

Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal - OPEN
Oeiras, 20 a 23 de Julho de 2017

Prova 16 Femin., 400m Estilos Juvenis
21-07-2017 - 9:40 Resultados Elimin

Rec Nac Absoluto	4:40.11	KAMINSKAYA Victoria	POR	Pontevedra (ESP)	09-04-2017
Rec Nac Juv B	5:01.00	ROCHA Ines Neto	CAP	Coimbra	24-07-2015
Rec Nac Juv B	5:01.00	ROCHA Ines Neto	CAP	Coimbra	24-07-2015
Rec Nac Juv A	4:58.08	DURAES Diana Margarida	FOCA	Póvoa de Varzim	05-08-2011

TAC Juv A 50m: 5:39.24 - 25m: 5:30.45; Juv B 50m: 5:50.12 - 25m: 5:30.56

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	MESQUITA Francisca Salvador	02	Colegio Monte Maior	5:06.45	+0,70	656	
	50m: 31.32 31.32	150m: 1:48.10 40.71	250m: 3:12.79	44.66	350m: 4:32.49	36.22	
	100m: 1:07.39 36.07	200m: 2:28.13 40.03	300m: 3:56.27	43.48	400m: 5:06.45	33.96	
2.	MENDES Mariana Amaral	02	Colegio Monte Maior	5:14.04	+0,79	610	
	50m: 34.30 34.30	150m: 1:55.49 42.23	250m: 3:19.86	44.09	350m: 4:39.70	35.55	
	100m: 1:13.26 38.96	200m: 2:35.77 40.28	300m: 4:04.15	44.29	400m: 5:14.04	34.34	
3.	CARDEAL Joana Nunes	02	Academico Viseu	5:14.55	+0,76	607	
	50m: 31.97 31.97	150m: 1:51.52 42.08	250m: 3:17.62	45.08	350m: 4:39.29	36.45	
	100m: 1:09.44 37.47	200m: 2:32.54 41.02	300m: 4:02.84	45.22	400m: 5:14.55	35.26	
4.	REBELO Maria Carlota	03	Nautico /Urgicentro-Sanfil	5:17.48	+0,75	590	
	50m: 33.40 33.40	150m: 1:52.83 42.24	250m: 3:20.50	46.10	350m: 4:41.97	36.60	
	100m: 1:10.59 37.19	200m: 2:34.40 41.57	300m: 4:05.37	44.87	400m: 5:17.48	35.51	
5.	NEVES Sara Dias	03	Miranda do Corvo	5:19.94	+0,74	577	
	50m: 34.35 34.35	150m: 1:55.81 42.07	250m: 3:22.26	45.67	350m: 4:44.47	36.53	
	100m: 1:13.74 39.39	200m: 2:36.59 40.78	300m: 4:07.94	45.68	400m: 5:19.94	35.47	
6.	AGOSTINHO Catia Jordan	02	Rio Maior	5:24.22	+0,78	554	
	50m: 34.11 34.11	150m: 1:56.59 42.95	250m: 3:24.10	46.11	350m: 4:47.77	37.06	
	100m: 1:13.64 39.53	200m: 2:37.99 41.40	300m: 4:10.71	46.61	400m: 5:24.22	36.45	
7.	SILVA Natacha Sofia	02	Benfica	5:26.08	+0,77	545	
	50m: 34.50 34.50	150m: 1:58.25 44.18	250m: 3:25.62	44.68	350m: 4:49.30	38.50	
	100m: 1:14.07 39.57	200m: 2:40.94 42.69	300m: 4:10.80	45.18	400m: 5:26.08	36.78	
8.	CASTRO Maria Freitas	03	Fafe	5:26.60		542	
	50m: 35.36 35.36	150m: 1:59.93 44.41	250m: 3:29.17	46.17	350m: 4:52.69	37.47	
	100m: 1:15.52 40.16	200m: 2:43.00 43.07	300m: 4:15.22	46.05	400m: 5:26.60	33.91	
9.	AMORIM Maria Leonor	03	Porto	5:26.66	+0,74	542	
	50m: 34.66 34.66	150m: 1:58.55 40.75	250m: 3:25.74	46.92	350m: 4:49.57	37.69	
	100m: 1:17.80 43.14	200m: 2:38.82 40.27	300m: 4:11.88	46.14	400m: 5:26.66	37.09	
10.	DOMINGUES Luana Pinto	03	Ba/Bomcar	5:28.87	+0,63	531	
	50m: 33.23 33.23	150m: 1:55.68 43.94	250m: 3:24.66	45.58	350m: 4:51.00	38.72	
	100m: 1:11.74 38.51	200m: 2:39.08 43.40	300m: 4:12.28	47.62	400m: 5:28.87	37.87	
11.	RODRIGUES Daniela Oliveira	02	Natacao de Valongo	5:31.33	+0,71	519	
	50m: 33.01 33.01	150m: 1:55.60 44.89	250m: 3:27.68	49.50	350m: 4:53.98	37.93	
	100m: 1:10.71 37.70	200m: 2:38.18 42.58	300m: 4:16.05	48.37	400m: 5:31.33	37.35	
12.	RODRIGUES Constanca Filipa	02	Pimpoes/Cimai	5:33.08	+0,76	511	
	50m: 33.76 33.76	150m: 1:57.82 44.88	250m: 3:28.41	47.55	350m: 4:55.28	39.50	
	100m: 1:12.94 39.18	200m: 2:40.86 43.04	300m: 4:15.78	47.37	400m: 5:33.08	37.80	
13.	SOARES Ines Apolinario	03	Pimpoes/Cimai	5:35.89	+0,67	498	
	50m: 34.19 34.19	150m: 1:58.16 44.00	250m: 3:30.29	49.13	350m: 5:00.92	39.81	
	100m: 1:14.16 39.97	200m: 2:41.16 43.00	300m: 4:21.11	50.82	400m: 5:35.89	34.97	

RJC=Rejeitado WDR= Retirado EXH= Extra Competição

Splash Meet Manager, 11.49862

Registered to Federacao Portuguesa De Natacao

21-07-2017 10:31 - Página 1

PARCEIROS INSTITUCIONAIS

FORNECEDOR OFICIAL

PARCEIROS



Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal - OPEN
Oeiras, 20 a 23 de Julho de 2017

