

XIX Campeonato Nacional Masters de Verão - OPEN
Famalicao, 7 - 9-7-2017

Event 8	Men, 400m Medley				Open Startlist
07-07-2017 - 22:05					
RN A(25-29)	4:47.39	GONCALVES Andre Bras	CFB	Loulé	03-07-2015
RN B(30-34)	5:12.10	NIZ Adriano Miguel	GDNVNF	Loulé	08-07-2016
RN C(35-39)	5:17.22	NUNES Rodolfo Pereira	GESP	Riccione (ITA)	12-06-2012
RN D(40-44)	5:16.30	NUNES Rodolfo Pereira	GESP	Montréal (CAN)	05-08-2014
RN E(45-49)	5:28.81	FREITAS Jose Carlos	CFP	Oeiras	02-07-2011
RN F(50-54)	5:36.42	CARVALHO Paulo Paula	SFUAP	Loulé	03-07-2015
RN G(55-59)	5:43.74	CARVALHO Paulo Paula	SFUAP	Loulé	08-07-2016
RN H(60-64)	6:20.79	MAVIOSE Vitor Manuel	SAD	Loulé	08-07-2016
RN I(65-69)	6:57.05	BASTO Antonio Bessone	SAD	Loulé	29-06-2013
RN J(70-74)	6:59.74	BASTO Antonio Bessone	SAD	Loulé	08-07-2016
RN K(75-79)	10:04.38	TEIXEIRA Joao Rodrigues	AAC	Loulé	29-06-2013
RN L(80-84)	59:00.00				

Pista	Nome	YB	Clube	Tp inscrição	
Heat 1 of 7					
3	MENESES Goncalo Goncalves	92	Braga	NT	___:___:___
4	PEREIRA Norberto Matos	75	Vitoria Guimaraes	8:50.03	___:___:___
5	GASPAR Alexandre Azevedo	45	Alges	8:58.58	___:___:___
Heat 2 of 7					
1	SANTANA Fernando Manuel	68	Colegio Monte Maior	8:32.92	___:___:___
2	PEREIRA Rui Manuel	56	Funcao Publica	8:00.00	___:___:___
3	SEABRA Henrique Luis	61	Fluvial Portuense	7:48.91	___:___:___
DNS 4	PEREIRA Alexandre Marques	76	Colegio Monte Maior	7:44.12	___:___:___
5	BILRO Joaquim Mendes	53	Alges	7:45.00	___:___:___
6	BAIRRADA Orlando Gomes	45	Alges	7:55.34	___:___:___
7	FERRAZ Francisco Antonio	70	Pimpoes/Cimai	8:03.48	___:___:___
8	COELHO Domingos Pinto	52	Alges	8:43.38	___:___:___
Heat 3 of 7					
1	OLIVEIRA Sergio Frederico	74	Ginasio Clube	7:30.12	___:___:___
2	IBANEZ ALMENDRO Carlos	67	Sevilla Master	7:20.47	___:___:___
3	GOMES Pedro Emanuel	88	Natacao de Valongo	7:10.00	___:___:___
4	SILVA Juan Luis	63	Masters de Almada	7:03.58	___:___:___
5	FERNANDES Ricardo Jorge	72	Natacao de Valongo	7:09.71	___:___:___
6	COSTA Antonio Goarmon	75	Nacional de Natacao	7:15.00	___:___:___
7	GOMES Jose Maria	72	Ginasio Clube	7:30.02	___:___:___
8	BARROS Mario Jorge	56	Porto	7:39.02	___:___:___

Event 8, Men, 400m Medley

Heat 4 of 7

1	CORDEIRO Pedro Miguel	67	Alges	6:45.00	___:___:___
2	BASTO Gustavo Ferreira	67	Galitos/ Bresimar	6:41.08	___:___:___
3	RIBEIRO Celso Fernando	69	Porto	6:30.00	___:___:___
4	PIRES Filipe Pinheiro	73	Foca	6:13.32	___:___:___
5	MAVIOSO Vitor Manuel	56	Alges	6:20.79	___:___:___
6	MALTA Joao Carlos	82	Salesianos	6:34.47	___:___:___
7	PINTO Rui Manuel	79	Fluvial Portuense	6:43.12	___:___:___
8	SILVA Pedro Nuno	73	Academica de Coimbra	6:48.39	___:___:___

Heat 5 of 7

1	CARVALHO Joao Carlos	90	Desportiva BJWHF	6:03.52	___:___:___
2	GONCALVES Carlos Guimaraes	70	Fluvial Portuense	6:02.46	___:___:___
3	NETO Angelo Miguel	82	Fluvial Portuense	5:59.52	___:___:___
4	MARTINS Rui Carvalho	84	CLAC-Entroncamento	5:50.90	___:___:___
5	HENRIQUES Diogo Gil	88	Alges	5:58.87	___:___:___
6	MADUREIRA Fabio Andre	90	Penafiel	6:00.23	___:___:___
7	SILVA Jorge Miguel	76	Salesianos	6:02.91	___:___:___
8	PIRES Miguel Pinheiro	78	Foca	6:07.27	___:___:___

Heat 6 of 7

1	FRISCHKNECHT Emilio Nuno	71	Alges	5:45.00	___:___:___
2	CORDEIRO Diogo Andre	90	Masters de Almada	5:42.21	___:___:___
3	MOREIRA Paulo Ricardo	91		5:37.11	___:___:___
4	COURAS Ivan Mauricio	81	Fluvial Portuense	5:35.57	___:___:___
5	CARVALHO Paulo Paula	61	Sporting	5:36.42	___:___:___
6	DUARTE Jose Samuel	65	Sporting	5:39.05	___:___:___
7	ALMEIDA Jorge Nuno	89	Ginasio Clube	5:43.20	___:___:___
8	COUTEIRO Jose Eduardo	76	Viana Natacao	5:45.93	___:___:___

Heat 7 of 7

1	SANTOS Patrick	79	Salesianos	5:32.92	___:___:___
2	BARBOSA Antonio Rui	82	Porto	5:30.00	___:___:___
3	FERREIRA Joao Manuel	92	CLAC-Entroncamento	5:19.58	___:___:___
4	NIZ Adriano Miguel	86	Famalicao	5:04.42	___:___:___
5	ROQUE Jorge Manuel	90	Masters de Almada	5:14.82	___:___:___
6	YOUNG Andrew	84	Salesianos	5:20.48	___:___:___
7	MONTEIRO Bruno Daniel	88	Leixoes	5:31.24	___:___:___
8	CARDOSO Alvaro Miguel	84	Salesianos	5:35.18	___:___:___