

Campeonato Nacional Clubes - FQ
Bragança, 28/10/2017



Prova 10	Masc., 400m Livres				Absolutos
28/10/2017 - 10:50					Resultados
Rec Nac Absoluto	3:45.58	PEREIRA Fabio Manuel	POR	Istambul (TUR)	10/12/2009
Rec Nac Inf B	4:21.95	OLIVEIRA Pedro Fontoura	CFB	Santarém	04/04/2003
Rec Nac Inf A	4:12.35	RUIVO Andre Vilas	DNMG	Campo Maior	29/03/2014
Rec Nac Juv B	4:03.22	GIL Joao Pedro	ANAM	Algés	08/07/2012
Rec Nac Juv A	3:59.31	SANTOS Joao Carlos	ANAM	Algés	08/07/2012
Rec Nac Jun17	3:56.54	COSTA Rui Filipe	VSC	Feigueiras	24/11/2007
Rec Nac Jun18	3:50.52	NIZ Adriano Miguel	CFV	Fafe	26/06/2004
Rec Nac Sen	3:45.58	PEREIRA Fabio Manuel	POR	Istambul (TUR)	10/12/2009

Pontos: FINA 2017

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	FERNANDES Romeu Ribeiro	01	122171	Fafe	4:17.03	+0,69	563	23,00
	50m: 29.19 29.19		150m: 1:34.15 32.86	250m: 2:39.11 32.26	350m: 3:45.95 33.71			
	100m: 1:01.29 32.10		200m: 2:06.85 32.70	300m: 3:12.24 33.13	400m: 4:17.03 31.08			
2.	AMARAL Francisco Rodriguez	02	122608	Campinho	4:18.29	+0,70	554	21,00
	50m: 28.61 28.61		150m: 1:33.08 32.94	250m: 2:40.37 33.62	350m: 3:46.80 32.97			
	100m: 1:00.14 31.53		200m: 2:06.75 33.67	300m: 3:13.83 33.46	400m: 4:18.29 31.49			
3.	ALVES Manuel Landeiro	02	122314	Naval Praia da Vitoria	4:23.15		524	20,00
	50m: 29.58 29.58		150m: 1:35.84 33.16	250m: 2:43.11 33.79	350m: 3:50.82 33.97			
	100m: 1:02.68 33.10		200m: 2:09.32 33.48	300m: 3:16.85 33.74	400m: 4:23.15 32.33			
4.	MAIA Bruno Miguel	01	126783	Propaganda da Natacao	4:27.31	+0,66	500	19,00
	50m: 29.67 29.67		150m: 1:36.65 33.99	250m: 2:44.88 33.94	350m: 3:54.29 35.08			
	100m: 1:02.66 32.99		200m: 2:10.94 34.29	300m: 3:19.21 34.33	400m: 4:27.31 33.02			
5.	VIEIRA Hugo Azurara	01	125011	Naval Povoense	4:27.81	+0,65	497	18,00
	50m: 29.63 29.63		150m: 1:36.08 33.71	250m: 2:44.94 34.51	350m: 3:54.19 34.77			
	100m: 1:02.37 32.74		200m: 2:10.43 34.35	300m: 3:19.42 34.48	400m: 4:27.81 33.62			
6.	DIAS Simao Pedro	02	124544	Natacao Guarda	4:29.70	+0,69	487	17,00
	50m: 29.63 29.63		150m: 1:35.76 33.81	250m: 2:45.68 35.12	350m: 3:56.74 35.52			
	100m: 1:01.95 32.32		200m: 2:10.56 34.80	300m: 3:21.22 35.54	400m: 4:29.70 32.96			
7.	ROSA Luis Maria	91	25532	Natacao de Lisboa	4:30.93	+0,79	480	16,00
	50m: 28.42 28.42		150m: 1:35.04 34.31	250m: 2:45.69 35.50	350m: 3:56.76 35.42			
	100m: 1:00.73 32.31		200m: 2:10.19 35.15	300m: 3:21.34 35.65	400m: 4:30.93 34.17			
8.	AIRES Fabio Alcantara	97	104252	Desportivo Cova da Piedade	4:31.91	+0,76	475	15,00
	50m: 28.87 28.87		150m: 1:36.37 34.63	250m: 2:46.94 34.70	350m: 3:59.49 35.61			
	100m: 1:01.74 32.87		200m: 2:12.24 35.87	300m: 3:23.88 36.94	400m: 4:31.91 32.42			
9.	FERNANDES Leandro Rosa	99	153431	CPCD-Povoa St Iria	4:32.26	+0,81	473	14,00
	50m: 29.50 29.50		150m: 1:37.02 34.51	250m: 2:47.30 35.30	350m: 3:58.12 34.39			
	100m: 1:02.51 33.01		200m: 2:12.00 34.98	300m: 3:23.73 36.43	400m: 4:32.26 34.14			
10.	CRISTOVAO Goncalo Magalhaes	03	123609	Viver Santarem	4:34.62	+0,81	461	13,00
	50m: 29.31 29.31		150m: 1:36.42 34.48	250m: 2:49.08 36.43	350m: 4:01.04 35.65			
	100m: 1:01.94 32.63		200m: 2:12.65 36.23	300m: 3:25.39 36.31	400m: 4:34.62 33.58			
11.	MACHADO Martim Miranda	03	123726	Uniao Coimbra	4:35.61	+0,69	456	12,00
	50m: 29.97 29.97		150m: 1:38.44 34.81	250m: 2:48.49 35.18	350m: 3:59.98 35.82			
	100m: 1:03.63 33.66		200m: 2:13.31 34.87	300m: 3:24.16 35.67	400m: 4:35.61 35.63			
12.	BENAVENTE Rodrigo Guerreiro	00	122962	AOnda	4:39.46	+0,75	438	11,00
	50m: 29.89 29.89		150m: 1:37.74 34.36	250m: 2:49.60 36.48	350m: 4:03.55 37.20			
	100m: 1:03.38 33.49		200m: 2:13.12 35.38	300m: 3:26.35 36.75	400m: 4:39.46 35.91			
13.	SOUZA Andre Martins	03	126474	Natacao do Montijo	4:43.73	+0,70	418	10,00
	50m: 30.26 30.26		150m: 1:38.50 34.91	250m: 2:51.36 36.75	350m: 4:07.07 37.99			
	100m: 1:03.59 33.33		200m: 2:14.61 36.11	300m: 3:29.08 37.72	400m: 4:43.73 36.66			
14.	SANTOS Guilherme Clara	02	127325	Estamos Juntos	4:46.42	+0,77	406	19,00
	50m: 30.65 30.65		150m: 1:41.91 36.15	250m: 2:55.64 36.84	350m: 4:10.00 37.34			
	100m: 1:05.76 35.11		200m: 2:18.80 36.89	300m: 3:32.66 37.02	400m: 4:46.42 36.42			

