



XIX Campeonato Nacional Masters de Verão - OPEN
Famalicão, 7 - 9-7-2017

Event 7 Women, 200m Medley Master Esc A
07-07-2017 - 21:30 Results

RN A(25-29) 2:37.60 SILVA Carolina Santos CNMAIA Loulé 03-07-2015

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
1.	MAIA Joana Marques	91		2:39.80	+0,84	710	9,00
	50m: 33.24 33.24	100m: 1:15.69 42.45	150m: 2:00.65	44.96	200m: 2:39.80	39.15	
2.	MARQUES Joana Pedrosa	91	Masters de Almada	2:48.60	+0,92	604	7,00
	50m: 36.20 36.20	100m: 1:22.61 46.41	150m: 2:08.18	45.57	200m: 2:48.60	40.42	
3.	CASTRO Ana Lucia	92	Natacao de Lisboa	2:57.84	+0,90	515	6,00
	50m: 36.25 36.25	100m: 1:23.83 47.58	150m: 2:15.14	51.31	200m: 2:57.84	42.70	
4.	FOUGO Rita Claudia	88	Natacao da Maia	2:58.65	+0,88	508	5,00
	50m: 34.59 34.59	100m: 1:22.35 47.76	150m: 2:17.87	55.52	200m: 2:58.65	40.78	
5.	SANTOS Carla Sofia	89	Porto	3:02.75	+0,81	474	4,00
	50m: 35.16 35.16	100m: 1:21.15 45.99	150m: 2:19.34	58.19	200m: 3:02.75	43.41	
6.	ALVES Joana Isabel	88	Porto	3:03.57	+1,18	468	3,00
	50m: 37.80 37.80	100m: 1:27.17 49.37	150m: 2:22.36	55.19	200m: 3:03.57	41.21	
7.	MONTEIRO Maria Joao	89	Salesianos	3:16.08	+0,91	384	2,00
	50m: 43.15 43.15	100m: 1:32.74 49.59	150m: 2:29.35	56.61	200m: 3:16.08	46.73	
DSQ	CARVALHO Lia Correia	90	Nacional de Natacao				-
	<i>119 - Utilizou um fato de banho não regulamentado - BL 8.3</i>						
DSQ	AZARNIOUN Sahar	90	Colegio Monte Maior				-
	<i>609 - Não terminou percurso de costas na posição dorsal - SW 6.5</i>						
DNS	GONCALVES Susana Matias	88	Fafe				-

Event 7 Women, 200m Medley Master Esc B
07-07-2017 - 21:30 Results

RN B(30-34) 2:31.14 SEVIERI Tatiana Gama FCP Loulé 08-07-2016

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
1.	SILVA Carolina Santos	86		2:39.42	+0,66	771	9,00
	50m: 32.59 32.59	100m: 1:14.44 41.85	150m: 2:03.11	48.67	200m: 2:39.42	36.31	
2.	MIRANDA Raquel Filipa	85	Foca	2:47.16	+0,86	669	7,00
	50m: 34.01 34.01	100m: 1:19.22 45.21	150m: 2:08.59	49.37	200m: 2:47.16	38.57	
3.	BARBARA Joana Pereira	87	Masters de Almada	2:52.31	+0,89	610	6,00
	50m: 38.01 38.01	100m: 1:24.61 46.60	150m: 2:11.87	47.26	200m: 2:52.31	40.44	
4.	VALENTE Catia Marisa	84	Luz e Vida	2:53.61	+0,75	597	5,00
	50m: 35.51 35.51	100m: 1:21.54 46.03	150m: 2:11.76	50.22	200m: 2:53.61	41.85	
5.	RATOLA Margarida Raquel	83	Galitos/ Bresimar	2:55.04	+0,84	582	4,00
	50m: 35.66 35.66	100m: 1:22.71 47.05	150m: 2:15.84	53.13	200m: 2:55.04	39.20	
6.	MIRANDA Ana Filipa	85	Galitos/ Bresimar	2:55.53	+0,82	577	3,00
	50m: 33.35 33.35	100m: 1:21.77 48.42	150m: 2:13.05	51.28	200m: 2:55.53	42.48	



