

Prova 16 Masc., 400m Estilos Juvenis A
23-03-2018 - 10:55 Resultados Elimin

RN Absoluto 4:15.84 SANTOS Alexis Manacas POR Rio de Janeiro (BRA) 06-08-2016
RN Juv A 4:32.66 VITAL Joao Alexandre ADRCIMM Coimbra 01-06-2014

Pre-Jun_Masc Juv: 4:41.79 / CEJun_Masc 15 - 18: 4:33.58 / CEPL 12 +: 4:23.04

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	FERNANDES Eduardo Gomes <i>Minimos Pre-Jun</i>	02	Hoquei Mealhada/ CA	4:39.23	+0,75	665	
	50m: 29.63 29.63 150m: 1:39.47 35.97 250m: 2:54.78 40.03 350m: 4:08.69 32.89 100m: 1:03.50 33.87 200m: 2:14.75 35.28 300m: 3:35.80 41.02 400m: 4:39.23 30.54						
2.	AMORIM Ivan Emanuel	02	Fluvial Portuense	4:47.01	+0,77	613	
	50m: 29.12 29.12 150m: 1:43.35 40.28 250m: 3:03.03 41.52 350m: 4:17.32 33.04 100m: 1:03.07 33.95 200m: 2:21.51 38.16 300m: 3:44.28 41.25 400m: 4:47.01 29.69						
3.	GOMES Vicente Oliveira	02	Sporting	4:49.34	+0,78	598	
	50m: 30.29 30.29 150m: 1:41.87 37.34 250m: 3:01.35 42.03 350m: 4:17.03 32.55 100m: 1:04.53 34.24 200m: 2:19.32 37.45 300m: 3:44.48 43.13 400m: 4:49.34 32.31						
4.	DOMINGOS Ruy Manuel	02	Sporting	4:52.05	+0,79	582	
	50m: 28.63 28.63 150m: 1:41.78 38.52 250m: 3:02.36 43.08 350m: 4:18.69 33.54 100m: 1:03.26 34.63 200m: 2:19.28 37.50 300m: 3:45.15 42.79 400m: 4:52.05 33.36						
5.	SILVA Henrique Gomes	02	Estamos Juntos	4:54.01	+0,66	570	
	50m: 29.59 29.59 150m: 1:42.90 38.61 250m: 3:05.70 44.11 350m: 4:21.88 33.27 100m: 1:04.29 34.70 200m: 2:21.59 38.69 300m: 3:48.61 42.91 400m: 4:54.01 32.13						
6.	PINTO Pedro Miguel	02	Sporting	4:55.74	+0,76	560	
	50m: 29.62 29.62 150m: 1:44.66 40.13 250m: 3:05.69 41.75 350m: 4:21.98 33.72 100m: 1:04.53 34.91 200m: 2:23.94 39.28 300m: 3:48.26 42.57 400m: 4:55.74 33.76						
7.	MONTEIRO Tomas Penha	02	Alges	4:56.24	+0,65	557	
	50m: 30.65 30.65 150m: 1:45.06 39.02 250m: 3:07.36 44.04 350m: 4:24.59 32.47 100m: 1:06.04 35.39 200m: 2:23.32 38.26 300m: 3:52.12 44.76 400m: 4:56.24 31.65						
8.	GORDO Goncalo Morais	02	Colegio Monte Maior	4:56.47	+0,78	556	
	50m: 30.16 30.16 150m: 1:44.52 39.27 250m: 3:06.79 43.35 350m: 4:24.21 34.64 100m: 1:05.25 35.09 200m: 2:23.44 38.92 300m: 3:49.57 42.78 400m: 4:56.47 32.26						
9.	MACHADO Tiago Andrade	02	Sporting de Aveiro	4:57.11	+0,63	552	
	50m: 29.88 29.88 150m: 1:43.87 38.62 250m: 3:04.97 43.13 350m: 4:23.56 34.62 100m: 1:05.25 35.37 200m: 2:21.84 37.97 300m: 3:48.94 43.97 400m: 4:57.11 33.55						
10.	COSTA Marco Antonio	02	Natacao Guarda	5:01.24	+0,92	530	
	50m: 29.12 29.12 150m: 1:44.34 40.31 250m: 3:07.39 43.03 350m: 4:25.34 33.75 100m: 1:04.03 34.91 200m: 2:24.36 40.02 300m: 3:51.59 44.20 400m: 5:01.24 35.90						
11.	RIBEIRO Diogo Filipe	02	Leixoes	5:03.95	+0,80	516	
	50m: 30.00 30.00 150m: 1:46.59 41.05 250m: 3:10.27 44.31 350m: 4:30.51 35.04 100m: 1:05.54 35.54 200m: 2:25.96 39.37 300m: 3:55.47 45.20 400m: 5:03.95 33.44						
12.	BERNARDO Joao Silva	02	Colegio Monte Maior	5:06.15	+0,64	505	
	50m: 31.43 31.43 150m: 1:47.19 39.96 250m: 3:11.51 44.66 350m: 4:31.76 35.56 100m: 1:07.23 35.80 200m: 2:26.85 39.66 300m: 3:56.20 44.69 400m: 5:06.15 34.39						
13.	AMARAL Francisco Rodriguez	02	Campinho	5:11.73	+0,68	478	
	50m: 30.63 30.63 150m: 1:46.72 39.74 250m: 3:14.25 48.47 350m: 4:37.59 34.87 100m: 1:06.98 36.35 200m: 2:25.78 39.06 300m: 4:02.72 48.47 400m: 5:11.73 34.14						

Prova 16, Masc., 400m Estilos, Elimin, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
DNS	DOMINGUES Ricardo Jorge	02	Fundacao Beatriz Santos				

Prova 16 Masc., 400m Estilos Juvenis B
23-03-2018 - 10:55 Resultados Elimin

RN Absoluto	4:15.84	SANTOS Alexis Manacas	POR	Rio de Janeiro (BRA)	06-08-2016
RN Juv B	4:37.06	VITAL Joao Alexandre	POR	Utrecht (NED)	16-07-2013

