

Prova 10  
20-01-2018 - 9:30

Femin., 200m Livres

Master Esc A  
Resultados

Rec Nac Esc A 2:10.97 RIBEIRO Soraia Vanessa ESJB Mealhada 08-01-2017

Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	DSV	Pts Taça
1.	FERREIRA Joana Rita	93	BUZIOS-Coruche	<b>2:27.41</b>	+0,83	610	30,00
	50m: 33.55 33.55	100m: 1:11.16 37.61	150m: 1:49.49	38.33	200m: 2:27.41	37.92	
2.	MONTEIRO Alexandra Sofia	92	Vila DEste/Gaia	<b>2:29.38</b>	+0,89	586	26,00
	50m: 32.33 32.33	100m: 1:08.86 36.53	150m: 1:48.45	39.59	200m: 2:29.38	40.93	
3.	SANTOS Carla Sofia	89	Porto	<b>2:30.84</b>	+0,94	569	22,00
	50m: 34.52 34.52	100m: 1:13.18 38.66	150m: 1:53.58	40.40	200m: 2:30.84	37.26	
4.	SALVADOR Vanessa Braga	91	Uniao Samorense	<b>2:32.28</b>	+0,87	553	20,00
	50m: 34.08 34.08	100m: 1:12.51 38.43	150m: 1:52.31	39.80	200m: 2:32.28	39.97	
5.	MENDES Ana Rita	91	Gesloures	<b>2:32.45</b>	+0,80	551	19,00
	50m: 34.67 34.67	100m: 1:13.06 38.39	150m: 1:53.50	40.44	200m: 2:32.45	38.95	
6.	MARTINS Susana Ferreira	89	Amigos Natacao	<b>2:40.76</b>	+1,07	470	18,00
	50m: 37.03 37.03	100m: 1:18.30 41.27	150m: 1:59.66	41.36	200m: 2:40.76	41.10	
7.	PEREIRA Solange Ramalho	90	Propaganda da Natacao	<b>2:45.02</b>	+0,92	435	17,00
	50m: 37.44 37.44	100m: 1:18.58 41.14	150m: 2:01.41	42.83	200m: 2:45.02	43.61	
8.	LIRIO Ana Raquel	90	Ginasio Santo Tirso	<b>2:48.45</b>	+0,95	409	16,00
	50m: 37.49 37.49	100m: 1:19.06 41.57	150m: 2:02.57	43.51	200m: 2:48.45	45.88	
	ESTEVES Ines Isabel	91	Penafiel	<b>2:48.45</b>	+1,04	409	16,00
	50m: 37.86 37.86	100m: 1:20.37 42.51	150m: 2:04.91	44.54	200m: 2:48.45	43.54	
10.	MACHADO Sandra Marisa	93	Pimpoes/Cimai	<b>2:48.57</b>	+0,95	408	12,00
	50m: 37.47 37.47	100m: 1:19.70 42.23	150m: 2:04.17	44.47	200m: 2:48.57	44.40	
11.	RIBEIRO Patricia Marisa	91	Vila DEste/Gaia	<b>2:50.64</b>	+1,02	393	11,00
	50m: 39.26 39.26	100m: 1:23.68 44.42	150m: 2:09.03	45.35	200m: 2:50.64	41.61	

