

Prova 1  
28/10/2017 - 9:00

Femin., 800m Livres

Absolutos  
Resultados

Rec Nac Absoluto	8:24.09	DURAES Diana Margarida	POR	Moscow (RUS)	03/08/2017
Rec Nac Inf B	9:33.95	RUIVO Filipa Vilas	DNMG	Nazaré	16/05/2009
Rec Nac Inf A	9:03.90	SILVA Alexandra Maria	FCP	Porto	13/07/1980
Rec Nac Juv B	9:00.27	SILVA Alexandra Maria	FCP	Antibes (FRA)	20/12/1980
Rec Nac Juv A	8:46.74	SANTOS Ana Claudia	SFUAP	Cantanhede	19/12/2004
Rec Nac Jun16	8:45.41	HOLUB Tamila Hryhorivna	SCB	Porto	21/12/2014
Rec Nac Jun17	8:32.83	HOLUB Tamila Hryhorivna	SCB	Porto	13/12/2015
Rec Nac Sen	8:24.09	DURAES Diana Margarida	POR	Moscow (RUS)	03/08/2017

Pontos: FINA 2017

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	FERREIRA Beatriz Marques	00	122579	Campinho	<b>9:44.49</b>	+0,78	551	25,0(-)
	50m: 32.11 32.11		250m: 2:56.61 36.77	450m: 5:25.15 37.22	650m: 7:54.11 36.75			
	100m: 1:07.21 35.10		300m: 3:33.68 37.07	500m: 6:02.24 37.09	700m: 8:31.47 37.36			
	150m: 1:43.38 36.17		350m: 4:10.61 36.93	550m: 6:39.89 37.65	750m: 9:08.64 37.17			
	200m: 2:19.84 36.46		400m: 4:47.93 37.32	600m: 7:17.36 37.47	800m: 9:44.49 35.85			
2.	FONSECA Laura Luz	03	122825	Naval de Ponta Delgada	<b>9:44.62</b>		551	23,0(-)
	100m: 1:08.84 1:08.84		300m: 3:34.10 1:13.00	500m: 6:02.28 1:14.20	700m: 8:31.52 1:14.48			
	200m: 2:21.10 1:12.26		400m: 4:48.08 1:13.98	600m: 7:17.04 1:14.76	800m: 9:44.62 1:13.10			
3.	FERREIRA Catarina Trigo	02	124523	Natacao de Lisboa	<b>9:54.13</b>	+0,74	525	22,0(-)
	50m: 32.26 32.26		250m: 3:00.10 37.60	450m: 5:30.01 37.77	650m: 8:01.82 38.08			
	100m: 1:08.00 35.74		300m: 3:37.49 37.39	500m: 6:07.97 37.96	700m: 8:40.09 38.27			
	150m: 1:45.22 37.22		350m: 4:15.12 37.63	550m: 6:45.82 37.85	750m: 9:18.04 37.95			
	200m: 2:22.50 37.28		400m: 4:52.24 37.12	600m: 7:23.74 37.92	800m: 9:54.13 36.09			
4.	MONTEIRO Ines Maria	04	126588	Naval Praia da Vitoria	<b>10:00.18</b>		509	21,0(-)
	100m: 1:09.68 1:09.68		300m: 3:40.50 1:16.24	500m: 6:13.90 1:16.59	700m: 8:46.65 1:16.38			
	200m: 2:24.26 1:14.58		400m: 4:57.31 1:16.81	600m: 7:30.27 1:16.37	800m: 10:00.18 1:13.53			
5.	SOUZA Ines Matos	03	125190	Uniao Coimbra	<b>10:06.60</b>	+0,86	493	20,0(-)
	50m: 33.90 33.90		250m: 3:05.06 38.56	450m: 5:38.76 38.35	650m: 8:12.51 38.50			
	100m: 1:10.58 36.68		300m: 3:43.41 38.35	500m: 6:16.99 38.23	700m: 8:51.04 38.53			
	150m: 1:48.41 37.83		350m: 4:21.87 38.46	550m: 6:55.38 38.39	750m: 9:29.17 38.13			
	200m: 2:26.50 38.09		400m: 5:00.41 38.54	600m: 7:34.01 38.63	800m: 10:06.60 37.43			
6.	DELGADO Soraia Alexandra	05	153438	CPCD-Povoa St Iria	<b>10:15.99</b>	+0,90	471	19,0(-)
	50m: 32.30 32.30		250m: 3:03.39 38.75	450m: 5:39.42 38.99	650m: 8:17.69 40.08			
	100m: 1:08.62 36.32		300m: 3:41.90 38.51	500m: 6:18.49 39.07	700m: 8:57.75 40.06			
	150m: 1:46.20 37.58		350m: 4:21.21 39.31	550m: 6:57.92 39.43	750m: 9:38.10 40.35			
	200m: 2:24.64 38.44		400m: 5:00.43 39.22	600m: 7:37.61 39.69	800m: 10:15.99 37.89			
7.	FERREIRA Carla Sandrina	04	131493	O Crasto	<b>10:17.22</b>	+1,05	468	18,0(-)
	50m: 34.18 34.18		250m: 3:08.72 38.91	450m: 5:46.07 39.24	650m: 8:22.78 38.83			
	100m: 1:11.96 37.78		300m: 3:47.80 39.08	500m: 6:25.74 39.67	700m: 9:01.60 38.82			
	150m: 1:50.78 38.82		350m: 4:27.05 39.25	550m: 7:04.79 39.05	750m: 9:40.32 38.72			
	200m: 2:29.81 39.03		400m: 5:06.83 39.78	600m: 7:43.95 39.16	800m: 10:17.22 36.90			
8.	ALVES Ines Sofia	04	129192	Portinado	<b>10:17.97</b>	+0,87	466	17,0(-)
	50m: 33.08 33.08		250m: 3:06.78 39.13	450m: 5:45.20 39.79	650m: 8:24.11 39.39			
	100m: 1:10.32 37.24		300m: 3:46.12 39.34	500m: 6:24.99 39.79	700m: 9:03.85 39.74			
	150m: 1:49.22 38.90		350m: 4:25.80 39.68	550m: 7:05.09 40.10	750m: 9:42.56 38.71			
	200m: 2:27.65 38.43		400m: 5:05.41 39.61	600m: 7:44.72 39.63	800m: 10:17.97 35.41			
9.	LOPES Raquel Raposo	04	153469	Desportivo Cova da Piedad	<b>10:29.25</b>	+0,84	442	16,0(-)
	50m: 34.21 34.21		250m: 3:09.93 39.11	450m: 5:49.84 40.17	650m: 8:30.63 40.58			
	100m: 1:12.03 37.82		300m: 3:49.80 39.87	500m: 6:30.13 40.29	700m: 9:11.01 40.38			
	150m: 1:51.10 39.07		350m: 4:29.67 39.87	550m: 7:09.53 39.40	750m: 9:50.63 39.62			
	200m: 2:30.82 39.72		400m: 5:09.67 40.00	600m: 7:50.05 40.52	800m: 10:29.25 38.62			
10.	SILVA Margarida Mota	03	122224	Palmela	<b>10:30.09</b>	+0,76	440	15,0(-)
	50m: 33.40 33.40		250m: 3:06.85 39.42	450m: 5:47.29 40.56	650m: 8:29.92 40.53			
	100m: 1:10.24 36.84		300m: 3:46.64 39.79	500m: 6:28.00 40.71	700m: 9:10.65 40.73			
	150m: 1:48.63 38.39		350m: 4:26.54 39.90	550m: 7:08.87 40.87	750m: 9:50.93 40.28			
	200m: 2:27.43 38.80		400m: 5:06.73 40.19	600m: 7:49.39 40.52	800m: 10:30.09 39.16			

