

Prova 2 23-07-2015 - 17:30	Femin., 800m Livres SOMAGUE				Open Resultados
Rec Nac Absoluto	8:45.53	Tamila Hryhorivna Holub	POR	Coimbra	30-05-2015
Rec Nac Inf B	9:30.42	Filipa Vilas Ruivo	DNMG	S. João da Madeira	25-07-2009
Rec Nac Inf A	9:14.85	Alexandra Maria Silva	FPN	Skovde (SWE)	10-08-1980
Rec Nac Juv B	9:07.70	Alexandra Maria Silva	FPN	Split (CRO)	10-09-1981
Rec Nac Juv A	8:50.68	Tamila Hryhorivna Holub	SCB	Oeiras	27-07-2014
Rec Nac Jun16	8:45.53	Tamila Hryhorivna Holub	POR	Coimbra	30-05-2015
Rec Nac Jun17	8:49.86	Florbela Cavaco Machado	ASSSC	Coimbra	25-05-2013
Rec Nac Sen	8:52.69	Ana Goncalves Neto	FCP	Famalicao	18-07-2013

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Julie Aglund Lauridsen	96	Denmark	8:49.28	+0,78	798	
	50m: 31.02 31.02	250m: 2:43.89 33.42	450m: 4:56.84 32.96	650m: 7:09.76 33.48			
	100m: 1:03.86 32.84	300m: 3:17.32 33.43	500m: 5:29.87 33.03	700m: 7:43.18 33.42			
	150m: 1:37.09 33.23	350m: 3:50.48 33.16	550m: 6:02.98 33.11	750m: 8:16.59 33.41			
	200m: 2:10.47 33.38	400m: 4:23.88 33.40	600m: 6:36.28 33.30	800m: 8:49.28 32.69			
2.	Tamila Hryhorivna Holub	99	Braga	8:53.81	+0,80	778	
	50m: 31.83 31.83	250m: 2:44.84 33.42	450m: 4:59.00 33.60	650m: 7:14.19 33.82			
	100m: 1:05.27 33.44	300m: 3:18.25 33.41	500m: 5:32.55 33.55	700m: 7:48.02 33.83			
	150m: 1:38.20 32.93	350m: 3:51.83 33.58	550m: 6:06.46 33.91	750m: 8:21.45 33.43			
	200m: 2:11.42 33.22	400m: 4:25.40 33.57	600m: 6:40.37 33.91	800m: 8:53.81 32.36			
3.	Vania Soares Neves	90	Leixoes	8:58.13	+0,79	759	
	50m: 31.58 31.58	250m: 2:47.32 33.82	450m: 5:03.16 33.88	650m: 7:18.83 34.01			
	100m: 1:05.31 33.73	300m: 3:21.44 34.12	500m: 5:37.04 33.88	700m: 7:52.86 34.03			
	150m: 1:39.52 34.21	350m: 3:55.51 34.07	550m: 6:11.01 33.97	750m: 8:26.36 33.50			
	200m: 2:13.50 33.98	400m: 4:29.28 33.77	600m: 6:44.82 33.81	800m: 8:58.13 31.77			
4.	Florbela Cavaco Machado	96	Columbofila Cantanhedense	8:59.67	+0,77	753	
	50m: 31.89 31.89	250m: 2:45.50 33.52	450m: 5:01.44 34.08	650m: 7:19.35 34.25			
	100m: 1:05.08 33.19	300m: 3:19.29 33.79	500m: 5:35.97 34.53	700m: 7:53.49 34.14			
	150m: 1:38.54 33.46	350m: 3:53.08 33.79	550m: 6:10.39 34.42	750m: 8:26.65 33.16			
	200m: 2:11.98 33.44	400m: 4:27.36 34.28	600m: 6:45.10 34.71	800m: 8:59.67 33.02			
5.	Paula Alonso Lorenzo	95	C.N. Parquesol	9:03.80	+0,81	736	
	50m: 31.42 31.42	250m: 2:48.65 34.40	450m: 5:05.85 34.36	650m: 7:22.44 34.25			
	100m: 1:05.14 33.72	300m: 3:22.94 34.29	500m: 5:39.94 34.09	700m: 7:56.76 34.32			
	150m: 1:39.75 34.61	350m: 3:57.20 34.26	550m: 6:14.05 34.11	750m: 8:30.70 33.94			
	200m: 2:14.25 34.50	400m: 4:31.49 34.29	600m: 6:48.19 34.14	800m: 9:03.80 33.10			
6.	Beatriz Paulo Ranito	99	Sporting	9:18.00	+0,75	681	
	50m: 31.51 31.51	250m: 2:50.21 35.11	450m: 5:11.45 34.76	650m: 7:32.37 35.20			
	100m: 1:05.66 34.15	300m: 3:25.70 35.49	500m: 5:46.50 35.05	700m: 8:07.87 35.50			
	150m: 1:40.04 34.38	350m: 4:01.19 35.49	550m: 6:21.77 35.27	750m: 8:43.19 35.32			
	200m: 2:15.10 35.06	400m: 4:36.69 35.50	600m: 6:57.17 35.40	800m: 9:18.00 34.81			
7.	Ines Jacinto Henriques	00	Pimpoes/Cimai	9:19.42	+0,85	676	
	50m: 31.76 31.76	250m: 2:50.03 35.25	450m: 5:11.88 35.52	650m: 7:33.63 35.22			
	100m: 1:05.83 34.07	300m: 3:25.22 35.19	500m: 5:47.81 35.93	700m: 8:09.50 35.87			
	150m: 1:40.33 34.50	350m: 4:01.14 35.92	550m: 6:23.14 35.33	750m: 8:44.81 35.31			
	200m: 2:14.78 34.45	400m: 4:36.36 35.22	600m: 6:58.41 35.27	800m: 9:19.42 34.61			

Prova 2, Femin., 800m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
8.	Joana Costa Amador	01	Galitos	9:22.37	+0,77	665	
	50m: 32.41 32.41	250m: 2:52.83 35.57	450m: 5:15.19 35.62	650m: 7:36.59 35.43			
	100m: 1:06.92 34.51	300m: 3:28.48 35.65	500m: 5:50.52 35.33	700m: 8:12.29 35.70			
	150m: 1:41.91 34.99	350m: 4:04.01 35.53	550m: 6:25.93 35.41	750m: 8:47.49 35.20			
	200m: 2:17.26 35.35	400m: 4:39.57 35.56	600m: 7:01.16 35.23	800m: 9:22.37 34.88			
9.	Var Erlingsdottir Eidesga	01	Havnar	9:23.40	+0,75	661	
	50m: 31.37 31.37	250m: 2:54.05 35.77	450m: 5:17.58 36.05	650m: 7:39.14 35.76			
	100m: 1:06.76 35.39	300m: 3:29.66 35.61	500m: 5:52.98 35.40	700m: 8:14.41 35.27			
	150m: 1:42.27 35.51	350m: 4:05.96 36.30	550m: 6:28.11 35.13	750m: 8:49.61 35.20			
	200m: 2:18.28 36.01	400m: 4:41.53 35.57	600m: 7:03.38 35.27	800m: 9:23.40 33.79			
10.	Ana Catarina Monteiro	93	Vilacondense	9:23.72	+0,68	660	
	50m: 30.94 30.94	250m: 2:50.75 35.30	450m: 5:13.04 35.84	650m: 7:37.09 36.11			
	100m: 1:04.92 33.98	300m: 3:26.33 35.58	500m: 5:48.84 35.80	700m: 8:12.98 35.89			
	150m: 1:40.00 35.08	350m: 4:01.84 35.51	550m: 6:25.20 36.36	750m: 8:48.72 35.74			
	200m: 2:15.45 35.45	400m: 4:37.20 35.36	600m: 7:00.98 35.78	800m: 9:23.72 35.00			
11.	Shona Hickey	99	Munster Squad	9:28.04	+0,73	645	
	50m: 32.73 32.73	250m: 2:56.05 35.83	450m: 5:19.33 35.93	650m: 7:42.60 36.13			
	100m: 1:07.85 35.12	300m: 3:31.83 35.78	500m: 5:54.82 35.49	700m: 8:18.44 35.84			
	150m: 1:44.31 36.46	350m: 4:07.63 35.80	550m: 6:30.82 36.00	750m: 8:53.95 35.51			
	200m: 2:20.22 35.91	400m: 4:43.40 35.77	600m: 7:06.47 35.65	800m: 9:28.04 34.09			
12.	Joana Beatriz Bernardo	99	Fundacao Beatriz Santos	9:28.97	+0,68	642	
	50m: 32.43 32.43	250m: 2:55.08 35.84	450m: 5:18.38 35.95	650m: 7:42.38 36.21			
	100m: 1:07.60 35.17	300m: 3:30.97 35.89	500m: 5:54.08 35.70	700m: 8:18.30 35.92			
	150m: 1:43.45 35.85	350m: 4:06.89 35.92	550m: 6:30.27 36.19	750m: 8:54.12 35.82			
	200m: 2:19.24 35.79	400m: 4:42.43 35.54	600m: 7:06.17 35.90	800m: 9:28.97 34.85			
13.	Ana Rita Faria	00	Porto	9:30.57	+0,80	637	
	50m: 31.66 31.66	250m: 2:52.48 35.91	450m: 5:17.24 36.83	650m: 7:42.73 36.57			
	100m: 1:06.08 34.42	300m: 3:28.08 35.60	500m: 5:53.47 36.23	700m: 8:19.08 36.35			
	150m: 1:41.23 35.15	350m: 4:04.40 36.32	550m: 6:30.25 36.78	750m: 8:56.23 37.15			
	200m: 2:16.57 35.34	400m: 4:40.41 36.01	600m: 7:06.16 35.91	800m: 9:30.57 34.34			
14.	Luisa Maria Machado	01	Uniao Piedense	9:31.71	+0,90	633	
	50m: 31.67 31.67	250m: 2:54.16 35.67	450m: 5:18.66 35.36	650m: 7:43.84 35.84			
	100m: 1:06.93 35.26	300m: 3:30.70 36.54	500m: 5:55.32 36.66	700m: 8:20.18 36.34			
	150m: 1:42.21 35.28	350m: 4:06.84 36.14	550m: 6:31.49 36.17	750m: 8:55.37 35.19			
	200m: 2:18.49 36.28	400m: 4:43.30 36.46	600m: 7:08.00 36.51	800m: 9:31.71 36.34			
15.	Lena Rannvaardottir	98	Havnar	9:33.43	+0,74	627	
	50m: 32.33 32.33	250m: 2:56.86 36.41	450m: 5:21.36 36.32	650m: 7:45.77 35.70			
	100m: 1:08.02 35.69	300m: 3:32.96 36.10	500m: 5:57.46 36.10	700m: 8:22.01 36.24			
	150m: 1:44.20 36.18	350m: 4:09.04 36.08	550m: 6:33.64 36.18	750m: 8:58.04 36.03			
	200m: 2:20.45 36.25	400m: 4:45.04 36.00	600m: 7:10.07 36.43	800m: 9:33.43 35.39			
16.	Ines Figueira Santos	00	Uniao Piedense	9:34.67	+0,83	623	
	50m: 31.95 31.95	250m: 2:55.70 36.79	450m: 5:21.45 36.69	650m: 7:47.11 36.70			
	100m: 1:06.79 34.84	300m: 3:32.00 36.30	500m: 5:57.33 35.88	700m: 8:23.31 36.20			
	150m: 1:42.95 36.16	350m: 4:08.65 36.65	550m: 6:33.98 36.65	750m: 8:59.70 36.39			
	200m: 2:18.91 35.96	400m: 4:44.76 36.11	600m: 7:10.41 36.43	800m: 9:34.67 34.97			