Pre-Jun_Masc Juv: 4:41.79 / CEJun_Masc 15 - 18: 4:33.58 / CEPL 12 +: 4:23.04

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	CARNEIRO Joao Soares	03	Benfica	4:54.80	+0,72	565	
	50m: 29.37 29.37	150m: 1:44.92 41.02	250m: 3:05.96 40.73	350m: 4:21.95 34.01			
	100m: 1:03.90 34.53	200m: 2:25.23 40.31	300m: 3:47.94 41.98	400m: 4:54.80 32.85			
2.	GORDO Salvador Vieira	03	Sporting	5:01.38	+0,57	529	
	50m: 30.85 30.85	150m: 1:45.44 38.49	250m: 3:07.80 44.02	350m: 4:27.21 34.30			
	100m: 1:06.95 36.10	200m: 2:23.78 38.34	300m: 3:52.91 45.11	400m: 5:01.38 34.17			
3.	FERNANDES Rui Afonso	03	Desportivo Nacional	5:02.30	+0,67	524	
	50m: 30.37 30.37	150m: 1:44.27 37.60	250m: 3:07.39 45.65	350m: 4:29.19 35.52			
	100m: 1:06.67 36.30	200m: 2:21.74 37.47	300m: 3:53.67 46.28	400m: 5:02.30 33.11			
4.	RODRIGUES Tiago Moura	03	Luso-Internacional Porto	5:04.29	+0,73	514	
	50m: 30.73 30.73	150m: 1:44.35 38.39	250m: 3:08.96 45.37	350m: 4:29.52 34.36			
	100m: 1:05.96 35.23	200m: 2:23.59 39.24	300m: 3:55.16 46.20	400m: 5:04.29 34.77			
5.	MACHADO Martim Miranda	03	Uniao Coimbra	5:04.94	+0,68	511	
	50m: 30.42 30.42	150m: 1:46.42 40.27	250m: 3:12.62 46.66	350m: 4:33.12 34.35			
	100m: 1:06.15 35.73	200m: 2:25.96 39.54	300m: 3:58.77 46.15	400m: 5:04.94 31.82			
6.	FERREIRA Joao Carlos	03	Porto	5:05.82	+0,74	506	
	50m: 31.02 31.02	150m: 1:46.52 39.44	250m: 3:10.31 45.05	350m: 4:31.35 35.72			
	100m: 1:07.08 36.06	200m: 2:25.26 38.74	300m: 3:55.63 45.32	400m: 5:05.82 34.47			
7.	RELVAS David Ferreira	03	Nautico Marinha Grande	5:05.86	+0,71	506	
	50m: 29.78 29.78	150m: 1:44.01 39.35	250m: 3:06.92 43.37	350m: 4:30.08 35.87			
	100m: 1:04.66 34.88	200m: 2:23.55 39.54	300m: 3:54.21 47.29	400m: 5:05.86 35.78			
8.	FAIA Mateus Costa	03	Famalicao	5:05.87	+0,73	506	
	50m: 30.43 30.43	150m: 1:49.23 42.00	250m: 3:13.76 42.68	350m: 4:32.23 36.31			
	100m: 1:07.23 36.80	200m: 2:31.08 41.85	300m: 3:55.92 42.16	400m: 5:05.87 33.64			
9.	SOUSA Diogo Nunes	03	Vitoria Guimaraes	5:07.95	+0,67	496	
	50m: 31.48 31.48	150m: 1:47.06 39.30	250m: 3:12.14 45.64	350m: 4:33.37 34.65			
	100m: 1:07.76 36.28	200m: 2:26.50 39.44	300m: 3:58.72 46.58	400m: 5:07.95 34.58			
10.	DIAS Ruben Fonseca	03	Natacao de Valongo	5:08.51	+0,83	493	
	50m: 31.40 31.40	150m: 1:46.73 39.77	250m: 3:12.57 46.07	350m: 4:35.04 35.20			
	100m: 1:06.96 35.56	200m: 2:26.50 39.77	300m: 3:59.84 47.27	400m: 5:08.51 33.47			
11.	FARDILHA Manuel Cruz	03	Galitos / Bresimar	5:09.09	+0,76	490	
	50m: 31.69 31.69	150m: 1:51.71 42.40	250m: 3:16.77 44.35	350m: 4:36.75 35.27			
	100m: 1:09.31 37.62	200m: 2:32.42 40.71	300m: 4:01.48 44.71	400m: 5:09.09 32.34			
12.	CORREIA Pedro Henriques	03	Benfica	5:11.11	+0,72	481	
	50m: 31.42 31.42	150m: 1:48.19 41.11	250m: 3:12.61 45.35	350m: 4:35.95 36.77			
	100m: 1:07.08 35.66	200m: 2:27.26 39.07	300m: 3:59.18 46.57	400m: 5:11.11 35.16			

Prova 16, Masc., 400m Estilos, Elimin, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
13.	SANTOS Roberto Pinho	03	Estamos Juntos	5:11.60	+0,84	479	
	50m: 32.49 32.49	150m: 1:51.02 40.27	250m: 3:13.39 42.52	350m: 4:34.78 37.44	400m: 5:11.60 36.82		
	100m: 1:10.75 38.26	200m: 2:30.87 39.85	300m: 3:57.34 43.95				
14.	NOVIKOV Ricardo	03	Alges	5:15.55	+0,73	461	
	50m: 32.72 32.72	150m: 1:53.06 41.58	250m: 3:21.85 46.50	350m: 4:42.73 33.15	400m: 5:15.55 32.82		
	100m: 1:11.48 38.76	200m: 2:35.35 42.29	300m: 4:09.58 47.73				
15.	SANTOS Andre Cardoso	03	Academico Viseu	5:16.39	+0,76	457	
	50m: 32.71 32.71	150m: 1:53.57 40.85	250m: 3:19.05 46.83	350m: 4:41.50 35.89	400m: 5:16.39 34.89		
	100m: 1:12.72 40.01	200m: 2:32.22 38.65	300m: 4:05.61 46.56				
16.	FERREIRA Tomas Soares	03	Estarreja	5:18.17	+0,78	450	
	50m: 31.30 31.30	150m: 1:48.60 40.93	250m: 3:16.62 47.57	350m: 4:42.30 37.06	400m: 5:18.17 35.87		
	100m: 1:07.67 36.37	200m: 2:29.05 40.45	300m: 4:05.24 48.62				
17.	DIAS Rodrigo Reis	03	Belenenses	5:18.56	+0,73	448	
	50m: 30.80 30.80	150m: 1:49.23 41.01	250m: 3:16.48 45.79	350m: 4:41.47 37.96	400m: 5:18.56 37.09		
	100m: 1:08.22 37.42	200m: 2:30.69 41.46	300m: 4:03.51 47.03				
18.	LEAL Dinis Barros	03	Aquatico Pacense	5:20.60	+0,72	439	
	50m: 32.29 32.29	150m: 1:51.71 41.97	250m: 3:18.96 46.31	350m: 4:43.72 37.43	400m: 5:20.60 36.88		
	100m: 1:09.74 37.45	200m: 2:32.65 40.94	300m: 4:06.29 47.33				