Prova 1, Femin., 800m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
11.	CARLOTA Catarina Isabel	05	132493	BUZIOS-Coruche	<b>10:33.26</b>	+0,93	433	14,0(-)
	50m: 33.60 33.60		250m: 3:13.28	40.53	450m: 5:55.04	40.70	650m: 8:36.61	40.21
	100m: 1:12.16 38.56		300m: 3:54.06	40.78	500m: 6:35.90	40.86	700m: 9:16.84	40.23
	150m: 1:52.32 40.16		350m: 4:34.02	39.96	550m: 7:16.32	40.42	750m: 9:56.47	39.63
	200m: 2:32.75 40.43		400m: 5:14.34	40.32	600m: 7:56.40	40.08	800m: 10:33.26	36.79
12.	ALEXANDRE Ines Cadilhe	02	128400	Naval Povoense	<b>10:34.27</b>	+0,76	431	13,0(-)
	50m: 35.25 35.25		250m: 3:11.53	39.75	450m: 5:50.64	39.21	650m: 8:31.52	40.61
	100m: 1:13.35 38.10		300m: 3:51.53	40.00	500m: 6:30.38	39.74	700m: 9:12.56	41.04
	150m: 1:52.31 38.96		350m: 4:31.33	39.80	550m: 7:10.47	40.09	750m: 9:54.08	41.52
	200m: 2:31.78 39.47		400m: 5:11.43	40.10	600m: 7:50.91	40.44	800m: 10:34.27	40.19
13.	RINO Maria Pedro	05	148594	Nucleo Sportinguista Terce	<b>10:43.16</b>		413	12,0(-)
	100m: 1:12.50 1:12.50		300m: 3:54.56	1:21.01	500m: 6:37.24	1:21.78	700m: 9:22.52	1:22.89
	200m: 2:33.55 1:21.05		400m: 5:15.46	1:20.90	600m: 7:59.63	1:22.39	800m: 10:43.16	1:20.64
14.	PLAZA Rita Azevedo	02	127328	Sanjoanense/FEPSA	<b>10:45.44</b>	+1,01	409	11,0(-)
	50m: 36.15 36.15		250m: 3:16.94	40.53	450m: 6:00.81	41.23	650m: 8:44.69	40.85
	100m: 1:15.53 39.38		300m: 3:57.58	40.64	500m: 6:41.98	41.17	700m: 9:25.61	40.92
	150m: 1:56.22 40.69		350m: 4:38.36	40.78	550m: 7:22.95	40.97	750m: 10:06.36	40.75
	200m: 2:36.41 40.19		400m: 5:19.58	41.22	600m: 8:03.84	40.89	800m: 10:45.44	39.08
15.	GONCALVES Ana Rita	04	127577	Albicastrense	<b>11:00.87</b>	+0,96	381	10,0(-)
	50m: 35.72 35.72		250m: 3:20.95	41.97	450m: 6:08.33	42.06	650m: 8:57.23	42.44
	100m: 1:16.05 40.33		300m: 4:02.74	41.79	500m: 6:50.32	41.99	700m: 9:39.35	42.12
	150m: 1:57.27 41.22		350m: 4:44.25	41.51	550m: 7:33.01	42.69	750m: 10:20.91	41.56
	200m: 2:38.98 41.71		400m: 5:26.27	42.02	600m: 8:14.79	41.78	800m: 11:00.87	39.96
16.	PAVEIA Maria Ines	03	126296	Viver Santarem	<b>11:03.49</b>	+0,94	377	9,0(-)
	50m: 36.96 36.96		250m: 3:21.19	41.60	450m: 6:09.09	42.45	650m: 8:58.94	42.61
	100m: 1:17.14 40.18		300m: 4:02.98	41.79	500m: 6:51.35	42.26	700m: 9:42.36	43.42
	150m: 1:58.15 41.01		350m: 4:44.82	41.84	550m: 7:33.55	42.20	750m: 10:24.24	41.88
	200m: 2:39.59 41.44		400m: 5:26.64	41.82	600m: 8:16.33	42.78	800m: 11:03.49	39.25
