

Prova 15	Masc., 400m Estilos				Juvenis
24-07-2015	SOMAGUE				Resultados Final
Rec Nac Open	4:16.30	Alexis Manacas Santos	FPN	Barcelona (ESP)	04-09-2013
Rec Nac Juv B	4:37.06	Joao Alexandre Vital	FPN	Utrecht (NED)	16-07-2013
Rec Nac Juv A	4:32.66	Joao Alexandre Vital	ADRCIMM	Coimbra	01-06-2014
TAC-JuvBM Juv B: 5:09.49 / TAC-JuvAM Juv A: 5:03.87					

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
Final							
1.	Jorge Jesus Silva	00	Braga	4:40.48	+0,83	657	
	50m: 29.80 29.80		150m: 1:42.41 38.48	250m: 2:58.69 38.26	350m: 4:09.17	31.64	
	100m: 1:03.93 34.13		200m: 2:20.43 38.02	300m: 3:37.53 38.84	400m: 4:40.48	31.31	
2.	Andre Vilas Ruivo	00	Ba/Bomcar	4:44.05	+0,71	632	
	50m: 28.86 28.86		150m: 1:39.49 37.55	250m: 2:57.55 41.70	350m: 4:11.65	33.06	
	100m: 1:01.94 33.08		200m: 2:15.85 36.36	300m: 3:38.59 41.04	400m: 4:44.05	32.40	
3.	Diogo Filipe Teodoro	99	Natacao da Maia	4:45.86	+0,70	620	
	50m: 29.83 29.83		150m: 1:43.50 39.47	250m: 3:00.90 40.12	350m: 4:14.42	34.09	
	100m: 1:04.03 34.20		200m: 2:20.78 37.28	300m: 3:40.33 39.43	400m: 4:45.86	31.44	
4.	Joao Pedro Gomes	99	Miranda do Corvo	4:46.45	+0,71	616	
	50m: 30.34 30.34		150m: 1:43.85 37.18	250m: 3:01.04 41.33	350m: 4:14.58	32.13	
	100m: 1:06.67 36.33		200m: 2:19.71 35.86	300m: 3:42.45 41.41	400m: 4:46.45	31.87	
5.	Jose Paulo Lopes	00	Braga	4:47.87	+0,70	607	
	50m: 30.15 30.15		150m: 1:40.74 35.96	250m: 3:00.22 43.29	350m: 4:15.45	32.54	
	100m: 1:04.78 34.63		200m: 2:16.93 36.19	300m: 3:42.91 42.69	400m: 4:47.87	32.42	
6.	Diogo Leal Dantas	00	Sporting	4:51.20	+0,70	587	
	50m: 30.09 30.09		150m: 1:43.15 37.65	250m: 3:02.11 40.69	350m: 4:18.96	33.55	
	100m: 1:05.50 35.41		200m: 2:21.42 38.27	300m: 3:45.41 43.30	400m: 4:51.20	32.24	
7.	Antonio Fernando Pinto	99	Lousada SXXI	4:51.92	+0,80	582	
	50m: 29.78 29.78		150m: 1:44.41 40.09	250m: 3:03.95 40.84	350m: 4:17.87	33.64	
	100m: 1:04.32 34.54		200m: 2:23.11 38.70	300m: 3:44.23 40.28	400m: 4:51.92	34.05	
8.	Afonso Meneses Sequeira	99	Naval do Funchal	4:52.04	+0,77	582	
	50m: 29.50 29.50		150m: 1:40.51 37.32	250m: 2:59.99 41.85	350m: 4:18.20	34.62	
	100m: 1:03.19 33.69		200m: 2:18.14 37.63	300m: 3:43.58 43.59	400m: 4:52.04	33.84	
9.	Daniel Silva Bessa	99	Aquatico Pacense	4:57.47	+0,80	550	
	50m: 30.75 30.75		150m: 1:44.46 38.32	250m: 3:05.21 42.01	350m: 4:23.03	34.82	
	100m: 1:06.14 35.39		200m: 2:23.20 38.74	300m: 3:48.21 43.00	400m: 4:57.47	34.44	
10.	Francisco Xavier Tomas	00	Alcobaca	5:00.04	+0,78	536	
	50m: 31.86 31.86		150m: 1:47.44 37.83	250m: 3:07.05 42.89	350m: 4:26.19	35.16	
	100m: 1:09.61 37.75		200m: 2:24.16 36.72	300m: 3:51.03 43.98	400m: 5:00.04	33.85	

