

Prova 4 Femin., 400m Livres Infantis
14-07-2017 - 18:55 Resultados

Rec Nac Absoluto	4:13.34	DURAES Diana Margarida	FCP	Oeiras	12-03-2016
Rec Nac Inf B	4:43.70	SILVA Alexandra Maria	FCP	Funchal	27-07-1979
Rec Nac Inf A	4:31.53	SILVA Alexandra Maria	POR	Skovde (SWE)	08-08-1980

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA
Infantis B						
1.	FERNANDES Carolina Miranda	05	Galitos / Bresimar	4:46.50	+0,83	562
	50m: 31.42 31.42	150m: 1:42.84 36.91	250m: 2:56.28 36.82	350m: 4:11.22 37.46		
	100m: 1:05.93 34.51	200m: 2:19.46 36.62	300m: 3:33.76 37.48	400m: 4:46.50 35.28		
2.	LOPES Daniela Magalhaes	05	Famalicao	4:55.09	+0,87	514
	50m: 32.63 32.63	150m: 1:46.27 37.61	250m: 3:02.78 38.62	350m: 4:18.84 38.11		
	100m: 1:08.66 36.03	200m: 2:24.16 37.89	300m: 3:40.73 37.95	400m: 4:55.09 36.25		
3.	NOBRE Marisa Isabel	05	Columbofila Cantanhedense	4:58.40	+0,78	497
	50m: 33.56 33.56	150m: 1:47.72 37.23	250m: 3:04.47 38.50	350m: 4:20.88 38.24		
	100m: 1:10.49 36.93	200m: 2:25.97 38.25	300m: 3:42.64 38.17	400m: 4:58.40 37.52		
4.	GOMES Fabiana Cruz	05	Louletano / Loule Concelho	4:59.01	+1,00	494
	50m: 32.78 32.78	150m: 1:47.36 38.49	250m: 3:04.80 38.93	350m: 4:22.60 38.71		
	100m: 1:08.87 36.09	200m: 2:25.87 38.51	300m: 3:43.89 39.09	400m: 4:59.01 36.41		
5.	ANDRE Isadora Maia	05	Uniao Piedense	5:01.25	+0,71	483
	50m: 33.61 33.61	150m: 1:47.75 38.26	250m: 3:05.72 39.37	350m: 4:23.30 38.84		
	100m: 1:09.49 35.88	200m: 2:26.35 38.60	300m: 3:44.46 38.74	400m: 5:01.25 37.95		
6.	COSTA Mariana Martins	05	Famalicao	5:05.23	+0,88	464
	50m: 33.69 33.69	150m: 1:51.19 39.50	250m: 3:09.60 39.28	350m: 4:28.50 39.26		
	100m: 1:11.69 38.00	200m: 2:30.32 39.13	300m: 3:49.24 39.64	400m: 5:05.23 36.73		
7.	NOGUEIRA Nara Soraia	05	Natacao de Valongo	5:07.84	+0,83	453
	50m: 35.54 35.54	150m: 1:52.77 39.27	250m: 3:11.46 39.57	350m: 4:30.27 39.61		
	100m: 1:13.50 37.96	200m: 2:31.89 39.12	300m: 3:50.66 39.20	400m: 5:07.84 37.57		
8.	LOISAS Beatriz Ferreira	05	Columbofila Cantanhedense	5:10.01	+0,92	443
	50m: 34.71 34.71	150m: 1:52.29 38.87	250m: 3:11.89 39.69	350m: 4:30.97 39.65		
	100m: 1:13.42 38.71	200m: 2:32.20 39.91	300m: 3:51.32 39.43	400m: 5:10.01 39.04		
9.	REIS Erica Cristina	05	Sporting	5:10.32	+0,66	442
	50m: 34.36 34.36	150m: 1:52.70 39.42	250m: 3:13.13 40.14	350m: 4:32.44 38.87		
	100m: 1:13.28 38.92	200m: 2:32.99 40.29	300m: 3:53.57 40.44	400m: 5:10.32 37.88		
10.	COSTA Mafalda Santos	05	Colegio Monte Maior	5:11.23	+1,05	438
	50m: 35.97 35.97	150m: 1:54.19 39.25	250m: 3:13.66 39.62	350m: 4:33.07 39.86		
	100m: 1:14.94 38.97	200m: 2:34.04 39.85	300m: 3:53.21 39.55	400m: 5:11.23 38.16		
11.	SERAFIM Vera Di Martino	05	Sporting	5:12.06	+0,85	435
	50m: 35.02 35.02	150m: 1:53.48 39.73	250m: 3:13.18 39.92	350m: 4:33.70 40.63		
	100m: 1:13.75 38.73	200m: 2:33.26 39.78	300m: 3:53.07 39.89	400m: 5:12.06 38.36		
12.	ESTEVEENS Laura Fabiana	05	Natacao Olhao	5:12.33	+0,91	433
	50m: 34.66 34.66	150m: 1:53.94 40.01	250m: 3:14.11 40.48	350m: 4:34.60 40.40		
	100m: 1:13.93 39.27	200m: 2:33.63 39.69	300m: 3:54.20 40.09	400m: 5:12.33 37.73		
13.	FERREIRA Joana Rocha	05	Benfica	5:12.97	+0,86	431
	50m: 33.56 33.56	150m: 1:51.90 40.26	250m: 3:13.56 40.15	350m: 4:35.65 40.73		
	100m: 1:11.64 38.08	200m: 2:33.41 41.51	300m: 3:54.92 41.36	400m: 5:12.97 37.32		