Prova 16, Femin., 400m Estilos, Elimin, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
14.	RATO Renata Simoes	03	Nautico Marinha Grande	5:37.43	+0,75	491	
	50m: 35.70 35.70	150m: 2:02.90	45.49	250m: 3:33.60	46.35	350m: 5:01.45	39.86
	100m: 1:17.41 41.71	200m: 2:47.25	44.35	300m: 4:21.59	47.99	400m: 5:37.43	35.98
15.	DIAS Ana Leonor	02	Colegio Bernardette Romeira	5:37.51	+0,77	491	
	50m: 36.08 36.08	150m: 2:03.78	45.91	250m: 3:34.41	47.36	350m: 5:01.47	39.12
	100m: 1:17.87 41.79	200m: 2:47.05	43.27	300m: 4:22.35	47.94	400m: 5:37.51	36.04
16.	VIEIRA Valeria Goncalves	02	Vitoria Guimaraes	5:37.82	+0,85	490	
	50m: 35.91 35.91	150m: 2:01.79	46.30	250m: 3:31.85	45.92	350m: 4:59.52	39.97
	100m: 1:15.49 39.58	200m: 2:45.93	44.14	300m: 4:19.55	47.70	400m: 5:37.82	38.30
17.	RAMOS Ines Asseiceira	03	Torres Novas	5:38.09	+0,74	489	
	50m: 35.03 35.03	150m: 1:59.51	42.83	250m: 3:31.29	49.82	350m: 4:59.91	38.46
	100m: 1:16.68 41.65	200m: 2:41.47	41.96	300m: 4:21.45	50.16	400m: 5:38.09	38.18
18.	MENDES Lea Alexandra	03	Gualdim Pais	5:38.11	+0,79	488	
	50m: 35.39 35.39	150m: 1:59.65	42.23	250m: 3:31.56	49.68	350m: 4:59.85	38.72
	100m: 1:17.42 42.03	200m: 2:41.88	42.23	300m: 4:21.13	49.57	400m: 5:38.11	38.26
19.	MARQUES Mariana Nunes	03	Estarreja	5:40.49	+0,70	478	
	50m: 33.72 33.72	150m: 1:58.85	44.17	250m: 3:30.37	49.35	350m: 5:01.74	40.42
	100m: 1:14.68 40.96	200m: 2:41.02	42.17	300m: 4:21.32	50.95	400m: 5:40.49	38.75
20.	LOURENCO Alice Carmo	02	Viana Natacao	5:40.69	+0,87	477	
	50m: 33.96 33.96	150m: 1:56.63	43.05	250m: 3:30.48	52.68	350m: 5:03.56	39.43
	100m: 1:13.58 39.62	200m: 2:37.80	41.17	300m: 4:24.13	53.65	400m: 5:40.69	37.13
21.	HENRIQUES Daniela Mascarenhas	03	Gesloures	5:41.30	+0,83	475	
	50m: 34.40 34.40	150m: 2:01.78	46.28	250m: 3:34.19	48.51	350m: 5:03.75	40.88
	100m: 1:15.50 41.10	200m: 2:45.68	43.90	300m: 4:22.87	48.68	400m: 5:41.30	37.55
22.	MAGALHAES Ana Catarina	02	Lousada SXXI	5:41.49	+0,78	474	
	50m: 35.21 35.21	150m: 2:03.90	46.92	250m: 3:37.32	48.67	350m: 5:05.39	39.21
	100m: 1:16.98 41.77	200m: 2:48.65	44.75	300m: 4:26.18	48.86	400m: 5:41.49	36.10
23.	DOMINGUES Matilde Mota	03	Colegio SMLamas	5:41.61	+0,78	474	
	50m: 33.31 33.31	150m: 1:57.03	45.52	250m: 3:30.83	47.49	350m: 5:01.08	41.59
	100m: 1:11.51 38.20	200m: 2:43.34	46.31	300m: 4:19.49	48.66	400m: 5:41.61	40.53
24.	SOUSA Ines Matos	03	Nautico /Urgicentro-Sanfil	5:42.72	+0,82	469	
	50m: 36.25 36.25	150m: 2:04.42	46.20	250m: 3:39.05	50.79	350m: 5:06.43	37.66
	100m: 1:18.22 41.97	200m: 2:48.26	43.84	300m: 4:28.77	49.72	400m: 5:42.72	36.29
25.	CAXARIA Marta Sousa	03	Natacao do Montijo	5:45.53	+0,78	458	
	50m: 35.45 35.45	150m: 2:05.18	46.21	250m: 3:37.91	48.09	350m: 5:05.49	39.37
	100m: 1:18.97 43.52	200m: 2:49.82	44.64	300m: 4:26.12	48.21	400m: 5:45.53	40.04
26.	OLIVEIRA Rita Malafaia	03	Porto	5:46.77	+0,82	453	
	50m: 35.98 35.98	150m: 2:08.79	48.12	250m: 3:39.69	46.58	350m: 5:07.67	40.72
	100m: 1:20.67 44.69	200m: 2:53.11	44.32	300m: 4:26.95	47.26	400m: 5:46.77	39.10
27.	MOREIRA Catarina Guimaraes	03	Alges	5:47.19	+0,73	451	
	50m: 34.83 34.83	150m: 2:02.75	45.68	250m: 3:36.93	50.12	350m: 5:08.66	40.25
	100m: 1:17.07 42.24	200m: 2:46.81	44.06	300m: 4:28.41	51.48	400m: 5:47.19	38.53
28.	MACEDO Maria Sa	03	Porto	5:48.50	+0,82	446	
	50m: 36.17 36.17	150m: 2:00.56	44.42	250m: 3:37.59	53.51	350m: 5:10.18	40.08
	100m: 1:16.14 39.97	200m: 2:44.08	43.52	300m: 4:30.10	52.51	400m: 5:48.50	38.32

RJC=Rejeitado WDR= Retirado EXH= Extra Competição

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Prova 16, Femin., 400m Estilos, Elimin, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
29.	SILVA Ana Pereira	03	Fafe	5:49.47	+0,93	442	
	50m: 37.07 37.07	150m: 2:03.64 45.69	250m: 3:38.99 52.14	350m: 5:10.25 40.42			
	100m: 1:17.95 40.88	200m: 2:46.85 43.21	300m: 4:29.83 50.84	400m: 5:49.47 39.22			
30.	DIAS Ana Amarante	03	Naval de Ponta Delgada	5:51.89	+0,78	433	
	50m: 35.08 35.08	150m: 2:04.13 47.48	250m: 3:37.36 48.12	350m: 5:09.32 42.77			
	100m: 1:16.65 41.57	200m: 2:49.24 45.11	300m: 4:26.55 49.19	400m: 5:51.89 42.57			
31.	CAMBAS Ema Miranda	03	Naval Povoense	5:59.39	+0,81	407	
	50m: 37.12 37.12	150m: 2:07.17 44.07	250m: 3:42.79 53.20	350m: 5:17.68 41.93			
	100m: 1:23.10 45.98	200m: 2:49.59 42.42	300m: 4:35.75 52.96	400m: 5:59.39 41.71			
DSQ	MACEDO Beatriz Daniela	02	Vitoria Guimaraes				
	<i>722 - Tocou com uma mão na parede na viragem aos 300 m - SW 7.6</i>						

Prova 16 Femin., 400m Estilos Juvenis B
21-07-2017 - 9:40 Resultados Elimin

Rec Nac Absoluto	4:40.11	KAMINSKAYA Victoria	POR	Pontevedra (ESP)	09-04-2017
Rec Nac Juv B	5:01.00	ROCHA Ines Neto	CAP	Coimbra	24-07-2015
Rec Nac Juv B	5:01.00	ROCHA Ines Neto	CAP	Coimbra	24-07-2015

TAC 50m: 5:50.12 - 25m: 5:30.56

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	REBELO Maria Carlota	03	Nautico /Urgicentro-Sanfil	5:17.48	+0,75	590	
	50m: 33.40 33.40	150m: 1:52.83 42.24	250m: 3:20.50 46.10	350m: 4:41.97 36.60			
	100m: 1:10.59 37.19	200m: 2:34.40 41.57	300m: 4:05.37 44.87	400m: 5:17.48 35.51			
2.	NEVES Sara Dias	03	Miranda do Corvo	5:19.94	+0,74	577	
	50m: 34.35 34.35	150m: 1:55.81 42.07	250m: 3:22.26 45.67	350m: 4:44.47 36.53			
	100m: 1:13.74 39.39	200m: 2:36.59 40.78	300m: 4:07.94 45.68	400m: 5:19.94 35.47			
3.	CASTRO Maria Freitas	03	Fafe	5:26.60		542	
	50m: 35.36 35.36	150m: 1:59.93 44.41	250m: 3:29.17 46.17	350m: 4:52.69 37.47			
	100m: 1:15.52 40.16	200m: 2:43.00 43.07	300m: 4:15.22 46.05	400m: 5:26.60 33.91			
4.	AMORIM Maria Leonor	03	Porto	5:26.66	+0,74	542	
	50m: 34.66 34.66	150m: 1:58.55 40.75	250m: 3:25.74 46.92	350m: 4:49.57 37.69			
	100m: 1:17.80 43.14	200m: 2:38.82 40.27	300m: 4:11.88 46.14	400m: 5:26.66 37.09			
5.	DOMINGUES Luana Pinto	03	Ba/Bomcar	5:28.87	+0,63	531	
	50m: 33.23 33.23	150m: 1:55.68 43.94	250m: 3:24.66 45.58	350m: 4:51.00 38.72			
	100m: 1:11.74 38.51	200m: 2:39.08 43.40	300m: 4:12.28 47.62	400m: 5:28.87 37.87			
6.	SOARES Ines Apolinario	03	Pimpoes/Cimai	5:35.89	+0,67	498	
	50m: 34.19 34.19	150m: 1:58.16 44.00	250m: 3:30.29 49.13	350m: 5:00.92 39.81			
	100m: 1:14.16 39.97	200m: 2:41.16 43.00	300m: 4:21.11 50.82	400m: 5:35.89 34.97			
7.	RATO Renata Simoes	03	Nautico Marinha Grande	5:37.43	+0,75	491	
	50m: 35.70 35.70	150m: 2:02.90 45.49	250m: 3:33.60 46.35	350m: 5:01.45 39.86			
	100m: 1:17.41 41.71	200m: 2:47.25 44.35	300m: 4:21.59 47.99	400m: 5:37.43 35.98			
8.	RAMOS Ines Asseiceira	03	Torres Novas	5:38.09	+0,74	489	
	50m: 35.03 35.03	150m: 1:59.51 42.83	250m: 3:31.29 49.82	350m: 4:59.91 38.46			
	100m: 1:16.68 41.65	200m: 2:41.47 41.96	300m: 4:21.45 50.16	400m: 5:38.09 38.18			

