

XIX Campeonato Nacional Masters de Verão - OPEN
Famalicao, 7 - 9-7-2017

Event 28	Women, 400m Freestyle				25 - 94 years
09-07-2017 - 9:55					Startlist
RN A(25-29)	4:57.88	SILVA Carolina Santos	CNMAIA	Eindhoven (NED)	02-09-2013
RN B(30-34)	4:39.43	GRILO Ana Paula	INATEL	Riccione (ITA)	20-06-2003
RN C(35-39)	4:35.74	GRILO Ana Paula	UDCA	Stanford (USA)	10-08-2006
RN D(40-44)	5:08.12	BARBARA Carla Santa	FCP	Loulé	10-07-2016
RN E(45-49)	5:24.65	PEREIRA Patricia Diogenes	SAD	Coimbra	17-01-2016
RN F(50-54)	5:43.18	KRAEVA Elena Nikolaevna	ADRCIMM	Reguengos de Monsaraz	01-07-2012
RN G(55-59)	5:48.63	KRAEVA Elena Nikolaevna	ADRCIMM	Loulé	10-07-2016
RN H(60-64)	6:14.83	FERREIRA Ana Maria	SAD	Riccione (ITA)	16-06-2012
RN I(65-69)	6:29.47	FERREIRA Ana Maria	SAD	London (GBR)	28-05-2016
RN J(70-74)	8:23.00	BASTO Luisa Bessone	SAD	Loulé	10-07-2016
RN K(75-79)	59:00.00				
RN L(80-84)	59:00.00				

Pista	Nome	YB	Clube	Tp inscrição	
Heat 1 of 8					
3	LIMA Maria Joao	65	Natacao da Maia	NT	_:._.
4	BASTO Luisa Bessone	44	Alges	8:23.00	_:._.
5	SILVA Marilia Laura	52	Fluvial Portuense	9:55.55	_:._.
Heat 2 of 8					
2	RIBEIRO Violante Isabel	67	Alges	7:50.00	_:._.
3	NETO Maria Manuela	62	Natacao da Maia	7:48.68	_:._.
4	MALHEIROS Carmen Silvia	81	Litoral Alentejano	7:36.58	_:._.
5	BARBARA Ana Bernardo	70	Portinado	7:46.72	_:._.
6	RELVAS Ana Moura	56	Academica de Coimbra	7:48.70	_:._.
7	UHLFELDER Ana Sofia	83	Fluvial Portuense	7:54.84	_:._.
Heat 3 of 8					
1	PINTAO Luisa Maria	54	Nadadores dos Estoris	7:27.11	_:._.
2	SEQUEIRA Carla Sofia	75	Colegio Monte Maior	7:24.10	_:._.
3	SANTINHA Fernanda Maria	72	Masters de Almada	7:15.25	_:._.
4	FERNANDES Maria Santos	62	Leixoes	7:09.81	_:._.
5	AGANTE Luisa Lopes	71	Leixoes	7:13.01	_:._.
6	MASSAGUE Adriana Reguera	75	Fluvial Portuense	7:23.10	_:._.
7	MARTINS Ana Maria	79	Sporting de Aveiro	7:24.76	_:._.
8	VILARINHO Graca Maria	65	Gafanha da Encarnacao	7:33.88	_:._.
Heat 4 of 8					
1	TABORDA Maria Joao	67	Porto	7:09.35	_:._.
2	FERNANDES Ana Luisa	77	Leixoes	7:00.00	_:._.
3	FERREIRA Maria Manuela	70	Leixoes	6:56.93	_:._.
4	URBANO Maria Margarida	63	Academica de Coimbra	6:50.38	_:._.
5	WISEU Maria Adriana	66	Leixoes	6:54.82	_:._.
6	FERREIRA Marta Martins	79	Funcao Publica	6:57.90	_:._.
7	HEWETT Maria Silvia	70	Fluvial Portuense	7:01.00	_:._.
8	CANORA MARIN Maria Azucena	60	C.N. Aranjuez	7:09.35	_:._.

Event 28, Women, 400m Freestyle

Heat 5 of 8

1	MARCH Berta Gonzalez	87	Nacional de Natacao	6:32.91	___:___:___
2	FERREIRA Ana Maria	50	Alges	6:29.47	___:___:___
DNS	3 MIRANDA Laura Manuela	67	Alges	6:27.32	___:___:___
4	GUIMARAES Rita Cabral	64	Fluvial Portuense	6:16.77	___:___:___
5	FONSECA Maria Ana	82	Fluvial Portuense	6:23.94	___:___:___
6	DIOGO Helena Sofia	73	Millennium BCP	6:27.34	___:___:___
7	SEQUEIRA Ana Paula	68	Gafanha da Encarnacao	6:32.39	___:___:___
8	BARBOSA Ana Raquel	88	Gesloures	6:39.59	___:___:___

Heat 6 of 8

1	BLANCO Catarina Araujo	71	Fluvial Portuense	6:14.15	___:___:___
2	RIBEIRO Patricia Marisa	91	Apuve	6:02.57	___:___:___
3	PEREIRA Solange Ramalho	90		5:58.52	___:___:___
4	MENDES Ana Rita	91	Gesloures	5:52.15	___:___:___
5	GUEDES Ana DAlte	80	Leixoes	5:56.52	___:___:___
6	PINTO Rita Loureiro	85	Ginasio Clube	5:59.86	___:___:___
7	MENDES Ana Rita	90	Fluvial Portuense	6:13.99	___:___:___
8	BARBARA Sandra Santa	75	Ginasio Santo Tirso	6:15.57	___:___:___

Heat 7 of 8

1	RODRIGUES Sara Daniela	87	Galitos/ Bresimar	5:42.86	___:___:___
2	BRANDAO Maria Teresa	69	Fluvial Portuense	5:32.72	___:___:___
3	MARQUES Carla Sofia	78	Academica de Coimbra	5:30.00	___:___:___
4	SANTOS Miriam Rodrigues	91	Masters de Almada	5:21.73	___:___:___
5	ALVES Joana Isabel	88	Porto	5:26.49	___:___:___
6	GOMES Rita Mendonca	73	Alges	5:31.68	___:___:___
7	SILVA Raquel Alexandra	91	Leixoes	5:32.96	___:___:___
8	COSTA Ana Filipe	83	Porto	5:45.46	___:___:___

Heat 8 of 8

1	OLIVEIRA Ana Mafalda	81	Natacao da Maia	5:15.91	___:___:___
2	MOURA Catia Vanessa	90	Individual ANMIN	5:11.18	___:___:___
3	BARBARA Carla Santa	75	Porto	5:08.12	___:___:___
4	FERREIRA Ana Ribeiro	92	Porto	4:50.00	___:___:___
5	SILVA Carolina Santos	86		4:59.30	___:___:___
6	SOUSA Keissy Joselin	85	Porto	5:10.86	___:___:___
7	CARVALHO Lia Correia	90	Nacional de Natacao	5:15.00	___:___:___
8	ROTHES Ines Maria	73	Fluvial Portuense	5:19.86	___:___:___