

XIX Campeonato Nacional Masters de Verão - OPEN  
Famalicão, 7- - 9-7-2017

Event 8 Men, 400m Medley Master Esc A  
07-07-2017 - 22:05 Results

RN A(25-29) 4:47.39 GONCALVES Andre Bras CFB Loulé 03-07-2015

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
1.	MONTEIRO Bruno Daniel	88	Leixoes	<b>5:16.94</b>	+0,83	730	9,00
	50m: 31.49 31.49	150m: 1:53.56 44.97	250m: 3:19.76 42.85	350m: 4:40.88 37.06			
	100m: 1:08.59 37.10	200m: 2:36.91 43.35	300m: 4:03.82 44.06	400m: 5:16.94 36.06			
2.	ROQUE Jorge Manuel	90	Masters de Almada	<b>5:20.78</b>	+0,78	704	7,00
	50m: 28.19 28.19	150m: 1:45.88 42.72	250m: 3:16.56 47.70	350m: 4:43.89 38.18			
	100m: 1:03.16 34.97	200m: 2:28.86 42.98	300m: 4:05.71 49.15	400m: 5:20.78 36.89			
3.	FERREIRA Joao Manuel	92	CLAC-Entroncamento	<b>5:21.12</b>	+0,93	702	6,00
	50m: 30.63 30.63	150m: 1:53.49 44.36	250m: 3:21.14 44.99	350m: 4:45.50 38.58			
	100m: 1:09.13 38.50	200m: 2:36.15 42.66	300m: 4:06.92 45.78	400m: 5:21.12 35.62			
4.	CORDEIRO Diogo Andre	90	Masters de Almada	<b>5:28.02</b>	+0,85	658	5,00
	50m: 32.18 32.18	150m: 1:57.67 46.73	250m: 3:28.04 45.03	350m: 4:52.56 39.04			
	100m: 1:10.94 38.76	200m: 2:43.01 45.34	300m: 4:13.52 45.48	400m: 5:28.02 35.46			
5.	MADUREIRA Fabio Andre	90	Penafiel	<b>5:48.51</b>	+0,79	549	4,00
	50m: 35.49 35.49	150m: 2:06.95 46.20	250m: 3:38.98 46.24	350m: 5:09.55 42.71			
	100m: 1:20.75 45.26	200m: 2:52.74 45.79	300m: 4:26.84 47.86	400m: 5:48.51 38.96			
6.	MOREIRA Paulo Ricardo	91		<b>5:50.82</b>	+0,85	538	3,00
	50m: 30.62 30.62	150m: 1:56.89 49.03	250m: 3:36.65 51.44	350m: 5:09.83 41.92			
	100m: 1:07.86 37.24	200m: 2:45.21 48.32	300m: 4:27.91 51.26	400m: 5:50.82 40.99			
7.	HENRIQUES Diogo Gil	88	Alges	<b>5:52.33</b>	+0,88	531	2,00
	50m: 35.20 35.20	150m: 2:06.37 43.33	250m: 3:40.36 51.63	350m: 5:12.59 39.91			
	100m: 1:23.04 47.84	200m: 2:48.73 42.36	300m: 4:32.68 52.32	400m: 5:52.33 39.74			
8.	MENESES Goncalo Goncalves	92	Braga	<b>5:53.15</b>	+0,96	527	1,00
	50m: 35.02 35.02	150m: 2:03.95 47.76	250m: 3:41.62 51.38	350m: 5:14.68 41.32			
	100m: 1:16.19 41.17	200m: 2:50.24 46.29	300m: 4:33.36 51.74	400m: 5:53.15 38.47			
9.	CARVALHO Joao Carlos	90	Desportiva BJWHF	<b>6:10.10</b>	+0,99	458	-
	50m: 35.31 35.31	150m: 2:09.05 51.14	250m: 3:51.25 51.20	350m: 5:26.78 44.03			
	100m: 1:17.91 42.60	200m: 3:00.05 51.00	300m: 4:42.75 51.50	400m: 6:10.10 43.32			
10.	ALMEIDA Jorge Nuno	89	Ginasio Clube	<b>6:10.46</b>	+0,85	457	-
	50m: 36.65 36.65	150m: 2:08.10 48.99	250m: 3:49.21 53.25	350m: 5:26.87 44.98			
	100m: 1:19.11 42.46	200m: 2:55.96 47.86	300m: 4:41.89 52.68	400m: 6:10.46 43.59			
11.	GOMES Pedro Emanuel	88	Natacao de Valongo	<b>7:09.06</b>	+1,09	294	-
	50m: 42.77 42.77	150m: 2:37.77 1:02.06	250m: 4:36.38 58.44	350m: 6:22.30 48.84			
	100m: 1:35.71 52.94	200m: 3:37.94 1:00.17	300m: 5:33.46 57.08	400m: 7:09.06 46.76			

