

XIX Campeonato Nacional Masters de Verão - OPEN
Famalicao, 7 - 9-7-2017

Event 37 Women, 100m Freestyle 25 - 94 years
09-07-2017 - 16:30 Startlist

RN A(25-29)	1:02.87	CARDOSO Elsa Manuela	AAC	Oeiras	02-07-2011
RN B(30-34)	1:00.05	GRILO Ana Paula	UDCA	Millau (FRA)	29-08-2003
RN C(35-39)	1:01.66	GRILO Ana Paula	UDCA	Riccione (ITA)	04-06-2004
RN D(40-44)	1:05.08	BARBARA Carla Santa	FCP	Loulé	10-07-2016
RN E(45-49)	1:07.65	GAMONAL Elena Alarcon	CNFA	Moscovo (RUS)	31-05-2008
RN F(50-54)	1:08.42	GAMONAL Elena Alarcon	CNFA	Oeiras	02-07-2011
RN G(55-59)	1:13.02	GAMONAL Elena Alarcon	CNFA	Loulé	10-07-2016
RN H(60-64)	1:21.86	FERREIRA Ana Maria	SAD	Loulé	29-06-2013
RN I(65-69)	1:27.23	FERREIRA Ana Maria	SAD	Loulé	10-07-2016
RN J(70-74)	1:41.01	BASTO Luisa Bessone	SAD	Setúbal	25-06-2017
RN K(75-79)	2:03.79	RAIMUNDO Isabel Maria	SAD	Loulé	05-07-2015
RN L(80-84)	3:39.97	VIEIRA Maria Alice	CNMAIA	Porto	10-06-2017

Pista	Nome	YB	Clube	Tp inscrição	
Heat 1 of 15					
2	LIMA Maria Joao	65	Natacao da Maia	NT	___:___:___
3	NETO Sandra Marina	70	Gafanha da Encarnacao	NT	___:___:___
4	DIAS Maria Gloria	64	Penafiel	2:55.36	___:___:___
5	VIEIRA Maria Alice	37	Natacao da Maia	3:39.97	___:___:___
6	RODRIGUES Anabela Fernandes	72	Fafe	NT	___:___:___
7	FONSECA Ana Mafalda	74	Gafanha da Encarnacao	NT	___:___:___

Heat 2 of 15					
1	ROCHA Maria Carmo	54	Leixoes	2:41.22	___:___:___
2	SILVA Marilia Laura	52	Fluvial Portuense	2:22.29	___:___:___
3	ALMEIDA Lucia Lima	64	Gafanha da Encarnacao	2:18.45	___:___:___
4	ALMEIDA Paula Margarida	63	Ginasio Figueirense	2:11.06	___:___:___
5	CARDANHO Maria Gabriela	62	Ginasio Figueirense	2:16.64	___:___:___
6	GUIMARAES Isabel Maria	66	Feirense	2:20.00	___:___:___
7	MOREIRA Ana Vieira	57	Penafiel	2:30.35	___:___:___
8	SILVA Teresa Fatima	77	CNATRIL	2:50.00	___:___:___

Heat 3 of 15					
1	COSTA Rosa Leitao	65	Foca	2:06.99	___:___:___
2	MARTINS Delfina Maria	66	Ginasio Santo Tirso	2:04.87	___:___:___
3	MILHAZES Ana Catarina	85	Leixoes	1:57.46	___:___:___
4	GRACA Helena Prista	46	Alges	1:53.45	___:___:___
5	RIBEIRO Margarida Maria	64	Fluvial Portuense	1:56.27	___:___:___
6	RIBEIRO Violante Isabel	67	Alges	1:57.95	___:___:___
7	MACHADO Gracinda Maria	61	Ginasio Santo Tirso	2:06.17	___:___:___
8	CRUZ Maria Josefina	55	Ginasio Clube	2:07.26	___:___:___

Event 37, Women, 100m Freestyle

Heat 4 of 15

1	PINHO Iolanda Cristina	68	Feirense	1:51.54	___:___:___
2	DOMINGOS Liliana Raquel	90	Pimpoes/Cimai	1:48.83	___:___:___
3	VALDREZ Maria Lurdes	74	Desportiva de Viana	1:47.76	___:___:___
4	ALMEIDA Ana Paula	58	Fluvial Portuense	1:46.75	___:___:___
5	LEMONS Caxemira Kekhasharu	68	Vilacondense	1:47.05	___:___:___
6	OLIVEIRA Maria Conceicao	67	Feirense	1:48.55	___:___:___
7	CARDOSO Helena Maria	66	Fluvial Portuense	1:50.00	___:___:___
8	FREITAS Ana Rita	86	Alcobaca	1:51.72	___:___:___

