

Prova 1	Femin., 400m Livres				Absolutos
11-04-2015 - 9:30	2ª Divisão				Resultados
Recordes Nacionais 50m Absoluto	4:19.75	Ana Goncalves Neto	FPN	Luxembourg (LUX)	29-06-2013
Recordes Nacionais 50m Absoluto	4:19.75	Diana Margarida Duraes	FCP	Coimbra	03-04-2015
Recordes Nacionais 50m Inf B	4:43.70	Alexandra Maria Silva	FCP	Funchal	27-07-1979
Recordes Nacionais 50m Inf A	4:31.53	Alexandra Maria Silva	FPN	Skovde (SWE)	08-08-1980
Recordes Nacionais 50m Juv B	4:26.20	Maria Francisca Cabral	FCP	Oeiras	26-07-2014
Recordes Nacionais 50m Juv A	4:20.78	Tamila Hryhorivna Holub	POR	Porto	07-06-2014
Recordes Nacionais 50m 16	4:20.37	Marta Andreia Ferreira	FPN	Berlim (GER)	04-08-2002
Recordes Nacionais 50m 17	4:19.98	Florbela Cavaco Machado	ASSSCC	Coimbra	26-05-2013
Recordes Nacionais 50m Sen	4:19.75	Ana Goncalves Neto	FPN	Luxembourg (LUX)	29-06-2013
Recordes Nacionais 50m Sen	4:19.75	Diana Margarida Duraes	FCP	Coimbra	03-04-2015

Pontos: FINA 2015

Lugar	Nome	AnNFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Vania Soares Neves	9012380	Leixoes	<b>4:30.85</b>	+0,75	685	17,00
	50m: 30.26 30.26	150m: 1:37.30 33.79	250m: 2:47.12 34.73	350m: 3:56.91 34.66			
	100m: 1:03.51 33.25	200m: 2:12.39 35.09	300m: 3:22.25 35.13	400m: 4:30.85 33.94			
2.	Maria Joao Fernandes	97102092	Vilacondense	<b>4:36.71</b>	+0,83	643	15,00
	50m: 31.50 31.50	150m: 1:41.61 35.66	250m: 2:52.23 34.98	350m: 4:02.64 34.91			
	100m: 1:05.95 34.45	200m: 2:17.25 35.64	300m: 3:27.73 35.50	400m: 4:36.71 34.07			
3.	Madalena Amaro Machado	98105916	Academico Viseu	<b>4:38.38</b>	+0,86	631	14,00
	50m: 31.26 31.26	150m: 1:41.55 35.37	250m: 2:53.22 35.47	350m: 4:04.45 34.99			
	100m: 1:06.18 34.92	200m: 2:17.75 36.20	300m: 3:29.46 36.24	400m: 4:38.38 33.93			
4.	Lara Gomez Cortes	99148729	Desportiva de Viana	<b>4:38.63</b>	+0,78	630	13,00
	50m: 31.00 31.00	150m: 1:40.58 34.94	250m: 2:52.24 35.72	350m: 4:04.33 35.77			
	100m: 1:05.64 34.64	200m: 2:16.52 35.94	300m: 3:28.56 36.32	400m: 4:38.63 34.30			
5.	Joana Costa Amador	01117714	Galitos	<b>4:38.73</b>	+0,74	629	12,00
	50m: 32.57 32.57	150m: 1:43.92 36.45	250m: 2:55.53 35.66	350m: 4:05.44 34.73			
	100m: 1:07.47 34.90	200m: 2:19.87 35.95	300m: 3:30.71 35.18	400m: 4:38.73 33.29			
6.	Barbara Coimbra Teodosio	99112716	Nautico Marinha Grande	<b>4:39.24</b>	+0,92	625	11,00
	50m: 31.54 31.54	150m: 1:41.73 35.71	250m: 2:53.21 35.50	350m: 4:04.77 35.57			
	100m: 1:06.02 34.48	200m: 2:17.71 35.98	300m: 3:29.20 35.99	400m: 4:39.24 34.47			
7.	Carolina Madeira Santos	96104254	Naval Amorense	<b>4:40.27</b>	+0,91	619	10,00
	50m: 30.89 30.89	150m: 1:41.04 35.36	250m: 2:53.18 36.05	350m: 4:05.07 35.52			
	100m: 1:05.68 34.79	200m: 2:17.13 36.09	300m: 3:29.55 36.37	400m: 4:40.27 35.20			
8.	Mariana Pinto Angelo	99116788	Academica de Coimbra	<b>4:45.34</b>	+0,75	586	9,00
	50m: 32.48 32.48	150m: 1:44.13 36.12	250m: 2:57.00 36.08	350m: 4:09.95 36.07			
	100m: 1:08.01 35.53	200m: 2:20.92 36.79	300m: 3:33.88 36.88	400m: 4:45.34 35.39			
9.	Beatriz Barros Carmo	99107625	Colegio Vasco da Gama	<b>4:45.71</b>	+0,72	584	8,00
	50m: 31.78 31.78	150m: 1:44.33 36.68	250m: 2:57.26 36.47	350m: 4:10.38 35.94			
	100m: 1:07.65 35.87	200m: 2:20.79 36.46	300m: 3:34.44 37.18	400m: 4:45.71 35.33			
10.	Carolina Mota Correia	01122688	Alcobaca	<b>4:50.25</b>	+0,89	557	7,00
	50m: 32.43 32.43	150m: 1:44.97 36.83	250m: 2:59.63 37.67	350m: 4:13.94 37.19			
	100m: 1:08.14 35.71	200m: 2:21.96 36.99	300m: 3:36.75 37.12	400m: 4:50.25 36.31			
11.	Rita Verissimo Damasceno	98105071	Nautico /Urgicentro-Sanfil	<b>4:50.56</b>	+0,87	555	6,00
	50m: 32.59 32.59	150m: 1:45.63 37.09	250m: 3:00.21 37.45	350m: 4:14.85 37.34			
	100m: 1:08.54 35.95	200m: 2:22.76 37.13	300m: 3:37.51 37.30	400m: 4:50.56 35.71			
12.	Cecilia Branco Almeida	97105386	Gesloures	<b>4:50.75</b>	+0,72	554	5,00
	50m: 32.07 32.07	150m: 1:45.23 37.41	250m: 3:00.71 37.46	350m: 4:15.41 36.91			
	100m: 1:07.82 35.75	200m: 2:23.25 38.02	300m: 3:38.50 37.79	400m: 4:50.75 35.34			
13.	Sara Lopes Barbosa	00118181	Aquatico Pacense	<b>4:52.32</b>	+0,94	545	4,00
	50m: 32.34 32.34	150m: 1:44.81 37.20	250m: 3:00.16 37.82	350m: 4:16.23 38.04			
	100m: 1:07.61 35.27	200m: 2:22.34 37.53	300m: 3:38.19 38.03	400m: 4:52.32 36.09			
14.	Ana Luisa Santo	95117843	Benfica	<b>4:52.70</b>	+0,79	543	3,00
	50m: 32.27 32.27	150m: 1:44.33 36.69	250m: 2:58.37 37.18	350m: 4:14.54 38.17			
	100m: 1:07.64 35.37	200m: 2:21.19 36.86	300m: 3:36.37 38.00	400m: 4:52.70 38.16			

Prova 1, Femin., 400m Livres, Absolutos

Lugar	Nome	AnNFed	Clube	Tempo Final	TReac	Pts FINA	Pts
15.	Ana Margarida Salgueiro	99116616	Nautico Abrantes	<b>4:54.86</b>	+0,96	531	2,00
	50m: 33.27 33.27	150m: 1:46.45 37.14	250m: 3:02.05 38.17	350m: 4:18.38 37.93			
	100m: 1:09.31 36.04	200m: 2:23.88 37.43	300m: 3:40.45 38.40	400m: 4:54.86 36.48			
16.	Rita Guedes Moreira	00110881	Louletano / Loule Concelho	<b>5:03.55</b>	+0,83	487	1,00
	50m: 32.21 32.21	150m: 1:45.89 37.85	250m: 3:04.12 39.88	350m: 4:24.80 40.58			
	100m: 1:08.04 35.83	200m: 2:24.24 38.35	300m: 3:44.22 40.10	400m: 5:03.55 38.75			

Campeonato Nacional Clubes 1 e 2 Divisão  
Oeiras, 11- - 12-4-2015

Prova 2 11-04-2015	Femin., 400m Livres 1ª Divisão				Absolutos Resultados
Recordes Nacionais 50m Absoluto	4:19.75	Ana Goncalves Neto	FPN	Luxembourg (LUX)	29-06-2013
Recordes Nacionais 50m Absoluto	4:19.75	Diana Margarida Duraes	FCP	Coimbra	03-04-2015
Recordes Nacionais 50m Inf B	4:43.70	Alexandra Maria Silva	FCP	Funchal	27-07-1979
Recordes Nacionais 50m Inf A	4:31.53	Alexandra Maria Silva	FPN	Skovde (SWE)	08-08-1980
Recordes Nacionais 50m Juv B	4:26.20	Maria Francisca Cabral	FCP	Oeiras	26-07-2014
Recordes Nacionais 50m Juv A	4:20.78	Tamila Hryhorivna Holub	POR	Porto	07-06-2014
Recordes Nacionais 50m 16	4:20.37	Marta Andreia Ferreira	FPN	Berlim (GER)	04-08-2002
Recordes Nacionais 50m 17	4:19.98	Florbela Cavaco Machado	ASSSCC	Coimbra	26-05-2013
Recordes Nacionais 50m Sen	4:19.75	Ana Goncalves Neto	FPN	Luxembourg (LUX)	29-06-2013
Recordes Nacionais 50m Sen	4:19.75	Diana Margarida Duraes	FCP	Coimbra	03-04-2015

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Diana Margarida Duraes	96	102992	Porto	<b>4:20.26</b>	+0,68	773	9,00
	50m: 29.58 29.58			150m: 1:34.67 32.94	250m: 2:41.19 33.28	350m: 3:48.28 33.47		
	100m: 1:01.73 32.15			200m: 2:07.91 33.24	300m: 3:14.81 33.62	400m: 4:20.26 31.98		
2.	Tamila Hryhorivna Holub	99	116887	Braga	<b>4:21.79</b>	+0,84	759	7,00
	50m: 30.03 30.03			150m: 1:35.80 33.10	250m: 2:42.13 33.21	350m: 3:49.28 33.34		
	100m: 1:02.70 32.67			200m: 2:08.92 33.12	300m: 3:15.94 33.81	400m: 4:21.79 32.51		
3.	Francisca Gomes Azevedo	97	100356	Alges	<b>4:24.55</b>	+0,79	736	6,00
	50m: 30.06 30.06			150m: 1:35.63 33.22	250m: 2:43.14 33.90	350m: 3:51.32 34.30		
	100m: 1:02.41 32.35			200m: 2:09.24 33.61	300m: 3:17.02 33.88	400m: 4:24.55 33.23		
4.	Helena Paula Carvalho	95	107307	Uniao Piedense	<b>4:32.25</b>	+0,74	675	5,00
	50m: 31.01 31.01			150m: 1:39.02 34.35	250m: 2:48.57 34.55	350m: 3:58.38 34.58		
	100m: 1:04.67 33.66			200m: 2:14.02 35.00	300m: 3:23.80 35.23	400m: 4:32.25 33.87		
5.	Alexandra Couto Frazao	02	125426	Amadora	<b>4:36.30</b>	+0,86	646	4,00
	50m: 31.65 31.65			150m: 1:41.06 35.55	250m: 2:51.83 35.49	350m: 4:02.32 35.39		
	100m: 1:05.51 33.86			200m: 2:16.34 35.28	300m: 3:26.93 35.10	400m: 4:36.30 33.98		
6.	Beatriz Paulo Ranito	99	116593	Sporting	<b>4:36.49</b>	+0,75	644	3,00
	50m: 30.77 30.77			150m: 1:40.07 35.21	250m: 2:50.97 35.52	350m: 4:01.88 35.41		
	100m: 1:04.86 34.09			200m: 2:15.45 35.38	300m: 3:26.47 35.50	400m: 4:36.49 34.61		
7.	Ana Silva Costa	98	104446	Famalicao	<b>4:36.60</b>	+0,86	643	2,00
	50m: 31.41 31.41			150m: 1:40.94 35.55	250m: 2:52.08 35.63	350m: 4:03.46 35.96		
	100m: 1:05.39 33.98			200m: 2:16.45 35.51	300m: 3:27.50 35.42	400m: 4:36.60 33.14		
8.	Ana Sofia Nobrega	90	24785	Ginasio Vila Real	<b>4:50.54</b>	+0,83	555	1,00
	50m: 31.19 31.19			150m: 1:42.34 36.32	250m: 2:57.11 37.46	350m: 4:12.19 37.45		
	100m: 1:06.02 34.83			200m: 2:19.65 37.31	300m: 3:34.74 37.63	400m: 4:50.54 38.35		

Prova 3 11-04-2015	Masc., 400m Livres 2ª Divisão				Absolutos Resultados
Recordes Nacionais 50m Absoluto	3:52.29	Jorge Manuel Maia	FPN	Málaga (ESP)	05-04-2009
Recordes Nacionais 50m Inf B	4:28.42	Pedro Fontoura Oliveira	CFB	Restelo	26-07-2003
Recordes Nacionais 50m Inf A	4:15.99	Pedro Fontoura Oliveira	CFB	Badajoz (ESP)	11-07-2004
Recordes Nacionais 50m Juv B	4:06.22	Rui Filipe Costa	VSC	Coimbra	29-07-2006
Recordes Nacionais 50m Juv A	3:59.38	Gustavo Manuel Santa	FPN	Tampere (FIN)	21-07-2009
Recordes Nacionais 50m Jun 1	3:57.15	Gustavo Manuel Santa	FPN	Helsinkia (FIN)	14-07-2010
Recordes Nacionais 50m Jun 2	3:58.26	Ivo Emanuel Carneiro	FPN	Linz (AUT)	12-07-2002
Recordes Nacionais 50m Sen	3:52.29	Jorge Manuel Maia	FPN	Málaga (ESP)	05-04-2009

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Miguel Duarte Nascimento	95	14944	Portinado	<b>4:01.49</b>	+0,67	756	17,00
	50m: 27.40 27.40		150m: 1:28.04 30.88	250m: 2:30.45 31.39	350m: 3:32.88 30.85			
	100m: 57.16 29.76		200m: 1:59.06 31.02	300m: 3:02.03 31.58	400m: 4:01.49 28.61			
2.	Tiago Silva Oliveira	94	15465	Leixoes	<b>4:01.99</b>	+0,75	752	15,00
	50m: 28.08 28.08		150m: 1:28.86 30.67	250m: 2:30.98 30.80	350m: 3:31.95 30.50			
	100m: 58.19 30.11		200m: 2:00.18 31.32	300m: 3:01.45 30.47	400m: 4:01.99 30.04			
3.	Andre Filipe Farinha	96	105086	Benfica	<b>4:03.94</b>	+0,71	734	14,00
	50m: 28.15 28.15		150m: 1:29.72 31.05	250m: 2:32.28 31.21	350m: 3:33.64 30.91			
	100m: 58.67 30.52		200m: 2:01.07 31.35	300m: 3:02.73 30.45	400m: 4:03.94 30.30			
4.	Nathan Keith Theodoris	95	26389	Louletano / Loule Concelho	<b>4:04.24</b>	+0,68	731	13,00
	50m: 28.17 28.17		150m: 1:28.75 30.49	250m: 2:30.91 31.14	350m: 3:33.79 31.26			
	100m: 58.26 30.09		200m: 1:59.77 31.02	300m: 3:02.53 31.62	400m: 4:04.24 30.45			
5.	Vasco Miguel Gaspar	90	26500	Uniao Piedense	<b>4:04.62</b>	+0,75	728	12,00
	50m: 27.48 27.48		150m: 1:28.72 30.89	250m: 2:31.16 30.97	350m: 3:33.74 31.22			
	100m: 57.83 30.35		200m: 2:00.19 31.47	300m: 3:02.52 31.36	400m: 4:04.62 30.88			
6.	Ricardo Manuel Machado	93	13278	Braga	<b>4:07.72</b>	+0,78	701	11,00
	50m: 28.27 28.27		150m: 1:30.49 31.29	250m: 2:34.12 31.85	350m: 3:36.73 30.52			
	100m: 59.20 30.93		200m: 2:02.27 31.78	300m: 3:06.21 32.09	400m: 4:07.72 30.99			
7.	Ruben Jose Morim	97	107935	Vilacondense	<b>4:08.34</b>	+0,72	695	10,00
	50m: 28.11 28.11		150m: 1:30.35 31.45	250m: 2:34.23 32.12	350m: 3:37.82 31.50			
	100m: 58.90 30.79		200m: 2:02.11 31.76	300m: 3:06.32 32.09	400m: 4:08.34 30.52			
8.	Cristian Fernandez Nieto	92	148727	Desportiva de Viana	<b>4:11.75</b>	+0,72	667	9,00
	50m: 28.52 28.52		150m: 1:31.30 31.22	250m: 2:35.79 31.90	350m: 3:40.22 31.84			
	100m: 1:00.08 31.56		200m: 2:03.89 32.59	300m: 3:08.38 32.59	400m: 4:11.75 31.53			
9.	Joao Andre Neves	95	101408	Academica de Coimbra	<b>4:15.70</b>	+0,66	637	8,00
	50m: 29.23 29.23		150m: 1:33.05 32.18	250m: 2:37.66 32.32	350m: 3:43.40 32.89			
	100m: 1:00.87 31.64		200m: 2:05.34 32.29	300m: 3:10.51 32.85	400m: 4:15.70 32.30			
10.	Goncalo Cardoso Carmo	96	101124	Alges	<b>4:16.34</b>	+0,63	632	7,00
	50m: 28.87 28.87		150m: 1:32.92 32.61	250m: 2:38.62 32.76	350m: 3:44.55 33.12			
	100m: 1:00.31 31.44		200m: 2:05.86 32.94	300m: 3:11.43 32.81	400m: 4:16.34 31.79			
11.	Antonio Rafael Bessa	94	102089	Aquatico Pacense	<b>4:17.10</b>	+0,77	627	6,00
	50m: 28.71 28.71		150m: 1:31.70 31.62	250m: 2:35.72 31.97	350m: 3:43.64 34.34			
	100m: 1:00.08 31.37		200m: 2:03.75 32.05	300m: 3:09.30 33.58	400m: 4:17.10 33.46			
12.	Rui Filipe Costa	91	24004	Foca	<b>4:17.34</b>	+0,86	625	5,00
	50m: 29.13 29.13		150m: 1:32.85 32.24	250m: 2:38.74 33.03	350m: 3:45.62 33.31			
	100m: 1:00.61 31.48		200m: 2:05.71 32.86	300m: 3:12.31 33.57	400m: 4:17.34 31.72			
13.	Joao Luis Travanca	97	104716	Fluvial Portuense	<b>4:19.24</b>	+0,84	611	4,00
	50m: 28.52 28.52		150m: 1:32.28 32.72	250m: 2:39.02 33.70	350m: 3:46.63 34.06			
	100m: 59.56 31.04		200m: 2:05.32 33.04	300m: 3:12.57 33.55	400m: 4:19.24 32.61			
14.	Diogo Rosado Leca	98	117034	Colegio Monte Maior	<b>4:23.90</b>	+0,76	579	3,00
	50m: 28.90 28.90		150m: 1:34.56 33.85	250m: 2:42.90 34.42	350m: 3:51.83 34.33			
	100m: 1:00.71 31.81		200m: 2:08.48 33.92	300m: 3:17.50 34.60	400m: 4:23.90 32.07			

Prova 3, Masc., 400m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
15.	Pedro Miguel Vieira	98	109367	Galitos	<b>4:24.82</b>	+0,85	573	2,00
	50m: 29.19	29.19	150m: 1:35.25	33.68	250m: 2:42.97	33.92	350m: 3:51.78	34.24
	100m: 1:01.57	32.38	200m: 2:09.05	33.80	300m: 3:17.54	34.57	400m: 4:24.82	33.04
16.	Ruben Silva Paiva	00	121893	Feirense	<b>4:51.99</b>	+0,85	428	1,00
	50m: 30.02	30.02	150m: 1:39.83	35.94	250m: 2:56.18	38.45	350m: 4:14.25	39.16
	100m: 1:03.89	33.87	200m: 2:17.73	37.90	300m: 3:35.09	38.91	400m: 4:51.99	37.74

Prova 4 11-04-2015	Masc., 400m Livres 1ª Divisão				Absolutos Resultados
Recordes Nacionais 50m Absoluto	3:52.29	Jorge Manuel Maia	FPN	Málaga (ESP)	05-04-2009
Recordes Nacionais 50m Inf B	4:28.42	Pedro Fontoura Oliveira	CFB	Restelo	26-07-2003
Recordes Nacionais 50m Inf A	4:15.99	Pedro Fontoura Oliveira	CFB	Badajoz (ESP)	11-07-2004
Recordes Nacionais 50m Juv B	4:06.22	Rui Filipe Costa	VSC	Coimbra	29-07-2006
Recordes Nacionais 50m Juv A	3:59.38	Gustavo Manuel Santa	FPN	Tampere (FIN)	21-07-2009
Recordes Nacionais 50m Jun 1	3:57.15	Gustavo Manuel Santa	FPN	Helsinki (FIN)	14-07-2010
Recordes Nacionais 50m Jun 2	3:58.26	Ivo Emanuel Carneiro	FPN	Linz (AUT)	12-07-2002
Recordes Nacionais 50m Sen	3:52.29	Jorge Manuel Maia	FPN	Málaga (ESP)	05-04-2009

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Luis Emanuel Vaz	91	15628	Famalicao	<b>3:58.27</b>	+0,77	787	9,00
	50m: 27.55 27.55			150m: 1:27.13 30.09	250m: 2:27.30 30.05	350m: 3:27.34 30.03		
	100m: 57.04 29.49			200m: 1:57.25 30.12	300m: 2:57.31 30.01	400m: 3:58.27 30.93		
2.	Mario Alexandre Pereira	92	10767	Nautico /Urgicentro-Sanfil	<b>3:59.81</b>	+0,63	772	7,00
	50m: 26.30 26.30			150m: 1:26.51 30.21	250m: 2:27.11 30.02	350m: 3:28.90 30.57		
	100m: 56.30 30.00			200m: 1:57.09 30.58	300m: 2:58.33 31.22	400m: 3:59.81 30.91		
3.	Guilherme Pereira Dias	97	110443	Sporting	<b>4:01.47</b>	+0,72	756	6,00
	50m: 27.18 27.18			150m: 1:27.94 30.72	250m: 2:29.32 30.47	350m: 3:30.85 30.49		
	100m: 57.22 30.04			200m: 1:58.85 30.91	300m: 3:00.36 31.04	400m: 4:01.47 30.62		
4.	Rafael lourenco Gil	96	105234	Naval Amorense	<b>4:03.88</b>	+0,70	734	5,00
	50m: 28.18 28.18			150m: 1:28.49 30.47	250m: 2:30.04 30.79	350m: 3:32.65 31.46		
	100m: 58.02 29.84			200m: 1:59.25 30.76	300m: 3:01.19 31.15	400m: 4:03.88 31.23		
5.	Artiom Viatcheslavovitch Poliakov	93	11114	Estrelas S. Joao de Brito	<b>4:07.62</b>	+0,63	701	4,00
	50m: 27.00 27.00			150m: 1:27.94 30.94	250m: 2:31.13 31.55	350m: 3:35.97 32.46		
	100m: 57.00 30.00			200m: 1:59.58 31.64	300m: 3:03.51 32.38	400m: 4:07.62 31.65		
6.	Goncalo Miguel Nogueira	98	104471	Porto	<b>4:10.43</b>	+0,67	678	3,00
	50m: 27.99 27.99			150m: 1:30.29 31.85	250m: 2:34.30 31.75	350m: 3:39.17 32.38		
	100m: 58.44 30.45			200m: 2:02.55 32.26	300m: 3:06.79 32.49	400m: 4:10.43 31.26		
7.	Jose Joao Bica	87	12879	Colegio Vasco da Gama	<b>4:26.82</b>	+0,83	561	2,00
	50m: 28.38 28.38			150m: 1:32.91 33.16	250m: 2:41.94 34.87	350m: 3:52.36 35.36		
	100m: 59.75 31.37			200m: 2:07.07 34.16	300m: 3:17.00 35.06	400m: 4:26.82 34.46		
8.	Ricardo Andrade Belezas	91	132918	Amadora	<b>5:22.14</b>	+0,88	318	1,00
	50m: 28.28 28.28			150m: 1:53.51 42.26	250m: 3:17.08 41.08	350m: 4:40.55 42.27		
	100m: 1:11.25 42.97			200m: 2:36.00 42.49	300m: 3:58.28 41.20	400m: 5:22.14 41.59		

Prova 5 11-04-2015	Femin., 50m Mariposa 2ª Divisão				Absolutos Resultados
Recordes Nacionais 50m Absoluto	27.27	Sara Freitas Oliveira	FPN	Eindhoven (NED)	07-04-2011
Recordes Nacionais 50m 16	28.00	Sara Francisco Cruz	ADBA	Faro	18-07-2009
Recordes Nacionais 50m 17	28.31	Sara Freitas Oliveira	FPN	Berlim (GER)	29-07-2002
Recordes Nacionais 50m Sen	27.27	Sara Freitas Oliveira	FPN	Eindhoven (NED)	07-04-2011

Pontos: FINA 2015

Lugar	Nome	AnNFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Patricia Vilas Conceicao	8514672	Benfica	<b>28.75</b>	+0,79	663	17,00
2.	Ana Margarida Rodrigues	96103868	Galitos	<b>29.35</b>	+0,71	623	15,00
3.	Raquel Maurile Taveira	95105392	Academica de Coimbra	<b>29.50</b>	+0,71	613	14,00
4.	Marta Ferreira Rocha	99110558	Leixoes	<b>30.04</b>	+0,73	581	13,00
5.	Beatriz Neves Craveiro	97106762	Nautico /Urgicentro-Sanfil	<b>30.14</b>	+0,79	575	12,00
6.	Maria Leonor Martins	99107962	Aquatico Pacense	<b>30.56</b>	+0,80	552	11,00
7.	Filipa Mendes Pinheiro	9211056	Desportiva de Viana	<b>31.03</b>	+0,69	527	10,00
8.	Rita Silva Fernandes	96111206	Colegio Vasco da Gama	<b>31.04</b>	+0,81	526	9,00
9.	Bruna Fanguero Coentrao	9324315	Vilacondense	<b>31.06</b>	+0,84	525	8,00
10.	Marta Filipa Vinagre	9524660	Nautico Marinha Grande	<b>31.61</b>	+0,77	498	7,00
11.	Patricia Miguel Mendes	9625590	Naval Amorense	<b>31.70</b>	+0,70	494	6,00
12.	Ana Catarina Oliveira	99112314	Geslours	<b>32.14</b>	+0,75	474	5,00
13.	Ana Francisca Silva	95102893	Academico Viseu	<b>32.29</b>	+0,79	468	4,00
14.	Maria Luz Direitinho	00118855	Louletano / Loule Concelho	<b>32.53</b>	+0,85	457	3,00
15.	Ines Ferreira Duarte	01118260	Nautico Abrantes	<b>32.60</b>	+0,76	454	2,00
16.	Joana Mota Correia	00110902	Alcobaca	<b>33.02</b>	+0,80	437	1,00

Prova 6 11-04-2015	Femin., 50m Mariposa 1ª Divisão				Absolutos Resultados
Recordes Nacionais 50m Absoluto	27.27	Sara Freitas Oliveira	FPN	Eindhoven (NED)	07-04-2011
Recordes Nacionais 50m 16	28.00	Sara Francisco Cruz	ADBA	Faro	18-07-2009
Recordes Nacionais 50m 17	28.31	Sara Freitas Oliveira	FPN	Berlim (GER)	29-07-2002
Recordes Nacionais 50m Sen	27.27	Sara Freitas Oliveira	FPN	Eindhoven (NED)	07-04-2011

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Sara Freitas Oliveira	85	23045	Porto	<b>28.20</b>	+0,66	702	9,00
2.	Ana Margarida Guedes	01	109087	Ginasio Vila Real	<b>28.51</b>	+0,61	679	7,00
3.	Barbara Sofia Barata	97	105454	Alges	<b>29.08</b>	+0,74	640	6,00
4.	Maria Carolina Rosa	94	14248	Sporting	<b>29.71</b>	+0,71	600	5,00
5.	Ana Marta Miranda	96	100377	Uniao Piedense	<b>30.21</b>	+0,77	571	4,00
6.	Graca Maria Araujo	98	104456	Famalicao	<b>30.53</b>	+0,72	553	3,00
7.	Debora Guimaraes Oliveira	96	105629	Braga	<b>31.24</b>	+0,83	516	2,00
8.	Maria Mousinho Esteves	02	131944	Amadora	<b>33.66</b>	+0,86	413	1,00



Prova 7  
11-04-2015

Masc., 50m Mariposa  
2ª Divisão

Absolutos  
Resultados

Recordes Nacionais 50m Absoluto	23.72	Simao Gomes Morgado	FPN	Málaga (ESP)	05-04-2009
Recordes Nacionais 50m Jun 1	24.89	Tiago Andre Venancio	CNS	Oeiras	30-07-2004
Recordes Nacionais 50m Jun 2	25.03	Miguel Duarte Nascimento	FPN	Poznan (POL)	10-07-2013
Recordes Nacionais 50m Sen	23.72	Simao Gomes Morgado	FPN	Málaga (ESP)	05-04-2009

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Pedro Andre Santos	94	15732	Alges	<b>25.45</b>	+0,79	684	17,00
2.	Fabio Manuel Pereira	86	23049	Vilacondense	<b>26.08</b>	+0,76	636	15,00
3.	Joao Filipe Lucas	94	26879	Academica de Coimbra	<b>26.15</b>	+0,70	631	14,00
4.	Guilherme Miguel Teixeira	97	105091	Benfica	<b>26.31</b>	+0,67	619	13,00
5.	Emanuel Augusto Pinho	93	14295	Feirense	<b>26.36</b>	+0,68	616	12,00
6.	Nuno Miguel Graca	98	105631	Desportiva de Viana	<b>26.47</b>	+0,78	608	11,00
7.	Andre Antunes Carvalho	96	105239	Colegio Monte Maior	<b>26.56</b>	+0,78	602	10,00
8.	Rodrigo Carlos Albuquerque	97	107565	Braga	<b>26.67</b>	+0,69	594	9,00
9.	Tiago Martins Boleta	98	107597	Louletano / Loule Concelho	<b>26.81</b>	+0,73	585	8,00
10.	Pedro Ferraz Silva	98	104441	Aquatico Pacense	<b>26.97</b>	+0,71	575	7,00
11.	Joao Pedro Neves	93	123836	Leixoes	<b>27.09</b>	+0,94	567	6,00
12.	Diamantino Gato Bras	92	25537	Uniao Piedense	<b>27.33</b>	+0,76	552	5,00
13.	Antonio Santa Rita	93	13861	Portinado	<b>27.53</b>	+0,64	540	4,00
14.	Marcelo Goncalo Pereira	90	22440	Foca	<b>27.59</b>	+0,74	537	3,00
15.	Jose Pedro Antunes	00	122815	Galitos	<b>29.38</b>	+0,68	444	2,00
16.	Sergio Filipe Travanca	00	117385	Fluvial Portuense	<b>29.45</b>	+0,71	441	1,00

Campeonato Nacional Clubes 1 e 2 Divisão  
Oeiras, 11- - 12-4-2015

Prova 8 11-04-2015	Masc., 50m Mariposa 1ª Divisão				Absolutos Resultados
Recordes Nacionais 50m Absoluto	23.72	Simao Gomes Morgado	FPN	Málaga (ESP)	05-04-2009
Recordes Nacionais 50m Jun 1	24.89	Tiago Andre Venancio	CNS	Oeiras	30-07-2004
Recordes Nacionais 50m Jun 2	25.03	Miguel Duarte Nascimento	FPN	Poznan (POL)	10-07-2013
Recordes Nacionais 50m Sen	23.72	Simao Gomes Morgado	FPN	Málaga (ESP)	05-04-2009

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Carlos Filipe Santos	91	15694	Porto	<b>24.98</b>	+0,62	723	9,00
2.	Alexis Manacas Santos	92	13704	Sporting	<b>25.06</b>	+0,69	717	7,00
3.	Joao Silva Gigante	88	14783	Estrelas S. Joao de Brito	<b>25.21</b>	+0,63	704	6,00
4.	Miguel Silva Oliveira	91	10822	Nautico /Urgicentro-Sanfil	<b>26.09</b>	+0,72	635	5,00
5.	Ricardo Verissimo Sousa	93	25548	Colegio Vasco da Gama	<b>26.27</b>	+0,66	622	4,00
6.	Jorge Manuel Maia	89	23220	Famalicao	<b>26.46</b>	+0,76	609	3,00
7.	Joao Pedro Silva	00	121616	Naval Amorense	<b>28.09</b>	+0,74	509	2,00
8.	Tomas Silvestre Almeida	01	126471	Amadora	<b>39.01</b>	+0,83	190	1,00



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Prova 9 11-04-2015	Femin., 100m Costas 2ª Divisão				Absolutos Resultados
Recordes Nacionais 50m Absoluto	1:03.42	Ana Sofia Leite	GCVR	Coimbra	03-04-2015
Recordes Nacionais 50m Inf B	1:10.04	Keissy Joselin Sousa	FPN	Toulouse (FRA)	27-04-1997
Recordes Nacionais 50m Inf A	1:06.78	Ines Camacho Fernandes	FPN	Catania (ITA)	20-06-2010
Recordes Nacionais 50m Juv B	1:04.90	Joana Carina Silva	LSXXI	Oeiras	25-03-2011
Recordes Nacionais 50m Juv A	1:03.92	Ines Camacho Fernandes	SCP	Coimbra	06-04-2012
Recordes Nacionais 50m Juv A	1:03.92	Joana Carina Silva	LSXXI	Coimbra	06-04-2012
Recordes Nacionais 50m 16	1:04.00	Ines Camacho Fernandes	SCP	Coimbra	30-03-2013
Recordes Nacionais 50m 17	1:04.15	Maria Carlos Santos	FPN	Viena (AUT)	24-08-1995
Recordes Nacionais 50m Sen	1:03.42	Ana Sofia Leite	GCVR	Coimbra	03-04-2015

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Catia Raquel Martinheira 50m: 31.94 31.94	95	25940	Louletano / Loule Concelho	<b>1:05.68</b>	+0,61	692	17,00
2.	Juliana Lima Freixo 50m: 32.14 32.14	97	100827	Desportiva de Viana	<b>1:07.10</b>	+0,65	649	15,00
3.	Alexandra Jesus Santos 50m: 32.40 32.40	00	117408	Leixoes	<b>1:07.37</b>	+0,64	642	14,00
4.	Tatiana Filipa Santos 50m: 33.99 33.99	95	26779	Academica de Coimbra	<b>1:09.26</b>	+0,71	590	13,00
	Paula Cristina Yang 50m: 32.43 32.43	95	100229	Gesloures	<b>1:09.26</b>	+0,66	590	13,00
6.	Matilde Correia Vieira 50m: 34.01 34.01	00	117805	Alcobaca	<b>1:09.71</b>	+0,60	579	11,00
7.	Monica Seara Domingues 50m: 34.78 34.78	00	110972	Nautico Marinha Grande	<b>1:10.11</b>	+0,74	569	10,00
8.	Ana Filipa Gomes 50m: 33.68 33.68	96	107376	Vilacondense	<b>1:10.18</b>	+0,64	567	9,00
9.	Raquel Paulo Ranito 50m: 33.76 33.76	94	25504	Colegio Vasco da Gama	<b>1:10.38</b>	+0,63	563	8,00
10.	Rita Fernandes Leitao 50m: 33.24 33.24	96	25571	Benfica	<b>1:10.45</b>	+0,72	561	7,00
11.	Beatriz Neto Costa 50m: 33.93 33.93	00	111310	Aquatico Pacense	<b>1:10.50</b>	+0,77	560	6,00
12.	Teresa Isabel Granjeia 50m: 34.33 34.33	01	112368	Galitos	<b>1:10.63</b>	+0,78	557	5,00
13.	Ana Miguel Reis 50m: 33.92 33.92	00	108089	Nautico /Urgicentro-Sanfil	<b>1:10.81</b>	+0,63	552	4,00
14.	Sofia Alexandra Rolao 50m: 33.71 33.71	98	108413	Naval Amorense	<b>1:11.45</b>	+0,71	538	3,00
15.	Maria Beatriz Diogo 50m: 36.86 36.86	99	117988	Nautico Abrantes	<b>1:15.92</b>	+0,60	448	2,00
16.	Beatriz Pereira Cunha 50m: 37.01 37.01	01	122256	Academico Viseu	<b>1:19.46</b>	+0,66	391	1,00

Prova 10 11-04-2015	Femin., 100m Costas 1ª Divisão				Absolutos Resultados
Recordes Nacionais 50m Absoluto	1:03.42	Ana Sofia Leite	GCVR	Coimbra	03-04-2015
Recordes Nacionais 50m Inf B	1:10.04	Keissy Joselin Sousa	FPN	Toulouse (FRA)	27-04-1997
Recordes Nacionais 50m Inf A	1:06.78	Ines Camacho Fernandes	FPN	Catania (ITA)	20-06-2010
Recordes Nacionais 50m Juv B	1:04.90	Joana Carina Silva	LSXXI	Oeiras	25-03-2011
Recordes Nacionais 50m Juv A	1:03.92	Ines Camacho Fernandes	SCP	Coimbra	06-04-2012
Recordes Nacionais 50m Juv A	1:03.92	Joana Carina Silva	LSXXI	Coimbra	06-04-2012
Recordes Nacionais 50m 16	1:04.00	Ines Camacho Fernandes	SCP	Coimbra	30-03-2013
Recordes Nacionais 50m 17	1:04.15	Maria Carlos Santos	FPN	Viena (AUT)	24-08-1995
Recordes Nacionais 50m Sen	1:03.42	Ana Sofia Leite	GCVR	Coimbra	03-04-2015

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Laura Yus Fernandez 50m: 30.71 30.71	96	148756	Amadora 100m: 1:03.56 32.85	<b>1:03.56</b>	+0,60	764	9,00
2.	Ana Sofia Leite 50m: 30.88 30.88	93	24784	Ginasio Vila Real 100m: 1:04.01 33.13	<b>1:04.01</b>	+0,65	748	7,00
3.	Rita Barros Frischknecht 50m: 31.29 31.29	98	106257	Alges 100m: 1:04.92 33.63	<b>1:04.92</b>	+0,71	717	6,00
4.	Marta Pereira Abreu 50m: 31.52 31.52	92	23091	Porto 100m: 1:06.05 34.53	<b>1:06.05</b>	+0,70	681	5,00
5.	Ines Margarida Costa 50m: 32.93 32.93	99	119474	Sporting 100m: 1:08.12 35.19	<b>1:08.12</b>	+0,68	621	4,00
6.	Filipa Carreira Alves 50m: 32.82 32.82	99	118479	Uniao Piedense 100m: 1:08.98 36.16	<b>1:08.98</b>	+0,69	598	3,00
7.	Catarina Alexandra Jardim 50m: 33.65 33.65	98	104449	Famalicao 100m: 1:09.99 36.34	<b>1:09.99</b>	+0,72	572	2,00
8.	Catarina Reis Silva 50m: 34.08 34.08	99	107568	Braga 100m: 1:10.37 36.29	<b>1:10.37</b>	+0,70	563	1,00

Campeonato Nacional Clubes 1 e 2 Divisão  
Oeiras, 11- - 12-4-2015

Prova 11 11-04-2015	Masc., 100m Costas 2ª Divisão				Absolutos Resultados
Recordes Nacionais 50m Absoluto	55.42	Pedro Diogo Oliveira	ESJB	Coimbra	04-04-2015
Recordes Nacionais 50m Inf B	1:05.71	Alexandre Lages Ribas	EDV	Porto	23-07-2010
Recordes Nacionais 50m Inf A	1:01.39	Alexandre Lages Ribas	EDV	Lisboa	22-07-2011
Recordes Nacionais 50m Juv B	59.97	Diogo Gomes Sousa	CNCVG	Coimbra	31-07-2010
Recordes Nacionais 50m Juv A	58.61	Diogo Gomes Sousa	CNCVG	Coimbra	29-05-2011
Recordes Nacionais 50m Jun 1	57.17	Alexis Manacas Santos	FPN	Praga (CZE)	12-07-2009
Recordes Nacionais 50m Jun 2	56.45	Miguel Duarte Nascimento	FPN	Poznan (POL)	11-07-2013
Recordes Nacionais 50m Sen	55.42	Pedro Diogo Oliveira	ESJB	Coimbra	04-04-2015