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Famalicão, 7 - 9-7-2017

Event 8, Men, 400m Medley

Event 8 Men, 400m Medley Master Esc B  
07-07-2017 - 22:05 Results

RN B(30-34) 5:12.10 NIZ Adriano Miguel GDNVNF Loulé 08-07-2016

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
1.	NIZ Adriano Miguel <i>Rec Nac Esc B</i>	86	Famalicao	<b>5:03.79</b>	+0,81	733	9,00
	50m: 29.05 29.05	150m: 1:41.97 38.72	250m: 3:04.79 44.61	350m: 4:24.09 34.77			
	100m: 1:03.25 34.20	200m: 2:20.18 38.21	300m: 3:49.32 44.53	400m: 5:03.79 39.70			
2.	YOUNG Andrew	84	Salesianos	<b>5:34.05</b>	+0,88	551	7,00
	50m: 31.02 31.02	150m: 1:56.32 46.55	250m: 3:29.88 49.19	350m: 4:56.99 39.25			
	100m: 1:09.77 38.75	200m: 2:40.69 44.37	300m: 4:17.74 47.86	400m: 5:34.05 37.06			
3.	MARTINS Rui Carvalho	84	CLAC-Entroncamento	<b>6:00.34</b>	+0,97	439	6,00
	50m: 35.95 35.95	150m: 2:04.94 44.47	250m: 3:41.98 51.98	350m: 5:18.30 43.30			
	100m: 1:20.47 44.52	200m: 2:50.00 45.06	300m: 4:35.00 53.02	400m: 6:00.34 42.04			
4.	CARDOSO Alvaro Miguel	84	Salesianos	<b>6:16.60</b>	+0,90	384	5,00
	50m: 35.05 35.05	150m: 2:07.32 48.63	250m: 3:51.23 56.14	350m: 5:33.78 45.02			
	100m: 1:18.69 43.64	200m: 2:55.09 47.77	300m: 4:48.76 57.53	400m: 6:16.60 42.82			

Event 8 Men, 400m Medley Master Esc C  
07-07-2017 - 22:05 Results

RN C(35-39) 5:17.22 NUNES Rodolfo Pereira GESP Riccione (ITA) 12-06-2012

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
1.	BARBOSA Antonio Rui	82	Porto	<b>5:33.63</b>	+0,74	623	9,00
	50m: 31.04 31.04	150m: 1:52.35 43.78	250m: 3:22.77 47.00	350m: 4:53.05 41.19			
	100m: 1:08.57 37.53	200m: 2:35.77 43.42	300m: 4:11.86 49.09	400m: 5:33.63 40.58			
2.	SANTOS Patrick	79	Salesianos	<b>5:39.19</b>	+0,86	593	7,00
	50m: 35.27 35.27	150m: 2:04.84 48.58	250m: 3:36.55 44.94	350m: 5:01.11 38.86			
	100m: 1:16.26 40.99	200m: 2:51.61 46.77	300m: 4:22.25 45.70	400m: 5:39.19 38.08			
3.	COURAS Ivan Mauricio	81	Fluval Portuense	<b>5:41.26</b>	+0,80	582	6,00
	50m: 35.62 35.62	150m: 2:06.17 48.88	250m: 3:41.49 49.63	350m: 5:06.40 36.31			
	100m: 1:17.29 41.67	200m: 2:51.86 45.69	300m: 4:30.09 48.60	400m: 5:41.26 34.86			
4.	NETO Angelo Miguel	82	Fluval Portuense	<b>5:54.78</b>	+0,80	518	5,00
	50m: 31.78 31.78	150m: 1:57.90 46.64	250m: 3:36.77 51.94	350m: 5:12.66 41.06			
	100m: 1:11.26 39.48	200m: 2:44.83 46.93	300m: 4:31.60 54.83	400m: 5:54.78 42.12			
5.	MALTA Joao Carlos	82	Salesianos	<b>6:05.32</b>	+0,87	474	4,00
	50m: 38.39 38.39	150m: 2:13.00 48.44	250m: 3:53.72 54.79	350m: 5:28.85 40.66			
	100m: 1:24.56 46.17	200m: 2:58.93 45.93	300m: 4:48.19 54.47	400m: 6:05.32 36.47			
6.	PINTO Rui Manuel	79	Fluval Portuense	<b>6:14.44</b>	+0,86	440	3,00
	50m: 35.70 35.70	150m: 2:11.96 49.86	250m: 3:55.66 53.76	350m: 5:31.41 42.71			
	100m: 1:22.10 46.40	200m: 3:01.90 49.94	300m: 4:48.70 53.04	400m: 6:14.44 43.03			
7.	PIRES Miguel Pinheiro	78	Foca	<b>6:17.31</b>	+0,86	430	2,00
	50m: 35.55 35.55	150m: 2:09.63 52.54	250m: 3:53.76 53.87	350m: 5:32.31 44.67			
	100m: 1:17.09 41.54	200m: 2:59.89 50.26	300m: 4:47.64 53.88	400m: 6:17.31 45.00			