Heat 5 of 15

1	NETO Maria Manuela	62	Natacao da Maia	1:44.32	___:___:___
2	TEIXEIRA Maria Fatima	73	Gafanha da Encarnacao	1:43.97	___:___:___
3	MERCES Maria Joao	72	Pimpoes/Cimai	1:42.89	___:___:___
4	RIBEIRO Maria Sofia	71	Ginasio Clube	1:42.05	___:___:___
5	SEQUEIRA Carla Sofia	75	Colegio Monte Maior	1:42.62	___:___:___
6	VASCONCELOS Maria Goncalves	64	Masters de Almada	1:43.13	___:___:___
7	REIS Filipa Isabel	87	Leixoes	1:44.03	___:___:___
8	LIMA Diana Lara	86	Desportiva de Viana	1:45.35	___:___:___

Heat 6 of 15

1	MALHEIROS Carmen Silvia	81	Litoral Alentejano	1:40.11	___:___:___
2	MOURA Cristina Isabel	63	Leixoes	1:38.84	___:___:___
3	PINTAO Luisa Maria	54	Nadadores dos Estoris	1:38.11	___:___:___
4	MASSAGUE Adriana Reguera	75	Fluvial Portuense	1:36.36	___:___:___
5	PATO Claudia Marisa	87	Vilacondense	1:36.62	___:___:___
6	SANTOS Nadia Filipa	90	Alcobaca	1:38.30	___:___:___
7	BARBARA Ana Bernardo	70	Portinado	1:39.35	___:___:___
8	MONTEIRO Isabel Costa	53	Academica de Coimbra	1:41.83	___:___:___

Heat 7 of 15

1	MARTINS Ana Maria	79	Sporting de Aveiro	1:35.03	___:___:___
2	FERREIRA Maria Manuela	70	Leixoes	1:33.30	___:___:___
3	GAMEIRO Sara Costa	88	CNATRIL	1:31.74	___:___:___
4	CANORA MARIN Maria Azucena	60	C.N. Aranjuez	1:30.34	___:___:___
5	VILARINHO Graca Maria	65	Gafanha da Encarnacao	1:31.58	___:___:___
6	SANTOS Patricia Alexandra	78	Geslours	1:32.05	___:___:___
7	CUNHA Maria Paula	59	Leixoes	1:34.09	___:___:___
8	SILVA Ana Rosa	80	Foca	1:35.57	___:___:___

Event 37, Women, 100m Freestyle

Heat 8 of 15

1	SOUSA Silvia Caetano	84	Porto	1:29.72	___:___:___
2	BARROS Ana Xavier	74	Natacao de Lisboa	1:29.06	___:___:___
DNS 3	MIRANDA Laura Manuela	67	Alges	1:28.47	___:___:___
4	BARBOSA Ana Raquel	88	Geslours	1:28.08	___:___:___
5	PATO Ana Henriques	83	Masters de Almada	1:28.47	___:___:___
6	CANINAS Maria Madalena	63	Masters de Almada	1:28.68	___:___:___
7	FERREIRA Marta Martins	79	Funcao Publica	1:29.50	___:___:___
8	MACHADO Maria Margarida	81	Apuve	1:30.34	___:___:___

Heat 9 of 15

1	COSTA Clotilde Eunice	80	Foca	1:27.29	___:___:___
2	RUSSO Catarina Torres	84	Galitos/ Bresimar	1:25.60	___:___:___
3	SILVA Joana Filipa	91	Leixoes	1:25.00	___:___:___
4	URBANO Maria Margarida	63	Academica de Coimbra	1:24.30	___:___:___
5	LOURENCO Teresa Margarida	69	Natacao de Valongo	1:24.52	___:___:___
6	LENZI Carla Vale	67	Alges	1:25.46	___:___:___
7	REIS Claudia Pereira	68	Ginasio Figueirense	1:25.79	___:___:___
8	ALVES Filipa Ramalho	91	Geslours	1:27.66	___:___:___

