

Prova 35
03-04-2015 - 10:55

Femin., 400m Livres
SOMAGUE

Absolutos
Resultados Elimin

Rec Nac Absoluto	4:19.75	Ana Goncalves Neto	FPN	Luxembourg (LUX)	29-06-2013
Rec Nac Juv B	4:26.20	Maria Francisca Cabral	FCP	Oeiras	26-07-2014
Rec Nac Juv A	4:20.78	Tamila Hryhorivna Holub	POR	Porto	07-06-2014
Rec Nac Jun16	4:20.37	Marta Andreia Ferreira	FPN	Berlim (GER)	04-08-2002
Rec Nac Jun17	4:19.98	Florbela Cavaco Machado	ASSSCC	Coimbra	26-05-2013
Rec Nac Sen	4:19.75	Ana Goncalves Neto	FPN	Luxembourg (LUX)	29-06-2013

TAC JUN16 Fem Jun16: 4:43.17 / TAC JUN17 Fem Jun17: 4:40.42 / TAC JUV14 Fem Juv B: 4:56.91 / TAC JUV15 Fem Juv A: 4:48.67 / TAC SEN18Fem Sen18: 4:39.04 / TAC SEN19Fem Sen19: 4:39.04 / TAC SEN20+V Fem Sen20+: 4:39.04

Pontos: FINA 2015

Lugar	Nome do nadador	Ano	Classes	Clube	T.R.	Tempo final	Pts
1.	Florbela Cavaco Machado	96		Columbofila Cantanhedense	+0,72	4:22.19	756 A
	50m: 31.53 31.53	150m: 1:38.02 33.37	250m: 2:44.86 33.41	350m: 3:51.09 33.16			
	100m: 1:04.65 33.12	200m: 2:11.45 33.43	300m: 3:17.93 33.07	400m: 4:22.19 31.10			
2.	Diana Margarida Duraes	96		Porto	+0,69	4:22.46	753 A
	50m: 30.60 30.60	150m: 1:37.27 33.67	250m: 2:44.34 33.16	350m: 3:50.92 33.23			
	100m: 1:03.60 33.00	200m: 2:11.18 33.91	300m: 3:17.69 33.35	400m: 4:22.46 31.54			
3.	Angelica Maria Andre	94		Fluvial Portuense	+0,74	4:24.04	740 A
	50m: 31.05 31.05	150m: 1:37.36 33.37	250m: 2:44.81 33.51	350m: 3:51.72 33.05			
	100m: 1:03.99 32.94	200m: 2:11.30 33.94	300m: 3:18.67 33.86	400m: 4:24.04 32.32			
4.	Tamila Hryhorivna Holub	99		Braga	+0,79	4:24.24	738 A
	50m: 31.02 31.02	150m: 1:37.84 33.65	250m: 2:45.11 33.47	350m: 3:52.59 33.79			
	100m: 1:04.19 33.17	200m: 2:11.64 33.80	300m: 3:18.80 33.69	400m: 4:24.24 31.65			
5.	Ana Goncalves Neto	95		Fluvial Portuense	+0,88	4:25.43	728 A
	50m: 30.52 30.52	150m: 1:36.96 33.69	250m: 2:44.18 33.54	350m: 3:52.03 33.95			
	100m: 1:03.27 32.75	200m: 2:10.64 33.68	300m: 3:18.08 33.90	400m: 4:25.43 33.40			
6.	Filipa Vilas Ruivo	97		Ba/Bomcar	+0,78	4:27.75	709 A
	50m: 30.97 30.97	150m: 1:37.78 33.70	250m: 2:45.44 33.86	350m: 3:54.04 34.49			
	100m: 1:04.08 33.11	200m: 2:11.58 33.80	300m: 3:19.55 34.11	400m: 4:27.75 33.71			
7.	Vania Soares Neves	90		Leixoes	+0,72	4:30.57	688 A
	50m: 30.96 30.96	150m: 1:38.25 33.79	250m: 2:46.67 34.43	350m: 3:56.42 35.03			
	100m: 1:04.46 33.50	200m: 2:12.24 33.99	300m: 3:21.39 34.72	400m: 4:30.57 34.15			
8.	Maria Francisca Cabral	00		Porto	+0,83	4:31.73	679 A
	50m: 31.86 31.86	150m: 1:41.59 34.87	250m: 2:50.77 33.91	350m: 3:59.18 33.93			
	100m: 1:06.72 34.86	200m: 2:16.86 35.27	300m: 3:25.25 34.48	400m: 4:31.73 32.55			
9.	Maria Teresa Amorim	97		Porto	+0,77	4:31.80	678 A
	50m: 31.44 31.44	150m: 1:39.27 33.92	250m: 2:48.57 34.81	350m: 3:58.56 34.96			
	100m: 1:05.35 33.91	200m: 2:13.76 34.49	300m: 3:23.60 35.03	400m: 4:31.80 33.24			
10.	Ana Rita Faria	00		Porto	+0,80	4:33.53	665 A
	50m: 31.88 31.88	150m: 1:41.72 34.95	250m: 2:51.53 34.67	350m: 4:00.61 34.36			
	100m: 1:06.77 34.89	200m: 2:16.86 35.14	300m: 3:26.25 34.72	400m: 4:33.53 32.92			
11.	Barbara Marques Rodrigues	97		Alges	+0,82	4:35.56	651 B
	50m: 31.42 31.42	150m: 1:39.64 34.38	250m: 2:50.15 35.50	350m: 4:00.84 35.32			
	100m: 1:05.26 33.84	200m: 2:14.65 35.01	300m: 3:25.52 35.37	400m: 4:35.56 34.72			
12.	Barbara Coimbra Teodosio	99		Nautico da Marinha Grande	+0,87	4:35.99	648 B
	50m: 31.15 31.15	150m: 1:39.87 35.38	250m: 2:51.34 36.23	350m: 4:02.75 36.20			
	100m: 1:04.49 33.34	200m: 2:15.11 35.24	300m: 3:26.55 35.21	400m: 4:35.99 33.24			