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Master Esc B  
Resultados

Rec Nac Esc B 2:06.50 GRILO Ana Paula UDCA Inatel 22-03-2003

Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	DSV	Pts Taça
1.	SILVA Carolina Santos	86	Propaganda da Natacao	<b>2:18.12</b>	+0,67	758	30,00
	50m: 32.22 32.22	100m: 1:07.70 35.48	150m: 1:43.00	35.30	200m: 2:18.12	35.12	
2.	ROCHA Ana Margarida	86	Galitos / Bresimar	<b>2:33.78</b>	+0,94	549	26,00
	50m: 34.46 34.46	100m: 1:13.30 38.84	150m: 1:52.70	39.40	200m: 2:33.78	41.08	
3.	CARDOSO Joana Rita	88	Ginasio Santo Tirso	<b>2:40.48</b>	+1,01	483	22,00
	50m: 35.51 35.51	100m: 1:15.15 39.64	150m: 1:57.75	42.60	200m: 2:40.48	42.73	
4.	PINTO Rita Loureiro	85	Ginasio Clube	<b>2:48.11</b>	+1,01	420	20,00
	50m: 37.52 37.52	100m: 1:19.61 42.09	150m: 2:03.85	44.24	200m: 2:48.11	44.26	
5.	MARCH Berta Gonzalez	87	Nacional de Natacao	<b>3:01.91</b>	+1,03	331	19,00
	50m: 41.06 41.06	100m: 1:26.65 45.59	150m: 2:15.37	48.72	200m: 3:01.91	46.54	

Prova 10, Femin., 200m Livres, Master Esc B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	DSV	Pts Taça
6.	BARBOSA Ana Raquel	88	Gesloures	<b>3:17.36</b>	+1,01	259	18,00
	50m: 44.43 44.43	100m: 1:33.61 49.18	150m: 2:25.17	51.56	200m: 3:17.36	52.19	
7.	PATO Claudia Marisa	87	Vilacondense	<b>3:39.19</b>	+0,98	189	17,00
	50m: 50.07 50.07	100m: 1:46.13 56.06	150m: 2:43.76	57.63	200m: 3:39.19	55.43	
8.	LORY Susana Pereira	87	Masters de Almada	<b>3:45.61</b>	+1,24	173	16,00
	50m: 51.49 51.49	100m: 1:46.94 55.45	150m: 2:46.42	59.48	200m: 3:45.61	59.19	

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Master Esc C  
Resultados

Rec Nac Esc C 2:07.69 GRILO Ana Paula UDCA Freiburg (GER) 08-05-2004

Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	DSV	Pts Taça
1.	COSTA Ana Filipe	83	Porto	<b>2:30.71</b>	+0,86	614	30,00
	50m: 34.21 34.21	100m: 1:11.67 37.46	150m: 1:50.55	38.88	200m: 2:30.71	40.16	
2.	OLIVEIRA Ana Mafalda	81	Natacao da Maia	<b>2:31.38</b>	+0,94	606	26,00
	50m: 34.57 34.57	100m: 1:12.80 38.23	150m: 1:52.00	39.20	200m: 2:31.38	39.38	
3.	MENDES Ana Isabel	83	Porto	<b>2:40.52</b>	+0,96	508	22,00
	50m: 35.84 35.84	100m: 1:16.51 40.67	150m: 1:58.25	41.74	200m: 2:40.52	42.27	
4.	FONSECA Maria Ana	82	Fluvial Portuense	<b>2:47.74</b>	+0,91	445	20,00
	50m: 38.80 38.80	100m: 1:21.66 42.86	150m: 2:05.77	44.11	200m: 2:47.74	41.97	
5.	GUEDES Ana Dalte	80	Leixoes	<b>2:48.99</b>	+0,91	435	19,00
	50m: 38.96 38.96	100m: 1:21.95 42.99	150m: 2:06.37	44.42	200m: 2:48.99	42.62	
6.	FERREIRA Marta Martins	79	Funcao Publica	<b>3:02.80</b>	+1,09	344	18,00
	50m: 41.27 41.27	100m: 1:27.90 46.63	150m: 2:15.77	47.87	200m: 3:02.80	47.03	
7.	MELO Rita Sofia	81	Colegio Monte Maior	<b>3:02.92</b>	+0,83	343	17,00
	50m: 40.48 40.48	100m: 1:26.70 46.22	150m: 2:15.62	48.92	200m: 3:02.92	47.30	
8.	MACHADO Maria Margarida	81	Vila DEste/Gaia	<b>3:13.69</b>	+0,88	289	16,00
	50m: 42.78 42.78	100m: 1:32.15 49.37	150m: 2:23.70	51.55	200m: 3:13.69	49.99	
9.	BELUGOU Amelie	80	Cergy Pontoise	<b>3:16.66</b>	+0,96	276	-
	50m: 45.28 45.28	100m: 1:35.62 50.34	150m: 2:27.28	51.66	200m: 3:16.66	49.38	
10.	MARTINS Ana Maria	79	Sporting de Aveiro	<b>3:28.34</b>	+1,02	232	14,00
	50m: 49.73 49.73	100m: 1:43.57 53.84	150m: 2:38.03	54.46	200m: 3:28.34	50.31	
11.	MALHEIROS Carmen Silvia	81	Litoral Alentejano	<b>3:29.06</b>	+1,00	230	12,00
	50m: 47.71 47.71	100m: 1:39.76 52.05	150m: 2:34.85	55.09	200m: 3:29.06	54.21	
12.	COSTA Clotilde Eunice	80	Foca	<b>3:34.64</b>		212	11,00
	50m: 45.87 45.87	100m: 1:38.70 52.83	150m: 2:36.58	57.88	200m: 3:34.64	58.06	