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Rodrigo Antonio Rosa	96	105214	Colegio Monte Maior	<b>58.01</b>	+0,60	717	17,00
	50m: 27.89 27.89			100m: 58.01 30.12				
2.	Goncalo Filipe Gregorio	93	10644	Uniao Piedense	<b>58.42</b>	+0,58	702	15,00
	50m: 28.03 28.03			100m: 58.42 30.39				
3.	Miguel Angelo Passos	96	105874	Desportiva de Viana	<b>1:00.29</b>	+0,73	639	14,00
	50m: 29.14 29.14			100m: 1:00.29 31.15				
4.	Joao Francisco Lopes	98	107561	Braga	<b>1:00.63</b>	+0,65	628	13,00
	50m: 29.19 29.19			100m: 1:00.63 31.44				
5.	Ivo Pinto Ribeiro	97	108299	Foca	<b>1:00.83</b>	+0,62	622	12,00
	50m: 29.22 29.22			100m: 1:00.83 31.61				
6.	Job Santos Silva	96	24351	Feirense	<b>1:01.08</b>	+0,67	614	11,00
	50m: 29.81 29.81			100m: 1:01.08 31.27				
7.	Ruben Oliveira Lopes	97	102041	Leixoes	<b>1:01.34</b>	+0,64	607	10,00
	50m: 29.32 29.32			100m: 1:01.34 32.02				
8.	Joao Claudio Sousa	93	23458	Aquatico Pacense	<b>1:01.96</b>	+0,58	589	9,00
	50m: 30.37 30.37			100m: 1:01.96 31.59				
	Soner Tunay Hadzhilar	93	119404	Benfica	<b>1:01.96</b>	+0,63	589	9,00
	50m: 29.64 29.64			100m: 1:01.96 32.32				
10.	Tiago Barros Ferreira	94	16003	Alges	<b>1:01.99</b>	+0,69	588	7,00
	50m: 30.54 30.54			100m: 1:01.99 31.45				
11.	Joao Carlos Paula	94	13992	Galitos	<b>1:02.24</b>	+0,66	581	6,00
	50m: 29.64 29.64			100m: 1:02.24 32.60				
12.	Diogo Carmo Ramos	93	15317	Vilacondense	<b>1:02.60</b>	+0,65	571	5,00
	50m: 29.96 29.96			100m: 1:02.60 32.64				
13.	Joao Nuno Pires	94	10866	Academica de Coimbra	<b>1:02.69</b>	+0,70	568	4,00
	50m: 31.30 31.30			100m: 1:02.69 31.39				
14.	Rodrigo Jose Guerreiro	99	120805	Louletano / Loule Concelho	<b>1:02.71</b>	+0,62	568	3,00
	50m: 30.21 30.21			100m: 1:02.71 32.50				
15.	Andre Santa Rita	99	117781	Portinado	<b>1:06.16</b>	+0,63	483	2,00
	50m: 31.62 31.62			100m: 1:06.16 34.54				
16.	Alexandre Magno Carvalho	98	108284	Fluvial Portuense	<b>1:07.28</b>	+0,64	460	1,00
	50m: 32.33 32.33			100m: 1:07.28 34.95				

Prova 12 11-04-2015	Masc., 100m Costas 1ª Divisão				Absolutos Resultados
Recordes Nacionais 50m Absoluto	55.42	Pedro Diogo Oliveira	ESJB	Coimbra	04-04-2015
Recordes Nacionais 50m Inf B	1:05.71	Alexandre Lages Ribas	EDV	Porto	23-07-2010
Recordes Nacionais 50m Inf A	1:01.39	Alexandre Lages Ribas	EDV	Lisboa	22-07-2011
Recordes Nacionais 50m Juv B	59.97	Diogo Gomes Sousa	CNCVG	Coimbra	31-07-2010
Recordes Nacionais 50m Juv A	58.61	Diogo Gomes Sousa	CNCVG	Coimbra	29-05-2011
Recordes Nacionais 50m Jun 1	57.17	Alexis Manacas Santos	FPN	Praga (CZE)	12-07-2009
Recordes Nacionais 50m Jun 2	56.45	Miguel Duarte Nascimento	FPN	Poznan (POL)	11-07-2013
Recordes Nacionais 50m Sen	55.42	Pedro Diogo Oliveira	ESJB	Coimbra	04-04-2015

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Pedro Diogo Oliveira 50m: 27.16 27.16	88	11531	Estrelas S. Joao de Brito 100m: 56.23 29.07	<b>56.23</b>	+0,63	788	9,00
2.	Adriano Miguel Niz 50m: 28.33 28.33	86	23013	Famalicao 100m: 58.04 29.71	<b>58.04</b>	+0,67	716	7,00
3.	Alexandre Lages Ribas 50m: 28.68 28.68	97	24582	Sporting 100m: 59.48 30.80	<b>59.48</b>	+0,64	665	6,00
4.	David Miguel Leiria 50m: 27.99 27.99	93	14530	Naval Amorense 100m: 1:00.05 32.06	<b>1:00.05</b>	+0,66	647	5,00
5.	Andre Duarte Vaz 50m: 28.65 28.65	93	10768	Nautico /Urgicentro-Sanfil 100m: 1:00.37 31.72	<b>1:00.37</b>	+0,65	636	4,00
6.	Leonardo Cardoso Figueiredo 50m: 29.62 29.62	96	105612	Porto 100m: 1:01.77 32.15	<b>1:01.77</b>	+0,56	594	3,00
7.	Miguel Angelo Pinto 50m: 30.48 30.48	94	103606	Colegio Vasco da Gama 100m: 1:04.34 33.86	<b>1:04.34</b>	+0,84	526	2,00

Prova 13 11-04-2015	Femin., 200m Estilos 2ª Divisão				Absolutos Resultados
Recordes Nacionais 50m Absoluto	2:15.47	Victoria Kaminskaya	PIMP	Coimbra	25-05-2013
Recordes Nacionais 50m Inf B	2:33.06	Ines Camacho Fernandes	SCP	S. João da Madeira	25-07-2009
Recordes Nacionais 50m Inf A	2:28.56	Susana Patricia Miguel	FPN	Paris (FRA)	29-07-2003
Recordes Nacionais 50m Juv B	2:23.60	Diana Margarida Duraes	FOCA	Coimbra	01-08-2010
Recordes Nacionais 50m Juv A	2:21.01	Raquel Gomes Pereira	SAD	Coimbra	04-04-2015
Recordes Nacionais 50m 16	2:20.61	Diana Margarida Duraes	FOCA	Porto	03-06-2012
Recordes Nacionais 50m 17	2:17.47	Victoria Kaminskaya	PIMP	Oeiras	29-07-2012
Recordes Nacionais 50m Sen	2:15.47	Victoria Kaminskaya	PIMP	Coimbra	25-05-2013

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Maria Madalena Silva 50m: 30.77 30.77	98	116614	Nautico Abrantes	<b>2:25.08</b> 1:50.59 42.07	+0,69	657	17,00
2.	Ines Neto Rocha 50m: 31.58 31.58	01	111313	Aquatico Pacense	<b>2:25.29</b> 1:50.97 42.22	+0,93	654	15,00
3.	Paula Goyanes Garcia 50m: 31.95 31.95	98	148728	Desportiva de Viana	<b>2:26.61</b> 1:53.64 44.49	+0,88	637	14,00
4.	Rita Costa Amador 50m: 31.16 31.16	99	105665	Galitos	<b>2:28.36</b> 1:54.35 45.50	+0,69	614	13,00
5.	Sofia Filipa Goncalves 50m: 32.49 32.49	01	122990	Leixoes	<b>2:30.39</b> 1:54.05 40.78	+0,78	590	12,00
6.	Amelia Pereira Fernandes 50m: 31.11 31.11	89	15951	Academica de Coimbra	<b>2:30.61</b> 1:55.41 45.29	+0,83	587	11,00
7.	Ines Rocha Silva 50m: 32.25 32.25	00	117806	Alcobaca	<b>2:30.92</b> 1:55.38 43.85	+0,62	584	10,00
8.	Teresa Miguel Veloso 50m: 31.77 31.77	00	103876	Nautico/Urgicentro-Sanfil	<b>2:31.78</b> 1:56.12 45.71	+0,71	574	9,00
9.	Beatriz Pereira Vasconcelos 50m: 33.62 33.62	98	107934	Vilacondense	<b>2:32.26</b> 1:56.61 42.66	+0,74	568	8,00
10.	Ana Monica Eloi 50m: 32.54 32.54	96	107038	Nautico Marinha Grande	<b>2:33.06</b> 1:57.36 45.62	+0,88	559	7,00
11.	Sofia Prates Silvestre 50m: 31.03 31.03	95	121320	Naval Amorense	<b>2:33.59</b> 1:57.69 47.22	+0,72	554	6,00
12.	Beatriz Barros Carmo 50m: 34.19 34.19	99	107625	Colegio Vasco da Gama	<b>2:35.40</b> 1:58.93 45.23	+0,72	534	5,00
13.	Claudia Ferreira Borges 50m: 33.16 33.16	99	116591	Benfica	<b>2:38.69</b> 2:00.64 45.49	+0,69	502	4,00
14.	Joana Nunes Cardeal 50m: 34.26 34.26	02	124752	Academico Viseu	<b>2:42.44</b> 2:04.98 48.62	+0,96	468	3,00
15.	Sara Alexandra Sousa 50m: 35.58 35.58	01	125345	Gesloures	<b>2:42.55</b> 2:04.68 49.08	+0,81	467	2,00
16.	Catarina Vitorino Santos 50m: 37.00 37.00	02	123967	Louletano / Loule Concelho	<b>2:47.95</b> 2:07.44 46.38	+0,91	423	1,00

Prova 14  
11-04-2015

Femin., 200m Estilos  
1ª Divisão

Absolutos  
Resultados

Recordes Nacionais 50m Absoluto	2:15.47	Victoria Kaminskaya	PIMP	Coimbra	25-05-2013
Recordes Nacionais 50m Inf B	2:33.06	Ines Camacho Fernandes	SCP	S. João da Madeira	25-07-2009
Recordes Nacionais 50m Inf A	2:28.56	Susana Patricia Miguel	FPN	Paris (FRA)	29-07-2003
Recordes Nacionais 50m Juv B	2:23.60	Diana Margarida Duraes	FOCA	Coimbra	01-08-2010
Recordes Nacionais 50m Juv A	2:21.01	Raquel Gomes Pereira	SAD	Coimbra	04-04-2015
Recordes Nacionais 50m 16	2:20.61	Diana Margarida Duraes	FOCA	Porto	03-06-2012
Recordes Nacionais 50m 17	2:17.47	Victoria Kaminskaya	PIMP	Oeiras	29-07-2012
Recordes Nacionais 50m Sen	2:15.47	Victoria Kaminskaya	PIMP	Coimbra	25-05-2013

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Madalena Gomes Azevedo	99	110160	Alges	<b>2:22.03</b>	+0,72	700	9,00
	50m: 31.01 31.01		100m: 1:07.02 36.01	150m: 1:50.14 43.12	200m: 2:22.03 31.89			
2.	Mafalda Gomes Beleza	94	26890	Sporting	<b>2:22.08</b>	+0,69	699	7,00
	50m: 31.37 31.37		100m: 1:07.70 36.33	150m: 1:50.07 42.37	200m: 2:22.08 32.01			
3.	Maria Francisca Cabral	00	118113	Porto	<b>2:22.81</b>	+0,84	689	6,00
	50m: 30.59 30.59		100m: 1:07.57 36.98	150m: 1:50.54 42.97	200m: 2:22.81 32.27			
4.	Ana Beatriz Martins	99	108375	Famalicao	<b>2:24.51</b>	+0,75	665	5,00
	50m: 30.46 30.46		100m: 1:08.28 37.82	150m: 1:50.89 42.61	200m: 2:24.51 33.62			
5.	Ana Marta Miranda	96	100377	Uniao Piedense	<b>2:26.93</b>	+0,77	632	4,00
	50m: 31.01 31.01		100m: 1:08.38 37.37	150m: 1:52.39 44.01	200m: 2:26.93 34.54			
6.	Ana Margarida Guedes	01	109087	Ginasio Vila Real	<b>2:34.18</b>	+0,67	547	3,00
	50m: 30.58 30.58		100m: 1:08.91 38.33	150m: 1:56.67 47.76	200m: 2:34.18 37.51			
7.	Diana Sofia Silva	97	104679	Braga	<b>2:39.74</b>	+0,85	492	2,00
	50m: 33.62 33.62		100m: 1:15.38 41.76	150m: 2:00.51 45.13	200m: 2:39.74 39.23			
8.	Luana Correia Rodrigues	01	121504	Amadora	<b>2:51.70</b>	+0,73	396	1,00
	50m: 37.26 37.26		100m: 1:19.61 42.35	150m: 2:09.56 49.95	200m: 2:51.70 42.14			



Prova 15  
11-04-2015

Masc., 200m Estilos  
2ª Divisão

Absolutos  
Resultados

Recordes Nacionais 50m Absoluto	1:59.39	Diogo Filipe Carvalho	FPN	Barcelona (ESP)	31-07-2013
Recordes Nacionais 50m Inf B	2:22.36	Andre Vilas Ruivo	DNMG	Coimbra	23-06-2013
Recordes Nacionais 50m Inf A	2:16.63	Alexandre Lages Ribas	EDV	Lisboa	24-07-2011
Recordes Nacionais 50m Juv B	2:11.18	Joao Alexandre Vital	FPN	Serravalle (SMR)	30-06-2013
Recordes Nacionais 50m Juv A	2:08.11	Carlos Esteves Almeida	CNA	Lisboa	31-07-2004
Recordes Nacionais 50m Jun 1	2:04.32	Carlos Esteves Almeida	FPN	Budapeste (HUN)	17-07-2005
Recordes Nacionais 50m Jun 2	2:04.06	Carlos Esteves Almeida	CNA	Lisboa	24-03-2006
Recordes Nacionais 50m Sen	1:59.39	Diogo Filipe Carvalho	FPN	Barcelona (ESP)	31-07-2013

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Pedro Andre Santos 50m: 27.55 27.55	94	15732	Alges	<b>2:08.14</b> 150m: 1:38.04 36.73	+0,70 200m: 2:08.14 30.10	704	17,00
2.	Rui Filipe Vilar 50m: 27.26 27.26	91	24159	Fluvial Portuense	<b>2:08.33</b> 150m: 1:38.07 36.65	+0,69 200m: 2:08.33 30.26	701	15,00
3.	Joao Alexandre Vital 50m: 27.72 27.72	98	110165	Colegio Monte Maior	<b>2:09.33</b> 150m: 1:38.36 38.52	+0,69 200m: 2:09.33 30.97	684	14,00
4.	Guilherme Miguel Teixeira 50m: 26.88 26.88	97	105091	Benfica	<b>2:10.23</b> 150m: 1:39.70 38.08	+0,77 200m: 2:10.23 30.53	670	13,00
5.	Pedro Barros Mendes 50m: 28.31 28.31	94	11195	Academica de Coimbra	<b>2:11.01</b> 150m: 1:40.63 38.59	+0,72 200m: 2:11.01 30.38	658	12,00
6.	Ruben Filipe Nunes 50m: 27.41 27.41	94	23302	Aquatico Pacense	<b>2:11.08</b> 150m: 1:39.44 38.75	+0,78 200m: 2:11.08 31.64	657	11,00
7.	Paulo Andre Silva 50m: 27.68 27.68	96	105198	Vilacondense	<b>2:11.11</b> 150m: 1:39.57 37.97	+0,65 200m: 2:11.11 31.54	657	10,00
8.	Jorge Jesus Silva 50m: 28.27 28.27	00	121941	Braga	<b>2:12.89</b> 150m: 1:41.87 38.23	+0,80 200m: 2:12.89 31.02	631	9,00
9.	Nuno Durao Pascoal 50m: 27.79 27.79	92	12560	Galitos	<b>2:13.12</b> 150m: 1:42.50 39.01	+0,71 200m: 2:13.12 30.62	628	8,00
10.	Daniel Sanchez Louzan 50m: 28.46 28.46	98	148730	Desportiva de Viana	<b>2:16.19</b> 150m: 1:46.22 42.38	+0,68 200m: 2:16.19 29.97	586	7,00
11.	Jose Pedro Sampaio 50m: 28.28 28.28	98	108295	Foca	<b>2:16.59</b> 150m: 1:45.10 42.31	+0,86 200m: 2:16.59 31.49	581	6,00
12.	Vitor Joao Pereira 50m: 29.46 29.46	97	102545	Leixoes	<b>2:17.48</b> 150m: 1:46.12 41.04	+0,96 200m: 2:17.48 31.36	570	5,00
13.	Miguel Nunes Goncalves 50m: 27.75 27.75	97	100355	Uniao Piedense	<b>2:18.36</b> 150m: 1:44.95 42.32	+0,77 200m: 2:18.36 33.41	559	4,00
14.	Alcides Costa Sousa 50m: 27.81 27.81	94	103744	Feirense	<b>2:19.55</b> 150m: 1:45.72 39.26	+0,76 200m: 2:19.55 33.83	545	3,00
15.	Eduardo Cardoso Lopes 50m: 29.79 29.79	99	107596	Louletano / Loule Concelho	<b>2:22.50</b> 150m: 1:48.85 42.67	+0,80 200m: 2:22.50 33.65	512	2,00
16.	Joao Aragao Barra 50m: 29.53 29.53	00	122680	Portinado	<b>2:29.39</b> 150m: 1:52.72 45.96	+0,69 200m: 2:29.39 36.67	444	1,00

Prova 16  
11-04-2015

Masc., 200m Estilos  
1ª Divisão

Absolutos  
Resultados

Recordes Nacionais 50m Absoluto	1:59.39	Diogo Filipe Carvalho	FPN	Barcelona (ESP)	31-07-2013
Recordes Nacionais 50m Inf B	2:22.36	Andre Vilas Ruivo	DNMG	Coimbra	23-06-2013
Recordes Nacionais 50m Inf A	2:16.63	Alexandre Lages Ribas	EDV	Lisboa	24-07-2011
Recordes Nacionais 50m Juv B	2:11.18	Joao Alexandre Vital	FPN	Serravalle (SMR)	30-06-2013
Recordes Nacionais 50m Juv A	2:08.11	Carlos Esteves Almeida	CNA	Lisboa	31-07-2004
Recordes Nacionais 50m Jun 1	2:04.32	Carlos Esteves Almeida	FPN	Budapeste (HUN)	17-07-2005
Recordes Nacionais 50m Jun 2	2:04.06	Carlos Esteves Almeida	CNA	Lisboa	24-03-2006
Recordes Nacionais 50m Sen	1:59.39	Diogo Filipe Carvalho	FPN	Barcelona (ESP)	31-07-2013

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Pedro Miguel Pinotes 50m: 27.12 27.12	89	26732	Sporting 100m: 59.18 32.06 150m: 1:34.94 35.76	<b>2:04.23</b>	+0,70	772	9,00
2.	Tomas Miguel Veloso 50m: 27.08 27.08	96	10868	Nautico /Urgicentro-Sanfil 100m: 59.91 32.83 150m: 1:35.93 36.02	<b>2:05.70</b>	+0,69	745	7,00
3.	Tomas Correia Silva 50m: 26.48 26.48	95	23367	Porto 100m: 59.68 33.20 150m: 1:36.93 37.25	<b>2:06.08</b>	+0,62	739	6,00
4.	Diogo Gomes Sousa 50m: 26.83 26.83	95	25455	Estrelas S. Joao de Brito 100m: 59.20 32.37 150m: 1:38.42 39.22	<b>2:09.47</b>	+0,69	682	5,00
5.	Joao Pedro Gil 50m: 28.02 28.02	97	108343	Naval Amorense 100m: 1:02.12 34.10 150m: 1:41.23 39.11	<b>2:11.46</b>	+0,61	652	4,00
6.	Ricardo Amorim Rego 50m: 28.23 28.23	84	15954	Famalicao 100m: 1:02.70 34.47 150m: 1:40.85 38.15	<b>2:14.04</b>	+0,77	615	3,00
7.	Henrique Lourenco Ferreira 50m: 29.68 29.68	99	112534	Colegio Vasco da Gama 100m: 1:08.48 38.80 150m: 1:52.00 43.52	<b>2:25.44</b>	+0,65	481	2,00

Prova 17 11-04-2015	Femin., 4 x 100m Livres 2ª Divisão				Absolutos Resultados
Recordes Nacionais 50m Absoluto	3:52.07	Futebol Clube do Porto/Dolce Vita	FCP	Coimbra	30-07-2010
Recordes Nacionais 50m Inf B	4:26.09	Grupo Desportivo Natacao V. N. Fai	GDNVNF	Porto	25-07-2010
Recordes Nacionais 50m Inf	4:17.13	tempo limite	GDNVNF	Lisboa	24-07-2011
Recordes Nacionais 50m Inf A	4:17.13	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Lisboa	24-07-2011
Recordes Nacionais 50m Juv B	4:10.72	Clube Nautico Academico de Coimbr	CNAC	Povoa de Varzim	05-08-2011
Recordes Nacionais 50m 14 - 15	4:06.43	Futebol Clube do Porto	FCP	Coimbra	02-04-2015
Recordes Nacionais 50m Juv A	4:06.43	Futebol Clube do Porto	FCP	Coimbra	02-04-2015
Recordes Nacionais 50m Jun	4:00.84	Sporting Clube de Portugal	SCP	Coimbra	30-07-2010
Recordes Nacionais 50m Sen	3:52.07	Futebol Clube do Porto/Dolce Vita	FCP	Coimbra	30-07-2010

Pontos: FINA 2015

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts		
1.		Academica de Coimbra	<b>4:04.60</b>	+0,73	648	17,00		
	+0,73	Raquel Maurile Taveira	28.64	59.54	Tatiana Filipa Santos	+0,47	30.26	1:03.42
	+0,29	Ana Beatriz Fonseca	29.45	1:00.64	Amelia Pereira Fernandes	+0,47	29.97	1:01.00
2.		Desportiva de Viana	<b>4:06.39</b>	+0,79	634	15,00		
	+0,79	Paula Goyanes Garcia	29.91	1:01.75	Lara Gomez Cortes	+0,58	30.28	1:03.23
	+0,59	Lara Alexandra Vaz	29.73	1:02.20	Catarina Maria Ferreira	+0,56	28.02	59.21
3.		Colegio Vasco da Gama	<b>4:07.53</b>	+0,77	625	14,00		
	+0,77	Carolina Santos Albuquerque	30.25	1:02.20	Rita Silva Fernandes	+0,25	30.10	1:02.22
	+0,13	Raquel Paulo Ranito	29.24	1:01.87	Ana Beatriz Pereira	+0,17	28.93	1:01.24
4.		Vilacondense	<b>4:08.12</b>	+0,67	621	13,00		
	+0,67	Ana Catarina Monteiro	28.97	59.86	Ana Filipa Gomes	+0,52	29.96	1:02.41
	+0,47	Maria Joao Fernandes	30.32	1:03.12	Bruna Fangueiro Coentrao	+0,23	29.75	1:02.73
5.		Benfica	<b>4:08.81</b>	+0,77	616	12,00		
	+0,77	Rita Fernandes Leitao	29.33	1:00.63	Claudia Ferreira Borges	+0,42	30.76	1:03.41
	+0,43	Ana Marisa Brito	30.55	1:05.39	Patricia Vilas Conceicao	+0,48	28.69	59.38
6.		Nautico /Urgicentro-Sanfil	<b>4:09.49</b>	+0,69	611	11,00		
	+0,69	Madalena Nunes Palmeira	29.76	1:02.73	Maria Amelia Gaspar	+0,11	30.10	1:02.80
	+0,40	Beatriz Neves Craveiro	29.15	1:01.03	Teresa Miguel Veloso	+0,33	30.43	1:02.93
7.		Leixoes	<b>4:09.58</b>	+0,75	610	10,00		
	+0,75	Vania Soares Neves	30.58	1:02.08	Ines Maria Pereira	+0,16	30.06	1:03.25
	+0,38	Alexandra Jesus Santos	29.62	1:02.35	Marta Ferreira Rocha	+0,39	29.29	1:01.90
8.		Louletano / Loule Concelho	<b>4:11.49</b>	+0,71	596	9,00		
	+0,71	Catia Raquel Martinheira	29.76	1:00.91	Isabel Maria Figueira	+0,54	30.56	1:03.53
	+0,68	Rita Guedes Moreira	30.82	1:03.73	Isis Sousa Severino	+0,65	30.41	1:03.32
9.		Geslours	<b>4:12.43</b>	+0,74	590	8,00		
	+0,74	Cecilia Branco Almeida	31.03	1:04.03	Margarida Messias Ribeiro	+0,54	30.74	1:02.97
	+0,61	Barbara Francisco Ferreira	30.51	1:03.98	Paula Cristina Yang	+0,35	29.79	1:01.45
10.		Nautico Marinha Grande	<b>4:12.62</b>	+0,81	588	7,00		
	+0,81	Giovanna Vaz Vargas	30.55	1:02.80	Ana Monica Eloi	+0,68	30.69	1:03.75
	+0,56	Marta Filipa Vinagre	30.00	1:03.55	Barbara Coimbra Teodosio	+0,62	30.21	1:02.52
11.		Galitos	<b>4:12.66</b>	+0,83	588	6,00		
	+0,83	Eliana Dirce Lourenco	30.78	1:04.51	Rita Costa Amador	+0,51	29.71	1:02.95
	+0,48	Ana Margarida Rodrigues	29.74	1:02.41	Joana Costa Amador	+0,49	30.28	1:02.79
12.		Naval Amorense	<b>4:14.01</b>	+0,78	579	5,00		
	+0,78	Sofia Alexandra Rolao	30.33	1:03.72	Soraia Guerra Rolim	+0,41	29.85	1:03.91
	+0,44	Sofia Prates Silvestre	29.88	1:02.64	Beatriz Santos Almeida	+0,56	30.31	1:03.74
13.		Aquatico Pacense	<b>4:15.34</b>	+0,90	570	4,00		
	+0,90	Ines Neto Rocha	30.50	1:03.69	Sara Lopes Barbosa	+0,55	31.33	1:06.18
	+0,59	Julia Albuquerque Fraga	30.31	1:04.19	Diana Patricia Ferreira	+0,33	28.57	1:01.28
14.		Alcobaca	<b>4:16.56</b>	+0,90	561	3,00		
	+0,90	Matilde Correia Vieira	30.91	1:03.99	Bruna Elisabete Paulino	+0,58	30.90	1:04.19
	+0,35	Joana Mota Correia	30.16	1:03.81	Ines Rocha Silva	+0,53	30.49	1:04.57

Prova 17, Femin., 4 x 100m Livres, Absolutos

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
15.		Academico Viseu	<b>4:16.70</b>	+0,86	561	2,00
	+0,86	30.07	1:02.42	+0,39	29.82	1:02.84
	+0,32	30.93	1:06.52	+0,33	31.01	1:04.92
16.		Nautico Abrantes	<b>4:17.62</b>	+0,74	555	1,00
	+0,74	29.56	1:02.33	+0,51	29.94	1:02.52
	+0,68	31.54	1:07.16	+0,75	31.49	1:05.61

Prova 18 11-04-2015	Femin., 4 x 100m Livres 1ª Divisão				Absolutos Resultados
Recordes Nacionais 50m Absoluto	3:52.07	Futebol Clube do Porto/Dolce Vita	FCP	Coimbra	30-07-2010
Recordes Nacionais 50m Inf B	4:26.09	Grupo Desportivo Natacao V. N. Fai	GDNVNF	Porto	25-07-2010
Recordes Nacionais 50m Inf	4:17.13	tempo limite	GDNVNF	Lisboa	24-07-2011
Recordes Nacionais 50m Inf A	4:17.13	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Lisboa	24-07-2011
Recordes Nacionais 50m Juv B	4:10.72	Clube Nautico Academico de Coimb	CNAC	Povoa de Varzim	05-08-2011
Recordes Nacionais 50m 14 - 15	4:06.43	Futebol Clube do Porto	FCP	Coimbra	02-04-2015
Recordes Nacionais 50m Juv A	4:06.43	Futebol Clube do Porto	FCP	Coimbra	02-04-2015
Recordes Nacionais 50m Jun	4:00.84	Sporting Clube de Portugal	SCP	Coimbra	30-07-2010
Recordes Nacionais 50m Sen	3:52.07	Futebol Clube do Porto/Dolce Vita	FCP	Coimbra	30-07-2010

Pontos: FINA 2015

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	
1. Porto		Porto	<b>3:55.45</b>	+0,71	727	9,00	
	+0,71	28.35	59.82	Ana Rita Faria	+0,57	28.36	58.69
	+0,44	27.89	59.16	Diana Margarida Duraes	+0,48	27.80	57.78
2. Ginasio Vila Real		Ginasio Vila Real	<b>3:56.09</b>	+0,78	721	7,00	
	+0,78	27.46	58.12	Ana Margarida Guedes	+0,28	28.61	1:00.25
	+0,53	29.17	1:01.19	Ana Sofia Leite	+0,43	27.30	56.53
3. Alges		Alges	<b>3:56.71</b>	+0,83	715	6,00	
	+0,83	28.83	59.47	Raquel Gomes Pereira	+0,56	28.50	59.18
	+0,27	28.18	59.16	Madalena Gomes Azevedo	+0,56	28.70	58.90
4. Sporting		Sporting	<b>4:01.92</b>	+0,74	670	5,00	
	+0,74	29.24	1:01.12	Sofia Machado Dionisio	+0,58	29.53	1:01.49
	+0,27	29.16	1:00.72	Mafalda Gomes Beleza	+0,51	28.48	58.59
5. Amadora		Amadora	<b>4:05.31</b>	+0,72	642	4,00	
	+0,72	29.02	59.53	Rute Margarida Marques	+0,38	30.08	1:03.86
	+0,52	30.06	1:01.98	Soraia Vanessa Ribeiro	+0,19	28.36	59.94
6. Uniao Piedense		Uniao Piedense	<b>4:06.67</b>	+0,80	632	3,00	
	+0,80	29.29	1:01.70	Sofia Isabel Gouveia	+1,94	28.94	1:01.62
	+0,49	29.24	1:02.37	Filipa Carreira Alves	+0,45	29.07	1:00.98
7. Famalicao		Famalicao	<b>4:08.28</b>	+0,83	620	2,00	
	+0,83	30.08	1:01.06	Catarina Alexandra Jardim	+0,59	30.94	1:03.29
	+0,48	30.71	1:03.34	Ana Beatriz Martins	+0,36	29.18	1:00.59
8. Braga		Braga	<b>4:08.97</b>	+0,73	614	1,00	
	+0,73	29.48	1:02.58	Tamila Hryhorivna Holub	+0,64	29.38	1:00.86
	+0,24	30.26	1:03.24	Ana Sofia Fernandes	+0,42	30.08	1:02.29

Campeonato Nacional Clubes 1 e 2 Divisão  
Oeiras, 11- - 12-4-2015

Prova 19 11-04-2015	Masc., 4 x 100m Livres 2ª Divisão				Absolutos Resultados
Recordes Nacionais 50m Absoluto	3:24.33	Futebol Clube do Porto/Imperio Bonif	FCP	Faro	19-07-2009
Recordes Nacionais 50m Inf B	4:06.16	Associação Naval Amorense	ANAM	Loulé	19-07-2014
Recordes Nacionais 50m Inf	3:52.27	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Loulé	19-07-2014
Recordes Nacionais 50m Inf A	3:52.27	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Loulé	19-07-2014
Recordes Nacionais 50m Juv B	3:45.99	Futebol Clube do Porto	FCP	Jamor	27-07-2012
Recordes Nacionais 50m Juv	3:39.68	tempo limite	FCP	Famalicão	19-07-2013
Recordes Nacionais 50m Juv A	3:39.68	Futebol Clube do Porto	FCP	Famalicão	19-07-2013
Recordes Nacionais 50m Jun	3:34.25	Futebol Clube do Porto/Imperio Bonif	FCP	Lisboa	27-03-2009
Recordes Nacionais 50m Sen	3:26.21	Futebol Clube do Porto	FCP	Jamor	27-07-2012

Pontos: FINA 2015

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts			
1. <b>Benfica</b>		<b>Benfica</b>	<b>3:35.44</b>	<b>+0,68</b>	<b>667</b>	<b>17,00</b>			
		Joao Duarte Santos	+0,68	25.77	53.43	Guilherme Miguel Teixeira	+0,37	25.60	53.92
		Luis David Rodrigues	+0,18	25.51	54.96	Andre Filipe Farinha	+0,15	25.51	53.13
2. <b>Leixoes</b>		<b>Leixoes</b>	<b>3:35.61</b>	<b>+0,64</b>	<b>665</b>	<b>15,00</b>			
		Ruben Oliveira Lopes	+0,64	25.91	53.94	Tiago Silva Oliveira	+0,23	26.12	54.13
		Diogo Fontes Moreira	+0,21	25.34	53.96	Andre Goncalo Santos	+0,52	25.37	53.58
3. <b>Alges</b>		<b>Alges</b>	<b>3:36.05</b>	<b>+0,63</b>	<b>661</b>	<b>14,00</b>			
		Francisco Carvalho Machado	+0,63	25.57	53.45	Hugo Pon	+0,41	26.04	55.26
		Goncalo Cardoso Carmo	+0,35	26.09	54.07	Pedro Andre Santos	+0,32	25.52	53.27
4. <b>Vilacondense</b>		<b>Vilacondense</b>	<b>3:36.11</b>	<b>+0,84</b>	<b>660</b>	<b>13,00</b>			
		Filipe Carmo Ramos	+0,84	26.02	54.25	Pedro Maria Bessa	+0,53	26.00	53.83
		Ruben Jose Morim	+0,29	25.72	53.72	Fabio Manuel Pereira	+0,53	26.18	54.31
5. <b>Colegio Monte Maior</b>		<b>Colegio Monte Maior</b>	<b>3:36.51</b>	<b>+0,68</b>	<b>657</b>	<b>12,00</b>			
		Francisco Nogales Angel	+0,68	25.34	53.10	Joao Alexandre Vital	+0,22	25.76	54.35
		Pedro Miguel Silva	+0,26	25.56	53.88	Rodrigo Antonio Rosa	+0,36	26.95	55.18
6. <b>Academica de Coimbra</b>		<b>Academica de Coimbra</b>	<b>3:36.56</b>	<b>+0,63</b>	<b>656</b>	<b>11,00</b>			
		Gustavo Almeida Madureira	+0,63	25.06	52.20	Joao Andre Neves	+0,32	26.75	55.79
		Joao Nuno Pires	+0,39	26.86	54.80	Pedro Barros Mendes	+0,29	26.22	53.77
7. <b>Braga</b>		<b>Braga</b>	<b>3:36.62</b>	<b>+0,73</b>	<b>656</b>	<b>10,00</b>			
		Ricardo Manuel Machado	+0,73	25.47	52.76	Rodrigo Carlos Albuquerque	+0,20	25.84	54.39
		Joao Francisco Lopes	+0,23	25.97	54.86	Edgar Oliveira Ribeiro	+0,14	25.46	54.61
8. <b>Uniao Piedense</b>		<b>Uniao Piedense</b>	<b>3:36.67</b>	<b>+0,80</b>	<b>655</b>	<b>9,00</b>			
		Andre Rafael Marinho	+0,80	25.85	54.34	Diamantino Gato Bras	+0,53	26.15	55.02
		Vasco Miguel Gaspar	+0,46	25.16	53.59	Miguel Nunes Goncalves	+0,40	25.31	53.72
9. <b>Galitos</b>		<b>Galitos</b>	<b>3:37.31</b>	<b>+0,67</b>	<b>649</b>	<b>8,00</b>			
		Diogo Filipe Carvalho	+0,67	24.70	50.55	Nuno Durao Pascoal	+0,39	25.50	54.47
		Joao Carlos Paula	+0,41	26.53	55.69	Andre Martins Palhinha	+0,31	27.44	56.60
10. <b>Desportiva de Viana</b>		<b>Desportiva de Viana</b>	<b>3:38.49</b>	<b>+0,83</b>	<b>639</b>	<b>7,00</b>			
		Nuno Miguel Graca	+0,83	26.67	56.15	Miguel Angelo Passos	+0,56	26.56	54.11
		Daniel Sanchez Louzan	+0,20	26.11	54.24	Rafael Lages Ribas	+0,40	24.86	53.99
11. <b>Portinado</b>		<b>Portinado</b>	<b>3:38.86</b>	<b>+0,63</b>	<b>636</b>	<b>6,00</b>			
		Miguel Duarte Nascimento	+0,63	24.32	51.41	Alexandre Escudier Agostinho	+0,21	23.57	51.48
		Hugo Alexandre Amaral	+0,36	26.49	56.89	Joao Aragao Barra	+0,64	27.29	59.08
12. <b>Aquatico Pacense</b>		<b>Aquatico Pacense</b>	<b>3:40.57</b>	<b>+0,75</b>	<b>621</b>	<b>5,00</b>			
		Joao Claudio Sousa	+0,75	26.55	54.27	Pedro Ferraz Silva	+0,32	26.66	55.68
		Antonio Rafael Bessa	+0,34	26.45	55.45	Ruben Filipe Nunes	+0,34	26.49	55.17
13. <b>Foca</b>		<b>Foca</b>	<b>3:41.17</b>	<b>+0,73</b>	<b>616</b>	<b>4,00</b>			
		Ricardo David Silva	+0,73	26.48	56.03	Rui Filipe Costa	+0,33	27.01	55.58
		Ivo Manuel Dias	+0,28	25.71	54.28	Marcelo Goncalo Pereira	+0,57	25.96	55.28
14. <b>Louletano / Loule Concelho</b>		<b>Louletano / Loule Concelho</b>	<b>3:42.28</b>	<b>+0,74</b>	<b>607</b>	<b>3,00</b>			
		Luis Pedro Fernandes	+0,74	26.89	56.14	Nathan Keith Theodoris	+0,43	25.16	52.67
		Tiago Martins Boleta	+0,64	26.31	56.29	Rodrigo Jose Guerreiro	+0,44	27.30	57.18

Campeonato Nacional Clubes 1 e 2 Divisão  
Oeiras, 11- - 12-4-2015

Prova 19, Masc., 4 x 100m Livres, Absolutos

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts			
15.		Fluvial Portuense	<b>3:43.10</b>	<b>+0,68</b>	<b>600</b>	<b>2,00</b>			
		Rui Filipe Vilar	+0,68	25.96	53.55	Joao Luis Travanca	+0,37	27.51	56.99
		Diogo Barbosa Nunes	+0,21	27.15	56.92	Alexandre Magno Carvalho	+0,19	26.32	55.64
16.		Feirense	<b>3:47.31</b>	<b>+0,74</b>	<b>567</b>	<b>1,00</b>			
		Job Santos Silva	+0,74	26.78	55.95	Goncalo Pereira Sa	+0,31	27.57	59.28
		Emanuel Augusto Pinho	+0,37	26.39	55.60	Alcides Costa Sousa	+0,59	26.40	56.48



Prova 20 11-04-2015	Masc., 4 x 100m Livres 1ª Divisão			Absolutos Resultados
Recordes Nacionais 50m Absoluto	3:24.33	Futebol Clube do Porto/Imperio Bonif	FCP	Faro 19-07-2009
Recordes Nacionais 50m Inf B	4:06.16	Associação Naval Amorense	ANAM	Loulé 19-07-2014
Recordes Nacionais 50m Inf	3:52.27	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Loulé 19-07-2014
Recordes Nacionais 50m Inf A	3:52.27	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Loulé 19-07-2014
Recordes Nacionais 50m Juv B	3:45.99	Futebol Clube do Porto	FCP	Jamor 27-07-2012
Recordes Nacionais 50m Juv	3:39.68	tempo limite	FCP	Famalicao 19-07-2013
Recordes Nacionais 50m Juv A	3:39.68	Futebol Clube do Porto	FCP	Famalicao 19-07-2013
Recordes Nacionais 50m Jun	3:34.25	Futebol Clube do Porto/Imperio Bonif	FCP	Lisboa 27-03-2009
Recordes Nacionais 50m Sen	3:26.21	Futebol Clube do Porto	FCP	Jamor 27-07-2012

Pontos: FINA 2015

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.		Estrelas S. Joao de Brito	<b>3:26.80</b>	+0,62	754	9,00
	+0,62	Artiom Viatcheslavovitch Poliakov	24.97	+0,45	25.09	52.56
	+0,38	Pedro Diogo Oliveira	24.74	+0,38	24.12	51.07
2.		Sporting	<b>3:29.62</b>	+0,70	724	7,00
	+0,70	Igor Araujo Mogne	25.44	+0,28	25.04	52.14
	+0,12	Bernardo Leitao Graca	24.71	+0,33	24.07	51.54
3.		Porto	<b>3:30.77</b>	+0,71	712	6,00
	+0,71	Joao Miguel Ascensao	25.68	+0,38	25.79	53.29
	+0,29	Carlos Filipe Santos	24.98	+0,50	24.87	51.62
4.		Nautico /Urgicentro-Sanfil	<b>3:30.99</b>	+0,69	710	5,00
	+0,69	Mario Alexandre Pereira	25.05	+0,49	25.67	52.96
	+0,17	Francisco Xavier Goncalves	24.87	+0,30	25.49	53.09
5.		Naval Amorense	<b>3:32.48</b>	+0,67	695	4,00
	+0,67	Tiago Ferreira Azevedo	25.44	+0,45	24.54	52.38
	+0,46	Joao Carlos Santos	26.30	+0,14	25.34	52.89
6.		Famalicao	<b>3:32.67</b>	+0,70	693	3,00
	+0,70	Luis Emanuel Vaz	24.82	+0,37	25.77	54.42
	+0,33	Ricardo Amorim Rego	25.68	+0,38	25.50	52.47
7.		Colegio Vasco da Gama	<b>3:38.01</b>	+0,70	643	2,00
	+0,70	Nuno Goncalo Quintanilha	25.00	+0,04	26.11	55.98
	+0,29	Ricardo Verissimo Sousa	26.47	+0,32	26.00	54.44
DNS		Amadora				-



Prova 21  
11-04-2015 - 16:30

Femin., 200m Mariposa  
2ª Divisão

Absolutos  
Resultados

Recordes Nacionais 50m Absoluto	2:10.14	Sara Freitas Oliveira	FPN	Beijing (CHN)	12-08-2008
Recordes Nacionais 50m Inf B	2:30.76	Susana Patricia Miguel	SFUAP	Restelo	20-07-2002
Recordes Nacionais 50m Inf A	2:25.32	Susana Patricia Miguel	SFUAP	Restelo	05-07-2003
Recordes Nacionais 50m Juv B	2:20.75	Susana Patricia Miguel	FPN	Génova (ITA)	04-07-2004
Recordes Nacionais 50m Juv A	2:15.56	Ana Rita Francisco	FPN	Genebra (SUI)	20-07-1995
Recordes Nacionais 50m 16	2:17.11	Ana Rita Francisco	SFUAP	Porto	29-06-1996
Recordes Nacionais 50m 17	2:12.56	Sara Freitas Oliveira	FPN	Berlim (GER)	04-08-2002
Recordes Nacionais 50m Sen	2:10.14	Sara Freitas Oliveira	FPN	Beijing (CHN)	12-08-2008

