

Campeonato Nacional de Juvenis  
Campeonato Absolutos de Portugal-OPEN/SOMAGUE  
Coimbra, 23.7. - 26.7.2015

Prova 1 23-07-2015 - 17:10	Masc., 1500m Livres SOMAGUE				Open Resultados
Rec Nac Absoluto	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007
Rec Nac Inf B	17:21.58	Pedro Fontoura Oliveira	CFB	Restelo	27-07-2003
Rec Nac Inf A	16:43.48	Pedro Fontoura Oliveira	CFB	Rio Maior	19-06-2004
Rec Nac Juv B	16:31.97	Pedro Fontoura Oliveira	CFB	Lisboa	28-05-2005
Rec Nac Juv A	15:45.55	Gustavo Manuel Santa	FPN	Tampere (FIN)	23-07-2009
Rec Nac Jun17	15:49.04	Guilherme Filipe Pina	POR	Baku (AZE)	24-06-2015
Rec Nac Jun18	15:34.51	Fernando Eurico Costa	FPN	Luxemburgo (LUX)	24-01-2003
Rec Nac Sen	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts	
1.	Anton Oerskov Ipsen	94	Denmark	<b>15:25.68</b>	<b>+0,77</b>	<b>833</b>		
	50m: 28.39	28.39	450m: 4:36.06	30.94	850m: 8:42.67	30.66	1250m: 12:51.04	31.24
	100m: 58.85	30.46	500m: 5:07.03	30.97	900m: 9:13.51	30.84	1300m: 13:22.32	31.28
	150m: 1:29.85	31.00	550m: 5:37.86	30.83	950m: 9:44.56	31.05	1350m: 13:53.44	31.12
	200m: 2:00.76	30.91	600m: 6:08.73	30.87	1000m: 10:15.49	30.93	1400m: 14:24.61	31.17
	250m: 2:31.79	31.03	650m: 6:39.66	30.93	1050m: 10:46.57	31.08	1450m: 14:55.64	31.03
	300m: 3:02.86	31.07	700m: 7:10.30	30.64	1100m: 11:17.66	31.09	1500m: 15:25.68	30.04
	350m: 3:34.07	31.21	750m: 7:41.06	30.76	1150m: 11:48.80	31.14		
	400m: 4:05.12	31.05	800m: 8:12.01	30.95	1200m: 12:19.80	31.00		
2.	Alexandre Valdagua Coutinhc97	97	Columbofila Cantanhedense	<b>15:43.34</b>	<b>+0,73</b>	<b>787</b>		
	50m: 28.89	28.89	450m: 4:38.21	31.39	850m: 8:51.24	31.42	1250m: 13:05.03	31.66
	100m: 59.32	30.43	500m: 5:09.71	31.50	900m: 9:22.69	31.45	1300m: 13:37.05	32.02
	150m: 1:30.51	31.19	550m: 5:41.25	31.54	950m: 9:54.40	31.71	1350m: 14:08.92	31.87
	200m: 2:01.75	31.24	600m: 6:13.00	31.75	1000m: 10:26.16	31.76	1400m: 14:40.65	31.73
	250m: 2:33.03	31.28	650m: 6:44.68	31.68	1050m: 10:58.08	31.92	1450m: 15:12.60	31.95
	300m: 3:04.43	31.40	700m: 7:16.46	31.78	1100m: 11:29.72	31.64	1500m: 15:43.34	30.74
	350m: 3:35.64	31.21	750m: 7:47.97	31.51	1150m: 12:01.31	31.59		
	400m: 4:06.82	31.18	800m: 8:19.82	31.85	1200m: 12:33.37	32.06		
3.	Oli Mortensen	96	Havnar	<b>15:49.14</b>	<b>+0,95</b>	<b>772</b>		
	50m: 29.13	29.13	450m: 4:39.14	31.44	850m: 8:52.42	31.92	1250m: 13:08.81	32.36
	100m: 59.82	30.69	500m: 5:10.48	31.34	900m: 9:24.33	31.91	1300m: 13:41.08	32.27
	150m: 1:31.22	31.40	550m: 5:42.16	31.68	950m: 9:56.24	31.91	1350m: 14:13.81	32.73
	200m: 2:02.33	31.11	600m: 6:13.72	31.56	1000m: 10:27.91	31.67	1400m: 14:46.03	32.22
	250m: 2:33.92	31.59	650m: 6:45.20	31.48	1050m: 10:59.88	31.97	1450m: 15:18.58	32.55
	300m: 3:05.16	31.24	700m: 7:16.94	31.74	1100m: 11:31.98	32.10	1500m: 15:49.14	30.56
	350m: 3:36.56	31.40	750m: 7:48.64	31.70	1150m: 12:04.14	32.16		
	400m: 4:07.70	31.14	800m: 8:20.50	31.86	1200m: 12:36.45	32.31		
4.	Guilherme Filipe Pina	98	Benedita	<b>15:51.45</b>	<b>+0,70</b>	<b>767</b>		
	50m: 28.98	28.98	450m: 4:40.38	31.93	850m: 8:55.51	31.93	1250m: 13:12.02	32.32
	100m: 59.74	30.76	500m: 5:12.09	31.71	900m: 9:27.46	31.95	1300m: 13:44.21	32.19
	150m: 1:31.08	31.34	550m: 5:43.96	31.87	950m: 9:59.42	31.96	1350m: 14:16.45	32.24
	200m: 2:02.25	31.17	600m: 6:15.87	31.91	1000m: 10:31.29	31.87	1400m: 14:48.62	32.17
	250m: 2:33.83	31.58	650m: 6:47.84	31.97	1050m: 11:03.31	32.02	1450m: 15:20.71	32.09
	300m: 3:05.25	31.42	700m: 7:19.54	31.70	1100m: 11:35.37	32.06	1500m: 15:51.45	30.74
	350m: 3:36.97	31.72	750m: 7:51.66	32.12	1150m: 12:07.55	32.18		
	400m: 4:08.45	31.48	800m: 8:23.58	31.92	1200m: 12:39.70	32.15		



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Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
5.	Joao Alexandre Vital	98	Colegio Monte Maior	<b>15:55.07</b>	<b>+0,67</b>	<b>758</b>	
	50m: 29.25 29.25	450m: 4:44.10 31.62	850m: 8:58.19 31.83	1250m: 13:15.30 32.20			
	100m: 1:00.74 31.49	500m: 5:15.75 31.65	900m: 9:30.28 32.09	1300m: 13:47.43 32.13			
	150m: 1:32.39 31.65	550m: 5:47.18 31.43	950m: 10:02.32 32.04	1350m: 14:19.70 32.27			
	200m: 2:04.78 32.39	600m: 6:18.97 31.79	1000m: 10:34.49 32.17	1400m: 14:52.38 32.68			
	250m: 2:36.84 32.06	650m: 6:50.67 31.70	1050m: 11:06.50 32.01	1450m: 15:24.57 32.19			
	300m: 3:08.80 31.96	700m: 7:22.56 31.89	1100m: 11:38.81 32.31	1500m: 15:55.07 30.50			
	350m: 3:40.64 31.84	750m: 7:54.40 31.84	1150m: 12:10.72 31.91				
	400m: 4:12.48 31.84	800m: 8:26.36 31.96	1200m: 12:43.10 32.38				
6.	Gonzalo Carazo Barbero	96	Gredos S.D. Moratal	<b>16:02.70</b>	<b>+0,78</b>	<b>740</b>	
	50m: 27.37 27.37	450m: 4:41.12 32.03	850m: 9:02.35 33.00	1250m: 13:22.96 32.67			
	100m: 58.01 30.64	500m: 5:13.61 32.49	900m: 9:35.49 33.14	1300m: 13:55.60 32.64			
	150m: 1:29.52 31.51	550m: 5:45.39 31.78	950m: 10:08.27 32.78	1350m: 14:28.61 33.01			
	200m: 2:01.17 31.65	600m: 6:17.65 32.26	1000m: 10:41.01 32.74	1400m: 15:01.80 33.19			
	250m: 2:32.94 31.77	650m: 6:50.17 32.52	1050m: 11:13.52 32.51	1450m: 15:32.65 30.85			
	300m: 3:04.89 31.95	700m: 7:23.15 32.98	1100m: 11:45.80 32.28	1500m: 16:02.70 30.05			
	350m: 3:37.00 32.11	750m: 7:56.24 33.09	1150m: 12:17.91 32.11				
	400m: 4:09.09 32.09	800m: 8:29.35 33.11	1200m: 12:50.29 32.38				
7.	Brendan Gibbons	95	Athlone	<b>16:04.04</b>	<b>+0,67</b>	<b>737</b>	
	50m: 29.02 29.02	450m: 4:41.85 32.11	850m: 9:01.86 32.57	1250m: 13:24.04 32.49			
	100m: 1:00.36 31.34	500m: 5:14.05 32.20	900m: 9:34.50 32.64	1300m: 13:56.32 32.28			
	150m: 1:31.88 31.52	550m: 5:46.27 32.22	950m: 10:06.96 32.46	1350m: 14:29.05 32.73			
	200m: 2:03.41 31.53	600m: 6:18.63 32.36	1000m: 10:40.43 33.47	1400m: 15:01.56 32.51			
	250m: 2:34.45 31.04	650m: 6:51.06 32.43	1050m: 11:12.62 32.19	1450m: 15:33.30 31.74			
	300m: 3:06.22 31.77	700m: 7:23.76 32.70	1100m: 11:45.62 33.00	1500m: 16:04.04 30.74			
	350m: 3:37.82 31.60	750m: 7:56.68 32.92	1150m: 12:18.43 32.81				
	400m: 4:09.74 31.92	800m: 8:29.29 32.61	1200m: 12:51.55 33.12				
8.	Pedro Maria Bessa	95	Vilacondense	<b>16:14.78</b>	<b>+0,83</b>	<b>713</b>	
	50m: 28.96 28.96	450m: 4:48.46 32.37	850m: 9:08.42 32.62	1250m: 13:32.51 33.36			
	100m: 1:00.48 31.52	500m: 5:20.79 32.33	900m: 9:41.09 32.67	1300m: 14:05.30 32.79			
	150m: 1:32.80 32.32	550m: 5:53.29 32.50	950m: 10:14.31 33.22	1350m: 14:38.58 33.28			
	200m: 2:05.39 32.59	600m: 6:25.86 32.57	1000m: 10:47.14 32.83	1400m: 15:11.78 33.20			
	250m: 2:38.11 32.72	650m: 6:58.32 32.46	1050m: 11:19.89 32.75	1450m: 15:44.35 32.57			
	300m: 3:10.89 32.78	700m: 7:30.73 32.41	1100m: 11:53.14 33.25	1500m: 16:14.78 30.43			
	350m: 3:43.62 32.73	750m: 8:03.35 32.62	1150m: 12:26.06 32.92				
	400m: 4:16.09 32.47	800m: 8:35.80 32.45	1200m: 12:59.15 33.09				
9.	Ethan O'Brien	97	Munster Squad	<b>16:17.42</b>	<b>+0,71</b>	<b>707</b>	
	50m: 28.24 28.24	450m: 4:46.32 33.00	850m: 9:08.49 32.58	1250m: 13:34.00 33.27			
	100m: 59.83 31.59	500m: 5:19.15 32.83	900m: 9:41.54 33.05	1300m: 14:07.37 33.37			
	150m: 1:31.52 31.69	550m: 5:51.71 32.56	950m: 10:14.58 33.04	1350m: 14:40.45 33.08			
	200m: 2:03.64 32.12	600m: 6:24.90 33.19	1000m: 10:47.76 33.18	1400m: 15:13.78 33.33			
	250m: 2:35.57 31.93	650m: 6:57.11 32.21	1050m: 11:20.68 32.92	1450m: 15:46.38 32.60			
	300m: 3:08.11 32.54	700m: 7:30.44 33.33	1100m: 11:54.05 33.37	1500m: 16:17.42 31.04			
	350m: 3:40.11 32.00	750m: 8:03.16 32.72	1150m: 12:27.17 33.12				
	400m: 4:13.32 33.21	800m: 8:35.91 32.75	1200m: 13:00.73 33.56				



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Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	Diogo Manuel Marques	98	Columbofila Cantanhedense	<b>16:17.66</b>	<b>+0,71</b>	<b>707</b>	
	50m: 29.14 29.14	450m: 4:49.31 32.56	850m: 9:12.27 33.23	1250m: 13:36.58 32.95			
	100m: 1:00.45 31.31	500m: 5:22.12 32.81	900m: 9:44.96 32.69	1300m: 14:09.34 32.76			
	150m: 1:32.69 32.24	550m: 5:55.45 33.33	950m: 10:18.36 33.40	1350m: 14:42.38 33.04			
	200m: 2:05.09 32.40	600m: 6:27.98 32.53	1000m: 10:51.08 32.72	1400m: 15:14.88 32.50			
	250m: 2:38.52 33.43	650m: 7:00.86 32.88	1050m: 11:24.36 33.28	1450m: 15:47.55 32.67			
	300m: 3:11.39 32.87	700m: 7:33.44 32.58	1100m: 11:57.17 32.81	1500m: 16:17.66 30.11			
	350m: 3:44.28 32.89	750m: 8:06.30 32.86	1150m: 12:30.46 33.29				
	400m: 4:16.75 32.47	800m: 8:39.04 32.74	1200m: 13:03.63 33.17				
11.	Mario Andre Bonanca	90	Sporting	<b>16:22.78</b>	<b>+0,80</b>	<b>696</b>	
	50m: 29.38 29.38	450m: 4:42.84 32.32	850m: 9:09.32 33.31	1250m: 13:37.85 33.87			
	100m: 1:00.70 31.32	500m: 5:15.75 32.91	900m: 9:42.74 33.42	1300m: 14:11.40 33.55			
	150m: 1:32.32 31.62	550m: 5:48.88 33.13	950m: 10:16.07 33.33	1350m: 14:44.67 33.27			
	200m: 2:03.63 31.31	600m: 6:22.40 33.52	1000m: 10:49.85 33.78	1400m: 15:17.96 33.29			
	250m: 2:35.20 31.57	650m: 6:55.65 33.25	1050m: 11:23.00 33.15	1450m: 15:50.91 32.95			
	300m: 3:06.71 31.51	700m: 7:29.22 33.57	1100m: 11:56.85 33.85	1500m: 16:22.78 31.87			
	350m: 3:38.46 31.75	750m: 8:02.62 33.40	1150m: 12:30.29 33.44				
	400m: 4:10.52 32.06	800m: 8:36.01 33.39	1200m: 13:03.98 33.69				
12.	Tiago Silva Oliveira	94	Leixoes	<b>16:26.81</b>	<b>+0,77</b>	<b>687</b>	
	50m: 28.84 28.84	450m: 4:45.52 32.37	850m: 9:09.80 33.32	1250m: 13:38.52 33.67			
	100m: 1:00.02 31.18	500m: 5:17.84 32.32	900m: 9:43.27 33.47	1300m: 14:12.12 33.60			
	150m: 1:31.87 31.85	550m: 5:50.40 32.56	950m: 10:16.97 33.70	1350m: 14:45.95 33.83			
	200m: 2:04.07 32.20	600m: 6:23.26 32.86	1000m: 10:50.34 33.37	1400m: 15:19.59 33.64			
	250m: 2:35.98 31.91	650m: 6:56.38 33.12	1050m: 11:24.08 33.74	1450m: 15:53.58 33.99			
	300m: 3:08.31 32.33	700m: 7:29.62 33.24	1100m: 11:57.78 33.70	1500m: 16:26.81 33.23			
	350m: 3:40.74 32.43	750m: 8:03.09 33.47	1150m: 12:31.37 33.59				
	400m: 4:13.15 32.41	800m: 8:36.48 33.39	1200m: 13:04.85 33.48				
13.	Ashley Hogg	98	Co Manch Aq	<b>16:30.46</b>	<b>+0,79</b>	<b>680</b>	
	50m: 28.89 28.89	450m: 4:47.84 32.93	850m: 9:13.01 33.54	1250m: 13:42.23 33.86			
	100m: 1:00.31 31.42	500m: 5:20.55 32.71	900m: 9:46.37 33.36	1300m: 14:16.29 34.06			
	150m: 1:32.39 32.08	550m: 5:53.85 33.30	950m: 10:19.65 33.28	1350m: 14:49.97 33.68			
	200m: 2:04.55 32.16	600m: 6:26.78 32.93	1000m: 10:53.40 33.75	1400m: 15:24.41 34.44			
	250m: 2:36.96 32.41	650m: 7:00.16 33.38	1050m: 11:26.87 33.47	1450m: 15:57.92 33.51			
	300m: 3:09.11 32.15	700m: 7:33.47 33.31	1100m: 12:00.36 33.49	1500m: 16:30.46 32.54			
	350m: 3:42.07 32.96	750m: 8:06.50 33.03	1150m: 12:34.59 34.23				
	400m: 4:14.91 32.84	800m: 8:39.47 32.97	1200m: 13:08.37 33.78				
14.	Bruno Jose Silva	98	Braga	<b>16:39.48</b>	<b>+0,93</b>	<b>661</b>	
	50m: 30.42 30.42	450m: 4:56.36 33.58	850m: 9:24.21 33.30	1250m: 13:53.25 33.98			
	100m: 1:02.84 32.42	500m: 5:29.69 33.33	900m: 9:57.81 33.60	1300m: 14:27.09 33.84			
	150m: 1:35.66 32.82	550m: 6:03.28 33.59	950m: 10:31.27 33.46	1350m: 15:00.59 33.50			
	200m: 2:08.91 33.25	600m: 6:36.71 33.43	1000m: 11:04.98 33.71	1400m: 15:34.50 33.91			
	250m: 2:42.32 33.41	650m: 7:09.97 33.26	1050m: 11:38.68 33.70	1450m: 16:07.70 33.20			
	300m: 3:15.73 33.41	700m: 7:43.93 33.96	1100m: 12:12.31 33.63	1500m: 16:39.48 31.78			
	350m: 3:49.30 33.57	750m: 8:17.36 33.43	1150m: 12:45.48 33.17				
	400m: 4:22.78 33.48	800m: 8:50.91 33.55	1200m: 13:19.27 33.79				



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Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
15.	Diogo Barbosa Nunes	00	Fluvial Portuense	<b>16:44.10</b>	<b>+0,79</b>	<b>652</b>	
	50m: 28.94 28.94	450m: 4:49.45 33.03	850m: 9:21.08 34.33	1250m: 13:54.59 34.19			
	100m: 1:00.04 31.10	500m: 5:23.33 33.88	900m: 9:55.60 34.52	1300m: 14:28.85 34.26			
	150m: 1:32.17 32.13	550m: 5:57.14 33.81	950m: 10:29.67 34.07	1350m: 15:02.71 33.86			
	200m: 2:04.83 32.66	600m: 6:31.31 34.17	1000m: 11:03.46 33.79	1400m: 15:36.89 34.18			
	250m: 2:37.89 33.06	650m: 7:05.18 33.87	1050m: 11:37.56 34.10	1450m: 16:10.67 33.78			
	300m: 3:10.45 32.56	700m: 7:39.19 34.01	1100m: 12:11.81 34.25	1500m: 16:44.10 33.43			
	350m: 3:43.28 32.83	750m: 8:12.76 33.57	1150m: 12:46.04 34.23				
	400m: 4:16.42 33.14	800m: 8:46.75 33.99	1200m: 13:20.40 34.36				
16.	Jose Paulo Lopes	00	Braga	<b>16:45.96</b>	<b>+0,79</b>	<b>649</b>	
	50m: 29.63 29.63	450m: 4:54.88 33.35	850m: 9:24.06 33.97	1250m: 13:56.09 34.19			
	100m: 1:01.94 32.31	500m: 5:28.26 33.38	900m: 9:57.81 33.75	1300m: 14:30.51 34.42			
	150m: 1:34.67 32.73	550m: 6:01.44 33.18	950m: 10:31.71 33.90	1350m: 15:04.71 34.20			
	200m: 2:08.09 33.42	600m: 6:34.99 33.55	1000m: 11:05.83 34.12	1400m: 15:38.92 34.21			
	250m: 2:41.18 33.09	650m: 7:08.52 33.53	1050m: 11:39.64 33.81	1450m: 16:13.21 34.29			
	300m: 3:14.69 33.51	700m: 7:42.54 34.02	1100m: 12:13.83 34.19	1500m: 16:45.96 32.75			
	350m: 3:47.96 33.27	750m: 8:16.22 33.68	1150m: 12:47.81 33.98				
	400m: 4:21.53 33.57	800m: 8:50.09 33.87	1200m: 13:21.90 34.09				
17.	Pedro Veiguiinha Martins	96	Braga	<b>16:47.58</b>	<b>+0,80</b>	<b>646</b>	
	50m: 30.28 30.28	450m: 5:00.86 33.42	850m: 9:32.35 33.47	1250m: 14:01.88 33.76			
	100m: 1:04.02 33.74	500m: 5:35.13 34.27	900m: 10:06.27 33.92	1300m: 14:36.22 34.34			
	150m: 1:37.67 33.65	550m: 6:08.67 33.54	950m: 10:39.48 33.21	1350m: 15:09.67 33.45			
	200m: 2:12.26 34.59	600m: 6:42.55 33.88	1000m: 11:13.02 33.54	1400m: 15:43.43 33.76			
	250m: 2:45.66 33.40	650m: 7:16.12 33.57	1050m: 11:46.34 33.32	1450m: 16:16.11 32.68			
	300m: 3:20.14 34.48	700m: 7:50.61 34.49	1100m: 12:20.65 34.31	1500m: 16:47.58 31.47			
	350m: 3:53.66 33.52	750m: 8:24.60 33.99	1150m: 12:53.93 33.28				
	400m: 4:27.44 33.78	800m: 8:58.88 34.28	1200m: 13:28.12 34.19				
18.	Narciso Daniel Correia	97	Braga	<b>16:47.95</b>	<b>+0,75</b>	<b>645</b>	
	50m: 30.07 30.07	450m: 5:00.97 34.02	850m: 9:31.36 33.75	1250m: 14:01.83 33.84			
	100m: 1:03.12 33.05	500m: 5:35.09 34.12	900m: 10:05.24 33.88	1300m: 14:36.08 34.25			
	150m: 1:36.04 32.92	550m: 6:09.08 33.99	950m: 10:38.68 33.44	1350m: 15:10.14 34.06			
	200m: 2:09.85 33.81	600m: 6:42.65 33.57	1000m: 11:13.09 34.41	1400m: 15:44.02 33.88			
	250m: 2:43.85 34.00	650m: 7:16.56 33.91	1050m: 11:46.84 33.75	1450m: 16:17.03 33.01			
	300m: 3:18.06 34.21	700m: 7:49.91 33.35	1100m: 12:20.62 33.78	1500m: 16:47.95 30.92			
	350m: 3:52.26 34.20	750m: 8:23.61 33.70	1150m: 12:54.36 33.74				
	400m: 4:26.95 34.69	800m: 8:57.61 34.00	1200m: 13:27.99 33.63				
19.	Joao Andre Neves	95	Academica de Coimbra	<b>16:50.36</b>	<b>+0,72</b>	<b>640</b>	
	50m: 30.25 30.25	450m: 4:57.37 33.57	850m: 9:28.17 33.89	1250m: 14:00.50 34.05			
	100m: 1:02.53 32.28	500m: 5:31.42 34.05	900m: 10:01.99 33.82	1300m: 14:34.88 34.38			
	150m: 1:35.41 32.88	550m: 6:04.96 33.54	950m: 10:36.08 34.09	1350m: 15:08.95 34.07			
	200m: 2:08.57 33.16	600m: 6:38.96 34.00	1000m: 11:10.03 33.95	1400m: 15:43.59 34.64			
	250m: 2:42.00 33.43	650m: 7:12.64 33.68	1050m: 11:43.90 33.87	1450m: 16:17.01 33.42			
	300m: 3:15.70 33.70	700m: 7:46.75 34.11	1100m: 12:18.11 34.21	1500m: 16:50.36 33.35			
	350m: 3:49.39 33.69	750m: 8:20.16 33.41	1150m: 12:52.05 33.94				
	400m: 4:23.80 34.41	800m: 8:54.28 34.12	1200m: 13:26.45 34.40				