Prova 15, Masc., 400m Estilos, Final

Prova 15 24-07-2015	Masc., 400m Estilos SOMAGUE				Open Resultados Final
Rec Nac Open	4:16.30	Alexis Manacas Santos	FPN	Barcelona (ESP)	04-09-2013
Rec Nac Inf B	4:54.87	Andre Vilas Ruivo	DNMG	S. João da Madeira	12-07-2013
Rec Nac Inf A	4:46.20	Tomas Miguel Freitas	CDN	Póvoa Varzim	23-07-2004
Rec Nac Juv B	4:37.06	Joao Alexandre Vital	FPN	Utrecht (NED)	16-07-2013
Rec Nac Juv A	4:32.66	Joao Alexandre Vital	ADRCIMM	Coimbra	01-06-2014
Rec Nac Jun17	4:27.84	Joao Alexandre Vital	POR	Baku (AZE)	27-06-2015
Rec Nac Jun18	4:26.40	Alexis Manacas Santos	SCP	Coimbra	30-07-2010
Rec Nac Sen	4:16.30	Alexis Manacas Santos	FPN	Barcelona (ESP)	04-08-2013

TAC-JuvBM Juv B: 5:09.49 / TAC-JuvAM Juv A: 5:03.87 / TAC-Jun17M Jun17: 4:55.43 / TAC-Jun18M Jun18: 4:51.21 / TAC-SenM Sen: 4:48.39

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A							
1.	Tomas Miguel Veloso	96	Nautico /Urgicentro-Sanfil	4:24.27	+0,67	785	
	50m: 28.42 28.42	150m: 1:35.93 35.16	250m: 2:46.84 36.60	350m: 3:55.22 31.72			
	100m: 1:00.77 32.35	200m: 2:10.24 34.31	300m: 3:23.50 36.66	400m: 4:24.27 29.05			
2.	Thomas Paine	94	Co Manch Aq	4:25.57	+0,68	774	
	50m: 28.01 28.01	150m: 1:32.94 33.82	250m: 2:45.14 38.17	350m: 3:55.51 31.73			
	100m: 59.12 31.11	200m: 2:06.97 34.03	300m: 3:23.78 38.64	400m: 4:25.57 30.06			
3.	Nuno Rafael Alves	90	Aquatico Pacense	4:32.44	+0,79	716	
	50m: 28.84 28.84	150m: 1:38.63 36.83	250m: 2:51.31 36.41	350m: 4:00.78 32.13			
	100m: 1:01.80 32.96	200m: 2:14.90 36.27	300m: 3:28.65 37.34	400m: 4:32.44 31.66			
4.	Taki Mrabet	89	Estrelas S.Joao de Brito	4:33.72	+0,73	706	
	50m: 28.01 28.01	150m: 1:36.38 36.29	250m: 2:50.22 38.37	350m: 4:01.96 33.29			
	100m: 1:00.09 32.08	200m: 2:11.85 35.47	300m: 3:28.67 38.45	400m: 4:33.72 31.76			
5.	Bruno Miguel Ramos	97	Belenenses	4:36.11	+0,78	688	
	50m: 27.72 27.72	150m: 1:35.59 35.49	250m: 2:50.35 39.25	350m: 4:04.38 33.84			
	100m: 1:00.10 32.38	200m: 2:11.10 35.51	300m: 3:30.54 40.19	400m: 4:36.11 31.73			
6.	Pedro Barros Mendes	94	Academica de Coimbra	4:36.33	+0,74	687	
	50m: 28.96 28.96	150m: 1:37.74 35.80	250m: 2:52.75 39.86	350m: 4:05.71 32.75			
	100m: 1:01.94 32.98	200m: 2:12.89 35.15	300m: 3:32.96 40.21	400m: 4:36.33 30.62			
7.	Jose Ricardo Sousa	97	Lousada SXXI	4:39.45	+0,80	664	
	50m: 28.22 28.22	150m: 1:38.72 37.04	250m: 2:56.82 40.84	350m: 4:08.96 32.03			
	100m: 1:01.68 33.46	200m: 2:15.98 37.26	300m: 3:36.93 40.11	400m: 4:39.45 30.49			
8.	Andre Bras Goncalves	88	Belenenses	4:40.92	+0,67	653	
	50m: 28.14 28.14	150m: 1:39.00 37.34	250m: 2:55.92 40.35	350m: 4:09.60 33.44			
	100m: 1:01.66 33.52	200m: 2:15.57 36.57	300m: 3:36.16 40.24	400m: 4:40.92 31.32			
9.	Antonio Rafael Bessa	94	Aquatico Pacense	4:41.31	+0,78	651	
	50m: 29.07 29.07	150m: 1:38.71 36.93	250m: 2:55.11 40.58	350m: 4:08.65 32.89			
	100m: 1:01.78 32.71	200m: 2:14.53 35.82	300m: 3:35.76 40.65	400m: 4:41.31 32.66			
10.	Ashley Hogg	98	Co Manch Aq	4:41.40	+0,67	650	
	50m: 28.97 28.97	150m: 1:40.24 37.48	250m: 2:57.66 40.49	350m: 4:11.12 32.77			
	100m: 1:02.76 33.79	200m: 2:17.17 36.93	300m: 3:38.35 40.69	400m: 4:41.40 30.28			