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ana Catarina Monteiro	93	24320	Vilacondense	<b>2:12.74</b>	+0,73	772	17,00
	50m: 30.11 30.11			100m: 1:04.17 34.06	150m: 1:38.33 34.16	200m: 2:12.74 34.41		
2.	Bruna Elisabete Paulino	97	102345	Alcobaca	<b>2:21.49</b>	+0,86	638	15,00
	50m: 31.98 31.98			100m: 1:08.05 36.07	150m: 1:44.51 36.46	200m: 2:21.49 36.98		
3.	Giovanna Vaz Vargas	00	110957	Nautico Marinha Grande	<b>2:21.83</b>	+0,84	633	14,00
	50m: 32.16 32.16			100m: 1:07.59 35.43	150m: 1:44.57 36.98	200m: 2:21.83 37.26		
4.	Paula Goyanes Garcia	98	148728	Desportiva de Viana	<b>2:23.32</b>	+0,83	613	13,00
	50m: 31.96 31.96			100m: 1:08.73 36.77	150m: 1:45.84 37.11	200m: 2:23.32 37.48		
5.	Madalena Amaro Machado	98	105916	Academico Viseu	<b>2:23.36</b>	+0,87	613	12,00
	50m: 32.71 32.71			100m: 1:09.60 36.89	150m: 1:47.17 37.57	200m: 2:23.36 36.19		
6.	Ana Margarida Rodrigues	96	103868	Galitos	<b>2:23.71</b>	+0,76	608	11,00
	50m: 32.54 32.54			100m: 1:08.81 36.27	150m: 1:45.81 37.00	200m: 2:23.71 37.90		
7.	Daniela Figueiredo Metelo	97	26780	Academica de Coimbra	<b>2:28.42</b>	+0,70	552	10,00
	50m: 32.99 32.99			100m: 1:10.16 37.17	150m: 1:49.22 39.06	200m: 2:28.42 39.20		
8.	Rita Silva Fernandes	96	111206	Colegio Vasco da Gama	<b>2:28.79</b>	+0,88	548	9,00
	50m: 32.84 32.84			100m: 1:10.11 37.27	150m: 1:48.83 38.72	200m: 2:28.79 39.96		
9.	Helena Neto Costa	00	111309	Aquatico Pacense	<b>2:31.82</b>	+0,77	516	8,00
	50m: 33.19 33.19			100m: 1:10.99 37.80	150m: 1:50.80 39.81	200m: 2:31.82 41.02		
10.	Maria Amelia Gaspar	96	26584	Nautico/Urgicentro-Sanfil	<b>2:33.78</b>	+0,83	496	7,00
	50m: 33.74 33.74			100m: 1:12.16 38.42	150m: 1:52.22 40.06	200m: 2:33.78 41.56		
11.	Ines Maria Pereira	99	105607	Leixoes	<b>2:34.67</b>	+0,84	488	6,00
	50m: 33.35 33.35			100m: 1:11.40 38.05	150m: 1:52.77 41.37	200m: 2:34.67 41.90		
12.	Ana Catarina Oliveira	99	112314	Geslours	<b>2:41.43</b>	+0,76	429	5,00
	50m: 34.11 34.11			100m: 1:12.77 38.66	150m: 1:54.92 42.15	200m: 2:41.43 46.51		
13.	Ines Rodrigues Ferreira	01	125193	Benfica	<b>2:43.88</b>	+0,90	410	4,00
	50m: 34.81 34.81			100m: 1:15.13 40.32	150m: 1:59.68 44.55	200m: 2:43.88 44.20		
14.	Maria Luz Direitinho	00	118855	Louletano / Loule Concelho	<b>2:44.61</b>	+0,90	405	3,00
	50m: 34.92 34.92			100m: 1:15.29 40.37	150m: 1:58.72 43.43	200m: 2:44.61 45.89		
15.	Beatriz Maria Duarte	02	123763	Nautico Abrantes	<b>2:46.98</b>	+0,89	388	2,00
	50m: 35.53 35.53			100m: 1:17.18 41.65	150m: 2:00.77 43.59	200m: 2:46.98 46.21		
16.	Catarina Filipa Mosca	99	118243	Naval Amorense	<b>2:50.78</b>	+0,69	362	1,00
	50m: 35.00 35.00			100m: 1:17.76 42.76	150m: 2:03.86 46.10	200m: 2:50.78 46.92		

Prova 22  
11-04-2015

Femin., 200m Mariposa  
1ª Divisão

Absolutos  
Resultados

Recordes Nacionais 50m Absoluto	2:10.14	Sara Freitas Oliveira	FPN	Beijing (CHN)	12-08-2008
Recordes Nacionais 50m Inf B	2:30.76	Susana Patricia Miguel	SFUAP	Restelo	20-07-2002
Recordes Nacionais 50m Inf A	2:25.32	Susana Patricia Miguel	SFUAP	Restelo	05-07-2003
Recordes Nacionais 50m Juv B	2:20.75	Susana Patricia Miguel	FPN	Génova (ITA)	04-07-2004
Recordes Nacionais 50m Juv A	2:15.56	Ana Rita Francisco	FPN	Genebra (SUI)	20-07-1995
Recordes Nacionais 50m 16	2:17.11	Ana Rita Francisco	SFUAP	Porto	29-06-1996
Recordes Nacionais 50m 17	2:12.56	Sara Freitas Oliveira	FPN	Berlim (GER)	04-08-2002
Recordes Nacionais 50m Sen	2:10.14	Sara Freitas Oliveira	FPN	Beijing (CHN)	12-08-2008

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Carolina Mantua Guedes	98	110539	Sporting	<b>2:18.40</b>	+0,79	681	9,00
	50m: 31.43 31.43		100m: 1:05.75 34.32	150m: 1:41.92 36.17	200m: 2:18.40 36.48			
2.	Sara Freitas Oliveira	85	23045	Porto	<b>2:18.81</b>	+0,75	675	7,00
	50m: 31.26 31.26		100m: 1:05.88 34.62	150m: 1:42.39 36.51	200m: 2:18.81 36.42			
3.	Sofia Alexandra Branco	98	116596	Alges	<b>2:22.09</b>	+0,78	630	6,00
	50m: 32.38 32.38		100m: 1:07.67 35.29	150m: 1:44.81 37.14	200m: 2:22.09 37.28			
4.	Debora Guimaraes Oliveira	96	105629	Braga	<b>2:24.81</b>	+0,76	595	5,00
	50m: 31.96 31.96		100m: 1:08.01 36.05	150m: 1:45.51 37.50	200m: 2:24.81 39.30			
5.	Cristiana Sofia Ribeiro	00	125475	Famalicao	<b>2:28.61</b>	+0,77	550	4,00
	50m: 32.44 32.44		100m: 1:09.49 37.05	150m: 1:47.91 38.42	200m: 2:28.61 40.70			
6.	Alice Maria Lopes	00	119476	Uniao Piedense	<b>2:29.72</b>	+0,85	538	3,00
	50m: 32.56 32.56		100m: 1:10.49 37.93	150m: 1:50.11 39.62	200m: 2:29.72 39.61			
7.	Maria Margarida Fernandes	99	110203	Ginasio Vila Real	<b>2:44.31</b>	+0,78	407	2,00
	50m: 32.79 32.79		100m: 1:12.58 39.79	150m: 1:57.33 44.75	200m: 2:44.31 46.98			
8.	Catarina Trigo Ferreira	02	124523	Amadora	<b>3:02.70</b>	+0,89	296	1,00
	50m: 38.72 38.72		100m: 1:24.62 45.90	150m: 2:13.30 48.68	200m: 3:02.70 49.40			

Prova 23  
11-04-2015

Masc., 200m Mariposa  
2ª Divisão

Absolutos  
Resultados

Recordes Nacionais 50m Absoluto	1:56.17	Pedro Diogo Oliveira	FPN	Roma (ITA)	28-07-2009
Recordes Nacionais 50m Inf B	2:21.67	Fabio Parrilha da Silva	CNAL	S. João da Madeira	23-07-2000
Recordes Nacionais 50m Inf A	2:14.50	Fabio Parrilha da Silva	CNAL	Campanhã	29-07-2001
Recordes Nacionais 50m Juv B	2:09.61	Fabio Parrilha da Silva	CNAL	Lisboa	11-05-2002
Recordes Nacionais 50m Juv A	2:03.76	Pedro Diogo Oliveira	CNRM	Lisboa	31-07-2004
Recordes Nacionais 50m Jun 1	2:02.12	Pedro Diogo Oliveira	FPN	Belgrado (HUN)	16-07-2005
Recordes Nacionais 50m Jun 2	2:01.46	Pedro Diogo Oliveira	FPN	Palma de Mallorca (ESP)	08-07-2006
Recordes Nacionais 50m Sen	1:56.17	Pedro Diogo Oliveira	FPN	Roma (ITA)	28-07-2009

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Diogo Filipe Carvalho	88	12277	Galitos	<b>1:58.73</b>	+0,69	828	17,00
	50m: 26.02 26.02			100m: 56.01 29.99	150m: 1:27.13 31.12	200m: 1:58.73 31.60		
2.	Miguel Duarte Nascimento	95	14944	Portinado	<b>2:01.56</b>	+0,65	771	15,00
	50m: 26.63 26.63			100m: 56.97 30.34	150m: 1:28.74 31.77	200m: 2:01.56 32.82		
3.	Jose Paula Carvalho	98	111450	Uniao Piedense	<b>2:05.03</b>	+0,79	709	14,00
	50m: 28.11 28.11			100m: 59.83 31.72	150m: 1:32.28 32.45	200m: 2:05.03 32.75		
4.	Andre Antunes Carvalho	96	105239	Colegio Monte Maior	<b>2:05.84</b>	+0,79	695	13,00
	50m: 27.93 27.93			100m: 1:00.52 32.59	150m: 1:33.57 33.05	200m: 2:05.84 32.27		
5.	Rui Filipe Vilar	91	24159	Fluvial Portuense	<b>2:06.97</b>	+0,68	677	12,00
	50m: 28.12 28.12			100m: 1:00.24 32.12	150m: 1:32.86 32.62	200m: 2:06.97 34.11		
6.	Ruben Jose Morim	97	107935	Vilacondense	<b>2:09.64</b>	+0,73	636	11,00
	50m: 28.76 28.76			100m: 1:01.76 33.00	150m: 1:35.30 33.54	200m: 2:09.64 34.34		
7.	Diogo Fontes Moreira	93	13359	Leixoes	<b>2:09.82</b>	+0,74	633	10,00
	50m: 27.53 27.53			100m: 1:00.35 32.82	150m: 1:34.69 34.34	200m: 2:09.82 35.13		
8.	Antonio Rafael Bessa	94	102089	Aquatico Pacense	<b>2:10.45</b>	+0,65	624	9,00
	50m: 29.15 29.15			100m: 1:02.20 33.05	150m: 1:35.93 33.73	200m: 2:10.45 34.52		
9.	Hugo Pon	98	110164	Alges	<b>2:10.48</b>	+0,67	624	8,00
	50m: 29.05 29.05			100m: 1:03.05 34.00	150m: 1:36.52 33.47	200m: 2:10.48 33.96		
10.	Joao Duarte Santos	95	26430	Benfica	<b>2:11.11</b>	+0,70	615	7,00
	50m: 29.24 29.24			100m: 1:02.28 33.04	150m: 1:36.70 34.42	200m: 2:11.11 34.41		
11.	Joao Nuno Pires	94	10866	Academica de Coimbra	<b>2:11.20</b>	+0,66	613	6,00
	50m: 29.01 29.01			100m: 1:02.66 33.65	150m: 1:37.09 34.43	200m: 2:11.20 34.11		
12.	Jorge Jesus Silva	00	121941	Braga	<b>2:11.41</b>	+0,82	611	5,00
	50m: 29.52 29.52			100m: 1:02.85 33.33	150m: 1:37.49 34.64	200m: 2:11.41 33.92		
13.	Tiago Martins Boleta	98	107597	Louletano / Loule Concelho	<b>2:12.24</b>	+0,73	599	4,00
	50m: 28.03 28.03			100m: 1:01.13 33.10	150m: 1:36.54 35.41	200m: 2:12.24 35.70		
14.	Nuno Miguel Graca	98	105631	Desportiva de Viana	<b>2:17.90</b>	+0,76	528	3,00
	50m: 29.37 29.37			100m: 1:03.75 34.38	150m: 1:40.23 36.48	200m: 2:17.90 37.67		
15.	Ivo Manuel Dias	00	111508	Foca	<b>2:20.21</b>	+0,78	503	2,00
	50m: 30.52 30.52			100m: 1:05.89 35.37	150m: 1:42.79 36.90	200m: 2:20.21 37.42		
16.	Alcides Costa Sousa	94	103744	Feirense	<b>2:22.74</b>	+0,79	476	1,00
	50m: 30.70 30.70			100m: 1:06.71 36.01	150m: 1:44.40 37.69	200m: 2:22.74 38.34		

Prova 24 11-04-2015	Masc., 200m Mariposa 1ª Divisão				Absolutos Resultados
Recordes Nacionais 50m Absoluto	1:56.17	Pedro Diogo Oliveira	FPN	Roma (ITA)	28-07-2009
Recordes Nacionais 50m Inf B	2:21.67	Fabio Parrilha da Silva	CNAL	S. João da Madeira	23-07-2000
Recordes Nacionais 50m Inf A	2:14.50	Fabio Parrilha da Silva	CNAL	Campanhã	29-07-2001
Recordes Nacionais 50m Juv B	2:09.61	Fabio Parrilha da Silva	CNAL	Lisboa	11-05-2002
Recordes Nacionais 50m Juv A	2:03.76	Pedro Diogo Oliveira	CNRM	Lisboa	31-07-2004
Recordes Nacionais 50m Jun 1	2:02.12	Pedro Diogo Oliveira	FPN	Belgrado (HUN)	16-07-2005
Recordes Nacionais 50m Jun 2	2:01.46	Pedro Diogo Oliveira	FPN	Palma de Mallorca (ESP)	08-07-2006
Recordes Nacionais 50m Sen	1:56.17	Pedro Diogo Oliveira	FPN	Roma (ITA)	28-07-2009

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Pedro Miguel Pinotes 50m: 27.78 27.78	89	26732	Sporting 100m: 59.62 31.84 150m: 1:31.67	<b>2:03.27</b> 32.05	+0,69	740	9,00
2.	Duarte Rafael Mourao 50m: 27.33 27.33	84	13018	Estrelas S. Joao de Brito 100m: 58.75 31.42 150m: 1:31.24	<b>2:06.04</b> 32.49	+0,67	692	7,00
3.	Ricardo Verissimo Sousa 50m: 29.31 29.31	93	25548	Colegio Vasco da Gama 100m: 1:01.54 32.23 150m: 1:35.13	<b>2:07.67</b> 33.59	+0,68	666	6,00
4.	Joao Carlos Silva 50m: 27.57 27.57	98	108379	Famalicao 100m: 1:00.28 32.71 150m: 1:33.61	<b>2:08.13</b> 33.33	+0,67	659	5,00
5.	Rafael Filipe Nunes 50m: 29.23 29.23	96	108344	Naval Amorense 100m: 1:02.27 33.04 150m: 1:35.63	<b>2:11.16</b> 33.36	+0,63	614	4,00
6.	Diogo Miguel Costa 50m: 28.79 28.79	98	110489	Porto 100m: 1:03.04 34.25 150m: 1:38.02	<b>2:12.05</b> 34.98	+0,75	602	3,00
7.	Francisco Xavier Goncalves 50m: 29.45 29.45	97	26878	Nautico /Urgicentro-Sanfil 100m: 1:02.91 33.46 150m: 1:38.12	<b>2:12.35</b> 35.21	+0,73	598	2,00
DNS	Tomas Silvestre Almeida	01	126471	Amadora				-

Prova 25  
11-04-2015

Femin., 100m Bruços  
2ª Divisão

Absolutos  
Resultados

Recordes Nacionais 50m Absoluto	1:09.47	Diana Duarte Gomes	CNA	Loulé	06-06-2009
Recordes Nacionais 50m Inf B	1:19.92	Raquel Gomes Pereira	SAD	Rio Maior	22-07-2012
Recordes Nacionais 50m Inf A	1:15.49	Ana Pinho Rodrigues	AEJ	Coimbra	08-07-2007
Recordes Nacionais 50m Juv B	1:12.89	Paula Alexandra Oliveira	FCP	Coimbra	29-07-2010
Recordes Nacionais 50m Juv A	1:10.73	Ana Pinho Rodrigues	AEJ	Coimbra	31-05-2009
Recordes Nacionais 50m 16	1:10.09	Diana Duarte Gomes	FPN	Budapeste (HUN)	17-07-2005
Recordes Nacionais 50m 17	1:10.43	Diana Duarte Gomes	FPN	Rio Janeiro (BRA)	26-08-2006
Recordes Nacionais 50m Sen	1:09.47	Diana Duarte Gomes	CNA	Loulé	06-06-2009

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ana Marisa Brito 50m: 34.94 34.94	90	12800	Benfica 100m: 1:14.23 39.29	<b>1:14.23</b>	+0,72	651	17,00
2.	Ines Rocha Silva 50m: 35.58 35.58	00	117806	Alcobaca 100m: 1:15.06 39.48	<b>1:15.06</b>	+0,64	630	15,00
3.	Rute Isabel Leonardo 50m: 35.41 35.41	98	121391	Nautico Abrantes 100m: 1:15.34 39.93	<b>1:15.34</b>	+0,71	623	14,00
4.	Ana Beatriz Pereira 50m: 35.43 35.43	91	20591	Colegio Vasco da Gama 100m: 1:15.35 39.92	<b>1:15.35</b>	+0,72	622	13,00
5.	Sofia Filipa Goncalves 50m: 36.18 36.18	01	122990	Leixoes 100m: 1:15.72 39.54	<b>1:15.72</b>	+0,76	613	12,00
6.	Diana Patricia Ferreira 50m: 35.25 35.25	94	23500	Aquatico Pacense 100m: 1:16.16 40.91	<b>1:16.16</b>	+0,86	603	11,00
7.	Isabel Maria Figueira 50m: 36.13 36.13	79	11424	Louletano / Loule Concelho 100m: 1:17.33 41.20	<b>1:17.33</b>	+0,90	576	10,00
8.	Beatriz Castanheira Dias 50m: 37.40 37.40	99	109015	Academica de Coimbra 100m: 1:18.46 41.06	<b>1:18.46</b>	+0,66	551	9,00
9.	Ana Ferreira Costa 50m: 38.06 38.06	02	123876	Nautico Marinha Grande 100m: 1:19.56 41.50	<b>1:19.56</b>		529	8,00
10.	Margarida Messias Ribeiro 50m: 37.74 37.74	98	110544	Geslours 100m: 1:19.99 42.25	<b>1:19.99</b>	+0,77	520	7,00
11.	Ana Filipa Gomes 50m: 37.38 37.38	96	107376	Vilacondense 100m: 1:21.15 43.77	<b>1:21.15</b>	+0,83	498	6,00
12.	Madalena Nunes Palmeira 50m: 38.64 38.64	99	109703	Nautico /Urgicentro-Sanfil 100m: 1:22.41 43.77	<b>1:22.41</b>	+0,69	476	5,00
13.	Maria Miguel Melo 50m: 38.90 38.90	02	126771	Galitos 100m: 1:23.16 44.26	<b>1:23.16</b>	+0,85	463	4,00
14.	Mariana Pereira Silva 50m: 39.29 39.29	99	108997	Desportiva de Viana 100m: 1:25.30 46.01	<b>1:25.30</b>	+0,84	429	3,00
15.	Soraia Guerra Rolim 50m: 38.41 38.41	95	121321	Naval Amorense 100m: 1:25.31 46.90	<b>1:25.31</b>	+0,83	429	2,00
16.	Raquel Sofia Almeida 50m: 40.62 40.62	01	124758	Academico Viseu 100m: 1:25.79 45.17	<b>1:25.79</b>	+1,00	422	1,00

Prova 26  
11-04-2015

Femin., 100m Bruços  
1ª Divisão

Absolutos  
Resultados

Recordes Nacionais 50m Absoluto	1:09.47	Diana Duarte Gomes	CNA	Loulé	06-06-2009
Recordes Nacionais 50m Inf B	1:19.92	Raquel Gomes Pereira	SAD	Rio Maior	22-07-2012
Recordes Nacionais 50m Inf A	1:15.49	Ana Pinho Rodrigues	AEJ	Coimbra	08-07-2007
Recordes Nacionais 50m Juv B	1:12.89	Paula Alexandra Oliveira	FCP	Coimbra	29-07-2010
Recordes Nacionais 50m Juv A	1:10.73	Ana Pinho Rodrigues	AEJ	Coimbra	31-05-2009
Recordes Nacionais 50m 16	1:10.09	Diana Duarte Gomes	FPN	Budapeste (HUN)	17-07-2005
Recordes Nacionais 50m 17	1:10.43	Diana Duarte Gomes	FPN	Rio Janeiro (BRA)	26-08-2006
Recordes Nacionais 50m Sen	1:09.47	Diana Duarte Gomes	CNA	Loulé	06-06-2009

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Raquel Gomes Pereira 50m: 34.30 34.30	00	118469	Alges 100m: 1:11.82 37.52	<b>1:11.82</b>	+0,72	719	9,00
2.	Paula Alexandra Oliveira 50m: 34.24 34.24	96	102084	Porto 100m: 1:12.01 37.77	<b>1:12.01</b>	+0,68	713	7,00
3.	Ana Teresa Franco 50m: 35.49 35.49	91	11349	Sporting 100m: 1:14.62 39.13	<b>1:14.62</b>	+0,80	641	6,00
4.	Rute Margarida Marques 50m: 34.86 34.86	94	25359	Amadora 100m: 1:15.36 40.50	<b>1:15.36</b>	+0,74	622	5,00
5.	Joana Patricia Pinto 50m: 34.59 34.59	94	24790	Ginasio Vila Real 100m: 1:15.70 41.11	<b>1:15.70</b>	+0,77	614	4,00
6.	Mariana Dias Almeida 50m: 36.03 36.03	93	22405	Famalicao 100m: 1:16.88 40.85	<b>1:16.88</b>	+0,80	586	3,00
7.	Joana Dias Santos 50m: 36.27 36.27	96	100397	Uniao Piedense 100m: 1:17.48 41.21	<b>1:17.48</b>	+0,73	572	2,00
8.	Rita Catarina Miranda 50m: 36.64 36.64	97	107566	Braga 100m: 1:18.77 42.13	<b>1:18.77</b>	+0,83	545	1,00

Prova 27  
11-04-2015

Masc., 100m Bruços  
2ª Divisão

Absolutos  
Resultados

Recordes Nacionais 50m Absoluto	1:01.01	Carlos Esteves Almeida	FPN	Barcelona (ESP)	28-07-2013
Recordes Nacionais 50m Inf B	1:11.95	Andre Goncalo Santos	LSC	Porto	24-07-2010
Recordes Nacionais 50m Inf A	1:09.91	Andre Goncalo Santos	LSC	Lisboa	23-07-2011
Recordes Nacionais 50m Juv B	1:06.44	Andre Goncalo Santos	FPN	Corfu (GRE)	31-03-2012
Recordes Nacionais 50m Juv A	1:05.43	Andre Goncalo Santos	FPN	Utrecht (NED)	16-07-2013
Recordes Nacionais 50m Jun 1	1:04.54	Andre Miguel Silva	FPN	Belgrado (SRB)	02-08-2008
Recordes Nacionais 50m Jun 2	1:02.87	Andre Miguel Silva	PDEM	Faro	18-07-2009
Recordes Nacionais 50m Sen	1:01.01	Carlos Esteves Almeida	FPN	Barcelona (ESP)	28-07-2013

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Andre Goncalo Santos 50m: 30.74 30.74	97	104706	Leixoes 100m: 1:04.74 34.00	<b>1:04.74</b>	+0,88	736	17,00
2.	Filipe Carmo Ramos 50m: 30.55 30.55	97	105197	Vilacondense 100m: 1:05.35 34.80	<b>1:05.35</b>	+0,79	715	15,00
3.	Nuno Durao Pascoal 50m: 31.65 31.65	92	12560	Galitos 100m: 1:06.08 34.43	<b>1:06.08</b>	+0,71	692	14,00
4.	Mario Jorge Veloso 50m: 31.35 31.35	98	112051	Braga 100m: 1:06.65 35.30	<b>1:06.65</b>	+0,72	674	13,00
5.	Nuno Rafael Alves 50m: 31.74 31.74	90	25140	Aquatico Pacense 100m: 1:06.82 35.08	<b>1:06.82</b>	+0,78	669	12,00
6.	Goncalo Pereira Sa 50m: 31.78 31.78	95	107201	Feirense 100m: 1:07.74 35.96	<b>1:07.74</b>	+0,62	642	11,00
7.	Tiago Martim Alves 50m: 32.32 32.32	97	100789	Desportiva de Viana 100m: 1:07.85 35.53	<b>1:07.85</b>	+0,78	639	10,00
8.	Pedro Miguel Silva 50m: 31.72 31.72	94	100227	Colegio Monte Maior 100m: 1:08.21 36.49	<b>1:08.21</b>	+0,67	629	9,00
	Rui Miguel Coelho 50m: 32.03 32.03	96	111850	Benfica 100m: 1:08.21 36.18	<b>1:08.21</b>	+0,65	629	9,00
10.	Afonso Ribeiro Bate 50m: 32.09 32.09	98	117180	Alges 100m: 1:08.43 36.34	<b>1:08.43</b>	+0,63	623	7,00
11.	Luis Pedro Fernandes 50m: 32.55 32.55	96	25320	Louletano / Loule Concelho 100m: 1:08.92 36.37	<b>1:08.92</b>	+0,70	610	6,00
12.	Hugo Alexandre Amaral 50m: 31.47 31.47	87	12641	Portinado 100m: 1:09.07 37.60	<b>1:09.07</b>	+0,85	606	5,00
13.	Joao Andre Neves 50m: 32.52 32.52	95	101408	Academica de Coimbra 100m: 1:09.25 36.73	<b>1:09.25</b>	+0,71	601	4,00
14.	Afonso Calais Queiroga 50m: 32.32 32.32	98	112311	Uniao Piedense 100m: 1:09.48 37.16	<b>1:09.48</b>	+0,65	595	3,00
15.	Marcelo Jose Pinto 50m: 33.58 33.58	94	19400	Foca 100m: 1:14.43 40.85	<b>1:14.43</b>	+0,74	484	2,00
16.	Diogo Moreno Bastos 50m: 36.52 36.52	00	108285	Fluvial Portuense 100m: 1:19.51 42.99	<b>1:19.51</b>	+0,88	397	1,00

Prova 28  
11-04-2015

Masc., 100m Bruços  
1ª Divisão

Absolutos  
Resultados

Recordes Nacionais 50m Absoluto	1:01.01	Carlos Esteves Almeida	FPN	Barcelona (ESP)	28-07-2013
Recordes Nacionais 50m Inf B	1:11.95	Andre Goncalo Santos	LSC	Porto	24-07-2010
Recordes Nacionais 50m Inf A	1:09.91	Andre Goncalo Santos	LSC	Lisboa	23-07-2011
Recordes Nacionais 50m Juv B	1:06.44	Andre Goncalo Santos	FPN	Corfu (GRE)	31-03-2012
Recordes Nacionais 50m Juv A	1:05.43	Andre Goncalo Santos	FPN	Utrecht (NED)	16-07-2013
Recordes Nacionais 50m Jun 1	1:04.54	Andre Miguel Silva	FPN	Belgrado (SRB)	02-08-2008
Recordes Nacionais 50m Jun 2	1:02.87	Andre Miguel Silva	PDEM	Faro	18-07-2009
Recordes Nacionais 50m Sen	1:01.01	Carlos Esteves Almeida	FPN	Barcelona (ESP)	28-07-2013

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Nuno Goncalo Quintanilha 50m: 29.57 29.57	87	12902	Colegio Vasco da Gama 100m: 1:03.11 33.54	<b>1:03.11</b>	+0,72	794	9,00
2.	Talal Mrabet 50m: 29.58 29.58	87	148731	Estrelas S. Joao de Brito 100m: 1:03.94 34.36	<b>1:03.94</b>	+0,71	764	7,00
3.	Tomas Miguel Veloso 50m: 31.10 31.10	96	10868	Nautico /Urgicentro-Sanfil 100m: 1:04.92 33.82	<b>1:04.92</b>	+0,67	730	6,00
4.	Miguel Monteiro Cruchinho 50m: 31.34 31.34	97	110442	Sporting 100m: 1:05.69 34.35	<b>1:05.69</b>	+0,70	704	5,00
5.	Sergio Baptista Silva 50m: 30.77 30.77	91	15703	Porto 100m: 1:06.18 35.41	<b>1:06.18</b>	+0,73	689	4,00
6.	Rafael lourenco Gil 50m: 31.58 31.58	96	105234	Naval Amorense 100m: 1:07.73 36.15	<b>1:07.73</b>	+0,70	643	3,00
7.	Luis Manuel Fernandes 50m: 32.05 32.05	95	15589	Famalicao 100m: 1:09.21 37.16	<b>1:09.21</b>	+0,63	602	2,00
DNS	Goncalo Emanuel Oliveira	93	148333	Amadora				-



Prova 29 11-04-2015	Femin., 200m Livres 2ª Divisão				Absolutos Resultados
Recordes Nacionais 50m Absoluto	2:03.14	Diana Margarida Duraes	FPN	Malaga (ESP)	29-03-2015
Recordes Nacionais 50m Inf B	2:12.20	Filipa Vilas Ruivo	DNMG	S. João da Madeira	24-07-2009
Recordes Nacionais 50m Inf A	2:11.43	Alexandra Maria Silva	FPN	Madrid (ESP)	18-04-1980
Recordes Nacionais 50m Juv B	2:07.40	Maria Francisca Cabral	FCP	Oeiras	25-07-2014
Recordes Nacionais 50m Juv A	2:05.94	Tamila Hryhorivna Holub	SCB	Oeiras	25-07-2014
Recordes Nacionais 50m 16	2:05.38	Ana Feio Alegria	FPN	Florença (ITA)	03-04-1993
Recordes Nacionais 50m 17	2:03.70	Diana Margarida Duraes	FCP	Coimbra	25-05-2013
Recordes Nacionais 50m Sen	2:03.14	Diana Margarida Duraes	FPN	Malaga (ESP)	29-03-2015

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Vania Soares Neves 50m: 30.51 30.51	90	12380	Leixoes 100m: 1:02.92 32.41 150m: 1:36.17 33.25	<b>2:08.98</b>	+0,76	672	17,00
2.	Teresa Miguel Veloso 50m: 30.91 30.91	00	103876	Nautico /Urgicentro-Sanfil 100m: 1:03.69 32.78 150m: 1:37.46 33.77	<b>2:10.77</b>	+0,74	644	15,00
3.	Rita Fernandes Leitao 50m: 30.89 30.89	96	25571	Benfica 100m: 1:05.24 34.35 150m: 1:39.50 34.26	<b>2:12.20</b>	+0,76	624	14,00
4.	Barbara Coimbra Teodosio 50m: 30.64 30.64	99	112716	Nautico Marinha Grande 100m: 1:04.50 33.86 150m: 1:39.67 35.17	<b>2:12.91</b>	+0,91	614	13,00
5.	Sofia Prates Silvestre 50m: 30.97 30.97	95	121320	Naval Amorense 100m: 1:04.55 33.58 150m: 1:38.63 34.08	<b>2:13.66</b>	+0,72	603	12,00
6.	Maria Joao Fernandes 50m: 31.09 31.09	97	102092	Vilacondense 100m: 1:05.47 34.38 150m: 1:39.85 34.38	<b>2:13.84</b>	+0,83	601	11,00
7.	Joana Costa Amador 50m: 31.66 31.66	01	117714	Galitos 100m: 1:05.68 34.02 150m: 1:39.96 34.28	<b>2:13.87</b>	+0,72	601	10,00
8.	Catarina Maria Ferreira 50m: 30.71 30.71	98	106534	Desportiva de Viana 100m: 1:05.56 34.85 150m: 1:40.13 34.57	<b>2:14.50</b>	+0,76	592	9,00
9.	Carolina Santos Albuquerque 50m: 31.69 31.69	99	132456	Colegio Vasco da Gama 100m: 1:06.43 34.74 150m: 1:41.38 34.95	<b>2:15.12</b>	+0,79	584	8,00
10.	Cecilia Branco Almeida 50m: 32.16 32.16	97	105386	Geslours 100m: 1:06.54 34.38 150m: 1:42.41 35.87	<b>2:17.69</b>	+0,70	552	7,00
11.	Sara Lopes Barbosa 50m: 32.26 32.26	00	118181	Aquatico Pacense 100m: 1:07.33 35.07 150m: 1:43.85 36.52	<b>2:19.96</b>	+0,95	526	6,00
12.	Rita Guedes Moreira 50m: 32.78 32.78	00	110881	Louletano / Loule Concelho 100m: 1:09.10 36.32 150m: 1:45.38 36.28	<b>2:20.73</b>	+0,84	517	5,00
13.	Rafaela Ferreira Rodrigues 50m: 32.36 32.36	98	117752	Academico Viseu 100m: 1:08.33 35.97 150m: 1:45.08 36.75	<b>2:21.27</b>	+0,83	511	4,00
14.	Ana Margarida Salgueiro 50m: 32.68 32.68	99	116616	Nautico Abrantes 100m: 1:08.50 35.82 150m: 1:45.67 37.17	<b>2:21.71</b>	+0,91	506	3,00
15.	Carolina Mota Correia 50m: 31.97 31.97	01	122688	Alcobaca 100m: 1:07.88 35.91 150m: 1:45.18 37.30	<b>2:21.97</b>	+0,87	503	2,00
DSQ	Ana Beatriz Fonseca 403 - Falsa partida - SW 4.4	99	118973	Academica de Coimbra				-

Prova 30 11-04-2015	Femin., 200m Livres 1ª Divisão				Absolutos Resultados
Recordes Nacionais 50m Absoluto	2:03.14	Diana Margarida Duraes	FPN	Malaga (ESP)	29-03-2015
Recordes Nacionais 50m Inf B	2:12.20	Filipa Vilas Ruivo	DNMG	S. João da Madeira	24-07-2009
Recordes Nacionais 50m Inf A	2:11.43	Alexandra Maria Silva	FPN	Madrid (ESP)	18-04-1980
Recordes Nacionais 50m Juv B	2:07.40	Maria Francisca Cabral	FCP	Oeiras	25-07-2014
Recordes Nacionais 50m Juv A	2:05.94	Tamila Hryhorivna Holub	SCB	Oeiras	25-07-2014
Recordes Nacionais 50m 16	2:05.38	Ana Feio Alegria	FPN	Florença (ITA)	03-04-1993
Recordes Nacionais 50m 17	2:03.70	Diana Margarida Duraes	FCP	Coimbra	25-05-2013
Recordes Nacionais 50m Sen	2:03.14	Diana Margarida Duraes	FPN	Malaga (ESP)	29-03-2015

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Diana Margarida Duraes	96	102992	Porto	<b>2:04.33</b>	+0,68	750	9,00
	50m: 29.20 29.20		100m: 1:00.64 31.44	150m: 1:32.56 31.92	200m: 2:04.33 31.77			
2.	Tamila Hryhorivna Holub	99	116887	Braga	<b>2:06.74</b>	+0,81	708	7,00
	50m: 29.79 29.79		100m: 1:02.01 32.22	150m: 1:34.59 32.58	200m: 2:06.74 32.15			
3.	Mafalda Gomes Beleza	94	26890	Sporting	<b>2:07.38</b>	+0,71	697	6,00
	50m: 29.56 29.56		100m: 1:01.47 31.91	150m: 1:34.93 33.46	200m: 2:07.38 32.45			
4.	Madalena Gomes Azevedo	99	110160	Alges	<b>2:07.53</b>	+0,86	695	5,00
	50m: 30.19 30.19		100m: 1:02.76 32.57	150m: 1:35.86 33.10	200m: 2:07.53 31.67			
5.	Alexandra Couto Frazao <i>Rec Nacional, Infantil A</i>	02	125426	Amadora	<b>2:10.86</b>	+0,70	643	4,00
	50m: 31.01 31.01		100m: 1:03.73 32.72	150m: 1:37.32 33.59	200m: 2:10.86 33.54			
6.	Ana Sofia Nobrega	90	24785	Ginasio Vila Real	<b>2:11.06</b>	+0,75	640	3,00
	50m: 29.79 29.79		100m: 1:02.52 32.73	150m: 1:36.25 33.73	200m: 2:11.06 34.81			
7.	Ana Ribeiro Ferreira	92	15634	Famalicao	<b>2:12.02</b>	+0,86	626	2,00
	50m: 31.32 31.32		100m: 1:04.43 33.11	150m: 1:39.01 34.58	200m: 2:12.02 33.01			
8.	Ines Figueira Santos	00	111277	Uniao Piedense	<b>2:13.40</b>	+0,79	607	1,00
	50m: 30.38 30.38		100m: 1:04.00 33.62	150m: 1:38.94 34.94	200m: 2:13.40 34.46			

Prova 31 11-04-2015	Masc., 200m Livres 2ª Divisão				Absolutos Resultados
Recordes Nacionais 50m Absoluto	1:48.98	Luis Emanuel Vaz	GDNVNF	Oeiras	25-07-2014
Recordes Nacionais 50m Inf B	2:06.18	Joao Magalhaes Nunes	CNA	Rio Maior	21-07-2012
Recordes Nacionais 50m Inf A	2:01.65	Joao Duarte Santos	CNOL	S. João da Madeira	25-07-2009
Recordes Nacionais 50m Juv B	1:57.62	Jose Henriques Luz	NSCG	Oeiras	25-07-2014
Recordes Nacionais 50m Juv A	1:54.18	Gustavo Manuel Santa	FPN	Tampere (FIN)	24-07-2009
Recordes Nacionais 50m Jun 1	1:53.32	Gustavo Manuel Santa	CNLA	Coimbra	30-07-2010
Recordes Nacionais 50m Jun 2	1:49.98	Tiago Andre Venancio	FPN	Budapeste (HUN)	14-07-2005
Recordes Nacionais 50m Sen	1:48.98	Luis Emanuel Vaz	GDNVNF	Oeiras	25-07-2014

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Nathan Keith Theodoris 50m: 26.79 26.79	95	26389	Louletano / Loule Concelho	<b>1:54.78</b> 29.88	+0,70	701	17,00
2.	Gustavo Almeida Madureira 50m: 26.37 26.37	94	10857	Academica de Coimbra	<b>1:54.83</b> 29.83	+0,64	700	15,00
3.	Andre Filipe Farinha 50m: 27.55 27.55	96	105086	Benfica	<b>1:54.84</b> 29.53	+0,71	700	14,00
4.	Francisco Nogales Angel 50m: 27.69 27.69	91	148685	Colegio Monte Maior	<b>1:56.23</b> 29.56	+0,69	675	13,00
5.	Vasco Miguel Gaspar 50m: 27.26 27.26	90	26500	Uniao Piedense	<b>1:56.34</b> 29.67	+0,71	673	12,00
6.	Ricardo Manuel Machado 50m: 27.80 27.80	93	13278	Braga	<b>1:56.70</b> 30.09	+0,73	667	11,00
7.	Pedro Maria Bessa 50m: 27.74 27.74	95	18656	Vilacondense	<b>1:57.82</b> 30.63	+0,83	648	10,00
8.	Joao Claudio Sousa 50m: 27.55 27.55	93	23458	Aquatico Pacense	<b>1:59.78</b> 30.91	+0,83	617	9,00
9.	Goncalo Cardoso Carmo 50m: 27.62 27.62	96	101124	Alges	<b>1:59.85</b> 31.10	+0,65	616	8,00
10.	Daniel Sanchez Louzan 50m: 27.79 27.79	98	148730	Desportiva de Viana	<b>1:59.91</b> 31.98	+0,68	615	7,00
11.	Rui Filipe Costa 50m: 28.42 28.42	91	24004	Foca	<b>2:00.18</b> 30.99	+0,71	611	6,00
12.	Diogo Barbosa Nunes 50m: 27.79 27.79	00	110529	Fluvial Portuense	<b>2:01.82</b> 30.99	+0,77	587	5,00
13.	Vitor Joao Pereira 50m: 28.56 28.56	97	102545	Leixoes	<b>2:02.55</b> 32.14	+0,86	576	4,00
14.	Andre Martins Palhinha 50m: 28.39 28.39	99	119387	Galitos	<b>2:05.32</b> 32.82	+0,65	539	3,00
15.	Joao Aragao Barra 50m: 28.75 28.75	00	122680	Portinado	<b>2:13.63</b> 36.32	+0,73	444	2,00
16.	Ruben Silva Paiva 50m: 30.22 30.22	00	121893	Feirense	<b>2:14.33</b> 35.48	+0,86	437	1,00

Prova 32 11-04-2015	Masc., 200m Livres 1ª Divisão				Absolutos Resultados
Recordes Nacionais 50m Absoluto	1:48.98	Luis Emanuel Vaz	GDNVNF	Oeiras	25-07-2014
Recordes Nacionais 50m Inf B	2:06.18	Joao Magalhaes Nunes	CNA	Rio Maior	21-07-2012
Recordes Nacionais 50m Inf A	2:01.65	Joao Duarte Santos	CNOL	S. João da Madeira	25-07-2009
Recordes Nacionais 50m Juv B	1:57.62	Jose Henriques Luz	NSCG	Oeiras	25-07-2014
Recordes Nacionais 50m Juv A	1:54.18	Gustavo Manuel Santa	FPN	Tampere (FIN)	24-07-2009
Recordes Nacionais 50m Jun 1	1:53.32	Gustavo Manuel Santa	CNLA	Coimbra	30-07-2010
Recordes Nacionais 50m Jun 2	1:49.98	Tiago Andre Venancio	FPN	Budapeste (HUN)	14-07-2005
Recordes Nacionais 50m Sen	1:48.98	Luis Emanuel Vaz	GDNVNF	Oeiras	25-07-2014