XIX Campeonato Nacional Masters de Verão - OPEN
Famalicão, 7- - 9-7-2017

Event 7, Women, 200m Medley, Master Esc B

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
7.	SOUSA Ana Oliveira	85	Academica de Coimbra	3:04.00	+1,07	501	2,00
	50m: 37.25 37.25	100m: 1:27.04 49.79	150m: 2:20.66 53.62	200m: 3:04.00 43.34			
8.	UHLFELDER Ana Sofia	83	Fluvial Portuense	4:05.06	+1,23	212	1,00
	50m: 53.95 53.95	100m: 1:54.45 1:00.50	150m: 3:08.75 1:14.30	200m: 4:05.06 56.31			
9.	LORY Susana Pereira	87	Masters de Almada	4:09.88	+1,09	200	-
	50m: 55.70 55.70	100m: 2:04.04 1:08.34	150m: 3:08.36 1:04.32	200m: 4:09.88 1:01.52			

Event 7 Women, 200m Medley Master Esc C
07-07-2017 - 21:30 Results

RN C(35-39)	2:33.55	GRILO Ana Paula	UDCA	Coimbra	07-01-2006
-------------	---------	-----------------	------	---------	------------

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
1.	MOREIRA Mafalda Sofia	79	Benedita	2:56.41	+0,91	604	9,00
	50m: 36.39 36.39	100m: 1:22.43 46.04	150m: 2:16.90 54.47	200m: 2:56.41 39.51			
2.	OLIVEIRA Ana Mafalda	81	Natacao da Maia	2:58.85	+0,95	580	7,00
	50m: 37.03 37.03	100m: 1:23.99 46.96	150m: 2:17.43 53.44	200m: 2:58.85 41.42			
3.	CORDEIRO Ana Filipa	79	Alges	3:08.17	+0,90	498	6,00
	50m: 38.22 38.22	100m: 1:26.09 47.87	150m: 2:22.04 55.95	200m: 3:08.17 46.13			
4.	BAPTISTA Liliana Elisabete	78	Leixoes	3:14.70	+0,99	449	5,00
	50m: 39.30 39.30	100m: 1:29.66 50.36	150m: 2:27.65 57.99	200m: 3:14.70 47.05			
5.	COSTA Lilia Dulce	81	Foca	3:29.64	+0,92	360	4,00
	50m: 45.58 45.58	100m: 1:40.83 55.25	150m: 2:43.16 1:02.33	200m: 3:29.64 46.48			
6.	SILVA Ana Rosa	80	Foca	3:56.31	+0,93	251	3,00
	50m: 53.13 53.13	100m: 1:59.18 1:06.05	150m: 3:01.37 1:02.19	200m: 3:56.31 54.94			

Event 7 Women, 200m Medley Master Esc D
07-07-2017 - 21:30 Results

RN D(40-44)	2:45.66	GRILO Ana Paula	INDALEN	Oeiras	02-07-2011
-------------	---------	-----------------	---------	--------	------------

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
1.	BARBARA Carla Santa	75	Porto	2:48.95	+0,76	720	9,00
	50m: 34.52 34.52	100m: 1:18.98 44.46	150m: 2:10.42 51.44	200m: 2:48.95 38.53			
2.	COSTA Maria Luisa	74	Fluvial Portuense	3:03.05	+0,90	566	7,00
	50m: 37.16 37.16	100m: 1:26.38 49.22	150m: 2:20.33 53.95	200m: 3:03.05 42.72			
3.	MOUTELA Ana Sofia	77	Galitos/ Bresimar	3:17.23	+0,98	452	6,00
	50m: 41.07 41.07	100m: 1:33.39 52.32	150m: 2:31.62 58.23	200m: 3:17.23 45.61			
4.	OLIVEIRA Ana Cristina	76	Galitos/ Bresimar	3:19.41	+0,98	438	5,00
	50m: 41.02 41.02	100m: 1:31.18 50.16	150m: 2:30.90 59.72	200m: 3:19.41 48.51			
5.	ALMEIDA Graca Maria	73	Leixoes	3:24.15	+1,01	408	4,00
	50m: 41.41 41.41	100m: 1:31.22 49.81	150m: 2:34.87 1:03.65	200m: 3:24.15 49.28			