Prova 2, Femin., 800m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
17.	Maria Joao Fernandes <i>FTL</i>	97	Vilacondense	9:36.60	+0,86	617	
	50m: 32.42 32.42	250m: 2:54.85 35.54	450m: 5:19.65 36.31	650m: 7:47.06 37.02			
	100m: 1:07.63 35.21	300m: 3:31.05 36.20	500m: 5:56.40 36.75	700m: 8:24.25 37.19			
	150m: 1:43.21 35.58	350m: 4:07.13 36.08	550m: 6:33.02 36.62	750m: 9:01.34 37.09			
	200m: 2:19.31 36.10	400m: 4:43.34 36.21	600m: 7:10.04 37.02	800m: 9:36.60 35.26			
18.	Carolina Madeira Santos <i>FTL</i>	96	Naval Amorense	9:37.36	+0,90	615	
	50m: 31.92 31.92	250m: 2:56.32 36.30	450m: 5:22.23 36.62	650m: 7:49.06 36.67			
	100m: 1:07.72 35.80	300m: 3:32.61 36.29	500m: 5:58.81 36.58	700m: 8:25.51 36.45			
	150m: 1:43.95 36.23	350m: 4:08.96 36.35	550m: 6:35.73 36.92	750m: 9:02.05 36.54			
	200m: 2:20.02 36.07	400m: 4:45.61 36.65	600m: 7:12.39 36.66	800m: 9:37.36 35.31			
19.	Filipa Serrano Rodrigues	01	Uniao Piedense	9:38.37	+0,86	611	
	50m: 32.41 32.41	250m: 2:58.56 36.85	450m: 5:24.99 36.27	650m: 7:51.63 36.55			
	100m: 1:08.17 35.76	300m: 3:35.27 36.71	500m: 6:01.63 36.64	700m: 8:28.36 36.73			
	150m: 1:44.77 36.60	350m: 4:12.09 36.82	550m: 6:38.47 36.84	750m: 9:04.15 35.79			
	200m: 2:21.71 36.94	400m: 4:48.72 36.63	600m: 7:15.08 36.61	800m: 9:38.37 34.22			
20.	Maria Carolina Costa	01	Porto	9:39.21	+0,87	609	
	50m: 32.44 32.44	250m: 2:56.10 36.80	450m: 5:22.51 37.06	650m: 7:50.04 37.20			
	100m: 1:07.15 34.71	300m: 3:32.13 36.03	500m: 5:58.90 36.39	700m: 8:26.47 36.43			
	150m: 1:43.42 36.27	350m: 4:08.97 36.84	550m: 6:36.17 37.27	750m: 9:03.57 37.10			
	200m: 2:19.30 35.88	400m: 4:45.45 36.48	600m: 7:12.84 36.67	800m: 9:39.21 35.64			
21.	Rita Costa Amador	99	Galitos	9:39.68	+0,60	607	
	50m: 32.52 32.52	250m: 2:56.78 36.42	450m: 5:22.95 36.48	650m: 7:50.09 37.19			
	100m: 1:08.08 35.56	300m: 3:33.13 36.35	500m: 5:59.49 36.54	700m: 8:27.11 37.02			
	150m: 1:44.56 36.48	350m: 4:09.92 36.79	550m: 6:36.23 36.74	750m: 9:04.01 36.90			
	200m: 2:20.36 35.80	400m: 4:46.47 36.55	600m: 7:12.90 36.67	800m: 9:39.68 35.67			
22.	Beatriz Barros Carmo <i>FTL</i>	99	Colegio Vasco da Gama	9:41.02	+0,74	603	
	50m: 32.47 32.47	250m: 2:58.94 36.59	450m: 5:25.99 36.42	650m: 7:52.80 36.04			
	100m: 1:09.21 36.74	300m: 3:35.86 36.92	500m: 6:03.21 37.22	700m: 8:29.56 36.76			
	150m: 1:45.38 36.17	350m: 4:12.49 36.63	550m: 6:39.76 36.55	750m: 9:05.37 35.81			
	200m: 2:22.35 36.97	400m: 4:49.57 37.08	600m: 7:16.76 37.00	800m: 9:41.02 35.65			
23.	Teresa Miguel Veloso	00	Nautico /Urgicentro-Sanfil	9:43.10	+0,70	597	
	50m: 31.25 31.25	250m: 2:52.09 35.65	450m: 5:20.12 37.35	650m: 7:51.40 37.98			
	100m: 1:05.84 34.59	300m: 3:28.84 36.75	500m: 5:57.80 37.68	700m: 8:28.94 37.54			
	150m: 1:40.81 34.97	350m: 4:05.59 36.75	550m: 6:35.35 37.55	750m: 9:06.12 37.18			
	200m: 2:16.44 35.63	400m: 4:42.77 37.18	600m: 7:13.42 38.07	800m: 9:43.10 36.98			
24.	Maria Ines Ferreira	00	Miranda do Corvo	9:43.49	+0,85	595	
	50m: 32.30 32.30	250m: 2:58.22 37.11	450m: 5:24.89 36.98	650m: 7:53.04 37.33			
	100m: 1:08.32 36.02	300m: 3:34.60 36.38	500m: 6:01.67 36.78	700m: 8:30.02 36.98			
	150m: 1:44.69 36.37	350m: 4:11.13 36.53	550m: 6:38.70 37.03	750m: 9:07.32 37.30			
	200m: 2:21.11 36.42	400m: 4:47.91 36.78	600m: 7:15.71 37.01	800m: 9:43.49 36.17			