17.	FERREIRA Nicia Filipa	01	112459	Natacao Guarda	<b>11:11.67</b>	+1,08	363	8,0(-)
	50m: 35.55 35.55		250m: 3:19.10	42.57	450m: 6:09.30	42.27	650m: 9:03.08	43.42
	100m: 1:14.23 38.68		300m: 4:01.95	42.85	500m: 6:52.51	43.21	700m: 9:46.73	43.65
	150m: 1:54.64 40.41		350m: 4:44.31	42.36	550m: 7:35.90	43.39	750m: 10:30.14	43.41
	200m: 2:36.53 41.89		400m: 5:27.03	42.72	600m: 8:19.66	43.76	800m: 11:11.67	41.53
18.	MONTEIRO Salome Pinto	98	109388	Sporting de Espinho	<b>11:17.64</b>	+1,00	353	7,0(-)
	50m: 36.20 36.20		250m: 3:22.40	42.83	450m: 6:14.99	42.40	650m: 9:08.06	43.20
	100m: 1:16.08 39.88		300m: 4:06.04	43.64	500m: 6:57.56	42.57	700m: 9:52.55	44.49
	150m: 1:57.28 41.20		350m: 4:49.62	43.58	550m: 7:41.24	43.68	750m: 10:36.12	43.57
	200m: 2:39.57 42.29		400m: 5:32.59	42.97	600m: 8:24.86	43.62	800m: 11:17.64	41.52
19.	MADEIRA Catarina Rufino	04	126563	Colegio Bernardette Romei	<b>11:24.50</b>	+0,83	343	6,0(-)
	50m: 36.46 36.46		250m: 3:26.19	42.31	450m: 6:22.17	44.74	650m: 9:16.74	43.88
	100m: 1:17.54 41.08		300m: 4:09.97	43.78	500m: 7:05.45	43.28	700m: 10:00.58	43.84
	150m: 2:00.35 42.81		350m: 4:53.77	43.80	550m: 7:48.91	43.46	750m: 10:43.71	43.13
	200m: 2:43.88 43.53		400m: 5:37.43	43.66	600m: 8:32.86	43.95	800m: 11:24.50	40.79
20.	SILVA Jessica Filipa	03	123095	Vila DEste/Gaia	<b>11:37.79</b>	+0,85	324	5,0(-)
	50m: 38.17 38.17		250m: 3:30.57	44.24	450m: 6:28.76	44.65	650m: 9:27.47	44.73
	100m: 1:19.76 41.59		300m: 4:14.97	44.40	500m: 7:13.60	44.84	700m: 10:11.85	44.38
	150m: 2:02.90 43.14		350m: 4:59.48	44.51	550m: 7:58.25	44.65	750m: 10:55.89	44.04
	200m: 2:46.33 43.43		400m: 5:44.11	44.63	600m: 8:42.74	44.49	800m: 11:37.79	41.90
21.	PINTO Jessica Sofia	00	127895	Amarantus	<b>11:49.04</b>	+0,94	308	4,0(-)
	50m: 35.07 35.07		250m: 3:28.31	45.48	450m: 6:30.63	45.47	650m: 9:35.28	46.27
	100m: 1:15.05 39.98		300m: 4:13.62	45.31	500m: 7:16.44	45.81	700m: 10:20.96	45.68
	150m: 1:58.17 43.12		350m: 4:59.63	46.01	550m: 8:02.56	46.12	750m: 11:06.23	45.27
	200m: 2:42.83 44.66		400m: 5:45.16	45.53	600m: 8:49.01	46.45	800m: 11:49.04	42.81
22.	AMOR Luna Rafaela	02	118712	Naval da Horta	<b>12:10.43</b>		282	3,0(-)
	100m: 1:23.37 1:23.37		300m: 4:30.59	1:33.71	500m: 7:38.82	1:34.48	700m: 10:43.90	1:31.78
	200m: 2:56.88 1:33.51		400m: 6:04.34	1:33.75	600m: 9:12.12	1:33.30	800m: 12:10.43	1:26.53