XIX Campeonato Nacional Masters de Verão - OPEN
Famalicão, 7- - 9-7-2017

Event 7, Women, 200m Medley, Master Esc D

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
6.	BARROS Ana Xavier	74	Natacao de Lisboa	3:57.69	+1,00	258	3,00
	50m: 51.15 51.15	100m: 1:53.79 1:02.64	150m: 3:05.13 1:11.34	200m: 3:57.69 52.56			
7.	AVELANS Carla Susana	75	Fluvial Portuense	4:06.07	+1,12	233	2,00
	50m: 57.12 57.12	100m: 2:10.93 1:13.81	150m: 3:08.38 57.45	200m: 4:06.07 57.69			
8.	SEQUEIRA Carla Sofia	75	Colegio Monte Maior	4:20.78	+1,01	195	1,00
	50m: 1:03.16 1:03.16	100m: 2:15.77 1:12.61	150m: 3:25.78 1:10.01	200m: 4:20.78 55.00			

Event 7
07-07-2017 - 21:30

Women, 200m Medley

Master Esc E
Results

RN E(45-49)	2:52.78	PEREIRA Patricia Diogenes	SAD	Coimbra	17-01-2016
-------------	---------	---------------------------	-----	---------	------------

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
1.	REINA Rita Miguel	72	Colegio Monte Maior	3:12.78	+0,87	490	9,00
	50m: 42.69 42.69	100m: 1:31.46 48.77	150m: 2:29.97 58.51	200m: 3:12.78 42.81			
2.	FERREIRA Filipa Margarida	69	Fluvial Portuense	3:24.71	+1,04	409	7,00
	50m: 39.07 39.07	100m: 1:36.31 57.24	150m: 2:36.49 1:00.18	200m: 3:24.71 48.22			
3.	SEQUEIRA Maria Manuela	68	Gafanha da Encarnacao	3:32.62	+1,02	365	6,00
	50m: 46.62 46.62	100m: 1:45.89 59.27	150m: 2:42.07 56.18	200m: 3:32.62 50.55			
4.	SEQUEIRA Ana Paula	68	Gafanha da Encarnacao	3:39.68	+1,13	331	5,00
	50m: 52.29 52.29	100m: 1:52.11 59.82	150m: 2:52.96 1:00.85	200m: 3:39.68 46.72			
5.	SILVA Claudia Maria	70	Palmela	3:43.33	+1,04	315	4,00
	50m: 40.82 40.82	100m: 1:42.40 1:01.58	150m: 2:49.62 1:07.22	200m: 3:43.33 53.71			
6.	LOURENCO Teresa Margarida	69	Natacao de Valongo	3:44.79	+1,00	309	3,00
	50m: 52.92 52.92	100m: 1:49.33 56.41	150m: 2:51.31 1:01.98	200m: 3:44.79 53.48			
7.	MENDES Marina Isabel	68	Masters de Almada	3:48.78	+1,04	293	2,00
	50m: 53.21 53.21	100m: 1:58.02 1:04.81	150m: 2:58.48 1:00.46	200m: 3:48.78 50.30			
8.	SANTINHA Fernanda Maria	72	Masters de Almada	4:02.96	+1,31	244	1,00
	50m: 55.40 55.40	100m: 2:08.17 1:12.77	150m: 3:11.67 1:03.50	200m: 4:02.96 51.29			
9.	FERREIRA Maria Manuela	70	Leixoes	4:04.34	+1,13	240	-
	50m: 56.17 56.17	100m: 2:07.92 1:11.75	150m: 3:15.54 1:07.62	200m: 4:04.34 48.80			
10.	BARBARA Ana Bernardo	70	Portinado	4:23.69	+1,07	191	-
	50m: 59.46 59.46	100m: 2:08.83 1:09.37	150m: 3:18.02 1:09.19	200m: 4:23.69 1:05.67			



