

Prova 29 2ª Divisão FEM  
03-12-2017 - 16:00 Resultados  
Femin., 400m Estilos  
2ª Divisão

Rec Nac 25 metros Absoluto	4:37.41	KAMINSKAYA Victoria	ESJB	Porto	11-12-2015
Rec Nac 25 metros Inf B	5:15.68	MIGUEL Susana Patricia	SFUAP	Rio Maior	06-07-2002
Rec Nac 25 metros Inf A	5:05.68	RUIVO Filiipa Vilas	DNMG	Leiria	12-06-2010
Rec Nac 25 metros Juv B	4:57.68	MIGUEL Susana Patricia	SFUAP	Penafiel	19-03-2004
Rec Nac 25 metros Juv A	4:51.85	SANTOS Ana Claudia	SFUAP	Setubal	21-11-2004
Rec Nac 25 metros Jun16	4:50.85	DURAES Diana Margarida	FOCA	Silves	02-12-2011
Rec Nac 25 metros Jun17	4:48.80	KAMINSKAYA Victoria	PMP	Silves	02-12-2011
Rec Nac 25 metros Sen	4:37.41	KAMINSKAYA Victoria	ESJB	Porto	11-12-2015

Pontos: FINA 2017

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	MONTEIRO Ana Catarina	93	24320	Vilacondense	<b>4:50.18</b>	+0,76	714	25,0(-)
	50m: 30.11 30.11			150m: 1:42.34 38.44	250m: 3:02.21 42.59	350m: 4:18.49 34.43		
	100m: 1:03.90 33.79			200m: 2:19.62 37.28	300m: 3:44.06 41.85	400m: 4:50.18 31.69		
2.	MARTINS Ana Beatriz	99	108375	Famalicao	<b>4:53.28</b>	+0,84	692	23,0(-)
	50m: 31.05 31.05			150m: 1:44.85 38.07	250m: 3:04.26 42.04	350m: 4:20.53 33.66		
	100m: 1:06.78 35.73			200m: 2:22.22 37.37	300m: 3:46.87 42.61	400m: 4:53.28 32.75		
3.	BLAZQUEZ Paula Nunez	01	202782	Leixoes	<b>4:54.65</b>	+0,74	682	22,0(-)
	50m: 31.51 31.51			150m: 1:44.71 36.81	250m: 3:04.28 43.27	350m: 4:22.06 33.28		
	100m: 1:07.90 36.39			200m: 2:21.01 36.30	300m: 3:48.78 44.50	400m: 4:54.65 32.59		
4.	MENDES Mariana Amaral	02	123959	Colegio Monte Maior	<b>4:55.05</b>	+0,80	680	21,0(-)
	50m: 32.36 32.36			150m: 1:48.22 39.03	250m: 3:07.49 41.72	350m: 4:23.25 34.07		
	100m: 1:09.19 36.83			200m: 2:25.77 37.55	300m: 3:49.18 41.69	400m: 4:55.05 31.80		
5.	VELOSO Teresa Miguel	00	103876	Nautico Academico	<b>5:00.71</b>	+0,71	642	20,0(-)
	50m: 32.41 32.41			150m: 1:47.87 38.93	250m: 3:08.18 42.16	350m: 4:26.47 34.70		
	100m: 1:08.94 36.53			200m: 2:26.02 38.15	300m: 3:51.77 43.59	400m: 5:00.71 34.24		
6.	CARDEAL Joana Nunes	02	124752	Academico Viseu	<b>5:01.62</b>	+0,80	636	19,0(-)
	50m: 31.51 31.51			150m: 1:47.61 39.08	250m: 3:08.84 43.12	350m: 4:27.77 35.19		
	100m: 1:08.53 37.02			200m: 2:25.72 38.11	300m: 3:52.58 43.74	400m: 5:01.62 33.85		
7.	SANTOS Tatiana Filipa	95	26779	Academica de Coimbra	<b>5:04.62</b>	+0,91	617	18,0(-)
	50m: 32.44 32.44			150m: 1:48.95 38.26	250m: 3:10.65 45.23	350m: 4:30.61 34.56		
	100m: 1:10.69 38.25			200m: 2:25.42 36.47	300m: 3:56.05 45.40	400m: 5:04.62 34.01		
8.	HENRIQUES Joana Victorino	01	118976	Condeixa Clube	<b>5:05.09</b>	+0,75	615	17,0(-)
	50m: 32.33 32.33			150m: 1:47.40 38.49	250m: 3:10.27 43.69	350m: 4:29.96 35.71		
	100m: 1:08.91 36.58			200m: 2:26.58 39.18	300m: 3:54.25 43.98	400m: 5:05.09 35.13		
9.	OLIVEIRA Mafalda Joana	02	119096	Aquatico Pacense	<b>5:07.08</b>	+0,87	603	16,0(-)
	50m: 32.92 32.92			150m: 1:50.73 39.53	250m: 3:13.66 44.38	350m: 4:32.72 35.68		
	100m: 1:11.20 38.28			200m: 2:29.28 38.55	300m: 3:57.04 43.38	400m: 5:07.08 34.36		
10.	RIBEIRO Margarida Messias	98	110544	Geslours	<b>5:17.84</b>	+0,77	543	15,0(-)
	50m: 33.00 33.00			150m: 1:53.43 41.82	250m: 3:17.81 44.60	350m: 4:41.84 37.91		
	100m: 1:11.61 38.61			200m: 2:33.21 39.78	300m: 4:03.93 46.12	400m: 5:17.84 36.00		
11.	FLORENCIO Matilde Alves	04	126798	Fundacao Beatriz Santos	<b>5:19.21</b>	+0,79	537	14,0(-)
	50m: 32.51 32.51			150m: 1:53.09 41.69	250m: 3:19.39 45.91	350m: 4:43.48 37.41		
	100m: 1:11.40 38.89			200m: 2:33.48 40.39	300m: 4:06.07 46.68	400m: 5:19.21 35.73		
12.	MARQUES Mariana Nunes	03	126768	Estarreja	<b>5:21.04</b>	+0,83	527	13,0(-)
	50m: 33.19 33.19			150m: 1:53.72 40.84	250m: 3:20.40 47.13	350m: 4:45.40 37.70		
	100m: 1:12.88 39.69			200m: 2:33.27 39.55	300m: 4:07.70 47.30	400m: 5:21.04 35.64		
13.	FIAL Sofia Nunes	03	127329	Estamos Juntos	<b>5:21.36</b>	+0,81	526	12,0(-)
	50m: 36.24 36.24			150m: 2:01.19 41.67	250m: 3:25.19 42.74	350m: 4:46.53 36.39		
	100m: 1:19.52 43.28			200m: 2:42.45 41.26	300m: 4:10.14 44.95	400m: 5:21.36 34.83		
14.	VARANDAS Joana Filipa	02	124305	Laranjeiro	<b>5:21.90</b>	+0,89	523	11,0(-)
	50m: 33.60 33.60			150m: 1:54.76 42.08	250m: 3:22.10 46.72	350m: 4:47.70 37.22		
	100m: 1:12.68 39.08			200m: 2:35.38 40.62	300m: 4:10.48 48.38	400m: 5:21.90 34.20		