Prova 35, Femin., 400m Livres, Elimin, Absolutos

Lugar	Nome do nadador	Ano	Classes	Clube	T.R.	Tempo final	Pts	
13.	Maria Luis Amorim	95		Porto	+0,89	4:36.96	641	B
	50m: 31.44 31.44	150m: 1:41.07	35.41	250m: 2:51.31	35.20	350m: 4:02.31	35.77	
	100m: 1:05.66 34.22	200m: 2:16.11	35.04	300m: 3:26.54	35.23	400m: 4:36.96	34.65	
14.	Ines Jacinto Henriques	00		Pimpoes/Cimai	+0,75	4:37.07	640	B
	50m: 32.16 32.16	150m: 1:42.18	34.89	250m: 2:52.64	35.10	350m: 4:03.06	34.96	
	100m: 1:07.29 35.13	200m: 2:17.54	35.36	300m: 3:28.10	35.46	400m: 4:37.07	34.01	
15.	Madalena Amaro Machado	98		Academico Viseu	+0,84	4:37.29	639	B
	50m: 32.14 32.14	150m: 1:42.30	35.55	250m: 2:53.25	35.09	350m: 4:03.76	34.64	
	100m: 1:06.75 34.61	200m: 2:18.16	35.86	300m: 3:29.12	35.87	400m: 4:37.29	33.53	
16.	Beatriz Paulo Ranito	99		Sporting	+0,81	4:37.77	635	B
	50m: 31.62 31.62	150m: 1:41.83	35.34	250m: 2:53.45	35.65	350m: 4:04.63	35.29	
	100m: 1:06.49 34.87	200m: 2:17.80	35.97	300m: 3:29.34	35.89	400m: 4:37.77	33.14	
17.	Joana Costa Amador	01		Galitos	+0,73	4:38.17	633	B
	50m: 32.30 32.30	150m: 1:42.08	35.41	250m: 2:53.53	35.93	350m: 4:04.31	35.31	
	100m: 1:06.67 34.37	200m: 2:17.60	35.52	300m: 3:29.00	35.47	400m: 4:38.17	33.86	
18.	Helena Paula Carvalho FTL	95		Uniao Piedense	+0,73	4:39.27	625	B
	50m: 32.18 32.18	150m: 1:42.19	35.17	250m: 2:53.08	35.32	350m: 4:04.57	35.49	
	100m: 1:07.02 34.84	200m: 2:17.76	35.57	300m: 3:29.08	36.00	400m: 4:39.27	34.70	
19.	Sara Sofia Alves	01		Columbofila Cantanhedense	+0,71	4:39.43	624	B
	50m: 32.92 32.92	150m: 1:43.34	35.79	250m: 2:54.26	35.67	350m: 4:05.19	35.48	
	100m: 1:07.55 34.63	200m: 2:18.59	35.25	300m: 3:29.71	35.45	400m: 4:39.43	34.24	
20.	Teresa Miguel Veloso	00		Nautico /Urgicentro-Sanfil	+0,73	4:40.08	620	B
	50m: 31.36 31.36	150m: 1:41.75	34.91	250m: 2:52.85	35.17	350m: 4:04.50	35.42	
	100m: 1:06.84 35.48	200m: 2:17.68	35.93	300m: 3:29.08	36.23	400m: 4:40.08	35.58	
21.	Ines Figueira Santos	00		Uniao Piedense	+0,84	4:41.53	610	R
	50m: 31.91 31.91	150m: 1:43.06	35.86	250m: 2:55.13	36.00	350m: 4:07.15	35.98	
	100m: 1:07.20 35.29	200m: 2:19.13	36.07	300m: 3:31.17	36.04	400m: 4:41.53	34.38	
22.	Maria Joao Fernandes FTL	97		Vilacondense	+0,75	4:41.55	610	R
	50m: 31.47 31.47	150m: 1:41.59	35.17	250m: 2:52.64	35.62	350m: 4:05.20	35.81	
	100m: 1:06.42 34.95	200m: 2:17.02	35.43	300m: 3:29.39	36.75	400m: 4:41.55	36.35	
23.	Sofia Isabel Gouveia	00		Uniao Piedense	+0,86	4:42.07	607	
	50m: 31.35 31.35	150m: 1:42.19	35.41	250m: 2:54.23	35.29	350m: 4:06.40	35.64	
	100m: 1:06.78 35.43	200m: 2:18.94	36.75	300m: 3:30.76	36.53	400m: 4:42.07	35.67	
24.	Maria Carolina Costa	01		Porto	+0,87	4:43.18	600	
	50m: 32.03 32.03	150m: 1:43.80	36.43	250m: 2:56.62	36.42	350m: 4:08.65	35.94	
	100m: 1:07.37 35.34	200m: 2:20.20	36.40	300m: 3:32.71	36.09	400m: 4:43.18	34.53	
25.	Filipa Serrano Rodrigues	01		Uniao Piedense	+0,80	4:43.52	597	
	50m: 32.39 32.39	150m: 1:43.95	36.12	250m: 2:55.85	36.05	350m: 4:08.44	36.27	
	100m: 1:07.83 35.44	200m: 2:19.80	35.85	300m: 3:32.17	36.32	400m: 4:43.52	35.08	
26.	Eva Guerreiro Carvalho FTL	99		Uniao Piedense	+0,87	4:44.84	589	
	50m: 32.32 32.32	150m: 1:42.90	35.88	250m: 2:55.55	36.46	350m: 4:08.97	36.97	
	100m: 1:07.02 34.70	200m: 2:19.09	36.19	300m: 3:32.00	36.45	400m: 4:44.84	35.87	