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Event 8, Men, 400m Medley

Event 8 Men, 400m Medley Master Esc D  
07-07-2017 - 22:05 Results

RN D(40-44) 5:16.30 NUNES Rodolfo Pereira GESP Montréal (CAN) 05-08-2014

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
1.	COUTEIRO Jose Eduardo	76	Viana Natacao	<b>5:30.19</b>	+0,84	629	9,00
	50m: 33.03 33.03	150m: 1:56.02	43.86	250m: 3:26.35	46.33	350m: 4:51.70	37.97
	100m: 1:12.16 39.13	200m: 2:40.02	44.00	300m: 4:13.73	47.38	400m: 5:30.19	38.49
2.	SILVA Jorge Miguel	76	Salesianos	<b>6:04.65</b>	+0,93	467	7,00
	50m: 36.15 36.15	150m: 2:08.93	50.00	250m: 3:49.82	50.14	350m: 5:22.59	41.35
	100m: 1:18.93 42.78	200m: 2:59.68	50.75	300m: 4:41.24	51.42	400m: 6:04.65	42.06
3.	PIRES Filipe Pinheiro	73	Foca	<b>6:08.85</b>	+0,84	451	6,00
	50m: 36.57 36.57	150m: 2:08.85	48.74	250m: 3:47.16	50.94	350m: 5:25.90	46.55
	100m: 1:20.11 43.54	200m: 2:56.22	47.37	300m: 4:39.35	52.19	400m: 6:08.85	42.95
4.	SILVA Pedro Nuno	73	Academica de Coimbra	<b>6:35.27</b>	+0,86	367	5,00
	50m: 48.10 48.10	150m: 2:34.26	51.95	250m: 4:15.76	51.01	350m: 5:51.16	45.08
	100m: 1:42.31 54.21	200m: 3:24.75	50.49	300m: 5:06.08	50.32	400m: 6:35.27	44.11
5.	COSTA Antonio Goarmon	75	Nacional de Natacao	<b>7:02.18</b>	+1,00	301	4,00
	50m: 46.15 46.15	150m: 2:36.83	59.67	250m: 4:30.05	56.11	350m: 6:14.10	47.96
	100m: 1:37.16 51.01	200m: 3:33.94	57.11	300m: 5:26.14	56.09	400m: 7:02.18	48.08
6.	OLIVEIRA Sergio Frederico	74	Ginasio Clube	<b>7:15.44</b>	+1,06	274	3,00
	50m: 45.21 45.21	150m: 2:38.51	58.37	250m: 4:34.76	57.72	350m: 6:27.37	52.89
	100m: 1:40.14 54.93	200m: 3:37.04	58.53	300m: 5:34.48	59.72	400m: 7:15.44	48.07
7.	PEREIRA Norberto Matos	75	Vitoria Guimaraes	<b>8:58.63</b>	+1,06	145	2,00
	50m: 58.50 58.50	150m: 3:33.13	1:24.64	250m: 6:01.14	1:10.96	350m: 8:04.80	54.24
	100m: 2:08.49 1:09.99	200m: 4:50.18	1:17.05	300m: 7:10.56	1:09.42	400m: 8:58.63	53.83
DNS	PEREIRA Alexandre Marques	76	Colegio Monte Maior				-