Prova 4, Femin., 400m Livres, Infantis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA
14.	ENGELEN Zoe	05	Louletano / Loule Concelho	5:13.02	+1,01	431
	50m: 36.02 36.02	150m: 1:55.52 40.02	250m: 3:15.75 40.28	350m: 4:34.53 37.67	400m: 5:13.02 38.49	
	100m: 1:15.50 39.48	200m: 2:35.47 39.95	300m: 3:56.86 41.11			
15.	REIS Beatriz Grave	05	Rio Maior	5:13.62	+0,69	428
	50m: 35.49 35.49	150m: 1:53.89 39.69	250m: 3:15.40 41.14	350m: 4:36.97 41.04	400m: 5:13.62 36.65	
	100m: 1:14.20 38.71	200m: 2:34.26 40.37	300m: 3:55.93 40.53			
16.	JUNQUEIRA Joana Areal	05	Famalicao	5:13.70	+0,92	428
	50m: 36.00 36.00	150m: 1:55.09 40.41	250m: 3:15.03 39.76	350m: 4:36.32 40.96	400m: 5:13.70 37.38	
	100m: 1:14.68 38.68	200m: 2:35.27 40.18	300m: 3:55.36 40.33			
17.	VASCONCELOS Lara Rodrigues	05	Galitos / Bresimar	5:13.88	+0,93	427
	50m: 35.48 35.48	150m: 1:54.91 39.77	250m: 3:14.72 39.45	350m: 4:36.43 41.41	400m: 5:13.88 37.45	
	100m: 1:15.14 39.66	200m: 2:35.27 40.36	300m: 3:55.02 40.30			
18.	SILVA Maria Ines	05	Porto	5:16.64	+1,09	416
	50m: 35.15 35.15	150m: 1:55.93 40.90	250m: 3:17.81 41.29	350m: 4:39.95 41.05	400m: 5:16.64 36.69	
	100m: 1:15.03 39.88	200m: 2:36.52 40.59	300m: 3:58.90 41.09			
19.	CARLOTA Catarina Isabel	05	BUZIOS-Coruche	5:18.71	+0,96	408
	50m: 35.49 35.49	150m: 1:55.63 40.88	250m: 3:17.21 41.10	350m: 4:39.45 41.39	400m: 5:18.71 39.26	
	100m: 1:14.75 39.26	200m: 2:36.11 40.48	300m: 3:58.06 40.85			
20.	MIRANDA Beatriz Ferreira	05	Natacao da Maia	5:19.38	+0,87	405
	50m: 33.58 33.58	150m: 1:53.06 40.87	250m: 3:16.54 42.03	350m: 4:39.32 41.37	400m: 5:19.38 40.06	
	100m: 1:12.19 38.61	200m: 2:34.51 41.45	300m: 3:57.95 41.41			
21.	PIRES Laura Joao	05	Natacao do Fundao	5:19.49	+1,08	405
	50m: 35.77 35.77	150m: 1:55.84 40.89	250m: 3:17.94 41.32	350m: 4:40.51 41.39	400m: 5:19.49 38.98	
	100m: 1:14.95 39.18	200m: 2:36.62 40.78	300m: 3:59.12 41.18			
22.	LOPES Francisca Macedo	05	Vilacondense	5:23.70	+0,95	389
	50m: 35.24 35.24	150m: 1:55.86 41.48	250m: 3:19.38 42.00	350m: 4:43.24 42.01	400m: 5:23.70 40.46	
	100m: 1:14.38 39.14	200m: 2:37.38 41.52	300m: 4:01.23 41.85			
23.	SILVA Filipa Raposo	05	Sporting	5:24.45	+0,92	387
	50m: 33.99 33.99	150m: 1:54.48 40.73	250m: 3:19.05 42.40	350m: 4:44.95 43.19	400m: 5:24.45 39.50	
	100m: 1:13.75 39.76	200m: 2:36.65 42.17	300m: 4:01.76 42.71			
24.	REGO Ines Faria	05	Famalicao	5:26.88	+0,73	378
	50m: 35.48 35.48	150m: 1:56.87 41.47	250m: 3:20.78 42.67	350m: 4:45.68 42.87	400m: 5:26.88 41.20	
	100m: 1:15.40 39.92	200m: 2:38.11 41.24	300m: 4:02.81 42.03			