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Mario Alexandre Pereira	92	10767	Nautico /Urgicentro-Sanfil	<b>1:50.06</b>	+0,65	795	9,00
	50m: 25.90 25.90		100m: 53.77 27.87	150m: 1:22.30 28.53	200m: 1:50.06 27.76			
2.	Luis Emanuel Vaz	91	15628	Famalicao	<b>1:50.35</b>	+0,89	789	7,00
	50m: 25.57 25.57		100m: 52.98 27.41	150m: 1:21.59 28.61	200m: 1:50.35 28.76			
3.	Mario Andre Bonanca	90	12773	Sporting	<b>1:53.69</b>	+0,72	722	6,00
	50m: 26.73 26.73		100m: 54.97 28.24	150m: 1:24.14 29.17	200m: 1:53.69 29.55			
4.	Tomas Correia Silva	95	23367	Porto	<b>1:53.71</b>	+0,64	721	5,00
	50m: 26.82 26.82		100m: 56.12 29.30	150m: 1:24.84 28.72	200m: 1:53.71 28.87			
5.	Artiom Viatcheslavovitch Poliakov	93	11114	Estrelas S. Joao de Brito	<b>1:54.32</b>	+0,65	710	4,00
	50m: 26.92 26.92		100m: 56.24 29.32	150m: 1:26.05 29.81	200m: 1:54.32 28.27			
6.	Joao Pedro Gil	97	108343	Naval Amorense	<b>1:54.56</b>	+0,63	705	3,00
	50m: 26.77 26.77		100m: 55.94 29.17	150m: 1:25.64 29.70	200m: 1:54.56 28.92			
7.	Carlos Eduardo Alenquer	89	110413	Colegio Vasco da Gama	<b>2:03.47</b>	+0,98	563	2,00
	50m: 28.93 28.93		100m: 1:00.19 31.26	150m: 1:31.86 31.67	200m: 2:03.47 31.61			
DNS	Joao Figueiredo Narra	69	128970	Amadora				-

Prova 33 11-04-2015	Femin., 4 x 100m Estilos 2ª Divisão				Absolutos Resultados
Recordes Nacionais 50m Absoluto	4:16.23	Clube Natacao da Amadora	CNA	Faro	21-07-2009
Recordes Nacionais 50m Inf B	4:56.36	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Porto	24-07-2010
Recordes Nacionais 50m Inf	4:45.41	tempo limite	SLB	Oeiras	30-06-2007
Recordes Nacionais 50m Inf A	4:45.41	Sport Lisboa e Benfica	SLB	Lisboa	30-06-2007
Recordes Nacionais 50m Juv B	4:35.70	Sport Lisboa e Benfica	SLB	Lisboa	27-07-2008
Recordes Nacionais 50m 14 - 15	4:34.41	Sport Alges e Dafundo	SAD	Oeiras	27-07-2014
Recordes Nacionais 50m Juv A	4:35.70	tempo limite	SLB	Oeiras	27-07-2008
Recordes Nacionais 50m Jun	4:24.80	Sport Alges e Dafundo	SAD	Coimbra	04-04-2015
Recordes Nacionais 50m Sen	4:16.23	Clube Natacao da Amadora	CNA	Faro	21-07-2009

Pontos: FINA 2015

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	
1.		<b>Leixoes</b>	<b>4:31.25</b>	<b>+0,61</b>	<b>626</b>	<b>17,00</b>	
	+0,61	33.06	1:07.75	Alexandra Jesus Santos	+0,38	30.54	1:06.29
	+0,63	36.33	1:16.21	Marta Ferreira Rocha	+0,13	28.58	1:01.00
2.		<b>Academica de Coimbra</b>	<b>4:32.22</b>	<b>+0,65</b>	<b>619</b>	<b>15,00</b>	
	+0,65	34.12	1:09.30	Amelia Pereira Fernandes	+0,40	30.78	1:06.19
	+0,48	37.10	1:18.37	Raquel Maurile Taveira	+0,29	27.76	58.36
3.		<b>Desportiva de Viana</b>	<b>4:34.35</b>	<b>+0,63</b>	<b>605</b>	<b>14,00</b>	
	+0,63	32.71	1:07.51	Paula Goyanes Garcia	+0,60	30.81	1:06.55
	+0,45	37.69	1:20.87	Catarina Maria Ferreira	+0,54	27.56	59.42
4.		<b>Benfica</b>	<b>4:34.67</b>	<b>+0,73</b>	<b>602</b>	<b>13,00</b>	
	+0,73	34.71	1:10.52	Sofia Oliveira Pinto	+0,19	30.99	1:08.23
	+0,42	34.76	1:13.79	Claudia Ferreira Borges	+0,21	29.09	1:02.13
5.		<b>Aquatico Pacense</b>	<b>4:35.43</b>	<b>+0,78</b>	<b>598</b>	<b>12,00</b>	
	+0,78	34.51	1:10.64	Maria Leonor Martins	+0,60	31.52	1:07.69
	+0,50	36.16	1:15.90	Diana Patricia Ferreira	+0,40	29.46	1:01.20
6.		<b>Alcobaca</b>	<b>4:35.95</b>	<b>+0,59</b>	<b>594</b>	<b>11,00</b>	
	+0,59	34.08	1:09.90	Bruna Elisabete Paulino	+0,46	30.86	1:06.36
	+0,52	36.51	1:15.94	Joana Mota Correia	+0,20	30.17	1:03.75
7.		<b>Colegio Vasco da Gama</b>	<b>4:36.72</b>	<b>+0,61</b>	<b>589</b>	<b>10,00</b>	
	+0,61	34.63	1:10.27	Rita Silva Fernandes	+0,33	31.14	1:07.12
	+0,20	36.33	1:17.18	Beatriz Barros Carmo	+0,14	29.27	1:02.15
8.		<b>Vilacondense</b>	<b>4:37.92</b>	<b>+0,67</b>	<b>582</b>	<b>9,00</b>	
	+0,67	35.16	1:13.06	Ana Catarina Monteiro	+0,41	28.43	1:00.74
	+0,40	38.03	1:20.89	Bruna Fangueiro Coentrao	+0,39	30.00	1:03.23
9.		<b>Galitos</b>	<b>4:39.60</b>	<b>+0,69</b>	<b>571</b>	<b>8,00</b>	
	+0,69	35.19	1:11.25	Ana Margarida Rodrigues	+0,46	30.38	1:04.62
	+0,49	37.25	1:19.42	Joana Costa Amador	+0,58	30.98	1:04.31
10.		<b>Louletano / Loule Concelho</b>	<b>4:40.46</b>	<b>+0,69</b>	<b>566</b>	<b>7,00</b>	
	+0,69	35.19	1:13.93	Catia Raquel Martinheira	+0,52	30.14	1:06.22
	+0,61	36.01	1:16.91	Rita Guedes Moreira	+0,67	30.32	1:03.40
11.		<b>Nautico Marinha Grande</b>	<b>4:41.82</b>	<b>+0,68</b>	<b>558</b>	<b>6,00</b>	
	+0,68	34.20	1:09.97	Giovanna Vaz Vargas	+0,54	31.17	1:07.02
	+0,65	37.55	1:21.44	Barbara Coimbra Teodosio	+0,68	30.59	1:03.39
12.		<b>Nautico /Urgicentro-Sanfil</b>	<b>4:42.10</b>	<b>+0,63</b>	<b>556</b>	<b>5,00</b>	
	+0,63	33.99	1:10.90	Beatriz Neves Craveiro	+0,59	30.76	1:06.32
	+0,19	38.15	1:22.08	Teresa Miguel Veloso	+0,24	30.64	1:02.80
13.		<b>Geslours</b>	<b>4:44.87</b>	<b>+0,67</b>	<b>540</b>	<b>4,00</b>	
	+0,67	33.00	1:07.86	Ana Catarina Oliveira		32.95	1:11.48
	+0,35	37.98	1:21.85	Barbara Francisco Ferreira		30.56	1:03.68
14.		<b>Naval Amorense</b>	<b>4:45.62</b>	<b>+0,73</b>	<b>536</b>	<b>3,00</b>	
	+0,73	33.98	1:11.86	Patricia Miguel Mendes	+0,27	32.91	1:12.33
	+0,40	36.68	1:19.63	Sofia Prates Silvestre	+0,19	29.39	1:01.80

Prova 33, Femin., 4 x 100m Estilos, Absolutos

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
15.		Nautico Abrantes	<b>4:49.32</b>	+0,59	515	2,00
	+0,59	36.85	1:16.05	+0,73	34.02	1:16.59
	+0,54	34.27	1:14.70	+0,38	29.61	1:01.98
16.		Academico Viseu	<b>4:50.60</b>	+0,79	509	1,00
	+0,79	36.32	1:16.45	+0,37	29.96	1:05.02
	+0,59	40.67	1:26.53	+0,29	29.28	1:02.60

Campeonato Nacional Clubes 1 e 2 Divisão  
Oeiras, 11- - 12-4-2015

Prova 34 11-04-2015	Femin., 4 x 100m Estilos 1ª Divisão				Absolutos Resultados
Recordes Nacionais 50m Absoluto	4:16.23	Clube Natacao da Amadora	CNA	Faro	21-07-2009
Recordes Nacionais 50m Inf B	4:56.36	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Porto	24-07-2010
Recordes Nacionais 50m Inf	4:45.41	tempo limite	SLB	Oeiras	30-06-2007
Recordes Nacionais 50m Inf A	4:45.41	Sport Lisboa e Benfica	SLB	Lisboa	30-06-2007
Recordes Nacionais 50m Juv B	4:35.70	Sport Lisboa e Benfica	SLB	Lisboa	27-07-2008
Recordes Nacionais 50m 14 - 15	4:34.41	Sport Alges e Dafundo	SAD	Oeiras	27-07-2014
Recordes Nacionais 50m Juv A	4:35.70	tempo limite	SLB	Oeiras	27-07-2008
Recordes Nacionais 50m Jun	4:24.80	Sport Alges e Dafundo	SAD	Coimbra	04-04-2015
Recordes Nacionais 50m Sen	4:16.23	Clube Natacao da Amadora	CNA	Faro	21-07-2009

Pontos: FINA 2015

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1. Porto		Porto	<b>4:17.58</b>	+0,70	731	9,00
	+0,70	32.03 1:06.14	Sara Freitas Oliveira	+0,30	28.66	1:00.93
	+0,31	34.88 1:12.98	Diana Margarida Duraes	+0,33	27.49	57.53
2. Alges		Alges	<b>4:19.75</b>	+0,69	712	7,00
	+0,69	31.86 1:04.32	Barbara Sofia Barata	+0,45	29.62	1:04.77
	+0,42	34.20 1:12.14	Rita Barros Frischknecht	+0,32	27.84	58.52
3. Sporting		Sporting	<b>4:28.19</b>	+0,63	647	6,00
	+0,63	32.86 1:08.28	Carolina Mantua Guedes	+0,39	29.80	1:04.98
	+0,34	35.85 1:15.35	Mafalda Gomes Beleza	+0,59	28.54	59.58
4. Amadora		Amadora	<b>4:29.95</b>	+0,59	635	5,00
	+0,59	31.28 1:03.83	Soraia Vanessa Ribeiro	+0,48	32.05	1:08.83
	+0,55	35.02 1:16.08	Alexandra Couto Frazao		29.65	1:01.21
5. Ginasio Vila Real		Ginasio Vila Real	<b>4:34.50</b>	+0,66	604	4,00
	+0,66	30.55 1:03.70	Ana Sofia Nobrega	+0,49	30.11	1:05.58
	+0,37	37.91 1:21.66	Maria Margarida Fernandes	+0,54	29.73	1:03.56
6. Famalicao		Famalicao	<b>4:35.15</b>	+0,71	599	3,00
	+0,71	34.38 1:10.31	Ana Beatriz Martins	+0,24	30.28	1:06.20
	+0,57	36.94 1:18.14	Ana Ribeiro Ferreira	+0,43	29.77	1:00.50
7. Braga		Braga	<b>4:36.12</b>	+0,62	593	2,00
	+0,62	33.59 1:10.96	Debora Guimaraes Oliveira	+0,46	31.10	1:07.01
	+0,34	36.96 1:18.31	Tamila Hryhorivna Holub	+0,43	28.89	59.84
8. Uniao Piedense		Uniao Piedense	<b>4:36.56</b>	+0,67	590	1,00
	+0,67	32.88 1:08.82	Ana Marta Miranda	+0,31	30.39	1:06.99
	+0,44	36.58 1:19.20	Raquel Teixeira Pena	+0,71	29.24	1:01.55

Prova 35 11-04-2015	Masc., 4 x 100m Estilos 2ª Divisão				Absolutos Resultados
Recordes Nacionais 50m Absoluto	3:46.65	Clube Natacao da Amadora	CNA	Povoa de Varzim	07-08-2011
Recordes Nacionais 50m Inf B	4:41.06	Grupo Desp. Natacao V. N. Famalic	GDNVNF	S. João da Madeira	14-07-2013
Recordes Nacionais 50m Inf	4:20.87	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Famalic	29-06-2014
Recordes Nacionais 50m Inf A	4:20.87	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Famalic	29-06-2014
Recordes Nacionais 50m Juv B	4:09.78	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Coimbra	04-04-2015
Recordes Nacionais 50m Juv	4:05.25	Sport Alges e Dafundo	SAD	Oeiras	27-07-2014
Recordes Nacionais 50m Juv A	4:05.25	Sport Alges e Dafundo	SAD	Oeiras	27-07-2014
Recordes Nacionais 50m Jun	3:55.96	Futebol Clube do Porto/Imperio Bonif	FCP	Faro	21-07-2009
Recordes Nacionais 50m Sen	3:46.65	Clube Natacao da Amadora	CNA	Povoa de Varzim	07-08-2011

Pontos: FINA 2015

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1. Colegio Monte Maior		Colegio Monte Maior	<b>3:56.11</b>	+0,62	676	17,00
		Rodrigo Antonio Rosa	+0,62	28.54	58.29	57.19
		Pedro Miguel Silva	+0,45	31.37	1:08.39	52.24
		Andre Antunes Carvalho		+0,58	26.83	
		Francisco Nogales Angel		+0,50	24.90	
2. Leixoes		Leixoes	<b>3:57.18</b>	+0,64	667	15,00
		Ruben Oliveira Lopes	+0,64	29.55	1:01.56	56.55
		Andre Goncalo Santos	+0,43	30.48	1:05.36	53.71
		Diogo Fontes Moreira		+0,31	25.82	
		Tiago Silva Oliveira		+0,15	25.87	
3. Galitos		Galitos	<b>3:57.74</b>	+0,66	662	14,00
		Joao Carlos Paula	+0,66	30.17	1:01.83	53.55
		Nuno Durao Pascoal	+0,12	30.41	1:06.37	55.99
		Diogo Filipe Carvalho		+0,31	24.98	
		Andre Martins Palhinha		+0,06	26.57	
4. Vilacondense		Vilacondense	<b>3:57.97</b>	+0,67	660	13,00
		Paulo Andre Silva	+0,67	29.53	1:02.03	57.29
		Filipe Carmo Ramos	+0,42	30.44	1:05.32	53.33
		Fabio Manuel Pereira		+0,35	26.62	
		Ruben Jose Morim		+0,37	25.72	
5. Braga		Braga	<b>3:58.00</b>	+0,61	660	12,00
		Joao Francisco Lopes	+0,61	29.34	1:00.63	58.60
		Mario Jorge Veloso	+0,17	31.09	1:06.78	51.99
		Rodrigo Carlos Albuquerque		0.00	27.04	
		Ricardo Manuel Machado		+0,14	25.11	
6. Alges		Alges	<b>3:58.81</b>	+0,68	653	11,00
		Tiago Barros Ferreira	+0,68	30.39	1:02.32	55.61
		Hugo Pon	+0,40	31.60	1:07.87	53.01
		Pedro Andre Santos		+0,61	25.82	
		Francisco Carvalho Machado		+0,31	25.51	
7. Uniao Piedense		Uniao Piedense	<b>4:00.61</b>	+0,58	639	10,00
		Goncalo Filipe Gregorio	+0,58	28.29	58.65	59.04
		Afonso Calais Queiroga	+0,27	32.34	1:09.22	53.70
		Jose Paula Carvalho		+0,50	28.04	
		Vasco Miguel Gaspar		+0,40	25.50	
8. Benfica		Benfica	<b>4:00.74</b>	+0,65	638	9,00
		Soner Tunay Hadzhilar	+0,65	29.93	1:01.92	58.26
		Guilherme Miguel Teixeira	+0,37	30.80	1:07.13	53.43
		Joao Duarte Santos		+0,54	27.31	
		Andre Filipe Farinha		+0,24	26.05	
9. Desportiva de Viana		Desportiva de Viana	<b>4:01.67</b>	+0,66	630	8,00
		Miguel Angelo Passos	+0,66	29.43	1:00.40	59.79
		Tiago Martim Alves	+0,53	32.07	1:08.30	53.18
		Nuno Miguel Graca		+0,62	27.20	
		Rafael Lages Ribas		+0,13	24.74	
10. Louletano / Loule Concelho		Louletano / Loule Concelho	<b>4:02.88</b>	+0,58	621	7,00
		Nathan Keith Theodoris	+0,58	28.09	57.38	59.99
		Luis Pedro Fernandes	+0,34	31.62	1:08.79	56.72
		Tiago Martins Boleta		+0,64	27.41	
		Rodrigo Jose Guerreiro		+0,17	26.72	
11. Aquatico Pacense		Aquatico Pacense	<b>4:02.92</b>	+0,65	621	6,00
		Pedro Ferraz Silva	+0,65	31.64	1:04.54	57.00
		Nuno Rafael Alves	+0,41	31.71	1:07.51	53.87
		Ruben Filipe Nunes		+0,32	26.47	
		Joao Claudio Sousa		+0,38	25.97	
12. Feirense		Feirense	<b>4:02.96</b>	+0,66	620	5,00
		Job Santos Silva	+0,66	29.64	1:00.79	58.10
		Goncalo Pereira Sa	+0,29	31.39	1:07.78	56.29
		Emanuel Augusto Pinho		+0,39	26.70	
		Alcides Costa Sousa		+0,34	26.02	
13. Academica de Coimbra		Academica de Coimbra	<b>4:03.20</b>	+0,74	619	4,00
		Pedro Barros Mendes	+0,74	30.77	1:03.08	58.69
		Joao Andre Neves	+0,35	32.27	1:09.18	52.25
		Joao Filipe Lucas		+0,47	26.66	
		Gustavo Almeida Madureira		+0,64	25.60	
14. Portinado		Portinado	<b>4:05.67</b>	+0,66	600	3,00
		Miguel Duarte Nascimento	+0,66	28.62	58.71	1:05.12
		Hugo Alexandre Amaral	+0,37	32.15	1:08.68	53.16
		Joao Aragao Barra		+0,77	29.56	
		Alexandre Escudier Agostinho		+0,45	24.77	



Prova 35, Masc., 4 x 100m Estilos, Absolutos

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	
15.		Foca	<b>4:07.35</b>	<b>+0,75</b>	<b>588</b>	<b>2,00</b>	
	+0,75	30.64	1:03.25	Ivo Pinto Ribeiro	+0,35	26.32	58.95
	+0,25	31.30	1:09.72	Ricardo David Silva	+0,27	26.42	55.43
16.		Fluvial Portuense	<b>4:12.75</b>	<b>+0,62</b>	<b>551</b>	<b>1,00</b>	
	+0,62	32.44	1:06.36	Joao Luis Travanca	+0,47	29.48	1:03.94
	+0,30	30.96	1:05.80	Diogo Barbosa Nunes	+0,01	26.80	56.65

Prova 36 11-04-2015	Masc., 4 x 100m Estilos 1ª Divisão				Absolutos Resultados
Recordes Nacionais 50m Absoluto	3:46.65	Clube Natacao da Amadora	CNA	Povoa de Varzim	07-08-2011
Recordes Nacionais 50m Inf B	4:41.06	Grupo Desp. Natacao V. N. FamalicGDNVNF		S. João da Madeira	14-07-2013
Recordes Nacionais 50m Inf	4:20.87	Grupo Desp. Natacao V. N. FamalicGDNVNF		Famalicao	29-06-2014
Recordes Nacionais 50m Inf A	4:20.87	Grupo Desp. Natacao V. N. FamalicGDNVNF		Famalicao	29-06-2014
Recordes Nacionais 50m Juv B	4:09.78	Grupo Desp. Natacao V. N. FamalicGDNVNF		Coimbra	04-04-2015
Recordes Nacionais 50m Juv	4:05.25	Sport Alges e Dafundo	SAD	Oeiras	27-07-2014
Recordes Nacionais 50m Juv A	4:05.25	Sport Alges e Dafundo	SAD	Oeiras	27-07-2014
Recordes Nacionais 50m Jun	3:55.96	Futebol Clube do Porto/Imperio BonifCP		Faro	21-07-2009
Recordes Nacionais 50m Sen	3:46.65	Clube Natacao da Amadora	CNA	Povoa de Varzim	07-08-2011

Pontos: FINA 2015

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	
1.		<b>Estrelas S. Joao de Brito</b>	<b>3:46.74</b>	<b>+0,61</b>	<b>763</b>	<b>9,00</b>	
	+0,61	27.02	56.08	Duarte Rafael Mourao	+0,29	25.73	55.38
	+0,62	29.80	1:03.28	Joao Silva Gigante	+0,62	24.69	52.00
2.		<b>Sporting</b>	<b>3:51.66</b>	<b>+0,64</b>	<b>716</b>	<b>7,00</b>	
	+0,64	28.89	59.04	Alexis Manacas Santos	+0,22	25.07	53.94
	+0,50	31.09	1:06.24	Pedro Miguel Pinotes	+0,24	25.03	52.44
3.		<b>Famalicao</b>	<b>3:56.23</b>	<b>+0,64</b>	<b>675</b>	<b>6,00</b>	
	+0,64	28.81	58.39	Joao Carlos Silva	+0,19	26.44	57.35
	+0,32	31.97	1:09.08	Luis Emanuel Vaz	+0,38	24.64	51.41
4.		<b>Porto</b>	<b>3:57.13</b>	<b>+0,61</b>	<b>667</b>	<b>5,00</b>	
	+0,61	29.74	1:01.11	Carlos Filipe Santos	+0,25	25.73	56.83
	+0,31	30.68	1:06.68	Joao Miguel Ascensao	+0,32	25.17	52.51
5.		<b>Colegio Vasco da Gama</b>	<b>3:57.81</b>	<b>+0,88</b>	<b>662</b>	<b>4,00</b>	
	+0,88	30.57	1:02.93	Ricardo Verissimo Sousa	+0,38	28.04	58.66
	+0,33	29.32	1:02.35	Jose Joao Bica	+0,36	26.21	53.87
6.		<b>Naval Amorense</b>	<b>4:00.63</b>	<b>+0,67</b>	<b>639</b>	<b>3,00</b>	
	+0,67	30.06	1:00.39	Joao Pedro Gil	+0,41	27.39	58.93
	+0,59	31.64	1:08.33	Tiago Ferreira Azevedo	+0,24	24.98	52.98
DSQ		<b>Nautico /Urgicentro-Sanfil</b>	<b>Nautico /Urgicentro-Sanfil</b>			<b>-</b>	
		<b>111 - Rendição antecipada do(a) 3 nadador(a) - SW 10.11</b>					
	+0,67	29.10	59.83	Mario Alexandre Pereira	-0,07		
	+0,39	30.44	1:05.14	Miguel Silva Oliveira	+0,11		
DNS		<b>Amadora</b>	<b>Amadora</b>			<b>-</b>	

Prova 37  
12-04-2015 - 9:00

Femin., 800m Livres  
2ª Divisao

2ª Divisao FEM  
Resultados

Recordes Nacionais 50m Absoluto	8:49.86	Florbela Cavaco Machado	ASSSCC	Coimbra	25-05-2013
Recordes Nacionais 50m Inf B	9:30.42	Filipa Vilas Ruivo	DNMG	S. João da Madeira	25-07-2009
Recordes Nacionais 50m Inf A	9:14.85	Alexandra Maria Silva	FPN	Skovde (SWE)	10-08-1980
Recordes Nacionais 50m Juv B	9:07.70	Alexandra Maria Silva	FPN	Split (CRO)	10-09-1981
Recordes Nacionais 50m Juv A	8:50.68	Tamila Hryhorivna Holub	SCB	Oeiras	27-07-2014
Recordes Nacionais 50m 16	8:56.74	Tamila Hryhorivna Holub	SCB	Povoa de Varzim	15-02-2015
Recordes Nacionais 50m 17	8:49.86	Florbela Cavaco Machado	ASSSCC	Coimbra	25-05-2013
Recordes Nacionais 50m Sen	8:52.69	Ana Goncalves Neto	FCP	Famalicao	18-07-2013

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Vania Soares Neves	90	12380	Leixoeos	<b>9:09.61</b>	+0,79	712	17,0(-)
	50m: 31.58 31.58			250m: 2:49.41 34.62	450m: 5:08.25 34.70	650m: 7:27.13 34.66		
	100m: 1:05.53 33.95			300m: 3:24.28 34.87	500m: 5:42.98 34.73	700m: 8:02.18 35.05		
	150m: 1:39.99 34.46			350m: 3:58.72 34.44	550m: 6:17.79 34.81	750m: 8:36.55 34.37		
	200m: 2:14.79 34.80			400m: 4:33.55 34.83	600m: 6:52.47 34.68	800m: 9:09.61 33.06		
2.	Lara Gomez Cortes	99	148729	Desportiva de Viana	<b>9:31.34</b>	+0,78	634	15,0(-)
	50m: 32.69 32.69			250m: 2:56.15 35.77	450m: 5:20.19 36.05	650m: 7:44.80 36.17		
	100m: 1:08.10 35.41			300m: 3:32.07 35.92	500m: 5:56.07 35.88	700m: 8:21.17 36.37		
	150m: 1:44.28 36.18			350m: 4:07.94 35.87	550m: 6:32.13 36.06	750m: 8:57.11 35.94		
	200m: 2:20.38 36.10			400m: 4:44.14 36.20	600m: 7:08.63 36.50	800m: 9:31.34 34.23		
3.	Maria Joao Fernandes	97	102092	Vilacondense	<b>9:32.93</b>	+0,83	629	14,0(-)
	50m: 32.41 32.41			250m: 2:55.97 35.96	450m: 5:19.72 36.04	650m: 7:46.11 36.71		
	100m: 1:07.88 35.47			300m: 3:31.87 35.90	500m: 5:56.12 36.40	700m: 8:22.39 36.28		
	150m: 1:43.98 36.10			350m: 4:07.94 36.07	550m: 6:33.13 37.01	750m: 8:57.95 35.56		
	200m: 2:20.01 36.03			400m: 4:43.68 35.74	600m: 7:09.40 36.27	800m: 9:32.93 34.98		
4.	Carolina Madeira Santos	96	104254	Naval Amorense	<b>9:37.08</b>	+0,91	615	13,0(-)
	50m: 32.61 32.61			250m: 2:55.83 36.51	450m: 5:22.09 36.49	650m: 7:48.89 36.51		
	100m: 1:07.54 34.93			300m: 3:32.00 36.17	500m: 5:58.71 36.62	700m: 8:25.13 36.24		
	150m: 1:43.40 35.86			350m: 4:08.80 36.80	550m: 6:35.48 36.77	750m: 9:01.48 36.35		
	200m: 2:19.32 35.92			400m: 4:45.60 36.80	600m: 7:12.38 36.90	800m: 9:37.08 35.60		
5.	Barbara Coimbra Teodosio	99	112716	Nautico Marinha Grande	<b>9:37.94</b>	+0,93	613	12,0(-)
	50m: 32.05 32.05			250m: 2:56.51 36.00	450m: 5:22.58 36.33	650m: 7:49.28 36.37		
	100m: 1:07.69 35.64			300m: 3:33.13 36.62	500m: 5:59.31 36.73	700m: 8:26.14 36.86		
	150m: 1:43.77 36.08			350m: 4:09.38 36.25	550m: 6:35.61 36.30	750m: 9:02.10 35.96		
	200m: 2:20.51 36.74			400m: 4:46.25 36.87	600m: 7:12.91 37.30	800m: 9:37.94 35.84		
6.	Mariana Pinto Angelo	99	116788	Academica de Coimbra	<b>9:48.75</b>	+0,85	580	11,0(-)
	50m: 33.57 33.57			250m: 3:00.47 36.88	450m: 5:29.60 37.10	650m: 7:58.58 36.70		
	100m: 1:10.08 36.51			300m: 3:37.93 37.46	500m: 6:07.32 37.72	700m: 8:36.10 37.52		
	150m: 1:46.51 36.43			350m: 4:14.81 36.88	550m: 6:44.42 37.10	750m: 9:12.44 36.34		
	200m: 2:23.59 37.08			400m: 4:52.50 37.69	600m: 7:21.88 37.46	800m: 9:48.75 36.31		
7.	Rita Verissimo Damasceno	98	105071	Nautico /Urgicentro-Sanfil	<b>9:54.09</b>	+0,91	564	10,0(-)
	50m: 33.34 33.34			250m: 3:01.59 37.63	450m: 5:31.58 37.73	650m: 8:01.97 37.76		
	100m: 1:09.53 36.19			300m: 3:38.82 37.23	500m: 6:08.91 37.33	700m: 8:39.24 37.27		
	150m: 1:46.74 37.21			350m: 4:16.71 37.89	550m: 6:46.82 37.91	750m: 9:16.99 37.75		
	200m: 2:23.96 37.22			400m: 4:53.85 37.14	600m: 7:24.21 37.39	800m: 9:54.09 37.10		
8.	Beatriz Barros Carmo	99	107625	Colegio Vasco da Gama	<b>9:56.32</b>	+0,69	558	9,0(-)
	50m: 33.12 33.12			250m: 3:06.68 38.83	450m: 5:38.04 36.05	650m: 8:05.76 37.01		
	100m: 1:10.61 37.49			300m: 3:45.35 38.67	500m: 6:14.58 36.54	700m: 8:43.43 37.67		
	150m: 1:49.11 38.50			350m: 4:23.83 38.48	550m: 6:51.59 37.01	750m: 9:19.72 36.29		
	200m: 2:27.85 38.74			400m: 5:01.99 38.16	600m: 7:28.75 37.16	800m: 9:56.32 36.60		
9.	Ana Luisa Santo	95	117843	Benfica	<b>10:02.08</b>	+0,85	542	8,0(-)
	50m: 34.25 34.25			250m: 3:07.00 38.53	450m: 5:37.04 36.67	650m: 8:07.52 38.32		
	100m: 1:12.05 37.80			300m: 3:45.62 38.62	500m: 6:14.08 37.04	700m: 8:46.19 38.67		
	150m: 1:49.67 37.62			350m: 4:22.98 37.36	550m: 6:51.31 37.23	750m: 9:24.07 37.88		
	200m: 2:28.47 38.80			400m: 5:00.37 37.39	600m: 7:29.20 37.89	800m: 10:02.08 38.01		

Prova 37, Femin., 800m Livres, 2ª Divisão FEM

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	Carolina Mota Correia	01	122688	Alcobaca	<b>10:03.47</b>	+0,88	538	7,0(-)
	50m: 34.65 34.65			250m: 3:08.75 39.25	450m: 5:41.73 38.33	650m: 8:14.39 38.21		
	100m: 1:12.46 37.81			300m: 3:46.63 37.88	500m: 6:19.53 37.80	700m: 8:51.79 37.40		
	150m: 1:51.34 38.88			350m: 4:25.21 38.58	550m: 6:58.10 38.57	750m: 9:28.57 36.78		
	200m: 2:29.50 38.16			400m: 5:03.40 38.19	600m: 7:36.18 38.08	800m: 10:03.47 34.90		
11.	Eliana Dirce Lourenco	00	109369	Galitos	<b>10:04.39</b>	+0,81	536	6,0(-)
	50m: 34.72 34.72			250m: 3:08.30 38.92	450m: 5:41.62 37.99	650m: 8:13.51 38.07		
	100m: 1:12.19 37.47			300m: 3:47.10 38.80	500m: 6:19.54 37.92	700m: 8:51.29 37.78		
	150m: 1:50.88 38.69			350m: 4:25.62 38.52	550m: 6:57.56 38.02	750m: 9:28.79 37.50		
	200m: 2:29.38 38.50			400m: 5:03.63 38.01	600m: 7:35.44 37.88	800m: 10:04.39 35.60		
12.	Sara Lopes Barbosa	00	118181	Aquatico Pacense	<b>10:05.69</b>	+0,91	532	5,0(-)
	50m: 34.11 34.11			250m: 3:07.26 38.73	450m: 5:41.13 38.28	650m: 8:14.25 38.61		
	100m: 1:11.85 37.74			300m: 3:45.88 38.62	500m: 6:19.23 38.10	700m: 8:52.25 38.00		
	150m: 1:50.52 38.67			350m: 4:24.65 38.77	550m: 6:57.78 38.55	750m: 9:29.55 37.30		
	200m: 2:28.53 38.01			400m: 5:02.85 38.20	600m: 7:35.64 37.86	800m: 10:05.69 36.14		
13.	Ana Margarida Salgueiro	99	116616	Nautico Abrantes	<b>10:07.02</b>	+0,94	529	4,0(-)
	50m: 34.80 34.80			250m: 3:08.63 38.93	450m: 5:42.66 38.64	650m: 8:15.42 38.10		
	100m: 1:12.74 37.94			300m: 3:47.23 38.60	500m: 6:20.44 37.78	700m: 8:53.90 38.48		
	150m: 1:51.44 38.70			350m: 4:25.93 38.70	550m: 6:59.50 39.06	750m: 9:30.94 37.04		
	200m: 2:29.70 38.26			400m: 5:04.02 38.09	600m: 7:37.32 37.82	800m: 10:07.02 36.08		
14.	Cecilia Branco Almeida	97	105386	Gesloures	<b>10:08.69</b>	+0,70	524	3,0(-)
	50m: 34.43 34.43			250m: 3:07.70 38.52	450m: 5:42.13 38.45	650m: 8:17.06 38.81		
	100m: 1:12.16 37.73			300m: 3:46.37 38.67	500m: 6:20.97 38.84	700m: 8:55.81 38.75		
	150m: 1:50.81 38.65			350m: 4:25.01 38.64	550m: 6:59.56 38.59	750m: 9:32.80 36.99		
	200m: 2:29.18 38.37			400m: 5:03.68 38.67	600m: 7:38.25 38.69	800m: 10:08.69 35.89		
15.	Rafaela Ferreira Rodrigues	98	117752	Academico Viseu	<b>10:20.75</b>	+0,88	494	2,0(-)
	50m: 34.63 34.63			250m: 3:09.22 39.31	450m: 5:47.28 39.33	650m: 8:25.46 39.26		
	100m: 1:12.16 37.53			300m: 3:48.68 39.46	500m: 6:26.97 39.69	700m: 9:04.83 39.37		
	150m: 1:50.96 38.80			350m: 4:28.24 39.56	550m: 7:06.51 39.54	750m: 9:43.45 38.62		
	200m: 2:29.91 38.95			400m: 5:07.95 39.71	600m: 7:46.20 39.69	800m: 10:20.75 37.30		
16.	Rita Guedes Moreira	00	110881	Louletano / Loule Concelho	<b>10:24.86</b>	+0,99	485	1,0(-)
	50m: 34.46 34.46			250m: 3:09.75 39.48	450m: 5:47.75 39.30	650m: 8:26.47 39.36		
	100m: 1:12.28 37.82			300m: 3:48.98 39.23	500m: 6:27.38 39.63	700m: 9:06.53 40.06		
	150m: 1:51.26 38.98			350m: 4:28.49 39.51	550m: 7:07.29 39.91	750m: 9:46.17 39.64		
	200m: 2:30.27 39.01			400m: 5:08.45 39.96	600m: 7:47.11 39.82	800m: 10:24.86 38.69		

Prova 38 12-04-2015	Femin., 800m Livres 1ª Divisão				1ª Divisão FEM Resultados
Recordes Nacionais 50m Absoluto	8:49.86	Florbela Cavaco Machado	ASSSCC	Coimbra	25-05-2013
Recordes Nacionais 50m Inf B	9:30.42	Filipa Vilas Ruivo	DNMG	S. João da Madeira	25-07-2009
Recordes Nacionais 50m Inf A	9:14.85	Alexandra Maria Silva	FPN	Skovde (SWE)	10-08-1980
Recordes Nacionais 50m Juv B	9:07.70	Alexandra Maria Silva	FPN	Split (CRO)	10-09-1981
Recordes Nacionais 50m Juv A	8:50.68	Tamila Hryhorivna Holub	SCB	Oeiras	27-07-2014
Recordes Nacionais 50m 16	8:56.74	Tamila Hryhorivna Holub	SCB	Povoa de Varzim	15-02-2015
Recordes Nacionais 50m 17	8:49.86	Florbela Cavaco Machado	ASSSCC	Coimbra	25-05-2013
Recordes Nacionais 50m Sen	8:52.69	Ana Goncalves Neto	FCP	Famalicao	18-07-2013

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Tamila Hryhorivna Holub	99	116887	Braga	<b>8:58.48</b>	+0,87	758	9,0(-)
	50m: 31.04 31.04			250m: 2:45.53 33.85	450m: 5:01.36 34.10	650m: 7:18.22 34.24		
	100m: 1:04.16 33.12			300m: 3:19.37 33.84	500m: 5:35.55 34.19	700m: 7:52.22 34.00		
	150m: 1:37.95 33.79			350m: 3:53.28 33.91	550m: 6:09.98 34.43	750m: 8:26.02 33.80		
	200m: 2:11.68 33.73			400m: 4:27.26 33.98	600m: 6:43.98 34.00	800m: 8:58.48 32.46		
2.	Maria Teresa Amorim	97	20104	Porto	<b>9:06.51</b>	+0,83	725	7,0(-)
	50m: 31.25 31.25			250m: 2:47.42 34.03	450m: 5:04.29 34.13	650m: 7:22.81 34.78		
	100m: 1:04.87 33.62			300m: 3:21.48 34.06	500m: 5:38.66 34.37	700m: 7:57.89 35.08		
	150m: 1:39.06 34.19			350m: 3:55.56 34.08	550m: 6:13.29 34.63	750m: 8:32.71 34.82		
	200m: 2:13.39 34.33			400m: 4:30.16 34.60	600m: 6:48.03 34.74	800m: 9:06.51 33.80		
3.	Helena Paula Carvalho	95	107307	Uniao Piedense	<b>9:17.39</b>	+0,75	683	6,0(-)
	50m: 31.34 31.34			250m: 2:51.77 35.48	450m: 5:13.12 35.32	650m: 7:34.91 35.50		
	100m: 1:05.86 34.52			300m: 3:27.03 35.26	500m: 5:48.57 35.45	700m: 8:10.08 35.17		
	150m: 1:41.04 35.18			350m: 4:02.32 35.29	550m: 6:23.92 35.35	750m: 8:45.12 35.04		
	200m: 2:16.29 35.25			400m: 4:37.80 35.48	600m: 6:59.41 35.49	800m: 9:17.39 32.27		
4.	Barbara Marques Rodrigues	97	107039	Alges	<b>9:18.80</b>	+0,82	678	5,0(-)
	50m: 31.25 31.25			250m: 2:50.16 35.38	450m: 5:12.08 35.29	650m: 7:34.00 35.56		
	100m: 1:05.36 34.11			300m: 3:25.76 35.60	500m: 5:47.86 35.78	700m: 8:09.37 35.37		
	150m: 1:39.87 34.51			350m: 4:01.29 35.53	550m: 6:23.05 35.19	750m: 8:44.57 35.20		
	200m: 2:14.78 34.91			400m: 4:36.79 35.50	600m: 6:58.44 35.39	800m: 9:18.80 34.23		
5.	Beatriz Paulo Ranito	99	116593	Sporting	<b>9:30.17</b>	+0,75	638	4,0(-)
	50m: 31.79 31.79			250m: 2:53.74 35.95	450m: 5:16.20 35.48	650m: 7:41.44 36.10		
	100m: 1:06.67 34.88			300m: 3:29.34 35.60	500m: 5:52.42 36.22	700m: 8:18.06 36.62		
	150m: 1:42.09 35.42			350m: 4:04.84 35.50	550m: 6:28.88 36.46	750m: 8:54.34 36.28		
	200m: 2:17.79 35.70			400m: 4:40.72 35.88	600m: 7:05.34 36.46	800m: 9:30.17 35.83		
6.	Ana Silva Costa	98	104446	Famalicao	<b>9:36.13</b>	+0,89	618	3,0(-)
	50m: 32.68 32.68			250m: 2:57.27 36.58	450m: 5:23.88 36.30	650m: 7:48.13 36.69		
	100m: 1:07.85 35.17			300m: 3:33.87 36.60	500m: 5:59.47 35.59	700m: 8:24.72 36.59		
	150m: 1:44.18 36.33			350m: 4:10.95 37.08	550m: 6:35.38 35.91	750m: 9:00.83 36.11		
	200m: 2:20.69 36.51			400m: 4:47.58 36.63	600m: 7:11.44 36.06	800m: 9:36.13 35.30		
7.	Alexandra Couto Frazao	02	125426	Amadora	<b>9:48.85</b>	+0,82	579	2,0(-)
	50m: 32.85 32.85			250m: 2:57.25 36.69	450m: 5:24.64 36.95	650m: 7:55.46 38.72		
	100m: 1:08.10 35.25			300m: 3:34.02 36.77	500m: 6:01.13 36.49	700m: 8:33.49 38.03		
	150m: 1:44.77 36.67			350m: 4:11.41 37.39	550m: 6:39.09 37.96	750m: 9:11.99 38.50		
	200m: 2:20.56 35.79			400m: 4:47.69 36.28	600m: 7:16.74 37.65	800m: 9:48.85 36.86		
8.	Catarina Azevedo Nobrega	99	109833	Ginasio Vila Real	<b>10:42.53</b>	+0,76	446	1,0(-)
	50m: 33.98 33.98			250m: 3:11.54 40.33	450m: 5:55.52 40.63	650m: 8:40.00 40.66		
	100m: 1:11.98 38.00			300m: 3:52.46 40.92	500m: 6:36.87 41.35	700m: 9:21.59 41.59		
	150m: 1:51.09 39.11			350m: 4:33.46 41.00	550m: 7:17.87 41.00	750m: 10:02.36 40.77		
	200m: 2:31.21 40.12			400m: 5:14.89 41.43	600m: 7:59.34 41.47	800m: 10:42.53 40.17		