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Oeiras, 20 a 23 de Julho de 2017

Prova 16, Femin., 400m Estilos, Elimín, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
9.	MENDES Lea Alexandra	03	Gualdim Pais	5:38.11	+0,79	488	
	50m: 35.39 35.39	150m: 1:59.65 42.23	250m: 3:31.56 49.68	350m: 4:59.85 38.72			
	100m: 1:17.42 42.03	200m: 2:41.88 42.23	300m: 4:21.13 49.57	400m: 5:38.11 38.26			
10.	MARQUES Mariana Nunes	03	Estarreja	5:40.49	+0,70	478	
	50m: 33.72 33.72	150m: 1:58.85 44.17	250m: 3:30.37 49.35	350m: 5:01.74 40.42			
	100m: 1:14.68 40.96	200m: 2:41.02 42.17	300m: 4:21.32 50.95	400m: 5:40.49 38.75			
11.	HENRIQUES Daniela Mascarenhas	03	Gesloures	5:41.30	+0,83	475	
	50m: 34.40 34.40	150m: 2:01.78 46.28	250m: 3:34.19 48.51	350m: 5:03.75 40.88			
	100m: 1:15.50 41.10	200m: 2:45.68 43.90	300m: 4:22.87 48.68	400m: 5:41.30 37.55			
12.	DOMINGUES Matilde Mota	03	Colegio SMLamas	5:41.61	+0,78	474	
	50m: 33.31 33.31	150m: 1:57.03 45.52	250m: 3:30.83 47.49	350m: 5:01.08 41.59			
	100m: 1:11.51 38.20	200m: 2:43.34 46.31	300m: 4:19.49 48.66	400m: 5:41.61 40.53			
13.	SOUSA Ines Matos	03	Nautico /Urgicentro-Sanfil	5:42.72	+0,82	469	
	50m: 36.25 36.25	150m: 2:04.42 46.20	250m: 3:39.05 50.79	350m: 5:06.43 37.66			
	100m: 1:18.22 41.97	200m: 2:48.26 43.84	300m: 4:28.77 49.72	400m: 5:42.72 36.29			
14.	CAXARIA Marta Sousa	03	Natacao do Montijo	5:45.53	+0,78	458	
	50m: 35.45 35.45	150m: 2:05.18 46.21	250m: 3:37.91 48.09	350m: 5:05.49 39.37			
	100m: 1:18.97 43.52	200m: 2:49.82 44.64	300m: 4:26.12 48.21	400m: 5:45.53 40.04			
15.	OLIVEIRA Rita Malafaia	03	Porto	5:46.77	+0,82	453	
	50m: 35.98 35.98	150m: 2:08.79 48.12	250m: 3:39.69 46.58	350m: 5:07.67 40.72			
	100m: 1:20.67 44.69	200m: 2:53.11 44.32	300m: 4:26.95 47.26	400m: 5:46.77 39.10			
16.	MOREIRA Catarina Guimaraes	03	Alges	5:47.19	+0,73	451	
	50m: 34.83 34.83	150m: 2:02.75 45.68	250m: 3:36.93 50.12	350m: 5:08.66 40.25			
	100m: 1:17.07 42.24	200m: 2:46.81 44.06	300m: 4:28.41 51.48	400m: 5:47.19 38.53			
17.	MACEDO Maria Sa	03	Porto	5:48.50	+0,82	446	
	50m: 36.17 36.17	150m: 2:00.56 44.42	250m: 3:37.59 53.51	350m: 5:10.18 40.08			
	100m: 1:16.14 39.97	200m: 2:44.08 43.52	300m: 4:30.10 52.51	400m: 5:48.50 38.32			
18.	SILVA Ana Pereira	03	Fafe	5:49.47	+0,93	442	
	50m: 37.07 37.07	150m: 2:03.64 45.69	250m: 3:38.99 52.14	350m: 5:10.25 40.42			
	100m: 1:17.95 40.88	200m: 2:46.85 43.21	300m: 4:29.83 50.84	400m: 5:49.47 39.22			
19.	DIAS Ana Amarante	03	Naval de Ponta Delgada	5:51.89	+0,78	433	
	50m: 35.08 35.08	150m: 2:04.13 47.48	250m: 3:37.36 48.12	350m: 5:09.32 42.77			
	100m: 1:16.65 41.57	200m: 2:49.24 45.11	300m: 4:26.55 49.19	400m: 5:51.89 42.57			
20.	CAMBAS Ema Miranda	03	Naval Povoense	5:59.39	+0,81	407	
	50m: 37.12 37.12	150m: 2:07.17 44.07	250m: 3:42.79 53.20	350m: 5:17.68 41.93			
	100m: 1:23.10 45.98	200m: 2:49.59 42.42	300m: 4:35.75 52.96	400m: 5:59.39 41.71			

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Prova 16 Femin., 400m Estilos Juvenis A
21-07-2017 - 9:40 Resultados Elimin

Rec Nac Absoluto	4:40.11	KAMINSKAYA Victoria	POR	Pontevedra (ESP)	09-04-2017
Rec Nac Juv A	4:58.08	DURAES Diana Margarida	FOCA	Póvoa de Varzim	05-08-2011

TAC 50m: 5:39.24 - 25m: 5:30.45

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	MESQUITA Francisca Salvador	02	Colegio Monte Maior	5:06.45	+0,70	656	
	50m: 31.32 31.32 150m: 1:48.10 40.71 250m: 3:12.79 44.66 350m: 4:32.49 36.22						
	100m: 1:07.39 36.07 200m: 2:28.13 40.03 300m: 3:56.27 43.48 400m: 5:06.45 33.96						
2.	MENDES Mariana Amaral	02	Colegio Monte Maior	5:14.04	+0,79	610	
	50m: 34.30 34.30 150m: 1:55.49 42.23 250m: 3:19.86 44.09 350m: 4:39.70 35.55						
	100m: 1:13.26 38.96 200m: 2:35.77 40.28 300m: 4:04.15 44.29 400m: 5:14.04 34.34						
3.	CARDEAL Joana Nunes	02	Academico Viseu	5:14.55	+0,76	607	
	50m: 31.97 31.97 150m: 1:51.52 42.08 250m: 3:17.62 45.08 350m: 4:39.29 36.45						
	100m: 1:09.44 37.47 200m: 2:32.54 41.02 300m: 4:02.84 45.22 400m: 5:14.55 35.26						
4.	AGOSTINHO Catia Iordan	02	Rio Maior	5:24.22	+0,78	554	
	50m: 34.11 34.11 150m: 1:56.59 42.95 250m: 3:24.10 46.11 350m: 4:47.77 37.06						
	100m: 1:13.64 39.53 200m: 2:37.99 41.40 300m: 4:10.71 46.61 400m: 5:24.22 36.45						
5.	SILVA Natacha Sofia	02	Benfica	5:26.08	+0,77	545	
	50m: 34.50 34.50 150m: 1:58.25 44.18 250m: 3:25.62 44.68 350m: 4:49.30 38.50						
	100m: 1:14.07 39.57 200m: 2:40.94 42.69 300m: 4:10.80 45.18 400m: 5:26.08 36.78						
6.	RODRIGUES Daniela Oliveira	02	Natacao de Valongo	5:31.33	+0,71	519	
	50m: 33.01 33.01 150m: 1:55.60 44.89 250m: 3:27.68 49.50 350m: 4:53.98 37.93						
	100m: 1:10.71 37.70 200m: 2:38.18 42.58 300m: 4:16.05 48.37 400m: 5:31.33 37.35						
7.	RODRIGUES Constanca Filipa	02	Pimpoes/Cimai	5:33.08	+0,76	511	
	50m: 33.76 33.76 150m: 1:57.82 44.88 250m: 3:28.41 47.55 350m: 4:55.28 39.50						
	100m: 1:12.94 39.18 200m: 2:40.86 43.04 300m: 4:15.78 47.37 400m: 5:33.08 37.80						
8.	DIAS Ana Leonor	02	Colegio Bernardette Romeira	5:37.51	+0,77	491	
	50m: 36.08 36.08 150m: 2:03.78 45.91 250m: 3:34.41 47.36 350m: 5:01.47 39.12						
	100m: 1:17.87 41.79 200m: 2:47.05 43.27 300m: 4:22.35 47.94 400m: 5:37.51 36.04						
9.	VIEIRA Valeria Goncalves	02	Vitoria Guimaraes	5:37.82	+0,85	490	
	50m: 35.91 35.91 150m: 2:01.79 46.30 250m: 3:31.85 45.92 350m: 4:59.52 39.97						
	100m: 1:15.49 39.58 200m: 2:45.93 44.14 300m: 4:19.55 47.70 400m: 5:37.82 38.30						
10.	LOURENCO Alice Carmo	02	Viana Natacao	5:40.69	+0,87	477	
	50m: 33.96 33.96 150m: 1:56.63 43.05 250m: 3:30.48 52.68 350m: 5:03.56 39.43						
	100m: 1:13.58 39.62 200m: 2:37.80 41.17 300m: 4:24.13 53.65 400m: 5:40.69 37.13						
11.	MAGALHAES Ana Catarina	02	Lousada SXXI	5:41.49	+0,78	474	
	50m: 35.21 35.21 150m: 2:03.90 46.92 250m: 3:37.32 48.67 350m: 5:05.39 39.21						
	100m: 1:16.98 41.77 200m: 2:48.65 44.75 300m: 4:26.18 48.86 400m: 5:41.49 36.10						