Infantis A

1.	CUNHA Mariana Pacheco	04	Fluvial Portuense	4:42.89	+0,78	584
	50m: 31.10 31.10	150m: 1:41.70 35.95	250m: 2:54.88 36.33	350m: 4:07.84 36.12	400m: 4:42.89 35.05	
	100m: 1:05.75 34.65	200m: 2:18.55 36.85	300m: 3:31.72 36.84			
2.	GASPAR Beatriz Ferreira	04	Individual ANCPN	4:44.81	+0,79	572
	50m: 32.13 32.13	150m: 1:44.29 36.74	250m: 2:57.36 36.96	350m: 4:10.53 36.55	400m: 4:44.81 34.28	
	100m: 1:07.55 35.42	200m: 2:20.40 36.11	300m: 3:33.98 36.62			
3.	OLIVEIRA Ana Rita	04	Naval Povoense	4:48.05	+0,83	553
	50m: 31.50 31.50	150m: 1:42.96 36.60	250m: 2:56.86 37.00	350m: 4:11.67 37.57	400m: 4:48.05 36.38	
	100m: 1:06.36 34.86	200m: 2:19.86 36.90	300m: 3:34.10 37.24			

Prova 4, Femin., 400m Livres, Infantis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA
4.	MOURA Maria Ferreira	04	Geslours	4:48.12	+0,74	552
	50m: 31.43 31.43	150m: 1:42.53 36.36	250m: 2:57.32 37.66	350m: 4:12.54 36.96		
	100m: 1:06.17 34.74	200m: 2:19.66 37.13	300m: 3:35.58 38.26	400m: 4:48.12 35.58		
5.	PEREIRA Maria Gomes	04	Alges	4:52.48	+0,82	528
	50m: 32.10 32.10	150m: 1:44.25 37.25	250m: 2:59.67 38.08	350m: 4:16.28 38.24		
	100m: 1:07.00 34.90	200m: 2:21.59 37.34	300m: 3:38.04 38.37	400m: 4:52.48 36.20		
6.	SILVA Ines Martins	04	Vilacondense	4:55.33	+0,96	513
	50m: 34.33 34.33	150m: 1:48.17 37.96	250m: 3:03.95 38.63	350m: 4:19.27 37.85		
	100m: 1:10.21 35.88	200m: 2:25.32 37.15	300m: 3:41.42 37.47	400m: 4:55.33 36.06		
7.	PINHO Carolina Teixeira	04	Porto	4:55.83	+0,82	510
	50m: 32.23 32.23	150m: 1:45.77 37.60	250m: 3:01.16 37.90	350m: 4:18.08 38.26		
	100m: 1:08.17 35.94	200m: 2:23.26 37.49	300m: 3:39.82 38.66	400m: 4:55.83 37.75		
8.	DIAS Carolina Carreira	04	Columbofila Cantanhedense	4:56.32	+0,85	508
	50m: 33.35 33.35	150m: 1:47.14 37.74	250m: 3:02.94 38.18	350m: 4:19.41 37.93		
	100m: 1:09.40 36.05	200m: 2:24.76 37.62	300m: 3:41.48 38.54	400m: 4:56.32 36.91		
9.	MARQUES Maria Vieira	04	Natacao de Vagos	4:57.64	+0,82	501
	50m: 32.24 32.24	150m: 1:46.04 37.69	250m: 3:02.53 38.32	350m: 4:20.42 39.41		
	100m: 1:08.35 36.11	200m: 2:24.21 38.17	300m: 3:41.01 38.48	400m: 4:57.64 37.22		