Prova 16 Masc., 400m Estilos

Juniores Resultados Elimin

RN Absoluto	4:15.84	SANTOS Alexis Manacas	POR	Rio de Janeiro (BRA)	06-08-2016
RN Jun18	4:22.25	VITAL Joao Alexandre	SCP	Oeiras	22-07-2016
RN Jun17	4:25.23	VITAL Joao Alexandre	POR	Singapore (SIN)	29-08-2015

CEJun_Masc 15 - 18: 4:33.58 / CEPL 12 +: 4:23.04

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	LOPES Jose Paulo <i>Minimos CEJun</i>	00	Braga	4:31.71	+0,71	722	
	50m: 27.96 27.96	150m: 1:33.97 33.74	250m: 2:46.39 38.96	350m: 3:59.69 32.83	400m: 4:31.71 32.02		
	100m: 1:00.23 32.27	200m: 2:07.43 33.46	300m: 3:26.86 40.47				
2.	SILVA Jorge Jesus	00	Braga	4:37.26	+0,72	680	
	50m: 29.28 29.28	150m: 1:37.54 35.22	250m: 2:52.35 38.66	350m: 4:04.21 32.77	400m: 4:37.26 33.05		
	100m: 1:02.32 33.04	200m: 2:13.69 36.15	300m: 3:31.44 39.09				
3.	VILHENA Tiago Miguel	01	Natacao de Faro	4:37.30	+0,68	679	
	50m: 28.99 28.99	150m: 1:38.49 35.37	250m: 2:52.66 39.49	350m: 4:06.31 32.73	400m: 4:37.30 30.99		
	100m: 1:03.12 34.13	200m: 2:13.17 34.68	300m: 3:33.58 40.92				
4.	SANTO Filipe Miguel	00	Benfica	4:39.39	+0,74	664	
	50m: 29.59 29.59	150m: 1:39.64 35.84	250m: 2:55.29 40.65	350m: 4:09.39 32.43	400m: 4:39.39 30.00		
	100m: 1:03.80 34.21	200m: 2:14.64 35.00	300m: 3:36.96 41.67				
5.	CORDEIRO Tiago Roberto	00	Benfica	4:40.22	+0,70	658	
	50m: 28.18 28.18	150m: 1:38.30 37.36	250m: 2:54.64 39.80	350m: 4:08.40 33.13	400m: 4:40.22 31.82		
	100m: 1:00.94 32.76	200m: 2:14.84 36.54	300m: 3:35.27 40.63				
6.	DANTAS Diogo Leal	00	Sporting	4:40.41	+0,63	657	
	50m: 28.21 28.21	150m: 1:36.81 35.74	250m: 2:52.29 39.58	350m: 4:07.23 33.76	400m: 4:40.41 33.18		
	100m: 1:01.07 32.86	200m: 2:12.71 35.90	300m: 3:33.47 41.18				

Prova 16, Masc., 400m Estilos, Elimin, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
7.	CRISTINO David Matias	01	Uniao Piedense	4:41.31	+0,72	651	
	50m: 29.68 29.68	150m: 1:40.16	36.08	250m: 2:57.65	41.77	350m: 4:10.22	31.42
	100m: 1:04.08 34.40	200m: 2:15.88	35.72	300m: 3:38.80	41.15	400m: 4:41.31	31.09
8.	BASTOS Lucas Pereira	00	Nautico Academico	4:41.84	+0,70	647	
	50m: 28.79 28.79	150m: 1:38.05	35.76	250m: 2:53.88	40.43	350m: 4:09.17	33.08
	100m: 1:02.29 33.50	200m: 2:13.45	35.40	300m: 3:36.09	42.21	400m: 4:41.84	32.67
9.	CARDOSO Diogo Santos	01	Colegio Monte Maior	4:45.31	+0,78	624	
	50m: 29.93 29.93	150m: 1:43.27	39.47	250m: 3:01.31	40.54	350m: 4:14.49	32.38
	100m: 1:03.80 33.87	200m: 2:20.77	37.50	300m: 3:42.11	40.80	400m: 4:45.31	30.82
10.	PERLOIRO Bernardo Garcia	00	Sporting	4:45.71	+0,68	621	
	50m: 29.26 29.26	150m: 1:39.80	35.52	250m: 2:55.67	40.09	350m: 4:11.39	34.00
	100m: 1:04.28 35.02	200m: 2:15.58	35.78	300m: 3:37.39	41.72	400m: 4:45.71	34.32
11.	RUIVO Andre Vilas	00	Sporting	4:46.09	+0,71	619	
	50m: 28.72 28.72	150m: 1:38.61	36.68	250m: 2:57.63	42.39	350m: 4:13.58	32.65
	100m: 1:01.93 33.21	200m: 2:15.24	36.63	300m: 3:40.93	43.30	400m: 4:46.09	32.51
12.	TOMAS Francisco Xavier	00	Alcobaca	4:46.68	+0,80	615	
	50m: 29.04 29.04	150m: 1:40.31	37.47	250m: 2:58.05	41.30	350m: 4:13.43	33.36
	100m: 1:02.84 33.80	200m: 2:16.75	36.44	300m: 3:40.07	42.02	400m: 4:46.68	33.25
13.	CATALAO Daniel Nogueira	00	Benfica	4:48.55	+0,70	603	
	50m: 28.31 28.31	150m: 1:38.92	37.25	250m: 2:55.19	40.62	350m: 4:12.32	35.46
	100m: 1:01.67 33.36	200m: 2:14.57	35.65	300m: 3:36.86	41.67	400m: 4:48.55	36.23
14.	TRAVANCA Sergio Filipe	00	Fluvial Portuense	4:51.96	+0,74	582	
	50m: 29.13 29.13	150m: 1:41.40	38.47	250m: 3:02.48	42.84	350m: 4:18.86	33.42
	100m: 1:02.93 33.80	200m: 2:19.64	38.24	300m: 3:45.44	42.96	400m: 4:51.96	33.10
15.	PIEIDADE Sebastiao Limbert	00	Alges	4:53.15	+0,70	575	
	50m: 30.15 30.15	150m: 1:43.47	38.34	250m: 3:03.96	42.09	350m: 4:20.42	33.93
	100m: 1:05.13 34.98	200m: 2:21.87	38.40	300m: 3:46.49	42.53	400m: 4:53.15	32.73
16.	JESUS Afonso Guilherme	00	Sporting	4:53.60	+0,70	572	
	50m: 30.27 30.27	150m: 1:46.09	39.99	250m: 3:05.17	40.40	350m: 4:21.01	33.94
	100m: 1:06.10 35.83	200m: 2:24.77	38.68	300m: 3:47.07	41.90	400m: 4:53.60	32.59
17.	PIRES Rui Miguel	01	Nautico Marinha Grande	4:57.22	+0,74	552	
	50m: 30.00 30.00	150m: 1:44.45	38.29	250m: 3:05.08	42.93	350m: 4:24.64	34.97
	100m: 1:06.16 36.16	200m: 2:22.15	37.70	300m: 3:49.67	44.59	400m: 4:57.22	32.58
18.	PEREIRA Bernardo Sousa	01	Pimpoes/Cimai	4:59.10	+0,74	541	
	50m: 30.71 30.71	150m: 1:46.62	40.24	250m: 3:07.06	41.73	350m: 4:24.36	35.32
	100m: 1:06.38 35.67	200m: 2:25.33	38.71	300m: 3:49.04	41.98	400m: 4:59.10	34.74
19.	PEREIRA Jose Maria	01	Sporting	5:01.25	+0,73	530	
	50m: 30.12 30.12	150m: 1:45.48	38.98	250m: 3:08.91	44.54	350m: 4:27.50	34.26
	100m: 1:06.50 36.38	200m: 2:24.37	38.89	300m: 3:53.24	44.33	400m: 5:01.25	33.75
DSQ	SILVA Tomas Antonio	01	Naval do Funchal				
	403 - Falsa partida - SW 4.4						
DSQ	JOAQUIM Andre Serro	00	Portinado				
	724 - Não tocou com as mãos na parede separadas ou simultaneamente na viragem aos 250 m - SW 7.6						

