

Prova 16	Masc., 400m Estilos				Absolutos
23-03-2018 - 18:10					Resultados Final
RN Absoluto	4:15.84	SANTOS Alexis Manacas	POR	Rio de Janeiro (BRA)	06-08-2016
RN Sen	4:15.84	SANTOS Alexis Manacas	POR	Rio de Janeiro (BRA)	06-08-2016
RN Jun18	4:22.25	VITAL Joao Alexandre	SCP	Oeiras	22-07-2016
RN Jun17	4:25.23	VITAL Joao Alexandre	POR	Singapore (SIN)	29-08-2015
RN Juv A	4:32.66	VITAL Joao Alexandre	ADRCIMM	Coimbra	01-06-2014
RN Juv B	4:37.06	VITAL Joao Alexandre	POR	Utrecht (NED)	16-07-2013

Pre-Jun_Masc Juv: 4:41.79 / CEJun_Masc 15 - 18: 4:33.58 / CEPL 12 +: 4:23.04

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A							
1.	VELOSO Tomas Miguel <i>Minimos CEPL</i>	96	Nautico Academico	4:22.76	+0,65	799	
	50m: 28.36 28.36	150m: 1:35.07 34.67	250m: 2:44.96 35.63	350m: 3:52.91 31.10			
	100m: 1:00.40 32.04	200m: 2:09.33 34.26	300m: 3:21.81 36.85	400m: 4:22.76 29.85			
2.	CARVALHO Jose Paula	98	Uniao Piedense	4:26.76	+0,69	763	
	50m: 28.62 28.62	150m: 1:35.26 34.56	250m: 2:47.24 38.15	350m: 3:56.99 31.06			
	100m: 1:00.70 32.08	200m: 2:09.09 33.83	300m: 3:25.93 38.69	400m: 4:26.76 29.77			
3.	RAMOS Bruno Miguel	97	Belenenses	4:27.00	+0,64	761	
	50m: 27.61 27.61	150m: 1:34.42 34.57	250m: 2:47.33 38.41	350m: 3:57.57 30.68			
	100m: 59.85 32.24	200m: 2:08.92 34.50	300m: 3:26.89 39.56	400m: 4:27.00 29.43			
4.	LOPES Jose Paulo <i>Minimos CEJun</i>	00	Braga	4:30.65	+0,66	731	
	50m: 28.18 28.18	150m: 1:34.32 33.60	250m: 2:47.13 39.15	350m: 3:59.47 32.17			
	100m: 1:00.72 32.54	200m: 2:07.98 33.66	300m: 3:27.30 40.17	400m: 4:30.65 31.18			
5.	SANTO Filipe Miguel <i>Minimos CEJun</i>	00	Benfica	4:33.37	+0,75	709	
	50m: 28.60 28.60	150m: 1:38.20 36.33	250m: 2:53.37 39.58	350m: 4:04.05 30.10			
	100m: 1:01.87 33.27	200m: 2:13.79 35.59	300m: 3:33.95 40.58	400m: 4:33.37 29.32			
6.	SILVA Jorge Jesus	00	Braga	4:35.70	+0,72	691	
	50m: 29.13 29.13	150m: 1:38.27 36.25	250m: 2:52.65 37.58	350m: 4:04.02 31.88			
	100m: 1:02.02 32.89	200m: 2:15.07 36.80	300m: 3:32.14 39.49	400m: 4:35.70 31.68			
7.	CORDEIRO Tiago Roberto	00	Benfica	4:36.17	+0,69	688	
	50m: 28.20 28.20	150m: 1:36.92 36.19	250m: 2:52.86 39.78	350m: 4:05.00 32.15			
	100m: 1:00.73 32.53	200m: 2:13.08 36.16	300m: 3:32.85 39.99	400m: 4:36.17 31.17			
8.	VILHENA Tiago Miguel	01	Natacao de Faro	4:37.31	+0,65	679	
	50m: 29.09 29.09	150m: 1:38.35 35.25	250m: 2:53.51 40.18	350m: 4:06.15 31.76			
	100m: 1:03.10 34.01	200m: 2:13.33 34.98	300m: 3:34.39 40.88	400m: 4:37.31 31.16			
9.	FERNANDES Eduardo Gomes <i>Minimos Pre-Jun</i>	02	Hoquei Mealhada/ CA	4:39.43	+0,73	664	
	50m: 29.45 29.45	150m: 1:38.38 35.96	250m: 2:55.60 40.94	350m: 4:10.70 34.49			
	100m: 1:02.42 32.97	200m: 2:14.66 36.28	300m: 3:36.21 40.61	400m: 4:39.43 28.73			
10.	DANTAS Diogo Leal	00	Sporting	4:40.56	+0,63	656	
	50m: 28.18 28.18	150m: 1:37.03 35.83	250m: 2:52.79 40.02	350m: 4:07.31 33.30			
	100m: 1:01.20 33.02	200m: 2:12.77 35.74	300m: 3:34.01 41.22	400m: 4:40.56 33.25			