10.	FLORENCIO Matilde Alves	04	Fundacao Beatriz Santos	4:57.65	+0,75	501
	50m: 32.96 32.96	150m: 1:47.70 38.58	250m: 3:03.93 38.26	350m: 4:20.51 37.99		
	100m: 1:09.12 36.16	200m: 2:25.67 37.97	300m: 3:42.52 38.59	400m: 4:57.65 37.14		
11.	CONCEICAO Matilde Fialho	04	Louletano / Loule Concelho	4:58.80	+1,01	495
	50m: 34.08 34.08	150m: 1:49.94 38.45	250m: 3:07.89 38.94	350m: 4:23.54 37.40		
	100m: 1:11.49 37.41	200m: 2:28.95 39.01	300m: 3:46.14 38.25	400m: 4:58.80 35.26		
12.	MONTEIRO Ana Carolina	04	Nautico /Urgicentro-Sanfil	4:58.95	+0,82	494
	50m: 33.96 33.96	150m: 1:48.80 38.28	250m: 3:05.43 38.59	350m: 4:22.09 37.71		
	100m: 1:10.52 36.56	200m: 2:26.84 38.04	300m: 3:44.38 38.95	400m: 4:58.95 36.86		
13.	RIBEIRO Barbara Almeida	04	Colegio Vasco da Gama	4:59.65	+1,04	491
	50m: 32.90 32.90	150m: 1:47.62 38.26	250m: 3:05.63 38.85	350m: 4:22.33 37.78		
	100m: 1:09.36 36.46	200m: 2:26.78 39.16	300m: 3:44.55 38.92	400m: 4:59.65 37.32		
14.	RODRIGUES Joana Francisca	04	Nautico /Urgicentro-Sanfil	5:00.22	+0,86	488
	50m: 33.75 33.75	150m: 1:50.01 39.15	250m: 3:07.01 38.74	350m: 4:24.23 38.52		
	100m: 1:10.86 37.11	200m: 2:28.27 38.26	300m: 3:45.71 38.70	400m: 5:00.22 35.99		
15.	MARQUES Maria Alexandra	04	Redentoristas	5:00.52	+0,82	487
	50m: 33.91 33.91	150m: 1:48.98 38.18	250m: 3:07.23 39.24	350m: 4:24.76 38.75		
	100m: 1:10.80 36.89	200m: 2:27.99 39.01	300m: 3:46.01 38.78	400m: 5:00.52 35.76		
16.	ALVES Ines Sofia	04	Portinado	5:00.76	+0,88	485
	50m: 33.10 33.10	150m: 1:48.33 38.48	250m: 3:06.07 38.71	350m: 4:24.44 39.00		
	100m: 1:09.85 36.75	200m: 2:27.36 39.03	300m: 3:45.44 39.37	400m: 5:00.76 36.32		
17.	ALVES Maria Francisca	04	Ba/Bomcar	5:00.84	+0,86	485
	50m: 34.36 34.36	150m: 1:49.26 37.86	250m: 3:05.98 38.70	350m: 4:23.72 38.86		
	100m: 1:11.40 37.04	200m: 2:27.28 38.02	300m: 3:44.86 38.88	400m: 5:00.84 37.12		
18.	MOITEIRO Bruna Silva	04	Nautico Marinha Grande	5:01.22	+0,92	483
	50m: 33.57 33.57	150m: 1:48.73 38.05	250m: 3:06.70 39.10	350m: 4:24.13 37.90		
	100m: 1:10.68 37.11	200m: 2:27.60 38.87	300m: 3:46.23 39.53	400m: 5:01.22 37.09		