XIX Campeonato Nacional Masters de Verão - OPEN
Famalicão, 7 - - 9-7-2017

Event 7, Women, 200m Medley

Event 7 Women, 200m Medley Master Esc F
07-07-2017 - 21:30 Results

RN F(50-54) 3:06.42 KRAEVA Elena Nikolaevna ADRCIMM Loulé 03-07-2015

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
1.	ANDRADE Maria Teresa	63	Porto	3:31.37	+0,88	426	9,00
	50m: 44.87 44.87	100m: 1:38.93 54.06	150m: 2:39.53 1:00.60	200m: 3:31.37 51.84			
2.	URBANO Maria Margarida	63	Academica de Coimbra	3:36.82	+1,10	395	7,00
	50m: 45.69 45.69	100m: 1:45.00 59.31	150m: 2:45.00 1:00.00	200m: 3:36.82 51.82			
3.	MENDES Maria Regina	65	Fluvial Portuense	3:37.49	+1,10	391	6,00
	50m: 48.44 48.44	100m: 1:52.93 1:04.49	150m: 2:48.92 55.99	200m: 3:37.49 48.57			
4.	MOURA Cristina Isabel	63	Leixoes	4:02.66	+1,08	282	5,00
	50m: 1:00.71 1:00.71	100m: 2:04.00 1:03.29	150m: 3:09.75 1:05.75	200m: 4:02.66 52.91			
5.	GRAHAM Muriel	65	Fluvial Portuense	4:06.03	+1,11	270	4,00
	50m: 55.63 55.63	100m: 2:06.16 1:10.53	150m: 3:13.05 1:06.89	200m: 4:06.03 52.98			
6.	VILARINHO Graca Maria	65	Gafanha da Encarnacao	4:07.47	+1,09	266	3,00
	50m: 59.53 59.53	100m: 2:04.89 1:05.36	150m: 3:16.27 1:11.38	200m: 4:07.47 51.20			
7.	VASCONCELOS Maria Goncalves	64	Masters de Almada	4:19.66	+1,04	230	2,00
	50m: 59.36 59.36	100m: 2:16.90 1:17.54	150m: 3:23.14 1:06.24	200m: 4:19.66 56.52			
8.	CANINAS Maria Madalena	63	Masters de Almada	4:20.07	+1,21	229	1,00
	50m: 56.79 56.79	100m: 2:09.86 1:13.07	150m: 3:27.79 1:17.93	200m: 4:20.07 52.28			
9.	ALMEIDA Lucia Lima	64	Gafanha da Encarnacao	4:58.25	+0,92	151	-
	50m: 1:02.23 1:02.23	100m: 2:22.33 1:20.10	150m: 3:45.27 1:22.94	200m: 4:58.25 1:12.98			
10.	RIBEIRO Margarida Maria	64	Fluvial Portuense	5:42.98	+1,39	99	-
	50m: 1:23.83 1:23.83	100m: 3:03.72 1:39.89	150m: 4:29.00 1:25.28	200m: 5:42.98 1:13.98			

Event 7 Women, 200m Medley Master Esc G
07-07-2017 - 21:30 Results

RN G(55-59) 3:00.54 GAMONAL Elena Alarcon CNFA Loulé 08-07-2016

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
1.	FERNANDES Maria Santos	62	Leixoes	3:41.11	+1,09	454	9,00
	50m: 48.14 48.14	100m: 1:50.57 1:02.43	150m: 2:49.78 59.21	200m: 3:41.11 51.33			



XIX Campeonato Nacional Masters de Verão - OPEN
Famalicão, 7- - 9-7-2017

Event 7, Women, 200m Medley

Event 7 Women, 200m Medley Master Esc H
07-07-2017 - 21:30 Results

RN H(60-64) 3:35.11 FERREIRA Ana Maria SAD Coimbra 15-01-2011

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
1.	MONTEIRO Isabel Costa	53	Academica de Coimbra	4:32.11	+1,20	280	9,00
	50m: 1:01.54 1:01.54			100m: 2:15.51 1:13.97			
				150m: 3:30.95 1:15.44			
				200m: 4:32.11 1:01.16			

Event 7 Women, 200m Medley Master Esc I
07-07-2017 - 21:30 Results

RN I(65-69) 3:42.15 FERREIRA Ana Maria SAD Loulé 08-07-2016

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
1.	FERREIRA Ana Maria	50	Alges	3:46.90	+1,09	544	9,00
	50m: 51.44 51.44			100m: 1:51.20 59.76			
				150m: 3:01.32 1:10.12			
				200m: 3:46.90 45.58			