Prova 2, Femin., 800m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
25.	Eva Guerreiro Carvalho	99	Uniao Piedense	9:43.51	+0,89	595	
	<i>FTL</i>						
	50m: 33.08 33.08	250m: 2:59.26 36.81	450m: 5:26.82 36.43	650m: 7:54.36 36.86			
	100m: 1:09.15 36.07	300m: 3:36.41 37.15	500m: 6:03.92 37.10	700m: 8:31.27 36.91			
	150m: 1:45.47 36.32	350m: 4:13.35 36.94	550m: 6:40.56 36.64	750m: 9:07.63 36.36			
	200m: 2:22.45 36.98	400m: 4:50.39 37.04	600m: 7:17.50 36.94	800m: 9:43.51 35.88			
26.	Rafaela Araujo Silva	00	Famalicao	9:44.14	+0,86	593	
	50m: 32.56 32.56	250m: 2:59.53 37.15	450m: 5:27.89 36.65	650m: 7:54.80 36.94			
	100m: 1:08.79 36.23	300m: 3:36.73 37.20	500m: 6:04.36 36.47	700m: 8:31.66 36.86			
	150m: 1:45.45 36.66	350m: 4:14.06 37.33	550m: 6:40.68 36.32	750m: 9:08.34 36.68			
	200m: 2:22.38 36.93	400m: 4:51.24 37.18	600m: 7:17.86 37.18	800m: 9:44.14 35.80			
27.	Ana Silva Costa	98	Famalicao	9:44.63	+0,80	592	
	<i>FTL</i>						
	50m: 33.47 33.47	250m: 2:59.84 36.69	450m: 5:27.56 36.66	650m: 7:56.09 37.33			
	100m: 1:09.35 35.88	300m: 3:36.92 37.08	500m: 6:04.45 36.89	700m: 8:33.21 37.12			
	150m: 1:46.28 36.93	350m: 4:13.45 36.53	550m: 6:41.53 37.08	750m: 9:09.48 36.27			
	200m: 2:23.15 36.87	400m: 4:50.90 37.45	600m: 7:18.76 37.23	800m: 9:44.63 35.15			
28.	Mariana Pinto Angelo	99	Academica de Coimbra	9:49.64	+0,72	577	
	<i>FTL</i>						
	50m: 32.67 32.67	250m: 2:58.48 36.82	450m: 5:27.72 37.33	650m: 7:57.71 37.48			
	100m: 1:08.50 35.83	300m: 3:35.76 37.28	500m: 6:05.29 37.57	700m: 8:35.25 37.54			
	150m: 1:44.68 36.18	350m: 4:13.04 37.28	550m: 6:42.54 37.25	750m: 9:12.61 37.36			
	200m: 2:21.66 36.98	400m: 4:50.39 37.35	600m: 7:20.23 37.69	800m: 9:49.64 37.03			
29.	Rita Alexandra Vital	01	Colegio Monte Maior	9:52.54	+0,86	568	
	50m: 34.53 34.53	250m: 3:02.02 36.82	450m: 5:31.58 37.89	650m: 8:01.76 37.47			
	100m: 1:10.27 35.74	300m: 3:39.45 37.43	500m: 6:09.01 37.43	700m: 8:39.16 37.40			
	150m: 1:47.32 37.05	350m: 4:16.33 36.88	550m: 6:46.98 37.97	750m: 9:16.50 37.34			
	200m: 2:25.20 37.88	400m: 4:53.69 37.36	600m: 7:24.29 37.31	800m: 9:52.54 36.04			
30.	Lara Beatriz Matos	01	Famalicao	9:53.36	+1,02	566	
	50m: 33.31 33.31	250m: 3:01.70 37.48	450m: 5:31.33 37.86	650m: 8:03.04 37.74			
	100m: 1:09.74 36.43	300m: 3:38.74 37.04	500m: 6:09.15 37.82	700m: 8:40.82 37.78			
	150m: 1:47.15 37.41	350m: 4:16.20 37.46	550m: 6:47.39 38.24	750m: 9:17.74 36.92			
	200m: 2:24.22 37.07	400m: 4:53.47 37.27	600m: 7:25.30 37.91	800m: 9:53.36 35.62			
31.	Marina Micaela Sequeira	98	Uniao Piedense	9:54.24	+0,76	564	
	<i>FTL</i>						
	50m: 31.49 31.49	250m: 2:52.78 35.93	450m: 5:25.39 37.98	650m: 7:59.68 38.10			
	100m: 1:05.86 34.37	300m: 3:30.69 37.91	500m: 6:04.11 38.72	700m: 8:38.60 38.92			
	150m: 1:40.44 34.58	350m: 4:08.29 37.60	550m: 6:42.37 38.26	750m: 9:17.08 38.48			
	200m: 2:16.85 36.41	400m: 4:47.41 39.12	600m: 7:21.58 39.21	800m: 9:54.24 37.16			
32.	Eliana Dirce Lourenco	00	Galitos	9:54.50	+0,74	563	
	<i>FTL</i>						
	50m: 33.21 33.21	250m: 3:02.04 37.45	450m: 5:32.35 37.61	650m: 8:02.89 37.01			
	100m: 1:09.45 36.24	300m: 3:39.60 37.56	500m: 6:10.14 37.79	700m: 8:40.84 37.95			
	150m: 1:47.10 37.65	350m: 4:17.09 37.49	550m: 6:48.05 37.91	750m: 9:18.16 37.32			
	200m: 2:24.59 37.49	400m: 4:54.74 37.65	600m: 7:25.88 37.83	800m: 9:54.50 36.34			

Prova 2, Femin., 800m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
33.	Mariana Sobral Galacha	01	Sporting	10:01.35	+0,73	544	
	50m: 32.61 32.61	250m: 3:02.12 37.52	450m: 5:33.75 38.09	650m: 8:07.71 38.13			
	100m: 1:09.22 36.61	300m: 3:40.01 37.89	500m: 6:11.89 38.14	700m: 8:46.74 39.03			
	150m: 1:46.61 37.39	350m: 4:17.38 37.37	550m: 6:50.06 38.17	750m: 9:24.44 37.70			
	200m: 2:24.60 37.99	400m: 4:55.66 38.28	600m: 7:29.58 39.52	800m: 10:01.35 36.91			
34.	Maria Esteves Martins	01	Galitos	10:03.15	+0,83	539	
	50m: 33.54 33.54	250m: 3:03.93 37.11	450m: 5:37.12 38.51	650m: 8:10.80 37.68			
	100m: 1:11.04 37.50	300m: 3:41.51 37.58	500m: 6:16.42 39.30	700m: 8:49.17 38.37			
	150m: 1:48.44 37.40	350m: 4:19.69 38.18	550m: 6:54.89 38.47	750m: 9:27.42 38.25			
	200m: 2:26.82 38.38	400m: 4:58.61 38.92	600m: 7:33.12 38.23	800m: 10:03.15 35.73			
35.	Erika Almeida Marques	01	Braga	10:05.19	+0,92	534	
	50m: 33.01 33.01	250m: 3:03.44 38.16	450m: 5:36.82 38.27	650m: 8:10.48 38.58			
	100m: 1:09.68 36.67	300m: 3:41.80 38.36	500m: 6:14.93 38.11	700m: 8:48.98 38.50			
	150m: 1:47.24 37.56	350m: 4:20.21 38.41	550m: 6:53.34 38.41	750m: 9:27.49 38.51			
	200m: 2:25.28 38.04	400m: 4:58.55 38.34	600m: 7:31.90 38.56	800m: 10:05.19 37.70			
36.	Ines Silva Oliveira	00	Leixoes	10:05.77	+0,86	532	
	<i>FTL</i>						
	50m: 33.28 33.28	250m: 3:03.46 37.75	450m: 5:37.26 38.62	650m: 8:11.80 38.59			
	100m: 1:09.61 36.33	300m: 3:41.85 38.39	500m: 6:16.28 39.02	700m: 8:50.69 38.89			
	150m: 1:46.97 37.36	350m: 4:20.06 38.21	550m: 6:54.57 38.29	750m: 9:28.61 37.92			
	200m: 2:25.71 38.74	400m: 4:58.64 38.58	600m: 7:33.21 38.64	800m: 10:05.77 37.16			
37.	Mariana Delicado Correia	01	Sporting	10:09.62	+0,81	522	
	<i>FTL</i>						
	50m: 32.32 32.32	250m: 3:02.83 38.02	450m: 5:37.67 38.25	650m: 8:12.79 38.56			
	100m: 1:09.02 36.70	300m: 3:41.84 39.01	500m: 6:16.33 38.66	700m: 8:52.15 39.36			
	150m: 1:46.61 37.59	350m: 4:20.12 38.28	550m: 6:54.97 38.64	750m: 9:31.32 39.17			
	200m: 2:24.81 38.20	400m: 4:59.42 39.30	600m: 7:34.23 39.26	800m: 10:09.62 38.30			
38.	Ana Cruz Antunes	01	Benfica	10:12.69	+0,74	514	
	<i>FTL</i>						
	50m: 32.89 32.89	250m: 3:03.52 37.98	450m: 5:38.76 39.16	650m: 8:16.77 39.78			
	100m: 1:09.62 36.73	300m: 3:41.83 38.31	500m: 6:18.35 39.59	700m: 8:56.10 39.33			
	150m: 1:47.05 37.43	350m: 4:20.32 38.49	550m: 6:57.80 39.45	750m: 9:34.93 38.83			
	200m: 2:25.54 38.49	400m: 4:59.60 39.28	600m: 7:36.99 39.19	800m: 10:12.69 37.76			
39.	Carolina Mota Correia	01	Alcobaca	10:27.16	+1,02	479	
	<i>FTL</i>						
	50m: 34.63 34.63	250m: 3:13.87 39.81	450m: 5:49.91 38.62	650m: 8:29.78 39.85			
	100m: 1:13.30 38.67	300m: 3:53.88 40.01	500m: 6:29.16 39.25	700m: 9:09.82 40.04			
	150m: 1:53.33 40.03	350m: 4:33.20 39.32	550m: 7:09.71 40.55	750m: 9:48.75 38.93			
	200m: 2:34.06 40.73	400m: 5:11.29 38.09	600m: 7:49.93 40.22	800m: 10:27.16 38.41			
DNS	Maj Howardsen	97	Denmark				
DNS	Madalena Amaro Machado	98	Academico Viseu				
DNF	Ana Pimenta Silva	01	Desportiva de Viana				

Prova 2, Femin., 800m Livres

Prova 2
23-07-2015 - 17:30

Femin., 800m Livres
SOMAGUE

Absolutos
Resultados

Rec Nac Absoluto	8:45.53	Tamila Hryhorivna Holub	POR	Coimbra	30-05-2015
Rec Nac Jun16	8:45.53	Tamila Hryhorivna Holub	POR	Coimbra	30-05-2015
Rec Nac Jun17	8:49.86	Florbela Cavaco Machado	ASSSC	Coimbra	25-05-2013
Rec Nac Sen	8:52.69	Ana Goncalves Neto	FCP	Famalicao	18-07-2013