Prova 39 Masc., 1500m Livres 2ª Divisão 2ª Divisão MASC Resultados  
12-04-2015

Recordes Nacionais 50m Absoluto	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007
Recordes Nacionais 50m Inf B	17:21.58	Pedro Fontoura Oliveira	CFB	Restelo	27-07-2003
Recordes Nacionais 50m Inf A	16:43.48	Pedro Fontoura Oliveira	CFB	Rio Maior	19-06-2004
Recordes Nacionais 50m Juv B	16:31.97	Pedro Fontoura Oliveira	CFB	Lisboa	28-05-2005
Recordes Nacionais 50m Juv A	15:45.55	Gustavo Manuel Santa	FPN	Tampere (FIN)	23-07-2009
Recordes Nacionais 50m Jun 1	15:51.43	Gustavo Manuel Santa	FPN	Helsinkia (FIN)	10-07-2010
Recordes Nacionais 50m Jun 2	15:34.51	Fernando Eurico Costa	FPN	Luxemburgo (LUX)	24-01-2003
Recordes Nacionais 50m Sen	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Tiago Silva Oliveira	94	15465	Leixoes	<b>16:03.87</b>	+0,76	737	17,00
	50m: 28.93	28.93	450m: 4:45.46	32.58	850m: 9:05.38	32.34	1250m: 13:26.08	31.99
	100m: 1:00.57	31.64	500m: 5:18.07	32.61	900m: 9:37.87	32.49	1300m: 13:59.31	33.23
	150m: 1:32.30	31.73	550m: 5:50.26	32.19	950m: 10:10.19	32.32	1350m: 14:31.91	32.60
	200m: 2:04.22	31.92	600m: 6:22.77	32.51	1000m: 10:43.27	33.08	1400m: 15:03.84	31.93
	250m: 2:36.14	31.92	650m: 6:55.28	32.51	1050m: 11:15.95	32.68	1450m: 15:34.81	30.97
	300m: 3:08.05	31.91	700m: 7:28.22	32.94	1100m: 11:48.84	32.89	1500m: 16:03.87	29.06
	350m: 3:40.25	32.20	750m: 8:00.67	32.45	1150m: 12:21.22	32.38		
	400m: 4:12.88	32.63	800m: 8:33.04	32.37	1200m: 12:54.09	32.87		
2.	Vasco Miguel Gaspar	90	26500	Uniao Piedense	<b>16:05.18</b>	+0,75	734	15,00
	50m: 28.69	28.69	450m: 4:45.40	32.37	850m: 9:05.12	32.34	1250m: 13:26.37	32.04
	100m: 1:00.69	32.00	500m: 5:17.98	32.58	900m: 9:37.90	32.78	1300m: 13:59.20	32.83
	150m: 1:32.61	31.92	550m: 5:50.08	32.10	950m: 10:10.29	32.39	1350m: 14:31.56	32.36
	200m: 2:04.74	32.13	600m: 6:22.66	32.58	1000m: 10:43.15	32.86	1400m: 15:03.54	31.98
	250m: 2:36.44	31.70	650m: 6:55.15	32.49	1050m: 11:15.89	32.74	1450m: 15:34.88	31.34
	300m: 3:08.43	31.99	700m: 7:28.01	32.86	1100m: 11:48.81	32.92	1500m: 16:05.18	30.30
	350m: 3:40.54	32.11	750m: 8:00.25	32.24	1150m: 12:21.34	32.53		
	400m: 4:13.03	32.49	800m: 8:32.78	32.53	1200m: 12:54.33	32.99		
3.	Joao Alexandre Vital	98	110165	Colegio Monte Maior	<b>16:14.96</b>	+0,74	713	14,00
	50m: 28.80	28.80	450m: 4:42.99	32.38	850m: 9:03.37	33.13	1250m: 13:28.73	33.50
	100m: 59.91	31.11	500m: 5:15.08	32.09	900m: 9:35.86	32.49	1300m: 14:01.62	32.89
	150m: 1:31.52	31.61	550m: 5:47.90	32.82	950m: 10:09.01	33.15	1350m: 14:35.13	33.51
	200m: 2:03.12	31.60	600m: 6:20.11	32.21	1000m: 10:41.94	32.93	1400m: 15:08.16	33.03
	250m: 2:35.18	32.06	650m: 6:52.77	32.66	1050m: 11:15.28	33.34	1450m: 15:41.70	33.54
	300m: 3:06.81	31.63	700m: 7:24.92	32.15	1100m: 11:48.48	33.20	1500m: 16:14.96	33.26
	350m: 3:38.91	32.10	750m: 7:57.82	32.90	1150m: 12:21.94	33.46		
	400m: 4:10.61	31.70	800m: 8:30.24	32.42	1200m: 12:55.23	33.29		
4.	Andre Filipe Farinha	96	105086	Benfica	<b>16:37.92</b>	+0,67	664	13,00
	50m: 29.44	29.44	450m: 4:53.55	33.36	850m: 9:22.52	33.76	1250m: 13:52.59	33.99
	100m: 1:01.59	32.15	500m: 5:26.89	33.34	900m: 9:56.44	33.92	1300m: 14:26.55	33.96
	150m: 1:34.52	32.93	550m: 6:00.45	33.56	950m: 10:30.22	33.78	1350m: 15:00.30	33.75
	200m: 2:07.68	33.16	600m: 6:33.98	33.53	1000m: 11:04.15	33.93	1400m: 15:34.03	33.73
	250m: 2:40.90	33.22	650m: 7:07.64	33.66	1050m: 11:37.63	33.48	1450m: 16:06.52	32.49
	300m: 3:13.95	33.05	700m: 7:41.12	33.48	1100m: 12:11.07	33.44	1500m: 16:37.92	31.40
	350m: 3:46.86	32.91	750m: 8:14.98	33.86	1150m: 12:44.60	33.53		
	400m: 4:20.19	33.33	800m: 8:48.76	33.78	1200m: 13:18.60	34.00		
5.	Cristian Fernandez Nieto	92	148727	Desportiva de Viana	<b>16:39.11</b>	+0,78	662	12,00
	50m: 29.84	29.84	450m: 4:52.95	32.86	850m: 9:21.45	33.64	1250m: 13:53.68	33.60
	100m: 1:02.59	32.75	500m: 5:26.32	33.37	900m: 9:55.72	34.27	1300m: 14:28.06	34.38
	150m: 1:35.25	32.66	550m: 5:59.54	33.22	950m: 10:29.37	33.65	1350m: 15:01.44	33.38
	200m: 2:08.23	32.98	600m: 6:33.56	34.02	1000m: 11:03.79	34.42	1400m: 15:35.65	34.21
	250m: 2:41.14	32.91	650m: 7:06.81	33.25	1050m: 11:37.59	33.80	1450m: 16:08.80	33.15
	300m: 3:14.39	33.25	700m: 7:40.68	33.87	1100m: 12:12.03	34.44	1500m: 16:39.11	30.31
	350m: 3:47.04	32.65	750m: 8:13.87	33.19	1150m: 12:45.68	33.65		
	400m: 4:20.09	33.05	800m: 8:47.81	33.94	1200m: 13:20.08	34.40		

Prova 39, Masc., 1500m Livres, 2ª Divisão MASC

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	
6.	Pedro Maria Bessa	95	18656	Vilacondense	<b>16:39.88</b>	+0,77	661	11,00	
	50m:	29.44	29.44	450m:	4:53.78	33.72	850m:	9:21.79	33.08
	100m:	1:00.96	31.52	500m:	5:27.12	33.34	900m:	9:54.98	33.19
	150m:	1:33.83	32.87	550m:	6:00.76	33.64	950m:	10:28.81	33.83
	200m:	2:06.69	32.86	600m:	6:34.24	33.48	1000m:	11:02.62	33.81
	250m:	2:40.10	33.41	650m:	7:07.96	33.72	1050m:	11:36.35	33.73
	300m:	3:13.24	33.14	700m:	7:41.27	33.31	1100m:	12:10.87	34.52
	350m:	3:46.82	33.58	750m:	8:15.22	33.95	1150m:	12:44.70	33.83
	400m:	4:20.06	33.24	800m:	8:48.71	33.49	1200m:	13:18.72	34.02
7.	Joao Luis Travanca	97	104716	Fluvial Portuense	<b>16:40.03</b>	+0,86	660	10,00	
	50m:	29.76	29.76	450m:	4:56.33	34.27	850m:	9:27.22	33.95
	100m:	1:02.12	32.36	500m:	5:30.05	33.72	900m:	10:00.50	33.28
	150m:	1:35.36	33.24	550m:	6:04.34	34.29	950m:	10:34.00	33.50
	200m:	2:08.39	33.03	600m:	6:38.03	33.69	1000m:	11:07.31	33.31
	250m:	2:41.89	33.50	650m:	7:11.96	33.93	1050m:	11:41.07	33.76
	300m:	3:15.10	33.21	700m:	7:45.47	33.51	1100m:	12:14.59	33.52
	350m:	3:48.76	33.66	750m:	8:19.52	34.05	1150m:	12:47.78	33.19
	400m:	4:22.06	33.30	800m:	8:53.27	33.75	1200m:	13:21.20	33.42
8.	Joao Nuno Pires	94	10866	Academica de Coimbra	<b>16:43.65</b>	+0,69	653	9,00	
	50m:	30.25	30.25	450m:	4:58.55	33.48	850m:	9:24.78	33.39
	100m:	1:03.73	33.48	500m:	5:32.12	33.57	900m:	9:58.19	33.41
	150m:	1:37.20	33.47	550m:	6:05.05	32.93	950m:	10:31.71	33.52
	200m:	2:10.81	33.61	600m:	6:38.25	33.20	1000m:	11:05.59	33.88
	250m:	2:44.37	33.56	650m:	7:11.46	33.21	1050m:	11:39.12	33.53
	300m:	3:18.07	33.70	700m:	7:44.72	33.26	1100m:	12:13.15	34.03
	350m:	3:51.57	33.50	750m:	8:18.02	33.30	1150m:	12:46.76	33.61
	400m:	4:25.07	33.50	800m:	8:51.39	33.37	1200m:	13:20.69	33.93
9.	Narciso Daniel Correia	97	111197	Braga	<b>16:50.39</b>	+0,80	640	8,00	
	50m:	29.79	29.79	450m:	4:55.32	33.91	850m:	9:24.11	33.72
	100m:	1:01.47	31.68	500m:	5:28.39	33.07	900m:	9:58.97	34.86
	150m:	1:34.34	32.87	550m:	6:01.85	33.46	950m:	10:32.82	33.85
	200m:	2:07.57	33.23	600m:	6:35.64	33.79	1000m:	11:07.43	34.61
	250m:	2:40.63	33.06	650m:	7:09.33	33.69	1050m:	11:41.75	34.32
	300m:	3:14.27	33.64	700m:	7:43.01	33.68	1100m:	12:16.11	34.36
	350m:	3:47.64	33.37	750m:	8:16.67	33.66	1150m:	12:49.99	33.88
	400m:	4:21.41	33.77	800m:	8:50.39	33.72	1200m:	13:24.90	34.91
10.	Miguel Ribeiro Bate	99	117183	Alges	<b>16:57.66</b>	+0,81	627	7,00	
	50m:	30.09	30.09	450m:	4:58.64	33.71	850m:	9:31.70	34.53
	100m:	1:02.49	32.40	500m:	5:32.52	33.88	900m:	10:06.20	34.50
	150m:	1:35.82	33.33	550m:	6:06.62	34.10	950m:	10:40.22	34.02
	200m:	2:09.09	33.27	600m:	6:40.59	33.97	1000m:	11:14.67	34.45
	250m:	2:42.92	33.83	650m:	7:14.75	34.16	1050m:	11:48.82	34.15
	300m:	3:16.53	33.61	700m:	7:48.60	33.85	1100m:	12:23.41	34.59
	350m:	3:50.76	34.23	750m:	8:23.04	34.44	1150m:	12:58.24	34.83
	400m:	4:24.93	34.17	800m:	8:57.17	34.13	1200m:	13:32.57	34.33
11.	Rui Filipe Costa	91	24004	Foca	<b>17:08.62</b>	+0,80	607	6,00	
	50m:	29.92	29.92	450m:	5:01.23	34.86	850m:	9:38.04	34.50
	100m:	1:02.40	32.48	500m:	5:35.93	34.70	900m:	10:12.84	34.80
	150m:	1:35.47	33.07	550m:	6:10.74	34.81	950m:	10:47.60	34.76
	200m:	2:08.94	33.47	600m:	6:45.45	34.71	1000m:	11:22.43	34.83
	250m:	2:42.95	34.01	650m:	7:20.17	34.72	1050m:	11:57.37	34.94
	300m:	3:17.15	34.20	700m:	7:54.71	34.54	1100m:	12:32.57	35.20
	350m:	3:51.65	34.50	750m:	8:29.09	34.38	1150m:	13:07.93	35.36
	400m:	4:26.37	34.72	800m:	9:03.54	34.45	1200m:	13:43.33	35.40
12.	Pedro Miguel Vieira	98	109367	Galitos	<b>17:13.90</b>	+0,84	597	5,00	
	50m:	29.61	29.61	450m:	5:01.38	34.53	850m:	9:40.27	34.95
	100m:	1:02.28	32.67	500m:	5:35.88	34.50	900m:	10:15.26	34.99
	150m:	1:35.87	33.59	550m:	6:10.39	34.51	950m:	10:50.04	34.78
	200m:	2:09.61	33.74	600m:	6:45.56	35.17	1000m:	11:25.33	35.29
	250m:	2:43.55	33.94	650m:	7:20.11	34.55	1050m:	12:00.62	35.29
	300m:	3:17.78	34.23	700m:	7:54.91	34.80	1100m:	12:35.71	35.09
	350m:	3:52.19	34.41	750m:	8:30.21	35.30	1150m:	13:10.33	34.62
	400m:	4:26.85	34.66	800m:	9:05.32	35.11	1200m:	13:45.79	35.46

Prova 39, Masc., 1500m Livres, 2ª Divisão MASC

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
13.	Luis Carlos Almeida	98	104527	Aquatico Pacense	<b>17:28.45</b>	+0,89	573	4,00
	50m: 29.66	29.66	450m: 5:00.44	35.22	850m: 9:44.52	36.16	1250m: 14:32.87	36.22
	100m: 1:02.15	32.49	500m: 5:35.18	34.74	900m: 10:20.66	36.14	1300m: 15:09.16	36.29
	150m: 1:35.60	33.45	550m: 6:10.58	35.40	950m: 10:56.88	36.22	1350m: 15:45.07	35.91
	200m: 2:08.82	33.22	600m: 6:45.77	35.19	1000m: 11:33.39	36.51	1400m: 16:21.41	36.34
	250m: 2:42.62	33.80	650m: 7:21.15	35.38	1050m: 12:08.74	35.35	1450m: 16:56.13	34.72
	300m: 3:16.42	33.80	700m: 7:56.89	35.74	1100m: 12:44.97	36.23	1500m: 17:28.45	32.32
	350m: 3:50.73	34.31	750m: 8:32.89	36.00	1150m: 13:20.64	35.67		
	400m: 4:25.22	34.49	800m: 9:08.36	35.47	1200m: 13:56.65	36.01		
14.	Eduardo Cardoso Lopes	99	107596	Louletano / Loule Concelho	<b>17:37.17</b>	+0,81	559	3,00
	50m: 30.03	30.03	450m: 5:05.34	35.10	850m: 9:54.02	36.66	1250m: 14:39.96	34.45
	100m: 1:02.94	32.91	500m: 5:41.41	36.07	900m: 10:30.49	36.47	1300m: 15:16.24	36.28
	150m: 1:36.43	33.49	550m: 6:17.33	35.92	950m: 11:06.26	35.77	1350m: 15:52.43	36.19
	200m: 2:10.32	33.89	600m: 6:53.33	36.00	1000m: 11:42.29	36.03	1400m: 16:28.11	35.68
	250m: 2:44.68	34.36	650m: 7:29.46	36.13	1050m: 12:18.01	35.72	1450m: 17:03.30	35.19
	300m: 3:19.37	34.69	700m: 8:05.78	36.32	1100m: 12:54.19	36.18	1500m: 17:37.17	33.87
	350m: 3:54.54	35.17	750m: 8:41.40	35.62	1150m: 13:29.29	35.10		
	400m: 4:30.24	35.70	800m: 9:17.36	35.96	1200m: 14:05.51	36.22		
15.	Goncalo Gualberto Barbara	00	118851	Portinado	<b>19:11.54</b>	+0,75	432	2,00
	50m: 31.95	31.95	450m: 5:38.33	39.52	850m: 10:49.80	38.82	1250m: 16:01.03	38.66
	100m: 1:08.11	36.16	500m: 6:16.91	38.58	900m: 11:28.63	38.83	1300m: 16:39.84	38.81
	150m: 1:45.71	37.60	550m: 6:55.90	38.99	950m: 12:07.73	39.10	1350m: 17:18.20	38.36
	200m: 2:23.92	38.21	600m: 7:34.97	39.07	1000m: 12:46.54	38.81	1400m: 17:57.48	39.28
	250m: 3:02.52	38.60	650m: 8:14.18	39.21	1050m: 13:25.35	38.81	1450m: 18:35.03	37.55
	300m: 3:41.05	38.53	700m: 8:52.80	38.62	1100m: 14:04.12	38.77	1500m: 19:11.54	36.51
	350m: 4:19.95	38.90	750m: 9:32.17	39.37	1150m: 14:43.11	38.99		
	400m: 4:58.81	38.86	800m: 10:10.98	38.81	1200m: 15:22.37	39.26		
16.	Ruben Silva Paiva	00	121893	Feirense	<b>19:18.15</b>	+0,94	425	1,00
	50m: 31.67	31.67	450m: 5:35.48	38.69	850m: 10:49.61	39.48	1250m: 16:05.73	39.82
	100m: 1:06.80	35.13	500m: 6:14.81	39.33	900m: 11:28.63	39.02	1300m: 16:45.16	39.43
	150m: 1:43.81	37.01	550m: 6:54.14	39.33	950m: 12:08.45	39.82	1350m: 17:24.36	39.20
	200m: 2:21.50	37.69	600m: 7:33.04	38.90	1000m: 12:48.26	39.81	1400m: 18:02.54	38.18
	250m: 3:00.23	38.73	650m: 8:11.92	38.88	1050m: 13:27.82	39.56	1450m: 18:40.75	38.21
	300m: 3:38.92	38.69	700m: 8:51.36	39.44	1100m: 14:06.87	39.05	1500m: 19:18.15	37.40
	350m: 4:17.83	38.91	750m: 9:31.26	39.90	1150m: 14:46.35	39.48		
	400m: 4:56.79	38.96	800m: 10:10.13	38.87	1200m: 15:25.91	39.56		



Prova 40 Masc., 1500m Livres 1ª Divisão 1ª Divisão MASC Resultados  
12-04-2015

Recordes Nacionais 50m Absoluto	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007
Recordes Nacionais 50m Inf B	17:21.58	Pedro Fontoura Oliveira	CFB	Restelo	27-07-2003
Recordes Nacionais 50m Inf A	16:43.48	Pedro Fontoura Oliveira	CFB	Rio Maior	19-06-2004
Recordes Nacionais 50m Juv B	16:31.97	Pedro Fontoura Oliveira	CFB	Lisboa	28-05-2005
Recordes Nacionais 50m Juv A	15:45.55	Gustavo Manuel Santa	FPN	Tampere (FIN)	23-07-2009
Recordes Nacionais 50m Jun 1	15:51.43	Gustavo Manuel Santa	FPN	Helsinkia (FIN)	10-07-2010
Recordes Nacionais 50m Jun 2	15:34.51	Fernando Eurico Costa	FPN	Luxemburgo (LUX)	24-01-2003
Recordes Nacionais 50m Sen	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Rafael lourenco Gil	96	105234	Naval Amorense	<b>16:01.43</b>	+0,75	743	9,0(-)
	50m: 28.19	28.19	450m: 4:40.38	32.10	850m: 8:57.95	32.27	1250m: 13:18.43	32.56
	100m: 58.80	30.61	500m: 5:12.29	31.91	900m: 9:30.60	32.65	1300m: 13:51.43	33.00
	150m: 1:30.21	31.41	550m: 5:44.39	32.10	950m: 10:03.04	32.44	1350m: 14:24.28	32.85
	200m: 2:01.66	31.45	600m: 6:16.57	32.18	1000m: 10:35.63	32.59	1400m: 14:57.08	32.80
	250m: 2:33.18	31.52	650m: 6:48.74	32.17	1050m: 11:08.16	32.53	1450m: 15:29.56	32.48
	300m: 3:04.87	31.69	700m: 7:20.98	32.24	1100m: 11:40.63	32.47	1500m: 16:01.43	31.87
	350m: 3:36.59	31.72	750m: 7:53.26	32.28	1150m: 12:13.03	32.40		
	400m: 4:08.28	31.69	800m: 8:25.68	32.42	1200m: 12:45.87	32.84		
2.	Mario Andre Bonanca	90	12773	Sporting	<b>16:24.34</b>	+0,80	692	7,0(-)
	50m: 29.35	29.35	450m: 4:44.93	32.96	850m: 9:08.94	33.17	1250m: 13:35.49	33.81
	100m: 1:00.97	31.62	500m: 5:17.84	32.91	900m: 9:41.94	33.00	1300m: 14:09.17	33.68
	150m: 1:32.32	31.35	550m: 5:50.64	32.80	950m: 10:15.48	33.54	1350m: 14:43.38	34.21
	200m: 2:03.78	31.46	600m: 6:23.46	32.82	1000m: 10:48.64	33.16	1400m: 15:17.10	33.72
	250m: 2:35.69	31.91	650m: 6:56.72	33.26	1050m: 11:22.37	33.73	1450m: 15:51.17	34.07
	300m: 3:07.54	31.85	700m: 7:29.65	32.93	1100m: 11:55.98	33.61	1500m: 16:24.34	33.17
	350m: 3:39.86	32.32	750m: 8:02.60	32.95	1150m: 12:28.89	32.91		
	400m: 4:11.97	32.11	800m: 8:35.77	33.17	1200m: 13:01.68	32.79		
3.	Rui Pedro Faria	94	15592	Famalicao	<b>16:41.95</b>	+0,82	656	6,0(-)
	50m: 29.34	29.34	450m: 4:54.08	33.41	850m: 9:21.64	33.84	1250m: 13:52.19	33.87
	100m: 1:01.53	32.19	500m: 5:27.26	33.18	900m: 9:55.22	33.58	1300m: 14:26.21	34.02
	150m: 1:34.44	32.91	550m: 6:00.53	33.27	950m: 10:29.29	34.07	1350m: 15:00.16	33.95
	200m: 2:07.45	33.01	600m: 6:33.91	33.38	1000m: 11:02.98	33.69	1400m: 15:34.24	34.08
	250m: 2:40.64	33.19	650m: 7:07.30	33.39	1050m: 11:36.70	33.72	1450m: 16:08.31	34.07
	300m: 3:13.77	33.13	700m: 7:40.36	33.06	1100m: 12:10.39	33.69	1500m: 16:41.95	33.64
	350m: 3:47.40	33.63	750m: 8:14.09	33.73	1150m: 12:44.29	33.90		
	400m: 4:20.67	33.27	800m: 8:47.80	33.71	1200m: 13:18.32	34.03		
4.	Goncalo Miguel Nogueira	98	104471	Porto	<b>16:55.67</b>	+0,69	630	5,0(-)
	50m: 29.65	29.65	450m: 4:55.49	33.80	850m: 9:29.50	34.30	1250m: 14:07.45	34.96
	100m: 1:01.56	31.91	500m: 5:29.51	34.02	900m: 10:04.25	34.75	1300m: 14:42.42	34.97
	150m: 1:34.29	32.73	550m: 6:03.67	34.16	950m: 10:38.59	34.34	1350m: 15:16.91	34.49
	200m: 2:07.47	33.18	600m: 6:37.91	34.24	1000m: 11:13.24	34.65	1400m: 15:51.49	34.58
	250m: 2:41.01	33.54	650m: 7:11.95	34.04	1050m: 11:48.30	35.06	1450m: 16:24.02	32.53
	300m: 3:14.56	33.55	700m: 7:46.38	34.43	1100m: 12:23.07	34.77	1500m: 16:55.67	31.65
	350m: 3:48.06	33.50	750m: 8:20.78	34.40	1150m: 12:57.93	34.86		
	400m: 4:21.69	33.63	800m: 8:55.20	34.42	1200m: 13:32.49	34.56		
5.	Artiom Viatcheslavovitch Poliakov	93	11114	Estrelas S. Joao de Brito	<b>16:58.40</b>	+0,65	625	4,0(-)
	50m: 28.95	28.95	450m: 4:54.39	33.74	850m: 9:29.48	34.98	1250m: 14:07.39	34.83
	100m: 1:00.69	31.74	500m: 5:27.95	33.56	900m: 10:04.43	34.95	1300m: 14:41.70	34.31
	150m: 1:33.71	33.02	550m: 6:01.84	33.89	950m: 10:38.97	34.54	1350m: 15:16.70	35.00
	200m: 2:06.72	33.01	600m: 6:36.14	34.30	1000m: 11:13.47	34.50	1400m: 15:50.78	34.08
	250m: 2:39.94	33.22	650m: 7:10.86	34.72	1050m: 11:48.42	34.95	1450m: 16:24.84	34.06
	300m: 3:13.26	33.32	700m: 7:45.11	34.25	1100m: 12:23.05	34.63	1500m: 16:58.40	33.56
	350m: 3:46.91	33.65	750m: 8:19.77	34.66	1150m: 12:57.94	34.89		
	400m: 4:20.65	33.74	800m: 8:54.50	34.73	1200m: 13:32.56	34.62		

Prova 40, Masc., 1500m Livres, 1ª Divisão MASC

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
6.	Joao Ricardo Silva	97	116947	Nautico /Urgicentro-Sanfil	<b>17:13.74</b>	+0,83	598	3,0(-)
	50m: 29.72	29.72	450m: 5:03.07	34.42	850m: 9:41.40	34.70	1250m: 14:20.82	34.81
	100m: 1:02.63	32.91	500m: 5:37.90	34.83	900m: 10:15.95	34.55	1300m: 14:55.80	34.98
	150m: 1:36.64	34.01	550m: 6:12.72	34.82	950m: 10:50.62	34.67	1350m: 15:30.74	34.94
	200m: 2:11.08	34.44	600m: 6:47.45	34.73	1000m: 11:25.64	35.02	1400m: 16:05.99	35.25
	250m: 2:45.27	34.19	650m: 7:22.02	34.57	1050m: 12:00.63	34.99	1450m: 16:40.81	34.82
	300m: 3:19.71	34.44	700m: 7:56.99	34.97	1100m: 12:35.78	35.15	1500m: 17:13.74	32.93
	350m: 3:53.99	34.28	750m: 8:31.84	34.85	1150m: 13:10.65	34.87		
	400m: 4:28.65	34.66	800m: 9:06.70	34.86	1200m: 13:46.01	35.36		
7.	Carlos Eduardo Alenquer	89	110413	Colegio Vasco da Gama	<b>17:29.56</b>	+0,97	571	2,0(-)
	50m: 30.63	30.63	450m: 5:03.59	34.62	850m: 9:42.93	35.08	1250m: 14:30.51	36.29
	100m: 1:03.79	33.16	500m: 5:38.23	34.64	900m: 10:18.38	35.45	1300m: 15:06.60	36.09
	150m: 1:37.89	34.10	550m: 6:13.13	34.90	950m: 10:53.96	35.58	1350m: 15:42.59	35.99
	200m: 2:12.03	34.14	600m: 6:47.86	34.73	1000m: 11:29.58	35.62	1400m: 16:18.73	36.14
	250m: 2:46.27	34.24	650m: 7:22.76	34.90	1050m: 12:05.45	35.87	1450m: 16:54.87	36.14
	300m: 3:20.47	34.20	700m: 7:57.68	34.92	1100m: 12:41.61	36.16	1500m: 17:29.56	34.69
	350m: 3:54.60	34.13	750m: 8:32.85	35.17	1150m: 13:18.16	36.55		
	400m: 4:28.97	34.37	800m: 9:07.85	35.00	1200m: 13:54.22	36.06		
DNS	Ricardo Andrade Belezas	91	132918	Amadora				-

Prova 41  
12-04-2015

Femin., 50m Livres  
2ª Divisão

2ª Divisão FEM  
Resultados

Recordes Nacionais 50m Absoluto	25.73	Patricia Vilas Conceicao	CNA	Oeiras	28-07-2012
Recordes Nacionais 50m Inf B	29.30	Isabel Pinto Abreu	CFB	Restelo	31-05-2008
Recordes Nacionais 50m Inf A	27.99	Ana Margarida Guedes	GCVR	Póvoa de Varzim	19-04-2014
Recordes Nacionais 50m Juv B	27.41	Harriet Larcher Smith	FPN	Paris (FRA)	31-07-2003
Recordes Nacionais 50m Juv A	26.98	Ana Pinho Rodrigues	AEJ	Campanha	21-06-2009
Recordes Nacionais 50m 16	26.21	Ana Pinho Rodrigues	AEJ	Coimbra	10-04-2010
Recordes Nacionais 50m 17	26.53	Ana Pinho Rodrigues	AEJ	Rio Maior	02-04-2011
Recordes Nacionais 50m Sen	25.73	Patricia Vilas Conceicao	CNA	Oeiras	28-07-2012

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Patricia Vilas Conceicao	85	14672	Benfica	<b>26.03</b>	+0,77	757	17,00-
2.	Catarina Maria Ferreira	98	106534	Desportiva de Viana	<b>26.90</b>	+0,79	686	15,00-
3.	Raquel Maurile Taveira	95	105392	Academica de Coimbra	<b>27.23</b>	+0,71	661	14,00-
4.	Beatriz Neves Craveiro	97	106762	Nautico /Urgicentro-Sanfil	<b>28.40</b>	+0,79	583	13,00-
5.	Bruna Fanguero Coentrao	93	24315	Vilacondense	<b>28.44</b>	+0,80	580	12,00-
	Marta Ferreira Rocha	99	110558	Leixoes	<b>28.44</b>	+0,73	580	12,00-
7.	Diana Patricia Ferreira	94	23500	Aquatico Pacense	<b>28.45</b>	+0,84	580	10,00-
8.	Rute Isabel Leonardo	98	121391	Nautico Abrantes	<b>28.52</b>	+0,73	576	9,00-
9.	Isis Sousa Severino	02	123970	Louletano / Loule Concelho	<b>29.04</b>	+0,71	545	8,00-
10.	Marta Filipa Vinagre	95	24660	Nautico Marinha Grande	<b>29.32</b>	+0,76	530	7,00-
11.	Rita Goncalves Marieiro	00	117710	Galitos	<b>29.34</b>	+0,74	529	6,00-
12.	Soraia Guerra Rolim	95	121321	Naval Amorense	<b>29.38</b>	+0,81	526	5,00-
13.	Barbara Francisco Ferreira	01	125344	Gesloures	<b>29.61</b>	+0,84	514	4,00-
14.	Carolina Santos Albuquerque	99	132456	Colegio Vasco da Gama	<b>29.68</b>	+0,76	511	3,00-
15.	Ana Francisca Silva	95	102893	Academico Viseu	<b>29.75</b>	+0,87	507	2,00-
16.	Joana Mota Correia	00	110902	Alcobaca	<b>29.88</b>	+0,82	500	1,00-

Prova 42  
12-04-2015

Femin., 50m Livres  
1ª Divisão

1ª Divisão FEM  
Resultados

Recordes Nacionais 50m Absoluto	25.73	Patricia Vilas Conceicao	CNA	Oeiras	28-07-2012
Recordes Nacionais 50m Inf B	29.30	Isabel Pinto Abreu	CFB	Restelo	31-05-2008
Recordes Nacionais 50m Inf A	27.99	Ana Margarida Guedes	GCVR	Póvoa de Varzim	19-04-2014
Recordes Nacionais 50m Juv B	27.41	Harriet Larcher Smith	FPN	Paris (FRA)	31-07-2003
Recordes Nacionais 50m Juv A	26.98	Ana Pinho Rodrigues	AEJ	Campanha	21-06-2009
Recordes Nacionais 50m 16	26.21	Ana Pinho Rodrigues	AEJ	Coimbra	10-04-2010
Recordes Nacionais 50m 17	26.53	Ana Pinho Rodrigues	AEJ	Rio Maior	02-04-2011
Recordes Nacionais 50m Sen	25.73	Patricia Vilas Conceicao	CNA	Oeiras	28-07-2012

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Joana Patricia Pinto	94	24790	Ginasio Vila Real	<b>26.70</b>	+0,77	702	9,0(-)
2.	Rita Barros Frischknecht	98	106257	Alges	<b>27.71</b>	+0,69	628	7,0(-)
3.	Adriana Daniela Castro	97	104515	Porto	<b>27.84</b>	+0,75	619	6,0(-)
4.	Soraia Vanessa Ribeiro	92	15857	Amadora	<b>28.02</b>	+0,83	607	5,0(-)
5.	Maria Carolina Rosa	94	14248	Sporting	<b>28.14</b>	+0,75	599	4,0(-)
6.	Raquel Teixeira Pena	98	106326	Uniao Piedense	<b>28.22</b>	+0,79	594	3,0(-)
7.	Ana Ribeiro Ferreira	92	15634	Famalicao	<b>28.56</b>	+0,75	573	2,0(-)
8.	Sara Faria Costa	97	107451	Braga	<b>28.68</b>	+0,78	566	1,0(-)

Campeonato Nacional Clubes 1 e 2 Divisão  
Oeiras, 11- - 12-4-2015

Prova 43 12-04-2015	Masc., 50m Livres 2ª Divisão				2ª Divisão MASC Resultados
Recordes Nacionais 50m Absoluto	22.36	Alexandre Escudier Agostinho	PORTIN	Coimbra	30-05-2009
Recordes Nacionais 50m Inf B	27.00	Jose Miguel Miranda	CFP	Coimbra	11-08-1986
Recordes Nacionais 50m Inf A	26.04	Miguel Azevedo Portela	FCP	Porto	16-07-1992
Recordes Nacionais 50m Juv B	24.68	Tiago Andre Venancio	CNS	Lisboa	18-05-2002
Recordes Nacionais 50m Juv A	23.78	Tiago Andre Venancio	FPN	Paris (FRA)	31-07-2003
Recordes Nacionais 50m Jun 17	22.95	Tiago Andre Venancio	FPN	Oeiras	16-07-2004
Recordes Nacionais 50m Jun 18	22.98	Paulo Jorge Santos	FPN	Antuérpia (BEL)	22-07-2007
Recordes Nacionais 50m Sen	22.36	Alexandre Escudier Agostinho	PORTIN	Coimbra	30-05-2009

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Alexandre Escudier Agostinho	86	12668	Portinado	<b>23.00</b>	+0,65	751	17,00
2.	Gustavo Almeida Madureira	94	10857	Academica de Coimbra	<b>23.40</b>	+0,65	713	15,00
3.	Francisco Nogales Angel	91	148685	Colegio Monte Maior	<b>23.80</b>	+0,68	678	14,00
4.	Joao Duarte Santos	95	26430	Benfica	<b>23.99</b>	+0,66	662	13,00
5.	Rafael Lages Ribas	93	12688	Desportiva de Viana	<b>24.34</b>	+0,71	634	12,00
6.	Francisco Carvalho Machado	98	111855	Alges	<b>24.45</b>	+0,65	625	11,00
7.	Miguel Nunes Goncalves	97	100355	Uniao Piedense	<b>24.91</b>	+0,76	591	10,00
8.	Vasco Vieira Lopes	84	15718	Leixoes	<b>25.24</b>	+0,76	568	9,00
9.	Fabio Manuel Pereira	86	23049	Vilacondense	<b>25.36</b>	+0,74	560	8,00
10.	Emanuel Augusto Pinho	93	14295	Feirense	<b>25.51</b>	+0,71	550	7,00
11.	Edgar Oliveira Ribeiro	93	13277	Braga	<b>25.57</b>	+0,77	546	6,00
12.	Goncalo Filipe Pereira	79	26505	Galitos	<b>25.73</b>	+0,81	536	5,00
13.	Pedro Ferraz Silva	98	104441	Aquatico Pacense	<b>25.79</b>	+0,72	532	4,00
14.	Ricardo David Silva	97	103049	Foca	<b>25.88</b>	+0,71	527	3,00
15.	Manuel Silva Godinho	99	107866	Louletano / Loule Concelho	<b>26.49</b>	+0,73	491	2,00
16.	Diogo Barbosa Nunes	00	110529	Fluvial Portuense	<b>27.17</b>	+0,74	455	1,00



Prova 44 12-04-2015	Masc., 50m Livres 1ª Divisão				1ª Divisão MASC Resultados
Recordes Nacionais 50m Absoluto	22.36	Alexandre Escudier Agostinho	PORTIN	Coimbra	30-05-2009
Recordes Nacionais 50m Inf B	27.00	Jose Miguel Miranda	CFP	Coimbra	11-08-1986
Recordes Nacionais 50m Inf A	26.04	Miguel Azevedo Portela	FCP	Porto	16-07-1992
Recordes Nacionais 50m Juv B	24.68	Tiago Andre Venancio	CNS	Lisboa	18-05-2002
Recordes Nacionais 50m Juv A	23.78	Tiago Andre Venancio	FPN	Paris (FRA)	31-07-2003
Recordes Nacionais 50m Jun 17	22.95	Tiago Andre Venancio	FPN	Oeiras	16-07-2004
Recordes Nacionais 50m Jun 18	22.98	Paulo Jorge Santos	FPN	Antuérpia (BEL)	22-07-2007
Recordes Nacionais 50m Sen	22.36	Alexandre Escudier Agostinho	PORTIN	Coimbra	30-05-2009

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Joao Miguel Ascensao	97	107710	Porto	<b>23.61</b>	+0,67	694	9,0(-)
2.	Joao Silva Gigante	88	14783	Estrelas S. Joao de Brito	<b>23.73</b>	+0,61	684	7,0(-)
3.	David Miguel Leiria	93	14530	Naval Amorense	<b>23.76</b>	+0,72	681	6,0(-)
4.	Bernardo Leitao Graca	93	14838	Sporting	<b>24.37</b>	+0,68	631	5,0(-)
5.	Jorge Manuel Maia	89	23220	Famalicao	<b>24.61</b>	+0,75	613	4,0(-)
6.	Francisco Xavier Goncalves	97	26878	Nautico /Urgicentro-Sanfil	<b>24.83</b>	+0,72	597	3,0(-)
7.	Jose Joao Bica	87	12879	Colegio Vasco da Gama	<b>25.29</b>	+0,74	565	2,0(-)
DNS	Goncalo Emanuel Oliveira	93	148333	Amadora				-

Prova 45  
12-04-2015

Femin., 200m Bruços  
2ª Divisão

2ª Divisão FEM  
Resultados

Recordes Nacionais 50m Absoluto	2:29.51	Diana Duarte Gomes	FPN	Budapeste (HUN)	15-07-2005
Recordes Nacionais 50m Inf B	2:49.82	Clara Gomes Pereira	SAD	Loulé	19-07-2014
Recordes Nacionais 50m Inf A	2:43.76	Ana Pinho Rodrigues	AEJ	Coimbra	07-07-2007
Recordes Nacionais 50m Juv B	2:36.99	Diana Duarte Gomes	FPN	Paris (FRA)	28-07-2003
Recordes Nacionais 50m Juv A	2:31.32	Diana Duarte Gomes	FPN	Mulhouse (FRA)	27-06-2004
Recordes Nacionais 50m Jun 16	2:29.51	Diana Duarte Gomes	FPN	Budapeste (HUN)	15-07-2005
Recordes Nacionais 50m Jun 17	2:30.92	Victoria Kaminskaya	PIMP	Oeiras	28-07-2012
Recordes Nacionais 50m Sen	2:29.76	Diana Duarte Gomes	CNA	Loulé	10-06-2007

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Maria Madalena Silva 50m: 36.36 36.36	98	116614	Nautico Abrantes 100m: 1:17.89 41.53 150m: 1:58.77 40.88	<b>2:39.54</b>	+0,72	662	17,0(-)
2.	Ines Neto Rocha 50m: 37.77 37.77	01	111313	Aquatico Pacense 100m: 1:18.84 41.07 150m: 2:00.95 42.11	<b>2:41.46</b>	+0,89	639	15,0(-)
3.	Ines Rocha Silva 50m: 37.14 37.14	00	117806	Alcobaca 100m: 1:18.51 41.37 150m: 2:01.52 43.01	<b>2:43.29</b>	+0,62	618	14,0(-)
4.	Ana Beatriz Pereira 50m: 36.66 36.66	91	20591	Colegio Vasco da Gama 100m: 1:18.64 41.98 150m: 2:00.91 42.27	<b>2:44.09</b>	+0,65	609	13,0(-)
5.	Claudia Ferreira Borges 50m: 37.17 37.17	99	116591	Benfica 100m: 1:19.60 42.43 150m: 2:03.74 44.14	<b>2:46.70</b>	+0,72	581	12,0(-)
6.	Rita Maria Cardoso 50m: 37.13 37.13	98	105877	Leixoes 100m: 1:19.30 42.17 150m: 2:03.59 44.29	<b>2:48.40</b>	+0,78	563	11,0(-)
7.	Beatriz Castanheira Dias 50m: 39.31 39.31	99	109015	Academica de Coimbra 100m: 1:23.48 44.17 150m: 2:05.94 42.46	<b>2:48.90</b>	+0,68	558	10,0(-)
8.	Rita Costa Amador 50m: 38.95 38.95	99	105665	Galitos 100m: 1:22.29 43.34 150m: 2:06.24 43.95	<b>2:49.95</b>	+0,71	548	9,0(-)
9.	Isabel Maria Figueira 50m: 39.95 39.95	79	11424	Louletano / Loule Concelho 100m: 1:23.60 43.65 150m: 2:08.09 44.49	<b>2:51.51</b>	+0,91	533	8,0(-)
10.	Margarida Messias Ribeiro 50m: 38.70 38.70	98	110544	Geslours 100m: 1:23.10 44.40 150m: 2:08.42 45.32	<b>2:52.05</b>	+0,81	528	7,0(-)
11.	Beatriz Pereira Vasconcelos 50m: 38.64 38.64	98	107934	Vilacondense 100m: 1:21.18 42.54 150m: 2:06.45 45.27	<b>2:52.48</b>	+0,75	524	6,0(-)
12.	Ana Ferreira Costa 50m: 39.89 39.89	02	123876	Nautico Marinha Grande 100m: 1:24.49 44.60 150m: 2:09.86 45.37	<b>2:53.74</b>	+0,84	513	5,0(-)
13.	Lara Gomez Cortes 50m: 39.54 39.54	99	148729	Desportiva de Viana 100m: 1:24.17 44.63 150m: 2:09.65 45.48	<b>2:54.64</b>	+0,76	505	4,0(-)
14.	Madalena Nunes Palmeira 50m: 39.83 39.83	99	109703	Nautico /Urgicentro-Sanfil 100m: 1:24.92 45.09 150m: 2:13.06 48.14	<b>2:56.92</b>	+0,69	486	3,0(-)
15.	Carolina Madeira Santos 50m: 38.76 38.76	96	104254	Naval Amorense 100m: 1:24.27 45.51 150m: 2:11.89 47.62	<b>2:58.99</b>	+0,92	469	2,0(-)
16.	Lara Alexandra Carrilho 50m: 42.14 42.14	01	120697	Academico Viseu 100m: 1:28.53 46.39 150m: 2:17.73 49.20	<b>3:05.85</b>	+0,95	419	1,0(-)