DSQ MACEDO Beatriz Daniela 02 Vitoria Guimaraes
722 - Tocou com uma mão na parede na viragem aos 300 m - SW 7.6

RJC=Rejeitado WDR= Retirado EXH= Extra Competição

Splash Meet Manager, 11.49862

Registered to Federacao Portuguesa De Natacao

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PARCEIROS INSTITUCIONAIS

FORNECEDOR OFICIAL

PARCEIROS



Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal - OPEN
Oeiras, 20 a 23 de Julho de 2017

Prova 16, Femin., 400m Estilos, Elimin

Prova 16	Femin., 400m Estilos				Junior 16
21-07-2017 - 9:40					Resultados Elimin
Rec Nac Absoluto	4:40.11	KAMINSKAYA Victoria	POR	Pontevedra (ESP)	09-04-2017
Rec Nac Jun16	4:54.00	ROCHA Ines Neto	SANNP	Gijón (ESP)	20-05-2017

TAC Jun 50m: 5:32.22 - 25m: 5:24.77

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	ROCHA Ines Neto	01	Aquatico Pacense	4:57.20	+0,78	719	
	50m: 31.36 31.36	150m: 1:45.77 38.91	250m: 3:06.09 42.71	350m: 4:22.46 35.23			
	100m: 1:06.86 35.50	200m: 2:23.38 37.61	300m: 3:47.23 41.14	400m: 4:57.20 34.74			
2.	MACHADO Luisa Maria	01	Uniao Piedense	5:07.20	+0,92	651	
	50m: 31.84 31.84	150m: 1:50.93 41.72	250m: 3:13.06 41.98	350m: 4:32.00 36.30			
	100m: 1:09.21 37.37	200m: 2:31.08 40.15	300m: 3:55.70 42.64	400m: 5:07.20 35.20			
3.	SILVA Beatriz Santos	01	Porto	5:20.13	+0,74	576	
	50m: 33.70 33.70	150m: 1:53.45 40.99	250m: 3:18.91 45.28	350m: 4:42.76 37.96			
	100m: 1:12.46 38.76	200m: 2:33.63 40.18	300m: 4:04.80 45.89	400m: 5:20.13 37.37			
4.	CORREIA Mariana Delicado	01	Sporting	5:20.81	+0,73	572	
	50m: 32.66 32.66	150m: 1:51.27 41.17	250m: 3:21.41 49.76	350m: 4:46.58 35.93			
	100m: 1:10.10 37.44	200m: 2:31.65 40.38	300m: 4:10.65 49.24	400m: 5:20.81 34.23			
5.	GALACHA Mariana Sobral	01	Sporting	5:21.04	+0,70	571	
	50m: 33.15 33.15	150m: 1:55.50 43.21	250m: 3:23.86 46.90	350m: 4:45.60 37.33			
	100m: 1:12.29 39.14	200m: 2:36.96 41.46	300m: 4:08.27 44.41	400m: 5:21.04 35.44			
6.	MATOS Lara Beatriz	01	Famalicao	5:26.48	+0,94	543	
	50m: 32.98 32.98	150m: 1:56.15 44.58	250m: 3:26.10 47.64	350m: 4:49.81 37.49			
	100m: 1:11.57 38.59	200m: 2:38.46 42.31	300m: 4:12.32 46.22	400m: 5:26.48 36.67			
7.	SOUSA Raquel Santos	01	Sporting	5:33.38	+0,66	510	
	50m: 33.73 33.73	150m: 1:55.98 44.24	250m: 3:28.14 48.28	350m: 4:56.06 37.94			
	100m: 1:11.74 38.01	200m: 2:39.86 43.88	300m: 4:18.12 49.98	400m: 5:33.38 37.32			
8.	FERREIRA Ines Rodrigues	01	Benfica	5:37.32	+0,83	492	
	50m: 34.67 34.67	150m: 2:01.32 46.43	250m: 3:33.49 47.78	350m: 5:01.60 38.79			
	100m: 1:14.89 40.22	200m: 2:45.71 44.39	300m: 4:22.81 49.32	400m: 5:37.32 35.72			

DSQ VITAL Rita Alexandra 01 Alges
731 - Mais que uma pernada de golfinho durante a braçada submarina no inicio do percurso - SW 7.1

RJC=Rejeitado WDR= Retirado EXH= Extra Competição

Splash Meet Manager, 11.49862

Registered to Federacao Portuguesa De Natacao

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PARCEIROS INSTITUCIONAIS

FORNECEDOR OFICIAL

PARCEIROS



Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal - OPEN
Oeiras, 20 a 23 de Julho de 2017

Prova 16, Femin., 400m Estilos, Elimin

Prova 16	Femin., 400m Estilos				Junior 17
21-07-2017 - 9:40					Resultados Elimin
Rec Nac Absoluto	4:40.11	KAMINSKAYA Victoria	POR	Pontevedra (ESP)	09-04-2017
Rec Nac Jun17	4:52.12	KAMINSKAYA Victoria	PIMP	Oeiras	27-07-2012

TAC Jun 50m: 5:32.22 - 25m: 5:24.77

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	VARGAS Giovanna Vaz	00	Nautico Marinha Grande	5:02.10	+0,83	685	
	50m: 30.79 30.79	150m: 1:46.55 40.48	250m: 3:09.71 44.18	350m: 4:27.58 34.58			
	100m: 1:06.07 35.28	200m: 2:25.53 38.98	300m: 3:53.00 43.29	400m: 5:02.10 34.52			
2.	DOMINGUES Monica Seara	00	Nautico Marinha Grande	5:12.19	+0,88	621	
	50m: 32.35 32.35	150m: 1:49.51 39.70	250m: 3:13.98 45.89	350m: 4:36.93 36.97			
	100m: 1:09.81 37.46	200m: 2:28.09 38.58	300m: 3:59.96 45.98	400m: 5:12.19 35.26			
3.	SILVA Ines Rocha	00	Alcobaca	5:14.06	+0,71	610	
	50m: 33.40 33.40	150m: 1:53.85 41.68	250m: 3:17.59 43.94	350m: 4:38.95 36.74			
	100m: 1:12.17 38.77	200m: 2:33.65 39.80	300m: 4:02.21 44.62	400m: 5:14.06 35.11			
4.	SILVA Rafaela Araujo	00	Famalicao	5:22.99	+0,88	560	
	50m: 33.90 33.90	150m: 1:57.44 44.52	250m: 3:26.45 45.64	350m: 4:47.89 35.57			
	100m: 1:12.92 39.02	200m: 2:40.81 43.37	300m: 4:12.32 45.87	400m: 5:22.99 35.10			
5.	MONTEIRO Ines Rosado	00	Natacao de Vagos	5:25.01	+0,71	550	
	50m: 33.18 33.18	150m: 1:55.67 44.30	250m: 3:25.15 46.26	350m: 4:48.98 37.24			
	100m: 1:11.37 38.19	200m: 2:38.89 43.22	300m: 4:11.74 46.59	400m: 5:25.01 36.03			
6.	PEREIRA Andreia Brito	00	Condeixa Clube	5:38.36	+0,68	487	
	50m: 35.58 35.58	150m: 1:57.52 42.26	250m: 3:30.78 51.54	350m: 5:00.25 38.87			
	100m: 1:15.26 39.68	200m: 2:39.24 41.72	300m: 4:21.38 50.60	400m: 5:38.36 38.11			