Campeonato Nacional de Juvenis  
Campeonato Absolutos de Portugal-OPEN/SOMAGUE  
Coimbra, 23.7. - 26.7.2015

Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
20.	Miguel Angelo Silvestre	97	Alcobaca	<b>16:58.91</b>	<b>+0,65</b>	<b>624</b>	
	50m: 29.68 29.68	450m: 4:59.57 34.72	850m: 9:34.85 33.86	1250m: 14:07.94 34.40			
	100m: 1:02.07 32.39	500m: 5:34.29 34.72	900m: 10:08.85 34.00	1300m: 14:42.17 34.23			
	150m: 1:35.38 33.31	550m: 6:09.29 35.00	950m: 10:43.23 34.38	1350m: 15:16.58 34.41			
	200m: 2:08.91 33.53	600m: 6:43.88 34.59	1000m: 11:17.10 33.87	1400m: 15:50.83 34.25			
	250m: 2:42.67 33.76	650m: 7:18.56 34.68	1050m: 11:51.63 34.53	1450m: 16:25.15 34.32			
	300m: 3:16.28 33.61	700m: 7:52.93 34.37	1100m: 12:25.62 33.99	1500m: 16:58.91 33.76			
	350m: 3:50.61 34.33	750m: 8:27.30 34.37	1150m: 12:59.62 34.00				
	400m: 4:24.85 34.24	800m: 9:00.99 33.69	1200m: 13:33.54 33.92				
21.	Sergio Filipe Travanca	00	Fluvial Portuense	<b>16:59.65</b>	<b>+0,75</b>	<b>623</b>	
	50m: 30.83 30.83	450m: 5:03.53 34.46	850m: 9:38.10 34.52	1250m: 14:11.35 33.72			
	100m: 1:04.09 33.26	500m: 5:37.55 34.02	900m: 10:11.93 33.83	1300m: 14:45.15 33.80			
	150m: 1:37.87 33.78	550m: 6:12.09 34.54	950m: 10:46.45 34.52	1350m: 15:19.31 34.16			
	200m: 2:11.60 33.73	600m: 6:46.15 34.06	1000m: 11:20.74 34.29	1400m: 15:53.18 33.87			
	250m: 2:46.25 34.65	650m: 7:20.73 34.58	1050m: 11:55.25 34.51	1450m: 16:26.90 33.72			
	300m: 3:20.36 34.11	700m: 7:55.07 34.34	1100m: 12:29.45 34.20	1500m: 16:59.65 32.75			
	350m: 3:54.95 34.59	750m: 8:29.63 34.56	1150m: 13:03.91 34.46				
	400m: 4:29.07 34.12	800m: 9:03.58 33.95	1200m: 13:37.63 33.72				
22.	Duarte Filipe Rodrigues	99	Alges	<b>17:02.12</b>	<b>+0,83</b>	<b>618</b>	
	50m: 30.38 30.38	450m: 5:03.52 34.28	850m: 9:38.96 34.39	1250m: 14:13.00 33.95			
	100m: 1:03.86 33.48	500m: 5:37.93 34.41	900m: 10:13.14 34.18	1300m: 14:47.41 34.41			
	150m: 1:37.61 33.75	550m: 6:12.51 34.58	950m: 10:47.31 34.17	1350m: 15:21.63 34.22			
	200m: 2:11.80 34.19	600m: 6:46.84 34.33	1000m: 11:21.63 34.32	1400m: 15:55.98 34.35			
	250m: 2:46.14 34.34	650m: 7:21.44 34.60	1050m: 11:55.83 34.20	1450m: 16:29.39 33.41			
	300m: 3:20.52 34.38	700m: 7:55.81 34.37	1100m: 12:30.19 34.36	1500m: 17:02.12 32.73			
	350m: 3:54.73 34.21	750m: 8:30.24 34.43	1150m: 13:04.64 34.45				
	400m: 4:29.24 34.51	800m: 9:04.57 34.33	1200m: 13:39.05 34.41				
23.	Joao Luis Travanca	97	Fluvial Portuense	<b>17:02.74</b>	<b>+0,87</b>	<b>617</b>	
	50m: 29.82 29.82	450m: 4:56.99 34.07	850m: 9:31.10 34.64	1250m: 14:10.35 34.63			
	100m: 1:01.49 31.67	500m: 5:31.73 34.74	900m: 10:05.80 34.70	1300m: 14:45.15 34.80			
	150m: 1:34.43 32.94	550m: 6:05.75 34.02	950m: 10:40.93 35.13	1350m: 15:20.32 35.17			
	200m: 2:07.24 32.81	600m: 6:39.83 34.08	1000m: 11:15.89 34.96	1400m: 15:55.70 35.38			
	250m: 2:40.73 33.49	650m: 7:13.92 34.09	1050m: 11:50.62 34.73	1450m: 16:29.35 33.65			
	300m: 3:14.50 33.77	700m: 7:47.94 34.02	1100m: 12:25.88 35.26	1500m: 17:02.74 33.39			
	350m: 3:48.64 34.14	750m: 8:22.26 34.32	1150m: 13:00.83 34.95				
	400m: 4:22.92 34.28	800m: 8:56.46 34.20	1200m: 13:35.72 34.89				
24.	Tomas Gomes Oliveira	99	Nautico Marinha Grande	<b>17:03.35</b>	<b>+0,79</b>	<b>616</b>	
	50m: 30.00 30.00	450m: 4:57.69 33.91	850m: 9:31.97 34.59	1250m: 14:11.42 34.72			
	100m: 1:02.16 32.16	500m: 5:31.98 34.29	900m: 10:07.14 35.17	1300m: 14:46.28 34.86			
	150m: 1:35.10 32.94	550m: 6:06.08 34.10	950m: 10:41.85 34.71	1350m: 15:21.07 34.79			
	200m: 2:08.63 33.53	600m: 6:40.27 34.19	1000m: 11:16.61 34.76	1400m: 15:55.67 34.60			
	250m: 2:42.10 33.47	650m: 7:14.34 34.07	1050m: 11:51.45 34.84	1450m: 16:30.15 34.48			
	300m: 3:16.25 34.15	700m: 7:48.75 34.41	1100m: 12:26.44 34.99	1500m: 17:03.35 33.20			
	350m: 3:49.94 33.69	750m: 8:22.86 34.11	1150m: 13:01.60 35.16				
	400m: 4:23.78 33.84	800m: 8:57.38 34.52	1200m: 13:36.70 35.10				

Campeonato Nacional de Juvenis  
Campeonato Absolutos de Portugal-OPEN/SOMAGUE  
Coimbra, 23.7. - 26.7.2015

Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts	
25.	Alexandre Magno Carvalho	98	Fluvial Portuense	<b>17:04.84</b>	<b>+0,78</b>	<b>613</b>		
	50m: 29.56	29.56	450m: 4:59.94	34.08	850m: 9:33.90	34.34	1250m: 14:12.76	35.00
	100m: 1:01.94	32.38	500m: 5:34.20	34.26	900m: 10:08.89	34.99	1300m: 14:47.75	34.99
	150m: 1:35.38	33.44	550m: 6:07.93	33.73	950m: 10:43.67	34.78	1350m: 15:22.72	34.97
	200m: 2:08.94	33.56	600m: 6:42.27	34.34	1000m: 11:18.67	35.00	1400m: 15:57.37	34.65
	250m: 2:43.10	34.16	650m: 7:16.29	34.02	1050m: 11:53.30	34.63	1450m: 16:31.90	34.53
	300m: 3:17.23	34.13	700m: 7:50.81	34.52	1100m: 12:28.27	34.97	1500m: 17:04.84	32.94
	350m: 3:51.59	34.36	750m: 8:25.05	34.24	1150m: 13:03.01	34.74		
	400m: 4:25.86	34.27	800m: 8:59.56	34.51	1200m: 13:37.76	34.75		
26.	Rafael Ladeira Santos	98	Geslours	<b>17:05.13</b>	<b>+0,91</b>	<b>613</b>		
	50m: 29.35	29.35	450m: 5:03.96	34.59	850m: 9:39.48	34.43	1250m: 14:14.33	34.42
	100m: 1:02.35	33.00	500m: 5:38.68	34.72	900m: 10:13.65	34.17	1300m: 14:48.87	34.54
	150m: 1:36.46	34.11	550m: 6:13.45	34.77	950m: 10:47.85	34.20	1350m: 15:23.31	34.44
	200m: 2:10.77	34.31	600m: 6:47.95	34.50	1000m: 11:22.13	34.28	1400m: 15:57.46	34.15
	250m: 2:45.45	34.68	650m: 7:22.31	34.36	1050m: 11:56.44	34.31	1450m: 16:31.66	34.20
	300m: 3:19.78	34.33	700m: 7:56.60	34.29	1100m: 12:31.02	34.58	1500m: 17:05.13	33.47
	350m: 3:54.84	35.06	750m: 8:30.67	34.07	1150m: 13:05.29	34.27		
	400m: 4:29.37	34.53	800m: 9:05.05	34.38	1200m: 13:39.91	34.62		
27.	Pedro Rafael Garcia	96	Academico Viseu	<b>17:05.26</b>	<b>+0,72</b>	<b>613</b>		
	<i>FTL</i>							
	50m: 29.96	29.96	450m: 5:00.53	34.33	850m: 9:36.61	34.61	1250m: 14:14.30	34.68
	100m: 1:02.31	32.35	500m: 5:34.59	34.06	900m: 10:11.56	34.95	1300m: 14:48.80	34.50
	150m: 1:35.78	33.47	550m: 6:09.06	34.47	950m: 10:46.71	35.15	1350m: 15:23.73	34.93
	200m: 2:09.83	34.05	600m: 6:43.74	34.68	1000m: 11:21.16	34.45	1400m: 15:58.28	34.55
	250m: 2:43.90	34.07	650m: 7:18.20	34.46	1050m: 11:55.43	34.27	1450m: 16:32.25	33.97
	300m: 3:17.87	33.97	700m: 7:52.84	34.64	1100m: 12:30.34	34.91	1500m: 17:05.26	33.01
	350m: 3:52.08	34.21	750m: 8:27.50	34.66	1150m: 13:04.87	34.53		
	400m: 4:26.20	34.12	800m: 9:02.00	34.50	1200m: 13:39.62	34.75		
28.	Ruben Jose Morim	97	Vilacondense	<b>17:06.74</b>	<b>+0,77</b>	<b>610</b>		
	<i>FTL</i>							
	50m: 29.23	29.23	450m: 4:55.65	33.59	850m: 9:32.77	34.31	1250m: 14:12.68	34.66
	100m: 1:01.32	32.09	500m: 5:29.95	34.30	900m: 10:07.81	35.04	1300m: 14:47.93	35.25
	150m: 1:34.02	32.70	550m: 6:04.11	34.16	950m: 10:42.38	34.57	1350m: 15:22.54	34.61
	200m: 2:07.56	33.54	600m: 6:38.93	34.82	1000m: 11:17.34	34.96	1400m: 15:57.82	35.28
	250m: 2:40.73	33.17	650m: 7:13.65	34.72	1050m: 11:52.36	35.02	1450m: 16:32.59	34.77
	300m: 3:14.46	33.73	700m: 7:48.74	35.09	1100m: 12:27.78	35.42	1500m: 17:06.74	34.15
	350m: 3:47.91	33.45	750m: 8:23.34	34.60	1150m: 13:02.27	34.49		
	400m: 4:22.06	34.15	800m: 8:58.46	35.12	1200m: 13:38.02	35.75		
29.	Miguel Ribeiro Bate	99	Alges	<b>17:08.67</b>	<b>+0,72</b>	<b>607</b>		
	50m: 29.62	29.62	450m: 4:59.86	34.30	850m: 9:36.49	35.18	1250m: 14:15.46	35.00
	100m: 1:02.28	32.66	500m: 5:33.88	34.02	900m: 10:11.27	34.78	1300m: 14:50.52	35.06
	150m: 1:35.95	33.67	550m: 6:08.95	35.07	950m: 10:46.39	35.12	1350m: 15:26.04	35.52
	200m: 2:09.60	33.65	600m: 6:43.28	34.33	1000m: 11:21.10	34.71	1400m: 16:00.40	34.36
	250m: 2:43.83	34.23	650m: 7:18.33	35.05	1050m: 11:56.20	35.10	1450m: 16:35.44	35.04
	300m: 3:17.61	33.78	700m: 7:52.62	34.29	1100m: 12:30.87	34.67	1500m: 17:08.67	33.23
	350m: 3:51.81	34.20	750m: 8:27.41	34.79	1150m: 13:05.95	35.08		
	400m: 4:25.56	33.75	800m: 9:01.31	33.90	1200m: 13:40.46	34.51		





Campeonato Nacional de Juvenis  
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Coimbra, 23.7. - 26.7.2015

Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
30.	Eduardo Cardoso Lopes	99	Louletano / Loule Concelho	<b>17:08.96</b>	<b>+0,79</b>	<b>606</b>	
	50m: 30.31 30.31	450m: 5:04.26	35.51	850m: 9:43.32	34.56	1250m: 14:19.88	34.93
	100m: 1:03.09 32.78	500m: 5:39.53	35.27	900m: 10:18.17	34.85	1300m: 14:52.56	32.68
	150m: 1:36.54 33.45	550m: 6:14.43	34.90	950m: 10:52.98	34.81	1350m: 15:28.16	35.60
	200m: 2:10.00 33.46	600m: 6:49.62	35.19	1000m: 11:27.55	34.57	1400m: 16:03.13	34.97
	250m: 2:43.97 33.97	650m: 7:24.52	34.90	1050m: 11:59.51	31.96	1450m: 16:36.59	33.46
	300m: 3:17.98 34.01	700m: 7:59.04	34.52	1100m: 12:34.02	34.51	1500m: 17:08.96	32.37
	350m: 3:53.53 35.55	750m: 8:33.84	34.80	1150m: 13:09.55	35.53		
	400m: 4:28.75 35.22	800m: 9:08.76	34.92	1200m: 13:44.95	35.40		
31.	Sergio Gomes Abreu	96	Naval do Funchal	<b>17:09.12</b>	<b>+0,72</b>	<b>606</b>	
	<i>FTL</i>						
	50m: 28.76 28.76	450m: 5:02.20	33.64	850m: 9:39.43	34.30	1250m: 14:19.54	35.36
	100m: 1:02.06 33.30	500m: 5:37.05	34.85	900m: 10:14.54	35.11	1300m: 14:54.58	35.04
	150m: 1:35.92 33.86	550m: 6:11.25	34.20	950m: 10:49.15	34.61	1350m: 15:29.95	35.37
	200m: 2:10.74 34.82	600m: 6:46.18	34.93	1000m: 11:23.95	34.80	1400m: 16:04.22	34.27
	250m: 2:44.92 34.18	650m: 7:20.55	34.37	1050m: 11:58.96	35.01	1450m: 16:37.68	33.46
	300m: 3:19.67 34.75	700m: 7:55.66	35.11	1100m: 12:34.03	35.07	1500m: 17:09.12	31.44
	350m: 3:53.96 34.29	750m: 8:30.23	34.57	1150m: 13:08.76	34.73		
	400m: 4:28.56 34.60	800m: 9:05.13	34.90	1200m: 13:44.18	35.42		
32.	Luis Carlos Almeida	98	Aquatico Pacense	<b>17:15.11</b>	<b>+0,92</b>	<b>595</b>	
	50m: 29.87 29.87	450m: 5:01.27	34.41	850m: 9:40.03	34.64	1250m: 14:20.56	35.03
	100m: 1:02.48 32.61	500m: 5:35.94	34.67	900m: 10:15.53	35.50	1300m: 14:55.98	35.42
	150m: 1:36.35 33.87	550m: 6:10.38	34.44	950m: 10:50.34	34.81	1350m: 15:30.54	34.56
	200m: 2:09.98 33.63	600m: 6:45.30	34.92	1000m: 11:25.70	35.36	1400m: 16:05.59	35.05
	250m: 2:43.67 33.69	650m: 7:20.03	34.73	1050m: 12:00.58	34.88	1450m: 16:40.53	34.94
	300m: 3:17.99 34.32	700m: 7:55.72	35.69	1100m: 12:35.48	34.90	1500m: 17:15.11	34.58
	350m: 3:52.37 34.38	750m: 8:30.35	34.63	1150m: 13:10.37	34.89		
	400m: 4:26.86 34.49	800m: 9:05.39	35.04	1200m: 13:45.53	35.16		
33.	Diogo Leal Dantas	00	Sporting	<b>17:19.07</b>	<b>+0,68</b>	<b>589</b>	
	50m: 29.99 29.99	450m: 5:00.81	34.50	850m: 9:41.85	35.45	1250m: 14:23.83	35.62
	100m: 1:03.03 33.04	500m: 5:35.91	35.10	900m: 10:17.34	35.49	1300m: 14:59.52	35.69
	150m: 1:36.43 33.40	550m: 6:10.79	34.88	950m: 10:52.23	34.89	1350m: 15:35.13	35.61
	200m: 2:10.07 33.64	600m: 6:45.92	35.13	1000m: 11:27.72	35.49	1400m: 16:10.24	35.11
	250m: 2:43.82 33.75	650m: 7:20.79	34.87	1050m: 12:02.30	34.58	1450m: 16:45.32	35.08
	300m: 3:18.04 34.22	700m: 7:55.83	35.04	1100m: 12:37.42	35.12	1500m: 17:19.07	33.75
	350m: 3:51.73 33.69	750m: 8:31.00	35.17	1150m: 13:12.62	35.20		
	400m: 4:26.31 34.58	800m: 9:06.40	35.40	1200m: 13:48.21	35.59		
34.	Jose Pedro Fernandes	99	Braga	<b>17:19.41</b>	<b>+0,87</b>	<b>588</b>	
	50m: 29.73 29.73	450m: 4:59.91	34.74	850m: 9:36.78	34.98	1250m: 14:21.04	36.18
	100m: 1:01.95 32.22	500m: 5:34.16	34.25	900m: 10:11.75	34.97	1300m: 14:56.92	35.88
	150m: 1:35.42 33.47	550m: 6:08.58	34.42	950m: 10:47.22	35.47	1350m: 15:33.27	36.35
	200m: 2:08.98 33.56	600m: 6:42.97	34.39	1000m: 11:22.37	35.15	1400m: 16:08.95	35.68
	250m: 2:43.00 34.02	650m: 7:17.61	34.64	1050m: 11:57.91	35.54	1450m: 16:44.81	35.86
	300m: 3:16.94 33.94	700m: 7:52.19	34.58	1100m: 12:33.42	35.51	1500m: 17:19.41	34.60
	350m: 3:50.92 33.98	750m: 8:27.24	35.05	1150m: 13:09.06	35.64		
	400m: 4:25.17 34.25	800m: 9:01.80	34.56	1200m: 13:44.86	35.80		



Campeonato Nacional de Juvenis  
Campeonato Absolutos de Portugal-OPEN/SOMAGUE  
Coimbra, 23.7. - 26.7.2015

Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
35.	Rafael Gomes Simoes	00	Desportos Barcelos	<b>17:21.33</b>	<b>+0,89</b>	<b>585</b>	
	50m: 29.08 29.08	450m: 5:03.63 34.52	850m: 9:47.00 35.35	1250m: 14:29.22 35.26			
	100m: 1:01.81 32.73	500m: 5:39.21 35.58	900m: 10:22.16 35.16	1300m: 15:04.86 35.64			
	150m: 1:35.49 33.68	550m: 6:14.22 35.01	950m: 10:57.64 35.48	1350m: 15:39.96 35.10			
	200m: 2:10.35 34.86	600m: 6:50.38 36.16	1000m: 11:33.00 35.36	1400m: 16:14.96 35.00			
	250m: 2:43.98 33.63	650m: 7:25.04 34.66	1050m: 12:08.32 35.32	1450m: 16:49.14 34.18			
	300m: 3:18.98 35.00	700m: 8:00.93 35.89	1100m: 12:43.72 35.40	1500m: 17:21.33 32.19			
	350m: 3:53.29 34.31	750m: 8:35.80 34.87	1150m: 13:18.60 34.88				
	400m: 4:29.11 35.82	800m: 9:11.65 35.85	1200m: 13:53.96 35.36				
36.	Tiago Andre Carvalho	99	Academica de Coimbra	<b>17:22.48</b>	<b>+0,76</b>	<b>583</b>	
	50m: 30.41 30.41	450m: 5:07.53 34.97	850m: 9:48.05 35.04	1250m: 14:29.56 35.42			
	100m: 1:04.42 34.01	500m: 5:42.97 35.44	900m: 10:23.56 35.51	1300m: 15:04.97 35.41			
	150m: 1:38.21 33.79	550m: 6:17.64 34.67	950m: 10:58.68 35.12	1350m: 15:40.52 35.55			
	200m: 2:12.87 34.66	600m: 6:52.76 35.12	1000m: 11:33.46 34.78	1400m: 16:15.41 34.89			
	250m: 2:47.24 34.37	650m: 7:27.54 34.78	1050m: 12:08.62 35.16	1450m: 16:49.85 34.44			
	300m: 3:22.56 35.32	700m: 8:02.77 35.23	1100m: 12:43.81 35.19	1500m: 17:22.48 32.63			
	350m: 3:57.26 34.70	750m: 8:37.68 34.91	1150m: 13:18.89 35.08				
	400m: 4:32.56 35.30	800m: 9:13.01 35.33	1200m: 13:54.14 35.25				
37.	Sebastiao Mendes Gomes	00	Pimpoes/Cimai	<b>17:25.00</b>	<b>+0,83</b>	<b>579</b>	
	50m: 30.48 30.48	450m: 5:10.82 35.04	850m: 9:52.78 35.59	1250m: 14:33.07 34.97			
	100m: 1:05.06 34.58	500m: 5:46.24 35.42	900m: 10:26.92 34.14	1300m: 15:08.65 35.58			
	150m: 1:40.38 35.32	550m: 6:22.05 35.81	950m: 11:02.39 35.47	1350m: 15:43.98 35.33			
	200m: 2:15.70 35.32	600m: 6:57.05 35.00	1000m: 11:37.10 34.71	1400m: 16:18.51 34.53			
	250m: 2:51.19 35.49	650m: 7:32.18 35.13	1050m: 12:11.54 34.44	1450m: 16:52.06 33.55			
	300m: 3:26.04 34.85	700m: 8:06.80 34.62	1100m: 12:46.99 35.45	1500m: 17:25.00 32.94			
	350m: 4:01.80 35.76	750m: 8:41.85 35.05	1150m: 13:22.38 35.39				
	400m: 4:35.78 33.98	800m: 9:17.19 35.34	1200m: 13:58.10 35.72				
38.	Bernardo Marques Goncalves	00	Galitos	<b>17:28.38</b>	<b>+0,76</b>	<b>573</b>	
	50m: 30.74 30.74	450m: 5:10.71 35.23	850m: 9:52.32 35.44	1250m: 14:33.35 35.12			
	100m: 1:04.88 34.14	500m: 5:45.93 35.22	900m: 10:26.98 34.66	1300m: 15:08.62 35.27			
	150m: 1:40.17 35.29	550m: 6:21.25 35.32	950m: 11:02.01 35.03	1350m: 15:44.34 35.72			
	200m: 2:15.30 35.13	600m: 6:56.67 35.42	1000m: 11:37.18 35.17	1400m: 16:19.20 34.86			
	250m: 2:50.70 35.40	650m: 7:32.04 35.37	1050m: 12:12.23 35.05	1450m: 16:54.05 34.85			
	300m: 3:25.44 34.74	700m: 8:06.79 34.75	1100m: 12:47.23 35.00	1500m: 17:28.38 34.33			
	350m: 4:00.79 35.35	750m: 8:41.90 35.11	1150m: 13:22.73 35.50				
	400m: 4:35.48 34.69	800m: 9:16.88 34.98	1200m: 13:58.23 35.50				
39.	Dario Fausto Matias	98	Torres Novas	<b>17:29.37</b>	<b>+0,88</b>	<b>571</b>	
	<i>FTL</i>						
	50m: 29.87 29.87	450m: 5:06.40 35.01	850m: 9:49.84 36.16	1250m: 14:34.58 35.72			
	100m: 1:03.72 33.85	500m: 5:41.69 35.29	900m: 10:24.91 35.07	1300m: 15:10.65 36.07			
	150m: 1:38.06 34.34	550m: 6:16.90 35.21	950m: 11:00.14 35.23	1350m: 15:46.13 35.48			
	200m: 2:12.29 34.23	600m: 6:52.47 35.57	1000m: 11:35.58 35.44	1400m: 16:21.29 35.16			
	250m: 2:47.21 34.92	650m: 7:27.65 35.18	1050m: 12:11.47 35.89	1450m: 16:56.09 34.80			
	300m: 3:21.72 34.51	700m: 8:02.80 35.15	1100m: 12:47.71 36.24	1500m: 17:29.37 33.28			
	350m: 3:56.54 34.82	750m: 8:38.00 35.20	1150m: 13:23.62 35.91				
	400m: 4:31.39 34.85	800m: 9:13.68 35.68	1200m: 13:58.86 35.24				





Campeonato Nacional de Juvenis  
Campeonato Absolutos de Portugal-OPEN/SOMAGUE  
Coimbra, 23.7. - 26.7.2015

Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
40.	Joao Magalhaes Nunes	99	Belenenses	<b>17:30.16</b>	<b>+0,80</b>	<b>570</b>	
	50m: 31.51 31.51	450m: 5:09.99 35.48	850m: 9:53.80 35.41	1250m: 14:37.73 36.03			
	100m: 1:04.98 33.47	500m: 5:45.10 35.11	900m: 10:28.92 35.12	1300m: 15:12.93 35.20			
	150m: 1:39.48 34.50	550m: 6:20.87 35.77	950m: 11:04.33 35.41	1350m: 15:48.28 35.35			
	200m: 2:13.61 34.13	600m: 6:56.11 35.24	1000m: 11:39.40 35.07	1400m: 16:23.17 34.89			
	250m: 2:48.85 35.24	650m: 7:31.99 35.88	1050m: 12:15.32 35.92	1450m: 16:57.04 33.87			
	300m: 3:24.04 35.19	700m: 8:07.48 35.49	1100m: 12:50.59 35.27	1500m: 17:30.16 33.12			
	350m: 3:59.45 35.41	750m: 8:43.12 35.64	1150m: 13:26.33 35.74				
	400m: 4:34.51 35.06	800m: 9:18.39 35.27	1200m: 14:01.70 35.37				
41.	Diogo Moreno Bastos	00	Fluvial Portuense	<b>17:30.56</b>	<b>+0,90</b>	<b>569</b>	
	50m: 30.27 30.27	450m: 5:09.87 35.06	850m: 9:52.36 35.22	1250m: 14:36.31 35.85			
	100m: 1:04.21 33.94	500m: 5:45.14 35.27	900m: 10:27.68 35.32	1300m: 15:12.13 35.82			
	150m: 1:38.68 34.47	550m: 6:20.30 35.16	950m: 11:02.95 35.27	1350m: 15:47.40 35.27			
	200m: 2:13.93 35.25	600m: 6:55.60 35.30	1000m: 11:39.02 36.07	1400m: 16:22.96 35.56			
	250m: 2:48.79 34.86	650m: 7:31.12 35.52	1050m: 12:14.47 35.45	1450m: 16:57.80 34.84			
	300m: 3:24.27 35.48	700m: 8:06.45 35.33	1100m: 12:49.62 35.15	1500m: 17:30.56 32.76			
	350m: 3:59.37 35.10	750m: 8:41.85 35.40	1150m: 13:25.19 35.57				
	400m: 4:34.81 35.44	800m: 9:17.14 35.29	1200m: 14:00.46 35.27				
42.	Rui Jorge Matias	99	Vilacondense	<b>17:34.29</b>	<b>+0,87</b>	<b>563</b>	
	50m: 29.89 29.89	450m: 5:08.47 35.50	850m: 9:54.16 35.47	1250m: 14:40.48 35.11			
	100m: 1:03.35 33.46	500m: 5:44.57 36.10	900m: 10:30.62 36.46	1300m: 15:16.47 35.99			
	150m: 1:37.20 33.85	550m: 6:19.36 34.79	950m: 11:05.99 35.37	1350m: 15:51.99 35.52			
	200m: 2:11.82 34.62	600m: 6:55.01 35.65	1000m: 11:42.40 36.41	1400m: 16:27.17 35.18			
	250m: 2:46.97 35.15	650m: 7:31.09 36.08	1050m: 12:18.24 35.84	1450m: 17:01.32 34.15			
	300m: 3:22.08 35.11	700m: 8:06.86 35.77	1100m: 12:54.60 36.36	1500m: 17:34.29 32.97			
	350m: 3:57.11 35.03	750m: 8:42.48 35.62	1150m: 13:30.08 35.48				
	400m: 4:32.97 35.86	800m: 9:18.69 36.21	1200m: 14:05.37 35.29				
43.	Duarte Nuno Vieira FTL	95	Desportivo Nacional	<b>17:34.33</b>	<b>+0,64</b>	<b>563</b>	
	50m: 29.98 29.98	450m: 5:07.58 35.12	850m: 9:52.44 35.62	1250m: 14:39.87 36.57			
	100m: 1:03.18 33.20	500m: 5:42.97 35.39	900m: 10:28.51 36.07	1300m: 15:15.93 36.06			
	150m: 1:37.35 34.17	550m: 6:17.88 34.91	950m: 11:04.24 35.73	1350m: 15:51.44 35.51			
	200m: 2:12.33 34.98	600m: 6:54.05 36.17	1000m: 11:39.98 35.74	1400m: 16:26.98 35.54			
	250m: 2:47.27 34.94	650m: 7:29.48 35.43	1050m: 12:16.58 36.60	1450m: 17:00.49 33.51			
	300m: 3:22.60 35.33	700m: 8:05.05 35.57	1100m: 12:52.05 35.47	1500m: 17:34.33 33.84			
	350m: 3:57.70 35.10	750m: 8:40.83 35.78	1150m: 13:27.37 35.32				
	400m: 4:32.46 34.76	800m: 9:16.82 35.99	1200m: 14:03.30 35.93				
44.	Rui Jorge Lopes	00	CLAC-Entroncamento	<b>17:37.48</b>	<b>+0,90</b>	<b>558</b>	
	50m: 30.77 30.77	450m: 5:10.78 35.15	850m: 9:54.86 35.30	1250m: 14:42.71 36.04			
	100m: 1:04.36 33.59	500m: 5:46.25 35.47	900m: 10:30.85 35.99	1300m: 15:19.01 36.30			
	150m: 1:39.11 34.75	550m: 6:21.37 35.12	950m: 11:06.61 35.76	1350m: 15:55.13 36.12			
	200m: 2:14.31 35.20	600m: 6:57.09 35.72	1000m: 11:42.71 36.10	1400m: 16:30.86 35.73			
	250m: 2:49.51 35.20	650m: 7:32.59 35.50	1050m: 12:18.58 35.87	1450m: 17:04.71 33.85			
	300m: 3:24.80 35.29	700m: 8:08.35 35.76	1100m: 12:54.48 35.90	1500m: 17:37.48 32.77			
	350m: 4:00.16 35.36	750m: 8:44.00 35.65	1150m: 13:30.44 35.96				
	400m: 4:35.63 35.47	800m: 9:19.56 35.56	1200m: 14:06.67 36.23				



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Campeonato Absolutos de Portugal-OPEN/SOMAGUE  
Coimbra, 23.7. - 26.7.2015

Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
45.	Tiago Douwens Paula	99	Sporting	<b>17:40.24</b>	<b>+0,80</b>	<b>554</b>	
	50m: 30.97 30.97	450m: 5:12.18 35.24	850m: 9:57.15 35.94	1250m: 14:43.47 35.91			
	100m: 1:04.79 33.82	500m: 5:47.88 35.70	900m: 10:32.80 35.65	1300m: 15:19.18 35.71			
	150m: 1:39.82 35.03	550m: 6:23.48 35.60	950m: 11:08.49 35.69	1350m: 15:54.89 35.71			
	200m: 2:15.28 35.46	600m: 6:58.97 35.49	1000m: 11:44.01 35.52	1400m: 16:30.53 35.64			
	250m: 2:50.52 35.24	650m: 7:34.46 35.49	1050m: 12:19.66 35.65	1450m: 17:05.71 35.18			
	300m: 3:25.84 35.32	700m: 8:10.10 35.64	1100m: 12:55.56 35.90	1500m: 17:40.24 34.53			
	350m: 4:01.59 35.75	750m: 8:45.88 35.78	1150m: 13:32.16 36.60				
	400m: 4:36.94 35.35	800m: 9:21.21 35.33	1200m: 14:07.56 35.40				
46.	Diogo Rosado Leca	98	Colegio Monte Maior	<b>17:41.98</b>	<b>+0,81</b>	<b>551</b>	
	<i>FTL</i>						
	50m: 30.49 30.49	450m: 5:10.66 35.12	850m: 9:58.02 36.34	1250m: 14:46.55 36.44			
	100m: 1:03.48 32.99	500m: 5:45.68 35.02	900m: 10:33.83 35.81	1300m: 15:22.59 36.04			
	150m: 1:38.04 34.56	550m: 6:22.38 36.70	950m: 11:10.01 36.18	1350m: 15:57.86 35.27			
	200m: 2:12.98 34.94	600m: 6:58.45 36.07	1000m: 11:46.14 36.13	1400m: 16:33.61 35.75			
	250m: 2:48.75 35.77	650m: 7:34.59 36.14	1050m: 12:22.07 35.93	1450m: 17:08.20 34.59			
	300m: 3:23.42 35.47	700m: 8:10.38 35.79	1100m: 12:58.20 36.13	1500m: 17:41.98 33.78			
	350m: 4:00.08 35.86	750m: 8:45.43 35.05	1150m: 13:34.13 35.93				
	400m: 4:35.54 35.46	800m: 9:21.68 36.25	1200m: 14:10.11 35.98				
47.	Tiago Cunha Costa	99	Sporting	<b>17:43.74</b>	<b>+0,82</b>	<b>549</b>	
	50m: 28.92 28.92	450m: 5:10.29 35.32	850m: 9:56.64 35.43	1250m: 14:44.83 35.65			
	100m: 1:03.05 34.13	500m: 5:46.45 36.16	900m: 10:33.29 36.65	1300m: 15:21.29 36.46			
	150m: 1:37.65 34.60	550m: 6:21.76 35.31	950m: 11:09.11 35.82	1350m: 15:56.92 35.63			
	200m: 2:12.91 35.26	600m: 6:58.15 36.39	1000m: 11:45.19 36.08	1400m: 16:33.28 36.36			
	250m: 2:47.84 34.93	650m: 7:33.43 35.28	1050m: 12:20.72 35.53	1450m: 17:08.71 35.43			
	300m: 3:23.40 35.56	700m: 8:09.43 36.00	1100m: 12:57.06 36.34	1500m: 17:43.74 35.03			
	350m: 3:58.70 35.30	750m: 8:44.82 35.39	1150m: 13:32.80 35.74				
	400m: 4:34.97 36.27	800m: 9:21.21 36.39	1200m: 14:09.18 36.38				
48.	Joao Vitor Fernandes	00	Sao Roque	<b>17:44.87</b>	<b>+0,67</b>	<b>547</b>	
	50m: 30.75 30.75	450m: 5:12.44 35.40	850m: 9:59.42 36.19	1250m: 14:48.74 36.03			
	100m: 1:05.18 34.43	500m: 5:47.96 35.52	900m: 10:35.51 36.09	1300m: 15:24.85 36.11			
	150m: 1:40.38 35.20	550m: 6:23.79 35.83	950m: 11:11.59 36.08	1350m: 16:01.06 36.21			
	200m: 2:15.64 35.26	600m: 6:59.34 35.55	1000m: 11:47.64 36.05	1400m: 16:37.17 36.11			
	250m: 2:50.95 35.31	650m: 7:35.46 36.12	1050m: 12:23.94 36.30	1450m: 17:12.45 35.28			
	300m: 3:26.20 35.25	700m: 8:11.56 36.10	1100m: 13:00.22 36.28	1500m: 17:44.87 32.42			
	350m: 4:01.76 35.56	750m: 8:47.45 35.89	1150m: 13:36.06 35.84				
	400m: 4:37.04 35.28	800m: 9:23.23 35.78	1200m: 14:12.71 36.65				
49.	Diogo Vicente Custoias	00	Benedita	<b>17:46.47</b>	<b>+0,73</b>	<b>544</b>	
	50m: 31.19 31.19	450m: 5:12.43 35.79	850m: 9:57.42 36.05	1250m: 14:46.74 36.76			
	100m: 1:05.11 33.92	500m: 5:47.74 35.31	900m: 10:33.05 35.63	1300m: 15:22.86 36.12			
	150m: 1:40.53 35.42	550m: 6:23.56 35.82	950m: 11:09.26 36.21	1350m: 15:59.59 36.73			
	200m: 2:15.58 35.05	600m: 6:58.97 35.41	1000m: 11:44.99 35.73	1400m: 16:35.84 36.25			
	250m: 2:51.14 35.56	650m: 7:34.98 36.01	1050m: 12:21.43 36.44	1450m: 17:11.77 35.93			
	300m: 3:26.26 35.12	700m: 8:10.23 35.25	1100m: 12:57.26 35.83	1500m: 17:46.47 34.70			
	350m: 4:01.57 35.31	750m: 8:46.65 36.42	1150m: 13:34.17 36.91				
	400m: 4:36.64 35.07	800m: 9:21.37 34.72	1200m: 14:09.98 35.81				

Campeonato Nacional de Juvenis  
Campeonato Absolutos de Portugal-OPEN/SOMAGUE  
Coimbra, 23.7. - 26.7.2015

Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts	
50.	Albino David Almeida	99	O Crasto	<b>17:56.74</b>	+0,88	529		
<i>FTL</i>								
	50m: 30.16	30.16	450m: 5:11.61	35.53	850m: 10:01.91	36.50	1250m: 14:56.10	37.06
	100m: 1:04.43	34.27	500m: 5:47.71	36.10	900m: 10:38.57	36.66	1300m: 15:32.59	36.49
	150m: 1:38.44	34.01	550m: 6:23.49	35.78	950m: 11:15.18	36.61	1350m: 16:08.82	36.23
	200m: 2:13.78	35.34	600m: 6:59.58	36.09	1000m: 11:51.94	36.76	1400m: 16:45.59	36.77
	250m: 2:49.00	35.22	650m: 7:35.70	36.12	1050m: 12:28.62	36.68	1450m: 17:21.75	36.16
	300m: 3:24.72	35.72	700m: 8:12.51	36.81	1100m: 13:05.35	36.73	1500m: 17:56.74	34.99
	350m: 4:00.04	35.32	750m: 8:48.94	36.43	1150m: 13:41.88	36.53		
	400m: 4:36.08	36.04	800m: 9:25.41	36.47	1200m: 14:19.04	37.16		

Prova 1  
23-07-2015 - 17:10 Masc., 1500m Livres  
SOMAGUE Absolutos Resultados

Rec Nac Absoluto	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007
Rec Nac Jun17	15:49.04	Guilherme Filipe Pina	POR	Baku (AZE)	24-06-2015
Rec Nac Jun18	15:34.51	Fernando Eurico Costa	FPN	Luxemburgo (LUX)	24-01-2003
Rec Nac Sen	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts	
1.	Alexandre Valdagua Coutinhc97	97	Columbofila Cantanhedense	<b>15:43.34</b>	+0,73	787		
	50m: 28.89	28.89	450m: 4:38.21	31.39	850m: 8:51.24	31.42	1250m: 13:05.03	31.66
	100m: 59.32	30.43	500m: 5:09.71	31.50	900m: 9:22.69	31.45	1300m: 13:37.05	32.02
	150m: 1:30.51	31.19	550m: 5:41.25	31.54	950m: 9:54.40	31.71	1350m: 14:08.92	31.87
	200m: 2:01.75	31.24	600m: 6:13.00	31.75	1000m: 10:26.16	31.76	1400m: 14:40.65	31.73
	250m: 2:33.03	31.28	650m: 6:44.68	31.68	1050m: 10:58.08	31.92	1450m: 15:12.60	31.95
	300m: 3:04.43	31.40	700m: 7:16.46	31.78	1100m: 11:29.72	31.64	1500m: 15:43.34	30.74
	350m: 3:35.64	31.21	750m: 7:47.97	31.51	1150m: 12:01.31	31.59		
	400m: 4:06.82	31.18	800m: 8:19.82	31.85	1200m: 12:33.37	32.06		
2.	Guilherme Filipe Pina	98	Benedita	<b>15:51.45</b>	+0,70	767		
	50m: 28.98	28.98	450m: 4:40.38	31.93	850m: 8:55.51	31.93	1250m: 13:12.02	32.32
	100m: 59.74	30.76	500m: 5:12.09	31.71	900m: 9:27.46	31.95	1300m: 13:44.21	32.19
	150m: 1:31.08	31.34	550m: 5:43.96	31.87	950m: 9:59.42	31.96	1350m: 14:16.45	32.24
	200m: 2:02.25	31.17	600m: 6:15.87	31.91	1000m: 10:31.29	31.87	1400m: 14:48.62	32.17
	250m: 2:33.83	31.58	650m: 6:47.84	31.97	1050m: 11:03.31	32.02	1450m: 15:20.71	32.09
	300m: 3:05.25	31.42	700m: 7:19.54	31.70	1100m: 11:35.37	32.06	1500m: 15:51.45	30.74
	350m: 3:36.97	31.72	750m: 7:51.66	32.12	1150m: 12:07.55	32.18		
	400m: 4:08.45	31.48	800m: 8:23.58	31.92	1200m: 12:39.70	32.15		
3.	Joao Alexandre Vital	98	Colegio Monte Maior	<b>15:55.07</b>	+0,67	758		
	50m: 29.25	29.25	450m: 4:44.10	31.62	850m: 8:58.19	31.83	1250m: 13:15.30	32.20
	100m: 1:00.74	31.49	500m: 5:15.75	31.65	900m: 9:30.28	32.09	1300m: 13:47.43	32.13
	150m: 1:32.39	31.65	550m: 5:47.18	31.43	950m: 10:02.32	32.04	1350m: 14:19.70	32.27
	200m: 2:04.78	32.39	600m: 6:18.97	31.79	1000m: 10:34.49	32.17	1400m: 14:52.38	32.68
	250m: 2:36.84	32.06	650m: 6:50.67	31.70	1050m: 11:06.50	32.01	1450m: 15:24.57	32.19
	300m: 3:08.80	31.96	700m: 7:22.56	31.89	1100m: 11:38.81	32.31	1500m: 15:55.07	30.50
	350m: 3:40.64	31.84	750m: 7:54.40	31.84	1150m: 12:10.72	31.91		
	400m: 4:12.48	31.84	800m: 8:26.36	31.96	1200m: 12:43.10	32.38		



