

XIX Campeonato Nacional Masters de Verão - OPEN
Famalicao, 7 - 9-7-2017

Event 21	Women, 50m Freestyle				25 - 94 years
08-07-2017 - 17:40					Startlist
RN A(25-29)	28.63	CARDOSO Elsa Manuela	AAC	Oeiras	03-07-2011
RN B(30-34)	27.86	SEVIERI Tatiana Gama	FCP	Loulé	09-07-2016
RN C(35-39)	28.71	GRILO Ana Paula	UDCA	Swansea (GBR)	05-03-2006
RN D(40-44)	30.34	BARBARA Carla Santa	FCP	Loulé	09-07-2016
RN E(45-49)	30.50	GAMONAL Elena Alarcon	CNFA	Moscovo (RUS)	01-06-2008
RN F(50-54)	31.66	GAMONAL Elena Alarcon	CNFA	Évora	05-07-2014
RN G(55-59)	32.17	GAMONAL Elena Alarcon	CNFA	Loulé	09-07-2016
RN H(60-64)	36.34	FERREIRA Ana Maria	SAD	Coimbra	21-01-2012
RN I(65-69)	37.44	FERREIRA Ana Maria	SAD	Loulé	09-07-2016
RN J(70-74)	46.28	GRACA Helena Prista	SAD	Loulé	09-07-2016
RN K(75-79)	53.74	RAIMUNDO Isabel Maria	SAD	Loulé	04-07-2015
RN L(80-84)	1:34.59	VIEIRA Maria Alice	CNMAIA	Porto	10-06-2017

Pista	Nome	YB	Clube	Tp inscrição	
Heat 1 of 18					
DNS	3 LEOTE Stela Maria	45	CNATRIL	1:30.00	_:._.
	4 SILVA Teresa Fatima	77	CNATRIL	1:15.00	_:._.
	5 AZINHEIRA Maria Augusta	38	Funcao Publica	1:19.29	_:._.
	6 VIEIRA Maria Alice	37	Natacao da Maia	1:34.59	_:._.

Heat 2 of 18					
	1 SIMOES Catarina Soares	80	CNATRIL	1:09.57	_:._.
	2 MOREIRA Ana Vieira	57	Penafiel	1:07.44	_:._.
	3 COELHO Nelly Navega	69	Apuve	1:03.70	_:._.
	4 CARDANHO Maria Gabriela	62	Ginasio Figueirense	57.79	_:._.
	5 SILVA Marilia Laura	52	Fluvial Portuense	1:00.78	_:._.
	6 FERREIRA Maria Conceicao	62	Alcobaca	1:04.25	_:._.
	7 ROCHA Maria Carmo	54	Leixoes	1:08.16	_:._.
	8 FONSECA Ana Mafalda	74	Gafanha da Encarnacao	1:11.61	_:._.

Heat 3 of 18					
	1 CARDOSO Alexandra Cristina	71	Natacao da Maia	57.01	_:._.
	2 LACERDA Maria Virginia	51	Porto	55.00	_:._.
	3 DUPONT Ana Paula	58	Fluvial Portuense	54.00	_:._.
	4 MARTINS Delfina Maria	66	Ginasio Santo Tirso	53.74	_:._.
	5 RAIMUNDO Isabel Maria	40	Alges	53.74	_:._.
	6 ALMEIDA Paula Margarida	63	Ginasio Figueirense	54.84	_:._.
	7 COSTA Rosa Leitao	65	Foca	56.07	_:._.
	8 MACHADO Gracinda Maria	61	Ginasio Santo Tirso	57.38	_:._.

Event 21, Women, 50m Freestyle

Heat 4 of 18

1 FERREIRA Maria Felix	54	Alges	53.04	___:___:___
2 CRUZ Maria Josefina	55	Ginasio Clube	52.56	___:___:___
3 OLIVEIRA Maria Conceicao	67	Feirense	50.92	___:___:___
4 AMARAL Ana Margarida	62	Alges	49.56	___:___:___
5 CARVALHO Paula Cristina	75	Vilacondense	49.70	___:___:___
6 GUIMARAES Ana Machado	77	Luz e Vida	52.06	___:___:___
7 ALMEIDA Lucia Lima	64	Gafanha da Encarnacao	52.56	___:___:___
8 PINHO Iolanda Cristina	68	Feirense	53.25	___:___:___

Heat 5 of 18

1 BAPTISTA Anabela Oliveira	70	Salesianos	48.84	___:___:___
2 DOMINGOS Liliana Raquel	90	Pimpoes/Cimai	47.82	___:___:___
3 ANTUNES Ana Sofia	82	Pimpoes/Cimai	47.58	___:___:___
4 TEIXEIRA Maria Fatima	73	Gafanha da Encarnacao	46.29	___:___:___
5 ALVES Diana Filipa	90	Gesloures	47.35	___:___:___
6 MERCES Maria Joao	72	Pimpoes/Cimai	47.61	___:___:___
7 FREITAS Ana Rita	86	Alcobaca	48.16	___:___:___
8 LEMOS Caxemira Kekhasharu	68	Vilacondense	49.41	___:___:___