Prova 15, Masc., 400m Estilos, Final, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
Final B							
11.	Diogo Miguel Costa	98	Porto	4:41.16	+0,69	652	
	50m: 29.09 29.09	150m: 1:41.71 37.44	250m: 2:57.15 38.76	350m: 4:09.87 33.39			
	100m: 1:04.27 35.18	200m: 2:18.39 36.68	300m: 3:36.48 39.33	400m: 4:41.16 31.29			
12.	Andre Magalhaes Moura	98	Academico Viseu	4:41.46	+0,69	650	
	50m: 30.20 30.20	150m: 1:42.37 38.13	250m: 2:58.86 39.49	350m: 4:10.61 32.34			
	100m: 1:04.24 34.04	200m: 2:19.37 37.00	300m: 3:38.27 39.41	400m: 4:41.46 30.85			
13.	Tiago Silva Oliveira	94	Leixoes	4:41.49	+0,73	650	
	50m: 29.89 29.89	150m: 1:42.08 37.59	250m: 3:00.14 41.85	350m: 4:11.63 30.59			
	100m: 1:04.49 34.60	200m: 2:18.29 36.21	300m: 3:41.04 40.90	400m: 4:41.49 29.86			
14.	Jose Pedro Sampaio	98	Foca	4:43.83	+0,77	634	
	50m: 29.88 29.88	150m: 1:41.38 37.25	250m: 2:58.75 40.53	350m: 4:12.89 32.85			
	100m: 1:04.13 34.25	200m: 2:18.22 36.84	300m: 3:40.04 41.29	400m: 4:43.83 30.94			
15.	Hugo Pon	98	Alges	4:45.43	+0,68	623	
	50m: 29.44 29.44	150m: 1:42.55 38.49	250m: 3:00.08 40.12	350m: 4:13.28 33.20			
	100m: 1:04.06 34.62	200m: 2:19.96 37.41	300m: 3:40.08 40.00	400m: 4:45.43 32.15			
16.	Andre Resende Pinheiro	97	Porto	4:47.97	+0,75	607	
	50m: 29.68 29.68	150m: 1:42.44 37.86	250m: 3:02.23 42.76	350m: 4:17.65 32.79			
	100m: 1:04.58 34.90	200m: 2:19.47 37.03	300m: 3:44.86 42.63	400m: 4:47.97 30.32			
17.	Mark Walsh	97	Munster Squad	4:47.98	+0,66	607	
	50m: 29.13 29.13	150m: 1:41.90 38.04	250m: 3:01.94 43.02	350m: 4:17.05 32.10			
	100m: 1:03.86 34.73	200m: 2:18.92 37.02	300m: 3:44.95 43.01	400m: 4:47.98 30.93			
18.	Rafael Filipe Nunes	96	Naval Amorense	4:50.49	+0,67	591	
	<i>FTL</i>						
	50m: 29.66 29.66	150m: 1:41.81 37.69	250m: 3:02.96 42.66	350m: 4:19.20 32.81			
	100m: 1:04.12 34.46	200m: 2:20.30 38.49	300m: 3:46.39 43.43	400m: 4:50.49 31.29			
19.	Tomas Machado Vale	97	Viana Natacao	4:50.52	+0,76	591	
	50m: 29.81 29.81	150m: 1:41.18 37.17	250m: 3:00.65 42.71	350m: 4:19.12 34.79			
	100m: 1:04.01 34.20	200m: 2:17.94 36.76	300m: 3:44.33 43.68	400m: 4:50.52 31.40			
20.	Luis Carlos Almeida	98	Aquatico Pacense	4:57.07	+0,85	553	
	<i>FTL</i>						
	50m: 29.17 29.17	150m: 1:43.43 39.26	250m: 3:05.18 42.88	350m: 4:23.29 33.77			
	100m: 1:04.17 35.00	200m: 2:22.30 38.87	300m: 3:49.52 44.34	400m: 4:57.07 33.78			