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Prova 1, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
4.	<b>Pedro Maria Bessa</b>	<b>95</b>	<b>Vilacondense</b>	<b>16:14.78</b>	<b>+0,83</b>	<b>713</b>	
	50m: 28.96 28.96	450m: 4:48.46 32.37	850m: 9:08.42 32.62	1250m: 13:32.51 33.36			
	100m: 1:00.48 31.52	500m: 5:20.79 32.33	900m: 9:41.09 32.67	1300m: 14:05.30 32.79			
	150m: 1:32.80 32.32	550m: 5:53.29 32.50	950m: 10:14.31 33.22	1350m: 14:38.58 33.28			
	200m: 2:05.39 32.59	600m: 6:25.86 32.57	1000m: 10:47.14 32.83	1400m: 15:11.78 33.20			
	250m: 2:38.11 32.72	650m: 6:58.32 32.46	1050m: 11:19.89 32.75	1450m: 15:44.35 32.57			
	300m: 3:10.89 32.78	700m: 7:30.73 32.41	1100m: 11:53.14 33.25	1500m: 16:14.78 30.43			
	350m: 3:43.62 32.73	750m: 8:03.35 32.62	1150m: 12:26.06 32.92				
	400m: 4:16.09 32.47	800m: 8:35.80 32.45	1200m: 12:59.15 33.09				
5.	<b>Diogo Manuel Marques</b>	<b>98</b>	<b>Columbofila Cantanhedense</b>	<b>16:17.66</b>	<b>+0,71</b>	<b>707</b>	
	50m: 29.14 29.14	450m: 4:49.31 32.56	850m: 9:12.27 33.23	1250m: 13:36.58 32.95			
	100m: 1:00.45 31.31	500m: 5:22.12 32.81	900m: 9:44.96 32.69	1300m: 14:09.34 32.76			
	150m: 1:32.69 32.24	550m: 5:55.45 33.33	950m: 10:18.36 33.40	1350m: 14:42.38 33.04			
	200m: 2:05.09 32.40	600m: 6:27.98 32.53	1000m: 10:51.08 32.72	1400m: 15:14.88 32.50			
	250m: 2:38.52 33.43	650m: 7:00.86 32.88	1050m: 11:24.36 33.28	1450m: 15:47.55 32.67			
	300m: 3:11.39 32.87	700m: 7:33.44 32.58	1100m: 11:57.17 32.81	1500m: 16:17.66 30.11			
	350m: 3:44.28 32.89	750m: 8:06.30 32.86	1150m: 12:30.46 33.29				
	400m: 4:16.75 32.47	800m: 8:39.04 32.74	1200m: 13:03.63 33.17				
6.	<b>Mario Andre Bonanca</b>	<b>90</b>	<b>Sporting</b>	<b>16:22.78</b>	<b>+0,80</b>	<b>696</b>	
	50m: 29.38 29.38	450m: 4:42.84 32.32	850m: 9:09.32 33.31	1250m: 13:37.85 33.87			
	100m: 1:00.70 31.32	500m: 5:15.75 32.91	900m: 9:42.74 33.42	1300m: 14:11.40 33.55			
	150m: 1:32.32 31.62	550m: 5:48.88 33.13	950m: 10:16.07 33.33	1350m: 14:44.67 33.27			
	200m: 2:03.63 31.31	600m: 6:22.40 33.52	1000m: 10:49.85 33.78	1400m: 15:17.96 33.29			
	250m: 2:35.20 31.57	650m: 6:55.65 33.25	1050m: 11:23.00 33.15	1450m: 15:50.91 32.95			
	300m: 3:06.71 31.51	700m: 7:29.22 33.57	1100m: 11:56.85 33.85	1500m: 16:22.78 31.87			
	350m: 3:38.46 31.75	750m: 8:02.62 33.40	1150m: 12:30.29 33.44				
	400m: 4:10.52 32.06	800m: 8:36.01 33.39	1200m: 13:03.98 33.69				
7.	<b>Tiago Silva Oliveira</b>	<b>94</b>	<b>Leixoes</b>	<b>16:26.81</b>	<b>+0,77</b>	<b>687</b>	
	50m: 28.84 28.84	450m: 4:45.52 32.37	850m: 9:09.80 33.32	1250m: 13:38.52 33.67			
	100m: 1:00.02 31.18	500m: 5:17.84 32.32	900m: 9:43.27 33.47	1300m: 14:12.12 33.60			
	150m: 1:31.87 31.85	550m: 5:50.40 32.56	950m: 10:16.97 33.70	1350m: 14:45.95 33.83			
	200m: 2:04.07 32.20	600m: 6:23.26 32.86	1000m: 10:50.34 33.37	1400m: 15:19.59 33.64			
	250m: 2:35.98 31.91	650m: 6:56.38 33.12	1050m: 11:24.08 33.74	1450m: 15:53.58 33.99			
	300m: 3:08.31 32.33	700m: 7:29.62 33.24	1100m: 11:57.78 33.70	1500m: 16:26.81 33.23			
	350m: 3:40.74 32.43	750m: 8:03.09 33.47	1150m: 12:31.37 33.59				
	400m: 4:13.15 32.41	800m: 8:36.48 33.39	1200m: 13:04.85 33.48				
8.	<b>Bruno Jose Silva</b>	<b>98</b>	<b>Braga</b>	<b>16:39.48</b>	<b>+0,93</b>	<b>661</b>	
	50m: 30.42 30.42	450m: 4:56.36 33.58	850m: 9:24.21 33.30	1250m: 13:53.25 33.98			
	100m: 1:02.84 32.42	500m: 5:29.69 33.33	900m: 9:57.81 33.60	1300m: 14:27.09 33.84			
	150m: 1:35.66 32.82	550m: 6:03.28 33.59	950m: 10:31.27 33.46	1350m: 15:00.59 33.50			
	200m: 2:08.91 33.25	600m: 6:36.71 33.43	1000m: 11:04.98 33.71	1400m: 15:34.50 33.91			
	250m: 2:42.32 33.41	650m: 7:09.97 33.26	1050m: 11:38.68 33.70	1450m: 16:07.70 33.20			
	300m: 3:15.73 33.41	700m: 7:43.93 33.96	1100m: 12:12.31 33.63	1500m: 16:39.48 31.78			
	350m: 3:49.30 33.57	750m: 8:17.36 33.43	1150m: 12:45.48 33.17				
	400m: 4:22.78 33.48	800m: 8:50.91 33.55	1200m: 13:19.27 33.79				



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Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
9.	Pedro Veiguiha Martins	96	Braga	<b>16:47.58</b>	<b>+0,80</b>	<b>646</b>	
	50m: 30.28 30.28	450m: 5:00.86	33.42	850m: 9:32.35	33.47	1250m: 14:01.88	33.76
	100m: 1:04.02 33.74	500m: 5:35.13	34.27	900m: 10:06.27	33.92	1300m: 14:36.22	34.34
	150m: 1:37.67 33.65	550m: 6:08.67	33.54	950m: 10:39.48	33.21	1350m: 15:09.67	33.45
	200m: 2:12.26 34.59	600m: 6:42.55	33.88	1000m: 11:13.02	33.54	1400m: 15:43.43	33.76
	250m: 2:45.66 33.40	650m: 7:16.12	33.57	1050m: 11:46.34	33.32	1450m: 16:16.11	32.68
	300m: 3:20.14 34.48	700m: 7:50.61	34.49	1100m: 12:20.65	34.31	1500m: 16:47.58	31.47
	350m: 3:53.66 33.52	750m: 8:24.60	33.99	1150m: 12:53.93	33.28		
	400m: 4:27.44 33.78	800m: 8:58.88	34.28	1200m: 13:28.12	34.19		
10.	Narciso Daniel Correia	97	Braga	<b>16:47.95</b>	<b>+0,75</b>	<b>645</b>	
	50m: 30.07 30.07	450m: 5:00.97	34.02	850m: 9:31.36	33.75	1250m: 14:01.83	33.84
	100m: 1:03.12 33.05	500m: 5:35.09	34.12	900m: 10:05.24	33.88	1300m: 14:36.08	34.25
	150m: 1:36.04 32.92	550m: 6:09.08	33.99	950m: 10:38.68	33.44	1350m: 15:10.14	34.06
	200m: 2:09.85 33.81	600m: 6:42.65	33.57	1000m: 11:13.09	34.41	1400m: 15:44.02	33.88
	250m: 2:43.85 34.00	650m: 7:16.56	33.91	1050m: 11:46.84	33.75	1450m: 16:17.03	33.01
	300m: 3:18.06 34.21	700m: 7:49.91	33.35	1100m: 12:20.62	33.78	1500m: 16:47.95	30.92
	350m: 3:52.26 34.20	750m: 8:23.61	33.70	1150m: 12:54.36	33.74		
	400m: 4:26.95 34.69	800m: 8:57.61	34.00	1200m: 13:27.99	33.63		
11.	Joao Andre Neves	95	Academica de Coimbra	<b>16:50.36</b>	<b>+0,72</b>	<b>640</b>	
	50m: 30.25 30.25	450m: 4:57.37	33.57	850m: 9:28.17	33.89	1250m: 14:00.50	34.05
	100m: 1:02.53 32.28	500m: 5:31.42	34.05	900m: 10:01.99	33.82	1300m: 14:34.88	34.38
	150m: 1:35.41 32.88	550m: 6:04.96	33.54	950m: 10:36.08	34.09	1350m: 15:08.95	34.07
	200m: 2:08.57 33.16	600m: 6:38.96	34.00	1000m: 11:10.03	33.95	1400m: 15:43.59	34.64
	250m: 2:42.00 33.43	650m: 7:12.64	33.68	1050m: 11:43.90	33.87	1450m: 16:17.01	33.42
	300m: 3:15.70 33.70	700m: 7:46.75	34.11	1100m: 12:18.11	34.21	1500m: 16:50.36	33.35
	350m: 3:49.39 33.69	750m: 8:20.16	33.41	1150m: 12:52.05	33.94		
	400m: 4:23.80 34.41	800m: 8:54.28	34.12	1200m: 13:26.45	34.40		
12.	Miguel Angelo Silvestre	97	Alcobaca	<b>16:58.91</b>	<b>+0,65</b>	<b>624</b>	
	50m: 29.68 29.68	450m: 4:59.57	34.72	850m: 9:34.85	33.86	1250m: 14:07.94	34.40
	100m: 1:02.07 32.39	500m: 5:34.29	34.72	900m: 10:08.85	34.00	1300m: 14:42.17	34.23
	150m: 1:35.38 33.31	550m: 6:09.29	35.00	950m: 10:43.23	34.38	1350m: 15:16.58	34.41
	200m: 2:08.91 33.53	600m: 6:43.88	34.59	1000m: 11:17.10	33.87	1400m: 15:50.83	34.25
	250m: 2:42.67 33.76	650m: 7:18.56	34.68	1050m: 11:51.63	34.53	1450m: 16:25.15	34.32
	300m: 3:16.28 33.61	700m: 7:52.93	34.37	1100m: 12:25.62	33.99	1500m: 16:58.91	33.76
	350m: 3:50.61 34.33	750m: 8:27.30	34.37	1150m: 12:59.62	34.00		
	400m: 4:24.85 34.24	800m: 9:00.99	33.69	1200m: 13:33.54	33.92		
13.	Joao Luis Travanca	97	Fluvial Portuense	<b>17:02.74</b>	<b>+0,87</b>	<b>617</b>	
	50m: 29.82 29.82	450m: 4:56.99	34.07	850m: 9:31.10	34.64	1250m: 14:10.35	34.63
	100m: 1:01.49 31.67	500m: 5:31.73	34.74	900m: 10:05.80	34.70	1300m: 14:45.15	34.80
	150m: 1:34.43 32.94	550m: 6:05.75	34.02	950m: 10:40.93	35.13	1350m: 15:20.32	35.17
	200m: 2:07.24 32.81	600m: 6:39.83	34.08	1000m: 11:15.89	34.96	1400m: 15:55.70	35.38
	250m: 2:40.73 33.49	650m: 7:13.92	34.09	1050m: 11:50.62	34.73	1450m: 16:29.35	33.65
	300m: 3:14.50 33.77	700m: 7:47.94	34.02	1100m: 12:25.88	35.26	1500m: 17:02.74	33.39
	350m: 3:48.64 34.14	750m: 8:22.26	34.32	1150m: 13:00.83	34.95		
	400m: 4:22.92 34.28	800m: 8:56.46	34.20	1200m: 13:35.72	34.89		

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Prova 1, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts	
14.	Alexandre Magno Carvalho	98	Fluvial Portuense	<b>17:04.84</b>	<b>+0,78</b>	<b>613</b>		
	50m: 29.56	29.56	450m: 4:59.94	34.08	850m: 9:33.90	34.34	1250m: 14:12.76	35.00
	100m: 1:01.94	32.38	500m: 5:34.20	34.26	900m: 10:08.89	34.99	1300m: 14:47.75	34.99
	150m: 1:35.38	33.44	550m: 6:07.93	33.73	950m: 10:43.67	34.78	1350m: 15:22.72	34.97
	200m: 2:08.94	33.56	600m: 6:42.27	34.34	1000m: 11:18.67	35.00	1400m: 15:57.37	34.65
	250m: 2:43.10	34.16	650m: 7:16.29	34.02	1050m: 11:53.30	34.63	1450m: 16:31.90	34.53
	300m: 3:17.23	34.13	700m: 7:50.81	34.52	1100m: 12:28.27	34.97	1500m: 17:04.84	32.94
	350m: 3:51.59	34.36	750m: 8:25.05	34.24	1150m: 13:03.01	34.74		
	400m: 4:25.86	34.27	800m: 8:59.56	34.51	1200m: 13:37.76	34.75		
15.	Rafael Ladeira Santos	98	Geslours	<b>17:05.13</b>	<b>+0,91</b>	<b>613</b>		
	50m: 29.35	29.35	450m: 5:03.96	34.59	850m: 9:39.48	34.43	1250m: 14:14.33	34.42
	100m: 1:02.35	33.00	500m: 5:38.68	34.72	900m: 10:13.65	34.17	1300m: 14:48.87	34.54
	150m: 1:36.46	34.11	550m: 6:13.45	34.77	950m: 10:47.85	34.20	1350m: 15:23.31	34.44
	200m: 2:10.77	34.31	600m: 6:47.95	34.50	1000m: 11:22.13	34.28	1400m: 15:57.46	34.15
	250m: 2:45.45	34.68	650m: 7:22.31	34.36	1050m: 11:56.44	34.31	1450m: 16:31.66	34.20
	300m: 3:19.78	34.33	700m: 7:56.60	34.29	1100m: 12:31.02	34.58	1500m: 17:05.13	33.47
	350m: 3:54.84	35.06	750m: 8:30.67	34.07	1150m: 13:05.29	34.27		
	400m: 4:29.37	34.53	800m: 9:05.05	34.38	1200m: 13:39.91	34.62		
16.	Pedro Rafael Garcia	96	Academico Viseu	<b>17:05.26</b>	<b>+0,72</b>	<b>613</b>		
	<i>FTL</i>							
	50m: 29.96	29.96	450m: 5:00.53	34.33	850m: 9:36.61	34.61	1250m: 14:14.30	34.68
	100m: 1:02.31	32.35	500m: 5:34.59	34.06	900m: 10:11.56	34.95	1300m: 14:48.80	34.50
	150m: 1:35.78	33.47	550m: 6:09.06	34.47	950m: 10:46.71	35.15	1350m: 15:23.73	34.93
	200m: 2:09.83	34.05	600m: 6:43.74	34.68	1000m: 11:21.16	34.45	1400m: 15:58.28	34.55
	250m: 2:43.90	34.07	650m: 7:18.20	34.46	1050m: 11:55.43	34.27	1450m: 16:32.25	33.97
	300m: 3:17.87	33.97	700m: 7:52.84	34.64	1100m: 12:30.34	34.91	1500m: 17:05.26	33.01
	350m: 3:52.08	34.21	750m: 8:27.50	34.66	1150m: 13:04.87	34.53		
	400m: 4:26.20	34.12	800m: 9:02.00	34.50	1200m: 13:39.62	34.75		
17.	Ruben Jose Morim	97	Vilacondense	<b>17:06.74</b>	<b>+0,77</b>	<b>610</b>		
	<i>FTL</i>							
	50m: 29.23	29.23	450m: 4:55.65	33.59	850m: 9:32.77	34.31	1250m: 14:12.68	34.66
	100m: 1:01.32	32.09	500m: 5:29.95	34.30	900m: 10:07.81	35.04	1300m: 14:47.93	35.25
	150m: 1:34.02	32.70	550m: 6:04.11	34.16	950m: 10:42.38	34.57	1350m: 15:22.54	34.61
	200m: 2:07.56	33.54	600m: 6:38.93	34.82	1000m: 11:17.34	34.96	1400m: 15:57.82	35.28
	250m: 2:40.73	33.17	650m: 7:13.65	34.72	1050m: 11:52.36	35.02	1450m: 16:32.59	34.77
	300m: 3:14.46	33.73	700m: 7:48.74	35.09	1100m: 12:27.78	35.42	1500m: 17:06.74	34.15
	350m: 3:47.91	33.45	750m: 8:23.34	34.60	1150m: 13:02.27	34.49		
	400m: 4:22.06	34.15	800m: 8:58.46	35.12	1200m: 13:38.02	35.75		
18.	Sergio Gomes Abreu	96	Naval do Funchal	<b>17:09.12</b>	<b>+0,72</b>	<b>606</b>		
	<i>FTL</i>							
	50m: 28.76	28.76	450m: 5:02.20	33.64	850m: 9:39.43	34.30	1250m: 14:19.54	35.36
	100m: 1:02.06	33.30	500m: 5:37.05	34.85	900m: 10:14.54	35.11	1300m: 14:54.58	35.04
	150m: 1:35.92	33.86	550m: 6:11.25	34.20	950m: 10:49.15	34.61	1350m: 15:29.95	35.37
	200m: 2:10.74	34.82	600m: 6:46.18	34.93	1000m: 11:23.95	34.80	1400m: 16:04.22	34.27
	250m: 2:44.92	34.18	650m: 7:20.55	34.37	1050m: 11:58.96	35.01	1450m: 16:37.68	33.46
	300m: 3:19.67	34.75	700m: 7:55.66	35.11	1100m: 12:34.03	35.07	1500m: 17:09.12	31.44
	350m: 3:53.96	34.29	750m: 8:30.23	34.57	1150m: 13:08.76	34.73		
	400m: 4:28.56	34.60	800m: 9:05.13	34.90	1200m: 13:44.18	35.42		





Campeonato Nacional de Juvenis  
Campeonato Absolutos de Portugal-OPEN/SOMAGUE  
Coimbra, 23.7. - 26.7.2015