Heat 6 of 18

1 GRACA Helena Prista	46	Alges	46.08	___:___:___
2 FERREIRA Maria Manuela	70	Leixoes	45.56	___:___:___
3 VALDREZ Maria Lurdes	74	Desportiva de Viana	44.82	___:___:___
4 AMARAL Paula Almeida	71	Natacao da Maia	44.12	___:___:___
5 MAFFEI Luciana Parisotto	70	Portinado	44.45	___:___:___
6 CUNHA Maria Almeida	60	Leixoes	45.17	___:___:___
7 MALHEIROS Carmen Silvia	81	Litoral Alentejano	45.57	___:___:___
8 SILVA Marina Monica	67	Portinado	46.28	___:___:___

Heat 7 of 18

1 FERREIRA Maria Conceicao	64	Colegio SMLamas	43.33	___:___:___
2 MONTEIRO Isabel Costa	53	Academica de Coimbra	43.26	___:___:___
3 RIBEIRO Maria Sofia	71	Ginasio Clube	42.97	___:___:___
4 PEREIRA Andrea Helena	77	Desportiva de Viana	42.56	___:___:___
5 AMORIM Maria Laura	67	Sporting de Aveiro	42.73	___:___:___
6 REIS Filipa Isabel	87	Leixoes	43.25	___:___:___
7 MASSAGUE Adriana Reguera	75	Fluvial Portuense	43.29	___:___:___
8 MOURA Cristina Isabel	63	Leixoes	43.64	___:___:___

Event 21, Women, 50m Freestyle

Heat 8 of 18

1	COUTINHO Sofia Nunes	87	Vilacondense	42.45	___:___:___
2	MACHADO Maria Margarida	81	Apuve	41.79	___:___:___
3	GARCIA Ana Paula	80	Funcao Publica	41.27	___:___:___
4	OLIVEIRA Maria Teresa	57	Academica de Coimbra	40.81	___:___:___
5	PATO Ana Henriques	83	Masters de Almada	41.05	___:___:___
6	MOURA Carla Maria	69	Luz e Vida	41.69	___:___:___
7	FRIAES Maria Manuel	65	Porto	42.44	___:___:___
8	PINTAO Luisa Maria	54	Nadadores dos Estoris	42.52	___:___:___

Heat 9 of 18

1	SANTOS Nadia Filipa	90	Alcobaca	40.64	___:___:___
2	GAMEIRO Sara Costa	88	CNATRIL	40.20	___:___:___
3	MILHAZES Ana Catarina	85	Leixoes	39.95	___:___:___
4	CANINAS Maria Madalena	63	Masters de Almada	39.47	___:___:___
5	CUNHA Maria Paula	59	Leixoes	39.91	___:___:___
DNS	6 MIRANDA Laura Manuela	67	Alges	40.04	___:___:___
	7 MENDES Ana Rita	90	Fluvial Portuense	40.56	___:___:___
DNS	8 SOUSA Silvia Caetano	84	Porto	40.70	___:___:___

Heat 10 of 18

1	PEIXE Carla Filomena	63	Masters de Almada	38.82	___:___:___
2	ROCHA Maria Joao	80	Gesloures	38.39	___:___:___
3	DIOGO Helena Sofia	73	Millennium BCP	37.80	___:___:___
4	BLANCO Catarina Araujo	71	Fluvial Portuense	37.51	___:___:___
5	RODRIGUES Anabela Fernandes	72	Fafe	37.57	___:___:___
6	ALVES Filipa Ramalho	91	Gesloures	37.88	___:___:___
7	REIS Claudia Pereira	68	Ginasio Figueirense	38.64	___:___:___
8	COSTA Clotilde Eunice	80	Foca	39.09	___:___:___

Heat 11 of 18

1	MARCH Berta Gonzalez	87	Nacional de Natacao	37.28	___:___:___
2	SILVA Maria Ines	90	Penafiel	36.97	___:___:___
3	BABO Rosalina Bessa	67	Porto	36.86	___:___:___
4	MIGUEIS Maria Candida	65	Academica de Coimbra	36.80	___:___:___
5	LENZI Carla Vale	67	Alges	36.86	___:___:___
6	MATOS Carolina Ferreira	91	Gafanha da Encarnacao	36.95	___:___:___
7	MAMEDE Mariana Dias	89	Penafiel	37.12	___:___:___
8	MENDES Marina Isabel	68	Masters de Almada	37.32	___:___:___

Event 21, Women, 50m Freestyle

Heat 12 of 18

1 MENDES Maria Regina	65	Fluvial Portuense	36.50	___:___:___
2 FERNANDES Filipa Cristina	76	Gesloures	36.24	___:___:___
3 GUEDES Ana DAlte	80	Leixoes	35.82	___:___:___
4 ANDRADE Helena Sofia	82	Galitos/ Bresimar	35.59	___:___:___
5 GRACA Patricia Prista	71	Alges	35.60	___:___:___
6 TRINDADE Susana Matias	74	Portinado	36.12	___:___:___
7 RUSSO Catarina Torres	84	Galitos/ Bresimar	36.42	___:___:___
8 ESTEVES Ines Isabel	91	Penafiel	36.56	___:___:___