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Tamila Hryhorivna Holub	99	Braga	8:53.81	+0,80	778	
	50m: 31.83 31.83	250m: 2:44.84 33.42	450m: 4:59.00 33.60	650m: 7:14.19 33.82			
	100m: 1:05.27 33.44	300m: 3:18.25 33.41	500m: 5:32.55 33.55	700m: 7:48.02 33.83			
	150m: 1:38.20 32.93	350m: 3:51.83 33.58	550m: 6:06.46 33.91	750m: 8:21.45 33.43			
	200m: 2:11.42 33.22	400m: 4:25.40 33.57	600m: 6:40.37 33.91	800m: 8:53.81 32.36			
2.	Vania Soares Neves	90	Leixoes	8:58.13	+0,79	759	
	50m: 31.58 31.58	250m: 2:47.32 33.82	450m: 5:03.16 33.88	650m: 7:18.83 34.01			
	100m: 1:05.31 33.73	300m: 3:21.44 34.12	500m: 5:37.04 33.88	700m: 7:52.86 34.03			
	150m: 1:39.52 34.21	350m: 3:55.51 34.07	550m: 6:11.01 33.97	750m: 8:26.36 33.50			
	200m: 2:13.50 33.98	400m: 4:29.28 33.77	600m: 6:44.82 33.81	800m: 8:58.13 31.77			
3.	Florbela Cavaco Machado	96	Columbofila Cantanhedense	8:59.67	+0,77	753	
	50m: 31.89 31.89	250m: 2:45.50 33.52	450m: 5:01.44 34.08	650m: 7:19.35 34.25			
	100m: 1:05.08 33.19	300m: 3:19.29 33.79	500m: 5:35.97 34.53	700m: 7:53.49 34.14			
	150m: 1:38.54 33.46	350m: 3:53.08 33.79	550m: 6:10.39 34.42	750m: 8:26.65 33.16			
	200m: 2:11.98 33.44	400m: 4:27.36 34.28	600m: 6:45.10 34.71	800m: 8:59.67 33.02			
4.	Beatriz Paulo Ranito	99	Sporting	9:18.00	+0,75	681	
	50m: 31.51 31.51	250m: 2:50.21 35.11	450m: 5:11.45 34.76	650m: 7:32.37 35.20			
	100m: 1:05.66 34.15	300m: 3:25.70 35.49	500m: 5:46.50 35.05	700m: 8:07.87 35.50			
	150m: 1:40.04 34.38	350m: 4:01.19 35.49	550m: 6:21.77 35.27	750m: 8:43.19 35.32			
	200m: 2:15.10 35.06	400m: 4:36.69 35.50	600m: 6:57.17 35.40	800m: 9:18.00 34.81			
5.	Ana Catarina Monteiro	93	Vilacondense	9:23.72	+0,68	660	
	50m: 30.94 30.94	250m: 2:50.75 35.30	450m: 5:13.04 35.84	650m: 7:37.09 36.11			
	100m: 1:04.92 33.98	300m: 3:26.33 35.58	500m: 5:48.84 35.80	700m: 8:12.98 35.89			
	150m: 1:40.00 35.08	350m: 4:01.84 35.51	550m: 6:25.20 36.36	750m: 8:48.72 35.74			
	200m: 2:15.45 35.45	400m: 4:37.20 35.36	600m: 7:00.98 35.78	800m: 9:23.72 35.00			
6.	Joana Beatriz Bernardo	99	Fundacao Beatriz Santos	9:28.97	+0,68	642	
	50m: 32.43 32.43	250m: 2:55.08 35.84	450m: 5:18.38 35.95	650m: 7:42.38 36.21			
	100m: 1:07.60 35.17	300m: 3:30.97 35.89	500m: 5:54.08 35.70	700m: 8:18.30 35.92			
	150m: 1:43.45 35.85	350m: 4:06.89 35.92	550m: 6:30.27 36.19	750m: 8:54.12 35.82			
	200m: 2:19.24 35.79	400m: 4:42.43 35.54	600m: 7:06.17 35.90	800m: 9:28.97 34.85			
7.	Maria Joao Fernandes	97	Vilacondense	9:36.60	+0,86	617	
	<i>FTL</i>						
	50m: 32.42 32.42	250m: 2:54.85 35.54	450m: 5:19.65 36.31	650m: 7:47.06 37.02			
	100m: 1:07.63 35.21	300m: 3:31.05 36.20	500m: 5:56.40 36.75	700m: 8:24.25 37.19			
	150m: 1:43.21 35.58	350m: 4:07.13 36.08	550m: 6:33.02 36.62	750m: 9:01.34 37.09			
	200m: 2:19.31 36.10	400m: 4:43.34 36.21	600m: 7:10.04 37.02	800m: 9:36.60 35.26			

Prova 2, Femin., 800m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
8.	Carolina Madeira Santos <i>FTL</i>	96	Naval Amorense	9:37.36	+0,90	615	
	50m: 31.92 31.92	250m: 2:56.32 36.30	450m: 5:22.23 36.62	650m: 7:49.06 36.67			
	100m: 1:07.72 35.80	300m: 3:32.61 36.29	500m: 5:58.81 36.58	700m: 8:25.51 36.45			
	150m: 1:43.95 36.23	350m: 4:08.96 36.35	550m: 6:35.73 36.92	750m: 9:02.05 36.54			
	200m: 2:20.02 36.07	400m: 4:45.61 36.65	600m: 7:12.39 36.66	800m: 9:37.36 35.31			
9.	Rita Costa Amador	99	Galitos	9:39.68	+0,60	607	
	50m: 32.52 32.52	250m: 2:56.78 36.42	450m: 5:22.95 36.48	650m: 7:50.09 37.19			
	100m: 1:08.08 35.56	300m: 3:33.13 36.35	500m: 5:59.49 36.54	700m: 8:27.11 37.02			
	150m: 1:44.56 36.48	350m: 4:09.92 36.79	550m: 6:36.23 36.74	750m: 9:04.01 36.90			
	200m: 2:20.36 35.80	400m: 4:46.47 36.55	600m: 7:12.90 36.67	800m: 9:39.68 35.67			
10.	Beatriz Barros Carmo <i>FTL</i>	99	Colegio Vasco da Gama	9:41.02	+0,74	603	
	50m: 32.47 32.47	250m: 2:58.94 36.59	450m: 5:25.99 36.42	650m: 7:52.80 36.04			
	100m: 1:09.21 36.74	300m: 3:35.86 36.92	500m: 6:03.21 37.22	700m: 8:29.56 36.76			
	150m: 1:45.38 36.17	350m: 4:12.49 36.63	550m: 6:39.76 36.55	750m: 9:05.37 35.81			
	200m: 2:22.35 36.97	400m: 4:49.57 37.08	600m: 7:16.76 37.00	800m: 9:41.02 35.65			
11.	Eva Guerreiro Carvalho <i>FTL</i>	99	Uniao Piedense	9:43.51	+0,89	595	
	50m: 33.08 33.08	250m: 2:59.26 36.81	450m: 5:26.82 36.43	650m: 7:54.36 36.86			
	100m: 1:09.15 36.07	300m: 3:36.41 37.15	500m: 6:03.92 37.10	700m: 8:31.27 36.91			
	150m: 1:45.47 36.32	350m: 4:13.35 36.94	550m: 6:40.56 36.64	750m: 9:07.63 36.36			
	200m: 2:22.45 36.98	400m: 4:50.39 37.04	600m: 7:17.50 36.94	800m: 9:43.51 35.88			
12.	Ana Silva Costa <i>FTL</i>	98	Famalicao	9:44.63	+0,80	592	
	50m: 33.47 33.47	250m: 2:59.84 36.69	450m: 5:27.56 36.66	650m: 7:56.09 37.33			
	100m: 1:09.35 35.88	300m: 3:36.92 37.08	500m: 6:04.45 36.89	700m: 8:33.21 37.12			
	150m: 1:46.28 36.93	350m: 4:13.45 36.53	550m: 6:41.53 37.08	750m: 9:09.48 36.27			
	200m: 2:23.15 36.87	400m: 4:50.90 37.45	600m: 7:18.76 37.23	800m: 9:44.63 35.15			
13.	Mariana Pinto Angelo <i>FTL</i>	99	Academica de Coimbra	9:49.64	+0,72	577	
	50m: 32.67 32.67	250m: 2:58.48 36.82	450m: 5:27.72 37.33	650m: 7:57.71 37.48			
	100m: 1:08.50 35.83	300m: 3:35.76 37.28	500m: 6:05.29 37.57	700m: 8:35.25 37.54			
	150m: 1:44.68 36.18	350m: 4:13.04 37.28	550m: 6:42.54 37.25	750m: 9:12.61 37.36			
	200m: 2:21.66 36.98	400m: 4:50.39 37.35	600m: 7:20.23 37.69	800m: 9:49.64 37.03			
14.	Marina Micaela Sequeira <i>FTL</i>	98	Uniao Piedense	9:54.24	+0,76	564	
	50m: 31.49 31.49	250m: 2:52.78 35.93	450m: 5:25.39 37.98	650m: 7:59.68 38.10			
	100m: 1:05.86 34.37	300m: 3:30.69 37.91	500m: 6:04.11 38.72	700m: 8:38.60 38.92			
	150m: 1:40.44 34.58	350m: 4:08.29 37.60	550m: 6:42.37 38.26	750m: 9:17.08 38.48			
	200m: 2:16.85 36.41	400m: 4:47.41 39.12	600m: 7:21.58 39.21	800m: 9:54.24 37.16			
DNS	Madalena Amaro Machado	98	Academico Viseu				

Prova 2, Femin., 800m Livres

Prova 2
23-07-2015 - 17:30

Femin., 800m Livres
SOMAGUE

Juvenis
Resultados

Rec Nac Absoluto	8:45.53	Tamila Hryhorivna Holub	POR	Coimbra	30-05-2015
Rec Nac Juv B	9:07.70	Alexandra Maria Silva	FPN	Split (CRO)	10-09-1981
Rec Nac Juv A	8:50.68	Tamila Hryhorivna Holub	SCB	Oeiras	27-07-2014

