

Prova 60 12-04-2015	Masc., 400m Estilos 1ª Divisão				1ª Divisão MASC Resultados	
Recordes Nacionais 50m Absoluto	4:16.30	Alexis Manacas Santos	FPN	Barcelona (ESP)	04-09-2013	
Recordes Nacionais 50m Inf B	4:54.87	Andre Vilas Ruivo	DNMG	S. João da Madeira	12-07-2013	
Recordes Nacionais 50m Inf A	4:46.20	Tomas Miguel Freitas	CDN	Póvoa Varzim	23-07-2004	
Recordes Nacionais 50m Juv B	4:37.06	Joao Alexandre Vital	FPN	Utrecht (NED)	16-07-2013	
Recordes Nacionais 50m Juv A	4:32.66	Joao Alexandre Vital	ADRCIMM	Coimbra	01-06-2014	
Recordes Nacionais 50m Jun 17	4:30.51	Carlos Esteves Almeida	CNA	Oeiras	18-03-2005	
Recordes Nacionais 50m Jun 18	4:26.40	Alexis Manacas Santos	SCP	Coimbra	30-07-2010	
Recordes Nacionais 50m Sen	4:16.30	Alexis Manacas Santos	FPN	Barcelona (ESP)	04-08-2013	

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Pedro Miguel Pinotes	89	26732	Sporting	4:24.99	+0,72	779	9,0(-)
	50m: 28.23 28.23			150m: 1:35.31 34.21	250m: 2:46.15 36.74	350m: 3:54.41 31.25		
	100m: 1:01.10 32.87			200m: 2:09.41 34.10	300m: 3:23.16 37.01	400m: 4:24.99 30.58		
2.	Tomas Miguel Veloso	96	10868	Nautico /Urgicentro-Sanfil	4:30.10	+0,67	735	7,0(-)
	50m: 28.32 28.32			150m: 1:36.66 35.64	250m: 2:49.03 37.61	350m: 3:58.74 31.99		
	100m: 1:01.02 32.70			200m: 2:11.42 34.76	300m: 3:26.75 37.72	400m: 4:30.10 31.36		
3.	Tomas Correia Silva	95	23367	Porto	4:37.91	+0,70	675	6,0(-)
	50m: 27.92 27.92			150m: 1:38.06 36.51	250m: 2:54.09 39.34	350m: 4:06.09 32.63		
	100m: 1:01.55 33.63			200m: 2:14.75 36.69	300m: 3:33.46 39.37	400m: 4:37.91 31.82		
4.	Diogo Gomes Sousa	95	25455	Estrelas S. Joao de Brito	4:39.62	+0,72	663	5,0(-)
	50m: 28.12 28.12			150m: 1:37.00 34.75	250m: 2:52.80 40.39	350m: 4:07.12 33.20		
	100m: 1:02.25 34.13			200m: 2:12.41 35.41	300m: 3:33.92 41.12	400m: 4:39.62 32.50		
5.	Ricardo Amorim Rego	84	15954	Famalicao	4:46.28	+0,83	617	4,0(-)
	50m: 29.19 29.19			150m: 1:40.18 36.83	250m: 2:57.38 39.63	350m: 4:12.39 34.41		
	100m: 1:03.35 34.16			200m: 2:17.75 37.57	300m: 3:37.98 40.60	400m: 4:46.28 33.89		
6.	Joao Carlos Santos	96	104253	Naval Amorense	4:48.29	+0,70	605	3,0(-)
	50m: 30.76 30.76			150m: 1:43.43 37.72	250m: 3:01.85 41.38	350m: 4:17.39 32.51		
	100m: 1:05.71 34.95			200m: 2:20.47 37.04	300m: 3:44.88 43.03	400m: 4:48.29 30.90		
7.	Henrique Lourenco Ferreira	99	112534	Colegio Vasco da Gama	5:09.33	+0,65	489	2,0(-)
	50m: 30.57 30.57			150m: 1:48.95 41.86	250m: 3:14.70 45.28	350m: 4:36.11 35.64		
	100m: 1:07.09 36.52			200m: 2:29.42 40.47	300m: 4:00.47 45.77	400m: 5:09.33 33.22		
DNS	Joao Figueiredo Narra	69	128970	Amadora				-