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Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
15.	ANTUNES Daniel Carvalho	00	125944	Nucleo Sportinguista Terceira	4:50.98		388	18,00
	50m: 31.21 31.21			150m: 1:42.42 36.53	250m: 2:57.10 37.45	350m: 4:13.52 38.15		
	100m: 1:05.89 34.68			200m: 2:19.65 37.23	300m: 3:35.37 38.27	400m: 4:50.98 37.46		
16.	FIGUEIREDO Gustavo Pinto	02	126459	O Crasto	4:56.49	+0,75	366	7,00
	50m: 31.62 31.62			150m: 1:45.64 37.57	250m: 3:02.76 38.64	350m: 4:19.94 38.43		
	100m: 1:08.07 36.45			200m: 2:24.12 38.48	300m: 3:41.51 38.75	400m: 4:56.49 36.55		
17.	JURCA Alexandre Joao	02	124058	Tavira Natacao	4:58.50	+0,77	359	6,00
	50m: 32.29 32.29			150m: 1:45.45 37.15	250m: 3:02.37 38.65	350m: 4:20.15 38.83		
	100m: 1:08.30 36.01			200m: 2:23.72 38.27	300m: 3:41.32 38.95	400m: 4:58.50 38.35		
18.	BORGES Ricardo Jorge	02	202580	Colegio Bernardette Romeir	4:58.63	+1,00	359	5,00
	50m: 30.51 30.51			150m: 1:44.62 38.08	250m: 3:03.32 39.09	350m: 4:22.62 39.96		
	100m: 1:06.54 36.03			200m: 2:24.23 39.61	300m: 3:42.66 39.34	400m: 4:58.63 36.01		
19.	OLIVEIRA Tomas Fraga	02	118720	Naval da Horta	5:00.39		352	4,00
	50m: 31.83 31.83			150m: 1:47.27 38.61	250m: 3:06.75 40.42	350m: 4:28.24 40.44		
	100m: 1:08.66 36.83			200m: 2:26.33 39.06	300m: 3:47.80 41.05	400m: 5:00.39 32.15		
20.	MOURA Sergio Rafael	01	201115	Amarantus	5:13.90	+0,93	309	3,00
	50m: 32.12 32.12			150m: 1:50.49 40.57	250m: 3:14.21 42.37	350m: 4:37.42 41.62		
	100m: 1:09.92 37.80			200m: 2:31.84 41.35	300m: 3:55.80 41.59	400m: 5:13.90 36.48		
21.	SILVA Pedro Lopes	02	202726	Vila DEste/Gaia	5:42.50	+0,78	237	2,00
	50m: 33.72 33.72			150m: 1:56.43 42.99	250m: 3:26.10 45.05	350m: 4:58.84 46.54		
	100m: 1:13.44 39.72			200m: 2:41.05 44.62	300m: 4:12.30 46.20	400m: 5:42.50 43.66		
DNS	GUIMARAES Francisco Miguel	01	120859	Sanjoanense/FEPSA				-