Event 8 Men, 400m Medley Master Esc E  
07-07-2017 - 22:05 Results

RN E(45-49) 5:28.81 FREITAS Jose Carlos CFP Oeiras 02-07-2011

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
1.	FRISCHKNECHT Emilio Nuno	71	Alges	<b>5:36.45</b>	+0,99	775	9,00
	50m: 31.71 31.71	150m: 1:53.83	45.84	250m: 3:29.22	48.51	350m: 4:58.06	39.49
	100m: 1:07.99 36.28	200m: 2:40.71	46.88	300m: 4:18.57	49.35	400m: 5:36.45	38.39
2.	GONCALVES Carlos Guimaraes	70	Fluval Portuense	<b>6:11.43</b>	+0,93	576	7,00
	50m: 35.60 35.60	150m: 2:04.21	48.02	250m: 3:50.74	57.61	350m: 5:32.07	42.76
	100m: 1:16.19 40.59	200m: 2:53.13	48.92	300m: 4:49.31	58.57	400m: 6:11.43	39.36
3.	FERNANDES Ricardo Jorge	72	Natacao de Valongo	<b>7:00.86</b>	+0,94	396	6,00
	50m: 46.43 46.43	150m: 2:37.92	56.94	250m: 4:32.60	58.87	350m: 6:18.26	46.77
	100m: 1:40.98 54.55	200m: 3:33.73	55.81	300m: 5:31.49	58.89	400m: 7:00.86	42.60
4.	RIBEIRO Celso Fernando	69	Porto	<b>7:15.49</b>	+0,87	357	5,00
	50m: 44.12 44.12	150m: 2:33.94	56.77	250m: 4:31.81	59.89	350m: 6:24.68	52.02
	100m: 1:37.17 53.05	200m: 3:31.92	57.98	300m: 5:32.66	1:00.85	400m: 7:15.49	50.81

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Event 8, Men, 400m Medley, Master Esc E

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
5.	FERRAZ Francisco Antonio	70	Pimpoes/Cimai	<b>7:29.17</b>	+1,16	325	4,00
	50m: 51.93 51.93	150m: 2:57.75 1:04.16	250m: 4:56.71 58.94	350m: 6:42.53 48.37	400m: 7:29.17 46.64		
	100m: 1:53.59 1:01.66	200m: 3:57.77 1:00.02	300m: 5:54.16 57.45				
DSQ	GOMES Jose Maria	72	Ginasio Clube				-
	<i>724 - Não tocou com as mãos na parede separadas ou simultaneamente na viragem aos 300 m - SW 7.6</i>						
DSQ	SANTANA Fernando Manuel	68	Colegio Monte Maior				-
	<i>608 - Não chegou na posição dorsal - SW 6.5</i>						

Event 8 Men, 400m Medley Master Esc F  
07-07-2017 - 22:05 Results

RN F(50-54)	5:36.42	CARVALHO Paulo Paula	SFUAP	Loulé	03-07-2015
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Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
1.	DUARTE Jose Samuel	65	Sporting	<b>5:42.08</b>	+0,79	798	9,00
	50m: 35.23 35.23	150m: 2:06.24 49.50	250m: 3:38.03 45.09	350m: 5:04.03 40.49	400m: 5:42.08 38.05		
	100m: 1:16.74 41.51	200m: 2:52.94 46.70	300m: 4:23.54 45.51				
2.	CORDEIRO Pedro Miguel	67	Alges	<b>6:39.27</b>	+1,12	502	7,00
	50m: 44.55 44.55	150m: 2:32.86 57.76	250m: 4:21.96 51.91	350m: 5:58.88 44.12	400m: 6:39.27 40.39		
	100m: 1:35.10 50.55	200m: 3:30.05 57.19	300m: 5:14.76 52.80				
3.	BASTO Gustavo Ferreira	67	Galitos/ Bresimar	<b>6:41.98</b>	+0,96	492	6,00
	50m: 39.75 39.75	150m: 2:26.92 57.17	250m: 4:17.95 54.94	350m: 6:00.58 46.66	400m: 6:41.98 41.40		
	100m: 1:29.75 50.00	200m: 3:23.01 56.09	300m: 5:13.92 55.97				
4.	IBANEZ ALMENDRO Carlos	67	Sevilla Master	<b>7:11.80</b>	+1,13	396	5,00
	50m: 50.90 50.90	150m: 2:43.51 54.51	250m: 4:36.71 58.84	350m: 6:23.31 47.59	400m: 7:11.80 48.49		
	100m: 1:49.00 58.10	200m: 3:37.87 54.36	300m: 5:35.72 59.01				
5.	SILVA Juan Luis	63	Masters de Almada	<b>7:22.95</b>	+1,39	367	4,00
	50m: 47.57 47.57	150m: 2:39.51 56.60	250m: 4:37.96 1:02.46	350m: 6:34.21 52.54	400m: 7:22.95 48.74		
	100m: 1:42.91 55.34	200m: 3:35.50 55.99	300m: 5:41.67 1:03.71				