Prova 46  
12-04-2015

Femin., 200m Bruços  
1ª Divisão

1ª Divisão FEM  
Resultados

Recordes Nacionais 50m Absoluto	2:29.51	Diana Duarte Gomes	FPN	Budapeste (HUN)	15-07-2005
Recordes Nacionais 50m Inf B	2:49.82	Clara Gomes Pereira	SAD	Loulé	19-07-2014
Recordes Nacionais 50m Inf A	2:43.76	Ana Pinho Rodrigues	AEJ	Coimbra	07-07-2007
Recordes Nacionais 50m Juv B	2:36.99	Diana Duarte Gomes	FPN	Paris (FRA)	28-07-2003
Recordes Nacionais 50m Juv A	2:31.32	Diana Duarte Gomes	FPN	Mulhouse (FRA)	27-06-2004
Recordes Nacionais 50m Jun 16	2:29.51	Diana Duarte Gomes	FPN	Budapeste (HUN)	15-07-2005
Recordes Nacionais 50m Jun 17	2:30.92	Victoria Kaminskaya	PIMP	Oeiras	28-07-2012
Recordes Nacionais 50m Sen	2:29.76	Diana Duarte Gomes	CNA	Loulé	10-06-2007

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Raquel Gomes Pereira	00	118469	Alges	<b>2:36.64</b>	+0,72	700	9,0(-)
	50m: 35.58 35.58		100m: 1:15.33 39.75	150m: 1:56.23 40.90	200m: 2:36.64 40.41			
2.	Paula Alexandra Oliveira	96	102084	Porto	<b>2:36.74</b>	+0,71	699	7,0(-)
	50m: 36.15 36.15		100m: 1:17.15 41.00	150m: 1:57.65 40.50	200m: 2:36.74 39.09			
3.	Ana Teresa Franco	91	11349	Sporting	<b>2:42.76</b>	+0,80	624	6,0(-)
	50m: 37.28 37.28		100m: 1:18.75 41.47	150m: 2:00.43 41.68	200m: 2:42.76 42.33			
4.	Joana Dias Santos	96	100397	Uniao Piedense	<b>2:43.91</b>	+0,77	611	5,0(-)
	50m: 37.02 37.02		100m: 1:18.33 41.31	150m: 2:00.93 42.60	200m: 2:43.91 42.98			
5.	Ana Beatriz Martins	99	108375	Famalicao	<b>2:44.59</b>	+0,83	603	4,0(-)
	50m: 36.79 36.79		100m: 1:19.13 42.34	150m: 2:01.79 42.66	200m: 2:44.59 42.80			
6.	Rute Margarida Marques	94	25359	Amadora	<b>2:46.80</b>	+0,77	580	3,0(-)
	50m: 37.04 37.04		100m: 1:19.81 42.77	150m: 2:02.74 42.93	200m: 2:46.80 44.06			
7.	Rita Catarina Miranda	97	107566	Braga	<b>2:47.73</b>	+0,86	570	2,0(-)
	50m: 37.85 37.85		100m: 1:19.92 42.07	150m: 2:03.28 43.36	200m: 2:47.73 44.45			
8.	Ines do Carmo Cruz	00	110204	Ginasio Vila Real	<b>3:07.79</b>	+0,86	406	1,0(-)
	50m: 42.09 42.09		100m: 1:29.14 47.05	150m: 2:18.41 49.27	200m: 3:07.79 49.38			



Prova 47  
12-04-2015

Masc., 200m Bruços  
2ª Divisão

2ª Divisão MASC  
Resultados

Recordes Nacionais 50m Absoluto	2:13.21	Carlos Esteves Almeida	FPN	Barcelona (ESP)	01-08-2013
Recordes Nacionais 50m Inf B	2:39.45	Miguel Angelo Santos	GDNVNF	S. João da Madeira	14-07-2013
Recordes Nacionais 50m Inf A	2:32.84	Gustavo Andre Reis	SCP	Olivais	10-08-1991
Recordes Nacionais 50m Juv B	2:24.15	Andre Miguel Silva	PDEM	Loulé	10-06-2006
Recordes Nacionais 50m Juv A	2:23.94	Andre Miguel Silva	PDEM	Coimbra	25-03-2007
Recordes Nacionais 50m Jun 17	2:19.00	Andre Goncalo Santos	LSC	Oeiras	26-07-2014
Recordes Nacionais 50m Jun 18	2:15.99	Andre Miguel Silva	PDEM	Faro	20-07-2009
Recordes Nacionais 50m Sen	2:13.21	Carlos Esteves Almeida	FPN	Barcelona (ESP)	01-08-2013

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Diogo Filipe Carvalho 50m: 30.83 30.83	88	12277	Galitos 100m: 1:05.15 34.32	150m: 1:40.17 35.02	+0,69	816	17,00
2.	Filipe Carmo Ramos 50m: 31.80 31.80	97	105197	Vilacondense 100m: 1:07.61 35.81	150m: 1:43.86 36.25	+0,80	733	15,00
3.	Andre Goncalo Santos 50m: 31.60 31.60	97	104706	Leixoes 100m: 1:08.06 36.46	150m: 1:45.54 37.48	+0,86	708	14,00
4.	Hugo Pon 50m: 33.34 33.34	98	110164	Alges 100m: 1:10.37 37.03	150m: 1:47.81 37.44	+0,67	673	13,00
5.	Nuno Rafael Alves 50m: 32.73 32.73	90	25140	Aquatico Pacense 100m: 1:09.32 36.59	150m: 1:46.88 37.56	+0,77	671	12,00
6.	Mario Jorge Veloso 50m: 32.11 32.11	98	112051	Braga 100m: 1:08.88 36.77	150m: 1:46.72 37.84	+0,82	663	11,00
7.	Luis Pedro Fernandes 50m: 32.65 32.65	96	25320	Louletano / Loule Concelho 100m: 1:10.03 37.38	150m: 1:47.94 37.91	+0,70	654	10,00
8.	Rui Miguel Coelho 50m: 33.73 33.73	96	111850	Benfica 100m: 1:11.16 37.43	150m: 1:48.99 37.83	+0,62	642	9,00
9.	Tiago Martim Alves 50m: 33.51 33.51	97	100789	Desportiva de Viana 100m: 1:10.64 37.13	150m: 1:48.52 37.88	+0,76	629	8,00
10.	Pedro Miguel Silva 50m: 33.26 33.26	94	100227	Colegio Monte Maior 100m: 1:11.37 38.11	150m: 1:49.38 38.01	+0,70	618	7,00
11.	Joao Andre Neves 50m: 34.49 34.49	95	101408	Academica de Coimbra 100m: 1:11.80 37.31	150m: 1:50.37 38.57	+0,69	606	6,00
12.	Marcelo Goncalo Pereira 50m: 33.50 33.50	90	22440	Foca 100m: 1:12.48 38.98	150m: 1:51.66 39.18	+0,80	573	5,00
13.	Afonso Calais Queiroga 50m: 32.93 32.93	98	112311	Uniao Piedense 100m: 1:11.33 38.40	150m: 1:51.74 40.41	+0,68	556	4,00
14.	Andre Filipe Correia 50m: 34.50 34.50	97	118799	Feirense 100m: 1:13.99 39.49	150m: 1:55.08 41.09	+0,81	547	3,00
15.	Hugo Alexandre Amaral 50m: 33.27 33.27	87	12641	Portinado 100m: 1:12.86 39.59	150m: 1:54.03 41.17	+0,79	538	2,00
16.	Diogo Moreno Bastos 50m: 37.49 37.49	00	108285	Fluvial Portuense 100m: 1:20.49 43.00	150m: 2:04.54 44.05	+0,86	435	1,00

Prova 48 12-04-2015	Masc., 200m Bruços 1ª Divisão				1ª Divisão MASC Resultados
Recordes Nacionais 50m Absoluto	2:13.21	Carlos Esteves Almeida	FPN	Barcelona (ESP)	01-08-2013
Recordes Nacionais 50m Inf B	2:39.45	Miguel Angelo Santos	GDNVNF	S. João da Madeira	14-07-2013
Recordes Nacionais 50m Inf A	2:32.84	Gustavo Andre Reis	SCP	Olivais	10-08-1991
Recordes Nacionais 50m Juv B	2:24.15	Andre Miguel Silva	PDEM	Loulé	10-06-2006
Recordes Nacionais 50m Juv A	2:23.94	Andre Miguel Silva	PDEM	Coimbra	25-03-2007
Recordes Nacionais 50m Jun 17	2:19.00	Andre Goncalo Santos	LSC	Oeiras	26-07-2014
Recordes Nacionais 50m Jun 18	2:15.99	Andre Miguel Silva	PDEM	Faro	20-07-2009
Recordes Nacionais 50m Sen	2:13.21	Carlos Esteves Almeida	FPN	Barcelona (ESP)	01-08-2013

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Nuno Goncalo Quintanilha	87	12902	Colegio Vasco da Gama	<b>2:16.78</b>	+0,73	800	9,0(-)
	50m: 31.06 31.06			100m: 1:05.94 34.88	150m: 1:41.06 35.12	200m: 2:16.78 35.72		
2.	Talal Mrabet	87	148731	Estrelas S. Joao de Brito	<b>2:16.88</b>	+0,70	798	7,0(-)
	50m: 30.93 30.93			100m: 1:05.09 34.16	150m: 1:40.13 35.04	200m: 2:16.88 36.75		
3.	Miguel Monteiro Cruchinho	97	110442	Sporting	<b>2:22.90</b>	+0,71	702	6,0(-)
	50m: 32.04 32.04			100m: 1:07.81 35.77	150m: 1:44.50 36.69	200m: 2:22.90 38.40		
4.	Miguel Silva Oliveira	91	10822	Nautico /Urgicentro-Sanfil	<b>2:24.72</b>	+0,76	675	5,0(-)
	50m: 32.33 32.33			100m: 1:08.72 36.39	150m: 1:46.65 37.93	200m: 2:24.72 38.07		
5.	Diogo Miguel Costa	98	110489	Porto	<b>2:27.24</b>	+0,73	641	4,0(-)
	50m: 32.52 32.52			100m: 1:09.57 37.05	150m: 1:47.97 38.40	200m: 2:27.24 39.27		
6.	Joao Pedro Gil	97	108343	Naval Amorense	<b>2:28.40</b>	+0,62	626	3,0(-)
	50m: 32.82 32.82			100m: 1:10.29 37.47	150m: 1:49.33 39.04	200m: 2:28.40 39.07		
7.	Ricardo Amorim Rego	84	15954	Famalicao	<b>2:28.41</b>	+0,83	626	2,0(-)
	50m: 32.80 32.80			100m: 1:09.84 37.04	150m: 1:48.72 38.88	200m: 2:28.41 39.69		
DNS	Tomas Silvestre Almeida	01	126471	Amadora				-

Prova 49 12-04-2015	Femin., 50m Costas 2ª Divisão				2ª Divisão FEM Resultados
Recordes Nacionais 50m Absoluto	29.40	Marta Vieira Marinho	FCP	Coimbra	10-04-2010
Recordes Nacionais 50m Absoluto	29.40	Ana Sofia Leite	FPN	Malaga (ESP)	29-03-2015
Recordes Nacionais 50m Jun 16	29.80	Ines Camacho Fernandes	SCP	Coimbra	30-03-2013
Recordes Nacionais 50m Jun 17	30.18	Catia Raquel Martinheira	LDC	Cádiz (ESP)	02-03-2012
Recordes Nacionais 50m Sen	29.40	Marta Vieira Marinho	FCP	Coimbra	10-04-2010
Recordes Nacionais 50m Sen	29.40	Ana Sofia Leite	FPN	Malaga (ESP)	29-03-2015

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Juliana Lima Freixo	97	100827	Desportiva de Viana	<b>30.87</b>	+0,62	673	17,00-
2.	Paula Cristina Yang	95	100229	Gesloures	<b>31.99</b>	+0,66	605	15,00-
3.	Raquel Paulo Ranito	94	25504	Colegio Vasco da Gama	<b>32.45</b>	+0,61	579	14,00-
4.	Rita Fernandes Leitao	96	25571	Benfica	<b>32.56</b>	+0,70	574	13,00-
5.	Sofia Alexandra Rolao	98	108413	Naval Amorense	<b>32.77</b>	+0,69	563	12,00-
6.	Bruna Fangueiro Coentrao	93	24315	Vilacondense	<b>32.82</b>	+0,72	560	11,00-
7.	Tatiana Filipa Santos	95	26779	Academica de Coimbra	<b>32.93</b>	+0,65	554	10,00-
8.	Ana Miguel Reis	00	108089	Nautico /Urgicentro-Sanfil	<b>33.16</b>	+0,64	543	9,00-
9.	Beatriz Neto Costa	00	111310	Aquatico Pacense	<b>33.25</b>	+0,81	539	8,00-
10.	Rita Goncalves Marieiro	00	117710	Galitos	<b>33.59</b>	+0,63	522	7,00-
11.	Isis Sousa Severino	02	123970	Louletano / Loule Concelho	<b>33.70</b>	+0,63	517	6,00-
12.	Ana Monica Eloi	96	107038	Nautico Marinha Grande	<b>33.73</b>	+0,63	516	5,00-
13.	Catarina vieira Correia	99	121076	Leixoes	<b>34.15</b>	+0,64	497	4,00-
14.	Maria Beatriz Diogo	99	117988	Nautico Abrantes	<b>34.85</b>	+0,55	468	3,00-
15.	Beatriz Sanches Lopes	97	125849	Academico Viseu	<b>36.81</b>	+0,75	397	2,00-
DSQ	Matilde Correia Vieira	00	117805	Alcobaca				-

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Prova 50  
12-04-2015

Femin., 50m Costas  
1ª Divisão

1ª Divisão FEM  
Resultados

Recordes Nacionais 50m Absoluto	29.40	Marta Vieira Marinho	FCP	Coimbra	10-04-2010
Recordes Nacionais 50m Absoluto	29.40	Ana Sofia Leite	FPN	Malaga (ESP)	29-03-2015
Recordes Nacionais 50m Jun 16	29.80	Ines Camacho Fernandes	SCP	Coimbra	30-03-2013
Recordes Nacionais 50m Jun 17	30.18	Catia Raquel Martinheira	LDC	Cádiz (ESP)	02-03-2012
Recordes Nacionais 50m Sen	29.40	Marta Vieira Marinho	FCP	Coimbra	10-04-2010
Recordes Nacionais 50m Sen	29.40	Ana Sofia Leite	FPN	Malaga (ESP)	29-03-2015

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ana Sofia Leite	93	24784	Ginasio Vila Real	<b>29.56</b>	+0,62	767	9,0(-)
2.	Laura Yus Fernandez	96	148756	Amadora	<b>29.60</b>	+0,63	764	7,0(-)
3.	Francisca Gomes Azevedo	97	100356	Alges	<b>30.39</b>	+0,67	705	6,0(-)
4.	Filipa Carreira Alves	99	118479	Uniao Piedense	<b>31.07</b>	+0,67	660	5,0(-)
5.	Marta Vieira Marinho	91	15707	Porto	<b>31.33</b>	+0,64	644	4,0(-)
6.	Graca Maria Araujo	98	104456	Famalicao	<b>31.58</b>	+0,71	629	3,0(-)
7.	Ines Margarida Costa	99	119474	Sporting	<b>32.04</b>	+0,69	602	2,0(-)
8.	Catarina Reis Silva	99	107568	Braga	<b>32.64</b>	+0,68	569	1,0(-)

Prova 51  
12-04-2015

Masc., 50m Costas  
2ª Divisão

2ª Divisão MASC  
Resultados

Recordes Nacionais 50m Absoluto	25.78	Alexis Manacas Santos	FPN	Barcelona (ESP)	03-08-2013
Recordes Nacionais 50m Jun 17	26.91	Alexis Manacas Santos	FPN	Praga (CZE)	11-07-2009
Recordes Nacionais 50m Jun 18	26.58	Alexis Manacas Santos	SCP	Coimbra	10-04-2010
Recordes Nacionais 50m Sen	25.78	Alexis Manacas Santos	FPN	Barcelona (ESP)	03-08-2013

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Rodrigo Antonio Rosa	96	105214	Colegio Monte Maior	<b>27.26</b>	+0,60	685	17,00
2.	Goncalo Filipe Gregorio	93	10644	Uniao Piedense	<b>27.31</b>	+0,57	682	15,00
3.	Joao Francisco Lopes	98	107561	Braga	<b>28.13</b>	+0,62	624	14,00
4.	Paulo Andre Silva	96	105198	Vilacondense	<b>28.42</b>	+0,65	605	13,00
5.	Ruben Oliveira Lopes	97	102041	Leixoes	<b>28.68</b>	+0,64	588	12,00
6.	Soner Tunay Hadzhilar	93	119404	Benfica	<b>28.82</b>	+0,61	580	11,00
7.	Miguel Angelo Passos	96	105874	Desportiva de Viana	<b>28.85</b>	+0,64	578	10,00
8.	Job Santos Silva	96	24351	Feirense	<b>28.89</b>	+0,65	576	9,00
9.	Joao Carlos Paula	94	13992	Galitos	<b>29.06</b>	+0,70	566	8,00
10.	Joao Filipe Lucas	94	26879	Academica de Coimbra	<b>29.14</b>	+0,62	561	7,00
11.	Rodrigo Jose Guerreiro	99	120805	Louletano / Loule Concelho	<b>29.53</b>	+0,55	539	6,00
12.	Filipe Miguel Felix	96	118473	Alges	<b>29.79</b>	+0,68	525	5,00
13.	Jose Pedro Sampaio	98	108295	Foca	<b>30.12</b>	+0,75	508	4,00
14.	Andre Santa Rita	99	117781	Portinado	<b>30.64</b>	+0,55	482	3,00
15.	Pedro Ferraz Silva	98	104441	Aquatico Pacense	<b>30.68</b>	+0,57	481	2,00
16.	Alexandre Magno Carvalho	98	108284	Fluvial Portuense	<b>31.11</b>	+0,58	461	1,00

Prova 52 12-04-2015	Masc., 50m Costas 1ª Divisão				1ª Divisão MASC Resultados
Recordes Nacionais 50m Absoluto	25.78	Alexis Manacas Santos	FPN	Barcelona (ESP)	03-08-2013
Recordes Nacionais 50m Jun 17	26.91	Alexis Manacas Santos	FPN	Praga (CZE)	11-07-2009
Recordes Nacionais 50m Jun 18	26.58	Alexis Manacas Santos	SCP	Coimbra	10-04-2010
Recordes Nacionais 50m Sen	25.78	Alexis Manacas Santos	FPN	Barcelona (ESP)	03-08-2013

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Pedro Diogo Oliveira	88	11531	Estrelas S. Joao de Brito	<b>26.04</b>	+0,60	786	9,0-
2.	David Miguel Leiria	93	14530	Naval Amorense	<b>27.01</b>	+0,61	705	7,0-
3.	Adriano Miguel Niz	86	23013	Famalicao	<b>27.17</b>	+0,62	692	6,0-
4.	Alexandre Lages Ribas	97	24582	Sporting	<b>27.54</b>	+0,63	665	5,0-
5.	Gil Goncalves Pinto	88	26051	Porto	<b>27.87</b>	+0,59	641	4,0-
6.	Andre Duarte Vaz	93	10768	Nautico /Urgicentro-Sanfil	<b>28.10</b>	+0,66	626	3,0-
7.	Miguel Angelo Pinto	94	103606	Colegio Vasco da Gama	<b>29.14</b>	+0,74	561	2,0-
DNS	Andre Encantado Faria	92	148652	Amadora				-

Prova 53  
12-04-2015

Femin., 100m Mariposa  
2ª Divisão

2ª Divisão FEM  
Resultados

Recordes Nacionais 50m Absoluto	58.76	Sara Freitas Oliveira	FPN	Budapeste (HUN)	12-08-2010
Recordes Nacionais 50m Inf B	1:08.02	Ines Camacho Fernandes	SCP	S. João da Madeira	26-07-2009
Recordes Nacionais 50m Inf A	1:05.13	Ines Camacho Fernandes	FPN	Catania (ITA)	19-06-2010
Recordes Nacionais 50m Juv B	1:03.88	Ines Camacho Fernandes	FPN	Trabzon (TUR)	25-07-2011
Recordes Nacionais 50m Juv A	1:03.14	Ana Rita Francisco	SFUAP	Coimbra	05-08-1995
Recordes Nacionais 50m Jun 16	1:01.48	Sara Francisco Cruz	ADBA	Faro	20-07-2009
Recordes Nacionais 50m Jun 17	1:00.95	Sara Freitas Oliveira	FPN	Berlim (GER)	01-08-2002
Recordes Nacionais 50m Sen	58.76	Sara Freitas Oliveira	FPN	Budapeste (HUN)	12-08-2010

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ana Catarina Monteiro	93	24320	Vilacondense	<b>1:01.67</b>	+0,69	747	17,0(-)
	50m: 28.96 28.96			100m: 1:01.67 32.71				
2.	Ana Margarida Rodrigues	96	103868	Galitos	<b>1:04.41</b>	+0,75	656	15,0(-)
	50m: 30.89 30.89			100m: 1:04.41 33.52				
3.	Madalena Amaro Machado	98	105916	Academico Viseu	<b>1:05.61</b>	+0,84	621	14,0(-)
	50m: 31.00 31.00			100m: 1:05.61 34.61				
4.	Bruna Elisabete Paulino	97	102345	Alcobaca	<b>1:06.17</b>	+0,85	605	13,0(-)
	50m: 31.34 31.34			100m: 1:06.17 34.83				
	Giovanna Vaz Vargas	00	110957	Nautico Marinha Grande	<b>1:06.17</b>		605	13,0(-)
	50m: 31.35 31.35			100m: 1:06.17 34.82				
6.	Alexandra Jesus Santos	00	117408	Leixoes	<b>1:06.27</b>	+0,77	602	11,0(-)
	50m: 31.34 31.34			100m: 1:06.27 34.93				
7.	Beatriz Neves Craveiro	97	106762	Nautico/Urgicentro-Sanfil	<b>1:06.28</b>	+0,79	602	10,0(-)
	50m: 31.64 31.64			100m: 1:06.28 34.64				
8.	Catia Raquel Martinheira	95	25940	Louletano / Loule Concelho	<b>1:06.48</b>	+0,72	597	9,0(-)
	50m: 31.15 31.15			100m: 1:06.48 35.33				
9.	Amelia Pereira Fernandes	89	15951	Academica de Coimbra	<b>1:07.04</b>	+0,83	582	8,0(-)
	50m: 31.39 31.39			100m: 1:07.04 35.65				
10.	Rita Silva Fernandes	96	111206	Colegio Vasco da Gama	<b>1:07.14</b>	+0,83	579	7,0(-)
	50m: 32.30 32.30			100m: 1:07.14 34.84				
11.	Lara Alexandra Vaz	99	110696	Desportiva de Viana	<b>1:08.19</b>		553	6,0(-)
	50m: 31.72 31.72			100m: 1:08.19 36.47				
12.	Maria Leonor Martins	99	107962	Aquatico Pacense	<b>1:08.75</b>	+0,81	539	5,0(-)
	50m: 32.78 32.78			100m: 1:08.75 35.97				
13.	Sofia Oliveira Pinto	94	12766	Benfica	<b>1:11.21</b>	+0,78	485	4,0(-)
	50m: 32.48 32.48			100m: 1:11.21 38.73				
14.	Patricia Miguel Mendes	96	25590	Naval Amorense	<b>1:11.83</b>	+0,69	473	3,0(-)
	50m: 33.20 33.20			100m: 1:11.83 38.63				
15.	Ana Catarina Oliveira	99	112314	Geslours	<b>1:11.93</b>	+0,78	471	2,0(-)
	50m: 33.41 33.41			100m: 1:11.93 38.52				
16.	Ines Ferreira Duarte	01	118260	Nautico Abrantes	<b>1:15.84</b>	+0,86	402	1,0(-)
	50m: 34.34 34.34			100m: 1:15.84 41.50				

Prova 54  
12-04-2015

Femin., 100m Mariposa  
1ª Divisão

1ª Divisão FEM  
Resultados

Recordes Nacionais 50m Absoluto	58.76	Sara Freitas Oliveira	FPN	Budapeste (HUN)	12-08-2010
Recordes Nacionais 50m Inf B	1:08.02	Ines Camacho Fernandes	SCP	S. João da Madeira	26-07-2009
Recordes Nacionais 50m Inf A	1:05.13	Ines Camacho Fernandes	FPN	Catania (ITA)	19-06-2010
Recordes Nacionais 50m Juv B	1:03.88	Ines Camacho Fernandes	FPN	Trabzon (TUR)	25-07-2011
Recordes Nacionais 50m Juv A	1:03.14	Ana Rita Francisco	SFUAP	Coimbra	05-08-1995
Recordes Nacionais 50m Jun 16	1:01.48	Sara Francisco Cruz	ADBA	Faro	20-07-2009
Recordes Nacionais 50m Jun 17	1:00.95	Sara Freitas Oliveira	FPN	Berlim (GER)	01-08-2002
Recordes Nacionais 50m Sen	58.76	Sara Freitas Oliveira	FPN	Budapeste (HUN)	12-08-2010

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Sara Freitas Oliveira 50m: 28.33 28.33	85	23045	Porto 100m: 1:01.58 33.25	<b>1:01.58</b>	+0,68	751	9,0-
2.	Carolina Mantua Guedes 50m: 30.59 30.59	98	110539	Sporting 100m: 1:04.95 34.36	<b>1:04.95</b>	+0,80	640	7,0-
3.	Sofia Alexandra Branco 50m: 30.58 30.58	98	116596	Alges 100m: 1:05.18 34.60	<b>1:05.18</b>	+0,76	633	6,0-
4.	Ana Sofia Nobrega 50m: 30.65 30.65	90	24785	Ginasio Vila Real 100m: 1:05.53 34.88	<b>1:05.53</b>		623	5,0-
5.	Soraia Vanessa Ribeiro 50m: 32.17 32.17	92	15857	Amadora 100m: 1:06.75 34.58	<b>1:06.75</b>	+0,97	589	4,0-
6.	Ana Marta Miranda 50m: 30.78 30.78	96	100377	Uniao Piedense 100m: 1:07.47 36.69	<b>1:07.47</b>	+0,75	571	3,0-
7.	Debora Guimaraes Oliveira 50m: 31.43 31.43	96	105629	Braga 100m: 1:07.82 36.39	<b>1:07.82</b>	+0,76	562	2,0-
8.	Cristiana Sofia Ribeiro 50m: 31.76 31.76	00	125475	Famalicao 100m: 1:07.98 36.22	<b>1:07.98</b>	+0,74	558	1,0-



Prova 55  
12-04-2015

Masc., 100m Mariposa  
2ª Divisão

2ª Divisão MASC  
Resultados

Recordes Nacionais 50m Absoluto	52.42	Diogo Filipe Carvalho	CGA	Lisboa	29-03-2009
Recordes Nacionais 50m Inf B	1:03.64	Fabio Parrilha da Silva	CNAL	S. João da Madeira	22-07-2000
Recordes Nacionais 50m Inf A	1:00.27	Fabio Parrilha da Silva	CNAL	Campanhã	28-07-2001
Recordes Nacionais 50m Juv B	57.58	David Miguel Ferro	SFUAP	Lisboa	31-07-1999
Recordes Nacionais 50m Juv A	56.11	Pedro Diogo Oliveira	CNRM	Lisboa	29-07-2004
Recordes Nacionais 50m Jun 17	54.77	Tiago Andre Venancio	CNS	Oeiras	29-07-2004
Recordes Nacionais 50m Jun 18	54.66	Diogo Filipe Carvalho	CGA	Lisboa	25-03-2006
Recordes Nacionais 50m Sen	52.42	Diogo Filipe Carvalho	CGA	Lisboa	29-03-2009

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Pedro Andre Santos 50m: 26.78 26.78	94	15732	Alges 100m: 56.07 29.29	<b>56.07</b>	+0,69	701	17,00
2.	Diogo Fontes Moreira 50m: 26.17 26.17	93	13359	Leixoes 100m: 56.28 30.11	<b>56.28</b>	+0,72	693	15,00
3.	Alexandre Escudier Agostinho 50m: 25.56 25.56	86	12668	Portinado 100m: 57.19 31.63	<b>57.19</b>	+0,71	661	14,00
4.	Ruben Filipe Nunes 50m: 27.42 27.42	94	23302	Aquatico Pacense 100m: 57.43 30.01	<b>57.43</b>	+0,78	652	13,00
5.	Andre Antunes Carvalho 50m: 26.55 26.55	96	105239	Colegio Monte Maior 100m: 57.55 31.00	<b>57.55</b>	+0,77	648	12,00
6.	Jose Paula Carvalho 50m: 27.39 27.39	98	111450	Uniao Piedense 100m: 58.47 31.08	<b>58.47</b>	+0,74	618	11,00
7.	Joao Pedro Santos 50m: 27.05 27.05	96	101954	Vilacondense 100m: 58.95 31.90	<b>58.95</b>	+0,70	603	10,00
8.	Rodrigo Carlos Albuquerque 50m: 27.69 27.69	97	107565	Braga 100m: 59.00 31.31	<b>59.00</b>	+0,71	602	9,00
9.	Emanuel Augusto Pinho 50m: 27.36 27.36	93	14295	Feirense 100m: 59.09 31.73	<b>59.09</b>	+0,68	599	8,00
10.	Joao Pedro Neves 50m: 27.22 27.22	96	104336	Benfica 100m: 59.12 31.90	<b>59.12</b>	+0,73	598	7,00
11.	Tiago Martins Boleta 50m: 27.32 27.32	98	107597	Louletano / Loule Concelho 100m: 59.50 32.18	<b>59.50</b>	+0,74	587	6,00
12.	Nuno Miguel Graca 50m: 27.11 27.11	98	105631	Desportiva de Viana 100m: 59.72 32.61	<b>59.72</b>	+0,79	580	5,00
13.	Joao Filipe Lucas 50m: 27.99 27.99	94	26879	Academica de Coimbra 100m: 59.73 31.74	<b>59.73</b>	+0,69	580	4,00
14.	Joao Carlos Paula 50m: 28.03 28.03	94	13992	Galitos 100m: 1:00.20 32.17	<b>1:00.20</b>	+0,82	566	3,00
15.	Ivo Pinto Ribeiro 50m: 26.99 26.99	97	108299	Foca 100m: 1:00.64 33.65	<b>1:00.64</b>		554	2,00
16.	Sergio Filipe Travanca 50m: 29.62 29.62	00	117385	Fluvial Portuense 100m: 1:04.83 35.21	<b>1:04.83</b>	+0,66	453	1,00

Prova 56 12-04-2015	Masc., 100m Mariposa 1ª Divisão				1ª Divisão MASC Resultados
Recordes Nacionais 50m Absoluto	52.42	Diogo Filipe Carvalho	CGA	Lisboa	29-03-2009
Recordes Nacionais 50m Inf B	1:03.64	Fabio Parrilha da Silva	CNAL	S. João da Madeira	22-07-2000
Recordes Nacionais 50m Inf A	1:00.27	Fabio Parrilha da Silva	CNAL	Campanhã	28-07-2001
Recordes Nacionais 50m Juv B	57.58	David Miguel Ferro	SFUAP	Lisboa	31-07-1999
Recordes Nacionais 50m Juv A	56.11	Pedro Diogo Oliveira	CNRM	Lisboa	29-07-2004
Recordes Nacionais 50m Jun 17	54.77	Tiago Andre Venancio	CNS	Oeiras	29-07-2004
Recordes Nacionais 50m Jun 18	54.66	Diogo Filipe Carvalho	CGA	Lisboa	25-03-2006
Recordes Nacionais 50m Sen	52.42	Diogo Filipe Carvalho	CGA	Lisboa	29-03-2009

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Alexis Manacas Santos	92	13704	Sporting	<b>54.55</b>	+0,74	761	9,0-
	50m: 26.19 26.19			100m: 54.55 28.36				
2.	Duarte Rafael Mourao	84	13018	Estrelas S. Joao de Brito	<b>55.62</b>	+0,68	718	7,0-
	50m: 25.49 25.49			100m: 55.62 30.13				
3.	Carlos Filipe Santos	91	15694	Porto	<b>56.75</b>	+0,67	676	6,0-
	50m: 26.04 26.04			100m: 56.75 30.71				
4.	Joao Carlos Silva	98	108379	Famalicao	<b>58.12</b>	+0,66	629	5,0-
	50m: 26.68 26.68			100m: 58.12 31.44				
5.	Ricardo Verissimo Sousa	93	25548	Colegio Vasco da Gama	<b>58.50</b>	+0,65	617	4,0-
	50m: 27.57 27.57			100m: 58.50 30.93				
6.	Tiago Ferreira Azevedo	95	103574	Naval Amorense	<b>58.72</b>	+0,63	610	3,0-
	50m: 27.18 27.18			100m: 58.72 31.54				
7.	Francisco Xavier Goncalves	97	26878	Nautico /Urgicentro-Sanfil	<b>1:00.33</b>	+0,70	563	2,0-
	50m: 28.06 28.06			100m: 1:00.33 32.27				
DNS	Joao Dias Quiterio	02	147113	Amadora				-

Prova 57	Femin., 400m Estilos				2ª Divisão FEM
12-04-2015 - 16:00	2ª Divisão				Resultados
Recordes Nacionais 50m Absoluto	4:45.69	Victoria Kaminskaya	FPN	Malaga (ESP)	29-03-2015
Recordes Nacionais 50m Inf B	5:14.05	Filipa Vilas Ruivo	DNMG	S. João da Madeira	24-07-2009
Recordes Nacionais 50m Inf A	5:11.29	Diana Ramos Rocha	EDV	Faro	20-07-2007
Recordes Nacionais 50m Juv B	5:01.04	Susana Patricia Miguel	SFUAP	Lisboa	08-07-2004
Recordes Nacionais 50m Juv A	4:58.08	Diana Margarida Duraes	FOCA	Póvoa de Varzim	05-08-2011
Recordes Nacionais 50m Jun 16	4:57.84	Victoria Kaminskaya	PIMP	Oeiras	19-02-2011
Recordes Nacionais 50m Jun 17	4:52.12	Victoria Kaminskaya	PIMP	Oeiras	27-07-2012
Recordes Nacionais 50m Sen	4:45.69	Victoria Kaminskaya	FPN	Malaga (ESP)	29-03-2015

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ana Catarina Monteiro	93	24320	Vilacondense	<b>4:56.17</b>	+0,74	744	17,0(-)
	50m: 29.94 29.94			150m: 1:42.97 39.41	250m: 3:04.69 43.50	350m: 4:23.50 35.33		
	100m: 1:03.56 33.62			200m: 2:21.19 38.22	300m: 3:48.17 43.48	400m: 4:56.17 32.67		
2.	Ines Neto Rocha	01	111313	Aquatico Pacense	<b>5:04.93</b>	+0,90	682	15,0(-)
	50m: 32.88 32.88			150m: 1:49.43 39.52	250m: 3:11.01 42.95	350m: 4:30.08 36.18		
	100m: 1:09.91 37.03			200m: 2:28.06 38.63	300m: 3:53.90 42.89	400m: 5:04.93 34.85		
3.	Paula Goyanes Garcia	98	148728	Desportiva de Viana	<b>5:05.44</b>	+0,80	678	14,0(-)
	50m: 31.87 31.87			150m: 1:48.44 38.97	250m: 3:12.09 44.62	350m: 4:31.87 34.24		
	100m: 1:09.47 37.60			200m: 2:27.47 39.03	300m: 3:57.63 45.54	400m: 5:05.44 33.57		
4.	Giovanna Vaz Vargas	00	110957	Nautico Marinha Grande	<b>5:05.76</b>	+0,87	676	13,0(-)
	50m: 32.29 32.29			150m: 1:48.30 39.63	250m: 3:11.43 44.51	350m: 4:31.42 35.78		
	100m: 1:08.67 36.38			200m: 2:26.92 38.62	300m: 3:55.64 44.21	400m: 5:05.76 34.34		
5.	Rita Costa Amador	99	105665	Galitos	<b>5:09.26</b>	+0,75	653	12,0(-)
	50m: 32.60 32.60			150m: 1:49.30 39.69	250m: 3:13.37 44.84	350m: 4:34.24 35.57		
	100m: 1:09.61 37.01			200m: 2:28.53 39.23	300m: 3:58.67 45.30	400m: 5:09.26 35.02		
6.	Maria Madalena Silva	98	116614	Nautico Abrantes	<b>5:13.15</b>	+0,74	629	11,0(-)
	50m: 32.45 32.45			150m: 1:51.51 41.35	250m: 3:17.14 44.88	350m: 4:38.62 37.12		
	100m: 1:10.16 37.71			200m: 2:32.26 40.75	300m: 4:01.50 44.36	400m: 5:13.15 34.53		
7.	Teresa Miguel Veloso	00	103876	Nautico /Urgicentro-Sanfil	<b>5:14.55</b>	+0,74	621	10,0(-)
	50m: 32.55 32.55			150m: 1:52.03 41.29	250m: 3:18.08 45.12	350m: 4:40.57 36.13		
	100m: 1:10.74 38.19			200m: 2:32.96 40.93	300m: 4:04.44 46.36	400m: 5:14.55 33.98		
8.	Raquel Paulo Ranito	94	25504	Colegio Vasco da Gama	<b>5:14.78</b>	+0,74	620	9,0(-)
	50m: 32.51 32.51			150m: 1:51.01 40.92	250m: 3:16.71 45.54	350m: 4:39.20 36.73		
	100m: 1:10.09 37.58			200m: 2:31.17 40.16	300m: 4:02.47 45.76	400m: 5:14.78 35.58		
9.	Sofia Prates Silvestre	95	121320	Naval Amorense	<b>5:21.56</b>	+0,73	581	8,0(-)
	50m: 32.75 32.75			150m: 1:53.10 42.00	250m: 3:21.75 47.27	350m: 4:45.22 36.42		
	100m: 1:11.10 38.35			200m: 2:34.48 41.38	300m: 4:08.80 47.05	400m: 5:21.56 36.34		
10.	Beatriz Lopes Pinto	99	124194	Academica de Coimbra	<b>5:24.83</b>	+0,96	564	7,0(-)
	50m: 34.11 34.11			150m: 1:56.06 42.70	250m: 3:24.94 47.55	350m: 4:49.88 37.14		
	100m: 1:13.36 39.25			200m: 2:37.39 41.33	300m: 4:12.74 47.80	400m: 5:24.83 34.95		
11.	Ines Maria Pereira	99	105607	Leixoes	<b>5:27.34</b>	+0,81	551	6,0(-)
	50m: 33.27 33.27			150m: 1:55.25 44.15	250m: 3:24.68 48.03	350m: 4:50.57 38.23		
	100m: 1:11.10 37.83			200m: 2:36.65 41.40	300m: 4:12.34 47.66	400m: 5:27.34 36.77		
12.	Bruna Elisabete Paulino	97	102345	Alcobaca	<b>5:30.30</b>	+0,84	536	5,0(-)
	50m: 31.71 31.71			150m: 1:51.01 42.49	250m: 3:21.63 49.69	350m: 4:51.90 39.28		
	100m: 1:08.52 36.81			200m: 2:31.94 40.93	300m: 4:12.62 50.99	400m: 5:30.30 38.40		
13.	Claudia Ferreira Borges	99	116591	Benfica	<b>5:32.92</b>	+0,74	524	4,0(-)
	50m: 34.53 34.53			150m: 2:00.85 45.14	250m: 3:30.19 45.79	350m: 4:54.69 38.91		
	100m: 1:15.71 41.18			200m: 2:44.40 43.55	300m: 4:15.78 45.59	400m: 5:32.92 38.23		
14.	Sara Alexandra Sousa	01	125345	Geslourses	<b>5:39.51</b>	+0,76	494	3,0(-)
	50m: 35.95 35.95			150m: 2:00.94 44.15	250m: 3:33.84 49.10	350m: 5:02.90 39.50		
	100m: 1:16.79 40.84			200m: 2:44.74 43.80	300m: 4:23.40 49.56	400m: 5:39.51 36.61		

Prova 57, Femin., 400m Estilos, 2ª Divisão FEM

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
15.	Joana Nunes Cardeal	02	124752	Academico Viseu	<b>5:44.20</b>	+0,94	474	2,0(-
	50m: 36.29 36.29		150m: 2:05.27	43.17	250m: 3:37.46	48.90	350m: 5:05.70	38.94
	100m: 1:22.10 45.81		200m: 2:48.56	43.29	300m: 4:26.76	49.30	400m: 5:44.20	38.50
16.	Catarina Vitorino Santos	02	123967	Louletano / Loule Concelho	<b>5:55.48</b>	+0,88	430	1,0(-
	50m: 36.67 36.67		150m: 2:12.34	46.94	250m: 3:44.15	46.85	350m: 5:15.22	41.43
	100m: 1:25.40 48.73		200m: 2:57.30	44.96	300m: 4:33.79	49.64	400m: 5:55.48	40.26