Prova 16, Masc., 400m Estilos, Elimin

Prova 16 Masc., 400m Estilos Seniores
23-03-2018 - 10:55 Resultados Elimin

RN Absoluto	4:15.84	SANTOS Alexis Manacas	POR	Rio de Janeiro (BRA)	06-08-2016
RN Sen	4:15.84	SANTOS Alexis Manacas	POR	Rio de Janeiro (BRA)	06-08-2016

CEPL 12 +: 4:23.04

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	CARVALHO Jose Paula	98	Uniao Piedense	4:33.15	+0,71	711	
	50m: 29.05 29.05	150m: 1:36.41 34.96	250m: 2:49.38 39.02	350m: 4:01.33 32.70			
	100m: 1:01.45 32.40	200m: 2:10.36 33.95	300m: 3:28.63 39.25	400m: 4:33.15 31.82			
2.	VELOSO Tomas Miguel	96	Nautico Academico	4:34.36	+0,63	702	
	50m: 28.98 28.98	150m: 1:36.87 35.09	250m: 2:50.01 38.55	350m: 4:01.87 32.80			
	100m: 1:01.78 32.80	200m: 2:11.46 34.59	300m: 3:29.07 39.06	400m: 4:34.36 32.49			
3.	RAMOS Bruno Miguel	97	Belenenses	4:36.10	+0,66	688	
	50m: 28.18 28.18	150m: 1:36.03 34.88	250m: 2:51.25 40.14	350m: 4:04.37 32.17			
	100m: 1:01.15 32.97	200m: 2:11.11 35.08	300m: 3:32.20 40.95	400m: 4:36.10 31.73			
4.	PINTO Antonio Fernando	99	Estrelas S. Joao de Brito	4:42.77	+0,74	641	
	50m: 28.29 28.29	150m: 1:38.64 36.83	250m: 2:55.39 38.95	350m: 4:10.20 33.33			
	100m: 1:01.81 33.52	200m: 2:16.44 37.80	300m: 3:36.87 41.48	400m: 4:42.77 32.57			
5.	MACHADO Joao Daniel	99	Benfica	4:43.41	+0,67	636	
	50m: 28.35 28.35	150m: 1:38.48 36.90	250m: 2:55.76 41.21	350m: 4:10.59 33.51			
	100m: 1:01.58 33.23	200m: 2:14.55 36.07	300m: 3:37.08 41.32	400m: 4:43.41 32.82			
6.	BATE Afonso Ribeiro	98	Alges	4:44.48	+0,72	629	
	50m: 28.35 28.35	150m: 1:39.87 38.25	250m: 2:58.93 40.86	350m: 4:13.13 32.57			
	100m: 1:01.62 33.27	200m: 2:18.07 38.20	300m: 3:40.56 41.63	400m: 4:44.48 31.35			
7.	DINIS Tiago Moises	98	Nautico Academico	4:45.69	+0,77	621	
	50m: 29.14 29.14	150m: 1:40.65 36.82	250m: 2:58.30 40.83	350m: 4:13.82 33.93			
	100m: 1:03.83 34.69	200m: 2:17.47 36.82	300m: 3:39.89 41.59	400m: 4:45.69 31.87			
8.	GASPAR Miguel Caridade	99	Academica de Coimbra	4:48.13	+0,72	606	
	50m: 30.88 30.88	150m: 1:45.48 38.79	250m: 3:01.20 37.61	350m: 4:14.84 34.68			
	100m: 1:06.69 35.81	200m: 2:23.59 38.11	300m: 3:40.16 38.96	400m: 4:48.13 33.29			
9.	NUNES Rafael Filipe	96	Benfica	4:48.47	+0,63	603	
	50m: 29.48 29.48	150m: 1:41.22 37.56	250m: 3:00.15 41.56	350m: 4:16.08 34.38			
	100m: 1:03.66 34.18	200m: 2:18.59 37.37	300m: 3:41.70 41.55	400m: 4:48.47 32.39			
DNS	VITAL Joao Alexandre	98	Sporting				