Prova 16, Masc., 400m Estilos, Final, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
Final B							
11.	PINTO Antonio Fernando	99	Estrelas S. Joao de Brito	4:36.64	+0,72	684	
	50m: 28.37 28.37	150m: 1:39.37	37.76	250m: 2:54.02	37.83	350m: 4:05.85	31.83
	100m: 1:01.61 33.24	200m: 2:16.19	36.82	300m: 3:34.02	40.00	400m: 4:36.64	30.79
12.	BASTOS Lucas Pereira	00	Nautico Academico	4:38.99	+0,69	667	
	50m: 28.86 28.86	150m: 1:36.97	34.98	250m: 2:52.10	39.71	350m: 4:06.36	33.11
	100m: 1:01.99 33.13	200m: 2:12.39	35.42	300m: 3:33.25	41.15	400m: 4:38.99	32.63
13.	CARDOSO Diogo Santos	01	Colegio Monte Maior	4:41.81	+0,71	647	
	50m: 30.52 30.52	150m: 1:42.02	37.11	250m: 2:59.19	40.63	350m: 4:11.37	32.12
	100m: 1:04.91 34.39	200m: 2:18.56	36.54	300m: 3:39.25	40.06	400m: 4:41.81	30.44
14.	MACHADO Joao Daniel	99	Benfica	4:42.19	+0,69	645	
	50m: 28.21 28.21	150m: 1:37.79	36.06	250m: 2:54.19	40.36	350m: 4:08.98	33.11
	100m: 1:01.73 33.52	200m: 2:13.83	36.04	300m: 3:35.87	41.68	400m: 4:42.19	33.21
15.	CRISTINO David Matias	01	Uniao Piedense	4:43.30	+0,72	637	
	50m: 29.38 29.38	150m: 1:40.16	36.72	250m: 2:58.56	42.28	350m: 4:12.06	31.65
	100m: 1:03.44 34.06	200m: 2:16.28	36.12	300m: 3:40.41	41.85	400m: 4:43.30	31.24
16.	RUIVO Andre Vilas	00	Sporting	4:43.46	+0,72	636	
	50m: 29.46 29.46	150m: 1:39.99	36.95	250m: 2:57.79	41.37	350m: 4:11.95	31.66
	100m: 1:03.04 33.58	200m: 2:16.42	36.43	300m: 3:40.29	42.50	400m: 4:43.46	31.51
17.	PERLOIRO Bernardo Garcia	00	Sporting	4:43.84	+0,69	634	
	50m: 29.49 29.49	150m: 1:40.61	36.00	250m: 2:56.36	39.99	350m: 4:10.89	33.04
	100m: 1:04.61 35.12	200m: 2:16.37	35.76	300m: 3:37.85	41.49	400m: 4:43.84	32.95
18.	TOMAS Francisco Xavier	00	Alcobaca	4:48.51	+0,75	603	
	50m: 29.19 29.19	150m: 1:41.85	37.89	250m: 3:00.36	41.27	350m: 4:15.40	33.11
	100m: 1:03.96 34.77	200m: 2:19.09	37.24	300m: 3:42.29	41.93	400m: 4:48.51	33.11
19.	AMORIM Ivan Emanuel	02	Fluvial Portuense	4:48.93	+0,75	601	
	50m: 29.35 29.35	150m: 1:43.95	40.13	250m: 3:03.84	41.48	350m: 4:18.20	32.09
	100m: 1:03.82 34.47	200m: 2:22.36	38.41	300m: 3:46.11	42.27	400m: 4:48.93	30.73
20.	CATALAO Daniel Nogueira	00	Benfica	4:50.53	+0,69	591	
	50m: 30.06 30.06	150m: 1:42.34	37.79	250m: 3:00.45	39.63	350m: 4:15.93	33.64
	100m: 1:04.55 34.49	200m: 2:20.82	38.48	300m: 3:42.29	41.84	400m: 4:50.53	34.60
Final C							
21.	GOMES Vicente Oliveira	02	Sporting	4:47.48	+0,77	610	
	50m: 29.96 29.96	150m: 1:42.11	37.53	250m: 3:01.14	41.37	350m: 4:15.51	32.17
	100m: 1:04.58 34.62	200m: 2:19.77	37.66	300m: 3:43.34	42.20	400m: 4:47.48	31.97
22.	JESUS Afonso Guilherme	00	Sporting	4:50.10	+0,65	593	
	50m: 29.48 29.48	150m: 1:44.86	39.45	250m: 3:03.72	39.83	350m: 4:18.97	33.94
	100m: 1:05.41 35.93	200m: 2:23.89	39.03	300m: 3:45.03	41.31	400m: 4:50.10	31.13
23.	TRAVANCA Sergio Filipe	00	Fluvial Portuense	4:50.96	+0,69	588	
	50m: 29.33 29.33	150m: 1:41.70	38.76	250m: 3:02.66	42.22	350m: 4:18.79	32.67
	100m: 1:02.94 33.61	200m: 2:20.44	38.74	300m: 3:46.12	43.46	400m: 4:50.96	32.17
24.	DOMINGOS Ruy Manuel	02	Sporting	4:52.28	+0,78	580	
	50m: 29.60 29.60	150m: 1:42.14	38.07	250m: 3:02.70	43.03	350m: 4:20.07	34.22
	100m: 1:04.07 34.47	200m: 2:19.67	37.53	300m: 3:45.85	43.15	400m: 4:52.28	32.21

