35.58	1400m: 16:21.30	35.89
	250m: 2:49.36 34.94	650m: 7:29.45	35.26	1050m: 12:11.55	35.38	1450m: 16:55.08	33.78
	300m: 3:24.36 35.00	700m: 8:04.36	34.91	1100m: 12:47.13	35.58	1500m: 17:26.14	31.06
	350m: 3:59.40 35.04	750m: 8:39.45	35.09	1150m: 13:23.14	36.01		
	400m: 4:34.45 35.05	800m: 9:14.37	34.92	1200m: 13:58.70	35.56		
8.	Rui Jorge Lopes	00		CLAC-Entroncamento	+0,91	17:26.89	575
	50m: 31.22 31.22	450m: 5:10.88	34.97	850m: 9:53.45	35.14	1250m: 14:34.80	35.02
	100m: 1:05.13 33.91	500m: 5:46.51	35.63	900m: 10:28.94	35.49	1300m: 15:10.36	35.56
	150m: 1:39.56 34.43	550m: 6:21.47	34.96	950m: 11:03.63	34.69	1350m: 15:44.98	34.62
	200m: 2:14.82 35.26	600m: 6:57.01	35.54	1000m: 11:39.19	35.56	1400m: 16:20.25	35.27
	250m: 2:49.59 34.77	650m: 7:32.21	35.20	1050m: 12:14.10	34.91	1450m: 16:54.15	33.90
	300m: 3:25.22 35.63	700m: 8:07.73	35.52	1100m: 12:49.41	35.31	1500m: 17:26.89	32.74
	350m: 4:00.32 35.10	750m: 8:42.76	35.03	1150m: 13:24.45	35.04		
	400m: 4:35.91 35.59	800m: 9:18.31	35.55	1200m: 13:59.78	35.33		
9.	Francisco Xavier Tomas	00		Alcobaca	+0,49	17:33.20	565
	50m: 30.86 30.86	450m: 5:12.81	35.87	850m: 9:55.10	35.06	1250m: 14:38.47	35.70
	100m: 1:05.01 34.15	500m: 5:48.11	35.30	900m: 10:30.24	35.14	1300m: 15:14.12	35.65
	150m: 1:40.65 35.64	550m: 6:23.84	35.73	950m: 11:05.77	35.53	1350m: 15:49.98	35.86
	200m: 2:15.47 34.82	600m: 6:59.27	35.43	1000m: 11:40.89	35.12	1400m: 16:25.41	35.43
	250m: 2:50.80 35.33	650m: 7:34.75	35.48	1050m: 12:16.35	35.46	1450m: 17:00.62	35.21
	300m: 3:25.78 34.98	700m: 8:10.25	35.50	1100m: 12:51.68	35.33	1500m: 17:33.20	32.58
	350m: 4:01.46 35.68	750m: 8:45.12	34.87	1150m: 13:27.37	35.69		
	400m: 4:36.94 35.48	800m: 9:20.04	34.92	1200m: 14:02.77	35.40		

Prova 1, Masc., 1500m Livres, Juvenis B

Lugar	Nome do nadador	Ano	Classes	Clube	T.R.	Tempo final	Pts
10.	Diogo Moreno Bastos	00		Fluvial Portuense	+0,86	17:43.73	549
	50m: 31.10 31.10	450m: 5:13.00	35.75	850m: 9:58.65	35.30	1250m: 14:45.27	35.77
	100m: 1:05.03 33.93	500m: 5:48.83	35.83	900m: 10:34.54	35.89	1300m: 15:21.64	36.37
	150m: 1:40.06 35.03	550m: 6:24.89	36.06	950m: 11:10.14	35.60	1350m: 15:58.73	37.09
	200m: 2:15.27 35.21	600m: 7:00.44	35.55	1000m: 11:46.09	35.95	1400m: 16:35.20	36.47
	250m: 2:50.63 35.36	650m: 7:36.02	35.58	1050m: 12:22.56	36.47	1450m: 17:10.53	35.33