Prova 35, Femin., 400m Livres, Elimin, Absolutos

Lugar	Nome do nadador	Ano	Classes	Clube	T.R.	Tempo final	Pts	
27.	Luisa Maria Machado	01		Uniao Piedense	+0,94	4:45.29	586	
	50m: 32.20 32.20	150m: 1:44.09	36.24	250m: 2:57.33	36.33	350m: 4:09.51	36.06	
	100m: 1:07.85 35.65	200m: 2:21.00	36.91	300m: 3:33.45	36.12	400m: 4:45.29	35.78	
28.	Maria Beatriz Dias	99		Scalabiswim	+0,82	4:45.47	585	
	<i>FTL</i>	50m: 32.74 32.74	150m: 1:43.78	36.10	250m: 2:56.95	36.71	350m: 4:10.41	36.67
	100m: 1:07.68 34.94	200m: 2:20.24	36.46	300m: 3:33.74	36.79	400m: 4:45.47	35.06	
29.	Ana Silva Costa	98		Famalicao	+0,81	4:45.81	583	
	<i>FTL</i>	50m: 32.42 32.42	150m: 1:43.35	35.94	250m: 2:56.05	36.63	350m: 4:10.01	37.33
	100m: 1:07.41 34.99	200m: 2:19.42	36.07	300m: 3:32.68	36.63	400m: 4:45.81	35.80	
30.	Rita Costa Amador	99		Galitos	+0,70	4:46.46	579	
	<i>FTL</i>	50m: 31.62 31.62	150m: 1:42.01	35.87	250m: 2:55.14	36.58	350m: 4:09.75	37.42
	100m: 1:06.14 34.52	200m: 2:18.56	36.55	300m: 3:32.33	37.19	400m: 4:46.46	36.71	
31.	Margarida Valente Orrico	00		Uniao Piedense	+0,90	4:46.53	579	
	50m: 32.66 32.66	150m: 1:44.89	36.65	250m: 2:58.03	36.23	350m: 4:11.68	36.54	
	100m: 1:08.24 35.58	200m: 2:21.80	36.91	300m: 3:35.14	37.11	400m: 4:46.53	34.85	
32.	Catarina Reis Silva	99		Braga	+0,82	4:48.24	569	
	<i>FTL</i>	50m: 32.53 32.53	150m: 1:44.34	36.39	250m: 2:57.81	36.74	350m: 4:12.33	37.32
	100m: 1:07.95 35.42	200m: 2:21.07	36.73	300m: 3:35.01	37.20	400m: 4:48.24	35.91	
33.	Patricia Palmeiro Baeta	00		Scalabiswim	+0,82	4:48.50	567	
	50m: 32.25 32.25	150m: 1:44.21	36.64	250m: 2:58.67	37.40	350m: 4:12.59	36.77	
	100m: 1:07.57 35.32	200m: 2:21.27	37.06	300m: 3:35.82	37.15	400m: 4:48.50	35.91	
	Marina Micaela Sequeira	98		Uniao Piedense	+0,74	4:48.50	567	
	<i>FTL</i>	50m: 32.48 32.48	150m: 1:42.85	35.84	250m: 2:56.64	37.28	350m: 4:12.08	37.61
	100m: 1:07.01 34.53	200m: 2:19.36	36.51	300m: 3:34.47	37.83	400m: 4:48.50	36.42	
35.	Sara Lopes Barbosa	00		Aquatico Pacense	+0,90	4:48.99	564	
	<i>FTL</i>	50m: 32.90 32.90	150m: 1:45.98	36.41	250m: 2:59.37	36.67	350m: 4:13.35	36.63
	100m: 1:09.57 36.67	200m: 2:22.70	36.72	300m: 3:36.72	37.35	400m: 4:48.99	35.64	
36.	Beatriz Barros Carmo	99		Colegio Vasco da Gama	+0,69	4:49.22	563	
	<i>FTL</i>	50m: 32.93 32.93	150m: 1:45.88	36.73	250m: 2:59.68	36.76	350m: 4:13.43	36.88
	100m: 1:09.15 36.22	200m: 2:22.92	37.04	300m: 3:36.55	36.87	400m: 4:49.22	35.79	
37.	Rafaela Araujo Silva	00		Famalicao	+0,94	4:50.19	557	
	<i>FTL</i>	50m: 32.65 32.65	150m: 1:44.94	36.11	250m: 2:59.06	36.99	350m: 4:14.08	36.98
	100m: 1:08.83 36.18	200m: 2:22.07	37.13	300m: 3:37.10	38.04	400m: 4:50.19	36.11	
38.	Carolina Mota Correia	01		Alcobaca	+0,78	4:50.62	555	
	50m: 32.63 32.63	150m: 1:46.88	37.62	250m: 3:01.16	37.92	350m: 4:15.29	36.72	
	100m: 1:09.26 36.63	200m: 2:23.24	36.36	300m: 3:38.57	37.41	400m: 4:50.62	35.33	
39.	Carolina Rosa Marcelino	01		Alges	+0,72	4:51.50	550	
	50m: 32.78 32.78	150m: 1:45.04	36.48	250m: 2:59.45	37.65	350m: 4:15.04	38.07	
	100m: 1:08.56 35.78	200m: 2:21.80	36.76	300m: 3:36.97	37.52	400m: 4:51.50	36.46	