Prova 16, Masc., 400m Estilos, Elimin

Prova 16 Masc., 400m Estilos Absolutos
23-03-2018 - 10:55 Resultados Elimin

RN Absoluto	4:15.84	SANTOS Alexis Manacas	POR	Rio de Janeiro (BRA)	06-08-2016
RN Sen	4:15.84	SANTOS Alexis Manacas	POR	Rio de Janeiro (BRA)	06-08-2016
RN Jun18	4:22.25	VITAL Joao Alexandre	SCP	Oeiras	22-07-2016
RN Jun17	4:25.23	VITAL Joao Alexandre	POR	Singapore (SIN)	29-08-2015
RN Juv A	4:32.66	VITAL Joao Alexandre	ADRCIMM	Coimbra	01-06-2014
RN Juv B	4:37.06	VITAL Joao Alexandre	POR	Utrecht (NED)	16-07-2013

Pre-Jun_Masc Juv: 4:41.79 / CEJun_Masc 15 - 18: 4:33.58 / CEPL 12 +: 4:23.04

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	LOPES Jose Paulo <i>Minimos CEJun</i>	00	Braga	4:31.71	+0,71	722	
	50m: 27.96 27.96	150m: 1:33.97 33.74	250m: 2:46.39 38.96	350m: 3:59.69 32.83			
	100m: 1:00.23 32.27	200m: 2:07.43 33.46	300m: 3:26.86 40.47	400m: 4:31.71 32.02			
2.	CARVALHO Jose Paula	98	Uniao Piedense	4:33.15	+0,71	711	
	50m: 29.05 29.05	150m: 1:36.41 34.96	250m: 2:49.38 39.02	350m: 4:01.33 32.70			
	100m: 1:01.45 32.40	200m: 2:10.36 33.95	300m: 3:28.63 39.25	400m: 4:33.15 31.82			
3.	VELOSO Tomas Miguel	96	Nautico Academico	4:34.36	+0,63	702	
	50m: 28.98 28.98	150m: 1:36.87 35.09	250m: 2:50.01 38.55	350m: 4:01.87 32.80			
	100m: 1:01.78 32.80	200m: 2:11.46 34.59	300m: 3:29.07 39.06	400m: 4:34.36 32.49			
4.	RAMOS Bruno Miguel	97	Belenenses	4:36.10	+0,66	688	
	50m: 28.18 28.18	150m: 1:36.03 34.88	250m: 2:51.25 40.14	350m: 4:04.37 32.17			
	100m: 1:01.15 32.97	200m: 2:11.11 35.08	300m: 3:32.20 40.95	400m: 4:36.10 31.73			
5.	SILVA Jorge Jesus	00	Braga	4:37.26	+0,72	680	
	50m: 29.28 29.28	150m: 1:37.54 35.22	250m: 2:52.35 38.66	350m: 4:04.21 32.77			
	100m: 1:02.32 33.04	200m: 2:13.69 36.15	300m: 3:31.44 39.09	400m: 4:37.26 33.05			
6.	VILHENA Tiago Miguel	01	Natacao de Faro	4:37.30	+0,68	679	
	50m: 28.99 28.99	150m: 1:38.49 35.37	250m: 2:52.66 39.49	350m: 4:06.31 32.73			
	100m: 1:03.12 34.13	200m: 2:13.17 34.68	300m: 3:33.58 40.92	400m: 4:37.30 30.99			
7.	FERNANDES Eduardo Gomes <i>Minimos Pre-Jun</i>	02	Hoquei Mealhada/ CA	4:39.23	+0,75	665	
	50m: 29.63 29.63	150m: 1:39.47 35.97	250m: 2:54.78 40.03	350m: 4:08.69 32.89			
	100m: 1:03.50 33.87	200m: 2:14.75 35.28	300m: 3:35.80 41.02	400m: 4:39.23 30.54			
8.	SANTO Filipe Miguel	00	Benfica	4:39.39	+0,74	664	
	50m: 29.59 29.59	150m: 1:39.64 35.84	250m: 2:55.29 40.65	350m: 4:09.39 32.43			
	100m: 1:03.80 34.21	200m: 2:14.64 35.00	300m: 3:36.96 41.67	400m: 4:39.39 30.00			
9.	CORDEIRO Tiago Roberto	00	Benfica	4:40.22	+0,70	658	
	50m: 28.18 28.18	150m: 1:38.30 37.36	250m: 2:54.64 39.80	350m: 4:08.40 33.13			
	100m: 1:00.94 32.76	200m: 2:14.84 36.54	300m: 3:35.27 40.63	400m: 4:40.22 31.82			
10.	DANTAS Diogo Leal	00	Sporting	4:40.41	+0,63	657	
	50m: 28.21 28.21	150m: 1:36.81 35.74	250m: 2:52.29 39.58	350m: 4:07.23 33.76			
	100m: 1:01.07 32.86	200m: 2:12.71 35.90	300m: 3:33.47 41.18	400m: 4:40.41 33.18			
11.	CRISTINO David Matias	01	Uniao Piedense	4:41.31	+0,72	651	
	50m: 29.68 29.68	150m: 1:40.16 36.08	250m: 2:57.65 41.77	350m: 4:10.22 31.42			
	100m: 1:04.08 34.40	200m: 2:15.88 35.72	300m: 3:38.80 41.15	400m: 4:41.31 31.09			