Heat 13 of 18

1 COSTA Lilia Dulce	81	Foca	35.53	___:___:___
2 GASPAS Joana Margarida	83	Nadadores dos Estoris	35.21	___:___:___
3 MOUTELA Ana Sofia	77	Galitos/ Bresimar	34.55	___:___:___
4 RIBEIRO Patricia Marisa	91	Apuve	33.89	___:___:___
5 ANDRADE Maria Teresa	63	Porto	34.16	___:___:___
6 AZARNIOUN Sahar	90	Colegio Monte Maior	34.55	___:___:___
7 CUNHA Eugenia Maria	62	Academica de Coimbra	35.28	___:___:___
8 GUIMARAES Rita Cabral	64	Fluvial Portuense	35.58	___:___:___

Heat 14 of 18

1 PASSOS Sara Cruz	82	Gesloures	33.71	___:___:___
2 SILVA Claudia Maria	70	Palmela	33.36	___:___:___
3 GONCALVES Maria Fernanda	66	Porto	33.11	___:___:___
4 NEVES Catarina Isabel	85	Nautico /Urgicentro-Sanfil	32.96	___:___:___
5 SANTOS Carla Sofia	89	Porto	33.05	___:___:___
6 MIRANDA Ana Filipa	85	Galitos/ Bresimar	33.21	___:___:___
7 FIALHO Vanessa Sofia	88	Pimpoes/Cimai	33.66	___:___:___
8 RODRIGUES Ana Lanca	73	Gesloures	33.88	___:___:___

Heat 15 of 18

1 SOUSA Ana Oliveira	85	Academica de Coimbra	32.70	___:___:___
2 ROCHA Ana Margarida	86	Galitos/ Bresimar	32.57	___:___:___
3 ROTHES Ines Maria	73	Fluvial Portuense	32.41	___:___:___
4 DOMINGUES Claudia Baptista	77	Sporting de Aveiro	32.34	___:___:___
5 MONTEIRO Maria Joao	89	Salesianos	32.34	___:___:___
6 LOPES Mariana Vieira	89	Fluvial Portuense	32.50	___:___:___
7 BRINCA Carolina Figueiredo	81	Nautico /Urgicentro-Sanfil	32.57	___:___:___
8 VIEIRA Ana Catarina	87		32.96	___:___:___

Event 21, Women, 50m Freestyle

Heat 16 of 18

1	FERREIRA Filipa Margarida	69	Fluvial Portuense	32.02	___:___:___
2	SILVA Ivone Dorinda	75	Viana Natacao	31.96	___:___:___
3	COSTA Ana Filipe	83	Porto	31.85	___:___:___
4	OLIVEIRA Joana Catarina	88	Viana Natacao	31.80	___:___:___
5	DECOCQ Sandra	72	Salesianos	31.80	___:___:___
6	CUNHA Maria Ines	72	Galitos/ Bresimar	31.87	___:___:___
7	MARQUES Joana Pedrosa	91	Masters de Almada	31.99	___:___:___
8	BARBARA Joana Pereira	87	Masters de Almada	32.25	___:___:___

Heat 17 of 18

	1	JOSE Maria Joao	90	Ginasio Santo Tirso	31.70	___:___:___
	2	SOUSA Natacha Alexandra	72	Fluvial Portuense	31.59	___:___:___
	3	ALVES Joana Isabel	88	Porto	31.40	___:___:___
	4	REINA Rita Miguel	72	Colegio Monte Maior	30.94	___:___:___
	5	JOSE Helena Manuel	90	Ginasio Santo Tirso	31.31	___:___:___
DNS	6	CUNHA Joana Isabel	80	Galitos/ Bresimar	31.51	___:___:___
	7	SOUSA Keissy Joselin	85	Porto	31.64	___:___:___
	8	TEIXEIRA Rute Sofia	90	Ginasio Santo Tirso	31.78	___:___:___

Heat 18 of 18

	1	MARQUES Carla Sofia	78	Academica de Coimbra	30.85	___:___:___
	2	BARBARA Carla Santa	75	Porto	30.34	___:___:___
	3	CRUZ Filipa Silva	92	Laranjeiro	29.27	___:___:___
	4	OLIVEIRA Sara Freitas	85	Porto	28.01	___:___:___
	5	FERREIRA Ana Ribeiro	92	Porto	28.56	___:___:___
	6	PALHA Marcia Filipa	88	Braga	29.67	___:___:___
	7	REZENDE Monica Anjos	69	Condeixa Clube	30.79	___:___:___
	8	LIMOUZIN Sandra	72	Salesianos	30.90	___:___:___