Prova 16
21-07-2017 - 9:40

Femin., 400m Estilos

Seniores

Resultados Elimin

Rec Nac Absoluto	4:40.11	KAMINSKAYA Victoria	POR	Pontevedra (ESP)	09-04-2017
Rec Nac Sen	4:40.11	KAMINSKAYA Victoria	POR	Pontevedra (ESP)	09-04-2017

TAC 50m: 5:19.11 - 25m: 5:14.32

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	MARTINS Ana Beatriz	99	Famalicao	5:08.34	+0,78	644	
	50m: 32.30 32.30	150m: 1:50.67 40.81	250m: 3:14.42 43.94	350m: 4:33.98 35.45			
	100m: 1:09.86 37.56	200m: 2:30.48 39.81	300m: 3:58.53 44.11	400m: 5:08.34 34.36			
2.	ANDRE Angelica Maria	94	Fluvial Portuense	5:10.10	+0,72	633	
	50m: 32.46 32.46	150m: 1:49.59 41.09	250m: 3:14.85 44.14	350m: 4:34.31 35.70			
	100m: 1:08.50 36.04	200m: 2:30.71 41.12	300m: 3:58.61 43.76	400m: 5:10.10 35.79			
3.	AMADOR Rita Costa	99	Galitos / Bresimar	5:20.18	+0,67	575	
	50m: 32.32 32.32	150m: 1:51.64 41.33	250m: 3:18.81 46.74	350m: 4:43.15 37.15			
	100m: 1:10.31 37.99	200m: 2:32.07 40.43	300m: 4:06.00 47.19	400m: 5:20.18 37.03			
4.	RIBEIRO Margarida Messias	98	Gesloures	5:23.16	+0,69	559	
	50m: 33.77 33.77	150m: 1:55.05 42.68	250m: 3:19.31 44.55	350m: 4:45.46 39.39			
	100m: 1:12.37 38.60	200m: 2:34.76 39.71	300m: 4:06.07 46.76	400m: 5:23.16 37.70			

RJC=Rejeitado WDR= Retirado EXH= Extra Competição

Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal - OPEN
Oeiras, 20 a 23 de Julho de 2017

Prova 16, Femin., 400m Estilos, Elimin

Prova 16	Femin., 400m Estilos				Absolutos
21-07-2017 - 9:40					Resultados Elimin
Rec Nac Absoluto	4:40.11	KAMINSKAYA Victoria	POR	Pontevedra (ESP)	09-04-2017
Rec Nac Jun16	4:54.00	ROCHA Ines Neto	SANNP	Gijón (ESP)	20-05-2017
Rec Nac Jun17	4:52.12	KAMINSKAYA Victoria	PIMP	Oeiras	27-07-2012
Rec Nac Sen	4:40.11	KAMINSKAYA Victoria	POR	Pontevedra (ESP)	09-04-2017

TAC Sen 50m: 5:19.11 - 25m: 5:14.32; Jun 50m: 5:32.22 - 25m: 5:24.77

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	ROCHA Ines Neto	01	Aquatico Pacense	4:57.20	+0,78	719	
	50m: 31.36 31.36	150m: 1:45.77 38.91	250m: 3:06.09 42.71	350m: 4:22.46 35.23			
	100m: 1:06.86 35.50	200m: 2:23.38 37.61	300m: 3:47.23 41.14	400m: 4:57.20 34.74			
2.	VARGAS Giovanna Vaz	00	Nautico Marinha Grande	5:02.10	+0,83	685	
	50m: 30.79 30.79	150m: 1:46.55 40.48	250m: 3:09.71 44.18	350m: 4:27.58 34.58			
	100m: 1:06.07 35.28	200m: 2:25.53 38.98	300m: 3:53.00 43.29	400m: 5:02.10 34.52			
3.	MACHADO Luisa Maria	01	Uniao Piedense	5:07.20	+0,92	651	
	50m: 31.84 31.84	150m: 1:50.93 41.72	250m: 3:13.06 41.98	350m: 4:32.00 36.30			
	100m: 1:09.21 37.37	200m: 2:31.08 40.15	300m: 3:55.70 42.64	400m: 5:07.20 35.20			
4.	MARTINS Ana Beatriz	99	Famalicao	5:08.34	+0,78	644	
	50m: 32.30 32.30	150m: 1:50.67 40.81	250m: 3:14.42 43.94	350m: 4:33.98 35.45			
	100m: 1:09.86 37.56	200m: 2:30.48 39.81	300m: 3:58.53 44.11	400m: 5:08.34 34.36			
5.	ANDRE Angelica Maria	94	Fluvial Portuense	5:10.10	+0,72	633	
	50m: 32.46 32.46	150m: 1:49.59 41.09	250m: 3:14.85 44.14	350m: 4:34.31 35.70			
	100m: 1:08.50 36.04	200m: 2:30.71 41.12	300m: 3:58.61 43.76	400m: 5:10.10 35.79			
6.	DOMINGUES Monica Seara	00	Nautico Marinha Grande	5:12.19	+0,88	621	
	50m: 32.35 32.35	150m: 1:49.51 39.70	250m: 3:13.98 45.89	350m: 4:36.93 36.97			
	100m: 1:09.81 37.46	200m: 2:28.09 38.58	300m: 3:59.96 45.98	400m: 5:12.19 35.26			
7.	SILVA Ines Rocha	00	Alcobaca	5:14.06	+0,71	610	
	50m: 33.40 33.40	150m: 1:53.85 41.68	250m: 3:17.59 43.94	350m: 4:38.95 36.74			
	100m: 1:12.17 38.77	200m: 2:33.65 39.80	300m: 4:02.21 44.62	400m: 5:14.06 35.11			
8.	SILVA Beatriz Santos	01	Porto	5:20.13	+0,74	576	
	50m: 33.70 33.70	150m: 1:53.45 40.99	250m: 3:18.91 45.28	350m: 4:42.76 37.96			
	100m: 1:12.46 38.76	200m: 2:33.63 40.18	300m: 4:04.80 45.89	400m: 5:20.13 37.37			
9.	AMADOR Rita Costa	99	Galitos / Bresimar	5:20.18	+0,67	575	
	50m: 32.32 32.32	150m: 1:51.64 41.33	250m: 3:18.81 46.74	350m: 4:43.15 37.15			
	100m: 1:10.31 37.99	200m: 2:32.07 40.43	300m: 4:06.00 47.19	400m: 5:20.18 37.03			
10.	CORREIA Mariana Delicado	01	Sporting	5:20.81	+0,73	572	
	50m: 32.66 32.66	150m: 1:51.27 41.17	250m: 3:21.41 49.76	350m: 4:46.58 35.93			
	100m: 1:10.10 37.44	200m: 2:31.65 40.38	300m: 4:10.65 49.24	400m: 5:20.81 34.23			
11.	GALACHA Mariana Sobral	01	Sporting	5:21.04	+0,70	571	
	50m: 33.15 33.15	150m: 1:55.50 43.21	250m: 3:23.86 46.90	350m: 4:45.60 37.33			
	100m: 1:12.29 39.14	200m: 2:36.96 41.46	300m: 4:08.27 44.41	400m: 5:21.04 35.44			
12.	SILVA Rafaela Araujo	00	Famalicao	5:22.99	+0,88	560	
	50m: 33.90 33.90	150m: 1:57.44 44.52	250m: 3:26.45 45.64	350m: 4:47.89 35.57			
	100m: 1:12.92 39.02	200m: 2:40.81 43.37	300m: 4:12.32 45.87	400m: 5:22.99 35.10			