Prova 16, Masc., 400m Estilos, Elimin, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
12.	BASTOS Lucas Pereira	00	Nautico Academico	4:41.84	+0,70	647	
	50m: 28.79 28.79	150m: 1:38.05 35.76	250m: 2:53.88	40.43	350m: 4:09.17	33.08	
	100m: 1:02.29 33.50	200m: 2:13.45 35.40	300m: 3:36.09	42.21	400m: 4:41.84	32.67	
13.	PINTO Antonio Fernando	99	Estrelas S. Joao de Brito	4:42.77	+0,74	641	
	50m: 28.29 28.29	150m: 1:38.64 36.83	250m: 2:55.39	38.95	350m: 4:10.20	33.33	
	100m: 1:01.81 33.52	200m: 2:16.44 37.80	300m: 3:36.87	41.48	400m: 4:42.77	32.57	
14.	MACHADO Joao Daniel	99	Benfica	4:43.41	+0,67	636	
	50m: 28.35 28.35	150m: 1:38.48 36.90	250m: 2:55.76	41.21	350m: 4:10.59	33.51	
	100m: 1:01.58 33.23	200m: 2:14.55 36.07	300m: 3:37.08	41.32	400m: 4:43.41	32.82	
15.	BATE Afonso Ribeiro	98	Alges	4:44.48	+0,72	629	
	50m: 28.35 28.35	150m: 1:39.87 38.25	250m: 2:58.93	40.86	350m: 4:13.13	32.57	
	100m: 1:01.62 33.27	200m: 2:18.07 38.20	300m: 3:40.56	41.63	400m: 4:44.48	31.35	
16.	CARDOSO Diogo Santos	01	Colegio Monte Maior	4:45.31	+0,78	624	
	50m: 29.93 29.93	150m: 1:43.27 39.47	250m: 3:01.31	40.54	350m: 4:14.49	32.38	
	100m: 1:03.80 33.87	200m: 2:20.77 37.50	300m: 3:42.11	40.80	400m: 4:45.31	30.82	
17.	DINIS Tiago Moises	98	Nautico Academico	4:45.69	+0,77	621	
	50m: 29.14 29.14	150m: 1:40.65 36.82	250m: 2:58.30	40.83	350m: 4:13.82	33.93	
	100m: 1:03.83 34.69	200m: 2:17.47 36.82	300m: 3:39.89	41.59	400m: 4:45.69	31.87	
18.	PERLOIRO Bernardo Garcia	00	Sporting	4:45.71	+0,68	621	
	50m: 29.26 29.26	150m: 1:39.80 35.52	250m: 2:55.67	40.09	350m: 4:11.39	34.00	
	100m: 1:04.28 35.02	200m: 2:15.58 35.78	300m: 3:37.39	41.72	400m: 4:45.71	34.32	
19.	RUIVO Andre Vilas	00	Sporting	4:46.09	+0,71	619	
	50m: 28.72 28.72	150m: 1:38.61 36.68	250m: 2:57.63	42.39	350m: 4:13.58	32.65	
	100m: 1:01.93 33.21	200m: 2:15.24 36.63	300m: 3:40.93	43.30	400m: 4:46.09	32.51	
20.	TOMAS Francisco Xavier	00	Alcobaca	4:46.68	+0,80	615	
	50m: 29.04 29.04	150m: 1:40.31 37.47	250m: 2:58.05	41.30	350m: 4:13.43	33.36	
	100m: 1:02.84 33.80	200m: 2:16.75 36.44	300m: 3:40.07	42.02	400m: 4:46.68	33.25	
21.	AMORIM Ivan Emanuel	02	Fluvial Portuense	4:47.01	+0,77	613	
	50m: 29.12 29.12	150m: 1:43.35 40.28	250m: 3:03.03	41.52	350m: 4:17.32	33.04	
	100m: 1:03.07 33.95	200m: 2:21.51 38.16	300m: 3:44.28	41.25	400m: 4:47.01	29.69	
22.	GASPAR Miguel Caridade	99	Academica de Coimbra	4:48.13	+0,72	606	
	50m: 30.88 30.88	150m: 1:45.48 38.79	250m: 3:01.20	37.61	350m: 4:14.84	34.68	
	100m: 1:06.69 35.81	200m: 2:23.59 38.11	300m: 3:40.16	38.96	400m: 4:48.13	33.29	
23.	NUNES Rafael Filipe	96	Benfica	4:48.47	+0,63	603	
	50m: 29.48 29.48	150m: 1:41.22 37.56	250m: 3:00.15	41.56	350m: 4:16.08	34.38	
	100m: 1:03.66 34.18	200m: 2:18.59 37.37	300m: 3:41.70	41.55	400m: 4:48.47	32.39	
24.	CATALAO Daniel Nogueira	00	Benfica	4:48.55	+0,70	603	
	50m: 28.31 28.31	150m: 1:38.92 37.25	250m: 2:55.19	40.62	350m: 4:12.32	35.46	
	100m: 1:01.67 33.36	200m: 2:14.57 35.65	300m: 3:36.86	41.67	400m: 4:48.55	36.23	
25.	GOMES Vicente Oliveira	02	Sporting	4:49.34	+0,78	598	
	50m: 30.29 30.29	150m: 1:41.87 37.34	250m: 3:01.35	42.03	350m: 4:17.03	32.55	
	100m: 1:04.53 34.24	200m: 2:19.32 37.45	300m: 3:44.48	43.13	400m: 4:49.34	32.31	
26.	TRAVANCA Sergio Filipe	00	Fluvial Portuense	4:51.96	+0,74	582	
	50m: 29.13 29.13	150m: 1:41.40 38.47	250m: 3:02.48	42.84	350m: 4:18.86	33.42	
	100m: 1:02.93 33.80	200m: 2:19.64 38.24	300m: 3:45.44	42.96	400m: 4:51.96	33.10	