Prova 35, Femin., 400m Livres, Elimin, Absolutos

Lugar	Nome do nadador	Ano	Classes	Clube	T.R.	Tempo final	Pts
40.	Maria Ines Ferreira <i>FTL</i>	00		Miranda do Corvo	+0,84	4:52.32	545
	50m: 32.44 32.44	150m: 1:45.74	36.56	250m: 3:00.31	37.40	350m: 4:15.83	38.08
	100m: 1:09.18 36.74	200m: 2:22.91	37.17	300m: 3:37.75	37.44	400m: 4:52.32	36.49
41.	Miriam Filipe Marcos	01		Natacao Olhao	+0,74	4:53.02	541
	50m: 31.51 31.51	150m: 1:42.49	35.70	250m: 2:58.03	37.79	350m: 4:14.44	37.89
	100m: 1:06.79 35.28	200m: 2:20.24	37.75	300m: 3:36.55	38.52	400m: 4:53.02	38.58
42.	Isabel Porfirio Pego	01		Porto	+0,98	4:53.90	536
	50m: 32.84 32.84	150m: 1:45.73	36.68	250m: 3:00.83	37.50	350m: 4:17.13	38.25
	100m: 1:09.05 36.21	200m: 2:23.33	37.60	300m: 3:38.88	38.05	400m: 4:53.90	36.77
43.	Vera Ines Aguilar <i>FTL</i>	00		Desportivo Nacional	+0,62	4:54.14	535
	50m: 31.91 31.91	150m: 1:44.11	36.75	250m: 2:58.08	37.37	350m: 4:15.73	39.16
	100m: 1:07.36 35.45	200m: 2:20.71	36.60	300m: 3:36.57	38.49	400m: 4:54.14	38.41
44.	Lara Beatriz Matos	01		Famalicao	+0,88	4:54.51	533
	50m: 32.52 32.52	150m: 1:45.63	36.99	250m: 3:01.17	37.92	350m: 4:17.28	37.83
	100m: 1:08.64 36.12	200m: 2:23.25	37.62	300m: 3:39.45	38.28	400m: 4:54.51	37.23
45.	Rita Alexandra Vital	01		Colegio Monte Maior	+0,92	4:54.93	531
	50m: 32.10 32.10	150m: 1:45.93	38.12	250m: 3:02.11	38.60	350m: 4:18.00	37.70
	100m: 1:07.81 35.71	200m: 2:23.51	37.58	300m: 3:40.30	38.19	400m: 4:54.93	36.93
46.	Beatriz Mendes Viegas <i>FTL</i>	00		Tavira Natacao	+0,70	4:55.79	526
	50m: 32.73 32.73	150m: 1:46.30	36.74	250m: 3:01.96	37.65	350m: 4:19.31	38.41
	100m: 1:09.56 36.83	200m: 2:24.31	38.01	300m: 3:40.90	38.94	400m: 4:55.79	36.48
47.	Ana Pimenta Silva	01		Desportiva de Viana	+0,82	4:56.44	523
	50m: 33.41 33.41	150m: 1:46.17	36.97	250m: 3:01.66	37.87	350m: 4:19.13	38.83
	100m: 1:09.20 35.79	200m: 2:23.79	37.62	300m: 3:40.30	38.64	400m: 4:56.44	37.31
48.	Margarida Sobral Pimenta <i>FTL</i>	99		Belenenses	+0,79	4:57.15	519
	50m: 32.16 32.16	150m: 1:44.67	36.88	250m: 3:00.52	38.25	350m: 4:18.44	39.22
	100m: 1:07.79 35.63	200m: 2:22.27	37.60	300m: 3:39.22	38.70	400m: 4:57.15	38.71
49.	Ines Alves Martins <i>FTL</i>	01		Fluvial Portuense	+0,74	4:57.18	519
	50m: 32.42 32.42	150m: 1:46.84	37.63	250m: 3:03.27	37.98	350m: 4:20.14	38.21
	100m: 1:09.21 36.79	200m: 2:25.29	38.45	300m: 3:41.93	38.66	400m: 4:57.18	37.04
50.	Francisca Vieira Pais <i>FTL</i>	01		Galitos	+0,93	4:58.81	510
	50m: 33.94 33.94	150m: 1:48.91	37.31	250m: 3:05.56	37.51	350m: 4:21.83	37.62
	100m: 1:11.60 37.66	200m: 2:28.05	39.14	300m: 3:44.21	38.65	400m: 4:58.81	36.98
51.	Tatiana Raquel Pombo <i>FTL</i>	01		Nautica do Seixal	+0,77	5:02.29	493
	50m: 32.01 32.01	150m: 1:44.35	37.21	250m: 3:02.48	39.55	350m: 4:23.20	40.55
	100m: 1:07.14 35.13	200m: 2:22.93	38.58	300m: 3:42.65	40.17	400m: 5:02.29	39.09
52.	Barbara Francisco Ferreira <i>FTL</i>	01		Gesloures	+0,77	5:05.92	475
	50m: 35.49 35.49	150m: 1:52.08	38.16	250m: 3:10.12	39.03	350m: 4:28.44	38.87
	100m: 1:13.92 38.43	200m: 2:31.09	39.01	300m: 3:49.57	39.45	400m: 5:05.92	37.48

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Lugar	Nome do nadador	Ano	Classes	Clube	T.R.	Tempo final	Pts
53.	Ines Silva Oliveira	00		Leixoes	+0,91	5:07.72	467
	<i>FTL</i>						
	50m: 32.81 32.81	150m: 1:49.04 39.43	250m: 3:08.29 40.22	350m: 4:28.25 40.50			
	100m: 1:09.61 36.80	200m: 2:28.07 39.03	300m: 3:47.75 39.46	400m: 5:07.72 39.47			

Prova 35
03-04-2015 - 10:55

Femin., 400m Livres
SOMAGUE

Seniores
Resultados Elimin

Rec Nac Absoluto	4:19.75	Ana Goncalves Neto	FPN	Luxembourg (LUX)	29-06-2013
Rec Nac Sen	4:19.75	Ana Goncalves Neto	FPN	Luxembourg (LUX)	29-06-2013

TAC SEN18Fem Sen18: 4:39.04 / TAC SEN19Fem Sen19: 4:39.04 / TAC SEN20+V Fem Sen20+: 4:39.04