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ines Jacinto Henriques	00	Pimpoes/Cimai	9:19.42	+0,85	676	
	50m: 31.76 31.76	250m: 2:50.03 35.25	450m: 5:11.88 35.52	650m: 7:33.63 35.22			35.22
	100m: 1:05.83 34.07	300m: 3:25.22 35.19	500m: 5:47.81 35.93	700m: 8:09.50 35.87			35.87
	150m: 1:40.33 34.50	350m: 4:01.14 35.92	550m: 6:23.14 35.33	750m: 8:44.81 35.31			35.31
	200m: 2:14.78 34.45	400m: 4:36.36 35.22	600m: 6:58.41 35.27	800m: 9:19.42 34.61			34.61
2.	Joana Costa Amador	01	Galitos	9:22.37	+0,77	665	
	50m: 32.41 32.41	250m: 2:52.83 35.57	450m: 5:15.19 35.62	650m: 7:36.59 35.43			35.43
	100m: 1:06.92 34.51	300m: 3:28.48 35.65	500m: 5:50.52 35.33	700m: 8:12.29 35.70			35.70
	150m: 1:41.91 34.99	350m: 4:04.01 35.53	550m: 6:25.93 35.41	750m: 8:47.49 35.20			35.20
	200m: 2:17.26 35.35	400m: 4:39.57 35.56	600m: 7:01.16 35.23	800m: 9:22.37 34.88			34.88
3.	Ana Rita Faria	00	Porto	9:30.57	+0,80	637	
	50m: 31.66 31.66	250m: 2:52.48 35.91	450m: 5:17.24 36.83	650m: 7:42.73 36.57			36.57
	100m: 1:06.08 34.42	300m: 3:28.08 35.60	500m: 5:53.47 36.23	700m: 8:19.08 36.35			36.35
	150m: 1:41.23 35.15	350m: 4:04.40 36.32	550m: 6:30.25 36.78	750m: 8:56.23 37.15			37.15
	200m: 2:16.57 35.34	400m: 4:40.41 36.01	600m: 7:06.16 35.91	800m: 9:30.57 34.34			34.34
4.	Luisa Maria Machado	01	Uniao Piedense	9:31.71	+0,90	633	
	50m: 31.67 31.67	250m: 2:54.16 35.67	450m: 5:18.66 35.36	650m: 7:43.84 35.84			35.84
	100m: 1:06.93 35.26	300m: 3:30.70 36.54	500m: 5:55.32 36.66	700m: 8:20.18 36.34			36.34
	150m: 1:42.21 35.28	350m: 4:06.84 36.14	550m: 6:31.49 36.17	750m: 8:55.37 35.19			35.19
	200m: 2:18.49 36.28	400m: 4:43.30 36.46	600m: 7:08.00 36.51	800m: 9:31.71 36.34			36.34
5.	Ines Figueira Santos	00	Uniao Piedense	9:34.67	+0,83	623	
	50m: 31.95 31.95	250m: 2:55.70 36.79	450m: 5:21.45 36.69	650m: 7:47.11 36.70			36.70
	100m: 1:06.79 34.84	300m: 3:32.00 36.30	500m: 5:57.33 35.88	700m: 8:23.31 36.20			36.20
	150m: 1:42.95 36.16	350m: 4:08.65 36.65	550m: 6:33.98 36.65	750m: 8:59.70 36.39			36.39
	200m: 2:18.91 35.96	400m: 4:44.76 36.11	600m: 7:10.41 36.43	800m: 9:34.67 34.97			34.97
6.	Filipa Serrano Rodrigues	01	Uniao Piedense	9:38.37	+0,86	611	
	50m: 32.41 32.41	250m: 2:58.56 36.85	450m: 5:24.99 36.27	650m: 7:51.63 36.55			36.55
	100m: 1:08.17 35.76	300m: 3:35.27 36.71	500m: 6:01.63 36.64	700m: 8:28.36 36.73			36.73
	150m: 1:44.77 36.60	350m: 4:12.09 36.82	550m: 6:38.47 36.84	750m: 9:04.15 35.79			35.79
	200m: 2:21.71 36.94	400m: 4:48.72 36.63	600m: 7:15.08 36.61	800m: 9:38.37 34.22			34.22
7.	Maria Carolina Costa	01	Porto	9:39.21	+0,87	609	
	50m: 32.44 32.44	250m: 2:56.10 36.80	450m: 5:22.51 37.06	650m: 7:50.04 37.20			37.20
	100m: 1:07.15 34.71	300m: 3:32.13 36.03	500m: 5:58.90 36.39	700m: 8:26.47 36.43			36.43
	150m: 1:43.42 36.27	350m: 4:08.97 36.84	550m: 6:36.17 37.27	750m: 9:03.57 37.10			37.10
	200m: 2:19.30 35.88	400m: 4:45.45 36.48	600m: 7:12.84 36.67	800m: 9:39.21 35.64			35.64
8.	Teresa Miguel Veloso	00	Nautico /Urgicentro-Sanfil	9:43.10	+0,70	597	
	50m: 31.25 31.25	250m: 2:52.09 35.65	450m: 5:20.12 37.35	650m: 7:51.40 37.98			37.98
	100m: 1:05.84 34.59	300m: 3:28.84 36.75	500m: 5:57.80 37.68	700m: 8:28.94 37.54			37.54
	150m: 1:40.81 34.97	350m: 4:05.59 36.75	550m: 6:35.35 37.55	750m: 9:06.12 37.18			37.18
	200m: 2:16.44 35.63	400m: 4:42.77 37.18	600m: 7:13.42 38.07	800m: 9:43.10 36.98			36.98

Prova 2, Femin., 800m Livres, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
9.	Maria Ines Ferreira	00	Miranda do Corvo	9:43.49	+0,85	595	
	50m: 32.30 32.30	250m: 2:58.22 37.11	450m: 5:24.89 36.98	650m: 7:53.04 37.33			
	100m: 1:08.32 36.02	300m: 3:34.60 36.38	500m: 6:01.67 36.78	700m: 8:30.02 36.98			
	150m: 1:44.69 36.37	350m: 4:11.13 36.53	550m: 6:38.70 37.03	750m: 9:07.32 37.30			
	200m: 2:21.11 36.42	400m: 4:47.91 36.78	600m: 7:15.71 37.01	800m: 9:43.49 36.17			
10.	Rafaela Araujo Silva	00	Famalicao	9:44.14	+0,86	593	
	50m: 32.56 32.56	250m: 2:59.53 37.15	450m: 5:27.89 36.65	650m: 7:54.80 36.94			
	100m: 1:08.79 36.23	300m: 3:36.73 37.20	500m: 6:04.36 36.47	700m: 8:31.66 36.86			
	150m: 1:45.45 36.66	350m: 4:14.06 37.33	550m: 6:40.68 36.32	750m: 9:08.34 36.68			
	200m: 2:22.38 36.93	400m: 4:51.24 37.18	600m: 7:17.86 37.18	800m: 9:44.14 35.80			
11.	Rita Alexandra Vital	01	Colegio Monte Maior	9:52.54	+0,86	568	
	50m: 34.53 34.53	250m: 3:02.02 36.82	450m: 5:31.58 37.89	650m: 8:01.76 37.47			
	100m: 1:10.27 35.74	300m: 3:39.45 37.43	500m: 6:09.01 37.43	700m: 8:39.16 37.40			
	150m: 1:47.32 37.05	350m: 4:16.33 36.88	550m: 6:46.98 37.97	750m: 9:16.50 37.34			
	200m: 2:25.20 37.88	400m: 4:53.69 37.36	600m: 7:24.29 37.31	800m: 9:52.54 36.04			
12.	Lara Beatriz Matos	01	Famalicao	9:53.36	+1,02	566	
	50m: 33.31 33.31	250m: 3:01.70 37.48	450m: 5:31.33 37.86	650m: 8:03.04 37.74			
	100m: 1:09.74 36.43	300m: 3:38.74 37.04	500m: 6:09.15 37.82	700m: 8:40.82 37.78			
	150m: 1:47.15 37.41	350m: 4:16.20 37.46	550m: 6:47.39 38.24	750m: 9:17.74 36.92			
	200m: 2:24.22 37.07	400m: 4:53.47 37.27	600m: 7:25.30 37.91	800m: 9:53.36 35.62			
13.	Eliana Dirce Lourenco	00	Galitos	9:54.50	+0,74	563	
	<i>FTL</i>						
	50m: 33.21 33.21	250m: 3:02.04 37.45	450m: 5:32.35 37.61	650m: 8:02.89 37.01			
	100m: 1:09.45 36.24	300m: 3:39.60 37.56	500m: 6:10.14 37.79	700m: 8:40.84 37.95			
	150m: 1:47.10 37.65	350m: 4:17.09 37.49	550m: 6:48.05 37.91	750m: 9:18.16 37.32			
	200m: 2:24.59 37.49	400m: 4:54.74 37.65	600m: 7:25.88 37.83	800m: 9:54.50 36.34			
14.	Mariana Sobral Galacha	01	Sporting	10:01.35	+0,73	544	
	50m: 32.61 32.61	250m: 3:02.12 37.52	450m: 5:33.75 38.09	650m: 8:07.71 38.13			
	100m: 1:09.22 36.61	300m: 3:40.01 37.89	500m: 6:11.89 38.14	700m: 8:46.74 39.03			
	150m: 1:46.61 37.39	350m: 4:17.38 37.37	550m: 6:50.06 38.17	750m: 9:24.44 37.70			
	200m: 2:24.60 37.99	400m: 4:55.66 38.28	600m: 7:29.58 39.52	800m: 10:01.35 36.91			
15.	Maria Esteves Martins	01	Galitos	10:03.15	+0,83	539	
	50m: 33.54 33.54	250m: 3:03.93 37.11	450m: 5:37.12 38.51	650m: 8:10.80 37.68			
	100m: 1:11.04 37.50	300m: 3:41.51 37.58	500m: 6:16.42 39.30	700m: 8:49.17 38.37			
	150m: 1:48.44 37.40	350m: 4:19.69 38.18	550m: 6:54.89 38.47	750m: 9:27.42 38.25			
	200m: 2:26.82 38.38	400m: 4:58.61 38.92	600m: 7:33.12 38.23	800m: 10:03.15 35.73			
16.	Erika Almeida Marques	01	Braga	10:05.19	+0,92	534	
	50m: 33.01 33.01	250m: 3:03.44 38.16	450m: 5:36.82 38.27	650m: 8:10.48 38.58			
	100m: 1:09.68 36.67	300m: 3:41.80 38.36	500m: 6:14.93 38.11	700m: 8:48.98 38.50			
	150m: 1:47.24 37.56	350m: 4:20.21 38.41	550m: 6:53.34 38.41	750m: 9:27.49 38.51			
	200m: 2:25.28 38.04	400m: 4:58.55 38.34	600m: 7:31.90 38.56	800m: 10:05.19 37.70			
17.	Ines Silva Oliveira	00	Leixoes	10:05.77	+0,86	532	
	<i>FTL</i>						
	50m: 33.28 33.28	250m: 3:03.46 37.75	450m: 5:37.26 38.62	650m: 8:11.80 38.59			
	100m: 1:09.61 36.33	300m: 3:41.85 38.39	500m: 6:16.28 39.02	700m: 8:50.69 38.89			
	150m: 1:46.97 37.36	350m: 4:20.06 38.21	550m: 6:54.57 38.29	750m: 9:28.61 37.92			
	200m: 2:25.71 38.74	400m: 4:58.64 38.58	600m: 7:33.21 38.64	800m: 10:05.77 37.16			