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Master Esc D  
Resultados

Rec Nac Esc D 2:19.30 BARBARA Carla Santa FCP Tomar 30-01-2016

Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	DSV	Pts Taça
1.	BARBARA Carla Santa <i>Rec Nacional Esc D</i>	75	Porto	<b>2:19.26</b>	+0,76	800	30,00
	50m: 31.95 31.95	100m: 1:07.19 35.24	150m: 1:43.31 36.12	200m: 2:19.26 35.95			
2.	DOMINGUES Claudia Baptista	77	Sporting de Aveiro	<b>2:47.01</b>	+0,83	464	26,00
	50m: 38.09 38.09	100m: 1:20.07 41.98	150m: 2:03.83 43.76	200m: 2:47.01 43.18			
3.	DE SOUSA ROSA-CORISCO Ana	75	Cergy Pontoise	<b>3:06.70</b>	+0,95	332	-
	50m: 43.44 43.44	100m: 1:32.02 48.58	150m: 2:21.54 49.52	200m: 3:06.70 45.16			
4.	SEQUEIRA Carla Sofia	75	Colegio Monte Maior	<b>3:31.29</b>	+0,85	229	22,00
	50m: 49.26 49.26	100m: 1:41.65 52.39	150m: 2:36.77 55.12	200m: 3:31.29 54.52			
5.	SANTOS Ana Filipa	77	O2 Portimao	<b>3:43.71</b>	+1,42	193	20,00
	50m: 52.19 52.19	100m: 1:47.61 55.42	150m: 2:45.03 57.42	200m: 3:43.71 58.68			

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Master Esc E  
Resultados

Rec Nac Esc E 2:23.60 GRILO Ana Paula NDCO Mealhada 25-01-2014

Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	DSV	Pts Taça
1.	ROTHES Ines Maria	73	Fluvial Portuense	<b>2:28.57</b>		677	30,00
	50m: 34.74 34.74	100m: 1:11.60 36.86	150m: 1:49.71 38.11	200m: 2:28.57 38.86			
2.	BRANDAO Maria Teresa	69	Fluvial Portuense	<b>2:37.01</b>	+0,93	573	26,00
	50m: 36.13 36.13	100m: 1:15.80 39.67	150m: 1:56.65 40.85	200m: 2:37.01 40.36			
3.	BLANCO Catarina Araujo	71	Fluvial Portuense	<b>3:01.01</b>	+1,05	374	22,00
	50m: 42.00 42.00	100m: 1:28.76 46.76	150m: 2:15.83 47.07	200m: 3:01.01 45.18			
4.	HEWETT Maria Silvia	70	Fluvial Portuense	<b>3:03.26</b>	+1,10	360	20,00
	50m: 42.63 42.63	100m: 1:28.87 46.24	150m: 2:16.90 48.03	200m: 3:03.26 46.36			
5.	FERREIRA Maria Manuela	70	Natacao da Maia	<b>3:22.59</b>	+1,03	267	19,00
	50m: 46.11 46.11	100m: 1:35.82 49.71	150m: 2:29.65 53.83	200m: 3:22.59 52.94			
6.	BARBARA Ana Bernardo	70	Portinado	<b>3:43.70</b>	+0,91	198	18,00
	50m: 45.16 45.16	100m: 1:39.65 54.49	150m: 2:43.38 1:03.73	200m: 3:43.70 1:00.32			
7.	RIBEIRO Eugenia Fatima	71	Amadora	<b>3:53.25</b>	+1,19	175	17,00
	50m: 48.82 48.82	100m: 1:46.20 57.38	150m: 2:48.38 1:02.18	200m: 3:53.25 1:04.87			
8.	DIAS Carmen Maria	70	Salesianos	<b>4:28.25</b>	+1,29	115	16,00
	50m: 58.28 58.28	100m: 2:05.67 1:07.39	150m: 3:17.15 1:11.48	200m: 4:28.25 1:11.10			