Prova 1, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
19.	Luis Carlos Almeida	98	Aquatico Pacense	<b>17:15.11</b>	<b>+0,92</b>	<b>595</b>	
	50m: 29.87 29.87	450m: 5:01.27 34.41	850m: 9:40.03 34.64	1250m: 14:20.56 35.03			
	100m: 1:02.48 32.61	500m: 5:35.94 34.67	900m: 10:15.53 35.50	1300m: 14:55.98 35.42			
	150m: 1:36.35 33.87	550m: 6:10.38 34.44	950m: 10:50.34 34.81	1350m: 15:30.54 34.56			
	200m: 2:09.98 33.63	600m: 6:45.30 34.92	1000m: 11:25.70 35.36	1400m: 16:05.59 35.05			
	250m: 2:43.67 33.69	650m: 7:20.03 34.73	1050m: 12:00.58 34.88	1450m: 16:40.53 34.94			
	300m: 3:17.99 34.32	700m: 7:55.72 35.69	1100m: 12:35.48 34.90	1500m: 17:15.11 34.58			
	350m: 3:52.37 34.38	750m: 8:30.35 34.63	1150m: 13:10.37 34.89				
	400m: 4:26.86 34.49	800m: 9:05.39 35.04	1200m: 13:45.53 35.16				
20.	Dario Fausto Matias	98	Torres Novas	<b>17:29.37</b>	<b>+0,88</b>	<b>571</b>	
	<i>FTL</i>						
	50m: 29.87 29.87	450m: 5:06.40 35.01	850m: 9:49.84 36.16	1250m: 14:34.58 35.72			
	100m: 1:03.72 33.85	500m: 5:41.69 35.29	900m: 10:24.91 35.07	1300m: 15:10.65 36.07			
	150m: 1:38.06 34.34	550m: 6:16.90 35.21	950m: 11:00.14 35.23	1350m: 15:46.13 35.48			
	200m: 2:12.29 34.23	600m: 6:52.47 35.57	1000m: 11:35.58 35.44	1400m: 16:21.29 35.16			
	250m: 2:47.21 34.92	650m: 7:27.65 35.18	1050m: 12:11.47 35.89	1450m: 16:56.09 34.80			
	300m: 3:21.72 34.51	700m: 8:02.80 35.15	1100m: 12:47.71 36.24	1500m: 17:29.37 33.28			
	350m: 3:56.54 34.82	750m: 8:38.00 35.20	1150m: 13:23.62 35.91				
	400m: 4:31.39 34.85	800m: 9:13.68 35.68	1200m: 13:58.86 35.24				
21.	Duarte Nuno Vieira	95	Desportivo Nacional	<b>17:34.33</b>	<b>+0,64</b>	<b>563</b>	
	<i>FTL</i>						
	50m: 29.98 29.98	450m: 5:07.58 35.12	850m: 9:52.44 35.62	1250m: 14:39.87 36.57			
	100m: 1:03.18 33.20	500m: 5:42.97 35.39	900m: 10:28.51 36.07	1300m: 15:15.93 36.06			
	150m: 1:37.35 34.17	550m: 6:17.88 34.91	950m: 11:04.24 35.73	1350m: 15:51.44 35.51			
	200m: 2:12.33 34.98	600m: 6:54.05 36.17	1000m: 11:39.98 35.74	1400m: 16:26.98 35.54			
	250m: 2:47.27 34.94	650m: 7:29.48 35.43	1050m: 12:16.58 36.60	1450m: 17:00.49 33.51			
	300m: 3:22.60 35.33	700m: 8:05.05 35.57	1100m: 12:52.05 35.47	1500m: 17:34.33 33.84			
	350m: 3:57.70 35.10	750m: 8:40.83 35.78	1150m: 13:27.37 35.32				
	400m: 4:32.46 34.76	800m: 9:16.82 35.99	1200m: 14:03.30 35.93				
22.	Diogo Rosado Leca	98	Colegio Monte Maior	<b>17:41.98</b>	<b>+0,81</b>	<b>551</b>	
	<i>FTL</i>						
	50m: 30.49 30.49	450m: 5:10.66 35.12	850m: 9:58.02 36.34	1250m: 14:46.55 36.44			
	100m: 1:03.48 32.99	500m: 5:45.68 35.02	900m: 10:33.83 35.81	1300m: 15:22.59 36.04			
	150m: 1:38.04 34.56	550m: 6:22.38 36.70	950m: 11:10.01 36.18	1350m: 15:57.86 35.27			
	200m: 2:12.98 34.94	600m: 6:58.45 36.07	1000m: 11:46.14 36.13	1400m: 16:33.61 35.75			
	250m: 2:48.75 35.77	650m: 7:34.59 36.14	1050m: 12:22.07 35.93	1450m: 17:08.20 34.59			
	300m: 3:24.22 35.47	700m: 8:10.38 35.79	1100m: 12:58.20 36.13	1500m: 17:41.98 33.78			
	350m: 4:00.08 35.86	750m: 8:45.43 35.05	1150m: 13:34.13 35.93				
	400m: 4:35.54 35.46	800m: 9:21.68 36.25	1200m: 14:10.11 35.98				



Campeonato Nacional de Juvenis  
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Prova 1, Masc., 1500m Livres

Prova 1 23-07-2015 - 17:10	Masc., 1500m Livres SOMAGUE				Juvenis Resultados
Rec Nac Absoluto	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007
Rec Nac Juv B	16:31.97	Pedro Fontoura Oliveira	CFB	Lisboa	28-05-2005
Rec Nac Juv A	15:45.55	Gustavo Manuel Santa	FPN	Tampere (FIN)	23-07-2009

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Diogo Barbosa Nunes	00	Fluvial Portuense	<b>16:44.10</b>	<b>+0,79</b>	<b>652</b>	
	50m: 28.94 28.94	450m: 4:49.45 33.03	850m: 9:21.08 34.33	1250m: 13:54.59 34.19			
	100m: 1:00.04 31.10	500m: 5:23.33 33.88	900m: 9:55.60 34.52	1300m: 14:28.85 34.26			
	150m: 1:32.17 32.13	550m: 5:57.14 33.81	950m: 10:29.67 34.07	1350m: 15:02.71 33.86			
	200m: 2:04.83 32.66	600m: 6:31.31 34.17	1000m: 11:03.46 33.79	1400m: 15:36.89 34.18			
	250m: 2:37.89 33.06	650m: 7:05.18 33.87	1050m: 11:37.56 34.10	1450m: 16:10.67 33.78			
	300m: 3:10.45 32.56	700m: 7:39.19 34.01	1100m: 12:11.81 34.25	1500m: 16:44.10 33.43			
	350m: 3:43.28 32.83	750m: 8:12.76 33.57	1150m: 12:46.04 34.23				
	400m: 4:16.42 33.14	800m: 8:46.75 33.99	1200m: 13:20.40 34.36				
2.	Jose Paulo Lopes	00	Braga	<b>16:45.96</b>	<b>+0,79</b>	<b>649</b>	
	50m: 29.63 29.63	450m: 4:54.88 33.35	850m: 9:24.06 33.97	1250m: 13:56.09 34.19			
	100m: 1:01.94 32.31	500m: 5:28.26 33.38	900m: 9:57.81 33.75	1300m: 14:30.51 34.42			
	150m: 1:34.67 32.73	550m: 6:01.44 33.18	950m: 10:31.71 33.90	1350m: 15:04.71 34.20			
	200m: 2:08.09 33.42	600m: 6:34.99 33.55	1000m: 11:05.83 34.12	1400m: 15:38.92 34.21			
	250m: 2:41.18 33.09	650m: 7:08.52 33.53	1050m: 11:39.64 33.81	1450m: 16:13.21 34.29			
	300m: 3:14.69 33.51	700m: 7:42.54 34.02	1100m: 12:13.83 34.19	1500m: 16:45.96 32.75			
	350m: 3:47.96 33.27	750m: 8:16.22 33.68	1150m: 12:47.81 33.98				
	400m: 4:21.53 33.57	800m: 8:50.09 33.87	1200m: 13:21.90 34.09				
3.	Sergio Filipe Travanca	00	Fluvial Portuense	<b>16:59.65</b>	<b>+0,75</b>	<b>623</b>	
	50m: 30.83 30.83	450m: 5:03.53 34.46	850m: 9:38.10 34.52	1250m: 14:11.35 33.72			
	100m: 1:04.09 33.26	500m: 5:37.55 34.02	900m: 10:11.93 33.83	1300m: 14:45.15 33.80			
	150m: 1:37.87 33.78	550m: 6:12.09 34.54	950m: 10:46.45 34.52	1350m: 15:19.31 34.16			
	200m: 2:11.60 33.73	600m: 6:46.15 34.06	1000m: 11:20.74 34.29	1400m: 15:53.18 33.87			
	250m: 2:46.25 34.65	650m: 7:20.73 34.58	1050m: 11:55.25 34.51	1450m: 16:26.90 33.72			
	300m: 3:20.36 34.11	700m: 7:55.07 34.34	1100m: 12:29.45 34.20	1500m: 16:59.65 32.75			
	350m: 3:54.95 34.59	750m: 8:29.63 34.56	1150m: 13:03.91 34.46				
	400m: 4:29.07 34.12	800m: 9:03.58 33.95	1200m: 13:37.63 33.72				
4.	Duarte Filipe Rodrigues	99	Alges	<b>17:02.12</b>	<b>+0,83</b>	<b>618</b>	
	50m: 30.38 30.38	450m: 5:03.52 34.28	850m: 9:38.96 34.39	1250m: 14:13.00 33.95			
	100m: 1:03.86 33.48	500m: 5:37.93 34.41	900m: 10:13.14 34.18	1300m: 14:47.41 34.41			
	150m: 1:37.61 33.75	550m: 6:12.51 34.58	950m: 10:47.31 34.17	1350m: 15:21.63 34.22			
	200m: 2:11.80 34.19	600m: 6:46.84 34.33	1000m: 11:21.63 34.32	1400m: 15:55.98 34.35			
	250m: 2:46.14 34.34	650m: 7:21.44 34.60	1050m: 11:55.83 34.20	1450m: 16:29.39 33.41			
	300m: 3:20.52 34.38	700m: 7:55.81 34.37	1100m: 12:30.19 34.36	1500m: 17:02.12 32.73			
	350m: 3:54.73 34.21	750m: 8:30.24 34.43	1150m: 13:04.64 34.45				
	400m: 4:29.24 34.51	800m: 9:04.57 34.33	1200m: 13:39.05 34.41				
5.	Tomas Gomes Oliveira	99	Nautico Marinha Grande	<b>17:03.35</b>	<b>+0,79</b>	<b>616</b>	
	50m: 30.00 30.00	450m: 4:57.69 33.91	850m: 9:31.97 34.59	1250m: 14:11.42 34.72			
	100m: 1:02.16 32.16	500m: 5:31.98 34.29	900m: 10:07.14 35.17	1300m: 14:46.28 34.86			
	150m: 1:35.10 32.94	550m: 6:06.08 34.10	950m: 10:41.85 34.71	1350m: 15:21.07 34.79			
	200m: 2:08.63 33.53	600m: 6:40.27 34.19	1000m: 11:16.61 34.76	1400m: 15:55.67 34.60			
	250m: 2:42.10 33.47	650m: 7:14.34 34.07	1050m: 11:51.45 34.84	1450m: 16:30.15 34.48			
	300m: 3:16.25 34.15	700m: 7:48.75 34.41	1100m: 12:26.44 34.99	1500m: 17:03.35 33.20			
	350m: 3:49.94 33.69	750m: 8:22.86 34.11	1150m: 13:01.60 35.16				
	400m: 4:23.78 33.84	800m: 8:57.38 34.52	1200m: 13:36.70 35.10				



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Prova 1, Masc., 1500m Livres, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
6.	Miguel Ribeiro Bate	99	Alges	<b>17:08.67</b>	<b>+0,72</b>	<b>607</b>	
	50m: 29.62 29.62	450m: 4:59.86	34.30	850m: 9:36.49	35.18	1250m: 14:15.46	35.00
	100m: 1:02.28 32.66	500m: 5:33.88	34.02	900m: 10:11.27	34.78	1300m: 14:50.52	35.06
	150m: 1:35.95 33.67	550m: 6:08.95	35.07	950m: 10:46.39	35.12	1350m: 15:26.04	35.52
	200m: 2:09.60 33.65	600m: 6:43.28	34.33	1000m: 11:21.10	34.71	1400m: 16:00.40	34.36
	250m: 2:43.83 34.23	650m: 7:18.33	35.05	1050m: 11:56.20	35.10	1450m: 16:35.44	35.04
	300m: 3:17.61 33.78	700m: 7:52.62	34.29	1100m: 12:30.87	34.67	1500m: 17:08.67	33.23
	350m: 3:51.81 34.20	750m: 8:27.41	34.79	1150m: 13:05.95	35.08		
	400m: 4:25.56 33.75	800m: 9:01.31	33.90	1200m: 13:40.46	34.51		
7.	Eduardo Cardoso Lopes	99	Louletano / Loule Concelho	<b>17:08.96</b>	<b>+0,79</b>	<b>606</b>	
	50m: 30.31 30.31	450m: 5:04.26	35.51	850m: 9:43.32	34.56	1250m: 14:19.88	34.93
	100m: 1:03.09 32.78	500m: 5:39.53	35.27	900m: 10:18.17	34.85	1300m: 14:52.56	32.68
	150m: 1:36.54 33.45	550m: 6:14.43	34.90	950m: 10:52.98	34.81	1350m: 15:28.16	35.60
	200m: 2:10.00 33.46	600m: 6:49.62	35.19	1000m: 11:27.55	34.57	1400m: 16:03.13	34.97
	250m: 2:43.97 33.97	650m: 7:24.52	34.90	1050m: 11:59.51	31.96	1450m: 16:36.59	33.46
	300m: 3:17.98 34.01	700m: 7:59.04	34.52	1100m: 12:34.02	34.51	1500m: 17:08.96	32.37
	350m: 3:53.53 35.55	750m: 8:33.84	34.80	1150m: 13:09.55	35.53		
	400m: 4:28.75 35.22	800m: 9:08.76	34.92	1200m: 13:44.95	35.40		
8.	Diogo Leal Dantas	00	Sporting	<b>17:19.07</b>	<b>+0,68</b>	<b>589</b>	
	50m: 29.99 29.99	450m: 5:00.81	34.50	850m: 9:41.85	35.45	1250m: 14:23.83	35.62
	100m: 1:03.03 33.04	500m: 5:35.91	35.10	900m: 10:17.34	35.49	1300m: 14:59.52	35.69
	150m: 1:36.43 33.40	550m: 6:10.79	34.88	950m: 10:52.23	34.89	1350m: 15:35.13	35.61
	200m: 2:10.07 33.64	600m: 6:45.92	35.13	1000m: 11:27.72	35.49	1400m: 16:10.24	35.11
	250m: 2:43.82 33.75	650m: 7:20.79	34.87	1050m: 12:02.30	34.58	1450m: 16:45.32	35.08
	300m: 3:18.04 34.22	700m: 7:55.83	35.04	1100m: 12:37.42	35.12	1500m: 17:19.07	33.75
	350m: 3:51.73 33.69	750m: 8:31.00	35.17	1150m: 13:12.62	35.20		
	400m: 4:26.31 34.58	800m: 9:06.40	35.40	1200m: 13:48.21	35.59		
9.	Jose Pedro Fernandes	99	Braga	<b>17:19.41</b>	<b>+0,87</b>	<b>588</b>	
	50m: 29.73 29.73	450m: 4:59.91	34.74	850m: 9:36.78	34.98	1250m: 14:21.04	36.18
	100m: 1:01.95 32.22	500m: 5:34.16	34.25	900m: 10:11.75	34.97	1300m: 14:56.92	35.88
	150m: 1:35.42 33.47	550m: 6:08.58	34.42	950m: 10:47.22	35.47	1350m: 15:33.27	36.35
	200m: 2:08.98 33.56	600m: 6:42.97	34.39	1000m: 11:22.37	35.15	1400m: 16:08.95	35.68
	250m: 2:43.00 34.02	650m: 7:17.61	34.64	1050m: 11:57.91	35.54	1450m: 16:44.81	35.86
	300m: 3:16.94 33.94	700m: 7:52.19	34.58	1100m: 12:33.42	35.51	1500m: 17:19.41	34.60
	350m: 3:50.92 33.98	750m: 8:27.24	35.05	1150m: 13:09.06	35.64		
	400m: 4:25.17 34.25	800m: 9:01.80	34.56	1200m: 13:44.86	35.80		
10.	Rafael Gomes Simoes	00	Desportos Barcelos	<b>17:21.33</b>	<b>+0,89</b>	<b>585</b>	
	50m: 29.08 29.08	450m: 5:03.63	34.52	850m: 9:47.00	35.35	1250m: 14:29.22	35.26
	100m: 1:01.81 32.73	500m: 5:39.21	35.58	900m: 10:22.16	35.16	1300m: 15:04.86	35.64
	150m: 1:35.49 33.68	550m: 6:14.22	35.01	950m: 10:57.64	35.48	1350m: 15:39.96	35.10
	200m: 2:10.35 34.86	600m: 6:50.38	36.16	1000m: 11:33.00	35.36	1400m: 16:14.96	35.00
	250m: 2:43.98 33.63	650m: 7:25.04	34.66	1050m: 12:08.32	35.32	1450m: 16:49.14	34.18
	300m: 3:18.98 35.00	700m: 8:00.93	35.89	1100m: 12:43.72	35.40	1500m: 17:21.33	32.19
	350m: 3:53.29 34.31	750m: 8:35.80	34.87	1150m: 13:18.60	34.88		
	400m: 4:29.11 35.82	800m: 9:11.65	35.85	1200m: 13:53.96	35.36		



Campeonato Nacional de Juvenis  
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Coimbra, 23.7. - 26.7.2015

Prova 1, Masc., 1500m Livres, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
11.	Tiago Andre Carvalho	99	Academica de Coimbra	<b>17:22.48</b>	<b>+0,76</b>	<b>583</b>	
	50m: 30.41 30.41	450m: 5:07.53 34.97	850m: 9:48.05 35.04	1250m: 14:29.56 35.42			
	100m: 1:04.42 34.01	500m: 5:42.97 35.44	900m: 10:23.56 35.51	1300m: 15:04.97 35.41			
	150m: 1:38.21 33.79	550m: 6:17.64 34.67	950m: 10:58.68 35.12	1350m: 15:40.52 35.55			
	200m: 2:12.87 34.66	600m: 6:52.76 35.12	1000m: 11:33.46 34.78	1400m: 16:15.41 34.89			
	250m: 2:47.24 34.37	650m: 7:27.54 34.78	1050m: 12:08.62 35.16	1450m: 16:49.85 34.44			
	300m: 3:22.56 35.32	700m: 8:02.77 35.23	1100m: 12:43.81 35.19	1500m: 17:22.48 32.63			
	350m: 3:57.26 34.70	750m: 8:37.68 34.91	1150m: 13:18.89 35.08				
	400m: 4:32.56 35.30	800m: 9:13.01 35.33	1200m: 13:54.14 35.25				
12.	Sebastiao Mendes Gomes	00	Pimpoes/Cimai	<b>17:25.00</b>	<b>+0,83</b>	<b>579</b>	
	50m: 30.48 30.48	450m: 5:10.82 35.04	850m: 9:52.78 35.59	1250m: 14:33.07 34.97			
	100m: 1:05.06 34.58	500m: 5:46.24 35.42	900m: 10:26.92 34.14	1300m: 15:08.65 35.58			
	150m: 1:40.38 35.32	550m: 6:22.05 35.81	950m: 11:02.39 35.47	1350m: 15:43.98 35.33			
	200m: 2:15.70 35.32	600m: 6:57.05 35.00	1000m: 11:37.10 34.71	1400m: 16:18.51 34.53			
	250m: 2:51.19 35.49	650m: 7:32.18 35.13	1050m: 12:11.54 34.44	1450m: 16:52.06 33.55			
	300m: 3:26.04 34.85	700m: 8:06.80 34.62	1100m: 12:46.99 35.45	1500m: 17:25.00 32.94			
	350m: 4:01.80 35.76	750m: 8:41.85 35.05	1150m: 13:22.38 35.39				
	400m: 4:35.78 33.98	800m: 9:17.19 35.34	1200m: 13:58.10 35.72				
13.	Bernardo Marques Goncalves	00	Galitos	<b>17:28.38</b>	<b>+0,76</b>	<b>573</b>	
	50m: 30.74 30.74	450m: 5:10.71 35.23	850m: 9:52.32 35.44	1250m: 14:33.35 35.12			
	100m: 1:04.88 34.14	500m: 5:45.93 35.22	900m: 10:26.98 34.66	1300m: 15:08.62 35.27			
	150m: 1:40.17 35.29	550m: 6:21.25 35.32	950m: 11:02.01 35.03	1350m: 15:44.34 35.72			
	200m: 2:15.30 35.13	600m: 6:56.67 35.42	1000m: 11:37.18 35.17	1400m: 16:19.20 34.86			
	250m: 2:50.70 35.40	650m: 7:32.04 35.37	1050m: 12:12.23 35.05	1450m: 16:54.05 34.85			
	300m: 3:25.44 34.74	700m: 8:06.79 34.75	1100m: 12:47.23 35.00	1500m: 17:28.38 34.33			
	350m: 4:00.79 35.35	750m: 8:41.90 35.11	1150m: 13:22.73 35.50				
	400m: 4:35.48 34.69	800m: 9:16.88 34.98	1200m: 13:58.23 35.50				
14.	Joao Magalhaes Nunes	99	Belenenses	<b>17:30.16</b>	<b>+0,80</b>	<b>570</b>	
	50m: 31.51 31.51	450m: 5:09.99 35.48	850m: 9:53.80 35.41	1250m: 14:37.73 36.03			
	100m: 1:04.98 33.47	500m: 5:45.10 35.11	900m: 10:28.92 35.12	1300m: 15:12.93 35.20			
	150m: 1:39.48 34.50	550m: 6:20.87 35.77	950m: 11:04.33 35.41	1350m: 15:48.28 35.35			
	200m: 2:13.61 34.13	600m: 6:56.11 35.24	1000m: 11:39.40 35.07	1400m: 16:23.17 34.89			
	250m: 2:48.85 35.24	650m: 7:31.99 35.88	1050m: 12:15.32 35.92	1450m: 16:57.04 33.87			
	300m: 3:24.04 35.19	700m: 8:07.48 35.49	1100m: 12:50.59 35.27	1500m: 17:30.16 33.12			
	350m: 3:59.45 35.41	750m: 8:43.12 35.64	1150m: 13:26.33 35.74				
	400m: 4:34.51 35.06	800m: 9:18.39 35.27	1200m: 14:01.70 35.37				
15.	Diogo Moreno Bastos	00	Fluvial Portuense	<b>17:30.56</b>	<b>+0,90</b>	<b>569</b>	
	50m: 30.27 30.27	450m: 5:09.87 35.06	850m: 9:52.36 35.22	1250m: 14:36.31 35.85			
	100m: 1:04.21 33.94	500m: 5:45.14 35.27	900m: 10:27.68 35.32	1300m: 15:12.13 35.82			
	150m: 1:38.68 34.47	550m: 6:20.30 35.16	950m: 11:02.95 35.27	1350m: 15:47.40 35.27			
	200m: 2:13.93 35.25	600m: 6:55.60 35.30	1000m: 11:39.02 36.07	1400m: 16:22.96 35.56			
	250m: 2:48.79 34.86	650m: 7:31.12 35.52	1050m: 12:14.47 35.45	1450m: 16:57.80 34.84			
	300m: 3:24.27 35.48	700m: 8:06.45 35.33	1100m: 12:49.62 35.15	1500m: 17:30.56 32.76			
	350m: 3:59.37 35.10	750m: 8:41.85 35.40	1150m: 13:25.19 35.57				
	400m: 4:34.81 35.44	800m: 9:17.14 35.29	1200m: 14:00.46 35.27				