RJC=Rejeitado WDR= Retirado EXH= Extra Competição

Splash Meet Manager, 11.49862

Registered to Federacao Portuguesa De Natacao

21-07-2017 10:31 - Página 8

PARCEIROS INSTITUCIONAIS

FORNECEDOR OFICIAL

PARCEIROS



Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal - OPEN
Oeiras, 20 a 23 de Julho de 2017

Prova 16, Femin., 400m Estilos, Elimin, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
13.	RIBEIRO Margarida Messias	98	Gesloures	5:23.16	+0,69	559	
	50m: 33.77 33.77	150m: 1:55.05 42.68	250m: 3:19.31 44.55	350m: 4:45.46 39.39			
	100m: 1:12.37 38.60	200m: 2:34.76 39.71	300m: 4:06.07 46.76	400m: 5:23.16 37.70			
14.	MONTEIRO Ines Rosado	00	Natacao de Vagos	5:25.01	+0,71	550	
	50m: 33.18 33.18	150m: 1:55.67 44.30	250m: 3:25.15 46.26	350m: 4:48.98 37.24			
	100m: 1:11.37 38.19	200m: 2:38.89 43.22	300m: 4:11.74 46.59	400m: 5:25.01 36.03			
15.	MATOS Lara Beatriz	01	Famalicao	5:26.48	+0,94	543	
	50m: 32.98 32.98	150m: 1:56.15 44.58	250m: 3:26.10 47.64	350m: 4:49.81 37.49			
	100m: 1:11.57 38.59	200m: 2:38.46 42.31	300m: 4:12.32 46.22	400m: 5:26.48 36.67			
16.	SOUSA Raquel Santos	01	Sporting	5:33.38	+0,66	510	
	50m: 33.73 33.73	150m: 1:55.98 44.24	250m: 3:28.14 48.28	350m: 4:56.06 37.94			
	100m: 1:11.74 38.01	200m: 2:39.86 43.88	300m: 4:18.12 49.98	400m: 5:33.38 37.32			
17.	FERREIRA Ines Rodrigues	01	Benfica	5:37.32	+0,83	492	
	50m: 34.67 34.67	150m: 2:01.32 46.43	250m: 3:33.49 47.78	350m: 5:01.60 38.79			
	100m: 1:14.89 40.22	200m: 2:45.71 44.39	300m: 4:22.81 49.32	400m: 5:37.32 35.72			
18.	PEREIRA Andreia Brito	00	Condeixa Clube	5:38.36	+0,68	487	
	50m: 35.58 35.58	150m: 1:57.52 42.26	250m: 3:30.78 51.54	350m: 5:00.25 38.87			
	100m: 1:15.26 39.68	200m: 2:39.24 41.72	300m: 4:21.38 50.60	400m: 5:38.36 38.11			
DSQ	VITAL Rita Alexandra	01	Alges				
	<i>731 - Mais que uma pernada de golfinho durante a braçada submarina no inicio do percurso - SW 7.1</i>						

Prova 16 Femin., 400m Estilos Open
21-07-2017 - 9:40 Resultados Elimin

Rec Nac Absoluto	4:40.11	KAMINSKAYA Victoria	POR	Pontevedra (ESP)	09-04-2017
Rec Nac Inf B	5:14.05	RUIVO Filipa Vilas	DNMG	S. João da Madeira	24-07-2009
Rec Nac Inf A	5:11.29	ROCHA Diana Ramos	EDV	Faro	20-07-2007
Rec Nac Juv B	5:01.00	ROCHA Ines Neto	CAP	Coimbra	24-07-2015
Rec Nac Juv B	5:01.00	ROCHA Ines Neto	CAP	Coimbra	24-07-2015
Rec Nac Juv A	4:58.08	DURAES Diana Margarida	FOCA	Póvoa de Varzim	05-08-2011
Rec Nac Jun16	4:54.00	ROCHA Ines Neto	SANNP	Gijón (ESP)	20-05-2017
Rec Nac Jun17	4:52.12	KAMINSKAYA Victoria	PMP	Oeiras	27-07-2012
Rec Nac Sen	4:40.11	KAMINSKAYA Victoria	POR	Pontevedra (ESP)	09-04-2017

TAC Sen 50m: 5:19.11 - 25m: 5:14.32; Jun 50m: 5:32.22 - 25m: 5:24.77; Juv A 50m: 5:39.24 - 25m: 5:30.45; Juv B 50m: 5:50.12 - 25m: 5:30.56

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	ROCHA Ines Neto	01	Aquatico Pacense	4:57.20	+0,78	719	
	50m: 31.36 31.36	150m: 1:45.77 38.91	250m: 3:06.09 42.71	350m: 4:22.46 35.23			
	100m: 1:06.86 35.50	200m: 2:23.38 37.61	300m: 3:47.23 41.14	400m: 4:57.20 34.74			
2.	STAMM Lisa	92	SC Schaffhausen	4:58.58	+0,72	709	
	50m: 31.76 31.76	150m: 1:45.03 38.74	250m: 3:06.83 43.47	350m: 4:25.23 35.12			
	100m: 1:06.29 34.53	200m: 2:23.36 38.33	300m: 3:50.11 43.28	400m: 4:58.58 33.35			
3.	VARGAS Giovanna Vaz	00	Nautico Marinha Grande	5:02.10	+0,83	685	
	50m: 30.79 30.79	150m: 1:46.55 40.48	250m: 3:09.71 44.18	350m: 4:27.58 34.58			
	100m: 1:06.07 35.28	200m: 2:25.53 38.98	300m: 3:53.00 43.29	400m: 5:02.10 34.52			

RJC=Rejeitado WDR= Retirado EXH= Extra Competição

Splash Meet Manager, 11.49862

Registered to Federacao Portuguesa De Natacao

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PARCEIROS INSTITUCIONAIS

FORNECEDOR OFICIAL

PARCEIROS



Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal - OPEN
Oeiras, 20 a 23 de Julho de 2017

