

Prova 19  
03-12-2017 - 9:00

Femin., 800m Livres  
2ª Divisão

2ª Divisão FEM  
Resultados

Rec Nac 25 metros Absoluto	8:24.09	DURAES Diana Margarida	POR	Moscow (RUS)	03-08-2017
Rec Nac 25 metros Inf B	9:33.95	RUIVO Filipa Vilas	DNMG	Nazaré	16-05-2009
Rec Nac 25 metros Inf A	9:03.90	SILVA Alexandra Maria	FCP	Porto	13-07-1980
Rec Nac 25 metros Juv B	9:00.27	SILVA Alexandra Maria	FCP	Antibes (FRA)	20-12-1980
Rec Nac 25 metros Juv A	8:46.74	SANTOS Ana Claudia	SFUAP	Cantanhede	19-12-2004
Rec Nac 25 metros Jun16	8:45.41	HOLUB Tamila Hryhorivna	SCB	Porto	21-12-2014
Rec Nac 25 metros Jun17	8:32.83	HOLUB Tamila Hryhorivna	SCB	Porto	13-12-2015
Rec Nac 25 metros Sen	8:24.09	DURAES Diana Margarida	POR	Moscow (RUS)	03-08-2017

Pontos: FINA 2017

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	SOUSA Ana Reis	02	122440	Litoral Alentejano	<b>8:56.51</b>	+0,75	713	25,0(-)
	50m: 31.08 31.08			250m: 2:47.15 34.28	450m: 5:02.09 33.47	650m: 7:16.99 33.67		
	100m: 1:04.42 33.34			300m: 3:21.17 34.02	500m: 5:35.72 33.63	700m: 7:50.77 33.78		
	150m: 1:38.69 34.27			350m: 3:55.12 33.95	550m: 6:09.56 33.84	750m: 8:24.36 33.59		
	200m: 2:12.87 34.18			400m: 4:28.62 33.50	600m: 6:43.32 33.76	800m: 8:56.51 32.15		
2.	HENRIQUES Ines Jacinto	00	120220	Pimpoes/Cimai	<b>9:01.71</b>	+0,76	692	23,0(-)
	50m: 30.95 30.95			250m: 2:46.90 34.14	450m: 5:04.21 34.36	650m: 7:22.43 34.48		
	100m: 1:04.46 33.51			300m: 3:21.11 34.21	500m: 5:38.83 34.62	700m: 7:56.76 34.33		
	150m: 1:38.57 34.11			350m: 3:55.45 34.34	550m: 6:13.53 34.70	750m: 8:30.39 33.63		
	200m: 2:12.76 34.19			400m: 4:29.85 34.40	600m: 6:47.95 34.42	800m: 9:01.71 31.32		
3.	QUEIROZ Ana Rita	02	124441	Fundacao Beatriz Santos	<b>9:01.89</b>	+0,72	692	22,0(-)
	50m: 31.76 31.76			250m: 2:48.06 34.19	450m: 5:04.70 34.15	650m: 7:21.94 34.05		
	100m: 1:05.41 33.65			300m: 3:22.21 34.15	500m: 5:39.04 34.34	700m: 7:56.00 34.06		
	150m: 1:39.53 34.12			350m: 3:56.40 34.19	550m: 6:13.53 34.49	750m: 8:29.98 33.98		
	200m: 2:13.87 34.34			400m: 4:30.55 34.15	600m: 6:47.89 34.36	800m: 9:01.89 31.91		
4.	MENDES Mariana Amaral	02	123959	Colegio Monte Maior	<b>9:01.90</b>	+0,84	692	21,0(-)
	50m: 31.50 31.50			250m: 2:47.74 34.17	450m: 5:04.52 34.29	650m: 7:21.68 33.93		
	100m: 1:05.06 33.56			300m: 3:21.83 34.09	500m: 5:38.92 34.40	700m: 7:55.50 33.82		
	150m: 1:39.31 34.25			350m: 3:56.04 34.21	550m: 6:13.54 34.62	750m: 8:29.40 33.90		
	200m: 2:13.57 34.26			400m: 4:30.23 34.19	600m: 6:47.75 34.21	800m: 9:01.90 32.50		
5.	BLANCO Silvia Medina	01	202609	Leixoes	<b>9:07.58</b>	+0,99	670	20,0(-)
	50m: 31.70 31.70			250m: 2:48.21 33.70	450m: 5:04.68 33.77	650m: 7:23.41 34.88		
	100m: 1:05.73 34.03			300m: 3:22.36 34.15	500m: 5:39.05 34.37	700m: 7:58.44 35.03		
	150m: 1:39.96 34.23			350m: 3:56.55 34.19	550m: 6:13.62 34.57	750m: 8:33.69 35.25		
	200m: 2:14.51 34.55			400m: 4:30.91 34.36	600m: 6:48.53 34.91	800m: 9:07.58 33.89		
6.	MARTINS Francisca Soares	03	126504	Foca	<b>9:27.75</b>	+0,85	601	19,0(-)
	50m: 32.16 32.16			250m: 2:53.03 35.68	450m: 5:18.07 35.88	650m: 7:43.50 36.23		
	100m: 1:06.63 34.47			300m: 3:28.92 35.89	500m: 5:54.61 36.54	700m: 8:19.54 36.04		
	150m: 1:42.04 35.41			350m: 4:05.47 36.55	550m: 6:30.87 36.26	750m: 8:54.37 34.83		
	200m: 2:17.35 35.31			400m: 4:42.19 36.72	600m: 7:07.27 36.40	800m: 9:27.75 33.38		
7.	VARANDAS Joana Filipa	02	124305	Laranjeiro	<b>9:33.89</b>	+0,86	582	18,0(-)
	50m: 32.54 32.54			250m: 2:56.01 36.08	450m: 5:22.18 36.48	650m: 7:47.74 36.30		
	100m: 1:07.82 35.28			300m: 3:32.43 36.42	500m: 5:58.76 36.58	700m: 8:24.02 36.28		
	150m: 1:43.76 35.94			350m: 4:09.02 36.59	550m: 6:35.16 36.40	750m: 9:00.06 36.04		
	200m: 2:19.93 36.17			400m: 4:45.70 36.68	600m: 7:11.44 36.28	800m: 9:33.89 33.83		
8.	SILVA Rafaela Araujo	00	119630	Famalicao	<b>9:39.06</b>	+0,84	567	17,0(-)
	50m: 31.21 31.21			250m: 2:52.41 36.12	450m: 5:18.84 36.68	650m: 7:47.43 37.38		
	100m: 1:05.37 34.16			300m: 3:28.95 36.54	500m: 5:55.81 36.97	700m: 8:24.81 37.38		
	150m: 1:40.65 35.28			350m: 4:05.51 36.56	550m: 6:32.80 36.99	750m: 9:02.29 37.48		
	200m: 2:16.29 35.64			400m: 4:42.16 36.65	600m: 7:10.05 37.25	800m: 9:39.06 36.77		
9.	ANGELO Mariana Pinto	99	116788	Academica de Coimbra	<b>9:39.47</b>	+0,76	566	16,0(-)
	50m: 32.56 32.56			250m: 2:55.48 36.44	450m: 5:22.57 36.81	650m: 7:49.72 36.96		
	100m: 1:07.49 34.93			300m: 3:32.00 36.52	500m: 5:59.15 36.58	700m: 8:26.72 37.00		
	150m: 1:43.05 35.56			350m: 4:08.70 36.70	550m: 6:35.72 36.57	750m: 9:03.72 37.00		
	200m: 2:19.04 35.99			400m: 4:45.76 37.06	600m: 7:12.76 37.04	800m: 9:39.47 35.75		