Prova 16, Masc., 400m Estilos, Elimin, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
27.	DOMINGOS Ruy Manuel	02	Sporting	4:52.05	+0,79	582	
	50m: 28.63 28.63	150m: 1:41.78 38.52	250m: 3:02.36 43.08	350m: 4:18.69 33.54	400m: 4:52.05 33.36		
	100m: 1:03.26 34.63	200m: 2:19.28 37.50	300m: 3:45.15 42.79				
28.	PIEIDADE Sebastiao Limbert	00	Alges	4:53.15	+0,70	575	
	50m: 30.15 30.15	150m: 1:43.47 38.34	250m: 3:03.96 42.09	350m: 4:20.42 33.93	400m: 4:53.15 32.73		
	100m: 1:05.13 34.98	200m: 2:21.87 38.40	300m: 3:46.49 42.53				
29.	JESUS Afonso Guilherme	00	Sporting	4:53.60	+0,70	572	
	50m: 30.27 30.27	150m: 1:46.09 39.99	250m: 3:05.17 40.40	350m: 4:21.01 33.94	400m: 4:53.60 32.59		
	100m: 1:06.10 35.83	200m: 2:24.77 38.68	300m: 3:47.07 41.90				
30.	SILVA Henrique Gomes	02	Estamos Juntos	4:54.01	+0,66	570	
	50m: 29.59 29.59	150m: 1:42.90 38.61	250m: 3:05.70 44.11	350m: 4:21.88 33.27	400m: 4:54.01 32.13		
	100m: 1:04.29 34.70	200m: 2:21.59 38.69	300m: 3:48.61 42.91				
31.	CARNEIRO Joao Soares	03	Benfica	4:54.80	+0,72	565	
	50m: 29.37 29.37	150m: 1:44.92 41.02	250m: 3:05.96 40.73	350m: 4:21.95 34.01	400m: 4:54.80 32.85		
	100m: 1:03.90 34.53	200m: 2:25.23 40.31	300m: 3:47.94 41.98				
32.	PINTO Pedro Miguel	02	Sporting	4:55.74	+0,76	560	
	50m: 29.62 29.62	150m: 1:44.66 40.13	250m: 3:05.69 41.75	350m: 4:21.98 33.72	400m: 4:55.74 33.76		
	100m: 1:04.53 34.91	200m: 2:23.94 39.28	300m: 3:48.26 42.57				
33.	MONTEIRO Tomas Penha	02	Alges	4:56.24	+0,65	557	
	50m: 30.65 30.65	150m: 1:45.06 39.02	250m: 3:07.36 44.04	350m: 4:24.59 32.47	400m: 4:56.24 31.65		
	100m: 1:06.04 35.39	200m: 2:23.32 38.26	300m: 3:52.12 44.76				
34.	GORDO Goncalo Morais	02	Colegio Monte Maior	4:56.47	+0,78	556	
	50m: 30.16 30.16	150m: 1:44.52 39.27	250m: 3:06.79 43.35	350m: 4:24.21 34.64	400m: 4:56.47 32.26		
	100m: 1:05.25 35.09	200m: 2:23.44 38.92	300m: 3:49.57 42.78				
35.	MACHADO Tiago Andrade	02	Sporting de Aveiro	4:57.11	+0,63	552	
	50m: 29.88 29.88	150m: 1:43.87 38.62	250m: 3:04.97 43.13	350m: 4:23.56 34.62	400m: 4:57.11 33.55		
	100m: 1:05.25 35.37	200m: 2:21.84 37.97	300m: 3:48.94 43.97				
36.	PIRES Rui Miguel	01	Nautico Marinha Grande	4:57.22	+0,74	552	
	50m: 30.00 30.00	150m: 1:44.45 38.29	250m: 3:05.08 42.93	350m: 4:24.64 34.97	400m: 4:57.22 32.58		
	100m: 1:06.16 36.16	200m: 2:22.15 37.70	300m: 3:49.67 44.59				
37.	PEREIRA Bernardo Sousa	01	Pimpoes/Cimai	4:59.10	+0,74	541	
	50m: 30.71 30.71	150m: 1:46.62 40.24	250m: 3:07.06 41.73	350m: 4:24.36 35.32	400m: 4:59.10 34.74		
	100m: 1:06.38 35.67	200m: 2:25.33 38.71	300m: 3:49.04 41.98				
38.	COSTA Marco Antonio	02	Natacao Guarda	5:01.24	+0,92	530	
	50m: 29.12 29.12	150m: 1:44.34 40.31	250m: 3:07.39 43.03	350m: 4:25.34 33.75	400m: 5:01.24 35.90		
	100m: 1:04.03 34.91	200m: 2:24.36 40.02	300m: 3:51.59 44.20				
39.	PEREIRA Jose Maria	01	Sporting	5:01.25	+0,73	530	
	50m: 30.12 30.12	150m: 1:45.48 38.98	250m: 3:08.91 44.54	350m: 4:27.50 34.26	400m: 5:01.25 33.75		
	100m: 1:06.50 36.38	200m: 2:24.37 38.89	300m: 3:53.24 44.33				
40.	GORDO Salvador Vieira	03	Sporting	5:01.38	+0,57	529	
	50m: 30.85 30.85	150m: 1:45.44 38.49	250m: 3:07.80 44.02	350m: 4:27.21 34.30	400m: 5:01.38 34.17		
	100m: 1:06.95 36.10	200m: 2:23.78 38.34	300m: 3:52.91 45.11				
41.	FERNANDES Rui Afonso	03	Desportivo Nacional	5:02.30	+0,67	524	
	50m: 30.37 30.37	150m: 1:44.27 37.60	250m: 3:07.39 45.65	350m: 4:29.19 35.52	400m: 5:02.30 33.11		
	100m: 1:06.67 36.30	200m: 2:21.74 37.47	300m: 3:53.67 46.28				