Prova 16, Femin., 400m Estilos, Elimin, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
4.	SCHUETT Ida	96	Denmark	5:03.92	+0,74	673	
	50m: 31.98 31.98	150m: 1:50.69 41.82	250m: 3:12.11 42.15	350m: 4:30.36 34.62	400m: 5:03.92 33.56		
	100m: 1:08.87 36.89	200m: 2:29.96 39.27	300m: 3:55.74 43.63				
5.	MESQUITA Francisca Salvador	02	Colegio Monte Maior	5:06.45	+0,70	656	
	50m: 31.32 31.32	150m: 1:48.10 40.71	250m: 3:12.79 44.66	350m: 4:32.49 36.22	400m: 5:06.45 33.96		
	100m: 1:07.39 36.07	200m: 2:28.13 40.03	300m: 3:56.27 43.48				
6.	MACHADO Luisa Maria	01	Uniao Piedense	5:07.20	+0,92	651	
	50m: 31.84 31.84	150m: 1:50.93 41.72	250m: 3:13.06 41.98	350m: 4:32.00 36.30	400m: 5:07.20 35.20		
	100m: 1:09.21 37.37	200m: 2:31.08 40.15	300m: 3:55.70 42.64				
7.	MARTINS Ana Beatriz	99	Famalicao	5:08.34	+0,78	644	
	50m: 32.30 32.30	150m: 1:50.67 40.81	250m: 3:14.42 43.94	350m: 4:33.98 35.45	400m: 5:08.34 34.36		
	100m: 1:09.86 37.56	200m: 2:30.48 39.81	300m: 3:58.53 44.11				
8.	ANDRE Angelica Maria	94	Fluvial Portuense	5:10.10	+0,72	633	
	50m: 32.46 32.46	150m: 1:49.59 41.09	250m: 3:14.85 44.14	350m: 4:34.31 35.70	400m: 5:10.10 35.79		
	100m: 1:08.50 36.04	200m: 2:30.71 41.12	300m: 3:58.61 43.76				
9.	DOMINGUES Monica Seara	00	Nautico Marinha Grande	5:12.19	+0,88	621	
	50m: 32.35 32.35	150m: 1:49.51 39.70	250m: 3:13.98 45.89	350m: 4:36.93 36.97	400m: 5:12.19 35.26		
	100m: 1:09.81 37.46	200m: 2:28.09 38.58	300m: 3:59.96 45.98				
10.	MENDES Mariana Amaral	02	Colegio Monte Maior	5:14.04	+0,79	610	
	50m: 34.30 34.30	150m: 1:55.49 42.23	250m: 3:19.86 44.09	350m: 4:39.70 35.55	400m: 5:14.04 34.34		
	100m: 1:13.26 38.96	200m: 2:35.77 40.28	300m: 4:04.15 44.29				
11.	SILVA Ines Rocha	00	Alcobaca	5:14.06	+0,71	610	
	50m: 33.40 33.40	150m: 1:53.85 41.68	250m: 3:17.59 43.94	350m: 4:38.95 36.74	400m: 5:14.06 35.11		
	100m: 1:12.17 38.77	200m: 2:33.65 39.80	300m: 4:02.21 44.62				
12.	CARDEAL Joana Nunes	02	Academico Viseu	5:14.55	+0,76	607	
	50m: 31.97 31.97	150m: 1:51.52 42.08	250m: 3:17.62 45.08	350m: 4:39.29 36.45	400m: 5:14.55 35.26		
	100m: 1:09.44 37.47	200m: 2:32.54 41.02	300m: 4:02.84 45.22				
13.	REBELO Maria Carlota	03	Nautico /Urgicentro-Sanfil	5:17.48	+0,75	590	
	50m: 33.40 33.40	150m: 1:52.83 42.24	250m: 3:20.50 46.10	350m: 4:41.97 36.60	400m: 5:17.48 35.51		
	100m: 1:10.59 37.19	200m: 2:34.40 41.57	300m: 4:05.37 44.87				
14.	NEVES Sara Dias	03	Miranda do Corvo	5:19.94	+0,74	577	
	50m: 34.35 34.35	150m: 1:55.81 42.07	250m: 3:22.26 45.67	350m: 4:44.47 36.53	400m: 5:19.94 35.47		
	100m: 1:13.74 39.39	200m: 2:36.59 40.78	300m: 4:07.94 45.68				
15.	SILVA Beatriz Santos	01	Porto	5:20.13	+0,74	576	
	50m: 33.70 33.70	150m: 1:53.45 40.99	250m: 3:18.91 45.28	350m: 4:42.76 37.96	400m: 5:20.13 37.37		
	100m: 1:12.46 38.76	200m: 2:33.63 40.18	300m: 4:04.80 45.89				
16.	AMADOR Rita Costa	99	Galitos / Bresimar	5:20.18	+0,67	575	
	50m: 32.32 32.32	150m: 1:51.64 41.33	250m: 3:18.81 46.74	350m: 4:43.15 37.15	400m: 5:20.18 37.03		
	100m: 1:10.31 37.99	200m: 2:32.07 40.43	300m: 4:06.00 47.19				
17.	CORREIA Mariana Delicado	01	Sporting	5:20.81	+0,73	572	
	50m: 32.66 32.66	150m: 1:51.27 41.17	250m: 3:21.41 49.76	350m: 4:46.58 35.93	400m: 5:20.81 34.23		
	100m: 1:10.10 37.44	200m: 2:31.65 40.38	300m: 4:10.65 49.24				
18.	GALACHA Mariana Sobral	01	Sporting	5:21.04	+0,70	571	
	50m: 33.15 33.15	150m: 1:55.50 43.21	250m: 3:23.86 46.90	350m: 4:45.60 37.33	400m: 5:21.04 35.44		
	100m: 1:12.29 39.14	200m: 2:36.96 41.46	300m: 4:08.27 44.41				

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Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal - OPEN
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Prova 16, Femin., 400m Estilos, Elimin, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
19.	SILVA Rafaela Araujo	00	Famalicao	5:22.99	+0,88	560	
	50m: 33.90 33.90	150m: 1:57.44 44.52	250m: 3:26.45 45.64	350m: 4:47.89 35.57			
	100m: 1:12.92 39.02	200m: 2:40.81 43.37	300m: 4:12.32 45.87	400m: 5:22.99 35.10			
20.	RIBEIRO Margarida Messias	98	Gesloures	5:23.16	+0,69	559	
	50m: 33.77 33.77	150m: 1:55.05 42.68	250m: 3:19.31 44.55	350m: 4:45.46 39.39			
	100m: 1:12.37 38.60	200m: 2:34.76 39.71	300m: 4:06.07 46.76	400m: 5:23.16 37.70			
21.	AGOSTINHO Catia Iordan	02	Rio Maior	5:24.22	+0,78	554	
	50m: 34.11 34.11	150m: 1:56.59 42.95	250m: 3:24.10 46.11	350m: 4:47.77 37.06			
	100m: 1:13.64 39.53	200m: 2:37.99 41.40	300m: 4:10.71 46.61	400m: 5:24.22 36.45			
22.	MONTEIRO Ines Rosado	00	Natacao de Vagos	5:25.01	+0,71	550	
	50m: 33.18 33.18	150m: 1:55.67 44.30	250m: 3:25.15 46.26	350m: 4:48.98 37.24			
	100m: 1:11.37 38.19	200m: 2:38.89 43.22	300m: 4:11.74 46.59	400m: 5:25.01 36.03			
23.	SILVA Natacha Sofia	02	Benfica	5:26.08	+0,77	545	
	50m: 34.50 34.50	150m: 1:58.25 44.18	250m: 3:25.62 44.68	350m: 4:49.30 38.50			
	100m: 1:14.07 39.57	200m: 2:40.94 42.69	300m: 4:10.80 45.18	400m: 5:26.08 36.78			
24.	MATOS Lara Beatriz	01	Famalicao	5:26.48	+0,94	543	
	50m: 32.98 32.98	150m: 1:56.15 44.58	250m: 3:26.10 47.64	350m: 4:49.81 37.49			
	100m: 1:11.57 38.59	200m: 2:38.46 42.31	300m: 4:12.32 46.22	400m: 5:26.48 36.67			
25.	CASTRO Maria Freitas	03	Fafe	5:26.60		542	
	50m: 35.36 35.36	150m: 1:59.93 44.41	250m: 3:29.17 46.17	350m: 4:52.69 37.47			
	100m: 1:15.52 40.16	200m: 2:43.00 43.07	300m: 4:15.22 46.05	400m: 5:26.60 33.91			
26.	AMORIM Maria Leonor	03	Porto	5:26.66	+0,74	542	
	50m: 34.66 34.66	150m: 1:58.55 40.75	250m: 3:25.74 46.92	350m: 4:49.57 37.69			
	100m: 1:17.80 43.14	200m: 2:38.82 40.27	300m: 4:11.88 46.14	400m: 5:26.66 37.09			
27.	DOMINGUES Luana Pinto	03	Ba/Bomcar	5:28.87	+0,63	531	
	50m: 33.23 33.23	150m: 1:55.68 43.94	250m: 3:24.66 45.58	350m: 4:51.00 38.72			
	100m: 1:11.74 38.51	200m: 2:39.08 43.40	300m: 4:12.28 47.62	400m: 5:28.87 37.87			
28.	RODRIGUES Daniela Oliveira	02	Natacao de Valongo	5:31.33	+0,71	519	
	50m: 33.01 33.01	150m: 1:55.60 44.89	250m: 3:27.68 49.50	350m: 4:53.98 37.93			
	100m: 1:10.71 37.70	200m: 2:38.18 42.58	300m: 4:16.05 48.37	400m: 5:31.33 37.35			
29.	RODRIGUES Constanca Filipa	02	Pimpoes/Cimai	5:33.08	+0,76	511	
	50m: 33.76 33.76	150m: 1:57.82 44.88	250m: 3:28.41 47.55	350m: 4:55.28 39.50			
	100m: 1:12.94 39.18	200m: 2:40.86 43.04	300m: 4:15.78 47.37	400m: 5:33.08 37.80			
30.	SOUSA Raquel Santos	01	Sporting	5:33.38	+0,66	510	
	50m: 33.73 33.73	150m: 1:55.98 44.24	250m: 3:28.14 48.28	350m: 4:56.06 37.94			
	100m: 1:11.74 38.01	200m: 2:39.86 43.88	300m: 4:18.12 49.98	400m: 5:33.38 37.32			
31.	SOARES Ines Apolinario	03	Pimpoes/Cimai	5:35.89	+0,67	498	
	50m: 34.19 34.19	150m: 1:58.16 44.00	250m: 3:30.29 49.13	350m: 5:00.92 39.81			
	100m: 1:14.16 39.97	200m: 2:41.16 43.00	300m: 4:21.11 50.82	400m: 5:35.89 34.97			
32.	FERREIRA Ines Rodrigues	01	Benfica	5:37.32	+0,83	492	
	50m: 34.67 34.67	150m: 2:01.32 46.43	250m: 3:33.49 47.78	350m: 5:01.60 38.79			
	100m: 1:14.89 40.22	200m: 2:45.71 44.39	300m: 4:22.81 49.32	400m: 5:37.32 35.72			
33.	RATO Renata Simoes	03	Nautico Marinha Grande	5:37.43	+0,75	491	
	50m: 35.70 35.70	150m: 2:02.90 45.49	250m: 3:33.60 46.35	350m: 5:01.45 39.86			
	100m: 1:17.41 41.71	200m: 2:47.25 44.35	300m: 4:21.59 47.99	400m: 5:37.43 35.98			