Prova 2, Femin., 800m Livres, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
18.	Mariana Delicado Correia <i>FTL</i>	01	Sporting	10:09.62	+0,81	522	
	50m: 32.32 32.32	250m: 3:02.83 38.02	450m: 5:37.67 38.25	650m: 8:12.79 38.56			
	100m: 1:09.02 36.70	300m: 3:41.84 39.01	500m: 6:16.33 38.66	700m: 8:52.15 39.36			
	150m: 1:46.61 37.59	350m: 4:20.12 38.28	550m: 6:54.97 38.64	750m: 9:31.32 39.17			
	200m: 2:24.81 38.20	400m: 4:59.42 39.30	600m: 7:34.23 39.26	800m: 10:09.62 38.30			
19.	Ana Cruz Antunes <i>FTL</i>	01	Benfica	10:12.69	+0,74	514	
	50m: 32.89 32.89	250m: 3:03.52 37.98	450m: 5:38.76 39.16	650m: 8:16.77 39.78			
	100m: 1:09.62 36.73	300m: 3:41.83 38.31	500m: 6:18.35 39.59	700m: 8:56.10 39.33			
	150m: 1:47.05 37.43	350m: 4:20.32 38.49	550m: 6:57.80 39.45	750m: 9:34.93 38.83			
	200m: 2:25.54 38.49	400m: 4:59.60 39.28	600m: 7:36.99 39.19	800m: 10:12.69 37.76			
20.	Carolina Mota Correia <i>FTL</i>	01	Alcobaca	10:27.16	+1,02	479	
	50m: 34.63 34.63	250m: 3:13.87 39.81	450m: 5:49.91 38.62	650m: 8:29.78 39.85			
	100m: 1:13.30 38.67	300m: 3:53.88 40.01	500m: 6:29.16 39.25	700m: 9:09.82 40.04			
	150m: 1:53.33 40.03	350m: 4:33.20 39.32	550m: 7:09.71 40.55	750m: 9:48.75 38.93			
	200m: 2:34.06 40.73	400m: 5:11.29 38.09	600m: 7:49.93 40.22	800m: 10:27.16 38.41			
DNF	Ana Pimenta Silva	01	Desportiva de Viana				

Prova 2
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Femin., 800m Livres
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Seniores
Resultados

Rec Nac Absoluto	8:45.53	Tamila Hryhorivna Holub	POR	Coimbra	30-05-2015
Rec Nac Sen	8:52.69	Ana Goncalves Neto	FCP	Famalicao	18-07-2013

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Vania Soares Neves <i>FTL</i>	90	Leixoes	8:58.13	+0,79	759	
	50m: 31.58 31.58	250m: 2:47.32 33.82	450m: 5:03.16 33.88	650m: 7:18.83 34.01			
	100m: 1:05.31 33.73	300m: 3:21.44 34.12	500m: 5:37.04 33.88	700m: 7:52.86 34.03			
	150m: 1:39.52 34.21	350m: 3:55.51 34.07	550m: 6:11.01 33.97	750m: 8:26.36 33.50			
	200m: 2:13.50 33.98	400m: 4:29.28 33.77	600m: 6:44.82 33.81	800m: 8:58.13 31.77			
2.	Florbela Cavaco Machado <i>FTL</i>	96	Columbofila Cantanhedense	8:59.67	+0,77	753	
	50m: 31.89 31.89	250m: 2:45.50 33.52	450m: 5:01.44 34.08	650m: 7:19.35 34.25			
	100m: 1:05.08 33.19	300m: 3:19.29 33.79	500m: 5:35.97 34.53	700m: 7:53.49 34.14			
	150m: 1:38.54 33.46	350m: 3:53.08 33.79	550m: 6:10.39 34.42	750m: 8:26.65 33.16			
	200m: 2:11.98 33.44	400m: 4:27.36 34.28	600m: 6:45.10 34.71	800m: 8:59.67 33.02			
3.	Ana Catarina Monteiro <i>FTL</i>	93	Vilacondense	9:23.72	+0,68	660	
	50m: 30.94 30.94	250m: 2:50.75 35.30	450m: 5:13.04 35.84	650m: 7:37.09 36.11			
	100m: 1:04.92 33.98	300m: 3:26.33 35.58	500m: 5:48.84 35.80	700m: 8:12.98 35.89			
	150m: 1:40.00 35.08	350m: 4:01.84 35.51	550m: 6:25.20 36.36	750m: 8:48.72 35.74			
	200m: 2:15.45 35.45	400m: 4:37.20 35.36	600m: 7:00.98 35.78	800m: 9:23.72 35.00			
4.	Maria Joao Fernandes <i>FTL</i>	97	Vilacondense	9:36.60	+0,86	617	
	50m: 32.42 32.42	250m: 2:54.85 35.54	450m: 5:19.65 36.31	650m: 7:47.06 37.02			
	100m: 1:07.63 35.21	300m: 3:31.05 36.20	500m: 5:56.40 36.75	700m: 8:24.25 37.19			
	150m: 1:43.21 35.58	350m: 4:07.13 36.08	550m: 6:33.02 36.62	750m: 9:01.34 37.09			
	200m: 2:19.31 36.10	400m: 4:43.34 36.21	600m: 7:10.04 37.02	800m: 9:36.60 35.26			

Prova 2, Femin., 800m Livres, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts	
5.	Carolina Madeira Santos	96	Naval Amorense	9:37.36	+0,90	615		
	<i>FTL</i>							
	50m: 31.92	31.92	250m: 2:56.32	36.30	450m: 5:22.23	36.62	650m: 7:49.06	36.67
	100m: 1:07.72	35.80	300m: 3:32.61	36.29	500m: 5:58.81	36.58	700m: 8:25.51	36.45
	150m: 1:43.95	36.23	350m: 4:08.96	36.35	550m: 6:35.73	36.92	750m: 9:02.05	36.54
	200m: 2:20.02	36.07	400m: 4:45.61	36.65	600m: 7:12.39	36.66	800m: 9:37.36	35.31

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Femin., 800m Livres
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Junior 17
Resultados

Rec Nac Absoluto	8:45.53	Tamila Hryhorivna Holub	POR	Coimbra	30-05-2015
Rec Nac Jun17	8:49.86	Florbela Cavaco Machado	ASSSC	Coimbra	25-05-2013

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts	
1.	Ana Silva Costa	98	Famalicao	9:44.63	+0,80	592		
	<i>FTL</i>							
	50m: 33.47	33.47	250m: 2:59.84	36.69	450m: 5:27.56	36.66	650m: 7:56.09	37.33
	100m: 1:09.35	35.88	300m: 3:36.92	37.08	500m: 6:04.45	36.89	700m: 8:33.21	37.12
	150m: 1:46.28	36.93	350m: 4:13.45	36.53	550m: 6:41.53	37.08	750m: 9:09.48	36.27
	200m: 2:23.15	36.87	400m: 4:50.90	37.45	600m: 7:18.76	37.23	800m: 9:44.63	35.15
2.	Marina Micaela Sequeira	98	Uniao Piedense	9:54.24	+0,76	564		
	<i>FTL</i>							
	50m: 31.49	31.49	250m: 2:52.78	35.93	450m: 5:25.39	37.98	650m: 7:59.68	38.10
	100m: 1:05.86	34.37	300m: 3:30.69	37.91	500m: 6:04.11	38.72	700m: 8:38.60	38.92
	150m: 1:40.44	34.58	350m: 4:08.29	37.60	550m: 6:42.37	38.26	750m: 9:17.08	38.48
	200m: 2:16.85	36.41	400m: 4:47.41	39.12	600m: 7:21.58	39.21	800m: 9:54.24	37.16

DNS Madalena Amaro Machado 98 Academico Viseu

Prova 2
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Femin., 800m Livres
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Junior 16
Resultados