Pontos: FINA 2015

Lugar	Nome do nadador	Ano	Classes	Clube	T.R.	Tempo final	Pts
1.	Florbela Cavaco Machado	96		Columbofila Cantanhedense	+0,72	4:22.19	756 A
	50m: 31.53 31.53	150m: 1:38.02 33.37	250m: 2:44.86 33.41	350m: 3:51.09 33.16			
	100m: 1:04.65 33.12	200m: 2:11.45 33.43	300m: 3:17.93 33.07	400m: 4:22.19 31.10			
2.	Diana Margarida Duraes	96		Porto	+0,69	4:22.46	753 A
	50m: 30.60 30.60	150m: 1:37.27 33.67	250m: 2:44.34 33.16	350m: 3:50.92 33.23			
	100m: 1:03.60 33.00	200m: 2:11.18 33.91	300m: 3:17.69 33.35	400m: 4:22.46 31.54			
3.	Angelica Maria Andre	94		Fluvial Portuense	+0,74	4:24.04	740 A
	50m: 31.05 31.05	150m: 1:37.36 33.37	250m: 2:44.81 33.51	350m: 3:51.72 33.05			
	100m: 1:03.99 32.94	200m: 2:11.30 33.94	300m: 3:18.67 33.86	400m: 4:24.04 32.32			
4.	Ana Goncalves Neto	95		Fluvial Portuense	+0,88	4:25.43	728 A
	50m: 30.52 30.52	150m: 1:36.96 33.69	250m: 2:44.18 33.54	350m: 3:52.03 33.95			
	100m: 1:03.27 32.75	200m: 2:10.64 33.68	300m: 3:18.08 33.90	400m: 4:25.43 33.40			
5.	Filipa Vilas Ruivo	97		Ba/Bomcar	+0,78	4:27.75	709 A
	50m: 30.97 30.97	150m: 1:37.78 33.70	250m: 2:45.44 33.86	350m: 3:54.04 34.49			
	100m: 1:04.08 33.11	200m: 2:11.58 33.80	300m: 3:19.55 34.11	400m: 4:27.75 33.71			
6.	Vania Soares Neves	90		Leixoes	+0,72	4:30.57	688 A
	50m: 30.96 30.96	150m: 1:38.25 33.79	250m: 2:46.67 34.43	350m: 3:56.42 35.03			
	100m: 1:04.46 33.50	200m: 2:12.24 33.99	300m: 3:21.39 34.72	400m: 4:30.57 34.15			
7.	Maria Teresa Amorim	97		Porto	+0,77	4:31.80	678 A
	50m: 31.44 31.44	150m: 1:39.27 33.92	250m: 2:48.57 34.81	350m: 3:58.56 34.96			
	100m: 1:05.35 33.91	200m: 2:13.76 34.49	300m: 3:23.60 35.03	400m: 4:31.80 33.24			
8.	Barbara Marques Rodrigues	97		Alges	+0,82	4:35.56	651 B
	50m: 31.42 31.42	150m: 1:39.64 34.38	250m: 2:50.15 35.50	350m: 4:00.84 35.32			
	100m: 1:05.26 33.84	200m: 2:14.65 35.01	300m: 3:25.52 35.37	400m: 4:35.56 34.72			
9.	Maria Luis Amorim	95		Porto	+0,89	4:36.96	641 B
	50m: 31.44 31.44	150m: 1:41.07 35.41	250m: 2:51.31 35.20	350m: 4:02.31 35.77			
	100m: 1:05.66 34.22	200m: 2:16.11 35.04	300m: 3:26.54 35.23	400m: 4:36.96 34.65			
10.	Helena Paula Carvalho	95		Uniao Piedense	+0,73	4:39.27	625 B
	<i>FTL</i>						
	50m: 32.18 32.18	150m: 1:42.19 35.17	250m: 2:53.08 35.32	350m: 4:04.57 35.49			
	100m: 1:07.02 34.84	200m: 2:17.76 35.57	300m: 3:29.08 36.00	400m: 4:39.27 34.70			
11.	Maria Joao Fernandes	97		Vilacondense	+0,75	4:41.55	610 R
	<i>FTL</i>						
	50m: 31.47 31.47	150m: 1:41.59 35.17	250m: 2:52.64 35.62	350m: 4:05.20 35.81			
	100m: 1:06.42 34.95	200m: 2:17.02 35.43	300m: 3:29.39 36.75	400m: 4:41.55 36.35			

Prova 35, Femin., 400m Livres, Elimin

Prova 35 03-04-2015 - 10:55	Femin., 400m Livres SOMAGUE				Juniores Resultados Elimin
Rec Nac Absoluto	4:19.75	Ana Goncalves Neto	FPN	Luxembourg (LUX)	29-06-2013
Rec Nac Jun16	4:20.37	Marta Andreia Ferreira	FPN	Berlim (GER)	04-08-2002
Rec Nac Jun17	4:19.98	Florbela Cavaco Machado	ASSSCC	Coimbra	26-05-2013