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Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	TOME Maria de Castro	02	122200	Sporting de Aveiro	<b>9:40.58</b>	+0,81	562	15,0(-)
	50m: 32.98 32.98		250m: 2:58.30	36.71	450m: 5:24.87	36.26	650m: 7:51.14	36.39
	100m: 1:08.96 35.98		300m: 3:34.93	36.63	500m: 6:01.34	36.47	700m: 8:28.05	36.91
	150m: 1:45.09 36.13		350m: 4:11.57	36.64	550m: 6:37.85	36.51	750m: 9:04.48	36.43
	200m: 2:21.59 36.50		400m: 4:48.61	37.04	600m: 7:14.75	36.90	800m: 9:40.58	36.10
11.	BARBOSA Sara Lopes	00	118181	Aquatico Pacense	<b>9:43.50</b>	+0,86	554	14,0(-)
	50m: 32.57 32.57		250m: 2:57.95	36.71	450m: 5:25.40	36.92	650m: 7:53.62	37.12
	100m: 1:08.53 35.96		300m: 3:34.73	36.78	500m: 6:02.36	36.96	700m: 8:30.54	36.92
	150m: 1:44.81 36.28		350m: 4:11.66	36.93	550m: 6:39.27	36.91	750m: 9:07.51	36.97
	200m: 2:21.24 36.43		400m: 4:48.48	36.82	600m: 7:16.50	37.23	800m: 9:43.50	35.99
12.	LOPES Ariana Santos	00	122846	Estarreja	<b>9:49.19</b>	+0,79	538	13,0(-)
	50m: 32.84 32.84		250m: 2:57.60	36.72	450m: 5:25.68	37.25	650m: 7:56.60	37.96
	100m: 1:08.46 35.62		300m: 3:34.22	36.62	500m: 6:03.83	38.15	700m: 8:34.59	37.99
	150m: 1:44.62 36.16		350m: 4:11.27	37.05	550m: 6:41.21	37.38	750m: 9:12.59	38.00
	200m: 2:20.88 36.26		400m: 4:48.43	37.16	600m: 7:18.64	37.43	800m: 9:49.19	36.60
13.	FIAL Sofia Nunes	03	127329	Estamos Juntos	<b>9:50.69</b>	+0,80	534	12,0(-)
	50m: 33.40 33.40		250m: 3:01.75	37.45	450m: 5:31.38	37.02	650m: 8:00.16	36.84
	100m: 1:10.21 36.81		300m: 3:38.73	36.98	500m: 6:08.58	37.20	700m: 8:38.17	38.01
	150m: 1:47.32 37.11		350m: 4:16.42	37.69	550m: 6:46.30	37.72	750m: 9:15.51	37.34
	200m: 2:24.30 36.98		400m: 4:54.36	37.94	600m: 7:23.32	37.02	800m: 9:50.69	35.18
14.	FERRO Carolina Ganhao	02	126267	Gesloures	<b>9:53.22</b>	+0,75	527	11,0(-)
	50m: 33.21 33.21		250m: 2:59.27	36.81	450m: 5:28.32	37.44	650m: 7:59.80	37.87
	100m: 1:09.16 35.95		300m: 3:36.27	37.00	500m: 6:06.11	37.79	700m: 8:37.28	37.48
	150m: 1:45.83 36.67		350m: 4:13.35	37.08	550m: 6:44.04	37.93	750m: 9:15.67	38.39
	200m: 2:22.46 36.63		400m: 4:50.88	37.53	600m: 7:21.93	37.89	800m: 9:53.22	37.55
15.	JORGE Maria Beatriz	00	117482	Nautico Academico	<b>9:56.36</b>	+0,74	519	10,0(-)
	50m: 33.42 33.42		250m: 3:02.13	37.46	450m: 5:32.80	37.17	650m: 8:04.73	37.70