Campeonato Nacional de Juvenis  
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Prova 1, Masc., 1500m Livres, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts	
16.	Rui Jorge Matias	99	Vilacondense	<b>17:34.29</b>	<b>+0,87</b>	<b>563</b>		
	50m: 29.89	29.89	450m: 5:08.47	35.50	850m: 9:54.16	35.47	1250m: 14:40.48	35.11
	100m: 1:03.35	33.46	500m: 5:44.57	36.10	900m: 10:30.62	36.46	1300m: 15:16.47	35.99
	150m: 1:37.20	33.85	550m: 6:19.36	34.79	950m: 11:05.99	35.37	1350m: 15:51.99	35.52
	200m: 2:11.82	34.62	600m: 6:55.01	35.65	1000m: 11:42.40	36.41	1400m: 16:27.17	35.18
	250m: 2:46.97	35.15	650m: 7:31.09	36.08	1050m: 12:18.24	35.84	1450m: 17:01.32	34.15
	300m: 3:22.08	35.11	700m: 8:06.86	35.77	1100m: 12:54.60	36.36	1500m: 17:34.29	32.97
	350m: 3:57.11	35.03	750m: 8:42.48	35.62	1150m: 13:30.08	35.48		
	400m: 4:32.97	35.86	800m: 9:18.69	36.21	1200m: 14:05.37	35.29		
17.	Rui Jorge Lopes	00	CLAC-Entroncamento	<b>17:37.48</b>	<b>+0,90</b>	<b>558</b>		
	50m: 30.77	30.77	450m: 5:10.78	35.15	850m: 9:54.86	35.30	1250m: 14:42.71	36.04
	100m: 1:04.36	33.59	500m: 5:46.25	35.47	900m: 10:30.85	35.99	1300m: 15:19.01	36.30
	150m: 1:39.11	34.75	550m: 6:21.37	35.12	950m: 11:06.61	35.76	1350m: 15:55.13	36.12
	200m: 2:14.31	35.20	600m: 6:57.09	35.72	1000m: 11:42.71	36.10	1400m: 16:30.86	35.73
	250m: 2:49.51	35.20	650m: 7:32.59	35.50	1050m: 12:18.58	35.87	1450m: 17:04.71	33.85
	300m: 3:24.80	35.29	700m: 8:08.35	35.76	1100m: 12:54.48	35.90	1500m: 17:37.48	32.77
	350m: 4:00.16	35.36	750m: 8:44.00	35.65	1150m: 13:30.44	35.96		
	400m: 4:35.63	35.47	800m: 9:19.56	35.56	1200m: 14:06.67	36.23		
18.	Tiago Douwens Paula	99	Sporting	<b>17:40.24</b>	<b>+0,80</b>	<b>554</b>		
	50m: 30.97	30.97	450m: 5:12.18	35.24	850m: 9:57.15	35.94	1250m: 14:43.47	35.91
	100m: 1:04.79	33.82	500m: 5:47.88	35.70	900m: 10:32.80	35.65	1300m: 15:19.18	35.71
	150m: 1:39.82	35.03	550m: 6:23.48	35.60	950m: 11:08.49	35.69	1350m: 15:54.89	35.71
	200m: 2:15.28	35.46	600m: 6:58.97	35.49	1000m: 11:44.01	35.52	1400m: 16:30.53	35.64
	250m: 2:50.52	35.24	650m: 7:34.46	35.49	1050m: 12:19.66	35.65	1450m: 17:05.71	35.18
	300m: 3:25.84	35.32	700m: 8:10.10	35.64	1100m: 12:55.56	35.90	1500m: 17:40.24	34.53
	350m: 4:01.59	35.75	750m: 8:45.88	35.78	1150m: 13:32.16	36.60		
	400m: 4:36.94	35.35	800m: 9:21.21	35.33	1200m: 14:07.56	35.40		
19.	Tiago Cunha Costa	99	Sporting	<b>17:43.74</b>	<b>+0,82</b>	<b>549</b>		
	50m: 28.92	28.92	450m: 5:10.29	35.32	850m: 9:56.64	35.43	1250m: 14:44.83	35.65
	100m: 1:03.05	34.13	500m: 5:46.45	36.16	900m: 10:33.29	36.65	1300m: 15:21.29	36.46
	150m: 1:37.65	34.60	550m: 6:21.76	35.31	950m: 11:09.11	35.82	1350m: 15:56.92	35.63
	200m: 2:12.91	35.26	600m: 6:58.15	36.39	1000m: 11:45.19	36.08	1400m: 16:33.28	36.36
	250m: 2:47.84	34.93	650m: 7:33.43	35.28	1050m: 12:20.72	35.53	1450m: 17:08.71	35.43
	300m: 3:23.40	35.56	700m: 8:09.43	36.00	1100m: 12:57.06	36.34	1500m: 17:43.74	35.03
	350m: 3:58.70	35.30	750m: 8:44.82	35.39	1150m: 13:32.80	35.74		
	400m: 4:34.97	36.27	800m: 9:21.21	36.39	1200m: 14:09.18	36.38		
20.	Joao Vitor Fernandes	00	Sao Roque	<b>17:44.87</b>	<b>+0,67</b>	<b>547</b>		
	50m: 30.75	30.75	450m: 5:12.44	35.40	850m: 9:59.42	36.19	1250m: 14:48.74	36.03
	100m: 1:05.18	34.43	500m: 5:47.96	35.52	900m: 10:35.51	36.09	1300m: 15:24.85	36.11
	150m: 1:40.38	35.20	550m: 6:23.79	35.83	950m: 11:11.59	36.08	1350m: 16:01.06	36.21
	200m: 2:15.64	35.26	600m: 6:59.34	35.55	1000m: 11:47.64	36.05	1400m: 16:37.17	36.11
	250m: 2:50.95	35.31	650m: 7:35.46	36.12	1050m: 12:23.94	36.30	1450m: 17:12.45	35.28
	300m: 3:26.20	35.25	700m: 8:11.56	36.10	1100m: 13:00.22	36.28	1500m: 17:44.87	32.42
	350m: 4:01.76	35.56	750m: 8:47.45	35.89	1150m: 13:36.06	35.84		
	400m: 4:37.04	35.28	800m: 9:23.23	35.78	1200m: 14:12.71	36.65		



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Prova 1, Masc., 1500m Livres, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
21.	Diogo Vicente Custois	00	Benedita	<b>17:46.47</b>	<b>+0,73</b>	<b>544</b>	
	50m: 31.19 31.19	450m: 5:12.43 35.79	850m: 9:57.42 36.05	1250m: 14:46.74 36.76			
	100m: 1:05.11 33.92	500m: 5:47.74 35.31	900m: 10:33.05 35.63	1300m: 15:22.86 36.12			
	150m: 1:40.53 35.42	550m: 6:23.56 35.82	950m: 11:09.26 36.21	1350m: 15:59.59 36.73			
	200m: 2:15.58 35.05	600m: 6:58.97 35.41	1000m: 11:44.99 35.73	1400m: 16:35.84 36.25			
	250m: 2:51.14 35.56	650m: 7:34.98 36.01	1050m: 12:21.43 36.44	1450m: 17:11.77 35.93			
	300m: 3:26.26 35.12	700m: 8:10.23 35.25	1100m: 12:57.26 35.83	1500m: 17:46.47 34.70			
	350m: 4:01.57 35.31	750m: 8:46.65 36.42	1150m: 13:34.17 36.91				
	400m: 4:36.64 35.07	800m: 9:21.37 34.72	1200m: 14:09.98 35.81				
22.	Albino David Almeida	99	O Crasto	<b>17:56.74</b>	<b>+0,88</b>	<b>529</b>	
	<i>FTL</i>						
	50m: 30.16 30.16	450m: 5:11.61 35.53	850m: 10:01.91 36.50	1250m: 14:56.10 37.06			
	100m: 1:04.43 34.27	500m: 5:47.71 36.10	900m: 10:38.57 36.66	1300m: 15:32.59 36.49			
	150m: 1:38.44 34.01	550m: 6:23.49 35.78	950m: 11:15.18 36.61	1350m: 16:08.82 36.23			
	200m: 2:13.78 35.34	600m: 6:59.58 36.09	1000m: 11:51.94 36.76	1400m: 16:45.59 36.77			
	250m: 2:49.00 35.22	650m: 7:35.70 36.12	1050m: 12:28.62 36.68	1450m: 17:21.75 36.16			
	300m: 3:24.72 35.72	700m: 8:12.51 36.81	1100m: 13:05.35 36.73	1500m: 17:56.74 34.99			
	350m: 4:00.04 35.32	750m: 8:48.94 36.43	1150m: 13:41.88 36.53				
	400m: 4:36.08 36.04	800m: 9:25.41 36.47	1200m: 14:19.04 37.16				

Prova 1 Masc., 1500m Livres Juvenis A  
23-07-2015 - 17:10 SOMAGUE Resultados

Rec Nac Absoluto	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007
Rec Nac Juv A	15:45.55	Gustavo Manuel Santa	FPN	Tampere (FIN)	23-07-2009

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Duarte Filipe Rodrigues	99	Alges	<b>17:02.12</b>	<b>+0,83</b>	<b>618</b>	
	50m: 30.38 30.38	450m: 5:03.52 34.28	850m: 9:38.96 34.39	1250m: 14:13.00 33.95			
	100m: 1:03.86 33.48	500m: 5:37.93 34.41	900m: 10:13.14 34.18	1300m: 14:47.41 34.41			
	150m: 1:37.61 33.75	550m: 6:12.51 34.58	950m: 10:47.31 34.17	1350m: 15:21.63 34.22			
	200m: 2:11.80 34.19	600m: 6:46.84 34.33	1000m: 11:21.63 34.32	1400m: 15:55.98 34.35			
	250m: 2:46.14 34.34	650m: 7:21.44 34.60	1050m: 11:55.83 34.20	1450m: 16:29.39 33.41			
	300m: 3:20.52 34.38	700m: 7:55.81 34.37	1100m: 12:30.19 34.36	1500m: 17:02.12 32.73			
	350m: 3:54.73 34.21	750m: 8:30.24 34.43	1150m: 13:04.64 34.45				
	400m: 4:29.24 34.51	800m: 9:04.57 34.33	1200m: 13:39.05 34.41				
2.	Tomas Gomes Oliveira	99	Nautico Marinha Grande	<b>17:03.35</b>	<b>+0,79</b>	<b>616</b>	
	50m: 30.00 30.00	450m: 4:57.69 33.91	850m: 9:31.97 34.59	1250m: 14:11.42 34.72			
	100m: 1:02.16 32.16	500m: 5:31.98 34.29	900m: 10:07.14 35.17	1300m: 14:46.28 34.86			
	150m: 1:35.10 32.94	550m: 6:06.08 34.10	950m: 10:41.85 34.71	1350m: 15:21.07 34.79			
	200m: 2:08.63 33.53	600m: 6:40.27 34.19	1000m: 11:16.61 34.76	1400m: 15:55.67 34.60			
	250m: 2:42.10 33.47	650m: 7:14.34 34.07	1050m: 11:51.45 34.84	1450m: 16:30.15 34.48			
	300m: 3:16.25 34.15	700m: 7:48.75 34.41	1100m: 12:26.44 34.99	1500m: 17:03.35 33.20			
	350m: 3:49.94 33.69	750m: 8:22.86 34.11	1150m: 13:01.60 35.16				
	400m: 4:23.78 33.84	800m: 8:57.38 34.52	1200m: 13:36.70 35.10				





Campeonato Nacional de Juvenis  
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Prova 1, Masc., 1500m Livres, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
3.	Miguel Ribeiro Bate	99	Alges	<b>17:08.67</b>	<b>+0,72</b>	<b>607</b>	
	50m: 29.62 29.62	450m: 4:59.86	34.30	850m: 9:36.49	35.18	1250m: 14:15.46	35.00
	100m: 1:02.28 32.66	500m: 5:33.88	34.02	900m: 10:11.27	34.78	1300m: 14:50.52	35.06
	150m: 1:35.95 33.67	550m: 6:08.95	35.07	950m: 10:46.39	35.12	1350m: 15:26.04	35.52
	200m: 2:09.60 33.65	600m: 6:43.28	34.33	1000m: 11:21.10	34.71	1400m: 16:00.40	34.36
	250m: 2:43.83 34.23	650m: 7:18.33	35.05	1050m: 11:56.20	35.10	1450m: 16:35.44	35.04
	300m: 3:17.61 33.78	700m: 7:52.62	34.29	1100m: 12:30.87	34.67	1500m: 17:08.67	33.23
	350m: 3:51.81 34.20	750m: 8:27.41	34.79	1150m: 13:05.95	35.08		
	400m: 4:25.56 33.75	800m: 9:01.31	33.90	1200m: 13:40.46	34.51		
4.	Eduardo Cardoso Lopes	99	Louletano / Loule Concelho	<b>17:08.96</b>	<b>+0,79</b>	<b>606</b>	
	50m: 30.31 30.31	450m: 5:04.26	35.51	850m: 9:43.32	34.56	1250m: 14:19.88	34.93
	100m: 1:03.09 32.78	500m: 5:39.53	35.27	900m: 10:18.17	34.85	1300m: 14:52.56	32.68
	150m: 1:36.54 33.45	550m: 6:14.43	34.90	950m: 10:52.98	34.81	1350m: 15:28.16	35.60
	200m: 2:10.00 33.46	600m: 6:49.62	35.19	1000m: 11:27.55	34.57	1400m: 16:03.13	34.97
	250m: 2:43.97 33.97	650m: 7:24.52	34.90	1050m: 11:59.51	31.96	1450m: 16:36.59	33.46
	300m: 3:17.98 34.01	700m: 7:59.04	34.52	1100m: 12:34.02	34.51	1500m: 17:08.96	32.37
	350m: 3:53.53 35.55	750m: 8:33.84	34.80	1150m: 13:09.55	35.53		
	400m: 4:28.75 35.22	800m: 9:08.76	34.92	1200m: 13:44.95	35.40		
5.	Jose Pedro Fernandes	99	Braga	<b>17:19.41</b>	<b>+0,87</b>	<b>588</b>	
	50m: 29.73 29.73	450m: 4:59.91	34.74	850m: 9:36.78	34.98	1250m: 14:21.04	36.18
	100m: 1:01.95 32.22	500m: 5:34.16	34.25	900m: 10:11.75	34.97	1300m: 14:56.92	35.88
	150m: 1:35.42 33.47	550m: 6:08.58	34.42	950m: 10:47.22	35.47	1350m: 15:33.27	36.35
	200m: 2:08.98 33.56	600m: 6:42.97	34.39	1000m: 11:22.37	35.15	1400m: 16:08.95	35.68
	250m: 2:43.00 34.02	650m: 7:17.61	34.64	1050m: 11:57.91	35.54	1450m: 16:44.81	35.86
	300m: 3:16.94 33.94	700m: 7:52.19	34.58	1100m: 12:33.42	35.51	1500m: 17:19.41	34.60
	350m: 3:50.92 33.98	750m: 8:27.24	35.05	1150m: 13:09.06	35.64		
	400m: 4:25.17 34.25	800m: 9:01.80	34.56	1200m: 13:44.86	35.80		
6.	Tiago Andre Carvalho	99	Academica de Coimbra	<b>17:22.48</b>	<b>+0,76</b>	<b>583</b>	
	50m: 30.41 30.41	450m: 5:07.53	34.97	850m: 9:48.05	35.04	1250m: 14:29.56	35.42
	100m: 1:04.42 34.01	500m: 5:42.97	35.44	900m: 10:23.56	35.51	1300m: 15:04.97	35.41
	150m: 1:38.21 33.79	550m: 6:17.64	34.67	950m: 10:58.68	35.12	1350m: 15:40.52	35.55
	200m: 2:12.87 34.66	600m: 6:52.76	35.12	1000m: 11:33.46	34.78	1400m: 16:15.41	34.89
	250m: 2:47.24 34.37	650m: 7:27.54	34.78	1050m: 12:08.62	35.16	1450m: 16:49.85	34.44
	300m: 3:22.56 35.32	700m: 8:02.77	35.23	1100m: 12:43.81	35.19	1500m: 17:22.48	32.63
	350m: 3:57.26 34.70	750m: 8:37.68	34.91	1150m: 13:18.89	35.08		
	400m: 4:32.56 35.30	800m: 9:13.01	35.33	1200m: 13:54.14	35.25		
7.	Joao Magalhaes Nunes	99	Belenenses	<b>17:30.16</b>	<b>+0,80</b>	<b>570</b>	
	50m: 31.51 31.51	450m: 5:09.99	35.48	850m: 9:53.80	35.41	1250m: 14:37.73	36.03
	100m: 1:04.98 33.47	500m: 5:45.10	35.11	900m: 10:28.92	35.12	1300m: 15:12.93	35.20
	150m: 1:39.48 34.50	550m: 6:20.87	35.77	950m: 11:04.33	35.41	1350m: 15:48.28	35.35
	200m: 2:13.61 34.13	600m: 6:56.11	35.24	1000m: 11:39.40	35.07	1400m: 16:23.17	34.89
	250m: 2:48.85 35.24	650m: 7:31.99	35.88	1050m: 12:15.32	35.92	1450m: 16:57.04	33.87
	300m: 3:24.04 35.19	700m: 8:07.48	35.49	1100m: 12:50.59	35.27	1500m: 17:30.16	33.12
	350m: 3:59.45 35.41	750m: 8:43.12	35.64	1150m: 13:26.33	35.74		
	400m: 4:34.51 35.06	800m: 9:18.39	35.27	1200m: 14:01.70	35.37		



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Prova 1, Masc., 1500m Livres, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
8.	Rui Jorge Matias	99	Vilacondense	<b>17:34.29</b>	<b>+0,87</b>	<b>563</b>	
	50m: 29.89 29.89	450m: 5:08.47 35.50	850m: 9:54.16 35.47	1250m: 14:40.48 35.11			
	100m: 1:03.35 33.46	500m: 5:44.57 36.10	900m: 10:30.62 36.46	1300m: 15:16.47 35.99			
	150m: 1:37.20 33.85	550m: 6:19.36 34.79	950m: 11:05.99 35.37	1350m: 15:51.99 35.52			
	200m: 2:11.82 34.62	600m: 6:55.01 35.65	1000m: 11:42.40 36.41	1400m: 16:27.17 35.18			
	250m: 2:46.97 35.15	650m: 7:31.09 36.08	1050m: 12:18.24 35.84	1450m: 17:01.32 34.15			
	300m: 3:22.08 35.11	700m: 8:06.86 35.77	1100m: 12:54.60 36.36	1500m: 17:34.29 32.97			
	350m: 3:57.11 35.03	750m: 8:42.48 35.62	1150m: 13:30.08 35.48				
	400m: 4:32.97 35.86	800m: 9:18.69 36.21	1200m: 14:05.37 35.29				
9.	Tiago Douwens Paula	99	Sporting	<b>17:40.24</b>	<b>+0,80</b>	<b>554</b>	
	50m: 30.97 30.97	450m: 5:12.18 35.24	850m: 9:57.15 35.94	1250m: 14:43.47 35.91			
	100m: 1:04.79 33.82	500m: 5:47.88 35.70	900m: 10:32.80 35.65	1300m: 15:19.18 35.71			
	150m: 1:39.82 35.03	550m: 6:23.48 35.60	950m: 11:08.49 35.69	1350m: 15:54.89 35.71			
	200m: 2:15.28 35.46	600m: 6:58.97 35.49	1000m: 11:44.01 35.52	1400m: 16:30.53 35.64			
	250m: 2:50.52 35.24	650m: 7:34.46 35.49	1050m: 12:19.66 35.65	1450m: 17:05.71 35.18			
	300m: 3:25.84 35.32	700m: 8:10.10 35.64	1100m: 12:55.56 35.90	1500m: 17:40.24 34.53			
	350m: 4:01.59 35.75	750m: 8:45.88 35.78	1150m: 13:32.16 36.60				
	400m: 4:36.94 35.35	800m: 9:21.21 35.33	1200m: 14:07.56 35.40				
10.	Tiago Cunha Costa	99	Sporting	<b>17:43.74</b>	<b>+0,82</b>	<b>549</b>	
	50m: 28.92 28.92	450m: 5:10.29 35.32	850m: 9:56.64 35.43	1250m: 14:44.83 35.65			
	100m: 1:03.05 34.13	500m: 5:46.45 36.16	900m: 10:33.29 36.65	1300m: 15:21.29 36.46			
	150m: 1:37.65 34.60	550m: 6:21.76 35.31	950m: 11:09.11 35.82	1350m: 15:56.92 35.63			
	200m: 2:12.91 35.26	600m: 6:58.15 36.39	1000m: 11:45.19 36.08	1400m: 16:33.28 36.36			
	250m: 2:47.84 34.93	650m: 7:33.43 35.28	1050m: 12:20.72 35.53	1450m: 17:08.71 35.43			
	300m: 3:23.40 35.56	700m: 8:09.43 36.00	1100m: 12:57.06 36.34	1500m: 17:43.74 35.03			
	350m: 3:58.70 35.30	750m: 8:44.82 35.39	1150m: 13:32.80 35.74				
	400m: 4:34.97 36.27	800m: 9:21.21 36.39	1200m: 14:09.18 36.38				
11.	Albino David Almeida	99	O Crasto	<b>17:56.74</b>	<b>+0,88</b>	<b>529</b>	
	<i>FTL</i>						
	50m: 30.16 30.16	450m: 5:11.61 35.53	850m: 10:01.91 36.50	1250m: 14:56.10 37.06			
	100m: 1:04.43 34.27	500m: 5:47.71 36.10	900m: 10:38.57 36.66	1300m: 15:32.59 36.49			
	150m: 1:38.44 34.01	550m: 6:23.49 35.78	950m: 11:15.18 36.61	1350m: 16:08.82 36.23			
	200m: 2:13.78 35.34	600m: 6:59.58 36.09	1000m: 11:51.94 36.76	1400m: 16:45.59 36.77			
	250m: 2:49.00 35.22	650m: 7:35.70 36.12	1050m: 12:28.62 36.68	1450m: 17:21.75 36.16			
	300m: 3:24.72 35.72	700m: 8:12.51 36.81	1100m: 13:05.35 36.73	1500m: 17:56.74 34.99			
	350m: 4:00.04 35.32	750m: 8:48.94 36.43	1150m: 13:41.88 36.53				
	400m: 4:36.08 36.04	800m: 9:25.41 36.47	1200m: 14:19.04 37.16				