TAC JUN16 Fem Jun16: 4:43.17 / TAC JUN17 Fem Jun17: 4:40.42

Pontos: FINA 2015

Lugar	Nome do nadador	Ano	Classes	Clube	T.R.	Tempo final	Pts
1.	Tamila Hryhorivna Holub	99		Braga	+0,79	4:24.24	738 A
	50m: 31.02 31.02	150m: 1:37.84	33.65	250m: 2:45.11	33.47	350m: 3:52.59	33.79
	100m: 1:04.19 33.17	200m: 2:11.64	33.80	300m: 3:18.80	33.69	400m: 4:24.24	31.65
2.	Barbara Coimbra Teodosio	99		Nautico da Marinha Grande	+0,87	4:35.99	648 B
	50m: 31.15 31.15	150m: 1:39.87	35.38	250m: 2:51.34	36.23	350m: 4:02.75	36.20
	100m: 1:04.49 33.34	200m: 2:15.11	35.24	300m: 3:26.55	35.21	400m: 4:35.99	33.24
3.	Madalena Amaro Machado	98		Academico Viseu	+0,84	4:37.29	639 B
	50m: 32.14 32.14	150m: 1:42.30	35.55	250m: 2:53.25	35.09	350m: 4:03.76	34.64
	100m: 1:06.75 34.61	200m: 2:18.16	35.86	300m: 3:29.12	35.87	400m: 4:37.29	33.53
4.	Beatriz Paulo Ranito	99		Sporting	+0,81	4:37.77	635 B
	50m: 31.62 31.62	150m: 1:41.83	35.34	250m: 2:53.45	35.65	350m: 4:04.63	35.29
	100m: 1:06.49 34.87	200m: 2:17.80	35.97	300m: 3:29.34	35.89	400m: 4:37.77	33.14
5.	Eva Guerreiro Carvalho	99		Uniao Piedense	+0,87	4:44.84	589
	<i>FTL</i>						
	50m: 32.32 32.32	150m: 1:42.90	35.88	250m: 2:55.55	36.46	350m: 4:08.97	36.97
	100m: 1:07.02 34.70	200m: 2:19.09	36.19	300m: 3:32.00	36.45	400m: 4:44.84	35.87
6.	Maria Beatriz Dias	99		Scalabiswim	+0,82	4:45.47	585
	<i>FTL</i>						
	50m: 32.74 32.74	150m: 1:43.78	36.10	250m: 2:56.95	36.71	350m: 4:10.41	36.67
	100m: 1:07.68 34.94	200m: 2:20.24	36.46	300m: 3:33.74	36.79	400m: 4:45.47	35.06
7.	Ana Silva Costa	98		Famalicao	+0,81	4:45.81	583
	<i>FTL</i>						
	50m: 32.42 32.42	150m: 1:43.35	35.94	250m: 2:56.05	36.63	350m: 4:10.01	37.33
	100m: 1:07.41 34.99	200m: 2:19.42	36.07	300m: 3:32.68	36.63	400m: 4:45.81	35.80
8.	Rita Costa Amador	99		Galitos	+0,70	4:46.46	579
	<i>FTL</i>						
	50m: 31.62 31.62	150m: 1:42.01	35.87	250m: 2:55.14	36.58	350m: 4:09.75	37.42
	100m: 1:06.14 34.52	200m: 2:18.56	36.55	300m: 3:32.33	37.19	400m: 4:46.46	36.71
9.	Catarina Reis Silva	99		Braga	+0,82	4:48.24	569
	<i>FTL</i>						
	50m: 32.53 32.53	150m: 1:44.34	36.39	250m: 2:57.81	36.74	350m: 4:12.33	37.32
	100m: 1:07.95 35.42	200m: 2:21.07	36.73	300m: 3:35.01	37.20	400m: 4:48.24	35.91
10.	Marina Micaela Sequeira	98		Uniao Piedense	+0,74	4:48.50	567
	<i>FTL</i>						
	50m: 32.48 32.48	150m: 1:42.85	35.84	250m: 2:56.64	37.28	350m: 4:12.08	37.61
	100m: 1:07.01 34.53	200m: 2:19.36	36.51	300m: 3:34.47	37.83	400m: 4:48.50	36.42
11.	Beatriz Barros Carmo	99		Colegio Vasco da Gama	+0,69	4:49.22	563
	<i>FTL</i>						
	50m: 32.93 32.93	150m: 1:45.88	36.73	250m: 2:59.68	36.76	350m: 4:13.43	36.88
	100m: 1:09.15 36.22	200m: 2:22.92	37.04	300m: 3:36.55	36.87	400m: 4:49.22	35.79

Prova 35, Femin., 400m Livres, Elimin, Juniores

Lugar	Nome do nadador	Ano	Classes	Clube	T.R.	Tempo final	Pts
12.	Margarida Sobral Pimenta	99		Belenenses	+0,79	4:57.15	519
	<i>FTL</i>						
	50m: 32.16 32.16	150m: 1:44.67 36.88	250m: 3:00.52 38.25	350m: 4:18.44 39.22			
	100m: 1:07.79 35.63	200m: 2:22.27 37.60	300m: 3:39.22 38.70	400m: 4:57.15 38.71			

Prova 35
03-04-2015 - 10:55

Femin., 400m Livres
SOMAGUE

Juvenis A
Resultados Elimin

Rec Nac Absoluto	4:19.75	Ana Goncalves Neto	FPN	Luxembourg (LUX)	29-06-2013
Rec Nac Juv A	4:20.78	Tamila Hryhorivna Holub	POR	Porto	07-06-2014