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Campeonato Nacional de Juvenis
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Prova 16, Femin., 400m Estilos, Elimin, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
34.	DIAS Ana Leonor	02	Colegio Bernardette Romeira	5:37.51	+0,77	491	
	50m: 36.08 36.08	150m: 2:03.78 45.91	250m: 3:34.41 47.36	350m: 5:01.47 39.12			
	100m: 1:17.87 41.79	200m: 2:47.05 43.27	300m: 4:22.35 47.94	400m: 5:37.51 36.04			
35.	VIEIRA Valeria Goncalves	02	Vitoria Guimaraes	5:37.82	+0,85	490	
	50m: 35.91 35.91	150m: 2:01.79 46.30	250m: 3:31.85 45.92	350m: 4:59.52 39.97			
	100m: 1:15.49 39.58	200m: 2:45.93 44.14	300m: 4:19.55 47.70	400m: 5:37.82 38.30			
36.	RAMOS Ines Asseiceira	03	Torres Novas	5:38.09	+0,74	489	
	50m: 35.03 35.03	150m: 1:59.51 42.83	250m: 3:31.29 49.82	350m: 4:59.91 38.46			
	100m: 1:16.68 41.65	200m: 2:41.47 41.96	300m: 4:21.45 50.16	400m: 5:38.09 38.18			
37.	MENDES Lea Alexandra	03	Gualdim Pais	5:38.11	+0,79	488	
	50m: 35.39 35.39	150m: 1:59.65 42.23	250m: 3:31.56 49.68	350m: 4:59.85 38.72			
	100m: 1:17.42 42.03	200m: 2:41.88 42.23	300m: 4:21.13 49.57	400m: 5:38.11 38.26			
38.	PEREIRA Andreia Brito	00	Condeixa Clube	5:38.36	+0,68	487	
	50m: 35.58 35.58	150m: 1:57.52 42.26	250m: 3:30.78 51.54	350m: 5:00.25 38.87			
	100m: 1:15.26 39.68	200m: 2:39.24 41.72	300m: 4:21.38 50.60	400m: 5:38.36 38.11			
39.	MARQUES Mariana Nunes	03	Estarreja	5:40.49	+0,70	478	
	50m: 33.72 33.72	150m: 1:58.85 44.17	250m: 3:30.37 49.35	350m: 5:01.74 40.42			
	100m: 1:14.68 40.96	200m: 2:41.02 42.17	300m: 4:21.32 50.95	400m: 5:40.49 38.75			
40.	LOURENCO Alice Carmo	02	Viana Natacao	5:40.69	+0,87	477	
	50m: 33.96 33.96	150m: 1:56.63 43.05	250m: 3:30.48 52.68	350m: 5:03.56 39.43			
	100m: 1:13.58 39.62	200m: 2:37.80 41.17	300m: 4:24.13 53.65	400m: 5:40.69 37.13			
41.	HENRIQUES Daniela Mascarenhas	03	Gesloures	5:41.30	+0,83	475	
	50m: 34.40 34.40	150m: 2:01.78 46.28	250m: 3:34.19 48.51	350m: 5:03.75 40.88			
	100m: 1:15.50 41.10	200m: 2:45.68 43.90	300m: 4:22.87 48.68	400m: 5:41.30 37.55			
42.	MAGALHAES Ana Catarina	02	Lousada SXXI	5:41.49	+0,78	474	
	50m: 35.21 35.21	150m: 2:03.90 46.92	250m: 3:37.32 48.67	350m: 5:05.39 39.21			
	100m: 1:16.98 41.77	200m: 2:48.65 44.75	300m: 4:26.18 48.86	400m: 5:41.49 36.10			
43.	DOMINGUES Matilde Mota	03	Colegio SMLamas	5:41.61	+0,78	474	
	50m: 33.31 33.31	150m: 1:57.03 45.52	250m: 3:30.83 47.49	350m: 5:01.08 41.59			
	100m: 1:11.51 38.20	200m: 2:43.34 46.31	300m: 4:19.49 48.66	400m: 5:41.61 40.53			
44.	SOUSA Ines Matos	03	Nautico /Urgicentro-Sanfil	5:42.72	+0,82	469	
	50m: 36.25 36.25	150m: 2:04.42 46.20	250m: 3:39.05 50.79	350m: 5:06.43 37.66			
	100m: 1:18.22 41.97	200m: 2:48.26 43.84	300m: 4:28.77 49.72	400m: 5:42.72 36.29			
45.	CAXARIA Marta Sousa	03	Natacao do Montijo	5:45.53	+0,78	458	
	50m: 35.45 35.45	150m: 2:05.18 46.21	250m: 3:37.91 48.09	350m: 5:05.49 39.37			
	100m: 1:18.97 43.52	200m: 2:49.82 44.64	300m: 4:26.12 48.21	400m: 5:45.53 40.04			
46.	OLIVEIRA Rita Malafaia	03	Porto	5:46.77	+0,82	453	
	50m: 35.98 35.98	150m: 2:08.79 48.12	250m: 3:39.69 46.58	350m: 5:07.67 40.72			
	100m: 1:20.67 44.69	200m: 2:53.11 44.32	300m: 4:26.95 47.26	400m: 5:46.77 39.10			
47.	MOREIRA Catarina Guimaraes	03	Alges	5:47.19	+0,73	451	
	50m: 34.83 34.83	150m: 2:02.75 45.68	250m: 3:36.93 50.12	350m: 5:08.66 40.25			
	100m: 1:17.07 42.24	200m: 2:46.81 44.06	300m: 4:28.41 51.48	400m: 5:47.19 38.53			
48.	MACEDO Maria Sa	03	Porto	5:48.50	+0,82	446	
	50m: 36.17 36.17	150m: 2:00.56 44.42	250m: 3:37.59 53.51	350m: 5:10.18 40.08			
	100m: 1:16.14 39.97	200m: 2:44.08 43.52	300m: 4:30.10 52.51	400m: 5:48.50 38.32			

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Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal - OPEN
Oeiras, 20 a 23 de Julho de 2017

Prova 16, Femin., 400m Estilos, Elimin, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
49.	SILVA Ana Pereira	03	Fafe	5:49.47	+0,93	442	
	50m: 37.07 37.07	150m: 2:03.64	45.69	250m: 3:38.99	52.14	350m: 5:10.25	40.42
	100m: 1:17.95 40.88	200m: 2:46.85	43.21	300m: 4:29.83	50.84	400m: 5:49.47	39.22
50.	DIAS Ana Amarante	03	Naval de Ponta Delgada	5:51.89	+0,78	433	
	50m: 35.08 35.08	150m: 2:04.13	47.48	250m: 3:37.36	48.12	350m: 5:09.32	42.77
	100m: 1:16.65 41.57	200m: 2:49.24	45.11	300m: 4:26.55	49.19	400m: 5:51.89	42.57
51.	CAMBAS Ema Miranda	03	Naval Povoense	5:59.39	+0,81	407	
	50m: 37.12 37.12	150m: 2:07.17	44.07	250m: 3:42.79	53.20	350m: 5:17.68	41.93
	100m: 1:23.10 45.98	200m: 2:49.59	42.42	300m: 4:35.75	52.96	400m: 5:59.39	41.71
DSQ	VITAL Rita Alexandra	01	Alges				
	<i>731 - Mais que uma pernada de golfinho durante a braçada submarina no inicio do percurso - SW 7.1</i>						
DSQ	MACEDO Beatriz Daniela	02	Vitoria Guimaraes				
	<i>722 - Tocou com uma mão na parede na viragem aos 300 m - SW 7.6</i>						

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