	100m: 1:09.96 36.54		300m: 3:40.01	37.88	500m: 6:10.81	38.01	700m: 8:42.50	37.77
	150m: 1:47.20 37.24		350m: 4:17.71	37.70	550m: 6:49.14	38.33	750m: 9:20.23	37.73
	200m: 2:24.67 37.47		400m: 4:55.63	37.92	600m: 7:27.03	37.89	800m: 9:56.36	36.13
16.	SILVA Ines Martins	04	127134	Vilacondense	<b>9:56.64</b>	+0,98	518	9,0(-)
	50m: 33.47 33.47		250m: 3:03.44	38.07	450m: 5:35.18	37.63	650m: 8:05.90	37.79
	100m: 1:09.80 36.33		300m: 3:42.24	38.80	500m: 6:12.88	37.70	700m: 8:43.08	37.18
	150m: 1:47.45 37.65		350m: 4:19.49	37.25	550m: 6:50.74	37.86	750m: 9:20.29	37.21
	200m: 2:25.37 37.92		400m: 4:57.55	38.06	600m: 7:28.11	37.37	800m: 9:56.64	36.35
17.	MOREIRA Rita Guedes	00	110881	Louletano / Loule Concelho	<b>10:00.97</b>	+0,91	507	8,0(-)
	50m: 33.94 33.94		250m: 3:01.59	37.34	450m: 5:32.37	37.94	650m: 8:06.03	38.74
	100m: 1:10.42 36.48		300m: 3:38.83	37.24	500m: 6:10.46	38.09	700m: 8:45.00	38.97
	150m: 1:47.38 36.96		350m: 4:16.58	37.75	550m: 6:49.04	38.58	750m: 9:23.50	38.50
	200m: 2:24.25 36.87		400m: 4:54.43	37.85	600m: 7:27.29	38.25	800m: 10:00.97	37.47
18.	PEREIRA Andreia Brito	00	120002	Condeixa Clube	<b>10:02.22</b>	+0,76	504	7,0(-)
	50m: 31.89 31.89		250m: 3:00.44	38.11	450m: 5:33.97	38.48	650m: 8:08.13	37.92
	100m: 1:07.52 35.63		300m: 3:38.68	38.24	500m: 6:12.34	38.37	700m: 8:46.21	38.08
	150m: 1:44.52 37.00		350m: 4:17.10	38.42	550m: 6:51.15	38.81	750m: 9:24.72	38.51
	200m: 2:22.33 37.81		400m: 4:55.49	38.39	600m: 7:30.21	39.06	800m: 10:02.22	37.50
19.	CARRILHO Lara Alexandra	01	120697	Academico Viseu	<b>10:03.18</b>	+0,97	501	6,0(-)
	50m: 34.09 34.09		250m: 3:03.54	38.00	450m: 5:35.91	38.08	650m: 8:08.35	38.50
	100m: 1:10.26 36.17		300m: 3:41.67	38.13	500m: 6:13.46	37.55	700m: 8:46.80	38.45
	150m: 1:47.66 37.40		350m: 4:19.81	38.14	550m: 6:51.64	38.18	750m: 9:25.42	38.62
	200m: 2:25.54 37.88		400m: 4:57.83	38.02	600m: 7:29.85	38.21	800m: 10:03.18	37.76
20.	CRUZ Cintia Cristina	02	123674	Alcobaca	<b>10:06.46</b>	+0,85	493	5,0(-)
	50m: 33.43 33.43		250m: 3:05.28	38.63	450m: 5:38.54	38.13	650m: 8:12.21	38.15
	100m: 1:10.19 36.76		300m: 3:43.62	38.34	500m: 6:17.04	38.50	700m: 8:50.66	38.45
	150m: 1:48.12 37.93		350m: 4:22.06	38.44	550m: 6:55.33	38.29	750m: 9:29.01	38.35
	200m: 2:26.65 38.53		400m: 5:00.41	38.35	600m: 7:34.06	38.73	800m: 10:06.46	37.45