TAC JUV15 Fem : 4:48.67

Pontos: FINA 2015

Lugar	Nome do nadador	Ano	Classes	Clube	T.R.	Tempo final	Pts
1.	Maria Francisca Cabral	00		Porto	+0,83	4:31.73	679 A
	50m: 31.86 31.86	150m: 1:41.59 34.87	250m: 2:50.77 33.91	350m: 3:59.18 33.93			
	100m: 1:06.72 34.86	200m: 2:16.86 35.27	300m: 3:25.25 34.48	400m: 4:31.73 32.55			
2.	Ana Rita Faria	00		Porto	+0,80	4:33.53	665 A
	50m: 31.88 31.88	150m: 1:41.72 34.95	250m: 2:51.53 34.67	350m: 4:00.61 34.36			
	100m: 1:06.77 34.89	200m: 2:16.86 35.14	300m: 3:26.25 34.72	400m: 4:33.53 32.92			
3.	Ines Jacinto Henriques	00		Pimpoes/Cimai	+0,75	4:37.07	640 B
	50m: 32.16 32.16	150m: 1:42.18 34.89	250m: 2:52.64 35.10	350m: 4:03.06 34.96			
	100m: 1:07.29 35.13	200m: 2:17.54 35.36	300m: 3:28.10 35.46	400m: 4:37.07 34.01			
4.	Teresa Miguel Veloso	00		Nautico /Urgicentro-Sanfil	+0,73	4:40.08	620 B
	50m: 31.36 31.36	150m: 1:41.75 34.91	250m: 2:52.85 35.17	350m: 4:04.50 35.42			
	100m: 1:06.84 35.48	200m: 2:17.68 35.93	300m: 3:29.08 36.23	400m: 4:40.08 35.58			
5.	Ines Figueira Santos	00		Uniao Piedense	+0,84	4:41.53	610 R
	50m: 31.91 31.91	150m: 1:43.06 35.86	250m: 2:55.13 36.00	350m: 4:07.15 35.98			
	100m: 1:07.20 35.29	200m: 2:19.13 36.07	300m: 3:31.17 36.04	400m: 4:41.53 34.38			
6.	Sofia Isabel Gouveia	00		Uniao Piedense	+0,86	4:42.07	607
	50m: 31.35 31.35	150m: 1:42.19 35.41	250m: 2:54.23 35.29	350m: 4:06.40 35.64			
	100m: 1:06.78 35.43	200m: 2:18.94 36.75	300m: 3:30.76 36.53	400m: 4:42.07 35.67			
7.	Margarida Valente Orrico	00		Uniao Piedense	+0,90	4:46.53	579
	50m: 32.66 32.66	150m: 1:44.89 36.65	250m: 2:58.03 36.23	350m: 4:11.68 36.54			
	100m: 1:08.24 35.58	200m: 2:21.80 36.91	300m: 3:35.14 37.11	400m: 4:46.53 34.85			
8.	Patricia Palmeiro Baeta	00		Scalabiswim	+0,82	4:48.50	567
	50m: 32.25 32.25	150m: 1:44.21 36.64	250m: 2:58.67 37.40	350m: 4:12.59 36.77			
	100m: 1:07.57 35.32	200m: 2:21.27 37.06	300m: 3:35.82 37.15	400m: 4:48.50 35.91			
9.	Sara Lopes Barbosa	00		Aquatico Pacense	+0,90	4:48.99	564
	<i>FTL</i>						
	50m: 32.90 32.90	150m: 1:45.98 36.41	250m: 2:59.37 36.67	350m: 4:13.35 36.63			
	100m: 1:09.57 36.67	200m: 2:22.70 36.72	300m: 3:36.72 37.35	400m: 4:48.99 35.64			
10.	Rafaela Araujo Silva	00		Famalicao	+0,94	4:50.19	557
	<i>FTL</i>						
	50m: 32.65 32.65	150m: 1:44.94 36.11	250m: 2:59.06 36.99	350m: 4:14.08 36.98			
	100m: 1:08.83 36.18	200m: 2:22.07 37.13	300m: 3:37.10 38.04	400m: 4:50.19 36.11			

Prova 35, Femin., 400m Livres, Elimin, Juvenis A

Lugar	Nome do nadador	Ano	Classes	Clube	T.R.	Tempo final	Pts
11.	Maria Ines Ferreira <i>FTL</i>	00		Miranda do Corvo	+0,84	4:52.32	545
	50m: 32.44 32.44	150m: 1:45.74	36.56	250m: 3:00.31	37.40	350m: 4:15.83	38.08
	100m: 1:09.18 36.74	200m: 2:22.91	37.17	300m: 3:37.75	37.44	400m: 4:52.32	36.49
12.	Vera Ines Aguilár <i>FTL</i>	00		Desportivo Nacional	+0,62	4:54.14	535
	50m: 31.91 31.91	150m: 1:44.11	36.75	250m: 2:58.08	37.37	350m: 4:15.73	39.16
	100m: 1:07.36 35.45	200m: 2:20.71	36.60	300m: 3:36.57	38.49	400m: 4:54.14	38.41
13.	Beatriz Mendes Viegas <i>FTL</i>	00		Tavira Natacao	+0,70	4:55.79	526
	50m: 32.73 32.73	150m: 1:46.30	36.74	250m: 3:01.96	37.65	350m: 4:19.31	38.41
	100m: 1:09.56 36.83	200m: 2:24.31	38.01	300m: 3:40.90	38.94	400m: 4:55.79	36.48
14.	Ines Silva Oliveira <i>FTL</i>	00		Leixoes	+0,91	5:07.72	467
	50m: 32.81 32.81	150m: 1:49.04	39.43	250m: 3:08.29	40.22	350m: 4:28.25	40.50
	100m: 1:09.61 36.80	200m: 2:28.07	39.03	300m: 3:47.75	39.46	400m: 5:07.72	39.47

Prova 35
03-04-2015 - 10:55

Femin., 400m Livres
SOMAGUE

Juvenis B
Resultados Elimin

Rec Nac Absoluto	4:19.75	Ana Goncalves Neto	FPN	Luxembourg (LUX)	29-06-2013
Rec Nac Juv B	4:26.20	Maria Francisca Cabral	FCP	Oeiras	26-07-2014