	300m: 3:26.13 35.50	700m: 8:12.03	36.01	1100m: 12:58.06	35.50	1500m: 17:43.73	33.20
	350m: 4:01.89 35.76	750m: 8:47.74	35.71	1150m: 13:34.04	35.98		
	400m: 4:37.25 35.36	800m: 9:23.35	35.61	1200m: 14:09.50	35.46		
11.	Rafael Gomes Simoes	00		Desportos Barcelos	+0,86	17:45.09	546
	50m: 29.59 29.59	450m: 5:12.37	36.13	850m: 9:59.22	36.28	1250m: 14:47.10	36.31
	100m: 1:03.39 33.80	500m: 5:48.48	36.11	900m: 10:35.51	36.29	1300m: 15:23.36	36.26
	150m: 1:38.50 35.11	550m: 6:24.31	35.83	950m: 11:11.33	35.82	1350m: 15:59.60	36.24
	200m: 2:13.47 34.97	600m: 6:59.94	35.63	1000m: 11:47.24	35.91	1400m: 16:35.45	35.85
	250m: 2:48.81 35.34	650m: 7:35.95	36.01	1050m: 12:23.38	36.14	1450m: 17:11.59	36.14
	300m: 3:24.35 35.54	700m: 8:11.55	35.60	1100m: 12:59.44	36.06	1500m: 17:45.09	33.50
	350m: 4:00.22 35.87	750m: 8:47.09	35.54	1150m: 13:35.01	35.57		
	400m: 4:36.24 36.02	800m: 9:22.94	35.85	1200m: 14:10.79	35.78		
12.	Sebastiao Mendes Gomes	00		Pimpoes/Cimai	+0,82	17:51.15	537
	50m: 31.05 31.05	450m: 5:14.99	34.99	850m: 10:01.00	35.19	1250m: 14:52.35	36.83
	100m: 1:06.29 35.24	500m: 5:51.34	36.35	900m: 10:37.87	36.87	1300m: 15:28.99	36.64
	150m: 1:41.87 35.58	550m: 6:26.37	35.03	950m: 11:14.17	36.30	1350m: 16:04.55	35.56
	200m: 2:17.45 35.58	600m: 7:01.96	35.59	1000m: 11:49.78	35.61	1400m: 16:41.13	36.58
	250m: 2:52.94 35.49	650m: 7:37.85	35.89	1050m: 12:26.11	36.33	1450m: 17:16.22	35.09
	300m: 3:28.82 35.88	700m: 8:14.05	36.20	1100m: 13:02.29	36.18	1500m: 17:51.15	34.93
	350m: 4:04.62 35.80	750m: 8:48.77	34.72	1150m: 13:37.99	35.70		
	400m: 4:40.00 35.38	800m: 9:25.81	37.04	1200m: 14:15.52	37.53		
13.	David Dias Lima	00		Vilacondense	+0,71	17:51.78	536
	50m: 30.72 30.72	450m: 5:13.76	35.94	850m: 10:01.74	35.36	1250m: 14:52.82	36.92
	100m: 1:04.90 34.18	500m: 5:49.57	35.81	900m: 10:37.43	35.69	1300m: 15:29.61	36.79
	150m: 1:40.42 35.52	550m: 6:25.82	36.25	950m: 11:13.98	36.55	1350m: 16:06.18	36.57
	200m: 2:15.37 34.95	600m: 7:02.29	36.47	1000m: 11:50.05	36.07	1400m: 16:42.57	36.39
	250m: 2:50.67 35.30	650m: 7:38.92	36.63	1050m: 12:25.76	35.71	1450m: 17:17.42	34.85
	300m: 3:26.10 35.43	700m: 8:14.88	35.96	1100m: 13:02.15	36.39	1500m: 17:51.78	34.36
	350m: 4:01.89 35.79	750m: 8:51.27	36.39	1150m: 13:39.36	37.21		