Prova 16, Masc., 400m Estilos, Elimin, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
42.	RIBEIRO Diogo Filipe	02	Leixoes	5:03.95	+0,80	516	
	50m: 30.00 30.00	150m: 1:46.59 41.05	250m: 3:10.27 44.31	350m: 4:30.51 35.04	400m: 5:03.95 33.44		
	100m: 1:05.54 35.54	200m: 2:25.96 39.37	300m: 3:55.47 45.20				
43.	RODRIGUES Tiago Moura	03	Luso-Internacional Porto	5:04.29	+0,73	514	
	50m: 30.73 30.73	150m: 1:44.35 38.39	250m: 3:08.96 45.37	350m: 4:29.52 34.36	400m: 5:04.29 34.77		
	100m: 1:05.96 35.23	200m: 2:23.59 39.24	300m: 3:55.16 46.20				
44.	MACHADO Martim Miranda	03	Uniao Coimbra	5:04.94	+0,68	511	
	50m: 30.42 30.42	150m: 1:46.42 40.27	250m: 3:12.62 46.66	350m: 4:33.12 34.35	400m: 5:04.94 31.82		
	100m: 1:06.15 35.73	200m: 2:25.96 39.54	300m: 3:58.77 46.15				
45.	FERREIRA Joao Carlos	03	Porto	5:05.82	+0,74	506	
	50m: 31.02 31.02	150m: 1:46.52 39.44	250m: 3:10.31 45.05	350m: 4:31.35 35.72	400m: 5:05.82 34.47		
	100m: 1:07.08 36.06	200m: 2:25.26 38.74	300m: 3:55.63 45.32				
46.	RELVAS David Ferreira	03	Nautico Marinha Grande	5:05.86	+0,71	506	
	50m: 29.78 29.78	150m: 1:44.01 39.35	250m: 3:06.92 43.37	350m: 4:30.08 35.87	400m: 5:05.86 35.78		
	100m: 1:04.66 34.88	200m: 2:23.55 39.54	300m: 3:54.21 47.29				
47.	FAIA Mateus Costa	03	Famalicao	5:05.87	+0,73	506	
	50m: 30.43 30.43	150m: 1:49.23 42.00	250m: 3:13.76 42.68	350m: 4:32.23 36.31	400m: 5:05.87 33.64		
	100m: 1:07.23 36.80	200m: 2:31.08 41.85	300m: 3:55.92 42.16				
48.	BERNARDO Joao Silva	02	Colegio Monte Maior	5:06.15	+0,64	505	
	50m: 31.43 31.43	150m: 1:47.19 39.96	250m: 3:11.51 44.66	350m: 4:31.76 35.56	400m: 5:06.15 34.39		
	100m: 1:07.23 35.80	200m: 2:26.85 39.66	300m: 3:56.20 44.69				
49.	SOUSA Diogo Nunes	03	Vitoria Guimaraes	5:07.95	+0,67	496	
	50m: 31.48 31.48	150m: 1:47.06 39.30	250m: 3:12.14 45.64	350m: 4:33.37 34.65	400m: 5:07.95 34.58		
	100m: 1:07.76 36.28	200m: 2:26.50 39.44	300m: 3:58.72 46.58				
50.	DIAS Ruben Fonseca	03	Natacao de Valongo	5:08.51	+0,83	493	
	50m: 31.40 31.40	150m: 1:46.73 39.77	250m: 3:12.57 46.07	350m: 4:35.04 35.20	400m: 5:08.51 33.47		
	100m: 1:06.96 35.56	200m: 2:26.50 39.77	300m: 3:59.84 47.27				
51.	FARDILHA Manuel Cruz	03	Galitos / Bresimar	5:09.09	+0,76	490	
	50m: 31.69 31.69	150m: 1:51.71 42.40	250m: 3:16.77 44.35	350m: 4:36.75 35.27	400m: 5:09.09 32.34		
	100m: 1:09.31 37.62	200m: 2:32.42 40.71	300m: 4:01.48 44.71				
52.	CORREIA Pedro Henriques	03	Benfica	5:11.11	+0,72	481	
	50m: 31.42 31.42	150m: 1:48.19 41.11	250m: 3:12.61 45.35	350m: 4:35.95 36.77	400m: 5:11.11 35.16		
	100m: 1:07.08 35.66	200m: 2:27.26 39.07	300m: 3:59.18 46.57				
53.	SANTOS Roberto Pinho	03	Estamos Juntos	5:11.60	+0,84	479	
	50m: 32.49 32.49	150m: 1:51.02 40.27	250m: 3:13.39 42.52	350m: 4:34.78 37.44	400m: 5:11.60 36.82		
	100m: 1:10.75 38.26	200m: 2:30.87 39.85	300m: 3:57.34 43.95				
54.	AMARAL Francisco Rodriguez	02	Campinho	5:11.73	+0,68	478	
	50m: 30.63 30.63	150m: 1:46.72 39.74	250m: 3:14.25 48.47	350m: 4:37.59 34.87	400m: 5:11.73 34.14		
	100m: 1:06.98 36.35	200m: 2:25.78 39.06	300m: 4:02.72 48.47				
55.	NOVIKOV Ricardo	03	Alges	5:15.55	+0,73	461	
	50m: 32.72 32.72	150m: 1:53.06 41.58	250m: 3:21.85 46.50	350m: 4:42.73 33.15	400m: 5:15.55 32.82		
	100m: 1:11.48 38.76	200m: 2:35.35 42.29	300m: 4:09.58 47.73				
56.	SANTOS Andre Cardoso	03	Academico Viseu	5:16.39	+0,76	457	
	50m: 32.71 32.71	150m: 1:53.57 40.85	250m: 3:19.05 46.83	350m: 4:41.50 35.89	400m: 5:16.39 34.89		
	100m: 1:12.72 40.01	200m: 2:32.22 38.65	300m: 4:05.61 46.56				

Prova 16, Masc., 400m Estilos, Elimin, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
57.	FERREIRA Tomas Soares	03	Estarreja	5:18.17	+0,78	450	
	50m: 31.30 31.30	150m: 1:48.60	40.93	250m: 3:16.62	47.57	350m: 4:42.30	37.06
	100m: 1:07.67 36.37	200m: 2:29.05	40.45	300m: 4:05.24	48.62	400m: 5:18.17	35.87
58.	DIAS Rodrigo Reis	03	Belenenses	5:18.56	+0,73	448	
	50m: 30.80 30.80	150m: 1:49.23	41.01	250m: 3:16.48	45.79	350m: 4:41.47	37.96
	100m: 1:08.22 37.42	200m: 2:30.69	41.46	300m: 4:03.51	47.03	400m: 5:18.56	37.09
59.	LEAL Dinis Barros	03	Aquatico Pacense	5:20.60	+0,72	439	
	50m: 32.29 32.29	150m: 1:51.71	41.97	250m: 3:18.96	46.31	350m: 4:43.72	37.43
	100m: 1:09.74 37.45	200m: 2:32.65	40.94	300m: 4:06.29	47.33	400m: 5:20.60	36.88
DSQ	SILVA Tomas Antonio 403 - Falsa partida - SW 4.4	01	Naval do Funchal				
DSQ	JOAQUIM Andre Serro 724 - Não tocou com as mãos na parede separadas ou simultaneamente na viragem aos 250 m - SW 7.6	00	Portinado				
DNS	DOMINGUES Ricardo Jorge	02	Fundacao Beatriz Santos				
DNS	VITAL Joao Alexandre	98	Sporting				