Prova 4, Femin., 400m Livres, Infantis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA
19.	BENTO Beatriz Staiger	04	20Km de Almeirim	5:01.60	+1,02	481
	50m: 33.58 33.58	150m: 1:48.54 38.40	250m: 3:07.62 40.04	350m: 4:25.82 38.87		
	100m: 1:10.14 36.56	200m: 2:27.58 39.04	300m: 3:46.95 39.33	400m: 5:01.60 35.78		
20.	SILVA Margarida Borges	04	Bombeiros Ponta Delgada	5:01.65	+0,84	481
	50m: 33.63 33.63	150m: 1:48.06 38.16	250m: 3:05.76 39.21	350m: 4:24.43 39.48		
	100m: 1:09.90 36.27	200m: 2:26.55 38.49	300m: 3:44.95 39.19	400m: 5:01.65 37.22		
21.	SANTOS Leonor Esteves	04	Avancado EUL	5:03.03	+0,96	475
	50m: 34.43 34.43	150m: 1:51.22 39.51	250m: 3:08.98 39.07	350m: 4:26.35 38.75		
	100m: 1:11.71 37.28	200m: 2:29.91 38.69	300m: 3:47.60 38.62	400m: 5:03.03 36.68		
22.	COELHO Barbara Castro	04	Colegio SMLamas	5:03.10	+0,79	474
	50m: 33.93 33.93	150m: 1:52.09 39.46	250m: 3:09.84 38.74	350m: 4:27.16 39.06		
	100m: 1:12.63 38.70	200m: 2:31.10 39.01	300m: 3:48.10 38.26	400m: 5:03.10 35.94		
23.	INACIO Marta Macedo	04	Sporting	5:04.98	+0,88	466
	50m: 33.64 33.64	150m: 1:50.44 39.13	250m: 3:08.35 38.72	350m: 4:26.17 38.59		
	100m: 1:11.31 37.67	200m: 2:29.63 39.19	300m: 3:47.58 39.23	400m: 5:04.98 38.81		
24.	ABREU Joana Neves	04	Porto	5:05.50	+0,90	463
	50m: 33.99 33.99	150m: 1:50.14 38.87	250m: 3:08.49 39.20	350m: 4:27.42 39.40		
	100m: 1:11.27 37.28	200m: 2:29.29 39.15	300m: 3:48.02 39.53	400m: 5:05.50 38.08		
25.	MARTINS Ines Correia	04	Porto	5:05.88	+0,86	461
	50m: 34.34 34.34	150m: 1:50.35 38.51	250m: 3:07.76 38.83	350m: 4:27.44 39.57		
	100m: 1:11.84 37.50	200m: 2:28.93 38.58	300m: 3:47.87 40.11	400m: 5:05.88 38.44		
26.	SILVA Constanca Alexandra	04	Pimpoes/Cimai	5:06.07	+0,80	461
	50m: 33.62 33.62	150m: 1:50.30 39.41	250m: 3:09.05 39.68	350m: 4:28.60 40.21		
	100m: 1:10.89 37.27	200m: 2:29.37 39.07	300m: 3:48.39 39.34	400m: 5:06.07 37.47		
27.	OLIVEIRA Ana Beatriz	04	Fafe	5:06.11	+1,11	460
	50m: 34.73 34.73	150m: 1:51.58 39.27	250m: 3:10.33 39.71	350m: 4:29.91 38.91		