Prova 29, Femin., 400m Estilos, 2ª Divisão FEM

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
15.	PINTO Sofia Gales	01	129409	Colegio SMLamas	<b>5:22.29</b>	+0,84	521	10,0(-)
	50m: 34.12 34.12		150m: 1:56.76 42.42	250m: 3:24.62 45.94	350m: 4:46.73 34.99			
	100m: 1:14.34 40.22		200m: 2:38.68 41.92	300m: 4:11.74 47.12	400m: 5:22.29 35.56			
16.	RODRIGUES Constanca Filipa	02	118480	Pimpoes/Cimai	<b>5:25.71</b>	+0,79	505	9,0(-)
	50m: 33.51 33.51		150m: 1:55.44 43.06	250m: 3:23.82 46.47	350m: 4:48.27 37.75			
	100m: 1:12.38 38.87		200m: 2:37.35 41.91	300m: 4:10.52 46.70	400m: 5:25.71 37.44			
17.	GOMES Fabiana Cruz	05	129295	Louletano / Loule Concelho	<b>5:29.43</b>	+1,04	488	8,0(-)
	50m: 34.72 34.72		150m: 1:57.64 42.22	250m: 3:25.80 46.53	350m: 4:51.28 38.95			
	100m: 1:15.42 40.70		200m: 2:39.27 41.63	300m: 4:12.33 46.53	400m: 5:29.43 38.15			
18.	HENRIQUES Carolina Porem	04	129802	Amadora	<b>5:33.30</b>	+0,65	471	7,0(-)
	50m: 33.98 33.98		150m: 1:58.56 44.82	250m: 3:29.78 46.55	350m: 4:56.20 38.28			
	100m: 1:13.74 39.76		200m: 2:43.23 44.67	300m: 4:17.92 48.14	400m: 5:33.30 37.10			
19.	SILVA Alexandra Cordeiro	04	128723	Alcobaca	<b>5:33.56</b>	+0,85	470	6,0(-)
	50m: 35.26 35.26		150m: 2:02.01 43.57	250m: 3:30.98 47.72	350m: 4:57.59 38.26			
	100m: 1:18.44 43.18		200m: 2:43.26 41.25	300m: 4:19.33 48.35	400m: 5:33.56 35.97			
20.	ANDIAS Catarina Salome	02	125847	Sporting de Aveiro	<b>5:37.78</b>	+0,87	453	5,0(-)
	50m: 35.45 35.45		150m: 1:59.04 43.10	250m: 3:30.97 48.98	350m: 4:59.39 38.09			
	100m: 1:15.94 40.49		200m: 2:41.99 42.95	300m: 4:21.30 50.33	400m: 5:37.78 38.39			
21.	MELO Vanda Eduarda	04	132734	Foca	<b>5:40.44</b>	+0,88	442	4,0(-)
	50m: 36.31 36.31		150m: 2:03.82 44.40	250m: 3:33.58 47.95	350m: 5:02.35 40.25			
	100m: 1:19.42 43.11		200m: 2:45.63 41.81	300m: 4:22.10 48.52	400m: 5:40.44 38.09			
22.	MARQUES Ines Silva	99	110560	Natacao da Maia	<b>5:46.43</b>	+0,84	420	3,0(-)
	50m: 36.40 36.40		150m: 2:05.36 44.50	250m: 3:36.77 47.52	350m: 5:06.68 40.74			
	100m: 1:20.86 44.46		200m: 2:49.25 43.89	300m: 4:25.94 49.17	400m: 5:46.43 39.75			
23.	VAZ Patricia Neves	01	125559	Gafanha da Encarnacao	<b>6:22.65</b>	+0,88	311	2,0(-)
	50m: 39.99 39.99		150m: 2:14.82 44.38	250m: 4:00.69 1:01.15	350m: 5:42.34 42.31			
	100m: 1:30.44 50.45		200m: 2:59.54 44.72	300m: 5:00.03 59.34	400m: 6:22.65 40.31			
DSQ	MASCARENHAS Ines Filipa	03	201743	Litoral Alentejano				-
	<i>724 - Não tocou com as mãos na parede separadas ou simultaneamente na viragem aos 275 m - SW 7.6</i>							