Prova 58 12-04-2015	Femin., 400m Estilos 1ª Divisão				1ª Divisão FEM Resultados
Recordes Nacionais 50m Absoluto	4:45.69	Victoria Kaminskaya	FPN	Malaga (ESP)	29-03-2015
Recordes Nacionais 50m Inf B	5:14.05	Filipa Vilas Ruivo	DNMG	S. João da Madeira	24-07-2009
Recordes Nacionais 50m Inf A	5:11.29	Diana Ramos Rocha	EDV	Faro	20-07-2007
Recordes Nacionais 50m Juv B	5:01.04	Susana Patricia Miguel	SFUAP	Lisboa	08-07-2004
Recordes Nacionais 50m Juv A	4:58.08	Diana Margarida Duraes	FOCA	Póvoa de Varzim	05-08-2011
Recordes Nacionais 50m Jun 16	4:57.84	Victoria Kaminskaya	PIMP	Oeiras	19-02-2011
Recordes Nacionais 50m Jun 17	4:52.12	Victoria Kaminskaya	PIMP	Oeiras	27-07-2012
Recordes Nacionais 50m Sen	4:45.69	Victoria Kaminskaya	FPN	Malaga (ESP)	29-03-2015

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Madalena Gomes Azevedo	99	110160	Alges	<b>4:58.90</b>	+0,77	724	9,0(-)
	50m: 32.10 32.10			150m: 1:49.49 39.25	250m: 3:11.27 43.39	350m: 4:28.24 32.50		
	100m: 1:10.24 38.14			200m: 2:27.88 38.39	300m: 3:55.74 44.47	400m: 4:58.90 30.66		
2.	Maria Francisca Cabral	00	118113	Porto	<b>5:00.86</b>	+0,85	710	7,0(-)
	50m: 32.09 32.09			150m: 1:47.56 39.42	250m: 3:09.41 43.39	350m: 4:27.60 33.90		
	100m: 1:08.14 36.05			200m: 2:26.02 38.46	300m: 3:53.70 44.29	400m: 5:00.86 33.26		
3.	Ana Beatriz Martins	99	108375	Famalicao	<b>5:05.08</b>	+0,83	681	6,0(-)
	50m: 32.10 32.10			150m: 1:50.75 40.97	250m: 3:14.18 43.28	350m: 4:32.02 34.27		
	100m: 1:09.78 37.68			200m: 2:30.90 40.15	300m: 3:57.75 43.57	400m: 5:05.08 33.06		
4.	Carolina Mantua Guedes	98	110539	Sporting	<b>5:09.62</b>	+0,78	651	5,0(-)
	50m: 30.95 30.95			150m: 1:50.29 43.04	250m: 3:17.43 44.18	350m: 4:36.54 34.36		
	100m: 1:07.25 36.30			200m: 2:33.25 42.96	300m: 4:02.18 44.75	400m: 5:09.62 33.08		
5.	Helena Paula Carvalho	95	107307	Uniao Piedense	<b>5:10.86</b>	+0,73	643	4,0(-)
	50m: 33.12 33.12			150m: 1:51.37 40.70	250m: 3:16.63 46.23	350m: 4:38.12 35.14		
	100m: 1:10.67 37.55			200m: 2:30.40 39.03	300m: 4:02.98 46.35	400m: 5:10.86 32.74		
6.	Margarida Malheiro Neves	01	121259	Braga	<b>5:40.05</b>	+0,83	491	3,0(-)
	50m: 33.29 33.29			150m: 1:54.95 43.24	250m: 3:29.34 52.08	350m: 5:01.13 38.81		
	100m: 1:11.71 38.42			200m: 2:37.26 42.31	300m: 4:22.32 52.98	400m: 5:40.05 38.92		
7.	Luana Correia Rodrigues	01	121504	Amadora	<b>6:14.58</b>	+0,76	368	2,0(-)
	50m: 41.34 41.34			150m: 2:18.69 45.91	250m: 3:54.69 50.86	350m: 5:32.21 43.79		
	100m: 1:32.78 51.44			200m: 3:03.83 45.14	300m: 4:48.42 53.73	400m: 6:14.58 42.37		
DSQ	Maria Margarida Fernandes	99	110203	Ginasio Vila Real				-
	<i>603 - Após viragem saiu em posição ventral aos 100 m - SW 6.2</i>							

Prova 59 12-04-2015	Masc., 400m Estilos 2ª Divisão				2ª Divisão MASC Resultados	
Recordes Nacionais 50m Absoluto	4:16.30	Alexis Manacas Santos	FPN	Barcelona (ESP)	04-09-2013	
Recordes Nacionais 50m Inf B	4:54.87	Andre Vilas Ruivo	DNMG	S. João da Madeira	12-07-2013	
Recordes Nacionais 50m Inf A	4:46.20	Tomas Miguel Freitas	CDN	Póvoa Varzim	23-07-2004	
Recordes Nacionais 50m Juv B	4:37.06	Joao Alexandre Vital	FPN	Utrecht (NED)	16-07-2013	
Recordes Nacionais 50m Juv A	4:32.66	Joao Alexandre Vital	ADRCIMM	Coimbra	01-06-2014	
Recordes Nacionais 50m Jun 17	4:30.51	Carlos Esteves Almeida	CNA	Oeiras	18-03-2005	
Recordes Nacionais 50m Jun 18	4:26.40	Alexis Manacas Santos	SCP	Coimbra	30-07-2010	
Recordes Nacionais 50m Sen	4:16.30	Alexis Manacas Santos	FPN	Barcelona (ESP)	04-08-2013	

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Diogo Filipe Carvalho	88	12277	Galitos	<b>4:18.67</b>	+0,70	837	17,00
	50m: 26.69 26.69		150m: 1:32.93 34.50	250m: 2:42.78 35.81	350m: 3:49.15 30.10			
	100m: 58.43 31.74		200m: 2:06.97 34.04	300m: 3:19.05 36.27	400m: 4:18.67 29.52			
2.	Joao Alexandre Vital	98	110165	Colegio Monte Maior	<b>4:30.65</b>	+0,71	731	15,00
	50m: 28.44 28.44		150m: 1:35.12 34.04	250m: 2:47.84 39.35	350m: 3:59.46 32.10			
	100m: 1:01.08 32.64		200m: 2:08.49 33.37	300m: 3:27.36 39.52	400m: 4:30.65 31.19			
3.	Miguel Duarte Nascimento	95	14944	Portinado	<b>4:34.10</b>	+0,64	704	14,00
	50m: 27.67 27.67		150m: 1:33.73 35.99	250m: 2:49.81 40.11	350m: 4:02.85 32.09			
	100m: 57.74 30.07		200m: 2:09.70 35.97	300m: 3:30.76 40.95	400m: 4:34.10 31.25			
4.	Pedro Barros Mendes	94	11195	Academica de Coimbra	<b>4:39.65</b>	+0,73	662	13,00
	50m: 29.61 29.61		150m: 1:39.44 35.76	250m: 2:54.53 40.10	350m: 4:08.45 33.26			
	100m: 1:03.68 34.07		200m: 2:14.43 34.99	300m: 3:35.19 40.66	400m: 4:39.65 31.20			
5.	Tiago Silva Oliveira	94	15465	Leixoes	<b>4:40.32</b>	+0,72	658	12,00
	50m: 29.92 29.92		150m: 1:42.06 37.32	250m: 2:59.82 41.26	350m: 4:11.20 29.60			
	100m: 1:04.74 34.82		200m: 2:18.56 36.50	300m: 3:41.60 41.78	400m: 4:40.32 29.12			
6.	Paulo Andre Silva	96	105198	Vilacondense	<b>4:40.61</b>	+0,67	656	11,00
	50m: 27.72 27.72		150m: 1:37.95 37.41	250m: 2:55.48 40.51	350m: 4:09.06 32.45			
	100m: 1:00.54 32.82		200m: 2:14.97 37.02	300m: 3:36.61 41.13	400m: 4:40.61 31.55			
7.	Ruben Filipe Nunes	94	23302	Aquatico Pacense	<b>4:42.61</b>	+0,82	642	10,00
	50m: 29.29 29.29		150m: 1:40.05 37.04	250m: 2:56.73 39.76	350m: 4:10.02 32.92			
	100m: 1:03.01 33.72		200m: 2:16.97 36.92	300m: 3:37.10 40.37	400m: 4:42.61 32.59			
8.	Hugo Pon	98	110164	Alges	<b>4:43.84</b>	+0,70	634	9,00
	50m: 29.55 29.55		150m: 1:41.86 37.42	250m: 2:57.86 39.24	350m: 4:11.71 33.47			
	100m: 1:04.44 34.89		200m: 2:18.62 36.76	300m: 3:38.24 40.38	400m: 4:43.84 32.13			
9.	Jose Paula Carvalho	98	111450	Uniao Piedense	<b>4:43.98</b>	+0,78	633	8,00
	50m: 28.33 28.33		150m: 1:39.42 38.94	250m: 2:58.19 41.32	350m: 4:13.48 32.62			
	100m: 1:00.48 32.15		200m: 2:16.87 37.45	300m: 3:40.86 42.67	400m: 4:43.98 30.50			
10.	Guilherme Miguel Teixeira	97	105091	Benfica	<b>4:44.71</b>	+0,72	628	7,00
	50m: 28.08 28.08		150m: 1:39.66 37.96	250m: 2:56.13 39.72	350m: 4:12.48 35.05			
	100m: 1:01.70 33.62		200m: 2:16.41 36.75	300m: 3:37.43 41.30	400m: 4:44.71 32.23			
11.	Daniel Sanchez Louzan	98	148730	Desportiva de Viana	<b>4:46.41</b>	+0,70	617	6,00
	50m: 30.12 30.12		150m: 1:44.85 38.46	250m: 3:04.03 42.57	350m: 4:17.45 30.83			
	100m: 1:06.39 36.27		200m: 2:21.46 36.61	300m: 3:46.62 42.59	400m: 4:46.41 28.96			
12.	Jose Pedro Sampaio	98	108295	Foca	<b>4:46.92</b>	+0,81	613	5,00
	50m: 30.04 30.04		150m: 1:42.35 36.95	250m: 3:00.78 41.13	350m: 4:16.91 33.01			
	100m: 1:05.40 35.36		200m: 2:19.65 37.30	300m: 3:43.90 43.12	400m: 4:46.92 30.01			
13.	Jorge Jesus Silva	00	121941	Braga	<b>4:49.72</b>	+0,86	596	4,00
	50m: 30.67 30.67		150m: 1:44.82 39.76	250m: 3:04.30 40.93	350m: 4:18.66 32.77			
	100m: 1:05.06 34.39		200m: 2:23.37 38.55	300m: 3:45.89 41.59	400m: 4:49.72 31.06			
14.	Joao Luis Travanca	97	104716	Fluvial Portuense	<b>4:56.03</b>	+0,88	558	3,00
	50m: 30.33 30.33		150m: 1:45.50 40.18	250m: 3:06.65 43.06	350m: 4:24.27 33.73			
	100m: 1:05.32 34.99		200m: 2:23.59 38.09	300m: 3:50.54 43.89	400m: 4:56.03 31.76			

Prova 59, Masc., 400m Estilos, 2ª Divisão MASC

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
15.	Eduardo Cardoso Lopes	99	107596	Louletano / Loule Concelho	<b>5:02.42</b>	+0,78	524	2,00
	50m: 30.93 30.93		150m: 1:46.56 39.28	250m: 3:08.89 44.32	350m: 4:28.80 34.52			
	100m: 1:07.28 36.35		200m: 2:24.57 38.01	300m: 3:54.28 45.39	400m: 5:02.42 33.62			
16.	Andre Filipe Correia	97	118799	Feirense	<b>5:27.31</b>	+0,80	413	1,00
	50m: 32.00 32.00		150m: 1:58.11 47.11	250m: 3:25.28 42.83	350m: 4:50.67 40.41			
	100m: 1:11.00 39.00		200m: 2:42.45 44.34	300m: 4:10.26 44.98	400m: 5:27.31 36.64			

Prova 60 12-04-2015	Masc., 400m Estilos 1ª Divisão				1ª Divisão MASC Resultados	
Recordes Nacionais 50m Absoluto	4:16.30	Alexis Manacas Santos	FPN	Barcelona (ESP)	04-09-2013	
Recordes Nacionais 50m Inf B	4:54.87	Andre Vilas Ruivo	DNMG	S. João da Madeira	12-07-2013	
Recordes Nacionais 50m Inf A	4:46.20	Tomas Miguel Freitas	CDN	Póvoa Varzim	23-07-2004	
Recordes Nacionais 50m Juv B	4:37.06	Joao Alexandre Vital	FPN	Utrecht (NED)	16-07-2013	
Recordes Nacionais 50m Juv A	4:32.66	Joao Alexandre Vital	ADRCIMM	Coimbra	01-06-2014	
Recordes Nacionais 50m Jun 17	4:30.51	Carlos Esteves Almeida	CNA	Oeiras	18-03-2005	
Recordes Nacionais 50m Jun 18	4:26.40	Alexis Manacas Santos	SCP	Coimbra	30-07-2010	
Recordes Nacionais 50m Sen	4:16.30	Alexis Manacas Santos	FPN	Barcelona (ESP)	04-08-2013	

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Pedro Miguel Pinotes	89	26732	Sporting	<b>4:24.99</b>	+0,72	779	9,0(-)
	50m: 28.23 28.23			150m: 1:35.31 34.21	250m: 2:46.15 36.74	350m: 3:54.41 31.25		
	100m: 1:01.10 32.87			200m: 2:09.41 34.10	300m: 3:23.16 37.01	400m: 4:24.99 30.58		
2.	Tomas Miguel Veloso	96	10868	Nautico /Urgicentro-Sanfil	<b>4:30.10</b>	+0,67	735	7,0(-)
	50m: 28.32 28.32			150m: 1:36.66 35.64	250m: 2:49.03 37.61	350m: 3:58.74 31.99		
	100m: 1:01.02 32.70			200m: 2:11.42 34.76	300m: 3:26.75 37.72	400m: 4:30.10 31.36		
3.	Tomas Correia Silva	95	23367	Porto	<b>4:37.91</b>	+0,70	675	6,0(-)
	50m: 27.92 27.92			150m: 1:38.06 36.51	250m: 2:54.09 39.34	350m: 4:06.09 32.63		
	100m: 1:01.55 33.63			200m: 2:14.75 36.69	300m: 3:33.46 39.37	400m: 4:37.91 31.82		
4.	Diogo Gomes Sousa	95	25455	Estrelas S. Joao de Brito	<b>4:39.62</b>	+0,72	663	5,0(-)
	50m: 28.12 28.12			150m: 1:37.00 34.75	250m: 2:52.80 40.39	350m: 4:07.12 33.20		
	100m: 1:02.25 34.13			200m: 2:12.41 35.41	300m: 3:33.92 41.12	400m: 4:39.62 32.50		
5.	Ricardo Amorim Rego	84	15954	Famalicao	<b>4:46.28</b>	+0,83	617	4,0(-)
	50m: 29.19 29.19			150m: 1:40.18 36.83	250m: 2:57.38 39.63	350m: 4:12.39 34.41		
	100m: 1:03.35 34.16			200m: 2:17.75 37.57	300m: 3:37.98 40.60	400m: 4:46.28 33.89		
6.	Joao Carlos Santos	96	104253	Naval Amorense	<b>4:48.29</b>	+0,70	605	3,0(-)
	50m: 30.76 30.76			150m: 1:43.43 37.72	250m: 3:01.85 41.38	350m: 4:17.39 32.51		
	100m: 1:05.71 34.95			200m: 2:20.47 37.04	300m: 3:44.88 43.03	400m: 4:48.29 30.90		
7.	Henrique Lourenco Ferreira	99	112534	Colegio Vasco da Gama	<b>5:09.33</b>	+0,65	489	2,0(-)
	50m: 30.57 30.57			150m: 1:48.95 41.86	250m: 3:14.70 45.28	350m: 4:36.11 35.64		
	100m: 1:07.09 36.52			200m: 2:29.42 40.47	300m: 4:00.47 45.77	400m: 5:09.33 33.22		
DNS	Joao Figueiredo Narra	69	128970	Amadora				-



Prova 61  
12-04-2015

Femin., 100m Livres  
2ª Divisão

2ª Divisão FEM  
Resultados

Recordes Nacionais 50m Absoluto	56.41	Ana Sofia Leite	GCVR	Coimbra	04-04-2015
Recordes Nacionais 50m Inf B	1:02.16	Ines Camacho Fernandes	SCP	S. João da Madeira	25-07-2009
Recordes Nacionais 50m Inf A	59.73	Ines Camacho Fernandes	FPN	Catania (ITA)	20-06-2010
Recordes Nacionais 50m Juv B	59.78	Ines Camacho Fernandes	FPN	Limassol (CYP)	16-04-2011
Recordes Nacionais 50m Juv A	57.75	Maria Carolina Rosa	FPN	Prague (CZE)	08-07-2009
Recordes Nacionais 50m Jun 16	58.40	Ana Pinho Rodrigues	AEJ	Coimbra	09-04-2010
Recordes Nacionais 50m Jun 17	57.72	Diana Margarida Duraes	FCP	Coimbra	26-05-2013
Recordes Nacionais 50m Sen	56.41	Ana Sofia Leite	GCVR	Coimbra	04-04-2015

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Raquel Maurile Taveira 50m: 28.14 28.14	95	105392	Academica de Coimbra 100m: 58.84 30.70	<b>58.84</b>	+0,72	693	17,0(-)
2.	Catarina Maria Ferreira 50m: 28.17 28.17	98	106534	Desportiva de Viana 100m: 59.70 31.53	<b>59.70</b>	+0,73	663	15,0(-)
3.	Ana Filipa Gomes 50m: 29.96 29.96	96	107376	Vilacondense 100m: 1:01.55 31.59	<b>1:01.55</b>	+0,85	605	14,0(-)
4.	Carolina Santos Albuquerque 50m: 30.49 30.49	99	132456	Colegio Vasco da Gama 100m: 1:02.21 31.72	<b>1:02.21</b>	+0,78	586	13,0(-)
5.	Joana Costa Amador 50m: 30.24 30.24	01	117714	Galitos 100m: 1:02.28 32.04	<b>1:02.28</b>	+0,75	584	12,0(-)
6.	Marta Ferreira Rocha 50m: 29.63 29.63	99	110558	Leixoes 100m: 1:02.52 32.89	<b>1:02.52</b>	+0,71	577	11,0(-)
7.	Ana Monica Eloi 50m: 30.20 30.20	96	107038	Nautico Marinha Grande 100m: 1:02.66 32.46	<b>1:02.66</b>	+0,81	573	10,0(-)
8.	Isis Sousa Severino 50m: 29.91 29.91	02	123970	Louletano / Loule Concelho 100m: 1:02.72 32.81	<b>1:02.72</b>	+0,73	572	9,0(-)
9.	Sofia Alexandra Rolao 50m: 29.67 29.67	98	108413	Naval Amorense 100m: 1:02.88 33.21	<b>1:02.88</b>	+0,82	567	8,0(-)
10.	Matilde Domingues Gameiro 50m: 30.14 30.14	97	101116	Nautico /Urgicentro-Sanfil 100m: 1:03.36 33.22	<b>1:03.36</b>	+0,85	555	7,0(-)
11.	Beatriz Pereira Cunha 50m: 29.92 29.92	01	122256	Academico Viseu 100m: 1:03.38 33.46	<b>1:03.38</b>	+0,84	554	6,0(-)
12.	Julia Albuquerque Fraga 50m: 30.93 30.93	01	123700	Aquatico Pacense 100m: 1:03.56 32.63	<b>1:03.56</b>	+0,90	549	5,0(-)
13.	Barbara Francisco Ferreira 50m: 30.90 30.90	01	125344	Gesloures 100m: 1:03.68 32.78	<b>1:03.68</b>	+0,78	546	4,0(-)
14.	Joana Mota Correia 50m: 30.76 30.76	00	110902	Alcobaca 100m: 1:04.33 33.57	<b>1:04.33</b>	+0,84	530	3,0(-)
15.	Ana Cruz Antunes 50m: 30.49 30.49	01	121501	Benfica 100m: 1:04.89 34.40	<b>1:04.89</b>	+0,69	516	2,0(-)
16.	Ines Ferreira Duarte 50m: 32.04 32.04	01	118260	Nautico Abrantes 100m: 1:06.57 34.53	<b>1:06.57</b>	+0,88	478	1,0(-)

Prova 62  
12-04-2015

Femin., 100m Livres  
1ª Divisão

1ª Divisão FEM  
Resultados

Recordes Nacionais 50m Absoluto	56.41	Ana Sofia Leite	GCVR	Coimbra	04-04-2015
Recordes Nacionais 50m Inf B	1:02.16	Ines Camacho Fernandes	SCP	S. João da Madeira	25-07-2009
Recordes Nacionais 50m Inf A	59.73	Ines Camacho Fernandes	FPN	Catania (ITA)	20-06-2010
Recordes Nacionais 50m Juv B	59.78	Ines Camacho Fernandes	FPN	Limassol (CYP)	16-04-2011
Recordes Nacionais 50m Juv A	57.75	Maria Carolina Rosa	FPN	Prague (CZE)	08-07-2009
Recordes Nacionais 50m Jun 16	58.40	Ana Pinho Rodrigues	AEJ	Coimbra	09-04-2010
Recordes Nacionais 50m Jun 17	57.72	Diana Margarida Duraes	FCP	Coimbra	26-05-2013
Recordes Nacionais 50m Sen	56.41	Ana Sofia Leite	GCVR	Coimbra	04-04-2015

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ana Sofia Leite 50m: 27.17 27.17	93	24784	Ginasio Vila Real 100m: 56.58 29.41	<b>56.58</b>	+0,73	779	9,0-
2.	Diana Margarida Duraes 50m: 27.80 27.80	96	102992	Porto 100m: 57.57 29.77	<b>57.57</b>	+0,70	739	7,0-
3.	Rita Barros Frischknecht 50m: 28.53 28.53	98	106257	Alges 100m: 59.31 30.78	<b>59.31</b>	+0,74	676	6,0-
4.	Soraia Vanessa Ribeiro 50m: 28.97 28.97	92	15857	Amadora 100m: 59.71 30.74	<b>59.71</b>	+0,83	663	5,0-
5.	Ana Ribeiro Ferreira 50m: 29.85 29.85	92	15634	Famalicao 100m: 1:00.51 30.66	<b>1:00.51</b>	+0,76	637	4,0-
6.	Ines Margarida Costa 50m: 29.43 29.43	99	119474	Sporting 100m: 1:00.65 31.22	<b>1:00.65</b>	+0,79	632	3,0-
7.	Filipa Carreira Alves 50m: 29.41 29.41	99	118479	Uniao Piedense 100m: 1:01.12 31.71	<b>1:01.12</b>	+0,77	618	2,0-
8.	Sara Faria Costa 50m: 29.88 29.88	97	107451	Braga 100m: 1:02.59 32.71	<b>1:02.59</b>	+0,81	575	1,0-

Prova 63 12-04-2015	Masc., 100m Livres 2ª Divisão				2ª Divisão MASC Resultados
Recordes Nacionais 50m Absoluto	49.50	Alexandre Escudier Agostinho	FPN	Roma (ITA)	29-07-2009
Recordes Nacionais 50m Inf B	58.47	Joao Magalhaes Nunes	CNA	Rio Maior	22-07-2012
Recordes Nacionais 50m Inf A	55.53	David Miguel Ferro	SFUAP	Campanhã	26-07-1998
Recordes Nacionais 50m Juv B	53.51	Tiago Andre Venancio	CNS	Lisboa	19-05-2002
Recordes Nacionais 50m Juv A	52.10	Tiago Andre Venancio	FPN	Paris (FRA)	28-07-2003
Recordes Nacionais 50m Jun 17	49.59	Tiago Andre Venancio	FPN	Oeiras	15-07-2004
Recordes Nacionais 50m Jun 18	50.24	Tiago Andre Venancio	CNS	Oeiras	19-03-2005
Recordes Nacionais 50m Sen	49.50	Alexandre Escudier Agostinho	FPN	Roma (ITA)	29-07-2009

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Alexandre Escudier Agostinho	86	12668	Portinado	<b>50.95</b>	+0,72	780	17,00
	50m: 23.73 23.73			100m: 50.95 27.22				
2.	Gustavo Almeida Madureira	94	10857	Academica de Coimbra	<b>51.64</b>	+0,65	749	15,00
	50m: 25.08 25.08			100m: 51.64 26.56				
3.	Francisco Nogales Angel	91	148685	Colegio Monte Maior	<b>52.23</b>	+0,71	724	14,00
	50m: 24.71 24.71			100m: 52.23 27.52				
4.	Joao Duarte Santos	95	26430	Benfica	<b>52.58</b>	+0,66	710	13,00
	50m: 25.68 25.68			100m: 52.58 26.90				
5.	Ricardo Manuel Machado	93	13278	Braga	<b>52.81</b>	+0,71	700	12,00
	50m: 25.63 25.63			100m: 52.81 27.18				
6.	Francisco Carvalho Machado	98	111855	Alges	<b>53.65</b>	+0,63	668	11,00
	50m: 25.42 25.42			100m: 53.65 28.23				
7.	Rafael Lages Ribas	93	12688	Desportiva de Viana	<b>53.88</b>	+0,70	659	10,00
	50m: 25.44 25.44			100m: 53.88 28.44				
8.	Ruben Oliveira Lopes	97	102041	Leixoes	<b>53.91</b>	+0,61	658	9,00
	50m: 26.02 26.02			100m: 53.91 27.89				
9.	Andre Rafael Marinho	93	10643	Uniao Piedense	<b>54.31</b>	+0,79	644	8,00
	50m: 25.91 25.91			100m: 54.31 28.40				
10.	Fabio Manuel Pereira	86	23049	Vilacondense	<b>54.69</b>	+0,77	631	7,00
	50m: 26.77 26.77			100m: 54.69 27.92				
11.	Ricardo David Silva	97	103049	Foca	<b>55.64</b>	+0,70	599	6,00
	50m: 26.99 26.99			100m: 55.64 28.65				
12.	Diogo Barbosa Nunes	00	110529	Fluvial Portuense	<b>56.56</b>	+0,72	570	5,00
	50m: 27.26 27.26			100m: 56.56 29.30				
13.	Andre Martins Palhinha	99	119387	Galitos	<b>56.78</b>	+0,63	563	4,00
	50m: 26.97 26.97			100m: 56.78 29.81				
14.	Alcides Costa Sousa	94	103744	Feirense	<b>56.97</b>	+0,90	558	3,00
	50m: 26.82 26.82			100m: 56.97 30.15				
15.	Antonio Rafael Bessa	94	102089	Aquatico Pacense	<b>57.16</b>	+0,67	552	2,00
	50m: 27.12 27.12			100m: 57.16 30.04				
16.	Rodrigo Jose Guerreiro	99	120805	Louletano / Loule Concelho	<b>57.50</b>	+0,70	542	1,00
	50m: 27.53 27.53			100m: 57.50 29.97				

Prova 64 12-04-2015	Masc., 100m Livres 1ª Divisão				1ª Divisão MASC Resultados
Recordes Nacionais 50m Absoluto	49.50	Alexandre Escudier Agostinho	FPN	Roma (ITA)	29-07-2009
Recordes Nacionais 50m Inf B	58.47	Joao Magalhaes Nunes	CNA	Rio Maior	22-07-2012
Recordes Nacionais 50m Inf A	55.53	David Miguel Ferro	SFUAP	Campanhã	26-07-1998
Recordes Nacionais 50m Juv B	53.51	Tiago Andre Venancio	CNS	Lisboa	19-05-2002
Recordes Nacionais 50m Juv A	52.10	Tiago Andre Venancio	FPN	Paris (FRA)	28-07-2003
Recordes Nacionais 50m Jun 17	49.59	Tiago Andre Venancio	FPN	Oeiras	15-07-2004
Recordes Nacionais 50m Jun 18	50.24	Tiago Andre Venancio	CNS	Oeiras	19-03-2005
Recordes Nacionais 50m Sen	49.50	Alexandre Escudier Agostinho	FPN	Roma (ITA)	29-07-2009

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Alexis Manacas Santos	92	13704	Sporting	<b>50.19</b>	+0,68	816	9,0-
	50m: 24.21 24.21			100m: 50.19 25.98				
2.	Luis Emanuel Vaz	91	15628	Famalicao	<b>50.89</b>	+0,84	783	7,0-
	50m: 24.68 24.68			100m: 50.89 26.21				
3.	Mario Alexandre Pereira	92	10767	Nautico /Urgicentro-Sanfil	<b>51.22</b>	+0,68	768	6,0-
	50m: 24.70 24.70			100m: 51.22 26.52				
4.	Joao Silva Gigante	88	14783	Estrelas S. Joao de Brito	<b>51.74</b>	+0,65	745	5,0-
	50m: 24.44 24.44			100m: 51.74 27.30				
5.	Joao Miguel Ascensao	97	107710	Porto	<b>52.27</b>	+0,69	722	4,0-
	50m: 25.26 25.26			100m: 52.27 27.01				
6.	Fabio Alcantara Aires	97	104252	Naval Amorense	<b>53.56</b>	+0,71	671	3,0-
	50m: 25.78 25.78			100m: 53.56 27.78				
7.	Jose Joao Bica	87	12879	Colegio Vasco da Gama	<b>54.31</b>	+0,87	644	2,0-
	50m: 26.13 26.13			100m: 54.31 28.18				
DNS	Ricardo Andrade Belezas	91	132918	Amadora				-

Prova 65  
12-04-2015

Femin., 200m Costas  
2ª Divisão

2ª Divisão FEM  
Resultados

Recordes Nacionais 50m Absoluto	2:15.27	Francisca Gomes Azevedo	SAD	Coimbra	02-04-2015
Recordes Nacionais 50m Inf B	2:33.03	Keissy Joselin Sousa	FCP	Famalicão	27-07-1997
Recordes Nacionais 50m Inf A	2:24.42	Catia Raquel Martinheira	LDC	Madrid (ESP)	04-07-2008
Recordes Nacionais 50m Juv B	2:22.61	Joana Carina Silva	LSXXI	Povoa de Varzim	06-02-2011
Recordes Nacionais 50m Juv A	2:17.38	Joana Carina Silva	LSXXI	Coimbra	05-04-2012
Recordes Nacionais 50m Jun 16	2:17.98	Catia Raquel Martinheira	FPN	Lima (PER)	18-08-2011
Recordes Nacionais 50m Jun 17	2:15.53	Rita Barros Frischknecht	SAD	Coimbra	02-04-2015
Recordes Nacionais 50m Sen	2:15.27	Francisca Gomes Azevedo	SAD	Coimbra	02-04-2015

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Catia Raquel Martinheira 50m: 32.40 32.40	95	25940	Louletano / Loule Concelho	<b>2:20.61</b> 37.13	+0,61 200m: 2:20.61	686 35.22	17,0(-)
2.	Tatiana Filipa Santos 50m: 34.45 34.45	95	26779	Academica de Coimbra	<b>2:24.20</b> 37.08	+0,65 200m: 2:24.20	636 36.39	15,0(-)
3.	Monica Seara Domingues 50m: 34.39 34.39	00	110972	Nautico Marinha Grande	<b>2:26.82</b> 38.25	+0,66 200m: 2:26.82	603 37.40	14,0(-)
4.	Juliana Lima Freixo 50m: 34.06 34.06	97	100827	Desportiva de Viana	<b>2:27.21</b> 38.42	+0,63 200m: 2:27.21	598 37.38	13,0(-)
5.	Paula Cristina Yang 50m: 33.46 33.46	95	100229	Gesloures	<b>2:28.27</b> 38.02	+0,66 200m: 2:28.27	585 39.80	12,0(-)
6.	Teresa Isabel Granjeia 50m: 35.24 35.24	01	112368	Galitos	<b>2:29.70</b> 38.62	+0,80 200m: 2:29.70	569 38.73	11,0(-)
7.	Alexandra Jesus Santos 50m: 34.15 34.15	00	117408	Leixoes	<b>2:29.99</b> 38.90	+0,61 200m: 2:29.99	565 39.11	10,0(-)
8.	Ana Miguel Reis 50m: 34.86 34.86	00	108089	Nautico/Urgicentro-Sanfil	<b>2:30.33</b> 39.27	+0,65 200m: 2:30.33	562 38.25	9,0(-)
9.	Beatriz Neto Costa 50m: 35.38 35.38	00	111310	Aquatico Pacense	<b>2:32.35</b> 39.32	+0,69 200m: 2:32.35	539 39.52	8,0(-)
10.	Matilde Correia Vieira 50m: 34.59 34.59	00	117805	Alcobaca	<b>2:32.46</b> 40.64	+0,64 200m: 2:32.46	538 38.57	7,0(-)
11.	Beatriz Pereira Vasconcelos 50m: 36.87 36.87	98	107934	Vilacondense	<b>2:33.22</b> 39.28	+0,80 200m: 2:33.22	530 38.18	6,0(-)
12.	Filipa Bile Grilo 50m: 36.34 36.34	01	121502	Benfica	<b>2:34.79</b> 40.03	+0,61 200m: 2:34.79	514 39.15	5,0(-)
13.	Matilde Ferreira Nita 50m: 34.50 34.50	98	108412	Naval Amorense	<b>2:35.01</b> 41.23	+0,75 200m: 2:35.01	512 41.08	4,0(-)
14.	Joana Nunes Cardeal 50m: 37.47 37.47	02	124752	Academico Viseu	<b>2:44.69</b> 43.20	+0,81 200m: 2:44.69	427 41.75	3,0(-)
15.	Maria Beatriz Diogo 50m: 38.67 38.67	99	117988	Nautico Abrantes	<b>2:47.78</b> 43.17	+0,61 200m: 2:47.78	404 42.56	2,0(-)
16.	Olga Santos Lourenco 50m: 39.45 39.45	01	130025	Colegio Vasco da Gama	<b>2:55.12</b> 46.28	+0,71 200m: 2:55.12	355 45.61	1,0(-)

Prova 66 12-04-2015	Femin., 200m Costas 1ª Divisão				1ª Divisão FEM Resultados
Recordes Nacionais 50m Absoluto	2:15.27	Francisca Gomes Azevedo	SAD	Coimbra	02-04-2015
Recordes Nacionais 50m Inf B	2:33.03	Keissy Joselin Sousa	FCP	Famalicão	27-07-1997
Recordes Nacionais 50m Inf A	2:24.42	Catia Raquel Martinheira	LDC	Madrid (ESP)	04-07-2008
Recordes Nacionais 50m Juv B	2:22.61	Joana Carina Silva	LSXXI	Povoia de Varzim	06-02-2011
Recordes Nacionais 50m Juv A	2:17.38	Joana Carina Silva	LSXXI	Coimbra	05-04-2012
Recordes Nacionais 50m Jun 16	2:17.98	Catia Raquel Martinheira	FPN	Lima (PER)	18-08-2011
Recordes Nacionais 50m Jun 17	2:15.53	Rita Barros Frischknecht	SAD	Coimbra	02-04-2015
Recordes Nacionais 50m Sen	2:15.27	Francisca Gomes Azevedo	SAD	Coimbra	02-04-2015

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Francisca Gomes Azevedo	97	100356	Alges	<b>2:16.71</b>	+0,68	747	9,0(-)
	50m: 31.95 31.95		100m: 1:06.09 34.14	150m: 1:41.92 35.83	200m: 2:16.71 34.79			
2.	Laura Yus Fernandez	96	148756	Amadora	<b>2:17.12</b>	+0,64	740	7,0(-)
	50m: 32.36 32.36		100m: 1:07.64 35.28	150m: 1:43.33 35.69	200m: 2:17.12 33.79			
3.	Marta Pereira Abreu	92	23091	Porto	<b>2:22.87</b>	+0,73	654	6,0(-)
	50m: 32.83 32.83		100m: 1:08.39 35.56	150m: 1:45.45 37.06	200m: 2:22.87 37.42			
4.	Maria Ana Monge	99	118400	Sporting	<b>2:25.69</b>	+0,70	617	5,0(-)
	50m: 33.61 33.61		100m: 1:10.79 37.18	150m: 1:48.86 38.07	200m: 2:25.69 36.83			
5.	Filipa Serrano Rodrigues	01	112310	Uniao Piedense	<b>2:27.56</b>	+0,64	594	4,0(-)
	50m: 34.42 34.42		100m: 1:11.12 36.70	150m: 1:49.38 38.26	200m: 2:27.56 38.18			
6.	Ana Margarida Guedes	01	109087	Ginasio Vila Real	<b>2:28.47</b>	+0,63	583	3,0(-)
	50m: 33.84 33.84		100m: 1:11.37 37.53	150m: 1:51.53 40.16	200m: 2:28.47 36.94			
7.	Catarina Alexandra Jardim	98	104449	Famalicao	<b>2:31.97</b>	+0,67	544	2,0(-)
	50m: 34.15 34.15		100m: 1:12.31 38.16	150m: 1:52.38 40.07	200m: 2:31.97 39.59			
8.	Catarina Reis Silva	99	107568	Braga	<b>2:34.17</b>	+0,69	521	1,0(-)
	50m: 34.80 34.80		100m: 1:14.25 39.45	150m: 1:54.43 40.18	200m: 2:34.17 39.74			

Prova 67  
12-04-2015

Masc., 200m Costas  
2ª Divisão

2ª Divisão MASC  
Resultados

Recordes Nacionais 50m Absoluto	1:58.83	Pedro Diogo Oliveira	FPN	Londres (GBR)	01-08-2012
Recordes Nacionais 50m Inf B	2:20.07	Andre Vilas Ruivo	DNMG	S. João da Madeira	13-07-2013
Recordes Nacionais 50m Inf A	2:14.56	Alexandre Lages Ribas	EDV	Lisboa	23-07-2011
Recordes Nacionais 50m Juv B	2:06.44	Joao Alexandre Vital	FPN	Utrecht (NED)	17-07-2013
Recordes Nacionais 50m Juv A	2:06.59	Joao Alexandre Vital	FPN	Netanya (ISR)	28-06-2014
Recordes Nacionais 50m Jun 17	2:03.06	Pedro Diogo Oliveira	FPN	Budapeste (HUN)	15-07-2005
Recordes Nacionais 50m Jun 18	2:02.21	Pedro Diogo Oliveira	CNRM	Coimbra	28-07-2006
Recordes Nacionais 50m Sen	1:59.72	Pedro Diogo Oliveira	FPN	Debrecen (HUN)	25-05-2012

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Nathan Keith Theodoris 50m: 28.85 28.85	95	26389	Louletano / Loule Concelho	<b>2:03.68</b> 100m: 1:00.22 31.37 150m: 1:31.90 31.68	+0,59	741	17,00
2.	Rodrigo Antonio Rosa 50m: 30.07 30.07	96	105214	Colegio Monte Maior	<b>2:08.03</b> 100m: 1:02.37 32.30 150m: 1:35.43 33.06	+0,65	668	15,00
3.	Ivo Pinto Ribeiro 50m: 31.01 31.01	97	108299	Foca	<b>2:12.00</b> 100m: 1:04.93 33.92 150m: 1:39.23 34.30	+0,64	609	14,00
4.	Job Santos Silva 50m: 30.71 30.71	96	24351	Feirense	<b>2:12.06</b> 100m: 1:05.02 34.31 150m: 1:39.76 34.74	+0,72	608	13,00
5.	Joao Francisco Lopes 50m: 30.64 30.64	98	107561	Braga	<b>2:12.63</b> 100m: 1:04.44 33.80 150m: 1:39.59 35.15	+0,63	600	12,00
6.	Pedro Barros Mendes 50m: 31.96 31.96	94	11195	Academica de Coimbra	<b>2:13.48</b> 100m: 1:05.95 33.99 150m: 1:40.51 34.56	+0,77	589	11,00
7.	Tiago Barros Ferreira 50m: 31.70 31.70	94	16003	Alges	<b>2:14.29</b> 100m: 1:06.00 34.30 150m: 1:40.58 34.58	+0,73	578	10,00
8.	Miguel Angelo Passos 50m: 30.39 30.39	96	105874	Desportiva de Viana	<b>2:14.59</b> 100m: 1:04.23 33.84 150m: 1:39.73 35.50	+0,69	575	9,00
9.	Diogo Fontes Moreira 50m: 31.09 31.09	93	13359	Leixoes	<b>2:15.79</b> 100m: 1:05.30 34.21 150m: 1:40.92 35.62	+0,59	559	8,00
10.	Joao Pedro Neves 50m: 31.42 31.42	96	104336	Benfica	<b>2:15.83</b> 100m: 1:05.45 34.03 150m: 1:41.17 35.72	+0,73	559	7,00
11.	Joao Daniel Machado 50m: 31.38 31.38	99	109714	Uniao Piedense	<b>2:18.37</b> 100m: 1:06.18 34.80 150m: 1:42.48 36.30	+0,63	529	6,00
12.	Nuno Rafael Alves 50m: 32.75 32.75	90	25140	Aquatico Pacense	<b>2:19.55</b> 100m: 1:07.54 34.79 150m: 1:43.73 36.19	+0,68	515	5,00
13.	Jose Pedro Antunes 50m: 32.38 32.38	00	122815	Galitos	<b>2:22.67</b> 100m: 1:07.80 35.42 150m: 1:45.26 37.46	+0,58	482	4,00
14.	Ruben Jose Morim 50m: 32.96 32.96	97	107935	Vilacondense	<b>2:23.85</b> 100m: 1:08.73 35.77 150m: 1:45.99 37.26	+0,77	470	3,00
15.	Andre Santa Rita 50m: 33.54 33.54	99	117781	Portinado	<b>2:25.04</b> 100m: 1:10.02 36.48 150m: 1:47.69 37.67	+0,62	459	2,00
16.	Nuno Correia Sousa 50m: 33.52 33.52	00	110484	Fluvial Portuense	<b>2:27.55</b> 100m: 1:10.80 37.28 150m: 1:49.28 38.48	+0,71	436	1,00

Prova 68 12-04-2015	Masc., 200m Costas 1ª Divisão				1ª Divisão MASC Resultados	
Recordes Nacionais 50m Absoluto	1:58.83	Pedro Diogo Oliveira	FPN	Londres (GBR)	01-08-2012	
Recordes Nacionais 50m Inf B	2:20.07	Andre Vilas Ruivo	DNMG	S. João da Madeira	13-07-2013	
Recordes Nacionais 50m Inf A	2:14.56	Alexandre Lages Ribas	EDV	Lisboa	23-07-2011	
Recordes Nacionais 50m Juv B	2:06.44	Joao Alexandre Vital	FPN	Utrecht (NED)	17-07-2013	
Recordes Nacionais 50m Juv A	2:06.59	Joao Alexandre Vital	FPN	Netanya (ISR)	28-06-2014	
Recordes Nacionais 50m Jun 17	2:03.06	Pedro Diogo Oliveira	FPN	Budapeste (HUN)	15-07-2005	
Recordes Nacionais 50m Jun 18	2:02.21	Pedro Diogo Oliveira	CNRM	Coimbra	28-07-2006	
Recordes Nacionais 50m Sen	1:59.72	Pedro Diogo Oliveira	FPN	Debrecen (HUN)	25-05-2012	