Prova 16, Masc., 400m Estilos, Final, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
25.	GORDO Goncalo Morais	02	Colegio Monte Maior	4:53.78	+0,75	571	
	50m: 29.96 29.96	150m: 1:44.85 39.43	250m: 3:05.45 42.59	350m: 4:22.20 33.64	400m: 4:53.78 31.58		
	100m: 1:05.42 35.46	200m: 2:22.86 38.01	300m: 3:48.56 43.11				
26.	PINTO Pedro Miguel	02	Sporting	4:53.83	+0,77	571	
	50m: 29.62 29.62	150m: 1:44.35 39.97	250m: 3:05.55 41.81	350m: 4:21.03 32.67	400m: 4:53.83 32.80		
	100m: 1:04.38 34.76	200m: 2:23.74 39.39	300m: 3:48.36 42.81				
27.	PIEADADE Sebastiao Limbert	00	Alges	4:55.31	+0,71	562	
	50m: 29.91 29.91	150m: 1:44.23 38.89	250m: 3:05.44 42.30	350m: 4:21.91 34.05	400m: 4:55.31 33.40		
	100m: 1:05.34 35.43	200m: 2:23.14 38.91	300m: 3:47.86 42.42				
28.	MACHADO Tiago Andrade	02	Sporting de Aveiro	4:56.93	+0,66	553	
	50m: 30.15 30.15	150m: 1:44.17 38.61	250m: 3:05.75 43.01	350m: 4:23.78 33.69	400m: 4:56.93 33.15		
	100m: 1:05.56 35.41	200m: 2:22.74 38.57	300m: 3:50.09 44.34				
29.	COSTA Marco Antonio	02	Natacao Guarda	4:58.56	+0,86	544	
	50m: 29.73 29.73	150m: 1:45.68 40.59	250m: 3:08.56 43.76	350m: 4:25.08 32.69	400m: 4:58.56 33.48		
	100m: 1:05.09 35.36	200m: 2:24.80 39.12	300m: 3:52.39 43.83				
30.	MONTEIRO Tomas Penha	02	Alges	5:01.10	+0,66	531	
	50m: 30.35 30.35	150m: 1:45.50 39.41	250m: 3:08.62 44.15	350m: 4:28.45 33.68	400m: 5:01.10 32.65		
	100m: 1:06.09 35.74	200m: 2:24.47 38.97	300m: 3:54.77 46.15				