Rec Nac Absoluto	8:45.53	Tamila Hryhorivna Holub	POR	Coimbra	30-05-2015
Rec Nac Jun16	8:45.53	Tamila Hryhorivna Holub	POR	Coimbra	30-05-2015

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts	
1.	Tamila Hryhorivna Holub	99	Braga	8:53.81	+0,80	778		
	50m: 31.83	31.83	250m: 2:44.84	33.42	450m: 4:59.00	33.60	650m: 7:14.19	33.82
	100m: 1:05.27	33.44	300m: 3:18.25	33.41	500m: 5:32.55	33.55	700m: 7:48.02	33.83
	150m: 1:38.20	32.93	350m: 3:51.83	33.58	550m: 6:06.46	33.91	750m: 8:21.45	33.43
	200m: 2:11.42	33.22	400m: 4:25.40	33.57	600m: 6:40.37	33.91	800m: 8:53.81	32.36
2.	Beatriz Paulo Ranito	99	Sporting	9:18.00	+0,75	681		
	50m: 31.51	31.51	250m: 2:50.21	35.11	450m: 5:11.45	34.76	650m: 7:32.37	35.20
	100m: 1:05.66	34.15	300m: 3:25.70	35.49	500m: 5:46.50	35.05	700m: 8:07.87	35.50
	150m: 1:40.04	34.38	350m: 4:01.19	35.49	550m: 6:21.77	35.27	750m: 8:43.19	35.32
	200m: 2:15.10	35.06	400m: 4:36.69	35.50	600m: 6:57.17	35.40	800m: 9:18.00	34.81

Prova 2, Femin., 800m Livres, Junior 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
3.	Joana Beatriz Bernardo	99	Fundacao Beatriz Santos	9:28.97	+0,68	642	
	50m: 32.43 32.43	250m: 2:55.08 35.84	450m: 5:18.38 35.95	650m: 7:42.38 36.21			
	100m: 1:07.60 35.17	300m: 3:30.97 35.89	500m: 5:54.08 35.70	700m: 8:18.30 35.92			
	150m: 1:43.45 35.85	350m: 4:06.89 35.92	550m: 6:30.27 36.19	750m: 8:54.12 35.82			
	200m: 2:19.24 35.79	400m: 4:42.43 35.54	600m: 7:06.17 35.90	800m: 9:28.97 34.85			
4.	Rita Costa Amador	99	Galitos	9:39.68	+0,60	607	
	50m: 32.52 32.52	250m: 2:56.78 36.42	450m: 5:22.95 36.48	650m: 7:50.09 37.19			
	100m: 1:08.08 35.56	300m: 3:33.13 36.35	500m: 5:59.49 36.54	700m: 8:27.11 37.02			
	150m: 1:44.56 36.48	350m: 4:09.92 36.79	550m: 6:36.23 36.74	750m: 9:04.01 36.90			
	200m: 2:20.36 35.80	400m: 4:46.47 36.55	600m: 7:12.90 36.67	800m: 9:39.68 35.67			
5.	Beatriz Barros Carmo	99	Colegio Vasco da Gama	9:41.02	+0,74	603	
	<i>FTL</i>						
	50m: 32.47 32.47	250m: 2:58.94 36.59	450m: 5:25.99 36.42	650m: 7:52.80 36.04			
	100m: 1:09.21 36.74	300m: 3:35.86 36.92	500m: 6:03.21 37.22	700m: 8:29.56 36.76			
	150m: 1:45.38 36.17	350m: 4:12.49 36.63	550m: 6:39.76 36.55	750m: 9:05.37 35.81			
	200m: 2:22.35 36.97	400m: 4:49.57 37.08	600m: 7:16.76 37.00	800m: 9:41.02 35.65			
6.	Eva Guerreiro Carvalho	99	Uniao Piedense	9:43.51	+0,89	595	
	<i>FTL</i>						
	50m: 33.08 33.08	250m: 2:59.26 36.81	450m: 5:26.82 36.43	650m: 7:54.36 36.86			
	100m: 1:09.15 36.07	300m: 3:36.41 37.15	500m: 6:03.92 37.10	700m: 8:31.27 36.91			
	150m: 1:45.47 36.32	350m: 4:13.35 36.94	550m: 6:40.56 36.64	750m: 9:07.63 36.36			
	200m: 2:22.45 36.98	400m: 4:50.39 37.04	600m: 7:17.50 36.94	800m: 9:43.51 35.88			
7.	Mariana Pinto Angelo	99	Academica de Coimbra	9:49.64	+0,72	577	
	<i>FTL</i>						
	50m: 32.67 32.67	250m: 2:58.48 36.82	450m: 5:27.72 37.33	650m: 7:57.71 37.48			
	100m: 1:08.50 35.83	300m: 3:35.76 37.28	500m: 6:05.29 37.57	700m: 8:35.25 37.54			
	150m: 1:44.68 36.18	350m: 4:13.04 37.28	550m: 6:42.54 37.25	750m: 9:12.61 37.36			
	200m: 2:21.66 36.98	400m: 4:50.39 37.35	600m: 7:20.23 37.69	800m: 9:49.64 37.03			

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Femin., 800m Livres
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Juvenis A
Resultados

Rec Nac Absoluto	8:45.53	Tamila Hryhorivna Holub	POR	Coimbra	30-05-2015
Rec Nac Juv A	8:50.68	Tamila Hryhorivna Holub	SCB	Oeiras	27-07-2014

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ines Jacinto Henriques	00	Pimpoes/Cimai	9:19.42	+0,85	676	
	50m: 31.76 31.76	250m: 2:50.03 35.25	450m: 5:11.88 35.52	650m: 7:33.63 35.22			
	100m: 1:05.83 34.07	300m: 3:25.22 35.19	500m: 5:47.81 35.93	700m: 8:09.50 35.87			
	150m: 1:40.33 34.50	350m: 4:01.14 35.92	550m: 6:23.14 35.33	750m: 8:44.81 35.31			
	200m: 2:14.78 34.45	400m: 4:36.36 35.22	600m: 6:58.41 35.27	800m: 9:19.42 34.61			
2.	Ana Rita Faria	00	Porto	9:30.57	+0,80	637	
	50m: 31.66 31.66	250m: 2:52.48 35.91	450m: 5:17.24 36.83	650m: 7:42.73 36.57			
	100m: 1:06.08 34.42	300m: 3:28.08 35.60	500m: 5:53.47 36.23	700m: 8:19.08 36.35			
	150m: 1:41.23 35.15	350m: 4:04.40 36.32	550m: 6:30.25 36.78	750m: 8:56.23 37.15			
	200m: 2:16.57 35.34	400m: 4:40.41 36.01	600m: 7:06.16 35.91	800m: 9:30.57 34.34			

Prova 2, Femin., 800m Livres, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
3.	Ines Figueira Santos	00	Uniao Piedense	9:34.67	+0,83	623	
	50m: 31.95 31.95	250m: 2:55.70 36.79	450m: 5:21.45 36.69	650m: 7:47.11 36.70			
	100m: 1:06.79 34.84	300m: 3:32.00 36.30	500m: 5:57.33 35.88	700m: 8:23.31 36.20			
	150m: 1:42.95 36.16	350m: 4:08.65 36.65	550m: 6:33.98 36.65	750m: 8:59.70 36.39			
	200m: 2:18.91 35.96	400m: 4:44.76 36.11	600m: 7:10.41 36.43	800m: 9:34.67 34.97			
4.	Teresa Miguel Veloso	00	Nautico /Urgicentro-Sanfil	9:43.10	+0,70	597	
	50m: 31.25 31.25	250m: 2:52.09 35.65	450m: 5:20.12 37.35	650m: 7:51.40 37.98			
	100m: 1:05.84 34.59	300m: 3:28.84 36.75	500m: 5:57.80 37.68	700m: 8:28.94 37.54			
	150m: 1:40.81 34.97	350m: 4:05.59 36.75	550m: 6:35.35 37.55	750m: 9:06.12 37.18			
	200m: 2:16.44 35.63	400m: 4:42.77 37.18	600m: 7:13.42 38.07	800m: 9:43.10 36.98			
5.	Maria Ines Ferreira	00	Miranda do Corvo	9:43.49	+0,85	595	
	50m: 32.30 32.30	250m: 2:58.22 37.11	450m: 5:24.89 36.98	650m: 7:53.04 37.33			
	100m: 1:08.32 36.02	300m: 3:34.60 36.38	500m: 6:01.67 36.78	700m: 8:30.02 36.98			
	150m: 1:44.69 36.37	350m: 4:11.13 36.53	550m: 6:38.70 37.03	750m: 9:07.32 37.30			
	200m: 2:21.11 36.42	400m: 4:47.91 36.78	600m: 7:15.71 37.01	800m: 9:43.49 36.17			
6.	Rafaela Araujo Silva	00	Famalicao	9:44.14	+0,86	593	
	50m: 32.56 32.56	250m: 2:59.53 37.15	450m: 5:27.89 36.65	650m: 7:54.80 36.94			
	100m: 1:08.79 36.23	300m: 3:36.73 37.20	500m: 6:04.36 36.47	700m: 8:31.66 36.86			
	150m: 1:45.45 36.66	350m: 4:14.06 37.33	550m: 6:40.68 36.32	750m: 9:08.34 36.68			
	200m: 2:22.38 36.93	400m: 4:51.24 37.18	600m: 7:17.86 37.18	800m: 9:44.14 35.80			
7.	Eliana Dirce Lourenco	00	Galitos	9:54.50	+0,74	563	
	<i>FTL</i>						
	50m: 33.21 33.21	250m: 3:02.04 37.45	450m: 5:32.35 37.61	650m: 8:02.89 37.01			
	100m: 1:09.45 36.24	300m: 3:39.60 37.56	500m: 6:10.14 37.79	700m: 8:40.84 37.95			
	150m: 1:47.10 37.65	350m: 4:17.09 37.49	550m: 6:48.05 37.91	750m: 9:18.16 37.32			
	200m: 2:24.59 37.49	400m: 4:54.74 37.65	600m: 7:25.88 37.83	800m: 9:54.50 36.34			
8.	Ines Silva Oliveira	00	Leixoes	10:05.77	+0,86	532	
	<i>FTL</i>						
	50m: 33.28 33.28	250m: 3:03.46 37.75	450m: 5:37.26 38.62	650m: 8:11.80 38.59			
	100m: 1:09.61 36.33	300m: 3:41.85 38.39	500m: 6:16.28 39.02	700m: 8:50.69 38.89			
	150m: 1:46.97 37.36	350m: 4:20.06 38.21	550m: 6:54.57 38.29	750m: 9:28.61 37.92			
	200m: 2:25.71 38.74	400m: 4:58.64 38.58	600m: 7:33.21 38.64	800m: 10:05.77 37.16			