Campeonato Nacional de Juvenis  
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Prova 1, Masc., 1500m Livres

Prova 1  
23-07-2015 - 17:10

Masc., 1500m Livres  
SOMAGUE

Juvenis B  
Resultados

Rec Nac Absoluto	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007
Rec Nac Juv B	16:31.97	Pedro Fontoura Oliveira	CFB	Lisboa	28-05-2005

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts	
1.	Diogo Barbosa Nunes	00	Fluvial Portuense	<b>16:44.10</b>	<b>+0,79</b>	<b>652</b>		
	50m: 28.94	28.94	450m: 4:49.45	33.03	850m: 9:21.08	34.33	1250m: 13:54.59	34.19
	100m: 1:00.04	31.10	500m: 5:23.33	33.88	900m: 9:55.60	34.52	1300m: 14:28.85	34.26
	150m: 1:32.17	32.13	550m: 5:57.14	33.81	950m: 10:29.67	34.07	1350m: 15:02.71	33.86
	200m: 2:04.83	32.66	600m: 6:31.31	34.17	1000m: 11:03.46	33.79	1400m: 15:36.89	34.18
	250m: 2:37.89	33.06	650m: 7:05.18	33.87	1050m: 11:37.56	34.10	1450m: 16:10.67	33.78
	300m: 3:10.45	32.56	700m: 7:39.19	34.01	1100m: 12:11.81	34.25	1500m: 16:44.10	33.43
	350m: 3:43.28	32.83	750m: 8:12.76	33.57	1150m: 12:46.04	34.23		
	400m: 4:16.42	33.14	800m: 8:46.75	33.99	1200m: 13:20.40	34.36		
2.	Jose Paulo Lopes	00	Braga	<b>16:45.96</b>	<b>+0,79</b>	<b>649</b>		
	50m: 29.63	29.63	450m: 4:54.88	33.35	850m: 9:24.06	33.97	1250m: 13:56.09	34.19
	100m: 1:01.94	32.31	500m: 5:28.26	33.38	900m: 9:57.81	33.75	1300m: 14:30.51	34.42
	150m: 1:34.67	32.73	550m: 6:01.44	33.18	950m: 10:31.71	33.90	1350m: 15:04.71	34.20
	200m: 2:08.09	33.42	600m: 6:34.99	33.55	1000m: 11:05.83	34.12	1400m: 15:38.92	34.21
	250m: 2:41.18	33.09	650m: 7:08.52	33.53	1050m: 11:39.64	33.81	1450m: 16:13.21	34.29
	300m: 3:14.69	33.51	700m: 7:42.54	34.02	1100m: 12:13.83	34.19	1500m: 16:45.96	32.75
	350m: 3:47.96	33.27	750m: 8:16.22	33.68	1150m: 12:47.81	33.98		
	400m: 4:21.53	33.57	800m: 8:50.09	33.87	1200m: 13:21.90	34.09		
3.	Sergio Filipe Travanca	00	Fluvial Portuense	<b>16:59.65</b>	<b>+0,75</b>	<b>623</b>		
	50m: 30.83	30.83	450m: 5:03.53	34.46	850m: 9:38.10	34.52	1250m: 14:11.35	33.72
	100m: 1:04.09	33.26	500m: 5:37.55	34.02	900m: 10:11.93	33.83	1300m: 14:45.15	33.80
	150m: 1:37.87	33.78	550m: 6:12.09	34.54	950m: 10:46.45	34.52	1350m: 15:19.31	34.16
	200m: 2:11.60	33.73	600m: 6:46.15	34.06	1000m: 11:20.74	34.29	1400m: 15:53.18	33.87
	250m: 2:46.25	34.65	650m: 7:20.73	34.58	1050m: 11:55.25	34.51	1450m: 16:26.90	33.72
	300m: 3:20.36	34.11	700m: 7:55.07	34.34	1100m: 12:29.45	34.20	1500m: 16:59.65	32.75
	350m: 3:54.95	34.59	750m: 8:29.63	34.56	1150m: 13:03.91	34.46		
	400m: 4:29.07	34.12	800m: 9:03.58	33.95	1200m: 13:37.63	33.72		
4.	Diogo Leal Dantas	00	Sporting	<b>17:19.07</b>	<b>+0,68</b>	<b>589</b>		
	50m: 29.99	29.99	450m: 5:00.81	34.50	850m: 9:41.85	35.45	1250m: 14:23.83	35.62
	100m: 1:03.03	33.04	500m: 5:35.91	35.10	900m: 10:17.34	35.49	1300m: 14:59.52	35.69
	150m: 1:36.43	33.40	550m: 6:10.79	34.88	950m: 10:52.23	34.89	1350m: 15:35.13	35.61
	200m: 2:10.07	33.64	600m: 6:45.92	35.13	1000m: 11:27.72	35.49	1400m: 16:10.24	35.11
	250m: 2:43.82	33.75	650m: 7:20.79	34.87	1050m: 12:02.30	34.58	1450m: 16:45.32	35.08
	300m: 3:18.04	34.22	700m: 7:55.83	35.04	1100m: 12:37.42	35.12	1500m: 17:19.07	33.75
	350m: 3:51.73	33.69	750m: 8:31.00	35.17	1150m: 13:12.62	35.20		
	400m: 4:26.31	34.58	800m: 9:06.40	35.40	1200m: 13:48.21	35.59		
5.	Rafael Gomes Simoes	00	Desportos Barcelos	<b>17:21.33</b>	<b>+0,89</b>	<b>585</b>		
	50m: 29.08	29.08	450m: 5:03.63	34.52	850m: 9:47.00	35.35	1250m: 14:29.22	35.26
	100m: 1:01.81	32.73	500m: 5:39.21	35.58	900m: 10:22.16	35.16	1300m: 15:04.86	35.64
	150m: 1:35.49	33.68	550m: 6:14.22	35.01	950m: 10:57.64	35.48	1350m: 15:39.96	35.10
	200m: 2:10.35	34.86	600m: 6:50.38	36.16	1000m: 11:33.00	35.36	1400m: 16:14.96	35.00
	250m: 2:43.98	33.63	650m: 7:25.04	34.66	1050m: 12:08.32	35.32	1450m: 16:49.14	34.18
	300m: 3:18.98	35.00	700m: 8:00.93	35.89	1100m: 12:43.72	35.40	1500m: 17:21.33	32.19
	350m: 3:53.29	34.31	750m: 8:35.80	34.87	1150m: 13:18.60	34.88		
	400m: 4:29.11	35.82	800m: 9:11.65	35.85	1200m: 13:53.96	35.36		



Campeonato Nacional de Juvenis  
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Prova 1, Masc., 1500m Livres, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts	
6.	Sebastiao Mendes Gomes	00	Pimpoes/Cimai	<b>17:25.00</b>	<b>+0,83</b>	<b>579</b>		
	50m: 30.48	30.48	450m: 5:10.82	35.04	850m: 9:52.78	35.59	1250m: 14:33.07	34.97
	100m: 1:05.06	34.58	500m: 5:46.24	35.42	900m: 10:26.92	34.14	1300m: 15:08.65	35.58
	150m: 1:40.38	35.32	550m: 6:22.05	35.81	950m: 11:02.39	35.47	1350m: 15:43.98	35.33
	200m: 2:15.70	35.32	600m: 6:57.05	35.00	1000m: 11:37.10	34.71	1400m: 16:18.51	34.53
	250m: 2:51.19	35.49	650m: 7:32.18	35.13	1050m: 12:11.54	34.44	1450m: 16:52.06	33.55
	300m: 3:26.04	34.85	700m: 8:06.80	34.62	1100m: 12:46.99	35.45	1500m: 17:25.00	32.94
	350m: 4:01.80	35.76	750m: 8:41.85	35.05	1150m: 13:22.38	35.39		
	400m: 4:35.78	33.98	800m: 9:17.19	35.34	1200m: 13:58.10	35.72		
7.	Bernardo Marques Goncalves	00	Galitos	<b>17:28.38</b>	<b>+0,76</b>	<b>573</b>		
	50m: 30.74	30.74	450m: 5:10.71	35.23	850m: 9:52.32	35.44	1250m: 14:33.35	35.12
	100m: 1:04.88	34.14	500m: 5:45.93	35.22	900m: 10:26.98	34.66	1300m: 15:08.62	35.27
	150m: 1:40.17	35.29	550m: 6:21.25	35.32	950m: 11:02.01	35.03	1350m: 15:44.34	35.72
	200m: 2:15.30	35.13	600m: 6:56.67	35.42	1000m: 11:37.18	35.17	1400m: 16:19.20	34.86
	250m: 2:50.70	35.40	650m: 7:32.04	35.37	1050m: 12:12.23	35.05	1450m: 16:54.05	34.85
	300m: 3:25.44	34.74	700m: 8:06.79	34.75	1100m: 12:47.23	35.00	1500m: 17:28.38	34.33
	350m: 4:00.79	35.35	750m: 8:41.90	35.11	1150m: 13:22.73	35.50		
	400m: 4:35.48	34.69	800m: 9:16.88	34.98	1200m: 13:58.23	35.50		
8.	Diogo Moreno Bastos	00	Fluvial Portuense	<b>17:30.56</b>	<b>+0,90</b>	<b>569</b>		
	50m: 30.27	30.27	450m: 5:09.87	35.06	850m: 9:52.36	35.22	1250m: 14:36.31	35.85
	100m: 1:04.21	33.94	500m: 5:45.14	35.27	900m: 10:27.68	35.32	1300m: 15:12.13	35.82
	150m: 1:38.68	34.47	550m: 6:20.30	35.16	950m: 11:02.95	35.27	1350m: 15:47.40	35.27
	200m: 2:13.93	35.25	600m: 6:55.60	35.30	1000m: 11:39.02	36.07	1400m: 16:22.96	35.56
	250m: 2:48.79	34.86	650m: 7:31.12	35.52	1050m: 12:14.47	35.45	1450m: 16:57.80	34.84
	300m: 3:24.27	35.48	700m: 8:06.45	35.33	1100m: 12:49.62	35.15	1500m: 17:30.56	32.76
	350m: 3:59.37	35.10	750m: 8:41.85	35.40	1150m: 13:25.19	35.57		
	400m: 4:34.81	35.44	800m: 9:17.14	35.29	1200m: 14:00.46	35.27		
9.	Rui Jorge Lopes	00	CLAC-Entroncamento	<b>17:37.48</b>	<b>+0,90</b>	<b>558</b>		
	50m: 30.77	30.77	450m: 5:10.78	35.15	850m: 9:54.86	35.30	1250m: 14:42.71	36.04
	100m: 1:04.36	33.59	500m: 5:46.25	35.47	900m: 10:30.85	35.99	1300m: 15:19.01	36.30
	150m: 1:39.11	34.75	550m: 6:21.37	35.12	950m: 11:06.61	35.76	1350m: 15:55.13	36.12
	200m: 2:14.31	35.20	600m: 6:57.09	35.72	1000m: 11:42.71	36.10	1400m: 16:30.86	35.73
	250m: 2:49.51	35.20	650m: 7:32.59	35.50	1050m: 12:18.58	35.87	1450m: 17:04.71	33.85
	300m: 3:24.80	35.29	700m: 8:08.35	35.76	1100m: 12:54.48	35.90	1500m: 17:37.48	32.77
	350m: 4:00.16	35.36	750m: 8:44.00	35.65	1150m: 13:30.44	35.96		
	400m: 4:35.63	35.47	800m: 9:19.56	35.56	1200m: 14:06.67	36.23		
10.	Joao Vitor Fernandes	00	Sao Roque	<b>17:44.87</b>	<b>+0,67</b>	<b>547</b>		
	50m: 30.75	30.75	450m: 5:12.44	35.40	850m: 9:59.42	36.19	1250m: 14:48.74	36.03
	100m: 1:05.18	34.43	500m: 5:47.96	35.52	900m: 10:35.51	36.09	1300m: 15:24.85	36.11
	150m: 1:40.38	35.20	550m: 6:23.79	35.83	950m: 11:11.59	36.08	1350m: 16:01.06	36.21
	200m: 2:15.64	35.26	600m: 6:59.34	35.55	1000m: 11:47.64	36.05	1400m: 16:37.17	36.11
	250m: 2:50.95	35.31	650m: 7:35.46	36.12	1050m: 12:23.94	36.30	1450m: 17:12.45	35.28
	300m: 3:26.20	35.25	700m: 8:11.56	36.10	1100m: 13:00.22	36.28	1500m: 17:44.87	32.42
	350m: 4:01.76	35.56	750m: 8:47.45	35.89	1150m: 13:36.06	35.84		
	400m: 4:37.04	35.28	800m: 9:23.23	35.78	1200m: 14:12.71	36.65		

Campeonato Nacional de Juvenis  
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Prova 1, Masc., 1500m Livres, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts	
11.	Diogo Vicente Custodias	00	Benedita	<b>17:46.47</b>	<b>+0,73</b>	<b>544</b>		
	50m: 31.19	31.19	450m: 5:12.43	35.79	850m: 9:57.42	36.05	1250m: 14:46.74	36.76
	100m: 1:05.11	33.92	500m: 5:47.74	35.31	900m: 10:33.05	35.63	1300m: 15:22.86	36.12
	150m: 1:40.53	35.42	550m: 6:23.56	35.82	950m: 11:09.26	36.21	1350m: 15:59.59	36.73
	200m: 2:15.58	35.05	600m: 6:58.97	35.41	1000m: 11:44.99	35.73	1400m: 16:35.84	36.25
	250m: 2:51.14	35.56	650m: 7:34.98	36.01	1050m: 12:21.43	36.44	1450m: 17:11.77	35.93
	300m: 3:26.26	35.12	700m: 8:10.23	35.25	1100m: 12:57.26	35.83	1500m: 17:46.47	34.70
	350m: 4:01.57	35.31	750m: 8:46.65	36.42	1150m: 13:34.17	36.91		
	400m: 4:36.64	35.07	800m: 9:21.37	34.72	1200m: 14:09.98	35.81		

Prova 1  
23-07-2015 - 17:10 Masc., 1500m Livres  
SOMAGUE Seniores Resultados

Rec Nac Absoluto	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007
Rec Nac Sen	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts	
1.	Pedro Maria Bessa	95	Vilacondense	<b>16:14.78</b>	<b>+0,83</b>	<b>713</b>		
	50m: 28.96	28.96	450m: 4:48.46	32.37	850m: 9:08.42	32.62	1250m: 13:32.51	33.36
	100m: 1:00.48	31.52	500m: 5:20.79	32.33	900m: 9:41.09	32.67	1300m: 14:05.30	32.79
	150m: 1:32.80	32.32	550m: 5:53.29	32.50	950m: 10:14.31	33.22	1350m: 14:38.58	33.28
	200m: 2:05.39	32.59	600m: 6:25.86	32.57	1000m: 10:47.14	32.83	1400m: 15:11.78	33.20
	250m: 2:38.11	32.72	650m: 6:58.32	32.46	1050m: 11:19.89	32.75	1450m: 15:44.35	32.57
	300m: 3:10.89	32.78	700m: 7:30.73	32.41	1100m: 11:53.14	33.25	1500m: 16:14.78	30.43
	350m: 3:43.62	32.73	750m: 8:03.35	32.62	1150m: 12:26.06	32.92		
	400m: 4:16.09	32.47	800m: 8:35.80	32.45	1200m: 12:59.15	33.09		
2.	Mario Andre Bonanca	90	Sporting	<b>16:22.78</b>	<b>+0,80</b>	<b>696</b>		
	50m: 29.38	29.38	450m: 4:42.84	32.32	850m: 9:09.32	33.31	1250m: 13:37.85	33.87
	100m: 1:00.70	31.32	500m: 5:15.75	32.91	900m: 9:42.74	33.42	1300m: 14:11.40	33.55
	150m: 1:32.32	31.62	550m: 5:48.88	33.13	950m: 10:16.07	33.33	1350m: 14:44.67	33.27
	200m: 2:03.63	31.31	600m: 6:22.40	33.52	1000m: 10:49.85	33.78	1400m: 15:17.96	33.29
	250m: 2:35.20	31.57	650m: 6:55.65	33.25	1050m: 11:23.00	33.15	1450m: 15:50.91	32.95
	300m: 3:06.71	31.51	700m: 7:29.22	33.57	1100m: 11:56.85	33.85	1500m: 16:22.78	31.87
	350m: 3:38.46	31.75	750m: 8:02.62	33.40	1150m: 12:30.29	33.44		
	400m: 4:10.52	32.06	800m: 8:36.01	33.39	1200m: 13:03.98	33.69		
3.	Tiago Silva Oliveira	94	Leixoes	<b>16:26.81</b>	<b>+0,77</b>	<b>687</b>		
	50m: 28.84	28.84	450m: 4:45.52	32.37	850m: 9:09.80	33.32	1250m: 13:38.52	33.67
	100m: 1:00.02	31.18	500m: 5:17.84	32.32	900m: 9:43.27	33.47	1300m: 14:12.12	33.60
	150m: 1:31.87	31.85	550m: 5:50.40	32.56	950m: 10:16.97	33.70	1350m: 14:45.95	33.83
	200m: 2:04.07	32.20	600m: 6:23.26	32.86	1000m: 10:50.34	33.37	1400m: 15:19.59	33.64
	250m: 2:35.98	31.91	650m: 6:56.38	33.12	1050m: 11:24.08	33.74	1450m: 15:53.58	33.99
	300m: 3:08.31	32.33	700m: 7:29.62	33.24	1100m: 11:57.78	33.70	1500m: 16:26.81	33.23
	350m: 3:40.74	32.43	750m: 8:03.09	33.47	1150m: 12:31.37	33.59		
	400m: 4:13.15	32.41	800m: 8:36.48	33.39	1200m: 13:04.85	33.48		



Campeonato Nacional de Juvenis  
Campeonato Absolutos de Portugal-OPEN/SOMAGUE  
Coimbra, 23.7. - 26.7.2015

