

Prova 16	Femin., 400m Estilos				Absolutos
02-04-2015 - 17:10	SOMAGUE				Startlist Final
Rec Nac Absoluto	4:45.69	Victoria Kaminskaya	FPN	Malaga (ESP)	29-03-2015
Rec Nac Juv B	5:01.04	Susana Patricia Miguel	SFUAP	Lisboa	08-07-2004
Rec Nac Juv A	4:58.08	Diana Margarida Duraes	FOCA	Póvoa de Varzim	05-08-2011
Rec Nac Jun16	4:57.84	Victoria Kaminskaya	PIMP	Oeiras	19-02-2011
Rec Nac Jun17	4:52.12	Victoria Kaminskaya	PIMP	Oeiras	27-07-2012
Rec Nac Sen	4:45.69	Victoria Kaminskaya	FPN	Malaga (ESP)	29-03-2015

TAC JUN16 Fem Jun16: 5:21.31 / TAC JUV15 Fem Juv A: 5:27.55 / TAC JUV14 Fem Juv B: 5:36.91

Pista	Nome	Ano	Clube	Tp inscrição	
Final A					
0	Raquel Paulo Ranito	94	Colegio Vasco da Gama	5:14.36	_:._.
1	Filipa Vilas Ruivo	97	Ba/Bomcar	5:12.11	_:._.
2	Giovanna Vaz Vargas	00	Nautico da Marinha Grande	5:07.38	_:._.
3	Maria Francisca Cabral	00	Porto	5:05.80	_:._.
4	Angelica Maria Andre	94	Fluvial Portuense	5:02.25	_:._.
5	Madalena Gomes Azevedo	99	Alges	5:03.35	_:._.
6	Ana Beatriz Martins	99	Famalicao	5:06.34	_:._.
7	Rita Costa Amador	99	Galitos	5:11.34	_:._.
8	Teresa Miguel Veloso	00	Nautico /Urgicentro-Sanfil	5:12.72	_:._.
9	Monica Seara Domingues	00	Nautico da Marinha Grande	5:16.59	_:._.

Final B					
0	Alice Maria Lopes	00	Uniao Piedense	5:29.95	_:._.
1	Luisa Maria Machado	01	Uniao Piedense	5:27.39	_:._.
2	Ines Rocha Silva	00	Alcobaca	5:23.76	_:._.
3	Carolina Rosa Marcelino	01	Alges	5:20.66	_:._.
4	Helena Paula Carvalho	95	Uniao Piedense	5:16.87	_:._.
5	Demi Ferreira Lopes	98	Portinado	5:17.23	_:._.
6	Raquel Antunes Tremoco	01	Sporting	5:22.55	_:._.
7	Rita Teixeira Costa	97	Belenenses	5:26.21	_:._.
8	Sara Sofia Alves	01	Columbofila Cantanhedense	5:28.24	_:._.
9	Sofia Machado Dionisio	98	Sporting	5:31.31	_:._.

Inscrições suplentes					
	Raquel Leao Monteiro	00	Aquatico Pacense	5:31.69	_:._.
	Lara Beatriz Matos	01	Famalicao	5:33.33	_:._.