Prova 2, Femin., 800m Livres

Prova 2
23-07-2015 - 17:30

Femin., 800m Livres
SOMAGUE

Juvenis B
Resultados

Rec Nac Absoluto	8:45.53	Tamila Hryhorivna Holub	POR	Coimbra	30-05-2015
Rec Nac Juv B	9:07.70	Alexandra Maria Silva	FPN	Split (CRO)	10-09-1981

Pontos: FINA 2015

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Joana Costa Amador	01	Galitos	9:22.37	+0,77	665	
	50m: 32.41 32.41	250m: 2:52.83	35.57	450m: 5:15.19	35.62	650m: 7:36.59	35.43
	100m: 1:06.92 34.51	300m: 3:28.48	35.65	500m: 5:50.52	35.33	700m: 8:12.29	35.70
	150m: 1:41.91 34.99	350m: 4:04.01	35.53	550m: 6:25.93	35.41	750m: 8:47.49	35.20
	200m: 2:17.26 35.35	400m: 4:39.57	35.56	600m: 7:01.16	35.23	800m: 9:22.37	34.88
2.	Luisa Maria Machado	01	Uniao Piedense	9:31.71	+0,90	633	
	50m: 31.67 31.67	250m: 2:54.16	35.67	450m: 5:18.66	35.36	650m: 7:43.84	35.84
	100m: 1:06.93 35.26	300m: 3:30.70	36.54	500m: 5:55.32	36.66	700m: 8:20.18	36.34
	150m: 1:42.21 35.28	350m: 4:06.84	36.14	550m: 6:31.49	36.17	750m: 8:55.37	35.19
	200m: 2:18.49 36.28	400m: 4:43.30	36.46	600m: 7:08.00	36.51	800m: 9:31.71	36.34
3.	Filipa Serrano Rodrigues	01	Uniao Piedense	9:38.37	+0,86	611	
	50m: 32.41 32.41	250m: 2:58.56	36.85	450m: 5:24.99	36.27	650m: 7:51.63	36.55
	100m: 1:08.17 35.76	300m: 3:35.27	36.71	500m: 6:01.63	36.64	700m: 8:28.36	36.73
	150m: 1:44.77 36.60	350m: 4:12.09	36.82	550m: 6:38.47	36.84	750m: 9:04.15	35.79
	200m: 2:21.71 36.94	400m: 4:48.72	36.63	600m: 7:15.08	36.61	800m: 9:38.37	34.22
4.	Maria Carolina Costa	01	Porto	9:39.21	+0,87	609	
	50m: 32.44 32.44	250m: 2:56.10	36.80	450m: 5:22.51	37.06	650m: 7:50.04	37.20
	100m: 1:07.15 34.71	300m: 3:32.13	36.03	500m: 5:58.90	36.39	700m: 8:26.47	36.43
	150m: 1:43.42 36.27	350m: 4:08.97	36.84	550m: 6:36.17	37.27	750m: 9:03.57	37.10
	200m: 2:19.30 35.88	400m: 4:45.45	36.48	600m: 7:12.84	36.67	800m: 9:39.21	35.64
5.	Rita Alexandra Vital	01	Colegio Monte Maior	9:52.54	+0,86	568	
	50m: 34.53 34.53	250m: 3:02.02	36.82	450m: 5:31.58	37.89	650m: 8:01.76	37.47
	100m: 1:10.27 35.74	300m: 3:39.45	37.43	500m: 6:09.01	37.43	700m: 8:39.16	37.40
	150m: 1:47.32 37.05	350m: 4:16.33	36.88	550m: 6:46.98	37.97	750m: 9:16.50	37.34
	200m: 2:25.20 37.88	400m: 4:53.69	37.36	600m: 7:24.29	37.31	800m: 9:52.54	36.04
6.	Lara Beatriz Matos	01	Famalicao	9:53.36	+1,02	566	
	50m: 33.31 33.31	250m: 3:01.70	37.48	450m: 5:31.33	37.86	650m: 8:03.04	37.74
	100m: 1:09.74 36.43	300m: 3:38.74	37.04	500m: 6:09.15	37.82	700m: 8:40.82	37.78
	150m: 1:47.15 37.41	350m: 4:16.20	37.46	550m: 6:47.39	38.24	750m: 9:17.74	36.92
	200m: 2:24.22 37.07	400m: 4:53.47	37.27	600m: 7:25.30	37.91	800m: 9:53.36	35.62
7.	Mariana Sobral Galacha	01	Sporting	10:01.35	+0,73	544	
	50m: 32.61 32.61	250m: 3:02.12	37.52	450m: 5:33.75	38.09	650m: 8:07.71	38.13
	100m: 1:09.22 36.61	300m: 3:40.01	37.89	500m: 6:11.89	38.14	700m: 8:46.74	39.03
	150m: 1:46.61 37.39	350m: 4:17.38	37.37	550m: 6:50.06	38.17	750m: 9:24.44	37.70
	200m: 2:24.60 37.99	400m: 4:55.66	38.28	600m: 7:29.58	39.52	800m: 10:01.35	36.91
8.	Maria Esteves Martins	01	Galitos	10:03.15	+0,83	539	
	50m: 33.54 33.54	250m: 3:03.93	37.11	450m: 5:37.12	38.51	650m: 8:10.80	37.68
	100m: 1:11.04 37.50	300m: 3:41.51	37.58	500m: 6:16.42	39.30	700m: 8:49.17	38.37
	150m: 1:48.44 37.40	350m: 4:19.69	38.18	550m: 6:54.89	38.47	750m: 9:27.42	38.25
	200m: 2:26.82 38.38	400m: 4:58.61	38.92	600m: 7:33.12	38.23	800m: 10:03.15	35.73

Prova 2, Femin., 800m Livres, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
9.	Erika Almeida Marques	01	Braga	10:05.19	+0,92	534	
	50m: 33.01 33.01	250m: 3:03.44	38.16	450m: 5:36.82	38.27	650m: 8:10.48	38.58
	100m: 1:09.68 36.67	300m: 3:41.80	38.36	500m: 6:14.93	38.11	700m: 8:48.98	38.50
	150m: 1:47.24 37.56	350m: 4:20.21	38.41	550m: 6:53.34	38.41	750m: 9:27.49	38.51
	200m: 2:25.28 38.04	400m: 4:58.55	38.34	600m: 7:31.90	38.56	800m: 10:05.19	37.70
10.	Mariana Delicado Correia	01	Sporting	10:09.62	+0,81	522	
	<i>FTL</i>						
	50m: 32.32 32.32	250m: 3:02.83	38.02	450m: 5:37.67	38.25	650m: 8:12.79	38.56
	100m: 1:09.02 36.70	300m: 3:41.84	39.01	500m: 6:16.33	38.66	700m: 8:52.15	39.36
	150m: 1:46.61 37.59	350m: 4:20.12	38.28	550m: 6:54.97	38.64	750m: 9:31.32	39.17
	200m: 2:24.81 38.20	400m: 4:59.42	39.30	600m: 7:34.23	39.26	800m: 10:09.62	38.30
11.	Ana Cruz Antunes	01	Benfica	10:12.69	+0,74	514	
	<i>FTL</i>						
	50m: 32.89 32.89	250m: 3:03.52	37.98	450m: 5:38.76	39.16	650m: 8:16.77	39.78
	100m: 1:09.62 36.73	300m: 3:41.83	38.31	500m: 6:18.35	39.59	700m: 8:56.10	39.33
	150m: 1:47.05 37.43	350m: 4:20.32	38.49	550m: 6:57.80	39.45	750m: 9:34.93	38.83
	200m: 2:25.54 38.49	400m: 4:59.60	39.28	600m: 7:36.99	39.19	800m: 10:12.69	37.76
12.	Carolina Mota Correia	01	Alcobaca	10:27.16	+1,02	479	
	<i>FTL</i>						
	50m: 34.63 34.63	250m: 3:13.87	39.81	450m: 5:49.91	38.62	650m: 8:29.78	39.85
	100m: 1:13.30 38.67	300m: 3:53.88	40.01	500m: 6:29.16	39.25	700m: 9:09.82	40.04
	150m: 1:53.33 40.03	350m: 4:33.20	39.32	550m: 7:09.71	40.55	750m: 9:48.75	38.93
	200m: 2:34.06 40.73	400m: 5:11.29	38.09	600m: 7:49.93	40.22	800m: 10:27.16	38.41
DNF	Ana Pimenta Silva	01	Desportiva de Viana				