TAC JUV14 Fem : 4:56.91

Pontos: FINA 2015

Lugar	Nome do nadador	Ano	Classes	Clube	T.R.	Tempo final	Pts
1.	Joana Costa Amador	01		Galitos	+0,73	4:38.17	633 B
	50m: 32.30 32.30	150m: 1:42.08	35.41	250m: 2:53.53	35.93	350m: 4:04.31	35.31
	100m: 1:06.67 34.37	200m: 2:17.60	35.52	300m: 3:29.00	35.47	400m: 4:38.17	33.86
2.	Sara Sofia Alves	01		Columbofila Cantanhedense	+0,71	4:39.43	624 B
	50m: 32.92 32.92	150m: 1:43.34	35.79	250m: 2:54.26	35.67	350m: 4:05.19	35.48
	100m: 1:07.55 34.63	200m: 2:18.59	35.25	300m: 3:29.71	35.45	400m: 4:39.43	34.24
3.	Maria Carolina Costa	01		Porto	+0,87	4:43.18	600
	50m: 32.03 32.03	150m: 1:43.80	36.43	250m: 2:56.62	36.42	350m: 4:08.65	35.94
	100m: 1:07.37 35.34	200m: 2:20.20	36.40	300m: 3:32.71	36.09	400m: 4:43.18	34.53
4.	Filipa Serrano Rodrigues	01		Uniao Piedense	+0,80	4:43.52	597
	50m: 32.39 32.39	150m: 1:43.95	36.12	250m: 2:55.85	36.05	350m: 4:08.44	36.27
	100m: 1:07.83 35.44	200m: 2:19.80	35.85	300m: 3:32.17	36.32	400m: 4:43.52	35.08
5.	Luisa Maria Machado	01		Uniao Piedense	+0,94	4:45.29	586
	50m: 32.20 32.20	150m: 1:44.09	36.24	250m: 2:57.33	36.33	350m: 4:09.51	36.06
	100m: 1:07.85 35.65	200m: 2:21.00	36.91	300m: 3:33.45	36.12	400m: 4:45.29	35.78
6.	Carolina Mota Correia	01		Alcobaca	+0,78	4:50.62	555
	50m: 32.63 32.63	150m: 1:46.88	37.62	250m: 3:01.16	37.92	350m: 4:15.29	36.72
	100m: 1:09.26 36.63	200m: 2:23.24	36.36	300m: 3:38.57	37.41	400m: 4:50.62	35.33
7.	Carolina Rosa Marcelino	01		Alges	+0,72	4:51.50	550
	50m: 32.78 32.78	150m: 1:45.04	36.48	250m: 2:59.45	37.65	350m: 4:15.04	38.07
	100m: 1:08.56 35.78	200m: 2:21.80	36.76	300m: 3:36.97	37.52	400m: 4:51.50	36.46

Prova 35, Femin., 400m Livres, Elimin, Juvenis B

Lugar	Nome do nadador	Ano	Classes	Clube	T.R.	Tempo final	Pts
8.	Miriam Filipe Marcos	01		Natacao Olhao	+0,74	4:53.02	541
	50m: 31.51 31.51	150m: 1:42.49	35.70	250m: 2:58.03	37.79	350m: 4:14.44	37.89
	100m: 1:06.79 35.28	200m: 2:20.24	37.75	300m: 3:36.55	38.52	400m: 4:53.02	38.58
9.	Isabel Porfirio Pego	01		Porto	+0,98	4:53.90	536
	50m: 32.84 32.84	150m: 1:45.73	36.68	250m: 3:00.83	37.50	350m: 4:17.13	38.25
	100m: 1:09.05 36.21	200m: 2:23.33	37.60	300m: 3:38.88	38.05	400m: 4:53.90	36.77
10.	Lara Beatriz Matos	01		Famalicao	+0,88	4:54.51	533
	50m: 32.52 32.52	150m: 1:45.63	36.99	250m: 3:01.17	37.92	350m: 4:17.28	37.83
	100m: 1:08.64 36.12	200m: 2:23.25	37.62	300m: 3:39.45	38.28	400m: 4:54.51	37.23
11.	Rita Alexandra Vital	01		Colegio Monte Maior	+0,92	4:54.93	531
	50m: 32.10 32.10	150m: 1:45.93	38.12	250m: 3:02.11	38.60	350m: 4:18.00	37.70
	100m: 1:07.81 35.71	200m: 2:23.51	37.58	300m: 3:40.30	38.19	400m: 4:54.93	36.93
12.	Ana Pimenta Silva	01		Desportiva de Viana	+0,82	4:56.44	523
	50m: 33.41 33.41	150m: 1:46.17	36.97	250m: 3:01.66	37.87	350m: 4:19.13	38.83
	100m: 1:09.20 35.79	200m: 2:23.79	37.62	300m: 3:40.30	38.64	400m: 4:56.44	37.31
13.	Ines Alves Martins FTL	01		Fluvial Portuense	+0,74	4:57.18	519
	50m: 32.42 32.42	150m: 1:46.84	37.63	250m: 3:03.27	37.98	350m: 4:20.14	38.21
	100m: 1:09.21 36.79	200m: 2:25.29	38.45	300m: 3:41.93	38.66	400m: 4:57.18	37.04
14.	Francisca Vieira Pais FTL	01		Galitos	+0,93	4:58.81	510
	50m: 33.94 33.94	150m: 1:48.91	37.31	250m: 3:05.56	37.51	350m: 4:21.83	37.62
	100m: 1:11.60 37.66	200m: 2:28.05	39.14	300m: 3:44.21	38.65	400m: 4:58.81	36.98
15.	Tatiana Raquel Pombo FTL	01		Nautica do Seixal	+0,77	5:02.29	493
	50m: 32.01 32.01	150m: 1:44.35	37.21	250m: 3:02.48	39.55	350m: 4:23.20	40.55
	100m: 1:07.14 35.13	200m: 2:22.93	38.58	300m: 3:42.65	40.17	400m: 5:02.29	39.09
16.	Barbara Francisco Ferreira FTL	01		Geslours	+0,77	5:05.92	475
	50m: 35.49 35.49	150m: 1:52.08	38.16	250m: 3:10.12	39.03	350m: 4:28.44	38.87
	100m: 1:13.92 38.43	200m: 2:31.09	39.01	300m: 3:49.57	39.45	400m: 5:05.92	37.48