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Master Esc F  
Resultados

Rec Nac Esc F 2:33.74 KRAEVA Elena Nikolaevna ADRCIMM Tomar 28-01-2012

Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	DSV	Pts Taça
1.	FERREIRA Isabel Baptista <i>Rec Nacional Esc F</i>	67	Colegio Monte Maior	<b>2:30.47</b>	+0,78	720	30,00
	50m: 34.50 34.50	100m: 1:12.37 37.87	150m: 1:51.52 39.15	200m: 2:30.47 38.95			
2.	MIRANDA Laura Manuela	67	Colegio Monte Maior	<b>2:54.04</b>	+0,94	465	26,00
	50m: 40.24 40.24	100m: 1:24.87 44.63	150m: 2:10.55 45.68	200m: 2:54.04 43.49			
3.	GUIMARAES Rita Cabral	64	Fluvial Portuense	<b>2:59.54</b>	+0,92	423	22,00
	50m: 38.88 38.88	100m: 1:23.47 44.59	150m: 2:11.55 48.08	200m: 2:59.54 47.99			
4.	WISEU Maria Adriana	66	Leixoes	<b>3:00.83</b>	+0,97	414	20,00
	50m: 40.56 40.56	100m: 1:26.21 45.65	150m: 2:14.34 48.13	200m: 3:00.83 46.49			
5.	CARVALHO Helena Paula	64	Sporting	<b>3:03.06</b>	+1,06	400	19,00
	50m: 41.94 41.94	100m: 1:27.85 45.91	150m: 2:15.71 47.86	200m: 3:03.06 47.35			
6.	TABORDA Maria Joao	67	Porto	<b>3:10.35</b>	+0,88	355	18,00
	50m: 41.93 41.93	100m: 1:30.59 48.66	150m: 2:21.15 50.56	200m: 3:10.35 49.20			
7.	CUNHA Maria Trigueiros	64	Leixoes	<b>3:18.98</b>	+1,17	311	17,00
	50m: 42.70 42.70	100m: 1:31.89 49.19	150m: 2:25.81 53.92	200m: 3:18.98 53.17			
8.	VILARINHO Graca Maria	65	Gafanha da Encarnacao	<b>3:20.48</b>	+1,12	304	16,00
	50m: 45.06 45.06	100m: 1:35.08 50.02	150m: 2:28.53 53.45	200m: 3:20.48 51.95			
9.	PALHARES Ana Rosa	65	Fluvial Portuense	<b>3:30.98</b>	+1,03	261	14,00
	50m: 44.23 44.23	100m: 1:35.71 51.48	150m: 2:34.18 58.47	200m: 3:30.98 56.80			
10.	LEMONS Caxemira Kekhasharu	68	Vilacondense	<b>3:48.81</b>	+1,10	204	12,00
	50m: 50.19 50.19	100m: 1:45.32 55.13	150m: 2:48.12 1:02.80	200m: 3:48.81 1:00.69			
11.	RIBEIRO Violante Isabel	67	Alges	<b>4:04.85</b>		167	11,00
	50m: 51.80 51.80	100m: 1:52.98 1:01.18	150m: 2:58.51 1:05.53	200m: 4:04.85 1:06.34			
12.	MOTA Anabela Verissimo	66	Amigos Natacao	<b>4:05.04</b>		166	10,00
	50m: 56.72 56.72	100m: 1:59.16 1:02.44	150m: 3:04.21 1:05.05	200m: 4:05.04 1:00.83			
13.	RIBEIRO Margarida Maria	64	Fluvial Portuense	<b>4:07.23</b>	+1,27	162	9,00
	50m: 56.83 56.83	100m: 1:58.24 1:01.41	150m: 3:04.47 1:06.23	200m: 4:07.23 1:02.76			