	100m: 1:12.31 37.58	200m: 2:30.62 39.04	300m: 3:51.00 40.67	400m: 5:06.11 36.20		
28.	SILVA Alexandra Cordeiro	04	Alcobaca	5:06.21	+0,93	460
	50m: 33.67 33.67	150m: 1:50.64 38.59	250m: 3:09.65 39.24	350m: 4:28.70 39.31		
	100m: 1:12.05 38.38	200m: 2:30.41 39.77	300m: 3:49.39 39.74	400m: 5:06.21 37.51		
29.	RODRIGUES Lidiana Correia	04	Belenenses	5:06.33	+0,94	459
	50m: 34.07 34.07	150m: 1:50.25 39.07	250m: 3:09.09 39.67	350m: 4:28.23 39.34		
	100m: 1:11.18 37.11	200m: 2:29.42 39.17	300m: 3:48.89 39.80	400m: 5:06.33 38.10		
30.	LOPES Margarida Santos	04	Estarreja	5:07.15	+0,73	456
	50m: 34.84 34.84	150m: 1:51.68 39.42	250m: 3:10.39 39.77	350m: 4:29.96 39.80		
	100m: 1:12.26 37.42	200m: 2:30.62 38.94	300m: 3:50.16 39.77	400m: 5:07.15 37.19		
31.	NASCIMENTO Carolina Jose	04	CPCD-Povoa St Iria	5:07.37	+0,85	455
	50m: 33.94 33.94	150m: 1:50.89 39.49	250m: 3:09.76 40.06	350m: 4:29.34 39.21		
	100m: 1:11.40 37.46	200m: 2:29.70 38.81	300m: 3:50.13 40.37	400m: 5:07.37 38.03		
32.	BARROS Julia Sartori	04	Braga	5:07.38	+0,93	455
	50m: 34.08 34.08	150m: 1:50.41 38.79	250m: 3:09.39 39.33	350m: 4:28.73 39.48		
	100m: 1:11.62 37.54	200m: 2:30.06 39.65	300m: 3:49.25 39.86	400m: 5:07.38 38.65		
33.	PASSOS Ada Lobo	04	Famalicao	5:08.52	+0,86	450
	50m: 32.73 32.73	150m: 1:49.50 39.64	250m: 3:09.92 40.58	350m: 4:30.64 40.00		
	100m: 1:09.86 37.13	200m: 2:29.34 39.84	300m: 3:50.64 40.72	400m: 5:08.52 37.88		



loulé
concelho

Campeonato Nacional de Infantis PL
Loulé, 14- - 16-7-2017



Prova 4, Femin., 400m Livres, Infantis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA
34.	NARRA Vera Figueiredo	04	Amadora	5:10.12	+0,81	443
	50m: 33.82 33.82	150m: 1:50.20	39.16	250m: 3:10.14	40.52	350m: 3:14.53
	100m: 1:11.04 37.22	200m: 2:29.62	39.42	300m: 3:49.96	39.82	400m: 5:10.12 1:55.59
EXH	RINO Maria Pedro	05	Nucleo Sportinguista Terceira	5:26.61	+0,89	379
	50m: 37.45 37.45	150m: 2:00.04	41.47	250m: 3:23.60	41.84	350m: 4:46.44 41.50
	100m: 1:18.57 41.12	200m: 2:41.76	41.72	300m: 4:04.94	41.34	400m: 5:26.61 40.17

PARCEIROS INSTITUCIONAIS

FORNECEDOR OFICIAL

PARCEIROS