Prova 1, Femin., 800m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
23.	SIMOES Natacha Felix	03	126254	Desporto de Tondela	<b>12:32.77</b>	+0,89	258	2,0(-)
	50m: 37.62 37.62	250m: 3:44.04	47.99	450m: 6:56.88	48.61	650m: 10:11.64	48.28	
	100m: 1:22.30 44.68	300m: 4:32.15	48.11	500m: 7:45.37	48.49	700m: 11:00.13	48.49	
	150m: 2:09.15 46.85	350m: 5:19.89	47.74	550m: 8:34.58	49.21	750m: 11:47.51	47.38	
	200m: 2:56.05 46.90	400m: 6:08.27	48.38	600m: 9:23.36	48.78	800m: 12:32.77	45.26	
24.	FREITAS Barbara Maia	06	147081	CLAC-Entroncamento	<b>12:51.73</b>	+0,93	239	1,0(-)
	50m: 40.39 40.39	250m: 3:52.11	48.96	450m: 7:09.41	49.65	650m: 10:30.26	49.69	
	100m: 1:26.71 46.32	300m: 4:40.47	48.36	500m: 7:59.20	49.79	700m: 11:18.21	47.95	
	150m: 2:14.90 48.19	350m: 5:30.02	49.55	550m: 8:49.82	50.62	750m: 12:05.94	47.73	
	200m: 3:03.15 48.25	400m: 6:19.76	49.74	600m: 9:40.57	50.75	800m: 12:51.73	45.79	