Event 8 Men, 400m Medley Master Esc G  
07-07-2017 - 22:05 Results

RN G(55-59)	5:43.74	CARVALHO Paulo Paula	SFUAP	Loulé	08-07-2016
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Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
1.	CARVALHO Paulo Paula <i>Rec Nac Esc G</i>	61	Sporting	<b>5:41.52</b>	+0,87	924	9,00
	50m: 33.01 33.01	150m: 1:57.75 47.02	250m: 3:35.79 53.27	350m: 5:07.07 38.04	400m: 5:41.52 34.45		
	100m: 1:10.73 37.72	200m: 2:42.52 44.77	300m: 4:29.03 53.24				
2.	SEABRA Henrique Luis	61	Fluval Portuense	<b>7:47.65</b>	+1,17	360	7,00
	50m: 52.55 52.55	150m: 3:06.80 1:09.69	250m: 5:17.50 1:03.48	350m: 7:02.00 44.18	400m: 7:47.65 45.65		
	100m: 1:57.11 1:04.56	200m: 4:14.02 1:07.22	300m: 6:17.82 1:00.32				

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Event 8, Men, 400m Medley

Event 8 Men, 400m Medley Master Esc H  
07-07-2017 - 22:05 Results

RN H(60-64) 6:20.79 MAVIOSO Vitor Manuel SAD Loulé 08-07-2016

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
1.	MAVIOSO Vitor Manuel	56	Alges	<b>6:31.72</b>	+0,90	725	9,00
	50m: 37.19 37.19	150m: 2:18.32 57.67	250m: 4:08.87 58.18	350m: 5:50.22 43.11			
	100m: 1:20.65 43.46	200m: 3:10.69 52.37	300m: 5:07.11 58.24	400m: 6:31.72 41.50			
2.	BARROS Mario Jorge	56	Porto	<b>7:51.70</b>	+1,06	415	7,00
	50m: 52.03 52.03	150m: 2:56.43 1:04.96	250m: 5:04.66 1:04.92	350m: 7:02.56 55.16			
	100m: 1:51.47 59.44	200m: 3:59.74 1:03.31	300m: 6:07.40 1:02.74	400m: 7:51.70 49.14			
3.	BILRO Joaquim Mendes	53	Alges	<b>7:57.21</b>	+1,13	401	6,00
	50m: 47.90 47.90	150m: 2:52.74 1:04.20	250m: 5:10.10 1:05.93	350m: 7:08.14 51.58			
	100m: 1:48.54 1:00.64	200m: 4:04.17 1:11.43	300m: 6:16.56 1:06.46	400m: 7:57.21 49.07			

DSQ PEREIRA Rui Manuel 56 Funcao Publica -  
603 - Após viragem saiu em posição ventral aos 150 m - SW 6.2

Event 8 Men, 400m Medley Master Esc I  
07-07-2017 - 22:05 Results

RN I(65-69) 6:57.05 BASTO Antonio Bessone SAD Loulé 29-06-2013

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
1.	COELHO Domingos Pinto	52	Alges	<b>9:07.53</b>	+1,23	327	9,00
	50m: 1:01.84 1:01.84	150m: 3:24.13 1:12.30	250m: 5:56.38 1:16.80	350m: 8:10.25 59.55			
	100m: 2:11.83 1:09.99	200m: 4:39.58 1:15.45	300m: 7:10.70 1:14.32	400m: 9:07.53 57.28			

Event 8 Men, 400m Medley Master Esc J  
07-07-2017 - 22:05 Results

RN J(70-74) 6:59.74 BASTO Antonio Bessone SAD Loulé 08-07-2016

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
1.	BAIRRADA Orlando Gomes	45	Alges	<b>8:11.71</b>	+0,95	541	9,00
	50m: 52.66 52.66	150m: 2:59.09 1:07.78	250m: 5:12.74 1:10.16	350m: 7:18.97 54.79			
	100m: 1:51.31 58.65	200m: 4:02.58 1:03.49	300m: 6:24.18 1:11.44	400m: 8:11.71 52.74			
2.	GASPAR Alexandre Azevedo	45	Alges	<b>9:35.36</b>	+1,24	337	7,00
	50m: 1:10.45 1:10.45	150m: 3:42.18 1:19.63	250m: 6:10.89 1:11.08	350m: 8:32.12 1:10.21			
	100m: 2:22.55 1:12.10	200m: 4:59.81 1:17.63	300m: 7:21.91 1:11.02	400m: 9:35.36 1:03.24			