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Master Esc G  
Resultados

Rec Nac Esc G 2:40.35 KRAEVA Elena Nikolaevna ADRCIMM Sines 28-01-2017

Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	DSV	Pts Taça
1.	URBANO Maria Margarida	63	Academica de Coimbra	<b>3:02.70</b>	+1,01	434	30,00
	50m: 42.68 42.68	100m: 1:27.99 45.31	150m: 2:15.13	47.14	200m: 3:02.70	47.57	
2.	FERNANDES Maria Santos	62	Leixoes	<b>3:22.03</b>	+1,10	321	26,00
	50m: 45.41 45.41	100m: 1:35.41 50.00	150m: 2:29.76	54.35	200m: 3:22.03	52.27	
3.	CANORA MARIN Maria Azucena	60	C.N. Aranjuez	<b>3:23.49</b>	+1,10	314	-
	50m: 44.88 44.88	100m: 1:34.28 49.40	150m: 2:27.94	53.66	200m: 3:23.49	55.55	
4.	NETO Maria Manuela	62	Natacao da Maia	<b>3:30.59</b>		283	22,00
	50m: 45.62 45.62	100m: 1:38.33 52.71	150m: 2:35.33	57.00	200m: 3:30.59	55.26	
5.	MOURA Cristina Isabel	63	Leixoes	<b>3:32.04</b>	+1,19	277	20,00
	50m: 45.92 45.92	100m: 1:37.93 52.01	150m: 2:35.33	57.40	200m: 3:32.04	56.71	
6.	CUNHA Maria Paula	59	Leixoes	<b>3:35.71</b>	+0,98	263	19,00
	50m: 46.34 46.34	100m: 1:39.34 53.00	150m: 2:38.13	58.79	200m: 3:35.71	57.58	
7.	CUNHA Maria Almeida	60	Leixoes	<b>3:37.02</b>	+1,12	259	18,00
	50m: 48.39 48.39	100m: 1:42.65 54.26	150m: 2:40.27	57.62	200m: 3:37.02	56.75	
8.	GIAO Wanda Maria	62	Portinado	<b>3:38.02</b>	+0,79	255	17,00
	50m: 44.54 44.54	100m: 1:38.26 53.72	150m: 2:37.80	59.54	200m: 3:38.02	1:00.22	
9.	PEIXE Carla Filomena	63	Masters de Almada	<b>3:45.51</b>	+1,18	231	16,00
	50m: 43.18 43.18	100m: 1:36.01 52.83	150m: 2:36.31	1:00.30	200m: 3:45.51	1:09.20	
10.	CAEIRO Ana Maria	59	Amigos Natacao	<b>3:48.35</b>	+1,04	222	14,00
	50m: 51.86 51.86	100m: 1:49.46 57.60	150m: 2:49.77	1:00.31	200m: 3:48.35	58.58	
DSQ	KRAEVA Elena Nikolaevna	61	Colegio Monte Maior				-
	<i>403 - Falsa partida - SW 4.4</i>						