Prova 1, Masc., 1500m Livres, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
4.	<b>Pedro Veiguinha Martins</b>	96	Braga	<b>16:47.58</b>	<b>+0,80</b>	<b>646</b>	
	50m: 30.28 30.28	450m: 5:00.86 33.42	850m: 9:32.35 33.47	1250m: 14:01.88 33.76			
	100m: 1:04.02 33.74	500m: 5:35.13 34.27	900m: 10:06.27 33.92	1300m: 14:36.22 34.34			
	150m: 1:37.67 33.65	550m: 6:08.67 33.54	950m: 10:39.48 33.21	1350m: 15:09.67 33.45			
	200m: 2:12.26 34.59	600m: 6:42.55 33.88	1000m: 11:13.02 33.54	1400m: 15:43.43 33.76			
	250m: 2:45.66 33.40	650m: 7:16.12 33.57	1050m: 11:46.34 33.32	1450m: 16:16.11 32.68			
	300m: 3:20.14 34.48	700m: 7:50.61 34.49	1100m: 12:20.65 34.31	1500m: 16:47.58 31.47			
	350m: 3:53.66 33.52	750m: 8:24.60 33.99	1150m: 12:53.93 33.28				
	400m: 4:27.44 33.78	800m: 8:58.88 34.28	1200m: 13:28.12 34.19				
5.	<b>Joao Andre Neves</b>	95	Academica de Coimbra	<b>16:50.36</b>	<b>+0,72</b>	<b>640</b>	
	50m: 30.25 30.25	450m: 4:57.37 33.57	850m: 9:28.17 33.89	1250m: 14:00.50 34.05			
	100m: 1:02.53 32.28	500m: 5:31.42 34.05	900m: 10:01.99 33.82	1300m: 14:34.88 34.38			
	150m: 1:35.41 32.88	550m: 6:04.96 33.54	950m: 10:36.08 34.09	1350m: 15:08.95 34.07			
	200m: 2:08.57 33.16	600m: 6:38.96 34.00	1000m: 11:10.03 33.95	1400m: 15:43.59 34.64			
	250m: 2:42.00 33.43	650m: 7:12.64 33.68	1050m: 11:43.90 33.87	1450m: 16:17.01 33.42			
	300m: 3:15.70 33.70	700m: 7:46.75 34.11	1100m: 12:18.11 34.21	1500m: 16:50.36 33.35			
	350m: 3:49.39 33.69	750m: 8:20.16 33.41	1150m: 12:52.05 33.94				
	400m: 4:23.80 34.41	800m: 8:54.28 34.12	1200m: 13:26.45 34.40				
6.	<b>Pedro Rafael Garcia</b>	96	Academico Viseu	<b>17:05.26</b>	<b>+0,72</b>	<b>613</b>	
	<i>FTL</i>						
	50m: 29.96 29.96	450m: 5:00.53 34.33	850m: 9:36.61 34.61	1250m: 14:14.30 34.68			
	100m: 1:02.31 32.35	500m: 5:34.59 34.06	900m: 10:11.56 34.95	1300m: 14:48.80 34.50			
	150m: 1:35.78 33.47	550m: 6:09.06 34.47	950m: 10:46.71 35.15	1350m: 15:23.73 34.93			
	200m: 2:09.83 34.05	600m: 6:43.74 34.68	1000m: 11:21.16 34.45	1400m: 15:58.28 34.55			
	250m: 2:43.90 34.07	650m: 7:18.20 34.46	1050m: 11:55.43 34.27	1450m: 16:32.25 33.97			
	300m: 3:17.87 33.97	700m: 7:52.84 34.64	1100m: 12:30.34 34.91	1500m: 17:05.26 33.01			
	350m: 3:52.08 34.21	750m: 8:27.50 34.66	1150m: 13:04.87 34.53				
	400m: 4:26.20 34.12	800m: 9:02.00 34.50	1200m: 13:39.62 34.75				
7.	<b>Sergio Gomes Abreu</b>	96	Naval do Funchal	<b>17:09.12</b>	<b>+0,72</b>	<b>606</b>	
	<i>FTL</i>						
	50m: 28.76 28.76	450m: 5:02.20 33.64	850m: 9:39.43 34.30	1250m: 14:19.54 35.36			
	100m: 1:02.06 33.30	500m: 5:37.05 34.85	900m: 10:14.54 35.11	1300m: 14:54.58 35.04			
	150m: 1:35.92 33.86	550m: 6:11.25 34.20	950m: 10:49.15 34.61	1350m: 15:29.95 35.37			
	200m: 2:10.74 34.82	600m: 6:46.18 34.93	1000m: 11:23.95 34.80	1400m: 16:04.22 34.27			
	250m: 2:44.92 34.18	650m: 7:20.55 34.37	1050m: 11:58.96 35.01	1450m: 16:37.68 33.46			
	300m: 3:19.67 34.75	700m: 7:55.66 35.11	1100m: 12:34.03 35.07	1500m: 17:09.12 31.44			
	350m: 3:53.96 34.29	750m: 8:30.23 34.57	1150m: 13:08.76 34.73				
	400m: 4:28.56 34.60	800m: 9:05.13 34.90	1200m: 13:44.18 35.42				
8.	<b>Duarte Nuno Vieira</b>	95	Desportivo Nacional	<b>17:34.33</b>	<b>+0,64</b>	<b>563</b>	
	<i>FTL</i>						
	50m: 29.98 29.98	450m: 5:07.58 35.12	850m: 9:52.44 35.62	1250m: 14:39.87 36.57			
	100m: 1:03.18 33.20	500m: 5:42.97 35.39	900m: 10:28.51 36.07	1300m: 15:15.93 36.06			
	150m: 1:37.35 34.17	550m: 6:17.88 34.91	950m: 11:04.24 35.73	1350m: 15:51.44 35.51			
	200m: 2:12.33 34.98	600m: 6:54.05 36.17	1000m: 11:39.98 35.74	1400m: 16:26.98 35.54			
	250m: 2:47.27 34.94	650m: 7:29.48 35.43	1050m: 12:16.58 36.60	1450m: 17:00.49 33.51			
	300m: 3:22.60 35.33	700m: 8:05.05 35.57	1100m: 12:52.05 35.47	1500m: 17:34.33 33.84			
	350m: 3:57.70 35.10	750m: 8:40.83 35.78	1150m: 13:27.37 35.32				
	400m: 4:32.46 34.76	800m: 9:16.82 35.99	1200m: 14:03.30 35.93				





Campeonato Nacional de Juvenis  
Campeonato Absolutos de Portugal-OPEN/SOMAGUE  
Coimbra, 23.7. - 26.7.2015

Prova 1, Masc., 1500m Livres

Prova 1  
23-07-2015 - 17:10

Masc., 1500m Livres  
SOMAGUE

Junior 18  
Resultados

Rec Nac Absoluto	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007
Rec Nac Jun18	15:34.51	Fernando Eurico Costa	FPN	Luxemburgo (LUX)	24-01-2003

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts	
1.	Alexandre Valdagua Coutinhc97	97	Columbofila Cantanhedense	<b>15:43.34</b>	<b>+0,73</b>	<b>787</b>		
	50m: 28.89	28.89	450m: 4:38.21	31.39	850m: 8:51.24	31.42	1250m: 13:05.03	31.66
	100m: 59.32	30.43	500m: 5:09.71	31.50	900m: 9:22.69	31.45	1300m: 13:37.05	32.02
	150m: 1:30.51	31.19	550m: 5:41.25	31.54	950m: 9:54.40	31.71	1350m: 14:08.92	31.87
	200m: 2:01.75	31.24	600m: 6:13.00	31.75	1000m: 10:26.16	31.76	1400m: 14:40.65	31.73
	250m: 2:33.03	31.28	650m: 6:44.68	31.68	1050m: 10:58.08	31.92	1450m: 15:12.60	31.95
	300m: 3:04.43	31.40	700m: 7:16.46	31.78	1100m: 11:29.72	31.64	1500m: 15:43.34	30.74
	350m: 3:35.64	31.21	750m: 7:47.97	31.51	1150m: 12:01.31	31.59		
	400m: 4:06.82	31.18	800m: 8:19.82	31.85	1200m: 12:33.37	32.06		
2.	Narciso Daniel Correia	97	Braga	<b>16:47.95</b>	<b>+0,75</b>	<b>645</b>		
	50m: 30.07	30.07	450m: 5:00.97	34.02	850m: 9:31.36	33.75	1250m: 14:01.83	33.84
	100m: 1:03.12	32.39	500m: 5:35.09	34.12	900m: 10:05.24	33.88	1300m: 14:36.08	34.25
	150m: 1:36.04	32.92	550m: 6:09.08	33.99	950m: 10:38.68	33.44	1350m: 15:10.14	34.06
	200m: 2:09.85	33.81	600m: 6:42.65	33.57	1000m: 11:13.09	34.41	1400m: 15:44.02	33.88
	250m: 2:43.85	34.00	650m: 7:16.56	33.91	1050m: 11:46.84	33.75	1450m: 16:17.03	33.01
	300m: 3:18.06	34.21	700m: 7:49.91	33.35	1100m: 12:20.62	33.78	1500m: 16:47.95	30.92
	350m: 3:52.26	34.20	750m: 8:23.61	33.70	1150m: 12:54.36	33.74		
	400m: 4:26.95	34.69	800m: 8:57.61	34.00	1200m: 13:27.99	33.63		
3.	Miguel Angelo Silvestre	97	Alcobaca	<b>16:58.91</b>	<b>+0,65</b>	<b>624</b>		
	50m: 29.68	29.68	450m: 4:59.57	34.72	850m: 9:34.85	33.86	1250m: 14:07.94	34.40
	100m: 1:02.07	32.39	500m: 5:34.29	34.72	900m: 10:08.85	34.00	1300m: 14:42.17	34.23
	150m: 1:35.38	33.31	550m: 6:09.29	35.00	950m: 10:43.23	34.38	1350m: 15:16.58	34.41
	200m: 2:08.91	33.53	600m: 6:43.88	34.59	1000m: 11:17.10	33.87	1400m: 15:50.83	34.25
	250m: 2:42.67	33.76	650m: 7:18.56	34.68	1050m: 11:51.63	34.53	1450m: 16:25.15	34.32
	300m: 3:16.28	33.61	700m: 7:52.93	34.37	1100m: 12:25.62	33.99	1500m: 16:58.91	33.76
	350m: 3:50.61	34.33	750m: 8:27.30	34.37	1150m: 12:59.62	34.00		
	400m: 4:24.85	34.24	800m: 9:00.99	33.69	1200m: 13:33.54	33.92		
4.	Joao Luis Travanca	97	Fluvial Portuense	<b>17:02.74</b>	<b>+0,87</b>	<b>617</b>		
	50m: 29.82	29.82	450m: 4:56.99	34.07	850m: 9:31.10	34.64	1250m: 14:10.35	34.63
	100m: 1:01.49	31.67	500m: 5:31.73	34.74	900m: 10:05.80	34.70	1300m: 14:45.15	34.80
	150m: 1:34.43	32.94	550m: 6:05.75	34.02	950m: 10:40.93	35.13	1350m: 15:20.32	35.17
	200m: 2:07.24	32.81	600m: 6:39.83	34.08	1000m: 11:15.89	34.96	1400m: 15:55.70	35.38
	250m: 2:40.73	33.49	650m: 7:13.92	34.09	1050m: 11:50.62	34.73	1450m: 16:29.35	33.65
	300m: 3:14.50	33.77	700m: 7:47.94	34.02	1100m: 12:25.88	35.26	1500m: 17:02.74	33.39
	350m: 3:48.64	34.14	750m: 8:22.26	34.32	1150m: 13:00.83	34.95		
	400m: 4:22.92	34.28	800m: 8:56.46	34.20	1200m: 13:35.72	34.89		



Campeonato Nacional de Juvenis  
Campeonato Absolutos de Portugal-OPEN/SOMAGUE  
Coimbra, 23.7. - 26.7.2015

Prova 1, Masc., 1500m Livres, Junior 18

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
5.	Ruben Jose Morim <i>FTL</i>	97	Vilacondense	<b>17:06.74</b>	+0,77	610	
	50m: 29.23 29.23	450m: 4:55.65 33.59	850m: 9:32.77 34.31	1250m: 14:12.68 34.66			
	100m: 1:01.32 32.09	500m: 5:29.95 34.30	900m: 10:07.81 35.04	1300m: 14:47.93 35.25			
	150m: 1:34.02 32.70	550m: 6:04.11 34.16	950m: 10:42.38 34.57	1350m: 15:22.54 34.61			
	200m: 2:07.56 33.54	600m: 6:38.93 34.82	1000m: 11:17.34 34.96	1400m: 15:57.82 35.28			
	250m: 2:40.73 33.17	650m: 7:13.65 34.72	1050m: 11:52.36 35.02	1450m: 16:32.59 34.77			
	300m: 3:14.46 33.73	700m: 7:48.74 35.09	1100m: 12:27.78 35.42	1500m: 17:06.74 34.15			
	350m: 3:47.91 33.45	750m: 8:23.34 34.60	1150m: 13:02.27 34.49				
	400m: 4:22.06 34.15	800m: 8:58.46 35.12	1200m: 13:38.02 35.75				

Prova 1  
23-07-2015 - 17:10 Masc., 1500m Livres Junior 17  
SOMAGUE Resultados

Rec Nac Absoluto	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007
Rec Nac Jun17	15:49.04	Guilherme Filipe Pina	POR	Baku (AZE)	24-06-2015

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Guilherme Filipe Pina	98	Benedita	<b>15:51.45</b>	+0,70	767	
	50m: 28.98 28.98	450m: 4:40.38 31.93	850m: 8:55.51 31.93	1250m: 13:12.02 32.32			
	100m: 59.74 30.76	500m: 5:12.09 31.71	900m: 9:27.46 31.95	1300m: 13:44.21 32.19			
	150m: 1:31.08 31.34	550m: 5:43.96 31.87	950m: 9:59.42 31.96	1350m: 14:16.45 32.24			
	200m: 2:02.25 31.17	600m: 6:15.87 31.91	1000m: 10:31.29 31.87	1400m: 14:48.62 32.17			
	250m: 2:33.83 31.58	650m: 6:47.84 31.97	1050m: 11:03.31 32.02	1450m: 15:20.71 32.09			
	300m: 3:05.25 31.42	700m: 7:19.54 31.70	1100m: 11:35.37 32.06	1500m: 15:51.45 30.74			
	350m: 3:36.97 31.72	750m: 7:51.66 32.12	1150m: 12:07.55 32.18				
	400m: 4:08.45 31.48	800m: 8:23.58 31.92	1200m: 12:39.70 32.15				
2.	Joao Alexandre Vital	98	Colegio Monte Maior	<b>15:55.07</b>	+0,67	758	
	50m: 29.25 29.25	450m: 4:44.10 31.62	850m: 8:58.19 31.83	1250m: 13:15.30 32.20			
	100m: 1:00.74 31.49	500m: 5:15.75 31.65	900m: 9:30.28 32.09	1300m: 13:47.43 32.13			
	150m: 1:32.39 31.65	550m: 5:47.18 31.43	950m: 10:02.32 32.04	1350m: 14:19.70 32.27			
	200m: 2:04.78 32.39	600m: 6:18.97 31.79	1000m: 10:34.49 32.17	1400m: 14:52.38 32.68			
	250m: 2:36.84 32.06	650m: 6:50.67 31.70	1050m: 11:06.50 32.01	1450m: 15:24.57 32.19			
	300m: 3:08.80 31.96	700m: 7:22.56 31.89	1100m: 11:38.81 32.31	1500m: 15:55.07 30.50			
	350m: 3:40.64 31.84	750m: 7:54.40 31.84	1150m: 12:10.72 31.91				
	400m: 4:12.48 31.84	800m: 8:26.36 31.96	1200m: 12:43.10 32.38				
3.	Diogo Manuel Marques	98	Columbofila Cantanhedense	<b>16:17.66</b>	+0,71	707	
	50m: 29.14 29.14	450m: 4:49.31 32.56	850m: 9:12.27 33.23	1250m: 13:36.58 32.95			
	100m: 1:00.45 31.31	500m: 5:22.12 32.81	900m: 9:44.96 32.69	1300m: 14:09.34 32.76			
	150m: 1:32.69 32.24	550m: 5:55.45 33.33	950m: 10:18.36 33.40	1350m: 14:42.38 33.04			
	200m: 2:05.09 32.40	600m: 6:27.98 32.53	1000m: 10:51.08 32.72	1400m: 15:14.88 32.50			
	250m: 2:38.52 33.43	650m: 7:00.86 32.88	1050m: 11:24.36 33.28	1450m: 15:47.55 32.67			
	300m: 3:11.39 32.87	700m: 7:33.44 32.58	1100m: 11:57.17 32.81	1500m: 16:17.66 30.11			
	350m: 3:44.28 32.89	750m: 8:06.30 32.86	1150m: 12:30.46 33.29				
	400m: 4:16.75 32.47	800m: 8:39.04 32.74	1200m: 13:03.63 33.17				



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Prova 1, Masc., 1500m Livres, Junior 17

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts	
4.	Bruno Jose Silva	98	Braga	<b>16:39.48</b>	<b>+0,93</b>	<b>661</b>		
	50m: 30.42	30.42	450m: 4:56.36	33.58	850m: 9:24.21	33.30	1250m: 13:53.25	33.98
	100m: 1:02.84	32.42	500m: 5:29.69	33.33	900m: 9:57.81	33.60	1300m: 14:27.09	33.84
	150m: 1:35.66	32.82	550m: 6:03.28	33.59	950m: 10:31.27	33.46	1350m: 15:00.59	33.50
	200m: 2:08.91	33.25	600m: 6:36.71	33.43	1000m: 11:04.98	33.71	1400m: 15:34.50	33.91
	250m: 2:42.32	33.41	650m: 7:09.97	33.26	1050m: 11:38.68	33.70	1450m: 16:07.70	33.20
	300m: 3:15.73	33.41	700m: 7:43.93	33.96	1100m: 12:12.31	33.63	1500m: 16:39.48	31.78
	350m: 3:49.30	33.57	750m: 8:17.36	33.43	1150m: 12:45.48	33.17		
	400m: 4:22.78	33.48	800m: 8:50.91	33.55	1200m: 13:19.27	33.79		
5.	Alexandre Magno Carvalho	98	Fluvial Portuense	<b>17:04.84</b>	<b>+0,78</b>	<b>613</b>		
	50m: 29.56	29.56	450m: 4:59.94	34.08	850m: 9:33.90	34.34	1250m: 14:12.76	35.00
	100m: 1:01.94	32.38	500m: 5:34.20	34.26	900m: 10:08.89	34.99	1300m: 14:47.75	34.99
	150m: 1:35.38	33.44	550m: 6:07.93	33.73	950m: 10:43.67	34.78	1350m: 15:22.72	34.97
	200m: 2:08.94	33.56	600m: 6:42.27	34.34	1000m: 11:18.67	35.00	1400m: 15:57.37	34.65
	250m: 2:43.10	34.16	650m: 7:16.29	34.02	1050m: 11:53.30	34.63	1450m: 16:31.90	34.53
	300m: 3:17.23	34.13	700m: 7:50.81	34.52	1100m: 12:28.27	34.97	1500m: 17:04.84	32.94
	350m: 3:51.59	34.36	750m: 8:25.05	34.24	1150m: 13:03.01	34.74		
	400m: 4:25.86	34.27	800m: 8:59.56	34.51	1200m: 13:37.76	34.75		
6.	Rafael Ladeiro Santos	98	Geslours	<b>17:05.13</b>	<b>+0,91</b>	<b>613</b>		
	50m: 29.35	29.35	450m: 5:03.96	34.59	850m: 9:39.48	34.43	1250m: 14:14.33	34.42
	100m: 1:02.35	33.00	500m: 5:38.68	34.72	900m: 10:13.65	34.17	1300m: 14:48.87	34.54
	150m: 1:36.46	34.11	550m: 6:13.45	34.77	950m: 10:47.85	34.20	1350m: 15:23.31	34.44
	200m: 2:10.77	34.31	600m: 6:47.95	34.50	1000m: 11:22.13	34.28	1400m: 15:57.46	34.15
	250m: 2:45.45	34.68	650m: 7:22.31	34.36	1050m: 11:56.44	34.31	1450m: 16:31.66	34.20
	300m: 3:19.78	34.33	700m: 7:56.60	34.29	1100m: 12:31.02	34.58	1500m: 17:05.13	33.47
	350m: 3:54.84	35.06	750m: 8:30.67	34.07	1150m: 13:05.29	34.27		
	400m: 4:29.37	34.53	800m: 9:05.05	34.38	1200m: 13:39.91	34.62		
7.	Luis Carlos Almeida	98	Aquatico Pacense	<b>17:15.11</b>	<b>+0,92</b>	<b>595</b>		
	50m: 29.87	29.87	450m: 5:01.27	34.41	850m: 9:40.03	34.64	1250m: 14:20.56	35.03
	100m: 1:02.48	32.61	500m: 5:35.94	34.67	900m: 10:15.53	35.50	1300m: 14:55.98	35.42
	150m: 1:36.35	33.87	550m: 6:10.38	34.44	950m: 10:50.34	34.81	1350m: 15:30.54	34.56
	200m: 2:09.98	33.63	600m: 6:45.30	34.92	1000m: 11:25.70	35.36	1400m: 16:05.59	35.05
	250m: 2:43.67	33.69	650m: 7:20.03	34.73	1050m: 12:00.58	34.88	1450m: 16:40.53	34.94
	300m: 3:17.99	34.32	700m: 7:55.72	35.69	1100m: 12:35.48	34.90	1500m: 17:15.11	34.58
	350m: 3:52.37	34.38	750m: 8:30.35	34.63	1150m: 13:10.37	34.89		
	400m: 4:26.86	34.49	800m: 9:05.39	35.04	1200m: 13:45.53	35.16		
8.	Dario Fausto Matias	98	Torres Novas	<b>17:29.37</b>	<b>+0,88</b>	<b>571</b>		
	<i>FTL</i>							
	50m: 29.87	29.87	450m: 5:06.40	35.01	850m: 9:49.84	36.16	1250m: 14:34.58	35.72
	100m: 1:03.72	33.85	500m: 5:41.69	35.29	900m: 10:24.91	35.07	1300m: 15:10.65	36.07
	150m: 1:38.06	34.34	550m: 6:16.90	35.21	950m: 11:00.14	35.23	1350m: 15:46.13	35.48
	200m: 2:12.29	34.23	600m: 6:52.47	35.57	1000m: 11:35.58	35.44	1400m: 16:21.29	35.16
	250m: 2:47.21	34.92	650m: 7:27.65	35.18	1050m: 12:11.47	35.89	1450m: 16:56.09	34.80
	300m: 3:21.72	34.51	700m: 8:02.80	35.15	1100m: 12:47.71	36.24	1500m: 17:29.37	33.28
	350m: 3:56.54	34.82	750m: 8:38.00	35.20	1150m: 13:23.62	35.91		
	400m: 4:31.39	34.85	800m: 9:13.68	35.68	1200m: 13:58.86	35.24		



Campeonato Nacional de Juvenis  
Campeonato Absolutos de Portugal-OPEN/SOMAGUE  
Coimbra, 23.7. - 26.7.2015

Prova 1, Masc., 1500m Livres, Junior 17

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
9.	Diogo Rosado Leca	98	Colegio Monte Maior	<b>17:41.98</b>	+0,81	551	
	<i>FTL</i>						
	50m: 30.49 30.49	450m: 5:10.66 35.12	850m: 9:58.02 36.34	1250m: 14:46.55 36.44			
	100m: 1:03.48 32.99	500m: 5:45.68 35.02	900m: 10:33.83 35.81	1300m: 15:22.59 36.04			
	150m: 1:38.04 34.56	550m: 6:22.38 36.70	950m: 11:10.01 36.18	1350m: 15:57.86 35.27			
	200m: 2:12.98 34.94	600m: 6:58.45 36.07	1000m: 11:46.14 36.13	1400m: 16:33.61 35.75			
	250m: 2:48.75 35.77	650m: 7:34.59 36.14	1050m: 12:22.07 35.93	1450m: 17:08.20 34.59			
	300m: 3:24.22 35.47	700m: 8:10.38 35.79	1100m: 12:58.20 36.13	1500m: 17:41.98 33.78			
	350m: 4:00.08 35.86	750m: 8:45.43 35.05	1150m: 13:34.13 35.93				
	400m: 4:35.54 35.46	800m: 9:21.68 36.25	1200m: 14:10.11 35.98				