Prova 19, Femin., 800m Livres, 2ª Divisão FEM

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
21.	NARRA Vera Figueiredo	04	131121	Amadora	<b>10:14.81</b>	+0,82	473	4,0(-)
	50m: 33.12 33.12			250m: 3:05.78 38.99	450m: 5:42.06 39.09	650m: 8:19.16 39.15		
	100m: 1:10.07 36.95			300m: 3:44.50 38.72	500m: 6:21.71 39.65	700m: 8:58.49 39.33		
	150m: 1:48.53 38.46			350m: 4:23.35 38.85	550m: 7:00.36 38.65	750m: 9:38.02 39.53		
	200m: 2:26.79 38.26			400m: 5:02.97 39.62	600m: 7:40.01 39.65	800m: 10:14.81 36.79		
22.	COELHO Barbara Castro	04	123752	Colegio SMLamas	<b>10:21.88</b>	+0,78	457	3,0(-)
	50m: 35.89 35.89			250m: 3:11.44 38.76	450m: 5:48.50 39.06	650m: 8:26.58 39.23		
	100m: 1:14.77 38.88			300m: 3:50.75 39.31	500m: 6:28.26 39.76	700m: 9:06.45 39.87		
	150m: 1:53.65 38.88			350m: 4:30.32 39.57	550m: 7:07.67 39.41	750m: 9:45.62 39.17		
	200m: 2:32.68 39.03			400m: 5:09.44 39.12	600m: 7:47.35 39.68	800m: 10:21.88 36.26		
23.	OLIVEIRA Ana Mafalda	81	23193	Natacao da Maia	<b>10:48.29</b>	+0,93	404	2,0(-)
	50m: 35.40 35.40			250m: 3:17.23 40.93	450m: 6:02.08 40.84	650m: 8:46.61 41.42		
	100m: 1:14.76 39.36			300m: 3:58.19 40.96	500m: 6:42.72 40.64	700m: 9:27.73 41.12		
	150m: 1:55.60 40.84			350m: 4:39.49 41.30	550m: 7:24.32 41.60	750m: 10:08.36 40.63		
	200m: 2:36.30 40.70			400m: 5:21.24 41.75	600m: 8:05.19 40.87	800m: 10:48.29 39.93		
24.	ESTEVES Ana Jorge	01	201419	Gafanha da Encarnacao	<b>10:51.01</b>	+0,86	399	1,0(-)
	50m: 35.86 35.86			250m: 3:17.21 41.12	450m: 6:03.84 41.12	650m: 8:48.61 41.79		
	100m: 1:15.31 39.45			300m: 3:58.65 41.44	500m: 6:44.42 40.58	700m: 9:29.98 41.37		
	150m: 1:55.46 40.15			350m: 4:40.33 41.68	550m: 7:25.49 41.07	750m: 10:11.34 41.36		
	200m: 2:36.09 40.63			400m: 5:22.72 42.39	600m: 8:06.82 41.33	800m: 10:51.01 39.67		