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Master Esc H  
Resultados

Rec Nac Esc H 2:54.01 FERREIRA Ana Maria SAD Ponte de Sor 29-01-2011

Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	DSV	Pts Taça
1.	OLIVEIRA Maria Teresa	57	Academica de Coimbra	<b>3:26.31</b>	+1,34	456	30,00
	50m: 46.80 46.80	100m: 1:40.79 53.99	150m: 2:35.65	54.86	200m: 3:26.31	50.66	
2.	PINTAO Luisa Maria	54	Nadadores dos Estoris	<b>3:28.11</b>	+1,11	445	26,00
	50m: 47.64 47.64	100m: 1:41.46 53.82	150m: 2:36.64	55.18	200m: 3:28.11	51.47	
3.	MARCHAT Françoise	58	Cergy Pontoise	<b>3:49.78</b>	+1,11	330	-
	50m: 50.36 50.36	100m: 1:48.06 57.70	150m: 2:50.23	1:02.17	200m: 3:49.78	59.55	
4.	CONCEICAO Paula Cristina	57	Alges	<b>4:11.08</b>	+1,04	253	22,00
	50m: 53.98 53.98	100m: 1:55.04 1:01.06	150m: 2:59.74	1:04.70	200m: 4:11.08	1:11.34	
5.	FERREIRA Maria Felix	54	Alges	<b>4:17.36</b>	+1,21	235	20,00
	50m: 58.46 58.46	100m: 2:03.19 1:04.73	150m: 3:11.76	1:08.57	200m: 4:17.36	1:05.60	

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Lugar	Nome	Ano	Clube	Tempo Final	TReac	DSV	Pts Taça
6.	PEREIRA Maria Jose	56	Amigos Natacao	<b>4:33.58</b>	+1,52	195	19,00
	50m: 1:01.54 1:01.54	100m: 2:10.70 1:09.16	150m: 3:22.90 1:12.20	200m: 4:33.58 1:10.68			
7.	CRUZ Maria Josefina	55	Ginasio Clube	<b>4:39.16</b>	+1,22	184	18,00
	50m: 58.98 58.98	100m: 2:06.64 1:07.66	150m: 3:22.51 1:15.87	200m: 4:39.16 1:16.65			

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Rec	Nac	Esc	I	2:57.96	FERREIRA Ana Maria	SAD	Caldas da Rainha	16-04-2016
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Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	DSV	Pts Taça
1.	MOTA Maria Teresa	51	Amigos Natacao	<b>4:40.81</b>		199	30,00
	50m: 1:01.38 1:01.38	100m: 2:13.19 1:11.81	150m: 3:26.89 1:13.70	200m: 4:40.81 1:13.92			

Prova 10 Femin., 200m Livres Master Esc J Resultados  
20-01-2018 - 9:30

Rec	Nac	Esc	J	3:31.30	BASTO Luisa Bessone	SAD	Vila Franca de Xira	19-01-2018
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Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	DSV	Pts Taça
1.	BASTO Luisa Bessone <i>Rec Nacional Esc J</i>	44	Alges	<b>3:27.07</b>	+1,17	532	30,00
	50m: 45.69 45.69	100m: 1:38.06 52.37	150m: 2:33.90 55.84	200m: 3:27.07 53.17			
2.	GACHET Marie-Pierre	47	Club Des Nageurs De Paris	<b>3:42.03</b>	+1,12	431	-
	50m: 49.87 49.87	100m: 1:47.28 57.41	150m: 2:44.99 57.71	200m: 3:42.03 57.04			

Prova 10 Femin., 200m Livres Master Esc L Resultados  
20-01-2018 - 9:30

Rec	Nac	Esc	L	59:00.00				
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Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	DSV	Pts Taça
1.	VIEIRA Maria Alice <i>Rec Nacional Esc L</i>	37	Natacao da Maia	<b>7:55.15</b>		84	30,00
	50m: 1:38.28 1:38.28	100m: 3:43.56 2:05.28	150m: 5:55.07 2:11.51	200m: 7:55.15 2:00.08			