	400m: 4:37.82 35.93	800m: 9:26.38	35.11	1200m: 14:15.90	36.54		
14.	Nuno Correia Sousa	00		Fluvial Portuense	+0,80	17:53.40	534
	50m: 30.70 30.70	450m: 5:14.64	36.29	850m: 10:03.72	36.49	1250m: 14:54.80	36.99
	100m: 1:04.82 34.12	500m: 5:50.34	35.70	900m: 10:39.26	35.54	1300m: 15:30.85	36.05
	150m: 1:40.33 35.51	550m: 6:26.58	36.24	950m: 11:16.03	36.77	1350m: 16:07.65	36.80
	200m: 2:15.52 35.19	600m: 7:02.38	35.80	1000m: 11:51.91	35.88	1400m: 16:43.26	35.61
	250m: 2:51.29 35.77	650m: 7:38.92	36.54	1050m: 12:28.94	37.03	1450m: 17:19.62	36.36
	300m: 3:26.77 35.48	700m: 8:15.05	36.13	1100m: 13:04.69	35.75	1500m: 17:53.40	33.78
	350m: 4:03.18 36.41	750m: 8:51.76	36.71	1150m: 13:41.68	36.99		
	400m: 4:38.35 35.17	800m: 9:27.23	35.47	1200m: 14:17.81	36.13		
15.	Filipe Miguel Santo	00		Sporting	+0,92	17:54.42	532
	50m: 31.42 31.42	450m: 5:12.51	36.12	850m: 10:01.74	36.28	1250m: 14:52.74	36.64
	100m: 1:05.00 33.58	500m: 5:48.79	36.28	900m: 10:38.11	36.37	1300m: 15:29.33	36.59
	150m: 1:40.08 35.08	550m: 6:24.85	36.06	950m: 11:14.60	36.49	1350m: 16:05.92	36.59
	200m: 2:14.83 34.75	600m: 7:00.77	35.92	1000m: 11:51.22	36.62	1400m: 16:42.50	36.58
	250m: 2:50.16 35.33	650m: 7:37.00	36.23	1050m: 12:27.27	36.05	1450m: 17:18.73	36.23
	300m: 3:24.98 34.82	700m: 8:12.91	35.91	1100m: 13:03.41	36.14	1500m: 17:54.42	35.69
	350m: 4:00.72 35.74	750m: 8:49.35	36.44	1150m: 13:39.59	36.18		
	400m: 4:36.39 35.67	800m: 9:25.46	36.11	1200m: 14:16.10	36.51		

Prova 1, Masc., 1500m Livres, Juvenis B

Lugar	Nome do nadador	Ano	Classes	Clube	T.R.	Tempo final	Pts	
16.	Filipe Asseiceira Ramos	00		Torres Novas	+1,09	18:34.75	477	
	<i>FTL</i>							
	50m: 31.71	31.71	450m: 5:23.91	37.05	850m: 10:23.03	37.05	1250m: 15:27.05	38.38
	100m: 1:07.66	35.95	500m: 6:00.87	36.96	900m: 11:00.99	37.96	1300m: 16:05.07	38.02
	150m: 1:43.58	35.92	550m: 6:37.85	36.98	950m: 11:38.96	37.97	1350m: 16:43.20	38.13
	200m: 2:20.42	36.84	600m: 7:14.95	37.10	1000m: 12:16.97	38.01	1400m: 17:20.84	37.64
	250m: 2:56.48	36.06	650m: 7:52.49	37.54	1050m: 12:54.86	37.89	1450m: 17:58.34	37.50
	300m: 3:33.28	36.80	700m: 8:30.00	37.51	1100m: 13:33.11	38.25	1500m: 18:34.75	36.41
	350m: 4:09.62	36.34	750m: 9:07.79	37.79	1150m: 14:11.22	38.11		
	400m: 4:46.86	37.24	800m: 9:45.98	38.19	1200m: 14:48.67	37.45		