

Prova 3 11-04-2015	Masc., 400m Livres 2ª Divisão				Absolutos Resultados
Recordes Nacionais 50m Absoluto	3:52.29	Jorge Manuel Maia	FPN	Málaga (ESP)	05-04-2009
Recordes Nacionais 50m Inf B	4:28.42	Pedro Fontoura Oliveira	CFB	Restelo	26-07-2003
Recordes Nacionais 50m Inf A	4:15.99	Pedro Fontoura Oliveira	CFB	Badajoz (ESP)	11-07-2004
Recordes Nacionais 50m Juv B	4:06.22	Rui Filipe Costa	VSC	Coimbra	29-07-2006
Recordes Nacionais 50m Juv A	3:59.38	Gustavo Manuel Santa	FPN	Tampere (FIN)	21-07-2009
Recordes Nacionais 50m Jun 1	3:57.15	Gustavo Manuel Santa	FPN	Helsinki (FIN)	14-07-2010
Recordes Nacionais 50m Jun 2	3:58.26	Ivo Emanuel Carneiro	FPN	Linz (AUT)	12-07-2002
Recordes Nacionais 50m Sen	3:52.29	Jorge Manuel Maia	FPN	Málaga (ESP)	05-04-2009

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Miguel Duarte Nascimento	95	14944	Portinado	4:01.49	+0,67	756	17,00
	50m: 27.40 27.40		150m: 1:28.04 30.88	250m: 2:30.45 31.39	350m: 3:32.88 30.85			
	100m: 57.16 29.76		200m: 1:59.06 31.02	300m: 3:02.03 31.58	400m: 4:01.49 28.61			
2.	Tiago Silva Oliveira	94	15465	Leixoes	4:01.99	+0,75	752	15,00
	50m: 28.08 28.08		150m: 1:28.86 30.67	250m: 2:30.98 30.80	350m: 3:31.95 30.50			
	100m: 58.19 30.11		200m: 2:00.18 31.32	300m: 3:01.45 30.47	400m: 4:01.99 30.04			
3.	Andre Filipe Farinha	96	105086	Benfica	4:03.94	+0,71	734	14,00
	50m: 28.15 28.15		150m: 1:29.72 31.05	250m: 2:32.28 31.21	350m: 3:33.64 30.91			
	100m: 58.67 30.52		200m: 2:01.07 31.35	300m: 3:02.73 30.45	400m: 4:03.94 30.30			
4.	Nathan Keith Theodoris	95	26389	Louletano / Loule Concelho	4:04.24	+0,68	731	13,00
	50m: 28.17 28.17		150m: 1:28.75 30.49	250m: 2:30.91 31.14	350m: 3:33.79 31.26			
	100m: 58.26 30.09		200m: 1:59.77 31.02	300m: 3:02.53 31.62	400m: 4:04.24 30.45			
5.	Vasco Miguel Gaspar	90	26500	Uniao Piedense	4:04.62	+0,75	728	12,00
	50m: 27.48 27.48		150m: 1:28.72 30.89	250m: 2:31.16 30.97	350m: 3:33.74 31.22			
	100m: 57.83 30.35		200m: 2:00.19 31.47	300m: 3:02.52 31.36	400m: 4:04.62 30.88			
6.	Ricardo Manuel Machado	93	13278	Braga	4:07.72	+0,78	701	11,00
	50m: 28.27 28.27		150m: 1:30.49 31.29	250m: 2:34.12 31.85	350m: 3:36.73 30.52			
	100m: 59.20 30.93		200m: 2:02.27 31.78	300m: 3:06.21 32.09	400m: 4:07.72 30.99			
7.	Ruben Jose Morim	97	107935	Vilacondense	4:08.34	+0,72	695	10,00
	50m: 28.11 28.11		150m: 1:30.35 31.45	250m: 2:34.23 32.12	350m: 3:37.82 31.50			
	100m: 58.90 30.79		200m: 2:02.11 31.76	300m: 3:06.32 32.09	400m: 4:08.34 30.52			
8.	Cristian Fernandez Nieto	92	148727	Desportiva de Viana	4:11.75	+0,72	667	9,00
	50m: 28.52 28.52		150m: 1:31.30 31.22	250m: 2:35.79 31.90	350m: 3:40.22 31.84			
	100m: 1:00.08 31.56		200m: 2:03.89 32.59	300m: 3:08.38 32.59	400m: 4:11.75 31.53			
9.	Joao Andre Neves	95	101408	Academica de Coimbra	4:15.70	+0,66	637	8,00
	50m: 29.23 29.23		150m: 1:33.05 32.18	250m: 2:37.66 32.32	350m: 3:43.40 32.89			
	100m: 1:00.87 31.64		200m: 2:05.34 32.29	300m: 3:10.51 32.85	400m: 4:15.70 32.30			
10.	Goncalo Cardoso Carmo	96	101124	Alges	4:16.34	+0,63	632	7,00
	50m: 28.87 28.87		150m: 1:32.92 32.61	250m: 2:38.62 32.76	350m: 3:44.55 33.12			
	100m: 1:00.31 31.44		200m: 2:05.86 32.94	300m: 3:11.43 32.81	400m: 4:16.34 31.79			
11.	Antonio Rafael Bessa	94	102089	Aquatico Pacense	4:17.10	+0,77	627	6,00
	50m: 28.71 28.71		150m: 1:31.70 31.62	250m: 2:35.72 31.97	350m: 3:43.64 34.34			
	100m: 1:00.08 31.37		200m: 2:03.75 32.05	300m: 3:09.30 33.58	400m: 4:17.10 33.46			
12.	Rui Filipe Costa	91	24004	Foca	4:17.34	+0,86	625	5,00
	50m: 29.13 29.13		150m: 1:32.85 32.24	250m: 2:38.74 33.03	350m: 3:45.62 33.31			
	100m: 1:00.61 31.48		200m: 2:05.71 32.86	300m: 3:12.31 33.57	400m: 4:17.34 31.72			
13.	Joao Luis Travanca	97	104716	Fluvial Portuense	4:19.24	+0,84	611	4,00
	50m: 28.52 28.52		150m: 1:32.28 32.72	250m: 2:39.02 33.70	350m: 3:46.63 34.06			
	100m: 59.56 31.04		200m: 2:05.32 33.04	300m: 3:12.57 33.55	400m: 4:19.24 32.61			
14.	Diogo Rosado Leca	98	117034	Colegio Monte Maior	4:23.90	+0,76	579	3,00
	50m: 28.90 28.90		150m: 1:34.56 33.85	250m: 2:42.90 34.42	350m: 3:51.83 34.33			
	100m: 1:00.71 31.81		200m: 2:08.48 33.92	300m: 3:17.50 34.60	400m: 4:23.90 32.07			

Prova 3, Masc., 400m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
15.	Pedro Miguel Vieira	98	109367	Galitos	4:24.82	+0,85	573	2,00
	50m: 29.19	29.19	150m: 1:35.25	33.68	250m: 2:42.97	33.92	350m: 3:51.78	34.24
	100m: 1:01.57	32.38	200m: 2:09.05	33.80	300m: 3:17.54	34.57	400m: 4:24.82	33.04
16.	Ruben Silva Paiva	00	121893	Feirense	4:51.99	+0,85	428	1,00
	50m: 30.02	30.02	150m: 1:39.83	35.94	250m: 2:56.18	38.45	350m: 4:14.25	39.16
	100m: 1:03.89	33.87	200m: 2:17.73	37.90	300m: 3:35.09	38.91	400m: 4:51.99	37.74