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Pedro Diogo Oliveira	88	11531	Estrelas S. Joao de Brito	<b>2:05.46</b>	+0,61	709	9,0(-)
	50m: 28.48 28.48			100m: 1:00.40 31.92	150m: 1:33.19 32.79	200m: 2:05.46 32.27		
2.	Alexandre Lages Ribas	97	24582	Sporting	<b>2:06.34</b>	+0,64	695	7,0(-)
	50m: 29.92 29.92			100m: 1:02.32 32.40	150m: 1:35.10 32.78	200m: 2:06.34 31.24		
3.	Adriano Miguel Niz	86	23013	Famalicao	<b>2:06.58</b>	+0,71	691	6,0(-)
	50m: 30.21 30.21			100m: 1:02.38 32.17	150m: 1:34.93 32.55	200m: 2:06.58 31.65		
4.	Andre Duarte Vaz	93	10768	Nautico /Urgicentro-Sanfil	<b>2:10.28</b>	+0,68	634	5,0(-)
	50m: 30.50 30.50			100m: 1:03.84 33.34	150m: 1:36.86 33.02	200m: 2:10.28 33.42		
5.	Tiago Ferreira Azevedo	95	103574	Naval Amorense	<b>2:13.86</b>	+0,68	584	4,0(-)
	50m: 30.99 30.99			100m: 1:04.97 33.98	150m: 1:39.90 34.93	200m: 2:13.86 33.96		
6.	Leonardo Cardoso Figueiredo	96	105612	Porto	<b>2:14.70</b>	+0,55	573	3,0(-)
	50m: 30.88 30.88			100m: 1:05.29 34.41	150m: 1:41.70 36.41	200m: 2:14.70 33.00		
7.	Miguel Angelo Pinto	94	103606	Colegio Vasco da Gama	<b>2:23.41</b>	+0,79	475	2,0(-)
	50m: 31.92 31.92			100m: 1:07.90 35.98	150m: 1:45.23 37.33	200m: 2:23.41 38.18		
DNS	Andre Encantado Faria	92	148652	Amadora				-



Prova 69 12-04-2015	Femin., 50m Bruços 2ª Divisão				2ª Divisão FEM Resultados
Recordes Nacionais 50m Absoluto	31.60	Joana Catarina Carvalho	FCP	Coimbra	30-05-2009
Recordes Nacionais 50m Jun 16	31.92	Ana Pinho Rodrigues	FPN	Gorzow Wlwp (POL)	28-03-2010
Recordes Nacionais 50m Jun 17	31.60	Joana Catarina Carvalho	FCP	Coimbra	30-05-2009
Recordes Nacionais 50m Sen	31.83	Ana Pinho Rodrigues	AEJ	Coimbra	02-04-2015

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Isabel Maria Figueira	79	11424	Louletano / Loule Concelho	<b>34.23</b>	+0,90	638	17,0-
2.	Ana Marisa Brito	90	12800	Benfica	<b>34.40</b>	+0,70	629	15,0-
3.	Rute Isabel Leonardo	98	121391	Nautico Abrantes	<b>34.76</b>	+0,74	610	14,0-
4.	Ana Beatriz Pereira	91	20591	Colegio Vasco da Gama	<b>34.89</b>	+0,66	603	13,0-
5.	Diana Patricia Ferreira	94	23500	Aquatico Pacense	<b>35.27</b>	+0,87	583	12,0-
6.	Rita Maria Cardoso	98	105877	Leixoes	<b>35.66</b>	+0,77	564	11,0-
7.	Ana Ferreira Costa	02	123876	Nautico Marinha Grande	<b>36.17</b>	+0,78	541	10,0-
8.	Beatriz Castanheira Dias	99	109015	Academica de Coimbra	<b>36.49</b>	+0,72	527	9,0-
9.	Madalena Nunes Palmeira	99	109703	Nautico /Urgicentro-Sanfil	<b>36.66</b>	+0,66	520	8,0-
10.	Ana Rita Graca	98	111321	Vilacondense	<b>37.19</b>	+0,86	498	7,0-
11.	Margarida Messias Ribeiro	98	110544	Gesloures	<b>37.21</b>	+0,70	497	6,0-
12.	Mariana Pereira Silva	99	108997	Desportiva de Viana	<b>38.19</b>	+0,91	459	5,0-
13.	Soraia Guerra Rolim	95	121321	Naval Amorense	<b>38.29</b>	+0,77	456	4,0-
14.	Raquel Sofia Almeida	01	124758	Academico Viseu	<b>39.54</b>	+0,95	414	3,0-
15.	Maria Miguel Melo	02	126771	Galitos	<b>39.76</b>	+0,81	407	2,0-
16.	Jacinta Correia Vieira	01	120094	Alcobaca	<b>44.04</b>	+0,82	299	1,0-

Prova 70  
12-04-2015

Femin., 50m Braços  
1ª Divisão

1ª Divisão FEM  
Resultados

Recordes Nacionais 50m Absoluto	31.60	Joana Catarina Carvalho	FCP	Coimbra	30-05-2009
Recordes Nacionais 50m Jun 16	31.92	Ana Pinho Rodrigues	FPN	Gorzow Wlwp (POL)	28-03-2010
Recordes Nacionais 50m Jun 17	31.60	Joana Catarina Carvalho	FCP	Coimbra	30-05-2009
Recordes Nacionais 50m Sen	31.83	Ana Pinho Rodrigues	AEJ	Coimbra	02-04-2015

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Paula Alexandra Oliveira	96	102084	Porto	<b>32.93</b>	+0,65	717	9,0(-)
2.	Joana Patricia Pinto	94	24790	Ginasio Vila Real	<b>33.59</b>	+0,76	676	7,0(-)
3.	Raquel Gomes Pereira	00	118469	Alges	<b>34.20</b>	+0,73	640	6,0(-)
4.	Maria Carolina Rosa	94	14248	Sporting	<b>34.50</b>	+0,72	623	5,0(-)
5.	Rute Margarida Marques	94	25359	Amadora	<b>34.71</b>	+0,71	612	4,0(-)
6.	Joana Dias Santos	96	100397	Uniao Piedense	<b>35.49</b>	+0,74	573	3,0(-)
7.	Mariana Dias Almeida	93	22405	Famalicao	<b>35.70</b>	+0,81	563	2,0(-)
8.	Rita Catarina Miranda	97	107566	Braga	<b>36.44</b>	+0,83	529	1,0(-)

Prova 71  
12-04-2015

Masc., 50m Bruços  
2ª Divisão

2ª Divisão MASC  
Resultados

Recordes Nacionais 50m Absoluto	28.16	Carlos Esteves Almeida	FPN	Barcelona (ESP)	30-07-2013
Recordes Nacionais 50m Jun 17	29.10	Pedro Miguel Agostinho	FPN	Praga (CZE)	10-07-2009
Recordes Nacionais 50m Jun 18	29.07	Bruno Miguel Ramos	FPN	Linz (AUT)	13-07-2002
Recordes Nacionais 50m Sen	28.16	Carlos Esteves Almeida	FPN	Barcelona (ESP)	30-07-2013

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Nuno Durao Pascoal	92	12560	Galitos	<b>30.05</b>	+0,65	695	17,00
2.	Andre Goncalo Santos	97	104706	Leixoes	<b>30.08</b>	+0,73	693	15,00
3.	Nuno Andre Fernandes	89	16073	Benfica	<b>30.14</b>	+0,75	688	14,00
4.	Filipe Carmo Ramos	97	105197	Vilacondense	<b>30.39</b>	+0,77	672	13,00
5.	Rui Filipe Vilar	91	24159	Fluvial Portuense	<b>30.41</b>	+0,72	670	12,00
6.	Joao Claudio Sousa	93	23458	Aquatico Pacense	<b>30.70</b>	+0,69	651	11,00
7.	Mario Jorge Veloso	98	112051	Braga	<b>30.84</b>	+0,72	643	10,00
8.	Goncalo Pereira Sa	95	107201	Feirense	<b>31.12</b>	+0,64	625	9,00
	Hugo Alexandre Amaral	87	12641	Portinado	<b>31.12</b>	+0,82	625	9,00
10.	Marcelo Goncalo Pereira	90	22440	Foca	<b>31.23</b>	+0,74	619	7,00
11.	Pedro Miguel Silva	94	100227	Colegio Monte Maior	<b>31.38</b>	+0,70	610	6,00
12.	Renato Mendes Pinheiro	94	16071	Desportiva de Viana	<b>31.60</b>	+0,81	597	5,00
13.	Luis Pedro Fernandes	96	25320	Louletano / Loule Concelho	<b>31.66</b>	+0,69	594	4,00
	Afonso Ribeiro Bate	98	117180	Alges	<b>31.66</b>	+0,68	594	4,00
15.	Afonso Calais Queiroga	98	112311	Uniao Piedense	<b>31.91</b>	+0,67	580	2,00
16.	Hugo Miguel Nunes	90	11211	Academica de Coimbra	<b>33.13</b>	+0,75	518	1,00

Prova 72 12-04-2015	Masc., 50m Bruços 1ª Divisão				1ª Divisão MASC Resultados
Recordes Nacionais 50m Absoluto	28.16	Carlos Esteves Almeida	FPN	Barcelona (ESP)	30-07-2013
Recordes Nacionais 50m Jun 17	29.10	Pedro Miguel Agostinho	FPN	Praga (CZE)	10-07-2009
Recordes Nacionais 50m Jun 18	29.07	Bruno Miguel Ramos	FPN	Linz (AUT)	13-07-2002
Recordes Nacionais 50m Sen	28.16	Carlos Esteves Almeida	FPN	Barcelona (ESP)	30-07-2013

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Nuno Goncalo Quintanilha	87	12902	Colegio Vasco da Gama	<b>29.02</b>	+0,68	771	9,0(-)
2.	Talal Mrabet	87	148731	Estrelas S. Joao de Brito	<b>29.04</b>	+0,69	770	7,0(-)
3.	Gil Goncalves Pinto	88	26051	Porto	<b>29.99</b>	+0,63	699	6,0(-)
4.	Luis Manuel Fernandes	95	15589	Famalicao	<b>30.20</b>	+0,62	684	5,0(-)
5.	Miguel Monteiro Cruchinho	97	110442	Sporting	<b>30.28</b>	+0,66	679	4,0(-)
6.	Miguel Silva Oliveira	91	10822	Nautico /Urgicentro-Sanfil	<b>30.92</b>	+0,74	638	3,0(-)
7.	Joao Carlos Santos	96	104253	Naval Amorense	<b>32.37</b>	+0,72	556	2,0(-)
DNS	Goncalo Emanuel Oliveira	93	148333	Amadora				-

Prova 73 12-04-2015	Femin., 4 x 200m Livres 2ª Divisão				2ª Divisão FEM Resultados
Recordes Nacionais 50m Absoluto	8:27.04	Futebol Clube do Porto/Dolce Vita	FCP	Rio Maior	01-04-2011
Recordes Nacionais 50m Inf B	9:28.03	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Porto	23-07-2010
Recordes Nacionais 50m Inf	9:07.81	tempo limite		Lisboa	22-07-2011
Recordes Nacionais 50m Inf A	9:07.81	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Lisboa	22-07-2011
Recordes Nacionais 50m Juv B	9:01.51	Sporting Clube de Portugal	SCP	Oeiras	26-07-2012
Recordes Nacionais 50m 14 - 15	8:53.79	Futebol Clube do Porto	FCP	Oeiras	24-07-2014
Recordes Nacionais 50m Juv A	8:55.49	Futebol Clube do Porto	FCP	Coimbra	01-04-2015
Recordes Nacionais 50m Jun	8:38.96	Sport Alges e Dafundo	SAD	Oeiras	24-07-2014
Recordes Nacionais 50m Sen	8:27.04	Futebol Clube do Porto/Dolce Vita	FCP	Rio Maior	01-04-2011

Pontos: FINA 2015

Lugar	NFed	Clube	Tempo Final		TReac	Pts FINA	Pts
1. Academica de Coimbra		Academica de Coimbra	<b>8:54.25</b>	<b>+0,74</b>		647	17,0-
	99	Ana Beatriz Fonseca +0,74 31.38	1:05.28		1:39.86	2:13.83	2:13.83
	95	Tatiana Filipa Santos +0,62 30.93	1:05.15		1:39.98	2:14.65	2:14.65
	99	Beatriz Lopes Pinto +0,26 31.29	1:05.92		1:40.13	2:14.85	2:14.85
	89	Amelia Pereira Fernandes +0,44 30.03	1:03.27		1:37.20	2:10.92	2:10.92
2. Vilacondense		Vilacondense	<b>8:55.30</b>	<b>+0,81</b>		643	15,0-
	97	Maria Joao Fernandes +0,81 31.10	1:04.85		1:39.81	2:13.91	2:13.91
	00	Leila Tavoria Lemos +0,45 30.87	1:05.87		1:42.02	2:18.58	2:18.58
	93	Ana Catarina Monteiro -0,18 29.05	1:01.29		1:34.85	2:08.09	2:08.09
	96	Ana Filipa Gomes +0,60 30.75	1:05.46		1:40.38	2:14.72	2:14.72
3. Desportiva de Viana		Desportiva de Viana	<b>8:55.62</b>	<b>+0,77</b>		642	14,0-
	98	Catarina Maria Ferreira +0,77 29.92	1:03.73		1:38.43	2:13.40	2:13.40
	99	Lara Gomez Cortes +0,57 30.87	1:05.43		1:41.32	2:16.56	2:16.56
	99	Lara Alexandra Vaz +0,69 30.55	1:04.82		1:41.13	2:16.73	2:16.73
	98	Paula Goyanes Garcia +0,72 29.75	1:02.64		1:36.22	2:08.93	2:08.93
4. Colegio Vasco da Gama		Colegio Vasco da Gama	<b>8:59.10</b>	<b>+0,79</b>		629	13,0-
	99	Carolina Santos Albuquerque +0,79 31.96	1:06.55		1:41.24	2:15.25	2:15.25
	96	Rita Silva Fernandes +0,46 31.50	1:04.99		1:39.00	2:13.32	2:13.32
	99	Beatriz Barros Carmo +0,15 30.19	1:05.30		1:40.17	2:15.46	2:15.46
	91	Ana Beatriz Pereira +0,39 30.84	1:05.20		1:40.64	2:15.07	2:15.07
5. Nautico Marinha Grande		Nautico Marinha Grande	<b>9:02.78</b>	<b>+0,84</b>		616	12,0-
	96	Ana Monica Eloi +0,84 31.39	1:04.88		1:39.63	2:14.70	2:14.70
	00	Giovanna Vaz Vargas +0,80 31.30	1:05.90		1:40.77	2:14.24	2:14.24
	00	Monica Seara Domingues +0,63 31.95	1:06.58		1:42.38	2:17.22	2:17.22
	99	Barbara Coimbra Teodosio +0,60 31.20	1:05.74		1:42.05	2:16.62	2:16.62
6. Leixoes		Leixoes	<b>9:02.82</b>	<b>+0,76</b>		616	11,0-
	90	Vania Soares Neves +0,76 30.47	1:03.56		1:37.32	2:10.59	2:10.59
	99	Catarina vieira Correia +0,51 31.68	1:07.21		1:43.45	2:19.57	2:19.57
	99	Ines Maria Pereira +0,23 30.73	1:05.42		1:40.94	2:16.08	2:16.08
	99	Marta Ferreira Rocha +0,52 30.19	1:05.14		1:40.91	2:16.58	2:16.58
7. Nautico /Urgicentro-Sanfil		Nautico /Urgicentro-Sanfil	<b>9:04.81</b>	<b>+0,91</b>		610	10,0-
	98	Rita Verissimo Damasceno +0,91 31.94	1:07.18		1:43.31	2:19.30	2:19.30
	97	Beatriz Neves Craveiro +0,29 29.90	1:03.84		1:39.16	2:14.02	2:14.02
	96	Maria Amelia Gaspar +0,26 31.33	1:06.03		1:41.56	2:17.50	2:17.50
	00	Teresa Miguel Veloso +0,26 30.82	1:04.92		1:39.39	2:13.99	2:13.99
8. Geslours		Geslours	<b>9:08.74</b>	<b>+0,77</b>		597	9,0-
	98	Margarida Messias Ribeiro +0,77 32.16	1:06.79		1:42.91	2:17.26	2:17.26
	99	Ana Catarina Oliveira +0,44 32.08	1:07.24		1:42.67	2:16.94	2:16.94
	97	Cecilia Branco Almeida +0,42 31.36	1:06.61		1:43.66	2:19.27	2:19.27
	95	Paula Cristina Yang +0,40 31.18	1:05.47		1:40.50	2:15.27	2:15.27
9. Benfica		Benfica	<b>9:10.42</b>	<b>+0,77</b>		591	8,0-
	96	Rita Fernandes Leitao +0,77 30.65	1:04.81		1:39.35	2:12.81	2:12.81
	97	Sofia Cristina Grilo +0,48 31.89	1:06.84		1:42.85	2:19.23	2:19.23
	95	Ana Luisa Santo +0,61 30.95	1:05.99		1:42.67	2:19.91	2:19.91
	99	Claudia Ferreira Borges +0,41 31.71	1:06.73		1:42.93	2:18.47	2:18.47

Prova 73, Femin., 4 x 200m Livres, 2ª Divisão FEM

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
10.		Naval Amorense	<b>9:14.53</b>	+0,90	578	7,0(-)
	96	Carolina Madeira Santos +0,90 31.33	1:06.36	1:42.70	2:18.20	2:18.20
	98	Sofia Alexandra Rolao +0,47 30.88	1:06.08	1:43.04	2:20.49	2:20.49
	95	Sofia Prates Silvestre +0,73 31.32	1:05.82	1:40.88	2:16.60	2:16.60
	01	Celeste Santos Ricardo +0,09 30.42	1:06.13	1:43.81	2:19.24	2:19.24
11.		Alcobaca	<b>9:14.72</b>	+0,66	578	6,0(-)
	00	Ines Rocha Silva +0,66 30.43	1:04.67	1:40.43	2:15.77	2:15.77
	01	Carolina Mota Correia +0,25 31.33	1:06.90	1:44.14	2:20.52	2:20.52
	97	Bruna Elisabete Paulino +0,68 32.64	1:08.65	1:45.23	2:20.74	2:20.74
	00	Joana Mota Correia +0,42 31.74	1:06.98	1:42.46	2:17.69	2:17.69
12.		Louletano / Loule Concelho	<b>9:15.37</b>	+0,71	575	5,0(-)
	95	Catia Raquel Martinheira +0,71 30.04	1:02.66	1:36.58	2:09.35	2:09.35
	02	Isis Sousa Severino +0,77 31.35	1:07.06	1:45.13	2:21.98	2:21.98
	79	Isabel Maria Figueira +0,70 33.86	1:10.32	1:46.92	2:23.57	2:23.57
	00	Rita Guedes Moreira +0,76 32.10	1:07.58	1:44.90	2:20.47	2:20.47
13.		Galitos	<b>9:17.61</b>	+0,82	569	4,0(-)
	00	Eliana Dirce Lourenco +0,82 31.99	1:06.70	1:41.96	2:17.05	2:17.05
	01	Joana Costa Amador +0,61 31.53	1:05.64	1:40.76	2:16.04	2:16.04
	01	Teresa Isabel Granjeia +0,62 33.16	1:09.56	1:46.82	2:23.59	2:23.59
	01	Maria Esteves Martins +0,49 32.59	1:08.43	1:44.57	2:20.93	2:20.93
14.		Aquatico Pacense	<b>9:19.13</b>	+0,88	564	3,0(-)
	01	Ines Neto Rocha +0,88 31.62	1:06.47	1:42.20	2:16.79	2:16.79
	01	Julia Albuquerque Fraga +0,54 32.48	1:09.21	1:46.68	2:24.30	2:24.30
	00	Sara Lopes Barbosa +0,28 31.60	1:07.45	1:44.21	2:20.88	2:20.88
	94	Diana Patricia Ferreira +0,33 30.06	1:04.36	1:40.85	2:17.16	2:17.16
15.		Nautico Abrantes	<b>9:31.66</b>	+0,74	528	2,0(-)
	98	Rute Isabel Leonardo +0,74 31.95	1:07.81	1:44.68	2:20.37	2:20.37
	99	Ana Margarida Salgueiro +0,49 32.24	1:08.22	1:45.03	2:21.91	2:21.91
	98	Maria Madalena Silva +0,55 30.75	1:05.18	1:40.44	2:14.37	2:14.37
	99	Maria Beatriz Diogo +0,55 35.33	1:15.05	1:55.15	2:35.01	2:35.01
DSQ		Academico Viseu				-
		<i>111 - Rendição antecipada do(a) 4 nadador(a) - SW 10.11</i>				
	98	Madalena Amaro Machado +0,86 30.91	1:04.42	1:38.64	2:11.65	2:11.65
	01	Beatriz Pereira Cunha +0,50 30.63	1:05.93	1:43.47	2:20.77	2:20.77
	00	Claudia Isabel Martins +0,58 33.29	1:10.26	1:48.47	2:25.52	2:25.52
	98	Rafaela Ferreira Rodrigues -0,09				

Prova 74 12-04-2015	Femin., 4 x 200m Livres 1ª Divisão				1ª Divisão FEM Resultados
Recordes Nacionais 50m Absoluto	8:27.04	Futebol Clube do Porto/Dolce Vita	FCP	Rio Maior	01-04-2011
Recordes Nacionais 50m Inf B	9:28.03	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Porto	23-07-2010
Recordes Nacionais 50m Inf	9:07.81	tempo limite		Lisboa	22-07-2011
Recordes Nacionais 50m Inf A	9:07.81	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Lisboa	22-07-2011
Recordes Nacionais 50m Juv B	9:01.51	Sporting Clube de Portugal	SCP	Oeiras	26-07-2012
Recordes Nacionais 50m 14 - 15	8:53.79	Futebol Clube do Porto	FCP	Oeiras	24-07-2014
Recordes Nacionais 50m Juv A	8:55.49	Futebol Clube do Porto	FCP	Coimbra	01-04-2015
Recordes Nacionais 50m Jun	8:38.96	Sport Alges e Dafundo	SAD	Oeiras	24-07-2014
Recordes Nacionais 50m Sen	8:27.04	Futebol Clube do Porto/Dolce Vita	FCP	Rio Maior	01-04-2011

Pontos: FINA 2015

Lugar	NFed	Clube			Tempo Final	TReac	Pts FINA	Pts
1. Porto		Porto			<b>8:28.71</b>	<b>+0,79</b>	<b>749</b>	<b>9,0-</b>
	97	Maria Teresa Amorim	+0,79	29.73	1:01.84	1:35.15	2:07.81	2:07.81
	00	Ana Rita Faria	+0,62	29.56	1:02.09	1:35.42	2:07.61	2:07.61
	95	Maria Luis Amorim	+0,34	29.47	1:01.88	1:34.93	2:07.95	2:07.95
	96	Diana Margarida Duraes	+0,38	28.64	1:00.30	1:32.75	2:05.34	2:05.34
2. Alges		Alges			<b>8:39.68</b>	<b>+0,81</b>	<b>702</b>	<b>7,0-</b>
	97	Francisca Gomes Azevedo	+0,81	29.36	1:02.17	1:35.65	2:07.48	2:07.48
	98	Rita Barros Frischknecht	+0,40	29.35	1:01.93	1:35.04	2:07.58	2:07.58
	97	Barbara Marques Rodrigues	+0,41	29.74	1:02.33	1:36.10	2:10.66	2:10.66
	99	Madalena Gomes Azevedo	+0,35	30.20	1:04.63	1:39.94	2:13.96	2:13.96
3. Amadora		Amadora			<b>8:51.62</b>	<b>+0,76</b>	<b>656</b>	<b>6,0-</b>
	02	Alexandra Couto Frazao	+0,76	30.81	1:04.14	1:38.67	2:12.77	2:12.77
	96	Laura Yus Fernandez	+0,31	29.63	1:02.37	1:36.13	2:09.34	2:09.34
	94	Rute Margarida Marques	+0,48	31.31	1:06.53	1:43.84	2:19.55	2:19.55
	92	Soraia Vanessa Ribeiro	+0,35	29.57	1:02.48	1:35.97	2:09.96	2:09.96
4. Sporting		Sporting			<b>8:56.83</b>	<b>+0,87</b>	<b>637</b>	<b>5,0-</b>
	98	Sofia Machado Dionisio	+0,87	30.39	1:04.14	1:40.55	2:16.81	2:16.81
	99	Beatriz Paulo Ranito	+0,18	30.28	1:04.60	1:40.46	2:15.30	2:15.30
	98	Carolina Mantua Guedes	+0,31	29.71	1:03.69	1:37.64	2:10.62	2:10.62
	99	Ines Margarida Costa	+0,44	30.23	1:03.75	1:39.18	2:14.10	2:14.10
5. Ginasio Vila Real		Ginasio Vila Real			<b>8:57.54</b>	<b>+0,81</b>	<b>635</b>	<b>4,0-</b>
	90	Ana Sofia Nobrega	+0,81	30.00	1:02.58	1:37.16	2:12.08	2:12.08
	93	Ana Sofia Leite	+0,68	28.92	1:00.18	1:33.30	2:06.91	2:06.91
	01	Ana Margarida Guedes	+0,50	30.93	1:06.72	1:44.72	2:21.02	2:21.02
	94	Joana Patricia Pinto	+0,86	30.70	1:04.79	1:41.01	2:17.53	2:17.53
6. Uniao Piedense		Uniao Piedense			<b>8:58.03</b>	<b>+0,85</b>	<b>633</b>	<b>3,0-</b>
	00	Ines Figueira Santos	+0,85	30.75	1:05.03	1:39.80	2:14.53	2:14.53
	00	Sofia Isabel Gouveia	+0,75	29.72	1:03.54	1:39.08	2:14.94	2:14.94
	95	Helena Paula Carvalho	+0,42	30.61	1:05.21	1:39.96	2:13.79	2:13.79
	99	Filipa Carreira Alves	+0,58	30.37	1:04.77	1:40.07	2:14.77	2:14.77
7. Braga		Braga			<b>8:59.09</b>	<b>+0,88</b>	<b>629</b>	<b>2,0-</b>
	93	Ana Sofia Fernandes	+0,88	31.25	1:05.20	1:40.01	2:14.92	2:14.92
	97	Sara Faria Costa	+0,35	30.03	1:05.14	1:42.25	2:19.95	2:19.95
	99	Tamila Hryhorivna Holub	+0,18	29.07	1:01.55	1:34.91	2:07.47	2:07.47
	99	Catarina Reis Silva	+0,24	31.05	1:05.90	1:41.72	2:16.75	2:16.75
8. Famalicao		Famalicao			<b>9:10.05</b>	<b>+0,81</b>	<b>592</b>	<b>1,0-</b>
	99	Ana Beatriz Martins	+0,81	31.10	1:04.90	1:39.81	2:13.58	2:13.58
	98	Ana Silva Costa	+0,54	30.12	1:04.57	1:41.20	2:17.17	2:17.17
	00	Rafaela Araujo Silva	+0,62	31.93	1:06.85	1:42.94	2:18.65	2:18.65
	92	Ana Ribeiro Ferreira	+0,60	31.46	1:06.16	1:43.38	2:20.65	2:20.65

Campeonato Nacional Clubes 1 e 2 Divisão  
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Prova 75 12-04-2015	Masc., 4 x 200m Livres 2ª Divisão				2ª Divisão MASC Resultados
Recordes Nacionais 50m Absoluto	7:33.17	Sporting Clube de Portugal	SCP	Coimbra	06-04-2012
Recordes Nacionais 50m Inf B	8:58.21	Associação Naval Amorense	ANAM	Loulé	18-07-2014
Recordes Nacionais 50m Inf	8:35.01	tempo limite			
Recordes Nacionais 50m Inf A	8:35.01	Associação Naval Amorense	ANAM	Porto	23-07-2010
Recordes Nacionais 50m Juv B	8:15.48	Viana Natacao Clube	VNC	Povoa de Varzim	04-08-2011
Recordes Nacionais 50m Juv	7:58.57	tempo limite			
Recordes Nacionais 50m Juv A	7:58.57	Associação Naval Amorense	ANAM	Jamor	26-07-2012
Recordes Nacionais 50m Jun	7:44.42	Associação Naval Amorense	ANAM	Coimbra	05-04-2014
Recordes Nacionais 50m Sen	7:33.17	Sporting Clube de Portugal	SCP	Coimbra	06-04-2012

Pontos: FINA 2015

Lugar	NFed	Clube			Tempo Final	TReac	Pts FINA	Pts
1.		Academica de Coimbra			<b>7:51.19</b>	<b>+0,68</b>	<b>700</b>	<b>17,00</b>
	94	Gustavo Almeida Madureira	+0,68	26.74	56.22	1:26.29	1:56.28	
	94	Joao Nuno Pires	+0,29	27.40	58.34	1:28.56	1:58.32	
	95	Joao Andre Neves	+0,23	27.74	58.23	1:28.53	1:58.98	
	94	Pedro Barros Mendes	+0,30	27.11	57.04	1:27.79	1:57.61	
2.		Vilacondense			<b>7:52.97</b>	<b>+0,74</b>	<b>693</b>	<b>15,00</b>
	95	Pedro Maria Bessa	+0,74	27.53	57.97	1:28.76	1:58.00	
	96	Paulo Andre Silva	+0,51	26.82	56.84	1:27.63	1:58.91	
	97	Filipe Carmo Ramos	+0,44	27.42	57.52	1:28.50	1:58.36	
	97	Ruben Jose Morim	+0,44	27.77	57.48	1:28.49	1:57.70	
3.		Benfica			<b>7:55.04</b>	<b>+0,67</b>	<b>683</b>	<b>14,00</b>
	95	Joao Duarte Santos	+0,67	26.97	56.94	1:26.62	1:55.77	
	96	Joao Pedro Neves	+0,47	26.52	56.65	1:29.20	2:02.69	
	97	Guilherme Miguel Teixeira	+0,44	26.30	56.19	1:28.70	2:00.37	
	96	Andre Filipe Farinha	+0,25	26.61	55.90	1:26.19	1:56.21	
4.		Uniao Piedense			<b>7:55.75</b>	<b>+0,70</b>	<b>680</b>	<b>13,00</b>
	90	Vasco Miguel Gaspar	+0,70	27.25	56.95	1:27.33	1:57.24	
	93	Andre Rafael Marinho	+0,47	26.51	56.78	1:28.55	2:00.46	
	97	Miguel Nunes Goncalves	+0,41	27.41	58.29	1:30.23	2:02.05	
	98	Jose Paula Carvalho	+0,45	27.18	57.23	1:26.95	1:56.00	
5.		Colegio Monte Maior			<b>7:58.41</b>	<b>+0,71</b>	<b>669</b>	<b>12,00</b>
	98	Joao Alexandre Vital	+0,71	27.41	58.01	1:28.06	1:58.09	
	94	Pedro Miguel Silva	+0,61	26.79	56.76	1:27.63	1:58.49	
	91	Francisco Nogales Angel	+0,52	27.91	58.20	1:27.51	1:58.36	
	96	Rodrigo Antonio Rosa	+0,54	28.59	59.52	1:32.00	2:03.47	
6.		Braga			<b>7:59.81</b>	<b>+0,68</b>	<b>663</b>	<b>11,00</b>
	97	Rodrigo Carlos Albuquerque	+0,68	27.70	57.79	1:28.79	2:00.80	
	93	Edgar Oliveira Ribeiro	+0,17	27.06	57.40	1:28.59	1:59.48	
	96	Pedro Veiginha Martins	+0,14	27.32	57.99	1:30.04	2:02.33	
	93	Ricardo Manuel Machado	+0,25	26.34	55.84	1:26.42	1:57.20	
7.		Leixoes			<b>7:59.94</b>	<b>+0,78</b>	<b>663</b>	<b>10,00</b>
	93	Diogo Fontes Moreira	+0,78	27.60	57.71	1:28.83	2:00.23	
	97	Andre Goncalo Santos	+0,35	27.22	58.54	1:30.31	2:01.75	
	97	Ruben Oliveira Lopes	+0,18	26.58	57.46	1:28.81	2:00.09	
	94	Tiago Silva Oliveira	+0,25	26.26	56.15	1:26.71	1:57.87	
8.		Alges			<b>8:01.96</b>	<b>+0,65</b>	<b>654</b>	<b>9,00</b>
	96	Goncalo Cardoso Carmo	+0,65	28.07	58.55	1:29.64	2:00.94	
	98	Francisco Carvalho Machado	+0,19	26.83	56.86	1:28.61	2:00.41	
	98	Afonso Ribeiro Bate	+0,45	27.19	57.89	1:30.31	2:01.28	
	94	Pedro Andre Santos	+0,19	26.35	56.80	1:28.22	1:59.33	
9.		Aquatico Pacense			<b>8:02.81</b>	<b>+0,70</b>	<b>651</b>	<b>8,00</b>
	93	Joao Claudio Sousa	+0,70	27.23	56.93	1:27.99	1:59.85	
	94	Ruben Filipe Nunes	+0,34	27.53	57.78	1:28.48	1:59.60	
	94	Antonio Rafael Bessa	+0,46	28.51	1:00.43	1:32.92	2:02.61	
	98	Luis Carlos Almeida	+0,74	27.12	57.36	1:29.54	2:00.75	



Campeonato Nacional Clubes 1 e 2 Divisão  
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Prova 75, Masc., 4 x 200m Livres, 2ª Divisão MASC

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
10.		Fluvial Portuense	<b>8:03.94</b>	+0,67	646	7,00
	91	Rui Filipe Vilar +0,67 27.04	57.04	1:28.66	1:58.64	1:58.64
	00	Diogo Barbosa Nunes +0,21 27.13	57.84	1:29.36	2:00.78	2:00.78
	97	Joao Luis Travanca +0,38 28.68	1:00.56	1:32.16	2:03.00	2:03.00
	98	Alexandre Magno Carvalho +0,33 27.16	57.54	1:29.48	2:01.52	2:01.52
11.		Desportiva de Viana	<b>8:04.14</b>	+0,77	646	6,00
	96	Miguel Angelo Passos +0,77 27.12	57.56	1:30.15	2:02.17	2:02.17
	92	Cristian Fernandez Nieto +0,67 27.34	57.55	1:28.36	1:59.31	1:59.31
	98	Daniel Sanchez Louzan +0,54 27.03	58.47	1:30.28	1:59.17	1:59.17
	98	Francisco Rodrigues Antas +0,63 28.09	59.24	1:31.95	2:03.49	2:03.49
12.		Galitos	<b>8:04.24</b>	+0,69	645	5,00
	88	Diogo Filipe Carvalho +0,69 26.14	54.55	1:23.19	1:51.26	1:51.26
	94	João Carlos Paula +0,32 28.12	59.49	1:32.41	2:06.03	2:06.03
	92	Nuno Duraõ Pascoal +0,37 27.44	58.59	1:31.15	2:02.91	2:02.91
	99	Andre Martins Palhinha +0,32 28.03	59.49	1:31.72	2:04.04	2:04.04
13.		Foca	<b>8:06.87</b>	+0,74	635	4,00
	91	Rui Filipe Costa +0,74 28.62	59.40	1:30.33	2:01.47	2:01.47
	94	Marcelo Jose Pinto +0,36 27.31	57.88	1:30.29	2:03.17	2:03.17
	96	Jose Carlos Teixeira +0,22 27.09	57.93	1:30.21	2:02.74	2:02.74
	97	Ivo Pinto Ribeiro +0,33 26.70	40.83	1:27.22	1:59.49	1:59.49
14.		Louletano / Loule Concelho	<b>8:12.20</b>	+0,76	614	3,00
	98	Tiago Martins Boleta +0,76 27.39	58.98	1:31.90	2:05.47	2:05.47
	96	Luis Pedro Fernandes +0,34 27.70	58.56	1:31.42	2:04.38	2:04.38
	95	Nathan Keith Theodoris +0,31 26.79	56.21	1:26.14	1:56.32	1:56.32
	99	Eduardo Cardoso Lopes +0,45 27.54	59.25	1:32.69	2:06.03	2:06.03
15.		Portinado	<b>8:20.74</b>	+0,66	583	2,00
	95	Miguel Duarte Nascimento +0,66 26.21	56.32	1:25.72	1:53.75	1:53.75
	87	Hugo Alexandre Amaral +0,31 28.41	1:00.62	1:35.34	2:10.50	2:10.50
	86	Alexandre Escudier Agostinho +0,43 25.82	55.38	1:27.38	2:02.10	2:02.10
	99	Andre Santa Rita +0,41 28.87	1:02.17	1:37.94	2:14.39	2:14.39
16.		Feirense	<b>8:35.68</b>	+0,70	534	1,00
	93	Emanuel Augusto Pinho +0,70 28.88	1:00.53	1:34.11	2:09.03	2:09.03
	97	Andre Filipe Correia +0,32 29.95	1:04.04	1:40.33	2:14.48	2:14.48
	94	Alcides Costa Sousa +0,58 27.77	59.45	1:34.50	2:08.28	2:08.28
	96	Job Santos Silva +0,59 27.66	59.27	1:32.75	2:03.89	2:03.89

Prova 76 12-04-2015	Masc., 4 x 200m Livres 1ª Divisão				1ª Divisão MASC Resultados
Recordes Nacionais 50m Absoluto	7:33.17	Sporting Clube de Portugal	SCP	Coimbra	06-04-2012
Recordes Nacionais 50m Inf B	8:58.21	Associação Naval Amorense	ANAM	Loulé	18-07-2014
Recordes Nacionais 50m Inf	8:35.01	tempo limite			
Recordes Nacionais 50m Inf A	8:35.01	Associação Naval Amorense	ANAM	Porto	23-07-2010
Recordes Nacionais 50m Juv B	8:15.48	Viana Natacao Clube	VNC	Povoa de Varzim	04-08-2011
Recordes Nacionais 50m Juv	7:58.57	tempo limite			
Recordes Nacionais 50m Juv A	7:58.57	Associação Naval Amorense	ANAM	Jamor	26-07-2012
Recordes Nacionais 50m Jun	7:44.42	Associação Naval Amorense	ANAM	Coimbra	05-04-2014
Recordes Nacionais 50m Sen	7:33.17	Sporting Clube de Portugal	SCP	Coimbra	06-04-2012

Pontos: FINA 2015

Lugar	NFed	Clube			Tempo Final	TReac	Pts FINA	Pts
1.		Sporting			<b>7:31.41</b>	+0,75	797	9,0-
		<i>Rec Nacional, Abs</i>						
		Guilherme Pereira Dias	97	+0,75	26.30	55.27	1:24.37	1:53.40
		Mario Andre Bonanca	90	+0,39	26.55	55.71	1:24.91	1:54.14
		Pedro Miguel Pinotes	89	+0,33	26.87	56.14	1:25.16	1:53.66
		Alexis Manacas Santos	92	+0,44	25.22	53.45	1:22.02	1:50.21
2.		Estrelas S. Joao de Brito			<b>7:41.56</b>	+0,63	745	7,0-
		Artiom Viatcheslavovitch Poliakov	93	+0,63	26.53	55.88	1:26.50	1:55.53
		Talal Mrabet	87	+0,45	27.08	56.43	1:26.34	1:55.89
		Diogo Gomes Sousa	95	+0,46	26.47	56.33	1:26.65	1:57.73
		Pedro Diogo Oliveira	88	+0,27	25.24	53.43	1:22.94	1:52.41
3.		Nautico /Urgicentro-Sanfil			<b>7:41.93</b>	+0,66	743	6,0-
		Mario Alexandre Pereira	92	+0,66	25.87	54.20	1:22.88	1:51.19
		Francisco Xavier Goncalves	97	+0,26	26.14	55.98	1:26.92	1:58.40
		Tomas Miguel Veloso	96	+0,33	26.74	56.05	1:25.27	1:55.01
		Miguel Silva Oliveira	91	+0,33	26.98	56.85	1:27.36	1:57.33
4.		Naval Amorense			<b>7:45.67</b>	+0,68	726	5,0-
		Joao Pedro Gil	97	+0,68	26.84	55.81	1:26.24	1:55.96
		Rafael Lourenco Gil	96	+0,61	27.09	56.19	1:25.54	1:55.00
		Fabio Alcantara Aires	97	+0,34	26.94	56.47	1:26.63	1:56.37
		Tiago Ferreira Azevedo	95	+0,41	26.04	55.63	1:26.27	1:58.34
5.		Famalicao			<b>7:46.86</b>	+0,78	720	4,0-
		Luis Emanuel Vaz	91	+0,78	26.35	54.94	1:23.81	1:51.85
		Ricardo Amorim Rego	84	+0,31	26.45	56.70	1:28.15	2:00.15
		Rui Pedro Faria	94	+0,47	26.69	56.39	1:27.52	1:58.39
		Adriano Miguel Niz	86	+0,35	26.65	56.29	1:26.87	1:56.47
6.		Porto			<b>7:57.66</b>	+0,65	672	3,0-
		Eduardo Salgado Ramos	97	+0,65	27.03	56.37	1:26.43	1:57.52
		Goncalo Miguel Nogueira	98	+0,15	26.35	57.18	1:29.40	2:00.78
		Andre Resende Pinheiro	97	+0,63	27.14	57.34	1:28.37	1:58.76
		Tomas Correia Silva	95	+0,68	26.59	56.73	1:28.67	2:00.60
7.		Colegio Vasco da Gama			<b>8:04.92</b>	+0,70	643	2,0-
		Nuno Goncalo Quintanilha	87	+0,70	26.51	55.68	1:24.75	1:55.03
		Jose Joao Bica	87	+0,33	27.25	57.81	1:29.43	2:01.59
		Carlos Eduardo Alenquer	89	+0,14	27.85	58.81	1:30.56	2:04.12
		Ricardo Verissimo Sousa	93	+0,35	27.47	58.81	1:31.75	2:04.18
DNS		Amadora						-