Heat 10 of 15

1	FERREIRA Catarina Goncalves	92	Braga	1:22.43	___:___:___
2	COSTA Lilia Dulce	81	Foca	1:20.56	___:___:___
3	CUNHA Maria Ines	72	Galitos/ Bresimar	1:20.35	___:___:___
4	GUIMARAES Rita Cabral	64	Fluvial Portuense	1:19.71	___:___:___
5	GUEDES Ana DAlte	80	Leixoes	1:19.72	___:___:___
6	PASSOS Sara Cruz	82	Geslours	1:20.52	___:___:___
7	MENDES Maria Regina	65	Fluvial Portuense	1:22.15	___:___:___
8	BLANCO Catarina Araujo	71	Fluvial Portuense	1:23.56	___:___:___

Heat 11 of 15

1	ANDRADE Maria Teresa	63	Porto	1:19.51	___:___:___
2	LIRIO Ana Raquel	90	Ginasio Santo Tirso	1:17.52	___:___:___
3	GRACA Patricia Prista	71	Alges	1:15.87	___:___:___
4	FOUGO Rita Claudia	88	Natacao da Maia	1:15.50	___:___:___
5	ESTEVEES Ines Isabel	91	Penafiel	1:15.50	___:___:___
6	MARTINS Joana Catarina	92		1:16.00	___:___:___
7	GASPAR Joana Margarida	83	Nadadores dos Estoris	1:19.48	___:___:___
8	ANDRADE Helena Sofia	82	Galitos/ Bresimar	1:19.58	___:___:___

Event 37, Women, 100m Freestyle

Heat 12 of 15

1	VIEIRA Ana Catarina	87		1:15.30	___:___:___
2	GONCALVES Maria Fernanda	66	Porto	1:14.89	___:___:___
3	DOURADO Anita Azevedo	92	Vilacondense	1:14.55	___:___:___
4	DOMINGUES Claudia Baptista	77	Sporting de Aveiro	1:13.76	___:___:___
5	SILVA Ivone Dorinda	75	Viana Natacao	1:13.94	___:___:___
6	MENDES Ana Rita	91	Gesloures	1:14.62	___:___:___
7	RIBEIRO Patricia Marisa	91	Apuve	1:15.27	___:___:___
8	SILVA Claudia Maria	70	Palmela	1:15.44	___:___:___

Heat 13 of 15

	1	KRAMER Stephanie Eleanor	87	Natacao de Lisboa	1:13.42	___:___:___
	2	NEVES Catarina Isabel	85	Nautico /Urgicentro-Sanfil	1:13.09	___:___:___
	3	REINA Rita Miguel	72	Colegio Monte Maior	1:12.21	___:___:___
	4	BARBARA Joana Pereira	87	Masters de Almada	1:11.10	___:___:___
	5	FERREIRA Ana Claudia	90	Alcobaca	1:11.18	___:___:___
DNS	6	COSTA Ana Filipe	83	Porto	1:12.63	___:___:___
	7	BRINCA Carolina Figueiredo	81	Nautico /Urgicentro-Sanfil	1:13.38	___:___:___
	8	MONTEIRO Maria Joao	89	Salesianos	1:13.46	___:___:___

Heat 14 of 15

	1	ALVES Joana Isabel	88	Porto	1:10.92	___:___:___
	2	RATOLA Margarida Raquel	83	Galitos/ Bresimar	1:09.83	___:___:___
	3	MIRANDA Ana Filipa	85	Galitos/ Bresimar	1:09.40	___:___:___
	4	FERREIRA Isabel Baptista	67	Colegio Monte Maior	1:09.02	___:___:___
	5	SANTOS Carla Sofia	89	Porto	1:09.10	___:___:___
	6	ROTHES Ines Maria	73	Fluvial Portuense	1:09.57	___:___:___
	7	LIMOUZIN Sandra	72	Salesianos	1:10.12	___:___:___
	8	ROCHA Ana Margarida	86	Galitos/ Bresimar	1:11.01	___:___:___

Heat 15 of 15

	1	GOMES Rita Mendonca	73	Alges	1:08.63	___:___:___
	2	CASTRO Ana Lucia	92	Natacao de Lisboa	1:08.05	___:___:___
	3	BARBARA Carla Santa	75	Porto	1:05.08	___:___:___
	4	FERREIRA Ana Ribeiro	92	Porto	1:00.51	___:___:___
	5	CRUZ Filipa Silva	92	Laranjeiro	1:04.34	___:___:___
	6	MARQUES Carla Sofia	78	Academica de Coimbra	1:06.00	___:___:___
	7	SOUSA Natacha Alexandra	72	Fluvial Portuense	1:08.15	___:___:___
	8	REZENDE Monica Anjos	69	Condeixa Clube	1:08.89	___:___:___